



EMBLA NYHETER

EMBLA LODGE NO. 2

DAUGHTERS OF NORWAY

MAY 2011 VOL. 24, NO. 2

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KIM EBERT-COLELLA TO SPEAK at the MAY MEETING

EMBLA CALENDAR

Saturday, April 30, 11 am-4 pm:
Norwegian Heritage Festival
University Center at PLU

Thursday, May 5:
Embla Meeting - 6:00 Dinner
7:00 Program - Kim Ebert-Colella
8:00 Meeting

Tuesday, May 17:
Syttende Mai Celebration
Ballard (page 3)

Thurs., May 19, 11:00am-1:00pm:
Håndverkerer at Chris' home

Thursday, June 2:
Embla Meeting
Sankt Hans Celebration

Late July
Summer luncheon



Kim Ebert-Colella at the
Peace Prize Ceremony

The 2010 Greater Tacoma Peace Prize laureate, Kim Ebert-Colella, will speak to our members at our May meeting. According to the GTPP web site, "Kim Ebert-Colella came to Tacoma as a Jesuit volunteer and has continued to do peace work in all areas of her life." Currently she volunteers at Hilltop's Bryant Montessori School. She established the school as an International Peace Site in 2009.

In 2008, she chaired the Peace Committee at Bryant, which raised \$9,000 to send to "Pennies for Peace," which helped build schools in Pakistan and Afghanistan. In 2009-2010 the "Water; Peace in Every Drop" theme helped kids learn the importance of conservation and the connection with vital habitats.

Another goal of the Peace Committee was to raise \$6,000 to help a poor village in Bolivia; the results were a community garden, which provides the children with fresh vegetables and brings running water to homes and the school. Kim has traveled throughout the world helping people, from the barrios of Tijuana to Calcutta and South Africa. She and her husband and son reside in Tacoma. In May, she will tell us about their exciting trip to Norway and her ongoing peace work in our community.



Kim Ebert-Colella, winner of the Greater Tacoma Peace Prize, is backed up by Bryant Montessori School's student Peace Committee, a group that has done notable charitable work. Ebert-Colella says every person can become a powerful peacemaker.

Photo by Drew Perine, Staff photographer,
The News Tribune.

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Happy 104th Birthday Embla Sisters!

President's Message...EMBLA is 104 years young and thanks to all of you is going strong.

Here is some interesting information I've read about Embla's past. You can read more in The History of Scandinavians in Tacoma and Pierce County, by Hans Bergman.

Embla Lodge No. 2, Daughters of Norway, Tacoma, Wash., was organized April 27, 1907, with 15 members...The object of this lodge is to gather Norwegian women either by birth or descent, into an organization to help the sick and needy, also for sociability, and to preserve the Norwegian traditions. The name of the Lodge as chosen by the members is to be Embla, which is taken from the Norse mythology, and signifies "Mother of the Human Race."

The first social held by the lodge was a joint social with the Sons of Norway on June 7, 1907, and it was very successful. In June, 1908, Embla affiliated with the Daughters of Norway Grand Lodge of the Pacific Coast. In July, 1910, a ladies' chorus was organized with a membership of twenty- four ladies. In January, 1912, a drill team was organized. This team put on some very impressive work on the fifth anniversary of the lodge.

**Dinner
selections
delicious
as
usual**



Karen Bell
Cutting
Embla's
Birthday
Cake

In January, 1914...Embla, with five other Norwegian lodges, started to work for their own hall, and committees were appointed from each lodge. In 1923 Embla moved into the new hall, which is called Normanna Hall, at South 15th and K St. Embla did much good work, in that committees were appointed to visit the hospitals and call upon any Scandinavians who needed a word of cheer or any assistance.

Embla was very active during the war in Red Cross work and donated time and money for the cause, and also purchased Liberty bonds and War Savings Stamps. Christmas cheer was given the soldiers at Camp Lewis by the Sons and Daughters of Norway at Eagle Hall in 1917 and gifts were presented to each soldier present. All officers of Embla work gratis, and much praise is due their untiring efforts."

Our first secretary was Thea Foss. The Thea Foss program presented by Karen Haas in March was excellent, and Sarah Callow gave a highly informative talk and great slide presentation on Scandinavian artists in April.

Skol to our 104th year and *mange takk* for all you do!

By Karen Bell

Syttende Mai Celebration

Here are the exciting events to look forward to at the *Syttende Mai* Celebration on May 17th in Ballard:

LUNCHEON: Noon - 2pm Leif Erickson Hall. \$25.00 tickets by reservation ONLY. (Check with Eleanor Baker and she will get the tickets for you.)

BARNELEKER (Children's Games):
10am - 2pm at the Nordic Heritage Museum

NORDIC CAFE: 10am - 2pm at the Nordic Heritage Museum

BERGEN PLACE: 2pm - 5pm -
Entertainment at Bergen Place Park on Market Street

CAFE AT SONS OF NORWAY HALL:
4pm - 6pm at the Sons of Norway Leif Erickson Hall

PARADE: 6pm - 8pm (From 24th NW & NW 62nd to 22nd and Market St.)
Meet at 62nd one hour before the parade starts. Wear your *bunad* or something red, white and blue. Eleanor will have a sign-in form at the May meeting and also at the start of the parade. If you feel you cannot walk the whole parade, join in at QFC by the reviewing stand.

Bring your daughters, grand-daughters, family and friends.

PINS: Eleanor will have the 17th of May souvenir pins (\$5.00).

For information check the web site:
www.17thofmay.org

Eleanor Baker
206-243-8020
ep8020@gmail.com

Embla Håndverkerer

The *Håndverkerer* (Crafters) have been very busy getting ready for the Norwegian Heritage Festival. New items for sale: Doggy "Uff da" coats, many "darling" dishtowels and nylon jackets with embroidered Viking Ship.

We still have sweatshirts (red, white or blue) with the Norwegian flag embroidered on them (sizes s, m, l, 1x, and 2x). Other clothing includes baseball caps (adjustable) with the embroidered Norwegian flag and ladies' T-shirts (in various sizes) that are silkscreened with *rosemaling*. Embla's cookbooks and our famous bean soup mix, bookmarks, jewelry, etc. are some of the other items. If you didn't make it to the festival, all the items are available at each meeting, sold by the Trustees - Judie, Kirsten and Ann.

Can you sew??? We have purchased some more red material to make some more aprons and are in the need of sisters who like to sew. Please contact Chris Engstrom if you are interested.

The *Håndverkerer* meet at Chris Engstrom's home on the third Thursday of the month from 11 a.m. until 2 p.m. Usually 10 - 20 members attend. The potluck is soooooo good...everyone is welcome!!!

If you have any craft ideas please come and share them.

By Marilyn Mahnke

EMBLA'S SCHOLARSHIP FUND

Please consider making a donation to the Scholarship Fund. It's a wonderful way to honor or memorialize someone, and help a deserving student at the same time!

The following donations have been received recently:

From Don and Elaine Anderson - in memory of Emilie Pedersen.

From Florence March - the proceeds from the sale of her *bunad*, which she donated to Embla for that purpose. Our new member Mary McGoran is now the lucky owner!

Embla Rosemalers

We are still going strong and having a blast! Judie Miller, Marilyn Mahnke, Gail Harris, and I (Mardy Fairchild) continue to take instruction from our incredibly talented teacher, Julie Ann Hebert. Another very accomplished *rosemalar* and Embla sister, Carol Voigt, is now meeting with us regularly so we have been taking full advantage of her expertise and “picking her brain” on all things *rosemaling* as well. Our little group may be small, but we’re mighty! We are all doing our best to keep Julie Ann and Carol busy coming up with ideas, instruction, and inspiration for our new-found addiction.

We are still learning to create the many varied flowers in the Hallingdal style. Some of our recent projects include a *mangletre* (a flat board with a handle used to press linen), a small coat hook, and an adorable little salt box.

The *Embla Rosemalers* meet every Monday, from 9:00 a.m. until around 3:00 p.m. or later. With the exception of a lunch break, we paint all day long, hate to quit for the day, and can’t wait until we can get together and paint again!

At our last gathering, we talked about what drew us to *rosemaling*. Here’s what we had to say:

“I joined the *rosemaling* class to learn the art of Norwegian folk painting. It is becoming a lost art.”

“Very fun, beautiful and relaxing. I use colors and mixes that I love and just have FUN and enjoy.”

“Fun learning what our ancestors enjoyed doing.”

“I been interested in *rosemaling* for several years but didn’t think I would ever be able to actually do it myself! I love spending time with my Embla sisters, and I’m so thrilled I’ve been given the opportunity to learn the art from such a talented and knowledgeable instructor.”



Carol Voigt, Julie Ann Hebert, Gail Harris, Mardy Fairchild, Judie Miller, and Marilyn Mahnke

“I have always admired *rosemaling* and thought that someday I would like to try my hand at it. When Julie offered to give classes, I jumped at the opportunity. I have a long ways to go but I am so enjoying the classes. There is so much to learn about all the different styles, the colors, flowers designs, etc. I’m having a great time!”

There is a group called the *Western Rosemalers Association* which was established in 1975 to promote and preserve the art of *rosemaling*. The WRA meets four times a year for an educational *rosemaling* program and business meeting. Most of the *Embla Rosemalers* are now members of this association. The 2nd quarterly meeting of the WRA was held on April 17th at the Scandinavian Cultural Center at PLU. Coming up on May 2, 3 and 4 is also a *rosemaling* workshop, taught by Pat Bergford and held at the home of Julie Ann Hebert. The planned project will be a small trunk (8 ½” x 5 ½” x 4 ½”) painted in the Os style and the class fee is \$105 for WRA members and \$135 for non-members. The trunk box is being made by Bill Keller and will cost \$40 each. If you are interested in this class, you may contact Signa Anderson, Workshop Steward, at (253) 631-7863.

By Mardy Fairchild

The Scandinavian Cultural Center Needs YOU!

Are you a member of the SCC? Wouldn't you like to further support the Center by volunteering to be a docent? The SCC is open on Sundays from 1 – 4, and on Tuesdays and Wednesdays from 11 – 3, and more people are needed to be our official greeters. There are several open time slots, so I'm sure we could find a convenient day/time for you!

As a docent, you will welcome visitors at the Center once a month. It is really fun to show people around the Center and brag about our beautiful Norwegian kitchen and unique exhibits. And get a friend to volunteer with you; then it's even more fun! Don't worry - you will receive docent training, so that you can speak knowledgably about everything. I certainly had fabulous training. When I'm a docent, visitors ask me about all kinds of stuff – even their love lives! ☺ Like I said, this training is really thorough! You have no idea how many people I've helped. ☺ (Just kidding!)

But seriously, please contact Susan Young, SCC Director (youngse@plu.edu or 253-535-7349), for more information and to sign up!

By Janet Ruud



Embla's New Library!



Something new has been added at our meetings! Embla now has a free lending library. Thanks to Esther Van Noy and Karen Lynn who brought extra books in September for the auction. They thought it would be nice to have a library, so the Norwegian books and cookbooks were the start. We now have lots of books from many members!

Beginning at the March meeting, the books have been brought out on a rolling cart. All you have to do is check out the book, which is listed in the RED BINDER. Write your *name* and the *date you took out the book*, and then the *date you returned it*. SIMPLE!!!

If you have any Scandinavian books you wish to donate, please contact Marilyn Mahnke. Thanks to all who have donated books.

By Marilyn Mahnke

Leikarringen

Daughters of Norway (members from Embla and Solveig lodges) have been providing dancers for the *Leikarring* for many years! Currently we have 14 members, who practice and perform the traditional Norwegian folk dances. We practice for an hour, beginning at 6:30 p.m., on the second and fourth Mondays of each month at the Lutheran Community Services building in Tacoma.



Our dance leader is Marta Berg and the members are: Joan Anderson, Eleanor Baker, Judy Earle, Mardy Fairchild, Janice Kelly, Mary McGoran, Judie Miller, Diane Nelson, Trudy Sorensen, Melody Stepp, Elda Sulerud, Carol Voigt and Judy Willison. Elda provides the musical accompaniment and also dances with us when we use a recording of the music! Some of us have been members for over ten years!

We have a wonderful time, learn the dance steps, laugh a lot, and become close friends with all who participate. Why don't you join us? We'd love to have you!

By Judith Willison

Spring Cooking Classes

Another successful series of cooking classes at the Scandinavian Center has been accomplished! We averaged between 20 and 30 students in each class and had delicious



recipes to share. On Thursday, March 10, Harriet Swieso demonstrated *Fiskepudding*, Mardy Fairchild demonstrated Dilled Peas with Mushrooms, and Aase Running demonstrated *Kransekake*!

The next class (March 15th) saw Janice Kelly making *Mykbrød*, Karen Kunkle making Norwegian Oatmeal Lace Cookies, and I demonstrated Chicken Vegetable Soup. Our last class was March 22nd, and Marilyn Mahnke made *Nedlagt kjød i poteter*, Delphine demonstrated Cabbage with Bacon and Dill, and Diane Nelson made *Wienersnitter*.

Our classes attracted some attention this time – an article from Nick Neely appeared in the PLU Newspaper, the “Mooring Mast,” and a student also videotaped our class.

Our Fall cooking classes are scheduled for Tuesday, October 11; Thursday, October 20; and Saturday, October 29. Be sure to put these dates on your calendar, because you won't want to miss all the fun, the delicious recipes, and taste testing!

Special thanks to co-chairs Ellen Campbell and Janice Kelly who help in the selection of our recipes and assisting in the classroom, as well as demonstrating.

By Judith Willison

LOOKING FOR TAXI DRIVERS....

Several of our Embla sisters would enjoy coming to a meeting, but they don't drive at night. Would you be willing to pick up a member who lives in your area and bring her to a lodge meeting? Contact Chris Engstrom if your answer is “Yes.” (253-752-5361 or swedechris@hotmail.com.)

Past Presidents' April Meeting

The Past Presidents of Embla #2 met for their bi-monthly meeting on April 11th, at the home of Harriet Swieso, overlooking beautiful Puget Sound! What a treat - a delicious lunch, great conversation, and a productive meeting! We encourage all Embla members to become president, and then you will have the reward of belonging to this fun, dynamic group!



Back row: Janet Ruud, Marilyn Mahnke, Harriet Swieso, Mardy Fairchild, Karen Bell
Front row: Judith Willison, Carol Camp, and Delphine Johnson



SUNSHINE



Janice Kelly had back surgery and is much better now.

Mardy Fairchild's lung mass was a result of a virus. She is still recuperating from shingles.

If you know of other sisters who are ill, or just in need of some sunshine, contact Marilyn Mahnke (253-853-1568 or ctr53332@centurytel.net).

HIGHLIGHTS FROM OUR MARCH MEETING... just in case you missed it...

Cultural director Melody Stepp discussed plans for the Norwegian Heritage Festival on Saturday, April 30. One hour has been added to the day's activities; the new hours are 11 a.m. - 4 p.m.

Cookie baking for the NHF will take place on Saturday, April 23, at the Mt. View Community Center.

There was praise and thanks for our new *Nyheter*. Sarah Callow, Janet Ruud and Chris Engstrom are in charge of production, with other members writing articles.

Trustee Judie Miller reported we made \$30 on the delicious shortbread made by Julie Touchette. Next month's special is bean soup. The money raised goes to convention expenses.

Esther Van Noy donated a Norwegian doll to raffle off.

Financial Secretary Joan Anderson said that 62 members need to pay their dues.

The Family Renewal Shelter will accept "gently used" women's and kids' clothing. Clothing is dropped off on the last Friday of the month, except for Nov. and Dec.

Our April 3 meeting will feature Sarah Callow speaking on "Artists of Scandinavia."

By Sharon Groeneveld, Embla Secretary

Nordic Day???

Because the Scandinavian Heritage Festival usually held in October has been cancelled for this year, the executive board is recommending holding a "Nordic Day" on October 15 at the Mountain View Community Center in Edgewood. The *Håndverkerer* are also in favor of holding this event. This idea will be discussed at the May Embla meeting. Come with your input and suggestions or contact Chris Engstrom. (253-752-5361 or swedechris@msn.com)

Sisters and Bunads



Marshal Diane Nelson and Assistant Marshal Julie Touchette are pictured wearing their matching *hverdagsbunader* (every-day bunads). The story of how these bunads ended up with Embla members is sweet. When Diane was helping her sister-in-law, Marian, with her estate sale, she found a somewhat completed bunad among lots of other Norwegian treasures. The bunad had belonged to Marian's mother, Min, (Diane's mother-in-law.) Embla member Carol Spencer purchased it at the estate sale and later sold it to Julie at our September auction. Alterations were made by Embla member Esther Van Noy. Marian had also purchased the same fabric at the same time (probable late 1960's) to make a bunad for herself and, having never completed it, gave the fabric to Diane. Diane asked Esther Van Noy to complete the bunad for her. Min was all Norwegian and lived in Norway for a time as a child. Her heritage was very dear to her and I know she would be very pleased that her bunad ended up being worn and enjoyed by a member of Embla. Marian also is very pleased that both bunads are worn and appreciated by Diane and Julie.

By Diane Nelson

Daughters of Norway - Embla Lodge #2 - January, 2011



NEWS AND NOTES ABOUT MEMBERS

Sharon Groeneveld recently traveled to San Jose, California, for the baptism of her new granddaughter Angie. Sharon just couldn't wait to hold her!

In March Elene Emerson sent a box of stamps weighing 15+ pounds for *Tubfrim!*

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