



# The Acanthus Vine

Vol. 8 No. 1

January, 1983

Coming Meeting:  
Sunday, January 16  
1 pm. Social Hour/Sharing  
1:45 Business Meeting  
2:30 Break  
2:45 Program

LOCATION: NORDIC HERITAGE MUSEUM  
3014 Northwest 67th Street  
(Ballard Area)

DIRECTIONS: From I-5 north bound, take exit 172 which leads to 85th street westbound; continue on it to 24th Ave. Turn right and follow it to 30th, taking the small jog to the right. The museum is an old brick school building, unlabeled on the backside but that leads to the playground where parking is plentiful. If you take the jog to the left, you may find streetside parking at the front of the museum.

From I-5 southbound, take exit 172 which splits on the off-ramp so stay in the left lane which will lead to N.E. 80th street westbound; continue directions as above but on 80th rather than 85th.

PROGRAM: Gudrun Berg of Olympia will talk on Rosemaling from the West Coast of Norway.

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ELECTION OF OFFICERS AND INSTALLATION WILL TAKE PLACE AT THIS MEETING.

Some lucky person who attends the meeting will take home a beautiful tine box!

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Jean Alfsen was the lucky lady who took home the panel painted by Nils Ellingsgaard, at the November meeting.

Publisher:  
WESTERN ROSEMALERS ASSOCIATION

Editor: Helen Gjovaag

Membership in WRA includes subscription to ACANTHUS VINE

Dues \$10.00 a year  
Make checks payable to:  
WESTERN ROSEMALERS ASSOCIATION  
And mail to membership chairman:

Celia Hendrix  
4805 - 88th Street  
Marysville, WA 98270

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The ACANTHUS VINE is published 5 times yearly, two weeks prior to WRA general meetings in January, March, May, September and November.

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- \$16.21 - full page
- 8.25 - half page
- 4.25 - quarter page
- 2.00 - block 3 inches by 2 inches

Please send camera ready copy with remittance made out to WESTERN ROSEMALERS ASSOCIATION to:

Helen Gjovaag  
4813 76th St. NE #22  
Marysville, WA 98270

PRESIDENTS MESSAGE

As another busy year for WRA comes to an end, so does my second year as your president. It has been a pleasant experience for me, that has been made possible by your help and support.

A special THANK YOU to the board who have been a great group to work with.....

- 1981 Vice President - Ida Pae Swedberg and
- 1982 Vice President - Audree Rush, who have planned our programs and have seen to the general set up for our meetings.
- Secretary - Shirley Charette, Keeping the minutes of our meetings and board meetings and other correspondence.
- Treasurer - Barbara Laskowski -- keeping our financial records and paying our bills.
- Financial Secretary - Betty Edwards, for receiving and banking all our monies.
- Membership Chairman - Celia Hendrix, for keeping record of our members and printing our roster. Also, assisting the ACANTHUS VINE editor with the mailings.
- Past President - Jean Alfsen, who has been a special support with her guidance and voice of experience.

Also, Thank you's to Helen Gjovaag, our ACANTHUS VINE editor, for doing a beautiful job with the newsletter. And her patience with this president who just barely makes the deadlines with her items for the VINE. Our Librarian, Louise Friar for maintaining the library and bringing all those books to each meeting. And those who have been chairman and co/chairman of our many sales events...you did a super job.

I am sure that with your continued support WRA will have another good year ahead, under the directions of the new board of officers.

BEST WISHES TO EACH OF YOU IN 1983.

DENA IVERSON

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* AND TO YOU, DENA, MANY THANKS FOR YOUR SPLENDID LEADERSHIP *
* DURING THE PAST TWO YEARS. WE APPRECIATE YOUR WORK AND *
* DEDICATION IN MAKING WRA THE EFFECTIVE ORGANIZATION THAT IT IS. *
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WELCOME TO THESE NEW MEMBERS

Judy Wick	1546 SE 55th	Portland, OR 97215	(503)236-4300
Gay Norton	24668 High Pass Rd.	Junction City, OR 97448	(503)998-6865
Judith Stevens	17407 SW Kelok Rd	Lake Oswego, OR 97034	(503)636-1793

Corrections:

Telephone Numbers	Florence Belsvig	(206)627-4577
	Joan Johnson	(206)565-3656

Change of Adress:

Grace Tooke	16367 Leona Lane	LaPine, OR 97739
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NOTE ! !

The exhibit at the NORDIC HERITAGE MUSEUM will be extended to the second week in January. The pieces will be packed and ready for pickup at the January meeting. If you have a piece there and cannot attend the meeting, please arrange with someone else to pick up the items. If there are any questions call Betty Edwards 282-8674

SYNOPSIS OF NOVEMBER MEETING

The meeting was held at Normanna Hall in Everett.

President Dena thanked Helen Gjovaag and the ladies of Everett and Marysville for refreshments.

Introduced as a guest, was Carl Knordahl from Norway. He was the bus tour driver on the Florence Buck led tour of Norway last summer.

Treasurer Barbara Laskowski gave the financial report for July 31 to October 31 which is included in this issue of the VINE.

Membership: Celia Hendrix reported 70 renewals. Deadline for membership renewals to be included in the Directory is January 31.

JURIED SHOW: Our thanks to Jean Alfsen and Betty Edwards. Gunnar Bø judged the show on Sunday and was very pleased with the work. He was a very conscientious judge. Results were:

Professional - 1st	Kathy Anderson
2nd	Betty Cooper
3rd	Gayle Oram
Novice 1st	Carlyn Van Bevers
2nd	Bernice Coleman
3rd	Betty Edwards

Congratulations to these winners!

REPORTS WERE GIVEN on Scandinavian Days in Tacoma, Nordic Heritage Museum and the P.L.U. Boutique, as well as a brief report on the Gunnar Bø workshop. Celia Hendrix gave a brief summary of his type of painting. He is 43 years old and speaks English very well.

RAFFLE: We have taken in about \$300. It was suggested colored pictures be made available of the panel. Dena had 8 to sell at \$1 a print. Also Sam Gardner will be taking pictures of our exhibit and we will have the pictures at our January meeting.

TELEPHONE COMMITTEE: We need to update the committee for next year. A sign up sheet was circulated.

P.L.U. SCANDINAVIAN CULTURAL CENTER Mary Ellerman made a motion that we match our gift of \$200.00 that we gave to the Nordic Heritage Museum and make the same donation to the Cultural Center. Motion passed.

INSURANCE: No decision was made to purchase liability insurance for sales. The short term would be as costly as a full year.

ANNOUNCEMENT: Florence Buck announced a new tour that will be the middle of July and will travel in Norway, Sweden and Copenhagen for 17 days. The price is not firm yet but will include all food. More information later.

Program: Florence Buck presented an interesting talk on Rosemalers and Rosemaling in Norway today.

Doorprize The doorprize of a resealed printed scarf was won by Celia Hendrix.

PANEL DRAWING Jean Alfsen was the lucky winner of the Rosemaled panel.

WESTERN ROSEMALERS ASSOCIATION

FINANCIAL REPORT

July 31, 1982 - October 31, 1982

Balance on Hand, July 31, 1982 \$1970.18

<b>INCOME:</b>	Membership	\$ 370.00	
	Gunnar Boe Workshop	350.00	
	Note Cards	139.75	
	Sales	1517.85	
	Tax Collected	77.37	
	Raffle	148.00	
	Return postage - Juried show	9.75	
	Exhibit fee	42.00	
	Juried show fee	35.00	
	Advertisements	26.50	
	Packets/napkins	<u>12.90</u>	
	<b>Total Income</b>		<b>2729.12</b>

<b>EXPENSES:</b>	Printing	\$ 227.85	
	Postage	62.92	
	Phone calls	11.66	
	Artist sales	1214.28	
	Taxes	104.73	
	Commission paid to others	246.30	
	<b>Miscellaneous:</b>		
	Miscellaneous	\$ 2.67	
	Yule Botique deposit	15.00	
	Library	22.04	
	Sign	5.00	
	Rent - meeting	100.00	
	Refund	1.50	
	Door prize	8.00	
	Workshop-Rent & deposit	<u>300.00</u>	
	<b>Total Misc. Expense</b>		<b><u>454.21</u></b>
	<b>Total Expenses</b>		<b><u>-2321.95</u></b>

Balance on Hand, October 31, 1982 \$2377.35

Barbara C. Laskowski  
Treasurer

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SOMETHING NEW Your Board of Directors has arranged a PAINT IN for all members who can attend at the NORDIC HERITAGE MUSEUM on Saturday, February 5. It will be in the Language Room which is the room where we have our meetings and will be open at 9:00 am and you can stay all day! Bring a sack lunch and coffee will be provided. The association will pay the fee for the use of the room and members attending can contribute \$1 to help defray the cost of this. We hope that many members will be able to attend. Sounds like a good opportunity to get together and share ideas and inspiration. This is an idea borrowed from the NORDLAND ROSEMALING ASSOCIATION of Grand Forks, North Dakota. They began last summer and are continuing on a monthly basis.



# Favorite Recipes

Our favorite recipe given here was submitted by Kathy Anderson of Portland who tells us that it is courtesy of Mae Musser of Olympia. Sounds good and makes enough to keep your cookie jar filled for a long time.

## SUGAR COOKIES

- 1 cup granulated sugar
- 1 cup powdered sugar
- 1 cup butter or margarine or  $\frac{1}{2}$  &  $\frac{1}{2}$
- 1 cup vegetable oil
- 2 eggs 1 t. vanilla
- 4 cups plus 6 heaping T flour
- 1 t. salt 1 t. cream of tartar
- 1 t soda

Cream together sugars, butter and oil till light and fluffy. Add eggs and vanilla. Sift dry ingredients together. Mix well with first mixture. Chill over night. Dough will be very soft. Roll into small balls and flatten with glass dipped in sugar. Bake at 375 degrees for about 10 minutes. Makes 200 2" cookies.

Kathy says serve with green grapes!  
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## SALES REPORTS

P.L.U. BOUTIQUE November 20

Sales totaled \$1298 with 13 artists participating. Many people were enthused by the painted items and all day demonstrations. Thanks to all who helped make the sale a huge success.

Co-Chairmen Barbara Laskowski  
Ida Mae Swedberg

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YULE-FEST at Nordic Museum  
November 20, 21 and December 6

Sales totaled \$685.10 with 7 artists participating. We had a very good area to display and demonstrate. We used our new fold-up screens for the first time and found that they worked out very well. Thanks to all who helped make the sale a success including the men who helped us put up the booth and take it down.

Co-Chairmen Betty Edwards  
Wilda Snider

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The many friends of Anne Freeman will be glad to hear she is home from the hospital, and making the daily walk to the mailbox!

# From the Tendrils

A letter from Constance Gammon tells us of numerous activities in promoting Rosemaling and decorative painting. New Bern, North Carolina is not Rosemaling country but with Constance's enthusiasm and activities it is becoming familiar to the arts and craft people of that area. As we reported in a former newsletter, she is teaching and demonstrating at every opportunity. Now she has started a chapter back there and is the first president! As a chapter project the group, with the help of their husbands have cleaned, painted and furnished the mezzanine of an old Kress building and are using it for classes and a craft shop. Also, an old bank building has been given to the town and it is being restored to be used as an art gallery. Constance is hoping to have enough folk art so that they can possibly have an exhibition there some time. Congratulations, Constance on your accomplishments.

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Esther Einmo, a former secretary of our Association writes that she is not able to attend meetings because of the illness of her husband but sends greetings to her Rosemaling friends.

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## Important Notice

\* ONLY ABOUT ONE HALF OF THE MEMBERSHIP HAVE RENEWED THEIR DUES FOR 1983. IF YOU WOULD LIKE TO HAVE YOUR NAME IN THE DIRECTORY, SEND YOUR \$10 TO CELIA HENDRIX, 4805 - 88th St. NE, MARYSVILLE, WA 98270. THE DIRECTORY WILL BE GOING TO PRESS THE FIRST OF FEBRUARY !!!!!

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An addition to your list of ROSEMALING TEACHERS:

Constance Gammon, 4105 Holly Ridge Road, New Bern, North Carolina 28560 tel: (919)633-0788

The pattern in this issue is the work of Dena Iverson. Thank you, Dena for sharing.

These valuable tips for the oil painter are courtesy of member Eric Silk of Ontario, Canada who sent them to Betty Edwards. THANK YOU Eric.

"If you are a Painter in Oils this is IMPORTANT AS HELL and all in a nutshell for you."

Painting in oils can cause permanent injury to your body. These simple rules eliminate most of the dangers. To simplify reading, most details and reasons are avoided.

1. Never paint in an unventilated room.  
If a group is painting, an exhaust fan or similar device is a must. Exhaust fans for home use are available for about \$15. (Installation not included.)
2. Do not paint for long periods without breaks. Step outside occasionally and take some deep breaths to clear the lungs.
3. Never leave your solvent (Turprntine, etc.) uncovered even for short periods. (We recommend paint thinner instead of turp)  
The screw top placed upside down on the jar may be more convenient. Odorless solvents are not safer. They compound the danger by eliminating the "odor warning".  
Any use of more volatile substances (e.g. Polyclens) must be undertaken with extreme caution and the top must not be off for more than a moment.
4. Avoid getting solvent or oil colors on the skin.  
If you do, wash in soap and water at once.  
Never use solvent in the palm of your hand to clean brushes.
5. Keep your hands, brushes and painting equipment out of your mouth. Colors, as well as solvents, contain poisons.
6. Wash your hands in soap and water before eating, drinking or smoking. (Do not clean hands with paint cleaner. BORAXO hand cleaner is recommended)  
Clean under and around the nails where necessary.
7. Never eat or prepare food in the room where you are painting.  
It's a good idea to wear an adequate apron which you doff before eating.  
Coffee breaks and smoking in the work room should be handled with caution, for they can be instrumental in ingesting poisonous substances. Wash up first.
8. Paint in a room which is separated from the kitchen and dining room.
9. Do not store pallets or other painting materials in the "frig".  
Not even covered; the space is too confined.  
Even a "bar frig" containing "only sealed bottles" likely has an ice compartment where toxic substances may settle.

WESTERN ROSEMAJERS ASSOCIATION

CALENDAR 1983

<p>JANUARY</p> <p>16 - Regular Meeting Nordic Heritage Museum, Seattle</p>	<p>FEBRUARY</p> <p>5 - Paint In - Nordic Heritage Museum, Seattle</p>	<p>MARCH</p> <p>20 - Regular Meeting Tacoma</p>
<p>April</p>	<p>May</p> <p>7- May Fest - P.L.U. 15 - Regular Meeting Nordic Heritage Museum Seattle</p>	<p>June</p> <p>12 - Midsommars Fest Poulsbo 18 Midsommars Fest Astoria</p>
<p>JULY</p> <p>2,3,4 - Heritage Festival, Marymoor in Redmond 7, 8, 9 - Art in the Park, Puyallup</p>	<p>AUGUST</p>	<p>SEPTEMBER</p> <p>18 - Regular Meeting Tacoma</p>
<p>OCTOBER</p> <p>Scandinavian Days in Tacoma Dates not determined</p>	<p>NOVEMBER</p> <p>19 - Yule Boutique, P.L.U. Tacoma 19, 20 - Yule Fest, Nordic Museum in Seattle 20 - Regular Meeting Place not determined</p>	<p>DECEMBER</p>