



EMBLA NYHETER

EMBLA LODGE NO. 2

DAUGHTERS OF NORWAY

MAY 2009 VOL. 22, NO. 2

Editor — Marie Hayden

Photos: Ellen Campbell, Carol Kemp
and Marilyn Mahnke

EMBLA CALENDAR

June 4, 6 pm, Embla Meeting, Bethlehem Lutheran Church. Speaker Professor Troy Storfjell, from Pacific Lutheran University, will give a presentation on the *History of the Sami people* (he is half-Sami himself).

July 25-noon Summer Luncheon at Scandinavian Cultural Center. We honor all senior members, 75 and older with free luncheon. Cost \$20.

September 3, 6 pm, Embla Meeting. Welcome Back Potluck and White Elephant Sale with Auction of good items.

October 1-6 pm, Embla Meeting with Candace Brown, *Scandinavian Knitting*.

October 9, 10 & 11, Scandinavian Days at Puyallup Fairgrounds.

October 17, 20 & 29, Norwegian Cooking Classes, 10 am to noon. \$5/class, at SCC at Pacific Lutheran University.



Marilyn Carlson, Carmen Knudtson,
Harriet Swieso and Phylaine Folson

President's Message

Judith Willison

We have just finished our successful 33rd Annual Norwegian Heritage Festival at Pacific Lutheran University and I want to thank all my wonderful sisters for their contributions of talent and time. We had 243 dozen cookies that were made by Embla members, as well as open face sandwiches (that looked like works of art) and delicious Rømmegrøt! Our crafts were displayed on three tables and many people bought our handcrafted items! The great news, according to our outstanding Treasurer and Craft Chair, Chris Engstrom, is that we made approximately \$500 more this year than last year! So, our having to change the date to Easter weekend, turned out to be very positive for us!

This is always such a great event, and even though it's a lot of work, if you participate, you really get to know each other better. Special thanks to all who made cookies, sandwiches, Rømmegrøt, worked at the Information and Ancestry booths and sold crafts. Your participation and contributions greatly enhance our festival and allow us to share our Norwegian heritage with the people of the South Sound area. Mange takk!



Harriet Swieso dishing up
Rømmegrøt for Phylaine Folson

This year, my husband, Ross, and I served on the Festival Committee with representatives from local Norwegian groups: Joann Thompsen and Liv Engen, from the Sons of Norway; Sissel Barrett (Chair) and Don Barrett, Dottie Corliss, and Ross Willison from Nordlyset Lodge; Kris Suter from the Rosemaler Association; Marilyn Mahnke, Karen Bell and me from Embla; and Karen Giguere, Lisa Ottoson, Janet Ruud, and Audon Toven from the Scandinavian Cultural Center. Patricia Henness, from PLU Events and Planning was our contact during the Festival and was there during the set up on Friday and all day at the event on Saturday. She assured that our event went off without a hitch and we are so appreciative of her assistance!

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Our February and March meetings had us eating, sharing, laughing, learning and having lots of fun! Be sure and come to the May meeting for a big surprise program – I know you will enjoy participating! And, we had boxes of our Scandinavian cookies left over from the Festival, that I've frozen and will bring to the next meeting to sell at half price to our members! So, be sure to come with an extra \$2.00 to buy a great treat! And, we will be making plans to attend the 17th of May Parade in Ballard, and looking forward to our other upcoming events.

We had our Spring Cooking Classes in the Scandinavian Center and those that demonstrated wonderful Norwegian recipes were: Janice Kelly – Flotbrød; Barbara Tollefsen, Surkal; Ellen Campbell, Stekt Pårke Kylling; Sharon Groeneveld, Kjøttpudding; Karen Kunkle, Baked Apples with Lingonberries; Marilyn Mahnke, Norwegian Lingonberry Nut Bread; Janet Ruud, Fruktsuppe; Gladys Sherlock, Brunekaker, and Delphine Johnson, Sour Cream Cucumbers. (Recipes are still available at the Craft Table at meetings) We had lots of people in our classes, everyone LOVED the food and we even had two little ones under one year of age who enjoyed all the food, especially the sweets! Harriet Sweiso brought her "Norwegian Chef" red hat for the demonstrators to try on, and you just might see a photo of someone wearing it elsewhere in our paper!

Plan to come to our Fall Cooking Classes in October and if you'd like to demonstrate one of your Norwegian recipes, please let us know! Ellen Campbell, Janice Kelly, Chris Engstrom and I are on the Cooking Class committee!

Here are the words to our "Sister Chain Song," so we will know

it the next time we welcome a new member:

"A hearty greeting welcomes you into our Sister Chain, as link to link is added happy sisterhood we gain.

We join our hands together, love and strength shall ever reign, as Daughters we march on.

Sisters, join in happy singing, Old refrain of music ringing, Glory of our friendship bringing.

Joy to our D. of N."

I am enjoying being your president – it's such an honor to carry on Embla's tradition in our 102nd year of existence!

by Judith Willison



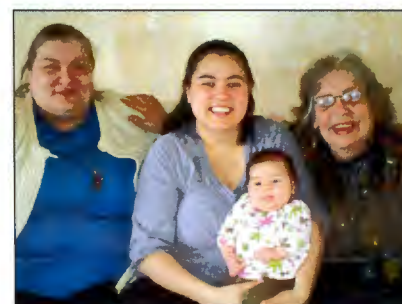
Ellen Campbell and Bergen Easter Chicken



*Janet Ruud preparing soup
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Manoah Butterfield and new baby daughter, Abigail, born March 10, 2009, arriving at 9 lbs, 8 oz and 21-in. long. No wonder Manoah is tired. Congratulations Jason and Manoah, and mother, Danna Pettersen and grandmother, Sandra Grondahl.



Janet Kelly rolling out Flotbrød

Our condolences to Susan Young of the SCC, who lost her husband to a heart attack while back east to visit their son who is also sick.

NORLANDS BUNAD

A green wool (*spelull*) *Norlands Bunad*, purse, and white linen blouse are for sale for \$2,000. Both the gently used bunad and blouse were hand-made and hand-embroidered in Norway.

They were originally purchased from the *Husfliden* in Oslo about 25 years ago. As bunads are made to be adjustable, this bunad will fit American sizes 4-8, or so.

The colored embroidery on the skirt, back and front of the vest is repeated in miniature in white embroidery on the blouse cuffs and stand-up collar. Both bunad and blouse are in excellent condition with no stains, tears, or other damage.

A large sterling silver *sølje* (broach) and cuff links, traditionally worn with the *Norlands bunad* are for sale for \$180.00.

Contact Carol Kemp, (253) 857-6782, email:

dtrskemp@centurytel.net

or

Kari Grøtte Boisvert, (760) 608-1757, email:

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SPRING AND SUMMER PROGRAMS

Spring makes us think of new life and growing things, both of which describe our Embla Lodge. The enthusiasm of our sisters keeps it fresh and blooming with activities, events and programs.

The free Norwegian language classes Janet Rudd so graciously teaches before each meeting continue to attract a good crowd, and are a good sign that interest in all things Norwegian remains high. Janet's students, and everyone else who attended our March meeting learned even more when Audun Toven, retired professor from the Scandinavian Studies Program at Pacific Lutheran University, came to speak about the Norwegian language's historical development and evolution.

In April we celebrated our 102nd birthday with a lovely cake and a musical program provided by "Nordic Spirit," a husband and wife duo with Jeff Anderson on fiddle and Jane Johnson on button accordion.

Anderson and Johnson lead a larger band, "Nordic Exposure," which members who attended last summer's convention will remember from the auction night.

Embla sisters showed good sportsmanship and a sense of playfulness when the May program, listed as a "surprise," turned out to be our wonderful Leikarring dancers calling all members out onto the floor to learn a couple of dances. There were just a few who chose not to participate but under Chairman Marta Berg's direction the rest of us giggled and bumped our way through learning some steps and survived it without too much embarrassment. If nothing else we had the chance to see our Leikarring member sisters perform for us in their beautiful bunads and all gained a greater appreciation and respect for their skills. In other words, it isn't as easy as it looks.

June's program holds no surprises that will require "on your feet" participation, only your kind

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PAST PRESIDENTS' CLUB RAFFLE

Beginning this summer, Embla's Past Presidents' Club will begin raffling off another fantastic basket of Norwegian gifts and goodies! Some of the basket treasures include glass ornaments direct from the Hadeland Glass Factory in Norway, an original Esther Van Noy Raggedy Ann doll dressed in Bunad, some beautiful napkins and candles, and numerous other treasures and tempting goodies.

We are planning to start the raffle basket sale at Embla's Summer Luncheon July 25th.

Raffle tickets will be sold at all lodge meetings and events for \$1.00 each or 6 for \$5.00.

The raffle helps support Embla's commitment to serve its members and the community, providing monetary contributions to the Grand Lodge Endowment Fund and organizations like the Family Renewal Center and Tacoma Rescue Mission.

The raffle drawing will be held at Embla's Christmas Celebration/Meeting in December.

Mardy Fairchild



*Elene Emerson and her sister
Hardanger embroidery at Norwegian
Heritage Festival, April 2009*

WHAT IS A GRANDPARENT?

(Taken from papers written
by a class of 8-year-olds.)

- Grandparents are a lady and a man who have no little children of their own. They like other people's
- A grandfather is a man and a grandmother is a lady!
- Grandparents don't have to do anything except be there when we come to see them.
- They are so old they shouldn't play hard or run. It is good if they drive us to the shops and give us money.
- When they take us for walks, they slow down past things like pretty leaves and caterpillars.
- They show us and talk to us about the colors of the flowers and also why we shouldn't step on "cracks."
- They don't say, "Hurry up."
- Usually grandmothers are fat but not too fat to tie your shoes.
- They wear glasses and funny underwear.
- They can take their teeth and gums out.
- Grandparents don't have to be smart.
- They have to answer questions like "Why isn't God married?" and "How come dogs chase cats?"
- When they read to us, they don't skip. They don't mind if we ask for the same story over again.
- Everybody should try to have a grandmother, especially if you don't have television because they are the only grownups who like to spend time with us.
- They know we should have snack time before bed time, and they say prayers with us and kiss us even when we've acted bad.

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A 6-year-old was asked where his grandma lived.

"Oh," he said, "she lives at the airport, and when we want her, we just go get her. Then when we're done having her visit, we take her back to the airport." (My favorite!)

Grandpa is the smartest man on earth! He teaches me good things, but I don't get to see him enough to get as smart as him!

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CONVENTION 2010

July 22-24, 2010
Hilton Hotel, Costa Mesa, CA
Hosted by Turid Jespersen Lodge #44

**Save the dates
Plan on attending!**

**Registration to follow
January 2010**



Sandwich preparers in the PLU Kitchen - who says Norski's don't look great in hair nets? Left to right Hannah Myers (Esther's granddaughter), Esther Van Noy, Norma Borgford, Karen Bell, Delphine Johnson, Darcie Harris.



~ ANNOUNCING ~

Daughters of Norway

Literary Society

Founded March 7, 2009

In order to support and promote the literary and artistic endeavors of our D of N sisters, the Grand Lodge has established a Daughters of Norway Literary Society. We currently have several Daughters of Norway members or associate members who are published authors or who write stories, poems, plays, music, Powerpoint presentations, etc., as a hobby. We would like to encourage all members who enjoy writing to come together in this Literary Society.

A second goal is to compile a list of already completed works of our members. If you have something to submit, please let us know. We hope this will inspire others to "set pen to paper" or "fingers to the computer keyboard."

Other suggested goals are to publish a biennial journal of our members' literary and artistic efforts, to be presented at each convention, to have a Literary Society column in the *Døtre av Norge* and on our website, and to offer information and advice to its members upon request.

~ *You are cordially invited to become a member* ~

Send your contact information to:

Candace Brown

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*Candace is a feature writer for the *Tacoma News Tribune*.
She is also Scribe and Cultural Director for *Embla Lodge #2*

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attention paid to a fascinating speaker. Professor Troy Storfjell, from Pacific Lutheran University, will give a presentation on the history of the Sami people and is well-qualified to do so as he is half Sami himself. A similar talk at last summer's convention delighted everyone and even those who heard it will enjoy this subject again.

As most members know, there is no regular meeting in July, with the summer luncheon taking its place. When monthly meetings resume in the fall we'll start out with the potluck and auction in September. October, November, and December

all have great programs and events waiting for us, including a presentation on Scandinavian knitting by Cultural Director Candace Brown. So stay tuned for details and be sure to come to our fall meetings for fun and fellowship with your *Embla* sisters.

by Candace Brown,
Cultural Director

PAID YOUR DUES YET??

Effective January 1, 2009 dues are now \$30.00 for the year.

Send to:

Joan Anderson

29614 11th Ave SW

Federal Way, WA 98023

questions: 1-253-946-1629

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Generation to Generation to Generation – Norwegian Traditions Live On

It was December 21, the frozen lutefisk was in my suitcase (I always bring lutefisk with me to southern California to have with my family on Christmas Eve), however we were having a serious snowstorm in the Pacific Northwest.

We had gone to the airport the night before and stayed in a motel so that we would be close for our early morning flight. The motel shuffle got us to the airport the next morning, but after standing in line two hours, we were told to go home. All flights had been cancelled and there was no possibility of flying out until after Christmas. People were sleeping on the floor because they lived too far away and there was no way for them to



*Arlyne Maxson (Carol's mother),
Carol Kemp, and Taylor Simmons
(Carol's niece)*

get home. Luckily, our son had a 4-wheel vehicle and came to get us carefully and safely home. Marc couldn't get back up our steep driveway, even with his 4-wheel drive and had to walk back to his house through the storm. We were snowed in then for several days.

The lutefisk went back into the freezer and stayed until March.

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Determined as we were to have our Christmas Eve dinner, no matter what, we went to California the, with the frozen lutefisk in tow. My sister-in-law, Sharon, put her Christmas tablecloth on the dining room table together with candles and flowers. I taught my niece, Taylor, to make a kransekake. Mom (age 92) sat nearby and gave her guiding comments and rearranged a few of the Norwegian flag picks at the very end.

Everyone enjoyed the kransekake (maybe even more than the lutefisk) and Taylor received resounding acclaim. She was very proud of herself, as we all were. I gave her the "Kransekake Girl" tile and she said, "I look just like the girl on the tile."

I am so happy that the tradition of the Norwegian celebration cake lives on in our family.

by Carol Kemp