

EMBLANYHETER PECETIVATION PACIFIC LUILINGT APR 30 2014

Publication Committee: Janet Ruud, (Sarah Callow is on vacation), Marilyn Mahnke, Chris Engstrom

Photo Contributors this issue: Ellen Campbell, Judith Willison, Diane Nelson, Marilyn Mahnke

HIPP HIPP HURRA! HIPP HIPP HURRA!

Embla's MAY 1 MEETING WILL BE A CELEBRATION!

6:00 PM - Refreshments 7:00 PM - Program

The program for our May meeting will be a celebration of Syttende Mai including member interactive participation - "What do you know about your Norwegian region?"

8:00 PM - Business Meeting Stick around for our business meeting... Remember, Embla Lodge does a lot! And we can't do all we do without business meetings...

This month's focus for the Womens' Shelter is on hair care, so remember to bring those products to the meeting. TAKK!

Our JUNE 5 meeting will feature a celebration of the summer solstice, the longest day of the year (June 21). It is called Sankt Hans Fest in Norway, or Midtsommerfest. Norwegians love this day of sunshine, and spend it (and most of the night) dancing, eating, and singing on the shores of a fjord, around a huge bonfire. Will WE have a fire? Join us and find out!

CELEBRATE SYTTENDE MAI (17th of May) with EMBLA LODGE MEMBERS in SEATTLE



The Norwegian Constitution Day Festival in Ballard is the biggest 17th of May celebration outside of Norway! Info at <www.17thofmay.org>

This year is the **200th anniversary** of the writing of Norway's constitution! AND this year is the 125th anniversary of celebrating 17th of May in Seattle!

Barneleker - Children's Events 10:00 a.m. - 2:00 p.m. Nordic Heritage Museum - 3014 NW 67th St., Ballard Free museum admission all day! Enjoy Scandinavian foods and beverages - available for purchase. Children can enjoy free easy craft projects.

Luncheon 12:00 - 2:30 p.m.

Leif Erickson Lodge - 2245 NW 57th St., Ballard Tickets available at the lodge (\$30).

Bergen Place Entertainment 10:00 - 5:00 pm Bergen Place Park - Singers and Dancers

Nordic Café 3:30 - 5:30 p.m.

Leif Erickson Lodge - 2245 NW 57th St Nordic food and beverages are available for purchase before the parade.

17th of May Parade 6:00 - 8:00 p.m.

The highlight of celebrating 17th of May is the parade! Come early to save your spot, or better yet...march with us! Marilyn Mahnke will have a sign up sheet at Embla's May 1 meeting.

Dance 8:30 - 11:30 p.m.

The Elks Club at Shilshole - 6411 Seaview Ave NW, Seattle Dance the night away to music of a live band.



Commemorative Syttende Mai Pins (\$5) are available - see Marilyn Mahnke or Eleanor Baker to purchase one.

By Marilyn Mahnke, 17th of May Committee Representative

FROM THE PRESIDENT

President Mary Fairchild came across this piece about sisters and would like to share it with you, her Embla sisters.

SISTERS (Author unknown)

A young woman sat on a sofa on a hot humid day, drinking iced tea and visiting with her mother. As they talked about life, about marriage, about the responsibilities of life and the obligations of adulthood, the mother clinked the ice cubes in her glass thoughtfully and turned a clear, sober glance upon her daughter.



"Don't forget your sisters," she advised, swirling the tea leaves to the bottom of her glass. "They'll be more important as you get older. No matter how much you love your spouse, no matter how much you love the children you may have, you are still going to need sisters. Remember to go places with them now and then; do things with them. Remember that 'sisters' means ALL the women... your girlfriends, your daughters, and all your other women relatives too. You'll need other women. Women always do."

What a funny piece of advice, the young woman thought. "Haven't I just gotten married? Haven't I just joined the adult world? I'm now a married woman, for goodness sake! A grownup! Surely my family will be all I need to make my life worthwhile!"

But she listened to her mother. She kept contact with her sisters and made more women friends each year. As the years tumbled by, one after another, she gradually came to understand that her mother really knew what she was talking about. As time and nature work their changes and their mysteries upon a woman, sisters are the mainstays of her life.

A girl friend is never further away than needing her can reach. When you have to walk that lonesome valley and you have to walk it by yourself, the women in your life will be on the valley's rim, cheering you on, praying for you, pulling for you, intervening on your behalf, and waiting with open arms at the valley's end. Sometimes, they will even break the rules and walk beside you....Or come in and carry you out.

Girlfriends, daughters, granddaughters, daughters-in-law, sisters, sisters-in-law, mothers, grandmothers, aunties, nieces, cousins, and extended family: all bless our life! When we began this adventure called womanhood, we had no idea of the incredible joys or sorrows that lay ahead. Nor did we know how much we would need each other.



Time passes.

Life happens.

Distance separates.

Children grow up.

Jobs come and go.

Love waxes and wanes.

People don't do what they're supposed to do.

Hearts break.

Parents die.

Colleagues forget favors.

Careers end.

BUT.....

Sisters are there, no matter how much time has passed and how many miles are between you.

RAFFLE TIME!



This beautiful rosemaled plate is going to convention, where the drawing will take place.

Buy your tickets now! Last chance is the June meeting! (\$1)

EMBLA TRUSTEES AND CRAFTERS

Trustees Carolyn Benson and Sarah Callow make a sales pitch at the craft table while Gail Harris shops. Gail is one of the members who has done the embroidery on a lot of the dish towels. Check them out at the next meeting! More food items have been added to the craft table too.



The May item of the month is this adorable delicious hand-painted *spring cookie*. Only \$1 each!

How many will you buy?

Convention Fund - Item of the Month

Prior to our last Daughters of Norway convention Judie Miller had the great idea of selling an "item of the month" at Embla's craft table to earn money for convention expenses. This is something we can do year-round so that we always have a Convention Fund. All of the money earned from these items will go into the Convention Fund. We have the largest lodge, which means we get to send more delegates to convention than any other lodge. Please think of something that you can donate as an "item of the month." It could be Norwegian cookies, crafts, or even potted plants from your garden or greenhouse.

Embla's Convention fund will be used to help pay for our delegates' convention registration and other expenses, plus to pay for renting a table to sell our crafts on Cultural Day.

By Julie Touchette



SUNSHINE

Esther Carlson passed away March 14, 2014, at the age of 99. She had been a member of Embla since 1955, and she was president of Embla in 1966-67. Esther was born in Clark Fork, Idaho, on August 16, 1914, and was the fourth of nine children. In 1945 she received the Army-Navy "Production for Peach

Award" for assistance in WWII. Esther was able to attend the Summer Luncheon held at Edgewood Community Center in 2011.

Carolyn Benson's mother, Ruth Benson, passed away on April 8, 2014. The service was held at Redeemer Lutheran Church on April 16, 2014. Carolyn is our 3-Year Trustee.

Marlene Beggin's husband Jerry passed away on March 6, 2014. The service was held March 14 at Edward Memorial in Lakewood.

Our thoughts and prayers go out to our members and their families during this difficult time.

By Marilyn Mahnke, Sunshine Chair

Spring 2014 – Embla's Norwegian Cooking Classes

Scandinavian Cultural Center, Pacific Lutheran University



Our spring cooking classes began with three fabulous recipes and three fabulous cooks! Mardy Fairchild made chicken stew with beer; Esther VanNov made Ostekieks (cheese biscuits) and Sharon Groeneveld made cookies called Dalesmen. We had one of our largest classes ever. Thanks to Chris Engstrom and Sarah Callow for sending out reminder cards to past students!

At our second class, we found Marilyn Mahnke, Janice Kelly and Judie Miller cooking in the PLU kitchen! Everyone loved the Meat

Salad (except me haha); Betesuppe (beet soup), and lemon almond cookies. Elisabeth

Ward, the new Director of the Scandinavian Cultural Center, enjoyed the food with us after the class.

At our third cooking class, demonstrators Ellen Campbell, Diane Nelson, and Janet Ruud prepared delicious recipes. The class was able to sample the salmon burger, dilled red cabbage and Oslo Kringle. What a treat!

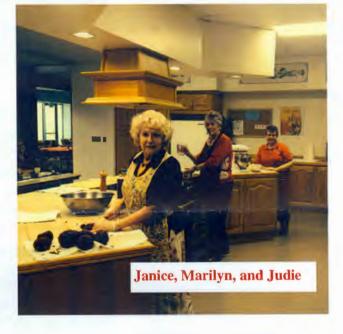


Please mark your calendars now for our fall classes at PLU: Tuesday, October 7; Wednesday, October 15, and Saturday, October 25. For

only \$5, we meet from 10 a.m. to noon and watch the cooks from Embla Lodge prepare Norwegian recipes and then we sample the food! Each attendee gets a copy of the recipes as well.

By Judith Willison

Dilled Red

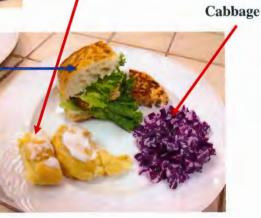


Everyone should have a mandolin.

Salmon Burger

Mat (Food)

Be polite... Don't forget to say "Takk for maten!"



Oslokringle



HAPPY JOINING ANNIVERSARY!

After you have been a member of the Daughters of Norway for 25 years, you will receive a cool 25-year pin and congratulations from the Grand Lodge... Twenty-five years... Really? That's a long time to wait for a little recognition! Therefore, we would like to honor, thank, and congratulate sisters who have been members for 5, 10, 15, etc. years i.e. they're having "milestone" anniversaries of joining Embla Lodge #2.

30 Years

Elda Sulerud (joined May, 1984)

25 Years

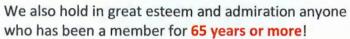
Sigrid Sowell (joined April, 1989)
Annette Dennis DePuydt (joined May, 1989)

20 Years

Kristin Jensen (joined June, 1994)

10 Years

Joanne Mansfield and Jeanette Wiggins (joined June, 2004)



Edna Gruver - 69 years! (Joined March 1, 1945) Happy Anniversary, Edna!



Happy Joining Anniversary!

GRATULERER MED DAGEN ALLE SAMMEN!

How long have YOU been a member of Embla Lodge #2?

LOCAL SCHOOL PARTNERS WITH SCHOOL IN NORWAY - Part 2

The students in kindergarten, second, and fifth grades at Kapowsin Elementary School have been studying Norway and skyping with students in Norway during the school year. According to Linda LaVergne, one of their teachers, here is some of what the students have learned so far:

The kindergarteners learned a few words, learned to use Skype, and a few students spoke to a family in Norway. Other students read books on Norway about their homes, etc. They scanned and sent timelines to a Norwegian school, showing what they've done as a baby, before school, and now in school. Second graders read Cinderella stories from around the world and then wrote one of their own to share with others. Fifth graders scanned and sent some work about the U.S. over to Norway.



Norwegian Heritage Festival flyers were sent home with school staff members and all the kids in the kindergarten, second, and fifth grade classes that are studying Norway.

On Friday, May 23, a group of Embla sisters will make a presentation at Kapowsin Elementary School from 2:00-2:45 p.m. in their library. We will arrive wearing our bunads or Norwegian sweaters. We will bring the Norwegian flag and sing *Ja vi elsker dette landet*. We are also allowed

to bring homemade Norwegian cookies to share. The kids will tell us what they've learned about Norway, and we'll share information with them and answer questions. If you are interested in being part of this presentation, please contact Julie Touchette.

Watch for Part 3 of this story in the next issue of the Nyheter.

Moroklubben (the Fun Club) Goes to Poulsbo



Morodamene (the fun ladies!) in Poulsbo: Nadine Lewtas, Sarah Callow, Chris Engstrom, Joanne Gray, Judy Rogers, Sharon Groeneveld, and Julie Touchette

Then we had a nice lunch at The Green Light Diner on Front Street. The food was good, and they had shadowboxes on the walls filled with antique kitchen utensils that we reminisced about.

After lunch we stopped at Sluy's Poulsbo Bakery a few doors down. They had many kinds of fresh breads and rolls on shelves just inside the door. Then there are two large glass cases full of donuts, cookies, lefse, and other mouth-watering goodies.

Our last stop was at the Marina Market. They specialize in Scandinavian and Dutch foods, but have food items from all over the world. They carry a little bit of everything, including candy, canned goods, beer and wine, cookies and crackers, cheeses, etc. Chris brought back some items from Marina Market, and you can purchase them at Embla's craft table on meeting night.

The *Moroklubb* group takes a trip to a different mutually agreedupon place each month.

Please join us next time!

By Julie Touchette

On Wednesday, March 26, seven of us left Chris Engstrom's home in the morning and headed to Poulsbo for the day. Poulsbo is also known as "Little Norway." Our first stop was at the Poulsbo Historical Society's museum, which is located inside the Poulsbo City Hall Building, second floor, 200 NE Moe Street. We had fun exploring the history of Poulsbo's Scandinavian heritage at the museum. They have many photos and exhibits that brought back memories. They even have a small research library. The museum is open Wednesday through Saturday from 10:00 a.m. to 4:00 p.m. Suggested donation is \$2.00.

After leaving the museum we walked back to the main street, which is Front Street, and shopped at The Nordic Maid. They carry items from all five Scandinavian countries, such as sweaters and t-shirts, books, cooking and serving utensils, home décor, jewelry, greeting cards, etc.



In February, *Moroklubben* went to Ballard: Sarah Callow, Karen Lynn, Judy Rogers, Chris Engstrom, Joanne Gray, Marilyn Mahnke

Velkommen! New Members

Please welcome these new members to our lodge and add them to your Embla Directory.

Carlene Garner (spouse: Del)

Email: cagarner@mindspring.com

Home: 253-752-7080

Address: 1874 N Hawthorne Dr

Tacoma, WA 98406

Joined: March 18, 2014

Jeanne Medley

Email: jtmitfjef@yahoo.com

Home: 505-730-1437

Address: 7902 - 27th St W

University Place, WA 98466

Joined: April 3, 2014

Joanne Gray (spouse: John)

Email: Joanne@moholtusa.com

Home: 360-923-1242

Address: 9205 Northwood Dr SE

Olympia WA 98513

Joined: March 28, 2014

HOSTESSES WITH THE 'MOSTESSES' - MANGE TAKK!



JANUARY: (l. to r.) Rae Ann Catron, Daniele Brown, Suzy Johnston, Carmen Knudtson, Betty Willard, Carol Voigt, Diane Nelson

We love our hostesses!! Our meeting night would not be complete without the wonderful meal we have before our entertainment and business meeting.

By Diane Nelson



FEBRUARY: Karen Bell, Harriet Swieso, Helen Gorenson, Sonya Nyhuis, Erika Michal, and Julie Touchette



MARCH: Melody Stepp, Tina Riffle, Helen Gorenson, Vonnie Stone, Kirsten Bell, Judy Rogers



Esther Van Noy's "Easter Eggs" Too beautiful to eat? Nah....



APRIL: Esther Van Noy, Norma Borgford, Ines Ottoson, Karen Lynn, Judith Willison, and Lisa Ottoson



Gratulerer med dagen!



The following sisters celebrate birthdays in May.

- 5 Julie Touchette
- 6 Suzy Johnston
- 11 Shirley Peterson
- 12 Ellen Campbell, Tina Riffle
- 13 Amanda Calloway, 13 Janet Ruud
- 14 Kari Stackpole
- 15 Susan Palmer
- 17 Mary McGoran *
- 21 Carol Kemp
- 23 Jessica Francher
- 26 Edna Gruver
- 29 Christine Anderson

*Mary will be celebrating a special birthday in Oslo on May 17th!!!

The following sisters celebrate birthdays in June.

- 2 Astrid Dorum, Pauline Smith
- 3 Betty Willard
- 5 Kristin Jensen
- 6 Gloria Hill, Tourny Squire
- 9 Florence Swanson
- 11 Erika Michal
- 14 Darci Harris
- 18 Jennifer Shook
- 22 Laura Anderson, Melody Stepp
- 24 Candace Brown
- 25 Niki Tollefson
- 29 Thelma Lund
- 30 Annette Falk, Toni Simpson

Sisterly, Marilyn Mahnke

HAVE YOU PAID YOUR DUES?

Your annual dues are due on **January 1** each year. If you have not yet paid your 2014 dues (\$30), **please send now** to Embla's financial secretary, Kari Stackpole, 1807 N Bennett, Tacoma WA 98406. Phone: 253-627-7806.

Embla Lodge #2 Daughters of Norway

534 Forrest Park Dr.

Fircrest, WA 98466

TACOMA WA 983 OLYMPIA WA 29 APR 2014 PM 2 L



ADDRESS SERVICE REQUESTED

Happy 17th of May, everyone!



SIEC Kerstin Ringdahl PLU TACOMA WA 98447