



# EMBLA NYHETER

EMBLA LODGE NO. 2  
 DAUGHTERS OF NORWAY  
 MAY 1995 VOL. 8, NO. 2  
 Editor - Marie Hayden

## EMBLA CALENDAR

May 21st - Celebrate May 17th Norwegian Constitution Day with Sons of Norway - Children's Barnakor, Normanna Male Chorus and much more. Proceeds to benefit Children's Barnakor 1996 trip to Norway.

June 1st - 7:00 p.m. - Gloria Dei Lutheran Church - Embla Business/Social Meeting. Initiation of New Members. Music by Tove and Stein Hansen on violin.

June 15th - 7:00 p.m. *St. Hans Fest.* at First Christian Church, 602 North Orchard St. Open-face sandwiches and Strawberry shortcake or Rømmegrøt \$4 or both for \$8 and coffee/tea. The meaning of St. Hans by Milly Bond Anderson. Music by Jon and Jean Malmin.

July 8th - Embla Salad Luncheon (Potluck), 12:30 p.m. at Gloria Dei Lutheran Church. Reports of Norway Trips and Show & Tell of Norway Momentos.

August 3rd - Embla Board Meeting at 7 p.m. at Esther Van Noy's home.

September 7th - 6:00 p.m. Embla Business & Social Meeting at Gloria Dei Lutheran Church. Potluck and White Elephant Auction.

October 5th - Embla Business and Social Meeting at Gloria Dei Lutheran Church. Audin Toven on Norway and the European Economic Agreement.

October 6-7-8 - Scandinavian Days at Puyallup Fair Grounds.



## EMBLA SCHOLARSHIP WINNER Sarah Snyder

"I would like to thank you for choosing me as your scholarship recipient for this year. The money will go towards my education next year at Whatcom Community College.

"I am a senior at Gig Harbor High School, and have always been involved in after school activities. Some of these activities include community service projects, Cultural Awareness, World Awareness Youth Service, and a diversity essay contest. I know I want to be involved in community service projects when I am older, although I love animals, and I may work with wild animals in the future. I am still unsure of what my future holds so I want to attend Whatcom and figure out where I want to go, and find a college that is right for me. Thank you again very much."

Awarded at Embla Business & Social Meeting April 6th at Gloria Dei Lutheran Church, Tacoma.

## 1995 EMBLA INITIATIONS

Initiation of new members into the Embla sisterhood will be held at the Business/Social meetings on, June 1 and November 2. Five new members were initiated on April 6, 1995. See Roster Changes for names/addresses and phone numbers and help us make these new members feel welcome.

Know any women interested in joining Embla? Give their names, addresses and phone numbers to Bernice Rohrs - 564-4407. Embla always welcomes new members!

## EMBLA SCHOLARSHIP AWARD

1995 Scholarship Committee is:  
 Chairman - Maxine Gonce  
 Ida Hagen  
 Kelly Leegard

\*\*\*\*\*

## CONGRATULATIONS

to **Hazel Starkey** and **Elsie Schwind**, celebrating 50 years graduation from Tacoma General Hospital School of Nursing

to **Odny Wise** who is a 1930 graduate from Tacoma General Hospital School of Nursing.

For years of service and caring -  
 Thanks from Embla  
 and our community

HAVE YOU REMEMBERED  
 YOUR SECRET PAL LATELY?



The Norwegian Youth Choir of Tacoma - "Barnekor"  
performing at the Norwegian Heritage Festival on April 29th

The official Norwegian May Festival in celebration of Norway's Constitution Day (Syttende Mai - the 17th of May) will feature the "Barnekor" in concert at the Pantages Theatre on Sunday, May 21st to benefit the planned Barnekor Concert Tour to Norway in the summer of 1996. The festivities begin at:

2:40 p.m. with a revival of Tacoma's Syttende Mai festivities with a Folketog (People's Parade) at 7th and St. Helens to Broadway Park including the Normanna Male Chorus, Embla #2, Norden #2, and Nordlandslaget. Please wear your Bunad and bring your Norwegian Flags for this occasion.

3:00 p.m. Outdoor entertainment featuring Embla's own Leikarring and the Normanna Male Chorus.

4:00 p.m. Festival Concert at the Pantages - \$10 general admission. \$25 Loge seating (includes admittance to the reception (limited to 200). Catered by Shirley Haukeli of Tacoma and special donation of appetizers from Petter Pettersen of Castle's Catering of Seattle. Hosted by the Tacoma-Alesund Sister City Committee.

Tickets are available from Mildred Baker (752-4486) or Janet Ruud (564-2832). Please call the Pantages Box Of-

fice (591-5894) or any of the sponsoring organizations for more information.

Sponsors: The Tacoma-Alesund Sister City Committee, Embla Lodge #2 Daughters of Norway, Norden Lodge #2 Sons of Norway, the Normanna Male Chorus, Nordlandslaget Nordlyset (The Northlight Club), the Scandinavian Cultural Council of Pacific Lutheran University and Columbia Bank.

### EMBLA RUMMAGE SALE Normanna Hall

**Saturday, September 9th**

Save your sacks and boxes of rummage for the Embla Rummage Sale. All proceeds go to our Convention Fund for the 1996 Grand Lodge Convention which Embla is hosting.

The family of  
Esther Astrid Grytness Olson  
cordially invites you  
to a  
Celebration of her  
One Hundredth Birthday  
on  
May 21, 1995  
2:00 p.m. to 4 p.m.  
Bethlehem Lutheran Church  
101 East 38th Street  
Tacoma, Washington  
No gifts please

### Gullhår og de Tre Bjørnene

*Goldilocks and the Three Bears*

Drawing - June 15th at

Embla's St. Hans Fest. 7 p.m.

Benefits go to

Embla's Scholarship Fund

Goldilocks wearing a Hardanger Bunad and her three honey bears in Norwegian vests ride in a lovely basket all crafted by our president, Esther Van Noy.

Can't get to meetings to sign up for your opportunities? Call Bernice Rohrs (564-4407) and she'll sign you up. Money must be in before the drawing (one dollar per opportunity).

### 50TH CONVENTION DAUGHTERS OF NORWAY GRAND LODGE

It's not too soon to start planning for next summer's Grand Lodge Convention! Olive Rudsdil, Janet Ruud and committee members are planning a super convention at the Executive Inn, Fife, on July 18, 19, and 20, 1996. The theme of the convention is "Celebrating Our Heritage," and we will be celebrating! Put these days on your calendar now, so you won't miss this "grand" event!

**EMBLA SCHOLARSHIP  
CONTRIBUTIONS  
IN MEMORY OF**

Dorothy Svendsen by daughter Shirley Peterson and friend Corinne Olsen.

Sister Mildred Dupuis by Stella Anderson and Avis Hinand.

Elmer Alskog (husband of Irene) by Bernice Rohrs.

Vernon Vaswig (husband of Dagny) by Bernice Rohrs, Audrey Loomis and Iona Dhaese.

Sister Diane Thompson was initiated into Embla on April 1, 1993 and passed away April 25, 1995 in California. Memorials have been given by Shirley Foreman, Bernice Rohrs and Mildred Baker.



Sister Corinne Olsen was initiated into Embla on February 3, 1977 and passed away April 30, 1995. Corinne was a very faithful loving member who spent years as our Financial Secretary for Embla. She loved flowers and sewing and won many ribbons with her Norwegian Hardanger needlepoint. She was always willing to help others to learn. She will be greatly missed.

Memorials have been given by Richard Olsen and family, Maxine Gonce, Bernice Rohrs, Martha Handeland, Marie Hayden, Anna Christensen, Esther Van Noy, Shirley Peterson, Thelma Lund, Aagot Solheim, Mary Ann Aker, Elene Emerson, Laurianne Adam, Mildred Baker, Iona Dhaese, Dorothy Long, Elda Sulerud, Lena Johnston, Cora Anderson, Martha Martinsen, Audrey Loomis, Mary Nero, Marian Eberle, Clara Nesheim, Marie Swenson, Hildur Christiansen and Elaine Anderson

**SPRING COOKING CLASSES - A Great Success**



Gloria Pedersen, Aggie Thorson, Marian Eberle and Esther Van Noy show off their cooking



This is how it's done, girls!  
Freda Hauge and Marian Asmussen

Attendance for the cooking classes totaled 73 people on the four days. We took in \$161.75 and gave the Scandinavian Cultural Center \$81.00 for the use of the kitchen.

My, how good it all tastes. The fun of cooking is tasting the samples afterward in the Scandinavian Cultural Center Kitchen.





**Our Grand Ladies**

Anna Hopen, 63 year member; Anne Strom, 63 year member; and Martha Handeland, 65 year member.



President Esther Van Noy congratulating Edna Higgins and Aagot Solheim on receiving their 25 year pins. Alvilda Klarich (absent) 25 year; Edna Gruver and Florence McKiddy; 50 year and Sophie Marvik, 60 year will receive their honors at the July Summer Salad Luncheon.



Laurianne Adam and the birthday cake

**EMBLA BIRTHDAY PARTY - April 6th**

What a full evening we all had on April 6th with five new members joining,, honoring our 25, 50 and one 60 year member, and a grand refreshment table with birthday cake. We were honored with the attendance of Jean Bennett, GL Secretary, Kathleen Nesseth, GL Trustee and members from Solveig, Thelma, and Valkyrien lodges as well as 75 of our own members. Our program on rosemaking was presented by Dena Iverson.

**NEW MEMBERS**

Left to right: Marta Berg, Mary L. Kelly, Patricia J. King, Barbara L. Powers and Mary Helen Schaeferle



Jean Bennett, Grand Lodge Secretary, and members of visiting lodges and Embla President Esther Van Noy.

Visitors from Solveig, Thelma and Valkyrien Lodges for Embla's Birthday Celebration



**17TH ANNUAL HØSTFEST  
(FALL FESTIVAL)  
MINOT, NORTH DAKOTA**

For years Don and I have been saying, "Let's go to the Høstfest in Minot." We finally went last October 12-15, 1994. The Høstfest is a community affair, which means that even though it's a Scandinavian festival, it has over 7,000 volunteers, many of them are not Scandinavian and many come from other areas, including some from Tacoma. Minot is a college town of about 35,000 in northwestern North Dakota.

Høstfest is North America's largest Scandinavian celebration. Norway, Sweden, Denmark, Finland and Iceland are represented. Last fall the Sami had a area with many Sami artifacts and crafts.

From a practical standpoint, housing is a major problem. It was stated that all housing within a radius of 100 miles is filled during the festival, and we found this to be true. Tour buses came from many states and Canada. We were lucky as I had a cousin just 30 miles south of Minot at Max, and we stayed there. If you have an RV, there is a large lot for them in the parking area adjacent to the festival buildings. Shuttle buses take you to the main door. If you plan to go in '95, plans for housing should be made as soon as possible.

The main attraction is the continuous entertainment on the stages in each of the halls dedicated to one of the countries. In addition, well-known entertainers are on the main stage twice a day. In 1994 the entertainers were Tony Bennett, Victor Borge, Myron Floren, Chet Atkins, Crystal Gayle, Barbara Mandrell, the Oak Ridge Brothers, the Ink Spots and many others. The entertainment is included in the cost of the \$25 admission ticket. Barbara Mandrell

received \$100,000 for two performances. For the Høstfest to break even, they must sell 60,000 tickets.

Like our Scandinavian Days festival, food represents one of the main attractions. Food was available in each hall dedicated to a particular Scandinavian country. Some traditional foods were kumla (potato dumplings), rømmegrøt, and lefse. A lutefisk dinner was served in the main dining room. In Oslo Hall, Terje Torgersen, the Norwegian-trained chef now working at the Flamingo Hilton in Las Vegas, was featured. There is dancing every night.

Twenty companies from Norway were selling their products. Norwegian chocolates, handknitted sweaters, wood carvings, Hardanger embroidery items, and Porsgrunn china were available for purchase.

Former governors, William Guy of North Dakota and Joe Foss of South Dakota, were autographing their books. Many Norwegians have Arland Fiske's books, and he was busy visiting and autographing his books.

Norwegian Telecom, the state telephone company, has established Teleslekt, a computerization of genealogical data. They have registered the 1900 Norwegian census, and will continue with earlier census data, church books, etc. They had representatives at a book to answer questions about the project.

There was so much to see and do, it made us proud of our heritage. Even with the large crowds, we did see a number of friends from the Pacific Northwest. For information or to order tickets, contact Norsk Høstfest Association, P.O. Box 1347, Minot ND 58702 or telephone 701-852-2368. You can use a major credit card.

*Elaine Anderson*

**ROSTER CHANGES**

Please write or call 759-4451 with any changes in address.

Marie Hayden  
4010 North 36th  
Tacoma WA 98407

**Corrections to Addresses & Phone:**

Hildur Christensen  
1601 So Puget Sound #101, Tac 98405  
Evelyn Holt 593-8974  
919 So Fawcett #1209-11, Tac 98402  
Evelyn Walker 565-9183  
1107 N. Mt. View #O-73, Tac. 98406

**NEW MEMBERS**

Marta E. Berg 759-0279  
1341 No Juniper, Tacoma 98406  
Mary L. Kelly 752-2675  
4709 No Pearl, Tacoma 98407  
Patricia J. King 588-3009  
2407 Shepard St., Steilacoom 98388  
Barbara L. Powers 851-3262  
6018 66th St NW, Gig Harbor 98335  
Mary Helen Schaeferle 627-2716  
521 Borough Rd, Tacoma WA 98403

**FORMER MEMBERS**

*Memorials can be made to Embla or Grand Lodge Scholarship Fund. Embla has contributed toward Grand Lodge Scholarship in memory of these former members:*

Diane Thompson - April 25, 1995  
in California  
Corinne Olsen - April 30, 1995

**NEW MEMBER**

**INITIATION**

**June 1st - 7 p.m.**

**Gloria Dei Lutheran Church**

*If you are going to be gone on vacation for an extended period of time and want your newsletter forwarded to you please let us have your second address.*

**The 20th Anniversary  
Daughters of Norway Leikarring  
Embla Lodge #2  
Then and Now**

Leikarring means "song dance". The purpose of the Leikarring has been to learn and preserve the folks dances of Norway. We dance for fun, fellowship and pleasure for others. Our goal is to teach others the enjoyment of Norwegian folk dancing.

Our costume or bunad is the Hardanger Bunad. In the late 1800's and early 1900's when Norway was gaining its independence from Sweden and developing its national identity, it became fashionable for women throughout Norway to wear a National costume. The Hardanger Bunad was popular and was called the National Drake for a short time. It was used by the immigrants to America and was adopted by the Daughters of Norway. The red, white and blue ribbons near the bottom of the skirts are the colors of both the American and Norwegian flags. These were added by the immigrants to reflect pride in both the old and new country. In Norway they use three black ribbons on the bottom of the skirt. For summer performances the Leikarring uses a cotton bunad from the Gudbrandsdal region.



The Leikarring of Embla Lodge #2 was started in 1975 by Sigurda Aamot, a petite little lady whose smiling face was framed by a coil of braids. It was her memories of the old country and dancing that inspired her to share them with

others. Every week women of all ages would meet at Normanna Hall in Tacoma to practice. The longtime dancers best remember Sigurda shaking her finger at us and saying "Remember to smile, always smile." She assured us that no one would notice our mistakes if only we would smile!

In 1976 the group had its first public performance at the Puyallup Fair. Also in that year Sigurda Aamot wrote a poem "Immigrant Women" for the Centennial Festival of the Norwegian Emigration to America. Professor Gunnar Malmin of Pacific Lutheran University put the poem to music. The song has become the anthem for the Leikarring. We fondly remember Pearl Christopherson, pianist and Willard Durgan, vocalist (all pictured on the left), who helped Sigurda reach her dream. They shared their talents with us for many years for which we are grateful. We remember too, Marie Berglund, for her efforts to save the traditional dances and customs.

For the past 12 years Marian Eberle has lead the Leikarring with heart and enthusiasm. The Leikarring meets every Monday night at 7:00 p.m. at the Mt. Zion Lutheran Church, 5917 So. Thompson, Tacoma. Additional articles concerning the Leikarring are in past Nyheter (May 1990, November 1990, May 1991, July 1993 with photos, March 1994 photo, and May 1994 with 1976 photo.

The Leikarring participates in many different affairs, churches, celebrations in and around the Puget Sound area. They welcome any Embla members who would like to participate. Congratulations Leikarring!

**GRAND LODGE  
SCHOLARSHIP  
CONTRIBUTIONS**

**In loving memory of:**

**Vernon Vaswig** (husband of Dagny) by Olive Rudsdil, Mildred Baker and Marie Hayden.

**Elmer Alskog** (husband of Irene) by Olive Rudsdil and Mildred Baker.

**Gloria Berg** by Olive Rudsdil.

**Gloria Svendsen** (mother of Shirley) by Shirley Peterson.

**Sister Corinne Olsen** by Esther Van Noy, Anna Christensen, Bernice Rohrs, Laurianne Adam, Emilie & Ozzie Pedersen, Shirley Peterson, Stella Anderson, Lorraine Brese, Mildred Baker, Marie Hayden, Olive Rudsdil, Hildur Christiansen, Mary Nero, Elaine Anderson and Dorothy Long.

**Sister Diane Thompson** by Bernice Rohrs, Mildred Baker, Lorraine Brese and Stella Anderson.

**GRAND LODGE  
BOARD MEETING**

April 21 - 22, 1995

The Grand Lodge Board Meeting was hosted by Embla Lodge and GL Vice President, Janet Ruud, from Friday evening and finishing with the Saturday evening Potluck at the Scandinavian Cultural Center. Luncheon was provided by Bernice Rohrs, Thelma Lund, Elsie Schwind and Olive Rudsdil.

Many thanks to those who hosted the delegates in their homes, provided transportation and to those who prepared the luncheon and to those participating in the Potluck. All of Grand Lodge requested the recipes our great ladies served. For your enjoyment also we include them in this newsletter.

Grand Lodge Officers at Potluck



## Norwegian Meat Balls

by Thelma Lund

2 lbs Extra Lean ground round  
2 eggs (1 egg per pound)  
1/4 c. potato flour (more if needed)  
Johnny's Regular Seasoning  
using 1 tsp per pound  
1/8 tsp of pepper  
1 large onion grated fine  
1/4 small can of tomato sauce (Thelma says this is not necessary. Her mother always used water. She said it made them lighter)  
Brown real well in butter - finish frying.  
When making gravy - strain drippings in sieve and thicken with Wonder flour.

## Fresh Fruit Salad

Corinne Olsen's recipe  
prepared by Bernice Rohrs

Melons - Honey Dew-Canteloupe  
(no watermelon)  
Grapes, apples, bananas  
1 can pineapple (drained)  
Soak bananas and apples in juice from pineapple.  
1 can Mandarin oranges  
Any other fresh fruit of your choice  
Dressing:  
1 1/2 c. milk  
1/2 c. sour cream  
3 3/4 oz. Instant Lemon pudding mix  
8 oz. can crushed pineapple (undrainèd)

Layer fruit in glass bowl. Pour dressing over the top covering all of the fruit. Decorate with strawberries. Cover with Saran wrap and refrigerate over night.

## Broccoli-Chicken Salad

Amy Vogel's recipe  
prepared by Elsie Schwind

4 c. chopped raw broccoli  
2 c. cooked and chopped chicken breast  
8 slices of crisp bacon-crumbled  
1 c. golden raisins  
1 chopped red pepper  
1/4 c. chopped green onion  
1 c. sunflower seeds  
1 c. grated cheddar cheese (medium)  
Dressing prepared the night before  
1 c. mayonnaise  
1/4 c. granulated sugar  
2 Tbls. vinegar  
1 Tbls. Japanese Rice Vinegar (does not have to be used)  
Whip well and store overnight.

## NORWEGIAN HERITAGE FESTIVAL

Scandinavian Cultural Center, PLU

Saturday, April 29, 1995 1 a.m. - 3 p.m.

It was Embla's turn to chair the Norwegian Heritage Festival this year at SCC, PLU. Thanks to the many Embla members who helped make it a very special day. Mange tak especially to those who stirred and stirred the rømmegrøt, those who stood for hours making open-faced sandwiches as well as the Bake Sale, Table Sales and all the other duties.

Festival Committee: Esther Van Noy, chair; Mildred Baker, treasurer; and Mardy Fairchild.



Sandwiches: Bodil Lovoll, Olive Rudsdil, Elaine Hudak, **Ida Hagen**, Karen Lynn and Mary Schaeferle.



Rømmegrøt: Dorothy Burnson, Kelly Leegard, **Myrtle Drahos**, Freda & Bill Hauge, Irene Alskog, Chet Grimstead and Barbara Batman.

Bake Sale Booth: Elsie Schwind, Florence Buck, Arleigh Virgil, Karen Jackson, Emilie Pedersen, Dena Iverson and Mary Jo Bellamy.

Cashiers: Amy Vogel, Janet Ruud, Ann Elgood and Anna Christiansen.

Ticket seller: Margaret Richards, Evelyn Walker and Chet Grimstead.

Coffee hostess: Laurianne Adam

Floater: Esther Van Noy, Mardy Fairchild, Dagny Vaswig, Maxine Goncè, Jan Ward and Brendon.

Ticket Sales: **Bernice Rohrs**, Shirley Foreman, **Thelma Lund**, Mildred Baker, and Florence Swanstrom

Table Cleaners: Vonnie Stone and Chet Grimstead

Clean up Committee - Jan Ward and son Brendon. Many, Many thanks!!!

Bake Sale Items: Evelyn Walker, Shirley Peterson, Avis Hinand, Elda Sulerud, Elsie Schwing, Shirley Foreman, June Radisch, Edna Senter, Charlean Barnes, Vicki Melton, Florence Buck, Dena Iverson, Elene Emerson, Marian Eberle, Esther Van Noy, Amy Vogel, Emilie Pedersen, Olive Rudsdil, Britt Kvamme, Freda Hauge, Barb Powers, Laurianne Adam, Susan Beador, Julis Ausness and Mildred Baker.

**Embla Lodge #2**  
**Daughters of Norway**  
4010 North 36th  
Tacoma WA 98407

Non-Profit Org.  
U.S. Postage  
PAID  
Tacoma, WA  
Permit No. 1029

ADDRESS CORRECTION REQUESTED

Scan Cultural Center  
Susan Young  
Pacific Lutheran University  
Tacoma WA 98447

**Embla Past Presidents  
50th Anniversary - 1957**

Back row left to right: Anne Strom (1955-56), Ida Apalseth (1953-54 & GL Pres 1958-60) and Nora Anderson (1951-52 & 1960)

Middle row: Hannah Benson (1936-37), Karen Monsen (1941-42 & 1948), Marie Berglund (1932-33, 1935, 1947, 1963 & GL Pres 1936-40) and Hildur Hansen (1949-50).

Front row: Lina Strom (1945-46), Marie Gunderson (1912-13, 1914 & 1925-26), Alice Vale (1915-16), Jennie Woog (1922-23) and Georgina Johnson (1938-40).



**NEW EMBLA COOKBOOK!!!**

**Our cookbook is HERE. We have sold hundreds already. Be sure to get your copy. They are available at all meetings, or you may pick them at at the following locations:**

**Be sure to call first before going to their homes!! Cost \$14.00 for pick up.**

**Esther Van Noy**  
13806 Bingham Ave E  
South end of Tacoma or Puyallup  
206-537-2938

**Bernice Rohrs**  
7521 W 24th  
West area of Tacoma  
206-564-4407

**Marie Hayden**  
4010 North 36th  
North end of Tacoma  
206-759-4451

**Gig Harbor area - 265-6466**

**MAIL ORDERS: To have them mailed to your home send your check to Embla #2: for \$16.50 each and mail to Marie Hayden at the above address.**