



# EMBLA NYHETER

### EMBLA LODGE NO. 2

#### DAUGHTERS OF NORWAY

SEPTEMBER 2008

VOL. 21. NO. 3

Editor — Marie Hayden Photos: Ellen Campbell, Delphine Johnson and Marilyn Mahnke

#### **EMBLA CALENDAR**

September 4th, Thursday, 2008 6pm. Welcome back potluck, Auction and White Elephant Sale.

September 17th & 24th, Cookie Baking at SCC at PLU, 9am-1pm.

September 25th, 11am. Craft meeting at Chris Engstrom's home. 2053 N Fremont St, 253-752-5361.

October 2nd, 6pm at Bethlehem Lutheran Church. Ambriel Bauer and Day-to-Day Life of Women in a Viking Household.

October 3, 4, and 5. Noon to 7pm. Scandinavian Heritage Festival at Puyallup Fairgrounds.

October 7th, 18th and 23rd, Norwegian Cooking Classes at SCC at PLU, 10am.

November 6th, 6pm, Bethlehem Lutheran Church, Initiation of New Members. Speaker - Nadine Sanders and The Singing Weaver.

December 4th, Bethlehem Lutheran Church, 6pm. Christmas Party/Gift Exchange. Charity Donations (unwrapped) for the Women's Shelter. Speaker - Astrid Karlsen Scott and Christmas in Norway.

#### GRAND LODGE CENTENNIAL CONVENTION

July 17-19, 2008 Hotel Murano, Tacoma, WA Hosted by Embla Lodge #2

"Celebrating Our Future"

The purpose of Grand Lodge Convention is to conduct the business of the Grand Lodge, to learn more about our heritage, and to have fun and fellowship with our sisters from all our lodges. Eighty-eight delegates and Grand Lodge sisters were in attendance for the 100th Centennial Celebration of the Daughters of Norway Grand Lodge Convention held at the Hotel Murano in Tacoma on July 17-19, 2008.

This year two of the new lodges were in attendance making this the largest representation (23 Lodges). There were 232 registered. Embla was



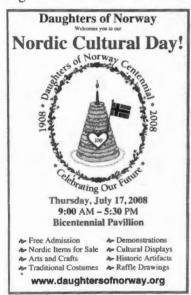
Grand Lodge Convention 2008 Co-chairs Janet Ruud and Lisa Ottoson

represented by President Marilyn Mahnke as head delegate as well as the following delegates: Lisa Ottoson, Judith Willison, Manoah Butterfield, Julie Touchette, Chris Engstrom, Diane Nelson, Janet Ruud, Tanya Fowlkes and Mardy Fairchild. Janice Kelly, Candace Brown, Karen Bell, Norma Borgford, Sharon Groeneveld, Grace Bredeson and Ellen Campbell were the alternates. You will find many articles throughout our NYHETER about all the activities of the convention written by our delegates.

This convention could not have been better organized. Thanks to

Janet Ruud and Lisa Ottoson for being the co-chairs and to have Embla's Carol Kemp as the Grand Lodge President assisting in many ways. Many months, weeks, days, hours, and 2 years of planning were put into making this centennial convention special. There were more that 85 Embla members who were involved in some way. There was a special bonding between the sisters as they attended many meetings and worked side by side.

Each delegate received a Convention Program booklet. This contained everything you wanted to know on 77 pages. What a booklet! The schedule of the convention was as follows: The Grand Lodge Board Meeting was held on Wednesday before the delegates arrived. Each day the Hospitality Room was open for all members for coffee and goodies (except during lunch). Thursday was Class Day and Nordic Cultural Day with the Opening Reception that evening which included the Auction.



Friday was the first day of the Business Meeting and the evening event was "Hot Night at the Museum of Glass." Saturday started off with a breakfast for all of the Past Presidents of all the lodges followed by the continuation of the Business Meeting. Upon the completion of the Business Meeting there was the Installation of the newly elected Grand Lodge Officers for 2008–2010. The Farewell Banquet on Saturday evening concluded the Centennial Convention for 2008. Mange Takk for all members who were on committees and those who attended the convention in some way... We could not have done it without your support... Your President, Marilyn Mahnke



#### **ROSEMALING CLASS**

Ester Moe lodge member Liz Leese was the instructor for the beginner's class in *Rosemaling*, or rose painting. The class was thrilled to receive small hearts with each student's name on them as a gift from Liz. Then they began working on a lovely 7" wooden heart in shades of warm red and crimson. Everyone who was lucky enough to get into the class was very excited about the two-hour lesson and the resulting piece of Nordic art that was the final product.

Liz began painting in the Rogaland style in 1981 under the instruction of Leslie Roberts, a former student of Vi Thode. Since then, she has studied the Gudbrandsdal, Hallingdal, and Red Embroidery styles. Find out more about Liz on her website at www.bestemorsfarm.com

by Lisa Ottoson



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# KRUMKAKER CLASS Taught by Shirley Haukeli

On Thursday, July 17th, many women gathered to learn how to make a perfect Krumkaker. Shirley Haukeli has been a top Norwegian caterer in the Tacoma area for 20 years and did an excellent job of showing us how to make the batter, how long to leave it in the Krumkaker iron and how to roll them into the perfect shape.

Also included in this class was the recipe and each student had a chance to make the Krumkaker, sample it and learn many helpful hints. We all agreed that this was the best Krumkaker we had ever eaten!

by Judith Willison



Daughters of Norway Grand Lodge Convention CULTURAL DAY Thursday, July 17, 2008

Our Cultural Day was held in the Bicentennial Pavilion and what a beautiful site it was! Walking in to the hall, you saw the 23 lodges that had reserved tables to display their scrapbooks, heritage exhibits, raffle items, crafts and merchandise. Colorful banners from each lodge adorned the room, and the beautiful women from our beloved Daughters of Norway were in their Norwegian costumes and were available to share their knowledge and talents with you.

Some of the unique items that were available to purchase at



Cultural Day – 2008 Elene Emerson showing her hardanger embroidery. Carol Spencer at Embla Sales Table

each table were: Scarves, fused glass jewelry and boxes, aprons, knit sweaters, Christmas items, bookmarks, books, paintings, cookbooks, mugs, shirts, calendars, napkins, note cards, wall hangings, rosemaled bowls and trays, sweatshirts, embroidered towels, and vests.

While the convention goers and general public enjoyed all the cultural displays, the Smilin' Scandinavian, Toby Hansen was playing his accordion and walking among the crowded aisles. I think we all gained valuable knowledge of our culture, and this event provided more visibility in our community for our Daughters of Norway organization.

We also were able to earn some money from the sale of our crafts and I know we all had a fun time!

by Judith Willison



Grand Lodge 100th Birthday

# An Historical Overview of Norwegian Dress Silver From Medieval Fashion to Contemporary Bunad

This interesting and informative lecture was presented by Lori Talcott, who is a fifth generation jeweler and jewelry historian. She told us that jewelry was originally functional, not just for decoration.

Brooches or pins were used to hold clothing together, since there were no buttons. Decorative silver belts were used for the same purpose. Everyone wore jewelry, and wealthy peoples' jewelry was made out of silver while the poor could only afford jewelry made out of tin or bronze.

A larger amount of jewelry was made in Norway compared to other countries, because Norway has an indigenous silver mine. Wearing silver jewelry is an unbroken tradition in Norway. Jewelry stayed when the clothing styles changed.

Jewelry was given to mark a rite of passage such as marriage or childbirth. A bridal crown was handed down generation after generation, and it was believed to repel underworld spirits. The crown would be covered before the bride left to go to the church. Some crowns covered the ears so that the bride wouldn't hear the spirits. The crown was originally worn only by royalty, but then trickled down to the lower classes.

So the next time you pin a sølje onto your bunad blouse, take pride that you're continuing this centuries-old tradition of wearing Norwegian silver jewelry.

by Julie Touchette

# FINDING THEA with Nancy Haley and Lucy Ostrander

Filmmakers Nancy Haley and Lucy Ostrander presented their well researched, informative, and entertaining documentary on 19th century Norwegian immigrant, Thea Foss. The film has continuously gained recognition on public television. Thea Foss became the unlikely creator of one of the Pacific's largest tugboat companies. It is a classic American immigrant success story.

In 1889, Norwegian immigrant Thea Christiansen Foss arrived in Tacoma on the newly opened Northern Pacific Railroad. With transportation limited to train, horse-drawn buggies and boats, Thea quickly recognized a business opportunity in the growing demand for water travel. Beginning with an initial \$5 purchase of a rowboat, the marine transport business she and her husband Andrew founded on the Tacoma waterfront has grown over more than a century into the largest, most modern fleet of tugs on the West Coast.

Through her life and work, Thea Foss became a pioneer archetype for women in the first half of the twentieth century. In 1931, Thea became the inspiration for a fictional character in Norman Reilly Raine's famed "Tugboat Annie" stories published in the Saturday Evening Post. These popular tales led to three Hollywood motion pictures and a 1950s television series.

If you are interested in owning the DVD, please download the order form from their website at www.findingthea.com, or, send a check in the amount of \$32.15 payable to *LUNA Films* at FINDING THEA, 2915 No. 29th St., Tacoma, WA 98407.

by Lisa Ottoson

#### MEMBERSHIP COMMITTEE WORKSHOP

I've always loved how Daughters of Norway members sign their e-mails, "Sisterly." After our recent convention that word carries a lot more meaning for me, thanks in part to Grand Lodge Membership Committee Co-Chairs Darlene Weatherly and Jill Beatty, and the workshop they gave on Thursday morning, July 17th. As a fairly new member, and an even newer Cultural Director, I had met very few of my "sisters" from other lodges. Darlene and Jill had kept all the Cultural Directors in touch with each other through their innovative "Communication Chain" e-mails, but all those names were only names to me. Now I can think of the faces that go with them and feel our connection to each other through a common goal, that of retaining and increasing membership in our lodges by making the programs enriching and enticing!

After watching a nice little slide show to stimulate ideas, we were divided into groups and each group was given a different "challenge" to come up with solutions for. These had to do with issues such as being in touch with the interests and desires of our lodge members, being creative within a given budget, utilizing talent within the lodge memberships, learning how to help members learn more about each other, etc.

This was not merely a matter of discussion. The point was to learn to use the exciting new Resource Books Darlene and Jill have developed. The book each lodge has received is so clear, concise, and user friendly even a brand new member with no prior experience could put

together fantastic programs. Here's how it works.

Each book has five tabs: Presenters, Topics, Addresses, Tools, and Lesson Plans. New features include many forms that can be copied, including an anonymous Lodge Member Survey, for feedback, a Time and Talent Survey, and a New Member Outline, to give a good overview of how the lodge functions. There are even lesson plans. The book is also loaded with ideas for topics, speakers, and all the contact information for these and other resources of interest to the lodge.

These wonderful Lodge Resource Books represent a lot of time and thought on the part of Darlene Weatherly and Jill Beatty. I'm sure the other Cultural Directors feel as I do, that it's an exciting tool to help us bring the best possible programs to our members and keep them coming back for more. The workshop also stimulated a lot of sharing of good ideas and a "sisterly" feeling among us. Thanks to these two dynamic women, the job of Cultural Director will be easier. more effective, and more fun from now on. This is a good example of how members can make major contributions to our order.

by Candace Brown



Hardanger Class

#### **CONVENTION CHORUS**

Sonja Yeager (Embla #2) did a wonderful job directing the twenty women of the Convention Chorus! Sisters from several states (WA, OR, CA, and NV) had signed up, and we had a great time during our Thursday class time!

We warmed up to Ro, ro, ro din båt ("Row, Row, Row Your Boat"), and we rehearsed the songs that we were to sing at the Opening Reception and Saturday Banquet. A couple of the pieces were rather difficult, but everyone had a super attitude, worked hard, and had a lot of fun. We thank Phyllis Bachman (friend of Sonja and church organist) for accompanying us!

At the Opening Reception we sang Norge, mitt Norge ("Norway, My Norway") and Edvard Grieg's "The Word of God." At the Saturday Banquet, after the meal, we sang "The Banquet Song" and got sedentary diners moving! Everyone - even the Norwegian Consul - joined in the fun! The final two pieces of the evening were a beautiful Swedish hymn (Bred dina vida vinger - "Thy Holy Wings") and the "Farewell Chorus" by W. Loveless, which Sonja had harmonized, adapted, and arranged, and which was translated into Norwegian by Janet Ruud.

It was a lovely and meaningful way to say good-bye to all of our D of N sisters – until the next convention! *På gjensyn!* 

Janet Ruud

# FRIDAY LUNCHEON FASHION SHOW TRAVELING THE SILK ROAD

Friday's lunch break at our recent convention exemplified the whole weekend, being a combination of enlightenment, entertainment, and fun. What could be more perfect at a luncheon than a fashion show of absolutely scrumptious clothing, accessories, and even blankets from a Norwegian textile company called Oleana? This zerocalorie visual dessert of yummy colors like raspberry, cream, pistachio, blueberry, caramel, etc., all in luxurious Merino wool, was served up in style by Laura Almaas, owner of the Chalet in the Woods gift shop in Gig Harbor. On a trip to Norway in 1992 Laura discovered the designs of Solveig Hisdal, who founded Oleana, and now she represents his company in the Pacific Northwest.

This show began with a film about Oleana, with some thoughts from Hisdal, his designers, and his skilled employees, on the philosophy and influences behind their creations. Most of the textiles consisted of tone-on-tone patterns, sometimes quite complex, as well as multicolored stripes, all lively enough to be exciting, but subtle enough to be tasteful. We learned that the origins of many of these patterns could be found in the art of China, Arabia, Italy, and other places, including the art of the Vikings, who were exposed to design elements from different cultures during their voyages. That explains the show's title: "Traveling the Silk Road."

Our own Embla member, lovely Karen Kunkle, seemed to be a "natural" as a model, one of several, including Karen Person, winner of the "Macy's Better With Time" modeling contest. They all looked like they were having fun.

No wonder! What a treat it would be to wear such garments. Quality and timelessness graced each piece and to touch these textiles meant sighs of pleasure.

If you missed the chance to experience Oleana at the convention you can easily see these pieces in Laura's shop. Take a look at www. chaletinthewoods.com and treat yourself to dessert!

by Julie Touchette



Convention 2008 – Installation Joanne Mansfield escoting Carol Kemp aroud room. Carol soon to become Judge.

#### "INTRODUCTION TO GENEALOGY" CLASS

When instructor Sarah Thorson Little told us this class is usually presented over ten days, I knew the two hours we had with her would be intense! She could have made it nothing more than an "introduction" but instead Sarah packed her time slot as full as possible with so much practical and valuable information it made me dizzy! Now I feel so empowered by what I learned I can't wait to get back to my research. Time is running out for those messy boxes of unorganized paperwork I've been rummaging through. I'm truly grateful to her!

Thank goodness I'm not depending on my own notes when reviewing this new knowledge, which was delivered at a pace I couldn't keep up with. Kind Sarah provided all class attendees with a concise five-page document titled "ABBREVIATED OUTLINE FOR GENEALOGICAL RESEARCH." I'll guard this with my life. She lays out a clear plan for gathering, organizing, and working with information immediately available, as well as the best methods for uncovering more.

I'm most excited about all the website addresses provided! We learned about FREE sites just as good as those it costs money to subscribe to. She also taught better, more efficient ways to use the Internet, how to search most effectively, selected word processing and database tools, and a wealth of great tips and suggestions. It was a fascinating two hours.

Sarah Little is a professional genealogist, and respected instructor teaching at the University of Washington and at workshops all over the country. What I appreciated most was her sincere desire to help people find their ancestors! I could see that she put great effort into making her teaching useful and valuable to her students, offering help on her own time to anyone who wished to contact her with questions. I'm very grateful to Sarah Little for making me think, "I CAN do this!" I'd give this teacher an A+!

by Candace Brown



Carol Kemp bringing greetings at Past President's Breakfast

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Hospitality Room open at all hours except for lunch for coffee and goodies



A beautiful Kransekake



Carol Kemp
Embla's beautiful lady,
Grand Lodge Judge
for this coming term.
Congratulations for being
able to visit every lodge
during your term.



A young lass amung Esther Van Noy's dolls



New Grand Lodge President, Mary Knutson Sullivan 2008–2010





Ted Forsberg, Sons of Norway International, presents flowers to Grand Lodge President, Carol Kemp



Embla Drill Team led by Olive Rudsdil. Left to right: Annette Falk, Julie Touchette, Diane Nelson and Candace Calloway



Grand Lodge President and former Embla President, Carol Kemp; current Embla President Marilyn Mahnke, Emilie Pedersen, Harriet Swieso, Mardy Fairchild, Delphine Johnson and Olive Rudsdil

#### PAST PRESIDENT'S BREAKFAST

Olive Rudsdil opened the Saturday morning Past President's Breakfast with a warm welcome to all past and present lodge presidents who were in attendance. Each attendee received a small hand-made writing tablet and matching program created by Mardy Fairchild.

The white linen-covered tables were decorated with lovely red potted geraniums wrapped in blue paper and a white ribbon. A few lucky women had the winning tickets and got to take home one of the beautiful centerpieces.

We started breakfast with the Norwegian Table Prayer, followed by a delicious breakfast of Quiche Lorraine, sautéed potatoes, sweet rolls, orange juice, and coffee. The program was a group sing-along and we all enjoyed singing a few of our favorite Norwegian songs, Nidelven, Kan du glemme gamle Norge?, and La oss leve for hverandre. accompanied by the very talented Eileen Bianchi, of Queen Maud Lodge #2 in Nevada. Eileen wrote the music and lyrics for the new Grand Lodge song We're Proud to be Daughters of Norway and was also the musician for the Grand Lodge Convention!

by Mardy Fairchild

#### TRAVEL TO SCANDINAVIA!

This class was offered twice. I attended the first session, held Thursday morning. The instructor/presenter was Sandra Henneman, President of Sigrid Undset Lodge #32 in California. You might also be interested to note that Sandra was elected Grand Lodge Four-year Trustee at convention this year.

Sandra provided several handouts on the Scandinavia countries, including Iceland, Denmark, Sweden, Finland, and of course, Norway. Since a large majority of the attendees were mostly interested in hearing about Norway, Sandra showed many beautiful slides from the Songnefjord region in Norway.

I talked to several delegates and convention guests during the convention. I asked them about the classes they attended and what they thought about the convention overall, and in doing so I spoke with several women who attended this class. They wanted more information, such as traveling tips, not just a slide show presentation of photos that were beautiful! How could they not be, since Norway has so many incredible sites to see!

by Mardy Fairchild



Our Smilin' Scandinavian Toby Hansen



Convention 2008 Endowment Fund Stone



Grand Lodge President Carol Kemp at Endowment Fund Table

# A "Hot" Night at the Museum of Glass

The "Hot" Night at the Museum of Glass was a special event enjoyed by all who attended. Those arriving from the Hotel Murano via a 15-minute walk or the Tacoma Link Light Rail experienced the short walk over the stunning Chihuly Bridge of Glass, a 500-footlong pedestrian overpass linking the Museum of Glass to downtown Tacoma.

The evening provided an opportunity to see the works of artists Lino Tagliapietra in Retrospect: A Modern Renaissance in Italian Glass, Living Legacies; Homage to a Maestro, Dante Marioni: Form/Color/Pattern and Contracts: A Glass Primer. In addition Norwegian-American glass artist, Julie Bergen, created a glamorous ladies high-heeled shoe before our very eyes in the museum "Hot" shop. What a fascinating sight to watch the molten glass be transformed into a beautiful work of art.

A wonderful buffet with salad, choices of potatoes, Norwegian pea and greens with feta cheese and crawfish, crackers and bread with an assortment of several different spreads, as well as meatballs, fruit, smoked salmon (lox) and of course pickled herring. Embla member Joanne Mansfield provided an assortment of homemade Norwegian cookies, krumkaka and other delicious pastries.

Richard and Beverly Smaby provided wonderful entertainment in the Grand Hall by performing various Scandinavian Folk Dances and costumes.

This was a wonderful evening providing wonderful food, incredible education and fantastic entertainment.

by Diane Nelson



Convention 2008
"Hot Night at the Museum"



Marilyn Mahnke, President Embla #2 and Sandy Henneman, President Sigrid Undset #32

# Saturday Luncheon "Twenty-First Century Sami: Between the Local and the Global"

The luncheon began with a delicious meal consisting of a seafood salad sandwich, pasta salad, and a cantaloupe wedge. For dessert we had fyrstekake. Yum!

Our guest speaker was Dr. Troy Storfjell, who is the Assistant Professor of Norwegian and Scandinavian Studies at PLU. He began his presentation by reading a Sami poem, which voiced the concerns of the Sami people being forced from the land by the Norwegian government. The Sami originally came to the area as the glaciers melted, and they were in pursuit of reindeer. They were hunters and gatherers but then took over

herding the reindeer. Eventually the Norwegian government decided that the Sami race would disappear (language, etc.), and they began "fornorsking" (Norwegianizing) the people. In school children were beaten if they spoke Sami. Thankfully the Norwegian government abandoned that practice in 1956. The Sami have adapted, but they've also kept traditions.

Professor Storfjell showed pictures of Sami people past and present. He had music clips to shareas well. We were surprised to hear music from the Sami hip hop group Duolvar Duottar. Other Sami singers we heard were Mari Boine and Krister Stoor. Professor Storfjell also recommended two films about the Sami people "Kautokeino Rebellion" and "Pathfinder," which is directed by Sami director Nils Gaup.

As our luncheon was coming to an end, it was time find out who held the winning raffle tickets. Every lodge except Embla awarded their raffle items on Friday. Several lucky Embla sisters won:

Karen Bell – hand-carved salad bowl and tongs

Ellen Campbell – dish towel that will be personalized with embroidery

Elene Emerson – kransekake Evelyn Lundstrom-Weiss – red, white, and blue crocheted afghan

Sharon Groeneveld – red knit sweater

Congratulations winners!

by Julie Touchette



## THROUGH HELL and HIGH WATER

You could have heard a pin drop during the film "Through Hell and High Water." Nancy Kelly told her own true story beginning with the time she worked as a secretary in Hammerfest as a young women during World War II.

The Germans burned Hammerfest and all that she had. She fled to her parent's farm only to have to move again to flee from the Germans. She and six other family members spent four months hiding in a small cave in the mountains until the British Navy rescued them.

The Germans torpedoed the British ship she was on, along with 500 other Norwegians that had also been rescued, and they had to abandon ship to lifeboats until the British Navy again rescued them.

The Germans also torpedoed this ship and again they were forced into lifeboats to survive. She met her husband, Archie, on this ship, as he was serving in the Navy at the time. Archie and Nancy married and spent time in Scotland, Canada and eventually in Seattle, Washington where they settled and raised their children.

This is a tremendous heart-warming love story that expands your knowledge of Norway's history. This award winning documentary of 84 minutes is only shown to friends of Nancy Kelly, as it has not been formally released in America. We were very privileged to have the opportunity to have our friend, Nancy, show the film to us and to be available to answer questions.

Diane Nelson

# Dear Embla Sisters,

Tusen takk for the very special Viking Sheep Skin from northern Norway presented to me at Convention.

I love that there is a beautiful monogram quilted piece sewn on the back, saying:

CAROL KEMP
PRESIDENT
GRAND LODGE
DAUGHTERS OF NORWAY
2006–2008
FROM EMBLA LODGE #2

It is also nice that there is a picture of a flock of these sheep grazing on a grassy field at the foot of a mountain in Norway. On the back of the photo, Linda Caspersen (who imported the sheep skin) wrote:

"Viking sheep are native to the area from Namsos to Mo i Rana in northern Norway. They are a pure breed dating back to Viking times; remnants of their fiber have been identified in Viking graves. They are a wild breed, feeding mostly on moss and seaweed. Thus, the small size of 12–15 kilograms in weight is the maximum. Viking sheep produce single births at lambing time in the spring. They are also normally shorn at this time. Norway is now requiring Viking sheep herders/owners to register their flock so they do not become an endangered species. Only 5,000–6,000 can be slaughtered yearly. The fleece they produce is very thick but fine and the meat produced has a delicious, slightly wild gamy taste. These skins are considered a rarity."

I will treasurer this token of love from my Embla Sisters as a remembrance of my term as Daughters of Norway Grand Lodge President 2006–2008.

All is made extra special because of our Centennial and "Celebrating Our Future!"

Lenge leve Døtre av Norge! ("Long live Daughters of Norway!")

Din venn, Carol

Embla Lodge #2 Daughters of Norway 4010 North 36th Tacoma WA 98407 Non-Profit Org. U.S. Postage PAID Tacoma, WA Permit No. 1029

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Thank You Picnic, from Prillar Guri #30, Olympia

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