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EDITORIAL

Publishers Pelted With Costly Releases At Taxpayer Expense

Washington State Governmental Agencies might be more affluent than officials publicly care to disclose.

That is the impression this publisher has after reviewing a barrage of brochures, reports, and published data sent to newspapers by various state agencies. Much of the material has little or no current news value.

We are not referring to the normal dissemination of information vital to public awareness of state departmental activities. Elaborate public relations mailings that usually wind up in the recipient's waste basket are the object of our criticism.

Extravagant Reports A Waste

Biggest waste appears to be departmental annual and periodical reports, often published on expensive paper stock and lavishly sprinkled with large photographs (sometimes in full color) that seem better suited for art gallery display than a taxpayer financed release. Informational content appears to be secondary to "eye wash" in many cases.

One example of posh extravagance is a magazine-type publication entitled WASHINGTON HIGHWAYS released periodically by the Washington State Department of Highways. Loaded with material slanted to give the reader the viewpoint he is getting the most value from his tax dollar, it is more propaganda-oriented than news-oriented. Prepared by a staff of five public relations employees, the magazine's "hard news" content in most cases has been covered by previous releases.

In addition to WASHINGTON HIGHWAYS, this department regularly sends out excellent news releases reproduced on single sheets of standard 8"x11" paper which many news publishers depend upon. However, instead of using regular envelopes, the Highways Department utilizes the over-sized variety usually reserved by the budget conscious for photographs.

State Parks Splurge

Multiple-color processing used in the publication of the annual report recently issued by the Washington State Parks and Recreation Commission covering the period July 1, 1968 to June 30, 1969 provides evidence of the bizarre "Madison Avenue" technique of emphasizing eye appeal over content.

Careful examination of its contents leaves much to be desired. Anything but comprehensive, the report leaves such important items as itemized cost of land acquisitions, cost of administrative services, cost of major studies, major problems encountered, and recommendations for the future up to the reader's imagination. As an annual report issued to disclose the administration of public funds, we feel the State Parks and Recreation Commission has gone to great expense to publish a colossal failure.

Some Reports Informative

Among the few truly comprehensive reports received by this office was the 36th Report of the Washington State Liquor Control Board. Published in a paperback style 136 page book, the report seems to be complete in every respect and without elaborate gingerbread. Two similar book-style releases recently arrived from the State Department of Commerce and Economic Development. The content of these publications would undoubtedly be of value to those in need of such information, but we question the wisdom of mailing such information to publishers when it is not requested. For example, the Commerce Department's book regarding "Impact of Non-Resident Travel on the Washington State Economy" will be of little or no value to this newspaper.

This editorial has singled out only a handful of the various types of communications received from the state during the past year, most of which have long since found their way into the nearest waste basket. Unfortunately, all of it was prepared, printed, and mailed using state funds.

Public Should Be Informed

We certainly encourage the State of Washington to keep the public informed of the various activities of its various departments, commissions, and agencies, by maintaining information channels using the press. But we feel a barrage of expensive "Madison Avenue" type public relations releases tends to destroy confidence rather than build it.

Legislative Action Needed

We recommend that the State Legislature require by law that all printed material originated by any state agency and paid for from state funds declare where it was printed and disclose the total cost of the production. This might be the first step in making it easier on those who foot the bills of their state government.

Few Fire Calls Last Week

Residents of both Parkland and Spanaway Fire Districts enjoyed a relative fire free week during the reporting period of January 8 through the 13th.

Spanaway firemen reported no fires within their district and Parkland had a first aid call and a needless alarm.

Fire District 6
January 10 — First aid call to assist 21-year-old John Tudor, victim of an auto accident at 806 East 112th.
January 11 — Needless alarm at 10016 South Patter-son.

Fire District 7
No reported alarms within district during reporting period.

Trailer Tax Due Jan. 31

OLYMPIA — Trailer owners must now pay their annual vehicle license fees by January 31 instead of March 30, the Department of Motor Vehicles reports.

The 1969 legislature changed the license expiration date, at the same time including a provision that a mobile home or travel trailer license plate must be displayed on "an exterior wall... in a position where it may readily be seen from the road or driveway nearest the trailer."

The January 31 expiration date was adopted so that travel trailer and mobile home licenses would expire at the same time as other vehicle licenses. (However, the expiration date for other vehicle licenses was later extended five days to February 4.)

On their license renewal forms, trailer owners must fill in the number of the school district in which the trailer is located. This is because 60 per cent of their excise tax goes directly to the school district in which the trailer is located.

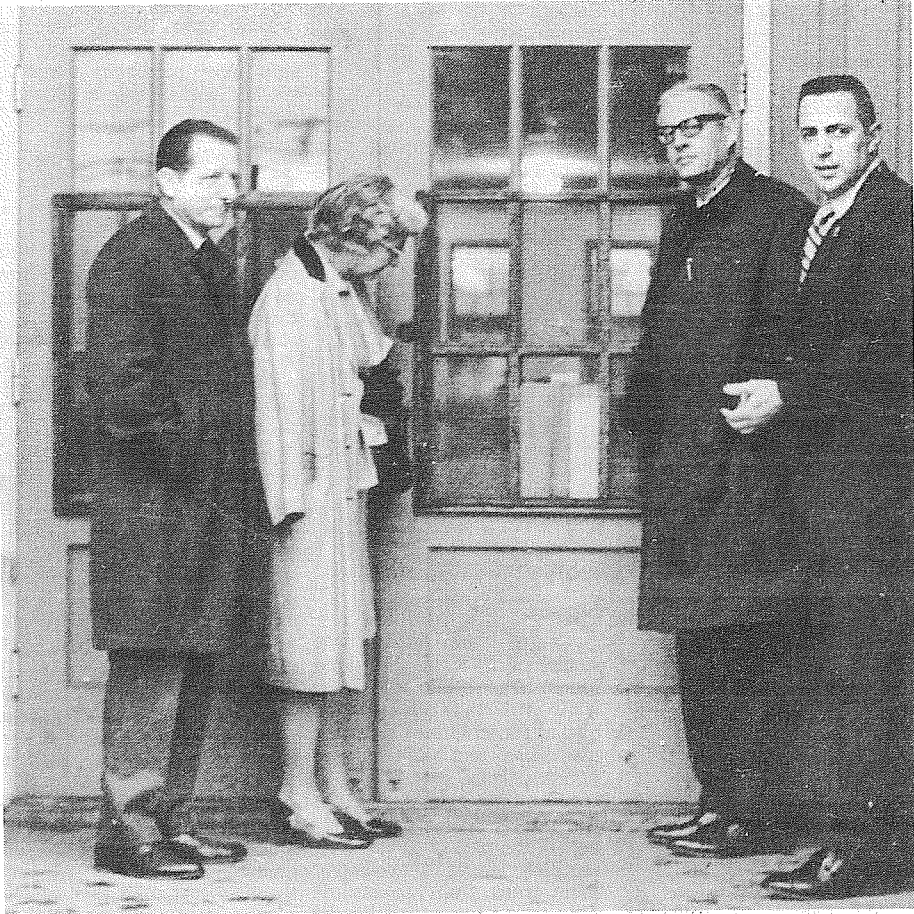
Compensation Bills Introduced Sen. John McCutcheon

Senator John T. McCutcheon (D-Steilacoom) said today he has introduced legislation increasing workmen's compensation benefits.

"Present benefit rates rapidly are falling behind the needs of injured workmen, in these days of inflation," Senator McCutcheon said.

He said the bill would raise such payments as those to a widow from the present \$40 a month to \$75, and for orphan children from \$70 to \$85.

"Other types of payments for death benefits are raised proportionately, to meet today's cost of living," Senator McCutcheon said.



CONGRESSMAN FLOYD HICKS inspected Spanaway Elementary School facilities last week to observe first-hand how Federal Impact has affected Bethel School enrollment. Visiting a condemned building that had been scheduled for demolition, Hicks learned that the old frame structure had been pressed back into service because of spiraling district enrollment. Nearby Federal installations have contributed to increasing numbers of students. Pictured checking the building are Dr. Fred Gramann, Supt.; Mrs. Elsie Berggren, school board president; Congressman Hicks, and Roger Lincoln, Bethel school director.

Sen. Joe Stortini

Senator Joe Stortini (D-27th Dist.) said today he has introduced legislation providing workmen's compensation for persons suffering permanent partial disabilities.

Stortini, chairman of the Senate Committee on Labor and Social Security, said he hoped to call the bill up for consideration early in the special session of the Legislature.

"Limits for the most serious loss of limbs would be raised from the current \$12,000 to \$15,000, with other types of disabilities being raised proportionately," he said.

Public Hearing On 18 Yr. Vote

Senator John T. McCutcheon (D-Steilacoom) said today a public hearing on the question of 18-year-old voting will be conducted Saturday, January 17, beginning at 3 p.m.

McCutcheon, chairman of the Senate Committee on Constitution, Elections and Legislative Processes, said the hearing will be held jointly with the House Committee on State Government. Rep. Thomas A. Swayze Jr. (R-Tacoma) is chairman of the House committee.

"After the public hearing, it is my intention to present the bill to the Senate committee for its formal consideration," Senator McCutcheon said.

He said the hearing will be in the Legislative Building, in the largest hearing room available at the time. Senator R.R. (Bob) Greive (D-Seattle) is expected to join him in sponsoring the 18-year-old vote constitutional amendment, Senator McCutcheon said.

Ray Ozanich JayCee Award Winner

Ray Ozanich was named as the 1969-70 JayCee Distinguished Service Award winner at a banquet held last Friday at the Terrace in Lakewood.

Ozanich was selected from a field of three nominees representing Parkland-Spanaway organizations. Other nominations for the honor included Larry Armstrong, Parkland Business Club, and John Ferran, Spanaway Lions. Nominations were based on individual involvement in their community covering everything from building booths for the PTA carnival to selling Christmas trees for a local service club. The award recipient was nominated by the Parkland JayCeers.

Judges were A.L. (Slim) Rasmussen, former Tacoma mayor; Dick Weeks, radio personality; and Emerson Matson, Times Journal editor. Former Mayor Rasmussen failed to appear, however.

Guest speaker at the banquet was KTNT Radio-TV personality Al Cummings. Bob Reinke was M.C.



SPANAWAY FIREFIGHTER Chuck Mathis is pictured selling the first 1970 District 7 Firemen's Ball ticket to Irv Ball, Spanaway tavern operator. Tickets for the February 21 dance, to be held at the Elk Plain Grange, are available from District 7 firefighters.



Col. Clinton A. Piper, (left) retired reservist and commander of the 6250th Army Hospital in Tacoma, pictured above, was rewarded the Legion of Merit from Col. Albert G. Peterson, (right) deputy commander of the 124th U.S. Army Reserve Command, Ft. Lawton for "exceptionally meritorious service."

Spanaway Reservist Honored

Col. Clinton A. Piper (ret.), Tacoma surgeon, has been awarded the Legion of Merit for "exceptionally meritorious service" as commander of the 6250th Army Hospital, Tacoma, Washington, from February 1965 to May 1969.

The award is the highest a non-active duty Reservist can receive.

Col. Albert G. Peterson, deputy commander of the 124th U.S. Army Reserve Command, Fort Lawton, presented the award and said few Reservists qualify for it.

Under Col. Piper's command, the unit was twice awarded the United States Army Reserve Superior Unit Certificate. It also received superior ratings each year of his command at the annual field training periods and general inspections and three of the annual command management maintenance inspections.

The award cites Col. Piper for demonstrating "an exceptionally high degree of leadership and professional competence in directing the overall hospital activities and training of its personnel."

Col. Piper, who retired last May after 26 years of service of active and reserve duty in the Army, lives at Rt. 1, Box 1799, Spanaway.

Local Demos Support DuPont Schools

In a six point resolution released earlier this week, 29th District Democrats petitioned the 1970 State Legislature to grant through appropriate legislation State accreditation to Laughon High School of the DuPont-Fort Lewis School District.

The resolution points out that after six years of examination by the State Department of Public Instruction, the State Superintendent did in June 1969 recommend to the State Board that Laughon High School be accredited.

Accreditation of DuPont-Fort Lewis Schools would climax a long struggle with the State Board and others who have advocated consolidation of the district with adjacent districts.

The resolution was passed at the January 5, 1970 29th District Democratic Club meeting.

Aliens Must Register

Address Report forms for registration of non-citizens are now available at all Post Offices and offices of the Immigration Service, says John P. Boyd, District Director, United States Immigration and Naturalization Service, in Seattle.

Aliens must comply with this Federal law by the 31st of January, as failure to do so could lead to serious penalties.

Men In Service

Sgt. Oleson In Thailand

U.S. AIR FORCES, Thailand — U.S. Air Force Staff Sergeant Mervyn W. Oleson, son of Mr. and Mrs. William Colbeth of 158 E. 17 W. St., Spanaway, Wash., is on duty at U-Tapao Airfield, Thailand.

Sergeant Oleson is a physical conditioning specialist with the 635th Combat Support Group, a unit of the Pacific Air Forces, headquarters for air operations in Southeast Asia, the Far East and the Pacific area.

The sergeant, who previously served at McChord AFB, Wash., is a 1954 graduate of Sherwood (N.D.) High School and attended the University of Alabama.

His wife is the former Liese B. Ballas from Germany.

Society AND Clubs

Lion

News

During the last three weeks of 1969, all Parkland Lions were especially busy, what with the holiday food basket project, the Christmas tree sales, and sight conservation details, in addition to regular Lion chores. A heart warming and good neighborly part of the tree sales is seeing familiar faces purchasing their trees from Lions lots year after year, as it is known that many of them could have purchased a tree at a site closer to home, or perhaps even at a cheaper price, but, being community conscious they seek to aid and promote that which aids the community as a whole. It is for the understanding cooperation of such citizens that Lions can be most thankful and appreciative.

A service club such as your local Lions Club, being community service minded, can at times bring further assistance to the community by acting as agents for well meaning organizations which are prepared to assist in community needs, but who do not exactly know how to go about disbursement of such assistance or making the necessary investigations as to need. The Parkland Lions have for the past two years acted as agents for a company group of employees who have furnished several hundred dollars to aid sight conservation each year. According to Lion Sight Conservation chairman Vernon Young, the generosity of this employee group as coupled with Parkland Lions' own fund for the purpose have constituted a coalition whereby no reasonable and legitimate request for eye examinations and glasses for children and needy persons in the area have been turned down for at least a couple of years. Truly it is our desire that such will be the case in years to come. (By Lion Ben F. Potter, Club Bulletin Editor)

LEWIS LLEWELLYN

My Lai Incident Raises Question



The My Lai incident has put the Viet Nam war into a different perspective for many people.

Some have felt a collective guilt, as if they and all Americans were personally responsible for the killing of innocent civilians.

Others have felt that the "massacre" pointed up the essential character of all war — killing, wounding, mutilating, destroying.

A New York reader of this column wrote recently, "How do you as a Christian justify the dichotomy of teaching a child, 'Thou shalt not kill' for 18 years and then at the age of 18, through an act of the prevailing government, insist 'Thou shalt kill'?"

This is a problem which has bothered many people for many years.

Is All Killing Murder?

The root of the matter seems to be a misunderstanding of the meaning of the commandment, "Thou shalt not kill," which was quoted by Jesus as "Thou shalt do no murder."

In fact, the commandment as recorded in the book of Exodus is translated in the Revised Version, "Thou shalt do no murder."

That this is the meaning is clear from the fact that the Mosaic law, of which the Ten Commandments are a part, specified that, "He that smiteth a man so that he die shall be surely put to death." Again, in another place, "The murderer shall surely be put to death."

Clearly, murder is forbidden. Just as clearly, execution is commanded.

So there are differences in killing, based on the circumstances.

That the killing of an enemy soldier in battle is quite different from murder is clear to all who are not blinded by their prejudices.

David, when he killed Goliath, was not considered to have disobeyed God's law. Rather, he was praised for a daring, courageous, heroic act.

The accusation in the My Lai incident is that the American soldiers who were involved killed civilians, knowing them to be civilians and presumably innocent of any wrong-doing. This — if it was done — was murder.

If some of our soldiers are guilty of knowingly killing innocent people, they should be tried, convicted, and punished according to the law.

Withdraw Protection?

But for us to take the attitude that, since murder is wrong, we will not protect others from being murdered is totally incomprehensible to me.

In fact, the apparent callous disregard of bloodshed on the part of those who are clamoring for us to abandon our allies in Viet Nam "immediately" is astounding.

It is a matter of record that at Hue the Communists murdered at least 2,300 civilians — and, if all of the bodies could be found, the number might exceed 3,000.

We know that this kind of killing is Communist policy. It was done in Cuba when Castro took over. It was done in China when Mao Tse-Tung seized power there. Red purges in Russia are well known.

How then can those who say that they are against killing want us to withdraw our forces and let the Viet Cong and North Vietnamese Reds kill without restraint?

PLU Institutes Exchange Policy With Concordia

Pacific Lutheran University and Concordia Teachers College, Seward, Neb., have established an instructor exchange policy to become effective during the next academic year.

The exchange policy was announced by Dr. Eugene Wiegman, PLU president and Dr. W. Theophil Janzow, president of Concordia, in a joint statement Tuesday.

"The advantage of having a program of instructor exchange is that it enriches the academic offerings available to students," Dr. Wiegman stated. "We can invite someone to teach here a year who has a certain specialty we don't have and vice versa."

According to Dr. Wiegman, it is becoming commonplace for institutions who feel a certain affinity to each other to establish an instructor exchange policy.

Concordia, a Lutheran Church Missouri Synod college, and PLU, which is aligned with the American Lutheran Church, have been drawn closer together by the recently approved pulpit and altar fellowship between the two Lutheran Church bodies. Dr. Wiegman, a member of the Missouri Synod, is a former Concordia faculty member and administrator and has maintained close ties with the Nebraska institution.

Harold Bass And Harold Moss To Address Methodists

Harold Moss, newly appointed faculty member at UPS and Harold Bass, Pastor of the Hillside Community Church, will speak at the Parkland United Methodist Church Sunday, January 18th, at 6:15 p.m. Both Mr. Moss and Mr. Bass will speak on the subject, Reconciliation In A Broken World.

The Parkland United Methodist Church plans four Sunday evening meetings, each beginning at 5:30 p.m. with a light potluck supper. A movie, encounter groups, and discussions will all be on the theme of Reconciliation. Babysitting for pre-schoolers will be provided and all meetings will adjourn before 8:00 p.m.

Moose Home In Sight

Parkland Moose Lodge 1814 Governor Axel Bjork has announced that a home for the Parkland Moose Members is in sight and announcement, date, location and details will be sent to each member during the month of January.

Until further notice all member meetings are still held at Midland Hall and Officers meetings at the Parkland Light and Water Building. Lodge Legion Activities Chairman George Thrall has announced that the Joint Legion Conclave will be held January 17th and 18th in Marysville, Wash. and urges all Legionnaires to attend.

Boy Scout Chairman Murray Silver reports that Parkland Moose Lodge is now an official sponsor of a boy scout troop and urges all Moose members interested in Boy Scout activities to contact him. Community Service and Civic Affairs activities are bringing many members sharply into focus on the Moose 1970 Civic Affairs campaigns according to Chairman Bob Kennedy who also reports the Christmas program was highly successful and extends his many thanks to participating members. (By Cliff Johnson)

New Books At Parkland

Parkland Library received several books for children this past week, including these new ones: I AM THE DARKER BROTHER, by Arnold Adoff, an anthology of modern poems by Negro Americans; FOOL OF THE WORLD AND THE FLYING SHIP, by Arthur Ransome, a Russian tale; two picture books for young children, UGLY BIRD, by Russell Hoban, and PIGS AND PIRATES, a Greek tale by Barbara Walker; and these books of fiction for older children, DARK VENTURE, by Audrey Beyer, an account of the slave trade; IN SPITE OF ALL TERROR, by Hester Burton, SOUL BROTHERS AND SISTER LOU, by Kristin Hunter; SAIL CALYPSO, by Adrienne Jones, the story of two boys who try to recover a sailboat; GREENS-LEEVES, by Elsie McGraw; and WILLIAM MAYNE'S BOOK OF GIANTS, by William Mayne.

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Vol. 26 No. 2 January 15, 1970

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TYSON'S PRIDE CORNISH GAME HENS	58¢	LB.
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RIVER ROAD AND MERIDIAN PUYALLUP

Psychiatrist Suggests

De-emphasizing Children In Marriage

By Louise Chase
Women's Medical News Service

San Francisco, (WMNS) - The world would be a much better place if there could be a standing offer of \$10,000 to every woman who agreed to be sterilized following the birth of her first child.

Admittedly a fantasy, but Dr. Genevieve Knupfer, assistant clinical professor of psychiatry at the Stanford University School of Medicine, believes strongly that, given the critical nature of the population explosion, we should make a start in de-emphasizing the importance of children.

"I realize that it's very difficult for people to give up having children," said Dr. Knupfer following a symposium on The Contexts of Marriage. "But, while some people ardently desire children, others desire them just because they've been trained to want them. And we could encourage those not very interested in having children, and not make them feel that they're abnormal or strange. Many women are now afraid of the social stigma of remaining childless for fear that they'll be regarded as unwomanly."

Social Value

Modern methods of contraception such as the birth control pill can help stem the population explosion but the psychiatrist believes that a basic change in our social values is imperative. "Everyone could reduce the population by his or her own volition," she points out, "but very few have that much altruism. We could change our values so we wouldn't admire and congratulate people who have a lot of children."

"It's hard to visualize but there might come a day when we'd regard the childless couple as benefactors of humanity and a couple with a lot of children as unduly self-indulgent."

A more enlightened attitude toward the state of being unmarried is also in order, Dr. Knupfer believes. There are incredible pressures forcing a single person to marry, she says.

On the other hand, the psychiatrist recognizes that marriage provides a comforting refuge in an increasingly impersonal society. Although no one really knows who should get married and who shouldn't, certain criteria seems to be quite reliable indications of what will happen to a marriage.

Plus Factor

Good omens listed by Dr. Knupfer are: a college education, income above \$5,000, an emphasis within the relationship on companionship rather than passion, a long engagement and frequent exchanges of confidences. The hasty, youthful marriage based on a round of parties and night-clubbing will probably end up in the divorce courts or misery.

Studies of marriage have unearthed one particularly piquant fact: Despite all those in-law jokes, being close to one's parents increases the likelihood that your marriage will be a good one!

WOMEN'S WORLD

the *Second Forty*
by Margaret Brookfield

A FORUM ABOUT MATURE WOMEN

Husband Problem

Dear Miss Brookfield:

I have 10 children, a home, a car, and no financial problems. But I do have problems with my husband. He is always telling me to leave. If I try to, he begs me to stay. As a result, I ache all the time, my blood pressure is up and I have a terrible time losing weight. Can you help me?

D.B., West Monroe, La.

Dear D.B.:

First, get in that car and go to your doctor. Have your blood pressure checked and talk to him about a diet for your overweight. As to the family problems, we suggest you try to obtain outside help: your clergyman or a family counselor. Eventually, either one would have to talk with your husband, too, to get at the core of the trouble.

Family Dinner

Dear Miss Brookfield:

When we have a family gathering that includes grandmothers and young children, who is served first at the table: the aged, the hostess or the children?

E.D., Lancaster, Mass.

Dear E.D.:

There are no hard and fast rules in an informal family get together, according to authorities on etiquette. The guests should be served first, so you might start with the grandmothers, the grandfathers next and so on.

Brighter Future

Dear Miss Brookfield:

A question, not a problem, prompts this inquiry. I am a married woman of 40, in good health and happily married. Yet I view the menopause with dread, not because I will be unable to have more children (I have three wonderful children) but the recollection of what my mother went through at this time is still vivid. She was nervous, irritable and extremely upset. It was a very trying time for all

of us. Isn't it likely that I will have the same symptoms?

G.H., Easton, Md.

Dear G.H.:

If you do happen to be the one out of two women who suffers distress during the menopause, due to any of a number of symptoms, it is now possible for your doctor to offer relief through medication. This wasn't possible before. Consequently, those women — such as your mother — whose intense symptoms could not be relieved helped to give the menopause a bad name.

Many of the menopausal symptoms are caused by an imbalance of the female sex hormone, estrogen. But now it is possible to make up for this hormone deficiency, when it exists, with estrogen replacement therapy.

Dr. G. Lombard Kelly, of the Georgia Medical College, explains estrogen replacement therapy as follows: "In diabetes, for instance, the pancreas does not supply enough insulin for the body to make the proper use of sugars and starches and the physician prescribes insulin or other medication. Similarly, depending upon the severity of the menopause symptoms, the physician will prescribe hormone treatment to make up the deficiency of estrogen." He explains that when the ovaries are not producing enough estrogen, this medication will restore equilibrium. "In this way the various discomforts of the menopause can be alleviated or in most cases cured."

So, G.H., stop worrying. Talk to your doctor.

Have you a problem as a mature woman, or with one? For advice and help write to Margaret Brookfield, Information Center on the Mature Woman, 3 West 57th Street, New York, N.Y. 10019.

Driver Vision Study Released

OLYMPIA — Night driving may pose special hazards for three out of 10 drivers, according to a recent vision study by the Department of Motor Vehicles.

In special vision tests given to 285 male drivers, researchers found that 32 per cent had "almost no ability" to see darkened objects when bright lights were simultaneously within their range of vision.

This "glare vision" test was only one of several special vision exams given to 177 men with poor driving records and 108 with good driving records. (A "poor driving record" was defined as at least two accidents within the past year or two accidents and two violations in the past two years.)

The groups were also tested for depth perception, double vision, peripheral vision, eye muscle imbalance, general night vision, static visual acuity (the conventional eye chart test), and dynamic visual acuity (ability to discern moving objects).

The study was an attempt to find out (1) if drivers with numerous accidents and citations on their records have more vision defects than drivers with clean records, and (2) which vision defects are most closely related to poor driving records.

No relation between driving record and vision test scores was found, research chief Al Crancer of the motor vehicles department reported. In fact, drivers with poor records scored significantly better on many of the tests, indicating that persons with vision problems may be inclined to compensate by driving more carefully.

The test subjects were all between 50 and 70 years old and were required to take the test. Thus variances caused by age differences and a possible self-selection bias were avoided.

The study was originally designed to find out whether additional types of vision tests should be added to the conventional static visual acuity test now administered to driver license applicants.

In view of the findings, no new tests are contemplated, Motor Vehicles Director Doug Toms said, with the possible exception of the glare vision test.

"Even though glare vision is not correlated with a poor driving record, it seems to be a dangerous defect of which the driver should be made aware," he said.

The testing was conducted by John George and the report compiled by Crancer and Peggy O'Neill of the research division.

"Dowager's Hump" Treatment Found

By Frieda Kaye

New York (MW) — A group of medical scientists agrees that osteoporosis, a weakening of bones that leads to a loss of height and "dowager's hump," — the bent back of many elderly women — can be arrested or slowed down with estrogen, the female sex hormone. They discussed their findings in a film produced for distribution to physicians.

Dr. Allan C. Barnes of Johns Hopkins Hospital, who narrates the film, recommends the preventive use of estrogen well beyond a woman's menopausal years. Agreeing with him are Dr. Gilbert S. Gordan of the University of California Medical Center and Dr. Herman Kantor of Southwestern Medical Branch, University of Texas.

Dr. Gordan, who has treated postmenopausal osteoporosis with estrogen for over two decades, finds that his hormone retards further height loss in his patients. For this "crucial reason," he concludes that estrogen is the "one treatment which we know to be effective at the present time." Like other medication, estrogen also relieves the localized, lower back pain of osteoporosis in many women.

Symptoms of Osteoporosis

About a fourth of women will suffer from osteoporosis after the menopause, it has been found. Their bones become thinner, lighter and contain less calcium. As a result, the bones become brittle and are easily fractured. Two thirds of the one million fractures — frequently of the hip or wrist — sustained by women 45 or older in the United States alone each year are attributed to postmenopausal osteoporosis.

Osteoporosis also alters a woman outwardly because the spinal column is affected. Due to an increasing loss of protein, calcium and other minerals, the bones of the spinal column become subject to what doctors call "compression fractures." As a result, the spine becomes shorter, leading to a loss of height and the dowager's hump. This height loss can be dramatic. One study on postmenopausal women showed that some had "shrunk" as much as five inches.

Many studies link postmenopausal osteoporosis to a deficiency of the sex hormone, estrogen. One study, conducted by Drs. Gordan and Eugene Eisenberg on 220 women suffering from postmenopausal osteoporosis, found that none showed any further height loss or fractures after estrogen replacement therapy was started.

Dramatic Case Reported

In the film, Dr. Gordan vividly illustrates the results of estrogen replacement therapy on an elderly patient. Originally she measured 64½ inches. She first came for treatment 17 years ago when the diagnosis of osteoporosis was established. At that time, she had already lost eight inches in height. Today, after 17 years of estrogen medication, there is no evidence of further loss. She also leads an active, vigorous life.

Kr. Kantor, reporting on research conducted among a number of women at a home for the aged, said estrogen was given to determine if the restoration of hormonal balance would give these patients — whose average age was 80 — a more positive outlook. He found that while some, due to brain deterioration that comes with age, did not improve, others "responded rather encouragingly, some rather brilliantly."

Doctor Reveals Death's Sensations

London (WMNS) — What does it feel like to die?

"I felt something inside me running down very quickly. The customary ward sounds rapidly receded, there was a singing in my ears, and vision faded. That is all I remember."

The first-hand report comes from an expert witness, an anonymous doctor who died while hospitalized for a heart attack and was then brought back to life by external heart massage and other methods of resuscitation. He was able to follow most of what was being done to him despite the fact that he temporarily lost his sight, his speech and muscle control.

"I experienced a sensation of being plugged into something with a corresponding feeling of relief," he recalls in the British medical magazine, The Lancet, correctly guessing after a few moments that he had been attached to a respiratory machine.

Even when he appeared to be unconscious, the doctor-patient overheard much of what was said about him by attending physicians and nurses. He realized that a new consultant was on the scene because of the distinctive way the arrival breathed and moved his stethoscope.

"I have now entered on my second life with zest," the recovered man concludes.

LONG-LOST CONTACT LENS

Toronto (WMNS) — As every wearer of contact lens knows, a lost lens usually stays lost.

However, ophthalmologist Ellis Shenken had a patient who found a lens 40 months after it was lost. And in his own eye!

A punch in the eye had pushed the lens into his eyelid where it remained unnoticed. The patient, thinking the lens had dropped to the floor, ordered a new lens. Eventually, however, he decided to find out why his eye kept discharging and why his new lens kept popping out.

When Dr. Shenken found and removed the embedded lens, both questions were answered.

Dryer MORTUARY
(134th & Pacific)
PARKLAND

The Country Parson



"When a man's car—or character—gets dented and blamished, he quits trying to polish it." Copyright by Frank A. Clark

Dryer MORTUARY
(134th & Pacific)
PARKLAND

BIRTHS

Good Samaritan Hospital

Good Samaritan

1-1-70 Mr. and Mrs. David Glau, boy 861 South 107th, Tacoma.

1-1-70 Mr. and Mrs. Roman Seifert, boy 7617 47th Ave. E., Tacoma.

1-6-70 Mr. and Mrs. John Wellard, boy Rt. 1 box 1162, Spanaway.

1-6-70 Mr. and Mrs. Ronald Snowden, girl 4909 East 96th, Tacoma.

LAKWOOD GENERAL

Mr. and Mrs. Erick Anderson, 644 169th South, Spanaway, Washington, Baby Boy, January 4, 1970.

Mr. and Mrs. Lesly E.

Women's Clubs

British Wives To Meet

St. John's Lutheran Church Hall will be open at 7:30, January 16 for all members of the Tacoma British Wives Club, a Branch of the Transatlantic Brides and Parents Association, for the monthly social meeting.

Hayes, Rt. No. 1 Box 1180 B, Spanaway Washington, Baby Boy, January 5, 1970.

Mr. and Mrs. David E. Hansen, 2121 East 65th Street Tacoma, Washington 98404, Baby Girl, January 8, 1970.

Angelo's PIZZA HOUSE

ORDERS TO GO

Featuring top sirloin and American dishes, spaghetti, rigatoni, meat balls, sausage, ravioli, beer and wine.

Choice of Pizzas

cheese & tomato	bacon
anchovie	peppers
mushroom	olive
italian sausage	hamburgers
pepperoni	ham
tuna	salami
	onion

LE 7-7233
14102 PACIFIC AVE.
PARKLAND

CALL AHEAD, IT'S PIPING HOT ALL THE WAY HOME

PICK UP A BOX, PAIL, BUCKET OR A BARREL

Auto Death Rate Drops

State Patrol Chief Will Bachofner paid tribute today to the approximately 1,800,000 drivers in the State of Washington. Reason for the praise was the 4.1 death rate for the year 1969. This death rate is the lowest figure ever established in the history of our State, said Chief Bachofner. The death rate figure means that 4.1 persons lost their lives for every 100,000,000 vehicle miles traveled.

"Another figure of which we are very proud," said the Patrol Chief, "is the 105 fewer lives that were lost in 1969 as of midnight December 31, compared to the same period in 1968. When virtually every other state throughout the nation experienced an increase in traffic deaths last year, our State showed a decrease of 105," he said.

According to many traffic experts, one of the prime rea-

sons for the improved traffic safety record has been the Implied Consent Law, which went into effect on December 5, 1968. This law requires any driver who has been arrested for driving while intoxicated to submit to an alcohol breath test or forfeit his right to drive for a period of six months. This particular violation has been at or near the top of the list of fatal accident causes for some time.

Chief Bachofner also had high praise for his own State troopers and other enforcement agencies throughout the State for their part in this life-saving program.

Chief Bachofner's goal is to have the State of Washington the safest State in the nation in which to drive an automobile. The goal is not too far afield, nor impossible; for Washington has consistently been near the top among all states in so far as driving safety is concerned.

"Regardless of our goal or what the records may be," said Bachofner, "the trend of

Wins Award

"Trespass," a color intaglio print by Keith Achepohl, artist-in-residence at Pacific Lutheran University has been awarded the A.P. Hanks Memorial Prize in the Philadelphia Print Club's current exhibition of juried prints.

The exhibition is an annual show open to print club members throughout the world. Two prints by Achepohl were selected by the juror.

The prize-winning print received a purchase award and will become a part of the permanent collection of the Philadelphia Museum of Art, the third Achepohl print to enter that collection.

saving lives last year can carry over into 1970; but it will take the continued support of the driving public," he said.

"We can show the rest of the nation that we are doing something about traffic accidents — we are saving lives," Bachofner concluded.

OPPOSITE EFFECT

Seattle, Wash. (WMNS) Refusing to prescribe birth control pills or other contraceptives to teenagers may well be counterproductive, say four physicians at the University of Washington Medical School. Which is to say, the refusal may actually encourage risk-taking.

Since teenagers are rebellious, say the doctors in an article in Post-Graduate Medicine, they usually feel they must do what adult society forbids. But if the adolescent is made responsible for his own behavior, he is free to make a reasoned decision.

The doctors, who favor prescribing contraceptives without a fuss to adolescents, suggest asking a teenager, "Is this what you really want?" In their own practices, the doctors have found that this approach, backed up by some supportive counseling and contraceptive advice, has caused many teenagers to modify their sexual activities or even decide to abstain.

Sumner Man Arrested After 25-Mile Chase

Eleven law enforcement vehicles were involved in the arrest of a 27-year old Sumner man who was involved in a 25-mile chase following the abduction of a Tacoma secretary.

Doyle Richardson, the suspect, who gave his address as 7110 151st E., Sumner, is being held in the Kittitas County Jail. He was the subject of an all-points bulletin in eastern Washington following the abduction Friday afternoon of 21-year old Arlene Corbin,

of 2211 Chesney Road E., Tacoma from Parsons Landscaping, Inc, where she was employed.

When law enforcement officers moved into arrest Richardson, he was armed with two pistols. The girl was unharmed.

The Kittitas County prosecuting attorney has advised Kittitas County Sheriff Bob Barrett that Richardson will be formally charged, with second degree assault. Bail has been set at \$10,000.

BOWLING

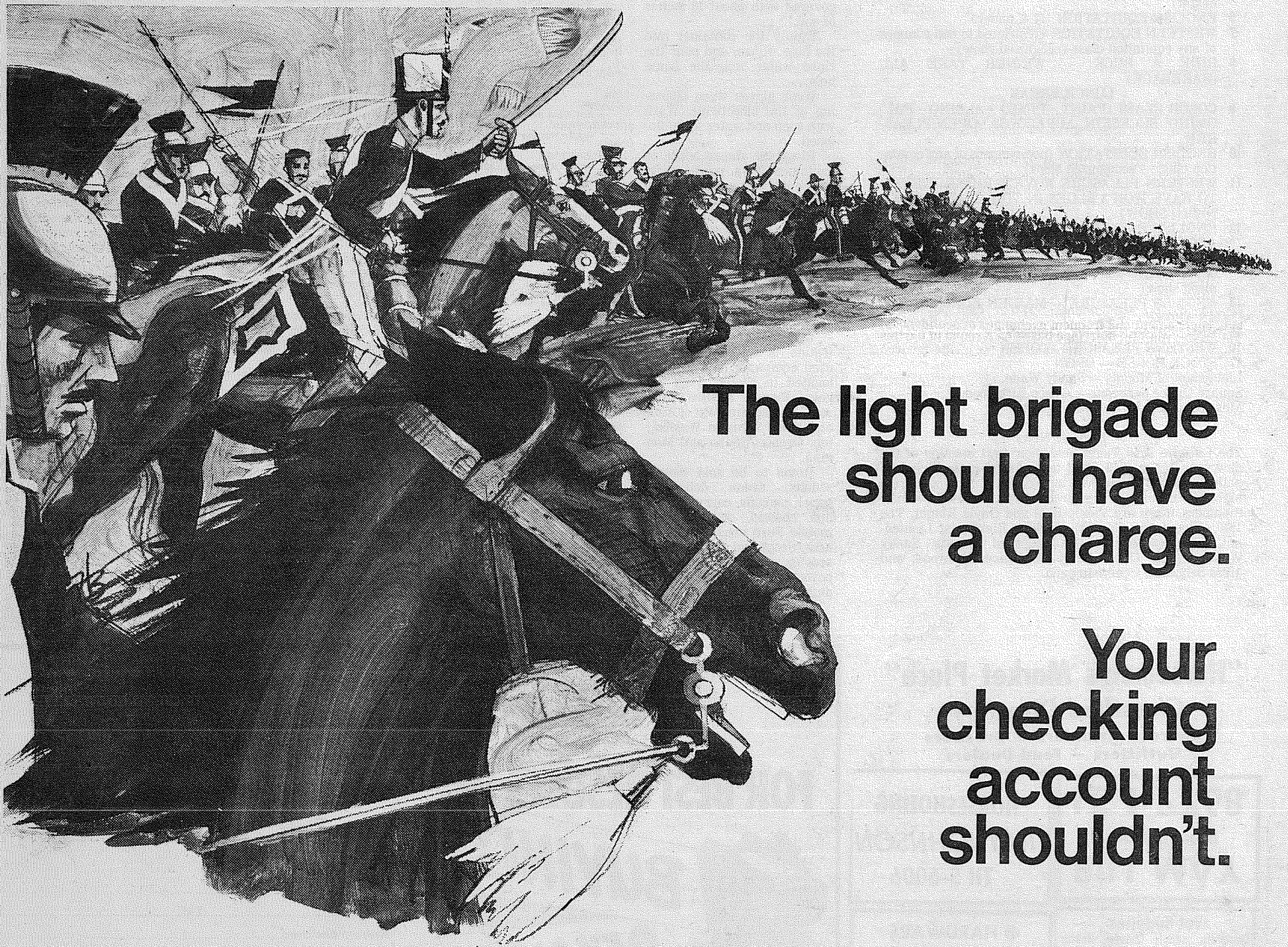
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Sunday Until 1 p.m.

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a charge.

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HORSEMEN'S NEWS

Over The Fence Rail

By Barb. Menge



Pana Page at Tacoma Unit No. 1

Harry Twomey, resident trainer of Tacoma Unit No. 1, has recently leased Pana Page, registered Quarterhorse, now standing stud at the Tacoma Unit No. 1. Pana Page is owned by Jerry Stenick of Rainier, Oregon. The eight year old stallion is sired by Page Lee out of Zella Hep. Future plans for Pana Page include an introduction to the AQHA shows in the area.

Winter Prep Show

January 17 will mark the date for this month's Winter Prep Show, to be held at the Tacoma Unit No. 1. Graeme Stewart will judge the one-day show. February's Winter Prep Show will be held on the 17th. Early entries may be mailed to 6408 150th S.W., Tacoma, Washington 98439. The following classes will be offered on Saturday, beginning at 10 a.m.

- 1a FITTING & SHOWING JR.
- 1b FITTING & SHOWING SR.
- 2 WORKING HUNTER
- 3 WESTERN EQUITATION — 17 & under
- 4 JACK BENNY OPEN PLEASURE (for riders over 39 years of age)
- 5 HACK CLASS (to include 2 jumps of minimum height)
- 6 ENGLISH EQUITATION (17 & under)
- 7 WESTERN EQUITATION (restricted to non-winners of any equitation class-recognized show)
- 8 RIDE A BUCK — WINNER TAKE ALL (BAREBACK)

LUNCH BREAK

- 9 COLOR CLASS (PAINT - PINTO - ALBINO - PALOMINO, BUCKSKIN, APPALOOSA) OPEN PLEASURE
 - 10 ENGLISH EQUITATION (non-winners of any equitation class — recognized show)
 - 11 WESTERN PLEASURE NOVICE RIDER (NEVER TO HAVE WON 3 BLUES IN THIS CLASS-RECOGNIZED SHOW)
 - 12 ENGLISH PLEASURE NOVICE RIDER (SAME AS ABOVE)
 - 13 WESTERN PLEASURE — MAIDEN HORSE (Horse never to have won a western pleasure class in recognized show)
 - 14 ENGLISH PLEASURE — MAIDEN HORSE (SAME AS ABOVE)
 - 15 ENGLISH PLEASURE — OPEN
 - 16 WESTERN PLEASURE — OPEN
 - 17 STOCK HORSE — OPEN
- Lieutenant of Mounts — Sandy Wade.
Square Dance Sergeant — Grace Kirkwood.
Mess Sergeant — Cheryl Bengen

Larriette News

The Larriette Drill Team held their first meeting of the new year January 12. Drill team future plans include a potluck dinner to be held on February 26, and a ride night on February 2. The girls have also elected two new members. They are Vickie Beul and Gayle Knight. The 1970 officers are, Captain, Darlene Riebli; 1st Lieutenant, Francis Chapin; Lieutenant of Mounts, Sandy Wade; Square Dance Sergeant, Grace Kirkwood, and Mess Sergeant, Cheryl Bengen.

Pesticide Disposal Outlined

By Frank Johnson
County Extension Agent

Restrictions on the sale and use of the pesticide DDT by the State Department of Agriculture have started phones ringing in county Extension offices throughout the State, according to officials at Washington State University.

Most of the requests are for information on how to dispose of materials presently on hand.

Specific recommendations for the homeowner are reported from WSU. The remaining pesticides should be used up if possible. They are legal to July 1, 1970.

Beyond this:

Don't flush pesticides down toilets or drains.

Don't deposit close to streams, ponds, wells or ditches.

Don't pick a spot where children or pets are likely to dig or play.

Don't puncture or burn aerosol cans.

Dig a hole deep enough so that the pesticide can be covered with about 18 inches of soil.

Empty the container into the hole. Rinse, and pour the rinse water into the same hole.

Wear gloves when disposing of the insecticide. Wash with soap and water when finished.

Place the rinsed bottle or container in a paper sack. Break it if it is a bottle. Place in the garbage can.

If there is no suitable pesticide disposal site on your property, contact your local health department sanitarian.

Surplus Vehicles Offered For Sale

General Services Administration is offering for sale used equipment and vehicles located in Blaine, Port Angeles, Renton, Auburn, Tacoma, Steilacoom, Ft. Lewis, and other areas in Washington, Oregon, Idaho and Montana.

Items to be sold include sedans, sedan deliveries, panel, pickups, carryalls, cab and chassis, dump trucks, mobile Ford vans, 4x4 Wagoneer, Scout and Jeep, 3 wheel scooter, grader — Cat 12, low boy trailer 5 ton, forklifts and dump box.

Above equipment at Au-



PARADISE BOWL

EXPRESS Dick Breon 540; Geo Moe 190; Betty Breon 469, 174.

ROLLING BEES Helen Olson 189-203-178, 570; Vera McMillan 210.

THE BELLES Martha Hayes 514; Ellen Kraiger 222.

PINETTES Cleo Andreasen 198-187-203, 587; Jean Daniel 207.

"600" MIXED Woody Clapham 554, 215; Dee Cossey 476; Doris Whitman 219.

INDUSTRIAL Bill Wold 587; Murray Calcote 214.

SPORTSMAN Ed Amundson 588; Geo Tippie 223.

FRIENDLY DBLS Chris Cope 485, 202; Augie Rochr 565, 218.

PREMIER Al Ausburn 234; Larry Meredith 198-223-201, 622; Vince Brown 222-182-213, 617.

SR. CITIZENS Arnie Thorsen 561; Francis Sloop 235; Clara Friederick 521, 194.

FRANKLIN PIERCE FACULTY Russ Fulkerson 593; Jim Newton 225; Eleanor Ervin 542, 204.

TOP ROLLERS Ann Harris 541, 221; Emiel Giroux 552, 221.

MIXERS Bob Naopuu 575, 221; Wava Thompson 520; Shirley McMillan 189.

GRAHAM Helen Glenn 543; Rose Eveleth 194; Denny Daugherty 573; Bob Sims 209.

EAGER BEAVERS Misako Gacner 180-212-171, 563; 212.

BIRDS OF PARADISE Cathy White 520; Ruth Almont 210.

HI-LOWS Dorothy Clark 522-197.

850-SCRATCH Russ Fulkerson 135-252-214, 601, 252.

CLASSIC Bill Wold 590; Les Boettner 231.

EVERGREEN Gordy Harless 553; Gene Kettre 206.

BOWLERETTES Sonja Kline 511, 209; Sydney Anderson 511.

MOD QUADS Marion Skelton 216; Bill Emmert 567; Dottie Campbell 485, 192.

LAST NITERS Walt Daniel 585; Don Butts 225; Jean Daniel 542; Jonie Hildreth 218.

burn may be inspected January 12 through January 23, 1970, except Saturday and Sunday, 9 a.m. to 3:30 p.m.

Bids for the above, Sale No. 10DPS-70-260 will be opened and publicly read at 10 a.m., January 27, 1970 at the Business Service Center, Federal Office Building, Room 1003-1009, 909 First Avenue, Seattle, Washington 98104. Further information on locations and copies of the above sale may be obtained by contacting GSA Center, Sales Branch, Auburn, 833-6500, Ext. 494, or from the Business Service Center.

County Casaba Schedules

Morton Medics and Briggs' Thunderbirds, each victorious in its first league opener, will collide Wednesday in Eatonville in the feature Cross-County basketball league contest.

Morton tripped Bird Construction 93-76 in its opener and Briggs' T-Birds shaded Parkland Youth Activities 75-56. In the second game of Wednesday's double-header, Malcom's Shop-Rite will entertain Parkland.

Another unbeaten match shapes up Thursday in the American League when the veteran Stud Oldtimers meet Frontier Lands at 7 p.m. at Mann Junior High in Lakewood.

Two additional perfect records will be spoiled in the two divisions of Senior Boys play. In the East, the Puyallup Lettermen and F.P. Crabs will carry marks of 1-0 into a Thursday game in Puyallup at 7 p.m. The featured West game sends the University Place Lions against Tacoma Screw Products at 8:30 in the Curtis Junior High gymnasium.

Schedules, week of Jan. 19-22:

CROSS-COUNTY

MONDAY (Jan. 19) — Berg's Tavern vs. Bird's Construction, 7; Ford; Morton Medics vs. Malcom's Shop-Rite, 8:30. TUESDAY — Gig Harbor vs. Briggs' Thunderbirds, 8:30. Western State, THURSDAY — Parkland Youth Activities vs. Manke & Sons, 7; Mann; Morton Medics vs. Gig Harbor, 8:30, Mann.

AMERICAN

TUESDAY (Jan. 20) — Rejects vs. Len's Haven, 7; Western State. WEDNESDAY — Whittaker Chalet vs. Stud Oldtimers, 8:30. Ford. THURSDAY — Frontier Lands vs. Pierce County Refuse, 8:30. Woodbrook.

NATIONAL

TUESDAY (Jan. 20) — Wagonblast Chevron vs. B.B. Glass, 7; Keithley; College Community Club vs. Puyallup Eagles, 8:30. Clover Park; Star Iron & Steel vs. Sumner Active, 8:30. Keithley. WEDNESDAY — Len's vs. Tacoma Motorcycle, 7, Ford.

SENIOR BOYS EASTERN

WEDNESDAY (Jan. 21) — Dyslin Demons vs. Super Zonkers, 7; Bethel; F.P. Crabs vs. Fife Trojans, 8:30. Sumner; Bethel vs. Puyallup Lettermen, 8:30. Bethel; Sumner Golds vs. Sumner Purples, 7, Sumner.

SENIOR BOYS WESTERN

THURSDAY (Jan. 22) — Collins Service vs. Tacoma Screw, 7, Curtis J.H.; Lakewood Lakers vs. UP Boosters, 7; Woodbrook; UP Lions vs. Spadoni Brothers, 8:30. Curtis J.H.

CHURCH HIGH

TUESDAY (Jan. 20) — Puyallup Valley Baptist vs. Trinity Lutheran, 7; Puyallup; Bethany Baptist vs. YBA Seniors, 8:30. Puyallup.

Somthin' Old,
Somthin' NEW,
Somthin' For Me,
Somthin' For YOU . . .
In Classified Ads —

Bethel Tops Tahoma

Bethel took advantage of Tahoma's cold first half shooting and out shot Tahoma 76-41 in a non-conference game at Tahoma's gym Saturday night.

Brave aces Bob Neihl and Dick Platt paced their team in the win over Tahoma with 22 and 13 points, respectively. Greenlee led the losing team with 17 points before fouling out in the fourth quarter.

Bethel led throughout the whole game and had a demanding lead of 33 to 8 at half time. Every Bethel player on the team got to play in the game.

The tribesmen lead all statistics in the game. The Braves controlled the boards during the game and out rebounded Tahoma 36 to 22. Bethel shot 9 more times at the basket than did Tahoma and made 7 more shots too. The Bethel Braves shot 49 per cent at the field to Tahoma's 46 per cent. They made 6 more shots at the Free Throw line even though both teams had the same amount of shots at the line. They both had 24 shots at the line.

Bethel's next opponent will be White River at 8 p.m. January 17 at Bethel High School.

Girls' Basketball

Russ' Mobil, the Lakes Lions and the Indianettes will carry the roles as favorites into the Pierce County Park Department's 1970 schedule of women's and girls' recreation basketball competition.

Based on the results of pre-season jamborees, the three teams are expected to be contenders for county-wide championship honors. Russ' Mobil defeated Pozzi Brothers 20-9 in the women's jamboree title game.

In the Senior Girls jamboree, Lakes Lions edged the Puyallup Rotary for top honors and the Indianettes finished a hot second to the city junior girls entry Sabrettes in the jamboree finale.

Schedules for the week of Jan. 19-22:

SENIOR GIRLS

MONDAY (Jan. 19) — N.O.T. vs. Lakes Lions, 7; Woodbrook; Puyallup Viks vs. Soine's Loafers, 8; Woodbrook. TUESDAY — Puyallup Rotary vs. Sumner, 6:30; Puyallup; Orting vs. Warriorettes, 8:30; Puyallup; Mountaineers vs. Gig Harbor Thrifway, 8:30, Mann.

JUNIOR GIRLS

TUESDAY (Jan. 20) — Soine's Shoes vs. Mann, 6:30; Mann; Edgemont Eaglettes vs. Indianettes, 7:30; Mann; Dairy Dell vs. Orting Falcons, 7:30. Puyallup. WOMEN'S THURSDAY (Jan. 22) — McKnight Foods vs. Midland Oil Sales, 6:30; Keithley; Russ' Mobil vs. Buffons, 7:30; Keithley; Fort Lewis vs. Pozzi Brothers, 8:30. Keithley.

"Horsemen's Market Place"

Classified Directory

Board — Trainers — Breeders
Outfitters — Feed Dealers

LE 1-7768
Horseshoeing
BILL MAY

HORSESHOEING
RAY JOHNSON
TH 5-6006

Vet Supplies
Complete supply animal health products.
Franklin - Farnam - Anchor at
ASHMORE'S
Spanaway Drugs
165th & Pacific Ave. LE 7-5993

● HARDWARE
● BUILDING SUPPLIES
South End Hardware
S. 185th & Pacific - Spanaway

NOW OPEN IN NEW LOCATION
LE 1-4555
RODEO CUSTOM SHOP
Dean & Dodie Vosburg
Complete Saddle Repair Shop - Western Wear English Tack & Togs
17302 Pacific Spanaway, Wash.

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Legals

Abandoned Vehicles For Sale

In Compliance with Revised code of Washington No. 46.52.110 Graham Garage will sell to the highest cash bidder at Rt. 1 Box 535, Graham, at the hour of 10 a.m. on January 19, 1970 the following vehicle: 1959 Mercury BFU 716. Published in the Times Journal & Pierce County Herald Jan. 15, 1970.

Abandoned Vehicles for Sale

In compliance with Revised Code of Washington No. 46.52.110 Lucky Towing will sell to the highest cash bidder at 13520 Pacific Ave. At the hour of 10 a.m. January 19, 1970 the following vehicles: Pontiac 1962 — JFE 515 Triumph Yr. ? — BBJ-116 Pontiac 1959 — BCZ-615 Published in the Times Journal & Pierce County Herald January 15, 1970.

IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR PIERCE COUNTY

NO. 192952 SUMMONS BY PUBLICATION

DELMAR A. MOHS, Plaintiff, vs ANNMARIE E. MOHS, Defendant.

THE STATE OF WASHINGTON to the said ANNMARIE E. MOHS, Defendant: YOU ARE, HEREBY, SUMMONED to appear within sixty days after the date of the first publication of this Summons, to-wit: within sixty days after the 29 day of December, 1969, and defend the above-entitled action in the above-entitled Court, and answer the Complaint of the plaintiff, and serve a copy of your answer upon the undersigned, attorneys for plaintiff at their office below stated; and in case of your failure so to do, judgment will be rendered against you according to the demand of the Complaint, which has been filed with the Clerk of said Court. This is an action for divorce upon the grounds that defendant has abandoned the plaintiff.

PETERS & TRACY By: s/Phillip S. Tracy Phillip S. Tracy Attorneys for Plaintiff

Published in The Pierce County Herald and Times Journal Jan. 8, 15, 22, 29, 1970, and on Feb. 5, 12, 1970.

24 Work Wanted

PROFESSIONAL typing service resumes. — Letters — mailing lists — All types of mimeograph work. Photo copier — LE 1-1740 — Davis Office Supply — 12147 Pac. Ave. 69-328TFN.

PROF. JOB RESUMES. Need a red carpet position? Call Jeanne MA 7-6357 anytime.

27 Misc. Services

PIANO TUNING & Repair. LE 1-1021 or SK 2-7695. 69-179 TFN.

Attention MOBILE HOMES We install poles, power service, complete to trailer. Emergency Service Day or Night. LE 1-0593 E&S Electric 13621 Pacific

MILLIES STYLETTE BEAUTY SHOP Latest in Haircuts \$2.50 Open Mon. thru Sat. LE 7-8042

BILL PROBLEMS For Immediate Help Call MA 7-1700 Live Easier Pay One Place MONEY MANAGERS 232 Security Bldg. 915 1/2 Pacific Ave.

Midland and Pacific Ave. Areas Carriers Wanted A few routes open Times Journal LE 7-0223

READ USE CLASSIFIED ADS for fast results

LE 7-0223

1 Misc. For Sale

BARBER CHAIR, Koken (Barrel), \$195. Lather machine, \$20. LE 1-0151.

EASY TERMS — FREE DELIVERY HOME FURNITURE 9324 So. Tacoma Way OPEN 10 to 9 DAILY OPEN SUNDAYS, 1-5

Walnut Console. Piano. Like new, assume small mo. payments. Phone adjustor, BR 2-5282 69-325.

TOP SOIL, Gravel. LE 1-1124. 69-1

2 Autos For Sale

1957 CHEVY. 283-automatic; 2-door htdop. Mags on front chromes on back. Tuck & Roll interior. Metal flake paint. Good! running condition. \$750.00 cash. Call VI 7-2091 after 5:30 p.m.

NEW- MORE POWERFUL the 1970's ARE HERE

VOLKSWAGEN 27 MAJOR CHANGES

COME IN Tom Carstens AUTOHAUS 7030 So. Tacoma Way GR 4-0666 Tacoma Dealer Since 1955

1957, 3/4 TON PICKUP. Runs good, needs work. Best offer. LE 1-6069. 69-262

9 Animals For Sale

PETS — Saint Bernards AKC Registered. \$175.00 & less. LE 7-3773. 69-320

SAINT BERNARD puppies. Registered A K C. Pedigree championship line. Large Breed. VI 7-2819. 69-303TFN

15 Mobile Homes

DO YOU NEED a mobile home moved or set up? Well then, call the best, Mobile Home Transporters. Licensed and insured movers. They'll move you anywhere in the state of Washington with care!!! Call LE 1-6069.

MOBILE HOME SPACE out in Bethel Green Acres. School buses right at door. Ready to hook up any trailer. \$29 a month. Call LE 7-0223, days; VI 7-7364, nights — ask for Darlene or Jack.

MOBILE HOME SPACE complete with newly renovated 14'x20' add-a-room. Separate utility room wired for washer and dryer with its own electric hot water tank, plus space in adjoining carport for your car or small boat and trailer. If you are cramped in your trailer now this add-a-room will make living much more comfortable. Big yard. City buses by the door. Prefer childless family or one with infant only due to rentals in carport. Only \$55.00 per month. Phone LE 7-0223 days or VI 7-7364 evenings. Ask for Jack or Darlene.

18 Real Estate Wanted

Listings Wanted Buying or Selling Real Estate Service Call Devereaux Realty 12152 Pacific Ave. LE 7-8658

19 For Rent Or Lease

Let "SUBUR-MAN" serve YOUR RENTALS Selective Placement Regular Inspections Rental Management D. GENE BURNS Rental Mgr. Residence LO 4-6598 SUBURBAN REALTY 11302 Pacific Ave. LE 7-8638

23 Help Wanted

BABYSIT, my home. \$60-\$75 hr. Mon-Friday LE 1-8829 69-327.

WANTED! Baby sitter — my home. 3 school age and 2 pre-school. Weekly \$32.50. Call LE 7-5059 after 5 p.m. 69-326.

30 Repair Services

Sheet Metal • Furnace Repair and Service • Installations PARKLAND FUEL OIL 12002 Pacific Ave. LE 7-0256

WATER PUMPS REPAIRED All Makes GRANGE SUPPLY LE 1-5777

CENTS Make Dollars when invested in Classified Ads. Place your ad by telephoning now.

36 Personals

SPIRITUAL READER & advisor. Consult on all problems of life. Call for appointment. GR 4 2495. Tacoma, Washington.

For Quick Cash Use Classified Ads

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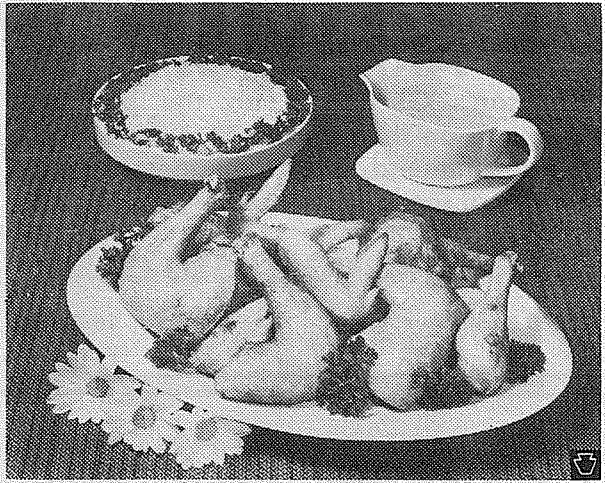
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GOLDEN TOUCH OF HOSPITALITY
BY JANE ASHLEY



Fried Chicken Favorite

Always welcome on your dinner table, fried chicken is a favorite with the young and old alike. This recipe is especially good because of the tempting creamy gravy. Corn starch in the recipe insures a smooth gravy.

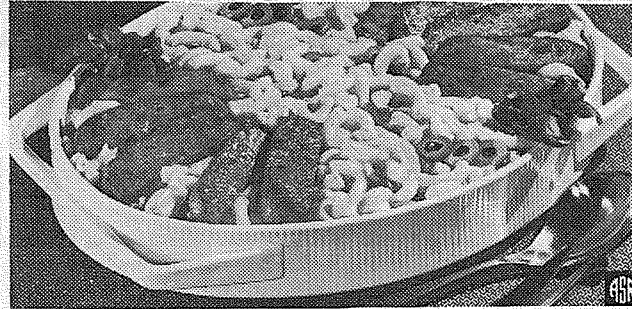
Fried Chicken With Gravy

- 1/2 cup dry bread crumbs
- 1/2 to 1 teaspoon rosemary
- 1 teaspoon salt
- Dash pepper
- 1 broiler-fryer, cut up
- 1 egg, beaten
- 1/2 cup corn oil
- 1 tablespoon corn starch
- 1 1/2 cups milk

Mix bread crumbs, rosemary, salt and pepper. Dip chicken pieces in egg. Coat with crumb mixture. Heat corn oil in large, heavy skillet over medium heat 3 minutes or in electric skillet to 375°F. Add chicken and brown on all sides. Reduce heat to low or 250°F. in electric skillet. Cook 30 minutes or until chicken is fork tender. Remove and drain on absorbent paper. Keep warm.

Pour drippings from skillet into cup. Measure 2 tablespoons of drippings back into skillet. Mix in corn starch. Place over low heat or 200° in electric skillet. Gradually stir-in milk. Stirring constantly, bring to boil and boil 1 minute. Serve with chicken. Makes 4 servings.

Good Nutrition In Economy Menu



There's a "chili" twist to this favorite macaroni and cheese recipe. It's not only cool breezes that make hearty appetites call for Chili Cheese Macaroni, it's also the spicy pungent flavor of chili powder that's a perfect companion for a nutritious cream sauce.

Add new and exciting airs to macaroni and cheese by topping it with your favorite meat. Spiced luncheon meat and smoked pork butt are fine choices, or add slices left from yesterday's roast. Add buttered beans or broccoli to the menu, a salad of mixed greens, milk for the entire family, and canned pears for dessert . . . an economical and nutritious meal for the family to enjoy.

Chili Cheese Macaroni

- 1 pkg. (7 oz.) elbow macaroni
- 1/4 cup butter
- 1/4 cup flour
- 2 cups milk
- 2 cups (1/2 lb.) shredded sharp American cheese
- 1/2 cup chili sauce
- 1 teaspoon salt
- 2 teaspoons chili powder
- Dash hot pepper sauce
- 3 tablespoons minced chives or onion
- 1/2 cup sliced stuffed olives

Cook macaroni according to package directions; drain well. Melt butter in saucepan over low heat; blend in flour. Add milk, stirring constantly. Cook and stir until sauce is smooth and thickened. Add cheese and stir until melted. Add chili sauce, salt, chili powder and hot pepper sauce. Combine sauce with chives, olives and macaroni. Pour into a lightly-buttered 2 1/2-quart casserole. Bake in moderate oven, 350°, 30 to 45 minutes or until hot and bubbling. Top with slices of browned Canadian bacon, spiced ham, or cooked pork butt. Makes 6 to 8 servings.

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Rented Room Is a Castle

When you rent an apartment, a room or a house, what right does the landlord have to enter the premises when you are not there? Usually, he has none at all.

Even though the landlord might keep a key to the front door, the tenant legally has the sole and exclusive right to the occupation and control of his premises during the term of his lease. His home is still his castle, even though it is a rented room or apartment.

Unless the landlord has received specific permission from his tenant, or has reserved the right of entry in the lease, he may be committing a trespass if he enters without permission.

In some cases, however, courts have held that a landlord has the right to enter and make such repairs as are necessary to prevent waste.

An example of this might be where a broken water pipe was leaking and it had to be repaired at once to prevent damage to the rest of the property.

In general, though, in the absence of express permission or of some agreement to the contrary, the landlord has no right to enter the rented premises to make even necessary repairs, and certainly not to "snoop around."

Normally, these matters are no problem. A fair landlord asks permission to inspect, or reserves the right in the lease to do so only at reasonable times. These might be for the purpose of keeping the property in good order through painting and repairing, or to make sure that no unwarranted destruction of property takes place. In these instances tenants should be willing to meet the landlord halfway by giving him permission to enter.

(This column is written to inform, not advise. Facts may change the application of the law.)

CHURCH DIRECTORY
ATTEND OUR WORSHIP SERVICES

PARKWAY Presbyterian Church
Sunday School 9:30 a.m.
Worship Service 10:45 a.m.
Nursery Service Provided
714-138th East LE 1-4234
Rev. Wesley J. Drummond

Spanaway Assembly of God
166th & Pacific Ave.
Sunday School 9:45 a.m.
Morning Worship 11 a.m.
Evening Evangelistic 7 p.m.
Family Night Wed. 7:30 p.m.
LE 1-1412

Spanaway Lutheran Church
8:30 & 11 a.m. Worship Service
9:45 a.m. Sunday School
Grades 1 & Up
11 a.m. Sunday School
3, 4 and 5 Year Olds
John L. Briebl, Pastor
160th & A St. LE 7-5978.

Parkland Lutheran Church & Christian Day School
Worship . . . 10:30 a.m.
Sunday School-Bible Study 9:15 a.m.
All Ages
H.A. Theisto, pastor
LE 7-5492 LE 1-0777

Trinity Lutheran Church
Worship Services 9 a.m. & 11 a.m.
Sunday School 10 a.m.
Wednesday School 4-5 (through Grade 9)
Erving C. Thompson
Robert Drowes PASTORS
12115 So. Park LE 7-0201

Spanaway United Methodist
Church School . . . 9:30 a.m.
Worship Service . 11:00 a.m.
Nursery During Service
H. Gordon Harrison, Pastor
163 & Pacific LE 7-5134

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