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In Our Opinion

Franklin Pierce Ousted From 1970 Daffodil Festival

Franklin Pierce High School will not be eligible to have a Princess in the 1970 Daffodil Festival, and if the community doesn't whip up a float for the parade next April 11, there will not be a Franklin Pierce Princess in 1971 either.

That's the policy mandated by the Puyallup Valley Daffodil Festival, Inc., and was spelled out in detail to Franklin Pierce Principal Donald Kremer by Festival Manager P. G. "Pip" Martin in a recent letter.

The decision to drop Franklin Pierce, according to Martin, "was reached as result of the area's failure to complete the necessary requirement in 1969 by having a float in the Grand Parade."

When asked about the letter, Franklin Pierce Vice Principal Ed Brown emphasized, "Providing an education, not Daffodil Festival float construction, is the responsibility of our schools." He pointed out that none of the Tacoma City High Schools had to disrupt their educational processes in order to undertake the worries of financing, designing, constructing, stuffing, and entering a float in the parade.

In addition to float creation worries, the Festival Board expects the school to handle the sale of 500 Daffodil buttons. Over the years, Franklin Pierce has always come close to selling 500 buttons, although Brown said that last year's sales dropped to 380. The money does not stay with the district, but is turned into the Festival Headquarters.

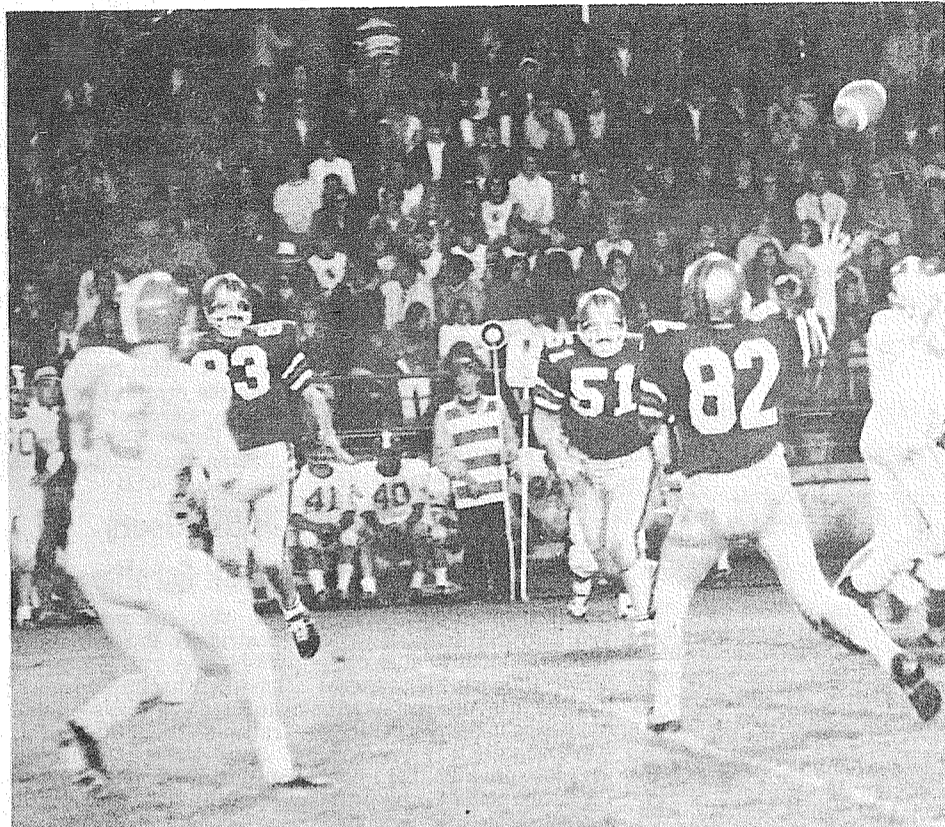
To meet the 500 quota, Brown said Girl's Club members were excused from study hall periods on Fridays and taken to local banks where they sold the buttons.

We believe the Daffodil Festival people are placing unnecessary pressure on the schools, using as a lever the threat of removing the school's eligibility to participate in the Princess program.

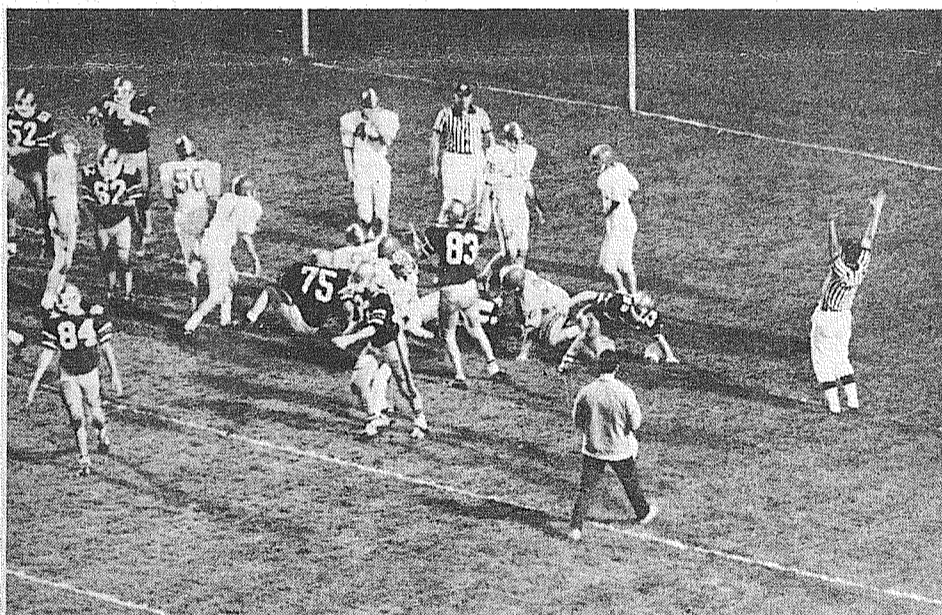
The Puyallup Valley Daffodil Festival is one of the greatest things that ever happened to Pierce County. It has focused national attention on the valley bulb growers, and there is little doubt that the festival sells both cut flowers and bulbs.

But we feel that the Festival Board might do well to review their policies and the hardships they might cause in some schools. In effect, the Board is saying to the Franklin Pierce High School Principal; either rally your community into furnishing a float for our parade, or face the anger of parents of potential Princesses when we pull your eligibility. We do not think it is right for the Festival to place any school official in this position.

Local Prep Gridsters In Action



PATRIOT RECEIVER Mark Archer (82) reaches for a Hans Woldseth pass as Cardinal defender Rick Tripp (43) rushes in to attempt to break up the play. Dennis Ellis (51) and Leonard Smithingell (83) hurry to provide interference for Archer. Franklin Pierce won the inter-district contest 27-6.



TOUCHDOWN! Washington High School Patriots scored their first varsity South Puget Sound League touchdown Friday against cross-district rivals, Franklin Pierce. The score culminated a 69 yard march. Next opponent for the Patriots is Rogers High in Puyallup.



BETHEL QUARTERBACK JODY MILLER (20) hands off to halfback Gary Grazzini (22) as Enumclaw's Loren Anderson (65) is about to bring Miller to the ground. Enumclaw defensive men, Dan Dailey (80) and Bruce Klassen (70) close in to stop Grazzini. The Hornets upset the Braves 24-6.

Sewer Assessments For Local Property Told By Commissioner

The effect of sewer installation in Parkland, Midland, and Spanaway on the finances of individual property owners was revealed by Pierce County Commissioner George Sheridan in a recent speech to the Tacoma Chamber of Commerce Committee on Industrial Bureau and Area Development.

Under the County's Chambers Creek - Clover Creek Comprehensive sewer plan, individual property owners in the area would be assessed \$7.50 per front foot plus 1 1/2 cents per square feet of land. Such an assessment would be made as soon as an ULID was formed, Sheridan said.

Property owners may pay their assessments over a 15-year period at minimum interest, he stated. After a connection is actually possible, an assessment for monthly service of \$4.50 per home will be made. An additional fee of \$120 will be charged when a connection is made, however if the property is lake frontage requiring higher installation costs a \$240 fee will be charged.



STATE REPRESENTATIVE R. Ted Bottiger congratulates a Parkland Fire Fighter during a recent presentation of Training Awards at Parkland's Fire Hall. Firemen completed classes in all phases of fire fighting and most Country Fire Protection Districts participated in the program. Chief Ray Hixon looks on.

SCHOOL NEWS

Book Display At Franklin Pierce

One of the best means of supporting a strong reading program which reflects and enhances the wide variety and depth of the school curriculum is to provide teachers and others with a well-organized and comprehensive book exhibit where they can see and evaluate the new library books of the year. Such an exhibit of relevant books for all ages, pre-school through young adults, will be open to teachers, librarians, administrators, and parents at Franklin Pierce District Pupil Services Bldg. 11124 Portland Ave. from 8 a.m. to 4 p.m. October 6-10.

The curriculum-related collection of 800 titles is covered by annotated, indexed catalogues which guide one immediately to the type or types of book one is interested in; they are an important aid because the collection is divided into 28 main and 114 sub-classifications.

Suppose you are looking for pure entertainment, or for books that help develop understanding of the world or the community or the self, for books that arouse or increase an interest in any of the countless things children are curious about. Some of the exhibit's categories at the elementary level are: Family and Community Life, Fantasy, Children in Other Lands, Introduction to Science, Social Studies, Growing Up, Interesting People, Mystery Stories, Space Age, and Mathematics; at the secondary level: Fiction for Young People, Interesting People, Adventure, Mystery and Suspense, Sports and Sports Stories, America Yesterday and Today, Contemporary World, Biology, New Frontiers in Science, The Arts, Careers, and Guidance.

Books on Exhibit, who supplies the exhibit, is a national exhibiting enterprise, now in its 19th year. Its free service for school systems, colleges, and regional educational agencies, showing currently selected titles of some 45 important publishers, has been enthusiastically praised over the years for the efficiency and time-saving organization with which it meets an urgent need. Educators across the country give it hearty endorsement and use it in workshops and institutes at all levels, as well as for the dependable bi-annual assist which it gives to the important process of book evaluation and selection.

TCC Trustees Meet

The board of trustees of Tacoma Community college will hold a regular monthly meeting next Thursday, Sept. 25, it was announced by Mrs. Maxine Myers, board chairman.

The meeting will begin at 3:30 p.m. in the board room of the administration building, Building 14, on the TCC campus.

COUNTY NEWS

Mrs. McIlroy Joins PCL Staff

Joining the staff of Pierce County Library headquarters this month is Mrs. Molly McIlroy. A resident of Seattle, Mrs. McIlroy will commute each week day to work in the technical services department at the county library's central office.

Mrs. McIlroy received a master's degree in librarianship last July at the University of Washington. Her undergraduate studies were conducted at the University and at Whitman College.

As cataloger for Pierce County Library, Mrs. McIlroy will designate the placement of new books according to subject and will assign the number to go on the back of the book.

Society AND Clubs

Rush Party Slated

Phi Alpha Omicron Sorority, affiliate of Beta Sigma Phi, will be having their Rush Party "Bourbon Street Blues" Friday, September 26, at 7:30, to be held at the home of Mr. David Miller. Special guests of the event will be the husbands and escorts.

Mrs. Joseph Reed will be serving as chairman. Hostesses will be Paula Russell, President; Mrs. Ronald Clinton; Misses Diane Shaffer and Mary Green. Mrs. Creighton Mueller, advisor and members Donna Guse, Natalie Graigen, Julia Cousineau, Jean Klein, and Claudia Smith will be assisting.

Anniversary Program

The Rainier League of Arts will hold their second anniversary program 7:30 p.m. October 1 at the Summit Youth Center, 4505 1/2 East 104.

The program will feature sketches and pen and ink drawings by Rozelle Dukes from the Fitch and Quill. Refreshments will be served.

P.T.A. News

Collins PTA

PARKLAND -- Collins Elementary PTA will meet in the multi-purpose room, at 8 p.m. Thursday.

New teachers will be introduced during the program.

Members may register for coming elections during the meeting in the multi-purpose room of Collins School, said a spokesman. Closing time will be 9 p.m.

Miscellaneous

Mr. William Quinn, president of the Spanaway congregation of Jehovah's Witnesses, announced this week at their Ministry Development Class that Jehovah's Witnesses from the Spanaway vicinity will be attending a three-day training program at the Puyallup High School in Puyallup, Washington, October 10-12.

Parkland Lions News

Perhaps the most important event during September, as relative to Lions and Lions Clubs of the district was, the dedication of the Lions eye bank at the Medical Research tower in Seattle, on September 11. The dedication was the culmination of eyebank efforts as initiated by the district Lions, and to those good people who assisted during the white cane sales last spring, when perhaps in most cases they did not know just what it was all about, must go the heartfelt thanks of all Lions. It being the funds as collected through the white cane project which made the eyebank hopes come true, rather than being just another dream.

Doctor Robert E. Kalina, will assume the directorship of the eyebank during 1970, and it is the only such eyebank in the Washington State area; previously an eye bank had been operated by Providence Hospital of Seattle but, their facilities and experience have now been combined with the Lions; to form a single overall unit. Attending the dedication from the Parkland Lions Club were, Lion Club President Tom Stephens and Lion Past President Vernon Young, who report that, the sum of \$48,000 has been furnished the eyebank with more coming in, and of course the white cane sale for 1970 will add more funds to support the overall upkeep.

Lion Jerry Russell of Parkland Lions will represent the club as part of a steering committee meeting to be held in the City-County Building on September 22nd. Up for discussion and consideration will be the need for more court rooms and related facilities for Pierce County. This is only a steering committee but, it will probably play an important role in determining the ways and means to handle the problem of providing the needed additions to county court rooms.

It was also on September 11 that, the Puyallup Lions Club held their annual fair preview dinner with Lions of the zone as guests. Opinions at that time were that a wonderful program was on tap for the fair, and now that the fair is over, we know for sure that all the events, showings, and programs were par excellence, regardless of the fact that attendance was hampered by the advent of the rainy season.

Compiled by -- Ben F. Potter

Local Briefs

Golf Course Restaurant Under New Management

Spanaway Lake Golf Course Restaurant is now under the management of Gene and Dave Bennett, who recently took over the facility.

The Golf Course Restaurant is now open 7 days a week, Dave Bennett told the Journal and will feature a complete ala carte menu. The Bennetts also operate the Brookdale Restaurant in Parkland.

Folk Music Classes

Folk music finds new friends every year and sing-ins are fine for the planned or impromptu entertainment of families or groups. Anyone interested in a class in folk guitar and folk singing, call the Tacoma YWCA and leave your name, address and phone number. A class will be scheduled as soon as there are enough persons interested.

Coop Nursery Enrolls

Enrollments are now being accepted for Summit Cooperative Nursery School. Classes will begin October 1, 1969, in the Collins Community Church, 12416 Bingham East, Tacoma.

Parents seeking information for registration of their 3 and 4-year-old children may contact Mrs. Jack Kennedy, LE 1-3158, or Mrs. Fred Schwarz, TH 5-5188.

Mrs. Jack Wallis will again be teaching the classes. The orientation meeting is scheduled for September 29th, 8:00 p.m., at the school.

REO Office Schedule

During the week of September 29 the Rural Employment Office will be at the following locations from 10:00 A.M. to 3:30 P.M.

September 29, Parkland, Lucky Store, 13320 Pacific Ave.

September 30, Roy, Across from Town Hall.

October 1, Graham, Red Rose Cafe.

October 2, Gig Harbor, Thriftway Store.

October 3, Gig Harbor, Thriftway Store.

REO Board Meets

The regular monthly Board meeting of the Rural Economic Opportunity, Inc. will be held Wednesday, October 1st at 11:45 A.M. at Barlo's 12221 Pacific Avenue.

The inadequacy of educational services and facilities for educable mentally retarded youth of Pierce County will receive special attention at this board meeting. Mrs. Audrey Kirk, REO Executive Director will report on some current activities and future plans for an over-all review of the REO corporate possibilities will be outlined by Carl Jenne of Gig Harbor, Chairman of the Board's Special Education Services Committee.

Lodge Notes

Gorow's Named Granger Of Month

Two ardent Pierce County Grangers, who are young at heart, and are bridging the generation gap with their devotion and enthusiastic work with young people, are John and Ruth Gorow, members of Collins Grange.

Long time Grangers, they dropped their membership while their children were involved in high school activities during the 40's, but were re-instated in 1948 and have been active in all phases of Grange work ever since.

Sept. finds them busy co-ordinating all the details connected with the Washington State Grange booth at the Western Washington Fair. This booth is manned by Pierce County Grangers throughout the entire nine days of the Fair and is located in the Agricultural Building.

October is the month of the Pierce County Banquet honoring 4H leaders, with Pomona Grange sponsors. The details for the 24th annual affair are in charge of John Gorow who is chairman of the Youth Committee. Mrs. Gorow also serves on the committee. They are chaperones and advisors to the Pierce County Grange Youth Group which won the top prize for their exhibit and display at the recent Pierce County Fair. The Gorows have always helped with many duties connected with the Fair, where Pomona has the restaurant concession in the big tent.

Not only are they active in the youth program, but since 1965 when John Gorow was appointed one of the Washington State Grange Deputies for Pierce County, they have the added duties of assisting the State Master in his work. Mrs. Gorow accompanies his on his regular visits throughout the County where he has 24 Granges under his jurisdiction.

Mr. Gorow has served as Master of his Grange and is presently the Secretary, a position he has held for several years. Mrs. Gorow has served in several offices and two years ago was not only Home Economics Chairman of her home Grange, but held the same position at the county level and was also Southwest District chairman for the State Grange with seven counties under her jurisdiction. She stressed the participation of Grange ladies in State sponsored contests and looked with pride on the beautiful entries that came from her counties. She acquainted many High School Senior girls with the Home Economics Department scholarship program. She has also been active in Pierce County Homemakers.

SPECIAL NOTICES

Surplus Buildings At McChord AFB

Three wood-frame buildings at McChord Air Force Base, Washington, are being offered for sale for off-site removal by the Seattle District, U. S. Army Corps of Engineers. Sealed bids Invitation No. DACA67-9-70-75 will be opened at 2 p.m. on October 16, 1969, in the Seattle District Office.

The buildings are all wood frame with asbestos shingles, concrete floors and foundations, with asphalt shingle roofs, in sizes of 20' x 60', 20' x 71' and 20' x 100'. The buildings are in usable, sub-standard condition, according to Kelvin Greenstreet, Chief of the District Real Estate Division.

Interested persons may inspect these facilities between 8 a.m. and 3 p.m., Mondays through Fridays, except holidays, by contacting McChord Air Force Base Civil Engineer, Telephone: 984-3465 (Tacoma). Bid forms may be obtained from the Base or from the Seattle District, U. S. Army Corps of Engineers, Real Estate Division, 1519 Alaskan Way South, Seattle, Washington 98134.

GI Bill Users

Swell Enrollment

A 1969 record fall enrollment under the G.I. Bill in Washington was forecast by John B. Kirsch, Manager of the Seattle Veterans Administration Regional Office.

Some 14,000 (13,300 veterans and 700 servicemen) are expected to take advantage of the education and training provisions of the G.I. Bill this fall.

Of the 13,300 veterans, 8,400 are expected to attend institutions of higher learning in Washington, another 3,300 are expected to be enrolled in schools below college level, and 1,600 in on-the-job training.

A 22 per cent gain in G.I. Bill enrollments is expected nationwide. Of the overall estimate of 685,000 enrollments this fall, 635,000 are veterans. The VA noted that the figure was 520,524 a year ago and 380,037 in 1967.

50,000 men still in service will also be going to school under the G.I. Bill. This compares to 36,283 in 1968 and 22,847 in 1967.

To be eligible for VA educational assistance veterans must have had at least 181 days of continuous service, part of it after Jan. 31, 1955, while a serviceman must have completed at least two consecutive years of active duty.

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Pierce County Herald and Times Journal

The TIMES JOURNAL

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Vol. 25 No. 38 September 25, 1969

1969-1970 SKIS BOOTS POLES PARKAS PANTS SWEATERS Bankcard - Layaway

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FULL-CUT
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FLAVOR AND ECONOMY
CHUNK BOLOGNA
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This Week's Low, Low Meat Prices

LEAN BEEF SHANKSlb. 59¢	ECONOMICAL BEEF TONGUElb. 56¢
THICK SWISS STEAKlb. 88¢	IRON-RICH BEEF HEARTSlb. 49¢
GROUND ROUNDlb. 88¢	JILG'S POLISH SAUSAGElb. 79¢
CHOICE CUBE STEAKlb. \$1.19	PORK SAUSAGE ROLLSlb. 49¢
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His Business Is Picking Up!

Dayton Green has been driving with Pierce County Refuse for the past 7½ years.

In 1964, Dayton was selected as recipient of the "Man of the Year" Award for his safe driving record.

A Pierce County resident, he lives at Route 1, Box 180, Graham and he and his wife Norma have 4 boys and a girl. The children are Clint 17, Richard 16, Ken 15, Daniel 13, and Tammy 3.

For professional drivers like Dayton Green, a Pierce County Refuse route is more than just picking up. His skill behind the wheel is reflected in his enviable safe driving record.



Dayton Green

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Widens Ski Actives 43 Teams In Span. Football Jamboree

Crystal Mountain Ski School Inc. in widening its activities has named Michial A. Freigang, Tacoma, as Field Representative of the Crystal Mountain Ski School Incorporated effective September 15th, Jack Nagel, president, announced.

Freigang is a native of the Tacoma area, attended the University of Puget Sound.

Nagel said Freigang will work in the pre-season sales area and will head up the professional resident ski school staff of Instructors at Crystal Mountain, as well as assuming coaching duties with the Crystal Mtn. Athletic Club. In this capacity he will be working in the promotion of midweek ski school business and special group assignments.

Freigang is well known throughout the Pacific Northwest for his work with Junior racers.

The 1969 County-City Football Jamboree ended yesterday after forty-three teams saw action in a total of eighty-six separate games. Each contest matched a City team against a County team and the length of the games were equivalent to one quarter of play. All squads played the equivalent of one actual game.

The Small Fry division was led by SEBC Perry and TBC Firefighters each with a two won and two tie record. The Weslar Vikings scored twenty points and ended with a two won, one loss, and one tie record.

ESBC Mills, WEAC Spartans, and Eslar Warriors all ended play with identical three won and one tie records in Rookie division action.

Pee Wee action was led by the TBC Cheney Studs who ended the day with a perfect four won and no loss record. The Studs led the entire jamboree in scoring by posting seven Touchdowns for forty-eight points. The Fircrest Boomers led Bantam Division play by defeating all opponents and completed play with a four won and no loss record.

Just under 1,000 youngsters saw action in the Jamboree sponsored by the Pierce County Parks and Recreation Department, and the Metropolitan Park District.

A total of sixty-five touchdowns were scored during the afternoon on the five fields at Sprinker Recreation Center. The outstanding scoring plays were: Ceardo McKinsey-40 yard run (SEBC Perry); Ron Reed-40 yard run (McChord A); Don Turggle-60 yard run (TBC Studs); Ed Quarrels-65 yd kickoff return (WEAC Rams); Rod Herd-25 yard pass reception (U.P. Crusaders); Kirk Turnbull-75 yard run (Fircrest); Jim Rhodes-20 yard run (ESBC Terry's).

BIRTHS

Good Samaritan Hospital
9-10-69, Mr. and Mrs. Robert Bennett, P. O. Box 85, Graham, girl.
9-11-69, Mr. and Mrs. Melvin Twaddle, 1526 S. Sprague, Tacoma, boy.
9-11-69, Mr. and Mrs. Michael Berreman, 13712 S. I Street, Tacoma, girl.
9-12-69, Mr. and Mrs. David Austin, 3810 E. L Street, Tacoma, boy.

BOWLING 35¢

Saturdays Until 7 p.m.
Sundays Until 1 p.m.

BALL SALE

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Cards Aerials Down Patriots

The Franklin Pierce Cardinals will be looking for a third victory Friday night to maintain their South Puget Sound League lead, when they face the undefeated Puyallup Vikings in a home contest.

Last week, the Cards used an aerial attack to bomb their cross-district rival Washington High Patriots 27-6.

The Patriots fought a tough battle, giving their senior district rivals some fine competition. During the first half, they held the powerful Cards to only 2 first downs while chalking up three. Washington outran Franklin Pierce gaining 157 yards on the ground to the Cardinal's 74.

But the accurate passing of Card Quarterback Woody Harris and the sticky fingers of receivers Mark Conrad and Rick Tripp made the difference. Harris connected for 110 yards through the air with four completions in six attempts.

Pass interceptions by the Cards plagued the Patriots and a Bill Hofner interception of a Woldseth pass deep in Washington territory set up the first Pierce touchdown. The Cards picked off three Patriot passes.

Washington marched 69 yards in a sustained drive in the third quarter to paydirt. Randy Hestor and Steve Butts assisted the Patriot ground game.

Friday night Washington will seek its first win in South Puget Sound play when the Patriots meet the winless Rogers.

Bethel Harriers Place

The Bethel "Braves" Cross-Country team placed seventh out of 13 teams Saturday at the Tacoma Invitational Relays. Clover Park, winner of the meet, accumulated a total time of 52:48 for top five runners.

Mike Smithlin, Senior Brave Co-Captain, won the championship flight with a time of 10:13. Mike dueled Clover Park's Cendajas to the tape. The best time for the day was recorded by Dave Richards of Mount Tahoma with a 10:07.

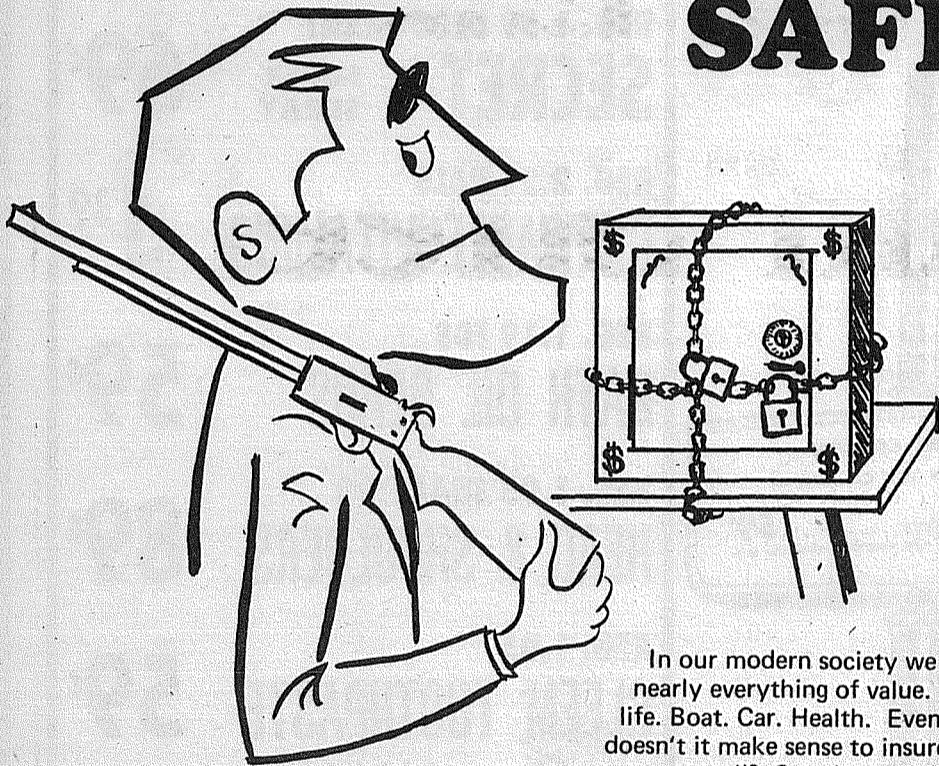
Sophomore Stan Adkins had the second best Bethel time of 10:23. Next best times for the Braves were: Terry Browning, 11:04; Jim Conant, 11:14; and Bob Nylander, 11:56 to total 54:52.

The Braves face the Tahoma "Bears" at home Thursday and Saturday they travel to the Edmonds Invitational meet where 22 teams will participate. Tuesday the Bethel Warriors will take on the league favorite, Enumclaw on the Braves home course across from the high school at 3:30.

Dr. Nesvig Talks

FORT LEWIS, WASH. — Dr. Milton L. Nesvig of the Pacific Lutheran University discussed student unrest at a luncheon of the Protestant Men of the Chapel (PMOC) September 24.

WHAT'S ALL THIS TALK ABOUT SAFETY



In our modern society we tend to insure nearly everything of value. Our home. Our life. Boat. Car. Health. Even our pets. Then doesn't it make sense to insure our hard-earned money as well? Sure it does! And that's why so many people enjoy saving here at Citizens. They enjoy the peace of mind knowing their savings are insured by the federal government. And, combined with our high interest, they know they've found a combination that's hard to beat. Have you?

KEEP ON TOP OF THE NEWS WITH CITIZENS:

7:55 AM NEWS REPORT

3:30 P.M. CAPITOL REPORT

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A FORUM ABOUT MATURE WOMEN

Diet Talk

Dear Miss Brookfield:
I have a problem with a mature woman: my mother-in-law. She is inclined to be overweight and is constantly dieting. She manages to lose a few pounds but not a great deal. I like her, but I have avoided calling on her lately. I'm bored listening to her talk about her "new diet." How can I get her to change the subject without being rude?

B.D., Maplewood, Minn.

Dear B.D.:

Next time you visit, start the conversation by commenting favorably on her weight loss. "How well you look! You've lost weight, haven't you?" Perhaps she is seeking encouragement—dieting isn't easy, you know. And there's nothing so encouraging as success. If she fails to change the subject after five minutes, I suggest you switch to a new one. I am sure she must have other interests, even if they are closely related to her figure—such as fashions.

Happy Woman

Dear Miss Brookfield:
I am married but childless. I have worked for many years but I also love to keep house. You might say that I am a happy woman without an irritating problems, but I do have a question: at what age is a woman supposed to go through menopause? I am 52 and have yet to reach menopause. Is this possible?

H.D., Doylestown, Pa.

Dear H.D.:

Yes. The normal age for menopause varies from country to country and from individual to individual. The average age is somewhere between 45 and 52, but this can vary two or three years in either direction and still be within normal limits. One yardstick is that you will probably go through menopause at about the same age your mother did. You should discuss this with your physician, however, when you have your regular checkup. And we congratulate you—it's a pleasure to hear from a woman who sounds so contented.

Our only son has been going with a girl I do not particularly like. I have nothing against the girl, but for some reason she irritates me. Now he has told us that they are planning to announce their engagement. I'm heartsick over this. Should I talk to him and try to change his mind?

L.G., Burley, Ohio

Dear L.G.:

Your son's choice of a marital partner should be his decision—not yours. There

must be something about this girl that attracted your son. Instead of talking to him, why not try meeting this girl halfway, through friendly conversation? You may find that as you get to know her you will become fond of her. Having an only son, you might discover added joy in having a daughter, too.

Hysterectomy Operation

Dear Miss Brookfield:
I am 41 and have been told by my doctor that I must undergo a complete hysterectomy. I accepted this news and was even adjusting to it, until friends started telling me that after the operation I will put on a good deal of weight and suffer the agonies of the menopause. Is this true?

K.L., Livermore, Calif.

Dear K.L.:

The "complete hysterectomy" you refer to is undoubtedly a panhysterectomy. This involves the removal of the ovaries as well as the uterus. When the ovaries are removed, the hormone balance in the body is altered. Because the hormone level can influence metabolic rate, some women do suffer a weight gain following a panhysterectomy. There is a remedy for this: estrogen replacement therapy to supply the hormone formerly produced by the ovaries. These estrogen supplements are prescribed for women after their menopause and are also prescribed for the surgically-induced change of life symptoms.

We suggest that you discuss your doubts and fears with your doctor, not your friends. He is better qualified to advise and reassure you about the medical advances that can help make this operation easier for you.

Have you a problem as a mature woman, or with one? For advice and help, write Margaret Brookfield, Information Center on the Mature Woman, 3 West 57th Street, New York, N.Y. 10019.

How To Pick Your Baby's Sex

By Louise Chase
Women's Medical News Service

New York (WMNS)—The millennium when you can choose a son or a daughter as easily and confidently as you pick chocolate or vanilla ice cream may be on its way.

Clearly, it is not yet here but a physician at the College of Physicians and Surgeons at Columbia University has worked out recipes for encouraging the conception of a baby of a chosen sex. Results have been gratifying, according to Dr. Landrum B. Shettles.

His system rests upon certain scientific facts, some long-known, some uncovered in the doctor's own laboratory:

The Facts of Sex

1) Genetically, a woman contributes nothing to determining her baby's sex. Only the sperm carries the X (for a girl) or Y (for a boy) chromosome.

2) Sperm come in two sizes and shapes with different characteristics. Dr. Shettles believes that small, round-headed sperm carry the boy-producing Y chromosome while the oval-headed, elongated sperm carry the girl-producing X chromosome. Male sperm are agile and faster but lose their pep more readily than female sperm in an acidic environment. Female sperm are sturdier and longer lived.

3) The ordinarily acidic vagina and cervix become more alkaline as ovulation nears.

4) Most men produce a mixture of boy and girl sperm among the millions contained in each ejaculation. Sperm count tends to diminish with frequency of intercourse. The higher the sperm count, the greater the likelihood that there will be an overwhelming preponderance of male sperm.

Recipes

From all of this emerges Dr. Shettles' recipes. For a boy: a preliminary alkaline douche (two tablespoons of

baking soda to a quart of water), abstinence from intercourse until just at the time of ovulation (so as to insure a high sperm count and to compensate for the male sperm's fragility). For a girl: a preliminary acidic douche (two tablespoons of vinegar to a quart of water), no abstinence (the lowered sperm count favors female sperm), intercourse until two or three days before ovulation (so that the male sperm will die off before the egg appears on the scene).

Unfortunately, some men consistently produce sperm that are almost exclusively of a single sex. All Dr. Shettles can do for such a man is to warn him that he must resign himself to an all-boy or all-girl family. Or, if a boy is wanted, the couple could try artificial insemination. Since sperm are placed beyond the acidic vagina, artificial insemination results in a marked prepon-



- LAKESWOOD GENERAL**
Mr. and Mrs. Steven D. Campbell, 9113-25th Ave. South, Tacoma, Boy, Sept. 12, 1969.
Mr. and Mrs. James K. DeYoe, 8020 South D St., Tacoma, Girl, Sept. 12, 1969.
Mr. and Mrs. Charles T. Harper, 7231 So. Lawrence, Tacoma, Boy, Sept. 12, 1969.
Mr. and Mrs. Robert Mann, Box 287, Tacoma, Girl, Sept. 12, 1969.
Mr. and Mrs. Don G. Titus, 508 South 114th St., Tacoma, Boy, Sept. 12, 1969.

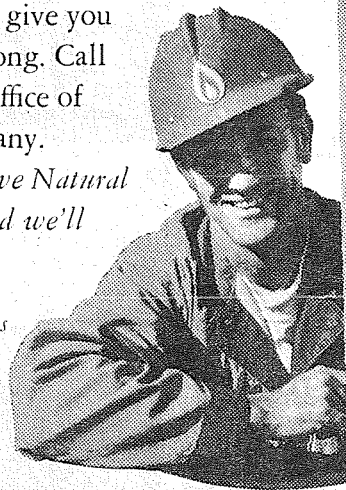
derance of boys, according to Dr. Shettles. And then, of course, for absolute, total, unshakable certainty, there's always adoption.

Do you live on "Main" Street?

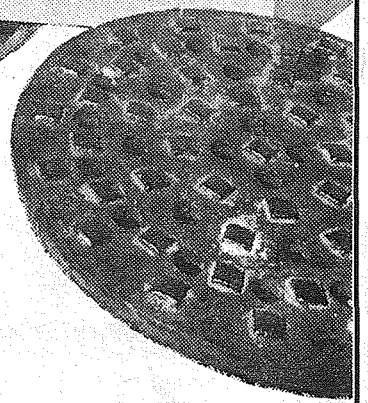
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HORSEMEN'S NEWS

Over The Fence Rail

By Barb. Menge



Editor's Note

Peggy Plummer, who has been writing the "Over The Fence Rail" column, has enrolled at Central Washington State College to major in her chosen field of art. Barb Menge will pick up the reins as the Times Journal Horse Editor to bring Journal readers a complete weekly wrap-up of local horse news.

We wish to express our appreciation to Peggy for a job well done, and the very best of everything as she pursues her college studies. And to Barb, we hope this is the first of many enjoyable assignments in the news reporting business. ENM

September 20-21 marked a first in horseshows for the Tacoma Unit No. 1. The Tri-Challenge Quarter Horse show combined Appaloosas and Paint Horses to produce a well rounded show.

Although frequent showers were present Saturday, exhibitors showed little sign of dampened spirits during the morning's halter classes and afternoon performance events.

Saturday evening a touch of glamour was added to the presentation of Grand Champion Halter horses. A red carpet was rolled out as each animal received a wreath of red and white gladioli, championship coolers, donated by the Bunk House, and reserve championship halters donated by Hanson's Saddle Shop of Spanaway.

Tacoma Lariettes highlighted Saturday evening with a breathtaking performance. They are under the direction of drill captain, Joan Mitchell. Eighteen hard working girls perform an intricate drill in darkness illuminated only by black lights. Fluorescent stripes on pants, hats, and bridles outline a precise manner of drill team presentation. The girls also display the first fluorescent Canadian flag. They have recently completed the first fluorescent Canadian flag, to honor our Canadian guests.

An added attraction which brought the roof down and kept the crowd rolling in the bleachers was "Whoa Bossy." Three men representing various training stables and clubs were to catch a haltered cow and then saddle her and ride through two poles at either end of the arena. A variety of spills, stalled cows, belly drug men, and saddle slipping added to a state of mass confusion and laughter. Larry Gustin and Bill May did equally well at falling off. Larry Gustin discovers that raising the tail aids in getting her to go but at the same time the saddle slips forward and then its just a short way down. Final winner was Dee Parham Training Stables.

Sunday wrapped up the two day show with performance classes, Drill by the Pierce County Sheriff Possee, presentation of Hi-Point awards and Big Catch. Al Whorton brought his Arizona pet pig for the children to catch but it ended up with the pig chasing the children and Al chasing the pig.

The first Tri-Challenge show proved to be enjoyed by all and next years shall be all the better.

Spanaway Youth Wins Junior Rodeo

Louis LaVallie, a 10-year-old Spanaway cowboy, was the big winner at the Oakville Junior Rodeo held recently at Oakville, Washington.

Claiming a first place, a second place, and the all around cowboy awards, young LaVallie brought home a \$54 belt buckle, a second place Calf Riding Trophy, and a new saddle. He lives at Route 2, Box 2254, Spanaway.

9 Animals For Sale

SHETLAND PONY, 14mos. old. \$35. TH 5-0926. (M)

Tri-Challenge Show Results

Saturday, September 20

- Youth Halter Mare
- Lil Miss Jay - Wendy Giesbrecht
- Bryant's GG Bar - Cindy Kenner
- Youth Halter Gelding
- Chev's Bar - Barry Giesbrecht
- Mr. Puget Sound - Tracey Smith
- Mare & Foal
- Black River Toni - Jerry Buck
- Bueno's Bunny - William Garhart
- Fillies of 1969
- Unnamed - Sue Buck
- Crimson's Mayday - Mrs. William Garhart
- Fillies of 1968
- Red Ball Bar - Darrell Dudley
- Dee Bar Three - Sue Miner
- Fillies of 1967
- Scotties Muffin - Bob Marcey
- Modoc's Fancy Me - Romona Evans
- Mare of 1966
- Kierston - A. J. McKinnell
- Sunglow Seniorita - Kay Marshall
- Mare of 1965 & before
- Miss Joy Blair - John Condon
- Lil Miss Jay - John Giesbrecht
- Boodman
- Bryant's GG Bar - W. G. Kenner
- Music Jodi - Paulette Billings
- Youth Showmanship 13 & under
- Tripp's Tico - Linda Dyck
- Two Tone Roan - Tracey Smith
- Youth Showmanship 14-18
- Cananea Cub - Jeanine Larson
- Bryant GG Bar - Cindy Kenner
- Geldings of 1968
- Mr. Puget Sound - Howard Smith
- Condon's Sandy Leo - John Condon
- Geldings of 1967
- Troublesome Bars - Graham Pritchard
- Clabber Page - Don Bunger
- Super Dia - Ed's White Stallion
- Panita's Page - Fred Robb
- Geldings of 1965 and before
- Snipper's Croton - Fred Heath
- Gentry Bars - Robert Oliver
- Colts of 1969
- Unnamed - Wayne Grady
- Colts of 1968
- Courtin Trouble - John Moore
- Mr. Sports Page - William Stecker
- Colts of 1967
- Crimson Cougar - D. Van Dyk
- Classy Tela Viv - Jack Johnson
- Stallions of 1966
- Cash Us Rastus - Mel Trotter
- Hobo Jay - Bar Quarter Horses
- Stallions of 1965 & before
- Time Me Now - F. A. Rasmussen
- McLeo Bars - Benny & Peggy Smith
- Trail Horse Youth AQHA
- Poco C Boy - Paulette Wold
- Terrific Too - Sandra Burgess
- Trail Horse Ages APHA
- Paint Griffin - Mary Lou Griffin
- Mia Meriah - Charlene Parham
- Trail Horse all Ages Appaloosa
- Fruhling's Thunder Hawk - Larry Baker
- Fruhling's Little Joe - Jane Gray
- Trail Horse all Ages AQHA
- Poco C Boy - Paulette Wold
- Driftwood Mickey - Wilda Garrett
- Western Horsemanship Youth AQHA
- Chev's Bar - Barry Giesbrecht
- Martys Pride - Leslie Long
- Hackamore Reining AQHA
- Lil Miss Jay - Art Graves
- Panita Page - Del McGlothlin
- Trail Horse Championship
- Phil's Joe Sandy - Kristine Svendsen
- Jumping all Ages AQHA
- Showers Jewel - Janet Johnson
- Midnight Rover - G. W. Burns
- Western Pleasure Youth 13 & Under
- Chev's Bar - Barry Giesbrecht
- Troublesome Gig - Laura Stroh
- Stock Horse Reining all Ages Appaloosa
- Kitsap Mingo - Jack Stecker
- Chief Oshaneck - Jo Twomey
- English Pleasure All Ages AQHA
- Lil Miss Jay - Wendy Giesbrecht
- Winning Trick - Pat Willestoft
- Barrel Racing WBRA

- Teri Bussey
- Kaye Davis
- Senior Bit Reining AQHA
- Dee Dee Echols - Mel Trotter
- Phils Boy Sandy - Ed Wharton
- Western Pleasure All Ages APHA
- Katana - Nancy Gunn
- My Spice - Jim Miller
- Calf Roping All Ages CANCELLED

Sunday, September 21

- Western Riding Youth AQHA
- Chev's Bar - Barry Giesbrecht
- Okla Harlan - Peggy Harader
- Western Pleasure Youth 14-18 AQHA
- Okla Harlan - Peggy Harader
- Bryant's GG Bar - Cindy Kenner
- Working Cow Horse All Ages AQHA
- Tpper Raysen - Bruce Gilchrist
- Lil Miss Jay - Art Graves
- Reining All Ages APHA
- Mia Meriah - Dee Parham
- My Spice - Jim Miller
- Western Pleasure Youth Appaloosa
- Fruhlings Thunder Hawk - Larry Baker
- Jokers Medicine - Bard Unkrvr
- Western Pleasure Junior AQHA
- Dawn Commander - Mel Trotter
- Panita's Page - Terry McGlothlin
- Reining Youth AQHA
- Chev's Bar - Barry Giesbrecht
- Okla Harlan - Peggy Harader
- Western Riding All Ages AQHA
- Chev's Bar - Barry Giesbrecht
- Jade Island - Carla Stroh
- Western Pleasure Senior AQHA
- Jade Island - Carla Stroh
- Driftwood Mickey - Wilda Garrett
- Barrel Racing all ages AQHA
- Custus Badger - Wynette Russel
- Bar Bird Cee - Jan Kremling
- Western Pleasure All Ages Appaloosa
- Fruhlings Thunder Hawk - Larry Baker
- Chief Cherokee Chic - Harry Twomey
- Junior Bit Reining AQHA
- Snipper's Croton - Del McGlothlin
- Western Pleasure Youth APHA
- Lanni B - Sue McCorkle
- Fury - Katy Hoar
- English Pleasure Youth AQHA
- Okla Harlan - Peggy Harader
- Yelo Boy Craig - Vicki Geehan
- Western Pleasure Championship \$100.00 PURSE
- Driftwood Mickey - Wilda Garrett

Top Cowhand 4H Dairy Winners

PUYALLUP - All-around Champ of the Western Washington Fair was Butch Bray of Central Point, Oregon. This competition included Saddle Bronc Riding, Bareback Riding and Bull Riding.

Jack Thrasher of Harrah, Washington, was winner of the Saddle Bronc Riding with a total of 256 points.

Chev's Bar - Barry Giesbrecht 51. Reining Championship \$100.00 PURSE

Lil Miss Jay - Art Graves
Chev's Bar - Barry Giesbrecht

Presentation of Awards for the above show:
Hi-Point AQHA Horse - Chev's Bar - Barry Giesbrecht
Hi-Point APHA Horse - My Spice - Jim Miller
Hi-Point Appaloosa Horse - Furlings Thunder Hawk - Larry Baker
AQHA Hi-Point Youth - Okla Harlan - Peggy Harader
Versatility Horse of the Show Perpetual Trophy - Lil Miss Jay - Wendy Giesbrecht

SADDLE FOR HI-POINT HORSE OF DESIGNATED CLASSES:
Chev's Bar - Barry Giesbrecht, Yar-row B.C.

Grand Champion Stallion
Time Me Now - F. A. Rasmussen
Reserve Grand Champion Stallion
McLeo Bar - Scotts
Grand Champion Mare
Kierston - A. J. McKinnell
Reserve Grand Champion Mare
Miss Joy Blair - John Condon
Reserve Grand Champion Gelding
Gentry Bars - Robert Oliver
Grand Champion Gelding
Snipper Croton - Fred Keith
Junior Grand Champion Horse
Crimson Cougar - DeVaniks
Reserve Junior Grand Champion
Classy Telaviv - Jack Johnson
Senior Grand Champion Horse
Time Me Now - F. A. Rasmussen
Reserve Senior Grand Champion Horse
McLeo Bar - Scotts

Pierce County's 4-H Dairy exhibitors at the Western Washington Fair took their share of championships and blue ribbons.

Championships were garnered by: Jeanine Larson, Roy, Senior Jersey Fitting and Showing; John Swetz, Graham, Junior Brown Swiss Fitting and Showing; and Paul Ulrich, Orting, Junior Ayrshire Fitting and Showing.

Type championships were as follows: Paul Ulrich, Orting, Senior and Grand Champion Ayrshire; Nick McCown, Tacoma Junior Champion Ayrshire; and Kurt Hartley, Graham, Junior Champion Milking Shorthorn.

Blue ribbon winners from Pierce were:

Brown Swiss - Judy Swetz, Graham; Sandy Quann, Puyallup; and Eunice Overland, Puyallup.

Guernsey - Cindy VanHulle, Tacoma; Barney Harkins, Tacoma; Diane Walk, Tacoma; Tim VanHulle, Tacoma; and Paula Perryman, Tacoma.

Jersey - Barbara Evans, Tacoma; Janice Schneider, Tacoma; Yvonne Crask, Tacoma.

Milking Shorthorn - Charles Baskett, Tacoma.

Holstein - Tom Guske

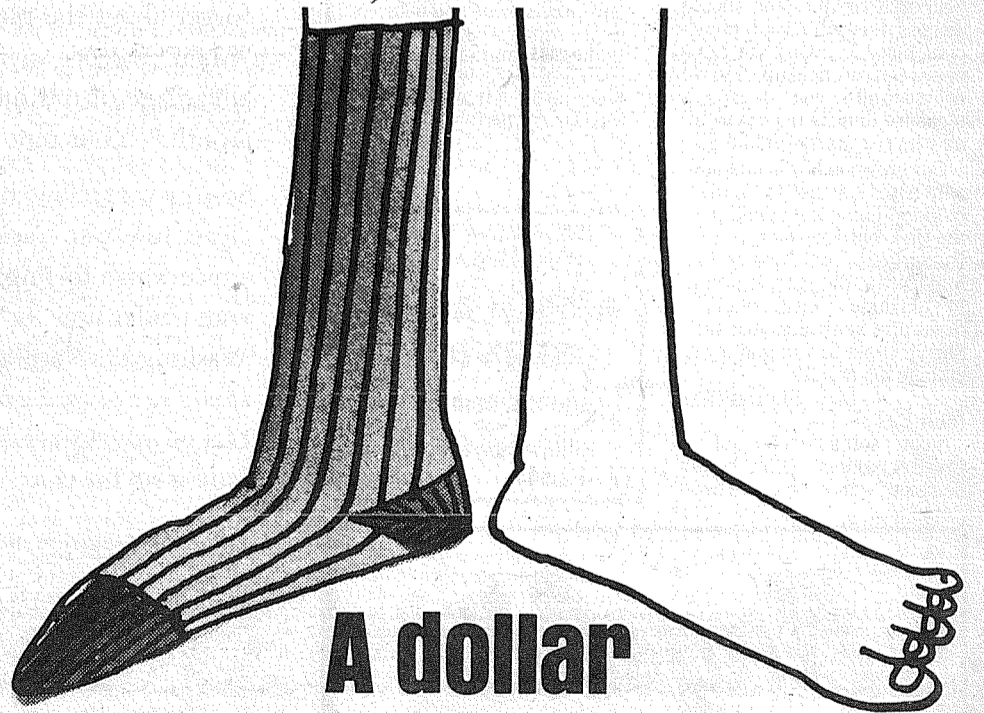
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