

PACIFIC LUTHERAN UNIVERSITY

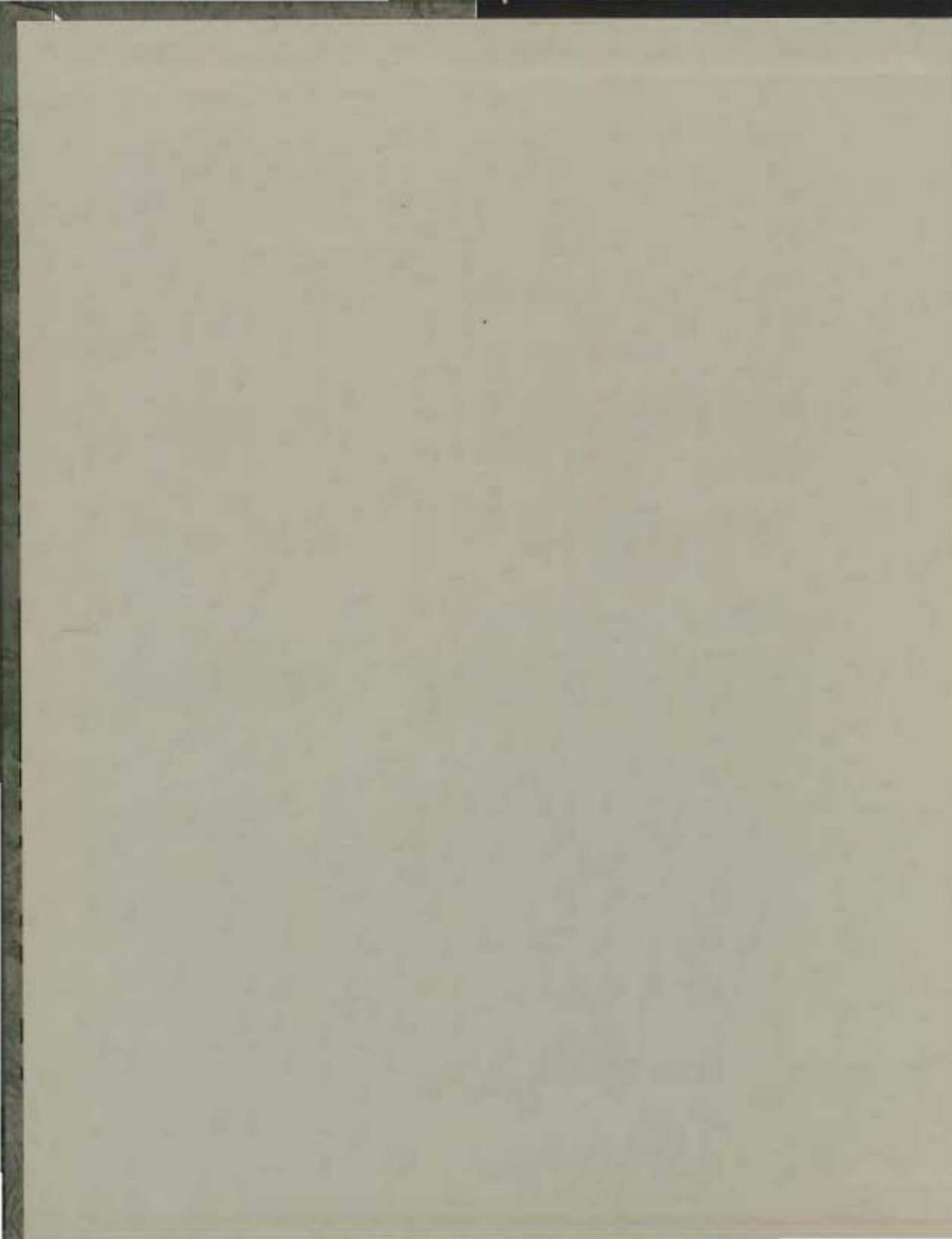
1996

PACIFIC LUTHERAN UNIVERSITY

VOL 66

Attaway
Attaway

SAGA
1996



Attaway Attaway

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SAGA
1996



PACIFIC LUTHERAN UNIVERSITY

Tacoma, Washington 98447-0003

SAGA 1995-1996

Founding Date:	December 1890
Campus Area:	142 acres
Ownership:	Evangelical Lutheran Church in America
Enrollment:	3,581
Faculty:	238 Full Time 107 Part Time
Student/Faculty Ratio:	15:1
Current Alumni:	29,457
Non-Faculty Employees:	349 Full Time 81 Part Time
1995-1996 Budget:	\$51,697,241
1995-1996 Tuition:	\$13,856
Room & Board:	\$4,611



Attaway!

Lutes Move Onto Campus Again

Atmosphere... That's what it's all about. Pacific Lutheran University puts money and effort into creating an atmosphere that students

alike can live, work, play, take classes and visit. From commuters who make up 2/3rd's of all students to hall dwellers and alumni and staff, everyone needs to feel like PLU is a part of them, that what they each do as individuals and what they accomplish in

Elsa Carlisle

groups matters. Now as we move onto campus for the 1995-1996 year, we all are ready to learn, play, and make a difference in our lives and others. *ATTAWA? ATTAWA?*





Ordal Historian

Ordal and Pfluegar show their Freshman around campus for Freshman Initiation.



Pfluegar Historian



The Mast



The Mast

Andy Armstrong, a Football player who volunteered time to help Freshman like Adria Franks move in.

Here's a peek at what PLU looks like from above, Reed Campbell, Elsa Carlisle, and Jay Pike took photo's from a plane above campus.



Elsa Carlisle



Elsa Carlisle



Elsa Carlisle



Elsa Carlisle

Campus Gets a Makeover...

The PLU campus got a face-lift last summer. Improvements include a new running track, rehabilitation of Harstad, Kreidler, Tingelstad, Ordal and Stuen halls; classroom upgrades, merging of several offices to create a new Student Services Center, and new doors and front entrance improvements for the Administration building; rebricking and resurfacing of several walkways; a new walkway from Red Square to Hong Hall and various landscaping projects.

BEST

COLLEGE

Layout by: Tina Marie Newman

Bird's Eye View of Campus

Attaway, Attaway...

PLU remains the only university in the state of Washington to be honored in every *U.S. News and World Report* ranking of the top 15 western region colleges, out of 505 this year, since the magazine began the "Best Colleges" survey in 1983.

"O u r

strong academic programs deserve the recognition they received," said PLU President Loren J. Anderson.



SAGA Staff



Elsa Carlisle

P.L.U. Alma Mater

'Neath lofty trees and mountain grand,

A blessed place she firmly stands

Alma Mater P.L.U.

That she may grow in strength and name,

Live and rule without distain

True may our hearts forever be

To Alma Mater P.L.U.

Chris Coovert at a Mast Retreat takes time to sit back and strum a few chords on his guitar.



The Mast



Elsa Carlisle

The students above are bonding in Harstad; Anlot Wright, Jennifer Carlson, Erin Hess, Melissa Ross, Bonnie Groth, Christine Raquet, Eve Otten, and Amy Cram.

James Lamb and Bria Becker gaining expertise in while in KCNS6, PLU's television station.



Elsa Carlisle



The Mast

the field of broadcast,

Lutes Taking Time to Breathe

Connections...Pacific Lutheran University students make connections everyday with each other, faculty, staff, professionals, and careers.

Above: Lisa Anderson and Sonja Anderson smile as they take time to smell the flowers just delivered.

Many students approach PLU with no idea of what career path they would like to pursue. With the help of interesting classes, active professors, experiences in the residence halls,

or out in the real world, the students make connections and decide what path to choose. Yet on the way we all have to take time to listen to the birds sing, the classroom chatter, and the professor speak. ЯПІАШ'АУ! ЯПІАШ'АУ!



Jay Pike



Football games bring crowds of students, faculty, alumni and much, much more. PLU's spirit is alive!



ORDAL SPIRIT!

WLF

TIMES

Experience the moment

By Tina Marie Newman

Tonight I'm going to 'Lips Together, Teeth Apart' in Eastfold. Then I have to hit the mall to find the right dress for Spring Formal at the Union Station, and don't let me forget to call Eric to plan a time to get together at Northwest Coffee

Every student

has a busy life on and off campus. No matter what you do, your life is full of details, phone calls, 'runs to the border,' and friends... laughs... tears... and memories.....



During Halloween, Residence

Halls decorated the lobbies and then were judged to see who had the scariest look. Above Katie Hansberry, Michele McGinnis and Heidi Logsdon help carve pumpkins for Foss.

••• 'We all have busy lives that include not only classes, but a lotta fun,' said Elsa Carlisle, Student Life Editor.

D | A | R | E | T | O | B | E

different

ORIENTATION

"I will never find my way around!" "I don't know anyone!" "Where are my classes?" "How do I get involved on campus?" "What is a LUTE?"

These were just a few of the concerns that ran through the minds of the new students as they first stepped foot on PLU's campus. However, they did not remain dazed and confused for long. Through the many activities during orientation, they were helped to feel more at home as they became absorbed by the PLU community.

The new students moved into their rooms, met their roommates, and became acquainted with their dorms and residents staff. Interest sessions gave an in-depth look at a variety of campus activities. JAM (Just Ask Me) sessions enabled questions to be answered one on one with returning PLU students. An ice cream social, dance, movie night, dinner at President Anderson's, Dog Patch Olympics, and Play Fair gave the new students numerous chances to get to know each other.

By the time the week was over and classes had begun, the new students felt as at home as if they had been attending PLU for years.

Story and layout by Elsa Carlisle



Rose Smith

The Harstad RA's decorate the dorm in a nautical theme. They are ready to greet the new students with a smile as they board the "H.M.S. Hardstad."



Rose Smith



Photo Services

F I R S T

Things

F I R S T

Erica Wood leads the many who enjoyed the picnic in Foss Field after the opening convocation. It gave the new students a chance to meet and eat with the returning Lutes.

Freshmen Don Mato (L) and Jared Miller, proudly wear their Orbal freshmen attire. For initiation each dorm had funny and embarrassing things for their freshmen to wear and do. These included hats, masks, eye patches, and huge glasses. Some were tied together or dragged out of bed at 5:00 a.m. to give a wake up to other dorms.



Photo Services

different

FAMILY WEEKEND

The Mayfest Dancers dazzle and delight students and families alike at the dessert theater during Family Weekend. They performed a number of cultural dances including one where the object of the dance is to get their partner to laugh.



Photo Services



Family weekend is a time to let the whole family in on the new experiences at college. The students get a chance to see their families, while the parents get a peek at what their money is going towards. The weekend is filled with many activities for both students and adults, including a football game, concert dessert theater and time to spend together.

The families get to see what their Lute has been up to by attending some of the activities with which they are involved. For example, the families of the women's crew team had the opportunity to wake up early with their rowers and watch an intense crew practice in action. One parent said he had a new appreciation for all the hard work and dedication his daughter puts into the sport.

In general, it seems like the students really like family weekend, especially freshmen. It is hard to make the transition from high school to college, and family weekend falls at a time when those freshmen might be feeling home sick.

Family weekend has been a tradition for a number of years, and is sure to continue in the future.

Story by: Christie Kurucz

Layout designed by: Elsa Carlisle



Photo Services

Can I help you? Tables were set up to answer questions and to help direct families to the various events.

Geoff Gibbs, Lt., and Josh Coberly, members of Theater Sports perform in Eastvold for the numerous families who attended the Dessert Theater.



Photo Services



Photo Services



Teresa Zappy

Nearly 550 families came to share in the college life with their students. This little girl hopes she too can go to PLU when she grows up.

A father looks at his schedule to make sure he is not late for the next fun filled event planned for family weekend.

Songfest

If you had the pleasure to attend this year's Songfest, you were in for quite a treat. This year, the theme was movies. Every team picked out of a hat the decade from which they would choose their movie. Then they picked the decade from which the music would come. For example, Alpine, Evergreen, and Hinderlie had eighties music with a seventies movie. It was close competition with a lot of talent and hard work, but Ordal and Ivy managed to walk away with first place.

---Christie Kurucz



Bryan Zagar

(Ll.-Rt.) Shannon Robinson, Mike Gintz, Shannon Walsh, Sheree Deskin, Chris Backman, and Sontaya Clement perform their interpretation of movies from the 80's put to music from the 60's. Ordal and Ivy took first place. In their finale all those from Ordal and Ivy who were in the audience joined the performers on stage.

Heidi Logsdon and Herb Lehman from the Foss-Stuen team perform to "The Rose."



Bryan Zagar



Bryan Zagar

(far left) Kasie Scales dances to "Lollipop" during their rendition of "Forest Gump".

Pflueger and Hong presented 90's movies with music of the 50's. Among the movies were "Forest Gump," "Pretty Women," "Speed." David Krueger, Dave Raney, and Melanie Wood rock out to "Hound Dog."

different

HOMECOMING
WEEK & SONGFEST

Homecoming Week provided many good times for everyone. On Monday night, the funny folks from Theater Sports in Seattle came to perform their hilarious improvisational skits. On Tuesday night, a hypnotist came and amazed several watchful eyes. The ever-popular movie Top Gun was shown on Wednesday night, and on Friday night was Lute Laff Off, where five comedians performed in a stand-up competition.

Thursday night sparked the usual rivalry between dorms at the annual Songfest presentation. The theme this year was "Legends of the Time," and each team had to work with a movie from one decade and music from another. Of the five teams, Pflueger-Hong came in third, Alpine-Evergreen-Hinderlie came in second, and Ordal-Ivy came in first with incredible natural talent. All five teams put a lot of hard work into their performances.

Arle Seaton of ASPLU said, "We tried a lot of new things this Homecoming Week, and we felt that the events were successful." ASPLU was enthusiastic about the attendance and pleased with the spirit portrayed by PLU's students.

Story by Evan Johnson
Layout designed by Elso Carlisle



Bryan Zagar

Harstad resident, Mona Aboel-nil, leads the singing of "YMCA." Harstad was teamed up with Cascade as they acted out the movie "The 10 Commandments."



Bryan Zagar

Post and Gruen teamed up to perform their rendition of "Sound of Music" set to music of the 80's. Their crowd pleasing act brought many laughs from the audience.

The cheerstaff (Rt, bottom) leads the Attaway Cheer ...

AND THE CROWD GOES WILD! (Rt Top)



Saga Staff



Saga Staff



Photo Services



Photo Services

(Lt. Top) President Anderson shakes hands with former PLU athletes as they are commemorated for their achievements.

(Lt. Bottom) Kelly Crithfield and Kasie Scales are crowned 1995 Homecoming King and Queen.



Saga Staff

The team togetherness is evident as the Lutes gather in a huddle to plan their attack on Whitworth. (LL)

Wearing their striped shirts, those from Ordal show their spirit as they support their team during the Homecoming game.



Saga Staff

DARE TO BE *different* **HOMECOMING GAME**

HEY LUTES, GO LUTES. ATTAWAY, ATTAWAY!!!!

The cheers could be heard echoing throughout the stadium and out onto the field, as the Lute fans cheered on their team. In the 1995 Homecoming football game, the Lutes were victorious in a 37-7 win over Whitworth. The crowd roared with excitement as alumni and students alike supported our players.

Homecoming, as always, was a time for Lutes of the past to "come home" and visit their alma mater. During half time, sports legends from yesteryear were commemorated by President Andersson for their outstanding athletic contributions to PLU sports. Also, last year's king and queen returned to pass on the reign during the half-time crowning ceremony. Prospective kings and queens had been nominated from each dorm and then put to a campus-wide vote. Kelly Crithfield from Stuen and Kasia Scales from Pflueger proudly accepted their titles as 1995 Homecoming King and Queen. Kelly said, "I'm glad to have such good friends here at PLU." Kasia agreed saying it is her friends who have helped to make college memorable.

Story and layout by Elsa Carlisle
Quote obtained by Evan Johnson

D A R E T O B E

different HOMECOMING DANCE



Saga Staff

These Lutes tear up the dance floor as they swing to the music. A twelve piece band set the mood as they were taken back to the era of the big band sound and a time of swing dancing.



Saga Staff



Saga Staff

18

Although the dance was held in Olson, one would have never guessed. The myriad of decorations turned the auditorium into a beautiful dance hall.

Come on Baby let's dance!! Ryan Rouse and his date, Maggi Braid, show how well they can swing. Couples could be seen turning, dipping, spinning, and swinging all night long.

"In the Still of the Night" Homecoming Memories

When looking back on Homecoming, many memories are sure to come to mind. One may remember the chaos of the afternoon before the dance, as many could be seen madly rushing up and down the halls frantically trying not to be late. The piles of rejected dresses, nylons, shoes, pants, jackets, and ties covered the floors as the endless search for the perfect outfit continued.



Bathrooms were turned into beauty parlors as fellow dormers as fellow dormers at hair styling. Curlers, and curling irons, shrieks of disappointment were heard over less than satisfactory. Others will remember cooking, and making dinners, while others frantically cleaning, preparations for the called to make reser-

ber the look of amazement as they saw their dates as they saw transformed into a had spent all afternoon their dates were truly walked in and saw the with a candle lit dinner, a roaring fire, and roses for each of the ladies. The guys cooked and served a meal including appetizers, steak, salad, and dessert, making it a very memorable occasion.

Others will remember the dance in Olson Auditorium, the beautiful decorations, swinging to the twelve piece band, and dancing the night away with friends and loved ones.

Homecoming night was filled with many wonderful memories which are sure to be treasured forever by all who attended.

Story and Layout designed by: Elsa Carlisle

Story and Layout designed by: Elsa Carlisle



Love is in the air. Heika Bounds and her date, Maurice Chadwick, take a break from dancing.

These four couples showed how easy it is to learn how to swing. After a few quick lessons, they were able to dance like pros and had a blast doing so.

Top row (Lt.-Rt.): Elsa Carlisle, Tual Rainwater, Tova Peterson, Erica Wood. Bottom Row: Nate Warren, Nate Sears, Rick Wilkerson, Brent Johnson

D A R E I T O B E

different

FALL THEATER

"Lights come up, music drifts from off stage," says Carl Anderson, stage manager, as the four actors of "Lips Together, Teeth Apart" take their places on the stage - places that Peter Wilburn has assigned.

For the past two years the faculty of the theater department has selected one member from Alpha Psi Omega to direct his fellow students in a full-length play. This year's production was directed by Wilburn, senior theater major.

The cast consists of juniors, Jefferson Davis, Julie Crowell and seniors, Heather McDougall and Danforth Comins. Their four characters fight their homophobia, their racism, their fear and their distrust for each other in a series of scenes that occur on the deck of the beach house where they are all staying.

Director Wilburn said he chose "Lips Together, Teeth Apart" because he "just fell in love with it. It's reality," said Wilburn. "It has the ability for the audience to relate to the characters especially in the environment at PLU."

The production was put together in three and a half weeks. In that short period of time there was a set to build, over 400 lines for each actor to memorize, an hour and half of staging to be learned, a sound recording to be spliced together, a multitude of props to be gathered, several costumes to be found, and lighting queues to be figured out.

Despite time restrictions and an immense amount of pressure, the crew has nothing but positive comments about the play. Heather McDougall said, "Peter has been great. He is very supportive, and working with him has been incredible." Layout by: Elsa Carlisle Story by: Angel Lepley



Saga Photo Staff

Sally Truman, played by sophomore, Julie Crowell, gives her husband, played by senior, Jefferson Davis, a comforting hug





Saga Photo Staff

Senior, Danforth Comins plays the self-centered and arrogant John, who discovers that he is dying of cancer. Comins has appeared in numerous other PLU productions and is a member of Alpha Psi Omega, a national, honorary, dramatic fraternity

Heather McDougall (Lt.), as Chloe, is the comical relief of the play. Her character is extremely energetic and hyper. McDougall is also a member of Alpha Psi Omega. Jefferson Davis (Rt.) says his character, Sam, "is a guy who thinks he's normal, and he's a little scared about all the abnormal things in the world."



Saga Photo Staff



Saga Photo Staff

(Left to right) Heather McDougall, as Chloe Haddock, Danforth Comins as John Haddock, Jefferson Davis as Sam Truman, and Julie Crowell as Sally Truman. As the director Peter Wilburn put it, "These four people are realizing their own prejudices as they spend Independence Day at the ghostly house of Sally's brother, who has recently died of AIDS. As they try to relax, their intertwined lives begin to show knots, so they twist and turn, trying to get free."



Jay Pike

Cyrano and his soldiers in the French Guard bring their swords together in a symbol of camaraderie before battle.

In his last dying words Cyrano confesses that it was his words of love that captured Roxanne's heart, and not those of Christian, as she had thought.



Jay Pike

D A R E T O B E

different

SPRING THEATER

If you have seen the movie "Roxanne" with Daryl Hannah and Steve Martin then you will recognize the basic plot of the play "Cyrano de Bergerac" by Edmond Rostand, performed by PLU Theater Department.

Cyrano, played by Mikel Michener, has known the beautiful Roxanne (Mandi Wickline) for most of her life. He fell in love with her but never had the courage to approach her due to his huge, unsightly proboscis.

On to this tragic scene comes the young and beautiful, but not so eloquent soldier of the French Guard, Christian De Neuville (Danforth Comins). He, too, falls in love with Roxanne.

At this point in the comedy the tragic part of the play unfolds. Roxanne falls in love with the beautiful words spoken by the handsome Christian, not knowing until too late that they had been written by Cyrano.

The story unwinds with the Comte De Guiche (Kevin Lee), a villain who would also love to have Roxanne for himself.

Together, the ensemble is a group of actors portraying whimsical characters who have a moral lesson for their audience. Among them are love and the knowledge that beauty of faces does not mean depth of character.

"There are no Cyranos today, because all of our heroes are good looking," said Michener.

Story by: Angel Lepley Layout by: Elsa Carlisle



Jay Pike

Cyrano looks on with an anguished heart as his true love, Roxanne, kisses another man.

Roxanne, along with her friends, overlook the activities of the town's people going on below them.



Jay Pike



Overcoming challenges requires going beyond what is expected. Joe Paull, a senior ROTC cadet, has gone above the standard Army Physical Fitness Test (APFT) to earn the title of "Iron Lute."

The "Iron Lute Award" is a new challenge for ROTC

cadets. The physical and mental strength test gives them an opportunity to work towards a higher honor and recognition.

To qualify as an "Iron Lute", cadets are expected to exceed Army standards in physical fitness as measured by the APFT. This test evaluates the cadets' strength and endurance with three timed events: two minutes of push-ups, two minutes of sit-up and a two-mile run.

For the "Iron Lute" competition, immediately following the APFT test, male cadets are challenged to do as many repetitions of arm clips, pull-ups and bench press as possible. Female cadets are tested on the arm clip, flexed arm hang and leg squats.

Joe Paull is the first and only cadet to have earned the title. He says the award "is a good test of strength."

"You have to train for it."

Seniors Chris Haffey, Dennis Keener, and Tamara Bushek take time off of their training for a quick smile.



Jessica Hoffman

(Below) Two cadets show teamwork as they complete the obstacle course.

While most Lutes are still asleep dreaming about their upcoming finals, the reserve Officer Training Corp., ROTC, is up running, literally. Every Monday, Wednesday, and Friday they meet at Olsen for Physical Training, PT, at 6:00 am. Their work out consists of push-ups, sit-ups, and a run in formation. I have more than once been awakened to the sound of their cadences as they run by our sleeping dorms.

In addition to earning they take courses in military tactics and leadership.

Twice a semester the cadets go to Fort Lewis for field training. The exercises include learning to shoot, repel, and the "Slide For Life" which is an 80 foot drop down a line which ends in a fall into the water. Also situations such as traveling through enemy territories, and ambushes are simulated.

According to Heather Delatorre, "These teach leadership." She says she is confident that the ROTC program is preparing the cadets to become great future leaders of our military.

The end of the year is met with an annual military ball held in Seattle.

It can be said with assurance that these Lutes are definitely "being all they can be."



D A R E T O B E
different

ROTC

Myan Chandlee and Dan Betts pause for a moment and look up as they continue their workout of push-ups.



Jessica Hoffman

James Hayes and Jens Magelssen stand at attention.



Jessica Hoffman



Jessica Hoffman



Jessica Hoffman

(Above) Patrick McIvor demonstrates his rappelling skills.

Jeremy Gray, Ruth Leatiota, Carrie Allen, Jennifer Riego, Michael Charles, and Tricia Pass on the leadership Reaction Course over water.

The story behind the Sankta Lucia Celebration is told as the tree is decorated by PLU SPURS.

The Bride and her attendants dance to "Goder Afton." Many Scandinavian songs and music added to this cultural event.



Jessica Hoffman



Jessica Hoffman

The accompanist, Judy Guild, along with a member from the Norwegian Youth Chou fill the room with beautiful traditional Scandinavian music.

The Bride, her attendants, and the Star Children sing a Norwegian song. (Left-Right) Scyller Borglum, Erin Romine (Front) Ryan and Leanna Gill



Jessica Hoffman



Jessica Hoffman

D A R E T O B E

different SANKTA LUCIA

Hope, mercy, purity, dedication, and faith. These are the qualities which a Sankta Lucia bride must posses. One sophomore or freshman is chosen to represent her dorm at the Sankta Lucia Festival. A campus wide vote decides which is to be the "Queen of Lights."

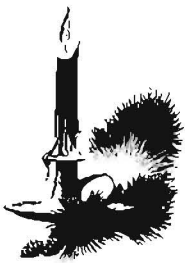
The festival is held early in December and marks the beginning of the Christmas season. It includes traditional Swedinsh dancing and singing by Mayfest and the Norwegian Youth Choir of Tacoma-Barnekor. The story of the orginal Sankta Lucia is told as the Bride and her attendents sing and dance. Following the program is a reception with Swedish desserts.

Kari McGrath, Alpine
Kristen Kehayas, Cascade
Kelly Jones, Evergreen
Karin Anderson, Foss
Scyller Borglum, Harstad

Alyssa Tausch, Hinderlie
Erin Romine, Hong
Jill Janke, Ivy
Jeanne Thompson, Ordal
Kellie German, Pflueger

Erika Vestad, Stuen

Story and layout by Elsa Carlisle



Jessica Hoffman



Jessica Hoffman

The Norwegian Youth Choir of Tacoma-Barnekor sing "Hej Tomtegubbar."

The Mayfest Dancers perform a dance in which the object is to make their partners laugh.

(Right) Jen Gotter and Andrea Svensson put everyone in Harstad in the festive mood.

(Below) Heather Kegley and Susan Detlor wish everyone a very merry Christmas.



Elsa Carlisle

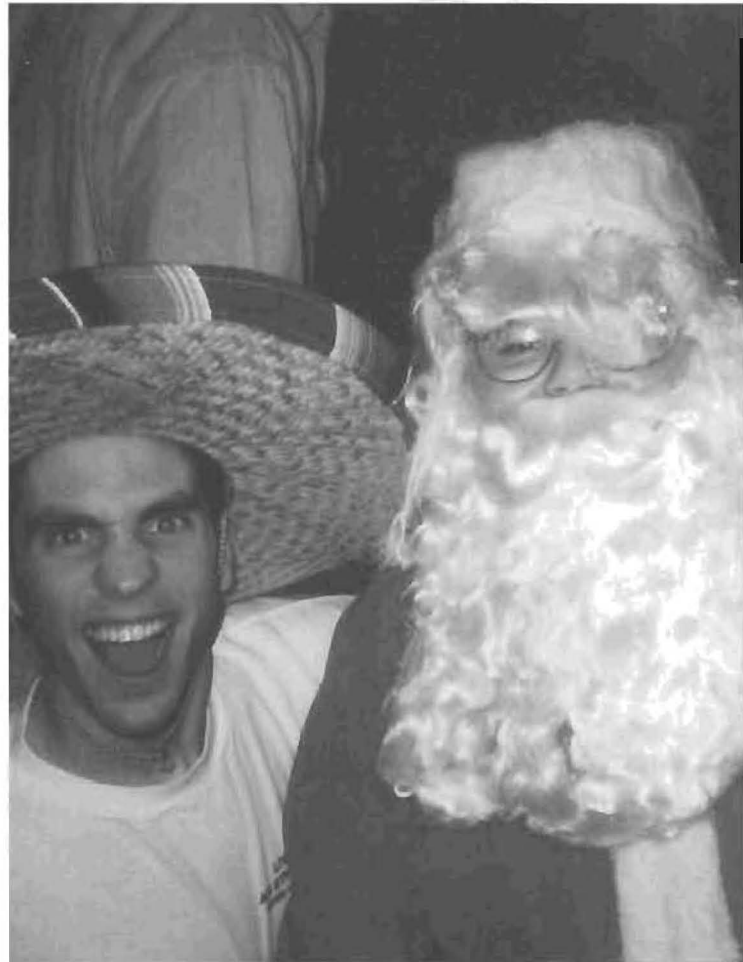


Saga Photo Staff



Tina Newman

Aaron Lafferty and Kevin Kay work as Santa's elves, passing out presents, during the Foss Christmas party.



Saga Photo Staff

(Left-Right) Heath Burton, Suzie Hooper, and Amber Osland enjoy the Alpine Christmas dinner. Many said it was nice to get dressed up and eat a meal somewhere other than the C.



Saga Photo Staff

It's beginning to look a lot like Christmas...

Although the stress of finals hangs over head as the semester draws to a close, the Pacific Lutheran Campus is filled with the spirit of the Christmas season! Carols and mistletoe fill the halls as the countdown to Christmas break begins.

Lutes can be seen "decking their halls" in preparation for the annual Light Wars, which is a contest between the dorms to see which one has the most Christmas lights up in the windows.

The Choir of the West, University Chorale, and various members of the University Symphony Orchestra join together in the Christmas festival concert. This 60-year-old tradition was complete with carols and a candle-lit procession.

Dorm Christmas dinners and gift exchanges, along with Christmas worship services provide an opportunity to share the joy of the holiday season with fellow Lutes.

Story and layout by: Elsa Carlisle

CHRISTMAS

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D A R E T O B E

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J. TERM



Elsa Carlisle

J-Term On-Campus...Pizza Parties...GYRAD's...The Lower Campus Snowball Fight...Sitting through three hour classes...Staying Up All Night Just For the Fun of It... AND... Non-Stop Laughs...

Did you take the dreaded 8:30 a.m. class where the professor wouldn't stop talking or did you have the time of your life in a class where you got time off? Many students got hands on experience working on the PLU Catalog, others built model temples and performed rain ceremonies, while still others dabbled with water colors and art on campus during J-Term.

Crew, basketball, and wrestling all spent time working in the weight room and practicing for their competitions. "I couldn't wait to trade in the Ergs. for the boats and get back in the water," said a crew member.

J-Term On-Campus was filled with late night runs to the border, three hour classes, and sports practices. Most wings spent time bonding and taking time to just relax. Even though we spent most of our time in the Lute Dome during January, we On-Campus Peoples experienced PLU in a new light. Over all J-Term was a crunch time of parties, studying, making memories, and fighting the lines in the Bookstore to prepare for second semester.

Story by: Tina Marie Newman Layout: by Elsa Lynn Carlisle

While some were sitting through boring lectures, the students of Anthropology built models of ancient civilizations, complete with temples, ball courts, and residential housing.

(Above) Jacob Downs prepares the lime to apply to the outside of his temple.

(Left-Right) April Kludt, Justin Maschhoff, and Brooke Kloppenburg proudly put the finishing touches on their masterpiece.



Elsa Carlisle



Elsa Carlisle

(Left) J. Term found many Lutes hitting the books as they struggled through three hour classes.

(Below) Students living on campus during J. Term were able to get a jump on book buying for second semester. However, high prices and long lines left some wishing J. Term wouldn't end.



Elsa Carlisle



Elsa Carlisle

(Above) "Let it snow! Let it snow! Let it snow!" says Frosty the Snowman.

A January snow fall left the campus covered in a layer of white. The traditional 2:00 am lower campus snowball fight was a much needed stress reliever as students began to cram for their J. Term finals. Snowmen and snow angels could be found all over campus.



Elsa Carlisle

(Right) Harstad first floor residents went on a J. Term GYRAD. The date included a pizza party and ice skating at Sprinker. It was a great bonding experience as they demonstrated their grace, or lack there of, on the ice

"It was great to get out of the 'Lutedome' and to do something as a wing," said one resident.

D A R E T O B E
different

J TERM OFF CAMPUS

Falling coconuts were among the numerous adventures PLU students encountered in Hawaii.



Lindsay Tomac



Lindsay Tomac



Lindsay Tomac

Water falls created a beautiful and unforgettable learning atmosphere. The students acquired a new appreciation for the land and what it has to offer.



Andy Glandon

Lutes in Hawaii prepare to hike to hot lava flows. They measured the flows to be 180 degrees Celsius.

(Top) Although there was a lot of studying to do, the students who traveled to Hawaii for J Term found some free time to work on their tans. Some said it was hard to leave the sun and sand of Hawaii to return to the rain and snow of a Washington winter.

Lindsay Tomac makes a new friend during her time studying in Hawaii. They were able to get to know the dolphins at the Hilton in Waikoloa Village.



Lindsay Tomac

Professor Steven Benham (Bottom RT) poses with the seventeen students who joined him in Hawaii to study for J. Term.



Lindsay Tomac

(Below) While studying in Hawaii students had the opportunity to compare the difference between white, green, and black sand beaches. Six sun-soaking students spell out PLU '96 with rocks on a black sand beach.

Three minivans pulled up to a white building with "kapu," the Hawaiian word for "keep out," painted on it. With smug faces we crawled through the fence. Due to our professor's special connections and his penchant for old clocks we had attained permission to visit a 700-foot pali (cliff) known as the Kahuku fault on the Big Island of Hawaii.

Seventeen students, led by Earth Science professor, Steve Benham, spent three and a half weeks studying the marine biology, geology and ecology of the land of Hawaii. During our four days on Oahu we visited the Bishop Museum, North Shore Hanauma Bay, but missed a chance to visit Pearl Harbor due to the government shutdown. We then flew to the Big Island where we spent three weeks visiting Volcanoes. We stayed in Volcanoes National Park.

Highlights of the trip included a snorkel cruise in Kealahou Bay, missing a chance to visit Pearl Harbor due to the government shutdown. We then flew to the Big Island where we spent three weeks visiting Volcanoes. We stayed in Volcanoes National Park.



included a snorkel cruise in Kealahou Bay; hiking to hot lava degrees Celsius; com-surf at white, green, and black sand beaches; sea turtles, trying fresh-cut pineapple to the

Weekends were ours to spend as we wished. One weekend some of us traveled to Kona where we sunbathed and played on the beach during the day and went to a Hawaiian luau at night. A couple of others opted for whale watching. The next weekend a group of students flew back to Oahu to visit Pearl Harbor, which had reopened. On our last full day, along with seven other students, I had the opportunity to go swimming with dolphins in a special program at the Hilton in Waikoloa Village.

After one incredible month, we returned to PLU (from sun to snow) tanner, more knowledgeable and with a respect for the land and its people.

Story By: Lindsay Tomac Layout by: Elsa Carlisle

(It-rt) Bethel Cope, Sonja Anderson, and Jen Klumpp enjoy a day of sunshine. When the rain finally quits many venture out of the dorms to soak up the much appreciated rays.



Elsa Carlisle

(It-rt) Kevin Kay, Andy Glandon, and Peter Schatz have a blast in Foss Hall. Fun times can always be had in Foss.



Foss Hall Staff

DARE TO BE *different* **HAVING FUN AT PLU**

The most memorable college experiences don't occur in classrooms or at carefully-planned activities; whether it's sitting in Red Square on a sunny day with a group of friends, or gathering in your room to cheer on the Mariners during the "Magic Season," the events that will become incredible memories tend to occur in the moments you least expect.

At the end of each year, we look back on our experiences and cherish the little things that make college life so special. College is a place where in-depth discussions on Plato's philosophy flourish beside debates over whether Picard or Kirk was the best Star Trek captain, and frantic all-nighters coexist with shaving cream fights and cookie dough binges. In college we learn the meaning of the word "study", but we also learn how to have fun. College gives us a chance to explore cultures and beliefs we never knew existed, and figured out exactly who we are and what we want from life. College also gives us a chance to build friendships with people we might never have gotten to know in high school. Cliche as it may sound, college friendships really do last forever: Some may even result in a quest for the perfect caterer and china pattern!

Whatever your college experiences, you can be sure that they will be part of the stories that you will someday tell your children. Although you may never remember the periodic table or which Bronte sister wrote *Wuthering Heights*, you will remember the people you met, the friends you made, and the things you learned about yourself. And, of course, which foods are edible in the cafeteria - the important things in life.

Story by: Jody Allard Layout by: Elsa Carlisle



Elsa Carlisle



Tina Newman

Sara Mueller (rt) and Jaime Kuzmanich model for a Tide commercial after mud sliding on Foss Field. Having fun at U is definitely a dirty job.



Dan Gates

(Top) The excitement is high as many college students gather at Nare Warren's house to watch Magic Johnson's return to basketball while eating such delicacies as popcorn, pizza, and spaghetti.

(Above) Bottom row: (lt-rt) Cynthia McClure, Xcinia Babayan, Dawn Gates. Middle row: Kirsten Lindquist, Karly Willoughby. Toprow: Kimberly Carl These Ordal girls tower above the rest.

Devyn Copley (lt) and Sonja Anderson find Rejoice a time to discuss topics of their Faith with fellow college students.

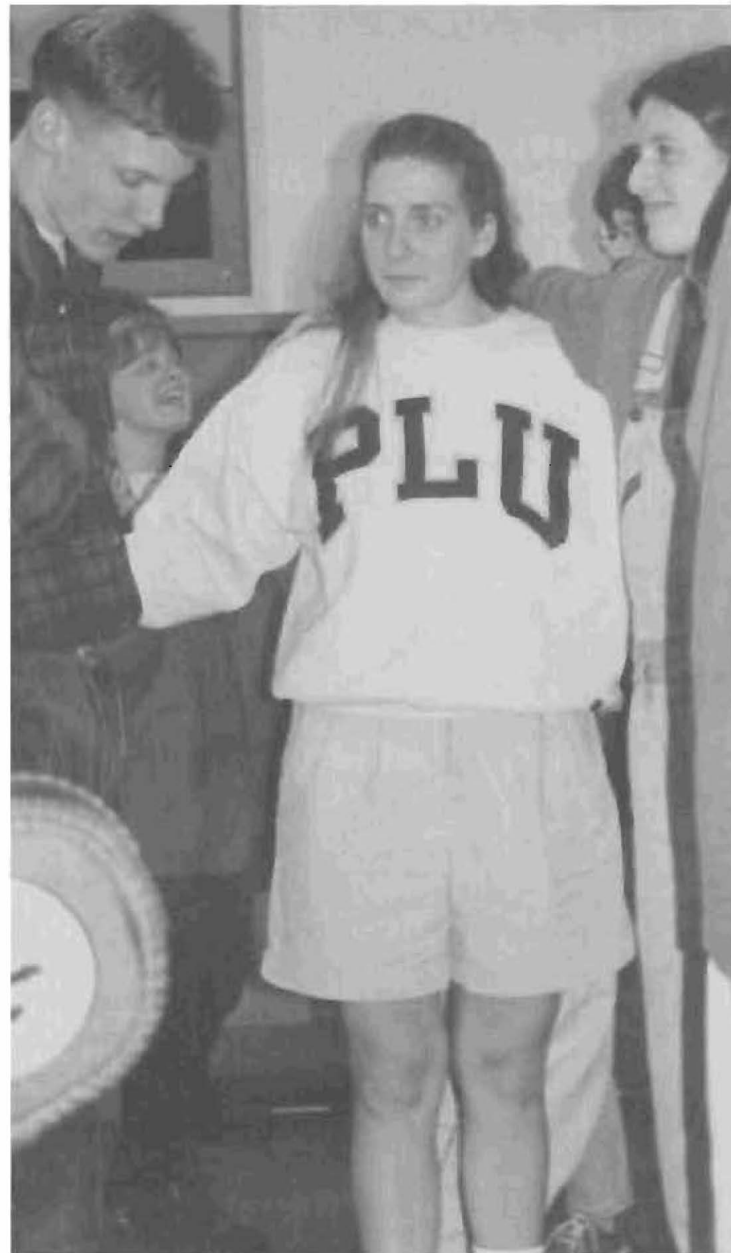
Sonja was quoted in the Mast as saying that she thrives in a Lutheran atmosphere. "It is one of the only places I've found where you don't get judged," she said.



Jay Pike

(Rt) Brent Mapes, Marney McArthur, and Jamie Kuzmanich gather together in a group prayer. Friends can always be found to offer support in times of troubles, or to laugh with in times of rejoice.

(Below) Heather Carter is very excited to share her faith with her friends. Rejoice is an exciting, fun time to gather together with friends, sing, laugh, and rejoice in the Lord!



Jay Pike



Jay Pike

REJOICE

D A R E T O B E
different



Jay Pike

Students gather in Xavier every Wednesday night at 9:30 pm for an evening of songs, prayers, and fellowship.

Greg Thompson and friend demonstrate the friendly atmosphere felt at Rejoice. One Rejoicer said it offered a comforting atmosphere where she could openly express her faith without fear of being ridiculed.

Every Wednesday night, students gather together to express joy and praise to God. This gathering is known as Rejoice.

Rejoice is aimed at bringing in people from all denominations for praise and worship of Jesus. The group sings, prays, and listens to individual speeches and presentations. They also have the opportunity to receive communion. Music and speakers from on or off-campus are also a big part of Rejoice.

People who attend get involved personally, and everything they say is confidential. Students are welcome to join Rejoice, whether Christian or of other religions.

Students enjoy Rejoice a great deal. According to junior Scott Wiitala, it is a "good outlet for people who want to find out more about God without being immersed into the church."

According to a recent pole done by The Mast, when choosing to attend PLU, the religious affiliation only accounted for 19 percent of the 139 freshmen questioned. However, many enjoy to participate in the laid back atmosphere Rejoice has to offer. It gives students the opportunity to explore their beliefs without the formality that often accompanies church services.

Story by: Evan Johnson Layout by: Elsa Carlisle



Jay Pike

Last fall four students, Andrew Gray, Greg DeJardin, Broady, and Scott Kessler decided that they would start a new kind of ministry, a contemporary worship. The result was The Well, formerly known as T.G.I.F. The Well is held every Monday from 9:00 to 10:00 p.m. Last year it was only open to students, but this year it is open to the whole community.

The activities at contemporary music, prayer, guest speakers from Students and members of the community get a chance, worship aside from vices.

The worship to belong to a Bible aside from just attending to Greg, the is to "reach the college for the sake of Jesus."

Good friends Andrews, and Kasie like this: "The Well is a special time for students to take a break from their studies and focus on God and the friendships they've made."

Sounds like The Well is a very valuable part of many of the lives of students here on campus. As their motto states: "Drinks are on Him at The Well."

Story by: Evan Johnson

Layout designed by: Elsa Carlisle



The Well are contemporary, and listening to on and off-campus members of the community through The Well, to attending church ser-

team wants everyone believing church, tending The Well. A objective of The Well lege community for

Marci Voeller, Aimee Scales summed it up

The band prepares to lead the crowd of students in song. The live music and singing adds to the fellowship found at The Well. Singing and rocking out to the band makes for a great stress reliever.

Zach Lee, Sierra Rowe, Lesley Hampton, and Jen Klumpp clap and sing along with the band. The Well offers a variety of contemporary Christian songs.



THE WELL

DARE TO BE different



Sonja Anderson



Sonja Anderson



Sonja Anderson

(Top) Students gather together at Trinity Lutheran Church, across the street from PLU, every Monday night at 9:00 pm. The Well provides an opportunity for them to share their faith with fellow college students.

(Above) Jen Tolzmann, newly elected ASPLU President, speaks at one of The Well meetings on the benefits of Christian leaders.

The Well banner hangs proudly for all to see. On it is the Bible verse: John 4:14 "Whoever drinks the water I give him will never thirst."

Kurt Eilmes'

Top 10

Signs It's Raining too Much

10. People are going outside with shampoo and soap for showers.
9. For instant coffee put two scoops of coffee grounds in a mug, set outside for 30 seconds, heat and enjoy.
8. Avid fishermen can fish outside their dorm windows.
7. Thirsty? Go outside, tilt your head back and open your mouth.
6. Instead of roller blading, we are now water-skiing.
5. Campus Safety has abandoned its trucks and are patrolling in canoes.
4. The crew team is practicing on Foss Field.
3. The rats are moving to higher ground.
2. Your roommate, Noah, is building an ark.
1. You can't smell Tacoma.

Will it ever stop? The water level continued to rise around Foss Hall creating Foss Lake. The parking lots had a foot of standing water, creating a new meaning to "car pool," and Rieke Science Center had a new marine lab.



Elsa Carlisle



Libby Brossia



Elsa Carlisle

Umbrellas line the hall on first floor in Harstad as they dry.

(Above) Mikel Michener and David Mietzke canoe through the "lake" formed in lower campus by the heavy rain fall.



D A R E T O B E

different

DISASTROUS WEATHER

The winter of '96 seemed to last forever; whether sloshing through small oceans on the way to class, dodging trees in front of Harstad, or struggling against gale-forced winds just to open a door, this winter has certainly been a memorable one. There has been enough rain to last a decade - even for Tacoma! Birkenstocks have been gathering dust in closets, while hiking boots have become necessary just to walk across campus.

Despite the inconveniences we've suffered on-campus, PLU actually escaped the recent slew of natural disasters relatively unscathed. While areas throughout the state were isolated, and natural parks ravaged by flooding, PLU escaped with relatively minor damages. A few flooded parking lots, fields, and buildings were minor inconveniences compared to the destruction throughout the state. Likewise, although trees were downed and debris littered the campus after the winter windstorm, we were lucky enough to keep our power, unlike many other schools and businesses throughout the state.

Although the weather may not have been ideal, it did not keep the Lutes locked up indoors. Many could be seen swimming and even rowing in the newly formed "Foss Lake," formally known as Foss Field. Also a snow ball fight or two was a wonderful stress reliever as many students crammed for finals during the J. Term snow fall. It just goes to show, when faced with disasters the Lutes will find a way to overcome.

Story by: Jody Allard Layout by: Elsa Carlisle



Elsa Carlisle



Leah Trott

During the winter wind storm a tree came crashing down in front of Harstad. No one was injured, but the jeep wasn't as lucky.

Upper campus under a newly fallen blanket of snow during J. Term.

different

MAY FEST

(Top It-rt) Gordon Long, Brooke Coleman, Kimberly Rose, Alexandra Lampert, Jessica Fox, Sanna Olsen, Mathew Yu. (Third Row) Erika Perkins, Jessica Clowers, Kelly Johnson, Cathy Stambaugh, Amy Skare, Noel Smith. (Second Row) Dawn Eppler, Suzi Fritch, Tina Baumann, Christine Bumpous, Sterling Gustafson. (Bottom Row) Chrissie Hays, Heidi Yoneda, Sallie Phipps, Adria Franks, Lea Houwman.



Jay Pike

Mayfest is the oldest existing club on campus and has carried its traditions through the 1995-1996 school year. Mayfest performs a broad spectrum of dances from all over the world. Our emphasis is on performing, as well as exploring, different cultures and their customs through dance. This year, our focus was on the American culture with an emphasis on dances from the 1950's, '70's, and '90's.

One of our most exciting traditions is the Final Performance. This is our big, year-end finale which we work towards throughout the year. The group works very hard to perfect the dances and the result is outstanding.

Another popular tradition is the Mayfest Tour. After school ends in May, we travel for two weeks performing at different locations. In the past, the group has toured through Canada, Idaho, Montana, Minnesota, Oregon, Nevada, New Mexico, Arizona, and more. This summer we are traveling to Reno, San Francisco, and the Oregon Coast.

Mayfest offers a great opportunity to meet people, and it is a great way to have fun. From the first meeting in September until now, I have only grown closer to the other members in the group. They have taught me a lot about dancing, and I have learned a lot about myself as well. We have developed a sense of pride in our accomplishments.

As the Performance Coordinator for the group, I had a chance to travel to many performances, and I greatly enjoyed each and every one. The dancers cooperated well together and made every performance fun for all. This year's Mayfest was a great group, which is sure to carry on its talents to next year.



Jay Pike

Matthew Yu and Brooke Coleman are a perfectly matched dance pair.

The Mayfesters strut their stuff as they perform in Olson Auditorium. They are performing a dance in which one partner attempts to convince the other to dance.



Jay Pike



Jay Pike



Jay Pike

Gordon Long and Tina Baumann dance in perfect unison. The Mayfest dancers perform their dances with such grace and beauty that they receive smiles from the crowd with every performance.

Sallie Phipps and Heidi Yoneda show how much fun Mayfest dancing can be. They learn numerous dances from different cultures and time periods.

SPRING FORMAL

D A R E T O B E different

(Lt-rt) Heidi Perchnick, Abby Wigstrom, Jamie Cox, and Shawn Varick take a break from their night of dancing to give us a smile.



Elsa Carlisle

Four hundred students took to the dance floor March 30th for this year's Spring Formal.

Beneath the dome of the Union Station in downtown Tacoma, ASPLU's version of a European Cafe provided students with an impressive dance floor and an espresso bar. Balloon decorations added to a permanent glass sculptures by internationally-renowned glass artist Dale Chihuly to adorn the station.

The European Cafe theme did not feature a classic '30's and '40's swing band as Homecoming had. "We've heard some negative feedback and some positive things about the swing band," said Formal Dance Chair Amber Davidson. So, the committee decided to take a middle path.

"We decided that it would probably not be a good idea to have a swing band for both formals, so in hiring Austin (Beaver, a local DJ), our aim was to make this more like an average dance," Davidson said.

"The music had no relation to the theme, but that didn't bother me," freshman Julie Johnston said. "The music was some oldies and some '80's stuff. I loved it, it was awesome."

Planning for the dance started last November. The architecture and atmosphere of Union Station itself inspired committee members to adopt the European theme.

PLU Catering provided refreshments such as fruit, cheese, and crackers.

Event planners were very happy with the turnout. According to Davidson, it was the most highly attended Spring Formal held in the last couple of years.

"The one problem we had with the dance is that we didn't have nearly as many people to set it up and clean up as we are used to," Davidson said.

Story by: Mark Lee Layout by: Elsa Carlisle



Elsa Carlisle

Matt Dheux demonstrates his dancing abilities as he tears apart the dance floor with his rendition of the running man.

Eve Otten and Brian Swanstrom show off their ballroom dancing skills.



Elsa Carlisle



Elsa Carlisle



Elsa Carlisle

This couple takes a break from the dance floor to relax in the European Cafe setting.

Look out Fred Astaire Here comes some competition. Many liked the variety of music which was a range from ballroom dancing, to upbeat modern sounds of the '90's. There was something for every taste.

Brad Parker admires the sweater Charlotte Gogstad bought at the Hard Rock Cafe on the mainland of China



Diane Harney

(Below) Carrie Benison, Charlotte Gogstad, and Eric Morrison became great friends while studying in Hong Kong. They are riding on the ferry between Hong Kong Island and Lantau Island.

Erik Ryan (L), Brad Parker, and Kiis Ahleis (front) pose in front of a maze lion sculpture on Lantau Island.



Charlotte Gogstad

Study abroad... what a concept. Students do it for a variety of reasons. Some want to gain fluency in another language. Some are seeking adventure. Some have a drive to help others through hands-on service. Some just want to live in and grow attuned to another culture. Whatever the reason, many PLU students are reaching beyond American ethnocentricity and embracing foreign people and experiences to make themselves whole.

This year, PLU students have traveled all over Europe, Asia, and Mexico. Others in Africa. When they landed, they always re-appreciated their rights as Americans and a new awareness of themselves. PLU's students have touched and been touched by their experiences abroad. Just ask the ones who were homesick and then rushed home to find themselves plagued with a case of "away-sickness."



Students studied and traveled in South America and even served others. Whatever students have turned home with a new awareness of themselves.

Story by: Sara Teas

Layout by: Elise Carlisle

STUDYING ABROAD

DARE TO BE different



Charlotte Gogstad

(It-rt) Brad Parker, Kris Ahlers, Erik Ryan, and Sam Bolland in Guangzhou, China, touch a tree that vibrates to the touch.

These thirteen students travel on the Star Ferry between the mainland of China and the Island of Hong Kong



Diane Harney



Diane Harney

(Top) Erik Ryan, Espen Wideroe, Kris Ahlers, Brad Parker (Bottom) with Dussell, Sam Bolland, and Eddie Stevens are all dressed up with the place to go, as they wait for a subway in Hong Kong.



Courtesy of Sara Teas

(It-rt) Renee Trujillo, Sara Teas, Jeremy Mangan, Jen Hamlow, Martha Pleasance, and Kristina Knoll had a great time while studying in Freiburg, Germany

DARE TO BE
different

INFO DESK HOLD-UP

Keith Dussell in a staged hold-up of the Information Desk.

He says that he has recovered, but he would never wish the initial trauma he felt on anyone. "It's like summing up all of your worst fears in one moment when your stomach just drops," he said.



Adam Halvorser

The Information Desk was held up late Friday, Sept. 22, by a bandana-wearing man matching the description of a robber hitting pizza places on Pacific Avenue.

University Center supervisor Keith Dussell was bringing "less than \$200" to the UC safe from the Games Room register when the young man appeared and held a gun to his head. The robber motioned for Dussell to put down the money he was carrying, said Dussell.

The Information Desk worker on duty was in the back room at the time of the hold up, said Dussell. She was uninvolved in the incident.

The robbery was the first in the UC since it was built 26 years ago, Campus Safety Director Walt Huston said.

Dussell said he did not argue with the robber.

"No amount of money in that till could have possibly been worth my life," he said.

Huston said Dussell did all the right things during the robbery. "(He) was able to maintain calm and cool demeanor," Huston said. "He turned over the cash and didn't do anything to cause the suspect to get excited."

Huston speculates that the suspect had been in the UC at least once before, since he seemed to know the routines.

"It's an easy target," Huston said. "It is common knowledge that we don't have armed persons on campus. It is also easy to figure out when the deputies are here."

Pierce County Sheriff's Office deputies patrol the perimeter of the campus at night.

Huston said that the best course of action in a hold-up is to "give them what they want and don't make any fast moves"



Info-Desk

From candy bars to toothpaste to balloons to paper to odds and ends paraphernalia the Info Desk is filled with many things PLU students need on a daily basis. Working at the Information Desk is a lot of fun. "You get the chance to meet many new people and get to learn more about PLU," said Info-Desk Worker Jamie Meyers.

When working the Info-Desk, it's 9 p.m., not a soul in sight what do you do?

Option #1

Homework.

Option #2

Talking with the student supervisors in the University Center.

Information Desk Worker, Rachelle Snowden helps her smiling customer pick out exactly what she is looking for.

"It's a great job, while you're a student and gives you time to get your homework done," Rachelle said.

Info-Desk workers find themselves memorizing prices just by accident. Although, as one worker said, "Having the scanner there helps a lot."

DARE TO BE

different

CAMPUS SAFETY

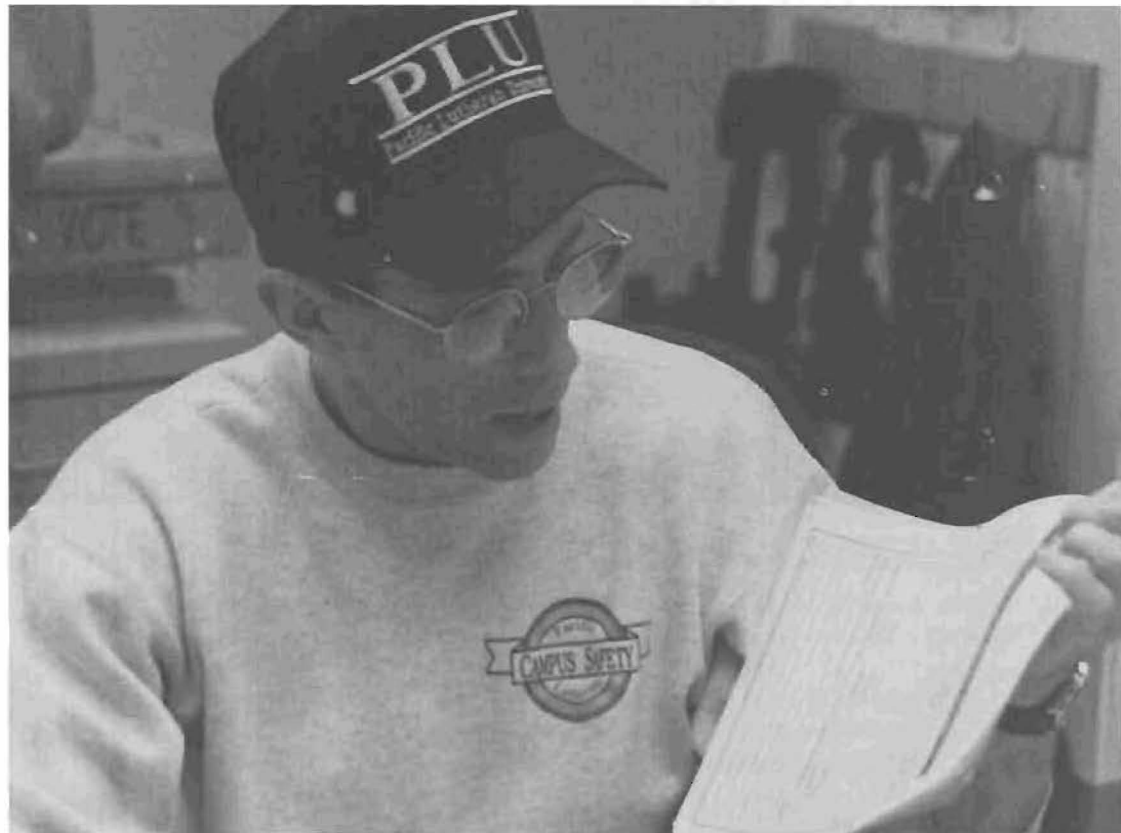


Courtesy of the Mast

Alisa Beach, a one year veteran of Campus Safety reports for her midnight to 8 am shift. Long night shifts are just part of the duties performed by these students dedicated to keeping our campus safe.

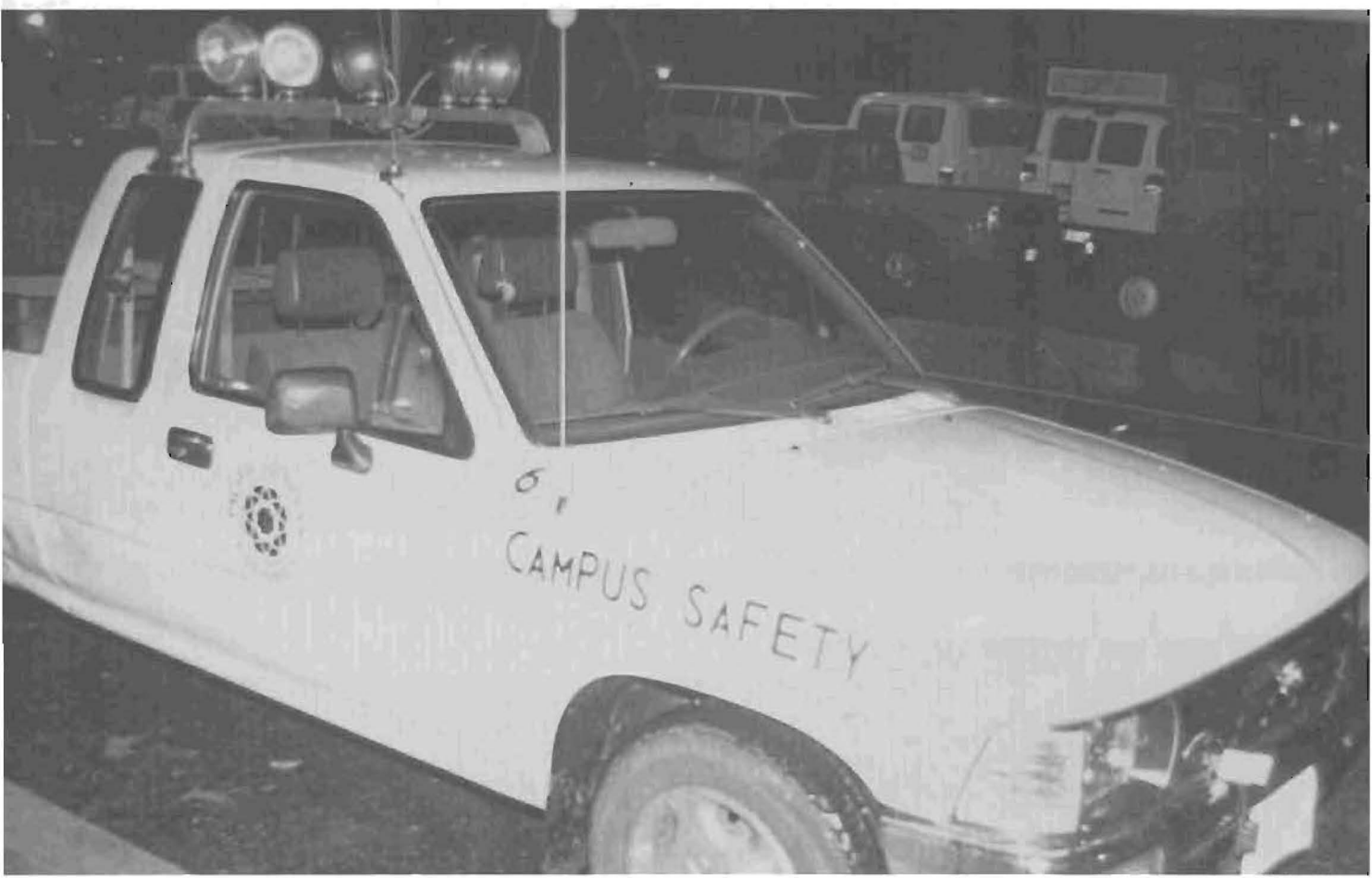
Tim Allen, operations supervisor, puts incoming reports into the computer.

Reports may include anything from car vandalisms, to stolen items, to violations of the dry campus policy, to requested escorts and fire alarms.

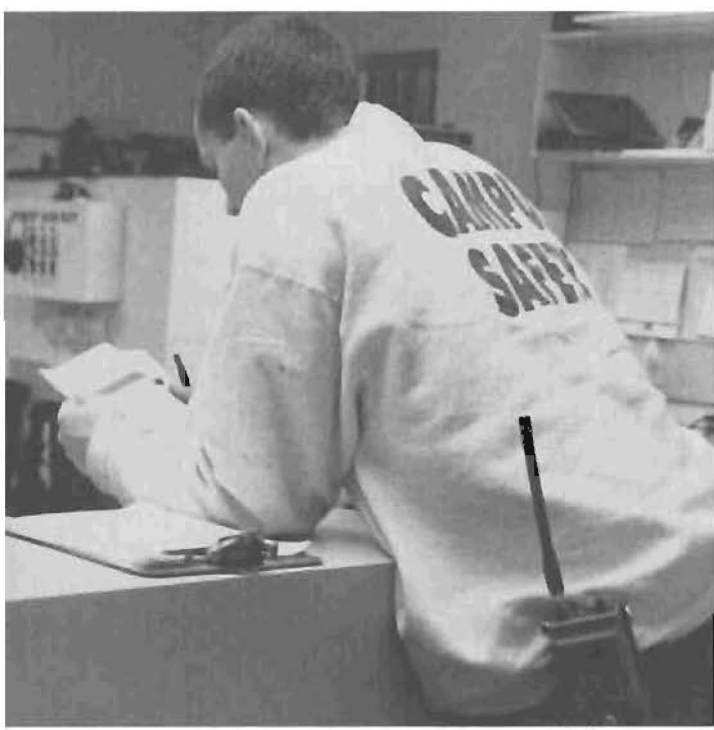


Courtesy of the Mast

Victor, Campus Safety's Toyota pickup, was replaced this year with a 1995 Chevy Blazer with four-wheel drive. It had become too unsafe. According to Campus Safety director, Walt Huston, "The welds in the frame were starting to come apart. There was also metal fatigue."



Courtesy of the Mast



Courtesy of the Mast

The year-old recycling program at PLU donated \$7,400 of its total profits - \$15,750 - to Campus Safety department for the purchase of six Kona Lava Dome mountain bikes and accompanying accessories such as helmets, goggles, special headlights and fender, emergency pouches, first aid kits, and gloves, etc.

"The bikes have improved our effectiveness quite dramatically," said Walt Huston, director of Campus Safety. "After just one week of patrolling, we had interrupted one vehicular break-in and have responded faster to aid and fire alarms."

According to Adam White, environmental services coordinator and brainchild behind the bike project, no tuition dollars were used to purchase the bikes. "It (the money for the bikes) came from everyone's hard work and effort, not from someone's budget."

Jacoby Allen looks over some paper work during his night shift.

Layout by: Elsa Carlisle

The Cave is the place for fun and excitement. From concerts to keggers (from here that is), there is always something going on in the Cave.

(Far Right) These Lutes relieve some of the stress from a hard week of hitting the books. They come to the cave for fun, friends, and good ice cream.



Elsa Carlisle

D A R E T O B E

different EATING AT PLU

It's feeding time at the PLU zoo!! When those tummies start to rumble and it's getting close to meal time, the students at PLU have a variety of options as to where they can satisfy their pains of hunger.

The University Center Commons offers cafeteria style, all-you-can-eat food including favorites such as the pasta bar, nacho bar, and chicken strips. Sandwiches, salads, soups, and deserts are always offered.

The Bistro, located on lower campus, offers popular "Grab and Go" sack lunches which are great when time between classes runs short. Dine-in or take-out items are available, such as the individual pizzas baked to perfection in brick ovens and prepared with a variety of toppings. Friends, fun, and good food can always be found at the Bistro.

The UC Coffee Shop can be found underneath the UC Commons. Deli sandwiches, hamburgers, gardenburgers, and chicken sandwiches can be had along with the ever popular Starbucks coffee. The Coffee Shop offers quiet, small table settings, perfect for dinner discussions or studying while eating.

The Cave is the place to go for a snack during a study break. Lutes can always be found relaxing in front of the big screen TV, eating ice cream, rocking out to numerous bands, or chatting with friends attempting to relieve the college life stress.

With the variety of meal time choices, there is no danger of becoming bored with the same old food. However, there is still nothing like a home cooked meal.

Story and layout by Elsa Carlisle



Teresa Zappy



June! Broderson (L), middle) is among the many who flock to the Bistro for a dinner of pizza, salad and breadsticks.

Students can often be found studying while eating in the Coffee Shop. (R), top!



Teresa Zappy



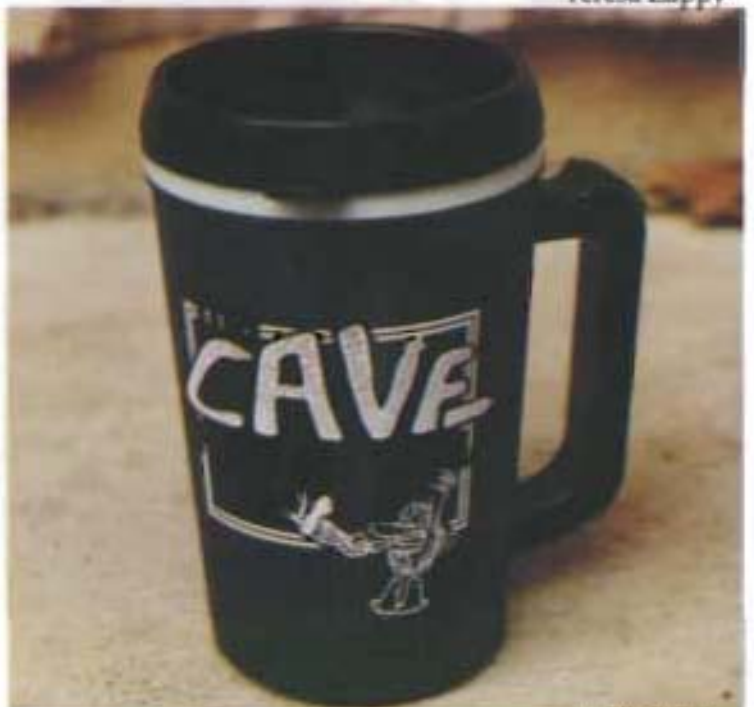
Teresa Zappy



Teresa Zappy

Aaron Padilla (L), Orenie Nuber, and Sean Marsumoto (R) show how much they love eating in the UC.

The Cave mug is a popular and environmentally sound alternative to the disposable paper cups.



Elsa Carlisle

Student's

Top 10 Coffee Picks

1. Mocha
2. Vanilla latte
3. Latte
4. Iced mocha
5. Irish cream latte
6. Caramel mocha
7. Almond mocha
8. Hazelnut latte
9. Regular coffee
10. Cappuccino

Top 3 Latte Flavors

1. Almond
2. Hazelnut
3. Irish Cream

Top 3 Mocha Flavors

1. Raspberry
2. Hazelnut
3. Caramel

*This information
was obtained from
the Feb. 16, 1996 is-
sue of The Mast.*

The Northern Pacific Coffee Company, located one block from campus, is a popular spot for Lutes to go to satisfy their caffeine craving. NPCC offers a wide variety of flavors for mochas, lattes, or whatever one may desire. The owner (r) prepares an order for one of his patrons. He has expanded his shop this year to also include a bookstore to add to the menu.



Elsa Carlisle



Jay Pike

Alicia Manley (l) and Molly Leberg take advantage of the coffee shop's setting to have a heart-to-heart talk. Many meaningful discussions have a way of developing when friends go out for coffee. Good friends and good coffee, what else is there in life?

DARE TO BE
different

COFFEE-MANIA

History of Coffee

For many college students, coffee is what enables them to get through each day. From when coffee was first discovered to have medicinal and nutritive properties in 600 A.D. to now, coffee has played an important role in many of our lives.

Although today's coffee shows little resemblance to the medicine of the 7th Century, it is still an integral element of our society.

According to legend, a goatherd in Ethiopia was the first human to taste the coffee bean. After watching his goats eat red berries from a wild tree, then grow frisky, the goatherd tried the berries. He too enjoyed the berries' stimulating effect. And, from a goatherd's first taste of a small red berry, evolved what we now know as coffee.

It was not until the 13th Century that coffee became a lucrative article of trade, after it was discovered that a delicious beverage could be made from the roasted beans. The beverage was introduced into Turkey in 1554, Italy in 1615, and France in 1644. After it reached France, coffee was soon introduced into other European countries. Following the British colonization of the Americas, coffee was introduced to the New World.

Story by: Jody Allard Layout by: Elsa Carlisle



Ingrid Ford



Elsa Carlisle

Aaron Elk and Ingrid Ford discuss an assignment while enjoying their coffees.

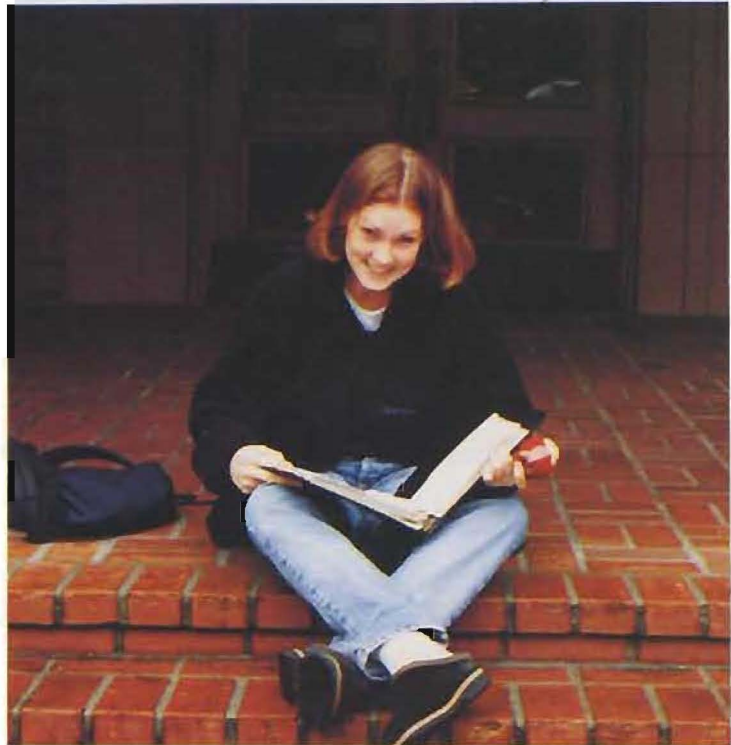
A friend can always be found at the Northern Pacific Coffee Company, say Elsa Carlisle (R) and Sonja Anderson.

Errr!!!! Stress? What stress? Amy Mathisen finds little free time when trying to balance a busy schedule including crew and her heavy course load. She says she keeps her sanity only by eating Yorks "like they were going out of style."

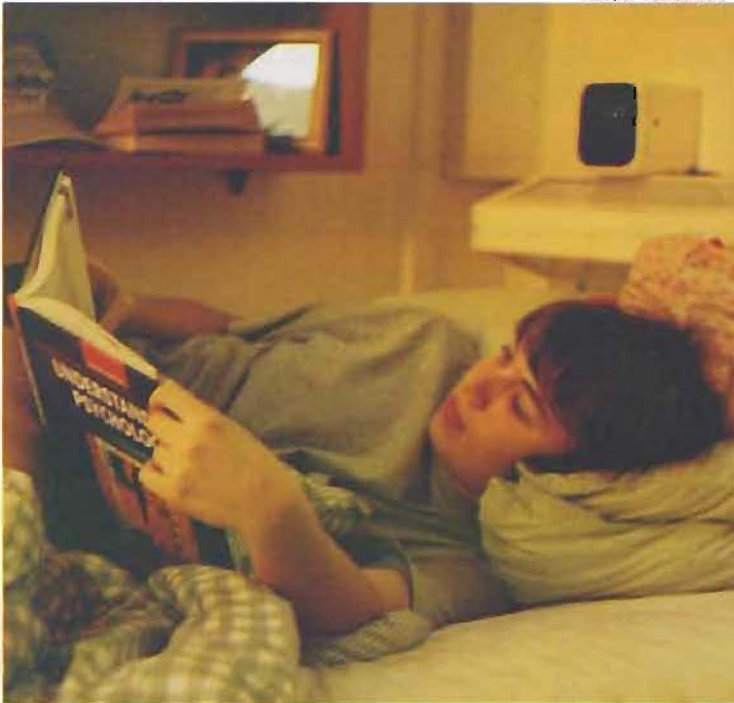
Sonja Anderson takes a break from her studies only long enough for a quick smile.



Elsa Carlisle



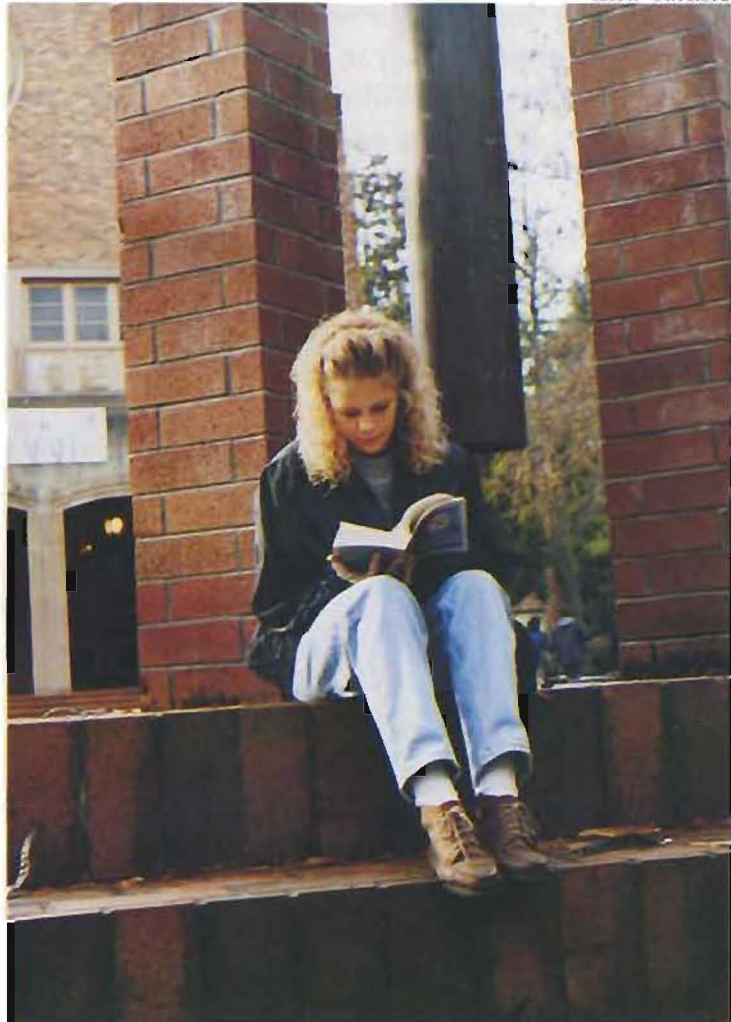
Elsa Carlisle



Elsa Carlisle

Jenny Gotter prefers to study in the comforts of her own room. Being a Harstad resident, she does not have to worry much about the noise of dorm life. Harstad is one of the more quieter dorms and is great for studying.

Connie Nelson enjoys the sunshine while she catches up on her reading. Red Square is a popular spot for many students to relax in the warm sun, or enjoy the colors of fall while they study for their classes.



Elsa Carlisle

New Warren, Jr., and Rick Wilkerson, find the library a quiet place to work for their
ate. However, the stress of dead week may be a little too much for freshman Rick to
ndle. Now, on the other hand, being a senior keeps his cool, for he is sure that if he
eps studying he'll do well on all his finals



Elsa Carlisle

All the weight of the world is on your shoulders and you feel
like you are the only one in the planet with so much to do. Other
students have time to go to movies, parties, or hang out with friends.
Why does it seem like you are the only one who is staying home on
Friday night because you are 100 pages behind in your Psychology
class?

Well, you are not alone. If you browse through the library on
any night, there are always people doing research or catching up
because they slacked for a few days. It is easy to procrastinate when
you are so easily distracted. In fact, "procrastination" is probably the
most often used word in a college student's vocabulary. Studying in
the dorms can be difficult, but that is why you must find that big brick
building on the northeast corner of campus. If you just hang in there,
you'll make it to the end of the semester....
and then you get to do it all over again.

Story by: Christie Kurucz
Layout designed by: Elsa Carlisle

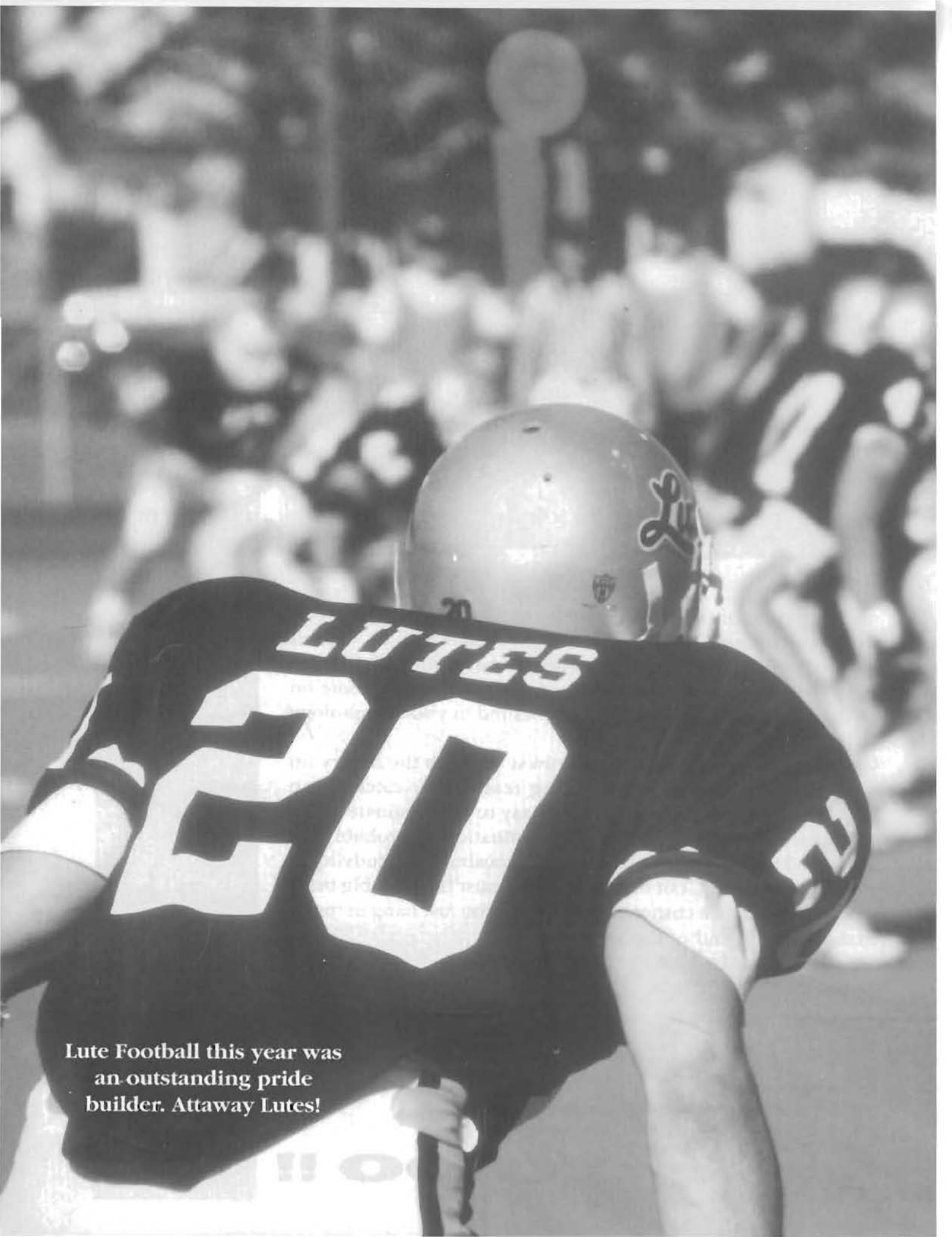
TOO

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different
STUDYING AT PLU



Lute Football this year was
an outstanding pride
builder. Attaway Lutes!



STEP

BEYOND

Lute Spirit
lives

Yet again.

By Tina Marie Newman

Practice, it's always practice! Just when I thought we would never play a real game, the season, and some rough competition, stepped in. Striving to the top the Lute Athletes made their mark for the year 1995-1996.

Success took

great coaches, teamwork, giving 101% excellence, and determination. Never giving up and always finishing what they start, are two characteristics of PLU sports teams.



There were

many individual champions on PLU teams this year. Above Tuan Nguyen, Alan Bliss, and Kyle Weadley were wrestling champs this year.

••• *'Individual achievement as well as teamwork mark this year,' said Mark Losdahl, Sports Editor.*

Secret For Success

Captain credits success to practice, practice, practice



Stroke, stroke, breathe. Trying to maintain his breathing rhythm, Davis Vialu strokes hard toward the end of the pool in the freestyle. Correct technique is essential to being a top competitor.

Finishing another exciting and intense season, the PLE swim team upheld the tradition of being a powerhouse in the swimming community.

The team captain, Matt Sellman, attributed the team's success to the rigorous training schedule. The team trained twice a day—once in the water at 6 A.M. and then later on in the afternoon. The afternoon workout consisted of either lifting weights or swimming, depending on the schedule.

The team had a very successful season this year, Sellman said. "As a whole, the team did very well." At conference, one of the team's biggest events, the men placed second overall, and the women placed third.

Paul Shaifer, a sophomore, felt that the one thing he will remember the most from this season is "the way the team got together near the end of the season." Shaifer feels that this sense of team work and unity is one of the reasons the team was such a success.

—Ryan Barr



Zach Lee



Zach Lee

And dive-off! Pushing with all her might, Courtney Plowski uncoils and dives toward the water, trying to get a jump on her opponents from Lewis and Clark.

On your mark! Captain Matt Sellman crouches down, bends his knees, and leans forward, preparing to spring forward at the mark of the gun. A good start is very important, especially in short races.



Zach Lee



Zach Lee

BEHIND *The Scenes*



Zach Lee

The Start

Any swimmer can testify about the importance of a good start. Once you step onto the platform, every ounce of your mind, body, and soul must be focused on the race. If you do not get enough distance or do not break the water cleanly, it can cost you precious tenths of a second. A good start can provide confidence and help you race better.

—Christie Kurucz

Smooth waters ahead. Aurora Bray breaststrokes her way through the glassy water in front of her, leaving little wake behind. The breaststroke is one of the most demanding strokes, because it requires great energy for relatively little forward movement and speed.

Leader of the pack. With the wind in his hair and a look of determination in his eyes, Arnie Lyso leads a group of PLU, Willamette, and Clackamas runners through the winding trails.



Photo Service

BEHIND *The Scenes*



Jay Pike

Shoes

Pounding his way across miles of unfriendly turf, the last thing the runner wants to think about is his shoes. For a runner, a good pair of shoes is a must. Having shoes that hurt is like a skier having broken skis.

—Mark Lofdahl



Shannon Robinson

Ah, now we can rest. Nicole Lind, Shannon Robinson, and Tanya Robinson relax after a hard race at the NCIC championship meet. Lind finished 22nd and S. Robinson finished 21. T. Robinson was second among all PLU runners with a fourth place finish.

I think I can, I think I can. Brent Joeyer and Ryan Pauling run neck and neck down the home stretch and toward the finish line.





Shannon Robinson



Celebration time. The women's conference team members crowd around their NCIC championship trophy. Those who went to conference are Tanya Robinson, Turi Widsteen, Chelsea Morris, Shannon Robinson, Joy Russell, Nicole Lind, Chandra Longnecker, Cami Gawlowski, Valerie Wawrzycki, Kristy Daniels.



Photo Services

Championship

Lute runners participate in NAIA national tournament

After a season of first place finishes and record times, the fifth-ranked women's and 10th-ranked men's cross country teams took their talent to the NAIA national championship in Kenosha, Wisconsin.

The women's team was represented by national meet veterans Turi Widsteen and Tanya Robinson, as well as Valerie Wawrzycki, Chandra Longnecker, Shannon Robinson, Nicole Lind, and Kristy Daniels.

Senior Kevin Bartholomae represented the men's team, as well as Brent Roeger, Kelly Pranghofer, Destry Johnson, Ryan Goulet, Ryan Pauling and Jason Kaipainen.

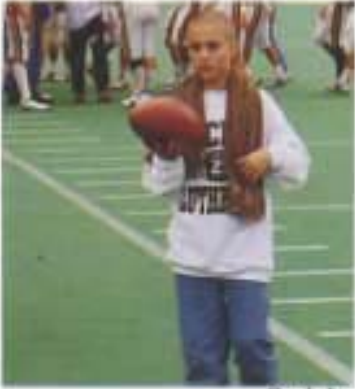
PLU Coach Brad Moore said the cross-country team will go into the national meet with a motto emphasizing personal excellence over competition: "We refuse to be anything less than our absolute best," he said. "Losing doesn't pertain to our sport. It's about being your best."

—Erik Ryan



Blitz! The Lute defense closes in for a blitz, sending 9 of their 11 defenders up to the line of scrimmage.

BEHIND *The Scenes*



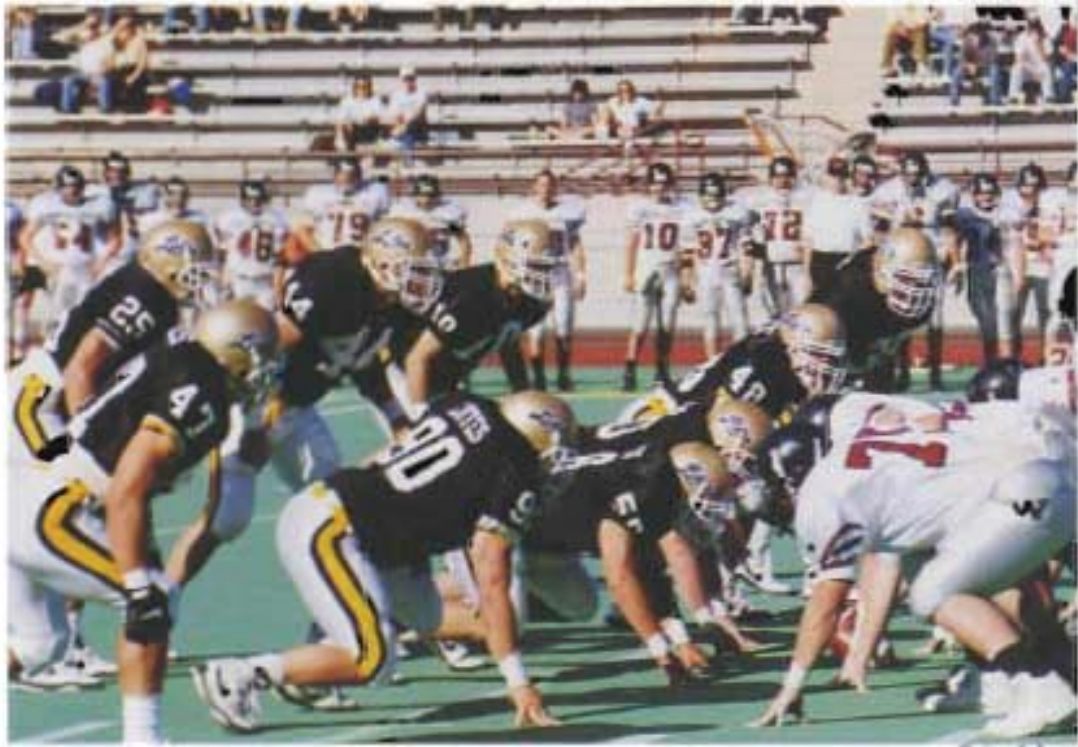
Zach Lee

Ball Boys

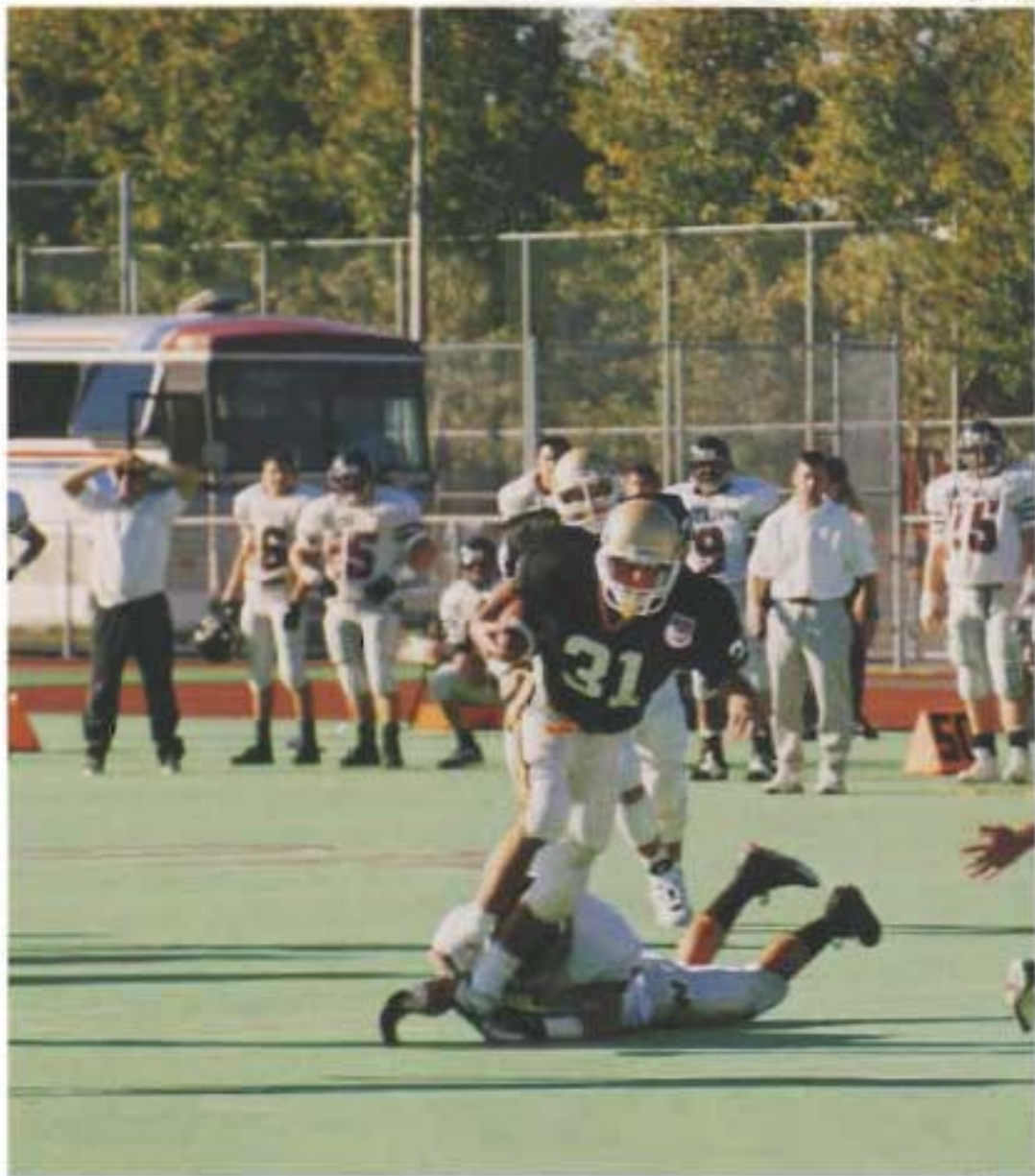
It is the last ten minutes of practice, and you've given all you have for the past two hours. One last try. You miss the goal post completely. Now, if those ball boys were not there, you would have to retrieve the ball yourself. Football players are thankful for those ball boys. It gives them more time to practice instead of fetching balls. So the next time you see a ball boy, make sure you pat them on the back.

—Christie Kurucz

A look of determination. Brian Van Valey wills his way out of the grasp of a Whitworth's defender as he looks toward the open field ahead. Van Valey, a sophomore, was the leading rusher for the Lutes this year.



Brice Johnson



Brice Johnson

ue 34! Blue 34! Ser, hike! Sophomore quarterback Dak Jordan calls at the play as he awaits the snap from center Brian Walker. Jordan is named NAIA Division II Offensive Player of the Week in November.



Brice Johnson

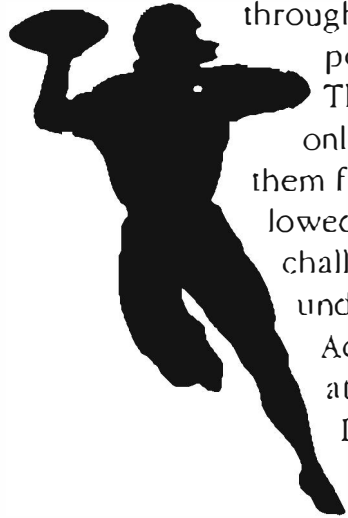


Brice Johnson

I'm Going In?

Bench plays big role in achievements

H



ang tough! A young Lute football team did just that after losing several key players to early season injuries. The Lute backup players focused mentally by "playing through" the player in their position on the field. The realization that only one play separated them from game action allowed Lutes to meet the challenge and play well under pressure.

According to Graduate Assistant Jason DiStefano, the season's record does not accurately portray the character building and growth that has occurred on this team. Senior captain Ryker Labbee added, "The more playing time

young guys get, the more confidence they will gain, and the more likely it becomes that they will play to their capabilities."

Not only is this philosophy applicable in the game of football, but it is also relevant to an individual's performance in life. According to DiStefano, "PLU football is really about building character and getting players to become the best total person they can be."

When the Lutes face adversity, as they did this season, they hang tough, rise above it, and find a way. DiStefano said, "It's reassuring to know that whatever it takes, we'll get it done."

—Jen Kuechenmeister



Zach Lee

I'm going to get you! Rob McIlraith comes from behind to snare a Whitworth ball carrier. Making clean tackles is one of the most important aspects of defense, but it is often the hardest and most overlooked as well.

Breakaway. Wide receiver Karl Lerum turns a short pass into another touchdown, running away from the UPS defenders who are unsuccessfully giving chase.



Photo Services

1995 PLU Women's Soccer Team. Back Row: Assistant Coach Jenny Lee, Manager Jen Wilson, Jennifer Romig, Sarah Ofaer, Carli Rasmussen, Corie Krueger, Nikki Hedlund, Tammy Thompson, Jenni Krueger, Hanna Lindmark, Cecilia Wiren, Gloria Lange. Middle Row: Assistant Coach Stacy Waterworth, Manager Jamie Roberts, Dani Phillips, Alyssa Fishback, Carrie Boers, Karen Leikem, Amy Gardner, Debra Potocny, Marie Lodin, Mandy Mainard, Head Coach Colleen Hacker. Front Row: Cree DeWitt, Angela Phay, Gabby Marttila, JoDee Stumbaugh, Lisa Cole, Mari Giuseffi, Teri Shimoda, Asta Kvitne.

Focus on Unity

Longtime head coach says final farewell after many years

Kicking and shooting, the women's soccer team ended a fantastic season in fourth place after a final defeat by Willamette. The team worked hard all season with a strong mental focus on the game. "The whole team pushes each other. They all want it," commented freshman Debra Potocny.

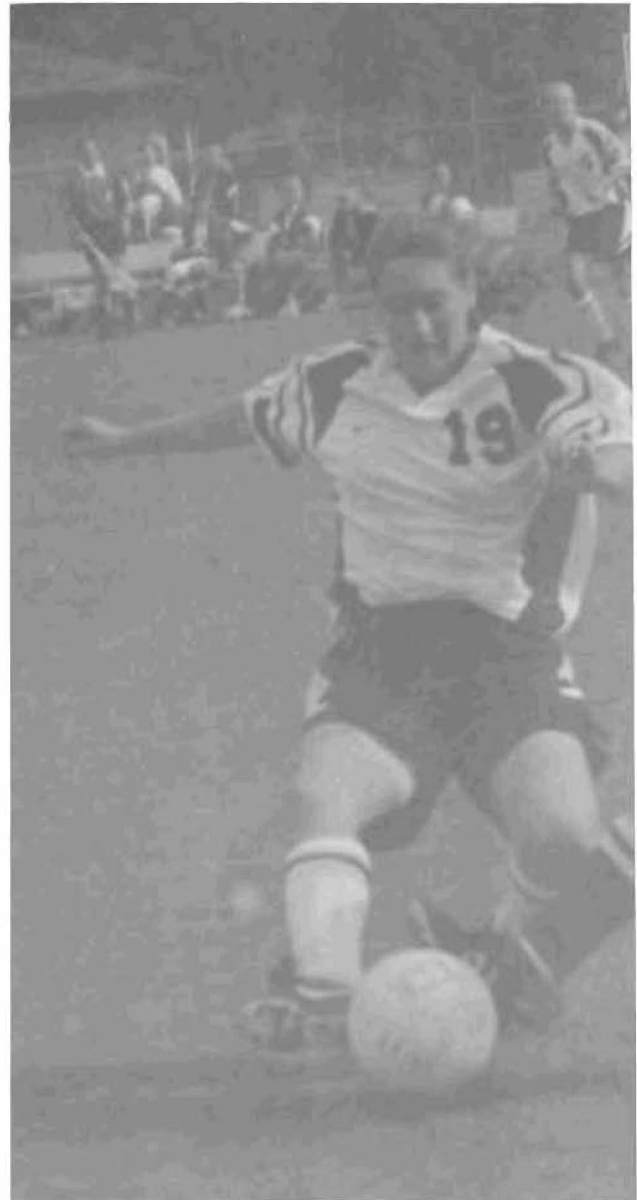
Head coach Colleen Hacker led the team for her seventeenth and final year; she was assisted by coach Stacey Waterworth. "Colleen

is so into it. She really cares. She's always positive," stated Marie Lodin.

Hacker's attitude seemed to make an impression on the players. Both on and off the field the team displayed a sense of family and unity. "The team is really important. Really together," explained Hanna Lindmark.

The women ended their season with positive attitudes and hopes of playing together outside of PLU. The only thing that goalkeeper Cecilia Wiren recommended was, "There should be longer seasons." Hopefully the tradition of PLU women's soccer will continue into the future.

—Susan Andresen



BEHIND *The Scenes*



Anneka Gaballe

Lucky charms

They step out onto the field almost ready for their game. Just one thing is missing: a ritual. Whether it is wearing the same Christmas socks under the required uniform or doing the same warm-up routine, every athlete is superstitious. A lucky charm could even be having a pasta dinner with the team the night before the game. No matter what an athlete does, if it makes her feel better during a game, more power to her. Anything that can give an athlete confidence when competing is well worth the effort and silliness.

—Christie Kunz



Anneka Gaballe



Anneka Gaballe

Plant, bend, snap. Sophomore forward Amy Gardner shows perfect kicking form on a corner kick. Power for a kick comes from the lower leg snapping through the ball.

It's on! Rushing forward with a look of determination, Carly Knieger slides in a effort to touch the ball before her opponent, who is sliding likewise.



Launch it. Hoping someone will head the ball into the goal, midfielder Danny Hagedorn lofts a corner kick up into the air. A corner kick can be an excellent scoring opportunity.

BEHIND *The Scenes*



Eric Moody

The Water Bottle

You have just given 110 percent for twenty minutes and you are parched. You are slightly grateful when the coach decides to sub you out. You jog off the field with one thing in mind... get to the water as soon as you can..

Ahhh... The cold wetness hits the back of your throat like a thunderstorm in the middle of July. After a few gulps of the purest form of refreshment, you are pumped to get back into the game to give another 110 percent.

—Christie Kurucz



Marty Gaupp



Marty Gaupp

Push pass. Joe Hampson passes the ball using the side of his foot. This type of kick is not as powerful as an instep kick, but is much more accurate and easy to handle.

Heads up. Concentrating fully on the ball, Mike Halter prepares to head it to his open teammate Tomas Engstrom. Controlling the ball in the middle of the field is essential to winning.





Photo Services

1995 PLU Men's Soccer Team: Back Row: Assistant Coach Jim Buchan, Jamie Bloomstine, Andrew Donaldson, Denis Hillius, John Callaway, Brian Doolittle, Allan Jensen, David Gonzalez, Eric Montague, Morton Evensen, Mike Halter, Peter Collins, Danny Hagedorn, Taj Giesbrecht, Trainer Joe Barlow, Head Coach Jimmy Dunn. Front Row: Christian Pruitt, Tomas Engstrom, Erik Mossnelid, Bryan Ketcham, Steen Demskov, Daren Boyd, John Evermann, Eric Petersen, Aare Valvas, Joe Hampson, Ryan Hoff.



Marty Gaupp

Down line! Defender Brian Doolittle sends his throw-in sailing down the line to the other end of the field. Soccer throw-in rules require the player to keep both feet on the ground and throw the ball straight over the head.

A Team Together

Finding the Right Formula on the Field

Going into the 1995 season, the Pacific Lutheran men's soccer team had high hopes. The Lutes returned nine seniors, many of them starters from last year's Northwest Conference of Independent College's championship team. They also welcomed some new recruits from home and abroad. "It's just a matter of everybody getting together and finding the right formula to put on the field," said assistant coach Jim Buchan.

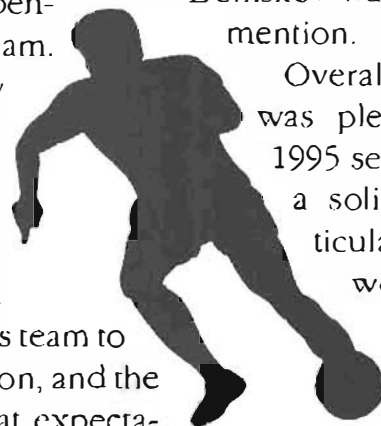
Coach Jim Dunn expected his team to peak two-thirds through the season, and the Lutes came close to fulfilling that expectation. Ten NCIC games produced 5 wins, 4 losses, and 1 tie. But the Lutes really came together in two convincing wins over Whitman and Whitworth, placing PLU in third place with a 7-4-1 conference record.

Leading the team in goals for the second-straight season was senior Jamie

Bloomstine, an all-conference selection. Senior co-captain Joe Hampson was also picked for the all-conference squad. Danish forward Steen Demskov was an honorable mention.

Overall, Coach Dunn was pleased with the 1995 season. "We had a solid season, particularly in the final weeks when we played our best soccer. We have a good foundation to build on for next year."

---Jason Benson



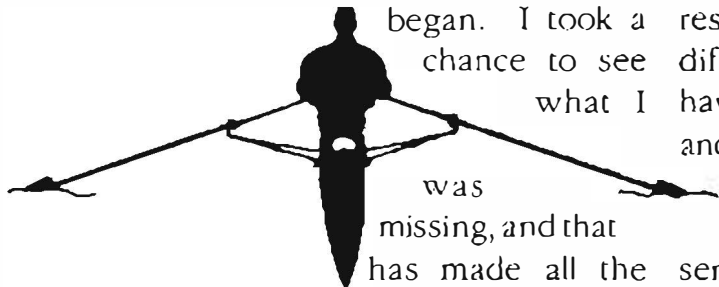
Marty Gaupp



Not Just A Sport

Crew teaches lessons, gives memories

Looking back on my college experience, it's hard to imagine not participating in crew. I decided to check out the sport at an interest meeting, and that is where my adventures began. I took a chance to see what I



was missing, and that has made all the difference. From the first jittery strokes I took with seven other individuals as confused as I was, the fever built up in me and grew every day. It didn't matter that our poor technique splashed half of the lake into the boat and soaked us like drowned rats. There's a love for adversity that builds out of suffering, leaning, striving

for a common goal as a cohesive group that I've never found as strong as with this sport. My rowing experience has taught me life lessons and has treated me with memories that will last the rest of my life. It is these different experiences that have shaped who I am today, and who I hope to be in the future.

It has been the great sense of pride in your school when you blister across the finish line to edge out big-name schools like Western and Wazzu.

It has been those long swing rows in the morning, when the water is absolute glass, and you're in such a zone, that the boat just picks up and skates across the surface of the lake.

—Brent Mapes



Gayle Franks

Hi ho, hi ho, it's off to work we go. Straining under the weight to the boat they are carrying, the men's team heads down to the water for yet another practice.

It's cold out here. Holly Rydel, coxswain for the men's team, chats with Janel Brattland from the women's crew team. A coxswain is responsible for steering the boat, shouting commands to the rowers, and being a motivator.



Gayle Frank



Gayle Franks



Stroke, stroke. With perfect rhythm, the men's team moves silently across the smooth waters of American Lake. One reason the team practices so early is because the conditions on the lake are better than later in the day.

BEHIND *The Scenes*



Gayle Franks

Rude Awakening

Beeeeeeeeep! At 4:45 in the morning, not much can sound worse than your alarm clock going off. But men's crew members must heed that calling every morning if they want to be in the best boat on the water.

—Mark Lofdahl

Watchful eye. Head coach Doug Nelson and novice coach Mike Willy look on from their boat as the men's boat glides by.

My, what long arms you have. Being careful not to decapitate anyone, Jackie Kuenle grabs two oars and heads down to the water.

Listen Up. The women's Varsity 4 team of Julie Lachner, Heather de la Torre-Hodges, Rachel Spada, and Collette Broady listens to the instructions of coxswain Laurie Jo Jones, who is filling in for regular coxswain Elsa Carlisle.



Gayle Franks

Challenge

Crew faces stiff competition from the best teams around the country

The women's crew team is a very active group of fifty people. Some of this year's many races included the Head-of-the-Charles in Boston, the San Diego Crew Classic, Opening Day in Seattle, and the Pacific Coast Rowing Championships in Sacramento.

"We had a really good year. Everyone has put a lot of energy and hard work into making our crew extremely competitive this season," said Taylor Olson, team captain and member of the Varsity Heavyweight 4 and Heavy-

While crew may be seen as "the ultimate team sport," it also provides each rower with an individual challenge to push herself harder in everything she does.



Gayle Franks

Megan Bergh said, "One of the exciting things about rowing is the teams we compete against. We race the best

crews in the country, from the University of Washington to the Ivy Leagues on the east coast, like Harvard. Not many sports around here get that kind of opportunity."

—Taylor Olson





Gayle Franks

BEHIND *The Scenes*



Gayle Franks

The Boat

Without a boat, a crew team just couldn't compete or practice. But even though a boat is essential, it still can be a pain to deal with. An eight person boat is about sixty feet long and weighs 150 to 200 pounds. Imagine having to carry that thing down a hill, let alone maneuver it in the water once you get it there.

—Mark Lofdahl



A little friendly competition never hurt anyone. The women's Novice 8, Open 8, and Varsity Lightweight 4 boats have a practice race one the waters of American Lake.



Up, up and away. Sarah Gordon and Korina Schellhase reach high above the net, ready to block an opponent's spike. The Lutes won this match against St. Martins 3-0.

Rally Cry

Teamwork plays important role in team's success

With a rallying cry of "Punch it!" go motivate them, the women's volleyball team scored one of their best seasons in PLU history.

The team was one of the toughest in the conference, strong both in skills and ability.

They displayed their strength and spirit during their pre-season tournament in California. Team captain Amie Moudry badly injured her knee in the first game of the first match of the season. But the team rallied, going on to win four of their five tournament games.

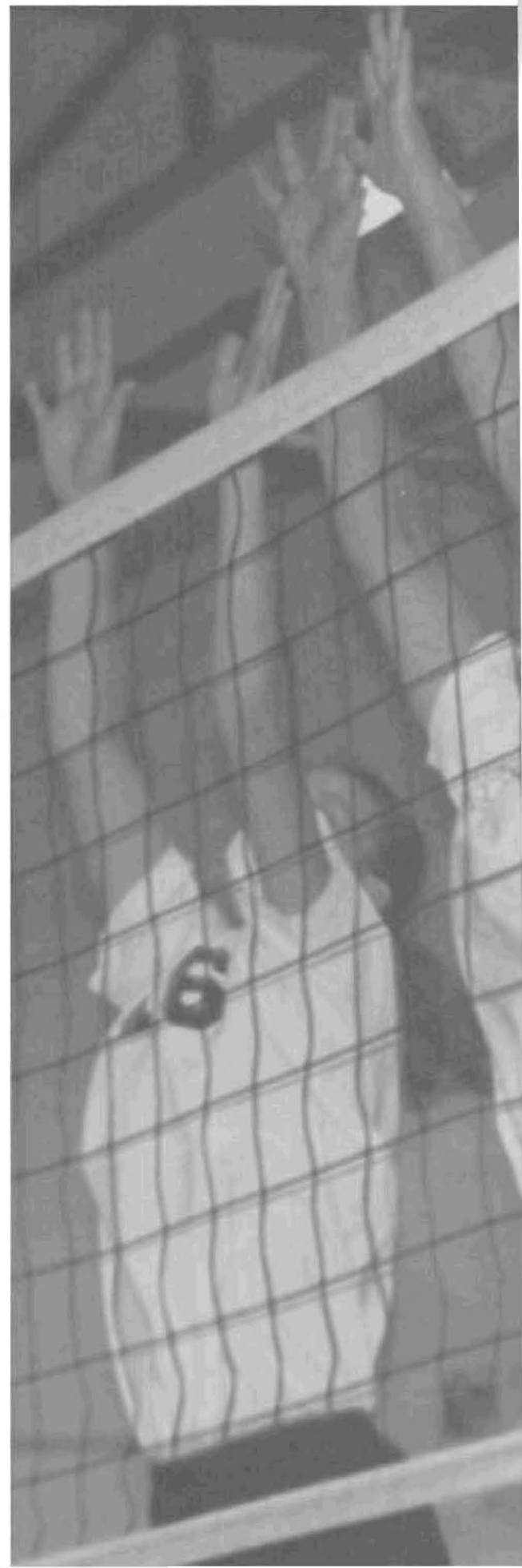
Junior setter Kim Baldwin felt that the ability of the PLU team was among the best, but it was their mental attitude that truly helped them win. "Volleyball is a team sport. Everyone must work together. Everyone must contribute."

Coach Jerry Weydert said, "We are a strong team that works well together." He felt that this was "the best team that's ever been at PLU."

—Karen Larsen



The Mast





Women's Volleyball

1995 Women's Volleyball Team: Coach Jerry Weydert, Chelle Dunlop, Melanie Wright, Beth Jayne, Amie Moudry, Jen Dyer, Heather Dooley, Jennifer Russell, Rachele Snowdon, Korina Schellhase. Middle Row: Assistant Coach Paul Jensen, Larissa Norris, Shara Nettles, Suzy Hooper, Sarah Gordon, Heidi Pasinetti. Front Row: Kim Baldwin. Not Pictured: Tayah Rathje.

BEHIND *The Scenes*



The Mast

Bumping

What a strange name for the most important part of the game. Unlike "spiking," which implies power, and "setting," which gives the feeling of purpose, "bumping" sounds very plain and inglorious. But without a good bump to start a point off right, there can be no set or spike

—Mark Lofdahl



The Mast

Strrrretch! Beth Jayne makes a sprawling dive in attempt to save the ball from hitting the ground, while Kim Baldwin crouches nearby as backup.

The IM Challenge

Intramurals provide fun, fitness, and fellowship

Intramural sports at PLU are played year round. The activities range from flag football to whiffleball, basketball, soccer, softball, volleyball, and others. When asked the question, "How do you feel about intramurals at PLU?", Davy Logue said, "They give me a chance to

interact with other people from around campus." Jeff Dabbs replied, "It makes me feel great, and I have a good time while I play." Intramurals give people a chance to break away from the books and an opportunity to exercise, while enjoying a fun and safe environment.

—Scott Rom

In the net. An intramural volleyball player attempts a spike, but hits the ball into the net. This year there were leagues for men, women, and coed teams.



The Mast



The Mast

Power. Mike Luinstra slams home yet another spike past an opposing blocker. Besides playing in intramural sports, Luinstra was also one of the student referees.

Venus flytrap. Keri Hendershot snaps up the frisbee during a game of ultimate. Frisbee is quite popular on campus, because it is inexpensive and can be done almost anywhere. Informal games are played all year round, usually on Sunday afternoons.



1995 Fall Cheerstaff. Top Row: Erika Olsen, Alison Grande, Captain Andrea Campbell, Michelle Kennedy, Jen Kuechenmeister. Bottom Row: Stacey Broderson, Captain Ali Johnson, Amy Rowley, Renee Tredo.

Hey Lutes! The fall cheerstaff puts on yet another brilliant performance during half-time at a football game. These half-time shows can be real crowd-pleasers.



Saga

Getting Involved

Being a part of fall cheerstaff is more than just cheers and pom-poms

M

ost everyone knows that the Lute cheer staff supports our winning football team from the sidelines every Saturday afternoon. What you may not know is what goes on behind the scenes with this enthusiastic group of young women.

The fall cheerstaff is chosen in the spring of the previous year through rigorous try-outs. Those chosen meet for two hours a night five days a week, just to work on their routines and make supportive signs. They also travel with the football team to Lister Elementary every Friday to

work with kids on self esteem.

A new focus for the cheerstaff this fall is involvement with other sports outside of football. "We are really trying to put more emphasis on other sports this year such as soccer, cross country, and volleyball," said co-captain Andrea Campbell.

Veteran Alison Grande summed it up by saying, "Cheerstaff is a great way to get involved and support, not only sports, but PLU in general."

—Turi Widsteen



Saga

And now, your PLU Lutes! As the grand entrance of the team is announced over the public address system, the fall cheerstaff members welcome the players onto the field.



The Staff

Hoop It Up. Holding the ball with two hands Bryan Zagar looks to pass it to an open teammate.

Frust in the sky. Ultimate frisbee players battle for control of the disc. Although the players were usually PLU students, staff workers and alumni also participated.



Joel Eilers



Sweat It Out

Campus grants many opportunities for exercise and athletics

Varsity sports are not the only avenue for those who wish to indulge their active side. There is plenty of unorganized athletics on campus for people to participate in. Whether this means a friendly game of racquetball, a bit of hoops on the blacktop courts on lower campus, or ultimate frisbee in the mud, PLU

students are very active.

Many students exercise on their own to keep in shape. Some go to Names Fitness Center to work out and some jog or bike around Parkland. Still others try more "non-traditional" workouts, such as rollerblading or rock climbing.

—Mark Lofdahl



Getting into position. Tom Carney and teammates hustle into their defensive places. Rich Carney and Mike Luintra played on a club volleyball team this year. In the past, PLU has had its own club team, but interest was not as strong this year.





Sage



BEHIND *The Scenes*



Sage

Stacks

Although cheerleading looks easy, performing stunts, jumps, and cheers requires great athletic ability. A stunt requires a base member to lift and support her teammate, who must hold her body perfectly tight and balanced. Hours of aerobic are essential to possess the strength and muscle control needed to perform these physically demanding stunts. With such incredible physical demands, it obviously takes a lot more than just a loud voice and a pretty face to be a cheerleader.

—Devra Sigle-Homosilla

1995-1996 Winter Cheerstaff. Top Row: Janie Roberts, Kaye Handerson, Crystal Elde, Jenni Fox, Hilde Burg, Krista Moller. Bottom Row: Captain Kim Jardo, Heather Kleis Ture. The Winter cheerstaff is mostly involved with basketball at PLL.



Pressure. Guard Chris Peirce launches a shot over the outstretched hand of a flying St. Martin's defender. The Lutes won this first game of the season 76-72.



The Mast

Experience

Basketball success provides foundation for the future

Congratulations. What more could be said to basketball coach Bruce Haroldson's "Runnin' Lutes," who finished with a winning record for the second straight season and made the play-offs for the first time in five years?

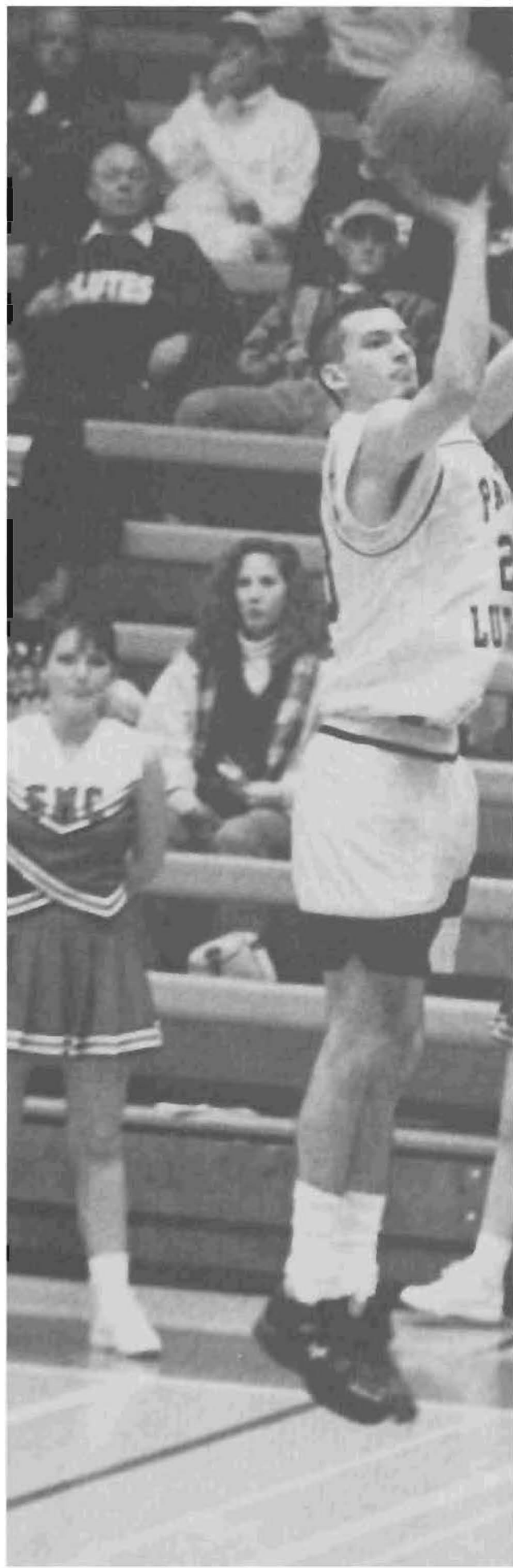
Haroldson described this year's team as "a great group of guys who were as much fun as any I've ever been around...everybody remained focused, together, and on the same page."

Not only did the Lutes finish third in the conference, their best finish in years, but they came away with a valuable commodity: experience.

"You have to make the little steps before you make the big ones," Haroldson said. "We've made the little steps that could lead us to big steps in the future."

The Lutes gained experience by playing in some tough games throughout the season. Thirteen games were decided by six points or less.

—Aaron Lafferty





Sky high. Senior guard and co-captain Erik Peterson leaps above an opponent on his way to another 3-pointer. Peterson led the Lutes in scoring this season with a 16.8 points per game average.

BEHIND *The Scenes*

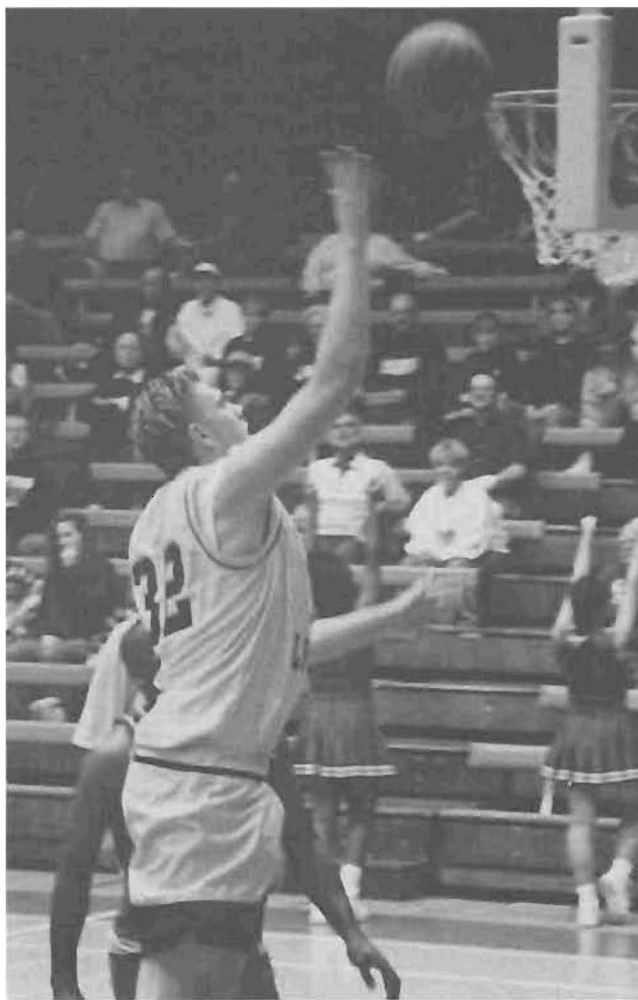


The Mast

Boxing Out

Little things can make a big difference in basketball. Things like keeping your head up while you dribble or keeping your feet moving on defense. Things like rebounding, where you must place your body between your opponent and the basket so you are in a better position to grab the ball.

—Mark Lofdahl



The Mast

Strong in the middle. Center Brad Brevet goes up for yet another easy lay-in. Brevet was an honorable mention all-conference player and the only freshman to receive any votes for all-conference.



The Mast

Surrounded. Although he is totally engulfed by four defenders, Krister Sundquist still manages to get the ball up and into the basket. Sundquist, a sophomore forward, is from Stockholm, Sweden.



Getting position. Pivoting her body to keep her opponent away from the basket, Anna Nelson maneuvers into a place where she can get a pass and then get any easy basket.

Unstoppable. Hair flying and legs wheeling, senior forward Michelle Price barrels down the lane for another two points.



Photo Services



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BEHIND *The Scenes*

Team Fellowship

For a team to become a cohesive unit that can work well together, the members must do things together besides practice basketball. The team this year did things such as fellowship outings to the beach and working in the afternoon with Fern Hill Elementary students during their after school sports program.

—Mark Lofdahl



Women's Basketball



Women's Basketball

1995-1996 PLU Women's Basketball Team. Back Row: Head Coach Mary Ann Kluge, Laura Triplett, Missy Hausch, Michelle Price, Anna Nelson, Jennifer Riches, Misty Banks, Assistant Coach Gina Grass. Front Row: Tasia Hampton, Kim Corbray, Lian Weiland, Mari Hoeseth. Not Pictured: Janel Broderson.

confidence. With a look that says she's got the shot will go in junior guard
 and Hoseth launches a shot from the
 outside



Photo Services



Tough Break

Women's basketball team narrowly misses playoffs

A

s her team headed into the last week of the regular season, PLU women's basketball coach Mary Ann Kluge encouraged her team to add a little S.P.I.C.E. to their lives this season. That is, sacrifice, poise, integrity, cooperation, communication, commitment, and enthusiasm. So far, the Lutes responded to their coach's encouragement.

"Right now we are on an up," said senior center Anna Nelson. "We are really focusing on making the playoffs and staying together."

PLU started out the season with a 70-63 win over

Northwest College. With a conference record of 5-5 near the end of the season, the Lutes were in a position to make the playoffs, but lost their final four conference games to finish 5-9 in conference and 10-12 overall. Of the Lutes' five conference wins, four came against teams below them in the standings. All five losses came to teams above them.

The Lutes consistently improved throughout the year and are looking forward to next season.

—Jason Benson & Mark Lofdahl



Women's Basketball

High scorer. Senior Jest Riches goes up for yet another one of her baskets. Riches was the second highest scorer on the team this year with 113 points per game. Senior Kim Corbrey led the Lutes with a 27.3 points a game.

Double-dutch. Kim Corbrey jumps a little rope with some Fern Hill students during their after school sports program.

Carrying Their Own Weight

Wrestlers score big at national tournament in North Dakota

W Sophomore Tuan Nguyen captured fourth place at the NAIA national wrestling meet in North Dakota in March to cap off the season for PLU's wrestling season.

Nguyen's win lead the Lutes to a 16th place finish at the tournament with fifteen and a half team points.

It was a learning season for PLU's young team, which consisted of mostly freshmen and sophomores. The team was lead by two young coaches, Brian Peterson and Jeff Thompson, who took over after the resignation of former coach Chris Wolfe.

Injury and ineligibility

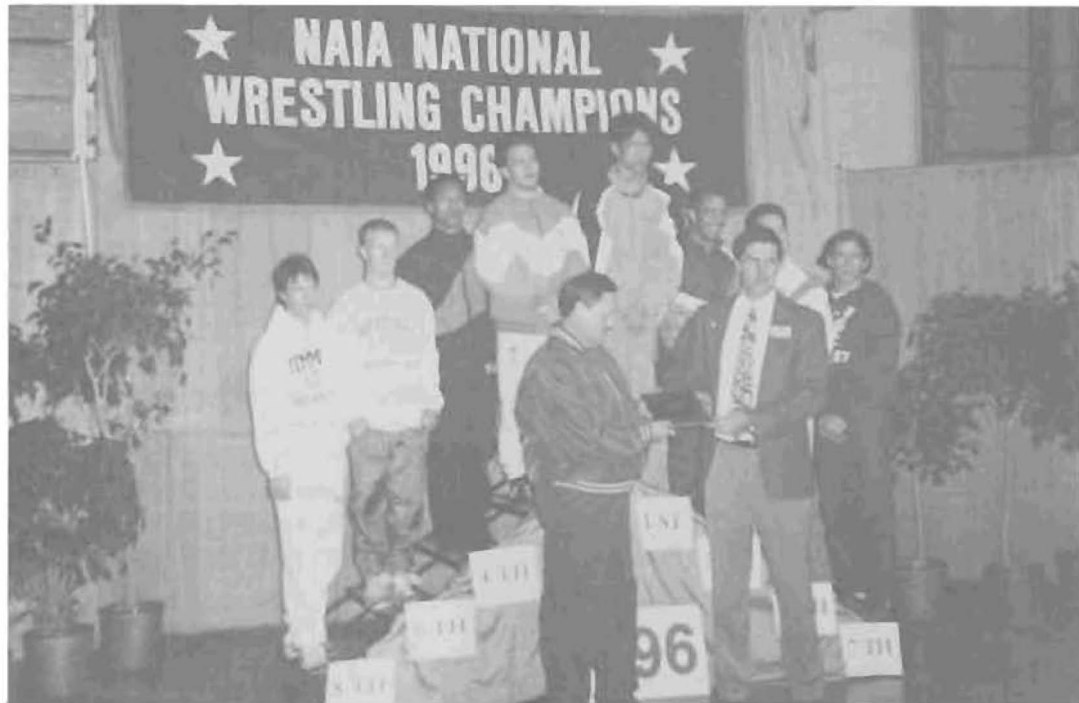
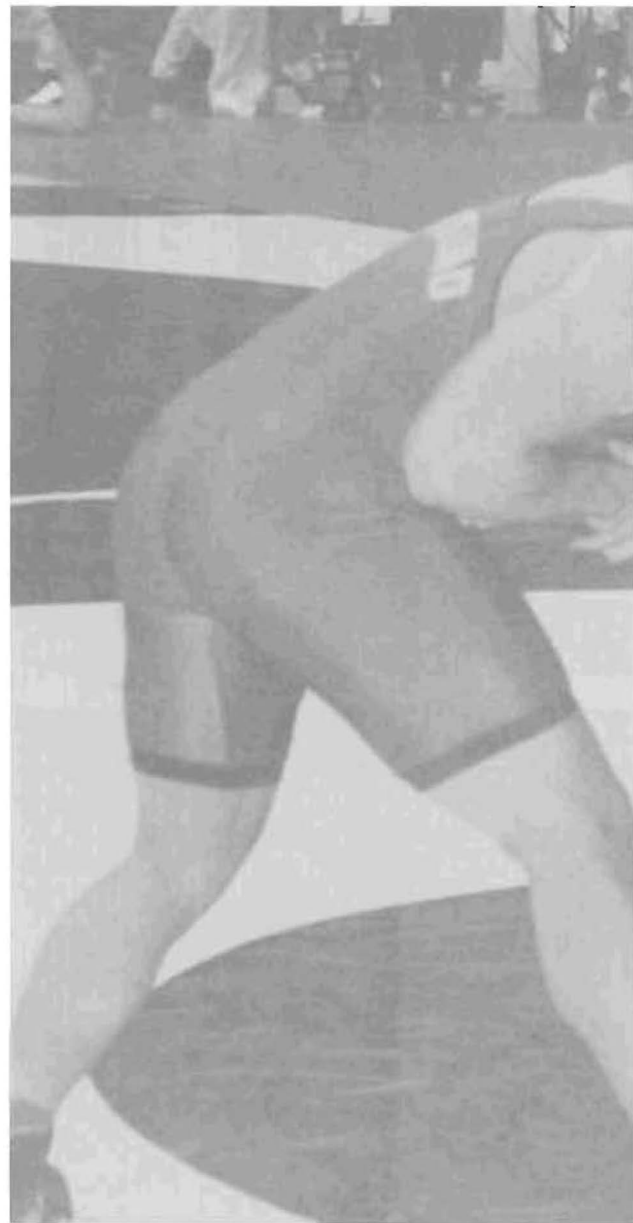
When it's all said and done. Tuan Nguyen stands on the platform, awaiting his award for 4th place in the 118 lb division at the NAIA Championships.

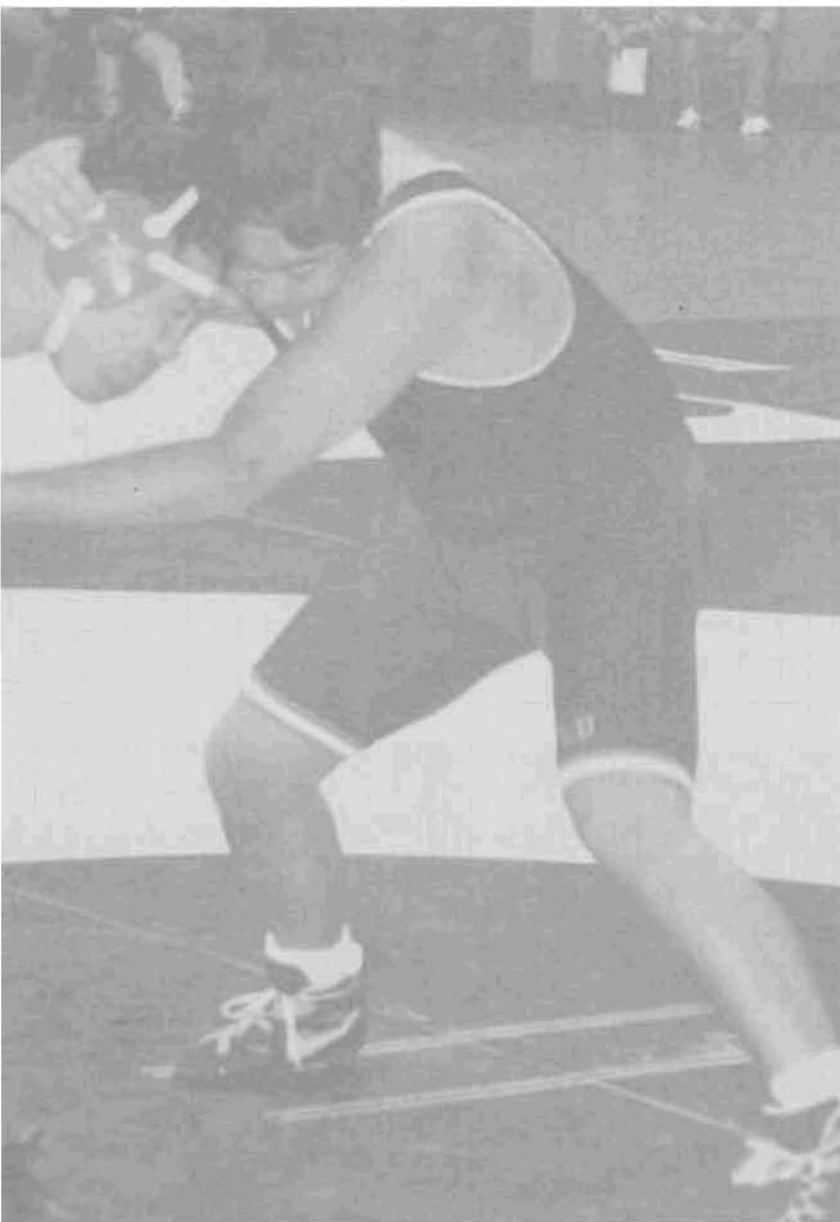
problems cut into the Lutes' depth when four wrestlers were declared academically ineligible.

In addition to Nguyen, PLU sent three other wrestlers to nationals: Kyle Weakley, Matt Bliss, and John Aiken. All four national representatives will be back for next season.

Coach Peterson said, "We're excited about what's going to happen next season."

—Chris Covert





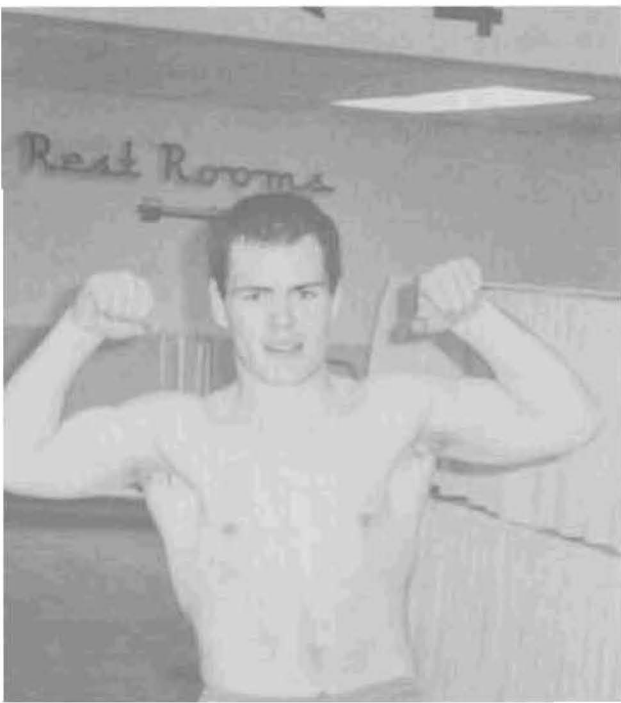
Get a grip! Mako Furukawa attempts to put his opponent into a head lock. Furukawa competed in the 275 lb. weight class.

The Victor. After a grueling match, the referee raises the arm of freshman Tom Hinz, recognizing him as the winner.



Jessica Hoffman

Jessica Hoffman



BEHIND *The Scenes*



Jessica Hoffman

Scoring

Pinning your opponent is not the only way to score.

Wrestlers also receive points for escaping to their feet from being down on the mat, taking an opponent down, or going from underneath to on top of their opponent.

—Mark Lofdahl

Buff. After a long workout, John Aiken shows off his muscular physique. Aiken competed in the 150 lb.

BEHIND *The Scenes*



Jay Pike

Boots

Wet feet are not fun. Neither are sore ankles. But having a good pair of ski boots should prevent this problem. Good boots, as well as the rest of a skier's equipment, is not cheap, but it is essential to peak performance. No one wants to lose a race because they broke a binding.

—Mark Lofdahl

Around the turn. Mike Schlitt dips his shoulder as he flies around one of the gates on the giant slalom course. Good form in the turns is essential to a good giant slalom run.



Ski Team

1995-1996 PLU Ski Team. Back Row: Lars Jorgensen, Matt Wade, Jason Sommerset, Trevin Carlson, Ty Rhodes, Dan Kelln, Oliver Graham, Mike Schlitt, Chris Hippe, Jonathan Coombes. Front Row: Henrik Kjellkvist, Chris Rawlin, Matt Holum, Lara Turner, Melissa Bakos, Sara Portzel, Kari Wagner, Joyce Mininger. Not Pictured: Sally Cole.



Addicted To Snow

The thrill of high-velocity sport



What makes people hurl themselves down a snow covered hill at top speed in frigid weather? The thrill of flying over the snow. No two runs are ever the same. Members of the PSU ski team



Ski Team

know that thrill well.

Like any group of people that spend a vast amount of time together, members of

the ski team grew to be as close as siblings. The group lived together during F-term in condos near White Pass. Every day around 9 A.M., the team would hit the

slopes. After a few free runs, training for the slalom and giant slalom would begin.

Nights on the mountain were full of fun. Many hours were spent relaxing in the hot pool, and those who were brave—or crazy—even tried snow diving. Each weekend the team traveled to races, which were held at Mission Ridge, WA, Mt. Hood Meadows, OR, and Brundage, ID. Both teams did well this season, and the women's team even qualified as an alternate for regionals.

For members of the ski team, skiing is an addiction, and winter is the greatest season of the year.

—Sara Portzel



Ski Team

Goofballs. Matt Holm, Ty Rhodes, Jason Somerset, Mike Schitt, Chris Krvin, and Sally Colcahem dip a word side during a snack break.

Wolfpack. Aaron Miller, Jason Kaipainen, and Brent Roeger keep close together with the pack so they can conserve energy. Running behind someone else cuts down on wind resistance and makes running easier.

BEHIND *The Scenes*



Anneke Geballe

Warming Up

Stretching and otherwise getting your body ready for action is probably the most important, though least-visible aspect of competition. Warming up leads to better performance and greatly reduces the risk of injury.

—Mark Lofdahl



Anneke Geballe



Anneke Geballe

Suspended animation. Decathlete David Robinson is frozen in time as he leaps over a hurdle in the 110 meter hurdles. The decathlon consists of ten different track and field disciplines.

Reaching new heights. Junior pole vaulter Joel MacDougall towers over everything as he goes up and over the pole before tumbling to the ground.



Stepping Back



Looking back and reflecting can be a satisfying endeavor

Taking a point. Freshman decathlete David Jaspers practices his form in the javelin throw. 200 feet is considered a good distance for a college thrower.



Anneke Geballe



As the PLU track and field squad concluded another successful spring season, one can imagine that, finally, the athletes, took some time to step back, take a deep breath, and reflect. Stepped back and considered the months of weight training and road running that gave them a strong base in the early-going. Stepped back and considered the constant personal improve-

ments make during the course of the season. Stepped back and considered the wonderful peaks attained and championships won in the postseason—and there were many. One can imagine the satisfaction of the 1996 track season for these athletes. Because the realization that you've competed against your own best self all spring long makes every track athlete a winner, what all these people are.

—Roger Brodniak



Anneke Geballe

Giving his all. Straining every muscle in his body, Thorin Southworth explodes out of the starting blocks on the first leg of a relay. A good start is very important, especially in shorter distances like 100 and 400 meters.

Take a load off. Freshman Davy Logue prepares to launch the shot into the wild green yonder. A men's shot weighs about 16 pounds.

Off to the races. Dani Phillips, Corie Krueger, Christine Axley, and Jenn Krueger, get off to a great start in the 100 meter dash, the shortest and fastest race in track.

Close on her heels. As Coach Brad Moore shouts his encouragement from the sidelines, Chelsea Morris tries to catch up with teammate Shannon Robinson during a meet at PLU.



Anneke Geballe

Helping Hand

Assistant coach's enthusiasm for track contributes to track team's success

If you're looking for someone who lives and breathes track and field, look no further than PLU assistant track coach Gary Carew. Ever since his early childhood years growing up in Trinidad, the sport of track has been a part of Carew's life. He even competed 4x400 relay in the 1976 Olympic Games in Montreal.

As a beloved member of the PLU coaching staff for nine years, Carew has translated his wealth of world-class track experience into a successful coaching career.

back to people. It keeps you younger than you really are," said Carew.

In addition to his extensive track background, Carew's understanding of physiology, body mechanics, and the mental side of sprinting gives him a useful perspective.

Head coach Brad Moore spoke highly of Carew: "He takes kids who aren't the best around and they become the best around. That's the sign of a good coach."

—Roger Brodniak



Anneke Geballe

Safe landing. Junior Corie Krueger makes a perfect landing after her jump. Corie and twin sister Jenn both compete in the hammer throw, triple jump, and sprints.



Anneke Geballe



Anneke Geballe

I think I can, I think I can. Sophomore high jumper Larissa Norris strains to push her body over the bar without knocking it off. High jumpers must clear the set height in at most three tries to move up to the next height during a meet.

Modified frisbee. Kirsten Liane gets a full windup before she lets her discus fly. Throwing a discus is much different that throwing a frisbee.



Anneke Geballe

BEHIND *The Scenes*

The Fosbury Flop

High jumping is one of the strangest track and field events to watch. The jumpers sometimes look like contortionists as they bend over backwards on their way over the bar. But who originally developed this technique?

At the 1968 Olympic Games in Mexico City, Dick Fosbury tried out a jumping form that no one had ever seen before. He won the event that year with a jump of 7' 4.25". The technique he developed, which is still used today, is call the Fosbury Flop.

—Mark Lofdahl





BEHIND *The Scenes*



Jay Pike

Catching

With a huge glove, face mask, and body armor, a catcher can look almost too protected. But catching 80 m.p.h. fastballs for a whole game, while squatting in position only a couple feet behind a swinging bat, is not a walk in the park. Catching is one of the most physically demanding positions in baseball.

—Mark Lofdahl



Jay Pike

Pickoff. Senior Mat Baxter stands by first base and awaits the pickoff throw from the pitcher so he can tag the UPS runner before he reaches the base.

Out! Senior co-captain and shortstop Danny Desmond tags out an opposing base runner at second base. Desmond was the only middle infielder this year with previous varsity experience.





Jay Pike

And the pitch. Joel Bamer comes out with his stretch and delivers a blazing fastball on the outside corner of the plate for a strike.

Good eye. Senior outfielder Pat Reid watches a pitch get by for a ball. A batter has only a split second to decide whether or not to swing at a pitch.



Jay Pike



Tradition

Lutes hope to continue their winning ways

The Pacific Lutheran University baseball program is on a serious roll. Over the past four seasons, PLU baseball has been as good as it has ever been, compiling a trio of twenty-plus win seasons during that time. And although the team did not make the playoffs this year, it still was a successful season.

Had you at the end of last season asked head coach Larry Marshall how this year's team would stack up, he would likely have told you that the 1996 squad could be

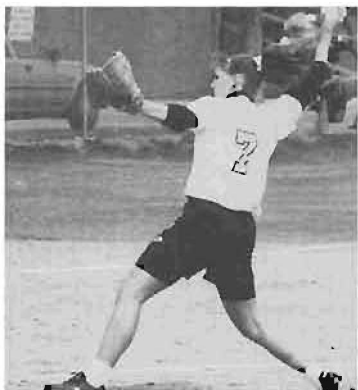
his best ever. After all, the Lutes were losing only one senior. But since that time, the Lute ranks were thinned considerably. The team lost one player to the Atlanta Braves, one to injury, one to a heavy workload, and another to junior college.

All the losses aside, the Lutes did have a number of talented and experienced players, many of whom have been part of PLL's recent success. These are players who know how to win.

—PLL Sports

Information Services

BEHIND *The Scenes*



Jay Pike

Pitching

When most people think of softball, they think of high-arcing, slow-moving pitches that are easy to hit deep to left. But fastpitch softball is much different. Although the pitch is still thrown underhand, it is much tougher to deal with than a slowpitch. A fastpitch can approach speeds of an overhand fastball.

—Mark Lofdahl

Ninety feet to go. Lisa Treadwell anxiously waits on third base for a teammate to hit her home. The junior shortstop was one of the key returning players from last year's squad.

Safe! Justine Kroehl slides safely into home, way before the George Fox catcher can receive the ball and apply the tag. PLU won both games of the double header, 4-0 and 6-1.

Nine heads are better than one. The women's softball team gets together for a little pre-game huddle to help themselves get mentally prepared and fired up.



Jay Pike



Winning Tradition

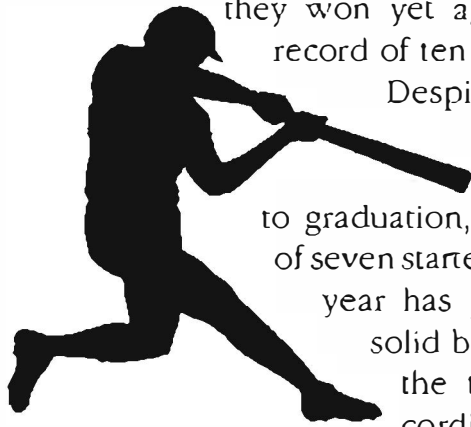
Team continues competitive ways



Jay Pike

T

he PLU women's fastpitch softball team looked to continue its winning tradition through the 1996 season. Last year the Lutes won the NCIC conference title, and this year they won yet again, for a record of ten straight.



Despite the loss of three key seniors to graduation, the return of seven starters from last year has provided a solid backbone to the team. According to head coach Rick Noren, this year's team was capable of making up for the loss of these key players. "It hurts any time you lose seniors, but the players learn to change and

adapt," he said. "It's a positive thing that we have so many returning players."

The Lutes basked in the sun of Hawaii during spring break as they competed in a tournament in Kona. The team returned to PLU with a tan, as well as a few more wins under its belt to kick off conference competition. During the first half of the season, the majority of games were played on the road, but that did not prohibit the team from compiling an impressive record.

The team's strength and stability, as well as its abundance of young talent will uphold the Lutes' winning tradition in the future.

—Erin Rowley



Jay Pike

Tough hop. Senior co-captain Justine Kroehl superbly catches a rough grounder near second base. Quick grounders that take funny bounces are especially hard to handle.

Reach out. Crouched in position, senior catcher Sarah Johnston readies herself to receive yet another blazing pitch.

Sink it. Brooke Bloomenrader sinks a short putt to give herself a birdie for the hole. Putting looks easy, but can be one of the hardest parts of the game.



Women's Golf

In The Swing

Men's team continues success while new women's team starts off strong

For the third season in a row, the PLU men's golf team dominated its competition in the Northwest Conference of Independent Colleges (NCIC). After winning three tournaments in the new fall season, the Lutes picked up in the spring right where they left off, winning the Willamette and Pacific invitationals and the NCIC tournament.

Standouts for the Lutes included Lane Meyer, medalist at Willamette, and Chris Ming, medalist at Pa-

Diamond in the rough. Lane Meyer practices his chip shot in the tall grass on the edge of the PLU golf course. The course is used for team members for practicing, as well as by other students and and by the general public.

cific. Per Olofsson and Matt Engelbert also made key contributions to the team's success.

PLU fielded a women's golf team for the first time ever this spring. PLU's team of Brooke Bloomenrader, Erika Bennett, Megan Smith, and Karen Leikem competed in several invitational tournaments and the first ever NCIC women's golf championship. Coach Gary Cinotto said that the young group showed consistent improvement all year and should continue to become more competitive in the future.

—Chris Covert



BEHIND *The Scenes*

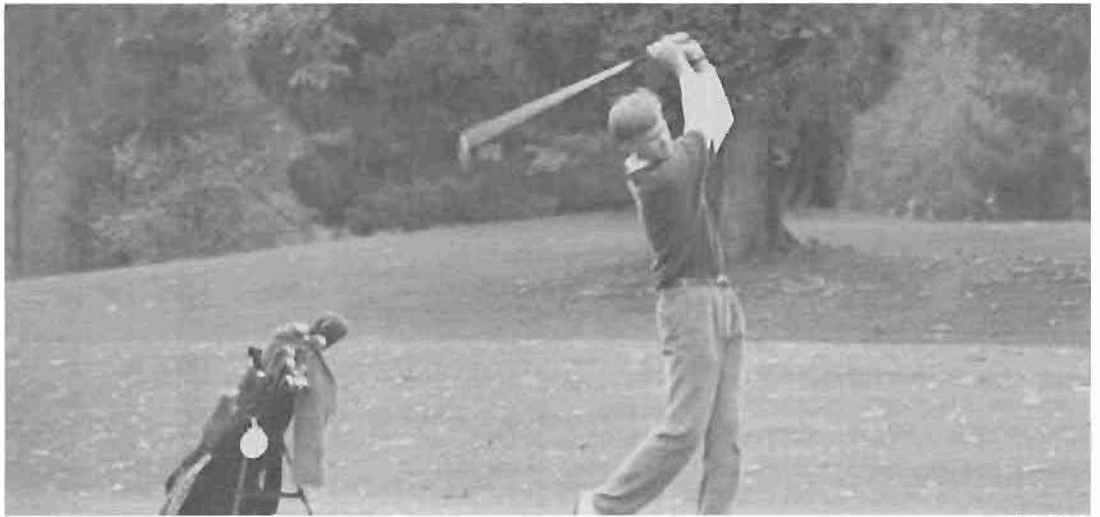


Anneke Geballe

Groundskeepers

What would golf be without a good course to play on? Could you imagine playing on a course where the grass on the greens is the length of the rough? PLU's groundskeepers do a great job keeping the nine hole course on lower campus looking its best.

—Mark Lofdahl



The Mast



Long drive. Making sure to follow through, Matt Engelbert hits a long, straight shot down the fairway toward the flag. Engelbert and teammate Chris Ming make the all-conference team this year.

Chip shot. Megan Smith hits a short chip shot from the fairway onto the green at the NCTC Championships in Oregon.

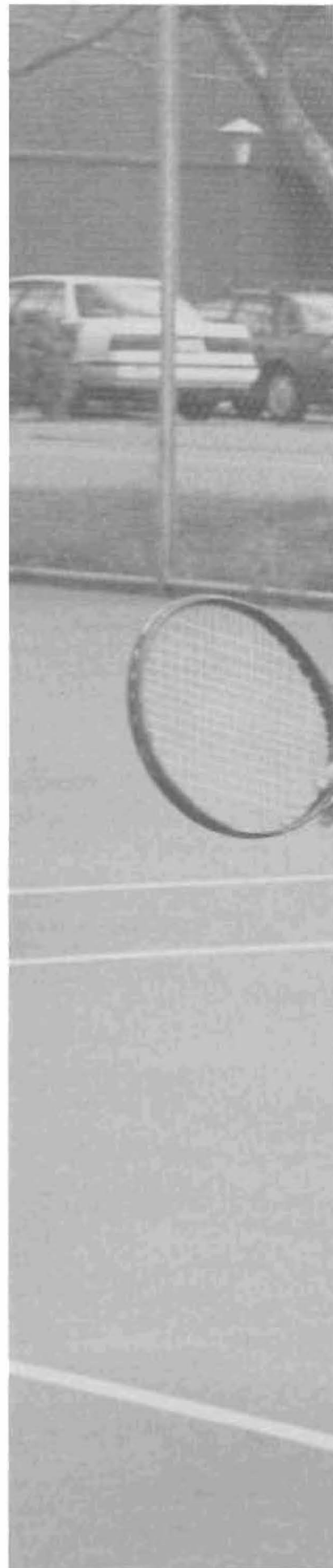




Tough serve. Sophomore Matt Braund fires a tough topspin serve for yet another ace. Braund played in the No. 2 singles spot this year.



Anneke Geballe



BEHIND *The Scenes*

The Half-Volley

The half-volley is one of the toughest shots in tennis. Imagine a ball racing toward your feet at speeds up to 100 miles per hour from about thirty feet away. To return the shot, you must quickly bend down, put the racquet almost on the ground, and tilt the head back so the ball will hit the ground, hit your racquet, and then hopefully go back over the net. It is one of those shots that becomes more instinct and reaction than planned.

—Mark Lofdahl



Anneke Geballe

Ready position. Mike Pitzer stands ready and waiting by the net as his partner prepares to receive the opponent's serve. Having the racquet in the right position and being on the ball of your feet is important in get-



Mental game. Doubles partners Jon Olson and Matt Simons try to focus mentally during a break between points. Concentration is essential to playing a good match.



Anneke Geballe

Hit It Hard

For men's tennis, it's not just a strategy—it's a way of life

Hit it hard. To some, it may seem to be simply a strategy for winning tennis matches. For men's tennis coach Mike Benson, however, it is more than a motto; it is an approach to life, one that has lifted the swinging Lutes above all the rest. Says Benson, "Hitting it hard is the opposite of taking it easy. It's attacking whatever you're doing with all your heart."

This philosophy was obviously instilled well within the players, as the team swept all of its conference matches, giving it an excellent chance for a birth at nationals.

From the beginning of the season, the Lutes were

weaker team than last season. With perseverance through even the rainiest of seasons, the team overcame a 4-7 record midway through the season to finish strong at 12-7.

Returners to the team included seniors Erik Monick, Paul Hemry, Jon Olson, Colin Arnold, Rian Rowles, and Andy Nierman, as well as junior Jesse Caryl, and sophomores Cefe Quesada and Matt Braund. New to the team were Juniors Mike Pirzen and Gil Rigell, and freshmen Jon Boler, Howe Winn, Matt Simons, and Rob Thornton

—Paul Hemry

Close Up

An insider's view of life on the women's tennis team

Long after our team has graduated and moved on, we will remember this season as one of the best ever. Spring break in Florida and New Orleans was definitely a time of good food, good fun, and good friends.

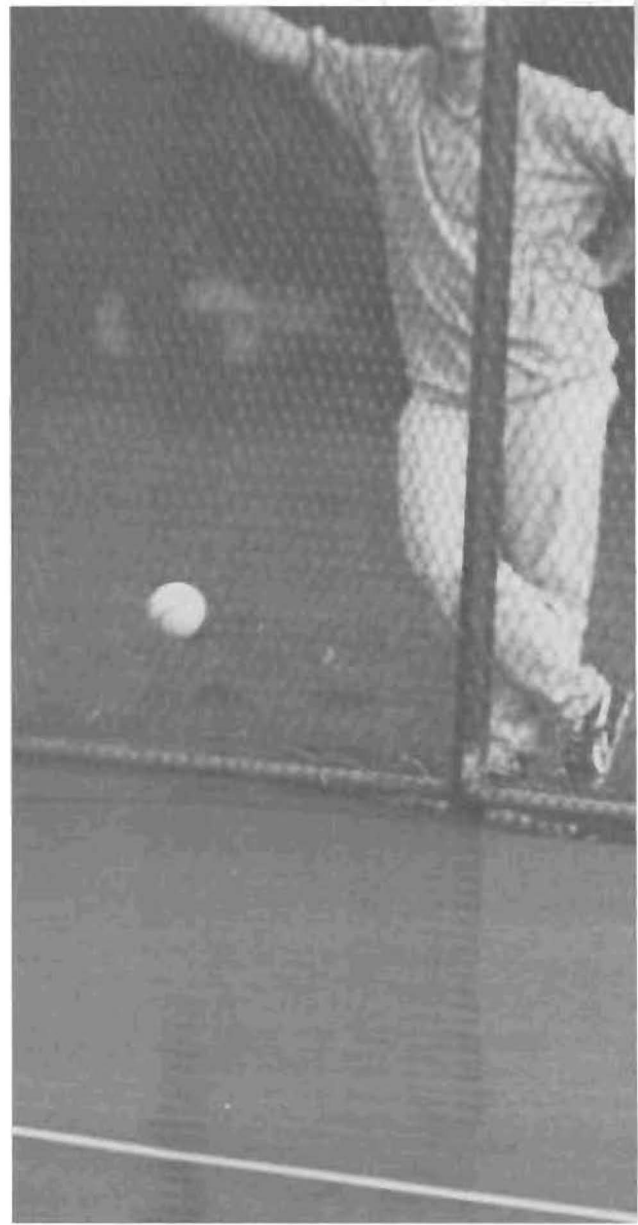
With five seniors and five juniors on the team, most of us have been together for the past three or four years. Like a family, we share the same memories—great wins, disappointing losses, plenty of tears, but even more laughs.



We will never forget the long hours spent in the van, running stairs, climbing trees, playing "truth or truth," and THE LOOK.

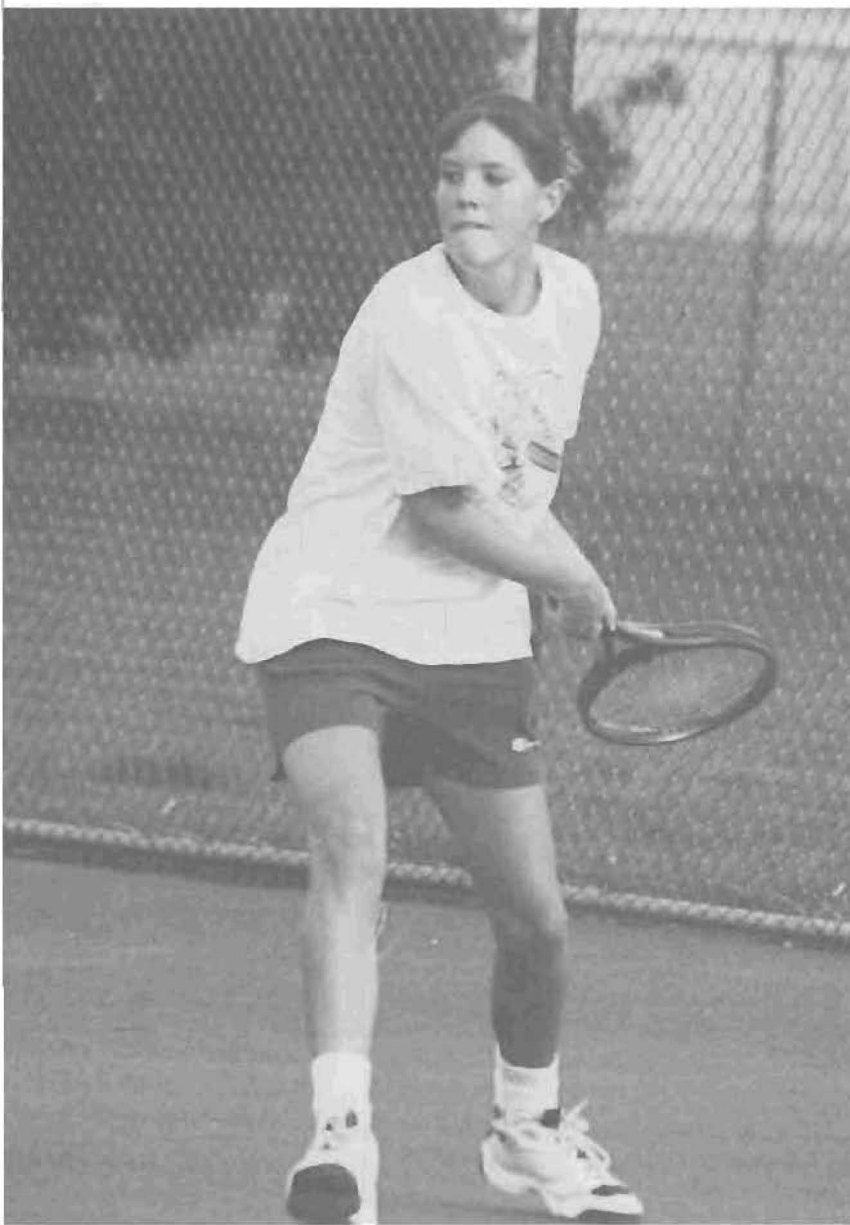
We finished our season with a 16-3 record. We look forward to conference, and a trip to the national tournament in Tulsa, Oklahoma. And most importantly, we will always know that we went out defeating Seattle U; and if they want a rematch, we can always take them on at Ultimate Frisbee!

—Karen Schmidt & Jenn Seals



Practice time. Sarah Ofner works on her forehand in practice. Backswing and followthrough are essential to a good hit.

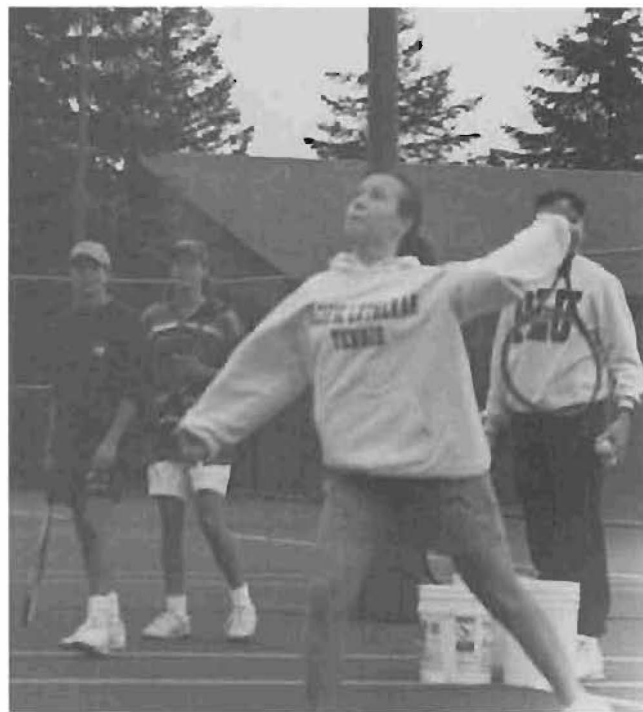




Jay Pike

Perfect form. Joy Zumbrunnen winds up and prepares to slam the ball back over the net using a two-handed backhand. Sisters Joy and Jill Zumbrunnen were 13-0 in doubles this year.

Power trip. Tracking the ball as it falls from the sky, sophomore Lisa Dollar gets ready to smash an overhead. A good overhead can emphatically end a point and give a player an emotional boost during a match.



Jay Pike

BEHIND *The Scenes*

Serving

If you had a totally unstoppable serve, then you would be an almost unbeatable player. But developing an unstoppable serve is tough, if not impossible. Most players try to learn at least three or four different serves to use during matches. Three of the most common serves are the flat serve, topspin, and slice. The flat serve is much like a fastball in baseball—it doesn't move too much, but it's pretty quick. The slice serve is produced by hitting the ball on its side so it spins and curves as it approaches the receiver. The topspin serve, although hard to master, is also hard to return. After hitting the court, the ball jumps up in sometimes unexpected ways.

—Mark Lofdahl



High Jump: Mike Melburn watches as his teammates leap to the air to make a particularly high pass.

BEHIND *The Scenes*



Joy Pille

Lacrosse Equipment

To see lacrosse players run across the field, one might think they look like knights going off to battle. But without their cage-like helmets and vicious-looking sticks, they would be only sparsely protected and have a harder time catching the ball.

— Mark Lofdahl



Joy Pille

Building Year

Men's Lacrosse looking forward to next season

The men's lacrosse team has finished a long season and are chalking it up to a learning experience.

Although it was not a winning season, many new players were able to get a lot of experience, which could prove to be beneficial in the future. According to Josh Lawrence, "This experience could lead to a promising season next year with a large group of returnees."

Perhaps the biggest factor in the season's results is the lack of

cause of this, it was a disillusioning year and we now realize that we can not go on any further without an actual coach," said captain Brett Bollinger.

According to Bollinger, the team now knows what their weaknesses are and can concentrate on them in hopes of a better season next year.

With new players coming into the program and the possibility of experienced coaches, next year's season should be very promising.





Jay Pike

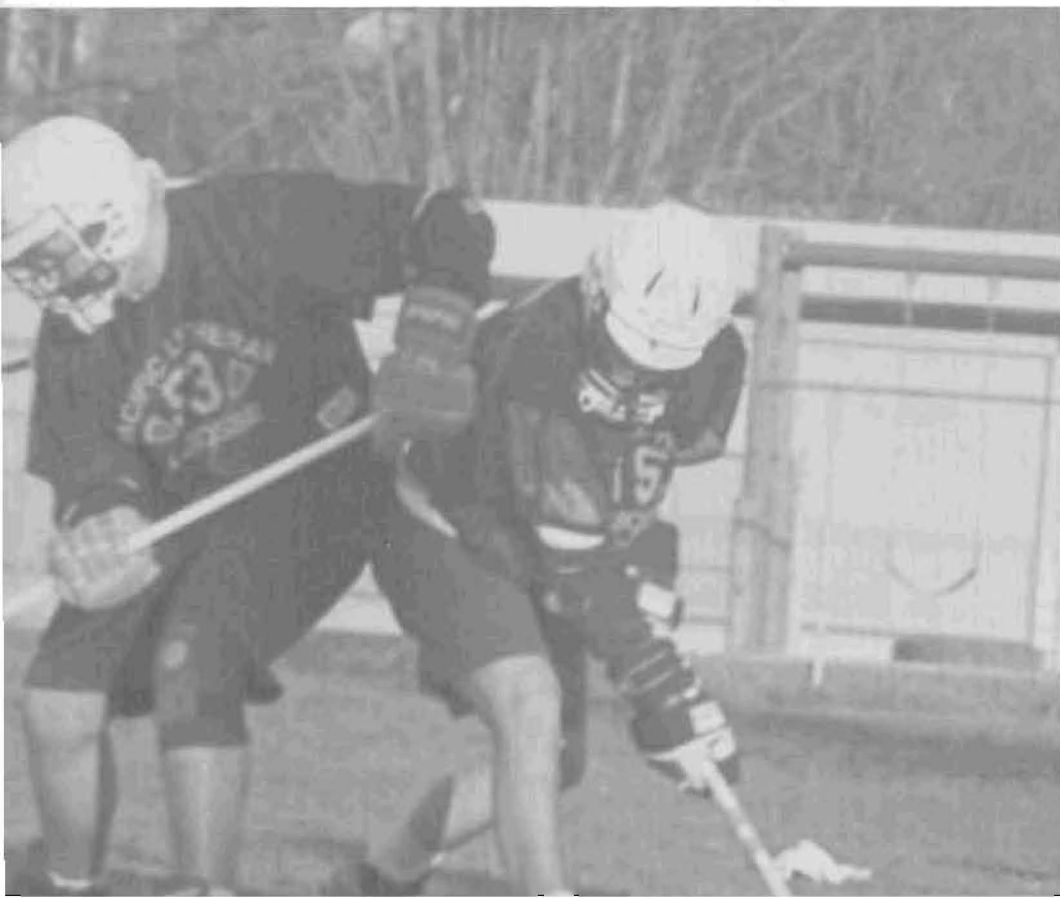
Ready, aim, fire. Jaime Kuzmanich gets ready to launch the ball to a teammate, dutifully practicing her form. Throwing and catching a lacrosse ball is much harder than many people think.



Jay Pike

What do you think? Shelby Greenc and Chris Hassey discuss strategy for their next game. Lacrosse is a very open and fast-moving game.

Look out behind you! Mike Hjelkrem (15) stealthily sneaks up behind Kyle Andrews (53) in an attempt to steal the ball during a practice game.



The Year In

**Bill Pandlani
Named PLU
Men's Basketball
Assistant Coach**

**Matt Foreman
Wins National
Collegiate
Weightlifting
Title**



Marty Guapp



Jay Pike



Jay Pike

**Men's Soccer
Team Losses to
Simon Fraser In
Regional
Tournament**

**David Olson
Steps Down
From Athletic
Director Position**

**PLU Inducts
Seven Into Hall
Of Fame**

**Cross Country
Sweeps NCIC
Men's &
Women's
Crowns**

**Men's Tennis
Team Capture
Fifth Straight
Championship**

**Jerry Weydert
Leaving PLU's
Volleyball Post**

**Paul Hoseth
Named New
Athletic Director**

Headlines

Women Swimmers Take NCIC Title

Kevin Aoki Chosen To Lead PLU Volleyball Program

Women's Soccer Season Ends With Playoff Loss to Willamette

Sue Shinafelt Named PLU's Women's Soccer Coach

Men's Basketball Team Falls To Lewis & Clark In NCIC Tourney

Football Team's Dream Of National Title Shattered By Findlay

Softball Team Wins Tenth Straight Conference Title

Gavin Stanley Earns First Team All-American Honor in Football



Zach Lee

Men's Golf Team Wins Third Straight NCIC Title

Colleen Hacker Steps Down As PLU's Women's Soccer Coach

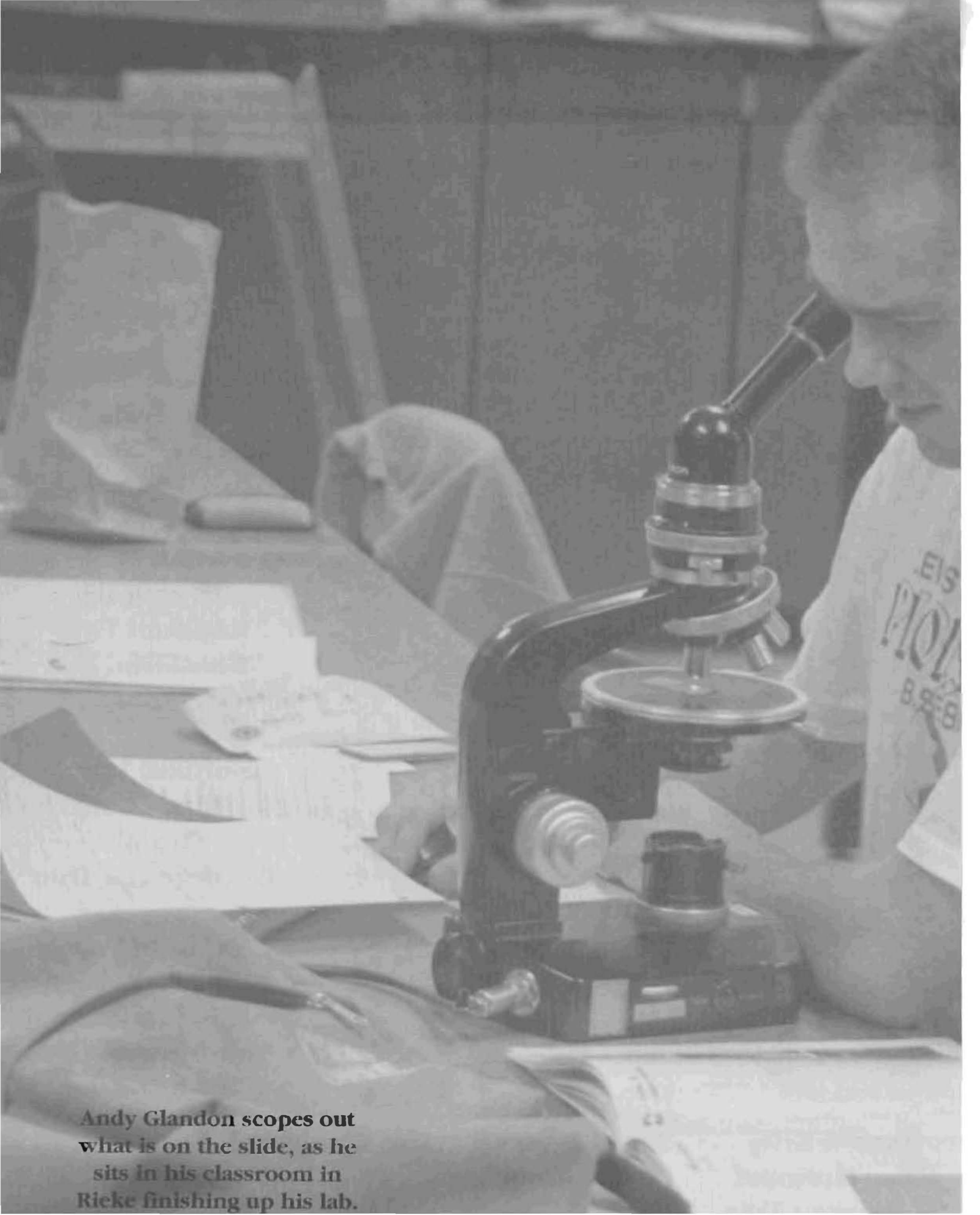


Shannon Robinson



Photo Services

Aurora Bray Wins National Swimming Title



Andy Glandon scopes out what is on the slide, as he sits in his classroom in Rieke finishing up his lab.



KEY

TOUCHES

Lutes Spirit
of
Learning

By Tina Marie Newman

Wait, the King and Queen of Norway are here, at PLU? It's not April Fool's Day yet is it. Why would someone important visit PLU? Because silly, we Lutes here at PLU get one of the finest educations around!

From the professor who spends extra hours in his office advising, to the Communication professor who gets you the most interesting internship, the professors here truly care.



The Faculty,

Administration, and Staff of PLU are there not only to make the university run smoothly but to listen to the students. Above Jim VanBeek, The Office of Development, sits evaluating a manual.

Although we sometimes forget, education is the reason we're here,' said Sara Mueller, Professor

Department of Humanities

Contemplative *Spirit*

Where did we come from? Where are we going? How can we communicate our experiences to others? These are questions that students in the Division of Humanities seek to answer.

The Division of Humanities includes the Departments of Religion, Philosophy, English, and Languages. Related studies include the Integrated Studies Program, Global Studies, Environmental Studies, Classics, Women's Studies, Chinese Studies, Publishing and Printing Arts, International Education, Scandinavian Area Studies, and Legal Studies. Courses in the division are designed to explore different perspectives, communicate personal positions, and study related actions.

Humanities courses are an integral part of a liberal arts education, and help students to receive a well-rounded, thoughtful education. They provide opportunities for all students to tackle those important questions of life and learning.

-Sara Mueller



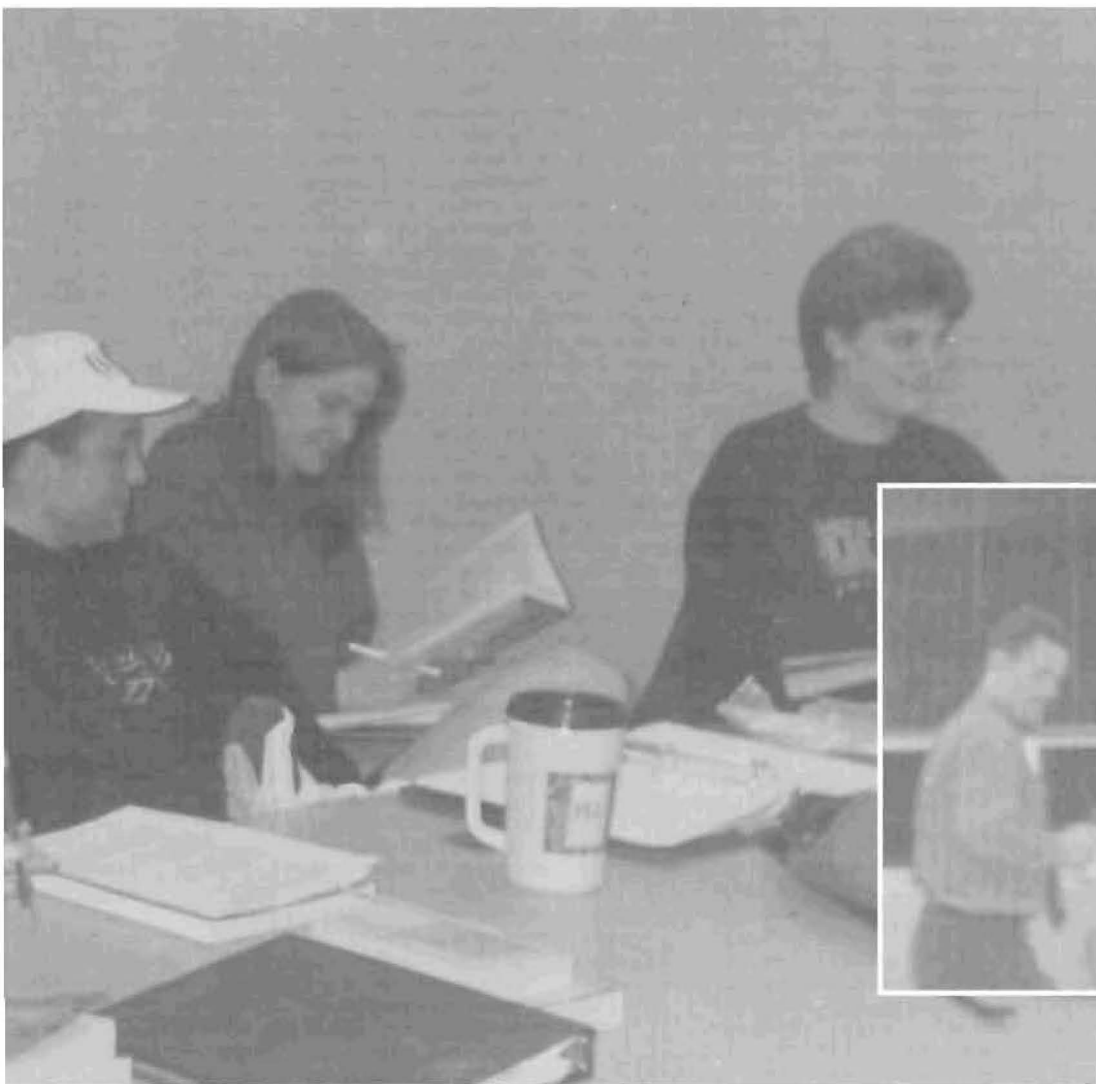
Gayle Franks



Gayle Frank

Enjoyable education. Mark Monroe smiles at the joy of learning.

Turning point. Students consider their professor's interpretation.



Gayle Franks

Gayle Franks

The written word. Students read and analyze literature in an attempt to find deeper meaning.



Gayle Franks



Gayle Franks

New directions. Professor Jim Albrecht asks his students to look at different perspectives.

Self-expression. Traci Benoit waits to share some of her writing with the class.

Deep thought One student ponders man's ephemeral existence.

Essay Competition Honors Students

Is the genocide of the Jews during World War II any different from the genocide of the Croats, Serbs and Muslims in the bloody civil war played out the last few years in the former Yugoslavia?

Anneliese Gorne, a Pacific Lutheran University junior English major from Mukilteo, Wash., addresses this topic in her essay "Genocide Strikes Again." The essay took second place in the first Raphael Lemkin Essay Competition held at PLU [in December]. Gorne is a 1993 graduate of Mariner High School in Everett, Wash. She is the daughter of Ivan and Marsha Gorne of Mukilteo.

Molly Loberg, a PLU sophomore from Bellingham, Wash., took first place with her essay "Reporting Genocide," a comparison of the American media's treatment of the annihilation of the Jews during the Nuremberg and Eichmann trials, which were separated by 15 years. Loberg is a 1994 graduate of Sehome High School in Bellingham. She is the daughter of John Loberg and Charlene Stark Loberg-Dale.

The inauguration of the Raphael Lemkin Essay Competition puts PLU in the ranks of such prestigious universities as Yale Law School, Duke University Law School, Hamilton College, Colgate University and others.

The competition serves to inspire young people to reflect on the issue of genocide and to inform them of Raphael Lemkin. PLU alumnus and regent Donald Morken '60 and a colleague, Bruce Litman, each donated \$10,000 to endow the competition.

Five essays were received. A three-person committee of Chris Browning, Ann Kelleher, associate professor of political science and director of the PLU Center for International Programs, and Kurt Mayer, PLU regent, chose the winners unanimously. The first-place prize is \$750, second is \$250.

-PLU News Release excerpts

The *Spirit* of Learning

Computer Lab



Checking in. Amy Spies and Dave Allen welcome a student to the computer lab.

Positive input. Mike Olson and friend work on a project at the computer lab.

To the letter. Writing Center consultant Kay Whitford helps a



Writing Center & Computer Lab

Sunsets, writing assistance, love, computer facilities - the best things in life are free. For free academic assistance, both the Writing Center and the Computer Lab are available to PLU students.

The Writing Center, located in Ramstad 114, is here to help with draft dilemmas, brainstorming jungles, and revision riddles. The consultants at the writing center are trained to make their papers, essays, and reports more clear and logical. They read drafts and offer specific suggestions to ammend problems that the students might not notice, but their professors will.

The Computer Lab is located on the first floor of the University Center. They have IBMs, Macintoshes, and VT terminals available for use seven days a week. Consultants provide advice for using the word processing, spread sheet, database, graphics, and internet software available at the lab). Students with validated IDs may use the Computer Lab for recreation as well as for assignments.

Although neither is as breathtaking as a sunset or love, the free assistance offered by the Writing Center and Computer Lab will aid students in improving their academic endeavors.

-Sara Mueller



Teresa Zappey

Technological business. Larry Hegstad inspires students of business computing.

Clarifying her point. Professor Linda Gibson explains the nuances of business communication.

Learning can be fun. Glenn Van Wyhe amuses as he imparts wisdom.

Independent study. Students use the new Business break room to catch up on homework.



Teresa Zappey



Teresa Zappey



Teresa Zappey

Putting their heads together. Business students learn the fine art of cooperation.

How may I help you? The School of Business office provides career guidance.

School of Business

A Competitive *Spirit*

Beginning this year there was a new curriculum for Pacific Lutheran University Business Majors. The new classes consist of a combination of the subjects being taught together. There are over 500 students in the undergraduate business program.

After careful consideration as to what they wanted in a new business program, the Dean, Joseph McCann, and the Assistant Dean, Laura Pollson, proceeded with the changes. The new program gives students a competitive edge over graduating students from other schools. They found that successful businesses want a graduate who knows more than just his/her specific area of study.

The new program consists of Philosophy and Communication classes, and certain business classes being taught together. The reason for this, says, Magna Myrno, "is so that students can see how everything fits together. Each class is related to every other business class in one way or another."

The new business program should be very successful in the following years. Good luck to all the students in the program.

-Christie Kurucz

The *Spirit* of Learning

As students, we often get wrapped up in the routine of classes, labs, meetings, projects, papers, tests, readings, and presentations. With all of the rushing around, we rarely take the time to step back and look at the amazing things happening around us and within us.

In the ten classroom buildings on campus, 3500 students undertake the adventure of learning. Sometimes we are excited about learning, perhaps during a class debate about bilingual education. Other times, we are so worn down from studying that we may wake up in class, realizing that we've been snoozing for the past hour.

Sometimes we are moved by a slide presentation on third world poverty (set to rock music) in a religion class or by Shakespeare's sonnets in a literature class. Sometimes we are entertained by a political science professor's pig impressions or a geology professor's egg mcmuffin tectonics demonstration. We discover, learning to make yogurt and soda pop in Biology or creating sculptures out of whatever we find outside in a critical conversation class. We connect, working at the Pierce County Jail for Spanish or having a class meditation session in a writing class. We persevere, staying up those extra two (or three or seventeen) hours to finish a psychology paper or study for an economics test.

As students, we carry within us the spirit of learning, a spirit that grows and changes with each breakthrough and each breakdown. Much of our lives is dedicated to expanding our knowledge in order to better understand the world and our place in it. In this understanding, we must remember to step back every once in a while and appreciate the adventure we all share.

-Sara Mueller



SAGA Staff

Overview. Some of the classroom buildings of upper campus are seen from above.

Dedication. Students try to completely comprehend the lecture.



Elsa Carlisle



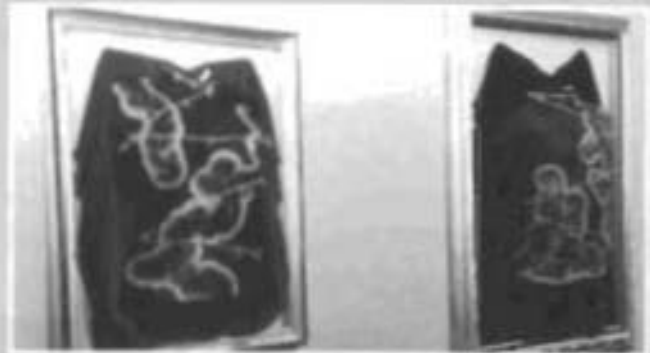
SAGA Staff



Eric Moody

breaktime Students use the University Center to study or

lab central. Rieke is the center for scientific learning on



Teresa Zappey



Teresa Zappey



Teresa Zappey

Craig Garretson poses with some of his artwork.

Student Art Displays

The Spirit of Learning

Can you remember one teacher you had in your life that you really liked, or that really helped you out and was a friend? If you can, that is exactly the reason why young adults want to become teachers. Some want to make a difference in people's lives, and others just really love their particular subject.

School of Education

A Teaching Spirit

The School of Education at Pacific Lutheran University "offers programs of study leading to certification for elementary and secondary teachers, counselors, nurses, administrators, and special education", as the PLU catalog describes it.

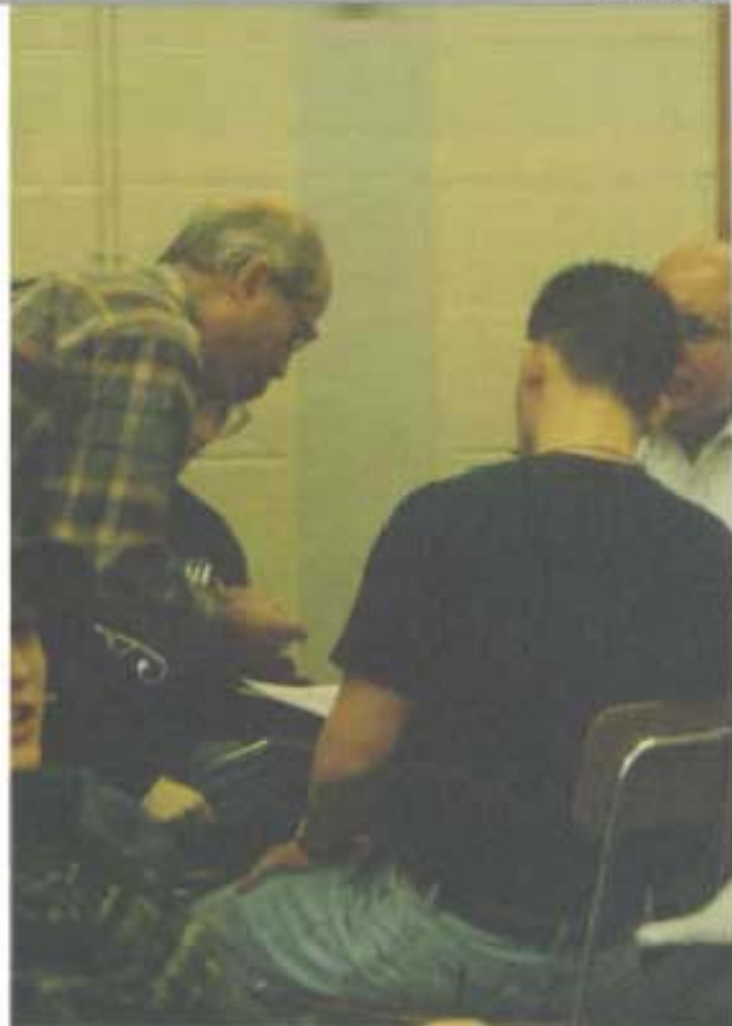
The PLU School of Education is very demanding, but it is also very rewarding. Cori O'Brien wanted to go into teaching because she loves children. The school is growing each year, but the quality of the classes does not drop. And at PLU the school is very competitive. All the students are rambling around Tacoma getting hands on experience.

Students who graduate from the program are ready to step into the real world of teaching. And with a program like the one PLU has, they should not have much trouble finding jobs.

-Christie Kurucz



Teresa Zapper



Teresa Zapper

Different approaches. Isaiah Johnson dives into his studies while his classmate sits back and soaks up some learning.

Teaching by example. Dr. Karl Richenbaugh gets into his work in a discussion with students.



Teresa Zappey



Teresa Zappey



Teresa Zappey

Visual learning Renee Tredo explains her question to Professor Greg Williams.

Quiet concentration Professor Reiskberg joins students in contemplating education.

Two heads are better than one. These students learn better by teaching each other the material.

Remember this one thing. Dr. Mulder discusses grading procedures.

Teresa Zappey



Learning is More than Just a Classroom

Academics in the classroom is not the only place Lutes learn! Life-experience is the biggest classroom PLU has.

There are many chances at PLU to take part outside, in the classroom of Life, anywhere from internships to friendships in the residence halls to activities off-campus. One such group is shown above: Chris Coover, Jeanne Thompson, Erik Gardner, Heidi Stout, Dowd Gates, Aaron Swenson, Chris Backman and Matt Holum on a spur of the moment ice-skating trip.

Learning about life and people outside the Lute Dome gives students the preparation for entering that big, and often scary world. These opportunities make that real-life world, where careers and families grow, a little less scary.

Don't just believe me, ask yourself. Are you learning 100% of your education in the classroom of academics or in the PLU classroom of Life?

-Tina Marie Newman

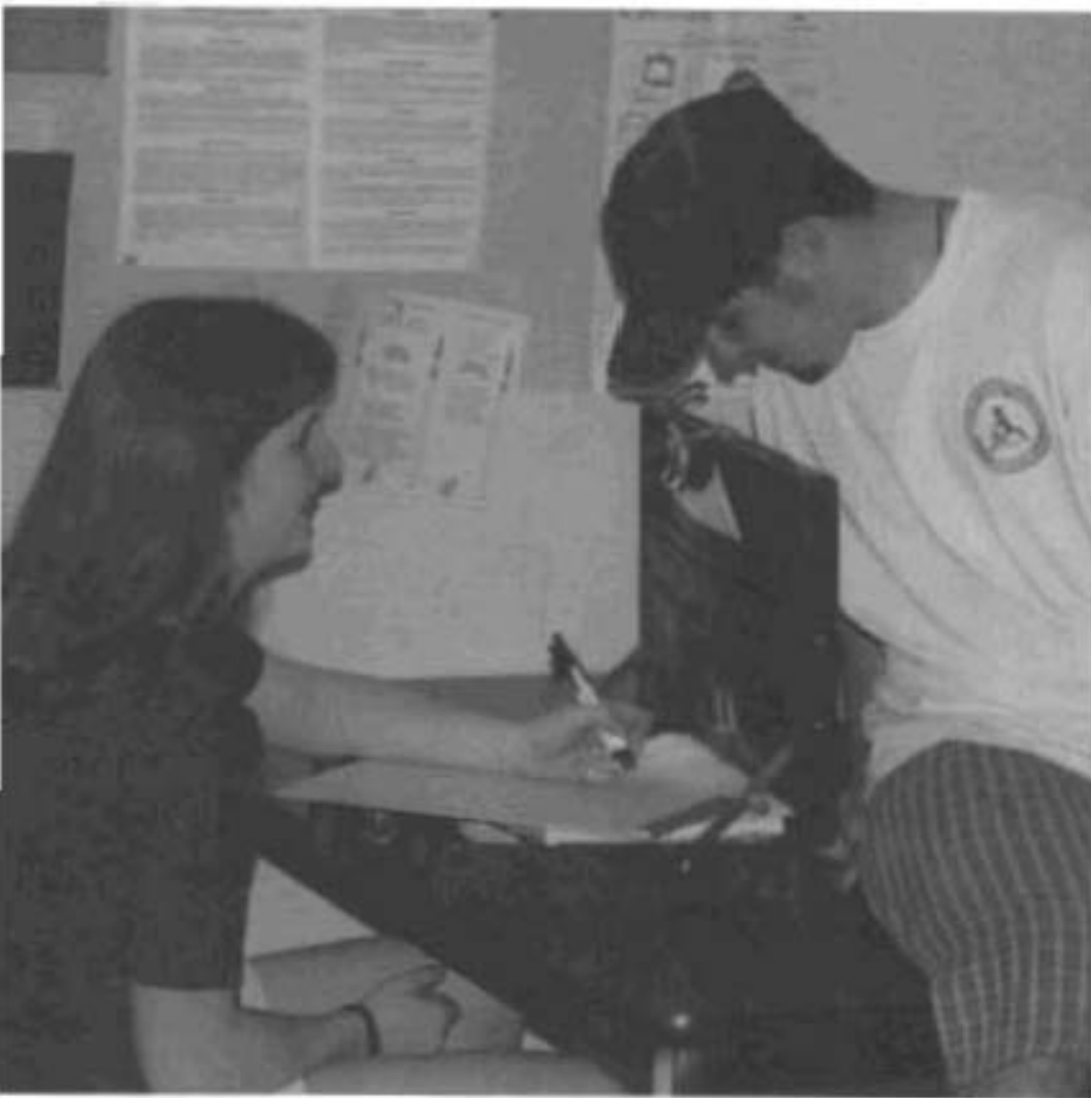
The Spirit of Learning



Heavy evidence. Debater Jeff Robinson carries his files.

Friendly fighters. Forensics team members: Chris Coover, Elizabeth Olson, Kristin Phelps, Heidi Stout relax before a competition.

Packing in knowledge. The Forensics team gets ready to travel to a tournament.



Teamwork: Debate partners Heidi Stout and Jeff Robinson formulate their case.

Forensics

Are you highly opinionated? Do you love to argue about the most important issues of the day? If so, you may be right for PLL's forensics team.

There are two different types of debating: CEDA (cross examinations debate association), in which a pair of students debates another pair, based on evidence they have gathered; and parliamentary debate, which is a group of students heckling their opponents. In parliamentary debate, a new topic is issued before each round.

Students also participate in eleven different forms of individual presentations, which range from impromptu speaking to programmed oral interpretation. Participants use either a manuscript or minimal notes and are given a specific time limit.

Weber, and assistant Amy Winstra, this year's squad was mostly newcomers, consisting of only two seniors. They usually travel together, but occasionally someone travels alone, or in a small group.

PLL hosted a high school debate, a high school tournament, and an all division event of all debate and individual events.

The ladies had an exceptional season with some impressive achievements. Partners Heidi Stout and Chris Coover went to the Parliamentary Debate Nationals at Rice University in Houston, Texas. Lisa McDonald had the honor of travelling to Athens, Greece for an event.

The greatest honor for the team was a fourth place finish out of thirty-four universities and colleges in the Northwest Conference.

Sue Weber said that the season was very long, but also a lot of fun.



Teresa Zappey



Teresa Zappey



Teresa Zappey

The use of technology. Busy students create graphic arts with the help of state-of-the-art software.

Campus creations. Paintings of PLU artists are displayed in galleries in Aida Ingram Hall throughout the year.

Hands-on education. Students learn the steps for developing black and white film from Professor Bev Keller.



In man exists an implicit need to express himself. To satisfy this need, he may dance the polka with a lampshade on his head, walk a picket line, or compose an aria. If, however, he expresses himself best through more tactile arts, he may find a place in PLU's School of the Arts.



Teresa Zappey

The School of the Arts includes drawing, painting, sculpture, ceramics, and computer design. Aida Ingram Hall, the campus haven of the arts, offers a wide range of facilities: a recently repaired forgery for bronze casting, a ceramics

School of Art

A Creative Spirit

workshop with a variety of potter's wheels, a metal and wood shop for welding and wood-working, and a computer lab, as well as painting and sculpture studios.



Teresa Zappey

The joy of painting. Two student art lovers enjoy PLU made art at a campus exhibit.

Much of the education in the School of the Arts depends on student's commitment. Although diverse teaching styles exist among the professors, all of them want students to produce truly personal while growing in technique and creativity. These works are displayed in the University Gallery, Wekell Gallery, and throughout Ingram.

How do art students feed themselves after they leave PLU? Earning a living in the arts requires a lot of self-initiative and drive to market one's skills. The recently reinstated PLU Art Guild helps to connect students with artists in the outside world for communication and guidance. With the training they receive at PLU and a drive to succeed, art students may make a career of satisfying their needs for self-expression.

-Sara Mueller

Royal *Doctorate*

PLU faculty presented to her.

The visit of King Harald V and Queen Sonja of Norway in October was important not only culturally, but also academically. During the visit, Queen Sonja was awarded an honorary doctorate of humane letters.

A special convocation ceremony was held to receive the royal couple and present the Queen with her degree. Many students, faculty, and community members attended to witness the event.

Queen Sonja has done fundraising for international refugees, served the Red Cross, and worked with disabled children, among other service efforts. It is just these humanitarian concerns that make her worthy of the honor that

As a female with ruling power as well as a person committed to helping others, Queen Sonja may serve to inspire others to service.

-Sara Mueller



Matthew Kusche

Dress of honor. Queen Sonja of Norway raises her eyes as Provost Paul Menzel and Professor Patricia Killen assist in the ceremony awarding the Queen an honorary Doctorate of Humane Letters



Matthew Kusche



Matthew Kusche

quiet dignity. PLU President Loren Anderson welcomes Queen Sonja and King Harald to campus.

look around. Queen Sonja sees the sites of PLU on a walking tour of campus.



Association of Norwegian Students Abroad

Association of Norwegian Students Abroad, or just ANSA as it is known among the students, is the political and social organization taking care of the Norwegian students studying in a foreign country. ANSA constantly fights to keep, and hopefully increase, the scholarship Norwegian students receive from their national government. They advise their members on what rights they have, and inform students about what is happening back in our home country.

This year the whole ANSA board here at PLU consisted of new members that actively arranged various trips, held meetings, and worked hard to improve ANSA-PLU's position at the school. We had a very successful weekend in Vancouver where we went shopping, sightseeing, and partying. This is a trip that will definitely continue in the next couple of years. We also had our annual "Julebord", where we served Norwegian Christmas food and drinks, and gave people a taste of what Christmas in Norway is like. I think I have every participant, Scandinavians, Americans, professors and other guests, with me when I say that this was a night full of fun.

All in all, I believe this was a very successful year for ANSA here at PLU. We continued, and hopefully improved, the work that has been done in the past. We are very much a vibrant, active group. Hopefully the school will do what it can to keep Norwegians coming to PLU, and continue a tradition that was started when this institution was founded by Norwegian immigrants.

-Morten B. Evensen, ANSA president

The *Spirit* of
Learning

Music is constantly changing and our students must keep up with the changes. The staff and facilities at PLU are such that students in the program may pursue studies in many different branches of music. Degree programs include the Bachelor of Arts, the Bachelor of Fine Arts, the Bachelor of Music Education, the Bachelor of Musical Arts, and the Bachelor of Music.

Department of Music
Harmonious *Spirit*

PLU graduates find a place for them wherever they go because beautiful music follows them. You can always find music majors singing while they work. And with the newly built Mary Baker Russell Music Center the students in the school have all the more reason to be singing.

-Christie Kurucz

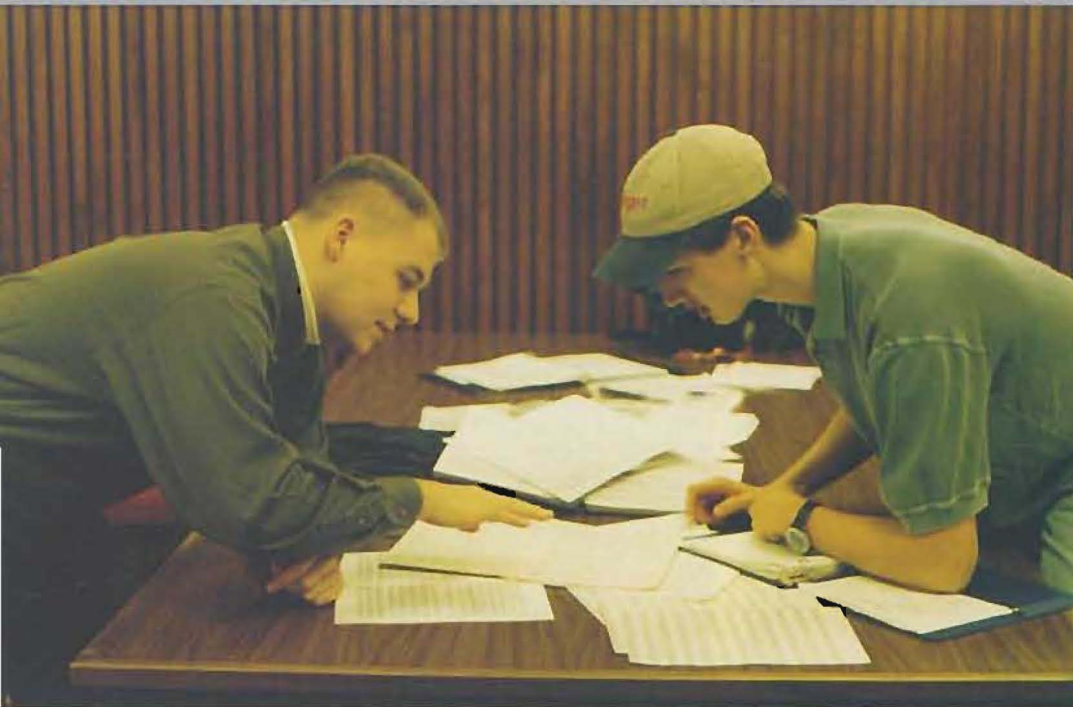


Eric Mood



Eric Moody

Teresa Zappey



Elsa Carlisle

The joy of music. Music major Jenny Lambie displays oboe talent.

Fine arts. Mary Baker Russell is graced with beautiful glasswork.

What's the score? Nate Warren and Rick Wilkerson analyze orchestration.

Under the arches. Music students stroll after a long rehearsal.

(Far left) Tower of music. Mary Baker Russell Music Hall in all its splendor.



Eric Moody

New Scholarship Gifts

PLU received \$3.9 million from the estates of Edward Ramsdale and Erna Jorgensen, both friends of the university. The money will be used for endowed scholarships.

Edward Ramsdale

In 1913, at the age of 17, Ed Ramsdale arrived in the town of Troy, Idaho, from his home in Sunfjord, Norway. He had \$10 in his pocket and knew only one word of English, "gidddyup." He worked on a local farm while saving enough money to purchase his own land, which he did in 1935. He retired in the early '70s, but continued to invest in land, stocks and bonds. He died in 1993 at the age of 97.

Ramsdale was an avid supporter of education, perhaps because he never married and had no children of his own. He made a number of significant contributions to PLU over the years and established the Edward Ramsdale Scholarship as part of his will. PLU will receive \$2.1 million from his estate.

Erna Jorgensen

Erna Jorgensen, a former partner of Schuck's Auto Supply, had a great fondness for PLU though she never attended the university. She gave generously over the years, requesting that her gifts be anonymous. In 1975, as a tribute to her mother, she established the Hedvig Arthur Memorial Scholarship Fund for nursing students.

Upon her death in 1993, Jorgensen left PLU \$1.8 million for new endowed scholarships.

-PLU News Release

The *Spirit* of
Learning



Gayle Fran



Gayle Fran



Gayle Fran

Surrounded by knowledge. Eve Otten looks for the islands of pertinent information within the sea of data.

Fact find. Students use one of the library's computer systems to search for specific articles.

Periodical pleasure. Arle Seaton brushes up on current events.



Gayle Franks



Gayle Franks

earching the shelves. Megan Greene pores through the
ference section in her quest for enlightenment

udy session. The second floor tables fill with dedicated

Robert C. Mortvedt Library

Studying. Research. Projects. Whether or not we like it, all are necessary parts of a college education. Luckily, the Robert C. Mortvedt Library provides resources and facilities to make these endeavors easier and more complete.

At any given time, a visitor to the library may find students in cubicles studying pygmy customs, exploring twentieth-century history by reading the New York Times on microfilm, copying old versions of tests provided by professors, searching through the shelves for a book on modern business techniques or the physical symptoms of heartache, or catching a power nap on their biology notes. The Mortvedt Library offers not only books and periodicals, but also inter-library loan services, database searches, copy machines, typewriters, and group study rooms. Media Services, located in the library, offers slides, videos, and CD's as well as media production services. Media preview rooms, a listening lab, and FAX services are also available.

The assets of the Mortvedt library provide students and faculty the opportunity for more in-depth research and more complete studies.

-Sara Mueller

The Division of Natural Sciences encompasses biology, chemistry, earth sciences, physics, engineering, mathematics and computer science. This division provides a basis for students to expand their horizons in the field of liberal arts.

Through hands-on training in classrooms and laboratories, students receive preparation for future science careers and other professional jobs.

Division of Natural Sciences
An Inquisitive Spirit

The natural sciences provide a forum for studying and learning to solve problems creatively. A scientific awareness of the world is achieved as students begin to apply their knowledge and theories to practical, everyday situations.

Once they have acquired this greater concern for the world, students have gained the confidence and awareness necessary to conquer the field of their choice.

- Adela Christin



Eric Mood



Eric Mood



Eric Mood



Eric Moody



Lofty thoughts. Rieke Science Center's high ceilings leave room for science dreams to fly.

Good chemistry. Science students learn through experimentation.

(left top) Reflections. Rieke Science center mirrors the evening sky.

(left center) Etched in. Principles of science are engraved onto the minds of students.

(left bottom) Overview. Students cram for a biology test.

Eric Moody



Eric Moody

New Pastors

If you passed by Campus Ministries in the fall of 1995, you probably noticed a sign reading "Welcome Dennis and Nancy" in the window.

Dennis Sepper and Nancy Conner are PLU's newest campus pastors. The husband and wife team, who came to PLU in late August, stress diversity as the major theme for the year.

Sepper and Conner see their position as campus ministers as an opportunity to provide spiritual motivation to students. Part of their excitement springs from their role as coordinators of chapel, for which they have brought in a variety of musical guests and speakers.

"We want to draw all different types of students from various faiths in for inspiration and reflection," Conner said.

"We are also seeking to link people of other faiths to their communities of faith outside of PLU," Sepper added.

The team's job also consists of assisting the student-led University Congregation and interacting with other campus ministries, such as Rejoice, InterVarsity and Christian Activities.

"Our intention is to be visible at a variety of activities in order to meet the students," Conner said.

Sepper and Conner have been married for 17 years. They met in a study group at Trinity Seminary in Columbus, Ohio. They say they find working together stimulating. "We know we complement each other well - the trust level is there," Sepper said.

-Jenn Seals



Eric Moore

Partnership in faith Nancy Connor and Dennis Sepper lead a Chapel service

The Good Book Pastor Dennis Sepper reads a passage from



Eric Moody



Eric Moody

finds to inspire. Pastor Nancy Connor delivers the Chapel family.

Top 10 reasons you were late for class

10. On the way to class you had to deliver a baby.
9. You were abducted by a UFO.
8. You thought you saw Elvis and decided to follow him, only to find out that it was just someone that lives down the hall.
7. A bully stuck you down the garbage chute.
6. You were at Les Schwab getting Professor Peterson's tires rotated.
5. You were too busy watching Melrose Place.
4. You had brownies in the oven and you had to wait until they finished cooking.
3. It was raining and you didn't have an umbrella, so you had to wait until it stopped raining - which was two months later.
2. Campus Safety mistook you for a Parkland youth and arrested you.
1. Nature called.

-Kun Films

The Spirit of Learning

Care. Technology. Discipline. All of these are important elements of the School of Nursing at PLU. Although nursing is a profession of caring, it is also an applied science. Students in the various sectors of the Nursing Program are trained to meet the changing face of health care and the changing needs of its recipients. With emphases on communication, decision making skills, and critical thinking, nurses must be trained mentally as well as practically.

PLU's School of Nursing includes a Bachelor of Science degree for basic students, registered nurses, and licensed practical nurses. Classes thus serve to prepare as well as to advance knowledge. Students have opportunities to gain clinical experience in local health agencies, hospitals, and schools. For continuing students who are already professional nurses, part-time and full-time educational options are arranged to

School of Nursing
A Healing Spirit

accommodate employment.

The School of Nursing aims to prepare students for all aspects of their future careers. Admission requirements to the school include not only academic areas, but also "physical health and emotional stability sufficient to meet the demands of nursing and provide safe patient care". Nursing requires a commitment to care, an understanding of technology, and personal and mental discipline. PLU's nursing program provides for all three.

-Sara Mueller





SAGA



SAGA



SAGA

Caring hands. Student nurses practice their techniques.

Medical notes. Students in the School of Nursing pay close attention.

Facing page:

Living room dreams. Nursing students gather, enthralled in "E.R." night.

PLU Heads SWANS

The National Student Nurses Association (NSNA) chose Pacific Lutheran University to revive the State of Washington Associated Nursing Students (SWANS) chapter.

The main reason, according to Young Kim -- PLU sophomore nursing student and newly-elected treasurer of SWANS -- was the university's large population of active nursing students. The first meeting took place Oct. 28 at PLU.

SWANS, a pre-professional organization, had been headquartered at Walla Walla Community College, but lack of interest forced the organization to dissolve early last year. Though the organization has 230 members statewide, only three universities are considered "constituent" schools. (PLU, WWCC and the ICNE nursing program in Spokane, Wash.) To become a constituent, schools must have 15 active SWAN members. PLU boasts 80 members, according to President Kimberly Schelin, a Butte, Mont., native and junior nursing major at PLU.

SWANS meets at least once every semester.

Nursing students discuss health care policy, specific nursing practices and general trends in nursing. After two years of membership, students are entitled to a one-year free membership to the Washington State Nursing Association (WSNA), a professional organization. Students who belong to professional organizations often have a better chance at jobs upon graduation, said Schelin.

-PLU News Release

The *Spirit* of Learning



Jay Pik



Jay Pik



Jay Pik

Consideration. Student body president Nikki Plaid contemplates the Board's discussion.

Speaking out. President Loren Anderson addresses the Board of Regents.

Committee action. Members of the Board of Regents note important points to consider in their decisions.



Jay Pike

Board of Regents

Although the average "student on the path" may not know exactly what the Board of Regents does, there is a vague awareness that they are in charge. In charge of what? Who are they, exactly? Most aren't sure.

The Board of Regents is the governing board of PLU. They are in charge of looking after the well-being of the university by making financial, program, and personnel decisions.

Specifically, they elect the president (who becomes their chairman), establish tuition fees, organize the university's operation, make decisions about the academic program (including the recent engineering cut), establish scholarships, and evaluate faculty performance.

The Board is under the control of Region 1 of the ELCA, which owns the university. It consists of 36 members, including six bishops, three pastors, and a number of other Lutheran and non-

Lutheran members. They meet three times a year to make the decisions which provide, as their bylaws state, "academic excellence and spiritual vitality" for the university community.

The decisions and actions of the Board of Regents have a large effect on the average "student on the path" in life at PLU.

-Sara Mueller



Jay Pike



Jay Pike

Going nowhere. One student puts some push behind the pedals.



SAGA

A weighty problem. "So many barbells, so little time"



SAGA

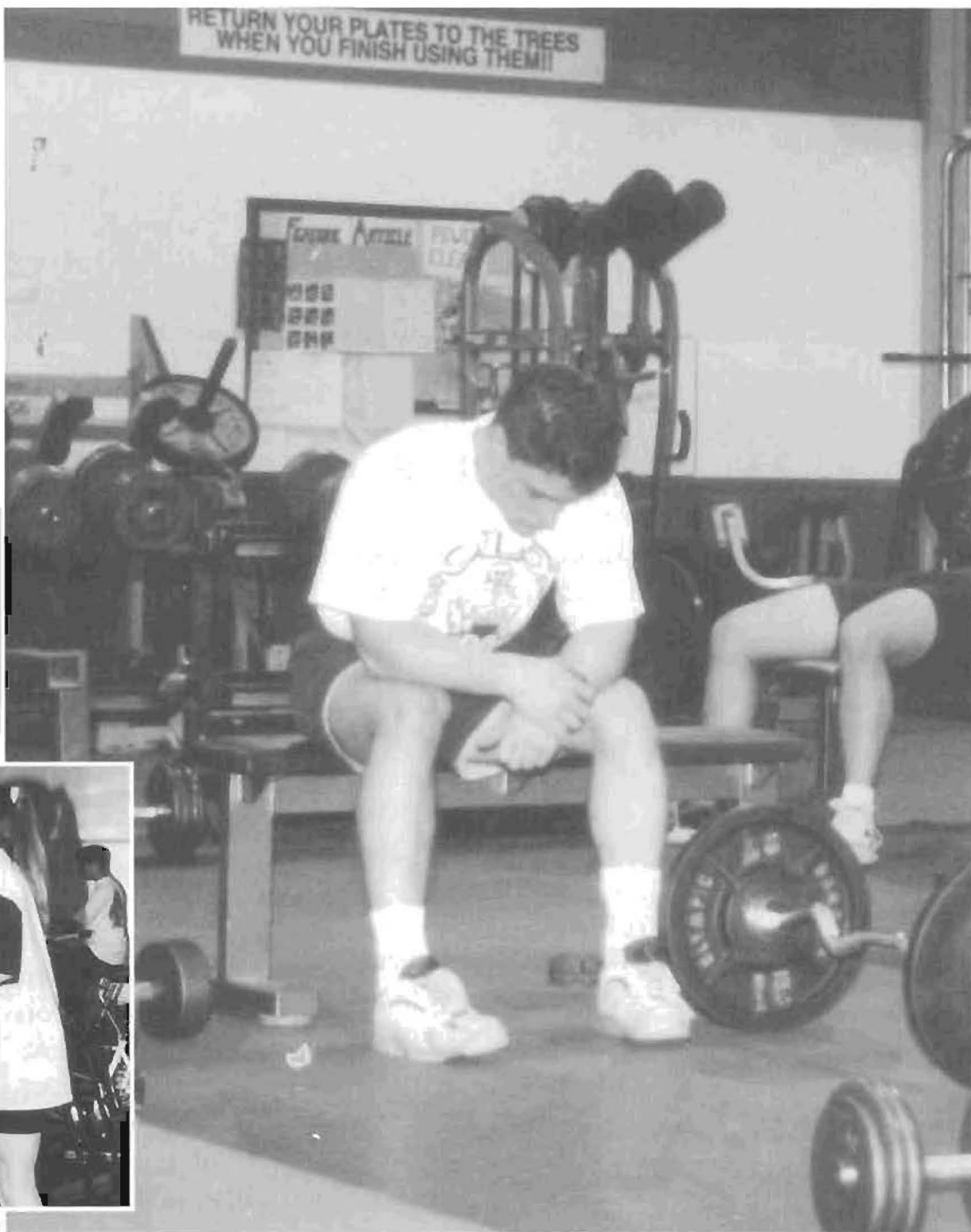
A step up. Tara Hudiburg becomes one with the stairmaster.

Facing page:

Separate but equal. One student defies gravity's pull on his arms.

Row, row, row your ... ergometer. One student works on improving her rowing rate.

A helping hand. Lifting partners use the facilities of Names Fitness Center.



SAGA



SAGA



SAGA



SAGA



SAGA

The body and the mind must form an alliance in order for either to reach its full potential. PLU's School of Physical Education is concerned with making this alliance stronger, and cultivating a "sound mind in a sound body".

The School of Physical Education prepares students for careers in exercise science, teaching, physical therapy, recreation administration, coaching, and health and fitness management. It prepares the general student population for healthier, more active, and more enjoyable lifestyles. With the facilities nature has provided in the area as well as man-made facilities such as Names Fitness Center, Olson Auditorium, Memorial Gym, Sparks Stadium, a swimming pool, golf course, tennis courts, and a softball field, opportunities for physical education abound.

School of Physical Education

An Active Spirit

Students and faculty take advantage of the offerings of the school. About 60 percent of students enroll in physical education classes each semester, and 65 percent become involved with intramural sports. Faculty and students both use PLU's extensive facilities, developing further personal and institutional ties between mind and body.

-Sara Mueller

Executive Officers & *President*

"Our PLU community - students, faculty and staff - shares one common objective, we are all learners."

-President Loren J. Anderson

This year marked Dr. Anderson's fourth year as president. As president, he is the executive head of PLU, and represents the university in the community. He oversees the whole of the Institution, hiring executive officers to aid him.

The executive officers include Provost Paul Menzel, Vice President for Finance and Operations William Frame, Vice President for Student Life Erv Severson, and Vice President for Development and University Relations Jan Brazzell. They make up most of the President's Council, which also includes representatives for church relations and multicultural issues. The council meets for three hours once a week in order to discuss ongoing concerns of the university with the President and each other.

Specific initiatives of the President and Council for this year include such varied objectives as increasing enrollment, drafting a campus physical master plan, beginning long-range academic program planning, rewriting the catalog, and humanizing the budgeting process. These initiatives and their results will help these officers learn how to best help students learn.

-Sara Mueller



Jay Pike

Words of wisdom. President Loren Anderson stops to chat with a student in Red Square.

Paperwork. Vice President of Student Affairs Erv Severson enjoying his work.

Contemplation. Vice President of Finance and Operations William Frame considers different options.



Jay Pike



Jay Pike



Jay Pike

Educational pursuits: Provost Paul Menzel looks to make the best decisions for the university.

Top 10 things President Anderson does when he's bored

10. He guest D-J's at KPLW as the "Doctor of Love."
9. He and Frosty Westering exchange stories about their days in a hiker gang.
8. Calls Sy Sperking's Hair Club For Men to see if he can grow dread locks.
7. He steals one of the maintenance golf carts to practice his derby driving.
6. He pulls on his rollerblades and goes to hang out with his Parkland homies.
5. As he straps on his Gibson, he starts rocking out with old Zeppelin tunes.
4. He hides in his office and watches Beverly Hills 90210.
3. After years of begging, officials at McClellan finally let him fly an F-16.
2. By day the president of PLLU, by night the mouse mascot for the Martlets.
1. He ballroom dances with his coat rack.

-Kurt Eilmes

The Spirit of Learning

Humans are social creatures. We relate to one another as family, friends, business associates, allies, enemies, or strangers. The Division of Social Sciences studies these relationships in personal, political, economic, and societal facets. Students of the Social Sciences examine both the past and the present in order to improve the future.

The Division of Social Sciences includes the Departments of Sociology, Marriage and Family Therapy, History, Economics, Psychology, Anthropology, Social Work, and Political Science.

These studies are linked to the community through the Center for Social Research, whose research includes a Pierce County Quality of Life survey, the Center for Economic Education, which seeks to spread the understanding of economic principles, and the Family and Children's Center, which offers counseling and other programs. The centers provide opportunities for internships and volunteering which enrich and expand students' knowledge.

Two interdisciplinary programs fall under the Division of Social Sciences: Legal Studies and Global Studies. The PLU catalog describes Legal Studies as "a multidisciplinary program designed to study law as a body of knowledge

Division of Social Sciences

A Human *Spirit*

within the context of a liberal arts education." Global Studies use a holistic approach to study "both problems and solutions arising in this age of transition."

The Social Sciences help us to understand human relationships in their many forms. Students in this division may use their studies to improve these relationships on levels from personal to global.



Gayle Frank



Gayle Frank

Global perspectives. Students learn to see the world in new ways.

The big picture. One student backs up to take it all in.



Gayle Franks

Gayle Franks



Talk it out. Jill Nelson and Noelle Bertelson enjoy a class discussion.

The sweet taste of knowledge. Michaela Meiser studies food economics.

Gathering information. Social Science students deep in thought.

Gayle Franks



School of Business Changes

Learning ~~will~~ *quite* be the same at the PLU School of Business thanks to a grant from the U.S. Department of Education.

The two-year, \$17,400 grant – administered as a partnership with Central Missouri State University – will help support the Continuous Quality Improvement process implemented at PLU in 1992.

"The new program being developed is quite a change from the traditional model of learning," said Joseph McCann, dean of the school. Instead of an unrelenting course, content knowledge and in-class lectures, the students will learn to integrate everything they learn in school – not just reads from one particular class. The curriculum becomes a means for learning, not just a means to an end, and out-of-class learning complements in-class lectures and helps prepare students for experiences in the real world," he said.

Traditional faculty committees have been replaced by four Process Actions Teams organized around the school's core processes. All 23 full-time faculty and eight staff members are included in these teams.

The CPI model focuses on improving student learning and providing students with explicit knowledge, skills, and attitudes (KSAs) rather than the traditional grade reports. The goal of the CPI model is learner-centered improvements, more in-depth faculty involvement, and a continual development of the program through feedback from the current students and a dramatic change in the curriculum.

The grant – as well as having CASU as a mentor – comes at a timely point in the university's PLU 20th anniversary planning activities and will facilitate the university's movement toward outcomes assessment and management. It is hoped the business school program will be the role model for incorporating these kinds of ideas into other areas of PLU, according to PLU President Loren J. Anderson.

-PLU News Release excerpt

The Spirit of Learning



SAG



SAG

Hard at work. The Business Office buzzes with activity.

A momentary pause. Kasia Lemfety pauses from her paperwork to answer a question.



SAGA



SAGA



SAGA

smiling face. Linda DuBay offers a student some friendly assistance in the Admissions Office.

atalog conference. Monica Ricarte and Kari Leppell discuss admission requirements

office humor. Cathy Churchill and John Brickell take a break from their busy schedules.

Administration Offices

You stand in line, grasping your ID card and yet another form. You are on a quest to settle tuition payments, perfect your schedule, or maybe pick up your paycheck from those hardworking hours you've spent at the Bistro. The Administration Offices, what may be called the business end of the student experience at PLU, will provide the means for ending your quest.

The Administration Offices include Financial Aid, Student Accounts, the Registrar's Office, and the Business Office. The staff members in these offices work to help students with payment and enrollment questions. Services include I.D. validation, GUR and transfer credit evaluations, transcripts, graduation information, evaluating tuition payment plans, and Veterans Affairs assistance. Although the lines may seem long and the forms aggravating at some times, these offices provide valuable services for all students.

-Sara Mueller

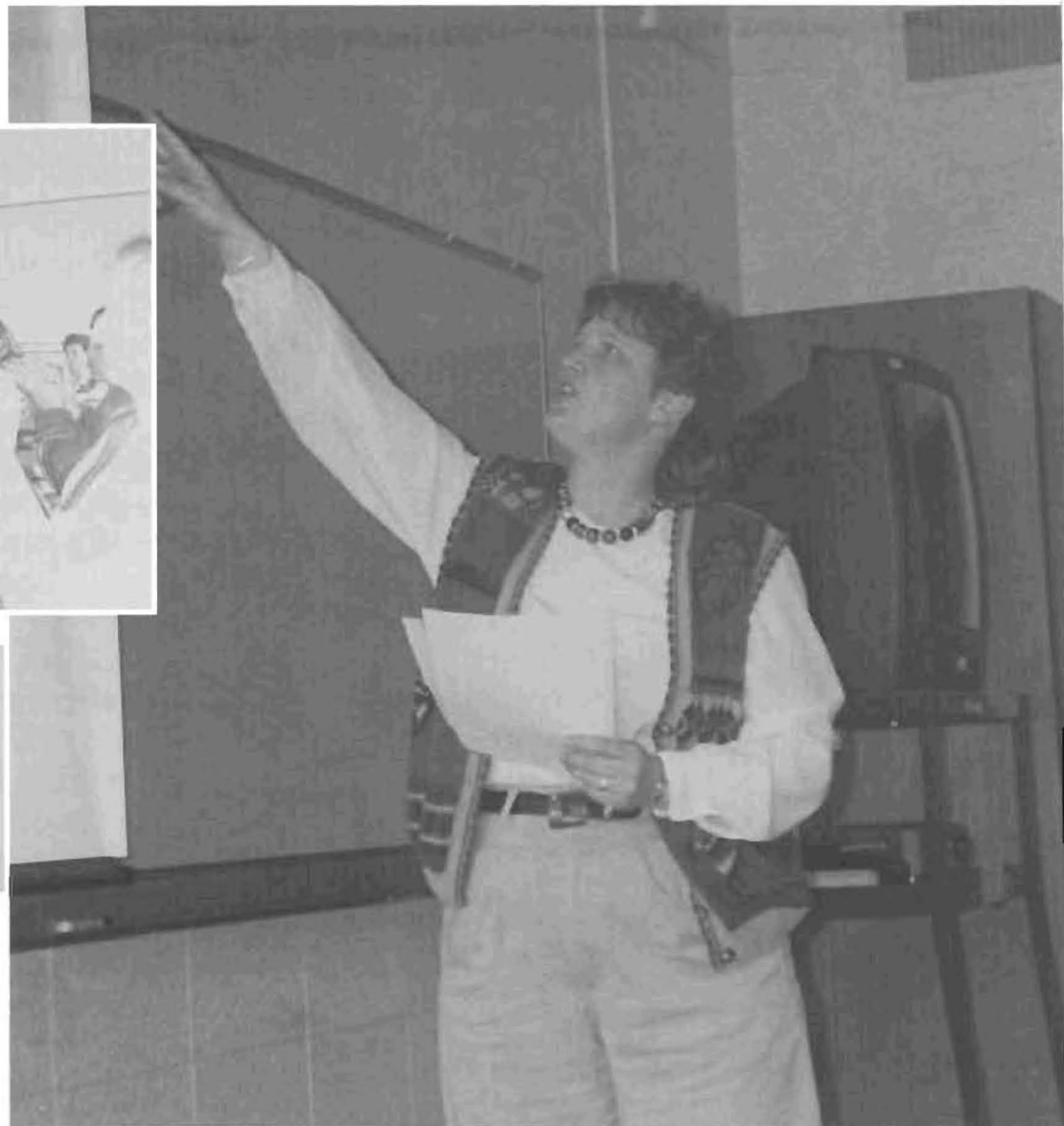
143

Learning corner. Graduate students study an assignment.



Round of applause. A class congratulates a fellow student on a presentation well done.

Aiming high. One woman points out the benefits of graduate programs.





Why would students, after surviving sixteen or more years of formal education, decide to subject themselves to still more? Some seek to become more qualified in order to be competitive for jobs. Others simply have a love of knowledge. However, all graduate students must have a high level of commitment to the pursuit of excellence in their field.

PIU offers Master of Arts (M.A.) degrees in Computer Applications, Social Sciences, and Education. The school also offers Master of Science (M.S.) degrees in Nursing and Computer Science, as well as Master of Business Administration and Master of Physical Education degrees. These programs allow students to do research and independent study, increase their depth and breadth of knowledge, and prepare themselves for professional careers.



During a lecture. One student presents new ideas on the overhead projector.

During a consultation conversation. Two students discuss the best way to approach an assignment.

Graduate Programs

An Ambitious *Spirit*

Graduate studies allow students to expand on their liberal arts education while gaining personal satisfaction and professional honors.

-Sara Mueller

Beyond Teaching

Sometimes students feel like professors don't realize that they have lives outside of their classes; after all, the professors couldn't possibly have anything else to do besides assigning 5000 pages to read or grading papers. Or could they?

It seems that PLU professors **do** pursue other projects beyond teaching, including writing books or researching studies in their field. Some also receive awards for excellence in their field.

Brian Baird, a PLU psychology professor, recently published two books, "Are We Having Fun Yet?" and "The Internship, Practicum, and Field Placement Handbook: A Guide for the Helping Professions." The first relates to outdoor recreation and psychology; the second book aids those interested in psychology and social work in finding field opportunities. An anthropology professor, Laura F. Klein, has also been involved in the literary world: she co-edited the book "Women and Power in Native North America." It examines the change in power as related to different stages in life and society in Native cultures.

His research on passenger service expectations in airlines led Merlin C. Simpson, Jr., PLU professor of business, to publish a major empirical study detailing factors involved in airline selection and service quality. Rachel Nugent, an economics professor, recently received a grant from the EPA for her own study, one on salmon restoration in the Willapa Bay area. Sociology professor Earl Smith used his research to write a 25-page essay entitled "The Self-Fulfilling Prophecy: Genetically Superior African American Athletes", in which he disputes the belief that race can make one a "natural athlete."

Some PLU professors have recently earned



Reed Campbell

awards, as well. Communications professor and *Mast* advisor Clifford Rowe received the Society of Professional Journalists Distinguished Teaching in Journalism Award. Luella Hefty, PLU nursing professor *emeritus*, was awarded the Washington State Nurses Association Outstanding Nursing Leadership and Distinguished Service Award. Composer-In-Residence Gregory Youtz was honored by The American Society of Composers, Authors and Publishers for his original compositions.

Faculty members have also earned other recognition. Christopher Browning, PLU history professor and recognized Holocaust scholar, was invited to deliver the George Macaulay Trevelyan Lectures, a set of six lectures at the University of Cambridge, England. It ranks among the most prestigious history lectureships in the world. Violin professor Marta Kirk was accepted into the Jean Sibelius International Violin Competition in Helsinki, Finland, where she received excellent reviews.

These are only some of the things that our PLU professors accomplish beyond teaching. Their successes outside of the classroom indicate their dedication to their field and their pursuit of excellence in education.

-Sara Mueller



Reed Campbell



Reed Campbell

economic support. Professor Rachel Nugent recently received an EPA grant for her research on salmon restoration.

musical mastery. Marta Kirk was accepted into the Jeanbelius International Violin Competition.

own to business. Professor Merlin Simpson published study on airline service.



Commuters are people too!

Commuters at PLU are often looked at as the minority of students attending here. I was amazed to find out just a couple of days ago that 2/3 of the student population at PLU were commuters. I am a commuter student and still tend to feel like I am a minority because I don't know that many other commuters. Most of my friends are dorm dwellers.

The Commuter Lounge is located in the basement of the University Center. I often wonder if other commuters have the time to go there. I know I don't. I'm way too busy with all the other things I'm involved in on campus. I'm involved in clubs, I have two jobs, and a full load of classes. Who are these people who have time to loaf around in the Commuter Lounge - not that loafing is a bad thing, I wish I could do more-? Well, my regards to all those commuters out there! Life as a commuter student can be just as rewarding and fun as being a dorm dweller. Even better, we don't have to live in noisy, crowded halls! Maybe we do have an edge on life! So, happy commuting & I'll see you around!

-Britta Gaupp

The *Spirit* of Learning



PLU President Loren J. Anderson takes time to talk to a student in Red



FUTURE

GLIMPSE

Dreams come True for Lutes

By Tina Marie Newman

What are you going to do after graduation, is one of the most frequent questions asked of a graduating Senior. So I ask how would a PLU Senior answer different from any other? Well, most have specific careers already set up.

Your future is

here... After all the 8:00 a.m. classes, living in the residence halls, sleeping through classes, making lasting friends, networking for your future career, it is finally here.



Seniors make a lasting impact

at PLU. Above Senior Heidi Robinson, left, Editor of *Saxifrage* proofs pages as they come out of the printer with an employee.

'This year's Seniors class definately made their mark at PLU,' said Angela O'Brien, Seniors Editor

TAKE IT TO THE



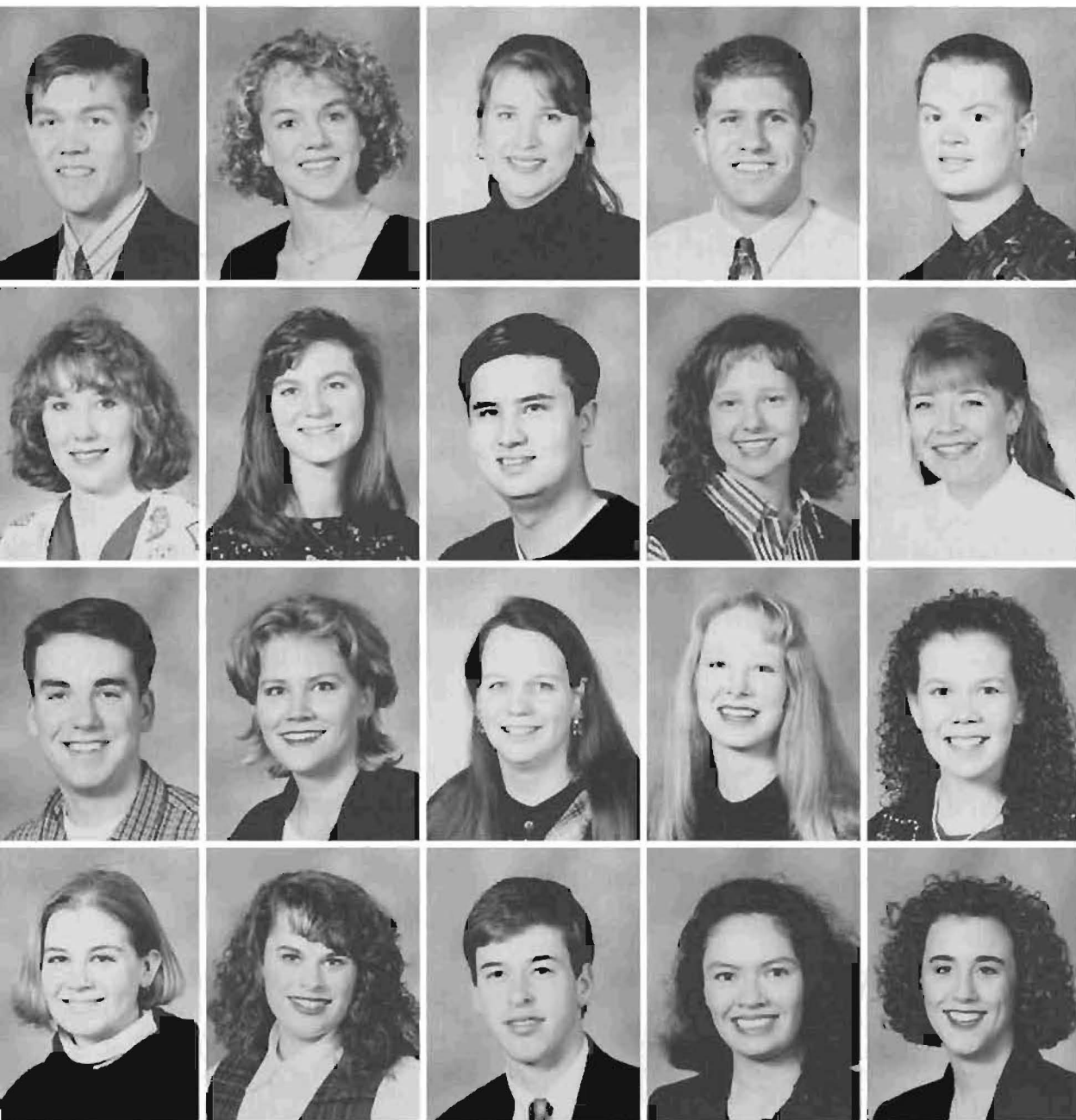
TOP 10 COFFEE PICKS OF PLU STUDENTS

- | | |
|------------------|-------------------|
| 1. MOCHA | MOCHA |
| 2. VANILLA LATTE | 7. ALMOND |
| 3. LATTE | MOCHA |
| 4. ICED MOCHA | 8. HAZELNUT |
| 5. IRISH CREAM | LATTE |
| 6. CARAMEL | 9. REGULAR COFFEE |
| | 10. CAPPUCCHINO |

THANKS TO THE MAST FOR PROVIDING THIS SURVEY.

Khalid Abdul-Hakeem
 Liza Adriatico
 Kris Ahlers
 Jorge Alvarado
 Jamie Anderson
 Kathleen Anderson
 Cynthia Andrew
 Rachel Arbogast
 Megan Arno
 Colin Arnold
 Jennifer Baddgor
 Lisa Bakke
 Lisa L. Balmes
 David A. Bathke II
 Mike Bell II
 Roxanne Bennett
 Scott D. Benson
 Carrie Benston
 Rebecca A. Bjork

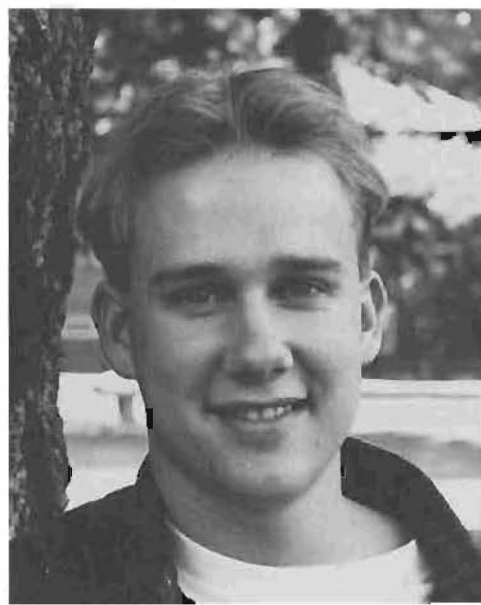




Ryan
 Broderson
 Julie
 Bradshaw
 Brittany
 Brandt
 Corey
 Bray
 Peter
 Briggs
 Thea
 Brink
 Jennifer
 Britton
 Thomas
 Brown
 Cindi L.
 Brown
 Pandora
 Browning
 Jamie
 Burnett
 Kim
 Burnham
 Tamara
 Bushek
 Kristina L.
 Byrd
 Andrea
 Campbell
 Kathi
 Carlisle
 Kristie
 Carlson
 Craig
 Cams
 Sontaya
 Clement
 Stephanie
 Coleman

SENIOR SPOTLIGHT: DARREN KERBS

ADMIT THAT WHEN I FIRST ENTERED PLU FIVE YEARS AGO, I WAS UNSURE OF THE POSSIBILITIES OF GETTING INVOLVED OR FINDING ACTIVITIES THAT INTERESTED ME. HOW QUICKLY PLU STUDENTS CAN LEARN THE PHRASE, **OVERCOMMITMENT!** AS A MUSIC EDUCATION MAJOR, I HAVE EXPERIENCED MY BEST, RANGING FROM STUDENT TEACHING AT AN ELEMENTARY SCHOOL WITH KINDERGARTENERS IN AWE TO EIGHTH GRADERS WITH ATTITUDES TO GETTING OFF AN EIGHT-HOUR TOUR BUS RIDE AND STEPPING INTO THE STANFORD CHAPEL TO PERFORM WITH CHOIR OF THE WEST. MUCH TIME WAS SPENT OUTSIDE MY MAJOR AS WELL, WHETHER IT WAS PUTTING IN LATE HOURS AT IMPACT, SPENDING SUMMERS DESIGNING THE PLU STUDENT HANDBOOKS, OR VOLUNTEERING FOR DIFFERENT OFFICES AND DEPARTMENTS AROUND CAMPUS. WITH SUCH A BROAD SPECTRUM OF OPPORTUNITIES AND INCREDIBLE, YET PERSONAL ROLE MODELS, BILL HAS DEFINITELY MADE UP THE MOST REWARDING



LEADING THE LUTES

PRESIDENTS

BY LOREN J. ANDERSON

Class of 1996, as you graduate from PLU, we hope that you leave well-equipped for leadership and leading.

The skill sets of leadership are numerous—and they are changing. Skills of listening and understanding multiple viewpoints, the ability and the patience to identify points of agreement, to build coalitions, and to encourage consensus will be more and more important.

We hope that your PLU education has nurtured your faith

in the capacity and capability of those around you. Such belief is a requisite to leadership. As hierarchies fall, work groups, project teams, quality circles and management teams continue to emerge. All are predicated on a notion of shared leadership that values the potential of each individual. Effective organizations and leaders encourage this potential, for they understand that leadership today resembles a choir and not a solo.

We hope your PLU education has been good for your soul, as well as your mind, because

leadership in this age demand the highest standards of personal integrity. Shakespeare encouraged us, "To be not afraid of greatness," but he also warned "To thine own self be true." And at the core of his advice is the whole notion of integrity.

Leaders who make a difference and leadership that really matters always share one key quality—the commitment to a vision or goal that is larger and more enduring than self interest and personal benefit. May God's blessings be your company throughout life.



Jay Pike

ABOVE: President Loren J. Anderson
RIGHT: Provost Paul Menzel





Jay Pike



Jay Pike

TOP: Erv Severtson, Cristina del Rosario, Nikki Plaid, and Cliff Rowe—members of the Board of Regents

24 HOURS OF FUN

KREIDLER

BY KRISTIN BUCKLEY of the MAST STAFF

The housing trend at PLU in recent years has been able to make creative use of available space, while trying to take into consideration students' needs and preferences.

Upper classmen may remember in the fall of 1993, when Hinderlie Hall opened its doors to women residents. That same year, Kreidler Hall closed for remodeling and renovation.

Now, two years later, Kreidler is open again for resi-

dents, but with some significant departures from tradition.

The policy changes in Kreidler were aimed at providing for the needs of seniors and graduate students. The visitation policy was dropped, and the RA system was changed from having an RA on each wing to a single RA for the entire hall. Two of the residents are even allowed to have their children living with them.

Jason Finley, a second-year transfer student, chose Kreidler after a year in Hong Hall.

"I like living in a dorm with

people my own age," Finley said.

And with its quiet atmosphere, he said studying is easier.

Senior Kerrin Brown agreed.

"I don't feel like I'm living in a dorm," she said.

Shari Sinnes, a former Orkla Hall resident, said she moved to Kreidler to enjoy its freedoms.

"I am going to be 23, and having a 19 or 20-year-old boss around was hard," she said.

Rachel Petty, senior RA, said reactions to the new Kreidler are very positive.



Jay Pike

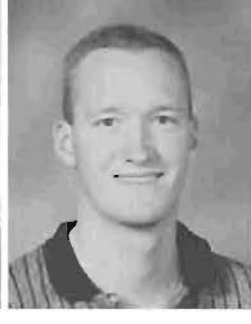
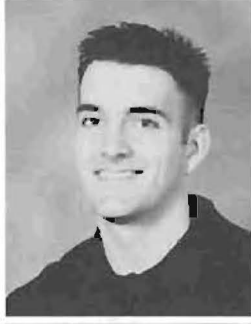
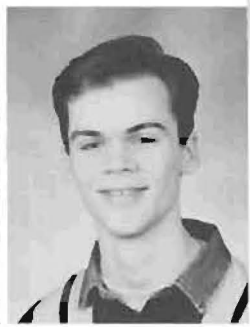
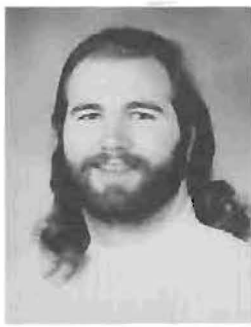


Jay Pike



Jay Pike

Steven
 Cook
 Margaret
 Core
 Kacey
 Cockram
 Karen
 Coulsey
 Theodore
 Crane
 William A.
 Crawford
 Kelly
 Githfield
 Jason
 Dahlberg
 Kelly
 Davis
 Monica
 Day
 Greg
 DeJardin
 Jennifer
 Denson
 Matthew E.
 DesVoigne
 Susan
 Deilor
 Angela J.
 Deuel
 Emilie
 Dietz
 Jennifer
 Dor
 Beth
 Dorsey
 Andrew C.
 Dreyer
 Troy
 Droubay



SENIOR SPOTLIGHT: CATHY MARTTILA

I WILL TAKE MANY MEMORIES WITH ME WHEN I LEAVE PLU, AND WITHOUT A DOUBT, MOST OF THOSE MEMORIES ARE FROM PLAYING SOCCER FOR PLU. THROUGHOUT THESE PAST 4 YEARS, I HAVE LEARNED ABOUT THE VALUES OF FAMILY, FRIENDS, AND TEAM. I GUESS I COULD ALSO SAY I HAVE LEARNED ABOUT THE VALUE OF LIFE AFTER MY SPLEEN RUPTURED DURING MY JUNIOR YEAR AND I COULD HAVE DIED. I HAVE BEEN HONORED BY MY TEAM AS MOST INSPIRATIONAL PLAYER, MOST VALUABLE OFFENSIVE, AND VOTED CAPTAIN MY JUNIOR AND SENIOR YEARS. THERE IS NO WAY I WOULD HAVE RECEIVED SUCH HONORS WITHOUT BEING PART OF THE TEAM. I HAVE FELT BLESSED ALL 4 YEARS AND WILL CONTINUE TO FEEL FORTUNATE TO HAVE BEEN A PART OF SUCH INCREDIBLE PEOPLE I HAVE MADE FRIENDS FOR LIFE. AS WELL AS SOME INCREDIBLE, MEMORABLE TIMES, ALL OF WHICH I WILL TAKE WITH ME WHEREVER I GO. I LOVE PLU AND

SENIOR THOUGHTS

WHAT IS THE FIRST THING YOU ARE GOING TO DO AFTER GRADUATION?

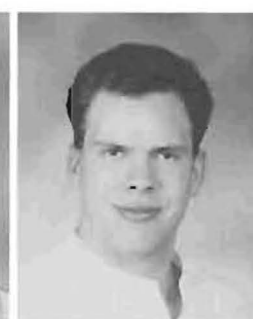
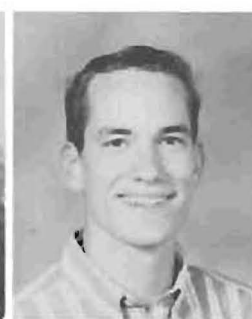
TAKE OVER AND EXPLOIT A THIRD WORLD COUNTRY

I AM GOING TO DISNEYLAND!!!

FLY TO HAWAII (MY RAIN-AVOIDANCE TACTIC)

GROW A GOATEE

TAKE IT TO THE



Emily J. Dykstra
Bobbie Dysart
Jennifer Edlund
Joel Eilers
Bryan Elkins
Rebekah Ellis
Heather Elmore
Homan Emami
Veronica Emery
Maren Erickson
Dawn M. Erickson
Mike Erickson
Jeff Evenson
Emily Fisher
Therese Fricke
Tracy Frum
Helen Fugich
Rachel Gaither
Johanna K. George
Kathleen





TAKING CARE OF BUSINESS ADMINISTRATION

PLU News Release

PLU President's Contract Extended Five More Years by Board of Regents

By a unanimous vote at its May 4, 1996 meeting, the Pacific Lutheran University Board of Regents extended President Loren J. Anderson's contract through the 2000-2001 academic year, announced Board Chairman Frank R. Jennings.

"Dr. Anderson is a gifted

visionary, a superb planner, an outstanding communicator, and an extremely effective fundraiser," Jennings said.

Anderson assumed leadership of the Parkland university in July 1992. In Anderson's first four years, freshman enrollment has increased nearly 30 percent and overall enrollment will stabilize between 3,600 and 3,700 students. The university's endowment has grown from \$8 million to over \$20 million, and PLU's current fundraising campaign has topped \$50 million toward a

\$52 million goal.

Under Anderson's leadership, PLU unveiled its long-range plan in 1995 and is currently working on a campus physical master plan, a technology plan, and is one of 150 universities nation-wide invited by the Pew Higher Education Roundtable to discuss academic strength and restructuring.

"We are delighted that President Anderson's energy, commitment, and passion for the entire mission of Pacific Lutheran University will see us into the next century," Jennings said.

DANCE STORM

DANCE ENSEMBLE

Story by: Jody Allard

Dance Storm pirouettes into Eastvold

Seattle-based choreographers Elisio Pitta and Kristina Dillard have collaborated with student choreographers presented Dance Storm, a collection of original works, April 19 and 20 in Eastvold Auditorium.

Pitta, a native of Brazil, began his study of the fine arts when he was 12. He holds a master's degree in modern dance from the University of

Bahia, and currently works as choreographer, dancer, teacher, and artistic director for the Aluja Dance Company in Seattle. For Dance Storm, Pitta presented a fast-paced tribally-inspired African rhythmic dance.

The program included nine pieces choreographed by PLU students. The pieces range from a work involving 13 dancers expressing the triumph of hope over despair and a tap trio inspired by the voice of Louis Armstrong.

"Rhythm is the underly-

ing force to which a dance must surrender. It shapes, directs and breathes life into movement. In a dance in which rhythm is kicked into high gear a beat is found and the body is given over to the music," explained Parker.

Maureen McGill Seal, an associate professor of physical education, was the artistic director for Dance Storm.

Overall the production was a hit, the groups wild and the dancers emmersed into the music and their dance.



Jessica Hoffman



ABOVE: Kacey Cockram, Lea Wicklander

RIGHT: Lina Korsmo, Kristie Giese,

BELOW: Members of Dance Storm



Jessica Hoffman



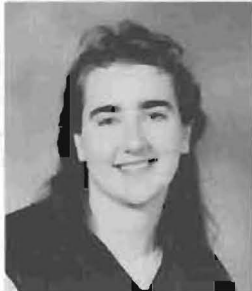
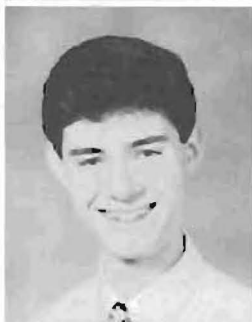
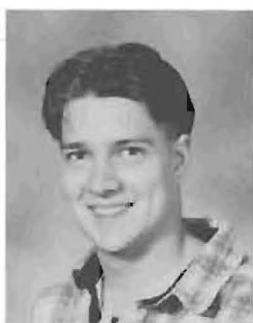
Jessica Hoffman

SENIOR SPOTLIGHT: JASON THOMPSON & ERIC MELVER

MANY COLLEGE ROOMMATES WILL NOT SEE EACH OTHER AGAIN UNTIL HOMECOMING REUNITES THEM. PLU SENIORS JASON THOMPSON AND ERIC MELVER WERE ROOMMATES THEIR FRESHMAN YEAR, AND NOW THESE BEST FRIENDS WILL BE TRAVELING TO KOREA TOGETHER NEXT YEAR. BOTH EARNED FULBRIGHT SCHOLARSHIPS TO TEACH ENGLISH IN KOREA. THEY ARE THE 38TH AND 39TH FULBRIGHT SCHOLARS FROM PLU SINCE 1975. THOMPSON, A TACOMA NATIVE, IS A DOUBLE MAJOR IN THEATER AND MUSIC. MELVER, FROM BEND, OR, IS ALSO A DOUBLE MAJOR, BUT IN ENGLISH AND CLASSICS, AND A PUBLISHING AND PRINTING MINOR. A FULBRIGHT SCHOLARSHIP IS ONE OF THE MOST PRESTIGIOUS SCHOLARSHIPS A PERSON CAN RECEIVE. IT COVERS ALL TUITION, TRAVEL, AND EXPENSES FOR A YEAR OF STUDY OR TEACHING IN A FOREIGN COUNTRY. THEY WERE CHOSEN BASED ON ACADEMICS AND COMMITMENT TO DIVERSITY.



Kristie Geise
Michelle Gomez
Linda Gong
Chad Goodwin
Bryant Green
Cynthia Green
Shelby Greene
John Griffin
Brenna Gueck
Sterling Gustafson
Lori Gustafson
Christine A. Haffey
Christina Hanby
Julie Hankel
Shelby Hanna
Kandi Hartman
Tad A. Heinen
Sarah Heiney
Kirsten Hermstad
Catherine Ann





Sean
 Hogue
 Lea S.
 Houwman
 Kara
 Holland
 Frances
 Horne
 Mari
 Hoseth
 Edmond J.
 Hrivnak
 Bernard
 Hulscher
 Farrah
 Hussain
 Karl
 Ickes
 Monica A.
 Jackson
 Brian
 Jennings
 Jennifer
 Jensen
 Chris
 Jorgensen
 Alexis
 Johnson
 Lisa L.
 Johnson
 Isaiah D.
 Johnson
 Bobbie
 Johnston
 Pernille
 Johst
 Eric
 Jones
 Tanya
 Karr

SENIOR THOUGHTS

WHAT WAS YOUR FAVORITE PLU PASTTIME?

- *PUTTING ELECTRONIC TAGS ON THE SQUIRRELS SO THAT THEY COULD BE TRACKED AS THEY BROKE INTO CARS
- *ALTERING REALITY
- *BEING ABLE TO WATCH MT. RANIER OUT MY WINDOW
- BREAKING THE RULES

TAKE IT TO THE



THE HEAD OF THE CLASS

PROFESSORS

Story by: ROBIN GILLISPIE,
MAST STAFF

The Society of Professional Journalists awarded its Distinguished Teaching in Journalism Award to PLU professor Clifford Rowe at its national convention on Oct. 14.

Rowe is the faculty advisor for *The Mast* and the campus chapter of SPJ, as well as a full-time professor.

Rowe attended the four-day convention held in St. Paul, MN, with a group of campus

chapter members. SPJ is the largest journalistic organization in the United States, boasting a membership of over 14,000 members.

The award is based on nominations. Rowe was supported by a number of PLU students and professors.

"You always wonder if you're doing well, everyone does that, so to be recognized by people you work with is a real shot of confidence," Rowe said.

"What we love most about Cliff is that there is no distinct line drawn between advisor, professor, and friend," wrote senior Kelly

Davis in his nominating letter.

"He has tremendous respect for all his students," Rowe has taught at PLU for 20 years now, starting off as a part-time professor in 1975.

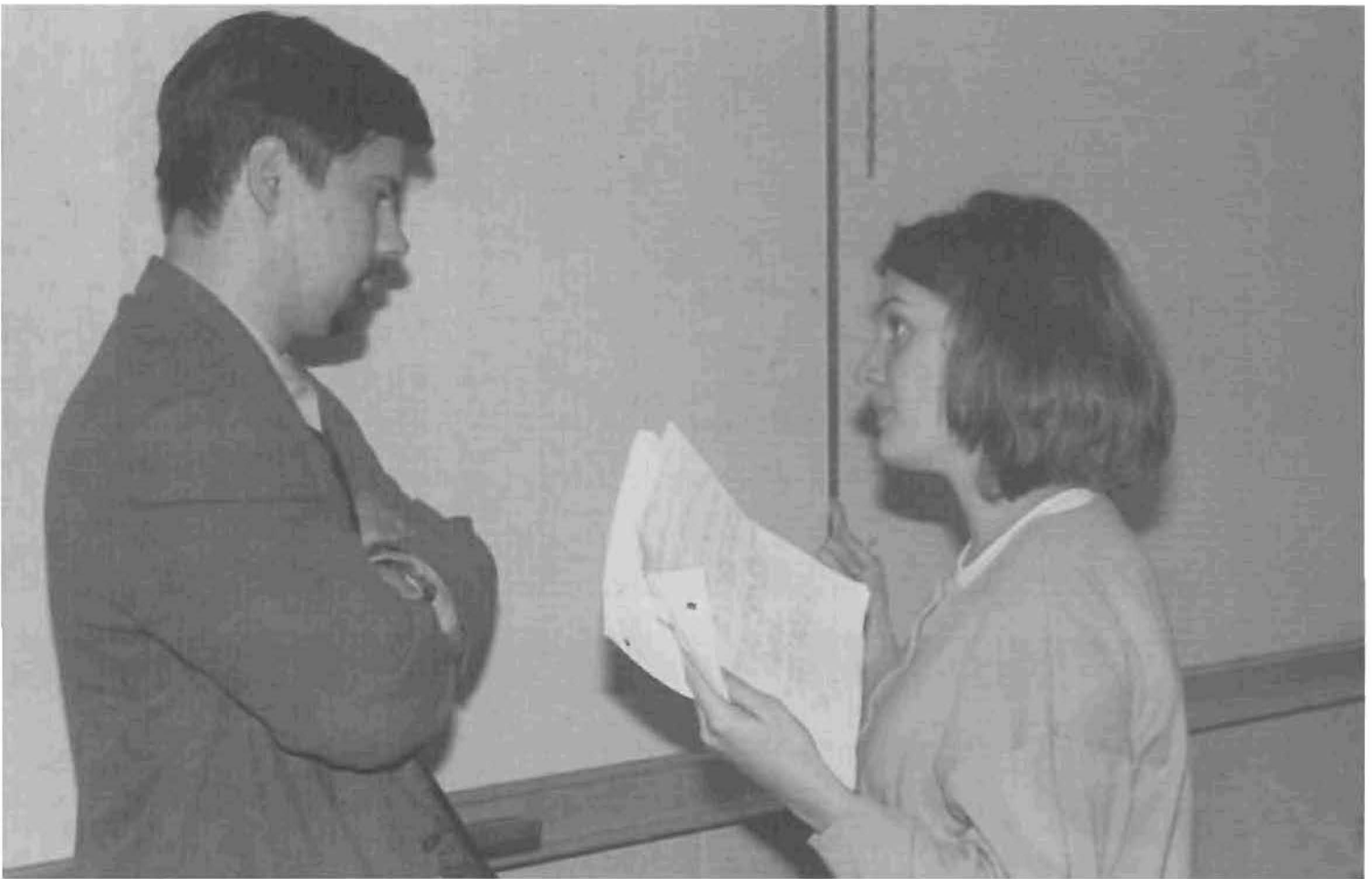
President Loren Anderson commented on Rowe's award saying that it was spectacular news.

"We are very proud of Cliff and think they made a wonderful choice," Anderson said.

Despite the awards, Rowe says his job is still the same. He enjoys teaching and helping the students of PLU.



ABOVE: Professor Cliff Rowe; (Communication) at graduation.



TOP: Professor Dennis Arnold (business)

ABOVE: Coach Ernie Westering (physical education); not only an excellent coach



Jay Pike



Jay Pike



Jay Pike



Jay Pike

LOLLAPLUZA CHILDRENS CONCERT

The pictures on this page are from the PLU Children's Concert, which occurred on May 12. Raydell Bradley conducted the concert.

PLU NEWS RELEASE

Hit Explosion, the biggest drawing club band in Seattle, and Seattle's reggae/ska sensation Lumbalassy headlined the six-band rock extravaganza

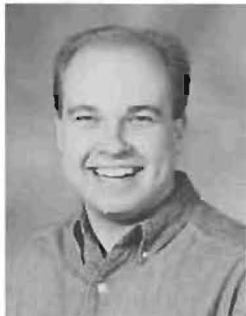
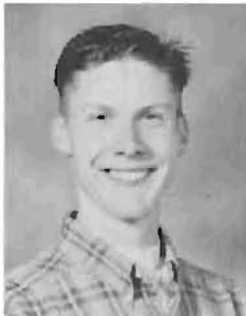
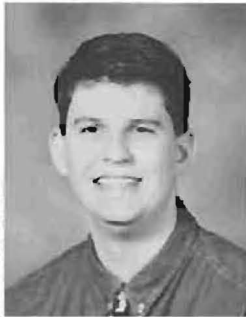
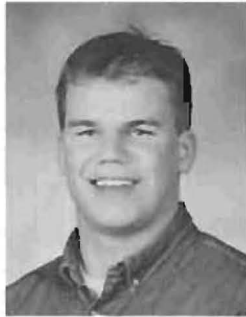
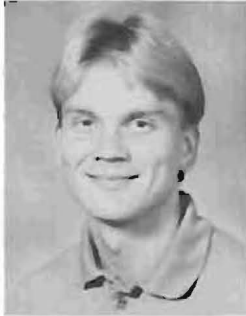
known as LollaPLUza at Pacific Lutheran University on April 20.

The show-styled after the immensely popular Lollapalooza event that tours the country kicked off at 5 PM and lasted until midnight in Olson Auditorium.

Other bands which performed included New

World Disorder, a Tacoma-based heavy/alternative rock group, Mr. Jones and the Previous, a five-member band from Olympia serving up house-leveling rock 'n' roll, Who's Your Daddy, a student band from Pacific Lutheran University, and Bobby's Gone Fishing, a student band from the University of Puget Sound.

Karen
 Kastle
 Dynese
 Keen
 Darren
 Kerbs
 Cyrus
 Khemalaap
 Karla
 Kloes
 Robert
 Koll
 Jennifer
 Kuechenmeister
 Aile
 Larsen
 Sheri
 Laverman
 Renee
 Lamoreaux
 Mark
 Leaf
 Terri
 Lechnyr
 Steve
 Leifsen
 Jill
 LeMay
 Liese
 Lindholm
 Andrew
 Low
 Wan Cheuk
 Man
 Brent
 Mapes
 Christian N.
 Marien
 Kristin
 Mark



TAKE IT TO THE

LIMIT

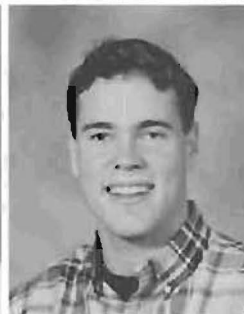
SENIOR THOUGHTS

IF YOU COULD HAVE 15 MINUTES OF FAME, HOW WOULD IT BE SPENT?

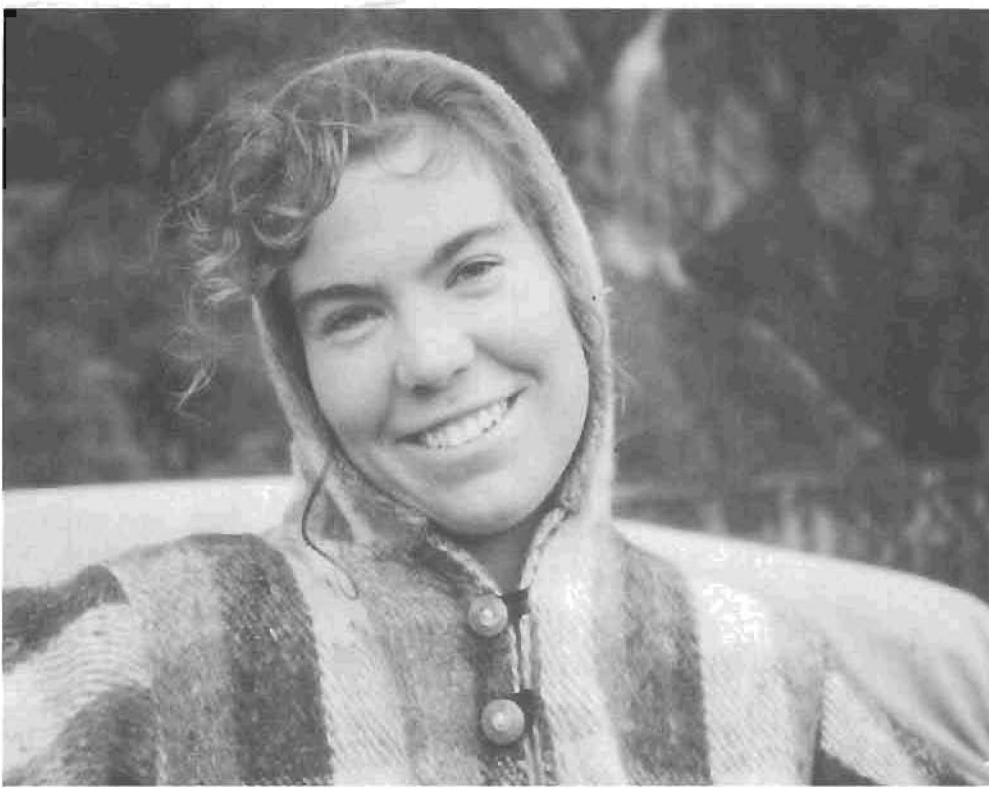
- *RAISING MONEY FOR CHILDREN WITH CEREBRAL PALSY
- *PROFESSING MY INNOCENCE
- *COLLECT MY LOTTO WINNINGS
- *SMILING AT THE CUTE MEN OF THE WORLD
- *DOING PUBLIC SERVICE ANNOUNCEMENTS ON THE CONAN O'BRIEN SHOW

SENIOR SPOTLIGHT: KEVIN MAROUSEK

ORIGINALLY FROM THE SOUTHERN-MOST TIP OF THE PLANET KUZBAIN, KEVIN MAROUSEK (BORN KAL-EL MAROUSEK) HAS SPENT THE PAST FOUR YEARS AT PACIFIC LUTHERAN UNIVERSITY. KAL-EL SPENT HIS DAYS AT PLU THINKING UP A SEEMINGLY ENDLESS LIST OF REASONS TO SKIP HIS CLASSES. MAROUSEK PRACTICED HIS PLANETS TRADITIONAL FORM OF COMMUNICATION: CYNICAL SARCASM. KEVIN'S PROFESSORS WILL REMEMBER HIM EVERY TIME THEY GIVE ANOTHER STUDENT AN F-PLUS. UPON GRADUATION, KEVIN PLANS TO RETURN TO HIS PLANETARY HOME OF KUZBAIN AND SHARE ALL THAT HE HAS LEARNED WITH HIS PEOPLE. THE KUZBAINIANS WILL NO DOUBT BE IMPRESSED WITH KEVIN'S KNOWLEDGE AND WANT TO COME TO PLU THEMSELVES. FICTION STORY SUBMITTED BY KEVIN MAROUSEK, COMMUNICATION MAJOR



- Rauno
- Martikainen
- Chase
- Martin
- Cathy
- Martila
- Stefanie
- Mattie
- Marney
- McArthur
- Judd
- McCaffree
- Jenny
- McClure
- Lenore
- McDonald
- Ryan
- McDonald
- Matt
- McPoland
- Erika
- McGhee
- Steve
- Mead
- Tsegazeab
- Mesfen
- Kristina
- Messler
- Sandy
- Metzger
- Hans
- Meyer
- Robin
- Meyers
- Masatko
- Mita
- Kayoko
- Miyazato
- Kami





IN ONE OF MARYS LAST E-MAILS SHE WROTE FROM ECUADOR, SHE TOLD ME ABOUT HER NEW JOB AND ABOUT HOW SHE HAD BLENDED SO WELL WITH THE ECUADORIAN TEACHERS. SHE SAID SHE JUST SAT DOWN WITH THEM ON THE FIRST DAY AND STARTED ASKING THEM QUESTIONS AND SOON THEY ALL LOVED HER! SHE TOLD ME HOW EXCITED SHE WAS TO FINALLY BE EARNING MONEY BECAUSE NOW SHE HAD MORE TO SHARE. SHE TOLD ME ABOUT MEETING THREE LITTLE INDIGENOUS BOYS WHO WORKED AS SHOE-SHINERS ON THE STREET, CHATTING WITH THEM, AND TAKING THEM ALL TO DINNER. SHE DESCRIBED ALL THE DIFFERENT FOOD THEY ATE TOGETHER AND HOW EXCITED THE BOYS HAD BEEN TO GET ALL THIS FOOD, ATTENTION, AND SPECIAL TREATMENT. IT WAS CLEAR HOW GOOD SHE FELT TO BE LIVING OUT HER IDEALS. I WILL ALWAYS HOLD ON TIGHTLY TO THAT STORY. IT REVEALS A BIT OF WHO MARY WAS. BY ANNE MARIE SORENSON

IN MEMORY OF MARY ABRAHAM

BY ANNE MARIE SORENSON,
HEIDI SAWYER, KLARA
WILSON, AND ANDREW WILSON

The life of our friend and sister, Mary Theresa Abraham, ended on April 21, 1996, in Guayaquil, Ecuador. Both she and her boyfriend of two years, Nelson Cruz, were killed in a car accident.

Mary was that girl with big hair, riding around campus on a skateboard, often screaming out her friends' names. She was a loner at heart, signing up for

dorm events even after she'd moved off-campus.

Habitat For Humanity, University Congregation, Intramural Soccer, KPLU, The Center For Peace, Justice and the Environment, and ASPLU Senate were among her many activities. Led by a strong sense of service to God, Mary also dedicated herself to the Salishan Lutheran Mission where she helped start a Sunday School.

Mary studied abroad where she fell in love with the people, language, culture, and more importantly, with Nelson Cruz. After

graduating in December of '95, Mary returned to Ecuador where she began teaching eighth grade geography at the American School of Guayaquil and was loving it.

Mary's whirlwind trip through this life began on Oct. 12, 1972. Her friends at PLU gathered to celebrate that life on April 29, 1996. She is buried in Soquel, CA.

Her legacy continues, DUDE.

I love my friend.

She went away from me.

There's nothing more to say.

The poem ends, soft as it began.

I LOVE MY FRIEND.

Erik
 Monick
 Forest R.
 Monsen
 Kim
 Mooneyham
 Masahiro
 Mori
 Amie
 Moudry
 Kim R.
 Nadon
 Roderic
 Nash
 Nancy
 Nash
 Daniel
 Nations
 Anne
 Nelson
 Julia
 Nelson
 Carrie
 Nelson
 Kai
 Nelson
 Katie
 Nelson
 Cynthia
 Ness
 Marion
 Nickell
 Henriette
 Nielsen
 Masahide
 Nishimura
 Julie
 Nordstrom
 Susanne
 Nyman



SENIOR SPOTLIGHT: JULIE HANKE
 BEING AN R.A. FOR TWO YEARS
 HAS BEEN A CHALLENGING AND
 LEARNING EXPERIENCE FOR ME. I
 HAVE BEEN ABLE TO MEET ALL
 TYPES OF PEOPLE AND WORK WITH
 GREAT STAFFS. I AM READY TO
 MOVE ON AFTER GRADUATION,
 BUT I WILL NOT FORGET MY R.A.
 ADVENTURES.

SENIOR THOUGHTS

WHAT WAS YOUR FAVORITE MEAL ON CAMPUS?

- *CHICKEN CHIMICHANGAS
- *MYO (MAKE YOUR OWN) BURRITOS
- *KAHLUA PORK (YUM YUM!!!)
- *GREEN EGGS AND HAM
- *MY OWN
- *TAKE-OUT

TAKE IT TO THE



Timothy
O'Dell
Becky
Omland
Katja
Papari
Bradley D.
Parker
Sarah
Parker
Tionya
Pasinetti
Preston
Pattee
Liam
Pechon
Laci
Peterson
Erik
Peterson
Kristin
Phillippe
Teija
Pietila
Amy
Post
Thanh
Quan
Krystal
Randall
Kimberly
Rempfer
Erica Joy
Richards
Jennifer
Riches
Jeffrey
Richey
Heidi

TAKE IT TO THE

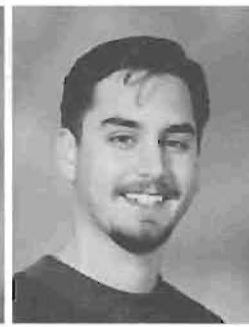


TOP TEN STUDENT GRIPES

1. FOOD SERVICE
2. PARKING PROBLEMS
3. BAD OUTDOOR LIGHTING
4. CAMPUS SAFETY SPENDING
5. OLD EQUIPMENT IN FITNESS CENTER
6. THE POND NEEDS FIXED
7. ASPLU/RHA MERGER
8. WET CAMPUS POLICY
9. NO CHANGE MACHINES IN LAUNDRY ROOMS
10. NO CABLE IN DORMS

Bryce
Root
Anders
Rosendal
Yvonne
Roskeland
Rian
Rowles
Erik
Ryan
Koriene
Salisbury
Antti
Saloranta
Claire O.
Sampson
Vibeke
Sand
Yuki
Sato
Vicky
Schauer
Soma
Sexton
Jari
Shirley
Allison
Sikes
Amy
Skare
Dianne
Sklow
Andrea
Smedes
Patricia A.
Smith
Tabitha
Smith
Rachelle

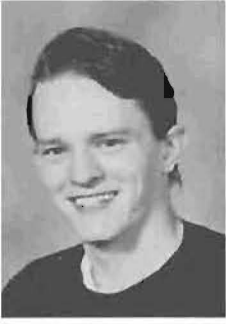




Carrie
Soto
Daniel
Sparrell
Sara
Strom
Monika
Sundbaum
Brett



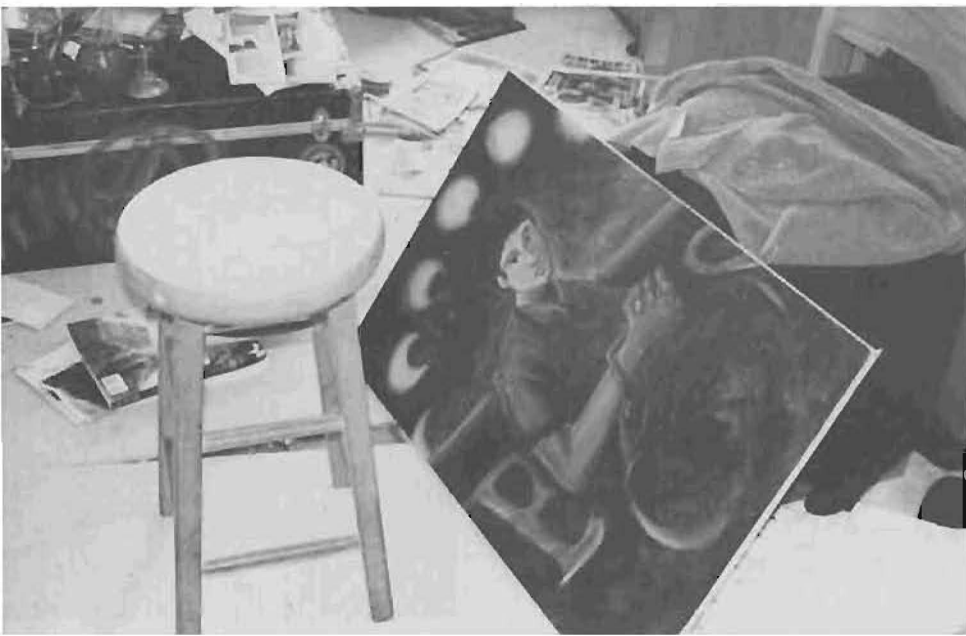
Michael
Tchiech
Matt
Telleen
Julie
Thompson
Stacy
Thompson
Jimena



Troy
Toland
Mary
Trapp
Dave
Trescott
Holly
Troxell
Vo



Stephanie
Tuck
SueAnna
Tucker
Michele
Ulmer
Saori
Usui
Ben
Vahl



KREIDLER
HALL OFFERS
PLENTY OF
SPACE AND
FREE TIME TO
COMPLETE
PROJECTS
SUCH AS THIS.

A SURPRISE ON CAMPUS

Q-BIRD AT PLU

Story by: Alicia Manley & SAGA
PLU meets Q-Bird...

PLU usually attracts students, but this year Q-Bird was compelled to fly in for a short visit. The KCPQ Kids Club produces "dailies" that teach Kids Club viewers about various topics, such as dairy farming and waste management. These are mini-features which are shown throughout the day on Channel 13.

This time Kevin Williams, KCPQ's Kids Club host, and Q-bird were showing viewers what it is like to go to college. PLU was the spotlight of this media adventure. Many PLU students were given the opportunity to tell viewers about their college experiences. They helped describe certain aspects of the PLU campus, such as the computer center and student media, to young people.

"People were very curious," said sophomore Bria Becker,

the primary organizer of the visit. "People stopped and asked me 'What's going on, Bria? What are you doing, Bria?'"

She was contacted by communication Professor Joanne Lisosky after KCPQ contacted her and said they were interested in filming at PLU.

"I think it's an honor that Joanne Lisosky asked me to work on it," Bria said. "It's fun being in the process of what really goes on out there -- and I got to meet the Q-Bird."



Jay Pike

ABOVE: Q-BIRD, Kristin Mark, Kevin Williams

RIGHT: Q-BIRD, Kevin Williams





Jay Pike



Jay Pike

TOP: Q-BIRD, Kristin Mark, and
Kevin Williams

ABOVE: Q-BIRD, Katie Hansberry,

A WEEK OF HARD WORK

CHORALE TOUR

The University Chorale survived a whirlwind year under the direction of Dr. Richard Nance. This was Nance's fourth year conducting the Chorale. Not only was this group deemed one of the best Chorales ever, but they also received a huge honor...they were chosen to sing at the Northwest Conference of American Choral Directors in Spokane, Washington.

The group, which made the trip in March, is made up of primarily freshman and sopho-

more men and women. They toured for 5 days, stopping in Walla Walla, WA, Lewiston, ID, Spokane, and finally Richland, WA on their way back to PLU.

"This tour really helped bring us together," commented Chorale president, Carrie Rice. "We got the opportunity to know each other, and have fun while we worked hard to improve musically. Because of this bonding, we became an amazing choir, musically, as well as personally."

Freshman Angela O'Brien

was very grateful for the experience she was able to gain during this trip. "I wasn't sure about how I felt about Choral at the beginning of the year but through this tour, I made some of my best friends at PLU. And not only did we sing amazingly at the conference, but we made Dr. Nance and ourselves proud."

Dr. Nance will return next year as the director of Choir at the West while Mr. Richard Sparks, the present director, finishes his doctorate.



ABOVE: Some of the Chorale women gather in the dressing room before their concert in Lewiston, ID. RIGHT: At the Spokane Spaghetti Factory, Chorale celebrated their tour.



TOP:Chorale members pose outside their hotel in Spokane, WA. ABOVE: In Walla Walla, these singers take a break to play

TAKE IT TO THE

LIMIT



Melanie
VanEngen
Julia A.
Varnes
Kay
vonGölsen
Christina
vonTapey
Matthew
Voss
Irvin
Walentiny
Kelly
Walker
Patricia
Wales
Nate
Warren
Elizabeth
Wedge
Kay M.
Whitford
John
Wick
Lex
Wicklander
Tun
Widsteen
Jennifer
Wilson
Deana
Wilson
Kevin
Wimsitt
Melanie
Wright
Martina Young
Teresa Zappy
Emily Zieske





Gayle Franks

PLU ALUMNI CELEBRATE

Q-CLUB BANQUET

PLU News Release

PLU Launches Public Phase of \$52 Million Fund Raising Campaign

Students today and tomorrow will benefit from Pacific Lutheran University's \$52 million **Make a Lasting Difference fund raising campaign.**

The campaign began quietly in 1992 and was announced publicly at PLU's annual Q-Club banquet May 4.

Q-Club is PLU's annual giving society. The "Q" stands for quality.

"We have much to celebrate," said PLU President Loren J. Anderson. "As we head into the final year of this five-year campaign, we can announce that more than \$50 million has already been committed to PLU. Now we will be asking alumni and friends across the country to help the university move beyond our \$52 million goal," he added.

The campaign's emphasis is to increase the university's endowment, a group of invested funds with the interest used for scholarships, operating support and capital improvements.

In 1992, at the beginning of the campaign, PLU's endowment was \$8 million. By the campaign's end May 1997, PLU seeks to triple its endowment to \$24 million. The campaign also has furnished the new Mary Baker Russell Music Center and continues to provide for campus improvements such as residence hall renovation.

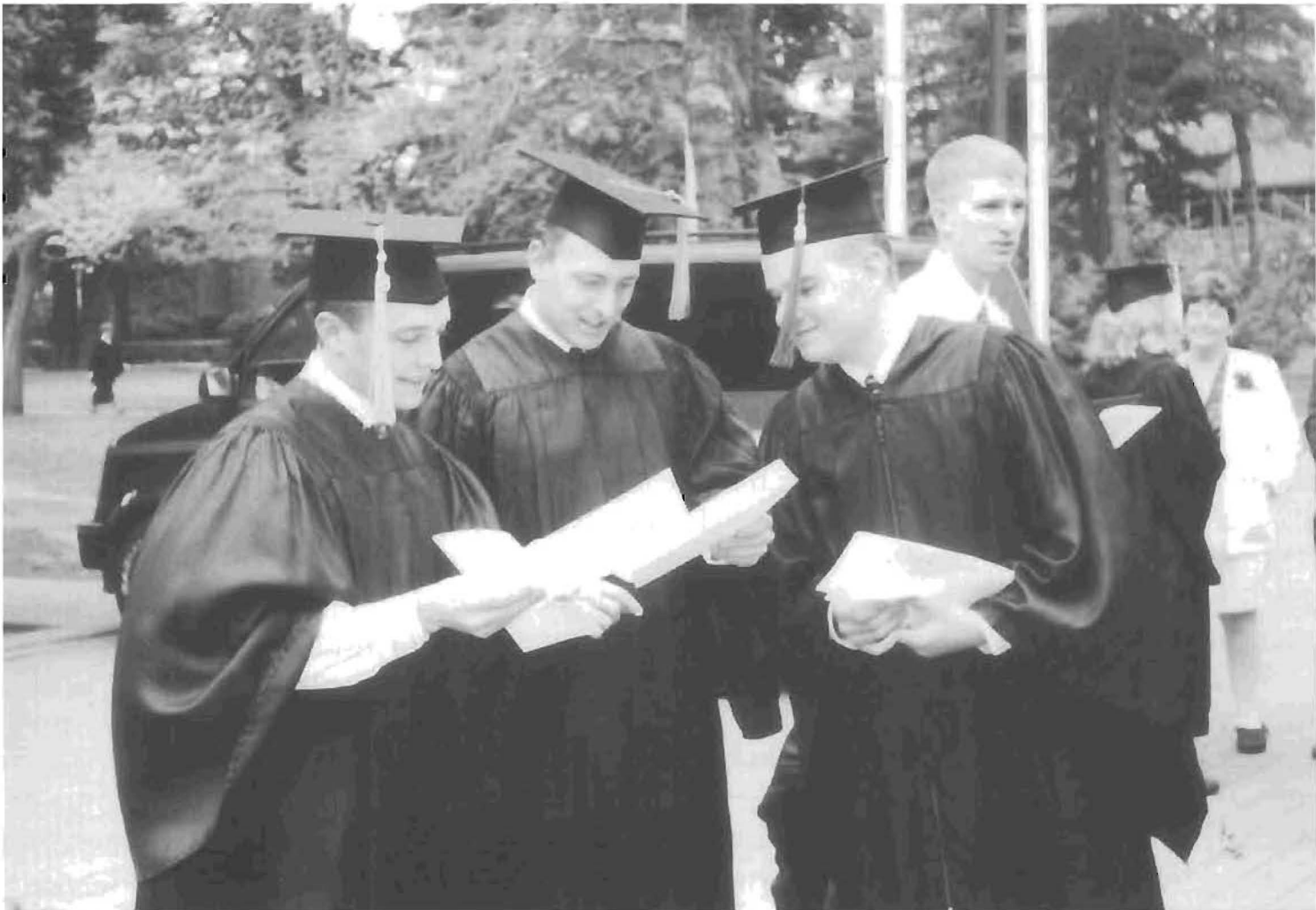
"The campaign's goal is to strengthen our ability to bring promising students together with a talented teaching faculty to accomplish PLU's mission of 'Educating for Lives of Service,'" said Anderson.



Elsa Carlisle



Elsa Carlisle



Tina Newman

Top Left: Philip A. Nordquist, President Loren J. Anderson, Provost Paul Menzel. Top Right: President Anderson shakes graduate James Lamb's hand



Elsa Carlisle

Left: Nate Warren shows off his diploma. Below: Matthew Desvoigne shook President Anderson's hand and received a huge applause.



Elsa Carlisle

COMMENCEMENT

CARPE DIEM

PLU News Release

Popular Processional Music at PLU Accepted for Publication
 PLU's popular processional music, "Procession of Joy," was accepted for publication by Augsburg Fortress Publishing in December. It is scheduled to be released in about six months. Written by music Professor *meritus* Larry Meyer in 1970 for the inauguration of PLU's ninth president, Eugene Wiegman, "Procession of Joy" has been performed in lieu of

"Pomp and Circumstance" at PLU's spring commencement and fall convocation ceremonies — as both processional and recessional — since it was premiered. It is also a popular choice for weddings and other ceremonies by alumni and outside groups.

Meyer, professor from 1969 to 1986, has published more than 20 other arrangements and compositions. The retired Longbranch, WA, resident has also arranged for Henry Mancini, and has worked on

several Super Bowl half-time shows during the '70s and '80s.

The six-minute piece is found on the 1990 "Directions" release from PLU — the university's highest-selling CD. This piece was heard live played by the Orchestra during 1996 graduation.

The graduation on May 19, 1996 included three retiring professors, William P. Giddings; Chemistry, Margaret A. Herzog; Mathematics, and David M. Olson; Physical Education and 494 rained on graduates.

CLASS OF 1996

Commencement

May 19, 1996

*Congratulations to the
graduating class of
1995-1996.*

*The S&I C&I staff and
PLU wishes you all the
best of luck for the future.*

CARPE DIEM!







A look over the campus at the buildings we live, work and play in.



OPEN

DOORS

Where Do
you

Call home? By Tina Marie Newman

Friday, it's finally here! You head toward your room, close the door, and take a nap. You've been picturing this room all day, the cluttered room you call home, and have some of the best memories and laughs of your life.

Whether you

live in Ordal, Stuen, Hinderlie, Hong, Harstad, Kriedler, Foss, Pfluegar, Tinglestad, Alternative Housing, or Off-Campus you now are on your way there, in



Kirsten Lindquist

a car, on a bus, or on your legs, and in a rush

Not only do we live together in

the Residence Halls sometimes we eat together in them too. Above Angie Norris, Stacey Thurston, Erin Hungerford, and Karen Rod sit together at Ordal's yearly spaghetti dinner.

"People are what it's all about. We make the world go around!" said Tina Marie Newman,

In the hallway, stand Stuen RA's Aron Johnson and Erin Hungerford.



Stuen Staff

Christmas was celebrated by the Harstad group, Liz Russell, Scyller Borglund, Rosalyn Smith, Darrin Kay, Heidi Robinson, Bethany Wolbrecht, Eddie Vanaken



Rosalyn Smith

MORE Than You'd Expect

“ It's alotta fun, the office staff is great. At times it gets really hectic, but things seem to work out in the end and everything tends to run really smoothly. ”



Tina Marie Newman



Rosalyn Smith

Rd's in action, Shelley Griffiths, Shelly Rambo, Rosalyn Smith, Mark Milder, Tim Albert

Eating ice cream was on Roger Brodriak's agenda tonite.



Rosalyn Smith



L L L T T F

Lutes Living Life

•So, you arrive on campus, and meet your new roommate, the one with the purple hair and the woo of a swastika on her arm. Being a vaguely normal person, you immediately run screaming to the Residential Life Office, begging them to give you a new roommate who does not consider Hitler her personal savior. Sound a little far fetched? Maybe, but each year, the RLO is inundated with requests to switch halls, roommates, or move off-campus. While most requests simply entail a desire for change, or a disagreement, they add up to a lot of paperwork for the employees of the RLO. •In addition to granting residency waivers, and approving hall and roommate changes, the RLO also assigns halls to all incoming students (yes, they are the ones responsible for putting you in Cascade, even though you *wanted* to live in Harvard), maintains current lists of off-campus housing opportunities and runs a board game and sport equipment checkout. •The RLO also offers a

T o T h e F u l l e s t

variety of ways for students to get involved. Residence hall staff members, comprised of Residence Assistants, Senior R.A.'s and Resident Directors, are responsible for the administration, advising and discipline of each dorm. In addition, each hall elects Residence Hall Association members/Hall Council every year sponsoring and planning dorm programming, such as Songfest and Spring Carnival. The RHA also represents student concerns to the RLO.

RLO RHA & RA's

Residence Staff: Janet Broyles, Katie Nelson, Heidi Robinson, Liz Russell, Cindi Stone, Leah Troll, Kasun, Merle, Rosalyn Smith, Molly Larson

Stuen RHC, Sarah Schaffner, Megan Austin, Sarah Clifford, Mike James, Christian Anderson, Arlene Nahm, Erika Vestad Jill Radek, Tara Nelson, Amy Costine, Brian Norman.



Stuen Staff

Two crazy students in the Lute Dome, Arlene Nahm and Erika Thompson dress-up.



Stuen Staff

S

Stuen
doesn't
=
Study

L I O O L W L i v i n g I n O u r O w n

•Walking past the upper campus dorm called Stuen, a noise jumps out at me, was that rock music, full blast!!! What has happened to the once quiet little home, known for it's study conciousness? Where will I go to study? •Stuen, conveniently located next to the administration building near Ingram, Mary Baker Russel, and generally in the middle of upper campus, is one of the most centrally located dorms on upper campus. •Why would I want to live there though, it's so small, quiet (or used to be), and I just don't think I would fit in? Well that's where you are wrong... Stuen's small community atmosphere is perfect for almost any student, it lets every type of personality out and it's just like having 10 neighbors to talk to if you have a question about a class, want help studying or need a friend's shoulder to cry on. Stuen is also great with energy and creativity, people care about the way the hall looks. •The group of staff this past year and the hall council has been great. Having

L i t t l e W o r l d

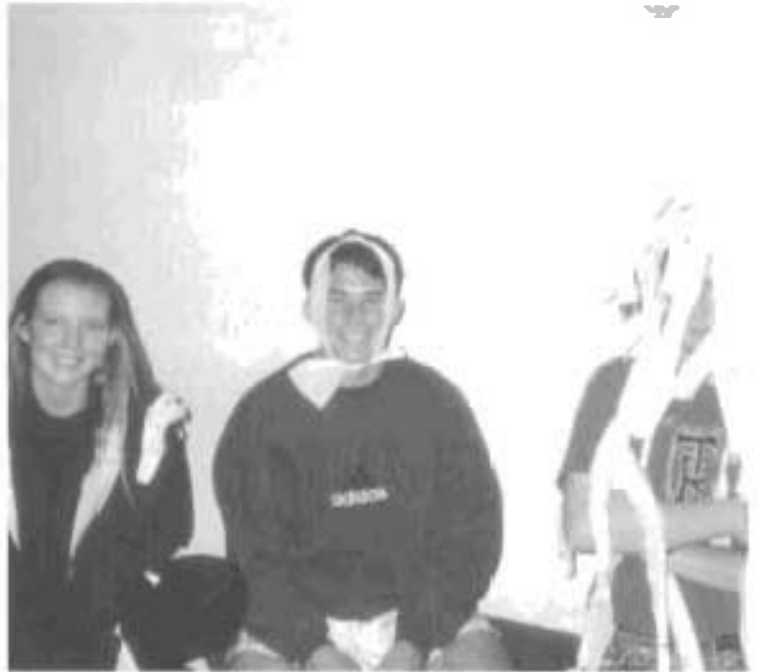
a new hall director was a change, but a great one! She contributed to the personality of the hall and participated in events. •Some of the most famous Stuen events were making smoores, decorating the lounge, and watching TV together in the 3rd floor lounge. •Overall Stuen is the perfect hall for most every student with each of their own and distinct different personalities. So listen up, Stuen is not just for STUDYING

what's the difference

“ I am from a small town and the small community atmosphere in Stuen I like. I enjoy knowing everyone here and can recognize a face right away when I work the desk. ”

Kristy Daniels, Freshman, Stuen

Toilet paper decoration. Erika Thompson, Julia Evermann, and Bryce Nelson have a tissue war.



Stuen Staff



Folks get ready for the flash, as Stuen gathers for a shot together.

MORE Than You'd Expect

“

It's the center of it all and you have the best of both worlds. You're not on upper or lower campus, you are in Hinderlie!

”

Michael Gallagher, Sophomore, Hinderlie



Meridith Pease

Halloween dance here we come! Adrienne Wilson and Amy Brause really got decked out for this event.

Friends throughout the year this bunch enjoy having fun, Meridith Pease, Jill Thompson, Adrienne Wilson, and Lori Haller.



N T S N T L

N o t T o o S t u d i o u s

Hinderlie Heights

•When asked to describe Hinderlie, Judie Martin and Kapla Clemens said, "Fun and Talented!" This year, Hinderlie continued the new co-ed tradition with impressive results. Though it took a little while for residents to come together, by the end of the year, friendships had been formed and connections established. •"Have we become the music dorm?" jokes resident Steve Wolbrecht. Due to the dorm's location near the Mary Baker Russel Music Center, there were many boisterous residents living in Hinderlie this year. Adding to the music majors, were many science majors as well. This balance made a nice place in which to live. According to Julie Kingery, "I love this place." Also, due to it's location between upper and lower campus, Hinderlie has a charm all it's own. "It's a perfect medium," explains resident Ahna Lietke. •Perhaps most liked about Hinderlie is its South-Side view. It was easy to look out over Foss Field and watch

N o t T o o L o u d

Intramural teams competing against each other. •From music to science, Songfest to All-Dorm BBQ's Assasin to night-long card games, Hinderlie has it all. A little bit of everything for all types of people. "Hinderlie has a very relaxed atmosphere," quotes Kristina Hickok. "It allows you to eliminate stress."

Story by: Shana McGillivray, Freshman, Hinderlie



Merith Pease



Amy Norman

Playing cards is a favorite past-time

Parties, birthday parties that is, at Red Robin are these girls favorites. Kristina Hickok, Kapla Clemens, Amy HINDERLIE

Home Spirit Alive

•Ordal proudly boasts one of the University's most active Residential Halls with excessive levels of spirit and unity. Ordal makes up home to over 150 students representing all walks of life. •From Freshman initiation to the Ordal Beach Party from the Christmas Festivities to the winners of SongFest, from competitions of various activities to the volunteering at local charities, Ordal spans out everyone's life here at the University as well as the community in which it is housed. "We have a lot of vitality from Freshman with a combination of knowledge and experience from older students on how to have fun," said Sophomore Cynthia McClure. •The relationship between staff and hall council has produced synergy within all the years' activities. The commitment and intensity of both parties has produced the best year ever. As both move forward on completing goals, it is assumed that next year will only be better.

F r o m H o m e

love the spirit and family that has been created by students and staff living here this year," said Dawn Gates. "This is the place that I consider home."

Story by: Eric Cordner



Ryan Scott

Dog Patch Olympics draws students like Ordalites Ryan Scott and Steve Plunkett shown above, from every hall to compete in events.



Eisabeth Burkhalter

Ordal being one of the largest and most competitive halls

SongFest is a big deal in Ordal, Ryan Scott with his partner and more Ordalites shown below practicing.



Ryan Scott

what's the difference

“ Ordal has quickly become my home away from home. I love the strong sense of community & close atmosphere that residents of Ordal contribute to. ”

Kirsten Lindquist, Sophomore, Ordal Hall



Ryan Scott



Ryan Scott

Halloween time again and Elisabeth Burkhalter and Robin Marsh are ready for the yearly

The Homecoming Game's tailgate party brings out a crowd which includes Ryan

Harstad, No Boys Allowed

h

Not a Boy to be found here. Harstad women gather in the main lobby to show spirit for their dorm. It certainly looks like these girls have fun!

H I W T H I
H o m e I s W h e r e

•As the only single-sex hall on campus, living in Harstad is a unique opportunity. Whether there by choice or assignment, residents have an experience that nobody else on campus can have. They live in low tension environment of comraderie in rooms that are as varied as the individuals in them. Who else can say they've lived in rooms where they could stand up in their loft and not hit their heads? Now that's different? •But of course, those differences are also a bane to many's existence. Residents are plagued with misnomers such as being accused of living in the "Virgin Vault" or the "Lesbian Dorm." In truth, Harstad probably has the same percentage of virgins and lesbians as any other hall. •That's not all that Harstad's known for, though. They also have successful dorm retreats and co-host the annual

T h e H e a r t I s

cruise in April. This year they even had a barbeque for their residents. That certainly makes living in Harstad better for those who choose to be there and bearable for those who don't.

Story by: Sara Teas



Jay Pike



Elsa Caliste

Intent in conversation sits Heather Carter, while Corinne Kenney relaxes in her desk chair, before getting down to homework.



MORE Than You'd Expect

“ Harstad is a great place to live. My wing is really diverse, yet we love to have fun and goof off. We really made this our home, which is different than in the past. ”

Liz Russell, Sophomore, 1st Floor RA Harstad

Phone conversations to the cute guys

Halloween costumes varied from wizards to princesses; Debbie Koch, Renee Ross, Amanda Richards, Todd Miller, Kevin Myers, Rob Donahue, Katrina Johnson, and Myla Heinrichs.



Hong Staff

what's the difference

“ Hong is all that,
and a side order
of coleslaw with a
steaming cup of
joe. ”

John E. Mack, Junior, 2nd floor Hong

This lookstobe
what we could
call the “Finished
Product”; Stand-
ing, Kevin Myers,
Olivia Martin,
and Myla
Heirichs. Sitting,
Jesse Stratton,
Evan Leonard,
and Steve Love.



Kristina Byrd



Hong Staff

Ready to dance: Renee Ross, Kevin Myers, Laura Anderson, Katrina Johnson, and Alexandra Lampert.

Desk workers are generally happy people who enjoy saying, "Hello"; Erin Romine, with friend Jennifer



Anne de Gehalle

M T W C A
a k i n g T h e

**What is it
 about Hong?**

What was life in Hong Hall like during the 1995-1996 school year? It is almost impossible to describe what an average day is like in Hong, because each day holds new and different experiences and opportunities. These experiences range from packing 26 people in one room to watch the Mariners' during the playoffs to giving haircuts to your friends at 2 o'clock in the morning to getting written up with your RA for throwing water balloons at people off of the sun deck. What really makes Hong life unique is the wide variety of people that you share these experiences with. The hall was made up of athletes, scholars, musicians, choir members, the ever present ultimate frisbee nuts, U.C. workers, exchange students, and the mass of people who have no idea of what to major in. All of these people made up the '95-'96 Hong Family, and like any family, we had disagreements, but Paris Mullen did a good

W o r l d C o m e A l i v e

job of describing it as being "family oriented" and "receiving great support", from his Hong Family. The greatest thing about living in Hong Hall is there is always somebody there to go with you to Jack in The Box at 3 o'clock in the morning,

Story by: Kurt Eilmes



Alpine was ready for the first day of school, Katie Hawkins, Heidi Roseleip, and Janel Greenlaw sit and welcome students.



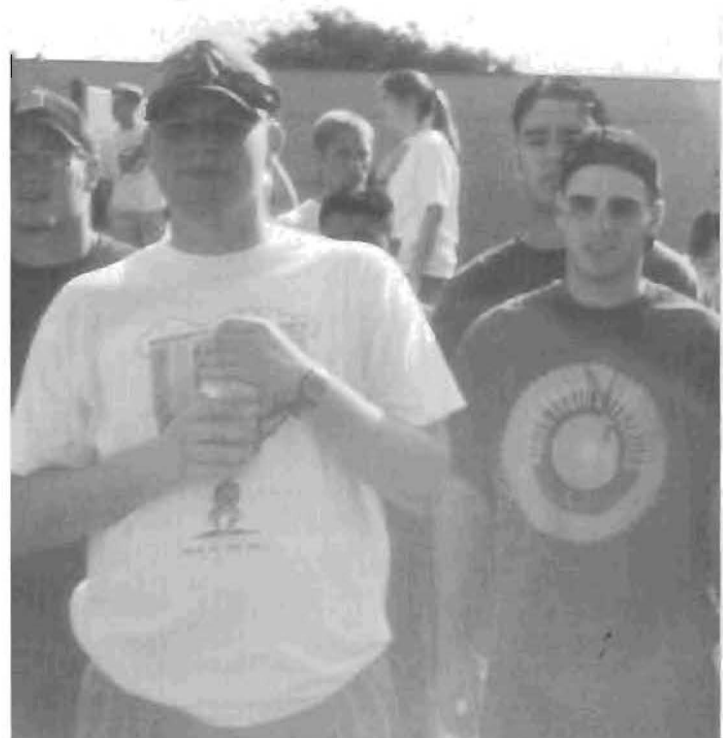
Phuong Tha

MORE Than You'd Expect

“ I like Tinglestad, being on the top floor is great. It has an interesting atmosphere and the people who live here create a community.”

”

Jamie Gabriel, 9th Floor, Freshman



2000 **D**og Patch Olympics brings out Jeff

W Y S I W Y G
W h a t Y o u S e e

Alpine, Going Up?

•Alpine. One of the most legal and acceptable ways to “get high” on the PLU campus. All you have to do is get on an elevator and press 8 or 9, and you will find yourself in the surreal and strange world of the Alpine central lounge. A place where people in their pajamas will doze and read the Sunday comics while others heat their tea in the kitchen. It is a place where we can laugh without pause at the most trivial things, even a bowl of string beans that has been left sitting on the table. Sound fun? it is.

I s W h a t Y o u G e t

Then there are those “trips” when the colors are really wild. All those oranges and browns that aren't there most of the year. Then the reds and greens appear along with the smell of cinnamon and cloves and music like, “Hark, the Herald's Angels Sing.” Yes, there is no better trip than Alpine.

Story by: Eric Moody



Phuong Thai

Alpine: Back; Marko Saarikoski, Jeff Petzel, Jacob Alden, Kari McGrath, Arle Seaton, Tasha Wilson, Jeff Case, Arnie, Bethany Greene. 4rd row; Amber Osland, Tyler Kechely, Jamie Gabriel, Jeff Dolan, Christian Pruitt, Heika

Fast asleep lay Fossilite Trevor Carlson, let no bad dreams befall him or his cute stuffed friend.



H T T O T L

H a v i n g T h e T i m e

•Foss celebrated its 30th anniversary this year and what a year it was! Foss started the year out right by having a team in almost every category for the finals at Dog Patch Olympics, and everyone had a great time on the annual hall retreat, which took Fossils to Miracle Ranch. "There's definately a lot more involvement this year," observed sophomore Aaron Lafferty, which helped to make almost all of the hall events a success. For Songfest, Foss paired up with Stuen to recreate The Sound of Music, set in the 60's. (Most residence still think that they should have taken at least 2nd place!) Everyone enjoyed the Halloween party because of the pumpkin carving contest (and the free food) and the Christmas party because Santa brought everyone presents (and the free food). Of course everyone always attended all of the all hall meetings, to become informed about upcoming events (and the free food).

•When asked to comment on life in Foss, most residence either

O f T h e i r L i v e s

mentioned how cool it was or their friends in Foss. There's some kind of bond between Fossils." Expressed sophomore Ellie Siegmund. Foss is known for being one of the wilder dorms (after all it is on lower campus). •Ah, what a year for Foss. Who could forget playing in the mud on Foss field (and bringing most of it back into the hall) playing in the snow until all hours of the morning; and last but not least, everyone's favorite, the fire alarm! What would life be without a fire alarm or 3 in the middle of the night on a regular basis? Not life in Foss

F
Foss
Bursts
With
Energy

Let it Snow, Let it Snow, Let it Snow sang participants of the annual lower campus snowball fight, Kraig Fredrickson, Tricia Olson, Salina Dillard, and Mara Fiksdal..



Salina Dillard

Foss Hall is located on Lower Campus, with a nice view of trees and Foss Field.



Tina Marie Newman

what's the
difference

“

It's full of excitement
and (laughs hysteri-
cally for a minute) it's
too loud.”

”

Jamie Kuzmanich, Freshman,

Dubadubdub Tina Newman, Wendy Rygh, Anessa

MORE Than You'd Expect

“

Life in Cascade is an adventure! There is always something going on. A lot of different personalities live here and fit together to make living in this place quite an experience.

”

Kristin Vanness, 3rd Floor RA, Cascade



Amy Crabtree

On the Ocean Shores Retreat this group had fun playing in the sand. Kevin P. Marshall, Nick Pharris, Jon Boler, Sarah Battaglini, Amy Crabtree, Tim Nuse, Angela Kraiger, Mike Amend, J-Rob, Ray Brady

Twister is a favorite past-time as Krista Flanders, Tom Heinz, and Nick Pharris have fun.



C A H F O F

C a s c a d e , A H o u s e

Cascade: the dream among reality...

•Cascade, one house, yet lots of faces...we come from far and many places...thoughtfully clad in thrift store attire, we are a group so many admire...our hobbies range from music to sports, you'll hear us on the air and see us on the courts...it's the Cascade Crazies in their warm-up suits and a welcoming tie for the freshman recruits...run, wrestle, rotc, study and sing, hoops and crew, we cover all things elevator up--can you hit two? •It's worth the ride for me and

F u l l o f F a c e s

you...dreams are alive and seen in the air, you're fast asleep while we're out there...making the myths that dwell in your head, you're waking up and we're going to bed, 2 a.m. walks and 4 a.m. talks, the experiences are truly rare, the bonds we've made are on-of-a-kind, the memories will forever be there...

Story by: Amy K. Crabtree, J-Rob, Kevin P. Marshall

Crazy Cascade



Kristin Vanness



Kristin Vanness

Isn't this a violation of some policy?
by: Kristin Vanness, Peter Mork, and Nick

This group consists of Cascade people who love to run,
Peter Mork, Dallas Snielman, Tim Barker, Kristin Vanness

T O T A P

T a k i n g O f f T o

•Pflueger is a hall rich with the "tradition of excellence," as the hall's vice president, Kirk Smith, puts it. They have strived to maintain that tradition with a strong sense of community and hall spirit. As most residents saw this year, it worked. Ever football game, every homecoming activity, and even in the University Center Commons, Pflueger's presence was always noted. •Mark Mulder, the hall's resident director, put his energy into promoting that community ethic. He concentrated on improving and maintaining the facilities in order to make Pflueger a home to its residents, and not just a dorm. That sense of unity was shown through their hall spirit and activities. •Al

A n o t h e r P l a n e t

In all, Pflueger was a great place to live and was loved by residents and staff alike. Even Helen, the hall housekeeper said, "Pflueger's great. I love it here!" And if the housekeeper like it, it has to be a pretty cool place.

Story by: Kiersten Workman

P

Take off
to Planet
Pflueger



Erin O'Hagan





David Godtlibsen

MORE Than You'd Expect

“ Pflueger is friendly. everyone says hello to each other just like one big Phfamily. We just get crazy, you do things that you've never done before.

Everyone goes all out!

”

John Lee, Sophomore, Pflueger



Lobby Hoppers. Julie Stuh, David Godtlibsen, Wendy Wright, and Jen Wolfe relax in the Pflueger lobby.

Placing third in SongFest this group is full of spirit, and having fun sitting around watching others

Inner-tube time for Wendy Kennedy at a wing activity on the lake.



Ann Yuen

Can they do it folks? Can this energetic Evergreen get this knot untied, as Brian Boldt and Cort Roseleip are stuck in the middle of all the girls.



Ann Yuen

what's the
difference

“

Wow, it was fun and friendly. Being the most recommended hall on campus this year, Evergreen had a lot to live up to and it succeeded.

”



Ann Yuen



Ann Yuen

Just hanging out together is what Evergreen does, as does Heather Ruud, Wendy Kennedy, and Megan Turnock.

Desk shifts can get boring but Torey Swanson grabs a quick meal.



Ann Yuen



Ann Yuen

H F O F S L M

Halls Full of Friends

•“Love it! Love it!” That’s about all I can say about Evergreen. Amidst ping pong tournaments, dancing in the hallways, the exhilaration of fire alarms, and gallivanting in the halls, there’s always something to do. •Evergreen is located on the sixth and seventh floors of Tingelstad. It isn’t the place to live if you’re expecting peace and quiet. There’s always someone singing, or a couple of ping pong junkies screaming like maniacs in the lounge and always a stereo blaring. But that’s okay with the residents of Evergreen, who know that along with the noise and distractions come a lot of good friends. There’s always a room with an open door (usually there’s food inside too), someone to

Screaming Like Maniacs

whom you can tell all your problems, a shoulder to cry on, and lots and lots of hugs and laughter. Oh, and did I mention how much fun we have hanging out in the bathrooms? That too is an undeniable part of the Evergreen experience.

Story by: Amy Pardini

Out of Control Evergreen

As Evergreen Freshman Andrea Erdahl tries to eat her carrot baby food without a spill she still has trouble during the Evergreen initiation, which included diapers, and gar-

T T C E H

The Total College



Why do I love thee?

•"College is short, party hard." Those words echoed loud this year through the hollowed halls of this residence hall and were seen on many of the Ivy T-shirts. The Ivy hardcores worked hard keeping the traditions alive that were established by the original hardcore Ivy at the opening of Tingelstad's doors not so long ago. This year Ivy was able to accomplish something that no one has been able to do for some time; by beating Pfluegar in Songfest, with Ordal's help. •Ivy, this year, was full of good friends and good times. Between the groups get-togethers off and on-campus, and the historic retreat, there were plenty of opportunities to meet new friends that would make a lasting impression. •As we leave Ivy for the summer, we can't help but look back a

E x p e r i e n c e H e r e

the year and be proud of what we experienced. What is the true college experience? I am happy to say that the Ivy experience, is the true experience for me. •Thanks for the people who were able to make the 95-96 year, in and out of Ivy, a memorable experience. Ivy, to you, we dedicate and pass on the responsibility that has fallen on all so many residents before you. Obey your parents, stay in school, and never break one of our Ivy policies.

Story by: Kyle Andrews



Kyle Andrews





Dusty Fuller

MORE Than You'd Expect

“

We've only known you for a year, but you'll remember us (Ivy)- for your entire lives.

”

Dusty Fuller and Kasey Douglas, Sophomores



The Tingsland statue, the one great piece of art Ivy residents get to pass. Vanny Him, Kasey Douglas, Dusty Fuller, and Carrie Adams stand around it.

Super Bowl Sunday was a great party in Ivy, as Kasey Douglas, Vanny Him, and Katie Hawkins watch.

Friends Kara Holland and Rachel Pedde hang out together in Kriedler. Even though there are no roommates, everyone is great friends.

what's the difference

“ Kriedler is a great place to be an adult on-campus. It lets you exercise your own options in a responsible manner. ”

Kara Holand, Senior, Kriedler Hall



Rachel Pedde

Lounges in Kriedler give residents a place to gather and hang out together, as Marissa Bird and Cory Ekrem are.



Rachel Pedde

Taking time out of her busy schedule Angel Lepley reads the comics in her room, which is quiet today.

Dave Benishek spends most of his time practicing his guitar without having to worry about a roommate.



Rachel Pedde



Rachel Pedde

**D O W N T H
D u r W a y O r**

Kreidler Reopens as an Upper-Class Hall

In the fall of 1995, Kreidler Hall was reopened after being vacant for 10 years. With new carpet, plumbing and a fresh coat of paint, the building became home to sixty-five residents. This hall became the first building at PLU designated as a "Seniors Hall," housing students who are at least twenty-one or have senior status. While many outsiders have come to think of Kreidler as a quiet hall where nothing ever happens, the residents know that it is a special place. •"There are some people who keep to themselves, and many people have jobs off campus or are

h e H i g h w a y

getting ready to graduate. But we also find time to get together to watch movies, go to dinner, or go to a bar. It is really nice to be surrounded by other students who are your own age and are at the same stage in life," said the Senior RA, Rachel Pedde.

**No
Minors
Allowed**

K

Alternative Housing residents and staff Andrew McClure, Kristine Myrmo, Rose Smith, Chris Bock, and John Hanby.



Teresa Zappey

W Y S I W Y G

W h a t Y o u S e e

•Do you long for your own room, kitchen and bathroom? Are you tired of overly-excited freshman screaming through the halls late at night? Do you want to play your music as loud as your speakers can handle? Did you ever feel like the campus was consuming your lifestyle? •If you answered "Yes!" to these questions, why the heck aren't you living in Delta or Evergreen Court? The apartment-style student housing exists for people like you. •Located between 126th and 127th streets next to the golf course, Delta and Evergreen offer students the chance to remain on-campus while experiencing certain freedoms that can't be found in the dorms. They are separate from the main campus, but still within walking distance. Delta apartments are designed as singles while Evergreen Court apartments have two bedrooms. Each apartment comes complete with traditional hall furniture, a small shower and a refrigerator/ice box. The residents enjoy the space--most bring in their

I s W h a t Y o u G e t

own furniture (Evergreen Court residents can even order cable television) and many prefer cooking in their kitchenettes to the UC cafeteria. As an extra bonus, residents living here are qualified to receive a "commuter" parking sticker for their cars. •There are no RA's in either Delta or Evergreen Court, although the same rules on the main campus apply to the apartments. The residents, mainly upper classmen, are on the honor system. On the whole, residents respect their neighbors and



Alternative
Housing /Delta
& Evergreen





Alicia Manley

Playing cards is something Josh Beatty and Eric Hunt enjoy doing in their apartment.

Television, and Cable is available to Delta and Evergreen Court dwellers, Andrew McClure and Ryan Chandlee.

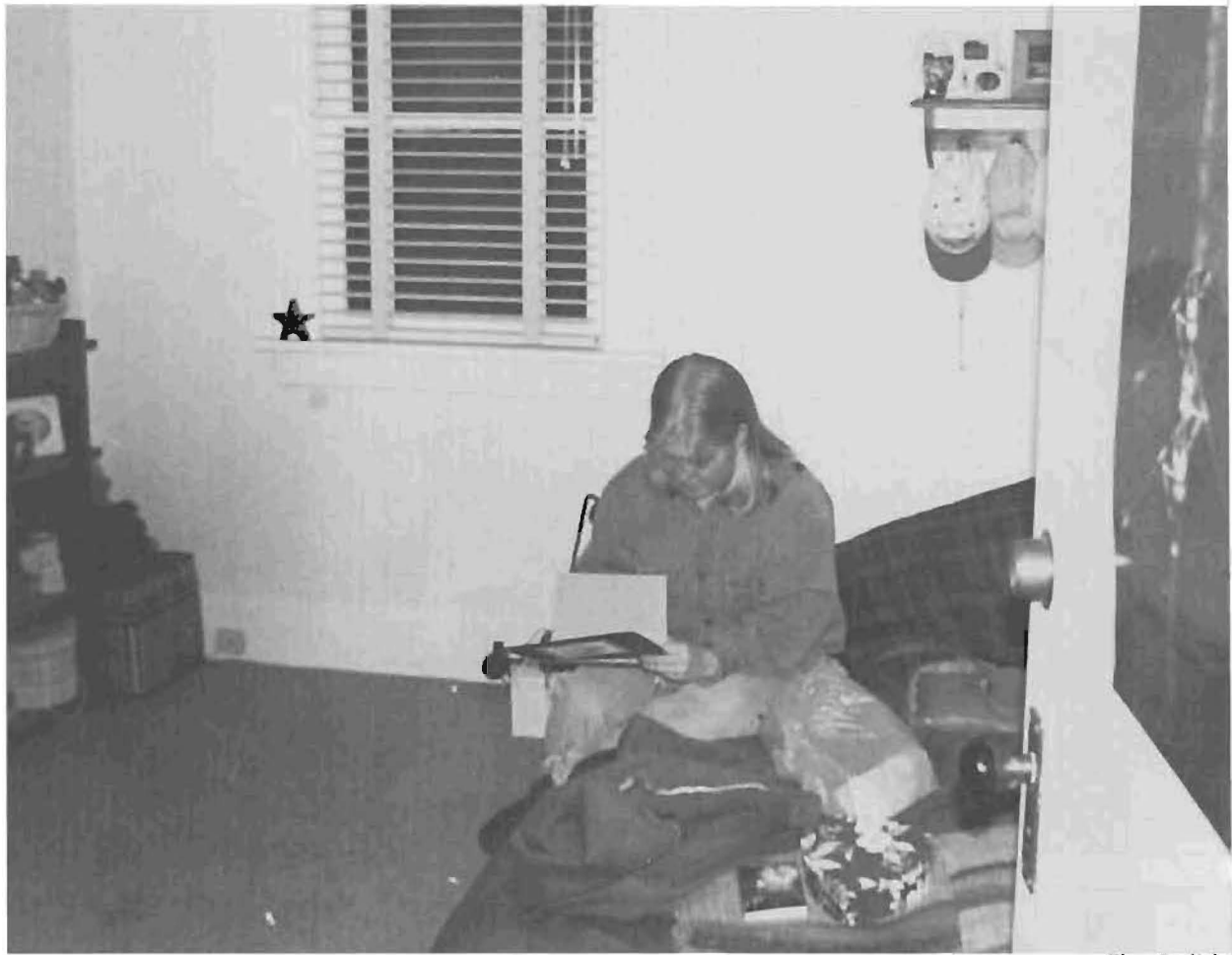


MORE Than You'd Expect

“ If you want a place where you can just crash, get some work done, or invite some friends over & hang out I recommend it. ”

James Lamb, Senior, Evergreen Court

Having your own room as Kristin Phillipe does off-campus can be one of the best advantages.



Elsa Carlisle



Elsa Carlisle

what's the **difference**

“ I live to write, read, and ride my motorcycle. Living off-campus gives me a chance to do all three.

”

Cats add personality to off-campus housing and helps Patty Wales pick a scumptious meal out of the refrigerator.

T F A R C T i m e F o r A

Okay, people, it's time for a reality check. Off-campus life, while more independent, is far from the perfect ideal many on-campus students cherish. Sure, you have your own bathroom, or at least you share it with less than 50 people, but you also have to clean that bathroom. There is no housekeeping staff ready and willing to attack your soap suds. And, yes, you can have a cat, dog, rat, or whatever your apartment manager allows; unfortunately, you also have a pet to feed, clean up after, and leave alone all day while you're at school. • As for making your own breakfast, lunch and dinner, there are a few difficulties there: one, you have to make said meals, two you have to buy the food to make the meals, and three, you have to have the money to actually buy something other than Top Ramen (unless, of course, your idea of the perfect meal happens to be Top Ramen— I didn't think so). And then there is always the issue of commute. Unfortunately, all off-campus homes are not located a block away from

R e a l i t y C h e c k

campus. So, instead of walking to class, you can expect a nice long drive. • There's sometimes the option of living with your parents. You can avoid paying rent, you have a room larger than a closet, and no roommate worries. Of course, depending on your parents, the thought of living at home for yet another year may be more terrifying than the thought of having your body hair ripped out one hair at a time. • For me, living at home has been a good experience, and my parents have been cool about the whole growing-up thing. But, even so, I have never really felt like a part of the campus community, it's harder to get involved, and there is that commute to deal with. • On the other hand, living off-campus offers students an independence and privacy missing from on-campus life. But, like most things in life, freedom comes with a cost. The added responsibility can be overwhelming, and the distance from the whole on-campus way of life can be overwhelming, and the distance from the whole on-campus way of life can be hard to adjust to. So, if you're tired of living on-campus, definitely consider moving off-campus, but consider it realistically, it takes responsibility, and it's not exactly a never-ending round of partying.

Story by: Jody Allard

Off-Campus Options



Alicia Manley

Messy rooms and cluttered tables can be found in most off-campus dwellings.



Many clubs use PLU's campus, because of the beauty, to gather and conduct conferences.



WHAT

Things to
do, Lutes

to see

By Tina Marie Newman

Meeting, did you say that we have another meeting? Who, wait just a sec! Didn't we just organize that concert in the CAVE, that MS Walk, the Masquists came out, and we just put together Bouncy Boxing??

PLU Clubs make

it possible to get involved in what is happening around campus. The choices vary from student media to government, mountain climbing to health & wellness, business to nursing



AMA kept busy this year

painting a houses for a service project. Above Jennifer Edlund and Ryan Broderson work together to paint a living room.

There is a club that would suit every diverse PLU student,' said Britta Guapp, Clubs Editor.

LIMITS? ?

Cheerleading is one of the many ways that PLU students show their spirit. Check out the sports section of the yearbook to learn more about this exciting activity that you can get involved in!

These fans look excited as they cheer their team to victory while the band plays some lively music to keep energy high at one of PLU's many football games!



Saga



Saga



Saga

Lovers & Stubbers! PLU fans are drawn to PLU for their fast paced excitement!



Supt



Lute Club

by Britta Gaupp

Watch out! They're all around you! It's those wild and crazy members of the Lute Club!

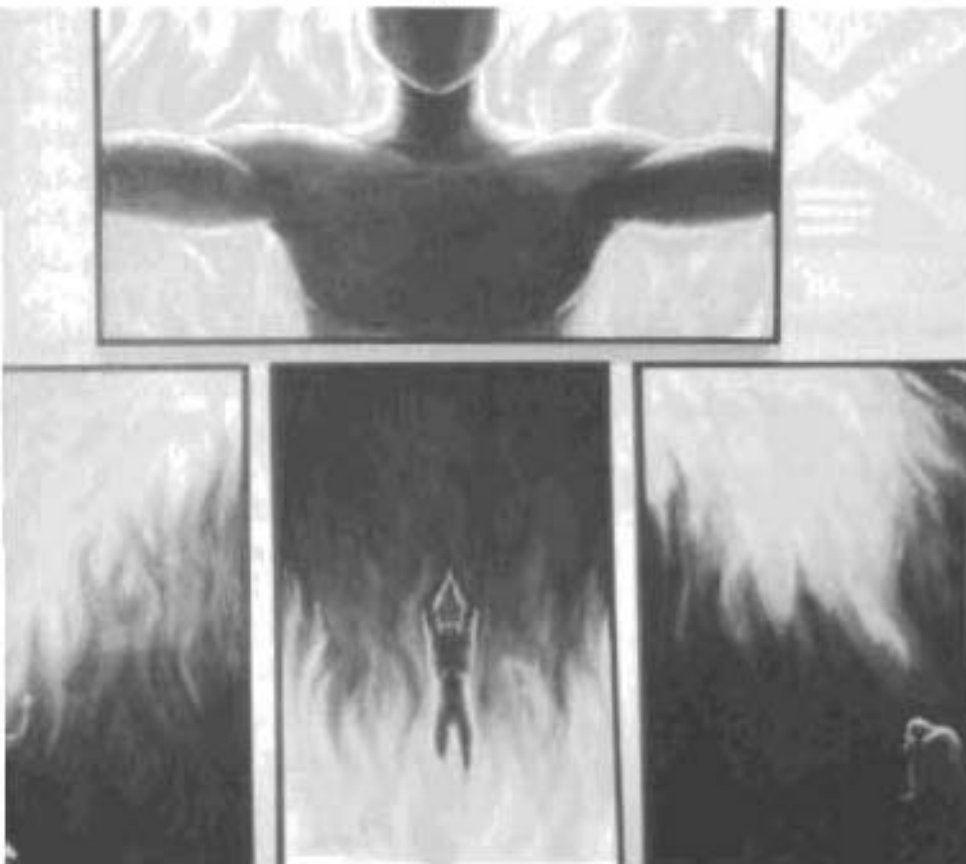
Now you're thinking, the Lute

Club? Never heard of them! No it's not actually an organized club - but if you're a fan of anything at PLU, you're a member!

With such a wide variety of things to participate in here at PLU, there are a lot of fans wandering around. There are clubs to belong to and sports to be involved in!

Members of the Lute Club can be seen at plays, art exhibits, football and soccer games, and lots of the other things happening around here. Throughout these pages, you will be introduced to some of these opportunities. Soon, you'll join the club!

The Weikel Art Gallery is a place for students not only to exhibit their art, but for others to enjoy the beauty



Coming in from the cold, Carrie Benston, Heidi Hanson, and Sara Strom warm up eating cookies before one of their meetings.



Theresa Zappy



International Association of Business Communicators

by Monika Sundbaum, IABC President

WANTED: motivated, hard-working individuals interested in public relations who want to network with outstanding professionals and plan educational activities to raise a group's aware-

ness of issues facing future public relations professionals.

The individuals who made all of these qualifications and more were the 25 students who joined the International Associa-

tion of Business Communicators (IABC), a club dedicated to helping students get the proverbial foot in the door of public relations.

The students traveled to Seattle to sit in on the Seattle IABC chapter's meeting, hosted their own at PLU for the professionals, held a Pagemaker workshop, and ended the year with a gala luncheon celebrating the students, professionals and what they can do to prepare for the future. IABC was very active, with lots of participation from its members who took charge and successfully planned their own events.

The PLU chapter is one of only three student chapters in Washington, so the members were offered great opportunities. The lessons learned and contacts made will help every member start building an extremely successful career in public relations.



Theresa Zappy

Monika Sundbaum, fearless leader starts the meeting, while members listen intently.

Vice President Heidi Hanson and Britta Gaupp, chat with Monika Sundbaum, IABC's president.



Theresa Zappy

PLU MENC President Amy Wigstrom enjoys a hamburger at the collegiate conference!



MENC



MENC-Music Educators

by Britta Gaupp

Music Educators National Conference is an association for professional music educators. MENC has a chapter here on campus and is dedicated to teaching students how to teach music.

The highlight of the year was MENC's collegiate conference which took place this year in Ellensburg. At

this conference, members practice sight-singing as well as learning a lot more about teaching music.

MENC's leadership includes Amy Wigstrom, President; Levm Conway Vice President; Adam Laird, Treasurer; and Mike James, Historian. The group's adviser is Kate Grieshaber.



MENC

Adviser Kate Grieshaber sets up for the Fall MENC interest meeting.



MENC

MENC members practice sight-singing at the collegiate conference.



MENC



MENC

PIU Percussion Section! Greg Fryhling, Levin Conway and Amy Wigstrom!

Brian Anderson enjoys a meal at the collegiate conference.

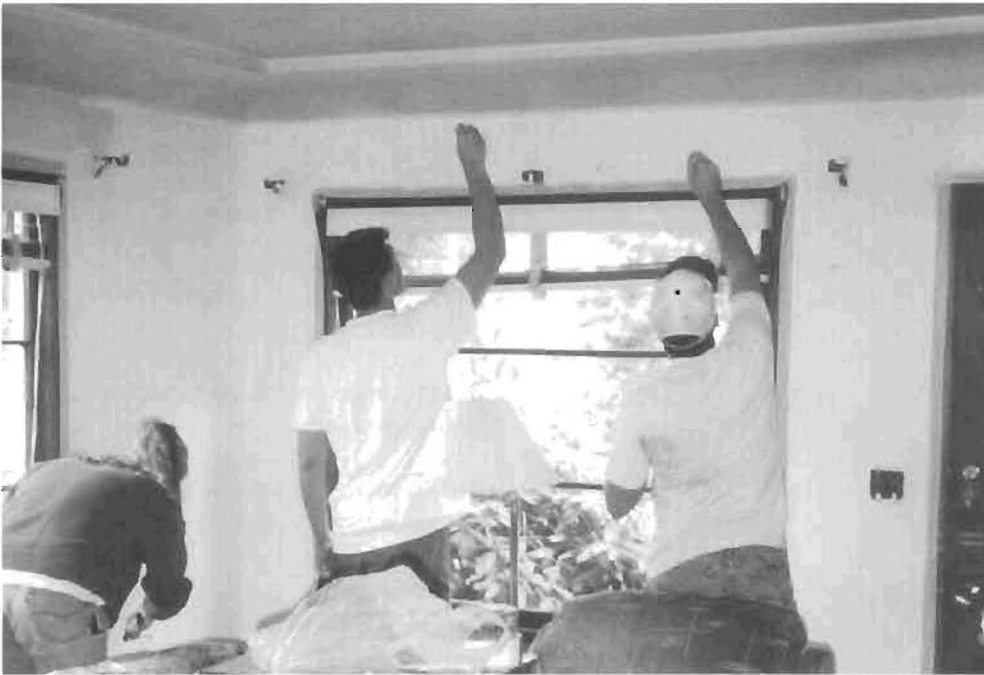
MENC members pose for a picture after the collegiate conference in Ellensburg.



Randi, an expert in etiquette, instructs AMA members in their dining etiquette.



Reed Campbell



Reed Campbell

Jenna, Brett and Ryan get busy painting the living room for AMA's service project.

Karyn Miles helps out by painting a cupboard.



Reed Campbell



Reed Campbell

Michelle Price gives the kitchen a brand



Mathew Baxter gives a marksmanship exhibition at AMA's Christmas party.

Reed Campbell



American Marketing Association

by Reed Campbell, AMA's Vice President of Finance

The American Marketing Association is a resource for PLLU students to use in gaining information about how to successfully market yourself in school and in future careers. We are an active club that provides many activities and networks to PLLU students not only in business, but in all other majors as well.

The AMA's goal is to pro-

vide quality programs and events to PLLU students that will help them succeed in whatever they do. This includes everything from charity work to preparing the perfect resume. We are concerned about the success of PLLU students, and are devoted to our many goals.

The AMA involvement is increasing every year. The number of students involved in AMA activities are not the only members,

but a wide range of non-members. Since we don't place a requirement of "business major" on our application we get students from every major.

The reason why our club is one of the most successful business clubs on campus is due to the many activities we offer PLLU students.

Among many of the events that AMA regularly hosts is the Business Professionals Week, Interview Workshop, Resume Workshop, Professional Dress Seminar, Etiquette Dinner, Presentation Techniques Seminar, Sales and Marketing Seminar, Marketing Career Night, Puget Sound AMA Chapter Luncheons with local business leaders, club meetings, National Marketing publications, Resume Linking Service, Job Opportunity programs, and Golf tournaments.

This year AMA brought a bit of Germany to the business community. Called Fasching, this masquerade party gave students and faculty a chance to dance to polka music and eat lots of wetterschnitzel.

AMA is a club that gives PLLU students a variety of programs that help them improve their skills at school and in future careers.



photo service

Delta Iota Chi members were joined by students from other nursing programs for the restructuring of SWANS, State of Washington Association of Nursing Students.

Gina Canada and Kim Schelin gather for a meeting to write SWANS goals.





Kim Edler, Jason McGrew, and Brenda Graham are deep in concentration, coming up with new ideas for SWANS.

photo services



Delta Iota Chi

by Mary Chalk, Vice President of Delta Iota Chi

Pacific Lutheran University is the proud home to members of the National Student Nursing Association, also known as Delta

Iota Chi. The organization is focused on promoting professionalism in nursing, community service, and leadership.

Lead by President, Kim Schelin; Vice President, Mary Chalk; and Secretary, Lori Richardson, the organization is active in the community, volunteering for many Pierce County events. Last year, they participated in the Pierce County AIDS Walk, assisted the Health Department administer flu vaccines, coordinated CPR courses for nursing students, collected canned food for local charities, and every month offer free blood pressure checks to PLU faculty.

Participation in Delta Iota Chi and the National Student Nurses Association opens so many doors and gives students the motivation to become effective leaders and activists in the professionalism of nursing.



Alpine Club

by Matt Wade, Alpine Club President

The Alpine Club is an organization that is designed to facilitate rock and alpine climbing among the PLL student body. Members of the Alpine Club have a strong

desire for adventure and a genuine interest in climbing. The club meets on a weekly basis to plan climbing trips and other outings.

These trips range from alpine

climbing in the Cascades to technical rock climbing at Smith Rock in Oregon. Also visited are Peshastin Pinnacles near Leavenworth, Washington, and Vantage near George Washington.

As with any outdoor activity, the club's outings are planned around the weather. Several climbing trips have been canceled so far this year, but the Alpine Club tries to stay active despite the weather. This can mean climbing at indoor rock gyms or going underground at places like Ape Cave near Mt. St. Helens. So far this year climbing trips have been made to Vantage and various peaks in the Cascades.

There are big plans for the upcoming spring season with trips planned to



Members of the Alpine Club gather for their planning meeting.

Peshastin Pinnacles, Smith Rock, and Joshua Tree National Monument in Southern California. The Joshua Tree trip is going to be made over spring break by seven members of the club. They are looking forward to warm sun, dry desert rock, and some of the USA's best climbing. This trip is the biggest outing of the year and has been looked forward to for months.

Overall, the Alpine Club is an organization that provides an opportunity for climbers in the PLU student body to get together and go climbing. It is not a climbing class, but there are members of all ability levels and anyone that is a climber is welcome.



Anneke Geballe



Alpine Club

Two members of the Alpine Club do



Anneke Geballe

Aaah... Matt Wade and Chris Shepard relax after a good climb.

Alpine Club members stare in awe as Chris Shepard performs CPR on Tyler Slostad.



Jay Pike



Jay Pike



Jay Pike

Top Left: Jennifer Woodard prepares her French Horn for the night's performance.

Top Right: The entire Wind Ensemble is here, getting ready for yet another performance.

Above: Annette Goldstein, a visiting violinist, tuning her strings.



Wind Ensemble & Orchestra

The premiere performance of "In the Vernacular" by award-winning Composer-in-Residence Gregory Yourz highlights the Pacific Lutheran University Wind Ensemble's spring concert tour which traveled to Eastern Washington and Idaho in March.

"In the Vernacular" is a five-

movement suite for band that plays humorously with ideas drawn from various American popular music traditions -- from swing-time homage to Janacek and Copland to the surreal 12-bar blues written in the style of the early 20th-century Viennese composer Anton Webern.



Jay Pike



Jay Pike

Above: Zak Frantz, Ryan Scott, Mycah Rose, and Ken Ilidies are a part of the Wind Ensemble! Take a bow, guys!

Above: Leslie Johnson and Jasmine Han are only two of the bassoon players in the orchestra.



Jay Pike

Above: Nick Phams plays the cello, one of the loveliest sounding stringed instruments.



Dirt People for the Earth

by Jenny Hilden, co-facilitator of Dirt People for the Earth

Dirt People for the Earth is a campus environmental club in the Center for Peace, Justice, and the Environment. It was created by two PLU students concerned with the lack of environmental services on campus. Dirt People brought attention to the poor recycling program and started the Environmental Activities Coordi-

nators (EAC's). Now we work in conjunction with the EAC's and the new Environmental Services Department.

Student-led with a faculty advisor, this club does a variety of activities. Our major event is Earth Week in April, but we are active throughout the year. One of our goals is to educate PLU

students about environmental issues. We can do this through bringing speakers onto campus, going on hikes, holding discussion forums and having work days.

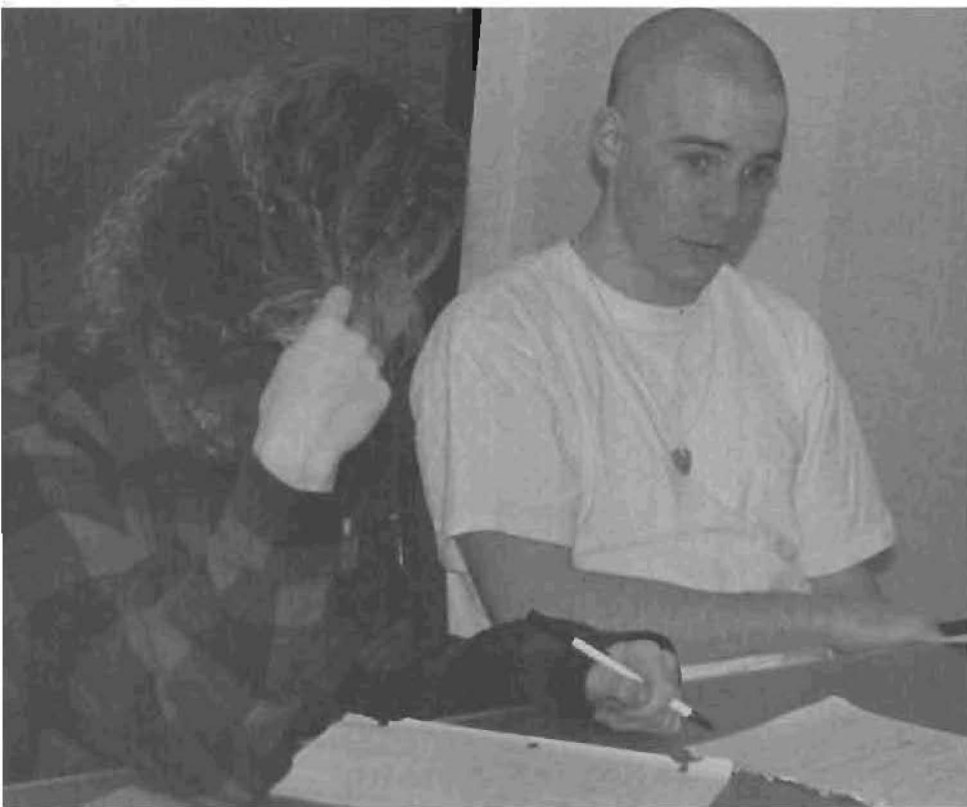
Earth Week is Dirt People's busiest time of the year. This year, talks about vegetarianism, campus landscaping, and recycling programs at PLU were planned. Also, during the week some of the campus' garbage was placed on Red Square and the movie, *Medicine Man* was shown.

Dirt People is closely involved with the Clover Creek Council (Parkland-based) and over the past two years have done numerous tree plantings and clean ups with them. We have connections with other area environmental groups as well. Dirt People for the Earth is very flexible about new ideas and special interests, and are always looking for new members.



Some of Dirt People for the Earth's members gather for a group shot during one of their once-a-week meetings. Back row from left to right: Eve Otten, Stephanie Pranschke, Delcia Hage, Sandy Fitzsimons and Evin Leonard; front row: Sara Mueller, Kelle Rose, and Jenny Hilden

Anneke Geballe



During a weekly meeting, both Jenny Hilden and Evan Leonard contemplate the destruction of the rain forest, an issue important to the Dirt People for the Earth.



During their weekly meetings, Dirt People for the Earth planned Earth Week, wrote letters to Congressmen about environmental issues, planned social activities like movie nights, and discussed bringing environmental speakers to the PLU campus.

Anneke Geballe



Adam Halvonen

The Choir of the West is a 46-voice choir that travels the country performing for a large variety of audiences.

the world. The choir has toured the United States extensively as well as Japan, China, Hong Kong, Hawaii and several other countries in its 65-year history at PLU.

The choir's director, Richard Sparks, has been the university's director of choral activities since he came to PLU in 1983.

Sparks was the founding conductor of Seattle Pro Musica from 1972-80 and also the conductor of the Pacific Northwest Bach Festival for seven years. In addition, he has guest conducted such organizations as the Portland Baroque Orchestra, the Northwest Chamber Orchestra and the Portland Symphony Choir.



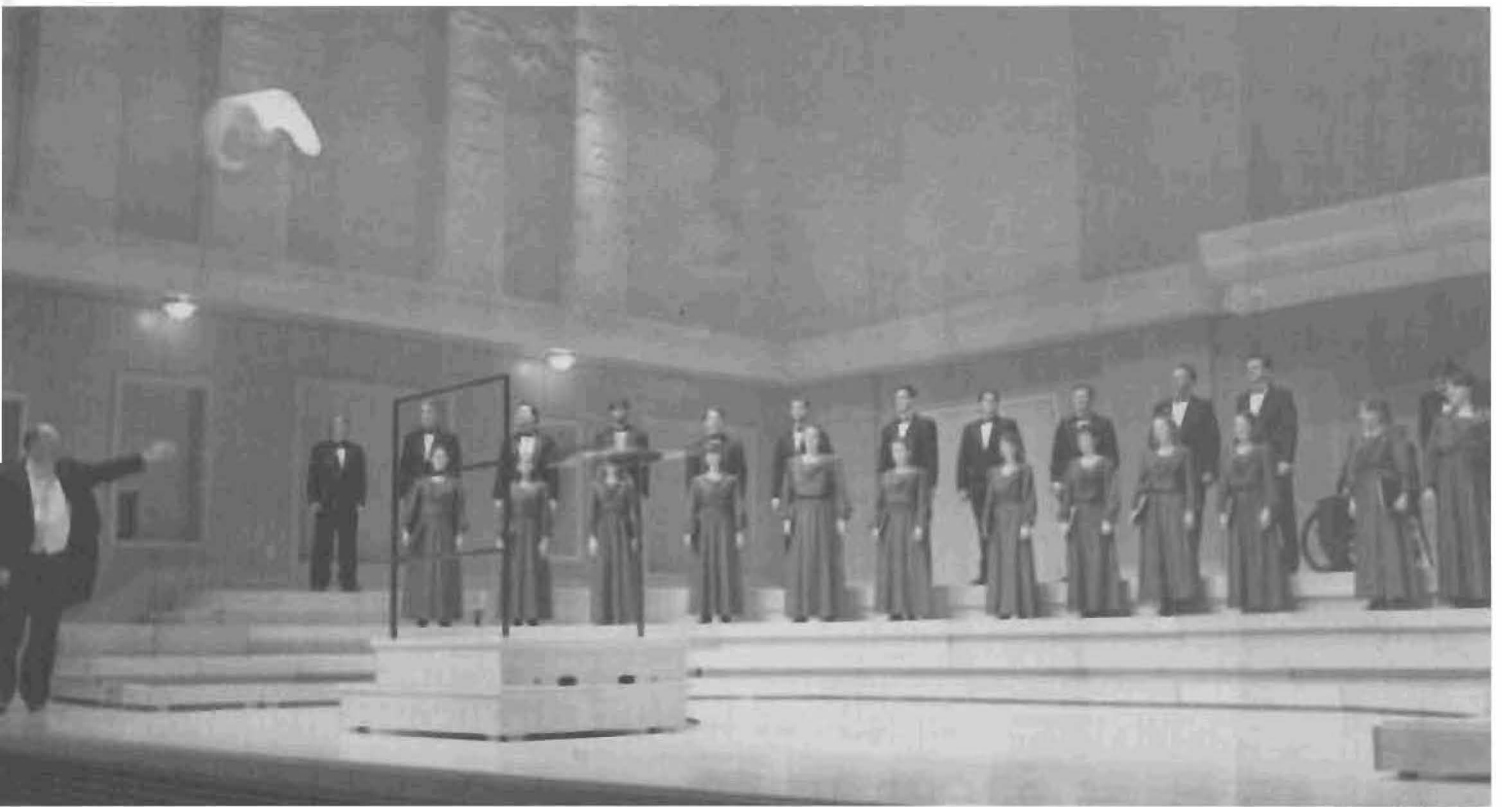
Choir of the West

by Linda Elliot

The renowned Choir of the West, from Pacific Lutheran University presents the Rachmaninoff Vespers in a local performance.

The 46-voice Choir of the West has developed a reputation for

Story provided by PLU's



Adam Halvorsen



Adam Halvorsen

Top: Introducing the "Choir of the West" led by Richard Sparks, conductor.

Bottom: The Choir of the West performs Rachmaninoff Vespers in the Mary Baker Russel Music Center.





Jay Pike



Jay Pike

Top: Carrie Rice looks on, smiling as Emma Hobson sings.

Middle: Emma Hobson, Erica Wood and Carrie Rice dazzle on stage.

Right: Carrie Rice and Erica Wood show their stuff.



Night of Musical Theatre & Saxifrage

by Britta Gaupp

1996 was another exciting, jam-packed year for the editors and staff of *Saxifrage*, PLU's literary magazine.

Saxifrage was started in 1972 under Meagan Benson, who was then a student, and is now a professor here at PLU. When it was first produced, it was issued twice a year and has gone to a once a year release.

Saxifrage has two editors, Heidi Robinson and Nicole Turgeon, who coordinate about 20 other staff members who are paid to work weekends. The staff and editors sift through literary and art submissions from PLU students, faculty, and alumni alike.

Saxifrage is put together in the fall semester of each year and the pieces are picked for that publication. Sometime near the end of the Spring semester, the completed book is returned from the printers and is distributed around PLU.

Saxifrage is a great opportunity for students to get their work published while in college. "Every spring, *Saxifrage* comes out to display the imaginations of the PLU community," said Karen Fausc.

Editor's Note: Also included on this page is *Night of Musical Theatre*, a production put on once a year. This year's performance was called "Side by Side by Sondheim" and ran in April.





Jay Pike



Jay Pike



Above: Brandon Vrosh and Carrie Rice sure are steamin' up the stage tonight!

Above Left: Carrie Rice, Katie Walker, Erica Wood, Heidi Vanderford, Angela Kellogg & Rebecca Reisch. Boy they're sure into this!

Left: The entire production of Night of Musical Theatre - "Side by Side by Sondheim".

Top Ten Reasons To Join the Beach Club

10. Safer Sex on the Beach (the mocktail of course!)
9. Acquaintance rape: It's not just for 90210 anymore.
8. Four Words: Drink Less, Remember More.
7. Love in an elevator is a lot more fun than puke in an elevator.
6. Because we care.
5. Alcohol is not a sexual lubricant — it can cause a lot of friction later.
4. "Studying" comes after "smashed" only in the dictionary.
3. It's all about sex, drugs, and rock & roll — and a little common sense.
2. You can save your prayers for finals week . . . don't waste them on the porcelain god.
1. Because the future is yours to decide, and BEACH is here for support. You're worth the effort.



BEACH Club

by Brian Norman, BEACH Club President

BEACH Club: Being Educated About Choosing Health — and having a lot of fun while you're at it! The club advocates responsible choices concerning issues like drinking, nutrition, sex, fitness and mental attitude. Starting the beginning of the 1995-96 year, BEACH Club began its Top 10 campaign posted on T-shirts.

From there, BEACH Club hosted activities that stressed responsibility and fun. One Saturday night, there was Bouncy Boxing where lutes could relieve dead week stress by punching out their roommate or friend. BEACH hosted a pre-Halloween dance mixer in the Cave where there were free non-alcoholic drinks and snacks. On another night, BEACH co-hosted an Irish Pub Sing-along and a mocktail night, also in the Cave.

At the Health and Wellness Fair, Beach had lutes throw fake vomit into a toilet bowl. Also, there was a condom popping contest where an

ally transmitted disease if he or she accidentally popped a balloon rather than a condom. BEACH Club also began looking into starting a peer theater group called the PEN Players. The group hopes to tackle controversial topics and promote critical discussion to promote awareness and respect.

The leaders of BEACH Club also work on developing their own leadership skills and healthy mental attitudes. Advised by Mark Mulder, and headed by three Vice Presidents Amy Costine, Aimee von Guentow, and Shana McGillivray, and President Brian Norman, BEACH Club participated in leadership conferences, The National BACCHUS Assembly in Washington, D.C. and the Northwest Conference on Collegiate Wellness at Central Washington University. The four student leaders were also trained

"Sankta Lucia"- SPURS Style

by Sarah Schaffner

Sarah Schaffner, President of SPURS, Erika Vestad, the Stuen Sankta Lucia Bride, and Amy Costine, the SPURS Secretary, gather for a photo at the Sankta Lucia celebration.



SPURS

Sankta Lucia is a Scandinavian Christmas celebration that the P.L.U. SPURS have traditionally honored for many years. A freshman or sophomore girl is chosen from each residence hall to be a Sankta Lucia bride. Through a campus-wide election, one girl is elected to be the Sankta Lucia Bride for the entire campus.

The 1995-96 SPURS worked very hard to rebuild the Sankta Lucia tradition within P.L.U.'s community. They received generous help from members in the community, the Scandinavian Cultural Council, and especially their advisor Susan Young.

After months of preparation, the SPURS club presented the Sankta Lucia program to the P.L.U. community on December 1, 1995. There was tremendous support from both the community and the university. Throughout the evening there was Scandinavian food and dancing and the crowning of Scyller Borglum as the P.L.U. Sankta Lucia Bride for 1995.



BEACH Club

Mark Mulder, Amy Costine, Shana McGilivray, and Brian Norman stand in the ring for the BEACH Club.



InterVarsity Christian Fellowship

by Michelle Norman

"What's that? You're doing WHAT tonight? Worshipping God? On a FRIDAY?"

It's a rather typical question if you're talking to a member of PLU's chapter of InterVarsity Christian Fellowship. Instead of going to the typical party or Friday night movie, they gather together in the Hinderlie Main Lounge to

worship God, lifting their voices in prayer and song.

This Friday night meeting, or Large Group as they fondly call it, consists of plenty of worship songs, scripture readings and a lesson presented by an InterVarsity staff worker. And little more than an hour later, when the meeting ends, all those

that attended feel refreshed after what is commonly a hectic week.

Yet these students have an even deeper commitment to a healthy relationship with God. Six dorms on campus host weekly Bible studies, called Small Groups, where two student leaders co-lead a passage of scripture for all those that attend. These smaller groups even meet together during the week to do other activities, such as visiting nursing homes or helping out at the Tacoma Rescue Mission.

But let it not be assumed that these guys don't have fun. Whether it be a spur-of-the-moment decision to go to the cheapie movie theater as a group of about thirty people or a celebration of birthday that includes a food relay complete with creamed spinach, they have a blast as a Christian community.

InterVarsity gathers for a group shot



Michelle Norman relaxes, amused at her fellow InterVarsity members goofing around!



InterVarsity



InterVarsity

Mystery and intrigue - Jennifer McCann, Scott Kolbet, Joel Eilers, Dave Carlson, Katakasha Woodward, Sandy Lwai, and Wendy Bergman get together!



InterVarsity

Erika Bennett, pretty talented. These skills and more can be yours if you join InterVarsity!





ASPLU

by Adela Christin

The Associated Student Body of PLU is the link between the Board of Regents and the students, and has become a word in the daily vocabulary of people on campus because of the integral role it plays in everyday life. These are the people who make events happen and encourage involvement in the PLU community.

The primary purpose of

ASPLU is to encourage involvement of both on- and off-campus students, provide entertainment and activities, and keep both the social and academic environment stimulated. This year ASPLU was made up of a number of officers and representatives led by Nikki Plaid, ASPLU President, and Tom Brown, Vice President.

This year they sponsored many activities including Home-

coming, various dances, Parents Weekend and bringing guest speakers on different subjects. Besides activities, various student organizations are also included. The Cave is a student-run place for social gatherings, cheap food and entertainment. Impact is a graphic design and advertising business that have put together many things around campus, including the Daily Flyer.

Over the school year they proved to be ready for action concerning matters that arose and remained approachable for ideas and concerns. The wide variety of activities sponsored helped to continue the tradition of excellence at PLU. The openness and opportunity for involvement and input made students aware of what was taking place on a daily basis. Action was clearly taken to guide the student body and make life here memorable for each and every Lute.

Nikki Plaid, ASPLU President calls the weekly ASPLU meeting in order.





Adam Halvorsen

ASPLU officers gather for a group shot.

A quiet moment during the weekly ASPLU meeting where new business involving PLU's student body is discussed.



Adam Halvorsen



Beta Alpha Psi

by Monica Jackson, Beta Alpha Psi President

Beta Alpha Psi is a national scholastic and professional accounting fraternity. The primary objective of the fraternity is to encourage and give recognition to scholastic and professional excellence in the field of accounting.

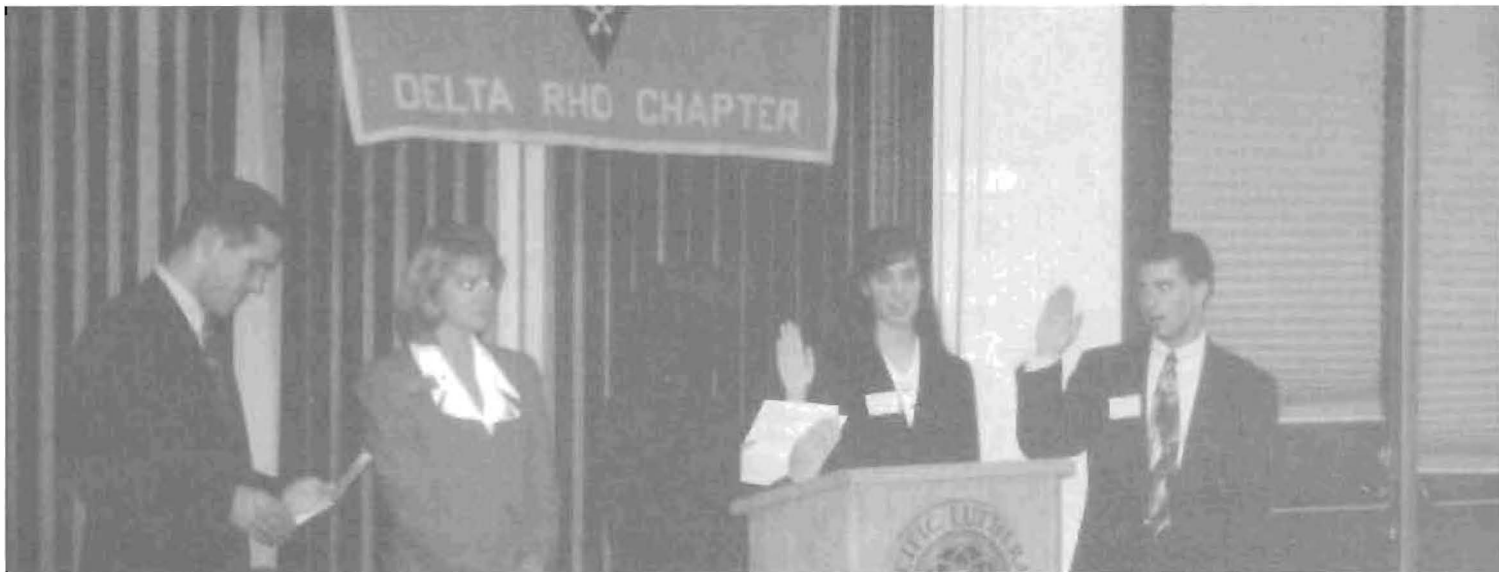
We have had a wonderful

year beginning with our officers attending Nationals in Orlando, Florida. We also had one of our officers attend the Regional Meeting this year in Pocatello, Idaho in February. Next year, PLU's Beta Alpha Psi will be hosting the Regional Meeting here in Tacoma.

We had a big success with our

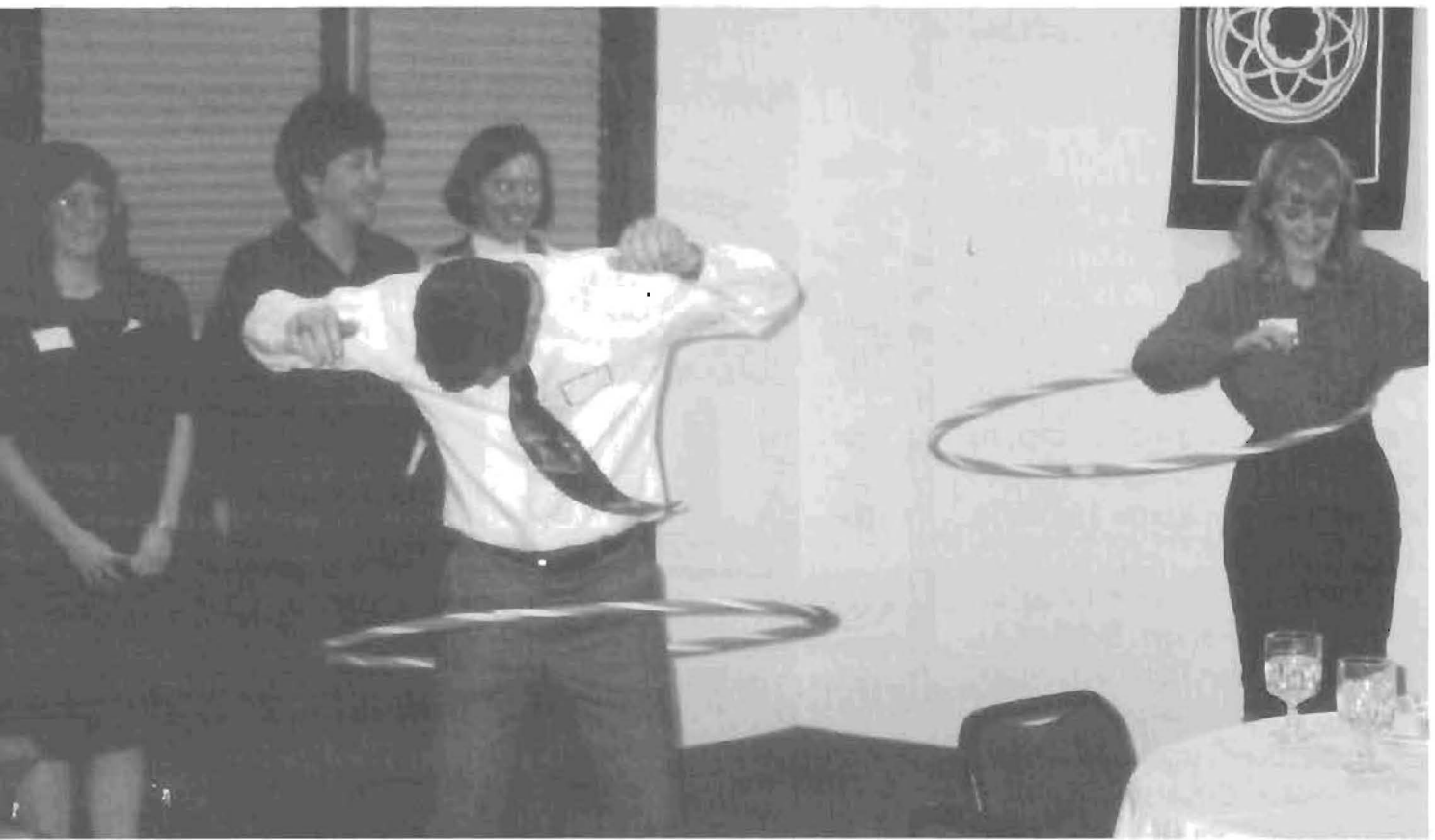
largest event for the year, "Meet the Firms Night." A banquet room in the Crown Plaza, located in Seattle, was filled with PLU alumni from accounting firms and private industries, faculty, and students. Other activities included organizing professional speakers in public accounting, private industry, non-profit accounting and governmental accounting. Of course, future accountants like to have fun too, so there were also pizza nights, banquets, and for "Fun Night" we headed to the bowling alley.

The ultimate objective of the organization is to promote the study and practice of accounting, provide opportunities for self-development and association among members and practicing accountants, and encourage a sense of ethical, social, and public responsibility.



New pledges stand by while Tina Hansen and Andy Tomlinson are pledged as new Beta Alpha Psi members.

Monica Jackson



Monica Jackson



More fun than a 1040? New Beta Alpha Psi members hula hoop their way into the club!

Are we having fun yet? The newest pledges of Beta Alpha Psi await their commissioning as full fledged members.

College Democrats

The College Democrats have had a wild year! Leadership for the club changed early in the year when Hillary Hunt, president, took the reins.

The Democrats had a full year, complete with a trip to Shoreline Community College to hear President Clinton speak on education.

The next big event that involved the Democrats was an appearance by Calvin Goings, the nation's youngest state senator, and a recent graduate of PLU.

"Senator Goings is a model example of Pacific Lutheran University's motto, 'educating for service,'" Hunt said. "The purpose of the event is to recognize Goings' efforts and draw young people into the organization (College Democrats)."

The Democrats sponsored the event and, while no admission was charged, the group sold political buttons, t-shirts and bumper stickers. The money raised went to help the group sponsor further events on-campus and in the Tacoma area.

Hunt also said that she believes that young people are blocked out of the political process and hopes that this problem can be remedied by more events.

This event as well as the others planned for the year and the future continue to contribute to the College Democrat's goal of helping college students' become more involved in the political



College Democrats & Republicans



College Democrats



College Democrats

Top: College Democrats Robert Haugen, Jonathan Botnar, Alicia Manley, Hillary Hunt, and Keith Dussell went to President Clinton's speech at Shoreline Community College!

College Republicans

Opposite Page (bottom): Waiting to get into Clinton's speech, Keith Dussell shivers as Jonathan Botnar and Hillary Hunt look on, laughing.

Top: The College Republicans gather for a group shot during one of their planning meetings. From left are: Chris Dose, Reed Campbell, Mark Dauer, Jean Kotuba, Judy Martin, Kevin Michels, Rachel Peitsch, Eric Montague, Matt Avery, and Molly Spedding.

Bottom: Planning is the #1 agenda during College Republican meetings and Matt Avery (standing) is no stranger to planning!



College Republicans



The College Republicans have an important purpose as a political club on campus. Our goal is to encourage political involvement, help to educate the public on many current issues involving our community, and to be a voice for PLU students by encouraging individual initiative, bringing notable personalities to campus to discuss political issues with students, supporting equal rights, equal justice and equal opportunity for all at PLU.

Included in their activities planned for the year were discussions led by House Majority Leader Dale Foreman, KVI's host Kirby Wilbur and a governor's forum that included Nona Braser, Representative Tom Campbell, Scott Smith, Roger Bush, and Ron Taber.

The College Republicans have some very active members. Many of them are also involved with community organizations such as the 2nd and 29th district club. We get a good response not only from students at PLU, but also from other neighboring schools such as Pierce College. Everyone helps our club move along and plan exciting events. We have lively discussions in our meetings and welcome newcomers into a fun atmosphere. This year, the College Republicans have the benefit of two advisers who provide excellent advice and a spirited attitude. We are pleased with our club members and advisers, and their participation.



Jay Pike

Beth Craig, Harmony's adviser introduced two gay and lesbian couples who told their stories about being pastors.



Harmony

by Beth Craig

Harmony is a weekly discussion group that addresses issues and information related to sexual and affectional identity and orientation.

People of all identities are welcome to attend, and we also have student, staff, faculty, and alumni members in our group.

We participate annually in the Pierce County AIDS fund-raiser walk, and also sponsor forums and presentations that address topics like gay parenting, The roles of gay people in religious communities, and the status of openly gay or bisexual members of the PLU community.



Jay Pike

Peter Ilgenfritz talks vividly about his experiences with his partner David Shull.



Jay Pike

Ruth Frost sits as though she is praying while Peter Ilgenfritz tells his story.



The audience is held captive by the stories of these pastors.

David Shull, one of the panelists, drives his point home with enthusiasm and passion.

Jay Pike



Jay Pike

Jamie Anderson, Foray Editor intently studies a story before the paper goes to press.



Jay Pike



The Mast

by Kelly Davis, The Mast's Copy Editor

The Mast is PLU's independent student newspaper. Published weekly by a staff composed entirely of students from Communication, English, Business and other majors, it provides campus and occasionally national

news and entertainment to the PLU community.

The free tabloid-size paper is distributed around campus and sent to postage-paying subscribers. It is funded by advertising and a budget allocated by the

Student Life Department. All advertising and editorial decisions are made by students. Cliff Rowe, a long-time journalism professor at PLU, has been advising the staff since 1980.

Perhaps the Mast's most important contribution to PLU is its educational value. All the student media at PLU provide direct experience in mass communication. The Mast in particular gives students experience in writing for publication, editing, designing pages, selling and designing advertising and operating the business aspects of a media enterprise. Reporters are paid for published items, as are photographers, columnists and cartoonists. Editors and advertising personnel are paid regular salaries. Advertising



Jay Pike

staffers also receive commissions.

The Mast was formerly known as the Mooring Mast, named for a dirigible mooring mast constructed at McChord Air Force Base in the 1920s. Historically, The Mast provides a record of student life at PLU that is valuable to researchers and anyone else interested in the past life of the university. Mortvedt Library archivists maintain a collection in the building's archive room dating back to the early part of the century.

Chris Covert, the Mast's Sports Editor works hard every week writing stories and designing the Sports Section of the paper. Here he works to paste up his section.

Working hard for his deadline on the paper, Jason Benson, who is the Mast's assistant Sports Editor, stares intently at the computer.



KCNS6, the Student run television station had another year of strong programming here at PLU. Operated completely by students the only non-student involved is advisor Kirk Issakson. Students in charge of KCNS6 include Kevin Marousek, the general manager, James Lamb, the operations manager, and Bria Becker, public relations.

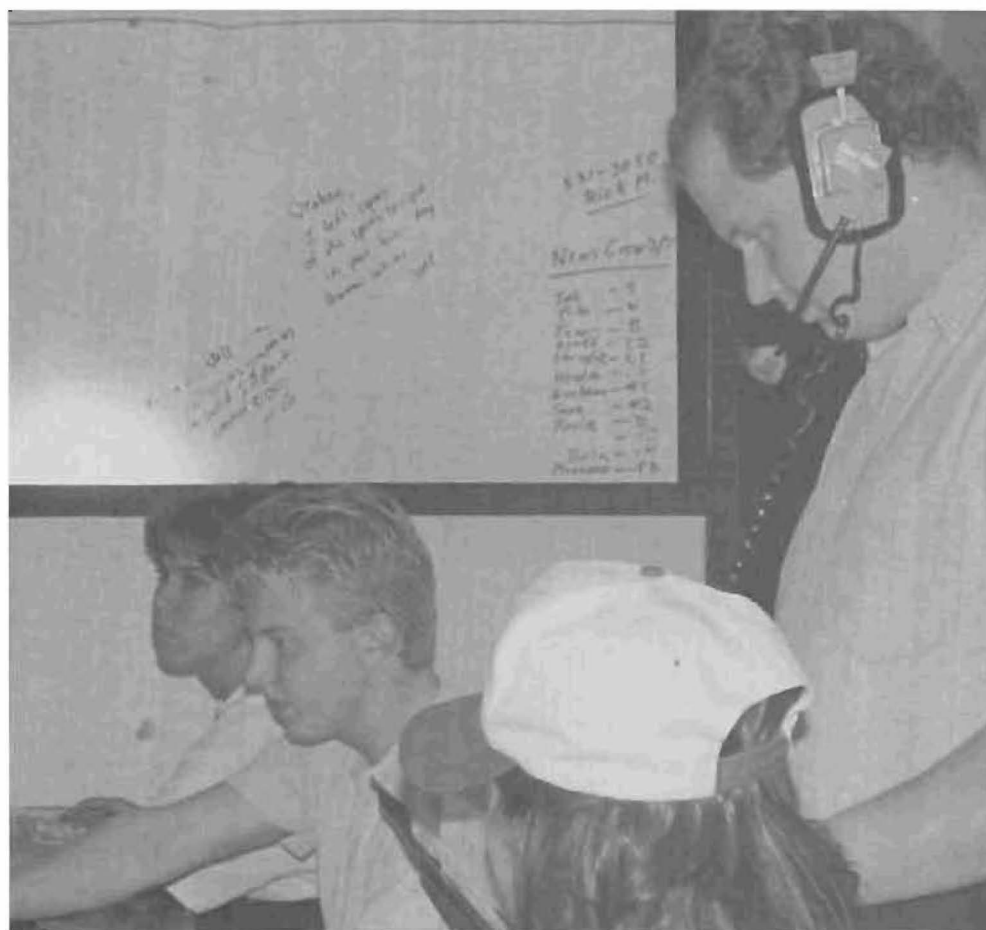
Broadcasting from their headquarters in the University Center, KCNS6 offered a variety of programs and shows to students this past year. Topics ranged from Outlook, a call-in talk show to The Week That Was, a review of the KCNS6 shows from that week. Other things shown on KCNS6 included old movies, PLU football, shows written by PLU students and the KCNS6 News at Nine, the #1 college newscast according to the Society of Professional Journalists.

KCNS6 offered all of the students involved in its production the opportunity to not only learn about how to run a television station but also the hands-on experience of actually doing it. Because of the chance to work in student television several former KCNS6 volunteers have gone on to careers in the broadcast field. Stay tuned to KCNS6 in the future for more success stories.



Student Television-KCNS 6

Story by Susan Andresen



Anneke Geballe

Kendra Thomlinson, James Lamb, Maureen Francisco, and Kevin Marousek are all a part of the behind the scenes of KCNS-6 television.



Anneke Geballe



Anneke Geballe

Renee Nugent practices her filming skills during a newscast.



Anneke Geballe

Michael Thorner, Graham Johnson, Sara Palmbush, and Joel MacDougall take a short break during one of the Wednesday newscasts.

Paul "Todd Ireland" Edwards' job is to mix the audio for the Wednesday



KCCR 94.5

by Noreen McEntee, Promotional Director, KCCR

Welcome to KCCR 94.5, Student Radio for Pacific Lutheran University. Just think of it as *AbsOLUTE* pleasure in radio.

KCCR is the student run, managed, and staffed radio station at PLU found at 94.5 on your radio dial. DJ's fill shifts from 6 p.m. until 2 a.m. every day of the week. Additional shifts are filled various mornings and afternoons. While most of the music offered would be considered College Alternative, there are a wide variety of specialty shows, like Retro, Metal, Punk, Techno, Hip-hop, and so much more. A listener can find most anything on KCCR.

The 1995-96 school year has been a time of great change for KCCR. The management system was reconfigured at the begin-



Danny Sparrell

Kristin Mark relaxes in the KCCR studio.



Danny Sparrell

The newly remodeled KCCR studio.

Brian Anderson, Kristin Mark, Danny Sparrell and Noreen McEntee smile as they celebrate the new studio.



ning of the year. The team included Noreen McEntee as Promotional Director, Brian Anderson as Assistant Music Director, Kristin Mark as Music Director, and leading the group as General Manager, Danny Sparrell.

In addition to the management changes, a big transformation occurred in the Fall

when the KCCR studio got a makeover.

The studio's improvements include new carpet, a brand new cabinet, the replacement of the broadcast board, as well as an inventory system put into effect last year.

There are big plans for KCCR in the future, and this year was only the beginning. Stay tuned. . .



Danny Sparrell



Danny Sparrell

Adrienne Wilson, 1996-97's General Manager spins the jams from the studio

It's David Coffey on rotation tonight at KCCR - 94.5

The KCCR staff, Brian Anderson, Noreen McEntee, Kristin Mark, and Danny Sparrell, join once again to say, "Hey! Listen to KCCR, 94.5!"



Danny Sparrell



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OJ Simpson Verdict

Story and Photo by Associated Press

On October 3, 1995, the long-running, real-life soap opera played its final episode.

In "the trial of the century," O.J. Simpson was acquitted in the June 12, 1994, stabbing of his former wife, Nicole Brown Simpson, and her friend, Ronald Goldman.

Americans followed the trial for more than a year, listening to testimony, digesting the evidence and speculating on whether the former football superstar and film actor was guilty.

The jury reached its verdict in less than four hours deliberation, after listening to 153 days of testimony and considering more than 800 pieces of evidence.

It was a case that would leave Americans with many lasting images:

—A white Ford Bronco leading a police chase;

—Simpson trying on "the murder gloves" in court;

—the testimony of prosecution witness Police Detective Mark Fuhrman, whose credibility was later destroyed when it was shown that he lied under oath about his use of racial epithets.

In a statement made soon after his acquittal, Simpson vowed he would dedicate his life to a search for the real killers.

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President Clinton

Story and Photo by Associated Press

President Bill Clinton entered the third year of his

reign in the White House. As he began this new year, he resolved to "put aside partisan differences."

In April 1995, the Senate passed a bill that cut \$16 billion from various social programs while sparing other items favored by Clinton. Although the President called the bill "the model of how we can work together," the gap remained wide over such issues as tax cuts, welfare reform and spending reductions.

Although cautious in dealing with the new Congress, Clinton has raised his profile and taken a firm stand on issues. He said he would try to work with the Republicans on their agenda, but would "no doubt" veto some of their proposals.

On April 14, 1995, Clinton filed the necessary documents with Federal Election Commission and made formal his candidacy for re-election.



Oklahoma City Bombing

Story and Photo by Associated Press

On April 19, 1995, a car bomb exploded in Oklahoma City (OK), destroying the Alfred P. Murrah Federal Building and killing scores of men, women, and young children.

The force of the blast tore off the building's facade and sent it flying 50 feet across the street, where it slammed into another building and came to rest in a parking lot. With the outer wall of the building suddenly gone, workers tumbled out of their offices and into the street where the blast had carved a crater 30 feet wide.

Shortly after the explosion, Timothy McVeigh, a Gulf War veteran was arrested for carrying a concealed weapon. Two days later, he was recognized as one of the bombing suspects and was charged.

McVeigh's trial is pending.



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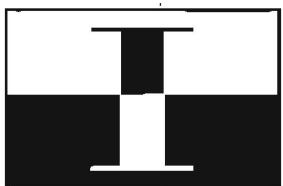
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World Series

Story and Photo by Associated Press

The Cleveland Indians and the Atlanta Braves squared off in the first World Series in two years. This was, perhaps, the first between teams with politically incorrect nicknames.

The hard-hitting Indians compiled a lofty team batting average of .291 for the season, while the Braves pitching staff, led by Greg Maddux (19-2), was widely acknowledged to be the game's best.

It was a Series of the bats vs. the arms. And in the end, the arms were held aloft in triumph.

The Braves won the Series in six games, after taking a two-games-to-none lead in their home park. They won the Series on their return to Atlanta with a 1-0 victory made by David Justice's home run and the one-hit pitching of Tom Glavine, who was named Series MVP.



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Women's Conference in China

Story and Photo by Associated Press

It was Hillary Clinton's first visit to China, and she made it a memorable one. In a speech to the United Nation's Fourth World Conference on Women, the first lady took on the world.

Her speech, delivered on September 5, 1995, made a call for human rights and freedom of expression,

and she said that it was indefensible that many women who registered for the conference were denied visas or were unable to fully participate.

Mrs. Clinton surprised her audience and the host nation by rebuking Beijing for its treatment of private activists who said they were harassed by authorities during a parallel forum held in Huairou, China, just 40 miles away.

The conference platform called for measures to allevi-

ate women's poverty, and improve health care, job opportunities and education.



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Hurricane Opal

Story and Photo by Associated Press

On the evening of October 4, 1995, Hurricane Opal came ashore on Florida's Gulf Coast, packing sustained winds of 125 miles per hour. Before it was through, the storm had killed at least 21 people in four states and caused at least \$1.8 billion in damages to insured properties, making it the third-costliest storm in U.S. history.

Hurricane Opal swung east toward Florida after striking Mexico's Yucatan Peninsula.

The storm destroyed or damaged thousands of homes and businesses along 120-mile stretch of

the Florida Panhandle. Many of its residents were still recovering from and repairing damage inflicted by Hurricane Bob two months earlier.

Opal caused the sea to rise 15 feet and sweep away nearly everything on the lower floors of homes and businesses along the edge of the Gulf Coast. Power outages were widespread, and there were many incidents of looting.

Some of the hurricane's victims were allowed to return home a week after fleeing, even though water, electricity and sewer services had not been restored. Other, from more severely damaged areas, had to wait longer.

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Conflict in Bosnia

Story and Photo by Associated Press

Despite continued NATO air strikes and U.N. peace efforts, the conflict in the former Yugoslavia rages on, with no truce in sight. 1995 began with a four month ceasefire mediated by former United States President Jimmy Carter, but the warring didn't put an end to the fighting.

The former Yugoslavia has been the scene of a civil war since June 1991, and the fighting intensified in 1992 after the republic of Bosnia-Herzegovina declared its independence.

Bosnian Serbs, seeking independence from Bosnia, began their siege of the capital, Sarajevo, as the European Community and the United States formally recognized Bosnia. More than 200,000 people have been killed or are missing since the fighting began.

In May 1995, NATO planes attacked Serb ammunition depots. The Serbs responded by attacking "safe areas," killing many and taking hundreds of U.N. peacekeepers hostages.

In June, Serbs downed a U.S. F-16 over nonneutral Bosnia. The pilot Air Force Captain Scott O'Grady, hid for six days until he was rescued by U.S. Marines.

The conflict and the peace talks continue.



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Super Bowl XXX

Story and Photo by Associated Press

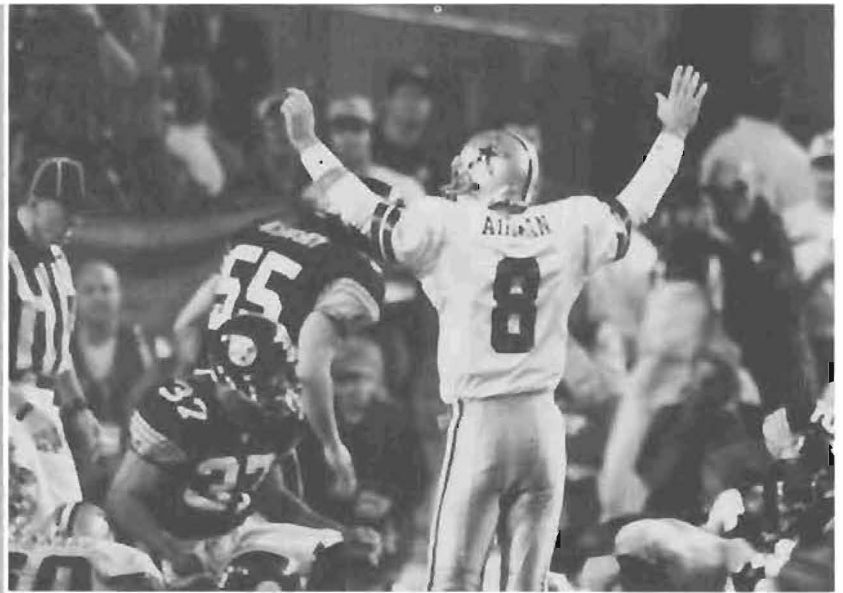
Despite playing nowhere near their best, the Dallas Cowboys won their third Super Bowl in four seasons on January 18 1996, beating Pittsburgh 27-17. And they did it behind the heroics of cornerback Larry Brown, whose career has been spent in the shadow of glamour guys named Troy, Michael, Emmitt and Deion.

"We did it! We did it! We did it!" exulted coach Barry Switzer.

With this win, the Cowboys placed themselves in elite company. No team has gotten that many Super Bowl titles in such a short span. These Cowboys, basically the same mix of stars and blue collar workers who won twice under Jimmy Johnson, went just as far with the oft-maligned Barry Switzer.

Switzer had a trying two seasons as Johnson's replacement. His every move was dissected, and when he goofed -- as in the fourth-and-1 play at Philadelphia that was the low point in the season for Dallas -- he was vilified.

Switzer, just like his outgoing, often outrageous players, has earned the right to brag.



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"It's finally over!"
Amber Habn,
Index Editor



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SAGA, PLU's Yearbook...

Staff Bonding, including Elsa's original giggle, Sara's baking skills, Reed's logical deductions, Mark's computer genius, Britta's hilarious stories, Angela's quiet loudness, Amber's sleepiness, and Jay's skills in the dark (darkroom that is). These were my Section & Photography Editors this '95-'96 year. With the talent, skill, and laughs between all of us, we were the UNSTOPPABLE FORCE. We proved that being on the Yearbook staff was not boring or never-ending work, but a time filled with Red Robin, late night meetings, all-nighters which turned into cake baking sessions, and more.

Thank you my Editors of '95-'96, you made the best staff SAGA has ever seen...



Elsa Carlisle



Elsa Carlisle



Elsa Carlisle



Above left: Angela O'Brien. Above right: Anneke Geballe, Jay Pike and Elsa Carlisle. Above: Reed



Elsa Carlisle



Break the gap and buy your yearbook. We as students need to care about what is going on around us. one way to keep track of this is by purchasing the SAGA. After trying everything to bring up sales, we are asking you, "Do you care about your past, present, future?" Take a look, it's out there and it's one of the best books around. Thanks for purchasing this book that you are currently holding and if it's not yours, well "Buy your own!"



POWER

Get your book full of memories and laughs soon

Above left: Britta Guapp and Mark Lofdahl. Above right: Jay Pike and Elsa Carlisle. Above: Reed Campbell and Britta Guapp. Right: Anneke Geballe and Jay Pike.

A look around campus, gives sites of the Foss front desk folks, Kristi Benson and Lisa Wepler, and an all-campus picnic.



SAGA staff



SAGA Staff



SAGA Staff



SAGA Staff

Saturday felt like college.

Standing on the field between a track meet, a baseball game, a tennis match and a softball game, the campus was buzzing with people and activity. People were setting up stage in Olson for a concert and students were talking about which bands they wanted to see and excited about the dance later that night.

As I watched this excitement, I felt like a college student. I've had a few moments like this in my four years here, when college for a moment resembles the idea I'd had in my mind before I came here, four years ago. Those moments have been separated by times where college was a laborious bore, a minor distraction or an amazing discovery.

At times it was much less than what I expected, at times much more.

And at certain moments, like Saturday, it was exactly what I expected, exactly what I hoped for when I walked the familiar halls of high school years ago and needed new pastures to capture my imagination.

As the long days that make up the short year of college are dwindling, I realize that nothing is what we assume it will be. It is always more or less, sometimes both. I am not the person I thought I'd see leaving college. I'm not friends with the people I thought I'd be friends with, I'm not in love with the girl I thought I'd be in love with, I'm not worried about the things I thought I'd be worried about.

When I walk up and receive my diploma in a few weeks, it will be the end of a much longer walk, and the beginning of another. I am still Matt Telleen, and everything inside me is still the same. I still get excited and bored and angry and scared. I still love and want to be loved in return. But as I sit down to my computer and turn on Bob Dylan instead of sitting down in front of the NBA playoffs, I realize how different my reality is from my expectations. As I prepare to travel and write and live, I realize how different my future will be from my original plan. And I'm sure as I walk on, it will end up much different

ATTAWAY

ATTAWAY

Left: A view of Eastvold and Red Square to remember.

Right: Sam Lester waves a final Good-bye to us all...

Once a Lute,
Always
a Lute...

Layout by: Tina Marie Newman



SAGA Staff

HEY, LUTES, hey Lutes...

Go Lutes, go Lutes,

Attaway, Attaway...

Attaway, Attaway... One more time...

HeyLutes,

hey Lutes,

Go

Lutes,

go Lutes,

Attaway,

Attaway,

Attaway,

Attaway!!!



Meridith Pease

Each friend I make changes me. Each song I hear influences me. Each book I read inspires me. Everything I learn changes my path, changes my pace. People have changed me the most. And it is the ideas they imparted on me that I will remember.

I look to graduation and my future to capture my imagination. I imagine a real world as idealistic and unrealistic as the college of my high school fantasies. One thing college hasn't taught me is to stop dreaming.

My friend used to have this theory that if you kept your original pace when you started walking, you would never get hit by cars. It's stupid, I know, but it was fun to believe and to try. It worked for him everytime I watched him do it, but I never seemed to have the concentration to keep my pace.

As I walk now, I've given up trying for the safety of my friend's theory. I stop often. I stop to smell, to look, to talk, to listen. I sacrifice the safety of my original pace to allow the trip to become what it may.

As I sit on the corner, waiting for the cars on the street we all share, I smile. Somewhere my friend has reached his destination safely and quickly. And I'm stuck here waiting for an opening. I think I may never get to my destination. I may keep walking, keep stopping, keep changing my pace. It's not fast, and it's not safe, but I'm not sure what else there is after the walk.

So, in the words of the Grateful Dead from a song that was an epitaph to one of the great walkers, I shall say goodbye.

Fare thee well now,

Let your life proceed by it's own design.

Nothing to tell now.

Let the words be yours,

I'm done with mine.

Unity

How good and pleasant it is when brothers live together in unity! It is like precious oil poured on the head, running down on the beard, on Aaron's beard, down upon the collar of his robes. It is as if the dew of Hermon were falling on Mount Zion. For there the Lord bestows his blessing, even life forevermore.

Psalm 133





