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PACIFIC LUTHERAN UNIVERSITY

The Mooring Mast

APRIL 10, 2015

<http://mastmedia.plu.edu>

VOLUME 91 ISSUE 17



LOLLAPLUZA LINEUP ANNOUNCED

MATTHEW SALZANO
A&E Editor

LollaPLUza is back and better than ever with a new location, a brand new lineup and plans to exceed expectations.

LollaPLUza is going to be held May 9 on Pacific Lutheran University's lower campus behind Tahoma Bakery on the former PLU golf course.

Senior Morgan Woods, LollaPLUza event planner and ASPLU Traditional Events

Programmer, said via email that this location will allow a more realistic concert festival experience with more space for staging, activities and tabling from student organizations.

The festival will still incorporate the community of its former location, Garfield Street. Woods said all vendors have been invited to participate in the event.

The annual LollaPLUza concert festival headliner, Solzilla, was announced last night at Battle of the Bands. *The Mast* is pleased to announce the full lineup of LollaPLUza 2015.

Sol

aka "Solzilla"

Pronounced like "Saul" and known by his fans as Solzilla, Seattle-native Sol Moravia-Rosenberg was described by *The Seattle Times* in 2013 as "the next Macklemore."

Hip-hop magazine *XXL* identified him as a "budding MC to keep your eye on." Sol's musical style is reminiscent of Macklemore (who was also a LollaPLUza performer) — a mix of pop and rap with socially-conscious messages tied together by a plethora of synth and guitar.



Lemolo



The Student Media Board has sponsored Lemolo, a PLU favorite, to make an appearance at LollaPLUza 2015. Lemolo is a celebrated Seattle-based band known for talented leading woman and songwriter Meagan Grandall. The band is releasing a new album at an undisclosed time this year. More information is available at <http://lemolomusic.com>.

J-Sherri



J-Sherri is a Montana-based band with a unique mix of electronica, R&B and pop. *The Missoula Insider* said their live show "tries to bring a club-banger-inspired sexuality combined with an electronica-noise-punk sound," with a strong desire to get people dancing.

The group's newest album, "j," is available for free on Bandcamp (<https://jsherri.bandcamp.com/album/j>).

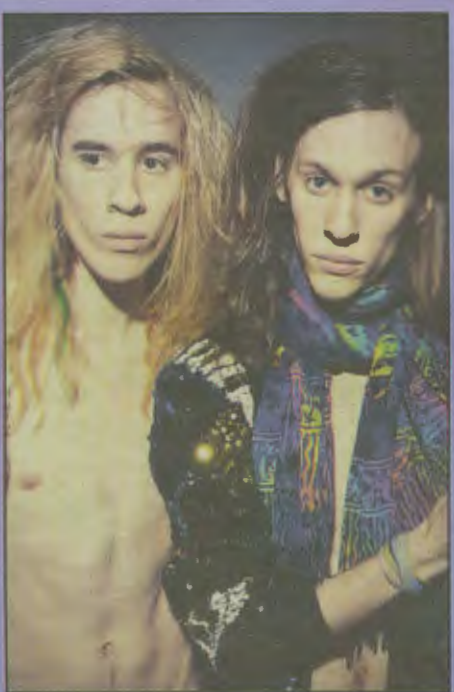
Dude York

Dude York is a "bratty, batty blend of pop and punk," according to *The Seattle Met*. The Seattle indie trio's most-recent full length release is "Dehumanize," which was released in January 2014. The group also just released a new demo, "Something," on their website (dudeyork.blogspot.com) at the beginning of this year.



THE FAME RIOT

Described by KEXP as a "super glitzy duo" whose aesthetic is like an early 2000s fantasy strongly inspired by Iggy Pop, David Bowie and Freddie Mercury. In their words to KEXP's blog, "even if you're deaf you can dance to [our] music — you don't even hear, you can feel [the beat]." More info is available at <http://thefameriot.com>



Homeless Man

No, ASPLU did not invite someone from the streets. Homeless Man is a Silverdale band that plays jazz-influenced folk rock music.

They have released multiple EPs available on their Bandcamp page (<http://homelessman.bandcamp.com/>).

Special appearance from PLUtonic

- Twitter: @lollaPLUza - Instagram: LollaPLUza -

GENNY BOOTS

News Writer

NicarAGUA

Bringing wellness with a well

"Viva Agua!" was both the motivation and war cry of the 2015 Pacific Lutheran University NicarAGUA Well Project.

During spring break, 10 PLU students and two faculty members traveled to Medico Internacional, a small village outside of Leon, Nicaragua. The team was ready to serve, build a well and lead hygiene classes for the community.

"We are going to be in a community that may or may not have a toilet and if that sounds exciting that might be an idea that you want to continue," School of Business professor Mark Mulder said. However, Mulder said students who are not sure if they'd be comfortable should not go.

This was just one piece of information for the hopeful applicants of the alternative spring break trip.

This is the second year Mulder and colleague Becki Torgerson led a group of students to Nicaragua. The trip has partnered with the nonprofit Living Water International for the past two years.

"We know that water is one of the fundamental pieces as far as economic progression," Mulder said. "Whether you look at it from the standpoint of [Abraham] Maslow and Maslow's Hierarchy of Needs

and these basic needs, or if you look at it from a true economic development perspective, water really is a foundational piece."

During the eight-day trip, Lutes spent four days building a well and giving hygiene and sanitation classes to the women and children of Medico Internacional.

"Everyone on the team got to circulate through all the jobs," senior Carly Perez said. "There were two major teams: the hygiene team and the drilling team."

Assembling the well required a lot of manual labor.

"It actually takes a lot of water to find water" Mulder said. The team drilled down 160 feet using a 4-inch drill bit, which makes space for a pipe to pump out sediment for the hole. Once water was discovered at 140 feet, a 7-inch drill bit was used.

"Once we get the 7-inch drill bit done we put a casing in with a screen that allows

water in and allows the well to maintain itself" Mulder said.

Then comes the pumping device and the pump head.

"We start on a Monday and if all goes well by Thursday around 1 p.m. we have a fully functioning well," Mulder said.

The hygiene and sanitation team led morning sessions for the women and afternoon sessions for the children. Educating the community on how to maintain the well and stay healthy.

"The first day I did drilling, but then you get to interact with the women from the community and the kids and it's so cool," senior Alex Tuman said. "It was two totally different things and they were both amazing."

Last spring break, Mulder led a team to a El Limonal, a larger refugee camp turned village that was located outside a garbage dump. This year, Lutes went back to the village to check in and celebrate a year of clean water.

"We had a chance to reconnect with that community and with that project and see the finished well," Mulder said. "At that point we basically threw a birthday party for the well, it turned one and we had a year of clean water."

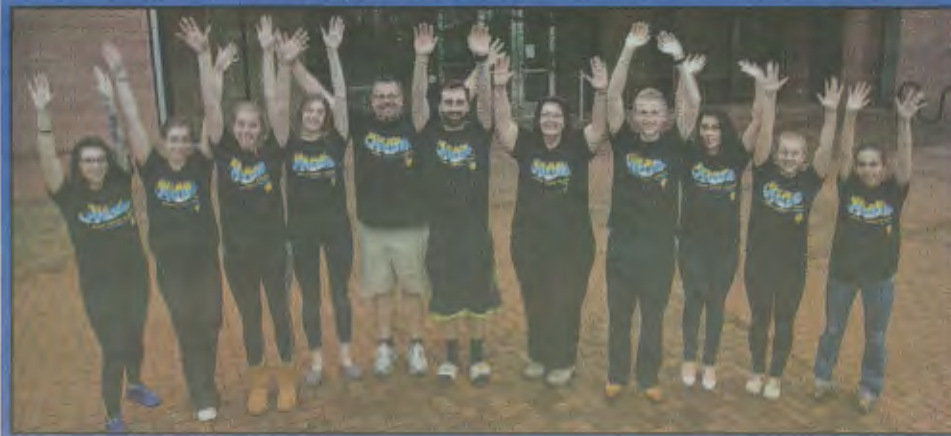
Moments like this were Mulder's favorite parts of the trip.

"What people don't always understand is the collaboration that happens, and so our team did a lot of drilling, but there was a lot of collaboration with the community," Mulder said. "It was shared work and this was a shared goal. We come in not as providers of the water, but as partners to help the community achieve their goal and we work collaboratively for that to happen."

Upon returning to the U.S., the team is settling back into a normal life again with indoor plumbing and some fresh perspectives.

"Coming back, it's been so weird. I've lived this life for 21 years and now I'm seeing it with new eyes. It just feels like I am a totally different person now," Perez said. "Love is the universal language and you really understand when you go out and help other people."

Photos and information about the work accomplished in Nicaragua can be found online at <https://www.facebook.com/NicarAGUAPLU>



LEFT: The NicarAGUA team beginning their journey. From left to right: seniors Janae Murphy, Ariana Judson and Amy Wooten, sophomore Taylor Bozich, professor Mark Mulder, senior Alex Tuman, professor Becki Torgerson, junior Nicholas Townsend-Falck, junior Sarah McGee, junior Thea O'Brien and senior Carly Perez. RIGHT: Picture taken the day the well in Medico was finished, with the whole team and their "Medico Family."



TECHIE

Stuff

SAMANTHA LUND

News Editor

After last week's article "The 'now' apps" was published, more articles about new apps, technology and social media news were requested. The Mast staff has been toying with the idea of a "techie" section for a while, and here it is. "Techie Stuff" will be an ongoing article similar to "How to Sound Smart" that will appear from time to time in *The Mast*.



SPACE TAG

Space Tag is the next big thing in social media and sharing. It's like graffiti minus the vandalism.

Space Tag allows users to leave their virtual mark on places they visit. Users can snap a photo at a location and attach a note. They can share it on their social media network, or they can leave it in the Space Tag universe for others to stumble upon when they visit the same location.

Users can scan areas around them for existing tags and go find them as well.

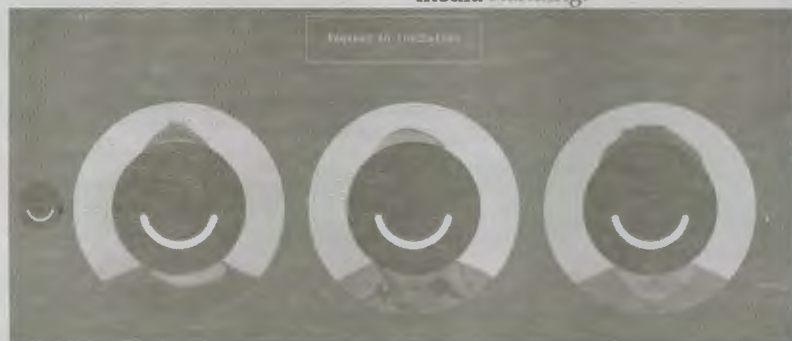
Space Tag has only been popular in Florida so far but is sure to spread nationwide.

Download the app and check out the Space Tags I've left you readers on campus.

ELLO

Ello is not about being popular, it's a big "F YOU" to Facebook. Ello is an alternative social network online created by a group of artists. It is clean, hipster-y and a lot like Facebook. You can post short messages, add photos and @reply to your followers.

Ello was created to give people a social media site that is completely ad-free. When you are using Ello, none of your information is given to advertisers and you will be in a virtual ad desert, with no ads to see for miles. Ello's personal promise to its users is to always remain ad-free and maintain its hipster-social-media standing.



New food truck *might* roll in



SAMANTHA LUND

News Editor

Food on campus might get spiced up next year with a new food truck.

With its own specialized menu, the food truck will give students a new place for breakfast or lunch.

Director of Dining and Culinary Services Erin McGinnis has been contemplating getting a food truck for a while, but it was President Krise who she gives all the credit to.

"The president has been really excited about this idea, ever since he got here he's been asking about a food truck," McGinnis said. "They had one at University of the Pacific, where he came from."

The concept for the truck is to bring food to students when and where they need it. McGinnis hopes to create a schedule for the truck that puts it in the corners of campus with the most students throughout the day.

"I think that it is gonna be really awesome for commuter students," first-year Melissa Munson said. "It will give them a different option for dinners so they don't have to pay the all-you-can eat price at dinners and have an option outside of OMM."

The truck will accept dining dollars like all other university markets and have its own menu rotation.

"The trickiest part is trying to figure out the menu mix," McGinnis said. "It's such a small campus that if you were to go to it five days a week, how would we keep it fresh and keep students wanting to come back, you know?"

The truck has not yet been confirmed for next year. Dining and Culinary Services needs to make sure it will be successful and well marketed before it is promised.

From a marketing standpoint, McGinnis is currently trying to figure out what shape the truck will take. The most recent plans have been to wrap a food truck in the Pacific Lutheran University knight logo and drive it around campus during the week. The truck would also be used at sporting events and could be taken out into the community to promote PLU.

PLU's food truck also brings the opportunity to have food at sporting games and other campus events. McGinnis said those events could have their own themed foods.

McGinnis does not want the truck to be only junk food.

"We've talked about healthy versus craveable foods a lot," McGinnis said. "We want to give students something healthy out of the truck but those all need to be really craveable. We're aiming for really craveable foods."

If one of the meals at the truck became exponentially more popular than others, McGinnis said she is open to putting those meals in the Commons for dinner.

Right now, to get the truck project going, McGinnis is looking for support and opinions from students. Last night, Residents Hall Council held a meeting to talk about the possibility of a food truck and get feedback from students.

"As a senior, I'm really excited for future students," RHC council member Ann-Marie Falloria said. "But I'm a little disappointed it's happening after I'm graduating." **FOR MORE INFO**

How to Sound Smart: About *Rolling Stone*

After its publication, the article started a national conversation about sexual assault on college campuses and the university was blamed. The police in Charlottesville, Va., said last month they had "exhausted all investigative leads" and found "no substantive basis" to support the article's depiction of the assault.

3

Now, the magazine has apologized for their story about campus rape. *Rolling Stone* is still being criticized because the author chose to focus on the most extreme parts of rape and did not hold a fair account of what really happens, making the less extreme parts of rape seem less important.

4



The opening page of the *Rolling Stone* article depicts a rape with the headline "Jackie was just starting her freshman year at the University of Virginia when she was brutally assaulted by seven men at a frat party. When she tried to hold them accountable, a whole new kind of abuse began."

1 An article in *Rolling Stone* in November described a gang rape at a University of Virginia fraternity. In response, the university suspended all fraternities and launched an investigation.

2 In recent weeks, key elements of the story have been questioned and could not be verified. *Rolling Stone* initiated an external investigation, led by the Columbia Graduate School of Journalism. *Rolling Stone* was also criticized for not engaging basic, even routine journalistic practice to verify the details.



R E G I S T R A T I O N

Everyone needs a code

NATALIE DEFORD
News Writer

With concerns for the time and costs spent on one's Pacific Lutheran University experience, a 6-digit registration code is now required for all students regardless of class standing.

In order to register for classes, students must first receive their registration access code from their advisor.

This new policy will start to affect students this spring as they register for fall 2015.

The Admission and Retention of Students (ARTS) Committee asked the Advising Office to generate access codes for everyone.

The ARTS Committee consists of seven elected faculty members, several of whom are advisory members.

Professor Neal Yakelis, chemistry professor and chair to the ARTS Committee, said, "the committee seeks to develop ways to help students persist

to complete degrees in a timely manner."

Yakelis described the previous policy as a loophole in which upper division students did not need registration codes from their advisor in order to register.

He said such students could risk forgetting requirements and subsequently graduate late, which is not cost-effective.

"This was a big concern to us," Yakelis said. "By expanding the requirement for access codes to everyone, we hope all students will have communication with their advisors."

Ashley Connors, Associated Students of PLU Senator appointed to the ARTS Committee, emphasized that students are not required to meet with their advisor, but that they are required to communicate their plans.

"If your advisor feels that you have a solid plan for what you're

taking next semester and how you're going to graduate on time, then they can simply email you your registration code," Connors said.

Connors expressed a concern for graduation rates at PLU and

advisors and make a plan to graduation is one strategy we're implementing to increase graduation rates, as well as reduce student debt."

Connors said another major reason for the policy was transfer students who come in as juniors. Even though this would be their first year at PLU, BannerWeb would consider these students upperclassmen and allow them to register without ever having met an advisor.

"Regularly meeting with your advisor and talking about your plan will help you stay on track for graduation, and possibly reveal ways you could graduate early," Connors said.

She said there are several additional benefits to meeting with an advisor.

"They can provide suggestions on what classes to take considering your interests, as well as suggest

a strategic order in which to take those classes," Connors said. "They also serve as a second set of eyes on your plan to graduation, making sure you're not forgetting a GenEd or a major requirement. Major requirements aren't always straightforward and do change from time to time, so your advisor can help you keep on top of that."

She said advisors can also help with career exploration by suggesting internships and other opportunities.

Hal DeLaRosby, PLU Academic Advising director, explained how lucky PLU students are to have their advisors.

"This is a hallmark of PLU that students at other universities don't receive: personalized guidance every semester from an academic advisor to ensure maximum opportunities and experiences in college all while focusing on an on-time graduation," DeLaRosby said. "Advising is not just about class registration; advising is about the student getting the most out of their college involvement."

"This is the hallmark of PLU, that the students at other universities don't receive: personalized guidance every semester..."

Hal DeLaRosby
Academic Advising Director

the amount of students who do not graduate on time.

"This decision, made by the Admission and Retention of Students Committee with faculty support, is part of an ongoing conversation on how to improve retention and graduation rates at PLU," she said. "Encouraging students to meet with their

CSI: Campus Safety Investigations

Taken from weekly Campus Safety reports

If you ever need help

Call Campus Safety at 253-535-7911 for emergencies, email Campus Safety at csin@plu.edu or visit campus safety in the lower level of Harstad Hall

Vandalism in Stuen

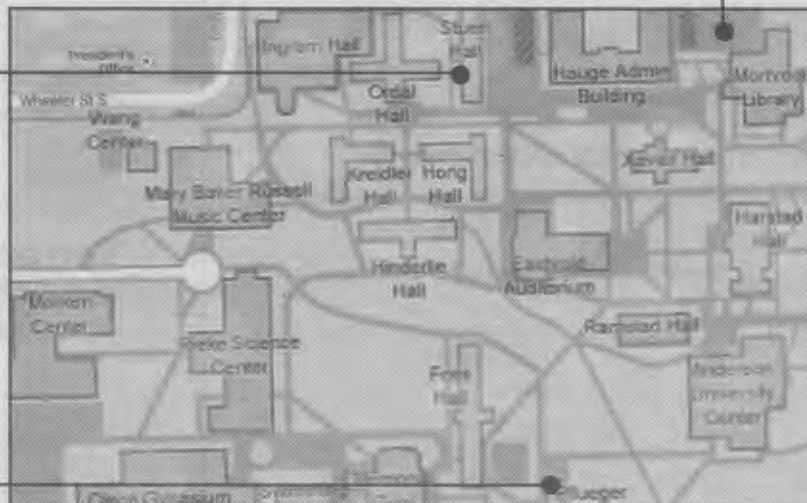
Campus Safety found graffiti on a brick wall in Stuen while doing a routine patrol. The graffiti was documented and a work order was submitted. Upon review of video footage, no suspect was found and no other action has been taken by CSAF.

Vehicle Collision in Library Lot

Campus Safety responded to a PLU student who hit another vehicle in the Library parking lot. CSAF found the damaged vehicle and contacted the owner about the incident. The driver who caused the collision passed along her insurance information and contact information to the other student and CSAF. No further action was taken by CSAF.

Information request in Pflueger

Campus Safety responded to a report of a marijuana smell in Pflueger Hall. The smell was in the hallway and seemed to lead to a room. CSAF contacted the room, along with the Resident Assistant on duty but there was no answer. CSAF conducted a wellness check, meaning they went into the student's room to make sure there were no policy violations. The room was vacant and there was no indication that marijuana was in the room or used in it. No further action has been taken by CSAF.



MOVIE REVIEWS: NEW TAKES, OLD TYPES

Fornication & FEAR

Have courage, be kind, watch "Cinderella"

AUTHOR'S NOTE: This review contains spoilers from the movie "It Follows."

RELAND TUOMI
Editor-in-Chief

"It Follows" is probably one of the greatest horror movies since "The Conjuring."

The story centers around Jay, a 19-year-old girl, her sister and friends. Jay starts dating Hugh, and after they have sex he ties her to a chair and explains something is following him. And now it's following her.

Jay then sees a naked woman walking steadily toward her. Hugh explains that if it catches up to her, she will die, and if she dies, it will go back to him until he has sex with someone else or kills him.

He explains the only way to pass it on is by having sex with someone (talk about a bad STD).

Hugh also says it can change its appearance, saying "It can be someone you know, or it can be a stranger in a crowd."

The rest of the movie is Jay and her friends running away from it and thinking of a way to save her without giving it to someone else.

Directed and written by David Robert Mitchell ("The Myth of the American Sleepover," "Virgin"), this movie hits some excellent high points.

The cinematography is beautifully muted, reminiscent of an overcast day, giving you a sense of coldness.

The music is outstandingly creepy and puts you on edge, in a good way. You won't enjoy the music, however,

if you don't like synthesizers.

The synthesizers use unnatural sounds to create tension and give you an unsettled feeling. There are times, though, when the music is more peaceful, with angelic soothing tones but are still otherworldly that give you a place to breathe and relax between scary scenes.

The film challenges the traditional horror movie archetype of the slut getting killed first (see: "Scream" or any other teen horror movie).

Jay is a strong female character who weighs the pros and cons of passing it on, rather than immediately doing something for self-preservation.

She eventually decides to have sex with one of her friends who thinks he can take it on. However, it kills her friend and comes back to her.

Jay then knows that, rather than pass it on, she has to out-smart it, which she and the

rest of her friends do at the climax of the movie.

There are a few points in the film that cause many viewers to dislike the movie all together. There isn't an explanation on why it follows, how it started following in the first place or how Hugh knows so much about it. This ambiguity is frustrating and doesn't give viewers a sense of closure.

I thoroughly enjoyed this movie and highly recommend it to anyone wanting to see a suspenseful, scary horror movie.

I thoroughly enjoyed this movie and highly recommend it to anyone wanting to see a suspenseful, scary horror movie.

AUTHOR'S NOTE: Before you read this review, please know that I'm a giant Disney freak. I was raised on Disney movies and annual trips to Disneyland. After I graduate in May, I'm moving to California to participate in the Disney College Program at the Disneyland Resort.

ALLIE REYNOLDS
General Manager, Mast TV

Disney's live-action version of "Cinderella" is the perfect remake of the 1950's flick. It's filled with magic and wonder and, surprisingly, a strong female character.

In the 2015 version of "Cinderella," Lily James' performance of Cinderella

has something the 1958's portrayal lacked: personality.

James' Ella is kind, independent and a dreamer. Yes, her stepfamily continues to verbally and emotionally

abuse her (into doing chores around the house, but Cinderella remains positive about the situation,

remembering the words her mother told her before she died, "have courage and be kind."

And Cinderella does just that.

She shows kindness and courage throughout the movie, staying true to her mother's words. Even when her stepfamily rips her mother's dress to shreds, she doesn't lash out at them. She remains courageous and kind.

At the end of the movie, she continues the movie's theme by forgiving her abusive stepmother.

I think people could learn something from James' Cinderella. By showing people even the tiniest ounce

of kindness, it can change anyone's day. It may not be the easiest thing to do, but it could dramatically affect someone in a positive way.

Another reason I loved this version of Cinderella was her relationship with Richard Madden's Prince.

Unlike the 1950's Prince Charming, Madden's Prince Kit had a personality and speaking lines. The duo meet in

the forest before the ball. You can actually tell they have chemistry.

Ella didn't need a prince to save her. That's not why she chose to marry Prince Kit. She chose to marry him because they complemented each other well and encouraged each other to follow their

dreams and be true to themselves. This is an important message that Disney is starting to show more in its newer-released films, as it should.

I highly recommend seeing Disney's live-action version of "Cinderella." You'll leave the theater feeling joy and happiness and begin to believe again that good things happen to people who deserve them.

And remember: have courage and be kind.

By showing people even the tiniest ounce of kindness, it can change anyone's day. It may not be the easiest thing to do, but it could dramatically affect someone in a positive way.

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A&E

Dance 2015
7:30 p.m. April 7-8
Karen Hille Phillips Center

Lute OverNight
Student Media Carnival
7-9 p.m. April 12

Hebrew Idol
5 p.m. April 10 in KHP

Bug by Tracey Letts
7:30 p.m. April 17 in KHP

NEWS@NINE

Every Thursday night at 9 p.m.

On the aGENDA

This week, Genny Boots talked to junior Isabellah Von Trapp, an admissions ambassador, about Lute OverNight tips.

Watch Thursday's show online:
<http://mastmedia.plu.edu/>



Terran's Take:
Check out Terran on Twitter:
@TerransTake

ONLINE

TUESDAY tunes

Tuesday Tunes
Brooke Thames tells us her opinion on new streaming service "Tidal."

Full stories online: <http://mastmedia.plu.edu/>

New game, new name: LUTE OVERKNIGHT

GENNY BOOTS
News Writer

The prospies are coming. More than 220 freshly-admitted high school seniors will flood Pacific Lutheran University's campus for Lute OverKnight this weekend.

Formerly known as Passport Weekend, Lute OverKnight is a chance for prospective students (affectionately called "prospies") to stay with current students and experience life at PLU. April 12-13 is the second and final Lute OverKnight for the admission season.

The Admissions Office has been working all year to bring in the best and brightest. With low enrollment over the past few years proving a difficult challenge to the university, these weekends are important to showcase life at PLU.

"Lute OverKnight brands the event more as a specifically 'PLU' experience," said Admission Ambassador Coordinator and senior Michael Cargill.

This upcoming event will be the biggest of the year, with the campus at the maximum visiting capacity. The entire admissions staff and volunteer OverKnight hosts will be busy coordinating students and giving tours.

During the OverKnight program, prospective students and their hosts can participate in events across campus.

"There will be events such as the Clay Crows, HERmonic and PLUtonic,

a scavenger hunt, and whatever fun the res halls will be planning," Cargill said.

The main difference between the older Passport Weekend and Lute OverKnight is the difference in days. Passport Weekend was traditionally held from Friday to Saturday. This year, the Admission Office has moved the event to include a regular school weekday. This week students will be staying from Sunday to Monday, and spend Monday morning sitting in on classes.

"Holding our admitted student program on a weeknight requires an even bigger strain on the campus community, so it has been wonderful to see students jump at the opportunity to open up their room," said Assistant Director of Admissions Hannah Middlebrook.

As the campus, the hosts and the Admissions Office gear up for this event, the prospective students are getting ready to make an even bigger

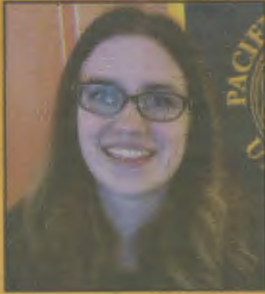
decision. With National Decision Day May 1, these campus visits are very important.

"Lute OverKnight gives such good insight on what life is like at PLU and it allows for students to truly envision what their life would be like for the next few years," said junior Admission Ambassador Isabellah von Trapp.

With a bustling campus upcoming, prepare for the prospies.

Lute OverKnight
Sunday, April 12 to
Monday, April 13
Contact red.carpet.
club@plu.edu to
become a host and
admissions@plu.edu
for more information

What do I do with my prospies?



"Show them all the paths from lower campus to upper campus. Give them insight! Make them feel like a real student."
Hillary Powell,
Admissions
Counselor



"I would take them snack shopping at the market. Or take them to my friends' rooms in other halls so they can see other rooms."
senior Allison
McClure



"I would either take them to eat ice cream at OMM, or get cookie dough and make cookies and have a movie night."
senior Nellie
Moran

JOIN US AT LUTE OVERKNIGHT

Student Media Carnival 7-9 p.m. April 12

Join *The Mooring Mast*, Mast TV, Impact, Saxifrage and The Matrix for some fun activities!

DANCE 2015: Diverse steps, stories

BROOKE THAMES
A&E Writer

Dancers from every corner of the Pacific Lutheran University community are coming together to produce Dance 2015, this year's dance concert showing at 7:30 p.m. April 7 and 8 in the Karen Hille Phillips Center.

The event is a showcase of dance performances choreographed by PLU student dancers. Dance 2015 brings PLU's Dance Team, Dance Ensemble and various other students together to produce a night of dance created by and for the PLU community.

Students involved in Dance 2015 are either participating as a part of their dance-production class or are volunteers who simply love the art.

"The students come together because they want to explore dance, they want to have semi-professional experience in dance, and experience of performance," said associate professor of Dance and Theatre Maureen McGill.

McGill is the director of this year's dance event and has helped students to choreograph dance pieces that aim at communicating emotion and sharing sentiment with an audience.

"I think dance is beautiful

because it allows you to be able to tell a story without words," junior and PLU Dance Team captain Miranda Winter said. "Some stories, no matter how many words you use to describe them, are still not complete, and when you dance a story, you feel it with your entire body."

Dance 2015 is comprised of 14 dance pieces, several of them telling stories that are centered on a variety of serious subject matter including police brutality, suicide and mourning lost love.

Black Lives Matter

Under the direction of Lute Nation captain and junior Jonathan Adams, Lute Nation's step-dance performance will highlight the controversial topics of police brutality and modern justice. Titled "We Are Still Here," Lute Nation is making sure no one forgets the importance of black lives.

"I feel like sometimes, through everything that's going on, things are forgotten," Adams said. "This is my way of [making sure] we remember about these people."

Suicide

"Silence of Our Hearts," choreographed by sophomore Abby Kheriaty, is another piece centered on a serious issue. Inspired by personal experience,

Kheriaty is using dance to look at suicide from an observer's perspective.

"I've watched people struggle, and I just wanted to do something to honor those [people] and help others understand what it's like to go through that," Kheriaty said.

DANCE 2015

7:30 p.m.

Friday, April 7

Saturday, April 8

Karen Hille Phillips Center

\$8 General admission

\$3 Students

Theatre, dance, capstones and the Caribbean

Senior Avelon Ragoonanan is the choreographer of a piece titled "Delights" that fuses theatre and dance together while showcasing Caribbean culture.

Inspired by Vaudeville entertainment, "Delights" is a burlesque-themed dance

preceded by a theatrical piece that follows a young woman desiring to become a Vaudeville dancer at a prestigious club. Although the premise of the performance centers on Vaudeville, the song and choreography featured in the dance number are directly pulled from Caribbean culture.

"It's a cultural piece that brings culture to the stage, but it also brings theatre, dance and a lot of elements of performance to the show," Ragoonanan said.

"Delights" is not only Ragoonanan's contribution to Dance 2015, but the performance also serves as his capstone project and presentation. The costumes, props and set decorations featured in the number are all hand-crafted by Ragoonanan.

"I have been the only choreographer to make all of my costumes," Ragoonanan said. "I [also] have a chandelier, signs and symbols that are all hand-crafted."

Bringing back the dead

"Baby It's You, Messages from Deceased Heroes," focuses on widows of soldiers who have died in war. Dance 2015 director McGill choreographed the featured piece.

McGill's upcoming book of the same name discusses the messages that deceased loved

ones send to those whom they've left behind, specifically widows of soldiers.

"[For the book], we collected messages from ordinary people who'd had experiences where they'd sensed their loved ones," McGill said. "They'd smelled them, felt their touch, saw them, or had a dream about them."

Drawn from the subject matter of the book, McGill's performance depicts such women experiencing their lovers even after they're gone.

First-year representation

Dance 2015 also features several first-year dancers who have had the opportunity to choreograph their own pieces for this year's show. First-years Tessa Wright, Jesslyn Kenduck and Genny Mock have fulfilled the role of director in their own respective pieces featured in Dance 2015.

Dance 2015 shows are 7:30 p.m. Friday, April 7 and Saturday, April 8. Tickets for Dance 2015 are \$8 General Admission, \$5 Senior Citizens and Alumni, \$3 PLU Community, Students and 18 and under. Tickets are available at the Concierge Desk in the Anderson University Center and can also be purchased at the door.



"Dancing is a good way to [let] other people see your heart."

first-year
Jesselyn Kenduck



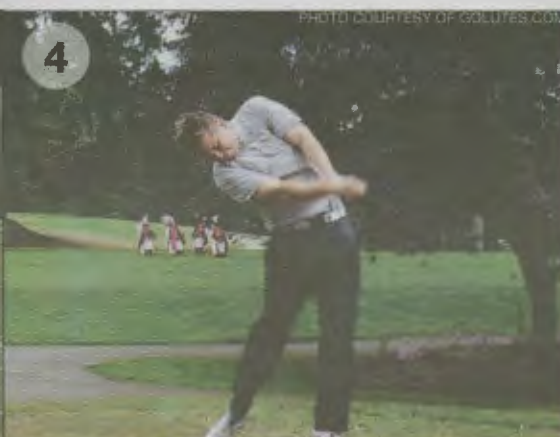
"I dance for my mom because she doesn't move the same way anymore. So I like to be able to move and dance for her."
junior Amy Arand



1-PLU baseball field
 2-PLU men's basketball team
 3-Junior Jordan Downing
 4- First-year Mitchell Baldrige
 5-Senior Leah Butters

6- Junior Lucy Capron
 7- Sophomore James Okubo
 8-Sophomore Charles Mogen
 9-Junior Kelli Crawford
 10- Senior Kyle Warner

11-Senior Dalton Ritchey
 12-Junior Michaela Egders
 13-Sopomore Paige Runco
 14-Senior Noel Oteng-Mensah



DRIVE TO 125 A LOOK BACK on 125 wins



15-Shanell Sullenberger
 16-First-year Machaela Graddy
 17-Senior Allison McClure
 18-Sopomore Genevieve Brandt
 19-Senior Amber Aguiar

20- Senior A.J. Konopaski
 21- First-year Kelsey Hathaway
 22-PLU women's rowing team
 23-Senior Tevon Stephens-Brown
 24-PLU men's soccer team

25-First-year Dylan Foreman
 26-Sophomore Lacey Nicholson
 27-Senior Jake Ducas
 28-Sophomore Jeankie-Jhen Aczon

Wanderlust: Don't be afraid to study away for a semester

MADDIE BERNARD
Guest Writer

Before I left for my semester-long study away trip to Granada, Spain, I was incredibly nervous. I was starting my life over completely in a foreign country, and leaving my life at Pacific Lutheran University behind.

I was the only one studying away in my house, and was nervous that my friends would move on without me, and that I would miss out on a lot at PLU.

I was also worried because I would be completely on my own. When I traveled to Australia last J-Term, I was in a group of other PLU students and we were guided by a professor. But now, only one PLU student was traveling with me, and I would have to navigate through this unknown place. Everything in Spain would be new and different.

I would be living with a host family I had never met before, attending a new school and have to make new friends. Not to mention doing all these things in another language.

Though I had been taking Spanish classes for many years, I was not confident in my skills, and hardly participated in class. I was afraid to embarrass myself by making mistakes, so I avoided speaking Spanish. I knew I was going to have get out of my comfort zone, and speak Spanish everyday if I truly wanted to learn the language. It was scary and intimidating, and I did not think I was brave enough.

I will never forget when

the taxi driver dropped me and my roommate off in front of our host family's apartment complex. I was terrified and we were completely on our own in this new city. What if this was the wrong address? We would have no way to contact anyone, and had no idea how to get around.

When we approached the door to the apartment, I was practically shaking. I was not prepared to start my new life and speak Spanish full time. It was one of the scariest moments of my life.

While it was difficult at first, I pushed myself every day to speak more and more. The more I spoke, the more I learned, and the more confident I became. Soon, I wanted to speak Spanish all the time, and I was no longer afraid.

Studying abroad in Spain pushed me outside of my comfort zone and was the best experience of my life. I met so many amazing people, experienced a new way of life and traveled to four other countries.

Even though I was away from my friends and family, we still kept in touch through Skype, and it was as if nothing had changed when I returned.

By overcoming my fears, I grew as a person, became more confident and strengthened my Spanish skills. It took a lot of guts, and I had to be courageous every day, but it was worth it.

Studying away for a semester also provided more of a rewarding experience than traveling for just one month. Last J-Term, I traveled with a PLU group to Australia, which was a great



PHOTO COURTESY BY MADDIE BERNARD
Maddie in a room of the Alhambra, a large Moorish palace and one of the most frequently visited monuments in Europe, located in Granada, Spain.

experience, but since we were only there for 30 days, we were more like tourists. We saw the sights, learned a lot and then went home.

Since I was in Spain for an entire semester, I got to really live there. I experienced Spanish life and culture daily. I lived with a typical Spanish family, ate traditional Spanish food, attended a Spanish University and made Spanish friends.

While I did lots of touristy things, I was able to develop a daily routine, explore the city for myself and live more like a local. It was awesome to dive into the Spanish culture, and it felt so different from

just being a tourist. Spain felt like my second home.

In all, don't be afraid to study abroad for a semester. While it is a long time to be away, it is extremely rewarding in the end. I would not trade my experience abroad for anything in the world, and am so thankful I had this opportunity.

Looking back on my fears now, they seem silly and I cannot believe they almost stopped me from discovering my second home. So be brave, get outside your comfort zone and study abroad for a full semester—you will be glad you did.

Letter From the Editor: Be aware of capstone shaming



BRITTANY JACKSON
Copy Editor

You would think that seniors at Pacific Lutheran University would bond over the grueling and tiresome process known as capstone. While some do, others selfishly take part in what I call Capstone Shaming.

As part of the general university requirements, every student must complete a senior seminar, or capstone, course in order to graduate. Yet even with this universal requirement, some students still trivialize the work of their fellow Lutes by making comments such as "my capstone class is harder than yours."

While the content and even process of each capstone varies by department, every capstone still has the same core: research, a lot of work and a presentation.

As an English major, I am fed up with students in other departments criticizing my capstone because at the heart of that critique is something even more offensive: that my major somehow has less value than yours.

Whether you're joking or not, labeling someone's capstone as "easy" is essentially discrediting all of the hard work they have done on a project that is representative of their learning experience at PLU. And if you haven't figured it out yet, that makes you a jerk.

Just because you took that one "easy" literature class doesn't make the whole department easy and it definitely

doesn't give you authority to comment on a capstone class that you are not taking.

It's not just me who has experienced this type of shaming. Senior kinesiology major Hannah Fry said it's irritating when students in different majors say they have harder capstone classes.

"It's all relative," Fry said. "Something that seems simple to you might hold more weight [for someone else] because it's their capstone."

However, I'm not totally unreasonable. I understand that complaining about capstone is a necessary cathartic release. However, there's a difference between groaning about your own project and degrading someone else's.

I've found that there is some strange belief that if you enjoy your capstone, that somehow makes it easy. Just because I enjoy meeting with my capstone class twice a week doesn't make preparing a 25-page essay and a presentation for the entire English department easy. It makes it more enjoyable. See the difference?

As senior finance major Zach Blakeslee pointed out, the ease of a capstone course is based solely on the person taking it.

"I don't really care [about capstone shaming]," Blakeslee said. "I just know they're cramming because they probably didn't do enough research. I've done all the work."

So the next time you think you're the only one up late feverishly writing an extra page or scouring through journal articles, remember: you're not alone.



THE MOORING MAST

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Corrections

April 3 Issue

Zachary Boyle wrote the article "Sexual Anatomy should be discussed not hushed," his by line was not present.

Realize the real cost of K-Cups

HALEIGH MISSILDINE
Guest Writer

K-Cups are small, single-serve coffee pods that people can use in their Keurig coffee makers. Keurig also makes them for tea and hot chocolate for those who don't drink coffee or want something different. Instead of brewing a whole pot of coffee, people can brew only enough coffee for a single cup.

The invention of K-Cups may be convenient, but it is not good for the environment.

Inventor and founder of Keurig K-Cups, John Sylvan, is not only upset about selling his share of the Keurig company for far less than it's now worth, but he's upset about the environmental implications of this product that is increasing in popularity.

New York Times journalist Murray Carpenter reported on the environmental concerns about K-Cups in 2010, but the issue didn't become

widespread until its inventor told *The Atlantic* that he didn't even own one. He even said that drip coffee is just as easy to make.

By 2014, enough K-Cups were sold that they would circle the globe 10 and a half times if they were placed end-to-end, according to a viral video titled "Kill the K-Cup."

Pacific Lutheran University sophomore Ashley Connors mostly uses a My K-Cup, which is a reusable version of the original.

"[K-Cups] are terrible for the environment, because they're very rarely recyclable or compostable," Connors said. "That's why I use the reusable one most of the time."

PLU environmental studies chair Kevin O'Brien

appreciates the convenience of Keurigs but fears the environmental cost.

"I hope that we can get better at carefully thinking about the full costs not only of K-Cups, but of every disposable and mass-produced item in our lives," O'Brien said.

Green Mountain Coffee Roasters, the company who makes K-cups, said it plans to design a recyclable K-Cup. This organization said it hopes that each pack will be 100 percent recyclable by 2020, according to their website.

Until Green Mountain Coffee Roasters comes out with a fully recyclable K-Cup, students who want to help the environment should buy reusable K-Cups or brew drip coffee instead.

"The invention of K-Cups may be convenient, but it is not good for the environment.."

Study Break

CLASSIFIEDS

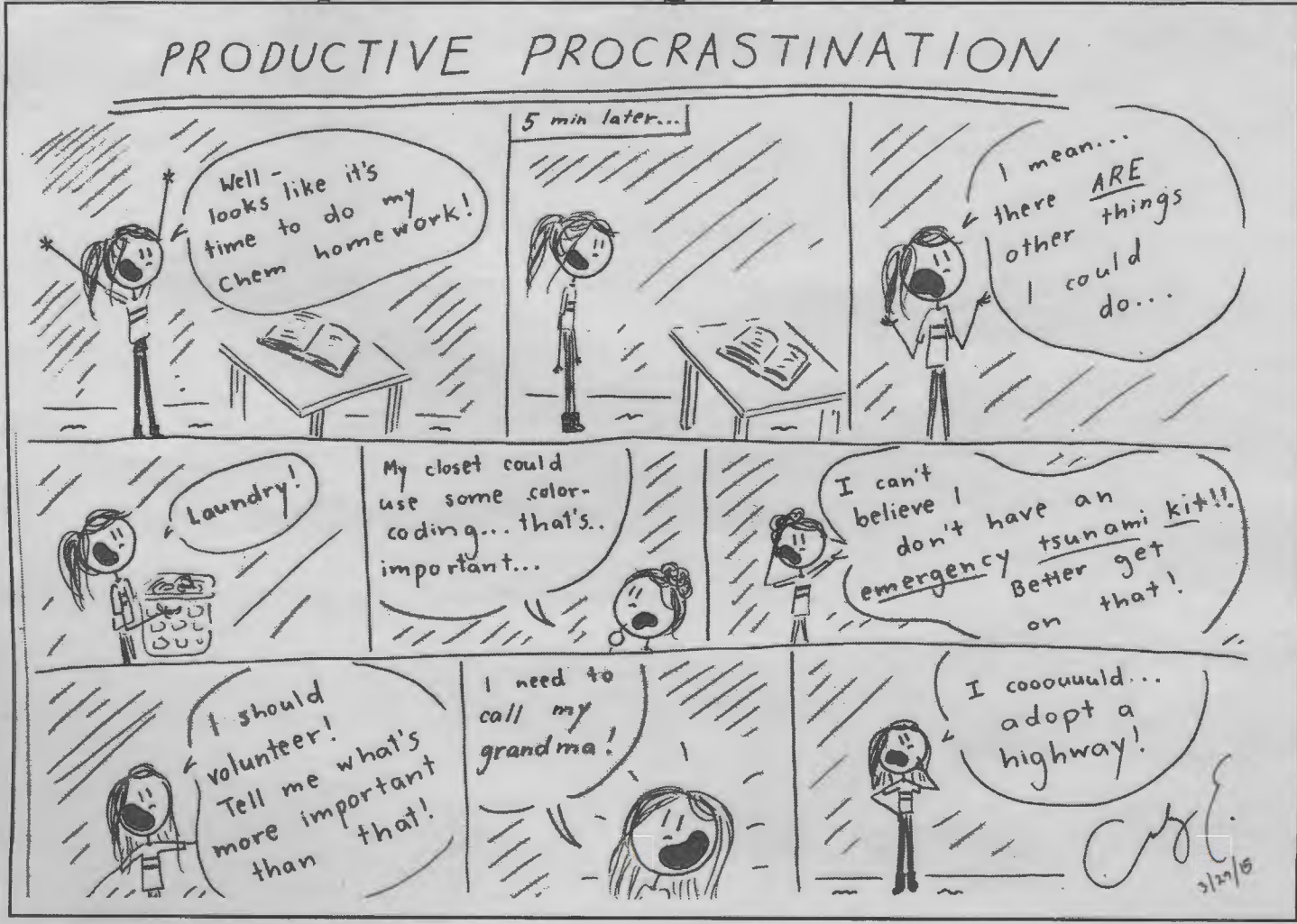
HOUSE for rent 1 block from Mortvedt Library! 4 bedrooms. We require group of four students. \$1600 month. (\$400 room). Two bathrooms, two refrigerators, washer/dryer. Lease June 2015 - June 2016. Okay to sublease. Rental Application required. New flooring. More info at: <http://plurental.homestead.com/>

JOB OPENINGS

The Editor-in-Chief position is open for next year as well as other leadership positions within Student Media. Everyone is encouraged to apply!

Visit
<http://www.plu.edu/studentmedia/apply/>
for more details.

Little Carly Goes to College by Carly Stauffer



Life Hacks

For an easy way to meet page length requirements, change the font size of your periods to 14 pt.

SPORTS SCOREBOARD

Baseball

TEAM	WINS	LOSSES	CONFERENCE
Pacific Lutheran	20	8	12-6
Puget Sound	15	15	13-8
Linfield	21	9	11-7
Whitworth	20	11	11-7
George Fox	14	18	10-8
Willamette	18	12	10-11
Pacific	13	16	8-10
Whitman	6	22	5-13
Lewis & Clark	7	26	4-14

Next Game

Doubleheader: April 11 @ 12 p.m. & 3 p.m. @ UPS



@



Softball

TEAM	WINS	LOSSES	CONFERENCE
Whitworth	25	7	16-4
George Fox	24	8	14-6
Pacific	24	10	14-6
Linfield	23	9	12-8
Pacific Lutheran	17	15	10-10
Willamette	11	19	8-12
Lewis & Clark	8	23	5-15
Puget Sound	4	28	1-19

Next Game

Doubleheader: Tomorrow 12 p.m. & 2 p.m. vs. Pacific



VS.



Men's Tennis

TEAM	WINS	LOSSES	CONFERENCE
Whitman	14	5	8-0
Pacific	11	4	7-1
George Fox	11	6	6-3
Lewis & Clark	7	6	6-3
Willamette	3	10	3-4
Whitworth	3	9	3-5
Pacific Lutheran	3	11	3-5
Linfield	1	9	1-7
Puget Sound	1	9	0-9

Next Match

Tomorrow: 1 p.m. vs Linfield



VS.



Women's Tennis

TEAM	WINS	LOSSES	CONFERENCE
Lewis & Clark	11	5	8-0
Whitman	13	3	8-1
Linfield	11	4	6-2
Whitworth	7	7	6-4
George Fox	9	7	5-4
Pacific	6	6	2-6
Pacific Lutheran	5	8	2-7
Puget Sound	2	13	1-7
Willamette	2	8	1-8

Next Match

Tomorrow 1 p.m. @ Linfield



@



Men's Golf

Olympic Invite Top 6

TEAM	RANK	PAR	TOTAL
Olympic CC	1	+23	599
Bellevue College	2	+31	607
Spokane CC	3	+35	611
Fraser Valley	4	+41	617
Saint Martin's	5	+46	622
Pacific Lutheran	6	+53	629

Next Tournament

Tomorrow: Spring Classic @ Olympia Country & Golf Club



@



PHOTO COURTESY OF OLYMPIA COUNTRY & GOLF CLUB

Women's Golf

Whitman Easter Classic

TEAM	RANK	PAR	TOTAL
Whitman	1	+58	634
Lewis & Clark St.	2	+79	655
Whitworth	3	+86	662
Lewis & Clark	4	+101	677
Pacific Lutheran	5	+103	679
UPS	6	+204	780

Next Tournament

Tomorrow: Northwest Spring Classic @ Lake Spanaway Golf Course



@



PHOTO COURTESY OF LAKE SPANAWAY GOLF COURSE

SPORTS SCOREBOARD

Men's Track & Field

Shotwell Invitational Top 8

TEAM	RANK	SCORE
W. Washington	1	139
Saint Martin's	2	86
Pacific Lutheran	3	59.50
C. Washington	4	53.50
Seattle Pacific	5	50
Puget Sound	6	40.50
Trinity Lutheran	7	37
Mt. Hood CC	8	36

Next Meet

Tomorrow: Pacific Luau Meet @ Forest Grove, Ore.

Women's Track & Field

Shotwell Invitational Top 8

TEAM	RANK	SCORE
Seattle Pacific	1	129
W. Washington	2	127
C. Washington	3	124
Mt. Hood CC	4	64
Saint Martin's	5	51
Pacific Lutheran	6	41
Puget Sound	7	39
Everett CC	8	27

Next Meet

Tomorrow: Pacific Luau Meet @ Forest Grove, Ore.



For event recaps of each game, go to **golutes.com**

The official website for PLU Athletics

PHOTO COURTESY OF GOLUTES.COM

Photo recaps for this week



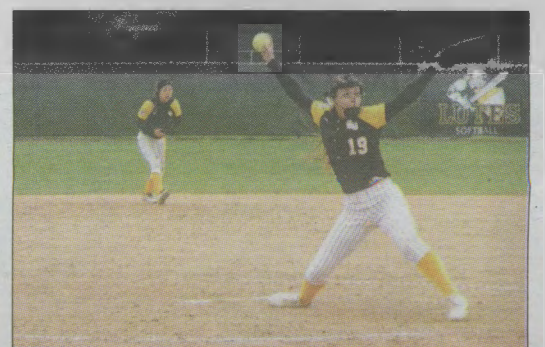
LEFT: Junior pitcher Ty Donahou winds up to throw a pitch against UPS March 31.



LEFT: Sophomore Sam Stader focuses in on a ball against UPS April 4.



RIGHT: Three Lutes get ready to start a race April 4 at the Shotwell Invitational.



RIGHT: First-year pitcher Makayla Bentz get ready to toss a ball against Willamette April 3.

PHOTO COURTESY OF GOLUTES.COM

Hilliker's Highlights:

Division III is the place to be

Austin Hilliker
Sports Editor

From the high school standout, to the C team benchwarmer, there's a place for everyone to play. Not everyone has the talent to play at the highest level of sports, Division I.

An even smaller percentage will move on to the professional world of sports. But for some of us, making money in front of thousands of fans isn't the dream. Some of us want to put academics first and put athletics second. Division III offers that exact experience.

Being able to participate in sports is a privilege. The opportunity is something that only a select group of people get to experience and without it, sport fanatics and athletes would feel an everlasting void within themselves.

Luckily, Division III can fill any such void. With a strong emphasis on academics and an equally strong passion for athletics, Division III is the best place for any athlete to play.

Division III is equally as competitive as any other division across the nation. It offers a different experience than other levels within the NCAA.

According to Shmoop.com, a site that deals with finding the best college for its visitors, "Division III does not have the same prestige or level of competition that Division I or II have. Though Division III athletes are still committed to their programs, they tend to lead more well-rounded lives than athletes at the other two levels."

Living a pleasing and fulfilling life is something that only this level can offer. Many athletes are very grateful for the experience. Whether it be academics, athletics, or just everyday life, Division III has a place for everyone.

"I was able to compete at a highly competitive level without having to put my academics second," said senior and former volleyball player Allison Wood. "My coaches and professors were extremely supportive of me being successful on the court and in the classroom."

It's not every day that you can get professors and athletic coaches on the same side. It's hard to match up schedules for each, thus creating a hectic experience for the athlete. Division III professors and coaches understand that most athletes came to this division of the NCAA to play sports and get an equally important education.

When it comes down to the reality of it, some of us just didn't get recruited to play at the highest level.

"I choose Division III because I wasn't a Division I caliber player and Division III gave me a chance to keep playing football, while at the same time offering better academic programs than a lot of bigger schools," said senior football offensive lineman Matthew Baker.

Division III gives its students everything they want and more. It gives students a chance to compete at a high level in athletics, a chance to gain a rewarding education and the opportunity to live a well-formed overall life. This level in the NCAA has it all.

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The more sports the better: being a well-rounded athlete

Steven McGrain
Sports Writer

Kids these days need to strive to become a well-rounded athlete, focusing on multiple sports and not limiting themselves to just one position or sport.

Many children grow up with the sole focus

of playing primarily one position in one sport. But are they still considered an athlete or is this specific aspiration detrimental to their development?

Through the years I have learned to define what an athlete is. The definition is a person who plays multiple sports and is capable of playing them at

a certain level. According to this description, a young boy growing up with the intent to become the next best quarterback is not considered an athlete, because he is limiting himself to one position in a sport.

At a certain age, it is acceptable to have a child focus on a specific sport, but doing so for their entire adolescence is only hindering their athletic ability.

Having a young girl play soccer, then basketball in the winter and then softball or track in the spring can only propel her in the long run.

For a male, playing certain positions in football can make you understand the game even better. In my opinion, the best offensive position in football is tight end. The coordination of

being able to block a certain defender, maintaining body control and even running a pass pattern.

There are examples of dual-sport athletes and even triple-sport athlete in college. The greatest athlete of all-time is Bo Jackson who played baseball and football at Auburn University. He was a Heisman trophy winner and an All-Star in both baseball, as well as football. Jackson went on to play professional baseball for the Kansas City Royals, which was his main love. He played running back in the National Football League for the Los Angeles Raiders, but considered this profession a hobby.

On the contrary, Todd Marinovich was an aspiring quarterback, but became burnt out by the sport and his over-powering father. Once considered, "Robo



Being a well-rounded athlete can propel you into playing your sport at the highest level, Division I.

PHOTO COURTESY OF CREATIVE COMMONS

QB," his father kept him focused on football and at a young age he was destined to become a great quarterback. He trained, ate, and slept coverages because his father would not let him think otherwise. Ultimately, Marinovich went to University of Southern California and has drafted by the L.A. Raiders, but became burnt out due to expectations and a desire for a sense of peace. They are called

professional athletes for a reason, many of them grew up playing multiple sports. First get them away from the television screens, then have them find a passion on every field and court available.

Being capable of playing multiple positions is a massive advantage, whether it be in high school, college or even professional sports.



Kids that learn to play to multiple sports at a young age tend to become more well-rounded athletes.

PHOTO COURTESY OF CREATIVE COMMONS

A mission for success



PHOTO COURTESY OF GOLITES.COM
PLU's mission statement is used to aid men and women for success at this private institution.

Stephanie Compton
Guest Writer

Everyone knows that Pacific Lutheran University Student Life has a mission statement. It is used frequently and illustrates everything PLU Student Life stands for.

But one thing that most people don't know is that in addition to the Student Life mission statement, PLU athletics has one of its own.

According to the PLU mission statement, "the Pacific Lutheran Athletics Department is dedicated to providing a broad-based, quality program and experience for men and women who strive to achieve academic and athletic excellence within the Northwest Conference as well as regional and national levels."

This statement encompasses what division III sports is all about, creating an experience.

At the Division III level, PLU is not looking to profit off of the attendance of athletic events. PLU looks to give each and every one of the athletes and students at PLU an experience that they will never forget. This is the last time and place that most PLU athletes will competitively play their sport. Win or lose, it is the experience that matters.

While some athletes might go on to win national championships, like the 2012 women's softball team, the biggest thing PLU gives to its athletes is four years of the greatest time of their life.

The second biggest thing that PLU gives to its athletes is an education. There are no scholarships for athletes at the Division III level, so every athlete at PLU is here with the main goal of getting the best education available. The support that is given to athletes to ensure that they get that education shows just how important it is. If PLU was just out to make money off of their athletes the support would be minimal.

In many Division I athletic programs, the education of the student athlete is not as important as the monetary gain that they give to the school. Many programs only have student athletes for a few years before they go on to professional careers so their GPA and overall education is unimportant. But here, at PLU, the diploma of the student athletes is the ultimate goal.

PLU Hebrew Idol Invites You:
TO THE LIVE GRAND FINALE

PLU Hebrew Idol

THURSDAY APRIL 16
Watch Signs & Wonders!
6:00pm Karen Hille Philips Center

Standout Lutes this week...



PHOTO COURTESY OF GOLITES.COM

Sophomore Megan Beyers def. Tamara Runnicles 6-1, 6-0 against UPS @ Sprinker Recreation Center.



PHOTO COURTESY OF GOLITES.COM

Sophomore Desirae Haselwood scored an 84 last Friday and an 81 on Saturday to tie for eighth in the individual leader boards at Whitman Easter Classic.



PHOTO COURTESY OF GOLITES.COM

Senior Tevon Stephens-Brown threw 15.4 meters (50-6.25ft) in the shot put at the Shotwell Invitational.