

Columnist offers tips to save money and the environment.

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Softball determined to beat odds, go to NWC competition.

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THE MOORING MAST

PACIFIC LUTHERAN UNIVERSITY

APRIL 20, 2012

www.plu.edu/mast

VOLUME 88 NO. 18



ROTC stands in formation while President Anderson thanks them for the farewell. The farewell to President Anderson took place in Olson Gym at 7 a.m. Wednesday.

PHOTO BY EMILY LITTERER

Lutes give Andersons farewell salute

Campus ROTC program honors president as his final year comes to a close

Amelia Heath
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As the end of spring semester comes near, some campus organizations prepare for the end of Loren Anderson's legacy as Pacific Lutheran University president. PLU's Army ROTC battalion fell into formation immediately following their Wednesday morning physical

training to honor president Anderson for their support of the program. Human Resources technician Bob Rahal came up with the idea last month to thank president Anderson for supporting the PLU ROTC program. "He's always been - him and the Provost - have alternated every year at our commissioning ceremony since I've been here," Rahal said.

PLU gained its ROTC program in 1991. Since then, the university has commissioned 348 2nd lieutenants and will commission 22 more next month at the Mary Baker Russel Music Center. Professor of military science Lt. Col. Jason Shrader brought Anderson and his wife, Mary, onto the Olson auditorium stage in front of the 114-cadet battalion. Shrader presented Mary Anderson with a bouquet of

flowers and gave president Anderson this year's Army ROTC t-shirt, a plaque and an Army ROTC coin. Anderson spoke briefly to the battalion after receiving his gifts. "The military of our country has been asked to take on new and different, more challenging assignments than ever before, both in terms of fighting the war and in keeping peace," Anderson said, "and so I really admire your willingness to

step forward and take on that awesome leadership path for the future." Shrader credited Anderson as the founder of the PLU ROTC program. "He was instrumental in bringing it here and fostering the environment for it to succeed and be an excellent program," Shrader said. "It's hard to see him go but we know that he's laid the foundation for great leadership for years to come."

Pierce County programs support Campus Safety

Alison Haywood
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Pacific Lutheran students know to call Campus Safety when their safety and security are jeopardized, but who does Campus Safety call when a situation gets out of hand? The Pierce

County Sheriff's Department and Central Pierce Fire & Rescue both support Campus Safety when an occurrence exceeds Campus Safety's jurisdiction. The Sheriff's Department responds to crimes, theft and violence or threats of violence and provides additional resources, including investigative coverage of events. Central Pierce is

mostly called upon to respond to medical emergencies and fire alarms, although they also work with various organizations on campus to work on disaster preparedness. Pierce County Sheriff's Department A contract with the Sheriff's Department established Greg Premo's position. Premo is Director of Campus Safety

SEE PIERCE COUNTY PAGE 4

Psychology professors offer insight on women's mental health

Amanda Brasgalla
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Around thirty students gathered in Harstad's lounge last Wednesday to discuss women's mental health. Only one was male. Sponsored by several of the health programs on campus, the event featured lectures by

Professors Michelle Ceynar and Christina Graham of the Department of Psychology. Through the combined efforts of the Women's Center, the Health Center and Lutefit, the event focused on the resources available to help Pacific Lutheran Students. "We want to inform students about the basic

SEE HEALTH PAGE 3



A&E

Students bring international flavor to Dance 2012.

NEWS

PLU students to take part in national event to 'Stop Kony.'

FOCUS

Garfield restaurants, campus eateries under scrutiny by public health.

OPINION








Columnist criticizes expectations of women put on by media.

SPORTS

Ultimate teams on their way to conference, expected to go to nationals



WEATHER FORECAST

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
						
58 43	68 46	69 48	59 41	56 41	54 41	55 39



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The Mooring Mast and KCNS, the student television station, are excited to announce the merging of our two organizations in the upcoming school year. In this new partnership we will be able to provide better news coverage for students, especially online. This merger will also allow better opportunities to learn both multimedia reporting and print journalism. We look forward to this partnership and to better serve PLU.

PLU covers the night

Students organize independently to publicize KONY 2012 campaign

Nick Neely
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First-year Darien Upshaw organized a Kony 2012 event on his own. The event, Cover the Night, will take place at sunset on Red Square Friday at 7:30 p.m.

"I felt like this needed to happen," Upshaw said.

April 20 is the date of Cover the Night, according to the Invisible Children website. The Cover the Night event is dedicated to raising awareness about radical Ugandan warlord Joseph Kony and his enslaved child soldiers.

Kony kidnaps these children and forces them to

kill one another and their families. Kony has roughly 300-400 of these children, Upshaw said.

Students will congregate at Red Square and discuss the events taking place in Uganda as well as put up posters about Kony around campus.

"The reason we want such a big group there is because we want to talk about what's going on," Upshaw said.

Different organizations have suggested solutions to this problem. According to its video, the Invisible Children organization has sent representatives to discuss a peaceful resolution with Kony. The United Nations has also tried to intervene. However, Kony continues to

wage war with his captured children.

"A lot of people are discussing a military intervention, a lot of people are talking about funding," Upshaw said.

Invisible Children is an organization created to rescue and rehabilitate Kony's child soldiers by spreading awareness and gathering funds for the aid of these children. The movement started in 2002 and has recently resurged in popularity, Upshaw said.

This resurgence is due to a viral video created by Invisible Children's co-founder, Jason Russell.

"They're [the videos are] a powerful thing, and they're the way to go if you want any

kind of social movement to happen," Upshaw said.

This new video started the Kony 2012 part of the Invisible Children movement, which seeks to raise awareness and action regarding Kony.

The most powerful things about viral videos is that they are less time consuming to watch, making them more popular with younger people, Upshaw said.

"It makes it simpler, it makes it faster," Upshaw said.

Upshaw said the negativity following the initial Kony 2012 video was to be expected and even though there is controversy surrounding Russell, his video still did good for child soldiers in Uganda.

While the Invisible Children organization does visit schools to give presentations, they will not be attending the event at Red Square. Invisible Children visited PLU once before, Upshaw said.

Upshaw is not part of the on-campus Invisible Children club.

Senior Frank Roberts said he disagrees with the methods the Invisible Children organization's methods.

"Overall, I think it's [the KONY 2012 campaign] got very good intentions and it comes from a really good place. I just think it oversimplifies it."

News Editor Amelia Heath contributed to this article.



Evangelists evacuated from Red Square

Campus Safety and Information operations supervisor Brian Grossman (right) ordered Jody Raplee (left) and Jeremy King (center) to move off campus Monday afternoon when they showed up in Red Square with signs quoting the Bible. Raplee and King moved to Park Avenue, where they engaged in conversation with students, including first-year Army ROTC cadet Connor Rowell. Raplee served two tours in Iraq, from 2003-2004 and 2007-2009, in the Army as a forward observer. Upon returning to the United States, Raplee sought to spread the teachings of Jesus Christ, in particular the Sermon on the Mount. Raplee said he is not a member of any denomination, but fellowships at a Mennonite church in Rochester, Wash. Photo by Amelia Heath.

The Mooring Mast

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The views expressed in the editorials, columns and advertisements do not necessarily represent those of the PLU administration, faculty, students or The Mooring Mast staff.

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The Mooring Mast serves as an opportunity for discussion among students, faculty and community members. It encourages growth by acting as a learning lab for students who operate the publication, an educational venture and a service to the community. Our primary goal is to give readers the facts they need to form their own opinions.

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The Mooring Mast encourages letters to the editor. Letters must be submitted to mast@plu.edu by 5 p.m. the Tuesday before publication.

Letters without a name, phone number and class standing or title for verification will be discarded. Letters should be no longer than 500 words in length and typed.

The Mooring Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors.

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Alum 'queers' Martin Luther

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Two faculty and seven students gathered in the Regency Room Wednesday for a lunch with Mary Lowe, a 1986 Pacific Lutheran University alum and associate professor at Augsburg College in Minneapolis, Minn.

The lunch consisted of casual conversation about gay and lesbian theology. Throughout the conversation, Lowe cited various stories in the Bible which some theologians have

said to be stories depicting homosexual relationships, emphasizing the importance of context.

Lowe said she could not determine for certain whether these relationships were or were not in fact of a sexual nature, but did concede that they certainly appeared to be "unusual" or "special" alliances and relationships.

Another aspect of gay and lesbian theology discussed was the use of religious texts against women and the GLBT community. Religion, she said, has been the number-one tool of oppression.

Later Wednesday evening,

Lowe followed up with a lecture entitled "Queering Martin Luther."

Lowe's lecture used the word "queer" as a verb, meaning, "to question from a queer perspective." The lecture encouraged students to "queer" the theology behind gender and sexuality, the doctrine of sin and power and specifically the power of the Church. Lowe split each section of the lecture with a question-and-answer session for students and faculty.

In the gender and sexuality portion of the lecture, Lowe criticized the concept of gender essentialism, which

limits humans to one of two sexualities: gay and straight. This concept, Lowe said, excludes other aspects of sexuality, such as bisexual, transgender and intersex.

The doctrine of sin, Lowe said, treats the human body as a sinful vessel and sex as a sinful action. Lowe suggested this be remedied by thinking of sin in terms of harming relationships, rather than an individual doing something wrong.

Lowe said many minority groups, including the LGBT community feel they have little or no power, not only in the Church but also in their communities

and government. Lowe encouraged her audience to look critically at every situation, asking who has power. She went on to encourage those who have power to give a voice to those who have less power and establish authentic relationships.

Lowe finished her presentation by reminding her audience that every person has power in some aspect of their life.

"I believe in God and I believe in God's loving presence in the world," Lowe said, "and I think that is a form of power that's in us and through us."

HEALTH CONTINUED FROM PAGE 1

knowledge of how their brains and bodies function," Women's Center Acting Director Jennifer Smith said.

The mental health presentation was the third in a series about overall health, which included discussions about vaginal and breast health.

"It gives students a good variety of health events, so that they can learn good physical and mental health in a fun environment," Smith said.

And fun it was. Before the presentation began, girls chatted amongst themselves and became acquainted with the organizers of the event.

A raffle took place, allowing three students to win prizes, including a gift certificate for a massage.

"I think it's important to be able to mingle with professors and faculty," Graham said. "It helps students get to know the community and who's there."

Graham and Ceynar delivered presentations at the event and answered students' questions. Ceynar's presentation described society's "great brain hunt" and how people create mental differences between the sexes.

Ceynar said in her presentation that scientists in the last century have tried

to prove that males are the smarter sex. Research has proved this false, but has determined men's brains are more specialized and women's brains allow for more collaboration between hemispheres. As Ceynar

"We want to inform students about the basic knowledge of how their brains and bodies function."

Jennifer Warwick
Women's Center Acting Director

points out, though, experience matters in intelligence and does not depend fully on gender.

First-years Asia Wolfe and Amanda Seely said they found this part of the presentation fascinating.

"I thought the research on the brain was interesting, especially how the cultivated abilities thought to be gender specific are not," Wolfe said.

As they discussed further, Seeley came to the conclusion that "the brain's just a brain" and nothing more.

Graham and Ceynar said in their presentations that women suffer alternate reactions to stress, especially

during college years. Part of this reason comes from "rumination" or what Graham describes as "vomiting in your brain." Rumination is constantly thinking about something, which women attest to doing quite often. This makes them more susceptible to mental disorders such as anorexia, bulimia and anxiety disorders.

The Women's Center, Counseling Center and Health Center are all available for students suffering from these and other mental disorders.

"People need to know what they can do to bolster mental health and make it a priority," Graham said.

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PIERCE COUNTY CONTINUED FROM PAGE 1

A contract with the Sheriff's Department established Greg Premo's position. Premo is Director of Campus Safety as well as a sergeant at the Sheriff's Department. "I kind of act as the liaison between Campus Safety and the Sheriff's Department, as well as providing some of that experience and expertise in the law enforcement side," Premo said.

And experience does he have. Premo has almost 18 years' experience in law enforcement. He has worked as a patrol officer, canine handler, civil unit deputy, in the marine services unit, and was promoted to Sergeant in 2007. His most recent vocation is Director of Campus Safety at PLU.

Premo said the main role of Campus Safety is to be the first responders to

an incident on campus. If an incident involves threats of violence, then they need to call in law enforcement, and if it involves a student policy violation, they file a report to send to Student Conduct.

Campus Safety does not have any jurisdiction off-campus and advises students to call 911 in case of an emergency.

Premo is also the point of contact for emergency respondents when an incident is happening near campus. That's how he found out about the gunman on Wheeler street last September, which prompted him to instigate a campus-wide lockdown. "That's another one of my goals, is to kind of be the eyes and ears of the university for issues that are happening around the campus, not necessarily on

the campus," Premo said.

Although they are not officially contracted with Campus Safety, Pierce County Fire & Rescue also lends support when emergency situations arise.

Emergency Programs Manager Jennifer Wamboldt said PLU had to work very closely with the fire department when a small fire broke out in Morken last year. "We had to launch a response, Central Pierce responded, we had to take care of our staff ... We have to manage our aspects of it," Wamboldt said.

When asked what sort of situations Central Pierce responded to, Wamboldt said "anything that affects peoples' lives, really," citing medical emergencies, fires and hazardous waste containment. "You name it, there's all kinds of possibilities," she said.

Wamboldt emphasized the importance of collaboration between organizations when preparing for emergency response. She said there will be a training session June 5 between various law enforcement and emergency response agencies to allow them to practice their procedures. "Because we are training together, we're planning together, we're exercising together, when something really does happen, it enables us to kind of just mesh and fold right into each other," she said. "It makes us more effective."

Wamboldt said one of Central Pierce's regular PLU-related duties was responding to the annual fire drill. She said despite the drill's routine nature, she still learned something every year. "It's always a learning process," she said.



PLU students 'Give Blood, Save Lives'

First-time donor junior Colin Mischel donates blood during Cascade Regional Blood Service's blood drive at PLU April 17. "I've never done it before," Mischel said, "but I'm excited." Photo by Igor Strupinskiy.

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PLU students dance the night away

Annual production celebrates importance of dance

Kelsey Hilmes

A&E REPORTER

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Dance ensemble is back and stronger than ever.

Dance 2012 takes the stage as this year's annual dance showcase, combining the PLU dance team, step team and a variety of dancers from the Pacific Lutheran community.

Directed by Associate Professor of Dance Maureen McGill, the production features 13 performances, ten of which are choreographed by students, and runs Friday and Saturday in the Eastvold auditorium.

"It truly is a student production," McGill said. "The students are mature, creative performers with lots of talent."

After auditioning during the first week of spring semester, 64 students were selected to dance in the production. McGill said Dance Ensemble is one of the most highly attended events on campus each year after the Christmas concerts.

Students have incorporated diverse range of dance styles, including jazz, classical, hip-hop and Celtic into the production. Students have merged a variety of influences and interests into their choreography.

Two pieces by first-year choreographer Avalon Ragoonanan feature traditional Trinidadian dance. He will perform a solo dance co-choreographed by Sharon Pierre about slavery and a group piece featuring traditional Trinidadian costumes.

"This is my first year and I wanted to bring



PHOTO BY EMILY LITTERER

Students perform a contemporary piece choreographed by senior Olivia Hustoft during rehearsals for Dance 2012, which will run Friday and Saturday in Eastvold at 7:30 p.m.

something new to the table," Ragoonanan said. "So I wanted to bring something from home and see how people react to it."

Senior Olivia Hustoft choreographed a piece incorporating American Sign Language. In addition, first-year transfer student Jasmine Wright choreographed a piece based on *The Passion of the Christ* while choreographer senior Kelsey Serier created a jazz routine to Adele's "Rumor Has It."

Performers said they see Dance 2012 as an opportunity

to share their art with their fellow students.

"I would like the audience to realize that dance has a presence at PLU," Serier said. "There are some really talented people here."

The production celebrates dancers on campus and the importance of dance at PLU.

"I think a lot of dancers who come here don't have time to continue their formal training because they have school, so this is a way that they can kind of have an outlet for creativity," Wright said. "I didn't realize how

many people were dancers until I saw everyone here [at rehearsal]."

This will be the last production on Eastvold's main stage before the building undergoes renovation. McGill choreographed the finale entitled "Disco Lives." This montage of '70s music will commemorate Eastvold and the building's upcoming transformation.

Tickets cost \$5 for students and staff and \$8 for general admission. They are available at the PLU concierge desk or at the door.

Hebrew Idol takes the stage

Jessica Trondsen

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A panel of judges chose a winner for this year's Hebrew Idol video competition during the live finale event Thursday in Chris Knutsen Hall.

The top-three submissions to choose from were "Joe Nalone and the Muggles Potion," "Anything but Tammy" and "The Good Life."

Hebrew Idol is a video competition and presentation completed by students in professor Antonio Finitsis' Religion 211 course.

These students apply modern relevance to the Hebrew Bible by using interpretations of the text to write, act and film short videos.

Peers then vote online for their favorite videos. The top three videos are presented to a panel of judges during a live event, and one submission wins.

This is the fifth year of the event. Around 210 Lutes voted for their favorite video, Finitsis said.

Full coverage of Hebrew Idol will appear in the April 27 issue of The Mooring Mast, but the winner of Hebrew Idol will be announced online today at www.plu.edu/mast.

film review

Cabin in the Woods challenges horror movie genre, critic says

review



Reno Sorensen

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Acclaimed director of *Buffy the Vampire Slayer* and *Serenity* Joss Whedon's newest piece of cinematic gold, *The Cabin in the Woods*, tears through the horror movie genre with a rusty trowel, then keeps on hacking.

Long-time partners Whedon and producer and co-writer Drew Goddard pull off their usual dance of character development, genre bending and witty dialogue in a bloody romp through the woods that pokes fun at most of the well-known horror clichés. And, of

course, there's a twist.

The movie opens, not with camera panning through a spooky graveyard accompanied by off-kilter music, but with two smart-mouthed lab techs shooting the breeze over the water cooler.

Cut to five not-quite-stereotypical college students preparing to leave for some faceless relative's cabin for the weekend, and let the show begin. I'm calling it a show, because as the five arrive at the cabin, the aforementioned squints keep tabs on the kids using cameras set up throughout the getaway and surrounding woods.

I don't want to give anything else away. I can say Whedon and Goddard had the audience members in my theater laughing hysterically at lines delivered by the group's stoner in the movie's

I can say Whedon and Goddard had the audience members in my theater laughing hysterically ...

equivalent of the Scooby Doo gang, then watching from between their fingers as the tension built and viscera flew.

The film's five protagonists are shameless caricatures of traditional horror movie victims with a twist: The dumb blond is actually highly intelligent, the jock a sociology major, the nerd a little more built than typical cinematic mouth breathers, the innocent girl less than innocent and the stoner more heroic than one would expect.

Horror fans will notice references to creepy classics such as *The Evil Dead* and *Friday the Thirteenth*.

Whedon has said in interviews that one of his goals with *Cabin in the Woods* was to produce a quality thriller that criticizes what he thinks is a huge decline in the quality of the genre.

Whedon and Goddard meet this goal, providing a glimpse of the deeper, Lovecraftian monsters that lie beneath the clichés in a film that is simultaneously terrifying, hilarious and insightful.

Diehard horror fans owe it to the genre to give the piece a watch. Everyone else will just have to settle for a quality scare.

Harp Ensemble plucks a chord

Student harpists perform with local community handbells choir

Alison Haywood

A&E REPORTER
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While some Pacific Lutheran music ensembles are known worldwide, others are little known even to students here.

One such oft-overlooked, yet nonetheless talented group is the University Harp Ensemble. Founded in 2007, this group of five students comes together once a week to rehearse under the direction of Patricia Wooster, adjunct faculty member.

Wooster, who has been teaching at PLU since 1999, formed the Harp Ensemble in response to student demand.

"To be able to play with other harpists is really enjoyable for harpists because they all understand what the challenges are," Wooster said.

Members of the Harp Ensemble performed Sunday in Lagerquist Hall with the Chapel Ringers Handbell Choir opening. Harpists performed afterwards in chamber ensembles which included various combinations of the organ, strings, flute and voice.

"We really didn't have a harp ensemble performance tonight," Wooster said. "We had all different types of chamber music."

Harpist senior Tealah



PHOTO BY BEN QUINN

Sophomores Naomi Maxwell and Cassandra Reinbolt, members of the University Harp Ensemble, play alongside the Chapel Ringers Handbell Choir in a performance of the *American Folk Hymn Suite* by Dale Wood to a crowd of about 70 people in Lagerquist Sunday. At 80 lbs. and 6' tall, the harps are leaned while being played to better facilitate the use of its seven pedals that allow the harpist to change the key of the instrument.

Hill stressed the importance of harpists having the opportunity to play with other musicians to gain career skills.

"So many harpists start just playing by themselves, all the time, they only play solo,

because that's the opportunity that they have," Hill said, "so then they get here and it's this whole new skill set that is alien to them."

A harpist of 16 years, Hill said, although she had experienced performing with

ensembles like this before, it was a big deal for some students.

Wooster is involved in the American Harp Society and World Harp Congress and is a former president of both organizations. Hill became

acquainted with Wooster while Wooster was directing the South Sound Strings harp ensemble, which Hill joined.

"That's really how I ended up at PLU," Hill said. "I don't think I would be here if she [Wooster] wasn't here."



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Sun: 12:05, 4:45, 6:50, 9:10
Tues, Thurs: 4:45, 9:10

Iiro Dreams of Sushi (PG)

Fri, Tues-Thurs: 1:45, 3:45, 6:15, 8:15
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Burning Sensation takes the heat

Culinary Week starts off with Commons on Fire competition

Amanda Brasgalla

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Team Burning Sensation toasted the competition in Pacific Lutheran University's fifth Commons on Fire competition Sunday, earning the gold medal.

Put on by PLU's Dining and Culinary Services, the competition gave three teams two hours to create a delectable appetizer and entrée with 12 surprise ingredients. Teams consisted of Commons chefs, PLU students and one faculty member. The event started PLU's Culinary Week, which focuses on bringing the importance of cuisine into the minds of students.

"It builds awareness about how fun and interesting cooking is," Director of Dining and Culinary Services Erin McGinnis said. "Commons on Fire is an educational event that we can show what we know."

McGinnis helped start the competition five years ago and said she loves that students are starting to get excited about food on an every day basis.

The Commons' Sous Chefs Doug Hinners and Erick Swenson know this excitement about food well.

"Dining and Culinary Services really prospers the food geek," Swenson said. "And in professional competitions, the amount of learning that takes place is tremendous."

Commons on Fire is based on professional competitions, but to some foodies, it may resemble *Iron Chef America* or *Chopped* on the Food Network Channel.

But Hinners thinks that Commons on Fire diverges from the TV shows in cuisine quality.

"It is little less like rushing and more like cooking," Hinners said.

PLU students, staff and family members watched in awe as chefs sliced, diced, fried and created delicacies with the twelve surprise ingredients. Some of the most interesting ingredients included Alaskan Turbot (a type of flatfish), Gjetost cheese (a Norwegian caramelized cheese) and sea salt pumpkin seeds.

"Each year I am absolutely blown away by the creativity



PHOTOS BY IGOR STRUPINSKIY

TOP: The winning team cheers during Commons on Fire; PLU's version of Iron Chef, in the commons at 8 p.m. Sunday. Three teams of students, faculty and staff competed in the culinary competition, each having to make two meals and utilizing 12 given secret ingredients. **LEFT:** A contestant presents a meal during Commons on Fire. **RIGHT:** Junior Sara Stuart cuts a mango while competing in Commons on Fire.

and detail in the professionals," McGinnis said. "It's a great way for us to focus on food and that fun energy."

Observers said they felt that type of energy flow while watching the chefs.

"Each team had different dishes that were really diverse and interesting," sophomore Kailey McEvilly said. "It really looked like a tough competition."

Burning Sensation beat

out the two competing teams, Flying J and New Elegance with their dishes of curry turbot fish soup and rib eye with fermented black bean compound butter and gjetost caramelized potatoes. These

dishes also won the prize for best eye appeal as voted on by the audience.

With two prizes in tow, Burning Sensation truly smoked this year's Commons on Fire.

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UC CK EAST

INSIGHTS FROM PREVIOUS FULBRIGHT APPLICANTS

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RISKY BU

Emily Biggs
PHOTO EDITOR
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Dirty dining goes digital as public health records are available on the Internet for students, faculty and Parkland residents to look into. Since these records are more accessible than ever, *The Mooring Mast* decided to explore the opportunity and check up on the health history of Garfield Street restaurant and Pacific Lutheran University dining locations.

University Center

Approximately every three months, representatives from the Pierce County Health Department visit PLU Dining and Culinary Services and Garfield Street restaurants for routine health inspections.

The facilities department office for a variety of hazardous food contamination, employee health. The inspector point values for if raw meat is establishment re 35 points over violations before up inspection. PLU's Dining follow-up inspection nearly a dozen c



BUSINESSES: dining dangerously with public health citations

are subject to an inspection by health officials. Kitchens and serving areas are inspected for critical and low-risk factors such as potentially hazardous temperatures, protection from cross-contamination by hands, and demonstration of knowledge.

use a point value system, with higher scores for more egregious infractions. For example, if a counter is not thoroughly cleaned from surfaces, the establishment loses 15 points. If an establishment exceeds the maximum score, the facility is legally required to correct the violations. The inspector leaves and schedule a follow-up inspection.

Dining and Culinary Services has only incurred one citation since Jan. 7, 2010, despite being cited for critical violations.

"Although it's probably the topic that I like the least," said Erin McGinnis, director of Dining and Culinary Services, of food safety and cleanliness on campus, "it's probably the topic that is most important for all of us as employees of a university where we are feeding students day in and day out."

The UC's follow-up inspection occurred on March 7 after the commons failed its inspections with 75 points on Feb. 27. The university was cited for critical violations such as potentially hazardous food temperature and cross-contamination. The food establishment inspection report filed by inspectors commented that the "slicer in back prep area has meat (raw looking) food debris on it and appears to be only wiped down

after each use."

After the university fixed all the problems, inspectors were invited back to re-inspect facilities, which cost the university the standard fee of \$160.

"We do strive to put things in place, to have training in place, to be really rigid about having people get their health cards in time" McGinnis said about combating future citations.

McGinnis attributes being charged with simple citations such as "demonstration of knowledge," which includes food worker cards being current for all food workers, to a lack of common sense.

"It's really difficult to take basic knowledge of a food handler's permit and translate it into real life," McGinnis said. McGinnis said she hates seeing critical red violations come up on reports, because she strives for no violations to be present at the time of inspections. "Our reaction to it [violations] is what do we do to get it fixed?"

Making sure all employees follow proper protocol "is a little like herding cats," McGinnis said. "We have a lot of people and a lot of outlying units, but it is absolutely at the core of what we need to do to keep students safe."

McGinnis assures the PLU community that Dining and Culinary Services takes both high and low risk factors for food preparation and illness prevention "very, very seriously."

Farrelli's Wood Fire Pizza

Assistant Manager and ten-year Parkland resident Erik Trainer has been at Farrelli's during health inspections. Trainer described appropriate protocol when the health department visits as avoiding all health code violations such as making sure bleach buckets are changed out on time, food has time stamps, hands are washed, food is handled at the appropriate temperatures and all procedures are followed appropriately.

"When the health inspector comes in they will be really nit-picky about a lot of things" Trainer said.

Last July, Farrelli's was cited for chemicals, meaning that toxic substances should be properly identified, stored and used.

"We have two spots where we keep chemicals," Trainer said. Both locations are now kept safely away from food.

Farrelli's has also been cited for a violation about preventing contamination by hand, citing a lack of adequate hand washing facilities.

"At that time one of our sinks was out," Trainer said. "The hot water wasn't working."

Trainer said after the health department pointed out the violation, Farrelli's was required to fix it by a certain date and did.

Thermometers were also out of date when health inspectors showed up in December, and Farrelli's was cited for potentially hazardous food time and temperatures.

"A couple of our thermometers we had were the old-school ones with the meters, and those were actually not up to health code at all," Trainer said. Farrelli's promptly

removed the old thermometers the day of the inspection and immediately started to use digital thermometers instead.

"I wouldn't have any worries here, we really do the best we can," Trainer said of the health and food safety of Farrelli's. "I'd say that even though we have had certain issues in the past, every violation on here we have done better to improve upon."

Yummers 2 the 3rd Power

Co-owner Amber Seranno explained the critical violations of her cupcake bakery, Yummers 2 the 3rd Power. On Feb. 23, Yummers was cited for inadequate demonstration of knowledge and preventing contamination by hands. Seranno explained their bathroom sink was being fixed. Fortunately, Seranno said that there was another sink outside the door so "it wasn't an issue" despite the critical status of the citation.

Concerning a lack of demonstration of knowledge among staff, Seranno said "I wasn't here at the time when they said the owner should be present or whatever."

Seranno declined to comment on overall health and safety principles at Yummers.

Reyna's Mexican Restaurant

Felix Guzman, owner of Reyna's Mexican restaurant, has addressed all violations cited by the health department.

"Usually here we do not have a single problem," Guzman said. "The health department is very good with us. They check everything. Very nice."

When asked to address the critical violations such as stating consumer advisories on menus and providing adequate hand washing facilities, Guzman assured restaurant frequenters.

"We are working on that right now specifically to put that on the menu," Guzman said, adding that the laws have been changed recently, making Reyna's specify each item on the menu being identified with an asterisk advising against raw or under-cooked foods.

Concerning the hand washing facilities, Reyna's has six sinks for hand washing, all of which are fully functional currently.

"We clean daily, cleaning and mopping," Guzman said. "We try to do the best we can sanitizing and bleaching the stuff. We go over the rules, you know?"

Tea Leaf

The Chinese restaurant near campus had the most health code violations on Garfield.

Jeannie Sung, manager of Tea Leaf restaurant, had little to say about the ten critical citations during the past two years. "I'm not really sure about the codes and what those mean," Sung said.

One citation out of the norm on Garfield Street and PLU is the health department citing a risk of approved sources and unadulterated food, which means that food is in good condition, safe and unadulterated with only approved additives.

"I wasn't here when the food inspector came in. As far as like moldy food is concerned, I don't think so," Sung said. "I actually have no idea."

Sung also said that all food from the restaurant is made from scratch, including appetizer items such as soup.

"The soup is made ahead of time and it's one of the few foods that come out really quickly," Sung said.

"I guess, whenever we get an order in we will make it and then we make a big pot so other customers that come in can get it right away."

"Maybe we just got caught at the wrong time."

Jeannie Sung
Tea Leaf manager

The soup will sit in the pot until it runs out, Sung said. "We don't make too much, maybe so like five tables can have some soup."

Citations regarding high-risk associated with cross-contamination concerns Sung. "You mean meats and vegetables being mixed in the raw state? Yeah, I don't know."

Tea Leaf was also cited for risk of chemicals and a lack of properly identified toxic substances, stored and used.

"I don't know if we have it [chemicals] close to the food," Sung said. "Maybe we just got caught at the wrong time."

Despite the numerous amounts of critical citations, "safety is a concern and it's something that we should take seriously," Sung said.

PHOTOS BY EMILY BIGGS



from the EDITOR

A shout-out to the dropouts

Editor acknowledges difficulties of college

Daniel Drake
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"Just do your best," my granddad used to tell me. "Nobody can ask more of you."

I was 23 years old in 2006, and I had just flunked my three-year bachelor's at Norway's University of Oslo. While others received their diploma and celebrated their victory with friends and family, I walked off campus to little fanfare.

Given how life changing it is to fail college, I think dropouts deserve a ceremony too.

The thought of failing to graduate may have haunted you several times as you

struggled with a final essay at 4 a.m. But chances are you'll never know what it feels like to actually fail college.

A surprising number of your peers know exactly what that feels like.

For every three students who enroll in a public university in Washington state, one of them fails to graduate within six years, according to Complete College America.

The same is true in Norway, where there is a 37 percent failure rate nationwide, according to Statistics Norway.

But while the graduates are treated as people, the rest of us are treated as statistics. Every year, analysts write about why some of us failed to complete all four years of

our degree. Nobody writes about all the work we did to make it through one year, or two, or three.

If we celebrate the hard work of those who graduate, why not celebrate that of those who don't?

This doesn't have to involve idolizing dropouts, which is what a lot of people choose to do in the face of stagnant failure rates. They like to name famous dropouts such as Facebook's Mark Zuckerberg, Apple's Steve Jobs and Microsoft's Bill Gates as reasons why you should drop out of college and do your own thing.

Those same people forget that Zuckerberg, Jobs and Gates were all accepted at elite universities such as Harvard and Reed before

The world doesn't end if you don't get it right the first time.

dropping out. They were pretty smart to begin with.

My own post-dropout fate was to work dead-end jobs for three years until I finally had an idea of what I really wanted to do with my life and decided to go back to school at Pacific Lutheran University.

Today, I am 27 years old, and in May I will be a graduate.

The world doesn't end if you don't get it right the first

time. If you've just realized you might not be graduating this year as planned, don't feel ashamed about the things you weren't able to do. Instead, congratulate yourself for all the things you've accomplished.

Maybe someday you'll go back to college halfway across the world and finish what you started.

No matter what you choose to do, just do your best. Nobody can ask more of you.



April 13 corrections

1. In the page 18 article "Throwers dominate," Jorgina Moore's quote was taken out of context. She is not the only female hammer thrower on the PLU track and field team, as was implied. The track and field team has two practices daily, and because of scheduling, she is at times the only female thrower at one of the practices.
2. The picture accompanying the page 18 article "Throwers dominate" is of Kyle Peart.

Media portrayal of women too critical, says columnist

Paula McFadden
OPINION COLUMNIST
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Recent controversies about the expectations of women show the media is not evolving in its treatment of women.

Ann Romney was criticized last week for "never working a day in her life," a comment that is a reflection of how women are treated in the media.

Hilary Rosen, a Democratic strategist, made the comment. Her point was that Romney is out of touch with what the U.S. needs.

Her reasoning: if Romney has never had a job, how can she be expected to relate to the issue of unemployment?

This statement is true, but

many people who currently hold political positions are out of touch with the needs of the majority of the U.S.

So why criticize Ann Romney?

Many political analysts believe women will be the swing vote in the 2012 Presidential Election.

This is the beginning of what will likely be a stream of criticisms of both Romney and Michelle Obama because women are their own harshest critics.

In response to Rosen's comment, Michelle Obama defended Romney in a tweet that said, "Every mother works hard, and every woman deserves to be respected."

Actress Ashley Judd was criticized recently for having a puffy face, and the immediate assumption was she had plastic surgery or gained weight. Judd said she had been taking steroid medication for a sinus infection, which caused her face to swell.

Judd's main critics were women. She said in an interview with TV Guide, "We are unable at times to identify ourselves as our own denigrating abusers, or as abusing other girls and women."

Images in the media and our ways of perceiving those images reinforce stereotypes and unrealistic expectations.

People like to categorize others to feel normal.

Even at Pacific Lutheran University, when the last three PLU presidential candidates were answering questions from the community, someone asked Patricia Krise about her plans for throwing parties at the Gonyea house.

Would that question have been asked if a woman had been picked as PLU's next president, and her husband was the one throwing the hypothetical parties? Ultimately, we are all individuals. What works for one person may not work for another.

If we let the media define who we are, then we are no better than genetically engineered robots that only fit into the box of what people expect us to be.

Paula McFadden is a junior at Pacific Lutheran University pursuing a degree in English with an emphasis in writing and minors in communication and publishing and printing arts. She lives on campus but calls Lakewood, Wash., home.



ASPLU names new goals

At the beginning of the term April 1, neither of us would have predicted what a time commitment changing ASPLU would be.

For the many students unaware of what we do, the Associated Students of Pacific Lutheran University is your student government here at PLU. What that means exactly has come to be a very difficult question to answer simply.

We are a group of students who, for a variety of reasons, help bring not only fun programs such as concerts, festivals, dances and other events to campus, but also work to ensure that student voices are represented in major campus decisions and policy changes.

When we took office this month, we had a goal to change the way ASPLU operates and to make it transparent and accessible, but most of all effective.

Since then, ASPLU has begun planning changes for next year, including but not limited to a complete restructuring of the Senate, the creation of a public relations director, adjustments to make it easier for student groups to receive funding for special projects and events

from the Senate, an increase in funding for appropriations to student clubs, the creation of unifying student creed or honor code and many other changes to the way ASPLU connects with students and conveys student views to faculty and staff.

With April already nearly gone, ASPLU is racing to implement these changes before the year comes to a close.

When you come back for the 2012-2013 school year, be on the lookout for new initiatives and ways to not only be involved with ASPLU, but to also use it as a resource.

While we want to continue bringing new programs and other entertainment to campus, we hope to reestablish what it means for ASPLU to be the voice of the student body.

As your executives for next year, both of us are excited to make ASPLU the best it can be for the student body, and, most importantly, to give students every opportunity to be a part of the process for years to come.

Ian Metz, ASPLU President
Taylor Astel, ASPLU Vice President

Wandering sole: *big world, small budget* Go green, save green

Jen Jepsen
GUEST TRAVEL COLUMNIST
jepsenjk@plu.edu



If there's one thing I've learned at Pacific Lutheran University, it's that sustainability can be applied to just about every aspect of life.

Applying the same ideas to travel can even let environmentally conscious students on a budget be greener in their adventures.

An easy way to think about it is to apply the same methodology of sustainability that we've become accustomed to using every day on campus: reduce, reuse, recycle.

Reduce

While it may not be possible to completely forgo air travel, lessening the number of flights you take can make a difference over time.

Choosing other methods of transportation, such as trains or carpooling, can decrease your carbon footprint by about half.

When traveling with a group, sharing a suitcase with a friend saves space and the cost of checking baggage, while reducing the amount of weight you bring onto the plane.

For those self-conscious about their impact on the environment, programs such as terrapass.com offer carbon offsets for air travel that help promote environmental causes across the globe.

Reuse

Thinking ahead can help you prepare for possible travels by putting aside everyday items that will be important for your trip.

Collecting small containers for toiletries instead of buying new sets or asking to borrow needed items from friends are all useful ways of reusing resources.

One of my favorite techniques is to use leftover grocery bags to organize segments of my suitcase, a useful double for dirty clothes on the way home as well.

Recycle

Recycling while traveling can be nearly impossible at times. Ask around about the

local recycling program. If there isn't one in use, consider holding on to recyclable waste until the opportunity to recycle becomes available.

Give Back

The opportunities to give back are as many as your creativity allows.

A cheap means of seeing new places is to offer your time as a volunteer in return for a place to stay.

The World Wide Opportunities on Organic Farms organization is a prime example that offers free room and board in return for work at organic farms.

Wwoof.org offers opportunities to personally give back to the environment while connecting with people all over the globe.

Sustainability is a lifestyle that can be applied to all aspects of daily life, even travel. With a bit of creativity, dedication and planning, you can make budget travel more environmentally friendly while saving yourself money in the process.

Jen Jepsen is a senior English major at Pacific Lutheran University officially diagnosed with a bad case of wanderlust. Aside from travel and photography, her pastimes include dancing, hiking, Bananagrams and being vegetarian.

Santorum jumps ship, GOP looks to Romney

Primaries foreshadow Nov.

Thomas Haines
OPINION COLUMNIST
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After briefly suspending his campaign for several days in the beginning of April to tend to his sick daughter, Rick Santorum made a shocking announcement: he was officially dropping out of the race for the Republican Party presidential nomination.

Notably absent from his announcement was an endorsement for any other nominee.

Even if Santorum had endorsed Newt Gingrich, the man in third place after Romney and Santorum respectively, Gingrich would still have less than half of the delegates.

Thus, bringing near certainty of Romney becoming the Republican Party presidential nominee.

With no major contenders left in the race, Romney can now turn his full attention toward trying to defeat Barack Obama in the November elections.

According to a press

release, "for Mitt Romney, this race has always been about defeating President Obama and getting Americans back to work."

However, this is not particularly true, though it may have been in the beginning of the race.

After Santorum won in Iowa and Gingrich won South Carolina earlier in the year, Romney turned toward his Republican Party rivals, taking away time he could have been using to tackle the presidential incumbent, Obama.

In this prolonged primary race, we saw attack ads along with very harsh criticism among the Republican Party candidates.

The primaries began in early January and will continue until June 26. Even with Santorum dropping out, it will be increasingly difficult for Romney to easily win the independent voters, who see disunity in the Republican Party.

Santorum has dropped out of the race and Romney has all but clinched the Republican Party nomination. However, we will have a long race to the presidency if it resembles anything of what we have seen of the Republican primaries.

Thomas Haines is a junior at Pacific Lutheran University studying history. He is the vice president of the PLU Democrats and secretary for the PLU Secular Student Alliance.

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COMMUNITY

There is still time to join the fight against cancer! PLU Relay For Life is April 27th-28th, so join a team at www.plu.relay.org get ready to have a fantastic time while helping a great cause.

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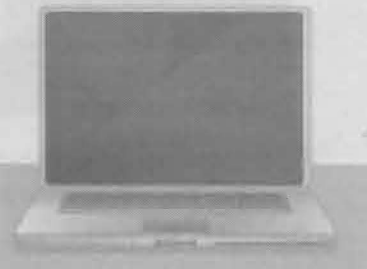
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Reign of terror: *Ultimate teams seek to continue postseason dominance, brace for tournaments at Corvallis, PLU*

Allie Hamilton
GUEST REPORTER
hamiltam@plu.edu

Both the men's and women's Ultimate teams, known as Reign, are expected to go to the USA Ultimate National Tournament this year to represent Pacific Lutheran University.

In order to make it there, both teams must place first or second in their respective conference tournaments April 20. The men will play in Corvallis, Ore. and the women will play at PLU on the Gonyea field.

The five teams in the men's conference tournament are PLU, Puget Sound, Lewis & Clark, Willamette and Reed.

Men's Reign is going into conference with positive attitudes.

"Puget Sound has a great team," men's coach Dave Hirotaka said. "We're hoping to meet them in the finals and come out on top."

"The guys are all good friends, they hang out all the time and that translates to the field."

Dave Hirotaka
ultimate coach

The men's team is currently ranked No. 15 in the nation for Division III Ultimate with a record of 7-4. The men's last appearance at Nationals was in 2009 when they took fifth place.

Since then, there have been ups and downs, but Hirotaka said he feels everything is starting to come together.

"The guys are all good friends. They hang out all the time and that translates to the field," Hirotaka said.

Hirotaka said the men are starting to recognize and utilize each other's strengths.

"We know what each other are capable of so we take advantages of mismatches," sophomore Ian Kinder-Pyle said.

With a strong program and a history of success, women's Reign is currently ranked No. 3 in the nation for Division III Ultimate. Reign had a winning season thus far, with a record of 16-9.

The women did well at their tournament in Texas over spring break. After winning their first three games, they were moved up to the Division II bracket, finishing 13th overall.

They hope to carry this momentum with them to the end of the season.

"This season, we've beat every team in our conference, so first is very possible," women's coach Katie Silveria said.

In the conference tournament, women's Reign



Senior Breanna Rae Nelson attempts to throw the disc past an opposing player at a meet in March at Puyallup.

PHOTO BY JUSTIN BUCHANAN

"It could go either way but we are going with confidence."

Katie Silveria
ultimate coach

will face Puget Sound, Lewis & Clark, Willamette and Whitman.

Whitman, who is currently ranked No. 4 nationally, could prove to be a challenge for the women.

"It could go either way, but we are going in with confidence," Silveria said.

If all continues according to plan, men's and women's Reign will head to the national tournament in Appleton, Wis. May 19-20.

Both programs are strong and continue to grow.

Hirotaka said he always encourages new people to come out. "We'll teach you how to play and we'll have a great time," he said.

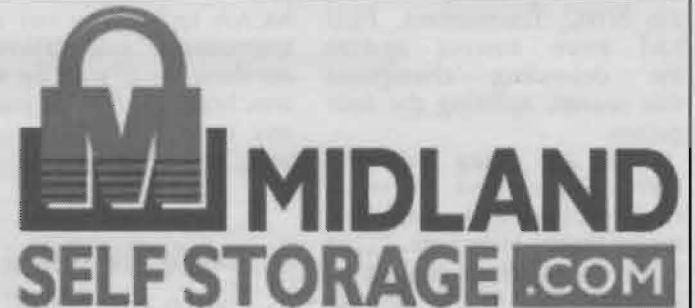
The women's team emphasizes having fun as well.

"I wasn't sure if I wanted to play, but when I met the girls they were so nice and welcoming that it felt like home," sophomore Cassidy Coulter said.

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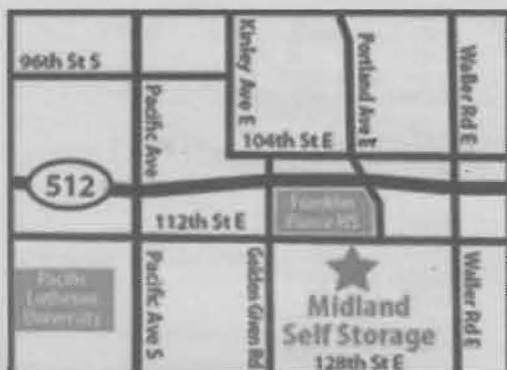
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SPORTS SCHEDULE

Baseball

Upcoming Games
Apr. 21 at L&C, noon
Apr. 21 at L&C, 3 p.m.

Previous Games

Win (10-6): Apr. 14 at George Fox
Win (8-2): Apr. 15 at George Fox

Softball

Upcoming Games
Apr. 21 at Willamette, 1:30 p.m.

Previous Games

Win (6-0): Apr. 15 vs. Puget Sound
Win (6-0): Apr. 15 vs. Puget Sound

Men's Lacrosse

Upcoming Games
Apr. 19 at Puget Sound, 7 p.m.
Apr. 22 at College of Idaho, noon

Previous Games

Loss (25-2): Apr. 14 at Whitman
Loss (14-8): Apr. 7 at Central Wash.

Men's Tennis

No Upcoming matches

Previous Matches

Win (5-4) Apr. 14 vs. Willamette
Loss (1-8) Apr. 13 vs. Willamette

Women's Tennis

No Upcoming matches

Previous Matches

Loss (1-8): Apr. 14 at Willamette
Loss (0-9) Apr. 13 vs. Pacific

Softball wants to top NWC competition

'We can beat any team that stands in our way'

Nathan Shoup
SPORTS REPORTER
shoupna@plu.edu

A No. 5 national ranking, a 34-10 overall record and a 24-4 conference record would win just about every regular season conference championship in the country.

Unfortunately for the Pacific Lutheran softball team, those credentials don't win the Northwest Conference.

The Lutes finished one game behind reigning national champion and current No. 1 nationally ranked Linfield. for the second year in a row.

The Lutes have secured the No. 2 seed in the NWC Tournament, which will be hosted by regular season champion Linfield Saturday and Sunday.

The Lutes won only one of six contests with Linfield last season and fell to the Wildcats in the championship series of the NWC Tournament. PLU had more success against the defending champions this season, splitting the four games.

"We are going into the NWC Tournament to win," said pitcher and outfielder senior Stacy Hagensen. "That is the only way we can get an automatic bid to the playoffs and not allow other people to control our destiny."

The NWC gets one automatic bid to the NCAA tournament. The bid goes to the champion of the NWC Tournament. An

at-large bid is also possible for a team that does not receive an automatic bid, but is deserving of an NCAA tournament appearance, which is decided by a selection committee.

Last season the Lutes did not receive an at-large bid. If unable to secure the automatic bid this weekend, they said they would feel better about receiving an at-large bid.

"We have put in a lot of work since not receiving an at-large bid last year in order to put ourselves in a position to earn the automatic bid or earn respect for the at-large bid," pitcher and infielder junior Kaaren Hatlen said.

Despite Linfield being the clear competition in the upcoming NWC Tournament, the Lutes are not looking past Willamette, the No. 3 seed and first round opponent.

"Each team can compete on any given day and each loss is one more reason for the NCAA to keep us out of the tournament," said Hatlen. "We are showing up with the will to win, knowing that we can beat any team that stands in our way."

"We are going into the NWC Tournament to win."

Stacy Hagensen senior, pitcher



PHOTO BY SHELBY DALY

Pitcher senior Stacy Hagensen watches as catcher junior Katie Lowery tags out an opposing player at the plate. Hagensen needs to continue playing well in order to defeat Linfield and Willamette in the NWC tournament. Hagensen is currently batting .391 and pitching with a 1.22 ERA.

SCORECARD

Baseball

as of 04/18/2012

NWC Standings:

Team	NWC	All
Pacific	14-4	17-14
Whitworth	13-5	20-13-1
Linfield	15-6	21-10
PLU	12-6	20-11
George Fox	12-9	16-18
Willamette	7-11	11-19
Puget Sound	5-13	9-23-1
Whitman	5-16	5-28
L&C	4-17	7-30

Batting Leaders:

Player	ABs	BA	OBP	SLG
B. Gates	135	.407	.477	.637
J. Iwakami	96	.354	.457	.479
E. Ottemiller	50	.300	.360	.400
D. Courcy	111	.351	.460	.396
R. Frost	72	.250	.412	.292

Pitching Leaders

Player	IP	ERA	SO	BB
C. Nilson	41.1	2.61	17	14
K. Godfrey	19	2.84	13	6
R. Frost	13	2.77	9	3

Softball

as of 04/18/2012

NWC Standings:

Team	NWC	All
Linfield	25-3	35-3
PLU	24-4	34-10
Willamette	19-9	20-13
George Fox	15-13	20-20
Whitworth	12-16	19-21
Pacific	11-17	13-23
L&C	3-25	5-33
Whitman	3-25	3-31

Batting Leaders:

Player	ABs	BA	OBP	SLG
K. Haatlen	116	.466	.582	.802
S. Hagensen	138	.391	.469	.572
M. Califano	120	.392	.413	.508
S. Hall	103	.379	.496	.573
A. Gran	62	.371	.429	.548

Pitching Leaders

Player	IP	ERA	SO	BB
S. Hagensen	143	1.22	97	14
L. Butters	65.1	2.57	23	15
K. Hatlen	69.2	3.01	37	24

Track and Field

as of 04/18/2012

NWC Standings:

Team	NWC	All
Whitworth	0-0	0-0
PLU	0-0	0-0
Puget Sound	0-0	0-0
L&C	0-0	0-0
Pacific	0-0	0-0
Linfield	0-0	0-0
Willamette	0-0	0-0
George Fox	0-0	0-0
Whitman	0-0	0-0

Men's Lacrosse

as of 04/18/2012

PNCLL Standings:

Team	DIV	All
Gonzaga	3-0	9-1
Whitman	2-1	5-2
W. Wash	2-1	11-6
C. Wash	1-2	3-10
Puget Sound	0-0	2-7
PLU	0-4	0-7

Men's Tennis

as of 04/18/2012

NWC Standings:

Team	NWC	All
Whitman	12-0	19-4
Pacific	11-1	13-5
George Fox	9-3	10-7
Whitworth	8-4	11-8
PLU	5-7	7-10
Willamette	3-9	3-13
L&C	2-10	3-11
Puget Sound	2-10	2-14
Linfield	2-10	2-17

Women's Tennis

as of 04/18/2012

NWC Standings:

Team	NWC	All
Linfield	12-0	12-4
Whitman	10-2	15-4
Whitworth	9-3	13-5
Puget Sound	6-6	8-9
Pacific	6-6	7-10
Willamette	5-7	7-9
George Fox	3-9	8-11
L&C	3-9	3-10
PLU	0-12	1-17

Track and field prepare for NWC Championship meet

SPORTS BRIEFS

Justin Buchanan
SPORTS EDITOR
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Youth to invade Olson field house April 28

The Pacific Lutheran athletic department is set to host its second annual Youth Sports Clinic April 28 from 9 a.m. to noon in the Olson Field House.

The event will cost \$5 per participant. The clinic will be available to children from first to sixth grade.

Each participant will receive a T-shirt, jump rope and bagged lunch.

Swimmers earn awards and set records

The men's and women's swim teams swam away with four team awards Tuesday.

Senior Chase Mesford and first-year Toni Castillo both earned the Most Valuable Lute awards. The golden flyer for greatest improvement was awarded to first-years Rachel Althaus and Alexander Dassoff.

Mesford also set the fastest Pacific Lutheran 50m freestyle time with a 21.31, beating the 1990 record of 21.46 set by Marc LeMaster.

Baseball still in playoff hunt after two weekend wins

Pacific Lutheran baseball won two of three games last weekend against the George Fox Bruins.

Saturday, the Lutes lost their first game 6-8 in 11 innings and won their second game 8-2. On Sunday, the Lutes won 10-6.

The Lutes improve to 20-11 overall and 12-6 in the NWC conference to stay alive to play in the postseason.

Men's tennis ends in fifth in Northwest Conference

The men's tennis team ended its season with a 5-4 victory against the Willamette Bearcats Saturday.

The Lutes swept all three of their double matches and took two of six of the singles matches.

They end their season in 5th place in the Northwest Conference with a 7-10 overall record and 5-7 in conference.

Women's tennis ends season with no conference wins

The women's tennis team ended its season with a 1-8 loss to Willamette Saturday.

First-years Allison McClure and Katherine Patton earned the Lutes' lone victory in their doubles match. They are the only players to have ended the 2012 season with a winning record.

This is the second season women's tennis end with a winless record in conference play. The women's tennis record is 1-17 overall.

Sam Horn
SPORTS REPORTER
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Standing 5'4", junior Katie Jahnsen will compete in the javelin, shot-put, hammer, discus and 100-meter dash in the conference championships Friday and Saturday.

"I ran long distance and pole vaulted in high school, Jahnsen said. "One day, I was late to practice, so I did a sprinter workout, and I found out I was the fastest sprinter on the team. I then

transitioned into a being a sprinter."

Jahnsen competed in the heptathlon last year in the conference championships, but this year by the strength and conditioning coach asked her to throw the discus, javelin, hammer and shotput.

"This season has been really good for me, as I think I have been improving a lot on the discus and hammer," Jahnsen said. "I'm excited to see what can happen this weekend."

Brandon Adam
GUEST REPORTER
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Sprinter and long jumper first-year Emanuel Sloan feels this is his best season.

"I'm just trying to place top eight at least," Sloan said. "In both sprints and long jump."

Sloan took a year off from running last year as a senior in high school but says his sprints have improved while running for Pacific Lutheran University.

"My times have improved drastically," Sloan

said. "I went from running an 11.50 to almost an 11.08."

Running coach Michael Wallard said he is hopeful for Sloan in conference.

"He's one of our top two sprinters," Wallard said.

Sloan said he appreciates the coaching under Wallard.

"We're really close," Sloan said "He [Wallard] has great expertise in the events that we do. He's a seasoned veteran so it's great to learn from him."

Allie Hamilton
GUEST REPORTER
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Expect to see sophomore thrower Sam Potter on the podium this weekend. Potter will compete in discus, shot put, and hammer.

Last year Potter placed second in discus and third in shot put in the NWC.

Discus is Potter's main event, where she has thrown 123'9".

Potter's main competitors are Jenae Martin from Whitworth and Anna LeBeaume from Linfield.

Martin's mark of 128'5" is currently the one to beat.

Potter is going into the meet with a positive attitude. "I'm pretty inconsistent right now but I've been practicing shot and disc everyday," Potter said. "I'm just going to do my best and we'll see."



PHOTO BY SHELBY DALY



PHOTO BY SHELBY DALY



PHOTO BY SHELBY DALY

Makenzie Landis
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Junior Jeffrey Tolman is the one to watch in the men's 110-meter hurdles at the Northwest Conference track and field meet this weekend.

"Jeff is looking to be in the top three in this year's conference," hurdles coach Michael Waller said.

Not only an excellent athlete, Tolman also has great character his teammates said.

"My favorite thing about Jeff is that he is very humble,

but a fierce competitor," track manager senior Becca Ford said.

This weekend marks the start of the Northwest Conference. Tolman will participate in the preliminary race Friday to see if he qualifies for the finals, which will be held on Saturday.

"Jeff is the most consistent hurdler," Waller said. "If he has a technically good race, he should do quite well."

PHOTO BY MAKENZIE LANDIS



Ground broken for new fields



PHOTO BY EMILY BIGGS

Members involved with funding and planning the new athletics fields break ground to mark the beginning of the project. There will be two all-purpose fields, one grass and one synthetic turf. The fields will help improve practice schedules and allow for night play. The fields are expected to be ready for play for the 2012 fall season.

NORDIC ECHOES
Nordic Film Series

Spring 2012:
Explore Scandinavia's
rich musical culture

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(*Höstsonaten*) (1978)

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