

Love is in the air

Men's Lacrosse beats conference rival University of Washington

Page 12

Inquiry classes challenge freshmen

BY STEPHANIE CHRISTOPHER
Mast news editor

The newest addition to the first-year experience program, the inquiry seminars, is receiving positive reviews by professors and students.

The four-credit inquiry seminars replaced the two-credit critical conversation seminars in the previous first-year program. The classes, all designated 190, are classes from departments and professional schools from around campus designed specifically for first year students.

Doug Lamoreaux, director of first-year experience program, said the classes are capped at 20 students so that emphasis can be placed on presentations, discussion and small groups, similar to the critical conversation classes.

Freshman Shannon Newman-Lindberg, who took Education 190: Multicultural Diversity in the Classroom for her inquiry seminar said her professor, Oney Crandall, started with discussions and built up towards formal presentations.

"None of us wanted to talk," Newman-Lindberg said. "She (Crandall) would just stand there and wait for that awkward silence and for someone to get the ball rolling."

The advantage of the inquiry seminar is that the class can also meet a general university requirement or a class required for a major. The critical conversation classes did not count for other university requirements.

An example is the Nursing 190 class, Professional Foundations:

See FIRST YEAR
Page 16



Photo by Leah Sprain

Freshmen Lucas Stonehouse and Sheila Thompson discuss the stages of the French Revolution in Jim Albrecht's Integrated Studies 190: Power and Authority, one of the new first-year inquiry classes.

Giles recalls Gulf War experience

BY MELANIE GOSS
Mast news reporter

Ten years after the Gulf War, President George W. Bush is preparing the country for another war with Iraq. Maj. Carl Giles, ROTC instructor, knows what war in the Middle East is all about.

During Giles' military career, he has seen and done things most people can only imagine. Giles was among the 696,661 U.S. troops that fought in the Gulf War.

As part of the reconnaissance unit of the 1st Armored Division stationed out of Ansbach, Germany, his unit traveled 15 to 20 km in front of the division looking for enemy troops.

"We saw everything first," Giles said.

He remembers seeing some front line Iraqi soldiers shot in the foot or standing with no shoes; this was to make sure these soldiers wouldn't leave their posts.

"The Iraqi front line soldiers wanted to surrender, but the Republican Guard were the fanatics who would fight hard," Giles said.

"They had several very well-placed Iraqi armored brigades and they knew what they were doing."

He added, "they had a cohesive defense, but we had the superior firepower."

Giles had about 800 soldiers in his unit along with one

Bradley (tank) and two helicopters.

At the Battle of Medina Ridge, Giles' division destroyed 186 Iraqi tanks and 127 armored vehicles in one night. Six U.S. Apache helicopters destroyed 38 tanks from 3 miles away at night and in the rain.

Giles said, "Most of the fighting took place in the Northeast corner of Kuwait, they blocked roads so Iraqi troops could withdraw back into Iraq."

Coalition forces entered Kuwait City on Feb. 27, 1991 forcing Iraq to concede a cease-fire after only 100 hours.

Giles said, "The worst part of the war was during the cease-fire. It was our job to occupy the land and make sure no Iraqi military units came through."

President Bush ordered a call to arms for the Shiites, people against the Iraqi government, and we became eye-witnesses to a massacre.

The next war in Iraq would have to fought differently.

Giles said, "If we go to war with Iraq again, we can't stop until the regime is gone. Our objective is clear - to dismantle the regime."

He added, "This time I think it would be a much quicker war because there is a much greater danger of weapons of mass destruction."



Photo by Leah Sprain
Maj. Carl Giles brings his war experience to the PLU ROTC program

"In the first Gulf War, all Saddam had to loose was Kuwait. This time he would loose everything, so there is more at risk," he said.

Giles has experienced many aspects of military life. He has been an essential part in many situations involving the United States and foreign countries and he is now an essential part in helping the students in the ROTC program at PLU become future leaders of the U.S. Army.

Giles graduated from Claremont McKenna College in 1986, where he majored in economics and international relations. At the end of his freshman year of college he got an ROTC scholarship and began his career in the US Army.

Upon graduation he was also commissioned as 2nd Lieutenant in the Aviation Branch of the U.S. Army. During his military career, he

See GILES
Page 16

RHA hosts weekend swing lessons, dance

BY KARYN OSTROM
Mast news reporter

In a continuing effort to organize on-campus weekend events and activities for the nearly 800 students who stay on-campus every weekend, RHA is sponsoring tomorrow evening's Swing Kids dance.

The theme of the dance is "Swing is the Thing," and it will take place in the CK from 9 p.m. until midnight. There is no cost to attend. During the first hour, a local dance instructor will provide swing lessons.

According to RHA President Kristin Singer, a winter dance is meant to offer a social function to bridge the hiatus between the homecoming dance and spring formal. "February is a time you need a social event," she said.

Singer and RHA Adviser Matt Lamsma anticipate the evening to be a success since they have heard many students express an interest in swing dance. They said the long weekend is also an incentive for students to spend an evening meeting new people, learning a new skill and having fun.

One of RHA's main goals this year has been to plan safe, fun, and affordable on-campus activities for students.

"21 Things to Do Under 21"

is a series of such programs that began during J-Term. RHA Vice-President Morgan Forrey said four events, including Karaoke in the Cave and Hawaiian Ice Skating, took place last month. She advises students to watch for posters and fliers for information about upcoming events.

RHA is also in the process of organizing various projects, which include a community service drive and collecting box tops for Box Tops for Education to be given to Keithley Middle School.

Lamsma said RHA strives to provide activities on Thursday, Friday and Saturday evenings for students who spend the weekends at school.

"There is the perception that everyone goes home on the weekends, but at least 50 percent of students living in the dorms actually stay on campus which means that there are still 800 people here on the weekends," he said.

Singer and Lamsma encourage everyone to participate and said that 1950s costumes are welcomed. Both stressed that one does not need to bring a partner to the dance, nor must they have prior swing dance experience.

Matt Lamsma
RHA adviser

Jazz benefit shows love for American diabetics

BY KARYN OSTROM
Mast news reporter

Those who attend the Fourth Annual Valentine Benefit Concert on Sunday evening will not only have the opportunity to listen to a superb sampling of jazz music, but will also be supporting the Diabetes Association of Pierce County through free-will donations collected at the door.

The concert, which will be held in Lagerquist Concert Hall will begin at 7 pm. The performance will feature appearances by Dave Knutson, jazz vocalist and retired PLU professor, and Joe Baque, jazz pianist. The other musicians include Dave McCrary, trumpet; Steven Bentley, drums; Stephen Luceno, double bass; and Tom Russell, flute and clarinet.

The theme of the concert is "A Musical History of Jazz." Knutson is one of the main organizers of the event and will be singing on Sunday evening. He will provide commentary about the history and development of jazz and associated genres that will be explored throughout the performance.

Knutson said the program will begin with ragtime music before progressing to blues and gospel. Knutson has long sung sacred and gospel music and counts it as an important companion to jazz. "If jazz was a river, gospel would be a tributary," he said.

"When the Saints" and "Precious Lord, Take my Hand" are among the Gospel favorites on the program. Knutson also said that there will be a gospel song that the audience will be encouraged to participate in.

An intermission will follow the gospel segment. The program will resume with a tribute to Duke Ellington during which the jazz favorite "It Don't Mean a Thing if it Ain't Got that Swing" will be played. Repertoire from cool jazz will conclude the evening.

Knutson developed an interest in vocal jazz in 1995 when he heard Baque play at a family birthday gathering for Knutson's father, who had played jazz piano all of his life. Having already had experience singing sacred, musical theater and barbershop music, Knutson began to learn jazz.

Knutson has lived with diabetes for 51 years and started developing blindness in 1978, 13 years before his retirement from PLU. In the past year, his condition has worsened; he is now completely blind. However, he claims that he has had a tremendous amount of fun singing jazz. He said it is a manageable endeavor because it does not require him to read printed music and it calls on him to exercise his improvisation skills.

Knutson has been a board member for the Diabetes Association for nine years. In 2000, the idea was conceived to put on a jazz benefit concert on the PLU campus. He anticipates that the concert will be a success as last year's jazz benefit drew a crowd of 400.

"It's going to be a fun concert," he said.

See review on page 7.

FSU shows true image of eating disorders

BY SARA BURKES
Mast news reporter

Americans spend \$40 billion on dieting and diet-related products each year. According to statistics drawn up by the National Eating Disorder Association 95 percent of all dieters regain their lost weight in 1-5 years.

Despite this fact, according to the association, 45 percent of American women and 25 percent of men are on a diet any given day.

This month, the Women's Center, in cooperation with the Feminist Student Union, is sponsoring Body Image/Eating Disorder Awareness Month. Over the next two weeks, information will be available at a booth in the UC and several seminars on eating disorders, for males and females, will be offered.

Judy Mladineo, director of the Women's Center, said, "One of the main points is to make people aware of the large problem our society has, how they can help someone with an eating disorder, and how they can prevent it." According to a Harvard Women's Health Watch report, more than 8 million people, 90 percent of whom are women, meet the criteria for either anorexia or bulimia.

With so many people with eating disorders, Mladineo encourages everyone, students and faculty alike, to take the time to learn more about build-

ing up self esteem for the body. She said it is important to help yourself, and others to take the steps towards health eating and exercise.

Anorexia nervosa is defined as an intense eating disorder characterized by a fear of becoming fat, a distorted body image, and excessive dieting leading to emaciation. Bulimia nervosa consists of a period of binge eating followed by inducing vomiting.

Body image is how you see yourself when you look in the mirror or when you picture yourself in your mind. When people are suffering from an eating disorder, it also means they have a low idea of their body image. This is why eating disorders are not only a medical problem, but a psychological problem, and need immediate attention, Mladineo said.

Sue Mkrichian, director of the Health Services Center, has dealt with many people with eating disorders. She said that having an eating disorder is like being crazy, because people's preconception of their body is so askew.

"A woman with an eating disorder does nothing but think

about every calorie intake, and she has no real pleasure in her life because she is taken over by her disease," Mkrichian said.

The signs that a friend may have an eating disorder include a marked decrease in weight, abnormal eating habits, intense preoccupation with weight and body image, compulsive or excessive exercising, self-induced vomiting, a fasting abundance, and feelings of isolation, depression or irritability.

Handouts will be available next week on how to talk to friends with eating disorders, which is one of the hardest steps to take, Mladineo said.

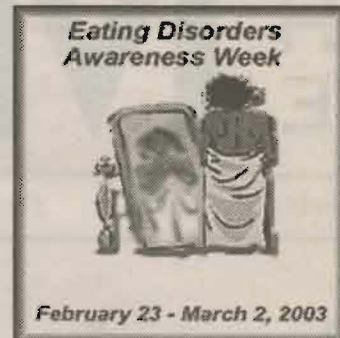
When talking to a friend, Mkrichian said it's important to show the friend how much they are cared for. Using "I" statements to express concern for

them, instead of accusatory "you" statements that only blame a person for their problem is a good start.

"It's very hard to help a person with an eating disorder, it's very hard for them to admit to having an eating disorder and dealing with denial and it's even harder to ask for help."

"A woman with an eating disorder does nothing but think about every calorie intake, and she has no real pleasure in her life because she is taken over by her disease,"

Sue Mkrichian
Health Center Director



Mkrichian said.

Because eating disorders are hard to deal with, professional help needs to be sought out. Eating disorders are not something that can be dealt with alone or even with large groups of friends, Mkrichian said.

Resident Assistants, the Counseling and Testing Office, the Women's Center and Campus Ministry all have been trained to deal with, or at least can refer students to help with eating disorders.

Eating disorders are considered "red flag" issues, meaning they should be reported right away, because the immediate safety of the individual is in danger.

"If you have an eating disorder, or know someone who might, please ask for help, because you can't deal with it by yourself," Mkrichian said. "Everyone deserves more out of life than this."

See Sidewalk Talk for student opinion on physical appearance.

ASPLU calendar of events: V-Day to LollaPLUza

Feb. 14: ASPLU is hosting a Valentine's Day party in The Cave with crazy date stories, games like Twister and Spin the Bottle, gift certificate prizes and \$1 milkshakes. It all starts at 8 p.m.

Feb. 18: 'Bowling for Columbine' will be shown in Ingram 100 for free. This is a great documentary on gun control that will stimulate much conversation and dialogue.

Feb. 22: Tingelstad Hall Casino Night

Feb 21-23: Family Weekend

Feb. 24-28: Off Campus Appreciation Week

Feb 25: ASPLU senate and programs are sponsoring an ice skating night with UPS at Sprinker. It will be from 10 p.m. to midnight. The cost will be \$2 for PLU students.

Feb. 27: Health Fair

Feb. 27, March 1 & 2: Vagina Monologues

March 3-7: Service in Action Week

March 6: ASPLU programs is sponsoring a healing through music medicine event that will include lecture and interaction exploring the ability of music on the mind, heart, and body.

Adrienne Keeler, ASPLU programs director, said, "This is a new event but one that should bring a lot of interest."

March 6: Arrow Day from 2-7 p.m. in the University Center

March 6-9: Mousetrapp in the theater

March 12: Internship and Job Fair in the UC

April 26: ASPLU will host LollaPLUza, which will take place on Garfield Street and Park Avenue all day. Keeler said, "This music and festival activity has been a tradition at PLU for many years, and was revived last year in a huge way." The event will feature four bands, food vendors, sumo wrestling, human bowling, a climbing wall, give aways, and venues for all clubs and organization on campus. This is a free event that will draw participants from PLU and the outside community.

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Students share affection in Big Buddy program

BY VALERIE HENSHAW
Mast news intern

Pacific Lutheran University's after-school mentoring program is in need of male applicants for its program for at-risk children in grade first through fifth.

The "Big Buddy" After School Enrichment Program (ASEP) promotes learning and teaches children social skills at James Sales Elementary School.

The program is designed to give at-risk children in first through fifth grade individual attention and help with homework.

Students are chosen for the program because they need extra help with homework, come from an unstable home, have trouble socializing or do not have a good role model to look up to, Deanna Gergich, program specialist, said.

Thea Peterson PLU senior and ASEP coordinator said, "Many of (the kids) don't have a strong, positive male role model in their life and need this

interaction with the guys."

Little Buddies are recommended for the program by their teachers and their school counselor and are paired up with a Big Buddy according to interests and similarities. Usually the program tries to pair up buddies of the same gender.

Little buddies aren't the only ones who benefit from the program. Big buddies can also find the program fun and rewarding.

"It's not always easy to be a big buddy, but the affection from the little buddies and seeing them

change for the better makes everything worthwhile," said Jason Heinz, a former mentor.

First time mentor Jenifer Goodman said "It just makes

you feel like you have accomplished something great. The best feeling is when you know that your little buddy looks up to you."

The Big Buddy program lasts for three hours each day, two days a week through most of each semester. The buddies do homework together, have a group snack, play a group game and then have free time in which they can play sports or do arts and crafts.

In addition to the Big Buddy program, the Center for Public Service also facilitates the nationally established "America Reads" tutoring program and a classroom assistant program with the Boys and Girls Club.

America Reads tutors provide reading help to elementary

age children in local schools.

Gergich said, "It is a great opportunity for future teachers to get their feet wet in a classroom environment."

All programs pay \$10.95 per hour. Transportation is provided from Harstad to James Sales Elementary. Applicants must be reliable, committed to the program and have work-study in their financial aid package.

"We look for applicants that demonstrate a commitment to children, have strong communication skills, a high level of motivation and responsibility, and a willingness to grow and learn," Gergich said.

The relationships built in the program last beyond the duration of the program.

"Since I have been in the program for some time I see past little buddies around the school and around town and they always run up to hug me and beg to be back in the program," Peterson said.

"It's a great opportunity for future teachers to get their feet wet in a classroom environment."

Deanna Gergich
Program specialist

Interested students should pick up an "On-Campus Application for Employment" from Gergich in Harstad 105 or from the Student Employment office in the Administration building. Financial Aid must sign the application and list the amount of work-study aid awarded. The applications can be turned into Gergich and interviews will be conducted sometime in February.

Counseling center confronts student challenges

BY CASSANDRA RUSSELL
Mast news intern

The transition from high school to college can be difficult for students who face major life changes without their parents as a safety net. PLU's Office of Counseling and Testing is collaborating with students to help cope with their challenges.

Mark Anderson, a PLU alumnus who works at Counseling and Testing, said the first step in the therapeutic process is establishing a relationship with a student that is consistent, caring, non-judgmental and safe.

Therapy can be "a scary process because people have to acknowledge they have an issue they can't fix themselves," he said.

Counseling and Testing offers free counseling by qualified professionals to students who feel overwhelmed or

uncertain.

Gary Minetti, director of Counseling and Testing, said students should pursue therapy if they are having problems sleeping, experiencing changes

"I personally feel that people who seek mental health assistance are showing great strength rather than weakness."

Gary Minetti
Director of Counseling and Testing

in eating habits, or loss of interest in participating in extra curricular activities.

However, making an appointment can be difficult for some. "I think there are

many stigmas attached to therapy by people who haven't been through the process," Anderson said. "But the outcomes far outweigh the discomfort a student might feel in doing it."

"Anything that begins to disrupt one's normal pattern of life, whether that be academically, personally, or interpersonally, might be a clue that therapy would be helpful," Minetti added. "I personally feel that people who seek mental health assistance are showing great strength rather than weakness."

Junior Maren Ham sought assistance from Counseling and Testing after transferring to PLU from Green River Community College this fall.

"I had a lot of changes in my life happen all at once, so going into counseling really helped me deal with them in a positive way," Ham said.

"At first I was worried

about privacy because PLU is a very small community," Ham added, "but now I know anything I have to say won't be disclosed without my permission."

Confidentiality is a priority at the counseling center. Minetti explained that all records are kept in locked storage -- not processed by computer.

"What happens in this office is 100 percent confidential," Minetti said. "Campus Safety doesn't even have a key to our records."

Anderson explained the therapist is responsible for focusing on what a student wants.

"It's important to listen to a student as a person and help them decide what to work on," he said.

The amount of time needed for therapy varies from student to student. Minetti said some personal issues can be

resolved in a few sessions, while others take much longer.

Medication is often an option for students who suffer from depression or other emotional problems. In addition to three licensed psychologists, the counseling center also employs a psychiatrist who can write prescriptions.

A psychologist is on call around the clock for student crises. In an emergency, the Office of Student Life or Campus Safety arrange for immediate assistance.

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Sweet emotion



Photo by Andy Sprain

Pistol for a Paycheck performs in front of a packed house last Friday in The Cave. Also, performing were The Geeks.

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Secrets revealed about *The Mast*

It seems this semester will be one for widely publicized, humiliating, personal confessions.

This week's atonement is that I, as a member of the press, have lied to you, the reading public.

The dirty secret about *The Mast's* dirty secrets is that they were all fake. The answers to Office Talk, which ran in the place of Sidewalk Talk last week, were fabricated. (Except for my answer which was entirely true—it is hard to come up with editorial topics.)

I was planning to run Sidewalk Talk as usual. But last Thursday morning, when the newspaper was to be sent to print, my photo editor informed me that we did not have pictures to go with the answers in Sidewalk Talk because the USB cord to the digital camera was missing. The pictures were trapped inside the camera and we did not have a way to download them.

It was 11 a.m. I had 50 minutes until my next class. My options were: to run the quotes without pictures; to not run anything at all with a message about "technical difficulties;" or to run a "fake" Sidewalk Talk with old pictures of staff members.

The problem was that I did not have the time or the means to contact those staff members to get answers from them.

So I made the answers up.

Looking back, the stupidity of that decision is glaring. I am not sure how it did not dawn on me how bad this idea really was.

I suppose the factor that blinded me most to the idiocy of the idea is the innate, dangerous arrogance of the press. I call this smugness of the media the "Ta da" effect.

Each week *The Mast* staff takes two dozen or so Microsoft word documents, and with the help of a few software programs, and a lot of luck, produces a newspaper. A concrete, physical product out of, virtually, thin air. Ta da.

As journalists, we would only grudgingly admit to our readers that it is a lot harder than it looks to keep the hat trick from turning into a vanishing act. The real dirty secret is that, on a routine basis, we plead for stories, pull strings for pictures, and panic when much-needed content does not materialize when we need it to.

Rather than admit this reality, we would much prefer to think that we have you all fooled. It is much more satisfying to watch, with an air of superiority, someone read the newspaper and think to ourselves, "They have no idea how close a call it was to publish this week. No idea that I had to call in a favor and promise the reporter my first born son to get that story written at the last minute."

No idea that the answers to Office Talk were made up.

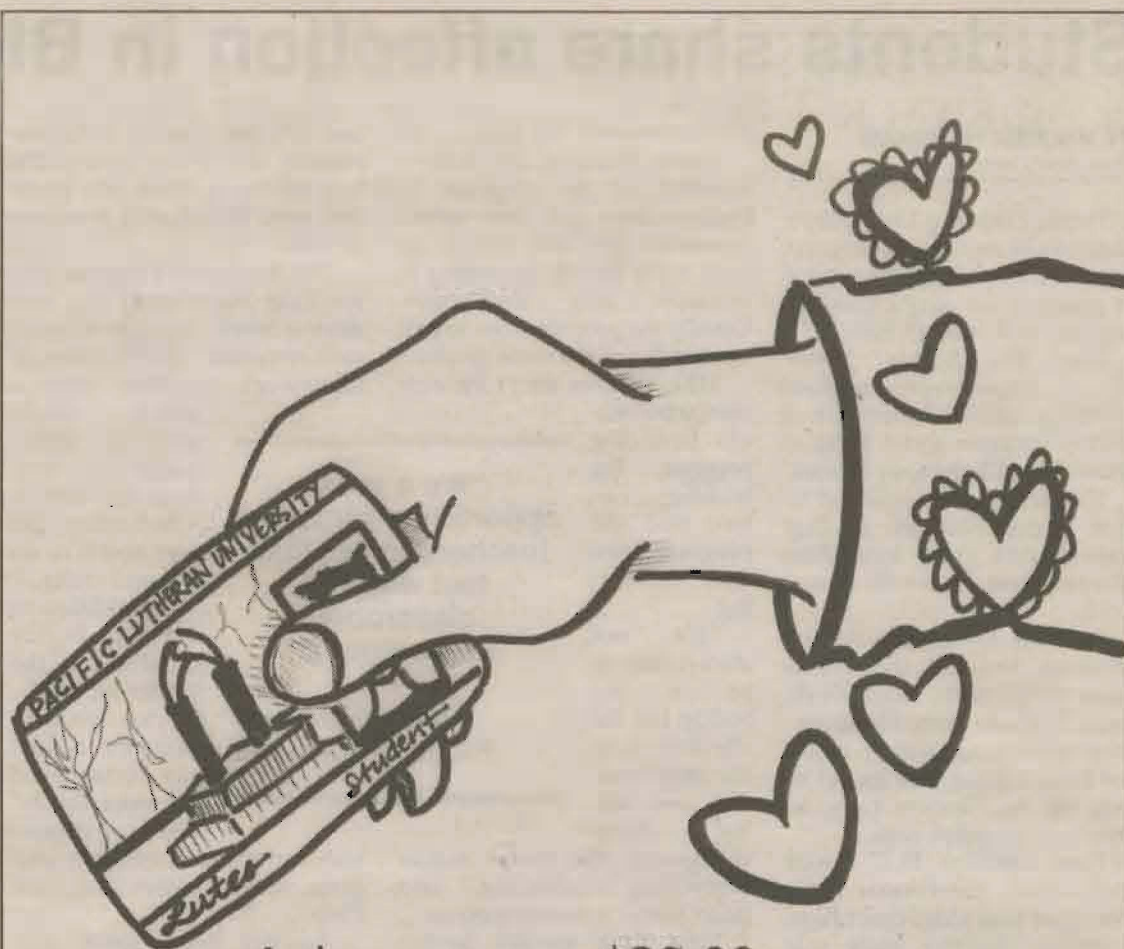
The danger of this arrogance, besides the fact that it generally does not make you popular with your peers, is that it leads you to make the kind of bad decisions I made last week.

Pulling the wool over people's eyes becomes more important than telling the truth. You become the magician behind the curtain, pushing buttons and pulling levers, to no one's benefit and everyone's detriment.

Unfortunately, once the "magician behind the curtain" realization dawns, it is usually too late to fix things. In this case, I have damaged my creditability with the people I work with and the people who read this newspaper.

My apologies to all those involved.

I learned my lesson.



A dozen roses: \$30.00

A box of chocolates: \$12.00

A romantic dinner for 2: one meal swipe

Unlucky in love, but still a believer

I have always been a huge sucker for Valentine's Day. I believe in the ritual the way Linus believes in the Great Pumpkin. I believe that Valentine's Day is the one day out of the year that you are allowed to be dopey and in love.

Yes, I actually believe that you can love people more on Valentine's Day than any other day. Some people may argue that this is just another contrived holiday that was created by marketers to target people in the off seasons.

Well, I say go forth and conquer with your cheesy pink hearts and flowers; your giant boxes of chocolates and baked goods resembling baby angels. Some people may think this holiday is just another farce, but really people, lets have a little fun.

Humor me.

I believe my love for this holiday first began with my parents. I always woke up on Valentine's Day and had my own big red box of chocolates and a card from my parents.

This was, of course, long

before I ever understood the romantic meaning of Valentine's Day. To me the day was an innocent show of affection that involved candy. Kind of like Halloween, except with love instead of blood and guts.

It must have been during these formative years that I came to the opinion that presents on Valentine's Day really mean that someone loves you, and we all want to be loved.

Unfortunately, as firm a

always got the candy heart that said "eat me."

In high school, I made a giant card with lipstick kisses all over it and presented it to the guy who was my boyfriend at the time. He was a high school rock star with a band; he told me he had written a song for me, but to this day I have never heard it.

In more recent times, I compiled an extensive anthology of love poetry, which I then wrote out by hand and made into a book. I thought this was one of my more brilliant moments, but apparently I must go on with the satisfaction of giving and never receiving.

Although I have been disappointed in the past I still believe that

my Valentines wish will come true.

A wise person told me last weekend that maybe I was expecting too much.

But really, the whole point of the holiday is to expect something and what I am expecting is a little love, and maybe some chocolate on the side.



Livid
Rebekah Oakley

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POLICIES

The Mast is published each Friday by students of Pacific Lutheran University, excluding vacations and exam periods.

The views expressed in the editorials and columns reflect those of the writers, and do not necessarily represent those of the PLU administration, faculty, students or *The Mast* staff.

The Mast encourages letters to the editor. Letters need to be submitted to *The Mast* office by 5 p.m. the Monday before publication. Letters without a name and phone number for verification will be discarded.

Letters should be no longer than 400 words in length, typed and double-spaced.

The Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors. Letters are printed in the order they are received.

The Mast can be reached at (253) 535-7494 or mast@plu.edu.

SIDEWALK TALK:

If you could change one thing about your physical appearance, what would it be and why?



"My hips—they'll be good for having kids. But I really wish I didn't have to do that."

Sarah Busson
Freshman

"I'd be less chiseled. It is getting really annoying having to beat the girls off with a stick."

Dave Houglum
Senior



"I'm getting to the point where I wouldn't change anything. I'm trying to appreciate myself for who I am."

Tracy Hartford
Senior

"I would remove the scar on my leg."

Gabriel Svad
Senior



See the National Eating Disorders Awareness Week article on Page 2. The Mast does not in any way endorse negative body image, but rather awareness of its dangers.

THE MAST IS PROUD TO ANNOUNCE THAT WE ARE ONLINE.

Check Monday for articles, pictures, and information in today's newspaper.

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Fox's divine guidance takes Valentine's Day to a new level

Ah, Valentine's Day. There's magic in the air, music in the treetops and I just cut a check for spring semester tuition.

This holiday didn't mean much in the past to me, but after watching Fox programs all January, I've decided I like it, because love is easier to find than I once thought.

If all I have to do is lie about having 50 million bucks and have good hair to get women to vie for my attention, then that's really no problem. In fact, if Fox decides to do *Joe Millionaire II: This Time the Guy Really Has the Money*, I Promise, I'm willing to wager that fully half of the women contestants from the first could easily be fooled again.

But it's not so much who the Bachelorette picks, or whether Sara or Zora gets the honors of being told, ha, ha, Evan was just kidding about the money, it's the constant commercials for the new reality series coming in March. Yes, folks, I'm talking about *Married by America*, the show where Fox viewers get to call in and pick which perfect strangers should be wed.

I'm becoming quite fond of this watered-down idea of love, because it gives those of us without a soul mate a chance. That's why Fox is great. It gives random people 15 minutes of fame and a lifetime of partnership. Well, it gives good-looking people this, anyway. The message is clearly that ugly people don't deserve to marry

and sully the gene pool for us El and Mrs. Guappos.

So I've finally come around. Like the rest of you yuks, I like Valentine's Day.

And the rest of you do like it, apparently, because Valentine's Day has unrivaled appeal in our country, easily besting other February holidays like President's Day, Groundhog's Day, and Your Fifteenth Week-iversary.

How did this all start, you ask? Well, it all started a long time ago, just after the inven-

tion of these plants, back then they were liable to swallow you whole. Luckily for us, nowadays they just settle for your wallet.

The girls rejected poor Columbus on sight, citing a lack of wealth, height, or even a nice tan. Humiliated, he sailed into the West. The Saint retired, perhaps knowing he was a bit ahead of his time.

As years went by, Valentine's Day evolved from its castle-age Victorian beginnings to its present-day form, where people buy gifts from Victoria's Secret and Castle Superstore (not surprising, given the holiday's initials).

Frisly pink hearts persist, refuting both Darwin's Survival of the Fittest theory and the belief that God is a nice guy. (This is not arguable, by the way. God cannot be a nice guy and let frilly pink hearts exist.)

Now, with Fox's gentle, divine guidance, Valentine's Day seems to be evolving again, becoming a holiday for the masses. No longer will you have to sit around, burning things that belong to your ex or calling up your special friend for a holiday treat.

No, sir, it's a brave new world, one where you can have others pick your significant other for you. Big Johnny V. would be proud, and would only wish that he could have lived in such times.

By the way, I'd have voted for Nina.



Cuppa Joe
Joe Scheidt

tion of Reality TV and just before God created the duck-billed platypus while drunk at an off-campus party.

This holiday started back on February 14, 1492, when Big Johnny V., as our famous saint was known at the time, recommended that Columbus proposition three lovely ladies and watch them brawl until one was left, which he would marry.

Columbus decided on three candidates, Nina, Pinta, and Santa Maria, and proved his manliness to his potential mistresses by cutting down the Vicious Long-stemmed Roses that grew behind his house.

Remember, this was centuries before the domestication

Letter to the Editor

Students need more options

It was spring 2002. I was standing in the lobby of Harstad hall, carbon copy application forms rustling between my fingers. While awaiting the opportunity for a room assignment, I overheard a dialogue pursued between two staff members, one of whom nonchalantly referred to our halls as "dorms."

OK, not a totally malicious blunder, but one that warranted a response from a man with vision, Tom Huelsbeck, director of Residential Life. "What did we say about the word, dorm?" he reminded the two of them. "You meant to say residential halls, not dorms."

Some may consider the distinction almost pedantic. But what Huelsbeck was denoting, I later found out, was the connotation of the whole thing. The Latin derivative of "dorm" is dormire which means "to sleep."

Huelsbeck's intention, at least as I understood it, was to create an atmosphere that made halls more like homes rather than bedrooms. They would not be places for sheer sustenance, but places that nurture community and resident bonding.

The mission statement says it all: a program that offers "living environments which are attractive, affordable, clean, comfortable, safe and well-maintained." (Residential Life homepage:

<http://www.plu.edu/~rlif/>).

The reason I write this letter is to inform Residential Life that this goal, though coming close to reality, is still cut short. I, myself, choosing the late hours of night to do my writing, find it excruciatingly difficult to call this place home when I meander the campus with nothing but dim street lights and shadows to receive me.

And as many may relate, the concentration and energy poured into our work too often comes at the agonizing cost of ravenous appetites which find no relief from on-campus meal services that close at the absurd hour of 8 p.m.

Though The Cave has come closest to the expectations of most students, closing the latest of any on campus, when considering the relatively quirky schedules of students, even midnight doesn't seem to do it. Not only that, but The Cave doesn't accept the meal plan, which is for many the only means of purchasing food.

So by 8 p.m., everything is shut down: food is out of service, doors are locked, lights are out. And, much to the disappointment of those who would like to call this place home, the students are gone.

In response to these deficiencies, those who have the money use cars in the perchance of finding fast food lines or 24-

hour coffee shops on the other side of town. Two neighbors of mine order out at least five times a week in the evenings.

As another example, though unrelated to food, students flee the university in search of a place "just to hang out."

All this, while Residential Life declares in its glossy brochures and colorful Web sites that it provides "attractive" and "affordable" living environments.

So attractive, apparently, that hardly anybody sticks around to enjoy them. On one occasion, I was told by passing students that if I wanted to have fun, I needed a car. But my blue chips are on Residential Life to prove them wrong...

If it is an "attractive" community the Residential Life wishes to facilitate, then it must be willing to invest in facilities on campus that are in agreement with the students.

Thus, it must come to a final test: will it choose to support a community atmosphere that draws students together through flexible hours spanning night and day? Or will it continue to be at odds with students, closing campus doors to those who would like to call this campus home?

My blue chips are waiting.

Mario Peñalver
Senior

Alumnus organizes awareness of U.S. policy in Cuba



The mural in the courtyard of the Martin Luther King Memorial Center in Havana, Cuba advocates for lifting the U.S. trade embargo on Cuba in the name of peace. It features a Pastors for Peace bus that brings humanitarian aid by caravan from the United States to Cuba. Photo by Jennifer Newman

BY JENNIFER NEWMAN
Mast news reporter

What's a PLU student to do after graduation? For Patrick Leet, 1999 PLU graduate, the answer meant moving to Cuba. Eager to share his experiences, Leet met with the J-Term class "Cases in Third World Development" during their stay at the Martin Luther King Jr. Center outside of Havana.

Sporting waist-long dreadlocks he keeps coiled in a ponytail and greeting students with the traditional "Go Lutes!" cheer, Leet admitted to them he hadn't known what he wanted to do after Lute life.

After hunting around on the

Internet, he came across Witness for Peace, a U.S. grassroots organization committed to the mission of "(supporting peace), justice and sustainable economies in the Americas."

Leet jumped at the chance to return to Latin America, having spent a sizeable amount of his PLU years studying there. During the four years in which he earned a double major in psychology and global studies, with minors in anthropology and Spanish, Leet took J-Term trips to Costa Rica and Mexico and spent a semester in Ecuador.

In addition to his love of Latin America, Leet is a self-described activist and believed

he could make a real difference working for Witness for Peace.

Founded in the 1980s, the program began when groups from the U.S. traveled to Nicaragua during the Contra War. Fought over control of the Nicaraguan government, the CIA supported the side that regarded the Sandinistas, Nicaraguan rebel forces, as actors against U.S. interests.

As Leet explained sarcastically, this action was part of the U.S. effort to "(keep) the world safe from the scourge of communism." Discontent with this viewpoint prompted the future Witness for Peace advocates to experience the situation firsthand.

Their presence greatly lessened the violence in the region, and before their return to the U.S., local Nicaraguans asked them to continue their visits. This request sparked the creation of the organization to bring U.S. citizens to Nicaragua rather than just their CIA initiated tax dollars.

Witness for Peace would bring U.S. citizens to educate them about the often harmful affects of U.S. and global economic policies upon the solidarity of Nicaraguan and other Latin American peoples. Witness for Peace delegations led by people such as Leet now travel in Guatemala, Mexico, Cuba and Colombia.

Describing his job application as a "grueling process," Leet underwent one month of intensive training in Nicaragua, before assuming the responsibility of leading delegations. In Nicaragua he learned methods for political organization, provision of educational and interactive experiences for delegations as well as how to determine the important people and areas of each city the delegations visit. Spanish fluency is required and each leader makes a two year commitment to the country they work in.

Leet began his job in Cuba in the fall of 2001 and said the benefits of living there "greatly outweigh" any hardship he might encounter.

He admitted it is difficult to adjust to life without "all the capitalist little perks," like big

grocery stores and an abundance of consumer goods, but that with access to dollars, he lives fairly well off.

Despite this advantage, Leet makes an effort to live as the Cubans do, utilizing their national peso economy and taking public transportation, even though the latter often includes hour-long waits.

Leet enjoys frequent trips to Cuban cinemas, where he can see global films for the price of one Cuban peso, meaning he can watch 26 movies for the equivalent of one U.S. dollar.

His experiences also include some he describes as "surreal," such as attending a Fourth of July holiday celebration with Fidel Castro at the Karl Marx Theatre in Havana.

One of Leet's greatest frustrations about living abroad is his distance from U.S. national policy, especially with escalating tension towards Iraq, which leaves him unable to mobilize.

Leet feels his work in Cuba is an equally important cause, however, and a life which he enjoys very much. "I love living here," he said, "It's great...Cubans are beautiful people."

Leet will remain in Cuba until September, and he is unsure of his plans upon return to the U.S. "I don't know if I'm psychologically ready to go back to the U.S.," he added.

To find out more about Witness for Peace, including job opportunities, visit www.witnessforpeace.org.

Education professors help build Namibian system

BY LAINE WALTERS
Mast assistant news editor

Education professor Sue Yerian said she finds it "absolutely thrilling" to be helping Namibia develop a country-wide educational program in the infancy of Namibia's independence as a nation.

Yerian is one of four PLU education professors training primary school teachers in Namibia alongside Namibian and Norwegian colleagues. This project is part of the latest implementation of a three way partnership between Hedmark University College in Norway, the University of Namibia and PLU.

Five one-week workshops will be held over the course of the next 1 1/2 years to upgrade the skills and knowledge of primary school teachers in the rural parts of Namibia.

While the literacy rate of Namibia is much lower than that of the United States, education professor Jan Lewis said the struggle between state and federal mandates and the reality of the classroom is much the same in both countries.

Nation-wide mandates have been implemented since Namibia gained its independence in 1990, working to raise the 38 percent literacy rate, according to the American Red Cross International Services Web site.

Yerian said the teaching team is working to create a bridge between the educational curriculum handed down from

Europe and Namibia's own vision of an educational system guided by democratic and social justice issues.

An United States Agency for International Development grant for \$100,000 seed money made PLU's involvement in this project possible. Such development work is new for PLU, said Ann Kelleher, project director for the grant.

The four PLU education faculty will be helping out the Namibia Association of Norway, a Norwegian non-governmental organization located in the same town as Hedmark University College. It is because of Hedmark that PLU became involved in Namibia.

The PLU members of this project, Paula Leitz, associate dean of the department of education, and education professors Lewis, Yerian and Louette McGraw spent two October weeks in Namibia setting the agenda for the next year and a half.

Kelleher said she hopes the training will prove successful because it is a bit of an experiment for PLU.

Kelleher is planning to use her experience in Namibia as a case study in the next development class she teaches for the International Core.

If the project does well, Kelleher said she hopes the Wang Center will provide money for education students to join their professors in Namibia for observation and possibly hands-on experience. The grant will not pay for student transportation.

PLU, with the help of

Kelleher, made an agreement with Hedmark University College and the University of Namibia to work together to understand democracy and development in the world in Feb. 2001.

This pact is manifesting itself in many ways on PLU's end, including: a new semester in Norway program this fall, and a new J-Term in Namibia to study human rights and development, which just wrapped up last month.

Kelleher said Scandinavian countries are forerunners in world human rights development due to the socialist values and consensual government of their own countries.

PLU is the first U.S. university to study international issues from the Scandinavian point of view, Kelleher said, despite 22 other universities offering Scandinavian Studies.

"To be educated on the planet you have to understand world issues not just from your own culture's point of view," Kelleher said. It is important to see how other countries deal with international issues because the United States operates out of a position of power, Kelleher said, and there are other ways of interacting globally.

While the Scandinavian connection to PLU may seem obvious because of the heritage of the university, Namibia is also a perfect match for PLU in its study of human rights development for many reasons.

"People in Namibia have an openness to answering questions and a good understanding

of the world," Kelleher said. The country accepts students and has a decent amount of free press and freedom to move about the country, she said. The university also has a center for human rights.

"We are very fortunate to

have this kind of entry into this stable country. It's too good a set of connections to allow them to elapse," Kelleher said.

For more information see: <http://www.redcross.org/services/intl/initiatives/africa/namibia.asp>

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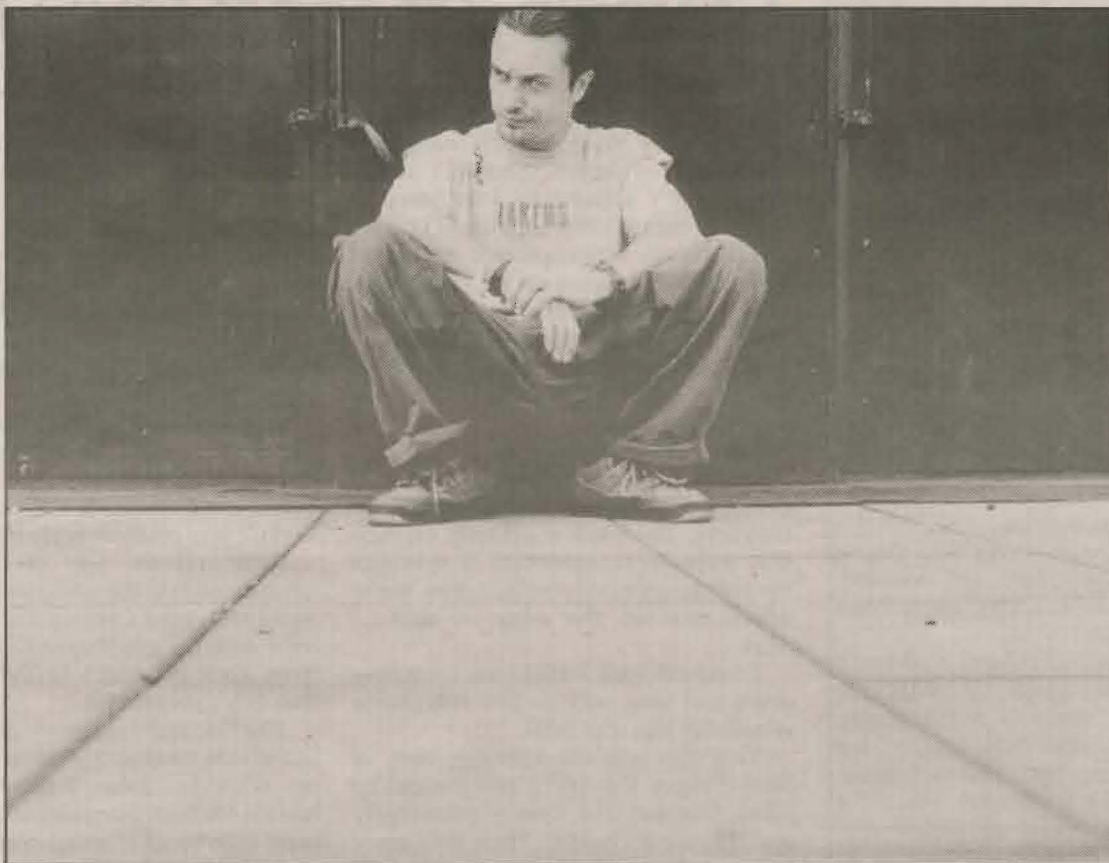
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Mike Patton versus the world



Mike Patton, (picture both the left and below) has been in many groups, spanning back to Faith No More. His Ipecac record label features many artists who will have new releases in 2003.

Photos courtesy of ipecac.com

MICHAEL YOSHIDA
Mast reporter

"If music is dying, musicians are killing it. Composers are the ones decomposing it. We are as responsible as anyone- although we'd love not to admit it."

We lash out at 'The Industry,' blaming things like corporate structure for our shitty music -- but we are the ones making it. We open the box they've given us and jump in, wrap ourselves and even lick the stamp.

We're not thinking about our music, just how it looks"-- Mike Patton from Arcana: Essays by musicians.

New Years Eve in San Francisco brought out some of the strangest individuals in all of America.

Still, for the average person to wind up at Ipecac Record's two-day binge and purge concert event, perhaps nothing could have prepared them for the antics and music of the evenings performers.

Besides hosting such musical acts as the Melvins, Isis, Dalek, The Great American Music hall would also showcase the first and only live collaboration between the Dillinger Escape Plan and the uncompromising, musical mad-scientist Mike Patton.

Although not a household name, for well over a decade Mike Patton has become one of the most influential minds operating in the world of music, if not its most prolific contributor.

Once the frontman for the pioneering rock outfit Faith No More, Patton's lengthy resume is an eclectic illustration of a man hell-bent on personal satisfaction, originality, abstract creativity, and breaking down the boundaries of what is accepted within the music industry.

If there was ever a strict formula for creating music, Patton must have missed that day of class. Indeed, if such a lesson could in fact be taught, it is safe to assume that Mr. Patton might have well of

being doing crank in the girl's bathroom.

From his vocal duties in such innovative groups such as Mr. Bungle, Fantomas, and Tomahawk as well as his countless collaborations with artists like the Kronos Quartet (*Requiem for a Dream* soundtrack), John Zorn, Sepultera, and Dan the Automator, Patton in 10 years has created more original and enduring albums than a great band could hope for in a lifetime.

Starting his music career in his late teens and putting out his first major label album (*Faith No More's The Real Thing*) in 1989, Patton would earn both commercial gold as well as gain personal celebrity.

But unlike almost all of Patton's peers operating in the same era whose careers were quick to fade, Patton's aspirations moved far beyond what could be held in one band, one group of players, one genre, or for any one audience.

With the disillusionment of Faith No More in 1998 and the abrupt and almost simultaneous end of the bands brief and bizarre legacy in the public eye, Patton turned his attention to a feverous work schedule and the introduction of his own label (Ipecac) alongside partner and former alternative Tentacles head Greg Wreckman.

Here, within the backdrop of a

I don't make music for others to enjoy. I make music that I enjoy. However if others like it that is great.

new, unrestricted, and most oftentimes weird Bay Area label, Patton's work has reflected original, genre-jumping compositions which have been met with both critical acclaim and commercial bewilderment.

To understand Patton the per-

son through his interviews, live performances, or lyrics is an almost unattainable task. Through his music, which has conveyed everything from beautiful orchestral pieces, to death-metal film scoring, to abrupt cartoonish jump-cuts, and finally to the never-ending use of the human voice as an instrument, Patton has undoubtedly let his music speak for itself.

To the mainstream, his music is as confrontational as it is often unlistenable. But to his growing and unbreakable allegiance of fans and musical peers, Patton is a versatile musician whose artistic integrity, progressive ideas, and natural skill has earned him status as one of the contemporary leaders of the avant-garde.

Q: For the past few years it seems that many new bands have been very outspoken about your role in inspiring them. Does that make you feel a tad uncomfortable seeing how many compliments have come a la Fred Durst?

Patton: To be honest I don't take any of that seriously. I'm too young and have too much gong on to sit and reflect on my own importance to the world.

When any of these bands bring this up to me I always turn the tables and tell them to make an offer to one of my bands to do a tour or something. It seems to end the conversation.

Q: When your playing a show, does it ever creep you out the proportion of men in the crowd who are staring at you and enjoying your every move?

Patton: Creep me out? I wouldn't be doing this if I didn't expect that. I'm grateful that anyone is interested in the stuff I do. It is not the easiest stuff to digest at times. In other words, the more men staring at me the better!

Q: Yeah, but it seems that if you

were gay you'd be pretty deep in the game?

Patton: Which game are we talking about?

Q: Never mind, what's your favorite Bob Saget moment?

Patton: (Purposefully answers question based not on Saget, but Bob Seger). Did he sing that song "Turn the Page"? Yeah and he does that god-awful "Like A Rock" Chevy truck song! Not a big fan.

Q: Well, do you have a favorite George W. Bush moment?

Patton: The day he leaves office. Jello Biafra for president!

Q: What's your take on religion. Are you Buddhist? Christian? Jewish? Heavens Gate?

Patton: All of the above. I'm whatever you want me to be.

Q: Do you care if people enjoy your music?

Patton: That's a trick question. I don't make music for others to enjoy. I make music that I enjoy. However if others like it that is great.

It would be great to sell millions of Fantomas CDs but I'm not going to change my outlook or the process to reach that goal. Some people seem to think that I purposefully make music that people will hate and that couldn't be further from the truth.

I'm very happy with how things are going right now. Obviously, if no one enjoyed what I do, I would have to find another job and I don't want to do that.

Q: What about musicians in



general can you not stand?

Patton: That they have all curled up with Winona Ryder but I haven't.

Q: Who within the music industry deserves a beating?

Patton: Everyone. Oh wait, don't touch Willie Nelson.

Q: Finally, is your intention in working so incessantly in writing music and putting out albums to create a legacy?

Patton: Uh, no. It's to stay out of jail. WEST COAST!

Besides already being the home for the Melvins, Isis, Dalek and many others, Ipecac will be releasing many albums in 2003.

Expect to hear from The Young Gods, Fantomas, Kaada, Tomahawk, Mondo Generator (Queens of the Stone Age), Josh Homme's Desert Sessions, Patton versus the Executioners, and much more.

Check out www.ipecac.com for more details.

Diabetes benefit jazzes up Lagerquist Sunday

Retired PLU religion professor Dave Knutson to sing with Joe Baque quintet

JACE KRAUSE
A&E Editor

The Pierce County Diabetes Association will get a shot Sunday.

A shot of jazz, that is.

The Joe Baque quintet will present a "Musical History of Jazz" in Lagerquist Sunday as a benefit for the Diabetes Association of Pierce County.

One of the musicians, singer Dave Knutson, is a retired PLU

religion professor and still resides in Parkland. Although he's been a singer his whole life, he took up jazz singing after his retirement in 1991.

Knutson has had diabetes for 51 years and as a result, has had both legs amputated, has advanced heart disease and is totally blind. To learn music for concerts, he uses the help of recordings, other musicians and voice synthesized computer software. To perform live, he

memorizes all the music.

Aside from Baque on the piano, other musicians in the quintet include Tom Russell, clarinet/flute; Dave McCrary, trumpet; Stepher Luceno, double bass; and Steven Bentley, drums. All the musicians perform regularly around the Puget Sound area.

Concert admission is free, but concertgoers can leave a free-will donation for the PCDA.

"A Musical History of Jazz"

Sunday @ 7 p.m.
Admission: Free

Free-will donations for the Diabetes Association of Pierce County will be taken at the door.

Concert information: 531-0313
See page two story for more info

The Mast is seeking creative, talented and curious writers.

Do you fit the description?

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Music and misery: the top five lists

For Valentine's Day I have gone through the trouble of putting together a list of my top five favorite recordings of love songs. Here they are:

5. "In Your Eyes" - Peter Gabriel
4. "Romeo and Juliet" - Dire Straits
3. "They Say It's Wonderful" - John Coltrane & Johnny Hartman
2. "Say Yes" - Elliot Smith
1. "I Will" - The Beatles

So there you have it. All you young lovers go out and buy the albums. Download the songs. Copy them from your friends. Whatever.

If I were writing this column tomorrow I would probably come up with five entirely different songs. I mean, really. What about Al Green? Neil Young? Joe Cocker? It's a losing battle. In fact, disregard that whole list. It's crap.

SEAN BENDICKSON

Nosh This

For most of us it's not really about love. When Valentine's Day comes around I see quite a few people snubbing their noses at the mention of the 'L' word. What springs to mind, more often, is a painful reference to the grueling gauntlet once run by anyone who has ever been involved in the romantic pursuit of that quintessential Hallmark-perfect bliss.

So in that light, lets just start over... (ahem)

Love, love, love...blah, blah, blah. For Valentine's day I have gone through the trouble of putting together a list of my top five albums that, in their entirety, cover the plight of one who has ever been in and back out of that quirky messed up thing we call (for lack of a better term) love. Here they are:

5. *Heartbreaker* - Ryan Adams
There's nothing quite as sad as a sad, drunk country boy. It just so happens that, before he got real famous, our alt-country pretty boy got his sh*t messed up real good by some sweet young gal. Unlike anything he has put out before or since, this album is mostly just him and his acoustic guitar, and he is sure lonely. Poor guy.

4. *Grace* - Jeff Buckley
Aside from his prophetic death musings, this album is pretty uplifting. Actually, that's not true. This album is beautifully depressing. In fact, if you have recently been through a tough breakup you might want to put this one off for a while.

3. *Essence* - Lucinda Williams
A dark sultry gait through the second-hand shopping aisles of a lost cowboy love. She almost whispers the whole album with a syrupy Texan drawl. Somebody pour me a shot of whiskey.

2. *Pinkerton* - Weezer
Said to be based on the story of Madame Butterfly, this now classic follow-up album to their smashing blue album goes from bitterness, infatuation, desperation, jealousy, re-invention and a final resignation all in little more than thirty minutes. Particularly memorable is track number six, "The Good Life," in which Cuomo gives himself an epic pep-talking-to.

1. *Both Sides Now* - Joni Mitchell
Nobody makes an album like this. At first listen I dismissed the full orchestration and jazz trio backing this listless diva as schmaltz. Soon after, though, I found myself relating to every word she sang. She knows love and she knows heartache. She has swooned and she has stumbled. I melt into a big puddle when she sings, "I could drink a case of you / and I'd still be on my feet." But it's the final track, "Both Sides Now," that puts the whole walk of love into perspective. This one is meant for red wine and cigarettes in an empty bar. Just be sure to drive home safely.

Happy Valentine's Day everyone. I'll be serving drinks down the street if you need me.

Starship Troopers DVD has blood, cheese

As we all know, today is Valentine's Day. Now, this presents an important quandary for your friendly neighborhood DVD reviewer. Should I pick a movie that's a beautiful love story in honor of the occasion or should I pick a bang 'em up action picture and rebel against the conventions of this corporate sponsored excuse for a holiday? Then, it hit me. Why not do both?

So, without further ado, I present to you the DVD Review of the Week: *Starship Troopers*.

Bear with me. Now, this film is based loosely on the novel of the same name by Robert Heinlein. The book is actually an incisive political commentary that brings up points especially valid when we're apparently on the edge of war ... again.

I read the book back in my formative years and I can tell you this: this movie is nothing like that book.

This film tells the touching story of Rico (Casper Van Dien) and the girl he loves, Carmen (the always stunning (ly bad) Denise Richards). These two crazy kids are high-school sweethearts in a futuristic world where military service is required for citizenship.

Carmen decides to sign up after graduation and pretty-boy Rico decides to tag along. Mutual friend Neil Patrick Harris (a.k.a. *Doogie Howser M.D.*) joins too.

We, as the audience, are supposed to believe that Denise Richards has the intellectual capacity to pilot a spaceship while our rugged hero is sent to the mobile infantry. He is befriended in training camp by Ace (played with restrained dignity by my favorite son of a prominent actor, Jake Busey).

And just because he can, director Paul Verhoeven (of *Total Recall* and *Robocop* fame) gives us a look inside the co-ed showers during his training camp montage.

Meanwhile, Carmen breaks up with

Rico because, you know, those long distance relationships never last, especially across a galaxy. Rico is so distressed that he accidentally gets his friend's head blown off during a training exercise.

He's just about to resign in shame when a giant asteroid hits his hometown of Buenos Aires. Then the movie starts getting good.

Apparently giant bugs from a different solar system have the ability to throw rocks at Earth. This, naturally, gets the human race a little upset, so we declare war on their scaly hides.

Rico and the rest of the mobile infantry rush to the rescue. He meets up again with pilot Carmen and gets into a fight with the guy that stole Kelly away from Zack on *Saved by the Bell*. Man, that guy gets around.

The intricate love story gets shunted to the side around this point. Rico joins up with Lt. John Raszak, (super-badass Michael Ironside) who leads the most elite band of roughnecks this side of the Milky Way. We get to see lots of bugs blow up and plenty of soldiers get eaten alive as the infantry goes into action.

That's basically the entire second half of the movie for you. New types of bugs keep cropping up and the soldiers find new ways to splatter their guts across the screen.

In the final, climactic battle, Carmen is taken prisoner by the bugs and Rico has to go in to rescue her.

One of the three black people in the entire world of the film is left behind with a nuclear device to sacrifice himself so stupid Denise Richards and stuper Casper Van Dien can live happily ever after. Oh, and the last thing you see is Neil Patrick Harris dressed up for all the world to see just like an SS officer. Doogie uber alles!

Interspersed throughout this movie



DVD of The Week Travis Zandi

are various 22nd century news updates in the style of the old WWII newsreels. This is actually pretty cool and might legitimately be the best part of the whole film. It's not Denise Richards' "acting" that drives this sucker.

The special features make the entire experience even better. There's a cast and crew commentary with none other than Mr. Van Dien and Mr. Patrick Harris. That's worth the price of admission alone. There's also one with Verhoeven and producer Ed Neumeier and an isolated music score, but neither has Neil Patrick Harris.

Disc two has a bunch of stuff including deleted scenes, special effects comparisons, featurettes, and a bunch more.

The best thing ever, though, is in the "Death from Above" documentary. Ms. Richards gets the quintessential ditzy quote of all time. I can't do it justice; you have to see it to believe it.

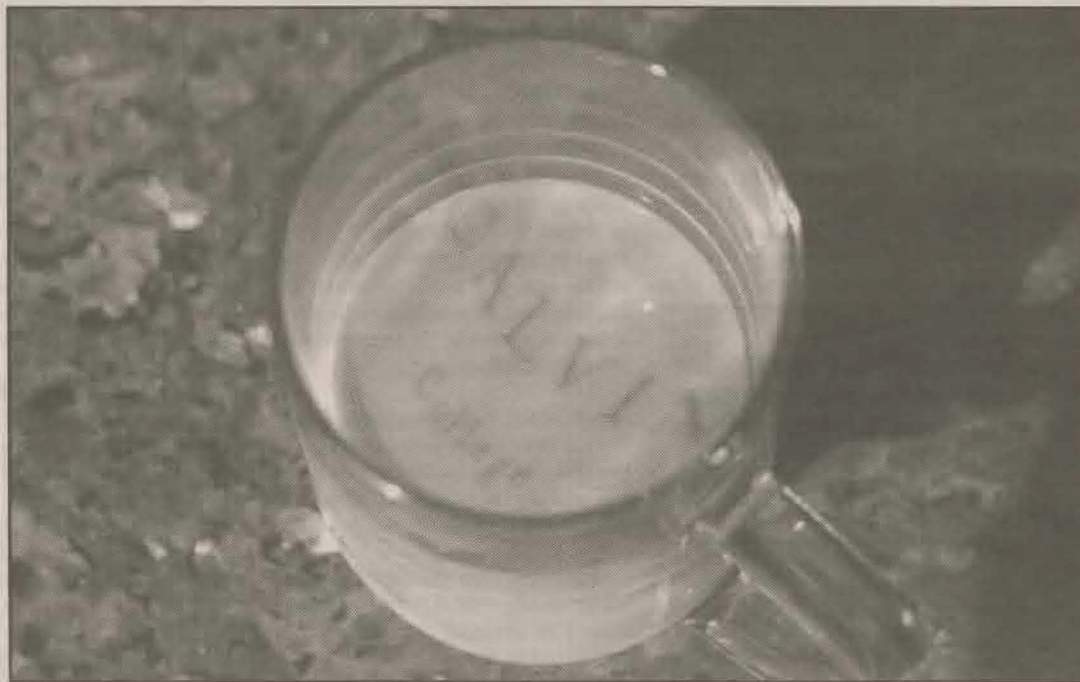
I like this movie a lot. It's cheesy and stupid and bad, but it's so cheerfully over the top in every aspect that I can't help but lose myself in it.

Verhoeven talks a lot about his social commentary and his high designs for this film in the various supplements, but we know the truth. He likes to blow things up and he does it really well. The political commentary is, shall we say, slightly lacking, but I'm willing to give him points for effort.

God bless you, Paul Verhoeven. You do blood splatters like nobody else.

Travis Zandi would like to use this space to ask Meredith if she would like to be his Valentine, even though she may or may not actually read this sentence.

Easy like Sunday morning



This coffee cup just happened to be in the right place at the right time as the sun hit the engraving on the side of the glass, casting a shadow on the coffee.

Photo by Jaco Krause

How To Lose A Guy makes perfect V-day date flick

BRIE BALES
Photo Editor

In *How To Lose A Guy In 10 Days*, Andie Anderson (Kate Hudson) is the "how-to" columnist for one of America's fastest growing women's magazines, *Composure*. This issue her assignment is to find a guy and use all the typical dating don'ts to lose him in 10 days. This is where Benjamin Barry (Matt McConaughey) comes into the picture.

Andie tries her hardest to drive Ben away using typical dating don'ts such as calling him her boyfriend after the

first date, making him miss the big shot to go get her a soda, and taking their pictures and combining them on Photoshop to see what their children would look like. If anyone ever really did the last one they would have to be considered clinically insane.

Do you really talk about what your children are going to look like after you've know someone for a week?

However, none of this drives Ben away because he is trying his hardest to win a bet he made with his boss - a bet that he could make any woman fall in love with him in

just 10 days.

To accomplish this, Ben does all the typical dating do's: sending flowers and cooking fancy dinners.

You may think *How to Lose A Guy in 10 Days* is just your typical romantic comedy coming out just before Valentine's Day. However, this movie is a little more. Without the assignment and the bet Ben and Andie would have never met. Sometimes fate works in mysterious ways to get people together, especially in Hollywood. It gives hope to those single folks who are still searching for Mr. or Mrs. Right.

Fate is used in this movie, and it portrays how there really is that perfect someone for everyone. I know it sounds a little sappy, but get over it. It's Valentine's Day.

I would say that *How To Lose A Guy* is a great date movie for Valentine's Day. It's perfect if you are a hopeless romantic, or are wondering when that special someone is going to walk into your life.

And for all you single ladies out there, who could make a better date for Valentine's Day than Matt McConaughey?

And by the way he takes his shirt off twice.

ZWAN

Former Pumpkin Billy Corgan emerges with new band

BRAD ORAW
Mast intern

Making a triumphant return with his new band Zwan, former Smashing Pumpkins frontman Billy Corgan has returned to the industry. And he's not letting the spirit of heart-felt, rock ballads vanish.

For those of you still holding on to the classic Pumpkins album, *Mellon Collie and the Infinite Sadness*, be prepared to embrace the latter-day *Machina* and even the experimental *Adore*. Corgan continues his musical exploration and experimentation with Zwan's in a similar fashion he exited his career with the Pumpkins.

Of course Zwan's album debut, *Mary Star of the Sea*, will be compared to the Pumpkins. It is Corgan. What do you expect? Pumpkins fans from way-back will approach this album with a friendly ear. You expect to hear the Pumpkins,

and that is what you hear. However, a newcomer to Corgan compositions may find the semi-dreary melodies and the subtly blissful lyrics unappealing.

As I have alluded, the new album offers many pseudo-pop ballads that display the character of Corgan in his new project. And I do mention "project," since this assembly of talent is a work of largely due to one guy. This doesn't necessarily take anything away from the album, but for the fan, it is noteworthy.

So, what exactly is Zwan? It may take time to sort out, but enjoying this first offering. From track one, "Lyric," Corgan and company take the listener on a dreamlike, harmonic-filled escapade through toe-tapping melodies. "Honestly" is a fun little groove, which is a straight-ahead, light rocker.

The next track, "El Sol," is a contrast track set to a march, which became a trademark of

the Pumpkins. The pop-tune, "Baby Lets Rock," will have you singing along. And what would a Corgan album be without the super-long track? Track 13 has a long title, which may take the entire 14 minutes of the song to recite.

Overall, songwriting and success have usually seemed to bless Corgan, and history has seemed to repeat itself throughout the album.

Basically, if you truly enjoy the Pumpkins, even in their later years, you will appreciate Zwan and their debut album.

I can't resist from pointing out the saturated use of guitar and vocal effects, besides the standard fuzz-oriented distortion. The guitar trio offers an interesting resonance, which completes the maturity of the album. The new audience may not appreciate the pasts of the band members, but they will hear the confidence and experience of the ensemble.

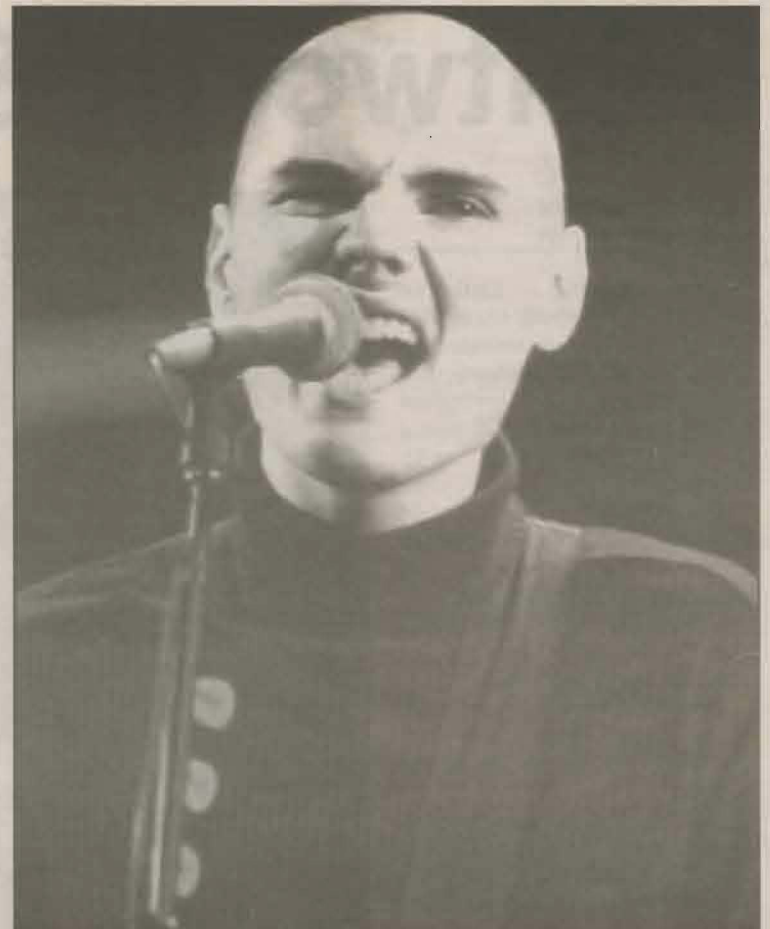


Photo courtesy of zwan.com

Corgan's distinctive voice is still strong on Zwan's album, *Mary Star of the Sea*

Conclusively, for those of you, whom have been missing the soothing tunes of the nostalgic Pumpkins, *Mary Star of the Sea* will relieve your deprivation. Billy has returned and has picked up where he left off.

Daredevil Soundtrack packs in the tunes; Rejects 'Swing'

LONNY SULFARO
Mast reporter

Last week was a good week for new albums coming out. Two much anticipated albums hit store shelves last week: the *Daredevil Soundtrack* and the All American Rejects self titled debut album.

The *Daredevil Soundtrack*, for the most part, is awesome. There are 20 tracks on the album by 19 different artists, so you get a well rounded mix.

All of the songs were good with the exception of two that I didn't care for too much. It was kind of weird, because they are paired back to back on the album.

I didn't like "Right Now" by Nappy Roots featuring Marcos Curiel from P.O.D. and "Evening Rain" by Moby. I didn't like the Nappy Roots song, because I'm not a fan of rap rock and I just don't like Moby's songs for some reason.

The other 18 cuts on the album rock really hard. The *Daredevil Soundtrack* features new music from well established bands like, Fuel, Saliva, The Calling, Nickelback, Hoobastank, and Drowning Pool featuring Rob Zombie on lead vocals.

There are also a lot of songs by up and coming artists like Seether, 12 Stones, Chevelle, Revis, Paloalto, and Finger Eleven.

The first single off the album is by a brand new band called Evanescence. The song "Bring Me To Life" has received frequent airtime on local radio stations. If you haven't heard this song yet tune your radio to either 107.7 The End or Kiss 106.1 and you'll hear it. They play this song at least 10 times a day.

There's a good reason this song gets played so much. It rocks! Evanescence has a female lead singer, and she can wail.

She has an amazing voice.

Evanescence is the only artist to have more than one song on the *Daredevil Soundtrack*. Along with "Bring Me To Life" their song "My Immortal" is also featured on the album.

The band will be releasing their debut album in March, so watch for that. The record is scheduled to be released on the fourth.

The album is just over 74 minutes in length, so it is well worth the money you pay for it. I highly recommend this album for any rock fan.

It's hard to narrow the best songs to only one so I'll give you my top five. In no particular order the five best cuts on the album are "Bring Me To Life," by Evanescence, "Bleed For Me," by Saliva, "Hang On," by Seether, "Won't Back Down," by Fuel, "The Man Without Fear," by Drowning Pool featuring Rob Zombie, and "Right Before Your Eyes," by Hoobastank. Ok, that's six but they're all really good.

The All American Rejects is also a really good album. If you're a fan of bands like Jimmy Eat World and SR71 then you'll like The All American Rejects. They remind a lot of Jimmy Eat World.

The first single off the album, "Swing, Swing," has been receiving some airplay mostly



Photo courtesy of allamericanrejects.com

The All American Rejects new self-titled album is cheap. And cheap is good.

on 107.7 The End. The song is really good and one of the best on the album.

The album is a little over 42 minutes in length, which isn't too bad. Since the band is a new band their CD is really cheap right now. You can probably buy this album for somewhere between six and ten dollars right now.

It's well worth the price. The album mixes some rocking cuts like "My Paper Heart," "Your Star," "One More Sad Song," and "Swing, Swing," with easy going tracks like, "Why Worry," and "Too Far Gone."

My favorites tracks off the album are "Swing, Swing," "Why Worry," and "My Paper Heart."

The All American Rejects would probably go into the emo music category, so if you really like emo music then I'm sure you'll like this album.

Both albums are squeaky clean language wise and would be appropriate for any age group to listen to.

If you could only get one of these albums I'd recommend the *Daredevil Soundtrack*, simply because you get more music for your buck.

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Whitworth & PLU tied for 1st

LEAH ANDERSON
Mast sports reporter

The Pacific Lutheran women's basketball team finished 1-1 when it traveled to Walla Walla and Spokane last weekend for two Northwest Conference games to fall into a tie for first place with Whitworth.

On Feb. 7 the Lutes lost to Whitworth, 52-39. Whitworth forced 17 Lute turnovers and held them to 36.1 percent shooting from the field. The Lutes were 0-of-7 from the 3-point range in the second half.

Post Courtney Johnson said, "(The game) started out well and then we let up all of the sudden.

PLU started the game with a 6-point run, but the Pirates went on a 14-0 run during the next six minutes to lead 14-6. Whitworth did not trail for the remainder of the game.

Whitworth extended their lead to 19-10, but two back-to-back 3-point shots brought PLU within three, 19-16. The Pirates led the Lutes 24-18 at the half.

With 12:11 left in the game, Whitworth had a 36-26 lead, but PLU fought back once again to pull within four on a 3-point play by Hilary Berg.

Whitworth led, 43-36, with 5:58 left to play and scored the remaining nine points from the free throw line.

"Everyone was disappointed in losing and how we played," Johnson said.

"We didn't play the defense that we are known for.

Post Hilary Berg and wing Kelly Turner led PLU with 10 points each.

Johnson, the leading rebounder and shot blocker in the Northwest Conference ended the game with six rebounds and three blocks.

This loss ended a nine-game winning streak against Whitworth, a streak that has been going since 1999.

"The loss to Whitworth fired



Photo by Leah Sprain

Wing Shannon Hayes puts the shot up Jan. 24 against Puget Sound. The Lutes would fall to Whitworth Feb. 7 before rebounding for a win against Whitman Feb. 8. With four games remaining in the NWC season, the Lutes and Whitworth are tied for first.

the Lutes up for their next game against the Whitman Missionaries, which they won 61-45.

"We played a lot better," Johnson said. "Everyone was so tired from the night before, but it was a good win," she continued.

PLU took an early lead with two quick jumpers. Whitman led 10-9 at the 15:41 mark in the first half, but the Lutes went on a 12-2 run taking a 21-12 lead.

PLU continued to control the

game holding Whitman to 7-of-26 shots and led Whitman 39-21 at the half.

With 17:46 left to play, the Lutes took the biggest lead of the game, at 45-22, but Whitman slowly cut the lead and was within 10 points with 4:24 left in the game.

PLU held on for the final minutes of the game and pulled out the win.

"We came out more intense and fired up than the other team and we took advantage of

our opportunities," Johnson said.

The Lutes were 51.2 percent from the floor but were out-rebounded by Whitman, 33-29. Both teams turned over the ball 22 times and PLU made 16 of 22 shots from the free throw line.

PLU returns home this weekend where they play Pacific tonight at 6 p.m. and George Fox tomorrow at 6 p.m. at Olson Auditorium.

Women's Basketball NWC Standings (Thru 2/13)

	NWC	All
PLU	10-2	16-5
Whitworth	10-2	16-5
Puget Sound	8-4	15-6
George Fox	7-5	12-9
Linfield	6-5	12-8
Whitman	5-7	7-13
Lewis & Clark	4-10	9-14
Pacific	3-9	6-13
Willamette	1-10	7-13

Photo by Leah Sprain

Wing Shannon Hayes watches a Puget Sound player's every move in the Jan. 24 game. The Lutes would beat the Loggers in overtime, 64-62.



Earn some valuable experience (that also looks great on a resume!), be around sports and work with friendly people.

Applications for assistant sports editor are being accepted at The Mast office, which is located on the third floor of the UC. Applications should include a resume, cover letter and samples of work.

Lutes battle Whitworth for a half

PHIL BETZ
Mast sports intern

The PLU men's basketball team lost to the Whitworth Pirates, ranked No. 14 in NCAA Division III, 66-50, Feb. 7.

The tough Lute defense kept the score close in the Northwest Conference battle as PLU went into the second half down only 32-29.

The first half was competitive and exciting as there were four ties and six lead changes.

Down by eight with 8:41 left on the first-half clock, the Lutes stormed out in front taking the lead, 29-28, with 2:24 remaining before the half.

PLU was held scoreless the rest of the half while the Pirates closed it out scoring four points to take the lead, 32-29.

The Lutes started the second half strong, taking command of the lead, 33-32. It didn't last long as the Pirates heated up, going on a 16-0 run and never looked back.

The Lute offense struggled from the field in the second half, shooting just 25 percent from the field and 0-of-6 from behind the

arc. The battle of the boards was also lost to Whitworth, 43-28.

Guard Jonathan Anderson led PLU with 15 points and post Josh Davis shot 7-of-8 for 14 points and had six rebounds.

The Lutes then won the NWC game against the Whitman Missionaries, 63-49, Saturday. The Lutes' tough defense, the NWC's second best, held the

going on a 9-0 run. They held the lead, 35-25, going into the locker room.

The Lutes turned up the heat on the Missionaries in the second half. PLU shot 63 percent while the Lute defense forced 16 turnovers.

PLU held on to at least a five-point cushion the entire second half.

Unlike the game against Whitworth, the Lutes were able to out-rebound their opponent, 42-25.

Wing Kaelen Moore set the pace for the Lute offense with 17 points on 6-of-8 shooting (3-of-3 on 3-pointers), and eight rebounds.

Davis and guard Hazen Hyland also scored double digits with 11 and 10, respectively.

The men's basketball team plays Pacific at 8 tonight and George Fox at 8 p.m. Saturday.

Wings Neil Mendez and Chris Lane, guard Micah Rieke, Hyland and Davis as seniors will be playing their final home game at Olson Auditorium Saturday, prior to PLU finishing the 2002-03 season at Puget Sound and at Linfield Feb. 21 and 22.

Men's Basketball NWC Standings (Thru 2/13)

	NWC	All
Whitworth	10-2	19-2
Willamette	8-3	14-5
Lewis & Clark	10-4	15-8
Linfield	6-5	13-7
Pacific	6-6	9-12
PLU	5-7	8-13
Puget Sound	4-8	9-12
Whitman	4-8	7-14
George Fox	1-11	7-14

Missionaries to just 34 percent from the field.

Despite a slow start on offense, the Lutes were not intimidated by Whitman's 14-9 lead with 14:14 left in the first half.

PLU cruised out in front,

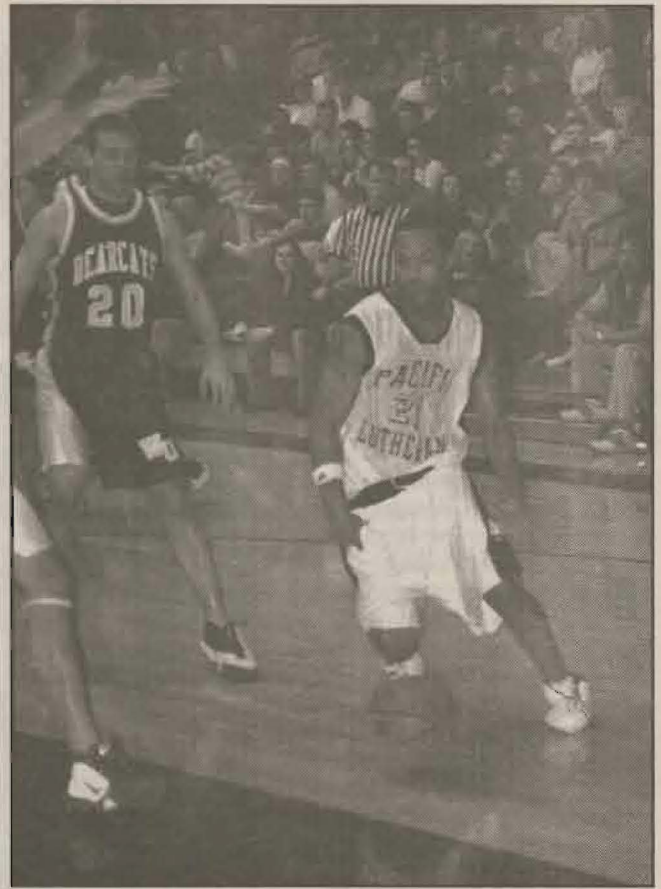


Photo by Brie Bales

Guard Jonathan Anderson lit up Whitworth for 17 points Feb. 7 and scored six points against Whitman Feb. 8.

Women's lacrosse building a program

MATT MACDONALD
Mast sports editor

The club women's lacrosse team at PLU has suffered from lack of recognition on campus, but co-captain Jessica Schwinck made sure to change that.

"We have a whole team this year because of Jess," co-captain Ellen Vaughn said.

There are 12 players on the field at once in women's lacrosse. That previously presented problems for the PLU team.

"(The) team has not done well in prior years, due mostly to lack of people on the team," Schwinck said. "Those who were involved were motivated. However, there were times that the team did not have enough people at a game to field a whole team."

This year should be different, though, as there are 17 players on the roster, allowing for five substitutes at all times.

The team finished 0-5 last

year and has struggled ever since separating from a combined UPS-PLU team in 2000. The separation of the unified team was due to UPS changing its lacrosse team from club to varsity status, Vaughn said.

Something that Schwinck did to drive up interest was to set up a booth at the interest fair in September.

The team has also participated in many fundraisers to help pay for travel, tournament fees, etc. The team has sold Krispy Kreme donuts and has players pay dues of \$75 each. Each player is also expected to buy her own stick and mouth guard.

Volunteer coach Bubba Gutherless assists Schwinck and Vaughn in coaching the team. Gutherless is also a coach with the men's team.

"He plans on going to our games when they do not conflict with the men's games," Schwinck said. "We tried to get the schedule set up so that we

would be in the same location on the same days so he can be there as much as possible."

The team competes in the Pacific Northwest Women's Lacrosse League with 11 other

"(The) team has not done well in prior years, due mostly to lack of people on the team. Those who were involved were motivated. However, there were times that the team did not have enough players at a game to field a whole team."

Jessica Schwinck
Co-captain

college club teams, two varsity teams and five post-collegiate club teams. Eleven of the 12 college club teams will compete April 19-20 in

McMinnville, Ore., for the league championship. The winner advances to nationals held May 10-11 in St. Louis.

Other college teams in the league include two teams from University of Washington (an "A" and a "B" team), Lewis & Clark, University of Montana and University of Oregon.

The season schedule is much different from the men's team, with all of the competition coming in tournaments. Ranges of three to 12 teams compete in each of the six tournaments the team has scheduled for 2003.

The smaller tournaments generally play a round-robin schedule, while the larger ones play a combination of round-robin games and then elimination games.

For example, the team's first competition is March 1-2 at the Sweet Onion Shootout at Walla Walla. The 12 teams are separated into three different brackets and the four teams in each bracket play each other once for three games on March 1.

The teams are then seeded in a single-elimination tournament the following day, with

the top four seeds playing a maximum of three games and the other eight teams playing a maximum of four games. Each team will play between four and seven games during the two days.

Normally games consist of two 25-minute halves, but sometimes at tournaments the lengths are shorter, depending on the number of games scheduled, Vaughn said.

Basic rules for women's lacrosse include no checking and that four members must always be behind the restraining line. This line is approximately three-quarters of the field into the offensive end, an area marked off right in front of and around the goal. The defender needs to stay within a stick's length of the offensive player if she is between the offensive player and the goal.

Whenever the whistle blows, the players must stop in their paths until the whistle is blown again restarting play.

The first game for the 2003 team will be at 10 a.m. March 1 against Linfield, a varsity team, at the Sweet Onion Shootout.

Those interested in playing lacrosse should contact either Schwinck or Vaughn.

Skiers finish tough season

MATT MACDONALD
Mast sports editor

The PLU skiing team, although not a varsity sport or a club sport, also competes in athletic competitions. The difference is that their money comes from athletics and not from the ASPLU.

The skiers have participated in four competitions since January in places like Brundage Mountain in McCall, Idaho, and Mount Hood, Ore.

The skiers ended their season Feb. 8-9 at Schweitzer Mountain in Sandpoint, Idaho, with Stacy Wilson being the lone qualifier for regionals, which take place Feb. 21-23 at Steamboat, Colo.

The team has gone through a tough season, from the temporary loss of their coach, Noel

Cattone, due to an accident Oct. 25 in the Field House in Olson Auditorium, to finding team members.

"(We) have had problems in finding good qualified skiers ... not people who just want to try it," Wilson said. "This is not a sport you can just pick up right away."

The Lute skiers compete in the Northwest Collegiate Ski Association with 13 other schools on the men's side and 10 on the women's side. Schools range from UPS to UW to Albertson.

The Lutes were hampered this season, only have four individuals competing, two men and two women. Three individuals are needed to have a complete team.

Wilson added that a detriment to recruiting skiers is the lack of publicity and money. "Many

high schoolers don't know PLU has a ski team, but see that (the University of Puget Sound and Seattle University) do, so they go there."

She said, "It is hard to pay for our trips and practices when the school doesn't give us much money. We have to do a lot of fundraising."

Wilson chose to come to PLU partly because there was a ski program. "I had raced before and liked the fact that at the time PLU spent the month of January skiing and training at White Pass. We haven't done that since my freshman year though. The policy changed" when freshmen were required to be on campus for J-term.

Anyone interested in the ski team should contact either Wilson or Matt Weber.

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Lacrosse knocks off UW

MATT MACDONALD
Mast sports editor

Two seconds to go in a 48-minute club men's lacrosse game. PLU has battled back from a 9-4 third-quarter deficit to tie the game at 11 with the University of Washington.

The Huskies finished first last season in the Pacific Northwest Collegiate Lacrosse League (PNCLL), while the Lutes finished second.

The first game of the new season. The perfect stage for midfielder Jacob Henderson.

Jacob Henderson made sure to capitalize on being at the right place at the right time, taking a midfielder Adam Burke pass after Henderson's defender went to cover Burke. Henderson then scored past Husky goalkeeper Tim Jackson, setting off a raucous celebration among the 60 Lute fans.

"(Burke) gave me a sweet pass just to the right of my shoulder," Henderson said. "I looked high and shot low.... (The win) was awesome as far as momentum."

"They're our number one rival," Burke added.

Volunteer coach Bubba Gutherless had praise for the Lute goalkeeper, starting his first league game. "(Bret Bartell) played unbelievable." He finished with 22 saves, compared to Jackson, who had 10.

The team returns to action this weekend, playing at 1 p.m. Saturday at Stanford and 11 a.m. Monday at St. Mary's.



Photo by Andy Sprain

Look, there's the ball! Let's go get it. Lute and Husky players battle for control of the ball in Sunday's game at Gonyea Field. The Lutes would overcome a 9-4 third-quarter deficit to win, 12-11.

Men's lacrosse fights lack of funds, field conditions

That's got to hurt!

MATT MACDONALD
Mast sports editor

A chilly breeze sweeps across the field. Rapid breathing can be seen. It is at that strange time between sunlight and the approaching sunset. Constant traffic is going by on "C" Street, adjacent to the East Campus field.

Both men and women's lacrosse players share this extremely uneven and muddy field in which the grass is being torn up by constant practice and rainstorms and ankles could easily be turned. Sometimes people yell at them from their cars. Shouts of "Let's go Megan" and "Push it" can be heard from team members.

The life of a club sport athlete is not the same as a varsity sport athlete. There are no paid coaches. There are no available practice facilities. There is no free transportation and accommodations for road trips. And there definitely is no meal money.

The men's lacrosse team is probably the most well known club sport at PLU, coming off of an impressive 2002 season. Last year the team finished 7-1 in the Pacific Northwest Collegiate Lacrosse League (PNCLL) and 9-2 overall, falling to University of Oregon in the league semifinals, 11-10, in a game played at Curtis High School in University Place.

PLU finished the season ranked No. 23 nationally in the United States Lacrosse Intercollegiate Associates (USLIA).

The PNCLL consists of nine teams, including Gonzaga University, University of Washington, Whitman College and University of Oregon.

PLU will play each league opponent once and play five additional non-league games. The league champion advances to the UNLIA national tournament held in May in St. Louis. Another PNCLL team has a slight chance of being invited as an at-large entry.

Attacker Levi Diggs said the men's lacrosse team at PLU began about 10 years ago.

The players raise much-needed money in a number of ways, probably most known for their lax-a-thon where a pair of players throws a ball back-and-forth in Red Square for 100 straight hours.

Each team member averaged 10-15 hours and the team earned approximately \$350 in a combination of pledges and donations.

The team also works security at the Tacoma Dome and Key Arena. Returning players pay \$250 in dues and rookies pay \$150. The cost is cheaper for rookies because of the substantial costs that go into purchasing the helmet, stick and gear.

PLU also gives the club appropriations. Diggs said they received about \$1,300-1,400 this year.

Volunteer coaches Jason Stockton and Bubba Gutherless are not paid. Stockton cannot make all of the practices, but Gutherless gets off work at 2 p.m. and therefore is available for every practice.

The love of the sport is what attracts players to it despite the challenges of supporting the team monetarily at PLU.

"It's a mixture of a lot of sports," Diggs said, with its hockey-type setting. When Diggs played soccer previously, he was frustrated by the lack of real hitting. When asked if being able to hit somebody as hard as you can in lacrosse was a rush, he responded, "I'd say so."

Lacrosse is essentially like soccer and ice hockey in that each team tries to get the ball past a goalie and into a net. Players use sticks called crosses to project the round ball, around the size of a baseball, to teammates. There are four 12-minute quarters.

A few basic men's lacrosse rules include: there is unlimited substitution, hitting opponents with the stick between the neck and waist is legal, checking is legal and four of the 10 players on the field have to stay in the defensive half at all times, otherwise offside is called.



Photo courtesy of Michelle Fluten

Reed Harmon gets doused with water. He had two gashes, one on his left eyebrow and the other about two inches above the eyebrow. He would be wrapped up and returned to the game moments later.

Do you have any comments on how the sports section is organized, designed, how sports are reported? Maybe on what information is included and what is not? Let us know at mastsprt@plu.edu.

Ultimate Frisbee takes off at PLU

MATT MACDONALD
Mast sports editor

The Frisbee floats like on a bed of air as two members of the 2003 club men's Ultimate team battle for position.

The disc is tipped and goes about 20 feet farther before a player dives for it just short of the gravel. The rest of the team waits expectantly and then the disc is triumphantly thrust into the air and they let out a roar.

It is Feb. 8 at Foss Field, the third and final day of tryouts, although it is more of a "try out Ultimate" the sport rather than trying out for a team. There will be no cuts.

Roughly half of the 27 men will make the "A" team and the other half will make the "B" team. All of the 14 women will make the women's team.

The volunteer coaches, Jonathan Gewirtz and Abbi Nelsson, have both won numerous world championships. The husband and wife teach the players how to throw and catch the Frisbee and also teach useful bits of knowledge like wrist exercises to help that overused part of the body in this sport stay strong.

"They are so supportive," women's captain Mandy Halverson said. "They are doing it for free."

Unfortunately, the coaches are only available on some weekends, as they have jobs and compete on their own teams. Usually, at least one will attempt to help at sectionals, men's captain Aaron Bell said. Otherwise the captains do most of the coaching.

Since Ultimate is a club sport, team members have to raise money on their own to pay for trips and accommodations. The team gets some money from ASPLU appropriations, grants and fundraising events, Bell said.

All players also pay \$75 in dues.

The rules to Ultimate are essentially a

combination of football and soccer rules. The offense has an unlimited number of pass attempts to get the disc into the end zone for a point. If an incomplete pass is thrown, the other team takes over possession.

The disc cannot be batted out of a passer's hand, but can be knocked incomplete right after it is released. Each team has seven players on the field at once and there is unlimited substitution.

The three PLU teams (open A, open B and women) compete in tournaments throughout the spring leading up to sectionals, regionals and nationals. Some women play on open teams, but that is an infrequent occurrence.

The men's "A" team is confident of qualifying for regionals (one to three teams move on from sectionals, depending on size and strength of the section), but qualifying for nationals will be extremely difficult.

Between one and three in the region will advance to nationals and PLU's region has seven of the top 10 teams in the country, Bell said.

Last season at sectionals in Burlington, Wash., the PLU "A" team went 3-2 and advanced to regionals in Santa Cruz, Calif., while the "B" team went 0-5. Competition included two teams from the University of Washington and one from Western Washington University.

The "A" team finished 1-2 at regionals to complete their season, beating Stanford's "B" team and falling to UC Santa Cruz and Chico St.

The women went 0-3 at sectionals, losing to Washington, Western Washington and the University of British Columbia.

The men's teams finished 66th and 150th out of 275 teams nationwide. The women finished 79th out of 114.

This year's women's team "looks absolutely promising," Halverson said. "Its strength increased with the number of new girls. They are learning so fast. Our strength comes from eagerness to learn and in passing it on (to newcomers)."

Both Bell and Halverson mention the Ultimate community as a significant reason they are involved themselves.

"The attitude on the teams is laid back, but intense," Bell said. At some tournaments, Bell would finish eight hours of playing, be "shacked up" at someone's house and think, "Man, that was fun."

The teams do not require attendance at every tournament. "We allow people to have other things in their life," Bell said. Last year, he said that he was probably the only one who attended every tournament.

Halverson mentioned that the availability of post-collegiate playing is another positive aspect. This is not a sport that has to be stopped after college because no one plays it after graduation. There are plenty of post-collegiate teams available to play on.

Ultimate began at PLU in the spring of 2001, when Bell and eight other PLU students got together and travelled to a tournament in Salem, Ore. By the following fall, the Ultimate club had the "front of a well established club," Bell said. They were at the involvement fair, had paperwork done with PLU and were ready to go.

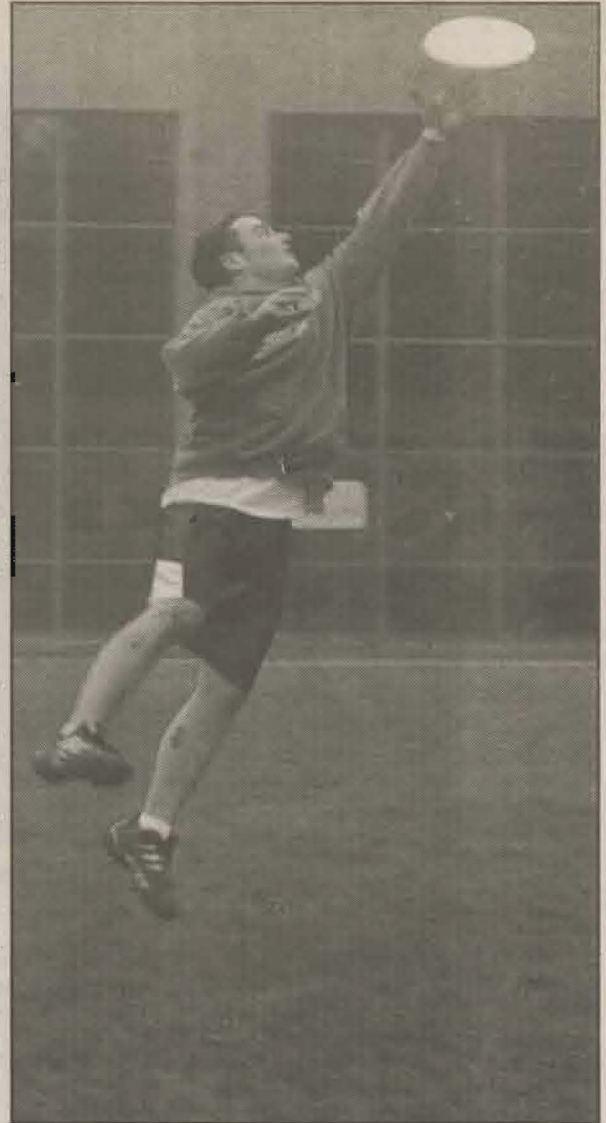


Photo by Andy Sprain

Chris Kobberod leaps up for a sensational catch.

The men start their 2003 season Feb. 22 at a tournament called Dangle Wrangle, held in Burlington, Wash. The women began the next day, playing with the men at the Reed Tourney in Portland.



Photo by Andy Sprain

Maurice Cowley (left) marks Peter Olson on the last day of tryouts, Feb. 8.

You now have the opportunity to not only be around college sports but also to have great writing opportunities (great practice for that 10-page paper!).

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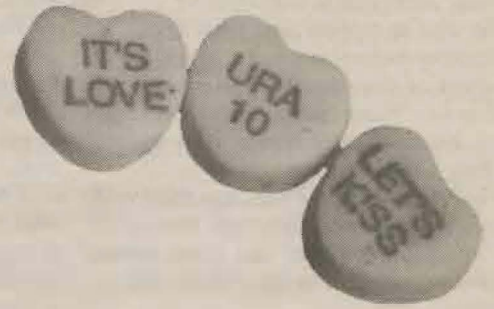
"We must love one another or die." ~W. H. Auden



Bryan Greene has a pending date with Ian Corbridge (right) tonight for Valentine's Day.

Photo by Brie Bales

RHA gives Cupid a loving nudge



ElimiLute

The quest for a Valentine

BY MATT MACDONALD
Mast sports editor

I hope I don't get matched up with her!

The person I am referring to walks in with a manly face, a leopard-print skirt and black boots. Upon realizing split seconds later that this person is indeed a man, my heart races and I worry about having to go out on a date with him.

I had waited nervously in The Cave for ElimiLute to start, knowing full well I told my editor I would cover this event from a participatory point of view, and was not going to back down.

I had no idea how the contest would be run. I did not go to ElimiLute last year, but have seen elimiDATE on television where four contestants of the same gender are on a date together with someone of the opposite gender, who then eliminates the four one-by-one, until there is one left.

I also heard from other students that ElimiLute is actually more like Singled Out, the old MTV show, in which one contestant has 50 suitors fighting

for his or her love and gets eliminated based on answers to questions like, "boxers or briefs."

Fifteen minutes prior to the contest beginning, I felt more nervous than before a theater audition. At least at auditions I know what to expect.

The Cave is decked out in Valentine's Day décor with pink, white and purple balloons all over the floor. Paper hearts have been cut out and hung on the walls.

At 14 minutes to show time,

Whatever I do, 150 people are going to see it, so I might as well have fun with it.

10 people were in The Cave, most of them RHA members finishing decorating. By the time the show

started, 150 people were packed in The Cave.

Last year, about 55 people showed up with 25 to 30 of them competing, said RHA Program Director Cora Wells. This year, about 23 of the 150 participated.

Whatever I do, 150 people are going to see it, so I might as well have fun with it. Right?

Right on time, Wells takes the microphone and informs the crowd that for every contestant (there will be four

throughout the evening who have been picked randomly from 100 returned surveys), there will hopefully be a large group of people who will be narrowed down to five or six, and then finally to two. The two will either go on the "walk of fame" or the "walk of shame," depending on whether they get the date or not.

Laura Krusen is led up to stage wearing a bandana covering her eyes. As Wells calls for all single men to walk to the right side of the stage, I get up, drop off my notebook and walk over.

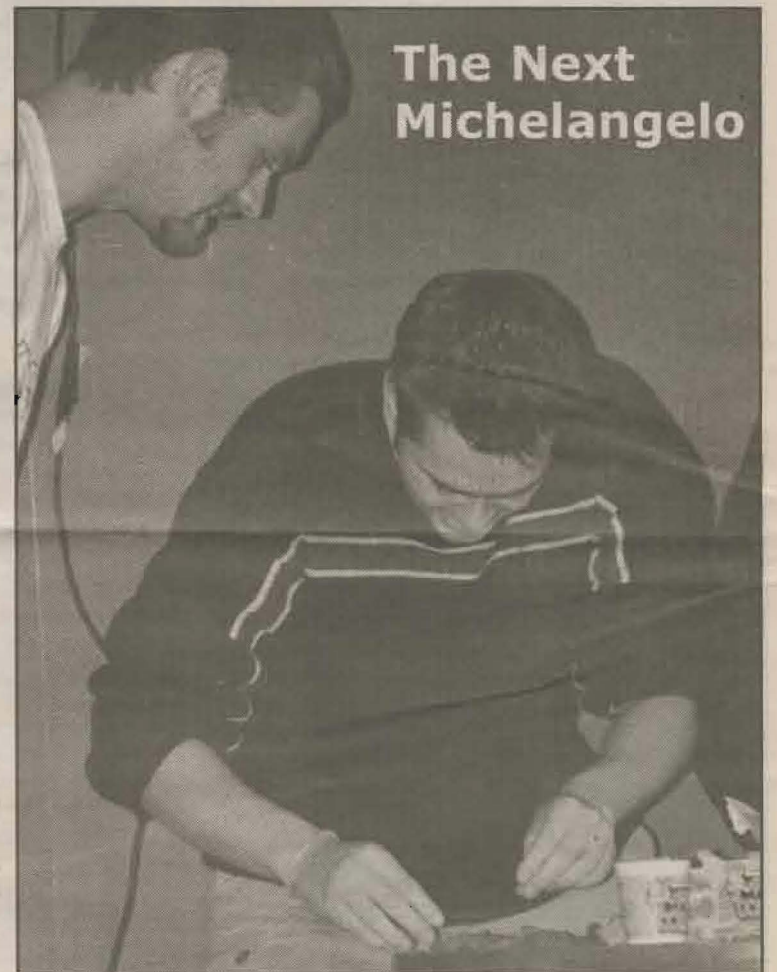
Wells then asks Krusen questions such as "two percent or none fat milk" and "ice or no ice." Unfortunately for me, I never use ice in my drinks, so my glorious run to a date with Krusen ends abruptly.

The last three contestants make sculptures out of Play-Doh. But by the looks of consternation and concentration on the contestants' faces, a bystander might think they were sculpting the next Michelangelo masterpiece.

The crowd counts down: "Four, three, two..."

See ELIMILUTE

Page 15



The Next Michelangelo

Photo by Brie Bales

Master of ceremonies, Mike Henson, takes a look at Dave Hougum's Play-Doh creation that he made to impress Laura Krusen, Tuesday.

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BY JILLIAN RAE FOGLESONG
Mast copy editor

When you tell people you don't choose to celebrate Valentine's Day, it is automatically assumed you must be bitter about the holiday because you don't have a date or have had a bad experience in the past. This is not always the case.

I have chosen not to celebrate Valentine's Day every year since a paper bag decorated with lopsided hearts hung on the edge of my desk and the big dilemma was which of the yucky boys in my class would get the "I choo-choo-choose you" card.

This decision has nothing to do with the absence of a significant other in my life. In fact, that is another decision of which I am proud.

I choose not to celebrate Valentine's Day for the same reason that my mom doesn't care about Mother's Day. If you care about someone, why only celebrate it one day a year?

Every year, my best friend sends me a non-Valentine's Day card. It always makes me laugh.

Valentine's Day has become a grossly over commercialized holiday. Greeting card companies, candy manufacturers, florists and jewelry stores spend a fortune on advertising, but easily recap their expenses in consumer spending.

Society expects that you will get something

sweet, sappy, or breathtaking from your significant other.

February 15 is national, "What did you get for Valentine's Day" Day. It's an opportunity for everyone in our super competitive society to secretly think "my boyfriend/girlfriend is better than yours."

What if I don't want chocolate, flowers or fancy jewelry? What if I don't want to go out to dinner at a fancy restaurant? What if all I want is to be appreciated the other 364 days a year?

And that's what it ultimately comes down to. We go out of our way to celebrate a few key dates each year: birthdays, anniversaries, Valentine's Day. We expect to get gifts and cards on these days.

Why not surprise your girl or guy with a gift just because it's a Wednesday and you were thinking of her or him? Perhaps a single rose on a random day — just because you saw it and thought it would make your significant other smile.

Appreciation and celebration of love is not just a one-day-a-year thing. It should be an everyday event.

So those of you who choose to celebrate Valentine's Day enjoy, have a blast, and I hope it's everything you desire. But just because I choose not to participate doesn't mean I'm bitter.

I'll gladly forgo the pink hearts and red roses and be appreciated the other 364 days a year.

"Love is like a booger. You keep picking at it until you get it, then wonder what to do with it." ~Unknown

ELIMILUTE

Continued from Page 14

Krusen picks her two favorite sculptures and the finalists answer questions such as "tattoos or piercings" and "skiing or snowboarding," trying to guess how Krusen will answer. For each right answer, they move one spot closer to a date with Krusen.

One away from the date, Kyle Heintz guesses "hot tub" over "pool," — the right answer, which lands him the love of his life. Or maybe we should get back to you on that in a week or two.

As Phil Betz was in the process of narrowing 12 girls down to Melissa Castelblanco, I realized that I was not nervous

anymore. I didn't really care anymore about participating and was enjoying observing.

Kim Watson was the next randomly chosen contestant. In spite of the encouragement of my editor, sitting next to me at the time, I stayed where I was and watched as Watson narrowed the six guys down to Erik Randall.

Remember the leopard-print skirt and black boots? Well, Bryan Greene picked Ian Corbridge, leopard-print skirt and all, to be his date.

I don't know if it was Corbridge's exotic and bulky, pasta-filled red

Valentine, or if it was Eve Gundlach's voice, substituting for his own when answering questions, that Greene liked the most, but the two lovebirds will have plenty of time to talk it over while eating a free dinner at the Old Spaghetti Factory.

Winners were also invited to the swing dance that will take place Friday from 9 p.m. to midnight in the CK. The first hour will consist of instruction.

Still looking for a date tonight? Come out to "Who Says There's No Dating at PLU?" The event takes place at 8 p.m. in The Cave.



Kim Watson holds up her answer for the audience to see.

Photo by Brie Bales



As part of our Valentine's Day special section, LuteLife introduces a bimonthly column featuring the personal insights of a bride- and groom-to-be.

Brandon

It wasn't long ago that I thought girls had cooties. After PLU I imagined I would remain a single man — always the untamed stallion I was in college. My senior year I met a woman who apparently did not have cooties and was actually pretty cool. Little did I know she would completely change my life.

It was a little under two years that Kris and I had been together before I found myself shopping for an engagement ring. One Saturday, after spending a month learning every detail of choosing a diamond, I selected the ring that would announce to Kris she was the one for me.

I had planned to propose in January and was hoping to avoid all of the cliché dates. Being prepared to act on any given opportunity, I waited through the holidays at her folk's house to continue with my original plan. The setting was to be beautiful Snoqualmie Falls.

I wanted to avoid the "usual" places of proposing (dinners, family gatherings, etc.) and to choose a simple, sincere scene. That scene was a simple park bench at the falls.

Kris was wondering why we hadn't left already and I knew that if I was to make this happen that it must happen now. Creating the mood with conversation, I brought out the ring and asked for her hand in marriage.

After a bit of disbelief and shock (which seemed to last forever), I then saw the tears and knew the answer was yes.

After we sat and cried for a while, we stood again and looked at the falls, only this time as a couple engaged to be married.

~Going to the Chapel~
The Rules of Engagement

Kristina

Wedding planning seems like it will be every bit as complex as I had imagined. Luckily, there is a whole section devoted to wedding books in the major bookstores. In fact, the first person to wish Brandon and I congratulations was the Borders cashier when we bought a wedding planning book and magazine.

Another requisite for the bride is the bridal show. As I walked into the Meydenbauer Center in Bellevue, with my maid of honor in tow, I received a bright pink heart sticker that labeled me, for the advantage of the vendors I'm sure, the "bride to be."

I had needlessly worried about food for lunch. With all the cake and catering samples available, I was not hungry until dinner.

Being engaged has forced me to think a lot about the logistics of marriage. As if the wedding planning is not complex enough, graduating into the United States' worst hiring slump in 20 years has left me with the worrisome question of whether we can both find a job doing what we want to do in the same location.

Some people have expressed surprise when they find out we are planning on getting married in just over six months.

But being in love does strange things to people, and after two years, Brandon and I have decided we want to spend the rest of our lives together.

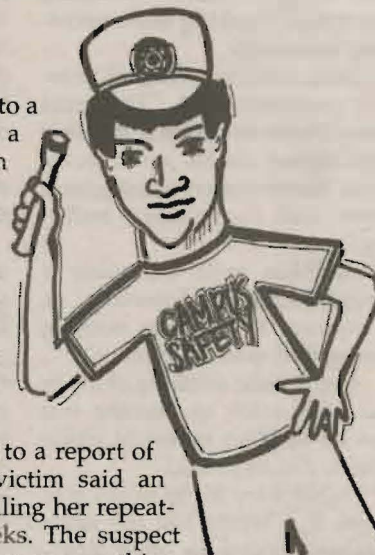
Now my mom just has to figure out how to coax her six brothers' and sisters' families out to Montana two times in one month since my oldest cousin's wedding is also planned for August.

Kristina Courtnage, '03, is majoring in music and minoring in publishing at PLU. Brandon Bowman, '02, graduated from PLU with a bachelor's degree in business administration.

SAFETY BEAT

Feb. 6

Campus Safety responded to a request for medical aid for a student suffering from abdominal pain and blood in her urine. Central Pierce Fire and Rescue also responded. The student was found to be stable and the pain was most likely related to recent surgery. She was advised to seek further medical treatment on her own.



Campus Safety responded to a report of telephone harassment. The victim said an unknown person has been calling her repeatedly over the past three weeks. The suspect calls several times a week, but says nothing. No further information at this time.

Feb. 7

Campus Safety officers observed two students walking near the Harstad parking lot. At the time one was walking with his pants around his ankles. Campus Safety, along with Pierce County Sheriff's Office, contacted both. Both were found to be intoxicated and admitted they had alcohol in their rooms at South Hall. Officers responded to the room and found three handgun replicas that were actually pellet pistols. Also found was alcohol, marijuana and drug paraphernalia. The student was arrested and released on scene by PCSO. A search of the remaining, adjacent apartments also turned up alcohol. A report has been submitted to student conduct.

Feb. 8

Campus Safety responded to an intrusion alarm in the UC at 6:41 a.m. Two Outdoor Recreation workers were found inside. Both said they were unaware of the UC unlock times.

Campus safety responded to a report of male with an ankle injury at Foss Field. The victim had injured his ankle playing Frisbee and was treated on the scene by Campus Safety officers with an ice pack. No further medical aid was necessary at the time.

Campus Safety responded to a fire alarm in South Hall. Safety officers arrived and were admitted into the room by the occupants. The officers immediately noticed empty alcohol containers in plain view. Officers gained permission to search further and found several empty and full alcohol containers. Both students said that the alcohol belonged to the other roommate who was not present at the time. A report has been submitted to student conduct.

Campus Safety responded to a fire alarm at Pflueger Hall. Once on scene, officers determined that the alarm had been caused by "burning nachos" that a student had been making in his room.

Feb. 9

Campus Safety officers were requested to assist the on-duty RAs in Foss Hall. The RAs had responded to a student's room in regard to a noise complaint. As RAs entered the room they observed alcoholic beverages, as well as drug paraphernalia, in plain view. Campus Safety seized the alcoholic beverages and drug paraphernalia, and later placed them into evidence. At the order of the RD, no further search of the room was conducted at the time. A report has been submitted to student conduct.

NEWS BYTES

THIRTY SECONDS OF THIS WEEK'S NEWS HEADLINES

- N. Korea could hit U.S. with nukes, U.S. officials say
- U.N. report: Iraq's missiles fly too far
- U.S. bombs kill at least 17 Afghan civilians, Afghans say
- U.S. eyes new Iraq war resolution,

NATO still split

- President, Geenspan at odds on tax cut plan
- Intel set to unveil new chip for cell-phone
- NASA takes pictures of early universe
- AIDS vaccine seems elusive
- NASA engineer's e-mail warned of possible disaster
- Twenty-one Hajj pilgrims trampled
- Anti-terror program would comb personal information

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FIRST YEAR

Continued from page 1

Foundations for Caring. The inquiry class replaces Nursing 260: Professional Foundations I, usually taken by nursing majors in their sophomore year. The inquiry class emphasizes the critical thinking skills necessary for college.

Dana Zaichkin, clinical assistant professor, said, "The great thing about this class is that it is well-suited to be an inquiry class. There is significant group work and community building."

Zaichkin calls the class a "travel brochure of nursing" as it explores health care, nursing theory and nursing history.

The critical thinking skills in the class refer to nursing but can be applied to many disciplines, Zaichkin said.

"What I try to do is say this refers to nursing but the same process applies to other disciplines, like business, with a different name on it," Zaichkin said.

Freshman Leslie Dycus took Special Education 190: Individuals with Disabilities, which fulfilled her alternative perspectives requirement.

"This class taught me to see people in a different way," Dycus said. "Going into this course I didn't know much about people with disabilities, how they react to certain situations, when to ask if they need help. People look at people with disabilities as if they should be treated differently or talked down to."

Dycus believes this course should be required for all students.

"People don't know how to treat a person with a disability and this class teaches that," Dycus said.

The first-year experience now has two seminars: the inquiry seminar and the writing seminar. The writing seminar did not change this year. Students can choose their four-credit writing courses from a variety of different topics and professors from different departments.

Lamoreaux said there was some initial confusion regarding registration for the inquiry seminars. Last November, when students began registration for spring classes, some

freshmen were unable to enroll in an inquiry class because they were all full.

Lamoreaux said the confusion was caused because it was never written into the faculty handbook or into Banner Web that students can only take one inquiry class. Some students were registered for multiple inquiry classes, Lamoreaux said, restricting other students from taking any.

The problem has since been corrected and Lamoreaux said he believed all the first year students were able to enroll in an inquiry class.

Defining the first year experience program is an ongoing process, Lamoreaux said.

"Right now, we are looking at paying more attention to diversity in the first year program," Lamoreaux said. "We are looking at ways to make it more an introduction to PLU."

"PLU has a very good first year program," Lamoreaux said. "We will be looking at what's going on with other first year programs and taking (PLU's program) to the next step."

GILES

Continued from page 1

has been assigned to several duty stations including:

n Germany where he was then deployed into the Middle East to serve in the Reconnaissance unit of the 1st Armored Division.

n Fort Rucker, Ala. for five years. He taught the Captain's Career course, and was the attack company commander.

n Egypt where he worked with the Egyptian Air Force.

n Fort Hood, Texas

n Bosnia where he made three trips to Bosnia during a five-month period.

"I had the opportunity to drink Vodka with the Russians, drink tea with the Turkish and had lunches with the Nordic Pole Brigade," Giles said.

He added, "I became the unit's expert on Bosnia. I spent six months training the new units going in to the country."

When that mission was over, Giles went back to Fort Hood, TX where he learned to fly the longbow helicopter. He was part of the first unit to field this helicopter.

Giles said, "It was so new I went to the Boeing plant to learn to fly it; we probably had about five crashes while trying to learn how to fly them."

"I then made the choice to come here to PLU to teach and be part of the ROTC program."

"I feel I bring experience to the program and here I get the chance to see what motivates our young leaders and how the military is perceived in the public. It's valuable to me personally," he said.

Future plans for Giles include working at one of the NATO headquarters in the NATO Allied Air Forces Northern Europe for the Summer 2003.



Photo by Leah Sprain

Freshmen in Integrated Studies 190: Power and Authority discuss the stages of the French Revolution. The inquiry classes are capped at 20 students in order to facilitate small group discussion.

Look for these stories in upcoming issues of *The Mast*

Find out the secrets about the bomb shelters underneath PLU

Update on the search for a Vice President of Admissions

Students and faculty rally for peace in Tacoma and Seattle

The history of war at PLU

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