

INjured and OUT

INjured and OUT: An exclusive pg. 5



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Swimming success on Senior Day pg. 11



THE MOORING MAST

PACIFIC LUTHERAN UNIVERSITY

FEB. 13, 2015

<http://mastmedia.plu.edu>

VOLUME 91 ISSUE 11

King of Norway to visit PLU

His Majesty King Harald V set to speak at Commencement

SAMANTHA LUND
News Editor

This May, His Majesty King Harald V of Norway is scheduled to visit Pacific Lutheran University to celebrate the school's 125th anniversary and speak at the university's Commencement ceremony.

PLU was founded by Norwegian immigrants in 1890. HM King Harald has close ties to the school. Before the ceremony, HM King Harald will meet with Norwegian students at a gala luncheon to raise funds for an endowment supporting PLU and exchange programs with Norway.

While he is here, HM King Harald will

receive an honorary degree from PLU. HM King Harald will receive a Doctor of Laws *jure dignitatis* because of his long record of distinguished service to his country and the world, according to the PLU Board of Regents.

"Lutes all around the globe feel honored to have King Harald V as our most distinguished guest and Commencement speaker to mark our Quasquicentennial year," said PLU President Thomas W. Krise. "His Majesty's presence will underscore our deep personal and institutional ties to Norway—ties that began in 1890 and continue robustly today."

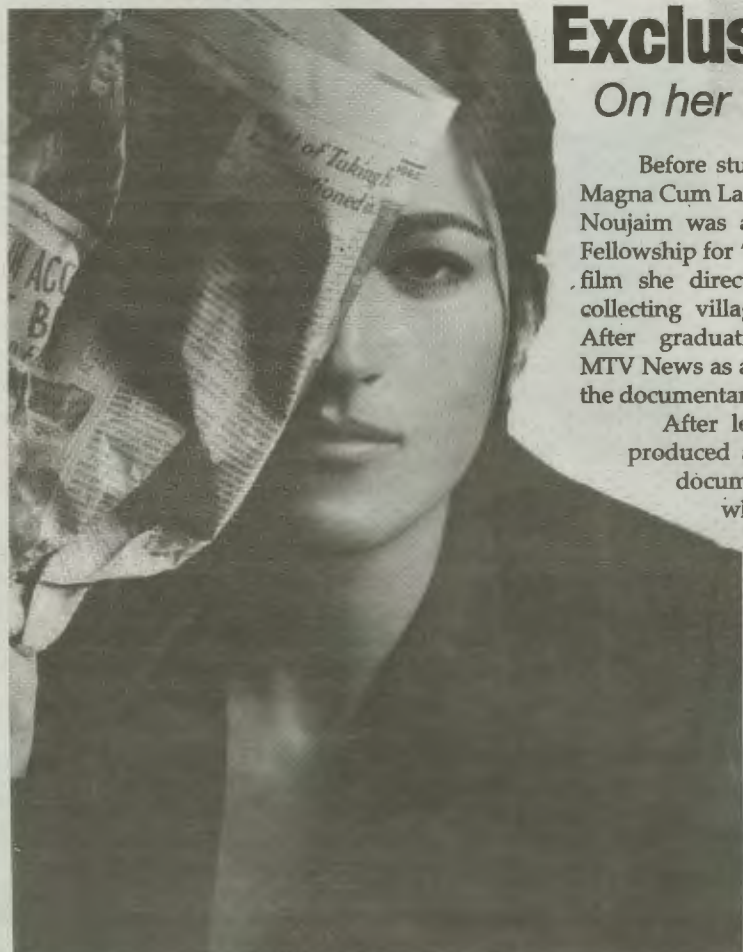
More about His Majesty's visit can be found at <http://www.plu.edu/marcom/news/2015/02/10/thekingatplu/>



PHOTOS COURTESY OF ZIMBIO.COM

LEFT: His Majesty King Harald V of Norway and Queen Margrthe II of Denmark.

RIGHT: His Majesty King Harald V is the leader of Norway, a constitutional monarchy. He is traditionally head of the state, but his duties are mainly representative and ceremonial. The legislative and executive powers lie with the country's elected bodies. The Norwegian monarchy dates back more than a thousand years and Norway has had more than 60 named sovereigns. HM King Harald V was crowned in 1957.



Exclusive: Jehane Noujaim

On her film, filmmaking and her vocation

Before studying and graduating Magna Cum Laude at Harvard, Jehane Noujaim was awarded the Gardiner Fellowship for "Mokattam," an Arabic film she directed about a garbage-collecting village near Cairo, Egypt. After graduating, Noujaim joined MTV News as a segment producer for the documentary series "Unfiltered."

After leaving MTV, Noujaim produced and directed a feature documentary "StartUp.com," which won countless

awards. Noujaim has since directed and created many documentaries that won many awards.

Recently, Noujaim has worked on "The Square," which follows the uprising in Tahrir Square in Cairo which inspired the country and the world. "The Square" was nominated for an Academy Award and won the Directors Guild Award.

Noujaim is coming to Pacific Lutheran University to talk with students about her vocation.

"I think it is my role to reflect back the world that we are living in that I see around me and to communicate the sparks of hope and the miracle I see in human nature."

Jehane Noujaim
Academy Award nominated filmmaker

EXCLUSIVE: Jehane Noujaim continues on pg. 4

Quotable



"I wanted to wait until I'd been in this job a while. I didn't want the story of SHARP to be about what I'm about—it's about the victims." Lt. Col. Celia FlorCruz on advocacy, "From victim to survivor" pg. 2



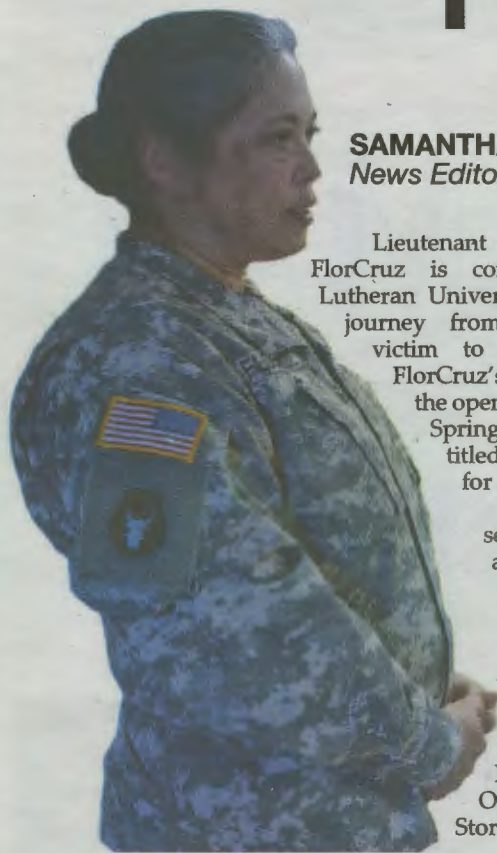
"It's not too often we get the chance to play a team with that kind of caliber." Jennifer Childress on Women's Basketball playing George Fox, "Losing streak continues for women's basketball" pg. 11



"The willingness to be vulnerable is something every relationship needs to survive. Keeping walls up between partners is just another way of saying 'I don't trust you.'" Samantha Lund on relationship lessons, "Three lessons from '50 Shades'" pg. 8

From victim to survivor

Military woman shares her story with PLU



SAMANTHA LUND
News Editor

Lieutenant Colonel Celia FlorCruz is coming to Pacific Lutheran University to share her journey from sexual assault victim to military leader. FlorCruz's lecture will be the opening lecture for the Spring Spotlight Series titled "...and Justice for All?"

FlorCruz was sexually assaulted at age 17, but she did not allow her story to stop there.

She went on to graduate from West Point, fly helicopters as a Medevac pilot in Operation Desert Storm and command

a medical unit. She now serves as the Soldier Readiness Officer of the U.S. Army's largest division – the 7th Infantry Division at Joint Base Lewis-McChord.

FlorCruz also runs the Sexual Harassment/Assault Prevention (SHARP) program at JBLM. She has been working with victims of sexual assault since 1977. SHARP is the first Army-required comprehensive program that centers on awareness and prevention, training and education, victim advocacy, response, reporting and accountability as it aims to "eliminate sexual assault by creating a climate that respects the dignity of every member of the Army family."

Since joining JBLM, FlorCruz has become the top sexual assault prevention and response officer in the 7th Infantry, which includes the base's main combat brigades.

Her position as a SHARP leader has thrown FlorCruz into the limelight because of rising reports

of sexual assault in the military and lawmaker attempts to find solutions.

With her background and military experience, FlorCruz has made it her goal to lower sexual assault rates in the military and on college campuses. Sexual assault is most prevalent in the military and on college campuses. For FlorCruz, these places are where she wants to start making a difference.

FlorCruz is the second event opening the Spring Spotlight Series. The series is a combination of justice-related events open to the community. The topics include sexual assault, sex trafficking, environmental justice and the removal of indigenous children and the youngest voices of the Holocaust.

FlorCruz will visit PLU Feb. 17 to share her story. Her lecture will be in the Karen Hillie Phillips Center at 6 p.m.

Quick Facts:

Between 23-28 percent of women service members are sexually assaulted while in the military.

11% of service women are raped

About **22%** of assaults go undocumented.

Statistics found on the U.S. Army's sexual assault report of 2012

DAVID MAIR
Staff Writer

Trees on upper campus have taken leaf, making upper campus a little more bare.

Trees across campus have been cut down because of disease and weather.

Prior to Christmas, the tree taken down near Red Square was beginning to lift out of the ground. Facilities management took the tree down because there was fear of it falling on a student.

Another tree by the library fell down during January. The tree was diagnosed with a fungus by an expert brought in by Facilities management.

Several other trees surrounding Red Square have been removed in the past weeks because of similar fungal conks found at the base of the trees. The same trees barely endured a severe ice storm that occurred in 2012.

All trees that have been removed so far were both *Gleditsia Triacanthos*, commonly referred to as Honey Locust, a deciduous tree native to the Pacific Northwest

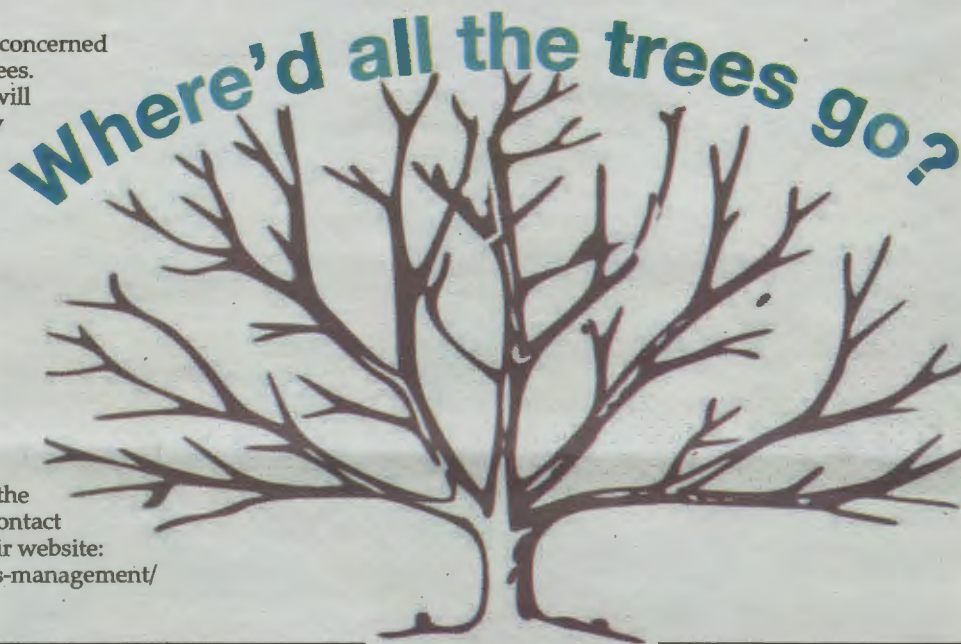
region.

Many students have been concerned with the sudden uproot of trees.

"Removing the trees will make the campus look ugly and the beauty of the campus is one of the main reasons I came here," first-year Tori Henning said. "I hope more trees are planted."

Fortunately, "there is a plan to grind the stumps and to replant the area with different species," grounds maintenance specialist, Kenneth Cote said.

To learn more on the continuing matter, contact Facilities management at their website: <http://www.plu.edu/facilities-management/>



What's new at ASPLU?

A look at changes around campus and 2015 LollaPLUza

Samantha Lund
News Editor

Spring semester brings with it weekly Associated Students of Pacific Lutheran University meetings to discuss changes around campus and new policies for students. Recently, ASPLU has been making decisions that will affect students this year and next.

The first big change ASPLU is looking to make is taking Impact out of ASPLU and making it a part of Student Media. As of the Feb. 10 ASPLU Senate meeting, the process has begun to separate ASPLU and Impact. If all goes as planned, Impact will join Student Media Board next year, said senior ASPLU Vice President Dan Stell.

Impact has been a part of ASPLU for more than 13 years. Now, Impact Director Haley Ehlers and Stell agree that this move will be beneficial for Impact and help the organization to grow. Student Media Board is an organization that is attempting to make Student Media work together across campus and provide multimedia coverage and opportunities to all students.

If this bill passes and Impact becomes a part of Student Media, the

budget will not change for them but will become an average of their last five year's budgets. However, the ultimate budgeting decision will be left up to the Senate.

Along with moving Impact out of

ASPLU, Stell says there is talk of creating a Student Programs Board. A Student Programs Board has been in the works for three years now, but Stell thinks it is on its way to success.

As Pacific Lutheran University gets closer to May, rumors have been going around about the who, what, where, why and when LollaPLUza will take place.

Senior Andrew Larsen, Programs Director for ASPLU, touched base on a few new details on the event. LollaPLUza, the annual PLU outdoor concert event, will change locations and be on the golf course this year.

There were fears and mumbblings that ASPLU was going to change for LollaPLUza because it was on the golf course but those rumors are false. LollaPLUza will continue to be a free concert open to all students.

As of right now, ASPLU is still finalizing contracts with artists to headline the concert. There have been an overwhelming number of on-campus groups who have reached out to ASPLU to be involved as well, Larsen said. The concert cannot meet all the requests from bands, but Larsen thinks the concert will provide an exciting opportunity to showcase some local PLU talent.

ASPLU meets Tuesdays at 6:30 p.m. The locations change frequently and can be found online.



PLU education sets the stage

EDDIE MCCOVEN
Guest Writer

ACT 1 Theatre Productions is currently putting on performances of "The Last Five Years." What's unique about this production is not just the giddy music that envelopes this sorrowful story, but that Pacific Lutheran University students and alumni are working together on this show.

"PLU Students are the most professional, even under pressure... Full of grace" said Petra Karr, a PLU alumna.

For most of her shows at ACT 1, a black box theater company in Sumner, Wash., she intentionally reaches out to Lutes in the School of Arts and Communication.

"I like being able to draw [talent] from where I trained," Karr said. "I hope they will continue to be part of our productions even after they graduate."

Karr, who now has a daughter studying at PLU, has been acting and directing in theatrical productions since she was 16. She attributes her success in directing after completing her education to the outstanding faculty she studied under and the many performance opportunities at PLU.

Amy Boers is in charge of the music for this show. Boers is a familiar coach and accompanist to both vocalists and instrumentalists in the PLU music department. She has been working with student performers at PLU for about five years.

Boers helped to recruit current Lutes for the show to provide the musical accompaniment: sophomore Clay Snell, guitar; first-year North Foulon, violin and junior Piper Foulon, cello.

Senior Alex Gallo is the musical's male lead. Gallo, who sings in Choir of the West, was invited to audition by Boers because of his previous work with her in the PLU music program.



PHOTO BY EDDIE MCCOVEN

Senior Alex Gallo performs as Jamie in rehearsal for ACT 1 Theatre Production "The Last Five Years" in Sumner, Wash., on Feb. 5.

When asked how his education at PLU had helped to equip him for this role, Gallo said, "The diversity in coursework, specifically the general education core, helped me to understand the character of Jamie, and to better portray him."

"The Last Five Years" is a contemporary musical chronicling the failed marriage of Jamie, an aspiring writer who gets a publishing deal, and Cathy, an unsuccessful actress whose failure at marriage is akin to her failure at show business.

Final performance dates for "The Last Five Years" are today, tomorrow, and Feb. 15. Tickets can be purchased at <http://act1theaterproductions.com>.

'Charlotte' saves children

ERIN FLOM
Guest Writer

In the 1970s, Pacific Lutheran University had a prominent children's theater. Senior Mitchell Helton is hoping to bring it back this year with a production of "Charlotte's Web," based on the novel by E.B. White. The show premieres 7:30 p.m. tonight.

As part of his capstone project, Helton was able to combine his two passions, theater and children's literature, into this production.

Helton said he chose "Charlotte's Web" because it was his favorite story from when he was a kid. He admires how E.B. White "doesn't censor topics that others think would be too delicate for kids."

By having children's theater at PLU, Helton said



PHOTO COURTESY PLU MARKETING AND COMMUNICATIONS
Senior Mitchell Helton, director.

"it's a great way to get the community involved."

That's exactly what he did. James Sales and Collins elementary schools will see the production. Helton said that the students "will fill the entire house." All 600 seats.

By bringing back children's theater, it also "provides an opportunity [for younger students] to

see a live production who wouldn't normally get to," Helton said.

Senior Asia Wolfe, who plays the sheep, said she's excited to have so many kids in the audience and that as an actor, "you feed off the energy of the audience and kids always have more energy."

Wolfe also said acting for children's theater "forces you to tap into your inner kid."

The play follows the original story very closely — Helton mentioned that E.B. White even helped with the script adaptation.

The completely student-produced show "had minimal time commitment," Helton said. He explained audiences "will have to use creativity to create the world; the kids will make the show whatever they want it to be."

After he graduates this May, Helton hopes to work in children's theater.

EXCLUSIVE

Q&A with filmmaker Jehane Noujaim

Jehane Noujaim is visiting Pacific Lutheran University Thursday, Feb. 19, to screen her Academy Award-nominated film, "The Square," at 5 p.m. in the Karen Hille Phillips Center. She will also deliver the second Ambassador Chris Stevens Memorial Lecture directly after at 7:30 p.m. Noujaim exclusively spoke with *The Mooring Mast* to talk about her film, filmmaking and her vocation as a filmmaker. You can read even more online at <http://mastmedia.plu.edu>.

Mast: When students leave after viewing "The Square" and listening to your lecture, what do you want them to do?

Jehane Noujaim: If "The Square" could stand for anything, it's this idea that if you bring someone to power — Bush, Obama, whoever is next in 2016 — you have to keep challenging them and holding power accountable. The work isn't done once all the votes are in.

PLU strives to help Lutes determine their "vocation" — how would you define yours, and how did you realize it?

I am a storyteller and I use film to tell those stories. I think it is my role to reflect back the world that we are living in [and] that I see around me and to communicate the sparks of hope and the miracle I see in human nature.

[My] mom took me to the garbage-collecting village in Egypt when I was about 16. I was drawn into this community and started taking pictures. I took pictures at weddings and of older family members — memories of events and people that they were not able to preserve for themselves.

When I was 18, the UN Conference on Population and Development asked me to show some of these photographs in Cairo. I was very excited, it was my first exhibit.

After about two days, they were all taken down except for three of them.



PHOTO COURTESY OF NOUJAIM FILMS

When you get an idea for a film, what is your next step?

I am usually struck with an idea for a film when I meet a person or am confronted with a situation that surprises me, inspires me, or makes me question my way of thinking. The next step is research. Not always glamorous, but digging deeper into the story.

[My team and I] start reading news articles, figuring out key players, starting conversations with them and with colleagues we may want to work with on a project. We see which characters might be able to carry the story — people that will lead us through the story we want to tell.

What is your advice to aspiring filmmakers?

Don't ask for permission to pick up a camera. If a story moves you, find the characters that will help guide you through the story and find out if you can spend some time with them. I also advise finding a mentor, a filmmaker that you admire, and try to spend a year working with them, or interning for them — it is the best way to learn.

Some of the people organizing the conference were so upset and angry with me, for showing these very dirty sides [of] Cairo. I got so depressed; looking at this empty wall and thinking, "I failed at this."

...[T]hen I started thinking about the intense emotion that had come out of people from just seeing those pictures. Here I was, just a teenage nobody with no voice, but all of a sudden I put up these photos and people were arguing and having conversations they never would have had — I had begun a debate without opening my mouth. I saw how powerful an image can be.

[Photography and filmmaking] allows you to transport people to places they never would have ordinarily gone. You can give people the experience of seeing the human spirit thriving in adverse conditions — which is incredibly inspiring.

You can show a film, allow a person to step in another's shoes and consider a point of view they had never thought about before.

That is a powerful, beautiful thing. This is why I became a filmmaker.

—MATTHEW SALZANO

A&E

Charlotte's Web
7:30 p.m. Feb. 13, 14 in KHP
2 p.m. Feb. 14 in KHP

Stupid Cupid's Ball
7 p.m. Feb. 14 in The CAVE

Vikings Film Screening
7 p.m. Feb. 18 in AUC 101

Screening "The Square"
5 p.m. Feb. 19 in KHP

Noujaim Lecture
7:30 p.m. Feb. 19 in KHP

Tunnel of Oppression
9 a.m. to 7 p.m. Feb. 20 in CK

BLOGS:

First music of the new year

BROOKE THAMES
A&E Writer

The last few weeks of January were busy in the music industry, with releases by Kelly Clarkson, Ne-Yo and Fall Out Boy. Not to mention the pending release of the "Fifty Shades of Grey" soundtrack and the return of

a female rap icon during the Super Bowl Halftime Show.

Guess who has finally returned, after making fans wait four treacherous years? None other than Kelly Clarkson!

Full story online:
<http://mastmedia.plu.edu/>



TERRAN'S
take

Terran's Take:

Terran relates her stories and lessons learned from the R. Kelly concert.

'Emily' premiere shows promise

MATTHEW SALZANO
A&E Editor

"Outnumbered" was an experiment in the basics of film and television. Now, three years later, juniors Rachel Diebet and Camille Adams have come a long way. Their new show is an example of creative storytelling.

"Dear Emily," an original miniseries, premiered Feb. 9 on Mast TV's YouTube page.

On Jan. 23, about 25 friends, family and crew from the show gathered in The CAVE for an advanced screening of the first four episodes.

Full story online:
<http://mastmedia.plu.edu/>

Wind hits Tennessee



PHOTO COURTESY OF WIND ENSEMBLE

LEFT TO RIGHT: First-year Gabriel Johnson, junior Devin Turner, first-year Ingrid Smith, junior Kristi Eckroth and first-year Lyndi Knox take a selfie in Nashville.

BROOKE WOLFE
Staff Writer

The Pacific Lutheran University Wind Ensemble enjoyed the opportunity to bring their Lute tunes to Tennessee and the Parkland community through their January Term tour which consisted of concerts highlighting their extensive capability and immense dedication to their craft.

PLU associate professor Edwin Powell led the students on their way through Nashville to Chattanooga, Tenn.

Friends and family had the opportunity to follow their travels on the updated blog.

Day one stated, "Nine hours, two flights, two busses and a french-horn-stashed-in-a-wheelchair-closet later, the party has arrived in Tennessee!"

On the way to Chattanooga, a stop at the Jack Daniels Distillery in Lynchburg was followed by a walk around the Tennessee Aquarium, known for its elaborate mix

of fresh and saltwater exhibits located in Chattanooga.

First-year Jennifer Brown said the trip "was a wonderful opportunity to get to know the people I will be studying with for the next few years."

The group got the opportunity to record in Elvis' former Nashville studio, Studio B, which Powell described as his highlight of the trip.

At Studio B, they recorded "Moon by Night," which can be listened to online at <http://www.plu.edu/wind-ensemble/listen-watch/>.

In honor of their eight day travels, the students came back to PLU and performed a Homecoming Concert Feb. 5 in Lagerquist.

They played their Tennessee set one final time. Pieces that made the cut included the world premiere of "For Those Who Wait," a piece composed by Greg Youtz, associate professor.

The Wind Ensemble's next concert is 3 p.m. March 15 in Lagerquist Concert Hall.

"It was a wonderful opportunity to get to know the people I will be studying with for the next few years."

Jennifer Brown
first-year

INjured and OUT



PHOTOS COURTESY OF INJURED AND OUT

LEFT: The four producers take a selfie with an audience of almost 70. UPPER RIGHT: Junior Craig Crooms was one of the athletes interviewed for his knee injury. LOWER RIGHT: Senior Steven McGrain was interviewed for his multiple concussions from playing football.

ERIN FLOM
Guest Writer

Athletics are an important part of college, and student-athletes can really find a passion for their sports. But what if an athlete injures themselves and can't play anymore? This experience is explored in the student-made documentary "INjured and Out."

"INjured and OUT" premiered at 8 p.m. Feb. 6 to a full crowd in Ingram 100. The documentary focuses on five Pacific Lutheran University student-athletes who were injured and can no longer play their sport.

Samantha Lund, a junior, produced the film and was inspired by her friend and fellow filmmaker, senior Austin Hilliker. Hilliker, a football player, became interested in athletic injuries after seeing his teammates experience many concussions.

After discussing it, Lund quickly became passionate about the stories behind

sports injuries as well.

The most impactful story was that of former football player, junior Craig Crooms. Crooms always wanted to play college football, but went into the military straight out of high school. When he made it to PLU, Crooms tore his ACL for the third time and could no longer play.

This was Lund's first experience with documentary filmmaking. She thought "INjured and OUT" would be about injuries and the healing process, but soon found it was about identity.

Many of the athletes, like Crooms, featured in the film struggle to find what life with their injury and without their sport is like.

Lund said it was important to have athletes tell their stories "because they never get to -- their focus is on recovery."

Lund put together the team that also included senior Allie Reynolds and first-year Matthew Salzano. The documentary was filmed and edited over J-Term.

'322' brings back jazz

BROOKE THAMES
A&E Writer

Northern Pacific Coffee Company was packed full on the night of Feb. 7. The Pacific Lutheran University community came together at the coffee shop to shell out support for The 322 Jazz Collective, a PLU-based band that is bringing jazz back one note at a time.

Comprised of five talented musicians, The 322 Jazz Collective formed over January Term with the goal of sharing their love of music and having fun doing it. Members of the group include junior BrandonLee Cierly, saxophone; sophomore Elliot Turner, guitar; first-year Marc Harper, bass; sophomore Thomas Horn, drums; and senior Tyler Peterson, piano.

Playing in PLU's University Jazz Ensemble caused these instrumentalists to form a common bond over jazz music.

"We found that there were a lot of similar interests in the types of music we like to play in our free time," Peterson said.

Through experimental sessions, the friends discovered that they gelled well together as musicians, but Turner said that it was one member that prompted the official branding of the group.

"[Harper] was the catalyst for it," Turner said. "[He] got us all together and was like, 'Hey, we should play a few gigs around the area.'"

The gathering at NPCC was The 322 Jazz Collective's debut performance, and the start of what Turner describes as an experiment in fun and creativity.

"We're trying to be a lot more creative and new

in what we're playing as opposed to just playing a lot of old standards," Turner said. "We just want to try and give our own spin on things and play our music."

Not only does the band play classic jazz pieces and covers of songs, but also a number of original works. Songs composed by members Harper and Peterson were featured during the jazz night.

When asked why jazz is meaningful to him, Harper said, "jazz is one of the only ways I am really able to express a lot of what I'm unable to say using words alone."

The 322 Jazz Collective's appearance at NPCC is only the first of many prospective shows the group will be putting on for the PLU community and the wider Tacoma/Seattle area.

"We love to play," Harper said. "So, if you... want a jazz-flavored group to play for you, get in touch."

More information:
<http://facebook.com/the322jazzcollective>

PHOTO COURTESY THE 322 JAZZ COLLECTIVE



Welcome back, LASR

BROOKE THAMES
A&E Writer

Dozens of Pacific Lutheran University students gathered in the CAVE on Feb. 6 to help PLU's student-run radio station, Life Air Student Radio (LASR) celebrate its official reappearance on the airwaves with a night of food, fun and karaoke.

Anyone brave enough was welcome to get on stage and sing their heart out to their favorite tune. Crowd favorites included songs such as "California Girls" by Katy Perry, "Rain Is A Good Thing" by Luke Bryan and Beyoncé's "Crazy In Love" — the latter sung by sophomore D'ajah Johnson.

It was by accident that Johnson ended up becoming a part of the karaoke party.

"I was on my way to Foss and I saw the doors open," Johnson said.

After watching some of her fellow students take the plunge, she decided to sing a little song herself.

"I feel like I can do anything now," Johnson said.

The party in the CAVE was organized in order to celebrate the return of LASR, a student-run internet-based radio station that broadcasts to PLU students from online.

Full story online:
<http://mastmedia.plu.edu/>

NEWS@NINE: it's back!
Every Thursday night at 9 p.m.!



ON THE aGENda
with Genny Boots

This week, Boots hosted Terran Warden's video recap of the Grammy awards, and previewed next week's report on Birkenstocks!

Watch Thursday's show online:
<http://mastmedia.plu.edu/>



LUTE 12'S GO INTERNATIONAL

From Germany to Bolivia, France to Uruguay, Lutes sent the Seahawks love and good wishes as they made their way to the Super Bowl.

Most students at Pacific Lutheran University are native to Washington, meaning the local Seahawks are important to most Lutes.

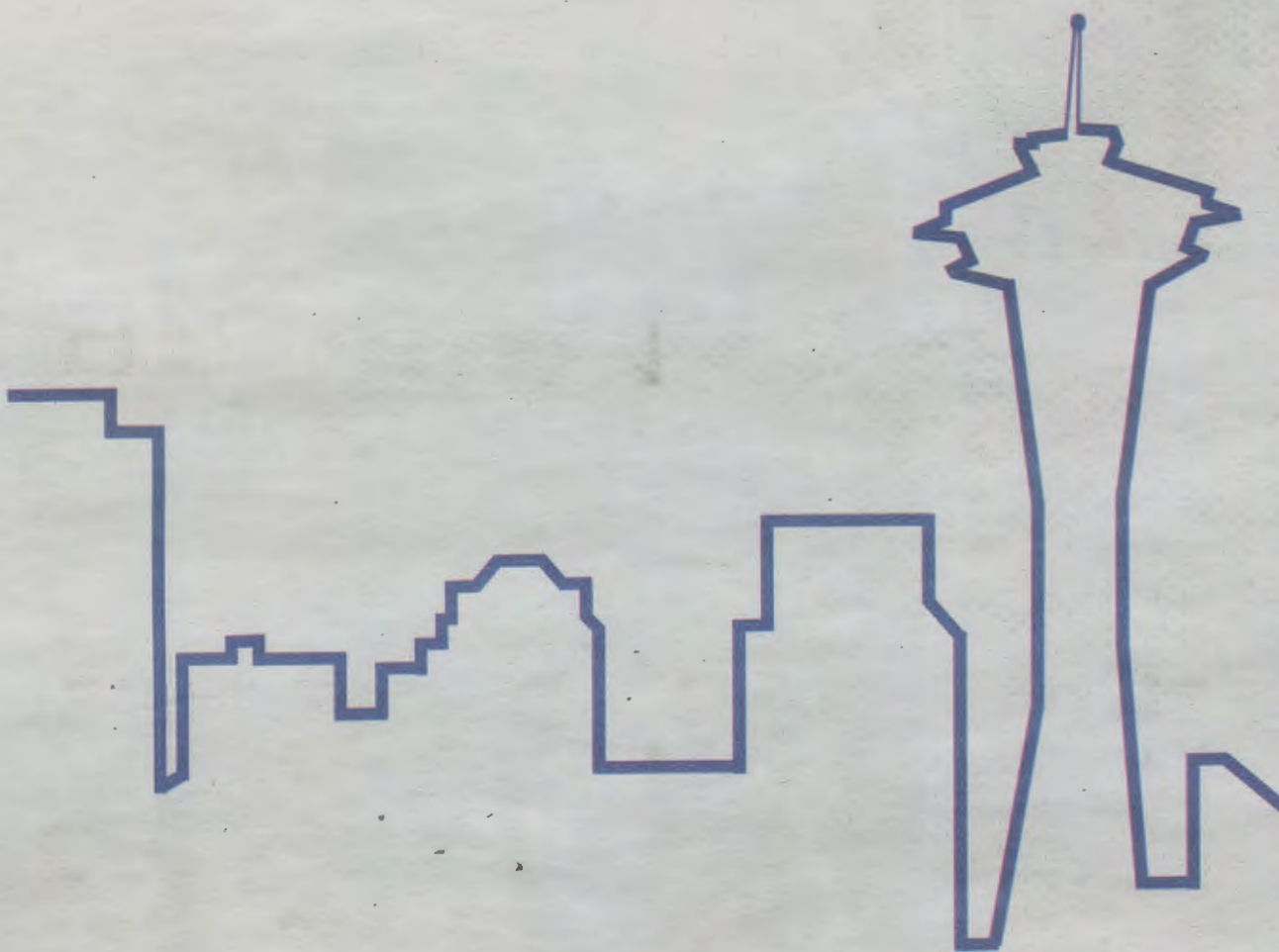
While students took January to fly around the world, try new cuisines and meet new people, most groups took the time to take pictures sporting their 12th Man pride.

J-Term study away is made of short-term, faculty-led programs in countries around the world. Each J-Term, students immerse themselves in a new country, culture or discipline.

For more information on J-Term study away, go to www.plu.edu/study-away

Next year, Lutes will be able to visit:

- Austria, Czech Republic, Germany
- Bolivia and Peru
- The Caribbean
- China
- Ecuador
- England and Scotland
- Germany and The Netherlands
- Italy
- Martinique
- Tobago
- Uganda
- United Arab Emirates
- Uruguay
- Hawaii
- Holden Village, Wash.
- Neah Bay, Wash.
- Tacoma, Wash.





Recent Super Bowl ads are super down

MICHAEL DIAMBRI
Columnist



PHOTO COURTESY OF CREATIVE COMMONS

This year's Super Bowl was rather somber, and it's not just because Tom Brady and the deflators (New England Patriots) defeated the Seattle Seahawks.

Super Bowl XLIX contained advertisements with topics such as domestic abuse and adolescent deaths. Other advertisements had positive messages, but in general they carried a serious tone.

"Really, America?" asked first-year Grace Jones, "Why did the ads have to be so disappointing?"

A lot of good discussion was started because of these ads, and clearly a good amount of thought was put into making them.

While watching the Super Bowl, people often want to forget about what is wrong with the world and simply have fun with friends and family. Some of this year's ads could have put a damper on this aspect of the biggest game of the year.

Let's face it, it is not enjoyable to sit in a room and watch ads that make you feel bad about the world you live in.

An example of one of the memorable, heartbreaking rather than happy Super Bowl ads. The Budweiser commercial was about a lost puppy and his Clydesdale friends.

Aside from that, individuals should recognize that many of these advertisements made important points about issues in society.

The Super Bowl is a great platform to make these issues known. Perhaps the best platform many companies or individuals will have all year.

NBC announced the Monday following the big game that it averaged 114.4 million viewers per minute. That is enough people to fill the seats at Century Link Field 170.7 times.

Fun, creative and often risky ads have always brought in many viewers that would not normally care to watch the National Football League. Meaning, some people gather to watch the Super Bowl just for the advertisements.

Super Bowl advertisements have always come under serious scrutiny. In the past, there have been ads that literally turn women into objects. This year's advertisements did a better job avoiding

themes that perpetuate negative ideas about American society and could help the reputations of broadcasters, the NFL and advertisers.

Overall, it seems to be that the public thought that the ads were too sad. Hopefully in the future, we can return to watching more feel-good ads, which are less provocative.

When in doubt, people love puppies, Doritos, chocolate and Beyoncé. It's beautiful to imagine an advertisement with all of those things.

In conclusion, although this year's advertisements were not necessarily happy, they did spark a lot of good discussion.

Let's hope that advertisers learned from this year's Super Bowl experience and come back to Super Bowl L with a full arsenal of good ads.



THE MOORING MAST

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Letter From the Editor: Three Lessons from "50 Shades"

SAMANTHA LUND
News Editor



Women want "it" too, "it" just might look different

Women and men both want sex, it is 2015 after all, I'm allowed to say that now. However, the way we show it and the way we ask for it is a bit different. In "50 Shades," the woman is just as empowered as the man but she never shows how much the sexual desire is reciprocated, it just is. On the other side, he is full of that desire and shows it in the way she wants him to - hence, lesson number one. "50 Shades" can show you how to want a woman and tell her that without being completely creepy.

Intentionality

Christian Grey, the main male character, is always in control. He wants to be with a woman, and he makes his desires known, but respects boundaries and puts her needs before himself.

In the story, he tries to challenge himself and never takes anything he doesn't want. His intentions are clear. That is something most women want - a man who is straight forward and does everything because he wants to and works for it.

Complete partner vulnerability

The willingness to be vulnerable is something every relationship needs to survive. Keeping walls up between partners is just another way of saying "I don't trust you." In "50 Shades," both characters have secrets and are uncomfortable with certain aspects of relationships and their bodies, however, they make those vulnerabilities known and they allow their partner to try and move past them with as much comfort as possible.

This is not only a lesson for men, but also for women: allow yourself to be truthful and vulnerable to your partner because that is how real love and trust is built.

It may be slightly silly to take real relationship advice from a book about sex and steamy elevator kisses, however this book has sold more than one hundred million copies. Clearly, they're doing something right.

Valentine's Day is one of the best holidays; everything is pink, red and full of love and hope.

This Valentine's Day, every mom in America is happy because "50 Shades of Grey" is coming to theaters and they can leave their husbands with the kids and go enjoy their "mommy porn."

"50 Shades" is not only a mommy's guilty pleasure, but a college girl's too. After the book first became popular, girls fled to the mall to buy a copy and I'm sure many men went after them to find out what their partners were reading and why they all wanted their men to dress in a new style or talk to them with a different tone. I would know, I'm guilty of the same thing.

This year, for Feb. 14, I'm taking my date to see "50 Shades" and I fully expect the theater to be full of moms waiting to see the main characters take their clothes off. However, I'm also hoping there is a learning experience that will come to my date after watching this drool-worthy movie.



PHOTO COURTESY OF CREATIVE COMMONS

The two "50 Shades of Grey" stars Dakota Johnson as Anastasia Steele and Jamie Dornan as Christian Grey, shown above on the cover of *Entertainment Weekly* to promote the upcoming film.

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SPORTS SCOREBOARD

Men's Basketball

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Whitworth	18	3	11-1	Won 1
Whitman	16	5	10-2	Won 6
Lewis & Clark	12	9	7-5	Won 2
Pacific	11	10	6-6	Lost 1
Willamette	8	13	6-6	Lost 1
Puget Sound	10	10	5-7	Lost 2
Pacific Lutheran	7	14	5-7	Won 2
George Fox	5	16	3-9	Lost 3
Linfield	3	18	1-11	Lost 2

LUTES' UPCOMING GAME: 8 p.m. @ Willamette

Women's Basketball

TEAM	WINS	LOSSES	CONFERENCE	STREAK
George Fox	21	0	12-0	Won 21
Whitworth	19	2	10-2	Won 1
Puget Sound	18	3	9-3	Won 3
Whitman	14	7	9-3	Won 4
Pacific	9	12	5-7	Won 1
Lewis & Clark	8	14	5-8	Won 1
Linfield	9	12	3-9	Lost 3
Pacific Lutheran	4	17	1-11	Lost 7
Willamette	1	12	1-12	Lost 5

LUTES' UPCOMING GAME: 6 p.m. @ Willamette

What you missed in J-Term...



PHOTO COURTESY OF JOSH MCCZYGEMBA

Sophomore Brandon Lester passes the basketball against Pacific Jan. 31.



PHOTO COURTESY OF AMANDA WILLIAMS

Junior Jori Hall looks to pass the basketball against Puget Sound Jan. 27.

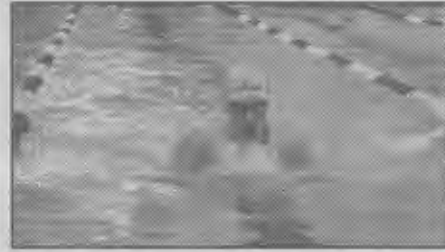


PHOTO COURTESY OF JACQUI GUTIERREZ

Junior Joseph Bowley races to the wall against Puget Sound Jan. 31.



PHOTO COURTESY OF JACQUI GUTIERREZ

Junior Shanel Sullenberger prepares for her race during a meet against Whitman Jan. 23.

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- Jan.
2

- Men's Basketball v. Pacific (W) 52-41
 - Women's Basketball v. Pacific (L) 56-51
- Jan.
9

- Men's Basketball v. George Fox (L) 73-72
 - Women's Basketball v. George Fox (L) 89-36
 - Men's Swimming v. Seattle U. (L) 120-80
 - Women's Swimming v. Seattle U. (L) 130-70
- Jan.
10

- Men's Basketball v. Lewis & Clark (L) 63-56
 - Women's Basketball v. Lewis & Clark (L) 67-60
- Jan.
16

- Men's Basketball v. Linfield (W) 61-39
 - Women's Basketball v. Linfield (L) 68-57
- Jan.
17

- Men's Basketball v. Willamette (W) 62-55
 - Women's Basketball v. Willamette (W) 67-63
- Jan.
23

- Men's Basketball v. Whitman (L) 79-43
 - Women's Basketball v. Whitman (L) 90-56
 - Men's Swimming v. Whitman (W) 121-84
 - Women's Swimming v. Whitman (W) 143-62
- Jan.
24

- Men's Basketball v. Whitworth (L) 78-59
 - Women's Basketball v. Whitworth (L) 65-49
 - Men's Swimming v. Whitworth (L) 120-85
 - Women's Swimming v. Whitworth (W) 118-87
- Jan.
27

- Men's Basketball v. Puget Sound (L) 65-54
 - Women's Basketball v. Puget Sound (L) 76-63
- Jan.
31

- Men's Basketball v. Pacific (L) 72-67
 - Women's Basketball v. Pacific (L) 88-52
 - Men's Swimming v. Puget Sound (W) 175-87
 - Women's Swimming v. Puget Sound (W) 176-86

Hilliker's Highlights...Watch college basketball instead

By Austin Hilliker
Sports Editor

The bone crunching hits, one-handed catches and questionable celebration dances of football season have sadly come to an end.

Watching Kam Chancellor jump—and clear a herd of offensive lineman, not once, not twice but three times to almost block a field goal was exhilarating, but it's time to move on. It's basketball season.

The buzz around the sport of basketball is something Seattle sports fans have missed ever since our beloved Super Sonics were shipped off to Oklahoma.

Washington basketball fans have now split into two groups: bandwagon members of the Portland Trailblazers, or fans of the Washington Huskies or Washington State Cougars. With that said, praise to those who have stuck with college basketball.

Those of us who have chosen to stick with watching Division—I college basketball and been greatly rewarded with dramatic buzzer-beaters, acrobatic dunks and an unexplained passion by fans that fill the gym. Not to mention an unbeaten coach

Calipari of the Kentucky team and even a third ranked Gonzaga Bulldogs representing the state of Washington.

The Difference Between the Two

Watching professional basketball has always seemed to miss a key element in my mind: consistent fan support. It seems the people that watch professional basketball are more "fair-weather" fans than anything else, supporting their team when they are doing well and then falling off as the team struggles.

Division—I college basketball fans seem to take an enormous amount of pride in sticking with one particular school, never following the trend of whose number one in the nation, unless it's their team of course.

The National Basketball Association is filled with overpaid dramatic athletes. When you turn on the TV, you get more caught up in the drama of one of the players complaining than actually watching the game itself.

The athletes noticeably flop to the ground when someone of the opposing team merely touches them, making for a great acting performance and a not-so-good

basketball game.

The name on the front of the jersey is more important than the name of the back of the jersey for the college basketball players that play at the highest level. It's more about representing their school, rather than playing for themselves.

What to Watch for the Rest of Basketball Season

With March Madness less than a month away, it would be unfair for me to not give my thoughts and picks for the rest of the season and even the big dance.

Watch out for Gonzaga this year. I know last year they were kicked out in the third round, but with the new addition of forward Kyle Wiltjer, a transfer from the University of Kentucky, the odds are in favor of the Bulldogs to finish within the top five and even gain a number one seed in the tournament.

My Cinderella team this year has to be none other than the University of Northern Iowa, a team playing a rather weak conference, but has the potential to make a name for

itself in March.

Just like in years past, Duke University probably won't make it to the Elite Eight due to them underestimating a small school during the tournament, thus putting a damper on Coach Krzyzewski's 1,000th win.

Of course, the moment we've all been waiting for is who will win March Madness this year. Simply put, a team from Washington will take home the title.

Whether it's the Huskies, Cougars or Bulldogs, a team from the evergreen state will win the national championship and basketball in Washington will be restored.

Remember, it's basketball season, and when you go to turn on the TV after a long day of classes, put on college hoops, not the NBA.



COURTESY OF CREATIVE COMMONS

Dion Waiters at Syracuse University during the 2011-12 basketball season.

Losing streak continues for Women's Basketball



PHOTO COURTESY OF JOHN FROSCHAUER

PLU Junior Michaela Edgers had a career high 10 points, going 5-5 from the field, as the Lutes fell to George Fox 85-49, on Feb. 7.

By DAVID MAIR
Staff Writer

Coming back from a four-game losing road trip, the Pacific Lutheran University Women's Basketball Team was seeking a win while at home for only three games.

The team played Lewis and Clark, University of Puget Sound and George Fox over the course of the week, unfortunately continuing their losing streak.

Game day took place Feb. 3 at 6 p.m. and 173 people filled Olson Gym to watch the Lutes go head to head with

the UPS Loggers.

The Loggers cut down the Lutes over the course of the game, taking the win back home to the Sound at 68-49.

Following their defeat, the women laced up once again to take on the Lewis and Clark Pioneers, where they met there demise 43-58.

In their third home game stretch, they fell with a 36-point deficit to the George Fox Bruins, 49-85.

"It's not too often we get the chance to play a team with that kind of caliber," said head coach Jennifer Childress.

Heading into the game, George Fox was ranked fifth in Division III of the National Collegiate Athletic Association and ranked first in the Northwest Conference. They were and still are undefeated.

During Saturday's game at 4 p.m., the fans piled into the LuteDome enduring the treacherous rain.

Both sides of the gym were filled with cheering fans from tip off to the final buzzer.

Energy was high since it was Admissions Game Day, where high school prospective athletes spent the day

talking with coaches and finishing their visit by cheering at their possible new home.

The Lutes came out strong, holding a lead against the Bruins for the first five minutes of the game, but were just simply outplayed in the end.

George Fox was able to score 39 times off of PLU turnovers and shot 45 percent from the field.

"It was a tough team, but we still improved," said coach Childress.

Junior Tayler Flemming, along with first-years Kate Kramer and Bailey Raines, all scored three pointers, causing PLU to lead the game in three point percentage at 25 percent.

At the end of two 20-minute halves, the women walked off the court with another loss, but with their heads still held high. They are now 1-11 in NWC, 4-17 overall.

Next, the Lutes will go on a two game road trip. The first stop is against the Willamette Bearcats,

who are 1-9 in the NWC.

The game will be played at Willamette's home court in Salem, Ore. When the two played each other earlier in the season, the Lutes prevailed in double overtime, 67-63.

Tip off is scheduled for 6 p.m.

"It's not too often we get the chance to play a team with that kind of caliber."

Jennifer Childress
Head Coach

Lutes swim past rivals on Senior Day

By AUSTIN HILLIKER
Sports Editor

The men and women's swim team at Pacific Lutheran University didn't miss a stroke when they entered the pool against the University of Puget Sound Loggers on Feb. 1, for Senior Day.

The women's team capped off another stellar season, as they went on to beat the Loggers with a remarkable 176-86 performance, going undefeated in the Northwest Conference.

The men's team brought in an equally impressive win finishing with a score of 175-87, capping off their season at 5-2.

Overall, the Lutes won a combined 19 of 28 events, 10 by the men and nine by the women.

One of the most notable performances was by junior Shanell Sullenberger as she finished the day with individual wins in the 50 freestyle, 200 breaststroke and participated in a team win with senior Michelle Hogan and juniors Hanna Armstrong and Melissa Dean as they won first place in the 400 freestyle relay.

On the men's side, junior Joseph Bowley held nothing back as he went 4-for-4 on the day, winning the 100 breaststroke, 200 breaststroke, 200 individual medley, and teamed up with senior Basil Whaley, first-year

Paul Jett and junior Brian Ruggles to win the 200 medley.

On this special Senior Day, six men and six women were honored for their accomplishments and hard work, but it's not over yet.

The Northwest Conference championships are just around the corner and Lutes are looking to make a name for themselves yet again.

If the women can match last season's performance, they will be back-to-back conference champions, while the men's team focuses on bringing in another top three finish within the last four years.

The championships will be held Feb. 13-15 in Corvallis, Ore.



PHOTO COURTESY OF JACQUI GUTIERREZ

Senior Jake Dacus participating in the men's 200 yard butterfly final. Dacus finished second in the race with a time of (2:03.34).

Baseball finishes Arizona road trip 2-1

SAM HORN
Guest Writer

GAME 1

The Pacific Lutheran University baseball team narrowly won its first game of the season 5-4 against La Verne in the Tucson Invitational Games, thanks to senior closer AJ Konopaski.

Konopaski, a preseason first-team All-American, recorded his first save of the season by striking out two batters and allowing a pair of hits in the final two innings of Friday's game.

By doing so, Konopaski earned his 21st career save, tying the PLU career saves record. Aaron Roetsisoender, an '05 graduate, was the fellow Lute with 21 career saves.

Starting pitcher Chris Bishop, a senior, pitched four shutout innings before allowing four earned runs in the fifth. Fellow senior Jake Otness stepped in for Bishop and allowed two hits before being replaced by junior Cory Nelson. Nelson recorded the win for the Lutes.

On the offensive side of the ball for the Lutes, senior Collin Nilson drove in a pair of runs while going 2-for-4 with a single and a double as five different Lutes tallied multiple hits.

Junior Brett Johnson also had two hits, including a triple, and drove in a run. The Lutes' batters pummeled La Verne starting pitcher Javi Iniguez as they scored four runs in just the first inning.



PHOTO COURTESY OF JESSE MAJOR

Senior pitcher, AJ Konopaski, tied the record for saves in PLU history as the Lute baseball team took on La Verne at the Tucson Invitational Games last Friday, Feb. 6.

The Lutes' following opponent in the Tucson Invitational Games was Texas-Dallas.

GAMES 2 & 3

There was no shortage of offense in the Pacific Lutheran University baseball team's two-game sweep of Texas-Dallas in the Tucson Invitational Games on Saturday. The Lutes won their first game 11-8, which was followed by a shortened seven-inning 9-3 victory in the evening.

In the first inning, Texas-Dallas had jumped out to a 5-0 lead before the Lutes

mustered a run of their own. Junior Kyler Blades drove in two runs on a two-out single in the second inning. With the score reading 5-3 in the fifth inning, Blades brought two more runs home with another single to knot up the score at 5-5.

The Lutes took an 8-7 lead into the top of the ninth before sophomore Jacob Clements cleared the bases with a double, putting PLU up 11-7. Otness closed out the day on the mound with 3.2 innings of to earn the save.

In the Lutes' second game of the doubleheader against Texas-Dallas, darkness prevented the teams from

finishing the game in nine innings. It was shortened to seven.

Sophomore Kort Skoda pitched five innings and struck out seven to earn the win. Skoda only gave up two runs and three hits.

Junior Drew Oord provided two runs for the Lutes' offense, hitting a pair of triples. Senior Collin Nilson doubled twice and also drove in two runs in the win.

PLU finished its four-game stint in the Tucson Invitational Game on Sunday against La Verne.

GAME 4

Pacific Lutheran University's unblemished season is no more after losing 9-5 to La Verne in the final game of the Tucson Invitational Games.

Sophomore Landon Packard's bases-loaded double put PLU up 4-1 early, but the lead wouldn't stand for long. La Verne added three runs in the third inning and five more in the fifth and sixth innings to solidify the victory.

Junior Garrett Brown pitched four innings as the Lutes starter before being replaced by junior Cory Nelson in the fifth frame. PLU committed six defensive errors, preventing them from mounting a comeback.

The Lutes will travel to Portland on Valentine's Day to participate in the Concordia Tournament. Their first game of the two-day tournament will be against Oregon Tech at 2 p.m.

Men's Basketball pushing for playoffs

CHRISTIAN BOND
Guest Writer

GAME 1

Tied at 54 with 1:54 seconds left in the game, the Pacific Lutheran University men's basketball team found themselves in a battle with the neighboring University of Puget Sound Loggers Feb. 3.

After a couple of shots down the stretch from the visitors, the Lutes fell short in the conference battle 61-54.

The action was tight early on in the first half. Each team traded buckets back and forth. The game was tied at 11, when UPS went on a 5 point run. The run continued, until the Loggers lead 21-12 with 10 minutes left in the half.

The Lutes fought their way back into the game in the last portion of the first half then the Lutes came back with a run of their own.

The scoring charge was lead by trio senior Austen Wilson, sophomore Brandon Lester and first-year Dylan Foreman. The three took turns putting points up to bring the Lutes within 4 points with a little over 3 minutes remaining in the period.

The Loggers were able to counter and pull away from the Lutes leading 32-28 after the completion of the first half.

Senior Terrell Williams was able to lead the Lute charge with a couple of huge layups.

Three point shots from Senior Kevin McCrossin, Lester and Foreman brought the game to a tie at 54, with a little less than two minutes left. The visitors came up big, hitting a three to pull away from the Lutes, and hitting all four of their final free throws, clinching the game. The game was a close battle.

The teams were virtually even in field goal percentage, rebounding, turnovers, fast break points and bench points. Where the Loggers gained an edge was points off of turnovers. Doubling the amount of points as their opponent, UPS was able to capitalize on the mistakes of PLU leading to a Lute loss.

GAME 2

An overtime thriller took place Feb. 6 between the Lutes and the visiting Lewis and Clark Pioneers. The final score was 55-51.

Senior Austen Wilson and first-year Dylan Foreman were the hero's for the Lutes. Wilson was able to get a crucial offensive rebound and put the ball back up for two to tie the game with 1:39 left. This would ultimately be the last bucket of regulation, forcing overtime.

In overtime, Foreman was able to drive hard to his right and finish with an acrobatic layup, pushing the Lutes ahead by one, and they would never look back.

Senior Terrell Williams was able to knock down a three to get the momentum going in PLU's favor. Junior Shane Jacob contributed with a couple baskets, stretching the lead to seven with three minutes remaining in the half.

Senior Kevin McCrossin was able to hit two back-to-back three point shots to the delight of the crowd. A layup with four seconds left from sophomore Brandon Lester sealed the deal on a great half of basketball from the Lutes. PLU had a 10 point lead going into halftime.

The Lutes continued to try and stay ahead as McCrossin continued to bury three point buckets. With 13 minutes remaining in regulation, the Pioneers began to mount a comeback.

Wilson was able to gobble up an offensive board, and lay the ball in for two, essentially sending the game to overtime.

In overtime, junior Serg Ovchinnikov got it done everywhere for Lewis and Clark; three point land, inside the paint or from the charity stripe, it didn't matter, he was scoring.

After cutting the lead to one, Foreman was able to send the Lutes to the lead.

Free throws from Lester and Wilson sealed the deal as the Lutes would go on to win 55-51.

Statistically, each team found advantages in different categories. PLU was out rebounded by 12 boards. This resulted in numerous second chance opportunities for Lewis and Clark, but luckily they rarely cashed in.

Ultimately, the Lutes took better care

of the basketball. The Pioneers turned the ball over six more times than the Lutes. This resulted in 14 points off of turnovers compared to only six for the visitors.

GAME 3

It was raining both outdoors and inside Olson Auditorium as the Pacific Lutheran University men's basketball team stormed past George Fox with a 70-58 win Feb. 7. The Lutes got it done on offense and defense, and earned another conference win.

Junior Bryce Miller had a stand out performance. The Lute big man gobbled up an abundance of rebounds, and with the help of his teammates, PLU was able to roll to a 70-58 victory over George Fox.

Early on, the game was tight. George Fox was able to go on a run and stretch their lead to six with eleven minutes remaining in the half. Both teams scored with ease throughout the first half.

PLU stayed persistent in trying to cut away at the Bruin lead. Momentum started to swing in favor of the Lutes when senior Kevin McCrossin found senior Terrell Williams and hooked him up with a beautiful assist, putting the Lutes within striking distance. Williams continued to attack the basket off the dribble, earning layups or trips to the free throw line. The half ended with the Bruins in the lead 33-

29.

The Lutes came out of halftime strong, converting on the first four buckets of the second half moving them to the lead.

George Fox would retaliate, not letting the Lutes pull away too far. George Fox had been running a full court, trapping defense for the entire game.

With seven minutes left in the game, McCrossin hit back-to-back three's, followed by a layup and a jumper from Miller and Williams. PLU never looked back from there, finishing the game and securing the win.

The Lutes did a great job on both ends of the floor on Saturday night. The conference's leading scorer, senior Jonny Howard of UPS, was shut down by the Lutes, allowing him to only 8 points.

Miller was phenomenal on the backboards as well. He tied his career high with 15 rebounds. He also had 13 points.

All together, the Lutes out-rebounded the Bruins by 20, giving them a huge advantage in the game.

Today and tomorrow, the team travels to Oregon to take on Willamette and Linfield. The Lutes could potentially tie and pass Willamette in the Northwest Conference standings, baring PLU wins both of their games and Willamette loses both of their contests. Linfield sits at the bottom of the conference.

The push for the playoffs is on.



PHOTO COURTESY OF JACQUI GUTIERREZ

First-year Dylan Foreman scored 14 points, while also gaining four assists and two steals against the University of Puget Sound Loggers Feb. 3.