

THE MAST

Pacific Lutheran University



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PLU promotes peace



Photo by Hillary Fizzari

MediaLab students set to premiere newest documentary

Students in MediaLab showcase their work in a Seattle premiere of their documentary

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Pacific Lutheran University's MediaLab is premiering their newest documentary, entitled *Illicit Exchanges*, at the Seattle Museum of History and Industry (MOHAI) Oct. 4, 2008, at 2 p.m. Seniors Julie Olds, Shannon Schrecengost and Junior Melissa Campbell, all of whom traveled from coast-to-coast throughout the United States and Canada, collecting film footage and conducting interviews, created the documentary.

Illicit Exchanges focuses on illegal drugs and firearms that cross the Canadian-United States border, exploring the effects these unlawful objects, and the gangs who use them, have on the border communities of the U.S. and Canada.

"The primary purpose [of *Illicit Exchanges*] was to inform the public on both sides of the U.S. and Canadian border about threats to security," said Associate Professor of

Communication, Rob Wells, who also functioned as Olds', Schrecengost's, and Campbell's faculty advisor during the filming.

"We began our research in January, driving to Vancouver, British Columbia, to interview people about the influx of American firearms crossing the border into Canada," said Olds, describing their trip. "We quickly learned that this [guns, drugs, and violence] was not an isolated problem, and that it was connected to a larger, more prominent issue of criminal activity."

Increased knowledge and understanding, though, were not the only benefits of the trip. Olds, Schrecengost, and Campbell were also given the opportunity to view a marijuana grow operation, visit a Canadian jail, and interview numerous law enforcement officers, community activists, and even drug addicts.

"Meeting first-hand with drug addicts was an amazing opportunity for

SEE DOCUMENTARY
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Students for peace celebrate International Day of Peace

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International Day of Peace, first established by the United Nations in 1982, took place last Sunday, Sept. 21. The two primary goals of the internationally recognized holiday are to promote peace and to end conflict. A ceasefire is declared each year in the hopes that for 24 hours, citizens of war-torn countries can have a temporary reprieve.

"On this International Day, let us promise to make peace not just a priority, but a passion," stated UN Secretary

General Ban Ki-moon last year. "Let us do more, wherever we are in whatever way we can, to make every day a day of peace." PLU Students for Peace have observed this holiday for four years. Various members of the organization were present at a table in Red Square Monday, equipped with glitter, glue, scissors, and an assortment of colored construction paper. Co-President of Students for Peace, Eric Buley, predicted approximately 150 students used these materials to create peace prayer flags from 10 a.m. until 2 p.m. These were hung in the Hauge Administration Building Wednesday, representing every color of the rainbow and diverse

interpretations of peace. A candlelight vigil held in Red Square on Monday at 9 p.m. drew a crowd of 20 people.

The group shared a moment of silence in the middle of the ceremony.

"The event was nice and relaxing; peaceful," said Henderson. "It's easy to lose track of the larger scope. Everyone loves peace. If they don't they're idiots."

Co-President, senior Emily Neveles, Emily Neveles applauded the group because of everyone's hard work.

"All of us are working toward the same goals," said Neveles. "Doing, not just talking."

OrgSync introduces unity to PLU clubs and organizations

Student Involvement and Leadership tests a new social networking tool for on campus activities here at PLU

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The days of file cabinets and paper rolodexes being the glue of Pacific Lutheran University's clubs and organizations data will soon make way for a digital upgrade.

Student Involvement and Leadership invested \$4,000 for a yearlong trial of OrgSync, an online management system, to help strengthen communication within and between clubs and organizations on campus.

OrgSync is the one-stop portal for everything and anything a student or staff member who is involved in an organization would need, SIL assistant director Rick Eastman said.

"OrgSync works a lot like Facebook, bringing people together in a common cause," Eastman said. "It seamlessly integrates your networking experience."

Some of the main functions of OrgSync include interactive

calendars that customize by individual preference as well as strong firewalls so official elections and personal information sharing is possible

But unlike Facebook, which is used to show personal pictures, non-academic information and "clutter," Eastman said, OrgSync focuses more on delegating responsibilities and getting pertinent information out to a broad audience.

Currently only a handful of organizations have access to the pilot program, including ASPLU residential hall leadership, and student media. However, Eastman said he expects every student organization on campus to have an online presence by next school year if there are no major issues with the system.

Once out of its pilot phase, OrgSync will allow PLU students to join networking groups of all kinds, ranging from the residential halls they preside in to any clubs and

organizations to which they are members.

The program also creates a space for students to chronicle their time at PLU. This digital footprint is used to produce an assessment of students who have documented their accomplishments. That

information can then be turned into a resume that is certified by the university and accessed at any time.

"The price is invaluable if it gets you to the next stage of life," Eastman said.

Eastman said there were 23 national networks when he started looking into the feasibility of OrgSync earlier this year. Now there are close to 100.

Club leaders can also set up

timesheets and "to-do" lists to track the progress and hold members accountable for their roles.

Official clubs will not be the only beneficiary of OrgSync, Eastman said. He envisions using OrgSync to bring niche groups together to start a conversation about novel, yet vital PLU experiences.

Eastman said one idea could be a group consisting of students who commute to PLU. And once that network is created, a new seed of information is born.

The current system of keeping in touch with alumni relies heavily on anecdotal stories and paper documents, Eastman says, both of which fade and are lost over the years.

The pilot program is also getting positive reviews from SIL Program Coordinator Lace Smith.

Smith has seen PLU clubs and organizations try to utilize

"Technology is catching up with the vision we have,"

Lace Smith
SIL Program Coordinator

Facebook for visibility. And while she admits the social networking site is useful, it tends to be mainly a one-way communication line.

"People have been trying to capitalize but it hasn't been working for them," Smith said regarding campus clubs networking on Facebook.

OrgSync features that Smith is excited to see in action are text message reminders and alerts, ever-evolving digital calendars and file storage for club documents and university paperwork.

"Technology is catching up with the vision we have," Smith said.

That vision, one of seamless communication between members of the social network coupled with a complete digital record of student activities is one reason Eastman says the annual \$4,000 price tag is worth the investment. He compared that cost to the \$15,000 spent yearly to produce the PLU student handbook and planner, which cannot be updated once published.

STATE, NATION and WORLD BRIEFINGS

Local to Global

Stocks fluctuate after \$5 million Buffett-Goldman deal

Tim Paradis
ASSOCIATED PRESS WRITER

NEW YORK (AP) — Financial markets were tense Wednesday, with stocks fluctuating following investor Warren Buffett's decision to invest \$5 billion in Goldman Sachs Group Inc. The credit markets showed added strain as investors await news about the government's plan to rescue banks from crippling debt.

Buffett's Berkshire Hathaway Inc. said Tuesday it was investing at least \$5 billion in Goldman — a move Wall Street took as a sign of support for the independent investment bank model. Besides buying \$5 billion in preferred stock, Berkshire also got warrants to buy another \$5 billion in Goldman's common stock.

Goldman Sachs also said it will sell \$5 billion worth of common stock to the public; the company and Morgan Stanley earlier this week were granted approval to become bank holding companies, which would help them strengthen their balance sheets.

Though Buffett's move appeared to soothe some investors, it didn't alleviate concerns about the effectiveness of any government bailout and about the health of the broader economy. It could also lead to new questions from lawmakers for Treasury Secretary Henry Paulson, a former co-CEO of Goldman Sachs. He and Federal Reserve Chairman Ben Bernanke are appearing before Congress for a second day Wednesday to brief lawmakers on a \$700 billion bailout measure for financial services firms.

Their appearance on Capitol Hill Tuesday unnerved investors, who questioned whether lawmakers were beginning to doubt the necessity and form of the government bailout.

The waiting was clearly wearing on the credit markets, raising concern again about liquidity.

Demand for short-term government Treasuries increased as investors again sought safe places to keep cash. The yield on the 3-month Treasury bill, considered the safest short-term financial asset, was at 0.44 percent Wednesday afternoon, down from 0.79 percent late Tuesday. Last week, demand spiked so high that the yield briefly dipped into negative territory; investors were so focused on putting their money in safe assets that they have been willing to accept very little or even negative returns.

In other Treasury trading, the yield on the benchmark 10-year Treasury note was unchanged at 3.80 percent from late Tuesday.

"I think you're seeing a lot of tough talk from politicians who don't want to seem like they're rolling over for Wall Street and normally, people would see that for what it is. But right now investors are exceptionally nervous," said Stephen Massocca, co-chief executive of Pacific Growth Equities in San Francisco.

Nearly afternoon trading, the Dow Jones industrial average rose 23.41, or 0.22 percent, to 10,877.58 after moving in and out of positive territory. The Dow is down more than 500 points, or about 4.7 percent, for the week.

Broader stock indicators also rose. The Standard & Poor's 500 index advanced 3.63, or 0.31 percent, to 1,191.85, and the Nasdaq composite index rose 15.01, or 0.70 percent, to 2,168.34.

The dollar, whose struggles earlier this week contributed to extreme volatility in other markets, was mixed. Meanwhile,



In this Aug. 21, 2008 file photo, billionaire investor Warren Buffett speaks during a news conference in Omaha, Neb. Buffett's Berkshire Hathaway Inc. is

gold prices rose.

Light, sweet crude for November delivery fell 37 cents to \$106.24 a barrel on the New York Mercantile Exchange.

"The market essentially is break-even today and we're starting to see these troubling spreads in short-term interest rates again and I think it's doubts creeping in about what is coming out in this legislation," Massocca said.

Investors appeared unfazed by a larger-than-expected drop in sales of existing homes in August; their focus remained on the bailout. The National Association of Realtors said sales fell by 2.2 percent; sales had been expected to fall by 1.6 percent, according to economists surveyed by Thomson/IFR. The number of unsold homes on the market dropped by 7 percent from a record set in July. It marked the steepest drop in inventory since December 2006.

Declining issues outnumbered advancers by about 3 to 2 on the New York Stock Exchange, where volume came to 519.7 million shares.

The Russell 2000 index of smaller companies fell 4.27, or 0.60 percent, to 704.92.

Election 08

Governor Sarah Palin (R.):
Mother or Politician?

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For the first time in the history of the U. S. a woman is on the republican presidential ticket. Vice presidential nominee Sarah Palin is the governor of Alaska and a mother of five. During her time in office, she has brought the state of Alaska into a surplus and she has done away with much of the big crime in her state, but the media has shoved this aside in favor of spending their time discussing her lack of experience and ability to be a mother and help run the country at the same time.

Gov. Palin has 5 children, 3 daughters, named Bristol, 17, Willow, 13, and Piper, 7 and two sons, Track, 18 and Trig, 5 months. Track Palin is enlisted in the Army and will be deployed to Iraq sometime this month. Bristol Palin is 5 months pregnant and it has been announced that she will be keeping the baby and marrying the baby's father. And if that isn't enough for one mother to handle, Gov. Palin's youngest son Trig was born with Down syndrome. Many are making the argument that Gov. Palin's plate is just too full. It is being said that she will not be able to carry out her duties as Vice President to the best of her ability with all that is going on with her family.

These accusations are bringing up a very strong counter argument from her supporters. The Palin camp is playing the sexism card left and right these days, pointing the finger at the media saying that this would not even become into question if she were a man. They claim no one is questioning what is going to happen to Senator Obama's fathering if he is to be elected president because it is assumed that it is the mother's job to raise the children.

Even Saturday Night Live poked fun at Gov. Palin and

the supposed sexism she is encountering. With Tina Fey playing the roll of Gov. Palin and Amy Poehler as Hilary Clinton, the women addressed the country saying to the media, "don't refer to [Gov. Palin] as a M.I.L.F." and also to "please stop photoshopping my head on sexy bikini pictures." The SNL cast also addressed Gov. Palin's lack of experience with the federal government and foreign policy. During the skit, Poehler as Clinton goes on about her feelings about diplomacy and foreign policy while Fey as Palin tells the country that she can see Russia from her house. The women then go on to rag on Gov. Palin's now infamous interview with Charlie Gibson. "I don't agree with the Bush Doctrine," says Poehler. Fey then laughs and says, "I don't even know what that is."

Gov. Palin is also taking heat for the interview she had with Charlie Gibson last week. During the interview Gibson asked Gov. Palin how she felt about the Bush Doctrine, and the candidate is now being criticized for not knowing what he was talking about.

So critics are saying Gibson was being condescending in his interview by talking down to her, and explaining what the Bush Doctrine is, while others are saying that she should have known what it was at this point in the election. And if she is not familiar with one of the most important parts of the Bush administration how can the public be sure she is ready to take on this responsibility this leaves her at a disadvantage because the public is now questioning whether or not she is ready to be vice president since she seems to be so inexperienced. This lack of experience is also an issue because should something happen to Sen. McCain, Gov. Palin would take over as President and she doesn't seem like she is prepared to do that.

As the election draws closer the media is continuing to bombard Palin with intense scrutiny.

Next week...

A look into John McCain's platform on Foreign Policy as part of our 2008 Election Series

PLU Department of Religion
David and Marilyn Knutson lecture:

**Seeking Light and Beauty:
Women, Justice and
Sacramentality**

Dr. Susan Ross, Loyola University

Monday, September 29

7:30 pm

Xavier Hall



Trader Michael Scagnelli, center, uses his handheld device as he works on the floor of the New York Stock Exchange, Monday Sept. 22. Investors struggled throughout the day with their anxiety about the government's plan to buy \$700 billion in banks' mortgage debt.

E-mail scams cause problems for PLU Systems and Networking team

Students receive e-mails sent by scammers in an attempt to steal personal information.

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The appearance of e-mails in a user's inbox, directing the user to send back personal information or suffer repercussions such as the account being deleted, are no longer surprising. Many times, these emails can look perfectly legitimate only to be discredited afterwards by official e-mails warning users not to reveal their personal information to anyone.

"I have been tricked by it," sophomore Emily Jennings admitted. "I changed my password."

The type of e-mail all web-mail users are getting hit with is a distinctly nasty form of spam called phishing, a deception where the spammer attempts to trick an internet user into revealing their personal data, such as passwords. Many Internet users may be familiar with scammers sending erroneous messages. The e-mails being sent through PLU's web mail, however, appear as a legitimate

PLU address, even ending with plu.edu.

"We've been dealing with some form of phishing for at least a year," said David Allen, director of Systems and Communications. The problem has been coming and going in waves, creating massive problems for Systems and Networking.

The problem may seem like an innocent one, and many students may not be aware of any dangers connected to giving out their ePass. Once spammers have gained access to a person's account, they then use the account as another means of sending out spam e-mails.

"A single e-mail account [allows them to] send 40,000-60,000 spam e-mails in an hour," said Allen. When a typical day usually means only 10,000-20,000 e-mails all day sent from the PLU system, it is a significant increase. The preceding spam that is sent out is generally called a Nigerian Scam (named for the location most of the emails originate from, including PLU's spam problem), another familiar e-mail in the Internet world.

"When we send out a ton of spam, then we get on what is called a 'blacklist,'" Allen said. Meaning that e-mail services such as Yahoo, Hotmail and Comcast will take note of the number of e-mails coming from a specific server, and block all mail traffic for a given amount of time, usually a few days. This creates problems for students who have set up their account to forward their PLU mail to personal accounts.

Accounts that have been compromised can be recovered by being locked temporarily to fix any damages, or by having their password replaced. This is a lot of work for Systems and Networking.

"We have to go through this process of cleaning it up," Allen said.

The means of protecting one's account is simple—never give out a password to anyone, period. Systems and Networking is trying to make it clear that students will never be asked for their ePass information, so giving it out under any circumstance is unnecessary.

"You should protect [your

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Planned Parenthood
of Western Washington

www.ppw.org 1.800.230.PLAN

"Tell Me!"

Wartburg's Video Festival, January 30, 2009

Call for Short "You Tube" Videos by College Students

College students should submit their videos of two minutes or less on energy conservation, alternative energy sources, or carbon footprinting. Students are encouraged to explore old ideas, unveil new ones, and tell about the human experience, theories, and concepts. Content, videography, editing and impact will be determining factors in the top three cash awards.

Cash prizes of \$1,000, \$750, and \$500 will be awarded to the top three winners and \$250 to up to three honorable mention videos.

To read more about the Wartburg "Tell Me!" Video Festival and the contest rules and guidelines go to www.wartburg.edu/vidfest/

Submissions are being accepted through December 19.

COMMISSION ON MISSION

Wartburg College's Commitment to Living Out its Mission

DOCUMENTARY
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me," said Schreengost. "Some of them are living in the streets, not because of their addictions, but because of much larger mental and social afflictions. Just getting to know a drug-addict helped me to confront some of my own stereotypes." Campbell appeared to be startled by the evidence the group found on their journey.

"They [guns, drugs, and violence] are issues people don't like to talk about but need to know about," said Campbell. "It's eye opening to see how much violence is in others' lives."

Wells reiterated Campbell's statement.

"We found that issues of crime, poverty, gangs and drugs existed in every community we visited," Wells stated.

Wells also stressed

the fact that the documentary was not meant simply to portray this violence and stop its progress there.

Instead, he hoped that the documentary would demonstrate the similarities and differences between Canada and the United States, thus educating the countries to work to reduce problems of violence and illicit drug and weapon exchanges that are occurring.

"Our two

countries have more in common than we know; yet we still maintain very unique cultures despite being so close," Olds said.

"Before this project, I had never been to Canada and, like many Americans, I had an American bias of my northern neighbor. Through research and one on one encounters, I quickly learned that Canadians are some of the most generous and friendly people I've ever met."

Bigger business with Brock

James L. Brock is appointed the new Dean of the School of Business

Gretchen Romerdahl
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Photo by Jordan Hartman
Dean of School of Business James Brock. Brock was appointed in May of last year as the new dean for the business school.

It was announced back in May of this year, that the position of the Dean of the School of Business would be filled by James L. Brock. Dean Brock feels, "very privileged to be invited here and to be able to do this [be the Dean of the School of Business]. Not very many positions present you with this much of a variety of work to do, most of which is fun." Brock has also proclaimed that, "I'm very student focused. That's why I'm here."

Brock's interest in business began, because he found it to be so interdisciplinary and a good combination of art and science. Marketing in particular interested him because you get to think of wild and creative ways to gain the consumer's attention. While Dean Brock does not claim to be overly creative himself, he is "blown away by how creative young minds are today." He did his undergraduate work for a Bachelor's in Marketing at Berkeley,

and the continued on to get his Master's of Business Administration from San Francisco State University. Dean Brock then received his Doctorate in Marketing from Michigan State University.

Brock became the Dean of the College of Business at Montana State University in 1987. He co-founded the Montana Entrepreneurship Center (MEC) for MSU. The MEC is a resource center for entrepreneurs starting their own businesses. It was created to provide resources that nominal funding for such programs in universities across the state had failed to adequately provide. This gave business owners access to resources that had previously been unavailable to them.

In 2000 Brock traveled to Tacoma to make a presentation at the Network for Academic Renewal Conference. His presentation was about the idea of "Business Science." While the concept

of business science never really took off the idea was to have business majors and science majors take certain classes together as to jointly learn skills that are needed in both career paths. For instance Brock explained that "scientists often become office managers in which position they need to have knowledge about human resources, budgeting, and marketing skills." In turn, "Business majors should look into Healthcare Management, Pharmaceuticals, and Biotech management as these are growing fields with a lot of opportunities for graduates."

In 2003, after Operation Iraqi Freedom, Dean Brock decided that the 20 students studying abroad in London should continue their studies there, instead of returning to the States.

"Anybody involved with studying abroad knows there's risk. If you want a risk-free education, never leave

campus," Brock said. After talking to London Police and other authorities to confirm that there was pretty much zero risk to the students, and realizing that if the students were to return home they would be wasting their entire semester credit wise, the decision was made to allow the students to remain in London. Brock also voiced that he would "love to see every business student [at PLU] to study abroad."

With his experience and expertise in the field, Dean Brock is bound to conquer great things during his time here. He plans on getting the School of Business out into the community by strengthening visibility and demonstrating leadership as well as finding ways to increase internship opportunities for students, maintaining and improving the relationships between the School of Business and other departments, and becoming an active citizen at PLU.

Bumper stickers-R-US: Are we becoming what we stick?

Ali Franetich
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I have never been a fan of the bumper sticker. So pulling up behind a white Subaru the odds were stacked against a pleasant outcome when I noticed the obnoxious number of bumper stickers thrown on with little care for precision or pattern. I originally thought, "to each their own." If you want to cover your car in various stickers representing 'who you are' be my guest. Except then I actually read the two in the center of the back window. The first one was dark blue with "Gay marriage is a pit stop on the road to hell," written in white block letters. With some fear, I looked down and right below it, as if to supplement, the second one reads "The ten commandments! Not the ten suggestions!" Oh boy.

If you know me then you can guess on how many levels this deeply disturbed me, and you could probably picture the facial expressions that resulted from the initial read. I will leave for another time my own personal feelings about judging two human beings' right to love each other and manipulating sections of the Bible to hypocritically supplement ignorance. The target issue right now is the fact that the light turned green and this person drove away while I turned right with so many questions to ask.

Because sure, I see "Addicted to Starbucks" or "I'd Rather be Shopping at Nordstrom" bumper stickers all the time and I don't think anything of them. The difference being the frivolous nature of the latter examples. Yeah, maybe you hate Starbucks and so you choose Forza over the corporate giant, but it comes down to a blended beverage with or without whip, not some life altering issue that is debated every day thousands of times worldwide.

But seriously, tell me, who is okay with slapping a one line, all-inclusive, no other alternatives, this is it, bumper sticker to their car to represent themselves and

implied certainty? I want to know who isn't ashamed to offer one statement as discussion, as the beginning and end of an argument or position. So if that's flying as legitimate these days then I should be able to solve every major election issue or moral ambiguity by voicing my opinion as a matter of fact and walking around disregarding any discussion on the matter. And why even tolerate listening to other opinions? Mine is right. Correct me if I'm wrong, but that may be where war and genocides stem from.

I have to believe we know better than that. I have to believe that I have met so many people with diverse opinions, various world views, religions and lifestyle choices that I know I don't have any answers anymore. Only more questions. Only more of an appetite for conversation, and the need to figure out what point of view, what side I am missing before running my otherwise biased, one sided mouth.

And really, that is why we are here at PLU. Anyone can get good grades. But can everyone communicate effectively with people that hold opposing views? Not even close.

Too often I find that when trying to have a discussion about something of consequence people walk away because they are afraid of argument or tension, when the intent is simple dialogue. It doesn't have to be anger; please don't tell me we are now afraid of talking because we may just enter into an adult conversation complete with mature debate and relevant discussion.

Even in this place of thoughtful inquiry, privilege, study abroad opportunity, diversity and plenty of opportunities for student forum, we slap bumper stickers on others and dismiss their valuable input. Because it's not ours. I don't need to be around people that think exactly like me, I might become an elitist, and I think we already have too much danger of that—after all, I agree with myself quite a bit as it is. Do I really need affirmation of how great I am and how valid my beliefs are from people that think the same? I don't think so.

The biggest challenge is that the most growth comes when you put into practice what you supposedly

believe. Anyone can say it, but can you live it? Not only can you listen and share, but you can clarify and find greater understanding in why you believe such a thing. And, if you're lucky, someone will say something that shakes the foundation of something you thought you knew for sure. Because then you can find out what it truly means to you, not what you gathered from parroting influential adults.

So thank you, ignorant bumper sticker man, for reminding me how far we still need to go. Because even at PLU, with our liberal arts education we have clear division, uneducated opinions, plain ignorance and refusal to open our minds. It's wonderful to have opinions, to know who you are, and what you believe. But only if you have ears that can hear the same from others and consider the lenses in which they view the world of which you both live and share. Don't change your mind, that's alright, but change your response. Respect that there are differences and purposes of which you just don't understand and are not living. And that's okay. So ask questions and seek understanding, and if you cannot achieve it, recognize the importance of the process.

Maybe I don't understand the need for those ignorant, no need for discussion, "I'm better than you," "here's what I think of your life," "I don't even know if I believe this but my parents gave me these" bumper stickers, and I should open my mind to close mindedness. Maybe not. For now I think I'll start small and accept the Red Sox bumper stickers as important instead of trivial (some people love sports), and accept that the "you're going to hell" ones will be a continuous process to understand. Because, in my opinion, if you're telling someone they're going to hell on your bumper sticker without the guts to discuss it with the person you've condemned, you may be self-righteous, judgmental and have a propensity for denying your own deeper issues by deflecting them to attack others. I could just throw that on a bumper sticker and call it good. But before I do that, I'll continue to work on it and I'm open to refutation. Come talk to me, I love a good chat.

Food for thought

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"Some people have a foolish way of not minding, or of pretending not to mind, what they eat. For my part, I mind the belly very studiously and very carefully; for I look upon it that he who does not mind his belly will hardly mind anything else."

— Samuel Johnson, English Author

Mr. Johnson has a point. In my opinion, you can tell a lot about people based on what they choose to eat, with whom (if anyone) they care to dine, whether they languish after learning their favorite ice cream (double fudge chocolate) is not currently being offered in The Cave after a dimly lit, chilly journey from her residence hall to the UC, and how they talk, or write, about food.

Always minding my p's and q's would be quite boring (as a side note, the phrase "p's and q's" originated from "pints and quarts," for those of you, such as myself, who always wondered). I will instead encourage you to ponder the food you eat, the journey from its

creation to your hands, and the role we have as consumers in affecting what is being offered to us. After all, we might not be what we eat. (My morning routine doesn't normally include the question, "How should I label myself today, as a Brussels sprout or as an ice cream sundae?") However, the following quote from writer and radio host Clifton Fadiman gives us reason to be mindful of what we eat: "A man who is careful with his palate is not likely to be careless with his paragraphs."

Unadulterated, yet delightfully biased discussions about food I find delicious and significant will appear in the future. Where else could one discuss the implications involved in eating chocolate? I might even have to force my roommate and myself to stay up late one night and taste test different brands to let faithful Mast readers know what's worthwhile and what they should leave for us, uh... I mean stay away from. That's a benefit of having a platform to write about food. What a ridiculously awesome job, right?

For more on this topic, look out for the next juicy installment.



ASPLU informs you about the issues

Lauren Buchholz
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The United States' voter registration deadline is Oct. 4. Take advantage of the resources available at PLU through ASPLU and register to vote!

Apart from voting, there has been another buzz on campus that was seen on the front cover of The Mast last week: The Amethyst Initiative. PLU President Loren Anderson signed this initiative last April, signaling his support to open a national discussion about the unhealthy drinking habits in the U.S. Monday, ASPLU is holding a student forum on the initiative. The forum will take place Monday, Sept. 29 in The Cave. Speakers include Melissa Kirby, the Resident Director for Tingelstad Hall, and Susanna Doll from the Health Center. There will be snacks provided, as well as a time for you to get your voice heard about the drinking age in the U.S.

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The Mast adheres to the Society of Professional Journalists' code of ethics, which includes the guidelines to "seek truth and report it," "minimize harm," "act independently" and "be accountable."

The Mast encourages letters to the editor. Letters must be submitted to The Mast by 5 p.m. the Wednesday of publication. Letters without a name, phone number and identification for verification will be discarded. Letters should be no longer than 500 words in length and typed. The Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors. Letters are printed in the order they are received.

The Mast can be reached at (253) 535-7494 or mast@plu.edu.

Five Reasons

Forays into dissent

I'm leaving the country if McCain wins



About four years ago, George W. Bush was elected for a second term and I experienced profound political disappointment. It blindsided me; I had had enough faith in the sanity of my fellow countrymen and women to know they wouldn't vote Bush back in. There was no way they could fall for that "stay the course" ploy. But fall they did.

And I debated the pros and cons of remaining in the states after graduating from college. I decided (young, naïve girl that I was) that if I and every other disenfranchised Democrat out there fled the country, who would remain to make progressive change, to preserve separation of church and state, further gender and sexual equality, protect the First Amendment, etc.?

The answer was no one.

But I swear that if that train wreck known as McCain/Palin wins, they can have it. And here's why:

The religious right scares the shit out of me. About two years ago, I viewed an interview between Jon Stewart and John McCain and came to the conclusion that McCain is an intelligent human being. He seemed to have little in common with Bush regarding political ideology, seemed to have a global view and he seemed smart. Now I find that his voting record closely mirrors Bush's ideology. And as far as a global view, he seems to not even know where or what Spain is (<http://talkingpointsmemo.com/archives/217802.php>), and Palin applied for her first passport only one year ago (Meanwhile, Biden's past experience with foreign policy as chairman of the foreign relations committee is extensive.)

The fact of the matter is, increasingly, whoever appeals to the religious right has the presidential office. The surge in McCain support came after he chose Sarah Palin, an ex-Pentecostal, pro-life uber-conservative, as his vice presidential running mate. The religious right vote breed like mad and many homeschool their children to think just as conservatively as they do. Sounds like a one-way ticket to my own personal idea of hell. Regardless of what McCain actually thinks about these issues, he has to toe the religious right's line if he ever wants to be elected.

My rights as a woman are important to me. I am moved by Barack Obama's proposed effort for wage equality. I'm also deeply moved by my right to abort an unwanted fetus. Obviously, the "pro-choice" and "pro-life" groups agree that the less abortions, the better. But the government needs to keep its hands off of my uterus. Meanwhile, in Palin's history as mayor of Wasilla, Alaska, she kept legislation in her town that required rape victims to pay for their rape kits.

The stubbornly obtuse nature of

several thousands of voters. There are, right now, several tens of thousands of moderate or uncommitted voters that will vote for John McCain. They don't follow party lines or political dialogue and for many, their decision changes from one day to the next. And if the havoc George W. Bush has wreaked on this country and others isn't enough to teach them the Republican Party is not the answer, then no number of informed voters ever will. If McCain/Palin (Palin, I'm particularly concerned about Palin) wins, then this country truly is afraid of change. And there's no place for me here, if that's the case.

The War in Iraq has been a part of my life since I was 13 years old. Numerous reasons were initially given for our involvement there, the first two of which (the existence of weapons of mass destruction and retribution for the terrorist attacks at the World Trade Center) were lies. The real reason we went to the Middle East and started killing people and breaching Geneva conventions was to overturn Saddam Hussein with the added perk of negotiating for oil. Both of these things have been done. Mission accomplished. Now we're there because leaving a country in the throes of a civil war that we started would be wrong. Check that, we need to get the hell out of there. And McCain has said we will stay as long as it takes. Will we have been there for half of my life? Will my first children be born into a nation at war? They will if McCain's in office. And I want my children to be born into peace.

Change. The United States that Obama has described is equal, egalitarian and globally-minded. It's a place that would make me proud to call myself a citizen of the United States - something I've never experienced before. Instead I'm ashamed of who we are (the global bully) and what we've come to represent (ignorance and apathy toward other ways of life). And it gets better: he has a plan. Obama's proposals make sense on a practical level. In other words: the dream world that he envisions might actually work. (For a look at his policies and plans, head to <http://www.barackobama.com/issues/>. For McCain, see <http://www.johnmccain.com/Informing/issues/>.)

As an addendum to this piece, I want to encourage all of you, if you haven't already, to register to vote. It matters, it truly does. As of the date of this publication, there are 39 days until the general election, a day that we have an actual shot at changing anything in this country. Rock the Vote does a good job of creating an online voter registration form that is accessible to even the most technologically challenged:

<http://www.rockthevote.com>.



Comic by Aubrey Lange

Digesting the Big Apple... One bi-weekly bite at a time

Live from New York



I am living off campus this semester. Way off campus. In New York City. I am doing a sort of domestic-study-abroad at Columbia University on Manhattan Island. For one semester, I am considered a regular Columbia student. And what a first month it has been.

I moved into my apartment in Harlem with my mom, lugging suitcases up the muggy stairs of the subway onto Frederick Douglas Avenue, and then two more flights of stairs to the two-bedroom apartment I would be living in with a Nic, a cynical New Yorker to the core and a book lover like myself. My room, though not small by any means, has a small window that looks out into the airshaft, and a bed that broke this morning. Our kitchen has no counter space at all, there is a lopsided loveseat in the living room, and the water in the bathroom sink tastes like plastic. The place has...character.

Part of the reason I applied for the Columbia Program was the range of classes available. I am taking an Advanced Writing Workshop (12 women and one man, it reminds me of PLU), Harlem Renaissance Literature (how did I not know about some of these authors and poets until now?), German (this week I learned the word for gossip: quatschen), and NY Theater (we have a two hour lecture on Thursday nights, after which we go to a show. Every week. Are you jealous yet?).

In addition to classes, I am volunteering at an after-school program in the East Village (that is the lower east side of Manhattan Island, Harlem and Columbia are more near the top, and on the West side). For a few hours on Mondays and Tuesdays I tutor 6-8th graders from

the area and Chinatown. Marvin, a 7th grader with agitated energy, asked if I got paid to work with them, or if this was going on my resume, or if I had to do this for a class. When I said no to all three, he stated that he "wouldn't do something without a really good reason to." I told him "well, Marvin, you are just so charming and fun to be around, I thought I would come here every week so I can bask in your presence." He took the compliment well.

Between classes and volunteering, I am discovering the city bit by bit. Last week I went to the Brooklyn Book Festival. A writer from SNL, the author of Ella Enchanted, Joan Dideon, and about 70 other authors were there, talking and reading and giving out free books. There is an Irish Theater Festival going on this month, and I went to a play called "End of Lines," written by young Irish playwrights, and inspired by the NY subway. I found a book for a dollar from a bookstore that is open until midnight, and went to Central Park the next day to sit under a tree and read it. I bought three pashminas for \$10 at a street fair, met a man from Washington when I ordered coffee at Borders, signed up for a bartending course, took pictures of Tibetan Monks dancing in the plaza at Columbia Campus, ate a hot dog from a stand, got into an argument with a Yankees fan (Go Red Sox!) and drank with new friends at a bar where they name drinks after dead poets (I got the Dead Poet Specialty, it tasted like a grape jolly rancher and I got to keep the mug it came in.) The city does not sleep and it is a shame I have to. This semester will be busy, and I look forward to sharing it with you.

As the semester goes on, I will be writing about a range of topics, some New York based and some not. I would love to have ideas for columns from you, the readers, so please e-mail me with ideas, comments or questions about everything. (Really, I am willing to write about pretty much anything. Except neuroscience. I am ill-informed on that

Sidewalk Talk

What would you do if your cell phone broke?



Oh my God! I'd freak out!
Maurice Eckstein
Sophomore



I wouldn't feel too bad. I'd just get a new one.
Troy Gessler
Sophomore



I'd guess I'd have to buy a watch!
Jessica Tanner
Senior



I would tackle a dinosaur!
Matt Kim
Junior



I'd feel empty
Zach Faust
First-year

STUDY AWAY



(Left) T group photo also travel

Photo courtesy of Tawny Clark

Jake Wavrin
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INTERNATIONAL REPORTER

By now, most people in the PLU community have been asked the question, "What will you do with your one wild and precious life?"

One important aspect of this wild and precious life emphasized is studying away from campus. The Wang Center, PLU's study abroad headquarters, provides students with a plethora of opportunities to see the world. In January of 2006, PLU became the first university to have students studying abroad on all seven continents at the same time. They also had about 400 students studying away over J-term. Not to mention 150 students participating in the semester or year-long programs.

The current financial crisis has made its impact on the U.S. and others around the world. At PLU, many have questioned how they are going to fulfill PLU's mission statement under the present economic circumstances. How does a person go about living their wild and precious life while balancing their ever-tightening checkbook?

Of course money can't buy happiness, but many people consider traveling abroad to be a life changing, indispensable endeavor. Having money is a necessity when flying to Beijing costs as much as living a semester in one of PLU's residence halls.

Colin Zinnecker, a PLU sophomore, is currently studying at Sichuan University in Chengdu, China. When asked how the cost of studying in China compares to studying at PLU he said, "The cost is comparable only because China is very cheap [but] I think the trip will pay for itself ten times over. The world needs more

internationally aware global citizens."

After the \$1,200 plane ticket, the cost of actually living in China is much less expensive than living in the US. In the UC, a single sandwich will cost about five dollars, but Colin says a whole meal in China costs between one to two dollars.

According to Neal Sobania, the executive director of the Wang Center, PLU's study abroad programs, outside of China, are oftentimes equally affordable.

"If a student can afford to be at PLU for a semester then they can essentially afford to study away for a semester," Sobania said.

Even with these reassurances, the immediate reaction may be to assume that study abroad opportunities may be on a decline due to America's recent economic woes. PLU's study abroad programs are still going strong with over 50 percent of the student body studying away every year.

"This year's study abroad numbers are relatively similar to previous years," Sobania said.

PLU's study abroad programs have historically sent students to areas in which the US dollar is worth enough to make it feasible to be traveling there. One example is Africa, where the Wang Center sends three times more students than the national average.

"We do amazingly well. Whereas most schools that do study abroad [programs] send more than 60 percent to Europe . . . our number is around 40 percent," Sobania said. "Our emphasis at PLU has been purposefully focused on the Pacific Rim and the Southern hemisphere. The reason for this focus was a conscious decision because living and attending school here in Washington makes us a part of the Pacific Rim, and as to the southern hemisphere, this is where a majority of the world's population lives," Sobania said.

On the national level, the number of students heading to Europe may dip in the near future. An article from the Fort Worth Business Press stated that students at Texas Christian University are already taking more interest in programs in the areas of Latin America and Asia.

A program previously available through Louisiana State University was cancelled due to low enrollment. What was the reasoning for the seeming lack of interest? Jill Clemmons, the Summer Programs coordinator for the university, cited cost as one

of the big reasons students were unwilling to study abroad.

With the United Kingdom's pound worth about 1.46 US dollars and the Euro being worth 1.46 US dollars, it is not surprising for students to look elsewhere to study. On the other hand, many students still consider Europe a popular destination for particular majors.

"It can't all be about cost. What I'm studying is music and I can't get the same course if I'm studying in Europe," said Hope. "I'm considering a J-term music program."

What Hope emphasizes brings up the question of whether the benefits of the abroad experiences may outweigh the costs. Another aspect of the experiences is the opportunity to gain a global perspective.

Where do students study abroad?	
	PLU
Europe	43%
Latin America	23%
Asia	7%
Oceania	3%
Africa	8%
Middle East	3%
Antarctica	3%

"The whole notion of what a neighbor is has changed dramatically. The current generation doesn't just think about being global, they are global. The next step is to take the step I need to know about my neighbors; what is the world like about this world in which I am going to live?"

said. "Being a global citizen is a student's responsibility. PLU's commitment to provide outstanding opportunities added Megan Murphy, one of the Wang

AWAY!

The 2008 Tanzania J-term class poses for a photo at the summit of Mt. Kilimanjaro. The class also traveled to the Serengeti and Zanzibar.



Photo by Dan Ahrendt

(Right) First-year students, Kate Miller and Starla Bennett, explore their options at the Study Abroad Fair on Wednesday.

(Bottom right) PLU graduate, Caron Anderson, captures footage of penguins in Antarctica during a J-term class. PLU is the only university in the United States to offer study abroad students to Antarctica.



Photo courtesy of Caron Anderson

to participate in the program, which costed around 1.85 US dollars it only seems like a study away. On the other hand, Europe an important

ing is more important. The same experience when you go to Evans, a sophomore

point that the study abroad is a potential rising costs. The intangibles, such as

advisors.

One of the unique opportunities that students have at PLU is the prospect of a semester-long study away course. Students who are unsure about leaving PLU life behind for four months have the chance to test the waters for a month program with J-term.

"Our hope is that students will try a J-term study away program and as a result of that discover that it's a great thing to do, and then look into going for a semester or a year," Sobania said.

This year, PLU is offering 21 courses off-campus over the month of January. At the Study Away Fair last Wednesday in the University Center's Chris Knutzen Hall, several of these J-term programs were on display. Out of the 21 available programs there are still thirteen headed to various locations around Europe, Australia, and the Caribbean, which are accepting applications for this upcoming January 2009.

If you still haven't made plans for J-Term, but are interested in having a life-changing experience, stop by the Wang Center next to MBR on Wheeler Street before October 10.

What's go?

National Avg.
60%
14%
8%
7%
3%
1%
0%

SOURCE: WANG CENTER

labor is has changed. It's not have to think about it anymore. It's asking what else do I need to know to succeed and work?" Sobania

responsibility and the responsibility for that discovery," said the Wang Center's study away

Online this week...

International student Ove Syverstad finds his path to vocation while traveling abroad.

<http://www.plu.edu/~mast>



J-term 2009 course offerings

*Application deadline for J-term 2009 study away classes is Friday, October 10.

Asia - China, Korea
 "Special Topics in Non-West History" (HIST 389)
 Adam Cathcart, History
 Cost: \$4625

Asia - India
 "Education in India" (EDUC 385)
 Vidya Thirumurthy, Education
 Cost: \$4800

Europe - Austria
 "Vienna/Salzburg: Music 101 or 300 level"
 (MUSI 101 or 300 level)
 Ed Powell, Music
 Cost: \$4895

Europe - France
 "19th Century Art in Paris: David to Van Gogh" (ARTD 390)
 John Hallam, Art
 Cost: \$4450

Europe - France
 "Sketching School: Urban Themes" (ARTD 387)
 Michael Stasinios, Art
 Cost: \$4450

Europe - Germany, Austria
 "Language & Culture in New Germany" (GERM 231/331)
 Kirsten Christensen, Languages & Literatures
 Cost: \$4,300

Europe - Italy
 "Investigating Economic and Environmental Change"
 (ECON 315)
 Mark Reiman, Economics
 Cost: \$4795

Europe - Norway, Iceland
 "Culture, Language and Identity in Scandinavia"
 (SCAN 231/331)
 Claudia Berguson, Languages and Literatures
 Cost: \$5295

Europe - Switzerland
 "Swiss Culture & Global Business: Banking, Chocolate, America's Cup" (BUSA 485)
 Sven Tuzovic, Business
 Cost: \$4605

Oceania - Australia
 "Australian Media" (COMA 393)
 Joanne Lisosky and Art Land, Communication and Theatre
 Cost: \$5125

South America & Caribbean - Martinique
 "French Language and Caribbean Culture in Martinique"
 (FREN 241/341)
 Rebecca Wilkin, Languages and Literatures
 Cost: \$4520

North America - Neah Bay, Washington
 "Makah Culture Past and Present" (ANTH 190/491)
 Dave Huelsbeck, Anthropology
 Cost: \$850

North America - Tacoma, Washington
 "January on the Hill" (SOCW 175/491)
 Mary Moran, Social Work
 Cost: \$180

SOURCE: WANG CENTER

'Women' disappoints

Remake fails to recreate spark, charm of original 1939 film

Megan Charles
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MAST A&E REPORTER

George Cukor made something of a masterpiece with his 1939 film adaptation of Clare Booth Luce's play, "The Women." It pieced together some of the biggest names in Hollywood to shine in an all-female cast, including Norma Shearer, Joan Crawford and Rosalind Russell. Now some 70 years later, "Murphy Brown" creator Diane English has made an attempt to rework the genius of the original while adding her own touch.

Some things have carried over. Perhaps most essential, we still have an all-female cast, which features Meg Ryan, Eva Mendes, Jada Pinkett Smith and Debra Messing among others. What we do not have is the flow, quality or zest of the original. In general, I myself am not a fan of remakes, especially ones of the classics, but I went into "The Women" hoping for a decent movie. What I got was not terrible, but it certainly did not hold a flame to the original.

The story is about Mary Haines (Ryan), a New York socialite whose life is thrown upside-down when her husband begins an affair with a perfume counter girl named Crystal Allen (Mendes). When the affair is made public and Mary's husband wants a divorce, Mary must decide whether to succumb to the horrors of social disgrace or do battle with Crystal with the help of her many friends.

I think few guys will enjoy this flick, and I am pretty sure that strong-minded feminists would not even bother criticizing it. And yet, "The Women" is a comedy. It is just meant to be light-hearted fun.

At its best, the film attempts to pay tribute to the original, and there are a few key scenes that tried to follow Cukor's lead. What killed this adaptation was the two-dimensional way in which the characters are written, a common flaw in today's comedies. Here, it reduced the leading actresses' potential and wasted the time of supporting roles, particularly those of Candice Bergen and Bette Midler. Perhaps the biggest atrocity is Annette Bening's dismal portrayal of Rosalind Russell's Sylvia Fowler. I encourage moviegoers to save their money and rent the original rather than waste the price of admission. It might just be one of the few things in life that is cheaper and significantly better.

FilmReview

The Women (2008)

Directed by Diane English
Starring Meg Ryan, Annette Bening, Eva Mendes
Rated PG-13: 114 minutes



Grads produce Tacoma film

PLU alumni apply skills in video project

Ashlee Pitigliano
pitiglaa@plu.edu
MAST A&E INTERN

Pacific Lutheran University alumni Eric Wahlquist and David Horton captured the essence of Tacoma and the newly aggressive attitude of The Tacoma Regional Convention and Visitor Bureau (TVB) with the production of a destination video for Tacoma, which premiered Aug. 21.

The video (which can be found on YouTube at http://www.youtube.com/watch?v=39k_6qnJkUk) is designed to be a sales piece directed toward increasing revenue for Pierce County hotels, restaurants and tourist attractions. It also is meant to showcase the new vision and drive of the TVB, whose mission is to generate tourism within Tacoma.

"The Tacoma Visitors Bureau was looking to re-launch their campaign," Horton said. "They had some new people in the office; new people with new direction who wanted to re-launch a newer, fresher, hipper feel to Tacoma."

The TVB had an outdated video, and wanted something to represent the newer style Tacoma has grown into. After being contacted by the TVB in July, Joanne Lisosky, Associate Professor of Communication, approached Wahlquist and Horton with the project. Horton created the new music, while Wahlquist filmed and edited the three-minute video.

"[The TVB] left it really open for me, but they did have specific things they wanted me to film," Wahlquist said. "They sent me to tall ships (a festival at the Tacoma waterfront), where I went

on a media boat, but they didn't tell me anything specific, which I thought was really cool. We wanted to highlight Northwest Trek and Point Defiance Zoo, but also the newer scene downtown with cool restaurants and museums."

Though the production was left mostly to Wahlquist and Horton's discretion, the final product took hours of tedious work for both men. While Wahlquist was sifting through nearly 10 hours of footage to edit the video, Horton ultimately composed five different pieces of music in an attempt to match the vision of the TVB.

"It was kind of frustrating, having to come up with music before I saw the video," Horton said. "I didn't know what they wanted as far as imagery for the music, so I tried several times to come up with what they wanted. They would keep giving me adjectives to describe the feel for it, and I would come back with a piece. It would go back and forth."

In the final video, a mixture of several pieces Horton composed were used to compliment the footage Wahlquist had filmed. Horton and Wahlquist said they anticipated other opportunities would arise as a result of the video's premiere.

"I gave out business cards, and will hopefully be working with other multimedia to come up with music for their future projects," Horton said.

As for Wahlquist, a few speculated opportunities have presented themselves, however nothing has been decided yet. He plans to put the video on his reel of film to serve as an example of his talents. The reel is a compilation of work he has created thus far to showcase his abilities as a producer.

Both producers agree that their experiences at PLU helped bring the video together. With an excellent music program, Media Lab and communication program, PLU gave them the confidence and support they needed to create what the TVB envisioned.

ONLINE THIS WEEK...

Review of Marjane Satrapi's "Embroideries"

by Kaitlin Hansen

www.plu.edu/~mast

Culinary Adventure Series

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Easy Chocolate Treats
TUESDAY, SEPTEMBER 30TH @ 6PM
ERICA FICKEISEN
(DINING & CULINARY SERVICES)

Learn how to make simple and satisfying chocolate treats with Erica Fickeisen, our talented baker.

Sticky, Sweet & Seductive—Sugar in the Raw
THURSDAY, OCTOBER 30TH @ 6:30PM
JUSTIN LYTLE AND CANDACE KRISTENSSON
(CHEMISTRY)
ERICA FICKEISEN
(DINING & CULINARY SERVICES)

Explore your sweet tooth in the homage to heat and sugar. If you crave creme brules, don't miss this exciting hands-on activity.

Bizarre and Ghastly Foods
FRIDAY, OCTOBER 31ST @ 5:00PM
ERIN MCGINNIS (DINING & CULINARY SERVICES)

Come experience bizarre foods in a tasting like no other—just in time for Halloween.

Masa with the Madonna
THURSDAY, DECEMBER 11TH @ 4:00PM
SAMUEL TORVEND (RELIGION)
MARYLOU YEOMANS
(DINING & CULINARY SERVICES)

Celebrate a Mexican folk hero and patron—Our Lady of Guadalupe—and learn why Mary, the mother of Jesus, appeared as an indigenous Indian to a poor Mexican peasant. Join us as we celebrate the holiday in a traditional way by gathering together to turn masa and corn husks into tamales.

Hanging Lanterns & Handmade Dumplings

WEEK OF JANUARY 26TH
JINGZHEN LI (LANGUAGE AND LITERATURE)

The Chinese characters for Jiaozi, or Chinese dumpling, are translated to mean the arrival of the New Year. Welcome the Year of the Ox and explore the traditions of Chinese New Year with a hands-on lesson in Jiaozi making.

For the Love of Chocolate—Aphrodisiac & Food of the Gods!

THURSDAY, FEBRUARY 12 @ 6:30PM
JUSTIN LYTLE AND CANDACE KRISTENSSON
(CHEMISTRY)
ERICA FICKEISEN
(DINING & CULINARY SERVICES)

Can chocolate really bring out the devil in you just in time for Valentine's Day? Come explore the darker side of this complicated psychoactive confection!



PRESENTED BY
Dining & Culinary
SERVICES

PRESENTERS WANTED:

We are still brainstorming session ideas for Spring '09 and Culinary Week 2009. If you have an idea for an interest session or would like to present or co-present please contact: Erin McGinnis mcginnem@plu.edu or 535-7474

Pirates, Snakes & Irish Soda Bread

TUESDAY, MARCH 17TH @ 4:00PM
NANCY CONNOR (CAMPUS MINISTRY)
ERIN MCGINNIS, ERICK SWENSON AND ERICA FICKEISEN (DINING & CULINARY SERVICES)

What do pirates, snakes and soda bread have in common? The answer might surprise you. Enjoy traditional Irish foods like colcannon and lamb stew and learn about the intriguing and colorful St. Patrick. Includes a lesson in soda bread making—make your own bread to take home with you!

Culinary Week
MARCH 30 TO APRIL 3RD

Join us for a week of fun and informative culinary tastings, demos, and events. Mark this week on your calendar and watch for detailed information and schedules.

VISIT WWW.PLU.EDU/~DINING TO REGISTER FOR A CLASS AND FIND MORE INFORMATION



★ AlbumReview
 ★ Death Magnetic (2008)
 ★ Metallica
 ☆ Metal, 74:41

Thrash metal kings impress with new album

Matt Click
 clickmt@plu.edu
 MAST A&E EDITOR

"What don't kill ya, make ya more strong," growls Metallica vocalist and rhythm guitarist James Hetfield. These lyrics, uttered on the track "Broken, Beat & Scarred," sum up the band's new album, "Death Magnetic," which just might be their best effort since 1991's self-titled "Black" album. After 17 years of disappointing releases and lukewarm critical reception, Metallica is back.

The 2001 departure of longtime bassist Jason Newsted sparked a series of heated conflicts within Metallica, culminating in Hetfield's admission into rehab for alcoholism during filming of the documentary "Some Kind of Monster." But in 2002, the kings of thrash metal were back in the studio, recording tracks for "St. Anger." Fans were psyched to hear what this clean and sober Metallica would have to offer.

The result was less than stellar. "St.

Anger" was almost universally lambasted by fans and critics alike. It was a throw-together effort that lacked both the speed and the ferocity of '80s-era Metallica. Gone were the solos, replaced by lazy, middling riffs in ugly drop C tuning and an infamously "steely" sounding snare drum. It seemed that the Metallica the fans had come to love was gone, replaced by a handful of 40-something sellout has-beens who neither cared for nor were aware of their fanbase.

But "Death Magnetic," released Sept. 12, is the album Metallica fans have been waiting 17 years for. This is a return to Metallica's 1980s heydays—longer songs (many clock in at more than eight minutes), blistering guitar solos, aggressive drumming, tempo changes aplenty, growling vocals and intense bass backing. And, thank God, the guitars are tuned back up to standard E. "Death Magnetic" has more in common with albums like "...And Justice For All," "Master of Puppets" and "Ride the Lightning" than any of the band's mediocre '90s fair (though I will confess to enjoying a few select tracks from 1996's "Load").

After a rough few years of rehab and group therapy, it seems what hasn't killed Metallica has only made it stronger.

The album opens with "That Was Just Your Life," a track reminiscent of 1988's "Blackened," with a slower-paced intro digressing into a raging torrent of rhythm guitar, courtesy of Hetfield, and drummer Lars Ulrich's kick drum-laden

madness. It's almost shocking to hear Metallica's raw '80s sound return after years of disappointment—but what a welcome homecoming it is.

Next up is "The End of the Line," a song many fans might be familiar with from its debut in Berlin last year, though it differs from that version in its lyrical arrangement. It's a solo-heavy track with fancy fretwork courtesy of both Hetfield and lead guitarist Kirk Hammet.

Other notable tracks include "Broken, Beat & Scarred," "All Nightmare Long" (the thematic sequel to 1991's "Enter Sandman"), and the radio single, "The Day That Never Comes," a song evocative of the classic track "One." And, for the first time since 1988's "...And Justice For All," Metallica includes an instrumental track, entitled "Suicide & Redemption."

But "Death Magnetic" is not without its letdowns. "The Unforgiven III" feels unnecessary, unfinished and generally out-of-place, despite its awesome guitar solo. It's a remnant of the band's more mainstream '90s style and the only real disappointment on the album. "Cyanide" is also fairly bland, but both tracks are quickly forgotten after songs like "The Judas Kiss" and "My Apocalypse" follow to blow them away.

Backup vocals are virtually nonexistent on "Death Magnetic," though maybe we should be thankful, considering the absence of Newsted, the only member of the band other than Hetfield capable of carrying a tune.

Robert Trujillo, Metallica's new beast

of a bassist, makes his official record debut here, and most definitely proves himself with furious finger-style plucking. He is showcased nicely in a few tracks, notably "The End of the Line" and "Suicide & Redemption."

After years of dilution, Hammet is at the top of his game, shredding solos and layering nicely with Hetfield's furious rhythm guitar. The pair creates a duel of monstrous riffs. Ulrich reclaims his throne as well, divorced from that awful "St. Anger" snare drum and doing what he does best—double bass, and lots of it.

As songwriters, the members of Metallica have produced some great tracks, with superb instrumentation and lyrics that hearken back to the golden days of thrash metal. The navel-gazing that ran rampant throughout "St. Anger" is gone—these musicians have gotten over themselves and returned to their passion for music. You'll find no tracks about the horrors of rehab here, folks.

This Metallica fan was one album away from giving up on the fearsome foursome, but my love for the band has been rekindled with "Death Magnetic," an album that pulls style right out of the '80s and modernizes it for fans old and new with a full-bodied, robust sound. It's hard to believe, but these middle-aged rockers have put out a truly kickass metal album. Despite a few bland tracks, "Death Magnetic" is, hands down, the best Metallica album in 17 years, and well worth a listen for any fan, loyal and apprehensive alike.

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 *A discussion will follow Saturday's 4:50 show

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 Fri - Thurs: 2:00, 4:20, 6:40, 9:00

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A&E happenings

Fire by Deepa Mehta

A discussion of homosexuality in India

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7:00 PM Ingram 100

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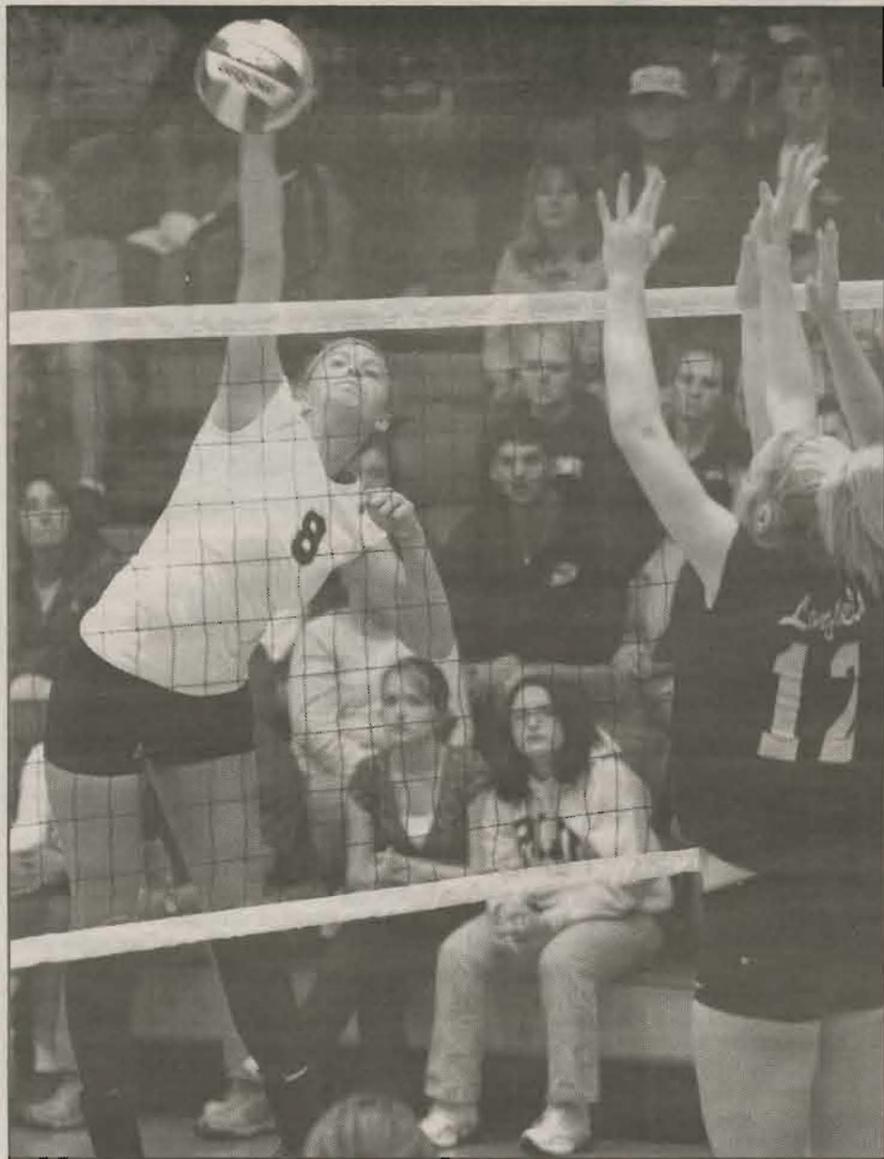


Photo courtesy of Zenon Olbertz

Sophomore Beth Hanna takes a swing at a ball during a match against Linfield last season. PLU was able to beat Linfield Friday before falling to George Fox Saturday and UPS Wednesday.

Not so hot start for the Lutes

PLU volleyball loses two of three to start conference play

Cale Zimmerman
 MAST SPORTS REPORTER
 zimmercvc@plu.edu

The Lutes got off to a tough start in the Northwest Conference, losing two of three matches at home.

PLU opened conference play against the Linfield Wildcats, sweeping them 29-27, 25-18 and 25-19.

The Lutes managed to get their first win even despite a season ending injury to junior Kelcy Joynt, who was second on the team with kills.

The Wildcats started the first game with a 15-5 run. With Linfield leading 24-22, PLU broke two game points to extend the game. Four points later the Lutes would taste victory.

After the exciting first game, the favored Lutes dominated the next two games like if Tyson fought an infant.

Junior Beth Hanna led the team with 15 kills sophomore Sarah Beaver was setting beautifully with 38 assists and junior Libero Brenna Archibald chalked up 21 defensive digs. PLU had an obvious jump in their step and played with confidence the whole night.

"We had incentive to play tough," Hannah said. "With Kelcy going down last week, it motivated us to play for her."

The following night the Lutes had a little bit of a hiccup as George Fox stunned the home crowd.

Things were looking good for the Lutes as they won the first two games.

However, the upset minded Bruins stepped up their game in the rest of the match and proved they can compete in the Northwest Conference. George Fox won the next two games, then pulled it out in game five 16-14, holding off a PLU comeback.

"It was a tough night to keep momentum on our side," Hannah said. "Nobody likes to lose, but we learned some lessons from George Fox".

On Wednesday, The Lutes were scheduled to jump on Highway 16 and play rival Puget Sound, but instead the game was moved to Olson Auditorium due to maintenance on the UPS Field House.

Unfortunately, a last minute location change couldn't help the Lutes pull out a victory as they were swept in three games.

Coming into the match the Loggers were ranked number 10 in the nation while the Lutes were ranked number 20.

The match started off with UPS taking a 13-3 lead in the first game. The Lutes showed heart and came back to tie the score, but they eventually lost the game 25-23 to the Loggers.

The final two games were close but PLU could never produce a comeback.

The Lutes lost the last two games 25-20 and 25-23.

Saturday the Lutes travel south to Portland, Ore. to play Lewis & Clark. Pacific Lutheran has had recent success with the Pioneers, however, the Lutes know they are being hunted this year.

"You cannot underestimate anyone in our conference," Hanna said.

Lutes SPORTS SCHEDULE

Volleyball

PLU at Lewis & Clark
 Saturday Sept. 27, 7 p.m.

Men's Soccer

PLU at Whitman: Saturday Sept. 27, 2:30 p.m.
 PLU at Whitworth: Sunday Sept. 28, 2:30 p.m.

Football

PLU at Lewis and Clark
 Saturday Oct. 4, 12:30 p.m.

Women's Soccer

PLU at Whitman: Saturday Sept. 27, 12 p.m.
 PLU at Whitworth: Sunday Sept. 28, 12 p.m.



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Lutes vs. Lutes

IM sports vital to college experience



PLU Sports Editorial

Tyler Scott
scotttj@plu.edu

The perfect spiral sails out of the quarterback's hand. It hangs in the air for a second or two and then falls perfectly into the waiting hands of the receiver trotting into the end zone for another score before halftime.

Typically, this is the time when the crowd goes wild and the receiver puts on a show in the end zone with a dazzling display of creativity and overconfidence. But not today; not on this field. Here, the only shout is from one of the receiver's hall mates, lauding her catch.

Who says girls aren't supposed to play football?

This week marked the beginning of the 2008 intramural fall season, with friendly inter-hall rivalry matches in football, volleyball and soccer.

This is a unique college experience in that the possibility of a trophy makes it more competitive than pickup games. The split of the teams by hall also offers great opportunities to build community and get to know something entirely new about people. Namely, that the cute girl you've had a crush on from the floor below you is better than you at football.

Pacific Lutheran's IM sport setup allows those who aren't necessarily physically gifted – and I'm thinking of myself here – to have a great time competing with and against friends.

The games are typically competitive enough that good-natured trash talk takes place between teams, while at the same time retaining a casual charm that allows one team to offer one of its members to the opposition for the sake of a fair and balanced game.

I have been an advocate for understanding the significance of sports beyond what takes place on the scoreboard. The friendships and teamwork fostered on the field of competition can impact the lives of everybody involved and transform the way they relate to others. The beauty of PLU's IM sports is that they bring this opportunity to the students who don't aren't collegiate athletes.

Although we have all been at PLU for a few weeks and are starting to find a regular routine and consistent group of friends, IM sports can draw us out of the norm before it becomes something that limits us in our collegiate experience. We meet people we rarely see in our halls when we come together for a friendly volleyball match.



Photo by Daniel Ahrendt
Sophomore Kyle Bielen of Tinglestad attacks the ball during an intramural soccer game on Foss Field Wednesday. IM sports began this week at PLU.

Then we see that some of those people have a pretty spectacular spike.

Obviously, friendships require much more than awe-inspiring athletic skills, but it has to start somewhere. Perhaps someone from one of your classes lines up against you on the soccer field. Suddenly, you share something in common that goes beyond your affinity for 15th century Chinese literature.

At the end of each season, one team is crowned champion and each member of that team gets a shirt to recognize his or her accomplishment. Each member then gets to wear the shirt around campus and flaunt his or her intramural championship.

At the same time, one team could never win a game, but the casual nature of the competition allowed them to enjoy each game just as much as the champions. In fact, some of the peculiar things that take place in IM sporting events might give the winless team more entertaining stories than the team that won it all.

For me, IM sports have served as my own brief taste of Frosty Westering at PLU. Frosty wrote in both of his books about the importance of enjoying the journey rather than focusing on the final score.

As someone who is competitive by nature, but terrible at anything and everything that requires anything athletic, this is a very important lesson to learn.

When you see me on the field of play at Stuen's IM football games (I am so horrible at soccer and volleyball that I will not put my hall mates through the misery of witnessing my attempts at playing either sport), I will pretty much always be smiling and laughing. My sarcasm and competitive nature will come out with playful ribbing of anyone I know on either team, with my goal being to keep the competition light-hearted and enjoyable.

I challenge all of you to join me on that field, or join my friends who play soccer and volleyball. Put forth your best effort to participate in at least one of your hall's IM teams, and you will not regret the decision. Win or lose, you will have an amazing time hanging out with some pretty cool people who are surprisingly good at sports.

Salem Strut

Lute runners take on Willamette Grass Course

Lorna Rodriguez
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PLU's cross country teams had another impressive meet at the Willamette Grass Course in Salem, Ore. last Saturday.

The teams proved working hard pays off with outstanding personal records.

The women placed fifth overall with senior captain Lexie Miller crossing the line first in 20:03.7, followed closely by sophomore Mary Wuest in 20:06.9. Sophomore Erika Dornfeld finished third in 20:24.7, first-year Erica Johnson finished fourth in 20:29.2 and in fifth was sophomore Amanda Clancy in 20:37.7. First-year Jill Kuschel also had a noteworthy performance, cutting three minutes off of her time, finishing in 21:30.

Miller was very impressed with Kuschel's run on Saturday because Kuschel has noticeably improved in every meet this season.

"It's been really fun because the team is so supportive," Kuschel said.

Kuschel isn't your typical runner; this is her first cross country season ever. After being cut from the volleyball team she decided to give running a try.

Kuschel loves being on the cross country team because the team keeps her motivated.

"I wouldn't be able to run without the team cheering me on," Kuschel said.



Kuschel

The men's team placed fifth overall with sophomore John Phillips finishing first in 23:55.9. Following Phillips was first-year's Alex Martin in 24:08.0, Orion Bras in 24:33.7, Sean Andrascik in 24:36.9 and Justin Barth in 24:47.3.

In addition to the top five, first-year Austin Martin also had a noteworthy race; he finished in 25:07.32.

"I had a better mental race than I had the last couple races," Martin said.

Martin had a strong start and a solid finish, but would like to improve on the middle part of his race.

Along with teammates Applewhite and Phillips, Martin also loves the camaraderie of this year's team.

Martin encourages all PLU students and faculty to come support the PLU cross country team's at their home meet; the PLU Invitational on Oct. 11. But before the home meet the team will be racing in the Charles Bowles Invitational in Salem, Ore. at 9 a.m. on Oct. 4.

Scorecard

Men's Soccer as of 9/17

Standings

Team	NWC	%	All	%
Whitworth	2-0-0	1.000	6-0-1	.929
Whitman	2-0-0	1.000	4-0-4	.750
Pacific	0-0-1	.000	4-2-1	.643
PLU	0-0-1	.500	2-3-1	.417
UPS	0-0-1	.500	2-3-1	.417
George Fox	0-0-1	.000	1-4-2	.286
Linfield	0-2-0	.000	4-3	.571
Willamette	0-2-0	.000	1-5	.167

Team Goal Leaders

Daniele Zaccagnini - 2, Ricky Morales - 2, Ricky Morales - 2, Surafel Worku - 1, Trevor McDonald - 1

Team Assist Leaders

Jason Bjorgo - 2, Daniele Zaccagnini - 1, Trevor McDonald - 1, Andy Stolz - 1, Nat Breitenberg - 1, Surafel Worku - 1

Team Saves Leader

Daniel Magum - 30

Women's Soccer as of 9/17

Standings

Team	NWC	%	All	%
UPS	2-0-0	1.000	4-1	.800
Whitman	2-0-0	1.000	4-1	.800
Pacific	2-0-0	1.000	3-3	.500
Whitworth	1-1-0	.500	5-1	.833
L&C	1-1-0	.500	2-1-3	.583
Willamette	1-1-0	.500	3-3	.500
George Fox	0-2-0	.000	4-2	.667
Linfield	0-2-0	.000	2-4	.333
PLU	0-2-0	.000	1-3-1	.300

Team Goal Leaders

Laura Bressler - 2

Team Assist Leaders

No Assists Scored

Team Saves Leader

Kamryn Morgan - 20

Volleyball as of 9/17

Standings

Team	NWC	%	All	%
UPS	2-0	1.000	7-3	.700
L&C	2-0	1.000	7-6	.538
PLU	1-1	.500	7-4	.636
George Fox	1-1	.500	7-5	.583
Whitworth	1-1	.500	8-6	.571
Willamette	1-1	.500	3-9	.250
Pacific	1-1	.500	2-8	.200
Linfield	0-2	.000	4-2	.667
Whitman	0-2	.000	0-11	.000

Team Kill Leaders

Beth Hanna - 155, Kelcy Joynt - 105, Kelsie Moore - 97

Team Block Leaders

Erin Bremond - 39, Beth Hanna - 30, Kelcy Joynt - 24

Team Ace Leaders

Kelsie Moore - 14, Brenna Archibald - 13, Kelcy Joynt - 11

Team Dig Leaders

Kelsie Moore - 157, Brenna Archibald - 145

Team Assist Leader

Sarah Beaver - 437

Football as of 9/17

Standings

Team	NWC	%	All	%
Willamette	0-0	.000	3-0	1.000
UPS	0-0	.000	2-0	1.000
Whitworth	0-0	.000	1-1	.500
L&C	0-0	.000	1-1	.333
Linfield	0-0	.000	0-1	.000
PLU	0-0	.000	0-2	.000
Menlo	0-0	.000	0-3	.000

Team TD Leaders

Michael Byrne - 1, Greg Ford - 1

Team Rush Yards Leaders

Aaron Murphy - 26.5 ypg

Team Receiving Yards Leaders

Greg Ford - 68.5 ypg, Isaac Moog - 56.5 ypg

Team Pass Yards Leaders

Michael Byrne - 103 ypg

Team Tackle Leaders

Neal Chalmers - 21, Ian Gienger - 20, Giustin Jenkins - 14

Lutes tie Boxers

PLU and Pacific take part in defensive struggle

Michael Martin
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After regulation and two overtime periods at Lincoln Field in Forest Grove, Ore., no winner was decided between PLU men's soccer team and the Pacific University Boxers.

The match ended in a 0-0 tie in a defensive battle. "I think the defense played incredible," junior Jason Bjorgo said.

Sophomore goalkeeper Daniel Mangum was as solid as the Great Wall of China. He stopped 11 shots on 22 shot attempts to earn his second shutout of the season.

Even though the Lutes were limited to nine shots, their best chances of the game came in the first half.

First-year Surafel Worku had two opportunities from within 10 yards in the 30th minute. His first attempt was deflected by a Pacific defender right back to Worku, but his second attempt was saved by Pacific's goalkeeper.

First-year Spencer Augustin also had his opportunity in the 37th minute, but was also stopped by Pacific's goalkeeper on a ball Augustin put in the air. The goalkeeper went up to grab the ball before it had a chance to go into the goal.

Even though the Lutes defense played solid, other factors contributed to a scoreless game.

One thing that really hindered the Lutes' playing capability was the unsportsmanlike conduct that the Boxers' head coach was displaying.

The coach shouted less than sportsmanlike comments from the sideline that was directed at the Lutes players throughout the entire game said Bjorgo.

Even though the Lutes might have been affected by the Boxers head coach, PLU did not generate enough offense against a Pacific team that is difficult to play at home.

"We've always known Pacific was a tough game," Mangum said. "It doesn't always come down to who has the most talent, but who has the drive."

The Lutes return to action this weekend as they head across the mountains to play Whitman and Whitworth on Saturday and Sunday; both games start at 2:30 p.m.

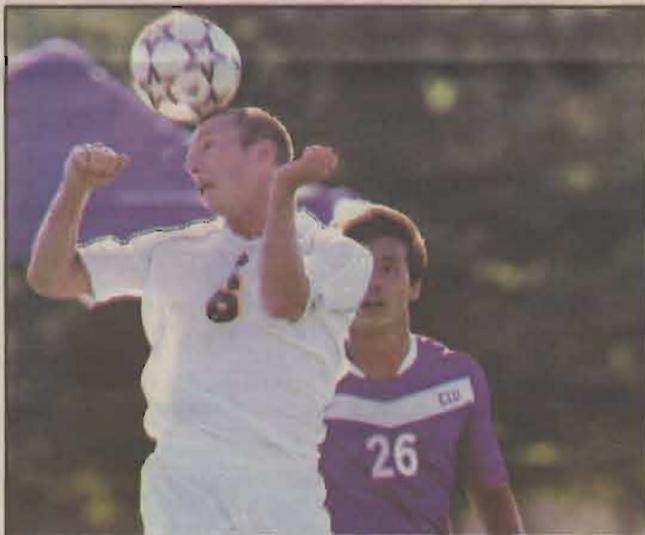


Photo by Chris Hunt

Junior Jason Bjorgo attempts to head a ball in a game last season. The Lutes began the Northwest Conference season with a 0-0 tie with Pacific.

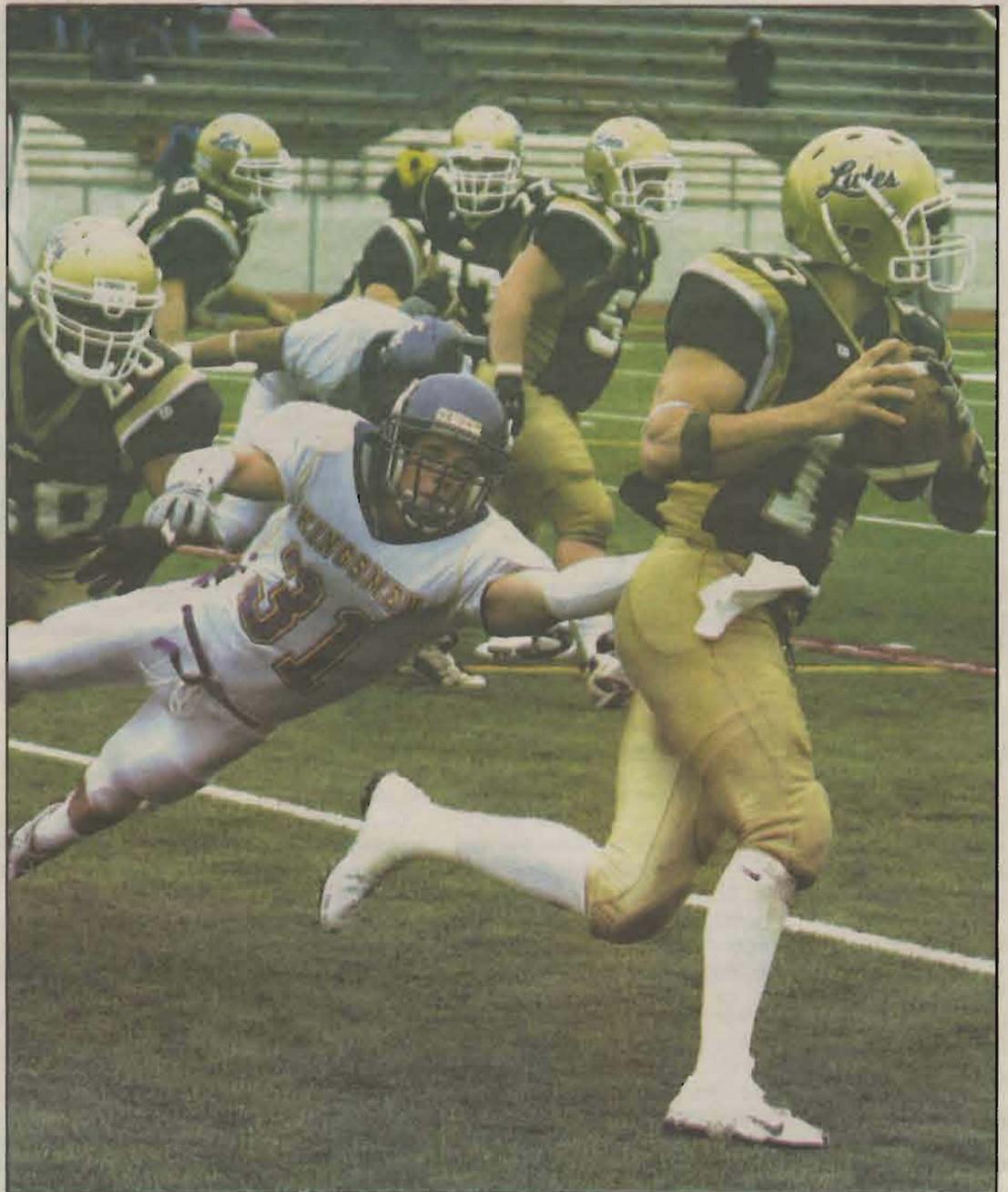


Photo by Jason Comerford

Junior Nick Caraballo rolls out of the pocket and avoids a California Lutheran defender during their game last Saturday. The Lutes lost to the Kingsman 16-7 and were unable to score after Caraballo entered the game for injured starter senior Michael Byrne.

Kingsman conquer Lutes

California Lutheran sends PLU football to 0-2

Carrie Draeger
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PLU football (0-2) hit another speed bump Saturday, losing 16-7 to the California Lutheran Kingsmen (1-1) at Sparks Stadium in Puyallup, Wash.

Injuries, youthful mistakes, and just plain bad luck all contributed to the loss.

"The game could have changed on three plays," Head Coach Scott Westering said. "Typically three or four plays make a difference in a game."

The Lutes started strong in the first quarter when senior quarterback Michael Byrne completed a 37-yard pass to sophomore receiver Greg Ford. Three plays later Byrne and Ford connected in the end zone for PLU's first touchdown of the season.

Byrne was removed from the game early in the second quarter when the shoulder injury he sustained against St. Olaf in the Lutes season opener started hurting again. Byrne was 4-for-8 with 63 yards and PLU's only touchdown.

Westering said that Byrne's injury made it hard on the offense.

"He was off to a real good start," Westering said.

PLU's defense silenced Cal Lutheran's offense during the first quarter. But the Kingsmen broke through during their first drive of the second quarter when Derek Martinez ran the ball into the end zone from six yards out to record Cal Lutheran's only touchdown of the day.

The Lutes had a chance to retake the lead late in the second quarter when senior Haden Geigner

intercepted a pass on PLU's 39-yard line. The Lutes strung together five plays to land them on Cal Lutheran's 4-yard line before Byrne's replacement, junior Nick Caraballo, was intercepted to end the first half.

In the second half, the Lutes had a chance to get back into the game. Halfway through the fourth quarter, junior defensive end Nick Edwards scooped up a fumble on Cal Lutheran's 17-yard line and ran it back 12 yards. But, five yards away from the end zone, Edwards was stripped of the ball trying to lateral it to a teammate and Cal Lutheran recovered.

In the end, Cal Lutheran scored nine points off three field goals from kicker Jackson Damron, which secured the win for the Kingsmen.

Though the game was lost, PLU's defense played well. They combined to sack Cal Lutheran's quarterback 15 times for a total loss of 80 yards. The Lutes were led by Geinger and senior Neal Chalmers. Chalmers had 14 total tackles while Geigner racked up 10 tackles, an interception and a fumble recovery.

Cal Lutheran's defense held the Lutes to 186 yards, 30 on the ground and 156 in the air.

Caraballo was 7-for-23 with 93 yards and two interceptions. Aaron Murphy ran for 37 yards on 12 carries. The receivers were led by Ford who had five receptions for 85 yards and one touchdown catch.

Westering was pleased with his teams performance.

"Our kids played hard all day long," Westering said. "Even though we made some mistakes, the team improved their performance from last weekend."

With the bye week coming up, Westering and the Lutes look to work on consistency and getting healthy.

"A lot of the guys are dinged up," said Byrne, "It [the bye week] will give our guys a chance to rehab and rest up."

"We will work on focusing on what we can control to continue improving," Westering said.

The Lutes return to action at 12:30 p.m. on Oct. 4 at Lewis and Clark College in Portland, Ore.



Byrne

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