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Pacific Lutheran University
Tacoma, Washington

THE MOORING MAST

Feb. 25, 2000
Volume LXXIV No. 15

Weighing the consequences...

National Eating Disorder Week brings attention to prevalent problem

BY LARA PRICE
Mast senior reporter

Young women see the gaunt faces that fill the fashion magazines. One out of one hundred of these young women are starving themselves.

These statistics are close to home. Eating disorders are prevalent on college campuses, Dr. Shannon Jones, a psychiatrist from the counseling and testing center, said. PLU will address the issue through Eating Disorder and Awareness Week.

Starting Feb. 28, the Eating Disorders Awareness and Prevention, Inc, a national organization out of Seattle, will sponsor eating disorder and awareness events with the help of Sherwin Ferguson, health educator and nurse practitioner, Judy Mladineo, director of the Women's Center, Karen McConnell, assistant professor in the school of physical education.

Activities such as the Great Jeans Giveaway Campaign will help increase awareness of body image issues, Ferguson said. Stu-

dents and staff can donate their old jeans, she said, and "stop squeezing into jeans they keep hoping to 'lose a few' to get into." Jeans will be collected from 10 a.m. to 3 p.m. March 3 in the University Center and donated to a local charity.

Also, McConnell will give a presentation titled "Fatten up your Perspective," at 7 p.m. Feb. 28 in the Cave, where the first 50 students will receive ice cream.

Along with the week's events, Ferguson said she wants to encourage a "self-acceptance" toward body image. She said our culture's focus on the "perfect body" is often a contributing factor to developing eating disorders.

"You have a bunch of young people who are concerned with how they look," Jones said. Students think they have to be thin, she said, and some bring their eating disorders to college.



Photo by Mary Holste

Students may eat all they want in the UC, but PLU faces the same eating disorders as the rest of the nation.

See EATING, page 16

Woman hit while crossing Park Ave



Photo by Josh Miller

Campus Safety officers assist the Pierce County Fire Department at the accident scene, across from Harstad.

BY KELLY KEARSLEY
Mast news editor

A PLU student driving along Park Avenue late Tuesday afternoon hit Laurel Tuttle, circulation assistant for the library, while she was crossing the street to the library parking lot.

According to Campus Safety, Tuttle was knocked down and suffered "bumps and bruises" from the collision. The driver was traveling at approximately 15 miles per hour, and told Campus

Safety she did not see Tuttle. Josh Miller, a PLU junior, heard the accident and reported it to Campus Safety, who immediately alerted the Pierce County Sheriff and Fire Department.

An ambulance and fire truck arrived on the scene at 5:55 p.m., two minutes after the accident was reported. Tuttle was examined and released with instructions for her husband and daughter to take her to the hospital if any further medical attention was needed.

During the commotion, Cam-

pus Safety officers regulated traffic on Park Avenue, in what the Pierce County Sheriff's Department commended as "an excellent job." Tuttle also called Campus Safety praising their quick and effective response.

Campus Safety Director Walt Huston urged PLU drivers to be on the look out for those crossing roads around campus.

"Look twice, drive once," Huston said.

The Pierce County Sheriff Department fined the driver who hit Tuttle for failure to yield.

Residential Life picks first South Hall residents out of plethora of applicants

BY ELIZABETH JERABEK
Mast reporter

The Residential Life Office (RLO) made 230 PLU upperclassmen very happy by selecting them for residency in South Hall next year on Feb. 13.

Unfortunately, the other 117 students who applied but were not picked will have to make other living arrangements for fall 2000.

Interest in South Hall appears to have grown with every information session RLO has sponsored. Attendance at student feedback sessions in October and November was fair but certainly nothing like the crowd at the very last application information meeting on Feb. 2.

Both seats and applications were at a premium that evening as RLO Director Tom Huelsbeck cautioned students to only take one application because he was concerned about running out. The South Hall open house on the following day also reflected the large amount of student interest. Tours of the hall, which were only supposed to last 30 minutes, often stretched to 45 minutes or

even an hour, due to 10-15 minute question-and-answer periods at the end of every tour.

"Even after we had answered questions we still had people hanging around wanting to talk about South Hall," said Jeff Jordan, executive director of residential life and auxiliary services.

Despite the fact that the application for South Hall is the most complex housing application RLO offers, the process has gone smoothly so far. RLO has received very few complaints and isn't anticipating many more.

"The priority system and the variety of options to choose from are both the application's greatest strengths and weaknesses," said Jordan. "But, I think everyone can appreciate the fairness inherent in the application process."

The next step in the process is the selection of units by the accepted residents. After perusing floor plans and blue prints, residents will rank the units they've been approved for, with the number one as the most favorable.

The same priority system used in the initial selection of residents will also be employed for the unit assignments. At this point RLO has not set a deadline for residents to select a unit.

How do you feel about PLU raising tuition again next year?

side walk talk



"It kind of makes me feel tingely"
Matt Agee

"First of all, what else is new; and second, it is going to suck for me"

Sara Prengel



"I think they should double it"

Ethan Hume

"I wish people would donate more money so I wouldn't have to"

Erika Ruth Dahl



Coming up...

University Jazz Ensemble performance

Featuring works by Basie, Hirsch, Wolpe and Dixon, the University Jazz Ensemble will perform in the Mary Baker Russell Music Center at 8 p.m. on March 3. Kent Kurrus will direct. For more information call x7602.

ARROW Day

A variety of clubs, departments and organizations are setting up carnival-style booths to participate in ARROW Day (Active Response Regarding Our World). All of the proceeds taken in from the event will benefit Northwest EquiCARE. The festivities will take place from 3 p.m. to 7 p.m. on March 3. For more information call x8318.

UC



Menu

Fri. Feb. 25

Lunch
French Bread Pizza, Cheese Pizza, Chicken S'wich Bar, Winter Veggies, Ice Cream

Dinner

Fish and Chips, Five Cheese Lasagna, Baby Carrots, Greek Bar, Bread Pudding

Sat. Feb. 26

Breakfast
Scrambled Eggs, Ham, Blueberry Pancakes, Tater Triangles, Cream of Rice, Coffee Cake

Lunch

Bagel Dogs, Ham, Scrambled Eggs, Pancakes, Tater Triangles, Coffee Cake

Dinner

Chicken Enchiladas, Spanish Rice, Refried Beans, Peas & Carrots, Pasta Bar, Flan

Sun. Feb. 27

Brunch
Danish, Mini Muffins, Fresh Cantalope, Zoom, Bacon, Cheese Omelettes, Fresh Waffles, Hashbrowns

Dinner

Honeystung Chicken,

Jambalaya, Mashed Potatoes, Pasta Bar, Chocolate Mousse cake

Mon. Feb. 28

Breakfast
Fried Eggs, Sausage, French Toast Strata, Cinnamon Twists, Fresh Grapefruit

Lunch

BBQ Beef S'wich, Baked Mostaccioli, Veggie Focaccia Melt, Potato Bar, Graham Crackers and Frosting

Dinner

Chicken Strips, Baked Fish w/ Stuffing, Peas, Curried Rice, Breakfast Bar, Cream Pies

Tues. Feb. 29

Breakfast
Scrambled Eggs, 101 Bars, Belgian Waffles, Cake Donuts, Fresh Grapefruit, Oatmeal

Lunch

Chicken Caesar Wrap, Vegan Burrito, Mexi Fries, Corn, Chicken S'wich Bar, Brownies

Dinner

Homemade Lasagna, Veggie Lasagna, Caesar Salad, Garlic Bread, Burrito Bar, Soft

Serve Sundaes

Wed. March 1

Breakfast
Scrambled Eggs, Apple Pancakes, Sausage, Hashbrowns, Fresh Grapefruit, Malt-o-Meal

Lunch

Chicken Crisпитos, Bowtie Pasta, Stuffed Peppers, Sub S'wich Bar, Rice Krispy Treats

Dinner

Beef & Veggie Fajitas, Black Bean Ravioli, Spanish Rice, Pasta Bar, Raspberry Churros, Roasted Corn Cobettes

Thurs. March 2

Breakfast
Fried Eggs, French Toast, Sausage, Red Potatoes, Fresh Grapefruit, Cream of Wheat

Lunch

Cheese & Pepperoni Pizza, Grilled Pollack, Mixed Veggies, Pasta Bar, Cookies

Dinner

Roasted Turkey, Mashed Potatoes, Stuffing, Artichoke Parmesan Casserole, Greek Bar, Chocolate Swirl Cake

SAFETY



BEAT

February 9

• A PLU student's vehicle was broken into in the Mary Baker Russell parking lot. There are no suspects.

Estimated loss and damage - \$450.

• A PLU student's vehicle was broken into in the 700 block of 121st St. S. There are no suspects.

Estimated loss and damage - \$600.

• A PLU student injured his ankle while playing basketball in Olson Gym. Campus Safety responded and administered ice to the injury. Further treatment was advised if the injury worsened.

February 10

• A PLU student's vehicle was vandalized in the 800 block of 121st St. S. Suspects were seen fleeing from the area but were not identified.

Estimated damage - \$200.

• A PLU guest's vehicle was damaged in an apparent hit and run accident in the East Administration Parking Lot. There are no suspects.

Estimated damage - \$1,200

• A PLU student's vehicle was broken into in the North Resident Lot and stereo equipment from the car was stolen. There are no suspects.

Estimated damage and loss - \$1,750.

• A PLU student's vehicle was vandalized in the Tingelstad Secure Lot. There are no suspects.

Damage to the vehicle - \$187.19

February 11

• An unknown individual jumped out of the bushes on Hinderlie hill at a passing PLU student. The student hit the individual and fled the scene safely.

Pierce County Sheriff's Department was contacted.

There are no suspects.

• A PLU night custodian reported an unknown individual suspiciously running through the UC. After a thorough internal check of the building, nothing unusual was discovered.

February 12

• A PLU student ran away from approaching Campus Safety officers into Pflueger Hall. The student failed to stop when asked to by the officers. The individual continued to ask suspiciously and fled from the Campus Safety officers.

Upon final contact with the student, it was determined that he had no alcohol in his backpack and he was just attempting to waste the time of Campus Safety.

The student was informed of the seriousness of his decision and asked to refrain from the activity in the future.

February 13

• A PLU student lacerated his forehead while climbing into his residence room through the window. The student claimed he had no keys. The injury was treated and the victim was transported to the St. Clare Emergency Room by a friend for further treatment.

February 15

• Three PLU students were stuck in the west elevator of Tingelstad Hall. The on-duty engineer was paged and responded to the scene. The students were freed and were reported to be in good health.

• A PLU student contacted Campus Safety to request ice for a strained back. The student was assessed and ice was administered.

During the week of February 9 through 15:

• Five PLU community members' vehicles were broken into and items stolen resulting in an estimated total of \$3,650 in damages.

• Three PLU community members' vehicles were vandalized resulting in an estimated total of \$1,587.19 in damages.

• One PLU community member's vehicle was involved in a hit and run accident resulting in an estimated total of \$1,200 in damage.

“ Does the “L” in PLU matter? You bet it does. That “L” and what it stands for makes this place the kind of community it is; a place where we study God’s creation freely and with excitement, a place where we are honest with ourselves and with others caring for one another and bearing one another’s burdens. We may not acknowledge that or even be aware of it, but it is there at the foundation of this great university and it is decidedly Lutheran. ”

Dennis G. Sepper
Campus Pastor

“ If this question was asked about a century ago, the answer most likely would have been yes. This year, it would most likely be no. During the past 100 years, the world has become more diverse, PLU included. This diversity probably caused many of us to forget the meaning of words in some phrases and titles. This can be a good thing, but it can also be a bad thing; it all depends on the individual’s perspective. With the increase of diversity, the meaning behind the word “Lutheran” died, but this institution still strives to educate leaders for tomorrow. ”

Kara Zander
PLU student

The Mast SOAP BOX

Does the “Lutheran” in PLU still stand for something? Does attending a religious affiliated school affect a student’s education?

“ It appears more prevalent than when I was a freshman. People seem more interested in the education with a Christian context. ”

Scott Rosendahl
PLU student

“ I’m Catholic so the Lutheran at PLU doesn’t mean anything to me...I have never even been inside Eastvold. ”

Tim Kelly
PLU student

“ ...[Lutheran makes] a significant difference according to a recent national survey of college alumni and parents commissioned by the Lutheran Education consortium of North America. The survey revealed three areas where Lutheran colleges excelled:

1. Integration of faith and values into learning enterprise. 2. Commitment to good teaching and a personalized education. 3. A strong sense of community and the value of involvement (service) beyond classroom. ”

Rev. Dr. Richard Rouse
Director of the Office of Church Relations



Next week’s SOAP BOX question:

Is this campus accepting of minorities (sexual, ethnic)?

Mail responses to Mastsoapbox@hotmail.com

NewsWire

News beyond the Lutedome

COMPILED BY LARA PRICE
Mast senior reporter

Microsoft releases Windows 2000

Microsoft released the new computer operating system, Windows 2000, last Thursday in San Francisco, Calif., the Seattle Post-Intelligencer reported. The new upgraded software will improve performance on the PC desktop, but Microsoft is still fixing the bugs. It is 25 percent faster than Windows 95. The product is now available in stores for \$319.

Bush victorious in South Carolina

Republican presidential candidate George W. Bush won the South Carolina presidential primaries last Saturday, defeating presidential candidate John McCain, a Vietnam War veteran, according to the Tacoma News Tribune.

Bush spoke of advocating lower taxes and a better military.

Ethnic Albanians protest

A protest led by ethnic Albanian demonstrators broke out Monday in attempt to reach a Serbian area of the divided Kosovska Mitrovica. According to the Seattle Post-Intelligencer, 25,000 demonstrators, who advocated integration, were suppressed by British NATO peacekeepers.

Officials announced that Kosovska Mitrovica would be reunited. The last two weeks of violence left 11 people dead.

Show us the money .

Washington state has accumulated a large surplus of tax savings, Chang Mook Sohn said last Thursday, director of the Revenue Forecast Council. According to the Tacoma News Tribune, the state will have collected \$1.34 billion in tax savings by 2001. The surplus will allow the state leeway, especially after I-695’s abolishment of car tax.

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Parkland is more familiar than you might think

Next week is "Service in Action Week" here at PLU - a time to drill some holes in the Lutedome and mingle with the surrounding community.

The Volunteer Center has set up several activities, including a visit to St. Leo's Hospitality Kitchen to help serve lunch on Tuesday and the annual A.R.R.O.W. (Active Response Regarding Our World) Day carnival next Thursday.

While serving homeless people and enjoying a good old fashioned carnival to raise money for Northwest EquiCARE are wonderful programs, and the Mast encourages students, faculty and staff to attend them, we would like to draw attention to one program in particular.

Sunday afternoon at 3 p.m., volunteers are meeting in Red Square to participate in a Parkland Clean-Up effort.

Clean up Parkland?

Some of you may look on this with a critical eye, wondering how a few students can make a dent in cleaning up an area that is known as something less than an idyllic suburb.

Others of you may be concerned that this event constitutes an effort on the part of the PLU community to bestow our superior litter-retrieval habits (hmm...) upon the surrounding, "inferior" community.

In reality, however, cleaning up Parkland can make a difference - and the biggest difference of all may be the difference in the attitudes of participants following the event.

In the process of picking up Jack in the Box cups and cigarette butts, you will likely notice several things.

You'll notice that the person living in the house down the street has a car just like your uncle's.

You'll be amazed at how much the little girl playing in the yard next door looks like your neighbor back home.

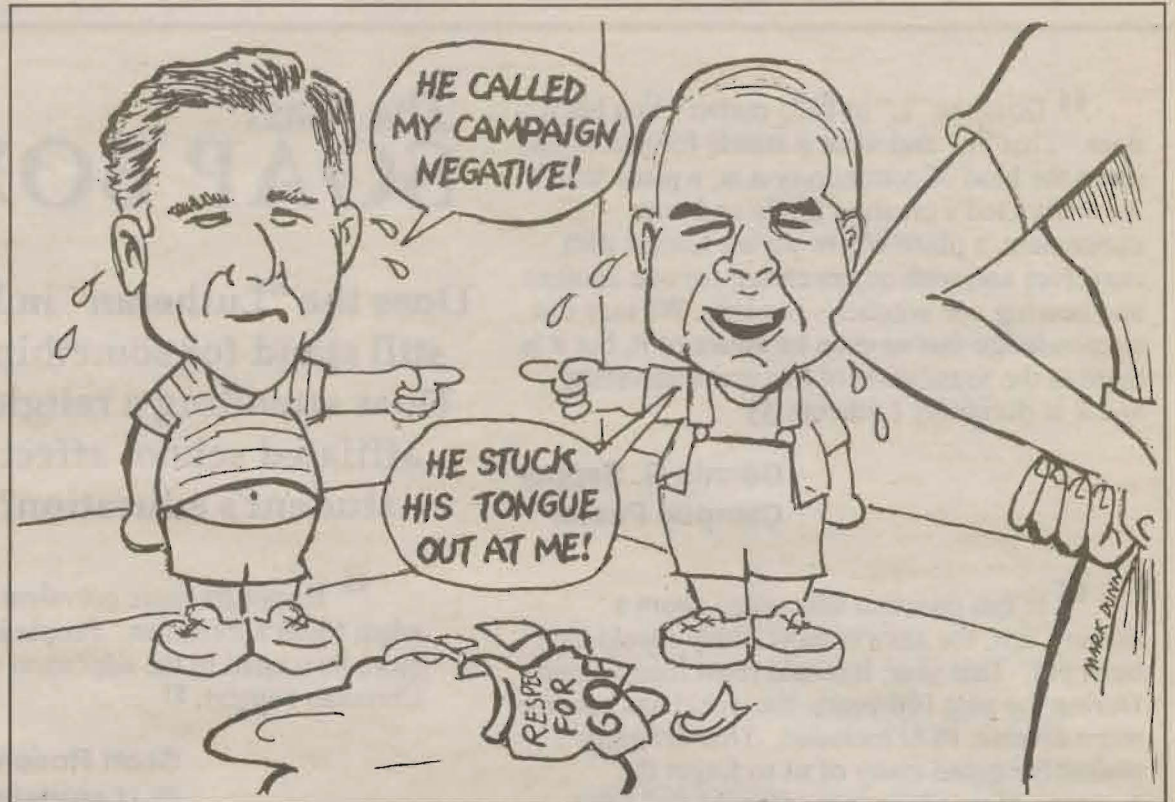
You'll find a new friend in the elderly lady who lives in the well-kept house on the corner that you never noticed before.

In other words, you'll discover a truth that, sadly, few Lutes seem to have learned: our surrounding community, while it may not be the most affluent or aesthetically pleasing region in Pierce County, is a lot more familiar than we think.

People aren't that different. The hard part is overcoming the artificial boundaries we have set up for ourselves and learning this simple truth.

Join the Service in Action team on Sunday and discover it for yourself.

--LP



Guest Column: Greg Pickett

Who has basic human rights: Cuba or U.S.?

What good is the right to free speech if you have no access to medical care when you lose your voice?

What good is freedom of the press when almost a quarter of your population is illiterate and cannot read the newspaper?

These thought-provoking questions get at the very heart of the issue when it comes to the debate on human rights. After spending a month in Cuba, the debate over basic human rights became very real for me, although for many people in both the United States and Cuba it is a very real issue every day of their lives.

There are many misconceptions in the United States, both about Cuba's record of human rights, and about our own country's human rights record.

Stories are constantly coming out of the American media about what is going on in Cuba; most have some grain of truth, but are laden with biases, false analogies, and untrue elaborations. As a result, many people in the United States believe that Cuba is a horrible place, laden with unhappy, starving, oppressed people.

Much to Senator Jesse Helms and Florida Governor Jeb Bush's dismay, this is just not the case. Cuba is a thriving nation, with a system of socialism that is surprisingly effective and successful. It is certainly not without problems, but let's face it, the United States has its share of problems as well.

Cuba has the most successful medical system in all of Latin America, rivaling even our own. Although it does not have access to the technology and pharmaceuticals that we have in the U.S. (largely as a result of the U.S. embargo against Cuba), Cuba has an infant mortality rate of only 9.4 per 1000 live births. That rate is far below any other country in Latin America, and is rivaling the United States. In addition, the life expectancy in Cuba is as high or higher than the United States.

If everyone was starving and oppressed, how could they have such an effective medical system?

In addition, everyone has EQUAL access to medical care. This is a far different system than what we have in the United States. Depending upon which sources you read, between 15 and 30 percent of our population is not eligible for Medic-

aid, but also cannot afford health insurance. That means that one out of every five people is not at liberty to visit a doctor or have a much needed surgery without substantial financial burdens.

So here in the United States, we do not value health care as one of our basic human rights.

Cuba also has the most successful system of education in the Western Hemisphere. The Cuban literacy rate is between 97 and 99 percent.

Compare that to the literacy rate in the United States, which hovers somewhere between 75 and 80 percent.

Cuba also runs the "Latin American Medical School," which trains doctors from numerous countries in Latin America and Africa, who then return to their home countries to practice medicine. In addition, Cuban doctors and engineers are constantly being sent on trips to other countries to help in the development of third world nations.

Finally, anyone who wants a higher education in Cuba can receive one. Education is free and access is equal to all people in the country.

Education is the key to eradicating racism in the world, and Cuba has figured that out. The high level of education attained by its populace translates directly into substantially less racism in the country. It also translates into a lower birth rate, which gives the country the opportunity to grow and flourish.

So, what are basic human rights? Although Cubans don't necessarily have the right to stand on the street corner and shout insults at their government, or print newspapers that critique the political systems, they are guaranteed access to an excellent medical and educational system.

Here in the United States, we do have the rights to freedom of expression and freedom of the press, but nearly a quarter of our population cannot afford basic health care, and another quarter cannot read due to lack of funding and value placed on our system of education.

What are basic human rights, and who really has them?

Greg Pickett is a senior political science and Spanish major.

Correction:

In the Feb. 18 issue of the Mooring Mast, the Regents story on Page 3 incorrectly listed the cost of graduate and part-time student tuition in 2000-2001 as \$576 per semester hour. The correct number for 2000-2001 is \$525 per semester hour. The Mast regrets this error.

The Mooring Mast strives for accuracy. If readers notice errors in the Mast, they are encouraged to inform the editorial office by telephone at x7494 or via e-mail at mast@plu.edu.

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POLICIES

The Mooring Mast is published each Friday by students of Pacific Lutheran University, excluding vacations and exam periods.

The views expressed in the editorials and columns reflect that of the writer, and do not necessarily represent those of the PLU administration, faculty, students, or the Mooring Mast staff.

Letters:
The Mooring Mast encourages letters to the Editor. Letters need to be submitted to the Mooring Mast office in the U.C.

Mezzanine no later than 5 p.m. the Monday before publication.

Letters without a name and phone number for verification will be discarded.

Letters should be no longer than 250 words in length, typed and double-spaced. The Mooring Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors. Letters are printed in the order they are received.

The Mooring Mast can be reached at (253) 535-7494 or mast@plu.edu.

The many joys of a job serving fast food to morons

Over the years, I've worked a number of jobs in the food services, slowly building up my experience and reputation, climbing up the corporate ladder of the restaurant business until I reached the exalted position of dishwasher at an Italian restaurant near campus.

Dishwashing wasn't easy. I would work five-hour shifts scrubbing, scouring, dumping, and dousing dirty dishes, tearing up my hands, scalding my flesh, and smelling of noodles for the rest of the night.

The thing is, I preferred washing dishes. All the drawbacks of dishwashing were nothing compared with actually interacting with customers.

Before the Italian place, I was not so lucky. I worked at a small Mexican fast-food joint in the Lakewood Mall. (And nothing says Authentic Mexican Cuisine like Lakewood.)

The hours were good, I got free food, and my co-workers were pleasant, but none of that made up for the fact that I had to deal



No Apparent Reason Matt Vancil

with customers.

Now, I don't intend to generalize here, but most fast food customers are, as a whole, morons.

They would stare mutely at the neon menu over the counter, open mouthed and occasionally drooling, as I waited patiently under the sign that read "Order Here." After an excessively long time, they would start to order, standing at the opposite end of the counter.

"I can take your order over here," I would offer politely, and they would look at me like I had just insulted their intelligence (which I probably did, using a complete sentence).

"Why can't I order from over here?" they would demand.

"Because the sign, the register, and I am over here. I'm sorry if

it's confusing."

Then, as my fingers waited anxiously over the buttons of the cash register, they would shuffle over in front of me, and stare open mouthed at the menu again, looking for all the world like groupers at meal time.

That I could handle. Directing shuffling masses of morons toward the "Order Here" sign was tolerable. But I couldn't stand the stupid questions. And we're talking deep philosophical quandries here, folks.

MORON: Hey, what're free-joles?

ME: Frijoles? They're refried beans.

MORON: (irate) Then why don't you call them "refried beans?"

ME: I don't know. Why do we

call tater tots Mexi-fries? By the way, I can take your order over here; I'm sorry if it's confusing.

Personally, I love Mexican food. I love fajitas with steaming, hissing vegetables. I love chili rellenos wrapped in eggs. I love all kinds of real Mexican food, and it ripped my heart out every time someone would order one of the bastardized food hybrids that have mutated onto fast-food menus in America.

"Oh, boy! Mexican food! I'll have a taco burger, Mexi-fries, and a coke!"

Whoa there, pardner! Don't gallop off so fast for the border! Slow down! Don't try and take on the entire culture at once; you should pace yourself.

And speaking of pacing, or rather, pacemakers, the stuff we served was not exactly what you would call healthful.

Meat cooked in its own grease, layers upon layers of cheese, whole sour cream, and deep, deep fried foods don't really guarantee a long life, and there were people who ordered this

stuff.

Some customers would order a handful of tacos without lettuce (leaving only meat and cheese), a deep fried burrito, Mexi-fries with cheese and extra salt, nachos supreme with extra meat, cheese, and sour cream, and a diet Coke.

Which is good, 'cause the diet coke will counteract all of the rest of that ass-inflating nutritional goodness. Morons. That's like pouring fat-free milk on sugar coated cereal.

Thankfully, I got a new, non-food related job last week, and have finally left the world of food service behind me. I don't miss it all that much.

But every now and then, I think back to that little Mexican fast-food joint in the Lakewood mall and the morons who ate there, and I can't help smiling, 'cause some of them probably died of heart attacks.

Matt Vancil is a senior writing and classics major. This is the end of his column; he's sorry if it's confusing.

Making the slopes a safe spot for alpine enthusiasts

"Ever since snowboarders started coming up to the mountain, there has been nothing but trouble... an increase in injuries and a decline in respect."

This is a common belief among skiers, especially adults, who come up to the mountains.

Contrary to this belief, however, the numbers of reported injuries have remained the same, says Paul Bogger, Crystal Mountain's ski patrol director. This number only accounts for five percent of reported accidents each year, a percentage that has remained the same over the last ten years.

There is, however, a steady increase of people participating in alpine sports, so the total number of injuries is higher.

I began investigating this issue after a six-year-old student of mine was hit in the head by a snowboarder, only 50 yards from the beginning of an intermediate run. Had she not been wearing a helmet, she would have surely sustained not only a concussion,



Untitled Gina Hansen

but bleeding as well.

As a result, she is probably more accident prone NOW than ever before. Unbeknownst to approaching skiers/boarders, she always looks over her shoulder to make sure that no one (particularly boarders) is coming to run into her.

In talking with Bogger, I learned that, as with many other accident statistics (e.g. automobile accidents), the largest cause of collision injuries is young, adult males between the ages of 18 and 24. Regretfully, this was also the case with the Seattle man who ran into my student.

The National Ski Areas Association (NSAA) launched a safety campaign to spread the word about skier/boarder safety and

the Skier's Responsibility Code. One of the main goals of Safety Initiative 2000, as the campaign is known, is to further reduce the frequency of accidents.

Because many new boarders (and I also include myself when I was learning), find snowboarding easier to learn than skiing, few formal lessons are needed. Therefore, many boarders do not learn skier responsibility and the rules of the mountain, as would be learned in lessons.

This lack of knowledge accounts for some of the 392 tickets written by patrollers last year at Crystal.

The injuries, combined with the punishments, are causing some people to begin to view skiing and snowboarding as more

dangerous sports, when in reality they are just as dangerous now as they were before.

These people include the Consumer Product Safety Commission, which thinks that helmets are the answer. As with bicycle safety, they even feel compelled to attempt to write it into legislation as a requirement for mountain safety.

But the reality of the matter remains that helmets function in much the same way as a bumper on a car. They are fine for accidents at 5 to 10 miles per hour, but at anything faster than that, they are useless.

This is especially true in the high profile deaths of Sonny Bono and Michael Kennedy, who ran into trees and poles. Wearing a helmet cannot hurt, but it is not going to save you at high speeds or in high-impact collisions.

Tim White, NSAA Director of Education, summed up the concerns of Bogger and his organization when he expressed that "It is important to keep the risks of

skiing and snowboarding in perspective and communicate how personal responsibility is key."

So on that note, I have included the skier responsibility code. Please take the time to read it over and try and be aware of these suggestions while you are on the mountain.

Some of the most important precautions from the skier responsibility code include: observing all posted "slow skiing" areas and all posted signs, not stopping where you are not visible from above or are obstructing a trail, yielding to other skiers when entering a trail or beginning a descent, and most importantly, skiing under control and in such a manner so that you can stop at any time or avoid other skiers or objects.

The actual code may be viewed at <http://www.snowtrails.com/skipatrol/code.htm>.

Gina Hansen is a senior education major.

Money can't buy you love . . . just embarrassment

More than 22 million people witnessed two strangers get married on Feb. 15, with the hope that money can buy love.

Fifty women competed in a pageant-style format to become the wife of multimillionaire Rick Rockwell on a national television show produced and aired by Fox.

Rockwell, 42, slowly eliminated all but one woman, 34-year-old Darva Conger, and after Rockwell quickly pretended to fall in love with her, Darva instantly became Darva Rockwell.

This has to be a joke, right? Fifty women on stage, willing to strip down to a bathing suit and say whatever Rick wanted them to say, were basically admitting that they are gold-diggers, after nothing but money and willing to sacrifice the rest of their lives for a share of Rockwell's cash.

Rockwell, looking more desperate than a dog in heat, had to be thinking about what an idiot



The Devil's Advocate Erik Denmark

he looked like on national television.

There has got to be a better place to pick up a woman than on national TV, reaching into a random pot of 50 women who may as well have had the words "I Only Want Your Money" tattooed on their foreheads.

Rockwell was obviously able to see past the virtual tattoo on these women's foreheads to find the love of his life in Conger.

Conger, a Gulf War veteran and emergency room nurse from Santa Monica, seemed overwhelmed when she was picked by Rockwell, like she had just won the Miss America pageant.

I think what she forgot was that in order to receive her crown she had to marry this idiot.

They kissed for the first time to conclude their wedding ceremony and they were off on their honeymoon.

Fox executives had to be happy about the initial response - well, at least the 22 million viewers part - but it looks like the marriage is already on the rocks. The two honeymooned in the Caribbean, apparently slept in separate rooms for all but one night, and did not have sex.

Rockwell returned to the States to rumors that he physically abused and threatened to kill one

of his ex-girlfriends, Debbie Goynes, in 1991, prompting a restraining order against him.

This may explain why Rockwell was previously unmarried as a multimillionaire at age 42.

Rockwell and Conger are currently staying at their separate homes in California, and Rockwell admits that he does not think the marriage is likely to last.

Conger and Rockwell did sign a contract stating that they could annul the marriage, no questions asked, if they did not make a connection.

So, basically, the two did want to get married, but they did not want to be stuck with each other.

I think "who wants to go on a blind date to the Caribbean?" would have been a much safer idea for the program.

Instead, Rockwell has been made a fool of, most likely ending his chances for ever sustain-

ing a real marriage.

Fox has been publicly ridiculed (rightfully so) for airing a disgusting, tasteless and demeaning moral display in order to get ratings.

And 49 women unsuccessfully participated in a battle to gain the title of world's biggest material girl.

Darva Conger and Madonna now share the title of material girl, and Conger is the only one that will be leaving the whole situation with what she hoped for: money. Conger has received over \$100,000 in prizes, including a new Isuzu Trooper and the \$35,000 engagement ring.

I guess this just proves the one thing everyone already knew... money can't buy you love.

Erik Denmark is a senior communication major with an emphasis in broadcast journalism.

Students prepare to vote in presidential primary

BY LAURA RITCHIE
Mast editor in chief

Lutes who are registered to vote in the state of Washington will have a lot of voting to do next Tuesday.

In addition to ASPLU executive primary elections, the Washington state presidential primaries are scheduled for Feb. 29.

Only Iowa, New Hampshire, Delaware, South Carolina, Arizona and Michigan have held primaries or caucuses prior to this date. North Dakota and Virginia will hold primaries on Feb. 29 as well.

According to Washington State Elections Director Gary McIntosh, Feb. 29 will mark the earliest primary for Washington since the primary was established by a legislative vote in 1989.

While all Democratic delegates to the national convention, and two-thirds of Republican delegates, will be chosen in district caucuses to be held March 7, McIntosh said the primaries serve several purposes.

First, he said, the Republican primary will serve to select one-third of the delegates to the convention this summer.

Second, McIntosh said, the primaries exist to "send a message to the local parties as to how they feel about the candidates."

In addition, he noted that they provide a forum for the candidates to come to the state and address issues of interest to Washington voters.

Finally and most importantly, McIntosh said, the primaries allow voters to respond to candi-

dates and voice their opinions.

Primary ballots will list all candidates who did not file affidavits of withdrawal prior to Jan. 25. As a result, candidates who have dropped out of the race since January are listed.

The Washington primary will be a "blanket" election, one in which voters can choose whether to vote as an affiliated (Democratic or Republican) voter or remain unaffiliated.

Candidates for the Democratic nomination are Bill Bradley, Al Gore, and Lyndon LaRouche, Jr. Candidates for the Republican nomination are Gary Bauer, George W. Bush, Steve Forbes, Orrin Hatch, Alan Keyes and John McCain.

PLU students planning to vote in Tuesday's primary come to the election with a variety of opinions on which issues are most important and who is best suited to be the next president.

Dave Urban, a senior business major from Kingston, Wash., plans to vote for George W. Bush.

"I actually agree with Alan Keyes on more issues than I do with Bush, but I have not liked the image Keyes has portrayed, or the way he has run his campaign," Urban said.

Urban listed abortion, welfare reform - "moving toward faith-based welfare rather than through the government" - and moral character in leadership as the campaign issues he feels are most important.

Melissa Montgomery, a senior biology and environmental studies major from Lakewood, Wash., said she planned to vote for John McCain.

Montgomery listed multiple reasons for her support of McCain. "I don't want Bush to win," she said.

She likes McCain's opposition to negative advertising, she said, and was impressed by the fact that McCain was the only major candidate to return a survey to votesmart.org, a voter information Web site.

Paula Faas, a senior economics and women's studies major from Pullman, Wash., described her decision regarding how to vote as a complicated one.

Faas was unsure whether to vote for Bradley as a way of threatening Gore and keeping the fight for the Democratic nomination alive, or for McCain to voice her opposition to Bush.

She decided to vote for McCain, she said, because "McCain is at least really blatant about his views, conservative as they are."

Faas said she felt Bush was attempting to appear more liberal than he is in reality, as well as more populist.

"I'm uncomfortable with Bush because he tries to act like he's not in a privileged position," she said, in contrast to his background as a president's son.

Faas listed reform of the prison system, racial profiling, abortion, welfare reform, education, and the future of relations with Cuba as issues that will be important in the upcoming elections.

Polling stations in Pierce County are open from 7 a.m. to 8 p.m. Feb. 29. PLU's polling station is located at Trinity Lutheran Church, across the street from the library.

"I actually agree with Alan Keyes on more issues than I do with Bush, but I have not liked the image Keyes has portrayed, or the way he has run his campaign."

DAVE URBAN
SENIOR
BUSINESS MAJOR

"McCain is at least really blatant about his views, conservative as they are."

PAULA FAAS
SENIOR ECONOMICS/
WOMEN'S STUDIES MAJOR

"I don't want Bush to win."

MELISSA MONTGOMERY
SENIOR BIOLOGY/
ENVIRONMENTAL
STUDIES MAJOR

"I'm uncomfortable with Bush because he tries to act like he's not in a privileged position."

PAULA FAAS
SENIOR ECONOMICS/
WOMEN'S STUDIES MAJOR

What do the presidential candidates think? Here is a sampling of views...

	Bill Bradley (D)	Al Gore (D)	George W. Bush (R)	Alan Keyes (R)	John McCain (R)
Education	*pro-school choice, charter schools * "Teach to Reach" program: hire/train 60,000 teachers per year for urban and rural schools	*supports more charter schools, building more public schools *would provide incentives for smaller schools and class sizes *supports state-instituted high school exit exams	*pro-school vouchers *supports more local control *supports national testing programs *would establish reward fund for states improving performance	*favors school choice *favors prayer in schools	*supports local control over education *supports school vouchers *wants local school officials to have power to "weed out problem teachers and reward good ones"
Environment	*supports Kyoto Protocol on global warming *advocates mass transit funding *favors redevelopment of urban "brownfields" to limit urban sprawl	*supports Kyoto Protocol *supports public-private partnerships *favors "smart-growth strategies for cities	*opposes Kyoto protocol *opposes breaching dams in Pacific Northwest *supports private property rights	*opposes ratification of Kyoto Protocol *asserts higher CO ₂ levels in atmosphere have enriched agricultural productivity	*has concerns about Kyoto Protocol because doesn't include developing countries *encourages energy efficiency, technological research/development
Foreign Policy	*incorporate environmental, labor, human rights concerns into international economic framework *pro-arms control negotiations *strengthen security alliances, international organizations	*favors global arms reduction efforts *strong promoter of free trade and open markets	*would strengthen NATO *would keep Cuba sanctions until allowed free elections, speech, freedom for political prisoners *no U.S. troops under UN command	*opposes globalization *feels that if the U.S. cannot combat supranational tendencies of UN it should withdraw *opposes the WTO because it undermines U.S. sovereignty	*pro-NATO expansion *pro-NAFTA *favors U.S. leadership when U.S. forces are involved *favors a ballistic missile defense system for the United States
Gun Control	*would ban all "Saturday Night Specials" *require registration of all handguns and licensing, safety course for all handgun owners *require mandatory trigger locks *require gun show background checks	*supports nationally mandated, state-run photo licensing system for all handgun buyers *supports child safety locks *would require gun manufacturers, federally licensed sellers to report gun sales to a state authority	*supports instant background checks at gun shows *supports current ban on automatic weapons *opposes government-mandated regulation of all guns *supports voluntary safety locks	*advocates teaching "America's Second Amendment heritage" in schools *advocates a high school civics course in basics of self-defense, including firearms familiarity and safety	*supports background checks for all firearm purchasers, including at gun shows *supports trigger locks *wants to enforce stiff penalties against people who use firearms in committing crimes
Health Care	*would replace Medicaid with private insurance for all recipients (benefits currently required by federal government protected) *all health care premiums deductible from personal income tax *guarantee health insurance to kids	*wants universal access to affordable health insurance for kids by 2005 *would expand health care coverage for uninsured parents of kids eligible for Medicaid or Children's Health Insurance Program (CHIP)	*would strengthen Medicare with more choice, private sector alternatives *would offer women with HMOs direct access to ob./gyns. *advocates medical savings accounts as an option for all	*feels it is not the government's job to provide universal health care *supports health insurance vouchers as an interim step in federal disengagement from provision of health care	*wants to ensure that all people eligible for existing programs are enrolled *women, children should have direct access to pediatricians, ob./gyns. *would use tax codes to give employers, individuals incentive to get full coverage

For more information on candidates' views regarding the issues listed above and any others you might be interested in, check out these sites:

Bradley 2000: www.billbradley.com
Gore 2000: www.algore2000.com
Bush 2000: www.georgewbush.com

Keyes 2000: www.keyes2000.com

McCain 2000: www.mccain2000.com

Seattle Times election site: www.seattletimes.com/politics/election2000

U.S. News and World Report election site: www.usnews.com/usnews/news/election/home.htm

ASPLU Elections

BY ANNE KALUNIAN
Mast reporter



KARI MACAULEY
PRESIDENT

ASPLU presidential candidate Kari Macauley says that right from the start she admits that she is ambitious. "My plan of action is to make ASPLU efficient and effective in three focus areas: education, proactive responsiveness and accountability," said Macauley.

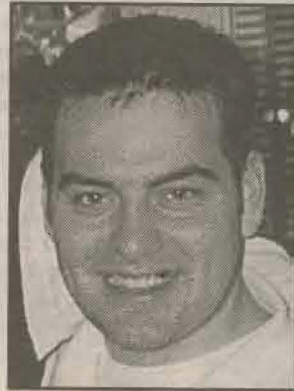
Macauley said that by increasing the education of ASPLU members, meetings such as senate meetings, director meetings, and committee meetings would be more productive. "I will have several obligatory training sessions each semester for all elected senators and directors," said Macauley. She added that she feels by having these training sessions, elected officials will have the tools and knowledge to accomplish their jobs.

Macauley wants the senators to use their new information to help with her second focus area, proactive responsiveness. "Frankly, there has not ever been enough emphasis on constituent contact in our [senators' and directors'] job expectations," said Macauley.

Some examples Macauley uses are examining the usefulness of PE 100, and comments made by students at the mobile offices. Macauley's final focal point is accountability.

Macauley said, "I am not any more interested than you are in an organization that does not follow through on what it takes on." In an effort to hold ASPLU accountable, Macauley said she will write weekly reports to be published on the ASPLU web site. "In this way, students will be able to hold us [ASPLU] accountable for our actions and ambitions," said Macauley.

Macauley added that she wants to work closer with other organizations on campus such as RHA. "I want to see a greater cooperative relationship develop with RHA," said Macauley. In addition, Macauley said she plans to meet with club and organization leaders on campus to figure out ways ASPLU can help their club or organization. Macauley said she is ready to raise the standards for student government and student representatives.



JASON WEBER
PRESIDENT

"I plan to re-build ASPLU into the student government that it is supposed to be. The student government that focuses on student needs," said Jason Weber. Weber also is vying for the position of ASPLU president.

This year Weber has been the committee chair for ASPLU special events and previously has been the student body president for Tacoma Community College.

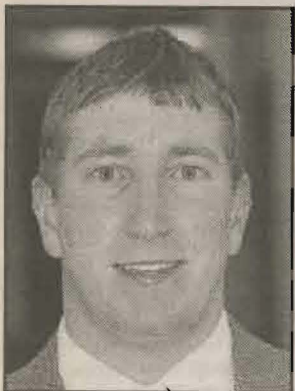
When president at TCC, Weber said he worked with three other ASTCC officers and 50 senators. He has also received the presidential service award and the Ellen Pinto leadership award. Weber's platform focuses on the student body and student issues.

Weber's "student focus" platform includes ideas such as having senators that will represent the students' opinion, work on the parking problem, and develop a "book co-op".

"I will use good discretion, such as no "tech vests" when using ASPLU funds," Weber said. Weber added he plans to lead ASPLU by being a servant of the students. "I will always stress to the administration that PLU would not be here without the students. I want more attention to focus on student needs," Weber said.

An example of student needs on campus is the student parking and Weber has ideas of how to tackle the issue. "I want to possibly create a shuttle bus from the lower parking lots to upper campus. To gain more student parking on upper campus, I want to eliminate unused faculty parking spaces," Weber said.

Finally Weber said he would like to create a "book co-op" that would allow students to buy and sell textbooks at better rates than the bookstore.



KEITH PRANGHOFER
VICE PRESIDENT

"I want to see the creation and execution of a plan that will effectively improve the parking problems on campus," said Keith Pranghofer. This is one of the issues Pranghofer is addressing in his run for ASPLU's vice president position.

In past years Pranghofer has been the director of the Cave, a member of Pflueger's hall council and a new student resident senator.

Some of the other issues Pranghofer wants to challenge, if elected, are improvements in the student facilities, forming a fund where students decide where the money will be spent, and improvements and modifications for the dining services and buildings.

Pranghofer also said he would like to extend the operating hours of the library, fitness center, Memorial and Olson gyms, and the Cave. He said he feels that by having the hours extended more

students would take advantage of these places.

"I am very people-oriented and as such, like to give the students what they are asking for," said Pranghofer. For this reason, Pranghofer wants to create a program where a percentage of increase in the tuition and room and board costs will be given to ASPLU. A fund would then be formed where the students would get to vote and decide where the money will be spent.

Pranghofer said, "I like to be connected with the people and the issues." In addition, Pranghofer added that for the last three years, ASPLU has associated themselves with the motto, "Voice, Vision, Action." In those three years we have seen both a strong voice and imaginative vision, he said, but have not seen the aggressive action needed to follow through in the association's goals. Pranghofer said, "It is my promise that I will do my utmost to provide that aggressive action through both strong leadership and fair judgment."

The last item Pranghofer wants to take on is improvements in the buildings. Pranghofer said things such as better lighting around campus, new furniture and carpeting in the dorms, security lighting in the dorms and a revamping of food services need to be considered.

Pranghofer would like to create more options with the Lute card. "One option that has been talked about is the option of using Lute Points in the restaurants on Garfield Street," said Pranghofer.



AIMEE SIEVERKROPP
VICE PRESIDENT

Aimee Sieverkropp is a junior majoring in biology and minoring in chemistry. Sieverkropp is running for the position of ASPLU vice president. She says one of her strongest qualities is that she has had a diverse range of experiences and has served on an array of committees while involved with ASPLU.

Sieverkropp said, "From my experiences, I will synthesize what it takes to be successful. I have had the opportunity to observe; now I would like the opportunity to perform." Sieverkropp added that she thinks being a representative of the students is the most important part of the vice president's job.

As such, Sieverkropp said she thinks it is important that the students know that she is not a representative of the administration. She added, however, that she will work with the administration to come up with a solution that is both wanted and needed by the students.

"It is extremely important to make every concern and voice heard, no matter the size," said Sieverkropp.

Some of the student issues Sieverkropp wants to tackle are the possible fee for printing on school printers, and putting the money from the room and board rate increase toward improving the conditions of the residence halls, as well as dining services.

Sieverkropp also wants to focus on the off-campus students. "I will work to improve the connection you [the off-campus students] have with campus," said Sieverkropp.

Sieverkropp said she feels it is very important that transfer and freshmen off-campus students especially, do not fall through the cracks. One way she suggests students stay active is through the various programs offered on campus.

"I would like to continue to see that the programs presented by ASPLU attract the greatest amount of student attention and attendance as possible," said Sieverkropp. Also, Sieverkropp said she thinks the programs offer learning opportunities that students should take advantage of.

Sieverkropp said she feels it is important to educate the senators and directors about their positions. "Without the proper education in a timely manner, the organization cannot run effectively," said Sieverkropp.

Sieverkropp added that if you "catch the wave and ride with Aimee for VP," she will be sure to use her experiences to benefit the students of PLU.

Candidate Debates -- February 27
Elections-- March 3

Album Review:

Murder City Devils

BY ERIC ANDERSON
Mast reporter

Excursion Records recently released a split 7 inch record featuring songs by the Murder

City Devils and Botch. The record serves as a soundtrack to Excursion Records' project "The



Photo Courtesy of Outcast Music

Edge of Quarrel: A Punk vs. Straight Edge," which premiered last weekend at Seattle's Sit & Spin Cafe.

The cast includes members from local hardcore and punk bands Botch, the Murder City Devils, the Blood Brothers, Trial, as well as former members of Undertow and nineironspitfire.

The Murder City Devils side, featuring the song "Idle Hands," is a true classic.

The rapid organ lines con-

tribute to the song's frantic pace, and the Devils have exactly the right attitude and raw punk sound to pull off lines like: "These idle hands/they do the devil's work/These idle hands/they do a whole lot

worse," without sounding like insincere cheeseballs.

If I were still a DJ, I'd put this record on heavy rotation.

The Botch

side, which features the song "Frequenting Mass Transit," delivers their typical art-influenced hardcore.

Of course Botch's typical hardcore is far better than 90 percent of similar bands.

But if you're not already a fan of their music, which features odd time signatures and start/stop rhythms, plodding basslines and barely intelligible screams, this record probably won't do anything to change your mind.

Cyclops Cafe is a fun place to hang out and eat in Seattle

BY AMY BUEHLER
Mast reporter

If you are headed up to Seattle and are looking for a hip place to eat, plan on eating at the Cyclops Cafe.

It is open late and is a great place to hang and watch all the interesting customers and servers who make this place home. The food, eclectic with a middle eastern focus, is pretty good too.

Cyclops is an easy restaurant to find since I believe it is the only restaurant with a giant flashing eyeball above its door.

As you walk up to Cyclops, it will appear that it is two restaurants- with one on the left and one on the right. The one on the left (AKA the Panther Room and 21+) is the lounge and is dark and smoky.

In contrast, the one on the left is the all-ages, non-smoking, brighter part of Cyclops. Both sides to Cyclops have the same menu, and from each side you can order alcoholic drinks from the bar, so it's up you (or the law if you are under 21) where to eat.

The menu is small but covers a wide range so that everyone will be able to find something to eat that they enjoy. The first two items on the entre section are vegetarian and vegan respectively and both are recommended.

The Vegetable Tangine is excellent, especially for a cold night. Tangine is a Moroccan stew that

Cyclops prepares with chickpeas, veggies, olives, and preserved lemons with cinnamon-like spices.

The tangine is then served over cous cous with pita bread. If you would like to have a lighter vegetarian/vegan entre, try the Sweet Potato Polenta.

If you are a polenta fan, or like to try interesting dishes, this is the meal for you.

The sweet potato polenta has a slightly sweet, light and creamy flavor that is nicely complimented with the strong flavors of the grilled and roasted veggies that are served on top. The house salad, which comes with the meal, nicely compliments the dining experience.

There is a wide variety of entrees for meat eaters, ranging from grilled salmon to Chicken Cha Cha (grilled free-range chicken in coconut curry sauce with chiptole, rum and OJ sauce) to various pastas such as ravioli stuffed with shrimp. (Note: Be sure to check the Specials Board when you walk in.) The Lamb Souvlaki comes highly recommended from a friend who is a fan of lamb.

This entre consists of grilled skewered lamb with grilled veggies, served over cous with a yogurt mint sauce. The spices on the lamb were a "bit strong" for my friend, but the yogurt mint sauce provided a balance for that.

The size of this entre may be daunting but as long as you have a large appetite you will be able to tackle the challenge.

This entre also comes with the house salad. Some of the appetizers can be meals in themselves, for example the Roasted Chicken Empadas.

These are pastry turn-overs filled with chicken mole, roasted corn, rice and pepitas with salsa. "Very good but filling" was the response from my friend.

Ordering the appetizers as a main course might be the way to go if you are watching your budget since they run in price from \$2.50-\$9.95, whereas the entrees range in price from \$9.95 to \$14.95.

There is a wide variety of appetizers (hummous plate, Caribbean jerk pork ribs, organic baby greens salad) so there's plenty to choose from.

Aside from the prices the only other downfall to Cyclops is the uneven service, which tends to be slug-like when it's not crowded (6-7pm) and excellent when it's packed (8-10pm).

Yet, time tends to fly with the plentiful supply of interesting people who wander in and out of this place.

And where else can you eat where your server will be wearing silver vinyl pants and the busser be dressed in drag?

"Pitch Black" is an entertaining and innovative film

BY DAVID HEGGE
Mast reporter

In a world of far too many budget-inflated science fiction crap-o-rammas, the recently released "Pitch Black" provides a thrilling example that there may still be hope for this tiring genre.

While it may lack the presence of any major stars, and was filmed for less than it would cost to cater your average studio project, this film is easily one of the most entertaining and innovative sci-fi films of recent memory.

Combining bits of many of the science fiction classics—particularly the Alien films, "Pitch Black" director and co-writer David Twohy, has produced a visually stunning action adventure that will enthrall you with its intriguing story, beautiful cinematography, talented cast and blow-you-out-of-your-seat-special effects.

After a sudden accident, the crew of a deep space commercial transport ship is awakened from cryosleep to find themselves in grave danger.

The captain is dead and the tremendous damage to their ship has sent them spiraling uncontrollably toward the surface of an unknown planet.

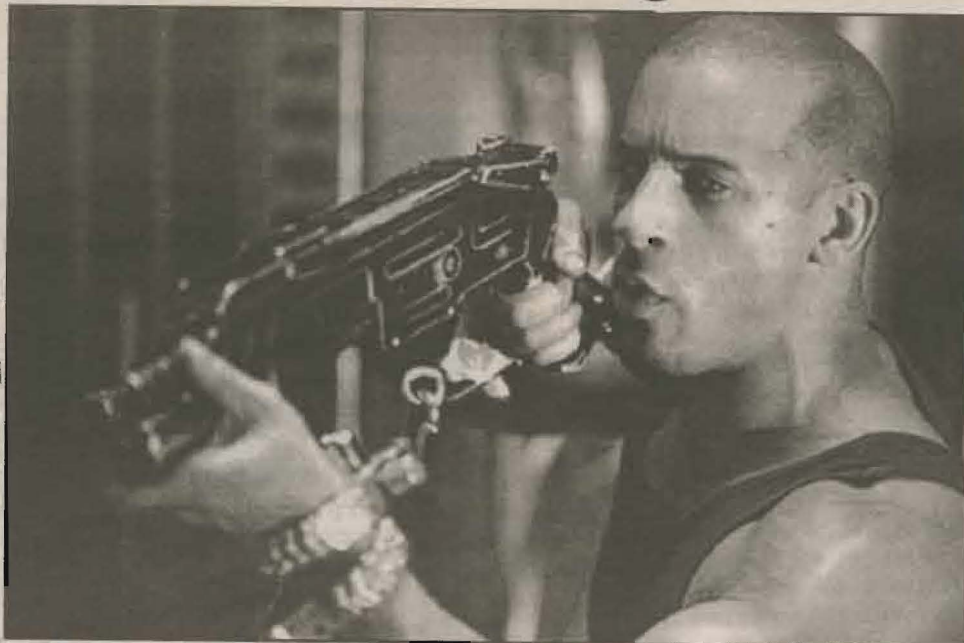
After crash landing on the planet (a very cool scene, I might add), the few surviving crew members find themselves stranded in a barren, desert-like environment that is bathed in the overpowering illumination of three suns twenty four hours per day.

Finding no present forms of life, our hapless heroes begin their attempts for survival. Unfortunately, they aren't alone.

Mysterious remains of past civilizations suggest that a deadly, light fearing creature inhabits the planet—and it's definitely no friendly E.T.

Now, as an impending total eclipse approaches, the crew must come together and fight to survive the night.

While you may be saying to yourself, "I've seen this all before," "Pitch Black" is anything but routine.



Vin Diesel as Riddick in "Pitch Black"

Photo Courtesy of USA Films

The cast may consist of mostly unknown actors, but this is perhaps one of the films' strongest qualities.

Without any \$20 million plus superstars, as is the custom of most genre films, there is no pre-conceived baggage to interfere with the audience's reception of the characters.

And, while you still may recognize a few familiar faces, it's kind of fun getting to see a tried and true situation through the eyes of a fresh-faced, well-rounded ensemble cast.

In the lead role Vin Diesel ("Saving Private Ryan") stars as Riddick, a tough-as-nails convicted murderer who was en route to prison before the fateful crash.

His impressive criminal record, haunting mystique and penchant for brutality has the crew shaking in their boots.

However, they must learn to trust him, seeing how the surgically enhanced vision that he possesses may be their only hope for survival.

Diesel may only have a few films to his credit so far, but his work in this film

proves that he will one day be a true action star to be reckoned with.

Buff, tough, and ready for action, this guy means business in every scene.

The combination of his tremendous physicality with his menacingly deep voice is excellent at portraying the hardened criminal he has become.

However, it is his depth that breaks through everything to reveal the true human being inside.

And, as an added bonus, Diesel has a real skill for making would-be-cheesy one-liners actually cool.

Australian actress Radha Mitchell turns in a terrific performance as the realistic, strong-willed leader of the survivors, Fry.

This is a welcome breath of fresh air in a time when actresses like Demi Moore and Geena Davis' attempts to play strong female characters have gone too far, turning them into nothing more than overly-masculine cartoon characters.

Mitchell's performance in the film, however, is far from this butch-militant

figure; yet, it's no cowering damsel in distress either.

She's a real, believable person who acts as the glue that holds the film together.

Although Cole Hauser and Keith David also turn in respectable performances as a mysterious interplanetary officer impersonator and religious guru respectively, much of the remaining cast is used for not much more than providing delectable entrees for the film's numerous creatures of the night.

On a budget of roughly \$20 million, this film has managed to capture a certain magical quality that is rarely achieved by films that are five times as expensive.

Twohy makes up for the somewhat routine concept by revolutionizing the presentation of the story and action.

Primarily shot through a filtered camera, the film is bathed in ultra-bright light—creating a desolate and intriguing atmosphere, through which our heroes must struggle.

And, when night falls, the creepy crawlies are left lurking in the shadows—where they should be, scaring the viewer, but never revealing too much.

Through the combination of impressive (and surprisingly affordable) special effects, a solid ensemble cast, and a dash of much-needed originality, "Pitch Black" offers a movie going experience you won't want to miss.

Four Star Film



PLU students lead discussion at the Grand Cinema

BY JOY BARBER
Mast reporter

Speech-stifling. That is how affecting the final brutal moments of "Boys Don't Cry" prove to be.

Silencing the voices of sexual minorities was surely what the violent rape and murder of Brandon Teena, on whose life and death the film is based, was intended to do.

But the movie and its opening this past weekend at the Grand Theatre in Tacoma seek to loosen tied tongues.

After each of its 5 p.m., Saturday openers, the Grand, a lovely old-time theater just up the hill from downtown Tacoma, hosts a post-film discussion.

Last Saturday the theater invited PLU students Erica Rische and Alyssa Wiedenheft of Harmony, PLU's sexual minority support and activism group, to lead the discussion following the South Sound debut of "Boys Don't Cry".

The storyline of this film follows the



Photo by Mary Holste

Erica Rische and Alyssa Wiedenheft talk with discussion-goers after the film.

struggles of young Brandon Teena as he emerges into adulthood and tries to forge a sexual identity for himself in a world which conceptualizes gender as a strictly binary equation.

Born biologically female, but sexually identifying as a male, Brandon goes through the psychologically tough issues facing every American male in proving himself adequate as compared to the strict male code of gender identity. In addition, he also eventually faces the full irrational thrust of the persecution and hatred which threatens sexual minorities in this country, a horrifying battle which ends in Brandon's alarming murder.

A much awarded and exceptionally praised production, the pre-show line for this movie stretched down the sidewalk. Every red velvet seat in the small theater was filled for the film's first Tacoma showing, which area audiences have been long awaiting.

Luckily, this also made for a well-attended post-show symposium.

Rische started off the talk by inviting comments on people's emotional reactions to the senseless violence portrayed in the film.

Quiet and a bit shell-shocked at first, having just viewed the powerful ending scenes, the group that assembled after the credits rolled certainly seemed in sore need of help processing what they had just witnessed.

Once Rische started them off, however, the lively group took up the discussion as its own and covered a wide range of topics.

Questions bridged issues both strictly film-related and others far more societal.

The appropriateness of the choreographed violence in the film, and the ac-



Erica Rische and Alyssa Wiedenheft speak at a post-film discussion of "Boys Don't Cry" at the Grand Cinema in Tacoma

Photo by Mary Holste

curacy of the character portrayals were hotly debated.

Queries into the theme of societal and personal gender construction raised tensions in the room to an even higher degree, as not all attendees were of similar viewpoints; some even presented rather judgmental mindsets that others of the group found highly offensive.

However, it can safely be said that the discussion was an excellent one.

By the end, all agreed that the concerns surrounding the ways in which society constructs gender were skillfully and sympathetically addressed by film-maker Kimberly Peirce.

It was also mentioned that the broader theme of the film, the idea of being

trapped, not only by one's own choices in life but also by the views of society, was well-established and one that all viewers could relate to.

Even without the educational discussion afterwards, this film is a must-see. Its emotional quality will stay with its audiences, serving to raise awareness of violence against sexual minorities on a personal level.

We have all heard about Matthew Shepherd, but how many other people have suffered blows from the violent hands of hatred?

"Boys Don't Cry" helps to give at least one unknown a voice, and to throw down the gauntlet for all of us to speak out and not be silenced.

X-Men movie has triggered debate and controversy

BY BRANDON WHIPPLE
Mast reporter

They were born mutants, possessing powers of a genetic origin, which made them outcasts from society. But one man, Professor Charles Xavier, brought them together to learn to use their unique gifts in the service of a world that hates and fears them.

That is how each issue of the popular X-men comic book starts.

As of late, with a few small changes to that small passage and an emphasis on the world that hates and fears them, it could also belong to the director, stars, and production crew of the X-men movie that is currently being filmed around the world.

Ever since the film began production, it has been the focus of an assortment of criticisms, rumors, and controversy from the fans of the comic book.

Since the first photos of initial costume ideas leaked out, there has been an outpouring of discontent from the fans.

The amount of negative information derived from simple photos of costumes is insane. All it took was for the fans to see that the filmmakers were not sticking with the traditional X-men costumes.

Instead of the classic blue and yellow costumes, the director, Bryan Singer, decided to go with a more modern looking

black leather type costume similar to what was worn in "The Matrix."

Once the fans caught the scent of change, they went berserk. A film that was going to be the best superhero movie since "Batman" was, according to the fans, suddenly a sure bomb. If the "real" costumes were not being used, then nothing would be the same.

Of course, Marvel Comics and the director of the film have defended themselves; saying that the yellow and blue costumes did not come across well in real life.

They said that those colors work well in the comic book, but look horrible on camera. Thus, they went with the popular black.

The debate has gone back and forth over the past few months, as more leaked photos have popped up, along with rumors from the set.

Now the whining has all but stopped, as the first trailer has been released to the general public.

The reaction? The movie looks great. The costumes are different, but they work well. The special effects look really cool, from what you can see in the fragments revealed in the short trailer.

Suddenly, the fans are not quite as upset. It seems like this trailer has triggered more positive feedback than negative.

To see the trailer, go to <http://www.x-men-the-movie.com/>. For more information go to <http://www.IMDB.com> and type in X-Men.



Photo Courtesy of Fox Pictures

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Amy Cronis and Jodi Somers in a scene from "Stop Kiss"

Photo Courtesy of the Seattle Repertory Theatre

Play shows the devastating consequences of homophobia through an incident of gay-bashing

BY ERICA RISCHÉ
Mast A&E Editor

How many people remember their first kiss?

Most people remember this event quite vividly, as if it had just occurred.

Many emotions are associated with the first kiss: excitement, fear, nervousness, joy, and happiness.

But how many people are victims of a hate crime as a result of that single kiss? How many people are brutally beaten to the point that they are paralyzed for life, as a result of this kiss?

That is just what occurs in the play "Stop Kiss," playing at the Seattle Repertory Theatre now through March 4.

The story began in New York City with two women becoming friends. One of the women, Sara, was new to the city and to big city ways, having come from a sheltered life in St. Louis.

She met Callie, a young, pretty, street-smart, traffic reporter and the two of them became friends immediately.

Sara and Callie started spending lots of time together; going out to eat, talking, laughing, and hanging out.

An attraction started to gradually build between the two women, who up until that point had considered themselves heterosexual.

Neither of the women had a name for their attraction at first, but knew that they had begun to miss the other person more and more when they were apart.

The play flashed back and forth between the past and present with sequences that intertwined all aspects of time. The story of Callie and Sara developing a relationship and slowly realizing a romantic attraction for the other person was told in pieces, with each new fragment being added to create the whole.

The sequence of their growing friendship, however, was juxtaposed, with the scenes that took place after the vicious, brutal hate crime had occurred.

The first flash forward scene was set in a deputy's office, where Callie was being questioned about what happened the night of the beating.

Callie was hesitant to talk and didn't want to tell him what really happened, because she was still trying to figure out for herself what happened, who she was, and what her relationship with Sara was really about.

Callie didn't tell him that they had been gay-bashed, because at that point she had never thought of herself as gay, despite her love and attraction for Sara.

So she told the officer that the man had beat Sara to a pulp when she had rejected his sexual advances.

The officers pressed her further, but Callie resisted answering any more of his questions at that point.

The officer continued the investigation on his own, questioning a woman who had witnessed the incident.

She had been in her apartment, waiting up for her husband to return home, when she heard screaming.

She looked at her clock to see what time it was and saw that it was 4:15 a.m. She then stuck her head out of the window to see what was going on.

She said that she'd heard a man scream "pussy-eating dykes" and saw the man beating a woman in the street below. The woman threw a flowerpot from her window to try and scare the man away and succeeded. She then called the police and reported the crime.

The officer, with the information from this witness, went back to Callie to seek the truth about what had happened. He pried Callie for details until she finally

broke down and told him in a quivering voice what had really happened on that night.

She said that she and Sara had finally figured out that they both liked each other romantically and decided to go on a date to a bar. They went to an area of New York, which was described as a "Graceland for gay people."

Callie and Sara had wanted to spend more time together after the bar closed at 4 a.m. so they decided to go for a walk in the

“The play looks at sexuality by presenting the complex story of two women who fall in love, who are 'outed' to the world as gay, due to a violent gay-bashing incident and are forced to confront their own sexual orientation in a public realm before ever being able to look at it in a private one.”

- by Erica Rische

park across the street. Callie and Sara kissed for the first time in that park.

Just as they finished their first kiss, a man came up to them and said, "Hey, save some of that for me." The man offered to pay them to go to a hotel so he could watch them have sex together.

Revolted, Sara told the man to "fuck off," which made the man furious.

He grabbed Sara and began to beat her. He beat her head against a building, cracked her head repeatedly against his knee, and then smashed her body on the ground until she was ultimately unconscious.

Callie had tried to fight the man while he was beating Sara, but said that he was too strong and big for her.

Callie had luckily been spared from the devastating injuries with only a cracked rib and a few bruises because of the woman who had thrown the flowerpot.

The play then flashed back to the time when Callie and Sara were getting to be close friends.

Sara and Callie are sitting on the floor in Callie's small apartment playing cards, talking and asking each other questions about the other.

Music played in the room and the atmosphere was warm and content. These scenes show the progression of their relationship up until the point when they go to the bar together, the night when their lives were forever changed.

The scenes then flash forward once again to the time after the gay-bashing when Sara is in the hospital in a coma. Callie came and visited her often, learned to bathe her, and talked to her.

Callie felt homophobia and discrimination for the first time in her life, just as she was figuring out her own sexual orientation and trying to process everything that had just happened to her and Sara.

She told Sara, who was still in a coma, that Sara's parents looked at Callie as if she was a dirty old man and how much that hurt Callie, especially when she loved Sara so much.

Towards the end of the play Sara came out of her coma, but was still completely paralyzed.

Callie, who realized just how much she adored Sara, convinced Sara to stay and live with her in New York, so that she personally could take care of her.

The play ends in a final scene that took place the night when Callie and Sara had kissed for the first time in the park before they

were violently attacked.

The kiss was beautiful and powerful. It ended the play with a note of hope, rather than a touch of despair, as it could have ended had the director chosen to end the play with the final, violent gay-bashing incident.

"Stop Kiss," directed by Steven Dietz and written by Diana Son, is a powerful play that brings up a lot of important, thought-provoking issues.

It looks at the construction of sexuality, identity, and relationships.

It challenges people to look at their own lives, whether they be gay or straight, and ask themselves if they would stay with the person they had just fallen in love with and just kissed for the first time, if that person became paralyzed because of an incident that occurred as a result of that kiss.

The play looks at sexuality by presenting the complex story of two women who fall in love, who are "outed" to the world as gay, due to a violent gay-bashing incident, and who are forced to confront their own sexual orientation in a public realm before ever being able to look at it in a private one.

The play examines notions of prejudice, homophobia, hatred, love, loyalty, fear, and pain by weaving together a beautiful, painful and powerful story that is a testimony to all of those people in the world today who are faced with such homophobia and hatred.

"Stop Kiss" is for all those who remember their first kiss- for those who remember it with happiness and warm, fuzzy feelings, and for all those who have suffered discrimination from such a kiss."

"Stop Kiss" was a truly incredible play that should not be missed.

For tickets or more information, call (206) 443-2222.

Women's basketball team makes run at NWC crown

With George Fox Loss to Whitworth, the Lutes are now tied for first in conference play

BY ANDREW BENTZ
Mast co-sports editor

Pacific Lutheran has moved into a first place tie with George Fox in the Northwest Conference (NWC) heading into the final week of the regular season.

The Lutes are on a four game win streak leading into games against Lewis & Clark and Pacific University. If PLU wins its last two games and George Fox wins its last two against Pacific University and the University of Puget Sound, then both PLU and George Fox will be declared conference co-champions.

Both teams would share the title despite the fact that George Fox swept the Lutes this season.

PLU has won the conference title for the last two years, which are the only conference titles in the history of PLU women's basketball.

PLU 54, Linfield 46

In front of a home crowd of 550, the Lutes defeated No. 3 Linfield.

Across the state, Whitworth defeated George Fox 55-49 which combined with the PLU victory over the Wildcats, moved the Lutes into first place, for a moment. The next day George Fox crushed Whitman, 68-28, and moved into a tie with PLU.

Late in the first half, after battling back and forth PLU had a two point lead 17-15. The Lutes went on an 8-0 run over the next 1 minute 54 seconds and increased its lead to 10.

Linfield closed the gap to six in the last minute of the half, but the Lutes led 28-22.

Midway through the second half the Lute lead was up to ten

until Linfield went on a 6-0 run to bring the score to 38-34 with 11 minutes 44 seconds left in the game. Wildcat Kelly Bradstreet scored four of the six points in the run.

PLU then went on a 10-2 run over the next 3 minutes and 5 seconds to increase the lead to 12 with 8 minutes left in the game. Sophomore point guard Becky Franza, who scored on slashing drives to the basket, scored four of the 10 points.

The Wildcats tried to make a run, but they couldn't overcome the lead that PLU had built up.

Franza scored a game and career high 20 points in the win. Franza also notched four assists, four rebounds, and two steals.

Senior post Tara Millet added 11 points, seven rebounds, three steals, and three blocked shots.

Playoff Scenario

For the second week, PLU has been ranked No. 4 in the NCAA Division III West Region poll. St. Thomas and St. Benedict hold the top two spots, both are schools in Minnesota. George Fox, PLU, Simpson (Iowa), and California Lutheran round out the top six spots.

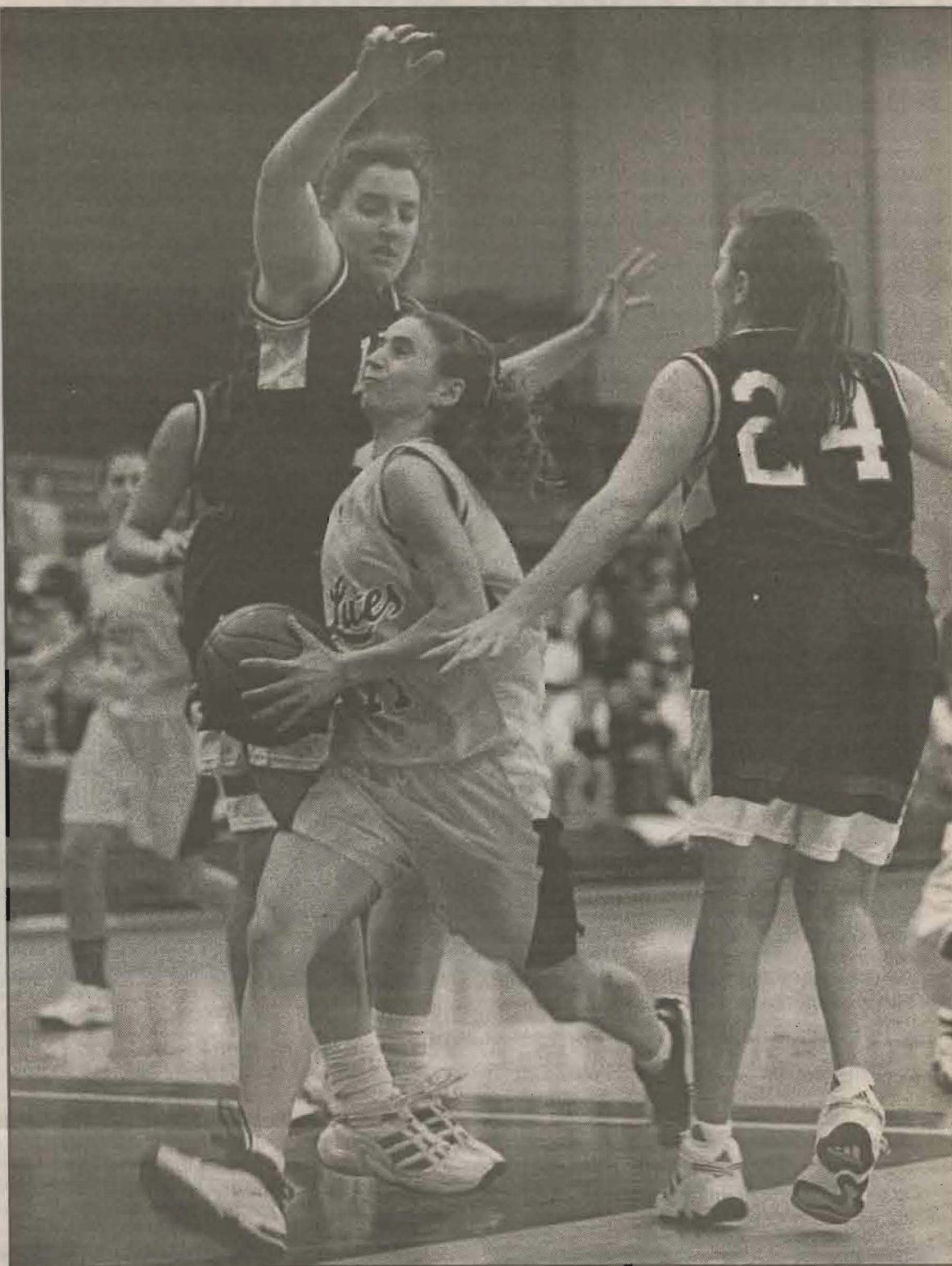
This poll is a part of the selection process when the NCAA chooses the 50-team national tournament. Last season PLU reached the final eight in the national tournament before losing by six points to the eventual national runner-up St. Benedict.

The criteria that is considered when choosing the teams for the tournament are win-loss overall record and region opponents, and the strength of schedule. It helps the Lutes chances having a 17-5 overall record and a 14-2 regional record.

Photos by Josh Miller

(right) Sophomore point guard Becky Franza (center) drives between two Wildcats to score two of her game high 20 points in the PLU win against Linfield on Feb. 18.

(below) Sophomore post Jessica Iserman dives for a loose ball in the Lutes victory over Linfield on Feb. 18.



National Football League players; Heroes or bad role models?



Instant Replay Andrew Bentz

When I think about professional football players, a couple things come to mind: great passes, one-handed catches, interceptions, sacks, murder, and touchdown runs. Wait a minute, murder?

During the past season, two national football league players have been arrested and charged with murder: Rae Carruth of the Carolina Panthers and Ray Lewis of the Baltimore Ravens.

Carruth and three co-defendants are charged with first-degree murder in the drive-by shooting of Cherica Adams on Nov. 16. Adams was Carruth's girlfriend and was carrying his baby. The baby, Chancellor, was delivered 10 weeks premature, but survived. Adams died on Dec. 14.

The presiding district attorney has said that they are seeking the death penalty in the case against Carruth and the other defendants.

Lewis is accused with the stabbing deaths of two men outside

an Atlanta nightclub after a Super Bowl party. Lewis and two co-defendants were charged Feb. 11 on murder charges.

Lewis was released on \$1 million bail but he has to stay in Maryland, unless traveling to appear in court or to meet with his legal defense team. It does not allow him to travel to Florida where his fiancée and two of his children live.

While watching a NFL football game on television, I always see the United Way commercials where local football players spend time with the local United Way and help children in the community. I think that it is great that these players are helping their communities; but how does it look to see a United Way commercial and then see another football player on the news up on murder charges?

Granted that neither of the football players have been convicted, but their images have taken a beating throughout the early stages of the arrests and

preparations for their trials.

Something people need to realize is that despite the fact that these players have a decent amount of money, they are still held to the same laws that everybody else is.

A lesser example is Cecil Collins. Collins was a running back for the Miami Dolphins for the first half of the season. Collins was charged with breaking and entering and harassment after forcibly entering his neighbor's apartment while intoxicated. He was cut from the Dolphins roster a short time after this event.

High profile athletes are people just like anybody else. By becoming stars they have also become role models to children. I think that they need to realize that by committing crimes, they are not just hurting themselves but their fans and anybody else that may look up to them.

Watch the Seattle Supersonics in their game against the visiting Atlanta Hawks at 7:00 p.m.

Athlute: Amber Hahn, a Lute with leadership and experience

BY ANDREW BENTZ
Mast co-sports editor

When members of the women's basketball team look for leadership on the court, they look to senior post Amber Hahn.

The 22-year-old is a fifth year senior who redshirted her freshman year. She is from Cowiche, Wash. where she graduated from Highland High School as the valedictorian.

In high school Hahn was a basketball team captain for two years and she was honorable mention All-League.

"Basketball is really big in Cowiche," Hahn said.

Hahn has been playing basketball since kindergarten, when she and her dad started a basketball team of eight to 10 girls.

Hahn attended a basketball camp at PLU when she was a junior in high school. The accounting department and campus won her over, as she chose to become a Lute. She graduated in December and is finishing out her last year of eligibility in athletics.

As a member of the Lute squad, Hahn finished her junior season ranked ninth on the PLU rebounding list with 413 and she has grabbed 102 rebounds this season. Last season she finished fourth in the Northwest Conference in blocks per game with 1.2.

Hahn's sophomore year saw her average 4.3 points per game (PPG) and 6.6 rebounds per game (RPG) while starting 26 of the 28 games. In that season, she grabbed 185 rebounds to rank tenth on PLU's list of rebounds in a single season. She also earned NAIA All-American Scholar-Athlete honors her sophomore year.

Hahn averages 3.7 PPG and 5.0 RPG for her career here at PLU.

Hahn is one of the few players who was coached by Mary Ann Kluge. Kluge was the head coach until she went on sabbatical in the 1997-98 season and assistant coach Gil Rigell took over as head coach.

"I think that Gil (Rigell) and I didn't connect as well as I did with Mary Ann (Kluge)," said Hahn. "We had our conflicts. I think they were good conflicts and the program is better because of it."

This season Hahn's younger sister, Lori, is a redshirt freshman on the Lute squad.

"I encouraged her to come," said Hahn. "We never got to play basketball together in high school, it's fun to be on the court with her and share a passion that we both have."

Typical of most families, Amber and Lori didn't get along when they were younger.

"When I left for PLU, I couldn't stand her," said Amber Hahn.

Rekindling a friendship in college is something that has happened between the two.

"Over the years of being gone, you realize what you have and how much you miss it," said Amber Hahn. "I'm engaged to be married in May and Lori is my maid of honor."

On Feb. 18 Amber Hahn and senior post Tara Millet played their last home game as members of the PLU women's basketball team.

"It was tough knowing that we (Millet and Amber Hahn) were playing our last game on that court," said Amber Hahn. "The rest of the girls on the team got



Amber Hahn (44) plays defense against Linfield in the Lute win on Feb. 18.

Photo by Josh Miller

emotional and that was making it harder, but then the game started and we had to put it all behind us and focus."

Millet and Amber Hahn have been teammates for the last five years and the duo have become great friends over the years.

"I think that we (Millet and Amber Hahn) have done a really good job leading the team this year," said Amber Hahn. "I think that we are really good friends and I hope it will stay that way for a long time."

When thinking about all the things she likes about the sport of basketball, the one thing that stuck out for Amber Hahn was the team aspect.

"The other sports that I played

were individual sports," Hahn said. "I really like being a part of a team, knowing that win or lose we did it together."

Hahn is also a member of the PLU track and field team, where she holds the current school record in the pole vault at 8 feet 6 inches.

"Anything that Tara (Millet) and I do, we could not do without the rest of the team supporting us," said Amber Hahn.

After her marriage in May, Amber Hahn plans to work as a staff accountant for a CPA firm that is based in Yakima, Wash. Her future goals include getting her masters degree after working as an accountant, and eventually teaching at the college level.

Athlute: Jason Pruit, injured but not down

BY CRAIG COOVERT
Mast reporter

Jason could be bitter. In fact he could be downright mad. But he's not. In fact, this senior Lute basketball player is very content.

To say there isn't any disappointment from the senior forward whose season ended four games prematurely would be false, but his outlook is positive.

"Everything happens for a reason, though I am still trying to figure out that reason," Pruit said, laughing.

The injury occurred during half time of a game against UPS. Pruit collided knees with a fellow player, which resulted in season ending surgery.

"It didn't even end during a game," Pruit said. "You envision ending your career playing in the final

home game for four years, but I had to end it on the bench."

"It was tough at first, but I came to terms with it."

He said a main reason for getting over the injury was the people at PLU. Everyone was extremely supportive, including PLU professors and staff.

"It is nice going to a school where professors go out of their way to ask you how you are doing and how the season is going," Pruit said.

And this same reason was why Pruit ended up at PLU four years ago.

Pruit attended South Kitsap High School in Bremerton, a school similar in size to PLU.

He said he has been closer to his professors here than at high school.

Another reason for Pruit attending PLU was the business program. He had heard good things about the program and knew that he wanted to major in business.

His initial thoughts have now turned into grad school, as Pruit will attend the University of Wash-

ington next fall in construction management.

But Pruit's fondest memories of PLU will be of his teammates. He said it was going out and playing for the other guys on the team that kept him playing all four years.

He has especially fond memories of the three other seniors who he has gone through the program with; Leif Hatlen, Tim Kelly and Tim Wang.

Hatlen and Pruit have been roommates since their freshman year and Pruit said they immediately became best friends.

Pruit said he and Kelly, on the other hand, despised each other their freshman year because they were both so competitive.

But he said they gradually became closer over their sophomore year and by their junior year be-

came good friends. And now, Pruit said him and Tim are two of the closest guys on the court.

Kelly also only had good things to say about Pruit.

"(Pruit) is a great guy," Kelly said. "He and I have shared a bond on and off the court."

Kelly also said losing Pruit was the biggest reason for the four game losing streak to end the season.

Pruit ended the season averaging over 12 points a game before the injury. PLU and Linfield honored Pruit last Friday in the Lutes final home game. Pruit, on his crutches, scored the opening basket of the night, on an assist appropriately from Kelly.

"It was nice for them to do that for me," Pruit said. "The Linfield coaches and players were also very supportive." Pruit said this was the first team he had been on where the focus on the playing for each other and with heart. From what it sounds like, it appears Pruit is ready to take that philosophy into life.

“Everything happens for a reason, though I am still trying to figure out that reason”

- Jason Pruit

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Men's basketball ends season with slim 87-81 loss

BY CRAIG COOVERT
Mast reporter

After a poor showing in the first half, the men's basketball team was unable to recover from a 19 point halftime deficit, falling to Linfield 87-81 last weeked at Olson Auditorium.

PLU trailed the Wildcats 47-28 at the half. Senior Tim Kelly said the team decided not to show up in the first half.

But Kelly said the team made a promise to themselves that they would not end the season that way.

"In the second half we played the best basketball we have played all season," Kelly said. "Unfortunately we only did it for one half."

The second half saw PLU slowly chip away at the Linfield lead with solid passing and

strong shooting.

But for how good PLU played, the Wildcats were able to maintain their lead throughout.

Kelly gave Linfield credit, saying they always had an answer to the Lutes. While PLU went out on the losing end, Kelly said he was still proud of how the team played, in both their final game and throughout the season.

"This is the most together team I have ever played on," Kelly said. "I wouldn't trade this season for anything."

Sophomore transfer Treven Vander Ploeg led the Lutes in scor-

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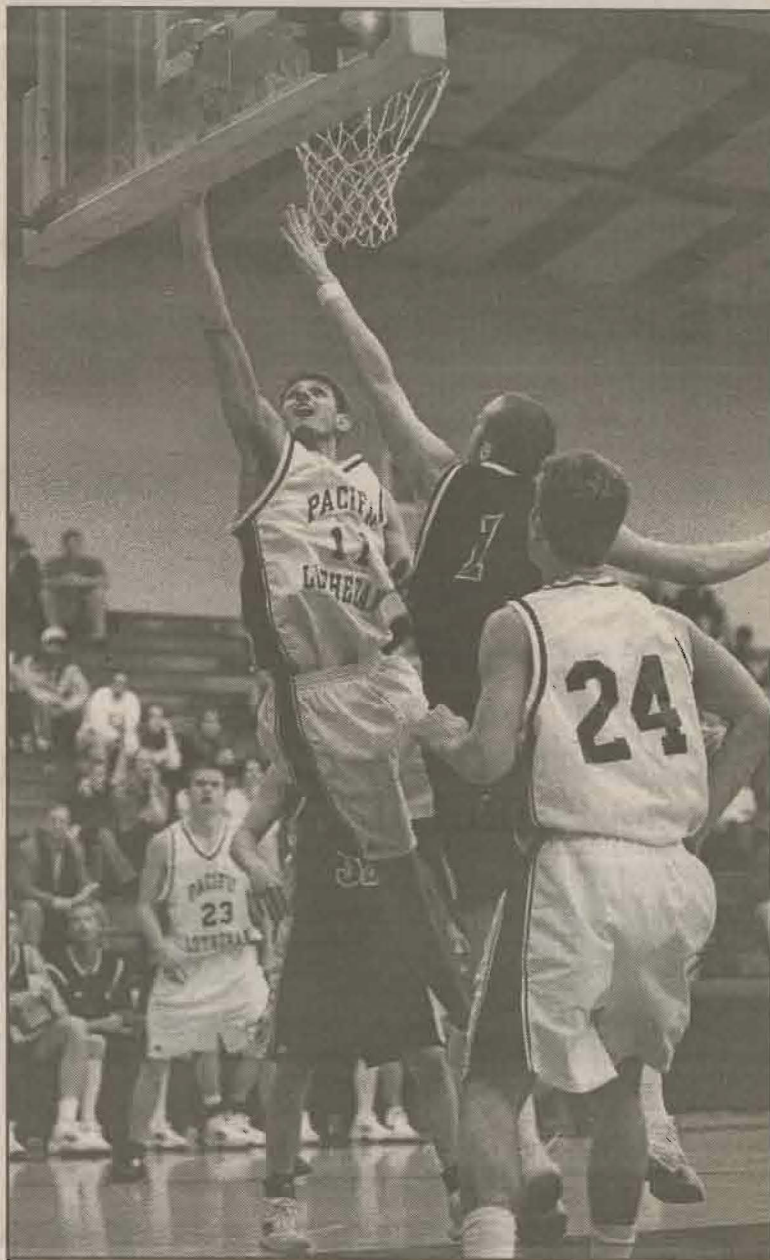
"This is the most together team I have ever played on. I wouldn't trade this season for anything."

- Senior, Tim Kelly

”

ing this season, averaging 15 points a game. Kelly, who last year led the nation in assists per game, was third this season, averaging 7.5 assists per game.

The Lutes ended the season in fifth place, with a 7-9 conference record, 12-12 overall.



(Above) Freshman Neil Mendez (11) goes up for the layin as a Wildcat player challenges him, while Treven Vander Ploeg (24) awaits the outcome of the challenge.



(Left) Junior Leif Hatlen attempts a short fade-away jump shot under the pressure of two Linfield players.

Photos by Josh Miller

Lutes swimmers end year with season bests

BY KATHRYN WOOD
Mast co-sports editor

The Lute swim teams ended their season by placing fifth last weekend at the Northwest Conference championships at

Linfield College in McMinnville, Ore.

The Lutes matched their fifth place wins from last year's meet, as the University of Puget Sound went on to win both titles.

But looking at the scores doesn't show the amount of effort that the Lutes put into the races.

The men's team had 28 personal bests out of the 30 individual swims in the competition, one other tied for a personal best and only one time failed to beat a previously set time.

"The men had an unbelievable meet," said head coach Jim Johnson. "I can't say enough about the way the guys improved this year. We knew going in that we were a little short on pure talent and depth, but the guys worked hard and really rose to the occasion."

Leading the men's team was

co-captain, junior Randy Webster who placed second in the 200 butterfly, fourth in the 100 butterfly and sixth in the 50 freestyle. Webster's times in the butterfly events, however, were not fast enough to meet the provisional qualifying times for nationals.

Other top finishers on the men's side were freshman Eric Friesth and sophomore Ryan Wiley. Friesth placed fourth in both the 100 and 200 backstroke, and was also eighth in the 200 individual medley. Wiley was sixth in the 200 butterfly, seventh in the

1650 freestyle and eighth in the 400 individual medley.

As for the women's team, there weren't quite as many personal records set, but the women did have 18 new records out of 30 individual swims.

Sophomores Annika Nelson, Jennifer Jennings and Andrea Reed all finished in the top eight in the competition. Nelson had a sixth place finish in the 100 butterfly, Jennings had a seventh place finish in the 100 breaststroke, and Reed finished seventh in the 500 freestyle.

If it weren't for disqualifications in the men's 200 freestyle relay and the women's 400 medley relay, the PLU's teams might have ended in fourth place with the added points tallied on.

Announced at the championship meet were those swimmers who had earned Northwest Conference All-Academic honors. Those Lutes who earned the honor were sophomore Milo Meacham, and freshmen Katherine Kempe, Friesth and Ryan Herzog.

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Lute Scoreboard

Week of Feb. 18 - 24

Men's Basketball

Feb. 18 -- *LINFIELD 87-81, loss

Women's Basketball

Feb. 18 -- *LINFIELD 54-46, win

Swimming

Feb. 17-19 -- NWC meet
Women - 5th
Men - 5th

HOME GAMES IN BOLD CAPS

*Northwest Conference Matches

Sports On Tap

Week of Feb. 25 - March 2

Men's Tennis

Feb. 25 -- *Puget Sound 3:30 p.m.

Feb. 26 -- Seattle University 11 a.m.

Track & Field

Feb. 26 -- NWC Relays 10 a.m.

Newberg, Ore.

Wrestling

Feb. 26 -- Great Lakes Regional TBA

Elmhurst, Ill.

Women's Tennis

Feb. 26 -- SEATTLE UNIVERSITY 11 a.m.

Women's Basketball

Feb. 25 -- *Lewis & Clark 6 p.m.

Feb. 26 -- *Pacific 6 p.m.

HOME GAMES IN BOLD CAPS

*Northwest Conference Matches

Men's tennis team looks for repeat winning season

BY KATHRYN WOOD
Mast co-sports editor

The Pacific Lutheran men's tennis team, which fought its way to the top of the Northwest Conference last year, will be looking for a repeat performance this year, but will have to do it without long-time coach Mike Benson.

After 30 years coaching the PLU tennis teams to 400 dual match wins and 24 conference titles, Benson decided to take a well-deserved retirement. Stepping in to coach the men's team are two alums of the PLU tennis program, Doug Gardner and Craig Hamilton. Hamilton served as assistant coach last year for the PLU men, while Gardner has a lengthy history as a PLU men and women's assistant coach.

"We have a high standard to follow after," said Hamilton. "But we have a great group of guys and we're looking to maintain the excellence Mike (Benson) developed over the last 30 years. We have a high expectation on the heels of a good year last year."

Leading the team this season are senior co-captains Clayton Harris and Hao Nguyen. In the leadership position he held last

year, Harris helped lead the Lutes to the NWC victory. He accumulated a 15-8 singles total last year and a 15-7 doubles total and was one of two PLU men's tennis team members named to the All-Conference first team. The other team member earning that honor was Nguyen, who ended the season with a 18-5 singles record and a 13-9 doubles record. The coaches are definitely looking to Harris and Nguyen to lead the team this season.

"Clayton (Harris) and Hao (Nguyen) are among the top players in our conference and also among the top players on the west coast," said Hamilton.

The team is returning four of its top six players from last season, leaving room for some shuffling of top players. Besides Harris and Nguyen, the team also returns sophomore Peter Lunoe. Harris occupied the No. 1 spot for the Lutes last season, as Nguyen played anywhere from the second to the fourth spot. Lunoe held the No. 3 spot last year and is listed with Harris and Nguyen in the top three singles spots this year.

Returning players that will contend for the last three spots in the top six are sophomore Tyler

Imig and junior Stefan Green. Imig held the No. 6 spot for the team last year with a 8-7 singles record and a 3-6 doubles record. Green ended last season with a 5-0 singles record and a 6-0 doubles record.

Also looking for positions in the top six this season are freshmen Reid Wiggins, Justin Ochsner and Scott Nguy.

This year the Lutes will feel the loss of Rob Thornton and Leif Lunoe. Last year, Thornton accumulated a 13-10 singles record, a 13-9 doubles record and was named to the All-Conference second team. Lunoe ended last season with a 10-7 singles record at No. 5 and a 6-10 doubles record.

Hamilton is very optimistic about the Lutes in their upcoming season.

"We have the chance of being better than last year. We have the seasoned returning guys coming back and the new freshmen to add to the success," said Hamilton.

The men kick off their season today at 3:30 p.m. at University of Puget Sound. They will also have an away match against Seattle University tomorrow at 11 a.m.

Women's tennis returns five of top six

BY KATHRYN WOOD
Mast co-sports editor

The defending Northwest Conference champions, the Pacific Lutheran women's tennis team looks to have another potential winning year ahead.

Last year's champions were led by Janel Broderson, who held the team's No. 1 spot for three consecutive years. PLU's top three women's tennis players were all named to the NWC All-Conference team. Broderson was named to the first team and her teammates Whitney Freed, No. 2, and Kalei Kowalski, No. 3, were named to the second team.

The team will miss the leadership of Broderson as a teammate, but will not be without her as presence. As the season begins Broderson is stepping into the position of assistant coach under new head coach Sue Schoettler, another alum of the PLU tennis program. Schoettler becomes head coach following the retirement of coach Mike Benson, who left after six years of coaching the women's tennis program at PLU and 30 years coaching the men's tennis program. The new duo will bring a new perspective to the

program this year.

"We've got our bases covered between Janel and me," said Schoettler. "Janel brings the mental toughness to the game and I bring the confidence boosting for the team."

Broderson was the only team member to graduate last season, but with an 18-4 singles record and a 17-5 doubles record in her final season she will leave an open spot in the top six.

Look for some familiar names to fill the top six this year. Juniors Freed, Kowalski and Sofie Tibbeling and senior Shayna Cusack all vie for top positions on the team this season. Freed finished the 1999 season with a 13-9 singles record at No. 2 and a 17-5 doubles record. Kowalski finished last year with a 16-4 singles record at No. 3 and a 16-4 doubles record. Tibbeling stood at No. 4 last year with a final singles record of 16-5 and a final doubles record of 16-4.

Cusack ended last season with an 18-3 singles record and a 16-3 doubles record as she held the No. 5 spot on the team. Also look for sophomore Heidi Ruud to once again take a position in the top six. Ruud, who was No. 6 last

season, had a 15-2 singles record and an 11-1 doubles record.

With the amount of returning players, the Lutes should be in a good position for another run at the NWC title.

"We should be among the favorites to win the conference title," Schoettler said. "It's a stronger team, the depth is stronger than last year." But winning the conference championship may just be the beginning for the Lutes.

"We want to qualify for regionals and maybe get a few to nationals," Schoettler said, mentioning Kowalski and Tibbeling as possible national qualifiers. "Our goal is to have fun, but we're too good to just have fun."

With five out of last year's top six players returning, there will be tight competition among the rest of the team for the remaining spots. Look for junior Kirsten Rorvik and sophomore Becky Summerer to contend for, and perhaps even share, the final open position in the top six.

The women open their season with a home match against Seattle University tomorrow at 11 a.m.

Track team feels loss of graduates

BY KATHRYN WOOD
Mast co-sports editor

As the PLU track team heads into the 2000 season, it will suffer the loss of eight of its top competitors from the NCAA national championship team that placed second in the men's competition and third in the women's competition last year. The team will look very inexperienced this season.

Gone is Luke Jacobson, who led last year's men to nationals,

where he took the NCAA division III men's discus title and placed fifth in the hammer and sixth in the shot put. Other Lute men who graduated are Davy Logue, who placed third in the javelin, Ryan Pauling, who placed third in the 10,000-meter run, and Judd Hunter, who took second in the decathlon.

The men will also have to do without the experience of sophomore Seth Berghoff, who tore up his knee in the finals of the NCAA division III football championships last December. Berghoff placed fifth in the decathlon last year at the national meet.

On the women's side, the Lutes will miss Kristi Osborne, who placed second in the heptathlon with 4,824 points (a

new school record) and finished fifth in both the 100-meter hurdles and long jump. Other national competitors the Lutes graduated were Christine Axley, who placed fourth in the 100-meter dash and the 200-meter dash, and Corinne Lay, who placed second in the 400-meter hurdles (recording a personal best of 1:01.49). Osborne, Axley, Lay and junior Sarah Axley were members of the 400-meter relay team that placed second at nationals and set a new school record of 46.96. The Axley sisters, along with Lay and junior Amy Friedrich, were members of the 1,600-meter relay team that placed seventh at nationals.

Leading the men's team this year are returning national com-

petitors, seniors Shipley Ennis and Forrest Greik. Ennis placed third in the decathlon and Griek ran in the 1,500-meter race at last year's national competition.

As for the women's team, seniors Sarah Axley and Friedrich and junior Leslie Seelye all return to the team. Axley placed eighth in the 200-meter relay in last year's national competition. Friedrich will probably return to the 400 and 800-meter runs and Seelye will return to do the throwing events.

Back as head coach is Brad Moore, and with him are six assistant coaches.

Kristie Brookes will be coaching the decathlon and heptathlon athletes, along with Jerry Russell, who will also be coaching those

who participate in the hammer and discus events. Gary Carew will be focusing on the sprinting team, as well as hurdles and relays. Assisting Carew with coaching the sprinters will be Anna Neil, who also serves as the strength and conditioning coordinator, and the team's physical therapist. Kevin Eager will help train the team members who participate in the long, triple and high jumps. Tyler Wingard will help coach the javelin and shot put throwers and the pole vaulters.

The team will open its season tomorrow in Newberg, Ore. at the Northwest Conference relays.

University Symphony Orchestra tours Germany

BY JENNI DILLON
Mast assistant news editor

The PLU Symphony Orchestra made its international performance debut last month. The group traveled to Germany to perform and to take in the many historical and cultural sites of the country.

Dr. Jerry Kracht, conductor for the University Symphony Orchestra, and General Manager Pam Deacon had been working to plan the international tour for two years. Their plans became a reality as 54 PLU students left for Germany on Jan. 18.

The group spent two weeks touring much of eastern Germany. They performed in six concerts for German audiences of 75

to 250 people. "The audience enthusiasm was really overwhelming," Deacon said.

"The people so appreciated the young people coming over and performing," she added, explaining that most of the area the group toured was in the former Eastern Block.

"Ten years ago, this experience would have been impossible," Deacon said.

Between concerts, the group had the opportunity to sightsee throughout the country. They visited a number of historical and cultural sites in what Kracht called the "homeland," referring to the mass amounts of musical and Lutheran heritage in Germany.

The trip included tours of museums devoted to Bach and

Handel, a visit to the Thomaskirche where Bach played the organ, and explorations of the sites where Martin Luther was born, preached, and died.

Deacon noted that the trip had a "real Lutheran connection," as she explained that the orchestra even performed in the church where Luther gave his final sermon.

Recent graduate Tricia Stevely, a music education major who also participated in the trip, added that the most exciting part of the trip for her was seeing the many famous places having to do with music and religion.

"It was very enriching to get to visit all the places we've heard about, read about, and been lectured to about," she said.

Deacon said that the trip of-

fered the students a bonding experience. "I think they all came back with a greater appreciation for each other's musical abilities," she said.

Stevely added that because the orchestra does not tour often, there is often not much connec-

tion between members.

"I think the trip did a lot to bring some camaraderie to the orchestra," she said.

"The entire trip was just breath-taking and awesome," Stevely said. "We all had a great time."



Left: PLU Symphony Orchestra students gather for a walking tour through Eisenach, Germany, where they visited Martin Luther's house and the Bach Museum. Above: Performers warm up before one of the six concerts during their tour of eastern German towns.

Photos contributed by Pam Deacon

Internships play vital role in career preparation

BY LARA PRICE
Mast senior reporter

Do I need an internship for my major? How do I find one? Will I get paid? How much credit will I get? When can I do it?

Many students find themselves frantically asking questions like these when they realize that they want to obtain an internship.

Internships can play a vital role in a college student's education. Many PLU students are required by their major to have an internship or practicum to graduate.

Even if an internship is not required, getting real work experience in an intended major can provide more of an education than any 4-credit class at PLU. It could even change a student's goals and aspirations for their future career.

PLU offers students many different resources and options for finding a suitable internship. A traditional internship is an academic program in which a student receives credit for working, according to Heike Phelps, director of cooperative education at PLU.

Phelps helps place students into jobs that give them valuable experience in a career field of interest and provide academic credit. The Cooperative Education Center has contacts with over 1800 employers.

They are willing to "deal with anything," said Phelps. Phelps said that she has never turned a student away, no matter what time of year they come in to look for an internship.

Phelps said that she recommends that every sophomore make an appointment at the Cooperative Education Center in order to discuss future plans and possible internships.

Even if they don't know what they want to major in, an internship can either get them started in the right direction or help them to eliminate certain options, said Phelps.

Many employers are seeing the value of an internship program. Because of that, they prefer to hire those people that have already worked for them and started a working relationship, said Phelps.

The Cooperative Education Center can place students in jobs during the school or during the summer. The jobs can be near

PLU, near the student's home, around the United States or internationally located.

Phelps said that she usually places people for the duration of a semester or over the summer. An internship over the summer is a popular choice for students because they can live at home and receive credits for the cost of summer tuition, which is less expensive than regular tuition. The students receive one to four credits for their internship.

To start the process, Phelps helps students find an intern job that fits their needs. Then, the student must find a faculty sponsor. After that, the student signs a learning contract with their faculty sponsor and their employer.

An easy way for students to find out about internships is at the Internship and Summer Employment Fair from 10 a.m. to 2 p.m. on Tuesday, Feb. 29 in the UC corridor. The fair will offer information to students of all majors from 17 different companies.

Students can also find out about jobs through the Career Development Center. Jennifer Schoen, the associate director, also helps place students in jobs relating to their majors.

The Career Development Cen-

ter does not offer academic credit for work. If a student finds a job they like in the career center, they must contact the Cooperative Education Center in order to get credit for it.

The Career Development Center offers students the use of books about specific majors, how to write a resume, and job listings in the Seattle area, the country and around the world. They also have an Internet program that helps match students with jobs.

The best option for a student is to stop by the office, said Schoen. Besides job placement, the Career Development Center also offers career counseling and a resume and cover letter review.

If a student has work study, they can find a job through the Financial Aid and Student Employment office. With work study, a normally unpaid work study job can become a paid work study job.

If a student receives work study as part of their financial aid, the state will reimburse their employer for 65 to 75 percent of their wages, said Michael Quatsoe. This works very well for those who want to work for a non-profit or community service organization.

Students can also look for volunteer jobs through the volunteer center and then apply their work study so that the student will get paid for a job that would usually be solely voluntary, said Quatsoe.

The Student Employment office, like the Career Development Center, does not offer academic credit for the jobs it supplies. If a student would like to receive credit for their work, they must contact the Cooperative Education Center.

Kristin Anderson, a public relations major, said that she had a very positive experience when she interned at KMPS radio station.

She worked as a promotions assistant and got to go to concerts for free. She even met the Dixie Chicks.

Sara Fielding, also a public relations major, works at UPN 11 where she has already produced two television shows and written two promotionals that aired on television.

Ann Ober has already had six internships. She has worked with lobbying groups in Washington D.C. and Salt Lake City, Utah. She said that she has gained knowledge about what she would like to do in the future.

Students build solar car

BY TOMIEKA GARRETT
Mast intern

As a child, Zach Collom, Sunchase president, dreamt of building a car from scratch. He brought his dream with him to Pacific Lutheran University and as a freshman presented the idea to a faculty member who told Collom to reach for his dream.

Now a couple years later with the group Sunchase by his side, Collom has goals of building PLU's first solar-powered racecar and eventually entering a national car race sponsored by General Motors entitled Sunrayce.

This race is designed to bring innovative minds to the front lines with ideas on using solar power successfully. The group sees themselves entering the Sunrayce of 2003.

Collom would love to see his childhood dream entered into a race sooner than that, but he said to build an efficient solar car it takes time, money, and the dreaded word that all students

fear: research. The Sunchase club has put together an 18-month plan, which is set to begin in May of this year.

The group is now working on another project, which has been named the Sunchase Lt., an 8x4 ft. battery operated car that can fit one person.

The group's prototype will hopefully give Sunchase the means of acquiring money for the "big car" and with costs projected at \$100,000-150,000 the group definitely needs outside help.

Not only are the "Sunchasers" building a car from scratch out of pure curiosity and a love of science/engineering, but according to Collom, they plan on "introducing new technology to the community" through what he calls middle school day.

The group plans on reaching the community through young minds, teaching them different forms of creating electricity.

The Sunchase Group meets on Thursday nights in Hong Hall at 6:30 p.m. and everybody is invited.

ASPLU replaces several positions

BY ANNE KALUNIAN
Mast reporter

ASPLU President Robby Larson said that he expected to lose some people this year, but was quick to add that this year ASPLU has retained far more students than in the previous year.

"Originally last spring 14 senators were elected; we only have one of those original senators with us still," Larson said.

The senate has lost four senators and one director

since J-term. Replacing At-large Senator Sean Howell are Ashley Ecker and Nikki Beaudoin. Upper campus Senator Rick Gorka decided to transfer to Colorado State University, where he plans on joining the speech and debate team.

Replacing Gorka is Alison Snow. Finally, Sandra Carlsson has replaced International Senator Asa Brannenstam.

Also leaving ASPLU was the Cave director, Nikki Schneider. Schneider said she decided to resign because she was starting her student teaching this semester.

Eating

continued from page 1

Students develop eating disorders because "they think they're too heavy," Jones said, but other factors often play a role, like the issue of control. Students may feel their lives are out of control, she said, and can gain control of their lives by dieting.

Consequently, eating disorders are classified as psychological, Jones said, and normally come in two types: anorexia nervosa and bulimia nervosa.

A student is diagnosed with anorexia nervosa when he or she refuses to keep weight above 85 percent of a normal weight, Jones said.

Anorexics are afraid of gaining weight and are disturbed by their image in the mirror. "If they've gained a pound," Jones said, "they feel terrible."

Jones defined the illness bulimia nervosa as reoccurring binge eating and vomiting, fasting or exercising excessively. Bulimics have no sense of what they are eating, she said, and lack

the control to moderate it. They have a distorted image of their bodies, she said, and strive for an unattainable weight.

Not only do eating disorder victims dislike their bodies, but they may suffer from depression as well, Jones said. When the diet is restricted, serotonin levels in the brain drop, causing depression.

Four percent of college women are bulimic and five percent of all anorexics and bulimics are men.

"Men do have the pressure to have thin bodies," Jones said.

Schedule for Eating Disorder and Awareness Week

"Don't fight your genes, change your Jeans!"

Feb. 24 Health Fair UC 10 a.m.- 2:30 p.m.

- Sign the "Declaration of Independence from a weight-obsessed world."
- Commit to giving away a pair of your old jeans to area women's shelters.
- Raise your awareness about eating disorders prevention, dieting, and the wonder of the body you have.

Feb. 28 Fatten Up Your Perspectives The Cave 7 p.m.

- View the video "Fat," with a discussion following.
- Free ice cream to the first 50 people!

March 3 The Great Jeans Giveaway UC 10 a.m. - 3 p.m.

- Bring your old jeans to the table-they will be donated to a local women's shelter.
- Join a special "Celebrate Every Body" event at 3 p.m.

Write for Big Brother. He says you should.
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(copies available in Student Services Center)