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PACIFIC LUTHERAN UNIVERSITY

The Mooring Mast

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Soon to be FOSS-ilized

GENNY BOOTS
News Writer

By September 2016, Foss Hall will no longer grace the maps, tours or the actual campus of Pacific Lutheran University.

The 51-year-old residence hall has seen better days come and go.

"It isn't in great shape. Compared to our other buildings it has more facility needs and more facility needs that are on a much higher level," said Executive Director of Residential Life Tom Huelsbeck. "[It's] not something that you can just slap a fresh coat of paint or a new carpet to make it better."

Foss began as temporary housing for the university and has been a fixture of lower campus ever since. Foss was built in 1965 and originally housed 188 male residents. It was named after Reverend Halfdan L. Foss, chairman of the PLU Board of Trustees from 1942-1964.

Rising facility needs, enrollment trends and student housing choices made Foss a clear choice for demolition.

"We just don't need the housing space right now," Huelsbeck said. "Given our enrollment trends and our enrollment

plans, we don't plan to need the housing space anytime in the near future."

Throughout the summer, Foss will be open and operational. Conferences and events have booked out the space for the summer camps and conferences that will be held on campus.

As fall term begins, the building will be prepared for demolition.

"Over the course of the academic year, different parts of the university, in addition to residential life, student services and IT, will be able to go in and anything that is reusable, other places will be coming out," Huelsbeck said. However, when it comes to the future of Foss, there are many more unknowns. The big question facing Foss is when it will be destroyed.

"We are aiming for next summer," Huelsbeck said. "We don't want an

empty building sitting here."

The ideal timeline puts demolition in the summer of 2016, however budget constraints and demands from around the campus prove challenging. Demolishing a building costs a lot of money, so for now, the demolition is in the planning phase.

"I'm happy Foss is being closed, I definitely would not live there again next year."

Pablo Hernandez
First-year Student

Huelsbeck sees a potential for more upper division housing, similar to South or Krielder.

Huelsbeck also has heard talk of turning the space that Foss leaves behind into a recreation area.

It would keep the lower campus theme of activity, but be more in the center of campus rather than the outskirts like the fields, tennis courts and gym.

While the possibilities are endless, current Foss residents are preparing for next year. During the 2015-2016 Room Assignment days on April 7 and

8 Foss residents were given a priority registration among the first and second years to pick their rooms.

"I'm happy Foss is being closed. I definitely would not live there again next year," said first-year Foss resident Pablo Hernandez. "All the people in our wing are living in Lingelstad next year."

While the current residents of Foss are excited for the move, Huelsbeck has been contacted by Foss alumni who are disappointed by the news.

"I have heard from sad alums, and I understand and appreciate that. We work pretty hard to give people a good residential experience," Huelsbeck said. "That is absolutely a part of your PLU memory and time here... For Foss alums they'll still have the memories but they won't be able to have the physical representation of that."

The new changes to campus will be an adjustment for PLU. The end of Foss is "a closing of a chapter and we will see where our experience take us from here" Huelsbeck said.



PHOTOS BY MATTHEW SALZANO

"When I look at you, I see a predator."

SAMANTHA LUND
News Editor

"I guess where the story begins is that he lived three houses down from me," Lauren said. "We grew up next to each other."

For 21 years, Mark was like Lauren's little brother. They grew up three houses away from each other, went to the same high school and eventually went to the same university. When Mark grew older and was in high school, he would tell Lauren about girls whom he'd had sex with and she would lend an ear and advice.

As Mark got older, Lauren began to notice a disturbing pattern.

"He took the virginity of a girl the first time they met and he told me with a smirk on his face," Lauren said. "He would never say

they had sex or shared a moment, it was always something he took from a girl."

After Mark told Lauren what he did, he told Lauren she was the one he was actually in love with, then lunged at her and forced her to kiss him.

"I was pushing him away but I couldn't really move," Lauren said. "I finally put my hand on his face and pushed it away. I told him it was not acceptable and I wrote him a letter later explaining why."

This was in 2013. The letter to Mark explained that Lauren wanted him to stop forcing himself on her and she also characterized his attitude toward women as "rude," "sleazy" and "degrading." Lauren expressed concern for her own safety in the letter, saying "When I look at you, I see a predator. I see someone I would keep my children away from; someone I would warn my friends about; someone I would never associate myself with."

Quotable



"This was my first encounter with an online dating website, and I've got to say, I don't see where all the stigma comes from"- Sophomore Jeff Dunn pg. 8



"N.G.U.N.N.G.U is never give up, never never give up. A slogan from Tumwater that was instilled in me," Senior Kyle Warner, pg. 12



"One of the best ways to foster intimacy in relationships is to practice gratitude for your partner," K-9 Women's Center Member Lucky, pg. 3

CONTINUED ON PG.2

"When I look at you, I see a predator."

One student's experience after being sexually assaulted

Editor's Note: On Tuesday, April 7, I was contacted by a student who wanted to share her story of being sexually assaulted on campus. This story was not meant to be radical or racy. The goal of the student and myself is to show the effects of the assault and what the process of taking legal action on- and off-campus is like. After discussing the story with advisers on campus and other staff at The Mooring

Mast, the student and I laid out a way to share this story in an ethical way.

To keep the student's anonymous, I will refer to her as "Lauren" throughout the story. The name of the man who assaulted her will also be changed to "Mark" for his protection. These names in no way reflect real people, and were randomly selected.

I sat down with Lauren April 8. She shared her

story with me and provided me evidence she had with her. The legal action has been further fact checked and verified. This is Lauren's account of the story. The Mast was unable to contact the accused assailant and therefore the following story is one person's account of what happened and meant to be an account of her experience only.

Samantha Lund

CONTINUED FROM PAGE 1

Their history

Mark came to Pacific Lutheran University a year after Lauren and left after his first year. He came back to visit some friends in October 2014. Mark texted Lauren asking if he could see her.

Lauren and her friends had been drinking in their room in South Hall. Lauren and her friends let Mark into their room, under the assumption he just wanted to visit with his old friend.

"He ended up coming up to South and sexually assaulting me," Lauren said. "I was drinking and it was traumatic."

Lauren woke up the next morning not remembering what happened. She said she had bruises on her body and felt sharp pain. She had to piece together what happened by going through messages she left on people's phones.

"You don't expect the person you've known forever to do that to you," Lauren said.

Mark texted Lauren the next morning asking if she was okay. She told him she was not and explained why through texts (at right).

Mark accused Lauren of feeling guilty and wanting to give that guilt to him since she had a boyfriend. Mark said

"He would never say they had sex or shared a moment, it was always something he took from a girl."

Lauren was asking for it and coming on to him. He also said, because she wasn't slurring her speech, she couldn't have been too drunk.

Lauren told him she did not remember everything and to this day, does not remember it all. She worries she is blocking things out.

The after effects

"I have flashbacks and triggers that happen around every two or three days," Lauren said. "Things

that you don't think will trigger you, like the same-colored hair or the way someone could walk or the way someone laughs is something where I have to stop, breathe and remember I'm okay."

Lauren said her life will never be the same. Every day, Lauren deals with the side effects from this event. She said it has affected her schoolwork and she's had to explain to professors why she behaves in certain ways or doesn't get work done. Her friendships have suffered and so has her relationship with her boyfriend.

Lauren's bedroom is no longer a comfortable place. She had to move around her bed and her furniture because it reminds her of the assault. She lost touch with people who were triggers and did not feel comfortable in her own skin anymore.

Her legal action

"The thing is, I feel like you hear a lot of bad story endings," Lauren said. "There are never good endings to sexual abuse, I feel like people assume there are things that can be done, but they don't know how easy it is."

Lauren contacted the Women's Center the week she was assaulted. Jennifer Warwick, director of the Women's Center, worked with her directly and laid out options for

her. They asked what Lauren wanted to do about the situation.

Warwick and Stacia Vierra, a victim advocate, told Lauren she could just talk about it or try to take legal action.

Lauren decided to fill out a Restricted From Campus (RFC) form with Director of Campus Safety Greg Premo. Mark was notified that he was no longer allowed on campus and began texting Lauren again asking her why.

A few weeks passed and the

"Vagina Monologues" came to PLU. Lauren attended them and said she found them empowering.

"Vagina Monologues" came and emotions came back," Lauren said. "I ended up talking to [The Women's Center] again. They worked with me, my parents and people in [my home town] to get a restraining order."

The legal process was easy for Lauren. She went to court, filled out paperwork and turned it over to a judge. She said the judge took one look at it, asked her one question — "Does he still go to your school?" — and signed the restraining order.

"The papers weren't hard to fill out, you just have to say what happened," Lauren said. "It's mostly just checking boxes."

When Lauren returned to campus she said she felt safer. The restraining order meant Mark could not come within 150 feet of her and he could not try to contact her or her family.

"With that, I decided to file a police report, too," Lauren said. "If he's doing this to me, then he is doing this to other women."

Lauren worked with Premo to put together a police report. The police report is about the specific incident, along with stating there was coercion and the use of physical force against Lauren. The event was very emotional, but for Lauren, the legal process was the easiest part.

Not having to worry about filling out paperwork, making deadlines or telling her story over and over again, Lauren could focus on mentally healing.

"[The legal process] was just so easy," Lauren said. "You can focus on breathing, taking a bath or filling out a journal."

What this legal action means

The legal action taken by Lauren was a restraining order

and a police report.

A police report can be filed without pressing charges, as Lauren did. If charges are not pressed, the plaintiff does not have to go to court and the assailant is made aware of the report but isn't prosecuted. A person may file a police report so there will be a record of the incident without choosing to insist on a police investigation.

A restraining order is filed when paperwork is given to the court requesting a hearing. If the judge grants a request, it means there will first be a temporary restraining order for three weeks, until the person who requests the order is heard in court. If the request is granted, it takes a month for the permanent restraining order to go into effect.

Her message

Lauren doesn't want her story to be one of horror or racy details, but something that women and men can look to and see that victims can stand up for themselves.

The legal process was easy and it helped her focus on emotional healing, Lauren said. Now, she doesn't have to worry about anything but trying to feel normal again.

The simplicity of the legal action should also be a warning to the people causing the trauma, Lauren said.

Every assault is different. Not all legal action is this simple and easy but Lauren said she wants her story to show people how easy it can be.

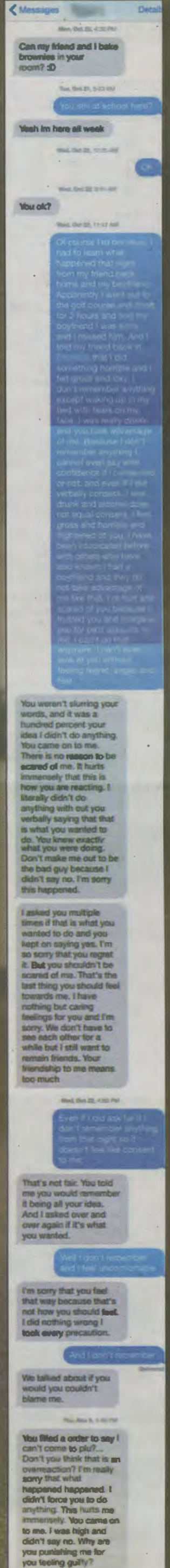
"This process is so simple," Lauren said. "Having it be so simple also means that the people causing the sexual abuse or harassment read this and will go 'oh s---, I could get caught because this process is so easy.'"

"You don't expect the person you've known forever to do that to you."

80% of sexual assault victims are under the age 30.

Every 107 seconds, an American is sexually assaulted.

Sexual assault isn't acceptable and there are services available both on and off campus. PLU's Voices Against Violence program is a resource for victims of sexual assault to obtain a Protection Order, learn how to increase their safety and connect with additional resources. Victims can also contact Campus Safety at: 253-535-7911 for an emergency and 253-535-7441 for non-emergencies.



TECHIE Stuff

HOW TO ADD A PINTEREST BUTTON TO YOUR IOS SHARING OPTIONS



SAMANTHA LUND
News Editor

Pinterest is quickly joining Twitter in the list of social media sites that can be used to advertise a young adult's set of skills to potential employers.

Users boards can be used to advertise special work or things they are involved with. Keeping up with Pinterest and using it to show employers who you are can be a valuable tool.

If you're going to have a social media account, use it. If not, delete it. Looking inactive is worse than not having an account, Communications Specialist Tove Tupper said.

Adding a Pin option to your share button will make it even easier.

Step 1:



Go into Safari and press the "share" icon. Scroll right and press the "More" button.

Step 2:



Swipe the Pinterest option to turn it into an active sharing button. You should see it on the sharing screen now.

Step 3:



Next time you see something online you want to share, press the button and it'll go straight to your Pinterest.

How to Sound Smart: About 2016 Presidential Elections

The United States presidential elections will be held on Nov. 8, 2016.

Voters will decide on the new President and Vice President of the United States. Current President Obama is ineligible to be elected for a third term, due to term limits, which promises us a new President in 2016.

The major issues

Same-sex Marriage

The ability of two men or two women to marry is certain to be adopted as a main issue by the Democratic party.

The Keystone XL Project

This project could create thousands of new jobs, but could also be an environmental catastrophe.

Health Care

Obamacare got off to a rocky start, expect Republicans to take advantage of that and Democrats find a solution to its problems.

Gun Control

This year, the media showed a plethora of gun-related stories. Expect restrictions on who can purchase fire arms to be a hot topic.

Who's Running?

Only four candidates have confirmed their Presidential Campaigns.

Hillary Clinton

A Democrat, Clinton announced her campaign and has been setting up her election campaign in Brooklyn.

Ted Cruz

A Republican, Cruz announced his campaign over Twitter, saying "I'm running for President and I hope to earn your support!"



Marco Rubio

A Republican, Rubio is a Senator from Florida and previously served as Speaker of the Florida House of Representatives.



Rand Paul

A Republican, Paul is a physician from Kentucky. He has been serving in the United States Senate since 2011.



Women's Center K-9s are here to help

NATALIE DEFORD
News Writer

In addition to the friendly human faces at the Pacific Lutheran University Women's Center, you can find some furry friends there as well. The two dogs at the Women's Center are here to help with stress management, event suggestions or love advice.

Lady Jane and Lucky can be seen in the windows of the Women's Center, barking hello to all who pass by.

Jonathan Yglesias, Men's Project Coordinator at the Women's Center, said anyone is welcome to come visit the dogs. He also said they are part of the friendly atmosphere.

Lady Jane is a Chihuahua and Lucky is a Chihuahua-Pomeranian mix.

"Lucky and I both got hired in November," Yglesias said. "He's like myself, we're both from Virginia."

Yglesias said Lady Jane was found wandering around the PLU campus three to four years ago and taken in by Jennifer Warwick, Victim Advocate and Voices Against Violence Project Administrator.

Yglesias guessed that Lady Jane is between four and six years old, and Lucky is nine years old.

The Women's Center is known

for being a place to chill with books, coffee, tea and relaxing spaces for studying or socializing.

Yglesias said their goal is always to be a welcoming space and that the dogs help with that.

They can also help comfort those who are victims of stalking, violence, sexual assault, sexual harassment, etc.

"We don't implement animal therapy, but we do have people who come for coffee or tea and just chill and seek out the dogs," Yglesias said.

He said the dogs are especially popular around stressful times such as finals week.

the Women's Center's Tumblr at <http://pluwomenscenter.tumblr.com/> and a link to the submission form can be found there as well.

So far, their two posts have been on "50 Shades of Grey" and how to keep the flame of romance alive in a lengthy relationship.

"They're here to help people," Yglesias said.

As for Yglesias, he is happy to have a furry companion with him at work.

"It feels natural to have a nice, little, warm animal near you and I'm very grateful to work in a place where that's allowed," Yglesias said.

Yglesias said the dogs highly encourage all students to go to the event Dark Matter April 2 at 6:30 p.m. in the Karen Hille Phillips Center. It's a free event where a South Asian trans activist group will be giving a workshop and performing a show called "It Gets Better."

The dogs will also be making a special appearance at two of the upcoming Women's Center events. The "PLU Take Back The Night Rally" will be April 30 from 5:30-8:00 p.m. in Red Square. Then they will be seen again at the "Women's Center in Red Square" event sometime in early May.

Additionally, Yglesias said the Women's Center tends to post on its Facebook page, when the dogs are in and ready for a visit.

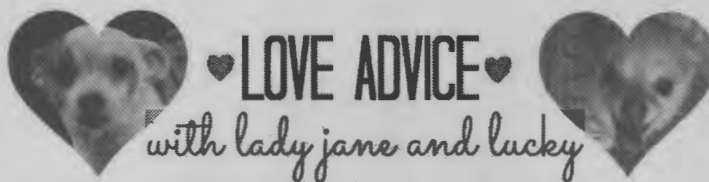
"It feels natural to have a nice, little, warm animal near you and I'm very grateful to work in a place where that's allowed."

Jonathan Yglesias
Men's Coordinator
at the Women's Center

"It's nice to have a space where animals are present and people seem to be embracing them," Yglesias said.

Now, the dogs also have their own advice column where anyone can submit anonymous questions and receive love advice from the dogs.

Their column can be read on



Lady Jane and Lucky give "love advice" to the PLU campus. Students can leave anonymous questions about love for the pups to answer on their blog. Here's the most recent piece of advice.

Dear Lady Jane and Lucky,

I've been with my partner for a few years and we've been living together since the summer. I've noticed that we've kind of turned into an old married couple; we rarely go on proper dates, and our intimacy is sporadic. It's not that we don't love each other or aren't attracted to each other anymore, it's just that going out seems so exhausting and having sex can be a long event that pushes back our bed time, so we don't do it as much as we'd both like.
So how does a lady in love stop being lazy and start getting busy?
From,
Lazy lover

Lucky: Yes! One of the best ways to foster intimacy in relationships is to practice gratitude for your partner. By noticing and honoring the little things you like about your partner, not only do you make them feel appreciated, but you build within your heart a deeper sense of respect, connection, and commitment to them. Saying "thank you" for things, giving small notes of appreciation, telling others about your boo... these are things we can do every day (and for freeeeee!).

Lady Jane: That is so sweet, Lucky. I see how being intentional about celebrating the great little things about our partner can bring energy and intention back to a couple, but I think that our Lazy Lover was also looking to add some RRRRRROMANCE into their relationship, if you know what I mean. **attempts to wink bulging eye**

New Netflix show excites Marvel fans

DAVID MAIR
Staff Writer

The first-ever superhero based television series to be available exclusively for streaming is now a reality.

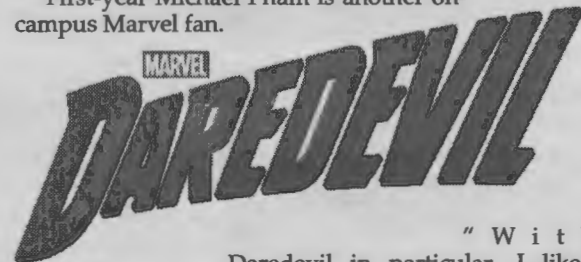
On April 10, the entire first season of "Daredevil" was released on Netflix.

The show is a Marvel Television program released through Netflix.

First-year Bryce MacCallum is an avid comics fan. "Marvel has it all covered now," he said, "with movies, television and now Netflix."

Daredevil is a superhero that was blinded as a child. As an adult, he is a lawyer by day but fights crime by night using his heightened senses – combined with his billy club – to avenge the death of his father.

First-year Michael Pham is another on-campus Marvel fan.



"With Daredevil in particular, I liked how ironic it was that he was a lawyer attempting to do what he could within the bounds of the law," Pham said. He also said he liked how Daredevil is "a vigilante who has to come to grips with the effect that violence has on his own soul."

The Marvel Studios/Netflix original was created and written by Drew Goddard, who helped create the Emmy award-winning show "Lost."

Being created by one of the makers of "Lost" explains the dark, often-edgy vibe the show gives out.

MacCallum said he thought it was "darker than anything Marvel has done before – sometimes it didn't even feel like Marvel."

The show stars relatively fresh actors: Charlie Cox as Daredevil and Elden Henson as Daredevil's best friend and associate accompanied by long time actor Vincent D'Onofrio as the Kingpin.

With the show being aired through Netflix, Marvel is given the opportunity to do more than normally allowed on regular cable television, since Netflix does not have the traditional FCC regulations of broadcast television.

"Daredevil" is just the beginning for Marvel and Netflix, as Marvel has set a four TV show deal with the TV and Movie streaming site.

Following "Daredevil," the other three shows will be about Luke Cage, Iron Fist and, finally, Jessica Jones.

'Battle' brings student artists to LollaPLUza

BROOKE THAMES
A&E Writer

Sharing the stage with LollaPLUza's array of class acts will be some of Pacific Lutheran University's own finest musicians. Lutes gathered last week to watch student artists go head-to-head for the chance to perform at PLU's annual music festival.

Students met in the Cave April 9 to cast their votes to determine which student acts will play for their peers at this year's LollaPLUza concert festival. Sponsored by ASPLU and LASR, this year's Battle of the Bands gave



Senior Asia B. Wolfe, pictured, won the ASPLU-sponsored "Battle of the Bands" event on April 9.

student artists 322 Jazz Collective, Asia B. Wolfe, Ruthie Kovanen and Samuel Ryan the chance to compete for a spot on the LollaPLUza stage.

"[LollaPLUza] is definitely a student event and we want to incorporate as many of our student acts as possible," said Morgan Woods, ASPLU's Traditional Events Planner. "Since we have such a huge music program, there's tons of people all over campus [who play music]."

At Battle of the Bands, students voted to produce two groups that will be featured at LollaPLUza.

Read the whole story online: <http://mastmedia.plu.edu>

"Bug" tackles tough topics

ERIN FLOM
Guest Writer

Scared of bugs? Then get ready to be frightened by the events of "Bug," Pacific Lutheran University's second-to-last play for this year's theater season, opening April 17.



Senior Katherine Mahoney.

"This play just grabs you and doesn't let go of you," said director, Cameron Waters, a junior. "The entire time you're wondering 'What's going on? What's gonna happen?'"

Senior Katherine Mahoney plays Agnes, the show's lead.

"She's had a rough life. She comes from a history of multiple abuses," Mahoney said. "She finds comfort in this new guy, Peter, who seems to be almost her knight in shining armor,

except for the fact that he's brought a bug infestation with him."

The play deals with abuse, paranoia and manipulation.

"I think the most difficult thing is portraying these things without it seeming forced or fake," Mahoney

talking about the specifics, and I think theater really forces us to look at the specifics."

Sophomore Arika Matoba plays R.C., Agnes's friend.

"I had never done anything like this before," Matoba said. "In theater we have our types — you know, when you're typecast — so my type is usually the younger sort of character or the more innocent, sweet sort of character, so I really wanted to be part of the show because it's very gritty, dirty and just very intense."

The student-run performance takes place in the black box in Karen Hille Phillips Center. Waters said the black box draws in the audiences.

"It brings everybody in and makes them witnesses to what's going on, more than just removed spectators."

Waters wants students to see the play because it's "good to see things that stretch your boundaries a little bit and get you to think about the way that we treat each other."

Bug
by Tracey Letts
7:30 p.m.
April 17 and 18
Black Box Theater

said, "because these are real issues and while these characters aren't real, they very well could be real people somewhere."

Waters added that, when talking about these issues, "you tend to get very abstract and people don't like



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A&E

Bug by Tracey Letts
7:30 p.m. April 17 and 18
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University Jazz Ensemble
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8 p.m. April 21 in Lagerquist

Dark Matter
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6:30 p.m. April 24 in KHP

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MAST TV

On the aGENDA

This week, Genny Boots talked to Battle of the Bands winner and LASR DJ, senior Asia B. Wolfe.

Watch Thursday's show online:
<http://mastmedia.plu.edu/>

TERRAN'S take

Terran discussed cultural appropriation at Coachella.

ONLINE

TUESDAY tunes

Brooke Thames sums up the happenings of Coachella 2015.

Full stories online: <http://mastmedia.plu.edu/>

Tired of UC Food? Try these easy recipes!

BROOKE WOLFE
Staff Writer



PASTA SALAD, LEFT: For a fast dinner or lunch this pasta salad is the perfect meal.

What you need

- Cup Noodles
- Italian Salad Dressing
- Mixed Vegetables (I used broccoli, corn and tomatoes)

Directions

Boil hot water and pour into the Cup Noodles to the line and let cook. After two minutes, pour out the water in the cup and empty the noodles into a bowl. Cover the noodles with Italian dressing to taste and throw in the veggies for a quick meal!

Price per serving: \$1.49, depending on veggies used (based on Old Main Market prices)



BREAKFAST OATMEAL, ABOVE RIGHT: Making breakfast before an 8 a.m. can be tough, but this oatmeal takes less than a minute to make.

What you need

- Steel Cut Oatmeal
- Peanut Butter
- One cup of Dried Fruit
- One Banana

Directions

Boil hot water and pour over oatmeal to cover oats. Stir, then add peanut butter, dried fruit and a banana to taste!

Price per serving: \$2.03 (based on Old Main Market prices)



YOGURT PARFAIT, RIGHT: Dessert in a dorm room can be a hassle to make but this parfait is simple solution.

What you need

- Strawberry Yogurt
- Granola
- Honey

Directions

Empty one container of yogurt on top of granola and drizzle honey on top. Stir and enjoy.

Price per serving: \$2.19 (based on Old Main Market prices)



We tried it – did you?

The Mast staff members (like Zachary Boyle, News at Nine Producer, RIGHT) tried these three dishes: we want you to do the same and tell us what you think! Tweet us: @PLUMast

More than meets the eye: Modern Art

KELSEY BARNES
Assistant Editor of Saxifrage

Modern art is alive at Pacific Lutheran University. One artist keeping it alive is junior Katie DePreker.

Modern art is commonly defined as a genre in the fine arts that rejects traditional techniques in favor of experimenting with one's own techniques. Essentially, both the definition and creation of modern art are both highly subjective and individualized.

Consequently, understanding and appreciating modern art is truly challenging until the viewer can experience a piece of art through its creator's eyes.

DePreker, a painting major, agreed modern art rebels against art's norms, but explained that appreciation of this genre accumulates over time. In her experience, modern art rouses an initial response in the viewer, which may be of "shock and disgust."

DePreker feels that her work demonstrates the style of modern art because she has been formally trained, but she challenges and experiments with the traditional techniques that she's learned to create her pieces.

In her latest series, DePreker explores "how our memories deteriorate over time" due to mental illnesses such as Alzheimer's disease, which her grandmother suffers from.

DePreker wishes to communicate this sense of loss

through her work and does so by leaving out an aspect from the narrative, as if that aspect is a lost memory. Yet, she hopes viewers will still feel a "sense of completeness" from each piece because the remainder of the narrative will be visually communicated.

One of the paintings in this series, "Hallucinate," exemplifies DePreker's aim for this collection and her style of modern art. She created this piece with formal techniques but utilized these techniques to create the abstracted effect she aimed for.

One formal technique she modified was watercolor. Conventionally, artists apply thin, transparent layers of pigment to their paper by dipping the brush, which holds the pigment, into water. Since the pigment is highly diluted, the pigments may run together or mix unless the layer has ample time to dry.

DePreker avoided this possibility with another technique of using tape to keep the face she partially represents from being obscured.

Usually, DePreker more concretely represents the subject of her pieces, and therefore the narrative is more legible. In "Hallucinate," she recreates this fragmentary face out of abstracted shapes.

In this way, DePreker intentionally omits part of the piece's narrative, which speaks to the sense of loss she evokes in her latest body of work.

Modern art is often excused by popular media as being aesthetically simplistic and one-dimensional, but this does not mean that its purpose is less significant than artwork from another genre. The simplicity of the piece may not be readily legible, but this does not restrict the piece's purpose, or the message the artist is communicating.

In fact, this exhibits the beauty of a modern piece of art — it can be read in endless ways, including, but not limited to, the way in which the artist intended for it to be read.

Although an artist of any genre is subject to questions of intent, artists of modern art arguably consider these questions more often, based on the misconceptions about their genre. DePreker is among these artists.

"Especially with modern art, you're trying to describe a concept that can't be seen," she said. "So you have to apply a lot of intellect to not only decipher what modern art is trying to say, but, if you're the artist, you have to make sure you're communicating something intelligent, and that's coherent. Even though it might not initially appear that way, you have to be able to justify the choices you make."

Modern art is highly conceptual, and without knowledge of the artist's purpose for the piece, the piece may seem one-dimensional and difficult to relate to. Yet once the artist's intention is understood, the



"Hallucinate" by Katie DePreker

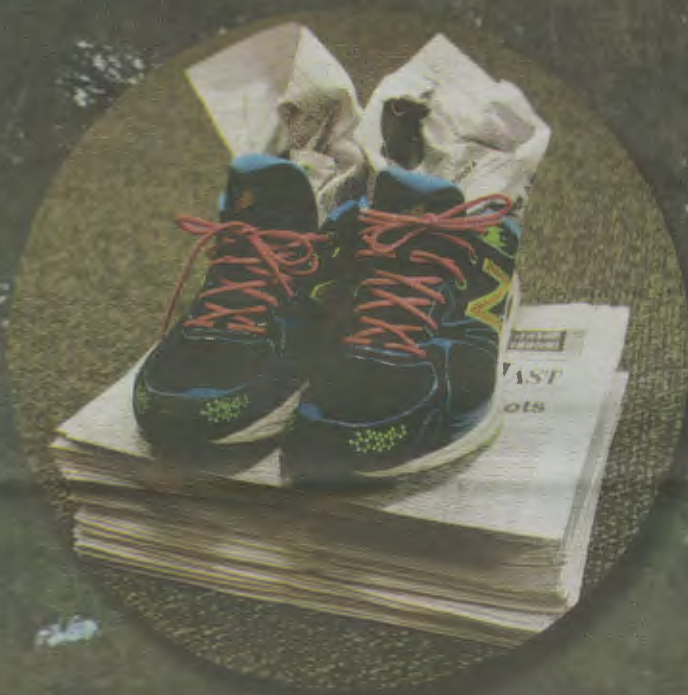
piece becomes dimensional not only aesthetically, but also conceptually.

In this way, there is more to

modern art than meets the eye. This article originally appeared online at <http://saxifrage.plu.edu> and has been edited for print.

HOW TO REUSE

Celebrating Earth Week



Keeping shoes dry

Taking an issue of the Mast, balling it up and putting it into a pair of wet shoes after a rainy day can help remove the moisture and smell that comes with wet feet.



Packing up in May

Before you pack up to leave for the summer, make sure you are fully stocked on issues of *The Mast* to use when packing.

Using newspaper to wrap glass or fragile items in a box can make all the difference. If you stock up now, you'll be ready to move out when the day comes in just a few short weeks.

What's going on?

Habitat restoration Work Party

APRIL 18

SATURDAY

The Habitat Restoration team is inviting the community to join them while they take an afternoon to remove ivy and blackberries around campus.

The team will work to construct better paths and landscaping areas around campus and the community.

1-3 p.m. at the lower steps of MBR

Earth Day lecture

APRIL 21

TUESDAY

The keynote lecture will be given by Carolyn Finney. Finney is visiting PLU from the University of California - Berkeley to share her lecture titled "This patch of soil: Race, nature and stories of future belonging."

7:30 p.m. in the Scandinavian Center

Sounds of Solidarity

APRIL 22

WEDNESDAY

At this event, participants are given the opportunity to express creatively through performances of happiness, grief, pride or other emotions.

The event will allow participants to use art to express themselves and take the opportunity to learn and appreciate other people's forms of expression.

7 p.m. in the Scandinavian Center

USE THE MAST

Earth Week and Diversity Week are sharing April 18-25. This year, Pacific Lutheran University is celebrating the two with events emphasizing the connections between the environment and social issues.

The keynote event will be on April 21 with Carolyn Finney's lecture, and there will be many other events throughout the week.

The Mooring Mast wants you to read responsibly, especially this week.

When you are done with your copy, use it again and tweet us a picture of you reusing your issue, @PLUMast.

Use your imagination! We've given you some ideas, but show us some of your own creations, too.



Having fun!

With just a couple minutes and less than two pieces of tape, you can turn an issue of *The Mast* into a fun hat (modeled above by first-year Marisol Espinosa) to wear to a party, a boat or use it to wrap presents.

Heck, you could even wear the hat to a party and give your friend a present, wrapped in *The Mast*. When they open the present? Boom. A toy boat made out of another issue of *The Mast*.

Check online at <http://www.mastmedia.plu.edu> for instructions and tips on making a boat or hat out of newspaper.

Washing glass

Newspaper has a special talent: it does not leave streaks on a window or mirror when cleaning it.

When the glass is wet, ball up a piece of newspaper and wash it just like you would with glass cleaner. It will leave your mirrors or car windows streak and fingerprint free.

**Faculty Panel:
One World**

**APRIL
23**

THURSDAY

This panel and audience discussion will consider issues of sustainability, environmentalism and climate change on a global scale.

The panel will be made up of representatives from the departments of geosciences, religion, anthropology and global studies. They will discuss how climate change affects cultures and individuals differently.

7 p.m. in the Scandinavian Center

**Film Screening:
"Growing Cities"**

**APRIL
24**

FRIDAY

The PLU Community Garden and Grass Roots Environmental Action Now are cohosting a documentary screening about the role of urban farming in America. The film also showcases how people's location affects what they eat.

The event is sponsored by GREAN and the PLU Community Garden.

6-8:30 p.m. in the Regency Room

Garden work party

**APRIL
25**

SATURDAY

The PLU Community Garden invited the community to help work in the garden by playing in dirt, planting seeds and growing community.

10 a.m. to 12 p.m. at the PLU Community Garden

Unplug: Social media makes us more alone

GEORGIA LAMB
AND LINA MALMO
Guest Writers

The first thing people see when they open up Facebook is the slogan, "connect with friends and the world around you on Facebook." Connecting with people has never been so easy.

Anna Caltabiano, writer for the Huffington Post, said that social media can become addictive and it creates a "dangerous illusion of being connected" through thinking these connections are sufficient replacements for real personal relationships.

Recently, Kelly Bauer, of shapemindsoul.com, made a reference to teenagers being called "screenagers" because of their obsession with smartphones and tablets to fulfill social

needs rather than in-person interactions.

In a research study by the International Center for Media & Public Agenda published in the Huffington Post, researchers found that social media users put more time and effort

Cutting out personal relationships in favor of online relationships has actually been scientifically proven to bring loneliness and feelings of stress.

into building online relationships, which causes their real-life connections to diminish.

Similarly, Mail Online published that professor Song of the University

of Wisconsin-Milwaukee found the lonelier someone is, the longer they spend on Facebook. Cutting out personal relationships in favor of online relationships has actually been scientifically proven to bring loneliness and feelings of stress. According to shapemindsoul.com, personal relationships allow the brain to release feel-good chemicals, relieving negative feelings and help people bond on an emotional level.

As college students, not taking the time to cultivate personal relationships will be detrimental not only to your personal health, but also to your ability to connect with others in your future career field. If you're feeling bogged down by stress or loneliness, a simple solution is just to power down!

Please
recycle your copy of
The Mooring Mast



Online dating: Get with the technological times

JEFF DUNN
Copy Editor



Dating in the digital age is something many people still haven't fully grasped.

I'm an online dating success story. Well, one half of an online dating success story. My significant other and I met on the online dating site OKCupid more than a year ago.

Online dating has exploded in the past year among college students, as it transitions from the realm of the taboo to a more

socially-acceptable practice. Apps and websites such as Tinder, OKCupid, Plentyoffish and more are making dating more accessible than ever.

This was my first encounter with an online dating website, and I've got to say, I don't see where all of the stigma comes from. Many people may be afraid that making an account on one of these websites will make them look desperate, but according to the PEW Research Center, more than 50 percent of Americans agree that online dating is a good way to meet people.

Another issue many people have with online dating is the lack of human interaction. Some might say that the level of personal connection required to form a romantic relationship just isn't possible to achieve online. The fault here, though, lies with the communicators. If you can't communicate well in an online setting, then online dating probably isn't for you (along with many other things our culture has embraced in the digital age).

I'll be honest. I have a hard time meeting new people. I've gone to parties. I've made small talk. But I felt like I was always missing connections with people. The stigma of being viewed as desperate by my peers definitely contributed to my initial discomfort with online dating. But, certain aspects did appeal to me.

As a college student, I didn't have much time to spend meeting people that didn't go to Pacific Lutheran

University. So having the ability to skim a few profiles in my free time at lunch or in between classes was awesome.

Sociology Professor Laura McCloud agreed with my assertion that sometimes compatibility can't emerge naturally from an "in real life" setting.

"Oftentimes, you do better matching people based on identities or social groupings rather than 'You like funny movies, my friend likes funny movies, you should get together sometime and see a funny movie,'" McCloud said. "That's not what compatibility is."

I also liked the idea of online dating because everyone's intentions are on their profile (more or less). Typically, what people were looking for was stated right in their profiles. The options on OKCupid range from "New Friends" to "Casual Sex" or "Long-Term Relationship."

Setting up a profile took some time, but realize that the more time you put into it the better matches you'll get. OKCupid has a great matching system where you answer specific questions such as "Who are you most

likely to reveal your deepest, darkest secret to?" Then, you rate the question on its importance, allowing you to quickly scan potential matches' profiles for information.

While some dating websites use algorithms to

determine compatibility, the dating app Tinder uses only location to filter the results of its users. Then, users swipe left or right on their screens if they see someone they're interested in.

Tinder has earned a reputation as being a "hook up" app, and it's often assumed that you won't be able to find a relationship on Tinder. That mentality definitely won't lead you to a relationship. You'd be surprised where you end up after taking a genuine interest in people you meet online.

The best part of finding a date online is the accessibility and personalization of the experience. Everyone is looking for something different in a relationship; all OKCupid did for me was match me with someone who was looking for the same thing.

...I've got to say, I don't see where all of the stigma comes from.



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Corrections

April 10 issue

The "Dance 2015" article on Page 5 incorrectly stated the dates. The showcase was on Friday, April 10, and Saturday, April 11.

SPORTS SCOREBOARD

Baseball

TEAM	WINS	LOSSES	CONFERENCE
Pacific Lutheran	23	9	15-6
Linfield	25	9	14-7
Whitworth	22	13	13-8
George Fox	16	19	12-9
Puget Sound	15	18	13-11
Willamette	20	13	10-11
Pacific	16	18	9-12
Lewis & Clark	8	29	5-16
Whitman	6	25	5-16

Next Game

Doubleheader: April 18 @ 12 p.m. & 3 p.m. vs Lewis & Clark



VS.

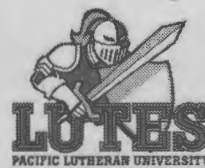


Softball

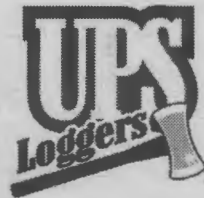
TEAM	WINS	LOSSES	CONFERENCE
Whitworth	27	9	18-6
George Fox	27	9	17-7
Pacific	27	11	17-7
Linfield	25	11	14-10
Pacific Lutheran	19	17	12-12
Willamette	15	19	12-12
Lewis & Clark	8	27	5-19
Puget Sound	4	32	1-23

Next Game

Doubleheader: April 18 @ 12 p.m. & 2 p.m. vs. UPS



VS.



Men's Tennis

TEAM	WINS	LOSSES	CONFERENCE
Whitman	16	5	10-0
Pacific	12	5	8-2
George Fox	13	6	8-3
Lewis & Clark	7	7	6-4
Pacific Lutheran	5	11	5-5
Whitworth	4	10	4-6
Willamette	3	12	3-6
Linfield	1	11	1-9
Puget Sound	1	10	0-10

Next Match

April 18 @ 1 p.m. @ Whitman



@



Women's Tennis

TEAM	WINS	LOSSES	CONFERENCE
Whitman	13	5	10-0
Lewis & Clark	14	3	9-1
Linfield	14	4	9-2
Whitworth	7	8	6-4
George Fox	9	9	5-6
Pacific Lutheran	7	7	3-7
Pacific	6	9	3-8
Puget Sound	2	9	1-9
Willamette	2	16	1-10

Next Match

April 18 @ 1 p.m. vs. Whitman



VS.



Men's Golf

NWC Spring Classic Top 6

TEAM	RANK	PAR	TOTAL
Whitworth	1	+48	608
Pacific Lutheran	2	+65	625
Willamette	3	+66	626
Puget Sound	4	+74	634
Linfield	5	+81	641
George Fox	6	+86	646

Next Tournament

April 25 NWC Championship @ Crosswater Golf Course



@



PHOTO COURTESY OF CROSSWATER GOLF COURSE

Women's Golf

NWC Spring Classic Top 6

TEAM	RANK	PAR	TOTAL
Whitman	T-1	+53	629
Whitworth	T-1	+53	629
George Fox	3	+55	631
Lewis & Clark	4	+74	650
Pacific Lutheran	5	+86	662
Willamette	6	+148	724

Next Tournament

April 25 NWC Championship @ Crosswater Golf Course



@



PHOTO COURTESY OF CROSSWATER GOLF COURSE

SPORTS SCOREBOARD

Men's Track & Field

Pacific Luau Meet: PLU Top 3 Finishes

NAME	EVENT	TIME	PLACE
G. Hittner	100m	11.07s	3
G. Hittner	200m	22.16s	3
N. Kime	400mh	57.14s	3
Bell, Daly, Hittner, Makupson	4x100mr	43.28s	2
T. Stephens-Brown	Shot Put	52ft 1in	1
T. Stephens-Brown	Discus	138 ft	3
T. Stephens-Brown	Hammer	172ft 3in	2
E. Swartout	Javelin	183ft 4in	2

Next Meet

April 18 Spike Art Invitational in Ellensburg, Wash.

Women's Track & Field

Pacific Luau Meet: PLU Top 3 Finishes

NAME	EVENT	TIME	PLACE
N. Dandridge	100m	12.83s	3
A. Wilson	200m	25.93s	3
A. Wilson	400m	59.7s	2
D. Domini	400mh	1:08.72s	2
P. Runco	High Jump	4-10.25 in	2
C. Stovall	Shot Put	38ft	1
D. Jackson	Discus	121ft 10 in	2
D. Jackson	Hammer	137ft 2in	2

Next Meet

April 18 Spike Art Invitational in Ellensburg, Wash.



For event recaps of each game, go to **golutes.com**

The official website for PLU Athletics

PHOTO COURTESY OF GOLUTES.COM

Photo recaps for this week

LEFT: First-year Caroline Dreher won her doubles match, 8-4.



PHOTO COURTESY OF KARLI FLOYD



PHOTO COURTESY OF JACQUI GUTIERREZ

LEFT: Senior Curtis Wildung received honors as national catcher of the week. RIGHT: First-year Mitchell Baldrige took third place in the NWC Spring Classic.

RIGHT: First-year pitcher Marissas Miller pitched against George Fox grabbing the win 9-8.



PHOTO COURTESY OF JAKE SHIER



PHOTO COURTESY JOHN FROSCHAUER

Hilliker's Highlights: PLU Football, a senior reflection

Austin Hilliker Sports Editor

"Make the big time where you are."

This saying may be short in length, but by no means does it fall short in its meaning. It has defined the Pacific Lutheran University Football team since 1972 when Forrest "Frosty" Westering first came to PLU and still stands true today.

The saying was established to focus on being a better overall person, not worrying about the amount of fans watching the game or getting treated like a celebrity on campus. The focus was extended past the gridiron, to the community, home and wherever else a PLU football player would venture off to.

Frosty came to PLU from Lea College, a small private liberal arts school in Alberta Lea, Minn. He was the head football coach there from 1966-1971, and accumulated a 27-22-2 record while there.

Despite an average record during his time at Lea College, something clicked for Frosty and his coaching staff at PLU.

He ranks ninth in wins in college football history, appearing in eight national championships and winning four of them.



PHOTO COURTESY OF GOLUTES.COM

Frosty has won over 300 games, placing him ninth overall for most in college football history.

Most people would focus on 303 wins, but to him, winning was just a by-product.

This philosophy still holds strong today as Frosty's son, Scott Westering, continues to live out the life-changing traditions and values within it. »

For the players within the rich and cultivating program, it's a rather simple concept that takes just a day to jump into, but almost four years to fully appreciate.

Reflecting as a senior

Being able to reflect on the PLU football journey is an experience all its own.

With all eligibility exhausted, senior Derek Kaufman found that this reflection process was unlike anything he had ever experienced before. Kaufman found that being a PLU football player was something special.

"For a football player specifically, it's different than being a part of any other team on campus," Kaufman said. "The reputation of the EMAL legacy left by Frosty places each player under an umbrella of morality whether they like it or not."

The acronym "Every Man A Lute," or EMAL, has been associated with the program for more than 40 years now. Each year it has brought together almost 100 young men with the focus of growing to be a better person.

The effects of the program

Once you have gone through the program and experienced its life-changing effects, it's hard to drop the habits you learn from it. Kaufman found this to be true all throughout his career and believes that the reputation of EMAL and the program itself carries what he calls "good weight."

"The life values given to each football player are second to none when compared to other programs," Kaufman explained. "It carries good weight because of the EMAL reputation of being selfless, a self-starter and a hard working individual."

Kaufman also said that not everyone can

understand the 'tight knit' group as well as its members can.

"Bad weight is only really from judgments made by people who see the EMAL persona as 'corny', but they can only really understand it if they experience being a football player themselves," Kaufman said.

Down the road

Now that Kaufman has been through the program, he is looking toward graduation this spring. He still holds on to a few key things from the program and doesn't plan on letting them go anytime soon.

At the beginning of every year, each player receives a notebook. Besides the playbook, passing routes and running schemes, the notebook also includes something special.

The guts of the book; known as the goal-setting program, influential sayings and poems, in addition to references of what PLU football is really about, is what has really changed these boys into men.

"The notebook is a gold mine in my eyes. I will look back to this from time to time however I believe the key values it preaches are instilled in me at this point," Kaufman said. "I will even teach my children these key values, that's how much it means to me."

The most notable part of this gold mine is the simple acronym of L.U.T.E.S.

To PLU football players, this acronym defines what each player strives towards.

The "L" stands for "love the game", the "U" stands for "uncommon", the "T" stands for "total release", the "E" stands for "enjoy the trip" and the "S" stands for "servant warrior."

To "love the game" is to soak in every moment whether it's a good day or bad day.

To be "uncommon" is to step outside the norm and do something positive that



PHOTO COURTESY OF DEREK KAUFMAN

Kaufman started as the Lutes free-safety during the 2014 season.

separates you from others.

To "total release" is to give it your best shot with 100 percent effort.

To "enjoy the trip" is to love every moment throughout your journey.

To be a "servant warrior" is to step outside yourself and help others while competing with a great spirit.

The program has altered so many lives for the better that Scott Westering, to this day, still gets letters from former players about how special the program was to them and what it has done for their lives specifically.

Like Kaufman, some of the men even say that their children, without a doubt will come to play for PLU.

"I wouldn't mind my children attending PLU," Kaufman said. "I'd like them to go where they actually want to go, but if they choose PLU I would be pleased," Kaufman said.

The program has shown that it has positive effects.

One of the biggest things that most of the players learn to understand is that you just have to make the big time where you are.

"The notebook is a gold mine in my eyes."

Derek Kaufman senior, free-safety

Lute could take his talents to the next level

Steven McGrain
Sports Writer

"The mindset is to not talk and praise how great of a performer that you are on the field, but let the work ethic and production speak for itself because that is all that matters at the end of the day."

This slogan is what drove senior Kyle Warner to a state championship at Tumwater High School his senior year. It is also the mindset he carried with him while on the campus of Pacific Lutheran University.

It's rare for a Division III football player to have the opportunity to continue playing professionally, but the Lutes' wide receiver is seizing every moment in pursuit of his dream.



PHOTO COURTESY OF KYLE WARNER

In 2010, Warner was the 2A State Player of the Year and helped bring a state title to Tumwater High School.

"Looking at Seahawks Chris Matthews in the Super Bowl put it in perspective that there is a possibility," Warner said. "No matter where you are, if you have the ability and right mindset, you could gain an opportunity."

After being rejected to attend the University of Washington Pro Day, an event for the top football players to show their skills to National Football League coaches, Warner knew the next avenue was to attend a Canadian Football League tryout.

"No matter where you are, if you have the ability and right mindset, you could gain an opportunity."

Kyle Warner
senior, wide receiver

Warner needed a contact to try out for the CFL, and he found advice from, Matt Johnson, a former NFL Safety for the Dallas Cowboys. Johnson aided Warner in his training to become the player he is today.

"Matt Johnson was a senior at Tumwater [High School] while I was in 8th grade. I came into contact with him, and he said that he knew a coach at Edmonton, so they knew I would be making the trip and what type of player I was," Warner said.

Warner flew to California to attend the CFL Pro Day to display his athletic ability to the Edmonton Eskimos. While on the plane, he came to the realization that he had everything to gain and nothing to lose.

"It was a valuable experience to travel down there, it was hard to stand out amongst the others, but it also kind of confirmed my belief of having the ability to continue playing," Warner said. "There is room to grow though, there always is."

There is a difficult obstacle that Warner is facing: the perception of a Division III football player. Not many gain a chance at a professional level, especially when they did not go to a Division I school, where the exposure would be more accessible or the talent does not compare to high tier programs.

Although there are only minimal examples of players coming from Division III football and Canadian Football League, they have become accomplished at the highest level.

Pierre Garçon came from perennial powerhouse in Division III football, Mount Union. He is now the number one receiver on the Washington Redskins. As mentioned before, Seattle Seahawks' Chris Matthews, who on the biggest stage recorded four catches for 109 yards and a touchdown.



PHOTO COURTESY OF GOLUTES.COM

Warner tallied 3205 total receiving yards off of 189 receptions in four years at PLU. He set the record for receiving yards in a season in 2012, with 1264 total yards.

Before playing for the Seahawks, Matthews worked at Foot Locker and played for the Winnipeg Blue Bombers in Canada.

Warner realizes the improbability, but knows his potential and the opportunity is there for the taking.

"N.G.U.N.N.G.U. is never give up, never never give up," Warner said. "A slogan from Tumwater that was instilled in me early on and an acronym I continue to embrace because it reminds me of where I came from and if I stick to it, I know I can accomplish anything."

Intramural spotlight

David Mair
Staff Writer

As a captain of her first intramural volleyball team, first-year Paige Lilly's team lost every game that season, but earned the rank of an all-star intramural athlete.

That team was compiled of a group of friends who had never played volleyball before, except for their captain.

It was the team's first win of the second season and was Lilly's proudest moment from playing volleyball at Pacific Lutheran University so far.

Lilly said of that first win "all of [their] hard work finally came together."

When Lilly thinks of why she enjoys playing volleyball so much, her immediate reaction is a grin and a "I don't."

Lilly played volleyball growing up on a club team in both middle school and high school.

The game of volleyball just seemed to make more sense to her. Lilly knows "what's going on in the game, the rules, and everything compared to other sports."

As soon as Lilly started her first year at PLU, she formed an intramural volleyball team during the first semester and since then she has been the captain of three teams for three seasons and plays in the current intramural volleyball season.

Now a three-time captain, Lilly has quickly gained a lot of experience during her first year. She said that her favorite aspect of being a captain has been "being able to pick friends to be on [her] team," and getting to "decide who gets to play what position."

Sophomore Christian Rude, who has played under the captainship of Lilly for one season, said she is a



PHOTO COURTESY OF DAVID MAIR

Paige Lilly was selected as an intramural volleyball captain as a first-year.

fierce competitor.

"I just really appreciate how Paige is willing to sacrifice her body on every point, it's really inspiring," Rude said.

Every Monday, Lilly can be seen with her team practicing on the beach court on lower campus.

Though she has the team practice on the sand, Lilly prefers hard courts because "it's easier to spike the ball on the courts," and it's "easier to run, easier all around."

It makes sense as her favorite position she enjoys on the court is outside hitter, along with server.

Lilly is currently just a player for a friend's intramural volleyball team.

Even though she is not a captain for the team, her role has not changed too much as she said, that people still look to her for game times and forming the lineup for each game.

While Lilly does not plan to go professional with her volleyball talents, since she is working hard to become a kindergarten teacher, she does want to continue to play intramural volleyball as a captain with her friends. For Lilly, volleyball simply "puts her heart at pace."



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