

The Mooring Mast

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Pacific Lutheran University

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Welcome to PLU, Newcomers! The Mooring Mast staff wishes you the best of luck.

Lutes face Alumni Saturday

Ranked number one in the pre-season NAIA Division II football poll, defending national champion PLU kicks off the home season Saturday, meeting the Alumni at 7:30.

This game benefits PLU's national tournament travel fund and is the only regular season home game in which

students and faculty are charged admission. Prices are \$4 family, \$1.50 adults, and \$1 students.

As in previous years, Lute Club is providing a free shuttle bus for students to and from games at Franklin Pierce Stadium, leaving the University Center at 6:30 and 7:00.

It's not the food that's bad

"Don't compare our food with your ma," says Food Service director Bob Torrens, "unless your ma was a bad cook."

"Horrors!" you gasp, "If the food is so bad the director complains, what can I expect?"

Actually, it's not the food you have to worry about at PLU, it's you and your concept of nutrition. Food Service offers a variety of entrees, including vegetarian options, at every meal. It even offers the old stand-by peanut

butter when you just can't stand liver or quiche another night.

Good campus eating habits begin with you. Don't feel like you have to eat your fill three times a day just because you are paying for it.

The dining halls are located in the Columbia Center on lower campus and in the University Center on the main floor.

The Columbia Center is not open for breakfasts or on weekends. The University Center dining room is open for

all meals, seven days a week.

Monday through Friday, breakfast is served from 7:00 to 9:00 a.m., lunch from 11:00 to 1:00 p.m. and dinner from 5:00 to 6:00 p.m. On Sundays, the "early bird breakfast" is from 8:30 to 9:30 a.m., brunch from 9:30 a.m. to noon and dinner from 3:00 to 5:00 p.m.

If, due to working schedules or other conflicts, you will be missing any particular meals regularly, you can arrange for a refund. This must be done at the beginning of the year, not

after you've missed 47 breakfasts.

If you require a special diet, or want to begin one, you can make an appointment with one of the dieticians in the UC to make special arrangements to make special arrangements.

If you are sick, and don't want to spend money getting special food, you can have a friend get you a "sick tray." This requires that your friend fill out a form at the UC or CC with information about your illness.

Wing or dorm activities can

be "catered" by Food Service. It can provide food or drinks or a whole meal. This has to be arranged with Food Service ahead of time, and requires collecting everyone's food number in advance.

If you have any comments, criticisms or suggestions about anything related to food service, particularly the food, place your comment in the suggestion box located outside the Food Service office in the UC. This is the only kind of feedback that the service gets and they encourage you to supply it.

You're not alone 1,000 new faces expected on campus

More than 1,000 new students will join the PLU community this week. Look around at their faces. These people—your fellow students—have close to the same hopes, dreams, fears and frustrations as yourself. The orientation program theme "Breaking and Entering," reflects the cutting of some strings with home and starting out in the world of PLU. All hope to get a degree. However, the unhappy fact is that only about half of those who enter as freshman ultimately complete a baccalaureate program.

Getting started on the right foot is important. This summer a panel of returning students were asked what they wished they had known as a new student. Here are a few of their comments:

- I'd have to learn to sleep with the lights on and the radio blaring.
- How lonely a Saturday night can get.
- I'd need an iron and the know how to use it.
- There would be no one to tell me to

do my homework before watching television.

—Not to get so busy that I don't have time for people.

—I would need to read faster and a lot more than I did in high school.

—That competition in the classroom would be tougher and professors would grade differently.

—That I shouldn't be afraid to ask questions.

—That getting involved in campus life helps ease the tensions and sometimes can even be fun.

—That I could save money by buying books from other students rather than just in the book store.

College can be an exciting time because it is a challenging time. The challenge comes in part from the lure of new intellectual frontiers, but it also comes from learning to deal with new people and from taking advantage of the many opportunities for enrichment and self development.

Campus Safety encourages use of the escort service

Campus Safety and Information Director Kip Fillmore is encouraging all students to use the escort service provided by his department.

"We're not a taxi service," Fillmore said, "but we don't want anyone walking alone at night if they can help it."

The escort service is available 24 hours a day and can be used to go to both on and some off campus locations. Call extension 7441 if you want an escort.

New developments this summer include a fenced in and expanded

Tinglestad parking lot. New lights were also added.

Fillmore said that the new lights and fence should help prevent vandalism, which has been a problem in recent years.

Campus Safety is responsible for turning on the outdoor track and tennis court lights when the weather is good. Students interested in having the lights turned on for them should contact the Campus Safety office.

Campus Safety is located in Harstad Hall on upper campus.

It's how much of it you eat

The Mooring Mast

This special orientation issue published weekly by the students of Pacific Lutheran University under the auspices of the Board of Regents. Opinions expressed in the Mast are not those of the regents, the administration, the faculty, the student body or the Mast staff.

The Mooring Mast is produced by Tom Koehler and Eric Thomas with the help of Jim Kittelsby, PLU sports information director, Ron Tellefson, campus pastor, and Marv Swensen, director of student activities.

Campus jobs help students meet costs

Students seeking jobs on campus or under PLU's work study program can apply through the Career Planning and Placement Office in the University Center. Minimum wage jobs are available.

According to a CPPO employee the advantages of working at PLU are that "it builds time management skills, as well as interpersonal skills, budgeting practice and sense of independence."

One campus employer is Food Service where jobs are available as food servers and dishwashers.

Campus Safety hires students to receive phone calls, keep in contact with officers and maintain records for eight hours at a time.

The University Center also employs information desk workers who sell candy, magazines, cigarettes, answer the phone and give out general university information.

Housekeeping and Maintenance hire students to do a variety of chores. Many clerical positions in university

administrative and academic departments are filled by students. Students can also work for the library and the mailroom.

Students wishing to sharpen their writing skills may write freelance articles for *The Mooring Mast*. *The Mooring Mast* pays 40 cents per column inch of writing. There is also bucks to be made selling advertising.

Working at a dorm desk is a possibility for students with work-study eligibility. To qualify, a student must have a work-study award from the Financial Aid Office and be willing to sign up for at least 10 hours per week.

Work-study students are provided with first choice of all available jobs, however, students may not exceed their award and must terminate their employment before they exceed it.

Further information may be obtained by calling the Career Planning and Placement Office in the University Center.

Prime study locations 'just around the corner'

It's only a few days into the semester and already you've found that you can't study in your dorm room. Don't panic. There are a number of places on and around campus where you can go.

The Coffee Shop can be a good or a bad place to study depending on the time of day. Afternoons, between two and five, and evenings after the dinner rush are best. If you like solitude, choose a table towards the back.

The piano practice rooms on the lower level of the UC across from the Career Planning and Placement office are as quiet as a morgue. These rooms are great for practicing speeches. However, they are usually crowded and music students who need to practice have priority.

The Cave has a following of loyal devotees who swear they

study better there than anywhere else. The coffee is cheap and you get background music. Unfortunately, the lighting is bad and it's often too noisy.

The laundry room in your dorm can be a good hideaway, but you'll have to get used to hearing clothes clunking around.

Studying under the stairs in the UC works if you don't try to study during the lunch or dinner rush when is sounds like a herd of bulls trampling down the stairs. Sometimes, the meeting rooms in the UC can be opened for study. Ask the building supervisor.

Of course there is always the library. If you can find a hole to crawl into studying isn't too bad. Usually it's just too noisy and toward the end of the semester seats are hard to find. The stacks in the basement are

fine, if you like dead silence, solitary confinement, and can study in a chilling 40-degree atmosphere. If you don't want to crawl back upstairs into the bright light squinting like a mole, the stacks are not for you.

Denny's on Pacific Avenue is usually quiet in the wee small hours for studying. The tables are large enough and most of the waitresses don't mind students camping there all night (just leave a decent tip). The coffee can be a bargain if you go through four or more cups, and it's the only place that is open all night.

Some students are lucky enough to live off campus or have off-campus friends. If you're one of those students, crash your friend's apartment.

Health Center offers first aid

PLU's Health Center, located on the corner of Park and 121st Street, provides outpatient services for PLU students and staff members.

The Health Center administers physicals for varsity athletes, private physicals, diagnosis and treatment of minor medical problems and injuries, as well as, allergy programs, casts,

papsmeas, immunizations and lab tests.

Counseling in regard to general questions, weight control, stress, anxiety, and sex education is also available.

People interested in birth control can be counselled and advised by the center as to the methods available and what effects they may have on them. A full physical can also be

had. Student insurance is also available.

Medical tests which are not paid for at the of administration will be referred to the business office and put on the student's bill.

A chart listing all fees is posted in the Health Center.

Campus Ministry Committed to Reformation

The pastors and staff of PLU's Campus Ministry are committed to develop a ministry which is, according to campus pastor Ron Tellefson ...committed to the theological heritage of the

Lutheran Reformation. ...expressive of the liturgical tradition of the Church. ...responsive to the development of church leadership for the future. ...affirmative of a lifestyle of

servanthood in a pluralistic world.

The Campus Ministry Office is located on the lower level of the University Center. Office hours are 8 p.m. to 5 p.m., Monday through

Friday, and as needed for programs and events.

The program includes the University Congregation which has two services each Sunday and other activities during the week; chapel

services held at 10 a.m. each Monday, Wednesday and Friday; evening vespers; devotions in residence halls; pastoral care and counseling; and special programs.

The full time pastors are Tellefson and Ron Vignec.

Luboff, Herman to head Artist Series docket

Two long-time entertainers, Norman Luboff and Woody Herman, head the list of featured performers being offered this year by the PLU Artist Series.

Season tickets are now on sale for the six-program series, which opens September 30 with the widely-acclaimed Seattle-based Bill Evans Dance Company, the company, which will perform in Eastvold Auditorium, is touted for its flawless technique, powerful choreography, emotion and raw energy.

Luboff, one of the nation's acknowledged leaders in choral music, brings the Norman Luboff Choir to

PLU October 24. The choir, which will perform in Olson Auditorium, offers a broad range of music, from sacred and secular-classical music to popular music, folk songs and spirituals.

For the second year, the PLU Artist Series will be cooperating with Tacoma Philharmonic to bring the Seattle Symphony to Tacoma February 3. The Olson Auditorium program, under the baton of Richard Buckley, will feature internationally-known violin soloist Edith Peinemann, who will perform works by Mendelssohn and Strauss.

Free Flight, a classical jazz ensemble, will perform in Eastvold Auditorium February 18. The group,

which, spotlights flutist Jim Walker and pianist Mikeko Levin, has received plaudits for its unusual improvisations in which both classical and jazz styles mingle and reappear, each colored by the other.

Celebrating his 45th year as a band leader, Woody Herman performs in Olson March 20. Unlike the nostalgia bands, Herman keeps pace with musical times, offering a repertoire as exciting to today's college students as to his old-time fans.

The final featured program April 19 is a change of pace, with actor William Windom appearing as the legendary war correspondent Ernie Pyle.

Windom, who will perform in Eastvold Auditorium, is best known for his Emmy Award-winning role in the television series, "My World and Welcome to It." The show and a previous PLU appearance two years ago featured the wit of the late humorist-author James Thurber.

Artist Series season tickets are on sale at the PLU information desk. The \$24 series fees represents a 40 percent savings over single program admission prices.

For more information call, 535-7457.

Lute athletic programs gear up for fall

Gym rats, bleacher bums, intramural addicts, fitness folks, designer sweat outfit exhibitionists, and varsity sport hopefuls will find a wide range of athletic offerings on campus this fall.

Campus bulletins, dorm signs, and bulletins in Olson Auditorium will herald upcoming intramural activities.

Olson Auditorium, hub of rec activities, will resume regular fall hours on Monday, September 7. Olson is open from 8 a.m. to 9 p.m. Monday through Thursday. Fridays' hours are 8 a.m. to 6 p.m., Saturday 10 a.m. to 4 p.m., and Sunday noon to 4 p.m.

Interest meetings will be called by varsity coaches whose sports are in season (and sometimes out of season). These, too, appear on bulletin boards and the Campus Bulletin. One of the first such get-togethers is for walk-on football players tomorrow.

Practice times vary between sports, but are generally in the 3:30 to 5:45 range.

PLU football is coming off a national championship season and the outlook for 1981 is good. Named number one in the recent NAIA Division II national pre-season poll, the Lutes have 27 lettermen back.

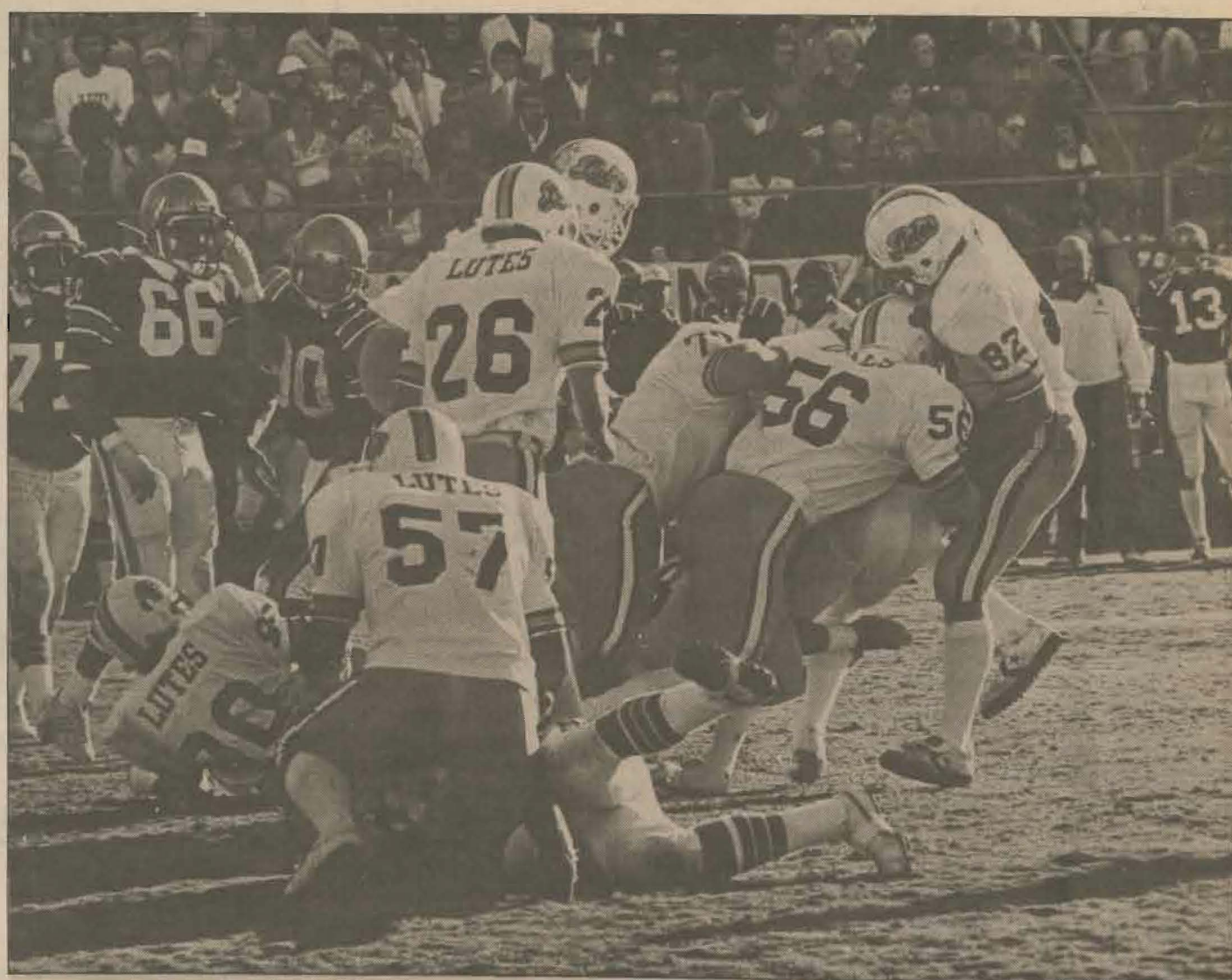
PLU students can attend all regular season home games free, with the exception of the September 12 Lute-Alumni game at Franklin Pierce Stadium, which is a special annual benefit for national tournament travel. The cost for that game is \$1. Bus service to FP is available.

While rebuilding the offensive and defensive interior lines will be a formidable task for coach Frosty Westering, PLU is well-stocked with running backs, promising at quarterback, and solid at the ends. Defensively, the Lutes are strong in the secondary, stable at linebacker.

PLU's running game is sparked by senior all-district fullback Mike Westmiller, who rushed for 830 yards in 1980. The defense is anchored by linebacker Scott McKay, a second team NAIA All-American, and senior tackle Greg Rohr, who bears honorable mention All-America credentials.

With defense its strongest suit, PLU may get dealt a fair share of winning hands—or feet—when it shuffles into NWC and WCIC soccer this fall.

Second-year men's coach Arno Zoske is planning some position switches



among his veterans, hoping to generate a little more offensive punch. The Lute boots were 7-4-1 last year, second in the Northwest Conference with a 3-1-1 slate. Key figures include senior playmaker John Larsen and senior center forward Axel Arentz.

Lady Lute kickers are in the inaugural year as a varsity sport, but are hyped by a 11-0 rec league mark notched last spring. Playing in the Women's Conference of Independent Colleges, PLU will have to prove its worth on offense, where it lost three attack players. Coach Colleen Hacker's top returnee is senior center halfback Judith Logan.

Kathy Hemion hopes that 1981 volleyball is more than a passing fancy. The Lady Lutes were thumbs down in the passing department last year, which contributed to a 3-19 record. PLU has

some strong hitters, including junior Cindy Betts, sophomore Carie Fasholz, and senior Tracy Vigus.

Cross country coach Brad Moore has already prepared a postscript for the late-fall coed team party: "A good time was had by all."

Good times are forecast for the Lady Lutes, who are on sound footing, with five returnees from a squad which was eighth nationally in AIAW competition. Moore thinks the ticks will be reduced for the men also, with five pathfinders back from 1980.

The Femlutes, second in both WCIC and NCWSA meets, will have two all-conference and all-district runners in suit, sophomore Kristy Purdy and senior Dianne Johnson. PLU men, fourth on both NWC and NAIA District 1 paths, will be led by all-conference sophomore Zane Prewitt.

Above: A swarming PLU defense, sometimes coined the "Smothers Brothers" for its exploits, is a major contributor to the very successful Lute football program. The Lutes won the NAIA Division II national championship last year after placing second the year before.

The Lutes, who have dropped just three games in the last two years, will tune up for the regular season with the annual Alumni game Saturday at 7:30 p.m. in Franklin Pierce Stadium.

ASPLU offers a chance for involvement

Every student at PLU is a member of the Associated Students of Pacific Lutheran University (ASPLU).

The ASPLU senate, comprised of four executive officers and nine senators, is the chief group responsible to the PLU student body, for matters concerning student representation. However, ASPLU is not limited to just the senate. Two other operations are:

The Cave. Located at the base of the University Center, the Cave serves the students as a coffee house, owned and operated by the students. Reasonably priced, the Cave's bagels and submarine sandwiches head the list of favorites among its customers. The Cave's entertainment is

also popular. Regular programs in the past have been video-taped movies, guest performing artists, Jazz-in-the-Cave, and Maranatha Coffee House. Whatever the reason, food or entertainment, the Cave is a popular place to meet a friend and pass the time. The Cave Director is Paul Martin and his assistant is Bill Fletcher.

Outdoor Recreation. Operating out of the games room in the UC, Outdoor Recreation boasts a wide variety of items that are available to students for check out at a very reasonable price. Tents, sleeping bags, skis and accessories are among the many items that are rented out to students. In addition to this service,

Outdoor Rec sponsors a broad range of weekend activities. Some of these include backpacking, cross country skiing and river rafting. The director is Julie Perman.

ASPLU is comprised of many programming committees. Some of the more well known ones are the Artist Series, the Lecture Series, Homecoming, Formal Dance, Entertainment, Special Events, Movies, Dad's Day, and Parent's Weekend.

Information regarding any of ASPLU's programming committees can be obtained by contacting Jacki Spencer, program director, or Teresa Garrick.

ASPLU is also orientated towards providing service and rental equipment. Contact the

ASPLU office for details.

ASPLU provides the opportunity for students to set and maintain policy and to offer direction concerning some of their activities.

Committees involved in this action include Election and Personnel Board, Student Activities and Welfare, Publications Board and the University Center Board. For any information about these and other related committees contact Marv Swenson, director of student activities, extension 7450.

ASPLU is not solely concerned with the social aspect of college life. There are several committees in the area of academia on which the students' voice can be heard. These committees are

Academic Concerns, Admission and Retention, Educational Policies, Honors Council, Interim, and Rank and Tenure. For information regarding any of these committees contact Brendan Mangan, vice president.

For your information these are the elected personnel to the 1981-82 senate: John Kist, Dave Batker, Betty Bekemeier, Bruce Berton, Cheri Cornell, Dave Gremels, George Pender, Kent Ross, and Leslie Vandergaw.

Executive officers are Jacki Spencer, program director, Judy Mohr, comptroller, Brendan Mangan, vice-president, and Alan Nakamura, president.

Orientation Schedule Summary

Sunday, Sept. 6

11:00 a.m.	Morning worship	University Center
2:30 p.m.	New students convocation	Eastvold
3:00 p.m.	Parents reception	University Center
3:00 p.m.	ABC's of becoming part of PLU	
	On campus students	Eastvold
	Off campus students	Xavier
4:30 p.m.	Transfer students meeting	Xavier
6:30 p.m.	Evening worship	Chris Knutzen
7:15 p.m.	Playfair	Memorial Gym
1:00 p.m.	Off campus party	Cave
	Residence Hall meeting	

Monday, Sept. 7

8:30 a.m.	Advising orientation	Eastvold
10:30 a.m.	Departmental interest meetings	
1:00 p.m.	Survival seminars	Eastvold
6:30 p.m.	Gonyea open house	
9:30 p.m.	<i>Star Trek</i> movie	Chris Knutzen

Tuesday, Sept. 8

All Day	Breaking into your future career Interest and information sessions	
6:30 p.m.	UC open house	

Wednesday, Sept. 9

10:00 a.m.	Opening convocation	
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Friday, Sept. 11

3:00 p.m.	Dog Patch Olympics	
5:00 p.m.	Picnic (Frosty's talk and cheerleaders)	

Saturday, Sept. 12

7:30 p.m.	Varsity-Alumni football game	
9:30 p.m.	Dance	

Highlights

Playfair. For the last two years, Playfair has been a highlight of orientation week. Yet almost no one who has participated in it can explain just what happened in a way that really expresses the essence of the program. Everyone agrees that they had a great time. Here is a chance to get to know one another in an informal setting. The event features non-competitive games, humor, and play. Wear your tennis shoes and casual clothes. Location and time: Memorial Gym, Sunday, September 6 at 7:15 p.m.

Gonyea House Reception. President and Mrs. Rieke invite new students to their home each fall and ASPLU provides the transportation. You will enjoy meeting the Riekes and seeing the beautiful grounds and house. Time: Monday, September 7 at 6:30-9:50 p.m.

Star Trek movie. *Star Trek* fans waited a long time for the *Star Trek* movie.

It's free and will be held in Chris Knutzen Hall in the University Center at 9:30 p.m. on Monday, September 7.

University Center Open House. The biggest social evening of the week, the evening features folk singer Josh White, Jr. A nationally known recording artist, White will be making his third PLU appearance. He will do two shows as part of the open house. Other parts of the open house will be displays of local businesses and campus clubs, free bowling and food, the Orientation Quiz Bowl, free ice cream in the Cave, and dancing in Chris Knutzen. Time: Tuesday, September 8.

Dog Patch Olympics. This annual competition features a unique relay race and the famous "izzy dizzy" event. Preliminaries are set for Friday afternoon on Foss field with the finals at half time of the PLU-Alumni football game Saturday.



Nationally renowned recording artist Josh White Jr., who has appeared in five Broadway shows and 50 television dramas, will perform twice on Tuesday September 8 as a part of the UC Open House festivities.

Campus activities provide something for everybody

College. It's quite a step tumbling from the hard earned pinnacle of seniorsville to that of freshman you'd thought was safely stored away in a forgotten four-year-old high school annual. You've got everything to learn about a new situation in a new atmosphere.

No longer can classes be equated with "pieces of cake," good study habits are formed by necessity, complete with all-nighters and no-doze.

At the same time, don't let anyone tell you studies are the only thing to occupy your time. For openers, PLU offers a highly successful intercollegiate sports program featuring everything from water polo to soccer. There is also an intramural program second to none in the state in either offerings or participation.

For spur of the moment athletes, PLU has one mile *Joggerunden* running course, tennis, squash, and handball courts. There are also weight and isokinetic rooms available.

Another athletic activity guaranteed to work off the late night doldrums is the famous "Midnight Hoops." Held thrice weekly in Memorial Gym from 7 p.m. to midnight, it's rat basketball at its best, which means plenty of shooting and no defense.

For weekend excursions into the out-of-doors, Outdoor Recreation

sponsors trips for backpackers and skiers. Rental equipment is provided for individual use, as well as is a games room complete with pool, foosball, bowling, video and pin-ball machines and more.

Popular daytrip sites around the area include Pt. Defiance and Spanaway parks, Mount Ranier, and the Puyallup Fair.

Other activities are available: **Choirs.** Audition times and sectional rehearsals for the PLU choirs are posted in Eastvold Auditorium across from room 227 on the main bulletin board. For further information contact the music department at extension 7601.

Debate/Forensics. For information concerning competition and meetings of the PLU forensics program, check the bulletin board in the main hallway of Eastvold.

Drama. The theatre department puts on a variety of shows yearly, with auditions open to all PLU students.

Focus. Focus is PLU's on-campus television show. No experience is required. Contact the communications arts department for details.

Mooring Mast. *The Mooring Mast* is PLU's student run newspaper. No experience is necessary to start, but it is helpful. Call extension 7491 for information or come to the offices in the UC Mezzanine.

Travelling a must? Take the bus

You had to sell your car in order to pay this year's tuition, and now you don't have any wheels. What do you do now? Take the bus, that's what.

Pierce County Transit offers bus service to most places that students need to get to.

The following is a list of places and how to get to them. Call Pierce County Transit for specific schedules.

Downtown Tacoma. Take the bus at the stop across from Harstad Hall, on the corner of Garfield and Park, then take any of the Spanaway/Parkland buses that come your way. Flash your ID card and ride for 20 cents (25 cents regularly). Schedules are available at the University Center information desk.

Tacoma Mall. Catch the bus at Garfield and Park and get

off at 38th and Yakima—don't forget to get a transfer. Then let the Manitou bus chauffer you to the Mall. Reverse the process for the return trip.

Seattle/Sea-Tac Mall. Tacoma and Seattle transit systems have finally made connections so that you can ride all the way to Seattle by city bus.

First, get to the main Tacoma bus terminal on 12th

and Commerce by taking the downtown Tacoma bus described above.

Use your transfer to board the Federal Way bus and pay an additional 50 cents (75 cents without the transfer.) You will ride about 30 minutes before you reach the end of the line.

To go on to Seattle, get off at the 324th Street Park-N-Ride Metro stop. Transfer to the Seattle bus, paying another

75 cents (no transfers accepted from Tacoma transit here). Ride approximately 30 more minutes to get to downtown Seattle. Reverse the process to get home (remember where you got off in Seattle!).

The Federal Way bus leaves Tacoma approximately every hour, but call Pierce County Transit to get specific times.

Now that may sound like time and money to you, but it saves in the long run.