

# THE MAST

Pacific Lutheran University



## Mens Soccer dominates

Record now 4-0 in conference  
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## 'Sign Me Drive' excels again

Progress program beats last year's record  
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OCTOBER 2, 2009

www.plu.edu/~mast

VOLUME LXXXVI NO.4



Photo courtesy of the Women's Center

Washington University students Stephanie McMechan (left) and Becky Pengelley (right) pose for a similar campaign that was done at their school in St. Louis. PLU will present similar pictures of students on Oct. 21.

## Lutes lose insecurities

'Love Your Body' campaign will bear it all

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The Pacific Lutheran University Women's Center wants to show the world what 'beautiful' really is.

Women and men of "all shapes, sizes, and colors" are welcome to come pose "seemingly nude" for pictures to support the Love Your Body Day campaign, said Women's Center Intern Lauren Fuglevand.

This photoshoot will be held in private rooms, by pre-made appointment, at the Women's Center on October 4 and 5.

"Seemingly" nude means that each participant will hold a large heart with the words "Love Your Body" printed on it, which will cover the underwear and bra, swimsuit, or whatever the individual feels comfortable in.

These pictures will be presented at the main event on October 21 and then placed in a more permanent display somewhere on campus. Fuglevand said she has been surprised and excited by the enthusiasm shown for the photoshoot. Within 24 hours of sending out an e-mail asking for volunteers, all of the slots had been filled.

She sees this as indicative of the larger PLU community's response, which she anticipates will be positive.

"People see nearly naked models everyday in magazines. What's wrong with nearly naked *real* bodies?" Fuglevand said. "They're not showing any more than people would show in a swimsuit. It's just the *idea* of people being naked that's a big deal."

She hopes that people will see that everyone in the pictures is proud of his or

her body and be proud as well. This vision seems to be the driving idea behind the photoshoot.

"I don't always act comfortable with my body, but deep down I really love my body," said sophomore Rachel Smith, a photoshoot participant.

She said the photoshoot will be a "chance to celebrate my body ... and maybe others will see this and it will encourage them."

Sophomore Joanne Nyugen, who also plans on attending the photoshoot, hopes that people will see the pictures and say "look at that girl, if she can pose like that with hardly any clothes on and be confident about it, than maybe I can too."

This method of encouragement through photos is meant to counteract the media's portrayal of the ideal body type, Fuglevand said.

"The ads and media have a strict definition of 'beautiful'... but most people don't look like models, which is great. It doesn't mean you're unhealthy," Fuglevand said. "With advertisements, your body always needs more work, something is always wrong with you, just so you will buy the product."

Nyugen agreed that this unrealistic standard is harmful and that the issue should be addressed.

"You don't know where the boundaries are," Nyugen said. "What's beautiful and what's not?"

The Women's Center will team up with the Diversity Center to put on the main event for Love Your Body Day.

Fuglevand said that the decision to go ahead with the photoshoot was made after discussions within the two centers'

SEE LOVE PG. 3

## Senior battles obesity, stereotypes

Carrie Draeger  
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When doctors told senior Jake K.M. Paikai that if he did not lose massive amounts of weight it was likely he was going to die, he did not take the news lightly.

He was terrified. "My life is severely limited because of my weight in more ways than the obvious," Paikai said. "It's kind of like this big ball of trouble. And on top of that, there is the constant fear that I am going to die."

Doctors recommended that Paikai, who is morbidly obese, have weight loss surgery to help him lose weight and keep it off.

"When I went to the doctor's office I think that they were scared too," he said.

Paikai's entire family has struggled with weight issues for as long as he can remember.

"I was born 11 pounds four ounces to a mother who was morbidly obese," he said. "This has never not been an issue for me."

The disease comes with multiple health problems. Paikai is at high

risk for heart disease, diabetes and cancer. Doctors told the 22-year-old that his knees were, respectively, in the same condition as that of a 40- and 80-year-old man.

"[The conditions are] not like syndromes, they're things like I can't walk ten feet or I can't sleep at night because its hard for me to breathe," Paikai said.

"People often think that I think that surgery is an easy fix. But it's a really convoluted and complicated process," Paikai said. "I do understand that this is a hard road."

Paikai will have two weight loss surgeries. Normally patients only have one surgery.

"I'm not even a typical morbidly obese patient," he said.

The first surgery will happen in December. Swedish Medical in Seattle is paying for as much of the surgery as they can.

The rest will be covered by the money raised through Paikai's Web site, mybypassurgery.com.

The site earned over \$2,000 in donations in the first week it was up in early August.

The Web site generated local, national and international media attention. Paikai's story was

featured on KOMO-4 television, CNN and even a German television network, which lead to calls to Swedish asking for help for Jake.

Paikai and his friends started the website to raise money for Paikai's surgery and to promote awareness about morbid obesity as a disease.

Jake's educational passion has led him to pursue many leadership positions at PLU. He has served as a resident assistant, Reike Scholar, diversity advocate, co-editor of Saxifrage and co-creator and co-commissioner of Harmony, PLU's queer awareness club.

Despite his love for involvement, it is a psychological struggle for Paikai to even leave his house.

"I think people would be surprised to know that I really hate leaving my house because I have to deal with the abject judgment of strangers constantly," he said. "I can walk into the UC and see people who don't know me staring at me."

One of the hardest aspects of being morbidly obese is the way people treat him, Paikai said.

"What I normally hear is all you need to do is get off your fat

SEE PAIKAI PG. 3



Senior Jake K.M. Paikai, pictured above, is having two weight loss surgeries to help him lose weight. His mother (top right, top left) had the surgery 17 years ago.

# Sign me drive raises \$3,100

Photos by Ted Charles



**Above:** Junior David Steele rallies first year Kelsey Yonce to Progress's cause while scouring The Commons for dollar bills. Steele and the other members of Progress could be seen everywhere on campus from early in the morning to late in the afternoon.

**Right:** Professor Brenda Ihssen of the Religion Department traces the symbol for Allah on the forehead of Sophomore Lizzie Kurtenbach. Dr. Ihssen had her Islamic Traditions class vote on the choice of iconography and artfully inscribed it during the break for chapel.

**Left:** Sophomore Mercedes Begley composes Chinese characters on the arm of Junior Sydney Jaimes. Begley caught Jaimes in front of campus concierge around lunchtime.



A chilly September afternoon did not stop a group of Pacific Lutheran University students from running around campus in sports bras, shorts and spandex.

Progress, a student based organization dedicated to raising

money for children without healthcare coverage, held its semi-annual "Sign me drive."

The students asked members of the community for small donations in exchange for the chance to put the donor's John Hancock somewhere on

their bodies.

This is the largest amount of money has raised since they started the drive. Last spring they raised nearly 2,300.

Carrie Draeger and Ted Charles contributed to this story.

## HappySAD documentary promotes PLU study abroad

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The opportunity to study abroad on any continent has often drawn prospective students to Pacific Lutheran University.

The film HappySAD is another means to promote PLU's study abroad program to Trinidad and Tobago while also embracing diversity.

HappySAD will be showing in the Chris Knutzen Hall on Wednesday Oct. 7 for PLU students and prospective students.

"I want PLU students to know that this is an opportunity to increase cultural awareness and literacy," said Melanie Cunningham, associate director of administration and coordinator of multicultural recruitment. "The community is going to see how it is to be a student at PLU."

The event will begin with a reception at 6 p.m. for prospective students during which they can interact with current PLU students.

At 7 p.m. the film will be shown, which will be followed by a question-and-answer period with Dianah Wynter, Emmy nominee, HappySAD director and Professor at California State University at Northridge.

"I am bringing the film to PLU for educational purposes and for students to ask about the process of filming," Wynter said. "The fact that PLU has an exchange program with Trinidad is also a factor."

Students studying abroad at PLU from Trinidad and Tobago will be present at the event to speak about some of their experience in Trinidad and to perform.

HappySAD is an ensemble drama filmed

on location in Trinidad and Tobago.

"It's a heart-warming story," Wynter said. "I only want to tell stories where people can grow from the experiences of the film."

The film is about a teenage girl named Mandy Graham (Angel Ross) who was born and raised in Trinidad by her irresponsible, party-girl mother.

Despite her mother's wayward life, Mandy creates order in her life by playing soccer and she dreams of receiving an athletic scholarship to play in college.

Mandy's plans go awry when her mother is unexpectedly incarcerated and she is shipped off to live with her father and relatives whom she has never met, on the tiny island of Tobago.

HappySAD is a story of love, pain, victory and redemption, Cunningham said.

"I like dealing with young issues, different crises and problems that people go through," Wynter said.

Wynter was also attracted to the film because she got the chance to work with emerging talent; for most of the actors, HappySAD is their first film.

This provided Wynter with the opportunity to balance two things she is passionate about: teaching and filming.

Meanwhile, the HappySAD event is another way for both current and prospective PLU students to inquire and care about other cultures, which is part of the PLU Mission Statement.

"My job is twofold," Cunningham said. "I want to always make sure we value students on campus and bring the community [on to] campus. I have to create an opportunity for current students and prospective students to meet up."



## What to do if you Get the FLU

- 1) Self-isolate in your room.
- 2) Do not go to class. Email your professors and let PLU know via email at [flu@plu.edu](mailto:flu@plu.edu)
- 3) Do not go to the dining hall. A friend can pick up a "Sick Meal" for you from the Dining Commons. Order it online at [plu.edu/~dining/sick.htm](http://plu.edu/~dining/sick.htm)
- 4) If you have a temperature, take ibuprofen or Tylenol 
- 5) Drink plenty of fluids. 
- 6) Review the [plu.edu/flu](http://plu.edu/flu) website for complete details about care.

**How to Avoid the Flu:**

Wash your hands/use hand sanitizer often. Don't share beverage containers, eating utensils, toothbrushes, etc. Eat healthy, get plenty of sleep, and get your seasonal flu shot. Limit contact with people who are sick.

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STATE, NATION and WORLD BRIEFINGS

# Local to Global

## China's 60th communist anniversary stirs unease



AP Photo/Vincent Thian

Chinese military tanks parade past Tiananmen Square during a military parade marking China's 60th anniversary in Beijing, China, Thursday Oct. 1.

Charles Hutzler  
ASSOCIATED PRESS WRITER

BEIJING (AP) — China celebrated its rise to a world power over 60 years of Communist rule Thursday, staging its biggest-ever parade of military hardware with over 100,000 marching masses in a display that stirred patriotism — and some unease.

Police blocked off a wide area around central Beijing's Tiananmen Square for the 60th anniversary of the People's Republic. People were told to stay away and watch the events on television, though that did not dampen a festive air as residents gathered in homes and alleys.

President Hu Jintao, dressed in a gray Mao tunic instead of the business suit he usually wears, reviewed the thousands of troops and hundreds of tanks and other weaponry, shouting "Hello, comrades" while riding in an open-top, domestically made Red Flag limousine.

During the two-hour-plus festivities, more than 100 helicopters, communication airships and Chinese-made fighter jets flew over the city in formation.

After the armaments, 60 floats celebrating last year's Beijing Olympics, China's manned space program and other symbols of progress rolled by as tens of thousands of students flipped colored cards in unison to make pictures of lucky symbols and spell out political slogans.

The events were meant to underscore what Hu called the "great rejuvenation of the Chinese nation."

Security in Beijing has been intensifying for weeks over worries that protests, which are common in China, or an overexuberant crowd might mar the ceremonies.

Parts of central Beijing were sealed off and businesses were told to shut down beginning Tuesday.

Flights in and out of Beijing's international airport were suspended Thursday morning. An intensive cloud-seeding operation helped clear away the smog that had shrouded Beijing for two days.

"How many hundreds of millions are being spent on the National Day troop review? Can you tell the taxpayers?" prolific blogger Li Huizhi, a small businessman in southern Guangzhou city, wrote on his popular blog Sunday. "Aren't the possibly tens of billions in money spent perhaps a bit of a disservice to the people? Because in today's China, there are countless places more in need of this money."

Explanations vary for why such elaborate festivities are being staged.

Sixty is an auspicious number that plays well with Chinese who say it traditionally represents the full life of a person. The country's leadership has avoided mention of anything to do with superstition, though.

Early this year, before China's economy rebounded from the global downturn, authorities promised only a modest celebration in keeping with the gloomy times.

The parade is now billed by state media as China's largest-ever display of weaponry, reminiscent of the Soviet Union, and came with the mass synchronized performances usually associated with North Korea.

Alongside the 80,000 card-flippers, another 100,000 civilians accompanied the floats, many of them with kitschy displays of computers and signs of industry. Floats carried huge portraits of the communist pantheon: Mao, reform architect Deng Xiaoping and even Hu — an unexpected appearance for a normally reserved leadership.

Some 5,000 goose-stepping troops who rehearsed for as long as a year accompanied the armaments — new unmanned aerial drones, amphibious fighting vehicles and new DH-10 land-based anti-ship cruise missiles.

## WTF: Wisconsin tourism group changes acronym

MADISON, Wis. (AP) — A Wisconsin tourism lobbying group is changing its name after realizing its initials formed a crude acronym.

The Wisconsin Tourism Federation group did a quiet rebranding in July, changing its name to the Tourism Federation of Wisconsin and updating its logo from WTF to TFW after it was featured on Web sites and blogs poking fun at it. It had no way of knowing 30

years ago that the letters would go on to take on a crude association.

Lead lobbyist for the group, Chet Gerlach, said Wednesday that the federation made the change after the meaning of the common text message lingo was brought to their attention.

FWIW (For what it's worth), officials say Wisconsin's tourism industry is a \$13 billion business and grew 2.7 percent last year.

PAIKAI CONT. FROM PAGE 1

ass and start eating organically and exercise," he said. "People do not take into account that I don't eat three times the normal size of someone else's diet."

While most of the Web site comments were supportive of Paikai, there were plenty of negative commentary as well.

"When I first read those [comments], I kind of wanted to vomit," he said. "(But) these stupid people have fueled my want to educate people [about morbid obesity]."

Education or preventative healthcare could have helped Paikai avoid his weight problems.

"Long before the healthcare crisis began, my family lacked meaningful healthcare," he said.

While living with his grandparents growing up in Hawaii, Paikai had excellent insurance, but when he and his mother moved to Parkland 10 years ago, they only had state-sponsored health insurance.

"We had state health care, which is good, but is less than desirable when you have the kind of health problems that my family has," he said. "My mom didn't have the job to get health insurance."

Paikai also has had family members who have died due to complications from obesity, including diabetes and heart issues. His mother had weight loss surgery 17 years ago and Paikai said that it saved her life.

Before Paikai can follow in his mother's footsteps he has to lose more than 150 pounds. He has been on a strict 900-calorie-a-day liquid diet for almost a month.

His diet consists of six 150-calorie protein shakes daily, all provided by Swedish.



Paikai

"What we're essentially doing is malnourishing my body," Paikai said. "I don't want to sound ungrateful, but it's really difficult."

He has lost 50 pounds so far. "Food's become a medicine and that's not necessarily a bad thing," Paikai said. "It's helped me separate myself from food."

Because of the diet, Paikai is often more tired than usual.

He has had to cut back on his extra curricular activities to take care of himself.

He challenges students to try and participate in as many school and community activities and programs as he has.

"No matter what I weigh I would challenge anyone to carry an extra 450 pounds where ever they go," he said. "I don't think anyone under the sun would find that desirable."

LOVE CONT. FROM PAGE 1

communities, as well as some other areas of student leadership.

The photographer will be Katie Grove. She is the wife of Johnathan Grove, the Men Against Violence project coordinator. The Women's Center promotes gender equality, celebrates women, and provides support for

victims of sexual assault as well as women and men who are behind these ideas.

Its lobby is available as a meeting space and is an available resource to students, staff and faculty.

For more information on Love Your Body Day and the Women's Center, visit <http://www.plu.edu/~womencen> on the Web.



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# From the editor



## Unpack your baggage

The inclination of a Pacific Lutheran University student is "go big or go bigger." I am proud to say that I am one of these over achievers. However, the life of a college student comes with a lot of baggage. Classes are only a fraction of the commitment the average college student has to deal with. For a PLU college student, this is doubly true.

I am writing to advocate one of the most overlooked resources on campus that could help remind every student to take better care of themselves in order to better succeed. The PLU Counseling Center is one of the best kept secrets on campus, and I am here to let the cat out of the bag.

The Counseling Center is a free, confidential service offered to PLU students that allows for a safe place to talk about any external factors that might affect student life or academics. Just another wonderful service paid for by our high tuition, the Counseling Center gives students the opportunity to make appointments with certified staff members to talk about all the troubles that students might encounter during their time here.

According to statistics from the Washington State Health Department from 2004-2006 women and people 18-24 had the highest rate of poor mental health. A 1998 survey conducted by the National Mental Health Alliance (NMHA) ranked suicide as the second leading cause of death among college students. Counseling resources on college campuses are increasingly necessary to tackle these issues.

Although mental illness can be a serious matter, the stigma that is associated with it is not necessarily a common occurrence. In fact, the stigma may be what keeps many college students from pursuing help for their anxiety or depression, which in many cases may be a very mild or minor problem. However, mild or minor as these illnesses may be, they should not be ignored. Addressing minor problems can avert serious ones that might develop in the future.

I declare that I have utilized the PLU Counseling Center. I have had problems, stresses and anxieties common in anyone my age and I realize that I cannot deal with all of them on my own. I am not ashamed to admit this, and I feel empowered that I took the necessary steps to take care of my mental health and my well-being. There is nothing to be ashamed about. Hopefully, my open declaration will help break the stigma and motivate those of you who have felt uncomfortable making the decision to do something about stress and anxiety.

For those of you who still feel uncomfortable declaring that you need help, you don't have to. The beauty of the Counseling Center is, that it allows you to help yourself and your sessions remain confidential. The most you have to worry about is seeing someone you know, and even then you must remember they are there for the same reason as you—to receive some much needed help in dealing with the stresses of college and youth.

I am asking all of you to take note—pay attention to yourselves and your needs. Helping others is wonderful and we want you to be as selfless as you can be. Remember how important your own well-being is before you tackle bigger issues. Remember that classes and exams are important, but only after you have the sound mind to handle such tasks. Utilize the resources available to you in order to be mentally and emotionally well. Unpack your baggage.

### PLU Counseling Center

located in Ramstad room 106  
Monday-Friday 8 a.m.-5 p.m. (closed for lunch 12-1)  
Counseling appointments are available starting at 9:00am  
Phone: 253.535.7206  
E-mail: [councen@plu.edu](mailto:councen@plu.edu)  
for more information visit [www.plu.edu/counseling](http://www.plu.edu/counseling)

## Grab-Bag Graphics



Comic by Rebecca Scarborough

## Obama earns brownie points



All right everyone, I would like to talk about President Barack Obama. However, before everyone gets defensive, wondering if I'm going to bash their beloved leader or shower their opponent with praise, allow me to explain. I don't want to talk about politics, health care reform, the economy or our various wars and conflicts. Instead, I'd like to bring to light another issue: how cool our president is.

Let's face it: Obama is entertaining. All of his "scandals" have been mild and actually quite funny. Most of us have seen the infamous photo of our president with his head turned in an apparent ogling of a woman's backside. Of course the White House issued a statement dismissing the photo, but things like that rarely dispel public anger. However, instead of comments of outrage, it seems Obama got brownie points. Everyone was amused by the fact that underneath his cool exterior, our president is still a man who turns his head

when a beautiful woman passes by. Also floating around the internet is a segment from an interview with President Obama in which he catches a housefly with ninja-like determination and speed. While this had PETA members agitated, the rest of the country rejoiced with our president at his catch. More recently was his obvious disapproval of Kanye West's behavior at the MTV Video Music Awards. I know I'm not the only one who was delighted to hear our president call Kanye a jackass, whether or not he knew the microphone was on.

On David Letterman's show this week, Obama was asked whether he believes that his race is a factor in the disapproval of his health care plan. He responded, "First of all, I think it's important to realize that I was actually black before the election," to which Letterman responded, "How long have you been a black man?" It was a remarkable way to add humor to such a serious subject, without laying blame on anyone.

I have never had the opportunity to laugh with an elected official instead of at an elected official. It's refreshing, and I think many of us, regardless of political affiliation, secretly look forward to seeing what Obama will do next. These periodic bursts of humor (as mild as they may be) just reinforce his calm demeanor and his ability to sit at the cool kids' table.



ASPLU informs you about the issues

## Bridging the gap: Keeping students aware

ASPLU is committed to bridging this gap in communication by offering quick and easy ways to stay connected and aware:

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One of the biggest challenges in running a student organization is maintaining student awareness. It is a difficult task to make students aware of what the organization is and does, upcoming events and programs, as well as transparency of general operations. This becomes increasingly difficult with a large portion of the student body living off-campus, which leads to a larger disconnect from the campus community. There is one thing that must happen if we want to achieve student awareness: students must want to be informed and aware.

- Friend-Request "ASPLU Senators" on Facebook to learn who represents you and to get your voice heard.

- Friend-Request PLU Off-Campus to receive information about events and campus news

- Sign up for ASPLU weekly newsletters. To get on this list send a quick email to [asplu@plu.edu](mailto:asplu@plu.edu).

- Pay attention to Student Media: The Mast, KCCR, KPLU, The Matrix, etc.

- Go to the Clubhouse (in the lower UC) to join a club or stop by the ASPLU office (also in the lower UC) to sign up to be on a committee. This is a great way to get connected through association.

# Mast Staff 2009-2010

The Mast is published each Friday by students of Pacific Lutheran University, excluding vacations and exam periods. The views expressed in the editorials, columns and advertisements do not necessarily represent those of the PLU administration, faculty, students or The Mast staff.

The Mast adheres to the Society of Professional Journalists' code of ethics, which includes the guidelines to "seek truth and report it," "minimize harm," "act independently" and "be accountable."

The Mast encourages letters to the editor. Letters must be submitted to The Mast by 5 p.m. the Wednesday of publication. Letters without a name, phone number and identification for verification will be discarded. Letters should be no longer than 500 words in length and typed. The Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors.

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# Appreciating Tacoma architecture: Relics of living history



So Wise  
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A few years ago, while walking along Pacific Avenue in downtown Tacoma on a Saturday afternoon, my boyfriend stopped and pointed to something across the street. He said to me "that would make a really cool picture." He was pointing at a really old building, the image of which was reflected crystal clear in the windows of a modern building behind it. The colors created such a pretty image with the mix of blue sky and the red brick of the old building. It was truly a fascinating photo opportunity, and I'm glad that he brought it to my attention so I could capture it.

This building had no real importance to me apart from some minor sentimental value relating to my photograph of it. Whenever I've passed it since then, I stop and admire the reflection, but think nothing more as I pass by. Downtown Tacoma is full of old buildings left over from the industrial age, and this one is not particularly unique.

Yet, I was deeply saddened this past weekend (on another Saturday afternoon) when I happened to ride past this old building on the bus to Seattle.

The building, or what remained of it, was being torn down right before my very eyes. A giant orange machine bit chunks out of the building. This building that held only a hint of sentimentality for me would be gone by Sunday.

It was not until I had returned home that I learned about this old building that had captured a tiny part of my heart. This building had a name and a history. Built in 1890, the Luzon building was one of the oldest buildings in Tacoma, and was listed on the city, state, and national historical registry. It was built using early skyscraper technology by two architects from Chicago, and it helped to define Tacoma at the time as the "little Chicago of the West".

Although the Luzon has been vacant since the 1980s and many find it to be an embarrassing eyesore, I thought it had its own charm. The Luzon was just another part of Tacoma's living history, which can be seen throughout downtown in the old buildings that remain from the city's earliest days.

I love the old buildings in Tacoma. I adore the relics of the past, the ghosts of old signs and advertisements left in the brick buildings. The Luzon may have been a building of little importance, a building without history to many, but it was a perfect representation of the mesh of old and new that makes Tacoma unique and beautiful.

So long Luzon; I hope that the other centennial buildings have a chance to live on in your memory.



Photo by Sarah Wise

Wise captures a sentimental photographic moment on a trek through downtown Tacoma. The reflection of an old brick building is seen projected onto a newly constructed fixture on Pacific Avenue.



Frankly, Lutes...  
**Emily Hoppler Treichler**  
hoppleeb@plu.edu

Over the next few years, Residential Life is seeking to phase out an essential element of Pacific Lutheran life, an element that allows for a more complimentary collegiate experience: the nontraditional structure of Kreidler Hall.

Starting with the introduction of an RHC that Salome Valencia (community assistant with additional

# Let Kreidler stay unique

duties) said has already begun forming, eventually leading to an end to all the little freedoms and levities that make Kreidler distinct, Kreidler will be identical to the traditional halls except for its age and credit requirements.

As a resident of this unique microcosm of campus life, I think this is a huge mistake. Kreidler has always been a sanctuary for older students and graduate students—in fact, my aunt lived there when she attended PLU—and other students who want the accessibility and community that comes with living on campus without the same level of structure and supervision.

For students like me, who want the benefits of living on campus without all the noise and excitement (and

lack of sleep) that often comes with traditional halls, but can't afford South (even a 5-bedroom costs more than a single- or a one-bedroom apartment off-campus), Kreidler is perfect.

So why would Residential Life take this choice away from students? Some say it's to provide more community for international students, but there are opportunities to meet these social needs without adding unnecessary restrictions. So, I vote for balance between liberty and connectedness, so all of us can feel comfortable at our PLU home. And I urge you to let Res Life know what you think about decisions that affect you.

You can contact Residential Life at rlif@plu.edu or by telephone at (253) 535-7200.

# Letter to the Editor

Dear Editor-in-Chief of The Mast,

I'd like to applaud you for tackling, in the last three weeks of running, the issues that the Mast Op-Ed section has chosen to take on. It was refreshing, after a summer laden with racial tensions and stereotyping, to find that the first and second issues of the paper addressed the complex dynamics of oppression that exist in our society. I was, however, non-plussed by an article that ran last week, entitled "Racial Identifiers: Eliminating 'Other' not enough."

The article simply missed the boat. I was troubled by the assertion that the racial make up of the columnist

had anything to do with her qualifications. Whether Ms. Miller is white or not has nothing to do with her ability to talk about race or PLU's new standards of classifying people into racial categories. I think that Ms. Miller, however, glosses over the heart of the problem her article could have addressed, in her attempt to educate people "who are as ignorant as [she] was."

Race is not biological. It is a social designator assigned by social agents (historically by white heterosexual males) who make arbitrary decisions that help to keep them in power. White people are really no different from black people

are really no different from any other kind of person. Yet we continue to put them into boxes, even inventing new standards of scoring them according to whether they are black or white or whatever-of-the-above.

I think Ms. Miller is onto something when she says that there are not enough ethnicities listed in these forms to encompass the sheer plethora of different kinds of persons on this planet. The fact that Ms. Miller views "the 'Other' option" as an "escape route" wherein people "refused to decide between one race or the other" shows a lack of nuance in understanding what

that box is for. Race doesn't matter. I myself identify as a Hawaiian/Russian male of Jewish descent and there is no box for me. I do not feel that I should be judged or codified by these ethnicities or my race as an Asian/Pacific Islander.

With the other box, I could check it instead of any other box that didn't quite fit, and then my race wouldn't matter at all because it shouldn't matter at all. Using language that suggests that one group of people "do not count as 'White,' that someone could be "ethnically delinquent," or that Indians, who are from the continent of Asia, aren't actually Asian, is just faulty

and ultimately, close-minded.

I praise Ms. Miller for what she attempted to do—to present her thoughts on what she deemed to be an unfair system. I ask, however, that we all probe a little deeper, and ask why we need "a racial classification system" in the first place, when really, it shouldn't matter.

For now, given no other option, I'll be writing in Other. I suggest you all do the same.

In Love & Community,

Jake K.M. Paikai '10  
Rieke Leadership Scholar

# Sidewalk Talk

What are you wearing to the Homecoming bash?



"A yellow button-down shirt with a black cardigan and tie."  
**Alex Domine**  
sophomore



"I'm wearing what God put me in."  
**Lexi Wong**  
junior



"A dress made out of foliage."  
**Megan Buchholz**  
junior



"Jordan One's and a shiny 'flight' belt buckle."  
**Chris McKnight**  
sophomore

# FACULTY GLOBE

PLU faculty

Kate Geldaker and Beau Abajian  
INTERNATIONAL EDITOR AND MAST INTERN  
geldakkh@plu.edu  
poppenbf@plu.edu

Pacific Lutheran University faculty are participating in and directing numerous research projects in locations around the globe.

"It keeps us fresh," said Priscilla St. Clair, associate professor of Economics at PLU, when asked about why foreign research is important for faculty. "It makes us jazzed about our subject and able to bring more examples into a class."

Almost every department and school on the PLU campus has one or more faculty members involved in international research. The research topics range from glaciology and climate change to ethnomusicology, wildlife tracking to print making.

Members of faculty present their work in a variety of ways all over the world. The research has manifested into publicly published books, scholarly journals, world recognition,

personal and career fulfillment, and much more.

Funding for research comes from various grants from within the University and from exterior organizations, businesses and individuals.

Some of the faculty utilize students within their research and some are researching alongside students. Many PLU professors are directors of their own projects while others are members of coalitions and partnerships with other professors around the world.

In all, research is facilitating continued learning and education for not just students but our professors as well. As Professor Donna Poppe, assistant professor of Music, says, "to be steeped in another culture, there's just no education like it."

## PERU

### Glacial retreat in Peru

Claire Todd

Visiting Assistant Professor of  
Geoscience and Environmental  
Studies

Visiting Assistant Professor in Pacific Lutheran University's departments of Geosciences and Environmental Studies, Claire Todd, spent the month of July 2009 on the eastern and western sides of the Andes gathering evidence that shows that climate change is occurring.

For the second consecutive summer, Todd traveled to Arequipa, Peru, which served as the starting point for her research on long-term glacial retreat. Setting up base camp at 14,000 ft. (the peak of Mt. Rainier is 14,411 ft.), Todd worked with current PLU senior, Matt Schmitz and two University of Maine professors to reconstruct the location's glacial history.

By collecting rock samples and dating the cosmogenic isotopes in the rock, Todd says they are able to tell how old the rocks are information scientists can use to gain an understanding of glacial movements, a sign of climate change.

Todd, who has also researched glacial retreat in the Antarctic, recognizes the valuable experience available to her and the students involved. "Being active in

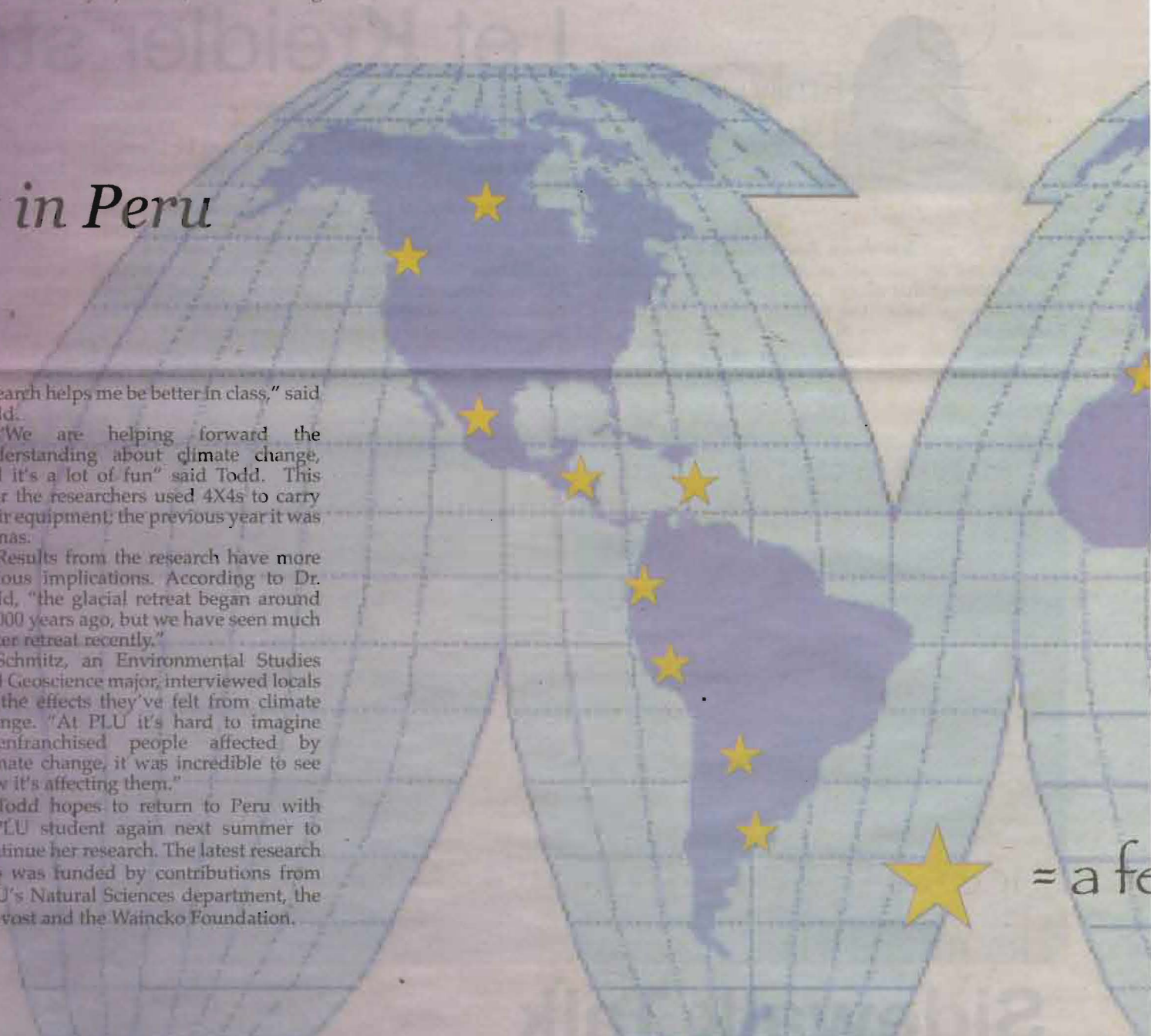
research helps me be better in class," said Todd.

"We are helping forward the understanding about climate change, and it's a lot of fun" said Todd. This year the researchers used 4X4s to carry their equipment; the previous year it was llamas.

Results from the research have more serious implications. According to Dr. Todd, "the glacial retreat began around 17,000 years ago, but we have seen much faster retreat recently."

Schmitz, an Environmental Studies and Geoscience major, interviewed locals on the effects they've felt from climate change. "At PLU it's hard to imagine disenfranchised people affected by climate change, it was incredible to see how it's affecting them."

Todd hopes to return to Peru with a PLU student again next summer to continue her research. The latest research trip was funded by contributions from PLU's Natural Sciences department, the Provost and the Wainco Foundation.



## Egyptian Adventures: Archeology and Music

## EGYPT

Donna Poppe  
Assistant Professor  
of Music

Donald Ryan  
Faculty Fellow  
of Humanities

Archeological digs in sites around Egypt are popular destinations for researchers and scientists from around the world as well as from multiple disciplines. Two professors from Pacific Lutheran University that are participants and directors of such research are Professor Donna Poppe, and Professor Donald Ryan.

Donald Ryan

Professor Donald Ryan, faculty fellow in the Humanities, is the director of an excavation team in the Valley of the Kings. The Valley of the Kings is the royal cemetery of the new kingdom, "a time when Egypt

was at its greatest," Ryan said.

In this valley there are many decorated tombs with walls covered in paint and hieroglyphics, and in the midst of them are a number of undecorated chambers, or annexes, that failed to command attention until recently.

"In the first day," said Ryan, "half an hour in and we rediscover the lost tomb of Hapshetsut—and that was just the first day." Ryan and his team have uncovered six tombs and will be finishing the seventh this fall.

"We seem to be finding a number of royal females," said Ryan, "showing that there are women as well as men in the Valley of

the 'Kings.' We look at where other people are looking and look somewhere else."

Ryan's multinational team is hand-selected and consists of many experts and professionals as well as a few specially selected students. Two PLU students will be assisting Ryan's team in their next dig, both of which have a history with the region and the discipline of archeology.

When asked about why he developed the interest in Egyptology, Ryan, who has written both popular and scientific published works, said, "I love exploring it, and I love sharing it."

One of the most important parts of the team are the local workers, Ryan said, which

is an aspect into when s

Donna Pop

In the s assistant pr a research t in the north recorded w laborers at a said.

This fi ethnomusic recordings particular f

# TROTTERS

research around the world

NORWAY

Troy Storfjell  
Associate Professor of Norwegian  
and Scandinavian Studies

## The Sami in Norway

PLU has strong Nordic connections through the many Norwegian students who come to study at the University. Professor Troy Storfjell, PLU professor in the Global Studies, Environmental Studies, Language, and Literature departments and chair of Scandinavian Studies, has furthered this connection.

Storfjell's ongoing research into the Sami, an indigenous people inhabiting parts of Norway, Sweden, Finland and Russia began nearly ten years ago with his dissertation on the language of the Sami while working towards a doctorate at the University of Wisconsin.

Having traveled to the University of

Trumpsa in Norway near "Sami-land" his research focuses on literature and investigates "how people have written about the Sami, as well as how the Sami have written about themselves," said Storfjell. "Sami-land" is the common name for the native area of the Sami several hundred miles from the Arctic.

Storfjell, whose father is Sami and is one of a handful of scholars researching the people, said that "the Sami's story is not unlike that of Native Americans and other indigenous populations. It tells how a people become a minority in their homeland."

By incorporating his research on the

Sami into his classes at PLU, Storfjell said he is able to "include voices of many different people," thereby "decentering what we take as the norm and taking on our notion of the 'other.'"

While PLU students have not researched with him, Storfjell points out, "the strong point of PLU is its international focus. I recommend all students study abroad."

"While at PLU, research abroad, get a research grant, it's a great opportunity," said Storfjell, noting that the Kilmer Roe Fellowship, Fulbright, Gateway Program and J-term experiential trips are all available to students.



new places where PLU professors do more than teach

Priscilla St. Clair  
Associate Professor of  
Economics

## Land tenure in China

Professor Priscilla St. Clair, associate professor of Economics, is one of several Pacific Lutheran University faculty participating in research in China. The project team that she is on is "dealing with forestry and how it affects household livelihoods," said St. Clair.

During professor St. Clair's sabbatical she visited China three times and has been working on this research for just over a year.

In the past China had collectivized forested areas and "in the 1980's devolved use rights of forest areas to household level. In the early 2000's, they gave communities much more rights of use to forest land." Tenure conditions of use have changed, regarding what to plant, the transfer of land, loan collateral and contract periods, said St. Clair.

"I'm just one of the people looking at this," said St. Clair, who collaborates with Beijing University's Professor Xu Juntao. One question they are looking into is "Do new household rights of tenured land affect household labor allocation and income earned?" St. Clair said.

Some additional questions ask the differences between having and not having access to forested land, as well as the varied effects of the tenure rights on different plots with in the household.

St. Clair said an example of an effect on households would be if they were more likely to start a business now that they can use tenured land as collateral on a loan.

When asked why she chose to do research in China, St. Clair said, "I've always been interested in China, and I was the site director in China for the PLU program." As a microeconomist she is specifically interested in households and outside constraints such as land management so that the research can be considered when designing public policy.

"I'm excited about working with China," said St. Clair. "I can say I am a development or environmental economist because I'm doing the research not just reading it." A goal St. Clair stated for the future of the research was that "hopefully it will be of policy interest to China."

t of culture that Poppe looked he did her research.

pe  
summer of 2007 Donna Poppe, professor of Music, was a part of team in Mendes, Egypt which is northeast corner of the country. "I work songs and chants of Egyptian in archeological dig site," Poppe

eld of research is called ology and involves audio of cultural sounds. This project was surrounding work

songs, "the true folk songs of the work force," not wedding songs or party songs, Poppe said.

"Most of the interest in Egypt is visual and very little is known, as there is very little call for, music in Egypt because we don't have much," Poppe said, "or at least not much has been uncovered."

Most of the songs are about two topics: the hard life working in the dirt, and women. "There are many, many versus to songs about women—and they're all G-rated," Poppe said. "The structure of the songs are mostly call and response, with the lead singer being paid more."

The purpose of the singing is to keep the

work pace in the heat. "The most interesting data I collected was the use of cell phone ring tones to set the tempo that they walked to or worked to—it takes less energy in the 110 degree heat," Poppe said.

Poppe collected 72 recordings of work songs and chants as part of a research team directed by Professor Donald Redford of Pennsylvania State University. "It took me three years to get cleared by the [Egyptian] government to work alongside the team," said Poppe.

The recordings and findings that Poppe collected have been presented to a number of national and international conferences and will be presented in China next year.

# Buffy slays Twilight

Julia Bakewell  
 MAST A&E INTERN  
 nealbamj@plu.edu

As millions of females in their early adolescent years immerse themselves even deeper in the "Twilight" saga, I try to be fair. I ask myself: what nonsense did I love as a youth? The answer is yet another gothic icon: "Buffy the Vampire Slayer." To be honest, I still love it. Not only did the show provide cheeky wit, nineties outfits, and low budget special effects, it also introduced one of the strongest female heroines of our time.

Bella, the meek and clumsy protagonist of "Twilight," forms rather a different mold for young women. She lacks any interests, hobbies, or definitive characteristics outside of her crazed devotion to Edward. Their relationship is characterized by the following: he follows her in secret, verbally dominates her, and appears uninvited in her bedroom to watch her sleep. Edward admits to having murdered people in the past, and to harboring a burning desire to murder Bella. She accepts this all without question and relinquishes all autonomy to Edward's fatherly hand.

A week ago a friend, knowing I was a huge Buffy fan, showed me the YouTube video "Buffy vs. Edward," which provided me with welcome evidence that I was not the only viewer to notice the connection, and the disconnect between the two vampire-filled icons. In this mash-up re-visioning, clips of the movie version of "Twilight" are juxtaposed with clips from "Buffy the Vampire Slayer" in order to create an imagined narrative, which asks: what would happen if Buffy Summers met Edward Cullen at Sunnydale High? The result, according to video creator Jonathan McGill, is a "humorous visualization of the metaphorical battle between two opposing visions of gender roles in the 21st century."

Here, instead of an isolated and vulnerable girl, Edward

approaches a supernaturally strong, sassy and confident woman with a support system of friends. Her down-to-earth responses to his emotional advances reveal Edward as he is: creepy. The stalking relationship progresses to Buffy's befuddlement, but when he appears unbidden in her bedroom it has gone too far. Buffy throws him out the window, chases him through the woods, and then does what she does best—slays that sparkly vampire.

By focusing on Edward's frightening behavior, McGill critiques what is worshipped as the epitome of masculine romance. Yet there are many other themes worth questioning in "Twilight." For instance, how Bella is presented as a modern Eve, tempting virtuous Edward with her foolhardy lust to become a vampire. Meanwhile Edward flounders, a helpless slave to his appetites, noble for his restraint in not eating her. Let me state the obvious here: sex metaphor.

Many blog posts and alternative media articles are available online on the subject of "Twilight," should the reader find themselves intrigued. Should the reader find themselves depressed, I recommend searching for Joss Whedon's Equality Now Speech on YouTube, in which he, the creator of "Buffy," explains why he writes so many strong women characters. My heartfelt advice for any young female is a hearty dosage of the nineties: "Ani DiFranco," "The X-Files," and "Buffy the Vampire Slayer."



Graduate School is not for the feint of heart. Mars Hill Graduate School is no exception to that rule.

MHGS has invited me to step out of my comfortable theology and reformed my faith in a beautiful way. As a result, I have found new strengths and come to cherish profound weakness. *I am learning to listen well, speak truth, and to do so with the humility that comes from loving the story of my gifts and failure.* These days many of us are about the work of redefining what it means to be the Church. We view the stories of God's people as gifts to the church of yesterday, today and tomorrow. *MHGS students like myself come to understand how to live out of the Biblical text in a way that responds to the call for continual healing in the Body of Christ.*

Abigail Jimenez  
 3rd year Master of Divinity Student



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## BRIGHT STAR (PG)

Fri-Sun: 1:10, 3:45, 6:15, 8:50  
 Mon-Wed: 3:45, 6:15, 8:50  
 Thurs: 1:10, 3:45, 6:15, 8:50

## COLD SOULS (PG-13)

Fri-Sun: 12:10, 2:20, 4:35, 6:50, 9:05  
 Mon-Thurs: 2:20, 4:35, 6:50, 9:05

## SERAPHINE (NR)

Fri-Sun: 12:45, 6:00  
 Mon-Wed: 6:00  
 Thurs: 12:45, 6:00

## 500 DAYS OF SUMMER (PG-13)

Fri-Thurs: 3:30, 8:35

Save the date!  
 Tacoma Film Festival October 1-8, 2009



# 'Agricola' assumes top game throne

*Farming game provides fun, strategy*



clickmt@plu.edu

Since its release in 2002, Andreas Seyfarth's "Puerto Rico" has been number one on Board Game Geek's top board games list. Board Game Geek (BGG) is the most popular tabletop gaming Web site on the Internet, compiling the ratings, reviews and opinions of thousands of gamers for, literally, every board or card game ever produced.

"Puerto Rico" is a trading and economy game, wherein players assume the role of plantation owners during the sailing age. Players grow up to five different kinds of crops: corn, indigo, coffee, sugar and tobacco. They must grow these crops and store them efficiently, developing their San Juan plantations, intelligently deploying colonists, selling crops at optimum prices and shipping the goods back to Europe for maximum profit.

On BGG, "Puerto Rico" has an overall rating of 8.32 out of 10 with 17,102 ratings submitted. "Agricola," designed by Uwe Rosenberg, has an overall rating of 8.33, with 10,956 ratings submitted. Upon its release in late 2007, "Agricola" dethroned reigning champion "Puerto Rico" and, by a nearly microscopic margin, became the number one game on BGG's sacred list-to-end-all-board-game lists. And for good reason.

Don't get me wrong, "Puerto Rico" is an amazing game. As far as board games go, it is nearly flawless. But "Agricola," a farming game, one-ups it in several very important regards.

In "Agricola" the player takes on the role of a farmer during the middle ages. The farmer begins the game with a three-room wooden shack, a spouse and a small stockpile of food. During turns, players get to pick two actions—one for the farmer and one for his or her spouse—from a wide range of possibilities: collecting clay, wood, stone or reeds; building fences or stables; plowing fields; sowing wheat and vegetables; etc.

Eventually, the happy farming couple

can have children, which enables the player to take additional actions per turn. But come harvest time, the player must scrounge up enough food for the entire family.

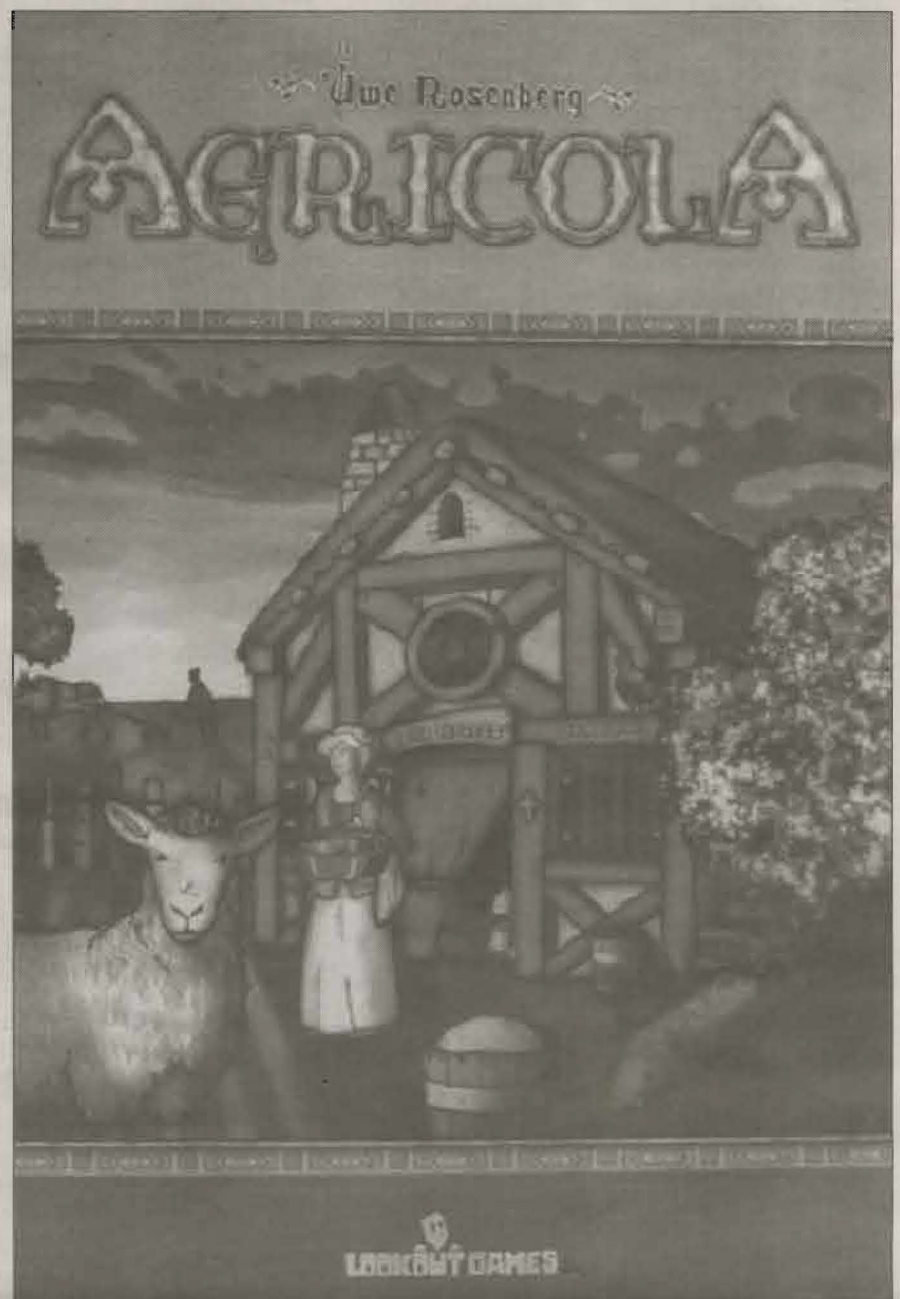
And, I know—a game about farming? How can that possibly be fun? Farmers in the middle ages weren't exactly the happiest, healthiest people in the world. And it's a valid query. After all, most popular board games produced in the U.S. contain some element of destruction or violence. But Euro-games are a different breed, and "Agricola," originally designed and produced in Germany, is the current cream of the crop.

"Agricola" is a balancing act between expansion and conservation. Players can plan dozens of turns ahead, or take the game action by careful action—neither strategy is inherently punishable, because the game lacks any real sort of randomness or chaos. This means there is no "right" way to play "Agricola," but rather hundreds of ways to play, each of them potentially winning strategies.

The game supports one to five players ("Puerto Rico" only supports three to five) and each game typically lasts no longer than two hours, as there are only a certain number of harvests before the game ends and players tally up their points. "Agricola" also fulfills our innate, childish desire to play with blocks—the game's components consist of small wooden blocks and shapes.

Beyond this, "Agricola" is ridiculous amounts of fun. Its basic mechanics are so simple, and yet the strategies for winning (or even faring well when it comes time to count points) are endless. In this way, "Agricola" is friendly to new gamers and downright addicting to veterans.

To top things off, "Agricola" comes packaged with nearly a dozen different game variants—cards to increase player interactions, rules changes that subtly affect the flow of the game and make it harder, easier, quicker, longer and so on and so forth. This gives "Agricola" something that too many board games lack: re-playability—that is, the intense desire it instills in players to break out the game again and again.



**TabletopReview**  
"Agricola" (2007)  
Designed by Uwe Rosenberg  
Economic, Farming  
One to Five Players, 120 minutes

For more tabletop gaming news, reviews and previews, head to [www.fistfulofdice.wordpress.com](http://www.fistfulofdice.wordpress.com).

## Internet: the next frontier of culture

Raindrops on roses you could find on Google image search. Whiskers on kittens you can watch on Youtube. Try it. The Internet has put all of your favorite things right at your fingertips. More than a source of information, more than a means of productivity, the Internet is a new republic, where anyone can be anything can be anywhere.

As a citizen of this electronic republic, I inhabit certain identities. I'm a Mac user, which means I use Safari, laugh at people who use Internet explorer and enjoy shiny desktops with snappy, bourgeois icons where all the programs begin with the lower-case letter "i." I have 789 Facebook friends, and spend around four hours of my day surfing, playing "Crazy Taxi" and talking to probably five percent of the near 800 people who profess to know me. I read blogs instead of watching the news, I use Twitter and I sync my gCal and iCal to form one massive, super-calendar of doom. I live not only in the real world, but also in the digital world, and have come to know how to wear its fashions, speak its languages, and walk its streets with confidence at night.

And I'm not alone. According to [www.internetworldstats.com](http://www.internetworldstats.com), 24 percent of the world's population is on the net. That may seem paltry, but it's huge. That means 1,668,870,408 people regularly access the World Wide Web, which is a nearly a 350 percent rise in users in under ten years. The advances in technology are putting everything imaginable in everyone's hands and making everything from arts and culture to sex and dating both accessible, permissible and easy to do.

One need not be a professional to have access to information or an accomplished director to make a well-recognized film—amateur-driven, passionately created articles, movies and other creative projects permeate the blips and bleeps of our Internet wires. We, citizens, are standing at the threshold of a true democratization of society. On the Internet, we can actually be equals.

This is why I, your resident lover of all things h-



Queerfully Yours

Jake K.M.  
Paikai

paikaijk@plu.edu

t-t-p-colon-double-backslash want to offer you my favorite things about the Internet, sound of music style. We live in an analog world that tries to get us down with everything: taxes, schoolwork, tyrannical governments—you name it. Here's my list of things you can remember next time you're feeling low, and hopefully, as the song goes, "[you'll] simply remember [your] favorite things, and then [you] won't feel so bad."

**Blogs:** News no longer belongs to NBC, ABC and CBS. Thousands upon thousands of dedicated individuals make a living on finding news and filtering it, much like the news agencies of old do (on to your TV screen or your newspaper page, for instance). Except bloggers differ from traditional news outlets because they put their own personal spin on the news. Objectivity is passé and frankly inauthentic. People don't only want the facts, but they want them filtered through a lens they identify with, a lens that makes sense to them. Bloggers, creators of news, take subjectivity and the news on and offer a healthy alternative to the hum and drum of MSNBC and Fox.

**Lolcats:** I can haz pichas of cute kittes wif bloded werdz on dem? Lolcats (pronounced loll-cats) are not just a cure for boredom. How does a whole community—almost a movement—develop around pictures of cats, dogs and other cute creatures with

misspelled witticisms on them, mostly related to food, develop? I think that there is moar (lolcat-speak for more) that meets the eyes.

**TV:** I own a television set, not to watch TV, but DVDs. I don't have time to watch programs that run on some arbitrary schedule—I need my entertainment on my terms and according to my needs. This is why TV on the Internet is probably my most favorite thing, and reflects probably the most important thing about the Internet—on the World Wide Web, monopolies don't exist. Information, even TV, belongs to everyone.

**Porn:** Right now, nearly 30,000 people are looking at pornography. Just now, this very second, over \$3,000 was spent accessing it. And since this isn't your grandmother's A&E column, I can say it: people like porn. They love porn. Some probably only pay a monthly Internet service fee just to get porn. And this both makes sense, and baffles me. I think this \$13 billion a year industry deserves, considering the circumstances, our attention.

**Orly Taitz:** The mother of the so-called "Birther" movement, the one that challenges the fact that President Obama was born in the United States, this enigmatic woman both mesmerizes and frightens me. She has, through her own work and her use of the Internet, cascaded out of crazy-ville right into mainstream media. In her quest to defame the president, she represents the flipside to this democratization and positions us to ask the question—is there a wrong way to use the Internet?

Over the rest of the semester, about every other week, I'll explore these topics and how they intersect with the idea that the Internet, ultimately, belongs to each and every one of us. Send your questions and comments to [paikaijk@plu.edu](mailto:paikaijk@plu.edu) and I'll try to incorporate them into my columns in the weeks to come.

Next week: Lolcats!

# Lutes SPORTS SCHEDULE

## Men and Women's Soccer

Men at George Fox Oct. 3, 2:30 p.m., at Pacific Oct. 4, 2:30 p.m.  
Women at Pacific Oct. 3 12 p.m., vs. George Fox\* Oct. 10, 12 p.m.

## Volleyball

PLU at Whitworth Oct. 2, 7 p.m.  
PLU at Whitman Oct. 3, 4 p.m.

## Football

PLU vs. Lews & Clark\* Oct. 3, 12:30 p.m.

## Cross Country

Charles Bowles Invitational @ Bush's Pasture Park, Salem, Ore. Oct. 3, 9:30 a.m.



AN ASTERISK REPRESENTS A PLU HOME GAME



Photo by Ted Charles

First-year Shelby Daly leans into a Whitworth player in Sunday's match. PLU lost the match 1-0.

## Women snap losing streak

PJ Edds  
edds@plu.edu  
MAST SPORTS INTERN

Pacific Lutheran broke a five-game losing streak with a 3-1 win against Whitman on Saturday, but could not pull off a win against Whitworth on Sunday, losing 1-0.

The first goal of the game came when the Missionaries' Julianne Masser grounded a pass into the goal behind PLU keeper Lauren Chambard.

PLU answered this goal with an airborne shot from Karin Hatch, who placed it just above the reach of Whitman keeper Courtney Porter.

The Lutes continued their rally when Shelby Daly initiated a swinging cross, dribbling the ball past Porter and into the net.

The final goal of the game was scored when PLU senior Karli Hurlbut served a pass to sophomore Olivia Lee, who poked the ball into what seemed to be a sea of open space.

"This win has given us a taste of success that I hope will provide us with more energy and motivation," senior Meredith Newby said.

In this performance alone the Lutes were able to double their goals scored thus far, from 3 to 6.

"We're all really happy to see that our hard work is starting to pay off and our talent is becoming more evident in the stats of the games," Newby said.

The Lutes' contest against visiting Whitworth proved less successful, as the Pirates took the win with one goal.

The only point earned came when a blocked shot rolled to Pirates' Sarah Tallman, who punched it in the left side of the goal.

Sarah Berentson was the dominant force in the first half of the game, taking four shots against Chambard. Oakes closed the game, taking a total of 5 shots and putting 3 on goal.

PLU's top scorer, Lee, was able to stir up the field, however, with numerous drives to the goal. Pirates' goalkeeper Krista Dietz, however, triumphed, earning her third shutout of the season.

"This week during practice we're really preparing to meet UPS in a battle on Wednesday and are focusing on touching up our shooting and possession games," said Hurlbut.

Pacific Lutheran continues its Northwest Conference competition in Oregon against Pacific Oct. 3 at noon.

## Spirit week, intramurals sports collide



The Extra Point  
**Brendan  
Abshier**  
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More sporting events than the Homecoming football game took place at Pacific Lutheran University during its festive and traditional Homecoming week, but very few people on campus knew about them.

The week's spirited athletics started Monday Oct. 7 when Power Buff Volleyball spiked into Memorial Gym at 8 p.m.

Power Buff Volleyball is an annual competition at PLU that usually takes place during Homecoming week.

Men put together teams within their respective residence halls and compete against other halls on campus in a tournament to score hall points that contribute to the count for the most spirited hall during Homecoming week.

The problem this year was that very few people knew about the games.

"We only had three people show up," said junior Travis Towne of Tinglestad, "So we really had to try and work together."

Towne was still in good spirits despite the lack of turnout for the tallest residence hall at PLU.

Sophomores Jeremy Thomas and Simon Johnson made up the rest of Tinglestad's trio.

The lack of awareness of the event as well as the shortage of competitors resulted from miscommunication between PLU's Residence Hall Association and Intramural Sports, said junior RHA President Adam Whistler.

"We thought there wasn't any scheduled games for homecoming week like there had been in the past," Whistler said.

The volleyball tournament, which was scheduled to take place in Olson Auditorium, was moved to Memorial Gym because of the conflict with the Intramural Sports volleyball league.

In fact, the tournament was cut short because Stuen's team had an intramural competition at 9 p.m.

Stuen finished in second place for Power Buff Volleyball in 2008 and, after winning two in a row, acknowledged they felt confident, but not cocky, that they could win it all this year.

However, Stuen lost 15-13 in its final match against Hinderlie

that was cut short because of time the time conflict.

Each game was supposed to be played to 25.

"There were more teams last year," junior Rob Lester of Stuen said.

Lester's team left quickly after losing to make it on time for its intramural matchup.

Hinderlie, even though they looked well polished, still admitted their team was thrown together just minutes before 8 p.m.

"[Our team] was collected three minutes before by door knocking," sophomore Mark Christensen said. "As long as they don't expect me to pick up a new game in ten minutes, I'll be ok."

Hinderlie had the most players of the three teams, but only just enough to make a full starting roster of six players.

"Either people didn't get the e-mail because it was only a day or two before or they didn't know where it was at," Towne said. "It could have been either."

A search for "Power Buff Volleyball" on the PLU website would find the first two results to show start times from the 2008 tournament.

The women's event, Powder Puff Football, was scheduled to take place Tuesday, Sept. 22 from 4-7 p.m. on Foss Field, but was rescheduled for Friday because of more intramural conflicts.

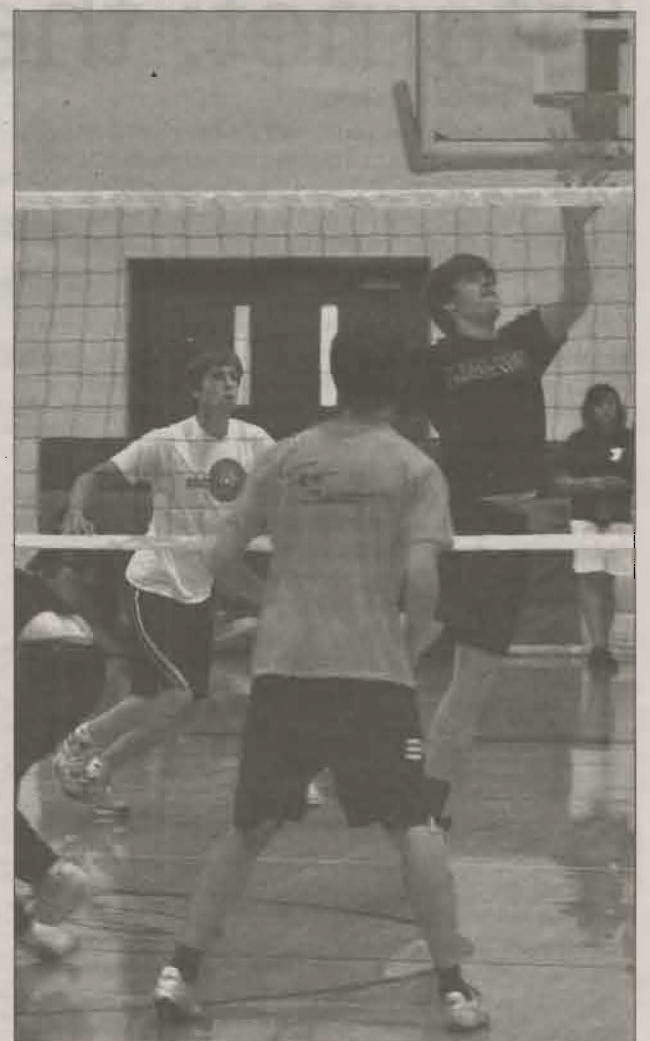


Photo by Joshua Aton

Sophomore Jeremy Thomas reaches for a ball in a match against Stuen during Power Buff Volleyball. Tinglestad only scraped together three players.

# PLU keeps only undefeated record

## No. 19 Lutes move to 4-0 in Northwest Conference

Erica Ellersick  
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 MAST SPORTS REPORTER

Middle blocker senior Kelcy Joynt earned Northwest Conference Player of the Week honors last week. Joynt ignited the Lutes to two victories last

weekend to conference teams, George Fox and Pacific.

On Wednesday Sept. 23 the Lutes played against their cross-town rival University of Puget Sound. Pacific Lutheran came out on top with a 25-15, 25-12, 25-23 victory. The Lutes had a .337 attack percentage.

Sophomore Katy Tauscher

had a sensational game, hitting .700 for the match and ended with eight kills. The team leader in kills was junior Beth Hanna with 14 kills and with a .333 attack percentage.

Also, junior setter Sarah Beaver racked up 40 assists during the match. PLU's defense was superb including

three solo blocks, 6 block assists and 50 digs.

"This was a good match," said head coach Kevin Aoki. "We won the one that counted on Wednesday. It's always good to beat your arch rival and the girls played well."

On Friday Sept. 26, PLU played Linfield in McMinnville, Ore. and won its fourth straight conference match. The Lutes won in three matches over the Wildcats, 25-17, 25-16, 25-21.

Hanna led PLU with 11 kills and 11 digs. Joynt and sophomore Kelsie Moore contributed 8 kills each.

Moore had a strong defensive performance with 13 digs. Sophomore Erin Bremond added two solo blocks and two block assists.

The Lutes played their annual alumni match on Saturday in Olsen Auditorium with Ten alumni coached by Aoki. This family event had a good turnout with families and friends filling in the bleachers.

"It's always exciting to see people you played with back on the court and great to see new faces too," 08' Alumna Megan Kosel said after the match.

There were many long rallies between the Alumni team and the Lutes. Both teams played well as unit and had great communication. All ten alumni players participated in the

match.

"The games were fun, it's nice to come back and see past players, to see how your friends are doing," '06 Alumna Nicole Hawe said, "and it's good to know that we can still kick butt."

The Alumni Team won 2 of the four matches.

Outside hitter Hannah Harrison added 14 kills, while middle hitters Melissa DeWalt and Anella Olbertz contributed 13 kills and 8 kills, respectively.

Senior Karen Henjum, who had 5 kills herself, said, "The match was really fun. We have close chemistry on the court so it's fun to see the players that have graduated again-to reconnect and spend time together."

Senior Lauren Poole led the team with 25 digs. Kristi Neubauer was the team leader with 19 assists. The team had solid defense with 7 blocks and 6 block assist.

"It's fun to have alumni come back and for our reserves to get some real playing time. This was an opportunity for our starters to rest," Aoki said.

The Lutes play their next matches against Whitworth in Spokane, Wash. on Oct. 2 at 7 p.m. and against Whitman Oct. 3 at 4 p.m. in Walla Walla, Wash.

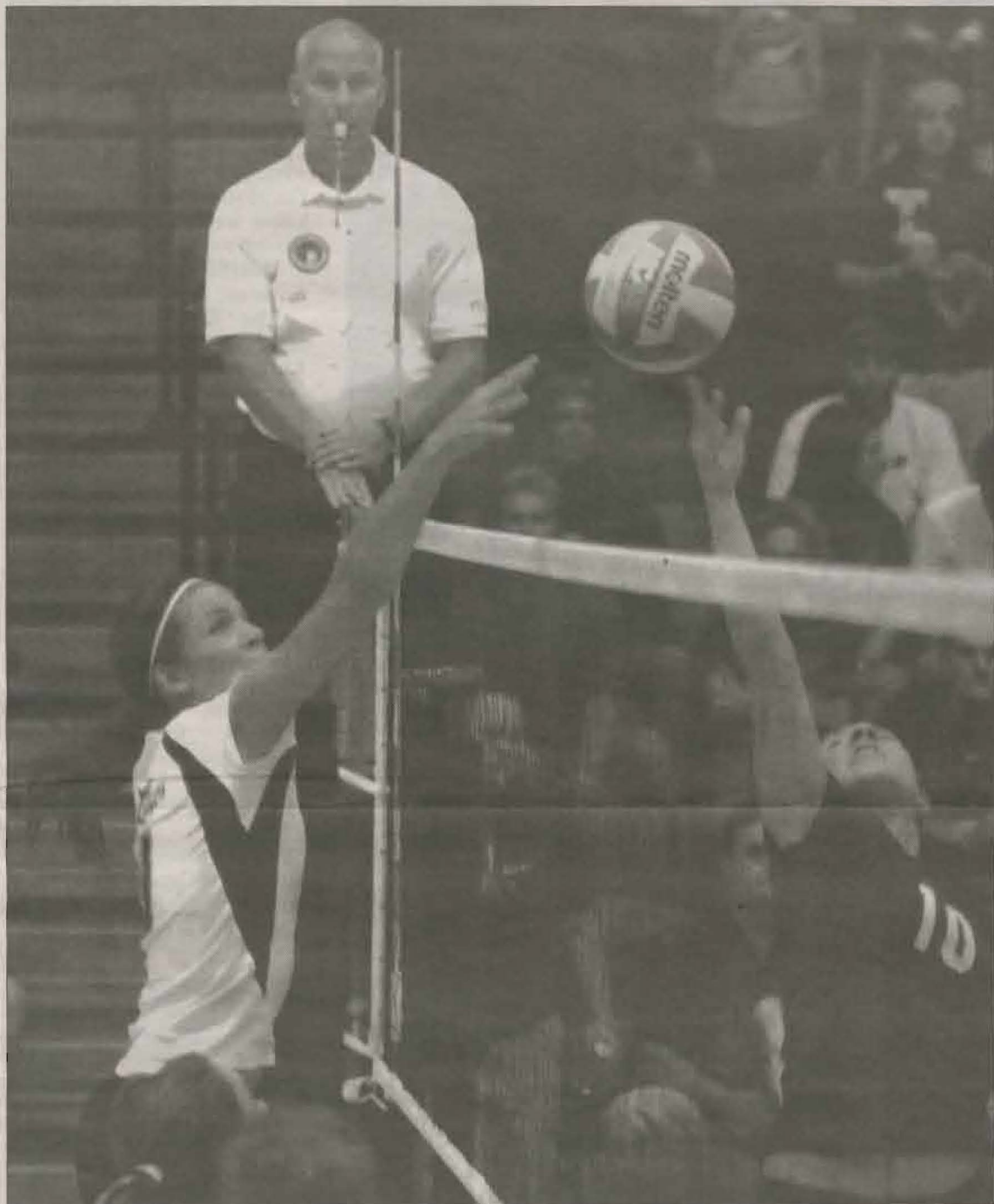


Photo by Ted Charles

Sophomore Kelsie Moore reaches for the ball in a match earlier this season. Moore is third on the team in kills with 100 kills this season in 13 games, helping the Lutes jump to a 4-0 conference start.

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Contact Brendan Abshier at [abshiebk@plu.edu](mailto:abshiebk@plu.edu) for more information!

## Scorecard

### Men's Soccer as of 9/30

#### NWC Standings

Team	NWC	%	All	%
PLU	4-0	1.000	7-2	.778
Whitworth	3-1	.750	5-2-1	.688
Pacific	2-1-1	.625	6-3-1	.722
UPS	2-2	.500	5-5	.500
Linfield	2-2	.500	3-5-1	.389
Whitman	1-2-1	.375	2-4-2	.375
Willamette	1-3	.250	2-7	.222
George Fox	0-4	.000	3-6	.333

#### Team Points Leaders

Spencer Augustin - 9, Daniele Zaccagnini - 9, Surafel Wodajo - 6, Chad Kearns - 8, Andy Hyres - 8,

#### Team Goals Leaders

Chad Kearns - 8, Spencer Augustin - 4, Daniele Zaccagnini - 4, Surafel Wodajo - 2

#### Team Assists Leaders

Andy Hyres - 4, Surafel Wodajo - 3, Jason Bjorgo - 3, Lance Davis - 1, Alex Schisel - 1

#### Team Shots Leaders

Surafel Wodajo - 21, Jason Bjorgo - 19, Spencer Augustin - 19, Daniele Zaccagnini - 17, Chad Kearns - 16

### Women's Soccer as of 9/30

#### NWC Standings

Team	NWC	%	All	%
UPS	5-0	1.000	8-0	1.000
Whitworth	4-1	.800	7-2	.778
Linfield	3-1	.750	6-2	.750
Pacific	2-2	.500	3-4-1	.438
Willamette	2-2	.500	3-4-1	.438
George Fox	1-3	.250	4-4	.500
L&C	1-3	.250	2-3-3	.438
Whitman	1-4	.200	2-5-1	.312
PLU	1-4	.200	2-7	.222

#### Team Points Leaders

Olivia Lee - 4, Karli Hurlbut - 3, Monica Beard - 2, Karin Hatch - 2, Shelby Daly - 2

#### Team Goals Leaders

Olivia Lee - 2, Monica Beard - 1, Karli Hurlbut - 1, Shelby Daly - 1, Karin Hatch - 1

#### Team Assists Leader

Mimi Granlund - 1, Karli Hurlbut - 1

#### Team Shots Leaders

Karli Hurlbut - 12, Monica Beard - 8, Karin Hatch - 6, Courtney Walker - 6, Brittney Bronson - 6

### Football as of 9/30

#### NWC Standings

Team	NWC	%	All	%
Linfield	0-0	.000	3-0	1.000
Willamette	0-0	.000	3-1	.650
Whitworth	0-0	.000	2-2	.500
Memo	0-0	.000	1-3	.250
L&C	0-0	.000	0-2	.000
PLU	0-0	.000	0-2	.000
UPS	0-0	.000	0-3	.000

#### Passing Yards/ YPG

Jordan Rasmussen: 310/155  
 AJ Palazzolo: 145/145

#### Rushing Leaders

Rockey Rosser: 11 attempts for 51 yards  
 Kyle Whitford: 3 attempts for 5 yards

#### Receiving Leaders

Greg Ford: 13 catches for 239 yards - 1 TD  
 Kyle Whitford: 7 catches for 108 yards

#### Defensive Leaders

Andy Sturza: 12 tackles  
 Pat Burke: 11 tackles  
 TJ Suek: 10 tackles, 1 INT

### Volleyball as of 9/30

#### NWC Standings

Team	NWC	%	All	%
PLU	4-0	1.000	8-5	.615
UPS	3-1	.750	9-3	.750
L&C	3-1	.750	7-5	.583
Linfield	3-1	.750	6-5	.545
George Fox	2-2	.500	9-3	.750
Pacific	1-3	.250	6-6	.500
Whitman	1-3	.250	3-6	.333
Willamette	1-3	.250	4-8	.333
Whitworth	0-4	.000	4-11	.267

#### Team Kills Leaders

Beth Hanna - 165, Kelcy Joint - 112, Kelsie Moore - 100

#### Team Assists Leaders

Sarah Beaver - 415, Kristi Neubauer - 19, Beth Hanna - 16

#### Team Blocks Leaders (by Total)

Erin Bremond - 39, Beth Hanna - 24, Kelcy Joynt - 23

#### Team Digs Leaders

Beth Hanna - 157, Brenna Archibald - 141, Kelcy Joynt - 106

# Lutes dazzle in overtime victory

## Men's soccer stays perfect in four conference games

Brendan Abshier  
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MAST SPORTS EDITOR

The Pacific Lutheran University men's soccer team remains undefeated after a 2-1 comeback victory against Whitman Saturday and a 2-1 overtime win over Whitworth Sunday.

Whitman jumped out to a 1-0 lead in the 18th minute of Saturday's match on a penalty kick resulting from a PLU handball.

Although the score didn't show it at halftime, the Missionaries were outplayed by PLU with the Lutes recording 11 shots on goal to Whitman's one penalty kick.

PLU senior Andy Hyres evened the match in the 59th minute after placing a beautiful through ball from sophomore Surafel Wodajo to the far post and into the net.

The goal notches Hyres' second of the season.

"It definitely lifted us," Hyres said. "When we equalized that I think it was a big momentum shifter."

Junior Daniele Zaccagnini, coming off last week's Northwest Conference Offensive Player of the Week award, put PLU on top after sending a laser to the lower left corner of the goal. It marks his fourth goal of the season.

Lute goalkeeper junior Brian Kostol held off a Missionary attack that proved slightly stronger than the first



Photo by Ted Charles

Sophomore Surafel Wodajo tangles with a Whitworth player in Sunday's match. PLU won the battle 2-1 in overtime. It was the Lutes' fifth overtime game this season.

half, but not by much.

"The last three [games] have been long huge battles," Kostol said.

Kostol only had to make one save the entire game.

PLU recorded 19 shots

compared to Whitman's four.

Sunday's visit to the pitch for PLU was tougher than the previous match on the weekend taking two undefeated teams into overtime.

Two-time defending Northwest Conference champion Whitworth took a second-half lead in the 57th minute as sophomore Matthew Fronk put the ball past Kostol for Fronk's first

goal of the season.

The game went back and forth until the 71st minute, when Whitworth goalkeeper sophomore Brian Sherpe tried to clear a ball but shanked it off the side of his foot. The ball found PLU sophomore Chad Kearns' foot right before being put into the net by Kearns.

Each team could only manage one goal in regulation, forcing the game into overtime.

"I tell my teammates when we enter overtime that I'm ready to sprint because I know we're going to score," Kostol said.

Kearns stepped up again for some late-game heroics.

The first overtime was just about over when Lute sophomore Spencer Augustin placed a perfect pass right by Sherpe into the golden boot of Kearns.

Kearns teased the ball sweetly into the net keeping PLU's NWC record sparkling at 4-0.

The overtime victory marks the fourth for the Lutes this season out of five overtime games played so far in 2009.

"We don't lose in overtime," Hyres said. "That's kind of our mentality ever since we lost that first one."

PLU moves to 7-2 overall (4-0 NWC).

The Lutes begin a five game road trip at George Fox Oct. 3 and Pacific University Oct. 4. Both games start at 2:30 p.m.

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Photo by Ted Charles

First-year Mohamed Bouzakraft extends his foot for the ball in Sunday's game against Whitworth. With its 2-1 victory against the Pirates, PLU advances to 7-2 on the season (4-0 NWC) and sits on top of the conference with the only undefeated record. The Lutes are currently outshooting opponents 18 goals to 12 with 14.2 shots per game. In PLU's five overtime games played this season, only once has the team been scored on, compared to four goals scored by the Lutes. The PLU men's next five games are away rounding up the trip with rematches against Whitworth Oct. 17 and Whitman Oct. 18. The Lutes next home game is Oct. 24 when PLU plays host to Linfield, who took PLU into two overtimes before the Lutes edged out a 2-1 victory Sept. 20.

Cutline by Brendan Abshier