

PLU
School of Nursing
1975 - 1979

This album was compiled by:

- **Shirley Coleman Aikin, Class of '71.**
Assistant Professor of Nursing
A part of her 1998-99 Sabbatical leave was to
up-date the history of the School of Nursing.
- **Assisted by Margaret Ellickson, Class of '59.**
School of Nursing Alumni Historian for 1997-99

The 1970's: Book #2
1975-1979

Acknowledgements

Appreciation is expressed to the following persons for their support of this historical endeavor:

- **Ms. Kerstin Ringdahl, University Archivist & Curator**
Student workers: Curt Gavigan, Ole Tom Langaard, Tricia Olson, Amity Smetzler
- **Mr. Chris Tumbusch, Director of University Photo Services**
- **Mr. Ken Dunmire, Director of University Photo Services, Retired**
- **Dr. Paul Menzel, Provost**
- **Dr. Phil Nordquist, Acting Provost**
- **Mr. Dave Yagow, Associate Provost**
- **Dr. Doris Stucke, Director, School of Nursing, Emeritus**
- **Dean, School of Nursing**
- **Mr. Darren Kerbs, Associate Director of Alumni Relations**

CLASS OF 1976

Ackermann, Joan E.
Anderson, Sharon L.
Andrews, Joel N.
Andrews, Suzanne Lindsay
Bennett, Joyce D. Heggen
Bishop, Cynthia L. Moen
Bockhacker, Jane E. Gooderum
Borgerding, Anne E.
Brandt, Anne L. Hendrickson
Brandt, Joanne L. Braun
Brines, Arlene E.
Campbell, Deana L. Curtis
Clover, Catherine R. Lyda
Compton, Kathleen M. Beckman
Davidson, Deborah L. Patschke
Davin, Ann M. Best
Engen, Norma M.
Feldman, D. Camille Crim
Fink, Aileen L.
Froberg, Mary E.
Getman, Beth E.
Giesking, Katherine J. Kasten
Gordon, Karen E. Mosbo
Haglund, Malia G. Meyer
Hanson, Vernon L.
Haynes, Gwendolyn Y. Dukes
Heidenson, Donni K. Shimizu
Hess, Kay I. Kupka
Hoffman, Lori R.
Jannasch, Elizabeth T. Schonwald
Johnson, Greta L.
Johnson, Sandra S. Olson
Jung, Karen S. Johnson
Kutzke, Dianne L. Burger
Larrison, Cynthia
Leal, Patricia G. Speicher
Lee, Molly L. Fisher
Lewis, Patricia A. Gordon
Liljeblad, Cheryl Y.
Mangels, Kathryn M. Vykouk
Martin, Joy W.
McAllister, Jeanne M. Bednarik
McAnlis, Margaret Jean McMurdie
Milchalk, Judith A.
Middleton, Jayme D.
Miller, Denise K. Olsen
Nelson, Debra I. Ahrendt
Norwood, Susan L.
Nupen, Judith A. Reinhardt
Nye, Peggy J. Williamson
Olson, Kay R.
Pettibone, Kristine A.
Pharris, Rita D.
Powers, Barbara L. Zornes
Raney, Barbara G.
Raybin, Susan A. Berl

Redden, Nancy K. Young
Reeves, P. Gayle Trask
Reilley, Sandra F.
Rowberg, Debra L. Nicol
Rumann, Cynthia Sheldon
Schai, Leanne C. Lorenz
Schmitt, Susan A.
Schurman, Janette C.
Simonds, Margit M. Wakeford
Simpson, Coleen G.
Smith, A. Lynne
Soine, Donna Kay Gunovich
Souza, Mary M. Weller
Stephens, Charlene K. Easley
Summerer, Cheryl Ann Sibbing
Tadly, Cheryl A.
Templeton, Susan E. Anderson
Uffer, Valerie J. Balch
Urata, Christine J. Erickson
Van Buskirk, Dixie L. Baker
Vares, Valerie C.
Waldrop, Rebecca A.
Walz, Gayle J.
Weston, Karin S. Stone
Whitley, Ann M. Apaka
Willis, Peggy Lou O'Neil
Wilson, Alexis A.
Wilson, Karen R. Nesse
Wiselogle, Shirley A.
Woodland, Marian B.
Wright, Karen C. Seitz
Zaneski, Nancy K. Pennington

Nurses organize chapter

An addition to the PLU campus this year is the newly-organized chapter of Nurses' Christian Fellowship, an international order for nursing students.

Ken Sturdevant, a Puyallup physician who has been a missionary in Africa will speak on "The Christian Medical Mission" October 5.

At their organizational meeting September 17, representatives from the different levels of the nursing program were chosen to be on a planning committee. They will choose the agenda for meetings in the future.

Aileen Fink is acting chairperson and may be contacted at Extension 1578. Membership is open to all nursing students.

The next meeting will be Sunday evening, September 28 at 6:30 in Ingram 100. Planned for the meeting are a sing-along, bible study and devotions. Dr.

Mooring Mast, October 3, 1975

Rose window chosen for new logo

A new University logo, resembling the rose window of Eastvold's Tower Chapel, will accent PLU publications and letterheads beginning this fall.

The introduction of the logo coincides with the beginning of President Rieke's administration. (The President, incidentally, was a PLU student during the construction and completion of the Tower Chapel.)

PLU's heritage, "Quality education in a Christian context," is graphically represented by this symbol.

However, the traditional University seal, with the Chi Rho symbol and lamp of learning is not being replaced. All university forms and publications will continue to display this seal also.

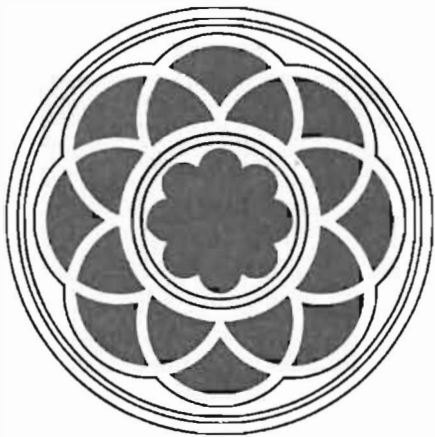
This new logo was designed by Paul L. Porter, director of graphics and publications at PLU.



New Logo Introduced This Fall

A new university logo for use on PLU publications and letterhead has been introduced this fall.

Designed to coincide with the advent of President Rieke's administration, the logo will be recognized by alums and others acquainted with the PLU campus as the rose window from



Eastvold's Tower Chapel. (It is incidental that the Tower Chapel was under construction and completed during Dr. Rieke's student days at PLU.)

The symbol represents graphically the concept of "Quality education in a Christian context," which is PLU's heritage.

It should be noted that the familiar University seal, carrying the Chi Rho symbol and lamp of learning, is not being replaced. The seal will continue to be used on all publications, as well as official university forms.

Paul L. Porter, director of graphics and publications at PLU, designed the logo.

Nursing Study Deals With Ethnic Values

Knowledge about an appreciation for diversity among ethnic groups of color was the theme of a recent faculty development workshop for members of the PLU School of Nursing faculty.

The workshop was co-sponsored by the PLU Ethnic Studies, Minority Affairs, and CHOICE offices. Its purpose, according to coordinator Lu Hefty, PLU nursing instructor, was to help affect nursing faculty attitudes toward content in the nursing curriculum and to build awareness of ways that more cultural diversity can be built into the curriculum in the future.

The workshop leader was Mrs. Mildred Walter, a consultant with the Western Interstate Commission for Higher Education (WICHE).

Six students, 24 faculty members and two community representatives participated in the seven-hour program.

The workshop was a sequel to a previous study on recruitment, retention and curricular change. Both programs are a part of a three-year project funded by the Kellogg Foundation devoted to the theme, "Models for Introducing Cultural Diversity into Nursing Programs."

PLU is one of 20 schools participating in the project.

"Evaluation showed that participants found it valuable to identify some of their learning needs and to explore ways to introduce more cultural diversity into their courses," Ms. Hefty said.

NURSING CHRISTIAN FELLOWSHIP: Nurses who wish to encourage Christian witness and leadership through example and activities.

ROW 1: Karen Mosbo, Lori Hoffmann, Phyllis Eide, Debbie Lyso, Cindy Brandt, Aileen Fink, Jody Bussert.



'Preceptor Program' Offers Clinical Practice

NURSING NURSING NURSING NURSING NURSING NURSING NURSING NURSING NURSING NURSING NURSING



NURSING NURSING NURSING NURSING NURSING



1. Clara Carper, M.N.
2. Doris Stucke, Ed.D.,
Director
3. Celestine Mason, B.S.N.
4. Linda Olson, M.N.
5. Mathilda Acuff, M.S.
6. Fern Bettridge, M.S.
7. Joyce Zerwekh, M.A.



NURSING NURSING



NURSING NURSING NURSING NURSING NURSING NURSING NURSING



1. Robert Burk, B.S.N.
2. Louis Bergerson, M.N.
3. Fern Gough, M.N.
4. Maryiva Carpenter, M.S.

1. Cora Lawrence, Ph.D.
2. Carolyn Schultz, M.A.



3. Dale Coombs, B.S.N.
4. Edith Johnson, M.A.
5. Thelma Hostetter, M.S.N.
6. Dorothy Cone, M.Ed.
7. Luella Vig Hefty, M.A.
8. Lois Jacobson, M.S.N.

Nursing Students Reach Milestone

Eighty women and four men were honored in the first combined Capping and Banding Ceremony, May 2, at Trinity Lutheran Church. "A Time to Grow," was the theme which faculty members Luella Hefty and Dixie Matthias spoke on. Class speakers were Dory Schutte and Doug Bridges. John Rosenberg, intern pastor, delivered the invocation and benediction. Special music was provided by six of the nursing students.

The cap symbolizes the purity of life, faithfulness, intelligence, compassion and skillful service rendered by a nurse. The men's counter-part of the cap is a black velvet band placed around the right sleeve of the uniform.



ABOVE: Nursing students recess following an enlightening ceremony. *ABOVE RIGHT:* Doug Bridges speaks about "Becoming Personal Professionals." *RIGHT:* Sue Weis receives her cap with a smile.

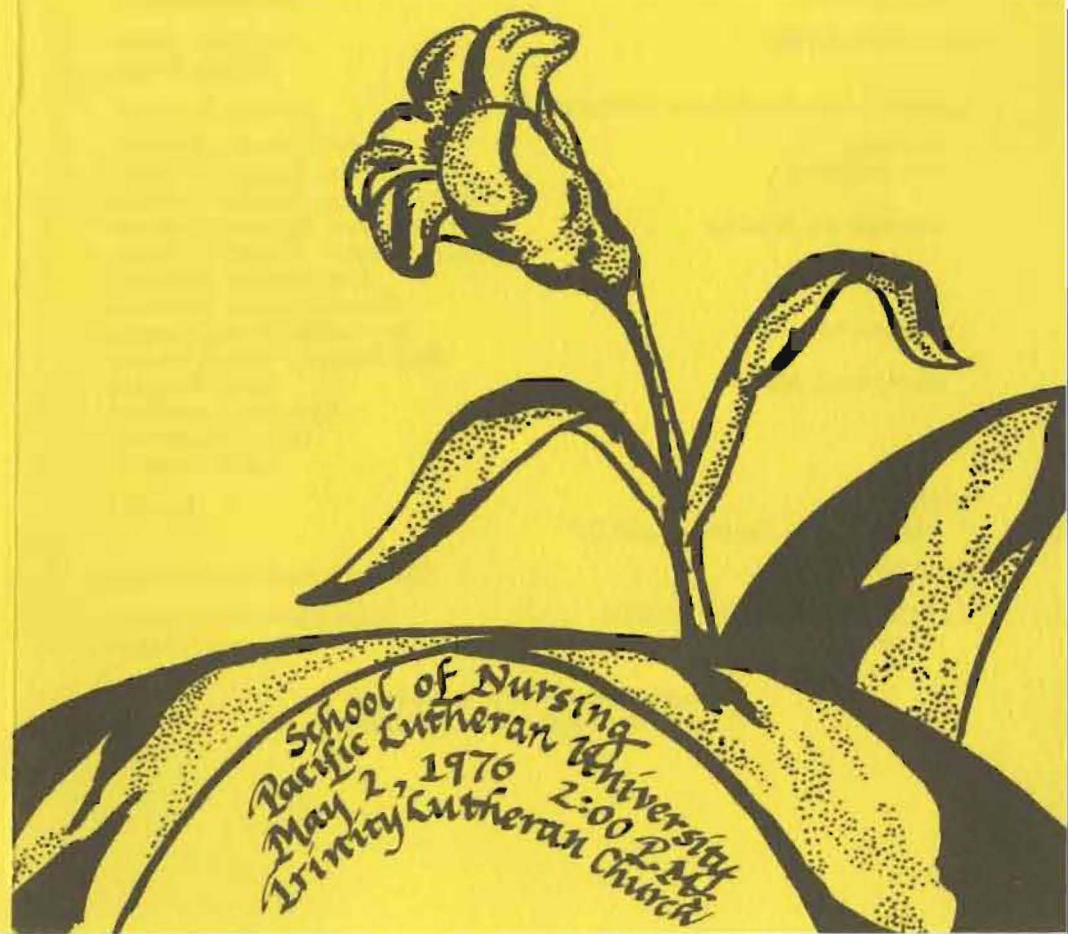




TOP LEFT: The light of Judy Scott's candle is reflected in her face. *TOP RIGHT:* Some serious thought after the ceremony. *LEFT:* Cindy Blanchard takes part in the tradition of candle-lighting. *ABOVE:* Dory Schutte speaks on "Commitment."

A TIME TO GROW

Capping and Banding



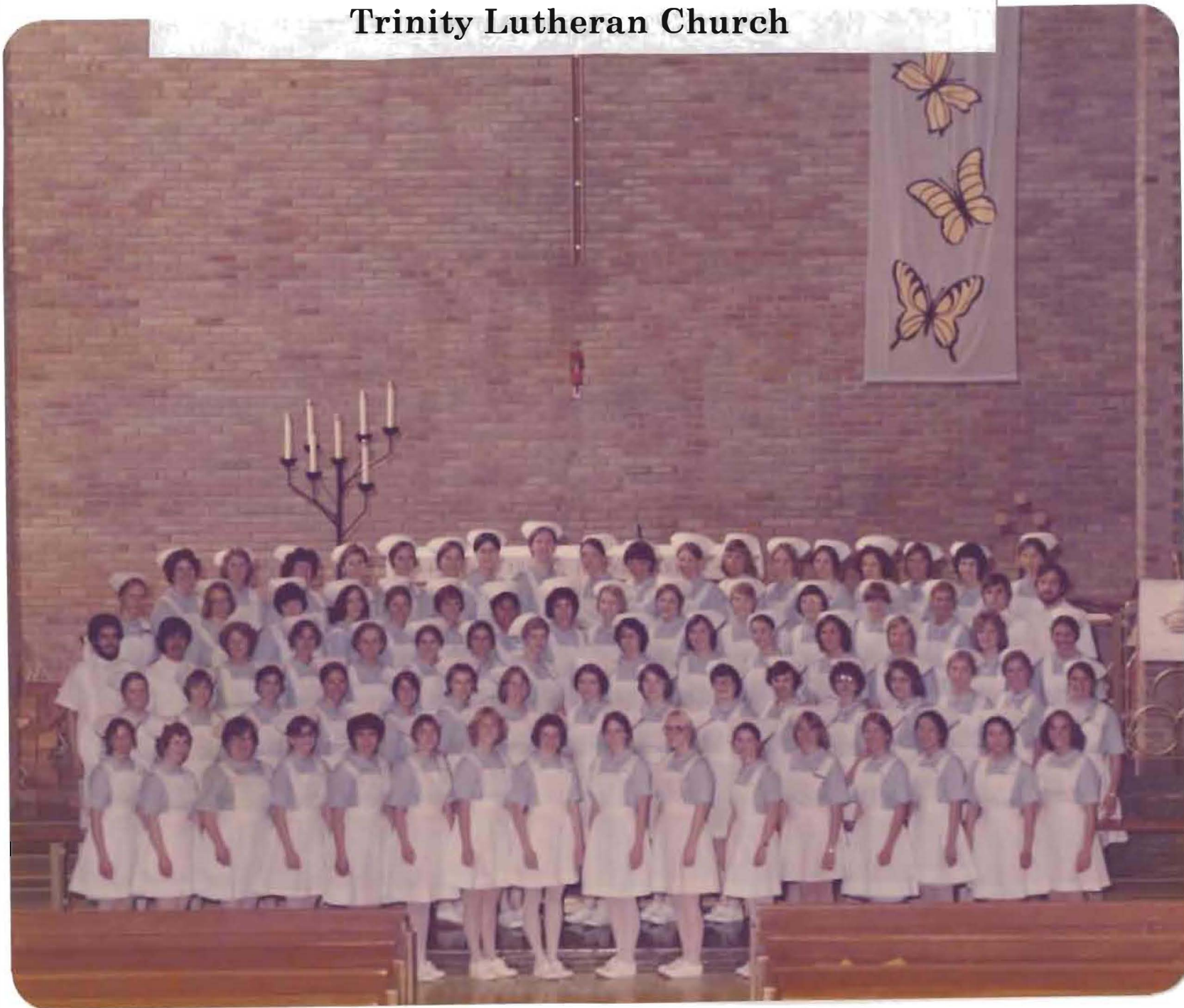
PROGRAM

PRELUDE	Jack Mohlenhoff, organist "Processional of Joy" Lawrence J. Meyer
HYMN	No. 173 "All Creatures of Our God and King" verses 1, 4, 5, 7
INVOCATION	The Reverend James Beckman Associate University Minister
GREETINGS	Doris G. Stucke, Director School of Nursing
ADDRESSES	Luella Hefty Instructor, Nursing Dixie Matthias Instructor, Biology
SPECIAL MUSIC	Nursing Students
CLASS SPEAKERS	Dory Kay Schutte Douglas Bridges
CAPPING AND BANDING CEREMONY	"A Time To Grow"
Presiding Candlelighting	Doris G. Stucke, Professor Lois Jacobson, Assistant Professor Edith Johnson, Assistant Professor
Capping and Banding	Linda Olson, Associate Professor Lenora Weirick, Assistant Professor Dale Coombs, Instructor Celestine Mason, Instructor
Assisted by	Kay Loftis, Nursing Student Mary Johnson, Nursing Student
Background Music	Janice Krogstad Katherine Lorentzen Debra Christianson Janne Leuthold
HYMN	No. 524 "Savior Like A Shepherd Lead Us"
BENEDICTION	The Reverend James Beckman
RECESSIONAL AND POSTLUDE	Jack Mohlenhoff, organist "Processional of Joy" Lawrence J. Meyer

*Reception immediately following in
Chris Knutzen Hall, University Center*

Anderson, Trina Bain, Karen Barbadillo, Carol Kay Berentson, Nancy Berk, Bette Blanchard, Cynthia Borcharding, Jan Boyd, Karen Brauer, Gretchen Bridges, Doug Buck, Lisa Burns, Susan Carter, Elizabeth Cassidy, Myra Cochran, Susan Cook, Zena Churchill Curtis, Nancy Daehlin, Cheryl Dahlberg, Patricia Davenport, Cheryl DeRoche, Kenneth Jr. Eckhoff, Cheryl Lynn Eide, Phyllis Evangich, Linda Fischer, Debra Fuhr, Gale Gerken, Diana Gold, Susan Goodnow, Jeanette	Hanson, Ruth Helling, Kathy Henderson, Gayle Hoke Amanda Hustoft, Synneva Hutson, Vicki Johnson, Christine Jones, Margaret King, Karen Kuss, Nancy Lauritzen, Lydia Lederer, Patti Anne Lee, Margaret Liimatta, Lisa Lycksell, Viki Lyso, Deborah Manu, Fulu Martin, Debbie McLaughlin, Leslie Mitchum, Karen Moore, Keri Murdoch, Rae Musal, Lisa Newcomb, Margaret A. Nicol, Lori Oakes, Dianna Olafson, Lynn Pflueger, Naomi Potwin, Karen	Poulin, Nancy Radnich, Julie Raygor, Arlowen Sagnella, Eugene Schaffter, Caryl Schutte, Dory Kay Schmidt, Lorraine Scott, Judy Seiffert, Sue Ann Silliman, Sue Smyth, Lisa Sondker, Susan Stevens, Susan Sutherland, Joyce Sutterfield, Gail Takamoto, Benjamin Taylor, Frances Toms, Carol Viele, Diane Waldock, Lois Way, Barbara Weber, Patricia Weiler, Patrice Weis, Susan Weller, Joseph Wenzel, Lori White, Carla Williams, Sarah Zaber, Vicki
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Sophomore Capping Ceremony, May 1, 1976,
Trinity Lutheran Church



CAPPING - 1976

<u>First Row</u>	<u>Second Row</u>	<u>Third Row</u>	<u>Fourth Row</u>	<u>Fifth Row</u>	<u>Not Pictured.</u>
1.	1. Margaret Jones	1. Kenneth DeRoche	1. Vicki Zaber	1. Lois Waldoek	1. Karen King
2. Jeannette Goodnow	2. Myra Cassidy	2. Benjamin Takamoto	2. Lorraine Schmidt	2. Cheryl Davenport	2. Vicki Lyeksell
3. Trina Anderson	3. Lori Nicol	3. Susan Sondker	3. Carol Toms	3. Naomi Pflueger	3. Debbie Martin
4. Rae Murdoch	4. Margaret Newcomb	4. Deborah Lyso	4. Vicki Hutson	4. Bette Berk	4. Eugene Sagnella
5. Arlowen Raygor	5. Synneva Hustoft	5. Lisa Buck	5. Leslie McLaughlin	5. Patrice Weiler	5. Sue Ann Seiffert
6. Diane Vielle	6. Linda Evancich	6. Susan Gold	6. Karen Potwin	6. Lori Wenzel	6. Susan Stevens
7. Daryl Schaffter	7. Cynthia Blanchard	7. Lisa Liimata	7. Fulu Manu	7. Carla White	
8. Gail Sutterfield	8. Dory Schutte	8. Nancy Poulin	8. Patricia Dahlberg	8. Phyllis Eide	
9. Kathy Helling	9. Cheryl Eckhoff	9. Diana Gerken	9. Barbara Way	9. Lydia Lauritzen	
10. Julie Ragnich	10. Margaret Lee	10. Joyce Sutherland	10. Cheryl Daehlin	10. Dianna Dakes	
11. Nancy Curtis	11. Patricia Weber	11. Lisa Liimata	11. Frances Taylor	11. Karen Mitchum	
12. Susan Weis	12. Keri Moore	12. Nancy Berentsen	12. Elizabeth Carter	12. Jan Borcharding	
13. Lisa Smyth	13. Susan Cochran	13. Judy Scott	13. Doug Bridges	13. Christine Johnson	
14. Carol Barbadiello	14. Karen Boyd	14. Lynn Olafson	14. Joseph Weller	14.	
15. Patti Lederer	15. Gretchen Bauer			15. Amanda Hoke	
16. Gale Fuhr.	16. Lisa Musal			16. Karen Bain	
				17. Sue Silliman	
				18. Ruth Hansen	

Senior Pinning Ceremony
May 22, 1976



PINNING - MAY 1976

First Row

1. Christine Erickson
2. Jay Martin
3. Patricia Gordon
4. Cheryl Sibbing
5. Margit Wakeford
6. Kay Olson
7. Susan Schmitt
8. Judy Michalk
9. Gwen Haynes
10. Katherine Keller
11. Deborah Davidson
12. Cynthia Sheldon Purnani
13. Peggy O'Neal
14. Dianne Burger
15. Cindy Moen
16. Donni Shimizu

Second Row

1. Judy Reinhardt
2. Barbara Zornes
3. Sandra Olson
4. Sandra Reilly
5. Kim Comer
6. Karin Stone
7. Jayme Middleton
8. Peggy Williamson
9. Janette Schurman
10. Kris Pettibone
11. Norma Engen
12. Debbie LaVere
13. Katherine Kasten
14. Malia Meyer
15. Debra Nicol

Third Row

1. Shirley Webb Wiselogle
2. Jean McMurdie
3. Mary Froberg
4. Lori Hoffman
5. Karen Nesse
6. Lyndi Larrison
7. Jeanne Bednarik
8. Greta Johnson
9. Nancy Pennington
10. Goyle Traska
11. Suzanna Lindsay Andrews
12. Catherine Lyda
13. Debra Ahrendt

Fourth Row

1. Cheryl Liljeblad
2. Susan Anderson
3. Valerie Balch
4. Joan Braun
5. Beth Troftgruben Gatzman
6. Sharon Anderson
7. Elizabeth Schonwald
8. Ann Apaka Whitley
9. Karen Mosbo
10. Joan Ackerman
11. Alexis Wilson
12. Susan Norwood
13. Colleen Simpson
14. Mary Weller
15. Aileen Fink

Not Pictured

1. Jane Gooderum
2. Denise Olson Miller

GRADUATING STUDENTS

*Malia Gale Meyer
Peggy L. O'Neil
Patricia Ann Gordon
Barbara Zornes
Judith A. Michalk
Alexis Ann Wilson
Dianne Louise Burger
Katherine Jean Kasten
Joanne Braun
Kay Olson
Sandra Reilley
Jean McMurdie
Greta Louise Johnson
Nancy Pennington
Karen Ruth Nesse
Cyndi Larrison
Debra Nicol
Aileen Linda Fink
Ann Apaka Whitley
Peggy Jane Williamson
Norma Kalke Engen
Margit Wakeford
Catherine Lyda
Suzanne Lindsay Andrews
Cheryl Ann Sibbing
Cindy Moen
Mary Elizabeth Froberg
Sandra Sue Olson
Patricia Gayle Trask
Donni Shimizu*

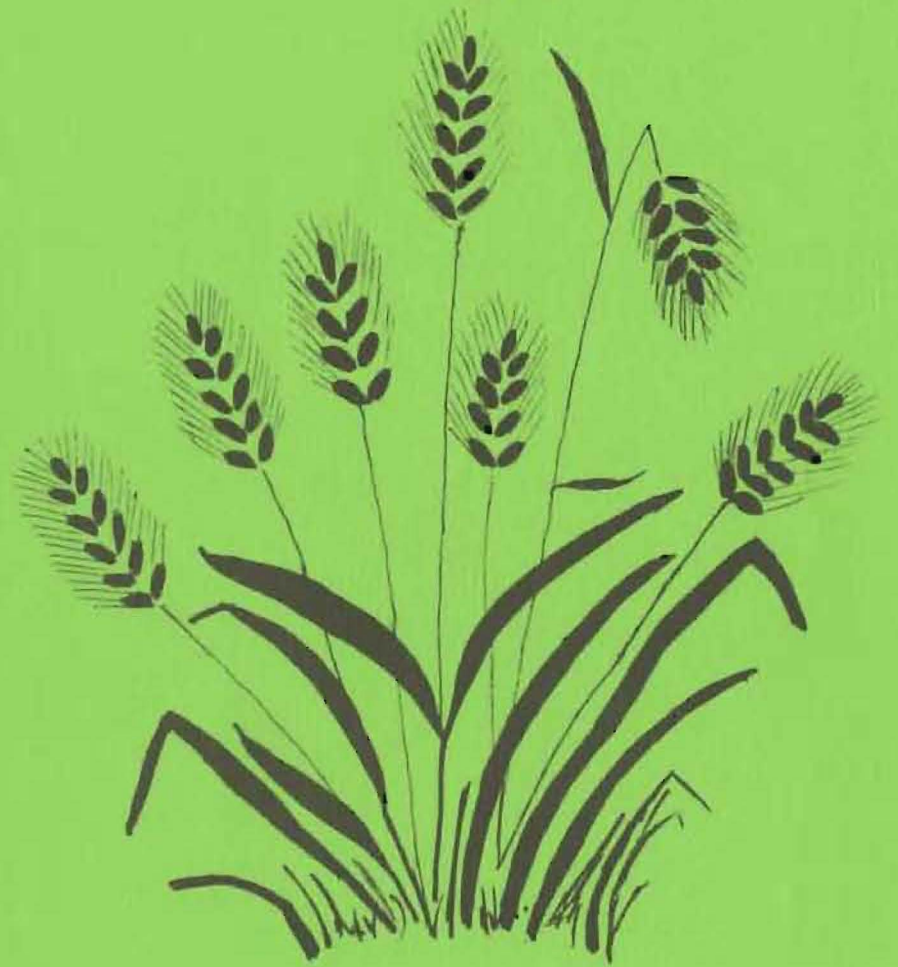
*W. Joy Martin
Christine Erickson
Cheryl Yvonne Liljeblad
Jeanne Marie Bednarik
Elizabeth Schonwald
Janette Christine Schurman
Mary Margaret Weller
Beth Ellen Getman
Sharon Anderson
Lori Renee Hoffman
Katharine Keller
Judy Reinhardt
Susan Elizabeth Anderson
Gwendolyn Yvonne Haynes
Susan Schmitt
Jayme Middleton
Kim Conner
Joan E. Ackermann
Kris Pettibone
Colleen Simpson
Debbie LaVere
Susan Leslie Norwood
Karin Sue Stone
Debra Ahrendt
Karen Elise Mosbo
Shirley Webb Wiselogle
Deborah Davidson
Valerie Balch
Cynthia Sheldon Rumann
Jane Gooderum
Denise Olsen Miller*

Reception following in University Center
2:30 - 4:30 p.m.



PACIFIC LUTHERAN UNIVERSITY

OUR TOUCH...
OUR GIFT



Pacific Lutheran University
Pinning Ceremony
May 22, 1976



Trinity Lutheran Church
May 22, 1976
11:00 a.m.

PINNING CEREMONY

<i>Processional</i>	<i>Karen S. Peterson, Organist</i>
<i>Invocation</i>	<i>The Reverend M.E. Nesse</i>
<i>Welcome</i>	<i>Mary Weller</i>
<i>Address</i>	<i>Lois Jacobson, M.S.N. Assistant Professor</i>
<i>"Charity"</i>	<i>Dianne Burger</i>
<i>Faculty Introductions and Class Gift Presentation</i>	<i>Aileen Fink</i>
<i>Trio</i>	<i>Donni Shimizu, Kathy Kasten, Dianne Burger</i>
<i>Presentation of Pins</i>	<i>Doris G. Stucke, Ed.D. Director, School of Nursing Elizabeth Allen, flautist</i>
<i>Commissioning of Officers</i>	<i>Judy Reinhardt as 1st Lt. in U.S. Army Nancy Pennington as Ensign in U.S. Navy Greta Johnson as Ensign in U.S. Navy</i>
<i>Address</i>	<i>Lois Bergerson, M.N. Associate Professor</i>
<i>Benediction</i>	<i>The Reverend Harold L. Reinhardt</i>
<i>Recessional</i>	<i>Karen S. Peterson, Organist</i>

Commencement / 1976

Pacific Lutheran University/Tacoma, Washington
Olson Auditorium

COMMENCEMENT 1976

Olson Auditorium, Pacific Lutheran University, Sunday, May 23, 1976, 3:00 p.m.

SCHOOL OF NURSING

BACHELOR OF SCIENCE IN NURSING

JOAN ELEANOR ACKERMANN
DEBRA LYNN AHRENDT
Cum laude
SHARON LYNN ANDERSON
SUSAN ELIZABETH ANDERSON
SUZANNE LINDSAY ANDREWS
Cum laude
*DIXIE LOUISE BAKER (in absentia)
Cum laude
VALERIE JEAN BALCH
JEANNE MARIE BEDNARIK
JOANNE LOUISE BRAUN
Cum laude
*ARLENE ELEANOR BRINES
Cum laude
DIANNE LOUISE BURGER
KIMBERLY COMER
DEBORAH LESLIE DAVIDSON
NORMA MAE ENGEN
Magna cum laude
CHRISTINE JO ERICKSON
AILEEN LINDA FINK
Summa cum laude
MARY ELIZABETH FROBERG
Cum laude
BETH ELLEN GETMAN
Cum laude
JANE L. GOODERUM (in absentia)
Magna cum laude
PATRICIA ANN GORDON
GWENDOLYN YVONNE DUKES HAYNES
Cum laude
LORI RENEE HOFFMAN
Cum laude
GRETA LOUISE JOHNSON
Cum laude
KATHERINE JEAN KASTEN
Cum laude
KATHARINE ELLEN KELLER
Cum laude
CYNTHIA J. LARRISON
Cum laude
DEBRA KAY LAVERE
CHERYL YVONNE LILJEBLAD
*LEANNE CLAIRE LORENZ (in absentia)
Cum laude
CATHERINE ROSE LYDA
Cum laude
WILMA JOY MARTIN

MARGARET JEAN McMURDIE
Magna cum laude
MALIA GALE MEYER
Cum laude
JUDITH ANN MICHALK
JAYME DIANNE MIDDLETON
DENISE KAY OLSEN MILLER (in absentia)
Magna cum laude
CYNTHIA LOUISE MOEN
KAREN ELISE MOSBO
Magna cum laude
KAREN RUTH NESSE
DEBRA LYN NICOL
Magna cum laude
SUSAN LESLIE NORWOOD
Magna cum laude
KAY ROBERTA OLSON
SANDRA SUE OLSON
Cum laude
PEGGY LOU ONEIL
NANCY KEY PENNINGTON
Cum laude
KRISTINE A. PETTIBONE
Cum laude
SANDRA FAYE REILLEY
Magna cum laude
JUDITH ANITA REINHARDT
Cum laude
CYNTHIA SHELDON RUMANN
SUSAN A. SCHMITT
Cum laude
ELIZABETH TASSE SCHONWALD

JANETTE CHRISTINE SCHURMAN
Cum laude
DONNI KEI SHIMIZU
Cum laude
CHERYL ANN SIBBING
COLLEEN G. SIMPSON
*A. LYNNE SMITH (in absentia)
KARIN SUE STONE
PATRICIA GAYLE TRASK
Cum laude
*VALERIE CECILE VARES
MARGIT MILTRID WAKEFORD
MARY MARGARET WELLER
Cum laude
ANN MARIE APAKA WHITLEY
PEGGY JANE WILLIAMSON
ALEXIS ANN WILSON
SHIRLEY ANN WISELOGLE
BARBARA LEE ZORNES

*Completed requirements for graduation midyear.

STUDENTS LISTED IN "WHO'S WHO AMONG STUDENTS IN AMERICAN UNIVERSITIES AND COLLEGES" FROM PACIFIC LUTHERAN UNIVERSITY 1975-76

PETER ANSINGH
MARGARET BECKMAN
SCOTT BRUND
LARRY CLELAND
JOHN COLLINS
DIANA CRIM
SUSAN CRITCHLOW
MARTIN DINSMORE
DOUGLAS ELY
NANCY FAAREN
LOREEN FERRERO
MARILEE FIJALKA
JAY GILBERTSON
CHERYL GREENSTREET

VERNON HANSON
CHERYL HIGASHIYAMA
SUSAN HILDEBRAND
STEPHEN ISAACSON
GRETA JOHNSON
JEFFERY JOHNSON
SUSAN KERNS
DUANE KLOTZ
MARK KOLNER
STEVEN LIVINGSTON
LYNDA LYON
CINDY McTEE
JEFFERY NEHER
GARY POWELL

VERNA POWERS
JOANN RICHARDSON
CHRISTON SKINNER
STEPHANIE SMITH
STAN STRANKMAN
AMADEO TIAM
SCOTT WAKEFIELD
STEVEN WARD
PRESTON WOODALL
WINSTON ZEE

MICHAEL ARMSTRONG
DENISE MARIE BENHAM
GREGORY CAIN
SUSAN CRITCHLOW
GAY DIANE KRAMER DODD
CAROL FRANCIS FARVER
SUSAN KAY FENN
CARL JEAN FLOREA
SUSAN FRENCH

MARGARET JEAN McMURDIE
KIMBERLY A. MUCZYNSKI
KIRK HUDSON PARKER
GREGORY GORDON PORTER
KATHARINE ANN REIGSTAD
CHANCE REWOLINSKI
MARIE IRENE SCHAUER
ROLF TRAUTMANN
DONALD LEE TRIPPEL

DAVID PHILIP GERRY
STEPHEN JAMES HARRIS
JOHN MARION HUNTER
VIRGINIA F. INGRAM
THOMAS EUGENE JACKA
GRETA LOUISE JOHNSON
LANI LOUISE JOHNSON
STEPHEN BISMARCK KNOX
MARY F. LAYMAN
STEVEN GREENE LIVINGSTON

Senior Pinning Ceremony August 20, 1976



PINNING - SUMMER 1976

First Row

1. Rita Pharris
2. Mary Fisher
3. Marian Woodland
4. Cheryl Tadley
5. Deanna Curtis Campbell
6. Susan Berl
7. Karen Wright
8. Elaine James
9. Ann Hendrickson Brandt

Second Row

1. Patricia Speicher
2. Ann Best
3. Gayle Walz
4. Linda Greene
5. Kathleen Beckman
6. Anne Bargerding

Third Row

1. Diana Camille Grim
2. Nancy Young
3. Rebecca Graef Waldrop
4. Karen Johnson
5. Charlene Easley
6. Kathryn Vykouk

Fourth Row

1. Kay Kupka
2. Joyce Haggem
3. Vernon Hanson
4. Molly Lee
5. Donna Gunovich

Not Pictured

1. Barbara Roney

Graduating Students

Mary Fisher
Marian B. Woodland
Susie A. Berl
Rita Diane Pharris
Linda M. Greene
Ann M. Best
Nancy K. Young
Cheryl Ann Tady
Patricia Gale Speicher
Kay I. Kupka
Diana Camille Crim
Molly Lou Lee
Barbara Raney
Elaine Lowery James

Anne E. Borgerding
Vernon L. Hanson
Kathleen M. Beckman
Kathryn M. Vykouk
Rebecca Graef Waldrop
Charlene Easley
Joyce D. Heggem
Deana Curtis Campbell
Donna K. Gunovich
Anne Hendrickson Brandt
Gayle Joanne Walz
Karen S. Johnson
Karen Carolyn Wright

*Please join us at a reception
following the ceremony
in University Center.*



PACIFIC LUTHERAN UNIVERSITY

Prisms...

*As the colors of light
are separated and
directed on their own
course, all to form the
spectrum, so are we
the colors, and nursing
the prism.*

PACIFIC LUTHERAN UNIVERSITY
Pinning Ceremony
August 20, 1976



Trinity Lutheran Church
August 20, 1976
2:00 p.m.

PINNING CEREMONY

Processional	Mamie Taylor, Pianist
Invocation	The Reverend Erwin G. Walz
Welcome	Patricia Speicher
"A Prayer by St. Francis of Assisi"	Mamie Taylor Soloist
Address	Fern Gough, M.S.N. Assistant Professor
Class Theme	Mary Fisher
"Turn, Turn, Turn"	Linda Green, Molly Lee Karen Wright, Rita Pharris Mark Brandt, Guitarist
Presentation of Pins	Doris G. Stucke, Ed.D. Director, School of Nursing Mark Brandt, Guitarist
"A Light Touch"	Rita Pharris
Closing	Camille Crim
Benediction	The Reverend Ralph Fischer
Recessional	Mamie Taylor, Pianist

Summer Commencement / 1976

Pacific Lutheran University/Tacoma, Washington

Eastvold Auditorium, Pacific Lutheran University, Friday, August 20, 1976, 7:30 p.m.

PROGRAM

Prelude	Bruce Neswick*
<i>Come Holy Spirit, God and Lord</i> — Bach	Organist
<i>Siciliano for a High Ceremony</i> — Howells	
<i>Preamble for a Solemn Occasion</i> — Copland	
Academic Processional	Bruce Neswick
<i>Processional of Joy</i> — Meyer**	
Invocation	Rev. Donald Jerke University Minister
Welcome	Dr. William O. Rieke President
Remarks	<u>D. Camille Crim</u> Baccalaureate Candidate
Remarks	John G. Paules Master's Candidate
Instrumental Music	Jack Simmons, Clarinet Laura Carter, Piano
<i>Phantasiestucke (Fantasy Pieces) Op. 73</i> — R. Schumann	
I. <i>Zart und mit Ausdruck (Tenderly and Expressively)</i>	
II. <i>Lebhaft, Leicht (Lively, Lightly)</i>	
III. <i>Rasch und mit Feuer (Quickly with Fire)</i>	
Conferring of Degrees	President Rieke
Presentation of Degree Candidates	Dr. Richard D. Moe Dean of Graduate and Summer Studies
Closing Remarks	President Rieke
Benediction	Michael Rime Religious Life Intern
Recessional	Bruce Neswick
<i>Toccata — Symphony V</i> — Widor	

Marshals: Dwight J. Zulauf, Professor of Business Administration
Christopher Browning, Assistant Professor of History

*Bruce Neswick is a junior music major at Pacific Lutheran University.

**Dr. Lawrence J. Meyer is Professor of Music at Pacific Lutheran University.

President and Mrs. Rieke cordially Invite you to a reception honoring the graduates to be held in the University Center immediately following the Commencement Program.

SCHOOL OF NURSING BACHELOR OF SCIENCE IN NURSING

KATHLEEN MARIE BECKMAN
Cum laude

SUSAN ALINE BERL
Cum laude

ANN M. BEST
Cum laude

ANNE ELIZABETH BORGERDING

ANNE LOUISE HENDRICKSON BRANDT

DEANA CURTIS CAMPBELL

DIANA CAMILLE CRIM

CHARLENE KAY EASLEY

MARY L. FISHER
Cum laude

LINDA M. GREENE
Magna cum laude

DONNA KAY GUNOVICH

VERNON L. HANSON

JOYCE DARLENE HEGGEM

ELAINE LOWERY JAMES

KAREN SUSAN JOHNSON

KAY IRENE KUPKA

MOLLY FISCHER LEE

RITA DIANE PHARRIS

BARBARA G. RANEY

PATRICIA GALE SPEICHER
Cum laude

CHERYL ANN TADLY

KATHRYN MARIE VYKOUK

REBECCA ANNA WALDROP

GAYLE JOANNE WALZ

MARIAN B. WOODLAND

KAREN CAROLYN WRIGHT

NANCY KRISTINE YOUNG

Cum laude

CLASS OF 1977

Amondson, Susan J. Wark
 Anderson, Darlene F.
 Bayer, Cathleen H.
 Benham, Sharon D. Brown
 Berger, Rosemary E. Petig
 Bernard, Barbara J.
 Branam, Elizabeth Nunley
 Chatterton, Patrice S. Reiner
 Christophersen, Janice R. Krogstad
 Crockett, Madelyn J.
 Dawson, Raedene A.
 Dow, Paul R.
 Eneboe, Joelle L.
 Evans, Sally A. Lincoln
 Farnsworth, Kathleen G. Kent
 Feero, Dalene J. Engert
 Finseth, Claudia J. Riiff
 Folling, Kristi B.
 Formo, Jennifer R.
 Gulsrud, Mary Ellen Ezell
 Hall, Jennifer L. Buchholtz
 Hamilton, Nancy L.
 Hargreaves, Elizabeth J. Poe
 Harrison, Margit A. Ferea
 Hauck, Barbara L.
 Hudson, Jody L. Bussert
 Jacques, Suzan G. Silliman
 Jensen, Linda K. Loftis
 Jondal, Susan M. Lauritzen
 Kleven, Marlene R. Selene
 Kramer, Mary M.
 Leyton, Glenda K. Emmerton
 Lien, Kathleen C. Rowland
 Lovelace, Susan M. Hajek
 Manza, Rita
 Martin, Deborah K. Ashley
 Monroe-Rodman, Mary Jane
 Moore, Keri Jo
 Morrow, Judy Lynn Anderson
 Munger, Linda L. Engel
 Neher, Beverly A. Taylor
 Olberding, June A.
 Pearson, Anne M.
 Pecoraro, Charlene J. Johnson
 Pentz, Cindi L. Wantz
 Peppones, Daphne J.
 Perry, Mary E. Johnson
 Poss, Melanie M.
 Rasmor, Melody L.
 Reese, Iola Verena
 Ringo, Carolyn S. Swanson
 Russell, Karen Ettlin
 Schmiett, Patricia L. O'Neal
 Schroggs, Claudia L.
 Shagren, Audrie J.
 Sharpe, Diane S. Smith

Stahl, Deborah M.
 Sumpter, Gayle B. Stults
 Taylor, Sandra L. Lamb
 Tupuola, Sailitafa S. Samoa
 Wells, Deborah A. Ness
 White, Virginia Lenci
 Young, Merryl M. Murakami
 Zrust, Charleen K.

Scene

Pacific Lutheran University
Alumni Association

December 1976.

Continuing Ed. Program For Nurses Slated

A series of continuing education programs directed toward registered nurses, particularly baccalaureate graduates in southwest Washington, will be offered later this year by the PLU School of Nursing.

Courses planned include Stress Management; Food: Where Nutrition, Culture and Politics Meet; Nursing Assessment: Effecting Change Through the Nursing Process; Continuing Health Planning; Nursing Management; and a series of seminars offered in cooperation with the School of Business Administration.

According to program coordinator Carolyn Schultz, the program is committed to the absolute value of human growth and development and individual self-fulfillment.

The courses are accredited by the Washington State Nurses Association continuing education recognition point system.

The first program, Nursing Assessment, will begin in January. For further information concerning the program series, contact Ms. Schultz at the PLU School of Nursing.

Master's In Counseling, Guidance Adds Dimension To Teacher Skills

By Judy Davis

"My experiences in the guidance and counseling program at PLU have helped me grow and understand myself."

In turn, "My personal growth has enabled me to help others through the counseling process."

Pat Bryant was reflecting on how her master's training in the PLU School of Education's

After completing their first semester, the PLU students continue to combine theory with practical experience as they meet criteria for passing specific levels. Working in schools or agencies, they develop skills in "therapeutic" questioning, motivating clients to change their behavior and help clients make decisions.

Another step in the program

involves a Gestalt Therapy practicum which brings about an awareness of the "totality" of the client.

Throughout the program, students develop techniques of group counseling. "In one practicum, students may help parents or teachers recognize the mistaken goal of behavior of a child and present methods for modifying a child's motivation," said Dr. Fletcher.

As a final step in the program, students gain "field work" experience with a counselor in an agency or school.

"By the time students have completed the two-year program, they are capable of counseling on an individual or group basis and can serve as a 'resource' for others who are called upon to serve in a counseling capacity," said Dr. Fletcher.



Dr. Jo Fletcher

guidance and counseling program has enhanced her career as a counselor at Lakeview Elementary School.

Dr. Jo Fletcher, program coordinator, said a chief benefit of the two-year program is that it allows students to begin immediately to combine classroom theory with actual counseling experience.

"During their first semester, those enrolled in the program counsel five different PLU students with personal problems who have agreed to allow the sessions to be video-taped for future evaluation," explained Dr. Fletcher.

During this initial "skill-based practicum," the counseling students learn how to clarify, reflect and paraphrase feelings of their clients. Among the problems the counselors and clients may talk over are interpersonal conflicts, loneliness, self-alienation and drug abuse.

In her opinion, an invaluable aspect of the counseling and guidance master's program is the numerous opportunities for "feedback" about students' performances.

"Every step of the way, students are evaluated by their teachers, supervisors, fellow students and even those they are counseling," noted Dr. Fletcher who formerly taught in the PLU School of Nursing.

It was during her experience as a nurse that Dr. Fletcher first became interested in changing her career course toward counseling — a subject she feels nurses should study.

Dr. Fletcher's interest in counseling also has been nurtured by her experience as a Christian education worker prior to becoming a nurse.

To prepare for her counseling

career, Dr. Fletcher obtained a master's in counseling and guidance from PLU in 1967. In 1971, she received a doctorate in educational psychology and counseling from the University of Washington.

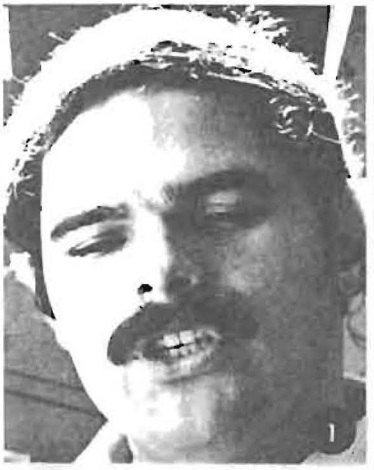
Since becoming involved in the counseling and guidance master's program, she has been largely responsible for the "evolution" to its present curriculum. Now, there are approximately 56 students enrolled in the program.

In Dr. Fletcher's opinion, a basic tenet of the program — and a reflection of her personal philosophy — is the belief that people have strength and the ability to grow.

"In our training," she summarized, "we try to emphasize it is the role of the counselor to help people find their own strength within themselves."

Nursing

1. Robert Burk, B.S.N.
2. Phyllis Page, B.S.N.
5. Mathilda Acuff, M.S.
6. Luella Hefty, M.A.
9. Doris Stucke, Ed. D.
10. Thelma Hostetter, M.S.N.
11. Celestine Mason, M.A.



Nursing

3. Joyce Zerwekh, M.A.
4. Edith Johnson, M.A.
7. Lenora Weirick, M.S.N.
8. Fern Gough, M.N.





Nursing

- 3. Dorothy Cone, M.Ed.
- 4. Clara Carper, M.N.
- 7. Maryiva Carpenter, M.S.



Nursing

- 8. Jessica Myrbo, B.S.N.
- 9. Shirley Aiken, B.S.N.
- 10. John Stigglebout, M.N.
- 13. Cora Laurence, Ph.D.
- 14. Carolyn Shultz, M.A.
- 15. Lois Bergerson, M.N.
- 16. Lois Jacobson, M.S.N.



Sophomore Capping Ceremony, May 8, 1977
Trinity Lutheran Church



Capping - 1977

<u>First Row</u>	<u>Second Row</u>	<u>Third Row</u>	<u>Fourth Row</u>
1. Susan Riecke	1. Michelle Bauer	1. Victoria Gohsman	1. Julie Groh
2. Mary Rice	2. Karen Reep	2. Shiela Lowery	2. Gwen Hottle
3. Karen McElhinney	3. Jerilyn Probst	3. Kathryn Hachett	3. Elizabeth Liezen
4. Denise Lodenburg	4. Nancy Clark	4. Del Rene Davis	4. Donna Mowery
5. Martha Williams	5. Christine Butler	5. Lorraine Larsen	5. J. Stephen Nelson
6. Susan Youngblood	6. Kristine Krabbenhoft	6. Theresa Harth	6. Rebecca Haig
7. Debra Kenage	7. Julie Zahn	7. Dornice Sabo	7. Carole Meland
8. Amy Gutschmidt	8. Teri Roland	8. Laura Sather	8. Jean Klingenberg
9. Denise Crawford	9. Debra Buege	9. Donna Drevniak	9. Lori Lewis
10. Valerie Kaufman	10. Catherine Kerr	10. Marcia Harding	10. Cindy Drano
11. Donna Nakashima	11. Candace Idso	11. Betti Ann Brewer	11. Susan Wagner
12. Kathy Saammell	12. Barbara Fetty	12. Kari Johnson	12. Debra Solberg
13. Gilda Warden	13. Heidi Smidt	13.	13. Dian Nuxoll
14. Janet Beyerlein	14. Lynette Hoegh	14. Amy Pollock	14. Laura Liimatta
15. Nancy Lum	15. Phyllis Hisgrove	15. Patricia Farri	15.
16. Karen Barker	16. Teresa Trimble	16. Mary Strachota	16. Stephen Martin
17. Lori Lathrop	17. Nancy Lipeta		17. Kathryn Thomas
18. Coy Wilson			18. Kathleen Walker
			19. Cynthia Brandt
			20. Susan Holloway

Not Pictured

1. Donald Bowser	6. Karen Ludwig	11. Dwight Peterson	16.
2. Elaine Craven	7. Ann Miller	12. Judith Smart	17.
3. Debra Fischer	8. Evelyn Miller	13. Thomas Smith	18.
4. Mary Gallagher	9. Juanita Monin	14. Theresa Stephany	19.
5. Catherine Johnson	10. Karen Overland	15. Arthur Webber	

Not Identified or Not Pictured

1. Erickson, Marsha	W
2. Jones, Christine	Su '79
3. Leuthold, Marti	W
4. Nelson, Shannon	W
5. Silrum, Lois	Sp '79
6. Tessier, Laurie	W

A Love Made Visible

CAPPING and BANDING
CEREMONY



School of Nursing
Pacific Lutheran University
May 8, 1977, 2:00 p.m.
Trinity Lutheran Church

PROGRAM

PRELUDE	Bruce Neswick, organist
"Processional of Joy"	Lawrence J. Meyer
INVOCATION	The Reverend Donald Jerke
	University Pastor
HYMN	No. 397
"Love Divine, All Love Excelling"	First Tune
GREETINGS	Luella Hefty
	Instructor, Nursing
ADDRESSES	Phyllis Page
	Instructor, Nursing
	Burton L. Nessel
	Associate Professor, Chemistry
SPECIAL MUSIC	Lorraine Larsen
	Amy Gutschmidt
	Lisa Gutschmidt
CLASS SPEAKERS	Stephen Martin
	Mary Rice
HYMN	No. 311
"Christ For the World We Sing"	to the tune of No. 309
CAPPING AND BANDING CEREMONY	"A Love Made Visible"
Presiding	Doris G. Stucke, Director
	School of Nursing
Candlelighting	Lenora Weirick, Assistant Professor
	Phyllis Page, Instructor
Capping and Banding	Lois Jacobson, Assistant Professor
	Edith Johnson, Assistant Professor
	Cora Lawrence, Assistant Professor
	Mathilda Acuff, Instructor
Assisted by	Margaret Jones, Nursing Student
	Rita Manza, Nursing Student
HYMN	No. 408
"Praise To The Lord"	
BENEDICTION	The Reverend Donald Jerke
RECESSIONAL AND POSTLUDE	Bruce Neswick, organist
"Toccata in F"	C.M. Widor

*Reception immediately following in
Chris Knutzen Hall, University Center*

Barker, Karen	Idso, Candace	Overland, Karen
Bauer, Michell	Johnson, Catherine	Peterson, Dwight
Beyerlein, Janet	Johnson, Kari	Pollock, Amy
Bowser, Donald	Jones, Christine	Probst, Jerilyn
Brandt, Cynthia	Kaufman, Valerie	Reep, Karen
Brewer, Betti Ann	Kerr, Catherine	Rice, Mary
Buege, Debra	Klingenberg, Jean	Rieke, Susan
Butler, Christine	Krabbenhoft, Kristine	Roland, Teri
Clark, Nancy	Ladenburg, Denise	Sabo, Darnice
Craven, Elaine, R.N.	Larsen, Lorraine	Sather, Laura
Crawford, Denise	Lathrop, Lori	Scammell, Kathy
Davis, J. DelRene	Leuthold, Marti	Silrum, Lois
Draino, Cindy	Lewis, Lori	Smart, Judith, R.N.
Drevniak, Donna	Liezen, Elizabeth	Smidt, Heidi
Erickson, Marsha	Lilmatta, Laura	Smith, Thomas
Ferri, Patricia	Lipera, Nancy	Solberg, Debra
Fetty, Barbara	Lowery, Sheila	Stephany, Theresa, R.N.
Fischer, Debra	Ludwig, Karen, R.N.	Strachota, Mary
Gallagher, Mary	Lum, Nancy	Tessier, Laurie
Gohsman, Victoria	Martin, Stephen	Thomas, Kathryn
Groh, Julie	McElhinney, Karen	Trimble, Teresa
Gutschmidt, Amy	Meland, Carole	Wagner, Susan
Hackett, Kathryn	Miller, Ann, R.N.	Walker, Kathleen
Haig, Rebecca	Miller, Evelyn, R.N.	Warden, Gilda
Harding, Marcia	Monin, Juanita, R.N.	Weaver, Arthur
Harth, Theresa	Mowery, Donna	Williams, Martha
Hisgrove, Phyllis	Nakashima, Donna	Wilson, Coy
Hoegh, Lynette	Nelson, John Stephen	Youngblood, Susan
Holloway, Susan	Nelson, Shannon	Zahn, Julie
Hottle, Gwen	Nuxoll, Dian	

*Work is love made visible.
And if you cannot work with love but
only with distaste, it is better
that you should leave your work
and sit at the gate of the
temple and take alms of those
who work with joy.*

Kahlil Gibran
The Prophet

Scene

Volume LVII No. 3 Bulletin of Pacific Lutheran University/Alumni Association June 1977



Univ. Pastor Don Jerke, Dr. Stucke, Dr. B. Nessel, Nursing Faculty: Phyllis Page, Mat Acuff, Lu Hefty

To signify the completion of level two, 84 nursing students receive caps or bands. Faculty members Burton Nessel and Phyllis Page and students Stephen Martin and Mary Rice spoke at the annual ceremony held at Trinity Lutheran Church in May.



6

PLU School Of Nursing Adapts To Modern Health Care Needs

By Jim Peterson

The mother of a child with cerebral palsy, a stroke victim and a person suffering from epilepsy are some of the guest "instructors" participating in the new curriculum offered by the PLU School of Nursing.

They are representative of the numerous resource persons who meet regularly with PLU nursing students to discuss special problems as progress is made through the various phases of the program.

The new nursing curriculum is exceedingly more personalized than was its predecessor, according to Dorothy Cone, associate professor of nursing at PLU. Mrs. Cone served as director of the curriculum study project that began in 1969 and was first implemented in 1973.

In fact the term "instructor" may be archaic when applied to the new nursing curriculum. The emphasis is on independent study, seminars, discussions and a great deal of one-to-one work between professor and student.

"The faculty uses class time for motivation and clarification and to provide information not readily available elsewhere," Mrs. Cone explained. "We have far fewer lectures as such and students lead their own seminars. Faculty members serve as resource people to make sure information is accurate."

The approach may work better today than it might have five or 10 years ago. Many students come out of high school today with independent study experience, she observed.

A personalized program is more difficult for the family, however. The demand for individualized counsel can be exhausting, she indicated. It is not unusual for instructors to be working directly with students for 10 hours a day.

Because the structure is less formal and to some degree inte-

grated, it is also necessary for faculty to be familiar with one another's specialties.

"To relieve some of the burden we have worked out our own systems, combining some duties and using team approaches," Mrs. Cone added. "To make it work we have to work together and plan together more closely, something we hadn't done in the past. You can't be a prima donna here very long."

The new curriculum project began with one faculty member's proposal to integrate community health instruction. The nursing



Dorothy Cone

faculty agreed but felt the concept should be broadened. Eventually a Department of Health, Education and Welfare grant was obtained to subsidize the countless hours that would be necessary to complete the project. Initially, 40 per cent of the time of five faculty members was devoted to the effort.

Nursing faculty, nursing alumni and community directors of nursing, head nurses, administrators and health agency representatives were exhaustively interviewed to identify the "essential components" of a nursing education.

What resulted was a six-level program. Briefly, the first level deals with geriatrics and students

each have one geriatric client. Level two involves experience in geriatric clinics as well as newborn nurseries and well child clinics.

Level three offers the first hospital experience with mothers and infants, children and adults. At level four, students get medical-surgical and psychiatric experience. Level five, increases community health participation and advances the care of children and adults to coronary and intensive care.

At this point a student is qualified to work as a beginning professional in any of the clinical areas. But in addition, there is a sixth level, a "preceptorship" or internship, where a student works intensively with one professional in the community for four days a week during an entire semester. Whether the area is community or hospital nursing is the choice of the student.

"There are from 40 to 50 'preceptors' helping us at any one time," Mrs. Cone said. "They like it. They keep volunteering to do it again, and they often become very good friends with the students and their families."

The School of Nursing tries to thank and reward the volunteer instructors with continuing education opportunities and professional credit.

The new PLU curriculum approach was uncommon across the country when it began, though some schools were making studies at about the same time. Today many other schools are following along, but it's a long process and each school must gear its program to its individual philosophy.

"We're confident that the program is doing the job," Mrs. Cone asserted. "Students are learning more and they're learning faster. We have evidence because we test so closely."

One of the features of the program is the demand for 100 per cent mastery of each level instead of the traditional quizzing and grading on the curve. All of the evaluation is done on a one-to-one basis.

Dr. Doris Stucke, director of the School of Nursing, commented, "We've had beautiful community participation. The program has been well received by hospitals and agencies in the community. Without their cooperation it wouldn't work."

She added, "The new curriculum prepares students better for the future because it stresses independent learning which they will continue to use long after they have left PLU. With the knowledge explosion all of us must continue to learn or be left far behind."

Senior Pinning Ceremony
May 21, 1977



PINNING - MAY 1977

First Row

1. Diane Sharpe
2. Beverly Taylor Neher
3. Patrice Reiner Chatterton
4. Madelyn Briakmeyer Crockett
5. Meryll Murakami
6. Barbara Hauck
7. Judy Anderson
8. Deborah Stahl
9. Emily Perry Kuhnau
10. Rosemary Petig Berger
11. Sharon Brown

Second Row

1. Cathleen Bayer
2. Mary Monroe
3. Susan Amundson
4. Mary Ellen Ezell
5. Karen Ettlin
6. Glenda Emmerton
7. Michael Sugino
8. Marlene Selena
9. Linda Engel
10. Deborah Ness
11. Elizabeth Poe
12. Lindi Wantz Pentz
13. Jody Bussert
14. Charlene Johnson
15. Jennifer Radalitte Formo
16. Claudia Riif Finseth

Third Row

1. Susan Hajek
2. Gayle Stultz
3. Kathleen Rowland
4. Melanie Paas
5. Elizabeth Nunley
6. Paul Dow
7. Mary Kramer
8. Susan Lounitzen
9. Kristi Felling
10. Claudia Scroggs

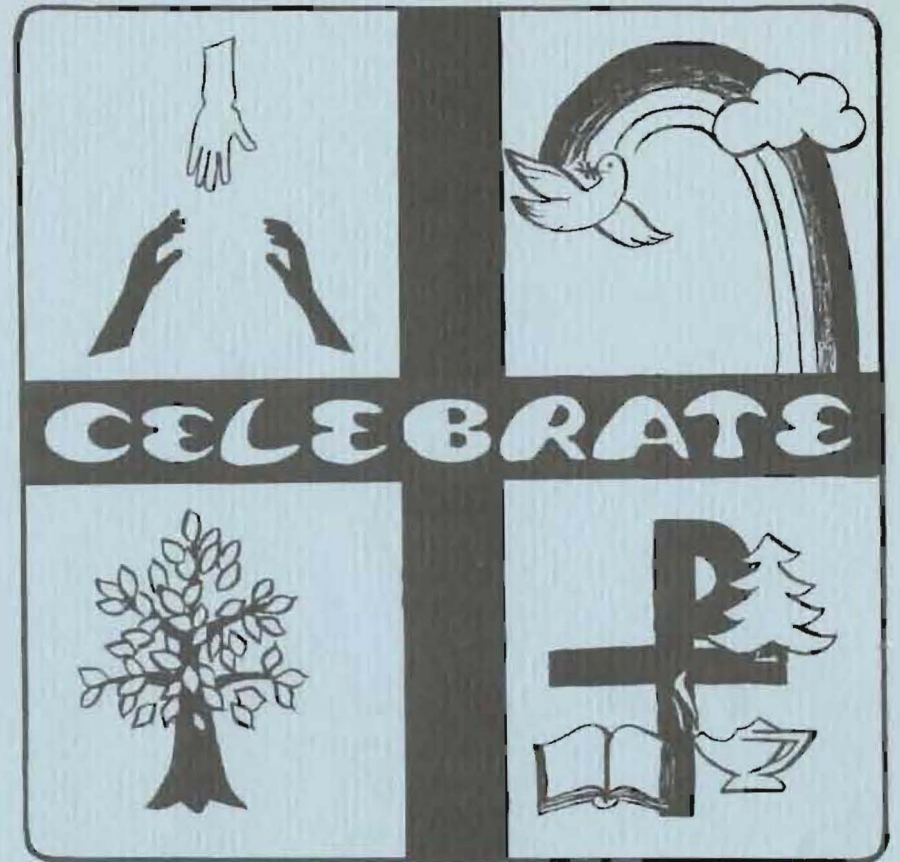
Not Pictured

1. June Olberding

SPRING NURSING CLASS OF 1977

Susan Jean Amondson
Judy Lynn Anderson
Cathleen H. Bayer
Rosemary Petig Berger
Sharon Brown
Jody Lynn Bussert
Patrice Reiner Chatterton
Madelyn Brinkmeyer Crockett
Paul Dow
Glenda Kay Emmerton
Linda Engel
Karen Ann Ettlin
Mary Ellen Ezell
Claudia Jo Riiff Finseth
Kristi Beatrice Folling
Jennifer Radcliffe Formo
Susan M. Hajek
Barbara Hauck
Charlene Joyce Johnson

Mary Kramer
Emily Perry Kuhnau
Susan Lauritzen
Mary J. Monroe
Merryl M. Murakami
Beverly Taylor Neher
Deborah A. Ness
Elizabeth Nunley
June Stotts Olberding, R.N.
Cindi Wantz Pentz
Elizabeth Jean Poe
Melanie Margaret Poss
Kathleen Rowland
Claudia L. Scroggs
Marlene Selene
Diane Smith Sharpe
Deborah Marie Stahl
Gayle Benintendi Stults
Michael Kazuo Sugino



*Pacific Lutheran University
School of Nursing
Pinning Ceremony*



*Christ Lutheran Church
May 21, 1977
11:00 a.m.*

PINNING CEREMONY

Processional	Sue Wantz, Organist "Processional of Joy" - Meyer
Invocation	The Reverend Donald Jerke University Minister
Welcome & Class Address	Marlene Selene
"All Good Gifts"	Judy Anderson, Claudia Finseth, Emily Perry Kuhnau, Elizabeth Nunley, Cindi Pentz
Guest Speaker	The Reverend William Voris Chaplain, Good Samaritan Hospital, Puyallup
"Pass It On"	Please rise and join us
Presentation of Pins	Doris G. Stucke, Ed.D. Director, School of Nursing Lois Bergerson, M.N. Associate Professor of Nursing Robert Burk, B.S.N. Instructor of Nursing Mary Carpenter, M.S. Assistant Professor of Nursing Joan Stiggelbout, M.N. Instructor of Nursing
"Peace I Leave With You"	Patrice Chatterton, Karen Ettlin, Kristi Folling, Elizabeth Poe, Melanie Poss, Claudia Scroggs, Marlene Selene
Closing	Claudia Finseth
Benediction	The Reverend Earl B. Wantz Chaplain, U.S.A.F.
Recessional	Sue Wantz, Organist "Jesu, Joy of Man's Desiring" - Bach

*Please join us for a reception
in the fellowship hall.*

SUMMER NURSING CLASS OF 1977

Darlene Anderson
Barbara Bernard
Jennifer Buchholtz
Joelle Eneboe
Dalene Engert
Margit Ferea
Nancy Hamilton
Janet Hillesland
Mary Johnson
Kathleen Kent
Janice Krogstad
Sandra Lamb
Sally Ann Lincoln
Kay Loftis
Rita Manza
Deborah Martin
Keri Moore

Alice Mumford
Valerie Noyes
Patricia O'Neal
Anne Pearson
Daphne Peppones
Melody Rasmor
Verena Reese
Audrie Shagren, R.N.
Suzan Silliman
Carolyn Swanson
Sailitafa Samoa Tupuola
Elizabeth Veirs
Joan Wallin
Julie Weisenborn
Virginia Lenci White
Charleen Zurst

CHRYSALEIS



**Chrysalis — the golden colored resting stage in the life history of many butterflies. We interpret chrysalis as being a resting stage in our evolution as nurses; the end of our beginning — the beginning of our growing.*

PINNING CEREMONY

School of Nursing
Pacific Lutheran University
August 19, 1977 — 2:00 p.m.
Trinity Lutheran Church

PRELUDE Debra Christianson, Organist
"Processional of Joy" — Meyer

INVOCATION The Reverend Donald Jerke
University Minister

HYMN No. 397
"Love Divine"

WELCOME AND CLASS ADDRESS Keri Moore

SPECIAL MUSIC Barbara Bernard
Miguel Villahermosa

ADDRESS Shirley Aiken, B.S.N.
Instructor of Nursing

ADDRESS Robert Burk, B.S.N.
Former Instructor of Nursing

SPECIAL MUSIC Debra Christianson
Dalene Engert, Janice Krogstad
Kay Loftis, Julie Weisenborn

PRESENTATION OF PINS Doris G. Stucke, Ed.D.
Director, School of Nursing
Lois Jacobson, M.S.N.
Assistant Professor of Nursing
Florence Bowen, M.S.N.
Former Instructor of Nursing

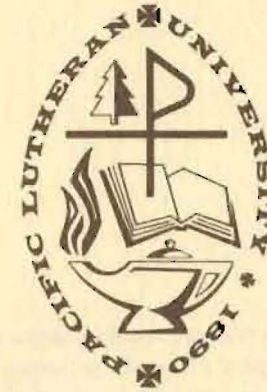
CLASS SONG "Day Break"
Barry Manilow

CLOSING REMARKS Verena Reese

BENEDICTION The Reverend Donald Jerke
University Minister

RECESSIONAL Debra Christianson, Organist
"Jesu, Joy of Man's Desiring" — Bach

*Please join us for a reception
in the fellowship hall of the church.*



May you never lose sight of the goals you've set
or the dreams you're dreaming.



Dr. Doris Stucke

preparing for a serving career

Today's Degree Nurses Are Highly Trained Professionals

By Jim Peterson

The School of Nursing at Pacific Lutheran University has a reputation for having one of the most demanding programs on campus. Yet its enrollment has tripled in the past 10 years and today it is only able to accept one-third of its applicants.

"Nursing has a glamorous reputation with all of the 'nurses' on television," Dr. Doris Stucke, School of Nursing director, admits. "But it's more than that. The majority of our students come into nursing because of a desire to help others.

"And they have to be pretty strongly committed," she added. "The glamour wears off quickly and they find it's very hard work."

Today there are a vast number of career options in nursing. "The rapid growth in health care is in the area of prevention," Dr. Stucke explained, "and that is where nurses are needed — in immunization, nutrition, sanitation, environment, geriatrics, well-child care, counseling, education, practitioner and clinician roles and many other specialties, as well as the more traditional hospital functions."

The public image of nursing has not kept pace with the development of the profession, in part

because there have been drastic changes in the profession itself. Fifty years ago all a nurse needed was "a strong body, a weak mind, and willingness to follow a physician's instructions." Even in recent years, in many areas, one needed only to do for the patients at the physician's direction.

"Today, the emphasis is on doing with patients and helping them do for themselves," Dr. Stucke continued. "More and more, physicians are relying upon the nurse to assess the patient's condition and intervene appropriately even before the physician is notified."

As an occupation nursing is a very broad field, which also contributes to public confusion. There are nurses' aides (on-the-job training), practical nurses (one year vocational training), and three levels of registered nurses from community colleges, three-year diploma (hospital) schools, and four-year baccalaureate programs at colleges and universities.

Skills range from making a bed or bathing a patient to complex problem solving and the decision-making leadership responsibilities of a professional nurse.

There is also opportunity for RN's to secure further preparation through advanced degree or special certification programs.

Not all aspiring nursing students are cut out for the profession, according to Dr. Stucke. "Some see how hard it can be and don't want to give that much of themselves," she said. "Some are overwhelmed by the responsibilities they see they will have to assume. Irregular hours and emotional strain are also a part of nursing."

Dr. Stucke continued, "Nurses

some see them to be. They have feelings. It is often hard not to become more involved than is good for one's own health." While a patient or the family may have the singular or occasional trauma, a nurse faces trauma every day and must be able to care, and at the same time stay far enough away to be objective, she indicated.

These potential concerns have not substantially affected retention in the PLU program due, at least in part, to the careful student selection process. Last year's graduating class, the first under the new nursing curriculum (see related story), represented 83 per cent of the students who had started the program. The national retention average is about 65 per cent.

The PLU School of Nursing has reached its optimum size for the foreseeable future after a period of rapid growth. Ten years ago there were 75 students in clinical courses (sophomore through senior year). Last year there were 215. During the same period the number of faculty increased from 10 to 22.

In 1967, the first year of Dr. Stucke's tenure, the school moved from the old Classroom Building to Ivy Hall on lower campus. In 1971 it was moved to the remodeled former student union building, now Aida Ingram Hall. Five

offices were added there in 1975 but the school has still essentially outgrown the facilities.

Further growth is also limited by the availability of health facilities in the community on which the school must rely for valuable clinical experience for students.

Realistically, too, there are limits in the number of employment opportunities, particularly in metropolitan areas where most graduates choose to apply. Since about half of the 90 or so PLU nursing graduates each year seek positions in Pierce County, substantial additional numbers of grads could reduce employment opportunities, Dr. Stucke observed.

Compared, however, with many other professions today, nursing is a field where the number of opportunities is continuing to grow for both men and women. Dr. Stucke emphasized, "There will always be a need for qualified, committed nurses."

Nursing In 'The Good Old Days'

While nursing is still a difficult, demanding profession, it is not as difficult as it was 90 years ago. The following excerpts are from a job description of a bedside nurse in an American hospital in 1887:

In addition to caring for 50 patients, each bedside nurse will follow these regulations —

1. Daily sweep, and mop the floors of your ward, dust the patient's furniture and window sills.

2. Maintain an even temperature in your ward by bringing in a scuttle of coal for the day's business.

3. Light is important to observe the patient's condition. Therefore, each day fill the kerosene lamps, clean the chimneys and trim the wicks. Wash the windows once a week.

4. The nurse's notes are important in aiding the physician's work. Make your pens carefully. You may whittle the nibs to your individual taste.

5. Each Nurse on day duty will report each day at 7:00 A.M. and leave at 8:00 P.M. except on the Sabbath on which day you will be off from 12:00 noon to 2:00 P.M.

6. Graduate nurses in good standing with the director of nurses will be given an evening off each week for courting purposes, or two evenings a week if you go to church regularly.

7. Each nurse should lay aside from each payday a goodly sum of her earnings for her benefits during her declining years, so that she will not become a burden. For example, if you earn \$30 a month you should set aside \$15.

8. Any nurse who smokes, uses liquor in any form, gets her hair done at a beauty shop or frequents dance halls will give the director of nurses good reason to suspect her worth, intentions, and integrity.

9. The nurse who performs her labors, serves her patients and doctors faithfully and without fault for a period of five years will be given an increase by the hospital administrator of five cents a day providing there are no hospital debts that are outstanding.



Realism Vital In Care Of Incurably Ill

Editor's note: One of the strengths of a baccalaureate nursing program is the emphasis on patient's psychological, as well as physical needs. Alice Olson '75 works in medical oncology at University Hospitals in Minneapolis, Minn. She relates how she deals with death as a daily companion and how her education prepared her for the experience.

By Alice Olson

In recent years much attention has been drawn to the care and



Alice Olson

needs of dying patients. Working directly with cancer patients, many who have since died or face a severely shortened life expectation has given me the opportunity to share the small victories and the deep hurts with a special group of people.

What is essential to preparing nursing students to care for terminal patients? How do we include nursing as a positive support system in mobilizing a patient and his family to cope with a serious, chronic disease?

Perhaps one of my greatest fears for my patients is that they are left to face their disease and dying alone. Nursing education emphasizes close communication with the patient and his family. I have now learned that those channels may exist between the patient and only a few, or even one of

the staff members. That involvement on a small scale seems important to minimize the frustrations and concerns present. Other health professionals — social workers, chaplains, dietitians, occupational and physical therapists — should be available when indicated. Some families desire the support of many people while others prefer to function more privately — something which needs to be assessed and respected. Others gain support from sharing experiences with other patients.

Another aspect of my field I have valued is the chance to be relatively unconventional. We are taught to be creative and develop programs to fit each individual. A person who has to face long hospitalizations and a deteriorating physical status needs to lead his life as he desires — not per hospital protocol. That may mean interrupting treatment at the hospital so a patient can go home for a weekend or even a few hours, allowing the family to come and go at whatever hours they wish and encouraging anything which makes the hospital more tolerable. It also means respecting the teaching and support the family needs to make that possible.

The question I am most frequently asked is, "Isn't it depressing working on a cancer ward?" No, it is not. If I set as my goal that I will see the majority of my patients cured of their disease, it might be more depressing and seem futile. By accepting that I cannot erase the fact that they have an advanced type of cancer, I am able to set more realistic goals and help them make the most of each day. This type of nursing requires sharing the triumphs and frustrations of meeting cancer head-on and I am deeply touched by those people who have demonstrated that each day of our lives is precious.

Assessment Phase Builds Student Skills

"Now I'm really beginning to feel like a nurse."

Luella Hefty, assistant professor of nursing and a team leader for Level II in the School of Nursing, said this comment is typical of those made by nursing students enrolled in "Health Assessment."

"During this course, nursing students gain their first clinical experience and begin to apply the skills they have learned in the classroom," explained Mrs. Hefty.

As part of the assessment process, the student nurses learn how to examine clients using such tools as a stethoscope, blood pressure cuff and audio-visual equipment.

"They also further develop interviewing skills which were introduced in Level I to evaluate the emotional and physical wellness of the client and understand the 'total' person," she explained.

Assessment, she continued, is defined as "the continuous, systematic, critical, orderly and precise method of collecting, validating, analyzing and interpreting of information about the physical, psychological and social needs of a patient, the nature of his self-care deficits, and other factors

Rapid Changes In Nursing Increase Need For Continuing Ed. Program

By Judy Davis

Continuing education is becoming "absolutely necessary" to the nursing community, stresses Carolyn Schultz, continuing education coordinator for the PLU School of Nursing.

Mrs. Schultz, who specializes in community health nursing, said the continuing education trend for nurses can be related to two words now common to the vernacular of nearly every service-oriented profession: "accountability" and "consumerism."

"In the past seven years, the public has begun to hold the nursing profession accountable for the quality of care they receive; more and more, consumers are being urged to take responsibility for their health-care needs," she continued.

At PLU, the continuing education program seeks ways to help nurses improve their professional skills and keep abreast of technological changes so they can be better prepared on the job.

Mrs. Schultz suggested that continuing education will soon become more than a "trend" within the profession. She predicts the state legislature will soon pass legislation making continuing education a requirement for relicensing of practicing nurses.

Already, the PLU School of Nursing is gearing up its continuing education programs so it can be better able to respond to the needs of the nursing community when this occurs.

Last fall, for instance, PLU began to assess the continuing education needs of the nursing community.

Mrs. Schultz personally talked to in-service coordinators in hospitals in the Puget Sound area and Southwest Washington to see

what types of continuing education programs are needed within the nursing profession.

She emphasized that the PLU program is not designed to lead to advanced degrees but to provide nurses with opportunities for "continuing their education" as they carry out professional duties.

"We've found the continuing education formats most suitable for nurses are workshops, seminars and short courses," Mrs. Schultz explained. In some cases, the continuing education program allows for independent study, with PLU staff members serving as resource persons.

In the past year, subjects covered in the continuing education program included "Stress Management" (designed for the nursing school faculty), "Adolescence: Growing Up the Hard Way" and "Management Tools for Health-Care Professionals."

In response to a need surfacing in Grays Harbor, the PLU School of Nursing offered a one-day

(Continued on Page 9)

(Continued from Page 8) seminar in the spring for practicing community health nurses in that city.

"Most of the seminars are open not only to nurses, but to anyone interested in the subject for discussion," said Mrs. Schultz who has also been a team leader for level six of the nursing curriculum.

She pointed out local persons in health-care and related fields as well as representatives of the PLU Nursing School staff and general faculty conduct continuing education programs.

"We feel, in a sense, a continuing education can be the tool for getting together those involved in providing direct care and those



Carolyn Schultz

involved in nursing education," Mrs. Schultz added.

In her opinion, by facilitating communication among those individuals, the profession, as a whole, is improved. "The end result," she said, "is better quality health care for the entire community."

influencing his condition and care."

Through clinical experiences, nursing students gain an understanding of wellness at all age levels. "Understanding wellness is a major goal of the course, since it prepares the students to recognize existing and potential health problems," Mrs. Hefty said.

She added that students are especially happy with one of their first clinical experiences in which they examine a healthy, newborn baby in either Tacoma General Hospital or Madigan Army Medical Center.

"During the newborn assessment, they take vital signs such as heartbeat and respiration, test neurological reflexes, assess the mother-infant relationship and generally gain an understanding of the baby's total 'wellness,'" she pointed out.

Besides gaining practical experience in infant nurseries, they also spend time in well-child, adolescent and geriatric clinics and elementary schools. "Frequently our students are called upon to help schools with immunization and health screening programs," Mrs. Hefty said.

Students also continue visits with elderly individuals which began the previous semester. The visits give them experience in health assessment and skills in initiating, maintaining and terminating relationships.

Some selected students, usually more mature individuals or nurses completing degree programs, assist in the PLU Health Center. There they examine con-

senting fellow students who evaluate procedures used by the nursing students.

(Continued on Page 8)



Denise Ladenburg assesses infant.

(Continued from Page 7)

"The evaluation process by other members of the health team in the clinical setting and the PLU School of Nursing staff continues throughout the course," said Mrs. Hefty.

One of the first evaluation process experiences occurs in the laboratory where students demonstrate physical examination, interviewing, infant care skills and injections. After practicing injections on oranges, students demonstrate skill mastery using each other as clients.

When they are judged ready to give injections outside the classroom they begin giving immunizations during their clinical experiences, according to Mrs. Hefty.

The Health Assessment course, she stated, not only gives students techniques to use in assessing health needs of clients, but also helps them gain understanding of the role of the community health nurse and of the health care resources available to the public.

Elderly Offer Time To Add Dimension To Nursing Study

By Judy Davis

The elderly in our society are not necessarily sick and infirmed with "one foot in the grave."

This covert message is transmitted to student nurses during weekly visits they make to retired persons as part of the course, "Socialization to Nursing."

"The weekly visits are one way we try to eradicate the idea the elderly are sick — that's true in the case of only about five per cent of the retired population," said Lenora Weirick, assistant professor of nursing who teaches the course.

For the first two levels of the nursing curriculum, a student nurse maintains this one-to-one relationship with a retired person who has volunteered to be a part of the program.

It is because the student nurse will probably be dealing primarily with retired persons during her nursing career that she gains early exposure to the needs and characteristics of the elderly person.

Since the course emphasizes "wellness" of most of the elderly population, the retired volunteers usually live in their own apartments or homes. Most are widows or widowers.

"In addition to assessing the 'wellness' of the retired client, the student nurse also becomes aware of their nutritional habits and any problem areas that may surface," explained Ms. Weirick, a specialist in medical-surgical nursing.

Most of the retired volunteers come through referrals of friends or acquaintances involved in the program. Ms. Weirick said forms explaining the program and questionnaires are left with apartment-house managers in many instances.

Each semester, Ms. Weirick is

(Continued on Page 7)



Candy Idso, left, and Anne Knudson

(Continued from Page 6) responsible for matching some 15 to 20 nursing students and retired clients. Over the past three years, nearly 100 retired persons have taken part in the program.

Ms. Weirick emphasized the program could not exist if the

retired persons were not willing to give their time.

"It's only their generosity that makes the program successful," she stressed.

Ms. Weirick said the program not only emphasizes the self-sufficiency of the retired population, but also helps student nurses

realize that youth is not the only worthy age level.

"Many of the student nurses don't have grandparents so they have missed out on hearing about life experiences of the elder generation," commented Ms. Weirick.

She said student nurses have indicated hearing about life "in the old days" as an interesting part of visits with their "surrogate" grandparents. While developing an understanding of lifestyles of another generation, the student nurses also develop skills in communication and interpersonal relationships.

"At first, some student nurses find it difficult to sit down and talk to someone who may be three times their age or more," explained Ms. Weirick. But, by the end of the program, most student nurses have learned to become relaxed and comfortable, and, in a sense have "blossomed" with their clients.

"They begin to see how their needs compare and how mutual meeting of these needs has occurred," said Ms. Weirick.

One of the most popular retired "clients" among student nurses is Anne Knudson who taught English at PLU for 25 years before retiring in 1970.

"Annie K" emphasized the experience with the student nurses

is a two-way street. She has learned, for instance, "greater respect for the ideas, opinions and abilities of nursing students today."

"I've always known students are more mature than we give them credit for being, but I've found the four nursing students I've visited with to be an extremely interested, dedicated group of young people."

Her current "visitor," Candy Idso, 20, said she especially appreciated being able to meet with Annie K in a relaxed, informal setting, free from the stresses of the classroom.

"I've found out one can really learn from an older person; I've also gained an understanding of the joys and problems of retirement and how to look at the total person," said the junior from Puyallup.

During the visits, Candy and Annie K "let it happen" and talk about anything from ancestry and home life to books and campus living styles.

"As far as I'm concerned, it's great to be out with someone like Annie K," said Candy.

She added, "The 'book' nurse is not enough — what a nurse really needs to know about is people."

First Day On Ward Causes Variety Of Emotions

"That's good!"

Very simple words of encouragement from the instructor are cherished by nursing students experiencing their first days on a hospital ward at the beginning of their junior year.

"It can be a confusing, even frightening experience at first,"

observed Clara Carper, instructor for this, the third phase of a nursing student's training.

Steve Martin, a junior from Seattle, had previous hospital experience as an orderly but admitted that he was apprehensive about acceptance of him in a traditionally female role. "There was anxiety, but also high expectations," he said.

Diane Viele of Federal Way said, "I'm nervous anyway. But I was so busy I didn't really have time to think about it."

Excitement and concern were the words Karen Overland used to describe her first ward experience. Miss Overland is from University Place near Tacoma.

Diane explained that she felt she had learned what is supposed

to be done, but "doing it to an actual person" is something else again. At Puget Sound Hospital she was assigned to a man in traction for back problems.

At Mary Bridge Children's Hospital Karen was assigned to a one-year-old child with respiratory problems. "It was a learning experience just to take care of a child that age," she recalled.

Her primary concern was to get the medications accurate. "It is touchy because they are given such small doses," she explained.

Steve also cared for a child at Children's. "We had to remember with young children not to rush things, to help them deal with anxiety, to gain their trust and acceptance," he said. "A hospital can be very frightening to a young child."

With almost each passing hour the students gain in confidence. The instructors are always available for advice and support. "They calmly guided us through it," Karen noted.

Throughout this phase there are also frequent sessions with instructors when students discuss and evaluate what they have been doing. Precise care plans are also a valuable learning tool.

"This is a phase where the students have to put into practice much that they have learned previously," Mrs. Carper observed.

It doesn't happen overnight. But as Diane remembered realizing at one point, "Yes! That's what I was reading about! It all comes together and it's a good feeling."



Clara Carper



Diane Viele



Steve Martin



Karen Overland

CLASS OF 1978

Ableidinger, Susan D. Sondker
 Allard, Karen Ann
 Anderson, Julie M. Radnich
 Anderson, Lisa K. Liimatta
 Anderson, Trina M.
 Baughman, Karen L. Boyd
 Bingham, Lori N. Nicol
 Boyle, Lisa Musal
 Brauer-Rieke, Gretchen E.
 Brewer, Susan J. Boris
 Bridges, Douglas L.
 Carnett, Jewell T. Hamada
 Carroll, Yvonne C.
 Clarke, Ruth G. Hanson
 Cordier, Patricia L. Dahlberg
 DeNardo, Elizabeth A. Carter
 Dickey, Judith Marie Scott
 Dowell, Caryl J. Schaffter
 Dunham, Cheryl R. Daehlin
 Eide, Phyllis J.
 Elston, Kathleen R.
 Espinoza, Nancy Berenston
 Fyles, Elizabeth A. Veirs
 Galus, Georgia A. Brown
 Gerken, Diana L.
 Griffin, Myra A. Cassidy
 Hahn, Joyce A. Sutherland
 Haley, Lisa L. Huck
 Hammer, Rochelle P. Pila
 Haning, Nancy K. Curtis
 Hanson, Susan Weis
 Harris, Karen A. Tietge
 Henkel, Margaret A. Jones
 Hicks, Janet M. Hillesland
 Hicks, Joan L. Wallin
 Hoffman, Susan L. Burns
 Hoke, Amanda K.
 Holt, Karen L. Poulin
 Jahr, Cheryl L. Eckhoff
 King, Karen E.
 Kitchin Lori Sue Watkins
 Landers, Barbara C. Way
 Larsgaard, Cheryl Davenport
 Lauritzen, Lydia J.
 Lederer, Patti Ann
 Lowe, Rae Murdoch
 Ludwig, Karen S.
 Malyon, Karen A. White
 Marshall, Edythe S. Marsh
 Martin, Stephen W.
 McLaughlin, Leslie K.
 Meyer, Karen M. Bain
 Miller, Elaine J. Craven
 Mitchum, Karen D.
 Moore, Lynn Dee Olafson
 Newcomb, Margaret A.

Paarlova, Carla R. White
 Pfleuger, Naomi L.
 Poulin, Nancy J.
 Pritchard, Patrice A. Weiler
 Raygor, Arlowen S.
 Rees, Gail J. Sutterfield
 Rodin, Linda M. Evancich
 Rouse, Deborah A. Lyso
 Ryder II, Frances S.
 Sackmann, Margaret Lee
 Schellenberg, Lorraine Schmidt
 Scott, Julia K. Weisenborn
 Smith, Jan E. Borcharding
 Smyth, Lisa K.
 Stephany, Theresa M.
 Sugino, Micheal K.
 Sutton, Valerie Noyes
 Swanson, Christine M. Johnson
 Taylor, Lori Lynn Wenzel
 Waldock, Lois
 Weber, Patricia J.
 Weed, Emily V. Perry
 Weller, Joseph M.
 Williams, Sarah A.
 Zaber Roberts, Vicki A.
 Zaichkin, Jeanette I. Goodnow

Colleges' projects receive funding

The University of Puget Sound and Pacific Lutheran University have received grants totaling \$14,000 from the Washington Commission for the Humanities.

UPS will use its \$5,000 to support a one-day public workshop Jan. 28 and a three-week public exhibit on biblical archaeology.

Professor James B. Pritchard, a scholar of Near Eastern archaeology from the University of Pennsylvania, will prepare a free public exhibit of 50 artifacts.

Co-sponsored by Associated Ministries, the Washington State Historical Society, Temple Beth-El and the United Methodist Church, the project will cost a total of \$11,447. The project director is Darrell Reeck, a UPS religion instructor.

PLU's School of Nursing will use its \$9,000 to support four health-care forums in March and April. Co-sponsored by the Pierce County Health Council, the project will cost \$21,054.

Scholars of philosophy and biomedical history

will meet with doctors, nurses and medical administrators to discuss with the public how best to meet society's medical needs at a reasonable cost.



Scene

Pacific Lutheran University
 Alumni Association

December 1977

Nursing Degree Program For RNs Offered

Registered nurses seeking a bachelor of science degree in nursing may take advantage of a new accelerated degree program at Pacific Lutheran University.

The program, announced by Dr. Doris Stucke, director of the PLU School of Nursing, will begin in the fall of 1978.

Accepted students may complete degree requirements within 16 months after admission, she indicated.

The new program reduces time for completion of the degree program from six to four semesters and will include summer sessions, according to Dr. Stucke.

Interested persons are encouraged to contact the School of Nursing soon so that any prerequisite course requirements can be completed before next fall, she added.

Further information may be obtained by calling the PLU School of Nursing, 531-6900, ext. 292.



Nursing students help elderly



PLU Photo Services

by Geri Hoekzema

Is PLU a part of the lives of this community's elderly? Nursing students probably represent PLU where the aged are concerned. Every nursing student works with at least one elderly person during his or her training.

All first-level nursing students have an elderly person whom they visit once a week. These people are healthy and, for the most part, able to care for themselves.

"Only five percent of all elderly people are in nursing homes, and we don't want to give the students the impression that all elderly people are sick or helpless," says Linda Olson, associate professor of nursing.

Many older people lead active lives. Gretchen Brezicha has been visiting a blind woman of 79 who, according to Gretchen, is not ill or lonely. This woman includes visiting schools and giving lectures on blindness among her activities.

"Her thinking is modern, she's really open to young people," says Gretchen, and visiting her is "sort of like goofing off with a friend."

Cindy Hanson visits an 86-year-old Norwegian man. "He loves to talk about his childhood," she says. "He's great, I love him."

Neither of the students encountered any difficulties in getting to know their people.

Another nursing student, Katherine Kuntze, who visits a German couple, says there are language problems occasionally, but nothing else gets in the way of communication.

Some students continue working with the elderly on a more intense level. Diana Rassbach did a study on corrective therapy during Interim. She worked with elderly people who have various physical disabilities, and helped them to live with their handicaps.

One of biggest problems with the disabled elderly, says Diana, is that society ignores them. "One man probably wouldn't be in the hospital if he had someone to visit him," she adds.

Whether they are hospitalized or healthy and living in apartments and low-income housing, all elderly people eagerly welcome the visits from the nursing students.

Says professor

Nurse grads aren't ready for reality



Staff photo by Bob Rudsit

Marlene Kramer

By **BETTY ANDERSON**
TNT Staff Writer

Nursing school graduates experience a "reality shock" of sorts after they start working in the real world, an author and educator said here yesterday.

Marlene Kramer, a professor at the University of California in San Francisco, said new graduates encounter difficulty in making the transition from student to professional.

ONE REASON for that, she said, is that the student gives total care to one or two patients in the school setting. But in the working world they have found they are required to care for 18 to 20 patients.

"The care ends up being piecemeal,"

Kramer said.

"The nurses handle their frustration and anger by job-hopping or they are just burned out," she said.

Others just resign themselves to putting in eight hours, while still other young nurses try to pursue that ideal working condition.

"The public as well as the nurses lose out in terms of improvement in the system of health care."

MS. KRAMER was in Tacoma to conduct a regional workshop for area nursing educators and spoke to a banquet crowd last evening.

Her suggestion to ease the transition for the new nurse is that the nursing services and educators work together more

closely.

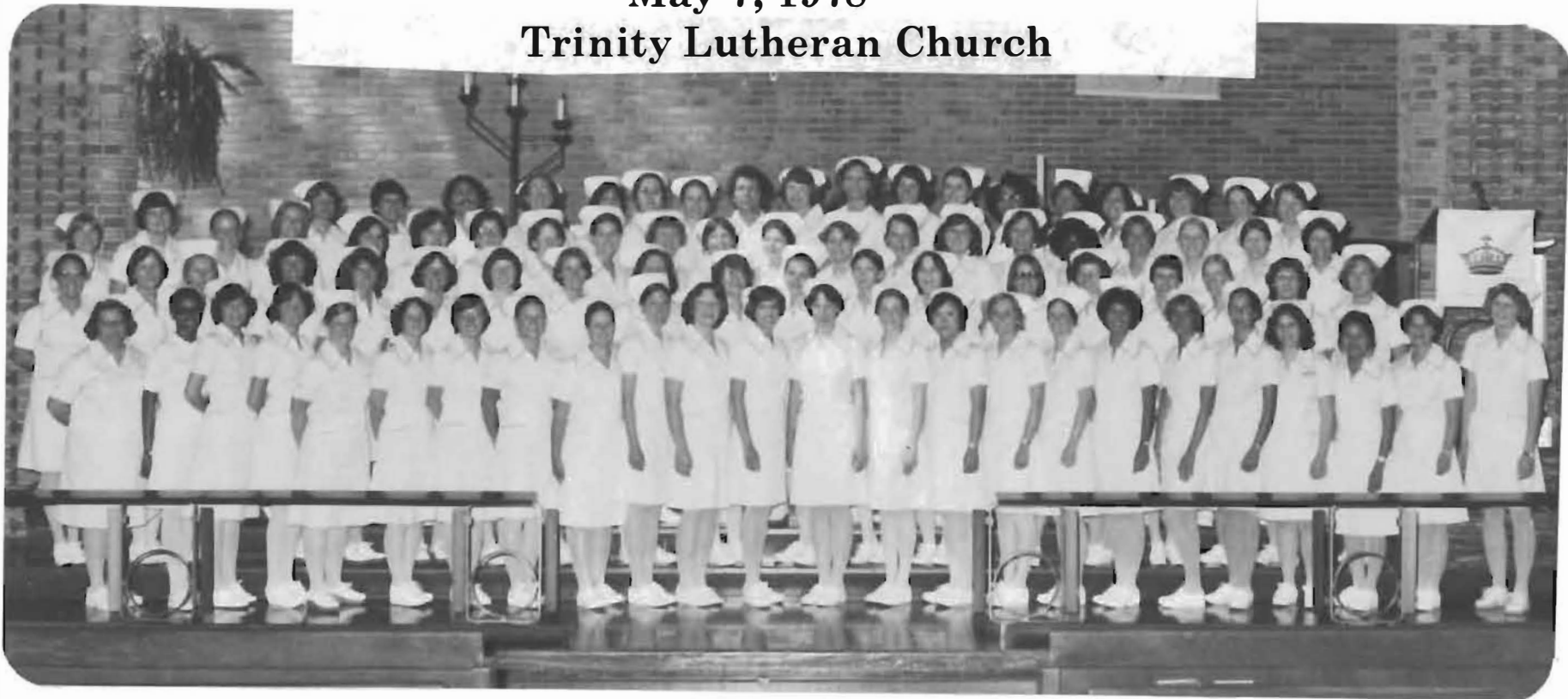
"A lot needs to be done in the areas of nursing services," she said. "There is a need to be more open to young people with ideas and make it possible for them to utilize their ideas."

In addition, she said the trend in nursing is moving toward more human-related care and patient advocacy and that students as well as practicing nurses will have to be taught those kinds of skills.

Sophomore Capping & Banding Ceremony

May 7, 1978

Trinity Lutheran Church

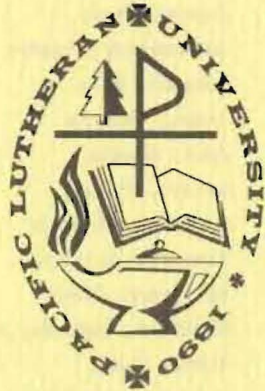


CAPPING - 1978

<u>First Row</u>	<u>Second Row</u>	<u>Third Row</u>	<u>Fourth Row</u>	<u>Not Pictured</u>
1. Mary Fish	1. Denise Stuckey	1. Christina Kennell	1. Dana Zorichke	1. Joel Andrews
2. Margaret Hercules	2.	2. Christine Hamilton	2. Peter Cueva	2. Donna Crackett
3.	3. Nancy Broderson	3. Susan Mueller	3. Janna Longey	3. Mary Erickson
4.	4. Julie Hagaman	4. Nancy Bergman	4. Mary Skinner	4. Cheryl Golob
5. Elizabeth Iverson	5. Melinda Denny	5. Diane Dunkap	5. Katherine Kuntz	5. Penelope Hann
6. Marianne Worth	6. Cindy Lyckman	6. Marilee Williams	6. Robert Rodgers	6. Barbara Klockner
7. Laura Baldwin	7. Gail McCrosken	7. Debra Saint	7. Sharon Cassidy	7. Marilyn Larson
8. Susan Pihl	8. Susan Carlson	8.	8. Marlena Scheller	8. Phyllis Norwood
9. Terri Forbes Beutler	9. Dabra Van Soest	9.	9. Jill Frankie	9. Lori Olson
10. Kristine Pierson	10. Elizabeth Wells	10. Nancy Jepson	10. Rita Johnson	10. Sandra Tidwell
11. Kristine Ruud	11. Barbara Undseth	11. Wendy Phillips	11. Kimberly Stagner	11. Diane White
12. Susan Rimmerman	12.	12. Wandy Tamasch	12. Kathryn Hamedew	
13. Sean Dukas	13. Mary Roe	13.	13. Gretchen Brezicha	
14.	14. Rebecca Detweiler	14. Eileen Jaspersen	14. Teri Torgerson	
15. Joyce Li	15. Heidi Madsen	15. Linda Lemke		
16. Marcie Maness	16. Angela Just	16. Kathryn Tveit		
17. Paula Kaiser	17. Ingrid Johannson	17. Barbara Jones		
18. Jackilyn Kemmish	18. Cynthia Hanson	18. Cynthia Chiapuzio		
19. Kathleen O'Leary	19. Lara Berg	19. Muriel Bolch		
20. Jody Duncan		20. Ellen Stenerson		
21. Laura Garcia		21. Cindy Kitterman		
22. Joyce Alcantara				
23. Eleanore Brecht				
24. Evelyn Applen				

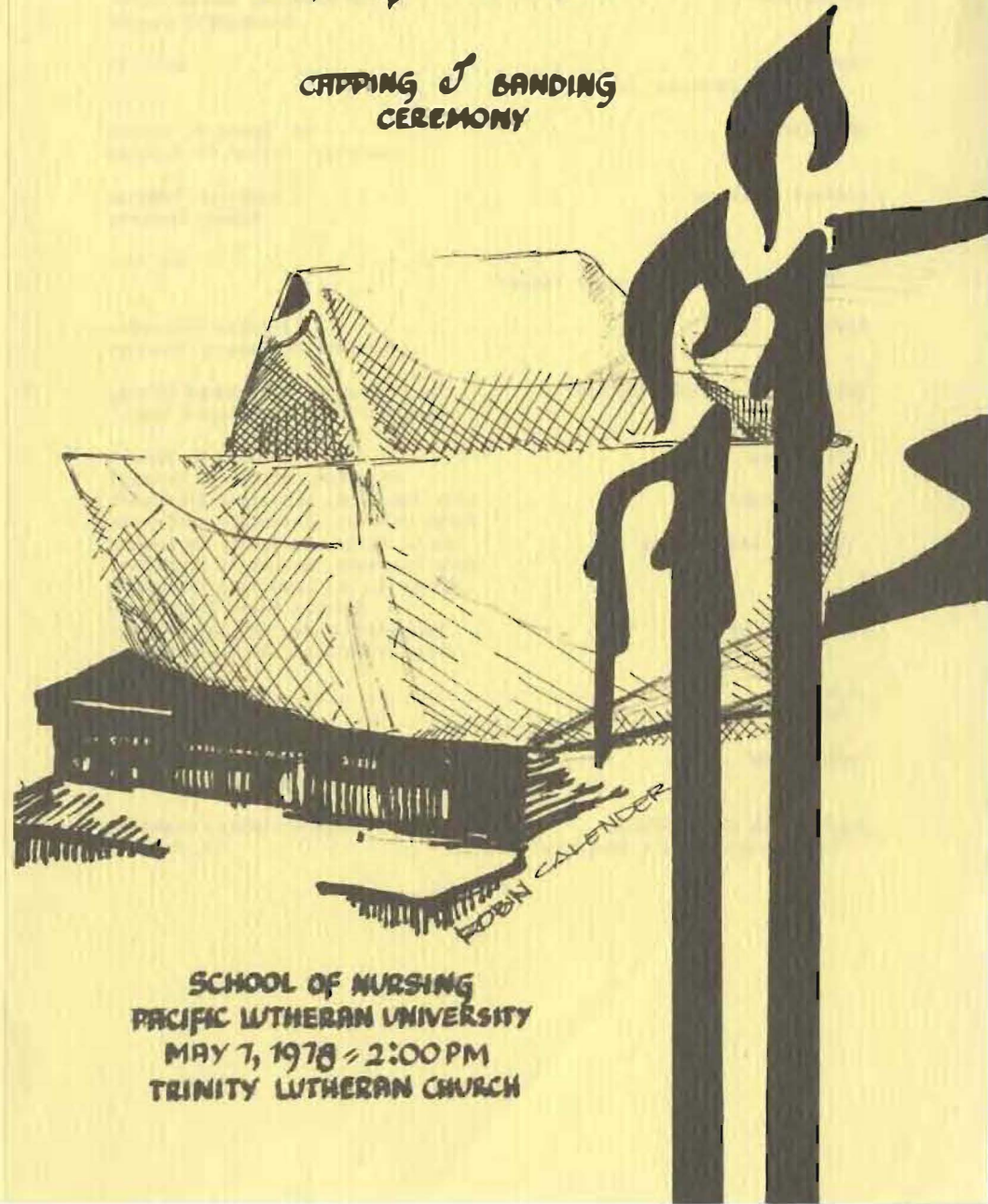
Not Identified or Not Pictured

1. Campbell, Karra	Su '80
2. Doering, Denise	W
3. Henriksen, Janet	Sp '80
4. Hermansen, Janet	Sp '80
5. Karlstad, Deborah	W
6. Koset, Susan	W
7. Lahn, Janice	Sp '80
8. Mills, Karla	W
9. Moler, Christina	Su '80
10. O'Larte, Jennifer	W
11. Ray, Casey	Su '80
12. Straight, Melody	Sp '80



"A journey of a thousand
miles begins with but
a single step."

CAPPING & BANDING
CEREMONY



SCHOOL OF NURSING
PACIFIC LUTHERAN UNIVERSITY
MAY 7, 1978 - 2:00 PM
TRINITY LUTHERAN CHURCH

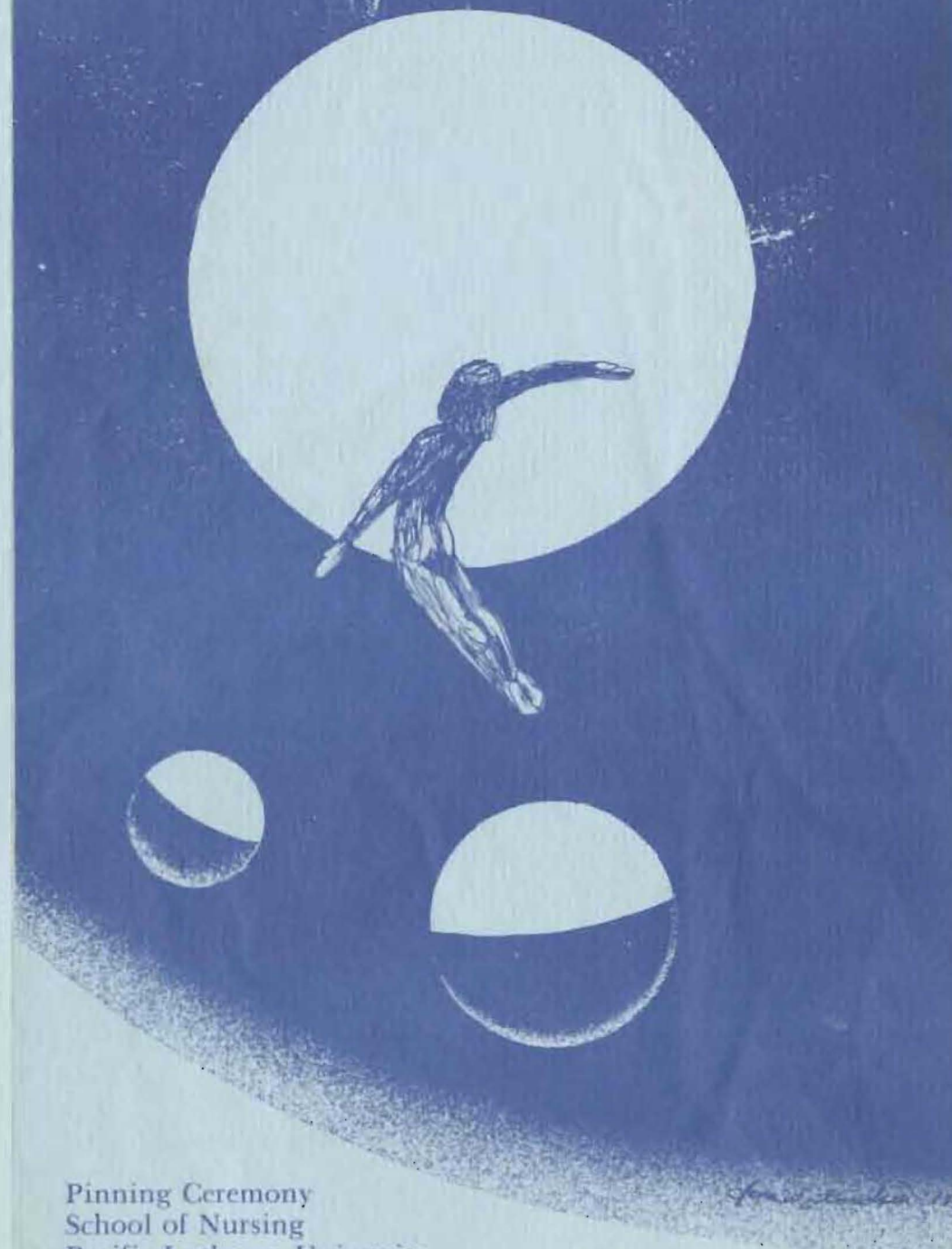
PROGRAM				
PRELUDE	Margaret Lakey, organist Lawrence J. Meyer	Alcantara, Joyce drews, Joel	Hanson, Cynthia Henriksen, Janet	Norwood, Phyllis OLarte, Jennifer
"Processional of Joy"		Applen, Evelyn Balch, Muriel	Hercules, Margaret Hermansen, Janet	O'Leary, Kathleen Olson, Lori
INVOCATION	The Reverend Donald Jerke University Pastor	Baldwin, Laura Berg, Cara	Homedew, Kathryn Iverson, Elizabeth	Pennell, Christina Phillips, Wendy
HYMN	No. 150 "A Mighty Fortress Is Our God"	Bergman, Nancy Reutler, Terri Forbes	Jaspersen, Eileen Jepson, Nancy	Pierson, Kristine Pihl, Susan
GREETINGS	Dr. Doris G. Stucke Director, School of Nursing	Brecht, Eleanore Brezicha, Gretchen	Johannessen, Ingrid Johnson, Rita	Ray, Casey Rimerman, Susan
Student Speakers	Jackilyn Kemaish Robert Rodgers	Broderson, Nancy Campbell, Karra	Jones, Barbara Just, ngela	Rodgers, Robert Roe, Mary
HYMN	No. 572 "Children Of The Heavenly Father"	Carlsen, Susan Cassidy, Sharon	Kaiser, Paula Karlstad, Deborah	Ruud, Kristine Saint, Debra
ADDRESS	Angelia Alexander Associate Professor, Biology	Chiapuzio, Cynthia Crockett, Donna	Kemnish, Jackilyn Kitterman, Cindy	Scheller, Marlena Skinner, Mary
CAPPING AND BANDING CEREMONY	"A Journey of a Thousand Miles, Begins With but a Single Step."	Cueva, Peter Denny, Melinda	Klackner, Barbara, R.N. Kosct, Susan	Stagner, Kimberly Stenerson, Ellen
Presiding	Dr. Doris G. Stucke Director, School of Nursing	Detweiler, Rebecca Doering, Denise	Kuntze, Katherine Lahn, Janice	Straight, Melody Stuckey, Denise
Candlelighting	Lois Jacobson, Assistant Professor Edith Johnson, Assistant Professor	Dukes, Jean Duncan, Jody	Larson, Marilyn Lemke, Lindee	Tidwell, Sandra Tomasch, Wendy
Capping and Banding	Luella Hefty, Assistant Professor Cora Lawrence, Assistant Professor Linda Olson, Associate Professor	Dunlap, Diaae Erickson, Mary	Li, Joyce Longey, Janna	Torgeson, Teri Tveit, Kathryn
Assisted by	Phyllis Page, Instructor Margaret Jones, Nursing Student Caryl Schaffter, Nursing Student	Fish, Mary Frankie, Jill	Lyckman, Cindy Madsen, Heidi	Undseth, Barbara Van Soest, Debra
HYMN	No. 408 "Praise To The Lord"	Garcia, Laura Golob, Sheryl, R.N.	Maness, Marci McCracken, Gail	Wells, Elizabeth White, Diane
BENEDICTION	The Reverend Donald Jerke University Pastor	Hageman, Julie Hamilton, Christina	Mills, Karla Moceri, Christina	Williams, Marilee Worth, Marianne
RECESSIONAL AND POSTLUDE	Margaret Lakey, organist J. S. Bach	Hann, Penelope, R.N.	Mueller, Susan	Zaichken, Dana

Sometimes, not often enough,
We reflect upon the good things.
And our thoughts always center
Around those we love.
And we think of all the people
Who mean so much to us,
And so many times have made us
So very happy.
And we count the times
We have forgotten to say
THANK YOU . . .
And just how much
WE LOVE THEM.

We wish to thank all who have
helped to make our Pinning Ceremony
more meaningful.



COURAGE TO BE



Pinning Ceremony
School of Nursing
Pacific Lutheran University
May 20, 1978 — 11:00 a.m. — Trinity Lutheran Church

SPRING CLASS OF 1978

Susan Sondker	Jan Borcharding
Margaret Jones	Joseph Weller
Ruth Hanson	Joyce Sutherland
Patricia Dahlberg	Phyllis Eide
Vicki Zaber	Lydia Lauritzen
Kathleen Elston	Julie Radnich
Lisa Liihatta	Frances Ryder
Lori Wenzel	Margaret Newcomb
Lisa Buck	Zena Churchill Cook
Jewel Hamada	Diana Gerken
Karen Tietge	Lori Watkins
Lori Nicol	Sarah Williams
Susan Weis	Elizabeth Carter
Gretchen Brauer	Lynn Olafson
Karen Mitchum	Elaine Craven, R.N.
Karen Bain	Karen Ludwig, R.N.
Patrice Weiler	Amanda Hoke
Judy Scott	Edythe Marsh
Douglas Bridges	Georgia Brown
Cheryl Daehlin	Jeanette Goodnow
Nancy Berentson	Susan Boris
Nancy Curtis	Yvonne Crask Carroll
Christine Johnson	Karen White Malyon

PINNING CEREMONY

PROCESSIONAL Bruce Neswick, organist
 "Processional of Joy" Lawrence J. Meyer

INVOCATION The Reverend Donald Jerke
 University Pastor

*HYMN No. 144
 "For All The Saints" verses 1,2,7,8

WELCOME & CLASS ADDRESS Joseph Weller

"COURAGE TO BE" Class Members

GUEST SPEAKER Jerome LeJeune, Ph.D.
 Assistant Professor, Psychology

*HYMN No. 543
 "Blest Be The Tie That Binds"

PRESENTATION OF PINS Doris G. Stucke, Ed.D.
 Director, School of Nursing

"SOMETIMES" Ronald W. Snyder

BENEDICTION The Reverend Donald Jerke
 University Pastor

RECESSIONAL Bruce Neswick, organist
 "Lead On O King Eternal" No. 550

Please join us for a reception
 in the fellowship hall.

*Please rise

Senior Pinning Ceremony May 20, 1978



PINNING - MAY 1978

First Row

1. Margaret Jones
2. Susan Weiss
3. Edythe Marsh
4. Margaret Newcomb
5. Jewel Hamada
6. Julie Radnich
7. Jeanette Goodnow
8. Nancy Curtis
9. Nancy Berentsen

Second Row

1. Lynn Olafson
2. Lisa Buck
3. Georgia Brown
4. Lori Nicol
5. Susan Boris
6. Patricia Dahlberg
7. Diana Gerken
8. Joyce Sutherland
9. Yvonne Cask Carrall
10. Gretchen Brauer
11. Douglas Bridges

Third Row

1. Karen Tietje
2. Elaine Craven
3. Karen Ludwig
4. Vicki Zaber
5. Kathleen Elston
6. Frances Taylor Ryder
7. Susan Sondker
8. Cheryl Daahlin
9. Judy Scott
10. Sara Williams
11. Elizabeth Carter

Fourth Row

1. Amanda Hoke
2. Ruth Hanson
3. Lisa Lirmatta
4. Lori Wenzel
5. Karen White Malyon
6. Phyllis Eide
7. Joseph Weller
8. Karen Mitchum
9. Jan Boreherding
10. Karen Bain
11. Patrice Weiler
12. Christine Johnson
13. Zena Cook
14. Lori Watkins

Not Pictured

1. Lydia Lauritzen

Senior Pinning Ceremony
August 18, 1978



PINNING - August 1978

First Row

1. Patricia Weber
2. Karen Boyd
3. Trina Anderson
4. Nancy Poulin
5. Gail Sutterfield
6. Myra Cassidy
7. Susan Burns Hoffman
8. Patti Lederer
9. Lisa Smyth

Second Row

1. Lisa Musal
2. Caryl Schaffter
3. Deborah Lyso
4. Barbara Way
5. Karen Allard
6. Susan Cochran
7. Linda Evancich
8. Arlowen Raygor
9. Margret Lee
10. Rochelle Pila
11. Cheryl Eckhoff
12. Karen King
13. Rae Murdoch Lowe

Third Row

1. Cheryl Davenport
2. Carla White
3. Gale Fuhr
4. Naomi Pflueger
5. Stephen Martin
6. Leslie McLaughlin
7. Lorraine Schmidt
8. Doreen Schutte
9. Lois Waldoek

Not Pictured

1. Karen Potwin
2. Theresa Stephany

Be The Best Of Whatever You Are

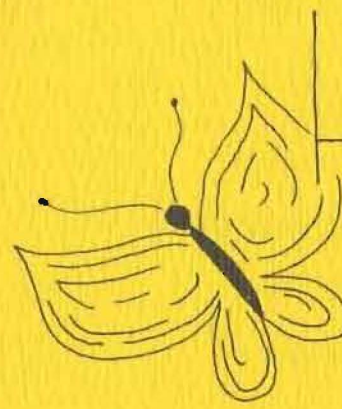
If you can't be a pine on the top of the hill
Be a shrub in the valley But be
The best little shrub by the side of the hill;
Be a bush if you can't be a tree.

If you can't be a bush be a bit of grass
And some highway happier make;
If you can't be a muskie then just be a bass,
But be the liveliest bass in the lake.

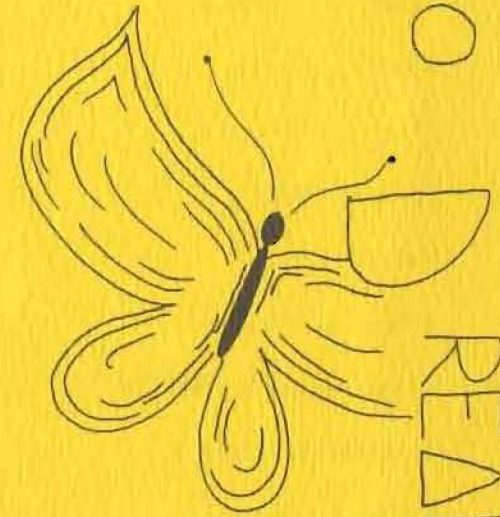
We can't all be captains, we've got to be crew,
There is something for all of us. There
Is big work to do and there's lesser to do
And the task we must do is the near.

If you can't be a highway then just be a trail;
If you can't be the sun be a star;
It isn't by size that you win or fail.
Be the best of whatever you are.

Douglas Mallock



HOLD FAST



TO

DREAMS



PINNING CEREMONY
PACIFIC LUTHERAN UNIVERSITY
SCHOOL OF NURSING
AUGUST 18, 1978 2:30 PM
TRINITY LUTHERAN CHURCH

SUMMER CLASS OF 1978

Karen A. Allard	Karen L. Potwin
Stephen W. Martin	Leslie K. McLaughlin
Cheryl R. Davenport	Barbara C. Way
Lois G. Waldock	Lisa L. Musal
Caryl J. Schaffter	Doreen K. Schutte
Gail J. Sutterfield	Margaret E. Lee
Susan E. Cochran	Cheryl L. Eckhoff
Lisa K. Smyth	Deborah A. Lyso
Nancy J. Poulin	Patti A. Lederer
Gale J. Fuhr	Susan L. Hoffman
Rae A. Lowe	Myra A. Cassidy
Karen E. King	Naomi L. Pflueger
Trina M. Anderson	Patricia J. Weber
Arlowen S. Raygor	Linda M. Evancich
Carla R. White	Karen L. Boyd
Lorraine L. Schmidt	Rochelle P. Pila
	Theresa M. Stephany, R.N.

PINNING CEREMONY

Processional Connie Swanson, Organist
 "Processional of Joy" - Meyer

*Invocation The Reverend Robert J. Raygor

*Hymn No. 172
 "Immortal, Invisible"

Class Speaker Lois Waldock

Guest Speaker Lois Jacobson, M.S.M.
 Assistant Professor of Nursing

Presentation of Pins Doris G. Stucke, Ed.D.
 Director, School of Nursing

*Hymn No. 408
 "Praise to the Lord"

Closing Remarks Steve Martin

*Benediction The Reverend Robert J. Raygor

Recessional Connie Swanson, Organist
 "Purcel Trumpet Tune" - Purcel

*Congregation please rise

Please join us for a reception
 immediately following in the
 church fellowship hall.

Commencement/1978

SCHOOL OF NURSING BACHELOR OF SCIENCE IN NURSING

KAREN MARGARET BAIN
NANCY BERENTSON
JAN ELSA BORCHERDING
Magna cum laude
SUSAN JEAN BORIS
GRETCHEN ELIZABETH BRAUER
Summa cum laude
DOUGLAS LYNN BRIDGES *in abs.*
Magna cum laude
GEORGIA ANITA BROWN
LISA LYNETTE BUCK
Cum laude
YVONNE CRASK CARROLL
ELIZABETH ANNE CARTER
Cum laude
ZENÁ CHURCHILL COOK
ELAINE JUDITH HANSEN CRAVEN
Magna cum laude
NANCY KAY CURTIS
Cum laude
CHERYL RENEE DAEHLIN
PATRICIA LEANNE DAHLBERG
Cum laude
PHYLLIS JO ANNE EIDE
Cum laude
KATHLEEN RHEA ELSTON
DIANA LEE GERKEN
Cum laude
JEANETTE I. GOODNOW
Cum laude
JEWEL TAMAMI HAMADA
RUTH BRITA HANSON
*JANET MARIE HILLESLAND
AMANDA KANE HOKE
CHRISTINE MARGARET JOHNSON
Cum laude
MARGARET ANN JONES
*EMILY VIRGINIA KUHNNAU (in absentia)
LYDIA JOYCE LAURITZEN
Cum laude
LISA KATHRYN LIIMATTA
Magna cum laude
KAREN GLOSEMEYER LUDWIG
EDYTHE SUSAN MARSH

KAREN DeLANE MITCHUM
Magna cum laude
MARGARET ALICE NEWCOMB *Cum laude*
LORI MARIE NICOL
Magna cum laude
*VALERIE NOYES
LYNN DEE OLAFSON
JULIE MARIE RADNICH
FRANCES SELMA RYDER
Magna cum laude
JUDITH MARIE SCOTT *a degree*
SUSAN DEANE SONDKER
Cum laude
JOYCE ANN SUTHERLAND
Cum laude
KAREN ANN TIETGE
*ELIZABETH ANN VEIRS (in abs.)
*JOAN LOUISE WALLIN
LORI S. WATKINS
Cum laude
PATRICE ADELE WEILER
SUSAN WEIS
Cum laude
*JULIA KIM WEISENBORN
JOSEPH MICHAEL WELLER (in absentia)
Cum laude
LORI LYNN WENZEL
Magna cum laude
KAREN ARLENE WHITE (in absentia)
Magna cum laude
SARAH ANN WILLIAMS (in absentia)
Cum laude
VICKI ANN ZABER
Magna cum laude

*Michael Sugino

STUDENTS LISTED IN "WHO'S WHO AMONG STUDENTS IN AMERICAN UNIVERSITIES AND COLLEGES" FROM PACIFIC LUTHERAN UNIVERSITY 1977-78

TERESA ANDREWS
RONALD BENTON
MARK BIGOTT
KAREN BROTHERSTON
JILL GJERTSON BROWN
MARK DAHLE
LINDA FAAREN
LIN AXAMETHY FLOYD
LYNN FOERSTER
LAURALEE HAGEN
ROY HAMMERLING
PRENTIS JOHNSON
CHRISTOPHER KEAY
CARRIE KIPP
JOHN KNOX
WAYNE LACKMAN
PAMELA MORELLI
KIRK NELSON
BRUCE NESWICK
LORI NICOL

1978 School of Nursing Graduates

MAY, 1978

Karen Bain
Nancy Berentson
Jan Borcharding
Susan Boris
Gretchen Brauer
Douglas Bridges
Georgia Brown
Lisa Buck
Yvonne Crask Carroll
Elizabeth Carter
Zena Cook
Elaine Craven, R.N.
Nancy Curtis
Cheryl Dae-hlin

Patricia Dahlberg
Phyllis Eide
Kathleen Elston
Diana Gerken
Jeannette Goodnow
Jewel Hamada
Ruth Hanson
Amanda Hoke
Christine Johnson
Margaret Jones
Lydia Lauritzen
Lisa Liimatta
Karen Ludwig, R.N.
Karen White Malyon
Edythe Marsh
Karen Mitchum

Margaret Newcomb
Lori Nicol
Lynn Olafson
Julie Radnich
Judy Scott
Susan Sondker
Joyce Sutherland
Frances Taylor
Karen Tietge
Lori Watkins
Patrice Weiler
Susan Weis
Joseph Weller
Lori Wenzel
Sarah Williams
Vicki Zaber

AUGUST, 1978

Karen Overland Allard
Trina Anderson
Karen Boyd
Susan Burns
Myra Cassidy
Cheryl Davenport
Cheryl Eckhoff
Linda Evancich
Karen King
Patti Lederer
Margaret Lee

Deborah Lyso
Stephen Martin
Leslie McLaughlin
Rae Murdoch
Lisa Musal
Naomi Pflueger
Rochelle Pila
Karen Potwin
Nancy Poulin
Arlowen Raygor
Caryl Schaffter
Lorraine Schmidt
Lisa Smyth

Theresa Stephany, R.N.
Gail Sutterfield
Lois Waldock
Barbara Way
Patricia Weber
Carla White

DECEMBER, 1978

Susan Cochran
Gale Fuhr
Doreen Schutte

CLASS OF 1979

Abetz, Helen L.
 Avendano, Susan G.
 Beebe, Valerie L. Kaufman
 Bennette, Catherine M.
 Bonaldi, Lorraine K. Larsen
 Bowser, Donald L.
 Braaten, Lori D. Lewis
 Brackenbrough, Theresa E. Harth
 Brown, Bette Jo Berk
 Campbell, Victoria L. Gohsman
 Carey, Janet M. Beyerlein
 Carroll, Laura Liimatta
 Clark, Nancy A.
 Cochran, Susan E.
 Crantz, Julie Zahn
 Davidson, Michell L. Bauer
 Dennie, Susan L. Youngblood
 Docken, Loie M. Silrum
 Draino-Klein, Cindy L.
 Drevniak, Donna M.
 DeMun, Mary A. Strachota
 Fetty, Barbara L.
 Fisher, Nancy E. Lum
 Fries, Phyllis L. Hisgrove
 Gallagher, Mary
 Golob, Sheryl A.
 Griffith, Karen M. Barker
 Hamilton, Gwen Hottle
 Harding, Marcia
 Harsch, Kathleen A.
 Henderson, Gayle
 Holloway, Susan L.
 Hood, Lynette J. Hoegh
 Huffman, Susan R. Wagner
 Jerde, Debra L. Kenagy
 Jones, Christine E.
 Jordin, Kathleen A.
 Krabbenhoft, Kristine M.
 Kruml, Denise L. Crawford
 Ladenburg, Denise Anne
 Larson, Marilyn A.
 Lathrop, Lori B.
 Lentz, Diane M. White
 MacDonald, Elizabeth A.
 MacNichol, Terri R. Roland
 Mathews, Julie E. Groh
 McElhinney, Karen R.
 Meland, Carole L.
 Morton, Kathy Scammell
 Nelson, J. Stephen
 Nuxoll, Dian D.
 Oakes, Teresa L. Trimble
 Padavich, Amy L. Gutschmidt
 Perkins, J. Del Rene Davis
 Probst, Jerilyn G.

Raymond, Rebecca M. Haig
 Rice, Mary M.
 Richmond, Nancy K. Lipera
 Rizer, Gale J. Fuhr
 Rochat, Doreen K. Schutte
 Schier, Christine M. Butler
 Smidt, Heidi
 Smith, Susan R. Rieke
 Solberg, Debra L.
 Swanson, Amy P. Pollock
 Tidwell, Sandra L.
 Viele, Diane B.
 Warden, Gilda P.
 Weaver, Arthur E.
 Wilson, Coy A.
 Wohlleb, Donna J. Nakashima
 Yancey, Bette A. Brewer



Ann Morey

Pacific Lutheran University / April 1979

Alumni Association

Military Nurse Finds School A 'Challenge'

Ann Morey does not fit the stereotype of a military woman. She is barely 100 pounds, and is 5'4".

The wife of Ron Morey, and a mother of two sons, Brian, 3, and Wade, 15 months, Morey is very secure in her role as a woman.

At 34, she is a registered nurse enrolled in the nursing program at PLU, specializing in obstetrics and gynecology.

Morey says that her husband Ron agrees fully with her going to school and having a career.

"Though I call him a chauvinist, he helps with the household chores . . . without his support, I wouldn't be able to keep up my studies," she says.

"I always liked studying, so after working for 12 years, I decided to return to school. It is a real challenge and a good feeling to be able to keep up with students fresh out of high school."

"The pressure is different than work. I am under less pressure now than when I was working a 10-hour day," Morey added. "As a practitioner, I had little idea what kind of patient was going to come in."

At home she escapes the school routine and climbs trees with her sons.

Her typical day starts when she rolls out of bed at the last minute.

"But I do like to live by a schedule — I eat when I'm hungry, sleep when I'm tired, play when I want to, and work when I have to."

"My children are used to having babysitters with Ron and me traveling for the Air Force," she continued. "I have been fortunate that my children love them. It's important that my kids are satisfied."

Morey concluded, "Maturity has made me more outspoken. I feel I'm entitled to voice my opinion. To the students here there is an old saying . . . a degree does not mean you know everything." 48



Marilyn A. Larson
Senior
Nursing Major
Lutheran

One must clarify what "Christian university" means. Is a Christian university one that requires attending students to take two religion courses, offers chapel three times a week, and is sponsored by the Lutheran Church, or is "Christian university" one in which one's faith is an openly expressed bond between students and each develops this faith through daily encounters and experiences? Are we looking at "Christian university" from an objective or subjective point of view?

I question whether the "Christian" atmosphere here at PLU is all that much different than what another university offers only at a more unproclaimed level. In other words, can what one is offered at PLU be searched for and found at, for instance, a state school? I think so. Therefore I feel that PLU is a "Christian university" more in proclamation and sponsorship than expression.

What seems to be more prevalent at PLU than its "Christian Context" is its

conservatism. I came to PLU with expectations not only of a sense of freedom to express my religion, but also, and more important, to express myself freely. The implications of these expectations not only involve the spiritual and academic aspects of the individual, but also the psychological, social and political aspects.

Referring back to my earlier comment about the conservatism being more prevalent at PLU, this conservatism leads me to believe that in stressing *with comfort*, the development of the spiritual self at the university one leaves out the development of the other three-quarters of the individual, that being the social, political, psychological (who am I).

Our conservatism leads to too much "comfort" in our position. We are sheltered at PLU and find what I say as, "too many just like us" and not enough to challenge us to ask ourselves, just who am I, other than what for 21 years (as in my case), I have been told to be.

I see the purpose of a Christian university as to not only enrich and support the spiritual self already developed, but to go beyond this point and challenge the *total* individual to question and struggle with this spiritually in order to continually revise it and open new doors in understanding concepts that one has heard over and over again throughout their youth.

When I can, I attend chapel services I find this to be a time of my day in which I can slow down and express myself outwardly as opposed to the continual "fast up-take" I experience in my academics.

The question is not are PLU's policies Christian, but rather, how should we look at these policies from a Christian viewpoint. For example, I don't think we can go to our Bibles to find whether PLU should have alcohol on campus or not! This question has nothing to do with Christianity and I don't feel that we should make a decision either way because of our proclamation of being a Christian university.

"Are you 'saved'?"

Yes I am saved, but I sincerely believe that I am not any different than one who cannot say this freely. I believe we all are saved. The key here is taking advantage of the opportunity and *living* "saved."

"Are you 'born again'?" This question is offensive to me because today, too much emphasis is being placed on these two words. Being born again is a personal interaction with God. Whether one is rebaptized in front of a crowd of family and friends, or suddenly in the midst of struggle realizes the meaning of their commitment to Christ, the essentiality of a deepening Christian commitment is still present.

I cannot speak for Christ's views of today's Christian activity but only for myself in response to this question. Today the world is so caught up in problems — problems we have created for ourselves. We are so overwhelmed in worldly issues that our lives are confined to those things in our immediate environment rather than in transcending this and searching to pull our spirit into "God's environment," which is also around us but covered by the shadows we ourselves are making.

There are two parts to my witness. First, I say, "I am a Christian." Secondly, I allow my life to be the example and expression of my Christian faith.

Words at times are petty — a searching soul can much more easily understand what is seen. We can talk to those searching for hours about Christian doctrines but if our lives do not express in our actions these words — our thoughts are merely thoughts and serve to compliment our own being instead of serve others.

Sophomore Capping & Banding Ceremony

May 6, 1979

Trinity Lutheran Church



CAPPING - 1979

First Row

1. Tresa Bahadursingh
2. Barbara Gamrath
3. Colleen Hicks
4. Terri Dupper
5. Lori Krull
6. Dianna Koverman
7. Susan Harley
8. Vickie McAllister
9. Diane Von Vleet
10. Linda Swope
11. Deborah McCullough
12. Lori Diotte
13. Annelise Shaw
14. Shannon Robinson
15. Robin Nelson
16. Deborah Mayers
17. Mariellen Snowden
18. Linda Hazard
19. Theresa Neal
20. Darlene Wood
21. Meagan McDougall
22. Peggy Thom
23. Debra Tweedle
24. Vernita Matthews
25. Mary Kay Muchow

Second Row

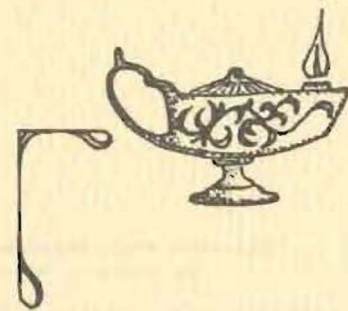
1. Michael Mikulan
2. Yvonne Kileup
3. Anne Lomax
4. Karin Barker
5. Anna Mahan
6. Kay Smith
7. Jillann Jahns
8. Cynthia Soderman
9. Debra Maki
10. Diana Tkacs
11. Lois Christian
12. Sharon Knapp
13. Catherine Gariandol
14. Lynne Pinheiro
15. Stephanie Irwin
16. Kristine Klingberg
17. Nancy Crane
18. Anne Hopkins
19. Robert Ball
20. Not Pictured
21. April Barber
22. Douglas Brewster
23. Rondi Elliott
24. Leslie Ellis
25. Barbara Hall

Third Row

1. Ann Mayer
2. Denise Mann
3. Theodora Peterson
4. Phillips Becky
5. Laura Covey
6. Rebecca Babington
7. Evelyn Hammerling
8. Claudia Matthews
9. Mary Danielson
10. Heidi Bauman
11. Lisa Catterall
12. Ann Nordby
13. Anita Turner
14. Vanda Broom
15. Diane Schutte
16. Lori Ginther
17. Pauline Walls
18. Marina Ubben
19. Carolyn Greaves
20. Not Pictured
21. Tom Hinderman
22. Jonnie Kruger
23. Franklin Mixon
24. Mary Repass

Fourth Row

1. Lori Andrews
2. Coral Davidson
3. Paula Wiakstrom
4. Kathryn Harris
5. Jody Wheeler
6. Denise Wolff
7. Diane Stanich
8. Debra Tri
9. Sandra Baldwin
10. Mary Gordon
11. Heather Keith
12. Fawn Purcell
13. Cindy Northrop
14. Joyce Junker
15. Susan Allen
16. Debra Stark
17. Anne Kipter
18. Cynthia Stone
19. Catherine Cannon
20. Dana Virak
21. Ann Zitzewitz
22. Ingrid Nielsen



To accomplish great things we
Must not only act but also
Dream,
Not only plan but also believe.

~ Anatole France

School of Nursing
Pacific Lutheran University
May 6, 1979, 2:00 PM
Trinity Lutheran Church

PROGRAM

PRELUDE Margaret Lakey, Organist
 "Processional of Joy" Lawrence J. Meyer

INVOCATION The Reverend Ronald Tellefson
 University Pastor

GREETINGS Dr. Doris G. Stucke
 Director, School of Nursing

STUDENT SPEAKERS Anna Mahan
 Diane Schutte

FACULTY SPEAKERS Dr. John T. Carlson
 Assistant Professor, Biology
 Dr. Jerome P. LeJeune
 Assistant Professor, Psychology

HYMN No. 495
 "Lead on O King Eternal"

CAPPINC CEREMONY

Presiding Dr. Doris G. Stucke
 Director, School of Nursing

Candelighting Edith Johnson, Assistant Professor
 Luella Hefty, Assistant Professor
 Maryiva Carpenter, Assistant Professor
 Colleen Klein, Instructor
 Phyllis Page, Instructor

Assisted by Sue Carlsen, Nursing Student
 Vicki Gohsman, Nursing Student

HYMN No. 543
 "Praise To The Lord"

BENEDICTION The Reverend Ronald Tellefson
 University Pastor

RECESSIONAL AND POSTLUDE Margaret Lakey, Organist

Allen, Susan
 Andrews, Lori
 Babington, Rebecca
 Bahadursingh, Tresa
 Baldwin, Sandra
 Ball, Robert
 Barber, April
 Barker, Karin
 Baumann, Heidi
 Brewster, Douglas
 Broom, Vonda
 Catterall, Lisa
 Christian, Lois
 Cannon, Catherine
 Covey, Laura
 Crane, Nancy
 Danielson, Mary
 Davidson, Carol
 Diotte, Lori
 Dupper, Terri
 Elliott, Rondi
 Ellis, Leslie
 Gamrath, Barbara
 Gariando, Catherine
 Ginther, Lori
 Gordon, Mary
 Greaves, Carolyn
 Hall, Barbara
 Hammerling, Evelyn
 Harley, Susan
 Harris, Kathryn

Hasard, Linda
 Hicks, Colleen
 Hinderman, Tom
 Hopkins, Ann
 Irwin, Stephanie
 Jahns, Jilann
 Junker, Joyce
 Keith, Heather
 Kilcup, Yvonne
 Kipfer, Anne
 Klingberg, Kristin
 Knapp, Sharon
 Koneman, Dianna
 Kruger, Jonnie
 Krull, Lori
 Lomax, Ann
 Mahan, Anna
 Maki, Debra
 Mann, Denise
 Mathews, Claudia
 Matthews, Vernita
 Mayer, Ann
 Mayers, Deborah
 McAllister, Vickie
 McCullough, Deborah
 McDougall, Meagan
 Mikulan, Michael
 Mixon, Franklin
 Muchow, Mary Kay
 Neal, Theresa
 Nelson, Robin
 Snowden, Mariellen

Nielsen, Ingrid
 Nordby, Ann
 Northrop, Cindy
 Peterson, Theodora
 Phillips, Becky
 Pinheiro, Lynne
 Purcell, Fawn
 Repass, Mary
 Robinson, Shannon
 Schutte, Diane
 Shaw, Annelise
 Smith, Kay
 Soderman, Cynthia
 Stanich, Diane
 Stark, Debra
 Stone, Cynthia
 Swope, Linda
 Thom, Peggy
 Tkacs, Peggy
 Tri, Debra
 Turner, Anita
 Tweedle, Debra
 Ubben, Marina
 Van Vleet, Diane
 Virak, Dana
 Wells, Pauline
 Wheeler, Jody
 Wickstrom, Paula
 Wolff, Denise
 Wood, Darlene
 Zitzewitz, Ann

SPRING NURSING CLASS OF 1979

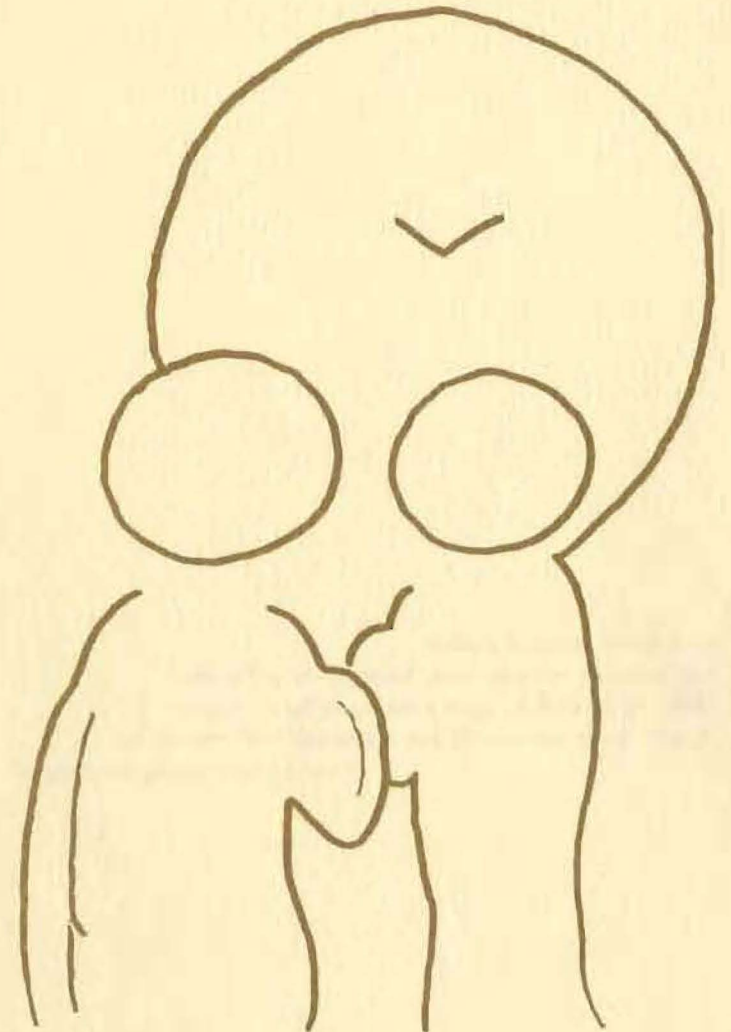
Janet Marie Beyerlein
Julie Lynn Zahn
Christine Butler
Theresa Harth
Bette Jo Berk
Kathy Harsch
Diane B. Viele
Lois Silrum
Teresa Lee Trimble
Phyllis Hisgrove
Susan Rieke Smith
Terri Roland MacNichol
Denise Anne Ladenburg
Coy Ann Wilson
Carole Meland
Cindy Lou Draino
Jerilyn Gail Probst
Steve Nelson

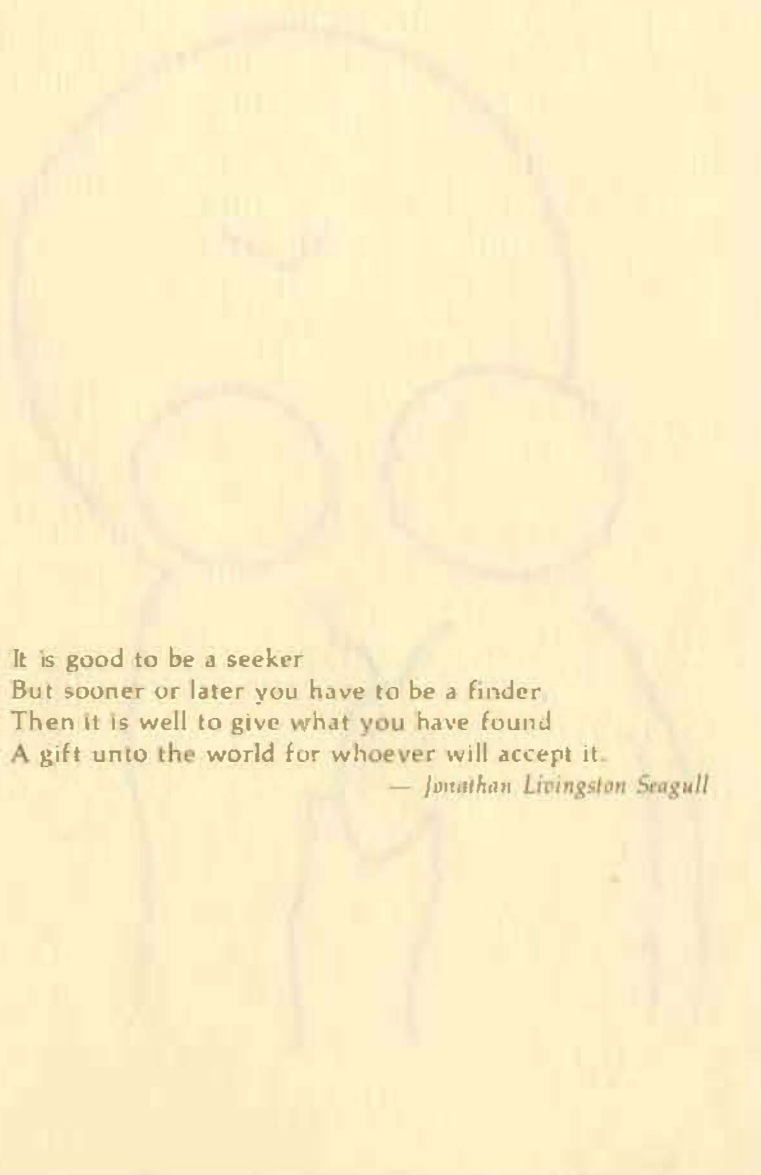
Donna Jean Nakashima
Debra Kaye Buege
Catherine Marie Bennette
Sue Avendano
Lori Lathrop
Nancy Lipera
Barbara L. Fetty
Vicki Gohsman
Debra Louise Solberg
Lorraine Kay Larson
Rebecca Mary Haig
Amy Jean Pollock
Dianna Zander
Gilda Warden
Cindy Blanchard
Mary Gallagher
Donald Bowser
Juanita Monin, R.N.



Pacific Lutheran University
School of Nursing
Pinning Ceremony
Trinity Lutheran Church
May 26, 1979 1:00 p.m.

Cover design by Jeff Olson





It is good to be a seeker
But sooner or later you have to be a finder.
Then it is well to give what you have found
A gift unto the world for whoever will accept it.
— Jonathan Livingston Seagull

PINNING CEREMONY

Processional	Laurie Steele, Organist <i>"Processional of Joy" — Meyer</i>
Invocation	The Reverend Ronald Tellefson University Pastor
Presidential Greeting	William O. Rieke, M.D. President, Pacific Lutheran University
Welcome & Class Address	Denise Ladenburg
"The Seeking"	Geoffrey Boers, Bret Heim, Patricia Howland
Guest Speaker	Celestine B. Mason, M.A. Assistant Professor of Nursing
"Praise to the Lord"	Please rise and join us
Presentation of Pins	Doris C. Stucke, Ed.D. Director, School of Nursing
Special Music	Bret Heim
Benediction	The Reverend Ronald Tellefson University Pastor
Recessional	Laurie Steele, Organist <i>"Processional of Joy" — Meyer</i>

*Please join us for a reception
in the fellowship hall.*

Senior Pinning Ceremony
May 26, 1979



PINNING - MAY 1979

First Row

1. Lois Silrum
2. Susan Rieke Smith
3. Teresa Trimble
4. Denise Ladenburg
5. Vicki Gohsman
6. Kathy Helling Harsch
7. Christine Butter
8. Diana Viale
9. Nancy Lipera
10. Janet Beyerlein

Second Row

1. Theresa Harth
2. Terri Roland MacNichol
3. Amy Pollock
4. Phyllis Hisgrove
5. Cindy Blanchard
6. Gilda Warden
7. Debra Buege
8. Lorraine Larson
9. Catherine Kerr Bennette
10. Barbara Fetty
11. Lori Lothrop

Third Row

1. Debra Solberg
2. Steve Nelson
3. Coy Wilson
4. Carole Meland
5. Jerilyn Probst
6. Dianna Oakes Zander
7. Cindy Draino
8. Betty Jo Berk
9. Susan Johnson Avendano
10. Rebecca Haig
11. Julie Zahn
12. Donna Nakashima

Not Pictured

1. Donald Bowser
2. Mary Gallagher
3. Juanita Menin

Senior Pinning Ceremony
August 17, 1979



PINNING - August 1979

First Row

1. Karen McElhinney
2. Amy Gutschmidt
3. Debra Kenagy Jerde
4. Kristine Krabbenhoff
5. Denise Crawford
6. Valerie Kaufman
7. Karen Barker
8. Kathy Seammell

Second Row

1. Susan Youngblood
2. Heidi Smidt
3. Marilyn Larson
4. Christine Jones
5. Candace Idso
6. Mary Rice
7. Gwen Hottle
8. Nancy Lum

Third Row

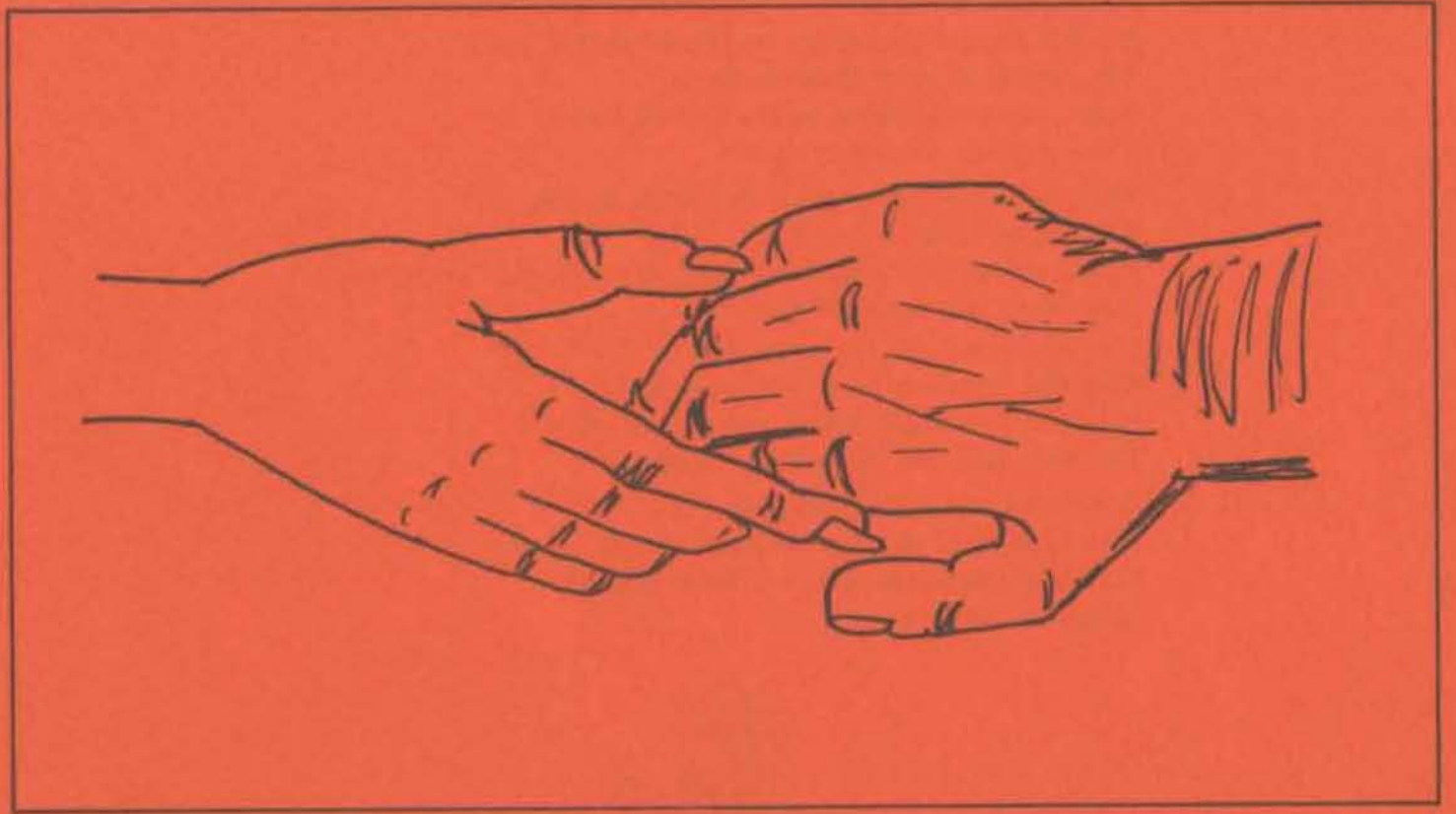
1. Michelle Bauer Davidson
2. Marisa Harding
3. Lynette Hoagh
4. Dian Nuxoll
5. Donna Drevniak
6. Betti Ann Brewer
7. Nancy Clark
8. DelRene Davis Wallenberg
9. Diane White
10. Julie Groh

Fourth Row

1. Lori Lewis
2. Elizabeth Liezen Mac Donald
3. Laura Liimotta Carroll
4. Arthur Weaver
5. Kathleen Walker Jordin
6. Raedene Hageman Dawson
7. Susan Wagner
8. Sandra Tidwell
9. Gayle Henderson
10. Susan Holloway
11. Mary Strachota

Not Pictured

1. Sheryl Golob



SUMMER NURSING CLASS OF 1979

Karen M. Barker
Michell Bauer Davidson
BettiAnn Brewer
Laura (Lilmatta) Carroll
Nancy Ann Clark
Dee Crawford
Raedene (Red) Dawson
Donna Drevniak
Sheryl Ann Golob, R.N.
Julie E. Groh
Amy Louise Gutschmidt
Marcia Harding
Gayle L. Henderson
Lynette Joy Hoegh
Susan Lynn Holloway
Gwen A. Hottle
Candace Sue Idso
Debra Lynn Jerde
Christine E. Jones

Kathleen A. Jordin
Valerie Lynn Kaufman
Kristine Marie Krabbenhoft
Marilyn A. Larson
Lori Lewis
Nancy E. Lum
Elizabeth Liezen MacDonald
Karen Roxane McElhinney
Dian Nuxoll
Mary Rice
Kathy Scammell
Heidi J. Smidt
Mary Ann Strachota
Sandy Tidwell
Susan Ruth Wagner
DelRene Davis Wallenberg
Art Weaver
Diane M. White
Susan Youngblood

Pacific Lutheran University
School of Nursing
Pinning Ceremony
Trinity Lutheran Church
August 17, 1979 2:00 p.m.

It's the human touch in the world that counts,
 The touch of your hand in mine,
 That means far more to the fading heart
 Than shelter, bread, or wine.
 The shelter is gone when the night is o'er
 The bread lasts only a day,
 But the touch of your hand and the sound of your voice
 Live on in my soul always.
 May the road rise up to meet you
 May the wind be always at your back
 May the sun shine warm upon your face
 The rain fall soft upon your fields.
 And until we meet again someday
 May God hold you in the palm of His hand;
 May the memories that we have shared
 Linger on and on.

Folksong



PINNING CEREMONY

Processional	Barbara Bullock, B.M., Organist <i>"Processional of Joy" — Meyer</i>
Special Music	David & Joy Liezen
Invocation	The Reverend Theodore H. Gulhaugen (retired)
Presidential Greeting	William O. Rieke, M.D. President, Pacific Lutheran University
Welcome & Class Address	Lynette Hoegh
Class Song	"It's the Human Touch that Counts"
Guest Speaker	Jens Knudsen, Ph.D. Professor of Biology
Hymn #527 "All Creatures of our God & King"	Please rise and join us
Presentation of Pins	Doris G. Stucke, Ed.D. Director, School of Nursing
Special Music	Amy Gutschmidt Lori Lewis
Benediction	The Reverend Theodore H. Gulhaugen (retired)
Recessional	Barbara Bullock, B.M., Organist <i>"Processional of Joy" — Meyer</i>

*Please join us for a reception
 in the fellowship hall*

It's The Human Touch That Counts

Critical Care Nursing Topic Of New Book

The first volume of a three-part in-depth study of "Critical Care Nursing," authored by PLU nursing professor Celeste Mason and independent critical care clinician Joan Davis, was published in May by Van Nostrand Reinhold Publishing Company.

According to the authors, both the first book and the ones to follow are the first of their kind to deal exclusively with critical care nursing topic.

The first volume deals with neurological critical care. Planned volumes will cover cardiovascular and respiratory critical care, according to Mrs. Mason.

The book is targeted at critical care clinicians particularly, as well as nursing students and emergency and special care clinicians.

Mrs. Mason has served in the PLU School of Nursing for six years after 15 years of clinical nursing. She holds a bachelor's degree from the Catholic University of America and a master's degree from PLU.

Books romanticize role

In real life, nursing no easy job

By Geri Hoekzema

The front cover shows a pretty nurse standing next to a handsome young doctor. The back cover reads "...How Nurse Ellen found happiness working in the country hospital and romance with young, talented Doctor Douglas will make exciting reading for all young girls."

This is how the nursing profession is pictured by a Harlequin Romance book, published in 1957.

But nursing is not all dazzling white rooms and handsome young interns. Doris

It can be lonely working in a hospital during a holiday, when fewer people are around, said Stucke, but there are two possible ways for a nurse to approach it. "She can ask, what is it doing to me? Or she can ask, what is it doing for the patient? I think most nurses choose the second approach," Stucke said.

In most hospitals, the nurses rotate shifts, with each nurse working a certain shift for two weeks, according to Stucke. The family of a nurse may have problems adjusting to the odd shifts he or she must work, but it varies according

One problem with nurses is that many do not want to be responsible for decision-making, but would rather "blindly carry out orders," said Stucke, who added that this attitude is also changing. A nurse's personality and self-concept will determine whether or not he or she is willing to be a "doormat," she said.

Many nursing programs are teaching assertiveness courses to help nurses stand up for their rights and command respect from the doctor.

Nursing duties are either dependent functions, which involve assisting the doctor, or independent functions, in which they work on their own. The independent functions of nursing are expanding, Stucke said, thus giving nurses more individual responsibility.

Involvement with a patient, which can lead to emotional attachment, is another facet of nursing. Stucke describes emotional attachment with a patient as "One of the things that makes nursing hard, but without it, there is no caring...some emotional involvement is inevitable."

All nursing students at PLU are trained in mental health to a certain extent, beginning with building the student's own self-esteem, said Stucke. "Now we realize that physical, mental, and emotional aspects of health care are all interrelated. For example, a mother who loses her baby gets depressed," Stucke said.

"There are healthy and unhealthy ways of grieving. The nurse must help the patient find the healthy way," she said.

Schools are even teaching nurses how to handle the death of a loved patient and how to continue to function constructively under grief. Stucke said the training is based on the principle that "We can't help how we feel, but we can help what we do about how we feel."

Students need to be continually reminded that it must be a professional relationship, although personal feelings will always creep in, she said. The nurse is often seen as "someone in white who stands behind the physician and carries out his orders," said Stucke.

Groups of concerned nurses are working with the media to change this stereotype of nursing, which is often based on television characters. Such characters include nurse Dixy on "Emergency," who never gets her hands or uniform dirty; Hotlips from "MASH," who has authority and intelligence, but is portrayed as hard and unloving; and the countless beautiful but empty-fame.

The American Medical Association has adopted a code of ethics for nursing, but, as with most other professions, nursing has an unwritten ethical code. It is wrong, for instance, for a nurse to criticize a fellow nurse in front of a doctor or patient, said Stucke.

Feelings of competition among nurses are uncommon, according to Stucke. There may be some jockeying for higher positions on the nursing staff, but usually on a "professional" level, she said.

"Advancement is usually based on one's reputation or competence...sometimes it is based on who you know, but I hope those times are rare."

The male nurse has a special set of problems he must deal with, most of which are due to discrimination against male nurses.

Even male nursing students face these problems, in spite of society's changing attitudes towards "men's" and "women's" careers. Said a PLU nursing student, "Male nursing students are really made to feel like a minority here...the department tends to treat them differently." "I have a friend who was advised not to go into nursing here because he is male," said another.

The male nurse "sometimes presents a threat to the physician," and is often used by both female nurses and patients as an orderly, said Stucke. Nurses' salaries have not been high enough in the past to attract family men into nursing.

But I believe there is a distinct place for the male nurse," said Stucke, adding that some patients tend to respond better towards men.

The number and position of the male nurse is rising, but slowly, said Stucke. Male nurses figure one percent in the national average of nurses. PLU has about ten out of 240 students.

"Glamour disillusionment" is common among nurses, said Stucke. After getting out of school and on to a job, they find out things they did not expect, and their enthusiasm dies. "They burn out," she said.

"You would think that people would learn about the realities of the hospital in nursing school, but students usually don't discover the truth about nursing until after they've graduated," said a head nurse in an article for Redbook Magazine by Peggy Anderson.

"The realities of the floor make many new nurses bitter or frustrated....I have friends who actually hate nursing...I think the problem begins with people's expectations," said the nurse in Redbook.

One nurse in the article said, "I went into nursing with the idea of being Florence Nightingale at the bedside."

"Not everyone should be a nurse," said Stucke. "There are as many reasons for going into nursing as there are nurses, some of which include parental pressure, unexplored alternatives, lack of any other special interests, or a genuine wish to help others."

"If a student doesn't want to stay in nursing, I don't encourage her, because ultimately, it is the patient who suffers," she said.

"What keeps so many nurses in the hospital? Why do so many nurses like their jobs?" the Redbook article asked. The key, said the author, is that they really care about the patients. "The people in whom I've invested a certain amount of myself...are the reasons I stay in nursing."

Editor's Note: There will be a follow-up article next semester on PLU's nursing department.

"You would think that people would learn about the realities of the hospital in nursing school, but students usually don't discover the truth about nursing until after they've graduated."

Stucke, director of PLU's school of nursing, told about the real-life side of the nursing business and a nurse's relationship with those she works with.

One disadvantage the Harlequin Romances never mention

is having to work on holidays. Although doctors try to discharge as many patients as possible during a holiday, some nurses must remain in the hospital. The emergency room is especially busy during holidays because of frequent accidents due to drunk drivers, said Stucke.

to the family, said Stucke.

An important part of nursing is nurses' relationships with those around them, especially their co-workers, the doctors. "The professional nurse and the physician should work together as colleagues," says Stucke, but adds that it often doesn't happen that

way. It is not uncommon for some male doctors, especially older men, to "assume a paternalistic, condescending attitude towards the nurse," said Stucke.

However, many other doctors, especially younger doctors who have grown up with new attitudes towards women, treat nurses as equals, Stucke said. "It also depends on the doctor's own self-concept and security in his role," she said.

"Nurses are both helping and hindering this change, depending on whether or not their conduct is professional," says Stucke.