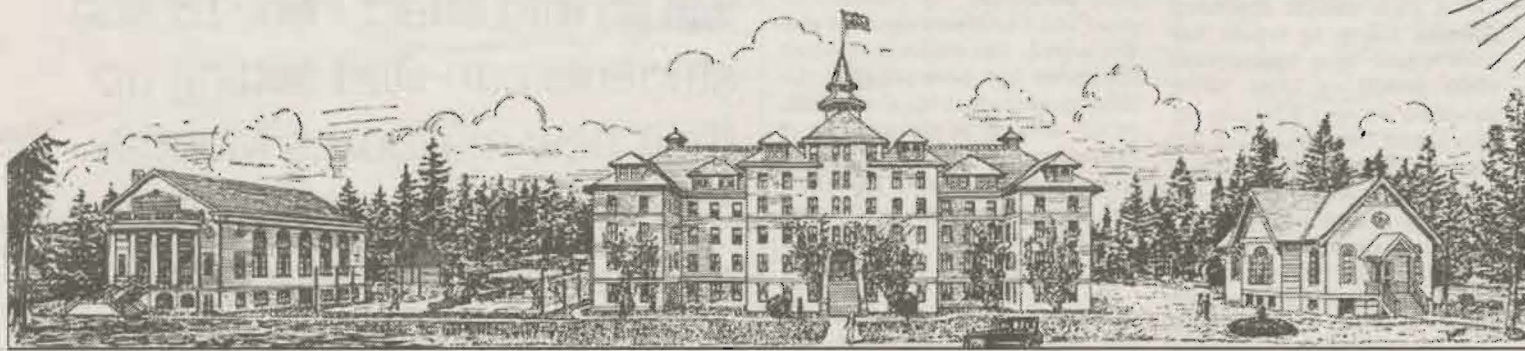
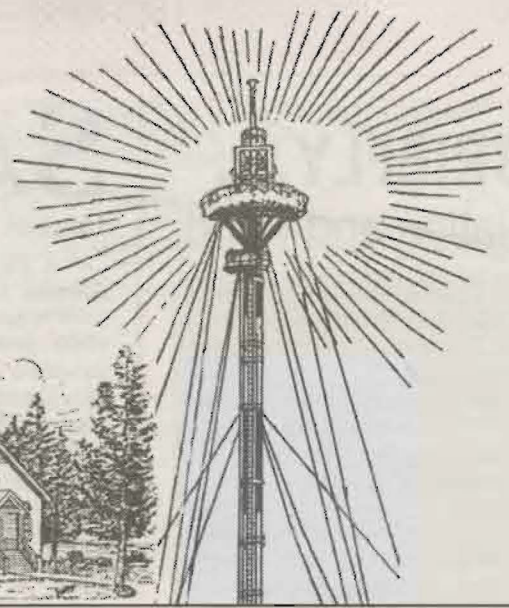


THE MAST

80TH ANNIVERSARY



FEBRUARY 4, 2005

PACIFIC LUTHERAN UNIVERSITY

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NORWAY SYMPOSIUM: Pathways to Peace

LAINE WALTERS
Mast editor-in-chief

The Pathways to Peace symposium Jan. 12-14 combined the heads and hearts of more than 1,000 scholars, policy experts, ambassadors and civil society members for a conversation on global issues of poverty, justice and peace that cross borders and academic disciplines.

The symposium celebrated the centennial anniversary of Norway's independence from Sweden in 1905, a time when struggling Norway received aid. Now, after striking oil in the 1970s and the development of a welfare state after World War II, Norway gives almost 1 percent of its Gross Domestic Product to foreign development aid.

Norway's name is known around the world for its church and governmental aid, political science professor Ann Kelleher said.

In typical Norwegian modesty, jokes about the controversy of the fishing industry, the hokiness of Norwegian sweaters and the size of the country filled the symposium.

Yet the Norwegians' presentation focused on facilitating conversations about past and present concerns, instead of claiming and resting on laurels.

Among Norway's contributions to world peace, Norwegians act as modest facilitators in peace agreements, including the latest signed Jan. 9 in Nairobi between the Sudanese government and leaders of the Sudan People's Liberation Movement.

Representatives of both parties flew straight from Nairobi to Seattle for the symposium.

The Rev. Canon Clement



Photo by Hakme Lee

Rev. John Vaswig, Adam Burke, Nicole Beaudoin and Ingrid Ford (left to right) participate in the Closing Plenary at the Norway Symposium Jan. 14 in Eastvold Auditorium. The two-day symposium emphasized Norway's contributions to global democracy and development.

Janda, a representative of the Sudan People's Liberation Movement, and Salah Ahmed El Guneid, a representative of Sudanese government, sat side by side Thursday morning and spoke about the hopes for peace and realities of continuing tension and mistrust. Janda put his arm around El Guneid as he talked about the government's air bombings of southern Sudan.

Roger Winter, assistant administrator of the U.S. Agency for International Development (USAID)

branch of Democracy, Conflict and Humanitarian Assistance spoke beside Tom Vraalsen, U.N. Special Envoy to Sudan in the morning panel.

"It was such a privilege to see the parties sitting together," director of the Wang Center Janet Rasmussen said.

Winter spoke about first encountering Norwegian aid workers in the Sudan 14 years ago.

"South Sudan is the most destroyed place in the world," Winter said. "There is hardly a

building intact."

He spoke about how impressed he was that a Norwegian hospital took the time to put flowers beside every bed.

"It was a very vivid example of that human connection that is so much more than dropping a package of food down. It has to do with hope and caring and love," Rasmussen said. "As valuable as it is to have the analysis, to test

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Conservative speaker to visit Monday

STEPHANIE MATHIEU
Mast assistant news editor

College Republicans President senior Patrick Bell said he heard a buzz concerning dissatisfaction with guest speakers at PLU.

In the past, big names like Bill Cosby and Arnold Schwarzenegger spoke on campus, Bell said.

To re-establish the tradition of bringing celebrities to PLU,

conservative talk show host and author Michael Medved will speak Wednesday night in the Scandinavian Center in an event sponsored by the PLU College Republicans and ASPLU.

Wednesday's event will be open first to students at 6:30 p.m. and then to the general public at 7 p.m.

"This event is first for the students," Bell said.

The Scandinavian Center has a seating capacity of 200 people and any overflow will be directed into the Lute Lounge where Medved will be seen on television sets.

Glenn Van Wyhe, from the School of Business, and Peter Grosvenor, from the political science department, will moderate Medved's talk with predetermined questions. "Medved likes aggressive questions and he loves to challenge them," Bell said. Medved will also describe his change from liberal activist to conservative.

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Medved

Retreats encourage first-years to explore

INGRID STEGEMOELLER
Mast news reporter

What will you do with your one wild and precious life? At each of two weekend retreats, approximately 450 first-years, 30 student leaders and 60 faculty and staff explored possible answers to this question and others.

Themed "Explore!," the retreats were held during J-Term at the Cispus Learning Center in Randle, Wash. A \$2 million Wild Hope grant PLU received from the Lilly Endowment in 2002 sponsored the event.

The purpose of the retreats was to help first-years begin to explore big questions about life and purpose, and connect these questions to vocation.

"Students will understand big enough questions as life companions and not questions to be answered immediately and without wavering," according to the retreat leader manual as one of the desired retreat outcomes.

First-year Desrae Carrio had a strong desire to work with AIDS victims before venturing on the retreat, and felt a stronger drive to do so afterward. She became involved with the Three Cedars AIDS House during a

first-year orientation "On the Road" trip, and continues to volunteer there.

"People at the AIDS house know they will die," Carrio said. "But the way they live is absolutely amazing. They have a fire for life, and I want to be immersed in that."

The weekend "reiterated that this is what I want to do, and it is not just a little kid fantasy," Carrio said. "I really want to try and make a difference. One idealist in a group of realists can make good things happen."

Throughout her quest, Carrio relies on a quote by Mahatma Gandhi to remind her of her goals.

"My favorite quote is 'Be the change you want to see in the world,'" Carrio said.

To help students examine their big questions, the retreats were broken into larger panel sessions with speakers to discuss their own big questions, and smaller groups where students talked about their questions and passions.

"The process of learning to love the questions is a lifelong process," said MaryAnn Anderson, one of the first-weekend panelists. "It's not about the answers, but exposing yourself to the questions. It's about being able to hold yourself open and keep moving

forward."

The first-year class split into two groups based on students' J-term classes, and each group was assigned a weekend. The first group sojourned to camp Jan. 7-8, while the other group went Jan. 21-22.

A damper on the first retreat happened when students harmed a tree on Cispus property.

"I was not prepared for someone to damage a tree," said Kathleen Farrell, assistant dean of students and director of student exploration and engagement for the Wild Hope grant. "I was heartbroken."

Overall, the retreats produced positive outcomes for both first-years and leaders.

"If there's a bull's-eye, we didn't hit the center, but we're not flying off the edge either," Farrell said. "When I think of the enormity of what we wanted to do, with logistics and the large number of people, from feedback I've gotten, we did it!"

Farrell also said that she has received positive feedback from all parties involved

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qualifies for
nationals 13

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BRIEFLY...

Nation and world

Tacoma oil spill causes concern, then dissipates: The oil spill that spread last Friday from Gig Harbor to the Tacoma Narrows caused minimal damage to the environment, The Seattle Times reported. The state Department of Ecology called off the clean up Sunday because the oil sheen was unrecoverable, officials said. Investigators said they don't know what kind of fuel was spilled, and they are trying to determine the cause of the spill. This was the second mysterious Puget Sound spill in the last four months.

Bush gives fifth State of the Union address: President Bush delivered the annual State of the Union address Wednesday. Speaking in front of a joint session of Congress, Bush described plans to save Social Security from bankruptcy by allowing workers to deposit portions of their Social Security into individual investment accounts. Bush also discussed the conflict in Iraq, refusing to set a timetable for withdrawing U.S. troops from the country. Bush reconfirmed his opposition to gay marriage and announced plans for a three-year program to prevent gang involvement among young people. The program will be led by his wife, Laura Bush.

Iraqi elections go as planned, but at least 65 killed in fighting: The elections held Jan. 30 in Iraq drew more than 8 million voters, according to The Seattle Times. However, Sunni turnout was low. Sunnis make up one-fifth of the Iraq population and some Sunni groups boycotted the elections. On election day, 260 insurgent attacks occurred and at least 65 people were killed. The elections will create an assembly with the power to select a president, two vice presidents and to draft a permanent constitution. It will be several days until the outcome of the elections will be known.

Tsunami-ravaged nations encounter more troubles: The December tsunami killed more than 150,000 people in 12 countries, but some of the affected countries face more problems than the catastrophe itself. In Banda Aceh, Indonesian soldiers killed 120 separatist rebels despite a cease-fire agreement reached after the tsunami hit. Also, many residents and tourists across the tsunami-hit coasts refused to eat fish after hearing these fish were eating corpses. Health officials say this fear is unwarranted and they are worried residents' diets will lack needed protein.

Pope hospitalized: Pope John Paul II was rushed to a Rome hospital Tuesday with the flu and breathing trouble. By Wednesday, the 84-year-old's condition had stabilized, although doctors were concerned that his illness may progress to pneumonia, which could be life threatening. The pope already suffers from advanced Parkinson's disease and various other ailments. His illness first became apparent Sunday, when he kept clearing his throat during a 20-minute ceremony from his balcony.

Briefs compiled by
Stephanie Mathieu and Juliet
Mize.

SAFETY BEAT

1/25/2005

A PLU student contacted Campus Safety to report her vehicle had been broken into while parked on 125th Street sometime between 3:50 p.m. on Jan. 23 and 7:40 p.m. on Jan. 25. The rear driver's side window had been broken out and the driver's side door was ajar. The contents of the vehicle had been rifled through. The stereo and CD's were missing and suspected stolen. A report was completed and the victim was provided contact information for Pierce County Sheriff's Department.

1/26/2005

A PLU student employee reported he struck a vehicle with a PLU vehicle causing minor cosmetic damage. The student worker stated the other vehicle left the scene before contact information could be obtained. A report was completed and forwarded to Risk Management.

1/27/2005

While on routine patrol Campus Safety observed a PLU student removing a street sign with two other individuals. When contacted, they ceased their actions. A report was forwarded to Student Conduct.

A PLU student contacted CSIN to report a suspicious male had been following her around and asking questions about her. Contact was made with the individual at the pool. When questioned, the individual, not affiliated with PLU, claimed he had spoken to the student prior and was observing her swim competition. He was advised his actions were unwanted and was asked to leave the area and not return. He complied without further incident.

1/28/2005

Campus Safety was contacted regarding a noise complaint in Tingelstad Hall. Responding staff made contact with three PLU students. A large number of empty and

partially full alcohol containers were discovered. A container of ether and a saturated rag were also discovered. The students admitted the group had been inhaling the Ether in addition to the alcohol use. PCSD, working in the capacity of Operations Supervisor, was present and completed a report. The report has been forwarded to Student Conduct.

Campus Safety was contacted regarding a male walking through the University Center with his pants down around his ankles. When contacted, the youth, not affiliated with PLU, was questioned and claimed his friends had pulled his pants down. As a result of his actions, he was presented Persona Non Grata notification and escorted off campus with three other males. All four were belligerent, used profanity and threatened CSIN staff while leaving campus.

1/29/2005

While monitoring the video surveillance equipment, Campus Safety observed two males climbing the Tingelstad Gated Lot fence and impeding traffic on 125th Street. The males then entered Memorial Gymnasium. When contacted, the two males were observed tampering with a ceiling/wall mounted projector. Neither males were affiliated with PLU and were provided Persona Non Grata notifications and escorted off campus.

1/30/2005

Campus Safety responded to a request for medical assistance in the UC. Upon arrival, responding staff made contact with a PLU student who reported she had twisted her ankle and heard it "pop" while walking down the UC internal stairway near the Lute Lounge. A friend applied ice prior to Campus Safety's arrival. The victim refused Central Pierce Fire and Rescue assistance, asking for the nearest urgent care facility. She was provided directions and contact information for Spanaway General Medical Clinic. The report has been forwarded to Risk Management.

PUBLIC SERVICE ANNOUNCEMENTS

A new PLU voice mail system will go into effect Feb. 18 and students can start setting up their new mailboxes Monday. Students will receive an e-mail Monday with further instructions, and the system will be down for two to three hours after 5 p.m. Feb. 18. Once the old system is replaced, all voice mails on the old system will be lost.

NBC's "The Apprentice" is coming to Seattle Feb. 26 at the Emerald Queen in Tacoma. A hiring crew will hand out wristbands starting at 10 a.m. and interviews begin at 11 a.m. Applications available at www.NBC.com.

TUSEN TAKK!!!

A THOUSAND THANKS!!!

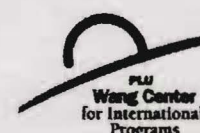
The Wang Center expresses deep appreciation to the many individuals and offices across campus whose tremendous efforts resulted in a successful "Pathways to Peace" symposium. We are most grateful!

Thanks, too, to all who supported the program with your attendance and active engagement - whether for a single session or the entire conference.

And the global dialogue goes on - with J-term classes back from all around the globe and great speakers and interactive events planned through the spring.

Watch for details and join us!

Janet Rasmussen, Susan Mann, Charry Benston,
Amy Fox, Pat Bieber
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PLU looks for retailers to grace Garfield Street

CHRISTINE PETTIGREW
Mast news intern

The search for retailers continues as the Garfield Street retail project develops.

As part of the retail project, which began in 2003 with the purchase of a retail development on the corner of Garfield Street and Pacific Avenue, the PLU bookstore will move to Garfield Street, making the bookstore visible from Pacific Avenue.

The Board of Regents has already endorsed the relocation of the bookstore, vice president of finances and operations Sheri Tonn said. It is currently in the process of decision-making and negotiations regarding other retail shops.

"The board has to approve everything," Tonn said.

If agreements are made and contracts issued by May 2005 construction could begin as soon as June. This would meet the goal of opening the Garfield Street bookstore by fall 2006. Further construction of new retail shops would continue, but the bookstore would come first.

A survey designed by PLU's student chapter of the American Marketing Association and posted on the ASPLU Web page indicates concerns students have about moving the bookstore from its

current University Center location. Concerns include lighting and safety on Garfield Street and the distance students would have to travel to get to the bookstore.

Even though concerns exist, the survey results show that about 80 percent of students support the move of the bookstore to some extent.

Administrators are still working to identify which retail stores and franchises would join the bookstore in the new retail area. These arrangements will be made with the assistance of a retail developer.

"We have not yet met an agreement with a developer," Tonn said.

There is interest in leasing retail space to coffee shops and restaurants, Tonn said. But she dispelled any rumors of a pub joining the retail area.

Nothing of the sort has been discussed, she said.

Pacific Avenue improvements:

Last year, PLU, along with other organizations, applied for a state grant to fund improvements to Pacific Avenue. The grant to further improve Pacific Avenue has been approved, Tonn said, and construction has already begun. The improvements include lighting, landscaping and sidewalks, Tonn said.

MORKEN CENTER UPDATE



PHOTO BY BRIAN BRADSHAW

A BULLDOZER AND OTHER MATERIALS SIT ON THE MORKEN CENTER FOR LEARNING AND TECHNOLOGY CONSTRUCTION SITE. ONCE BUILT, THE CENTER WILL INCLUDE FACULTY OFFICES, COMPUTER LABS AND WORKSHOPS, CLASSROOMS AND AN ATRIUM WITH A COFFEE SHOP AND CAFE.

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THRIVENT HELPS CREATE YOUTH LEADERSHIP INSTITUTE

MICHAEL ISAACSON
Mast news reporter

A partnership between PLU and the Southwest Washington Synod of the Evangelical Lutheran Church in America will start a new program called the Youth Leadership Institute, in large part thanks to a \$100,000 grant made by Thrivent Financial for Lutherans.

The new institute is designed to help students who want to become leaders in their communities. PLU will be one of three institutions to receive a Thrivent Financial grant for youth leadership programs.

"This grant embodies our mission and our Lutheran identity, and will allow us to more intentionally and comprehensively educate student leaders through experiential learning," assistant dean for students and project director Kathleen Farrell said.

The program is in the development phase. PLU representatives and representatives from the southwest Washington synod are meeting to discuss implementation.

"The Youth Leadership Institute at Pacific Lutheran University seeks to challenge promising youth leaders in the Southwestern Washington Synod and the PLU community to act as culturally aware, faith-based, service-minded leaders in their schools, communities and congregations," Farrell said.

Students interested in the institute will be able to get involved this fall, according to Farrell. In addition to existing leadership roles, students interested in developing their leadership capacity will be able

to join an emerging leader program. Additionally, the institute will launch a new Leadership Fellows position the following spring.

"Fellows will include up to 12 outstanding students annually who demonstrate extraordinary capacity to refine their own leadership practices, explore leadership in a multicultural setting and educate their peers about leadership," Farrell said.

On campus, the Youth Leadership Institute will draw on the resources of the Wild Hope Project, a five-year initiative to help students find their meaning and purpose in life.

Others involved at PLU include the Campus Ministry Office, the Student Involvement and Leadership Office, the Diversity Center, the Center for Public Service and the Office of Church Relations.

Many of these offices also help fund the project, as does the synod. Thrivent is requiring the co-sponsoring agencies to contribute at least 25 percent.

The Southwestern Washington Synod is home to 94 congregations and an estimated 15,000 youth. Thrivent Financial for Lutherans is a Fortune 500 financial services organization with just less than 2.9 million members managing assets of approximately \$62 billion.

Farrell said she was optimistic for growth in the program's future.

"There are infinite needs that strong leaders can address, and our students demonstrate infinite leadership potential," Farrell said. "How can this program not be destined for success and longevity?"

NOW, MORE CHOICES IN THE UC

EXPANDED CHOICE OF FOOD IN NEW VENDING MACHINES

NICOLE RAE
Mast staff reporter

On the bottom floor of the University Center, the food vending machines have recently been replaced with three new and improved vending machines.

The new vending machines were installed near the Lute Lounge and Commuter Lounge on Jan. 20 at no cost to PLU. The new machines offer candy, frozen dinners, ice cream, coffee and other hot beverages. A microwave is also provided in the area.

The most expensive food item in the vending machine is \$2.75, and they do not accept LuteCards at this time.

The change in location was in part because people would walk around the UC asking if there were any vending machines, Directory of Auxiliary Services Mark Mulder said.

"They would just not walk down the right hallway," Mulder said.

The vending machines were part of the "GenIUC" committee.

"The GenIUC committee that met last year was a collaborative effort between ASPLU, Auxiliary Services, Dining Services and Student Involvement and Leadership," Mulder said.

The committee hired five people who were willing to have an inquisitive attitude, Mulder said.

"This committee will be active determining those ideas



PHOTO BY BRIAN BRADSHAW
The new vending machines in the University Center offer items like pizza and burritos that can be heated in the nearby microwave.

that for feedback, and creating recommendations based upon the information and input," Mulder said.

The GenIUC committee also included ASPLU senators that represented various types of students including, on-campus, off-campus, first-years and upper class.

"Together, the team came together to discuss issues, create some ideas, then the group would go out and talk to people regarding those ideas," Mulder said. We'd come back together with information from our dialogue to determine what people liked, didn't like, when we'd

refine the idea and gather more feedback. The final step would be an informed recommendation based upon the information and ideas from the campus community."

The GenIUC committee will gather again this spring. They will be focusing on student feedback on dining hall renovations, meal plan structure and UC improvements.

"We really want to know what students think, and to create a process for collective idea generation to allow us to emerge with the best possible outcomes," Mulder said.



Photo by Jakob Perry
First-year SheReda Wilson helps a fellow student put together a puzzle at the Explore! retreat that took place over January Term

Explore continued from page 1

with the retreats, including first-years and leaders.

"I gained a greater appreciation for some of the struggles and questions that first-year students have as they attend university," said Alicia Batten, assistant professor of religion. "Hearing from the students themselves was very helpful to me."

Students initially skeptical about going on the retreat generally ended up enjoying themselves, Farrell said. Five students who wavered about returning to PLU next year decided to stay after retreating for a weekend.

"It is an honor to see the leap of faith, teamwork and time that leaders put into these retreats. Seeing the spirit of PLU in this event blew me away," Farrell said.

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**Symposium
continued from page 1**

theory against practice, we were all very in touch with feelings and values, and it reminded us of our caring, the caring in our mission statement."

PLU junior Adam Oswald fit the Sudan session in around classes. He said he admires "being able to deal with the reality of the situation without mediation. They're the actual parties involved. It takes it out of the realm of abstraction."

A formal banquet celebration of Norway's independence was held Wednesday night at the Convention Center. Rasmussen and the founders of the Wang Center, Peter and Grace Wang, presented Peacebuilder awards to Vraalsen, Bancroft and Arnesen and the Namibia Association of Norway (NAMAS) in honor of their determination to build peace. Vraalsen responded to his award with a pledge to continue his work.

"I assure you, I will redouble my effort," Vraalsen told the 400 banquet attendees.

Norwegian Ambassador to the United States, Knut Vollebæk, presented Chuck Nelson, a long time member of the PLU international admissions staff, with a civil society medal from the King of Norway. Nelson said he hadn't been so nervous since his marriage.

George Russell, chair emeritus of the Russell Investment Group, spoke on "More, Not Less: Globalization in the 21st Century" Thursday morning.

"How did globalization get such a bad name?" Russell asked in his session. "Many are united in what they are against in globalization, not what they are for."

Russell said he thinks increasing globalization will reduce poverty.

After an exhausting day for many, people overflowed Lagerquist Concert Hall Thursday night to hear cattle calls, wedding marches and fiddle tunes from the Collegium Vocale and the Folk Ensemble from Hedmark University College. Choir of the West sang and joined Collegium Vocale on a few pieces.

"I enjoyed the obvious delight that the musicians had in performing and

sharing," Rasmussen said.

Exhibits of traditional and contemporary Norwegian and Namibian art were on display in Mortvedt Library, the University Gallery and the Scandinavian Cultural Center for the symposium. University Gallery will continue to host the art through Feb. 11, Mortvedt Library through February and at the Scandinavian Cultural Center as well.

While the symposium encouraged attendees to reach out, it also encouraged them to reach in and affect change in their own homes.

Polar explorers and educators American Ann Bancroft and Norwegian Liv Arnesen spoke to an overflowing room at PLU about how satellite technology helps their journeys across ice inspire millions of schoolchildren to pursue their dreams. They announced the launch of a peace studies primary school curriculum written by PLU education professors Mike Hillis and Ron Byrnes.

President Loren Anderson conversed with rektor of Hedmark University College Yngve Haugstveit as well as president of Hosei University in Japan, Tadao Kiyonari.

The symposium strengthened the tripartite agreement among PLU, Hedmark and University of Namibia with plans to increase student and faculty exchanges.

Paula Leitz, associate dean of the PLU School of Education, spoke with her husband, Minter Creek Elementary School principal Steve Leitz and three Namibian colleagues on the Ondao Mobile School Project, a program started by NAMAS several years ago. PLU education professors have trained Namibian teachers on student-centered learning at the Ondao school for the past couple years.

During the closing plenary, PLU alumni spoke about lives of service to those in need both abroad and at home.

Alumna Jeni Gregory, mental health coordinator for the Metropolitan Development Council of Tacoma and founder and vice president of World Change for Children presented a slideshow of children she has encountered around the world. The images brought many audience members to tears.

"It's not about money, what it costs us is time," Gregory said. "There are places in Tacoma where children would knock someone out for the privilege of sitting on a steam vent."

PLU invested countless hours into the symposium and more than \$100,000 was raised from outside funds.

Student attendance increased over the symposium two years ago. Rasmussen said the university is continuing to work toward greater integration between the symposium and the rest of the J-term curriculum.

Wednesday's sessions were held at the Tacoma Convention Center, with shuttles operating most of the day.

Thursday and Friday sessions were held on campus, partly in hopes of increasing student attendance.

"I hope that students learned something about themselves, how their own views on foreign aid or how America is perceived affects what they will go on to do," Rasmussen said.

PLU sophomore Rachel Tefft agreed. "PLU's supposed to be this liberal arts school," Tefft said. "It's a great step toward getting the educated into world affairs. We are the privileged, and we are the ones who are going to have to get out there."

To view a session online, visit www.plu.edu/~lutecast/2005sp/wang/.

Web links

**View sessions from
the Norway Symposium:**

www.plu.edu/~lutecast/2005sp/wang

**Medved
continued from page 1**

Medved is expected to discuss films like *Fahrenheit 9/11* and *The Passion of the Christ* and analyze their effects on the November presidential election, Bell said. Prior to his job as a nationally syndicated radio commentator and author, Medved was a movie critic.

The event will focus on vocation more than on Medved's politics, Bell said. Medved will talk about what it means to be a political activist, conservative and liberal.

"We want to help the student population get into politics," said College Republican Treasurer senior Christopher Wood.

Along with teaching about vocation, College Republicans hope Medved, a Jew, will bring more diversity to the PLU campus, Bell said.

"There is a small Jewish population in Tacoma and Pierce County," Bell said.

Prominent Jewish figures are expected to attend the event, Bell said. ROTC cadets, a brigadier general and business professionals were also invited as guests.

On another note, the club hopes to bring political diversity to a campus that holds mostly left events, Bell said.

"To only have events focused on liberal viewpoints—What kind of diversity is that?" Bell asked.

Following Medved's talk, there will be a half hour for audience members to meet Medved and get his autograph.

Audience members can also buy "Med Head" T-shirts and copies of Medved's latest book, *Right Turns: Unconventional Lessons from a Controversial Life*.

College Republicans wanted to get a big name speaker since last year, Bell said.

At that time, the club planned to invite Ken Starr, famous for his involvement in the Clinton impeachment trial. But those plans fell through when the College Republicans did not receive enough funds to get Starr at PLU.

But Medved cut the College Republicans a deal, Bell said. He usually charges \$6,500 for events, but he only charged \$1,000 to speak at PLU. APSLU picked up the bill.

Medved, a Seattle resident, worked for 12 years on a weekly movie review show called "Sneak Previews," which aired on PBS.

He also reviewed movies for CNN and The New York Post.

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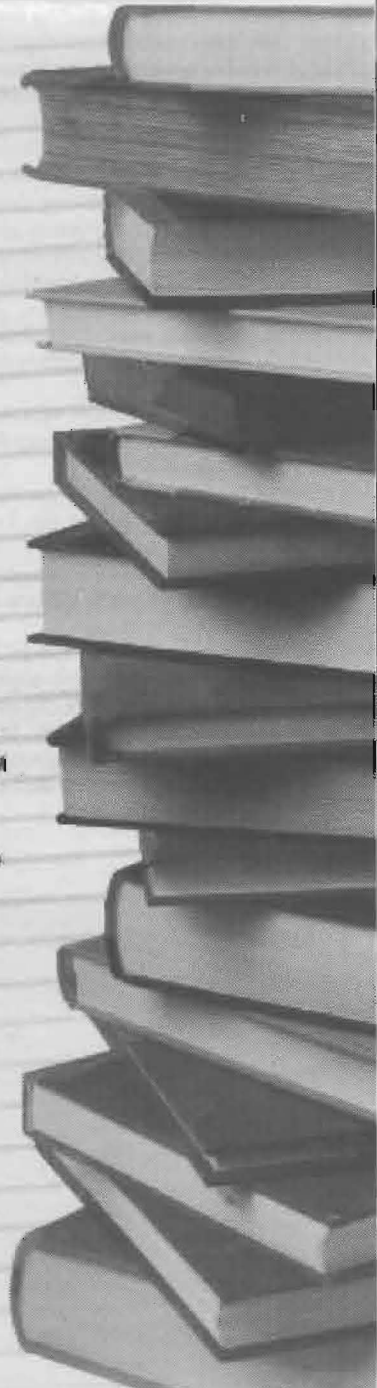
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FROM THE EDITOR

Relief should remain priority, J-term structure strengthens PLU purpose

I once read that Jewish theology interprets a week as six days to fix and construct the world and the seventh to rejoice in the world and take it as it is. On the seventh day, the Sabbath, God and humankind rests.

I think we at PLU too often leave the allegorical seventh day out.

While not Jewish myself, I have always been fascinated by Judaism's rituals and their inherent understanding of human psychology. My favorite ritual by far is Sabbath, a day of rest when families gather for meals and attend services at the synagogue and exchange to-do lists for pleasure reading and walks in the park.

College life messes with that psychology of rest and rhythm.

College students today live in a 24-7 world where technology keeps us working and connected, where a late night partying episode one night is compensated by working 12 hours straight the next day. I love the flexibility of college life, the ability to fall back asleep after an early morning class or take advantage of short grocery lines in the middle of the afternoon.

Yet many students end up studying into the night, because it is the only time when things calm down, because social codes still shun 2 a.m. club meetings with anyone less than your closest buddies. Our sleeping time becomes our fudge room.

A friend of mine once commented that the Sabbath sounded boring to her, all those rules about not cooking or working. Yet many people who have ever mentioned or written about a personal observance of the Sabbath welcome the 24-hour period as a breath of fresh air.

Living out our mission statement of educating for lives of service carries with it a full to-do list. There's consciousness-raising, fund-raisers, competitions, service learning practicums, student-faculty mentoring relationships, high levels of academic critical inquiry, remedial lessons, volunteering and, on top of it all, a requirement that first-years involved in the Wild Hope Project leave PLU fully actualized.

It's exhausting.

Most schools take a month off for Christmas vacation, and some celebrate a week off during the fall.

We have more school days than any other local school, with J-term being a compromise between our puritan work ethic and our tacit understanding that we can't work that hard.

I'm a firm believer in getting the most out of life. I'm also a firm believer in having the psychological space to try something different. When we are too busy or set in our ways, we can't grow. We simply think about getting done.

The Norway Symposium and the Wild Hope retreats are the fruits of a redesigned J-term, a semester in which students are encouraged to explore learning in a way that only the structure of J-term can provide.

Both events were classroom-esque, a type of interaction that, while the content was different, remains formatted like everything else.

The J-term structure was not effectively used, at least not when students couldn't break away from J-term classes to attend the symposium.

I remember my first J-term, when the blankness on my calendar stretched out before me. I wished I could get away. I welcomed a proposal to "fix J-term."

Now, having lived through a "fixed" J-term, or one in transition, it seems a little too much like the metaphorical six other days of the week.

What makes J-term special is its structure, its time apart from the work of the other two semesters. It should remain a time to reflect. If it includes special programming like the retreats, they should be more interactive. It should rejuvenate, not stress.

If PLU truly wants to encourage students to pursue a life worth living, it had better give students time to breathe.

The Problem of Communication on the PLU Campus: an allegorical tale...



CARTOON BY ADAM SPRY

LETTER TO THE EDITOR

Wild Hope realized after graduation

Winter has indeed descended upon the great Midwest. Minnesota has seen the first snowfall and it makes me remember Rena, Norway around this time last year. I was on a PLU study abroad.

I recall the chilly morning jaunts down a long hill that constantly kept my restless soul on the move. Adventures tend to keep me moving. Many things keep this recent PLU graduate restless here in the land of frozen lakes.

I began the summer working full-time as a team member at Caribou Coffee and was promoted to shift supervisor in August. On the fast-track to store management, I realized that although selling coffee is indeed amusing, it is not my true calling.

Three months into the job, and already I needed intellectual stimulation. A deep conversation, an unexpected opportunity, a chance to grapple with this new life.

It was time to go home.

I returned to PLU in the end of September for Homecoming festivities, friendship revivals and a little soul searching.

After five days in the Lutedome, that familiar restlessness came over me. What was it about this place? These people? Constantly challenging me, pulling me, stretching me, taunting me, leading me and begging of me the big questions.

"What will I do with my one wild and precious life?"

"How do I continue leading a life of thoughtful inquiry, service, leadership and care for other persons, for the community and for the earth?"

Yes, perhaps I am the only PLU graduate who actually knows these two statements by heart; but I ponder these questions every day.

Rejuvenated by my westward retreat, I returned to Minnesota and embarked on a new journey. A journey that only my alma mater could ever have convinced me to take. A journey inspired by many throughout the years, yet only recently realized. A journey into the amazing realm of higher education.

From the moment I stumbled upon the job description late one night, to the second I accepted the offer of employment the following Monday—it was meant to be. The Art Institutes International Minnesota created a new Student Affairs Department, and I became involved.

The past two months have been an incredible transition. From student to professional. From wandering to directed. From satisfied to passionate.

I now research graduate programs in Student Affairs and Higher Education Administration, shaping a new position and working to create a clear vision and mission for the department, assisting students with disabilities and helping international students

gain footing in the United States. I aim to create a functioning and beneficial student leadership program at a school lacking in such.

I also find myself dreaming of the next step: working with international students, facilitating study abroad programs, assisting student leadership programs and using my skills to serve others for the rest of my life.

It is nice to know that restlessness eventually leads somewhere. It is nice to know that communication and global studies majors can intersect so perfectly. It is nice to know that I'll always have a home in Washington that challenges me, questions me, mentors me and welcomes me.

I plan to be forever restless, always moving, always growing and always seeking something more. The satisfaction gained from such endeavor always has been grand. I trust it will remain so.

The past six months have been the toughest yet. Post-graduation life is not simple. I cry, I hurt, I pray. But, I do not despair.

Summer passed, then fall. Soon this bitter chill of winter will give way to springtime breezes. Tiny blades of green grass will begin to pierce the thawing dirt. Again Minnesota will begin her movement, and again I shall be restless. We both refuse the stillness, and we both have a lot of living to do.

Tamara Lynn Schaps
Class of 2004

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The Mast is published each Friday by students of Pacific Lutheran University, excluding vacations and exam periods. The views expressed in the editorials and columns reflect those of the writers, and do not necessarily represent those of the PLU administration, faculty, students or *The Mast* staff.

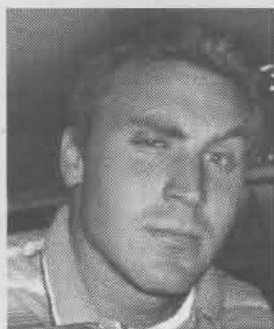
The Mast encourages letters to the editor. Letters need to be submitted to *The Mast* by 5 p.m. the Wednesday of publication. Letters without a name, phone number and identification for verification will be discarded. Letters should be no longer than 400 words in length, typed and double-spaced.

The Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors. Letters are printed in the order they are received.

The Mast can be reached at (253) 535-7494 or mast@plu.edu.

SIDEWALK TALK

WHERE WOULD YOU LIKE TO SEE A J-TERM ABROAD AND WHY?

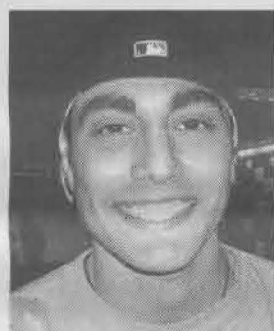
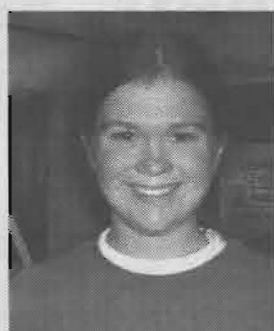


"Iraq, so that we can support our troops."

Bobby B junior

"South Africa. They're coming up on their decade of ending apartheid."

Amy Beard sophomore



"Spain, to meet the women."

Roger Guzman sophomore

"Zimbabwe, to study my heritage."

Aaron Ritzasender senior

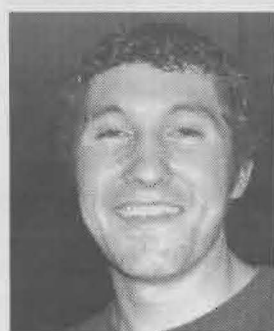


"Australia, because it's beautiful and they have an awesome accent."

Alicia Uzarek first-year

"Figi beaches, so I can study in my birthday suit."

TJ Cafferty senior



THE VISITATION POLICY: POINTLESS AFTER ALL THESE YEARS



The Ugly Stick Ronan Rooney

Ever wonder how the visitation policy got started?

In the first year of Pacific Lutheran Academy in 1895, young Lutes John Risland and Iver Johnson were about to instigate the single greatest, and most lasting, scandal in the school's history.

As university historian Phil Nordquist recounts in his history of the university, *Educating For Service*, Risland and Johnson organized a prank, telling student Minnie Kraabel that a Mr. Linbak wanted to see her in his room. She went to the room with Christina Larson, opened the door and saw Linbak in his underwear.

Scandalous! Tensions were already high from reports that students had dillydallied (playfully loitered) in the rooms of the opposite sex and throughout the school on New Year's Eve.

In response to the scandals, the administration quickly established the first rules of student conduct. Rule #1 stated plainly: boys must stay out of girls' rooms and vice versa.

Thus, the university's last-visititation policy began with a prank played by Risland and Johnson 110 years ago.

Isn't it time we just forgave them and dropped this silly rule?

The policy exists today in the form of prohibiting men and women (and their "significant others") from being in the same dorm room from 2 a.m. to 8 a.m.

It is a waste of budget and staff hours to catch, prosecute and punish people for breaking visitation.

It's utterly bizarre that the rule is so inflexible as to outlaw my own mother from spending a night in my room (for which I paid \$1,575).

No purpose is served by the visitation policy that isn't already covered by another policy. Being noisy, drinking alcohol, month-long overnight guests and sexual assault are all things addressed by other rules.

The policy does not prevent or solve roommate conflicts. It can only make them worse. If students rely on the policy to kick out their roommate's significant other, it is bound to cause a strained relationship.

On deciding who is welcome during which hours of night, roommates ought to resort to a method used across the nation: talking and listening.

Only good can be gained from abolishing this backward rule. Co-ed study groups should be able to meet in the comfort of their members' rooms.

The rule is inflexible to the extent that, in unfortunate times

of grief, we should be able to seek and provide comfort to our friends at all hours, regardless of gender. This is true community.

Policies change for the better. In 1953, despite a student petition to reverse the decision, social and folk dancing were deemed harmful by President Robert Eastvold. Today we hold dance performances in the building that bears his name.

Chapel attendance was once mandatory. In 1966, students were the powerful force that changed this rule. In 1970, visitation rules were loosened to allow same-sex room visitation three times a week instead of twice a year.

In 1971, student Glen Anderson wrote in *The Mast*, "The university ought to quit sticking its administrative nose into a number of matters involving student life."

Anderson could be writing about the visitation policy today.

A study of the university's history reveals that past students, today's alumni, were the driving force in changing the way the university operates.

It is upsetting that a 21st century university uses such a Dark-Age rule. The visitation restriction policy ought to be abolished.

Ronan Rooney has never been written-up. He wants you to know that Alaska is open to visitors at all hours, even though it's full of bears and wolves.

Snotting, licking doorknobs, flu revenge



Pretending to like you Lacie Runolfson

It's that all too familiar and unmistakable feeling.

You've just woken up to the wet nasally sound of your own clogged nostril to find yourself in a soft puddle of your own sweat. While holding the tears back, you desperately try and swallow that sour morning breath down what feels like a tunnel of razor blades.

You've got the flu.

There once was a time when I relished the flu season. A runny nose and a Kathleen Turner voice was a sure fire way to get my parents to let me stay home from school. Being coddled by Mom with a day on the couch was well worth the inconvenience of the flu bug. However, what was once seen as a welcome break from elementary school is now just an overwhelming pain.

A cold is one thing. A box of tissue and a few unscheduled naps later and you're clear. The flu however, is a far more devious and maniacal disease worthy of its reputation as a killer. We are not friends.

Shortly after returning home from J-term I was ambushed by the beast. Originally thinking the tickle in my throat was nothing but a cold, I swatted at the pest with a few aspirin and a Vitamin C tablet. Oh, how foolish I was.

Soon I was confronted with a solid week of snotting, coughing, fevering and a sore throat so painful it would have killed a lesser person.

As the week progressed my condition morphed into various stages of misery. I was softly moaning to myself when my so-called friend called me melodramatic. A healthy person might consider lying on the ground while moaning and reaching your hands

toward the heavens, shouting for redemption because you know the end is near a bit much for a cough and a runny nose.

But don't knock it until you've tried it.

Fueling the notion that this is the worst thing that has ever happened to you by being overly dramatic offers a great deal of comfort. OK, maybe it's not comforting, but at least whining and complaining is something to do during a time when you can't do anything.

Don't tell me it's going to be all right, because it's not. At the moment that I'm complaining my world is ending and there is nothing you can do about it. Misery loves company, and when you're that sick all you want is for someone to acknowledge what a pathetic piece of work you are. Pity me, that's all I ask.

Now, to make matters worse, spring semester has started, and I have been forced to venture out of my den of disease to join the land of the living.

I have become the kid I hate. The kid who shows up to the first day of class with a box of tissues and sits in the back of the room snotting and coughing through all the important bits of information. So to all the poor souls who are forced to endure class with me, I offer a thousand apologies.

The battle still wages. A child-like snot nose and a backbreaking behemoth of a cough still lingers in the trenches of my soul.

My advice to you is to wash your hands, because I have been hard at work infecting this campus with this virus I have affectionately dubbed "the flu Nazi." Licking doorknobs, coughing on keyboards and sneezing in people's hair has become part of my routine.

So take your vitamins and wash your hands. The time for sanitization is now! I barely escaped the icy claw of death, but who knows if you will be so lucky.

This article is proudly sponsored by Purell Hand Sanitizer, which kills germs in less than 15 seconds!

LETTERS TO THE EDITOR APPRECIATED

mast@plu.edu, Wednesdays by 5 p.m.

Janet Rasmussen to leave her position as Wang Center director

RASMUSSEN HELPED TO ESTABLISH THE CENTER FOR INTERNATIONAL EDUCATION AFTER IT WAS LAUNCHED IN THE SUMMER OF 2002.

BENJAMIN RASMUS
International editor

Janet Rasmussen plans to leave her position as the director of the Wang Center in summer 2005 to engage in study and service opportunities, she said.

Rasmussen directed the Wang Center since its inception in June 2002. She agreed to extend her original one-year agreement to ensure the steady development of the center.

"I feel very privileged to have launched the center," Rasmussen said. "It has been met with great involvement and enthusiasm."

Rasmussen has assisted in giving the Wang Center an identity, PLU president Loren Anderson said. The center focuses on international education, coordinating one-month, semester and year-long study abroad programs.

"Janet's arrival to PLU and the gift of Peter and Grace Wang were a wonderful coincidence," Anderson said. "Janet has been absolutely instrumental in helping to take an undefined dream and translate it into a wonderful reality."

Although Rasmussen is leaving her post, the center will continue to educate global citizens for peace, with increased student and faculty involvement, she said.

The next benchmark for the Wang Center is to have 50 percent of PLU's undergraduate student body study abroad, Rasmussen said. Currently about 40 percent of undergraduates study abroad.

The center is close to reaching its goal. The planned January terms abroad for 2006 is a "bumper crop," nearly 400 students could study abroad, Rasmussen said.



Photo by Roxanne Cooke

Janet Rasmussen has been the director at the Wang Center for three years.

Rasmussen has worked at universities her entire professional life, now she wants to take her gifts beyond campuses, she said. Before that, she might take classes for a year at a seminary involved in the peace tradition, possibly the Mennonite, she said.

"I feel called to deepen my theological and practical grounding so that I may take up a peacemaking role in Christian ministry," Rasmussen wrote in a campus e-mail to faculty detailing her resignation.

Provost James Pence has appointed a search committee and the position should be filled sometime during the spring semester, Rasmussen said.



Landon Huibregtse mimics a statue of the wealthy patrician, Casii, in Pompeii, Italy.

Photo by Chris Jensen

J-Term Trippin'

PLU students departed the country in the annual January term exodus to foreign and exotic lands like Ecuador, Botswana and England.



Erik Jensen, CJ Kipper, Matt Rouse and Matt Rouleau stand in front of a piece of the Berlin Wall at the Imperial War Museum. They studied "The Business of Arts in London" taught by professors Ed Inch and Amanda Feller.



Angee Foster traveled independent of a PLU sponsored J-term to visit a friend in Botswana. Here she is plaiting the hair of Neo in the rural village she stayed in.



PLU students Shana Whitney, Tina Reindl and Rachel Esbjornson pose behind a lava patch in the Galapagos. They took a class dealing with environmental literature.



Sessions to help you decide where you will go ...

Tuesday, February 8, 4 to 5 pm (Wang Center Conference Room) – International Internships. Led by Amy Fox

Wednesday, February 9, 4 to 5 pm (Wang Center Conference Room) – Study Away 101 – overview of all opportunities. Led by Susan Mann

Tuesday, February 15, 11 am to 1 pm (UC, near commons) – PLU Semester Away Program information tables

Tuesday, February 15, 4 to 5 pm (Wang Center Conference Room) – Oaxaca, Mexico semester abroad fall '05. Led by Professor Tamara Williams.

Wednesday, February 16, 5 to 6 pm (Wang Center Conference Room) – Chengdu, China semester abroad fall '05. Led by Professor Gregory Youtz.

Thursday, February 17, noon to 1 pm (Wang Center Conference Room) – Study Away 101 – overview of all opportunities. Led by Susan Mann.

For information:
www.plu.edu/wangcenter or 253-535-7577



Upcoming Events !

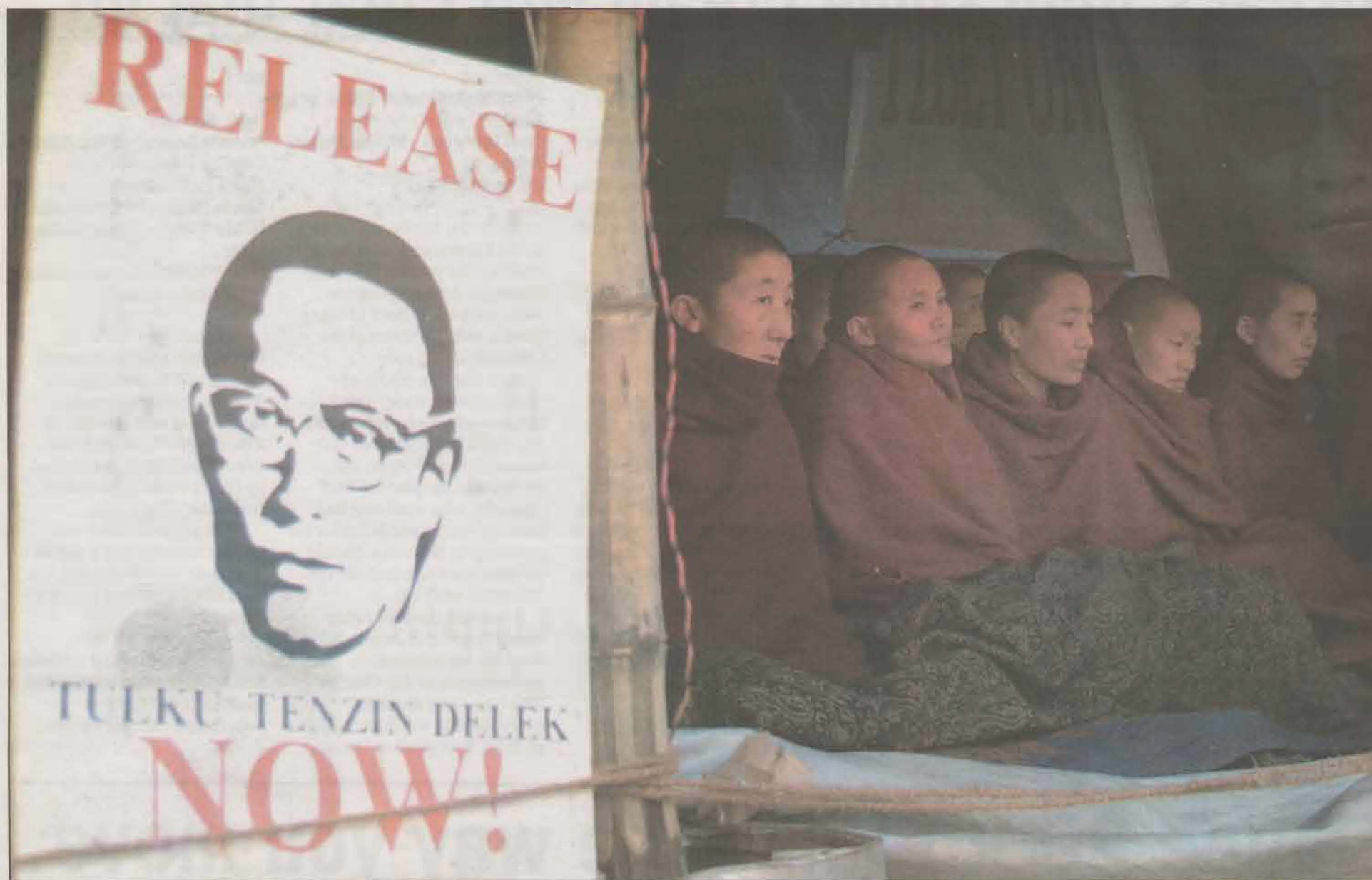
Tuesday, February 8, 7 pm (Regency Room) – Mary Beth Leeper (PLU'00), reports on her just-concluded three-year term of service in Bolivia with Mennonite Central Committee, working with at-risk youth.

Friday, February 25, 6:30 pm, and Saturday, February 26, 9:30 to 4:30 pm – (Regency Room) *Peacemaking in the Real World*, a workshop with accomplished Lutheran Peace Fellowship facilitators Glen Gersmehl and Verlon Brown; free registration for PLU students; preference deadline for registration is February 12.

For information:
or 253-535-7577



An iguana stays put on a rock in the Galapagos. The reptile has no predators on the island and has been able to thrive.



Above: A hunger strike sponsored by Tibetan Youth Congress for the release of political prisoner, Tenzin Delek Rinpoche, who is currently held in China and faces execution. This picture was taken early in the second month of the strike.

Right: A mini 4-inch Buddha statue inlaid at Mahabodhi Temple, in Bodhi Gaya. The temple is erected at the sight where the historical Buddha sat under the Bodhi Tree and attained enlightenment.

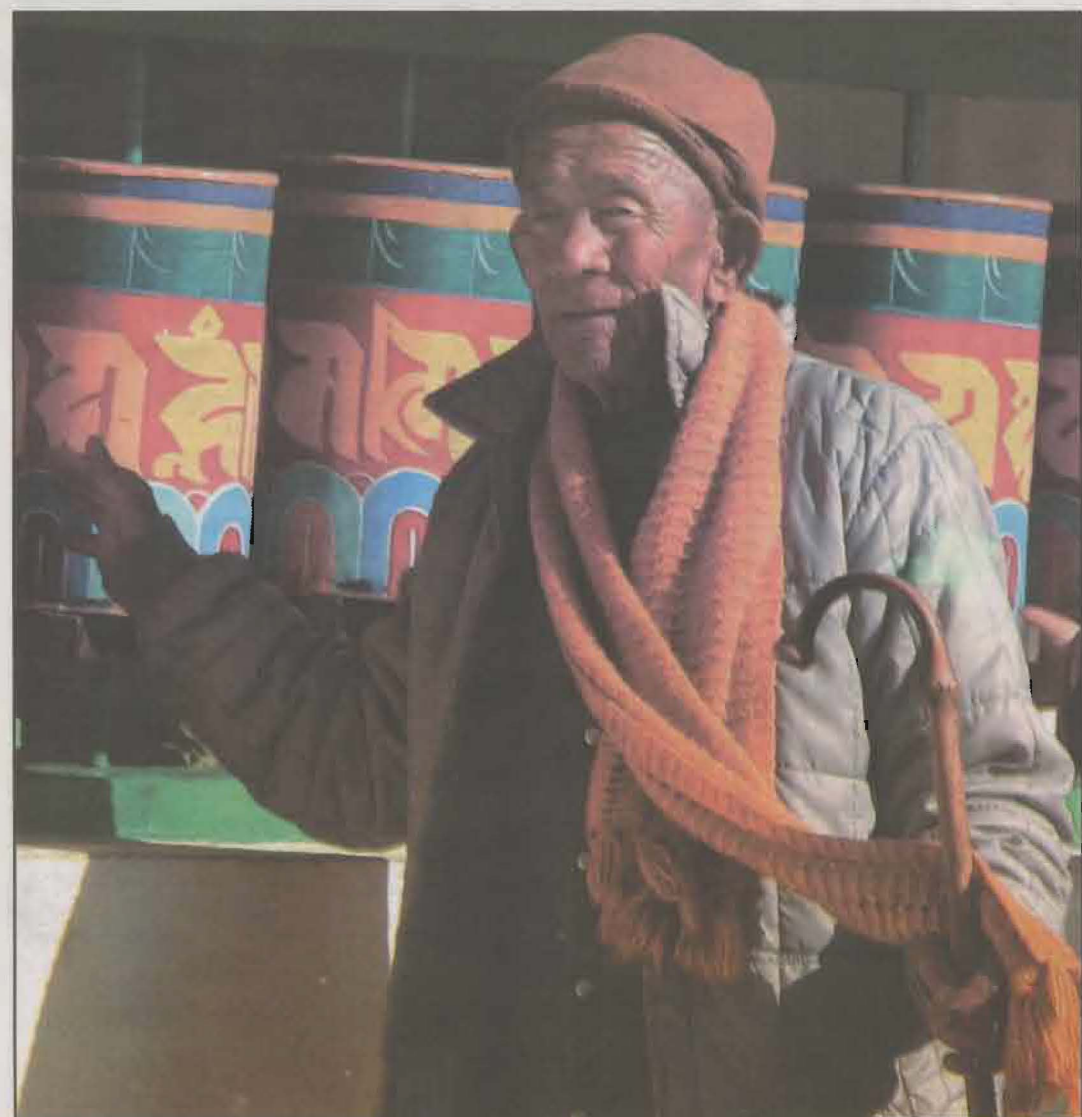
Below: An elderly resident of Dharamsala spins prayer wheels at a shrine in the Tsuglagkhang Complex. Mantras are printed within the wheel and the wheels are spun to gain positive karma. At the complex, there are 108 individual wheels containing about 560 million hand-written mantras.

TIBETAN BUDDHISM IN INDIA

Mast photographer Andy Sprain embarked to Northern India over J-term to observe the intricacies of Tibetan Buddhism.



PHOTOS BY
ANDY SPRAIN



With the aid of a Wang Center grant, I spent the month of January traveling to the major Buddhist pilgrimage destinations of India. The trip included visits to the Tibetan government-in-exile in Dharamsala, the Bodhi tree under which the Buddha found enlightenment and the countryside where Buddha delivered his first sermon 2,500 years ago.

The trip was in conjunction with a project on the encounter between Tibet and the West. The purpose of the trip was to conduct interviews with Tibetans involved with the Tibetan Freedom Movement. Using the interviews and participant observations, I investigated how the Dalai Lama has become a spokesperson for Tibet and, is responsible for a Western perception of a homogenized Tibetan culture. The Western perception stands juxtaposed to the reality of Tibetan life in exile.



A prayer flag flows in the setting sky at the Tse-Chok Ling Gumpa monastery in Dharamsala. Each individual flag is printed with a prayer in Tibetan, the flags fly in all directions in the region, from forest tress to narrow alleyways.

Oscar's itch: some cream will clear that up

SOMEONE SNEEZED IN MY POPCORN: AT THE MOVIES WITH MATT McVAY

That little naked gold man comes creeping back into our homes on Feb. 27 and tells us what is actually "good" in the film industry, regardless of whether we liked it or not. So, to start off the spring semester, let's take a look at what or who is nominated for what this year:

Best Picture: The Aviator - Martin Scorsese's biopic about billionaire Howard Hughes starring Leonardo DiCaprio. Finding Neverland - another biopic starring Johnny Depp who portrays "Peter Pan" playwright JM Barrie. Million Dollar Baby - Clint Eastwood's adaptation of F.X. Toole's (Jerry Boyd) book. Sideways - the breakout film about two middle-aged friends who take a road trip before one gets married. Ray - A biopic about the late great Ray Charles, flawlessly

played by Jamie Foxx. I don't know who will win. All of these films have great casts who give fantastic performances, but as good as Sideways and Finding Neverland are, odds are they will be the first ones out. Next up, Ray has a performer almost guaranteed to get Oscar gold, but is that enough to take the top spot? I don't think so.

Now if we were going to judge the winners like they were last year, then Million Dollar Baby would win. Last year, Lord of the Rings: Return of the King, swept the Oscars after being snubbed for two years, thus leaving Clint Eastwood's emotionally charged Mystic River cold and lonely. Lord of the Rings: Fellowship of the Ring should have won in the first place, and the academy took the opportunity to make up for that mistake. The same would go for this year's Million Dollar Baby.

Alas, I am afraid The Aviator is going to fly away with Best Picture this year. One, it's a

period piece and the academy loves period pieces. Two, it's an epic biopic ranging from old Hollywood to government indictments. Three, it has an incredible cast portraying icons so very well, and the academy loves movies about movies and its history.

Best Director: Martin Scorsese - The Aviator Clint Eastwood - Million Dollar Baby Taylor Hackford - Ray Alexander Payne - Sideways Mike Leigh - Vera Drake

As much as I would like Eastwood to win, Scorsese has been snubbed for so long there is no way the academy will let it go by again this year. He has a film that is winning awards and in favor with the critics. Come Feb. 27, there will be a gold statue resting on the mantle of the Scorsese household.

Best Actor: Don Cheadle - Hotel Rwanda Johnny Depp - Finding

Neverland Leonardo DiCaprio - The Aviator Clint Eastwood - Million Dollar Baby Jamie Foxx - Ray

Well, Leo finally makes it to the big category after being snubbed for years and Johnny makes a return appearance since last year's shock of being nominated for Pirates of the Caribbean.

Don Cheadle who is one of the greatest under-rated modern actors of our time gets the nod. Clint Eastwood isn't unfamiliar with Oscar, but he did take the place of Paul Giamatti, who until now had been on every awards list for his portrayal in Sideways. Should he have been nominated? Yes. Would he win? No.

I am sure the Best Actor award is going to Jamie Foxx for his tremendous performance as Ray Charles. This came as a shock to everyone who watched the actor go from Booty Call to Oscar

glory. **Best Actress:** Annette Bening - Being Julia Catalina Sandino Moreno - Maria Full of Grace Imelda Staunton - Vera Drake Hilary Swank - Million Dollar Baby Kate Winslet - Eternal sunshine of the Spotless Mind

This category has really turned into a battle between Bening and Swank. In 1999, Annette Bening was a shoe-in for Oscar with her role as a troubled wife in American Beauty, only to be sideswiped by Hilary Swank who was in Boys Don't Cry.

Both actresses have won awards recently and it will be a dead heat toward the end, but I am leaning toward Swank's corner.

Well, I could get into supporting actors and actresses, best sound or best editing, but I wouldn't want to make the awards less exciting for you.

Dance 2005: I like the way you move

MICHELE RENAUD
Mast A&E Editor

For Laura Boye and many others, dancing is a way to escape from the stresses of finals, dating and college life in general. The auditions for the dance ensemble are Feb. 4 in the East Campus gymnasium.

"Dance Ensemble is a great opportunity to meet a lot of different people with different dance

backgrounds. It also gives you a chance to step out of your comfort zone and try new things," Boye said.

Dancers can expect to try out in a non-competitive atmosphere. The directors and choreographers said they aren't necessarily looking for the best dancers overall, but instead looking to find the dancers that would best fit their particular routines.

Routines include music genres from

jazz to modern to hip-hop. Dancers who attend the audition will have a chance to experience the choreographed moves that will be used in the performance on April 8 and 9.

A special guest and eight student choreographers are participating this year, said Maureen McGill, director of the dance ensemble.

The co-director this year is Tara Holliday, a student at PLU and

choreographer for the ensemble last year.

Dancers should bring their schedules for spring semester, so directors and choreographers can view dancer availability. In addition, McGill advises to "come willing to give it your all and be patient."

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Tacoma Symphony Orchestra: Place of Talent and Alumni

MICHELE RENAUD
Mast A&E Editor

As the beautiful sounds of Bach echo throughout the Pantages Theater in downtown Tacoma, Svend Ronning concentrates on every note his violin produces. Kristina Walker smiles, knowing the sold out crowd is enjoying the performance. Amy Wigstrom lets the music she is helping produce take any stresses away.

Such a situation is common in the Tacoma Symphony Orchestra, Tacoma's talented, professional and diverse group of musicians dedicated to one cause - making music. In addition to their shared love of music, many of these people also share another thing - they are PLU alumni.

When he's not practicing his violin for an upcoming concert, Ronning is also a music professor at PLU. During the 1980s however, Ronning was a PLU student, finishing his bachelor's in music.

After graduation, Ronning went to Yale where he received a master's and doctorate's degree in music arts. He then worked as concertmaster for the Charlottesville Symphony Orchestra in Virginia and eventually returned to the Pacific Northwest to teach at PLU.

He currently holds the concertmaster position at the Tacoma Symphony Orchestra. In 2001, he became the artistic director for the Puget Sound Consort in Tacoma.

Ronning credits much of his knowledge of music to PLU professor Ann Tremaine. He also "practiced like a maniac" while he was in school and was very focused on his music and not much else.

"I live to do it," Ronning said of his reasons for being with the symphony.

For students who might be interested in pursuing careers in music after college, Ronning advises that discipline and persistence will go a long way in the business.

"Practice! It's a huge amount of work," Ronning said. "You must really love it and be willing to wait your turn, or else you won't make it."

PLU alumna Kristina Walker is the marketing and patron services manager at the symphony. She began as a



PHOTO COURTESY OF DANE MEYER

The Tacoma Symphony Orchestra perform during a concert. The orchestra is not only known for their talent, but also for the number of PLU alumni who participate in the group.

volunteer at the symphony.

Although Walker majored in communication, she shares a love of music with everyone around her.

Having been there two-and-a-half years, Walker said the most rewarding experience she has had with the symphony is when the orchestra plays in front of sold out crowds.

Another PLU alumna is Amy Wigstrom, who is the executive director of, and also plays in, the Tacoma Symphony Orchestra. While attending PLU, she created "A Night of Music Theater," was a member of the Choir of the West and played in the pep band.

After teaching music and moving to Idaho, Wigstrom received a call from the symphony after being recommended her and, wanting to return to Washington state, she joined the Tacoma Opera about one year ago.

Although she is a professional, she still calls PLU professors when she has questions or needs advice, Wigstrom said. She said she feels PLU helped her get where she is today and advises students who may want to be involved in the symphony in the future to "do a lot of activities, be diverse and have a broad range of skills and experience."

The Tacoma Symphony has an

internship program, and the staff is always looking to recruit PLU students who have a passion for music.

Currently, the Tacoma Symphony Orchestra members are working hard and practicing for their upcoming February concert, "Soloists and Sibelius." Sibelius was a Finnish composer during the 19th and 20th centuries.

Like many of the symphony's concerts, there's "a little bit of everything," according to Ronning.

"Harvey Felder (Symphony) is good about choosing music that has a lot of diversity and will reach different audiences," Ronning said.

Ronning also commends Felder for celebrating local talent during the performances. Walker and Wigstrom agree the most exciting part of the upcoming concert will be a tuba solo by Brian Chin because it is a rare event in any orchestra.

"We know people are going to like it," Walker said.

Walker, Wigstrom and Ronning are just a few of the people who have utilized the resources and education available at PLU in order to pursue their dreams of being involved in an organization like this symphony.

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MICHELE RENAUD
Mast A&E Editor

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Too much of a good thing?

MUSICAL MUSINGS
ERIC THOMPSON

"You can have too much of anything."

If I had a dollar for every time I've heard that phrase I could probably afford my books this semester.

This idea of moderation has been drilled into most of us since we were small. At some point we all had to learn the lesson that, yes, candy is wonderful, but if you eat nine bags of M&M's you will likely not be found clamoring for a 10th. Since I discovered this for myself (the hard way, involving a large bucket of Halloween candy), I have always assumed there were no exceptions to the rule.

Recently, however, I began to question the infallibility of such wisdom. Can there really be such a thing as too much music? The reason I wonder is because if ever there were a period of overabundance of music in my life, this January would have been a prime candidate.

It all started when I received an external hard drive for Christmas. External hard drives can be used for any number of purposes, but mine may as well have been called a "music receptacle."

I quickly more than doubled the amount of music on my computer from 20 gigabytes to 41. In other words, I am now equipped to listen to music on my iTunes continuously for 24.3 days without repeating a song. Is that amount overwhelming? Yes. Ridiculous? Certainly. Unnecessary? Maybe. But too much? I don't think so.

My J-term class was choir, meaning that for the whole month I had rehearsal from about 9:30 a.m. to 4 p.m. Monday through Friday. This also meant I had no reading to do, no homework, no papers, no tests and no finals, which left me with a lot of free time at night and on the weekends.

I used a lot of this free time to listen to my new music and go to concerts. If you've been following along you will have

noticed the percentage of time spent with musical stimulation of some sort was along the lines of 107 percent, what might be considered toxic levels

As I'm writing this I am on tour in California with the choir. My daily schedule is something like this: listen to music on a long bus ride, get to a church and rehearse our songs, perform a concert and fall asleep to music.

I've been waiting for the breaking point for some time now. I assumed at some point before spring semester began my brain would melt and ooze out my ears into a puddle of liquid music waste. Surprisingly enough, that hasn't happened yet.

I've certainly gotten tired of specific aspects of music. My throat has worn out. There have been times when I did not want to get up and sing. And of course you can always get too much of one certain genre of music, or one specific artist.

I don't care how much you claim to love that Dashboard Confessional CD. If you listen to it on repeat for a few days you

will think that Chris Carraba is a whiny, untalented schmuck.

I know because I came dangerously close to ruining my appreciation for Weezer when I first discovered *The Blue Album*.

There have been times when I needed a break from music because I had a headache or when I had to refrain from listening to music so I could concentrate on something else. But I am quite convinced that it is impossible for me to get too much music.

Maybe I have some kind of superhuman tolerance level. Maybe I'm just speaking too soon, and now that I've doubted the possibility of excess, music will take vengeance on me and strike me down. Maybe it's just normal, and there's no such thing as too much music for anybody. I'll have to start compiling data.

I have a few friends who just aren't interested in music at all, and I find that unbelievable. They just don't listen to any and don't really have a preference. They don't mind music, they just don't get excited about it. I wonder if

following them around with a radio would drive them crazy.

The thing about music that is unique is there don't seem to be any side effects. The reason that the wisdom of "you can have too much of anything" holds true in most cases is that most everything can affect you in ways other than how you intended. The M&M's, for example, you eat because they taste good. But if you continue the habit consistently and regularly you will experience a very unpleasant change in your body.

With music I can't think of many aspects it can negatively affect. Also, because it's such a broad category, you can switch it up so that no particular type overstates its welcome.

The one possibility I can foresee is that of having so much music that my ears shut down and I become deaf. This I worry about. That would truly be too much music, and I would rather be a paralyzed, blind, mute and with a nose that cannot smell before I accept that fate.

What we're listening to

RORY STILLSON
Mast Writer



I will listen to pretty much anything – country, rap, rock, '80s. You name it, I've probably listened to it. My favorite type of music is Christian rock simply because I am all for the empowering and uplifting messages it adds to my day.

I usually don't have a particular artist or type of music I like above all the rest. However, recently I discovered a new artist and I have subsequently fallen in love with her music. Bethany Dillon is not only a great singer that writes her own music, but she's also only 15 years old!

When I first listened to Bethany Dillon, I would've never guessed she was barely a teen. Her voice is crystal clear and the songs, although sometimes a bit simple, convey powerful and encouraging messages. It's the perfect music to either sing out loud in your car or to relax to in your dorm. Even if you're not a Christian music fan, I would recommend listening to her music to anyone if anything, simply to appreciate such talent as hers at such a young age.

The music I listen to now rotates between Jack Johnson, John Mayer, Coldplay, Eve 6 and Ben Harper. I like any type of music you can just sit in your room and relax to. I cannot stand country in any way, shape or form, but rap is OK on occasion. When I went to the Galapagos Islands for a week, I probably listened to Jack Johnson's album 10 times. I just don't get tired of it!

Jack's blues melody can only be confused with acoustic rap. It's the perfect music to do nothing to. Whenever I want to procrastinate writing a paper or reading a book, I put on Jack and sleep the day away. Surfers and hippies unite, Jack is the perfect music for riding a wave or hugging a tree. I have listened to the CD for hours on end, and I never get sick of it. It's good music to pull out a guitar and jam with as well.



SAMANTHA DILLON
Mast Writer

Recently, because of a research project during J-term, I have been listening to folk-rock music from the 1960s. Some of my favorites include Phil Ochs, Joan Baez, Simon and Garfunkel, Janis Joplin, The Beatles and The Rolling Stones.

Perhaps one of my favorite anthems comes from Bob Dylan. "The Times They are A-Changing" is one of his political songs that describes the start of the new youth peace movement against the Vietnam War. This was an incredible time in our history in which the music was inspiring and reflected the history as well as the feelings of the young activists.

In comparing older folk music to political music of today, it seems to me that most political tunes come from the anti-pop culture punk bands such as Pennywise and Bad Religion (one of my favorites).

So is there any music, besides the lyrics from Eminem's latest songs, that inspires you politically? If not, dig through your parents' old records or check out the punk scene—it's not just about starting mosh pits and being a rebel. Their lyrics have some depth, listen.



MICHELE RENAUD
Mast A&E Editor

Photos by Michele Renaud



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Sports Sideline

Stepping up: Former Lutes football player Casey Carlson signed with the Seattle Seahawks.

Being Honored Part 1: Kezia Long was named NWC conference player of the week for the week of Jan. 18. She had 28 points, 25 rebounds and four blocked shots on the week, including a win over 18th ranked Whitworth.

Being Honored Part 2: Kris Sletten was honored as co-oustanding swimmer of the meet back on Dec. 4 at the Northwest Invitational

Bring out the brooms: The PLU men's basketball team swept the eastern side of the state beating Whitworth and Whitman on Jan. 14-15. This was their first back-to-back victory since November 2003.

On the inside Part 1: Erik Jensen finished ninth in the heptathlon at UW's Dempsey Indoor Track Meet. He competed with Megan Wochnick, James Burnett and Jeva Morton. Wochnick finished 14th in the weight throw. Burnett failed to qualify for the 60m finals. Morton was disqualified in her 60m preliminary race.

On the inside Part 2: Returning to UW just a day later, Megan Wochnick finished second in the women's weight throw. Dan Haakenson finished second in the men's weight throw. Joining Wochnick and Haakenson were Julie Locke, Stephanie Lewis and Michael Johnson. Locke and Turner finished 13th and 15th, respectively, in the women's weight throw. Johnson finished 13th in the men's weight throw.

Compiled by Brian Jones

Wochnick starts indoor track season with big win

TARA MAUERMAN
Mast sports reporter

Megan Wochnick surprised everyone, including herself, on Jan. 16 at the first University of Washington Open by winning the 20-pound weight throw with an impressive mark of 16.64 meters. Wochnick's throw also met the NCAA Division III provisional qualifying standard of 16.60 meters.



WOCHNICK

"My goal was to get a decent mark and progress from there," Wochnick said about the meet. "I surprised myself and my coaches."

Wochnick, a sophomore from Wilsonville, Ore., has only three months of experience with the 20-pound weight.

The arrival of throwing coach Hal Werner introduced Wochnick to this new event.

"We didn't have a coach," Wochnick said. "We just threw for fun before [Werner] got here."

Fun quickly turned into serious training with the difficult 20-pound weight.

"You need strength, speed and coordination," Wochnick said. "If you're missing one of those, you're gonna have a hard time."

Wochnick's training is progressing well and she's thankful for Werner.

"My coach has taught me so much just in the first week," she said.

Wochnick is not afraid to ask for help. Constructive criticism from her fellow throwers has

really helped her learn and perfect her technique for this and other difficult throws she has yet to master, she said.

Wochnick's coach knows she is up for the challenge.

"She shows a lot of leadership ... a desire to lead and do well," Werner said.

Head track coach Heather Kreier said she agrees.

"She is a very focused individual [and] excited about her prospects of going national," Kreier said.

Wochnick knows her future goals and exactly how to reach them.

"Consistency is the next step," Wochnick said. "Technique is crucial or you're not going to throw well."

Wochnick is looking forward to the upcoming season but acknowledges the tough competition in the indoor season as being vital in preparing her for the outdoor season.

"I perform better with better competition," Wochnick said. "You need to perform well. These girls are huge."

Wochnick's 16.64-meter winning throw at the UW meet may be a new school record. The head coach is in the process of verifying the information.

Twenty-year-old Wochnick says she's not in it for the glory.

"I just want to continue to set personal records and improve," she said.

Werner said he knows Wochnick will reach her goals and has only begun what promises to be an impressive career in throwing.

"The indoor season is just a prelude to the outdoor season," Werner said. "She has a good future ahead of her."



Photo by Roxanne Cooke

Megan Wochnick, 20, won her first 20-pound weight throw competition at the University of Washington by throwing the weight 16.64 meters. Wochnick met the NCAA Division III provisional qualifying standard of 16.60 meters.

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Professor Chantler finalized the women's basketball team grades Lutes score above average on record, offense, defense, rebounding and overall



Between the lines
Brent Chantler

It is another wonderful semester here at PLU. In the midst of J-term grades coming out in about a week, I thought to myself, why not give out some grades of my own. With that thought, I have decided that Professor Brent Chantler is here to give out grades for our PLU Women's Basketball team.

Record: B. Our women's basketball team is having what has come to be a normal season for them. They are currently 6-2 in conference and 10-7 overall. Even though their overall record might make you wonder why I gave them a "B," it all has to do with their conference record. Now the Lutes sit at third place in the division,

only one game behind George Fox and Whitworth who have records of 7-1. They will meet those teams in February for a chance to put themselves at the top of the division. I say they are doing very well for themselves when they are in a division where only three of the nine teams are below .500.

Offense: B/ B+. This grade was probably the toughest to figure out. The reason for that is that this team has a good offense, but other teams in the league make a fan question how good it really is. However, PLU's team does have a potent offense and I am going to fill you in on why.

For starters, they are second in a category that I feel is one of the most important to a basketball team, and that is free-throw percentage. They rank second in the Northwest Conference in free-throw percentage at 72 percent, behind UPS who shoots 76 percent. One reason they are shooting so well from behind the line is because of senior Aundi Kastura and

junior Kelly Turner, who are currently both tied for the conference lead in free-throw percentage, shooting perfect from the charity stripe.

They are currently seventh in the league in scoring, which I will admit dropped their grade a little bit because there are only nine teams in the league. But UPS, who is also first in this category, only have them beat by 6.7 points.

Part of that potent offense can be attributed to Kastura, Turner and sophomore Kezia Long who rank 10th, 11th and 12th in the conference in scoring. They all average at least 10 points per game, and Long also has five double doubles on the season.

Their field-goal percentage right now is fifth in the league at 40 percent. The Lutes also have six players on the team who shoot above 40 percent from the field, led by first-year Emily Voorhies at 56 percent. They are seventh in assists, as well as leading the conference in 3-point percentage at 38 percent a game.

Defense: B. Their defense is just as solid as their offense. They rank sixth in the league in scoring, but as long as you are able to score more points than the other team, you are going to win. They hold opponents to an average field-goal percentage of 38 percent, which is fourth in the conference, as well as 28 percent from 3-point range. They average 1.88 blocks per game, as well as 7.41 steals per game, which is last in conference, but still not a bad number.

Rebounding: B. Long's 7.6 rebounds per game puts her sixth in the conference and helps PLU keep their conference league in defensive rebounds per game at 27.29. Despite being eighth in offensive rebounds, these girls still hit the glass well.

Overall: B. It is hard not to give these ladies a good grade, but no team is perfect. This team is full of heart, energy and firepower. Head Coach Gill Rigell has done a wonderful job with this team and I encourage everybody to go out and support them.

Swim teams prepare for NWC Championships

BREANNE COATS
Mast sports reporter

PLU swimmers finished their dual meets Jan. 29, yet the swimmers exertions remain because their toughest trial occurs in two weeks, the Northwest Conference Championships.

The men's team ended the conference in fourth place with a 4-3 record, while the women's finished in fifth place with a 3-4 record.

"Our whole season looks ahead toward conference," captain and free-style swimmer Sara Seed said.

Both teams started January with a loss against Whitworth University.

"Whitworth was a tough meet for us because they are one of the strongest teams in the conference," Seed said.

The women lost 75-129 to Whitworth. The Lute men also suffered a loss with a score of 52-145.

"Whitworth is always ridiculously strong," backstroke and individual medley swimmer David Pedack said. "The fact that we scored points on them is good."

The Lutes then had a break until their dual meet against Willamette on Jan. 22.

"Willamette was a good meet for us," Seed said.

The men and women's teams earned victories against Willamette.

The men won 23-62 and prevailed in every event except the men's 1000-yard freestyle, where Willamette Geoff Kruse beat PLU swimmer Daniel Seetin by less than a second.



Photo by Brian Bradshaw

The men and women swim teams work hard during practice to prepare for NWC championships.

The PLU women actually had fewer first-place finishes than Willamette, yet they earned more second and third places giving them enough points to go into the final event with a one-point lead. The final event was the 400-yard freestyle relay. The women took first and third in this race earning them a 104-97 victory.

"It's tough when it comes down to the last race, and you know you have to win to win the meet," Seed said.

The Lutes then had to face a back-to-back meet weekend. PLU faced Whitman Jan. 28 and Linfield on Jan. 29.

The PLU men beat Whitman 112-65. Pedack picked up victories in the 400-yard IM, the 500-yard freestyle and the 200-yard medley relay.

"The 400 was kind of cool

because I came from behind," Pedack said. "In the 500 I was probably two body links behind, so I decided to beat him."

The women, however, suffered a loss to Whitman, 99-106.

The next day, Linfield's swim teams beat the Lutes. The PLU men lost 66-134 and the women lost 90-115.

"They beat us squarely," Pedack said. "They have more depth than we have."

The PLU men's 400 freestyle relay team set a personal best against Linfield with a time of 3:22.40.

Both teams are preparing for the conference meet and plan to get better.

"Our team is very excited to go to conference," Seetin said. "We usually drop a lot of time and swim well at conference."

Men's tennis team wins Apple Cup

KRISTEN LABATE
Mast sports reporter

The PLU men's tennis team backhanded Lewis-Clark State College in their first season tournament in Wenatchee, Wash.

"Our team was able to capture the longstanding legacy of the Apple Cup," said tennis player Jeff Loranger. "This is something we hope to win year after year."

PLU has not won the Apple Cup, a trophy won in a round-robin tournament, in the past six seasons. PLU's last victory was in 1997 when they defeated the Warriors 7-2.

PLU broke its Lewis-Clark State College losing streak by winning the tournament 6-3.

The Lutes were victorious in taking two of the three doubles matches and four of the six singles matches.

"It's great to win the Apple Cup and bring it back to Washington state," head coach Craig Hamilton said. "We accomplished our mission."

Matt Larimore and Richard

Butenko, defeated Ara Sarkissian and Borja Molas 8-6 in the #1 doubles match. In the #2 doubles match PLU's Erik Husa and David Miller defeated Ali Faris Mohamed and Andy Hunt, 8-5. Justin Larimore and Ben Schaefer dropped their match 8-6 to Ari Zaslow and Zack Stotland.

"Our performance in doubles this weekend showed that we will be tough to beat in doubles all season," Butenko said.

In the #1 singles match, Butenko split his sets with opponent Sarkissian. In the decision set, he creamed Sarkissian, 7-1.

The #2 and #3 singles matches were dropped to Lewis-Clark.

Miller defeated Mohamed 6-2 and 6-3 to win the match.

"For the most part, some guys really stepped it up this weekend," Loranger said. "Husa stepped it up and Miller played awesome too.

Miller absolutely destroyed his opponents."

In the #5 singles match, Husa split his sets 1-1, but pulled together to win the match, 6-4, 4-6, 10-4.

"My biggest surprise of the weekend was how Erik Husa hit out on the ball and was very aggressive," Butenko said.

In the #6 singles match, Justin Larimore defeated his opponent Stotland in two sets, 7-5 and 6-1.

The PLU tennis team is carrying

12 players on its roster and the lower six players also played this weekend in an exhibition match.

The Lutes had a great start to the season and hopefully a preview of what is to come in the season.

"Getting a 7-2 win over L-C State will give us some great confidence and a lot of things to improve for the upcoming season," Butenko said.

"It's great to win the Apple Cup and bring it back to Washington state."

head coach Craig Hamilton

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	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
THIS WEEK IN SPORTS AT PLU	Women's Basketball PLU v. Willamette 6 p.m.	Women's Basketball PLU v. Pacific 6 p.m.	Super Bowl! Sunday!!!!	ARE WE DISCUSSING THE FOOTBALL GAME OR ANOTHER WARDROBE MALFUNCTION?	SO, IN CASE YOU DIDN'T KNOW, IT'S MARDI GRAS....	GO SEE WHITE SHARK IN THE CAVE. TALK TO ASPLU FOR MORE INFORMATION.	Don't forget to watch an episode of the O.C.!
	Men's Basketball PLU v. Willamette 8 p.m.	Men's Basketball PLU v. Pacific 8 p.m.	Patriots v. Eagles 3 p.m.		WOW, SUCKS TO HAVE CLASS WEDNESDAY.		

Sports can't escape criticism, men's basketball report card

The Mast sports department hands down their own grades for the season this far



On the ball
Brian Jones

Spring semester is here again. It's time for fun in the sun, when it appears again. It's time to shed the winter sweaters for more enjoyable spring and summer garb. Well, maybe we aren't that far yet.

But, we received our fall and J-term grades. Some people went out and had a beer in celebration, and some people hid their grades from their parents.

Regardless, it is time for the men's basketball team to be graded and everyone gets to see this report card.

If Professor Brent Chantler is going to make an appearance, then Department Head Brian Jones has to hand out his grades.

Record: C-. So let's be honest here, 5-12 isn't striking fear into anyone's hearts. The 3-5 in conference is more respectable since we have knocked off Lewis & Clark and Whitworth. L&C is third in NWC with a respectable 5-3, 9-7 overall. Whitworth is fourth in the NWC with 4-4, 8-8 overall.

The pre-season prediction on the team

was eighth out of nine teams and they stand tied for sixth. Also, they have matched last year's conference win total after just eight games. The goal for every team, every year is to improve and they are improving. They are improving and the record shows that. But they aren't up to average yet.

Offense: C-. The men's offense is currently seventh overall in the NWC. It places them in the bottom rung of the conference.

However, the small bright spots are Michael Torbenson, averaging 10.5 points a game, 80 percent free throw shooting and 54 percent from the field; Landon Heidenreich, 2.76 assists a game, eighth overall in the NWC; and Kurt Oliver, shooting 39 percent from 3-point land. However, that does not make up for losing games by an average of 14 points.

The inside game is lacking in any offensive spark. Gabe Ash and Jake Lipscomb are the two main inside guys. Combined they are averaging 6.7 points a game. That won't cut it. Oliver, Heidenreich and Torbenson are all guards. There has to be an inside presence in this league to win games.

Also, they are not starting games strong. The opposition has outscored the Lutes by 163 points in the first half of games or roughly 10 points a game. It is hard to play catch up in this league. A 10-point deficit

can be a deal breaker.

Defense: C-. Look past the 86 points a game the team is surrendering. I know it is hard to look past it, but try. The 86 points are blown out of proportion as well since Willamette is the best defense team yet is 6-11 overall.

But, the pearls here are the blocked shots and steals. Jake Lipscomb is averaging 1.5 blocks a game, third in the league. He is leading the team that is second in the NWC in blocked shots. Yes, I am still talking about the Lutes. Also, the team is tied for second with most steals on the season, tied with Pacific.

What these two stats are saying is aggressive defense. Sometimes it pays off in the form of blocks and steals. Sometimes it doesn't in the form of 86 points a game. Regardless, it's exciting to watch.

Rebounding: C+. The team is 4th overall in rebounding, but is just two rebounds more a game from leading the league. It isn't that the rebounds aren't there, the men are also giving up the most rebounds in the league as well.

The team is led by Drew Cardwell's six rebounds a game. Drew is sixth in the league in offensive rebounds as well. Unfortunately, guys like Gabe Ash, Jake Lipscomb and John Stark should be leading for team in rebounds. If Gabe, Jake and

John hit the boards harder to accompany the aggressive defense, they could close the margin and be the top rebounding team in the league.

Overall: C-. It's been an up-and-down year so far for the men's team. They are having excellent guard play from Cardwell, Oliver, Heidenreich and Torbenson. The missing piece is the inside game to grab a few more rebounds and get a few more easy points each game.

The sleeper stat to this point in the season is Sudon Desuze's three double-doubles tie him for sixth in the league with most double-doubles.

The team cannot do it without our help. Fan attendance has been minimal so far. The team is drawing an average of 546 fans a game. When the team goes on the road, they are playing in front of 743 fans on average. We are have no home court presence. The fans are a key part of basketball. Let's do our part.

As for the rest of the season, expect the men to keep improving from last year's team and expect the team to play spoiler as the season closes.

For those who are curious, sports co-editor Leslie Dycus is the Dean of this department of the paper.

Scorecard

Basketball

Men's

Team	NWC	GB	All	Pct.
UPS	7-1	-	13-3	.813
G. Fox	7-1	-	12-5	.706
L & C	5-3	2	9-7	.563
Whitworth	4-4	3	8-8	.500
Linfield	4-4	3	8-9	.471
Willamette	3-5	4	6-11	.353
PLU	3-5	4	5-12	.294
Whitman	2-6	5	4-13	.235
Pacific	1-7	6	2-14	.125

Box scores
01/28/05

Pacific Lutheran	51	38	-	89
Puget Sound	60	55	-	115

Pacific Lutheran (89)
Carstensen 3-4 1-2 8, Cardwell 6-9 4-4 17, Heidenreich 2-7 1-1 5, Oliver 2-6 2-2 7, Lipscomb 2-5 1-2 5, Mehalechko 2-2 0-0 5, Torbenson 4-7 3-6 11, Jochim 0-1 0-0 0, Pederson 5-9 3-5 13, Stark 0-0 1-2 1, Ash 3-6 0-0 6, Sinnes 4-5 3-5 11. Totals 33-61 19-29 89.

Puget Sound (74)
Cross 1-8 6-7 8, Shelton 4-6 4-5 12, O'Donnell 3-5 1-2 8, McVey 10-15 8-16 28, Curtiss 4-6 2-2 14, Marsh 2-7 1-2 7, Buehler 1-3 0-0 3, Beede 0-1 2-2 2, DeLong 2-10 5-8 10, Jo, Walker 5-12 2-4 14, Wood 2-3 0-0 6, Je.

Walker 1-3 1-2 3, Gorog 0-0 0-0 0. Totals 35-79 32-50 115.

Three-point goals - PLU, Carstensen 1, Cardwell 1, Oliver 1, Mehalechko 1, UPS, Curtiss 4, Marsh 2, Jo, Walker 2, Wood 2, O'Donnell 1, Buehler 1, DeLong 1. Fouled out - PLU, Torbenson, UPS, DeLong. Rebounds - Pacific Lutheran 40 (Cardwell 9), Puget Sound 48 (McVey 14). Assists - Pacific Lutheran 14 (Heidenreich 5), Puget Sound 21 (Cross 7). Total fouls - Pacific Lutheran 34, Puget Sound 25. Technicals - None. A - 14/12.

01/29/05

Lewis & Clark	28	19	-	73
Pacific Lutheran	27	31	-	58

Lewis & Clark (73)
Merino 1-2 5-8 7, Wells 4-12 3-11 11, Robinowitz 7-14 6-6 26, Magnuson 3-8 1-2 7, Jones 1-6 0-0 2, Christensen 0-0 0-0 0, Tillery 2-3 1-2 5, Winnie 0-0 0-0 0, Kirkham 4-6 0-0 11, Cosgrove 0-0 0-0 0, Brannon 1-3 0-0 2, Waagmeester 0-0 2-2 2. Totals 23-54 15-20 73.

Pacific Lutheran (57)
Carstensen 2-8 1-1 5, Cardwell 5-15 2-4 14, Heidenreich 3-4 0-0 6, Oliver 3-9 0-0 8, Ash 2-7 0-0 4, Mehalechko 2-3 0-0 5, Torbenson 0-2 2-2 2, Jochim 0-0 0-0 0, Pederson 1-4 0-0 2, Stark 0-3 0-0 0, McDaniels 2-4 2-4 6, Sinnes 2-3 0-0 5, Lipscomb 0-0 0-0 0. Totals 22-62 7-11 57.

Three-point goals - L&C, Robinowitz 6, Wells 3, Kirkham 3, PLU, Cardwell 2, Oliver 2, Sinnes 1, Mehalechko 1. Fouled out - None. Rebounds - Lewis & Clark 37 (Magnuson 11), Pacific Lutheran 37 (Cardwell 13). Assists - Lewis & Clark 13 (Merino 6), Pacific Lutheran 13 (Heidenreich, Pederson 3). Total fouls - Lewis & Clark 10, Pacific Lutheran 15. Technicals - None. A - 6/50.

Women's

Team	NWC	GB	All	Pct.
Whitworth	7-1	-	16-1	.941
G. Fox	7-1	-	13-4	.765
PLU	6-2	1	10-7	.588
UPS	4-4	3	13-4	.765
Linfield	4-4	3	9-8	.529
Whitman	4-4	3	9-8	.529
Willamette	2-6	5	5-12	.294
Pacific	1-7	6	5-11	.313
L & C	1-7	6	5-12	.294

Box scores
01/28/05

Pacific Lutheran	27	29	-	56
Puget Sound	32	42	-	74

Pacific Lutheran (56)
Voorhies 3-6 2-2 8, Turner 4-11 2-2 11, Martin 3-11 2-2 8, Mann 3-8 1-3 7, Long 1-5 0-0 2, Farquhar 0-1 0-0 0, Richards 0-1 0-0 0, Shillinger 2-3 1-1 5, Peterson 1-3 0-0 2, Wytko 2-2 0-0 4, Buckingham 3-4 3-4 9. Totals 22-55 11-14 56.

Puget Sound (74)
Carnahan 1-2 0-0 2, Ramirez 1-5 3-4 5, Harter 2-7 0-2 4, Hirsch 0-2 1-2 1, Keaton 5-11 5-6 17, Senescall 0-0 0-0 0, Wolfe 0-0 2-2 2, Covington 0-0 0-0 0, May 5-11 6-6 16, Roberts 2-3 0-0 5, Straw 9-14 4-4 22. Totals 20-49 3-8 47.

Three-point goals - PLU, Turner 1, UPS, Keaton 2, Roberts 1. Fouled out - None. Rebounds - Pacific Lutheran 29 (Voorhies 6), Puget Sound 38 (May 10). Assists - Pacific Lutheran 6 (Mann 3), Puget Sound 12 (May 3). Total fouls - Pacific Lutheran 22, Puget Sound 15. Technicals - None. A - 5/65.

01/29/05

Lewis & Clark	28	19	-	47
Pacific Lutheran	27	31	-	58

Lewis & Clark (47)
Farr 6-11 1-2 14, Castle 3-5 0-0 7, Moon 3-6 0-0 6, Hristou 1-3 0-0 2, Castle 4-13 1-4 9, Centlivre 0-1 0-0 0, Kennedy 1-2 0-0 2, Wyatt 2-5 0-0 6, Snider 0-3 1-2 1, Kettler 0-0 0-0 0. Totals 20-49 3-8 47.

Pacific Lutheran (58)
Voorhies 2-2 0-0 4, Turner 2-8 2-2 7, Martin 3-4 2-2 8, Mann 2-6 3-6 7, Long 3-11 10-10 16, Richards 0-2 0-0 0, Shillinger 3-5 0-0 6, Peterson 2-2 2-2 4, Wytko 0-5 0-0 0, Buckingham 1-4 2-2 4. Totals 18-49 21-24 58.

Three-point goals - L&C, Wyatt 2, Farr 1, Castle 1, PLU, Turner 1. Fouled out - None. Rebounds - Lewis & Clark 25 (Castle 6), Pacific Lutheran 41 (Long 8). Assists - Lewis & Clark 10 (Castle, Moon 3), Pacific Lutheran 9 (Turner 5). Total fouls - Lewis & Clark 17, Pacific Lutheran 14. Technicals - None. A - 4/50.

Swimming

Men's

Results
01/29/05

NWC Dual Meet
Linfield def. Pacific Lutheran 134-66

Women's
Results
01/29/05

NWC Dual Meet
Linfield def. Pacific Lutheran 115-90

Tennis
Men's
Results
01/29/05

Apple Cup Wenatchee, Wash.
Pacific Lutheran def. Lewis-Clark State, 6-3.

DOUBLES
M. Larimore/Butenko (PLU) def. Sarkissian/Molas 8-6
Husa/Miller (PLU) def. Mohamed/Hunt 8-5
Zaslow/Stotland (LCSC) def. J. Larimore/Schaefer, 8-6

SINGLES
Butenko (PLU) def. Sarkissian 6-3, 7-6 (7-1)
Molas (LCSC) def. M. Larimore 6-1, 6-3
Zaslow (LCSC) def. Schaefer 7-6, (7-5), 6-3
Miller (PLU) def. Mohamed 6-2, 6-3
Husa (PLU) def. Hunt 6-4, 4-6, 10-4
J. Larimore (PLU) def. Stotland 7-5, 6-1

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Men's basketball team lose four straight games, hope to recover

TYLER OCHSNER
Mast sports reporter

The best phrase to encapsulate the first half of the PLU men's basketball season is a "roller coaster ride," guard Kurt Oliver said. "The entire season has been up and down."

Since Dec. 2, the squad has lost one, won one, lost four, won three and is currently in a four-game losing skid. Currently, PLU holds a 5-12 overall record and a 3-5 mark in conference play.

In the Lee Fulmer Basketball Tournament Dec. 2 to 4, the Lutes sandwiched a win between two losses. This included a 109-124 loss against California State Hayward, a 97-91 win versus the University of La Verne and a 74-86 loss against Whitman.

PLU suffered two more non-conference defeats on Dec. 9 and 10: one versus Evergreen State, 60-70, and another at Seattle Pacific, 51-95.

Following a 44-82 blowout loss at Willamette to begin the conference schedule, the basketball squad proceeded on a three-game winning streak. The Lutes took wins away from Lewis & Clark 68-59, versus Whitman 67-64 and against Whitworth 69-64.

Nevertheless, during the last two weeks, the team has lost four straight games to conference opponents. On Jan. 21 and 22, the



Photo by Hakme Lee

Scott McDaniels, #31, and the men's basketball team move the ball around against Lewis & Clark in the 73-57 loss. The men fell to 3-5 in conference after splitting the season series against Lewis & Clark 1-1.

Lutes lost at Linfield 60-77 and were defeated by George Fox 71-83. PLU could not find the win column last weekend at UPS (89-115) and at home versus Lewis & Clark (57-73).

Even though the basketball team has lost four in a row, the Lutes have already tallied as many Northwest Conference wins (three) as last year with eight games remaining in the schedule. However, the players and coaches are not content with the results.

"We can't be satisfied," head coach Dave Harshman said. However, "it is hard to take your scoring and steals leader out [of the

starting lineup] and fill that gap."

Sudon DeSuze, a 6-foot-3-inch wing, will miss the remainder of the season for undisclosed reasons. In 11 games, he averaged 1.5 steals, 5.7 rebounds and 10.7 points per game for the Lutes.

Other players have stepped up to fill his absence.

At the halfway point in the conference schedule, wing Drew Cardwell is second in scoring behind DeSuze with a 10.5 average per game. Guard Kurt Oliver (9.7 points per game) and guard Brian Jochim (8.8) have also been huge contributors to the team's scoring output.

In the rebound department, Drew Cardwell leads the team with 6.4 rebounds per game followed by post Jake Lipscomb (4.5).

Guard Landon Heidenreich has the highest assist total on the team with 47, or 2.8 per game.

According to Oliver, many of the first-year players are the ones who are contributing most.

"Landon Heidenreich is doing well at the point and Matt Sinnes is solid at power forward," Oliver said.

However, Heidenreich and Oliver agree that it will take a team effort and a greater amount of enthusiasm to be more consistent.

"After our team's first win, we

had a little spark," Heidenreich said. "We need to get back on a winning streak and let the league know that we are a threat."

With five of the eight remaining games at home, coach Harshman would like to see the team end up at a .500 winning percentage.

"We need to protect home court and go from there," Harshman said. "We have a lot of guys nicked up so we will see how many healthy guys we have this weekend."

The men's basketball team host Willamette Friday and Pacific Saturday. Both games are at 8 p.m. in Olsen Auditorium.

January proved women's basketball team can play competitively



Photos by Hakme Lee

ABOVE: The Lutes try to work the ball into post Kezia Long.

LEFT: Kelly Turner looks for a teammate in the women's game against Lewis & Clark.

BELOW: Kezia Long puts a move on Lewis & Clark's Crystal Castle.



LINCOLN VANDER VEEN
Mast sports reporter

After a mediocre 5-4 start to its season, the PLU women's basketball team aimed to turn things around in January and begin conference play with a bang.

After a 6-2 January conference record, including a win against 18th ranked Whitworth on Jan. 15, the women are heading into the second half of the season with a positive outlook.

"January showed us we can compete with anyone in the conference," guard Aundi Kastura said. "It also showed us we have to be ready to compete each and every night. I think that is what we did in January."

After the win against Whitworth, the Lutes ran their conference record to 4-0 and received another wonderful performance from forward Kezia Long, who scored 18 points and had 15 rebounds. Her strong performance, along with a 10 point, eight rebound effort against Whitman, earned her conference player of the week honors midway through January.

"I was shocked to get the award," Long said. "Obviously, I could not have done it without my teammates. It's just exciting for our young team to continue to play better together every successive game."

Unlike Long, Kastura was not

shocked that Long received the honor.

"Kezia carried us against Whitworth. It was a huge win and she played terrific," Kastura said.

As big as the Whitworth win was however, the loss to cross-town rival UPS was disappointing.

UPS utilized a 10-0 run in the second half to pull away from the Lutes and defeat them 74-56 and hand PLU their second conference defeat.

The 11 points of Kelly Turner led PLU.

"They played well, we missed some opportunities," Turner said. "But I know the outcome will be very different when they come to our place on the 25th. We will remember how that loss felt and our motivation will increase. Plus, the fact that it will be senior night, the place will be buzzing."

Aside from the big contest against UPS, the Lutes will host Willamette Friday at 6 p.m., travel to Whitworth on Feb. 12 and host George Fox on Feb. 19.

"I think we all feel that Whitworth and George Fox will provide the most competition for us in conference," Turner said. "Facing them in February will be huge and hopefully we execute and play our game."

If the women continue to play well in conference, their predicted fourth place finish in the Northwest Conference will be an idea of the past.

Of note...

Aundi Kastura injured her ankle and was unable to play against UPS or Lewis & Clark. She plans to come back for Friday's game against Willamette

Kelly Turner leads the Northwest Conference in 3-point shooting percentage. Turner also leads the Lutes in scoring, averaging just more than 13 points per game.

Kezia Long leads PLU in rebounding grabbing 8.3 rebounds every outing.

Point guard Mallory Mann leads the Lutes with 59 total assists this season.