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THE MAST

OCTOBER 1, 2015 | VOLUME 92, ISSUE 3 | MASTMEDIA.PLU.EDU

Homecoming

Anyone can be a princess

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The homecoming dance is Cinderella story: you get dressed up, find a date and at the end of the night you go back to your normal life of school, books and tests.

For that one night however, you're living the dream. Coordinated by Sarah Giomi this year, Pacific Lutheran University's Homecoming dance will be more glamorous than ever.

Homecoming will be held at The Pacific Grill Event Center in downtown Tacoma, Oct. 10 from 8-12 p.m. Tickets are \$25 for one, or \$40 for a pair and they can be purchased at the concierge.

"In the past years, students have noted that the dances felt like a high school prom and I wanted something more," Giomi said. This year's event aims to be more mature and sophisticated. "We all have so much stress from school, every student deserves a night to forget about that stress, dress up and feel beautiful."

This year's theme is "Black and Gold Never Gets Old" and it's a "black and gold tie affair" Giomi said. "It's a formal event and students should feel like they're being treated to a great night."

One of Giomi's goals for this year was to give students a reason to dress up, but not feel like they're being sent back to high school.

The Pacific Grill is catering the event, featuring finger foods and a dessert bar. All food and entertainment for the night will be covered under the cost of the ticket. There will also be tables with entertainment for students who don't like to dance.

If you're over 21 and need some

liquid courage to get your groove on, drinks will be served. Not a part of the ticket cost, students can have up to three drinks.

For all the boogiers at PLU, the music will be a mix of all genres and recent hits. The DJ Brandon Jefferson came highly recommended from across the Pacific Northwest.

"My goal for this event is to give students a night they'll never forget," Giomi said. "With the elegant venue in the heart of the city, students will feel glamorous and they deserve that."

Don't forget, the dance is just one night. Homecoming Week has five days of events including a kickoff on Monday during chapel break in Red Square where there will be a "Happy Hour" ticket sale for which single tickets will be \$20.

On Wednesday, the Cave will hold a Hump Day event with trivia. The winning group from that night will receive free Homecoming tickets. On Friday, there will be a laser tag war in the field house and karaoke in the Cave to get students active and creative. A list of all Homecoming activities will be released in the next week.

If you're completely stumped and have no idea what you'll wear to this year's Homecoming, check out our Arts & Culture section for Sarah Giomi and Brooke Thames's take on 2015 Homecoming fashion.



IMAGES BY COLTON WALTER, GRAPHICS EDITOR

Clubs for all curiosities

PLU has the club for you

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In today's tech-obsessed world, there seems to be an abundance of applications that cater to any interest, hobby or necessity known to man.

At Pacific Lutheran University, the same can be said about student clubs. Whether students are looking to spend an evening discussing the latest breakthroughs in Biology or playing a competitive Nintendo game, PLU has a club for anyone.

PLU praises diversity and provides students with opportunities to create their own clubs on campus. Students with interests ranging from academia to opera are free to create organizations that bring people with similar hobbies together to mingle, learn and explore.

"Clubs are important to the fabric of the university, because [they allow] students to explore their passions and interests," Ian

Jamieson, Director of Student Involvement & Leadership, said.

"The ability to create a club gives students optimal leadership potential," Miranda Martens, Student Involvement & Leadership Assistant, added. "If students think of a club to establish, it gives them the power to make changes on campus."

Student clubs not only provide Lutes with the opportunity to explore their interests and exercise leadership, but also provide campus with diversity and uniqueness.

Student-created clubs can revolve around virtually any topic, which supplies the university with limitless possibilities for student involvement.

"Student clubs bring a level of life to the PLU community," Jamieson said.

Student clubs need not be large or well-known to make an impact... lack the level of advertising that groups such

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"My main focus was to just have fun playing a game I've always loved...I'm extremely proud of the way our team competed. Go Lutes!"

Kyle Drugge on the golf team's win
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"I like having people come to life and showing them that there's a transformation that happens in theatre."



Professor Kane Anderson on teaching theatre
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"I think surPLUs's opening is paramount to our efforts to allow sustainability to flourish on campus and provide a fun way to integrate it into campus culture."

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Campus thrift shop ready for a comeback

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Looking to pop some tags? Only \$20 in your pocket? A new store on campus is just the place to go.

SurPLUs makes a comeback this year as Pacific Lutheran University's very own on-campus used store.

Last year it was on hiatus, but on Oct. 10 the doors will open again from 10 a.m.-4 p.m.

Regular store hours for SurPLUs will be from 8 a.m.-11 a.m. and 2 p.m.-5 p.m., on Tuesdays and Thursdays.

SurPLUs is located on lower campus, next to Morken.

Price tags will read 10 dollars or less, except for electronics.

SurPLUs even delivers to students' dorms if a large item, such

as a couch, is purchased.

The store will sell everything from clothes to mattresses to coffee mugs and much more. Everything sold comes directly from campus.

A lot of odds and ends come from move out day, when students toss out stuff they no longer want. Other items come from various departments around campus getting rid of the old department stuff such as chairs, computers couches, etc.

Students who wish to give their used stuff to SurPLUs can bring it in during the hours it's open on Tuesday and Thursday.

"I think SurPLUs opening is paramount in our efforts to allow sustainability to flourish on campus and provide a fun way to integrate sustainability into campus culture," said senior Bailey Smith the logistics

coordinator for SurPLUs.

After a year off, the store returns with a new manager, excited to take on the challenge.

Sophomore Ben Accord became the general manager of SurPLUs at the end of the summer.

"I've found a calling for this," Accord said. "I feel blessed"

He began working for PLU Sustainability this summer. When he helped move a lot of furniture out of Foss. He said he was "curious" about where it all went, which is when he expressed interest in working for SurPLUs.

Accord says he has three goals for SurPLUs as it opens up this year.

"Our monetary goal is to make \$10,000 dollars," Accord said.

In addition, he said he wants students to see it as a "valuable asset to have" and for it to "increase waste diversion on campus."

Accord receives a lot of items, which he filters through, finding a way to sell it all.

"There's a field hockey set that came in that I'm selling now," he continues. "I'm selling partition boards, somebody could put together a cubicle in their dorm room if they wanted."

So if you want to wear your granddad's clothes, looking incredible with that coat from down the road, SurPLUs fills that desire.



SurPLUs will sell everything except electronics for under 10 dollars.



PHOTOS BY DAVID MAIR

If students throw stuff out when they move out for the spring, it goes to SurPLUs.



Sophomore Ben Accord said he's excited to become the general manager of SurPLUs.

Does PLU have a hunk of Bern-ing love?

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"Look out, Hillary Clinton! Bernie Sanders is right behind you!" That's what national polls should say.

While Clinton's approval among Democrats slipped in April from 48 percent to 43 percent, Sanders skyrocketed in March from 12 percent to 25 percent. He shows no signs of slowing down. A recent Quinnipiac University poll shows that Sanders leads Clinton by a wide margin in Iowa and New Hampshire, two key swing states for the 2016 presidential election.

"As a college student, I feel like he appeals to people in my age group," said first-year Erik Carlsen. "I feel like he's looking out for us."

Carlsen clearly isn't the only college student who feels this way. According to a Chegg poll last week, 59 percent of college students plan to vote for Sanders, compared to a 18 percent for Clinton.

Sophomore Marisol Espinosa had only good things to say about Sanders, citing his record of advocacy.

"He has always had a voice in what is right. He knows how to be a proper ally in terms of women's rights, rights of people of color and social injustices."

Querlessa Long, another sophomore, had similar praise for him. "Bernie is someone who's outspoken about what he believes in, so it's easier to trust him. You know what he's fighting for."

In contrast, students who support more conservative political causes don't harbor much Bern-ing love.

First-year Kaylee Fiedler was skeptical of his views on defense.

"I don't agree with Bernie Sanders' idea of demilitarizing the police and cutting back drastically on military spending," she said. "I think those are very important. That's what keeps us safe."

Philip Passantino, a junior who currently serves as

president for Students for Life, wasn't impressed with Sanders' economic policy.

"Even though he's a socialist, he's representing what the Democratic Party is becoming," he said. "That's very in the vein of European socialism, which hasn't worked out so far."

Hillary Clinton, deemed "a bit of a wild card" by first-year student Haedon Brunelle, evokes a more diverse set of reactions than Sanders.

"I think Clinton is a good candidate because she's in the middle of the road for all of her policies," said senior Foster Robertson. "That's more likely to get through a very divided Congress than what many other candidates are proposing."

Sophomore Carly Stauffer has far less confidence in Clinton's abilities. "It's very clear that Clinton jeopardized our national security with her email scandal," she said. "There's no way she would be a competent leader."

Long, like the majority of Lutes interviewed, had mixed feelings about Clinton. "She's a very educated and

very knowledgeable woman with a lot of experience," she said. "Talking about injustice overall, I don't think she does a good job of addressing it."

Clinton and Sanders may both be Democrats, but many Lutes concluded that there is one key difference between the candidates: Sanders seems more trustworthy than Clinton.

"I don't think that [Sanders and Clinton] have that many differing opinions on things," said Passantino, "but at least Bernie is honest."

Fiedler shared similar concerns. "Clinton's very unpredictable. We've seen that in the scandal that has happened. Bernie's very predictable. I believe that he will fulfill all the things he wants to fulfill."

Long summed up liberal and conservative opinions perfectly. "I think it's important to notice how much trust [Clinton] doesn't have from the nation," she said. "People are falling in love with Bernie really fast, and people have known Hillary for a long time but are still controversial about her."

The Lutes featured in this article represent a wide array of political viewpoints. Yet, if forced to vote between Clinton and Sanders, all but one of them would choose Sanders for president.

Many politically liberal students, such as Brunelle, immediately 'voted' for Sanders because they preferred his ideology and transparency.

"He spends a lot more time advocating what he wants to see out of the U.S.," explained Brunelle. "He wants to focus on the future and how to make America's future better, and how to make America great again, whereas Hillary spends more time attacking people on the Republican side. We don't really know her game plan yet."

Students who supported more conservative political causes "voted" for Sanders because they saw him as the lesser of two evils.

"At least he's well-spoken," said Stauffer. "At least he knows how to talk. Hillary Clinton is not good at talking. She's in the midst of a huge scandal right now.

Even though I don't agree with Sanders' viewpoints, at least he's not drowning in a scandal. I understand Democrats who vote for Sanders. I don't understand Democrats who vote for Clinton."

"He's at least predictable," added Fiedler. "He's really radical and he's going to do what he's saying he's going to do if he gets elected as president. You don't know exactly what Clinton is going to do."

Robertson, the only student who didn't 'vote' for Sanders, felt so torn between the candidates that he couldn't make a decision.

"I really don't know," he said after a long pause. "I really like the ideas of one side whereas I like the moderate route of another."

Currently, Clinton is still in the lead for the Democratic nomination. But if PLU is at all representative of the nation at large, it appears that Sanders, rather than party favorite Clinton, will win the bigger prize.



Bernie Sanders ratings skyrocketed from 12 percent to 25 percent in March. Photo courtesy of Michael Vadon.

Lutes purge cave of garbage

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President Krise and Pacific Lutheran University faculty can sleep soundly knowing that some of their students took sustainability to heart this past weekend.

While spelunking in Ape Caves on an Outdoor Rec trip, PLU students decided to take it upon themselves to clear out as much trash as they could from the caves.

If the trash is not picked up, it will ultimately sit in the cave forever. The only way plastic is broken down at all is through a process which involves sunlight, and caves are in short supply of sunlight. The garbage that explorers carelessly toss aside will sit in that exact spot on the trail for a very long time and make Ape Caves less fun for everyone.

Other people wishing to enjoy the cave will not have as good of an experience if they are trying to avoid garbage as they climb through it. First-year Daniel Richards, one of the students on the trip, discussed how the trash affected his experience and why he was compelled to pick up the garbage.

"It was like our experience was being taken away by the trash," he said, "We wanted to potentially remove that for the next people who came into the cave, make it a better a experience for them."

It is especially important that moveable trash be taken out of the cave because some parts of it have already been permanently damaged. In some portions of the caves, people have written their



Sophomore Connal Boyd stares down the trash.

names, profanity and symbols that will most likely never fade away. There was even toilet paper and human waste. That is one brown package not even a college student wants to see while exploring these amazing caves.

The Outdoor Rec guides Sophomore Sam Altenberger and Senior Sarah Henderson were ecstatic that these Lutes decided to leave the cave better than they found it, especially since many of them were first year students.

"That was super exciting. There's hope!" Henderson said,

Even after just a few weeks of being on campus, Lutes have already adopted sustainability. Altenberger really felt that sustainability is just an important part of PLU's identity.

"It is really ingrained in the culture," he said.

Henderson mentioned that this was the first time she had seen PLU students go so far out of their way to clean the area they were exploring on an Outdoor Rec trip. Both of the guides felt that PLU students are in general more respectful towards the environment, but this was above and beyond what they would normally see.

PLU can be proud of how these students have reacted to sustainability. The students are not only taking in the lessons they learn about sustainability on campus, but going out and making the world cleaner and more enjoyable for everybody. With young Lutes already joining in the effort to sustain our world, the potential for PLU students to make positive changes on campus, in their community and in the world is promising and exciting.



PHOTOS BY MCKENNA MORIN
A group of Lutes sees light at the end of the tunnel of trash.

How to sound smart: Pope Comes to America



Pope Francis became the first pope to speak in front of a joint house. Photo courtesy creative commons

Editor's Note: This column is designed to inform the reader on an issue going national or international. Pope Francis traveled to America for the first time last week.

1 Nothing like the first time: His motive behind not coming to America ties into his personality. Before becoming Pope he was the archbishop of Buenos Aires. He was very critical of America's economic and political hegemony. It's also no secret that Francis prefers to be among the poor and downtrodden, than the rich and powerful. He does however, appreciate America's democracy, religious diversity, as well as it being a nation formed on absorbing immigrants.'

2 Pulling Out the Red Carpet-

America is the 15th country for Pope Francis to visit. All across the nation people have been pulling out all the stops. In Washington D.C. Pope Francis bobble heads were made and sold next to Donald Trump campaign shirts. Van Hecht-Nielsen, a Catholic artist, painted a 180-foot mural of Pope Francis on a midtown Manhattan wall. Even Snapchat had a story section for the Pope. These acts are ironic considering throughout the short time he has been pope he has emphasized a life of simplicity, absent materialism.

That's what he said-

Though same-sex marriage has been legalized and Planned Parenthood put on a hold the Pope barely touched on either topic. Rather his talk in front of Congress centered more on immigration, the death penalty, racial injustice, the weapons trade, and poverty. His speech touched on topics like global warming and Pro-Life, receiving applause from both sides of the House at different times.

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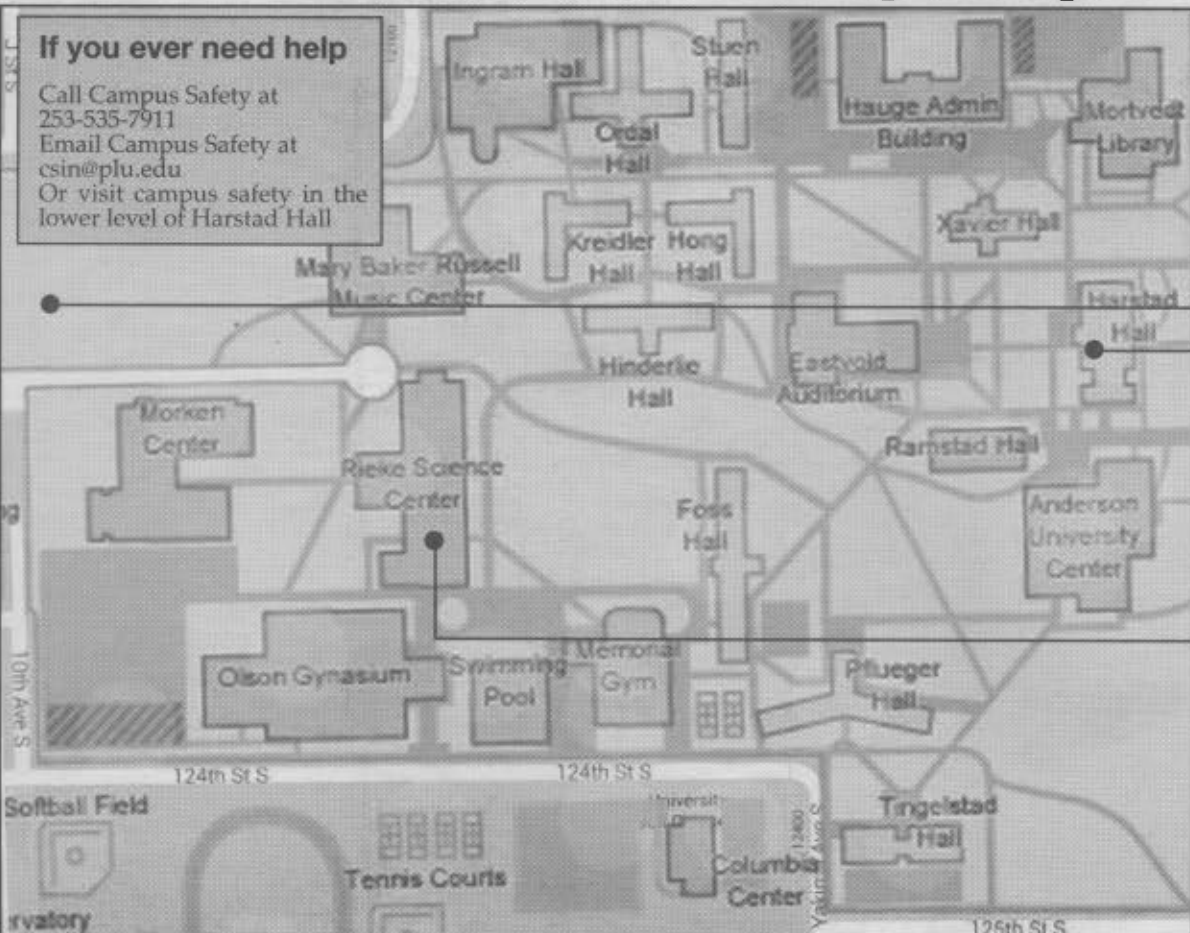
Keeping it 100- While the Pope did speak in front of congress he made sure to keep to his roots by going out into the streets of the U.S. He hit the streets to pray and eat with the homeless, but he didn't miss out on taking a few selfies with Americans either.

4

For more information check the sources used for this article: cnn "Pope Francis Washington Congress updates," NY Times "Pope Francis is coming to America after avoiding it for 78 years," NY Times "Before the Pope visit a 180 foot tall Francis arrives in midtown."

CSI: Campus Safety Investigations

Taken from weekly Campus Safety reports



If you ever need help

Call Campus Safety at 253-535-7911
Email Campus Safety at csin@plu.edu
Or visit campus safety in the lower level of Harstad Hall

Domestic Violence off Campus

CSAF was notified by a student that she had been assaulted by her boyfriend while off campus. She stated that her boyfriend had struck her several times while the two sat in his car off-campus. He is not a PLU student. She did not wish to file a police report. She was given a list of campus resources. CSAF escorted her to the Women's Center to speak with staff. No further action was taken at this time

Medical Aid in Harstad

A student called CSAF to request an ice pack for soreness sustained as a result of an off-campus car accident earlier in the day. CSAF provided a nice pack. No further action by CSAF.

Medical Aid in Rieke Stock Room

A student injured her hand when it was accidentally cut by a broken glass pipette in the west stock room of Rieke. CSAF responded and transported the student to the Health Center for medical care. No further action was taken by CSAF.

Paleoanthropology: Alive & well at PLU

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Since Sept. 10, the internet has been abuzz with anthropologists discussing the discovery of a new species of hominid in a remote South African cave.

The research was released, along with a NOVA documentary available on the Internet for free, in September about an archaeological dig in November of 2013. More than 1,500 bones from nearly 20 individuals of a new human ancestor, *Homo Naledi*, were unearthed by a team of researchers led by paleoanthropologist Lee Berger over the course of 21 days.

"[It is] a cool discovery, and it is exciting to see the media spotlight on anthropology," Dr. Amanda Taylor, an anthropology professor at Pacific Lutheran University, said. "I hope this find will inspire more PLU students to take the introductory bioanthropology class and learn more about the mind-blowing story of the human past."

Others in the Lute family share the excitement

"Berger has had this reputation of being very theatrical about the find and making speculations. That may be controversial in the field, but I think that it is drawing people in," senior anthropology major Katy Johnston said.

Anthropologists do not intend to dramatize the field, but are truly fascinated by the work that they are a part of.

"Finding like-minded people is probably my favorite thing of Anthropology Club," said Johnston. "You just get this group of people and you know that everybody is really passionate about their interests. You can really get into the nitty gritty and be like, 'what are you interested in specifically?'"

Johnston believes that the most significant part of the *Naledi* discovery is that it has sparked interest within students who have previously shied away from the anthropological field due to the notion that everything has already been found.

"It has opened my eyes that there are a lot more artifacts and human or evolutionary remains that we have not found yet," said Johnston. She believes that the discovery "opens up a lot of room for good controversy and good science back

and forth through archaeology."

Much of the controversy surrounding the find relates to its lack of dates and where *Homo Naledi* may fit into the evolutionary spectrum. Johnston elaborates, "If it is as old as Lee Berger thinks that it is, that this is the very base of [human] evolution, I think that would be completely earth shattering for evolution."

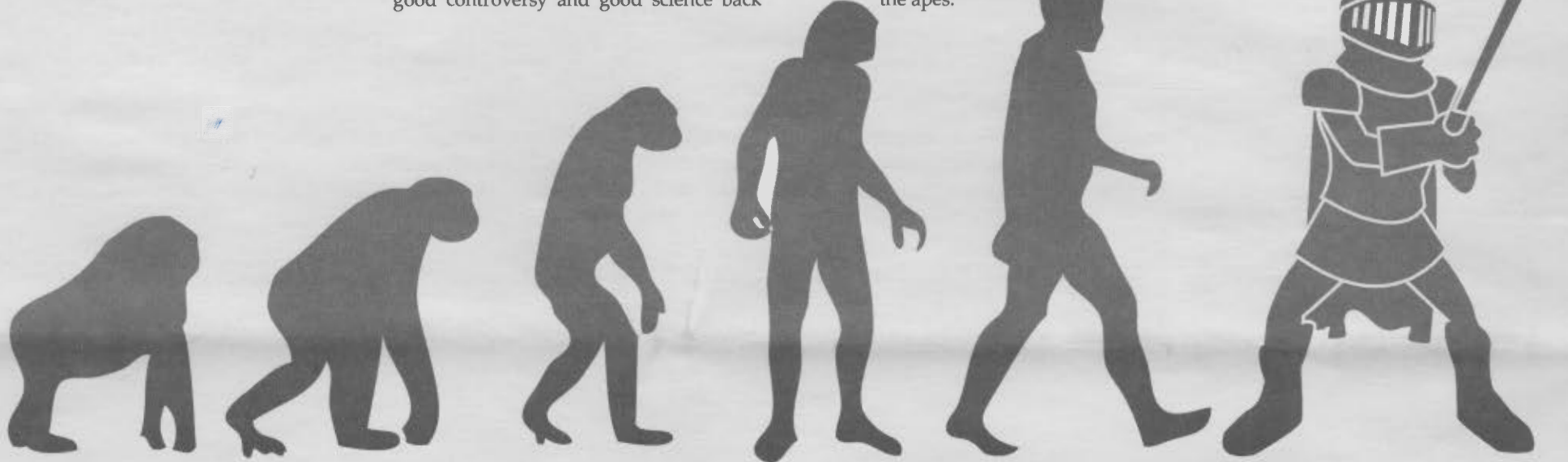
"The discovery of *Homo Naledi* shows anthropologists, and the general public, that what we think we know about human ancestors is constantly changing and new research can dramatically challenge an accepted scientific narrative," Dr. Taylor said. "In this case, it is fascinating that this hominin had similar hands and feet to later *Homo* species, but similar skull morphology to earlier *Homo* species. And the brain size was similar to Lucy the famous, tiny, australopithecine!"

Lucy, who is thought to be dated before *Naledi* and is at least three million years older than *Sapiens* (modern day humans), was discovered in the 1970s. The small skeleton was the basis for searching for more evidence that *Homo Sapiens* could in fact have originated from the apes.

"Maybe the next piece of research to fall into place will be the dating of these very old remains, or those similar to *Naledi*," Dr. Taylor stated. "I think this work will inspire scientists to think more about the feedback between the development of the human brain and the development of the human body."

"We don't know a lot of dates or super details yet, but just the fact that there is a new species ... and that they have a whole lifespan from infant to elderly in those bones, I think that is really ground breaking on the evolutionary scale to be able to have a full lifespan and kind of see that and where that will lead." Added Johnston "The fact that it is a new species is obviously going to change what is taught and also the controversy around it what professors try to put it in or if they want to wait for more information."

Further evidence is expected to be released about *Naledi* as it is finalized. While those studied in anthropology may be dead, the field itself is more alive than ever.



Annual conference coincides with tragic anniversary

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The Lutheran Studies Conference helped the Pacific Lutheran University community learn more about another culture and religious belief. The annual conference was held last Thursday, September 24.

Several presenters shared a wealth of knowledge regarding Jewish-Christian relations both past and present. This fascinating topic was chosen because 70 years ago the Nazi concentration camps were liberated.

While we are better about interfaith dialogue now that we were then, we still have a long way to go to achieve justice and understanding between all people, which is where this conference comes in.

Almost 6,000 hate crimes were reported by the FBI in 2013, not to mention the countless more atrocities that have gone unreported. To end this and to reach our full potential we must learn from and about our neighbors who very well may not agree with us because, as Margaret Wheatley put it, "You can't hate someone whose story you know."

To kick off the day, Dr. Agnes Choi discussed the "parting of the ways" between Judaism and Christianity. Christianity was originally a reform movement within Judaism, and many Christians held onto Jewish traditions for several centuries.

One may note the history, beliefs and traditions that are shared between Christians and Jews and wonder why there has been such anti-Semitism in the last few centuries. Dr. Mike Halvorson, the second speaker of the day, looked to 16th century Germany and Martin Luther as part of the cause. While Martin Luther did have countless inspirational insights that are well known, his animosity towards the Jews is frequently overlooked. Yet Dr. Halvorson explained that "only by studying the past can we move beyond it."

While Luther chose to deal with disagreements through hostility, that doesn't mean that present day Lutherans have to. History teaches us that we are both able to learn from and coexist with various cultures, and the first step towards this is to avoid stereotypes and to seek understanding.

Dr. Heather Mathews shared a few visual masterpieces from the era immediately following WWII which reflected the tragic stories of the Holocaust. These inspiring paintings remind us yet

again of the need for understanding and communication so as to prevent anything similar from ever happening again.

Looking at a different form of art, Dr. Samuel Torvend hosted "The Songs We Share in Common" in which several facets of the human experience were explored through ancient psalms. They were sung in various ways ranging from the original Hebrew to Duke Ellington's jazz interpretation of Psalm 23.

Multiple times it was made clear that the Jewish community is willing to have inter religious conversations. Dr. Suzanne Crawford O'Brien talked about the Jewish healing movement and Rabbi Bruce Kadden discussed Dabru Emet, both of which encourage Jews to work together with Christians. Have we as Christians done our part in returning the favor? As Dr. Darrell Jodock shared, we could be worse, but we definitely could also be better.

Keynote speaker Dr. Yaakov Ariel ended the day with his exploration of interfaith dialogue in American history which left people aware of the value of having different faith groups talk to each other.

Here at Pacific Lutheran University, we are committed to justice, diversity, and sustainability. To fully achieve any of these, inter-religious and inter-cultural conversations must occur in a non-discriminatory fashion.

"Here at PLU," said Dr. Torvend "one will not find a friendly home for prejudice." However, what one will find is an environment conducive to discussion and an ongoing search for knowledge that is just waiting to be tapped into.

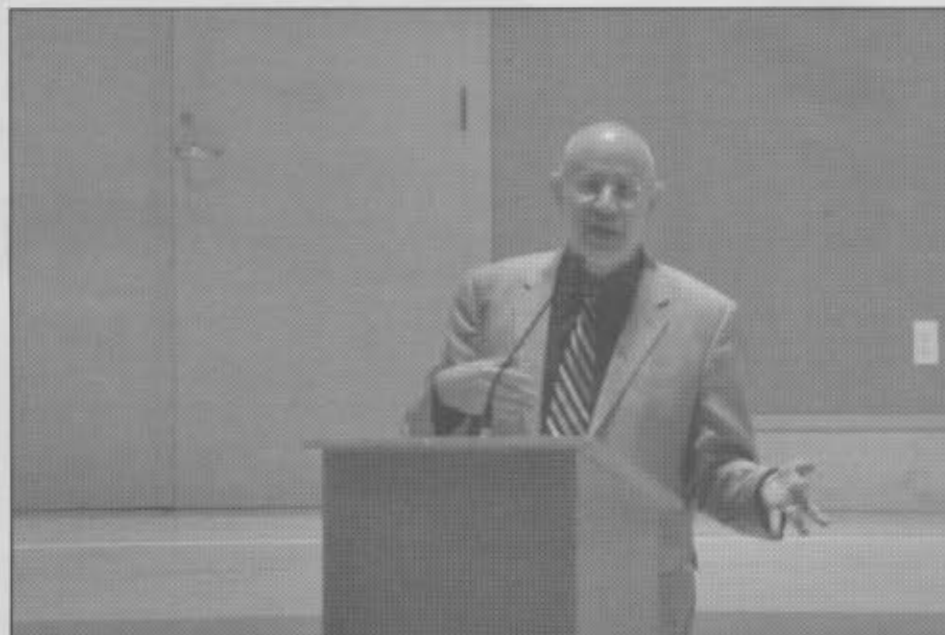


PHOTO CREDIT MCKENNA MORIN

Yaakov Ariel, a speaker, at the conference created a space to talk about religion.

TV Fires Up for Fall

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Forget Netflix! This season's lineup of sizzling TV show premieres will have even the biggest binge watchers tuning into cable this fall.

"Scream Queens" - 9 p.m. Tuesdays on FOX

Fox's new horror-comedy "Scream Queens" premiered on Sept. 22. Created by Ryan Murphy and Brad Falchuk, the creators of the wildly popular "American Horror Story," the show has been highly anticipated and generated much excitement. "Scream Queens" follows the Kappa Kappa Tau sorority and the multiple murders that happened within, giving a ode to American Horror Story's first season, "Murder House." Starring

Emma Roberts, Lea Michele and an array of other actresses, the series showcases strong female leads with great comedic and dramatic timing. The show features horror, mystery, drama, reality and artistically ties every genre into one. Creator Ryan Murphy describes Jamie Lee Curtis, the original "scream queen" from her role in Halloween, as his inspiration. Murphy says he also created the show with star Emma Roberts in mind.

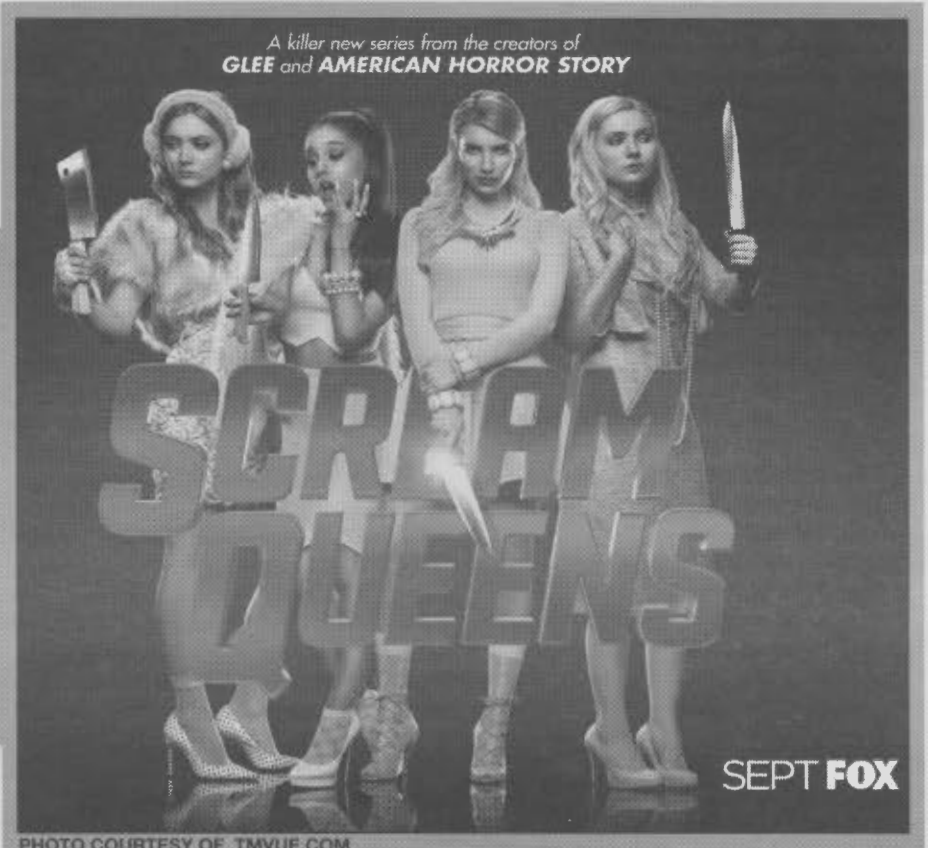


PHOTO COURTESY OF TMVUE.COM

"Empire" - 9 p.m. Wednesdays on FOX

"Empire" returned for a second season on Sept. 23 after a highly-rated first installment (which ensured the second season after only two episodes). Since the series' debut last fall, fans have been anxiously awaiting the premiere of "Empire's"

second chapter. "Empire" is based on a hip hop music entertainment company and follows the founding family's battle for control of the company. Season 1 did so well in ratings and on social media reviews that fans and critics are waiting to see what season two

has in store for the characters and the plotline they left with. Previews have included favorite characters Luscious, Cookie and Andre along with the question of who will inherit the throne of the company.

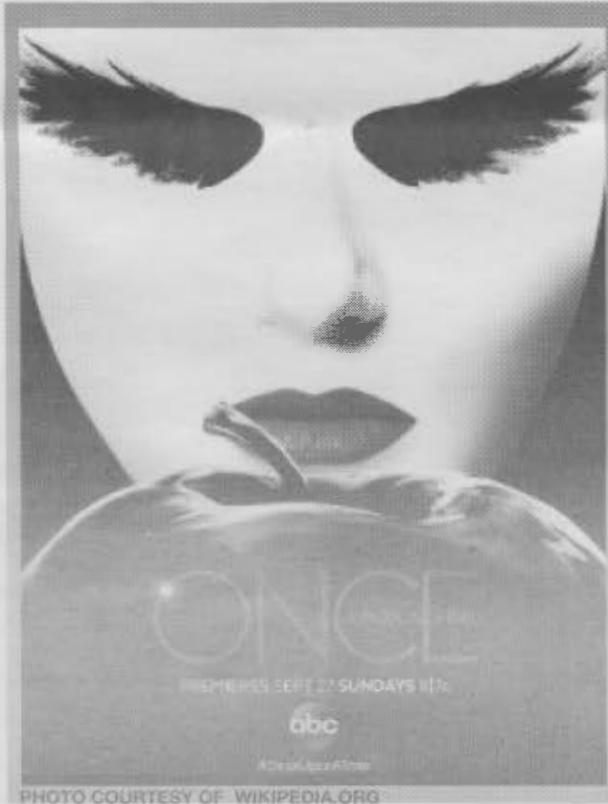


PHOTO COURTESY OF WIKIPEDIA.ORG

"Once Upon A Time" - 8 p.m. Sundays on ABC

ABC's hit fantasy-drama "Once Upon a Time" returned for their fifth season on Sunday. Producer Adam Horowitz told Entertainment Tonight Online, "we're writing this show as a show where there is a light at the end of the tunnel that everyone is trying to reach." He also previewed some of the romance

that is set to take place in Camelot this season. It's definitely going to be a romantic season and viewers will be excited to see where the old relationships go and the new ones that blossom. Along with the romance, this season is set up to follow up with the drama where the last season left off.

"American Horror Story: Hotel" - Premieres Oct. 7 on FX

Season 5 of the wildly successful "American Horror Story" is set to premiere Oct. 7 on FX. This season is set in the haunted Los Angeles Hotel Cortez and features fan favorites Evan Peters, Kathy Bates and Sarah Paulson, as well as newly added cast member Lady Gaga who is suspected to be a show-stealer. Creator Ryan Murphy describes this season to be very similar to the first season, "Murder House," especially with Gaga's



PHOTO COURTESY OF IDIGITALTIMES.COM

captivating character traumatizing the hotel. This season will be frightening, disturbing and extreme. Fans are going crazy in anticipation of the premiere.

Join LASR DJ at the Bob Dylan Dance Party

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When it comes to music, phrases like "best songwriter of all time" tend to spark debate. While the Swifties of the world are mourning Rolling Stone's crowning of Bob Dylan as the "#1 Greatest Songwriter of All Time," one LASR DJ is celebrating in full Bob Dylan fashion.

Senior Eddie McCoven, DJ of "The Crossroads," will be hosting a Bob Dylan Dance Party Monday Oct. 8 at 8 p.m. in honor of the singer/songwriter's musical achievement. For one hour Lutes are welcomed inside the LASR studio to sing, dance and jam along to some of the artist's biggest hits.

"It's gonna be a great time for people to come in, hang out, dance a little bit, sing a little bit

or just be there while I do the broadcast," McCoven said.

During the one hour broadcast, McCoven will also be giving students the opportunity to perform Bob Dylan covers live on the air.



McCoven will also be performing his own Bob Dylan cover. As a musician himself, McCoven finds that Dylan's music speaks to him and inspires his own creativity in a way that only true musicianship can.

"The quality of his lyrics - the poetic nature - speaks to me as a writer [...] it speaks to me as a musician," McCoven said. "There's some powerful things that [Dylan] can do with words

and a few chords."

McCoven's adoration for Bob Dylan is what inspired him to host a special hour dedicated to the musician. However, Dylan's music is not far removed from the songs regularly featured on McCoven's show "The Crossroads."

Inspired by the old blues tale of Robert Johnson (who sold his soul to the devil at the crossroads), "The Crossroads" showcases music from a variety of genres. Blues, country, and classic rock are just some of the musical styles McCoven highlights during his reign on the radio.

"A lot of times there are artists such as Bob Dylan who cross those genres," McCoven said.

Students who wish to join McCoven for his Bob Dylan Dance Party can join the DJ Monday Oct. 8 in the LASR studio.

PLU professor publishes poetry

LYZ FRERKING
Guest Writer
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As a liberal arts college, Pacific Lutheran University emphasizes the importance of artistic expression. One PLU professor serves as a prime example.

Rick Barot published his latest book of poetry in July. It's a project which he began working on right after the events of 9/11 and continued until 2012. A body of work born out of the tragedy of 9/11, Barot feels as though the poems are highly based off the collision of domestic and family life with the political and social environment of the time.

"If you were an artist, you couldn't really help but feel the pressure of all of that reality on your domestic, personal life," Barot said.

Barot has a special connection to the art of poetry. Beginning in his junior year of college, Barot said that he was inspired to make the change from journalistic prose to poetry after being exposed to the art form in his classes.

He said that he simply likes working within more of a compressed

space. The only thing that has changed is the reasons he is inspired to write poetry.

"When I was younger, what inspired me was the idea of creating beauty," Barot said. "These days, I think the inspiration that I have comes from thinking about how people have multiple identities and sometimes those identities don't get along. Poetry is a way of recording those

"When I was younger, what inspired me was the idea of creating beauty."

Rick Barot
Associate Professor of English

intersections."

Over the years, Barot has found himself inspired by a variety of different poets. In the 30 years that he has been reading two poets in particular have had an influence on his work. His "foundational poets" are Elizabeth Bishop and Adrienne Rich. Each of these poets inspires Barot's work, with Bishop contributing sensory aspects and Rich inspiring the

more social aspect of his writing.

Passing this love of poetry on to his students is what Barot believes he enjoys most about teaching at PLU.

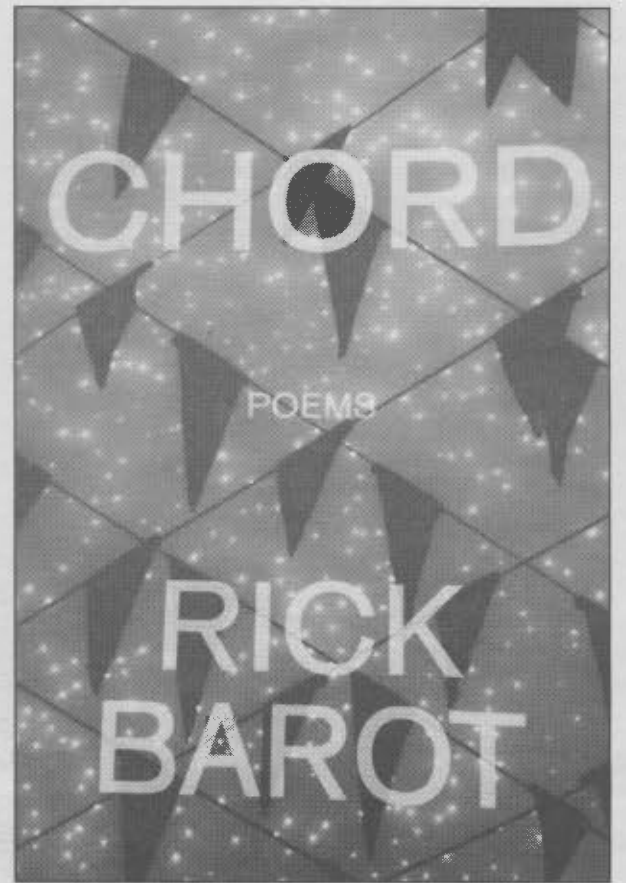
"[It's important] to be able to introduce this material that I think is really beautiful and important to people who might really benefit from this material and might feel larger and themselves and the world," Barot said.

As for his time here at PLU, Barot says that his greatest accomplishment in life is becoming a teacher.

He thinks of teaching as a kind of feedback loop where something that the students say can change what the teacher thinks. In this way, his students inspire him to write better, and the advice that he gives to them he uses for himself as well.

He thinks of teaching as being similar to writing because each involves communicating with people.

"I think what's great about being a teacher is the effect of your work," Barot said. "There's evidence right away, [which is] your students learning."



Barot released his collection of poems in July 2015

Acting out with PLU's new theatre professor

Helen Smith
Guest Writer
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While trying to navigate through the sea of confused first-years rushing to find their next class, students will notice a new face in the theatre department. He is the latest addition to Pacific Lutheran University whose wardrobe "tries to make a statement."

Kane Anderson, Visiting Associate Professor of Theatre, is both a unique character and teacher. Students in Anderson's class take off their shoes when they enter, start the class with a five minute buffer to block out the day and then do 10 minutes of yoga to loosen up.

"I'm impressed with his style of teaching," first-year Josie Courtney said. "He's a really funny teacher and I love the class."

Through his teaching Dr. Anderson strives to break actors out of their shells and help them act for themselves, not for others.

"My gift as an actor has often been seeing what other people do and bringing that out in them. I like having people come to life and showing them that there's a transformation that happens in theatre," Anderson said. "I want to know what you think; I want to hear your voice."

"He wants us to look at things from different points of view, try new things and challenge [ourselves]," first-year Chuck Stern said.

Anderson hopes to push students to step outside their comfort zones by encouraging them to act in unique ways.

"He really tries to make class a safe place and always reminds us that the stakes are low, and if we mess up, so what? Life goes on," Courtney said.

His personality seems to appeal to his co-workers as well.

"There's a lot of laughter and costumes," Amanda Sweger, Assistant Professor of Theatre, said. "He's really fun but he's all business under his friendly exterior."

Not only is his teaching style unique, but so is his personal education. Anderson got his doctorate from the University of California, Santa Barbara in Theatre Studies, and wrote his dissertation on superheroes in performance.

"I was looking at the way superheroes are American icons and are used by different subaltern groups to try to create the new face of America," Anderson said. "The big surprise of my career was that I didn't think I would get a PhD."

Before getting his PhD, Anderson went to Arizona State University for his master's in Theatre Performance and endured "two and a half years of emotionally painful work." However, when the committee met for his master's they urged him to continue with his education.

"If I'm going to do a PhD, doing something for five-plus years of my life, I want to do something that I get up every day and I love to do. So I said, 'I've always been a comic book fan, I want to study superheroes in performance,'" Anderson said. "I can't believe they let me do it. I keep thinking they will call me back saying 'You know how you got that PhD? Yeah, that's not real.'"

His five years of research - as well as his time spent dressed as Mr. Incredible at Comic-Con - are what enabled him to write his book, "Truth, Justice, and the Performative Way." The book is modeled after his dissertation and explores "superhero performance and the battle for social

justice in 21st century America."

This year Anderson will be directing "Goodnight Desdemona, Good Morning Juliet" in the spring. The play features a professor who goes into a dream state after a series of horrific events. In this dream, she finds characters Desdemona and Juliet and tries to save them.

"I was drawn to the script because it has such strong female roles while much [of] Shakespeare is mostly about the men," Anderson said.

This will be Anderson's first year at PLU, and he is excited to spend it teaching a subject he has spent so many years studying.

"I'm lucky I got this job. Otherwise I'd be selling my blood," Anderson said. "I love what I do, and I'm lucky to do it"

"I like having people come to life, and showing them that there's a transformation that happens in theater."

Kane Anderson
Visiting Associate Professor of Theatre



PHOTO BY MCKENNA MORIN

Clubs for all curiosities PLU has the club for you

**CONTINUED FROM
PAGE 1**

Clubs that lack the level of advertising that groups such as Outdoor Rec and PLUtonic/HERmonic still contribute to student involvement on campus, especially if they're niche oriented.

"By having small clubs of different topics, students have a high chance of [finding] a club they would want to join," Martens said.

Hidden gems such as League of Legends Club, Anime Club, and The Mark cater to specific audiences, giving students who are interested in Japanese animation or creative writing a space to engage their interests.

"The importance of a club isn't about their size, but about the effect they have on the community, both within the club and the community at large," Jamieson said. "So all clubs, no matter their size, can help change lives and help students grow."

The club-creating process is also easy for any student looking to fashion a club themselves.

In order to create a club, one must only acquire 10 signatures in order to demonstrate that interest for the club exists. In addition to finding a faculty member to serve as club advisor, a Petition for Formal Recognition for must be completed. From there, only a written constitution and a club officer training are necessary to finish the process.

According to Jamieson, the entire process can take a minimum of three weeks if students are timely. Some newly founded clubs even premiered at this year's Involvement Fair, including Sociology Club, created by sophomore Sarah Ney.

So no matter what interests, hobbies and passions students may harbor, there is an open opportunity at PLU to engage in clubs that cater to numerous curiosities.

"I strongly encourage all students to get involved with clubs to gain a sense of community," Martens said. "Joining a club is the best way to make friends with similar interests." So any interest one might find in an app, PLU could have a club for that.



How to look *haute* at Homecoming

BROOKE THAMES
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With Pacific Lutheran University's annual Homecoming dance quickly approaching, time is running out to put together the perfect outfit for the night. Students looking for inspiration need look no further than the Mast's tips on how to look haute at Homecoming.

Mix It Up

For guys, the classic black and white suit is always a great choice. However, for this year's Homecoming, shake up the traditional style with unique accents like a bold hankerchief, unique socks or a flashy tie.



PHOTOS BY SAMANTHA LUND



Sophomore Matthew Salzano



PHOTO COURTESY OF MEGBORDERS.COM

Show It Off

While formal dances usually call for fancy full-length numbers, short and sweet dresses embody all the fun of a Homecoming dance. Those who feel so inclined may choose to opt out of drowning in a ball gown in order to dance the night away in something a bit more comfortable and far more flirty.



First-Year Courtney Miranda



PHOTOS BY SARAH GIOMI

Let It Flow

Speaking of comfort, the Grecian Goddess look is a fantastic way to look effortlessly glamorous at any formal event. The drapery of Grecian style dresses is elegant while maintaining an air of simplicity. Therefore, this style is sure to make anyone appear heavenly at this year's Homecoming.



First-Year Courtney Miranda

"Harmlessness" makes the world a beautiful place & I am no longer afraid to die

JEFF DUNN
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"The Emo Revival Ends Here" reads the title to Noisey's review of Harmlessness, the sophomore album from "The World Is A Beautiful Place & I Am No Longer Afraid To Die" (abbreviated TWIABP), released Sept. 25 via EpiTaph Records.

With a history almost as long as their name, TWIABP has become (by none of their own intentions) the poster-children of the so-called "Emo Revival," but this new release has cemented their transition into a more accessible indie rock sound without losing the core themes that have permeated their previous releases.

"Emo" as a genre carries certain connotations that elicits negative responses from unaccustomed listeners. People are often turned off by harsh vocals or shouting, which emerged as a major part of the genre from its punk and hardcore roots. Contrary to their previous full length, "Whenever, If Ever," 2013, "Harmlessness" has no screams. In fact, the album features the

band's female vocalist on several tracks, "January 10th, 2014" being my personal favorite.

Rebranding to a more accessible style is often met with accusations of "selling out" by die-hard fans. Really, that argument only works under the assumption that a band is making its music for you, which is pretty self-centered of you. For shame. It's a momentous occasion when artists can sustain themselves long enough to really "feel out" their sound and fine-tune it.

Members of the band have noted in interviews that writing this album felt more cohesive than "Whenever, If Ever."

"For 'Whenever, If Ever,' that whole thing was just a mess," guitarist Derrick Shanholtzer-Dvorak said in an interview with Themusic.com.au. "You know, it'd be like, two or three hours in the studio every couple of weeks, and not everyone would be there. We lost our vocalist during the middle of recording. It just wasn't focused; we kind of rushed it."

"Harmlessness" is full of references to the band's first EP, 2010's "Formlessness." Since then, the band has fluctuated in size between four and 10

members. But just because they've gone through a few lineup changes doesn't mean they've slowed down at all. If anything, TWIABP has done the opposite - pushing the limits of their sound to new heights. What they've done is nearly impossible for many great artists; maintaining their popularity long enough to keep going back to the studio.

On Pitchfork, writer Evan Rytlewski writes:

"TWIABP have succeeded where past generations of emo bands have often stumbled: tidying up their sound without losing any of the exuberance and immediacy that made that sound so striking in the first place."

Throughout all of their musical endeavors, TWIABP strives to create a sense of community and collaboration. This album doesn't disappoint in those regards, and takes it a step further to tackle myriad issues from mental well-being and displacement from old homes to new ones, to violent revenge against sexual predators and everything in between.

It's these themes that landed TWIABP the "emo" title in the first place. The lyrical content is reminiscent of any

twenty-something's search for meaning and purpose in their world.

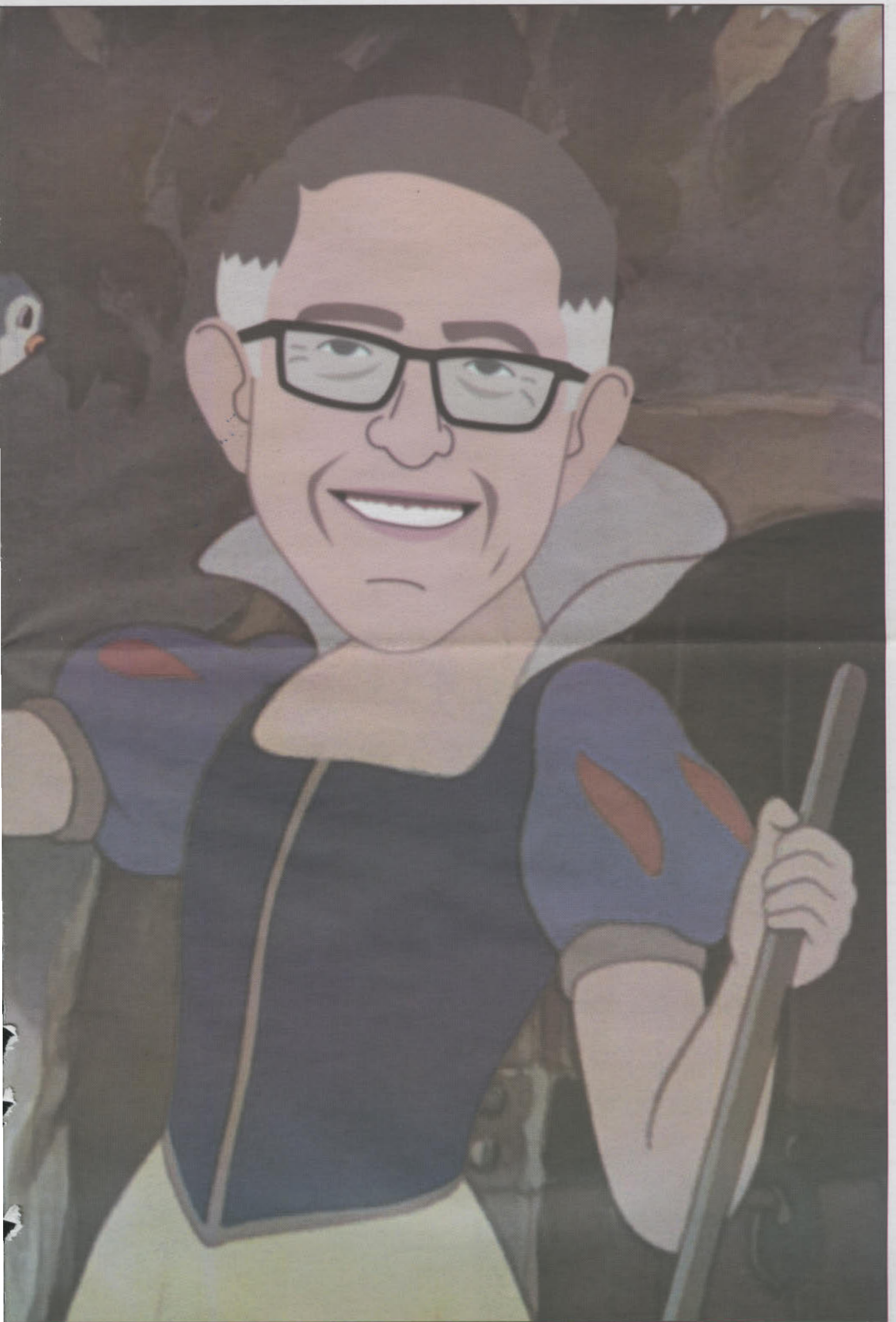
Writer Ian Cohen summarizes this album better than I ever could in his review from Noisey:

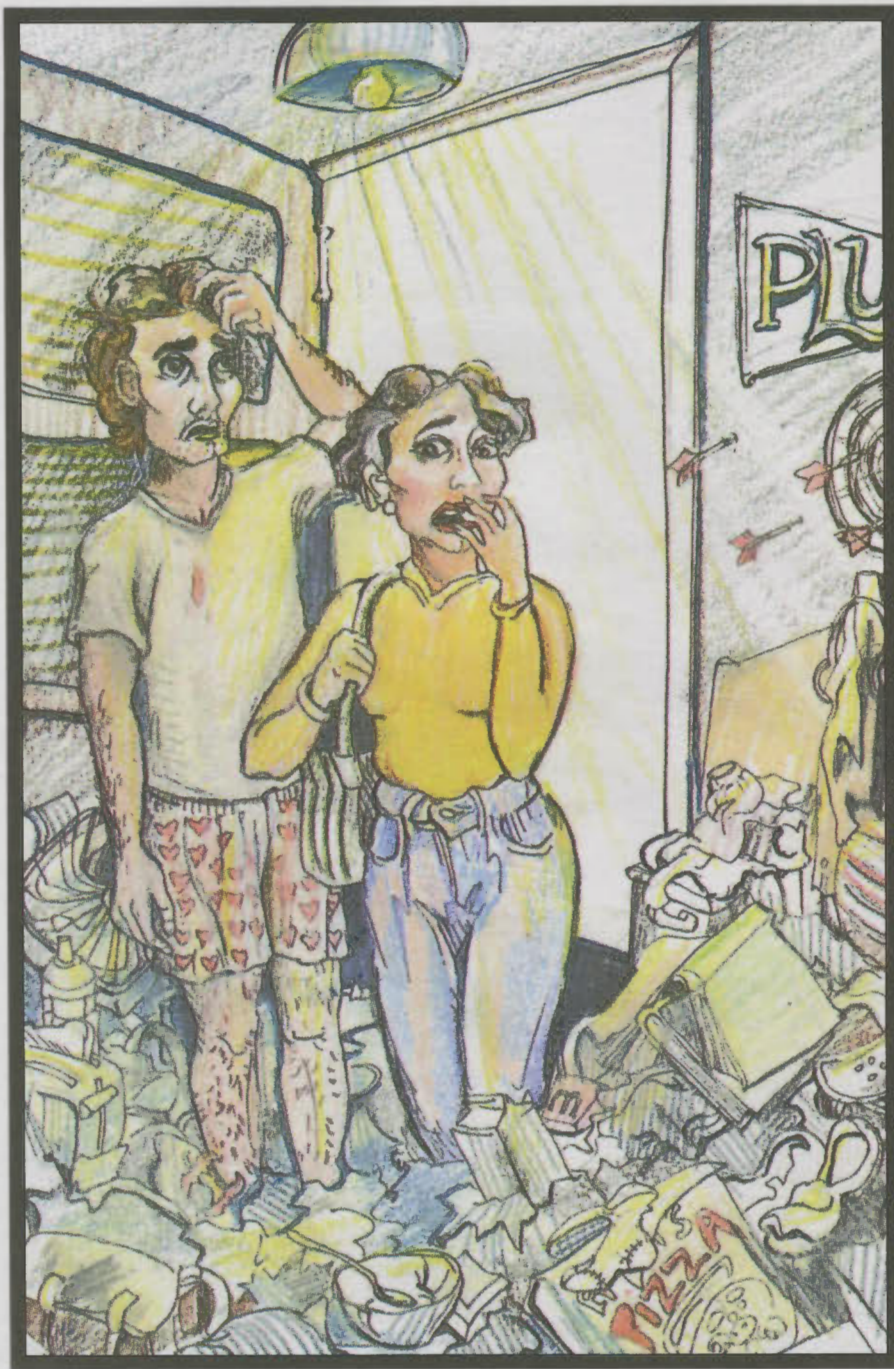
"As much as I want to say 'Harmlessness' is what the emo revival was leading up to, that still feels like selling it short[...]The emo revival ends here because its flagship band made the best indie rock record of 2015, period."



PHOTO COURTESY OF THEWORLDIS.BANDCAMP.COM







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Annie is a first-year student originally from Portland, Oregon. She loves the visual arts and is happily attending PLU in pursuit of studying art history and studio arts.

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#UnexpectedMomVisit

College Scorecard

Obama levels the playing field for students nationwide

HELEN SMITH
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President Obama debuted his college scorecard, an online database full of information about college costs and averages a few weeks ago, in an effort to support students in making better college choices, according to the White House website.

During my first look through the scorecard, I was amazed. I looked through pages upon pages of college stats for places like University of Washington, Yale, Harvard and, of course, Pacific Lutheran University. I felt like it was some type of poetic justice. Finally the colleges are applying to you.

The website covers average costs of attendance, average SAT/ACT scores, average graduation and retention rates and financial aid packages.

What I admire most about the college scorecard is that it's adding a bit of transparency to the application process. Colleges will tell you the highest amounts they might give for



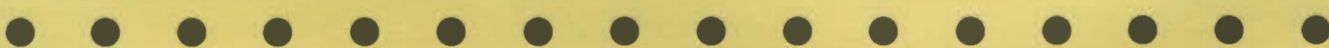
financial aid, but the scorecard tells you the average amount that students receive. With an added option to calculate an aid package, the scorecard gives families numbers they might actually be able to work with. Last year when I was sending off my college applications, I was taking a lot of shots in the dark. With something like this, I would have been a much more informed applicant.

With so many businesses out to solicit money from the application process, such as College Board and the Common App, I think the scorecard is a good combatant against a lot of the ambiguity surrounding what students can expect from colleges before they apply. It also helps that it's coming from a third party, the Department of Education.

So how does PLU stand up against the national averages? I'm happy to say PLU does pretty well. Statistics show the average PLU student pays about \$23,000 a year. Contrary to popular belief, students aren't paying 50 thousand dollars a year for slow wifi, we're only paying half that.

PLU also has an above average graduation rate, and students are able to start paying back their loans within three years. The website also has information on what everyone really wants to know: the average salary of a PLU graduate clocks in at about \$45,000 per year. Not bad!

Although the website has great statistical information, it really doesn't say who colleges are as institutions, so I suggest we start a petition to leave space on the website for colleges to tell us about themselves, in 350 words or less of course.



Let's talk about sex!

How do we talk about S*X?

The weekly "Let's talk about sex" series will look into a different topic about sex and sexuality in an effort to raise awareness, bring education and be a forum for discussion. To write in and share your opinions and stories, email mast@plu.edu

The Pacific Lutheran University campus is sexually congested.

It's funny to hear students whispering about sex without knowing the basics about initiating and sustaining a sexual relationship with someone they find attractive.

The only thing on campus that comes remotely close to being semi-adequate sex-ed for young adult students is PLU's Sex+ series.

Sex discussion and education is vital. Between 1991 and 2004, the U.S. teen birth rate fell from 62 to 41 per every 1,000 female teens. That drop in teen pregnancies can be attributed to education and contraception, according to the 2005 Vital Statistics Reports.

The same goes for Sexually Transmitted Infections (STIs). There's a clear correlation between sexual education and sexual health, according to other journals — here are a few: Perspectives on Reproductive & Sexual Health (2004), Washington D.C.'s National Campaign to Prevent Teen Pregnancy, Family Health International, Journal of Adolescent Health and the Committee on HIV Prevention in the United States.

In light of the millions (maybe billions?) of pages of research on this topic, it's clear: education is key.

Sex+ is a series of panels and lectures that take place during the school year. Students and faculty are invited to Sex+ to discuss sex and sexuality. "Sexperts" lecture and sit on panels to help facilitate

and educate.

The panelists offer insight into various sexual practices and ways to safely practice them. This is a safe, open space to come with any questions you have.

I found it interesting to witness a Sex+ event and to see how intrigued and curious some PLU students are about sex. Students offered questions that we all wonder but don't want to ask.

Last year, one Sex+ event centered on the topic of BDSM/Kink/Fetish. At the end of the event, sex toys and supplies were handed out to students. It was a frenzy. One of my straight, male friends left the event with a pocket vibrator, which he gifted to a female friend!

I wished I could've just gone up to the students and told them: this is the type of lube you'd want to use for this form of sex, this is the type of toy you'd probably want to try as your first time sex toy, even preparation/cleaning basics.

Even students can be "sexperts." I know a small handful of students on campus who have connections to and have dabbled in BDSM, kink and fetish-related activities. But sadly, none are able to tell other students about their sexual experiences.

Students with years of sexual experiences should provide feedback and guidance to the more curious students. Open conversations about sex will foster more sex positivity outside of Sex+ events.

This year, The Mast is dedicating this spot, right here, to answering questions and offering advice from students, faculty and sexperts. Our authors will remain anonymous so they can be open and honest about sexual experiences without fear.

Carly roots for Carly

CARLY STAUFFER
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Whether you're a devoted liberal or a die-hard conservative, odds are you've been hearing an earful about Carly Fiorina. After flying under the radar for the greater part of the 2016 presidential campaigning season, Fiorina is now obviously determined to be heard loud and clear — and she is succeeding.

Fiorina stands out as the sole female among the primary Republican contenders vying for the nomination to face off against the Democrats' pick, which many assume will be Hillary Clinton. But her sex is surely not Fiorina's only distinguishing feature.

It was during the past two Republican presidential debates that Fiorina proved herself to be a worthy candidate. Quick on her feet and assertive in speech, Fiorina stole the debate stage (even from buffoon Donald Trump!) in these televised events — and a record 23 million people reportedly witnessed her do so.

Fiorina becomes noticeably impassioned whenever she speaks, which likely strikes a chord in the many frustrated Americans who are disturbed by the direction our country is heading. Speaking loudly on issues ranging from our failing foreign policy (including the recent Iran Deal) to our inability to defend the sanctity of life and our population's most vulnerable, Fiorina is, for many conservatives, not only their knight in shining armor. She is a knightess.

Voters should be able to look past their candidates' sex, as this is an

important asset as a Republican politician.

Long accused of being the party of old white men, the GOP has found a fresh face with Fiorina — yet she still stands for the conservative ideals and traditional values that I believe make our country great.

As a female, Fiorina challenges her opponents to come up with new arguments against conservative politics. Clinton will find it very difficult to brush off Republican support for defunding Planned Parenthood as misogynistic when her opponent is a no-nonsense, tough-as-nails, independent woman.

It's her strong belief in the anti-abortion movement, in fact, that has brought Fiorina much attention. One sound bite from the most recent debate, in particular, quotes Fiorina explaining that how we in the US view and treat unborn children, is more than a personal choice, but is "about the character of our nation." Cue the applause and "Amen."

Critics of Fiorina are quick to cite her time as CEO of Hewlett Packard and her recent reference during a debate to an undercover post-abortion video of questionable existence as reasons to consider her an unqualified contender. However, supporters point out the state of the economy during the time at which Fiorina ran HP, and nullify the video-reference criticism by reasoning that whether or not this video in particular exists, countless videos undeniably equal in horrifying content do. The latter fact alone should be enough to hush anyone.

The truth is, for the conservative voters yearning for "one nation under God" again Fiorina is our voice. That's exactly what a politician is supposed to be. And that is where my vote will go.

Hey Hillary...

A letter in response to Hillary Clinton's appearance on "The Tonight Show" with Jimmy Fallon

BROOKE WOLFE
Guest Writer
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Dear Mrs. Hillary Clinton,

Watching your interview on "The Tonight Show" with Jimmy Fallon unsettled me. I was far from moved to Team Hillary after multiple jokes about Republican candidate Donald Trump, the absence of any political conversation and your dancing around the email scandal.

As a college-age woman, I feel the Women's Rights platform is empowering. Closing the wage gap, fighting to end sexual assault on college campuses and increasing funding for reproductive rights are a few winning stances which were left untouched while speaking with Fallon.

Telling the story of reading to your children nightly was charming. The relatable anecdote was pleasant but not compelling.

Last week before you were talking with Fallon, there were efforts to defund Planned Parenthood. While this is a complicated issue, Wednesday night gave you the opportunity to speak on how you would prevent further attempts to defund the healthcare provider, but instead, you talked about your children. This made me doubt your

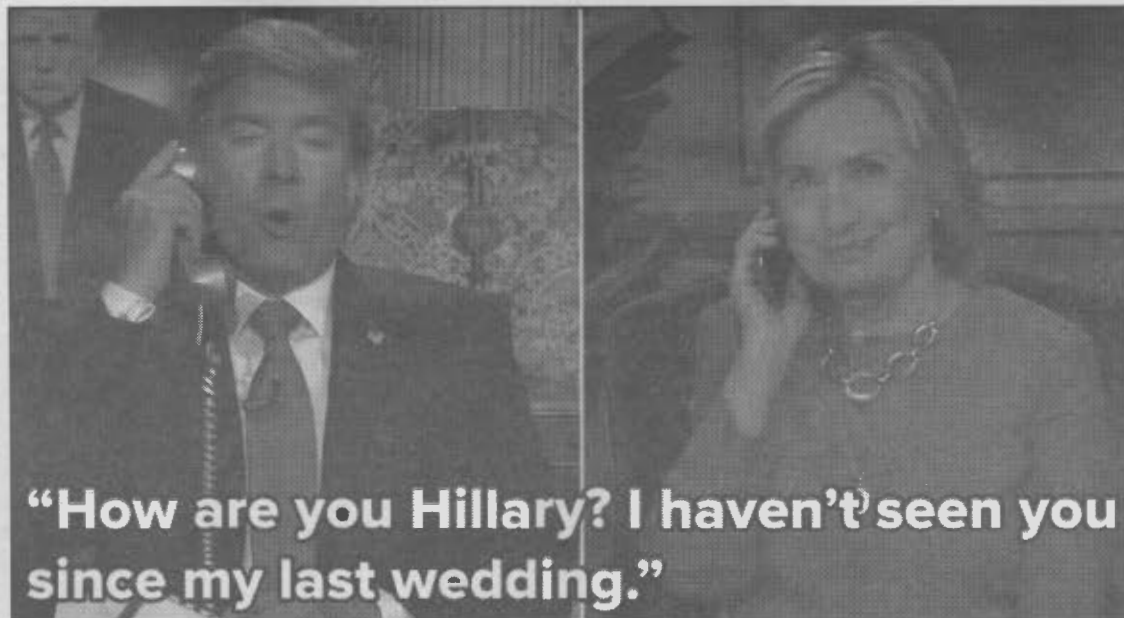


PHOTO COURTESY OF MIC/YOUTUBE

Jimmy Fallon impersonates Donald Trump in a skit with Hillary Clinton during an episode of The Tonight Show with Jimmy Fallon Sept. 16.

ability to see all rights equally.

Running as a presidential candidate involves being relatable, but I would suggest that your supporters are more diverse than was assumed on this program.

While you were giggling about reading to your daughter, other daughters were worried about not being able to receive cancer screenings, birth control and STI tests. I know that you stand with equality and equal access,

but I wish you would have stood with them on live television.

Besides the motherly conversation, I was confused as to why the high number of jokes were necessary. Teasing Trump seemed to be the main reason you decided to be interviewed. The one-liners were not apart of a productive political conversation but instead were mild bullying remarks about hair and attitudes.

Talking about varying views on issues lightheartedly is much different that blatantly poking fun at another candidate. I would prefer to hear about the ways in which yourself and Trump differ than to hear about his hair.

Your interview on Wednesday night showed a new side to Team Hillary I had not seen before. This television show is seen as comical, which should draw another layer of empathy

from myself and other voters. I hope that throughout the campaign, the bullying will be put aside and the strong, confident candidate you are will shine.

Sincerely,
Brooke Wolfe

Feminism in STEM

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How is it that when one demographic tries to move forward, another group gets held back? Injustice can be a two-edged sword in which removing prejudice, another is created.

This past summer, a viral movement started where women engineers took pictures with the hashtag #ILookLikeAnEngineer. The campaign started after a tech company's ad featuring one of their female employees sparked uproar about gender stereotyping in the Science, Technology, Engineering, Mathematics field.

As a woman in science and engineering, I am well aware of the gender gap, but that doesn't bother me. What is bothersome is how some people go about changing this and try to make the field more diverse. It has become more about identifying what makes male and female engineers different, rather than blurring the lines between genders. The feminist movement in STEM singles out women in the field by labeling differences like appearance and constantly identifying science-inclined women as heroes.

How can women expect to be treated as equals in a field they keep separating themselves from? Hackbright Academy was founded in 2012 and is the number one software engineering school for women. By segregating themselves and closing the education opportunity for men, the college aims to promote women in the STEM world.

This divide isn't necessary because it's easier for women to get accepted into engineering schools. nearly 30 percent of the female candidates were accepted to MIT in 2003 as opposed to only 11.6 percent of their male counterparts, according to College Confidential. I personally hated knowing during the college admission process that I could be denying a more qualified male a well-deserved spot just because I had two X chromosomes. I am a person, not a means to get your diversity statistics up. I want to be judged on who I am and what I do, not what I

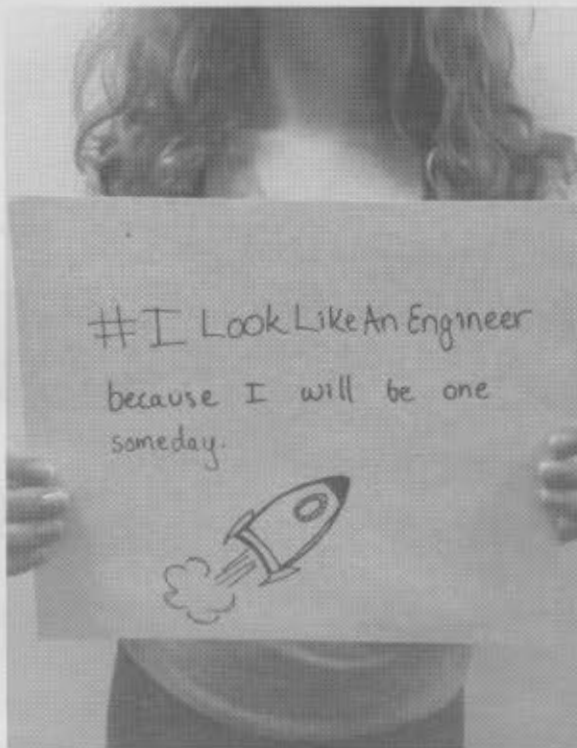


PHOTO BY COURTNEY MIRANDA am. The #ILookLikeAnEngineer campaign went viral when the tech company OneLogin featured their female employee standing against gender stereotyping in the STEM field

There are special societies and scholarships solely for female engineers and scientists as well. Organizations like the Society for Women Engineers (SWE) and Women in Science and Engineering (WISE) promote the growth of women in STEM by providing additional aid that a

"stereotypical male engineer" would be unable to receive, potentially hindering somebody else's opportunity to make the most of their abilities.

This favoritism towards women is unfair because we are punishing men now for prejudice they had no control over in the past. It used to be a hierarchy of men over women, but the times have changed and we need to move on with it.

I think the most painful part of the effects of feminism in STEM is how it negatively impacts women. We may get great perks like easier admission and additional money for education, but this push to increase the number of females in technical fields sends a message to younger girls that is counter-productive.

By creating girl-specific engineering toys and having campaigns to teach girls science and engineering, society is telling them that they can and should be engineers, but different engineers. They will be female engineers. Why not just create all engineers equal and all STEM education universal? Why must we have a female empowerment movement to provoke change in STEM?

So many kids of both sexes dislike science and math, so don't boys deserve an equal chance to become more educated as well? In my view, stop trying to force change and diversity.

If the numbers shift naturally then so be it, we have achieved diversity and equality. But the more women are separated from the science and engineering fields for the sole purpose of making us "equal," the worse the epidemic becomes.

Feminism is corrupting STEM and making the divide bigger. I shouldn't be congratulated for taking an engineering class, like it is some brave task, as if I am accomplishing an impossible feat. I should be treated like any other kid who wants to be an engineer and whatever it is I do should be impressive not because of what I am, but because of what I can accomplish. Stop trying to make it about the feminist agenda and start making it about the advancement of science.

SO, YOU WANT TO SEE SOME MORE?

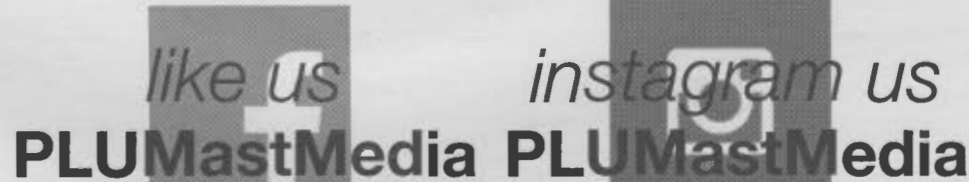
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Steve's Stance: Earn your trophy, kid.



STEVE MCGRAIN
Sports Editor
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These days, coaches give children participation trophies just for showing up. It's a growing trend that's detrimental to their perseverance and will rob them of their work ethic and competition.

Pittsburgh Steelers linebacker James Harrison returned his kids' participation trophies after receiving them. His thought was that they didn't earn them because they hadn't learned a lesson, win or lose.

It is wrong for children to think they don't have to aim for first place and still get rewarded the same way. I understand first place can only be achieved by one person, so those can

be some lofty expectations. But even second place shares a lesson; it can be understood as a need to work harder. Third place, well go back to drawing board and come back with a different perspective on the competition.

No one ever made it to the top by being handed a trophy- it's earned. Not understanding that prizes are earned and pride is worked for leaves children in a bad situation. They won't know how to strive for success.

Athletics teach you more about life and yourself rather than the game. No matter the sport, tennis, golf, basketball or baseball, there are life lessons associated with them. Some of the lessons are to remain disciplined, to have sportsmanship toward another team and, most importantly, to have a work ethic.

I have three nephews and two

nieces, and I would be disturbed to find out they earned a trophy based on just being at the field. During one of their soccer matches, they could be the child pulling grass up out of the ground and receive a trophy; after the game they may not even know the score.

At PLU, it's a privilege to have the opportunity to play athletics. There is more attention drawn to academics, but the athletes still understand how important it is to give their best each and every play. Aim to finish first place and become Northwest Conference Champions, not settle for anything less.

Children need to understand that everything is earned. In a world where everything we want is accessible at any point, they need to have the mentality that some things need to be worked for and not have instant gratification.

The Mast Monday Night Football pick 'em

Who to pick, a team that has Super Bowl aspirations but gets embarrassed on opening day or a team who beat an NFL bottom dweller?

Well Aaron Rodgers and the Packers proved they are invincible in front of the entire country after two consecutive prime time games.

This week Monday Night Football is special for the Pacific Northwest because it will be in our own backyard. The Seattle Seahawks host the Detroit Lions.

Strong safety Kam Chancellor is back and it showed dividends last week at the home opener. The only question mark is whether Beastmode will be in all systems go or nursing his hamstring injury on the sideline.

The Detroit Lions are coming into town and still displaying a team that on paper should dominate their division and NFL, but cannot piece it together.

Nevertheless, they still have "Megatron" and I do not care how old he is, Calvin Johnson is force to be reckon with on the

outside.

Another intriguing match-up is the return of Lions wide receiver Golden Tate to the Northwest for the first time, since winning a Super Bowl in a Seahawks uniform.

At Centurylink, the Lions will tamed by the noise being cranked all the way up to 12.

Seahawks win 24-14.



D.J. Winter
Pick: Seahawks

"The Seahawks will win this one! I see the Seahawks going on a roll now, that they got Kam back, which adds to their swagger. The Hawks offense is gonna start rolling as well."

Nicoya Benham-Marin
Pick: Seahawks

"Seahawks! One: we got The Kam Factor back, two: the Seahawks are ready to start winning. Three: I love the Seahawks, and four: There is no one like us. Finally, five: I love the Seahawks... wait did I already say that?"

Juston Lind
Pick: Seahawks

"Seahawks because I'm a 12 and I'll never pick against the Seahawks. Plus, we're gonna win."

David Mair
Pick: Seahawks

"The Seahawks are ranked higher, so I'm thinking they'll crush the lions."

Colton Walter
Pick: Seahawks

"The Seahawks because the lions are just bad."

Hayden McCartney
Pick: Seahawks
Record: 0-0

"Seahawks over the lions. The hawks are starting to click a little more and only getting better with Graham emerging and Chancellor back. Lions haven't looked great thus far and the hawks are nearly unbeatable at home."

Kailyn Osaki
Pick: Seahawks
Record: 0-0

"I say it's a toss up but since the Seahawks are home, I would pick them."

Fantasy Football Picks: Week 4

Week 3 Recap

In Week 3 of the 2015 Season the Packers showed a strong offense in their win Monday night over the Chiefs. The Colts pulled off a close one against the Titans, and the Patriots dominated the Jaguars. The Atlanta Falcons appear to be shaping up as a strong team this season, as do the Arizona Cardinals. As was expected, Tom Brady's Patriots continue to dominate and have people wondering if they have the potential to go all the way again this season. We will have to wait and see...

This Week's Lineup

Position	Player	Team	Proj pts
QB	Aaron Rogers	GB	18
RB	Jamaal Charles	KC	13
WR	Julio Jones	Atl	13
TE	Greg Olsen	Car	8
K	Phil Dawson	SF	9
D/ST	Colts	Ind	12
FLEX	Le'Veon Bell	Pit	13
WILD	Ryan Fitzpatrick	NYJ	12

QB: Aaron Rogers (GB)

Last week against the Kansas City Chiefs, Rogers played a phenomenal performance earning 5 touchdowns, 333 yards, and scoring 34 fantasy points. Rogers has proved himself to be an ideal fantasy player and point-scorer. This week the Packers take on the 49ers. Green Bay's strong offense should walk all over San Francisco's weakened defense, ensuring plenty of touchdowns and more fantasy points for Aaron Rogers. Also: Anthony Dalton (Cin) and Carson Palmer (Ari)

RB: Jamaal Charles (KC)

Kansas City's Jamaal Charles has been one of the most reliable running backs in the NFL. Charles has been scoring an average of over one touchdown per game in the last 33 games. KC's week 4 opponent, the Bengals, have been notorious for allowing yards to running backs. This gives Charles a great opportunity in week 4. Also: Matt Forte (Chi) and Devonta Freeman (Atl)

D/ST: Indianapolis Colts

The Colts' win over the Titans in week 3 gave them plenty of fantasy points and can help them boost any team. Indianapolis is playing Jacksonville this week.

WR: Julio Jones (Atl)

Atlanta's Julio Jones has been an impossible force the first 3 weeks of the 2015 season. Last week, he scored two touchdowns against Dallas and went for 164 yards for 28 fantasy points. Jones has shown stellar performances all season, so it's good to play him while he's a hot commodity. Also: Emmanuel Sanders (Den) and Antonio Brown (Pit)

TE: Greg Olsen (Car)

After a monstrous week 3 game, the Panthers' Greg Olsen racked up 25 fantasy points. Last week he scored two touchdowns and received 11 targets for 134 yards. A frequent target for QB Cam Newton, Olsen is a great player to have on your roster. The Panthers should have an interesting game against Tampa Bay in week 4. Also: Jason Witten (Dal) and Jimmy Graham (Sea)

K: Phil Dawson (SF)

San Francisco's Kicker has been reliable for the past few games when the 49ers need to clinch those few extra points due to failures on their defense's end. He is projected to score a season high 9 points against Green Bay this week. Also: Josh Scobee (Pit) and Matt Bryant (Atl)

FLEX: Le'Veon Bell (Pit) RB

Pittsburg's Bell had a strong season beginning last week. Bell earned 19 fantasy points last week for his efforts. Now with QB Roethlisberger out for the count, more pressure falls onto Le'Veon Bell to perform. This week the Steelers are playing the formidable Ravens, however many have faith that Bell will continue to give a strong performance and push the Steelers' offense forward. Also: Marshawn Lynch (Sea) and Arian Foster (Hou)

Wild Card: Ryan Fitzpatrick (NYJ) QB

Though he isn't owned by many, and does not appear impressive yet from a fantasy standpoint, the Jets' Fitzpatrick has plenty of opportunities to do well this week. Here, The Jets play the inflated Miami Dolphins, who allow the opposing QBs pad their stats. It will be interesting to see what happens this week.

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Softball Highlight

An interview with Emily McConnell



CARA GILLESPIE

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PHOTO BY JON FROSCHAUER

Emily McConnell is a returning third baseman/outfielder for the Women's Softball team. McConnell, who received All-NWC honors last year, returns to the field with high hopes for the season. I sat down to get to know her and to hear her perspective on fall ball and the upcoming season.

Mast Media: What are you studying at PLU?

Emily McConnell: I am a biology major.

MM: What are you planning to do after you graduate?

EM: When I graduate, I would like to pursue a career in marine biology either doing research or helping in an aquarium.

MM: What is your favorite thing about playing softball at PLU?

EM: The team chemistry and all the excitement we bring to all the games and practices and just having fun together.

MM: How is fall ball going?

EM: Really well. We have a lot of new and fresh talent with both first-year and transfers. It is very exciting to see how we are all going to come together and play come the springtime.

MM: What is the biggest improvement you want to see during fall ball?

EM: This season, I would really like to see us grow together, to all become more comfortable with each other. We want to have that relationship that all good teams seem to have.

MM: What does the team chemistry look like now and how do you want it to look in January?

EM: Right now, the newcomers seem not as comfortable with all the returners as the returners are with each other. By the time season starts, I would like everyone to feel comfortable with each other. I hope that come January everyone is friends on and off the field, so we have that chemistry when we play.

MM: How are you working to build team chemistry now?

EM: Our team tries to have positive communication with each other. Outside of practice, we spend a lot of time together both working the volleyball games and team bonding.

MM: What skills are the team looking to improve on?

EM: We really want to focus on our hitting and bring in the offense that we can all bring to the field.

MM: What are five facts everyone should know about you?

EM: I have a brother who goes to PLU, I work for PLU Recreations as an intramural referee, I have been playing softball since I was six years old, I was born in Amarillo, Texas and I can't touch my toes.

U.S. Soccer victory holds weight at PLU

STEPHANIE COMPTON

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The Women's United States Soccer team winning the World Cup is the best thing that could happen for Women's Soccer at Pacific Lutheran University and every other school.

For the first time since 1999, the United States Women's National Soccer Team are World Cup champions.

It was a long ride for the USWNT that ended on July 5 2015. After playing three games and making it out of the "group of death," the group of teams that had the strongest chance of winning, it was on to the round of 16. The women's team continued to shine, beating Colombia and Germany by scores of 2-0 to advance to the World Cup Final against Japan.

This World Cup Final was shockingly similar to the 2011 World Cup Final where the US played Japan. Japan beat the U.S. 3-1 after penalty kicks and a hard fight. It was a devastating end to an otherwise dominating performance by the U.S. leading up to the final match. The rematch would be very different this time around.

The 2015 World Cup Final was laughably easy for the US team. Veteran Carli Lloyd scored a record breaking three goals within the first 16 minutes of the game, marking the first time one player has ever done that in a World Cup Final. The final score came out to five goals to two. Three US players combined for those 5 goals with Lloyd obviously in the lead with three. Lauren Holiday and Tobin Heath each contributed one goal apiece to the record-breaking score.

"World Cup Champions" has a lot more meaning to the US than just another trophy on the shelf. The final match was one of the

most watched televised sports events ever and the stadium in Vancouver was packed with over 50,000 fans. For a women's team to bring in that much attention has large ramifications within the sports world.

Highlighted very quickly after the team's victory was the extreme difference in earned winnings. On the men's side, the 2014 World Cup winners took home over \$35 million, the US Women's team took home only \$2 million, only five percent of the men's winnings. Women's soccer has long been a powerhouse and the inequality of payment is a big deal. A handful of the women on the US team pull in well over two million dollars per year in endorsement deals, and yet the award for a national tournament is just that.

However unequal the playing field is between the men and the women, this kind of win does not go unnoticed on the national stage. More and more girls are now going to sign up to play soccer to hopefully win a World Cup some day.

This kind of attention is also welcomed for the future of soccer at PLU. The more girls who play soccer in the U.S., and the better the girls of our nation get as a whole at the game of soccer, the better the future prospects for PLU's recruits will be.

Starting now, girls who will be recruited by PLU are going to have that World Cup victory as a moment that changed everything for them.

PLU could be the next powerhouse, fueled by one championship game on July 5, 2015.

PLU Women's Soccer plays their next match on Oct. 3 at Whitman and Oct. 4 at Whitworth. For more on PLU Soccer, visit golutes.com!



PHOTO COURTESY OF Wikipedia

Men's Soccer takes on the "Whits"

JAKE BILYEU

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Men's Soccer brought a ruckus on the road to two conference opponents this weekend. While they took a victory in their first match, the second contest left them feeling a little empty.

After a strong start to their conference play, Pacific Lutheran University's Men's Soccer team took a bus to rivals Whitman and Whitworth for a weekend of two crucial showdowns. The Lutes prepared all week for these two games, and it showed as they got off to a hot start against Whitman Saturday afternoon.

The Lutes found the back of Whitman's net twice early on, as sophomores Bennett Bugbee and Eddie Na shifted through the defense for two goals within the span of eight minutes.

Although the Lutes generally outshoot their opponents by keeping the ball in their possession to force the offensive issue, Whitman did come back with strong return fire, creating quite the challenge for the Lute defense.

Thankfully, the team was able to withstand Whitman's 15 shots, including 5 on goal, to come up with the win, 2-0.

This win brought Coach John Yorke to 149 career victories, tying him for the most of

all time by any Lute Men's Soccer coach. Coach Yorke wasn't concerned with himself, though, he was just glad to see his team get the win.

"It was a good win today against a solid team," Coach Yorke said. "Scoring two in the first half allowed us to conserve some legs in the second half and get a lot of players into the game."

The team would need all of the fresh legs they could get for their next opponent, but even with that, the game did not go according to plan.

Just after Sunday's match against Whitworth got underway, the opposing Pirates caught the Lutes off guard with a surprise attack and scored in the third minute to take the lead 1-0.

While the Lutes had plenty of leftover energy to attempt a comeback, they would ultimately never score, taking the 1-0 loss back home.

Once again, though, Coach Yorke wasn't upset by the loss. "Whitworth is a very good team and we played very well against them," Coach Yorke said. "I am really happy with our guys and their efforts this weekend."

Catch more men's soccer Oct. 3 and Oct. 4 taking on George Fox and Willamette at the home field.



PHOTO BY BAILEY PLUMB, COURTESY OF GOLUTES.COM

Sophomore Eddie Na (9)

2015 Golf teams kick it up a notch

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This could be the year for Pacific Lutheran University golf, both the men's and women's teams.

This weekend, the Men's Golf team brought home their first tournament title of the year from the PLU Invitational at The Home Course in DuPont. Not only did the men bring home the tournament title, first-year player Kyle Drugge took the individual title.

To win the team title, the men's team had to beat out Willamette, and after the 18th hole, the two teams were tied.

The teams competed in a one-hole playoff to determine a winner. With two pars, one by senior Justin Lee and the other by Junior Drugge, and two birdies, one by senior Sevryn Modahl and the other by sophomore Mitch Baldrige, PLU took the title.

"It was a great win," senior Justin Lee said. "I'm really proud of the team; everyone contributed to the win."



PHOTO COURTESY OF MEN'S GOLF
From left to right: Head Coach Kris Swanson, Ryan Sturdivan, Ryan Fenton, Sevryn Modahl, Kevin McCrossin, Kyle Drugge, Justin Lee, Mitch Baldrige, Thomas Huddleston, Zach Martinson, Ryan Hallquist and Auston Hillikin.

Drugge brought home the individual title with a total 2-day score of 143 (71, 72) on the par-72 course. This was Drugge's first college title.

"My main focus was to just have fun playing a game I've always loved," Drugge said. "After the first round I knew I had a great opportunity to win individually, but

I really just wanted to help the team bring home the trophy. It was a total team effort and I'm extremely proud of the way our team competed."

With a solid start to their nontraditional season, the Lutes travel to eastern Washington next weekend for the Whitworth invitational before finishing

their nontraditional season at the Northwest Conference Fall Classic Oct. 10-11.

After a first place victory last weekend and a third place title this weekend, the Women's Golf team is on fire.

Last weekend, the Lutes brought home their first tournament win in 10 years. Leading Lute Desirae Haselwood said the Lutes have been practicing and it's been paying off. This year, Haselwood is excited to see how the team grows and improves.

This weekend, with a total score of 669 on the par-72 course, the Lutes brought home third place at the Whitman Invitational behind Whitman (626) and Whitworth (650). The team also had two outstanding players, both finishing in the top 10.

Haselwood brought home her second top-five finish, tying for fourth with a total score of 158. Behind her, Kadyn Coltom tied for eighth with 169.

To finish the nontraditional season, the Lady Lutes will compete in the Northwest Fall classic in Oregon Oct. 10-11.

For play by play on the teams' tournaments, visit golutes.com.

Looking forward with PLU Volleyball



PHOTOS BY MCKENNA MORIN
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In the past three years, the Pacific Lutheran University Women's Volleyball team has won the Northwest Conference and advanced to the NCAA Division III tournament.

Kevin Aoki, the head volleyball coach, has led the team to nine NWC championships in the last 16 years. In preseason, it seemed like coaches throughout the league felt the team may have lost a step after Whitworth was named the favorite to win the conference.

In preseason, coaches across the conference voted Whitworth as the dominant team of the year and voted down

PLU. After their first weekend of conference play, the team was swept by Whitworth, losing 0-3.

The next day, they bounced back to beat Whitman 3-0. The Lutes play was inconsistent causing the large discrepancy in play between the two matches. Outside hitter, junior Cara Gillespie shares insight into what is needed to make sure the Lutes are on their game all the time.

"We have an overwhelming amount of young talent this season," Gillespie said. "I think the key to our success will come down to can we play well consistently together."

The senior captains, Lucy Capron and Kacey Hartman along with senior libero Kylai Cooley are this year's team leaders. According to Cooley, the senior leadership stresses young talented players, like first-years, Kendle Valade-Nunez and Chloe Epker, take on larger leadership roles within the team.

"It has been amazing to see how well our first-year students are transitioning into their roles," Cooley said. "Their excitement and passion for the game, on top of their talent, is a key factor in our team chemistry this year."

It's a different mix of players this year for the Lutes. After losing key seniors like Amy Wooten, Samantha North and Amber Aguilar, the Lutes had to make adjustments. The end result was many talented first-years mixed with talented upperclassmen.

With their 7-4 record, the chemistry hasn't clicked perfectly. However, it is only a matter of time before we see the team back on track, consistently winning games with both the first-years and veterans at the helm of their well-oiled squad.

Look to keep up with weekly scores on how the Lutes are doing in conference play. Their next game is Oct. 2 at Willamette at 7 p.m.



Senior Kacey Hartman (9) takes a point for PLU and celebrates with the team.



Sophomore Gabrielle Alley hits a serve.



THE LUTES SET LIST

Football:

vs Trinity, Lost 23-13

Women's Soccer:

vs George Fox, Won 1-0

Up Next: at Pacific at 1 p.m. Oct. 3

Up Next: at Whitman at 12 p.m. Oct 3

Men's Soccer:

vs Whitman, Won 2-0
vs Whitworth, Lost 1-0

Volleyball:

vs Lewis & Clark, Lost 3-1
vs. Pacific, Won 3-1

Up Next: vs Linfield at 2:30 p.m. Oct. 3

Up Next: at Willamette at 7 p.m. Oct. 2

NORTHWEST CONFERENCE STANDINGS

Football

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Linfield	2	0	0	0-0	Won 2
Whitworth	3	0	0	0-0	Won 3
Pacific	2	1	0	0-0	Won 2
George Fox	2	1	0	0-0	Won 2
Puget Sound	1	1	0	0-0	Lost 1
Lewis & Clark	0	2	0	0-0	Lost 2
Lutes	0	2	0	0-0	Lost 2
Willamette	0	2	0	0-0	Lost 2

Women's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Whitworth	3	4	1	3-1	Won 1
Puget Sound	1	0	3	1-0-2	Tied 2
Linfield	2	1	1	2-1-1	Won 1
Lutes	6	1	1	2-1-1	Won 2
George Fox	3	4	2	1-3-1	Tied 2
Whitman	1	7	1	1-3-1	Tied 2
Willamette	3	4	1	3-1	Won 2
Pacific	1	7	1	1-3-1	Won 1
Lewis & Clark	6	2	0	2-2	Won 2



Volleyball

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Whitworth	10	3	0	4-0	Won 4
Willamette	8	4	0	4-0	Won 4
Lewis & Clark	7	4	0	4-0	Won 4
Lutes	8	5	0	2-2	Won 1
Puget Sound	5	7	0	2-2	Lost 1
Linfield	4	9	0	1-3	Lost 2
George Fox	4	7	0	1-3	Lost 1
Whitman	2	8	0	0-4	Lost 7
Pacific	2	9	0	0-4	Won 2

Men's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Whitworth	8	0	0	4-0	Won 7
Lutes	5	3	0	3-1	Won 3
Puget Sound	5	4	0	3-1	Lost 1
Linfield	6	4	0	2-2	Lost 1
Whitman	1	6	0	1-3	Lost 2
George Fox	4	6	0	1-3	Lost 2
Pacific	3	6	0	1-3	Lost 1
Willamette	2	6	1	1-3	Lost 1