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Dance Ensemble features
"stunning talent"
PAGE 7



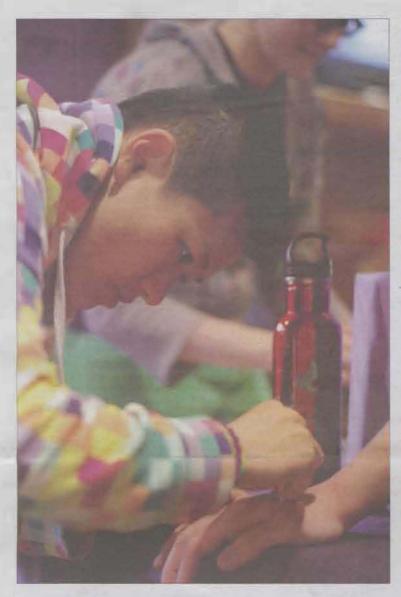
THE MOORING MAST

APRIL 26, 2013

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VOLUME 89 NO. 19

Poor turnout marks PLU's Pride Week







PHOTOS BY BEN QUINN

LEFT: First-year Ella Anderson paints a student's band at the Pride parade on April 19, The parade was one of many events marking the week of April 15 as Pride Week. TOP RIGHT: Senior Rachel Miller paints a rainbow on senior Torbild Skillingstad's face for the Pride parade.

By STEPHANIE BECKMAN News Writer

Every Pride event that celebrates the Lesbian Gay Bisexual Transgender Queer (LGBTQ) community, no matter the size, always has the same goals: visibility, fun and awareness.

From the Seattle Pride events hosted by Seattle Out and Proud — whose mission, according to their website, is to "create

unity, honor diversity, and achieve equal human rights t roughout our region and the world" — to Pacific Lutheran University's Queer Ally Student Union (QASU), t e goals are the same.

Sophomore Nellie Moran, co-commissioner of QASU, said, "that's what our movement and our kind of goal is. To bring awareness to that and help people understand that that's something that needs to happen."

This year's Pride events began on April

15 at PLU with ShOUT!, an event where LGBTQ students and allies could share their coming out stories.

The event was in an intimate setting in the Cave where all of the chairs were in a circle and anyone could share t eir story at any time. The stories trickled by at first, but eventually everyone was sharing at one point or another.

"I always really like it because you get to hear people's stories," senior Rachel Miller, QASU's secretary, said. "They don't always get a chance to share, and you hear

Foss Field to be creative and add some

color to their white clothes, promoted

some interesting perspectives."

Not all of the events were strictly for advocacy. The tie-dye event t e following day, w ich brought together students on

community building, Moran said. The fun continued on April 18 with t e first ever Pride parade held at PLU.

PRIDE CONTINUED PAGE 3

WHAT'S INSIDE Arts & Entertainment Local organ builder Paul Fritts is Parkland's "best-kept secret" page 7 News Native American guest speakers protest construction of coal-export port in fishing waters page 4 Features An investigation of PLU's sexual assault policies pages 8-9

Abstinence debate gets down and dirty

By STEPHANIE BECKMAN News Writer

To wait or not to wait, that is the question. At least that's the question Wednesday's event "Building Relationships in a Sexual Culture" tackled.

Christian clubs Ignite and For the King decided that it was time for a refresher course on abstinence education and asked public speaker Brad Henning to give a talk at Pacific Lutheran University about living abstinently until marriage.

Amelia Klein, c o m m u n i c a t i o n coordinator for Ignite, said "a lot of the events on campus like Sex Positive that talk about sex and relationships weren't very relevant to students that were choosing to not be sexually active at t is time."

The Facebook event she created for Brad Henning brought out a debate within a day after being posted, and by Tuesday there was another event page dedicated to protesting Henning,

"What he has to say about gender roles,

about a victim's role in rape or about gays or any of that — that's all conventional wisdom," said junior Kameron Jacobs, who was vocal on the event's Facebook page. "Ther 's no empirical evidence."

Jacobs is also a volunteer on LuteFit and was part of the discussion to sponsor the event. LuteFit considered all of Brad Henning's background.

Henning is not approved to speak at any Seattle Public Schools about sexual education because he violates the Healthy Youth Act which requires all sex

education programs to have accurate information, include a diverse array of sexual orientations and include both abstinence and birth control information, a fact that Matt Munson, director of health and counseling centers, confirmed.

Senior Samuel E gle disagreed with the claim of Sex Positive as being anti-abstinence. "Sex Positive events, they don't say that you should be sexual

HENNING CONTINUED PAGE 2

WEATHER FORECAST

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Students rock and roll at Fordal games

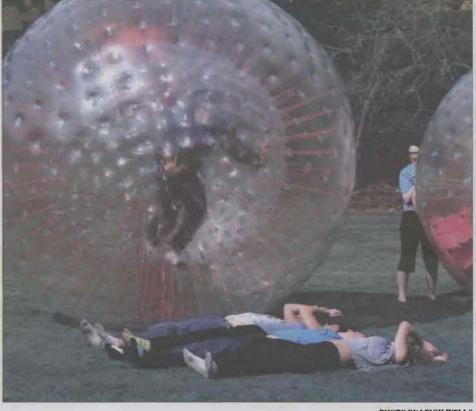


PHOTO BY LEIGH WELLS

Students enjoy the giant "hamster balls" at Foss and Ordal's annual all-hall event, the Fordal Games on Saturday afternoon. This year's games also featured volleyball, music, snacks and henna tattoos.

HENNING FROM PAGE 1

or 'oh you're in college, you should be participating in hookup culture," Eagle said. "They don't say anything like that. They just say that you shouldn't feel bad if you do."

Tension was palpable immediately in the Regency Room. Campus Safety was present and there was a mandatory sign in to get into the room. Members of the protest against Henning were placing condoms on the chairs that had messages on them such as "INCLUSION is sexy and healthy!" and "Sex EDUCATION is sexy and healthy!" At 8 p.m. a mass of students flooded into the already packed room leaving standing room only.

room leaving standing room only.

Henning began his two hours of speaking by establishing the differences between men and women. He said that most men and women were exact opposites of each other, claiming men are impersonal, goal-oriented, verbal communicators and cherish freedom, and that women are personal, detail-oriented, communicate through feelings and prefer security.

Henning stressed how women should dress modestly in order to keep the "good guys" interested and keep women from appearing "easy." Some students clapped and laughed at his jokes while those who disagreed shouted from the back of the room. Henning barely acknowledged the interruptions and quickly moved on.

Halfway through the speech Henning called for a one-minute break. Many students who were protesting took this opportunity to leave and start their own debriefing and discussion group outside of the door, speaking about how they felt oppressed in the event because they were listening to Henning say offensive things about women and the queer community without giving any way for people to respond with an open Q-and-A.

The second half of Henning's speech focused completely on love. Instead of a feeling or an emotion, Henning said, "love is choosing the highest good for the other person." He connected love back into abstinence by explaining that sex can

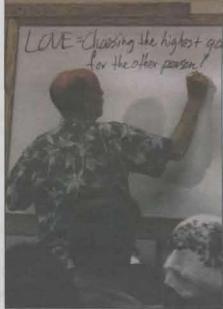


PHOTO BY BEN QUE

Guest speaker Brad Heming writes down main points from his presentation to a crowded AUC Regency Room Wednesday evening.

become the center of a relationship and can overpower the emotional, mental,

spiritual and social aspects.

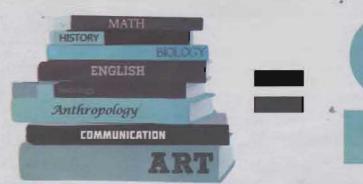
By the end of the presentation, the sides of the debate had completely split. The discussion outside of the room was continuing, and some people were privately approaching Henning for more information. The tension in the room had only migrated and in some ways increased the divide afterwards.

"I'm very happy that someone is actually willing to go to places and stand up for those values that he believes in and teach[es] people," sophomore Thomas Kim said. He said he felt "some disappointment about the respectfulness from the audience as well. It's not like certain individuals go to the Sex Positive events and yell out."

By around midnight, both the crowds in the Regency Room and outside had dispersed. Some people talked about continuing the discussions, but no firm plans were made.

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Students fight cancer one step at a time at Relay for Life

By RELAND TUOMI

Throughout this week, people walking through Red Square have probably seen the little flags and banners lining the walkways. These purple pennants are not just for decoration, but to also remind everyone of one simple thing: cancer sucks.

"Everybody at one point in their lives has been affected by cancer," junior Kina Ackerman, a member of the swim team's

relay team, said.

Relay for Life is an organized fundraising event to raise money for cancer research. The event began in 1985 in Tacoma, Wash. when Gordy Klatt raised \$27,000 for the American Cancer Society by walking and running on a track for 24 hours.

According to the National Cancer Institute, approximately 8 million Americans

alive today have had a history of cancer. With this staggering statistic, most people know someone who has been affected by cancer, directly or indirectly. Many of the participants in Relay are walking or running

"My grandfather died in 2005 of lung cancer," senior Michael Brasgalla, a swim team relay member, said. "That has made a

big impact on me."

Rachel Samardich, a junior, is also participating for friends and family members. "My mother was diagnosed with breast cancer in my junior year of high school," Samardich said.

Relay for Life is not just an event for those who have lost someone personally, but also for those who want to show their support in the fight against cancer.

"I am able to walk," Samardich said. "And there are so many people who are confined to beds. I'm physically able to, so I should."
PLU usually holds their Relay for Life

event at the track on lower campus, but this year it will be held on upper campus around Red Square.

"We wanted to get Relay for Life back to the heart of campus," junior Johanna Mueller, chair of the Relay for Life committee, said. "A smaller track will also keep people more together."

When asked about the expected number of attendees, Mueller shook her head and said, "we are trying to get away from number of people and focus on awareness," Mueller said. "We want people with cancer to know they have our support."

Relay for Life will begin tonight at 6 p.m. in Red Square and will go on until tomorrow

'Come out if you can," Samardich said. "Get out and walk."

PRIDE FROM PAGE 1

This parade did not resemble a normal parade, because it took the form of tabling in the Anderson University Center (AUC). QASU covered their table in the AUC with pride flags, Skittles and Starbursts. At one end sat some bright body paint that soon covered the faces, hands and arms of anyone who wanted it.

Most of the people who stopped by the table only said "hello," but some also wrote what they were proud of on a sheet of purple butcher paper. Moran said QASU decided

to wait on performing a more traditional parade due to limited volunteer availability. "This year

we're just going to kind of be crazy in the UC [AUC] and not actually parade around," she

The week ended with the national Day of Silence and Night of Noise. Day of Silence asks participants to remain silent in a symbolic representation of the silencing that many in the LGBTQ community endure.

This year, QASU kept Day of Silence as more of a personal commitment and didn't have the usual volunteers in Red Square or outside the AUC to encourage student participation, as there were not enough volunteers to

Night of Noise is the ending celebration that symbolizes finding one's voice. Despite the limited attendance, participants played games such as musical chairs, ninja tag and Twister in the Chris Knutzen Hall.

Junior Lucas Kulhanek, cocommissioner of QASU, said it was his favorite event. "I really enjoyed Night of Noise tonight, because we had a lot of engaging activities with other students and students who had not met before," Kulhanek said.

The second annual Queer Prom will be the last public event that QASU will have before the end of the academic year. PLU will host the prom, ensuring an LGBTQ safe and welcoming environment, for students aged 14-24 from the Oasis Youth Center and The Rainbow Center of Tacoma on May 18.



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What to do at PLU

Ongoing

Relay for Life. An event by the American Cancer Society that raises money to fight cancer and raise awareness of cancer in our community. Friday 6 p.m. - Saturday noon.

Friday

Department of Languages & Literatures French film screening: "The Kid with the Bike." Ingram 100. 5 p.m.

Saturday

Annual Norwegian Heritage Festival. Scandinavian Cultural Center. 8 a.m. - 5 p.m.

Dance 2013. Annual spring performance showcasing the versatility and artistry of student performance and talent in various dance genres. 7:30 - 9:30 p.m.

Sunday

Richard D. Moe Organ Recital Series: Catherine Rodlund, guest organist. Free Catherine to PLU community and 18 and under. Lagerquist Concert Hall, 3 - 4:30 p.m.

Kinder to College to bring Kentbased kindergarteners to campus

By TAYLOR LUNKA News Writer

Don't be surprised if 5-year-olds with lunch boxes are on campus next week.

At least kindergarteners and 35 parents, faculty and staff will be on campus this Tuesday from an elementary school in Kent.

As part of the Kinder to College program, 900 kindergarteners and 200 parents state-wide will visit colleges in the Puget Sound region such as University of Washington, Seattle Pacific University, Bellevue College and Green River Community College.

Lutheran Pacific University is one of the eight colleges participating in the program, getting a visit from local elementary school children.

Kinder to College is a program that encourages kindergarteners from the Kent School District to go to college and pursue their dreams from a young age.

The Kent School District is one of the most diverse districts in the Pacific Northwest. They have students from over 100

"We want students to realize at the earliest grades that higher education is a real possibility."

> **Edward Lee Vargas** Kent school district superintendent

different countries.

"We want students to realize at the earliest grades that higher education is a real possibility and the goal of their time spent in Kent School District," said Kent Superintendent Edward Lee Vargas. "We want to plant that seed early and help our students grow that possibility into reality."

While these kindergarteners are on campus, they will have a variety of activities planned throughout the day. During the day, kindergarteners will get a campus tour, have lunch and engage in a learning activity, which will connect to Science, Technology, Engineering or Mathematics (STEM) related fields.

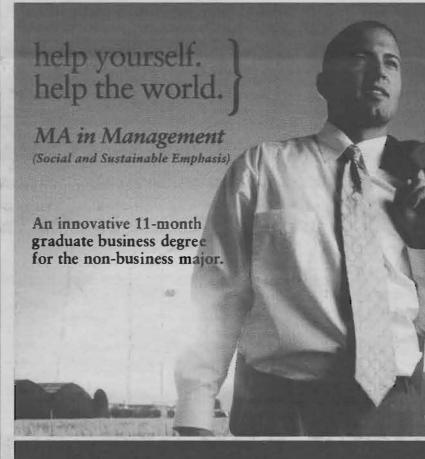
The college visits are paid for by grants and

donations from local and national businesses that, according to The Kent Reporter, recognize the importance of giving these students an opportunity to see what their futures could look like

kindergarten student will receive a T-shirt to show they participated in the Kinder to College event and will be graduating in 2024.

The goal of the program is to create lasting partnerships with local colleges, increase parent or guardian participation to promote college bound attitudes at home and to expose children to STEM related fields.

For those who see these kindergarteners walking around campus, make sure to tell them hello. They may be the future of the Lute legacy.



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A history of gay rights at PLU

By RELAND TUOMI News Writer

In the early 1990s, the CD-ROM drive became standard in most operating systems, the threat of Y2K was a blip on the horizon, "Forest Gump" won Best Picture and Loren Anderson became Pacific Lutheran University's president.

Jump forward two decades. On Dec. 6, 2012, voters made same-sex marriage legal in Washington state, and just a few days after this historical event, more than 600 same-sex marriage licenses were issued.

But before this, the U.S. was struggling through a time of trial and acceptance about Lesbian Gay Bisexual Transgender Queer (LGBTQ) rights, and PLU was going through it as well.

According to the book "Celebrating 20 Years Together," the campus pastor, Susan Briehl, started organizing a supportive group called Crossroads for gay and lesbian students in the early 1990s. These students could visit Briehl in private a d discuss their sexuality through Crossroads.

This is detailed in history professor Beth Kraig's contribution to the book, a chapter entitled, "Difficult but Necessary: Challenging Homophobia at PLU."

Kraig's chapter goes on to discuss how both she and English Professor Thomas Campbell came out in 1993, and describes the process as "illuminating, uplifting, infuriating and amusing."

Kraig and Campbell received positive responses from their coworkers and students, especially those who were eager to make PLU an accepting and welcoming place for the LGBTQ community.

However, they were also met with negativity, Kraig said, ranging from "death threats that I received, to verbal abuse directed at openly queer students." One of the most unforgettable occurrences of homophobia was the phrase "God Hates Fgots" graffitied on the first floor windows of the Hauge Administration Building.

In late 1997, PLU formed the University Diversity Committee, and it decided to include LGBTQ people in PLU's definition of diversity beginning in the fall of 2001. This open acceptance led PLU to join four percent of the nation's colleges in creating policies that "treat unmarried partners of employees exactly as it treats legal spouses of employees," according to Kraig's chapter.

"My partner and I have been together for over 30 years, and we will not get a [marriage] license," Kraig said. "But PLU would treat us as it treats a couple with a license, in terms of benefits."

More recently, Diane Harney, associate professor of communication, married her partner, Susan Dye, on Jan. 12.

"It always felt like marriage," Harney said, describing her 26-year relationship with Dye. "The fact that we could [get married] is the reason why we got married."

Harney went on to say she and Dye always saw marriage as a legal entity, but when they got married it felt different. "I can't describe [the difference], but it felt good," Harney said.

When asked if she felt confident in telling her colleagues, she said everyone already knew, and there were no surprises about it.

"We didn't need to make a big deal because they knew," Harney said. "Most of



PHOTO COURTSEY OF MANE HARNE

APRIL 26, 2013

Diane Harney, associate professor of communication, embraces Susan Dye, her partner of 26 years and her wife as of Jan 19

the communication department was at the wedding"

Harney said she does not feel she or Dye will be facing any more challenges than they did before they were married, because they had already completed all the legal documents they could without being married, including inheritance rights and power of attorney.

"We worked hard for equal rights, and we wanted to take advantage of it if it was made available," Harney said. "Marriage is a commitment based on love, and we've had that for 26 years."

Native Americans fight to protect sacred burial grounds

By VALERY JORGENSEN
News Writer

An evening of stories and history from two members of the Lummi tribe taught students why a treaty is so important to the Lummi people.

The speakers visit for the Sacred Sites and Coal Mounds event on Monday night, presenting in the Chris Knutzen Hall of the Anderson University Center.

A proposal for 1,000 foot long ships, equivalent to three football fields in length, to travel through a 10-mile wide path is being pushed into effect.

This path cuts through the fishing grounds of the Lummi tribe, which is located in the San Juan Islands near Bellingham, Wash. and Canada. It would also displace the Lummi's sacred burial grounds, some of which contain human remains up to 3,000 years old.

A so-called 'enemies list,' or people supporting the proposal, includes Pacific International Terminals, SSA Marine, Carrix, Goldman Sachs, Berkshire Hathaway, Burlington Northern and Peabody Coal.

This area is also filled with salmon and humpback whales and the Lummi, being fishermen by trade, rely on these sea



PHOTO COURTESY OF ETHAN MANTHEY

Jay Julius, one of the guest speakers, said.

and their way of life. His grandfather

taught his father, his father taught him and

said. Julius told the audience this because

he said he didn't know what listeners'

perceptions of Native Americans were.

really connected me to what they are going

through, as opposed to just the science of

the matter," sophomore Katie Patton said.

treaty means so much to the Lummi, the

speakers gave them a history lesson, on

when the Lummi and the U.S. government

1900, when his great-grandmother had

paddled out to Orcas Island where many of

Julius then continued with a story from

signed the treaty in 1885.

"I'm just a normal person," Julius said.

now he is teaching his children.

He said fishing is the Lummi's culture

"I'm a believer. I'm a fisherman," Julius

"Hearing them talk on a personal level

For the listeners to understand why the

Senior Ethan Manthey, president of GREAN club, poses with members of the Lummi tribe after the event "Sacred Sites and Coal Mounds" on Monday evening. Left to Right: Kurt Russo, executive director of the Native American Land Conservancy and employee of the Lummi tribe; Manthey; Jay Julius, Lummi fisherman and councilman of the Lummi Indian Business Council; Jewell James, Lummi master artist and internationally renowned indigenous and environmental rights activist.

animals to support themselves. Ships from these companies going through this area may cause them to leave, taking away the Lummi's livelihood.

The Lummi are also going to lose the ability to longline fish — when a fisherman has baited hooks at different intervals along the line. These lines will get caught in the massive ships making their way through the passages. The massive ships may also pull up Lummi crab pots left in the water.

"The water is sacred for many reasons,"

the Lummi had buried their deceased tribe members. When a new development threatened

When a new development threatened the human remains, Lummi members dug the bodies up late at night and reburie them in a different place where they thought their ancestors would be able to rest safely.

The proposed port, however, will force the Lummi to move their ancestors' sacred remains once more - if the tribe members are even given the opportunity to move them before the land is bulldozed over.

Julius also explained the Boldt Decision, legislation that supports the treaty, giving Washington state tribes the right to fish. "Fish is our culture, and our culture is fish," Julius said. "It is who we are and it is where my people practiced our culture."

Julius said he and Jewell James, the other representative of the Lummi tribe, didn't tell the challenging history to "seek sympathy" but rather, to "paint a picture so you can ee how this is sacred to us."

so you can ee how this is sacred to us."
"It is our Jerusalem, our sacred grounds," Julius said.

To save the Lummi la d, Julius said people need to be made aware of the situation. "Showing up counts. Showing up opens doors. Hopefully these doors will not close soon," Julius said.

Julius said students can help spread the word and "stand up and awaken campuses," by educating themselves and making a good, sound decision.

Sophomore Gavin Miller said he came to the event to "learn about a local issue that directly impacts the environment of the Pacific Northwest."

Patton said she is "excited to see what happens with this situation in the future."

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SCHOOL OF BUSINESS AND ECONOMICS "Fish is our culture, and our culture is fish...It is who we are and it is where my people practiced our culture."

Jay Julius
councilman of the Lummi Indian Business Council

Fall Out Boy 'saves rock and roll'

By AMELIA HEATH
Guest Writer

After a three-year hiatus, legendary pop-punk band Fall Out Boy (FOB) released their sixth album on April 16.

If, like me, you grew up on lead vocalist Patrick Stump's wailing vocals and lost your heart to Pete Wentz's bass lines and tattoos, "Save Rock And Roll" is an album long overdue and well worth the wait. Here are five songs you don't want to miss.

1. "The Phoenix"

"Save Rock And Roll's" opening track gave me shivers from the first chord struck. The song reads as an anthem of revolution as Stump promises listeners, "I'm gonna change you like a remix/Then I'll raise you like a phoenix."

Between FOB's signature guitar riffs and aggressive strings, the song is enough to get adrenaline pumping through your veins and make you "put on your war paint."

2. "My Songs Know What You Did In The Dark (Light Em Up)"



FOB announced their reunion on Feb. 4 with the release of this

song and its music video. The tone of the track is reminiscent of the band's now decade-old album "Take This To Your Grave" — simultaneously upbeat and

angry.
"My Songs" was ranked as iTunes's number 10 track at the time of this review and peaked at number 26 on the U.S. Billboard Hot 100. For how much fans apparently love this song, the rest of the album is even more of a treat.

5. "Just One Yesterday Ft. FOXES"



From the first time I played this song, I had a feeling it would be my favorite on the album.

Stump's luscious vocals melt over a heavy bass line to create a heartrending tale of remorse and revenge — the phrase "I want to teach you a lesson in the worst kind of way/Still I'd trade all my tomorrows in for just one yesterday" will be resonating in my head for days to come.

The inclusion of British pop sensation Foxes hits the sweet spot: a pinch of backup vocals plus a delicious handful of melody to break from the pulsing beat of the song equals a satisfied listener.

9. "Young Volcanoes"

The acoustic feel in this track's verses came as a pleasant surprise. A sense of rebellion against the conventional remains with lyrics like "Tonight/The foxes hunt the hounds."

It's another sweet summer track reminiscent of wild nights that will induce a headache the next morning.

11. "Save Rock and Roll Ft. Elton John"



That's right. Elton John.

Sir Elton's voice mixes surprisingly well with Stump's on the album's title track. "Save Rock And Roll" closes the album with a ballad-style response to "The Phoenix."

In the style of other bands under the Decaydance label and previous albums, remnants of older songs from previous albums bring a sense of nostalgia to longtime fans.

"Save Rock And Roll" brings the album to a solid close and, I imagine, will bring fans together beautifully if it's performed live. For the full album review, visit The Mooring Mast online

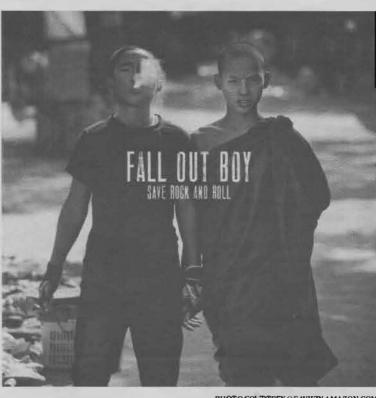


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RETURNS ON THE BIG SCREEN

By KELSEY MEJLAENDER Copy Editor

Sometimes a TV show comes along that redefines the definition of qualit entertainment, but the network gods still banish the show from television screens.

Highly sensitive to ratings, networks seem to enjoy crushing shows that have a smaller, but extremely avid group of fans. Far too often, shows are canceled in the middle of their stories, and the audience is not given any

resolution.

To rectify this situation, many producers have managed to film movies to tie up the loose ends: think "Serenity," which wrapped up Joss Whedon's — "The Avengers" director — one-season show "Firefly."

In the case of the three-season show "Veronica Mars," that promise for a movie has taken

eronica MARS

PROTOCOURTEST OF WWW, EMDB.COM

six years, the financial support of fans and many broken records.

The show, which ran from 2004-07, follows title character Veronica from her junior year of high school through her first year of college. A teen with a former sheriff turned private investigator (P.I.) father, Veronica is practically a P.I. herself.

In each episode she solves a mystery for someone, usually a fellow student, in exchange for money she adds to her college fund.

Each season also has longer mystery arcs, the first focusing on the mystery of who killed Veronic's best friendLily Kane, played by Amanda Seyfried.

Veronica, brilliantly portrayed by Kristen Bell, is a hilarious and clever character with a fresh supply of witty insults and Smart Alec responses to every situation she encounters.

The show began on UPN, and concluded its final season on UPN's successor, the CW. Every episode can be viewed online for free via the WB's website — though seasons one and three are only alternately available.

Bell and show runner Rob Thomas had long campaigned for a movie to complete the story, but in the end, success lay with the fans themselves. Thomas turned to Kickstarter, a website that sets up a funding platform for people's creative projects.

In the one-month fundraising window from March 13 to April 12, "The 'Veronica Mars' Movie Project" swiftly broke a handful of the website's records, including fastest project to reach \$2 million and the highest-funded film project at more than \$5.7 million. Their original goal was \$2 million.

Backers will receive prizes based on how much they donated. These range from t-shirts to copies of the DVD once the movie is made, to personalized greetings from the stars of the movie.

The movie's plotline will take place about 10 years after the completion of the events of season three. Thomas said it will be made accessible to new fans who haven't seen the series.

The story is subject to change, but so far it sounds like Veronica will be returning home for both her 10-year high school reunion and to help solve another mystery.

Her former flame — the rich, bad boy Logan Echolls — is accused of murdering his pop star girlfriend and asks for Veronica's help clearing his name

Fans of the popular couple — LoVe — can rejoice, as this favored pairing will probably find old feelings resurface.

Logan, portrayed by Jason Dohring, will not be the only old character from the show to feature in the movie.

Veronica's father, Keith, her best friends Wallace Fennell and Cindy "Mac" Mackenzie, plus sometime-friend Eli "Weevil" Nevarro will all appear in the movie.

This film might not even be the last fans see of the spunky Veronica. Thomas has suggested the movie may end open to further sequels or a Netflix series.

The "Veronica Mars" movie begins shooting this summer, and the release date is set for early 2014.

Banned Books:

Controversial subject matter is an opportunity to openly discuss issues

By RACHEL DIEBEL ASE Writer

Part of being a parent, apart from the soccer practices and doctor's appointments, is deciding what you want your child to be exposed to as far as books, movies and TV are concerned.

This is part of the reason why, every year, hundreds of challenges are lodged with the American Library Association (ALA) from libraries or schools who have had anxious citizens, mostly parents, express concern about certain books being available.

The ALA's website describes a challenge as "a formal, written complaint filed with a library or school requesting that a book or other material be restricted or removed because of its content or appropriateness."

According to an http://ala.org press release last Friday, 2012 saw a rise in the number of challenges to 464, up from 326 in 2011. The list of the most challenged books of 2012 includes everything from the predictable, such as E.L. James' "Fifty Shades of Grey" to the inexplicable, such as Dav Pilkey's popular series "Captain Underpants."

Several young adult books also made the list this year. John Green, author of "he Fault in Our Stars," which has been blowing up the New York Times bestseller list for the past year, has a novel on the list called "Looking for Alaska." "Thirteen Reasons Why," by Jay Asher and "The Absolutely True Diary of a Part-Time Indian" by Sherman Alexie, both wildly popular YA lit, also made this year's list.

These books received challenges for a number of reasons. Sexual situations. Crude language. Drinking, smoking

and drug use. It's true that the maturity level of these novels is high. But young adults can handle it. More than that, they need to read these books.

Green's novel is an in-depth look at what it feels like to be in high school, and it isn't always PG-13. "Looking for Alaska's" one sexual scene is considerably less graphic than your typical episode of "Game of Thrones," and the novel's deeper ideas about identity and loss are more central to the plot.

Alexie's novel has also been criticized for its heavy themes. The protagonist of "The Absolutely True Diary of a Part-Time Indian" lives on a reservation where alcoholism, suicide and poverty are major problems.

Young adults reading the novel could gain some perspective on how life is for those less fortunate.

The most frustrating on the list

The most frustrating on the list is "Thirteen Reasons Why." It is a novel about suicide, detailing the terrible events that led up to a young girl taking her own life and the chaos she left behind. It leaves the reader shaken, but more informed than they were before.

Banning this book is not only unnecessary, but also potentially dangerous. Many teens have claimed that they were on the brink of suicide when someone handed them "Thirteen Reasons Why," and it changed their minds.

Authors, especially young adult authors, should not be punished for portraying the world the way it really is. Instead of denying their children access to books that deal with darker themes, parents should use them as a gateway to have a conversation with their child about these issues. You never know when a book might save someone's life.

Mu Phi Epsilon concert lets students shine

By KELLI BRELAND
ASE Writer

"So cozy, calm and peaceful, heaven for a mouse like me, with quiet by the lease full" senior Erin White sang during her performance of Jeanine Tesori and Dick Scanlan's song "The Girl in 14G."

She performed the song as part of Pacific Lutheran University's Mu Phi Epsilon concert on Sunday in Lagerquist Concert Hall.

White, like seven other music students at Pacific Lutheran University, is part of Mu Phi Epsilon, a professional music fraternity.

The organization's mission is to "promote musicianship and appreciation of music through service to music and through community involvement," sophomore Kristin McCarthy, Mu Phi Epsilon's treasurer, said.

McCarthy said Mu Phi Epsilon holds meeti gs to plan events, both for the PLU community and the Tacoma community.

Mu Phi Epsilon organizes everything from concerts in Lagerquist to performances in retirement homes.

"It gave me a real feeling of belonging within the music department." McCarthy said. "I'm just really glad for a chance to give back and plan these events."

Senior Stephanie Bivins, who

has served as Mu Phi Epsilon's secretary for the past two years, said a particular performance at a local retirement home stands out to her above the rest.

"There was this little old woman sitting in the front row, and as soon as I finished singing she leans over to her friend and goes 'she was really good' like, out loud, and everyone could hear her," Bivins said. "It was really cool because I knew then that my music had had some sort of an impact on her."

Junior Nicole Laborte, Mu Phi Epsilon's historian, also said she found the retireme t home performances to be both impactful and rewarding experiences.

"I think it is really important to share the joys of music with the community, especially amongst people who might not have the means to come watch a concert in Lagerquist," Laborte said.

The performance aspect of Mu Phi Epsilon is just one of many aspects that draws members to the organization.

Through a shared love of music, the members said they have also gained cherished friendships.

"Through Mu Phi I've made a lot of lasting friendships with people who I otherwise would never have met," Bivins said.

The Mu Phi Epsilon members are all involved in the music department, but within the group

there is a diversity of majors and class standings.

McCarthy said she first became involved with Mu Phi Epsilon as a first year and enjoyed meeting the older music students she would not have met without the organization.

While the group is part of the international Mu Phi Epsilon fraternity, they are also a part of the local PLU chapter, Mu Phi Epsilon Sigma. The organization recently received donations from an alum of the PLU Sigma chapter.

The Mu Phi Epsilon board plans to use the funds toward scholarships to lower membership fees, Bivins said, and to send a representative of the Sigma chapter to the 2014 national convention in Los Angeles next summer.

Mu Phi Epsilon is always looking for new members and hopes to expand in the future.



VIDEO COMPONENT ONLINE



PHOTO BY BEAU SMITH

Mu Phi Epsilon member Erin White, a senior, sings "The Girl in 14G" at the Mu Phi Epsilon Sigma and Friends concert on Sunday. Mu Phi Epsilon is a music fraternity that offers scholarships, philanthropic opportunities and networking for student and professional musicians. The Pacific Lutheran University chapter is deeply involved with playing music for retirement communities, with other charitable work.

Dance Ensemble brings joy to students young and old

Dance 2013 returns with new dances, rehearses for elementary school students





Dancers perform in one of their final dress rehearsals before their first performance of Dance 2013, tonight, April 26, at 7:30 p.m. The dances are student choreographed under the guidance of the director of Dance 2013, Maureen McGill, The ensemble is an annual tradition showcasing the hard work and talent of student dancers and dance organizations on campus.

By KELLI BRELAND ASE Writer

With incredible choreography, stunning talent and an unparalleled sense of fun and diversity, Dance 2013 is just around the corner.

The annual Pacific Lutheran University Dance Ensemble is one of the most highly anticipated events of the year. More than 50 students from the PLU dance team will be performing in the production as well as the Lute Nation step team.

Dance 2013 will be a showcase event, featuring 15 different dance pieces and a feature video at intermission. Everything from free-spirited and upbeat dances to serious dances addressing major social issues will be featured.

"It's a variety of different different movements, themes, different music," Maureen McGill, director of Dance 2013, said. "The creative process is the best part of the production."

The creative process began in November when potential choreographers had a chance to audition their ideas for the production.

First-year Miranda Winter's dance titled "Aspire, Uplift, and Grow" made the list. In creating her piece, Winter said she focused on her love for the freedom and

expression of dance.
"The movement movement's really happy. It's like a mix of ballet and modern," she said. "Hopefully it'll be uplifting for people to watch."

On the opposite side of the emotional spectrum, PLU alum Emily Fahey choreographed a powerful and symbolic dance to the oetry of Dylan Thomas.

An English major at PLU, Fahey was on the dance team for three years. Fahey said her dancers represent "trees fighting to stay

grounded from being uprooted."
This is the first time Fahey has choreographed to a poetry piece instead of music, and she said she looks forward to displaying her new ideas and interpretations through this piece.

The PLU dance team has also collaborated with the Elk Plain School of Choice elementary for a dance with a timeless mood, titled "Raven and the One Who Sits on the Tides."

Carla Barragan, a teacher and choreographer at Elk Plain, first taught the dance to her elementary students and then to PLU dancers. It is based on "The Raven Tale of the Pacific Northwest," she said.

This is the first time Barragan has worked with PLU students. "I use a lot of concepts and ideas and let them interpret and give me the movement. And that's what they did," Barragan said, "so it was new for me and new for them."

The Elk Plain students joined the PLU dance team during a special rehearsal last Friday and performed their version of Barragan's dance for PLU dancers.

Afterward, the elementary students smiled and clapped for the PLU dancers as they rehearsed the rest of the pieces for Dance

With such a great diversity of dance pieces, attitudes, talent, emotions and themes - Dance 2013 won't be an event you want to

Dance 2013 will take place in Olson Auditorium tonight and tomorrow at 7:30 p.m. Tickets are \$5 for PLU students and \$8 for general admission.

Purchase your ticket at the campus concierge, or at the doors of Olson Auditorium before the

Students visit 'world renowned' organ maker

By KATELYNN PADRON Guest Writer

The Gottfried and Mary Fuchs Organ in Lagerquist Concert Hall took 35,000 hours to complete. Of those hours, 1,000 were dedicated solely to planning.

Saturday, Campus Ministry provided several Pacific Lutheran University students the opportunity to tour the workshop of Paul Fritts, the craftsman who created the Fuchs Organ.

It was in this workshop that Fritts assembled the Fuchs Organ, disassembled it for transport and reassembled it in Lagerquist, installing it in January 1998. "We were working [installing the organ] while rehearsals were going on," Fritts said.

Fritts told students who attended the tour that there was some debate about how grandiose the Fuchs Organ should be. Some members of the committee in charge of designing Lagerquist wanted the organ to be shorter,

Fritts said, but the committee eventually agreed that the organ was an "architectural entity of its own."

Today PLU students and visitors can enjoy the resonant sounds of the Fuchs Organ in Lagerquist during chapel and

Paul Fritts & Company Organ Builders has been building organs in its workshop in Parkland for more than 30 years. Tucked away on 121 Street and close to PLU, the workshop is adjacent to the house where Fritts grew up.

During the workshop tour, Fritts showed students several magnificent organs that are awaiting shipment to their new

Paul Tegels, associate professor of music and a concert organist, gave tour attendees a sample of music from several of the organs.

From a robust rendition of Twinkle, Twinkle Little Star" to a chapel-worthy "How Great Thou Art," Tegels showcased the brilliance of Fritts' craftsmanship.

Catherine Graham, sophomore who attended the tour, said she was intrigued by the differences in sound.

"Most of the time, I don't get a chance to hear two organs played in the same room at the same time," Graham said.

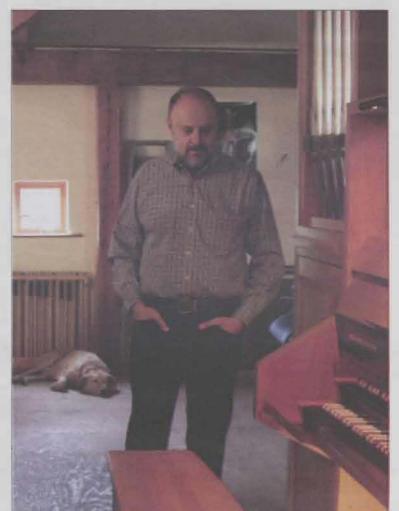
Fritts has many ongoing projects. One recent project was refurbishing the organ from Tower Chapel in Eastvold Chapel and Auditorium. Built in 1964, the organ featured what is known as a "New Baroque" sound, which enjoyed brief popularity in the

Fritts modernized this dated sound. The organ is completed and will be transported to PLU upon completion of the renovations in Eastvold.

Junior Tommy Flanagan, missions coordinator of the University Congregation Council, was a part of the Campus Ministry team that planned the tour.

Fritts' workshop is "Parkland's best kept secret, because nobody knows that there is a worldrenowned organ maker on 121 Street," Flanagan said.

While the Fuchs Organ in Lagerquist is strikingly large with almost 4,000 pipes and three keyboards, the University of Notre Dame recently commissioned Paul Fritts & Company Organ Builders to build an even larger organ. Fritts said he estimates the project will take three years to complete.



to a group of students and community members who participated in a tour of his Parkland workshop on Saturday morning. Improvements included a new blower, improved tone quality and shining the pipes.

"[The workshop is] Parkland's best kept secret, because nobody knows that there is a world renowned organ maker on 121 Street."

> Tommy Flanagan Junior

SEXUAL ASSAULT: a co

By ALISON HAYWOOD

News Editor

Despite Pacific Lutheran University's numerous programs to prevent rape and sexual assault, these crimes still happen more than anyone would like to think. It is important to examine how effective these programs are in actually educating the campus community and preventing sexual violence in the first place, empowering and supporting survivors when it does happen and holding perpetrators adequately responsible when they are found guilty.

Meet Vicki

Vicki went to her first college party her junior year at PLU. She had never gone to a party before, because her parents had always stressed that school came first. But it was the beginning of the school year, and she'd just turned 21, so she decided to check it out.

She met a guy at the party

— another student — and they talked and flirted and got to know each other. She said they had both been drinking. She wound up following him home to his dorm room on

Things heated up quickly. They kissed. She said yes. Then it went further. Suddenly she realized she didn't know what she was doing

anymore.
"I don't even know what time it is. I don't even know where I am," she recalled. "It's really blurry things kept happening that I kept

Vicki said she felt a sense of obligation to do what he told her to do. She remembered feeling uncomfortable, then angry. She said he eventually let her leave, and she made her way back to her own dorm, crying, frazzled and still drunk. The next day, she made an appointment with victim advocate Jennifer Warwick at the Women's Center and reported the assault.

Sexual assault cases like these are not rare, and they do not always happen the way people think. Amy* met her best friend at PLU. They had the same major, many of the same classes and dozens of friends in common. Their friendship eventually developed into an intimate relationship.

Then the harassment

"He would harass me at social settings, at parties, say really awful things, and took it to

Facebook once," Amy said. Verbal harassment escalated into physical harassment, and culminated in him raping her in her house while she was drunk

"There were lots of physical encounters that probably shouldn't have happened, but the one that really kind of was the ending point ... I'm 100 percent sure that we had sex," Amy said

Amy recalled blaming herself for the assault — a trait common among survivors - and didn't report it immediately, because she didn't want anything bad to happen to him.

She said what injured her the most was that her attacker was someone she knew. "It's not 'PY waiting for you on your walk back from [a party]. It's not some old man, drunk, in the bushes, watching you walk home ... It is your best friend that sits in class with you every

day. It's the person that you trust, and it's the person that you love."

Melissa* guy at a party at her house off-campus. They talked and flirted, and she made it clear

beginning that she did not want to Hughes said the iss have sex with him.

"From the beginning, I told him, you know, 'I don't have sex with guys ... that's not something I do. Go hit on someone else if you want that.' And he was all like, 'oh, I respect that. I respect that," Melissa said.

They went to her room and started kissing, but she kept reiterating that she didn't want to have sex. They engaged in consensual oral sex, but then he put her on her bed and raped her.

"For the first two full seconds, I just remember being in shock," Melissa said. "I said no, probably, like, five or six times ... he just kept saying, 'you're okay, you're okay, it's alright,' and I was just like, 'no, I'm not okay, it's not alright,' and I just started crying."

Education and prevention

When it comes to preventing sexual assault on college campuses, Pacific Lutheran University is ahead of the pack. Beth Kraig, chair of the Women and Gender Studies program from 2004-2009, said the past decade had seen significant progress in terms of bringing the issue of sexual assault into the public forum.
"As recently as 10 years ago

at PLU, the larger social discussions around sexual assault were just beginning to emerge in an open way about things," she said. "It's not hat it hadn't happened, but it was

something that people didn't talk about openly."

Warwick myths around sexua assault prevalent when she first started at PLU eight years ago.

and sexual assault b at the recent ASPLU was something the never happened 10 y PLU was pretty unu dedicated staff to p

on campus. Nevertheles women agree PLU s go in eliminating rap Hughes ack

myths still exist, an as people are still these crimes, I think improvement."

Victim advoc

While War advocate, is the for victims of sex Counseling Center Ministry are con where victims can assault and get cou The Health Center a confidentiality, tests or STIs and help wit stress responses.

Matt Mu of the Health a centers, explained shared with anyon or counseling role information and ca with anyone else consent of the stu exceptions are if ther danger to the stude the victim is a mino adult. The idea that there needs to where people can d information with cor

"If a studen administrative staff any employee of the could have any other students ... then the report," Munson said only if they're meeti care provider."

In addition counseling with the the Women's Cer group therapy in th of Healing, a suppo an outside therapist a week and focuses aspects of trauma.

Vicki des saying it taught her responses such as flashbacks.

"It's a hard it's in-depth, and y in there who have the same thing, bu rewarding, because

experience with Ci "It's a safe place t people who can rela whole new type of the Circles of Healing after this year unless alternate means to fu

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grant money from the Department of Justice 15 anding.

Although there is no way to know the true number of sexual assaults on campus each year due to underreporting, the rates of reported sexual assaults go upwards each year. "You look at that, and then you think, 'oh my god, more people are being harmed, what's happening?" But the way I interpret it is that people are more aware of what sexual assault is and how to help oppose if they are assaulted." Warwick said. "I believe people are probably being assaulted just as much as they were eight, nine years and more understanding of the resources."

Perpetrator Accountability

Anyone who goes on the Pierce County Shanii Department's websiteⁱⁱ can find an interactive map detailing the locations and names of all registered sex offenders within a two-mile radius of PLU — there are 45. It does not include, however, unregistered sex offenders living on campus.

This is because PLU's student conduct system – and that of many universities – functions separately from local law enforcement and the criminal justice system.

"We're pretty selfcontained," Assistant Director of Student Conduct Ray Lader said. "We will cooperate [with local law enforcement and judicial institutions] when asked, because [of] the way we have to be set up for federal guidelines."

When it comes to dealing with sexual misconduct, all educational institutions that receive federal funding are caught in a veritable policy gridlock of laws that make it difficult to determine a course of action.

The Jean Clery Act requires institutions to release annual statistics regarding crimes that occur on and near campus in an effort to encourage accurate reporting and transparency but FERPA (Family Educational Rights and Privacy Act) prevents the school from releasing any information about a student to an outside source without the student's written consent. Title IX, meant to guarantee all students' rights to an education, can silence victims from naming an attacker, because it can affect their alleged attacker's education. A 2011 document from the Department of Education's Office for Civil Rights, known as the Dear Colleague letter, attempts to clarify them all.

Director of Campus Safety Greg Premo said when a sexual assault is reported to Campus Safety, PLU is required to launch its own investigation, as determined by Title IX. They are not, however, required — or even allowed — to report to the police without the written consent of the victim, as determined by FERPA. In this case, the court would have to issue a subpoena to obtain records of the investigation.

"We highly encourage reporting through the Sherift's Department for all assaults, but again, it's really up to the victim if they want to go that route," Premo said.

The school may release information to the campus community if the attacker is determined to present an "imminent threat" to the campus community, meaning they make a clear indication of reoffending. No student has been determined a threat to the community in the past eight years.

The student conduct system is much different than the criminal justice system. It moves much faster, and faculty tries to info both parties about the process so they can each present their best selves.

"I've worked hard to make sure that it's [the student conduct system] the least traumatic for all involved," Lader said.

A coordinated community response system allows different institutions within the university to communicate with each other so victims only have to tell their story once. "That reduces the need for the person to tell their story over and over ... which we know is really traumatizing when you have to explain something and relive it," Warwick said.

PLU's sexual misconduct policy is also broader than the FBI definition of rapeⁱⁱⁱ and includes other forms of power-based personal violence, such as sexual harassment and stalking.

The biggest factor keeping all perpetrators from facing consequences is underreporting.

"People after an assault really just want to heal," Warwick explained. "They want to forget about it. They want to move on with their life — go back to normal — if you will."

Warwick said on average, three or four students report to either the criminal justice or the student conduct system per semester, and she sees about 30-35 students for advocacy services.

She acknowledges, however, that not everyone who walks through her door is a victim. Some people want to talk to her about abuse they suffered before coming to PLU, and others did not appear to have been sexually assaulted, but had just done something they later regretted.

Because PLU is an educational institution, the extent of its power lies within the educational realm. This means that no matter what policy violation students are found responsible for (PLU's preferred term rather than "guilty"), the worst that can happen is a suspension or expulsion, which will not follow them after they leave PLU unless an employer or another school asks for their transcript — a request students can deny.

Lader said suspensions and

expulsions are last resorts for PLU because "we want everyone to learn from the situation. We don't want it to just be a punitive action" and "it [using educational sanctions] gives them a chance to grow."

Educational sanctions can include researching a topic such as consent or unhealthy masculinity, writing a paper or attending a workshop. The severity of the sanction is determined by the severity of the violation, as recommended by the hearing officers.

After the assault, Vicki wanted nothing more than for her attacker to be expelled from PLU, so she reported to the student conduct system. Although the man was found responsible, Vicki believes he was held to a lower standard because the attack was not penetrative. His sanction with student conduct was to write a paper about consent — a lighter sanction than if he had been caught with alcohol on campus.

"The conduct system ... they really let me down," Vicki said. "That's probably the hardest part ... [crying] knowing that this person is still on this campus, that there's a risk of this happening to someone else, or, you know, a retaliation against me—this is terrifying."

Amy expresse a similar disappointment with the student conduct system. She did not want to make an accusation against her alleged attacker, but was forced to when a different victim of the same man named her in a statement, drawing her into the investigation. A total of four alleged victims of this man were involved in the investigation, and he was found not responsible.

"I had to go talk to all these different people. I wanted nothing to do with it," Amy said. "And at the end, when it was all said and done, they sent me a lettersaying ... nothing happened, he didn't do anything wrong."

The letter referred to her alleged attacker as an "asset to the community." Amy believes his on-campus clout and popularity contributed to a verdict of not responsible.

"It upsets me to know that he will leave this community and go to a different community and do the same thing," Amy said. "They say that one attacker will do it at least four times. He already has this trend going. And I hope that he stops, not for his sake, but for his community's sake."

Melissa reported to both the police and student conduct. The man who raped her was found responsible in student conduct and guilty of third-degree rape in court. He has been suspended from PLU until she graduates, and his sentence has yet to be determined.

"Student conduct was awesome and I trusted them. They did their job very well," Melissa said. After going through both the student conduct and the criminal justice system, Melissa said the student conduct system was much faster and more organized. She said it felt less like two opposite sides fighting against each other and described the hearing officers as more "in the middle."

Melissa also talked about the burden of going through court still a student. "It's like having a new world on your shoulders said. "On top of school, and collective it's just adding another load you have to walk around with."

Warwick said she has moved feelings about the privacy policies surrounding sexual assault. It's a conundrum," she said of burdaning educators with law enforcement. It there was like a murder on campus ... they wouldn't hesitate to refer that on to law enforcement, right? [but] I also believe in empowering the victim, and so I would never want a process to happen that the victim doesn't feel like they were in charge of, and has agency in."

*Names have been changed to protect victims

PLU recognized for laudable prevention programs

PLU has a veritable alphabet soup of acronyms for various programs against sexual assault, including SAPET (Sexual Assault Peer Education Team), VAV (Voices Against Violence) and MAPPE (Men as Partners Promoting Equality).

Other resources include Jennifer Warwick, a victim advocate, and Jonathan Grove, the men's project coordinator.

PLU has received three separate grants, totaling in nearly \$1 million, from the Department of Justice since the early 2000s to establish programs to educate students on and prevent sexual violence.

With the money, former director of the Women's Center Bobbi Hughes hired Grove and Warwick and established the Voices Against Violence program.

In 1999, PLU founded SAPET. In 2009, the Green Dot program, a bystander intervention program to prevent sexual assault, came to campus.

In 2010, the U.S. Attorney General visited PLU and nine other schools to recognize their exemplary organizations against sexual violence.

Only one other school on the west coast was chosen for this honor — Stanford.

ude people who are institutionalized, mentally retarded or developmentally disabled ffice Offender Watch* http://www.icrimewatch.net/index.php? AgencyID=54483

I legal definition of rape has been "the penetration, no matter how slight, of the vagina or anus with any body part or object, or oral penetration by a sex organ of another person, without the ce: FBI.gov

in the third degree when (a) the victim did not to sexual intercourse with the perpetrator and such lack of consent was clearly expressed by the victim's words or conduct or (b) where there is all harm to property rights of the victim. Source: Washington State Legislature.

On April 11, contingent faculty at PLU filed for a government-supervised election to determine if there is majority support for a union. We are coming together to strengthen PLU and our delivery of high quality education.

Unfortunately, since we filed for our union election, PLU administration has responded with legal objections to the National Labor Relations Board (NLRB), the federal agency that oversees union elections. The administration is spending precious education dollars trying to block this democratic union election.

We ask that you, the PLU community, take the sign below and put it up on your door and window on campus. Let's stand together for quality education and fairness for all.

Sincerely,

PLU Adjuncts and Contingents Together for Quality Education

For more copies of the sign, email Mary Nguyen (mnguyen@seiu925.org) or visit www.cal925.org





Contin





LETTER FROM THE EDITOR

Domestic violence not so one-sided

By KELSEY MEJLAENDER Copy Editor



Violence dominates headlines, books and movies and has long our most inhabited intimate relationships.

A woman is assaulted or beaten every nine seconds in the United States alone, according to Domestic Violence

Statistics. Worldwide, one in every three women has been beaten, coerced into sex or abused in her lifetime — often by a member of her own family. Domestic violence is the leading cause of injury to women, trumping car accidents, muggings and rapes combined.

Discussion about violence in relationships is heavily focused on women for a reason. In heterosexual relationships - which the statistics I have gathered reflect - women are more often the victims. However, domestic violence against men is not nonexistent.

According to The Feminist Wire, reports of such violence are often underreported and ignored. Since men are culturally associated with being the violent and strong gender, reporting physical violence committed by a woman can often be too "shameful" for a

But domestic violence goes beyond statistics and straightforward facts. Even in books and movies, violence between couples is prevalent and weirdly distorted.

Consider this familiar cinematic scenario. A man has just admitted to his girlfriend that he's been cheating on her. The woman delivers a stinging slap to the cheating scoundrel, and the audience cheers.

It's an empowering act of violence, justified and feminist. Women will no longer let men w lk all over them in terms of emotional abuse or cheating. You go girl.

In a different movie, audiences see a similar scenario. Someone admits to cheating, the betrayed partner gives the cheater a good blow and justice is served.

Except this time, it was the woman who cheated and the man who delivered the outraged hit. Everything is different. How d re this man abuse someone just because she finally got the courage to admit the

Since men are culturally associated with being the violent and strong gender, reporting physical violence committed by a woman can often be too "shameful" for a man.

truth and leave him. One hit, is one too many. It's so incredible this woman had the strength to leave what was clearly an abusive

What accounts for this difference in reaction goes beyond the exact situation that provokes the violence. In a world that stresses women as victims and men as violent brutes, it's almost a relief to see a violent woman, one who keeps her male lover in check with a good hit.

The argument can be made that maleperpetrated domestic violence is so much worse because men are stronger, and thus the physical abuse is more severe. Aside from the fact that this really is not the point, violence against men by women can be more than just a slap. A 2010 Center for Disease Control census revealed 40 percent of severe physical abuse victims are men.

A weapon can also outmaneuver a man just as easily as a woman. In 1998, actor Phil Hartman's wife, Brynn Hartman, murdered him with a revolver.

Still, a man who calls the police to report domestic violence is three times more likely to be arrested than his female abuser. In 1996, when football player Warren Moon's wife attacked him, throwing a candlestick at his head and kneeing him in the groin, he was charged with spousal abuse and was only acquitted after his wife confessed she had attacked him and her wounds were self-

Many phone calls for help by men to domestic abuse hotlines have been dismissed as pranks. Most cases of female-perpetrated domestic violence are often written off as mental illness or considered the result of an

Few would blame Elin Nordegren, Tiger Woods' wife, for giving her husband a stinging slap after he cheated on her with multiple women. Indeed, rumors surfaced Nordegren had physically abused Woods two days after the first cheating allegations surfaced in 2009, though officials have said it was the golf star's car accident that caused the cuts and bruises on his face and that Nordegren used a golf club to try to break Woods out of his car.

Regardless, the rumors inspired Daily Beast writer Rebecca Dana to applaud Nordegren for taking a golf club to Wood's Escalade, if it was over cheating allegations, in her 2009 article "The Year of Women Fighting Back." She noted that there are dangerous and illegal ways women can fight back but "the point is: women are fighting

In essence, whether you talk back, destroy his property, punch him or even kill him you go girl.

Violence is not a method of empowerment for either men or women. However, it is something that plagues both in intimate relationships. Public awareness will not end domestic violence against men, but it is the first step in overturning the habit of ignoring further victims.

Editor's Note: a column on domestic violence in LGBTQ relationships will run May 3.

Domestic Abuse Hotline for Men and Women 1-888-7HELPLINE

Find us on Pinterest: pinterest.com/mooringmast

Take a study break: visit Facebook.com/mast for this week's Sidewalk Talk

Electronic devices in class distract but don't detract

By ANNA SIEBER Columnist



The general policy in class should have their phones off and put away and that computers, tablets and

other electronic devices should only be out if they are being used to take notes. That being said, a great number of students continue to use their electronic devices for nonacademic purposes in class.

Beyond that, there re other distractions that students subject themselves to in a lecture class, such as working on other homework.

I will be honest. I have done it - all of it.

There have been days my computer has been out with Facebook up, my philosophy re ding has been open in front of me, my phone has been in my lap where I have been covertly texting and my lonely notebook

for the class I am actually in is on the side, where it receives an occasional note on the lecture.

The question is whether this should be considered a problem - or if it is, should it always be considered a problem. Beyond psychological inability to multitask, there is the issue of respect for our classes, our professors and this institution. However, there are still instances when slacking off in class is not too big of a deal.

So, let's look at one argument: we pay more than \$30,000 a year in tuition to study here. Thus, students should fully immerse themselves in class, pay attention and unplug from all other distractions such as phones, computers, e-mail, Facebook and other homework

To multitask is to insult the amount you - or, more likely, your parents — pay to attend this university

It is rude to professors and distracting to other students.

Counterargument: not all classes and professors are created equal.

Taking a silly Gen Ed taught by a professor who continuously disrespects the intellectual offered by this institution capacity of students and talks down to students is a waste of money and time.

So, yeah, I am going to check Pinterest. It is the only thing keeping me awake in that stuffy lecture hall. And the professor has an attendance policy, so it is not like I can just read the textbook, skip class and only show up for exams.

Doing other work in class does not seem like it should be a problem, because it is at least productive.

Paying such a huge amount of money to attend this institution and therefore the classes

does make using class time for anything other than academic purposes feel a little ... dirty. But sometimes that time can be used for more productive purposes.

I personally do not see the problem with multitasking in class so long as you understand the material and are doing well in the course. Oh, and so long as your multitasking is not a distr ction to anyone else in the

So carry on with your technological distractions, carry on with doing other work in class - just make sure you still know what is going on in the course.

Paying such a huge amount of money to attend this institution — and therefore the classes offered by this institution — does make using class time for anything other than academic purposes feel a little ... dirty.

Commons improves its product

By BRIAN BRUNS Columnist



Culinary week may be over, but someone forgot to tell the Commons in the Anderson University Center (AUĆ)

— and that's a

great thing.
A few weeks ago I wrote a column that criticized the Commons' food quality and accused it of not living up to the spirit of its own cooking competition, Commons on Fire.

My column drew a response from Erin McGinnis, director of Dining and Culinary Services, coupled with an invitation to compete in Commons on Fire.
I wasn't able to participate, but

I have managed to escape to the Commons for a bite to eat every now and then.

While I appreciated the written response from McGinnis, I prefer the way the Commons as a whole has responded to my criticism with fresh food and new ideas.

I can say with confidence and a straight face that the Commons in the AUC has definitely stepped up their food service game.

Free Lunch Wednesday during culin ry week showed me the Commons can make food just as tasty as any fancy restaurant.

I sampled every dish - I felt it was my duty to try them all — and was impressed by the flavor and presentation.

I could literally taste the care put into each and every item.
Free Lunch Wednesday also

made me wonder what was missing before.

Whatever the reason, the most important thing is that the food is now looking and tasting fresher.

There are also some new wrinkles to make a diner's experience more enjoyable.

One of the changes is at the Aglio pizza and pasta station. Customers now have the option to fill out a ticket with their choice of main dish along with custom options like sauce and toppings at lunch.

The new process feels professional, keeps things moving and seems to make hings easier for the person working behind

I stead of having to ask everyone for their order, they can look at an order and just get to work.

Even some of the menu boards have ch nged, sporting a new look and making options clearer.

This is especially evident at the sandwich station, which now lists every type of bread and sandwich ingredient offered.

This is extremely helpful information and gives customers more power in choosing what they want to eat - definitely a step in the right direction.

I applaud the Commons' efforts to i prove its product and

I can't say whether nyone else on campus has noticed it, but I have begun to change my mind about the food served in the

challenge for the The Commons is now to sustain and

Employees must remain dedicated to providing the best dining experience possible and managers need to reinforce a culture of preparing and serving food with care.

a feminine critique If you like it, there's no need to put a ring on it

By RUTHIE KOVANEN Columnist



Four weeks ago, a letter to the editor written appeared in The Daily Princetonian, Princeton University's

school newspaper.

And it caused an uproar.
Patton, a class of '77 Princeton graduate with two Princetonian sons, composed a letter that urges the women of Princeton to search for their future husbands while still in college.

Because of its place as the "cornerstone of your future and happiness" and because "you will never again have this concentration of men who are worthy of you," she argues that it is imperative - or, at least highly advisable — that women find their husbands in college.

Despite good intentions, Patton's argument is problematic on many levels.

Firstly, Patton overgeneralizes the Princeton student body by implying that all women want to get married. Many people, both men and women, choose not to marry and are just as happy - if not happier than those who are married.

Another overgeneralization in Patton's letter is the implied message that all women who want to marry, want to marry men. Patton disregards the options of women marrying women and men marrying men entirely.

Secondly, her statement that, "for most of you, the cornerstone of your future and happiness will be inextricably linked to the man you marry" is highly problematic as

Not only does this statement further assume that all of her readers want to marry a man, it

Many people, both men and women, choose not to marry and are just as happy - if not happier than — those who are married.

overgeneralizes women's aspirations and trivializes their future and future happiness as "inextricably linked" to men. It strips women of the power to create their future and happiness for themselves.

Aside from overgeneralizations and the implied control that men apparently have over women's happiness, the letter contains sexist overtones. Throughout the entire letter she encourages women to marry the "smart" men in college as soon as possible - because there won't be any smart guys left afterward, or at least, "not that many of them."

She doesn't limit men's choices in terms of partners, however, as illustrated when she writes about her two sons and their relationship

Regarding her first son, she says he "had the good judgment and great fortune to marry a classmate of his, but he could have married anyone.'

Later, speaking about her second son, she says, "the universe of women he can marry is limitless."

This distinction made by Patton - that men have a limitless universe of women to choose from while women have, in Patton's words, "a very limited population of men" is unfair, restrictive and sexist.

Further developing this sexist divide, Patton writes that "by the time you are a senior, you basically have only the men in your own class to choose from, and frankly, they now have four classes of women to choose from. Maybe you should have been a little nicer to these guys

when you were freshmen?"

It is painfully archaic to permit men to date individuals from a wider age rage than women. Rather than empowering women and encouraging them to live up to their full potentials, Patton reinforces outdated mating rituals and dampens women's autonomy and

Marriage is by no means unherently evil or "anti-feminist." However, Patton's argument that overgeneralizes her audience's desires and creates an inequitable playing field between men and women must be taken with caution.

Remember that it is okay to ignore Patton's argument and the pressure to get a "ring before spring" of your senior year of college.

In the end, one's personal happiness takes precedence over societal rules and rituals of coupling.

Ruthie Kovanen hails from the great state of Michigan, is a sophomore at Pacific Lutheran University and is studying anthropology, Hispanic studies and women's and gender studies. Aside from reading and writing about feminism, Ruthie enjoys chatting over a cup of coffee, baking bread and spending time outdoors.

View Patton's letter: http://www.dailyprincetonian. com/2013/03/29/32755/

Pride Week provides people with freedom

By ALYSSA FOUNTAIN Columnist



Pride. It has different meanings in different places at different times.

Last week was Gay Pride Week at Pacific Lutheran University. From rainbows and

face painting in the Anderson University Center to making tie-dye shirts, color

lit up PLU to celebrate queer students. We all have pride, but it is not always shown the same way throughout the

Where I was in Uganda, pride in person's sexuality came through

different means. At male and female coming of age

ceremonies, people embraced their sexuality and worked to become adults

Their pride was in following the traditions of old.

I went to Germany when I was

16, and that was the first time I came across gay pride. My mom and I were walking down the road, and we found what looked like a street fair.

However, we finally figured out with the help of sculptures and the interestingly dressed people - men in blue skin-tight sequined suits with feather plumes for example - that it was a gay pride festival.

We watched as thousands of people lined the streets, proclaiming their

There was something liberating about watching so many people embrace who they were.

Sometimes we are not free to share our pride. In Uganda, being a homosexual can have severe ramifications, so it is kept hidden.

It amazes me to no end to see people here celebrating something that is so disguised in Uganda.

I love watching the queer couples on campus, and seeing that they enjoy things the same way straight couples

I think pride goes hand in hand

with love. If we love our neighbors as ourselves, then we will embrace each other's pride, be it in traditions or in breaking the boundaries and pushing

We will all take pride in our orientation, in our choices and in the things we are born with.

I take pride in the fact that I am a Christian girl who is saving herself for marriage.

We all need to have pride, and we all need to love each other for our pride.

I commend everyone who stepped forward this week and maybe came out to someone, even if it was just one person, whispered in secret.

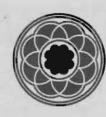
I love the people who are embracing who they are.

PLU provides a place where we can all take pride in who we are.

We can take pride in what unites us. We can take pride in the fact we are

We can take pride in the fact that we are all friendly to each other.

We can take pride in our love for



THE MOORING MAST

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SPORTS SCHEDULE

Baseball

Upcoming Games Tomorrow at Pacific (2), noon Sunday at Pacific, noon

Previous Games
Win(6-4): April 21 vs. Lewis and Clark
Win(6-5): April 20 vs. Lewis and Clark

Softball

Upcoming Games
No upcoming games

Previous Games
Loss(3-2): April 21 at Linfield, NWC Championship
Win(9-4): April 21 vs. Whitworth, NWC semifinal

Men's Tennis

Upcoming Matches
No upcoming matches

Previous Matches Loss(5-0): April 20 vs. George Fox, NWC semifinal Loss(8-1): April 13 vs. Whitman Track and Field

Upcoming Meets
Today: NWC Championships at Willamette
Tomorrow: NWC Championships at Willamette

Previous Meets
April 20: Spike Arlt Invitational

'Spice'ing it up

By SAM HORN Sports Writer

After competing at the high school level in baseball, basketball, football and cross country, Clayton Bracht knew that he wanted to be involved in some t pe of athletic activity once he reached college.

What he found is not exactly typical. After being a four-sport athlete in high school, he picked up a completely different sport at Pacific Lutheran University — ultimate frisbee.

After seeing the ultimate frisbee te m playing a pick-up game on the first day of school on Foss Field, he said he knew he had found his true calling.

"All of the guys on the Frisbee team were very inclusive nd welcoming. They made the transition from high sc ool to college very easy," Brac t said.

Playing four sports in high school certainly has its advantages. Bracht has translated his cutting skills that he learned from playing wide receiver and defensive back in football to the game of ultimate.

Playing baseball has also had n

Playing baseball has also had n immense impact on Bracht's ability to track down Frisbees. Bracht said trying to catch a Frisbee is similar to tracking down a fly ball after it's been rocketed through the stratosphere by n opposing team's batter. Endurance is also a huge factor in

Endurance is also a huge factor in becoming a great ultimate frisbee player, as these players run for miles and miles without timeouts. By running cross country in high school, Bracht has developed the ability to run circles around his defenders and embarrass th m without getting tired.

Don't get fooled by his kind demeanor and toothy smile. Bracht is a fierce competitor on the field, which led the team to elect him as one of their three captains after last year's season. His teammates created a unique n me for their captain: Spice.

"To be named as one of the Frisbee c ptains means a lot," Bracht said. "It's great to be in a leadership role on this team, because these guys mean a lot to me, and I w nt us as a team to succe d. I want to provide the necessary fire and intensity for these guys to strive for their best."

The junior from Ep rata High School led the ultimate frisbee team to a successful 2013 campaign, finishing with a 15-3 record. he te m finished fifth out of a pool of 30 teams at a Las Vegas tournament this season and finished in fourth place at the tournament held at Pacific Lutheran University several weeks ago.

The 15-3 r cord didn't come easily for the men's ultimate frisbee te m, however. They had to face the C nadi n National youth team and several Division I schools on their way to n impressive regular season record. In the conference tournament, however, the PLU team didn't play up to expectations.

"Finishing with a 3-3 record in the championship was disappointing. I feel like we could have done better," Bracht said. Fortunately, there's always next ye r to improve upon the setbacks in the previous season. That's sports for you.

Helping the team along the path of success is Nick Dare, head coach and a former PLU ultimate frisbee player. He works at Boeing as a software engineer and has played on the Seattle Voodoo, which is one of the best professional ultimate frisbee club teams in the nation.

"[Dare] has been a fantastic coach.
One thing he brings to the team is an outstanding amount of knowledge about the game," Bracht said. In the first couple



CLAYTON BRACHT

of weeks of practice, Bracht said Dare was teaching them drills to help them grow as a te m.

"He also brings a sense of passion to the game. You want a coach who can bring te best out of you, and I think Dare does just that," Bracht said.

Bracht also said Dare implements good defensive schemes to shut down opponents. These schemes r nge from man-to-man defense to zone defense. Whatever offense their opponents bring to the table, the Lutes have a defense to stop it

On the offensive side of the disc, there are two positions. Cutters, act as wide receivers and grab the Frisbee above their opponents' heads when it's thrown to them

The handlers, however, are the quarterbacks, because they dish out the Frisbee to open teammates. It comes as no surprise that the handlers must have a strong and accurate arm, just like a good quarterback in football.

A team also needs good team chemistry to succeed, something Bracht said the ultimate team does not lack.

"When people look at the Frisbee team, they notic how tightly knit we are and that's what separates us from other teams," Bracht said. "I know that my teammates will a ways be there to catch the disc, and we know how to play together, w ich helps out a lot."

Bracht wouldn't have had the chance to even be on the ultimate frisbee team had he followed through with his first college choice: Gonzaga.

Since his father was a Gonzaga alum, Bracht was intent on attending the Spokane-based university. However, when Bracht was a senior in high school, he had the opportunity to spend the night with a student at PLU to get a sense of the community.

"In my mind, [Gonzaga] was a great school, but PLU blew it out of the water when I came here on my visit. he community aspect is what brings you to PLU, and that's exactly what I wanted," Bracht said

Bracht is pursuing degrees in both religion and psychology. He is looking at sever l graduate schools to further his education in an effort to obtain a master's degree in student affairs. He said he w nts to work with student life at a college after graduate school.

Bracht said he is also taking into account which graduate sc ools have a good ultimate frisbee program, because he will have one year of eligibility left after graduating from PLU.

"I would like to be involved with the Frisbee community for as long as I can," Bracht said.

In other news...

-Baseball: The pitching staff set a school record for strikeouts in a season last weekend. The Lutes have struck out 293 batters this season with six games remaining. The previous record was 272, set in 2009.

-Men's tennis: Sophomores Luke Olson and Jason Bower entered into the singles and doubles tournaments at the 113th Annual Ojai Valley Tournament played in Ojai, Calif. The Division III tournament starts today.

Follow @MastSports on Twitter for up-to-the-minute PLU sports coverage.

Softball team can't repeat

By CHRISTIAN DILWORTH Sports Writer

This time last year, the Lutes found themselves topping Linfield to claim the Northwest Conference tournament championship, earning an automatic bid to the NCAA Division III tournament.

Last weekend was not the same story.

Pacific Luther n struggled early on when it dropped the opening round game to Whitworth in five innings of play. The Lutes managed fought their way into the championship round, winning the next to, before falling to Linfield 3-2

Whitworth 11, PLU 2 (5 innings)

The opening game started out disastrous for the Lutes when the Pirates massed four runs in the irst inning. Senior Kaaren Hatlen, pitc er, couldn't seem to find the strike zone and walked the first three batters she faced, leaving the g me with the bases loaded.

Sophomore Leah Butters came into the game to be greeted by outfielder Heather Hesselgesser, who drove in two runs on a double. Megan John followed up by hitting a run-scoring single, and Julia Johnson, infielder, made the score 4-0 fter a sacrifice fly.

The Lutes got a run back in the bottom of the first when senior Montessa Califano, outfielder, led off ith a single and eventually scored on a Whit orth error, but t e Pirates added two more runs on three hits in the second inning, including Hesselgesser's run-scoring single. The Pirates made it 10-1 with four more in the top of the fourth, with Johnson jacking a three-run shot over the left-field fence to highlight the inning.

Hatlen took the loss, dropping her record to 10-8, while Whitworth's Riley Fritz pitched a complete game and improved her record to 14-6.

PLU 7, Pacific 0

Apparently there was something in the Oregon water because Pacific Lutheran got out to a huge 4-0 lead in the first inning. Califano led the inning off wit a triple nd Senior Melissa Harrelson walked before fellow senior Amanda Hall, infielder, hit a two-run double. Hatlen provided the power for the Lutes with her 11th homerun of the season to cap the fourth run of the inning.

With these insur nce runs, Butters was able to cruise through the Pacific lineup allowing only two hits in her complete g me effort. With this win, PLU kept its hop s of staying in the tournament alive.

PLU 9, Whitworth 4

After being plundered by the Pirates 11-2 in the tournament opener, t e Lutes fought back and sent Whitworth packing.

Whitworth jumped out to nother early lead, but was unable to capitalize

with runners in scoring position. PLU finally broke through with seven runs in the third.

Relief pitcher Megan
Fisher relieved starter
Riley Fritz and w lked
sophomore Kelsey
Robinson. One pitch later,
junior Lindsey Matsunaga
landed the ball over the
fence for a grand slam and
the 6-3 lead. Senior Haley
Harshaw felt left out of
the party, so she belted
her second homerun of the
season to make the score
7-3 in the third.

Butters went the distance for the second game in a row allowing four runs on 10 hits.

Linfield 3, PLU 2

Pacific Luther nran out of its 'secret stuff' in the final game as they failed to capitalize on several scoring opportunities that proved to be crucial in the outcome.

The Lutes drew first blood when Hatlen hit a run-scoring base hit. After the second out of the inning, Robinson hit a single to load the bases. Linfield avoided ny more trouble forcing a Matsunaga fly ball to end the inning.

Wildcat slugger Y m moto tied the score with a leadoff homer in the second, but Hatlen added to her RBI total on the day with a leadoff bomb of her own in the third.

This w s when Linfield ace Karina Paavola took control and retired the next 12 PLU batters and allowed her team to punch in two runs to take the lead nd, ultimately, the conference title.

SHOUP SHOTS

Looking at the year that was, and the year that will be

By NATHAN SHOUP Sports Editor

The sun is coming out. The days are getting longer. And procrastination is being taken to the next level. Summer must be around the corner.

So it's that time. The time we get to take a look back at the year in Pacific Lutheran University athletics and the storylines that dominated it.

Yes, the baseball team and track and field are still competing, but the major storylines in PLU sports this year have been told.

1. Immediate future is bright for football program

The 2012 season treated the Lutes well and certainly set the table for the coming

Finishing 7-3, the Lutes advanced to the 32-team NCAA tournament for the first time since 2002. Two of the losses came to conference-foe and national powerhouse,

The Lutes finished the season ranked No. 25 in the final American Football Coaches Association national poll. They were ranked No. 17 in the final D3football. com national poll.

Drawing the Wildcats in the first round of the NCAA tournament, the Lutes trailed by three in the final minute. After driving into Linfield territory, a costly sack ended the Lutes' comeback effort and their season. Linfield eventually lost in the quarterfinals.

The Lutes are bringing back eight offensive starters to the sophomore-laden squad. Quarterback Dalton Ritchey and wide receiver Kyle Warner will once again lead the offense. Both were named First Team All-Northwest Conference (NWC) selections in 2012 and will be juniors next

In addition to Ritchey and Warner, the Lutes are also bringing back key wide receiver Kellen Westering, a sophomore, who was named Honorable Mention All-NWC after missing a chunk of the season with an injury. Also a sophomore, the NWC named Lucas Sontra to the honorable mention squad compiling more than 60 yards per game at the tight end spot.

With receiving weapons to choose from for Ritchey, running back and senior Brandon James, honorable mention selection, is also returning.

Another running back, sophomore Niko Madison, will split carries with James for the second straight year. Madison tied for the team lead in rushing touchdowns with seven and averaged a team-high 5.2 yards per carry

Senior Mychael Tuiasosop, a defensive lineman, will lead the Lutes on defense next season. He will be a senior next season. Tuiasosopo was named a Second Team All-American in 2012 after racking up 46 tackles, 4.5 sacks and two forced fumbles. He has already been named a 2013 team captain by Head Coach Scott Westering.

2013 prediction: The Lutes finish the regular season 8-1, dropping only the season-opener at C lifornia Lutheran en route to winning the conference championship, meaning the Lutes end a 12-game losing streak to Linfield. The two teams meet Oct. 5 at Linfield — circle the

I said the Lutes would knock off Linfield in the playoffs last year and was within a few big plays of being correct. Next year is the year. The Lutes are bringing back too much talent.

2. Not the same softball team

Just one year removed from a national title, the softball team hardly resembled its

Last year, the Lutes finished 45-11, 24-4 in the NWC. This year, the Lutes finished 27-17, 18-10 in the NWC.

The difference is simple: Stacey Hagensen graduated. Among numerous accolades, Hagensen was named a Second Team All-American, the NWC Pitcher of the Year and the National Tournament's Most Outstanding Player.

In 216.1 innings, Hagensen amassed a record of 28-5 with a 0.97 ERA to accompany it. No that is not a typo. She also hit .363 and led the team with 65 hits.

That is a huge hole to fill. And the team struggled to fill it this year.

As a whole, the pitching staff's ERA jumped from 1.68 last season to 3.07 this season. Opponents' batting average also jumped from .236 to .275.

The Lutes weren't able to muster any momentum this season with their longest winning streak reaching five games and going 0-5 against conference champion,

Losing in the championship round of the NWC tournament last weekend, the Lutes must hope to receive an at-large bid into the NCAA tournament.

In the regional rankings that were released last Thursday, the Lutes were ranked eighth in the west region, which likely leaves the reigning national champions out of the NCAA tournament.

2014 prediction: Next year will be a challenge for the Lutes. Seven seniors are graduating, four of which led the Lutes in batting average this year: Montessa Califano .395, Kaaren Hatlen .386, Melissa Harrelson .365 and Amanda Hall .362.

The softball team will finish third in the conference next season and will miss out on the NCAA tournament for the second straight year.

3. Volleyball team remains most consistent on campus

The Lutes won their fifth conference title in seven years and continue to be the biggest conference powerhouse on campus.

In 2012, Pacific Lutheran was coasting at 15-3. An NWC championship felt secure, and an NCAA tournament run seemed likely.

But with seven conference matches remaining, All-American setter Samantha North, a sophomore, went down with a season-ending kneeinjury. The Lutes hung on to the conference title, but their NCAA appearance was brief.

Pacific Lutheran went 5-3 in the next eight matches, being swept aside by Puget Sound, Saint Martin's and Chapman in the first-round of the NCAA tournament.

After the 20-6 season, the final American Volleyball Coaches Association Division III Poll ranked the Lutes at No. 21 in the country. They were ranked as high as 14th.

The Lutes have a deep, talented group of underclassmen coming back next year led by First-Team All-Northwest Conference selections junior Bethany Huston, middle blocker, and North. Junior Haley Urdahl, outside hitter and honorable mention selection, will also be returning.

They will have to fill the void left by graduating seniors First Team All-NWC libero Blair Bjorkman, outside hitter Kelsey Pacolt and setter Brianne Vincent, whose job replacing North after the injury was applauded by teammates.

2013 Prediction: It will be a different year but the same story for the volleyball team, which will win its sixth conference title in eight years. The returning talent on the Lutes' roster is talented enough to get the Lutes past the first round of the NCAA tournament.

Don't be surprised to hear serious tournament-run talk about the volleyball or football team next fall.

The Mast **Spring Sports** pick 'em

By NATHAN SHOUP Sports Editor

Sometimes it's not the move you make, it's when you make it.

For the first time this season, Arvid Isaksen sits atop the standings with only this week's pick remaining. Isaksen was tied with Haley Harshaw and Kyle Peart last week but Peart and Harshaw both picked the softball team to win the Northwest Conference tournament weekend.

Isaksen correctly predicted the team would finish second in the tournament and jumped both of

After losing the opening g me of the NWC tournament to Whitworth last Saturday, the softball team won the next two before losing in the first game of the championship round to Linfield, 3-2.

The Lutes would have needed to beat Linfield twice to win the conference title for the second

consecutive season.

Now to this week. Sophomore Trevor Lubking is 10 strikeouts from setting the school record with two starts remaining. The lefty has racked up 92 punch outs

So how many does the league think he will strike out in his start at Pacific this weekend?

How many strikeouts will Trevor Lubking have this weekend?

Arvid Isaksen basketball player pick: 8 record: 5-2

Kyle Peart

track thrower pick: 8 record: 4-3

Haley Harshaw softball standout pick: 8 record: 4-3

Dustin Hegge NWC golf MVP pick: 12 record: 3-4

Melanie Schoepp athletic trainer pick: 9 record: 3-4

Isaksen has clinched the league title because Peart and Harshaw picked eight strikeouts as well. He has asked people not to take pictures of him walking across campus this week.

Peart said the softball team would win the tournament title last weekend, and the team came within two weeks of making Peart a smart man. Instead, he will settle for second place.

Harshaw's career and spring pick 'em title hopes came to an end last weekend. Congratulations on a great career, Haley.

With the realization he is not going to be league champion, Hegge was reserved this week, again. If Lubking fans 12 this weekend though, he will finish in a tie for second. Not bad.

If Schoepp is correct, Lubking will tie the school record for third last weekend. She was almost right.

Andre Tacuyan swimming torpedo pick: 14 record: 3-4

Jacob Olsufka baseball player pick: 10 record: 2-5

Alan DenAdel cross country stud pick: 10 record: 2-5

strikeouts in a season with one start remaining next weekend. She got some grief for saying the softball team would finish

Tacuyan must be feeling confident about Lubking's outing this weekend. If he is right he will move into a tie for second place after sitting in the standings' cellar all semester.

It was a disappointing semster for Olsufka who was never a threat for winning the league title. Nonetheless he is predicting his teammate will set the school record this weekend.

Like Olsufka, DenAdel never made a push for the league title. He was too busy getting ready for cross country season next year anyway.

Making do at half strength

Baseball team loses leadoff man Dominick Courcy to hand injury

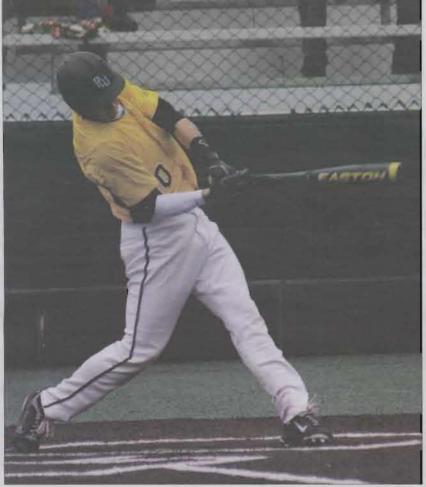


PHOTO BY THOMAS SOER

Junior Dominick Courcy stands in during the Lutes' series against Willamette in the first weekend of March. Courcy has missed much of the 2013 season with a broken bone in his right hand. He was hitting .357 in 21 games and led the conference with 12 stolen bases before being sidelined.

By BRANDON ADAM Sports Writer

Some things end too soon.

Outfielder Dominick Courcy, a junior, was enjoying a strong baseball season until he sustained an injury to his hand midway through the season. His absence has left a hole in Pacific Lutheran's lineup as well as in centerfield.

The junior suited up for most of the Lutes' games since sustaining his injury, and he appeared as a pinch-runner once.

The specific injury is a fractured "hook of the hamate" in his left hand, and it was caused by holding a bat.

"It's a pretty common injury," Courcy said.
The hook of the hamate, as the bone is called, is a bone roughly at the bottom of the metacarpal of the pinkie finger, along with other small

bones, where the hand meets the wrist.

"The knob of the bat rests on that part of the hand," Courcy said. After repeatedly swinging a bat, the bone loosened and eventually broke off

"The bone was just floating around beneath my skin," Courcy said. "Everything was swollen in my hand." The swelling in Courcy's hand prevents him from holding a bat or catching a

Courcy said he is not in pain but experiences overall weakness in his hand. "I can't really grip anything, I have no strength," Courcy said. "Whenever I try to grab something, I can't. I just have no strength in that particular area."

Last season, Courcy hit .342 en route to earning Second-Team All-Conference accolades. This season, Courcy was hitting .357 before the season-ending injury.

Courcy said he was looking to mimic his achievements from last year, but the injury has brought his progress to a halt.

"One of my goals at the beginning of the year was to have the most stolen bases in conference," Courcy said. "I was on the right path for that goal but stuff happened."

Courcy said doctors are not optimistic he can recover before the baseball team's season ends next weekend. However, he is healing well from his injury. He had surgery on his hand two weeks ago and will be put in a cast "to keep everything in place."

Courcy estimates that along with the physical therapy, his recovery will take about six to eight weeks, and he said he hopes to be back in action next season to give it his all.

"I'll just train all summer and hopefully be ready next fall," Courcy said. All Courcy said he can do for the rest of the season is rest and perform his exercises.

The Lutes wrap up their 2013 campaign next weekend in a nonconference tournament in Lewiston, Idaho.



VIDEO COMPONENT ONLINE

Coping with trauma

By DENAE MCGAHA
Guest Writer

For an athlete, the human body is the greatest asset. But it can also be the greatest vulernability.

Injury has always been a risk of participating in athletics. "As an athlete you always have that on your mind, that you may get injured," first-year Nicoya Benham-Marin, a soccer player, said.

Benham-Marin suffered a serious concussion last season.

"If I get one more, I can't play soccer anymore," she said. However, this risk doesn't keep Benham-Marin from putting forth her best effort.

"I try not to play differently. I see it as, 'I'll take a hit for my team," Benham-Marin said. "If it takes me out of the game forever, at least I know I was working hard for my team, and I was doing my best."

Injuries can change circumstances off the field as well as on the field. Sophomore Bjorn Slater was looking to play baseball at the University of Hawaii until he tore a ligament in his elbow. Slater said he found that even though his injury removed him from baseball, it provided a new perspective about athletics.

perspective about athletics.

"You get caught up in the sporting world," Slater said, speaking of the time-consuming commitment of being a student athlete. "But there's a lot more out there to experience."

Since coming to Pacific Lutheran University, Slater said he has discovered some of those new experiences, one of which is the ultimate frisbee team.

Samantha North, a sophomore phenom on the volleyball team, was given a new outlook on sports as well after she tore her ACL during a routine pregame warm up. Being taken out of the game reaffirmed her feelings toward the sport.

"Having my knee hurt was kind of a blessing," North said. "I was sitting on the sidelines watching everybody ... it was a realization for me — 'this is why I play, I love the game so much."

Benham-Marin echoes these feelings toward soccer. "I really love it," Benham-Marin said. "[Soccer] taught me a lot about how to work and relate to other people, a lot about myself — how to overcome challenges."

Following an injury, a more overlooked challenge is the emotional toll it can have on an athlete.

"It was ... tough at the time," Slater said, speaking of the time following his injury. "I played baseball because I loved playing the sport."

Benham-Marin recalls her reaction. "I expected myself to come back within a week," she said. "When the trainers told me that I was going to be out for almost a month, I was heartbroken."

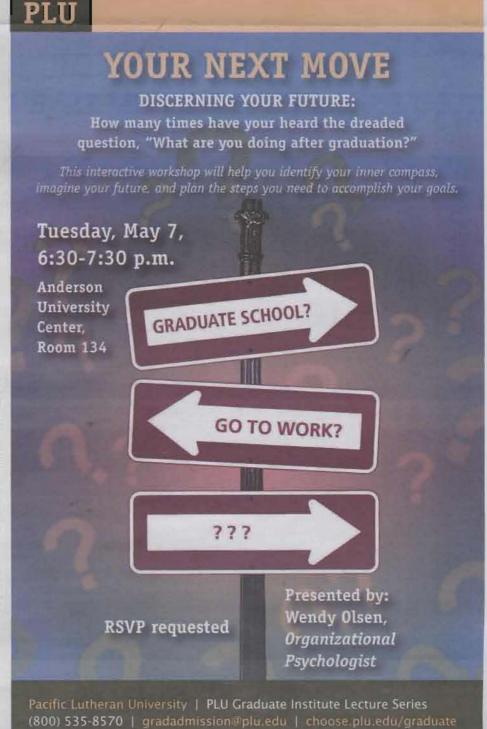
But true to the Division III moniker of student-athletes, these sports players have learned a lot from their experiences.

"This is not as bad as it could have been," North said, keeping a positive outlook. Slater spoke along similar lines. "I learned to appreciate what you have when you have it, because it's kind of hard to go back once it's gone."

The possibility of injury is a part of athletics. Constantly in motion, athletes must find ways to deal with that risk.

Even with the physical and emotional tolls, changed plans and physical therapy that come with an injury, athletes continue to play. Even though all of this puts them under the risk of worse injury, athletes continue to play.

Like Benham-Marin said: "anything can happen at any time, so play your hardest, give it all you can, and give it all out for your team no matter what."



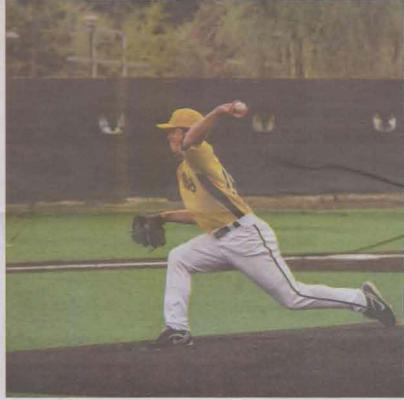
Lutes sweep aside Pioneers

Baseball team takes three from Lewis and Clark on senior weekend









TOP LEFF: Sophomore Collin Nilson jogs to his position in right field in the top of the third inning of the Lutes' 6-4 win over Lewis and Clark on Sunday. The flag flew at half mast in the wake of the bombing in Boston and passing of Frosty Westering, ABOVE LEFT: First-year Drew Oord, the third baseman, follows through on a flyout during the Lutes' win on Sunday. Oord leads the team with a .386 batting average. TOP RIGHT: Sophomore Clay Trushinsky drops down a bunt on Sunday. Trushinsky went 2-4 on the day and scored twice: ABOVE RIGHT: Sophomore Trevor Lubking delivers a pitch on Sunday. Lubking struck out 14 over eight innings of work. He is 10 strikeouts away from setting the school record, 101, set in 2002. Photos by Frank Edwards.

By BRANDON ADAM Sports Writer

The weather was inconsistent duri g Pacific Lutheran's three-game Northwest Co ference series with Lewis and Clark last weekend, but the Lutes performance was just the opposite. They earned their first conference sweep of the season.

Pacific Lutheran extended its winning streak against Lewis and Clark to 17 games with a 14-1 win in game one, a ninth inning rally in game two on Saturday, and another 6-4 win on Sunday.

The Lutes showed strength at the plate and displayed exceptional pitching

"We were feeling good during practice this entire week and just translated it to the game," sophomore Curtis Wildung, a catcher, said. "We got double digit hits in all three games."

Game One: PLU14. Lewis and Clark 1

The Lutes' bats came alive in the first game at noon on Saturday in a blowout

Junior Alec Beal, an outfielder, and firstyear infielders Drew Oord and Carson McCord each compiled three hits in the

After jumping out to a 5-0 lead through three innings, the Lutes cruised.

Senior Max Beatty dominated on the

mou d in seven shutout innings with four hits, no walks and nine strikeouts. Beatty improved to 6-4 on the season with the

Game Two: PLU 5, Lewis and Clark 4

The second game was much closer, with Lewis and Clark one strike from taking the

Trailing 5-1 in the bottom of the ninth inning, the Lutes scored six times to win in walk-off fashion. With two outs, the bases loaded and down three, Wildung lofted a fly ball down the left-field line.

Lewis and Clark left fielder, Matthew Cathcart, had shifted back to respect the bat of Wildung, but it wasn't enough. He dove and ad the ball in his glove momentarily before it trickled out, allowing all three baserunners to score, twing the game.

After Oord was intentionally walked, McCord drove the first pitch he saw into left-centerfield to plate Wildung and earned himself a mobbing from his teammates.

"Baseball's a funny game. Anybody can beat anybody on any given day," Beal said.
"For some reason, we weren't able to hit their starter very well."

Sophomore Collin Nilson, starting pitcher, allowed four runs in 7.1 innings of work. Chris Bishop, also a sophomore, picked up the wi throwing a scoreless final 1.2 innings in relief.

Game Three: PLU 6, Lewis and Clark 4

They didn't need a rally in the bottom of the ninth, but the Lutes snuck out another close win, 6-4, on senior day. Infielder Jacob Olsufka and pitcher Nathan Shoup were the lone seniors celebrated for their four years in the program.

The combined pitching efforts of sophomores Trevor Lubking and A.J. Konopaski contributed to the Lutes' win. "We dominated up on the mound today,"

After 116 pitches, Lubking struck out 14, allowing four hits and three runs in eight innings of work. He improved to 8-2 with

Konopaski picked up the save, his fifth of the season, throwing the ninth inning.

To accompany the dominant pitching, the Lutes' bats came into play in the second inning, scoring three times.

Beal was one of five Lutes to finish with two hits. "I was just seeing the ball well," Beal said. "Whenever I let the ball get deep, I seemed to hit the ball pretty hard and that's where I seemed to get most of my

The Lutes compiled 12 hits as a team. With the game tied 3-3 after three innings, the Lutes scored single runs in the fourth, sixth and seventh inning to create a cushion

Next weekend

The Lutes wrap up the conference portion of their schedule with a three-game NWC series at Pacific this weekend. The series starts with a doubleheader at noon tomorrow and a single game on 5 nday First pitch for that game is scheduled for



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