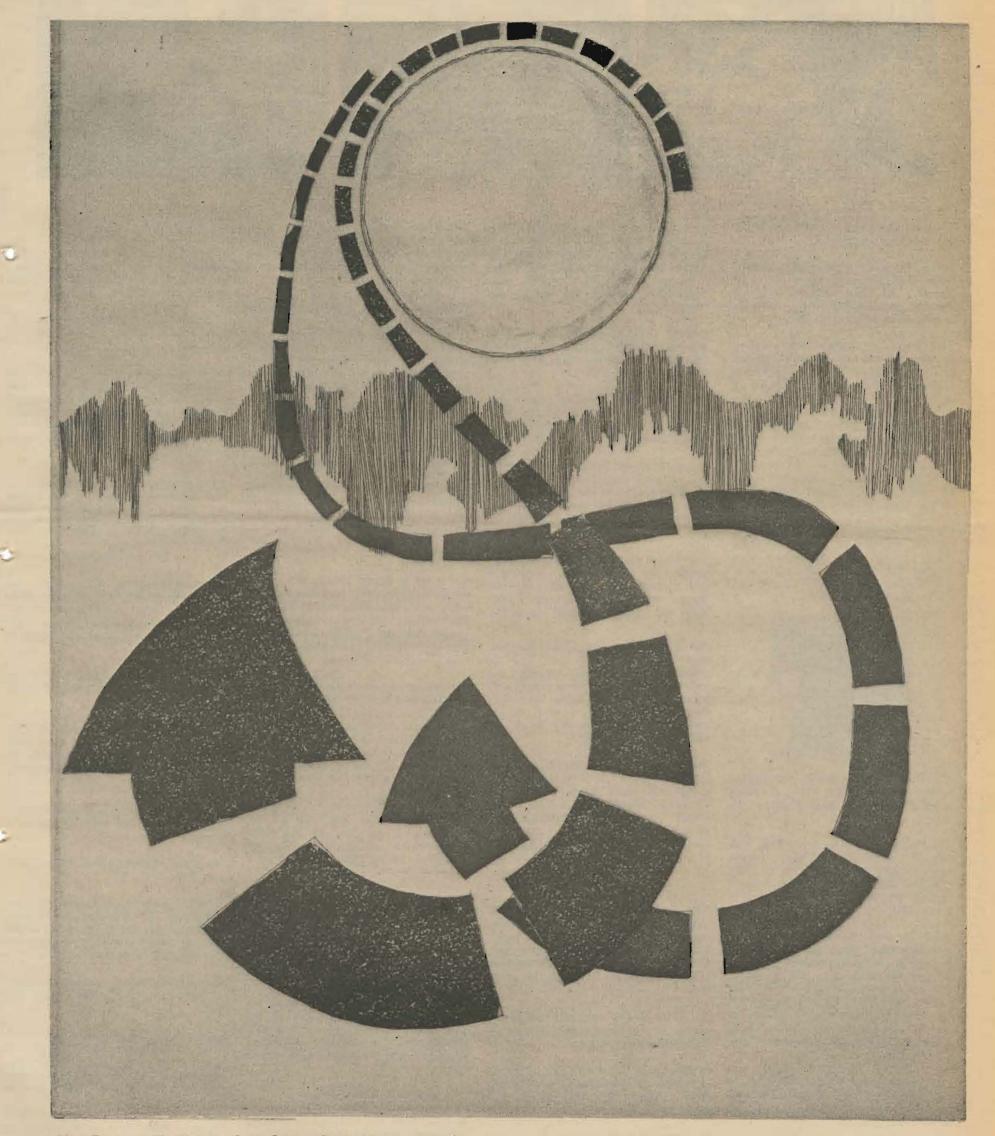
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Vol. LI, Pacific Lutheran University, No. 2 Friday, February 9, 1973



Mast Feature: The Tacoma Crisis Center See inside on page two

Cover by Linda Danielson

## Tacoma crisis clinic lends an ear

by Ted Carlson Mast News Editor







For three PLU students, Interim was just one crisis after another.

Stan Olsen, a senior majoring in history, Chris Nyberg, a junior majoring in social welfare, and Ted Carlson, a junior majoring in sociology, were volunteer workers at Tacoma's Crisis Clinic.

Four days a week they traveled downtown to the Clinic-which is housed in the upstairs of a run-down duplex-where they worked in shifts of 7-9 hours.

All three of the students worked almost exclusively on one branch of the clinic, its Information and Referral Service (I & R). Their involvement with it began in mid-September as an independent study for Vern Hanson's Social Intervention class and was carried on through January.

The Clinic is divided into three seperate services: Crisis Phone lines; Phoenix Phone lines; and Information and Referral lines. Each service perform a specific function for a specific segment of the Tacoma area population.



The Crisis service is geared basically for adults desiring help for problems encountered, and is open all day every day.

The Pheonix Line is for junior high, high school and college aged people experiencing emotional crisies. This service is available from 4 p.m., Sunday through Thursday, and from 4 p.m. to 2 p.m. Friday and Saturday nights.

While the above two services are for the emotional-type crisis, Information and Referral line is directed towards the social or physical crisis, i.e. lack of food, housing, transportation etc. As its name implies, the volunteers give information By working in I and R, the students kept in close contact with over 400 various agencies and organizations that provide services to the Tacoma area. Each day, problems arose that required close cooperation between one agency and another.

Beyond the professional and academic aspects, the PLU telephonists gained other benefits benefits from their Crisis Clinic experience.

"By working here, I learned how to deal more directly and effectively with people," Olsen said. "This, I feel, is some thing I can use anytime in my life."

In regards to her personal gains, Nyberg said, "I get a good feeling that at times I've helped someone who really needed it. Also, I've found out some things about myself-capabilities, things I'm able to do."

"I've talked to a couple of very psychotic people. You find yourself wondering if you can really handle something like that. Maybe the next time it seems a little easier and you can handle it," she added.

Not everyone at the Clinic, however, works on a volunteer basis. For the purpose of organizing, training and maintaining operations there are six staff members: two with Crisis, two with Phoenix, one with I and R, in coordination with the director of the Clinic.

The Clinic, which has been in existance since 1966, grew out of the concern of a group of psychologists working at Tacoma's Comphrensive Mental Health Center. They realized that certain needs of the Tacoma community were not being met. The purpose of the Clinic was to help meet these needs.

#### Crisis arise anytime

"We know that individuals in the comminity experience crises at anytime, night or day, 365 days of the year," Finley said. "We also know that the most effective crisis intervention is done as close as possible to when the stress occurs." Before an answerer can come to grips with a crisis, he must first determine what constitutes a crisis state. Oftentimes that which is crisis to one person is far from a crisis for another.

Finley listed four generally accepted elements which comprise any crisis state: a precipitation of the critical event; the disruption of thoughts and/or behavior; inability to cope with the present situation. and recent duration, ranging from a few days to a few weeks.

#### Extensive training necessary

In order to work on the lines, each volunteer must complete nine four-hour training sessions, during which prospective workers can be screened out at any time. Midway through training, the volunteer begins to listen in on actual crisis calls. Once this is completed, 12-16 hours of "On the Job Training" begins as the individual works under close supervision.

According to Loren Finley, director of the Crisis Clinic, good answerers must be calm, caring and compent. In addition, they must be able to relate to others, use mature judgement, help callers arrive at innovative solutions to complex problems while respecting the needs of the caller.

"Crisis intervention is a process which can be effectively done by lay volunteers. It doesn't require 'professional' competence. Some professionals are so reliant on technique and theory that they can't relate to others. Subsequently, they are screened out," Finley emphasized.

Lay volunteers, like the three PLU students, are the backbone of the Clinic. Volunteers are the ones who do the actual phone answering. On the Crisis Phone there are approximately 45 volunteers, 35 on Phoenix and 10 on I and R.

Depending which phone service the volunteer is working, the type of crisis varies accordingly. The PLU students on the I and R lines dealt chiefly with very tangible day to day emergencies such as need of transportation, food, money and utilities.

was out of food.

"We got her food, some money an arranged to deal with the utility company. She was much relieved," Olsen added.

The first call Nyberg answered was considerably different yet just as difficult.

On picking up the phone and answering "Information and Referral, may I help you?", she was greeted by a stream of incoherent babble from a woman who was later identified as a recently released mental patient from Western State Hospital.

All Nyberg could do was to sit there open-mouthed, listening to the woman rave on about hell-fire and damnation. After a few minutes, the woman thanked her for listening and hung up.

#### Few suicides threats

The most sensational and extreme crisis that comes in over the lines is the threat of suicide. What most people do not realize is that only a small fraction of the calls received are in some way related to suicide.

"In actuality, it varies from one to five percent of the total call volume," stated Finley.

During December, the Crisis Phone lines received 1425 calls. Of these, there were 16 callers comtemplating suicide, six threatening suicide and eight attempted suicides.

"Many people think about suicide, yet in only a minority of cases is there any attempt," Finley remarked.

The typical suicide attempt comes from a male in his 50's or 60's.

Overall, the ratio of women to men calling into the Clinic is 65:35. This can be partially explained, Finley felt by the fact that women stay home all day while their husbands are busy at work.

As in any job, there are fustrations which

and make referrals to agencies that are able to help the individual in his special situation. Hours are from 8 a.m. to 5 p.m. every weekday.

Each student had a different reason for leaving the classrooms, books and lectures to venture out into a social agency such as the Crisis Clinic.

"I felt that in the classroom you're taught theories, but that by working experience you get the chance to apply these theories and to find out if they really work," said Olsen.

Nyberg added, "I wanted to get some experience in the field that I'm planning to work in." Not everyone has a problem that occurs conveniently during the daylight hours of a psychologist or counselor.

In addition to this, Finley said, "There is the stigma of counseling. Some people find thisto be threatening and embarrassing."

A telephone-based service has certain advantages over a walk-in or out-patient service.

"Day or night we are easily and immediately available; we can be reached at any stage of the crisis; we have personal and community resources with which to help the caller; and the caller remains anonymous if he desires." Volunteers on the other lines frequently handled less tangible but just as real problems such as husband-wife, parent-child conflicts, loneliness, pregnancy and abortion crises and so forth.

#### First one most difficult

In many cases, the problems are resolved quite easily; however, they are sometimes more difficult.

"I don't think any of the calls I received were any more difficult than the first one," Olsen said.

For instance, a woman with children called in stating that she owed \$70 on her utility bill, was behind on her rent and ensue from working on the Crisis Clinic lines.

Nyberg said, "You're able to see where needs are being met and where there are gaps in the services offered. It's frustrating to run up against dead ends when you know there really is a need there."

Olsen carried this thought further, adding, "When there is no immediate answer to a problem, you still feel like you're obligated to meet the need. You've got to realize that there is only so much you can do over the phone."

The clinic is financed primarily by the Federal government and, to a lesser extent, by state and local funds. (please turn to page 3)

### UFO master speaks

Mr. Friedman is the only space scientist devoting full time to the science of "Ufology." He will lecture on the reality of flying saucers on Thursday, Feb. 15, at 9:50 a.m. in Chris Knutzen in the U.C.

More than 13 years of study and investigation have convinced Mr. Friedman that Earth is being visited by intelligently controlled vehicles from off Earth. His exciting talk covers data from several scientific UFO studies, misconceptions about UFOs, travel to the stars, "humanoids," the faulty arguments of the "educated" non-believers, the inadequacy of the "Condon Report" –all from the view point of the practical scientist.

Mr. Friedman's lecture is illustrated with about thirty 35mm slides of data and UFOs from all over the world and is



always followed by a discussion. Come with an open mind and draw your own conclusions.

### Tacoma crisis center helps in growing, giving

#### (continued from page 2)

With funding cutbacks expected for many social service agencies, Finley is optimistically guarded about the future of the Clinic. "The Tacoma Crisis Clinic is quite well-established and has been around for six or seven years. We fully plan on being a continuing service and helping resource in the city and county. If we were not needed, the number of calls would go down, and that isn't happening," she said.

coming in over the Crisis Phones. "I would project that we will get anywhere from 25,000 to 28,000 calls for 1973," Finley estimated.

With the calls pouring in at increasing levels, it is apparent that there definitely is a need in this area for the services that the Crisis Clinic provides. Without the volunteers, however, the Clinic cannot function.

Growing number of calls

In 1972, approximately 24,000 calls were received, with more than half of these

Working at the Clinic and helping other people is a reciprocal experience. Growing, developing, maturing, seeing, giving, hearing, feeling and helping-all of this is what the individual gains. Ask Chris, or Stan, or Ted.

### Seeger counsels on "survival"

"College survival," academically speaking, is the goal of PLU's newly created Learning Skills Service.

The program is being headed by Richard Seeger, recently appointed coordinator, and commences at the beginning of the spring semester.

According to Seeger, the types of help a student can expect to find at or through the service are: study skills classes; basic skills classes in English and Math; an individualized reading program; a tutorial service for any course currently offered on campus; and individual consultation on any academic problem.

"LSS is a student service," he emphasized, adding, "Where we cannot help, we will try to refer a student to someone who can and will."

#### **News Capsules**

#### Soph nurses to receive caps

The sophomore nursing students of the Class of 1975 will receive caps to mark their acceptance In addition to the above programs, Seeger hopes to offer "mini-classes" in such areas as vocabulary building, research methods, efficient cramming, term paper writing and so forth.

If LSS is to succeed, student response and input is not only important but imperative.

"Our need is particularly crucial in the tutorial program. We need to hear from students who can tutor other students in any and every subject and course," he said.

Anyone interested in helping in any capacity or just curious about the program can contact Seeger in his temporary quarters, located in the Administration Building, Counseling and Testing Office, Room 109 A, ext. 201.

### ACT NOW

\*\*\*\*\*\*

On December 7th, the Civil Aeronautics Board Abolished Youth Fare Please cut out and mail the letter below to let Congress know where we stand and that proper legislation is in order to correct this injustice now

On their Domestic Passenger-Fare of Investigation: "Youth standby, youth Readers are asked to sign it, and mail the \* reservation and family fares and unjustly discriminatory and family and youth reservation fares are also unreasonable." The Board deferred cancellation of these fares pending further hearing on the question of an adjustment of normal On February 28, a National Student fares.

Through the sponsorship for the National Student Lobby and Continental Marketing Corporation, the COALITION TO RETAIN AIR DISCOUNT FARES (CRADF) has been formed.

\* The purpose of CRADF, says Russell \* Lehrman, President of Continental Over \$300 million is spent by young their views so that they will be heard."

December 7, 1972, the Civil An open appeal in the form of a tear-out \* Aeronautics Board announced the results letter has been mailed to the Mast.

> letter to CRADF in Washington D.C., \* where they will be sorted and forwarded \* to the Congressmen for the district from \* which the letters are sent.

> Lobby conference will be held, with students from all parts of the country in attendance. There the problem of the abolition of student fares will be considered, and delegates will visit with their own legislators to urge positive and final action to retain these important a fares.

Marketing Corporation, a youth fare card people on youth fare tickets annually. sales concern, "will be to alert every Each year over one million youth fare traveler affected, advise them that they cards are bought by young people who may lose from 25% to 33% air fare believe that they are entitled to its reductions if they don't act now, and benefits until age 22. If the fare is provide them with a vehicle to express abolished, privileges of the card would be \* revoked.

\*\*\*\*\*\*\*\*

#### Dear Congressman

Please take action to save the Youth Fares and Discount Fares which have recently been abolished by the Civil Aeronautics Board.

I would appreciate it if you would also write the CAB and request that they delay enforcement of this decision until Congress has an opportunity to act on this important questio

Some 5-million students traveled using this discount fare in the past year. This contributed over \$400-million to cover fixed costs of the airlines. These carriers can be presumed to have a full grasp of the marketing considerations involved and are, at least, as interested as the CAB in dropping any useless discount fares. Yet, an overwhelming majority of the airlines who participated in the CAB investigation are in favor of these fares.

Millions of students have purchased their Youth Fare identification cards with the belief that the cards would be valid until their 22nd birthday. Now the cards are being abruptly cut off by the CAB's decision.

As one of millions of young voters, I respectfully request that you act to pass legislation that will allow the CAB to discriminate on the basis of age by keeping Youth Fares. I will be anxiously awaiting the results of the coming legislation concerning this matter.

CRADF (Coalition To Retain Air Discount Fares)

413 East Capitol Street, S.E.

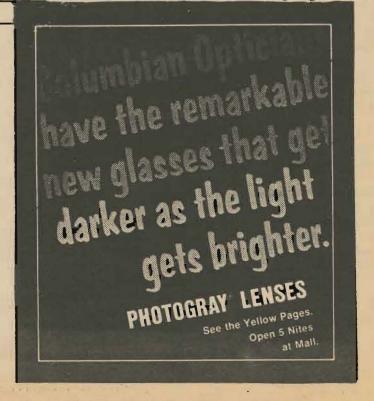
Washington, DC 20003

(signature)

(address)

(city, state & zip)

Co-Sponsors The National Student Lobby and Continental Marketing Corporation



into PLU's School of Nursing in ceremony slated for February 11th at 3:00 p.m. in Eastvold Auditorium.

Dr. Doris Stucke will welcome the assembly. Mrs. Ruth Sorenson will speak on the theme: "Nursing, a Special World of Loving." Rev. Gordon Lathrop will give the invocation and benediction.

The girls will be capped by their own clinical instructors: Mrs. Margaret Coutu, Miss Fern Gough, Miss Linda Honold, Mrs. Lois Jacobson, Mrs. Barbara Menzel, and Miss Lenora Weirick. Mrs. Theresa Hemmen,

"Joyful Noise."

student.

YWCA sponsors workshop

Mrs. Linda Olson and Dr. Doris

Stucke will distribute Florence

Nightengale candles to each

Music will be provided by the

The Tacoma YWCA is sponsoring a legistation workshop on Saturday, February 10, 1973, from 9:00 a.m. till 3:00 p.m. The purpose of this workshop is to inform participants about bills concerning women which will be presented in this legislative session. Legislation which will be covered includes: contraceptives to minors, new laws affecting marriage and divorce, changes in laws brought by the passage of HJR-61, laws affecting welfare a sack lunch. Childcare will be provided. For more information, call the YWCA, a United Way Agency, BR2-4181.

recipients, the tenant-landlord

bill and others. The program will

include information on issues,

speakers, and discussion groups.

Lunch will be provided for

\$1.00 or participants may bring

#### **Forthcoming Concerts**

The Paramount Theatre hosts Ravi Shankar on Friday, Feb. 9, and Blood, Sweat and Tears the following night. On Feb. 16, Curtis Mayfield and Natural Four perform, whereupon Jesse Colin Young along with Grin saturate the air with waves on Saturday. All concerts commence at 8:00 p.m. Tickets may be purchased at the Brass Ear ..

## **ENTERTAINMENT** Ken Currens...Entertainment Editor the Critic's Box

Jim Degan

Editor's note: Jim Degan is the Mast's new entertainment critic. His column, "The Critic's Box," will appear weekly. A highly qualified writer, Jim is a veteran of many dramatic productions, including PLU's The Rainmaker and The Taming of the Shrew. His first article is the genesis of a four-part series on the English theatre. The reader is welcome to respond to his comments.

#### Theater in London

Two interims ago, an off-campus course was offered entitled "The Theatre Scene in London." How it fared I do not know, not having been here at the time—but had I been here, I most certainly would have paid the necessary fees, taken the necessary shots, and endured the whole rigamarole one goes through in order to go abroad. And I think anyone who professes an interest in theatre would have been well-advised to do the same. Those who were unable to accompany Dr. Van Tassel to the British Isles during January have missed a second chance. But I sincerely hope that a third, fourth, fifth and sixth chance are in the near future.

A month viewing British theatre is a month well-spent. The vast quantity and fine quality of theatre to be experienced in London itself, let alone the rest of Britain, is formidable: at the time of this writing, the Royal Shakespeare Co. is doing "Murder in the Cathedral," "Othello," and "The Merchant of Venice"; Maggie Smith is appearing in Noel Coward's "Private Lives," directed by no less than Sir John Geilgud; Lauren Bacall is starring in "Applause"; "Showboat" is playing, and a musical version of "Gone With the Wind" is, too.

You can also find Gilbert & Sullivan, "J.C. Superstar," "Godspell," even "Oh! Calcutta!" Playwrights from Beckett to Shaw are represented, and for lovers of music and dance, there is the Royal Opera, the Royal Ballet, and the Sadlers Wells Company. A person could spend an entire month in London seeing shows. And even if he was luck, he would only see about half of them. Theatre fare in London is extensive and lively—this is because the English excel in dramatic art, and have been doing so for the past several centuries.

Most of the theatre is excellent, but there is always a little that is not so good. However, in London, with such a large choice at your disposal, it is difficult to go wrong. Tickets are not that hard to get for most shows. You can get relatively good seats for relatively little money.

Curtains are earlier over there—sometimes as early as 7:30—so dine in plenty of time, or not at all. In London hotels, a missed meal is often a blessing.

The theatres themselves are divided into different seating sections, and you do need an usher to find your seat. Bars (sometimes more than one) are available in most theatres, but are often as not unreasonably expensive. During intermission you may buy refreshments in the auditorium. If you have seen Hogarth's picture, "The Laughing Pit," of an 18th century audience, you will appreciate the British flavor of this.

After some performances, "God Save the Queen" is played, a rather restrained counterpart to our playing "The Star-Spangled Banner" before the ball game.



### Vocalists revive opera

The Medium, Gian Carlo Menotti's opera dealing with the occult, will be presented in PLU's Eastvold Auditorium on Friday and Saturday, Feb. 9-10, at 8:15 p.m. The production is staged by the Dept. of Music Opera Workshop.

Members of the PLU Symphony Orchestra, under the baton of Jerry Kracht, will perform with the opera cast during the complimentary productions.

The opera story line deals with Madame Flora, a charlatan medium sung by mezzo-soprano Cynthia Lockhart, a senior from Tacoma, who was featured recently as a soloist with the PLU Symphony Orchestra. Miss Lockhart has appeared in several operatic productions, including the Tacoma Opera Society production of *Die Fledermaus*.

Madame Flora's daughter, Monica, and Mrs. Gobineau will be sung on alternate nights by sopranos Cameron Griffith and Janis Aldrich. Miss Griffith is a junior from Everett majoring in music performance. Also a junior, Miss Aldrich is a music education major from Lakes High School, Tacoma.

Baritones Duane Larson and Randy Spitzer will alternate in the role of Mr. Gobineau. Mrs. Nolan is sung by soprano Jennifer McDonald and the mute part of Toby is portrayed by Craig Voelkert. In the production, Monica and Toby are Madame Flora's assistants in fraudulent seances, and also are major factors in the crisis that results. said, and one that follows the traditional Italian operatic style.

"For many, the word 'opera' conjures visions of long, boring arias in foreign languages, 'acted' by shallow, unconvincing characters," Sare commented. "In fact, opera at its best is exciting theater as well as music." For the opera lover who may expect a "typical" opera workshop production—at best full of promise but lacking in vocal strength and dramatic depth— Sare promises pleasant disappointment. "Our cast is very strong and our Madame Flora (Miss Lockhart) is superior vocally to those available on current recordings, "he added.

# Rhythm and song combine in Olson

Two of the country's top recording stars, pianist Ramsey Lewis and pop singer Jackie DeShannon, will appear together on the concert stage in PLU's Olson Auditorium on Saturday, Feb. 10, at 8:15 p.m. The concert is sponsored by the PLU Entertainment Series.

Lewis, one of the hottest jazz artists in the country today, is a veteran of the top night clubs and concert stages in the country. He is the proud owner seven gold records for million-selling hits, including "In Crowd", which earned him a Grammy award for top recording, "Hang on Sloopy" and "Wade in the Water", the latter two nearly back-to-back successes.

Lewis and his trio perform at the

and Marianne Faithful. Although during those years she had only one minor hit, "Needles and Pins," to her own credit, she toured with some of the top starts in the world, including the Beatles.

A musical critic has said that she comes out sounding like a Dionne Warwicke- Dusty Springfield-Tammy Wynette amalgam, but is softer, and more reticent emotionally than all three.

Tickets for the concert are on sale at the Bon Marche and the PLU University Center information desk.

With the British, as with everyone else, an evening at the theatre means a gala evening. Perhaps a little more than that, Britian has, after all, provided the world with several of its greatest dramatists, actors, and actresses—indeed, the man who is generally acknowledged to be the world's greatest living actor—Sir Laurence Olivier—is an Englishman. And one can feel, as he watches British actors and actresses, many of whom are very young but already well-trained, what a cherished tradition the theatre is to the British people.



Voelkert performs as an acrobatic dancer with choreography prepared by Kathy Iverson, PLU modern dance instructor.

According to Opera Workshop director, William Sare, PLU music professor, *The Medium* is one of the most demanding of operas, both dramatically and vocally. Menotti is one of the strongest dramatic opera composers working today, he vanguard of the musical pace of the nation without losing the Ramsey Lewis flavor. He was also one of the first recording artists to utilize electronic instruments.

"Put A Little Love In Your Heart" was the best-selling single that launched Miss DeShannon as a well-known songwriter and recording star. The song appeared at the top of the record charts in 1969.

Arriving on the popular music scene in the early '60's, Miss DeShannon spent most of her early years writing hits for other singers, including Brenda Lee

### WORLD NEWS Scott Williams...World News Editor THE WORLD

### Nixon budget befuddling

The budget of the United States government is four volumes. The biggest is the size of the New York City telephone directory, while the smallest is a 71-page pamphlet.

Is it just four big wads of paper? ' Definitely not.

More than anything else, the budget documents give personality to the U.S. government, because it tells U.S. what your Uncle Sam is going to be like in the coming year.

Is he going to be compassionate? The budget tells about the welfare programs.

Is he paternalistic? The budget ; reveals whether the government is doing what people could be doing for themselves.

Is it too big? Too powerful? ? is now turning back to the Feeding the fires of inflation? Imaginative? Jinoistic? The answers are all right there in the dollar and cents figures of the budget of the United States government. All you have to do is take the trouble to find out.

If there is any single thing which describes the budget President Nixon sent to Congress, it is the word "retrenchment."

Not so much money retrenchment, but retrenchment ideologically. In other words, get big government off the people's back by reducing or ending social programs.

There is no claim in the budget that the problems which those programs were trying to solve are as yet solved and no longer exist. In fact, we still have our poor, we still have our hungry, and we still have our decaying cities.

The problems remain, but the budget offers two solutions: emphasize self-reliance and take the problems to city hall.

Really, that is what the President's revenue-sharing is all about. While cutting back on the federal government, he is trying to build up the state and local governments to solve the problems which President Nixon communities.

Will it work? No one knows of course, but if money is a symbol of dedication on the part of government, all government will not be devoting the same amount of effort to the solution of the problems.

For example, the President's special revenue-sharing programs to be submitted to Congress involve about six-and-a-half billion dollars in federal money

for the coming federal year. However, that money is merely a transfer from Washington to the state capitals. It does not give states and localities money to fill the gap or retrenchment.

Furthermore, even for the special programs covered by revenue-sharing, there will be less money in the pot. At present, the programs call for matching funds from the states.

Under the President's proposal, to ease the financial squeeze on the states and cities, the matching fund requirement will be abandoned in most cases.

That means less money, overall, to devote to the solution of the problems which President Nixon is sending back to the states. He says such problems can be handled better and more democratically there.

But while there is retrenchment in the social services of the federal government, there is no cutback in the tax incentives given to industry and the fast depreciation write-offs for real estate will continue.

The question unquestionably will come up whether or not the problems will be handled there at all.



of frustration and distrust that extends to the whole govenmental process."

A Pepsi Peace in Mideast? Washington--Is Pepsi-Cola quietly at work trying to solve the Middle East crisis?

Pepsi-Cola president Donald Kendall is trying to put Egypt's most influential editor, Muhammad Haykal, together with White House foreign policy czar, Henry Kissinger.

Kendall first suggested to Heykal back in 1971 that he come to Washington for a visit with Kissinger, but Heykal turned down the invitation. Now, we understand, Heykal had

#### U.S. trade in red

Figures recently released by the Commerce Department show that the U.S. trade balance wound up in the red again last year. The United States' trade balance for 1972 amounts to a 6 billion, 400 million dollar deficit. That figure is three times higher than it was in 1971.

OUTSIDE

Department statistics show that the trend could possibly change this year. This prediction is based upon statistics during the last three months of 1972, which indicate that imports are sluggish and exports are accelerating.

#### Humans attaining equal rights

Human beings are about to get equal rights with cattle, dogs, and lawn fertilizer. The federal government is about to insist that some foods sold for people to eat be labelled as to their nutritional content.

For years, manufacturers of cattle feed and pet food have carefully marked about all of the food they sell for animal consumption. In fact, the same information is provided for crop feeding. Every suberbanite who buys fertilizer for his lawn or garden can read the label and know just what he is feeding his home crop.

Manufacturers of "people" food will soon have to list the contents by protein, fats, carbohydrates, and vitamin content. The new labels should hit the market this coming summer, but it will be about two years before the new orders become fully effective.

#### Cancer less likely among mentally ill

(AFS) The mentally ill are far less likely to die from cancer than the general population. This information was reported by Greek psychiatrist N.C. Rassidakis, who analyzed data collected in Greece, England, Wales, Scotland, and the Soviet Union.

Rassidakis found the incidence of terminal cancer among mental patients was only about a third of the rate for all individuals, although the mentally ill died of other causes (heart disease, TB, diabetes) at the same rate as the public at large. He also discovered that of the different mental illnesses, schizophrenics were the most resistant to cancer.

Rassidakis offered no explanation for his surprising findings but was confident that future research would provide an understanding for the relationship between the two diseases.

#### Toll collectors want extra pay

Connecticut highway toll collectors are asking the state for hazardous duty pay. Not from the possibility of reckless drivers and the serious accidents they could cause, but from the very air they breathe.

One turnpike attendant said that in an average working day, a toll collector is exposed to the carbon monoxide fumes of at least 4,000 cars. Frequently, these automobiles are bumper-to-bumper. The protesting attendant cited the findings of a heart specialist who said that once carbon combines with a protein substance in the blood, its effects linger even after the subject arrives in the clean air at his suburban home.

#### Youth vote described minimal

A survey just published by the U.S. census bureau reveal that young Americans were much less inclined to vote than their elders. The statistics gathered by the bureau show that about 40 percent of people 18 to 20 years old went to the polls to vote for president. At the same time, approximately 55 percent of the whole population of voting age cast their ballot on November 8.

#### **By Jack Anderson**

1972 Pulitzer Prize Winner for National Reporting (Copyright, 1972, by United Feature Syndicate, Inc.)

Nixon vs. environmental groups

#### Forked Tongue?

President Nixon in his inaugural address called for more volunteer action and less reliance on the government. Environmental groups had been doing exactly what the President advocated. Yet, astonishingly, the Nixon Administration has been working against citizen participation.

This is documented in an unreleased 600-page government-funded study, which offers the first conprehensive look at volunteer environmental groups around the country.

complaint of environmental groups that government agencies and private industries in refusing to release basic information that the volunteers need. Instead, government and industry prefer to swamp the volunteers with information that the report describes as "self-serving."

The report cites the frequent

When useful information is squeezed out of the government, it usually is provided at the last possible moment. This is why many environmental groups seem so crisis-oriented. They are unable to act until the last stages of the decision-making process. Meanwhile, citizen groups are forced to oppose projects until they can evaluate them.

The trouble is that these groups have brought pressure on the government to crack down harder on industries that have been fouling the environment. Apparently, this wasn't the sort of citizen participation the President had in mind in his inaugural remarks. The 600-page report, therefore, has been kept quiet.

However, we have obtained a bootleg copy. It suggests that government agencies, especially the EPA, are "defaulting on their basic responsibility to aggressively promote citizen participation."

The report also criticizes EPA and other federal agencies for the way they conduct environmental hearings. These hearings often provide the only opportunity for volunteers to participate in environmental decisions. Yet the report charges that hearings usually take place after the basic decisions are made.

The report concludes that despite the many achievements of the volunteers, "we often found a feeling of helplessness. . .(and)a deep sense expressed interest in meeting Kissinger.

The meeting would be significant. Heykal is known to have the ear of Egypt's President Sadat and could pave the way for a new peace approach in the Middle East.

Kendall, meanwhile, had been able to pull diplomatic strings in Cairo because he is known to be a personal friend of President Nixon. The Egyptian authorities remember that Nixon came to Cairo in 1963 as Kendall's representative pushing Pepsi-Cola.

#### Chrysler needs a better idea

January spelled trouble for the Chrysler Corporation. To begin with, the Justice Department filed a two-count indictment against Chrysler accusing the company of illegally exporting militarized engines to Portugal. The indictment specifically accuses Chrysler of operating without a license or permission of the State Department to export engines designed for use in amphibious armored cars.

In another federal court suit, Chrysler was named as a co-conspirator with Ford and General Motors. Executives of the big three automakers are charged with fixing car prices for fleet customers and combining against unions.

Finally, Chrysler announced the recall of 10,000 light duty trucks and over 6,000 new model Plymouths and Dodges. The trucks are being recalled because of defects in the hood latch and brake hose, while the cars may have had flaws that could cause loss of steering control.



Duane Larson. . . Editor-In-Chief Ted Hile. . .Managing Editor Marlene Andersen. . . Business Manager Chris Buck. . . Copy Editor



It has been a myth longstanding that journalists (more particularly, "college newspaper editors") are the spearheads of social change. Such a presupposition further defines the journalist as one who makes his own news; i.e., he "finds" something to castigate as an evil in society, be that evil a university president, a police officer or a schoolboard official. These conceptions of the journalist are only partly true, while grossly inadequate.

The primary role of the journalist is not that of a self-appointed leader. Nor is his primary responsibility to find something negative (search and destroy), but to comment about the positive things he perceives also. In other words, a responsible journalist cannot be dubbed "responsible" until he has affirmed his own contextual setting. A subject is significant only if it is looked at significantly. A subject is algorithment only if it is able to be looked at significantly. If one does not affirm the basis of his subjects, the subjects, in truth, are unworthy of any comment at all. They are valueless.

With the advent of a new editorship, it is only proper that the *Mooring Mast* state its goals within the context of the philosophy stated above. We of the *Mast* are obligated to report what we see in our university community and the world around it. At times we are obligated to interpret what we see: that is, when we note something negative, we must comment about it. Concomitantly, when we note something positive, we must comment about it. But anything the *Mast* prints within the next year must be perceived within the context of affirmation. The *Mast* also recognizes that criticism itself is worthless unless offered in the spirit of affirmation.

We affirm the institution of Pacific Lutheran University and that for which it stands. PLU has value and therefore is not unworthy of comment, but is able indeed to be looked at significantly. In this light, any criticism offered should be regarded as constructive criticism and anything reported should be regarded as what we see. It should not be regarded as what one would believe to be opportunistic muckraking disguised in the name of journalism.

Finally, if the Mast does find itself at issue with certain aspects of the University, we would wish to see ourselves as catalysts for change and not as the leaders. For only the students, even struck as many are by anomie, can be the leaders in any type of change.

At this point, I am reminded of a conversation in which a rather pessimistic attitude was taken. This line of thought may be generally indicative of the student body as a whole and goes to the effect that, "Why make any attempts at criticism when you know in the first place that the criticism will never be heard?" Perhaps such criticism will never be heard? "Perhaps such criticism will never be heard were it but mere criticism for its own sensational sake. But criticism in the spirit of affirmation is much more effectual. It demonstrates sincere concern in the campus community and all that issues from it. This is the spirit in which the Mast would like to begin anew. It is our hope that our readership supports us in that quest.



### Innocent Bystander Arthur Hoppe

The long and bitter fight between Mr. Nixon and Congress ended at last when Mr. Nixon merely impounded the funds Congress had appropriated to run Congress.

"Pat and I," Mr. Nixon soberly told his television audience, "have always had a warm spot in our hearts for Congress. Some of our best friends over the years have been Congressmen."

But there can be no room for sentimentality when it comes to making the lonely and agonizing decisions of where to cut spendthrift programs in the budget I have proposed to myself." "As I have said, 'You can't solve problems by throwing money at them.' And when I considered the problems we were throwing money at, one led all the rest."

"Congress, my fellow Americans, has simply outlived its usefulness."

The political experts were forced to agree. Congress had long since abdicated its powers to make war or peace. Its legislative programs almost always required money, which the President merely impounded if he disagreed.

Any investigation into the executive branch was pointless as witnesses invariably cited "executive privilege" and remained silent. And while the Senate still had the power to ratify treaties, no Presidents negotiated any, preferring "executive agreements" with foreign powers instead.

Thus Congress, having lost it war-making, appropriating, legislative, investigative and ratifying powers, has little to show any more for its labors.

When the President impounded Congressional funds for salaries, staffs, telephones, postage and particularly air travel, Congress had no choice but to go out of business.

The public reaction to this development was best summed up by a Gallup Poll which asked the question, "Will you miss not having your Congressman in Washington to represent you?"

The response was, "Yes," 6.2 per cent; "No," 4.3 per cent; and "Who?" 89.5 per cent.

Congress, of course, was not about to take the President's fiat lying down. A delegation of Congressional leaders tottered over to The White House to demand, at the very least, air fare home.

"Don't ask what your Government can do for you,"

said the President sternly, "go find a job.'

But this was easier said than done. After years in Congress, few members are qualified for honest work. As one business executive said, "Who wants to hire a middle-aged has-been without any practical esperience or any record of accomplishments?"

group of misguided Constitutionalists made an abortive attempt to take the case to the Supreme Court. Unfortunately, the President, angered by the Court's decision on abortions, had impounded the dry-cleaning funds for the Justices' robes. And they had naturally voted unanimously to hold no further sessions.

Actually, the elimination of the legislative and the judiciary seemed to make little difference. The President governed, as he mostly had during his Administration, by issuing Executive Orders.

One of his first was to declare the Capital an historic landmark "in tribute to our precious heritage of democracy.'

And thus, Congress, even with the Congressmen gone, continued to carry out its major function of recent years-that of serving as one of Washington's three leading tourist attractions.

### ... in the future

columns w the advent of unique and provocative feature stories to be found on page two every week. New columnists include Ken Kilen, who will present an environmental issue each week, J. Stephen Jeske, a conservative pundit who will delight the reader's palate with political wit and intrigue, and Gordon Lathrop, campus minister, who will discuss religious and social issues of note. Also, beginning today, the *Mast* proudly sponsors the debut of our "sophisticate in residence" department with Jim Degan and "The Critic's Box" for you culture buffs.

Beginning today and next week several new concern such things as "Drugs on PLU," "The ill be presented in the Mast along with Board of Regents," "The Quest for an Honor's College, (or the lack thereof)," "ASPLU Elections," and a scenario on health service policies concerning pregnancy, abortion-referral and VD testing. The final article of the series will deal with the PLU image as a whole: a wrap-up, so to speak.

#### **Duane Larson**

Letters to the editor and copy should be typed and double spaced with a 65 character margin. Copy deadline is Monday at 6:00 p.m. All letters must be signed.

Opinions expressed in the Mooring Mast are not necessarily those of Pacific Lutheran University, its administration, faculty, or the Mooring Mast staff. The Mooring Mast reserves the right to edit all copy for length, propriety, and libel.

In its new feature format, the Mast will soon begin a series under the title of "The PLU Image;" a series of features which will concentrate on different facets of life at PLU and what those facets appear to be as a composite. The series will

Special supplements will be included in future issues also. One may expect to see a supplement dealing with student elections and especially one dealing with the problems of Tacoma Urban Renewal as seen by the Brookings Institute, that famous "think tank" from the eastern seaboard. The Mooring Mast encourages feedback from the reader on any of these or other issues. We look forward to a working dialogue with all those connected with PLU as we begin anew as "The Voice of The Students."

# SPORTS Doug Kenyon...Sports Editor



Displaying body control and grace, Lute guard Randy Leeland flashes past three Pacific defenders in his search for the hoop in the closing seconds of PLU's 99-76 thrashing of the Boxers. Pacific survived the pummeling, however, and now reside in first place in the Northwest Conference, deposing the Lutes.

### Lutes still up for title

Randy Leeland and Gene Lundgaard had a streak of chess successes, Mike Berger had some good "4-Score" games, and Mark Willis won 16 cents pitching pennies.

Oh yeah, and PLU lost three basketball games last weekend.

Travelling nearly 1200 miles into the hinterlands of Idaho and eastern Washington, the Lutes whiled away their touring hours with various board and card games.

They also whiled away the lead in the NW Conference and any hopes of District I play-off spot.

#### Big one tonight

PLU still has a good shot at the conference title (they trail Pacific by a half game) and pursuit of the crown resumes tonight at 7:30 p.m. against the Linfield Wildcats here.

Moving into odiferous Caldwell, Idaho, to play the C of I Coyotes, the Lutes' offense at times matched the odor coming from the nearby stockyards as they fell 76-68.

#### Foster wrecks Lutes

But most of the blame for the loss goes to C of I's Namaan Foster. The league's leading rebounder and scorer had a field day against the Lutes as he pumped home 31 points and snatched 14 caroms.

The greater portion of Foster's points came on "alley-oop" type passes to him near the basket, and the 6' 3" leaper just out-skyed everyone for the ball and then banged it home.

Fifteen games of Hearts and two crossword puzzles later, the team rolled into Walla Walla for a game of seven-on-five.

The Whitman Missionary starting five along with the emphatic assistance of the men in the stripped shirts, mugged Pacific Lutheran 75-52. Referee Joe "Home" Towner, as Lundgaard called him, whistled the Knights for three technical fouls in the first half.

But a 23 point loss can be attributed to more than officiating. Whitman, behind Jim Volz's 27 points, played an excellent game. PLU, meanwhile, seemed totally demoralized and their offense showed all the flair of a rusty wagon tongue.

Last Monday, the team returned home to face the Alaska Nanooks and displayed only the effects of the wearying trip as the Lutes had their clock cleaned by the Northmen, 92-75.

Roger Wiley tossed in 23 points to lead PLU but all five starters for Alaska hit for double figures. Mike Lessley led all shooters with 29 points.

Now the Lutes have had a few days to rest before tonight's important game with Linfield.

### **The Knight Beat**

#### by Art Thiel

To look at it from an historical point of view, the analogy most fitting the degree of success which PLU basketballers attained through early January would be the competition held between General Custer and his team against a few thousand of the locals at the Little Bighorn Olympics.

But, unlike Custer, the Lutes have been able to wobble away from the early season massacre and start anew with the beginning of Northwest Conference activity.

The change was for the better as PLU currently resides in second place, a half-game behind a team they have dismembered twice, Pacific, and this despite two losses on the road last weekend to College of Idaho and Whitman.

#### Kansas City Stars?

Barring injuries or another epidemic disease, like maybe Albanian fever warts, the Lutes appear to be in top contention for the NWC title and the resultant NAIA national tournament in Kansas City. Right?

Nope, sorry. Not that they're not contenders, but winning the conference championship will have as much impact as Nate Archibald beating Truman Capote one-on-one, at least according to the high priest of the National Association of Intercollegiate Athletics.

The NAIA has devised a selection system which renders winning any small-college circuit championship in this state meaningless. What they have done is to divide the entire republic into 35 districts, with PLU belonging in the District One group.

#### Lutes Real "League"

Others in this configuration are Eastern, Central, and Western Washington State Colleges (all from the Evergreen Conference), Whitman and Whitworth (NWC), and St. Martins, Simon Fraser, Lewis and Clark St., and Alaska (independents).

This, then, is PLU's league, for all practical purposes. At the end of the seasonal play, two teams are selected by NAIA officials who use intra-district and overall won-loss records as the main criteria for nomination. Those two teams then play a best-of-three playoff series to determine the District One Championship.

In past years this was good enough to get the plane tickets

to Kansas City for the 32-team nationals. But the NAIA has decided to throw yet another banana peel onto the

Northwest sidewalk.

### **Mermen Face Canadians**

Not very many people really worry about the future, but if you are a member of the PLU swim team, the future is March 8-10 when a contingent of Lute mermen will travel to Pittsburg, Kansas, for the NAIA National Championships. transfer, holds down the number two spot in the 100 backstroke and he will be aiming to collect hardware at the national meet. Then there are the freshmen.

The other qualifiers are all frosh and what a job they have been doing all season long. Scott reveals that the Lutes lost only once in the month of January and that was to their crosstown rival, UPS, by a score of 76-35. That score is not accurately reflective of the Knights' performance, as some of the tankers came up with seasonal bests while others met the

#### We'll Getcha Yet

Since there are more national districts than berths in the tournament, it was deemed neccessary to have a few districts play off amongst themselves and eliminate each other as well as the problem.

To date, seven Knights have qualified for the national meet and swim mentor Gary Chase expects a couple more of his aquamen to be making the midwest trip.

Heading the list is superswimmer Terry Ludwig, whose clocking in the 500 freestyle places him in the number one spot in the NAIA and makes him the man to beat.

Another top-flight swimmer, Mike Osborne, ranks sixth in the 200 individual medley but he is capable of bettering his mark.

Gary Hafer, a Washington State

Wakefield, a consistent performer in the 200 butterfly, finds himself ranked fourth in that event.

In the tough 1000 freestyle, Glen Preston is listed third and he too will be looking to move up. Steve Randle, the Knights' top sprinter, could possibly make a name for himself in Kansas in the 50 and 100 freestyle races.

Gary Shellgren has been a steady point-scorer in the 200 breastroke and might surprise a few people if his consistency follows him east to the midwest. A quick look into the past bests while others met the national meet qualifying standards.

After the loss to UPS, Chase's racers went on to sink Lewis and Clark, Western Washington, and University of British Columbia by scores of 86-25, 92-12, and 65-48, respectively.

The Lutes' swim machine makes its final home meet appearance of the season this afternoon in the pool when they play host to a tough Simon Fraser squad. Simon Fraser, last year's NAIA champ, is always one of the best teams in Canada and Coach Chase promises that it will be a tense contest. So the NAIA bestowed the honor upon District One and District Five, which is a group of six small colleges in Montana. They meet in a one-shot showdown game.

And, despite rumors that the winner would play the National Basketball Association's Western Conference runner-up team to assure a final spot, that would be the last game before nationals.

But in spite of all the obstacles thrown in front of our home forces by the NAIA, they've managed to pretty well eliminate themselves now anyway. Last Monday's loss to Alaska dropped the Lutes district record to 2-4, tumbling them to eighth place in the standings.

Maybe Custer had a better time of it after all.



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