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ELEPHANT IN THE ROOM

Conservatives: An unseen campus minority

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Pacific Lutheran University is known for embracing diversity and encouraging it. After talking to students and faculty around campus, we found a minority that still feels unwelcome.

While the Diversity@PLU web page states, "PLU is a welcome home for all regardless of race, ethnicity, or culture," it completely leaves out one of the mostessential forms of diversity: political diversity.

Sophomores Shawn Brookins, Philip Passantino and Jessica Mason, who identify as politically conservative, were all quick to describe PLU's social environment as "accepting" and "openminded." However, their conservative political views add a new layer of difficulty to friendships with liberal students.

Mason said she generally avoids political debates with her liberal friends.

"We try to see past our differences and focus on our common ground,' Mason said.

Passantino learned some left-leaning consider themselves openminded, yet they are not open to being friends with conservative students.

"I have liberal friends as well as conservative friends," Passantino said. "But there are some other people I might have wanted to talk to, but never got to. Even though they didn't really know my views, they heard 'conservative' and didn't want to talk to me."

Brookins discovered that no political debate between friends was simple at PLU.

"I'd pretty much be playing the devil's advocate," Brookins said. "I'd have to explain my views, then they'd say, 'Oh, that's ridiculous' and drop it at that."

Many conservative Lutes, such as Brookins, said they don't always feel welcome to express their political views

"If I'm around friends, I can share my views with them," he said. "They'll just joke, 'Oh Shawn, you're so different.' But around people I don't know, I keep

to myself and don't really share as much because they'd probably judge me more."

Passantino was similarly reserved in The last two years, I was a bit afraid

to be open about my political views depending on the class," Passantino

others learn. "But training with Students Life

I'm a bad person.' And that's a shame because it's not necessarily that they're bad people, but that they have different

Despite the stigma attached to being conservative, Mason shares her opinions with others in order to learn and to help

> comfortable dialoguing how they're



about how to be brave regarding this important issue has helped me. He now serves as the current president

of PLU's chapter of Students for Life. When asked to describe political

conservatives, several left-leaning Lutes used the words "judgmental," "shortsighted," "crazy," and even "cruel."
Some PLU faculty meml

demonstrate similar bias against conservative students, professor of communication, Art Land said.

"One of my students' professors essentially told her that if someone doesn't support gay marriage, they're basically not a good person," said Land. "So she thought, 'I'd better not say what I think then, or the professor will think

different and how they're similar so that we can both better understand each other's views," she said.

Mason admits that while the dominance of liberal views in classroom sometimes challenging, she enjoys the challenge.

"It just reminds me that I need to know why I believe what I believe, whether that be in political, economic, or social issues," she explained. "I need to be ready to explain why I stand where I stand, and also to listen to why other people stand where they stand, too."

Passantino, on the other hand, noted the distinct lack of conservative professors on campus.

'It's boring when only one side

is speaking out," Passantino said. "Conservatives have great arguments, but they're not being displayed in the classroom very much.

Professor Land observed the same

"There's fewer counter-arguments, fewer alternative views," he said. "Despite an emphasis on ethnic diversity, there's less diversity of thought and opinion."

Though Brookins described PLU's academic atmosphere as "professional," he isn't so sure PLU truly embraces diversity.

'Conservatives know they're the minority, so it doesn't really matter if they share their opinions," he said. "Liberal students would say, 'Oh, well everyone else here feels differently.' In that way, PLU doesn't embrace

diversity."

Even though they don't feel fully accepted yet, Brookins, Passantino, and Mason are optimistic that PLU will welcome political diversity more in the

"I was really impressed when ASPLU's president, Martha Spieker, inclusivity," discussed 'radical Passantino said. "She mentioned different views being included in diversity. In my opinion, that's the most important part of diversity. You can have people from different races and genders, but if they all think the same

way, it's really boring."

Passantino wasn't the only person moved by Spieker's message of "radical inclusivity." The concept struck a chord with some liberal Lutes, as well.

"I've met plenty of Democrats at PLU, but not a single openly conservative student," said first-year, Vince Adams. "Everyone else stays silent. And that's not good for anybody."

First-year Nathan Laudolff believes the stigma attached to conservative students at PLU is similar to the stigma attached to gay people in some areas. You shouldn't have to come out of

the closet as a Republican," he said. Here's the million-dollar question: if conservative Lutes do come out of the closet, will liberal Lutes roll out the welcome mat?

Open for suggestions: Women's Center changes name

Guest Writer smithhe@plu.edu

The Women's Center is just coming out of its 25th anniversary of service to the Pacific Lutheran University community. As the center celebrates this milestone in its history, members have decided to take a moment to reflect on the past quarter-century of service, and how to continue from here by choosing a new name to better reflect the work they currently do and what the center hopes to accomplish in the future.

"The name change is an evolution in that overall history," said Dr. Jennifer Smith, director of the Women's Center.

As a part of that evolution, the Women's Center is using this name change as an opportunity to take steps in being more inclusive in the PLU community.

One reason the center's staff wants to change the name is that the word 'Women' can give certain ideas about who does and doesn't belong there, while in reality the center is for everyone. The Women's Center provides services for victims of

A main concern of theirs is that for those who haven't always been welcome in women only spaces such as queer women, trans women or those who don't identify as female, those services can be difficult to seek out if they don't feel they identify with the space they're being provided in.

The name change will serve to make people who don't necessarily identify as female, or someone who feels unwelcome in a women's only space, feel more comfortable about seeking out those services.

The mission is to make the new name of the center more inclusive and reflective of the gender equality goal....

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Inside this issue...



"Coach Dickerson is very passionate and he lets us have a little bit freedom within our play."

Kyle Sawtell on his coach's style and philosophy "Student Athlete Spotlight" pg. 14

"Advocacy and activism requires not being silent. It's about speaking up, supporting things others disagree with or may not understand and having thoughtful conversation with those around you about



Matthew Salzano on social media activism. "#PINKOUT" pg. 10

The senate gains five new faces

MCKENNA MORIN Staff Photographer morinmn@plu.edu

Joining these three as new senate members are Skylar Larson and Theo Hofrenning. Together these five first-years are striving to accomplish new goals and connect with more students on and around campus. They are looking forward to your input and ideas on how to improve campus.

April Nguyen

Government and leadership have always been a large part of April Nguyen's life and she wants to show others what a positive impact it can have on the community.

Nguyen is an intended political science and economics major and knows that being a part of ASPLU will be the perfect fit for her. She said she enjoys being immersed in the community around her and always aims to improve it.

"I really just like to be involved in the school and serving others in any way I possibly can," Nguyen said.

Through her new role, Nguyen hopes to bring the idea of "service over status" to the PLU campus. She said she wants to get to know what others in the student body are concerned and passionate about so



she can advocate for them. Nguyen said she believes that no matter where you stand on the social totem pole, everyone is an important piece in the PLU community.

"In my eyes, just because I am a senator, doesn't mean that I am any more important than anyone else. To me, it means that my peers are trusting in my capabilities to represent them and to be their voice among many," Nguyen said.



Hannah Peterson

Hannah Peterson enjoys working with others about issues and how to develop short term and long solutions. Peterson is looking forward to being a part of the ASPLU organization.

"I want to be right in the middle of the whole system" said Peterson.

Peterson is currently on the Outreach board and is

aiming to involve as many passionate people as possible. She said she wants to create a community of people that have the same vision and goals. With this mindset, there are limitless possibilities in what can be achieved.

"I believe that everyone has something that they see needs to change, or don't see happening at all and believe should be," Peterson said.



Haedon Brunelle

Haedon Brunelle has a background in the legislature from participating in his high school's student government and was Associated Student Body president. He said he strives to represent the first-years on campus by addressing the concerns of students and aiming to resolve these issues.

"I want to start off by talking to students on how they feel about their entrances and exits in dorms," Brunelle said.

Brunelle said he wants to work with students and staff on how to make dorm buildings more accessible through multiple points on campus. However, that is just his first goal; Brunelle also shed a little light on what he'd like to do in the future.

"Til address issues that I see and believe can be fixed, along with issues that others brought forth to me, and as a first year Senator, my priorities will be concerns that other first years bring to the table," Brunelle said

Lights out: Power outage on campus

RHIANNON BERG Guest Writer bergau@plu.edu

Lutes were forced to find creative solutions to power their daily routines on Sept. 24 after sections of Pacific Lutheran University's campus were left without power due to a damaged power line off campus.

Parkland Light and Water tried to reinstate power after "Comcast subcontractors on Park Avenue hit a line on 121 and C Street," explained Bruce Broussard, the Maintenance Manager of PLU Facilities and Management.

"When the power goes down we just wait until it comes back and then make sure everything came back up. It was an inconvenience, but had nothing to do with the campus. We just waited for Parkland Light and Water to fix it," Broussard explained.

Professors and students showed innovation for classes held in buildings that were left without power: Ingram, Hauge, and Xavier. Sophomore Gena Powell said she attended a class in Hauge where her professor hand-wrote everything on the whiteboard he had intended to show as a PowerPoint presentation.

Many students were inconvenienced by the outage. Students living in Ordal, Hong and Stuen had to find solutions to using pitch black bathrooms and non-operating drinking fountains. Sophomore Paige Lily, an Ordal resident, explained that she had to do her makeup in the lounge with natural lighting as opposed to using the bathroom mirrors.

After swipe access into Stuen stopped working, junior Garth West, an RA and front desk worker, said he "developed a system to let people into Stuen" by looking at students' Lute Cards. By the end of his shift he had a new appreciation for the usual entry system.

Interestingly, during the PLU outage a Lutheran University in California was also left without

power. Students at California Lutheran University were undergoing a two hour long test of "Scheduled power reductions"

Mark Jacobsen, Director of Facility Management at CLU, explained these planned outages are an effort to save energy. He said, during the peak demand times for power use the local utility company can reduce the amount of power available to the campus.

Southern California Édison is "one of the nation's largest electric utilities" and has various programs to help companies and homeowners to lower their utility costs and conserve energy, according to their website.

CLU is enrolled in the "Base Interruptible Program" and receives credit when they allow Edison to redirect their power to other customers on an emergency basis. These credits have equated to more than \$100,000 in energy savings for CLU throughout the ten years they have been involved in the program.

Enrollment in this program means SCE can cut off power to CLU's non-essential buildings, which includes residence halls, at any time with less than 30 minutes of warning.

Jacobsen explained, "When [SCE] get[s] this call to reduce power, we have to do what Edison asks. We have no control. We don't know when power is going to come back on."

This is a controversial issue at CLU because "many

students feel that it is an unnecessary inconvenience and students get concerned about when power will come back [to] power to devices and refrigerators."

CLU has had unplanned voluntary outages that have lasted for more than 12 hours in the past and CLU did not reimburse students for food that had gone bad and thus been wasted during the outages.

While losing power at PLU for four hours was inconvenient for some Lutes, it is a common and impactful issue for CLU students.



"Real" footage from the power outage...



Comunity Corner:

Painting a Picture of Hinderlie Hall

ELISE ANDERSON News Writer anderser@plu.edu

You're walking through the doors of Hinderlie Hall for the first time...

A harmonious chorus of friendly voices and laughter greets you. As you pass open dorm rooms, you notice collections of handmade sculptures and ceramics, half finished easels surrounded by pencils and paintbrushes, instruments and sheet music and scripts accompanied by costumes and set pieces. Every person you see welcomes you with a big smile or strikes up conversation. Walking out the doors, your soul cannot help but feel at home during your visit.

Pacific Lutheran University offers many different and unique communities to students. Today's community focus highlights Hinderlie Residence Hall. Located in the heart of campus, Hinderlie is best described as the "perfect place for the creative soul" (plu.edu). Approximately 130 creative souls have discovered their perfect place. The hall encourages its residents to express creative outlets in a community of like-minded students. Its residents find mutual appreciation in diverse and worldly art forms.

Built in 1954, Hinderlie was one of the first residence halls on campus. Its original name, South Hall, changed in 1966. The current name derives from long time staff members Mr. and Mrs. Berent and Ragna Hinderlie. Mr. Hinderlie worked as a custodian for 31 years and Mrs. Hinderlie in the campus laundry room for 5 years. PLU renamed Hinderlie Hall in honor of the well-loved members of the PLU community.

Hinderlie houses one of the two gender-neutral wings on campus, junior Anthony Aguilaras Resident Assistant for Hinderlie's gender-neutral wing, discusses how in the community, "Everyone is usually an art kid and we all have very similar interests so it makes it fun to go do things because we are usually interested in the same stuff. You'll hear people practicing music everyday and it's so cool to hear everyone's talents and go support them when they have an event."

When asked the strangest thing he's ever seen happen in Hinderlie he responded, "one time my residents made a three story couch and all watched a movie together."

Often a first impression is the best impression. Sophomore and Technical Theatre major Nicolai Roycroft knew from the beginning that this hall would provide more than just a place to live. When asked if any particular memories or eccentric experiences stand out, Roycroft reflects his pre-Lute life.

"I don't really have any weird experiences that I personally recall, but when I came here for Passport Weekend -now known as Overknight I believe- I was wandering around Hinderlie at 1a.m., unable to sleep. I encountered people in the ground floor lounge who were playing music on a few various instruments. They ended up inviting me to jam with them, which was completely unexpected. They didn't even know who I was and yet they were allowing me to join them. That experience was



PHOTOS BY ELISE ANDERSON

the final push in me deciding to come to PLU."

The encounter left a lasting impact on Roycroft. Now returning to live in Hinderlie for his second year, he serves as Vice President for Finance Administration of Hinderlie's Residence Hall Council. Hinderlie can be seen as a community, but Nicolai sees it as much more. To him, Hinderlie is home.

While this residence hall throws the wildest toga

parties and hosts the spookiest haunted houses, a deep community of innovative students thrives. The next time you walk through the halls of Hinderlie, there's a chance you may very well see the next Michelangelo, Pablo Picasso, Ludwig van Beethoven, or Barbara Streisand. And with the ambition often associated with PLU graduates, those chances are fairly high.



PHOTO BY ANTHONY AGUILAR

A group of first-years put together a mega couch. Top (Left to Right): Georgia Eastlake, Ethan Wiederspan Middle (Left to Right): Hannah Gorham, Logan Marshall, Grant Benson Botton (Left to Right): Annabelle Falloria, Daniel Aliment

Bunk rankings send PLU off the chain

GENNY BOOTS Mast TV Producer bootsgi@plu.edu

October means one thing in higher education: ranking season. Clear away your Fantasy Football teams and prepare for the onslaught of college rankings. Parents and students find their perfect college match pouring through lists of "Best in the West," "Best Posterad Salary," "Best Campus

Life" and many more.

And it's all a load of

hooey.

"All of us in higher education like to dislike the rankings. Particularly anything that presumes to reduce something as complex as a university to a single number and then to rank it," said Pacific Lutheran University

President Thomas Krise.

According to Krise, some of the biggest flaws to the ranking system are how often the ranked qualities change. One of the biggest names in college ranking is the U.S. News and World Report magazine "and they have never had the same criteria two years in a row," said Krise

Even the College

Scorecard, released earlier this fall by the White House, has been resisted from leaders in higher education. These rankings are a series of equations based on selective data. For the Scorecard, the only students included are those who have federal financial aid. For many private schools, including PLU, this excludes a significant part of student population.

One of the biggest topics among college rankings is post-graduation salaries. PLU was recently ranked ninth in

Washington State for post-grad earnings. For universities like PLU, where many graduates pursue service careers, such a ranking looks unfavorable.

"If you judge an institution on nothing but the salary of the graduates, what is that saying about the purpose and value of college?" said Krise.

Last week, PLU was recognized in the New York Times as a "Brookings Common Sense" school by the Brookings research institution. According to the New York Times, these Common Sense schools were factored "without a curriculum component and identified the highest 'value added' colleges regardless of major." All of the universities that made the top ten were small liberal art schools.

PLU consistently does very, well in rankings, especially in more big picture, value surveys such as the Brookings ranking. However, according to Krise no ranking can ultimately define a

university.

The benefit to ranking season is data. "You can credit U.S. News [and World Report] with getting universities to collect more data than they were ever accustomed to before," said Krise. "All of us in higher ed are interested in more data and better data".

The ranking season continues to make headlines nationwide. But for administrators in higher education, it can be frustrating. "The idea of ranking universities is a very troublesome thing," said Krise.

As PLU dances around ranking lists, take it with a grain of salt.



Racial Diversity talks take to the web

ELISE ANDERSON News Writer anderser@plu.edu

Pacific Lutheran University is bringing racial issues to light around campus through iGroup, the new 7-week pilot program hosted by the Diversity Center.

The series, titled "Exploring Race through Dialogue," welcomes students from the communities of Stuen, Ordal and The CAVE to participate in topics such as social systems and identity. They will work together to learn strategies to initiate positive social change on campus and in the community.

Student facilitators will lead members to explore better understandings of themselves and each other to apply to the concepts and issues of race. Students are invited to voice their own opinions centered around the theme of race and create action plans as a team building strategy.

iGroup will meet weekly on Fridays starting October 2nd until November 20th, from 4-6p.m.. Nicole Juliano, the Assistant Director of the Diversity Center, is the main coordinator for the series. Senior student Maria Cruse has been working to develop the curriculum for the program, as well as recruit and coordinate.

She explained the Diversity Center's plan to implement this program of social issue discussions on campus for every semester. Each program will target different communities on campus and emphasize a particular social issue for debate. Students that participate, and successfully complete the series will receive a certificate of achievement.

iGroup will provide an outlet for conversation about sensitive issues, but it will also encourage openness to new ideas and opinions that students can apply beyond an educational setting and to whatever future enterprises they pursue.

The program can add a positive and constructive mood to PLU's campus and push students to make a call to action. The best way to understand cultural issues is to embrace them. As every one of are readers are apart of the human race, it's equally necessary to realize your role and influence among the rest of the world.

To sign up to participate in iGroup, students can pick up forms at the Stuen or Ordal front desks. Stop by the D-Center to talk with Maria Cruse or Nicole Juliano with questions or comments.

How to sound smart:

Recycling on campus



Separate your colors-Green, Blue, Black: only three colors to remember; Anything compostable goes in the green bin. All recyclables need to be placed in the blue bin. And anything leftover that constitutes as

trash goes in the black trash bin.

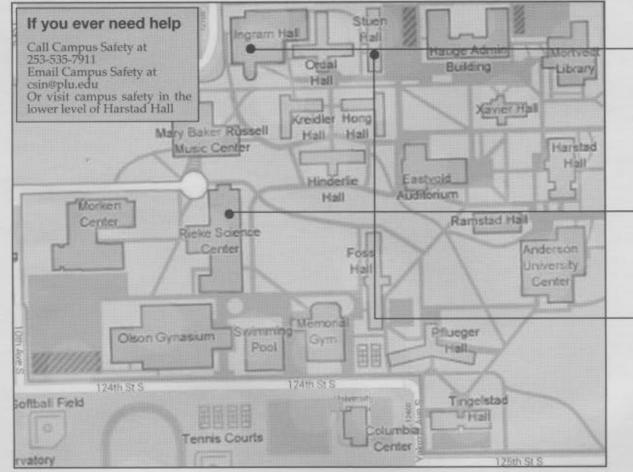
What goes where?-Items to go into blue bins are such things as paper, cardboard, plastic, glass bottles, coffee cups and pop cans. Food waste, flowers, pizza boxes, paper ice cream containers, napkins and paper towels can be thrown into the compost. Anything else left such as Styrofoam, chip bags and candy wrappers can be tossed into the garbage.

Location Location Location-Every dorm room contains a trash can along with at least one blue recycling bin. Every floor has a room dedicated to recycling. A hard green plastic compost bucket lives beneath the kitchen counter of dorm floors. Throughout campus there are bins for recycling, compost and trash.

It's easy being green-Recycling may seem like a tedious thing to have to do. The temptation to dump everything into the trash is very real. But it's easier than most may think. Whenever you see a piece of trash around campus just bend down to pick it up. Soon campus will be barren of litter, or at least students can become aware of the necessity to recycle.

CSI: Campus Safety Investigations

Taken from weekly Campus Safety reports



Policy Violation in Ingram

During routine rounds, Campus Safety (CSAF) officers found empty beer cans in the trash container inside of an Ingram room. Custodial was dispatched to discard the trash.

No further action taken by CSAF.

Bike Theft in Rieke

CSAF was contacted by a student who reported her bike was stolen from the rack outside of Hauge. The bike had been left outside while attending class. When she returned, she found the cable lock cut. There is no suspect information. No further action by

Medical Aid in Stuen

CSAF responded to a medical aid in Stuen Hall at the request of the RA. A student had sustained a possible broken hand after falling while riding a scooter in the hallway. Central Pierce County Fire and Rescue (CPFR) responded to the scene. The student was transported to the hospital by a friend. No further action by CSAF.

"TGIT": The Shonda Rhimes Television Revolution

BROOKE THAMES Arts & Culture Editor thamesbe@plu.edu

The once popular anagram "TGIF" finds itself being steadily replaced. One accomplished ABC network writer/ producer is encouraging millions of viewers to claim that it's Thursday the world should be thanking god for instead.

Every Thursday night at 8 p.m., a television event begins that ABC network has affectionately named "TGIT (Thank God it's Thursday)". "TGIT" is a threehour block that features some of ABC's

most popular programming.
"Grey's Anatomy," "Scandal" and "How to Get Away with Murder" air back to back from 8 p.m. to 11 p.m. and showcase not only captivating stories but exceptional characters as well. What makes

these programs unique, however, is not their plots or their figures, but rather the woman who created them.

Producer and writer Shonda Rhimes has become a household name in the mouths of Americans. In addition to creating the wildly successful "Grey's Anatomy," Rhimes also produces two of TV's most popular programs - "Scandal" and "How to Get Away with Murder."

"I know that she's blowing up," D'Ajah Johnson, junior and president of Black Student Union, said.

Although Rhimes' show "Grey's Anatomy" claims ten years of success, the writer didn't garner recognition as a mastermind producer until the premiere of "Scandal" in 2012. Since then, Rhimes' work has generated viewers who never fail to tune in to ABC's "TGIT." Additionally, dedicated fans of "Shondaland" flock to the producer's work.

PHOTO COURTESY OF FOX40.COM

Viola Davis became the first African-American Woman to win an Emmy for best actress in a drama series.

"I didn't watch 'Grey's Anatomy' at first, but then I found out that she wrote it. That's pretty much why I watched it," junior Shelondra Harris said.

Perhaps more impressive than the producer's success is her diverse and colorful cast, which features many prominent African-American actors and actresses.

Actresses Kerry Washington and Viola Davis both appear at the forefront of their respective shows. Washington portrays professional "fixer" Olivia Pope in "Scandal," while Davis acts as complex teacher and defense attorney Annalise Keating in "How to Get Away with

The presence of these women as lead actresses not only diversifies television, but also produces a large ripple effect in media

The October issue of Essence Magazine features a cover-story highlighting the achievements of Rhimes and her cast. At the 67th annual Emmy Awards, Viola Davis also became the first African-American woman to win an Emmy for best actress in

Davis dedicated her speech to vouching for more roles and opportunities for black women in television and film, saying:

"The only thing that separates women of color from anyone else is opportunity. You cannot win an Emmy for roles that are simply not there. So, here's to all the writers...who have redefined what it means to be beautiful, to be sexy, to be a leading woman, to be black."

Davis' history-making accomplishment serves as proof of the impact that writers such as Rhimes are making in the television industry, especially in regard to African-Americans.

'It's really important that we highlight these wonderful actors and these wonderful people of color who are actually doing real work," junior Theo Hofrenning said. "I think it's wonderful that we have spaces and institutions set aside for people of color, and that those are being successful."

"For once, it's good to see that all of these public people are of another ethnic group or race," senior Yannet Gudeta

Beyond providing opportunities for black women, Rhimes' stories showcase

dynamic characters that transcend traditional African-American stereotypes and provide a new, inspirational definition of "The Black Woman."

"I remember the episode where I saw Viola Davis take off her wig, and that kinda spoke to me [as to say], 'My blackness is okay," Johnson said. "At school, I used to be so afraid of wearing my natural hair or taking out braids. Now, I'm like, 'If she can do it on TV in a high-rated show then my blackness is fine."

Characters such as Olivia Pope and Annalise Keating present the modern African-American female in a way that is professional, strong and multi-dimensional while still staying true to the ethnic experience.

"[Rhimes] doesn't just try to...go completely over the stereotype. For instance, in HTGAWM I appreciate how she had Viola Davis wearing her head wrap at night," Harris said. "She mixes [the black experience] in as real life."

Although Rhimes has done much by showcasing black talent and crafting inspirational Black characters, Hollywood still seems to lack a viable amount of opportunity for African-American actors and characters. As highlighted in Davis's speech "you cannot win an Emmy for roles that are simply not there".

"It think it's really cool that [this] is something that can happen nowadays. The fact that it's such a big deal though, on the flip side, shows deficiency," Hofrenning said. "This should [just] be something that

It's no secret that there is progress left to be made. Even so, the work of Shonda Rhimes and other writers and producers like her are making revolutionary waves in the world of television and film.

'It's going somewhere," Gudeta said. "It seems like we're developing toward something that could ultimately [be

Meanwhile, fans continue to praise the work of a writer who seeks to showcase and normalize black talent and the African-American narrative.

"It's been a long time coming," Johnson said. "It's about time."

Women's Center name change

CONTINUED FROM PAGE 1

Community Engagement and Service, and so that's a similar move that we're hoping to make [as] we move from something that's identity based to something that's mission based," Smith said. "Our programs don't reflect female exclusive values. A variety of programs look at issues that are gender based and we want a name that reflects the programs and the work that we're already doing so there's cohesion between the two."

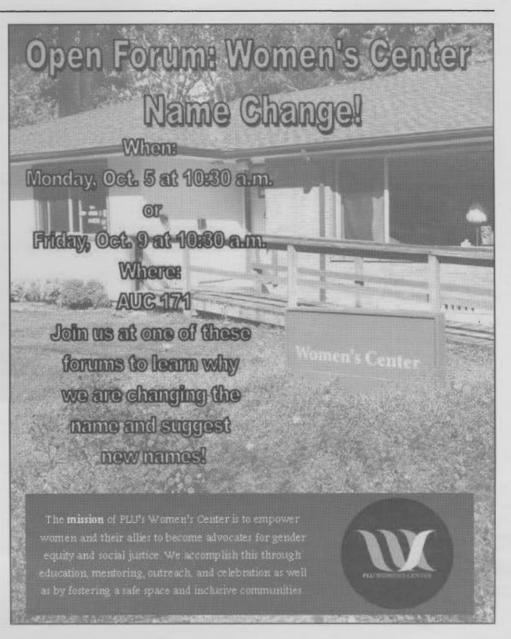
A few suggestions that reflect that mission have been names like the "Center for Gender Equity," "The Gender Equity Resource Center" and "The Gender Equity and Sexuality Resource Center." Although the Women's Center is changing its name, Smith hasn't ruled out having "women" in the title.

The next open forum will occur Friday, Oct. 9 in the Anderson University Center room 171 for the PLU community to help decide what the new name should be. As the Women's Center works in the PLU community, they want to make sure the community helps to decide on a name that will serve best.

"We wanted to establish forums and hold them somewhat early in the fall semester so we can involve "A few years ago the Volunteer the PLU community in something that we see as a significant change for the Women's Center," Smith said.

That significant change is also in part due to the changes made in activism since the Women's Center began. Although they feel that the title "Women's Center" has served it well in honoring changes in women's and gender studies, changing ideas of what it means to be a woman with the emergence of transgender rights is something they'd also like to reflect in changing the name. Along with that, the center is also thinking about what their physical space says about what they do and their focus on gender equity and inclusivity.

The Women's Center would like for anyone available to attend and be a part of the renaming process and also provide suggestions of how the community would like that process to go. Although suggestions have already been made, Smith says they have no specific name already in mind. There's a real opportunity for the community to help the Women's Center meet its needs through the name change.



"The Reactivated Man" seeks to shock

Guest Writer coxbd@plu.edu

Illegal brain surgery was reported to have taken place here at Pacific Lutheran University. According to one witness, who wishes to remain anonymous, the people responsible may or may not have had their conscience and guilt complexes removed through similar surgeries and therefore suffer no remorse over their atrocious crimes.

'The Reactivated Man," a dark comedy written by Curtis Zahn and directed by Sam Collier, is coming to PLU Oct. 9 and 10.

"It will be different than any show you have ever seen before. Guaranteed," firstyear and cast member Dana Brager said. "The Reactivated Man" is an emotional

rollercoaster. Audience members will whip through a whirlwind of emotions, ranging from empathy to revulsion to fear. All the

while, students will be sitting on the edge of their seats, unsure of whether they should laugh or cry at the production.

play The includes sweet, tender moments as well as times of

betrayal and hurt, not to mention the head

Part of what keeps this emotional rollercoaster rolling is how the story is told from various points of view and occasionally breaks the fourth wall. Getting a glimpse inside people's heads, in more ways than one, adds an intriguing layer rarely seen in live theatre.

While the cast consists of only five people, the characters are larger than life. For instance, two characters can't seem to agree on lefts and rights while another tends to throw brain surgery tools all over the place.

The sincerity that these characters possess make them relatable, but they by no means remain stagnant. The drastic

development and change within some of the characters are some of the forces which drive the plot through its many twists and

However, this show didn't come about

thanks to magic. Blood, sweat and tears both and intentional otherwise, gone into the production.

have "They poured so much into it," sophomore and Assistant Stage

Manager Grace Anderson said.

"It will be different than any show

you have ever seen. Guaranteed."

Dana Brager

First-year

'The chemistry on stage comes from the chemistry off stage," sophomore and Stage Manager Becca Marsh said. "We went from complete strangers to being best friends."

The hard work of the cast (Nathan Laudolff, Grant Hillard, Dana Brager, Michelle McGrath and Nicolai Roycroft) and crew/directors (Sam Collier, Becca Marsh, Grace Anderson and Vince Adams) has paid off. Anderson said that it still "gives [her] chills, like, every time."

Students can seize the opportunity to witness the shots, the creepy window, the strobe lights, Grant's smile and the whole operation Oct. 9 and 10 at 7:30 p.m. in the Black Box Theatre.

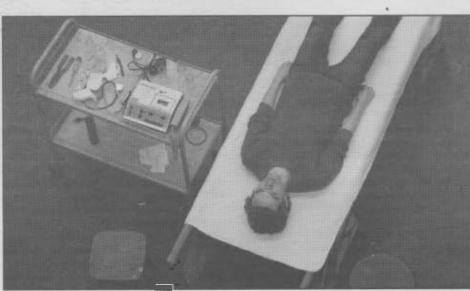


PHOTO COURTESY OF RACHEL REYNOLDS

Sophomore Nicolas Roycroft rehearses for "The Reactivated Man" as Charles.

Norwegian Cooking Class connects with community

HEGE FATLAND Guest Writer

fatlanha@plu.edu

Close friends of Pacific Lutheran University's Scandinavian Cultural Center will return to campus this October to share a bit of Norweigian cuisine with the PLU population.

On Oct. 6 the "Daughters of Norway" will host a Norwegian cooking class where students and other visitors are invited to learn how to cook and to taste traditional Norwegian dishes. But besides foreign food, what makes this event so special for PLU?

Elisabeth Ward, Director for the Scandinavian Cultural Center, explained there has always been a strong connection between PLU and the Norwegian-Americans in the area. PLU has been very important to the Norwegian-Americans in the Northwest ever since they first immigrated to the country. She explained that a mission for PLU is to strengthen the ties between these two

Many also aware of the strong connection PLU has to Scandinavia. The school has always tried to include Scandinavian traditions in campus activities. Ward believes that sharing cultural dishes is an ideal way to do

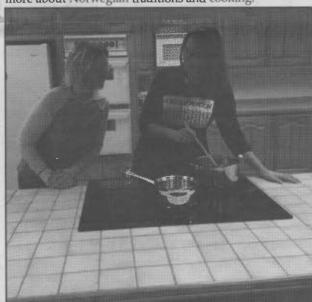
"Food is one of [the] really strong places where people make connections," Ward said. "I am very excited that we do have a cooking class here, because it keeps people feeling connected to PLU and their own heritage. Even if it's not their heritage, it's still very comforting.

The "Daughters of Norway" will be hosting these three Norwegian cooking classes in October and in March. The

first class will take place is happening Oct. 6 from 10 a.m. to 1 p.m.

Some of the exciting dishes that will be made include Lake Wraps, Trondheim Lemon Raisin Soup and Glominge

The event is free for students all who want to participate, and a \$5 fee is charged for others who would like to learn more about Norwegian traditions and cooking



Caspersen & Director of the Scandinavian Cultural Center Elisabeth Ward.

President for the Scandinavian Cultural Counsel Linda

ARME RIDDERE (Norwegian French Toast) - Thanksforthefood.com

Ingredients: 2 eggs, lightly beaten

1 teaspoon of vanilla extract 1 teaspoon of ground cinnamon A pinch of salt

1/2 cup of milk

8 slices of bread of your choice

butter for frying

Instructions: bowl

- 1. Combine eggs, vanilla extract, cinnamon, salt and milk in a
- 2. Bring a skillet to medium heat and melt butter in the skillet 3. Coat both sides of bread in the bowl mixture and add to skillet
- 4. Turn bread to other side after 3 to 4 minutes of frying
- 5. Repeat steps 3 and 4 to produce number of slices desired
- 6. Top bread with syrup, fruit or powdered sugar for a sweet and tasty treat

Thomas & Molly's Music Reviews:

Zara Larsson

THOMAS FLATMOEN & MOLLY UNDALL Mast Radio Arts & Culture DJs

undallmj@plu.edu

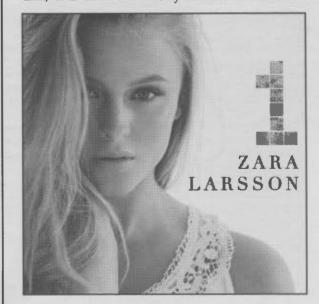
At the age of 10, Swedish artist Zara Larsson won "Sweden's Got Talent." When you hear her yoice you'llunderstandwhy Now17, Zaraisanartisttowatch. So far only two songs have been released

from her upcoming studio album, but we can't wait to hear more. She has been compared to the likes of Rihanna and Whitney Houston, and is currently nominated for Best Swedish Act for the "MTV Eruopean Music Awards."

Her latest single "Never Forget You" with Grammy nominated British artist MNEK was released in July and has been successful in Scandinavia. British singer Sam Smith shared his love for the song on Instagram, and we could not agree more. The upbeat hit "Lush Life"

memories of summer and promises for the upcoming The album is scheduled to be released in October, but Larsson already expressed this summer that she would rather have the album come out too late than rush it and release it on time.

Either way, we are excited for when it will be released and you should be, too. To hear Zara Larsson and other ng artists, tune in to "Thomas & Molly in the Morning" on Mast Radio, Tuesdays at 8:00 a.m., and catch our weekly reviews in the Mast.



Check in wtih Thomas and Molly Tuesdays at 8 a.m. on LASR to hear more from them on music and other Arts & Culture stories.

"Vote or Dye" gets students engage

BROOKE THAMES A&C Editor thamesbe@plu.edu

2016 With Presidential election swiftly approaching, one Pacific Lutheran University organization is doing its best to get students politically charged.

ASPLU hosted "Vote or Dye" Wednesday Sept. 30 in Red Square in hopes of getting unregistered students excited to vote.

"The whole point of it is to engage the community...but to also make it a really public event so that voting is cool [and] also fun," Martha Speiker, senior and ASPLU President, said. "What's better than tie-dye, right?"

"Vote or Dye" supplied participating students with bundled up T-shirts they were able to dye with paint. The T-shirts served as a souvenir from the event and a reminder to students

to vote in next year's presidential election.

"I think that this is the most important presidential election that our country [has faced] in at least 20 years," senior Steve Shumaker said. "So, I really think it's important to get people registered to vote who will actually vote."

Dye" "Vote or conceptualized as an event to get students thinking about the impact their vote can have on campus, on the local community and on the nation as a whole. Getting students excited to exercise their voting rights is what Speiker says will promote a better

functioning society.
"College is kind of a preparation for the real world, and so I think engaging people in understanding issues - and having a space to talk about those issues - is a lot of what college is about," Speiker said. "Doing a voting drive and making sure

that people are registered to vote and actually voting in larger elections...is really important because that's the basis of our

It's not only the members of PLU's student government that feel the young vote matters. PLU students also agree that voting is the optimal way to have their yoices heard.

"I feel like we should all be able to be adults and be in charge of [our futures]," sophomore Tatiana Iglesias said.

"Now that I have the opportunity... I feel like I'm gonna make a difference, even if it's just my vote."

Students also agree that there's nothing like tie-dye to get the student body to engage in their

"It's always a good thing when there's tie-dye," first-year Melanie Gungerson said.



Sophomore Iana Mae Abinales resiters Lutes to vote on Sept. 30 at the Vote or Dye event in Red Square.



Sophia Mair tie dyes her shirt for Vote or Dye 2015.



Sophomore lana Mae Abinales helps sophomore Matthew Gillis register to vote.





PLU students eagerly participate in ASPLU's "Vote



Junior Christine Consulta dying her shirt.

"Color Me Calm" provides oasis for stressed students

NATALIE MOONEY Guest Writer mooneynr@plu.edu

Posters advertising the Diversity Center's new activity hang all around the UC, but what is "Color Me Calm" really about?

In partnership with the Counseling Center, the Diversity Center is putting on a new event called "Color Me Calm." Every Monday from 11 a.m. to 1 p.m., students can come in to the Diversity Center in the lower level of Anderson University Center and color pictures to de-

This event is open to all students and is meant to be inclusive, social and enjoyable.

There isn't much structure to the event, other than the effort to take stress away from students through coloring. It serves as a social yet relaxing time for students.

"Over the last year, adult coloring books became very

popular on Amazon and in the news," Joanne Ito, director and senior psychologist of the Counseling Center said.

Ito was inspired by this concept and brought the idea to Diversity Center Assistant Vice President, Angie Hambrick. Hambrick then implemented the idea and turned it into a weekly

'Coloring allows people to focus and uses different parts of the brain than academic classes [use]," Ito said.

While coloring may seem like a juvenile activity, it has actually become very trendy among

Websites are now offering free "stylish" and "zen" coloring pages. Even Barnes & Noble is selling adult coloring books complete with intricate designs and patterns.

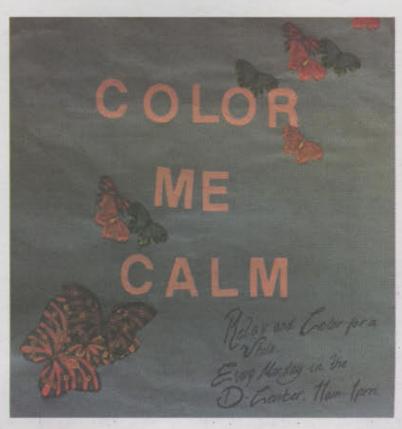
It is a stress relieving activity, and it is also easy artwork for those who do not consider themselves to be artistically inclined.

"Sometimes we color in quiet, other times it is a great way to meet new people and check in how people's days are going," Nicole Juliano, Assistant Director of the Diversity Center

While the event is scheduled for every Monday, the coloring materials are usually left out all week. Students are allowed to come in whenever they want.

The Diversity Center provides coloring materials as well as printouts of coloring pages to students for free. Students can take their artwork home or leave it there for the Diversity Center to hang up in the office. There are even folders available to students to leave their unfinished work which they can come back to work on anytime.

Students who are stressed are encouraged to pop into the Diversity Center and color the anxiety away.



Yorke hits 151, breaks al

JAKE BILYEU Mast TV Sports Producer bileujc@plu.edu

At the start of the season, Pacific Lutheran University Men's Soccer head coach John Yorke had 143 wins, seven wins shy of the team's all-time record. The team set their sights on 150.

It seemed like an average game when the PLU Men's Soccer team took the field last Tuesday against non-conference opponent Trinity Lutheran.

After the Lutes defeated them 2-0, the game became an entirely new experience. Head coach John Yorke had just tied the all-time record for most wins.

The team beat Linfield over the weekend, bringing coach Yorke's record to 151 wins, 100 losses, and this, and has been for years.

around after they finished their careers with Yorke, including assistant coach Jamie Bloomstine, who completed his 400th game with the team a few days before Yorke took his record.

"We are on the same wavelength," Bloomstine said of his 14-year partnership with Yorke. "It's just been a great experience, and I've learned a lot from John."

Assistant coach Peter Voiles Yorke and partnered with Bloomstine after the duo's first year together. Voiles said he has never regretted that decision.

"The friendship that the three of us have created is pretty amazing," Voiles said. "Through traveling and working together, the two of them have become my closest friends."

Voiles also added that the most impressive aspect of Yorke's coaching is his ability to adapt. "Yorke can work with any team in

together, including a first place finish in their Northwest Conference

"When I first got the job, Jamie and I didn't know each other," Yorke said. "When he and I talked, though, it was a perfect fit right

Yorke is also on his way to becoming the longest tenured coach in Men's Soccer history. On the way there, he led the way to many memorable victories over the years.

"Over the years, many games have had a monumental impact on our team's success," Yorke said. "Defeating Redlands after they had eliminated us from the NCAA tournament was huge, as well as Wisconsin-Whitewater's ending five year home win streak."

While Yorke's success may dominate the limelight now, he has always been quick to put his team first. That mentality has carried

Yorke has with his alumni even first-year and first year pl well as fellow n no trouble inte

into the group. "Coach is opportunities practice," Davie all feel that we'r individuals, wh us a better team

Yorke ackn mutually resp additions.

"The conti freshman and to overlooked," Yo way that they h themselves into

The season yet, but coach has provided that no one on forget. The tear this a memoral continue that jo when they face road.



PLU Athletics Director Laurie Turner gives PLU Men's Soccer head coach John Yorke

the game ball after breaking the all-time record for most wins.



#PINKOUT: more than slacktivism

MATTHEW SALZANO Mast TV General Manager salzano@plu.edu

It's not slacktivism. Making your profile picture pink to #StandWithPP is a valuable way to show support and start conversation.

to show support and start conversation.

Planned Parenthood has been highlighted in the national conversation lately due to recent Republican-led efforts in the House of Representatives that sought to defund the sexual health organization for one year. It has since been blocked by the Senate (and the President pledged to veto it). Planned Parenthood's President, Cecile Richards, made headlines after appearing before a House committee to defend the organization.

As the suits in D.C. fight about funding, fraudulent videos and false information, people across the U.S. are showing their support by participating in #PinkOut for Planned Parenthood, turning their social media profile pictures pink to #StandWithPP. I did it, my friends—and probably some of your friends—did it, and Lena Dunham, Elizabeth Banks, Bernie Sanders and Hillary Clinton did it.

The cyntcal may initially think this is useless. What good does it do to add a pink filter to your profile picture on Facebook or Twitter? There's a word for this – slacktivism. It's showing support for a cause without really spending much time, effort or funds to support it. It's passive activism, an oxymoron.

However, "pinking out" isn't so passive. In my experience, most of these Facebook posts were accompanied with a personal narrative about why standing with Planned Parenthood is so important.

I wrote a post. I grew up in a conservative, Christian community in Spokane, Wash., where teachers regularly condemned abortion in class, encouraged strict gender roles and made sure everyone knew being anything besides straight was wrong (oops).

* I had been politically quiet on Facebook for some time – why engage people who so strongly attach their religion with their politics? Why be condemned when I could just be silent?

In the November 14, 2014 issue of The Mooring Mast, guest writer Leah Larson wrote about Slacktivism during the rise of popular FCKH8 campaigns. The campaigns, discussing issues of women's rights and homophobia, utilized viral videos to sell T-shirts with catchy slogans like, "Some chicks marry chicks. Get over it."

Larson said this wasn't really activism – it was slacktivism. "Effective advocacy," she writes, "means engaging in thoughtful discourse with people around you, even if it's just on Facebook."

I agree with my fellow Mast op-ed writer. Advocacy and activism requires not being silent. It's about speaking up, supporting things that others may disagree with (or may not understand) and having thoughtful conversations with those around you about issues.

It worked with the ALS Ice Bucket Challenge, which raised \$100 million. It has worked in raising awareness about net neutrality, which helps us keep an open web. It worked in showing sweeping support for same-sex marriage throughout the years with rainbows and equal signs.

To me, that meant a post about standing with Planned Parenthood could work, too. So I

wrote one.

"I declared my second major today: Women and Gender studies. It seems to fit well in today's conversations regarding Planned Parenthood.

"The House decision is not a pro-life decision. It is not a conservative decision. It is a misogynist decision. I stand with PP because I stand with women everywhere who deserve to choose how sexually active they want to be and when. Who deserve good sexual health. Who deserve expert sexual health care. Federal funding for Planned Parenthood provides that.

"I recognize many of my Facebook friends are pro-life (i.e., believe abortion should not be legal). You have every right to believe that and advocate for that. Please don't comment about how unchristian I am or send me anything hateful. I almost didn't post this today out of the fear what some of you may say.

"That's not how advocacy works, and I'm going to advocate for women. Today, Congress demands it of me more than ever."

Few, if any, of my Spokane friends "liked" my post or wrote anything to me. But it's likely some read it – and even if they wrote me off after, it's important that a different perspective got in their heads.

This is why choosing to #StandWithPP is not slacktivism. That pink profile picture often results in real conversations, further awareness and true advocacy – whether the conversations happen in person or via digital means, it doesn't matter. It doesn't even matter if you change someone's mind.

What matters is getting the word out: so more people are attentive to issues that matter.

#StandwithPP

The button

RACHEL DIXON
Opinion Writer
dixonrp@plu.edu

Talk has been buzzing lately about a new addition to Facebook, a dislike button, and I don't think it should happen. However, the announcement that started the rumor did not even say there was to be a dislike button.

In fact, all Mark Zuckerberg said was that the new feature will, hopefully, expand the scope of the like button. He said he wants it to give users a way to show empathy to their friends, particularly on sad posts, posts that it might normally feel odd or inappropriate to like. He wants people to be able to show sympathy to their friends, instead of dislike.

I love this idea, and I think other people will as well. More times than I can count, I remember seeing friends' posts about unfortunate times in their lives and choosing not to like their posts simply because I didn't "like" their situation per se, although I had sympathy for them. For this reason I am glad that Mark Zuckerberg does not seem like he will add a dislike button. If I, or anyone else, wanted to express sympathy or empathy to a friend, how would a dislike enable me to do that? It would inform the friend that I disliked their situation, which, I suppose, could be perceived as better than liking their status.

"Liking" does have more positive

connotations associated with it than "disliking." For all a person would know, people are disliking their status not out of sympathy, but out of annoyance at their post.

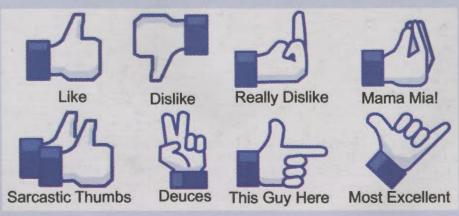
Facebook is a very public website; the majority of people can see most posts unless a profile has specifically altered privacy settings. It would be awful for strangers to have the ability to share their collective dislike of a post. It would have the exact opposite effect of having several strangers like a post—it would lower self esteem, especially because of the ambiguity

associated with a "dislike".

Imagine this on a smaller scale, a young teenager makes a post about having a bad day at school. Picture how worthless this kid might feel after everyone at his school essentially informed him they did not like his post, that they didn't even care enough to comment? A dislike button would only perpetuate cyber bullying and other forms of social media aggression.

A sympathy button, not a dislike button, would be a very good move on the part of Mark Zuckerberg and the Facebook corporation.

facebook's new buttons



Corrections

In "Paleoanthropology; alive and well at PLU" Katie Johnston was incorrectly credited for an interview conducted with her co-president Katy Leonard-Doll.

The correct writer of "Acting Out" is Dina Longstaff.

Let's talk about sex: Birth control basics

The weekly "Let's talk about sex" series will look into a different topic about sex and sexuality in an effort to raise awareness, bring education and be a forum for discussion. To write in and share your opinions and stories, email mast@plu.edu

Some people don't believe in certain methods of birth control, and if you're that person, I don't mean to offend you. However, students around campus should know about birth control and how effective, realistic and expensive different types are.

To preface, I am a woman, I've been sexually active for five years and I've tried most of these methods.

Hormonal implants freak me out. Hormonal implants are like small pods doctors put into your arm that inject hormones directly into your body. With that comes risk of infection of course, but I haven't seen or heard of many of those and statistics show those numbers

I felt my sister's once and I couldn't even give it a try after that. What made it worse was that she called it her "nubbin" because it was like a small animal attached to her vein. Since I haven't tried

it, I called her to get her opinion for you and she told me: "I love it. Not having to remember a pill is great and to stay regular and not worry about getting my period. It's amazing."

The implants do not protect you from sexually transmitted infections. So, if you're having casual sex, please still wear a condom.

Moving on.

Intra-uterine devices (IUD) are T-shaped and are inserted into the uterus. They are long lasting, and are the most effective type of reversible birth control. Once again, because they're long lasting and live inside your body, they do not protect against STIs. However, they can be removed at any time and they don't need daily attention.

Like anything inserted into your body, you have a chance of infection for the first 20 days, but once again, infection isn't common.

Birth control pills are the most common form of birth control that I know of. In my experience, they regulate your period well and can calm down any raging hormones you might get. Side note: they really helped with my acne too, so that's a pro.

Birth control pills do have to be taken

every day, so if you're a forgetful person they probably aren't for you. They also don't protect against STIs so please still wear a condom unless you and your partner are committed and have been checked by a doctor. The pills are also only available via prescription, but the Health Center is pretty good about making them available to students.

Condoms are another age old, effective form of birth control. They act as a barrier between you and whatever you're canoodling with that night... and usually in the morning you're grateful to have had that barrier.

Condoms do expire, do break and they definitely aren't one size fits all. I've had partners who they have been too big had it break during intercourse. I've also had partners who were too small for the condom and that's just an awkward moment.... usually followed by an even more awkward "not gonna happen."

Of course there are other forms: diaphragms, cervical caps, sponges and spermicide are used around campus, but I don't have personal stories to go with those. Because I've never used them.

Some other methods I've used that I'm not too proud of include: pulling out, beginning with intercourse and finishing with hands, mouths and other body parts and, of course, the age old Plan B or "Morning After Pill."

Pulling out is dumb. I regret it. If you've ever done it I'm sure you regret it, too. Or you at least should.

unprotected Beginning with intercourse and moving onto hands and mouths and such is almost a safe option. However, pre-cum can still cause pregnancy. You have to really trust your partner to be vocal and communicate about when things are getting too far.

Plan B is effective. I have heard plenty of horror stories about taking the morning after pill, but the two times I've done it (once after not using protection and the other after a condom broke) I have had no bad side effects other than my period starting early that month.

My advice to anyone who is nervous about getting pregnant or getting an STI is to choose a method that you're comfortable with, pills, IUD, etc., and also use condoms until you have a consistent partner and you are both checked for any STIs or viruses. That will even make the sex better.



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Subscriptions cost \$25 per semester or \$40 per academic year. To subscribe, email mast@plu.edu.

Ebenezer Scrooge buys AIDS

Samuel Ellefson **Guest Writer** ellefssc@piu.edu

The price of the life saving drug Daraprim has been raised from \$13.50 to \$750 practically overnight by Touring Pharmaceuticals. The company purchased the rights of the 62-year-old drug and instituted a 5000 percent increase in the price. The company's actions made Martin Shkreli, CEO of Touring, one of the most hated figures in America.

Daraprim is used to treat toxoplasmosis, which can dangerously affect patients with weakened immune systems from HIV and other conditions such as cancer. Shkreli is beating money out of people who are already drowning in medical bills. He is taking advantage of sick and dying patients and their families because they will have to buy the drug out of desperation. There was talk about boycotting the drug, but doing so would only hurt those who need it.

Shkreli justifies his actions by claiming he will use the money to fund research to make the drug more effective. He claims to be a man of the future by charging dying patients hundreds of

need it to survive. How noble of him. I'm This situation results in a monopoly over no ethics professor, but this just isn't right. the drug, so whoever owns the rights can His claim has even less merit because he has hiked prices on drugs before.

According to an article in The Independent, Touring Pharmaceuticals also bought the rights to a drug called Thiola, which is used to treat a kidney disease called cystinuria. The company increased the price of Thiola by 2000 percent. Cystinuria is a rare condition beginning in childhood, in which stones made from the amino acid cystine form in the kidney, ureter and blatter. Some with this ailment will take this medicine their whole lives, and Shkreli takes advantage of their situation to make a profit.

Shkreli isn't the only one cashing in on sick and suffering patients. The Business Insider reports that several other medications have also had their prices hiked after their rights were purchased by new companies. Some of these medications would include Doxycycline, Isuprel and

These companies can set the prices at whatever they want because there is no competition in the market. The drugs like Daraprim don't have a high enough

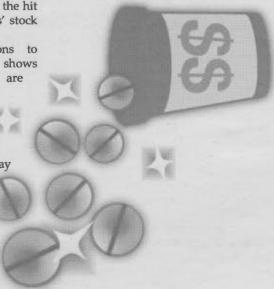
set the price, which hurts those who need

After the articles were written about the companies that hiked their prices, those companies went about lowering their prices. Shkreli has even said that prices will be lowered after the outburst following his price hike because of the hit it took to Touring Pharmaceuticals' stock

These companies' actions to lower prices after being exposed shows their guilt in the matter. They are just in it for the money. Even if they were using the profits to research the drugs, they should not take the money from the already suffering patients who have enough medical expenses to pay already. It's important for them to realize that people's lives depend on this drug.

I am hopeful that the exposure of these cruel moneymaking methods will stop similar situations in the future. Political figures such as

dollars for a daily medication because they demand for generic brands to make them. Hillary Clinton have already announced plans to stop this practice, and other organizations hiking prices are being targeted. The future of pharmaceutical practice in America is beginning to change because of this incident, and hopefully it will change for the better.



Warning: satire at play

Den Løk

Editor's Note: This week, The Mast is transitioning page 12 to a satire page titled Den Lok, which is Norwegian for The Onion (...get it?). Every week we will try to make you laugh, because reading is fun!

KAT FINEMAN

Columnist finemakd@plu.edu

A party thrown at Mini Golf House was not busted on Saturday night, according to patrons of the get together.

"I was pretty bummed that I didn't get a flashlight shined into my face after a few hours of drinking," sophomore Kyle Dison said. "Usually, I like to sober up a little bit before walking back to The Snack Senter on campus, but without a cop to wake me up a bit first, I just wasn't in the mood for a trip to The Commons," Dison added.

He stated that he was shocked to find Denny's to be "lit" at four a.m.; usually

he and his friends frequent the diner on the cusp of midnight. According to Dison, this is when the joint is really happening with inebriated peers from his college, University of Lutheran Studies: Northwestern Corner.

The party at the Intramural House was said to begin around eight and last well past last call. "I stayed until three a.m., but after eleven p.m., everyone was sort of at a loss for what to do next. The mingling was over, and before I knew it, the house's decibel level rapidly decreased," Dison said.

"We sort of just sat around drinking IPAs out of a relatively full keg until we were done socializing with our fellow Martins," fellow sophomore Jenna Bells agreed.

"It is the first time I feel like my five bucks went to good use," she went on to explain, "but I would rather have gotten shwasted within the course of an hour and found a person to 'Netflix and Chill' with before campus security was on its way."

PLU considers new 'luxury' student expenses

JULIA GROSVENOR

Guest Writer grosvejm@plu.edu

Business students will be impressed by profit raising changes in the works for student accommodations all over campus. If put into effect, these changes will have students giving out the Benjamins for everything from cappuccinos to extra copies.

Caffeine

Inspired by Martin Shkreli's brilliant choice to rebrand a life saving toxoplasmosis drug by increasing the price more than 4000 percent, OMM is charging \$400 dollars for all made-to-order coffee items, and \$70 for any other items containing caffeine.

"If you think about it, it's sort of like we were just giving away caffeine before. The new pricing will fund research for a better, more modern caffeine alternative," Craig Craigerson, Chief Counselor of Finance Creativity, explained. Critics may raise concerns about how this will only urge students to seek out unsanctioned, home-brewed alternatives, but Campus Security confirmed Wednesday they are prepared to launch an all-out 'War on Mugs' if necessary.

Lute Bucks

One of the simplest ideas for raising funds is the re-branding of the Lute Bucks system. Instead of the 1:1 transfer rate students have grown accustomed to, one US dollar will now be worth 0.50 Lute Bucks. Students would have to pay twice the amount it actually costs to, for example, do laundry.

"I'm sure it makes sense if you think about, like, inflation or something," Craigerson said. Craigerson notes the most brilliant aspect of this plan is the potential to apply this change to existing account balances. "I have to credit the idea to my buddy Geoff. I was all 'wouldn't that be illegal or something?' and he was all 'I don't know dude.' Geoff is so smart," Craigerson said.

Ice packs

Lately students have been reporting that older buildings can get "a little sweaty" or "hallucination-inducing level hot," especially during later hours. This is supposedly a problem with the older heating systems, where the heaters turn on when there is a temperature drop and simply won't turn off.

"We thought about fixing this problem, but then I remembered every problem is actually a business opportunity," Craigerson said. The new solution will be to rent out individual ice packs for \$40 dollars per hour, or per class. Market research surveys have already been conducted for this new amenity. "I don't care, I'll give you my house if you want, just give me the ice little birdie!" a delusional student said.

Freshmen Parking Pass

For the same \$50 price as any other student parking pass, first year students would be given a special pass which would force them to park on the "sketchiest, most garbage-y" lots on lower campus. Even residents of Harstad, a primarily first year dorm which has its own parking lot, would have to walk all the way across campus any time they need to get themselves or a friend anywhere. "Oh, wait, apparently this is already a thing we do here," Craigerson added.

CARLY STAUFFER Cartoonist stauffce@plu.edu



My name is Carly and I'm a Physics major here at PLU. I'm a total nerd, in love with Olympic National Park, and enjoy singing in University Chorale, writing, learning, acting and spending time with family (and Jesus!). While I somehow manage to look as though I've got my life pretty under control, I generally feel like I'm awkwardly stumbling around, trying to figure out life...just like Little Carly.





STEVE MCGRAIN Sports Editor mcgraist@plu.edu

I've always been infatuated with how competition plays out. Each of the nuances and the vision of the athletes is remarkable. At times it seems like they can even see into the future. That's why I fell in love with sports writing.

I came to Pacific Lutheran aimihng for success in the classroom and on the football field.

end to left tackle, I thought I was going to play alongside my EMAL brothers for four years and ultimately retire when I graduated.

Instead, I received my fifth concussion sophmore year and had to stop playing because of it.

I always knew I wanted to remain in the game, even if it meant not putting forth any physical exertion.

Unless an athlete has unbelievable abilities, they will most likely not go professional, so, to all the athletes out there: just enjoy recreational leagues where we show up after grabbing a beer or two.

Since fifth grade, I have wanted to be a sports broadcaster. To feel the energy from the crowd and have that excitement carrying throughout the game is what I have Being aspired to do. to tell the story of a play as fast as it happens is a skill that I hope to perfect.

After moving from defensive It's not as easy as it sounds, speaking as fast as the eyes can scan the field not missing anything important.

In sports, there is no room for error. The simplest play of a quarterback stepping through his five-step drop-back and throwing to a receiver on a curl-route can be incomplete with the smallest of mistakes.

The quarterback could throw it too early, deliver the ball on the wrong shoulder, a second too late the defender could intercept the pass, a receiver could turn to the inside and not toward the sideline.

In basketball, a point guard dribbling down the court on a fast-

Being able to deliver a pass to his teammate sprinting on the left wing and throwing a pass before he is even there, but having it ultimately end with his teammate catch it on his hip and lay it up for two points. It's something to marvel at.

Athletes who are able to have a vision as to how a play may unfold are valued the most.

In soccer, a striker waiting patiently for the perfect moment to attack the center after the forward on the outside kicks it into the middle, hoping for a header.

In tennis, trying to figure out where the serve is going to be and where the return is going to end up.

This attention to detail is what I look to write about. It is easy to point out the big mistakes as to why a team lost a contest, and I want to find the one that no one caught. Whether I am a fan of a team or not, I enjoy witnessing how each player brings their own unique traits to the game that they are playing in.

Sportswriting is an art, and the players, as well as coaches, are artists performing their craft with the desire to create a masterpiece that can be unmatched by anyone else, pure perfection.

The Mast Monday Night Football pick 'em

Seattle, first the "Fail Mary" and now "The Tap" but ultimately a win is a win for the home team.

Russell Wilson continued his "In Russ, We Trust" trend playing magician out on the field: Seahawks move to 2-2 on the season.

Detroit flew home with an from the National apology Football League on a blown call, but that doesn't suffice for "one" in the win column. Lions fall to 0-4 at the quarter point.

Now, the entire country will have to sit through the Pittsburgh Steelers at San Diego Chargers on Primetime.

The students have spoken and a majority of them are going with the Chargers to beat the high-powered offense of the Steelers.

Steelers' quarterback Mike Vick will get his second start after "Big Ben" went down with a leg injury.

Look for Steelers Head Coach Mike Tomlin to get the ball to running back LeVeon Bell as much as possible and utilize wide receiver Antonio Brown on the outside.

San Diego has troubles of their

Another controversial call in own with two more targets going down for quarterback Philip Rivers. Steelers win 24-17 in San Diego.





D.J. Winter So. Pacific Lutheran Football Player

"I'm gonna go with the Chargers because the Steelers are going to struggle without Big Ben for a couple week."

Nicoya Benham-Marin

Sr. Women's Soccer Player at PLU

"I'm thinking the Chargers will win this week. It should be a good game though. Not sure why though? Chargers have a stronger overall offense and defense."

Juston Lind Jr. Wide Receiver for

the Lutes

Tahlia Terhune Senior, Advertising Major

"The Steelers will win I think. The Chargers are an inconsistent team. Big Ben is out but they got LeVeon Bell back and he's a

"I pick San Diego at home with some guys back from injury and

Pittsburg struggling to get the ball to Antonio Brown."

Traeger Jarrad Senior, Kinesiology Major

"San Diego holds a dear place in my heart. Though I never watch football, I have to say this is a gut feeling, San Diego will prevail. I don't even know where the Steelers are from."

Hayden McCartney Senior, Financial **Mathematics Major**

"Mike Vick will bounce back, LeVeon Bell and Antonio Brown are too explosive to not have a big game. San Diego doesn't have the firepower to hang with Pittsburgh."

Kailvn Osaki Jr. Softball Player at

"To think Mike Vick will continue to be efficient is absurd. Bell in the backfield will help relieve some of the pressure, but the Chargers will load the box, making Vick throw."

Fantasy Football: Week 5

RECAP FROM WEEK 4: It has to be one of the strangest seasons thus far in the NFL. There are numerous running back by committee and quarterbacks who have either fallen to injury or seen their favorite targets go down. Ravens wide receiver Steve Smith is out with a back injury, Marshawn Lynch is questionable with a harnstring. Who will take over in Denver as the lead back? This week you should consider:

QUARTERBACK: Carson Palmer, Arizona Cardinals

After a disastrous first loss of the season to St. Louis, the Cardinals will seek to put up big numbers against Detroit. Palmer threw for 352 yards without a touchdown last week. He should continue to do that against a lackluster Lions defense.

RUNNING BACK: Marshawn Lynch, Seattle Seahawks

The Beast will be back after sitting out last Monday Night's contest against Detroit. With one week to heal the body, Lynch should be poised for

WIDE RECEIVER: Keenan Allen, San Diego Chargers

With three of quarterback Philip River's targets out due to injury, Antonio Gates, Malcolm Floyd and Stevie Johnson. Allen will retain a majority of the passes in his direction.

SLEEPER: Alfred Morris, Washington Redskins

Trading handoffs between him and Matt Jones has been head scratching. With that said, during the Redskins' two-minute drill, Morris was the lead back and kept them competitive until their win over Philly.

TIGHT END: Travis Kelce, Kansas City Chiefs

Kelce only received 49 total yards in their Week 4 loss at Cincinnati. Chicago traded away their best middle linebacker leaving the middle of the field wide open for quarterback Alex Smith to find his tight end.

DEFENSE/SPECIAL TEAMS: Denver Broncos

After posting another 10 points against the Minnesota Vikings. Their defense will continue their case for being number one in the National Football League as the Broncos travel to Oakland.

KICKER: Chandler Catanzaro, Arizona Cardinals

Traveling to another stadium inside of a dome, Catanzaro recorded 18 points last week. He should maintain that mark this week.

Athlete Spotlight: Kyle Sawtell



PHOTO COURTESY OF GOLUTES.COM

Sawtell shooting a three-pointer against Whitman College. He went on to score 21 points in the loss on Senior Night.

CARA GILLESPIE Sports Writer gillesce@plu.edu

Kyle Sawtell is a junior wing for the Men's Basketball team. This week, Mast Media collaborated with Pacific Lutheran Athletics to begin a new feature spotlighting our student athletes. You asked the questions, and I sat down with Sawtell to bring you his answers.

MM: What is your favorite animal? Kyle Sawtell: A tiger, because they are majestic animals.

MM: What is the most points you have scored in a game?

Sawtell: In high school I scored 33 points one game, and in college I scored 21.

MM: Who is your favorite basketball player to watch?

Sawtell: Probably Kevin Durant because he is very skilled. The stuff he does is amazing. When he's on his game, no one can stop him.

MM: What do you like to do for fun? Sawtell: I like to hang out with my friends and family, just relax to get my mind off school and basketball.

MM: What is your favorite color? Sawtell: My favorite color is blue.

MM: What is your favorite card game?

Sawtell: A fun game called 99.

MM: Who is your biggest supporter? Sawtell: My mom and dad, for sure.

MM: What is your major?

Sawtell: My major is business. I am deciding on my emphasis, either marketing or accounting.

MM: What is your favorite class? Sawtell: Right now, it is statistics.

MM: What do you enjoy most about Coach Dickerson's style and philosophy?

philosophy?
Sawtell: Coach Dickerson is very passionate and he lets us have a little bit of freedom within our play. He is not always calling plays and structuring everything we do, he just lets us play.

Check out @golutes or search #AskALute on Instagram to submit your questions for next week's student-athlete Q&A.

From the court to the boat Men's Basketball takes to water

MADDIE BERNARD Sports Writer bernarma@plu.edu

The Pacific Lutheran University Men's Basketball team will experience a change of scenery on Wednesday as they head out to American Lake in Lakewood, Wash. for a rowing competition.

This summer, the team read The Boys in the Boat by Daniel James Brown. The book is about the struggles and triumphs of the 1936 American Olympic crew team.

Inspired by the young rowers abilities to overcome the odds and work together to achieve greatness, the basketball team decided to try their luck out on the lake.

Senior team captain Erik Swartout believes rowing will help bond the new and returning players, as well as give everyone a great learning experience.

"It will be good for the older guys and the younger guys to get together and have to work hard at something new and challenging," Swartout said. "It will help bring us together as a team before the season starts."

The basketball players will wake up bright and early at 4:30 a.m. on Wednesday and the PLU Women's Crew Team will give them a rowing lesson.

After, the basketball players will divide into two teams for an inter-squad rowing competition.

Swartout said he thinks the experience will allow the team to understand the difficulties other teams have to face and gain a greater appreciation for athletics.

"I think it will expand our horizons a little bit and help us to relate to other sports," Swartout said. "It will give us a different perspective on athletes. I'm really excited, rowing has always looked interesting."

Be sure to check out the photos from the event on Wednesday at mastmedia.plu.edu

PHOTO COURTESY OF THE DIXON PUBLIC LIBRARY

Veteran Boxer squad too much for young Lutes



Meet In The Huddle: Richard Johnson (11) Reggie Collins (8) Ryan Chynoweth (44) Elijah Clayton (31) Marc Gallant (22) Juston Lind (14)

KELLEN WESTERING Sports Writer westerka@plu.edu

In their first two games of the season, Pacific Lutheran University football program has had its fair share of growing pains. The difficulties continued in their first Northwest Conference game against the Pacific Boxers as they fell 34-7.

Coming into the season, the Lutes knew how much of a challenge they were up against, having almost an entirely new slate of starters on both sides of the ball. In fact, they returned just six starters.

The Boxers, on the other hand, have a plethora of returners that dot the roster at nearly every position.

Heading into last weekend's game appeared to be a great conference matchup as the Boxers were picked to finish second and

the Lutes were picked to finish third in the Northwest Conference polls.

Not to mention the 2014 contest between the two, which came down to the wire as the Boxers beat the Lutes 31-28, as well as the year before when the Lutes beat the Boxers 17-16.

The match up between the Lutes and Boxers this year was not as dramatic. Out of Pacific's five drives of the first half, they scored on four of them: Two touchdowns and two field goals.

It was a different story for PLU in the first half. On the Lutes' second drive, they drove the ball all the way down to the 10-yard line but came up just short on a 4th and 2nd. After that, the Lutes punted three straight times.

It couldn't have been scripted much better for the Boxers in front of the 2,710 in attendance for their Homecoming.

Lutes had proved throughout the first two games that they were capable of getting off to fast starts. They led 26-10 against California



Quarterback Jon Schaub (9) doing a read-option with running back Marc Gallant(22) as Austen Kindle (4) goes into motion

Lutheran at half and against Trinity led 7-6, but Pacific was able to control the tempo from the beginning.

Nine Americans and Their

Epic Quest for Gold at the

1936 Berlin Olympics

To start the second half, the Boxers came out aggressive once again and scored on their first possession. Then the Lutes' defense stepped up and forced Pacific to punt in two straight possessions as well as force a turnover.

But it was too little too late as Pacific scored one more time, giving them 34 points on the day with 444 yards of total offense. Senior quarterback Warner Shaw finished the day 25-of-32 for 353 yards and three touchdowns.

25-of-32 for 353 yards and three touchdowns.

Offensively in the second half the Lutes looked much better.

Sophomore running back Mark Gallant scored a late touchdown in the fourth quarter making the score 34-7. The Lutes moved the ball up and down the field but committed two costly turnovers in the red zone that kept them from adding to their total. PLU had 287

yards of total offense and junior quarterback Jon Schaub was 19-32 with 187 yards.

On a positive note, the Lutes had 106 yards rushing compared to 0 from the week before. In addition, they only committed six penalties compared to a previous 15.

Looking ahead there's a lot to get excited about with this young team.

Next week provides another opportunity as the Lutes take on Willamette University in a Homecoming contest at Sparks Stadium at 1 p.m.

Editor's Note: Kellen Westering is the colorcommentator for golutes.com, the son of coach Westering and a former PLU football player.

Okubo, poised for an impactful 2016 season

Editors Note: Dylan Foreman is a hired writer for golutes.com

DYLAN FOREMAN Sports Writer foremadf@plu.edu

Junior James Okubo is one of the key veterans on the Pacific Lutheran Men's Tennis team. This upcoming season is very important for the veteran.

"Our expectations for this season are to fight for every point, and give it our all for the team," Okubo said.

As a team leader, Okubo emphasized

his need to become the best player he can be when the season starts. With all emphasis on conditioning and practicing with his teammates, taking advantage of the offseason was a main priority. It isn't just his physical attributes, though, that make him an important asset to the team.

"As a veteran of the team, I hope to lead my team by being a positive influence on and off the court," he stressed. "I hope to show my teammates a hard work ethic, and a "want-to" attitude toward getting better everyday."

In order to improve their record from last year, Okubo has become a positive model on which his teammates can thrive so that the team can have success. The focus for the team has always been team-

"We go through a lot of ups and downs as a team but in the end we are one big family that sticks together when times get tough," Okubo stated.

Even though Okubo and his teammates are serious in achieving their goals on the court, the team is not just all work and no

In their free time, the squad can be seen playing table tennis and video games that help build a strong camaraderie.

As for Okubo, he personally enjoys the serenity of fishing with his father.

The tennis season doesn't officially start until February, but Okubo is anxious to start preparing the team for success now.

With his leadership qualities, PLU will be a force in the Northwest Conference this





SAMANTHA LUND Editor-in-Chief lundsr@plu.edu

I recently quit my job. I had a tough your job, quit your sport or quit your extracurriculars.

I chose my job, but some students aren't as lucky and don't have that choice. They have to keep a job to stay in school and that means quitting their sport.

I've seen other athletes in the nursing program forced to quit because their clinical times corresponded with practice

Athlete's Perspective: Samantha Lund

and clinical times aren't easily shifted it just doesn't happen.

Last year, I produced a documentary called "INjured and OUT" about injured student-athletes who can't play their sport anymore. From concussions to bad knees, athletes get injured every day and are forced to quit.

That project really opened my eyes to

important sports are students.

What trying to say is that I'm lucky. Along with the other 400-ish athletes on campus, I'm one of the fortunate ones that can shift my schedule around practices, lifting, physical therapy and competitions on weekends.

For a lot of people on the outside of athletics looking in, we are known as "determined," "self-absorbed" and as "determined," sometimes "clique-y," but, to me, this group is amazing and the sacrifices student-athletes deal with everyday to keep playing is unlike anything I've ever

"All I'm asking is that you

acknowledge what athletes do."

Samantha Lund

Women's Tennis

So, in the light of "athletes get special treatment" and "athletes act like they're above the rules and better than everyone else" keep in mind the 3+ hours per day that athletes put in and the countless sacrifices they make to compete for this school.

Yes, athletes get some allowances with missing classes and getting to take tests at

a later date, but chances are, he or she will still get less time than you to study for that same exam.

My goal isn't to say that athletes special deserve treatment, as someone who is a part of the arts and upper campus bubble as well as "athletics

bubble."

I know the stigmas and gossip that surrounding about athletics. Those side-eye glares when an athlete needs more time to complete an assignment because they had a Friday-Saturday-Sunday competition need to stop.

It's just not fair for student-athletes to be

ashamed when they ask for help. Everyone needs a little help and support sometimes.

On the Women's Tennis team, we're constantly battling with practice and school work. We have had the highest team GPA since my first year, three years ago.

If anything, my team knows what it means to be student-athletes where the "student" comes first. That doesn't mean we have it down to a science though.

The reason these girls have succeeded is because they ask for help (and, I'll admit, drink lots of coffee).

Asking for help and not feeling ashamed to need it is the only way athletes can survive. If they're being shamed by their peers, or their accomplishments aren't appreciated, that's going to hurt the Lute

All I'm asking is that you acknowledge what athletes do, how impressive they are, and maybe give them an "Attaway!" the next time you hear a team won a competition.

On the other end, the arts aren't going unnoticed by us. As an athletics-wide initiative, each sport will attend at least one arts event and support other groups around campus. It would be great if we got some of that love back. I know every team would appreciate it.





THE LUTES SET LIST

Football:

at Pacific, Loss 7-34

Women's Soccer:

at Whitman, Won 1-0 at Whitworth, Won 2-0

Up Next: vs Willamette, Saturday, 1 p.m.

Up Next: vs Linfield on Saturday at 12 p.m.

Men's Soccer:

vs Linfield, Won 3-2 vs Willamette, Lost 0-1 Volleyball:

at Willamette, Lost 2-3 at George Fox, Won 3-1

Up Next: @ Puget Sound, Saturday, 2:30 p.m.

Up Next: vs Linfield, Friday, 7 p.m.

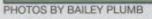
NORTHWEST CONFERENCE STANDINGS

Football

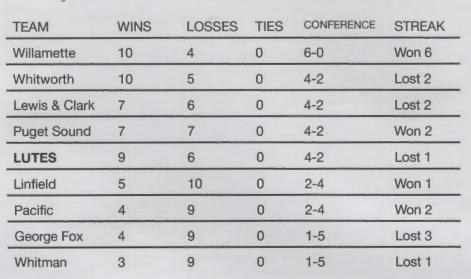
TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Linfield	3	0	0	1-0	Won 3
Whitworth	4	0	0	1-0	Won 4
Pacific	3	1	0	1-0	Won 2
Puget Sound	2	1	0	1-0	Won 1
George Fox	2	2	0	0-1	Lost 1
Lewis & Clark	0	. 3	0	0-1	Lost 3
LUTES	0	3	0	0-1	Lost 3
Willamette	0	3	0	0-1	Lost 3

Women's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Willamette	5	4	1	5-1	· Won 5
LUTES	8	1	1	4-1-1	Won 4
Puget Sound	6	0	4	2-0-4	Tied 1
Linfield	6	2	1	3-2-1	Lost 1
Whitworth	5	6	0	3-4	Lost 3
Pacific	2	7	1	2-3-1	Won 1
Lewis & Clark	6	4	0	2-4	Lost 2
Whitman	1	8	2	1-4-2	Tied 1
George Fox	3	5	2	1-4-1	Lost 3



Volleyball



Men's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Whitworth	9	0	1	5-0-1	Tied 1
Puget Sound	7	4	0	5-1	Won 3
LUTES	8	4	0	4-2	Lost 1
George Fox	5	6	1	2-3-1	Tied 1
Linfield	6	6	0	2-4	Lost 2
Willamette	3	7	1	2-4	Won 1
Pacific	3	7	1	1-4-1	Tied 1
Whitman	1	7	1	1-4-1	Tied 1