



PACIFIC LUTHERAN UNIVERSITY

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Tray removal reduces trash

Student collaboration removes trays during all-you-care-to-eat meals

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Following sustainability initiatives in place at other universities, Pacific Lutheran University has adopted a 'trayless' policy during all-you-care-to-eat meals in the Commons.

When Erin McGinnis, director of dining and culinary services, was approached by Sustainability department student workers last year about removing the black plastic trays found in the dining area, she was at first "gun-shy" and "reluctant," McGinnis said.

"My main point to them [Sustainability workers] was to get students involved," McGinnis said.

Dining services had previously tried to implement a change to 'trayless dining' in spring 2008, but "we didn't do it the right way," McGinnis said, citing the lack of student involvement as a reason for eventually bringing back the trays.

"It didn't work," McGinnis said.

Students involved with Sustainability and Food Club set up tables outside the Commons during the week of April 2 to spread awareness about

the benefits of 'trayless dining,' which include less food, water and monetary waste.

On April 9-10, students collected data by weighing food that was discarded on trays after dinner.

A week later, during April 16-17 dinners, trays were removed from the Commons in recognition of Earth Week.

Sustainability students were then able to gather information on food waste when trays were not used.

An average of 856 students swiped into dinner during each all-you-care-to-eat meal, with an average food waste of 4.1 ounces per person when trays were used. Food waste averaged 2.8 ounces per person when trays were removed, according to Sustainability department findings.

Alum Danielle Palmer, who worked on the 'trayless campaign' last year, said the difference translates to roughly 300 meals saved during each meal period where trays are not used.

Approximately 356 gallons of water are

SEE TRAYLESS
PAGE 3



PHOTO BY BEN QUINN

First-year Marcie Brown walks toward the Anderson University Center dining area carrying two slices of pizza and no tray. Trays were recently taken out of the AUC in an initiative to reduce food and water waste. "I think it's [going tray-less] pretty good, you don't have to worry about getting stuff that you don't need if you're just carrying one plate," Brown said.

Construction upgrades continue across campus

Camille Adams
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Over the summer, the campus was abuzz with change—and the transformations continue.

Hauge Administration Building rooms 204A and 206A, have undergone remodeling. The physics offices in Rieke Science Center have also been remodeled. The cost of these classroom upgrades approaches \$100,000.

In Mary Baker Russell Music Center, music students can now perform on the refinished stage

and safely walk under the refurbished gutters.

Across campus, the first three floors of Harstad Hall have been completely revamped as well as the lobby of Student Services.

According to John Kaniss, director of construction management, temporary "boilers in a box" are currently providing heat for Hong, Hinderlie, and Kreidler Halls, due to the renovation of Eastvold, soon to be the Karen Phillips Center for the Performing Arts. Boilers in Eastvold,

which usually serve this purpose, are shut down for construction.

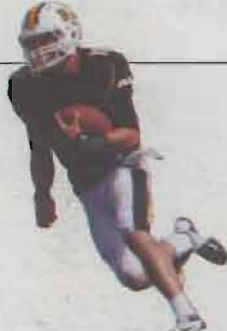
The Mordvedt Library, on the other hand, will soon receive a new cooling system. The library also acquired carpeting for the first floor and a fire suppression system for the computer center, totaling almost \$448,000.

The swimming pool will be ready for use as soon as leaking pipes are replaced, and the exterior work at Harstad will be wrapped up in the next

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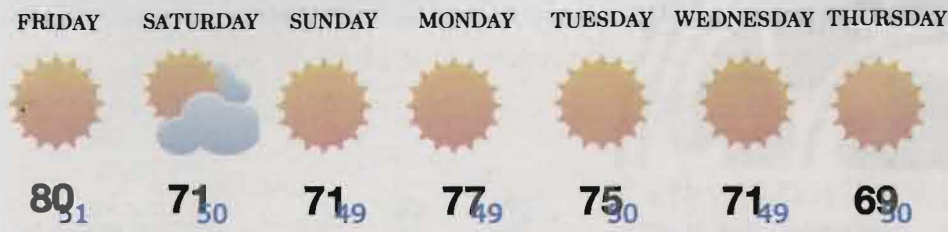
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CAMPUS CONTINUED FROM PAGE 1

few weeks.

These upgrades do not come at a small price. Repairing boilers in Olsen alone cost \$18,000.

PLU spent 2.6 million on the synthetic and natural turf fields on lower campus. The perks of the new facilities include Wi-Fi, water, power, and an automated irrigation system on the natural turf field, which will be ready for use next year. The synthetic field is nearly completed, following the pending installation of lighting and a scoreboard.

The adjacent softball field has meanwhile been leveled to accommodate a new drainage system with a total cost of \$35,000.

The pitcher's mound and batting cages have also been relocated.

A new cross country trail runs through what used to be the golf course, and the hammer throw is now located south of the track.

There are still many improvements on the way, such as new bleachers in Olsen Auditorium. This project will commence in December and undergo three phases until its completion in March. Classes will continue around the construction.

"It's inconvenient," senior Melanie Venahus, who lived on campus over the summer, said of the recent repairs. "But it's all for the better."

Starting next summer, a project originally scheduled for this past June called the Campus Entrance Project will begin. It will revamp the main entrance to

the university at the intersection of Park and Garfield. The front entrance will feature a roundabout drive and a welcome sign.

"I think a new entrance to the campus is a great idea because it would

make clear who we are in the community," first-year Liesel Shulholm said.

Plans for the north side of Garfield Street, which PLU now owns, across from the US Post Office, are also in progress. The four story complex will

include retailers, the Department of Human Resources, and the Marriage and Family Therapy Department on the ground floor. The top three floors will feature one- and two-bedroom studio apartments.



PHOTO BY BEN QUINN
A sign warns passersby to be cautious around Eastvold Auditorium, which is undergoing renovations. The inside of the auditorium has been renamed the Karen Phillips Performing Arts Center, and will be converted from a two level seating arrangement to a single level of seats. Construction on the auditorium began 2010 and is projected to end in 2013.

Fall

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Facilities building adds solar panels

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To demonstrate that solar energy is actually viable in Washington state, solar panels were added to the Facilities Management building over the summer.

They are not meant to significantly reduce Pacific Lutheran University's carbon footprint, Christine Cooley, sustainability manager, said.

Although the cells cover less than half of the roof, they have a lifespan of 20-25 years and the potential to save PLU over \$6,000.

Germany, which has a climate very similar to Washington, leads the world in solar energy, Cooley said.

Although people may think production decreases significantly,

the output of the cells doesn't actually decrease that much, Cooley said.

A kiosk in the Anderson University Center displays real-time photovoltaic energy production and is updated hourly.

By viewing the interactive graphs at that kiosk, students can see how the weather affects solar energy production. The graphs show hourly, daily, weekly, monthly and yearly production.

Cooley estimated the solar cells can produce approximately 6700 total kilowatt-hours per year.

PLU pays 5 cents per kilowatt-hour, Cooley said. With the solar panels in place, PLU is saving approximately \$300 a year.

This is not enough to cover all of the

"I heard of Solar 4R Schools through a random search on the internet. It was serendipitous."

Christine Cooley
sustainability manager

electricity used by the building, Dave Kohler, director of sustainability management, said.

The cells can produce approximately seven kilowatt-hours of electricity—which is enough to charge two electric cars a day. PLU charges its electric vehicles with these solar cells, Kohler said.

The seven kilowatt-hour system was funded by \$70,000 in grants, according to Kohler.

Cooley "was instrumental in getting the grant," Kohler said.

"I researched renewable energy grants for over a year. I looked into Power Purchase Agreements, private donors, and smaller local grants," Cooley said. "Finally, I heard of Solar 4R Schools through a random search on the internet. It was serendipitous."

Alum Orion Bras had talked with Cooley last year about the plausibility of installing a solar array at PLU.

Bras helped with completing paperwork, meeting with Pacific Light & Water, setting up the kiosk in the Anderson University Center and working with ASPLU to secure funding.

"I worked on this project not only to help

the university engage in the sustainably energy debate, but so that students would start a dialogue... as to how they feel [PLU] should proceed to face the very serious energy and environmental challenges that we face in the coming decades," Bras said.

Looking into the future, PLU plans to be carbon neutral, negating all carbon emissions through clean energy programs and attaining a net-zero carbon footprint, by 2020.

Cooley did a survey of the PLU campus and found a significant amount of rooftop space that could be used for solar cells. She also would like to install a solar thermal heating system wherever there are showers on campus.

Both Kohler and Cooley said they are always looking into the possibility of expanding solar cells to other parts of campus.

"But that's down the road," Cooley said. Kohler noted that expansion would call for more funding.

"Projects like solar panels are not the first thought Alumni have when wanting to assist in funding for new buildings or renovations," Kohler said.

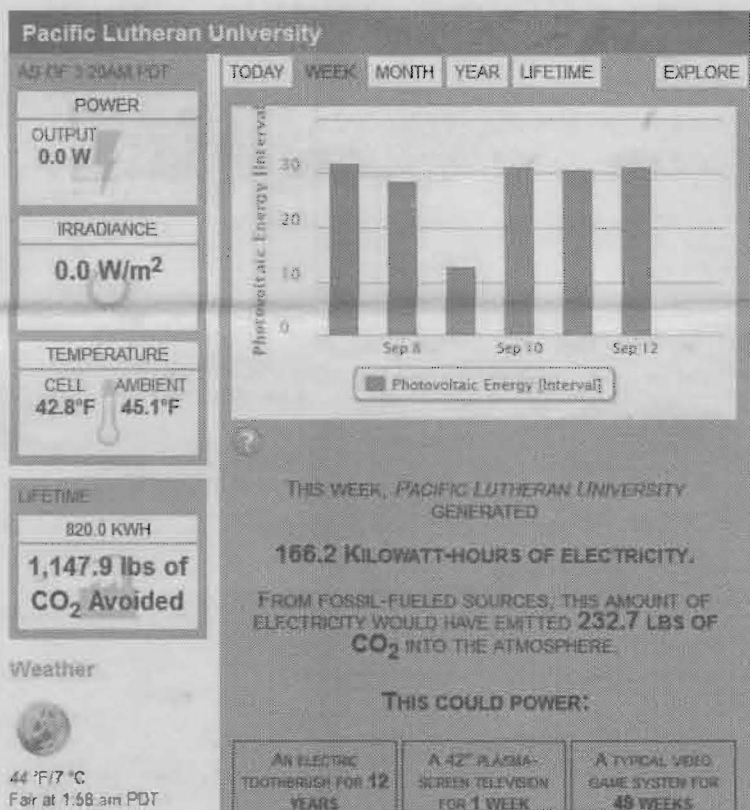
Cloudy

Clouds do not prevent energy production from solar cells. "Although output decreases when cloudy, the cells still produce a significant amount of energy," Dave Kohler, director of Facilities Management, said. If a solar system produces more than it uses, a credit can be built with the local utility company.

Funding

The majority of the funding for the solar cells came from a program called Solar 4R Schools. Solar 4R Schools is a program that educates students, teachers and community members by providing solar electric systems to schools at no cost. The project was funded with a \$50,000 grant from Solar 4R Schools, a \$10,000 grant from Parkland Light & Water and \$10,000 from donations through the Development Office at Pacific Lutheran University. The project was completed Aug. 27.

Graphs on electricity production can be found on the Solar 4R School website. (<http://www.solar4rschools.org/schools/pacific-lutheran-university>).



SCREENSHOT COURTESY OF SOLAR4RSCHOOLS.COM

Solar 4R Schools' website tracks the number of kilowatt hours of electricity PLU generates from rooftop solar panels on the Facilities Management building. As of Sept. 12, PLU has generated 166.2 kilowatt-hours of electricity for the week.

TRAYLESS CONTINUED FROM PAGE 1

saved each night trays are not washed, a figure that equates to the per-day water usage of two-and-a-half Americans, Palmer said.

Sustainability students then created a resolution and presented it to ASPLU on May 8, 2012.

ASPLU got involved to bridge the gap between students and Sustainability, Hillary Powell, ASPLU public relations representative, said.

"A lot of universities

on the level of PLU are 'trayless,'" Powell said. "It's not something that is new. It's something a lot of universities are going toward."

After attaining student feedback, ASPLU "felt like it was something we could pass and have good support from students," Powell said.

ASPLU passed the resolution a week later, Palmer said.

There "wasn't much flack from students," McGinnis said.

Powell added, "I'm sure there are students who are not fans of it," because of "the inconvenience" of taking multiple trips to

carry dinner dishes. "But in the long run, it will pay off for the Earth and students," Powell said.

"At lunch, we don't have a problem. Lunch is more selective because it's coming out of their [students'] dining budget."

Erin McGinnis
Director of Dining and Culinary Services

While removing trays from the Commons helps reduce food waste and save water, participants in the

project acknowledge that more effort is necessary.

"We don't think 'trayless' completely solves food waste on all ends," McGinnis said. "We know we have more work to do. This is just one piece of a bigger puzzle on trying to educate students."

Within the coming weeks, dining and culinary services would like to have students weigh food waste again to see how much money the 'trayless' project saves.

"Any cost savings go back to PLU, not to someone's pocket," McGinnis said.

Trays are still available during breakfast and lunch

meals, where dishes are served a la carte.

"At lunch, we don't have a problem. Lunch is more selective because it's coming out of their [students'] dining budget," McGinnis said.

But at dinner, students "take more and they are not accountable for it in the same financial way," McGinnis said.

For those who need to use a tray during all-you-care-to-eat meals, a stack of trays will be available near the cashier stand.

For more about the trayless campaign, see Opinion page 10 and Sidewalk Talk on page 12.

Website streamlines career services

Career Connections helps students find jobs, internships, work study

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The new Career Connections website, launched in June, is one site for jobs on and off campus, academic internships, volunteer opportunities and work study.

The previous career website linked to several other websites.

While these offices have been a part of PLU for a long time, Career Connections is a new resource online, as well as on campus, in Ramstad 112.

Bobbi Hughes, executive director of Career Connections, describes the new website as a better way to help serve PLU students. "What's new is the way we have organized [student employment opportunities] so we are better able to serve students. This includes personal and professional growth in launching a career," Hughes said. "The ultimate goal [of

Career Connections] is to help students make a seamless transition from PLU to a life after PLU. Student employment is an important part. Career Connections is more than just student employment."

Besides student employment, Career Connections assists PLU students with academic advising, career planning, internships, volunteer opportunities, mentoring and offers information for students who are planning on going to graduate school.

The most important change to the website is the Career Connections opportunity board. On the board, students can find on-campus jobs, off-campus jobs, internships, and volunteer opportunities at PLU and within the Parkland community.

Now that all of this information is in one place, students find the new website easy to navigate.

"It was very user-

friendly and it didn't take much effort to find my way around the website," first-year Lauren Leyba said. "All of the job openings are clearly listed and will take you straight to the application. Career Connections gives you a good description of what you're going to be doing for the position you applied for."

Coordinator of Student Employment and Technology for Career Connections Thomas Skaggs assures students their services are not limited to campus employment. "We provide a list of current openings in the community. All of these off-campus positions specifically want to hire PLU students. It is also available for the alumni as well to find positions after graduation," Skaggs said. "In Career Connections we have the center for community engagement and service. We have academic internships. We

"Career Connections gives you a good description of what you're going to be doing for the position you applied for."

Lauren Leyba
first-year

also offer career counseling and résumé help."

Students can schedule an appointment with academic advising, a career counselor or student employment through Career Connections.

"The fact you can go to one location [http://www.plu.edu/career-connections/] for so many different items is great," Skaggs said.

Career Connections offers two sessions to assist students with building their résumé. They are every Tuesday from 5 p.m.-6 p.m. in Ramstad 112 or Wednesday from 2 p.m.-3 p.m. in the Anderson University Center, room 212.

To sign up, go to the

Career Connections calendar online.

The résumé workshop is recommended for students to complete before attaching a résumé to an account.

Although students can apply for most on campus jobs without a résumé, Skaggs said having one attached to an application "gives you an edge."

Visit
PLU Career
Connections:



Delta Iota Chi receives award for blood drive help

Nursing club increases campus donations to Cascade Regional Blood Services



PHOTO BY BEN QUINN

Senior Meghann Freier (left) laughs at a comment made during the presentation of an award to PLU's nursing service club, Delta Iota Chi, by the Cascade Regional Blood Services on Wednesday. The award was presented to the club for their effort in assisting CRBS in their blood drives on the PLU campus last year, during which 8,169 people made donations. Such actions extend the definition of nursing. "It [nursing] is not just working in a hospital or taking care of a patient, it's much, much broader than that, a nurse can serve anywhere they can be an influence on the health of a community," Ruth Schaffner, faculty advisor for Delta Iota Chi, said.

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HUTCHINSON & HERMANN headline Homecoming

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It has been a decade since Pacific Lutheran University has had a homecoming concert. This year ASPLU, in collaboration with the Residence Hall Association, has brought the PLU Homecoming concert after a decade of absence.

On Thursday, Sept. 27 at 6 p.m., Eric Hutchinson will take the stage on Foss Field, with PLU student Charlie Herrmann opening the show. Admission is free, but students are encouraged to bring along a jar of peanut butter to donate to the Emergency Food Network. The Emergency Food Network encourages peanut butter because it is the hardest food to get from college students while being the most valuable given its density in protein, Hillary Powell, ASPLU public relations director, said.

Anyone who donates will be entered into a raffle to win Lute gear.

"Not a lot of people think to donate peanut butter," Powell said. "But it's actually a really good

item, because it's easy to store, has a lot of protein, doesn't rot and is easy for college students to get."

The raffle is a partnership program between students and alumni. The students will provide

like Macklemore and Alan Stone," she said.

The concert is a part of the official Homecoming Week schedule. RHA and ASPLU have allocated a total of \$10,000 to sponsor this event. To

"I'll start off with a few covers so the crowd can sing along, but most of the stuff I'll be doing is original," Herrmann said.

Herrmann is no stranger to a large audience, having performed at the Be the Spark event two years ago that featured Archbishop Desmond Tutu's last public speech.

Powell's ahead-of-the-curve feeling about PLU musical guests is shared by other students.

"I think it's really cool that they're bringing in someone [Hutchinson] who maybe not everyone has heard of but has the potential to become really popular," said first-year student Hannah Ferguson.

"I didn't know that it was the first time in ten years that there's been one of these concerts, but I think it's really cool that I get to go," she added. "It makes me want to go even more, and I think that bringing in a big artist will really get people amped."

Hutchinson is known for his hit song, "Rock & Roll". He will be promoting his new album, Moving Up Living Down, which was released April 13, 2012.

"I think it's really cool that they're bringing in someone [Hutchinson] who maybe not everyone has heard of."

Charlie Herrmann
junior

a prize for an alumni winner and the alumni will provide the prize for the student raffle winner.

Powell said she thinks PLU has always been a little ahead of the curve with up-and-coming musicians.

"We've had a lot of people come in right before they got really big,

keep the cost of the concert down, ASPLU and RHA will not employ outside staff.

PLU musician Junior Charlie Herrmann said she was anxious to open for the lead show.

"I'm stoked," she said, explaining that Hutchinson has always been an inspiration for her.

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Elemental Expression:

PLU features art exhibit on Earth, Sea and Sky

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Earth, sea and sky have become tangible elements at Pacific Lutheran University. Until Oct. 3, everyone will have a chance to see all three through the eyes of artists in an exhibition hosted by PLU in Ingram's gallery and in the Anderson University Center's display case.

Heather Mathews, assistant professor of art & design and Ingram gallery coordinator, was tasked with assembling and coordinating the exhibition, appropriately titled Earth, Sea, Sky.

"I wanted to find a way to showcase one of the strengths of the collection: landscape," Mathews said regarding the inspiration behind the gallery concept. "We have a large number of really interesting paintings and works on paper that are images of the countryside, the sea and shore, mountains, city streets ... all kinds of views in many different styles."

The exhibit includes a range of media—oil on canvas, lithograph, woodcut and photography—all portraying rural and urban beauty. The



PHOTO BY EMILY KNUTSEN

First-Year Kimberly Belleville glances at a painting of the famous Mt. Rainier in the new Earth, Sea, Sky exhibit on Monday. "I've heard the mountain is gorgeous in person," says Kimberly. "I hope to hike it with my fellow Lutes someday soon!"

subjects are local too—including Mt. Rainier and one painting depicting

paintings by F. Mason Holmes," Mathews said. "[Holmes] taught at PLU in the early 20th century and is well-known for his views of Mt. Rainier and other regional landmarks."

The effect of the art is certainly not lost on Mathews.

"I enjoy being in the space and just comparing the different works, enjoying the variety of approaches the artists applied," she said. "There's such a range of mood in the pictures—not all of them are restful, relaxing images. A few are more high-energy, and there are some more somber images, as well."

The gallery in Ingram is open every weekday from 8 a.m. to 4 p.m.

"I wanted to find a way to showcase one of the strengths of the collection: landscape."

Heather Mathews
assistant professor of art & design

a part of PLU in 1896, displayed in the AUC.

Former PLU faculty played a big part in Earth, Sea, Sky. Most notable is F. Mason Holmes, a former professor who painted the 1896 scene of PLU and countless others. His contributions include eight pieces in the Ingram gallery, plus every painting in the AUC.

"The show does feature a number of



PHOTO BY EMILY KNUTSEN

After viewing the new Earth, Sea, Sky exhibit in Ingram Hall, First-Year Maria Everett wished to learn future information on the University Gallery. "The paintings helped me get a sneak peek of what the scenery is like here in Washington," Maria said.

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WHO? former PLU faculty.

WHAT? Artwork inspired by landscape.

WHEN? Every weekday from 8 a.m. to 4 p.m.

WHERE? The gallery in Ingram and A.U.C.

WHY? See landscape through the eyes of PLU artists



“THE SANDWICHES,
THOSE ARE PRETTY
GOOD AND THE SALAD
BAR IS REALLY FRESH!”

Noel Mayoral
first year

“I’D LIKE TO
SEE MORE
VEGETARIAN
FOOD.”

Ingrid Clark
first year

FIRST-YEAR Food Review

Alex Domine
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Fresh tastebuds explore the Anderson University Center



“THE WORST IS WHEN
THEY’RE OUT OF
CHOCOLATE MILK.”

Jacob Glickman
first year

“THE CREPES WERE
LIKE HEAVEN IN MY
MOUTH.”

Ingrid Clark
first year

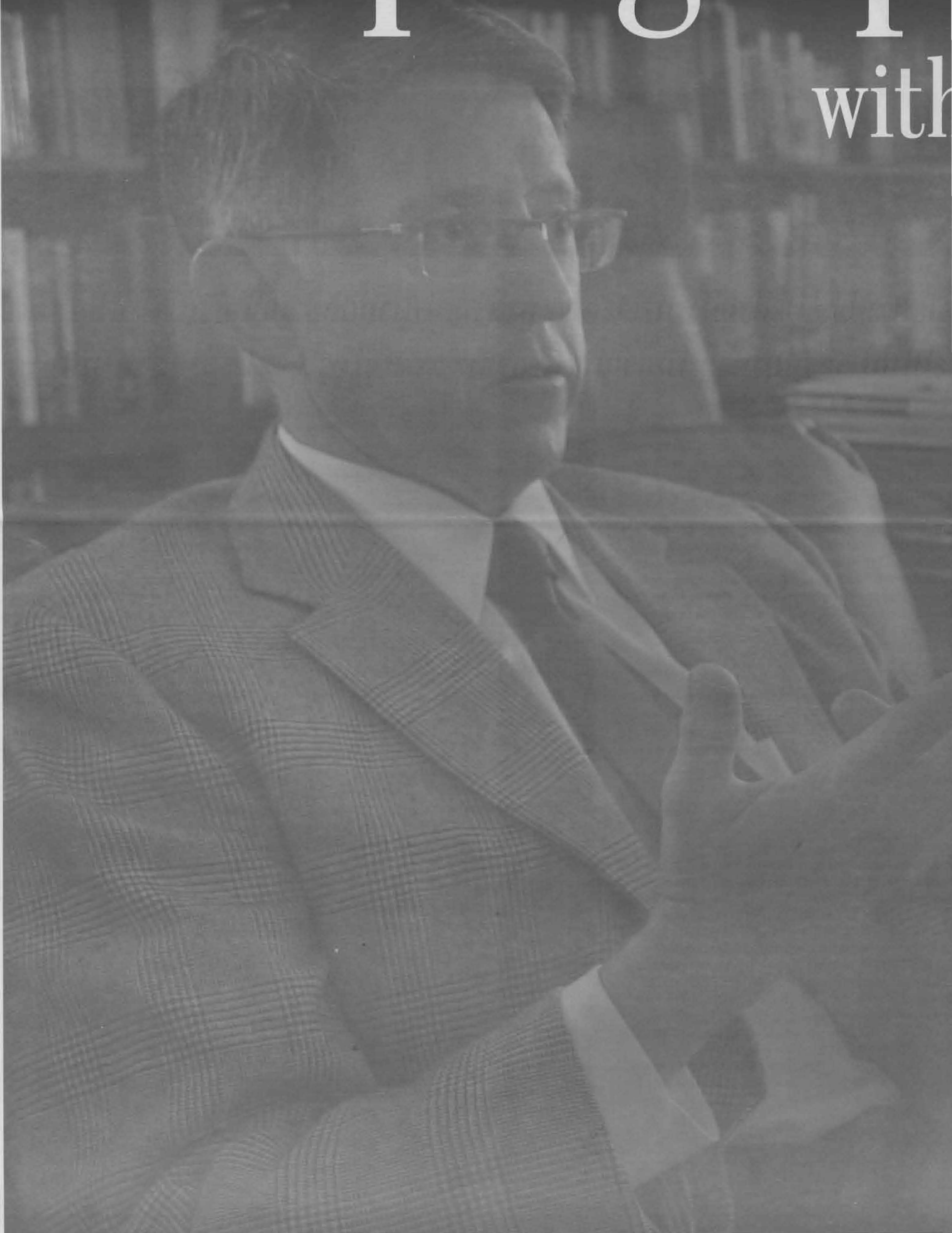
“I LOOK
FORWARD
TO THE PIZZA
EVERYDAY”

Jacob Glickman
first year

“EVERYTHING
KIND OF TASTES
THE SAME.”

Bonney Melton
first year

Keeping up with



Krise

The Mooring Mast sits with PLU's new president to discuss recent university changes, plans for the future

Amelia Heath
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While students add the final touches to their dorm rooms, Pacific Lutheran University's new president is creating a space of his own.

More than a week has passed since Thomas W. Krise was inaugurated into the 13th presidency of Pacific Lutheran University, but for him the work began June 1.

Krise joins the PLU community with some major changes already in place. In particular, the enforcement of a campus-wide smoking ban beginning June 1 and the May announcement of the university's new Wellness Access Plan, a healthcare supplement replacing PLU's former insurance policy that sparked heated discussion among staff, faculty and students throughout the 2011-2012 academic year. Tasked with walking into already-developed disagreements, Krise said the best remedy would be to "engage every constituency" and "carefully discuss all the options" to ensure the effectiveness of the university's shared governance system.

Throughout the summer, Krise and the president's council—vice presidents Sheri Tonn, Laura Majovski, Stephen Olson, Karl Stumo, Provost Steven Starkovich and Greg Brewis, executive director of University Communications—worked with PLU staff and faculty on strategic planning to follow up on the long-range planning outlined in PLU 2020, the university's ten-year plan.

The plan was drafted last year by a long-range planning committee comprised of faculty, administration, members of the

president's council, students and former university president Loren Anderson.

For Krise, part of that plan includes expansion of the international program.

"We have a gateway country for almost all of the languages that we teach," Krise said. "Then we have certain kinds of study abroad opportunities in every language. But we don't have formal gateway structures for Francophone—any French-speaking places—or German-speaking places. So that just looks like an opportunity

"We're delighted to have so many students from so many countries around the world. That's a really big plus for us. It helps everybody's education and everybody's experience"

Thomas Krise
president

for some potential there, is being more formal with countries that speak French or German."

Formerly the dean of the College of the Pacific at University of the Pacific in Stockton, Calif., Krise said the main difference between the college and PLU lies in the graduate and professional programs offered. According to their respective websites, University of the Pacific offers 25 graduate degrees and five professional degrees—PLU offers only 15 graduate degrees. Additionally, Krise said PLU has potential for more summer classes.

Another goal for Krise is to unite members of the university community through the PLU's award-winning ROTC program. In the 2011-2012 academic year, 120 students were enrolled in the ROTC program. One-hundred thirty current PLU students are veterans attending school through the GI Bill and the Yellow Ribbon program.

Krise said a big goal for him during his time as president is to engage with as many student groups as possible. He and his wife of 25 years, Patty Krise, toured all of PLU's residence halls on move-in day and attended a new cadet orientation barbecue for the university ROTC program. The Krieses also toured the ROTC facilities and the Memorial Gym.

Moving forward, Krise said he hopes to make international students in particular feel welcome at PLU.

"We're delighted to have so many students from so many countries around the world," Krise said. "That's a really big plus for us. It helps everybody's education and everybody's experience."

PLU's convocation ceremony Sept. 4 included Krise's inauguration, but for him, he said, the emphasis was wholly on the students.

"At other institutions you'll have a separate ceremony for the inauguration," Krise said. "So I think the message that we were sending by combining them is to say that the students are really the centerpiece of why we're all here."

Watch the full interview at
<http://www.plu.edu/masttv>

Letter from the EDITOR

Jack Sorensen
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It's the early morning in the lower level of the Anderson University Center, and the staff of *The Mooring Mast* is finally putting the paper to bed, anticipating the release of our first issue.

This routine is not new—every Wednesday night we work upwards of 12 hours designing and producing the weekly newspaper, not to mention the hours we devote during the week.

But in the end, our work is meaningless.

We can sweat, rejoice and cry over the work we do, but in the end your opinion is all that matters. In the end it is irrelevant if we are proud of ourselves—all that truly amounts to any praise or sign of success is how proud you, our readers, are of us.

Our greatest honor is to be called *your* college newspaper, our

greatest achievement to have somehow served the Pacific Lutheran community.

As the Mast staff embarks on yet another year of striving to chronicle, document and historicize the collective experiences of our community, I humbly ask while we work to keep you informed, you will work to keep us informed. I hope you will provide us with feedback, whether lauding praise or bold condemnation. I hope you will tell us what you want to see in your newspaper. I hope you will trust that this paper belongs to you, our students, faculty and staff.

And we promise you to be your trusted source of information. We promise to be there applauding in times of success, and stand by watchfully in times of doubt.

On behalf of the entire Mast staff, we are looking forward to a great year serving you.

Disabled students 'overlooked' in policy

Going trayless hinders some more than others

Kroy Miller
GUEST COLUMNIST
millerkm@plu.edu

Many people have noticed and are wondering why there are no more trays at dinnertime. The Anderson University Commons dining hall has transitioned to 'trayless' dinners in order to promote sustainability. Going trayless cuts water usage and helps people control portions at dinner.

However, I do not feel the trayless decision was made with everyone in mind.

For many people the trayless dinners are not a problem. But for others, like me, dinner now brings up certain challenges.

I have Cerebral Palsy, a disability that can be both mental and physical. In my case it is mostly physical—my Cerebral Palsy is directly on my right side. As a result of this, I cannot carry more than one plate at a time.

Most people get more than one dinner plate and a drink, and also make stops to grab silverware, napkins and condiments before heading to a table to eat. This is very simple for most people who eat in the AUC, but very frustrating to students with disabilities.

Without a tray, I have to go back and forth from the cafeteria to the eating area for these various items. I have a major problem

“What is worse is that I have heard that trays are supposed to be available for those with disabilities, but I have not seen any.”

balancing plates and other dinner items to get to the table without spilling everything. I feel that walking back and forth is an inconvenience for some students and a big hassle for those with disabilities. Even the extra walking could pose a challenge by making muscles or other parts of the body hurt.

I know several people who attend Pacific Lutheran University who are disabled and it is very hard for us to go trayless. What is worse is that I have heard that trays are supposed to be available for those with disabilities, but I have not seen any.

While leaving trays for those with disabilities is a nice idea, we would be clearly profiled as different from others. It would make using a tray feel uncomfortable. I don't want to be given special treatment because of my disability, because I am just like everyone else.

At a school that seems to put so much focus

on diversity, it seems disabled students tend to get overlooked. I feel that in major school changes, like the trayless policy, we are left out of the conversation. I hope that we can reexamine this new policy and try to find a way to keep the University Commons sustainable while keeping everyone in mind.

Editor's note: In Managing News Editor Jessica Trondsen's interview with Erin McGinnis, director of dining and culinary services, McGinnis said trays were available at the cashier stand for anyone who required them. However, McGinnis added that she thought it possible students who may not require a tray could take advantage of the service, though she said she hoped that was not the case.

For more on the Trayless Policy, see News page 1.

Corrections

Sept. 7th issue

The article "Krise and Class of 2016 join PLU community" on page 1 should have said the PLU football team played against California Lutheran on Saturday. California Lutheran won 37-23.

THE MOORING MAST 2012-2013 STAFF

The Mooring Mast adheres to the Society of Professional Journalists' code of ethics, which includes the guidelines to "seek truth and report it," "minimize harm," "act independently" and "be accountable." *The Mooring Mast* has also taken the TAO of Journalism pledge, which promises our readers we will be transparent about who we are, accountable for our mistakes and open to other points of view.

The views expressed in the editorials, columns and advertisements do not necessarily represent those of the PLU administration, faculty, students or *The Mooring Mast* staff.

Mission statement:

Our primary responsibility is to serve the PLU community. This community includes students, faculty, staff, and alumni.

Our primary concern is to assist the larger PLU mission of educating all students for lives of thoughtful inquiry, service, leadership, and care. Our activities in student media are meant to build those skills and traits within our staff.

Our primary role is to discover, report, and distribute information about important issues, events, and trends that impact the PLU community. Our efforts to document and chronicle our collective experience will provide a first draft of university history.

Our primary values in the performance of our duties are reflected in the Society of Professional Journalists Code of Ethics and the TAO of Journalism.

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Letters to the editor:

The Mooring Mast encourages letters to the editor. Letters must be submitted to mast@plu.edu by 5 p.m. the Tuesday before publication.

Letters without a name, phone number and class standing or title for verification will be discarded. Letters should be no longer than 500 words in length and typed.

The Mooring Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors.

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Student defines national greatness

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As I watched both the Republican and Democrat National Convention speeches, my attention turned to a recurring theme.

I noticed something about American politics for the first time: rhetoric that relies on the premise that we are, or need to be, the greatest country on earth. Whether it is presidential nominee Mitt Romney or former Secretary of State Condoleezza Rice attacking the Barack Obama administration for America losing its place as "top dog" in the world, or it is Michelle Obama defending her husband's time in office

as Commander in Chief, the rhetoric is all built on the premise that the United States is the greatest country.

Let me be clear, there is absolutely nothing wrong with believing your country is the greatest country in the world.

However, challenge yourself to dig into the vague idea of what it means to be the greatest.

Does that mean we have the strongest economy or military? Does that mean we have the most sophisticated level of education? Do we measure in respect

for human rights and religious freedoms?

It is incredibly important to strive for excellence and pursue the mystical status of the greatest country on earth. Being excellent

"Without direction from it's people, government has no standards and expectations to aim for."

as a country is not only rewarding, but in some cases it is the right thing to do. We must be excellent in our treatment of all life if we truly want to be good stewards of this world.

Without direction from its people, government has no standards and expectations to aim for. It is up to you and me to set those standards, and to set them high. Invest in your government the time to convey what you think it means to be the greatest country on earth.

Be an informed voter. Volunteer for organizations that you believe are making a difference for good. Write letters to your mayors, congressmen, senators, governors, the president and any other top official. Help in your community to make it a healthier and more life-sustaining place. If you really think your country is the greatest, you might want to look around you. Challenge that idea. There

is much to be learned and improved upon in every aspect of our own communities.

The greatest country on earth has the humility to move away from such ethnocentric rhetoric about its superiority over other nations. It has compassion for all people and realizes that before we were Americans we were all humans in this world together.

The greatest country on earth is one that is more concerned with providing life to those in need than it is with spreading a political or moral philosophy.

Today, I encourage you to dream a dream of the world's greatest country. What does it actually look like? Then tomorrow, help build it.

Make PLU home away from home

Shannon McClain
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mcclaisl@plu.edu

Let's face it, orientation was just what first years needed: getting up early, going to bed late and all of those activities kept us so busy and tired we barely had time to think about home.

Now all of that is over and we are settling into our first real days of college.

College is a major change in our lives. We are experiencing new things and meeting new people while adjusting to college classes and residence

halls. For some, college is a far cry from the place they've called home all their lives.

Until PLU becomes home to us we may find ourselves homesick. It is completely normal to feel anxious in these new surroundings. Elizabeth Barton, a psychologist in the Counseling Center, said uncertainty makes us nervous.

The natural instinct when you're homesick is to go home. However, this may not be ideal. It may temporarily reduce feelings of homesickness, but in the long run you may be isolating yourself from your new community. If you go home every weekend the first month of school, you may not have as many opportunities to make connections with new people.

Wait at least a month before you go home and

do what you can to create a place for yourself first. Try to get involved. Join a club, sport or other activity on campus. Make sure that you get out of your room every day, more than just to go to class or eat meals in the dining hall.

The distance between your new environment and your old one can make a difference. The further away you are from home, the more jarring a new place may be.

Embrace your new environment by making new friends.

It might seem strange at first. You might have known the friends you had back home all your life. You might not know anyone here. It takes time to create lasting friendships and make them strong. Hanging out with new people can lead to more of the long-lasting friendships you had back

home.

Emotional and academic preparedness can also play a role. Functioning independently, like doing your own laundry or cleaning up after yourself, can make the transition easier. It is self-empowering. Knowing how to do these things makes us feel like we are adults and we belong in college.

If you have feelings of homesickness, Barton recommends asking yourself, "What am I missing from home?" and "is there a way to bring that into my life here?" For example, you may have a favorite dish that your mom always makes for you. Well, consider submitting the recipe to Lute Bites and the Anderson University Center might make it for dinner one night.

To make college seem less frightening, take some

things with you from your past. Mementos can bring familiarity and security to a new environment.

One of the best things a person can do is establish a routine. In college there is a temptation to do whatever you want, like stay up until four in the morning or not go to class. This doesn't make us feel secure. Establishing a routine gives us a sense of control and certainty over our day.

If you have homesickness that is affecting your ability to take care of yourself, then you should visit the Counseling Center on campus in the upper level of the AUC.

In college we all venture out into the unknown with some nerves and anxiety. Think about what you want to do and who you want to be in college.

Then, do it.

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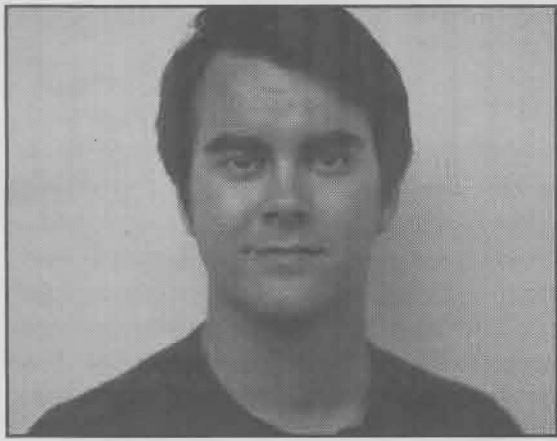
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Meet the Editorial Board

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Jack Sorenson is a senior pursuing a Communication journalism and Theatre double major with a minor in French.

Managing News Editor



Jessica Trondsen is a junior English writing and Communication double major with a minor in Womens and Gender Studies.

Focus Editor



Amelia Heath is a sophomore pursuing a Theatre and Communication journalism double major and president of Society of Professional Journalists.

A&E Editor



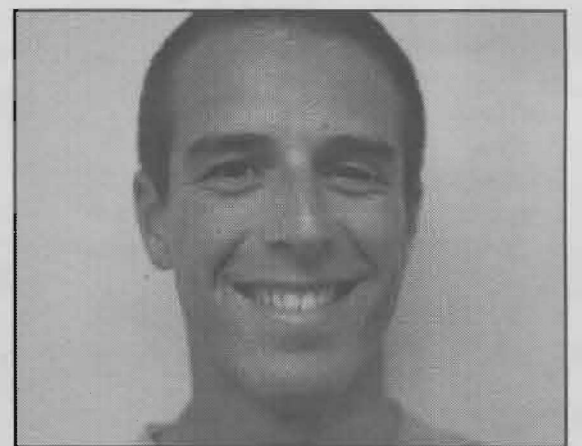
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Opinion Editor



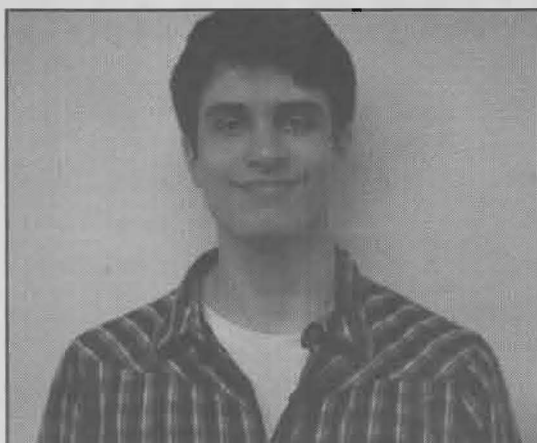
Kelsey Hilmes is a Communication Pubic Relations major with a minor in business marketing.

Sports Editor



Nathan is a senior Communication journalism major. He is a pitcher on the baseball team.

Photo Editor



Ben Quinn is a Sociology and Social Work double major with interests in community advocacy, transportation, and group identity.

Copy Editor



Amanda Seely Amanda is a sophomore working on a double major in Anthropology and Women's and Gender Studies.

Business and Ads Manager



Winston Alder is a sophomore Finance and Econ major and an Analyst in the Mary Lund Davis Student Investment Fund.

sidewalk What do you think of trayless meals in the AUC?

TALK



"They should have trays during dinner and not at breakfast and lunch because at dinner there's more to carry."

Naamah Stockdale, *sophomore*



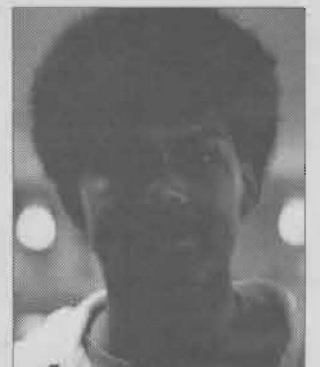
"I don't like having to sit my food down and go back for more."

Andrew Cheney, *first-year*



"I see some advantages and disadvantages. They do it for sustainability reasons, but it's also kind of a pain."

Sydney Barry, *junior*



"The thing I like is it removes the mentality to eat alot of food, but it is hard for those who genuinely do eat alot of food."

Terrell Hawkins, *sophomore*

SPORTS SCHEDULE

Football

Upcoming Games

Sept. 15 at Redlands (Calif.), 7 p.m.
Sept. 22 Bye

Previous Games

Loss (37-23): Sept. 8 vs. Calif. Luth.

Volleyball

Upcoming Games

Sept. 14 vs. Whitworth, 7 p.m.
Sept. 15 vs. Whitman, 5 p.m.

Previous Games

Loss (3-1): Sept. 8 vs. Colorado College
Win (3-2): Sept. 8 vs. Texas-Dallas

Men's Soccer

Upcoming Games

Sept. 15 vs. George Fox, 2:30 p.m.
Sept. 16 vs. Pacific, 2:30 p.m.

Previous Games

Tie (1-1): Sept. 8 vs. Corban
Loss (2-0): Sept. 7 vs. Wheaton (Ill.)

Women's Soccer

Upcoming Games

Sept. 16 vs. Pacific, noon
Sept. 22 vs. Lewis and Clark, noon

Previous Games

Win (1-0): Sept. 10 at Northwest
Win (4-2): Sept. 7 vs. Trinity Luth.

Cross Country

Upcoming Meets

Sept. 15 at Sundodger Invitational
Lincoln Park, Seattle

Previous Meets

Sept. 7 at CWU Invt., MXC (Third)
WXC (Third)

Meet the new man under center

Sophomore Quarterback Dalton Ritchey thirsts for spotlight

Anna Sieber
GUEST REPORTER
sieberam@plu.edu

Dalton Ritchey is no stranger to being a leader, making it no surprise he won the starting quarterback job.

The sophomore business major was captain of every sport he played at Onalaska High School in Southwest Washington and seems to seek leadership every opportunity he gets.

"Growing up, I was always the running back," Ritchey said. "I saw my opportunity in high school when our quarterback graduated, and we didn't

have a quarterback. I noticed the offense was very oriented around the quarterback and I wanted to step into that role. I ended up starting my freshman year and it kind of propelled me into where I am today."

Ritchey appeared to have a proclivity for doing what is necessary to support his team. In the 2011 season, his first at PLU, Ritchey was initially positioned as a backup quarterback, but decided with Head Coach Scott Westering that he was needed as a wide receiver—a shallow position on the team due to player injuries.

"I had so much fun as receiver last year," Ritchey said. "It was an awesome time. I ended up starting midway through the season. It was a great experience that even helped me as a quarterback on the field. I filled in a spot, a role that I could do and it was great."

Even though he has played other positions, quarterback is really home for Ritchey, despite the high stress.

"I love being the quarterback. I love being the guy in the middle of the field, the guy who is always there, the guy who is the leader,"

Ritchey said. "I didn't want to put that off on anybody else."

"From a leadership standpoint, I try to get the guys motivated by being there and doing things right."

Ritchey said

his work ethic won him the starting quarterback job.

"I worked hard over the summer and I put in

"I love being the quarterback. I love being the guy in the middle of the field, the guy who is always there, the guy who is the leader."

Dalton Ritchey
starting quarterback

time," Ritchey said. "So it was kind of like the thing I worked hard and got. I earned it."

He also gives credit to working with fellow sophomore quarterback Kevin Russell. Ritchey narrowly won the starting job over Russell.

"Kevin will always be pushing me, pushing and pushing me to do my best," Ritchey said. "That's one

thing I really respect about him."

Leading a team as an underclassman sounds like it would come with its fair share of class rivalry. Ritchey says things are a little different at PLU.

"We're all teammates. It doesn't matter if he's a sophomore or he's whatever, we have each other's back all the time. It's never about 'that's not your place'—nothing like that. It's everybody's place, collectively, to get things going and be a leader out there," Ritchey said.

At the end of the day, Ritchey is still a guy from a small town and a big family of five. He was coached by his father throughout his adolescent athletic career and says family was always an important part of his life.

Ritchey aspires to land a job in the sports management field after graduation.

"It's always a dream and it's always out there. It will write itself out as I go," said Ritchey.

* * * ATTENTION STUDENTS * * *

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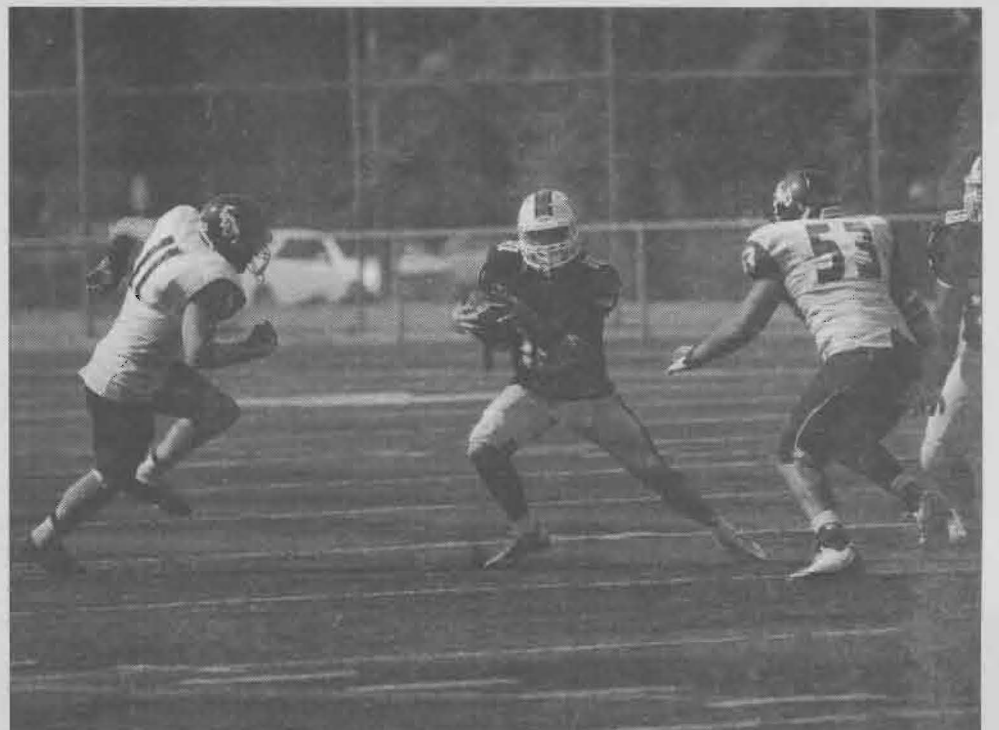
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If it is your wish that PLU NOT disclose "directory information" about you under any circumstance, you must come to the Student Life Office, Hauge Administration Building, Room 105, on or before September 17, 2012 to complete the appropriate form and meet with Laree Winer to understand fully the impact of the restriction. This restriction will remain in effect until the 10th day of the fall semester of the next academic year, unless you revoke it in writing.



Sophomore quarterback Dalton Ritchey scrambles against the visiting California Lutheran Kingsmen last Saturday. Ritchey completed 22 of 43 passes for 337 yards with two interceptions. The Lutes dropped the game 37-23.

PHOTO BY IGOR STUBINSKY

Spidahl takes the reins

Coach enjoying his first few weeks with women's soccer program

Brandon Adam
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A new year, a new field, new players, and a new coach. On Friday, Seth Spidahl officially became the fifth coach in the history of the women's soccer program.

Spidahl said he has enjoyed the short amount of time he has already worked with the players.

"It's been a good first two and a half weeks," Spidahl said. "Couldn't be happier."

Spidahl is optimistic coaching the women's soccer team and said he had high hopes for the

2012 season.

"Our goal is to finish in the top half of the conference," Spidahl said. "I think it's feasible for us to be in the top half of the conference."

Spidahl is a former PLU soccer player himself. He graduated in 1994 and was a four-year letter winner while playing soccer as a Lute.

"I obviously have a lot of pride in the school," Spidahl said.

Finishing in the top half of the conference will be challenging for the players and coach.

"We took eighth place out of nine teams last year



Seth Spidahl, head coach gives his athletes direction in the match against Trinity Lutheran. The game was at PLU on Friday, Sep. 7.

PHOTO BY ERICA MOEN

so we have a lot of work to do," Spidahl said. "I don't know what the opposition level is like so it's going to be a learning curve for me as well."

Spidahl has extensive coaching experience in youth and college level soccer. He was assistant coach for the University of Washington from 2001 to 2009 and was recently head coach of the Seattle Wolves.

Spidahl said coaching collegiate soccer is different

than coaching youth soccer.

"I enjoyed college soccer," Spidahl said. "You really get to see a lot of improvement in a short amount of time."

Though Spidahl has only coached the PLU team for a short time, he has developed a good relationship with his players. "I can feel they're excited about the change," Spidahl said. "They're understanding what my expectations are."

Aside from coaching at PLU he is the technical director of Washington Premier Football Club and local director of the girl's soccer league, Elite Clubs National League.

Spidahl directs 39 Washington youth teams and coaches two Elite Clubs National League teams.

Spidahl's tenure at Pacific Lutheran started with a 4-2 victory over Trinity Lutheran on Friday.

New era for women's soccer begins

Lutes defeat Trinity Lutheran in game of first's for program

Nathan Shoup
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Here's to new beginnings.

The Lutes knocked off Trinity Lutheran 4-2 Friday, Sep. 7, championing a much needed transition for the women's soccer program. The women's program is 25-63-8 since 2007.

Friday's match was the

first played on the new synthetic field after \$3.5 million of fundraising.

"I think it's great," said Ernie Gonzalez, father of first-year goalkeeper Marisa Gonzalez. "It's been a long time coming from what I understand but I think it's outstanding for both the men's and women's programs."

Ninety-five soccer fans witnessed the first

meaningful athletic event on the new field. The women's program hosted three scrimmages with local community colleges before last Friday's match. The Lutes won two of those scrimmages.

Friday's victory also marked the first match played under new Head Coach Seth Spidahl. Spidahl brought fourteen first-years into the program after taking his place at the helm last spring.

Four minutes into the new era for PLU women's soccer, first-year forward Lauren Larson headed a cross from sophomore midfielder Hannah Bush. Larson and Bush both went on to have

memorable performances. In her first collegiate game, Larson added two more goals, completing the hat trick. Bush added two more assists, hooking up with Larson once more in the 76th minute.

"I was super excited before the game since it was our first real game other than the scrimmages," said Larson. "I think the excitement kind of helped build up my energy and helped make today happen for me."

Junior forward Samantha Benner added the lone non-Larson goal of the afternoon, finding the back of the net from 23 yards out in the eighteenth minute. Bush provided the assist.

Trinity's final goal came in the 83rd minute when Kaeli Eberth stroked a shot from 45 yards out. The shot wowed even some of the PLU faithful.

"It was one of the craziest things I've seen on a PLU soccer field," said senior Kyle Font.

The four goals

scored by the Lutes are the most the program has scored since Oct. 24, 2009 when it trumped Linfield 7-2.

"It was a nice first game for us to be able to get out here and get a win. Hopefully it gives us some momentum to build on for the rest of the season," added Larson.

The Lutes outshot the Trinity Lutheran Eagles out of Everett, Wash. 17-13. The victory dropped the Eagles record to 0-6 on the season.

With every new beginning, struggles will undoubtedly follow. But it is a new beginning that is necessary for a program that has dwelt in the bottom half of the Northwest Conference for the majority of the past two decades.

Change and the wins that will result won't come overnight, but Friday's victory symbolized the greener pastures ahead.



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SHOUP SHOTS

Some serious, and not so serious, best- and worst-case scenarios for fall athletics

Nathan Shoup
SPORTS EDITOR
shoupna@plu.edu

Football

2011: 6-3, 4-2 Second in NWC

Best case

Dual-threat sophomore quarterback Dalton Ritchey excels in his first season under center. Stud senior running back Brandon James rushes for over 1,000 yards. Junior safety Sean McFadden anchors the conference's best pass defense en route to earning defensive player of the year honors. The Lutes break a ten year losing streak to defending conference champion Linfield at home on Sep. 29 and Linfield's senior quarterback Mickey Inns reportedly cries in the locker room. The victory propels the Lutes to an undefeated NWC campaign and its first conference title since 2001.

Worst case

The quarterback picture becomes unclear as fellow sophomores Dalton Ritchey and Kevin Russell platoon the duration of the season. With an inconsistent passing attack, defenses key on the run game. The Lutes score less than 20 points a game and rely on the defense to keep games competitive. After a marginal season, the Lutes finish in fifth place in the NWC. After playing the season finale at Menlo College near San Francisco, fog envelopes the Bay Area and the entire team must take a long bus ride home.

Men's Soccer

2011: 15-4, 12-2 First in NWC

Best case

The Lutes have no problem replacing PLU career assists leader Surafel Wodajo and the

powerful scoring tandem of Chad Kearns and Spencer Augustin who accounted for 57 percent of the Lutes goals last season. All three graduated. Junior goalie Joe Rayburn becomes known as "the Wall" around the conference and is named conference defensive player of the year. Still bitter about being forced to share the conference title with Whitworth last season, the Lutes sweep the season series from the Pirates and celebrate the inaugural season on the new field with a second straight conference championship. Freddy Montero of the Seattle Sounders hears about the budding men's soccer dynasty and promises to send his children to PLU.

Worst case

Goals are hard to come by and the Lutes sputter through the season. The Lutes are forced to abandon all title aspirations with five games remaining. Out of frustration the Lutes lead the conference in red cards and are forced to play the following season on Foss Field.

Women's Soccer

2011: 4-13-1, Seventh in NWC

Best case

Rejuvenated by a new a field and a new head coach, the women's soccer team is the surprise story of the conference. Sophomore standout Sarah Gamache has a second straight all-conference season and finishes among the top three in the conference in scoring. The freshman class makes a quick transition to college soccer and is able to contribute immediately. The Lutes finish with double digit wins for the first time since 2006 and are considered title contenders in 2013. T-shirts with new head coach Seth Spidahl's face are circulated around campus and become as popular as chicken strips in the UC.

Worst case

The team lives up to the standard set for them in the preseason coach's poll. The women's program was picked to finish seventh in the conference for the second straight season. The abundance of youth on the squad is unable to mesh with the experience already in place and the team fails to find an identity. The team uniforms are lost in a traveling mishap and the team is forced to wear uniforms from 1984 for the final five games of the season.

Volleyball

2011: 21-6, 13-3 Second in NWC

Best case

As mundane as it may sound, the best case scenario for the 2012 volleyball squad is that nothing changes. Under seventeenth year Head Coach Kevin Aoki, the Lutes have been a model of consistency. The Lutes have won four conference titles in the last six seasons and have finished worse than second only once since 2003. After being named an Honorable Mention All-American setter as a freshman, Samantha North makes a serious push for conference MVP. With only one game remaining, the Lutes celebrate a conference championship in Olsen Auditorium Oct. 31 after knocking off cross-town rival UPS. The Lutes win a couple games in the NCAA Regional Tournament and classes are cancelled so the school can watch the games stream online.

Worst case

Injuries. With a team as talented and perennially deep as the PLU volleyball team injuries may be the only thing that could prevent the program from making a run for the conference title. The injury issue becomes so serious that winners of the "fan serving contests" between sets win roster spots as opposed to t-shirts.

The Mast Monday Night Football pick 'em

One of the beautiful parts of sports is the discussion that surrounds games.

Most of you that have a favorite sports team, or even a fantasy team, have opened up the paper looking for projections. You want to know how others think your team is going to do.

Maybe the person writing the piece has no idea what they are talking about, but if they are supporting your team, you are going to love it.

Because of this we are adding projections to the sports section this year. We have established "The Mast Monday Night Football pick 'em league." Not surprisingly the league picks the NFL Monday

Night Football game. Our league consists of seven PLU figures. Records will be kept and a champion will be crowned.

Predictions were not made for week one of the NFL season so this upcoming Monday, when the Denver Broncos travel to Atlanta to take on the Falcons, is the first week of picks.

Denver at Atlanta

Stacey Hagensen

pick: DEN
record: 0-0

Hagensen was a first team all-world softball player in 2011. Among numerous accolades, Hagensen was named the College Softball World Serie's Most Outstanding Player.

Lance Lute

pick: DEN
record: 0-0

Lance Lute claims to have entered the league purely for entertainment. But behind the knights armor lies the most competitive mascot in the Northwest Conference.

Shane Gutierrez

pick: ATL
record: 0-0

Gutierrez is a senior midfielder for the men's soccer team. Known more his hair than his football knowledge, Gutierrez enters the league as a clear underdog.

Dalton Ritchey

pick: DEN
record: 0-0

Ritchey is the starting quarterback for the PLU football team. Ritchey was a wide receiver for the Lutes last year. His diversity makes him an insant title contender.

Geoff Loomis

pick: ATL
record: 0-0

Loomis owns a 246-151-2 record as the head baseball coach. He is pleased that there are no ejections from the league.

Steve Dickerson

pick: ATL
record: 0-0

Dickerson has been the head basketball coach since 2006. He is the clear winner for best facial hair in the league.

Allison McDaniel

pick: DEN
record: 0-0

Allison is the biggest self-acclaimed "bro" in the league. She takes serious pride in her tank-tops and her apparel alone makes her a legitimate contender.

Lutes upended in season opener



PHOTO BY IGOR STRUPINSKIY

Sophomore wide receiver Kellen Westering is tripped up on kick-off return in the second half of the 37-23 loss Saturday. Westering finished the game with 111 receiving yards on seven receptions. Kellen is the son of Head Coach, Scott Westering.

No. 11 California Lutheran pulls away from PLU in second half

Steven McGrain
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The sight of Sparks Stadium welcomed the Lutes back home for the start of the 2012 season. Students and families packed the stands. They were not let down by the resilient effort of the PLU football team, but the Lutes fell to the visiting California Lutheran University Kingsmen 37-23.

The Lutes drove down on their first series of the game, but the lack of execution made it difficult for them to score inside the 20 yard line.

"We shot ourselves in the foot," Head Coach Scott Westering said.

Late in the first quarter, a fumbled handoff between sophomore quarterback Dalton Ritchey and senior running back Brandon James gave the Kingsmen excellent field position on the Lutes 23 yard line.

Five plays later, the

opposition capitalized with a touchdown run by first-year running back Romello Goodman.

On the next Lutes drive, Ritchey targeted sophomore wide receiver Kellen Westering, but the pass was perfectly timed and intercepted by the Cal. Lutheran cornerback, Vincent Minor, who had enough speed to outrun everyone for a touchdown.

With 2:51 left in the first quarter the Kingsmen seemed to display why they are ranked so highly in the country. But the Lutes had the fight in them to come back.

After a turnover by Cal Lutheran, PLU offense found success with Ritchey's right arm, hitting sophomore wide receiver Daniel Herr for 11 yards, and then to sophomore Kyle Warner for 29 yards. The drive ended with a touchdown run from Brandon James on an option play.

Even after committing

two turnovers that resulted in Kingsmen touchdowns, Ritchey showed great composure and accuracy from the pocket, only hitting his receivers where they could catch the ball.

The next Kingsmen drive was halted, when junior cornerback Jonny Volland intercepted a deflected pass.

"We shot ourselves in the foot."

Scott Westering
Head Coach

The ensuing scoring drive came easy for the Lutes. A slight hesitation by Westering on the corner made the defender fall down, and a perfect pass brought PLU down to the five yard line. Two plays later, Ritchey dove into the end zone tying up the score, 14-14.

The defense of the Lutes

came through again forcing a quick three and out for the Kingsmen.

Two quarterback runs and a handoff to James brought the offense to the Cal Lutheran nine yard line. After another standout play by Minor, deflection a fade rout intended for Warner, the Lutes sent senior kicker Nick Kaylor in for a field goal. The successful kick made the score 17-14 Lutes.

The Kingsmen drove the ball down field before halftime to tie up the game with a field goal going into the locker room. The Lutes were even with the no. 11 team in the country.

"It felt good being down early, but battling back even though they were able to tie it up going into half," sophomore guard Tevon Stephens-Brown said.

The positive feeling soon diminished once the second half began. The Kingsmen scored on all their second-half possessions, giving themselves a 37-17 lead.

The Lutes could not score again until 8:51 in the fourth quarter when senior fullback Cody Pohren scored from two yards out.

The experience of playing this team will only make them better going into the next game. The maturity and confidence of Ritchey was evident throughout the game, even when committing turnovers.

Warner, Westering and Herr, all sophomores, showed a lot of skill and promise for the receiving group.

The next game for the Lutes is Sept. 15 when the team travels down to the no. 14 team in the country, the Redlands Bulldogs. Redlands dropped their season opener 42-16 to North Central in Illinois.

"They are a great team but we will focus on us this week to make ourselves better and hopefully on Saturday, the result will be in our favor," Stephens-Brown said.