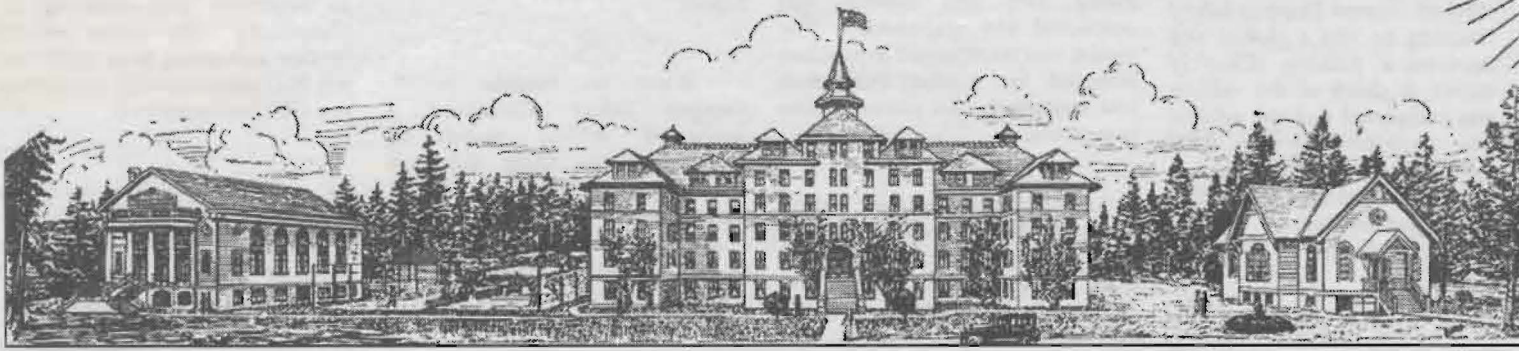
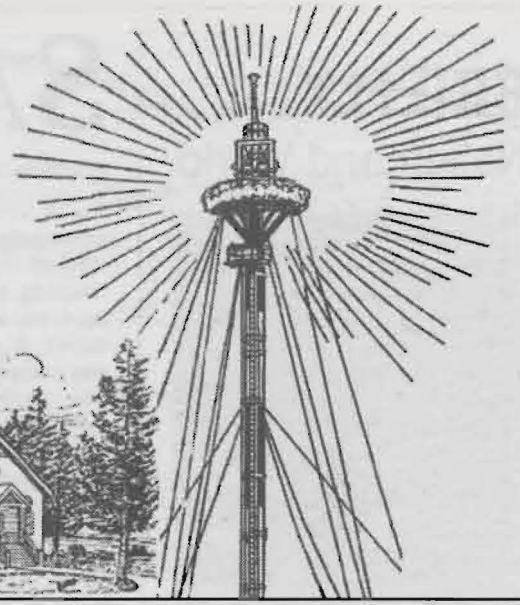


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Hiring process in full swing

Vacant tenure-track positions leave room for new faculty

LAURA ZAICHKIN
Mast copy editor

Departments all over PLU are in the process of hiring tenure-track faculty this spring in the largest faculty search in two years, Provost James Pence said.

About 25 tenure-track positions will be filled February and March in preparation for the 2005-2006 academic year. A large number of positions are available partly because of the university's financial situation and an increase in student enrollment, Pence said. But it is mostly because existing tenured professors will leave in the next 10 years.

"A significant number of the senior faculty will be retiring in the next decade," Pence said.

This search comes at the right time, since the new tenure-track professors will not be tenured for six years. During this time they are in a probation period. They are evaluated every year by the

chair of their department and have a third-year evaluation by the provost. After the probation period, the department chair, provost, president and Board of Regents must approve the faculty member as a tenured employee.

Only after being approved does the faculty member earn "the right of permanent employment," Pence said.

Opportunities to earn that right are popping up all around PLU, as most departments are searching nationally for tenure-track faculty.

The religion and English departments began their searches in the fall by narrowing down applicants and then interviewing the short list candidates at national conventions, Kathi Breazeale, religion professor and member of a search committee, and Jim Albrecht, chair of the

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Pfleuger Winter Pfest



Photo by Hakme Lee

Sophomore Shanda Burton tests her aim at Pfeuger Winter Pfest on Saturday. The free festival in Red Square, organized by the Pfeuger Hall Council, featured an inflatable rock-climbing wall, an inflatable gladiator ring, other games, food and music.

Students' guide to getting an internship A (virtually) stress-free approach to landing an awesome gig

STEPHANIE MATHIEU
Mast assistant news editor

Unemployment rates for college graduates are just as high as unemployment rates among high school dropouts, the Economic Policy Institute in Washington D.C. reported in August 2004.

Employment rates for college graduates dropped by 2.5 percent in the past three years, according to the report.

As jobs become harder to obtain, employers from the Tacoma area offer a solution: internships.

Internships help college students get a foot in the door and land full-time jobs after graduation, several employers said.

"I've had more than 30 interns, and I've seen a lot of them go on to full time after they graduate," said Dick Ferguson, Media and Community Relations for Pierce County.

Forest products company Weyerhaeuser hires approximately half of all its interns as full-time employees, Weyerhaeuser Information Technology Intern Coordinator, Amy Burright said.

"Internships are under-utilized," said Dave Batker, the director of the Asia Pacific Environmental Exchange.

Because interns previously worked for a company, that company may find it easier to hire the intern, who they know, rather than going through the interview process with people they do not know, Batker said.

Tacoma employers and interns suggest several strategies to help students wedge their way into internships and launch their careers. These tips include finding internships that meet the student's needs, planning ahead, creating

good resumes, making contacts, having superior interviewing skills and being impressive.

Finding your niche

If internships do not complement students' future career goals, they are not effective, PLU senior Kristen Wilson said.

Wilson, a computer science and mathematics major, interns for APEX. This organization has a strong environmental focus that may not impress some of the companies she will apply to later, she said.

"Right now I'm trying to apply to a couple internships at places more related to my field, like Boeing," Wilson said. "An internship is supposed to help your career, so get an internship where it's going to look good when you apply for a real job."

Another issue to consider is whether internships pay. The criteria for internships with a non-profit organization are sometimes more lenient because they usually do not pay, said MacKenzie Duff, a University of Washington student. She is the event coordinator intern for the World Trade Center (WTC) of Tacoma, a non-profit group.

Her friends who applied for paid internship positions had a difficult time obtaining internships, Duff said.

"They don't call you back, and they barely acknowledge that you've tried to put in your resume," Duff said concerning her friends' troubles.

Some people have misconceptions about non-profit organizations, said PLU senior Reed Harmon, international trade coordinator intern at WTC of Tacoma.

"They think it means it's like a charity,"

Harmon said. "But the reality is it's just another business structure only they don't retain earnings."

Pay or no pay, internships are about learning, Duff said.

"Try to look at a lot of different places to see where you feel most comfortable," Duff said. "You're learning."

Wilson said she likes that aspect of her internship with APEX.

"He wants me to learn," Wilson said about Batker, her boss. "He's not there to put me to work and get something out of me."

Getting a head start

Unlike many of her friends, Duff had no trouble getting her internship and accredits her ease to applying early, she said.

"(My internship) was the only internship I looked for," Duff said. "But I also looked early enough."

Weyerhaeuser takes applications months in advance, Burright said.

"I encourage anyone looking for an internship to start early," Burright said. "I will be recruiting for a June position starting next month."

Burright sees no problem with hiring interns at a sophomore or junior academic level, she said.

Back to basics: tips for a resume

"Your resume is everything," Wilson said. "They look over it in 30 seconds, so it better stand out."

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BRIEFLY... Nation and World

Seattle monorail bid \$200 million more than expected: Construction company Cascadia Monorail has been aware of the \$200 million gap in expected monorail costs for months, according to The Seattle Times. The Seattle Monorail Project committee is trying to find ways to cut spending on the project. Seattle voters approved the car-tab tax in 2002 that would rise what they thought would be enough funding for the new monorail. Monorail officials promised citizens would not need to pay more for the project.

United States takes action after assassination of Lebanon prime minister: The U.S. ambassador to Syria was recalled Tuesday because of former Prime Minister Rafik Hariri's death Monday and tension surrounding Syrian troops in Lebanon, according to CNN. Hariri and 16 others died Monday in a bomb explosion along the waterfront in Beirut. In addition, the blast injured 137 people. Before his assassination, Hariri called for Syria to cooperate with the United Nations by pulling troops out of Lebanon, but no such action has taken place.

Oil-for-food hearing exposes U.N. bribes: A congressional subcommittee said Tuesday in a public hearing that an employee of the oil-for-food program took a bribe allowing Saddam Hussein to smuggle half a million barrels of oil into Iraq, according to CNN. A U.N. oil monitor allegedly took the bribe, and his is the first allegation made against a U.N. employee thus far. The oil-for-food program, created in 1996, forces Iraq to use a certain amount of money acquired from recourses like oil toward improving the lives of Iraqi citizens.

Coal mine blast in China kills 209: An explosion in a 794-foot deep coalmine shaft Monday in Sunjiawan killed 209 people and left six people missing, according to a story printed in The Seattle Times. The accident follows the creation of a 3-year-old law to improve China's workplace-safety system. Despite the efforts, 6,000 minors died last year in work-related accidents, which is 80 percent of the world's coal mine deaths. China is the world's top coal producer.

CIA reports North Korea more dangerous than before: North Korea's nuclear weapon supply has grown in the past three years, CIA Director Porter Goss said, according to CNN. North Korea has the capability to increase its arsenal by one or two nuclear weapons. The communist country is also looking for new customers to purchase its ballistic-missile technology, since Libya no longer trades with North Korea. In addition, CIA officials said North Korea has chemical and biological weapons programs.

Briefs compiled by Stephanie Mathieu.

SAFETY BEAT

2/7/2005

A PLU student accompanied by a non-PLU student entered Campus Safety claiming he was a visitor and received a parking ticket in error. A check of the vehicle was completed and the vehicle was registered to the PLU student. An incident report was completed and forwarded to Student Conduct.

2/8/2005

A PLU student contacted Campus Safety to report his vehicle missing and suspected stolen. The victim stated he parked the vehicle along 125th Street on Feb. 6 and upon returning on Feb. 8, the vehicle was missing. Pierce County Sheriff's Department was contacted and responded. A review of the video surveillance equipment was completed and an unidentified individual was observed entering the vehicle and driving away, but a clear image could not be obtained. The video footage was provided to PCSD and a report was completed.

2/9/2005

A PLU student contacted Campus Safety to report a vehicle prowler. The victim stated he parked his vehicle on 125th Street on Feb. 7 and upon his return on Feb. 9, he discovered the passenger window broken. The dashboard had been severely damaged and the stereo and stereo equipment were missing and suspected stolen. The victim was provided contact information for PCSD and a report was completed.

A PLU staff member contacted Campus Safety to report that a PLU student had

injured her left leg and ankle during softball practice and may have suffered a fracture. Central Pierce Fire and Rescue was contacted and responded. The victim was transported to St. Clare Hospital for further evaluation and treatment. All contacts were completed.

While on routine patrol, Campus Safety discovered a suspected vehicle prowler in the West Hauge Administration Building Parking Lot. The vehicle's driver's side was shattered but not broken out and a small hole near the break point was present. The owner of the vehicle was contacted and advised. The victim declined PCSD contact.

A Facilities Management staff member contacted Campus Safety to report a male was yelling and throwing rocks along the north side of Hong International Hall. It was reported the male entered Hong Hall. A search of the area and Hong was conducted with negative findings.

2/10/2005

A PLU student contacted Campus Safety to report her vehicle had been broken into sometime between Feb. 7 or Feb. 8 and Feb. 10. The victim stated the passenger side window was broken and the contents of the vehicle were rummaged through, but nothing appeared missing. She was provided PCSD contact information and a report was completed.

A PLU student contacted Campus Safety to report a suspected vehicle prowler along the Golf Course fence line on Yakima Avenue. The student stated the driver's side window of a white pick-up truck had been broken. The owner of the vehicle was

contacted and advised. The victim was provided contact information for PCSD in order to complete a report.

While on routine patrol, Campus Safety discovered a suspected vehicle prowler on Yakima Avenue along the Golf Course fence line. The vehicle's driver's side window was broken. A message was left with the owner of the vehicle. At this time, the owner has not contacted Campus Safety.

While on routine patrol, Campus Safety discovered a suspected vehicle prowler on Yakima Avenue along the Golf Course fence line. The driver's side window and windshield had been broken. Mail had been placed on the ground near the vehicle. The owner of the vehicle was contacted and arrived on scene. The victim confirmed the mail belonged to him and reported exercise clothing and tennis shoes were missing and suspected stolen. A report was completed by the PCSD.

While on routine patrol, Campus Safety discovered alcohol containers stored in the shrubs near the East side of Foss Hall. The alcohol was destroyed.

2/11/2005

While on routine patrol, Campus Safety discovered graffiti on the wood fence in the University Center Parking Lot. The following statements were spray-painted: "Parkland What?" and "J+R." A report was completed and Facilities Maintenance was contacted.

While being issued Persona Non-Grata notification, a male complained of dizziness and stated he almost "passed-out"

in the UC. CPFR was contacted and responded. CPFR evaluated the victim and were unable to determine the cause of his complaints. The victim refused further assistance from CPFR and left PLU property. The victim was not affiliated with PLU.

While monitoring the video surveillance equipment Campus Safety observed a suspicious male entering the UC. The male was contacted in the dining hall eating. The male, who is not affiliated with PLU, had been contacted earlier in the term for asking for meals from PLU students and advised not to return to PLU. He was provided Persona Non-Grata notification.

2/12/2005

While monitoring the video surveillance equipment Campus Safety observed two individuals walking on lower campus near the Columbia Center with what appeared to be alcohol. Responding staff made contact with a PLU student and a non-PLU student. The student admitted to consuming alcohol, having alcohol in his possession and being underage. The alcohol was destroyed and the report forwarded to Student Conduct.

2/13/2005

Campus Safety responded to a request for medical assistance in Tingelstad Hall. Upon arrival responding staff made contact with a PLU student. The victim was in the male restroom vomiting as a result of alcohol consumption. Initially, the victim's responses were slow and sluggish. After vomiting he became more alert and responsive. The victim claimed he was not a PLU student, however, his roommate provided Campus Safety with his student identification card.

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Melancholy weather makes some SAD

Seasonal Affective Disorder hits more than 20 percent in Washington state

MICHELLE ROGERS-MOORE
Mast copy editor

From about August to March, Rita Lockwood, 47, a Western Washington resident for six years, said she feels depressed, tired, cranky and hungry for carbohydrates.

Lockwood's symptoms are common to about 20 percent to 30 percent of Washington state's population, said Maurice Warner, assistant director of the University of Washington's Counseling Center. These symptoms are attributed to Seasonal Affective Disorder, or SAD.

SAD is a form of depression triggered by a lack of natural light, Warner said.

Adequate exposure to light at the proper times is crucial, said Linea Pay, owner of Light Zone in Port Townsend and SAD sufferer. Sunlight penetrates through the eyelids and goes to the pineal gland in the brain, which sends the information to various bodily functions.

"There are 100 bodily functions that happen when lights hit your eyes in the morning," Pay said.

One of these systems is the circadian rhythm, which is affected by light and dark, Pay says.

The circadian rhythm is basically people's internal, daily biological clocks, Pay said. There's a biological process that occurs within a 24-hour period. Light and dark cycles can be the most influential internal clock for people.

There has been a general awareness of SAD throughout history, Warner said. People who lived in the Northwest used to go south for the winters. It was a form of mood management.

People's lives are dictated by clocks now, Warner said. People's working hours used to be dependent on natural light, which allowed them to wake up naturally with the sunrise. Most people work indoors now, making it more difficult for people to get outside and get necessary sunlight exposure.

The weather in the Pacific Northwest during the winter months makes taking a walk outside a lackluster task, Warner said.

"If you're living in the Pacific Northwest, you're not getting enough light," Pay said.



ILLUSTRATION BY KYLE DUBA

Like many, Lockwood initially attributed her symptoms holiday stress. She lived in Colorado for eight years and noticed the symptoms from about Halloween to the end of February.

Lockwood said she went to a doctor who said she had all the symptoms of SAD.

The symptoms are primarily the same as those associated with depression, said Laurie Rogers, PLU's Student Health Center physician's assistant. Unlike other mood disorders, the symptoms are not constant year round.

The symptoms include a drop in energy levels, irritability and worthlessness, Rogers said. Many also notice an inability to focus, as well as carbohydrate cravings.

Although about a quarter of Washington's population is affected by SAD, it's not something people feel comfortable talking about.

"A lot of people feel like this is a shame thing," Pay said. "We're talking about depression here. These people are very depressed." Before Lockwood knew about SAD, she took antidepressants to

alleviate the depressive symptoms. Then she found a solution—full spectrum lights.

Lockwood said the full spectrum lights made a huge difference in her mood and symptoms. Full spectrum lights are brighter and simulate frequencies found in sunlight, including full color.

When Lockwood came to Washington state six years ago, the SAD symptoms got worse and she was unable to find the full spectrum lights anywhere.

She still orders the full spectrum lights from out of state. Because of their lack of popularity in Washington, she was unaware of the few stores that do carry them.

Full spectrum lighting comes in a variety of forms. Many people replace all the light bulbs

in their house, such as lamps and chandeliers, with full spectrum bulbs just as Lockwood did.

Instead of replacing home light bulbs, many people use light boxes for daily light therapy. Light boxes vary in size and intensity.

The UW Counseling Center offers light therapy to students, Warner said. This therapy was added to help reduce anxiety and depression among college students. Students sit in a room with a light box that is about the size of a suitcase and about 20 times the brightness of an office, Warner said. They sit a few feet away with their eyes open. The light must go through the eyes to be effective.

Students generally sit for 45 to 60 minutes once a day, Warner said.

"There are about 45 to 70 students who use it during the winter," Warner said.

The only downfall to light boxes, Lockwood said, is she gets more headaches, which is an unfortunate side effect of the intense light. But being happier is better for herself, friends, family and coworkers, Lockwood said.

Another option to help with obtaining more light and balancing people's circadian rhythm is dawn simulators, Rogers said. There's something the retina produces in the dark and it's difficult to adjust from dark to light suddenly. The dawn simulators make this adjustment gradual.

The simulator usually plugs into a lamp or light bulb and gradually increases light in a room just as the natural sun does during the summer months, Pay said. Since people's circadian rhythm is heavily influenced by light and dark cycles, the natural effects of the dawn simulators helps the circadian rhythm function naturally.

Pay said she sells a dawn simulator that can also create a feeling of dusk for people who have a hard time going to sleep.

People must have darkness as well as light, Pay said. It's important to get rid of all light at night, such as lights from radios or clocks.

Light boxes and dawn simulators range in price from \$150 to \$400, Warner said.

Full spectrum light bulbs for around the house are about \$6.

Diversity institute

MICHELLE ROGERS-MOORE
Mast news reporter

The fourth annual Diversity Partnership Institute took place at PLU last Friday, bringing 200 staff, faculty and students from the Puget Sound area to learn ways of diversifying college campuses and the broader community.

The institute, named "Knocking Down Walls...MOVE!" was sponsored by the South Puget Sound Higher Education Diversity Partnership. The partnership is a consortium of 13 institutions from the South Sound area, and was started five years ago as part of a research project at the University of Washington, Tacoma.

Institute participants began the day at 8 a.m. in Chris Knutzen Hall with a continental breakfast, then proceeded to hear speakers from around the area. Four plenary sessions were intermixed with breaks for individual conversation.

Speakers from around the area addressed topics such as how educational equality contributes to multicultural democracy, the power dynamics of a college campus and how gender operates within higher education and business.

The title of this year's institute set the tone for the day.

"This unusual theme came about because of an ongoing conversation about how to get people to 'move,'" Erin Dana, program director for Student Involvement and Leadership, said in her opening remarks at the institute. "So often when we talk about diversity we freeze up, feel unable to act, we feel stuck. Diversity is a reason to celebrate, to get excited. This is an opportunity to break out of our routine."

Dana also commented on several attitudes she thought would help the effectiveness of the institute. She noted the importance of discomfort, and that its presence means "we are getting to the heart of the matter."

She also encouraged participants to "forget about your guilt" and "assume that people are basically good." Such mind sets will help engage conversation, which Dana said is the way to make change.

Hosting the institute offered a unique opportunity for the PLU community by presenting quality, low-cost professional development, Eva Johnson, director of the Diversity Center and interim director of SIL, said.

"Anytime a community can come together to hear and learn from not only experts, but also from each other is wonderful," Johnson said.

The partnership provides an opportunity for the involved institutions to network with each other regarding events on their campuses, as well as assist students that may be transferring between consortium members.

"The consortium allows us to provide support for students who may be transferring from a two-year to a four-year school," Johnson said. She gave an example of a student transferring from Olympia College, part of the consortium, to PLU.

"My colleague at OC has called me and given me a heads up, and I have followed up with the student in a more personalized way," Johnson said.

Those involved in the starting the partnership wanted to "engage other institutions of higher education in the area because they felt strongly that diversity efforts undertaken in the context of a larger community would allow us to share resources, reach broader audiences as well as enrich each individual campus with broader experiences," Dana said.

Backlash against sexism

PLU students discuss Harvard president's comment about women in science

ASHEIA BIAS
Mast news intern

Harvard President Lawrence Summers recently stated women have innate difficulties in science, which has caused discussion around the country and on the PLU campus.

"The reason women lag behind in the sciences may be attributed to innate differences between the sexes," Summers said in the announcement.

This has caused controversy at some of the science departments at PLU, including nursing.

"I think that when you use biased evidence, then of course you will have biased results," second-year nursing student Jessica Theinman said. "If this Harvard guy still believes this, he needs to check the credentials of his research."

Nations such as Japan and Iceland have used standardized testing to compare males and females, according to the Seattle P-I. In many cases, the males out-tested females in math, a basis for science.

"Women are more cautious about entering these professions unless they have very high scores to begin with," economist Catherine Weinberger, of University of California, Santa Barbara said of the small number of women in science professions.

According to research and experiments, women have been discarded in the sciences because of "societal and cultural factors," the Seattle P-I reported.

In a study, Princeton University students were asked to evaluate two qualified candidates for an engineering job, one with more education and the other with more work experience. Many favored the one with more education by 75 percent.

But when the candidate with more education was given a female name she was only preferred by 48 percent, according to the Seattle P-I.

Many PLU women major within the realm of science without objection.

"There is only one girl in my class that is pursuing electrical engineering, and she can outsmart me," senior engineering major Ron La Curan said. "I think that there is nothing wrong with that."

"I deeply regret the impact of my comments and apologize for not having weighed them more carefully."

Lawrence Summers
Harvard President
in a Jan. 19 letter to the public

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Researchers at the Fred Hutchinson Cancer Research Center need your help to understand current tobacco use trends among college students. If you have been randomly selected to receive the Campus Health Action on Tobacco (CHAT) survey, please take the time to complete it.

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OUTDOOR REC TAKES STUDENTS OFF CAMPUS

MICHELLE BEAUCHAMP
Mast news intern

Outdoor Recreation has offered PLU students many opportunities to get off campus this year and around the Northwest, and is planning many more trips spring semester.

Outdoor Rec. is an ASPLU program designed as a way of "getting students out and involved, meeting new people in a fun safe environment and also for them to understand that learning can take place outside of the classroom," Outdoor Rec. Director Ian Corbridge said.

The Pacific Northwest has a lot to offer, Corbridge said.

"We have a lot that is at our fingertips from Rainier to the Sound," Corbridge said.

Outdoor Rec. offers a variety of activities for people with different interests to take part in. It brought the first American to summit Everest, Jim Whittaker, and sports filmmaker Warren Miller to campus. Outdoor Rec. has also offered a variety of trips, including backpacking, scuba diving and kayaking trips.

During first-year orientation week, it offered five "On the Road Trips," taking one-seventh of the first-year class off campus.

Outdoor Rec. members are planning many different types of events during spring semester. A spring break trip to Southern Utah is in the works. They are looking to do a horseback riding trip in the area, and a snowshoeing trip before the snow is gone. They are also hoping to visit Vancouver, British Columbia, to go to some of the islands and bike, hike and kayak. They are also going on a ski trip to Sun Peaks, Canada.

This weekend, Outdoor Rec. is



Photo by Brian Bradshaw

Outdoor Rec. director and student Ian Corbridge dons his advertisement for the Valentine's Day ice-skating event at the Sprinker Recreation Center and Ice Arena Sunday.

planning a snowshoeing trip to Comet Falls, depending on the snowfall.

Outdoor Rec. has had to cancel trips this year because of the lack of snow.

"The lack of snow has been one eliminating factor," Corbridge said. "We have had to cancel a couple of planned trips that we normally do."

It also had to cancel a climbing trip to Mount St. Helens in the fall because of the eruption warnings.

PLU students who are guides mainly plan the trips, from the formation of the idea to the execution of the trip.

Guides "volunteer their time because they feel that participating in Outdoor Rec. and getting students involved is not only something they like to do, but they see as a direction in their life," Corbridge said. "An

experience which they enjoy and hope to fulfill in others when they come. Realistically, Outdoor Rec. could not function without the volunteers," he said.

Also, Outdoor Rec. tries to keep the cost low and affordable for PLU students.

"We try to make it cheaper for students going on our trips than their own, by knocking off gas and camp fees," Corbridge said.

The club also allows PLU students to check out gear such as tents, snowshoes and stoves for free.

For more information about Outdoor Rec., look for its table, which is set up regularly in the UC, or visit its office in the ASPLU office.

Hiring continued from page 1

English department, said.

The religion department has two tenure-track positions opening and interviewed their short-list candidates at the American Academy of Religion and Society of Biblical Literature joint meetings in November.

The hiring committees had a set list of questions for all candidates in the 50- to 60-minute interviews.

"It's all very structured," Breazeale said.

After the first interviews, the final list is made with approval from the provost.

PLU pays to fly the final few candidates in every department to Tacoma to spend time at PLU and in the community for about two days. While on campus the candidates have interviews, meals and presentations with faculty and students.

The provost, president and faculty members conduct formal interviews in every department for all final candidates. But students are invited to lunches, interviews and, sometimes mock-teaching sessions with the candidates.

"We really do care about student input," Albrecht said.

Rase McCray, an English writing major, was a student involved in the hiring process of the two tenure-track positions in the English department. He attended readings of the candidates' work and the mock-teaching sessions.

McCray provided input about the candidates through e-mails and informal talks with English faculty members.

McCray said he appreciates the chance to provide input on the candidates who will possibly affect his education at PLU.

"(The faculty) want the students to be involved in their

own education," McCray said.

Many departments involve students within the major, but chair of the communication and theatre department Ed Inch is going to "do things a little differently" when involving students.

The communication and theatre department will hold receptions so students may talk with the tenure-track candidates when they visit campus, and the department's Student Advisory Committee will be the liaison between the faculty and students who attend the receptions.

But no mock-teaching sessions will be held. Since communication and theatre classes are so small, they have a dynamic that mock-professors cannot imitate in the middle of a semester, Inch said.

"I don't think that's a very good indication of what they can do as a teacher," Inch said.

The communication and theatre department has just started narrowing down candidates, but many departments have already been through the interview process and the religion, natural sciences and English departments have already made selections.

"It's very intense, it's almost like an endurance test," Breazeale said of the hiring process.

Hiring tenure-track faculty is a long process, Albrecht said. He said he wants it to be successful because "that's worth all the work."

"We really do care about student input."

Jim Albrecht
English Department Chair

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Internships
continued from page 1

And there are people willing to help create attractive resumes.

"I strongly suggest candidates use any resources at their universities to help them construct resumes," Burrigh said.

Many universities hire experts to push students in the right direction with resumes. Maxine Herbert-Hill is the director of the PLU Academic Internship Program, which offers sessions that review resumes, and a Web site with resume tips.

Some of those tips include omitting irrelevant, personal information and guides on the proper paper color.

"Even if you think you have the best resume there is, it's not," Wilson said. "Even the little stuff you've done—make it sound good."

But making resumes look good does not mean mislead.

"Don't cast yourself as someone you're not," Batker said. "You may fall somewhere you don't want to land."

It is good to always have a resume on hand, especially during interviews or networking situations, said Darren Brewster, marketing coordinator of WTC in Tacoma.

"That shows a little more know-how in the whole process," he said concerning the hiring process.

Network it

"I've noticed with these larger companies, it's who you know," Wilson said. "And that's sad."

Although it may seem unfair

to some, to others networking is an acceptable way to land an internship.

"In the business world and in any situation, a reference is always key," said Susan Snyder, WTC in Tacoma manager. "If they are highly recommended, I think we would be very inclined to bring in that type of person."

Organizations like WTC in Tacoma attend regular business events such as conferences and trade shows. These are supreme networking opportunities, Brewster said.

"Just try to get your name out there," Brewster said.

Harmon witnessed a few of his peers open doors with a different technique, he said.

"Write a letter saying you're interested in their organization and that you'd like to show up for an informational interview," Harmon said. "It's amazing what happens after you do that, it really is."

The interview

Every employer is unique, but during interviews employers look for common characteristics, local employers said.

"It makes me take notice when they smile, know about the company and ask intelligent questions," Burrigh said. "When they don't know about what Weyerhaeuser does as a company, it's a turn-off."

Burrigh looks for strong communication and teamwork skills, initiative and an aptitude for problem solving, she said.

In addition, when going through the interview process, students should pay attention to detail.

"I look for students who dress in a business-casual way, not like they just came from the gym, but in a way that suggests seriousness," Burrigh said. "It's also important to be punctual, but I don't like it when they show up more than 15 minutes early."

Brewster looks for people who aren't overly aggressive but assertive, he said. Good interviewees answer questions in detail and are usually faster to respond.

Anything to ease an employer's burden will make a good impression, Snyder said.

"The interns that bring in samples of their work make it a lot easier to see what their skill set is," Snyder said.

Overall, companies and organizations look for interns who will benefit the group and from the experience.

"We're willing to take extra time to get interns training, as long as they're willing," Batker said. "The main thing is a go-getter attitude."

An employer wants to know if the intern will be dependable, Ferguson said.

"The amount of interest has a lot to do with it," Ferguson said. And as always, practice will make the interview smoother, Burrigh said.

"I encourage students to look up interview questions or do mock interviews," she said.

Impress the boss

Once the internship is landed, students should prove they are worthy of a full-time job or a great letter of recommendation, Wilson said.

INTERNSHIP TIPS

FIND AN INTERNSHIP TO COMPLEMENT YOUR FUTURE CAREER GOALS.

START YOUR SEARCH EARLY.

GET HELP CREATING AN IMPRESSIVE RESUME. THE CAREER CENTER IN THE RAMSTAD COMMONS CAN LOOK OVER RESUMES, x7459.

TRY TO GET YOUR NAME OUT THERE BY GOING TO EVENTS TO TALK TO EMPLOYERS.

"Show that you can do more," Wilson said. "That you're not just an intern."

A few of Ferguson's interns failed to make a good impression, he said.

He once had two interns who socialized too much, and they did not get a substantial amount of work done, he said.

"Give your job the best that you can do, and you'll win people's confidence as you go on," Ferguson said. "Even when nobody's around to supervise, do your very best."

While unsupervised, one of Ferguson's past interns did something that got him fired.

"He wrote a letter on county stationary and in a county envelope, and it was saying what a jerk the county executive was," Ferguson said. "He sent it to this guy and the address didn't work out right, so it came back."

Instead, Ferguson likes to see interns who can get an assignment and go with it, he said.

Employers know the purpose of an internship is to learn, Batker said.

"(Interns) should be willing to work outside their comfort zones," Batker said. "They're interns, they're learning."

This means interns will encounter the unexpected.

"An intern has to become a jack of all trades," Brewster said. "More than anything else, we just ask our interns to be able to adapt to whatever type of task."

This strategy worked for Brewster. He interned for WTC in Tacoma, and now he works there full time.

For more resume writing suggestions, visit <http://www.plu.edu/~intern/studentResume.html>.

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From the editor

Don't confuse message with messenger

Making sense of sound bites academia's role

I enjoy talking points, however ill crafted. If something gets us talking, I'm for it.

Michael Medved, a talk show host who bases his conservatism in Jewish faith, got people talking when he spoke at PLU last week.

He left some people affirmed in their convictions, and others feeling that his speaking invitation from the university was a betrayal of PLU's commitment to providing a supportive community.

Support has more to do with how we as a community respond to the world outside the Lutedome than what part of that world we bring to campus.

Medved is a piece of the reality outside our hallowed halls of academia. He can be heralded as a prophet of truth or the sensationalist scourge in media today, but he's out there, and incredibly different from anything we encounter in here.

We as a university did not fail our higher aspirations by bringing him, as some students have claimed. I was happy to see a speaker on campus discussing the intersection of politics and religion, regardless of whether or not I agreed with him. I was happy to see people who don't normally turn out for lectures helping to overflow the Scan Center.

By inviting Medved and his conservative views, we were embracing political diversity in a way we don't often do.

I do think we failed, in part. While bringing his ideas to campus wasn't wrong, not providing a safe atmosphere, or any kind of counterbalance of discussion, made the atmosphere dangerous and uncomfortable for some.

If you didn't agree with him, Medved made sure you knew he thought you were cold-hearted, communist scum.

Our education enables us to rise above illogical claims and sensationalist packaging to discuss ideas with passion and intelligence. Civil, respectful conversations need not miss out on heart and soul.

For instance, we don't talk about religion's intersection with politics nearly enough for a religious university. The faith and reason dialogues don't focus on faith nearly enough. I commend someone who is willing to bring it up, even though his self-righteous, exclusionary manner nearly defeated the purpose.

Medved touched a bit on Middle America, on hospitality, ethos and a Christian subculture I wanted to know more about. Yet he quickly got off the subject and onto lambasting liberals.

"Liberals hate Bush because he is so outspokenly Christian," Medved said.

He said nothing to account for the numerous liberal Christians who attend PLU. He doesn't understand the liberal-conservative divide any better than anyone else, or he would have spent more time on this issue.

His talk gave me no brain fodder, but his tone and approach gave me fearful goose bumps. This visceral reaction to his polarizing attitude helps explain why the divide persists.

Medved, based on last Wednesday's talk, has no honest interest in discussing why students change political views, or hold the ones they have.

He's a talking point, but not a talking model.

His method of debate, or rather slapstick assault, was filled with smug importance and religious self-righteousness.

His talk was a celebration of "being right" and the belittlement of those who didn't agree with their views. He was cheered on by the audience, and never countered.

Medved is allowed to do and say as he likes under a PLU invitation.

However, PLU has a responsibility to provide a context for an itinerant speaker. The university is supposed to teach students how to filter, interact and challenge claims and values they encounter outside, and inside, the Lutedome.

Someone this controversial needs an immediate counterbalance, because counterbalance is what makes the Lutedome our turf.

We like talking points, but we like to actually talk about them.

I implore College Republicans to take Medved's ideas and explain them to the PLU community in a way we can discuss them and perhaps understand.

I still want to know why liberals turn conservative as they grow up. If you can tell me, I'll listen all night.



CARTOON BY ADAM SPRY

Letter to the editor

Support missing from speaker's tone

If I may, I would like to freely speak regarding the Michael Medved lecture hosted by the College Republicans Feb. 9. I attended last Wednesday's event with anticipation of learning something new about the conservative ideology, something that may lead to better understanding of the "other side."

There were several other attendees with this same optimistic, perhaps naive, hope. After all, our new national goal, as seen at the State of the Union and Inaugural Addresses, is to unite the blue and red states into a purple mass of patriotism. Further, I put great stock in PLU's mission of honoring diversity and unity and expected such a speaker to uphold the university's ideals of respect.

Many of his arguments were limp and empty, while broad generalizations were passed as concrete fact.

For example, Medved's assertion that nothing significant had ever been accomplished without the use of military prowess neglected the case of Gandhi and the movement behind the decolonization of India. He failed to mention the exodus of the Hebrews from bondage in Egypt, which is disappointing since religion was so strongly emphasized.

He threw around unfair analogies between freedom of speech and denying the holocaust, claimed that the appeal of liberalism was lust, and even stooped

so low as to say that conservative girls are better looking.

This was not the academic discourse I expected, but a hostile mud fight that only served to alienate and offend. If this was a College Republican meeting, that would be one thing. Freedom of speech, which most would glorify and not degrade with references to Nazis, should be exercised by all student groups and supported by the university.

But this all-campus event was sponsored by ASPLU, a representative body for all university students, moderated by faculty members with a responsibility to serve the mission statement of the school and respect its students and the speaker was introduced by President Anderson. I cannot think of an element missing from this equation that would make it any more PLU-endorsed.

I was very disappointed in my school. The ambiguous "Lute spirit" is always attached to such descriptors as respect, responsibility, unity, support, tolerance and pride. I would not use any of these words in association with the Medved letdown.

If the "question and answer" set-up wasn't discouraging enough, with the faculty mediators scoffing at the filtered audience questions, community members attending cheered when Mr. Medved made an abrasive comment. These community members were applauding the discrimination of those holding

opposing views, encouraging the rift to widen between students on campus based on politics. What a message to send to college students.

I am not simply angry that someone stood up and disagreed with sentiments I strongly believe in. Sound, balanced debate is something to be celebrated, and I would not have even given the event a second thought if I did not truly have faith that I would gain insight.

The key here is that this was a university-sponsored event.

A great disservice was done to the PLU campus by Medved, and the sponsors and participants of the event. Insults and assumptions disguised under the banner of academic inquiry do not advocate an environment of integrity or unity.

A mission statement found on PLU's Web site states that the institution encourages "the development of knowledgeable persons equipped with an understanding of the human condition, a critical awareness of humane and spiritual values, and a capacity for clear and effective self-expression."

Another statement says, "We are committed to giving you a global view of the world, providing a strong and supportive community."

Funny, I didn't feel supported.

Amber Morley
sophomore

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POLICIES

The Mast is published each Friday by students of Pacific Lutheran University, excluding vacations and exam periods. The views expressed in the editorials and columns reflect those of the writers, and do not necessarily represent those of the PLU administration, faculty, students or The Mast staff.

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The Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors. Letters are printed in the order they are received.

The Mast can be reached at (253) 535-7494 or mast@plu.edu.

SIDEWALK TALK

What is the most important criteria in new faculty?



"An interest in the school and its policies. I think there are a lot of things students want to change, but it will be difficult to do without faculty and administration support."

Jenny Marie Casey
sophomore

"Not just an understanding of the material, but an understanding of how to teach the material."

Donovan Jones
transfer



"Real life experience so they are not just a textbook."

David Bentsen
junior

"When they are really passionate about a topic, that helps."

Lindsay Taylor
junior



"He's actually passionate about what he teaches so that when he gets tenured it's not like he stops caring."

Molly Watson
senior

"Sharp fashion sense. They have to be trendy."

Trevor Anderson
senior



Watch gossip, think ahead about slips



The Ugly Stick
Ronan Rooney

I really want this to be an interesting column, but I also don't want to use a lot of effort. Looking to combine these two, I've considered making "The Ugly Stick" a gossip column.

We'd have exotic section titles like The Tawdry Tales of T-Stad, Wild Nights At MBR or Psych Majors Gone Wild. Anyone heard any good rumors lately?

Now that I think about it, I'm certain I'd have enough material to write such a column, but I don't think my conscience would let me do it.

Gossip is a saddening guilty pleasure. You don't have to read the writing on the wall (and I'm talking about the bathroom walls here) to know that gossip is fairly lively at our university. I feel like there are several reasons for the success of gossip despite our age, wisdom and oh-so-impressive 400-level classes.

First, gossip is just another way for people to live vicariously through the social lives of others.

When "The OC" sets the standard for the amount of excitement we can expect in our own social lives, sometimes we find ourselves lacking. When our own friends and peers won't do, we resort to celeb-

rity gossip.

Second, gossiping about others is a way of holding power over them. It's not blackmail or extortion; it's that you, through no hard work, know sensitive information about another person. This can go a long way in elevating our own self-image by bringing down others.

Third, sometimes gossip is just fun. We don't realize it hurts and gets out of hand. That being said, I'd like to offer my own scientifically un-proven advice to combating gossip.

"Controlling the story" is a method used by corporate media firms. You can wisely anticipate if a story will become circulated if it is either embarrassing, bizarre or hilarious.

Anticipating gossip before it happens gives you enough time to let your side of the story be known. Tell your side of the story to three of the most gossipy people you can find. Like a mutant virus, they will pass on what you have

shared with them to others. Rather than avoiding acknowledgment of the story, you "control" it by having your side, an authoritative side, told.

Next, and perhaps wisest, is to simply confront the spreader of gossip. Excuses like "that's just what girls do" or "it's not my fault people are interested" gain the person zero mileage. Each argument effectively says, "I am powerless to stop gossiping," a patented lie.

Much of the gossip we hear circulates within our circle of friends—the very people we like. Don't forget that just because you are friends with a person does not mean you need to believe their gossip, nor are you obligated to take their side of a story.

As a gift to those who have read this far, I'll admit to my own gossip, and I'll say that all gossip isn't so bad. Sometimes we're just finding out what happened to people over the weekend.

Overall, there are enough reasons to avoid gossiping lest your gossiping become the subject of gossip in the future.

Ronan Rooney is a sophomore in Hinderlie. He wants you to know that the rumors about Alaska are all true—free candy for everyone!

Still young enough sling slang, rock it off



Pretending to like you
Lacie Runolfson

Every generation has those little idioms. Those silly, little phrases that litter our everyday conversations. For a communication student like myself, there is no better way relate to your world than by adopting today's social rhetoric into your own vocabulary.

Throughout my time at PLU I have noticed, and yes, even embraced, several sayings I feel are particular to the PLU culture. These are the saying that you can't escape. You hear them constantly echoing around campus from conversation to conversation, and when you hear them you can't help but giggle.

"Rocked my face off."
This phrase is used to describe something that is so powerfully exhilarating that your face would literally be forced to jump right off your noggin because of the rockin' nature of the situation. Now that's excitement! The kind of rocking that compels people to squeal in excitement and throw panties on stage - or to the front of the classroom depending on the situation. With that, my apologies to my 9:55 a.m. class. I got carried away and it'll never happen again, I promise.

"I want to have their babies."
This is a way to describe absolute admiration. This is a sort of affection for something or someone that could only be described through the commitment and willingness to bear its children. Now that's a big responsibility. Especially if you're a 45-year-old man that just really loves the soft, hip sounds of Death Cab For Cutie. After all, it's not the physical act of bearing children that really matters anyway. The important thing is the willingness to conceive, carry to term and give birth to offspring for all four band members.

"Jerk store."

This phrase takes being a jerk to the next level. A jerk is someone that is smug, rude and stupid (as I'm sure many of you know already). A jerk store is far worse than just being a jerk, because you're not just one jerk, you're the whole store of jerks. Make sense? Well, I'm pretty sure that it's not supposed to make sense (special thanks to George Costanza for this one).

To many, I can see how the constant presence of this slang could be annoying. However, I think it's fabulous. Although I do have a few phrases I would like to see escorted off this campus.

"Hella," for instance. This is a phrase used to indicate a great amount of something, and I hate it. It sounds stupid. A face being rocked off, having someone's babies and a jerk store I understand, but "hella" I just don't get. What does a bundle of something have to do with the underworld? If you know the dynamics of this phrase, please enlighten me.

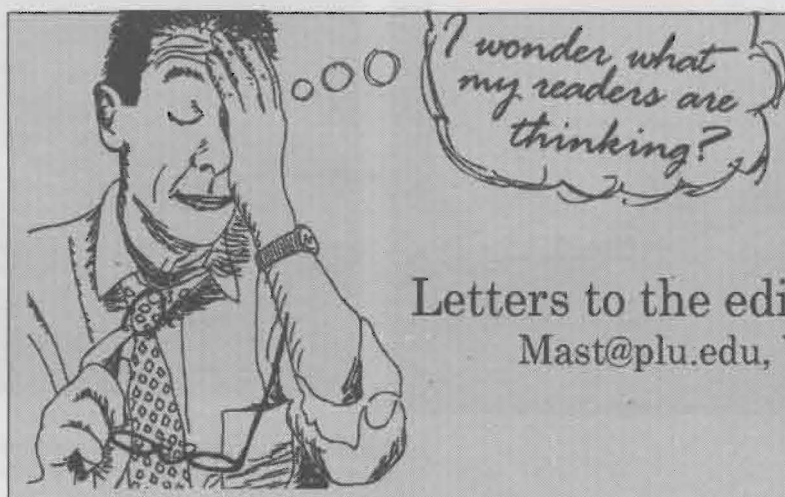
These sayings, like cotton, are the fabric of our lives. This is the structured generational jargon I have come to identify with as my own. I get that sparkly feeling in the pit of my stomach whenever I hear someone use one of these phrases in the perfect context. That sort of wide-eyed, fluttery feeling of connection. A reaction that practically forces me to belch out, "Yes! I know what you're talking about!"

Since I rarely know what people are talking about, this sense of connection is special to me. Call your roommate a jerk store, tell a professor that his lecture rocked your face off or mention to your friend that you want to have Donald Trump's babies (hey, it could happen).

Express yourself. Spread a thick layer of these quirky sayings on your vocabulary slate and have fun, because we are only going to get away with it while we're young.

Lacie also has a fondness for a number of fabulous swear words that unfortunately are inappropriate to publish. If you want to broaden your dirty word palate just ask her and she'll fill ya in.

ILLUSTRATION BY KYLE DUBA



Letters to the editor appreciated
Mast@plu.edu, Wednesdays by 5pm
400 words

Namibian internships offer unique working and learning opportunity

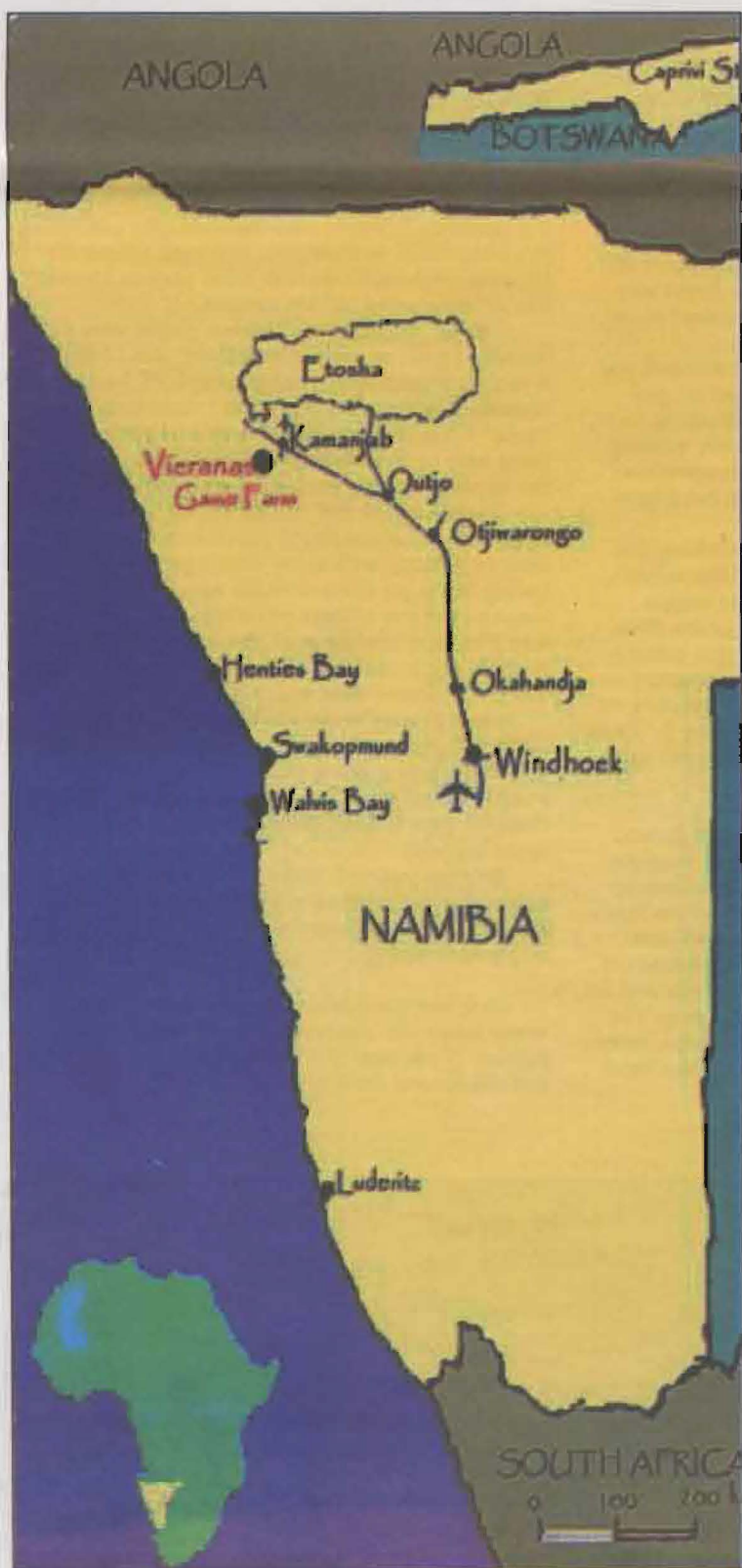
Three PLU students broke out of the mundane and into the unknown a few weeks ago as they departed to spend spring semester interning at three distinct jobs in Namibia, Africa.

By Benjamin Rasmus
International Editor

Political science seniors Randi Johnson and Edward Welter perform various types of services, including research, for the newly founded institute of public policy research in Namibia. The institute sprouted from a Ford foundation grant, researching topics like the national budget, and then relaying the information to the government.

"I think my experience here is completely different than any experience I would have in the states," Johnson said. "The research I am doing here will have a lot more of an impact on the population and I am doing a lot of fieldwork with my supervisor."

Photo by Amy Fox



Johnson is currently working on a project to assess how much influence different types of media have on political knowledge.

Namibia is a new democracy. It won independence from a South African mandate in March of 1990, therefore the intern's work carries greater meaning, Wang Center Internship Coordinator Amy Fox said.

"Some officials of the country will most likely come across research that these interns are performing," Fox said.

Britt Rosenberg, also a Political Science major, is interning at Sister Namibia, an organization promoting sexual equality in Namibia. Sister Namibia publishes a bi-monthly magazine, featuring female Namibians accomplishments and providing news insight about gender issues.

The local governments of Namibia is nearly equally split, half female and half male, Fox said.

In her first weeks interning at Sister Namibia, Rosenberg has researched inheritance law.

"There is a phenomenon called 'land grabbing,' taking place predominantly in the north of the country," Rosenberg said. "Sometimes when a husband dies, the wife and children will be left with nothing because the in-laws take the property and assets."

This problem tends to occur where customary law is still enforced and the people lack familiarization about protection laws. AIDS has exacerbated the issue because more young people are dying, Rosenberg said. The virus is prevalent in about 21 percent of total population of 2 million Namibians, according to U.S. governmental statistics.

Other internship possibilities exist for PLU students outside a political science framework. For instance, Fox recently structured a

new internship with Etosha National Park and the Ministry of Environment and Tourism. This new program allows the park to donate an endangered species to a community, then the community is responsible for the animal's wellbeing, but can charge tourists admission to see the animal, Fox said.

Namibia is taking some new approaches to environment and animal conservation, Fox said. Namibia is the first country in the world to incorporate the protection of the environment into its constitution. Currently, some 14 percent of the land is protected, including virtually the entire Namib Desert coastal strip.

The experience these interns gain is invaluable, Fox said.

"This is such a unique experience because we are not traveling as tourists or going to school," Johnson said. "We are working 8 to 5 every day."



Photo by Amy Fox

Edward Welter and Britt Rosenberg in Windhoek, Namibia. The two are spending spring semester interning at different organizations, both of which help to do research assisting the Namibian government.

German professor infuses life and language in Hong International Hall

Janet Holmgren lives and teaches in Hong, with her 17-month-year-old daughter, Julia

BEN BLAKENSHIP
International intern

The word "nose" might not be the most touching in the English language, but to a small family of students living in Hong International Hall, the word holds significance.

Aboard a train in Germany during a PLU study abroad trip, Janet Holmgren described the moment her daughter's first German word transformed 14 students and their professor into a family.

"She said the word "nose," or 'nase' and we all felt something click," Holmgren said.

Holmgren, with the help of her 17-month-old daughter, Julia, has transformed residential life at PLU, not only as a professor, but a resident as well. Living amidst almost 90 students, Holmgren has challenged the definition of a classroom and expanded the student-professor dynamic.

"I've gotten to see a deeper part of my students, something you can't see just inside of the classroom," Holmgren said.

In its experimental first-year uncertainty still exists in Hong's setup as a residence hall.

"It's been so rewarding to share languages, inspiring. It's enough to help me get through each day, to want to teach better," she said.

"I look back on my first-year experience as a college freshman unfavorably. I wanted to change that for my students."

Having traveled numerous times, she understood the effects it has on a student's international perspective.

"When you study abroad, you don't come back the same person," Holmgren said. "I think living in Hong is a great place for those returning or wondering about studying abroad."

Dan Wilson, a PLU junior and German student of seven years, described the change of atmosphere in Hong.

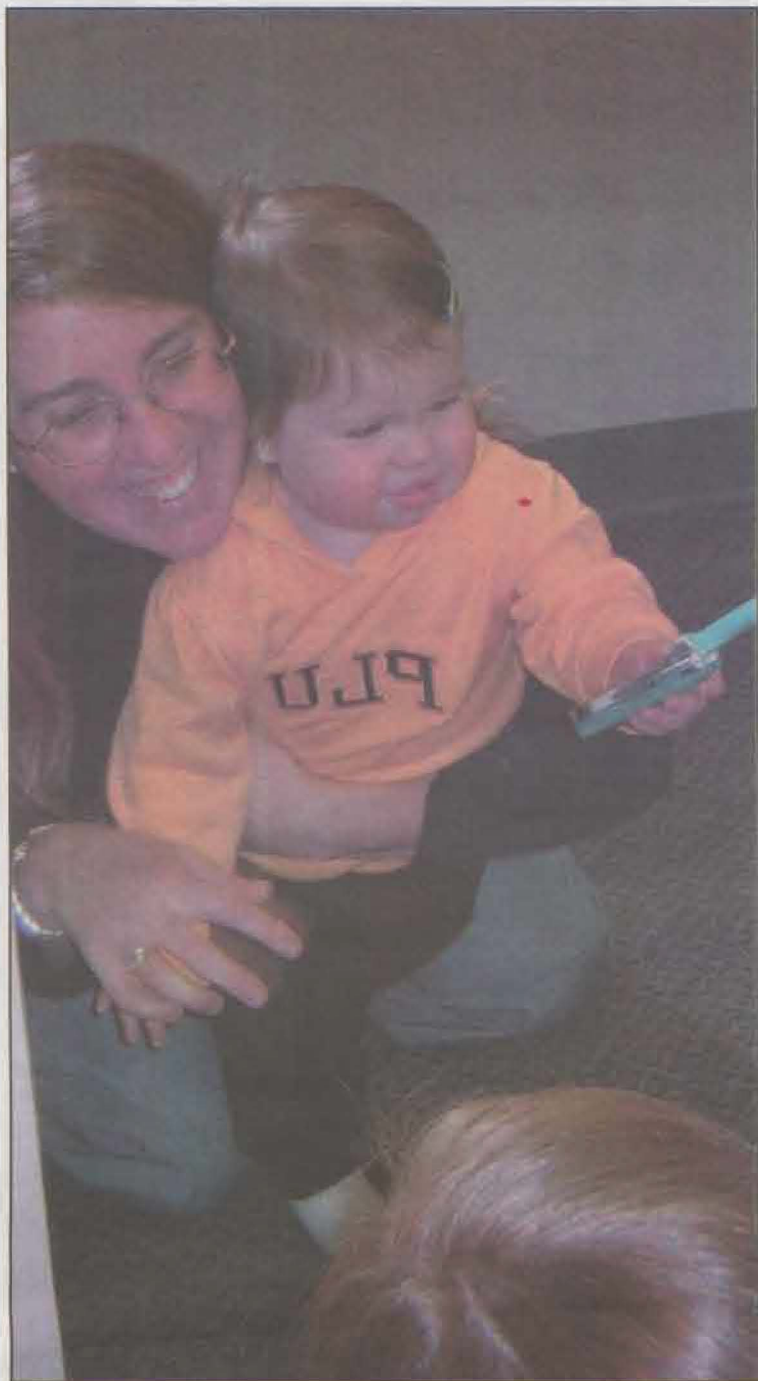
"The wings are much closer-knit. They're more a small working families," Wilson said.

Wilson has experienced the



Photos by Roxanne Cooke

Above: Holmgren multitasks, keeping tabs on her child while talking on her phone in her office.
Below: "When you study abroad, you don't come back the same person," Holmgren said. "I think living in Hong is a great place for those returning or wondering about studying abroad."



Photos by Roxanne Cooke

German professor Janet Holmgren entertains her daughter in front of a mirror in Hong International Hall. "I've gotten to see a deeper part of my students, something you can't see just inside the classroom," Janet Holmgren said.



PLU ranks top ten nationally for study abroad program, according to the Chronicle of Higher Education

Harmony Haveman
International reporter

PLU is ranked as one of the top 10 universities in the U.S. that sends students abroad. Currently, PLU sends 40 percent of students abroad, however the university hopes to increase that number.

PLU ranked number seven for students studying abroad for the 2001-2002 academic school year, according to the Chronicle for Higher Education. In a more recent update, the Institute of International Education reported PLU in the top 10, according to PLU's International Internship Coordinator Amy Fox.

One of the reasons for the high numbers is the unique January term, encouraging and sending stu-

dents to study away.

"We send roughly 350 students away each J-term," Fox said. "In January of 2006 there will be 400 spots available for students who wish to travel."

Another reason to send students to study away is to further the university's commitment to global education. Students who decide not to study abroad have access to other ways where they can encounter the international subject matter, such as speakers and classroom study as it is integrated into the curriculum.

"Along with the J-term program there is also semester and year-long programs," Fox said. "There are approximately 50 to 60 students who study away for a semester program."

The high numbers of students who have studied away or who intend to do so in the future not only affect the university's reputation for current students, but they also have an affect on prospective students.

Heather Melver, a director of first-year recruiting for admissions, said the study abroad program is something that attracts both prospective students and their parents.

"It's one of the most exciting things we talk about and the thing the students get most excited about," Melver said. "I think it has a positive impact on the number of students who come to PLU."

High school students are be-

coming more aware of global education and realize that if they want to get ahead in the world they need to

"We send roughly 350 students away each J-term," Fox said. "In January of 2006 there will be 400 spots available for students who wish to travel." International internship coordinator, Amy Fox.

focus on global education, Melver said.

Hong International Hall has had a positive affect on students, as it is another unique quality this university has to offer. A number of

prospective students are attracted to the international hall, Melver said.

"Hong sounded like a good place for me to be," first-year Claire-Marie Krug said. "It was a big plus to me that a lot of people here wanted to study abroad."

Krug lives on the International Core wing of Hong. This is an English-speaking wing as opposed to other wings that focal point on speaking a foreign language.

Krug's particular wing is focused on engaging in global perspectives.

The International Core is an "opportunity to put all the different things we learn together," Krug said. "It is looking at the past and seeing where we can go in the future."

hall's transformation first-hand, living in Hong for three years.

Wilson credits much of the success of the International Hall to Holmgren's dedication.

"The whole concept of having this hall set up in a year is very Janet Holmgren. Living with your professor makes language casual," Wilson said. "It takes the German department to a more personal level. Now, life is German class."

But like every normal family, there are small nuances and irritations, Wilson said.

Holmgren agrees.

Though the hall has been a tremendous success so far, "there are still kinks to be worked out," she said.

Holmgren said it can be difficult at times living in a residence hall as a professor.

"I have a better understanding of the life of a PLU student," Hol-

grem said.

Living with these inconsistencies first-hand has taken Holmgren's element of service to a new level as a student advocate.

"Living in Hong gives me some effective feedback for next year. We have students crossing hallways and classrooms to take a shower," she said. "When lounges double as classrooms, there has to be some re-shaping."

Some suggestions include designating space exclusively for classrooms, larger kitchens and a possible hospitality room for visiting international professors, she said.

But overall, Holmgren said she is positive.

"Living here makes me want my daughter to go to a school like PLU."

Organ part of PLU history and protected by copyright

Building is hard to copy, but PLU stillholds copyright on the instrument

MICHELE RENAUD
A&E editor

One of the prides of the PLU campus is the organ, built by Paul Fritts and Company, that stands in Lagerquist Concert Hall, but pictures are not available because the organ is copyrighted.

"The organ is magnificent, both visually as well as aurally," said instructor Paul Tegels, who has been playing the organ for two-and-a-half years.

"A person cannot go in and copy the material and dimensions [of the organ], but that is only true to a certain degree," he said.

Although copyrights generally protect, organs have still been copied over time. However, even if everything on the organ is copied correctly, it still takes a professional organ builder to be able to build it right and make it work, sound good and look exactly like the original.

"Building is very difficult and it'd be nearly impossible to copy it," said Fritts, who was in charge of building the organ.

So, why bother with a copyright? Perhaps the real copyright issue could lie not within the reproduction of the sounds the organ produces. Someone asked recently if they could copy the

sounds of the organ and make those sounds available digitally. After discussing it with the organ builder and the music department, they decided to allow this with the permission of PLU.

"Although PLU has bought the organ, in my opinion the artistry and the knowledge behind it is still part of the artistry and knowledge of its builder," said Tegels about why Fritts was involved in the discussion of whether or not to allow sound recording of the organ.

Fritts explained some of the reasons why he decided to agree to allow the copying of the organ's sounds.

"American builders tend to be more open than Europeans, who tend to be more secretive probably because there's not as much competition here and more of a positive spirit of furthering the art," Fritts said.

PLU acquired the organ in 1997. A group of seven builders from Paul Fritts and Company started building the organ as early as April of 1995. The organ, called Opus 18, is the 21st organ to be built by the company and is the largest organ the company has built with the exception of Opus 25.



Photo Courtesy of Pacific Lutheran University

The impressive organ built by Paul Fritts and his team of builders sits as the centerpiece of the stage in Lagerquist. Acquired in 1997 by PLU, the organ is one of the largest the company has ever built. Although it's copyrighted, photos of the organ are available via PLU.

Jurassic Park: the Musical showcases students' talent and ingenuity

Show set to show one last time this Saturday

Getting out and about

Tired of pouring over your massive textbooks? Take a break, you deserve one

MICHELE RENAUD
A&E editor

Must Hear Concerts:

The Four Tops / The Temptations
Monday, Sept. 12, 7 p.m.
Puyallup Fair's 2005 Columbia Bank Concert Series

Tickets on sale Feb. 19 at all Ticketmaster locations

Ticket prices are \$15 for reserved infield seating and grandstand seating is free, available on a first-come, first-seated basis. Fair gate admission is required prior to any concert seating.

Last Peace, Generation Unknown, and Sesame Street Gangsters
Bob's Java Jive
2102 South Tacoma Way
(253) 475-9843

Saturday Feb. 19, 9 p.m.
21+ \$3 cover

Last Peace is a group of three young men, one of whom attends PLU - look for an article about Last Peace in next week's issue.

Must Go Events:

Peacemaking in the Real World
Feb. 25 - 26
Friday, 6:30 p.m.; Saturday, 9:30 a.m. - 4:30 p.m.
Regency Room, University Center
(253) 535-7577
Free to PLU students, faculty and staff
Led by Glen Gersmehl of Lutheran Peace Fellowship and Verlon Brown, who leads anti-racism workshops, this event will offer

tools to address the conflict of violence in our lives and in our world.

Cross-Country Skiing

Feb. 19 in Leavenworth
Transportation provided, departs from Metro Parks Tacoma main office, 4702 S. 19th St.
(253) 594-7847
Cost: Tacoma resident: \$50; non-resident: \$55

8 a.m. to 5 p.m.

Age 18+

Intimidated by downhill skiers and snowboarders on the slopes? Come cross-country skiing and enjoy the serenity of the outdoors by Leavenworth. Some experience is necessary. Skis are provided.

Woodstick 2005

Feb. 21, 2 p.m. in the Tacoma Dome
(253) 473-7723

If you play the drums, you can join several hundred others at the Tacoma Dome in a benefit for Puget Sound Schools' music departments at Woodstick 2005. A new Guinness record was set last year by 502 drummers. Help beat the record.

Must See Movies:

The Goonies

Feb. 18, midnight
The Egyptian Theatre
805 East Pine St.
Seattle, WA 98122
(206) 781-5755

Donnie Darko: The Director's Cut (2004, R)

Late night films play at 11:47 every Friday and Saturday night.

11:47 Friday & Saturday, Feb. 18 - 19

The Grand Cinema

606 S. Fawcett, Tacoma, WA
(253) 594-4444
Have you had and need your show advertised? Want to see an upcoming movie publicized? Email The mast and let us know if you want something printed!
Contact: mastarts@plu.edu



Someone Sneezed in my Popcorn: at the Movies with -
MATT MCVAY

What is a Mast movie critic to do when his car is in the shop, all of his friends with vehicles have shunned him and his debilitating fear of public transportation has rendered him completely and utterly useless? Stay on campus, of course. One needn't go any further than the wonderful room that is Ingram 100. This is where you will find the brainchild of sophomores Dan Hould and CJ Butenschoen, Jurassic Park: the Musical.

Jurassic Park: the Musical was a way for Hould to not only see his creation brought to

life, but get a few independent study credits as well. Hould and Butenschoen employed the help of Whittaker Harpel to write the music for their spoof of Spielberg's classic.

With a cast and crew of PLU students, Jurassic Park: the Musical, brings a more personal feel to the screen. The story follows pretty closely with its blockbuster predecessor. Old man creates park, old man gets people to look at park, dinosaurs create chaos and cue the music!

The great thing about the film is its total lack of any realism. Like a Monty Python sketch, its silliness makes it genius. The songs really make the film great. The audience heard

a T-Rex sing about destroying the park, a love story between a human and a raptor. Insane, completely insane.

Although the film is executed well, there are a few technical difficulties. It is easy to see that there was a problem during the audio dubbing, making it obvious that the actors are lip-synching. Even some parts during the regular dialogue are hard to understand and are slightly off from the video.

Technical problems aside, the story is very simple, they start at one point and move until the conclusion. Hould and Butenschoen did a great job getting their story told in a way that is creative and entertaining. I could go on and on but I don't want to give anything away, and you really need to see it for yourself.

You may be wondering, "Oh no! I have missed this wonderful event in cinematic history. How,

pray tell, shall I go on?" Well you are in luck. Jurassic Park: the Musical will be playing again Saturday at 8 p.m. in Ingram 100.

It's a free movie on a Saturday night, how can you go wrong when it's not half bad?

"Hould and Butenschoen did a great job getting their story told in a way that is creative and entertaining."

JURASSIC PARK: THE MUSICAL
INGRAM 100
SATURDAY 8 P.M.

V.O.I.C.E.

(VICTORY OVER IDEOLOGY CONCERNING EVERYONE)

HIP HOP DANCE TEAM

INTEREST MEETING

SUNDAY FEB. 20 3P.M.

ASPLU OFFICE

Getting the low down on a few new sounds

Before you invest your spare cash in that new CD, know what you'll be paying for



ETHAN JENNINGS
Mast columnist

Siren Song of the Counter Culture by Rise Against

Rise Against has been creeping around in the underground for a few years with its unique

combination of punk and metal. Now, with *Siren Song of the Counter Culture* (2004, Dreamworks) its first big-label release, its finally come to the forefront.

Rise Against lost none of its bite in the crossover to a major label. Its songs are quick, loud and hard, but more lyrical than the average pure metal band. To draw a loose comparison, they sound a bit like a fast version of Finch.

Rise Against has always been political, but on *Siren Song of the Counter Culture*, it takes it to the next level. "If there's no war outside our heads / Why are we losing?" it asks in "Life Less Frightening," one of the best tracks on the album. Not all of its songs rail at contemporary politics, however. Many, most notably "Paper Wings" and the acoustic "Swing Life Away," take introspective looks at human relationships—and not necessarily just the romantic kind.

As good as Rise Against's music is, it suffers from its similarity. Some of the songs sound practically the same. This isn't a problem to the extent that it is with other bands—U2, for one—but it is noticeable, and one wonders if, after four years, the gentlemen of Rise Against might have thrown it up a bit more than just cutting an

acoustic track.

Hopefully, the next Rise Against record will have a little more variety on it. Either way, with an album as good as *Siren Song of the Counter Culture*, plan on seeing more of this band in the future.

Grade: A-

Hot Fuss by The Killers

Don't let its borderline-ridiculous name fool you—The Killers can actually play some decent music, as they prove on their first album, *Hot Fuss* (2004, Island). This album isn't nearly as light as you might expect; it tends more toward heavier issues of love and human relationships, as in its latest single, "Mr. Brightside."

Indeed, some of its songs, including the first track, "Jenny Was A Friend Of Mine," border on the dark. No less than two deal with the murdered lovers. However, it keeps the album from being outright depressing with a fair amount of fast songs and a healthy dose of synthesizer music. Even then, you've still got some heavier issues

going on. Its first single, "Somebody Told Me," has so many layers I could write a review on it alone—it's definitely worth a few, and you might consider having the lyrics on-hand when you do. It's obvious that these guys put some thought into

"The soundtrack feels like the perfect disc to listen to on an overnight drive or while you're pulling an all-nighter."

their music, and it comes across in a fairly unique sound that's reminiscent of Depeche Mode and the other New Wave bands without being an all-out time warp to the 1980s.

Not all that glitters with synthesized rhythms is gold, though. A few of the tracks on *Hot Fuss* are lackluster. "All These Things That I've Done," which tries to be an introspective study of the singer's character, spews out some of the cheesiest lyrics I've ever heard. In "I got soul but I'm not a soldier," lead singer Brandon Flowers wines in what I think was a plea for peace in the world.

Grade: B

Collateral Original Soundtrack

Collateral: The Original Motion Picture Soundtrack (2004, Hip-O Records) is an amazing disc, a perfect complement to one of the best (and most snubbed at the Oscars) films of 2004. It features tracks from Audioslave, Miles Davis and some excellent excerpts from the film's excellent score.

Anyone who saw *Collateral* can attest that music played a huge role in evoking the film's unique insomniac vibe. This soundtrack includes practically every major piece of music that made *Collateral's* atmosphere what it was. The soundtrack feels like the perfect disc to listen to on an overnight drive or while you're pulling an all-nighter.

Groove Armada's "Hands of Time" is the highlight of this disc, a mellow, "life is beautiful"-type tune that'll get anyone in a good mood. Another great track is the "Ready Steady Go," a remix by Paul Oakenfold. It's a quick, energetic song that nevertheless captures the dark placidity of nightlife. Audioslave's "Shadow on the Sun," from their self-titled album, is also excellent.

Some of the instrumental works don't have enough punch to stand on their own; "Car Crash" needs the action onscreen to have any sort of impact. However, the rest of the album picks up for these lackluster tracks, and the overall result is fantastic.

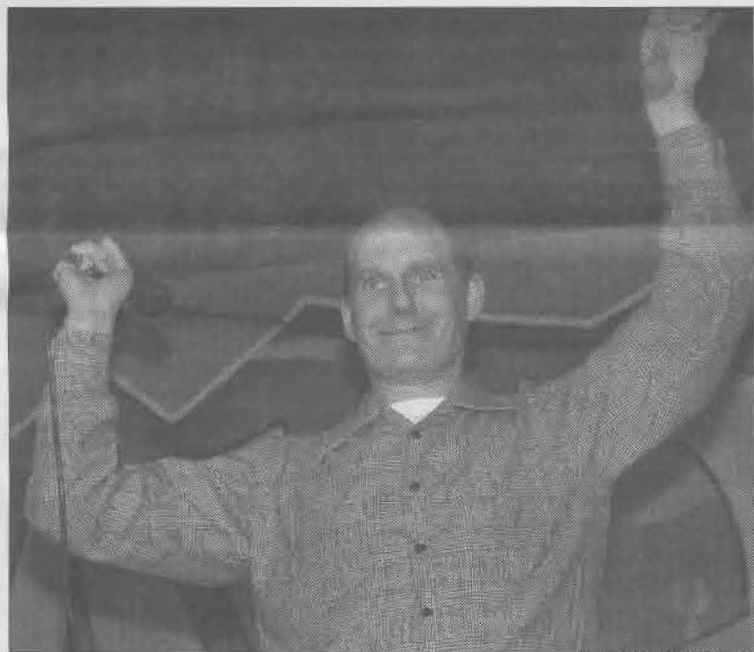


Photo by Brian Bradshaw

David Crowe entertains a Cave full of students on Wednesday night. Crowe, a comedian, recieved a warm welcome from students and many laughs in response to his hilarious jokes.

Grammys once again never fail to entertain



ERIC THOMPSON
Musical Musings

The Grammy Awards were Sunday. It's important, it's big, it's unavoidable. A music columnist ignoring the Grammys would be like a political science professor failing to mention the presidential elections. I knew I needed to write about it, but what?

A few years ago a friend and I wrote a Grammy preview for our town's newspaper. It was an interesting experience. We made all our predictions and then watched as most of them were proven wrong. I realized then that there is a difference between "predicting," meaning guessing what you think will happen, and presenting your opinion on what you think should happen.

I decided not to make predictions again partly because it would be depressing to either predict things I didn't actually want to happen or to be consistently wrong, but mostly because predicting is considerably more useful before an event, as opposed to after. I thought about writing my own version of how I thought the Grammys should have turned out, but on top of this being similarly depressing upon watching the real Grammys, the idea is overused.

So this is what's going to happen: I'm going to write this while watching the Grammys.

I will haphazardly record the events as they occur, adding my own impressions and the impressions of those I watched with, and producing a fragmented sort-of real-time recap/journal.

- Off to an exciting, if not utterly confusing, start - The Black Eyed Peas, Franz Ferdinand, Gwen Stefani and Eve, Los Lonely Boys and Maroon Five all singing different songs at the same time.

- One of my favorite moments, Pharell Williams whispers "Star Trek" into the microphone while Penelope Cruz is announcing Green Day's Grammy for Best Rock Album. I don't know if he's a hardcore Trekkie, if he has sci-fi turrets or if it was a secret code, but it was amusing regardless.

- Jennifer and Marc Anthony treat us to a glimpse of them in a bedroom - lovely. She needs to stop making us watch her and her significant other be gross. When has that worked out for her?

- Quentin Tarantino is completely insane and Green Day still dominates the world.

- Kanye West wears angel wings. I'm not saying anything else.

- There is some confusion as to why so many non-musicians are involved. Every time a celebrity comes on to present an award, my friend asks when they got into the music business. "Kevin Bacon sings?" "What is Gary Sinise

doing here?" Valid questions.

- Loretta Lynn appears to be on some type of drugs. After winning for Best Country Album and Best Country Collaboration With Vocals for her duet of "Portland Oregon" with Jack White, she thanks "the Grammy," adding the word "people" several seconds later with an extremely confused look on her face.

- Best Polka Album goes to Brave Combo and Bill Clinton won a Grammy.

- The most random, bizarre and eclectic group of people imaginable is assembled onstage to perform "Across The Universe" as a tribute to the tsunami victims: Stevie Wonder, Velvet Revolver, Tim McGraw, Brian Wilson, Alicia Keys, Bono, Norah Jones, Steven Tyler, Al Green and Billie Joe Armstrong. My friend points out that Steven Tyler has four maracas in one hand, a nice gesture and hilarious at the same time. This is definitely a highlight.

- Usher wins three Grammys. I was going to refrain from getting upset about the results as much as possible, but this tests my patience. Call me crazy, but I think Usher's contribution to the music world could have been sufficiently acknowledged with just one. When his win for the song "Yeah" in the Rap/Sung Collaboration is announced a unanimous cry of anguish erupts. My friend captures the general emotion in the room by saying of the song, "We pee on it."

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Well known PLU favorites to rock the Cave this week

Nathanson and Klump prepare for their upcoming concert at PLU



ERIC THOMPSON
Muscial Musings

If you've been at PLU for more than a year, you probably know who Matt Nathanson is by now - his performance with student Justin Klump last March was fairly hard to miss. Playing to a packed Chris Knutson hall, Nathanson and Klump received one of the most positive audience responses that I've encountered at PLU so far.

Opening the show, Justin played an acoustic set to a standing ovation, setting the stage nicely for Nathanson. Then, with his fantastic stage presence, heartfelt music, and spontaneous humor, Nathanson made quite a few fans, and even inspired a few offers of love.

"I want to have his babies," PLU student

Kirsten Blume said at the time, and she was far from alone in her sentiment.

With such an enthusiastic fan base on campus, the two can likely expect another sizable crowd for their upcoming encore performance, and that crowd can, in turn, expect an exhilarating show. Nathanson will return to the CK, accompanied by Klump, Tuesday, Feb. 22. The show begins at 7:30 p.m., with the doors opening at 7 p.m.. Tickets are required for entrance, but are free to PLU students and can be picked up with I.D. at the Campus Concierge.

Klump describes his own music as "folk rock or acoustic rock," comparable to Nathanson's music, but markedly different at the same time.

"(Nathanson's) more modern original rock, and I'm more progressive, more into jazz," Klump said.

As far as lyrical content, the two find similar inspiration.

"I write about girls," Klump said. "Our subject matter is the same."

Klump said he felt that last year's performance went very well, and that Nathanson was gracious.

"Matt and his crew were really responsive and that made me feel good," he said. "After the show Matt and I talked about playing again, and that's what this show is."

What can we expect this time around?

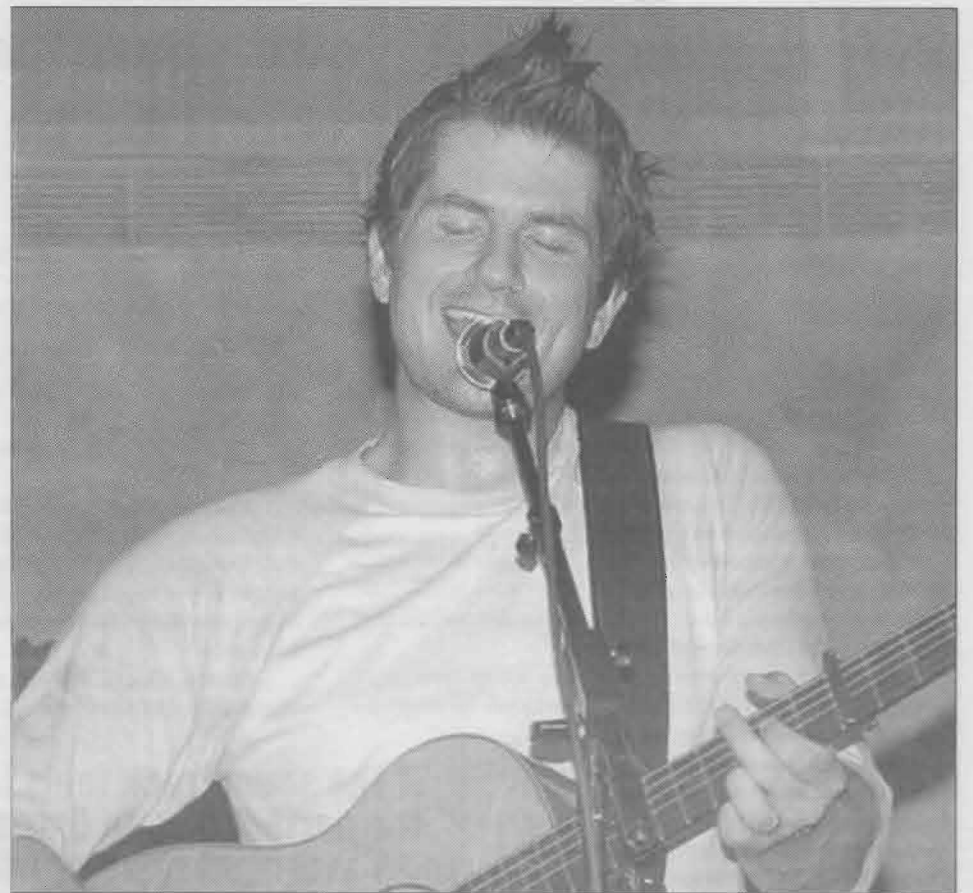


Photo by Brian Bradshaw

Matth Nathanson sings to a packed crowd during his performance with Justin Klump at PLU in the Spring of 2004. This week's show promises a perfect break from the textbooks once again.

**MATT NATHANSON AND
JUSTIN KLUMP
THE CAVE
TUESDAY FEB. 22 7:30 P.M.
TICKETS AVAILABLE - CAMPUS
CONCIERGE**

"It will be a lot like last year - high energy," Klump said.

If you're debating whether or not to attend, you can get a feel for each performer's music by listening to samples or ordering CD's on their Web sites, www.mattnathanson.com and www.justinklump.com.

Or you can simply trust your fellow college students and take the word of those who have already experienced it.

"I saw Nathanson at the National Lentil Festival and he rocked the gazebo hardcore," sophomore Sean Allen said. "It was an orgasm for your ear."

A free orgasm for your ear. Do you really want to miss that? Pick up your ticket today.

Don't forget to separate the colors from the whites



JENNI JENSEN
Mast Columnist

The subject of laundry has always been a touchy one. But like it or not, unless you pay some poor, unsuspecting person to do it for you, college means doing your own laundry. So, to help out, I decided to create a laundry-

tip list, along with a few other basic fashion rules everyone should know. It will be like having your own personal mother with you in times of laundry room crises.

Laundry Tips

1. When separating laundry, you have to use something you were born with ... a brain. Colors bleed. So don't mix whites with colors or darks with colors. It's that simple. So separate according to a color load, a whites load and a darks load. And it's always safer to wash colors in cold water so you don't run the risk of colors bleeding through.

2. So you got an awesome new blue T-shirt to catch the eye of that certain person and you remembered tip one and washed it with colors. But the color from your old red T-shirt bled onto it. What happened? When washing new clothes, always wash them separately and in cold water. They won't always bleed, but it's better to be safe than sorry.

3. You're out for a big date and you spill some starter soup on your shirt? Until you can get home to a washing machine, blot the stain with a dinner napkin (never rub) and when you get home, blot again with hot water, treat it with a stain remover, let it sit for about minute and then throw it into the washing machine. The stain should be gone, though it may need one more wash. But sometimes stains don't come out. You can try to cover up the stain with a decoration (like a patch or a small brooch), but if you don't

have one, try a dry cleaner. If not, it's time to accept that these things happen, and move on. I know it's hard, but there will always be other shirts.

4. Sweaters are risky to wash. They can survive without frequent washings, unlike fabrics like cotton, but the wool fabric on most sweaters is delicate. The Kate Spade Style handbook (this lady knows her stuff) says to give a sweater a day before you wear it again. Hang it to dry on a hanger (avoid wire hangers) and let it sit. Some sweaters need to be dry cleaned, and others can use this method. But try not to wash sweaters as much as your other clothes.

Basic Fashion Tips

1. Blue/Black or Black/Brown: Navy blue together with black and brown does not work. No matter the circumstance, those colors don't work well together. Light blue with black looks fine, but it will always look more polished with brown. And black and brown? You people seem to wear the colors together a lot, but traditionally, the colors aren't supposed to go

Dominic Calata takes a study break to get some laundry done. Sometimes leaving home for college and having to do your laundry for the first time can be a little intimidating.

Photo by Brian Bradshaw



together. This is because they are both base colors, and base colors are always too similar to go together.

2. Jeans with jeans don't go together. So even though that jean jacket makes you look like Brad Pitt or J-Lo, if you wear it with your Levis, you'll go from Brad to Farmer Ted.

3. Sandals are made for bare feet, not socks.

4. And last but not least, don't be afraid to try the new trends. Fashion week showed bright colors and blazers with jeans for guys, and guess what? It looks hot. So don't be afraid to try something new, it's always worth a try.

I hope I've been of some help, and please don't take offense, how would you know if you've never been told? But keep on experimenting, you have a special way of making anything look good. These are just suggestions to look classy no matter what you're wearing.

SURF to Scandinavia

Scandinavian Airlines is now offering wireless Internet service on non-stop flights to Scandinavia

Sample roundtrip airfares from Seattle to:

London \$401

Stockholm \$497

Amsterdam \$497



These Student Airfares available only at:

StudentUniverse.com

WOMEN'S TENNIS RETURNS TO THE COURTS WITH EXPERIENCE AND POISE

TEAM LOSES ONLY TWO FROM LAST YEAR'S THIRD-PLACE SQUAD

TIM KELLY
Mast sports intern

As winter turns to spring it becomes time for PLU women's tennis. This year's team is ready to tackle the task of improving on its winning conference record and making a statement in the Northwest Conference Championships.

Coach Janel McFeat returns for her third year at the helm of her alma mater. Her first year saw an overall record of 5-8, 4-6 in conference. Last year saw an improvement as the team finished 8-8 overall, 7-4 in conference during the regular season, but then saw the season end with a 1-2 record in the NWC Championships.

With a goal to win the conference, the Lutes return six players and lose only two key players. Elizabeth Galbraith will

lead the team and is the lone senior on the roster. Also returning is junior Katie Ogin and sophomores Kelly Besett, Tracy Fujitani, Nicole Petrzelka and Bria Smith.

Adding depth to the rest of the squad is junior Erin Ham and first-years Elizabeth Currey, Erika Feltus, Rachel Herzfeldt-Kamprath, Corinne Holmberg, Krystal Kors and Megan Proffitt.

These ladies will be gunning for league favorites University of Puget Sound and Linfield. Linfield won the conference championship last season beating UPS in the finals. In regular season matches last year the Lutes split with UPS but dropped both matches to Linfield.

"Both teams are amazing but our team will be at the top with them," Fujitani said. "Our team looks strong and ready for this

year."

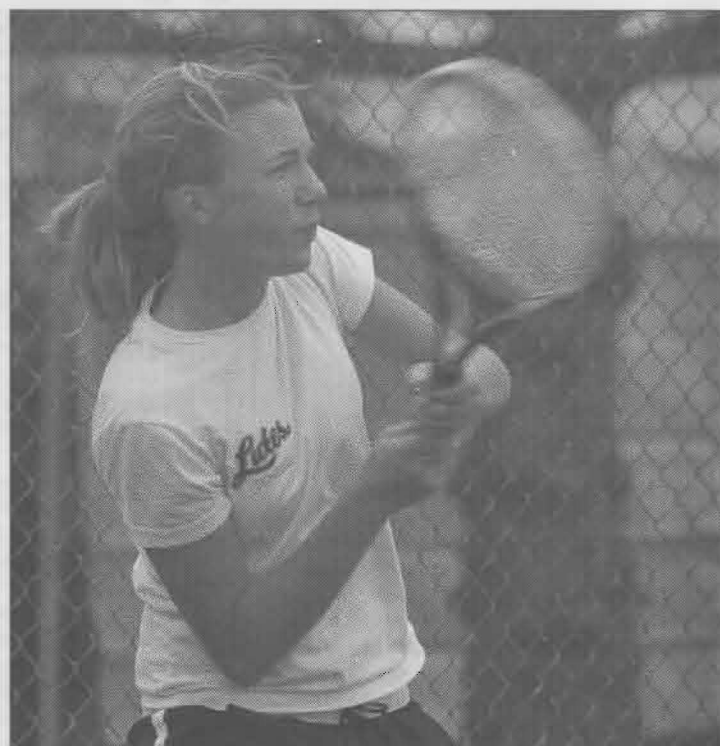
After hosting each team in the conference during the first half of the season, the Lutes will take their annual spring break trip to California.

This year the Lutes will also play California-Lutheran, Vanguard, Biola, Pomona-Pitzer, LaVerne and Occidental. During last season's California trip the Lutes lost to California-Lutheran, Vanguard, Biola and LaVerne. The other schools were not on last season's schedule.

The Lutes travel to the other side of town Friday to play UPS at 4 p.m.

Photo by Brian Bradshaw

The Lady Lutes tennis team is looking to improve on the third place finish from last season.



MEN'S LACROSSE SPLITS WEEKEND HEARTBREAKERS, WINS DIVISION B OPENER

ONE POINT LOSS TO U-W, TWO POINT WIN OVER WWU

BRIAN JONES
Mast sports co-editor

Facing back-to-back games in just the second week of the season would tear most teams and athletes to shreds. But the PLU men's lacrosse team is different.

Last Saturday, the men's team lost a heartbreaking game 12-13 to the University of Washington. However on Sunday, they defeated Western Washington University 8-6.

Playing in front of a large crowd at Curtis High School, the lacrosse team hosted the UW Huskies. The game was close through out the course of the game. Entering the fourth quarter, PLU led 11-10. But with a strong finish and good ball control, the Huskies pulled out the narrow victory.

Utilityman Wes Telyea said

Taken from video by Brian Jones

Co-captain Chris Jensen sets-up the offense against University of Washington last Saturday at Curtis High School.

the Lutes played a good game at times.

"I definitely think we had moments not playing to our potential," Telyea said. "I think we'd beat them if played them again."

The Lutes were led by co-captain Chris Jensen with his three goals and four assists. Midfielder Matt Kennedy added four goals. Attackers Josu Zubizarreta and Kris Olsen each tallied three points, three goals, two goals and an assist respectively.

Olsen said it is very encouraging to play so well against an A League team.

"No one was hanging their heads at the end of the day," Olsen said.

With just one night of rest, the men battled WWU to an 8-6 victory.

"The score didn't show how well we played," Telyea said. "It was just a very good game."

The win over WWU marked the start of division play for the Lutes. Attackers Josu Zubizarreta and Kris Olsen were at it again with four points each this game.

Josu scored four goals while Olsen tallied two goals and two assists.

"I'm really proud of the performance especially coming off of UW loss," Olsen said.

Not to be outdone by his younger brother, midfielder Kepa Zubizarreta scored his first collegiate point in the game. Joining Kepa was midfielder Matt Johnson. He scored his first collegiate goal.

None of this would have been possible without the play of co-captain goalie Brett Bartell. He had a total of 42 saves on the weekend. His save percentage was .608 against UW and .768 against WWU.

"Brett played phenomenal, something pretty special," Olsen said.

His thoughts were shared by Telyea.

"Brett freaking played out of his mind," Telyea said.

This weekend the Lutes travel to Oregon to face both the University of Oregon and Oregon State University.



Kuhn earns women's Northwest Conference Championship title

Men finish fourth and women finish sixth in final championship meet

BREANNE COATS
Mast sports reporter

Lutes swimmers traveled to Whitworth University for the Northwest Conference Championships and swam away with one conference title.

First-year freestyle and international medley swimmer Kate Kuhn earned a first place finish in the 200 yard freestyle with a time of 1:58:72 in the finals.

"I was quite pleased with how I did," Kuhn said. "It felt great because it was a really close race."

Kuhn beat out University of Puget Sound's first-year Kate Wilson by about one second for the victory.

The Lute men finished fourth overall with 499 points. The women edged out sixth placed Linfield by one point to receive fifth.

"We were really confident," Kuhn said. "We all went out to win it, over Linfield anyway."

Junior Jason Hesla gave a strong showing for the Lute men. He placed fourth in the 200 individual medley, the 100 breaststroke and the 800-yard freestyle relay. He also earned

one fifth place finish in the 200-yard backstroke and one third place finish in the 200-yard medley relay.

"Everyone improved their times," Hesla said.

"It was a good meet for the guys; we kept the same place as last year."

Even though Hesla made it to the podium in all his events he felt like, "there was a little more competition this year," and that is why he did not place as high as last year.

For the two seniors on the team, women's



Photo by Daniel Seetin

David Pedack hits the wall as Jason Hesla takes off in the men's 4x200 medley relay. David Swoish and Kris Sletten wait for their turn in the relay. The team would finish third in the race.

fly swimmer Nicole Givani and men's team captain and free and backstroke swimmer Kris Sletten, this was their last college swimming event.

According to Hesla the loss of Sletten may hurt the team a little bit, but if the Lutes have a good recruiting year and keep the guys they have now then "we'll be pretty strong."

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When something goes wrong, where do we point the finger?

PLU's coaches and players vary in success stories



Between the lines
Brent Chantler

Life is filled with eternal debates. No matter how large or small these debates are, each of them contains two respective sides with their fair share of allies.

Sports, like the rest of the world, has its great questions. Probably one of the biggest topics that has plagued sports since its beginning is the issue of who is to blame.

Even at PLU, whenever a team goes south the debates start about who is to blame, the coach or the players? This is

one of the few topics that can cross over into every sport, for both genders. Some teams have seen improvement with certain additions, while others have gotten worse. Others have also become a better team after players or coaches were removed, while some have suffered even more. Such a subject is hard to pin a direct answer on because both sides can provide equally compelling arguments. For those of you who may be struggling to figure out your view, let me add some fuel to the fire.

How about we take a look at the football team for one second? Here is a team that has gone 6-3 in the last two seasons. In 2003 they scored 258 points, in 2004 they scored 284. On defense they had 27 sacks in 2003 and 17 in 2004. Both teams were good, even with different coaches. 2003 was the final year of legendary Frosty Westering's career. His son, Scott, took over this season. It's hard to tell if Frosty's retirement hurt because they came up with another big season under a new head coach.

Hard to get an answer from that example, so maybe this one is better. Women's basketball coach Gill Rigell is currently in his seventh season at PLU. He

has a career win percentage of 77 percent. He also is the all-time leader in wins as a coach for the women's team at 145.

The closest person to him in wins is the coach that preceded him, Mary Ann Kluge, with 125. However, those 125 wins took 12 years to accumulate and a win percentage overall of 41 percent. Kluge also can hold the distinction for coaching the team with the most consecutive losses with 19 in the 1993-1994 season.

Rigell, on the other hand, was the coach during the record for the most consecutive wins, which came in the 2003-2004 season with 12. Some people say Kluge had players on her team that were worse than Rigell's. Some defend her, saying that coaches have no way of controlling how their team plays. It is up to the players to control the action.

Men's basketball is another example. Before Dave Harshman, Bruce Harldson was at the helm of the men's program. At PLU he had a win percentage of .503. Harshman's three years at PLU has given him a win percentage of .320. Now, if you want to put the blame squarely on the shoulders of Harshman, some could say a team is only as

good as their coach. If a coach does not have the ability to recruit good players, how is a team going to win? If a coach does not have the ability to get their players motivated, how are the players going to do well?

I am not saying Harshman lacks those qualities, but some may automatically put those assumptions on a coach when a team does poorly. Some may think it is hard to put the blame on a coach for a team such as the men's team that averages 19 turnovers a game, and is out-rebounded for the season by a total of 744-845.

I could go on for days about this topic, just like many other people could. What is important to look at is that this debate will be one that no one will ever see an end to. Any educated sports fan knows there are many things that go into a team and their performance. Many things have an effect on how a team plays. I feel that pointing the finger of blame on one person or one thing is something that any educated sports fan should not do. However, if you are one who likes to point the finger, whether it is for fun or in seriousness, you are not alone.

PLU women sit jumbled at the top of NWC

At this time last year, the Lutes were 10-1 in conference play

LINCOLN VANDER VEEN
Mast sports reporter

The women's basketball team was outscored by 13 points in the second half last Friday, leading to a 54-66 loss to Whitman, but Saturday the Lutes utilized some clutch free-throw shooting down the stretch to win 72-62 against Whitworth.

Post Kezia Long led the team last Friday with 18 points, and guard Kelly Turner poured in 12. Turner, who continues to lead the team in scoring average through the season, was left with very few words to explain the loss.

"Offensively, we were just flat," Turner said. "I can't explain much else."

Wing Kadee Peterson explained the loss a little differently.

"We just couldn't get our offense and defense going at the same time," Peterson said. "It was frustrating."

Sarah Laird scored 13 for Whitman, followed by

12 points from Lizzy Washburn.

The Lutes traveled to Spokane Saturday to take on Whitworth, and a great rivalry turned out another great game. The first half of the ball game featured 10 ties and the second half was just as tight. With 1:35 remaining, the Lutes knocked down 10 consecutive free throws to pull ahead and win 72-62. Peterson led the way scoring 17 points, including an 11-12 performance at the line, and pulling down a game-high 12 boards. Peterson chalked the win up to preparation.

"We were definitely ready to play, more than we were Friday," Peterson said. "Everyone did their job and did it well."

Turner added 15 points, wing Aundi Kustura scored 12 and point guard Mallory Mann contributed 11. Turner credited Peterson and the other reserves for the very important win.

"We got incredible bench play," Turner said. "When we get the type of production all the way down the roster, we're tough to beat."

With the split over the weekend, the Lutes moved their overall record to 12-8 and 8-3 in conference. The Lutes have pulled even with Whitworth in the loss column atop the Northwest Conference. The Lutes square off against Linfield Friday at 6 p.m. in Olson Auditorium.

"When we get the type of production all the way down the roster, we're tough to beat."

guard Kelly Turner

Men's basketball lose seven straight

With five games remaining in the season the team drops to a 5-15 overall record

TYLER OCHSNER
Mast sports reporter

The PLU men's basketball team suffered two more losses last weekend at the hands of Whitman (85-93) and Whitworth (50-75).

The Lutes, who are currently in the midst of a seven game losing streak, dropped to 5-15 overall and 3-8 in NWC play.

"We got down early against Whitman and they were beating us by a bunch at halftime," guard Andrew Mehalechko said. "We showed a lot of character in the second half during the comeback."

Trailing 49-68 with approximately 13 minutes remaining against the Missionaries, the Lutes surged on a 24-9 run that lasted 8 minutes.

At the 5:20 mark, PLU found themselves only four points behind at 73-77. However, Whitman converted on back-to-back three pointers and the Lutes were never able to close the gap.

"We battled back on Friday,"

guard Kurt Oliver said. "One thing our team needs to work on is coming out strong and finishing strong."

In the first half, the Lutes were faced with a 13-point deficit against the Missionaries. However, the rest of the game proved different as the basketball squad won by five points in the second half.

Oliver led all PLU scorers with 20 points on 6-12 field goal shooting and 5-8 three-point

"We were pretty disappointed with the performance."

guard Kurt Oliver

shooting. He also contributed four assists in the effort.

Wing Drew Cardwell added 14 points and six rebounds for the Lutes. Guard Landon Heidenreich recorded a team-high five assists.

PLU never gained a lead against Whitworth. In the first half, the Pirates built a 20-point lead and never looked back.

At intermission, Whitworth was in commanding control 37-18. The second half was very similar as the Pirates led by as many as 29

points on numerous occasions.

"We played terribly," Mehalechko said. "We had a lot of open looks and just couldn't make any shots."

The Lutes could only muster 18 points in a dismal first half of shooting in which they shot 6-21 (28.6 percent) from the field. PLU was more efficient in the second half as they recorded a 58.8 percent field goal percentage. However, were only able to convert on 10 field goals while scoring 32 points.

"We were pretty disappointed with the performance," Oliver said. "Whitworth was shooting well and confident in their own building. Our defense could only stop them for 30-33 seconds on the shot clock and our offense couldn't find a rhythm."

The point distribution was scattered for the Lutes. Mehalechko was the team leader with eight points while Jake Lipscomb added seven. Once again, Heidenreich dished out the most assists with four. Heidenreich and Oliver both collected four rebounds for the Lutes.

The PLU basketball team will resume action with two NWC games versus Linfield on Friday and George Fox on Saturday. Both contests will be held at 8:00 p.m. in Olson Auditorium.

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	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
THIS WEEK IN SPORTS AT PLU	Women's Basketball PLU v. Linfield 6 p.m.	Women's Basketball PLU v. George Fox 6 p.m.	Time to be jealous of the men's baseball team as they are playing games down in Arizona.	No School!!!! Thank you old, dead presidents.	Women's Basketball PLU v. Willamette 6 p.m.	AM I ALLOWED TO START COUNTING THE DAYS TO SPRING BREAK NOW?	Are you being good with your Lent commitments?
	Men's Basketball PLU v. Linfield 8 p.m.	Men's Basketball PLU v. George Fox 8 p.m.			Men's Basketball PLU v. Willamette 8 p.m.		

The life and times of all-star games in professional sports

Are we getting our money's worth out of pro all-star games?



On the ball
Brian Jones

An all-star game is a contest between two teams made up of the best players in their respected areas. This sounds good in theory. I would love to see the above mention game played.

In the span of two weeks, both the NFL Pro Bowl Weekend and the NBA All-star Weekend are played. MLB All-Star break is roughly the second week in July. The now defunct NHL held their all-star weekends in late January.

The Pro Bowl and NBA All-star Game started turning the little gears in my head.

Are we really seeing two teams made up of the best players? Are we seeing politics and egos overtaking achievement?

Is this a true exhibition of the best of the best in each sport?

I would love to be a naive sports fan and say "yes." I would love to think the games are evenly matched.

Oh, what joy would I have to believe the NFL had a chance in this year's Pro Bowl when two .500 teams made the play-offs.

Or maybe to believe the American League isn't just running out the Yankees plus Ichiro to face the National League.

Better yet, that the Eastern Division will match Dirk, Nash, Kobe, Ray-Ray and Duncan with Shaq and LeBron. Well, at least the East has Shaq this year.

So what has led to the demise of the all-star game in professional sports?

For the NFL, there are two big resounding reasons: injuries and money. Being injured is a realistic reason not to go to the Pro Bowl.

For example, every year there is a laundry list of injuries or reasons people don't go to the Pro Bowl. This past Pro Bowl had nine injured players on the AFC squad and five injured players on the NFC squad. By doing some basic math, you are automatically out 14 of the league's best players.

Some injuries are legitimate. As much as I hate Terrell Owens, it makes no sense for him to play in an exhibition game. Even though he played a week before, it's still understandable to rest his surgically repaired ankle. Same thing goes with Eddie Drummond of the Detroit Lions. He

fractured his shoulder blade on Nov. 26, 2004. He's not rehabilitating to play in an exhibition; he's trying to play next season.

But what about the injury Shaun Alexander has sustained? I don't remember him being injured when the Seahawks lost in the playoffs. That's right, he doesn't want to get injured before his big off-season contract. Sorry, my mistake on that one, I had forgotten. Why should anyone who's been "stabbed in the back" have to play an exhibition game?

The only things worse than the egos are the hype and politics found in the NBA All-Star game.

All this year, Shaq gets to face the West and Kobe again. The upstart Sonics and Suns place two and three, respectively, on the team. The Kings don't send anyone and they are fifth overall in the West. I just want a great basketball game. It's just pure hype, h-y-p-e, hype.

What about the politics? Zydrunas Ilgauskas of the Cleveland Cavaliers made the team over Steve Francis of the Orlando Magic. Francis deserved the nod over Ilgauskas, but they needed another center. Enter Emeka Okafor of Charlotte. It's just a crime to pick Ilgauskas over Okafor. He is playing lights out for a horrible Charlotte team.

As for MLB, they have just gone and screwed up the MLB All-Star game by placing meaning on it. The winner of the all-star game now gets home-field advantage in the World Series.

Here is a novel concept, whoever had

the better regular season record, gets the home-field advantage. Wow, I guess that was just too hard to think of Bud Selig.

Placing meaning in an All-Star game means it is no longer an exhibition. The game is meant to be a break from the 162-game grind and a relaxation time for the players. It is meant to be fun with the Home Run Derby and celebrity softball game.

As for the NHL, with the season cancelled as of Feb. 14, 2005, there is no hope in sight. That's how they screwed up the NHL All-Star game.

But before they screwed that up, the NHL dabbled with East vs. West and North America vs. The World. The skills competition was the day before with hardest shot, accurate shot, fastest skate and penalty shoot-out. In my mind, this was the purest and best all-star game out there. That is until they ruined it.

So next time you watch an all-star game, ask yourself if these are really the best players out there. Are they the best of the best of the best?

My guess is that you aren't getting your money's worth.

At 11:00 a.m. EST on February 16, 2005, the National Hockey League died in the eyes of the few Americans that cared. The NHL clubs and NHL Players Association could not find common ground. I take this moment of silence for the NHL.....

Thank you.

Scorecard

Baseball

Box Scores
02/11/05

Game 1

CWU	000	301	000	-	4	5	2
PLU	200	321	00X	-	8	11	1

W - Serr (1-0). L - Orton (0-1). Save - None.

Game 2

CWU	202	210	0	-	7	11	1
PLU	200	000	0	-	2	5	2

W - Chubb (1-0). L - DiPietro (0-1). Save - None.

Basketball

Men's

Standings

Team	NWC	GB	All	Pct.
UPS	11-1	-	17-3	.850
G. Fox	10-2	1	15-6	.714
L & C	6-5	4.5	10-9	.526
Linfield	6-5	4.5	10-10	.500
Willamette	6-6	5	9-12	.429
Whitworth	5-7	6	9-11	.450
PLU	3-8	7.5	5-15	.250
Whitman	3-9	8	5-16	.238
Pacific	2-9	8.5	3-16	.158

Box scores
02/11/05

Pacific Lutheran	37	48	-	85
Whitman	50	43	-	93

Pacific Lutheran (85)
Cardwell 5-11 3-4 14, Heidenreich 4-9 1-1 9, Oliver 6-12 3-4 20, Ash 2-2 0-0 4, Lipscomb 3-4 1-2 7, Mehalechko 1-1 0-0 3, Carstensen 5-11 0-0 12, Torbenson 3-7 0-0 6, Joehim 1-3 2-2 4, Pederson 0-2 0-0 0, Sinnes 2-2 2-2 6. Totals 32-64 12-16 85.

Whitman (93)
Ricker 5-7 2-4 14, Warner 2-7 2-2 7, Kelly 8-20 3-6 25, Parker 7-10 6-6 26, Kofler 4-11 2-5 10, Peterson 0-3 3-4 3, Moss 0-0 0-0 0, Brandal 0-0 2-4 2, Hazel 1-1 4-4 6, Nelson 0-0 0-0 0. Totals 27-59 24-35 93.

Three-point goals - PLU, Oliver 5, Carstensen 2, Cardwell 1, Mehalechko 1. Fouled out - PLU, Cardwell, Wash, Carstensen. Rebounds - Pacific Lutheran 32 (Cardwell 6), Whitman 40 (Kofler 12). Assists - Pacific Lutheran 15 (Heidenreich 5), Whitman 13 (Ricker 7). Total fouls - Pacific Lutheran 22, Whitman 15. Technicals - None. A - 225.

02/12/05

Pacific Lutheran	18	32	-	50
Whitworth	37	38	-	75

Pacific Lutheran (50)
Cardwell 1-4 1-2 3, Ash 2-2 0-0 4, Carstensen 1-6 2-2 5, Heidenreich 2-3 0-0 4, Oliver 2-5 0-0 5, Mehalechko 2-6 2-3 8, Torbenson 1-2 1-2 3, Joehim 1-5 0-0 3, Pederson 1-2 1-1 3, Sinnes 1-1 3-3 5, Lipscomb 2-2 3-3 7. Totals 16-38 13-16 50.

Whitworth (75)
Pecht 8-12 0-0 18, Tucker 3-4 3-3 9, Larkin 3-5 1-2 7, Williams 0-5 0-0 0, Young 6-12 1-3 19, Jones 3-6 0-1 7, Simons 1-1 0-0 3, Wyatt 0-2 0-0 0, McGrady-Beach 0-0 0-0 0, Bennett 1-1 2-3 4, Taylor 2-3 2-2 8, Fletcher 0-2 0-0 0. Totals 27-53 9-14 75.

Three-point goals - PLU, Mehalechko 2, Carstensen 1, Joehim 1, Oliver 1, Whitworth, Young 6, Pecht 2, Jones 1, Simons 1. Fouled out - None. Rebounds - Pacific Lutheran 20 (Ash, Heidenreich 3), Whitworth 34 (young 7). Assists - Pacific Lutheran 13 (Heidenreich 4), Whitworth 19 (Williams 9). Total fouls - Pacific Lutheran 17, Whitworth 16. Technicals - None. A - 850.

Women's

Standings

Team	NWC	GB	All	Pct.
G. Fox	10-2	-	16-5	.762
Whitworth	9-3	1	18-3	.857
PLU	8-3	1.5	12-8	.600
Whitman	7-5	3	12-9	.571
UPS	6-6	4	15-6	.714
Linfield	5-6	4.5	10-10	.500
Willamette	4-8	6	7-14	.333
Pacific	2-9	7.5	6-13	.316
L & C	1-10	8.5	5-15	.250

Box scores
02/11/05

Pacific Lutheran	25	29	-	54
Whitman	24	42	-	66

Pacific Lutheran (54)
Voorhies 0-1 1-2 1, Turner 4-9 2-3 12, Long 6-11 6-8 18, Kustura 4-11 0-0 8, Mann 3-5 0-1 6, Richards 0-0 0-0 0, Martin 0-2 2-4 2, Shillinger 2-4 0-0 5, Peterson 1-6 0-0 2, Wytoko 0-0 0-0 0. Totals 20-49 11-18 54.

Whitman (66)
Washburn 5-9 1-1 11, Laird 6-9 1-2 13, Patneade 3-10 3-4 9, Higgins 3-12 0-0 7, Vertatschich 3-6 6-6 12, Nicholes 0-0 2-2 2, Sprague 0-1 0-0 0, Stephenson 3-4 3-4 9, Francis 0-1 3-4 3, Gehrig 0-1 0-0 0. Totals 23-53 19-23 66.

Three-point goals - PLU, Turner 2, Shillinger 1, Whitman, Higgins 1. Fouled out - None. Rebounds - Pacific Lutheran 36 (Long 9), Whitman 30 (Laird 8). Assists - Pacific Lutheran 9 (Mann 5), Whitman 13 (Higgins 5). Total fouls - Pacific Lutheran 20, Whitman 15. Technicals - None. A - 200.

02/12/05

Pacific Lutheran	36	36	-	72
Whitworth	36	26	-	62

Pacific Lutheran (72)
Voorhies 1-1 0-0 2, Turner 3-13 7-8 15, Long 2-3 0-0 4, Kustura 4-11 4-4 12, Mann 4-6 3-6 11, Martin 2-3 1-1 5, Shillinger 1-2 0-0 2, Peterson 3-6 11-12 17, Buckingham 2-3 0-0 4. Totals 22-48 26-31 72.

Whitworth (62)
Speer 5-17 10-10 20, Shogren 4-15 4-9 12, Coppin 3-8 3-4 10, Liu 2-5 1-2 6, Bielec 2-8 2-2 7, Ridings 2-6 1-2 7, Gradley 0-1 0-0 0, Hendrickson 0-2 0-0 0. Totals 18-62 21-29 62.

Three-point goals - PLU, Turner 2, Whitworth, Ridings 2, Bielec 1, Coppin 1, Liu. Fouled out - Whitworth, Bielec, Liu, Shogren. Rebounds - Pacific Lutheran 45 (Peterson 12), Whitworth 33 (Shogren 10). Assists - Pacific Lutheran 11 (Mann 9), Whitworth 14 (Speer, Liu 4). Total fouls - Pacific Lutheran 21, Whitworth 22. Technicals - None. A - 675.

Swimming

Men's

Results
01/29/05

NWC Championships
Final Team Scores
Whitworth 1013
Linfield 756
Puget Sound 634
Pacific Lutheran 499
Willamette 486
Whitman 376
Lewis & Clark 241
Pacific 232

Women's

Results
01/29/05

NWC Championships
Final Team Scores
Puget Sound 1041
Whitworth 803
Whitman 586.5
Willamette 505.5
Pacific Lutheran 430
Linfield 429
Lewis & Clark 248
Pacific (Ore.) 208

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PLU baseball earns split in first action of season against Central

LINCOLN VANDER VEEN
Mast sports reporter

The PLU baseball team started their season on a high note, earning an 8-4 victory in the first game of a double header against the Central Washington University Wildcats. Unfortunately, the nightcap was not as successful and the Wildcats were able to take the game by a score of 7-2.

PLU's Nolan Soete got the scoring going in the bottom half of the first inning with a two-run shot.

The Wildcats responded in the second with a homerun, but a Lutes offensive onslaught in the next two innings to breeze to their first victory of the season against the Division II foe.

Starter Matt Serr earned the

victory going six innings, giving up four hits.

"We succeeded in all aspects of the game," said infielder Jason Miller, who contributed two hits in the game. "Our pitching staff played well, our defense was solid and obviously we swung the bats. Anytime we play like that, we have a great chance at winning."

In the nightcap, the Wildcats opened the scoring with a two-run single. Again, PLU answered, but the Wildcats put runs on the board in each of the next two innings and cruised to victory, leaving PLU with a 1-1 split to begin the season.

PLU travels to Chandler, Ariz. Feb. 18 to take part in the Arizona Desert Classic.



Photos by Andy Sprain

ABOVE: Outfielder and pitcher Justin Whitehall, #10, gets ready to bunt. Whitehall singled on the bunt and advanced teammates Soete to second and Miller to third.

FAR LEFT: Pitcher Matt Serr, #8, threw the first game against Central. Serr was the winning pitcher, tossing six innings and allowing four hits.

LEFT: Outfielder Ryan Thorne, #23, runs home to help the Lutes win 8-0. Thorne scored a total of two runs during the first game.



McCabe kicks 20 pounds while gaining control of mind and body

PLU student joins karate club and learns more than jabs

LESLIE DYCUS
Mast sports co-editor

Seiretsu, kamae, mawate, hajime. Junior Mark McCabe routinely uses these Japanese commands when he spars his way through karate class at Sprinker Recreation Center.

McCabe joined PLU's Shotokan Karate Club in fall 2003 after searching Tacoma for recreation activities to help him lose weight.

"I needed to exercise," McCabe said. "So I looked around for a martial arts class around PLU."

McCabe found classes around Tacoma but many were overpriced. Dedicated to find a less expensive class he searched PLU's Web site and found information about graduate Lance Brender's karate club.

After speaking with Brender and attending a class, McCabe became hooked.

"When I met the sensei, he had a lively character and I could tell that he knew a lot about karate," McCabe said.

When McCabe started karate he wanted to learn everything. However, his sensei would not teach him more than he was prepared for.

"When you're ready he'll teach it to you," McCabe said. "You can't ask to be taught."

Practice forces McCabe to use his body in ways he has not before. His favorite part of karate is the feeling

after he trains.

"After training I feel loose and at peace," McCabe said. "I also feel like I can kick some butt."

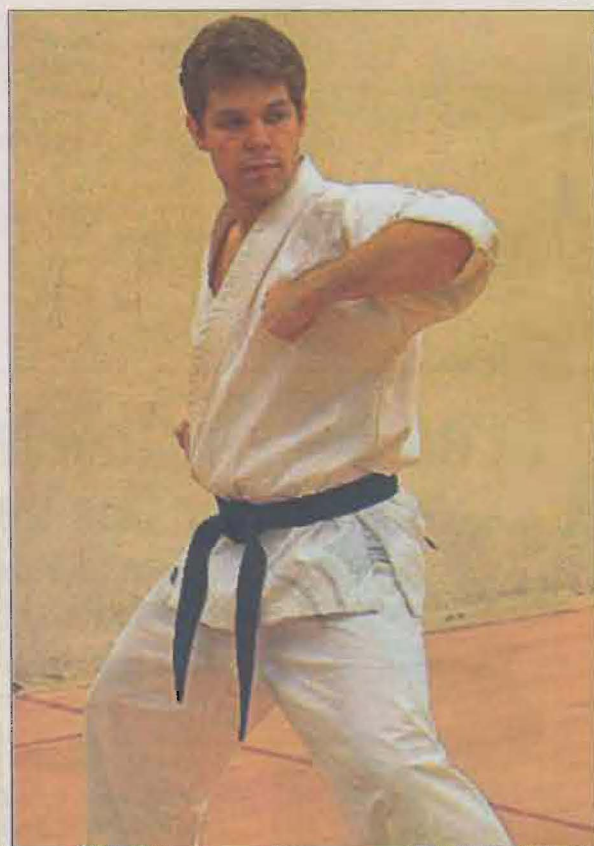
A rule in karate is that even though you practice you're not supposed to use it unless it is to defend yourself in a harmful situation, McCabe said.

Karate also challenges students to use their mind, which forces McCabe to have a good attitude, especially when he's tired.

"No pain, no gain is really true in karate," McCabe said. Now 20 pounds lighter, McCabe plans on continuing practicing karate his entire life and becoming a sensei. He will always remember his sensei's words of wisdom.

"When you see good in others incorporate them in your life," said McCabe citing his sensei.

For more information contact Mark McCabe or visit the website at www.plu.edu/~karate.



Photos by Leslie Dycus

ABOVE: Green belt Mark McCabe joined PLU's Shotokan Karate Club in fall 2003. During practice he is working on improving his speed, strength, focus and energy use.

LEFT: First-year Annette Alfonsi (left) joined PLUSKC in September 2004 and sophomore Rachel Myers (right) joined in October 2003.

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White (Beginner) - 8th kuy, beginner
Yellow - 7th kuy
Orange - 6th kuy
Green - 5th kuy
Purple - 4th kuy
Brown - 3rd - 1st kuy
Black (Advance) - 1st dan and above

Counting

One: ichi (i-chi) Six: roku (ro-ku)
Two: ni (ni) Seven: shichi (shi-chi)
Three: san (sa-n) Eight: hachi (ha-chi)
Four: shi (shi) Nine: ku (ku)
Five: go (go) Ten: ju (ju-u)

Dictionary

Sensei - Instructor
Senpai - Assistant
Seiretsu - Line up in an orderly fashion
Kamae - Get into position, prepare
Mawate - Turn into position
Hajime - Begin
Gi - Karate uniform