

THE MAST

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Destructive break-in leaves Blomquist House in ruins

Brennan LaBrie
News Editor

While conducting their rounds on the morning of Saturday, October 5, PLU Campus Safety officers came across an unusual sight: a man leaving the Blomquist House on 121st Street South with bags full of laptops, food, and a Mac desktop under one arm. The man, whose pants and shoes were soaked, claimed to have just been in the house for a short time and had only taken the food.

However, upon entering the house, officers were met with a scene of destruction.

The place had been ransacked, the doors and walls smashed open, with wires hanging from them. Shelves and desks had been cleared, their contents strewn about the floor, many items in a large pile on a waterlogged carpet. Books, notebooks and papers lay destroyed in the water, which reached an inch in the bathroom and basement.

According to Dr. Rebecca Wilkin, professor of French and International Honors Program (IHON), whose office is housed in Blomquist, anarchist symbols and swastikas, among other things, were graffitied onto the walls of the house.

Initially, the extent of the damage was estimated at “well above” \$5,000, although this estimate was later found to be high, according to Sue Liden, director of Risk Services.

Liden said she has never seen an incident quite like this in her 12 years at PLU.

The suspect, identified as a 40-year-old man, was detained by campus safety and arrested by Pierce County Sheriff deputies. The man has a history in the Pierce County corrections system, with over 300 contacts with the Pierce Regional Support Network, and a history of alcohol and drug abuse.

The man, who claims to have been homeless periodically in the greater Tacoma and Seattle area since the age of 12, said he was high on marijuana at the time of his arrest.

Previous psychological evaluation reports have diagnosed him with bipolar 1 disorder, schizoaffective disorder, and polysubstance abuse, according to an evaluation from April 2019 while he stood trial for felony harassment, criminal trespass in the 2nd degree and resisting arrest. He also reported seeing hallucinations, or shadows, and heard voices speaking to him.

The faculty who worked in Blomquist were relocated to new offices across campus and have been told they should expect to remain in their new offices until January at the soonest while the house is being remodeled.

Cont. on page 3

PLU football team doubles in the span of a year

Brennan LaBrie
News Editor

Following his first season as Pacific Lutheran University’s head football coach in 2018, Brant McAdams knew he wanted to expand his program. Expand it to almost twice its size to be exact.

The 2018 squad sat at about 60 players. McAdams envisioned a team of 112 players, PLU’s maximum roster size. In his first full 14-month recruiting cycle as head coach, McAdams set to work with his assistant coaches recruiting players from Washington and down the West Coast, even netting 18 players from Hawaii.

By the fall, PLU’s team stood 112 men strong, with 58 new recruits. In comparison, 2018’s recruiting class consisted of 32.



PHOTO CREDIT ISAIAH SHIM

Cont. on page 11 Sophomore quarterback Braden Amorozo drops back to pass in PLU’s Oct. 26 game against Linfield.

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Controversial public debate on Tacoma housing crisis

Kendan Bendt
Reporter

Earlier this month, the PLU debate team hosted a debate on rent control in Tacoma as a solution to the current housing crisis facing the people living in the area.

Representing the pro-rent control side were Pacific Lutheran University Debate Captain Summer Ash and Tenants Union worker Dinah Braccio. Representing the anti-rent control side were 2nd District Representative Andrew Barkis of the Washington State Congress, and Hannah Backus, also from the PLU debate team.

Participants on both sides agreed on the importance of the issue with each side focusing on what was most important to them in addressing this relevant topic.

All involved agreed the problem was complex and multi-faceted that rent control by itself would not solve.

Rep. Andrew Barkis emphasized that it is important to “continue these conversations” in finding solutions to the crisis of housing.

Barkis believes there are legislative alternatives to rent control and it is important to work together with both sides to address the housing crisis.

“The crux of our problem right now is that we have a very short supply of housing at all levels,” Barkis said. “In order to address that we need to take a look at some long standing issues or policies that have been detrimental or preventative in getting supply to the market.”

Tenants Union activist Dinah

Braccio grounded her view of the debate in a discussion of morality.

“The most important part of my side’s argument during the debate was who we as a society are valuing,” Braccio said. “I believe that the stability of renters and their ability to remain securely housed is more important than a landlord’s ability to extract unlimited profit.”

When asked about the relationship between landlords and tenants, a hot point of contention in this debate, both sides had very different answers.

“The relationship between tenants and landlords is fundamentally antagonistic. Landlords have secured for themselves more homes than they need and are trying to profit off of this resource hoarding,” Braccio said.

Braccio argues that tenants desire to find cheap and affordable housing, and landlords desire to maximize profit off of the property they own.

Due to this, the two groups’ interests are fundamentally at odds due to the imbalance of power in the relationship (being that landlords own the property).

Particularly, she called out the opposing side for “seeming very committed to framing the relationship as one where they graciously provide for us poor unfortunate renters.”

“It was characterized in the debate especially from the opposition, those who are in favor of rent control, that there is a very poor relationship between landlords and tenants,” Barkis said. “That landlords are taking ad-



PHOTO BY SHERIDAN MOORE

Hannah Backus and Rep. Andrew Barkis argue at the Ruth Anderson Public Debate on Oct. 1.

vantage of tenants, that landlords want to evict tenants, that landlords want to jack up rents so people can’t afford where they live. This is not the case.”

He admitted there are bad landlords who treat their tenants poorly and don’t take care of the property.

Barkis emphasized that as long as both parties stay within the bounds of their initial agreement to rent the property, the relationship between landlords and tenants is overall very good.

Barkis said the arguments from the pro-rent control side were emotionally driven while his side relied on facts and tangible evidence.

Braccio found the anti rent-control debaters disingenuous and dealing in misinformation, both sides emphasized the importance of having had the debate.

Allan Belton innaugurated as new president

By Raven Lirio

Copy Editor

While student protesters gathered outside of Olson Auditorium, inside large crowd of alumni, faculty and staff watched as the university medal was placed around the neck of Pacific Lutheran University's new president. On Oct 4, Allan Belton stepped up to the podium and gave the first speech in his new role.

This presidency came as a shock to both students and faculty when the decision was announced last spring. Belton initially came to PLU to serve as the Vice President of Finance Administration before being passed the role of Interim President in 2017 while a presidential search was conducted by the university.

By the end of the process, Belton was highly encouraged to take on the position officially by the Board of Regents, who were looking for alternative candidates after the conclusion of the presidential search.

"I really was not striving to get this job," Belton said. "I really, right up until the very end, was not thinking that there was any real possibility or that I would even be asked. I had a short time to consider if this was the right role for me or if I was the right person to be president. It was actually my wife who made me sit down and think about it."

Some alumni raised concerns about Belton's lack of a doctoral degree, which many university presidents had previously. Belton addressed this concern by turning his background into a strength.

"One of the things I've heard quite a bit is that most non-traditional

presidents at universities these days do tend to come with a finance background," Belton said. "It's really important for me to keep that skill but also shift away from being all about the numbers and more about the mission and strategy of the university."

Despite all the skepticism, Todd

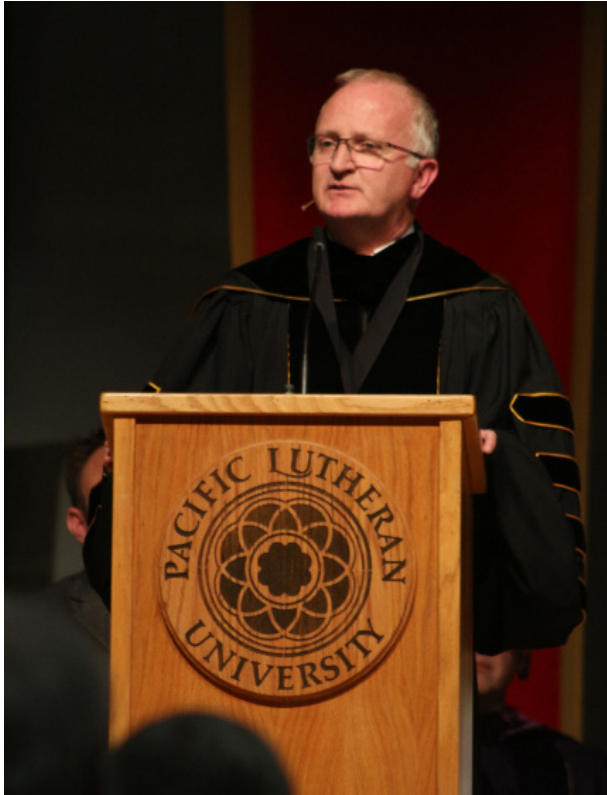


PHOTO BY RAVEN LIRIO

Belton delivers his speech at the inauguration.

Dizon, Vice President of the Associated Students of PLU, spoke in support of Belton's leadership abilities over the last few years.

"In terms of leadership ability, I think that he brings a lot of experience with his past to the table. But I'm interested to see how that necessarily plays in the context of PLU," Dizon said.

Overall, Belton expressed his eagerness for the future of PLU.

"I'm surprisingly excited," Belton said. "I think I really, over the last couple of years in many ways, found my calling. It's not what I anticipated doing but this is a really great place and, to be honest, I've fallen in love with it. So, I'm excited about the possibilities of where we're heading."

Since assuming his role, Belton has worked with the Long Range Planning Committee to complete the goals he set as interim president.

This plan includes receiving feedback from the campus in open forums to ensure the university is heading in a positive direction.

One of Belton's bold initiatives is to build on the strength of the current programs revolving around healthcare sciences, such as nursing, psychology, kinesiology, social work. He aims to make PLU the premiere health science university in the Northwest.

Belton would stated that he would like to improve other programs as well. "The main goal is to set ourselves apart and to keep the humanities programs a strength on campus," he said.

President Belton began offering own office hours for students to give him direct feedback and to discuss issues regarding the university.

"One things I've talked about is having a real open door policy, particularly with students. Some students don't hesitate to come talk to the president, but for the vast majority it's not something they really think about," Belton said.

Destructive break-in leaves Blomquist House in ruins

Cont. from cover

Christian Gerzso, professor of IHON, and Scott Rogers, professor of English and IHON, asked for an office together. They were moved into the former Mast office in the lower Anderson University Center (AUC).

Wilkin was moved to an office in Morken where she said the Mathematics and Natural Sciences faculty have been very welcoming and friendly to her. Both Wilkin and Gerzso credited the Humanities Department with handling the

transition process for their faculty and doing things that "are definitely not in their job description," as Wilkin put it, to make sure the dislocated faculty are comfortable, including sending gift baskets. Wilkin added that gifts and help were offered by other campus departments including the Diversity Center.

Wilkin and Gerzso hope the remodeled Blomquist House will be more secure. Wilkin added she'd like to see the house become more sustainable, on par with other buildings on campus such as Morken.



PHOTO COURTESY SUE LIDEN

The basement of Blomquist House as of Oct. 29.

Parasite: a modern classic from South Korea



Nolan James
Arts & Culture Editor

BY BARUNSON E&A CORP

Bong Joon-ho's superb masterpiece, *Parasite*, is easily the best film of the year, and contender for best film of the decade. Every aspect of the film works at the highest level and it stands as one of the most unique and enjoyable films ever made.

It has been a while since I have been this amazed by a film and it simply left me speechless. Had the rest of

the theater given it a standing ovation, I would gladly have joined. I was tempted regardless.

Parasite is riddled with cliches yet it knows exactly where to go with each one, constantly spiraling downwards into a twisted web of tragedy. Not one of the many tropes within this film leads to a predictable conclusion.

On the outskirts, its comedy is simple, yet it works effectively. The

comedy only furthers the effect the film has when it becomes serious. *Parasite* is dark, and there is a feeling of discomfort constantly lingering.

It only feels inevitable that the film would delve into tragedy though it goes much further than what could possibly be expected. The film is hilarious but it is certainly morbid and left me with unease.

Parasite's deep and profound visual symbolism is supported with cinematography that can only be described as gorgeous and awe-inspiring. This furthers the overarching themes which are truly where the film shines.

The class conflict portrayed in *Parasite* is relevant and subtle, and it works thanks to a genius script and rather objective perspective.

The film has no heroes, not a single truly and genuinely good person, and no pretenses of fixing the problem.

Parasite is a masterpiece and an important piece of art.

Halloween Horror Movies

Nolan James
Arts & Culture Editor

1. *The Last House on the Left* (1972) - A disturbing exploitation classic adapted from Ingmar Bergman's *The Virgin Spring* by directors Wes Craven, known for *A Nightmare on Elm Street*, and Sean S. Cunningham, known for *Friday the 13th*.

2. *Suspiria* (1977) - Perhaps the best-known Italian horror film, acclaimed horror director Dario Argento's 1977 masterpiece was re-made in 2018, but the original is the definitive version.

3. *Peeping Tom* (1959) - A disturbing look at voyeurism and murder a year before Alfred Hitchcock's classic *Psycho*, the film was initially panned but is now considered a masterpiece.

4. *Black Christmas*

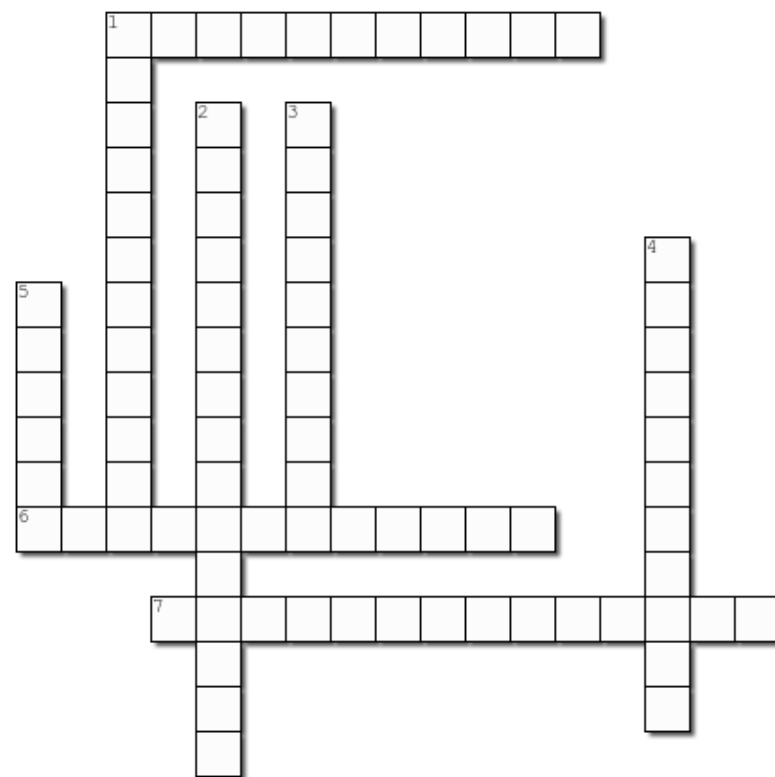
(1974) - 1978's *Halloween* by John Carpenter may be known to have spawned the slasher craze of the 80s, but this film precedes it by four years.

5. *Ring* (1998) - 2002's *The Ring*, an American remake of this Japanese classic, was a huge cultural landmark, though this film is the true horror masterpiece.



GRAPHIC BY PUBLIC DOMAIN FILES/NICUBUNU

Arts & Culture Trivia



CROSSWORD CREATED BY NOLAN JAMES

- | | |
|---|---|
| ACROSS | DOWN |
| 1. Next Marvel Cinematic Universe movie | 1. Most significant Academy Award |
| 6. Author of <i>It</i> and <i>The Shining</i> | 2. Lead actor of <i>Joker</i> |
| 7. Upcoming music series at PLU | 3. Director of <i>Nightmare on Elm Street</i> |
| | 4. Major award <i>Joker</i> received |
| | 5. Largest film festival |

Major achievements in 2019 film awards

Nolan James

Arts & Culture Editor

Film awards in 2019 have proven rather interesting, and some major developments have been made in regards to the history of award winners.

May's Cannes Film Festival awarded its highest award, the prestigious Palme d'Or, to Bong Joon-ho's *Parasite*; the South Korean film follows last year's winner *Shoplifters* from Japan, which is the first time in the history of the festival that two Asian films have received that distinction back-to-back.

This summer's Venice Film Festival awarded *Joker* with its highest honor. Winning the arguably equally respected Golden Lion is a major victory to comic book adaptations and mainstream cinema.

The Academy Awards have proven to be behind the times. February's show deemed *Green Book* Best Picture of 2018, when *Roma* was the obvious choice. *Roma* would have been the first



foreign-language picture to have received the Oscar.

Nonetheless, the major victories for Asian cinema at Cannes and mainstream cinema at Venice make up for the Academy's failings. Hopefully

BY CANNES FILM FESTIVAL

these achievements will be a trend in future award shows, and perhaps even the Academy Awards will follow in the footsteps of the others.

Joker: a flawed look into the mind of society



BY WARNER BROS

Nolan James

Arts & Culture Editor

Todd Phillips' *Joker* is the first truly serious and artistic comic book movie since 2017's *Logan*, but this film is not nearly as good, though it may be more important.

Perhaps I have just seen too

many movies, but *Joker* felt unoriginal and lackluster. It seems to have gone out of its way to prove that a film can be artistic and thematically complex, if rather transparent, and still pale in comparison to its more lighthearted and simplistic contemporaries.

Phillips took much inspiration from *Joker*'s producer, the master Martin Scorsese, and attempts to recreate what Scorsese achieved with his masterpiece *Taxi Driver*. However, Phillips clearly lacks the understanding of cinema Scorsese possesses.

There are two consistent things that the film does do well. The cinematography, which mostly replicates an independent arthouse style is a breath of fresh air in what seems to be a dying field.

The second achievement is the casting of lead actor Joaquin Phoenix, who plays Arthur Fleck AKA the Joker and is currently one of the best in the business.

His performance has received notable praise, and though it is excellent, it's certainly not the best portrayal of the titular character. Heath Ledger's legendary performance in *The Dark*

Knight greatly overshadows the impact of Phoenix's. Still, Phoenix's performance is solid.

One area in which the film does not deserve as much attention, is in how "shocking" and "disturbing" it is supposed to be. There are so many films that are much darker than this. Take almost any exploitation film from the 70s or 80s, like *Death Wish* or *The Last House on the Left*, and the controversy surrounding *Joker* seems ridiculous.

The film's impact is overall diminished by a plethora of films which simply did the same things better. *Joker* has a blatantly obvious and a poorly written plot. This film makes many leaps in logic, like how the Joker was not arrested long before the film's end. These problems do much harm to *Joker*'s quality so it's hard to call it a good film.

However, it is one even with its many flaws. Since the film is being very well-received by the audiences, it could very well lead to the mainstream taking a more artistic direction, which would be great. For that and for what the film accomplishes, *Joker* is an achievement.

The London chronicles: discovering cultural history

Gurjot Kang
Reporter

As I patiently waited in line to enter the British Museum, I couldn't help but wonder what new and exciting information lingered nearby in one of the fascinating global exhibits. There's so much life and story inside ancient artifacts and cultural mementos from the past.

Since I was a kid, the history of my people in context to the surrounding world has always intrigued me. My brother and I would spend late evenings discussing the involvement of Sikh Punjabi soldiers in both World Wars, the negative effects of the partition of India on the Punjabi community, or the lives lost during the 1984 Sikh massacre.

I was never satisfied with the brief, one-day glossed over history lessons on India taught throughout my

American K-12 education. The most information covered was "there was once a man named Gandhi who led a peaceful revolution against the British Empire that freed India—the end." That was all it took to gain independence.

This condensing of facts and time-lines left out important narratives and prevented my peers from learning about a history unfamiliar to their own. My classes did not feature any further discussion on post-independence India, the aftereffects of colonialism, or the bloody partition that took place after the British hurriedly split the subcontinent into India and Pakistan, causing one of the largest migrations in history. When I entered the museum's exhibition on cultural artifacts from India, I was surprised to find a small section dedicated toward Sikhism. It was in this corner that I spent nearly an hour taking photos and carefully reading all

the captions accompanying each relic.

This display opened up a world of Sikh history that I have yet to discover. The experience of learning about the Sikh empire from Sunday school at the Sikh gurdwara versus seeing the coins from the kingdom in person was quite startling.

For the first time, I was able to see objects and visuals from a history my ancestors were a part of and that I was proud of. There is something so refreshing about the positive representation of one's cultural history that everyone deserves to experience, especially first-generation Americans from immigrant families.

From the moment I left the museum, I knew that when my parents visited London in December, this little corner of the British Museum would be one of the first places I'd take them to visit.

Easy Halloween costumes for procrastinators

Kiyomi Kishaba
Opinion Editor

For me, the journey to finding the perfect Halloween costume often begins on October 1st, with funny yet sexy ideas blowing up the girls' group chat, and ends with me pawing a Hawaiian shirt and fanny-pack off my hipster friends and crying tourist on October 30th. To help you avoid the last minute scramble into an oversized, brightly-colored button down with palm trees, here is a brief list of helpful tips and tricks for hitting a Halloween costume home-run.



Take a gander in your closet and pull out the most out-there articles of clothing you own. I'm talking about that sparkly body-suit you bought for that one concert: boom, you're a sparkly alien with space buns. See how easy it is? When in doubt, you can always fall back on the trusty hippie look. Jeans with tie-dye, or a long skirt and crop top, unbrushed hair, and an aggressive amount of peace signs. Just take a sharpie and draw peace signs all over you body. People will get it.



Go on a squad trip to the nearest Goodwill or Thrift Center. We live in Parkland; there's going to be a lot of weird stuff in there. Wander over to the dress section, and I guarantee you there will be several black lacy dresses screaming sexy witch and at least one or two fit-n-flares ready for you to twirl your way back to the 60's. Hit up the random part of the store with weird hats and terrifying face masks; I'm sure you'll find a pirate hat or molding wig you'd be willing to swipe right on. It's almost Halloween, you have to settle at some point.



Life hack: if you're a big kid and don't go trick-or-treating, but are planning to attend a Halloween party the weekend after, go to a store the Friday after Halloween and buy a discount costume. You won't care if you're going as sexy ebola or an off-brand Dorothy if the get-up was 75% off, trust me. Double life hack: don't even buy a costume and spend all your money on discounted candy and chocolate. You're welcome.



As a single lady, I have years of experience observing the pros and cons of partner costumes. Top of the list: peanut butter and jelly. It's cute, it's relatable, and most importantly, it's edible. We are all here to eat obscene amounts of sugar; why not help everyone out by covering yourself in juxtaposing sweet and nutty goodness? But if you're going for more pop culture, you should try a classic Harry and Hedwig look. You really can't go wrong with Harry Potter, and we all saw the love between those two; you and your boo will be vibing in that striped Hogwarts tie and beak. (No, I haven't personally seen anyone wear these costumes, but there's a first for everything).



If I have yet to inspire you with my incredible costume advice, here's a couple easy fits you can throw together at the last minute. Wear all white: boom, you're an angel. All black? You're a goth, a witch, depression, whatever. Trying to be seasonal? Wear orange, and bam, you're a pumpkin. Ladies, we've all done it; take that old eyeliner, draw whiskers and suddenly you're starring in Cats. Whip out your best flanel, and suddenly you're a lumberjack, a cowboy, or a scarecrow if you didn't sleep the night before. I'm telling you, the possibilities are endless. Best of luck.

Students Protest Inauguration: a guest opinion

Deanna Hobbs & Gracie Anderson

Guest Writers

We, the students, are protesting the failed Presidential Search Process that blindsided the campus community with the decision of appointing Allan Belton as the new President.

We consider this a failed Presidential Search due to the Board of Regents' lack of transparency on the reasons for their final decision, the undervaluing of the time committee members spent bringing candidates to campus only to have the Board select a non-candidate, the lack of student power to vote in Presidential Search Processes, and, most importantly, the neglect of the search process by unfairly appointing Allan Belton without requiring the same procedural qualifications as other candidates.

There are many other concerns with the appointment of Allan Belton as the President, and this explanation does not completely encapsulate why students, staff, and faculty were hurt by this decision.

We are demonstrating and organizing throughout the rest of the school year to remind the Board of Regents and the PLU Administration that the campus community still feels resentful, hurt, and neglected by the results of the Presidential Search Process.

We invite students to join us, as well as faculty and staff, to ensure there will not be another failed search process and to codify the procedures for the future.

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Students stand in front of Olsen holding signs protesting the inauguration of President Belton.

PHOTOS BY HANNAH MONTGOMERY

Taking a look into the resurgence of Stephen King's writing

Kendan Bendt

Reporter

As Halloween nears, it is appropriate to discuss about trends in horror as part of the spooky season.

Recently, Stephen King had an upswing in popularity as media related to

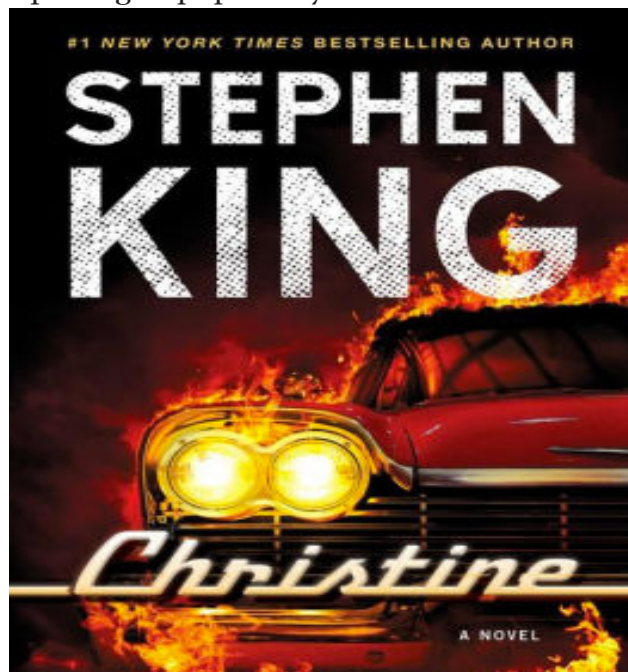


PHOTO COURTESY BARNES AND NOBLE

his work is pushed in media such as the *It* films, books like *The Outsider* and *Bazaar of Bad Dreams*, and TV shows like the upcoming adaptation of *The Stand*.

This is in part due to King's amazing body of work as he has published novels and short stories since 1974.

King continues to release fantastic work, with books *The Shining*, *It*, and *The Stand* being some of the greatest of their genres.

King's popularity is nothing new. However, it is interesting to consider why he has received an increase in attention recently.

Our culture's obsession with fatalistic humor causes society to appreciate King's work, as dark comedy can be found in many of his novels. Most characters die grisly and meaningless deaths.

The themes of his novels vary wildly between each individual work. This provides much for his readers to enjoy.

The Stand is a perfectly executed archetypal good versus evil struggle. The last traces of humanity join together to work against the personification of evil, ending in a beautiful symbolism.

One of King's novels, *Christine*, if

a bit silly in concept, explores the staying power of hatred in one's soul and environment through the active metaphor of the car *Christine*.

King's popularity results from our culture's interests in his thematic choices, as well as his talented writing.

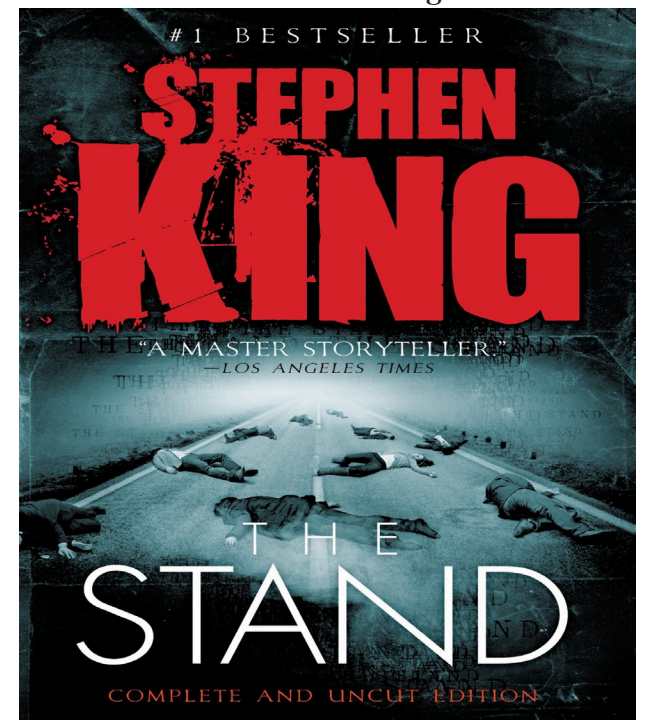


PHOTO COURTESY AMAZON

The Mast reviews restaurants on Garfield Street

Uni Teriyaki

Kiyomi Kishaba

Opinion Editor

Uni will never disappoint me. I have been an avid fan of this teriyaki restaurant since freshman year, and my love for it continues to burn strong. With an assortment of various meals including fried rice, teriyaki chicken, and kung pao for about \$10 each, it is the perfect joint for a Saturday evening dinner out with the squad. The best part is the large portions, providing enough food to eat your fill at the restaurant and take the rest home for the next day's lunch. Cheap price for an exuberant amount of delicious food that's not from the UC; a PLU student's dream.



PHOTO BY KIYOMI KISHABA

Chicken fried rice meal at Uni Teriyaki.

Zen Ramen and Sushi Burrito

Brennan LaBrie

News Editor

Zen Ramen and Sushi Burrito, sitting just a block away from campus, is a very popular establishment among PLU students, and for good reason. I decided to try their signature sushi burrito, which is a brilliant concept that is executed well. There are many types of sushi burritos to choose from, and each one comes packed with flavor and variety of ingredients, making the dipping sauces unnecessary. The price of the burritos, around \$10-12, is reasonable, especially considering how filling they are. I could only make it halfway through one burrito. The addition of cream cheese in each burrito is a controversial menu ingredient among students, but its popularity on Zen's menu must speak to its general popularity. The service is fast, even when the restaurant is swamped on weekend nights. 10/10 would recommend.



PHOTO BY ZEN

Sushi burrito at Zen featuring cream cheese, avocado, and spicy crab.

Reyna's Family Mexican Restaurant

Hayden Mortensen

Reporter

Reyna's restaurant on Garfield Street is affordable and cozy. The "Small Combinations" options on the menu are my go-to, but they are definitely not small. Ranging from 10-15 dollars, these combos offer an oversized plateful of tasty authentic cuisine. Photo: Enchilada and Taco combination, minus the taco since I was too eager to dig in.



PHOTO BY HAYDEN MORTENSEN

Enchilada and Taco meal at Reyna's Family Mexican.

Trapper's Sushi

Nolan James

Reporter

I've been disappointed by Trapper's in the past, but the restaurant here in Parkland is certainly an improvement on the one I had back home. Some of my criticisms remain: the rice is dry, the cucumber salad is bland, and the prices are often ridiculous. However, one roll in particular, the asparagus, was simply outstanding, the vegetable tempura was perfectly cooked, and, above all else, the customer service was excellent.



PHOTO BY TRAPPER'S SUSHI

Puyallup roll at Trapper's sushi.

Happy Teriyaki

Hannah Montgomery

Editor-in-Chief

Every Saturday I find myself sitting in the same seat eating delicious Pho. As a regular customer at Happy Teriyaki, the waiter always knows my order before I finish my sentence. Pho is one of my comfort foods and I look forward to eating on the corner of Garfield and Pacific Avenue each week. Large portions cost regular prices, which is great for a student on a budget.



PHOTO BY HANNAH MONTGOMERY

Pho meal at Happy Teriyaki.

Ashton Huppert: talented goalie takes on rivals

Nick Brundage
Reporter

The Women's soccer team have been off to a great start so far this season. They are currently unbeaten in the Northwest Conference with a record of 10-0.

One of the standout performers playing a massive role in the team's success so far this season is Junior goalkeeper Ashton Huppert. Huppert's statistics are very impressive with zero goals against in 540 minutes played.

"This season has been going really well. We have a really good team culture this year and we have been putting in a lot of hard work so it has been enjoyable seeing it pay off," Huppert said. "The team is really connected this year from seniors down to the freshman."

Last season Huppert didn't see much of the field but she has had no problem stepping up and filling the void of the goalkeeper position after last year's regular starter graduated.

"It has been a really awesome opportunity. I was nervous but excited to start contributing to the team. It has been nice to get rewarded for all the hard-work," Huppert said.



PHOTO COURTESY OF ASHTON HUPPERT

Huppert was named the Northwest Conference Women's Soccer Defensive Player of the Week in September.



PHOTO COURTESY OF ASHTON HUPPERT

Huppert has given up zero goals in 540 minutes played. The team is undefeated in conference, with an overall record of 14-1-1.

Huppert credits the back-line in front of her, "The defense this season has been absolutely amazing, I don't think I have ever seen such a good back-line. They have been super supportive helping me transition in as well which has been really helpful."

Last November the Lute's were disappointed missing out on the bid to go to the NCAA tournament after tying the conference with University of Puget Sound. This season the Lute's have aspirations of achieving more.

"A personal and team goal is to win the conference outright and make a run in the NCAA tournament. I just want to continue making the most of the minutes I do get by enjoying the moment and continuing to make an impact on the field."

The Lute's face Lewis and Clark College and Pacific University this weekend at home with hopes of continuing their unbeaten streak.

Zak Gregg: first-year makes mark on soccer team

Nick Brundage
Reporter

The Pacific Lutheran University Men's soccer team is in the running for their third-straight Northwest Conference title, sitting just one game behind Whitman. (7-1).

The Lutes (11-4-2 overall, 8-1-2 in the Northwest Conference), suffered their first conference loss of the season to Whitman on October 26 but they bounced back with a 2-1 victory over Whitworth the next day.

One of the most consistent and best performers so far is Freshman attacking midfielder Zak Gregg. Gregg is second in goals in conference with 12, and is only one goal behind the leader, his teammate Keeton Heggerness.

When asked why he chose PLU he said, "The coaching staff and team played a massive role in me coming to PLU. I have known coach John Yorke for a long time now and we have a great relationship that dates back to when he coached me at the club level at Washington Premier."

He noted athletics weren't the only factor in his decision to commit to PLU, "I knew this was the right place for

me as a student athlete especially since PLU has a very good Kinesiology program which I intend to major in."

One of the most impressive aspects of Gregg's high level performance week in week out is how natural he looks on the field. Many freshmen struggle with adapting to the increased physicality and intensity of playing at the collegiate level but Gregg plays like an experienced player already.

When speaking about the transition between high school and college athletics, Gregg feels that he is succeeding.

"I think I have been doing well adapting to how intense and physical playing at the college level is. It is hard because a lot of the guys playing are older and have more experience, but I have been working to get bigger, faster, and stronger so those things will be less of a factor when I'm playing."

Gregg credits the team's success so far this season to everyone enjoying playing together. Cont. on page 13

Men's basketball team travels to Australia to relax & compete



PHOTO COURTESY OF GRAYSON PEET

Head coach Chad Murray with his team on one of their many excursions off the court in Australia.

Kendan Bendt
Reporter

This past summer, head coach Chad Murray of the Pacific Lutheran University men's basketball team took 10 players along with him to Australia on a team trip.

Coach Murray said that "trips create a perfect environment for team bonding," and that it was all about sharing the experience of being in a foreign environment with one another.

Murray chose Australia because, in his own words, he wanted to take the team to "a destination that might not be on a person's reasonable travel destinations."

On the court, Murray highlighted

the differences between basketball at home and abroad, specifically the physicality. "A foul here isn't necessarily a foul there," and that the differences "[take] some adjustment," Murray said.

Additionally, certain rules are "different... in international basketball vs. the ones we use in the NCAA," which also required practice for the team to prepare for.

Off the court, Murray wanted his team to become closer as a unit. This would be a byproduct of the amount of time they spent together as they were "sort of forced into getting to know them on a deeper level."

Over the course of their trip, the team spent time snorkeling at the

Great Barrier Reef, visiting a nature reserve native Australian animals, climbing the Sydney Harbour Bridge, taking surf lessons at Manly Beach, and much more.

Murray, who has taken teams to Italy and the Dominican Republic, emphasized that these trips were about more than basketball, a sentiment that resonated with his players.

"When coach Murray first told us about our overseas trip, he told us that even though this was a basketball trip, the things we will remember most would be the memories and bonds we create with our teammates" said Junior Garyson Peet.

Peet was one of the 10 players that traveled, and was extremely grateful for the opportunity. "As a team, we were incredibly thankful that we were given this opportunity by the university," said Peet.

On the court, the team was successful, winning two out of three games, but they continued to win off the court as well. "It was an experience of a lifetime to be able to share this trip with my teammates," said Peet.

"Overall, this trip was monumental in the development of our culture in PLU Men's Basketball. As we enter this season, we are riding the momentum that we gained from this incredible opportunity."

The team starts their season Nov. 5 as they take on Seattle University in Seattle.

Zak Gregg: first-year makes mark on soccer team

Cont. from page 9

"We play very well on the field but we also have great team chemistry and camaraderie which helps us on the field a lot."

"My personal goals for the remainder of the season is to keep playing well and keep contributing to the team in whatever way I can, whether that is by scoring, assisting, or working hard on defense."

He describes the team's goals for the rest of the season, "To win the Northwest Conference and continue to try and get better every practice and every game."

Gregg looks a strong candidate for freshman of the year, which was claimed last season by fellow Lute and standout Defender Ryan Griffith, and potentially offensive player of the year if he continues to perform at the same level. Coach John Yorke has done an incredible job bringing in strong Freshman to continually strengthen his side.

The Lutes will finish their season with three road games, starting with Pacific University on Nov 1.



PHOTO BY JOHN FROSCHAUER

Gregg has the second most goals in the Northwest Conference with 12. The team is 11-4-2 overall and 8-1-2 in conference.

Cont. from cover

Football Team

McAdams believes this could make PLU the youngest team in the conference.

"I know there are smaller rosters than us, but I don't know if there are any younger teams by percentage; over half of our team is first-years," McAdams said.

This quantity of players is "a roster size that gives us the ability to have enough depth and talent to compete for a conference championship, but not so big that we can't know each other," McAdams said. "We don't get to build those player-to-player and coach-to-player relationships."

In addition, McAdams added a team this large allows him to break up his players into more groups and therefore use practice time more efficiently. His goal is to finish practice within two hours and his players back to their schoolwork.

The 112 players, now 108 due to injury, make up a varsity squad that travels to all games. It is only divided into a travel team for one away game per year.

First-year defensive tackle Mykah Tuiolomotu from Mililani, Hawaii, said he enjoys such a large group of first-years around him to experience the many firsts of college football and college life in general. He expressed his excitement to see how the players are molded over the next four years.

While the first-year class might be a bit too big to have class dinners together in the UC, Tuiolomotu said first-years spend a lot of time together in the Tinglestad dorm.

Here, they dominate some wings in number. Most nights they can be found cook-



PHOTO BY ISAIAH SHIM

ing and hanging out in lobbies or cramming into dorm rooms for movie nights.

McAdams said the upperclassmen on the team embrace the challenge of mentoring such a large group of underclassmen.

He enjoys seeing how older players engage those who seem to be "disconnecting" or "slipping away," especially those feeling homesick towards the end of Fall.

In a meeting for returning players this past Spring, McAdams reminded them of the increasing competition that lied ahead of them this season, and how they should embrace it.

"When you come into a competition with the right mindset, it elevates the people around you," he said.

McAdams believes that the addition of so much new talent has done exactly what he hoped it would.

"I think this big first-year class has been a shot of adrenaline to the program and has helped raise the bar for something that PLU football has hung its hat on for a long

time in regards to effort and enthusiasm," McAdams said.

First-year tight-end Luke Bobin credits the older players for the success of the first-year players so far this year.

"Upperclassmen have really welcomed us like brothers," he said. They've "done a really good job about making sure we feel welcome and we feel like we're at the right place. They don't pull us down or anything."

"They pull us up," Tuiolomotu added. While McAdams said he and his team are focusing on "being the best we can be this year," the first-year players can't help but be excited about their potential over the next four years.

"Over the next four years you're going to see this class probably be the best in the conference, just because we have so many people who are really, really talented," said Bobin, who caught his first touchdown pass during the October 26 loss to the top-ranked Linfield.

Men's basketball team welcomes new member

Hayden Mortensen
Reporter

On October 3rd, the PLU men's basketball team anxiously anticipated the arrival of their newest recruit. A press conference was gathered there with them in the newly refurbished athlete lounge of the Columbia Center. Then it happened.

Zachery Heckinger rolled in happily and humbly to his very own Draft Day. He took his place on the panel with Head Coach Chad Murray and players Trey Garey, Dylan McConnell, and Jordan Thomas. There, he signed his commitment and became a new addition to the squad.

Zachery, a 6th grader from Kent, WA, has spina bifida, a defect in the spinal cord that affects mobility. But that doesn't stop him from moving to new heights. As a member of the men's basketball team through Team IMPACT, Zachery will attend practices, games, and even team bonding events. He will

be an important member of the squad. Murray commented, "This really goes with our philosophy of building deep, strong relationships...This is a great opportunity to do just that with [Zachery]."

Team IMPACT is a Boston based non-profit that connects children facing serious or chronic illnesses with college athletic teams. The top recruits become official members of their respective sports. PLU has signed 3 Team IMPACT recruits since 2018: Garrett Brown (Baseball), Jeremiah Baysinger (Football), and now Zachery.

Zachery's personality and skills in wheelchair basketball caught the eye of Coach Murray, making him PLU's top choice this fall. Certainly all eyes are on Zachery now too.

Zachery is a man of few words, but big presence. He said he feels good being with the team and looks forward to being at practices and games. The gathering ended as the team welcomed

Zachery aboard by including him in their traditional cheer "1, 2, 3, TOGETHER!"



PHOTO HAYDEN MORTENSEN

Zachery Heckinger and his family posing with Head Coach Chad Murray and the school's mascot, Lancelute. Heckinger signed with the team this past month

Checking in with this season's teams in Luteville

Football: (1-5, 0-4 NWC) The football team is in the top 10 in the country in red zone efficiency, going 12 for 13, scoring seven touchdowns and five field goals. Their next game is on Nov. 2 as the team travels to Whitworth to take on the 4-2 Pirates.

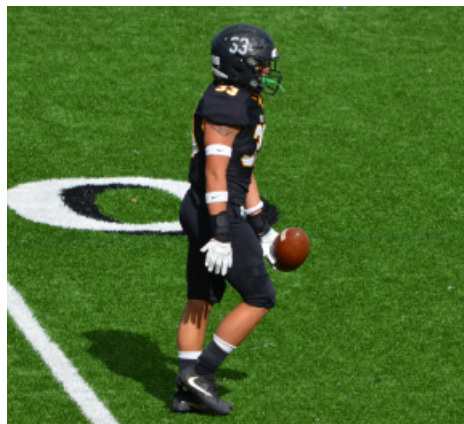


PHOTO BY ISAIAH SHIM
Junior Chase Rhineland

Men's XC: Two top three finishes so far, and placed three in the top 11 at their home invitational on Sept. 21. Their next meet is the Northwest Conference Championships on Nov. 2.

Women's XC: Sophomore Sarah Paquet leads the team as she has three top-10 finishes this season. Their next meet is the Northwest Conference Championships, which will be held in Lakewood, Wash. this year on Nov. 2.

Men's Swimming: A win in the 300-yard medley was a highlight for the team at the UPS at the Logger relays. They will look to build on that when they compete against Willamette University on Nov. 1.

Men's Golf: Junior Jared Beals has started his season strong, finishing top 3 in both of those invitationals. The team overall had two top ten finishes in their fall season and will start back up in March, competing in the West Cup.

Women's Golf: The team finished first in their home invitational and third at the Northwest Conference Fall Classic. They finished their fall season at the Whitman Confluence Classic and will start back up in the spring to compete against Lewis-Clark State College on March 15.



PHOTO COURTESY OF GOLUTES
Senior Sami Briney

Women's Rowing: The Lutes came into the season ranked tenth in the nation, with their Varsity 8 boat finishing third at the Puget Sound Autumn Invitational. Their next regatta will be at the University of Washington as they will compete in the Head of the Lake regatta on Nov. 3.



PHOTO BY MCKENNA MORIN

Women's Swimming: The women finished third in the 200-Yard Medley Race at the Logger Relays. Their next two meets are against Willamette on Nov. 1 and Lewis and Clark on Nov. 2.

Women's Tennis: The tennis team finished their fall season strong with a solid showing at the Intercollegiate Tennis Association Northwest Regional. They start back up on Feb. 8 and will head to Puget Sound to take on the Loggers.

Women's Basketball (18'-19': 14-10, 7-9 NWC): With seven out of ten players of the current roster being upperclassmen, this team will rely heavily on experience and leadership as they look to start the season strong against Warner Pacific (Ore.) on Nov. 8.

Men's Basketball (18'-19': 8-16, 5-11 NWC): The majority of the team are underclassmen and will look to the leadership of the older guys early in the season. They start their regular season with a trip to Seattle University on Nov. 5 and then head to Santa Cruz for a two-day tournament on Nov. 8 and Nov. 9.



PHOTO BY MCKENNA MORIN
Sophomore Jordan Thomas

Northwest Conference athletes of the week

Volleyball Offense:

Danielle Skibiell, 9-3-19
Danielle Skibiell, 9-9-19

Volleyball Defense:

Halle Hetzler, 9-9-19
Halle Hetzler, 9-30-19

Women's Soccer Offense:

Meghan Michels, 9-23-19
Meghan Michels, 9-30-19
Leah Magee, 10-14-19

Women's Soccer Defense:

Ashton Huppert, 9-9-19
Brianna Hunting, 9-23-19
Emma Hunter, 9-30-19
Brianna Hunting, 10-7-19
Brianna Hunting, 10-28-19

Men's Soccer Offense:

Keeton Heggerness, 9-23-19
Zak Gregg, 9-30-19

Men's Soccer Defense:

Ryan Griffith, 9-23-19

November home events

Nov. 1

Volleyball vs Lewis and Clark, 7 p.m.

Nov. 2

Cross Country Conference Championships, Lakewood, WA
Women's Soccer vs George Fox, 12 p.m.
Volleyball vs Pacific, 6 p.m.

Nov. 3

Women's Soccer vs Willamette, 12 p.m.

Nov. 6

Women's Soccer vs Puget Sound, 4 p.m.
Volleyball vs Puget Sound, 7 p.m.

Nov. 9

Football vs Pacific, 1 p.m.