

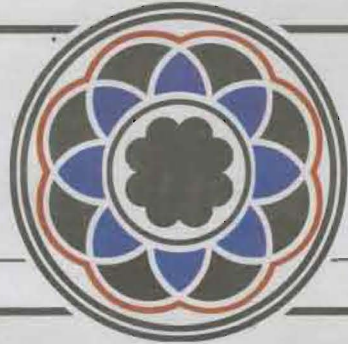
SPORTS

Baseball team drops to second-ranked Linfield
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ACE

Vpstart Crow presents:
"All in the Timing"
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THE MOORING MAST

PACIFIC LUTHERAN UNIVERSITY

APRIL 12, 2013

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VOLUME 89 NO. 17

COMMONS ON FIRE BRINGS HOME 'DA BACON'



PHOTOS BY BEAU SMITH



ABOVE: Master Chef Ken Arnone gives the contestants of Commons on Fire a brief breakdown before the competition begins. Arnone worked with Dining Services' chefs Sunday, Monday and Tuesday to teach them new recipes and cooking techniques. BELOW: Team Burning Sensation's entree. RIGHT: Tony McGinnis, member of last year's winning team Burning Sensation, preps food.

By **STEPHANIE BECKMAN**
News Writer

the dining commons into a kitchen stadium that any iron chef would have been proud to enter on Sunday.

Three teams composed of PLU chefs, staff and students faced off to combine 12 mystery

ingredients that included truffle popcorn, hot chilies, halibut, pork and lamb into a starter and entree to seduce the judges' taste buds.

At the end of the night, the judges decreed that Da Sizzlin' Baconadors led by Laura Castano,

the commons floor supervisor, had tamed the wood fires of Aglio and earned bragging rights for the year.

Anthony McGinnis, line cook, led last-year's winners, Burning Sensation, to second-place while

The Compostables, led by another line cook, Rebecca Rotchstein, came in third.

To promote teamwork among

COMMONS
CONTINUED PAGE 2

For two hours, Pacific Lutheran University transformed

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Beat poet encourages audience to "Man up"
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Junior sprinter, hurdler overcoming knee injuries
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Columnist challenges Disney director to top original Star Wars trilogy
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Tunnel of Oppression raises awareness about issues close to home

By **VALERY JØRGENSEN**
Guest Writer

Students weaved through the Anderson University Center Chris Knutzen Room last Friday to participate in the Tunnel of Oppression.

"Wow" was all sophomore Tianna Wamba could say upon exiting the tunnel.

Subjects in the Tunnel of Oppression were not intended to be light and fun, but rather shocking and heartbreaking.

"I was unaware of a majority of the issues presented, but they are happening all around us, so I think it is good to be informed," Wamba said.

Tunnel of Oppression is a walk-through of scenes covering oppression from around the world. Tunnel of Oppression

had a planning committee, but students outside of the committee also do a large part of the work.

"The planning committee are really a container for all of the student organizations and student participants and docents that participate in the tunnel," Nicole Juliano, programs coordinator of the Diversity Center and Tunnel of Oppression planning committee member, said.

Students from classes, organizations and different programs around campus volunteered to be a part of Tunnel of Oppression.

Some students worked to create scenes on topics of interest and acted out their scenes. Others volunteered to be student docents and walk groups through the tunnel on Friday.

"Docents in Tunnel of

Oppression lead the way through the tunnel and explain a little bit about what each scene is about," sophomore Amanda Brasgalla, said. "We are also helpers in case [students] feel overwhelmed with feelings."








Juliano said about 40 students worked as docents this year.

"These are issues that I think a lot of people are unaware of," Brasgalla said. Tunnel of Oppression "opens their eyes. I went last year, and I really enjoyed it, so I wanted to help do that for the rest of my community," Brasgalla said that is why she volunteered.

"I am just always impressed with how PLU students engage with challenges around social

OPPRESSION
CONTINUED PAGE 3

WEATHER FORECAST

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
						
51 40	48 36	51 35	54 37	55 40	52 35	56 42

FORECAST COURTESY OF WEATHER.COM



COMMONS FROM PAGE 1

the chefs, the point totals for each team are not released, but the judges came to a clear decision, Director of Dining and Culinary Services Erin McGinnis said.

Erin McGinnis was the one to select the ingredients for the competition and had clear criteria. She said she looked for "the freshest and the best as far as the proteins went" and said, "you want [ingredients] to be as versatile as possible."

The chefs also trained with Master Chef Ken Arnone, who is from the Culinary Institute of America, to work on techniques

which will keep them from becoming restricted.

"We respect the food and this is not just about pumping out food en masse," Erin McGinnis said.

Arnone said his experiences as a master chef have shown him every facet of the culinary industry. According to his website, <http://www.chefarnone.com>, Arnone is now one of 61 certified master chefs in the nation.

Arnone was both a student and professor at the Culinary Institute of America. He said for him, the roles of teacher and chef intersect.

"As chefs we teach," Arnone said. "That must be or should be your role."

Arnone led in both of these roles during culinary week, working with the chefs to help overcome potential challenges, as well as giving direction and guidance.

Arnone challenged chefs to break down and prepare whole goats and rabbits. The goal of these exercises is to integrate more local, fresh and sustainable ingredients into the menu.

One of the new recipes Dining Services' employees are going to try to implement after this culinary week is a risotto recipe they were unable to serve



PHOTO BY BEAUSMITH

Senior Kim Stone and junior Tess Raley prep food during Commons on Fire on Sunday. Stone and Raley were on the team Burning Sensation, last year's winner and this year's runner-up.

"This is not just about pumping out food en masse."

Erin McGinnis
director of Dining and Culinary Services

successfully in the past.

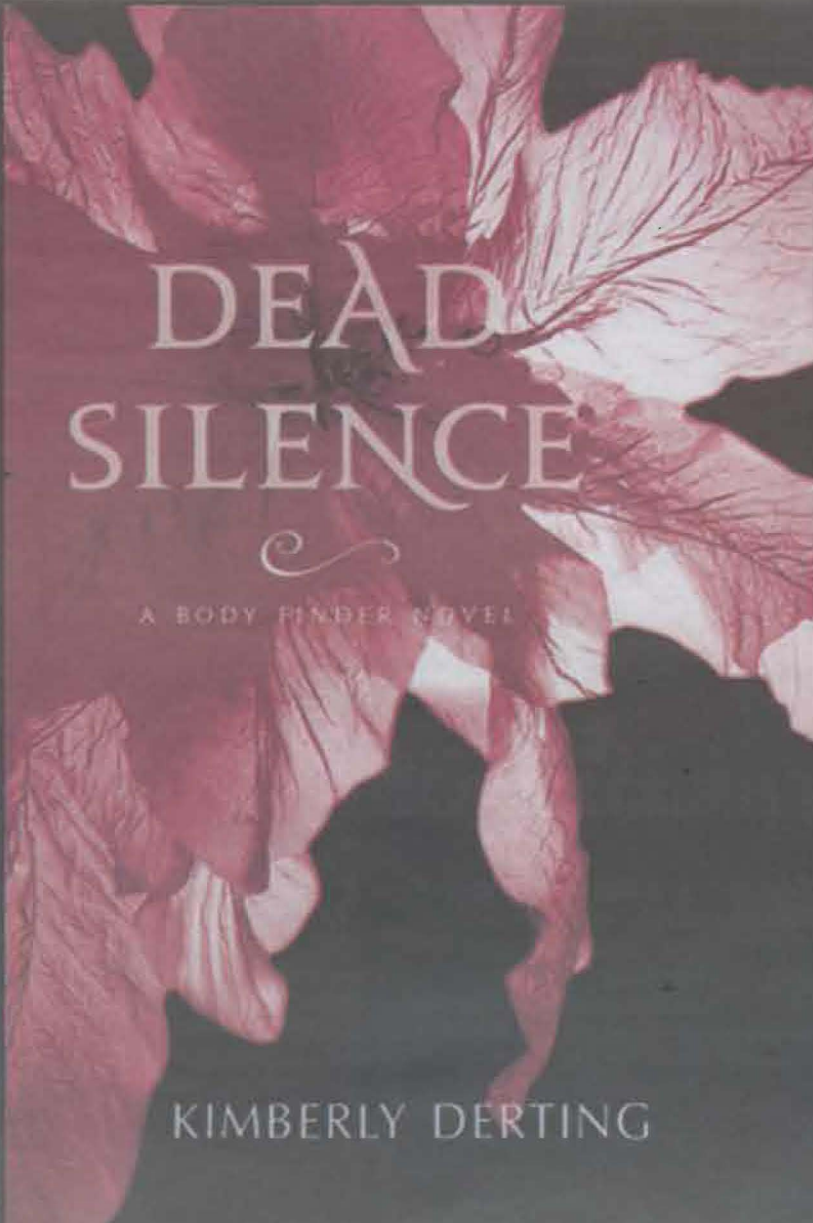
Although the fire has been quenched in the Commons, the chefs were able to show off their skills at the free lunch event on Wednesday, which occurred during the Commons lunch hours.

Dining Services also held instructional sessions throughout this week including a session on fresh pasta, the Pike Place Fish Guys, Worcestershire sauce, spaghetti di zucca and gelato.

The final event, The Art of Competition, will begin at 10:30

a.m. today in the Anderson University Center room 133.

For more information, visit www.plu.edu/diningandculinary/Culinary-Adventure-Series.home.php



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Love at first Skype: Long-distance dating in a high-tech world

By **KELLEN WESTERING**
Guest Writer

In today's world, a lot of dating is done through the use of technology. For many, Skype, Facebook, texting, emails and websites are how they first meet someone. For others, these technologies help keep their relationships going.

Everyone has different experiences maintaining a relationship online.

Senior Ian McMichael met his fiancée through mutual friends over Skype. "Using Skype has been great for us," McMichael said. "It was a very relaxed and no-pressure way to get to know each other. We both went into the situation with the attitude of whatever happens, happens."

When asked how often he communicates with his fiancée,

McMichael said "at first we went through a honeymoon phase where we talked and Skyped every day ... now, we talk frequently over the phone and Skype just once a week."

Another senior at Pacific Lutheran, Samantha Wofford-Hall, met her boyfriend while studying abroad in Germany. Now she uses technology to keep her relationship going. Wofford-Hall Facebooks with her boyfriend every day and Skypes him every Wednesday and Sunday.

Wofford-Hall said being in a long-distance relationship is worth it "but you have to be able to trust each other." Her boyfriend is planning to make the trip from Germany to visit Wofford-Hall this coming September.

McMichael and Wofford-Hall have both had the opportunity

to meet their significant other in person. However, it is possible to have an online relationship with someone you've never met.

Sophomore Reland Tuomi met her boyfriend on Reddit. He lives in England, and she said they hope to meet someday, but until then they communicate online.

When asked if she ever thought she would meet a significant other online, Tuomi said, "not at all. Every time I saw one of those EHarmony commercials, I scoffed at them."

The first time she Skyped her boyfriend, Tuomi said, "it was awkward, and I was nervous — like being on a first date."

For these three PLU students, technology has had a huge impact on their relationships. Each said they are happy and looking forward to the future ... so maybe there is love at first Skype.

What to do at PLU

Ongoing

Passport weekend. Admitted students have the chance to meet other admitted students and experience life as a Lute. 5 p.m. Saturday-3 p.m. Sunday

Friday

Steubenville: The Public Firestorm. A panel discussion about the recent Steubenville Rape case. Panelists include Professor Kate Luther, Mercy Daramola and Jonathan Grove. AUC 133. 4 p.m.

"Oma and Bella" German film screening. Ingram 100. 5-7:30 p.m.

Orchestra series: Kammermusikere. Free admission. Lagerquist Concert Hall. 8-9:30 p.m.

Saturday

Spring Formal. Costs \$25 for admission and \$5 to take the shuttle. Experience Music Project: Level 3. 9 p.m.

Sunday

Harp and flute ensemble concert. Free admission. Lagerquist Concert Hall, 3-4:30 p.m.

OPPRESSION FROM PAGE 1

justice," Juliano said.

Tunnel of Oppression "did not disappoint," first-year attendee Sonja Schaefer said. "I thought it was informative and really well put together."

Scenes portrayed topics ranging from sexual assault in the military and Pacific Lutheran off-campus parties to terms such as Parkland Youth (PY).

Oppression of movement, female beauty around the world, gender-neutral housing, deportation and others also featured. With such a wide variety of topics, students were able to learn about many different types of oppression.

Isamar Henriquez, a diversity advocate, worked as a docent and contributed to the deportation scene. Some of the scenes in Tunnel of Oppression "imply the aftermath of what [oppression] happened, and I think not a lot of people focus on it. I think that is one of the biggest benefits of tunnel," Henriquez said.

The deportation scene was composed of two sections. In the first room, an Immigration and Customs Enforcement (ICE) official comes up and asks to see two people's identification and one of them does not have it on them. As a result, the ICE officer arrests and presumably deports the individual.

The second room focused on the aftermath of deportation when you hear the deported people speak about why they were deported and what makes

them American.

Scenes ranged from passive with audio playing, to interactive with cards and acted-out scenes.

The scene focusing on Gender-Neutral Housing had a booth where attendees would get an identification card and walk up to apply for housing. This showed how the housing process may be different based on the identification on your card and the oppression some students may feel.

One scene that stood out to Wamba was on sex trafficking. The scene has statistics posted on the walls. One statistic stated Seattle has the third most child prostitutes in the nation. It also stated that safe and secure housing for youth affiliated with pimps and gangs is not available in Seattle or the state of Washington.

"I never knew that Seattle had this problem. It is scary to know. I want there to be help for the youth involved in sex trafficking," Wamba said.

At the end of the tunnel was a graffiti wall where attendees could write their responses to what they had just experienced. Some would write just one word while others wrote more.

Following the tunnel, organizers encouraged students to attend a debriefing session with a facilitator, which covered why each student came and what stood out to each student. Facilitators also answered questions and told students what they could do with this new information.

"It was a great experience," Henriquez said.

"There are issues that I think a lot of people are unaware of."

Amanda Brasgalla
sophomore

National history honor society inducts new members

By **TAYLOR LUNKA**
News Writer

Pacific Lutheran University installed the first chapter of Phi Alpha Theta National History Honor Society on April 3.

The first PLU chapter, Alpha-Omicron-Epsilon, inducted 23 PLU students into the national Phi Alpha Theta society.

In 1921, Professor Nels Cleven from the University of Arkansas founded Phi Alpha Theta as a national honor society for history undergraduates, graduates and faculty. According to the Phi Alpha Theta website, the society now has more than 350,000 members.

Members don't have to be history majors or minors, but can be inducted into the honor society if they have taken at least 12 credits of history and have a cumulative GPA of 3.1 in those classes.

Gina Hames, professor and chair of the history department, took on the role of going through the application process for PLU in fall, 2011.

The application for a university to be accepted by Phi Alpha Theta consists of three main steps. The school must submit: a petition for acceptance, which 25 students and faculty in the department had to sign, coursework information about the history department and information from the PLU library on how many historical journals are available to students.

After submitting the application, PLU was accepted as a new chapter in the society during October 2012.

"It's a prestigious organization, and for the history department it means the students are now part of a national organization," Hames said. "The students can try for something bigger, and I think it moves us forward as a university."

Hames also said she took so much time to apply to this national honor society because she wants to have these opportunities available to students.

Students in the society have the chance to go to regional and national conferences to present their work, have access to a variety of history work done by scholars in the society and can even earn

scholarships.

"It'll bring much more excitement to the majors, because they are being involved in something much bigger," Hames said.

Once students' applications are accepted and their GPA is checked by the registrar, students have to pay a one-time \$40 fee.

The ceremony was comprised of two parts: the installation of a new chapter and the initiation of the students into the society.

The induction ceremony included words from the president of Phi Alpha Theta, Robert Carriker, and PLU President Thomas Krise.

Six PLU charter members also read about the six historical stages: the Prehistoric, Ancient, Medieval, Early Modern, Contemporary and Future ages.

Then Carriker asked the inductees to affirm by voice vote that they would uphold the obligations of the society.

After all 23 students agreed, Hames read out student names. Carriker, Krise and Jennifer Cavalli, a visiting assistant professor of history, gave each student a certificate, cords and a single red rose when they came on stage one by one.

Justin Eley, a senior and history major at PLU, was one of the students inducted into the society.

"It is a great privilege," Eley said. "It is an honor to be a part of the birth of something new to PLU." Eley also said he looks forward to coming back to PLU as an alum and being able to discuss his views of history with future members after he has gained more life experience.

Senior and history major Rachel Mason is a charter member of the Alpha-Omicron Epsilon chapter.

Charter members have helped Hames with the foundation of Phi Alpha Theta chapter at PLU.

"We have a great impetus to start this society with proper foundations so that future generations will have a structure on which to build. I am enthusiastic about the future of Phi Alpha Theta [at PLU]," Mason said.

Mason said she wants to give "prodigious thanks" to Hames for beginning this chapter of Phi Alpha Theta.

Once students are members of the society, they will be part of this chapter and society forever.

"It'll bring much more excitement to the majors, because they are being involved in something much bigger."

Gina Hames
chair of the history department

Adjuncts and Contingents Together
For a Quality Education

Dear Colleague,

Pacific Lutheran University relies on a large group of highly trained contingent faculty like us, who make up almost half of PLU's total faculty. We come with a variety of titles: Lecturers, Senior Lecturers, Instructors, Clinical Faculty, Visiting Faculty, and Resident Faculty. Some of us are part-time, some of us are full-time, but we are all "contingent." That means our tenuous employment relies on the changing needs of the university from year to year, and we are paid a fraction of what full-time faculty earn.

These difficult conditions were highlighted by an AAUP survey of contingent faculty that was conducted two years ago. Since then, tenured and contingent faculty, faculty leaders and administrators have been working to make improvements. Those improvements have been symbolically significant, for instance offering incremental raises in some units and addressing the absence of teaching space for some faculty. But they have been small and glacially slow in coming.

In addition to continuing our efforts internally with PLU administrators and faculty, we have also begun discussions with the Service Employees International Union (SEIU), one of the largest unions of contingent faculty in the country. The goal of SEIU's Coalition of Academic Labor is to unite contingent professors to systematically raise our standards of employment and to restore the central importance of teaching and teachers to our institutions (<http://www.cal925.org>).

We have been impressed by the gains made by contingent faculty at other private universities through unionization, including American University and George Washington University. Forming a union with SEIU has allowed them to achieve pay increases, improved job security, better processes for teaching assignments, fair and transparent evaluations, access to more benefits, and a platform to allow their voices to be heard.

We are not abandoning the internal process we have pursued with the administration. We believe that we can continue a two-track approach, both in-house and through SEIU, and do not find these efforts to be mutually exclusive in the least. On the contrary, contingent professors who have organized at other universities enjoy a productive, collaborative relationship with the administration at their schools.

We are supported in our efforts by PLU's remarkable Mission Statement: *to educate students for lives of thoughtful inquiry, service, leadership and care – for other people, for their communities and for the earth.* How can we model that mission for students when fully one-half of our own faculty is not being cared for? We believe that unionization allows us to be visible models of our own Mission Statement for our students.

This semester you may be approached by a colleague or an SEIU organizer. We urge you to join us in our movement to gain a voice for contingent faculty here at PLU and across the nation.

With best wishes,

Sheila Bristow, Affiliate Artist, Music, 2009-present
 LeeAnne Campos, Senior Lecturer, Music 1992-present
 Mary Ann Carr, Clinical Assistant Professor, Nursing, 1997-present
 Erin Chung, Lecturer, Music, 2003-present
 Kimberly Crites, Lecturer, Communication and Theatre, 2013
 Denise Daverso, Lecturer, Music, 2005-present
 Michelle Dolan, Visiting Instructor, Physics, 2012-present
 Julie Duggan, Lecturer, Movement Studies and Wellness Education, 2006-present
 Melissa Franke, Visiting Assistant Professor, Communication and Theatre, 2006-present
 Glenn Guhr, Lecturer, Music, 2011-present
 Jane Harty, Senior Lecturer, Music, 1978-present
 Joseph Hickey-Tierman, Visiting Lecturer, Religion, 2006-present
 Barry Johnson, Senior Lecturer, Music, 1989-present
 Doreen Marchionni, Visiting Assistant Professor, Communication and Theater, 2010-present
 Michael Ng, Lecturer, Languages and Literature, 2011-present
 Barbara Olson, Clinical Instructor, Nursing, 2004-present
 Melissa Plagemann, Lecturer, Music, 2007-present
 Clifford Rowe, Professor of Communication, Communication and Theatre, 1980-present
 Dana Rush, Lecturer, Physics, 1993-present
 Jane M. Ryan, Clinical Assistant Professor, Marriage and Family Therapy, 2010-present
 Enrique B. Salas-Durazo, Visiting Assistant Professor, Languages and Literature, 2012-present
 Amanda Taylor, Visiting Assistant Professor, Anthropology, 2013-present
 Guillermina Walas-Mateo, Visiting Associate Professor, Languages and Literature, 2012-present
 Cynthia Wolfer, Clinical Instructor, Nursing, 2000-present

Carlos Andres Gomez tells Lutes to 'Man up'

Beat poet speaks on life, social issues and inequality

By **RACHEL DIEBEL**
A&E Writer

Slam poetry performer Carlos Andres Gomez pumped up his Pacific Lutheran University audience on April 2.

He began the night with a declaration — “give it up for the first Tuesday night of the rest of your lives” — and kept his level of energy up the entire evening.

Gomez was at PLU as part of his “Provoke Freedom” college tour promoting his book,

“Man Up: Cracking the Code of Modern Manhood.”

The book is semi-autobiographical, telling stories from his childhood and musings on the state of “being a man” in modern society.

He told the audience to “wear a seatbelt and a helmet” when they read his book, because the material is extremely heavy and sometimes very sad.

“I always felt like what everyone told me to be was diametrically opposite from

who I was,” Gomez said. “In high school, I made it my life’s mission to erase everything I was and become what I was told I should be.”

Gomez went on to tell stories about his own personal journey to manhood, ranging from second grade soccer games to near fights in bars.

Interspersed with the stories, Gomez performed some of the slam poetry that made him famous as a star on HBO’s “Def Poetry,” a completed HBO series featuring up-and-coming slam poets and hip hop artists.

Gomez’s poetry also spanned a range of topics.

His first poem, “Pet Peeve,” bemoaned the fact that being angry is all that moves us anymore.

“When did dreams become so uncool?” Gomez asked.

Later the topic turned to social inequalities, with poems about gay rights, genocide and racism.

Gomez performed poems about the reactions he got to merely holding his best male friend’s hand for a day, and the vulgar comments of a taxi cab driver about his black girlfriend.

The tone of the poems was more contemplative than negative, however.

Gomez reflected on the fact that he was “forgetting to speak without his fists,” and that he is not perfect either. “How many disgusting things have I said without recourse?” Gomez said.

“As a women’s and gender studies minor, he talked about things that are really

“Seeing the way he channeled his passion was inspiring.”

Jennie Greb
Senior

important to me,” sophomore Allie Reynolds said. “Equality matters. Everyone should be treated equally, regardless of who they are.”

Gomez ended the evening inviting PLU students to ask him questions they may have about anything, with the hashtag “PLUbeautiful.”

“Why am I asking you to use that hashtag?” Gomez asked. “Because we’re beautiful,” chanted the audience. “Damn right you are,” Gomez said.

“I think he addressed a lot of issues we don’t often talk about,” senior Jennie Greb said. “Seeing the way he channeled his passion was inspiring. We all have things we’re passionate about. I hope from this experience we can discover our own way of expressing our passion.”

Gomez can be reached via his Facebook page, twitter handle @CarlosAGLive or on his webpage carloslive.com.



PHOTO BY EVAN HARINGER

Carlos Andres Gomez visited Pacific Lutheran University on April 2. The inspirational speaker and beat poet became famous through HBO’s show “Def Poetry.” He was on tour promoting his book “Man Up: Cracking the Code of Modern Manhood.”

Junior and Senior recital schedule

Erin White Senior BM Recital
April 13, 12 p.m. - 1 p.m.

Julie DeCamp Non-Degree Recital
April 13, 3 p.m. - 4 p.m.

Miranda Matson-Jewett Jr. BM Recital
April 13, 5:30 p.m. - 6:30 p.m.

Arthur Sagami Sr. BM Recital
April 13, 8 p.m. - 9 p.m.

Geoffrey Smith BME Recital
April 14, 5:30 p.m. - 6:30 p.m.

Kimberly Stone BME Recital
April 18, 8 p.m. - 8 p.m.

Megan McCormick Non-Degree Recital
April 19, 8 p.m. - 9 p.m.

Mary Ardington BME Recital
April 20, 8 p.m. - 9 p.m.

Kaichi Hirayama Non-Degree recital
April 27, 5:30 p.m. - 6:30 p.m.

Emily McFaul Jr. BM Recital
April 27, 8 p.m. - 9 p.m.

For the full schedule, visit the School of Arts and Communication website

Four unusual apps college students should try

They'll make you laugh, think and maybe even get work done

By **KELSEY HILMES**
A&E Editor

There is more to a smartphone lifestyle than Instagram and “Temple Run 2.” With access to hundreds of thousands, possibly even millions of apps on your phone, there really isn’t anything a college student armed with a really tiny computer or really expensive phone can’t do.

If you’re feeling tired of the same old apps, here is a list to help you shake up your smartphone routine.

 **CARROT**
Available on the App Store
Cost: \$.99 cents

This is not your typical to-do list app. CARROT is an app with a personality all of its own.

Each time you check an item off of your to-do list, you win points, and as your points add up, you reach new levels.

At each level, the app gives you a prize.

One time it — or he, I should say, since he’s practically alive — gave me a pet cat named Dog.

Another time it pranked me, but I won’t ruin the surprise. Other times, when you level up, the app gains new features.

The first time you open CARROT on your phone, he says, “greetings, lazy human.”

When you go a long time without completing your listed tasks, CARROT gets a little bit sassy.

His mood spans from pleased to annoyed to wrathful.

One time CARROT told me he hated me with the intensity of 10,000 suns.

Today when I checked off a task for the first time in 16 hours, the words “you will die penniless and alone” popped up on my screen. He’s just like all of my really good friends.

Basically, it’s all the benefits of your run-of-the-mill to-do list, combined with the motivational power of the mother you will never please. Only this time, you can turn the nagging on and off at will.

 **Flipboard**
Available in the App Store and Google Play
Cost: FREE

This app is much more well known than the rest of the list, but it’s absolutely worthy of a mention. As a journalist, news apps are important to me.

After my email, the news is the first thing I check in the morning,

typically before I even leave my bed.

Flipboard has customizable tiles that might remind you of the layout of a Windows phone.

The tiles ‘flip’ each time they refresh with new stories, and each tile either represents a different news topic or news outlet according to your selections.

You can also link Flipboard to any number of Facebook, Instagram, LinkedIn and Twitter accounts that you have, so you can check all of those news feeds from the same app.

It’s easy to share stories on each of your social networks as well.

You can access unlimited outlets and aggregators through Flipboard, including many of the less common publications. My first page on Flipboard, for example, has BBC World, AdWeek and Flipboard’s technology aggregator.

You can add tiles for local papers as well, such as the Tacoma News Tribune.

 **PicItEasy**
Available on the App Store
Cost: PRO - \$1.99, Lite - FREE

If you frequently struggle to snap a picture on your phone

without shaking the screen, this app has a clever solution. PicItEasy is anti-shake, which means it won’t snap a photo until the phone is completely steady.

It also has a ‘ghost hand’ feature, in which the person taking the picture merely waves their hand over the screen of their phone and the photo is captured.

It feels a lot like using the force. The only downside to this app is that every time you wave your hand to snap a picture, you have to resist the urge to say something like “these are not the droids you’re looking for.”

This app makes a great update to your phone’s default camera. It comes with customizable timer settings, makes organizing your photos easier, and allows you to link to Dropbox.

That being said, if you don’t appreciate feeling like you have the force, you’d probably be wasting your money.

 **1800Recycling**
Available on the App Store and Google Play
Cost: FREE

For all of you who aspire to maintain your sustainability habits when you can no longer drag all of your recyclables to campus to

dispose of, this app is your new best friend.

This app is thorough enough to make our environmental students jump for joy.

With the speed and convenience of your favorite map app, 1800Recycling uses your location to find you a place to recycle anything, anywhere.

When you open the app, select which types of materials you’re seeking to responsibly dispose of, from paper to car parts, bottles to hazardous materials.

It then uses your location, or any location of your choice, to find the closest place to dispose of your recyclables.

From there 1800Recycling helps you access all of the information for the recycling drop-off, including directions.

Public service apps are rarely this helpful, as they are typically clunky, rarely updated and without purpose. 1800Recycling resets that standard.

No matter what kind of college student you are, if you have a smart phone, a whole world of relevant apps is available to you.

In September, Apple reported having over 700,000 apps available.

Not to be outdone, Google Play hit 600,000 apps in June.

With that in mind, it’s time to put the Snapchat away for a while and try something new.

Reviewer 'Craves' understanding Vpstart one-act challenges conventions

By CAMILLE ADAMS
A&E Writer

Pacific Lutheran University's production of the play "Crave" forced audience members to keep an open mind for a very different style of performance.

The student-directed play premiered in Eastvold Studio Theater last Friday and Saturday. Vpstart Crow, a student organization, offers the opportunity for such avant-garde productions to be selected and produced by junior or senior students.

"Crave" received the funding Vpstart Crow gives to one student-directed production each year, competing against fellow play "All in the Timing."

"Crave's" complex style certainly earns that funding.

Junior Myia Johnson had the tricky task of interpreting this script, which lacks any stage direction and only refers to the four characters as A, B, C and M.

British playwright Sarah Kane penned "Crave" and five other works, before committing suicide at the age of 28.

"They did it really well, but I don't know what they did."

Dan Stell
sophomore

Kane's history of mental instability shows through the thoroughly disconnected plotlines and uncertain identity of each character, as they toss lines back and forth like a tennis ball.

The dialogue often appears to form a coherent line of thought, but Shakespeare quotes, Biblical allusion, sporadic singing, jaw harp playing and disturbed laughing interrupt the nearly logical sequence.

However, the small cast did a wonderful job of attempting to interpret this jumble of meaning for their audience.

"They did it really well, but I don't know what they did," sophomore Dan Stell said.

Johnson's skills as a director were evident in the artistic use of space and simple objects in the studio theater.

Technical aspects, such as the use of shadows and different colored lighting, which was displayed on a long, white curtain, helped create a particular mood at different points in the show.

The play opened in the dark, and as each character turned on a flashlight to reveal their presence, they rushed to pull open the black curtains surrounding the small room.

They continued to use the flashlights to interact with one another as they ran around barefoot, conveying emotion through stomping, dancing and movements that came close to violence.

Near the start of the play, one character states, "and if this makes no sense then you understand

perfectly."

This notion of understanding pervades the entire show, either resulting in enlightenment or a massive headache.

The heightened state of character emotions, interspersed with serious issues of rape, abuse and eating disorders create a tense environment.

If paired with a clear plot and characters, such feeling could be conveyed and digested with greater ease, but without a sense of grounding for the audience, the show is an emotional roller coaster with vertical drops and no end in sight.

The fluid reality of the play allowed each viewer or on-stage participant to come away with a different message.

"Memories are relived, private thoughts become public, as the characters struggle through pain, love and power," Johnson said of her own directorial interpretation.

Other guesses by audience members included the significance of family past and universal truths about relationships.

"We become what we hate about our parents and pass on the pain," first-year Alex Clayton said.

While even those who spend more than 90 minutes with the script could debate the meaning of the play forever, the talent of the players on and off stage cannot be denied.

"It was creative and well done," first-year Anna Loose said. "It was unlike anything I have ever seen."

POPPIN' TAGS: Gossip spreads on Garfield Street



PHOTOS BY APRIL SHEARER

ABOVE: Gossip, Garfield Street's newest store, offers thrift clothing, books and an array of other items at bargain prices. BELOW: Outside the store, sandwich boards advertise to draw in customers. The shop window is filled with outfits and ensembles for passers-by to look at.

Night of Musical Theatre creates alternative 'Mixtape'

By RACHEL DIEBEL
A&E Writer

In previous years, there has been only one Night of Musical Theatre show at Pacific Lutheran University.

This year, students will light up the stage a second time at Mixtape: A Cabaret, a student-run night of song and dance.

The show will feature songs from many different musicals, from "Annie" to "Spring Awakening."

The project came about during a discussion of what next year's Night of Musical Theatre should be like.

"It kind of came out of nowhere," first-year Cameron Waters said. "It just became a consensus. Why

couldn't we do another show this year? So we just had auditions, and we cast the show."

In keeping with the tradition of Night of Musical Theatre, the entire production is performed, directed and choreographed by PLU students. Junior Evan Hildebrand choreographed the show, junior Taylor Capellaro was assistant director and junior Cori DeVerse put on her directorial cap for the show.

"I am an acting directing major, so I took the directing class, but acting is my favorite thing to do," DeVerse said. "Kind of the reason I took the job and wanted it in the first place is because I could be in the show, too."

Although students run the show, it is not any less professional than if a faculty member had directed it.

"All of our directorial staff is just so talented," Waters said. "It's not like

"It just became a consensus. Why couldn't we do another show this year? So we just had auditions and we cast the show."

Cameron Waters
first-year

you're working with students. It's just like you're working with people who know what they're doing."

The process of putting Mixtape together was different than most other shows.

"This is one of the weirdest shows that I've ever done," DeVerse said. "We did a lot of smaller rehearsals and just recently got the whole group together right after spring break."

Even the preparation process differed from the typical experience of producing musical theatre.

"We were basically given all the music prior to spring break and we just had to learn it all ourselves," first-year Katie Coddington said. "And then we had a full week of long rehearsals where we're putting it all together and really solidifying blocking."

There are lots of benefits to having a Night of Musical Theatre show in the spring as well as in the fall.

"A lot of people come to our shows in the fall and they're like, 'this is so fun, I really want to be involved,' but in the past



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One acts came together 'All in good timing'

Students continue with play despite not receiving official funding

By KATELYNN PADRON
Guest Writer

Real life, humorously portrayed, is the central theme of the five acts that make up "All in the Timing." Playwright David Ives penned the play and junior David Gordon is directing.

Though there is not a uniform plot line throughout the play, Gordon said the acts are "connected in the things that they talk about and the way they look at the world."

Events such as love, life, death and crises are explored.

In theater productions, "you get to see life kind of condensed and amplified," Gordon said.

Sophomore Ryan Sundberg, an actor in Gordon's production of "All in the Timing," said the production is unique because of its minimalism.

"It talks about simple things we see in everyday life but in a way that is really different and really funny," he said.

The play also presents an

intriguing perspective on music, Sundberg said.

"A lot of it has to do with interpersonal relationships," first-year Hannah Jeske said. "How critical moments can change the course of the relationship." Jeske is one of about a dozen students involved in the production.

One of the acts, called "English Made Simple," Gordon said, consists of "two people saying things to each other that we don't dare to say out loud most of the time."

"All in the Timing" is entirely student run. "It gives it a unique freedom," Jeske said, because "the actors get to contribute a lot as well as the director."

Though this is not an official theater department production, the cast and crew of "All in the Timing" have received support from the department, Gordon said.

He had hoped, Gordon said, for "All in the Timing" to be chosen to be the Vpstart Crow — pronounced Upstart Crow — production. Vpstart Crow is a

theater program that funds one student-run production per year.

This year, Vpstart Crow chose another Pacific Lutheran University student-run production, "Crave," for the honor.

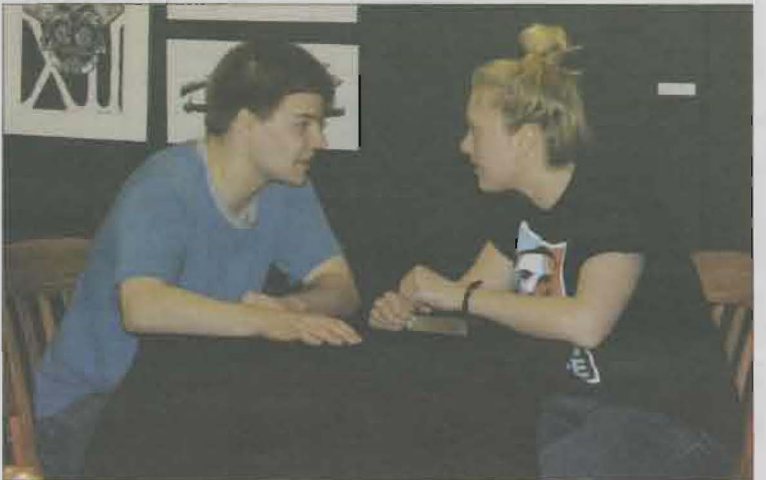
When Vpstart did not select "All in the Timing," Gordon decided to proceed with the project on his own.

There was plenty of talent not being utilized by other theater productions, Gordon said, which is why he embarked on his first directing experience.

Gordon held casting in February, and there have been five rehearsals a week since then.

Students should come to see "All in the Timing," junior Kendra Phillips said, because "it's going to be relaxing. They're going to unwind — just sit and watch and enjoy and laugh." Phillips is taking part in several acts.

Phillips said she appreciates the fact that the author of "All in the Timing," Ives, "doesn't try to explain all of the silliness going on."



April 18, 19
and 20 at
8 p.m. in the
Cave.
Tickets cost
\$5 at the
door.

PHOTOS BY APRIL SHEARER

"It [being student run] gives it a unique freedom, because the actors get to contribute a lot as well as the director."

Hannah Jeske
first - year

ABOVE: "All in the Timing" is an entirely student produced series of one act plays. First-year Hannah Jeske, laughs during a rehearsal. BELOW: Senior Chris Yoder and first - year Sarah Henderson rehearse together for their scene.

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Res Halls: Perks and P



Pflueger

By BEN QUINN
Photo Editor

Housing sign-ups have come an
for another nine months. It help
Pacific Lutheran residents what

Pros: Strong sense of community,
good natural lighting, lots of space
to work

Cons: Needs more lounges, dim
lighting, furniture out of date,
desk chairs are hard and have no
padding, immovable bookshelves

photo by Leigh Wells

*Stuen Hall is left off th
for renovations.

Foss

Pros: Energetic atmosphere,
comfortable lounges, clean,
middle of campus, cozy rooms

Cons: Rooms too small,
strange smells, small laundry
room

photos by Evan Heringer



Harstad

Pros: Close to everything on upper
campus, multiple triples available, quiet,
large kitchens, warm, unique rooms

Cons: Far from lower campus, no central
lounge, thin walls, street noises, mostly
first years, a little too warm

photos by April Shearer

Ordal

Pros: Large rooms, everything
works "just fine," large lounges, lots
of recreation, low key atmosphere

Cons: Kitchens are a bit small,
some furniture and electronics are
"a little old"

photo by Quinn Huelsbeck



Hinderlie

Pros: Central location to upper campus,
bathrooms have heated floors, res. hall is
community driven, commuter lounge

Cons: You have to apply to get in

photos by Frank Edwards and Ben Quinn

Kreidle

Pros: Quiet, single rooms, o
lounge, independant li

Cons: No sense of community,
quiet, laundry room hard to ac

photos by Vicky M

itfalls

one, and we've all chosen where we are going to live
know what you're going into, which is why we've asked
y think are the highs and lows of their residence halls.

st because it is closed during the 2013-2014 school year

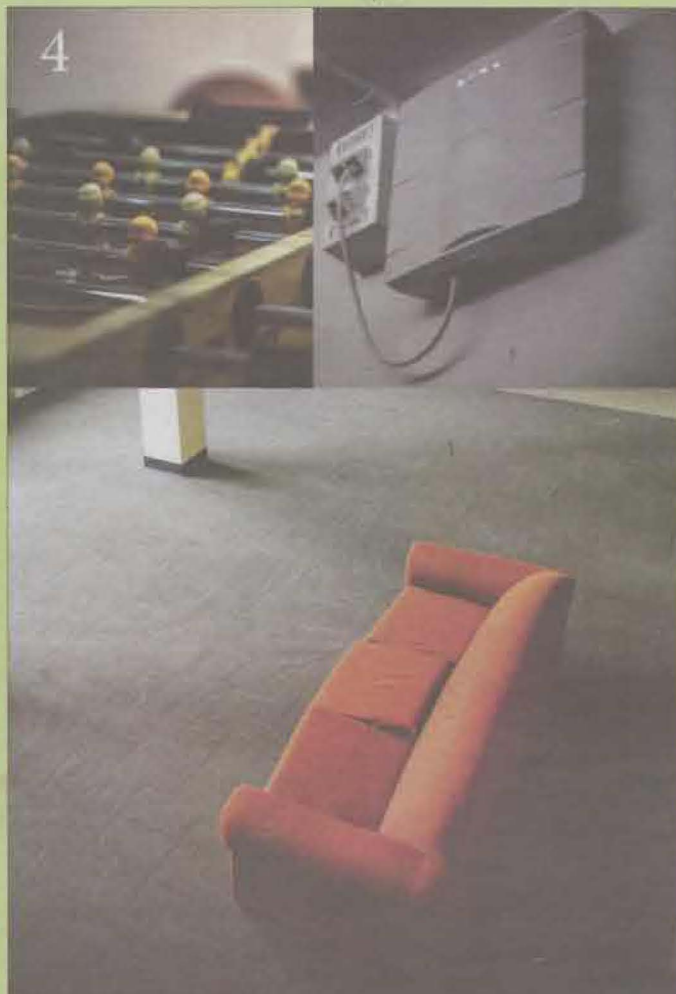


Tingelstad

Pros: Lounges well equipped for entertainment, movable furniture, energetic atmosphere

Cons: Wi-fi could be better, not very clean or well maintained by residents, loud

photos by Beau Smith



South

Pros: Independent living, privacy, quiet, older students means more mutual respect, far from everything on campus

Cons: Pests (silverfish, ants), bad plumbing, easy to get lost, expensive, far from everything, signs of rushed building

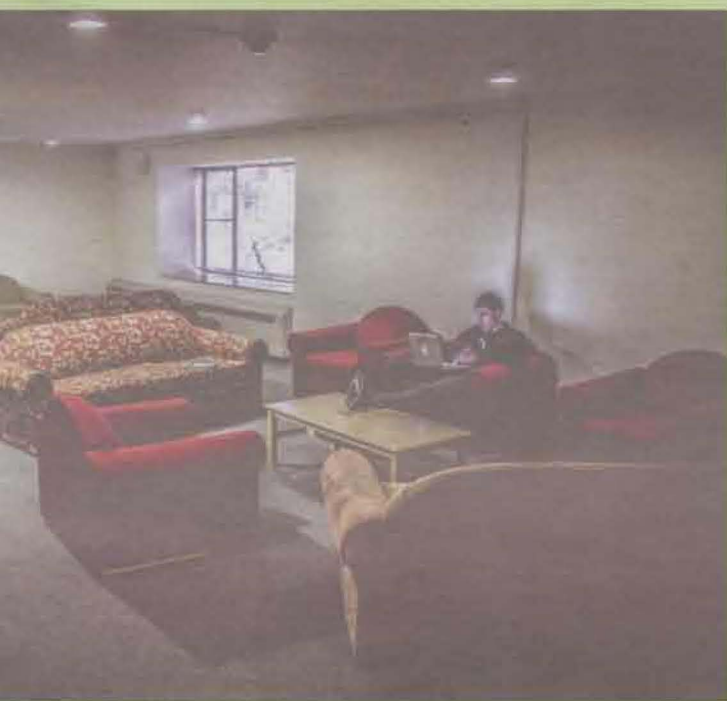
photos by Ben Quinn

Hong

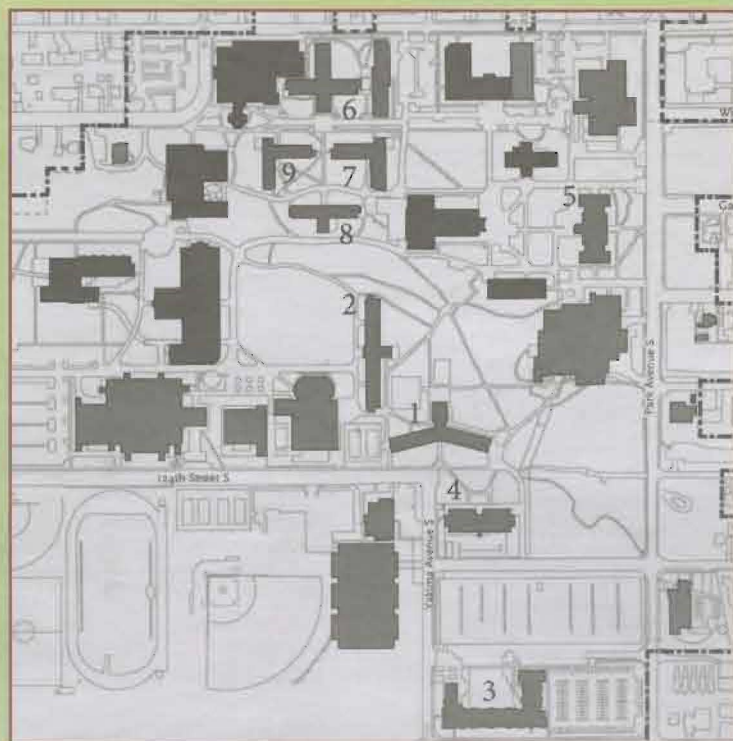
Pros: Tight-knit community, friendly atmosphere, space to hold events, large rooms

Cons: Bathrooms, lounges, and rooms out of date, paint needs a redo

photos by Leigh Wells



Find each hall on the campus map:





THE MOORING MAST

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a feminine critique

Conversation should not end with Pride Week

By RUTHIE KOVANEN
Columnist



As with Women's History Month and Sexual Assault Awareness Month, Pride Week offers a portion of time to focus on a set of issues.

Pride Week is a time to embrace and celebrate all people within the Lesbian Gay Bisexual Transgender and Queer (LGBTQ) community and to be proud of the progress people have made in terms of LGBTQ rights.

Pride Week also allows time to reflect on unfinished work. Despite its importance, a mere week devoted to the LGBTQ community is not nearly enough.

Oftentimes, as Pride Week comes to an end, so too does motivation for advocacy and action. Pride, advocacy and action, however, mustn't be set aside with the passing of one week.

There are many ways to keep the spirit of Pride Week alive throughout the rest of the year.

Whether you identify as a part of the LGBTQ community or as an ally, you play a role in continuing the conversation. Below are some suggestions for making every week Pride Week.

Stay informed and use your power to vote. As we have seen in the

state of Washington with the passing of Referendum 74, when people get together and make their voices heard, radical change can occur.

Refuse to become lulled into complacency and don't fail to see the amount of progress that still can be achieved. Keep up to date with current events regarding the LGBTQ community.

Challenge hurtful and hateful language. Our culture is saturated with anti-gay rhetoric. Many people say, "that's so gay" when they mean to say "that's so frustrating, annoying, etc." Saying "that's so gay" connotes being gay as negative and shameful, and marginalizes the LGBTQ community.

Rather than using this sort of uninformed and hurtful language, be active and aware of your word choice. Offer alternatives when others use inattentive and offensive speech.

Get involved with QASU (Queer Ally Student Union) and the Diversity Center (DCenter). On-campus

opportunities to learn, advocate and stay connected abound.

Throughout the year QASU and the DCenter sponsor a number of events across campus. Show your pride and support by attending these events.

Go to PrideFest in Seattle. This year PrideFest will be held on June 30 at the Seattle Center. The 2013 theme is, "Equality: Passed, Present and Future." The focus will be on celebrating progress made in terms of marriage equality in Washington State, as well as on acknowledging remaining challenges and opportunities for further progress.

PrideFest in Seattle is the largest free LGBTQ pride event in the United States, and it is a great way to show your pride as an LGBTQ-identifying individual or to show your support as an ally.

Enjoy the events and activities within Pride Week, but remain cognizant of the fact that pride and advocacy do not end here. Stay connected, stay informed and use the energy of Pride Week to fuel future advocacy and action.

Ruthie Kovanen hails from the great state of Michigan, is a sophomore at Pacific Lutheran University and is studying anthropology, Hispanic studies and women's and gender studies. Aside from reading and writing about feminism, Ruthie enjoys chatting over a cup of coffee, baking bread and spending time outdoors.

"Pride Week also allows time to reflect on unfinished work."

Find us on Pinterest

pinterest.com/mooringsmast

CORRECTIONS

Adrian Mayoral's name was misspelled in the March 22 Sidewalk Talk.

First-year wings hold students back in high school setting

By SARAH HENDERSON
Guest Columnist



First-year wings — most of us like them, but there are a few of us who would rather not be woken up by screechy laughter and tittering gossip at 4 a.m.

I am one of the latter.

I'd rather deal with the short term discomfort of being mixed in with returners, than with the long term discomfort of never understanding what it is to be in college.

Pacific Lutheran University implemented first-year wings three years ago, so the seniors this year remember a time when they lived together in a community of first years and returners.

I get it.

First years are going through a rough time.

They are leaving home, most for the first time. They are living on their own, buying their own essentials, sleeping in a room with a random person they just met.

I get it.

But first years are just that: fresh out of high school, immature and naive.

They still tend to move in packs, like high school students. They still tend to gossip, like high school students. The boys stick together in their cliques and the girls in their cliques — like a

middle school dance.

Zero mixing, awkwardness and whispers of, "OMG, we should go down the hall and play a prank on the guys."

Get real.

These first-year wings, instead of helping first years acclimate to college life and culture, leave them to fester in their own fetid pool of mediocrity, insecurity and ridiculousness.

First years need to get past their high school mindset. They need to be thrown into the deep end of the pool and mixed straight away with the people who have done it before.

Returners can show them how to peel a real orange, not the baby-safe Cuties we are being fed in the first-year wings.

I am not saying first-year wings are all bad. I definitely appreciated that I could commiserate about the craziness of orientation, the insanity of my college classes and the general lack of sleep when I was a first year.

Nor am I saying that males and females cannot coexist peacefully and maturely. I am all for gender-neutral housing, and am an even stronger proponent for mixed wings, because the stigma of separating girls and boys — "no purpling" — should no longer be a thing.

And I get that returners want nothing to do with the newbies, the fresh meat, the monstrously naive first years.

But honestly, they need to get over themselves. We were all first years once

upon a time.

So here is what I propose: for the good of the PLU community, first-year wings should be optional.

I did not appreciate being forced to live in a wing that was still stuck in high school. But I understand the solidarity and support a first-year wing can offer.

I just think that the PLU community, based on inclusivity and equality, would do better with more wings that mix returners with first years, so that first years are forced to mature up to the college level and leave high school behind.

It would also humble the returners and grant them a new understanding of what college culture is, can and should be.

This is not high school and should never be high school. This is college, and in order for the PLU community to be as truly inclusive and equal as it claims, the divide between first years and returners needs to break down.

For goodness sake, let us peel our own dang oranges.

"First years are going through a rough time."

Small successes can be key to student productivity

Tips to fight procrastination bug as the year ends

By **BRIAN BRUNS**
Columnist



We are past the halfway point in the 2013 spring semester, and I can feel my Senioritis flaring up. It's that feeling where you'd rather take a nap instead of completing that 10-page paper that's due in half an hour.

It's when the importance of attending that 8 a.m. class becomes debatable or when you promise yourself that you'll finish reading that chapter as soon as you're done playing "League of Legends."

I know this feeling, and it isn't restricted to us seniors. Most Pacific Lutheran University students are busy people with responsibilities for school, work and sports. With full schedules and multiple deadlines, everyone

is prone to a little slippage from time to time.

Make no mistake, what we're really talking about here is procrastination. Late night reading and writing is one thing, but I even delayed ordering my cap and gown by a couple of days for no good reason.

When the procrastination bug hits, it can be a powerful drag on a student's productivity. If left unchecked, procrastination can ruin a student's semester and possibly their entire college career.

The good news is that the symptoms of procrastination are easy to spot, and I wrote this column to give students enough time to counteract their own outbreaks and finish the semester strong.

There are few proven treatments or cures for procrastination, but there are steps students can take that may help get them back on track. The first is recognizing if you have the affliction.

Anyone experiencing any of the following symptoms has likely contracted the procrastination bug at some point. Watching more hours of Netflix than sleep and study combined. Taking several days to respond to mundane email requests.

Feeling pleased with your progress on an assignment when all you did was read the instructions. Waiting until the night before an assignment is due to even read the instructions. Promised yourself you would get caught up during spring break and didn't.

Once you have diagnosed

yourself, there is only one other step. You must experience a small amount of success. This will be the hardest part of the process.

It requires the completion of one small task. Wash one bowl. Write one sentence. Edit one photo.

Accomplishing one of the smaller tasks on a to-do list may be just the kick-start a student needs to get going on larger assignments.

If students experience newfound motivation, then the good news is they are cured. Procrastination can always strike again, so be vigilant.

Anyone not experiencing the urge to get things done after completing the steps should repeat the process until symptoms of procrastination go away.

When we drop the ball on our responsibilities the most important thing is that we pick it back up again. Recognizing that you need to improve is a start, but you need to take steps in a positive direction to make any progress. Start small and hopefully that will trigger an avalanche of productivity.

There is still time to get up, dust off that backpack and make a difference in this semester's grades. No matter how you started, all anyone will ever remember is how you finished.

Brian Bruns is a father, a husband and a U.S. Army veteran. Sarcasm, wit and a good cup of coffee are all keys to his success. He can usually be spotted Thursday night working for Mast TV's News @Nine or Friday nights hosting Lutes, Listen Up! on LASR.

"When the procrastination bug hits, it can be a powerful drag on a student's productivity."

PORTLAND:

the perfect place for a roadtrip

By **DANIA TOLENTINO**
Guest Columnist

For those of you who want a change of scene and have a free weekend, we in Tacoma have the luxury of living two hours away from beautiful Portland.

"There's so much to see or try. [It's] very artsy and friendly," Kelsey Rodriguez said. A cosmetology student, Rodriguez travels daily through downtown Portland to get to Aveda Institute of Portland.

Sophomore Andrea Battello said her trip to Portland last summer was awesome. "There are so many things to do you have to go back again and again to do it all."

Geographically speaking, finding Oregon is easy: just head south. Whether you're carpooling with a couple of friends or taking the train, it is well worth the time to visit a city where smiling people on bikes are just trying to keep "Portland Weird."

Whether you arrive with a backpack filled with rain boots, binoculars and maybe a walking stick, or fancy heels and shades, you'll definitely find plenty of appropriate destinations on muddy trails or the streets of Portland.

As college students on a budget — good thing there's no sales tax in Portland — take advantage of various cheap transportation, such as the Tri-Met. The Tri-Met is the city's public transportation system, providing trains, trams and rail cars for easy access around town.

According to a new analysis from the Federal Transit Administration and American Public Transportation Association, Portland is "the nation's best city for public transportation." With \$5 you can get an all-day pass that allows you to travel all around Portland's rails and roads.

Most of downtown is accessible for free via the MAX light-rail trolleys and streetcars. The MAX drops passengers off at destinations like Powell's Books, where new and used books take up nine rooms, color-coded by genre. Powell's Books is well known for inhabiting an entire city block. Maps and signs all around the store ensure that no one gets lost while browsing.

If you taste the difference between Starbucks, Seattle's Best and Dutch Bros, you know you're in Portland.

On an early morning, a cup of espresso from Stumptown Coffee Roasters can offer you enough energy to roam around

the Portland Saturday Market. This offers a taste of the city's local arts and crafts market that runs along the Waterfront Park.

Less than five blocks away, let the smell of bacon guide you to Voodoo Doughnuts, a 24-hour doughnut shop that is known worldwide for its unique pastries like the bacon-maple bar and other odd toppings such as Froot Loops, Cap'n Crunch and lavender.

When the sun is shining down on Portland, there's no better place to be than the Japanese Gardens located in Arlington Heights. This garden has been proclaimed to be the most authentic of its kind outside of Japan.

However, if you would rather window-shop or happen to have \$20 in your pocket, you might just love Hawthorne Street. There are thrift stores that will make you wish you had more money.

Further down the street on SE 12 and Hawthorne Boulevard are some of Portland's well-known food carts, or Cartopia. There you'll find Potato Champion, which is the only cart in town dedicated to serving Belgian style frites — potatoes that are peeled, cut, washed and then lightened with a first fry before frying them again. Certainly hits the spot.

On a breezy Portland night, if you and your friends are looking to discover some great music that's either cheap or even free, then make sure to visit <http://portland.concertcoop.com> and see what's playing near you. Simply search by date, neighborhood, price and genre for an enlightening music experience.

Portland is a place where young people go to retire, according to "Portlandia," a satirical show produced and starring Carrie Brownstein and Fred Armisen. The show is dedicated to portraying how life actually is in Portland, but make sure to experience this for yourself by visiting.

"It is well worth the time to visit a city where smiling people on bikes are just trying to keep 'Portland Weird.'"

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LETTER FROM THE EDITOR

Disney strikes back: A new hope for a better trilogy

By **BJORN SLATER**
Copy Editor



This fall, we were supposed to get "Star Wars" Episodes II and III in 3D. Big deal. Then last fall, Disney bought Lucasfilm.

Last October, Walt Disney Co. announced "Star Wars" Episode VII will be released in

2015, the first film in a suspected trilogy, after the entertainment industry titan made the deal to purchase Lucasfilm for \$4 billion.

The franchise creator and director of the first six movies, George Lucas, said he had always envisioned the series having nine movies.

However, he announced he would never direct a "Star Wars" movie again due to the incredible amount of flak he got for the tweaks he made to the original trilogy when he rolled out the three most recent "Star Wars" movies.

Disney decided on a new director this January, and Lucas admitted the series couldn't be in better hands than those of Jeffrey Jacob, "J.J." Abrams. The news that the director of "Star Trek Into Darkness" and "Mission Impossible III" will be taking over this legendary series has me anxious for 2015 already.

Even so, it will be nearly impossible to surpass the original three "Star Wars" movies. They might be able to make more money on the upcoming trilogy, but there's something about the originals that has captured the imaginations of

audiences across the globe.

Critics and I agree that Abrams will be able to improve on the most recent trilogy, but the fans of "Star Wars" have specific tastes that need to be appeased.

If these needs aren't met, Abrams and Disney could have an angry mob on their hands.

On the other hand, if Abrams blows Episodes IV, V and VI out of the water, I think this upcoming trilogy will be a huge success.

A new direction could be what the series needs, and based on Lucas' reasons for retirement, that could be exactly what will happen. This risks alienating many of the old fans, myself included, if the movies are not up to par.

However, if the films are well put together and continue the epic and never-ending struggle of the Jedi against the Sith in a manner that preserves the quality of the old films, the upcoming trilogy could reignite the passions of long-time fans and make multitudes of new ones in the process.

As a lover of the original three and someone who can't bear to be let down by another new "Star Wars" trilogy, I'm waiting with cautious optimism for the official release date of Episode VII and to get a taste of what the new trilogy will be like.

I'm skeptical that Abrams will be able to live up to the legacy of Lucas, but hopeful that his recent success will motivate him to continue to build on his reputation as a renowned filmmaker.

With a fickle fan base, constant media pressure and some pretty big shoes to fill, it looks like Abrams has a lot on his plate.

Let's see if he is up to the challenge.

Dear Tenured & Tenure-Track Colleagues,

This letter invites you to a new, open conversation at PLU. As a tenure-track or tenured faculty member, this is a unique invitation. We invite you to engage in a deeper way to listen and to support a group of people at PLU who are now speaking with a collective voice: contingent faculty. Pacific Lutheran University relies on a large group of highly trained contingent faculty, who comprise almost 50% of PLU's total faculty. They come with a variety of titles: Lecturers, Senior Lecturers, Instructors, Clinical Faculty, Visiting Faculty, and Resident Faculty. Some are full-time, most are part-time, but all are "contingent." That means, unlike us, they are an unprotected class of employees. Despite excellent qualifications and experience, they have no job security, are paid a fraction of what we earn, have reduced access to professional activities, are barred by our faculty by-laws from participating on standing committees, and those who have part-time appointments (the vast majority) have no vote in our faculty assembly.

We invite you to become more informed about your contingent colleagues' contributions and challenges. Talk to the contingent colleagues you know; get to know those you don't. The challenges many PLU contingent faculty experience were highlighted by an AAUP survey of contingent faculty that was conducted in spring 2011. Since then, tenured and contingent faculty, faculty leaders and administrators have been working to make improvements. There has been some important progress, but many pressing issues remain unresolved.

We invite you to support contingent colleagues as they pursue conversations with the Service Employees International Union (SEIU). While internal efforts with PLU administrators and faculty continue, we support our contingent colleagues who have begun discussions with SEIU, one of the largest unions of contingent faculty in the country. The goal of SEIU's Coalition of Academic Labor is to unite contingent professors to systematically raise contingent faculty standards of employment and to uphold the central importance of teaching and teachers to our institutions (<http://www.cal925.org>).

We invite you to see this as a collaborative effort of justice that benefits the entire PLU community. Faculty who have organized at other universities enjoy a productive, collaborative relationship with the administration at their schools, which we are confident is possible here as well. Our confidence is boosted more given PLU's remarkable Mission Statement: *to educate students for lives of thoughtful inquiry, service, leadership and care – for other people, for their communities and for the earth.* As faculty members who enjoy the privilege, rights and benefits of tenure and academic freedom, it is our responsibility to assure that the care we profess begins at home.

Finally, we invite you to sign this letter. This semester, contingent faculty at PLU will be organizing with SEIU. We urge you, as a tenured or tenure-track faculty member, to support this collective movement by contingent faculty to gain a greater voice here at PLU and across the nation. Their success can only benefit the entire PLU community and specifically strengthen the relationship between contingent and tenure-track/tenured faculty members.

With best hopes and thoughtfulness,

We, the undersigned, support PLU's contingent faculty members in pursuing a conversation, relationship and organizing body with the Coalition of Academic Labor.

***Names listed alphabetically.**

Name	Unit/Department	Past/Current Leadership Roles	Years at PLU
Kirsten Christensen	Languages/Literatures	past FAC member; AAUP Pres	8
Amanda E. Feller	Communication	past Global Ed Chair & FEC member	13
Peter Grosvenor	Political Science	Scandinavian Area Studies Committee	15
Michael Halvorson	History	past Chair, History Dept.	10
Jennifer Jenkins	Languages/Literatures	Chair, Scandinavian Area Studies Committee	5
Mark Jensen	Languages/Literatures	past chair, Instructional Resources; past chair, Governance; past Secretary of the Faculty; past Chair, Languages & Literatures; past Faculty Executive Committee	24
Joanne Lisosky	Communication	past Rank & Tenure member	18
Carmiña Palerm	Languages/Literatures	Director, International Honors	7
Adela Ramos	English		3
Solveig Robinson	English	Director, Printing and Publishing Arts	17
Svend Rønning	Music	Scandinavian Area Studies Committee; past IHON steering committee; Long Range Planning Committee	13
Kaitlyn Sill	Political Science	Advisor, Pre-Law program	3
Troy Storjell	Languages/Literatures	past Scandinavian Area Studies chair; AAUP VP	7
Giovanna Urdangarain	Languages/Literatures	Women's/Gender Studies committee member	5
Amy Young	Communication	Chair, Admission/Retention of Students	6

SPORTS SCHEDULE

Baseball

Upcoming Games
 Tomorrow at George Fox (2), noon
 Sunday at George Fox, noon

Previous Games
 Win(6-3): April 9 at St. Martin's
 Win(3-1): April 7 vs. Linfield

Softball

Upcoming Games
 Tomorrow vs. Linfield (2), noon
 Sunday vs. Willamette (2), noon

Previous Games
 Win(2-1): April 10 vs. Pacific
 Loss(10-2): April 10 vs. Pacific

Men's Tennis

Upcoming Matches
 Today vs. Whitworth, 3:30 p.m.
 Tomorrow vs. Whitman, 10 a.m.

Previous Matches
 Win(8-1): April 6 at Linfield
 Win(7-2): April 5 vs. Puget Sound

Women's Tennis

Upcoming Matches
 Today at Whitman, 4 p.m.
 Tomorrow at Whitworth, 12:30 p.m.

Previous Matches
 Loss(6-3): April 6 vs. Linfield
 Loss(8-1): April 5 at Puget Sound

Track and Field

Upcoming Meets
 Today at John Knight Twilight

Previous Meets
 April 6: J.D. Shotwell Invitational



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In other news...

- Baseball: Sophomore Trevor Lubking earned NWC Pitcher of the Week honors after going 3-0 including a complete-game effort in a 3-1 win over No. 2 Linfield.
- Softball: Sophomore Leah Butters also earned NWC Pitcher of the Week honors after going 3-0, allowing one run in 18.2 innings of work.
- The women's tennis team concludes its season this weekend after a surprising 2013 campaign. The Lutes sit in fifth place in the NWC at 7-8, 5-5.

Follow @MastSports on Twitter for up-to-the-minute PLU sports coverage.

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ALBERS
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 AND ECONOMICS

SHOUP SHOTS

Lessons learned in the NCAA men's basketball tournament

By **NATHAN SHOUP**
Sports Editor

The month-long NCAA men's basketball tournament ended Tuesday night with Louisville cutting down the nets after knocking off Michigan 82-76. Analysts instantly heralded the game as one of the best national championship games in recent history.

But watching the championship game of the tournament is always bittersweet. Not because one of my teams did not win the title, or even come close really, but because we now have to wait 11 months until the tournament starts again — 11.

But before lamenting the long wait for next season because next year is "your team's year," it is necessary to look back at the storyli e-dominated tournament and what we learned from it.

1. Louisville is the best team in basketball

Okay, this one is obvious since they are the national champions. But every once in a while, a team that does not necessarily deserve it will win a title, regardless of the sport — cough, cough the Pittsburgh Steelers in Super Bowl XL, Seahawks fans. That was not the case this year.

The Louisville Cardinals are indisputably the best team in college basketball. The national champions finished the season on a 16-game winning streak that included a run through the Big East tournament, regarded as one of the toughest in the country.

The Cardinals' last loss came on Feb. 9 in a five-overtime marathon at Notre Dame.

Trailing by as much as 12 in the first half of Tuesday's title game, the Cardinals mounted a furious rally in the waning minutes to temporarily take the lead before going into the locker room just down one at the half.

The rest was "in the Cards." Zi g.

2. The final four was 'shocking'

What do you mean you didn't have ninth-seeded Wichita State in your final

four?

Neither did I. Or likely anyone else outside of the Wichita State fan base.

Finishing in second place in the Missouri Valley Conference at 26-8, the Shockers went on an improbable run to the final four, finishing two wins short of becoming the highest seed ever to win a national title.

The Shockers fell to eventual champion, Louisville, 72-68. The upstart squad led by as many as 12 in the second half before the Cardinals took over.

Wichita State eliminated controversial one seed, Gonzaga, 76-60, in the round of 32. The win came as a result of in-the-gym range late in the second half. The Shockers could have beaten anyone in the country that night.

In my preview of the tournament, I said mascots matter. Meaning anything can happen in the tournament, and I'm bested each year by someone who picks teams based on something arbitrary, like the team's mascot. The Wichita State Shockers — I will learn eventually.

3. That was disgusting

There are some things no person should have to endure. For Louisville's Kevin Ware, it was tragically breaking his leg against Duke in the elite eight on Easter Sunday. For America, it was witnessing it.

I was on a boat during the game so I didn't see it live, but I instantly knew the severity. Social media buzzed — no, screamed — about the gruesomeness of the injury. I was kind of curious to see the injury once I got home. I was mostly terrified.

I watched the highlight an hour or so after the game. I saw the sophomore jump in an attempt to block a three-point shot. And I saw Ware's shin snap in half as he landed. I yelled and ran out of the room.

That was disgusting. The injury was so bad you knew its gruesomeness simply by watching the people who saw it. His teammates crumbled to the court instantly. The players on the bench looked like they had

just witnessed their own birth.

Pictures popped up all over the Internet of Ware's bone sticking six or seven inches out of his leg and making a 90-degree turn in the middle of his shin.

As he was carted off the court, he told his teammates to win, and they did, then twice more en route to a national title — for Ware.

4. A 16 seed will win, soon

A 16 seed has never beaten a one seed in the first round of the tournament but Southern got incredibly close against Gonzaga in the tournament's first round before falling 64-85 late.

One-seeded Kansas almost slipped up in the first round too before pulling away from Western Kentucky late and winning 64-57.

With so many college basketball players leaving for the NBA after one year, the talent is becoming more diluted.

A veteran underdog will knock off a young powerhouse in the next three years.

5. Griner NBA talks must stop

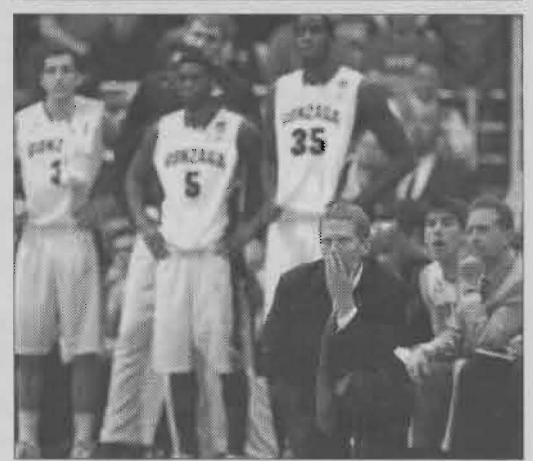
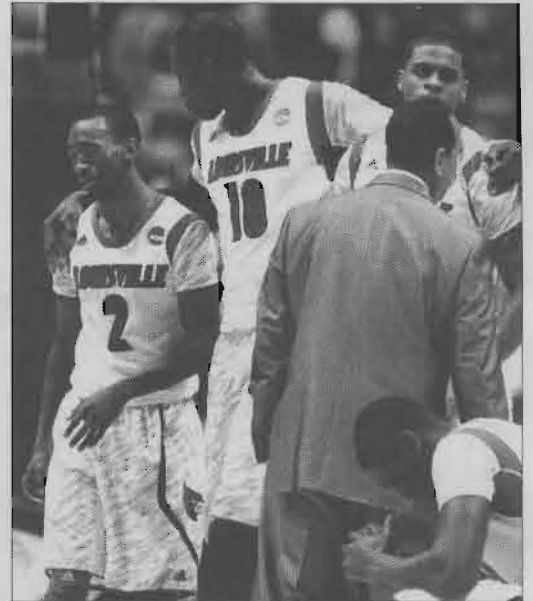
During the NCAA tournament, Mark Cuban, the owner of the Dallas Mavericks, said he would give NCAA women's basketball superstar Brittney Griner a shot in the NBA if he thought she was the best player available given the spot in the draft.

Griner obviously heard and tweeted to Cuban saying she would love a shot at the NBA and that she wouldn't let him down.

Yes, she would. If a woman is to play in the NBA, she will need to be as tall as Griner at 6' 8" but she will also need to be able to hit shots from outside. Griner is a post player.

At just more than 200 pounds imagine her trying to defend Dwight Howard at 6'11" and 265 pounds. Not going to happen.

Griner playing in the NBA — not going to happen.



TOP: Louisville's Russ Smith (2), Gorgui Dieng (10) and Montrezl Harrell (right) react after guard Kevin Ware suffered a lower right leg injury during the first half of the Midwest Regional final against Duke in the NCAA college basketball tournament on Sunday, March 31 in Indianapolis. Ware had to be taken off the court on a stretcher. (AP Photo/Michael Conroy) ABOVE: Gonzaga coach Mark Few glances up at the scoreboard late in the second half of a third-round game in the NCAA men's college basketball tournament in Salt Lake City on March 23. Wichita State won 76-70. As a one seed, Gonzaga narrowly avoided being upset by Southern in its first game. (AP Photo/George Frey)

The Mast Spring Sports pick 'em

By **NATHAN SHOUP**
Sports Editor

After a two-week long spring break, our league is back at it, and the standings remained unchanged after the last question two weeks ago.

I know all of you remember the question, but just in case it slipped your mind, we asked what would be the lowest seed to advance to the sweet 16 of the NCAA men's basketball tournament.

Five of our contestants said a 12 seed would be the lowest to advance to the sweet 16.

It was the lowest projected seed picked.

As a 12 seed, Oregon advanced to the sweet 16 — Schoepp rejoiced.

The problem for our league was so did LaSalle as a 13 seed and national power Florida Gulf Coast University as a 15 seed.

So blame those damn Eagles

because the entire field took one in the loss column two weeks ago.

In honor of the Major League Baseball season starting last week, we are asking the league a Seattle Mariners question.

The Texas Rangers started a four-game series with Seattle on Thursday.

How many games will the Mariners win against Texas this weekend (four-game series)?

Kyle Peart
track thrower
pick: 2
record: 3-2

Peart did not attach a confident statement with his prediction this week. Is he rattled after the two-week break?

Haley Harshaw
softball standout
pick: 2
record: 3-2

You cannot make this stuff up. "Go Rainiers," Harshaw said. She may be trying to take the title of class clown from Hegge. She has her work cut out for her.

Arvid Isaksen
basketball player
pick: 2
record: 3-2

Isaksen was one of the five who picked a 12 seed to advance to the Sweet 16. He joined millions who hated to love watching Florida Gulf Coast go on its run.

Dustin Hegge
NWC golf MVP
pick: 2
record: 2-3

Hegge has continued his calm ways, simply stating the Mariners' would split the series. A storm could be brewing.

Andre Tacuyan
swimming torpedo
pick: 3
record: 2-3

Tacuyan is one of three in the league who think Seattle is going to win the series with Texas. Maybe he hasn't seen the Mariners starting pitching. It is awful outside of Felix Hernandez.

Melanie Schoepp
athletic trainer
pick: 2
record: 2-3

With the culmination of the college basketball season, Schoepp will not be able to pick Oregon in anything anymore. That is a tough blow for her.

Jacob Olsufka
baseball player
pick: 3
record: 1-4

Olsufka is likely the biggest Mariners fan in the league so he thinks they will take three of four from Texas. He needs them to win three to stay in the race.

Alan DenAdel
cross country stud
pick: 3
record: 1-4

Like Olsufka, DenAdel needs Seattle to take three from Texas. If the Mariners split with Texas, he will be eliminated from title contention with only three more weeks remaining.

Sprinter, hurdler thrives in first season

Junior Taryn Dee taking conference by storm after being sidelined with knee injury first two seasons at Pacific Lutheran

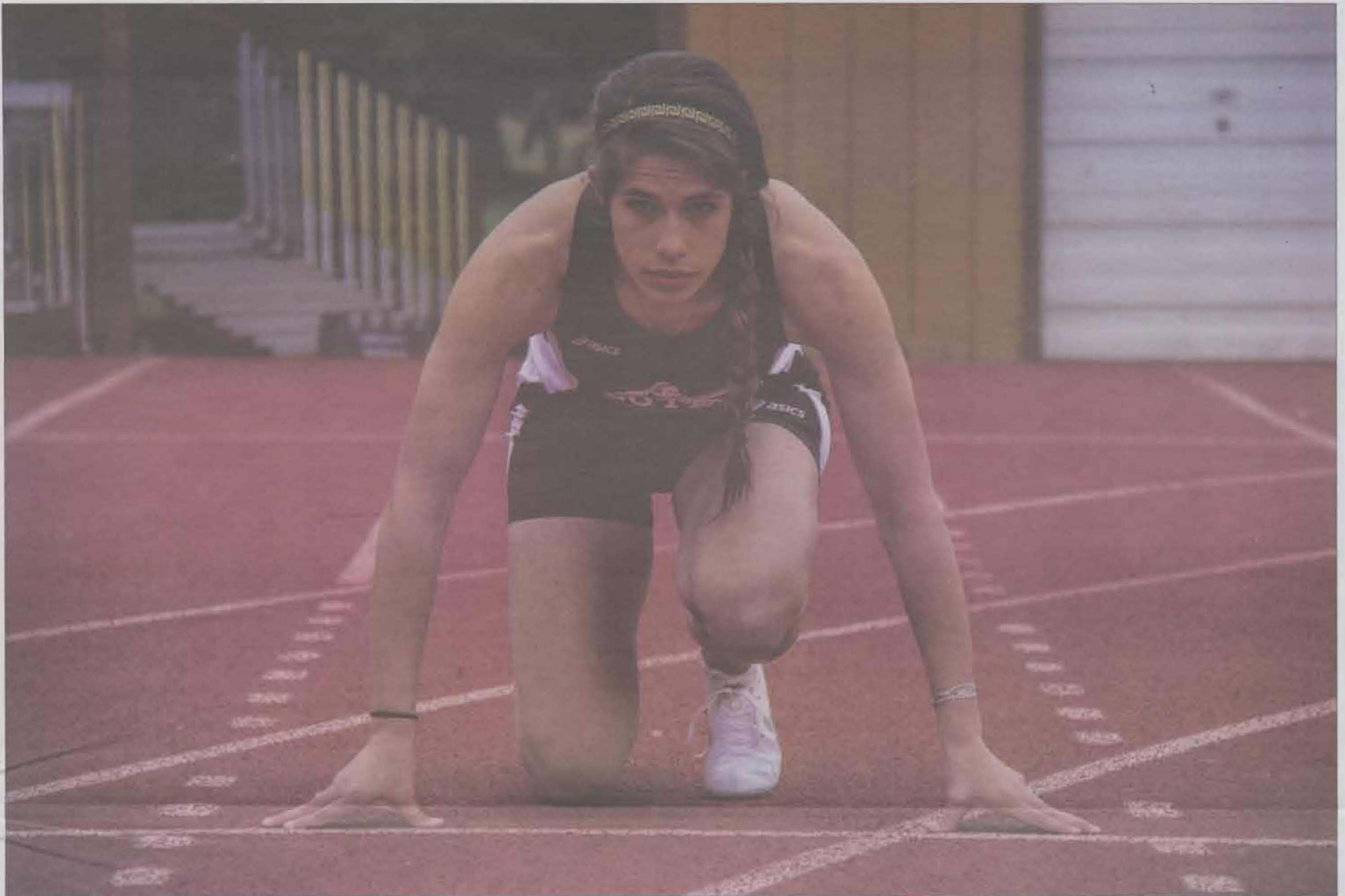


PHOTO BY FRANK EDWARDS

Sprinter and hurdler Taryn Dee, a junior, is excelling in her first year on the track team. Dee was unable to compete her first two years at Pacific Lutheran because of knee injuries. In her first year back on the track she already has her sights set on winning a Northwest Conference championship.

By **BRANDON ADAM**
Sports Writer

Sprinter and hurdler Taryn Dee, a junior, has established herself as one of Pacific Lutheran's standout spring athletes this season. She won the 400-meter hurdles twice and runs on the 4x100 PLU relay team that won at the J.D. Shotwell Invitational last weekend.

"I'm really happy where I am," Dee said.

As a multi-event runner, Dee participates in the 100- and 400-meter hurdles as well as the 4x100 and 4x40 meter relays.

Dee's success in track wasn't so linear. In fact, Dee was unable to compete for her first two years at PLU, though she has played on the soccer team for three years.

She ran track in high school, but a knee injury sustained in those years prevented her from participating in college.

PLU's track and field head coach, Heather Krier, had been urging Dee to try out for track for a while.

"She [Krier] sent me so many emails," Dee said. "I got so many letters in high school telling me to come out and do track for PLU."

After three knee surgeries, Dee has finally come out for the 2013 season to compete.

Since her recovery, Dee has shown no real signs of hindrance, excelling in both practice and meets.

By placing first in the 400-meter hurdles at the Payton Scoring meet, Dee beat the top-ranked 400-meter hurdler, Whitworth's

Emily Moore, and set a meet record with a time of 1:07.29.

"I was really nervous, and then I came out and beat her [Moore]," Dee said. "So that was awesome for me."

Dee said she hopes to improve her times and performance throughout the season. Her goal is to cut her time down from 1:07 to 1:04.

"I would like to eventually win conference, keep winning and getting better and focusing on who I am as a hurdler or a runner," Dee said.

Dee will run at the John Knight Twilight meet today. Dee and the rest of the PLU track and field team host the NWC Multi-Event Championships on Monday and Tuesday.



VIDEO
COMPONENT
ONLINE

PLU dropping dough on alcohol education

By **AMY WOOTEN**
Guest Writer

The athletic department at Pacific Lutheran University is making huge strides in alcohol education this year.

PLU's athletics department received a \$30,000 grant from the National Collegiate Athletic Association (NCAA) Informed CHOICES program last April. The grant money went into effect fall of 2012 and will be used on a variety of projects until May of 2015.

The goal of the Informed

CHOICES program is to support alcohol education while reaching out to more than just the student athlete.

"We haven't been very intentional about making [alcohol education] a campus focus," Jennifer Thomas, assistant athletic director at PLU and primary program developer, said. Thomas and other groups on campus want to change this by utilizing the grant money.

The Informed CHOICES program is funding a poster campaign that explains what appropriate behavior is for

students when consuming alcohol. The grant is also putting together a TIPS card.

"It will have information related to alcohol consumption and blood alcohol content as well as what to do in case of alcohol poisoning," Thomas said.

As part of the three-year budget, Informed CHOICES set aside \$2,000 for peer-to-peer programming.

"The CHOICES grant is meant to be a campus collaboration event, meaning that we have students involved in doing some of the

programming," Thomas said.

Athletics is willing to provide up to \$250 for student groups that would like to put on informational events for their fellow students. Junior Becca Holtgeerts, a PLU volleyball player, said that peer programming "could be a fun opportunity for students to get creative about educating themselves and making smart decisions."

The athletic department hopes to get a variety of students involved with the grant by making money readily available for things

such as the peer-to-peer program.

Sophomore Emma Thompson said, "I'd almost rather be taught alcohol education from my peers than an adult because I feel more connected to them."

If students want to get involved with the grant or lead an educational event, they can visit <http://www.plu.edu/lutefit> and fill out the funding application. New promotional material from Informed CHOICES will be produced and spread around campus this spring.

Lutes drop series to No. 2 Linfield

The baseball team salvages third game of series after getting swept Saturday



LEFT: Sophomore Trevor Lubking pitches in the ninth inning of his complete-game effort against Linfield on Sunday. The Lutes won 3-1. The win was Lubking's third of the week after picking up a win in relief and in a start against Saint Martin's last Monday. He leads the nation with 76 strikeouts. TOP RIGHT: The PLU bench and coaching staff watches in the early innings of the Lutes 3-1 win over second-ranked Linfield on Sunday. MIDDLE RIGHT: Outfielder Daniel Altchek, a sophomore, singles through the right side of the infield in the third inning of the Lute's win on Sunday. ABOVE RIGHT: Fans take shelter from the elements under an umbrella during the PLU's 3-1 win over Linfield last Sunday. Rain and wind were constant throughout the weekend.

By **CHRISTIAN DILWORTH**
Sports Writer

Pacific Lutheran hosted Linfield last weekend, and Linfield demonstrated why they are ranked second in D-III baseball.

The Wildcats dominated both of Saturday's games by a combined score of 22-10, racking up 29 hits in the process. Sunday, however, was a different story with a stellar pitching performance by sophomore Trevor Lubking.

Linfield 12, PLU 8

The series opener on Saturday began with Linfield pulling out the lumber and pounding the Lutes. The Wildcats held a 3-0 lead after four innings before scoring three runs in the fifth, sixth and seventh innings. They led 12-0 before Pacific Lutheran finally managed a run in the seventh.

PLU pitching ace, junior Max Beatty, took most of the beating, allowing nine runs on 13 hits through five innings. He walked two batters and struck out six before sophomore Chris Bishop took over in relief. Bishop allowed three runs on four hits and walks through four innings pitched.

Despite being down the entire game, the Lutes made it interesting in the bottom of the eighth, scoring seven runs and cutting

the deficit from 11 to four. Two walks and a first-year Carson McCord's single loaded the bases allowing outfielder Alec Beal, a junior, and Lubking, to draw run-scoring walks.

A wild pitch let the third Lute cross home plate in the inning and made way for another base-loading walk.

Sophomore Collin Nilson, a utility player, came through in the clutch, hitting a base-clearing double to left centerfield. Linfield relief pitcher Garrett Speyer then retired the next three PLU batters ending the rally and, ultimately, the game.

Linfield 10, PLU 2

Aaron Thomassen followed in Chris Haddeland's — Linfield starting pitcher of the first game — performance by allowing only one run on six hits in seven innings of work.

The Wildcats opened the batting clinic in the second inning with two runs and continued to add to their lead in each of the next five frames.

The Lutes couldn't perform another rally as they did in the series-opener, scoring a run in the fourth on first-year Drew Oord's double, Lubking's single and walks to catcher Curtis Wildung, a sophomore, and sophomore AJ Konopaski, a utility player.

They added another tally to the total in

the eighth when infielder Clay Trushinsky, a sophomore, drove in Lubking on a double into right centerfield.

PLU 3, Linfield 1

Sunday turned out to be a different song and dance for the Lutes as Lubking limited the powerful Linfield bats to only six hits in a complete game effort in a 3-1 PLU win.

Lubking kept Linfield hitless through five innings and didn't give up his first hit until two outs into the sixth. In the final frame he also pitched himself out of a two-out bases-loaded jam, ending a flyout to left field.

When asked about Lubking's performance, PLU Head Coach Geoff Loomis simply said, "Trevor proved today why he is one of the very best pitchers in the conference."

While Lubking dominated the Wildcat lineup, his teammates were getting their bats to work by scoring a run in the second, third and fourth innings to get up to an early lead.

The first run came on a solo homerun over the right field fence by Wildung in the second inning. In the third inning, McCord's speed allowed infielder Nicholas Hall, a junior, to score on the narrowly avoided double play. The final run for the Lutes came in the fourth when Beal,

after drawing a walk, was driven in by a Trushinsky single over the head of the first baseman.

PLU couldn't seem to score after the fourth, but Lubking rose to the occasion.

Linfield threatened Lubking throughout the matchup, but the lefty made the pitches when he needed to, to escape trouble.

The final Wildcat mischief came in the ninth inning when they loaded the bases with two outs and the conference's RBI leader Jake Wylie (45 RBI) up to the plate. Lubking made quick work of him and sent him on his way with a towering fly ball to the open glove of PLU left fielder, Daniel Altchek.

"I had decided that it was Trevor's game and he would only come out if the score was tied," Loomis said of his decision to let Lubking finish the game. "There are times when you can throw the pitch count out the door and this was one of those performances."

Lubking racked up a career-high 135 pitches, in addition to allowing only six hits and striking out nine.

He leads the nation in strikeouts with 76 and won NWC Pitcher of the Week honors.

Pacific Lutheran travels to Oregon to play George Fox in a three-game series this weekend starting tomorrow at noon. George Fox is tied with Linfield for first place.