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Lutes conquer Bearcats  
in five sets  
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Night of Musical Theatre  
does not disappoint  
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# THE MOORING MAST

PACIFIC LUTHERAN UNIVERSITY

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## PFLUEGER EVENT 'PFRIGHTENS' STUDENTS



PHOTOS BY EMILY JACKA

Students donned scary costumes and gory makeup for Pflueger Hall's annual RHC event Oct. 19. LEFT: Sophomore Amber Stokes paints pumpkins at Pflueger Pfright Night. CENTER: First-year Jessica Crask, dressed as Jigsaw, won the award for scariest costume at Pflueger Pfright Night. RIGHT: Sophomore Kindra Galan won the award for having the most original costume at Pflueger Pfright Night.

By **NATALIE DEFORD**  
Guest Writer

Devils, cowgirls and even a bloody Freddy Krueger took over Pflueger Hall Oct. 19.

Costumed Lutes showed their Halloween spirit this month by dancing, decorating cookies and painting pumpkins during Pflueger's annual all-hall event, Pflueger Pfright Night.

Pflueger's Residence Hall Council organized the event. Pflueger's RHC vice president, sophomore Erin McCoy,

estimated about 350 students filtered through over the course of three hours. "Our RHC did a great job of planning Pfright Night," McCoy said.

Every gathering area was packed, including the dance floor, second floor lounge and lobby. They even ran out of pumpkins for decorating because of such a high attendance.

Students entered the scene through smoke-machine fog and Halloween decorations. The hall's walls and windows were covered in fake blood. Kristoffer Larsen, a non-graduate

international student, said he thought the event was well decorated.

Luca Lezzi, sustainability director for Pflueger's RHC, described Pfright Night as a Halloween dance party with activities. This year included cookie decorating and pumpkin painting, "because carving [pumpkins] can get really messy," Lezzi said.

McCoy said Pflueger's RHC spent weeks coming up with ideas for the evening, so there was a lot for everyone to do.

"From the photo booth to

the costume contest, each of our activities was a success," she said.

For the costume contest, judges named the scariest, funniest and most original outfits to reward the efforts Lutes put into their costumes.

According to Residential Life's Pflueger Hall page, "Pfright Night" is one of the many "pfun" events put on by Pflueger throughout the year.

"It was a great night with a lot to do," sophomore Jillian Stanphill said. "I had so much fun dressing up with my friends."



VIDEO  
COMPONENT  
ONLINE

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## PLU community mourns loss of former faculty

By **RELAND TUOMI**  
Copy Editor

Former Associate Provost David Yagow and Professor Vernon Hanson of the social work department died within the past two weeks. Yagow passed away at the age of 69 Oct. 23 and Hanson passed away Oct. 15 at the age of 81.

**Vernon Hanson**

Vernon Hanson was born July 2, 1932 in Fairfield, Mont., moving to the Puget Sound area

with his family at age 10. He graduated Ballard High School in Seattle, then Pacific Lutheran University and then went on to serve in the U.S. Army for two years.

After marrying Marlis Majerus in 1958, Hanson attended Luther Seminary in St. Paul, Minn., then interned in Fort Worth, Texas where his first child, Erik, was born. He soon moved to Medford, Ore., working as a Lutheran minister for five years, where his children Dayna and Kyle were born.

Hanson's passion for social and economic justice during the Civil

Rights Movement and the Vietnam War led him away from the parish and toward a career in social work.

After earning a master's degree from the school of social service administration at the University of Chicago in 1970, he returned with his family to Tacoma to Pacific Lutheran University, where he influenced many students during his 24 years as a professor in the social work department.

At PLU, he initiated innovative programs aimed at broadening experiential learning



VERNON HANSON

opportunities, including New World House, the Cooperative Education program and Second

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# WEATHER FORECAST

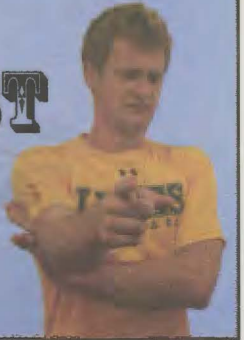
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# It's OK to wait: Abstinence is the latest topic at Sex+ event

By LEAH TRAXEL  
Online Editor

The use of the words "sex" and "abstinence" in the same sentence may seem oxymoronic to some, but guest speaker Heather Corinna showed that, indeed, abstinence is part of the Sex Positive vocabulary.

Throughout the presentation, Corinna emphasized the importance of affirming personal decisions about sexual activity. She described how every person should know what "criteria" are necessary to have a fun, safe sexual encounter, and that those criteria can be very different from others'.

"No one gets to decide this for us," Corinna said in her presentation. "It needs to be a choice."

The event was titled "Abstinence: You Don't Have to Take Your Clothes Off," but Corinna's presentation demonstrated a desire to provide affirmation of all sexual decisions, not just the decision to not engage in sexual activity.

"Sex is optional. It's not required. Ever," Corinna said. She used this point to highlight the idea that, since it's optional, a person can be clear with themselves regarding what situations are okay to engage in and what situations are sexual

deal-breakers.

To help in this process, Corinna asked audience members to finish the sentences "I want/will want sex when/if..." "I don't want sex when/if ..." and "I guess I'd be okay having sex if ..."

Sophomore Miranda Treutel said that she was pleasantly surprised by the presentation.

"I expected it to be 'you should not have sex,' but it was more open," Treutel said.

Sex+ is in its fourth year of programming, but has never held an event centered on abstinence before, Jennifer Smith, director of the Women's Center, said.

Smith said feedback from past participants had mentioned wanting some abstinence-centered events, but the idea was made especially urgent after Brad Henning's appearance on campus last spring.

Henning, an educational speaker, was brought on campus to discuss healthy relationships. Some who attended the lecture thought he engaged in "slut-shaming" — rhetoric that blames and shames women for expressing their sexuality.

"After hearing what he had to

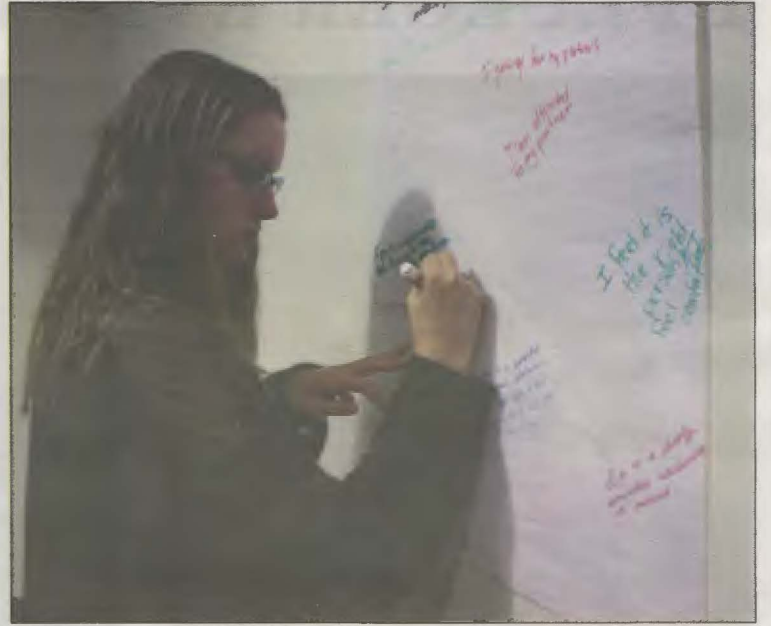


PHOTO BY EMILY JACKA

Sophomore Alice Henderson writes her thoughts about sex during a group activity at Sex+ Monday.

"Sex is optional. It's not required. Ever."

Heather Corinna  
guest speaker

say, it was clear a conversation needed to happen," Smith said.

Corinna argued that any kind of shame attached to how a person expresses — or chooses not to express — his or her sexuality

contributes to a culture that doesn't value choice or consent in sexual decisions.

Monday's event marked the end of the Sex+ events for the semester.

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## G.R.E.A.N. club members attend coal export hearing

By LEAH LARSON  
Guest Writer

Hundreds gathered in the Tacoma Convention Center Oct. 19 to attend the fifth and final scoping meeting for the proposed coal terminal in Longview, Wash. Among those were roughly 15 PLU students.

The scoping meetings were designed to ascertain the opinions of Washington residents on the proposed terminal. During the meetings, various community leaders asked a panel of experts questions concerning the issue.

The site of the scoping meeting was also home to a rally for both supporters and opponents of the terminal.

According to Millennium Bulk Terminals, an operating bulk materials port that may build the coal terminal, the proposed coal terminal would process up to 44 million tons of coal yearly, employ 135 workers and create up to 1,400 jobs for Washington residents.

Coal export is a lucrative business, but not everyone is enthusiastic about it. Critics say it would be bad for the environment.

In fact, president of the G.R.E.A.N. Club, senior Jenny Taylor, said that of the 850 people who attended the public hearing, around 750 were opposed to coal export.

Opponents to the potential coal terminal said they fear it could create harmful coal dust. They also believe it would create a traffic gridlock in Longview as



Members of PLU's G.R.E.A.N. club, clad in red shirts, attended a protest against coal exports in downtown Tacoma before the hearing Oct. 19. Many environmental activist groups and individuals expressed concern over the effects building a coal terminal in Longview, Wash. would have on the environment.

the 16 coal trains leave and enter the city daily.

"Coal doesn't necessarily feel like something that applies directly to our lives, but burning coal is incredibly detrimental both to our health and to environmental health," Taylor said.

Opponents also said coal processing has been shown to add to pollution and global warming, therefore possibly damaging the environment further.

Millennium Bulk representatives said their factories will be able to handle the coal in a way that will not negatively impact the environment. Some of the students present at the meeting, however, said they were not

convinced.

"I just don't think it's possible to accurately predict what the coal may do to the environment of that area," junior Christina Erikson said.

"Sure, they might say that they can take care of it in a clean way that won't harm the environment," Erikson said. "But historically speaking, coal has been shown to be extremely harmful for the environment. Just look at China."

Despite the widespread opposition to the coal terminal in Longview and the argument that it could potentially harm the environment, Millennium Bulk said the potential jobs it could create outweigh the harms.

"Communities are still recovering from the economic

downturn," Mark Martinez of the Pierce County Building and Construction Trades Council said. "This project provides an opportunity to turn it around with the thousands of jobs that would be created and millions in tax revenue generated."

Millennium Bulk said the project would create \$70 million in direct wages during the construction period of the terminal alone.

While no more scoping meetings for the project are being held, people are still able to submit their comments to Millennium Bulk online via their website, <http://millenniumbulk.com>, until Nov. 18.

Kjersti Andreassen contributed to this article.

## Campus Ministry office assistant bids adieu to PLU

By RELAND TUOMI  
Copy Editor

Administrative Assistant Jennifer Walleman of Campus Ministry is leaving the rainy weather and bad drivers of the Pacific Northwest to return to her home state of Missouri.

Walleman began working at Pacific Lutheran University's Campus Ministry in September 2011 when her husband was stationed at Joint-Base Lewis McChord.

As an administrative assistant, Walleman schedules and prints bulletins for chapel. She communicated with groups inside and outside of PLU to find out about events for the bulletin

announcements, and she also worked on the website and assigned tasks for the campus ministry stewards.

"You can't get anything planned with campus ministry without going through [Walleman]," senior Tommy Flanagan, University Congregation council president, said.

Campus Ministry held a farewell reception Wednesday for Walleman.

University pastors Dennis Sepper and Nancy Connor organized the reception and many Campus Ministry stewards and University Congregation Council members attended.

They asked Walleman what she would miss

about the area and PLU in general, laughing at memories and inside jokes.

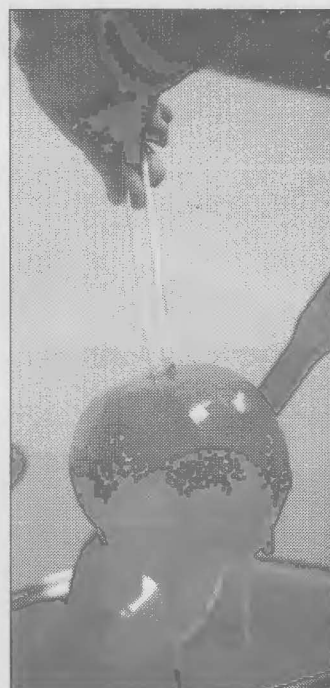
"Ever since I started working here, I immediately noticed everyone here really valued being here and wanted to make the most out of their time here," Walleman said.

Near the end of the reception, Pastor Connor and Pastor Sepper presented Walleman with a PLU sweatshirt, and the University Congregation Council gave her two tickets for a Missouri versus Texas football game.

Walleman and her husband began driving back to Missouri today with their two miniature schnauzers to live with her mother-in-law.

Her husband has found a job with a three-month contract in Kansas City, Mo.

## HONG HALL CELEBRATES FALL



Hong RHC hosted the Fall Fun Party Tuesday evening, which featured board games, apple cider and decorating gourds. LEFT: Junior Carly Brook cuts a rotten pumpkin with a butter knife. She later decorated the pumpkin. CENTER: Junior Hallie Peterson tries to get other people to guess the phrase "cease fire" while playing "Catch Phrase!" at the Hong Fall Fun Party Tuesday. RIGHT: A Hong resident fishes an apple out of a pot of caramel at the Fall Fun Party.

PHOTOS BY JESSE MAJOR

## What to do at PLU

### Ongoing

Family weekend. Various locations, Friday through Sunday. For a complete schedule of events, check out <http://www.plu.edu/parents/family-weekend/home.php>.

### Friday

Drawing for a Living: Making Money as an Illustrator. Steve Lieber and Erika Moen from Periscope Studios in Portland discuss being a freelance artist in this economy, their work with comics and internship opportunities. Ingram 100. 2-4 p.m.

Saxifrage multimedia showcase. Attend the first ever showcase for PLU's premier literary and art magazine. The Cave. 7-10 p.m.

Family Game Night. All are welcome for this family weekend event. Tingelstad Hall, 7-9 p.m.

Late Night Fish and Chips Bingo. Come play an intense game of bingo with Late Night Programming for your chance to win a pet Betta fish or a big bag of chips. AUC Commons, 9-11 p.m.

### Saturday

Egyptian Archaeology: The Future of the Past. Faculty Fellow Donald Ryan examines issues regarding Egypt's antiquities in the midst of the country's state of political volatility. AUC, 9:30 a.m.

PLU football vs. UPS. See the Lutes take on our crosstown rivals, the Loggers. Wear your black and gold and bring your Lute spirit! Sparks Stadium in Puyallup, 12:30 p.m.

PLU Variety Show. Come support students who have auditioned for a spot in this showcase of unique talent. Space is limited, so RSVP soon. AUC Chris Knutzen Hall, 7 p.m. and 8:15 p.m.

### Sunday

Family breakfast, Minute-to-Win-it style. Families can compete in a variety of 60-second challenges at different stations while eating their breakfast. The Commons, 9:30 a.m. - 1:30 p.m.

Coffee and fellowship. Come join other families and students before and after worship for a cup of coffee. Mary Baker Russell Music Center, 10:15 a.m.

University Congregation Family Weekend Worship. Lagerquist Concert Hall, 11 a.m.

Gina Gillie and Mark Robbins recital. PLU professor and Seattle Symphony principal team up to present several original horn compositions by composers from the Northwest, including two of Gillie's own works. Lagerquist Concert Hall, 5:30 p.m.

## DEATHS FROM PAGE 1

Wind, a learning program for the elderly.

During the 1980s, he and his wife led student groups to Nicaragua, El Salvador and Mexico for experiences that combined service, education and social justice work.

A lifetime sports lover, Hanson played varsity baseball and basketball in high school and college. He remained physically active until Alzheimer's slowed him down in recent years.

While in his 50s, he developed an interest in Tai Chi that continued after his retirement. In 1996, he founded the Tai Chi, Qigong, and Self Care Center of Tacoma. His Tai Chi practice took him to China for study several times.

Hanson's kindness, humor and open-minded integrity have made a deep imprint on the lives of his family and friends. Always striving to be his best, he led modestly and by example. His unique career path, driven by strong progressive beliefs and values, inspired those around him.

His ready smile and enjoyment of other people endeared him to all he met. He lovingly supported others, both in the pursuit of their dreams and in their moments of struggle.

Hanson is survived by his wife of 55 years, his three children and their partners, five grandchildren and brothers Bob and Merle. Hanson's memorial will be held in early January, 2014.

This article was compiled using information from Vernon Hanson's obituary published by his family: <http://vernhanson.com/>

## David Yagow

Dave Yagow was born Dec. 17, 1943, in Rockford, Ill. He received his bachelor's degree from Concordia Senior College (now Concordia Theological Seminary) in Fort Wayne, Ind., and in 1965 graduated with a master's of divinity from Concordia Seminary in St. Louis. He was ordained in the Lutheran Church, Missouri Synod, in 1970, later transferring to the ELCA roster.

Yagow worked as the registrar for Concordia Seminary in 1971 and was an assistant pastor at the Chapel of the Cross-Lutheran in St. Louis in 1973. He was registrar and assistant professor of exegetical and practical theology at Concordia Seminary in Exile (SemineX) beginning in 1974.

He came to Pacific Lutheran University in 1976, where he was hired as executive assistant to then-Provost Richard Jungkuntz, and thus began his 24-year tenure in the Provost's Office.

Yagow was promoted to deputy provost in 1983 and served in that role, later renamed associate provost, until 2000. In this role, he was a master of budget planning and implementation and served as recording secretary for the Deans Council.

He also led two university self-studies for the reaccreditation process. For the academic year 1988-89, he served as provost pro tem after Jungkuntz retired.

Between 2001 and 2007, he served as a senior lecturer of religion and as special assistant to the provost. He continued to teach religion classes part-time, as he had done while an administrator.

His students enjoyed Yagow as a teacher and engaged in spirited discussions with him during his classes. He officially retired from PLU in 2007.

Friends remember him as someone who absolutely came alive when he preached. He was well-known for his chapel homilies, where he often took on the persona of a biblical character.

Earlier in his career, he occasionally

preached for the Sunday-morning worship program produced by Church Relations and broadcast on KPLU.

Yagow was known as a man who relished life and would always have an interesting story to tell when friends dropped by, philosophy professor emeritus, Paul Menzel, said.

"He was curious, intellectual and an avid reader," Menzel said. "He had a fine, uplifting sense of humor." Menzel also said Yagow was a gifted writer who knew the importance and the power of just the right word.

In his retirement, Yagow continued his travels to countless art shows throughout the region, making personal connections with vendors that continued through the years. For many years he attended the Puyallup Fair, now the Washington State Fair, each day it was open, becoming a docent of sorts at the piglet palace.

On campus, he was a dedicated and loyal fan of the tennis and track and field teams, but especially of the baseball team, regularly attending its practices as well as both home and away games. He befriended many student athletes and was proud of their personal, academic and athletic successes.

"He was passionate in the best sense," Menzel said. "He spoke with insight, judgment and a deeply humane feeling."

Services celebrating his life will be held Friday at 2:30 p.m. in Lagerquist Concert Hall.

This article was compiled using information from a press release sent out by the Office of the President Oct. 27.

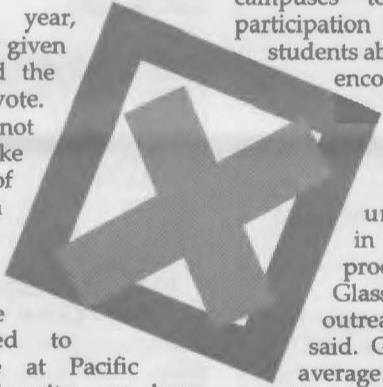
Yagow was a gifted writer who knew the importance and the power of just the right word.

Paul Menzel  
philosophy professor emeritus

## ASPLU sponsors concert to encourage students to vote

By RELAND TUOMI  
Copy Editor

Each year, Americans are given the right, and the privilege, to vote. However, not many of us take advantage of this American pastime simply because we have not registered to do so. Here at Pacific Lutheran University, we have acknowledged this problem with Lute Vote.



Lute Vote is a project created by Associated Students of PLU and many other university campuses to "increase civic participation through educating students about their rights and encouraging increased participation," according to the ASPLU website.

"Young people are underrepresented in the political process," Anika Glass, LuteVote outreach director, said. Glass also said the average voting age in Washington state is 64 years old. This year, there are 46 million Americans between the ages of 18

and 30, making college students the majority voters.

To promote Lute Vote, PLU and University of Washington Tacoma (UWT)



collaborated to put on a concert Wednesday.

ASPLU scheduled a pre-party costume dance in Red Square, but no one attended.

Students took the Washington Bus, a non-profit non-partisan service, to reach out to young people to vote.

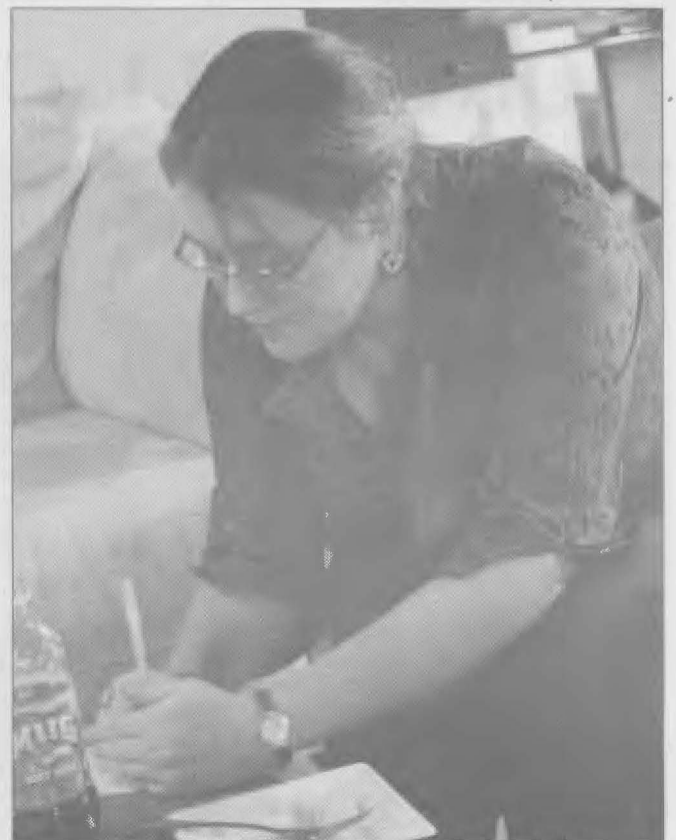
The bus took them to The Swiss, a venue in downtown Tacoma. Students could not only dance to

performances by SHEBEAR and Michelle and The Club, but also turn in their November ballots.

Mail-in ballots are the most popular method of voting in this state, so it is important for students to update their registration every time they move. It is especially important to update that information if residents are out of state.

If you would like to see your county's online voter pamphlet, visit Lute Vote's website at <http://www.plu.edu/asplu/misc/Lute-Vote.php>

## Campus Ministry party celebrates Reformation Day



PHOTOS BY JESSE MAJOR

Campus Ministry put on their annual Reformation Party Wednesday evening to commemorate Martin Luther's contributions to the Christian church. LEFT: Sophomore Maylen Anthony plays the game "Pin the Thesis on the Door," a nod to when Luther nailed his 95 theses on the church door in Germany listing his criticisms of the Catholic Church at that time. RIGHT: Junior Catherine Graham writes a sentence about Martin Luther for "Paper Telephone" at the Reformation Party. In Paper Telephone, participants guess what the phrase someone wrote is based on a drawing that someone else drew.

# 'Gravity'

*New film offers surprising themes of literary merit*

By THOMAS HORN  
Guest Writer

Through all of the stunning visuals, the defined symbols and the incredible acting talent, "Gravity" has the potential to win best movie of 2013 at the Oscars.

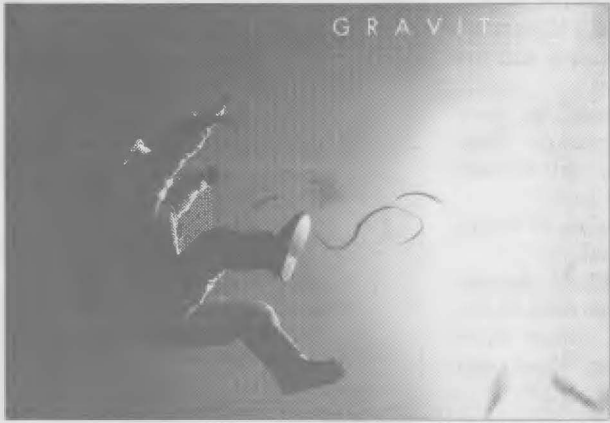
The visual imagery revealed in "Gravity" is simply stunning. The characters observe Earth from an unusual perspective, but a variety of objects also hurtle through space — aimed straight at the characters.

A quality that isn't found in most movies is being able to have such specific details in the special effects. Earth comes across as a magnificent planet — the quality of the special effects gives the film a good chance of winning an Oscar.

There are multiple elements in "Gravity" that makes it stand out from similar movies such as "Apollo 13" or "Star Trek." The movie has a form of a literary merit, featuring multiple symbols and themes. "Gravity" also only has two actors in the entire movie — George Clooney and Sandra Bullock.

While only having two actors in a movie could take away from the quality, this is not the case with "Gravity." Instead, the limited cast actually adds to the movie.

This is because the audience gets to know the characters so much more in depth than if there were multiple actors in the film.



"Gravity," starring Sandra Bullock and George Clooney, depicts the story of two astronauts floating untethered through the blackness of space.

Viewers also get to focus on every single emotion the two of them go through, especially Bullock's character, Ryan Stone. She is the star of "Gravity."

Ryan is a medical engineer who is conducting space shuttle operations with the help of an astronaut called Matt Kowalski, played by George Clooney.

She is going through a rough part in her life as she journeys into space, since her daughter passed away at the age of four.

The movie makes it clear Ryan hasn't found her purpose in life.

As the film progresses, prayer is portrayed symbolically in a scene where Ryan is fearful for her life. She falls asleep in her space craft and has a dream where she bows her head and talks to herself about how she wants to live.

This particular scene had a theme of never losing

hope, but the rest of the movie had other thematic moments about beauty and the significance of life.

One scene that represents the meaning and beauty of life is at the end of the movie when a frog gracefully swims through crystal clear water.

"Gravity" is no action-packed thriller, but it presents new ways of looking at life. Viewers need to pay attention to what's going on to understand the conception of the film.

The film critic website Rotten Tomatoes gave "Gravity" a positive 97 percent rating, an unheard of high score. *The Seattle Times* gave "Gravity" four out of four stars.

For those looking for a drama film that involves some abstract thinking, "Gravity" is the perfect movie. This film is likely to win multiple awards at the Oscars — "Gravity" definitely deserves it.

# KANYE WEST IN CONCERT

*What concert lacks in sound quality is made up for by West's showmanship*

By TAHNAYEE  
CLEN DINEN  
Guest Writer

When Kanye West stepped onto the Key Arena's makeshift stage Oct. 19, the air outside was crisp, seats were jam packed and people were sweaty and loving every minute of it.

The sound system blared as Kendrick Lamar, who opened the show, recited the lines of "Poetic Justice."

The bass made the ground tremble beneath our feet. As Lamar walked

off stage, we quickly switched from applause to chanting "Kanye, Kanye!" Eventually, the chants died out and he stepped on stage.

As he came out on stage, the crowd went silent for an awkward few minutes. We wanted West to do something. To jump, fall or even move. He just stood there staring at us.

Suddenly, he let out a bloodcurdling yell that caused us all to look around, bewildered. The first song he performed was from his new album "Yeezus."

The speakers were so loud it just sounded like static, but we didn't care.

In normal Kanye West style, the show was full of moments that would undoubtedly cause nothing but controversy.

The dancers on stage for most of the show were dressed in nude costumes or as nuns and preachers.

More than once, props and ceremonies used during the show resembled those of actual Catholic ceremonies.

West even went so far as to have a Jesus impersonator walk the stage with him.

Many people were taken aback by this, and it was apparent that this act caused a few people to leave the show.

Another interesting aspect was West's style of dress. His first performance outfit was

a ski mask covered in precious stones, a long tank that could easily be mistaken for a dress and baggy skinny jeans that didn't cover West's nether regions.

West later performed in nothing but jeans and a jacket, baring his chest during the second half of the show.

The first half of the concert was focused around West's latest album.

While we were excited about this, most of those in attendance were waiting for classic Kanye West songs.

These came in the second half of the show beginning with "Heartless" and ending with one of his earliest tracks, "Through the Wire."

It was a huge disappointment that he did not perform the songs that catapulted him to fame.

Hits like "Good Life" and "Gold Digger" were not a part of the set list.

Overall, even though it was a static-filled, noisy, sweaty place, the Key Arena was the place to be Oct. 19.

What the venue lacked in sound quality, West made up for in showmanship and performance.

His antics on stage left us in the crowd entertained and mentally reminding ourselves to buy tickets to see his next show.



PHOTO COURTESY OF KEYARENA.COM  
Kanye West performed in Key Arena Oct. 19 as part of his "Yeezus Tour." The tour visited 23 cities across the northern United States.

## Battle of the Bands: Of Monsters and Men competes against The Head and the Heart

By EVAN HERINGER  
Multimedia Editor

The Indie music scene has been teeming with great bands, and this week we will put The Head and the Heart face to face with Of Monsters and Men.

It's fairly hard to judge bands if you don't have a little background.

The Head and the Heart hail from the great city of Seattle. The band formed in the summer of

2009 and debuted its self-titled album "The Head and the Heart" in June of that year. This year, the band released its second album, "Let's Be Still" Oct. 15.

Of Monsters and Men is an Icelandic band, but its members sing in English. The band formed in 2010 and released its album "My Head is an Animal" in 2011. The album peaked at No. 6 on the Billboard 200 album chart.

Now let's get down to it.

First up for comparison are the bands' vocals.

The Head and the Heart centers around vocal harmonies between the three vocalists of the band: Josiah Johnson, Jonathan Russell and Charity Thielen.

The unconventional voices of Russell and Thielen really stand out. The two have gritty, booming voices that set them apart from most artists, and Johnson is there to balance it all out. They have the perfect vocal trio and absolutely rock the vocal harmonies.

Although The Head and the Heart has outstanding vocals, Of Monsters and Men has a duet that can match it. Of Monsters and Men's vocalists consist primarily of Nanna Himarsdottir and Ragnar Porhallsson.

They may have extremely difficult names to spell, but their vocals are like candy for your ears. The two have very clean voices that perfectly match each

other.

There isn't very much of a change in the vocals from song to song, and they can seem repetitive after a while, but the band still produces an amazing sound. They may not be gritty like The Head and the Heart, but after you hear one song, you'll be itching for more.

As far as style goes, both bands fall under the musical genre known as "Indie," but this does not mean they have similar styles.

The Head and the Heart tends to have a prominent acoustic sound incorporated with the perfect touch of piano, violin and drums.

The band's classic finger-picking guitar styles and its utilization of piano and violin, when combined with the vocals, ends up producing a very distinctive style.

Of Monsters and Men tends to be a bit more diverse when it comes to style. The band likes to use the acoustic sound in some songs but often switches to electric guitar with some horns and sound effects sprinkled in.

In this battle between two prominent Indie figures, The Head and the Heart emerges victorious.

The band's skilled harmonic trio and acoustic sound is a force to be reckoned with. The Head and the Heart may not be as popular as Of Monsters and Men, but it did originate just up north in Seattle and is definitely a band to watch.

That being said, both bands are worth checking out. Now go fill your debit card, search them on iTunes and press the download button like there is no tomorrow.



PHOTO COURTESY OF SUBPOP.COM  
The six members of the popular Indie band, the Head and the Heart, pose together for an album cover.

The band's skilled harmonic trio and acoustic sound is a force to be reckoned with.

# David Roholt Gallery Opens

*Art exhibition provokes a strong and positive student reaction*

By **TAHNAYEE CLENDINEN**  
A&E Writer

An exhibition of paintings by famous artist David Roholt provoked a strong and positive

reaction from the crowd during the gallery opening Oct. 17.

Originally from Salt Lake City, David Roholt's work has catapulted him into worldwide fame. According to his website, <http://davidroholt.com>, "he has

been featured in numerous solo and group exhibitions in Canada, Denmark, England, Germany, Nicaragua, South Korea, and the United States."

"The atmosphere is very opinionated," sophomore Katie Wentzel said. "The art is very expressive."

Roholt's art consists of bright colors and harsh lines.

Some paintings feature sizzling oranges and reds as the main focal point. Others have sultry, yet calming blues and purples.

The subject of his paintings, however, is not always immediately clear.

Roholt's art dwells on a blurred line between appreciating the abstractness of art and embracing the modern use of color and lines.

"I like the abstract qualities of his paintings" sophomore Jessica Gunns said. "He uses a lot of color and texture in his art."

Other students at the gallery opening appeared to enjoy Roholt's art as well.

"The art is very modern and provokes a lot of communication," sophomore Alexandra Steves said.

During the opening, there were many active and spirited

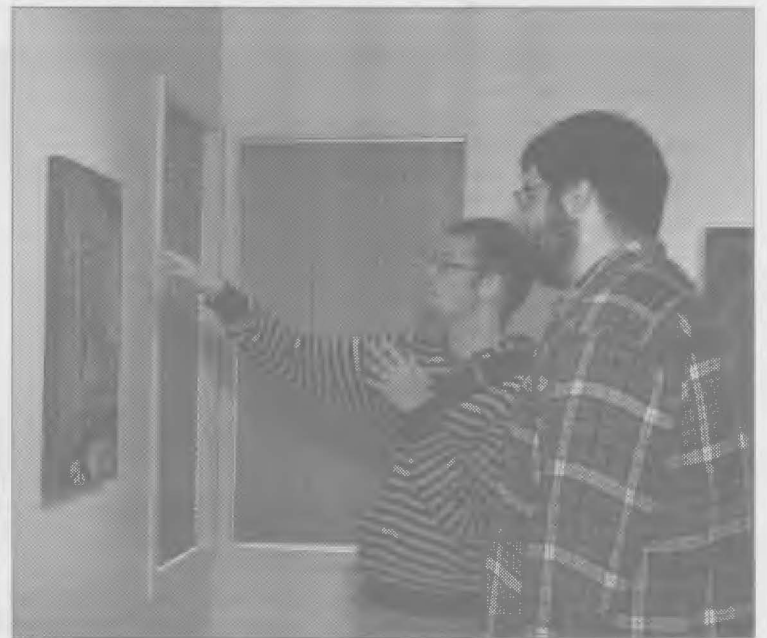


PHOTO BY MARLENE WALTOFT

Michael Rubalcava and Nick Mann discuss David Roholt's Caboose Car, which Roholt painted in 2008. The gallery is open in Ingram Hall through Nov. 13.



PHOTO BY MARLENE WALTOFT

Jenny Roholt, artist David Roholt and Denise Yochum talk during Roholt's gallery opening in Ingram Hall. Seven of the featured paintings have never been displayed in a gallery.

debates all over the room.

People zoomed from painting to painting with their views plastered all over their faces. From jubilant smiles to scowls, the communication came from all directions in every form.

All in all, Roholt's gallery wasn't a typical stuffed shirt

event. There was room for discussion, laughter and the art seemed to motivate sincere emotion in its audience.

Roholt's exhibition is available for viewing from 8 a.m.-4 p.m. and will run in Ingram Hall's University Gallery until Nov. 13.



## Fall Choral Concert Performance packs Lagerquist

By **THOMAS HORN**  
Guest Writer

The Pacific Lutheran University choir students demonstrated a well-balanced sound during the Fall Choral Concert.

The concert included the Choir of the West, Chorale and the University Singers and took place Oct. 22-23 in Lagerquist Concert Hall.

There was not an empty seat to be found throughout the entire hall.

The choirs performed under the direction of Nathan Frank, a visiting music instructor, and Brian Galante, an associate director of choral studies.

Frank conducted both the University Singers and Chorale, while Galante conducted the Choir of the West.

The Chorale performed first, and it had five songs that featured multiple soloists. The soloists varied in different dynamic levels, but the rest of the group

accompanied all of them. The audience could hear every little detail in Lagerquist.

"On the stage, you can't hear the same clarity when you're performing," first-year Elliot Turner, who plays the guitar in the jazz band, said. "When I'm in the audience, I can hear everything so clearly."

All of the soloists had voices that were able to cut through the accompaniment of the group and be heard by the audience.

First-year Michael Greer had a solo during the song "MLK," which he said he thought went really well. "My music teacher always says as long as you're happy with your performance, there's nothing to be ashamed of," Greer said.

The University Singers, an all-female choir, performed next.

The group sang three songs and used percussion instruments, unlike the other groups.

Following the University Singers, the Choir of the West, a co-

ed group and top choir at PLU, came on stage to perform. They sang five songs with especially loud bass notes.

The last song the group performed featured Paul Tegels, university organist and an associate professor of music, on the organ.

The organ added a classical effect to the overall song — it filled the entire hall with sound.

All three choirs performed the final song of the night, "Beautiful Savior," together. The choirs invited the PLU alumni in the audience to participate as well.

As the last note faded away, they received a standing ovation.

"It was really astounding. It was great to see how many alumni there was," first-year Kyle Sturmer, a bass singer in Chorale, said. "I can tell that they still have a passion for music and that's so cool to see."

The next choir concert is the Choral Series, Choral Union, will be Nov. 16.



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# 'NIGHT OF MUSICAL THEATRE'

## Traditional performance of classic numbers is a success

By **TAHNAYEE  
CLENDINEN**  
A&E Writer

There was "No Day But Today" for audiences to attend Night of Musical Theatre. The cast's phenomenal work took place last Friday, Saturday and Sunday in the Karen Hille Phillips Center for the Performing Arts.

Night of Musical Theatre was a collection of musical numbers derived from various popular musicals.

Some parts of the performance that did have a sub-story line really grabbed the attention of the audience.

One of the best numbers of the night was undoubtedly the cast's rendition of "Big Spender" written by Cy Coleman and Dorothy Fields for the 1966 musical "Sweet Charity."

The actresses were dressed in a classical burlesque style.

The rendition was just enough to leave you wanting more, but not enough for you to feel as though you've already had it all.

The dance was reminiscent of the original "Sweet Charity" version, but it was no generic copy.

It was incredibly fun to sing along and watch the performers enjoy themselves on stage.

The most intense part of the night had to be during the song "Make Me Happy," which left the audience captivated by a gripping love triangle.

A woman, who works as a Spanish tutor, falls in love with

one of her students.

They are inevitably caught by the woman's boyfriend. In a fit of passion, the boyfriend confronts the lovers later on in the show with a drawn handgun.

During a struggle for the gun, the lover is shot.

Even though it was clearly not a real shooting, the acting in addition to the singing was so heartfelt and sincere it was hard for viewers to grasp the fact that they were watching a play rather than an actual scene of life.

Every act in the play was performed as though it were the main one, making all of them seem equally important.

There were no awkward scene changes or lagging moments. The entire production was well rehearsed and put together.

All of the singers were adequately matched in talent and ability to perform.

Anyone who hasn't attended a Pacific Lutheran performance should mark their calendars for the next time an act is scheduled. PLU's performers do not disappoint.



PHOTOS BY ALISON HAYWOOD

ABOVE: Junior Amelia Heath poses during "Big Spender."

TOP RIGHT: Lutes perform the song, "Masquerade."

BOTTOM LEFT: First-year Nanna Laursen sings in "21 Guns."

BOTTOM RIGHT: Andre Lavoie plays the drums in the Orchestra.



# Zombie Zumba

## Costumed Lutes flood Olsen for special event

By **KELLEN WESTERING**  
Guest Writer

Zombies flooded Olson Auditorium Monday as LuteFit presented, "Zombie Zumba." More than 50 students attended, dressed in creative costumes such as a blood dripping axe murderer and Buzz Lightyear.

Zombie Zumba encompassed exercising through both Zumba, a

fitness program that incorporates elements from various styles of dance, and the celebration of Halloween.

"I had such a great time," junior Bethany Auld said. "I love to share my passion at the same time as creating a healthy environment to exercise while having fun."

Auld teaches a Zumba class for Pacific Lutheran students every Monday night.

"When I heard there was

going to be Zombie Zumba, I got really excited," Auld said. "I'm very glad LuteFit put this event on."

LuteFit is a PLU organization that promotes exercise. Susan Westering, a member of the LuteFit committee, said LuteFit promotes a climate of wellness in which students, staff and faculty may become more engaged in healthy behaviors.

In the spring, LuteFit puts on the Color Run. Zombie Zumba was LuteFit's fall event.

Zumba instructors Kristyn Dahl and Mandy Huetten led the charge.

The LuteFit committee recruited them to come and put on this event. They have been featured on "Evening Magazine" and voted the Best of Western Washington in Fitness Instruction.

"PLU was very energetic and a lot of the students really got into it," Dahl said. "It made for a fun atmosphere."

The zombies danced for 40 minutes straight. Up-tempo music blasted wall to wall in Olson Auditorium. But there was only one way to end the night. The final song consisted of all

40 zombies dancing in unison to Michael Jackson's "Thriller."

The zombies were in full effect and in their natural habitat. "Finishing with the song 'Thriller' was the best possible way to end the night," Westering said. "It fit perfectly, and every student was in character."

After the "Thriller" finale, it was time for the awards. Director of Academic Advising Hal De La Rosby, who was the MC for night, announced the winners of the costume contest. A student who wore a red tutu with blood markings everywhere won the award for scariest costume.

A Clark Kent won best costume by wearing a revealing Superman shirt that showed off his abs.

"The costumes were very entertaining to see," Dahl said. "Watching the students do Zumba in the costumes was priceless."

Despite the fun students had dressing up in crazy costumes, Auld said her favorite part was being able to do Zumba with her friends. "Seeing everyone who came to the class engage with the instructors, shaking and having a blast was a memory I'll never



PHOTO COURTESY OF KELLI BRELAND

Lutes gather on stage in front of a lighted background of eerily lit trees.

forget," Auld said.

Westering said her favorite part was the grand finale. "Seeing everyone dress up in costume was really fun, and then ending with all of us doing 'Thriller' was great," she said.

Auld said she thought the event was fun and worth doing again next year, but would like to see more people attend in the future.

"I think that if we advertise for the event more and bigger, then the turnout would've been greater," she said.

Once the clock struck 10 the zombies crept their way out of Olson Auditorium into the spooky fog of Parkland.



PHOTO COURTESY OF KELLI BRELAND

Lutes gathered in Olsen on Oct. 28 for Zombie Zumba. Costumes, music and fun were in abundance during this special Halloween themed event.

# ACCOUNTING FOR DUMMIES

## How to protect your identity online

By BJORN SLATER  
Business Editor

Although most students have grown up with the Internet, it is still relatively new as far as marketplaces go. However, the Internet is far from primitive.

Most people with bank accounts are able to make electronic purchases — the problem is doing it without having their identity stolen.

Identity theft is a reality for more than 15 million Americans annually according to <http://www.identitytheft.info/victims.aspx>, and that doesn't even include the 100 million people whose identities are put at risk each year by lost or stolen information from government and corporate databases.

Not all of these cases are online identity theft — the traditional methods of dumpster diving for bank statements and old bills still work for aspiring identity thieves — but for proficient "hackers" it is a simple task to take advantage of unsuspecting Internet users.

There are many things Internet users can do to stay safe while browsing and, especially, shopping online. Here are some tips for guarding against online identity fraud:

### Consider using a credit card instead of a debit card

Many credit cards come with built-in identity theft protection, so if a strange charge appears on someone's credit card statement all that person has to do is call his or her credit card company and the company will investigate the charge.

This means people should check their credit card statements

more than once a month when the bill comes, as many companies have varying time limits on how long a charge can be disputed after it is charged to the card.

Debit cards offer less security because banks are less diligent about pursuing fraudulent purchases from a personal banking account versus a credit account that uses a credit card company's money to make a purchase.

### Only trust secure websites

One of the best ways to keep identities secure is to stay on websites that have the "https" prefix and the little padlock in the search bar. When using sites that only have an "http" prefix, make sure anti-virus software is up to date and stay away from sites with unfamiliar names or sites that instantly open multiple pop-up ads without clicking anything.

### Don't open links in emails

Trustworthy businesses won't send emails asking for additional financial information according to the Better Business Bureau, and even if the email seems legitimate, remember that it could be a scam site posing as a retailer. It is always safer to type in web addresses instead of clicking on links anyway, but fraudulent emails are especially risky.

### Change passwords regularly

Most sites have different requirements for passwords, so Internet users end up with different usernames and passwords for each site they visit. Using a mix of numbers



PHOTO BY MARLENE WALTOFT

A more traditional method of identity theft is pencil rubbing a credit or debit card.

and upper and lowercase letters, while annoying to remember, makes passwords harder to crack.

Keeping track of passwords can be a hassle, but making a secure document with all of the different usernames and passwords will help keep them all straight.

Avoid using Google Drive — a simple Word document saved to the hard drive of a personal computer is plenty secure as long as anti-virus and spyware

software is up to date.

### Be extra careful shopping on cell phones

Using mobile devices to shop is rising in popularity, but the shortened web addresses make it easier to trick consumers to visit harmful sites.

Also, using public Wi-Fi hotspots while browsing may speed up connections, but can also make valuable personal information accessible to hackers.

Avoid entering passwords or debit and credit card numbers while using public Wi-Fi.

These tips aren't all it takes to stay safe online. Remember to be smart when browsing the web, and a good rule of thumb is to never trust anyone met on the Internet who is a stranger in real life.

Identity thieves are always lurking, but using good judgment and keeping these safe browsing tips in mind can help mitigate the risk of identity theft.

## Career expo offers volunteer opportunities



PHOTO BY JESSE MAJOR

Junior Alex Dasoff fills out an information request form for the Navy at the Fall Internship, Volunteer, & Job Fair Oct. 23.

By KELSEY HILMES  
Guest Writer

Volunteering has always been an option for career growth, but students don't always recognize it as such.

More than 60 companies and organizations networked with students in the Anderson University Center Oct. 23 for the Fall Internship, Volunteer,

& Job Fair.

Ordinarily, the event is all about internship and job opportunities, but this year, Career Connections chose to combine the career fair and the volunteer fair for the first time.

"We worked to make it an all-encompassing event for students so that they can experience both the job and internship side and the

volunteer side since they're so closely connected," Tiffany Lemmon, assistant director for Community Engagement and Services, said. "You get to know a variety of organizations here in Pierce County."

Lemmon said Pacific Lutheran University combined the fairs because volunteering helps students learn more about the kind of

work they enjoy and can lead to jobs and internships later on.

"It's kind of one big one-stop-shop for a lot of different opportunities," Tracy Pitt, recruiting and outreach manager for Career Connections, said.

Students who registered in advance for the career fair received nametags with their majors on them at a check-in table outside of the Chris Knutzen Hall.

Students traveled across the hall between the job fair and the volunteer fair, occasionally stopping at the photo booth that offered free professional photos for students to include on their LinkedIn accounts.

Some students, like first-year Nicholas Dominichi, came to the career expo with their class.

"Overall, there's really good information, really good people there, and people get jobs there," Dominichi said. "It gave me a lot of ideas about what to improve on in the future."

Dominichi isn't the only student who is using the career fair as a chance to practice for future job hunts. After three career fairs, senior Dominic Napat, a student employee

of Career Connections, has noticed positive results.

"I've networked with a lot of people, I've gone on some informational interviews, and I've gotten some job offers from the fairs," Napat said. "I noticed I've changed how I conduct myself professionally every year. It's better."

The combined fairs resulted in higher student attendance. Pitt said the combined fair is something Career Connections hopes to continue in the future.

"Logistically, we'll always be making it better, ironing out any kinks that we find," Pitt said. "But I think students are enjoying being able to find internships and jobs over here and also volunteer positions over there."



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# Masdar: City of the future



PHOTO COURTESY OF BLACKLEMAG.COM

By **PETER MUELLER**  
Guest Writer

When one thinks of a futuristic, sustainable and technologically groundbreaking city, an image of the Jetson's residence in Orbit City might come to mind.

Aside from a suitcase that can change into a hover car and an artificially intelligent companion named Rosie, Mubadala Development Company's Masdar City in Abu Dhabi envelopes all of what the city of the future might look like.

In an effort to move the United Arab Emirates' natural resource based economy away from oil production, Masdar City is looking to be the international hub of

renewable energy innovation.

In 2006, planning and development on Masdar City began with an initial budget of \$22 billion. The five-phase plan included corporate headquarters, 1,200 storefronts and residential space for 50,000 people.

Now in phase two of the project, Masdar City is composed of 3,000 inhabitants, the Masdar Institute, an unmanned inner city transport system, two corporate buildings and multiple residential housing complexes, *Bloomberg* reports.

All development in Masdar City is designed and built with sustainability and renewable energy in mind. Fosters and Partners, a leading green architecture firm, has created structures

that maximize organic light, shading and air flow to create a climate 10 degrees cooler than outside the city.

All structures within Masdar feature solar panels that generate 30 percent of the city's energy. Alongside the incredible functions of Masdar's city structures is the design of the buildings, which are nothing short of architectural eye candy.

With fractal-like structure designs accented with traditional Middle Eastern patterns, the city is a template for sustainable modern architecture.

Masdar City is creating a template for zero emission inner city travel. No personal automobiles are allowed within the city, leaving residents to use an unmanned,

zero emission mass transit program called Personal Rapid Transit (PRT).

Designed by 2getthere, a sustainable mobility solutions company, the PRT system features an underground system that transports citizens from station to station in a Mitsubishi i-MiEV automated electric cabin car.

In order to maximize shading and eliminate roadways at ground level, the PRT system is completely underground.

When the financial crisis of 2008 struck, Masdar City was forced to scrap the expansion of the underground PRT system in order to cut costs and continue ground-level development.

In response to the expansion cut, engineers heading transportation in Masdar City are looking to implement an unmanned electric car pilot on ground level in 2015, *Scientific American* reports. Masdar City has also reached an agreement with Abu Dhabi to expand the neighboring city's mass transit and light rail systems to run through the city.

The most groundbreaking part of Masdar City is the Masdar Institute. The institute is a graduate school developed in association with the Massachusetts Institute of Technology, and it offers eight Masters programs.

The student body of the Masdar Institute includes 213 graduate students from 33 different countries. The institute's facilities include sustainable labs that are conducting some of the world's most innovative renewable energy and nanotechnology research.

Masdar City and the Masdar Institute have started

working on a project to create new biofuels for the aviation industry. Nearly 500 acres of coastal land was donated to them by the United Arab Emirates for the project.

The project looks to take carbon dioxide rich saltwater from shrimp and fish farms from the surrounding area and pump it into semi-arid land to grow salt tolerant plants such as salicornia. Once the plants have been harvested, they are then crushed to create biosynthetic kerosene for aviation-grade fuel.

The project is still in the experimental stage, but past projects by the Masdar Institute using the same technology have yielded promising results.

In 2011, the Masdar Institute began a similar project on a smaller scale that created enough biosynthetic kerosene for an Etihad Airways cargo plane to fly from Abu Dhabi to Seattle year round.

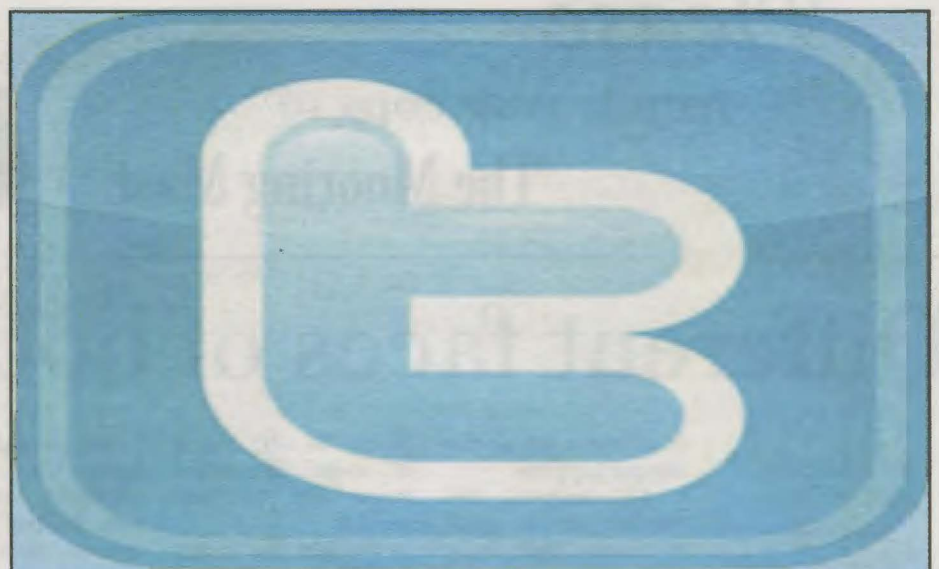
With every piece of arid land needed for conventional agriculture and with only 3 percent of the world's water being fresh water, this project might be revolutionary to the biofuel industry.

Developers of Masdar City have set the completion date for 2025. The rapid growth and promising results of the city's innovation have led some corporations, including the electronics and electrical engineering company Siemens, to move their headquarters to Masdar City.

Masdar City is aggressive in sustainability and renewable energy projects, treads lightly with zero emissions and could one day be the template for sustainable inner city development and architecture.

## Did you know?

Currency in circulation before 1929 measured 3.125 inches by 7.4218 inches. In 1929, the size was changed to its current measurement of 2.61 inches wide by 6.14 inches long.



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# LETTER FROM THE EDITOR

## Paper or plastic: the cost of using cash

By BJORN SLATER  
Business Editor

Cash seems to be going out of style, so much so that there is a cost associated with using primarily cash instead of a debit or credit card.

A new study by Tufts University called "The Cost of Cash in the United States" reports the cost of using cash for the average American family is, conservatively, \$1,739 based on an average family size of about three people for an average cost per person of approximately \$580.

These costs come in many forms, from check-cashing services and withdrawing from ATMs that aren't built by the withdrawer's bank to the cost associated with having to drive the extra distance to a bank or a bank's ATM.

These fees stack up, costing Americans a total of \$43 billion last year alone according to <http://www.cnbc.com>. There's no denying cash is an important part of the economy. It provides a psychological security for some people because it is accepted everywhere.

However, electronic payment methods are taking over. Credit cards, debit cards, online and even phone payments continue to gain market share every year, putting pressure on businesses to accept electronic payments or risk missing out on customers who don't carry cash.

These costs to businesses are reflected in higher price tags on goods and services and sometimes a surcharge at the register.

The transition to plastic benefits everyone who hops on the bandwagon — there are numerous benefits to having a debit card and an electronic banking account such as e-banking, or online management of the account, which allows people to check their balance at a moment's notice and even pay bills with just a few clicks.

Banks make it easy to sign up. At Bank of America there is no fee for signing up for a checking account, although the bank does like to have



PHOTO BY JESSE MAJOR

Business Editor Bjorn Slater displays his personal forms of payment methods. In his right hand he holds his own Major League Baseball themed debit card, which he favors for everyday use.

an initial deposit of \$20-100.

If a banker is available, it is possible for someone to be signed up for a checking account with a temporary, but functional, debit card in his or her wallet in less than 30 minutes.

Credit cards often have rewards systems that often allow consumers to save on purchases at certain stores and redeem points for cash or gift cards at those stores. These rewards allow people to partially recoup costs and save themselves money in the long-run.

Many of the upsides to plastic come in the form of convenience: it takes longer for a cashier to take cash, get the right amount of change and put it in the customer's hand than it does for the customer to swipe a card and hit "yes" twice.

This time cost of cash means that cashiers help fewer customers in a given time period, and their opportunity cost of accepting cash goes up for each customer who doesn't use an electronic payment method.

So, when one housemate asks another for a portion of the utility bill, they should consider an electronic transfer. It saves them the time of going to deposit cash or a check, writing a check or withdrawing cash.

Time is money, so time saved is money saved. Every penny counts and saving a penny here and a penny there adds up.

Cash will never go away and it's great for paying back those McDonald's debts, but having a debit card for everyday purchases makes

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# Different faces of body image

By ALYSSA  
FOUNTAIN  
Columnist



Winnie the Pooh has something in common with the real world.

Our friends are all different shapes, sizes and colors. Meanwhile we all want to be a little more this way or a little more that way, and so we go to our thinking spots, which

is where a lot of the danger happens.

All around the world, people seek to change their body in various ways, sometimes going to extreme lengths.

It's not just the U.S. When I was in Uganda, there were advertisements everywhere for creams to gain bigger butts and hips. Everyone wants to be heavier, leading to the common compliment: "you are so fat."

In the U.S. though, we strive to be our smallest. Stuff and fluff is not okay, and we have to hope our stitching doesn't pop.

We desire to lose as much weight as possible, leading some

people to skip meals or make themselves throw up to lose weight.

We fear the things that people say behind our backs. What is even worse is that sometimes people do say horrible things. "She was so fat, it was like, eww" is something I heard the other day.

Women often turn to the extremes offered on the TV: diet supplements, lipo suction and a world of hunger and pain.

As I said, body image issues are worldwide issues. It affects men as well as women. Men are pressured to be larger than women with sculpted muscle.

Men are teased about having a "doughy stomach" or about not having enough muscle. Men tend to be so self-conscious about this that they work out to extreme lengths.

Negative body image is not only something that leads to crazy diets, though. It is something that also affects us every day.

We think about it when we get dressed, we think about it when we see our reflection in the mirror, and we think about it when someone wants to take a picture. It infiltrates everything and can lead to poor reactions and major dips in self-esteem.

Pacific Lutheran University does a lot to combat negative body image. We have Love Your Body Day, put on by the Body Love club. We also have the Women's Center — which promotes health for women and men.

But I wonder if it is enough.

We all come in different shapes and sizes and colors.

Personally, I am "short, fat, and proud of that" to quote Winnie the Pooh. I am proudly made of stuff and fluff.

Let's all accept each other for where we are, and not look down on anyone else or on ourselves.



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# MUSICAL 'KISS ME, KATE' SPARKS DEBATE

By SAMANTHA LUND  
Columnist



The theatre department decided on, worked on and performed "Kiss Me, Kate" within four months. There were some students in the musical who had never sung before, and three months of training later, they were on a stage in front of hundreds of people, singing.

That alone made the musical a success.

The musical was part of the grand opening for the Karen Hille Phillips Center for the Performing Arts.

The gala held for the opening brought many patrons and filled the theater with 580 people for opening night.

After that, the musical did not have a single show with less than 270 in attendance.

The director, Jeff Clapp, said he wanted to create a colorful, energetic spectacle

to grab attention, and he did just that.

Anything big enough to get attention creates a ripple effect.

A week after the 1949 Tony Award winning musical hit Pacific Lutheran University, it became clear that some students were not happy about the gender stigmas and stereotypes portrayed in the musical.

In response, Amanda Sweger, the set director, put together a panel of PLU faculty and actors from the musical to discuss gender dynamics in the play.

During the discussion there was a quick shift from focusing on gender dynamics to a debate about the play's validity.

A group of about 20 students gathered in the Scandinavian Cultural Center and wanted to know why the play was chosen and accused it of not being representative of PLU as a population.

The backlash from "Kiss Me, Kate" took place Oct. 21 when students doubted their

voices were being heard.

There were three main issues these students had with the musical: it had domestic violence against women, it was 'outdated' and for an older crowd and it lacked a talk-back or any form of educational element other than the panel, which was put together after the fact.

The mentality of the panel session was set by the students in the audience. The mentality was to point fingers and blame the theatre department, something I think to be completely unfair and unjust.

After the panel, I sat down with Jeff Clapp, artistic director of theatre and discussed his reaction to the panel. Clapp said he did not understand why the panel discussion shifted into attack mode.

Clapp said the play was meant to be fun and energetic.

The play was realistic in the idea that Frank and Lilly, two lovers in the play, were in love but also fought, just

like couples do today.

The musical was meant for everyone to enjoy and appreciate. Clapp, though he was not invited to the panel, said he thought the discussion should have stayed on the gender dynamics.

As far as PLU should be concerned, "Kiss Me, Kate" was a success by any measure.

We have a great group of faculty who went through 30 scripts before landing on "Kiss Me, Kate," sure they had picked a good play for the opening of our new center.

The musical brought attention and music to campus.

If we cannot enjoy a play from 70 years ago because it is 'outdated' then we might as well throw away the last 2,000 years of theater, disregarding all the great work that has been done.

If we are so progressive that we cannot look back, then we have failed.

Anything big enough to get attention creates a ripple effect.

# Establish boundaries

By TAHLIA TERHUNE  
Guest Columnist



"Don't talk down to me."  
"It's your turn to pay."

Acknowledging personal boundaries helps contribute to a healthy relationship. If you feel comfortable speaking your mind, this could be because you have established your boundaries and know where to draw the line in your relationships.

Having attended the relationship workshop Oct. 25, I can now say I have a better idea of what unhealthy or healthy relationships look like. Our generation has failed at striving for healthy relationships, and I think a large part of that is due to what we tolerate.

At the workshop, we spent a lot of time discussing boundaries and what ours were. When I think of the word 'boundaries,' I typically lean toward physical boundaries, because we already have a few generalized social norms to go by.

Never have I actually spent time thinking about what my emotional boundaries were, let alone what my economic boundaries are.

In a romantic relationship, you may need to establish boundaries in all of these regards. Physical abuse is easy to identify, but mental and emotional abuse can easily be forgotten.

In a romantic relationship, you usually have someone who wears the pants. They are more of a leader in the relationship, and this is perfectly natural.

However, if the leadership begins to turn into a dictatorship, this should be a red flag. A controlling man or woman in a relationship needs to be spoken to about boundaries. If you don't like being talked down to constantly, make that known.

Feeling comfortable empowers you to express your thoughts more easily. It's not solely explicit to romantic relationships. It may come in handy when a friend has insisted they'll pay you back for dinner for the fifth time now.

If your boundary and personal values say, "I won't let a friend take money without paying me back," you'll find yourself with an advantage to let them know that's what you expect. If you haven't acknowledged this as something you value, you may allow the friend to continue this behavior.

In turn, the situation could make you uncomfortable, but you might not necessarily know how to go about it. This may lead to unhealthy relationships that have unidentified boundaries.

Identifying your boundaries ahead of time gives you more opportunity to establish them early on in the relationship. I think we should hold each other accountable for finding our boundaries and implementing them.

Knowing your boundaries will give you more confidence and allow you to be more comfortable in relationships with your peers, romantic partners, friends, parents and everything in-between. Do not tolerate anything that isn't up to your standards.

## Corrections

Oct. 18 Issue

In the page 2 article "Clarifying the contingent faculty situation," members of the national NLRB board agreed to hear the appeal, not the regional director.

The names of Brendan Stanton and Andrew Tinker were reversed in the photo caption on the page 3 article "Debate team edges out rivals at national tournament."

# Sustainability

## Think twice before you shop for groceries

By SHANNON MCCLAIN  
Guest Columnist



One part of college is you won't typically have your parents around to cook for you.

While the Anderson University Center Dining Commons is a substitute for a while, eventually we all must begin cooking for ourselves. Cooking means that we will often be navigating the grocery store.

The grocery store has many choices of products you can buy. Eventually, we wonder about the differences between the various brands of similar products.

Now, you can choose your products based on price or healthiness. However, you can also make the decision based on the sustainability of the products.

Next time you are at the grocery store, look at the brands. There are always the big name brands, but there are also smaller brands that may be more local and specific to your own community.

The average distance our food travels is 1,500 miles. Generally, it travels by air or by road. Both these methods of transportation use fossil fuels, causing more carbon dioxide and other harmful chemicals to be released into the air.

Local food is grown and harvested near the area it serves, thus reducing the distance that the food travels to be available for its customers. This can significantly reduce the air pollution that is caused by the transportation of products.

In addition, these local brands generally use more sustainable processes to grow and cultivate their food. The big brands usually use more industrial processes in order to produce the most amount of their product for the least amount of money.

However, we must also be smart shoppers. While most

people believe that local food is always equated with fresh, sustainable and healthy, sometimes this isn't the case. Food that is produced locally means just that. It was produced in the region in which you live.

It doesn't guarantee that the food was produced in an environmentally conscious manner. There are some big companies that capitalize on the connotations of the term "local," so uninformed customers may buy their products under the assumption they are produced sustainably.

Additionally, as the term "local" doesn't have a set distance, the distance could still be far away from the point of purchase.

While there are big companies that use the loose definition to try to exploit customers, there are also a lot of small local businesses that do produce their products in a sustainable manner.

So, in order to navigate the range of brands and products, we must be well informed consumers. It is easy enough to research the local brands, or even international brands, to see what their practices are in the growing and harvesting of their product.

To find food that is locally grown, try shopping at farmer's markets. There are many that go on almost year round, and they will have food grown by farmers in the area. Locally owned grocery stores are also a good option, as they generally support farms in the area by buying their products.

We can reduce harm to the environment by buying locally, supporting local farmers and supporting the community by using our buying power to make informed, conscious choices on what we put into our shopping bags.

There are some big companies that capitalize on the connotations of the term 'local'

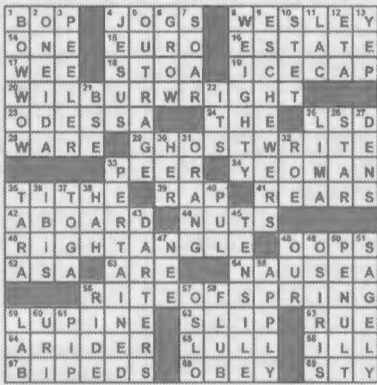
Universal Crossword

Edited by Timothy E. Parker November 3, 2013

ACROSS

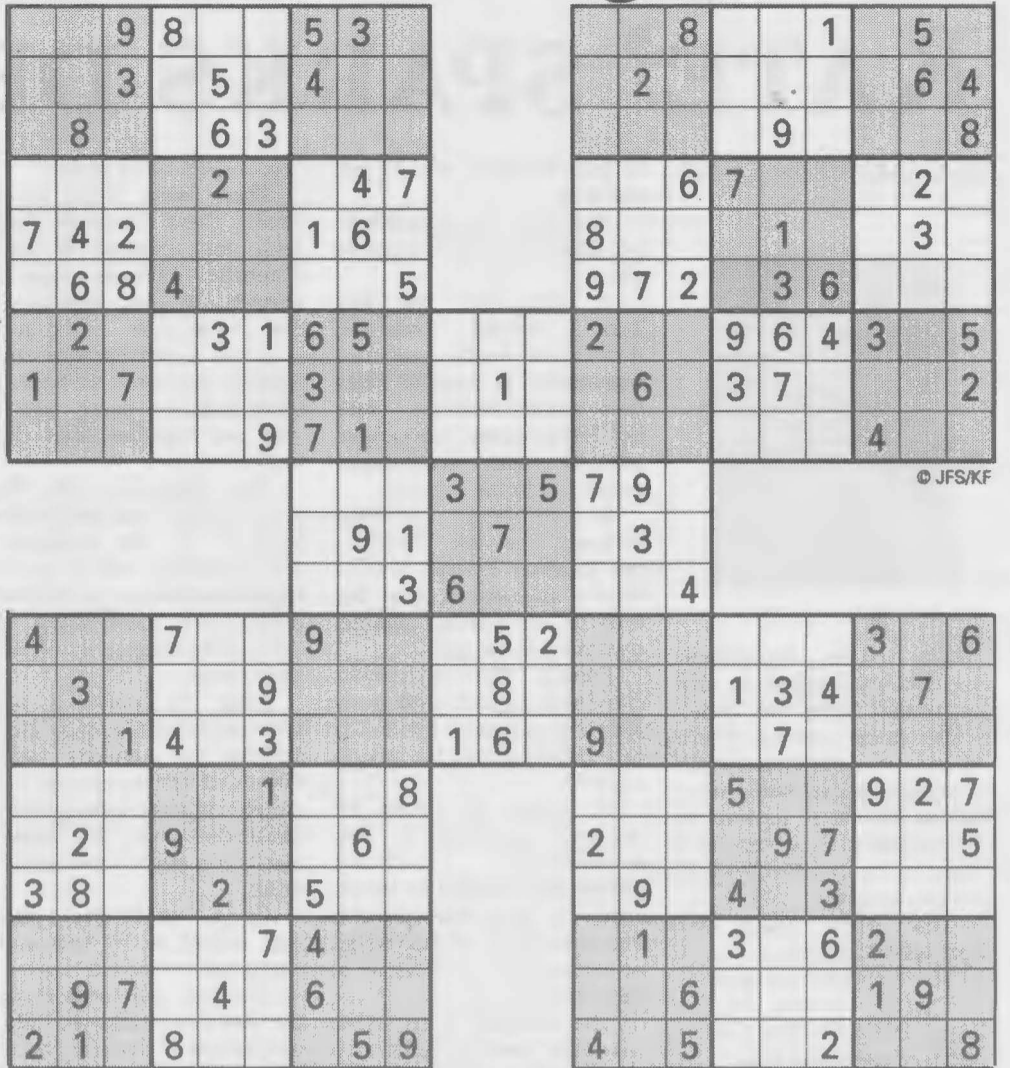
- 1 It may be seen over a bowl
- 6 Has wings?
- 10 Special police team
- 14 Diving duck
- 15 Promenade for Plato
- 16 Botanical branch point
- 17 A wit's attribute
- 20 Seasoned sausage
- 21 Tropical trees
- 22 Religious splinter group
- 24 Shirt part
- 25 Wedding announcement word
- 26 Luftwaffe battlers (abbr.)
- 29 "L.A. Law" star Susan "That's mine!"
- 30 Banned fruit spray
- 34 Relaxing retreat
- 36 Not take it lying down
- 40 Rib restaurant's handouts
- 44 Auto-correcting device
- 45 You can do it on your side
- 46 Fizzy drink
- 47 Short golf stroke
- 50 Ribonucleic acid,
- familiarly
- 52 In accordance with
- 53 Venomous snake
- 56 Prefix for season or deceased
- 57 They may get scrambled around
- 59 Slayer of the Minotaur
- 61 Recordings
- 65 Dripping
- 68 Like Sunday morning, according to a song
- 69 Type of therapy
- 70 Spooky
- 71 On the calm side, at sea
- 72 Utopia
- 73 Old-fashioned exclamations
- DOWN
- 1 They're made daily
- 2 Old Pisa dough
- 3 Poem of the countryside
- 4 Badlands sights
- 5 College track, briefly
- 6 Alpine road shape
- 7 Put on the feedbag
- 8 "That's a shame"
- 9 Serengeti expedition
- 10 Give the brush-off
- 11 Girl, in time
- 12 Southwest-ern building material
- 13 Using few words
- 18 Like Miss Congeniality
- 19 Southwest-ern tough guy
- 23 Copy editor's find
- 26 Some black sheep
- 27 Tissue softener
- 28 Weatherman's word, sometimes
- 31 Matched collections
- 33 "Let us know if you're coming"
- 35 Belt-maker's tool
- 37 Slept like \_\_\_\_\_
- 38 Hand over
- 39 Ex-leader of Russia
- 41 Dome cover?
- 42 Blamey
- 43 Stone land measure
- 48 Slog
- 49 Tried out
- 51 Found common ground
- 53 On the Pacific
- 54 Bar in the water
- 55 "\_\_\_ porridge hot ..."
- 58 Swashbuckler's weapon
- 60 Terrier named for a Scottish isle
- 62 Wife of Mr. Dithers
- 63 Wrinkle, as one's brow
- 64 Keeps company with
- 66 Atomic number of hydrogen
- 67 Perfect rating in gymnastics

PREVIOUS PUZZLE ANSWER



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SUDOKU High Fives

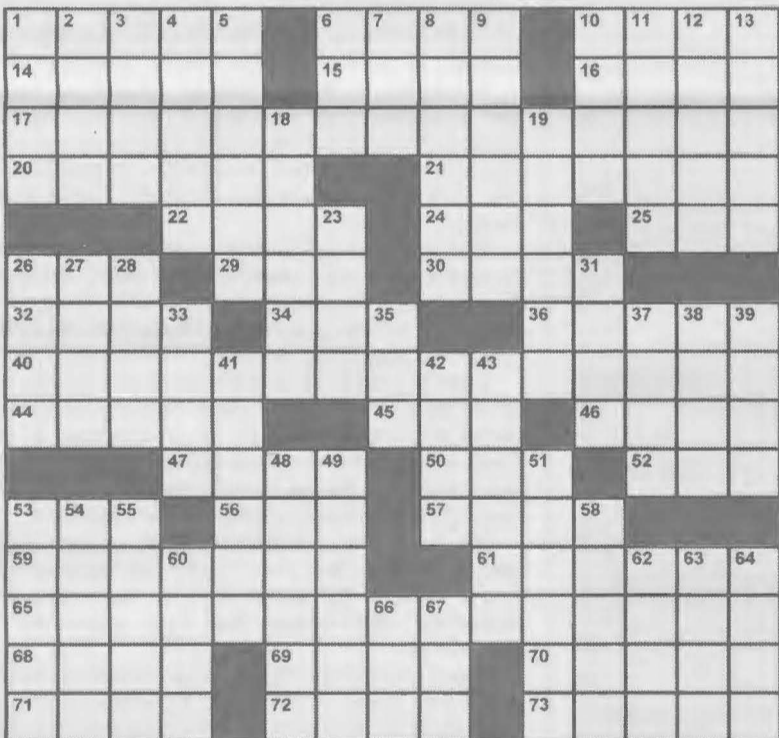


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**HOW TO PLAY:** Sudoku High Fives consists of five regular Sudoku grids sharing one set of 3-by-3 boxes. Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition. The numbers in any shared set of 3-by-3 boxes apply to each of the individual Sudokus.

11/3

TOWEL DAY WILL COME By Gary Cooper



Which method of payment do you prefer for daily purchases?

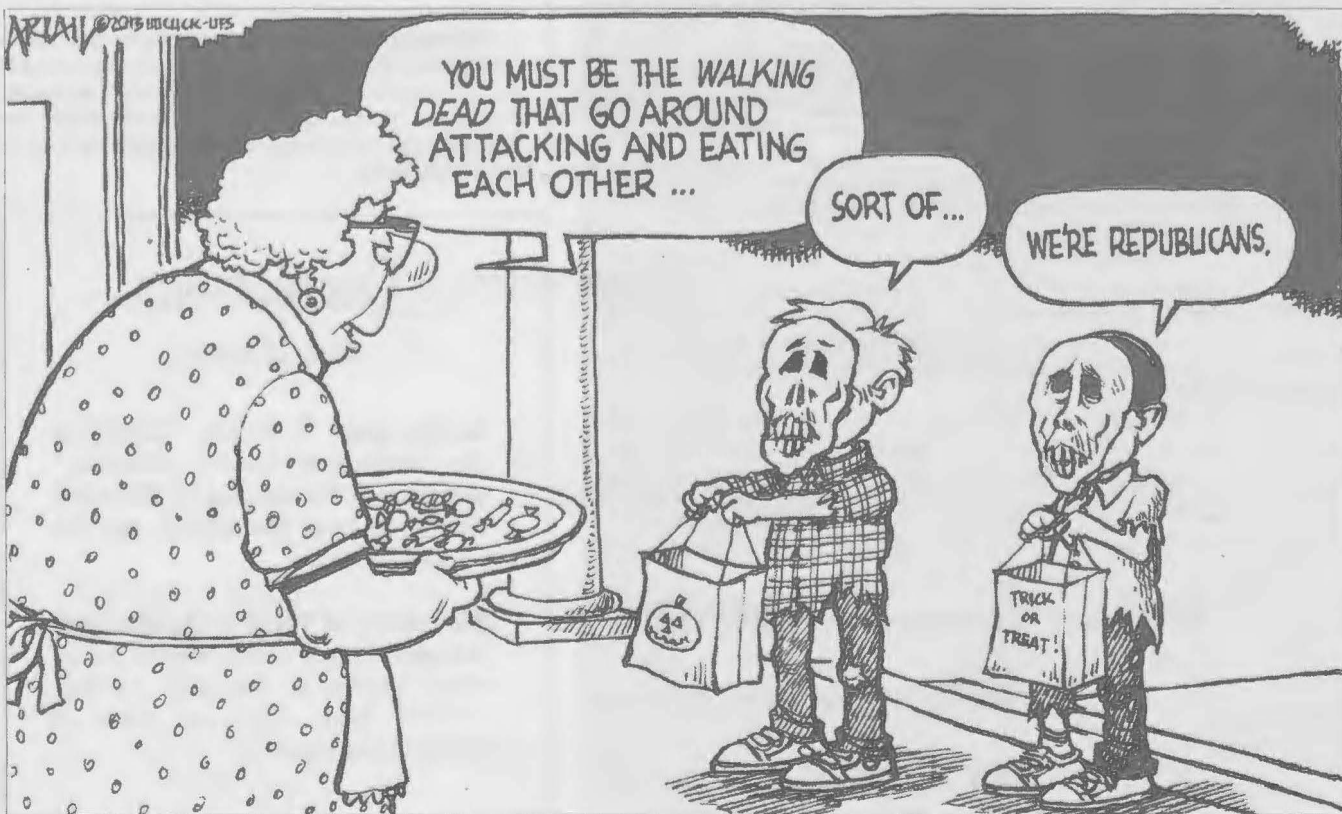
Which method of payment do you prefer for daily purchases?



The Mast asked students in a poll starting Tuesday if they liked cash, debit or credit better when it comes to daily spending.

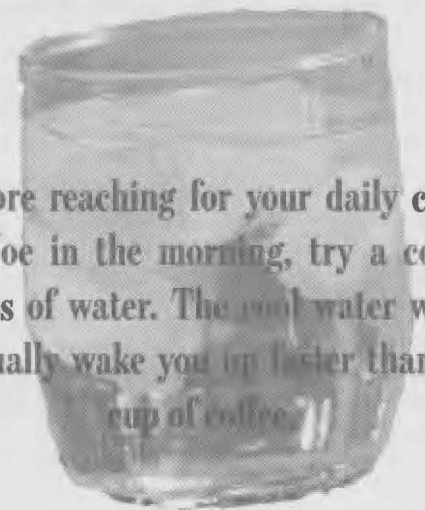
Join the conversation at <http://mastmedia.plu.edu/> in the Opinion section.

Results as of Wednesday at 10:30 p.m.



Life Hacks

Before reaching for your daily cup of Joe in the morning, try a cold glass of water. The cool water will actually wake you up faster than a cup of coffee.



# SPORTS SCOREBOARD

## Football

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Linfield	6	0	0	3-0	Won 6
PLU	6	1	0	3-1	Won 3
Pacific	6	1	0	2-1	Won 1
Willamette	5	1	0	2-1	Lost 1
Whitworth	3	5	0	1-3	Won 1
Lewis & Clark	1	6	0	1-3	Lost 3
Puget Sound	1	5	0	0-3	Lost 4

LUTES' UPCOMING GAME: Nov. 2 vs. Puget Sound, 12:30 p.m.

## Women's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Linfield	14	1	1	10-1-1	Won 2
Puget Sound	11	2	2	9-1-2	Won 9
PLU	8	3	5	6-1-5	Won 2
Lewis & Clark	9	6	1	6-5-1	Lost 1
Pacific	8	5	3	5-5-2	Won 1
Whitworth	6	7	4	3-6-4	Lost 1
Whitman	8	9	0	4-9	Lost 4
Willamette	4	10	2	2-8-2	Lost 1
George Fox	3	12	1	1-10-1	Lost 7

LUTES' UPCOMING GAME: Nov. 2 vs. Pacific, noon

## AROUND THE LEAGUE...

**FOOTBALL:** Pacific Lutheran University linebacker Joel Anthony, a junior, recorded a team-high 11 tackles against No. 21 Willamette this past Saturday. Anthony also tallied three sacks and 3.5 tackles for loss. For his efforts on the field, Anthony was named the NWC Football Defensive Student-Athlete of the Week (Oct. 21-27).

**WOMEN'S SOCCER:** Goalkeeper Kayla Davidson of Puget Sound has been named the NWC Defensive Student-Athlete of the Week (Oct. 21-27). Davidson recorded her third and fourth shutouts of the season this past weekend and has accumulated a 1.14 goal against average and a .805 save percentage.

**FOOTBALL:** Willamette senior Tyson Giza returned a kickoff 74 yards Saturday against PLU. Giza also returned a punt 44 yards and blocked another punt. Giza has been named the NWC Special Teams Student-Athlete of the Week (Oct. 21-27).

Statistics based at <http://www.nwportsports.com/ending/index>.

## Men's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Puget Sound	12	4	0	10-1	Won 3
Whitworth	10	3	2	8-2-1	Won 5
Whitman	7	8	2	6-4-1	Won 2
PLU	10	4	3	3-3-1	Won 1
Willamette	9	5	2	5-4-2	Lost 1
Linfield	8	6	1	5-5-1	Lost 2
Pacific	6	10	1	1-9-1	Lost 4
George Fox	1	16	0	0-11	Lost 15

LUTES' UPCOMING GAME: Nov. 2 vs. Pacific, 1:30 p.m.

## Volleyball

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Puget Sound	16	5	0	11-1	Won 9
PLU	15	5	0	11-1	Won 1
Whitworth	13	11	0	7-5	Lost 1
Pacific	7	12	0	6-6	Won 2
George Fox	10	10	0	5-7	Won 1
Willamette	8	13	0	4-8	Lost 1
Lewis & Clark	5	13	0	4-8	Lost 2
Whitman	6	19	0	4-8	Lost 3
Linfield	6	13	0	2-10	Won 1

LUTES' UPCOMING GAME: Nov. 2 vs. Whitworth, 5 p.m.

# SPORTS TALK

*What's your favorite sport to play and why?*



Travis McCarthy, junior

"Football, because it's a contact sport."



Joey Domek, first-year

"Football, because I get to hit people and not get in trouble for it."



Stephanie Miller, junior

"Volleyball, because it's a sport that can't be played without a team."



Alex Turman, junior

"Baseball, because I've played it my whole life."

## DENVER BRONCOS FALL TO INDIANAPOLIS COLTS OCT. 20

*How many assists will setter Samantha North get against Whitworth this Saturday?*

By **SAM HORN**  
Sports Editor

Six points was all that separated the Denver Broncos from the Indianapolis Colts. The Colts proved the NFL analysts wrong. Let me restate that.

Colts' quarterback Andrew Luck singlehandedly proved the skeptics wrong. The second-year phenom passed for 228 yards, complimented with three touchdowns.

He absolutely shredded the Broncos' weak secondary. He read them like a book and Peyton Manning of the Broncos didn't have an answer, as Denver lost 39-33.

The result of this game definitely shook up the Fall Sports Pick 'Em standings.

Only two contestants, Drew Oord and Max Totaro, correctly guessed that the Colts would pull the upset.

With that pick, Oord comfortably sits at the

top of the board with a record of 3-2. Totaro is not far behind at 2-3. Andre Tacuyan and Dalton Ritchey join Totaro with the same record.

Things could get hairy this week if someone correctly guesses how many assists junior Samantha North will get against Whitworth this Saturday.

Only one person can win.

North has been on a tear this season, averaging more than 10 assists per set.

Volleyball can be a difficult sport to predict because there's no time frame, meaning that the two teams can play anywhere from three to five sets.

There's no way to guess how many sets Whitworth and Pacific Lutheran University will play this weekend, but one thing is for sure: North will tally an obscene amount of assists.

Last weekend against Willamette, North recorded 65 assists. That's not a typo. She's just that good.

**Drew Oord (3-2)**  
Prediction: 12

Oord has almost no confidence in North. Hopefully, he's more confident in his baseball swing.

**Andre Tacuyan (2-3)**  
Prediction: 28

Though he's gearing up for interviews for Facebook and Pinterest, Tacuyan has enough time to make a guess for this week's Mast Pick 'Em.

**Max Totaro (2-3)**  
Prediction: 40

Totaro is in the middle of the pack. With the hockey season in full swing, Totaro might not pay enough attention to Mast Pick 'Em.

**Dalton Ritchey (2-3)**  
Prediction: 35

With only two regular season games left, Ritchey can finally focus on what he loves most: Mast Pick 'Em.

**Valery Jorgensen (1-4)**  
Prediction: 38

Outside hitter Amy Wooten, a junior, had to help out Jorgensen with this week's pick. Let's see if the assistance paid off.

**Kyle Peart (1-4)**  
Prediction: 55

Peart is confident in North's abilities as a setter. Then again, it would be almost illegal to go against an All-American setter.

**Kara Sherman (1-4)**  
Prediction: 40

Living in the cellar isn't much fun. Maybe Sherman will be able to climb up the ladder this week after making her pick.

# SAM SAYS... Fans are being robbed by the NFL

By SAM HORN  
Sports Editor

Professional sports teams have asked too much of taxpayers in the past 90 years.

Since 1923, 186 professional sports stadiums have been built in America. This process has cost about \$53 billion, and taxpayers have accounted for nearly 61 percent of the costs.

Considering many people go through their lives having a difficult time paying for groceries, gas and house payments, this is too much to ask.

Millions of people do not make millions of dollars and cannot afford life's many luxuries like an exotic vacation to the Bahamas or the newest Lamborghini model.

The American median household income is just above \$50,000 as of 2011. That figure is well below \$1 million.

The many who fall under this category of "average American citizens" enjoy many things in life even though they may not be able to afford it.

One of those loves is the NFL.

The statistics can prove that fact — 64 percent of Americans watch the NFL each week, according to "By the Numbers," a show that airs on ESPN.

Even though Americans probably love every aspect of the brutally physical sport, I bet they're not ready for this: the NFL wants even more money to build newer and better stadiums.

If the NFL wonders whether or not

people are ready to submit and pay nearly every penny out of their pockets to produce fancy stadiums, the short answer is no.

"It would depend on how much [tax] money goes towards the stadium," sophomore Sam Geisslinger said. "Why should everyone chip in if not everyone watches the NFL?"

Of all the sports stadiums, the NFL has received the largest taxpayer contribution at 68 percent.

The Minnesota Vikings have been at the forefront of this heated topic for the past year.

Zygi Wilf, the owner of the Vikings, told Minnesotans if they didn't fund \$1 billion for a new stadium, he would relocate the team. Wilf, although he is loved by many Minnesotans, is a con.

He is a liar.

A New Jersey court ruled that the Wilf clan defrauded many business partners out of millions of dollars.

Now, he has to pay \$84.5 million to his former partners. Wilf has been ordered to pay 60 percent of the damages. After this lawsuit, Wilf is running dangerously low on funds.

How can Wilf possibly afford to produce a \$1 billion stadium?

Well, by deception of course.

Wilf received a subsidy package from lawmakers for about \$500 million, \$348 million from the state and \$150 million from Minneapolis. Surprisingly enough, Wilf gave the Vikings a \$50 million grant to help finance their stadium.

All of this happened while more than half of Minneapolis schools were struggling with budget cuts. Wilf really couldn't have found a worse time to ask Minnesotans to cough up some money.

While the NFL rakes in millions of dollars every year in revenue, stadiums actually have a negative impact on local economies.

City residents' income actually decreases after the construction of a new sports stadium.

The *Wall Street Journal* reported in 2011 that 16 percent of the annual budget in Hamilton County, Ohio, is still going toward the Cincinnati Bengals' stadium 10 years after it was built.

Either the people of Hamilton County are obsessed with football, or the NFL kings are forcing these poor residents into giving up more money than they want to.

As if the stadium issue isn't worrisome enough, NFL ticket prices are shooting through the stratosphere.

The Chicago Bears lead the league in one category: ticket prices. The average price of a Bears' ticket is a whopping \$446.

I could think of five things off the top of my head that I would rather spend \$446 on. Few fans actually have enough money to afford this.

NFL teams need to stop worrying about what their stadiums look like.

The Tampa Bay Buccaneers might have a gargantuan cannon that fires off each time the Bucs score, but it doesn't appear to have made an impact on the Buccaneers'

football skills, as they stand at 0-7 this season.

The front offices of each NFL team need to concentrate on how they will make their team better the following year, not what their stadium will look like.

It's not what you look like, it's how you act.

The Buccaneers are robbing their fans of a promising season. When it comes down to wins and losses, no one cares about the aesthetically-pleasing cannon.

The Bucs fall short, just like the Vikings, who have a 1-6 record in 2013.

Fans pay good money to watch their teams play. Even if they can't afford a Lamborghini or a trip to the Bahamas, they still have the opportunity to watch their favorite NFL team battle it out each week during the fall.

Dear NFL, please stop focusing on remodeling your stadiums and worry instead about next year's draft.

After all, most NFL owners think the Vince Lombardi Trophy is more important than a \$1 billion stadium.

*Some information gathered from Sean Conboy's article, "The NFL is Running a Billion-Dollar Con" from the Pittsburgh Magazine.*

## Pacific Lutheran University welcomes soldier onto men's soccer team

By GIANCARLO SANTORO  
Guest Writer

After serving in the United States Army for more than eight years, first-year Jeremy Dornbusch has had to contend with a different kind of battle in his first year at Pacific Lutheran University.

Upon arriving on campus back in August, it would be hard to blame anyone for mistaking Dornbusch as a new coach. Born in Titusville, Fla. on July 24, 1983, Dornbusch is more than 12 years older than some of the incoming first-years.

Despite his age, the reality is that Dornbusch came to PLU to play soccer and get an education, just like the rest of the returning and incoming players.

"I came here for the soccer program and the academic notoriety that PLU has with the education you receive," Dornbusch said. "I know a prior alumnus, Andrew Hyres, who played soccer here, and he spoke

with me many times about PLU, and I decided it would be a good fit for me."

Coming into training camp, Dornbusch was set to take the vacant starting role up front and start banging in the goals, but after falling awkwardly on his right knee during the first week of camp, he received the worst news an athlete can get: an ACL (Anterior Cruciate Ligament) tear.

"Tearing my ACL upon arriving was devastating and definitely one of the hardest things that has happened in my soccer career," Dornbusch said. "Having left the Army life that I've known for eight years to continue my dream of playing soccer full time, you never think about those injuries happening to you."

Dornbusch's fellow teammate and goalkeeper, senior Joe Rayburn, echoed the sentiment, saying it was disappointing knowing he would never get the chance to play with Dornbusch.

"I was frustrated in general," Rayburn said. "Not at Jeremy

[Dornbusch] of course, but at the situation, because I felt like he didn't deserve it considering how hard he works."

A year after receiving the silver medal at the 2012 Military World Cup in Azerbaijan, Dornbusch originally came into PLU with the goal to win the Northwest Conference and continue on to take a shot at winning the Division III National Tournament.

With his season over, however, Dornbusch has had to change his mentality and has become a part of the coaching staff during his recovery.

"I came in with a leadership mentality to use my experiences that I've been through in life, the Army and soccer, to lead," Dornbusch said, who played with professional and semi-professional caliber players during his time with the All-Army soccer team.

"I see myself as being a mentor to players on the team, and I feel being able to coach has made an impact in a positive way."

Like the rest of the team, PLU men's soccer head coach



DORNBUSCH

John Yorke, agreed that losing Dornbusch to injury was hard to swallow.

On the other hand, he said he has been happy with Dornbusch's involvement this season.

"Jeremy [Dornbusch] is a guy that if he wasn't injured he would definitely be helping us on the field, and [he] has been very involved in our success this year," Yorke said.

Since being sidelined, Dornbusch has been working hard to rebuild mobility in his knee.

Five days after surgery, he was already bending his knee at

a 90-degree angle, a goal for any person following ACL surgery.

Until he can be back on the field, Dornbusch will spend his time in the classroom where he is majoring in kinesiology and minoring in athletic training.

Although the transition from fighting in Iraq and Afghanistan to studying chemistry and exercise science in Parkland, Wash. has been strange, Dornbusch said he has adjusted well.

"It's a little different returning to the classroom setting and being on a college campus again," Dornbusch said, who spent a year at Truett-McConnell College in Cleveland, Ga. after graduating high school.

"Sometimes I feel out of place, but then I realize that it's no different being around college students because it's what I worked with everyday in the military."

If things go according to plan with soccer and academics, Dornbusch said he hopes to be coach one day and open his own Crossfit gym.

## Nick's Picks: Fantasy players to watch this week

By NICK BARENE  
Sports Writer

QUARTERBACK- Andy Dalton (Cincinnati Bengals)

WIDE RECEIVER- Marvin Jones (Cincinnati Bengals)

KICKER- Adam Vinatieri (Indianapolis Colts)

RUNNING BACK- Zac Stacy (St. Louis Rams)

TIGHT END- Zach Miller (Seattle Seahawks)

DEFENSE/SPECIAL TEAMS- Baltimore Ravens

# Lutes battle back to beat the Bearcats

AFTER DROPPING FIRST TWO SETS, LUTES VOLLEYBALL STRIKES BACK TO WIN IN FIVE SETS

By JOHN TVETER  
Sports Writer

When the Lutes' volleyball team hosted the Willamette Bearcats Saturday night, the players knew they had two jobs to do.

They had a volleyball match to win, and they also needed to decorate Olson Auditorium with pink as part of their Breast Cancer Awareness Night.

The decorating was easy.

They had to work a bit harder for the win though.

It took five sets for the Lutes to pull away with the victory.

After falling behind by losing the first two sets, the Lutes headed back into the locker room in an unfamiliar position.

For the first time in Northwest Conference play this season, they were down 2-0 during their intermission. Their backs were up against the wall, and they were looking for answers.

"The first two games we didn't play as ourselves, we

didn't play our game," outside hitter Chelsea Nelson, a junior, said. "One of the great things about our team is that the whole bench stays involved in the game, so whenever anybody is called upon to help the team, they are always ready."

The Lutes did indeed go to their bench for help, and Nelson was ready. Nelson brought energy off the bench and finished with 10 kills as she helped turn around the match.

Her play was key in propelling the Lutes to quick wins in the third and fourth sets, and a close win in the fifth and final set.

The win was the 19th consecutive win for Pacific Lutheran University over Willamette.

The Lutes attack was very balanced on the night, with 5 players tallying double-digit kills.

Sophomore Lucy Capron led the team with 15 kills, while senior Allison Wood, junior Amy Wooten, senior Bethany Huston and Nelson all notched 10 or more kills as well. Their offensive prowess on the night was only made possible by the excellent defense of the PLU libero Amber Aguiar, a junior, who finished with 29 digs.

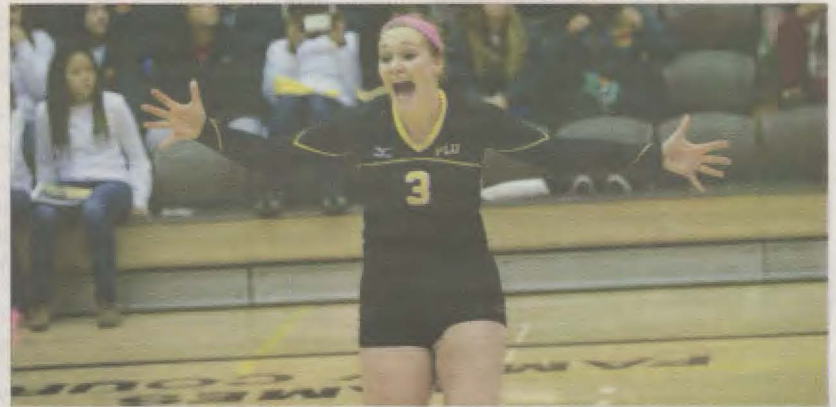
Setter Samantha North, a junior, ended up with 65 assists.

The 16th ranked Lutes return to action tonight when they host the Whitman Missionaries at 7 p.m.

PLU will then face the Whitworth Pirates Saturday in a match that will also be celebrated as senior night.

"One of the great things about our team is that the whole bench stays involved in the game."

Chelsea Nelson  
junior, outside hitter



PHOTOS BY JESSE MAJOR

ABOVE: Setter Samantha North, a junior, intently eyes the volleyball as she sets it for outside hitter Amy Wooten, a junior. North wears a pink headband in an effort to support Breast Cancer Awareness. UPPER RIGHT: Sophomore Lucy Capron shouts with enthusiasm as the Lutes win the fourth set. With the game tied 2-2, the Lutes would go on to win the fifth set. BOTTOM LEFT: Libero Amber Aguiar, a junior, digs the ball so the Lutes could capitalize and score a point. Aguiar has been averaging 6.33 digs per set this season. BOTTOM RIGHT: Senior Haley Urdahl lunges to her right to dig the volleyball. Urdahl finished the game with five digs.

## Tuiasosopo earning accolades and respect

All-American defensive lineman concerned with being a leader, not worrying about the statistics

By NICK BARENE  
Sports Writer

The stadium lights struggled to penetrate the thick fog that covered the practice field. The air was frigid.

I reached out and shook a massive gloved hand.

"Hey, man, nice to meet you," senior Mychael "Tui" Tuiasosopo said, grinning.

The fourth-year defensive lineman may seem like an imposing figure — he is roughly 6 feet tall and weighs a sturdy 295 pounds — but I was struck first by his friendly demeanor rather than his stature.

"He's a good friend to everyone. He's always there to help others," sophomore Cody Tupen, a defense tackle, said.

Tupen is among those Tuiasosopo has mentored as a member of the defensive line corps.

"All my skills are better. He's taught me all the little things," Tupen said. "He backs up what

our coaches talk about — being a good football player and an even better person."

David LaSalata coaches the defensive line and spoke to Tuiasosopo's cheerfulness.

"He's one of those guys that's going to be a lifelong friend of the people that he's met here," LaSalata said. "He cares a lot about the team. That's what makes him the great football player that he is."

Tuiasosopo is no stranger to greatness.

He was selected as a second-team All-American, a first-team All-Regional player and a first-team All-Northwest Conference player in 2012. During that successful season, he tallied 46 tackles with 10 for loss, as well as an interception and two forced fumbles.

In his second year as both a captain and starter at Pacific Lutheran University, Tuiasosopo has helped the 17th ranked Lutes to a 6-1 overall record thus far in the season.

The big man isn't worried about his stats, though.

"In my freshman and sophomore years, I had some personal goals, for tackles and sacks, but not anymore," Tuiasosopo said. "Defense is about doing your job and helping others. Making tackles and sacks helps the team, and helping the team is my goal."

Tuiasosopo's selfless nature is reminiscent of the style of football Frosty Westering, the legendary PLU football coach, preached.

"I remember the first time he [Westering] talked to us," Tuiasosopo said. "He spoke about bringing the best out of each other and out of ourselves. He is the foundation of this program."

The fact that Tuiasosopo cares more about the team than he does his own stats is exactly the kind of mindset Westering coached.

"We're chasing perfection each week," Tuiasosopo said. "We don't think about playing the opponent. We play against our best selves. We want to be the best



TUIASOSOPO

team we can be every week."

Tuiasosopo's name carries a little extra weight. Anyone who is a sports fan in the state of Washington will recognize the Tuiasosopo family name.

His uncle, Manu Tuiasosopo, played football at UCLA and in the NFL for the Seattle Seahawks and the San Francisco 49ers. Manu Tuiasosopo started at nose tackle and won Super Bowl XIX with the 49ers.

Mychael Tuiasosopo's cousin, Marcus Tuiasosopo, played at the University of Washington and in the NFL for the Oakland Raiders

and New York Jets.

His brother, Trenton Tuiasosopo, also played football at the UW. Matt Tuiasosopo, one of Mychael Tuiasosopo's cousins, was drafted by the Seattle Mariners and now plays for the Detroit Tigers in MLB.

Another cousin, Leslie Tuiasosopo, played volleyball at the UW and for the U.S. Olympic team.

However, Mychael Tuiasosopo said he doesn't feel any pressure to live up to his family name.

"Those guys performed at the highest level and gave their best. The only pressure I feel is to give my best," Tuiasosopo said.

Giving his best is what has earned Tuiasosopo the respect of his friends, teammates and coaches.

Whether on the football field, or just around campus, he'll be there with a smile and a helping hand.

# Leading by example: The tale of a servant warrior

By SAM HORN  
Sports Editor

The year was 2009. The rainy October night sky pelted the Warriors as they waged a battle for conference supremacy against Franklin Pierce High School on the rain-soaked football field.

One Warrior lay alone in the rain — Bobby Daly.

The high school senior and linebacker had just suffered a tibia and fibia fracture while playing for Clover Park High School in a midseason game.

He couldn't feel his leg, let alone move it.

As the medics carted him off the field in a stretcher in front of many concerned fans, Daly said he wondered if he "would be able to recover after the injury and actually play in college."

Daly had served as a critical ingredient to the Warriors' defense in his three years of playing on the varsity squad.

As a senior in high school, Daly won the Ironman Award. Daly received the award for not missing a single practice in the offseason or regular season during his four-year high school football career.

A tibia and fibia fracture is not a minor injury. Daly had to wear a leg cast that covered everything up to his hip for three months following the fracture.

Daly couldn't physically drive, so he would sit across the back seat while his parents drove him to school during his rehabilitation period. He wasn't cleared to participate in any type of athletic activity until May 2010.

"It became a burden to be around friends," Daly said. "I kind of got secluded into my own world, because I would be in my room a lot. I fell prey to the 'poor me' syndrome after a while, and it was tough, because I didn't want to be like that. I was mentally weak."

Daly's horrific injury might have stolen

his senior year of wrestling and track, but it didn't take away the fact that he had been accepted into Pacific Lutheran University in 2010.

"I wanted to prove that the coaches didn't waste a recruiting trip or roster spot on me as an individual and as a member of the family outside of football," Daly said. "I wanted to show them they made the right choice."

Daly certainly proved he was worth the recruiting visit to PLU defensive coordinator Craig McCord, but not without several roadblocks along the way.

"Bobby [Daly] has been everything we've asked for," McCord said. "He is helping coach younger guys, and he's playing through the guys that are starting ahead of him ... his perseverance and his never-say-die attitude has been great."

College not only came with homework and smelly dorm rooms, but it also brought new challenges with injuries.

During his sophomore year at PLU, Daly pulled his hamstring twice — once during the offseason summer workouts and again during the early part of the fall.

His junior year was only worse injury-wise.

On the second day of fall practice, Daly took on the leading fullback, but he felt something crunch in his shoulder as he made contact.

"It [my shoulder] tingled and stung, but I didn't think it was a huge deal," Daly said.

What Daly had thought was an insignificant injury swelled into a slightly separated Acromioclavicular joint in his right shoulder. The injury prevented Daly from participating in any football-related activities for nearly seven weeks.

Daly didn't suit up until the sixth game in 2012, when the Lutes won against Willamette 41-27.

In his final year as a Lute, Daly has recovered from his prior injuries and is now a contributor on special teams. He

could have given up at any point in the past three years, but he chose not to.

"I admire him and look up to him a lot because he's stuck with it [football] and has not given up," senior Jordan Patterson, a linebacker, said. "When I think of a true servant warrior, Bobby is one of the first guys to come to mind."

Patterson was Daly's roommate when they were first-years.

Daly decided to stick with the Lute football program for one sole reason: relationships. Daly is great friends with Patterson and many other teammates and said he wants to keep these fruitful relationships for as long as he possibly can.

"It doesn't matter what you do on and off the field," Daly said. "It's who you are, and in the end, relationships are the only thing that you have left after graduating."

Daly has accepted his role on the defense, even though he is not a starter.

Daly's goal is to be a role model on the team.

He said he is done thinking about why he isn't starting.

"I want to be a leader and let the field take care of itself," Daly said.

When Daly is on the field, he brings a certain level of excitement, Patterson said.

"When he got some playing time [on defense] at the end of the Lewis & Clark game this past year, my eyes were fixed on him, and I cheered him on," Patterson said. "Our team knows that he works hard. He deserves to be out there."

Rewind back to when Daly injured his leg as a senior in high school.

He thought he would never come back to play the sport he so desperately loved. Would Daly agree with that notion now?

"Not a chance."



PHOTO BY SAM HORN

Four Lute football players surround senior Bobby Daly, who is decked out in the number 52. Daly's teammates have persuaded him to stick with football, even in dire circumstances. They have stood by him every step of the way. From left to right: seniors Dalton Darmody, Jordan Patterson, Bobby Daly, Ben Kaestner and Mychael Tuasosopo.

## PLU DEFENSE STIFLES WILLAMETTE'S TOP-RANKED OFFENSE IN 35-24 WIN

By TYLER SCOTT  
Director of Athletics Communications

Quarterback Dalton Ritchey accounted for four touchdowns and the Pacific Lutheran defense intercepted five passes as the 17th-ranked Lute football team knocked off No. 21, Willamette, 35-24 Saturday afternoon at McCulloch Stadium.

Pacific Lutheran improves to 6-1 overall and 3-1 in Northwest Conference play with the win, while Willamette takes its first loss of the season to fall to 5-1 overall and 2-1 in the NWC.

Ritchey, a junior, set career highs in rush attempts and yards, carrying the ball 22 times for 158 yards and three touchdowns.

The PLU quarterback also threw for 196 yards and one score to total 354 yards.

Junior Niko Madison added 73 yards and a touchdown on the ground to go with 41 receiving yards and another score, and junior Kyle Warner caught five passes for a game-high 108 yards.

But even with Ritchey's stellar play, the PLU defense was the story of the game as the Lutes forced six Willamette turnovers and held the highest-rated offense in the Northwest Conference to nearly 200 yards below its season average.

Willamette quarterback Josh Dean nearly tripled his season interception total, as the Lutes picked him off five times after he came into the game with three interceptions all year.

Five different Lutes intercepted passes in

the game. Junior Greg Hibbard, senior Ben Kaestner, senior Sean McFadden, junior Connor Cummings and senior Dalton Darmody all snagged passes intended for Willamette receivers.

Junior Joel Anthony finished with a game-high 11 tackles and three of the Lutes' four sacks. Senior Jordan Patterson totaled 10 tackles and two tackles for-loss.

The PLU offense opened its first drive with a 33-yard gain on a pass from Ritchey to Warner, but that drive fizzled out with a fourth-down incompleteness at the Willamette 36.

Kaestner claimed the first interception of the game for PLU three plays later, giving Ritchey and the offense a short field beginning at that same Willamette 36 spot. Seven plays later, Ritchey ran it in from 2 yards out to give the visitors the early lead.

Willamette tied it up on the following drive, moving 65 yards on eight plays to score on a Dean pass to Derek Traeger from 9 yards out.

Dean finished the game with 279 passing yards on 47 attempts, while Traeger caught 11 passes for 81 yards and De'Zhon Grace added nine receptions for 104 yards.

The Lutes reclaimed the lead during their first drive of the second quarter. Hibbard grabbed his interception late in the first quarter, returning it 31 yards to the Willamette 28.

Once again, PLU took advantage of the short field as Ritchey's 7-yard TD run capped a six-play drive.

Later in the period, Darmody's interception set the stage for PLU's longest drive of the game. The Lute offense took over at the PLU 29 and moved down the field in 10 plays spanning 6:03 on the clock.

When the Bearcat defense forced PLU into a seemingly-impossible fourth and 17 at the WU 24-yard line, Ritchey rolled right and tossed a 24-yard scoring pass to Madison in the end zone to make it 21-7.

Another big defensive stand helped the Lutes score another touchdown going into halftime. PLU forced a fourth and 1 incompleteness by Dean at the PLU 48, and Ritchey picked up his third rushing touchdown of the game from 1 yard out as time ran out in the half.

Midway through the third quarter the Bearcats found their way back onto the scoreboard, advancing all the way to first-and-goal from the PLU 5-yard line before the Lute defense tightened up and forced a 22-yard field goal to make it 28-10.

That was the score going into the final quarter of play.

Willamette made it a two-possession game early in the fourth when Dean capped a 10-play drive with a 3-yard scoring pass to Austin Jones to pull the hosts within 28-17.

But the Lutes responded with a four-play 76-yard touchdown drive on their next possession. Ritchey rushed left for 15 yards on the first play and then broke up the middle for 50 yards on the next play.

Madison finished it off with a 6-yard

touchdown run to stretch the lead back to 35-17.

That was short-lived, however, as Tyson Giza returned senior Nick Kaylor's kickoff 74 yards for a score to make it 35-24 with 10:07 left to play.

While Willamette might have thought it had claimed momentum at that point, the PLU offense switched to clock-burning mode and the Bearcats' final two possessions ended in interceptions by McFadden and Cummings to clinch the win for the Lutes.

Pacific Lutheran out-gained Willamette 448-to-336 in the win, including a 252-to-57 advantage on the ground.

The Lutes struggled to hold onto the ball as well in the game, fumbling six times, but PLU was able to recover all but two of those fumbles.

One of the strangest — and likely key — plays of the game came midway through the third quarter when Willamette blocked a PLU punt and recovered the ball for what seemed to be a touchdown.

However, the Bearcat defender lost the ball before he crossed the goal line, and when the ball went out the back of the end zone, officials ruled it a touchback and awarded PLU the ball at the Willamette 20-yard line.

The Lutes return home next weekend for their final home game of the year, hosting cross-town rival Puget Sound University for a 12:30 p.m. kickoff.

PHOTOS COURTESY OF NAOMI STUKEY

LEFT: Safety Greg Hibbard (9), a junior, attempts to tackle Willamette running back Dylan Jones but gets stiff-armed. Hibbard finished the hard-fought game with six tackles. Hibbard is second on the team with two interceptions on the season. RIGHT: Linebacker Jordan Patterson (48), a senior, lunges towards speedy Willamette wide receiver De'Zhon Grace. James Swinyard (18), a sophomore, looks on. Patterson is leading the Lutes in tackles this season with 54. He has tallied a team-leading 8.0 tackles for loss and even has one interception on the season.

