

Inside:

6

ATTACK OF MIGRAINES

Typical student schedule induces aches and pains

11

LUTE FEVER!

Willamette game to decide league champions



Centerspread

LIFE AFTER COLLEGE

Start preparing for the working world

Pacific Lutheran University

# THE MAST

NOVEMBER 3, 1995

Serving the PLU Community in the year 1995-96

VOLUME LXXIII No. 8

## Property rights and values in voters' hands

By Randy Danielson  
Mast senior reporter

This election day, Washington voters will be asked to accept or toss a law passed by the Legislature that forces the state to pay landowners if its regulations lowers the value of their property.

The Nov. 7 vote will be a simple yes or no to Referendum 48, but there is nothing simple about this issue.

A debate on the law was held in the Regency Room Wednesday

night. Clark Davis, an environmental litigation attorney, gave the anti-Referendum 48 argument. Todd Woosley, Puget Sound regional field coordinator with Citizens for Property Rights, spoke for approval of Referendum 48.

The exact wording of the referendum is as follows:

"The Washington Legislature has passed a law that restricts land-use regulations and expands governments' liability to pay for reduced property values of land or improvements thereon caused by certain

regulations for public benefit. Should this law be approved or rejected?"

Nine students and one faculty member attended the debate, coordinated by the Environmental Activities Coordinators of the Residential Life Office.

Davis gave four key points in his argument.

He said that if passed, Referendum 48 would drive costs of state and local spending up, create an "army of bureaucrats", raise litigation and dampen the quality of life

in Washington.

In his arguments, Davis said that, according to a University of Washington study, the cost of the studies required by this law would be between \$3 million and \$1 billion.

Davis stated that the two figures are very different in size, and thus create uncertainty about what will actually happen if the law is passed.

For his second point, Davis said that the law would put more lawyers to work and create more bureaucracy in the government. More lawyers would have to be hired to

fight all of the lawsuits this law would create.

Litigation, or more court hearings, would be inevitable, Davis claimed. It would be easy for people to sue the state and win due to this law, he said.

If a property owner has a piece of land valued at \$100,000 and he developed it, he could sell it for \$1 million. But then the state tells the landowner he can not develop the land because it is considered a wetland. Davis said that if the land-  
**See PROPERTY, back page**



photo by Eric Moody

### Trick or treat, smell my feet

Trick-or-treaters flooded residence halls after hitting the businesses on Garfield Street for candy. For more details, see back page.

## Canadian scholar reflects over near loss of Quebec

By Hillary Hunt  
Mast reporter

Canada without Quebec.

It was a possibility nearly realized earlier this week.

Monday's provincial referendum would have permitted Quebec's government to pursue sovereignty from Canada.

The effort failed by a vote margin of one percent: 49.5 percent of the voters said 'oui' on the question of separation, 50.5 percent voted "non", preferring unity. Those numbers were announced after the majority of the votes had been counted Tuesday morning.

Of the 5 million eligible voters in Quebec, 92 percent turned out for the historic measure, according to the Associated Press.

A similar referendum was put before the voters in 1980. It failed by a 20 percent margin.

Success would have resulted in Canada losing one sixth of its land and a quarter of its people — and probably spelled economic turmoil if not disaster for the United States' northern neighbor.

The last statement comes from Tianna Dulmage, a third year student at the University of Northern British Columbia majoring in International Studies.

When the vote totals came in, Dulmage said her initial reaction was, "Yeah! 'No' won!" But then seeing how close it was just made me feel ill. So many people unhappy either way."

With the separationists planning yet another referendum, there's no guarantee Canada will remain intact.

Meanwhile, federalists, the faction preferring unity, are calling for constitutional reform in hopes of ending decades of squabbling between Quebec and Canada.

"At first I thought there was no way they (Quebec) would vote 'Yes'," Dulmage said. "But as the weeks went on and the polls showed the 'Yes' votes ahead, it was very depressing. Deep down I began to expect the referendum would go 'Yes'."

There is no provision in the Canadian constitution granting a province the right to secede. But Quebec, with its 5 million people French speakers (82 percent of its population), is considered by many to be a nation in itself.

"It has always tried to keep its cultural heritage," Dulmage said. "As a whole, Canada did not want Quebec to separate, but had the 'Yes' vote won a majority they would have likely let it go. However, there is no guarantee. Nothing says Canada has to let Quebec go."

Dulmage said she has heard some vague calls for British Columbia to separate as well, but believes they represent a very small minority. She said British Columbia has always been a rich province and sees itself as giving more to Canada than it gets in return.

"Though Quebec is sometimes called a 'drain' on the nation, I don't think many British Columbians wanted to see it go," Dulmage said.

"... seeing how close it was just made me feel ill. So many people unhappy either way."

— Tianna Dulmage  
University of Northern British Columbia

## Awareness week encourages evaluation of drinking habits

By Heidi Stout  
Mast intern

Monster trucks, gourmet desserts and drinking games will highlight PLU's alcohol awareness week beginning Monday.

Activities large and small are aimed at making all Lutes aware of alcohol use and abuse on and off campus.

Events are designed to "address why people drink and provide alternatives," said Mark Mulder, director of PLU's Health, Wellness and Prevention committee.

This group is planning the week's activities in cooperation with CADET, the Campus Alcohol and Drug Education Team.

Throughout the week, students can wear red ribbons in support of individuals affected by alcohol and in support of responsible alcohol use, Mulder said.

White crosses symbolizing daily fatalities from alcohol-related motor vehicle accidents also will be placed around campus to heighten community awareness.

Tuesday and Wednesday will find students playing drinking games in

the University Center. Prizes will be awarded and Mulder encourages students to come for fun.

CADET is planning a gourmet Dessert Theatre Thursday at 7 p.m. in the Scandinavian Cultural Center.

Senior Lael Peterson will present a one-person, one-act play titled "Talking about it."

The one-dollar ticket price buys admittance, gourmet coffee and desserts. Tickets can be purchased at the Information Desk.

The effects of drinking and driving can be seen in Red Square

Wednesday through Friday.

A car that was wrecked in an alcohol-related incident will be placed there along with the story of how it happened.

Night Games will host a volleyball tournament in Memorial and Olson gyms Thursday, Friday and Saturday.

Saturday, Nov. 11 marks Lute Dry Night. All students are being asked to not consume alcohol that night.

The pedal-power monster truck obstacle course will be held in Memorial Gym the same night. The

trucks are adult-size and friends are encouraged to challenge each other on the course.

Half of the contestants will wear clear goggles while the other half's goggles will be smeared with Vaseline to simulate the clouded vision and perception associated with intoxication.

The crash test dummies, Vince and Larry, will be visiting campus all week. The dummies, often seen promoting seat belt use, will be handing out pins and stickers with the famous "Don't be a Dummy" slogan.

# CAMPUS

## SIDEWALK TALK

### Question:

What do you think about the trick-or-treaters who visited the residence halls on Halloween?



*"I was impressed. It was nice to see the kids come out and trick-or-treat in a safe environment. It must be a gold mine for them."*

**Chris Hippe**  
sophomore



*"I think it's a really good idea. It provides the kids with a safe place to come and it's warm. I just wish that the campus was a little bit better lighted for them."*

**Katie Rolf**  
sophomore



*"They were all really cute. I wish I would've had more candy to give them. It's too bad I didn't think to go to a college campus to trick-or-treat when I was their age."*

**Katie Wasenmiller**  
sophomore



*"I think it is a good experience for those kids that come to PLU to trick-or-treat. It also gives us a chance to act as role models for the kids of Parkland."*

**Jason Benson**  
sophomore

## FOOD SERVICE

### Saturday, Nov. 4

*Breakfast:*  
Oatmeal  
Hard and Soft Eggs  
Blueberry Pancakes

*Lunch:*  
Pizza  
Jello  
Vegetables and Rice

*Dinner:*  
Mongolian Beef  
Broccoli  
Orange Cake

### Sunday, Nov. 5

*Brunch:*  
French Toast  
Canadian Bacon  
Tator Tots

*Dinner:*  
Hamburgers  
Turkey Burgers  
Vegetables and Rice

### Monday, Nov. 6

*Breakfast:*  
Apple Pancakes  
Sausage Links  
Scrambled Eggs

*Lunch:*  
BBQ Chicken  
Orzo and Hominy  
Cornbread

*Dinner:*  
Pork Loin  
Potatoes  
Vegetables and Rice

### Tuesday, Nov. 7

*Breakfast:*  
Cheese Omelet  
Biscuits and Gravy  
Hashbrowns

*Lunch:*  
Lasagna  
Vegetables & Rice  
Vegetable Lasagna

*Dinner:*  
Chicken Jambalaya  
Mashed Potatoes  
Corn on the Cob

### Wednesday, Nov. 8

*Breakfast:*  
Oatmeal  
Sliced Ham  
Fried Eggs

*Lunch:*  
Fishwich  
Vegetables and Rice  
Fries

### Thursday, Nov. 9

*Breakfast:*  
Scrambled Eggs  
Blueberry Pancakes  
Pastry

*Lunch:*  
Grilled Cheese  
Tuna Casserole  
Vegetables & Rice

*Dinner:*  
Hamburgers  
Fries  
Vegetables & Rice

### Friday, Nov. 10

*Breakfast:*  
Malt O Meal  
French Toast  
Bacon

*Lunch:*  
Philly Beef  
Onion Rings  
Chili Casserole  
Vegetables & Rice

*Dinner:*  
Baked Fish  
Savory Chicken  
Vegetables & Rice  
Cheese Souffle

## SAFETY BEAT

### CAMPUS

#### Tuesday, Oct. 24

• A PLU student reported his vehicle broken into while parked in the Alumni parking lot. No windows were broken, but three amplifiers, an electronic crossover, two tweeters, two mid-range speakers and two sub-woofers were stolen. Estimated loss is \$2,500.

#### Wednesday, Oct. 25

• A student worker at the Information Desk reported that a group of juveniles were vandalizing university property. Campus Safety officers responded and questioned the group until the police arrived and took control of the situation.

#### Saturday, Oct. 28

• A Tingelstad resident assistant reported a student who was vomiting what the RA believed to be blood. Campus Safety officers responded immediately after calling 911. The officers determined that the resident was intoxicated and was vomiting dark gastric juices, not blood. Upon arrival, the Pierce County Fire Department concurred and instructed the resident to take a cold shower and sleep.

#### Sunday, Oct. 29

• A Campus Safety officer on a routine check of the East Administration parking lot noticed another student, who was not a Campus Safety officer, wearing a Campus Safety jacket. The officer confronted the student and removed the

jacket from his possession. Student conduct and possibly the Pierce County Sheriff's Office will be handling the situation.

• A student in Stuen Hall called Campus Safety to report that he had burned himself with boiling water. Two Campus Safety officers responded and treated the burns with first aid cream. No further medical aid was necessary.

#### Tuesday, Oct. 31

• Campus Safety received a call from a non-student, who reported his car broken into while parked in the Alumni lot. The car's front passenger side window was broken. The dashboard was damaged and his CD player and three CDs were stolen. Estimated loss is \$1,100.

• A PLU student reported her car broken into while parked in the Rieke parking lot. The car's front driver's side window was broken and a stereo face plate and five CDs were stolen. Estimated loss is \$1,000.

• Two students became trapped inside the Tingelstad elevator and called Campus Safety with the emergency phone. The officers contacted the elevator engineer who promptly fixed it.

#### Fire Alarms

- Oct. 28, 11:17 p.m. Foss; unknown cause
- Oct. 30, 12:32 a.m. Evergreen Court; caused by burnt food

### PARKLAND

#### Wednesday, Oct. 18

• A Pierce County Sheriff's deputy responded to a call from an apartment complex on 112th Street South in Tacoma. Upon arrival, the officer was confronted by a man who said he had broken a window. The man claimed he had been going to visit his wife in her apartment and discovered her with another man. He became upset, punched the window and left. The officer then questioned the woman. She stated that the man was indeed her husband, but that they had been separated for months and led separate lives. She claimed that he had barged into her apartment unannounced, and upon seeing the other man became upset, yelled profanities and left. He then returned and broke the window. The officer arrested the man and escorted him to jail.

#### Friday, Oct. 20

• Two Pierce County Sheriff's deputies reported to the Parkwood Terrace Apartment Complex in response to a

domestic violence call. The officers were met by a man who said he and his wife had been "playfully" wrestling when it turned serious and she was hurt. Upon questioning the woman, the man's story was corroborated and she explained that as the wrestling grew serious she was thrown against the wall, bitten on the nose and pushed to the ground. The officers arrested the man, who had begun crying and apologizing. It was later discovered that the man had been arrested twice before on domestic violence charges.

• The Pierce County Sheriff's Office received a call regarding a domestic violence assault in an apartment complex on Union Avenue in Tacoma. The officers talked to a woman who claimed that her live-in boyfriend had returned home drunk and begun to assault her. She said that he pinned her to her bed, bit her finger as she tried to fight back, ordered her mother out of the apartment and then punched her 17 times in the back of the head. She finally managed to escape and call 911 from a pay phone. The officers found and arrested the man and escorted him to jail.

# CAMPUS

## New conduct director has many visions

By Heidi Stout  
Mast intern

The Residential Life Office welcomed its newest staff member earlier this year, naming Kathleen Farrell the new Director of Student Conduct.

She said she plans to bring enthusiasm, consistency and new ideas to her position.

Though her vision for Student Conduct is still in its formative stages, Farrell said she has already seen opportunities to adjust cur-

rent programs in order to better meet student needs.

Among her ideas, Farrell said, is a change in the approach to first-time alcohol policy violations.

Right now, students typically watch a video titled "Choices" and write an essay.

Farrell said she has something more in mind.

"The first stage could be an ethics and decision-making workshop designed to make students really think about their choices in the community," she said. "Later vio-

lations might focus more closely on ways to get help, especially if the student is on their way to a drinking problem."

Farrell said she would like to stress consistency and efficiency in the student conduct system.

"I want to follow up on things quickly," she said. "Conduct issues need resolution in a reasonable amount of time in order for the system to work properly."

Farrell has had experience with both "wet" and "dry" campus policies. She supports the "dry cam-

pus" policy because it eliminates a gray area created by the "closed-door" alcohol policy present on other campuses, she said.

"Most students living on campus are not 21," she said. "This makes it easier to enforce the state law."

Farrell said she believes the conduct system should respect students' actions. However, she said she wants students to be accountable for the decisions they make.



Kathleen Farrell

photo by Eric Moody

See Director, page 6

## Students and media critique and share ideas

By Mark Lee  
Mast intern

Youth are seeing themselves in the mainstream media in a very negative light.

That was the word conveyed last week by students from two Seattle high schools and the University of Washington at a forum organized by the Society of Professional Journalists.

The forum was held Oct. 26 at the Fenix Underground, a nightclub in Pioneer Square. Its purpose was to discuss how the media represent young readers and what they can do to make news more appealing to young people.

The panelists were Barbara Morgan, editor of the Journal American; Molly O'Connor, a young reporter with the Journal American; Steven Hilbert, a Interlake High School student; Shane Milam, a Garfield High School student; and Monique Bushore, a University of Washington senior.

In the audience were reporters and editors from regional media organizations.

The students said they felt the media portrayed young people in a negative light, such as youths involved in crimes or accidents; the media panelists were most interested in what captures the attention of students and how to improve youth coverage.

The students panelists asked the media why there were not any stories on positive aspects of youth.

Joanne Lisosky, a professor of communication at PLU, echoed the panelists' response: most "positive" news is not really eye-catching. "If it bleeds, it leads," she said.

Fellow communication professor Michael Bartanen held a different opinion. "I think that it has a lot to do with the definition of news," he said.

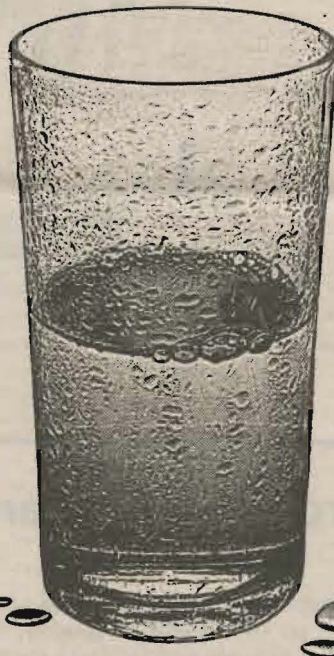
In the sense that positive news is the absence of negative news, students would be surprised to see it in the newspaper, he said.

Bartanen said the media does an adequate job of highlighting positive points about youth in the Seattle area.

Also, Bartanen said, news organizations don't always know when there is something positive to report, but when something negative happens, it travels fast.

## We're looking for people who look at this glass and say:

### "There's gotta be other glasses of water."



We need people capable of going beyond half-full or half-empty thinking. People who see subtleties. Who are quite frankly bored by easy answers and off-the-shelf solutions.

People who are constantly challenging their own thinking and are thirsty for new ideas and knowledge.

You'll have a degree from a top school. Getting a job won't really be an issue. The question is: which job? Which industry?

You don't want to get locked into one area and then discover three to five years from now that you don't like it. By then you've invested too much.

© 1990 Andersen Consulting, AA & Co., S.C.

Andersen Consulting offers you the chance to work on a variety of projects—with clients in a wide range of industries.

We are the leader in helping organizations apply information technology to their business advantage. Every hour of every business day, we implement a solution to help one of our more than 5,000 clients worldwide.

What makes that possible is the quality of our people. And the quality of our training. We're known for both.

Because business and technology are ever-changing, we see training as a continuing process. And our \$123-million Center for

Professional Education in St. Charles, Illinois, is just one measure of our commitment. We train you for a career—not just a job.

Are you the kind of person we're talking about? The kind of person with an unquenchable desire for challenge and professional growth?

If so, come talk to us. And find out more about a career with Andersen Consulting.

**ANDERSEN  
CONSULTING**  
ARTHUR ANDERSEN & CO., S.C.

Where we go from here.™

### White Rabbit

Jewelry-Art-Etc...  
Tee's 20% off  
405 Garfield St.  
1 block East of PLU

Monday, November 6: Open House / Reception, 5-6 pm @ UC (Drop by any time!)  
Information Presentation, 6-7:30 pm @ UC 206 & 210  
Monday, November 13 Application packages due @ Career Center  
Monday, November 27: Campus Interviews @ Career Center

All majors are encouraged to apply. We look forward to meeting you.

Anderson Consulting is an equal opportunity employer.

# OPINION

EDITORIAL

## Chalk two up for the bigots

There were a few chuckles over the bake sale the Feminist Student Union held this week. Doesn't that go against feminism? some wondered.

Maybe that was the whole point of doing a bake sale. Often people misconstrue what is meant by feminism. People think that to be a feminist, women (and men) must eschew those characteristics deemed typically feminine: taking care of children, providing nutritious meals for themselves and their family, baking cookies. Not only are women allowed to make dinner, men are, too.

Feminism is "the belief that women should have the same legal, economic, political and social rights as men," according to Webster's School and Office Dictionary.

A revolutionary concept, isn't it? Unfortunately, conservative political figures use terminology like "femi-Nazi," giving mass society a negative impression of feminists and feminism.

The negative connotations that go along with the word "feminism" are so strong that some women who fit the definition refuse to consider themselves feminists.

Misunderstandings such as this lead to anti-feminist vandalism. Twice this semester, this campus has endured bigoted graffiti sprawled over its bricks, asphalt and concrete. While no one knows if both incidents are the handiwork of the same person or people, they both serve to disintegrate feelings of acceptance.

The first chalking incident was in conjunction with chalk advertisements for a Feminist Student Union meeting in September. The vandals struck on the negative, femi-Nazi impressions many already have of those who call themselves feminists. Vandals

appended the FSU ads to include such phrases as "Men and housewives are not welcome" and "Can't get a date, join the hate."

The second incident appeared on sidewalks across upper campus the day after National Coming Out Day. "Melody," a support group for UC food eaters, was a spoof of Harmony's idea to wear blue jeans in support of gay and lesbian people.

Graffiti is considered the purest form of free speech. There are no restrictions or responsibilities placed on the perpetrators. Chalking is the PLU community's graffiti.

Chalking is a way to achieve a mass audience on this campus. It's a safe bet that more people walk across Red Square, a popular venue for chalkers, than read the Daily Flyer.

It's also the only form of advertising which is completely unregulated. An ad in the Mast or the Daily Flyer costs money. For other ad opportunities, there are nominal fees or paperwork. The money and the paperwork ensure that someone is accountable for the ad's content.

No one holds any accountability for chalkings. To make anonymous public derogatory and discriminatory remarks only exhibits ignorance. The scribes who appended the FSU chalk ads obviously don't understand what it means to be a feminist. They also aren't willing to learn. If they were, they would have chosen a means of comment through which there could be response and eventually a mutual understanding.

Throughout the years there have been many chalkings. They used to incite a giggle; now they provoke hate.

—Kimberly Lusk

## THE MAST STAFF

**Editor**

Kimberly Lusk

**News Editor**

Alicia Manley

**Asst. News Editor**

Shawn Hanna

**Foray Editor**

Jamie Anderson

**O&A Editor**

Lindsay Tomac

**Sports Editor**

Chris Coovert

**Photo Editor**

Matt Kusche

**Page Two Editor**

Ben Egbers

**Ad Manager**

Cindy Sinnes

**Asst. Ad Manager**

Charlotte Stelzer

**Copy Editor**

Kelly Davis

**Graphics**

Ben Munson

**Business Manager**

Kevin Bartholomae

**Circulation Mgr.**

Brandt Baker

**Production Asst.**

Craig Carns

**Columnists**

Kristin Mark

Lisa Upchurch

Matt Telleen

Robin Gillispie

Kurt Eilmes

**Cartoonist**

Craig Garretson

**Senior Reporter**

Randy Danielson

Robin Gillispie

Aaron Lafferty

**Reporters**

Allison Everett

Kristen Buckley

Geoff Beeman

Jenn Seals

Jason Benson

Erik Ryan

Turi Widsteen

**Interns**

Heidi Splitterger

Sarah Schaffner

Tim Simrell

Hillary Hunt

Shannon Herlocker

Josh Coberly

Kristy Daniels

Heidi Stout

**Photographers**

Heather Anderson

Eric Dennon

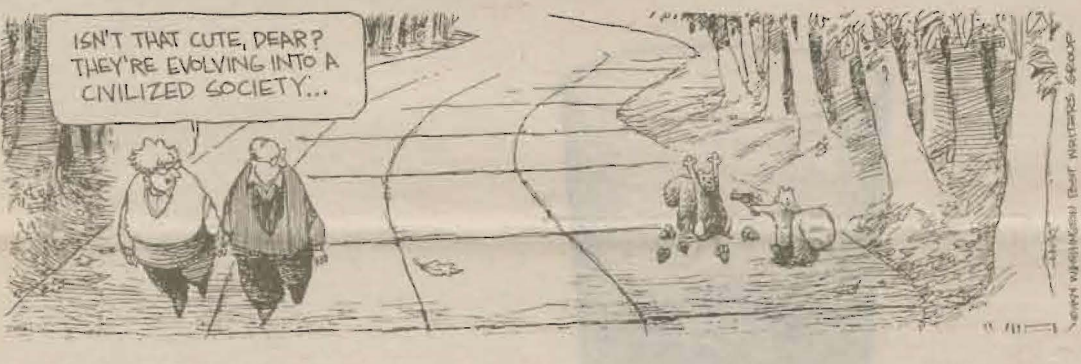
Eric Moody

Chris Angell

**Adviser**

Cliff Rowe

NON SEQUITUR



### Corrections

Nathe Lawver's name was misspelled in the Mast's coverage of "The Time of Your Life."

If you think the Mast made a mistake, published inaccurate information or misspelled a name, please let us know at 535-7494.

## VOICES

### Frequent auto thefts provoke desire for added security

To the editor:  
I am a freshman and I have been here at PLU for two months.

Tuesday night, my car got broken into. Needless to say, I am a little bit angry.

I live in Tinglestad, and in the past month, four people on my floor alone have had their vehicles broken into; one person twice. The second time, the thieves were interrupted trying to hot-wire it.

Another girl had the door panels ripped out of her car. I have talked to several upperclassmen, and they say that nothing has changed, the problem has only gotten worse.

What's wrong with this picture? Campus Safety, the administrators or whoever has to realize that there is a problem.

When are they going to take action and hire a security officer to at least increase patrols of the parking lots?

Looking out on the Tinglestad Lot, I'm sure that none of the lower campus residents would mind paying a small parking fee, which could be used to build a fence that fully surrounds the lot with one entrance and one exit. I pay \$20,000 per year to get a good education. You'd think that I wouldn't have to waste my time wondering if my car is safe.

Amber Osland  
freshman social work major

### Study abroad offers learning outside classroom

To the editor:  
Have you ever eaten sea cucumbers, or tried your hand at the ancient art of Chinese calligraphy, or haggled over the price of a jade necklace with someone who doesn't speak English? Is there a part of you that longs for adventure in some other place where people are different than they are in America; a part of you that knows there must be more to learning than ISP compositions and biology midterms?

I'm writing this letter from Taipei, Taiwan. I received a Rotary Scholarship to study here for three months. In many ways, I've already learned more here than I ever learned in college.

I take Chinese classes at the Taipei Language Institute. Most of what I've learned, though, has not been because of the classes I take or the studying I do. I've really learned to use language at big family dinners, chatting with a Chinese friend in a night club, or trying to buy something in the market. Thank goodness I took a year of Chinese at PLU, because without it I would be completely lost. However, learning a language in an environment where you don't have to speak it all the time definitely has limits.

Also, there's a lot that's important to know about

a culture that's very difficult to learn in a classroom environment. Here I've learned that you should give business cards to everyone you meet, even if you don't have a title to put on them, that some Chinese people eat beef noodle soup and sandwiches and watermelon juice for breakfast, and that it really is possible to eat with chopsticks!

I got to come to Taipei because I was awarded a Rotary Cultural Ambassadorial Scholarship. I am one of three PLU students to be awarded this scholarship in three years, so it's not an impossible achievement.

Rotary is paying for my entire trip. In return, I have agreed to give several speeches to both Taiwanese and American audiences. I look at these speeches as a chance to work on my public speaking skills.

There's no experience like studying abroad, and no better way to do it than a Rotary Scholarship. If you've never been to the Center for International Programs (in Tinglestad), you should take a look and see what your options are. A semester in another country might be more possible than you think.

Jennifer Mueller  
Business ('95)

## THE MAST POLICIES

The Mast is published by Pacific Lutheran University students Fridays during the fall and spring semesters, excluding vacations and exam periods.

**Editorials and Opinions:** Editorials and columns express the opinion of the writer and do not necessarily represent those of the PLU administration, faculty, students, or the Mast staff.

**Letters:** The Mast welcomes letters to the editor but requires that they be signed, submitted by 9 p.m. Monday, and include a name and phone number for verification. Letters must be limited to 250 words in length, typed and double-spaced.

The Mast reserves the right to refuse to publish any letter. Letters may be edited for length, taste and mechanical errors. The Mast can be reached at (206) 535-7494.

# OPINION

## Slacker searches for identity in G.I. Joe characters

It is not uncommon for me to wish life were a little bit more like the G.I. Joe cartoon.

Not because no one ever died despite the massively violent wars, and not because every time a COBRA helicopter was shot down, the parachuted pilot would emerge from the fiery explosion unharmed and fall to the ground (no doubt learning his lesson that crime doesn't pay and then moving on to pursue a less violent career as a TV executive or a talk show host).

The reason I wish life was more like G.I. Joe is that it was so easy to figure out the characters. Everyone had an area of expertise, and this transcended their whole personality. The dog expert was a dog lover. That was his only interest (other than the common interest of ridding the world of COBRA) and his only fetish. He ate, drank and slept dogs.

The ninja ate, drank and slept karate. They probably never lay awake at night, the way I do, trying to figure out who the hell they are.

For all the bad rap we give to stereotypes and classifications, let's at least admit the great temptation to simply become a character.



**RUNNING ON MT**  
By Matt Telleen

We've all known characters. Potheads, party animals, nerds, jocks, artists. And we mainly use these little classifications to help us organize the world around us, to help us make sense of the endless stream of personalities rolling too quickly past the banks of our existence for us to glimpse anything more than the superficial.

But sometimes, in those moments of self-doubt when a desire creeps into your head for the first time and we're not sure what to do with it, we fall back on these stereotypes as a way of

hiding from aspects of ourselves that make things difficult.

Let me tell a story as an example.

It's the typical American story of a gangster trapped inside the body of a runner. I had a friend in high school who was an incredible cross-country runner. He was the key member of four straight state-championship teams, a captain and a leader. Among teammates, he was admired and followed.

He liked this feeling, but part of him felt out of place, alone. He was labeled very easily by "them" in high school. He was a straight shooter, a good kid with a good head and great ability who would no doubt go far in life.

Sometime after graduation, after "them" formally disbanded, but before they reconvened after 10 years to see just how right they had been, my friend changed. He quit running and started smoking large amounts of weed. He stopped hanging around with athletes, started hanging around with musicians and drug dealers. And although it took him a while to open up to me, I saw that this character, so completely different from the one I knew in high school, still had the same soul, the same

heart.

The reason is that he had always contained both of these aspects of his personality, but the confining rules of adolescence wouldn't allow him to join both clubs.

Think back to your friends from high school and how many of them have "changed" since graduation. Think how much you've changed. High school trapped us in one personality early on, and we accepted it because it was comfortable and simple and acceptable. It could be used as a guideline when we weren't sure how we felt like acting. It gave us definition and an answer to a hardest question we face in life: Who am I?

So maybe it's OK to be stereotyped for a while. The hard part is to climb out of that trap once the four-year endurance experiment of high school is over.

In college, we can easily fall into another stereotype, probably different from the one in high school, and let the one from high school die.

Then we'll graduate, get a job and choose another stereotype to fall into.

But that question, "Who am I?" will never be answered. And

stereotypes, while tempting, only serve to limit our lives. The part of us that we left in high school was nonetheless a part of us.

I'm tired of wondering whether I'm a slacker, a scholar, a comedian, a philosopher, a lacrosse player, a drinker or a poet. I'm all those things and more, and I need to remember that it's OK.

In our society, when you are six years old, if you go through 15 different personalities in one day, you're considered creative. If you do that at 16 years old, you're an oddball. If you do it at 26 you're a slacker, and if you do it at 36 you're a schizophrenic.

Unfortunately, those are all parts of who we are. And every time we fight our impulses because it doesn't seem like it's part of our character, we kill a part of ourselves that may have been great, may have brought us that elusive sense of happiness.

We will never fit into a stereotype, we'll never know who we are, and the sooner we accept that the better. Because admitting to not knowing is, as G.I. Joe put it, half the battle.

Matt Telleen is a senior communication major and English minor. Please send comments to [telleemw@plu.edu](mailto:telleemw@plu.edu).

## Apathy toward campus diversity issues breeds enmity

One morning as a friend and I devoured our nutritious and flavorful UC food, we began to notice that PLU is quite a utopia of diversity.

Sound crazy? PLU, a utopia of diversity? Looking around, some obvious differences among our peers jumped at us: there were tall and short people; blond and brunette people; dark, light and brown people; quiet people and loud people; men and women.

Then we began to notice (and wonder) what some of the subtle differences were: Who's gay? Who's straight? Who's a Republican? Who's a Democrat? Who believes in God? Who worships Allah? Who has a learning disability? Who's a feminist? Who's a white supremacist?

And then we began consider what each of us does to identify itself: Do we belong to College Democrats? the Asian Pacific Islander Club? Stonewall Alliance? the Feminist Student Union? University Congregation? Do we go to Rejoice or play a sport? What are we majoring in?

The more we thought about how diverse our campus is (after all, no two people are exactly alike), the more puzzling it became to us that people don't seem to want to celebrate this diversity. On the contrary, there seems to be an anti-diversity movement on this campus.

Does vandalizing the Feminist Student Union's advertisements demonstrate an open and embracing attitude toward ideas that may not be the same as ours? Does mocking National Coming Out Day by equating it with "Melody's" chimichanga movement (see "Graffiti mocks groups efforts," the Mast, Oct. 27, page 1) show support for those willing to risk physical harm and ostracization by expressing something that defines who they are?

And when only one (ONE!!) person out of a student body of 3,600 people comes to a Students Taking Action Against Racism (STAAR) interest meeting, does that show that the PLU community is willing to take steps to combat racism?

I'm not a philosophy major. I've never taken a logic course. But even to a commoner like myself, it seems completely illogical that a campus so rich in cultural, spiritual, sexual, intellectual and physical diversity would be unwilling to defend, embrace, secure and celebrate diversity.

Did anyone come to college thinking everyone would be the same as themselves?

As the ASPLU Director of Diversity

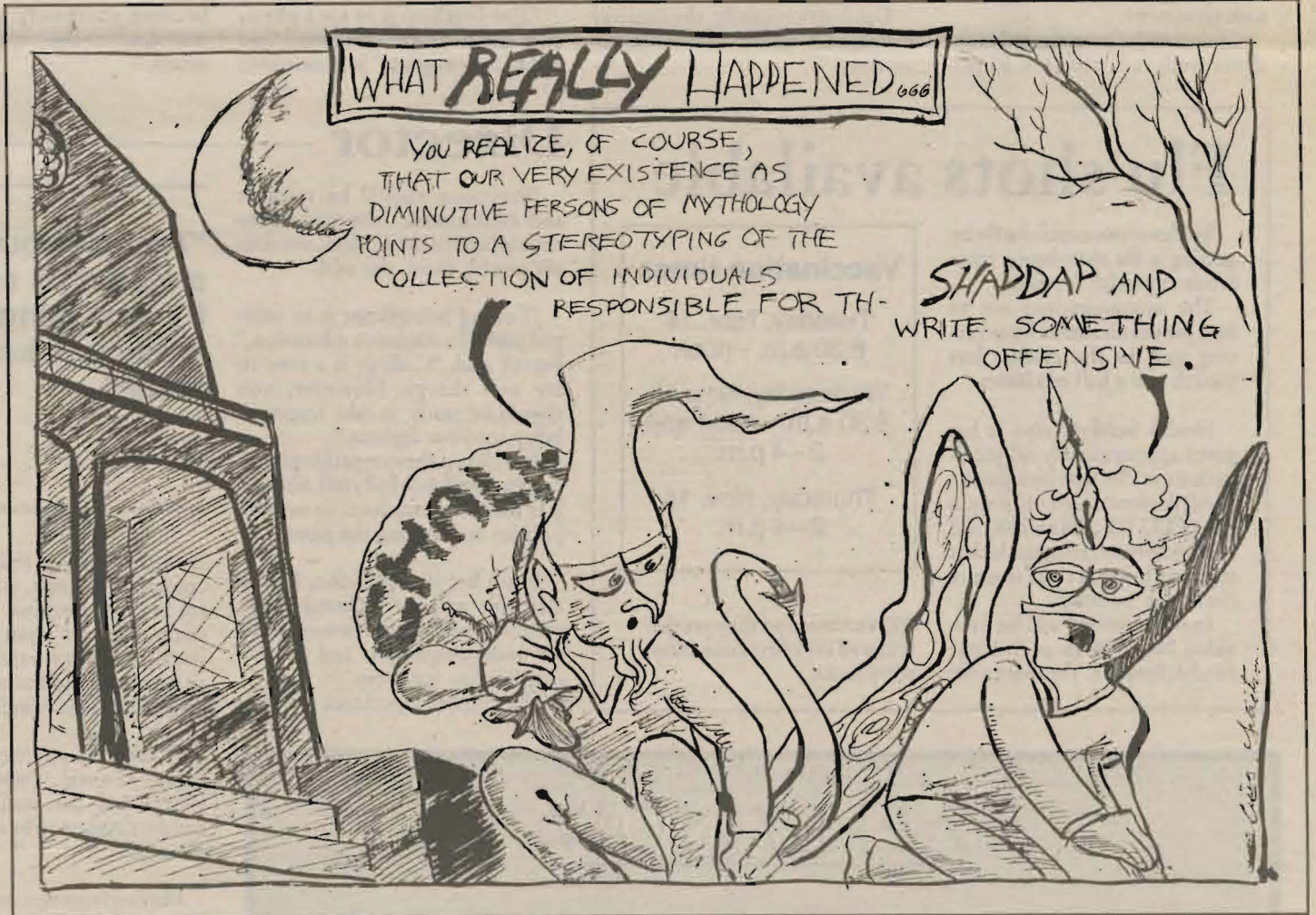


Illustration by Craig Garretson

and Human Relations, the preceding causes me to seriously evaluate what my role is. On one hand, sometimes I feel as if my position shouldn't exist; after all, it appears that the majority of the student body (whom I represent) do not feel diversity issues include or affect them.

On the other hand, I follow the school of thought that believes diversity targets more than Latinos, more than gay people, more than people with physical disabilities; it targets everyone.

In a world where cultures continually cross, where people are increasingly willing to share sexual identity, where women's visibility and voice are becoming stronger in our society, we need to learn how to accept and love the characteristics that make our culture diverse.

## GUEST COLUMN

By Alexis Vasquez

PLU's campus cannot afford to be divided by racial, sexual identity, religious, gender or economic differences.

College is supposed to prepare us for the "real world," right? In the "real world" we're going to have to deal with these issues; in the "real world" we're going to have to teach children to deal with these issues; in the "real world" the groups we identify ourselves with (and even some we don't choose to identify ourselves with but with which we are inevitably aligned due to societal, biological and genetic forces) more than likely will come under scrutiny

and criticism at some point in time.

We need to deal constructively with diversity. PLU gives us the opportunity to learn these skills—skills essential as we enter the "real world."

Do you know what's going on around campus? Have you ever gone to a Harmony meeting? Participated in a diversity rally? Visited the Multi Ethnic Resource Center? Have you ever sent me a note or called me to tell me what YOU want to see happen on this campus? These are effective ways to get involved and express your opinion because believe it or not, chalking probably won't get you far in the "real world."

Alexis Vasquez is the ASPLU Director of Diversity and Human Relations. She is a senior Spanish and economics major.

# CAMPUS

## Migraines and college: the painful mix

By Vanessa Horn and Mary Killian  
Special to the Mast

You've just made it through another week filled with all-nighters, caffeine fixes, junk food, mid-terms and loud music. The weekend is finally here, and you're ready to kick back.

Suddenly, your head seems to explode with throbbing, pounding pain so intense that all you want to do is crawl in bed and not deal with anything or anybody. This isn't fair — free time is no time for a headache.

Chances are, what you're experiencing may be much more than "just" a headache. It may be a migraine, a condition that can cause pain so intense that some sufferers have wished they were dead during an attack.

Unfortunately, the symptoms of migraines are often discounted as not serious, especially among young people.

Though migraines typically strike more often after the college years, it can occur earlier in life. A study of headaches among adolescents and young adults indicates an average of 77.8 percent of women and 57.8 percent of men between the ages of 18 and 29 reported that their most recent headache occurred within four weeks of participating in the study.

What's worse, however, is that a lot of people with migraines never seek treatment.

Of those who participated in the above study, an average of 85 per-

cent of men and 68 percent of women who reported having one or more headaches in the prior year had never consulted a physician about their headaches.

These facts are consistent with the results of a recent national survey of physicians that showed that the typical migraine sufferer waits an average of 3.5 years before consulting a doctor for treatment for their headache.

Migraine is characterized by multiple symptoms, including severe, recurrent pain, usually on one side of the head accompanied by one or more of the following associated symptoms: nausea, vomiting or sensitivity to light and sound.

Migraine attacks can last from four to 72 hours.

"The pain is often aggravated by routine movement or physical exertion," said Glen Solomon, head of the Section of Headache at the Cleveland Clinic Foundation.

"Frequently, the sufferer has to lie in a dark, quiet room until the attack passes — a coping mechanism that is not often a practical alternative in a busy lifestyle," he said.

"Unfortunately, many young adults suffer needlessly from migraine because they do not understand the disease and the options for relief from pain it causes," Solomon said. "One of the first steps in understanding the disease is knowing some of the basic symptoms, which are different in each sufferer."

Until very recently, the cause of a migraine attack was largely a mystery.

### Migraine triggers

- Irregular or insufficient sleep.
- Dietary factors, such as skipping meals, dieting and consuming foods and beverages with caffeine, alcohol, MSG or nitrites.
- Environmental changes, including changes in atmospheric pressure or temperature as well as cigarette smoke, bright lights, and loud noises — even music.
- Certain medications, including over-the-counter pain relievers and analgesics like aspirin (many of these medications also contain caffeine, a known migraine trigger).
- Hormonal changes, associated with birth-control pills or menstrual cycles.
- Motion from riding bikes or cars, eyestrain, irregular workouts or even a lack of exercise.
- Emotional changes, including fatigue, depression, anxiety, anticipation or stress.

Many scientists now believe that migraine is caused by a sequence of events that cause blood vessels in the brain to tighten, then relax, resulting in the throbbing pain of a migraine.

While this is a commonly accepted theory, Sue Mkrtrician, a physician's assistant at the PLU Health Center, says new research makes the idea of blood vessels contracting a lot less definite.

Although there is no cure for migraine, enough has been learned about managing the disease to design effective treatment programs.

"The first step is to see a physician for a proper diagnosis and treatment program," Solomon said,

noting the diagnosis should include a thorough evaluation of the headache to ensure it is not an indication of any number of serious problems.

He also emphasized a review of a family medical history, particularly because there is about a 75 percent chance of having migraine if both parents are migraine sufferers, and about a 50 percent chance if only one parent has a migraine.

"One of the things we often notice in young patients is that when they shut off the stereo, they have a terrible headache," he said. "They become extremely sensitive to sound, which can trigger a migraine attack."

The patient plays an important role in treatment, Solomon said, adding that learning to recognize and control the signs and "trigger" factors common in the lifestyles of young people is essential.

When students come into the PLU Health Center complaining of headaches, medical attendants are sure to ask about family history to determine what kind of headache it is.

Some students suffer eyesight problems without ever having any head pain while others' headaches seem to last for only two minutes and disappear.

"Because migraines commonly occur when there is a let-down after stress, weekends, vacations and holidays are common times to get migraine headaches," Solomon said.

He also adds that, just as migraines can be triggered by stress, they also add stress to a person's life, thereby creating a cycle of pain.

"When you add several days each month of being bed-ridden or not being able to function at a high level, stress increases dramatically," Solomon said.

Migraines and other related headaches are becoming increasingly curable. There are new medicines and injections that prevent headaches from ever starting, Mkrtrician said.

She invites anyone suffering from chronic headaches or who would like more information about migraines or other illnesses to call the Health Center at x7337.

Mast intern Allison Everett contributed to this article.

continued from page 3

## Flu shots available

Students can avoid the flu by getting a flu shot being from Student Health Services.

The immunizations are to help prevent students from getting sick in the crucial last month and a half of classes.

Health Services says it has given approximately 60 vaccinations in the first two days.

All students need to bring their PLU ID card and \$8. All Health Services requests is that students bring as close to exact change as possible.

Immunizations will be provided Nov. 14-16 at Student Health Services. There are only

### Vaccination times

Tuesday, Nov. 14  
8:30 a.m. - noon

Wednesday, Nov. 15  
8:30 a.m. - noon and  
2 - 4 p.m.

Thursday, Nov. 16  
2 - 4 p.m.

300 vaccines and they are distributed on a first come, first serve basis.

## Director

"Sanctions should be relevant and educational," she said. They should benefit the student, not simply punish them, she said.

"Testing boundaries is an integral part of a student's education," Farrell said. "College is a time to try new things. However, you should be ready to take responsibility for your actions."

Farrell said she sympathized with current residence hall staff. She said it is tough for students to enforce policies concerning the peers.

From her new position, Farrell said, she will try to break down student conduct policies into better understood parts and provide justification for them.

She said her experience as a resi-

**"Testing boundaries is an integral part of a student's education. College is a time to try new things. However, you should be ready to take responsibility for your actions."**

— Kathleen Farrell  
Director of Student Conduct

dent assistant has shaped her perception and goals, preparing her for her new position. She said she can recall times when the administration was not always fair minded, so it has become one of her goals to keep fairness in mind.

"I take my job very, very seriously," she said. "I want to be consistent and fair, and I want the conduct system to be educational," she said.

Hailing from upstate New York, Farrell completed her undergraduate degree at Colgate University. She described herself as being the "typical over-involved college student" during her stay there. She wrote for the school newspaper, was a member of Alpha Chi Omega, became involved in student government and served as a resident assistant.

Farrell completed her master's degree at Bowling Green University in Ohio in both College Student Personnel and Guidance and Counseling.

She had a live-in position as the house director for a fraternity there. During her studies, she also became interested in student leadership development.

The Pacific Northwest held great allure for Farrell. Following her education in Ohio, she moved to Bellevue to work at Eastside Catholic High School. There, she did a significant amount of public relations work as well as fundraising.

Time away from work finds Farrell involved in many activities, including rowing.

"Though I only started a little while ago, it has become almost a cult," she said. She also enjoys sailing, photography, cooking and keeping a journal.

Though she loves dogs, she said she has not added one to her life due to her busy schedule. She does volunteer for the local pet protection society as a temporary parent for stray dogs.

Farrell said she enjoys the continual challenges of her new job, and sees the position as one with continuous opportunities for change and growth. She plans to be here "quite a while."

Farrell said she would like to pursue further education and study how individuals' school experiences shape them later in life.

## APPLY NOW

Be an EDITOR or a GENERAL MANAGER!

KCNS6, KCCR, and The MAST are accepting applications for Spring Semester 1996, until **5 p.m., Wednesday, Nov. 8.**

Please include:

1. Cover letter
2. Résumé
3. Samples of media work
4. Two (2) letters of recommendation (one from a faculty member)

Submit applications to Anne Christianson, Student Life, HA-105

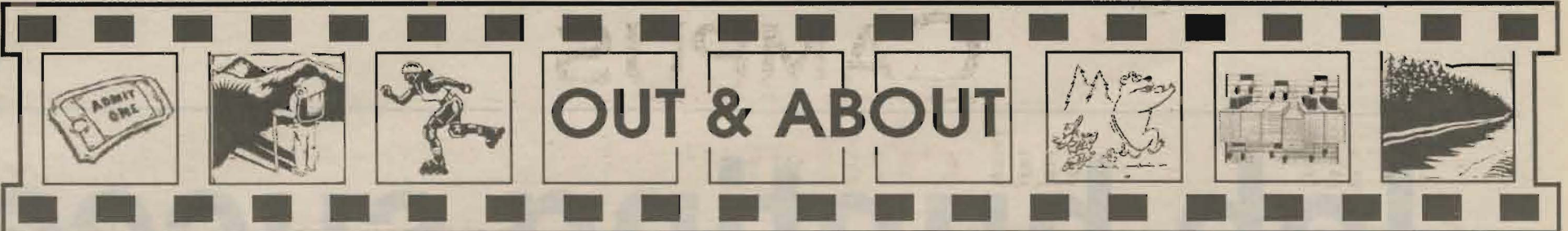


photo by Eric Moody

## Knight of the night

One of the many trick-or-treaters who roamed the halls of PLU's dorms on Halloween.

## Pumpkins take alternative music to new boundaries

Kristin Mark  
Mast music critic

ARTIST: Smashing Pumpkins  
TITLE: *Mellon Collie and the Infinite Sadness*

The Smashing Pumpkins never cease to amaze the average fan.

The music is innovative, and for lack of a more clinical term, takes music experimentation to a higher level. To simply regard the album as artistic would never do the double-CD set justice.

*Mellon Collie and the Infinite Sadness* creates new boundaries to the movement of popular (artist) alternative music. The Smashing Pumpkins are not one to surrender to the musical laziness of the average "now-that-we've-headlined-Lollapalooza" artist.

The album opens with an acoustic piano solo, then ventures the ear to the realms of an orchestrated chaos filled with symphonic strings, guitar, bass and organ. From this, the Pumpkins move us into a driving guitar solo, bringing us into the third song, flying at 80 beats per minute.

The album is full of random surprises, keeping your ears entertained for minutes that you might mistake for hours. It simply is a mind journey through the infinite art of music.

Kristin Mark is a senior communications major and the Music Director of KCCR.

## CAMPUS CONNECTIONS

### Who died the worst death?

Three men stand before St. Peter awaiting admission into Heaven, but St. Peter has been informed that Heaven will only admit 33 percent of applicants today. The admissions standard: Who died the worst death? So St. Peter takes each of the three men aside and asks them about how they died.

First man: "I'd been suspecting for a long time that my wife was cheating on me. I decided to come home early from work one afternoon to catch her in the act. When I got back to my apartment, I heard the water running. My wife was in the shower. I looked everywhere for the guy, but couldn't find anyone or any trace that he had been there. But the last place I looked was out on the balcony. I found him hanging from the edge, trying to get back in! So I started jumping up and down on his hands, and he yelled, but he didn't fall. So I ran inside and got a hammer, and crushed his fingers with it until he fell 25 floors screaming in agony. But the fall didn't kill him — he landed in these bushes! So I dragged the refrigerator from the kitchen (it weighed about a ton), pulled it to the balcony, and hurled it over the edge. It landed right on the guy and killed him. But then I felt so horrible about what I had done, I went back into the bedroom and shot myself."

St. Peter nodded slowly as the man recounted the story. Then, telling the first man to wait, he took the second aside.

Second man: "I lived on the 27th floor of this apartment building. I had just purchased this book on morning exercises and was practicing them on my balcony, enjoying the sunshine, when I lost my balance and fell off the edge. Luckily, I only fell about two floors before grabbing another balcony and holding on for dear life. I was trying to pull myself up when this guy came running onto the balcony and started jumping up and down on my hands. I screamed in pain, but he seemed really irate. When he finally stopped, I tried to pull myself up again, but he comes out with this hammer and smashes my fingers to a pulp! I fell, and I thought I was dead, but I landed in the bushes. I couldn't believe my luck, but it didn't last — the last thing I saw was this enormous refrigerator falling from the building."

St. Peter comforted the man, who seemed to have several broken bones. Then he told him to wait, and turned to the third man.

Third man: "Picture this. You're hiding, naked, in a refrigerator..."

Do you have any short stories, humorous anecdotes, amusing lists, etc. that you have received over email? Send your submissions for **CAMPUS CONNECTIONS** to [TOMACLR@PLU.EDU](mailto:TOMACLR@PLU.EDU).

## What's Happening . . .

### Nov. 3

Tonight ASPLU is sponsoring the film *Higher Learning* in the Cave at 8 p.m. The film will be followed by a discussion led by a professor. The viewing is free.

### Nov. 7

Vinnie Burrows will be performing in Chris Knutzen Hall this Tuesday at 8 p.m. She will perform *Walk Together Children*, her solo theatre piece that features 24 different characters drawn from the works of African-American poets, authors and compos-

ers. Burrows was named 1994's Best Female Actor by Audelco, a theatre awards organization.

Kathleen Vaught Farner, PLU music faculty member and one of the Northwest's premiere horn soloists, will perform with PLU's **Symphony Orchestra** in Lagerquist at 8 p.m. Ticket are \$5 for students.

The Pantages Theater is playing "Things Ain't What They Used To Be" at 8 p.m. Tickets are \$23.

### Nov. 8-9

Wednesday PLU begins its **Blood Bowl** from 10

a.m.-3 p.m. and on Nov. 9 from 1-6 p.m. in Chris Knutzen Hall. PLU is competing with the University of Puget Sound to see who can collect the most blood for Cascade Regional Blood Services.

### Nov. 9

Senior music education majors Jenny Lambie (oboe) and Brent Hogenson (percussion) present their **senior recitals** at 8 p.m. in Mary Baker Russell Music Center.

Musician **Sean Murphy** will be playing in the Cave at 8 p.m.

## WONDERWORD

Unscamble the words below. Then unscamble the circled letters to reveal the answer to the clue.

h t r t e e a

□ □ □ ○ □ □ □

k a s m s

○ □ □ □ ○

d e l f i

□ □ □ ○ □

y o p f l a f

○ □ ○ ○ □ □ □

n e n r b u k i a n g

□ □ ○ □ ○ □ □ □ □

CLUE: What do Shakespeare and the football team have in common?

□ □ □ □ □

□ □ □ □ □

# Job hunting success

## Job Hunting: The process

- Look for job openings
- Send résumés to perspective employers
- Follow up submission of résumé with a phone call
- Attempt to make an appointment for an interview when on phone

by Wendy Johnson  
Mast intern

Students generally know the basic résumé rules to follow when applying for a job: no fluorescent paper, no photocopies, no second page. But when it comes to other aspects, some may be lost.

There are numerous guidelines to follow in order to insure success in finding a job that will not only provide happiness for the student, but also for the employer.

Whether a person is looking for a job while still in college or after graduating, the same rules apply although the job search is different.

First the student needs to find a job that interests him. Looking in the want ads of the local paper is a good place to start if he is looking for a job off campus.

The Center for Careers and Employment (Ramstad, room 111), is another place he could look. Jobs are listed on the wall at the bottom of the stairs, organized as non-work study or work study.

Work study is a program that reimburses employers for part of the student's wages. Not all students are eligible, since work study is considered financial aid.

The job postings are also arranged by positions on- and off-campus.

The majority of companies hir-

ing through the college are understanding of the needs of students and are willing to work with them regarding schedules.

The Center for Careers and Employment also handles many students who are graduating in the coming semester and are in need of options for jobs after college. If the student has graduated within the last year, the services offered by the Career Center are still available to him.

After finding a position that sounds interesting, the next step is to send a résumé and cover letter to the company.

The letter may explain why you are interested in the job. It is a chance to let the employer get a sense of your personality, too.

If the job is on campus, there

are applications in the Career Center that students can fill out and take to the different positions they are applying for.

Many employers that work with the Center for Careers and Employment ask that prospective employees bring their résumés to the place of business.

The company or campus employee not only wants to see how much the position means to the students, but also how they look, act and communicate before they waste time on the process of hiring.

A résumé should look as profes-

sional as possible. When preparing the résumé, make sure it is typed neatly and there are no misspellings or other grammatical errors. A prospective employer will look at the over-all appearance, the attention to detail, and thoroughness of the product.

The next step is a follow-up phone call. This is a great way to let the employer know how interested the student is. Many employers will not consider a résumé until they have had a call back from the student.

They want to make sure she is still interested in the position and also that she is willing to work to obtain it. Most employers will be impressed with the extra effort and time she puts forth in getting the job. Also, by calling back, she will most likely be leading up to the next step, the interview.

While on the phone, the student should try to make an appointment to meet with the managers or supervisors of the company. An interview provides a time to get to know about the job itself and also a chance for the employer to know more about the student.

This is when the student needs to sell herself.

The way she dresses and the attitude she portrays are two of the most important things to take into account when interviewing. Since the amount of time she is with the prospective employers is so short, she will want to mention positive things about herself and look her best.

The decision to hire or not is most often made in the first few minutes of the interview.

Therefore, the student should wear her best clothes. A good strategy for most jobs is to dress one notch above the position being applied for. For example, if a student were applying for a job as a waiter, he would wear nice slacks and a dress shirt. However, if he was applying for a job in an office, he would need to wear a tie. What he wears will affect how seriously the interviewers take him.

When first walking into the meeting, the student should shake hands firmly, state his name and how glad he is to meet the interviewers. He should make sure the web of his thumb is in the web of the recipient's thumb.

A handshake is important. It tells the employer much about the personality of the student. A firm handshake signals firmness in attitude and also the willingness to accomplish tasks. A weak or limp handshake usually tells the employer that the student is not strong and may be unwilling to take on harder duties.

Students who want more information about finding a job can call the Center for Careers and Employment at x7459 and set up an appointment with either Beth Alstrom or Mike Quatsoe.

If time is a consideration, students may go into the office on their own and look at the job listings. There is also a binder of work-study-only positions available from the receptionist.

The Center for Careers and Employment is planning an employment workshop series in the spring. Keep on the lookout for dates, times and subject areas.



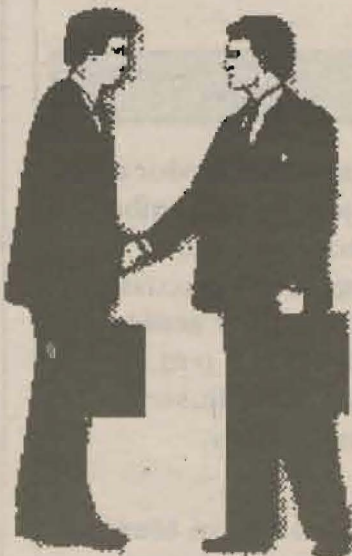
## Know the dress code



When applying for a professional job a student needs to be presented like a professional. This can be reflected in both attitude and dress. Attire may be an indication of an applicant's personality and crucial to his/her chance of receiving job offers.

## The Handshake: Fish or Firm?

A handshake tells an employer a lot about the personality of a student. A firm handshake signals firmness in attitude, whereas a weak handshake may signify that a student is unwilling to take on harder tasks.



Career Services helps the career-seeking student in the following ways:

- Self-assessment through consultation and the use of interest inventories.

- Exploring career options through a resource library of books and videos.

- Internships, both academic and non-academic, and job opportunities through student employment, work study and Cooperative Education listings.

- Workshops designed to assist students in the interview, the creation of a résumé, and the job search.

**JOB SEARCH WORKSHOP**  
Nov. 6, 3-4 p.m.  
UC 208



**CENTER FOR CAREERS & EMPLOYMENT**  
Ramstad, lower level

For more information on workshops provided call 535-7459.



A

# Everything from a résumé to a handshake can affect a student's chance at getting a job

## Writing your résumé

A résumé is often the key that gets a student's foot in the door. Without an impressive résumé a student may not be able to get an interview.

Jane Doe  
111 Garfield St.  
Pacific Lutheran University  
Tacoma, WA 98447-0003

### Objective

To obtain a position as a clerical assistant that would utilize word processing knowledge and strong people skills.

### Summary of Qualifications

- Experience in clerical work
- Computer skills include knowledge of Microsoft Word and Excel; can type 50 wpm
- Developed interpersonal skills
- Ability to cope with heavy workloads and meet deadlines
- Excellent written and oral communication skills

### Professional Experience

1993-1995

Casa de Juan

Waitress/Hostess

Worked closely with customers to insure a good dining experience

Opened the restaurant in the mornings, which required a working knowledge of the business

1992-1993

Glass Companies Incorporated

Clerical assistant to the head of the company

Work included filing, copying, typing, answering phones, keeping an updated database on the customers and assisting in proofreading

1990-1992

Shepherd Hill School for Girls

Computer lab assistant

Served as an assistant to the teacher which included teaching lessons, programming the computers, grading papers, copying, filing and typing

### Education

Graduated from Shepherd Hill Academy for Girls with honors in 1993  
Currently attending Pacific Lutheran University

## Throw Out

- Under- or oversize (and any size Day-Glo-colored) paper
- Multiple pages with bound copies of your references
- Flowery, inflated talk
- Personal information like your birthdate, marital status or religion
- The phrase "I'll do anything"
- Truth-stretching
- Excessive type, too many fonts and boldface words, or confusing graphics
- A package addressed to "Sirs" or "Gentlemen" or "Whom it may concern"

*Résumé sidebars taken from Mademoiselle, Sept. 1995*

## Stand Out

8.5" x 11", white or ivory bond paper

One page

Clear, concise language

Accomplishment statements

Focused objective

Honesty, not modesty

An overall look that is neat and easily scanned

Package addressed to a specific person, with name and title spelled correctly

# O&A

## Columnist attempts to answer five commonly-asked questions about males

Greetings all. 'Tis I, The Bald Eagle, Robin of Locksley, Child of the Gods here. Remember moi? I do a column here every now and then? Dating and job interviews? Feminism? Any of this ringing a bell? No? Good.

Anyway, I've been noticing some recurring themes lately in my life and I thought I'd share and see if any of you thought they meant anything.

First, I've been dreaming about Africa far too much lately. I see the girls I went there with, I have weird visions of our lovely dorm, and mumble in German-Swahili. It's really quite unnerving.

What does this mean? I have no idea. If you've got a thought, let me know. However, I have some other stuff I'd like to share.

I've noticed girls have been having a tough time with relationships lately.

There are a lot of break-ups right now. Must be this end-of-summer thing. Guys think that just because a calender flips a page it's time to end a relationship.

I've been getting lots of questions about guys lately from girls. They want to know certain things. They can't seem to figure them out for themselves.

So, The Child of the Gods will



Musings Inc.  
By Robin of Locksley

attempt to impart wisdom, or at least a theory, on guys.

Q: Why don't guys treat us like we deserve to be treated?

A: Many men (the ones with girlfriends) have a genetic flaw that removes their heart, soul and decency, replacing them with hormone boosters, which produce irrational behavior and extra body hair. It also launches their sex drives into orbit.

Q: Why are guys so hard to figure out?

A: Because they're so simple, you overlook it. Women are always trying to take men apart

and understand what makes them tick. Truth is, 80 percent of all relationship problems revolve somehow around sex. Of course, 80 percent of all male bodily functions revolve somehow around sex.

Women have a hard time grasping such blunt truths, insisting that there is a complex solution to their dilemma. Boy, have we got them fooled.

Q: Why doesn't my boyfriend say what is on his mind?

A: Because saying sex in constant repetitive strings is too hard on salivary glands and their mouths dry up or get sore. Men prefer to simply think it.

Q: Why is it always someone I'm not dating who knows how to treat me?

A: Because men are not stupid. We watch those other buffoons women date. We see the errors they have made and we have learned. A little-known fact is that there are really two species of male *homo sapien*.

The first, and most common, is Datingus Ignoramus. This beast has the perfect girl and treats her like crap. Why she stays with him, God only knows. Datingus Ignoramus traded off IQ and brains for looks during creation, I think.

The second species is Singlus Brilliantus. Unlike Datingus Ignoramus, Singlus Brilliantus is often creative, sensitive, caring, funny, and smart.

However, Singlus Brillianti are usually without a relationship, hence the Singlus designation.

Why these men continue to be without dates is still a mystery to science, but it is hoped that Datingus Ignoramus will die out soon, lest the world be overrun with Budweiser-drinking armchair quarterbacks.

Q: Why can't guys just be friends to girls?

A: This answer relates directly to the answer two questions up. Guys, even Singlus Brilliantus-type guys, like sex. In fact, most humans like sex. It's just that men are given much fiercer hormone sequences, I think.

But guys have a hard time with being "Just Friends." Just friends is a curse that virtually every man, except Richard Gere, whom other guys loathe viciously, dreads hearing.

I don't think I've ever heard of a guy telling a girl that he wanted to be "just friends." Of course, I could be wrong.

The truth is, guys are great and horrible, brilliant and idiotic, nice and mean, handsome and tire-biting, just like ladies.

We're not that tough to figure out, especially if you refer to my handy chart above.

In the end though, people want a lot of the same things. We all want to be loved. We all want friendship and physical relationships we can enjoy. We want security. We want variety.

Those are all tough orders to fill if you put them in the same package. That's why relationships get so messed up.

It's like a big pizza. You order pepperoni, sausage, and Canadian bacon. You love this combination. But if the pepperoni is missing, you get really upset, even though the pizza still tastes pretty good.

Relationships are like that: take out one of the main ingredients, and people get mad for messing with their favorite thing.

As a Singlus Brilliantus, I think it's safe to say that relationships are a pain in the rear.

They take constant work and attention. You always have to treat them carefully, even when you don't want to. But what else are you living for?

Robin is a senior political science major with a minor in philosophy. Musings Inc., originates on the internet. Send a request to Gillisrk@PLU.EDU to subscribe.

Kurt Eilmes'

## TOP 10

Top 10 things overheard during the royal visit.

10. I was reaching for a tissue, and the secret service agents grabbed me and beat me up.
9. They can't be real royalty. They don't wear crowns.
8. Sixty years old and barely graduating from college — man, how'd she ever become queen?
7. Ohhh, I think I see one!
6. That squirrel just made a big mistake by depositing a foreign substance on the king's shoulder.
5. Sorry your majesties, the UC doesn't serve lefse.
4. The king just tried hitting on me.
3. Pardon me your majesty, but Halloween isn't until the Oct. 31. So no matter how many times you say "Trick or Treat" they won't give you candy.
2. Where'd they get that shovel, Ernst?
1. Where's Al Gore?

Kurt Eilmes is a freshman majoring in business.

**THERE ARE**

**35 DAYS**

**LEFT UNTIL FINALS,  
AND THEN IT'S CHRISTMAS....**

**SHOP NOW**

**AT THE**

**PLU BOOKSTORE**

**WHILE YOU HAVE 2 PAYCHECKS LEFT!**

**ENJOY FUN SAVINGS!**

**THE PLU BOOKSTORE HAS**

**SOMETHING FOR EVERYONE!!**



**Life's too short.**

**STOP THE HATE.**

## SPORTS

## Lutes defeat Linfield in defensive duel

By Chris Coovert  
Mast sports editor

A 24 yard field goal by freshman Chris Maciejewski with four minutes left to play broke a 7-7 tie as PLU downed Linfield 10-7 last Saturday.

The win pushed PLU to 3-0 in Mount Hood League play and set up a show-down with undefeated Willamette in Salem tomorrow.

Coach Frosty Westering said, "That was a great college football game. Both teams played well and the defenses were outstanding."

Both defenses set the tone for the game in the first quarter, which ended scoreless.

## FOOTBALL

Overall record: 5-2

Next game: Tomorrow at Willamette, Salem, Ore, 1:00 p.m.

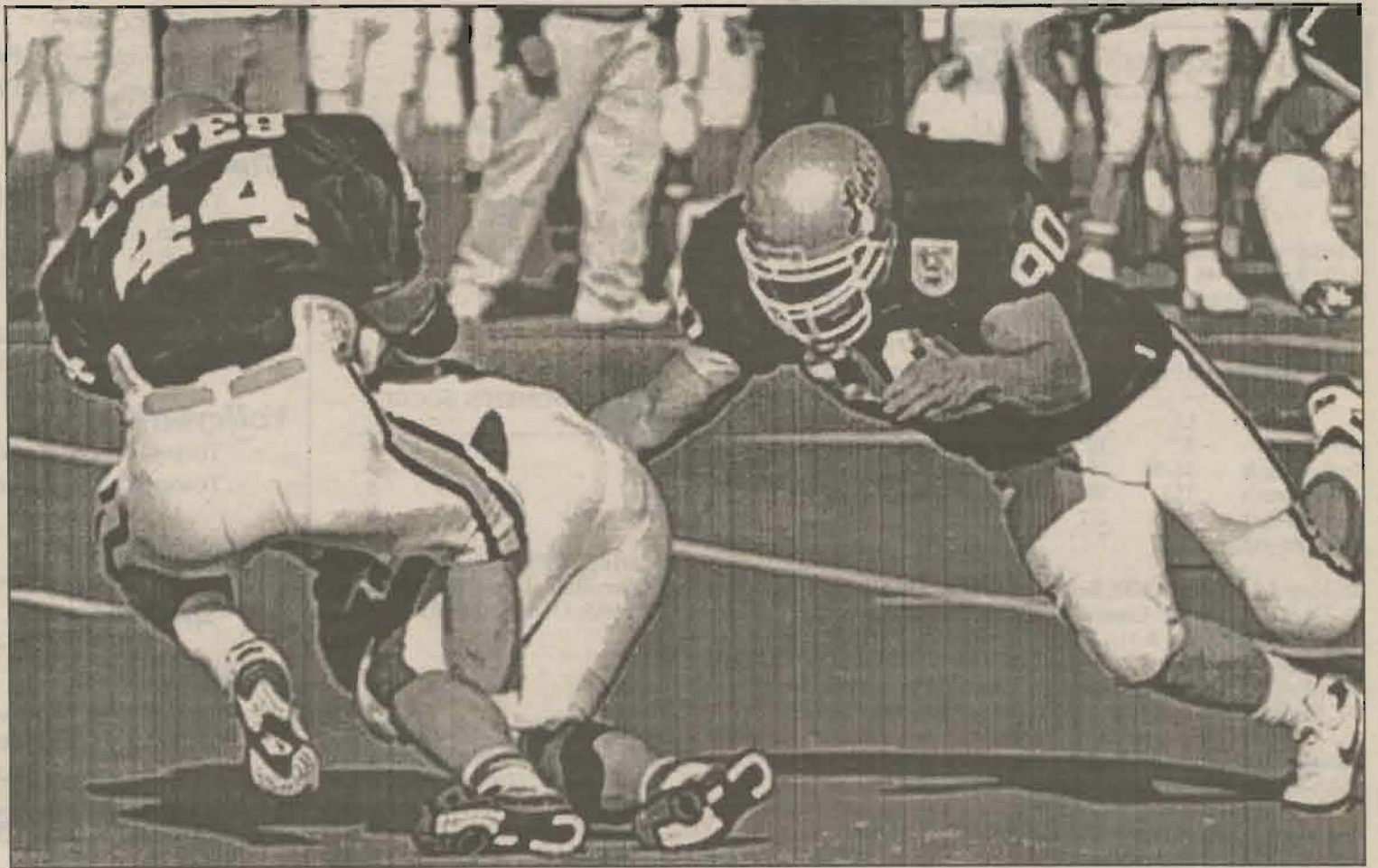
Linfield struck for the only touchdown of the first half when freshman quarterback Brian Higgins hit receiver Amancio Agcaoli for a 46-yard scoring pass in the second quarter.

The Lutes answered with a touchdown of their own off their first possession of the third quarter. A Dak Jordan throw to Karl Lerum on a middle screen pass set Lerum up for a 15-yard run into the endzone.

The game remained a dead heat as both teams struggled to sustain an offensive drive. Then the Lutes drove deep into Linfield territory, setting up Maciejewski's kick with 4:08 to play in the game.

The PLU defense forced Linfield to punt after only three plays on their next possession, but a fumble on the return gave Linfield the ball and excellent field position.

PLU's defense continued to be tough, however. The key play came when Linfield, with the ball on the



Travis Hale (44) tackles a Linfield player while Josh Arnold (90) dives in for the assist. The Lute defense tackled Linfield players for losses eight times

in the game and held Linfield to just seven points. The Lutes defeated Linfield 10-7 last Saturday at Sparks stadium.

photo by Matt Kusche

PLU 40, faced a second-down-and-short situation.

Junior linebacker Jon Roberts tackled the Linfield running back for a loss in the backfield and forced the Wildcats into a throw attempt for a first down on their third and fourth downs.

Both times the defense held tough, forcing Linfield to turn the ball over on downs.

The game was a showcase for a much-improved PLU defense.

"We're getting better," said defensive coach Craig McCord. "We

started out with a real young team. We've been playing well but getting 'big-played' to death. We've been working really hard and getting stronger and stronger against the run."

McCord said that the defensive improvement had begun to show as early as the Western Oregon game, but occasional big plays against PLU overshadowed the effort.

PLU held Linfield to only 244 yards of total offense including only 91 yards rushing.

On offense, the Lutes struggled to get a running attack going. Rushing leader Brian Van Valey suffered a hip pointer during the Lutes' first possession and was forced to watch from the sidelines after only two carries. He is listed as questionable for the game tomorrow.

The Mount Hood League title likely will be decided tomorrow when the Lutes meet Willamette in Salem.

On offense, Willamette's primary weapon is a potent running game. It leads the Columbia Foot-

ball Conference in rushing, averaging 285 yards rushing per game.

"They run a real deceptive offense," McCord said. "We have to be disciplined in taking care of our areas."

Even when Willamette sets up to throw, it often breaks big plays thanks to the running skills of quarterback Chuck Pinkerton, McCord said.

Willamette's defense has also been excellent this season. Ranked fourth in the CFA, it has allowed only 324 yards per game.

## Golf team undefeated for fall, looks forward to spring season

By Aaron Lafferty  
Mast senior reporter

After going undefeated in its fall season, the Lutes' golf team is looking forward to the spring.

The Lutes were victorious at all three tournaments they competed in: the Lewis and Clark Invitational, the Oregon Classic, and the PLU Invitational.

Last year's team went to nationals for the first time in team history and are hoping for a return trip.

Per Olofsson won both the Lewis

## GOLF

Last tournament: First place at PLU invitational

Next tournament: Spring Season in March

and Clark Invitational and the Oregon Classic.

At the Oregon Classic, the Lutes were also led by senior Lane Meyer, who placed third. He said the fall season isn't as important as the spring season, but "it was a good beginning."

"Splitting up the season gives us the opportunity to stay with golf all year," he said.

Joining Meyer at the Oregon Classic were Tom Nordvik (a graduate student) who finished fourth, and junior Mike Thorner,

who finished fifth. All four Lute golfers were named to the "All-Classic Team" for their outstanding efforts.

Thorner said he, too, was very pleased with the Fall success.

"It puts us in a good position for the spring," he said. "We have a really good group of guys and we're all pulling for each other, not competing against each other. We're always hoping that we all do well."

The Lutes will send five players to nationals but six players will travel to other tournaments.

Meyer, Nordvik, Thorner, Olofsson and Matt Engelbert are the top five on the team right now. Due to eligibility restrictions on graduate students, Nordvik may not play in the spring.

Other team members include sophomore Chris Angell, juniors Jeff Sanford and Kris Grinnell.

The team will officially take the rest of 1995 off, then resume play in January.

However, the tournaments don't begin until March 25 with the Willamette Invitational. It is followed by the UPS Invitational and the Pacific Invitational.

The conference championship will be in April at the Tokatee Golf Club in McKenzie Bridge, Ore., outside of Eugene.

Thorner said the Pacific Invitational will be the biggest test, because Oregon State, Portland State

and the University of Oregon will be there.

"It's going to be tough, but we can compete," he said.

Angell was optimistic about the spring season. "(The fall season) gives us motivation and something to shoot for at the end of the season," he said. "I'm excited about the thought of nationals."

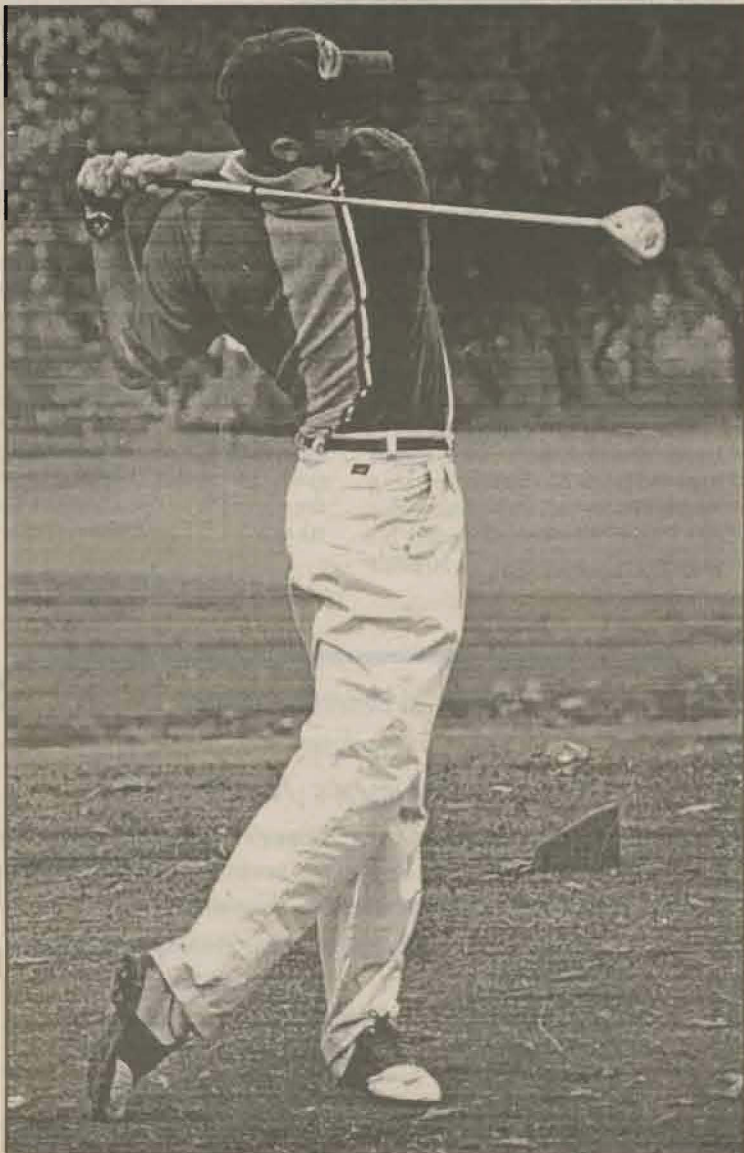
"Our team has a good possibility

**We have a really good group of guys and we're all pulling for each other, not competing against each other. We're always hoping that we all do well."**

—Mike Thorner  
golf team member

of winning the conference," said Meyer. "We've proven we can beat the good teams and individually all five of us have a good chance to place in the spring," he said.

Said Thorner, "In a sport with a lot of individual pressure, it's great to know that you have people pulling for you."



Jeff Sanford, a junior, tees off on the first hole at High Cedars golf course in Orting, site of the PLU invitational golf tournament.

photo by Chris Angell

# SPORTS

## LUTE SCOREBOARD

### FOOTBALL

**Vs. Linfield**

Linfield	0	7	0	0	7
PLU	0	0	7	3	10

Scoring:  
(LC) Agcaoili 46 yd pass from Higgins (Alexander kick)  
(PLU) Lerum 15 yd pass from Jordan (Maciejewski kick)  
(PLU) Maciejewski 24 yd field goal

	LC	PLU
First downs	7	10
Rushes-yards	36-91	29-81
Passing yards	153	236
Fumbles-lost	0-0	2-1
Penalties-yards	5-39	7-71

Rushing: LC; Rector 13-51, Breen 15-44, Paine 2-13, Linn 1-4, Agcaoili 1-0, Higgins 4-11-, PLU; VanValey 2-10, Mark 4-9, Labbee 8-38, Requa 5-7, Bray 2-4, Lerum 1-7, Jordan 7-16

Passing: LC; Higgins 13-33-0 153, PLU; Jordan 22-39-0 236

Receiving: LC; Sperry 2-18, Agcaoili 6-98, Breely 2-33, Paire 1-1, Guthrie 1-4, Rector 1-1-, PLU; Lerum 8-80, Stanley 7-67, Mark 3-34, Labbee 1-34, Requa 1-2-, Keintz 2-23

Mount Hood League standings

	League	Overall
PLU	3-0	5-2
Willamette	3-0	5-2
Linfield	1-2	4-3
Lewis & Clark	1-2	5-2
UPS	1-2	1-6
Whitworth	0-3	1-6

### MEN'S SOCCER

	PLU	1	4	5-
Whitworth	1	2	3	

Scoring: (WU) Benson (from Herbert) 36:12, (PLU) Bloomstine (from Demskov) 44:64, (PLU) Demskov (from Bloomstine) 55:47, (WU) Kinder 69:00, (WU) Kinder 70:00, (PLU) Jensen (from Hagedorn) 71:00, (PLU) Everman (from Hampson) 72:00, (PLU) Jensen (from Engstrom) 74:00

Saves: (PLU) Gonzalez 6, (WU) Yeaman 9

	PLU	3	3	6
Whitman	0	0	0	

Scoring: (PLU) Calloway 13:25, (PLU) Demskov (from Bloomstine) 15:35, Demskov (from Engstrom) 52:38, Donaldson (from Engstrom) 54:26, Emgstpr, 78:30

Saves: (PLU) Gonzalez 2, Montague 5

NCIC standings

	NCIC	Overall
George Fox	10-2-0	15-4-0
Pacific	9-2-1	12-4-2
PLU	7-4-1	9-8-2
Whitworth	7-5-0	9-7-1
Willamette	4-7-1	5-10-1
Whitman	2-9-1	4-10-1
Linfield	0-10-2	1-15-2

### VOLLEYBALL

George Fox d. PLU 16-14, 15-10, 15-4

Pacific d. PLU 15-10, 15-11, 16-14

NCIC standings

	NCIC	Overall
Willamette	11-1	23-6
Pacific	9-3	11-13
Linfield	9-3	20-12
George Fox	8-4	18-10
PLU	7-5	18-10
Lewis & Clark	2-10	3-17
Whitman	1-11	5-20
Whitworth	1-11	4-22

### WOMEN'S SOCCER

	PLU	0	0	0
Whitworth	3	2	5	

Scoring: (WC) Nicholas 8:35, Cullen 23:02, Tissue 42:58, Nicholas 53:55, Own goal 71:01.

	PLU	0	2	2
Whitman	1	0	1	

Scoring: (WC) Burkoth 28:01, (PLU) DeWitt (from Stumbaugh) 88:45, Boers (from Lindemark) 89:09

Saves: (PLU) Cole 1

NCIC standings

	NCIC	Overall
Willamette	10-2-0	14-4-0
Whitworth	9-1-2	12-5-2
Pacific	7-4-1	10-7-2
PLU	6-5-1	12-6-1
George Fox	4-7-1	6-10-2
Whitman	3-8-1	6-11-1
Linfield	0-12-0	1-17-0

## SPORTS ON TAP

### Men's Soccer

Tomorrow — vs. Pacific, at NCIC playoffs, Newberg, Ore, 1:15 p.m.

### Women's Soccer

Tomorrow — vs. Willamette, at NCIC playoffs, Salem, Ore, 11 a.m.

### Football

Tomorrow — at Willamette, Salem, Ore, 1 p.m.  
Radio: KLAY 1180 AM

### Volleyball

Today — at Whitworth, Spokane, 7 p.m.  
Tomorrow — at Whitman, Walla Walla, 1 p.m.

### Cross-country

Tomorrow — at NCIC Championships, Spokane, 11 a.m.

### Swimming

Today — vs. Whitworth, PLU, 6 p.m.  
Tomorrow — vs. Whitman, PLU 1 p.m.

## Scoring surge leads soccer to playoffs

By Jason Benson  
Mast reporter

Bring on the Boxers. The PLU men's soccer team qualified for the NCIC tournament last weekend, beating Whitworth and Whitman to claim third place in conference.

Next up: Pacific. "This weekend molded us," said assistant coach Jim Buchan. "We're beginning to form a rapport among the players going into the playoffs."

The Lutes hope to ride this wave of enthusiasm into Saturday's match with the Boxers, who defeated PLU twice during the regular season.

"What happened in league is of no consequence," Buchan said. "If the boys play anything like their capable of, they should do well." And the Lutes showed just what they were capable of last Saturday, beating a solid Whitworth team 5-3.

The two teams played to a 1-1 tie in the first half, with senior forward Jamie Bloomstine picking up his ninth goal of the season for the Lutes. Bloomstine ended his regular season career with 30 goals and 8 assists.

Steen Demskov scored on a free kick 10 minutes into the second half to put PLU on top. But the lead was short-lived as Whitworth came storming back with two quick goals.

A quintet of Lute midfielders finally put Whitworth away with three straight goals. Allan Jensen teamed up with Danny Hagedorn and Tomas Engstrom for two of them. Jon Evermann collected his fourth goal of the season, courtesy of Joe Hampson.

Whitworth gave the Lutes a boost on Sunday by beating Pacific, a team that would have taken the conference title had they won.

"It was a psychological blow to them to lose the title on the last game of the season," Buchan said. "We need to take advantage of that."

It was George Fox that claimed the NCIC title and that school will host the tournament this weekend.

"I'm excited," said freshman Pete Collins, a defensive starter for most of the season. "I feel fortunate to be with this bunch of guys and this group of seniors. They've been in the playoffs so they know what it takes."

See SOCCER, page 13

## SPORTS SHORTS

### Student wins 2nd weight lifting title

Matt Foreman, a senior physical education major, won his second consecutive title at the National Collegiate Weightlifting Championships, held October 6-7 at Louisiana State University in Baton Rouge.

Foreman successfully defended

hit title in the 238 pound weight class by lifting 298 pounds in the snatch and 375 pounds in the clean and jerk.

The 673 pound total was 29 pounds better than his nearest competition. Foreman's attempt at equalling the national collegiate record of 385 pounds in the clean and jerk came up just short.

Foreman, a native of Page, Arizona, is coached by John Thrush, a

national champion in 1977 while attending the University of Puget Sound.

Foreman said, "we're looking forward to future competitions which will serve as Olympic qualifiers for the 1996 Olympics as this one did."

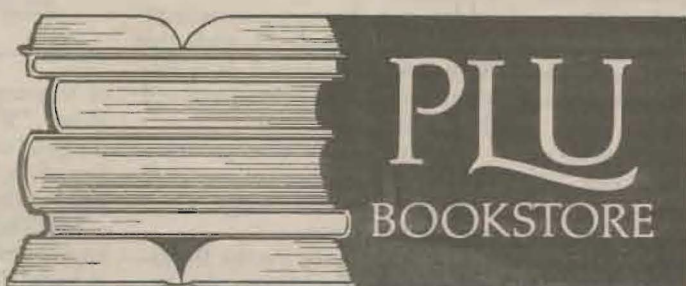
"I haven't qualified to be on the Olympic team, but hope to do so over the next five months," he said.

## THE PLU BOOKSTORE

IS SPONSORING A  
**FOOD DRIVE!**

BRING IN A CAN OF FOOD DURING THE MONTH OF  
NOVEMBER AND YOU GET YOUR CHANCE TO SPIN THE  
**"WHEEL OF SAVINGS"**

WITH EVERY DONATION!



PLU Women's Center  
to host

"Focus on Women's Health Series"

On Wednesday, November 8, the Women's Center will kick-off its women's health series with an evening workshop that will feature guest speakers and opportunities for discussion.

The topics for the evening will include:

- Nutrition/Exercise.
- Eating Disorders, Depression.
- Reproductive Health and Self-Care/Stress Reduction.

The workshop will run from 7:30 to 9:30 p.m. in the U.C. Regency Room.

For more information call x8759



# SPORTS

## Boston trip kicks off crew's year

By Kristy Daniels  
Mast intern

The men's and women's varsity crew teams competed in The Head of the Charles Regatta in Boston two Sundays ago.

The 3-mile race is the largest international crew race in the world, with between 3-4,000 competitors.

Head men's crew coach Doug Nelson described the regatta as a "magnificent event."

"Since the race is at the beginning of the season, we get a chance to see how we are doing and to compete against teams we normally would not compete against," he said.

The race is full of tradition and spectators. "It is a colorful, prestigious, and valuable experience," Nelson said.

Only eight rowers and one coxswain get to go for each team.

The team could place in the top 10 this year. Last year, it placed in the top 5 percent of the competition; this year they placed in the top 7 percent, in 27th place of 55 teams nationwide. The lower placing came despite the men taking 20 seconds off their time.

"They just have to stay focused and relaxed," Nelson said.

Travis Long, on the men's varsity eight, said, "I am pleased with our row, we couldn't have asked for anything better. Each team is started 15 seconds apart. We did not get passed and we passed MIT."

PLU's men's team had between 40 and 45 rowers turn out this season. About 70 to 80 women are on the women's team right now, many of them novices.

"We go at it with realistic expectations," Nelson said of the men's



photo by Chris Angell

Lightweights Brandt Baker, Brent Mapes, Ethan Severson, Aaron Ellis, and Joel Larson rest after winning a men's open four race at the Head of the Pumpkin Regatta last Saturday at American Lake.

team. "We have a great crew team this year with lots of great returnees. This is probably the best varsity crew I have coached in the six years I have been here."

"Practices have been going great (and) spirit and enthusiasm are high," Nelson said.

The women's crew team sent its eight rowers and one coxswain to compete in the women's lightweight division at the Boston regatta.

This was the women's first year competing in the event.

Of the 15 teams in the lightweight event, the women placed 11th. The weather was rainy and cold until the day of the race, when the sun finally came out and it warmed up to 60 degrees.

The Lutes were in the last spot in the staggered start race, since it was their first year of competition.

"We didn't have anyone chasing us," said Bobby Junell, women's vice-commadore. "We just had to try and catch the team in front of us."

"The most incredible part of the

**"The most incredible part of the race was going under the seven bridges and hearing nothing but the pounding of the oar locks,"**

—Bobby Junell  
vice-commadore

race was going under the seven bridges and hearing nothing but the pounding of the oar locks," Junell said. "We wanted to pull united. We did it for the team back home, and to make a statement. We want to make a name for PLU."

But athletic intensity gave way to tourism after the race. The team took time out to see the sights of the East.

"We shopped and hung out," Junell said. "We walked around Harvard and saw historical sites like Boston Harbor and Bunker Hill. The team came back a lot closer and had a lot of fun. It was a great bonding experience."

Taylor Olson, another women's crew member said, "Rowing against Harvard women was the best. They are a high caliber team and we competed well against the best in the country."

### Morning calm is crew's time

The lake is surrounded by the black silhouettes of the trees and buildings around it. It reflects dimly the shapes of the clouds and the gray of the sky. The lake and the sky resemble each other so closely they could be one.

It was 4:30 in the morning and the men's crew team began stirring. They had to be out the door and on their way to practice by 5 so they could be on the lake by 5:30.

It was still pitch black out, but the dark isn't so bad, if one knows what he is doing, and the cold doesn't get to you if you are rowing. Or so they say.

The crew team, silent and efficient, moves out onto the lake almost noiselessly. Paddles enter and exit the water leaving only ripples to tell where they have been. They have to be synchronized because perfect teamwork must exist. Rain drizzles from the sky, but no one complains. Small clouds of warm air escape the lips of the athletes. They're working hard.

Each coxswain knows the lake better than the back of their hand. They steer and give directions to avoid unseen obstacles.

Head coach Doug Nelson watches every movement. His practiced eye notes every incorrect movement and he encourages and advises his men.

Ten minutes remain in practice, and the first light filters across the horizon.

The faceless men in the boats take on form and texture, until they are identifiable.

The trees emerge in all their fall splendor, and the lake comes to life with splashes of color.

As the boat pulls into the dock, the men cheer, coaxing their trusted craft out of the lake and return it to the shed where it waits in silence for their return.

## Women struggle, face tough playoff draw

By Geoff Beeman  
Mast reporter

It's win or go home for PLU's women's soccer.

After compiling a 6-5-1 NCIC record, the Lutes head down to Willamette for the NCIC Tour-

### W-SOCCER

Overall record: 12-6-1

Next game: Tomorrow, at Willamette, NCIC playoffs, Salem, Ore, 11 a.m.

ournament where every team has the chance to advance.

In PLU's last weekend of games, the Lutes traveled east to Spokane and Walla Walla.

Saturday's game in Spokane against Whitworth left the Lutes wondering if they would finish the season with a winning record.

Still playing without the services of top defender Mari Giuseffi and seven goal scorer Amy Gardner, PLU was shut out for the first time since Sept. 9 as Whitworth scored five times. Three of those goals came in the first half.

One telling factor in the Whitworth game was the lack of shots taken by leading scorer JoDee Stumbaugh. Through the game Stumbaugh didn't get a single shot off.

Sunday's game brought the Lutes to their closing record of 6-5-1 with a 2-1 win over Whitman.

Winning this game seemed near impossible when, after Whitman's first half goal, all scoring stopped until the 88:45 minute mark.

With less than two minutes left in regulation, Stumbaugh gave the assist to Cree DeWitt for PLU's first goal in nearly 180 minutes. DeWitt's goal made overtime seem imminent.

But with only 51 seconds left in

the game, Hanna Lindemark assisted Carrie Boers with the winning goal. Boers's goal prevented PLU's third overtime game in its last four outings.

With the win, the Lutes' 1995 regular season came to an end. The team compiled a 12-6-1 overall record.

Stumbaugh led the team in goals, with 10, and in total points, with 23.

DeWitt led in assists, at five, and was second in total points, with 21.

Tammy Thompson led the team defensively, earning defensive leader honors 13 out of 19 games this season.

Goalie Lisa Cole played 1,659 minutes of the 1,830 minutes of

**Spectrum Hair Creations**  
535-6606  
COMPLETE HAIR CARE  
FOR MEN & WOMEN  
PLU Student Discount  
Near PLU - Pacific Lutheran University  
413 Garfield So., Tacoma, WA 98444

Good News comes in Small Packages  
**DUSK & DAWN**  
the Quarterly Short Fiction Magazine for Today's Christian Reader.  
For Information, Send an SASE to:  
**River Gate Press**  
P.O. Box 916  
Berea, Ohio 44017  
E-mail: MLevine@AOL.COM  
Subscriptions: \$18/year

**ARE YOU LOOKING FOR A JOB?**

- \*Do you have any extra time in your schedule?
- \* Do you like to talk on the phone?
- \* Are you creative?
- \* Are you convincing?
- \*Do you enjoy working with people?
- \*Do you want to earn some \$\$\$\$?

If so, The Mast Advertising staff wants YOU!!!

For more information call x7492

## SPORTS

## Losses mean volleyball faces must-win matches

*Lutes will need help to make NCIC playoffs*

By Aaron Lafferty  
Mast senior reporter

The women's volleyball team faced a pre-Halloween scare with two losses last weekend in their matches against George Fox and Pacific.

Entering the weekend, the Lutes

## VOLLEYBALL

Overall record: 18-10

Next match: Today, at Whitworth, Spokane, 7 p.m.

were sitting in third place, right behind Pacific and just ahead of Linfield; the two tough losses dropped PLU to fifth place in the NCIC standings.

On Saturday, the Lutes traveled south to Newberg, Ore., to face George Fox. Earlier in the season, PLU beat GFC on its home court in four matches, so George Fox was looking revenge.

Opening the match, the Lutes played well against GFC but eventually lost a close game 16-14.

Coach Jerry Weydert said the

loss was a pivotal point in the team's weekend. Following the loss, the team "felt deflated and lost momentum," he said.

GFC went on to win the next three games to sweep the match, handing the Lutes just its second loss in seven matches.

The Lutes headed back north to Forest Grove, Ore., to face Pacific. Again, the Lutes played well, but "after the loss to George Fox, they weren't able to get over that hump," Weydert said.

Pacific swept the Lutes, winning 15-10, 15-11 and 16-14.

After the Lutes won two big matches against Willamette and Linfield two weekends ago, Weydert said that the Lutes were "on a roll."

Following last weekend's disappointing losses, he said the momentum had momentarily ended.

"We're an up and down team," he said. "Hopefully, we'll go back up again."

The Lutes head east this weekend to face Whitworth and Whitman in two crucial matches.

"This weekend is a test to see if we can get out of a tailspin," Weydert said.

Nick Dawson, PLU's sports information director, explained the playoff scenarios:

The top four teams will compete in the conference championships, but since PLU is in fifth place, they are in danger of not making it. That

means the matches against Whitworth and Whitman are must-wins for PLU to even have a chance.

In addition, GFC (now in fourth place), Linfield (third) or Pacific (second) would have to lose their final two conference matches. However, GFC and Linfield are playing each other for their final conference match, so a tiebreaker is almost inevitable. It would determine fourth and fifth place.

The Lutes will finish up the sea-

**"We're an up and down team. Hopefully, we'll go back up again."**

—Jerry Weydert  
Head coach

son on Saturday and play the waiting game to learn the outcome between GFC and Linfield.

Last season, the Lutes finished tied for second in the conference, just short of making the Northwest Regional Playoffs.

This year the selection process will take the conference champions, plus two "at large" teams in the region.

The Lutes would have to win the conference championship to make regionals.

## NBA season brings yawns, boredom

Today marks the official opening of the 1995 NBA season. Excuse me if I'm not excited.

It's not just that I'm still worn out from the Mariners' incredible season with the sounds of the Kingdome still ringing in my ears. It's not even that I don't like basketball, I do. It's just that I've watched the Sonics the last two years.

That should be enough to make anyone wonder why they bother playing the regular season at all.

Two years ago, the Sonics had the best record over the long regular

season, and then lost three out of five games to the Nuggets, who barely made the playoffs.

Last year, the Sonics again lost to a team with a record much worse than their own, and the Houston Rockets, the sixth best team in the Western Conference during the season won, the NBA championship.

The question that needs to be asked is, if a team with the sixth best record in its conference can win the NBA title, why should teams even bother to play hard during the regular season?

And, maybe even more importantly, why should anyone watch the NBA before the playoffs start?

The answer the NBA gives seems to be that everyone should watch to see the incredible athletic talents of Michael Jordan, Shaquille O'Neal and other "star" players.

The NBA now focuses so much on its stars at the expense of its teams that it is becoming more and more of an entertainment event and

less and less of a sport.

While this might attract the masses who aren't traditional sport fans, the policy is slowly turning the NBA into the World Wrestling Federation.

OK, that might be taking things a bit too far, but still, the trend is there as NBA basketball is becoming more a game of individual exploits

and athleticism and less a game of strategy and team play.

That really leaves us with little of interest to see during the regular season.

Fans of teams who are on the bubble of making the

playoffs may find some excitement in their team's struggle to make the playoffs — which proves they are one of the top 16 teams in a league of 29 teams.

It's hard to get excited when all you can chant is, "we're number 16!"

The most ridiculous part of this all inclusive playoff system is that a team which doesn't even finish in the top half of the league can win the NBA title.

While it hasn't happened, and probably never will, it's conceivable that a no. 8 seed could slip into the playoffs with an under .500 record, get on a hot streak and win the NBA championship.

So what does it all mean? Well, it means that I'm just not very excited about watching the Sonics or any other teams go through the motions this year.

Wake me up when the playoffs start.

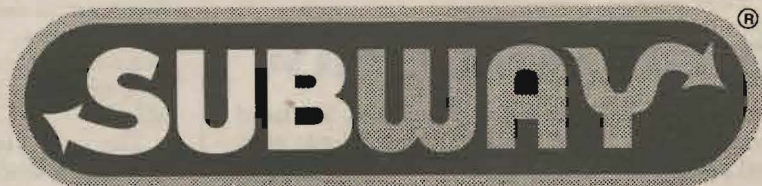
Chris Coovert is a junior majoring in political science and economics.



Sidelines

By Chris Coovert

The Place



Where Fresh is the Taste.™

Come In & See Our

NEW LOW PRICES!!!



\$1.00 Off Any Footlong

\$.50 Off Any Six Inch

SPANAWAY

17415 Pacific Ave.

535-1758

PARKLAND

11457 Pacific Ave.

531-4888

64th & YAKIMA

6402 S Yakima

(Yakima Plaza)

474-3736

## Soccer

continued from page 12

Coach Jimmy Dunn honored the seniors on Sunday by letting them select the starting lineup for the Whitman match.

Although many of them chose to play different positions, the Lutes still managed to score plenty of goals en route to a 6-0 blowout

victory.

Senior midfielder John Callaway, a transfer from Western Washington, picked up his first goal as a Lute and Andrew Donaldson added his second. Demskov and Tomas Engstrom added a pair of goals apiece.

**Do you like watching sports?**

Why not get paid for it as a Mast sports reporter?

No experience required, call x7494 for more information

## STYLISH CUT

11457 Pacific Ave.

531-5078

Reg. Haircuts \$9.95.

Perms (Haircut Included) \$35.00 and up.  
Get 8 Haircuts, and Receive the 9th One Free!

**P. L. U. Students Get \$1.00 Off!**

# NATION

## Unabomber may join infamous alum list at NU

By Daniel Rubin  
The Daily Northwestern  
Northwestern University

EVANSTON, Ill.—Forget Cindy Crawford. Forget David Schwimmer. The Unabomber has become Northwestern's most famous celebrity—although you probably won't find him on any university brochures.

After beginning his campaign against the industrialized world at NU in 1978 and 1979, the Unabomber soon shifted his attention to other targets across the country. But this month, the hype surrounding the man at the top of America's "Most Wanted" list came back to campus.

In a recent edition of the Chicago Tribune, an unidentified NU professor from the '70s said he vaguely remembered a student who shared the Unabomber's views. And then, two days later, rumors abounded that the serial terrorist had been arrested in Evanston.

Unabomber frenzy is nothing new to NU students, however.

Chi Delta Chi fraternity created Winter Rush shirts bearing the familiar sketch of the hooded bomber. Scrawled underneath the

sketch is the phrase, "I've got your package."

Chi Delt member Brendan Scruggs, a NU junior, said the fraternity used the sketch because it is widely known. "It is also humorous," Scruggs said.

Chi Delt member Joe Mendoza, a sophomore, said the shirts have been popular because of the strong connection between the Unabomber and NU.

"Since the Unabomber started here, the whole story figures around Northwestern," Mendoza said.

Both Mendoza and Scruggs said the shirts do not promote the Unabomber's cause.

"There is no implication to the shirt, and we are not supporting him," Scruggs said. "Personally, I don't respect him at all."

On campus, student reaction to the Unabomber is mixed.

Most students said they respect the Unabomber for avoiding capture, even though they don't share his views.

"I don't approve of what he does, but I am amazed by the fact the guy has kept his identity secret for 20 years," said Matthew Doherty, a freshman.

Freshman Ty Raterman agreed.

"I hate what he does, but I respect him only in the fact that he is very good at what he does," Raterman said. "He has left the law enforcement community in a daze."

Sociology associate professor Bernard Beck says this kind of attitude is typical.

"It's the whole Robin Hood scenario," Beck said. "The man has avoided capture for a long period of time. In America, we respect excellence even if it is by anti-social people such as the Unabomber."

Beck said the media exposure has turned the Unabomber into a celebrity.

"Celebrities and people who receive a lot of publicity often become objects of admiration to certain people," he said.

Some students are less enthralled by the Unabomber.

"I think he is a terrorist," said senior John Graham. "People kind of forget that fact. Some of his ideas are interesting, but people who praise him are basically praising a terrorist."

But others view the serial bomber with a sense of black humor.

"The Unabomber shows the ingenuity of the average Northwestern student," said freshman Jeffrey Schlaudecker.

## The Public Ear

"A deal is a deal." Professor Robert Lucas, winner of the Nobel Prize in Economics, on the clause in his divorce stipulating that his ex-wife receive 50 percent of any Nobel Prize.

"My mother said I should never give a talk after 7 o'clock at night." President Bill Clinton, attributing his remark that he raised taxes "too much" to fatigue.

"Just be as nice as you can to everyone and take their money." The newly crowned Monopoly champion of the United States, Roger Craig, 34, on his winning strategy.

"To work here you have to be cuckoo-like me." U.N. Secretary general Boutros Boutros Ghali, on working at the global organization.

"You don't need to sit down with someone who failed as a leader, as a politician, even as a human being." Cuban exile Alina Fernandez Revuelta, on the idea that Bill Clinton should open talks with her father, Fidel Castro.

## Homocide is the leading cause of death of women in the workplace

By Michael Hill  
The Associated Press

ALBANY, N.Y. - Women face just as much danger as men from violent attacks at work, with nurses and teachers among those most at risk, according to a study released Monday.

Homicide is the leading cause of death of women on the job, and women in health care, education and social services face the highest risk of violence at work, the Center for Women in Government at the State University of New York at Albany concluded.

About 260,000 women annually are victims of workplace rapes, beatings and other forms of violence, according to the report. The study was commissioned by the American Federation of State, County and Municipal Employees and relied primarily on 1993 data from the U.S. Bureau of Labor Statistics.

Workplace assaults serious enough to warrant time off from work injured 58 out of every 100,000 women in 1993. The comparable rate for men was 52 assaults, the study said.

"There's this perception that violence is a male problem. What we wanted to point out is that women have the same or greater risk," said Dr.

Sharon Harlan, an author of the study.

Harlan said it's likely that many attacks are not reported, just like many incidents of domestic violence remain undetected.

According to the report:

- Female government employees are several times more likely to be attacked than private sector employees;

- The rate of non-fatal assaults against black women at work is twice the rate for white women;

- Nurse's aide, nurse, police officer and secondary school teacher ranked among the most dangerous jobs for women;

- Female food service workers, hotel workers, cashiers and taxi drivers were among those most likely to be killed on the job.

The study said two-thirds of the non-fatal attacks on women are committed by patients or residents of institutions such as hospitals and prisons.

Dr. Leslie Wolfe, president of the non-profit Center for Women Policy Studies in Washington D.C., said a lot of domestic violence spills over into the workplace.

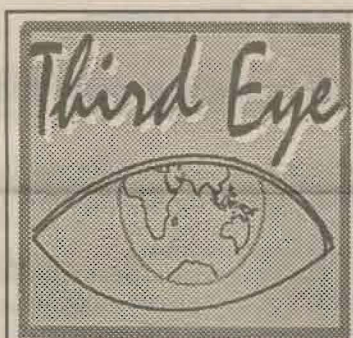
"Men and women have different fears of violence and their employers need to realize that these fears are, unfortunately, quite legitimate," Wolfe said.

## Thousands of vets could lose Medicaid

WASHINGTON - Tens of thousands of veterans could lose their Medicaid coverage and many more face the uncertain prospect of turning to the VA for health care if Republican Medicaid and Medicare reform plans become law, the administration says.

The Departments of Veterans Affairs and Health and Human Services, in a report released today, said as many as 172,000 of the 600,000 veterans enrolled in Medicaid could lose coverage under the House plan to reduce spending levels by \$182 billion through 2002.

Of those, 55,600 are severely disabled, under age 65, not covered by Medicare and do not have



These news briefs are here to give students of PLU a link to the world beyond Garfield Street; a 'third eye' to the outside world.

priority eligibility for VA care, the report said. It also concluded that plans to increase premiums and deductibles for Medicare recipients could result in more than 400,000 veterans finding it necessary to turn to VA health care.

## Dole's wife will return to the Red Cross

WASHINGTON - Elizabeth Dole loves her job as president of the American Red Cross so much she wants it back after the presidential race.

Sunday, the Red Cross Board of Governors gave her a one-year unpaid leave of absence and approved her plan to return whether or not her husband, GOP presidential front-runner Bob Dole, is elected president.

Her decision to put her own career on hold to help her husband isn't unusual for a political spouse. But what she plans to do if he wins is groundbreaking: It would be the first time a first lady would hold a full-time, fully paid job.

## Disk jockey who tricked the queen is targeted for jokes

LONDON - Prying into the royal family's affairs is a serious business for British tabloids.

But on Sunday the poachers turned gamekeepers. Some tried to get revenge on a Canadian disc jockey for tricking Queen Elizabeth II into an on-air phone call about Quebec's independence.

Britons seldom hear the queen's voice and when they do, she's usually making a set speech. So to hear the 69-year-old monarch asking the disc jockey she thought was Canadian Prime Minister Jean Chretien to "hang on a minute," and switching between French and English made fascinating listening.

Also interesting was the way the queen never said anything embarrassing, even when disc jockey Pierre Brassard started talking about Halloween and suggesting she put on a nice hat.

Commercial radio and television stations played repeated extracts from the 17-minute call set up by

Brassard posing as Chretien and asking her to appeal to Quebecers not to vote for separatism.

Buckingham Palace officials say Brassard got through to the queen who is also the monarch of Canada - because when they checked with Chretien's office, a member of his staff said he probably wanted to speak to her.

The People, another London tabloid weekly, published what it said was Brassard's phone number and extension at Radio CKOI and his broadcasting times.

"So get dialing," The People told its readers.

The News of the World said it got through to Brassard and offered him an \$80,000 trip to London for an exclusive story.

"Brassard was so keen to seal the deal, he passed the private mobile phone number of his personal PR girl Natalie Courville," the paper said.

Then they told him it was just a joke.

You are invited to a...

## Dessert Theatre

Come and enjoy an evening of rich delectable desserts and a play called, "Talking About It."

This one person, one act performance focusing on braking down of stereotyping and catagorizing, uses direct, no-nonsense, no-cliche acting.



November 9, SCC, 7:00 pm, Tickets \$1 at info desk  
Hosted by CADET as a part of Alcohol Awareness Week

# CAMPUS

## Halls of goblins, buckets of candy



Photo by Eric Moody

Jack-o-lanterns became a common sight last week, largely due to two pumpkin carving contests sponsored by The Cave and IELI respectively.

## Trick or treating boosts Garfield Street business

By Alicia Manley  
Mast news editor

Trick or treaters hoarded onto Garfield Street and the PLU campus this Halloween in unimaginable numbers.

Debbie Adix, manager of PLU Northwest, was overwhelmed by 600 trick or treaters that night.

"Never would I have guessed 300, let alone 600," she said. "I would have said 50 kids and that would have done it."

Suzi Boyd, an office assistant for dentist Daniel Oliveira said, "They'd drip in during the afternoon and then suddenly appear in droves." Boyd counted 200 trick or treaters for their business even though they were only open until 4:45 p.m.

Alyssa Tausch, a freshman in

Hinderlie, tallied her costumed visitors and ended with a count of 178.

"And I probably missed some," Tausch said. Tausch kept track so that next year she would know how much candy to buy and wouldn't have to only give out one piece per child.

The joint trick or treating efforts between Garfield Street businesses and PLU not only brought more candy to the youngsters, but more people to Garfield Street.

Adix recalled many parents saying, "I didn't know Garfield Street had any good stores. I'll have to come back without the kids."

Many costumed youngsters had to drag lingering parents out of the store and on to the next, she said.



Photo by Eric Dennon

Two trick or treating dinosaurs wander the halls of PLU's campus.

## Property

continued from page one

owner can prove in court that he could have made the land worth the \$1 million, he could force the state to cut a check for \$900,000: the difference between his buying and (potential) selling price.

His fourth argument dealt with quality of life.

The law could potentially set back laws dealing with property and could create environmental problems, Davis said.

Woosley has a different view. He believes that government is sloppy and should take responsibility for its actions.

"If we are going to have environmental regulations, we should all pay for it," Woosley said.

According to Woosley, government regulations have gotten out of control. It used to take three to six months to gain the necessary permits to develop.

Now, he said, with all the government's restriction on land use, it takes three to six years. Woosley also said that the law the

referendum refers to is not new. In fact, he said, it is actually guaranteed to citizens by the federal and state Constitutions.

The Fifth Amendment reads in part, "nor shall private property be taken for public use, without just compensation."

Referendum 48 is simply making government guarantee those rights, Woosley said.

Woosley also argued that the University of Washington report Referendum 48 adversaries use is fraudulent.

The University of Washington has announced that the report was not commissioned by the university and does not represent its views.

Woosley said the law is valuable because it would make government agencies think twice about creating more restrictions on land, since they would face demands of landowners for compensation for the possible loss in land value.

## Lutes and Loggers bout for donations

By Heidi Stout  
Mast intern

PLU is "out for blood" to beat the University of Puget Sound in the first annual Blood Bowl this Wednesday and Thursday.

Lutes and Loggers will compete to see which school can draw the most donors for Cascade Regional Blood Services. The victor will come away with a travelling trophy and a chance to help save lives.

The results of this bloody competition will be announced at half-time during the football game between PLU and UPS Nov. 11.

The trophy will be presented to the winner of the annual competition.

"We're still looking for more donors. It's really easy and fairly painless."

—Mark Mulder  
director, Health, Wellness and Prevention Committee

Cascade Regional Blood Services is reporting a critically low level of blood, needed for surgery and medical emergencies.

Mark Mulder, director of PLU's Health, Wellness and Prevention Committee, said he hopes the two schools' combined efforts will bring in about 400 to 500 donations.

A speaker will discuss how blood donations positively affect others Wednesday at 8 p.m. in the Cave.

"Each person who donates blood has the potential to benefit three different people," Mulder said. "We're still looking for more donors. It's really easy and fairly painless."

Donation times are Wednesday from 10 a.m. to 3 p.m. and Thursday from 1 to 6 p.m. Students can sign up by calling the Pflueger front desk at x7995.

The donating procedure takes about 30 minutes. Donors must weigh at least 110 lbs., be 18 years old or have a signed notice of parental consent, and present photo identification if it is their first time donating blood to the Tacoma bank.

Send the Mast your story ideas!  
535-7493

## CLASSIFIEDS

### • EMPLOYMENT

**FREETRIPS, CASH-** Find out how hundreds of students are already earning FREE TRIPS and LOTS OF CASH with America's #1 Spring Break Company! Sell 15 trips and travel free! Choose Cancun, Bahamas, Mazatlan or Florida! CALL NOW! TAKE A BREAK STUDENT TRAVEL: (800) 95-BREAK

**CRUISE SHIPS NOW HIRING-** Earn \$2,000+ per month working on cruise ships or land tour companies. World travel. Seasonal and full-time employment available. No experience necessary. Call 1-206-634-0468 ext. C60901

You just read this and I am sure someone else did too! Advertise!

### • EMPLOYMENT

**SKI RESORTS HIRING-** Ski resorts now hiring for positions this winter. \$2,000+ in salary & benefits. Call Vertical Employment Group (206) 634-0469 ext. V60901

**ALASKA EMPLOYMENT-** Students Needed! Fishing Industry. Earn up to \$3,000-\$6,000+ per month. Room and Board! Transportation! Male or Female. No experience necessary. Call (206) 545-4155 ext. A60901

### • FOR SALE

**FOR SALE:** Size 6 wedding gown, worn once, \$300, matching pearl encrusted veil, \$100, full slip, \$20. 661-8339.

### • FOR SALE

Mac + Computer with external hard drive. \$450 OBO (206) 857-2508 Call evenings and ask for Barbara.

### • SERVICES

**FREE FINANCIAL AID-** Over \$6 billion in private sector grants & scholarships is now available. All students eligible regardless of grades, income, or parent's income. Let us help. Call Student Financial Services: 1-800-263-6495 ext. F60901

**THE PAPER CHASE-** Fast, accurate typing. Professional editor working with PLU students since 1980. All formats, including APA. \$2.75/double-spaced page. No minimum charge. 12517 Pacific Ave., 535-6169

### • SERVICES

Relieve Your Muscular Tension & Stress: Advanced Muscular Therapy, Roderick Deeney, LMP, PLU alumnus, 15% student discount, appointments only. 7800 Pac. Ave., Suite 2, 536-6825. Seated massage, \$8.50/15 min. Wild Hair & Co. Salon, walk-ins welcome. 10909 Portland Ave., 531-3838. Have portable equipment, will travel.

### • FOR RENT

Rooms for Rent- Females only. \$260-275. Includes everything but phone. Washer/dryer and cable included. Call 927-4781

### • FOR RENT

Apartment for Rent- Male or Female 515 119th St. 1 block from PLU. Washer, dryer and garage included. \$525 for 1 person or \$275 each for 2. All utilities but phone included. Call 927-4781.

## THE MAST

Classifieds  
535-7492

Advertise in the Mast Classifieds!

Only \$4.00 for 30 words, 50¢ for each additional 10 words.