

The MOORING MAST

Sept. 23, 1983

Pacific Lutheran University, Tacoma, Washington 98447

Vol. 61, No. 3



Jerry Johnson

Attaway

For more scenes of the PLU dome game and crowd, turn to page 16.

Regents study computer revolution

By BOBBI NODELL

"It's possible in my view," said Dennis Martin, chair of the Humanities Division "that within 20 years, liberal arts will not exist at PLU in their present form."

Martin issued this warning at the Board of Regents fall meeting in Port Ludlow, a resort town on Hood Canal.

The 33 regents, PLU's governing body, spent Monday and Tuesday studying the implications of the computer revolution to PLU and taking care of "housekeeping" tasks, said Lucille Giroux, President Rieke's executive associate.

Curtis Huber, professor of philosophy, and Martin spoke on "Futures Today" and "Futures Tomorrow," respectively, Giroux said.

PLU is "in the vanguard" of computer technology, Giroux said. So the focus of study was on how PLU can adapt to the computer revolution and remain humane.

Martin said he argued that "the environment for liberal arts at PLU is fragile...and could be ruined."

Increasing technical subjects such as computer science and engineering is expensive, Martin said. He is worried about PLU funneling resources into technical subjects at the expense of liberal arts and creating "a gap" between the two areas.

However, he also believes that with an increase in computer literacy comes a sensibility of "human touch" and a demand for a personal element in education.

He said that the regents agreed that the personal element is vital in education. The Board of Regents' highest priority is protecting sensitivity at PLU, Martin said.

Although "no significant policy action" was taken, Giroux said, the regents had "lively conversations" and met in standing committees.

There are five standing committees, which cover academic affairs, building and grounds, development, finance and student life.

In addition to the regents, three student and three faculty representatives attended.

Rick Brauen, ASPLU president, said the meeting was "very productive."

Giroux described the atmosphere of the meeting as "optimistic." She said enrollment is steady and PLU is on an "upward trend."

The regents meet four times a year. Their next meeting, Nov. 14, will be on campus. Giroux said students are allowed to sit in committee sessions by special permission or else they can give their grievances to board members or representatives.

Grant to help integrate computers

By BRIAN LAUBACH

Unlike MIT, Pepperdine, Vassar, and Brown universities, PLU will not and has not even considered requiring students to buy their own personal computers.

However, PLU received a three-year \$25,000 Honeywell Corp. grant to help integrate the computer into the academic program and to develop faculty workshops and training programs, said Dennis Martin member of PLU's Technological and Liberal Arts Education Committee, (TLC).

Martin, who is also Humanities Division Chair, said PLU is looking into the long-term effects of high technology-computers in society and how PLU should prepare its students to understand liberal arts and technology.

"There have been no decisions made on what the university will be doing," Martin said. "The university is trying to discuss what to do."

He said options that have been discussed are revising the core requirements by adding an integrated course on higher technology, or by creating an interim course.

Three committees are looking into three separate areas of PLU and high technology: TLC, the Academic Information Management Planning Group (IMP), and the Computer Needs Assessment Committee (CNA).

TLC will look into curriculum revisions and faculty development; IMP will decide on a long-range plan on how the university will adapt to high technology, and how far the university wants to pursue it; and CNA will look into what equipment should be purchased to meet the universities needs, Martin said.

One possibility the CNA developed was buying micro-computers and networking them into the already existing central computer. Martin said this means each

department would eventually get their own computer for small computing jobs and if a large job needed to be done the micro-computer would be patched into the central computer.

Martin said the momentum to begin looking into the impact of high technology and PLU's response to it came from Curt Huber, professor of philosophy, who took to issue to President William Rieke last winter.

Rieke, with the help of Provost Richard Jungkuntz, gathered the faculty at Gonyea House to discuss possible approaches to the issue, Martin said.

What resulted was the TLC group, Martin said. A group of eight members from the faculty, the president and the provost. TLC met through the spring looking at possible new courses, revisions in the administrative structure and equipment purchases.

Approximately the middle of Spring Semester a proposal to buy a second VAX (PLU's Central Computer) to double the present computing power of the university was studied by Rieke, the Provost Council and TLC, Martin said.

The proposal was turned down because it was too expensive, Martin said.

Rieke then asked the TLC group to decide whether the university needed more hardware (a second central computer) or to conserve its resources, Martin said.

TLC proposed that PLU conserve its resources and it had the Computer Center implement a one-hour logon limit (after an hour's use the computer logs off the user), Martin said.

This summer the Computer Needs Assessment Committee discussed various alternatives and criteria concerning purchasing new equipment, Martin said.

(continued on page 8)

Inside

Cave. The cave is starting a new entertainment program in which the most talented entertainers can win \$50.
.....page 3

SAGA. Last year's SAGA has received high honors. This year's will be distributed Oct. 3-5.
.....page 3

Zzzz. The sleeper issues of narcolepsy, dreams, and the effects of caffeine are examined in the student's guide to rest and relaxation.
..... pages 4-6

Volleyball. The Lady Lutes dropped their first match to UPS, but Coach Hemion thinks it's just early-season jitters.
..... page 13

Commentary..... p. 6
Letters..... p. 7
The Nation..... p. 8
Sports..... p. 13

Residential Life gains new director, restructures office

By BOBBI NODELL

One of the biggest changes in the Residential Life Office, since former RLO director Rick Allen's departure last spring, is the restructuring of the office, Lauralee Hagen said.

Hagen was promoted from associate director of RLO, replacing Allen who was asked by Mary Lou

Fenlli, vice president of Student Life, to take an "extended leave of absence" until his contract expired

Now, job descriptions are clearer, Hagen said. "The staff knows who is responsible for what."

Hagen said Jan Maul-Smith moved from being a hall director to housing coordinator; Cheryl Adama, a PLU graduate, is now the administrative

assistant; and Jean Adams, a PLU student is the secretary.

Hagen attributes the changes in RLO to the "climate of PLU," not Rick Allen's dismissal. She said the economy and declining enrollment are causes for most of the changes. She cites the recent toughening of the off-campus policy as an example. Due to increases in tuition, room and

board and the availability of housing in Parkland, Hagen said more people are moving off campus.

To compensate for this perceived drain of students from residence halls, Hagen said RLO is exploring alternative housing. She said having specialty dormitories such as foreign language, nursing and quiet halls is being considered.

\$25
valuable
coupon

MONEY

for your hair
from...
David Doust

\$25
valuable
coupon

NEW WAVE

styling salon



\$25
perms

Includes haircut

Ask for:
Kelli Jo
David
Robin
Leann
Monica

12203 Pacific Ave.
531-0749

coupon
\$8.50 haircuts
for PLU students
with coupon

\$25
valuable
coupon

\$25
valuable
coupon



Imagine a machine that records
sights...sounds...sensations,
thoughts...feelings...emotions,
even your dreams and nightmares.

Then, at the touch of a button,
transfers these personal experiences
from one mind to another.

Any person.
Any experience.
Anything you can imagine.

BRAINSTORM

...The Ultimate Experience

METRO-GOLDWYN-MAYER presents
A J F PRODUCTION A DOUGLAS TRUMBULL FILM "BRAINSTORM"
CHRISTOPHER WALKEN NATALIE WOOD LOUISE FLETCHER CLIFF ROBERTSON
Screenplay by ROBERT STITZEL and PHILIP FRANK MESSINA Story by BRUCE JOEL RUBIN
Music by JAMES HORNER Director of Photography RICHARD YURICICH, A.S.C.
Executive in Charge of Production JACK GROSSBERG
Executive Producer JOEL L. FREEDMAN Produced and Directed by DOUGLAS TRUMBULL

PG PARENTAL GUIDANCE SUGGESTED
SOME MATERIAL MAY NOT BE SUITABLE FOR CHILDREN

ORIGINAL MOTION PICTURE SCORE ALBUM AVAILABLE
ON WAREHOSE SARABANDE RECORDS

Filmed in Super Panavision
© 1983 MGM/UA Entertainment Co.

DOLBY STEREO
IN SELECTED THEATRES

PRESENTED BY
MGM/UA
ENTERTAINMENT

World Premiere September 30th 70MM DOLBY STEREO

ASPLU

Budget reduced

By LANCE KUYKENDALL

A change in the university's budgeting method has resulted in an ASPLU budget reduction this year.

The new budget of \$156,906 is approximately \$10,000 less than last year, said Brian Buchholz, ASPLU comptroller.

Mary Lou Fenili, student life vice-president, worked closely with ASPLU executives to develop this year's budget, Buchholz said. Fenili gave ASPLU a target budget then

ASPLU submitted its budget proposal to Fenili for approval.

"She had the final say," he said. The old budget method used a formula to determine ASPLU's funds, Buchholz said. It was abandoned this year because the administration felt that it inaccurately portrayed the amount of money ASPLU required.

The budget's largest single allocation, \$18,684, is for the lecture series.

Karen Weathermon, lecture series committee chairperson, said that the money would be used to expand the lecture series.

We want to get bigger names, and we are hoping to bring in a wider variety and some local speakers. We would like to have visiting lecturers come into the classrooms, and doing seminars," Weathermon said.

The Cave operations fund, \$18,459, which includes the payment of Cave

workers and Cave maintenance is the second largest budget allocation. Out of the Cave operations fund, \$12,150 is allocated for student workers.

Honorariums, which are used to pay for the credits given to the president, vice president, comptroller and program director, totalled \$15,576.

The president receives credit toward 32 hours of course work. The comptroller and program director receive 20 credits each, and the vice president gets 16 credits.

Last year ASPLU was \$28,566.90 under budget.

These figures were given at the senate meeting last week. ASPLU returned the unspent amount to the university.

The senate sometimes has a small spending spree Buchholz said, "but I think it is better to give the money back. I don't see us going out and

spending the money on just anything."

The budgeting process begins in the spring.

The newly elected comptroller prepares the budget while the former comptroller continues the old bookkeeping until the end of May and helps the new comptroller get settled into his job, Buchholz said.

After receiving budget proposals from the committees, the Appropriations Committee reviews the proposed budgets and makes changes, he said.

The budgets then go to the senate which approves them one at a time.

"The senate can change them, and what they approve can be the final amount," Buchholz said. "The senators all have their own causes. There's good discussion and some discussion that's not so good."

SAGA wins 'honors first class' with new magazine format

By DEE ANNE HAUSO

The 1981-82 SAGA staff has received an "honors first class" rating in a critique done by the Associated Collegiate Press Association.

Gall Rice, 1981-82 SAGA editor, said the honor is the second highest rating granted and the SAGA competed with colleges comparable in size to PLU.

"This was a turnaround book," she said. "A real effort was made to improve the quality of coverage and presentation."

SAGA went to a magazine format, Rice said, and tried to do longer articles and feature stories rather than report only on clubs and events of the year.

Cliff Rowe, SAGA advisor, said that after a year of talking about whether or not to abolish the yearbook, the whole process of deciding what kind of book, and what changes to make, made a significant difference in the quality.

Rice kept the same format in the 1982-83 SAGA which will be distributed Oct. 3 through 5.

SAGA will be available to 1982-83 full-time students from 10 a.m. through 2 p.m. in the Administration building, in front of both the U.C. bookstore and coffeeshop, and from 4 p.m. through 6 p.m. outside both dining halls.

1983 graduates can pick up their copy in the University Center on Homecoming Saturday, Oct. 15, or a copy will be mailed to them.

PLU could receive two-to-one grant

By BRIAN LAUBACH

If PLU does its part it could receive a maximum of \$450,000 for its Sharing in Strength program in a two-to-one grant offered by Lutheran Brotherhood, said Luther Bekemeier, vice president of Development.

Bekemeier said PLU must raise 75 percent of the donations from first time donors to be eligible for the grant.

A first time donor would be any person or business who has not given \$100 or more to PLU in the '81 and '82 calendar years, he said. This restriction means PLU must find a new pool of donors, he said.

"Sharing in Strength" is the name of PLU's capital drive campaign which is raising monies for the science building (under construction), the proposed fine arts building, and the endowment fund.

Lutheran Brotherhood, a mutual insurance company, has earmarked the money for PLU's campaign to increase the endowment, he said. PLU's endowment fund is for university scholarships and university operations.

The grants have been made available to all Lutheran colleges and universities. PLU will receive one of the largest grants, Bekemeier said.

PLU has three years in which to raise money for the endowment, from July 1, 1983 to June 30, 1986.

For every \$2 PLU collects in that time period from new donors, Lutheran Brotherhood will match it with \$1, up to \$450,000, Bekemeier said. In order to receive the entire grant PLU must raise \$900,000, he said.

Raising the money will be no more difficult than raising it for other fund drives, he said. "Right now we are emphasizing the science building since it is under construction."

"We do encourage gifts to the other funds," he said. The endowment continues to grow, "but it never grows as quickly as one wants it to," Bekemeier said.

PLU received notice of the grant May 9, he said. There has not been any new programs started to collect the money. Bekemeier said the major areas for collecting donations will be through the phonathon program, Q-Club, and Lutheran churches.

Lutheran Brotherhood is a non-profit insurance agency and therefore must give its profits away, Bekemeier said. They give to their constituents who are stockholders and policy holders.

IMPACT is another of Lutheran Brotherhood's programs which PLU has been receiving funds from since 1979. Lutheran Brotherhood donates 75 cents for every \$1 given by a Lutheran Brotherhood contract holder.

Lutheran Brotherhood is a fraternal benefit society offering life and health insurance, annuities, and mutual funds to Lutherans nationwide.

Cave implements entertainment program

By SANDY DOYLE

In an effort to stimulate business, the Cave will be implementing a new entertainment program that will give students a chance to win \$50.

After studying the old entertainment program, which brought in professional entertainers, ASPLU discovered that the nights the professional artists appeared, business was slow, said Rick Brauen, ASPLU president.

The new entertainment program will begin in October, after the only scheduled professional group—Kendra and Barry, a bluesgrass band—perform Sept. 28, said Christy Stiggebout, Cave director.

Every week a different student or group of students will have an opportunity to perform in the cave,

she said. Each performance will be rated by the audience, and the act with the highest average rating for the month will win \$50.

Stiggebout said that music, comedy, drama and magic acts would all be welcome. A sign-up sheet will be posted in the Cave.

Stiggebout said other new things to look for in the Cave include new menu boards, video movies, Sunday-night hotdog roasts, a bagel naming contest, and milk shakes, which will be sold on selected nights only.

Prices are generally the same as last year, she said. Although some prices are higher and some lower after food price changes were implemented to more accurately reflect food costs to the Cave.

The Cave sponsored Student Day Lounge is being continued this year. The Day Lounge, open 10 a.m. to 4

p.m. Monday through Friday, offers the PLU community, specifically off-campus students, an alternative place to eat and study. Its menu is similar to the night-time menu, with the addition of all-you-can-eat soup and salad for \$1.50.

The Maranatha Coffee House will also be in the Cave again this year, beginning tomorrow night at 9:15.

Rich Hamlin, who is organizing Maranatha, said it began in 1979 to offer students "an opportunity for Christian fellowship" and a chance to hear "those gifted with music."

He said it is "an alternative to traditional Saturday nights."

Saturday night a church group band and choir from Puget Sound Fellowship will perform.

Donated baked goods will be served, along with the Cave's usual menu.

Computer grant aids university

(continued from page 1)

CNA committee decided not to purchase equipment for fall, but possibly for next spring, Martin said.

Earlier this semester, Rieke asked Huber to act as Campus-wide Director of Academic Computer Services and to chair the TLC and IMP committees, Martin said.

At the fall faculty meeting, Martin said he asked the faculty "to openly discuss high technology" and what PLU should do about it; suggesting that a Interim class could be developed, or a new course be added to the General University Requirements, or that a course already in the GUR could be designated as a high technology integrated studies course.

He said that he asked "no decisions be made but to just consider the options."

Martin also spoke to the fall meeting of the Board of Regents this week. He said he told the Regents there is a chance that liberal arts will not exist at PLU in 20 years—the reason: rapid growth of technology.

Martin said his personal view is that "the importance of technology on our lives is really profound"—it will effect the way of life in the cities and the possibilities of nuclear war.

"We ought to be responsible about this and think about it," he said. Martin's two children have been taking computer classes since they were in elementary school (one son has studied computers for five years.) His children have their own computer, and do their own programming, Martin said.

Rick Brauen, ASPLU President, said PLU should consider buying a new second central computer to supplement the present system. He said networking micro-

computer would not have the power that a new VAX would.

Brauen, a computer science major, said other costs go along with networking micro-computers such as: theft insurance for each computer, more support staff to repair the various hardware and creating the transfer between the micro-computers and PLU's existing central computer.

He said a general course on higher technology and computers is not that far off. The problem is deciding what technology the university should purchase and how technological the university should become.

"I don't see it as a terrible thing" adding a new class, Brauen said. Students should become acquainted with computers and their implications.

Two students are on the Computer Needs Assessment Committee, John Schelbe and Jeff Belvill, and Brauen said he does not believe there is any real concern to get more students involved.

Members on the TLC group are: David Atkinson, Stuart Bancroft, John Herzog, Kenneth Johnston, Martin, Bob Stivers, Duane Swank, and Christopher Spicer (all faculty members).

Members of the Academic Information Management Planning Group are: Davis Carvey, William Giddings, and Marlen Miller.

The Computer Needs Assessment Committee members are: Bob Denning, Bob Martin, Rick Spillman, Christian Meyer, Tim Kelly, Martin, Bob Stivers, Huber, Richard Jungkuntz, Dwight Zulaf, Bryan Dornier, Marlen Miller, David Atkinson, Duane Swank, Vice President of Finance Perry Hendricks, Rieke, and two students, Schelbe and Belvill.

What is it to sleep?

By KAREN FASTER

Early in the school year, sleep becomes a precious commodity. Either a student is reading the 16 chapters assigned for the second week of classes, being features editor of the *Mast*, trying to renew and maintain friendships with people who have all moved off campus, or trying to do all three full-time jobs at once.

In any event, sleep doesn't usually come in eight hour blocks. It's perhaps snatched five hours a night and then a couple more during economics 150.

This package is about sleep and what happens to the body when it does—and doesn't—rest.

Information that seems especially pertinent to such a collection of articles in a college newspaper is the relationship between studying and sleep. Unfortunately, there is not a lot of research in this area to be found.

There is a theory on memory retention. A study was done on retroactive and proactive memory interference. According to *Psychology* by Guy Lefrancois, retroactive interference is when new learning has interfered with the recall of old learning. Proactive interference is the opposite, when old learning fogs remembering the new.

It may be inferred from this, said John Moritsugu, PLU professor of psychology, that it is best to study the one thing needed to be remembered, then to sleep, to review it upon awakening and then go and take the test.

Then again, you can always put the book under the pillow and hope osmosis works.



Mind is awake though body sleeps on

By BECKY KRAMER

"Sleep is not the quiet, tranquil state we assume it to be," said Dwight Oberholtzer, psychology professor. "Sleep is paradoxical. The brain remains active, while the body appears to be at rest."

The brain stem is the part of the brain necessary for sleep. It controls and clocks the automatic and rhythmic functions of the nervous system, including heart rate, respiration, temperature regulation, sleeping and waking. The sleep cycle is controlled by the middle portion of the brain stem, called the pons.

Sleep cycles have two parts: non-rapid eye movements and rapid eye movement. The NREM and REM cycles follow each other in 90 minute cycles. During the first cycle, the NREM stage lasts about 90 minutes and the REM, only a few. The proportion of REM to NREM increases during each successive cycle, so that during the last cycle, the REM portion may last as long as 45 to 60 minutes, according to David B. Cohen, in *Sleep and Dreaming*. A person usually experiences three to six REM periods a night.

After the initial 90 minutes of NREM, the body loses most of its muscle tone and becomes limp and motionless. Blood pressure and brain temperature rise. The rate of heart beat increases and genital stimulation occurs. The muscles of the middle ear, those dealing with balance and sense of position in space, contract. Under closed lids, the eyes move rapidly. According to *Psychology Today* (Dec. 1978), these eye movements may be responsible for scene shifts in dreams.

Dreaming occurs during both NREM and REM, but the most vivid images are associated with REM, especially the last REM before waking. The artistic, right side of the brain is thought to be responsible for the images in dreams, according to the July 1981 issue of *Science Digest*, while the rational, left side of the brain accounts for the verbal messages.

While dreaming occurs, the electrical activity of the brain is closer to wakefulness than to any other stage of sleep. Impulses in the brain travel by electric current. The frequency of brain waves during sleep may be equal to, or even higher than brain waves during consciousness, Oberholtzer said.

Evidence shows that the brain sends motor messages during sleep which the body does not carry out. The inhibition of neurons for muscle control in the spinal cord prevents most movements. In experiments using cats, lesions were made in the cat's brain stems which prevented this inhibition. During the REM stages of sleep, the animals moved about, stalking imaginary prey.

A common dream for many people is trying to escape from something, but being unable to move. This sensation seems to suggest that the body is aware of its semi-paralysis state during dreaming, according to *Psychology Today*, (Dec. 1981).

An average person can go about 40 hours without sleep without suffering ill effects. According to James V. McConnell's book *Understanding Human Behavior*, impulsiveness and irritability increase, reactions slow and making decisions gets harder.

After 100 hours without sleep, hallucinations, stress, hostility and paranoia may set in, according to McConnell and Guy Lefrancois in *Psychology*.

Before bed, relax, and don't worry about falling asleep, just rel...zzz...

By ROSEMARY JONES

If a person falls...zzzz...asleep in the middle of his sentence, he may be suffering from narcolepsy rather than an all-nighter.

This genetic disease afflicts 250,000 Americans. It causes them to fall asleep in the middle of eating, talking, working or other activities, according to Merrill M. Mitler, director of the Sleep Disorders Clinic at the State University of New York, in a *U.S. News and World Report* article Jan. 10.

Narcolepsy is thought to be caused by a chemical imbalance in the nerves that control wakefulness and sleepiness in the brainstem, according to the article. Unlike Garfield's humorous "nap attacks," a narcoleptic's attacks can have serious side effects, like bouts of muscle paralysis.

Narcolepsy is usually treated with stimulants and drugs to control paralysis of the muscles, Mitler said in the article.

A far more common form of sleep disorder is insomnia. The insomniac, unlike the narcoleptic, has trouble getting to sleep.

About 20 million Americans suffer from chronic insomnia, while another 100 million have temporary insomnia caused by personal problems, Mitler said in the article.

More women than men suffer from insomnia for unknown reasons, Mitler said in the article. The cause of insomnia for both sexes can range from psychological to physical.

The worst way to treat insomnia is by using tranquilizers, according to the article. Mitler thinks that sleeping pills etc. should only be prescribed for cases of extreme stress.

Mitler recommends a regular sleep-wake schedule, exercise in the morning and avoidance of coffee, tea and other stimulants after dinner time to cure insomnia.

Loud snoring and daytime sleepiness may be symptoms of another sleep disorder called apnea. Apnea occurs when the walls of the airway collapse, and the lack of air wakes the sleeper up. Snoring is one sign of a troubled airway. The restless nights resulting from apnea result in daytime sleepiness, according to the *U.S. News and World Report* article.

Apnea is usually caused by extra-tissue between the base of the tongue and the adam's apple, although jaw deformities can also create the same symptoms, according to the article.

Middle-aged, overweight men are the most common sufferers of apnea, Mitler also noted.

Weight loss or the use of respiratory stimulants can usually cure apnea, but in severe cases the airway may be surgically opened up, Mitler said in the article.

Repetitive nightmares are a "psychiatric or psychological abnormality" that can seriously affect the sleeper's health, according to the article. It is a sleeping disorder often found in combat veterans.

Psychiatric counseling can cure nightmares, and drugs exist to suppress the rapid eye movements REM period of sleep when dreaming occurs, according to the article.

Another disorder treated at Mitler's clinic is nocturnal myoclonus. Although this disorder does not disturb the sleeper's rest, it can ruin the rest of a bed partner and hence the sleeper's personal life.

Nocturnal myoclonus, outside medical circles, is more commonly

called "leg twitching." Exercise and relaxation techniques usually cure this annoying problem, according to the article.

Sleeping problems can be avoided if people try to relax before going to bed. This means not exercising in the evening, avoiding caffeine or other stimulants and trying not to worry about getting sleep, Mitler recommends in the article.

An alcoholic nightcap, contrary to popular belief, will not help a person rest. Alcohol may cause the person to fall asleep faster but it suppresses the relaxing REM sleep and may wake the person up earlier than usual (like 3 or 4 in the morning), Mitler said in the article.

A little light reading or listening to soothing music before bedtime can distract the mind from worries and help the sleeper to enjoy his rest, Mitler said in the article.

Of course, falling asleep is not problem for narcoleptics and some *Mooring Mast* re...zzz.



Coffee jolt brews college insomnia

By ROSEMARY JONES

Good news for college students trying not to sleep during the late night, oh-so-necessary, cram session: coffee does cause insomnia, according to a variety of recent medical tests reported in *Reader's Digest* (January 1983).

However, the medical verdict on other health effects of caffeine is still out, according to an article in the July 19, 1983 issue of *Newsweek*.

One cup of instant coffee contains anywhere from 40 to 108 milligrams of caffeine, *Newsweek* reported. According to *Reader's Digest*, increased blood-sugar level, increased blood pressure and decreased pulse rate are the effects of that one cup on the body.

After two cups of coffee, insomnia occurs even in caffeine drinkers, according to research done at Stanford University in the 1960's.

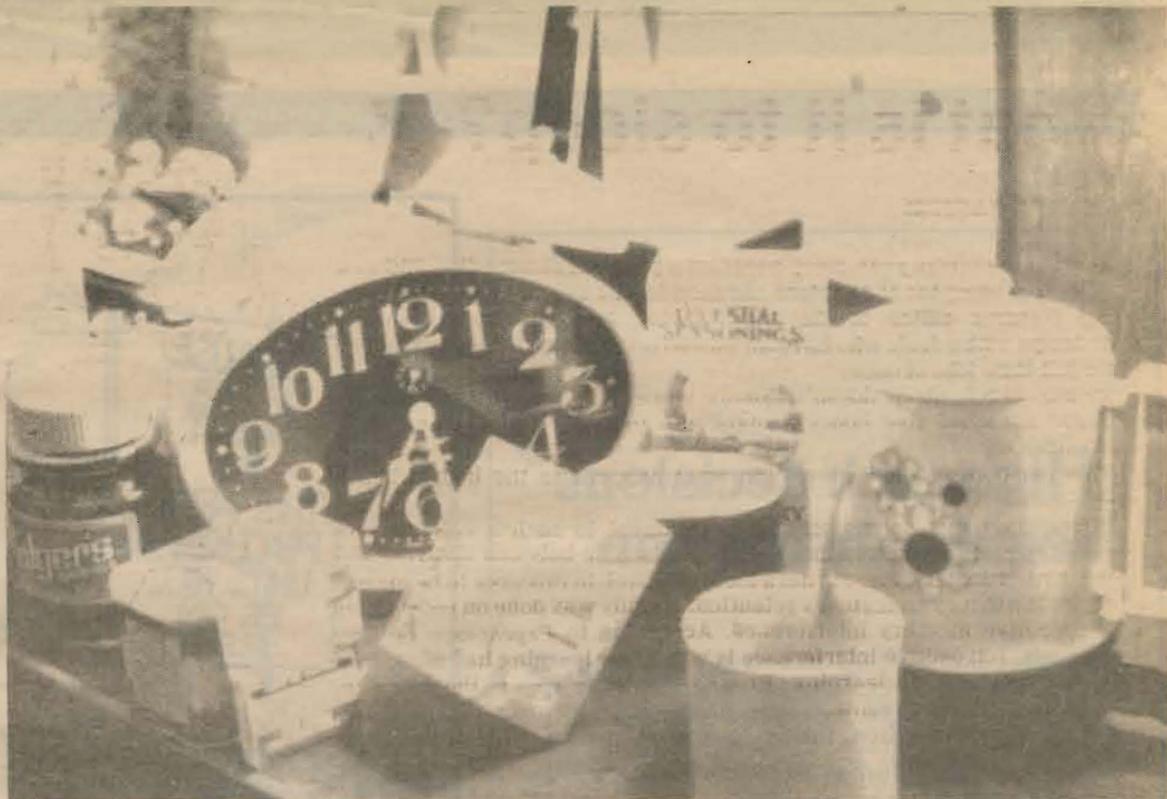
If the person wanting that caffeine jolt does not like coffee, the same effects can be gained from a couple of cans of soda pop. Although Coca-Cola and Tab are the two soft drinks most college students associate with caffeine, Mountain Dew contains the largest amount. One can has 58 milligrams; *Newsweek* reported.

Some researchers believe that more than two cups of coffee a day can cause the drinker to suffer from nervousness, anxiety and shortness of breath. More than 10 cups a day can cause a syndrome called caffeinism, according to the *Newsweek* article.

Caffeinism sufferers may experience ringing in the ears, mild delusions, rapid irregular heartbeat, rapid breathing and muscle tension, *Reader's Digest* reported.

Unless the habitual caffeine drinker eases off slowly, they can experience withdrawal symptoms like headaches and minor irritability, according to *Newsweek*.

A painkiller like Anacin relieves the headaches



A few tools to keep awake, including coffee, tea and caffeine pills.

but does not help decrease a person's caffeine intake. According to *Newsweek*, a regular dose of Anacin contains 64 milligrams of caffeine, as much as, if not more, than that cup of coffee.

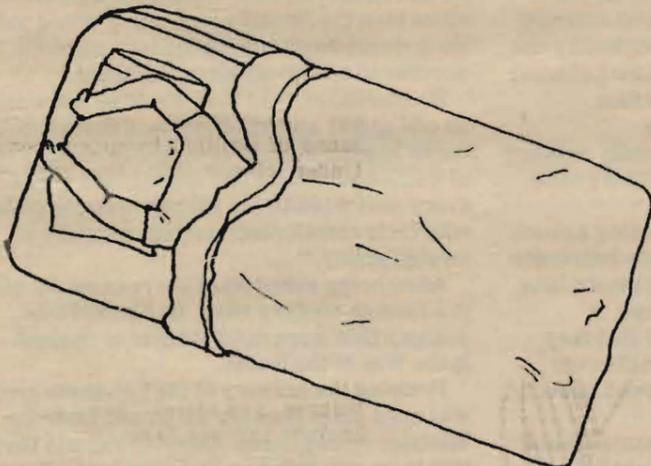
The more serious side effects of caffeine are not yet known. Some research has linked caffeine to birth defects, heart disease and increased risk of cancer. Other medical professionals claim that the surveys are inconclusive and say more time is needed before the real effects are known, according to *Reader's Digest*.

Meanwhile many soda pop companies are capitalizing on the caffeine scare to market new caffeine-free soft drinks. *Forbes Magazine* reported

that market growth for soft drink companies was slow in 1982, and executives at many companies feel that caffeinated drinks may give the industry a needed boost in sales.

As for decaffeinated coffee as an alternative to caffeine, recent medical research has indicated that the decaffeinating process used may leave dangerous chemical solvents in the body, *Reader's Digest* reported. These solvents may cause some forms of cancer, claims the article.

While the debate about coffee rages on, most Americans continue to do what they have always done in times of crisis: have another cup of coffee.



'Perchance to dream'

By PAM HOLTEN

Sigmund Freud called dreams the "royal road to the unconscious."

Most people dream once every 90 minutes, or five to six times a night. The majority of people recall only one or two dreams a week, less than 10 percent of their total dreams, according to "The Mystery of Sleep" (*Newsweek*, July 31, 1981).

Almost all dreams occur during "rapid eye movement" sleep, the article said. During REM sleep, heart and breathing rates become irregular and the body remains immobile, except for intermittent face, leg and finger twitches.

Immobility is caused by electrical impulses going through the body, the article said, which prohibits the dreamer from acting out the dream.

English professor David Seal, who has taught an interim class on dreams, suggests that before sleeping, people should tell themselves it is important to remember their dreams.

He said to keep pen and paper close, and upon awakening, write down the dreams without talking to anyone and without moving around. Talking and moving tend to disturb the memory of the dreams, he said.

Seal said to remember when interpreting a dream that "dreams do not exist to tell you about daily life or lifestyles...they are not there to make you more successful."

The intensity of a color in a dream is meaningful, he said. For instance, blue usually symbolizes depression. Wild animals in dreams represent parts of you that are wild and fierce.

"Dreams about the opposite sex are really only internal images of yourself," Seal said, because men and women have male and female counterparts to their egos.

According to *Newsweek*, men dream more about jobs and money, while women dream about their families. Women tend to dream about male/female relationships and men dream about other men. Also, men are the aggressors in their scenarios, whereas women seem to have passive dreams in which they are chased, usually by men.

"I think dreams are soul talk," Seal said. "That's why we have little control over them."

"We have to be conscious of our soul and what it's doing, but we shouldn't try to control it. You almost have to treat it like it's another person."

Simple solution to college insomnia: sleep during day

By KRISTIN TIMM

Do you lie awake for hours every night desperately trying to fall asleep? Is insomnia your middle name?

Well, fear no longer—sleep is not the impossible dream. It too is a talent. Like playing the piano or flipping pancakes, sleeping is a skill that some are born with and others must struggle to master.

The college atmosphere seems to discourage sleep. Loud stereos, gallons of coffee and Coke and friends who call at 1 a.m. may keep one awake at night. However, a few easy tricks can dispel these problems.

If your neighbor prefers Journey to Brahms, you needn't get out of bed to request a lowering of decibels. Simply pick up the nearest heavy item—your typewriter should work nicely—and hurl it in the appropriate direction. The result: silence. You may want to ensure that your idea is understood by shouting an appropriate message.

Regarding the caffeine problem, the best solution is to avoid these beverages. And if you stop drinking liquids entirely, you will also conquer the other situation which awakens people in the middle of the night.

Nocturnal phone calls are more complicated. If you take the phone off the hook, your parents might call and wonder why the phone is off the hook. The easiest way to stop your friends' late night calls is to stop having friends. A few insults and a couple of betrayals should do nicely.

Wait, you may be saying. I have quiet neighbors, I hate coffee, my phone is out of order and I still can't sleep. What can I do?

Your problem calls for a more

desperate measure: homework. If you want to go to sleep at 10 p.m. start studying around 9:30 p.m. After reading about 30 pages, you should be out like a light.

If assigned reading doesn't work, try reading non-fiction for pleasure. An upper level biology or psychology text can be more soporific than a dose of Sleep-eze.

When you choose the right book fiction can also be successful. A good Russian novel—the longer the better—can work miracles. Keeping track of all the names has been proven more effective than counting sheep. If you can't find any Tolstoy or Dostoevski, try and translated work.

If you can't find anything foreign, either, you'll have to resort to American or English literature. The key is the publication date—anything printed during the 19th century or before is advised.

If you don't mind falling asleep in the dorm lounge, you could use another tried and true method—watching TV. Not just any TV, though. It is crucial that you watch something you really want to see (and would be furious if you slept through). Movies are a good choice, because they're long enough to let you really get into the plot and become curious about the ending before you doze off.

You say you've tried all these methods and still can't sleep? Well, then, by now it should be obvious that you're trying to sleep at the wrong time, (night). You are undoubtedly one of those people whose body clock is set differently from everyone else's. You're probably destined to live in New Zealand, or be a night watchman.

But for now, what do you do? Simple. Sleep during the day. "What?" you say. "I can't do that." But you can. Lots of people do. Just look around during your 8 a.m. and 9 a.m. classes.

High-tech decisions require discussion

An issue that the PLU community has begun to address is how PLU should respond to high technology and the computer revolution. In dealing with this issue, the administration and faculty have been forced to look at some things very basic to PLU.

Several committees have been formed to discuss options and to try to determine what PLU's role should be in these changing times of high technology.

As Dennis Martin, Chairman of the Division of Humanities, pointed out in an interview this week, the discussion of purchasing computers and possibly making some sort of computer class a requirement has caused the faculty, administration and Regents to examine a very basic, but often neglected question.

Just what is the purpose of this university?

Is it to attract students, to retain students, to make sure the institution's budget is in the black at the end of the year, or to liberally educate its students in a Christian context?

Of course all of the above are intrinsically intertwined—how can you liberally educate students if you don't have any; or if the institution is bankrupt? Yet, this computer issue has been a catalyst in causing faculty and administration to examine once again what it means to be liberally educated, and what the value is of a liberal education.

It could be easy to get caught up in the perimeter questions of running the university and forget to assess what a liberal arts education is all about.

At this stage in the discussions about PLU's response to high technology, the dialogue of the faculty has been impressive. At the fall faculty retreat, faculty members discussed educational priorities, as well as their excitement, concerns and fears about high technology at PLU.

As long as the decision makers continue to carefully assess what is important, and they remember that while learning how to reason, think and write critically can be aided by the tool of a computer, learning those skills can never be replaced regardless of the technological level we reach.

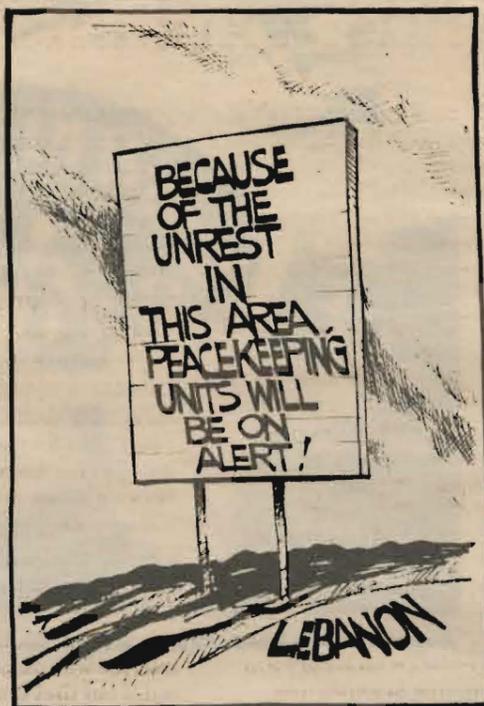
And therefore, they need to be far-sighted as to the possible effects an increased computer emphasis could have on the liberal arts program.

If computers have, and will continue to have, such a tremendous impact on our lives, then the liberal arts become even more important. Society needs people educated in philosophy, religion, sociology, history, political science, English and ethics, even more when we are living in a world where the existence of such powerful tools requires good decision-making.

In making course, purchase, and priority decisions, the faculty and administration need not fear change. But they should not jump into change for change's sake, or because every other university seems to be moving in that direction.

And if the liberally educated administration, faculty and Regents are as concerned as they appear to be to make careful decisions, I think we will have some well-reasoned results.

Gail Greenwood



Absurd is the norm in loony Lebanon

By RAMIN FIROOZY

The Lebanese army yesterday decided to throw the towel in and take off for beaches in Southern France. It is said that the event will throw the United Nations peace-keeping forces into disarray since they will not have any further excuse to delay their stay as on-lookers.

The events that have led to the bold move by the native Lebanese militia were sparked by the demands of the US Congress to declare Lebanon a war zone and therefore permit the four thousand or so USMC to open fire on perpetrators. This outburst was directly related to several deaths among US and French peace-keeping forces.

The Lebanese army leaders, detecting a much needed break in the stalemate, wholeheartedly agreed with the proposal and issued month-long passes and free beer to the local forces. A Lebanese army spokesman claimed that they have been in battle since the Israeli takeover with practically every Lebanese beyond puberty, and then some.

Lebanese commander-in-chief Hassan Daoud was quoted as saying that his men "need the time to unwind, use their back-pay and gain back the sun-tans that they couldn't work on this summer because of all the smoke in the air."

Consequently, U.S. Marines and French paratroopers on loan from Chad were called in to fight back the boldened Druze militia and the Italian tourists on hand. The local inhabitants returned to their houses awaiting the outcome of incessant bombing of Eastern and Western Beirut as well as half of Syria, Israel, Egypt and parts of Spain by the newly polished artillery of the peace-keeping forces.

The spokesman for local Druze militiamen said the new congressional tactic had persuaded them to start a massive drive to become nationalized Israelis so they too could receive absurd amounts of foreign aid. A few were detected to be actually shaking in their boots.

The Lebanese soldiers, on the other hand, were seen burning their draft cards and applying to Harvard. Most were proud of their work and denied reports that they were becoming lazy in

their duty to keep peace between warring factions and wiping out whoever laughed at them.

On the other hand, an unnamed spokesman for the peace-keeping forces claimed that if it was not for their intervention, the Christians and Moslems would go back to the improvised cease-fire that had remained over Lebanon up to the Israeli takeover. This would be inconceivable since then the Israeli army which would pull-back would be giving the Syrians no more excuses to occupy southern Lebanon.

He continued, "All that would be left would be an odd sniper and an occasional firebomb. What we're looking at is several million dollars worth of wasted hardware and the loss of a chance for every major politician to reap brownie points with their constituents on their mastery of foreign policy."

After being asked what the reasons for his stay in a foreign country were, he enumerated reasons that were most similar to rhetoric used in the War of the Roses.

Praising the bravery of the Lebanese army was none other than the ex-Israeli Defense Minister Ariel Sharon. Denying reports that he was to be appointed as ambassador to Cambodia, he lauded all armies involved, including the conflicting Muslims and Christians whom he occasionally referred to as "scum of the earth, but I love 'em."

Sharon is said to have supported a nuclear solution to Lebanon, but is said to have mellowed out and reduced his demands to a simple annexation of Asia.

Meanwhile, in a surprising move, the South African government announced it would welcome any Lebanese Army Christians as second class citizens and the remainder of the Army as third class tourists.

President Reagan in his State-of-the-Globe address claimed victory for his policies, announced that he would be running for the Nobel Peace Prize if re-elected as president, and would include the Lebanese President Pierre Gemayel in his will. He further added that the airforce and the reserves would be joining the marines and the navy in Lebanon to offer their version of a peaceful solution.

The Mooring Mast

Pacific Lutheran University
Tacoma, Washington 98447
535-7491

Editor
Gail Greenwood
News editor
Scott Hansen
Features editor
Karen Faster
Sports editor
Bruce Voss
Photo editor
Jerry Johnson
Copy editors
Kristin Loop
Dan Voelpel

Magazine editor
Julie Kissick
Business manager
Linda Burkett
Advertising manager
Carla Savalli
Layout editor
Jo'ann Garner
Circulation manager
Matt Koe'ler

Subscription manager
Robin Rund
Typesetters
Leanne Davis
Lise Lindborg
Julie Moe
Gail Rice
Editorial assistants
C'eryl Jensen
Susie Oliver
Advisor
Clifford Rowe

The Mooring Mast is published weekly by the students of Pacific Lutheran University under the auspices of the Board of Regents. Opinions expressed in The Mast are not intended to represent those of the Regents, the administration, the faculty, the student body or The Mast staff. Letters to the editor must be signed and should be submitted by 5 p.m. Monday of the same week of publication. The Mast reserves the right to edit letters for taste and length.

New Director defends, explains policy change

To the editor:

One of the things I have discovered about interviews over the past few years is that what is printed from the interviewer's notes is not generally what is said but rather the interviewer's impression of what is said. I'm taking this opportunity to speak for myself.

First of all I am new to the University and therefore not fully aware of all the history involved with the Campus Safety office's services. I understood the intent of the escort service was similar to that at my previous location at UPS—to escort students around the campus area at night. What the service had become was a taxi service to the Parkland, Lakewood, Tacoma and Spanaway areas.

However, that is not the reason for the policy change. Not even the fact that last year Campus Safety was as much as 60 percent over budget in some areas led to the tightening up of the policy, though as a manager I am expected to run this office within the budget allocated. The issue to me was and is the protection of students and property.

Our primary responsibility is to the campus and are residents. With our unarmed, non-commissioned para-professional safety officers, and the decreased support from Parkland fire department for first aid emergencies we can scarcely have our personnel spread from Tacoma to Spanaway

and have any hope of carrying out our primary task of protecting the campus.

I made the decision to limit escorts because of the need to perform our primary function where it will do the most students the most good.

The university does not have the resources to police and provide transit service for the entire Parkland area and I think it unreasonable and unrealistic to contend that it should. Why not accuse the Pierce County Sheriff's office of insensitivity?

The fact is that no institution, agency or government has the resources to provide body guards for its employees and clients. Every dollar that goes into the Campus Safety and Information budget is a dollar that does not go into the budgets of those departments which perform the primary function of education, which is after all what everyone came here for.

At some point people must take personal responsibility for crime prevention because throwing money and police officers at the problem won't make it go away.

I'm a former member of the staff of the Battered Women's Support Shelter. For 13 years I've taught self-defense classes three, four and five nights a week free. That represents more than a decade and several thousand hours of sensitivity to the need of human beings, especially women, to be and feel safe. I am committed to teaching people how to

protect themselves and to eliminating violence in every form.

Various student organizations at a number of institutions, have developed programs to meet the needs which their respective schools simply cannot meet. One of these seems appropriate here.

In 1973 at Southern Illinois University there were 18 rapes in the first three months of school. The university simply could not afford to put a cop on every corner. The SIU karate club organized an escort service made up of student volunteers.

Rape dropped off but the effort of providing escorts for 2,300 students in a five-mile area soon became too much for a small club to handle. The service was discontinued, but it did point out that truly concerned students could and would do more than complain about a problem.

Since then a number of schools have successfully implemented similar programs which continue to this day. Such programs have been organized and carried out under the auspices of the student government with what training and logistical support the campus police or security force could provide. With involvement from enough people willing to commit a couple of hours of their time every other week, a valuable service can be provided.

I am ready and willing to work with ASPLU or any other student

organization to develop and establish a student operated escort service. I am sure that both Philip Hunter and Julie Huffman would be willing to assist. How many others? How about it, people? It's your community too!

Ronald M. Garrett
Director, Campus Safety
& Information

P.S. Some corrections to inaccurate information. Safety officers will be assigned to three person teams or shifts. This means that three people will be covering the entire campus at one time. The article gives the impression that safety officers will be sent out in groups of three.

Actually the campus has been divided into three patrol zones. We are hopeful that we will be able to have at least one safety officer in each zone throughout most of the night. I did say that those concerned for their safety could consider applying for on-campus housing or moving to apartments closer than one or more miles from school. I did not say that there is "plenty" of housing on campus or within a two-block radius as I obviously have no way of knowing that.

I do appreciate the airing of Campus Safety issues and hope that even more will be printed in the future.

Wiegman will not run as senatorial candidate

Eugene Wiegman, president of PLU between 1969 and 1975, said he will not be a contender in the race for the Washington state seat in the U.S. Senate.

Last week it was reported in *The Mooring mast* that he was toying with the idea of running. He said "it's impossible to put together a campaign in three weeks."

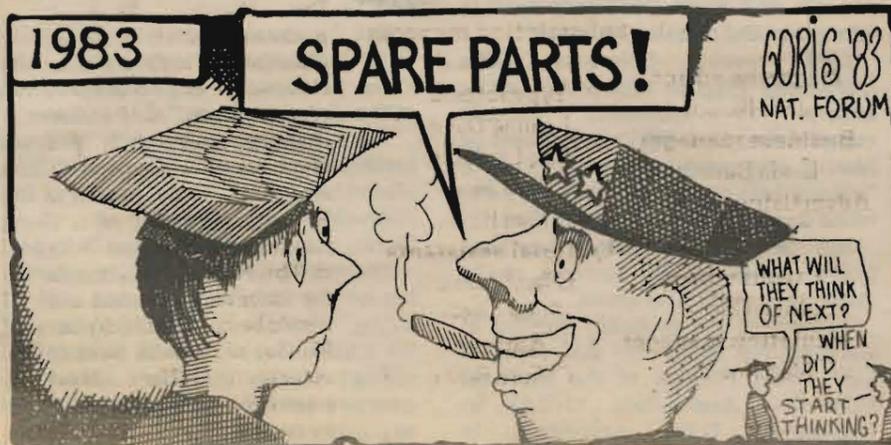
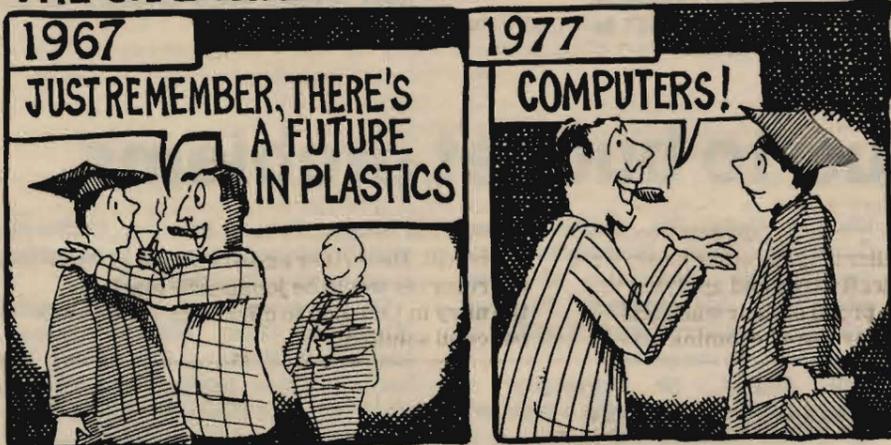
"Support coming my way from around the state from labor leaders and business leaders was encouraging," Wiegman said. But the task of overcoming his lack of name familiarity are too burdensome, Wiegman said.

Corrections

In an article in last Friday's *Mooring Mast*, the date that the new fire department reimbursement policy went into effect was incorrect. The correct date is Sept. 1.

In last Friday's article on Eugene Wiegman, a vote of no confidence was incorrectly attributed to the Board of Regents. The vote of 97-32 was a faculty vote.

THE GRADUATE:



WELCOME STUDENTS

TO THE
1983/84 ACADEMIC
SCHOOL YEAR

The
Alumni

Pacific Lutheran University

123 & Park

Korean Air Flight 007

Scholarly, athletic exchanges scuttled between American colleges, Russia

(CPS)— The Soviet Union's shooting down of Korean Air Lines Flight 007 has scuttled for the time being a series of scholarly and athletic exchanges between American universities and Russia only weeks after educators had agreed to develop new, more open exchange programs.

Colleges have cancelled events and staged rallies protesting the August 28 killing of 269 passengers on the commercial airliner. It appears that more substantive academic contacts between the countries, worked out slowly and carefully over three years, may also be lost as campuses look for ways to lodge meaningful reactions to the incident.

The losses on two American campuses were more palpable. At least two professors were killed.

Soviet and U.S. officials had announced plans several weeks before to resume academic exchanges for the first time since 1979. The U.S. withheld exchanges as a way to protest the Russian invasion of Afghanistan.

Several days before the Russians shot down the Korean plane, U.S. State Department officials announced that talks to formalize academic exchanges between the two nations could begin by late September or early October.

But now, "we have no idea when or if the exchange talks will begin," says a State Department spokeswoman.

"The State Department is neither encouraging nor discouraging private exchanges at this point," she added.

Official academic exchanges ended in 1979, when a 20-year agreement expired. The U.S. quit negotiations to extend the agreement when the Soviet Union invaded Afghanistan in 1980.

The National Academy of Sciences (NAS), which sponsors and coordinates exchange visits with the Soviet Academy of Sciences, also suspended all seminars and workshops with Russia in 1980 to record its anger over Afghanistan and the arrest of Soviet Professor Andrei D. Sakharov, a pioneer in nuclear

research.

Although the NAS only recently decide to lift its ban on exchanges, "I can't say when or if anything is going to happen right now," NAS spokeswoman Barbara Jorgenson says.

The NAS will continue to have "a small but ongoing exchange program with the Soviet Academy of Sciences" but will not lift its restrictions on workshops and seminars anytime soon, she explained.

The U.S.'s retaliatory 60-day embargo of the Russian airline, she says, has momentarily ended the exchanges "by default."

The Korean airliner incident hit two campuses closer to home.

Among the 269 people killed was Chung Soo Yoo, an assistant chemistry professor at the University of Pittsburgh. He was on his way to Seoul for a one-year teaching assignment at Korea's Kangwan National College.

Iowa State visiting Professor Syo-Iti Kobayasi was taking the plane home after a three-month stint with the Ames Laboratory.

Students at both schools staged small rallies to mourn the dead and lodge their protests. At Illinois State, 35 students showed up to protest the killings.

The University of Texas' video game arcade protested by re-programming its games to demand apologies from Soviet leader Yuri Andropov.

Vanderbilt University and the University of Maryland protested by cancelling their mid-November games with the touring Soviet national basketball team.

"The culpability of the Soviet Union in shooting down an unarmed commercial passenger plane" rendered the event "inappropriate" for now, Maryland Athletic Director Dick Dull explained.

The University of Kentucky decided not to cancel its game with the Russians, scheduled for November 22.

Bribes offered for contact with Shields

(CPS)—Princeton University officials and students have been offered bribes and other inducements to help reporters photograph or talk to its famous freshman, actress Brooke Shields.

Several national magazines reportedly offered as much as \$500 for a candid shot of Shields as she went through orientation last week, according to George Eager, Princeton's communications director.

One undergraduate was reportedly told to name his price if he could get a picture of the 18-year-old celebrity naked.

But campus security guards managed to turn away many of the autograph seekers and journalists who descended on the campus.

Shields presents fairly new problems.

"The celebrity students we have previously enrolled have been children of royal families or famous parents," Eager said. "You could walk right by them and never know it."

With a student like Shields, "the situation is more complicated because she is a star in her own right, and almost instantly recognizable."

The more-recognizable John F. Kennedy Jr., son of the late president, graduated from Brown last spring without attracting much outside interest.

Getting them through school successfully means "respecting the student's privacy," Littell says.

Toward that end, Princeton security guards will be watching for journalists even after the initial weeks of school, will screen Shields' mail, and try to prevent outsiders from gaining access to the actress through her roommates and friends, Eager says.

"She just wants to be a normal student," he adds, "and we will do everything we can to see that she has that right."

Faculty had 'nothing to lose'

(CPS)— "We had nothing left to lose, said Pete Kelley, University of Wisconsin Stevens Point faculty member, regarding a controversial advertisement which he and 31 fellow instructors recently ran in *The Wall Street Journal*.

After "trying all summer to get people's attention" for the new system-wide salary freeze, Kelley and his colleagues decided to make their anger public.

The two-sentence ad, which ran in the "Situations Wanted" section of the *Journal's* classifieds, was headlined "Professors," and read: "Many professors in all academic disciplines are available for an honest wage at universities with commitment to quality higher education. Contact department chairs at University of Wisconsin campuses."

University administrators "were not pleased with the ad," said Steve Schumacher, spokesman for the 13-campus Wisconsin system. The Executive Faculty Committee at the main Madison campus chastised the Stevens Point instructors for claiming to speak for the faculty members on all campuses.

"Our own view is that the

advertisement is inappropriate and self-defeating," the committee said in a letter to the Board of Regents. "We do not believe most faculty members are prepared to write off the future of their university as readily as the ad implies."

But Kelley, who is also president of the Stevens Point chapter of The Association of University of Wisconsin Faculty, says he and many other instructors were serious about looking elsewhere for employment. "We have hundreds and hundreds of angry faculty members in this state," he said.

With minimal five- and three-percent raises over the last several years, Kelley said, "this year's freeze represents insult on top of injury."

Kelley said the ad was placed "because we wanted to speak to a national audience and voice our concern that if there's not a constant commitment to quality education, faculty will begin to leave."

"There are times to do outrageous, even silly things to get attention," he said. "Pressure is the currency in which you conduct politics, and I think, in fact I know, that we have at least brought some pressure on the issue."

Professors on the move due to budget problems

(CPS)— When West Virginia University told Donald Menzell he would have to forget getting any significant salary increase for the second year in a row, he figured it was time to make a choice. It was too much for the political science professor, who not only wanted more money, but was dispirited by the constant cutbacks and academic compromises forced by the budget problems.

"I cannot function with that much instability," he said. "If you are at all professionally-minded, you cannot do that."

Menzell went job hunting, finally finding an open spot at the University of South Florida, where he will start teaching in December.

Menzell is just one of many college teachers and administrators who is opening classes this fall while trying to escape severe morale problems and at the same time is keeping one eye on the job market. The severe

budget cuts of the last three years seem to be pushing teachers over the edge this year.

No one knows exactly how many teachers are moving. Estimates range from 30,000 to 100,000. Most likely to move are the 100,000-some non-tenured teachers now working on U.S. campuses, said Irving Spitzberg, retiring head of the American Association of University Professors (AAUP), the third biggest college teachers' union.

Spitzberg said he cannot even estimate how many tenured professors are preparing to leave.

Faculty members, said Spitzberg, are simply "tired of hard times on campus." Those hard times often translate into salary freezes, increased workloads, and even prohibition from cash-short schools against buying needed materials for class work.

Some faculty members are retaliating. West Virginia professor

Thomas Cady, for example, sued Governor Jay Rockefeller for "malevolent evisceration of higher education" this summer. The suit asks the court to restore \$2.5 million in budget cuts to the school.

In August, 32 University of Wisconsin-Stevens Point teachers advertised their services *en masse* to schools with more "commitment" to education and no salary freezes.

Last week, Colorado State University English instructors wrote letters to students' parents complaining that CSU's treatment of liberal arts programs had caused a "severe loss of morale" that, in turn, could damage students' educations.

But most dissatisfied teachers prefer more quietly moving on to other, more bountiful areas.

"Teachers are probably moving in the direction of the Sun Belt states," said David Poisson of the National Education Association (NEA) in Washington, D.C.. According to

Poisson, Texas, Arizona, California and Florida schools seem to be getting more applications this year.

On the other hand, West Virginia, Michigan, Ohio, Illinois, Oregon, Idaho and Montana are having the hardest times holding onto college teachers, said Perry Robinson of the American Federation of Teachers (AFT).

But "a mass migration of faculty from institution to institution — the gypsy professor — is an exaggeration of the circumstances," said Poisson.

"The biggest movement is from institutions, out of higher education altogether," said Nevin Brown of the National Association of State Universities and Land Grant Colleges.

The reason is that "faculty salaries are so far behind the rising cost of living," explained Alfred Sumberg of the AAUP. During 1982-83, independent college faculty members earned an average \$28,680, compared to \$27,860 at public schools.

PLU School of Education awarded grant

By KRISTIN CROONQUIST

The PLU School of Education has been awarded a \$120,000, 3-year grant to train masters level special education students with a consulting teacher emphasis, said Project Coordinator Kent Gerlach.

The grant from the U.S. Dept. of Education was received June 1, 1983. It provides financial assistance to students accepted into Project ConSEPT (consulting special education personnel training.)

During last spring more than 80 applications were mailed to people interested in applying for financial aid made possible by this grant, Gerlach said.

Applicants were screened and interviews were conducted during August. And twenty-one students were

selected to receive stipends for the 1983-1984 academic year, he said.

Students accepted into Project ConSEPT will complete a 32-hour graduate program leading to a masters degree in Special Education.

The Education For All Handicapped Children Act (Public Law 94-142) defines Special Education as "specially designed instruction, at no cost to parents or guardians, to meet the needs of a handicapped child, including classroom instruction, instruction in physical education, home instruction and instruction in hospitals and institutions."

Previously, services to students with learning and behavioral problems were provided in self-contained or resource room setting, Gerlach said. With the passage of PL 94-142, placement of handicapped

students in the least restrictive environment has become an educational requirement.

This has resulted in placing many handicapped students in regular classrooms, creating a need in the schools for teachers with the expertise and skills to provide support and consultation to regular classroom teachers who have handicapped students mainstreamed into their classes, he said.

This need has created many increases in the Special Ed program, Gerlach said. Enrollment over the past 2 years has increased by 400 per cent—3 years ago there were 92 students enrolled in special education, now there are 479.

Last year those who completed the major in special education and

student taught received 100 per cent job placement, Gerlach said.

Last year the School of Education also received a \$120,000 3-year grant from the U.S. Office of Education Bureau of Education for the Handicapped, he said. That grant will go toward revising the undergraduate teacher program to better prepare students to teach in "mainstream" classrooms, he said.

Dubbed "Project ReDesign" within the School, the project anticipates the eventual redesign of the teacher education program at PLU so that all regular education method courses provide mainstreaming competencies, with additional help from awards being made in the coming months and next year, Gerlach said.

YOUR BSN IS WORTH AN OFFICER'S COMMISSION IN THE ARMY.

Your BSN means you're a professional. In the Army, it also means you're an officer. You start as a full-fledged member of our medical team. Write: Army Nurse Opportunities, P.O. Box 7713, Burbank, CA 91510.

ARMY NURSE CORPS. BE ALL YOU CAN BE.

Farm Store and Deli

Hot or Cold Sandwiches

whole \$2.95 half \$1.95

Monday—Saturday
8:00 a.m. to 10:00 p.m.

Sunday
8:00am to 8:00pm

537-5727
129th and Pacific

Frank's Donuts **BAKED FRESH DAILY**

A wide assortment of filled, glazed and old fashioned donuts.

13123 Pacific Ave. 535-4699

Johnson's Parkland Drugs

WELCOME FRESHMEN and UPPERCLASSMEN

Come in and check our prices and watch for our sale starting October 1.

Phone: 537-0221 Garfield and Pacific

HAIRFAX Total Hair Care Center **SAVE \$5!**

Clip this coupon good for one \$10 haircut (regularly \$15).

SAVINGS CERTIFICATE
from
HAIRFAX

PLU

508 Garfield
537-0111

PARKLAND
537-0111

LAKEWOOD
475-0111

SPECIAL Permanent Wave including cut \$25

This certificate is worth ONE HAIRCUT for \$10, regularly \$15

Present this certificate at the time service is rendered.

Memorial built for PLU father

By LOIS SWENSON

"PLU recognizes this man, and his hometown," President William Rieke said about the Harstad Memorial which was dedicated June 26 in Norway.

The memorial was dedicated in Valle, Setesdal, Norway, the hometown of PLU founder Bjug Harstad. It was the result of two trips made to Setesdal, one by PLU 1951 graduate Rune Saatavdt, and the other by Milton Nesvig, Professor Emeritus, Nesvig said.

In 1980 Nesvig was in Setesdal, where he spoke with relatives of Harstad. "The first collection for the monument was in 1980," Nesvig said. The cost of the monument was about \$3100, of which the Valle paid about one third. The rest of the cost was covered by PLU alums and friends, Nesvig said.

"The memorial was no cost to PLU," Rieke said.

On the day the monument was dedicated, the entire town turned out. "They wore their costumes, they made the day into a festival," Nesvig said.

There was a church service over which the "Dompriest," the Bishop, from Kristiansand, presided. "The service was done in both Norwegian and English, so those of us who don't speak Norwegian could understand," Rieke said.

The actual dedication took place at



Adolph Harstad, far right, and his family.

12:30 and lasted about 20 minutes. For the ceremony, Rieke "formally dedicated the monument from the university to the community," he said.

The memorial was presented to Mayor Gudmund Akre, who also spoke. Two other speakers were Adolph, one of Harstad's sons from Wisconsin, and Jarl Saatvedt, said Rieke and Nesvig. Jarl is Rune Saatvedt's brother, the Lute who put all the wheels in motion for the

monument.

The memorial "sits right on the main highway...it will probably be a tourist attraction in that small town," Nesvig said.

The monument stands two meters high, and is constructed from native stone with the bust and the letters set into the stone, done in bronze relief.

The monument says

BJUG A. HARSTAD
1843-1933

IMMIGRATED 1961
FOUNDER
OF

PACIFIC LUTHERAN UNIVERSITY
TACOMA, WASHINGTON, USA 1890
WORD ALONE FAITH ALONE
GRACE ALONE

DEDICATED 26 JUNE 1983
BY

PACIFIC LUTHERAN UNIVERSITY
AND
VALLE COMMUNITY

Fellowships honor Undergrads

By ROBIN KARR

Fourteen PLU seniors have been awarded Undergraduate Fellowships for academic excellence and their potential as college teachers.

The fellowships were announced at opening Convocation.

Awarded the fellowships were Laurie Lovrak and Eric Miller in humanities; Debra Armstrong, David Batker and Phillip Hunter, natural sciences; Eric Fjelstad and Christy Stiggelbout, social sciences; Cameron Schoepp, arts.

John Schiebe, business administration; Susan Wobig, nursing; Natalie Darrow and Jeffrey Shumake, physical education.

Provost Richard Jungkuntz said

these fellowship winners "are given a variety of opportunities to sample the professional life and work with a faculty member in their major discipline."

Fellowship recipients are awarded 16 credit hours for the year and must work 10 hours a week, Jungkuntz said.

Planning and supervision of their activities is directed by their respective department chairs, although they may also work with other faculty members, said Dennis Martin, chairman of the Division of Humanities. A recipient's duties will vary from being a teacher's assistant to a research aide.

"Each program is tailored to the individual," Martin said. "We have no real set of guidelines."

Cast selected for October play

By SANDY DOYLE

The cast is set for PLU's fall play, J.B., by Archibald MacLeish.

Mike Heelan, junior, Jacke Bonneau, sophomore, Bryce Duehn, junior, and Tim Syverson, sophomore, were selected for the lead roles last Friday in MacLeish's interpretation of the biblical story of Job.

Fourteen other PLU students are also in the cast.

Heelan and Bonneau play J.B. and his wife Sarah. Duehn and Syverson play Mr. Zuss and Mr. Nickles, two broken-down actors who at times also play God and Satan, making J.B.'s story a play

within a play.

Bill Parker, professor of communication arts and play director, said the play is about justice and why God allows the existence of evil.

"Ultimately it's a show about the love of live," Parker said. "Job in the play believes...he must question, he can't just meekly bow down without questioning, but he also recognizes that the answer may be silence. Through love of life and love for Sarah he picks up the pieces and starts life over."

Seating for the performances will be on the stage in Eastvold Auditorium Oct. 13, 14, and 15 at 8 p.m., with a matinee Oct. 16.

Tear gas explodes near goat barn

By ROSEMARY JONES

People jammed the gates and scaled the fences at the Puyallup Fair Friday night trying to escape from tear gas set off by a prankster.

"They were getting their clothes caught in the barbed wire (at the top of the fences). Some people were lifting baby carriages over the fences," said Mike Boozer, a PLU senior who attended the fair Friday.

A military-type gas canister exploded near the goat barn at 9:38 p.m., according to information from a Tacoma News Tribune article Saturday and the Puyallup police department.

The tear gas spread through the midway, livestock barns, arts/hobby hall and the fair's restaurants, according to the TNT.

"We were walking back from the eating area when hundreds of people started running towards us.

At first, I thought someone had a gun but then I could feel my eyes and throat burn," said Boozer, who told a friend accompanying him that it was tear gas. Then they started running with the crowd to the gates, Boozer said.

The TNT reported that three to four people were treated at Good Samaritan Hospital for gas irritation, and a few others were treated at the fairgrounds by the fair's first aid unit.

No one has been arrested, but the Puyallup police have several "leads," said a Puyallup police spokesman Tuesday night. "Several men have been assigned to the case, but lots of legwork is still needed," he said.

The gas incident did not stop people from returning to the fair, Boozer said. As he drove away from the fair, he could see "the midway and the rides had very few people left, but other people were starting to file into the gates," he said.

KPLU alters classical format

By ROBIN KARR

For the first time since its beginning in 1966, PLU's radio station KPLU-FM is preparing to change its emphasis from classical music to jazz.

The decision to change KPLU's format was a process that evolved over a long time, said Martin Neeb, general manager of KPLU-FM. "It was the next natural step in our growth."

KPLU-FM, located in Eastvold, was established as a ten-watt radio station 17 years ago. Since then, KPLU has expanded to 100,000 watts and has provided its studio with modern equipment, Neeb said.

"Now that KPLU is prepared to provide a better service to our community, we need to re-think the competition in this market," Neeb said. Two well-established radio stations in the Seattle market have an all-classical format. KING-FM plays popular classical music and KUOW-FM plays traditional classical music. This leaves only a very small portion of the Seattle audience that listen to contemporary classical music on FM 88, Neeb said.

Gary Schivers, general manager at WUNC-FM in Chapel Hill, N.C. and consultant for National Public Radio, helped the managing team at KPLU make the decision to change the format to all jazz, Neeb said.

Neeb said that Schivers advised the KPLU directors to change the format so the station could grow. The audience in the Seattle market isn't large enough for three classical radio stations, he told the directors.

Since no stereo jazz is available in the Seattle market, the decision to alter the format made even more sense, Neeb said.

"We want to serve the community responsible with the license the university holds," Neeb said. "We are hoping to do this by filling the void in jazz in our community."

News will become a more significant element in the new format change. KPLU-FM will be adding extra newscasts as well as drive-time traffic reports.

An additional newperson will be hired to help with this change. The student staff at KPLU will be offered more opportunities in production after the new changes go into effect Oct. 3.

How to choose a major and career programs offered

By AMY LITTLE

The PLU faculty, Career Planning and Placement Office (CPPO) and the Academic Advising Center have come together to provide the students with Phase II of orientation. Phase II is a series of programs on how to choose a major, said Pam White, director of CPPO.

Four sessions of a program on how to choose a major and plan a career will be next week. The meetings will be Sept. 28 in Chris Knutzen Hall and Sept. 29 in the Regency Room. Meetings both days will be at 4 p.m. and 5:30 p.m., White said.

Interest meetings for various majors will be offered each day beginning Oct. 3, and continuing Monday through Thursday throughout October, she said.

Because it is aware of the great deal of stress involved in choosing a major, the Counseling and Testing Office has devised coping workshops on stress and relaxation, massage, communication, and conflict resolution, White said.

These meetings will be in that order Oct. 11 and 13 at 5:30 p.m. and 7:00 p.m. in the Regency Room.

Prominent banker wishes to help put 10,000 students through college.

Washington Mutual is now offering student loans at 7% to 9% interest. (A.P.R.). For both graduate and undergraduate students.

You can borrow at these low rates to put yourself through college now without making any payments until after you graduate. And there's no interest charged to you at all until six to ten months after you're out of school. Even then, you'll have five to ten years to repay. It couldn't be a better deal.

Generally, you'll qualify if you're a resident of, or attending a school in Washington,

and are not in arrears on other government grants or loans. Apply now for money for fall.

See the Financial Assistance officer at your school for full details. Come in or call Washington Mutual.

Washington Mutual 

The only bank that's more than a bank.
Member FDIC.

Washington Mutual Savings Bank and its affiliates:
Murphey Favre, Inc./Composite Research and Management Co./
Washington Mutual Service Corp.

Sixth Ave. at Mildred St. in Tacoma 564-3740 • 9919 Bridgeport Way S.W. in Lakewood 582-7200



Rebel.
Rocker.
Lover.
Idol.
Vanished.

In 1964, Eddie Wilson had it all. He had genius, he had vision, he had the hottest rock & roll band in the country.

Then suddenly one night, his car went off a bridge. His body was never found.

Now, twenty years later, the mystery of Eddie Wilson begins to unravel.

EDDIE



AND THE CRUISERS

OPENS SEPTEMBER 23rd AT A THEATRE NEAR YOU

the Farmer's Daughter

325 Garfield So.

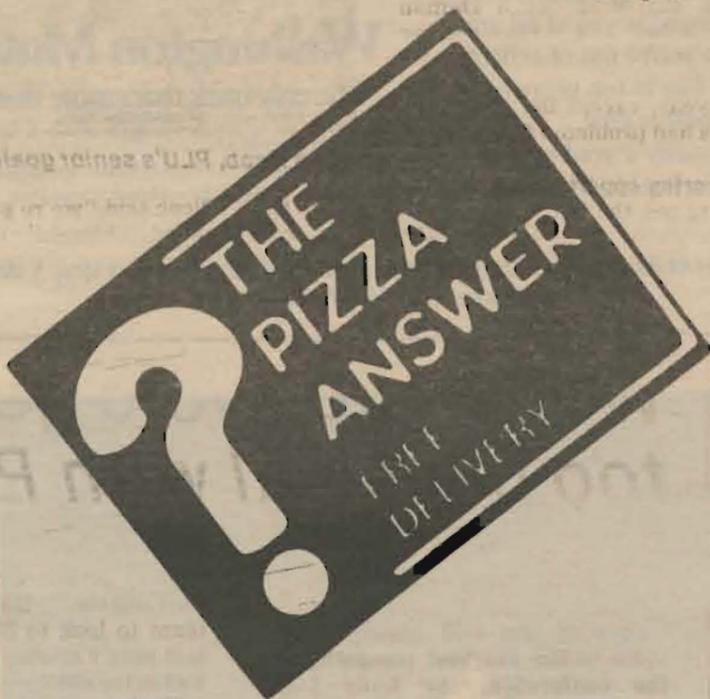
We specialize in
country bouquets

All fresh flowers half price
every Friday from 3-5:30 p.m.

ITEMS: PEPPERONI, GROUND BEEF, SAUSAGE, SALAMI, GREEN PEPPERS,

THE VEGETARIAN'S FREE COKE
THE HAWAIIAN, THE COMBINATION, THE MEAT-EATER'S

CANADIAN STYLE BACON, MUSHROOMS, BLACK OLIVES, ONIONS, EXTRA THICK CRUST JALAPENOS, PINEAPPLE,



DIET COKE
Also Available

581-1970

12002 PACIFIC HWY. S.W.



FREE

1 QUARTCUP OF COKE
WITH A SMALL OR MEDIUM
1 OR MORE ITEM PIZZA

FREE

2 QUARTCUPS OF COKE
WITH A LARGE 1 OR
MORE ITEM PIZZA

THINK PIZZA I

THINK THE

PIZZA ANSWER

LIMITED DELIVERY AREA



\$2.00 OFF



\$1.00 OFF

ANY 16"

ANY 14"

2 OR MORE ITEMS

1 OR MORE ITEMS

ONE COUPON PER PIZZA

ONE COUPON PER PIZZA

EXTRA THICK CRUST, GREEN PEPPERS, MUSHROOMS, DOUBLE CHEESE

Men's team not in need when Neeb guards goal

By CLARK BARCLAY

The keeper of the Lutes, John Neeb, is a man of high goals.

Last year PLU's senior goalkeeper limited the opposition to just .778 goals per outing, and in 1983 Neeb is shooting for an even lower mark.

"My goal for the season is to allow only a .5 goals per game average," Neeb said.

This summer Neeb kept in soccer shape by playing for a Sports Life soccer team in South America. Fellow Lute player Jon Price joined Neeb on the three-week tour through Peru and Ecuador. "Jon and I used this summer experience as one means of getting ready for the upcoming season," Neeb said.

After the soccer season ends in November, he plans to try his hand at baseball—if his thumb holds up.

"I thank God I'm still able to play soccer, because I have had two operations on my thumb in the last three years," he said.

Neeb played well in the Lutes' home game last Sunday against Western Washington, but no Lute

shots found the back of the Vikings' net and PLU lost a hard-fought match, 1-0.

"I thought the defense played very well overall, but our offense just needs to score more goals," Neeb said.

Western's lone goal came off a volley after a free kick 11 minutes into the first half. "The goal was a defensive mistake, mainly mine, but it shouldn't have cost us the game, because overall we outplayed Western," Neeb said.

Of the Western game, which dropped PLU's season record to 0-2-1, first-year coach Daman Hagerott said, "We really had a hard time placing the ball in the right space and consistently getting there."

In every match this year, except the exhibition Alumni contest, PLU has had problems finishing off their downfield attacks.

"We're getting the scoring opportunities, but we lack the concentration to put the ball in the net," Hagerott said. "When we are in doubt, we should just fire away, and if we're in an area of shooting, we need to focus totally on executing and putting the ball in the net."



John Neeb, PLU's senior goalkeeper

"In time," Neeb said, "we're going to be one of the best teams around. . . hopefully before the season is over."

Tomorrow the Lutes meet Judson Baptist in a 1:30 p.m. home match



While Todd Davis (54) looks on with unrestrained glee, Jeff Rohr holds the unique totem pole given annually to the winner of the PLU-UPS football game. Officially, it's called the "Y.M.B.C. Perpetual Trophy"; one unkind fan called it "perpetually ugly".

Women to avoid getting too physical with Pacific

By SUSIE OLIVER

Opening the 1983 season against some of the toughest competition in the conference, the Lady Lutes' soccer team hosts Pacific on home turf this afternoon at 4 p.m.

Coach Colleen Hacker anticipates a very physical game and will rely on her experience-packed roster to outfox the Boxers.

Remembering last year's match with Pacific, where striker Beth Adams suffered a serious shoulder injury, Hacker plans to play a well-controlled game. "If we let them intimidate us, they will control the pace of the game. We want to be first to the ball and maintain possession," she explained.

"The deciding question is how fast our nine freshmen can make the adaptations to inter-collegiate style soccer," Hacker added. The Lute coach feels that this year's freshmen are her most experienced ever, as most have strong youth sport and club backgrounds.

Med Hoelzle, Stacy Waterworth, Heidi Wisner, and Pam Thomas were all noted as "looking good in practice." The one-two midfield punch provided by Kappy Names and Gwen Carlson still has its power and

senior goalie Joan Sutherland is "invaluable." Hacker expects the team to look to Names and Adams, last year's scoring leaders, to put the ball in the net.

Hacker gave special note to sweeper Sherie Durrell for her progress over the summer. The returning sophomore "came to school looking great, ready to play soccer, and her positioning looks great," Hacker said.

Varsity veterans Carlson and Sutherland have assumed leadership roles as team captains.

"We hope to continue the traditions on the team and maintain the same integrity as last year," Hacker said.

"We have a very young team," she stressed, "and there are freshmen at all positions." She cites the excellent recruiting program this year as the primary reason for the fine freshmen turn-out.

"There is a good balance in the forwards and the returnees provided a good nucleus," added the Lute coach. "I was very pleased with the practice game against UPS (which ended in a 3-3 tie). It made it clear where we are, where we need to go, and what we need to work on. Predictions are impossible, but the future does look good."

But Hemion hopeful for women's v-ball team

Loggers pound PLU in opening match

By BRUCE VOSS

It was deja vu time. PLU was playing UPS, and once again there was a lot of passing and hard hitting.

Except this time the game site was the UPS Fieldhouse, not the Tacoma Dome, and the Monday night game was women's volleyball, not football. The outcome was different, too—Puget Sound won easily, 15-6, 15-2, 15-4.

Despite the apparent one-sidedness of the season-opening match, ninth-year Lady Lute Coach Kathy Hemion thought the numbers weren't indicative of the way her squad played.

"The match lasted an hour and 45 minutes, so it was no blitz," Hemion said. "We passed very well, had some great defensive play, and if we were lacking at all it was in our attack. . . maybe it was

just some early-season tentativeness."

Hemion sees a new spirit in her team, which after losing 37 of 44 matches in 1980 and '81, rebounded to finish 11-22 last year.

"I think their attitude is more to go out and give it their best shot, rather than being afraid to lose," said Hemion.

After losing only one key hitter at graduation, the 1983 Lutes will build their attack around a trio of seniors: sparkplug setter Sooney Mackin, defensive dynamo Debbie Plcinich, and Nancy Stern, an excellent passer and perhaps the team's best all-around player.

Several freshmen also figure in Hemion's 6-2 offensive scheme. Newcomer Chelle Hagerott, who Hemion says has "really soft hands" and hits well for her height, started against the Loggers while Leslie Van Beek and Kathleen Grimes also got

playing time.

Hemion said her 10-person squad, selected from a "tremendous tryout turnout" of 36, probably has better depth than any squad she's coached here.

"We have a little height, and with our depth in the attack, our quickness and aggressiveness, we have the potential to be a very good team," she said.

PLU plays at Lewis & Clark today and at Linfield tomorrow, then comes home for an NAIA District 1 match against Simon Fraser Sunday in Memorial Gym at 11 a.m. In the past the squad has played before more empty seats than fans, and Hemion would like a decent turnout for the home opener.

"A lot of people have only seen intramurals or jungleball, and don't realize competitive volleyball can be an exciting sport requiring skill, conditioning, ability and jump," Hemion said. "We're hoping to generate some enthusiasm."

Put Your Degree To Work.

Whatever your degree will be, the Navy can give you a management position (if you qualify). You'll get technical training and managerial experience. The Navy offers managerial positions in the following areas:

**ELECTRONICS • ENGINEERING
INVENTORY CONTROL/PURCHASING
PERSONNEL ADMINISTRATION
SYSTEMS ANALYSIS**

All you need is a minimum of a BA/BS degree (summer graduates may inquire), be no more than 34 years old, be able to pass aptitude and physical examinations and qualify for security clearance (U.S. citizenship required). Your benefits package includes 30 days' earned annual vacation, medical/dental/low-cost life insurance coverage plus other tax-free incentives. If you're interested in gaining managerial and technical responsibilities fast, call the Naval Management Programs

Office

Get Responsibility Fast.

Scores PLUs More

Football

This week's schedule:
At Western Washington, Sept. 24, 7:30 p.m.
Future foes' scores:
Oregon Tech 30, Western Wash. 10
Central Washington 35, Whitworth 34
Simon Fraser 50, Pacific 17
Southern Oregon 38, Linfield 29

Men's Soccer

Last week:
Western Washington 1, PLU 0
PLU 2, UPS 1
(PLU goals by Nyberg, Leirvag)
This week's schedule:
Judson Baptist, Sept. 24, 1:30 p.m.

Cross Country

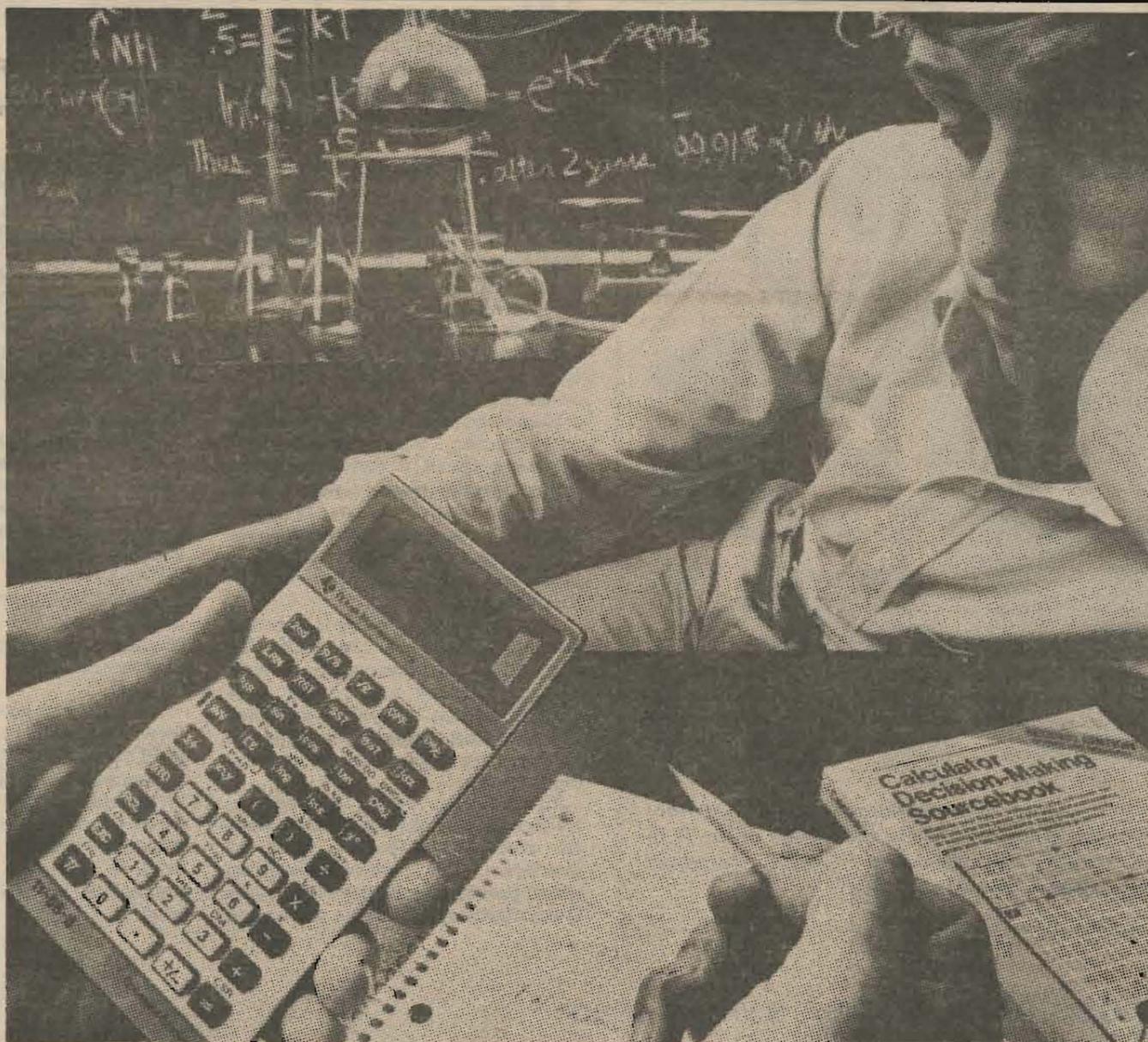
Last week at Whitworth Invitational:
Women — 5. Kristy Purdy, 18:56 (5000 meters)
Men — 30. Dale Oberg, 26:44 (8000 meters)
Next meet:
Willamette Inv., Oct. 8, at Bush Park

Women's Soccer

This week's schedule:
Pacific, Sept. 23, 4 p.m.
Whitman, Sept. 24, 11 a.m.
At Evergreen State, Sept. 28, 4:30 p.m.

Women's Volleyball

Last week:
UPS def. PLU, 15-6, 15-2, 15-4
Central Wash. def. PLU, 15-12, 15-11, 15-1
This week's schedule:
At Lewis & Clark, Sept. 23, 6 p.m.
At Linfield, Sept. 24, 1 p.m.
Simon Fraser, Sept. 25, 11 a.m.
Western Washington, Sept. 27, 7 p.m.



Get to the answers faster. With the TI-55-II.

What you need to tackle the higher mathematics of a science or engineering curriculum are more functions — more functions than a simple slide-rule calculator has.

Enter the TI-55-II, with 112 powerful functions. You can work faster and more accurately with the TI-55-II, because it's preprogrammed

to perform complex calculations — like definite integrals, linear regression and hyperbolics — at the touch of a button. And it can also be programmed to do repetitive problems without re-entering the entire formula.

Included is the *Calculator Decision-Making Sourcebook*. It makes the process of using

the TI-55-II even simpler, and shows you how to use all the power of the calculator.

Get to the answers faster. Let a TI-55-II show you how.



**TEXAS
INSTRUMENTS**
Creating useful products
and services for you.

14,830 frenzied fans catch a classic

Lutes roar back to win a Dome good game

By BRUCE VOSS

"Second Effort" said a PLU sign in the Tacoma Dome end zone. Jeff Rohr gave it that and more.

The seemingly tireless 200-pound senior fullback rushed 36 times for 177 yards, hammered several booming punts and kicked two field goals. The second field goal, a 28-yarder with 28 seconds left, gave the Lutes a 13-10 come-from-behind victory over crosstown rival University of Puget Sound.

"Sure, we knew we were coming back," Rohr said. "We just didn't know if we'd have enough time."

"You bet I was tired," said Rohr, who got much of his yardage after being hit once, twice, or three times. A couple times I nearly pulled myself out of the game, but the line was blocking so well I kept telling myself "One more play, one more play."

While PLU's offense was "Rohring", Puget Sound's attack was held to a whimper by a smothering Lute defense that allowed only seven first downs and 148 total yards.

"It was one of the finest defensive efforts I've ever seen, against a team that had some possibilities but just wasn't able to move the ball well against us," said PLU defensive coach Paul Hoseth.

Hoseth said one of his goals was to control the line of scrimmage, and his squad certainly did. Puget Sound managed only 34 yards rushing on 27 carries, and by the fourth quarter the UPS line looked beat and the backfield bewildered.

Equally important, Hoseth said, was that the Lutes were able to keep the pressure on cool Logger quarterback Kevin Reimer even when rushing only three linemen — usually

Tim Shannon, Jeff Elston, and a still-hurting Steve Gibbs.

It was the defense that set up PLU's march to the winning field goal, stuffing three Logger running plays after the UPS defense had risen up and stopped Lute running back Jud Keim short of a first down at the UPS 2 with five minutes left.

PLU took over at the 50 following a Logger punt, and promptly drove 40 yards in nine plays. Twice Rohr struggled for first downs on third-and-one situations, and then as the clock ticked down into the final minute Rohr raced off the field to change into his kicking shoe while Kevln Skogen fired an incomplete pass to stop the clock.

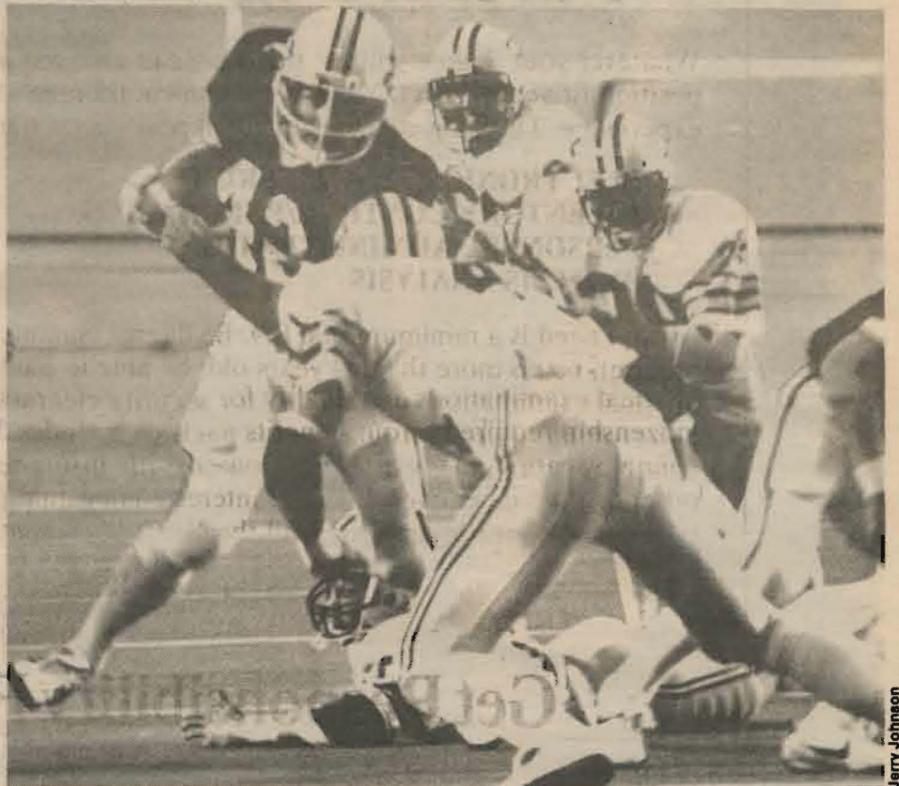
Rohr punts and kicks off for PLU, but hasn't kicked field goals since high school. He was on the spot Saturday only because regular kicker, Todd Rosenbach, was sidelined with a neck injury.

"I tried to treat it as a regular kick. In my mind, I didn't see it as the game," said Rohr of his low, spinning kick that split the uprights and sent half the crowd into delirium.

'We knew we were coming back...if we'd have enough time.

Jeff Rohr

It had been the UPS side's turn to cheer in the first half, when Logger



Jerry Johnson

Jeff Rohr prepares to ground an unidentified flying UPS defensive back. Rohr rushed 36 times for 177 yards, including 12 carries in the final quarter.

Todd deCarteret picked off a soft Skogen pass and raced 52 yards untouched down the sideline for the game's first score.

Puget Sound went ahead 10-0 on a field goal set up by three straight Reimer completions. Coach Hoseth said at that point the Lutes were down on the scoreboard but not down in the mouth.

"Some teams get so emotional to start out that it dwindles," he said. "Our guys really believe the longer we play the better we get."

True to form, PLU came back with an 80-yard drive just before the half, ending in Randy Hamlin's leaping 11-yard touchdown catch.

The Lutes gathered around head coach Frosty Westering before entering the locker room at halftime. "He looked at us and said, "Guys, this is a great game," Rohr said.

Financially, it was also a great game. Sports Information Director Jim Kittilsby said both schools should receive at least \$23,000 apiece.

"That's more money than we'll usually take in in several years," said Kittilsby, adding that PLU alone sold more than \$13,000 in tickets.

The announced crowd of 14,830 was the largest in the history of the 59-

game PLU-UPS series, and was possibly the largest ever for a Lute football game.

A considerably smaller throng will gather in Bellingham tomorrow night at 7:30 to watch PLU tackle a young, inexperienced Western Washington team.

Western has a new coach, Paul Hansen, but has some bad memories. The Vikings have lost 26 of their last 29 games and went 1-8 last year, including a 39-7 thrashing from PLU.

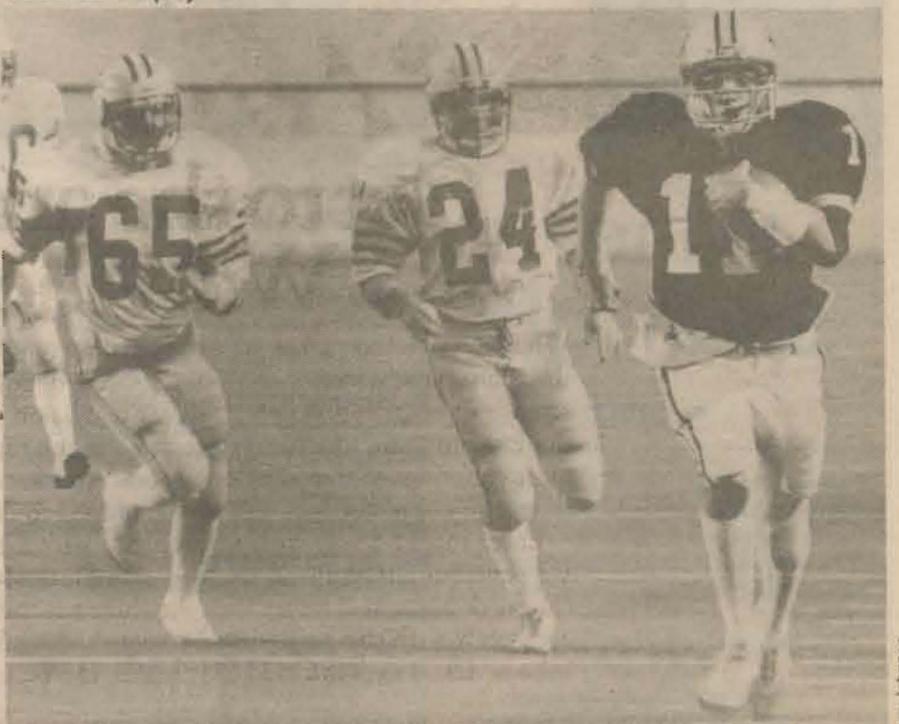
Returning just six starters, Western does have an experienced quarterback to run their pass-oriented, pro-offense, but their injury-riddled defense gave up 30 points last week and may start four freshmen on the defensive line.

PLU 13, UPS 10

UPS 7300-10
PLU 0733-13

UPS — DeCarteret 52 interception return (Beckman kick)
UPS — FG, Thacker 32
PLU — Hamlin 11 - pass from Skogen (Rohr kick)
PLU — FG, Rohr 35
PLU — FG, Rohr 28
Attendance — 14,830 (Series record)
Rushing — Rohr 36-177, J. Johnson 10-22, Speer 4-15
Passing — Skogen 14-26-3, 137 yards, Speer 1-1-0, 6 yards
Receiving — Hamlin 4-43, Speer 3-38, J. Johnson 3-30, Gates 3-21

Below: Gimpy knees and all, Lute quarterback Kevin Skogen turns a busted play into a 22-yard scamper to the UPS 20, setting up Rohr's first field goal. The footsteps Skogen hears are Todd deCarteret's (24) and Joe Ruble's (65).

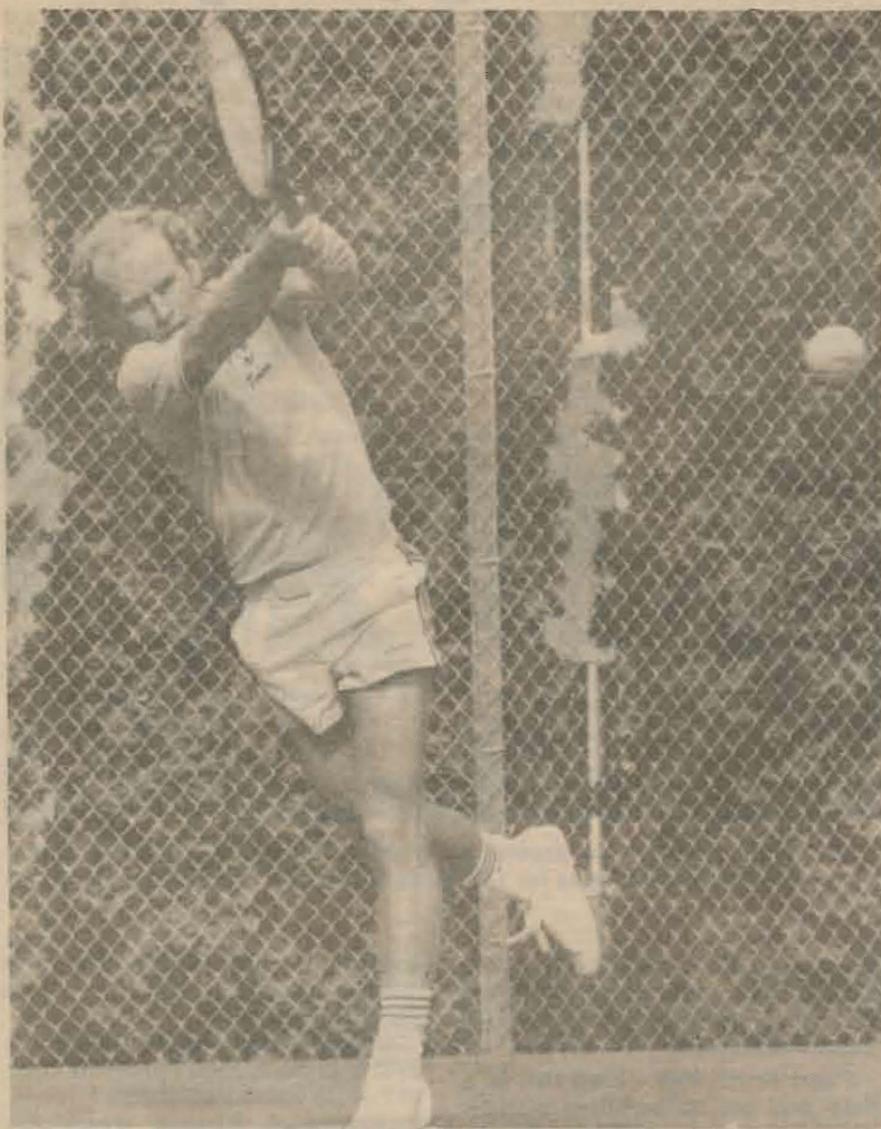


Jerry Johnson



Jerry Johnson

"What a feeling"—the Lutes knew who was number one in Tacoma after Jeff Rohr's field goal capped a second-half second effort. It was PLU's first win over the Loggers since 1974.



Jon Triggs

Jay Abbott, seen here blasting a backhand, is one of the semifinalists in the PLU varsity fall tennis tournament. Earlier this week, newcomer Carolyn Carlson won the women's title by beating Stacia Edmunds, last year's number one player.

Purdy good showing leads Lute runners

By FRED FITCH

Both PLU men's and women's cross country teams began their seasons last weekend, competing in a 13-school invitational meet at Whitworth.

The Lady Lutes made a good showing against tough competition that included some NCAA scholarship schools. PLU placed six of the top 29 finishers.

Kristy Purdy was PLU's top runner, taking fifth overall with a time of 18:56 over the 5,000 meter course.

Senior Anne Jenck was the next Lute finisher while freshman Melanie Venekamp, of Grants Pass, Ore., was the third.

The men's team was handicapped by a flu bug that bit three of its top runners. But even so there was only a

57 second split between the top five PLU finishers.

Sophomore Dale Oberg of Spokane was the first Lute across the finish line. Oberg placed 30th with a time of 26:44 over the 8,000 meter course.

Following Oberg in order were Paul Barton, Dave Hale, Russ Cole, and John Armentino.

PLU cross country coach Brad Moore said it was an important meet because it gave the runners a chance to run on a tough, sandy course. Whitworth will also be the site of the Nov. 5 district meet.

The men's and women's teams now have three weeks of training ahead of them. Neither squad has a meet until Oct. 8, when both will attend the Willamette Invitational at Bush Park.

Rosenbach's career over?

He's been playing football since he was eight-years-old, but now a recently-diagnosed congenital neck defect may end PLU kicker Todd Rosenbach's career.

The 20-year-old junior, who has also played as a substitute defensive back, has been warned by doctors that further football contact could aggravate the injury and leave him paralyzed, according to a *Tacoma News Tribune* article.

Rosenbach says that since junior high school he's believed his condition wasn't that serious, but recent X-rays taken after a lump formed on his neck this fall revealed that he was born with only a portion of one vertebra, according to the article.

This indoor crowd went out of its mind

To quote the old put-down line, "I guess you had to be there." And it seemed like everybody from PLU was.

Last Saturday night, for all Lutes tall and small—yes, even nursing majors—the place to be was the Tacoma Dome, a big blue oasis in a quaint downtown neighborhood that looks like it was recently strafed.

Seldom since the Reformation have Lutherans acted so rampantly rabid. They were screaming, screeching, cheering and jeering—and that was just at the pre-game parties.



...In the Spotlight

By BRUCE VOSS

Lutes came in all colors, but mostly bumblebee black and gold. Freshmen proudly wore their "yellow wave" t-shirts, while a trio from Evergreen Court painted their faces black and yellow. Why?

"That's a good question," one replied.

PLU's cheerleaders, on the other hand, stayed with their pure, pristine



In varying states of exultation are Lute rooters (left to right) Karen Olden, Sherrie Callaham, Carolyn Plocharsky and Robyn Sharp.

white uniforms (Something had to remind us of our "Christian context".) They looked a lot better than the green and yellow clad Logger cheerleaders, who from our side of the field looked like dancing Lymons.

Nearly everyone was oohing and aahing over the Dome, which with its massive wooden crossbeams reminds one of a giant high school crafts project. Don't be surprised, though, if one day the roof caves in from the weight of all that graffiti on the center beam.

Video junkies also loved the technicolor scoreboard. Astute Lutes may've thought it a bad omen when it lit up with "Football Night in

Tacoma" in huge green and yellow letters.

Aside the scoreboard were the traditional signs. PLU's side had ten, all from the Book of Frosty: "Pride, Hustle, Desire," "Total Release," and assorted PMA.

Actually, the biggest sign on the Loggers' side read "Northeast Exit". Their frats, however, did come up with some smaller signs with catchy slogans: "Kill the Lutes," "Nuke the Lutes".

Unfortunately for the Loggers, most of the bombing was done by their own fizzling offense.

Even though many of the Lutes in attendance were not exactly hard-

core football fans, most remained conscious of the game (For a few, just remaining conscious was noteworthy.)

But the game was instantly forgotten whenever PLU's cheerleaders dragged out the little footballs to toss to the crowd. While I have nothing against these cheap inflated pieces of plastic you can take home and throw in the closet, I do think their "distribution" is a bit dangerous.

If Jeff Rohr thought it was rough and tough running up the middle, he should have tried sitting anywhere near where one of those precious footballs landed.

Additionally, our strong-armed cheerleaders were firing misguided missiles all over the place—and unlike Kevin Skogen, they weren't even fighting off a pass rush.

On the field, PLU's offensive machine was initially not as well-juiced as the crowd, and there were a few anxious moments when the Lutes fell behind, 10-0. Someone suggested humming "Onward Christian Soldiers," but most Lutes never really lost faith.

By halftime the confidence had returned, after PLU had finally managed a sustained touchdown drive, igniting the Terrible Teddy Tossing.

As they munched on their 85-cent Vienna sausage-sized hot dogs, most PLU fans probably thought it was just a matter of time before Frosty's troops rolled.

They were right, except the Lutes almost took too much time.

But every good show has a happy ending, and of course the good guys wearing black pulled it out. An uncompromising crowd amended that famous phrase to read: "Winning isn't everything...but it sure beats the (heck) out of losing."