

Travel columnist dishes
on local haunts.

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Women's tennis earns first win
of the season.

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THE MOORING MAST

PACIFIC LUTHERAN UNIVERSITY

APRIL 13, 2012

www.plu.edu/mast

VOLUME 88 NO. 17



Barefoot for a day

Students leave shoes behind for a day as part of shoe company's annual awareness campaign.

Alison Haywood
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"My arches hurt. Like, my feet hurt."
"Walking around on asphalt is no fun."

Such were the reactions of first-years Amy VanCleave and Aiko Nakagawa after walking barefoot around campus all day Tuesday to participate in One Day Without Shoes.

One Day Without Shoes is an event put on by TOMS shoes every April to raise awareness about people around the world who don't have the opportunity to wear shoes, especially children.

The TOMS company has a one-for-one model in which, for every pair of shoes purchased, TOMS donates one pair.

VanCleave said TOMS mostly drops the shoes in South America, but also sends them to Africa and even the U.S.

"I didn't even know that they gave TOMS to people in America, and I can't imagine walking around the streets of anywhere in America without shoes on," said Nakagawa.

VanCleave is a campus representative for the TOMS company.

She said there cannot be an official PLU club since TOMS is for-profit, but there is a group of students who meet on occasion, like TOMS shoes and support the cause.

TOMS has been putting on One Day Without Shoes since 2006 and hit its one millionth pair of shoes sold in 2010, VanCleave said.

"Now it's starting to make a bigger difference because it's catching on. It's like, hip right now," VanCleave said.

VanCleave said the group received 68 pledges in writing and 58 pledges on Facebook, although she estimates 20-30 students actually participated.

"Even though not as many people participated, there are people that were wearing



First-years Samuel Ryan and Amy Scott take a break from playing Frisbee in the sun whilst shoeless April 10. Though not actively trying to participate in the TOMS Day Without Shoes, Ryan and Scott were among many students on campus who chose to forego footwear during the day. Photos by Igor Strupinskiy.

shoes that were familiar with the cause and that knew about it, so it was getting the word out," VanCleave said.

VanCleave said she hopes to make the campaign bigger at PLU in the future.

Nakagawa said she got a lot of strange looks for walking around without shoes.

"It's just been an interesting experience," she said.

'Superstition' still relevant in today's society

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Anthropologists avoid the word "superstition" as though it's a curse.

In a discipline based on understanding human behavior, the word "superstition" implies an egotism by belittling others' beliefs.

"What I believe is religion, what you believe is irrational superstition," said Associate Professor of Religion and Culture Suzanne Crawford-O'Brien.

Instead, anthropologists attempt to examine these behaviors from an objective perspective to understand the reasoning behind them. Why do humans, even in a society of modernity, still practice these seemingly irrational beliefs?

Assistant Professor of Anthropology Steven Thomson said he suspects it has to do with the shortcomings of science and statistics in providing a satisfactory explanation for events that occur. "Magic—in general, everywhere—explains why particular events happen to particular people at particular times," he said.

Thomson used the example of catching a cold. Science may say a person got a

SEE SUPER PAGE 3

Waitlist no more

Student Services to transition into fully electronic registration

Amelia Heath
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PLU students will no longer be able to rely on the waitlist system when scheduling their classes.

Registrar's Office announced in an email April 2 that Student Services will begin to transition away from waitlisting during the next two registration cycles.

Registrar Kristin Plaehn said the waitlist process, which she described as "more manual than it needed to be," is not a good use of time for students or Student Services.

"You fill out the form, it's a manual form you take to student services," Plaehn explained. "They [student services] manually enter all this stuff in and then it comes to our office and we manually check it every couple of days and then send you a manual email, we wait for you to email back." The time spent on this process, Plaehn said, "can be better spent helping

students actually get into classes."

Plaehn added that students often use the waitlist system as a "marker" for classes they want and do not register for other classes in the meantime, which can cause problems with financial aid.

Pacific Lutheran University is the only private university in Washington

state that uses a waitlist program.

To determine how to approach the waitlist problem, the Registrar's Office and Student Services talked with ASPLU and researched how many students used the waitlist and how many of those students actually got into

SEE WAITLIST PAGE 3



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Softball wins two games against Willamette Tuesday

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Job outlook for graduating seniors appears promising as graduation nears

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Madea's brings "Good Times," Cajun flavors to Garfield street, food critic says

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Mooring Mast editors explore allegedly haunted areas around campus

OPINION pp. 12-15

Editorial board reacts to student put through conduct system after challenging definition of theft



WEATHER FORECAST

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
61 41	60 42	66 44	59 45	60 45	58 41	56 41



The Mooring Mast is in a relationship with KCNS.

The Mooring Mast and KCNS, the student television station, are excited to announce the merging of our two organizations in the upcoming school year. In this new partnership we will be able to provide better news coverage for students, especially online. This merger will also allow better opportunities to learn both multimedia reporting and print journalism. We look forward to this partnership and to better serve PLU.

Local psychic shares his gift



PHOTO COURTESY OF KEVIN KNODELL



Psychic and paranormal investigator Hank Stratton does a Tarot card reading Wednesday at Long Ship Trading Goods Too off Pacific Avenue where he does readings every Monday and Wednesday from 12-4 p.m. Stratton says he has always been psychically sensitive, but didn't fully grasp his abilities until 1988. He is the founder of Renegade Investigators of the Paranormal. He makes a distinction between himself and "ghost hunters" in that ghost hunting does not fully respect spirits and instead seeks to draw them out and treat them as novelties. As an investigator, Stratton said he tries to understand and respect spirits and what keeps them in this world, saying "ghosts are people too."

The Mooring Mast

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The views expressed in the editorials, columns and advertisements do not necessarily represent those of the PLU administration, faculty, students or The Mooring Mast staff.

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The Mooring Mast serves as an opportunity for discussion among students, faculty and community members. It encourages growth by acting as a learning lab for students who operate the publication, an educational venture and a service to the community. Our primary goal is to give readers the facts they need to form their own opinions.

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The Mooring Mast encourages letters to the editor. Letters must be submitted to mast@plu.edu by 5 p.m. the Tuesday before publication.

Letters without a name, phone number and class standing or title for verification will be discarded. Letters should be no longer than 500 words in length and typed.

The Mooring Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors.

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BRIEFS

New iPad experiences WiFi problems

Apple recently found several setbacks with its new iPad's wireless connectivity. According to an AppleCare report, many of the new iPad's exhibit Wi-Fi connection problems or the connection being too slow. MacRumors discovered the internal report that refers only to the new iPad and not previous versions, according to report by CNN.

iPad users suffering from these wireless problems took to the internet with their complaints. Bloggers addressed the issues with hundreds of others commenting on the same problem.

The Atlantic Wire suggests Apple has acknowledged a problem might exist, but no public announcement has been made.

Prosecutor moves forward in Trayvon Martin case

George Zimmerman turned himself in to police custody Wednesday after Florida prosecutor Angela Corey announced the state would be charging Zimmerman with second-degree murder in the shooting of Trayvon Martin.

The announcement came more than a month after Zimmerman, a neighborhood watch volunteer, shot and killed Martin, claiming self-defense under Florida's "stand your ground" law.

The law intends to allow people to use deadly force in life-threatening situations.

Zimmerman's attorney, Mark O'Mara, said Zimmerman intends to plead not guilty.

Seven killed during university shooting in Oakland, Calif.

One Goh shot and killed seven people at Oikos University April 2. The former nursing student, opened fire on the campus and later was arrested by the police.

According to an article by the Los Angeles Times, Goh was released from the University due to mental problems and felt frustrated for not receiving tuition back.

Goh began shooting when he was unable to find an administrative worker. At one point, he lined up students to be shot one by one. He was later apprehended at a nearby grocery store.

Goh will await trial after being charged with seven counts of murder and three counts of attempted murder.

Americans spend most on housing, survey says

The average U.S. citizen spends most of his or her money annually on paying for rent and mortgages, according to 2011 federal data.

The data, analyzed by NPR, illustrates U.S. citizens spend almost 31.5 percent of their money on rent or mortgages along with groceries, which follows at 8.6 percent.

Other top expenditures for U.S. citizens include health care at 6.4 percent, eating at restaurants at 5.7 percent and gasoline at 5.3 percent.

Briefs compiled by Amanda Brasgalla and Amelia Heath.

WAITLIST CONTINUED FROM PAGE 1

the classes they waitlisted. According to Plaehn, 126 students waitlisted classes for the fall 2011 term. Of those students, Plaehn said, only those who were at the top of the list or, sometimes, second from the top were placed in the classes they wanted.

Students will still be able to use the waitlist for religion and science classes, but only two spots will be available on the waitlist for each class.

Depending on the rules in each department, faculty will still be allowed to sign students in after a class has closed. However, Plaehn encouraged faculty to let the "natural registration ebb and flow get through a little bit before they start doing that" because if other students drop the class, the student may be able to register on his or her own.

Plaehn said the goal for the upcoming years is to encourage students to better plan their upcoming semester. By the beginning of next year, Student Services will have advising guides available for each division's major and minor programs.

Students can also use CAPP and the What If function on Banner to plan out their schedules.

"It does put a little more responsibility on the student," Plaehn said, "but I think most of our students are perfectly capable, especially with everything that's available on the web now. I mean, you can do it from your phone."

SUPER CONTINUED FROM PAGE 1

cold because of exposure to viruses; statistics may say that everyone catches a certain number of colds per year; but magic, superstition or spiritual beliefs might say getting sick was a result of getting in a fight with a neighbor.

Many religious beliefs, whether mainstream or marginalized, also encourage people to do good things.

For instance, variations on the belief of the Evil Eye exist throughout North

Africa, the Mediterranean and Latin America. These center around the idea that if a person looks at an item of value in a certain way, whether it be a nice house, expensive belongings or a healthy baby, that admiration will curse the item and a ritual must be performed to keep harm from coming to that item.

Professor of Anthropology Elizabeth Brusco said these beliefs are mostly found in poor areas and are caused

by people worrying about their neighbors envying them. By creating a social taboo around envy, people are discouraged from eyeing others' belongings. This social construction encourages people to be content with what they have.

Thomson pointed out the irony in rejecting, for instance, an African shaman divining from the innards of a chicken who tells his followers to be nice to people, yet accepting the same advice

from a priest who says to do it because Christ said so.

"You got to exactly the same point, but on one side you call that superstition, on the other side you call that being a good Christian," Thomson said.

Although modern society values rationality, Thomson said humans are irrational beings and Friday the 13th provides an opportunity for us to talk openly about the things we are not rational about.

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Post-graduation opportunities look brighter

Nick Neely
NEWS REPORTER
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With unemployment going down in the U.S., Pacific Lutheran students are starting to see their chances of post-college employment go up.

There will be a 10.2 percent increase in hiring of recent graduates this year, career counselor Dawn Clark said.

The U.S. unemployment rate fell to 8.3 percent in February, the lowest it has been since the recession first hit. The unemployment rate of college graduates older than 25 remains at 4.2

percent, according to U.S. unemployment data.

Wages are rising as well. The median wage for first-time jobs after graduation is \$42,569 per year, which is 4.5 percent higher than last year, according to the National Association of Colleges and Employers.

Usually, smaller companies begin to hire for growth when the economy starts bouncing back, causing them to hire a disproportionate amount of recent graduates, Clark said.

Clark works for Career Development at PLU, which helps students with interviews, resume writing,

choosing a major and applying that major to the work force.

"Finding a job is still a full-time job," Clark said.

"It's not about placing someone into a position, it's about developing those lifelong job-searching tools that not only help you get that first job ... but help you get the next job after that," Clark said.

Clark advised students not to pick a major based on its "attractiveness" to employers. Students who enjoy their major are more likely to excel than those who don't, Clark said.

Clark said it's also never

too early to start planning ahead.

"Make it a part of your week to start planning for post graduation now," Clark said.

Clark said networking is an underappreciated part of the job-searching process. It is just as important as the work experience on the resume.

"Job searching should

be ten percent looking for a job and ninety percent networking," Clark said.

When employers are looking to hire recent graduates, they will very often check applicants' Facebook pages. Clark said you are doing yourself a disservice if you don't manage your privacy settings.

"Finding a job is still a full-time job."

Dawn Clark
career counselor

Warm weather grants students access to the outdoors

Sophomore Luke DeDominices plays the marimba outside of Mary Baker Russel Music Center when the sun finally decided to show itself Saturday.
Photo by Ben Quinn.



PACIFIC LUTHERAN UNIVERSITY
VISITING WRITER SERIES

Reading, 7:00 PM
University Center Regency Room
Wednesday, April 18

Bear Down Bear North
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UC Davis Maurice Prize in Fiction

Author Melinda Moustakis
PLU Visiting Assistant Professor
Master of Arts, UC Davis
PhD English & Creative Writing, WWU

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Publishers Weekly (starred review)

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Book provides insight into the other side

PLU professor, co-author explain communication with deceased loved ones

Kelsey Hilmes

A&E REPORTER
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Everyone wants to know what happens after they die. Everyone wishes they could hear from their loved ones just one more time after they've passed away.

Associate Professor of Dance and co-author of *Live from the Other Side* Maureen McGill says it's not impossible.

Live from the Other Side is a book of real life accounts of ways to connect with the deceased. McGill and co-author Nola Davis published the book in 2010.

In the book, McGill explains that intuition plays a key role in connecting with the afterlife.

"I believe that everybody has that intuitive feeling," McGill said. "It's about paying attention to the gut feeling in your heart."

They said they hope the stories will help people resolve their grief after losing a loved one and help readers connect to the other side. *Live from the Other Side* tells us our deceased loved ones are here and not just in the body.

"It's a book that we feel helps people to know that our loved ones are with us," McGill said.

Davis has 30 years experience in the healthcare industry, mostly with seniors in the final years of their lives. Both authors have experience in the intuitive and healing arts.

The book contains 38 stories about receiving messages from loved ones after they've died. The stories were volunteered by a variety of people including engineers, policemen and retirees who had heard about the book. These people came forward hoping to confirm the messages they received were real.

Many of the messages described in the book are

"It's a book that we feel helps people to know that our loved ones are with us."

Maureen McGill
Associate Professor of Dance and author of *Live From The Other Side*

received through smells, dreams, voices and electronics. People might smell the perfume of a loved one, hear their voice or hear their song on the radio. Sometimes they meet their loved ones regularly in dreams.

Davis said dreams are the most common way of connecting with the other side, according to about 65-70 percent of instances.

"When we dream we're relaxed, more open. Our conscious mind isn't sitting over us saying 'that can't be,'" Davis said.

The second-most common way of receiving a message is through electronics. *Live from the Other Side* explains this may be because all living



PHOTO COURTESY OF KALI RAISI.
Authors Maureen McGill (left) and Nola Davis (right) wrote *Live From the Other Side*.

things are made up of energy, and that energy is easily transferred into electronics when the departed want to get our attention.

Could it be that these messages are just our imagination?

McGill said faith is an important factor.

"The only way we know is if our heart felt a certain thing when we received the message," McGill said.

According to *Live from the Other Side*, people often deny the message or refuse to validate it. They might convince themselves it's a coincidence or brush the message off. Many people don't receive messages because they simply close themselves off to them.

"Some people's grief holds them and almost becomes like a wall between them and that person," Davis said. "It's not until they can let that grief go that they can open themselves up to the fact that they didn't really lose that person."

If you want to receive a message from a loved one, McGill suggests setting your intentions on connecting with them.

"You have to talk to them like they're here and they'll come through," McGill said.

The book warns readers to be clear about the kind of message that you want to receive. In one story, the lights flickered on and off, which scared the recipient of the message.

In Davis's experience the closer you were to the loved one on the other side, the longer it takes to receive a message from them. McGill said many cultures say contact with the departed occurs about one year after their death.

"It's like having a friend that you want to call you," Davis said. "When the time is right for both of you, the connection will come."

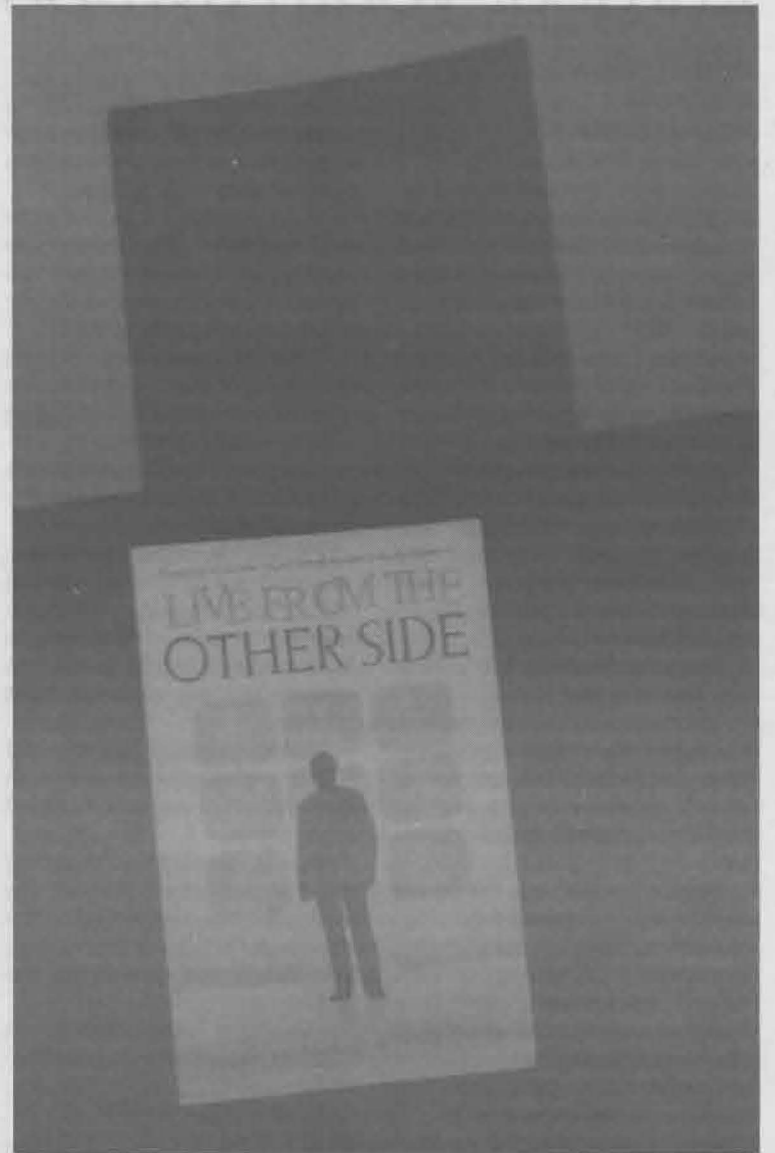


PHOTO BY JUSTIN BUCHANAN

Live From the Other Side tells 38 stories of real life accounts of people receiving messages from deceased loved ones. Authors Maureen McGill and Nola Davis hope these stories will help people move forward from their grief after losing a loved one.

Readers have given the book positive reviews. Out of 10 reviews on Amazon.com, eight of them gave the book five stars. Two others gave the book four.

"This book is a true gift to humanity," one review said. "In times that can be confusing and unsettling, *Live From the Other Side* provides hope and inspiration to those who wonder if there is another dimension after this one."

Live From the Other Side is available at the Garfield Bookstore, Amazon or the Kindle for \$12.

Film critic haunts top five horror movies

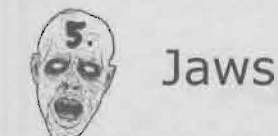
Courtney Donlin

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Nothing goes more hand in hand with Friday the 13th than horror movies.

Some films stick out in audiences' minds for years, scaring them well into old age.

A few are too legendary to go unnoticed, especially these top five.

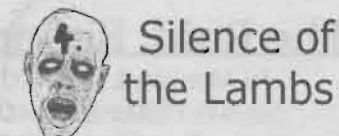


5. Jaws

Based on the novel by Peter Benchley, the 1975 film *Jaws* ruined beach trips for years. The film, which earned \$7 million during its opening weekend according to the Internet Movie Database, created a villain out of a monstrous great white shark.

There's something innately horrifying about innocently

swimming along only to become a gruesome snack for a creature that cannot be reasoned with.



4. Silence of the Lambs

Is there anything creepier than a serial killer wearing his victims' skins? How about an eloquent cannibal with renowned skills as a psychiatrist?

The 1991 film *Silence of the Lambs* combines both. The plot follows FBI Special Agent Clarisse Starling on a manhunt for a serial killer known only as Buffalo Bill.

To help track Buffalo Bill down, Starling seeks help from former psychiatrist Hannibal Lector, who is imprisoned for cannibalism.

Hearing Lector whisper, "Hello Clarisse," can send shivers down anyone's spine.



3. Suspiria

The first of Italian director Dario Argento's *The Three Mothers* trilogy, the 1977 film *Suspiria* follows an American ballet student to a German dance school with downright eerie teachers and a mysterious past.

Suzy Benner, the protagonist, arrives at the prestigious academy and is immediately affected by the strange atmosphere.

Benner falls ill, faints during class and is prescribed a daily glass of wine to deal with the stress.

Meanwhile, students are disappearing with no explanation.

Argento is a master of anticipation and *Suspiria* is arguably the best example of his skill.



2. The Evil Dead

If B-list horror movies ever earn respect, it will be because of cult classic *The Evil Dead*.

Bruce Campbell stars as Ashley Williams, otherwise known as Ash. Ash and four friends visit a cabin in the woods and find a flesh-bound book called the Necronomicon and an audiotape of a mysterious stranger reading from the book.

The group plays it, inviting an ancient evil into their company. One by one, they become possessed and turn into evil deadites, insane and murderous shells of their former selves.

This horribly cheesy but absolutely unforgettable 1981 film spawned two sequels, *Evil Dead 2* and *Army of Darkness*.



1. The Exorcist

William Peter Blatty said in an interview with National Public Radio that he never meant to scare anyone with his novel *The Exorcist*.

Despite his intentions, the 1973 film inspired by his book has become practically synonymous with horror. When Regan MacNeil, the daughter of a Hollywood actress, becomes possessed, a priest in the middle of a crisis of faith is called to save the day.

Before poor little Regan is saved, her head spins around, she spider-crawls down a flight of stairs and spews pea soup, among other unsavory atrocities.

The Exorcist was banned in the United Kingdom after its debut. One moviegoer even fainted and consequently broke his jaw, according to the IMBD. Imagine what Blatty could do if he had intended to scare people.

Norwegian youth perform at PLU

Largest youth symphony plays lighthearted folk tunes

Alison Haywood
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Scandinavian sweaters dotted Lagerquist Hall April 3 at noon as an elderly audience waited in anticipation for the concert to start.

Chair of Strings Svend Rønning introduced the performers as the Ung Symfoni, a youth symphony from Bergen, Norway on a tour of Western Washington region.

The strings tuned up. The conductor took the stage and introduced the program, which consisted largely of Norwegian folk music.

Then he opened his mouth and began to sing.

With characteristic quirkiness, conductor Kjell Seim introduced each orchestral arrangement of folk tunes by belting out the melody, singing in his native tongue.

Seim is one of the most demanded conductors in Norway.

Øyvind Andersen, who helped organize the Ung Symfoni tour, described Seim as "a very untraditional, colorful character," and said Seim was respected professionally.

Seim's antics elicited snickers from the audience.

Violinist Joachim Grimstvedt said, "He's strict. He knows exactly how he wants it to sound," but that he was also fun

to work with.

The Ung Symfoni is a prestigious audition-only orchestra of high school students from the area near Bergen.

The average age of the performers is 20. The group tours every two years and has performed once before at Pacific Lutheran University in 2004.

Rønning describes Bergen as Norway's New Orleans due to its importance in Norwegian culture.

Many well-known composers came from Bergen, most notably Edvard Grieg.

The Ung Symfoni's repertoire consisted of a mixture of classical and folk music, although Rønning said Norwegians don't make as much distinction between the two genres as most cultures.

Violin prodigy 20-year-old Eldbjørg Hemsing toured with the symphony and since started a solo career.

She is famous in Norway and has performed all over the world. She also performed on the Hardanger fiddle, a Norwegian folk instrument similar to the violin.

"You can only find it in Norway, so it's an absolutely unique instrument," Hemsing said of the Hardanger fiddle.

The Hardanger fiddle differs from a violin mainly in that the body is convex, it is covered in ornate decorations and there are four resonance strings beneath the normal strings, which vibrate



PHOTO BY BEN QUINN

Renowned in Norway for her skill and musical versatility, Eldbjørg Hemsing (left) plays the violin to accompany rest of the Ung Symfoni on the piece "100 Folk Tunes from Hardanger" during the April 3 concert at Lagerquist Hall. Norway's largest youth symphony, the Ung Symfoni performs this piece written by Geirr Tveitt as part of their tour around several schools in Washington. Tveitt collected what he claimed were thousands of unknown folk tunes from the Hardanger district of Norway and used them to compose the opus played by the Symfoni to a crowd of about 100 people.

and provide harmony when certain notes are sounded.

"It's sort of the stringed instruments' version of the bagpipes," Rønning said, likening the resonating strings to a bagpipe's drone.

Hemsing also presented the 14th annual Bjug A, Harstad Memorial Lecture in the Scandinavian Center April 5, entitled "The Hardanger Fiddle and the Violin: Two Instruments, Same Inspiration."

Hemsing performed on a Guadagnini violin from 1754 and a handmade Hardanger fiddle.

When asked the value of her instruments, she said, "They won't even tell me, which is probably for the better."

Hemsing performed challenging repertoire on the violin with virtuoso technique that impressed audience members at both concerts.


"You don't very often in life get

to see someone in that intimate of a setting of such virtuosity," said community member Steve Schmidt at the Harstad lecture.

While the Ung Symfoni mostly performed folk tunes with lighthearted themes such as gossip and drinking, the last piece was a classical "Fanfare and Choral" by Hovland.

This final fanfare brought most of the elderly audience sluggishly to their feet, knitted sweaters and all.






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The Raid: Redemption (R)
Fri, Mon, Wed: 1:45, 4:00, 6:30, 8:50
Sat-Sun: 11:30am, 1:45, 4:00, 6:30, 8:50
Tues, Thurs: 4:00, 8:50

Jeff, Who Lives at Home (R)
Fri, Mon-Thurs: 2:15, 6:55
Sat-Sun: 12:00, 2:15, 6:55

Jiro Dreams of Sushi (PG)
Fri, Mon-Thurs: 1:30, 3:45, 6:15, 8:15
Sat-Sun: 11:45am, 1:30, 3:45, 6:15, 8:15

Salmon Fishing in the Yemen (PG-13)
Fri, Mon-Thurs: 1:55, 4:15, 6:40, 9:00
Sat: 11:40am, 1:55, 4:15, 6:40, 9:00
Sun: 11:40am, 4:15, 9:00

For showtimes, trailers,
synopses and all things Grand...

Foodie on a mission: Anonymous food critic takes a bite of Cajun at local restaurant



from the open kitchen while sitting at the tables. Although it doesn't have the speed of fast food, Madea's lets you take the time to catch up with friends and enjoy the atmosphere of home cooking. Relax and listen to Adele playing in the background, using the time before the satisfaction of eating to socialize.

Prices for most of the menu items range between \$5-10, which is perfect for the average collegestudent. If you're looking for popular Louisiana dishes, try jambalaya on Wednesdays or one of the Po'boys any other day. My suggestion is the Catfish Po'boy. The first bite will hook you with the initial punch of the signature catfish seasoning. Served on a fresh, lightly buttered French bread, this dish gives some spice to a normal sandwich. Light and crispy, the catfish blends well with the slight tang of grain mustard and mayonnaise. Each bite keeps you wanting more and more, resulting in a very full stomach.

Madea's offers a delectable change in cuisine but it also gives you an excuse to spend time with those you care about. Make sure you come to Madea's with some time on your hands. Cooking every order fresh requires more time, but it will be worth it in the end. So grab your friends and with "Good food and good friends" fulfilled and look forward to good times at Madea's.

Marzano's, the colorful painted windows of Madea's invite customers with true southern style. The sign next to the register says it all: "Good Food, Good Friends, Good Times." As you walk in, a hint of frying oil and Cajun spices wafts from the kitchen, arousing the curiosity of your taste buds. Across from the tables, a simple state map of Louisiana's major football teams shows its state pride. Customers can watch their orders being prepared

Food is all about whom you share it with. According to celebrated food critic M.F.K. Fisher, "sharing food with another human being is an intimate act that should not be indulged in lightly." Those who believe this statement can find their calling at Madea's Cajun Café. The Louisiana-style cooking on Garfield Street will make any Southern comfort food aficionado feel at home.

Across the street from

Food Network Fanatic's menu suggestions

restaurant rating



Comfort Collegian

2 piece fried chicken with rice and a roll

about \$6

serves one

Taste Bud Explorer

Fried Seafood Platter (Fried entrée including shrimp, catfish, frog legs and alligator)

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Language causes broken legs and skulls

Columnist warns about superstitions in the theater world

Alex Domine
A&E COLUMNIST
domineac@plu.edu



Let's say you want to ruin an actor's life.

There are a lot of ways to sabotage a performance. You don't even have to touch anyone.

The curses of the theater are powerful.

They can effectively ruin a potentially brilliant performance, injure a performer or even kill them.

Dare I say "Macbeth" on opening night of a big production? I might as well throw a prop at myself and bid farewell to

a promising career.

In the theater world, saying the word "Macbeth" can make even the most grounded thespian shiver in his or her jazz shoes. It brings about an unstoppable force of bad luck.

The origins of the superstition have been long debated by my actors. Many of the superstitions require that you believe in witchcraft. A common tale is that Shakespeare hexed the play so that no one could ever direct it like he did.

There are other tales, such as the possibility Shakespeare took the title from a coven of witches who were disappointed with the final product.

Similarly, some say that the witches cursed the show because the original



PHOTO BY JACK SORENSEN

In every theater, a ghost light is lit when the last occupant of the theater leaves. The superstitious history of the ghost light varies upon who you ask, but the universally-accepted practical reason is to keep the theater lit and safe for the first occupants who enter the following day.

props master stole from the coven.

If you're an aspiring actor, don't mess with a witch.

Another popular superstition among thespians is the spell that is cast if you wish an actor "good luck" before a performance. Instead they say "break a leg."

Again, you might as well huck a backdrop at them yourself. This superstition also has many origins.

Some believe that the term came from the tradition of audiences throwing money on stage after a performance. The actors then needed to 'break' the position of their legs to pick up the money.

Similarly, some believe that the term is a reference to the curtains.

The curtains are referred to as 'legs' in actor lingo.

If a performance was so breathtaking that the audience demanded multiple bows, the opening and closing of the curtains would cause the 'legs' to 'break'

Dancers, however, never say "break a leg" due to the distinct possibility of it actually happening. Instead they say "merde," a French expletive.

There is a lot of witchery going on this week with the foreboding Friday the 13th among us.

I implore everyone to exercise caution in the theater when dealing with witches, curtains and Shakespeare.

Unless your archnemesis is an actor, you better watch your language in the Eastvold Auditorium.

Tacoma residents starving for *The Hunger Games*



PHOTOS BY IGOR STRUPINSKIY

LEFT: Spanaway resident Sophia Struna, 11, shoots a bow during the *Hunger Games* party at Garfield Book Company at 6 p.m. March 22. "It brings it closer to life," Struna said. **RIGHT TOP:** Local resident Clara Sodon, 12, gets an airbrush tattoo at the *Hunger Games* party. **RIGHT MIDDLE:** Carina Knutson, a local resident, gets her face painted. Party attendees could get their faces painted, hair dyed and try foods all for free at the party. **RIGHT BOTTOM:** Many local kids attend the *Hunger Games* party at Garfield Book Company. "It's pretty awesome, but I'm scared the movie will ruin the books," Clara Sodon said (right).

In a place as old as Pacific Lutheran University, paranormal activity is unsurprising, if not expected.

Following numerous reports of ghosts and other paranormal entities in various buildings at PLU, several editors of *The Mooring Mast* decided to do our own investigations.

Inspired by popular shows such as SciFi Channel's *Ghost Hunters*, Copy Editor Reno Sorensen, Photo Editor Emily Biggs, News Editor Amelia Heath and Focus Editor Jack Sorensen split into teams and investigated Stuen Residence Hall, Harstad Residence Hall and Eastvold armed with EVP recorders, cameras, flashlights and video cameras.

What is an EVP?: Electronic Voice Phenomena. According to most paranormal researchers, spirits communicate with us at low frequencies. Sometimes the human ear can catch whispers and words, but a common recording device can provide us with evidence we can't hear at the time.

Head online to *The Mooring Mast* to hear our EVP recordings.



RENO
the sleuth



EMILY
the chicken



AMELIA
the medium



JACK
the childhood fanatic

The following are our findings...

GHOST HUNTERS

PLU

UNIVERSITY CENTER



THE REPORTS: Custodian Peggy McKenna shared her numerous accounts of reported paranormal encounters with us. During her 16 years at the university, she and her coworkers have encountered a presence in the UC they refer to as "Virgil."

Per McKenna's story, a PLU staff member named Virgil died in the kitchen of the old building, prior to the recent renovation. Before the remodel, McKenna said she frequently interacted with Virgil while she was cleaning the restrooms. When she was in the men's, Virgil would enter the women's bathroom and "slam the doors." When McKenna would investigate, only to find the bathroom empty, she said she would say, "It's okay Virgil, it's only me."

The encounters occurred almost on a nightly basis, but McKenna said as soon as she would speak to him everything would stop.

McKenna's encounters with the man included seeing a shadow figure standing in the UC.

Though activity has decreased since the remodel, McKenna said she had an experience with Virgil during the most recent spring break.

"He hasn't left, but he doesn't come out as often anymore," she said.

STUEN RESIDENCE HALL



THE REPORTS: Students who venture into the basement of Stuen to utilize the game room, do laundry or store their bikes have heard and seen strange things - lights that turn on and off at long intervals by themselves, thuds and bumps that seem to come from somewhere other than the building settling and sometimes the voices of a girl or young man when no one was there.

According to PLU legend, a student committed suicide in the Stuen bike room, and activity has been reported in the bike room, the attaching laundry room and the hallway.

Current Stuen resident Darien Upshaw avoids the basement at all costs. He said he was walking down the hall once when he heard a man's voice from the other end. He turned and walked toward it, thinking he heard someone in the game room. There was no one there. Upshaw said he then heard a voice at the other end of the hall, and the lights went out. He ran, and hasn't returned since.

Former resident David Nguyen told us of a harrowing experience he had last year. While folding his laundry, the room lights went out and he heard what he described as a young girl's voice laughing

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HARSTAD RESIDENCE HALL

THE REPORTS: Although paranormal activity has been rumored throughout Harstad, including disembodied voices and phantom door knocks, "the pillow room" is the most widely cited location for paranormal activity.

Named for the items Conferences and Events stores in the room, including pillows, blankets and cleaning supplies, the room was reportedly the location of a student suicide around five to six years ago. Since the alleged suicide, the room has been used for storage, students report.

OUR FINDINGS, written by Amelia Heath: The Harstad pillow room is probably one of the most claustrophobic places I have ever been in. The floors and walls are stripped bare and the room is filled from floor to ceiling with blankets, pillows and cleaning supplies.

When I first stepped inside the door I almost poked my eye out on the end of a mop handle sticking out of a janitorial cart. Part of the east side of the room has been divided off

with a plywood door to store pillows in, while the main area and what I assumed to have once been a closet mostly contain stacks of blankets.

A wall on the south side of the room is lined with metal shelves holding soap and lice shampoo. Not including the space between the shelves on either side of the closet, there are about 16 square feet of clear floor space to stand in.

My first time inside the pillow room, I sat with my back to a stack of blankets, as far back in the main area of the room as I could be, with Emily Biggs sitting across from me with her back toward the closet entrance.

After Emily and I "introduced ourselves" to the room and any supernatural inhabitants that might have been there, I asked if there was anyone who wanted to make their presence known to us. I asked for a noise or a shadow or flash of light that we would know was a spirit making contact with us.

I got no response except for one draft of cool air across my left arm. Emily quickly became uneasy,

though, so we left to take a break from that room and explore other areas on campus.

I had low expectations going back into the pillow room after my first uneventful session with Emily. After I turned the lights off and moved to where Emily had been in front of the blanket closet, though, I felt a heavy weight coming down on me and almost pushing me toward the closet.

I moved into the closet after a while and asked if there was anyone in the closet with me. Though I received no audible response, the weight I felt increased. I continued to try to "chat up" whatever might have been in there with me, asking if there was some sort of significance to the closet and revealing that I, too, live in Harstad.

Shortly after, I felt something like cold hands gripping the backs of my arms. I asked if someone had just touched me and, again, I felt cold hands gripping me.

I wouldn't say I felt anything unnerving or malicious when I was in there, but I felt a very heavy, very sad presence.

EASTVOLD

THE REPORTS: Ghostly presence in Eastvold is an undisputed understanding for the Pacific Lutheran theatre community, accepted by students and faculty. Years of students have reported the presence of a spirit on the mainstage, in the audience and underneath the stage, most frequently seen in the upper-left corner of the balcony, whom the department refers to as "Matilda." Experiences range from a figure standing or sitting in the balcony, a "pair of eyes" seen in the same location, as reported by custodian Peggy McKenna and unexplained sounds throughout the space.

Recently, several students have reported a new presence in the brand new black box studio theatre. The first student to encounter the new ghost reported him as a male, appearing in shadow forms in the studio and on the mainstage. The source described the entity as "threatening."

According to popularly accepted paranormal research, entities that appear in shadow forms are usually more malevolent than lighter apparitions. Additionally, spirits that only surface after renovations are often angry or disturbed.

TEAM 1 FINDINGS, written by Jack Sorensen: Amelia Heath and I were able to spend two evenings conducting research in Eastvold. Our first-night experience on the mainstage returned nothing, but our experience in the studio was harrowing, to say the least.

We placed two chairs center stage and spend two hours conducting an attempted EVP conversation with any spirits in the space. Results came quickly.

There are two kinds of hauntings, as described by researchers: residual, where a spirit simply goes about its habits in space, unaware of any living people, and intelligent. Intelligent entities can interact and communicate with the living.

What we found in the studio was very intelligent.

Throughout our conversation, we received many responses on cue. When we would ask for a sign of a presence, which we felt was masculine, we would get a knocking or tapping sound somewhere in the space. When we didn't ask, it was silent.

We couldn't begin to imagine what proceeded. We soon moved into an active, intelligent question-and-answer session with the entity. Amelia or I would pose a yes-or-no question, and ask for corresponding knocks. On one question we would get a knock after we said "knock if you answer yes." In another, we would receive the same response after the "no" option.

It seemed the deeper we delved into our conversation, the more active the presence became. We soon began to see a tall, dark shadow moving around locations in the studio theatre: always the stage right wing, the top of the stairs and the stage left wing.

At one point, Amelia and I saw the dark shade pass in between two curtains in the stage right corner of the space. Stunned, I asked the spirit to move again. When conducting an investigation, it is important to constantly ask for signs and signals.

Shockingly, the shadow passed behind the curtain again, in the opposite direction.

At this point in the night, Amelia began to feel as if she was being prodded, and I could have sworn my pant leg was tugged while I was seated.

We later saw the shadow again, this time in a prop doorway. When Amelia asked for another sign, I informed the spirit we were watching the door. I then saw the same shadow duck out from behind a nearby curtain, then hide again, like it was peering at us.

Following analysis, we collected many possible EVP

recordings the first night, including breathing sounds in the microphone, rattling and the most hair-raising, audio recordings of a man's whisper saying "no way." At one point in the evening, we asked the spirit if he thought we were funny. EVP picked up a "yes" answer. Following extended silence, we later asked the spirit if he was still in the space.

"Yes I am," the EVP recording told us.

Our experience the first night was pleasant, and we believed we had encountered a mischievous, though safe, spirit.

Our encounter the second night was not so positive.

Amelia and I began our second night in the studio theatre, hoping for the same experience as last time. Within five minutes, however, we both began to feel incredibly uneasy. We asked for signs of the spirit's presence, and received no response until the fifth time we asked, to which we received a loud knock on the stairs to my right, Amelia's left.

I began to experience incredibly negative feelings, and finally described a feeling I could only call "threatened." Amelia said she felt the same way. Respectfully, we asked the spirit to give us a sign if he wanted us to leave.

I immediately heard a tapping on the wall, though Amelia said she didn't hear anything. So she asked again.

What came next was the single most unnerving moment of my life.

After she asked for a sign, I heard a whisper to my right clearly saying "out." I told Amelia, and she said she didn't catch it. So she asked for another sign.

Sure enough, to Amelia's left she heard the frightening word: "out." We heard the same thing.

We immediately packed up our things and headed to the mainstage, where we met up with Reno Sorensen and Emily Biggs.

Amelia's and my experience on the mainstage in Eastvold was much less active, though we still had an interesting time. At one point we saw the reported light in the balcony and heard footsteps stage right. When the two of us went to investigate, we simultaneously witnessed a small red ball of light appear and dance about for approximately two seconds. I figured the light was a 'floater' or some other sort of vision problem on my part, but when Amelia said she saw the same thing I imagined it had to be more than that.

TEAM 2 FINDINGS, written by Emily Biggs: Reno and I ventured into Eastvold's main stage later in the evening and set up our equipment mid-stage. We positioned ourselves so we were sitting facing each other, enabling us to see 360 degrees. The sound of settling and gentle jingling filled the air in the old building as we awaited a sign from the theatre ghost(s).

Reno and I asked questions, challenged it to make itself known with a noise or movement, but we got nothing.

It wasn't until later in the evening when we returned with the rest of our team that I truly felt a presence in the theatre. As I sat on stage, I looked up to the balcony and saw a flash of red light adjacent to the green exit sign. I was paralyzed for a split second, then gained enough composure to ask Reno if he saw it, to which he replied no. Finally, a tangible sign that I witnessed with my own eyes.

I entered the building having previous encounters with Matilda being a theatre student and actor, and had no hesitation when approaching the stage. Within minutes, Reno exclaimed that he too saw the same sort of luminescence coming from the upper left balcony.

[Head online to hear our EVPs.](#)

Wandering sole: *big world, small budget*

Test luck with spooky local travels

Jen Jepsen
GUEST TRAVEL COLUMNIST
jepsenjk@plu.edu



If you'd like to test your luck on Friday the 13th, try visiting some of the local hotspots known for their

spooky sides.

There are several haunts from Tacoma to Olalla that could shock you with their illustrious histories.

Seattle is surprisingly in touch with its ethereal side and there are several tours throughout the city and underground that hit local haunts.

To start, check out the Northwest Museum of Legends and Lore, formerly known as the Museum of Mysteries, to see the paranormal science exhibits and other oddities. Admission is by donation and the museum offers the cheapest ghost tours in town. It costs \$5 for a history of Seattle's most famous ghosts and a walk to visit the most haunted places in town.

For the rogue ghost hunter set on doing his or her own

search, visit Pike's Place after hours, where the ghost of Princess Angeline, daughter of Chief Seattle, reportedly lingers. There are several stories from tourists and local vendors alike of an old Native American woman selling flowers or walking around the market, only to vanish when they try to speak with her.

Most reports have found her in the flower-selling section of the upper level and occasionally in the hallways of the lower levels, though no one yet has been able to meet her since her death a hundred years ago.

Nearby, Kells Irish Pub in Post Alley offers a chance for an even spookier experience as you dine in the basement of what used to be the Butterworth mortuary.

It now serves traditional Irish fare at good prices, but was once the resting place of more than 1,500 children who died during the flu pandemic of the early 1900s.

If that's not enough to set your hair on end, a half hour

drive to Olalla can bring you to Starvation Heights. Once a sanatorium, the aptly-named Dr. Hazzard administered a "fasting treatment" to patients and allowed them to starve.

Once dead, Hazzard stole their assets and buried them outside, planting trees over their graves. More than forty people died before she was caught. The trees still stand around the house.

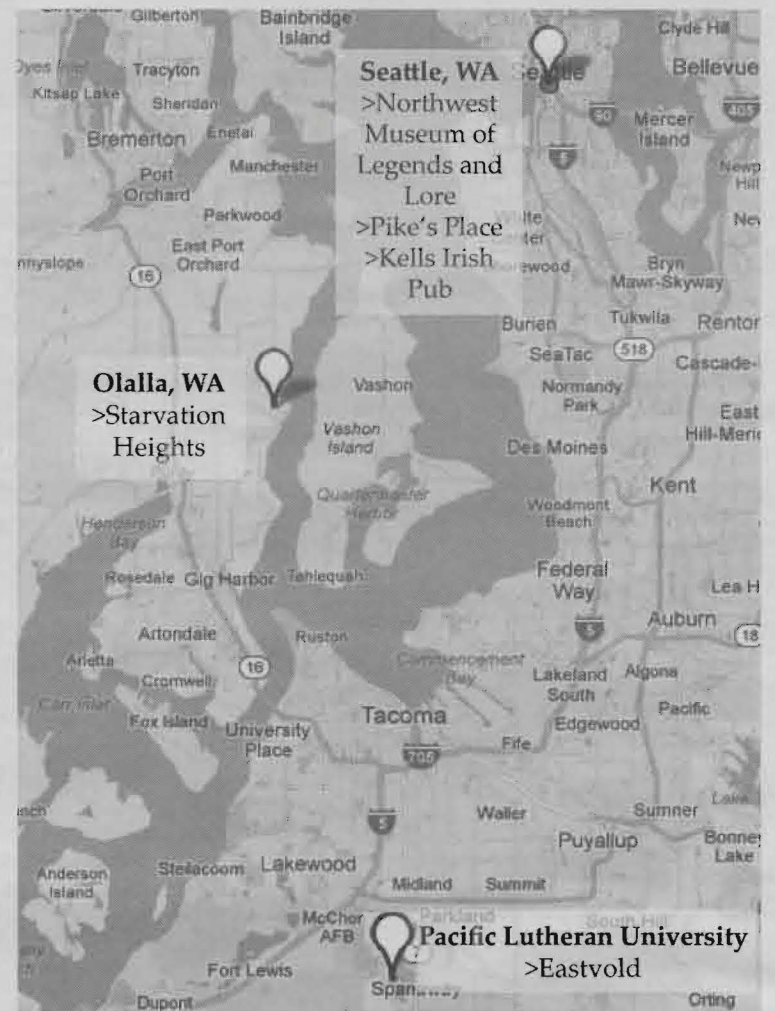
Closer to home, Eastvold has its own reported ghosts in the theater and chapel.

Try your luck at the local haunts to see if you can catch a glimpse of supernatural.

With today's added unluckiness, you might just find yourself face to face with the unknown.

Jen Jepsen is a senior English major at Pacific Lutheran University officially diagnosed with a bad case of wanderlust. Aside from travel and photography, her pastimes include dancing, hiking, Bananagrams and being vegetarian.

There are several haunts from Tacoma to Olalla that could shock you with their illustrious histories.



Local spooky destinations to visit Friday the 13th include Starvation Heights in Olalla, Pike's Place in Seattle and Pacific Lutheran's Eastvold chapel.

Alter US outsourcing

Bring back jobs, benefit economy

Paula McFadden
OPINION COLUMNIST
mcfaddpc@plu.edu



Outsourcing is not in the long-term interest of companies or the U. S.

The gap between the poor and the rich is rapidly increasing, in part because of companies and government officials caring more about their own economic

security rather than the entire nation's.

Ronald Reagan's economic plan tried to create a global economy in order to decrease chances of war.

Reagan believed the U. S. could lead the world militarily, but the most promise lay in our economy.

The idea is outsourcing is a two-way street. Foreign companies will want to come to the U. S. if our companies go overseas. But, this does not seem to be happening as much as workers need.

Another reason companies receive incentives for outsourcing is to ensure that the global economy is fortified, but this plan is dependent on the profits trickling down from the one percent to the 99 percent.

The recent Occupy Wall Street movement shows this trickling down is not happening as much as it should be.

In the State of the Union Address this year, President Barack Obama focused on creating incentives for companies that keep jobs in the U. S. and taking away incentives for moving jobs overseas.

The issue of outsourcing, however, has become a political ploy used by both parties. A bill brought to the Senate by Democrats in September 2010 proposed ending some of the tax breaks and giving incentives for keeping jobs in the U. S.

The GOP rejected the plan and said the bill was a political move just before the election in an attempt by Democrats to gain more votes after a decline in approval ratings.

These backhanded political moves from both parties do not help the economy or either political party.

Whether you agree with the economy slowly improving or not, the potential to create more jobs lies in looking at how and where companies could reestablish those overseas jobs in the U. S.

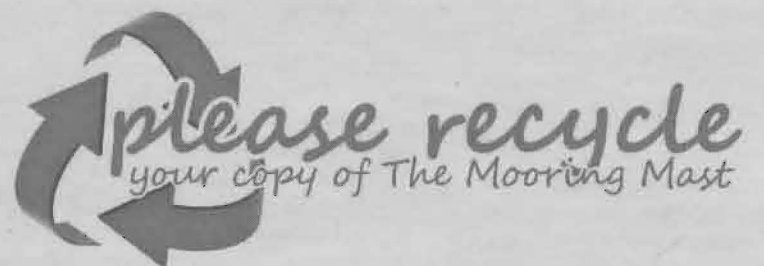
Globalization is an important part of our economy, but the time has come to alter outsourcing to benefit the United States' best interest.

This could start with outsourcing Congress, so they can truly understand the repercussions of their decisions.

Paula McFadden is a junior at Pacific Lutheran University pursuing a degree in English with an emphasis in writing and minors in communication and publishing and printing arts. She lives oncampus but calls Lakewood, Wash., home.

March 23
corrections

1. In the page 9 Focus article "PLU students swipe without swiping," Kristiana Lapo's name was misspelled.



The Mooring Mast now offers classified ads for \$6 per 50 words. Payment is only accepted through a check, cash or PLU account number. Contact Alexis Briggs at mastads@plu.edu for more information or to place an ad.

Superstitions explain baseball exclusivity

Trust, quirkiness, long and repetitive seasons garner player rituals, routines

Nathan Shoup
SPORTS COLUMNIST
shoupna@plu.edu



Seattle Times sports columnist Jerry Brewer once told me baseball players are his least favorite

athletes to speak with.

This raises a question: Why have baseball players garnered the perception of being non-inclusive?

The short answer: Some baseball players simply don't like the media.

The long answer: Well, by definition it is going to need explaining.

In any team sport, there is an extreme level of familiarity between players. However, the comfort amongst baseball players in particular creates a specific circle of trust.

Once included in this in-group, individuals' quirkiness comes out of hiding. Those involved in sports have a specific name for this quirkiness: superstition.

Baseball players are creatures of habit. Seasons are long and repetitive.

The Major League regular season alone spans half

the calendar year. Pacific Lutheran's baseball season lasts more than three and a half months, including 40 games. And that's excluding playoffs.

Throughout the grind that is a baseball season, players create routines and rituals that play out the whole season as a source of good luck.

Former major leaguer Jason Giambi is best known for his involvement in the steroid era. Unfortunately for Giambi, he will also be remembered for admitting to wearing a gold thong when in a slump.

Adding insensitivity to insult, the thong had been used by several other teammates when they too were becoming familiar with the walk back to the dugout.

Seattle Mariners closer Brandon League and catcher Miguel Olivo have a special handshake they perform after League successfully records a save.

Specific or special handshakes are one of the staples of baseball superstitions or rituals.

Don't believe me?

Watch the Lutes baseball players shake hands on the field after a victory. You will witness a collage of handshakes unparalleled in any sport.

Another well-documented baseball

superstition is the rally cap. Trailing late in a game, particularly the ninth inning, it is common to see improperly worn hats in the dugout of the losing team. The belief is that the change will provide a spark and start a rally.

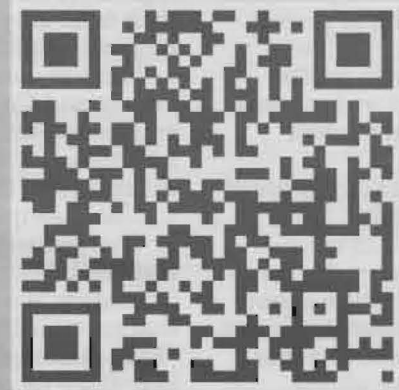
Any way of wearing a hat besides the traditional straightforward look can be considered a rally cap.

During their run to the 2011 College World Series Championship, the South Carolina Gamecocks used a montage of rally caps that included dances ranging from rowing a boat to the infamous "Bernie." The video of South Carolina's rally caps can be seen at <http://www.youtube.com/watch?v=shru4GDjRWg>.

Most would think that hitting the ball and getting on base would be the best way to mount a rally, but hey, that's baseball.

Team superstitions aside, there are several individual superstitions as well.

To watch South Carolina's rally caps montage, visit www.youtube.com/watch?v=shru4GDjRWg or scan the QR code below:



Lute pitcher first-year Trevor Lubking throws the same five-pitch sequence warming up for each inning: fastball, change-up, curveball, fastball and fastball.

Outfielders senior Jaron Iwakami and sophomore

Jacob Hoffman, who each pulled hamstrings last season, help stretch each others' hamstrings before each game.

Last season, pitcher sophomore Max Beatty would tell pitcher junior Nathan Eisenhauer before starting that "he was going to get shelled" in hopes that the reverse would happen.

So why are baseball players perceived as exclusive?

Long answer made short: It is a quirky sport, with quirky athletes and quirky superstitions made acceptable through close bonds between teammates.

In any team sport, there is an extreme level of familiarity between players. However, the comfort amongst baseball players in particular creates a specific circle of trust.

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JOBS

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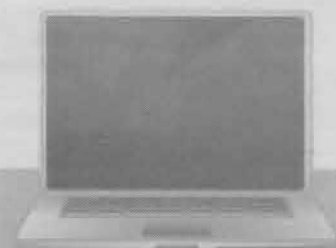
PERSONALS

Spooky spector searching for sexy undead soulmate. Must have rotting flesh and respond to the name 'Boo.' I'm dying to meet u.

253-535-7494.

Male seeking female roommate: must be able to bake cookies regularly, clean up my gym clothes and occasionally scratch a brother's back. Has to be cool with only watching ESPN and without a doubt be able to put out... the garbage every Tuesday.

360-903-9067.



from the EDITORS

Conduct cracks down on Mast source

Editorial board speaks out in favor of student

A journalist's most sacred relationship is with their source. Without a source there is no information. Without information there is no news. A journalist would go to great lengths to procure a source and even greater lengths to cultivate a relationship.

And, if forced, a journalist will do anything to protect their source.

In the past two weeks, one of our sources has come under fire from Student Conduct.

Their crime: living a life of thoughtful inquiry.

In the March 23 issue of The Mooring Mast the Focus Section ran an article about theft in the University Center.

As we learned, theft has become an increasingly prevalent issue for Dining and Culinary Services and students 'swiping without swiping,' as the headline read, have affected the university's budget.

As we set about to garner information, statistics and quotes, it soon became evident there was a debate regarding the definitions of theft at Pacific Lutheran university.

Erin McGinnis, director of Dining and Culinary Services, told the Mast the umbrella of theft covered both students stealing food from Old Main

Market as well as leaving the UC all-you-care-to-eat dinner swipes with Tupperware and Ziplocs of food to take back to their residence halls.

Everyone agreed on the market definition of theft.

Theft is theft.

But an open debate ensued regarding the classification of theft from all-you-care-to-eat dinners.

Many students, and even Dining and Culinary Services employees, said they had a hard time with the broad definitions of theft in regards to dinner swipes.

Charged with the responsibilities of student journalists at a university that supposedly promotes "lives of thoughtful inquiry," as defined by our mission statement, we set about to collect an array of opinions.

One of the students whom we interviewed told us once in her three years here she left the UC with a small food item from a UC dinner.

Her defense was simple: a dinner swipe, though paid for through a meal plan, is priced at \$10.75 per dinner.

Rarely do students eat almost \$11 worth of food in one sitting, our source argued, so if a student takes a small item from the UC to eat at a different location, the item has already been paid for.

We weren't talking about meals. Our multiple sources were talking about fruit, crackers and cereal.

As far as we were concerned, everyone acted in accordance with the mission statement. We did our jobs of fostering inquiry, and our sources did their job by opening a door to continued dialogue.

But the university disagreed.

One student source was soon notified Student Conduct was pursuing charges of theft, arguing the student admitted to the crime in the newspaper.

The definition of admittance was a loose term --it was a paraphrased quote.

The reporter took a quote and phrased it in her own words, removing the quotation marks -- a common practice in our field.

But that's not the issue at hand.

Here at the paper we firmly support our stance that the student conduct charge levelled against one of our students was a violation of free speech and, most importantly, the PLU mission statement.

Not only would a paraphrased newspaper quote not hold water as a prosecution for a two-year-

If Student Conduct labels our source guilty, we have promised to pay any fine the student may incur.

old petty crime in the real world, the use of a newspaper for prosecution violates our role here at the university.

As journalists say, we are not police officers, nor can we be used as such.

The charges against our source are an attempt to encourage sources to use anonymity in the newspaper. In this instance, our source was offered anonymity, though the source declined, trusting the university and hoping they would offer education for all parties involved.

The lesson aimed at us is a dangerous and chilling one.

In journalism, we avoid anonymous sources, instead encouraging our sources to use their real names during interviews. It ensures credibility and veracity, and provides the story with a human element.

Though anonymous sources are simply a less-

preferred option on our end, anonymity can prove to be detrimental for the subject of investigation -- in this case, PLU.

When a source is given secrecy, much more caustic and, frequently, much less accurate information is levelled against the university.

This attempted lesson is destructive.

The Mast defends our readers and our sources.

We've done all we can in this instance, making our opinion public with our superiors.

If Student Conduct labels our source guilty, we have promised to pay any fine the student may incur.

But we can only do so much. You, our readers, ultimately have the power to vocally support our mission of thoughtful inquiry, open discussion and a rich exchange of ideas.

Healthcare bill vote may split US Supreme Court

Columnist speculates whether Affordable Care Act will pass

Thomas Haines
OPINION COLUMNIST
hainestm@plu.edu



The U. S. Supreme Court will announce its ruling on Obama's healthcare reform bill, known as the Affordable Care Act, this June.

The problem with speculation on the decision is no one knows for sure how the Supreme Court will rule on the

constitutionality of the Act.

With four conservatives, four liberals, and one swing-vote justice on the Supreme Court, this case will most likely be an extremely close 5-4 judgment.

However, one thing many have noticed is that many of the justices are worried about the Individual Mandate, a crucial part of the law that requires all Americans to buy health insurance.

Many of the justices fear the Individual Mandate is the government overreaching its constitutional powers.

So, while we cannot know for certain how the Supreme Court will rule, we can guess what would happen if the Supreme Court were to rule the ACA unconstitutional.

If the Individual Mandate is repealed, most of the reforms in the Act that

depend on it would also be repealed. The Individual Mandate allows younger and healthier people into the insurance market to offset the expense of providing medical care to older and sicker people.

According to Moody's Investors Service in a news release, "If the law is fully or partially repealed, for-profit hospital operators' costs of treating patients unable to pay their bills would rise and would limit operators' revenue growth and profit margins and constrain cash flow."

This means hospitals and patients would continue to see a rise in bills without any sort of hope in sight for reform.

The ACA has tried to bring reform to a very broken system. If the Act is struck down, then the American people will once again be in a position without quality health insurance.

Thomas Haines is a junior at Pacific Lutheran University studying history. He is the vice president of the PLU Democrats and secretary for the PLU Secular Student Alliance.

If the Act is struck down, then the American people will once again be in a position without quality health insurance.

Letter to the EDITOR

Dear Pacific Lutheran University Student Conduct,

I was troubled to hear about your choice to discipline Kristiana Lapo in regards to her comments in The Mast this last week.

I am not writing this letter to engage the issue of journalistic responsibility.

This is an issue that deserves consideration, and I have already given my opinions surrounding it to The Mast. I leave it up to the journalism community and you to engage that very important discussion.

My critique as a member of the PLU community is one that moves beyond that dialogue.

I am troubled that you've chosen to punish a solitary student instead of tackling the greater systemic issue of theft and food at our university.

Kristiana admitted to taking cereal out of the dining area with Tupperware. In the two years I had a meal plan I personally observed or discussed this type of theft with easily more than a hundred of my peers.

This problem goes far beyond a solitary student.

However, you've chosen to make an example of Kristiana. As I've said, I leave the ethics and wisdom of this decision up to you and further discussion with The Mast and the greater community.

My criticism is leveled at your lack of response beyond that. I believe the Mast article was an encouragement for discussion and a call for solutions.

Punishing Kristiana without other measures, as though she alone is the problem, is a truncated response at best.

The mission of our university is:

"To educate students for lives of thoughtful inquiry, service, leadership and care -- for other persons, for their communities and for the earth."

A response that only punishes Kristiana for participating in an attempt at thoughtful inquiry does not align with our mission as a university.

The widespread nature of the theft shows that something else beyond a single punishment needs to happen.

This is, as they say in education, a "teachable moment" for the university's student body, which engages in behavior like Kristiana's every day.

I encourage you to move beyond simply prosecuting Kristiana to a more systemic approach to this issue, which might include public forums, a formal response in student media or the involvement of ASPLU.

Sincerely,
Senior Jordan Beck

Athletes spread respect

Sam Horn
SPORTS REPORTER
hornsb@plu.edu

A series of posters around campus mark Pacific Lutheran athletics as part of a larger movement to eliminate a very specific offensive word.

The Special Olympics International Board of Directors adopted a campaign to eliminate the word "retarded" eight years ago.

Today, close to 300,000 people have pledged to end the R-word, according to the Spread the Word to End the Word campaign's website.

PLU and other colleges across the nation have stepped up and asked their athletes to partake in this campaign by creating posters them urging people to "spread the word to end the word."

Nearly every varsity athletic team at PLU has taken up this charge.

Pontiac Township special education teacher Laura Baumgardner said in order to stop using the word "retarded," people need to spread the word "respect."

Many agree this step is vital in making the campaign successful.

"I think that the R-word campaign is causing students to reflect on how much progress has been made in our society in how we view and refer to the mentally and physically disabled," men's basketball head coach Steve Dickerson said.

NBA teams came together in support of 'Spread the Word' March 7. Teams hosted pledge drives at their local arenas, met Special Olympics athletes, used social media to promote the campaign and attended practices or competitions.

The campaign hopes not only to eliminate hurtful language to the mentally disabled in athletics, but also to push society as a whole away from such smears.

For example, the Oscar-nominated film *The Descendants* uses the word "retarded" repeatedly as a joke.

"I think it [the R-word campaign] is a great way to promote awareness because the R-word can slip into everyday conversation, which is very inappropriate," women's basketball guard sophomore Allie Hamilton said.

The front page of the campaign's website features several videos about the lives of disabled individuals. One four-minute film features a young man named Eric who did not like being called retarded and was excited about the campaign moving forward.

"The word is used too casually, but the signs and posters raise a lot of awareness about what we're really saying," men's basketball guard first-year Karsten Olson said.

Coach Dickerson credits the Student-Athlete Advisory Committee for the "great service they have done to our campus with the campaign."

"The word is used too casually, but the signs and posters raise a lot of awareness about what we're really saying."

Karsten Olson
basketball player, first-year

Outdoor Rec hosts Broomball

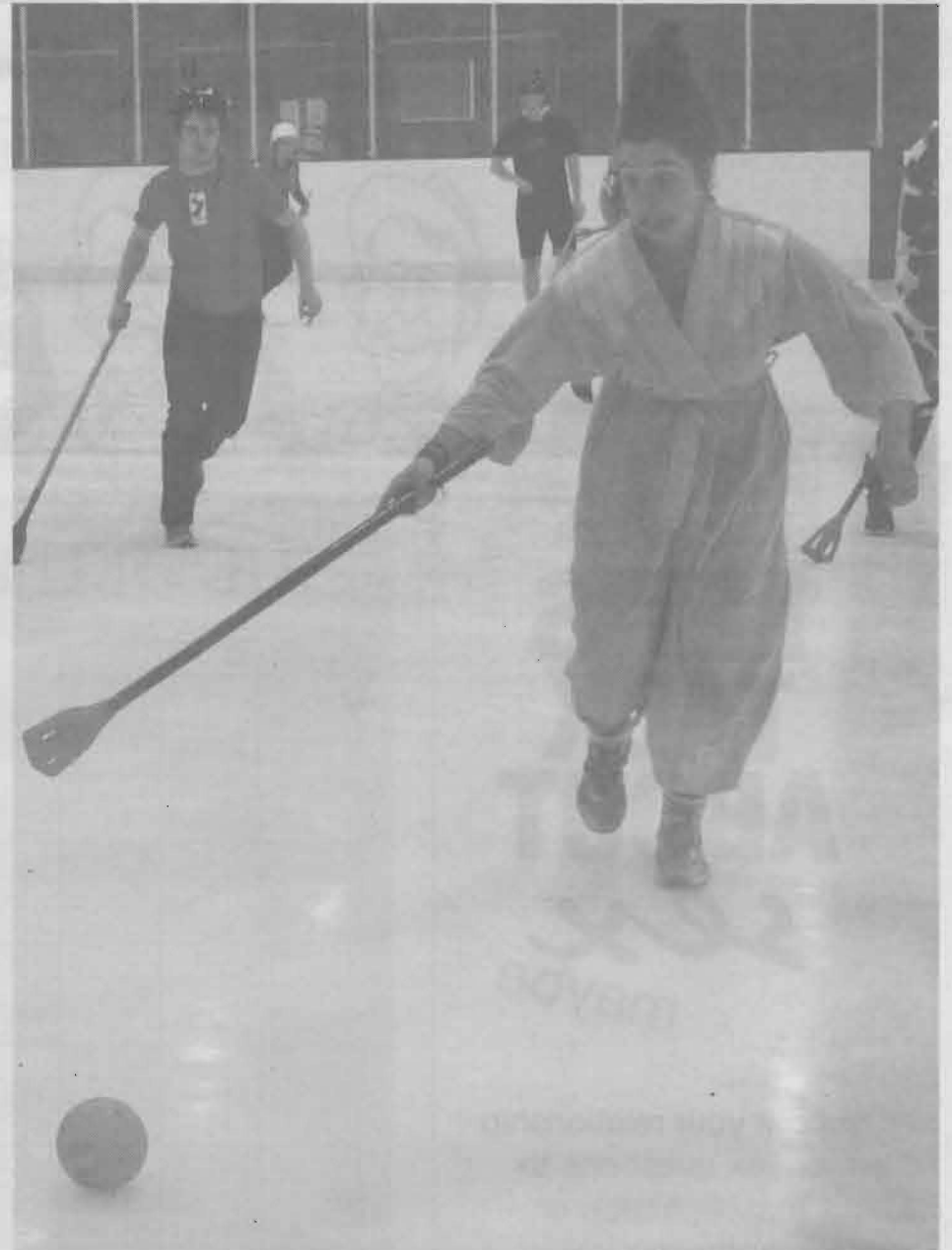


PHOTO BY EMILY LITTERER

Anna McCracken sprints toward the ball during a game of Broomball, hosted by Outdoor Recreation on Thursday night at Sprinker recreation center. With the large number of students who came, teams had to rotate players to allow everyone a chance to play, since once 30 people could be on the ice at a time.

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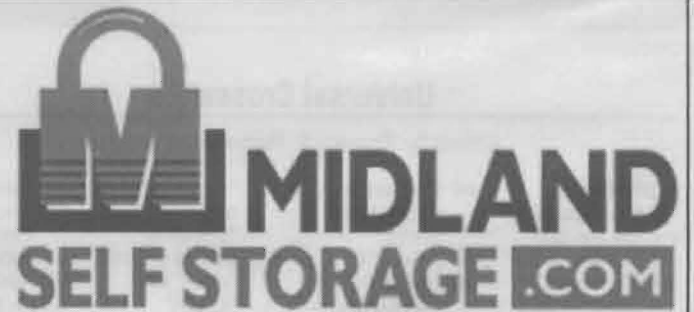
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DON'T...

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- ◊ Do not forget to clean appliances before you store them. Leave appliances slightly ajar to prevent mildew.

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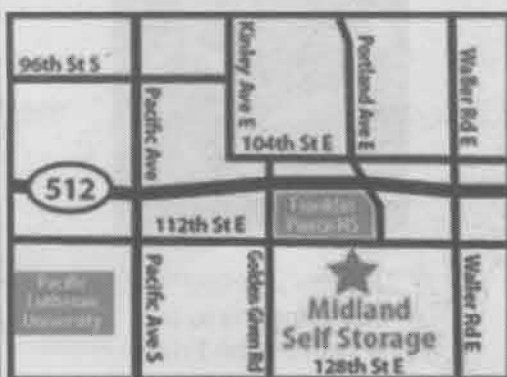
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SPORTS SCHEDULE

Baseball

Upcoming Games
Apr. 14 vs. George Fox, noon
Apr. 14 vs. George Fox, 3 p.m.

Previous Games
Win (6-5): Apr. 7 at Linfield
Loss (2-6): Apr. 6 at Linfield

Softball

Upcoming Games
Apr. 14 at Puget Sound, noon
Apr. 14 at Puget Sound, 2 p.m.

Previous Games
Win (8-0): Apr. 10 vs. Willamette
Win (1-0): Apr. 10 vs. Willamette

Men's Lacrosse

Upcoming Games
Apr. 14 at Whitman, 12 p.m.
Apr. 19 at Puget Sound, 7 p.m.

Previous Games
Loss (8-14): Apr. 7 at Western Wash.
Loss (21-2): Mar. 10 at Western Wash.

Men's Tennis

Upcoming matches
Apr. 13 vs. Pacific, 3:30 p.m.
Apr. 14 vs. Willamette, 12:30 p.m.

Previous Matches
Loss (5-4): Apr. 7 at L&C
Loss (0-9): Apr. 6 vs. George Fox

Women's Tennis

Upcoming matches
Apr. 13 at Pacific, 2 p.m.
Apr. 14 at Willamette, 10 a.m.

Previous Matches
Loss (4-5): Apr. 7 vs. L & C
Loss (1-8): Apr. 6 vs. Willamette

FINALLY: Women's tennis team defeats Biola 8-1, ends losing streak

Elyse Glahn
GUEST REPORTER
glahnse@plu.edu

It was a tale of two streaks in California.

They came. They saw. They conquered. Finally.

The Pacific Lutheran women's tennis team saw the end of first-year doubles partners Allison McClure and Katie Patton's five match winning streak against California University March 26. But the team finally broke its losing streak 8-1 against Biola University March 27.

"They had some good players, but our patience and desire won us the match," tennis player first-year Catherine Miolla said.

The other PLU doubles partners came out on top with their matches against Biola. Sophomore Leah Newell and junior Tina Aarsvald made it with a 9-7 win. First-year Valery Jorgensen and senior Cora Wigen didn't give their opponents a fighting chance, ending their match with an 8-4 score.

Head coach Lorrie Wood said Biola's doubles teams were strong players. She said that a lot of the teams in California were going to be tough to beat, but the competition was a platform for learning and improving.

"We beat Biola because the team is fairly even with us, skill-wise, and we worked harder that day," Wood said. "Beating Biola reminded the



PHOTO COURTESY OF NICK DAWSON TAKEN BY JOHN FROSCHAUER

Cora Wigen is the team's only senior. Wigen played for the Lutes in 2010 as well. She has seen 4 women's tennis team victories in her time playing for the Lutes. Since 2009 women's tennis has gone 8 - 62 overall.

team how much fun it was to win."

This win against a California team gave the Lutes more confidence. The team said they believe bonding is one of these benefits. Some players are showing improvement and consistency in the second half of the season.

"As a team, we were really hoping to get our first win in California," Miolla said. "I think that win really boosted

the spirit and confidence of the team as a whole."

Even with this new confidence, the Lutes came back and played the same league teams without any wins as a team, but there were some improvements in the individual scores.

After the California matches, McClure contributed doubles wins twice: one against George Fox with Miolla and another rejoining Patton against

Lewis & Clark. McClure has consistently won her doubles matches against these teams.

PLU's doubles teams won all three of their matches against Lewis & Clark, this improvement following the last time they played with only one win. PLU's previous score against this team was 2-7. The new score was 4-5.

Wigen and Jorgensen redeemed themselves against Lewis & Clark the second time. They lost 4-8 last time,

but came back and won 9-7 against the No. 1 ranked doubles team at Lewis & Clark.

"Playing Lewis & Clark was amazing. It was definitely Val's and my best match," Wigen said.

Miolla took the only singles win against Lewis & Clark. Miolla said she wanted to focus on getting more comfortable with her forehand stroke while in California and was glad she could improve it.

"The team came back more unified as team and with more match skills to finish the season," Wood said.

Wood decided to make the California trip a tradition from now on.

RECORDS

Winning Percentage
11 percent

Overall	8-62
2012	1-15
2011	2-15
2010	3-15
2009	2-17

SCORECARD

Baseball

as of 04/11/2012

NWC Standings:

Team	NWC	All
Pacific	13-2	16-10
Whitworth	11-4	18-11-1
Linfield	15-6	19-8
PLU	10-5	18-10
George Fox	11-7	15-16
Willamette	5-10	9-18
Whitman	4-14	4-26
Puget Sound	3-12	7-22-1
L&C	3-15	6-28

Batting Leaders:

Player	ABs	BA	OBP	SLG
B. Gates	123	.382	.446	.610
J. Iwakami	83	.361	.471	.471
E. Ottemiller	45	.311	.407	.378
D. Courcy	96	.365	.471	.417
R. Frost	69	.261	.413	.304
B. Pearson	77	.286	.409	.364

Pitching Leaders

Player	IP	ERA	SO	BB
C. Nilson	38	2.13	16	14
K. Godfrey	19	2.84	13	6
R. Frost	5.1	3.24	5	1

Softball

as of 04/11/2012

NWC Standings:

Team	NWC	All
Linfield	22-2	32-2
PLU	20-4	30-10
Willamette	17-6	18-10
George Fox	11-10	16-17
Whitworth	10-14	17-19
Pacific	8-14	10-20
Whitman	3-20	3-26
L&C	1-22	3-30

Batting Leaders:

Player	ABs	BA	OBP	SLG
K. Haatlen	108	.463	.574	.787
H. Harshaw	74	.324	.407	.473
M. Califano	110	.391	.414	.509
A. Hall	96	.328	.483	.542
A. Gran	56	.357	.422	.536
S. Hagensen	129	.365	.550	.546

Pitching Leaders

Player	IP	ERA	SO	BB
S. Hagensen	134	1.31	90	14
L. Butters	61.1	2.74	22	14
K. Hatlen	61.2	3.35	30	22

Track and Field

as of 04/11/2012

NWC Standings:

Team	NWC	All
Whitworth	0-0	0-0
PLU	0-0	0-0
Puget Sound	0-0	0-0
L&C	0-0	0-0
Pacific	0-0	0-0
Linfield	0-0	0-0
Willamette	0-0	0-0
George Fox	0-0	0-0
Whitman	0-0	0-0

Men's Lacrosse

as of 04/11/2012

PNCLL Standings:

Team	Div	All
Gonzaga	3-0	9-0
W. Wash.	2-1	11-6
Whitman	1-1	4-2
C. Wash.	1-2	3-7
Puget Sound	0-0	2-7
PLU	0-3	0-6

Men's Tennis

as of 04/11/2012

NWC Standings:

Team	NWC	All
Whitman	11-0	18-3
Pacific	9-1	11-5
George Fox	8-3	9-7
Whitworth	7-3	10-7
PLU	4-6	6-9
Willamette	3-8	3-12
L&C	2-8	3-9
Linfield	2-8	2-15
Puget Sound	1-10	1-14

Women's Tennis

as of 04/11/2012

NWC Standings:

Team	NWC	All
Linfield	11-0	11-4
Whitworth	8-2	13-4
Whitman	7-3	11-5
Pacific	6-5	8-8
Willamette	5-6	6-10
Puget Sound	4-6	6-8
L&C	3-7	3-8
George Fox	2-7	7-9
PLU	0-10	1-15

SPORTS BRIEFS

Justin Buchanan
SPORTS EDITOR
buchanj@plu.edu

Lute runs over competition at Multi-Events

Senior Barrett Bollen placed fifth in the decathlon at the Northwest Conference Multi-Events Championships Tuesday. Ten athletes competed in the event.

Bollen scored 5,692 points.

Bollen's strongest event was the 1500-meter run where he scored 801 points with a final time of 4:21.59.

Baseball goes 1-2 against No. 19 Linfield

The Lutes defeated No. 19 Linfield 6-5 Saturday after dropping two games Friday 2-6 and 1-11 respectively.

First baseman senior Brock Gates hit his sixth dinger of the season. Gates is now batting .382/.446/.610.

The Lutes now sit at 18-10 overall with a 10-5 record in the NWC.

Sophomore thrower earns an award

Thrower sophomore Kyle Peart earned Northwest Conference Student Athlete of the Week after a strong performance at the JD Shotwell Invitational Saturday.

Peart placed third in the hammer throw with a throw of 164-10, fourth in the shot put with 47-4¼ and threw the discus 132-1.

Lutes lose to Pioneers after 47 consecutive wins

The men's tennis team finally lost to Lewis and Clark Saturday 4-5.

The Lutes have manhandled the Pioneers since 1973, defeating Lewis and Clark 47 times in a row.

Men's tennis now falls to 6-9 overall and 4-6 in NWC play.

Softball players win awards, slam opponents

Softballs infielder junior Amanda Hall and pitcher senior Stacey Hagensen earned Northwest Conference softball player and pitcher of the week after the Lute's doubleheader sweeps last weekend.

Hall hit a homer and batted .727 with two doubles learning her an impressive 1.182 slugging percentage.

Hagensen pitched a six inning no hitter against Lewis and Clark Saturday and shut out Pacific University Friday.

Throwers dominate

Persistence allows throwers to excel

Brandon Adam
GUEST REPORTER
adambg@plu.edu

The throwers of Pacific Lutheran's track and field team have had a high performance season so far.

They contribute their successful season to consistent practice, a positive throwing atmosphere, and good coaching. Methods include practice schedule, competition between players and coaching philosophy.

"Throwers come out rain or shine," junior thrower Ryan Ransavage said. "We're not fair-weather throwers."

Ransavage and sophomore Kyle Peart are having successful throwing seasons.

"The secret to success in throws is atmosphere."

Dan Haakenson
throwing coach

In the hammer throw, Peart leads the conference with Ransavage in second. The men's throwers have consistently thrown the hammer more than 50 meters.

"You're not competing against other people, you're competing against your teammates," Ransavage said. "So you're getting better every day."

The competitive nature of practice is beneficial to junior Jorgina Moore, who is throwing hammer for the first time this year. Last year, Moore ran sprints and track.

"With girls it's different because I'm usually the only girl out there that throws," Moore said, "but it makes me want to throw as far as the guys are throwing."

Moore's personal best in

the hammer throw was 39.55 meters at the University of Puget Sound meet.

Lute throwers also credit the coaching of Coach Dan Haakenson to their successes.

"He's pretty much the only person that really taught me how to throw the hammer," Moore said. "He's just really easy to communicate with."

Haakenson makes the throwers get the most out of their practice.

"The secret to success in throws is atmosphere," Haakenson said. "You have a good athlete and it raises the expectations of all the other athletes around you."

Haakenson describes his method as "building a chain" in the practice atmosphere which pushes the throwers to throw farther. "Then when freshmen come into that system, they become another link in that chain," Haakenson said.

Haakenson elaborates that raising the bar in throwing challenges the newer throwers to set their goals higher.

"Instead of coming into a system where you think a certain mark is standard, you just aim a little bit higher," Haakenson said.

Haakenson said he prefers to have the throwers practice at different times to keep them active.

"I coach in groups of four or five to keep it rolling so people aren't standing around," Haakenson said.

Different practice times are especially important for the hammer throwers, who are the largest group on the Track and Field team.

"There are two hammer sessions in a day," Haakenson said. "So I try to split that group up."

Haakenson also considers the class and work schedule of the throwers when determining their practice meet ups.



PHOTO BY SHERBY DAILY

"You're not competing against other people, you're competing against your teammates. So you're getting better everyday."

Ryan Ransavage
thrower, junior

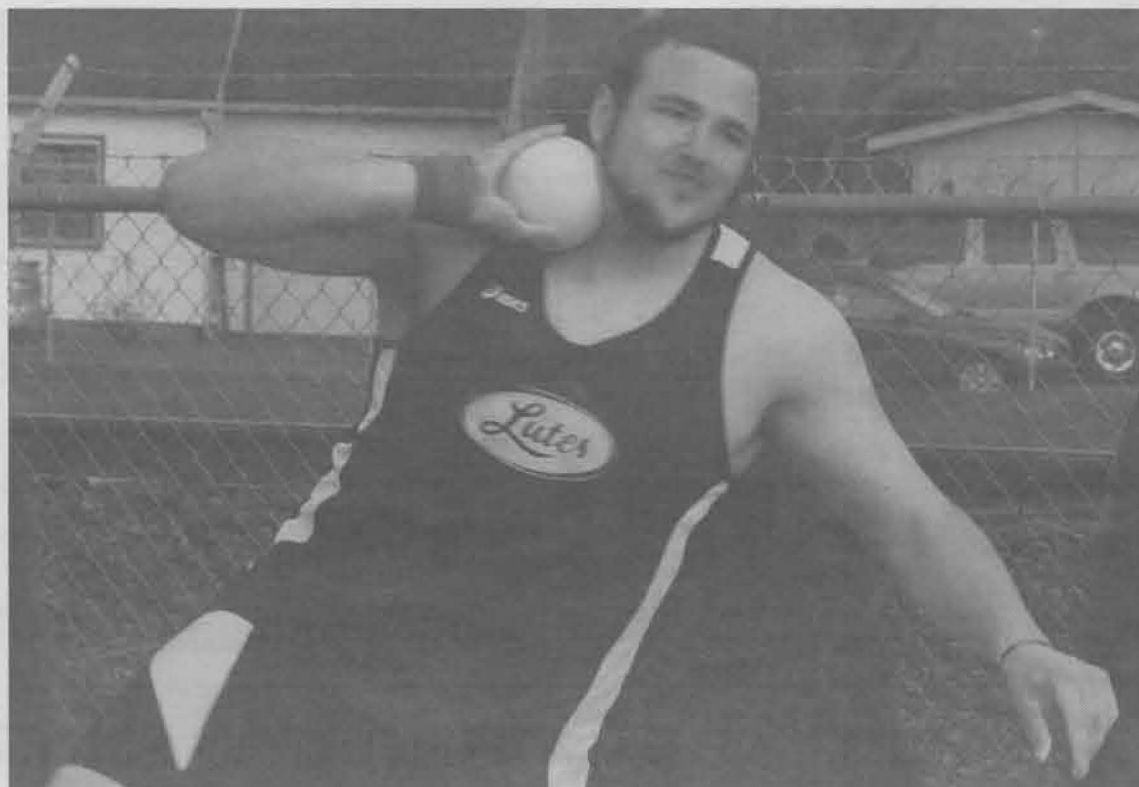


PHOTO COURTESY OF MICHELLE DOMINI

Senior Mike Vavricka throws the shot put in the Linfield Icebreaker March 2. Vavricka has been throwing with the Lutes for four years. His best shot put this season has been 47-7 at the Peyton Scoring Meet March 23.

BEST MARKS

Discus

Women

S. Potter 129-09

Men

R. Ransavage 142-02

Shot Put

Women

S. Potter 38-02.75

Men

K. Peart 47-08.50

Hammer

Women

J. Moore 129-09

Men

K. Peart 177-07

Softball plays contrasting games against Willamette, wins both

Pitchers duel in game one, light up Bearcats in game two

Justin Buchanan
SPORTS EDITOR
buchanj@plu.edu

The no.5 Pacific Lutheran softball team played two vastly different games Tuesday, but managed to walk away with two more wins, 1-0 and 8-0 respectively.

Game one was a pitcher's duel between Pacific Lutheran's senior Stacey Hagensen against Willamette's Alex Witilo.

This was no normal dual as both pitchers faced off for 11 innings.

Both pitchers gave up scattered hits throughout the game.

However, the defenses supported both pitchers managing to keep the scores'



PHOTO BY SHELBY DALY

SEE SOFTBALL PAGE 20

Infielder sophomore Lindsey Matsunaga watches a pitch from Willamette's pitcher Alex Witilo in game one Tuesday. Matsunaga struggled against Witilo going 0-4.

Culinary Week

Earth Week

April 15-19, 2012

Throughout the week, Dining & Culinary Services' staff members will host FREE demonstration and tasting sessions open to everyone.

Dining & Culinary SERVICES

RSVP for sessions at www.plu.edu/diningandculinary

MONDAY, APRIL 16

Dosa

10:30am-11:30am

Presented by: Anthony McGinnis, AM Cross Cultures in the UC Regency Room

TUESDAY, APRIL 17

Homemade Tofu

10:30am-11:30am

Presented by Joe Now & Rebecca Rotchstein in the UC Regency Room

TUESDAY, APRIL 17

Vegan Baking

Noon-1pm

Presented by Erica Fickeisen in the UC Regency Room

WEDNESDAY, APRIL 18

Free Lunch

10:30am-2:30pm

in the Commons

WEDNESDAY, APRIL 18

My First 3-Course Meal

3pm-4pm

Presented by Laura Castano & Russell Mauer in the Commons

THURSDAY, APRIL 19

Historic and Modern Uses of Legumes

11am-Noon

Presented by Doug Himmers & Professor Tina Saxowsky in the UC Room 134

THURSDAY, APRIL 19

Cooking with Rabbit

2pm-3pm

presented by Erick Swenson in the UC Room 134

FRIDAY, APRIL 20

Cheese Making

2:15pm-3pm

presented by Chuck Blessum & Joe Werth in the Chef's Table

FRIDAY, APRIL 20

Pizza Making

3:05pm-3:45pm

presented by Chuck Blessum & Joe Werth in the Commons @ Aglio

For more information & to RSVP for sessions, please visit <http://www.plu.edu/diningandculinary>



SUNDAY, APRIL 15TH
8PM IN THE COMMONS

Crowd Giveaways and a Free Interactive Demonstration

This Exciting Cooking Competition Is So Much Fun To Watch!

Be there to witness

3 TEAMS

COOK 2 DISHES IN 2 HOURS WITH ONLY 12 INGREDIENTS

Free Lunch

with PLU ID (\$10 with no PLU ID)

Earth Friendly

Wednesday, April 18 — 10:30am-2:30pm
in The Commons

SOFTBALL CONTINUED FROM PAGE 19

at zeros. Catcher junior Katie Lowery managed to make two tags at home.

Hagensen wasn't dominant but still managed to get the shut-out win to move her record to 16-5. She gave up nine hits, walking none and striking out five.

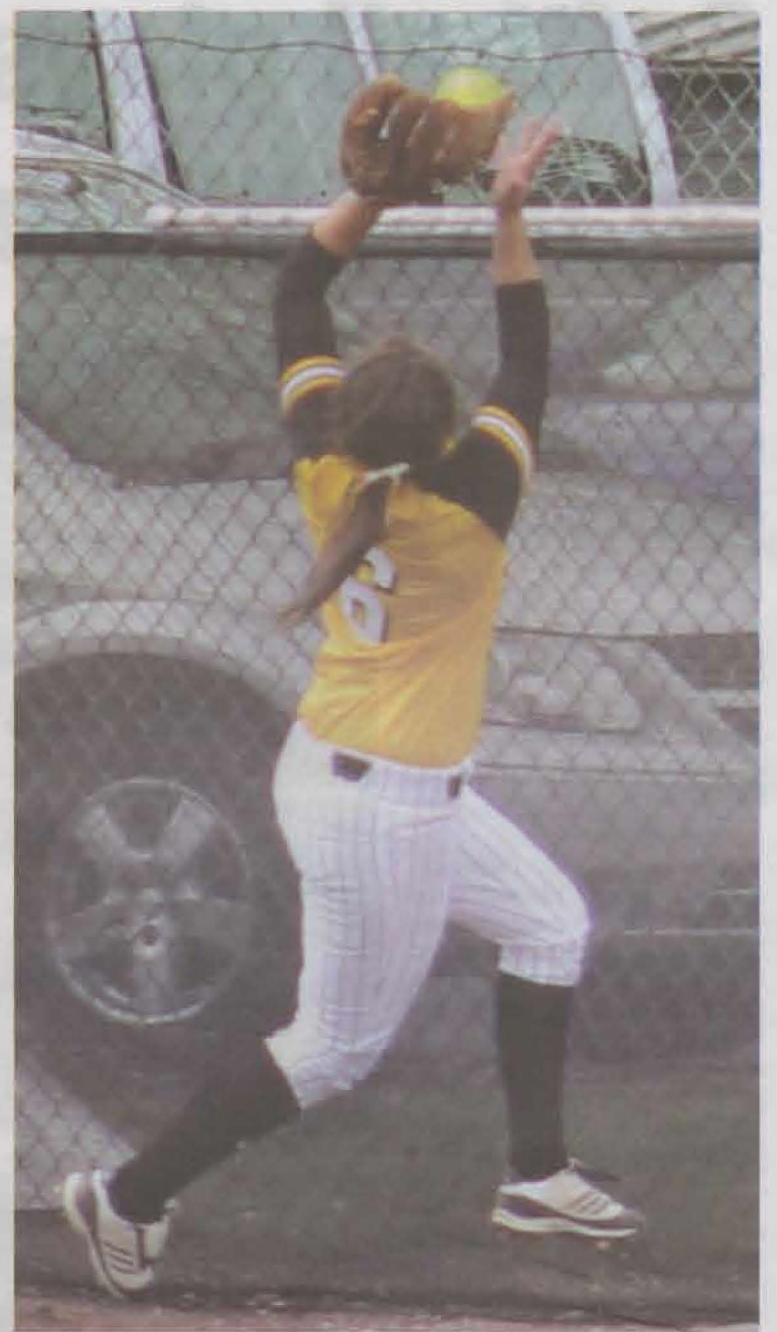
Hagensen ended the scoreless drought in the bottom of the 11th with an infield single. With two outs left, infielder sophomore Lindsey Matsunaga hit a fly ball to left field to allow Hagensen to cross the plate.

In the second game the Lutes managed to score eight runs on the Bearcats.

Outfielder junior Montessa Califano went 3-3 with two doubles and a single and infielder Haley Harshaw hit her second homer of the season.

Pitcher junior Kaaren Hatlen had another stellar performance, only giving up two hits and four walks but fanning five over six innings.

The Lutes now boast a 20-4 NWC record and a 30-10 record overall.



PHOTOS BY SHELBY DALY

ABOVE LEFT: Infielders gather around the pitcher's mound to celebrate the recent out and discuss strategy for the upcoming inning. ABOVE RIGHT: Third baseman Haley Harshaw makes a leaping grab for a infield pop up. LEFT: Matsunaga begins her attempt to steal third base.

PLU crew team has strong showing at NCRC Invitational



PHOTO BY KENO SORENSEN

Stroke seat first-year Hallie Peterson leads the Pacific Lutheran women's varsity eight crew lift their shell out of Lake Vancouver after finishing fourth behind Humboldt, Lewis & Clark and Puget Sound in their category with a time of 7:24.1 at the Northwest Collegiate Rowing Conference invitational April 7. The Lutes had a strong showing overall, with the men's varsity four taking first in the B race ahead of Puget Sound, Oregon and Portland State.

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