



Board of Regents approves research project

by Matt Peterson

The Board of Regents recently approved a market research project to determine the feasibility of a proposed plan of capital and program improvements. Under consideration are the improvement of facilities and equipment of \$20 million over the next five years.

Tentative plans include construction of a Natural Science Building on lower campus with possibly a skybridge connecting it to Rowland Hall. Also being considered is a Performing Arts Center for the music and communication arts departments. The Center may



Board of Regents, chairman, Melvin Knudson.

also include a Scandinavian Studies Center.

Under the proposed plan

many offices would be moved. Broadcast Services (BSMP) would transfer to Eastvold Auditorium, and Student Life and Photo Services would be moved to the "green pit" area on the first floor of the Underway Center.

The vacated areas in the Administration Building would become faculty offices and classrooms, and central Services would move to Memorial Gym. Also proposed is a dance studio in Memorial Gym, an all-weather track and the completion of tennis courts.

The findings of the market research project will be reported to the Board of Regents meeting in March, 1977, and the decision

will be made. If it appears the funds can be raised for the project, the target date of September 1978 will be set for the ground breaking ceremony of the Natural Science Building.

Dr. Riske states that the project is to be viewed as an "enhancement" rather than an expansion plan.

John Dean will be speaking Thursday, January 20, 1977, at the Seventh Avenue Theatre at noon in an exclusive engagement with Golden Circle Lecture Series.

John Dean's book, BLIND AMBITION: THE WHITE HOUSE YEARS, has just been released. The book has been

described by critics as the most accurate description of the misuse of power within the Nixon Administration yet published. One will gain intimately about his role in Watergate and the reasons for blowing the whistle on the Nixon Administration's activities.

Following his speech, the audience will have an opportunity to question Dean and to have their copies of his book autographed.

Student tickets are \$3.50 each and can be purchased from the Box Office ticket office at the Tacoma Mall.

Laurel Frosig crowned as 1976 Lucia Bride

by Brenda K. Edgar

Laurel Frosig was crowned Lucia Bride at Jan. 1st's ceremony in Eastvold Auditorium.

This year's Lucia Bride, a resident student in Stuen Hall, was attended by F. John Brown, Filuror's candidate, and Multina Bostoy Fry's candidate.

Enoch K. Frosig, with Laurel Frosig and singing "Santa Lucia" in the song, opened the Lucia Bride Festival, which proved to be an exciting time of dancing and singing in the spirit of the traditional Lucia Bride Festival.

The program was set on by Spira, a national organization of students, and included a reading of the Columbus story by Professor



Laurel Frosig
Ted Karl, a speech instructor at PLU, singing by Terri Gedde, and various other festivities culminated in the Lucia Bride crowning.

A reception in Chris Knutzen Hall followed the program.

featuring songs of Scandinavian melodies prepared by Spira members of last year's Spira, Lucia Bride candidates, and faculty women. Mayfest dancers provided entertainment, including a few audience participants in dances.

In keeping with tradition, this year's Lucia Bride, accompanied by her attendants, Spira, and dancers, went to the Tacoma Lighthouse where they sang and danced, gave out cookies, and entered the legend of Lucia Bride with the residents. The whole event took place at the Lighthouse 11:30 on Sunday, after which the Lodge

provided a free Scandinavian buffet for the performers.

The Lucia Bride Festival culminated months of planning

by co-chairman Mark H. Erickson, Julie Falter, and Karin Krabbenhoft. Tradition and festivity have once again begun the Christmas season.



Interview with Frosty Westering begins on Page 7

Portable modules near completion

So soundproof modules are now complete in the U.S. 30R gravel pit.

The modules were made possible by a grant to the music department.

These modules are portable and can be easily moved to allow for later room additions.

The rules regarding the use of the modules are: use will be on a first come basis, no individual can use the module for more than one hour if someone is waiting, and the rooms are only to be used by people making noise (such as practicing) or engaged in a musical instrument, rather than private study. The modules will be ready by next semester.



Workers are pictured erecting the new modules in the V.C. gravel pit. The modules should be ready for use next semester.

Entries for photo contest due

by Sandy Erickson

Entries for PLU's first annual photo contest must be in by 5 pm today. The contest, sponsored by the University Center, is open to PLU students only.

Photographs must be mailed with at least a three inch border and a maximum print size of 11 X 14. The work must be the student's own and must have no previous awards. They will be

entered in one of three categories: black and white, color, and photo essay at PLU.

First prize in each category is \$10 with the runner-up receiving \$5. The winners will automatically become University Center Property and will advance to the Association of Lutheran University students contest. Other prizes may be picked up after the U.C. display. Winners will be announced Monday.

CAMPUS

Homosexual student interviewed

by Thom Carris

The following is an interview conducted with a homosexual PLU student. In consenting to be interviewed by the Mooring Mast, he asked that only his first name be used when referring to him in the resulting article.

Lee is a 24 year old Tacoma native in his third semester at PLU. He is a music teacher student from Tacoma Community College and is majoring in Philosophy.

Mooring Mast: Are you a homosexual?

Lee: Yes.

Mooring Mast: Why do you define yourself as a homosexual?

Lee: To begin with I would make one correction, I really define myself as being gay.

The term homosexual to me has clinical implications and I think it's a name that many gay people feel (though I do not) is offensive because it is associated with psychoanalytic theory which defines gay people as being less than normal.

I would use the word gay in defining myself because of my preference for two of the same sex as opposed to the opposite sex.

It is not a one dimensional issue. There are other factors which enter into it. And that's one thing that I think a lot of people don't consider.

It's not just a social issue, but also a emotional psychological and spiritual.

Mooring Mast: What does gay mean?

Lee: To me being gay is a person who relates to their own sex in the same fashion that a heterosexual male would relate to someone of the opposite sex.

Mooring Mast: When did you first realize that you were gay?

Lee: I would say by the time I was 15. However I didn't put a name on it at that time.

There wasn't really any

adequate knowledge as to what in the school. If you put anything about it or ask it was from your friends.

The way I found out and put a name to the thing was unfortunately through books on abnormal psychology, so I immediately projected myself as being deviant. and although I didn't use the word, I saw myself as being different in a negative way.

Mooring Mast: What were the events that led up to your discovery?

Lee: I would say that it was primarily two different things. One was my emotional feelings. I found that I was not attracted to members of the opposite sex whereas I found out that I was attracted to the same sex. It was kind of a gradual thing.

It wasn't one morning I woke up and said, "My kind, I'm a homosexual." It was a gradual evolutionary type of thing and I got the feelings and possibilities to relate to people of the same sex in close friendships which became more and more intense and they went beyond mere friendship to what gay people refer to as being a lover.

Mooring Mast: How old were you when you realized the physical acting out stage?

Lee: Oh, I was ill prepared to deal with the situation because there were certainly no models or whom one could look to, so we know that sort of relationship should operate.

Mooring Mast: Were your first homosexual experiences with members of your own group or other ones?

Lee: Same age, the first two or three years were almost exclusively with people my own age. I wasn't old enough to put me 21 so that I could go to the gay bars.

Mooring Mast: Have you ever had heterosexual relationships?

Lee: No.

Mooring Mast: Have you ever had the desire to experiment heterosexual?

Lee: No. And I would say

that I probably, among gay people, even my friends, am a novelty in that regard. Most of them have experienced heterosexually.

A lot of them have been married, a lot of them have lived together with women for a while, and I know one who whose a man, a good friend of mine was married for 18 years and had five children before he came out to be gay.

I myself have just never had the inclination in that direction.

To me it would be the same thing like going to the store and getting a box of chocolates and eating them and eating the chocolates when I really don't like chocolate. I don't feel physically attracted to women.

Mooring Mast: An equation between homosexuality and promiscuity is often drawn. What do you feel about that?

Lee: I think more gay people are and more honest. I don't see anything wrong with having a series of relationships with various individuals or being an advantage to be taken of the other individuals.

You're not dealing with sort of fragmented individual. An individual should never be used merely as a sexual object, but rather that individual should be seen as a whole person.

I would say a number of gay people are quite monogamous in their relationships. They are able to maintain a relationship for years.

It is possible to be gay and also have a long term relationship with another individual which is based on love and caring just like it is in a heterosexual relationship.

But there are some things that our society that is society, such as there is nothing so lacking to legitimize a gay relationship, such as marriage. They do not have the same tax advantages or heterosexual couples.

If they want to invite their other half to an office party it's not very likely that is going to

be regarded very well. There are a lot of small things that seem to build up that a lot of people don't notice.

For example, I should like to bring someone out to a dance here at Pacific Lutheran, but that wouldn't go over very well.

Mooring Mast: How many gay people would you estimate attend PLU?

Lee: It is very difficult to say how many exactly. I don't know that many students at campus to begin with.

On the campus I think I know only eight or nine students who are gay, men and women included, but there are a goodly number more than that. However I don't know very many, none of my other friends know more people on campus.

A lot of people feel very uncomfortable being open and here due in part of reprisals, by the administration or by professors or by friends of whatever.

I would estimate there are about 30 or 40 out here on campus at least, probably more though that one could be the second identity and eventually will probably end up being gay.

More of the people I know did not decide they were gay until they were at least in their early twenties.

Mooring Mast: Do you know of any faculty members?

Lee: I have known a couple of faculty members of Pacific Lutheran down at the gay bars. I think the chances of their being gay is not, I'm not sure, I don't know the names of these faculty members, however I've seen them here and I've seen them on several occasions down at the bars.

Mooring Mast: How many faculty members have you seen at the bars?

Lee: Three different individuals and I don't know their names and I don't know if they would want to have their names known anyway.

Mooring Mast: Would you ever make any effort to contact these individuals?

Lee: I don't really think it is important to do so.

In the next issue, Lee will talk about the problems of homosexuals at PLU as well as possible solutions.

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Financial Aid applications available

Financial Aid applications for the academic year 1977-78 (including Financial Aid Form and PLU Financial Aid application) are available in the Financial Aid Office.

All Association for Lutheran scholarship applications are also available at the Financial Aid Office only for students who are AAL policy holders.

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PLU gridgers receive awards

by Eric Wolford Gard.

The Annual football awards assembly was held Friday night and as always it was an affair characterized by many awards and speeches.

Heading the list of awards were A) George and Joe Horner receiving the most valuable offensive player award Steve Ridgway earned the most valuable defensive player award.

The most inspirational player award went to one of the tri-uptains Mark Brandt. The second most valuable player award for 1976 was shared by Prentis Johnson and Jim Horner.

Paul Wemmerly received the most valuable freshman award. The most valuable award went to Dave Madsen, Lee Bennett and Jim

Five other awards to the team were made in recognition of their ability, with the most Christian award to Prentis Johnson and Mark Brandt.

One characteristic of these awards is that they are presented on a team basis. This is why a number of individuals feel they are more significant.

As always, the awards assembly ended on a high note with the captain's speech for the football team for next season's captain who was elected the previous week by the team. The captain was Steve Ridgway, and Steve Ridgway passed up the bid to the last football captain for 1977, Duane Fromhart, Steve Irion, Prentis Johnson, and Rob Michaelson.



The new Lute football captains for next year from the left are Duane Fromhart, Steve Irion, Rob Michaelson, and Prentis Johnson.

—Letters—

To the Editor:

This letter is written with an element of risk. It may be that Thanksgiving vacation and the conclusion of the football season make continuation of the media debate about the Fellowship of Christian Athletes passe. It may be that others are waiting for a public confrontation in response to the challenging tone of the "Comment" in *The Mooring Mast* of November 12. It may be that others consider the issue so minor that further dialogue between the University Minister and *The Mooring*

Mast is an unproductive use of energy.

Nevertheless, at the risk of boring and/or disappointing any or all of the above groups I write now for the following reasons: 1) to acknowledge and thank publicly John Arnold for his willingness to discuss with me in person his "Comment" from November 12. In particular I appreciate his willingness to note my objections to being quoted out of context already on October 15 and subsequently misunderstood, 2) to support the durability and affirm the continuing need for a credible student newspaper on our campus which reports

the news and views of its constituents while exercising care for the total well-being of the institution it serves. 3) to state my desire to be involved in the continuing discussion of what quality education in a "Christian" context means for students, faculty, and staff at PLU.

During the last academic year the Religious Life Council developed a written policy for religious activities on campus. That statement was adopted by the Board of Regents in May 1976. It established three levels of religious activities at PLU. Level 1 (Sponsored Activities) specified the activities of the Religious Life Council and Office including University Chapel, University Congregation, and programs offered by the University Ministers. Level 2 (Endorsed Activities) created a method for developing other-than-Lutheran, denominational activities in response to student interest. Current examples include a weekly Episcopal Eucharist and Roman Catholic Mass in Tower Chapel. Level 3 (Religious Clubs) affirmed the freedom of members of the campus community to form various groups using the standard campus guidelines for forming clubs. Included at this level at the moment are the Fellowship of Christian Athletes, Bring-A-Friend Bible Study, Association of Latter-Day Saints, and Young Life.

The development of this policy was a deliberate attempt by the Religious Life Council to create a context for a diversity of religious activities to take place within a campus of diverse religious interests and needs. Though the Council functions on behalf of Pacific "Lutheran" University there are no built-in theological screening devices or subtle tests of orthodoxy to be passed prior to recognition. Nor are there lengthy rules and regulations which Religious Clubs must comply with other than a general University prohibition against proselytizing activities.

It is my present persuasion that this policy approach is not only the most reasonable (in view of the diverse denominational preference of our campus community) but perhaps essential for the vitality of a "Lutheran" University (a community of learning providing maximum freedom for responsible diversity where faith and reason are cherished and nurtured side by side with neither tyrannizing the other).

It also means, to the displeasure of some, that the Religious Life Council will be more interested in discussion and debate than in policing or pontificating.

It seems to me that one of the promising prospects of the Religious Clubs system is the potential for creating a wide range of small groups of students and faculty whose organizational purpose focuses on the search for faithful integration between the Christian faith and specific vocational areas. I would consider that kind of search a positive sign of health and a significant contribution to the quiet renewal of the Church in the mid-70's. Might I be so bold as to suggest that our campus not only has room for such integration groups for athletes and nurses but perhaps teachers, or philosophers, or biologists, or business and religion majors as well?

I make this suggestion knowing full well the potential temptations and pitfalls for in such a quest there is always the temptation that any given group, could become too much aspects of the Christian faith as being more easily integrated with the life-style and point of view of a given vocation. To that concern it might be easy to overlook those aspects of the Christian faith and which do not seem to fit or which appear less compelling. The ultimate pitfall, of course, is that each group could move in a separatist and sectarian direction claiming their integration superior to all others and developing their own private definition of worship and worship and Church.

However, I do not believe the temptations and pitfalls are sufficient reasons to refrain from the search. The more long as we understand that our diversity in the body of Christ is underscored by our unity in Christ. That is as long as Christian elders and brethren of divergent points of view are committed to reciprocal discussion of differences and are willing to take the initiative for such edification. That is, as long as our entire community recognizes and supports the necessary rhythm between small support groups and the larger worshipping community where athletes and musicians and ecologists and administrators and counselors and artists gather as a diverse unity in the name of Jesus Christ.

I offer the above as an alternative point of departure for the continuing discussion about "Christian" context. I am ready to pursue the idea in whatever direction appears fruitful. In the meanwhile I remain a willing "news source" for the editorial staff of *The Mooring Mast*, frequently offended but just as frequently forgiving.

Paul Don Icke
Religious Life Office

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Parkland Daycare Center serves PLU students

by Bob Sheffield

One year ago, the Parkland Daycare and Preschool Center opened serving PLU students, faculty and staff. The daycare center is located in the Church of God, which bought a percentage (30%) of the "slots" or number of children that the center is licensed to have. Although the actual center is located in the Church of God, most of the children (ages 2 1/2 to 4 years) are there because their parents are involved with PLU in some way. The PLU student director is Red Hagerman. The center's director is Marie Campbell.

The Parkland Daycare and Preschool Center is planning on expanding their hours of operation starting in February for students with night classes or those that want to attend on-campus activities in the evening. The evening hours will be from 6 pm to 10:30 pm. The current hours are from 8 am to 6 pm. There are small subsidies given for those that need them to encourage parents to send their children to the Center. The Center is looking for three PLU students to help take care of the increased load anticipated by the expansion of hours.

The daycare center first came

about as an idea that was researched for a year by ASPLU. Many students coming from junior and community colleges came to PLU expecting to find a daycare center. At that time many people were asking "what is ASPLU doing for off-campus students?" stated Hagerman. "All these supported schools have them, but PLU is one of the few private schools in the Northwest to have one." Early attempts to create an on-campus daycare center ended in failure. Not only was it an expensive proposition, but there was simply no on-campus space available. When Parkland decided to open a daycare center of its own, they offered ASPLU a chance to buy into part of the center. PLU paid \$1300 to reserve 32 of the 40 available "slots" that the center was licensed for. ASPLU does not actually run the center but is only involved in channeling students there.

At present, there are twenty children regularly enrolled. An important distinction is that the daycare center is not just a "babysitting service where the children are plopped in front of a television," stated Hagerman. The children stay until 6 pm when the parent accompanies the child to the center before the parent goes to work or school. The daycare center has a



The Parkland Daycare Center is located in the Church of God and will be open till 10:30 p.m. starting in February.

carefully planned schedule of activities including language development, physical activities, science and music experiences and free play. Creative expression is emphasized in addition to large and small group activities. There is also an occasional field trip to a local museum, park, library, etc. "Although it is not an expensive daycare center," according to

Hagerman, "the kids enjoy the people who are there. I can't say enough about the staff."

The center is licensed by the Department of Social and Health Services. The staff of the center is enrolled in the Child Daycare Cooperative Program under the Coverdell Public School Center.

Hagerman feels the center has been a success. "We've had many

parents and a high return rate of children."

Anyone wishing to obtain further information either about the student positions that will be available or about the center itself can call the Parkland Daycare and Preschool Center at 531-1050 (620 South 134th Street) or Red Hagerman at 537-6577.

Suicide is serious problem at colleges, universities

by Kurt Mason

"Jump" was dubbed the student's death playfully to the young man on the roof of the University of Massachusetts (Umass). He returned the death and dropped some model rocket engines that sounded like firecrackers on him. He then took a rocket and jumped 286 feet to his death. The preceding true story is a stark example of the increasingly

complex problem facing colleges and universities all over the country - suicides.

Suicide is becoming an increasingly serious problem for young adults, and has become the second leading cause of death among college students. According to a recent report, for a 10,000 student campus, 1000 students will have emotional conflicts which require professional help,

100-200 will become apathetic and unable to organize their thoughts, 15-25 will become so depressed to require treatment in a mental hospital, and five-10 will attempt suicide, with one-third succeeding. Each year, 1000 students successfully commit suicide in the United States.

Many reasons contribute to this fact. Some of the most common, according to Dr. Richard Seiden, Associate Professor of Behavioral Sciences at the University of California at Berkeley, include "worry over school work, chronic concern about physical health, and difficulties with interpersonal relationships." He also

noted that females are more likely to attempt suicide, males are more likely to succeed, and students with better than average grades attempt suicide more frequently.

What about PLU? According to Dr. Felony Springs, Residential Life Director, on suicide attempts have been reported in the four years he has been at PLU. "We're lucky not to have more attempts," he commented. What is different about PLU? "I couldn't really cite any particular reason why PLU is so unique and to have more suicide attempts," he continued. "It's a combination of many things. One of the

reasons could be that we have a strong number of students that are truly concerned with others. There is also a lot of staff and student concern for people who have problems. It seems to be a combination of things that cause PLU unique in this aspect."

With suicide rates around the corner, it is good to be aware of some of the signs that a person with suicidal tendencies might exhibit in times of stress. If a student is aware of anyone who is exhibiting such tendencies, he or she should contact Dr. A. de Van Dooren, staff psychiatrist. She will tell you how to help handle the situation.

Group Health Auxiliary to award scholarships

The Auxiliary of Group Health Cooperative of Puget Sound will award a total of \$4,000 in health maintenance scholarships in 1977.

Applications for the ten \$400 scholarships will be accepted by the GHC Auxiliary until February 15, 1977. Applicants must be Washington residents, have satisfactory scholastic standing, be in need of financial assistance, and agree to enroll in an accredited school in the state. There are no age or sex restrictions.

Those applying for the scholarships can enroll or be enrolled in such programs as nursing, medical technology, occupational therapy, X-ray technology, or health studies

relating to the medical field.

Applications are available from Mrs. Lloyd Wither, GHC Auxiliary Scholarship Chairman, 2105

Applications are available from Mrs. Lloyd Wither, GHC Auxiliary Scholarship Chairman, 2105 - 96th Pl. S.E., Everett, Washington 98204. The forms may also be obtained from Group Health Cooperative of Puget Sound, Office of Cooperative Affairs, 200 - 15th Avenue East, Seattle, Washington 98102 (326-6076).

Winners will be decided in March of 1977 and the scholarship presents you will be made at the annual Auxiliary meeting in May.

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ARTS

'The Last Chance' follows neither rhyme nor reason



Critics Voice

by Judy Carlson

No, contrary to popular belief, the Tacoma area is not the dead spot of the entertainment world. At least, not quite. Just a short drive from all of Tacoma's commercial garbage film and video shops is Little Lakerwood Theatre—the only place around that even tries to offer artistically important movies.

One of Lakerwood Theatre's unique features is their Midnight Special. Every Friday and Saturday night at 12 pm movies are brought in—for that time only. The price? Only \$1. What a deal—why, that's only 50 pieces of bubblegum! The bill changes every week and includes some surprisingly good films like *Lenny*, *Little Big Man*, *Foxy Rider*, and *Take the Money and Run*. This weekend's movies are the Beate's *Help* and *Let It Be*.

Last Saturday feature *King of Hearts*, the classic French film that even precedes the movie and was just as good. First an episode from a Dick Tracy serial was shown (what excitement! We were left gasping as Dick Tracy falling through a trap door!) Next was a *Lenny Bruce* cartoon, *Monty Python*—a lady look at the Lone Ranger ("Thank you, cowboy, you're a real man"). And finally comes the incomparable *Harold Lloyd's* *Swing Time* (I won't give away the plot). Gee, all this and it wasn't too long ago!

What a deal—except for one slight problem (since I experienced it, I'll pass along my warning to you). Seems like there's a danger of falling asleep. You may think you're wide awake when you go into the theatre but once you hit that soft chair and the lights turn out, all the sleep you've missed during the past week comes tugging at your eyes. *King of Hearts*, as far as I could tell, is really nice—sweet, romantic, poignant, with beautiful soft music playing in the background. But after an hour the colors of the screen began to blur and my eyes went in and out of focus like a cheap TV set. By 2 am my inner conscience was nagging at me to watch the movie "It's highly acclaimed", and I did have a guilty fear of being discovered snoring, but my mind kept returning to how lovely a bed would feel. (Ever experience that feeling in class?)

Ah well, the frustrations of a glassy-eyed movie critic. But anyway, be on the lookout for other midnight flicks, it's a great deal. And if you're interested in seeing a highly acclaimed movie, you might try catching *King of Hearts* (I want to!)

Currently playing on Lakerwood Theatre's regular bill is Ingmar Bergman's latest film *Face to Face*. In it, Liv Ullmann plays a psychiatrist who suffers breakdown. The first half of the movie deals with her breakdown while the second half deals with her fight to understand herself and to regain her sanity.

The film is not Bergman's best, (though an average Bergman is better than most everything else on today's market). It is saved from total mediocrity by a brilliant performance by Ullmann. Astonishing piece of acting! (Rave, gush, applaud). In her breakdown scenes, Ullmann pulled forth such disturbingly real emotions that it was frightening in her initial breakdown Ullmann was like a creature possessed, balancing on the fine line of self control—swaying back and forth to spasms of sob and hysterical laughing.

Near the movie's end is Ullmann's climatic fight for self awareness—her battle to purge herself of what has made her ill. She flashes back to a terrifying scene in her childhood where, because she had disobeyed, her grandmother had locked her in a dark closet. For a little girl deathly afraid of the dark, the experience was a hellish nightmare and one that has rooted and festered in her subconscious. In a white gown, white ankle socks and against a white hospital wall, Ullmann reenacts the scene—playing with uncanny realism both the bewildered little girl and the witchy grandmother.

For these two scenes alone, the movie is worth seeing. The rest isn't too bad, although it wasn't anything new. It seemed a little too Bergman in style—almost as if a student of his was trying to imitate his style.

The dream sequences, a Bergman forte, dragged on too much (although they were artistically beautiful). And because the dreams went a little overboard—some parts of the film were actually funny (although for many to laugh at Bergman is almost a sin). For example, Ullmann dreams she's in a room crammed with her patients—all who want her help. One woman opens her mouth and instead of a tongue is a message on a roll of paper. Another one lifts up her bangs, exposing a written message on her forehead. And the waking moments of the film are often filled with platitudes and clichés.

Still though, an interesting film. And oh, Ullmann...

by Greg Kieven

Rosamond Wiseman's novel *The Last Chance* is a 300 page variation on a theme that follows neither rhyme nor reason. Four women struggle through life, apparently paying for their freedom, but receive nothing in return. The only redeeming virtue throughout the entire book comes from Margot's realization that "life... a moment to moment thing is cheap and valuable." But life presents life as a constant existence hardly worth living. Sexual gratification is the only pleasure the women receive—and even that they do not really enjoy.

1978 marks the year of Joyce's diary-like narration into the lives of four women intermingling with one another, but never really affecting each other. Margot Kies is a newswoman who hates her job, makes it with any man she can get her hands on, pumps down pills and bowls to spite her parents, and even suicide but is saved by a doctor who slips her Delmann instead of the real stuff—what a storyline!—and spends her "off moments" trying to figure out if she's coming or going.

Eileen Rennie, the second character introduced, is definitely gone. Her life is a single mad opera. Her oldest daughter Jill is an 57 year old woman who spends most of her life with her feet down her

throat; then—just like in a moment of anger, she's forced to look on from below her brother's face, thinking she has killed her, immediately runs to the fridge for a bit of chicken. There's no curing her problem. Then Hank, Eileen's husband, is a pervert who attempts to rape Eileen's friend Rachel (one of the four) but can't do it because he usually is all wrong. And so make the family complete. Eileen has a affair with Eileen who makes her even an attempt saying "I, Eileen Rennie will tell my husband on December (date unnamed) that I want a divorce."

Rachel Fowler (the would-be victim of Hank) is the beautiful wife of Lawrence Fowler, a rich international banker. She has everything her heart desires: reports from Harvard, the latest in Paris fashion, and parties to attend every other evening. But she isn't happy, she even fantasizes to her life. As often is, however, out of the question because she thinks she can't be in love with Nikki (another one of the four) but she's afraid to think what that might mean. So Rachel goes back to school and takes up psychology, literature discovering that she never really did love Nikki but only loved her lifestyle. Finally, to all-excess a beautiful story, Rachel is stabbed to death by a madwoman who is written into the book long enough to kill someone. Rachel's death, then, is pointless, there is no reasoning to the violence.

Nikki Gelman, the final of "the four" is, to me, a captivating, the most one of all. A paleontologist who is in the field. Nikki is a businesswoman who attempts to murder and another her husband and yet maintain her own individuality. She'll be the first, then a affair, but unlike the rest, walks away from the relationship learning something about herself and her marriage. Nikki knows that her husband doesn't even know what he is or what she believes in. Nikki's husband wants to "own" her. Unable to cope with "a stranger", she divorces him.

The entire novel is filled with flings of passion, masochism, perversion, auto-masochism, and enduring pain. And from all the intense suffering and hardships the characters go through, only one (Nikki) comes to any real self discovery—used even that in the end of the story. We know that Nikki discovers something about herself, but when Margot says good-bye as she continues to chase men and beat down pills, she is apparently eating her way to happiness. And Eileen is glad she has "God old head" after all, thank the power that is love, you, but not like the little too painful; man has never control over the dream.

In other words, Rosamond Wiseman leaves enough for us to be satisfied, better reading material!

*Reading material courtesy of Walden Books at Tacoma Mall.

'The Mousetrap' mystifies

Agatha Christie's comic mystery of murders, "The Mousetrap," is set to mystify and amuse holiday audiences when the Seattle Repertory Theatre's production opens on Wednesday, December 15, at the Seattle Center Playhouse. Stated for a 24-performance run through

January 6, "The Mousetrap" will play two Student Preview performances the Saturday at 7 pm and Tuesday, December 14, at 8 pm.

Along with "Mystery on the Orient Express" and "Witness for the Prosecution," "The

Mousetrap" ranks as the most popular and successful of Agatha Christie's plays, making theatrical history with the longest continuous run of all time at London's Ambassadors Theatre. In 1952 it moved west to the St. Martin's Theatre and is still delighting mystery buffs.

In the style of a classic "Whodunit," "The Mousetrap" presents an intricate maze of logical clues which lead to a suspenseful last minute ending—also perfectly logical by hindsight. The setting is a snowbound English manor house where word is received by radio of a grisly London murder. The killer has escaped but has promised to kill again. With the arrival of the first guests it becomes clear that the murderer and his intended victims are among them and only the most alert will unravel the mystery before Miss Christie's surprise ending. Guest Director for the Rep's production is Reginald Denham.



Dennis Robertson appears as Detective Sgt. Trotter in the Seattle Repertory Theatre's production of Agatha Christie's "The Mousetrap."



Sound Advice

by Donald Peggy Keyth

This was supposed to be our year-end edition, a summary of the best and worst in contemporary music for 1976. Gathering all our information and making up our minds has been a major undertaking and the process is not yet complete. Therefore we're delaying "The Year in Review" until our intercom edition. At that time you'll be seeing not only our opinions but also those of some of the major record dealers in the area. Don't forget you too can have a voice in the best-worst categories. Just send your opinions to *Sound Advice* c/o *Mooring Mast*. The new deadline is January 4, 1977.

Now, suppose you're thinking of Christmas gifts for friends, lovers, or family. Have you ever considered the gift of music? If not, maybe now is the time. We don't mean for you to rush out and buy a few Christmas albums, though many

are very pleasing to the ear. The trouble with such music is that it is usually enjoyed only during a short season of the year. Why not try a more general contemporary album which will fit that special person's tastes, and have them remember you every time they turn on their stereo?

Our suggestion for gift-giving music is two-fold. If you're giving to someone who is new to stereos or who has a small collection of LP's, then consider a "Greatest Hits" collection. The record labels have just hit the market with a glut of such albums. There's a multitude of hits for all sorts of musical tastes. Take your pick from: Eagles, B.B. King, Doobie Brothers, George Harrison, Neil Young, Alice Cooper, James Taylor, The Bee Gees, Elton John, Chicago, America, Loggins and Messina, The Grateful Dead, Rod Stewart, The Ohio Players and the new to-be-released three

record set by Wings called *Wings Over America*. It's said to go wrong with a "Greatest Hits" collection. Be sure to check the local stores because many will be running sales on these items during the next few weeks.

If you're thinking of giving music to someone who knows their stuff and who has a fairly broad collection, then your best bet is to seek out something new, yet something that's within his or her tastes. Your choice need not necessarily be number one on the charts. Help them discover new sounds. If you'd like to give jazz, try: *Swire for Flute and Jazz Piano*, Tim Weisburg's *Live at Last*, Stanley Turrentine's *The Man with the Soul Face*, or Chuck Mangione's *Main Squeeze*. For those who like variety, try: George Harrison's *33 1/3*, Manhattan Transfer's *Coming Out*, Joan Armatrading, Jackson Browne's *The Pretender*, or Stevie Wonder's *Songs in the Key of Life* (which is number one). If you're got a hard rocker on your hands, consider giving: Kansas' *Leftoverture*, Foghat's *Night Shift*, Bob Seger's *Night Moves*, or Frank Zappa's *Zoot Allures*. If you like, you can probably give most of these a listen at nearby stores. Think it over, this year may be the year to give music.

Come Christmastime, one of our favorite artists arrives with her yearly contribution. This year is no exception and Joni Mitchell is here with *Hejira*. In our usual excitement, we rushed this record to the turntable, hoping to spend a wonderful few weeks wearing the grooves away as we reveled in beautiful poetry and music. Yet we're both looking at each other and wondering. The poetry is there, but what happened to the music?

In prior albums, especially *Court and Spark*, and *Hanging on the Summer Lawn*, a new and unique style emerged. The music was up-tempo, jazz focused and broad in its use of various instruments. No longer was the music the simple strumming of a folk-pop singer. At the same time the lyrics (poetry) took on a more complex and interesting flavor. The basic stories and music (say of *Shirley*) became the weaving together of paths of feeling and expression.

Now in *Hejira* that direction has changed. The music has sunk into near oblivion. Either it was thrown in as an after thought or it's too intricate to succeed. The larger hash-up band has been greatly reduced to the bare essentials, and often the music is distracting (frustrating). The lyrics also have changed, yet not so drastically. The songs all seem to be stories of a girl rambling around the country and around her own mind. Within this framework the lyrics drift like disjointed thoughts. Joni may be guilty of monotony with this album.

It seems incredible to say, after this, but this is not a totally worthless recording (far from it). It is definitely the work of Joni Mitchell and represents her time, talents and devotion (which to us is worth something more than say Elton John's time, talents and devotion). Her voice is strong, pleasant and always superb. That alone puts this head and shoulders above attempts by other artists. It also serves as a shield for inadequacies.

Obviously those who are die-hard fans will enjoy this record. The WBL focuses upon the

complications of Joni's voice or the ever increasing dark path that the lyrics take. Somehow we're often reminded of Steely Dan; you're never quite sure what they're talking about, but it sounds so smooth you know it's good. True fans enjoy, rather than criticize, and spend countless hours trying to figure out the mystery of Joni Poetry. The poetry here is solid, just a bit too bleak.

As far as we're concerned, "Black Crow" is the best song on the album. Much credit goes to an excellent job by Larry Carlton, outlead guitar. The lyrics are extremely stark and revealing. Following a close second is "Amelia" which is a contemplation on a conversation with, and a comparison to, Amelia Earhart. It is well written with interesting images that build and weave throughout the song. The music is made full and resonant by JONI's guitar work which is excellent throughout the album. "Refuge of the Roads" and "Coyote" are road songs which speak of escape and things that cannot be. "Furry Sings the Blues" rates special mention because of some fine harmonica work by Neil Young. We only wish he played more. The only total disappointment on the album is "Blue Motel Room". The music is uninteresting, the lyrics are trite and Joni's voice is annoying.

All in all we can't give up on the album. Our complaints are serious ones, and yet we still have hope. Each time we listen to the album, it unfolds new dimensions to us. We even can perceive that the moodiness of the album may be intentional to simulate the monotony of life on the road—which seems to be a major theme of the album. If you're a Joni Mitchell fan or want a new experience try *Hejira*. Then allow it the time to grow on you—it seems to be doing that to us. This album rates close to three stars out of four.

Music provided by Ron Neward and Bruce Partridge at Jukebox Music.

Christmas Festival Concert creates spirit of the season

by Dave Williams

PLU's Christmas Festival Concert, perhaps the best in years, can still be seen tonight and tomorrow at 8:15 pm and Sunday at 4 pm in Eastwood Auditorium.

PLU represents Norway at Model UN Conference

Next year's Model United Nations session will be held from April 13 to 16 in San Diego, California. Pacific Lutheran University will represent Norway. Students interested in participating, please fill out applications at the department of political science. Preparations for the MUN session will take place in the context of Political Science 336 (The Politics of International Cooperation). Students wishing to participate will be asked to sign up for this course for spring semester. Deadline for applications is December 15.

One very enjoyable aspect of the concert is the repertoire, which brings together contemporary compositions and more traditional works. The combination forms a fine balance.

The various choirs are in excellent form, particularly the Choir of the West. The orchestra is delicately directed and effectively complements the dancers and singers.

Mark Halko and the other soloists are excellent. Julie Bright amazed the audience with an oboe solo, sometimes reaching up three octaves.

Organist Bruce Heswick is utilized quite effectively. The music department seems to be exploiting his talent to the fullest and justifiably so; his performance continually supports the choir and orchestra.

Also, Katherine Beckman leads the captivating dancers in original choreography.

Of all the things being done in the Christmas spirit, most enjoyable is the Christmas music. PLU's Christmas Festival Concert does an outstanding job of creating that spirit and welcoming the Christmas season.

RECORDS



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Mooring Mast Interview: Frosty Westering

by Mike Bury

When the Fellowship of Christian Athletes pamphlet was handed out at the UPS football game, many people appreciated it, but many others were angry about it. The issue seemed to be the pamphlet itself.

But underneath that issue, was the issue of Christianity in the football program. Since the FCA pamphlet discussion, many people have expressed the view that the real issue is how the coaching philosophies of Frosty Westering and his assistants are conveyed and how they effect the players on the PLU football team.

Frosty Westering is a unique and dynamic individual. He was hired to coach PLU football in 1972 and since then he has left an impression

on students, faculty, and members of the University community and the local community.

He played football for the Marbles and two universities. He has been athletic director and head football coach at two high schools and two colleges. He received a doctorate in education from Colorado State College.

He has been involved in many motivational programs and institutes and uses the material and principles he has picked up from these in his coaching and his public speaking. He spends most of his off-season time in public speaking.

Since he has been at PLU he has won 33 games and lost 13. He has won one NWC championship and tied with Linfield and Whitworth

for another.

But beyond his coaching and his educational experience, Westering is an emotional, sensitive and dynamic man. His personality seems to attract people.

There is yet another side to Westering. He can get angered at someone who gives him cause. He can yell and chastise his players when he deems it necessary, but he usually ends up apologizing for the outburst.

When the Mooring Mast first attempted to reach Westering for an interview, he expressed his desire to do the interview after the season, but agreed to do the interview at his next possible day. The date was set and this reporter went to Olsen Auditorium with tape recorder in hand.

Before the recorder was plugged in, Westering stated he would not do a taped interview, but would only accept written questions to which he could reply.

He was given several written questions, but before he had responded, editorial pressure and a clarification of Mooring Mast interview policy caused him to grant a taped interview after the season was over.

The Mooring Mast was then invited to attend the postgame locker room meeting at the Western Washington home. The experience was enlightening and provides much of the tone for the interview.

The interview was taped in two segments in classrooms in Olana. Westering was very cooperative.

Mooring Mast: I want to thank you for letting John Arnold and I come to the locker room after the Western game. Is it a required thing for all players to attend that post-game meeting?

Westering: Yes, it's part of our regular game plan. We have a pre-game meeting and a post-game meeting. It's just one of our team-meetings.

Mooring Mast: How do you view it's value? What is the purpose of it?

Westering: I've been doing this type of post-game meeting about 15 to 18 years. I've found that after many

games so many teams just shower and split and that's all there is to it. They have to deal with the win, the loss, or the whole thing on their own. They have to deal with their feelings. I've watched many players come in mad and upset at themselves, their teammates, the officials, whatever.

So, I felt one of the most productive things you could do after a game is bring your team together and deal with the game and what happened and deal with the whole situation as you see your team and they see one another. So the fellowship following the game is probably the greatest emotional release a team can have in dealing

with a win or a loss or anything.

I consider it a vital part of building a team together. I think the feedback from our team has been that of all the meetings, that's one of the most productive, because they're dealing with it in the now, not on Monday morning at a chalk-talk.

Mooring Mast: Do you think it's value would be equivalent for a Christian or a non-Christian player?

Westering: Well, I hope so. I guess the biggest thing is dealing with both aspects of coaching, secular

and Christian. I think they are compatible in many ways. I guess I see the fact that a person takes away from a program what they want to take away from it. Just like any class or anything else. You go to a class, you get a grade, and you take out of this class whatever you can.

I guess I see our program as such that we feel that we are a Christian coaching staff, not a have-to, but of course a want-to. I didn't hire the other coaches, they were here; I haven't really hired anyone since I've been here. I've had a lot of graduate assistants and people helping me.

(Continued on Page 8)



"I think a guy with a positive attitude is really gonna make more things happen than the guy is constantly ready, when things get tough, to bail out. That may or may not be true, but I believe that. If I can help a guy believe in himself a little more, then I think when it gets tough he's gonna stay with it longer, rather than hang it up."

"I'm not promoting and selling the fact that you gotta be a Christian to make this. In fact, I don't believe that. I believe many people reach excellence without being a 'Christian.' But I guess I just feel the trip is neater when you are, and I guess there's a lot of things there that you have to go on."

"I guess I just feel that the joy of coaching is in helping the other guys to help themselves to become the best they can. Some of them don't run as fast and some of them aren't as big or as strong, but they have re put this together. It isn't an individual game, they've got to submerge themselves into the team."

Mooring Mast Interview (Continued from Page 7)

But I guess I've kinda felt that the idea of the things I'm trying to do and the values I feel in a football program and in coaching can best be exemplified in the type of program we have. How whether a guy is a Christian or not deals with where he's coming from.

Mooring Mast: With the post-game meeting as it is, the sharing and the fellowship there, it generally seems to lean toward expressing values that are Christian.

Westerling: Yes, I suppose so, but I guess I'd say this, you know Christian values can be interpreted—I think our country's based on Christian values.

I guess I see that every coach has certain values promoted through his personality, regardless of what coach he is. And the team reflects in many ways the personality of the staff. They're each individuals, but the program is still different. If they're a win-at-all-costs, that's one type of play that will show.

"I really try to help guys become self-starters because of all the guys I've coached that have gone out and are successful in the business world. They really learned to do things on their own rather than 'have-to do them'."

But there's one thing I'd like to share with you that I think is very important in my coaching style: the one thing I try to help a young man develop is what I like to call a winning attitude. Now a lot of people say "what's that?" If you want me to expand, I'd like to share because I think it's very pertinent to what we're talking about.

A winning attitude, number one, is a positive attitude. A person has to learn to be positive about whatever situation he's in and make the best of it. If you win, great, if you lose, you've got to deal with loss. If you're in the middle—you've got to make the best out of that situation. And that isn't easy because everybody tells you now-a-days, "if you don't like a quit, or change, or jump". The choices are made.

So I think a guy with a positive attitude is really gonna make more things happen than the guy who is constantly ready, when things get tough, to bail out. That way or, may not be true, but I believe it. If I can help a guy believe in himself a little more, then I think when it gets tough he's gonna stay with it longer, rather than have it up.

The second thing with this is the guy becomes a self-starter. I really try to help guys become self-starters because of all the guys I've coached that have gone out and "are successful in the business world." They really learned to do things on their own rather than "have to do them." They became

guys that wanted to do things, do extra things, they wanted to improve, they wanted to seek excellence.

That's what I constantly try to stress to the guys, now they don't all buy these things. I don't say they have to, but I try to let them know that I don't really think you play to beat the other guy, even though that's what the scoreboard shows. You play to play at the highest level you can, and then the score is gonna take care of itself because if you play at a high level, you're gonna win many games and you don't get uptight then I've watched a lot of teams crumble.

If a guy can be a self-starter and not get hung-up with the have-to's and want-to's the boys gonna get further ahead.

The third thing I really try to stress is goal-setting, to try to help set goals, physical goals to get stronger and faster. We can run and have their lift weights and all that, but if it's not really built into 'em they really aren't going to improve that much. Like aerobics, our team now probably has the strongest aerobic base of any I've ever had. They all run the mile-and-three-quarters routes every day in the 12-minute time limit of the high level aerobic base. And they're doing that on their own. We ask them to come in and see where they are in the 12-minute run and we're saying the excellent level's 1 3/4 mile. Now if you don't make it, you can choose to run until you reach excellent levels.

Or work on strong skill goals, special goals, such as receivers working on catching and kick moves to get open. Or make it so many little goals for himself this year on getting open and reading the backs, that he improved so much.

And then the mental goals, the mental toughness, the will to win, the will to hang in there. And I give them lots of things, I'll be glad to show you, that I've gotten in motivational clinics all over to try to help guys see what it takes to be mentally tough. Lombardi had a lot of great stuff when he was coaching and a lot of things have come out of many different institutes. These are things that I think are very important in goal-setting. The guys fill out goal sheets and they feed them to the coaches. The coaches feed back to them ideas or things to stress what they're doing. Then they take 'em from there and build on them each week. Ninety percent of guys use the goal-setting program, but there are those that don't feel they want to take time to do this and that's their choice.

Then the last point is that I don't think you can do this alone. I think a person has to have help. Help from his teammates, help from his coaches, help from many

sources. And now you get into the fact where the quote, "Christian point of view" comes in rather than the secular point of view. Because the secular person would feel he could do this with the help of others. But from my point of view the strongest point that I feel is that the strength here comes from the strength of Jesus Christ, in the Christian conviction of needing more than just your own personal help.

That's what I shared in the pamphlet and that's what I've shared in the many talks I've given in various places. But in many places that isn't part of it. It's a secular talk, it's a secular motivation talk. People want to talk about goal-setting. They want to talk about this but your hot-button idea I've kind of caught on to in terms of getting people anxious to do things.

What I'm trying to stress is this winning attitude because, with that, I think a guy'll not only be a better football player, but he'll be a success in whatever he does. Now guys can take that and sort it out and use it in any way they can, but I find the guys that are goal-setters, that do follow these basic principles, are usually the guys that are succeeding.

Mooring Mast: With yours and the coaching staff's advocacy of the Christian outlook on life, along with the direct involvement of the FCA in the program, and all these other things that are involved, as far as Christianity, in the program, do you believe that there is some pressure on these guys to go along with this or do you think it's just the kind of thing where they can pick up if they want to?

Westerling: Well, I hope that it's the kind of thing they can pick up, if they want to. But pressure is kind of a loaded word in a way. But pressure is something you can identify with a relationship. I try to build a trust relationship with my guys and I am glad to let them know that.

"I guess I see our program as such that we feel that we are a Christian coaching staff, not a have-to, but of course a want-to."

I will help them in any way I can. I help them succeed. I don't go around saying if a guy's Christian or not, I've helped all kinds of guys. I've helped guys that have been in jail, that have been all over the place. In my whole coaching career I've helped guys in all kinds of situations. I have never questioned the Christian-non-Christian thing. But there was a trust there that we had for each other. Just because of the fact that they know they can depend on me to help them because of our relationship.

I asked the guys that question because I felt a need. I wanted to

get the pulse of the guys, I don't want you to think that I'm here and the guys are there. I'm sure that I can't be all things to all people.

If every guy in the program is happy, then something is wrong. Everybody can't be perfectly happy, because only so many get to play and only so many get to travel. But I try to do the best I can. And you know, most of them have shared in whatever way they could, the highest percent, that they feel those things are here. It's an obvious meaning in my lifestyle. If they're not here, do big deal.

"I don't want anybody feeling that we're down here evangelizing and waving the flag and having a prayer meeting before every practice or every meeting or every ball game."

It doesn't affect whether they play or not because I couldn't tell you whether they belong to FCA or not. FCA is a group apart from the football team. I'm one of their sponsors, but they have their meetings on Sunday nights and in the fall I'm not even able to go. Sometimes, I know, there are six or seven guys there, sometimes there are thirty or forty. It depends on the situation.

I am involved in it occasionally. I think the greatest thing about FCA is that it's not a hard sell, high key, this is the way it's got to be program. They're saying this is a way, a Christian way. It's another way that maybe you want to look into. If you do, fine. If you don't, that's where you're coming from. I have to answer you by saying, if there's pressure on, then I guess that's my style and it's an unintended pressure.

Like the brochure. It was not intended to force anything on anybody. The brochures were all over the country. The way it was worded, maybe there were a few things that could have been changed that didn't quite come out right. For instance, the guys looked on the back. Maybe it should have said these are FCA guys who are supporting the brochure or something. I didn't proofread it. I didn't see it until it came out.

But that is no big deal, I just say that I don't want anybody feeling that we're down here evangelizing and waving the flag and having a prayer meeting before every practice or every meeting or every ball game. Because I think if you go through the week, starting with our Monday night meeting, you'd find the only sharing and prayer fellowship is in the little pre-game and post-game and that's it, outside of what goes on outside of the team.

So, I appreciate your sharing with me some of the feelings that some of the guys have felt. But

Mooring Mast Interview

I tried so hard not to make them feel that way. At least I thought I did, but evidently I haven't.

Mooring Mast: I do know a few football players who have gone to, say, an FCA meeting, because they felt they needed to impress the coaches. How do you feel about something like that?

Westering: Well, I guess, if I know that to be true, I would like to stop that. I don't want a guy to feel that. Maybe that's a feeling they feel because of other things, but I guess I feel when they've got their head in the right direction they know that that isn't a big deal. The guys even help determine who starts for us, in relation to certain areas where they're very close. I've had guys this year who would come and say, "gee, I really feel he should start this week." He's earned it. Because we don't have the challenge drills or the things like some coaches do because that becomes an individual thing. I feel when a guy's willing to give more of himself and appreciate the success of another guy, then things start happening.

This year was an interesting season, you know, we lost three of the first four and everybody just wrote us off. I mean just wrote us off. I think you could have made a mint on the Lindberg game. There wasn't a guy in there who wouldn't have bet, if you were a betting man. And so we turned something around there and made some things happen because of various things and then came on very strong, you know.

"So, you get caught in the problem between a seniority program where guys just automatically move up, or where you have guys coming into your program and taking over from guys that are here. That's a struggle."

But then sell in the Whitworth game, they were such a more physical team; they out physicalled us so much. Our guys were really sore afterwards. But we were able to finish and work through that game, you know. The Western game we didn't. Weekend off all apart in a lot of ways. Yet, that was no one's fault, in particular. It was a situation where you're playing high-risk offense and we got caught, and things didn't go. I'm trying to say that if a guy feels he has to do this or that, then I'm not coming across the way I want to come across.

Mooring Mast: You don't seem to be coming across to some of these guys? What do you think is the problem?

Westering: Maybe, there's those unspoken rules that guys feel, especially when they come in a program. And for a lot of guys, Christianity is maybe a set of rules

so that. It's like going to Sunday school and getting thirteen year pins, or whatever. Guys may feel that going to these things are... I guess they really don't know us, then, when they feel this way.

"A lot of programs use guys. You get butt until you're down the tube."

So many guys have played for us here and have done so well and are coming from wherever they are at.

I guess all we're trying to say here is that I love the guys I coach with, I really do. And I love working with young people. I've had a lot of opportunities to coach at other levels. Since I've been at PLU I've been offered three opportunities, two of what would be called "big time schools." But I don't want to get into that particular situation, because your relationship with guys is very limited. It's strictly you coach 'em, you recruit six months, you know, coach-recruit, coach-recruit. And I love to teach. That's why I went ahead and got my doctorate degree, see.

Mooring Mast: Do you think that maybe being in a position as a coach, which has a lot of connotations of a father or an authority figure, would have some bearing on the fact that some things aren't getting across?

Westering: Yes, it could be. I think this, though. I think there's no trust. They haven't really got the confidence level in our relationship. A coach can talk to a whole group of guys and not be really close to any one guy. You're talking to a mass group. It's like a professor in a class. But then when you get in small groups, then you start to know each other. You see, I could've been short a coach right now. We don't have an offensive line coach.

Now, here's a good example. Duane Oyler was with us. He was part time coach.

Duane would be a good guy for you to visit with, because Duane really was kind of, his faith was, well he was questioning a lot of things, which was great. And he was part of our staff, but he was teaching at Bethel high school and here. And then he had this opportunity to go to Lindberg, and he was going through a divorce in his own personal life at that time, and so he decided that this other opportunity was better for him. But Duane was coming across from another point of view and there were guys that could share with him, which was kind of that.

I guess I'm saying, the more you get closer to guys, the more they get to know you. And then they start to see what you really are. You know, your track record, the confidence they can build in you,

the trust they can have in you. And, I guess, a lot of guys you'll never get that close to. So you're speaking of "the program," the lecture, the talk, the chalk-talk, the movies and all that. I'm just sorry we can't come across in a way that could reach them. Again though you can't be all things to all people, so, I don't know. I guess I'd have to say that they have to trust our judgment as coaches in picking the guys to play, although we go to our guys. In our offense and defense we ask a lot of our guys to help us. Some coaches think that's a sign of weakness. I feel that's a strength to find out from your players things that they see that will help you. I built my offensive and defensive systems on a lot of player feedback.

At the end of the year we ask our players to feed back things to us, anonymously. What do they like best about the program? What do they like least? And what are some general comments. And it's strictly anonymous.

And of course the one thing every year that the players like the best is the breakaway at the start of the year. We go away for two days and it's just a fun fellowship situation. That whole weekend is just fun and fellowship. We have a church service on Sunday. It's kind of open service on the beach. And it isn't a service, it's just a sharing time, about a half hour and some quiet time. Other than that the whole weekend is skits, dogpunch, olympics, fun things and they really feel that's a great way to start the year.

Mooring Mast: You just spoke of having players help pick who plays. I've heard a little bit from different guys who've felt that whether or not a player was pro the program, had an affect on whether, in a tight situation, where you had two players vying for the same spot, one who was pro the program and one who wasn't as much into FCA or the Christianity thing, that the guy with the FCA outlook would get the starting spot. I want to know if you feel these things play an underlying part in it?

Westering: First personally and honestly, no. But if they feel it, it must be the way they see it. However, you set up certain priorities of commitment of excellence for why guys play and why guys don't play. And it's always been a hassle, when a guy plays and a guy doesn't play, why the guy isn't playing. How can I play, or "beat the other guy out?" And I guess when a guy's kind of hung up on that, or not hung up on that, but really dealing with that, he can't really see these opportunities to play as the fact that these are the guys that are starting and these are the guys the coaches chose and I'm gonna support them. And when I get my chance I'm gonna go in and do the best I can. And then my

opportunity will come later.

That's one thing that we do have that is a little different. We don't bring in a lot of transfers. A lot of schools, Central, Western, and UPS especially, bring in a lot of transfers. That means that kids come in as juniors and they're pretty strong physical guys, usually. They want to play right away. They're gonna beat whoever you've got in there. They're gonna beat him out and play.

Well, I've found in my years of coaching that maybe you'll get the strongest physical team on the field that way, but the team becomes a very, very loose-nit operation. And as far as pulling together for team excellence or team glory, the individual line got to be up on top. That is, he wants his stats, or the, "I'm doing it, you guys aren't doing it" idea.

I guess I've felt the most important thing in this is to recruit freshmen, bring them in out of high school where they can mature, where they can learn to play on a JV club. Now we're the only ones comparably, promoting a real JV club. We played five games. We played up at the University of Washington this year. That was a tough one to play because we couldn't play all our guys. If we could have played all our guys we could have given them a real good game. But it was the day before the Pacific game and I had to hold out about nine guys who couldn't play.

But anyway, I've gone to every JV game, bar none, since I've been here. In fact I missed my son's birthday because of being at a Bomber game three years ago. And the players found out about it and it was just exciting for them to know I believed so much in them.

"We have one idea that some guys don't buy. It's just a put-up or shut-up idea. That is, put a guy up, or don't say anything at all."

I built the Bomber program because I know the need of a guy the first year in college to get in and feel part of a team. I've helped coach the Bombers. I've given it to our student coaches. I'm always trying to recruit guys in help cases. This year Ken Hinkle and Mike Dunbar kind of coach it. The Bombers, that we want to get some kind of help guys to play, get some confidence. And all of them don't understand there's quite a transition to college football. When they play in those games and then they get a little varsity playing, though this year not many freshmen played they get some experience. A lot of freshmen will move in next year into the key roles because we had quite a few seniors.

So, you got caught in the problem between a seniority program where guys just

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automatically move up, or where you have guys coming into your program and taking over from guys that are there. That's a struggle. Right now we've got maybe half a dozen junior college guys who are interested in coming. Well, that's great, if it works out. They have to come and start in the program. They don't just get here and say, "okay, I'm gonna start for you because I'm the most physical". They have to learn our system and become part of it and some of them have to really deal with that. A lot of them are told at junior college, "play well here and you can go start at any four year school," especially the size of PLU or UPS or whatever. So a lot of these guys are sold things or have bought ideas that just aren't true when they go into a program. We've doubled our

Mooring Mast: What are clutch players really like? Well, they're unselfish players primarily. They're not hung up with their "stats" and that.

squad size since I've been here, we're in the 80's now. In fact, we've had to, budgetwise, stay under 80 this year because our budget wouldn't handle it. So we haven't been able to let all the guys come out that wanted to. Couldn't invite everybody to come the way that wanted to. We're working in a structure there.

Trying to go back to your question again. If a guy feels that way, well, I've tried to say my office door is open and I'll talk to any one. I've talked to a lot of guys one on one. Some guys I haven't because they didn't feel they could. They really feel this wall there, or they didn't feel they could really discuss this. I've learned a lot about sharing myself with others, but I guess I'm just trying to do what I feel is the best to help these guys come to the best they can, striving for excellence. Now, if being a Christian is part of that, then that's neat. If it isn't, then the guy's on his own trip here and dealing with his own things that he identifies with.

Mooring Mast: Have you ever had a problem with not being able to talk to guys who wanted to talk to you?

Westering: Well, I may have. Except most of the guys I've talked to have plugged the time in. When they wanted to talk, we plugged the time in. The main time we talk is right on the field. We spend a half hour, from six to six-thirty or six-thirty to seven there. During the day it's been really tough.

Mooring Mast: What if it's during the day then?

Westering: I am involved. I am an outgoing person, I've been asked to speak at a lot of places, banquets and dinners, seminars. So, I do get involved, and in those, I just share the basic things I've shared with you. The idea of a positive attitude,

being a self-starter, doing a goal-setter and realizing you can't do it alone.

But I'm not promoting and selling the fact that you gotta be a Christian to make this. In fact, I don't believe that. I believe many people reach excellence without being a "Christian". But I guess I just feel the trip is easier when you are, and I guess there's a lot of things there that you have to go on.

Mooring Mast: You seem to come across especially to students, not necessarily athletes, not holier-than-thou, because that has some bad connotations but as an almost God-like image. There's a lot of respect for you, but it's almost awe, as far as students on campus go. It comes across in many different things. There's publicity you've had as far as your outlook and your football program, and when the freshmen first come here and they have the "no-sweatdays," the football team is there and you come out and give a little talk. I just wondered if you were aware that you were creating an image of that type, and then if you were aware, if you were attempting to do that, or whether it was just a by-product of the type of person you are.

Westering: Boy, that kind of scares me because I wasn't aware of that. I really wasn't. Because, I've got my failings so much. Like I told the team, "what a you it's been," and yet, in a way, there are so many things I could have done more for the team this year.

I was not aware of that. I have a lot of kids in my class, a lot of kids take my health class. I teach five or six different classes. I try to be the human person that I am. I really don't know how to answer you there. I love students, I really do. And I like to see students excited about what they're doing rather than just going through the motions. And I know a lot of kids in college kind of endure their college careers, you know, they don't really enjoy it.

I just want you to know whatever I have to offer as a teacher or as a coach or as a person is just the few things that I feel I can share with people that can help them be better themselves.

Just talking about the so-called days that thing had gone down the tube to exciting and we were ready to do away with it because it got to be a hazing, you know, the freshmen come and they got their hats sprayed with that kind of stuff. It began to build up animosity. But I said there's got to be a better way.

And about the discussion we've had on the pamphlet, I've talked to Ken Christopherson and others and I appreciate their point of view so

much. I guess I'm just trying to say that we came across with the point of view we had, and if it seemed to be hard sell, that wasn't the intent of it, and the same way with our program. That's why we've invited people to come, not for any show or anything, but just to kind of see. One time we played down at Pacific and after the game we had nowhere to go, so we had our post-game meeting out on a hill and a reporter came up there and sat. He went back and had an artist's drawing that had everybody holding hands and he called it the longest prayer meeting in the history of football. It was just the same kind of meeting that we had there, (after the Western game), a lot of sharing, a lot of feelings.

You don't know what it does to a freshman in the program to play, and some senior they look up to, like these guys look up to Horner, Brandt, Ridgway and Besette, gives them a compliment. It's kind of a hand me down thing. We have one idea that some guys don't buy. It's just a put-up or shut-up idea. That is, put a guy up, or don't say anything at all. Well, some guys say, life is rip-offs and you have to put up with them. But in one-to-one you don't.

That doesn't mean you're uncritical and that doesn't mean you aren't making constructive comments to help people to get better. Because then I think you're copping out because everything isn't super-super. And I think we try to deal with that in my coaching, you know, I try to help guys seek the best they can be.

I just come back by saying that I really appreciate what you've done here with the discussion of this whole thing. I think a lot of papers, like I mentioned to you, have picked it up and really blown it up so that it looks like there's a north and a south here at PLU, and the flags are waving and all that. I don't believe that at all. I believe it's given people a chance to really look at themselves without any "pressure," and deal with the way they are.

"One of PLU's images outside is a conservative image...but the idea here is that so much of it is based upon "an image", a pre-conceived image."

Mooring Mast: I just wanted to let you know a little bit more about the image you have. I've experienced your times when you were angry and this is a fact, that you get angry. And what I mean by this image that you have, is that a lot of people don't know that, down on the field at games, half-time at the Western game for example, you get angry and yell.

Westering: And I think that's really important. It's just like with my kids. You know a lot of times you love them, but you don't love what

they did. So as kids grow up you have to decide whether you're going to spank or not spank. Or are you gonna discipline or not discipline. And you can eat my kids, we spanked along the way. But a lot of times you're wrong when you do that, but that's where you're coming from.

"Major Universities try to be all things, so you come to our school and we've got it here for you."

When I came here, I asked the players that were here before just to relate to me the same things we ask every year: what do you like best in the program and what do you like the least. The thing the players like the least is seeing the old film run back and forth and showing them all the mistakes they were making. You know, the old button. There goes the play; look at the block you missed, look at the tackle you missed. And it got to where guys just didn't want to watch the movies, because the movies were just a rip-off session. So we don't do that anymore. We show the movies, the guys look at them and then we have our own unit meetings where we look at specific parts of the film, you know.

I would have been wrong at halftime, but I was concerned with the fact that our guys weren't seeking excellence. Here Ken Horner has a super run. He broke five tackles, he only had two blocks, four blocks, but just a great individual effort. So I was trying to let these guys know, that they had more than they were showing. Not one guy, but all the guys. And if I feel this is what needs to be done, then it is.

Now, it probably wasn't the thing to do, but I had to do because that was where I was coming from. And I don't think I was unjust, I didn't incriminate anybody. It was a team thing. It was a feeling of take a look at yourself in the mirror and let's come back and do it. Well, then we come back and, first play in the second half, they score. We're down then and we try to play catch up and we get beat. But you bet I get angry. Like I say, my flag goes up.

I remember we first met two years ago. We sat down over at Columbia Center and visited a little bit. And I know you must have walked out of there wondering what I was talking about. Because I'm sure I talked about things that were different, because our program is different. Even, take the "Christian element" clear out and it's still different. Our crazy hal days, our breakfasts, we do so many things.

At so many places they couldn't handle that. Because I've tried to make our guys as real to the students as possible. Not like the players are up here and the students

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are down there. At universities they say, "let's go out and watch the animals play on Saturday," because they keep them over in athletic dorms, and they get all stinks, and they get full scholarships. We don't deal with any of that. You're in a dorm. Our guys are around.

And I just love the students here. I really do. And I'm sorry that I come across this hulk-thun-thou image because in no way is that true. I've stubbed my toes and I fumble the ball lots of times. I have had to apologize to my team many times. I'm an emotional guy, too. I cry. And I'm not afraid to cry in front of our team. I cry because I know it's an emotion, many times a joy, with the team. And I guess a lot of people don't experience these.

Some people have to learn that so much of life is dealing with highs and lows. Like you'll get a great grade in class, or you'll break a dam, or you lose your girlfriend, or you get a new girlfriend, or you get a job. You're always dealing with highs and lows. And you've got to balance these up a little bit. I guess, that's what kids don't learn. But, where do you learn that, except at a school of hard-knocks?

We've developed some things that can help guys. And I'd like to share with you. I don't know whether you've looked through one of our play books, but I'd just like to share the last but not the last of the play book. I've got some things in there from all over that are just out of motivation, to help a guy motivate himself. You know, qualities of a clutch player. What are clutch players really like? Why do they play well in a clutch situation? Well, they're unsolistic players primarily. They're not living up with their "stats" and that.

"I guess the thing in that locker room that allows something to happen is when a guy really understands what's going on."

I'm sharing that with you, in terms of the fact that controversy gets people uptight and they have to choose sides. Well, I don't think we're talking about choosing sides here at all. And I appreciate what you're doing in that regard. There's a trust level. I've got a high trust level with you, I really do. I'm just sharing everything. The thing on tape before, you know, I talked about writing the questions out. I guess I was just caught in the box of being quoted from all over the place and I just felt that I had to have something down I could make someone see. That's what I was trying to do. But I'm glad we're doing this today.

Mooring Mast: Do you think that with some of the press that has pointed out that this is a Christian coaching staff and this is a Christian school, and the general

acknowledgement of the Christian aspect of PLU football that any prospective players have been discouraged from attending here? Say in a hypothetical situation, there's some athlete who is interested in business and he knows PLU has a tremendous business school. He wants to play football also, but he is not interested in the Christian aspect. Do you think this happens?

"It's bouncing back off any way that's the kind of person you are. Because you'll win again, you'll come back."

Westering: Well, as far as our football program, I don't think a lot of guys are wary. I don't think that is a discouragement from the "football program." I think PLU is a way, does, because of its nature. It is a Christian university. We're not Pacific University, we're Pacific Lutheran. I know when I go out to recruit, a lot of them say, well, I'm not sure that's where I want to go.

One of our images outside is a conservative image. PLU "is conservative," whatever that means. Compared to Central, which is a state school, and more open of whatever. I don't know whether they're talking about partying or what, but, the idea here is that so much of it is based upon "university," a pre-conceived image. But it's never come up. Except PLU. What PLU is, it wasn't whether you're suited fit in our program or not, or you're a "Christian coach". That has never entered in the discussion.

We try to encourage guys to come. There's so many roadblocks in coming to PLU in the first place. The grades. So many guys can't come because of their grades. The money. They can't come because of the cost of PLU. The idea of the whole social setting of PLU is that it's a dorm campus and you can't live off right away and some kids don't want to live on, and so forth.

We're outbalanced in recruiting, and we've already got names of some eighty kids and we can only recruit about 20. And we'll have a lot of kids come who were oversold in the recruiting. I have volunteers from our football team who will be glad to show guys around. I don't care who that is. I make it open to volunteers. And maybe twenty guys will volunteer. The kid comes in on the weekend, and we'll take him and show him around. Take him to a meal and take him to a ball game. When we recruit, we want a guy here, to be in the dorm, to meet the people. To go to class if he can. They come down and spend some time with me. Find out how it's gonna fit them financially, whether or not academically they can get it.

From those original twenty it will shape down to where some of them leave. So out of the twenty we may shape down to eight. And then out of the eight it comes down to five of

them coming because they can't borrow money to come to PLU and some of them don't want to do that. They want to go to a junior college or "go on a full-ride," or they want to walk-on at a major university. We lose a few who walk-on. So I hope that situation's discouragement.

From those original twenty it will shape down to where some of them leave. So out of the twenty we may shape down to eight. And then out of the eight it comes down to five of them coming because they gotta borrow money to come to PLU and some of them don't want to do that. They want to go to a junior college or "go on a full-ride," or they want to walk-on at a major university. We lose a few who walk-on. So I hope that situation's discouragement.

Mooring Mast: Do you try to let them know that all our coaches are Christian and that some of these things are involved?

Westering: No, on our staff there are three of us that coach full time. Joe (Brooker), Paul (Hanzeth) and I. And Paul has never been involved in FCA hardly at all. Joe has been involved in FCA and so have I. The other coach, Mike Dunbar, is a graduate assistant coach this year and Mike, we didn't know where he was coming from. He heard so much about our program and he just wanted to come and be part of it, and here Ken Fajole, one of our players last year, helped us so much. We are so open to guys coming in the program and helping us. Denny Langston, (spotter), did all of his own free choosing you know. And former players scout for us all over now. We don't even have to have scouts in the Oregon area. We have four former players that just love to scout that area for us. They just love to scout those teams.

I hope that that's so - but if it is and the players feel that way I know psychologically it's true that if a guy feels that way, whether that's the way it is or not, that's the way it is with him, and then you have to work through that, wherever you are.

Mooring Mast: You said that you didn't make a point of stressing or that you didn't talk to prospective players about the Christian orientation of your program. Do you think they have a general knowledge of that?

Westering: Yes. Like last night I spoke at the Auburn athletic banquet. This was one of Auburn's greatest years. The best year in the history of their school. They were 8-1 and got beat in the first round of the state play-offs. Whenever I talk in groups I talk to them about the various key things you know, winning attitude like we talked about before. And then I share about some of the people or some of the coaches I admire who are involved in the Fellowship of Christian athletes.

When we start talking about school, then a lot of them ask, "Is there an FCA group there," because they have FCA groups in their own schools. Or they say, "We've heard about your FCA group." The word is out about the kind of program we have, in a way. With other athletes it never comes up, it's no big deal.

My other son right now is being recruited by 15 major universities. Every night it's Notre Dame, Oklahoma, Michigan. He's getting calls from all over. He's going to be all-state in high school and all-American. This is Scott, he's going to Washington High. They recruit this way, though, because I know just how they do it: they try to be all things to all people. They bring a kid in and see what kind of kid he is and as they talk to him, "this is the kind of kid we want to take into the fraternity group," or "this is the kind of kid we want to take to the FCA group", or "this is the kind of kid we want to take to the academic group." They try to be all things, so, you come to our school and we've got it here for you in a way they're kind of playing the kid in terms of "we'll pigeon-hole the kid". And a lot of people aren't pigeon-holed. They're pretty open.

That's what college is to be, to see a lot of different points of view and then you become what you are. But you do need some models in the different points of view. You could ask any of our guys about when they came here, some knew about our program and some didn't. We've won considerably. We've won conference championships and we've been nationally ranked and that attracts.

One kid last night, when he heard Al Beattie was one of the top receivers in the country - he was interested in our program because he's a split-end. They throw the ball, I want to go somewhere where they throw the ball." Why kids go to a school, a lot of times it's funny little things. It's not really the reason you ought to go but, if you're gonna pass the ball, I want to go there. I don't want to go where they're gonna run the ball all the time. So, the kid is still very superficial in why he goes. We'll show them our high-light film and to some of them that's so great. We invite kids to come in to a game. They see our student body, and they go to some of the other student bodies, and ours is so neat compared to others.

It's something that we say is avoidable. But you've shared some things with me that I'm not really aware of. Maybe we do some action with another light that I'm not aware of, but I think the guys have tried to share with me that they share because of the other things here. Whatever it was.

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Mooring Mast: Now I want to ask you a couple of specific things. When I went to the post-game meeting, there was one guy who, to me it looked like he was displaying emotions which were not necessarily contrary, though that would be my first impression, but at least unusual for him to be displaying at all, let alone in this situation. Do you think there are some guys who play along with the program and who go along with it just to look good?

Westering: I guess in any program you'll have those guys. I suppose there are. It's like anything else. The guys go along with your physical program. We put them on weight training and we put our guys on the Universal Gym and it's pretty tough during the first couple of weeks. The training program is there and they see right away that, if they don't, they're gonna be hurting.

"I'm sure there are guys who don't understand the locker room. But they learn to appreciate the concern the players have for one another and the love that isn't shown in any other way."

So the guys go along with things that you do. One week they asked for extra-effort work out, second effort work-outs as a team. Well, everybody didn't ask for them, but everybody did them. And I'm sure some guys probably went along.

In the locker room, it's an emotional thing. We didn't know we were going to play that last game. So, the week before, after the Whitworth game, that was really the last time we were going to be together, we thought, as a result. And the seniors - it was pretty emotional. It was the last time the seniors were going to play. A lot of them will never play again. So they shared some feelings and thoughts and things like that. And the younger guys, they don't feel some of this stuff because they aren't there yet. They're still the first year or the second year in the program. Or maybe a guy's last as a senior and he's out there. But I think the respect, that the guy learns in the program. He didn't have to be with the other guys, but he should have respect for his teammates. And it's no big deal.

I've watched guys at some weekend, encounter-type sessions, get highly emotional. More than maybe they ever were or would be. And then when it was over they kind of wondered if that was really real. It was not real. It was a pretty setting.

All I'm trying to say is, I'm sure there are guys who have to deal with themselves where they are. I don't think guys say things because they think they have to, or go along. Maybe they do, but that's never really colored into it, because again, you have to come to a respect level

of the players that are there. And a respect for the situation. We're allowing guys to share winning and losing and where they are and where they're hung-up. It's a whole bunch of things. I guess the thing in that locker room that allows something to happen is when a guy really understands what's going on. There's a love and trust there. Now if they don't have it or understand that, that's okay. But it's no put-on or put-down. If a guy goes along just to go along, maybe that's where he is.

The Linfield locker room when we got beat down there 20-19 three years ago. We lost it in the last three minutes when they scored. We were undefeated, ranked second in the nation that year, they were third. They were also undefeated. The biggest game they ever had there. We lost in the last few minutes and that was a hard one. There was a lot of emotion in the locker room. They worked so hard to come to that point. They had it and then they felt they lost it. And so it was a tough locker room. I wouldn't have wanted to jump over to the Linfield locker room and say just because we lost, "We didn't do it, we're losers." But I didn't feel that way.

I guess I don't feel that way about winning and losing. When you learn how to handle that in your life, you can lose and still bounce back. It's bouncing back off of any loss that's the kind of person you are. Because you'll win again, you'll come back. And so many people don't bounce back today. They let it get to them. They get uptight and they get hung-up and they quit. They just haven't learned that quality.

The reason they haven't is because we're always in the comparison group, we're comparing ourselves to somebody else. Our players compare themselves, maybe, to Pac-8 players, or to pro players and they don't meet that level. I've got coaches I go to recruit and they say, "Now, this kid isn't one of your kind of kids." And I say, "What do you mean?" He says, "He's Pac-8." I say, "What do you mean Pac-8?" He says, "Well, he's too good for you." I say, "Now wait a minute." And then he says, "And this kid isn't good enough for you, he's junior college."

They have the blue chip, the red chip and the white. We supposedly get the red, and the Pac-8 get the blues, and the junior colleges get the rest. They got the kids all categorized and they can't do that. I mean, there's a lot of "blue chip kids" that would come to PLU, because they wanted to come here. Because of the program.

A lot of programs use guys. And you're strictly a physical guy. When you get hurt you're down the tube. Some put red crosses on you and you walk around or some put brown jerseys on you and you're an invalid

crosses around. It's just a put-down. "You can't make the club in the tub." That's one of the mottoes of the locker room.

So, the kid feels as tough as I'm number one and I'm playing. That's great. As soon as a guy beats me out, I'm bitter. So there's about eleven or twenty-two, that are pretty happy, and for all the rest it's upset. Because they were to get up this. They have to beat those guys out. You want to be competitive, but you can't let it eat at you, or the year in football isn't any fun. You go out there and knock heads all the time and it just isn't worth it.

So in some way, this time has to be worthwhile. And I guess the locker room is a sharing of love here and any emotion. We've had some guys say things in the locker room they kind of wish they hadn't said. It's an emotional time after the game. I had a kid once with tears in his eyes. He fumbled the ball. We were driving. The score was 2-7. I'll never forget this. There was about thirty-five, forty seconds left, and our fumble made two big runs. We were down to about the forty yard line, and still time for a play or two. Gave him the ball to go down to score because he was really running good. And he fumbled the ball into the end zone and they recovered. We lost the game 13-7.

He came in the locker and he was hitting the locker, and crying and saying "I lost us the game, guys. I lost us the game." Just frustrated. He felt his fumble lost the game. And I took him, and I said, "Now Rog, if you would have scored the touchdown would you have won the game?" He said, "Coadi, that isn't the way it is. The team, they blocked for me." And I said, "Then your fumble doesn't lose the game. We lost the game. It's not I. There's no I in team, it's we-u-m. It's not I." He said, "Hey coach, I needed that."

It's that idea. Because kids can feel that heavy weight of pressure, and it's probably self-imposed a lot of times. But, a lot of times you see the scape-goat for things. Whatever happens happens.

"And I feel the locker room is the place because you can leave that locker room feeling good regardless of what happened. Kind of like licking your wounds and going on."

Trying to come back to what your question is. I'm trying to enlarge on it. I'm sure there are guys who don't understand the locker room. But they sit there and they listen, and if they get a little angry, well okay. But they learn to appreciate the concern the players have for one another and the love that isn't shown in any other way.

I mean, it's a real wear down feeling there. Now there's a lot of respect in that love and they respect the

ability in a Ridgway, or Brandt, or Homer, or Bessette, or any of those guys. I mean, they've got fine football ability. But they respect them more because they don't flaunt that ability in front of people. They are helping other guys. Brandt is coaching our nose-men, he's the best nose-man we've ever had. He's so quick. So he's helping our younger guys.

"So, the players start to see a consistency level in you. And I guess that's built on trust."

Prior to the season, I encourage our guys to go out and help with the little kids' clinics. We run the NFL football clinics. There are about four hundred kids. We take our whole squad out and coach all these little kids and encourage them. These little kids, they have to look to somebody, and it's made our program kind of real.

I think that guy has to grow, and he grows at whatever rate he wants to grow. The Christian influence is there at the close. But the total thing is love and showing of the feeling level and a respect for the teammate. It's neat to be part of this team. It isn't a bunch of guys that come into the locker room and quickly strip and take a shower. A couple of them get together and go out and have a beer and that's it. It isn't that way. There's more here than that.

The Bombers. A beautiful locker room was the Bombers' game with the Huskies. That was an exciting game. We went up there, blocked the punt and scored first. We had no business even in the game. They suited twenty guys that played against Oregon the next day. I couldn't believe it. They have sixty guys and we have our little twenty-eight guys. But they were super-psyched and we blocked the punt and scored and got ahead. Then they came back and just rolled over us. But, those guys in the locker room - it was the warmest feeling those guys had, just going up and trying to play that game. I mean the respect they had. They didn't want to be at the University of Washington, they were glad they were at PLU.

That's an opportunity, and the only time you can get that, is after the game. Because soon love that over the weekend, Monday shall talk, the mood isn't the same, the tone isn't the same. They've been exposed to a lot of things.

My first post-game came when I was coaching at Parson's College in Iowa. We played Washington University of St. Louis. We lost the game 11-7. And I came in the locker room and one of my players had taken his helmet and thrown it up against the locker and just smashed one of the lockers and was banging on it was swearing at his teammates, and the officials, and everyone. It was so self-centered.

Mooring Mast Interview

And I said, "Hey wait a minute. There has to be a better way. Let's sit down here. Let's get skinned out on a few things." So we all sat down and it ended up the kid was in tears and he apologized and he said, "I just lost my head I wanted to win so bad and I screwed up and got a head called and challenged the referee for a fifteen yard penalty." We sat down at that locker room and the loss was irrelevant. They'd forgotten it because it was meant to be part of this team of guys, even though we didn't win. And next week it's gonna be worth going back and trying to do it again.

When you're out there day after day, and it's not so bad out here. Back in the midwest we were in snow and rain and cold. We all wore longjohns, thermal underwear and everything. Practice was not easy. It had to be worth something. And I feel the locker room is the place, because you can leave that locker room feeling good, regardless of what happened. Maybe not directly identifying with all the things that are going on, but you can feel good that you were part of this team. Kind of like licking your wounds and going on. Mustangs: I would want to see that going along with the program, maybe even to the point of phonying-up to religion and Christianity, would have a little more magnitude than just going along with an exercise program. If a guy is phonying-up to Christianity he would be turning himself in that there's not going to be any strength in his belief and it's justphony.

Western: It's hard to explain it. I try to share with the guys and I know this doesn't come through. And you keep going over things and over things trying to share where you are. And the only way they can believe in you is how you and the consistency. The inconsistency of a person soon shows through, you know. And while I get mad, like we talked about, and I love my coach. I've told the team, and you can ask any of them. Frosty didn't feel he did the best he could've done this week.

Now I'm calling the plays. I never have called the plays since I've been here, until that second game when Doug (Good) felt that there was a need to function better. And we kind of talked about that and we started calling plays in the Lewis and Clark game. And then he was out. And when I brought Brad in and I knew we were going to have to throw the ball, I knew I'd have to call them, because I knew Brad would be too conservative. He wouldn't be willing to risk things. If we were going to play Linfield, we couldn't play conservative. So, I'm calling running passes in the end zone. He looked at me one time and said, "You gotta be kidding, you wear this play run?" And we ran it and it worked. So, I was willing to risk things.

So, the players start to see a consistency level in you and I guess that's built on trust. As they

see me in my life-my Christian life-they can either identify with me as a human person and as a Christian, or just as a human person and let my faith go wherever it is, because that isn't where they are, and that's them. Then when they learn to trust me, and they play, whether they go along with that or not, and that's sending out that isn't the big deal. We can go down the line, guy after guy around I really wouldn't know where a guy is. Some, you do, just because of their outward feelings. And again, what is this, "a Christian, a born again Christian?" That came up to Carter's program, you know. A born again Christian.

But the fact is that they're still looking for something, and they're still trying to make some decisions in their life as to where they are. Now, they have got another option, which can be whatever, because again, I don't think Christianity has to do with drinking or not drinking, smoking or not smoking, or that stuff. It starts to get hung-up in the morality of whether you do this, or you don't. And I don't think that's what it is at all.

I think it has to do with love. The greatest value in life, I think is the ability to love somebody. I love my wife and family very much. Yet, we hassle and go like all families do, but I think love is the greatest thing in a feeling tone. And that's why I love to teach, that's why I love kids. I'm a very unimpressive guy. I don't have any hair and I'm heavy set and all. I'm not the image of, "the athlete." But I know that when people learn in working with me that I'm trying to help them become the best they can be.

They may not feel that the things I'm offering them, do that, but they can see that out, because the principles we're using are very sound in business and anything. I have to speak in February to the north west chapter of the million-dollar, round-table insurance salesmen. All the guys there have sold a million dollars in insurance. That means they're pretty high class. Now, they want a motivational talk. Well, they're so highly motivated now that how can I give them any more. But a couple of them have heard me and they said, "we'd love you to share with us." So, that's quite an honor and I'm excited about doing it. What they're saying is that the principles I'm talking about are the principles of success.

We've kind of taken these principles for success and are trying to help our guys make them part of their lives. To be self-starters, to goal set, to be positive, to hang tough, all the things I'm trying to share with you. So when they go out they know these are things they can apply in their life. Where they get this source of love is their own choice. And of course, I feel the greatest lover of all time was Jesus Christ. That's my motto and I'm willing to share it with anybody. I feel I've got a personal relationship with Christ. Now, I fail him

sometimes, but every one does. But I'm not gonna shove that on you, or our other guys.

If guys are still playing the little game with me that, if I wear the little cross or if I do this for Frosty, then there's no trust. They're still playing games with me or games with the program. And I think guys do this because they don't understand, but once they do understand, then this love is still there, in a human love. Maybe not a Christ-like love, but a human love is there. That they understand. You can talk to athletes more this year, who last year had real problems just adjusting to school. Problems with the demands and problems academically and all that, and they struggled through these things. Now this year they're so much further down the road. First, they're not so self-centered, they're not pushing people around. They're more outgoing and they're more concerned with others. I feel that's really important.

The business world may feel you'll get ripped-off, or you're naive. You've got to get ahead and that. But, I'm talking about a love that most people don't understand. I talk to the senior out here. I've been asked to go out in Fort Lewis sometimes and talk to three thousand men on different occasions. And I talk about love to fellow men. Love. And they say oh "gay love," and they see it as a homosexual thing. So they laugh when I talk about fellow man love and hugging each other, they say "wow." So, I guess the only thing I can say is if guys are, then they don't really will know what we're trying to do. And they either buy it or don't buy it.

Some of my players have graduated and are different places in their lives, yet the things they have gotten from the program have helped them to be much better men as well as football players. Now, I know that may get complex and I may sound like I'm really trying to go deep and you're trying to say hey, you can't go that far in situations. Maybe you can't, but our batting average is so high with kids going out and really enjoying the trip. Then I think it's neat.

So, if guys go along, then maybe they do, but in all sincerity I think that they can, if they're antsy, get out of there. We've excused guys from the locker rooms. Guy's parents are there or the guy had an appointment or something. But we feel that it is a way that we're able to deal with these things.

In fact, the wives and the girlfriends, especially after we lose, are just really down. Guys come out of the locker room and they can't understand how come they feel this way. We lost and the guy feels pretty good because he's already dealt with it. And now he's flushed it and he can look ahead. When you let that get to you it can hurt. I bounce back pretty good. I think pretty damn good, but sometimes it gets with you and it rides with you. Johnny Majors, the Pittsburgh coach, was coach of the

year last year and he said the greatest thing for him when they lose a game is to come to practice on Monday and see that his players have snapped back better than he has. He's still enjoying the game. "If we would have called this play and if we'd have done that." He's still fighting the bear and his players are already looking ahead and ready to go. So, it rubs off both ways. As a guy matures, you can see the difference between a freshman player and a senior, in his ability to deal with all these things. I may be sounding like I'm going around in a circle there, but I just hope that they can see the things where they are and do what is right for them.

Now, you may or may not agree with that from your point of view, as far as the pressure, and the way that the guys see it. But from me, that's my style, that's the way I've been. And I've had guys years later write me letters, that say, "Frosty, those were the great years. At the time I didn't realize how great they were until I'm married and got a couple kids now."

So, what I'm trying to say is that I hope that the trip is what's best. When we go on a breakaway, when we have the no-sweat day, and all, that's kind of full stuff, that makes football not just out sweating and hitting people, it makes it more fun.

We've got the McDonald's thing going this year, which was amazing. We've got the Baskin and Robbins thing with the ice-cream cones and all these little spin-offs. We started this kitchen quarterback where the wives and the girls and the mothers come and kitchen quarterback all season long. All these things we try to do are just fun things that make football better than just going in practice and playing games and trying to be a champion. Or I wouldn't coach. If I couldn't do a lot of these other things, that's what's made our program colorful.

The "go" drills we do, it's no big deal. When I came here there wasn't a school around that did that, they just came out and did some stretching and stuff and jumping jacks and what not. We started these little snappy "go" drills and every school in the area does them now. They've all got their own little changes with them, and that's neat that they can pick those things up. The tunnel that we've got. School after school has a tunnel. And the signs and the footballs and all the stuff we have done here are really neat. Our kids have picked it up from others, but we've done it. And that's what's made our crowd just so special.

I guess I just feel that the joy of coaching is in helping the other guys to help themselves to become the best they can. Some of them don't run as fast and some of them aren't as big or as strong, but they have to put this together. It isn't an individual game, they've got to submerge themselves into the team.

SPORTS



Knight Beat

by Reed 1/5/76

A good truck driver only needs as good as their sound engineer. A race car driver can never win a race without a qualified and speedy pit crew. An airplane could never function without a skilled air traffic controller.

These are all examples of people and services that could not function without some trained individual behind the scenes. An athletic department could not function without a qualified trainer. The man who keeps the PLU athletic program running is trainer Gary Nicholson.

Nicholson started in 1964 as a student trainer at College of Idaho. From there he moved his way up the minor league ranks until he became head trainer of the Chicago Cubs baseball team in 1973. Nicholson has been head trainer at PLU for four years. When asked why he came to PLU he replied, "I like the Tacoma area, and I wanted to get back in the college ranks."

The life of a PLU trainer is an unordinary one to say the least. Nicholson teaches two courses at PLU in the morning, an archery activity class and a injury prevention class. The remainder of the morning and early afternoon he spends in the training room to help students with injuries and therapy.

Some people might feel that the program only benefits the varsity athlete. Wrong—many students come in and ask about injuries they have or ask questions about specific exercises. He wants any injury that occurs during a PLU class or intramurals. Nicholson also counsels many students in the areas of diet, nutrition, and weight loss. He acts as advisor to students who are interested in entering the field of athletic training or physical therapy. In the afternoon he is responsible for getting all the athletic teams ready for practice. This includes taping all the players and treating any injuries that occur during practice. In addition he must attend all the games in the evening in case an injury should occur there.

With the growing number of women's sports and club sports as well as the men's varsity programs, the training facilities are an important part of many people's lives. From a numerical standpoint, the PLU training department rivals as many facilities as the University of Washington does. Which brings us to a valid question, does PLU have adequate training facilities?

When the facility was built in 1969, it was more than adequate. But the planners did not foresee such things as the large expansion of the football program, the huge increase in women's athletics, and the addition of club sports. In my opinion, Nicholson does a fantastic job in an outdated and crowded facility. The program has been helped tremendously by the addition of a full-time medic to the health center staff. This takes a lot of the burden off the training room.

Nicholson has recently landed one of the most sought after training jobs in major league sports. He was named the head trainer for the new Seattle Mariners baseball team. When asked about the Mariners job he replied, "now I can be back in the Northwest and I also have a chance to design my own training room and order all my own equipment." He has no budget to worry about, so he can design the ultimate facility. He will continue to serve as PLU trainer in the off season.

Next time you watch a PLU sporting event, think about one man that helps make it go, Gary Nicholson.

Wrestlers face stiff competition

by Dan Hauge

The PLU wrestlers faced stiff competition at the Pacific Invitational Tournament Saturday in Forest Grove, and only team captain Rod Bragato, 158 pounds, was able to meet the challenge.

After defeating opponents from Humboldt State, Northwest Nazarene, and

Oregon College of Education, Bragato faced a Pacific University wrestler in the finals and lost 8-2.

His opponent was the state wrestler he was forced to defeat to become of victory in last year's conference championship. There is a good chance these two will be meeting again in this year's finals.

Stacy Wilson, 142 pounds,



Tim Fryer did double duty for the Lute hoopsters Tuesday night. He is pictured taking a shot in the JV. game, and he later went on to score 21 points in the varsity game.

Lutes 2-0 at home

by Jan Knud

After unfolding the new season with a series of road games, the Lutes finally opened at home against well-matched rival St. Norbert last Friday night. Anyone from the somewhat sparse crowd at attendance could see that it was a close game, with both squads trading the narrow lead back and forth throughout the entire first half.

Couch Ed Anderson didn't hesitate to display his excellent depth from the bench as midway through the first period all five starters were resting on the bench, while five new replacements were holding the fort.

It appeared that due to their aggressive defense, both clubs were getting into "tame" trouble early, but as one particular player managed to get in hot water.

The Lutes persisted with their aggressive zone press throughout the first half, but during that time it never produced any dramatic results. When the midway buzzer sounded, the Lutes clung to a more than one point lead, 42-41.

As seems to be their trademark in every outing this year, it wasn't until the second half that the Lutes really got

rolling. Their quickness and hustle became a much better factor, and after great poaching, their press finally started bearing some good results.

It wasn't until midway through the third period that the Lutes broke away from the seven point and grabbed a ten-point lead. They managed to hang on till the final buzzer, ending up with a just slightly less than comfortable 93-83 win.

The scoring for the Lutes was very well-balanced, with Ken Quyer and Don Valonine sharing high point honors at 14 apiece. Gary Wusterburn was next with 12, and Tim Fryer came off the bench late in the game with a hot hand to add 10, while pulling down seven big rebounds.

Another late highlight was Larry Huston's slam-dunk, which proved to be a real crowd pleaser.

The next night the Lutes travelled to Ellensburg to take on exactly tough and always gothic Central Washington. Unfortunately, the Lutes never quite put it all together that night, and finally lost all hope with about five minutes remaining, when the odds became just too big to overcome.

"We kept banging in the ballgame," said Anderson, but their come-from-behind tactics just didn't prove adequate. The

Lutes were squelched on the boards, hauling in only 23 rebounds as compared to 42 by Central. The final score revealed 74-68 in favor of Central, and high scorer for the Lutes was Valonine with 12.

From there it was back home again to challenge Simon Fraser on Tuesday when their luck proved to be a little more kind. Although the game score remained close in the early going, it was apparent that the Lutes had the potential to blow it open any minute, but again they saved that for later.

Tim Fryer came off the bench, early this time, with a shooting arm hot enough to fry an egg on, and helped keep the score in the first half substantial.

Again it was the Lutes press which enabled them to move ahead in the second half, and once they made their move there was no turning back. The Lutes controlled the boards this time with 58 rebounds, as opposed to 43 by their humbled opponents.

Again 93 was the magic number for the Lutes, with the final score showing 93-68. Tim Fryer's hot hand contributed 21 total points, and next in line was Tim Thompson with 16. Kevin Peterson led all rebounders with 14, and he complimented that with 4 points from the floor.

PLU takes to Western Washington tomorrow at home. Game time is 7:30.

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Viewpoint

by Mike Bury

Very few people ever get to talk to the President of the University. Very few get to experience some of the inner workings of the administration and faculty. And even less get the chance to see these people squint when they walk into their office.

But when you are interviewing these people about a faculty subject involving one of the most powerful components of the University, you learn things about the people running this school that most students would never know.

When the Fellowship of Christian Athletes handed out their pamphlet, I decided to interview members of the faculty and administration, to explore the love and find out their opinions.

My first interview, with Gunder King,

chairman of the Business Administration Department, was also believing I would encounter cooperation in these matters.

Dr. Rieke did cooperate. He was very congenial during the interview. When I had written the story I asked him to let him know what I had written. The first sentence of the story reads: "The Fellowship of Christian Athletes is very active in the coverage of their pamphlet was a setback." It seems to me, that if the President of the University says something, it should not need to be qualified with an "I think."

I have been told that Dr. Rieke told I quoted him out of context. Yet with all his statements of his desire for "dialogue," he never talked to me about the subject of qualifying out of context.

I have also heard that Ken Christopherson claims I quoted him out of context, yet my notes correlate word for word with the article. It is often surprising to see your words in print and to realize what you said, but claiming quoting out of context is a very irresponsible way to answer to questions about what you said.

Dr. Richard Jungkling, would not permit an interview because he wanted to have one-on-one dialogue.

None of the faculty members were very pleased with what they said. At first they expressed the same I asked them if they really worried about their jobs, but because they spoke their opinion. He replied that he knew a couple of former faculty members who had lost their jobs because of jobs that

Dr. James Huiseth, who was quoted very interestingly in the *Swick P-I* editorial, was very reluctant to talk and he was very careful with what he said.

Though none of the persons I interviewed expressed the desire for one-on-one dialogue, the atmosphere of carefulness, concerning voicing one's opinion that I experienced would seem to discourage that. After I went to the post-game locker room and had the preliminary discussions with Frosty Westlund I experienced a change in my relationship with players in the football team. Players who had previously expressed dislike for my opinions, were suddenly getting on with smiles and hellos. I appreciate the gesture because some of them expressed about me. But I find it hard to appreciate non-genuine concern.

Title IX and Women's Sports at PLU

by Tom Jones

Due to a monumental piece of legislation in 1972, more attention has been given to women's sports and equal opportunity than ever before.

Title Nine of the Education Amendments Act includes a clause that forbids discrimination on the basis of sex in just about every school that receives federal funds across the nation. PLU is one of these schools.

How then, does Title Nine affect PLU?

Not very much either. Just following a self-evaluation study with the Department of Health, Education and Welfare, PLU will continue to strive to provide for all students at all levels. Dr. David Olson, director of athletics, emphasized.

As a result of the study, PLU administrators did note that the University is not in compliance with Title Nine. We have two years to meet the standards, regardless of the size of the school," added Sam Officer, women's athletic coordinator.

What is unique about athletics at PLU are the general attitudes. "We are looking for equality in opportunity, not necessarily opportunity in program," Officer said.

"PLU has high academic standards and athletes can be those average students to study in school," Carol Auping, cross country and track and field coach, pointed out.

Over 60 per cent of the students take part in some form of physical education. The majority provided by the PE department is higher than most colleges of PLU's size.

New developments in the PE department have been forthcoming. Exercise in athletics has become a reality.

"A \$5,000 grant will now enable us to purchase the necessary equipment to develop an aerobic testing center," Olson said. "I would venture to say that aerobic will be the wave of the future in physical

education." Another major addition for physical training is the "joggerunden" which is a running competition. It's a three course with 10 various exercise stations.

In a time when the word is described as "fast play," it is almost surprising to find out that over 70 per cent of the PLU student body is active in some form of intramural activity.

In accordance with Title Nine, there are sports activities that the students would like to see implemented. The obstacle is the cost of such activity.

"There is a constant struggle with finances and inflation, a trend that doesn't bode well with the increase in participation and equipment costs for people in the intramural program," Olson observed.

While there has been a decrease in the cost of existing intramural activities, any increases are dependent upon assistance from ASPLU sources. The other alternative is to re-institute a recreational fee for the use of towels and lockers. This approach was tried some time ago and was met with a. . .

"The reason there has been growth in the intramural program is due to good student coordinators and faculty assistance," Olson remarked. "Participation from the women and the football teams and programs has been tremendous."

A general feeling in the athletic department suggests that job openings are a vital part of a concept called "lifetime sports." The athletic department offers a chance to specialize in various sports activities. This involvement is hoped to increase their skill level and the chance of participating in other sports throughout their life.

Even the women's participation. The fact that all phases of physical education are available for both sexes is a reality. And as long as the sexes have equal access to facilities and equipment, single-sex teams are permitted. Coed teams are also permitted, provided women are not effectively excluded from participating because of a

difference in skill. What effect does this have on PLU's varsity teams.

"On the intercollegiate level, we don't have adding any additional work," Dr. Olson noted, "but there is noticeable growth in the sports program being offered."

This current athletic season yielded one female member for the soccer squad and there is speculation that a few women may try out for the tennis and tennis this spring.

One area that may receive more attention in the future is the gymnastics club. This club sport may force the athletic department to re-evaluate the program with the hopes of moving into the varsity realm. Competition is currently limited to the University of Washington and Eastern Washington State College, but if implemented, gymnastics would start on a par with volleyball or soccer.



level as determined by need and experience.

In comparison to larger universities, which award athletic scholarships to women, PLU athletic chieftains disagree with the practice.

"I vigorously disagree with recruiting a girl for her athletic abilities," Officer stated. "I think that's using girls."

"By about two years ago, schools did not give female athletic scholarships, yet PLU has become very competitive," Officer said. "I would attribute this to our program and coaching staff effort."

"The men for years have given scholarships and it is the scholarship that is the basis for the difference because if you can buy talent, it doesn't matter how good you coach or how good your program is."

There is basic agreement among the PLU athletic staff

that a student should choose a school on the academic merits.

An example of the turnaround in the level of women's competition is evident at the UW. Twenty years ago, with the exception of soccer, PLU was highly competitive with the Seattle schools.

"The advent of the scholarship will definitely make the difference this year," Auping suggested.

Hand in hand with the scholarship increase is a boost in the coaching staff. The UW is in the process of hiring a full-time women's athletic director, and basketball, volleyball and track and field coaches. They off-season work would be spent recruiting new athletes.

It's not quite the same situation at PLU. The implementation of additional coaches and teachers has not kept pace with the program.

"At a school like PLU, the coaches are also teachers, and I hope, professional and professional program coordinators," Auping added.

Not only is there an evident overload for teachers, but an overload in the students that an instructor is responsible for in some fashion.

Still the question remains: Is Title Nine eliminating sex discrimination in college athletics?

"In comparison to other schools, I think our people realize the situation and think we do a pretty good job of meeting their needs," Olson opined.

In this the case of the times? According to a *Washington Post* (Women Sports, September, 1976), PLU increased a number of women athletes invited for national tournaments.

The story added that the University continues to send four women's and a coach, and that two tracksters were told at a sports banquet that they were "too emotional and immature" to compete.

(Continued on Page 16)

Title IX at PLU

(Continued from Page 15)

The decision process for national tournament travel is highly complicated at PLU. Sometimes it is between the athlete and the coach. More often, it extends to the athletic director and to whom the funds must be sought for the travel expenses.

A majority of the decision lies in the various levels of competition for women athletes and conference, regional and national qualifications must be compared. With this information, the people involved decide if the athlete is a contender on the national level.

"Our goal is to get these people back in the nationals," Dr. Olson insisted. "But this must be commensurate with their ability. For some, their level of achievement is much different than that of the national level."

One obstacle in the decision-making process must be borne by having only one women's classification system. For many schools, it is difficult to compete. Until another system is developed, future tournament decisions will arise.

Another problem arises in sending coaches with the athletes to the nationals. In the swimmers case, it was difficult for the athletic department to justify allowing the pool manager to travel with the group. Arrangements must be made to manage the pool in the coach's absence and all teaching duties must be reassigned.

As the costs for equipment and budget requirements steadily rise, so does the difficulty in the maintaining and purchasing of additional resources.

An area that the women have

developed on their own is inviting outside coaches to hold clinics to provide additional training or teaching methods.

Other programs under consideration are to recondition or rebuild the track and to identify an area as a dance studio.

Since 1974, the nation has smoldered in the fireworks of rules, policies, and time-honored traditions have been attacked. Increasing concern for health and physical fitness, along with sports, has picked up. Much of the credit must be awarded to the women's fitness movement. For the first time, the sexes are aware of the inequalities in work and play.

Yet, don't be too certain that everything will change overnight. Caution must be shown in the areas of legislation and final development.

Currently, there is no ruling against athletic funding through PLU to a national tournament. The two women tracksters had made travel arrangements for a trip. Objections to their plans were raised by the coaches who felt the expenses were too great and finals were one week away. The staff decided it would be in their best interests not to attend the meet. The Faculty Athletic Committee will be addressing the self-financing problem soon.

While the root of the problem centers around the attitude that "sports are here in support of men's sports," there are some positive signs amid the defensiveness.

At PLU, the success of women's athletics and the increase in participation is readily evident.

"We have still been able to



meet all the students needs, but we have a program that we can be proud of." Olson noted "We are sincere and have made some significant strides that other schools envy."

Dr. Olson added that PLU has won the all-sports trophy for four consecutive years. "It's not the trophy we need, but the symbolism that it represents. The promotion of excellence within a program."

The program may have a sense of being well balanced, but discrepancies still exist. "We can only approach the equipment and support problems gradually," Olson cautioned "Each year, we concentrate a portion of our sources into these areas."

House Bill 413 makes a legal woman to take part in all male sports activities. Likewise, men may sit out for a women's team. What may eventually

happen is that due to budget difficulties, a school will be forced to drop a program and just one team operates. The one-team concept would mean the overall decline of women's athletics.

Women have made the move to more prestigious careers but themselves in traditionally male sports. Female sportswriters are now permitted in the press box, while more and more women are taking coaching courses today due to an increase in competitive experience at an earlier age.

The real issue at PLU is quality change. Not for the sake of legislation or financial decisions. Improvements have been made in budgets and equipment needs, while a number are slow but sure to follow. Meanwhile, women are not looking to dismantle the male athletic program, they are striving for equal opportunity within.



5 Lute Swimmers meet NAIA standards at Highline Trials

by David Benson

Lute's swimmers spent their competitive weekend at the Highline CC Time Trials playing several heats with their events. No lady was under of the "two" mark, with the tankers saved themselves to plunging into events which were not their specialty and using the light competition as a change in pace a "quality" workout. "We're taking this meet as a dry run," remarked coach Mike Heron. "The format of events is similar to for one of NAIA nationals." After the 2-day meet was over, some swimmers were surprised by their experiences. Chase commented, "It was interesting that we had a swimmer who had just come off of the world championships that clocked a good time in the 50 free." Defying revolution, Greg Pearson made use an amphibian and posted a 23:07 mark in winning the event.

In a meet geared for times, some good times were produced. Those below NAIA standards were Bruce Templin in

the 500 free (5:04.92), Bruce Wakefield in the 200 IM (2:06.6), and Ron Barnard who in the 200 IM (2:06.4). Close were Greg Saffers' 100 Breast (1:02.19), Bill Eggleston's 400 IM (4:46.26), and Templin's 50 Free (23.3).

Between now and January 7,

the team will have two trials and Christmas break. Thereafter, there is a break to wrap out rougher seasons with the home traveling team December 17. January 20 PLU will splash off with Central Washington State College on January 7 in a home meet at 4 pm. The Wildcats are headed to NAIA nationals.

Women's Swim team encouraging

by Michelle Hopp

What is the outlook for the women's swim team this year? "The outlook is good" answered coach Bob Lovern. "The season looks very encouraging. The girls are great. They are energetic, eager, enthusiastic and working harder than last year. I really expect a good season with everyone improving to a level they did last year" he added.

The first meet will be the Oregon Relay Championship at the University of Oregon January 8.

Twenty girls make up this year's team. Mary Beck and Jane Miller are head-co-captains. Jane Miller placed 27th in the nation last year in the breast stroke. Other state returnees from last year are Lynn Peters, Karon Beggs, Colby McCormack, Vicki Westerville, Tami Bonner, Heidi Smith, Barb Varsveld and Leslie McLaughlin.

Turning out for the first time are LeAnne Gilbertson, Susan Pihl, Blake Stackoy, Tammy Thompson, Wendy Hunt, Marie Anderson, Kathy Tved, along with transfer students Kait

Jan. 7	UW (HOME)	4:00
Jan. 8	At Puget Sound Invitational	
Jan. 14	At UPS	7:00
Jan. 21	At Highline CC	7:30
Jan. 29	UW (HOME)	2:00
Feb. 7	Simon Fraser (HOME)	2:00
Feb. 8	UPS (HOME)	7:00
Feb. 11-12	NWC Championship (Walla Walla)	
Feb. 17-19	North Pacific Championship (UW)	
Mar. 3-5	NAIA Championships (Marshall, Minnesota)	

Feris and Marie McMillan, Tammy Thompson, Jennifer and Wendy Hunt from Bendonville were 1475.76, All-American in high school.

Lovern expects his toughest competitor to be the University of Washington, last year's champs. Last year the Lute took second at Regis and the UW took first place. The Lute coach feels the team should do very well in relays, free style, breast stroke, and butterfly events, and excel in backstroke events.

SPORTS QUIZ



WHAT YEAR WAS WALT FRATER NAMED NBA PLAYER OF THE YEAR?
A. 1969
B. 1973
C. NEVER

BY DON JABON & JIM JONSON