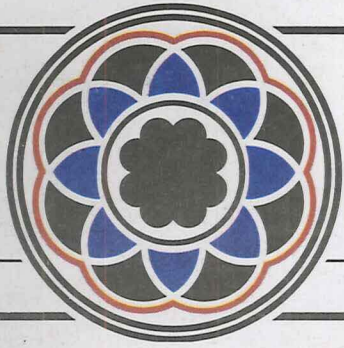




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VOLUME 90 ISSUE 18

Sustainability cuts out 'SurPLUs' program

By **RELAND TUOMI**
News Editor

SurPLUs closed its doors permanently after its final sale April 11. The Sustainability Department shut down the item recycling program due to budgetary limitations.

SurPLUs was a way for students at Pacific Lutheran University to donate items — anything from spatulas to couches to plastic Christmas trees — rather than throw them away into landfills.

The program was part of Sustainability's goal to become waste free by 2020. However, the program was getting more donations than customers, causing low profit numbers.

"We haven't been able to get that many people into here," senior Nathan Rhoades, the manager of SurPLUs, said. "It's not affordable for PLU to keep it open anymore. We actually pay more for people to staff it than we are earning."

Usually, SurPLUs would make at most \$10-20 per day and at least 25-50 cents per day.

SurPLUs heads decided to eradicate the program two to three weeks ago, partly because SurPLUs was not generating revenue and also because Sustainability was not giving SurPLUs the attention it required.

"We have so many things to do we can't concentrate on any one thing very well," Nick Lorax, a sustainability lead, said.

Instead of SurPLUs, Sustainability has placed an unattended Goodwill truck outside of the Facilities Management building behind the Morken Center for Learning and Technology.



PHOTO BY KATIE DEPREKER

LEFT: Sophomore Kevin Lester browses SurPLUs' final sale. SurPLUs closed its doors for good April 11. SurPLUs offered gently used and discarded items for a discount to both students and the public. It also sold items to students. RIGHT: Junior Jade Neace works the cash register and tends to guests at SurPLUs' final sale.

This allows PLU students to give back to the community while still keeping their items out of landfills.

Each time the truck reaches capacity, Sustainability will call Goodwill to haul the full truck out and bring an empty one to replace it.

"The truck will take in anything from the area," Rhoades said. "They're going to be paying us for the weight of the truck. The money will go back into the PLU budget."

In addition to the Goodwill truck, there are two metal donation boxes outside of facilities for students to leave shoes and clothes for the Susan G. Komen foundation and books for Discover Books.

The busiest time of year for SurPLUs is the end of spring semester when students no longer want school supplies or furniture, so they take the items to SurPLUs. Now that the program is gone, Sustainability will provide five dumpsters and four Goodwill

trucks throughout campus during move-out.

"There will be a truck near Harstad, South, Pflueger and that area near Hong, Hinderlie and Ordal," Lorax said.

There will also be charities accepting any toiletries, including half filled bottles of shampoo and conditioner.

"I am sad to see SurPLUs go," Lorax said. "It's something that's been a lot of fun."



VIDEO COMPONENT ONLINE

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Classing up your language on privilege

By **KELS MEJLAENDER**
Senior Copy Editor

The concept of class received a community focus April 10 at the event "Watch Your Mouth." In Anderson University Room 133, students primarily from an "Intro to Sociology 101" class listened to and questioned a panel of speakers on their experiences with class identity.

The attendees sat in a circle to facilitate discussion with a PowerPoint to highlight questions. The three panelists also sat in the circle, though at the front of the room.

Senior Lillian Ferraz led the evening event. The students and panelists touched on a variety of other topics like racism and sexism.

The first panelist to speak was Joel Zylstra, the director of Community Engagement and Services. He told the attendees to recognize their own class privilege. "By us being here [in college], we

already have a leg up," Zylstra said. He compared this to the scant 28 percent of people living in the area around Pacific Lutheran University able to get any education beyond high school.

Panelist Laura McCloud, an assistant professor of sociology, defined socioeconomic status as one's income, education and occupation.

"Why does class matter?" McCloud asked the audience. "We want to think of class as only something that is achieved. But initially class is given to us."

McCloud said class is something that affects people deeply, influencing everything from the foods they eat to how they vote. While it doesn't mean one's class is a person's destiny, McCloud said, it certainly also doesn't mean that class is irrelevant.

The third panelist, senior Wendy Martinez, spoke about her experiences as someone who immigrated to the U.S. She talked about the long process of getting a

job at Pacific Lutheran on a work permit and the privilege students who are citizens have and may be unaware of.

"It's [the event] a very awareness-raising thing," first-year Manuel Tirado, who attended the event, said. "It promotes awareness more than anything else."

When discussing possible forms of activism with class privilege, McCloud described how humor could play a role. She gave the example of attending a meeting with only female attendees, and asking in a humorous manner where all the men were.

Though received as a light comment, she said the question got many women considering why there were no men in attendance.

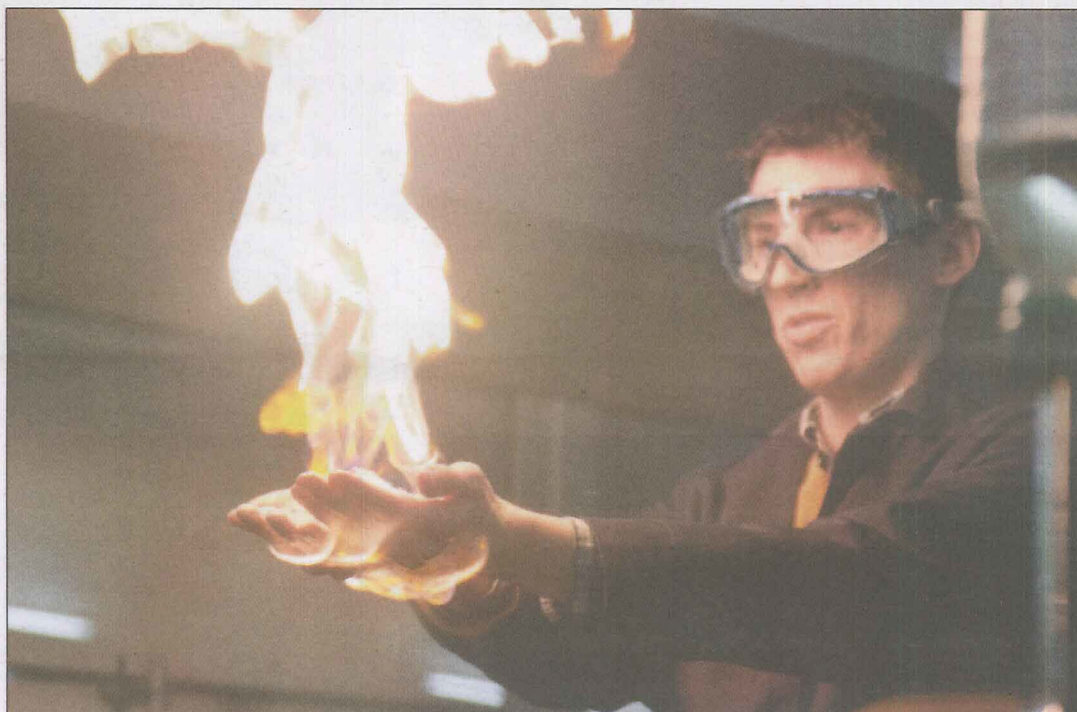
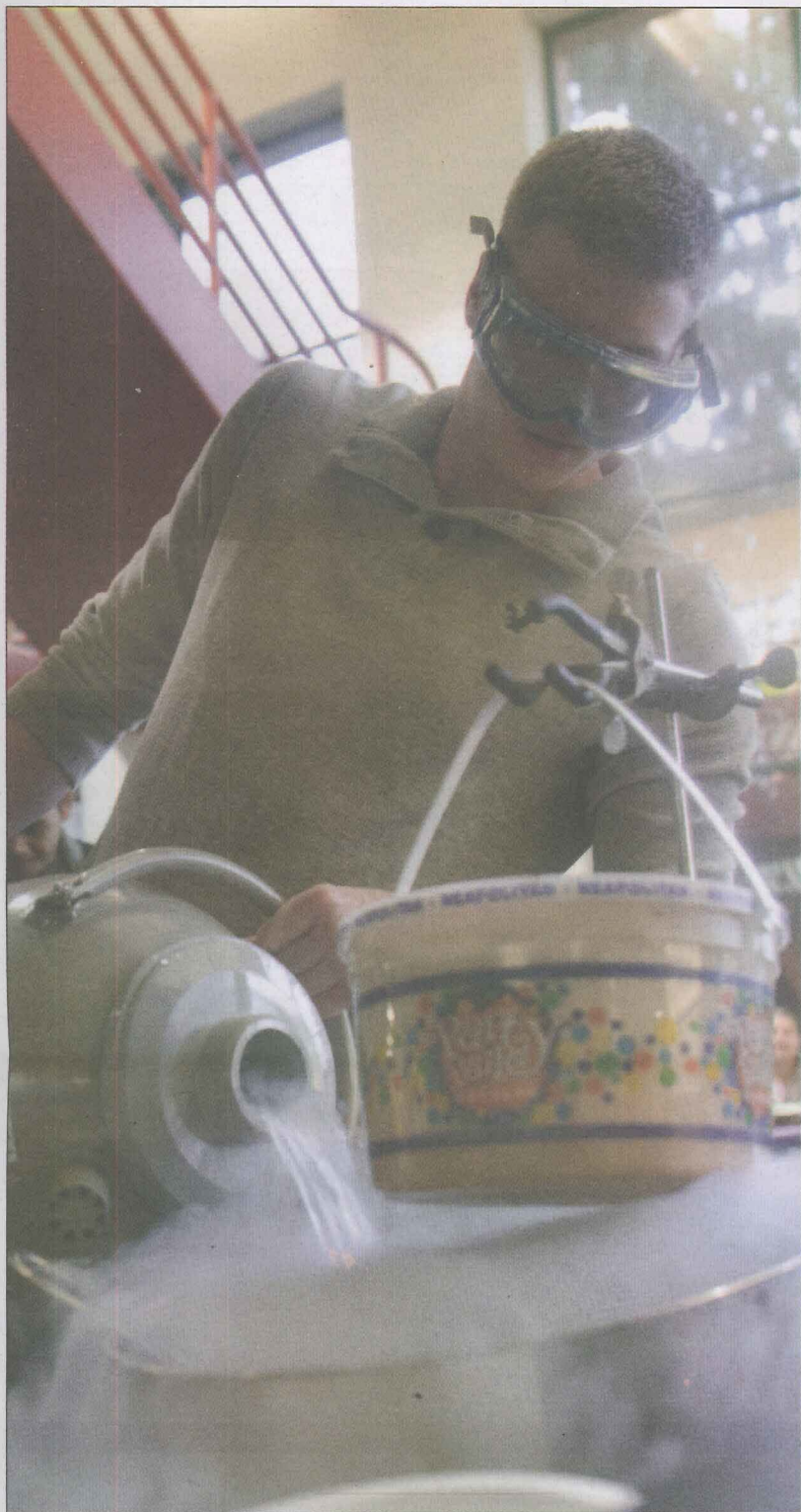
Humor, McCloud said, can be a tool for inspiring a line of inquiry surrounding class or issues of privilege.

PRIVILEGE CONTINUED ON PAGE 4

Desserts, demos and destruction

By **JESSE MAJOR**
Photo Editor

Chemistry Club and chemistry faculty members displayed entertaining chemical demonstrations and provided desserts at their annual Desserts and Demos night last Tuesday.



TOP LEFT: Senior Alex Wisbeck pours liquid nitrogen while preparing to make homemade Dippin' Dots Ice Cream. **BOTTOM LEFT:** Maleah Bishop, a 13-year-old, holds sodium alginate, originally a sugary liquid, after dropping it in calcium chloride. The calcium chloride made the sodium alginate form a rigid chain. **TOP RIGHT:** Junior Sean Murphy drops dry ice into water containing an indicator to demonstrate ocean acidification. **MIDDLE:** Jon Freeman, assistant professor of chemistry, demonstrates the flammability of methane gas. **BOTTOM RIGHT:** Justin Lytle, assistant professor of chemistry, demonstrates an exothermic reaction with thermite. Lytle used the reaction to burn Peeps marshmallows in honor of Easter.

Career Expo offers opportunities for students

By **RELAND TUOMI**
News Editor

Finding a job as a new college graduate can be a challenge, but for students at Pacific Lutheran University, it is a little easier thanks to the annual spring Career Expo.

The Expo, hosted by Career Connections, welcomed 53 companies Wednesday looking to hire students for internships and careers. About 300 PLU students attended the event Wednesday.

Before students entered the Expo, they received printed name tags with their major and minor on it.

The Expo took place in the Anderson University Center's Chris Knutzen Hall. The representatives set up at tables in a ring around the edge of the CK Hall for students to walk through. Companies such as Aflac, Navy, Xerox and King 5 News attended.

With a vast array of options to choose from, students could find a position in jobs specializing in IT, business, health or the military.

"I like that the Expo provides opportunities for students to find a career or network," junior Paul Garcia, a computer science major, said.

Most of the companies that attended the Expo had attended in the past and wanted to return to PLU.

They also provided tips to students

looking for jobs.

"Do your homework about the company you want to work for," Sonji Young, the diversity outreach program manager for Cambia Health Solutions, said. "Make sure you are active on social media, especially LinkedIn."

The Expo provided photographers to take professional LinkedIn profile pictures. Students could then access the photo via a link Career Connections emailed to participants.

"We provide this service to build relationships with employers," Jody Horn, recruiting and outreach manager for Career Connections, said. "We want to assess more opportunities for students."

One of the reasons for the Expo is for younger students to become comfortable networking and interviewing.

"It's important for students to get face-to-face time with employers and recruiters," Catherine Swearingen, executive director of Career Connections, said. "[Students] need to get used to talking to recruiters. We encourage them to practice to get the jitters out."

The next career-orientated event will be the fall Job and Internship fair.

"We were thrilled for this turn out," Swearingen said. She also said any students interested in seeing a particular company present at the next event should email Career Connections.



PHOTO BY NINA ORWOLL

Junior Christina Hayes gets some tips from the World Trade Center of Tacoma. Students attended the Career Expo Wednesday to find internships and career opportunities as well as network with companies in the area.

Future ASPLU and you



PHOTO BY JESSE MAJOR

President Sarah Smith (right) and Vice President Dan Stell, both juniors, sit in the ASPLU office. The two ran for office together in April and said they are excited to make changes in the ASPLU Senate.

By **RELAND TUOMI**
News Editor

Dynamic duo Sarah Smith and Dan Stell have won the Associated Students of Pacific Lutheran University elections, and they're ready to get down to business.

Smith and Stell, both juniors, won ASPLU president and vice president respectively in April. As president, Smith is the student voice in different administration committees. She also guides the ASPLU Senate to ensure its success.

As vice president, Stell is head of the board of directors, which has positions representing different parts of campus, including the programming, diversity and sustainability directors. The ASPLU directors work with their administrative counterparts to create a network to make sure everyone is working together for students.

In the final few weeks of the semester, Smith said she wants to reach out to and be more transparent with the student body, saying the Senate meeting agenda and minutes will be posted in the Daily Flyer.

"I'm changing where Senate meetings are being held," Smith said. "I want to make it a lot more open and inclusive toward the students so they can walk in and see what we're talking about."

Senate meetings will be moved to the Regency Room in the upper Anderson University Center rather than room 133. Smith also wants to put a sandwich board

in front of the meeting place so students will know where the meeting is taking place.

Stell wants to work on developing a branch of ASPLU that will specifically work with programming — such as dances and other entertainment — called the Programming Board. The board will be self-sustaining within ASPLU to make programming more consistent across campus.

"It's an issue of over-programming," Smith said. "There's not enough communication with different parts of campus. The programs director can delegate and communicate to what's happening across campus."

Smith and Stell also want ASPLU to be a resource for clubs across campus and the Programming Board will help with that.

In addition, each board member will focus on one part of programs. So one person under the programs director will be in charge of dances, for instance.

Smith and Stell said they want the student body to know their ears are open to change.

"This is a place for students to come and see a change on campus," Smith said. "ASPLU is a resource to make those changes. We are here to serve them."

Stell wanted students to know they can even stop him on his way around campus.

"My vice president hat is always on, so if anyone wants to talk to me, do it. I love having those conversations," Stell said.

To learn more about ASPLU, attend the Senate meetings at 6:30 p.m. Tuesdays.

'Lean In' event seeks alumnae advice

By **JANAE REINHARDT**
Guest Writer

"What would you do if you weren't afraid?" — this was just one of the four key questions a group of Pacific Lutheran alumnae answered Wednesday during the interactive "Lean In" panel.

This event, hosted by PLU's Wild Hope Center for Vocation, welcomed PLU students and faculty into the Anderson University Center's Regency Room. It gave attendants the opportunity to learn about "leaning in" and pursuing their ambitions without reservations.

The panel included Lisa Kittilsby '84, Tina Hagedron '94, Shannon Murphy '07 and Jill Hulings '08. Each panelist received the same set of four questions surrounding Sheryl Sandberg's popular book, "Lean In."

The panelists, who had read Sandberg's book prior to the panel, offered an abundance of personal knowledge.

Professor Lynn Hunicutt, the chair of economics, began by briefly introducing each panelist and dove straight into asking the panel, "what would you do if you weren't afraid or how have you dealt with your own fears?"

Murphy, who works with electoral campaigns within Washington state, said confidence is key.

"In politics and government, it's predominantly white men," Murphy said. "I would say the phrase 'fake it until you make it' is a phrase used all of the time and is the biggest way I've conquered my fears. Be a little extra confident even if you think you have no idea what you're talking about."

The next question peaked the interest of the audience and conjured resounding laughter from the panelists: "Does everyone have to like you?"

"If you aren't tough when someone pushes you back and you want to be at the table, you have to push back," Hagerdon said. "So if somebody doesn't like you, don't pull back. You can't let somebody else and the way that they feel about you from their own perception interfere with your ability to do what you want to do."

The rest of the panel agreed striving to be likeable will get a person far but creating a clear balance between likability and standing one's ground is vital to success in the workplace.

Closer to the end of the questioning, the panel collectively suggested that creating a balance between work life and home life is vital.

"If you can hire it done, do it," Hagerdon said, referring to housework or childcare. "I know it doesn't seem possible now, but when you find the sweet spot in your salary, that's when you can ask for help."

The students who attended the panel said they gained some indispensable insight they can

easily employ when entering the professional world.

"I attended all of the other panels for the 'Lean In' series," junior Ruthie Kovanen said, "and I was especially curious to see, with this specific panel, what alumni had to say about how they 'lean in' in their career paths."

Kovanen said she had hoped for a more diverse group of people though, like an English or physics major.

Most of the panelists hold positions within the areas of business or communication, which greatly appealed to attendants like first-year D'ajah Johnson.

"The first time I heard of it ['Lean In'], I was like, 'what does that mean?'" Johnson said. "But now I get it. It's not our inadequacies we're afraid of but the power we actually have."

"If somebody doesn't like you, don't pull back."

Tina Hagedron
Class of 1994

What to do at PLU

Friday-4/18

Easter Break Begins. PLU offices closed.

Saturday-4/19

Easter Break

Sunday-4/20

Easter Break

Easter Egg Coloring. Hong Hall, 2-5 p.m.

Monday-4/21

Easter Break Ends. Classes resume at 11:15 a.m.

Mortar Board honor society ceremony. AUC Regency Room, 5:30-7:30 p.m.

"Consent & Sexual Health." AUC CK, 6-8 p.m.

Tuesday-4/22

Former Governor Christine Gregoire speaks on Earth Day. Karen Hille Phillips Center, 7:30-9 p.m.

MediaLab presents: "Transition from College to Career." AUC Regency Room, 6-9:30 p.m.

ASPLU Senate Meeting. AUC 133, 6-8 p.m.

Wednesday-4/23

Senior Exhibition. University Gallery, 8 a.m.-4 p.m.

Residential Life Institute info session. AUC SIL Multipurpose Room, 9 a.m.-noon

The International Poetry Reading. Hong Hall, 3:30-5:30 p.m.

"Women Sing the Blues." Garfield Book Company Community Room, 3:30-5:30 p.m.

Celebration of Service. AUC Regency Room, 5:30-7 p.m.

Michelle Johnson BA Presentation. MBR 306, 8-9 p.m.

Thursday-4/24

Stand in Solidarity Kick Off. Red Square, 7 a.m.-5 p.m.

Senior Exhibition. University Gallery, 8 a.m.-4 p.m.

Residential Life Institute info session. AUC SIL Multipurpose Room, 1-3 p.m.

"Take Back the Night." Red Square, 5 p.m.-midnight

"Sexuality and Reproduction in Scandinavia." Scandinavian Cultural Center, 5:30-7 p.m.

Chorale spring concert. Tickets: \$8 general admission, \$5 senior citizens (55+) and alumni, free to PLU community, students and 18 and under. Lagerquist Concert Hall, 8-9:30 p.m.

PRIVILEGE FROM PAGE 1

Junior Carly Brook said it was a good discussion and that it was intriguing the conversation trended toward the topic of having class privilege versus lacking privilege.

"I kind of noticed that it turned into a discussion of how to deal with your class privilege," Brook said, "when I don't know if that was the case for everyone in the room."

She also said it was interesting to talk about how some people might have more privilege than others because they went to certain schools that provided information on things like college applications and resumes when other schools did not.

"Overall, I think the event was important to uncover a social status [class privilege] that isn't talked about as often as it should be," Brook said.

PLU Briefs: stay informed about campus

Forensics places in top 30



T.O.H. Karl Forensics Forum debaters David Mooney and Pam Barker, both seniors, were some of the nation's elite at the United States Universities Worlds Debate Championship at Purdue University.

To gain this coveted place among finalists, Mooney and Barker had to out-debate 220 other teams, including teams from Yale, Cornell and Stanford. Professor Justin Eckstein, the PLU Forensics advisor, was also named one of the country's best adjudicators.

"It was extremely rewarding to see our hard work pay off," Barker said.

This national tournament is the final round for Pacific Lutheran University's Forensics team superb season. Barker and Mooney made it to elimination rounds at every tournament attended, making them the most consistent and competitive teams in PLU Forensics history.

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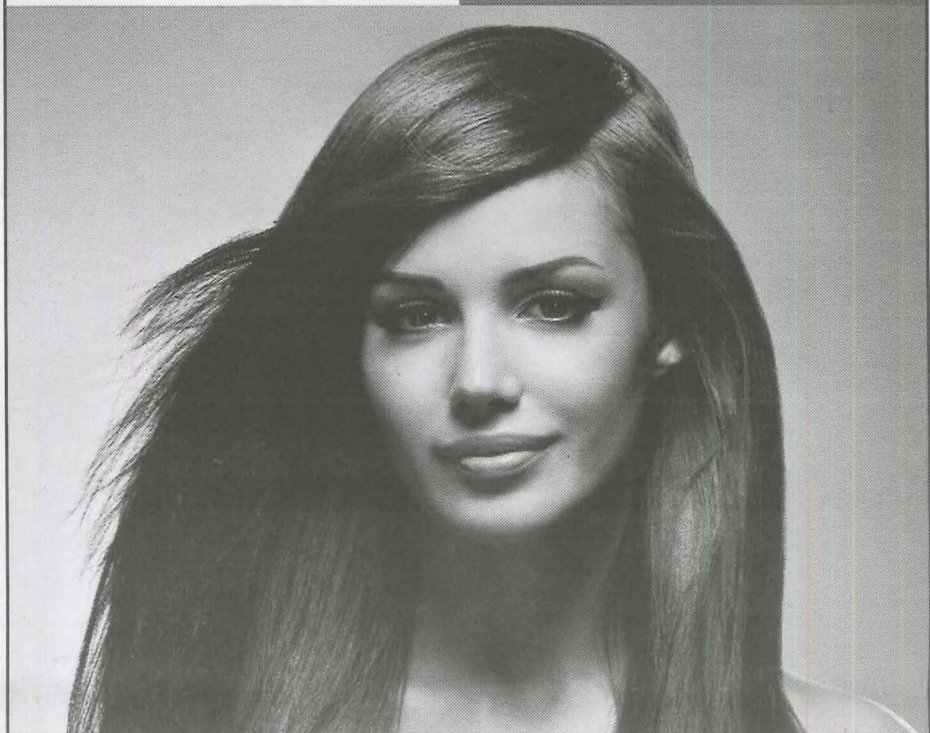
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Starting prices above may vary according to student level. All services performed by supervised students.



Crime Time: PLU's Campus Safety Blotter

Taken from weekly Campus Safety reports for the week of April 7

Medical Aid-

Campus Concierge staff in the Anderson University Center called Campus Safety April 11 in need of medical aid, because a student had suffered a laceration to her right foot. After she controlled the bleeding, the Campus Safety officer escorted the student to her on-campus residence. The student signed a medical release and no further action was required.

Alcohol Policy Violation-

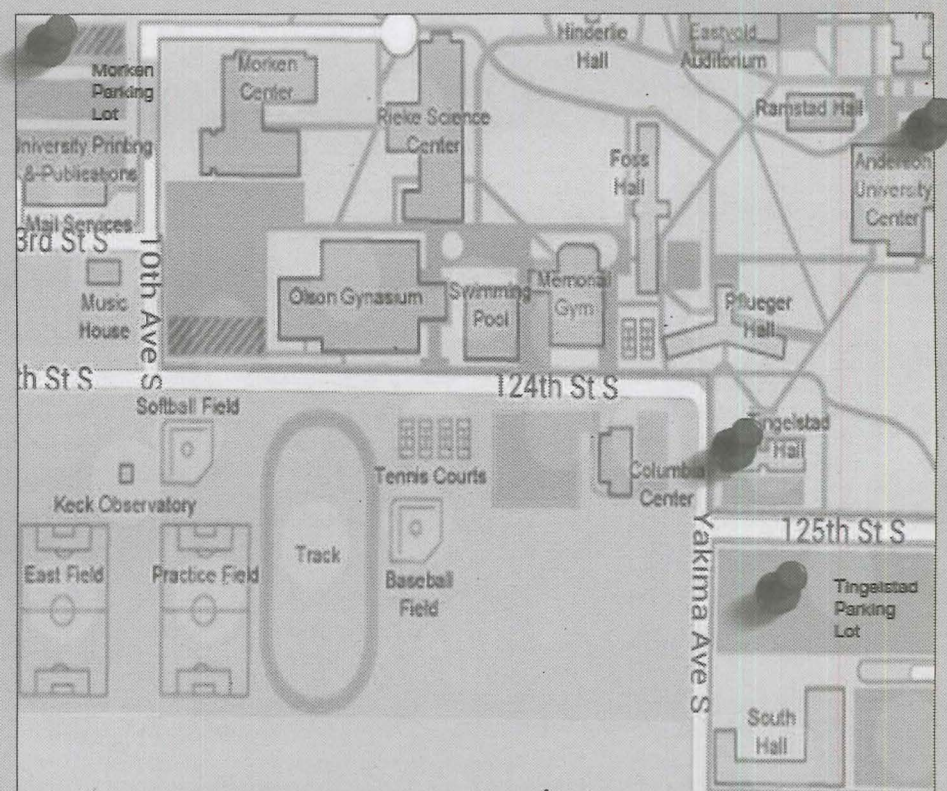
An on-duty Resident Assistant (RA) called Campus Safety April 11 in response to an alcohol violation in Tingelstad Hall. Campus Safety and the RA contacted the people in the room, two students and two non-students, and then disposed of their alcohol. The incident was forwarded to Student's Rights and Responsibilities (SRR).

Vehicle Damage-

At about 2 a.m. April 12, a student reported damage to her vehicle caused by the Tingelstad parking lot's gate. Video evidence showed the student took an inordinate amount of time exiting the gate, causing it to impact her car.

Vehicle Damage-

A student reported his car had been damaged by a hit and run in the Morken parking lot April 11 around 3 p.m. Video revealed found no suspect vehicle information. Campus Safety took no further action.



Medical Aid-

A Tingelstad RA requested medical assistance from Campus Safety last Sunday for an intoxicated student around 2:30 a.m. The student was vomiting and so intoxicated that she was unable to answer questions. The RA called Central Pierce Fire and Rescue before Campus Safety, and they said the student was able to stay in her room the remainder of the evening. Campus Safety reported the incident to SRR.

If you need Campus Safety's assistance, call (253) 535-7441

Artist spotlight: Lifelong dancer pursues passion at PLU

By **TAHNAYEE CLENDINEN**
Guest Writer

Courtney Volta has been dancing since the age of 6. She performed in "Dance Concert" for the first time this year.

Sophomore Courtney Volta started dancing at a young age and since then, she has blossomed into a full-fledged powerhouse of dance.

Volta began dancing at the tender age of 6 at All That! Dance Company in her hometown of Eugene, Ore. She started focusing on studying jazz, tap and ballet dancing.

Volta said dancing was just a fun and exciting pastime until the fourth grade. It was around then that she decided to join the competitive team of All That!, buckling down and getting serious about her dancing.

Her seriousness showed through when she began teaching classes in middle school. By the time high school rolled around, Volta was dancing almost constantly.

"By high school, I was dancing about 25 hours a week — before and after school — and traveling to competitions on the weekends," Volta said.

Dancing, although pleasurable for her, was beginning to take its toll on Volta.

"My senior year [of high

school] I started to get pretty burnt out. With so many commitments, I felt like I was no longer dancing for myself," Volta said. "But I did, so that I wouldn't disappoint my family who had paid so much for my training and traveling, and my instructors who had invested so much in me."

After a short summer intermission between the end of high school and the start of Pacific Lutheran University, she decided to join the PLU Dance Team her first year and participated in the Spring Concert.

However, she did not go on to pursue a spot on the team this year. She said the break has given her a new sense of what it means to be a dancer.

"The ability to express what I feel words cannot is the biggest reason I love dancing so much," Volta said. "There is no feeling

like being on stage conveying a powerful and personal message to an audience through dance."

After dancing in multiple pieces as well as choreographing several original dances, Volta has yet to choose a favorite form of dance.

She does, however, hold true to the fact that being surrounded by loved ones makes a considerable difference in which dances are especially memorable.

"Dances that have a special place in my mind are ones that I danced with my closest friends," Volta said. "There is so much power when you dance with someone whose energy you feel and feed off of."

Volta's latest work includes her performance and choreographed dance in this year's "Dance Concert" production. She danced in several acts, and her own work, "Joy," debuted on stage to applause, cheering and whooping.

Even though this is a milestone for her, Volta said she has no plans to slow down anytime soon and intends to dance with PLU again next year.

"Dance is absolutely a lifelong passion. I can't imagine not dancing again," Volta said. "I hope I can be 90 years old shaking what I've got."

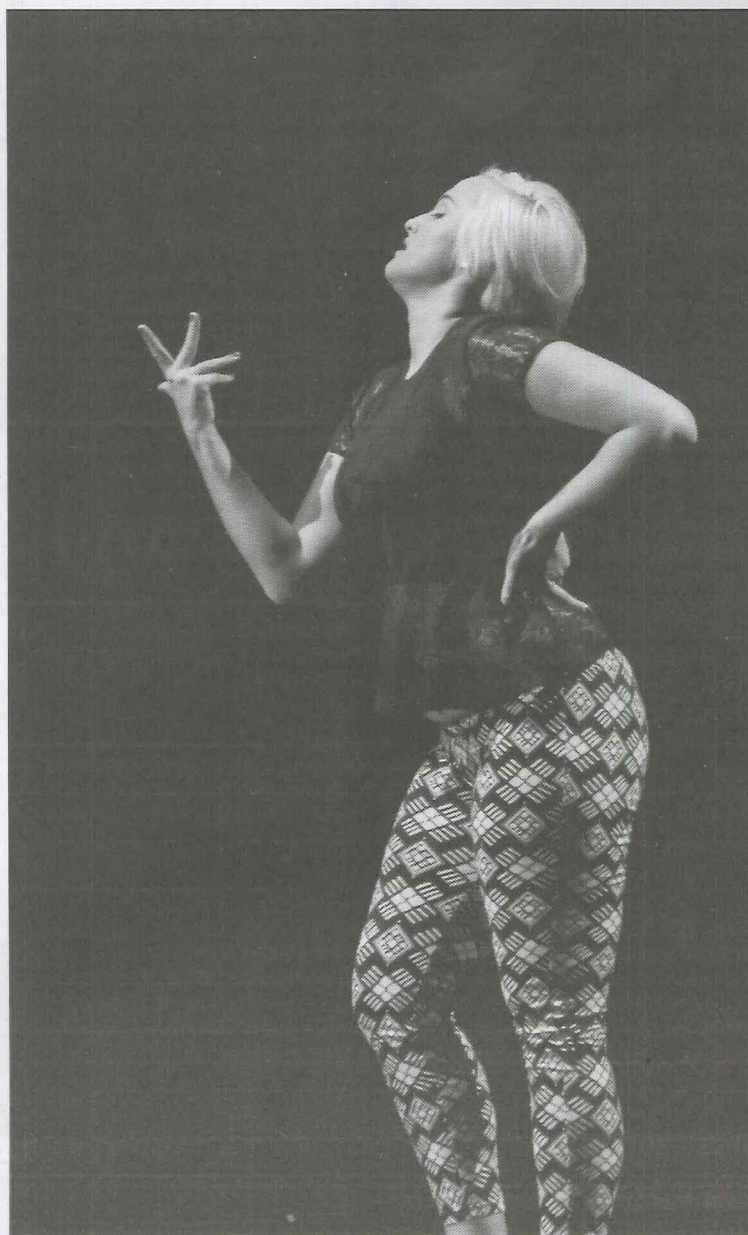


PHOTO COURTESY OF QUINN HUELSBECK

Sophomore Courtney Volta, a former dance team member, performed in "Dance Concert" at PLU for the first time last weekend. Volta, who has been dancing since the age of 6, described dance as a "lifelong passion" and said she "can't imagine not dancing again."

"There is no feeling like being on stage conveying a powerful and personal message to an audience through dance."

Courtney Volta
sophomore

Choir of the West returns from Montana tour

By **NATALIE DEFORD**
A&E Writer

After 30-plus hours of bus riding and five performances, the Choir of the West returned from its 2014 Spring Tour Sunday night and sang in a Homecoming Concert Tuesday evening.

Senior Lisa Carlson attended the homecoming concert and estimated that approximately 100 people were in attendance. She also said the choir sang 11 pieces.

"I liked the variety of the pieces they played," Carlson said. "There were religious ones and folk ones among others."

Leading up to the homecoming concert, the tour included sharing music with audiences in various cities of Washington and Montana, including Leavenworth, Missoula, Great Falls, Kalispell and Spokane.

Brian Galante, an assistant professor of music, directed this year's tour. Galante has been serving as the choir's conductor during Richard Nance's 2013-14 sabbatical leave.

The choir also collaborated with Oksana Ezhokina, the chair of piano studies, during the first half of the performance.

The entire choir, which is composed of about 40 members, went on the tour, staying in homestays and riding a bus with a bathroom, television and Wi-Fi.

Members spent bus time playing games, listening to music, sleeping, looking over music to be performed and even doing some homework.

Sophomore David Carson is in his

first year of Choir of the West, which he described as a mixed vocal ensemble.

"Music is really intense," Carson said.

The choir usually rehearses four days per week for about 90 minutes each day. Choir of the West guidelines indicate members should practice in their own time.

Carson said this outside practice received special emphasis for the set they took on tour, which contained lengthy pieces.

"There wasn't too much repetition in rehearsal," Carson said. "The songs were so long that repeating would tire out our

voices."

Carson said Galante told students they can come to Pacific Lutheran University, major in something other than music and still get a music scholarship.

So, Carson said, these high school stops build important connections and show off what the choir can do.

However, Carson said the intent of the high school stops was more to share the collegiate music experience with students, in comparison to the official performances, which all took place at churches.

Congregation members from these

year's volunteers were really appreciated.

Additionally, breakfast was usually provided by the volunteers at the home where the choir members stayed. The churches normally provided dinner for the choir as well.

Outside of church performances, high school visits and homestays, the tour also included scenery and several pit stops.

The choir visited The Lewis and Clark Interpretive Center in Great Falls. Watson said that, for her, the best part of the museum was feeling the pelts of different animals.

Whitefish was another stop, where the choir had lunch and a few hours of tourism and shopping.

The tour also included seeing the Great Falls of the Missouri River. Students viewed the sights through the windows of the bus as well.

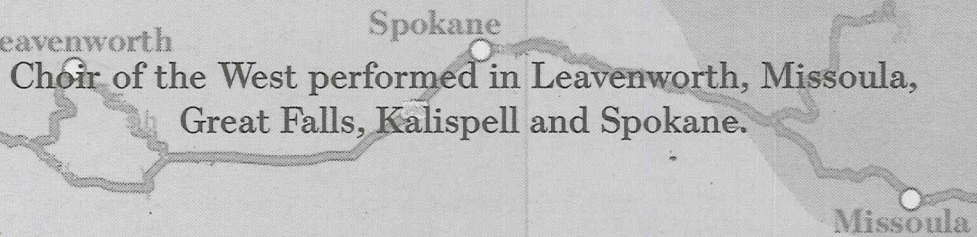
"There were mountains everywhere and lots of cows," Watson said.

While there were many great aspects of Spring Tour this year, Carson emphasized the choir always continues to aim for greatness year round.

"We all strive for a really high quality performance that's well put together and in tune and also to have fun with the performance," Carson said. "You can't be super uptight like it has to be perfect, but you want it as good as it can be."

While Carson said it's obvious all the choir members enjoy performing, he said he likes, "how all the members really care about the music."

Watson described Choir of the West as, "a place where I can go and make high-level beautiful music."



At some locations, only parts of the prepared pieces were performed, while the entire tour set was performed in other locations.

The concerts were in churches, but the tour also included some high schools with exchanges — where the Choir of the West sings a few pieces for the high school choirs, which will sometimes sing back if time allows.

Carson said that visiting high schools is, "to show what we do here, show about Choir of the West and what's going on here

churches hosted the choir members, providing them with places to stay and food.

Junior Katrina Watson is concluding her second year as a Choir of the West member, and she said her homestay experience on tour this year was better than her experience last year.

"Everybody had really nice beds for us, at least in mine, which doesn't always happen, so that was nice. And all the people were really nice," Watson said.

Watson said that, in past years, choir members have had to sleep on floors, so this

FAIR FOOD: the good, the bad and the ugly



PHOTO BY LEAH TRAXEL

Though sporting a new name this year, the Washington State Fair boasts some of the same staple foods it has for more than 100 years. Scones are an excellent choice for fairgoers looking for a tasty treat that won't ruin their diet — at least not as badly as the deep-fried butter.

By **LEAH TRAXEL**
Online Editor

Thousands flocked to the Puyallup fairgrounds last weekend for the 25th annual spring fair. The spring event is kind of like the younger sibling of the grand Washington State Fair at the end of the summer — all the same things, just less of them.

As expected, fair animals, rides and food were the main attractions.

While the fair's activities and attractions are smaller in number compared to the September fair, it draws a hefty crowd. In 2010, the fair reported more than 126,000 attendees.

While some might waffle about whether the rides are worth it or be unsure about looking at the animals, you'd be hard pressed to find someone who doesn't enjoy fair food. In honor of the fair's end, here's a list of the good, the bad and the ugly of fair food options.

The Good: elephant ears

No, they aren't actually the ears of elephants, but they look like them. These delicious crepe-like cakes are fried, doused in butter and then slathered with your choice of cinnamon sugar or raspberry jam. At \$6.75 each, these aren't the cheapest

option at the fair, but they're the most delicious, and one can feed two to three people depending on your appetite.

I've never seen these offered anywhere else, so it's definitely something to take advantage of during fair season.

BONUS Good: scones

This fair staple has been at the Puyallup fairgrounds for more than 100 years. Fisher,

the Seattle-based manufacturer, boasts it uses the same recipe today it used when it started operations in 1910.

Hot and covered in jam, these things are a must — and a fair price too at \$1.50 each. If you get the craving for them outside of the fair, you can usually find the scone mix at the grocery store. Cash & Carry also has a 50 lb. package of the mix — for heftier appetites.



PHOTO BY LEAH TRAXEL

For fair attendees less concerned about being heart-healthy and just looking to indulge, curly fries covered in nacho cheese are a tasty treat.

Fire destroys building after fair

This fair also received some unintended attention when a two-alarm fire broke out in one of the barns Sunday night after the fair closed.

A hot water tank inside a nearby Krusty Pup food stand caught fire. Employees called 911 after they were unable to douse the flames with fire extinguishers.

Of the 50 animals inside the barn, firefighters and fair workers were able to rescue 49. According to reports, one piglet died as a result.

Evergreen Hall, which housed the petting zoo and other 4-H exhibits, was gutted by the flames. The building was a complete loss. Fair officials said the fair will still open as planned next fall, though some of the exhibits may need to be housed in tents.

Compiled from reports in *The Tacoma News Tribune*.

The Bad: fair burgers

The only claim to fame a fair burger has is that it's usually covered in grilled onions. Other than that, it's nothing special.

At more than \$5 a pop, you're better off stopping at a McDonald's on your way home than springing for a burger and a drink.

Because burger joints in the fair get so busy, more often than not your burger was made before you ordered it and had been sitting under a heat lamp for a while — not a recipe for the greatest burger ever.

The Ugly: cheesy fries

Fries and cheese, what's not to love? Well, you probably won't love the heart attack you're giving yourself with the combination of nacho cheese and salty fries.

Not to mention the cheese itself starts to take on an orange tint the longer it sits on the fries, which is not exactly appetizing.

I'd be lying if I said I'd never had them, but I'll concede 100 percent they don't look good at all.

BONUS Ugly: fried butter

At this point, they're just trying to be ridiculous.

Documentary tackles wealth inequality in America

By **UNA TINGVIK-HAAVE**
A&E Writer

Through the documentary "Inequality for All" and subsequent discussion, Pacific Lutheran University students learned about the fast-widening inequality gap in the United States. The documentary played April 15 in the Hauge Administration Building.

"This is such a pertinent topic right now," Kaitlyn Sill, an assistant professor of political science, said. "We felt that this was something we should open up to the campus community."

Regarding wage inequality, the U.S. is one of the most unequal countries in the world today, and the inequality gap is only widening.

The documentary, "Inequality for All" not only examined the widening income inequality in the U.S. but also presented former U.S. Secretary of Labor Robert Reich's views on what is happening and why it is happening in the U.S. today.

After the screening it was the students' turn to share their views, which varied

greatly. A couple of them had opinions so different they had a heated discussion.

Sill said she tried to do a few screenings per year and to choose a topic that makes people think about government and politics and not just current events.

"We really try to dig in and actually talk about the actual underpinnings of our government," Sill said. "And then we like multiple perspectives."

One question the documentary posed, and one that also came up in the subsequent discussion, was: "How do you build wealth in the U.S. when you don't have anything?"

The movie offered several solutions to this problem, most of which required the government to raise the minimum wage, strengthen workers' voices, invest in education and fix the tax system.

"I actually learned a whole lot, because I'm not very educated in the whole economics discourse, which is really what came out today," junior Chris Johnson said.

Sill said she was surprised by the high attendance.

"We had political science, philosophy and probably some econ students, and so we had a pretty good turn out," Sill said.

Chef takes silver at culinary competition

By **ALISON HAYWOOD**
A&E Editor

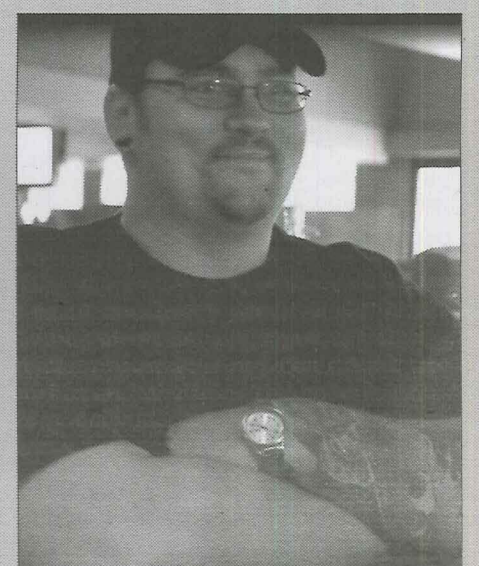
third year Blessum has participated, and the third year Blessum has earned a silver medal.

PLU Dining and Culinary Services sous chef Chuk Blessum took home a silver medal after participating in a Top Chef-style cooking competition in Los Angeles April 4.

The competition, called Flavors, was put on by the National Association of College and University Food Service. Contestants were given the principle ingredient, live Maine lobster, and challenged to create a dish around it. They were judged on organization, professionalism, hygiene and technique as well as the quality of their final dish.

Blessum made lobster en burre blanc with saut of fennel. Three other competitors earned gold medals.

Chefs from PLU have competed in NACUFS since 2007. This is the



CHUK BLESSUM

Dancers get lost and find themselves



PHOTO BY EMILY JACKA

The cast of "Dance Concert" performs "Get Home," choreographed by sophomore Miranda Winters, April 11 in the Karen Hille Phillips Center for the Performing Arts. "I think people get lost in a lot of things," Winters said. "In events, in their minds, even in other people, so we constantly have to re-find ourselves and going back to your roots, to home, is the best way to reconnect and remember who you are and who you want to be. My dance is about finding yourself after getting lost. It's about getting back home and getting back to your soul."

Students connect with community through art project

By **BLAKE JEROME**
Copy Editor

Two Pacific Lutheran University students are in the midst of a community involvement project they hope will ultimately bring the people of Parkland closer together.

Project manager Carly Brook, a junior, is working in partnership with lead artist and senior Saiyare Refaei to paint a mural on the 114-foot, west-facing wall of the Parkland post office, located on the corner of Garfield and C streets.

"When I learned about this project, I was really excited to help put Parkland back on the map," Brook said. "It's an area that has a lot of struggle, but also has a lot of vibrancy and a lot of active community organizations."

"[Parkland is] an area that has a lot of struggle, but also has a lot of vibrancy and a lot of active community organizations."

Carly Brook
junior

Refaei proposed the project after a trip to Oaxaca, Mexico last year. Refaei said she spoke with some of the street artists in Oaxaca who routinely paints murals on the sides of buildings to tell that neighborhood's specific story.

"We chose the post office because we wanted a community-oriented mural," Refaei said. "We want to tell Parkland's story."

The two launched the project in December after getting approval from PLU and the post office. They held a community forum to determine what residents would like to see in the theoretical mural.

Brook and Refaei split the 40 people in attendance into small groups and asked the groups to list a few themes that encompass Parkland. Diversity, rural to urban transition, resiliency, wholeness and

community were the most common themes the attendants mentioned.

In the months following the meeting, Refaei sketched a rough design of what she said she thought incorporated the ideas gathered at the public forum.

The design spells out the word "Parkland," with each letter representing a different part of the community — people, agriculture, recreation, kids, landscape, academics, native people and diversity. Each letter will contain its own design that tells the story of the corresponding theme.

Brook and Refaei held another public meeting April 8 to present the rough draft to the community and give people a chance to critique the design.

Diane Crews, founder of Olivia Jane Enterprises, said, "I am embracing this [mural] because I think it's a good way for this neighborhood to finally come together."

There are more than 15 groups that have committed to either help fund the project or volunteer their time painting. Both Franklin Pierce and Washington high schools will have students at the multiple volunteer paint days.

"It will be nice to see some of the different groups come together that might not normally encounter one another otherwise," Brook said.

The wall is scheduled to be primed April 26 from 8 a.m.-2 p.m., and Brook and Refaei said they urge anyone interested to come out and help. Those who can't make it to the priming but would still like to participate can help stencil the outline on the wall May 3.

"This will be an ongoing summer project that we hope to have completed no later than August 16," Refaei said. "There

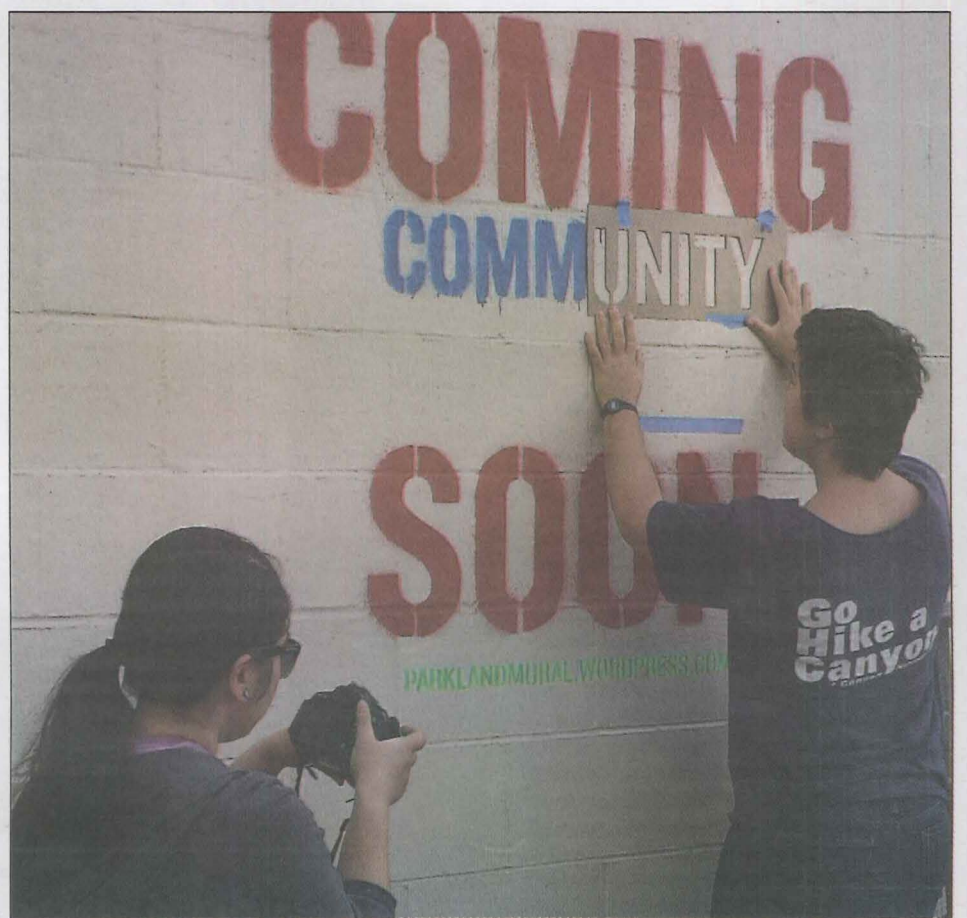


PHOTO BY BLAKE JEROME

Junior Carly Brook (right) holds a stencil in place to paint a "coming soon" sign on the wall of the Parkland post office, while senior Saiyare Refaei documents her efforts. Refaei got the idea to paint a mural as a community involvement project after speaking with street artists in Oaxaca, Mexico.

will be multiple volunteer painting days scheduled and posted on our website."

So far, Brook and Refaei have raised \$10,000 for the project, but they said with the high cost of paint and the enormity of the space to be painted that the project could cost even more.

Safe Streets volunteer Marlene Hayden said, "This mural is helping to build a sense of community that I haven't seen in a long time. That kind of connection oftentimes gets lost in the process."

First-year and volunteer Ariel Wood also said the project was about community.

"I really want the people of Parkland to know that even though we are only temporary residents here," Wood said, "we really care about this community and want to show it."

For more information about the Parkland mural or for information about how to donate visit <http://parklandmural.wordpress.com> or <http://discoverparkland.com>. Brook has also created a Facebook page, "Parkland Community Mural Project."

CEO opinions make or break company



PHOTO COURTESY OF CREATIVE COMMONS

After Dan Cathy, the CEO of Chick-fil-A, spoke out against gay marriage, protesters gathered around the restaurant to share their views. Surprisingly, this caused the company's sales to rise 12 percent.

By **KATELYNN PADRON**
Business Writer

A CEO's opinion can make or break a company. Clothing retailer Abercrombie & Fitch (A&F) and fast food chain Chick-fil-A have both been affected by their CEOs' opinions.

A&F CEO Michael Jeffries' personal opinions added to a downward spiral in sales.

Jeffries is still under scrutiny for comments he made in 2006 about the "exclusionary" brand.

"In every school there are the cool and popular kids, and then there are the not-so-cool kids," Jeffries said in an interview with Salon, a news and entertainment website.

"We go after the attractive all-American kid with a great attitude and a lot of friends. A lot of people

don't belong [in our clothes], and they can't belong. Are we exclusionary? Absolutely."

Last spring, Jeffries' controversial comments circulated the Internet.

Many consumers said they were offended, causing A&F to lose popularity.

Jeffries apologized on Facebook saying, "A&F is an aspirational brand that, like most

specialty apparel brands, targets its marketing at a particular segment of customers."

He continued to say the company is opposed to any "discrimination, bullying, derogatory characterizations or other anti-social behavior based on race, gender, body type or other individual characteristics."

Most Facebook commenters didn't buy the apology.

One commenter wrote, "Sales must've dropped this week."

Another commented, "I'll believe it when he adds bigger sizes."

Some, however, were supportive: "If there are stores specifically meant for just plus sizes," one commenter wrote, "what's wrong with a store specifically for smaller sizes?"

A&F's sales have diminished for the last four quarters, according to *Bloomberg*.

Another CEO's views fueled a controversy that led to record-high sales.

According to *The Huffington Post*, "the Baptist family that owns Chick-fil-A, a fast-food chain based in Atlanta, has for years given millions of dollars to organizations fighting same-sex marriage and supporting heterosexual ones."

Dan Cathy, CEO of Chick-fil-A also told the *Baptist Press* that "We know that it might not be popular with everyone, but thank the Lord, we live in a country where we can share our values and operate on biblical principles."

Cathy's views led many gay marriage supporters to protest Chick-fil-A.

A trio of drag queens even recorded a parody to the tune of "Hold On" by Wilson Phillips. It's called "Chow Down (at Chick-fil-A)."

The drag queens sang about their love of Chick-fil-A food and about their sexuality.

"Chick-fil-A says you make the baby Jesus cry ... Chow down at Chick-fil-A, even if you're gay," the song went.

Regardless of the negative publicity, Chick-fil-A's sales rose 12 percent.

Former Arkansas governor Mike Huckabee dubbed the company's 2012 record sales day "Chick-fil-A Appreciation Day."

Despite the record sales, Cathy expressed his regrets about associating the company with his views.

"I think that's [same-sex marriage is] a political debate that's going to rage on," Cathy said in a March 14 interview with *The Atlanta Journal-Constitution*. "And the wiser thing for us to do, is to stay focused on customer service."

The results of a CEO's opinions are somewhat unpredictable. While Michael Jeffries' opinions further buried A&F's sales, Dan Cathy's were beneficial to Chick-fil-A.

Regardless of the effect on sales, both CEOs apologized for offending and alienating consumers.

TOMS

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Corporations get social

Businesses create unique social media personalities

By JILLIAN STANPHILL
Business Writer

Social media is no longer about the individual.

Companies, conglomerates and corporations are starting to realize the impact their social media accounts can have on profits and marketing reach.

These businesses can hire public relations personnel to utilize these social media accounts as free sources of advertisements.

Most companies use straightforward materials and a professional tone, but a new trend is catching on among a wide variety of businesses — a personality for their accounts.

Just like a celebrity account, businesses are attracting customers by establishing a unique personality for their social media.

Twitter, Facebook and Instagram are all prominent business tools that can be incorporated into a strong

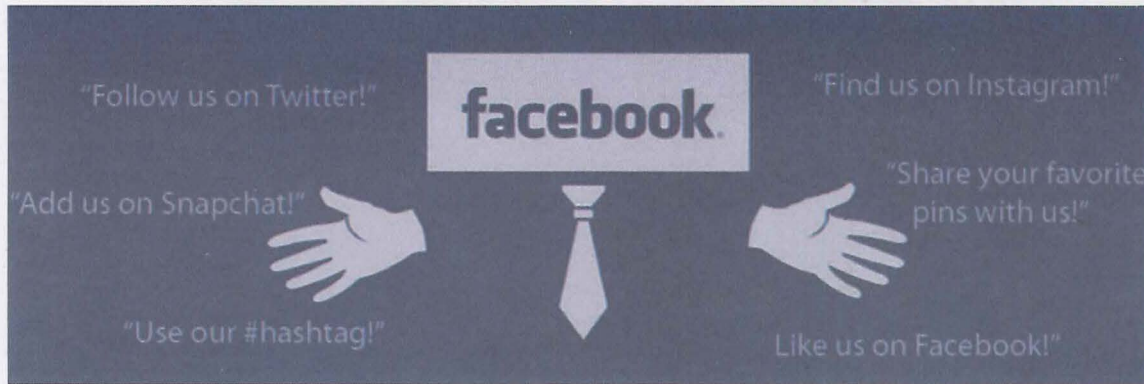


PHOTO COURTESY OF CREATIVE COMMONS

marketing campaign.

Facebook seems to be plateauing in popularity, especially with newer social media sources captivating younger users.

Instagram recently surpassed Twitter as the most popular social media site for smartphone users, according to CNBC.

Since then, Twitter has released a multiple photo sharing feature — up to four images — for its smart phone application, as well

as photo tagging.

Many companies have used these new features for Twitter, but it is too early to tell whether they are positively or negatively affecting those businesses.

Twitter is only second in popularity to Instagram, and not far behind.

Twitter allows for retweets, favorites and replies, which allows a brand or business to directly address an individual customer.

Taco Bell (@TacoBell) is a great example of consistent tone and humor.

It aims to be funny and keep a steady stream of tweets that follow a 'personality' of the company.

It also retweets and replies frequently when it is directly tweeted at, which engages the consumer.

Snapchat has come into play as a marketing medium, and you can add TacoBell on Snapchat

to learn what the new flavor of Doritos Locos Tacos will be.

General Electric (@generalelectric) still has a professional tone and avoids humor, but it uses a different technique to engage attention.

It has created a Vine profile that encourages individuals to recreate science experiments. General Electric re-posts the best ones.

This creates a sense of personal worth for the consumer along with a commitment to the company.

As new marketing tools become available, it is important for a company to utilize the possibilities and keep a consistent identity for the business.

Misused social media can be damaging to a company's reputation, but the opposite is also true.

Social media has the potential to become the most used and most effective advertising technique as technology advances.

The Internet cookie crumbles

Companies explore alternatives to traditional online tracking

By KELLI BRELAND
Business Editor

The Internet cookie has crumbled, and market researchers are scrambling for alternatives.

This isn't the kind of cookie you buy online and eat, it's the name for the technique researchers have used for years to track your online data.

When you visit a website, the site will attach a "cookie" to your computer.

This little line of code provides the website with the means to recognize your computer when you visit the site again.

This is often how email sites remember your login name and password, shopping sites bring up recently viewed items and how weather sites recall the zip code you entered the last time.

Cookies may sound useful and harmless, at least until advertisers enter the picture.

According to *BBC News*, advertisers and marketing firms have been found to implant "third party cookies" or "tracking cookies" into web browsers.

These cookies keep track of every site you visit, and then the data is used to create tailored advertisements based on your visited websites and searches.

For example, if you search Amazon.com for hiking boots and then log onto Facebook and see advertisements for hiking gear, it's because a third-party cookie was placed onto your computer.

According to *The Daily Mail*, researchers found that "During one 15-minute surfing period, one investigator's computer was

inundated with 600 cookies, 350 of which were the tracking variety."

Many consumers have recognized the advertiser's enthusiastic use for the cookie — a variety of web browsers, such as Safari, Mozilla Firefox and Google Chrome now offer an easy option to turn off cookies.

As a result, the cookie is beginning to die out.

According to *The Wall Street Journal*, the slow death of the cookie has not led marketers to give up on Internet tracking. Instead, they are exploring new options.

One of these new options is called "device identification."

This method would mean that instead of attaching a cookie to the web browser, a tracking mechanism would be implanted in the device itself.

Manufacturing companies themselves would implant tracking devices on computers, smartphones, tablets and other Internet accessing equipment.

Thus, manufacturers would have the power to obtain the information first, and then they could sell what they gather to third party marketing firms.

There is no word on whether consumers will be able to "opt out" of device identification if it is implemented.

A second option, according to the Interactive Advertising Bureau, is to use cloud targeting. It is unclear whether this method will be successful.

It would mean that instead of trying to collect the data on one device or web browser, companies would try to target



PHOTO COURTESY OF CREATIVE COMMONS

While the idea of companies tracking your Internet activity may seem scary, throwing your computer out is not the best idea. Instead, you can simply disable cookies on your web browser.

the consumer's entire "cloud" of information.

A "cloud" is when a group of computers or devices use the Internet to store all of their information in the same location instead of storing it on their hard drives.

On a commercial scale, many companies use cloud computing to store massive amounts of data, which can be accessed by all

employees.

On a personal level, you can use cloud computing to be able to access data on all of your devices.

For instance, Apple offers a cloud option in which all data saved on your iPhone, iPad and Mac computer goes to a cloud, and then can be accessed from any of your Apple devices.

If marketers choose to target the cloud, they may run into

problems with storing the huge amounts of data they can collect.

Additionally, there is no indication of how consumers will be able to protect their information from those who target the cloud.

The method companies will ultimately choose to continue tracking consumers online is unknown.

But one thing is clear — the cookie is dying out.

Sustainability

Go trayless, save food

By **MADDIE BERNARD**
Columnist

If you ate dinner in the University Commons April 7-8 of last week, you may have noticed something strange — someone asked for your leftover food.

Senior Jenny Taylor, an environmental and Hispanic studies major, and some of her Pacific Lutheran University classmates conducted a study of food waste during dinnertime in the Anderson University Center.

From 5:30-7:30 p.m., they asked students to dump their leftover food into large buckets, which they later weighed.

The results were shocking. They found that the food students threw out from April 7 weighed about 163 pounds. For April 8, diners wasted 101 pounds of food.

That's an average of about 66 pounds of food wasted per hour.

"It's a lot of food. It's a lot of wasted resources," Taylor said. "If students were more conscious of how much they put on their plates, less of that food would be going to the compost."

Food waste appears to be a huge issue, especially in the United States. Throwing away leftovers not only wastes food, it also wastes money, water and other resources.

By wasting perfectly good food, we are clogging up the landfills, wasting the water used to grow the food and wasting the gas and fuels used to ship the food to our location.

Food waste starts a chain reaction and causes more unnecessary waste in the process. By reducing our food waste, we can not only save money, but also other resources.

While food waste is a large, global problem, it can be solved through our simple, everyday choices.

PLU has been working to reduce its food waste over the last few years.



PHOTO BY KATIE DEPREKER

Sophomore Kevin Lester considers which bin to drop his leftover bin into. PLU encourages sustainability, and provides many recycling options.

In the past, Taylor and her friends did a study of food waste in the AUC to determine if the use of trays caused more food waste during dinnertime.

They found students wasted about 250-300 pounds of food at dinner when trays were present. Trays often cause us to take more food than we can eat, which results in higher food waste.

There is a positive correlation between the amount of wasted food and tray use. The results of their study caused the AUC to eliminate trays from dinnertime, and it is why the AUC still remains trayless to this day.

The April 7-8 study was a follow-up to see how much food waste accumulated in the AUC after trays had been removed from dinner. As the results show, the trayless policy

reduced the amount of food waste by about 50 percent.

"We are just trying to remind you why we don't have trays," Taylor said. "It actually does have a pretty big impact."

At PLU, we can each reduce our personal contribution to food waste by not using trays.

Know how much you can eat, and don't let your eyes trick your stomach into thinking it's hungrier than it is.

"Ask for smaller portions," Taylor said. "Try to be conscious. All this good food is being thrown away. It's kind of heartbreaking."

While food waste seems like an insurmountable issue, if we each do our part, we can significantly reduce the food we waste.

Use melodies to make the most out of studying

By **TAHLIA TERHUNE**
Columnist



A mere few weeks of school remain in this semester. Promises of sunny days are distracting for students who are eager for summer. While it may be difficult to maintain focus while studying, there is one solution — music.

Many argue that music is distracting and can hinder you from your studies. Other sources suggest that with the

proper music selection you will not only be able to focus better, but you may see direct results through an increased grade point average.

I can't study without listening to music. No matter what homework I am doing, it has become a habit to automatically turn on a song once I begin to study.

Other students feel differently.

"I usually have to read for homework," sophomore Caila Faunterberry said. "It's difficult to read while listening to music."

Edutopia.org, a site that shares evidence-based K-12 learning strategies, features an analysis of a study conducted by Nick Perham, a lecturer at the University of Wales, regarding the effects of listening to music while studying.

His main point is that music causes distraction. Perham found that lyrics will disrupt your comprehension of reading. His argument is valid in that trying to

understand two ideas at once will not be as effective as focusing on one concept at a time.

He could not deny, however, that music can affect your mood greatly, which could contribute to a happier atmosphere for studying. If you are not in a positive mood, Perham found that simply listening to music can boost it, altering your state of mind.

Spotify, the music streaming service, conducted a study with psychologist Emma Gray to research habits and effects of studying while listening to music.

The research concluded the critical factor in deciding whether this is beneficial or not comes down to the type of music you listen to. The amount of beats per minute can trigger different parts of your brain and each subject works best with different genres.

For those studying science, humanities and languages, the left side of the

brain is most active during these types of learning. So listening to songs with 50-80 beats per minute, such as "Mirrors" by Justin Timberlake or "We Can't Stop" by Miley Cyrus were the most effective, according to Metro.

For those studying art, English and drama, these subjects trigger the right side of the brain for creativity. Listening to "I Can't Get No Satisfaction" by the Rolling Stones or Katy Perry's "Firework" stimulated the mind best.

The study also found that math students who listened to classical music consisting of 60-70 beats per minute received an average score of 12 percent better on their tests.

"If I knew that music could improve my grade average then I would certainly try it," Faunterberry said.

Next time you go to do homework, consider turning on some music that best suits your studies.



THE MOORING MAST

Pacific Lutheran University
12180 Park Ave S.
Anderson University Center Room 172
Tacoma, WA 98447

EDITOR-IN-CHIEF
Jessica Trondsen
mast@plu.edu

BUSINESS & ADVERTISING MANAGER
Bjorn Slater
mastads@plu.edu

NEWS EDITOR
Reland Tuomi

A&E EDITOR
Alison Haywood

BUSINESS EDITOR
Kelli Breland

OPINION EDITOR
Ashley Gill

SPORTS EDITOR
Sam Horn

PHOTO EDITOR
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Blake Jerome

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MAST TV
GENERAL MANAGER
Storm Gerlock

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Evan Heringer

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Art Land

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EDITOR'S NOTE

The front page of last week's issue included a photo of an April 5 protest at the Tacoma Detention Center.

The Mast has received feedback about the content of the sign, which includes a Spanish expression that, while relevant to the coverage of the protest, may be offensive without more context.

Our intent of running the photo was to report that PLU students participated in the protest because the issue affects members of our community.

Please look for a full story about the protest in our April 25 edition.

Troubling tuition costs causes turmoil

By SAMANTHA LUND
Columnist



In President Obama's January State of the Union speech, he called for a reversal on rising tuition costs. "Higher level education cannot be a luxury," President Obama said. "It's an economic imperative that every family in America should be able to afford."

To that, I say, "heck yes." I also wonder why Pacific Lutheran University is not listening.

Last year, tuition alone cost \$32,800, rising this year to \$34,440. Last year, students got a letter in the mail about rising tuition, which explained the extra \$2,000 added to our bills.

That letter caused a stir and a grumble among students, but not enough for them to get up and do something about it. It seems like students are just savoring the time they have until it gets bumped up again.

In Florida, tuition for state colleges and universities is frozen. This applies to universities across Minnesota too. A frozen tuition is just that, a tuition price that does not waver or increase over time.

It is a trend that is catching on in many universities. Colleges are realizing how tempting a frozen tuition is to most students and are giving them what they want.

PLU should jump on board, before legislation passes, and become one of the many colleges leading the way. We are very progressive in so many things. We should be progressive in tuition and student life as well.

"In today's world, we need a college degree to get hired at most places," sophomore Emma Pierce said. "But in order to go to college, we have to invest a lot of our time and money. In order to make money, we have to pay. It's kind of like a never-ending cycle."

With tuition across the country rising, community colleges and accelerated

programs are getting more enrollments than ever. These types of schools offer quicker degrees or the option to skip over those general education courses that add years to your university time.

General education requirements are something that make PLU special.

However, if tuition is rising and those requirements are the reason students have to stay in school for four years instead of three, then I do not see how that cost is worth it when we could go to a community college and do those for a much less burdensome price.

"I feel like PLU could maybe see where they could adjust their budgets in some places, like not watering the grass during certain seasons or limiting how many dishes students use at dinner," Pierce said. "By reducing the budget in certain areas of excess, there would be more funds for scholarships."

Another option that colleges and universities have decided to take part in is setting up programs to offset the cost of tuition. For instance, university sustainability programs have promoted the concept of offsetting tuition with being sustainable.

Therefore, if students over the course of a year can recycle and reuse 90 percent of waste produced, tuition would not be raised the next year. These programs support not only a tuition freeze, but environmental awareness and student involvement as well.

Some schools argue they offset raising tuition by raising financial aid, which is a misconception. According to economist and publisher Mark Kantrowitz, schools hand out a lot of aid, but to raise aid by another dollar, they must raise tuition by \$1.50.

At that rate, colleges would be raising tuition about 50 percent faster than the rising inflation of our country. Financial aid cannot be the only solution. Internal programs should be taking an active role in working toward a fixed tuition rate.

If there is anything I know about Lutes, it is that they love their school, but they also love change, and we make change happen where we see it is necessary. When Lutes push for change, they can make anything happen.

It seems like students are just savoring the time they have until it [tuition] gets bumped up again.

Be aware of intimate partner violence

By SHANNON MCCLAIN
Columnist



In 2007, the National Coalition Against Domestic Violence (NCADV) reported that 21 percent of college students had experienced dating violence from a current partner, while 32 percent reported dating violence from a past partner.

While anyone can be affected by intimate partner violence (IPV), including men and women in both same-sex and opposite-sex relationships, those at the greatest risk of nonfatal intimate partner violence are females aged 20-24, according to the NCADV.

Jennifer Warwick, a victim advocate for the Women's Center and the Voices Against Violence project coordinator, said that in her experience it seems disempowerment tends to work more effectively than physical abuse.

Just like off campus, the most common form of violence on college campuses is emotional, mental and verbal violence, which can then escalate to physical violence. Two popular tactics are isolation and verbal abuse.

Isolation can be disguised as love and romance. The partner says things like, "I want to be with you all the time." Just this statement alone doesn't mean it is IPV, but if the victim doesn't really want to spend all of her or his time with the other, then it becomes a form of isolation as the victim cannot see friends or family as often or at all.

The other common tactic is verbal abuse. This is name calling and other forms of shaming. It could even be shaming the victim's friends by saying things like, "Why would you want to hang out with them?"

Warwick said electronics also play a role in IPV. Email, social media and particularly texting can be used by the abuser to monitor their partner. We are always accessible and can feel like we must always answer a text, while phone calls we could ignore.

Often the reason people stay in these unhealthy relationships is because they are unable to recognize that what they have is unusual.

We learn a lot about relationships from our families and communities, but we also learn from the media, particularly television and movies. Sometimes the only models we

are exposed to are not great relationship examples.

Warwick said that it can be a lot for young people to unpack. We need maturity and time to move past the scripts of "what should be" and be able to say that "what is" is not right.

It is more difficult for women to say they don't want to be in a particular relationship anymore. Stereotypically, women are supposed to be the fixers and the nurturers, so they can feel like they have to try to make it work. However, Warwick said she does see more empowered college women each year.

As the victim advocate, Warwick sees a lot of people, even RAs, who are worried about friends or residents who don't hang out with anyone but their partner. These friends want to be supportive, but it is hard to begin that conversation, and they are afraid to judge others' relationships.

Warwick encourages them to broach the subject and say something about it. If the signs are there for others to see, that means it could be pretty bad.

Make sure the friend feels supported and let her or him know that you will be there to listen whenever she or he is ready to talk. The victim needs to be ready. It is a balance between the elements of fear and love — her or his safety has to be compromised enough for the victim to take action and get out.

When the victim is ready, Warwick advises she or he connect with an advocate like herself. Advocates can provide emotional support and empathy, and they are also confidential. It is victim-centered, so an advocate will not tell the victim what to do, but will just give the options.

To learn more about healthy relationships, Sexuality Awareness and Personal Empowerment Team (SAPET) coordinates healthy relationship workshops to help students explore what they want from a relationship and their partners and how to spot the signs of IPV.

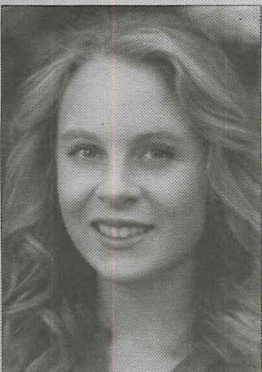
Additionally, this month is Sexual Assault Awareness Month, and Monday at 6 p.m. in the Chris Knutzen Hall there will be a workshop organized by SAPET on consent. It will include information on health and contraceptives, healthy communication in a relationship and models for healthy relationships.

Then, "Take Back the Night" will begin Thursday at 5 p.m. in Red Square. This event shows support for victims of all kinds of violence.

These are some ways students can get involved and learn more about these issues on campus. Education leads to awareness, which leads to more support for people in an unhealthy relationship or violent situation.

LETTER FROM THE BUSINESS EDITOR: Coping with a liberal arts education

By KELLI BRELAND
Business Editor



As an active member of a liberal arts college community, I have received a full academic serving of our world's uncountable issues.

Among many classes, I have watched miserable documentaries about corporate corruption, and others about gendered violence.

I have read firsthand accounts of grim colonial racism and persecution. I've even discovered the factual horrors of factory farming and climate change.

My awareness of this wide spectrum of issues is certainly important. In fact, through my studies of these grim topics, I have changed my personal perspective in a multitude of ways.

That said, there is no getting around the fact that these topics are depressing, and at times, hard to cope with.

One of the most difficult aspects of learning about a global issue is just that — it's a global issue. When faced with such huge problems, it's challenging not to feel powerless.

I have found myself asking, "What can I really do about sexual assault in India?" or "What do I do about the cholera outbreak in Haiti?"

I don't think there is one correct answer. Instead, I think it comes down to two things — perspective and personal responsibility.

Perspective is extremely important when coming to terms with issues in the world. Instead of exclusively looking at the problems, we need to remember that there is immeasurable good as well.

Remember there are happy, healthy children, fulfilling relationships and people saved from illnesses and poverty every day. There are people passionately following their vocation, people making beneficial scientific discoveries and people simply having fun.

I'm not saying that we should forget the problems. But I am saying that the positives in the world are just as important as their negative counterparts.

When it comes to personal responsibility, I think it is OK to say that we cannot personally solve everything.

Activism is undeniably important, but not every person can be a passionate activist on every issue. We

can't donate to every single charity, but not donating to a specific charity doesn't mean we don't care.

Instead, it is up to the individual to decide her or his own personal best plan of action. I don't think it is fair to develop a standard for "what it really means to care about an issue."

As a college student, I think it is critical to stay informed on issues and apply them as best as I can to my own personal choices.

For example, my class on gendered violence taught me to recognize warning signs of domestic violence and sexual assault. Thus, with my new awareness, I do the best I can to prevent these situations from happening to the people around me.

At the same time, I haven't volunteered at a battered women's shelter or donated to a domestic violence related cause.

But I don't think that means I don't care about the issue. The bottom line is that as individuals, everyone can have a different response to an issue.

As college students who are educated in many problems, we do not have to feel guilty about not being able to make a big of a difference as we'd like.

Universal Crossword

Edited by Timothy E. Parker March 30, 2014

- ACROSS**
- 1 Teamwork inhibitor
 - 4 Good old boy
 - 7 Beard grown by a farmer
 - 10 Cold blocks
 - 13 Beat it
 - 15 Jeans brand
 - 16 Convent dweller
 - 17 ___ one's welcome
 - 19 Like a debtor's ink
 - 20 Papal emissary
 - 21 Mansion and its land
 - 23 Small container for liquids
 - 24 Restored to a better condition
 - 28 Naval rank (Abbr.)
 - 29 One ___ customer
 - 30 Small cloud
 - 31 Beam in the attic
 - 33 Highlands tongue
 - 34 Pretty much in the neighborhood
 - 40 First word in a Spring-steen title
 - 41 Mongolian tents
 - 42 Sudden thrusts, in fencing
 - 45 Wagon wheel groove
 - 46 Word before "blonde" or "Wednesday"
- 49** Group of larks
- 52** Scam victim
- 53** Person of German origin
- 54** It can come after a shot
- 56** Barnyard bleater
- 58** Worked a manual transmission
- 60** Wriggly fish
- 61** Before, before
- 62** It has two or more amino acids
- 63** Crucial
- 64** Knightly title
- 65** Word with "want" or "personal"
- 66** Wordless yes
- DOWN**
- 1 Develop gradually
 - 2 Knuckled under
 - 3 Alphas' opposites
 - 4 Military station
 - 5 Small celestial body
 - 6 Where cows graze
 - 7 "He's making ___ checking it twice"
 - 8 Entered
 - 9 Render ineffective
 - 10 As payment (for)
 - 11 Stick on a table?
- 12** Conclusion
- 14** Like some advanced exams
- 18** Word of acceptance
- 22** Potatoes and yams
- 25** ___ Orange, N.J.
- 26** "If all ___ fails ..."
- 27** White-tailed quadruped
- 29** 32K ounces
- 31** Tropical forest
- 32** "Honor ___ father ..."
- 34** Up to the task
- 35** Flour-and-fat sauce thickener
- 36** In an elaborate manner
- 37** Bond or mart start
- 38** Chewed a carrot, say
- 39** Polo Grounds legend Mel
- 43** Piano school assignments
- 44** Buddhist enlightenment
- 46** A state capital
- 47** Skimpy bathing suit brand
- 48** Did a sheepdog's job
- 50** Babel construction
- 51** Keeper's place
- 52** Not really all there
- 55** Rose plant fruits
- 56** Comic book scream
- 57** Very small
- 59** Place for a nice steam

PREVIOUS PUZZLE ANSWER

1	C	R	A	F	T	2	O	S	C	A	R	3	A	D	4	A	L	E					
5	A	U	R	A	E	6	L	I	L	L	E	7	A	L	E	8	M	O	P				
10	B	E	C	K	A	11	N	D	C	A	L	12	L	E	13	P	O	I					
15	I	C	E	16	R	O	T	17	S	U	M	18	B	A	T	H	19	F	E				
20	A	T	E	21	S	T	A	22	S	T	E	23	R	N	24	T	E	R	N				
25	P	U	L	26	Y	E	S	27	S	D	I	28	S	T	29	I	D	S	T				
30	I	D	L	31	E	32	D	33	E	N	E	34	B	35	E	36	W	E	R				
37	D	E	A	38	R	S	39	S	T	R	U	40	T	41	E	A	42	A	S				
43	N	I	M	44	S	45	A	46	I	N	47	U	48	N	A	49	P	50	A				
51	F	A	D	52	E	O	U	53	T	54	F	55	X	56	A	T	57	E	S				
58	R	I	G	59	O	N	O	60	O	61	E	62	R	63	64	65	66	67	68				
69	I	D	70	O	71	H	I	72	S	73	A	74	N	75	D	76	T	77	H	78	A	79	T
80	L	E	81	O	82	H	A	83	L	E	84	R	85	O	S	A	86	G	87	E	88	89	90
91	L	S	92	D	93	S	T	94	E	A	95	K	96	S	97	Y	98	N	99	O	100	D	

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3/30

GOING SOMEWHERE? By Mary Jersey

1	2	3	4	5	6	7	8	9	10	11	12									
13	14	15	16	17	18	19	20	21	22	23	24	25	26	27						
28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48
49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66			

CLASSIFIEDS

Rental house right next to PLU campus, 4 bedroom (1 master for 2 beds so usually 5 person house), 2 bath, swimming pool. Rent is \$1,700 including utilities! Breakdown: \$340.00 per person.
If interested contact Joe Jordan at (253) 678-9167

4 Bedroom House on Wheeler Street! 4 Bedrooms, 1 Bath, New gas furnace, vinyl windows, washer, dryer, dishwasher, microwave, self-cleaning oven, covered patio, fenced back yard, hardwood floors computer network, and lots of off-street parking. \$1,600 per month.
Contact Dave Carlson:
253-318-7008 or carlsoda@comcast.net

5 Bedroom Houses on Wheeler Street - 5 Bedrooms 2.5 baths and just a short walk to class. Lots of off-street parking, territorial view, private deck, full-sized washer and dryer, all appliances including dishwasher. Room for six students. From \$1,975/Mo.
Contact Dave Carlson:
253-318-7008 or carlsoda@comcast.net

SUDOKU High Fives

2					3				
7				4				6	
5	4	9			2	7			
			1	5	6				
	3			8					
8						3	5		
6	7		4	1	8			3	4
2			6	7	1		6	9	
9				7			9		

	9		7						1
7	6		9	5	4	8			
		2							5
			7	4		2			
	1	2							7
	3			1					

© JFS/KF

4		9		3		9	1	5						6
			5	9			3	7		5				
2	9	1	4			7	3		2	7	4	5		
6	7						5		4	8	2	1		
			2	8	6				1				7	
			1	4	2	3					4	8	3	
	8		3	1	5				8	5	9	3		
3		8					1			9	7		6	
9		6	4						3	1	4		9	

HOW TO PLAY: Sudoku High Fives consists of five regular Sudoku grids sharing one set of 3-by-3 boxes. Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition. The numbers in any shared set of 3-by-3 boxes apply to each of the individual Sudokus.

PLU discusses study music

The Mast asked students in a poll starting April 15 what type of music they listen to while studying.

Join the conversation at <http://mastmedia.plu.edu/> in the Opinion section.

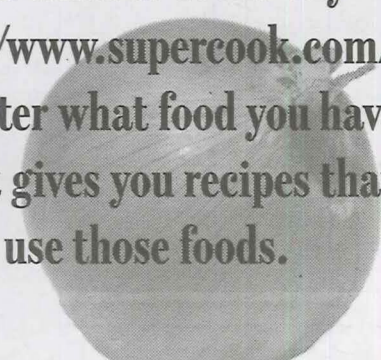
What music genre do you like to listen to while studying?

- 27% Other 10 votes
- 24% Instrumental 9 votes
- 22% Rock 8 votes
- 8% Country 3 votes
- 8% I don't listen to music while studying 3 votes
- 5% Disney 2 votes
- 5% Pop 2 votes
- Total votes 37

Results as of April 16, 11:00 p.m.

Life Hacks

Only a few ingredients and no idea what to cook? Try <http://www.supercook.com/>. You enter what food you have, and it gives you recipes that use those foods.



SPORTS SCOREBOARD

Baseball

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Linfield	27	3	17-1	Won 16
Willamette	21	11	13-4	Won 4
George Fox	24	8	14-7	Lost 1
PLU	19	13	10-7	Won 2
Puget Sound	10	17	8-10	Won 3
Whitworth	10	19	7-11	Won 1
Whitman	18	17	7-14	Lost 4
Pacific	11	18	4-14	Lost 1
Lewis & Clark	9	23	3-15	Lost 8

LUTES' UPCOMING GAME: April 18 at Lewis & Clark, 3 p.m.

Men's Tennis

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Whitman	13	3	10-0	Won 5
Pacific	13	3	10-1	Won 7
George Fox	9	4	7-3	Lost 1
Lewis & Clark	6	10	6-5	Won 1
Whitworth	6	10	5-5	Lost 4
PLU	5	11	4-6	Won 2
Puget Sound	3	11	2-8	Lost 2
Willamette	2	12	2-8	Lost 2
Linfield	0	12	0-10	Lost 12

LUTES' UPCOMING GAME: April 18 vs. George Fox, 3:30 p.m.

AROUND THE LEAGUE...

MEN'S GOLF: Willamette junior Ryan Kukula won the men's individual title at the Willamette Spring Thaw in Bend, Ore. while leading the Bearcats to the team title. He shot an 8-under 136 for 36 holes. He carded a 5-under 67 in the first round and earned a 3-under 69 in the second round. He won the tournament by nine strokes.

BASEBALL: Rolenn Himuro, a junior from Willamette, went 7-for-14 with at least one hit in all four games this past week, including two hits in each game of the series at Whitman. He also earned at least one RBI in each of Willamette's three wins against the Missionaries.

TRACK AND FIELD: Willamette junior Jordan Loos threw the javelin a personal record 202' 4.50" at the John Knight Twilight to move into second place on the NCAA Division III performance list for the season. He placed fourth at the meet behind one NAIA and two Division II throwers. He is fifth on Willamette's all-time list.

Statistics found at <http://www.nwccsports.com/landing/index>.

Softball

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Linfield	31	7	25-3	Lost 1
Pacific	24	10	19-9	Won 1
Whitworth	26	14	18-10	Won 4
Willamette	18	20	14-14	Lost 1
George Fox	24	16	13-15	Lost 1
PLU	16	24	13-15	Lost 1
Lewis & Clark	12	25	8-20	Won 1
Puget Sound	3	31	2-26	Won 1

THE LUTES' SEASON HAS FINISHED

Women's Tennis

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Whitman	9	8	9-0	Won 3
Whitworth	11	4	9-1	Lost 1
Linfield	11	2	8-2	Won 10
PLU	10	6	6-4	Lost 2
Puget Sound	6	5	5-5	Lost 1
George Fox	7	10	3-7	Won 1
Willamette	4	7	3-7	Won 1
Lewis & Clark	2	11	2-9	Won 1
Pacific	2	12	0-10	Lost 5

LUTES' UPCOMING GAME: April 18 at George Fox, 4 p.m.

Walton and Runco wrap up heptathlon competition at NWC Championships

By TYLER SCOTT
Director of Athletic Communications

A pair of Pacific Lutheran track and field student athletes wrapped up competition at the 2014 Northwest Conference Multi-Event Championships Tuesday afternoon. Junior Hannah Walton placed ninth and sophomore Paige Runco finished 13th in the heptathlon at Charles Bowles Track.

Walton's top event was a first-place showing in the 800-meters Tuesday, finishing the race with a time of 2:25.13. She added a fifth-place

finish in the javelin (28.57 meters) and an 11th-place finish in the long jump (4.28 meters) to total 3,675 points and rank ninth overall.

Runco placed 11th in the 800 (2:42.03) and 12th in both the javelin (19.01 meters) and the long jump (3.76 meters) to finish 13th overall with 3,006 total points.

George Fox's Maria Green won the conference heptathlon crown with a point total of 4,526.

The PLU track and field teams return to action April 25-26 for the Northwest Conference Championships hosted in Tacoma by University of Puget Sound.



PHOTO COURTESY OF PLU ATHLETICS

Junior Hannah Walton placed fifth in the javelin. She ranked ninth overall in the heptathlon competition. Teammate Paige Runco, a sophomore, finished 13th in the competition.

Konopaski ties PLU single-season save record with win over Saint Martin's

By TYLER SCOTT
Director of Athletics Communications

Pacific Lutheran's baseball team erupted for eight runs in the final three innings, and junior AJ Konopaski tied the PLU single-season record for saves. The Lutes earned a 10-5 nonconference baseball win over Saint Martin's Tuesday afternoon at SMU Baseball Field.

With 11 saves this season, Konopaski leads all of NCAA Division III and tied Aaron Roetcisoender's 2004 program record. He now has 11 saves and two wins out of the Lutes' 19 wins this year.

First-year Kort Skoda pitched the first five innings for the Lutes, limiting the Saints to one earned run on five hits before sophomore Cory Nelson took over.

Nelson pitched the next two innings and picked up his second win of the season.

Konopaski took over with one out in the bottom of the eighth and picked up the final five outs of the game to earn the save.

First-year Kory Vanderstaay led PLU with three hits and drove in two

runs, while Casey Dawes tallied two hits and three runs batted in.

Juniors Kit Banko and Curtis Wildung, along with first-year Ben Welch, also finished with two hits. Fellow first-year Shawn Abe scored three runs in PLU's win.

Saint Martin's got on the board first, scoring a run in the third, but the Lutes tied it in the top of the fourth.

Wildung led off with a single, stole second and scored on Welch's single up the middle. The Saints took the lead again in the bottom of the fourth, but PLU tied it in the sixth after Collin Nilson doubled, reached third on a wild pitch and scored on an SMU error.

The final three innings featured eight runs by the Lutes and three for the Saints.

The Lutes' win improved their record to 19-13, while Saint Martin's fell to 10-25.

The Lutes head to Oregon this weekend for a three-game Northwest Conference series against Lewis & Clark today and Saturday before wrapping up the weekend with a Sunday afternoon makeup game against Willamette.

MIAMI HEAT TAKE CARE OF BUSINESS

Will the Miami Heat or Indiana Pacers earn the first-place seed in the Eastern Conference?

By SAM HORN
Sports Editor

It seems that runs are what define basketball games.

That was the case April 11 when the Miami Heat squared off against the Indiana Pacers, winning 98-86.

The Heat were aided by its 16-0 run to end the game.

This week, I asked The Mast Sports Pick 'Em Contestants if the Heat or Pacers would win the Eastern Conference.

While everyone picked the Heat to win over the Pacers last week, all of them think the Pacers will win the Eastern Conference.

This is the second to last question for the Mast Sports Pick 'Em Contestants so next week will determine who will take home the prize.

No, it's not money. Just bragging rights and one awesome certificate.

As it stands now, Kyle Peart and Cale Powers are tied for first place so I might have to write two certificates.

Best of luck to all of the contestants this upcoming week.

Kyle Peart (3-3)

Prediction: Indiana Pacers

Cale Powers (3-3)

Prediction: Indiana Pacers

Alan Bell (2-4)

Prediction: Indiana Pacers

Drew Oord (2-4)

Prediction: Indiana Pacers

Michelle Hogan (2-4)

Prediction: Indiana Pacers

SAM SAYS...

Boston Marathon Bombings serve as a reminder to never give up

By **SAM HORN**
Sports Editor

Nearly one year ago, one city in America was in disarray.

One city suffered major injuries and three casualties. Now, one city is rebuilding, even if the emotional toll is unfathomable.

On April 15, 2013, the Boston Marathon was underway. With the weather forecast promising sunlight, April 15 seemed like any other spring day.

Until 2:49 p.m.

With nearly 5,000 runners approaching the finish line, two pressure cooker bombs exploded, sending Boylston Street into near oblivion.

Three people died, and approximately 260 people suffered injuries. Limbs were lost. Chaos

ensued.

This past April 15, America remembered those who were killed in the Boston Marathon Bombings. Each slain victim had a story to tell.

They still had many years left to live and search for the meaning of life.

In an instant, that notion was quelled.

If it weren't for two perpetrators, the people in the proud city of Boston would be conducting business as usual.

But because of Dzhokhar Tsarnaev and his older brother, Tamerlan Tsarnaev, Boston is stronger.

It's because of Dzhokhar Tsarnaev and Tamerlan Tsarnaev Boston will never be the same.

The city lost three people on that fateful day in April, but Bostonians gathered together and grew stronger as a collective whole. They learned

how to overcome unimaginable circumstances.

The New England-based sports teams also chimed in to offer support.

The Red Sox, Bruins, Celtics, Patriots and Revolution are only related to each other because they are Boston's sports teams.

Nothing else links these teams in unity, except for the fact that they offered a simple message to the city of Boston one year after the horrific attacks: "We're all on the same team."

Boston reminds America that resolution after tragedy is possible.

Like Vice President Joe Biden said in a tribute to the Boston Marathon Bombings, "America will never, ever stand down. We are Boston. We are America. We respond, we endure, we overcome and we own the finish line."

We will never give up.

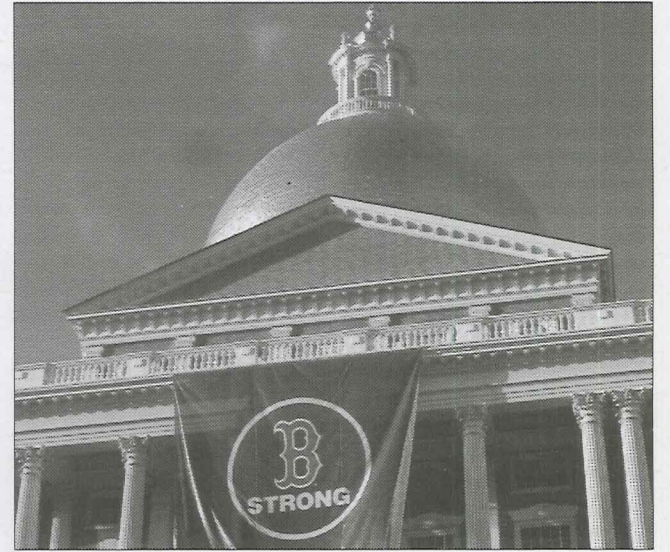


PHOTO COURTESY OF CREATIVE COMMONS

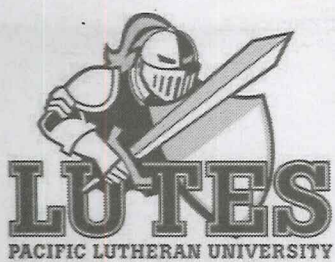
The Boston Red Sox are one of the many teams that provided support for the victims of the Boston Marathon Bombings.

Women's tennis team still in hunt for playoff glory

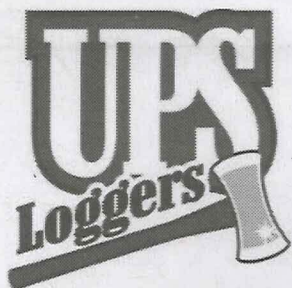
Lutes still have chance at Northwest Conference tournament spot despite two heavy losses

By **GIANCARLO SANTORO**
Sports Writer

LUTES NEARLY SHUT OUT BY RIVALS



1



8

The Lutes started the weekend by making a short trip across Tacoma to take on the University of Puget Sound Loggers. The Loggers proved to be too strong for Pacific Lutheran University at the UPS Tennis Pavilion, winning 8-1.

"We took some hard losses this weekend, but things are looking up," sophomore Samantha Lund said. "The match against UPS was way closer than the scores showed. It seemed like we were doing great the whole time and everyone was having great points, but the scores never get to show that part."

It was a tight affair in the doubles round, and PLU may feel a bit unlucky to come away with nothing.

The Loggers' Marissa Friedman and Logan Thompson earned the Loggers' first points after defeating Lund and senior Leah

Newell by a close score, 9-8.

Juniors Allison McClure and Mariah Siemion went on to lose to UPS's Malia Ford and Holly Dixon by an identical score.

"UPS is very similar to us in that we don't have any superstars or standouts," Newell said. "Despite the score, we played really well, so I am proud of that."

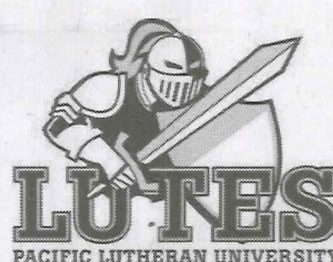
Unfortunately for the Lutes, things didn't get much better in the singles round.

The Lutes' first point of the match game was courtesy of Siemion, who claimed the No. 5 singles victory over Sarah Nielsen with a score of 6-4, 6-2.

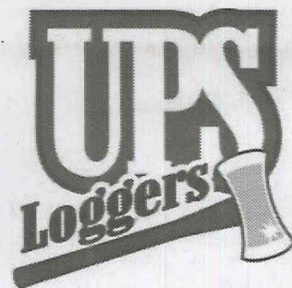
The closest PLU would come to scoring again was in the No. 2 singles match. Newell lost her opening set 6-4 but fought back to take the next set with a 6-2 win.

Newell eventually fell in a 12-10 super tiebreaker.

LOGGERS PROVE TOO STRONG



1



8

Saturday's match against Linfield marked the last home game for the Lutes, but in the end, it was the Wildcats who came away with an important 8-1 victory at the Sprinker Recreation Center.

"We were disappointed to lose on senior night," Lund said. "But Leah [Newell], our senior, had a great match. Her and I won our doubles match, so it was not that bad."

It looked like the Lutes were going to make up for the previous day's loss when Newell and Lund defeated Linfield's Caroline Brigham and Mackenzie Fraser 8-6 in the first doubles match.

That proved to be all the Lutes could muster as Linfield won the remaining eight doubles matches to strengthen its grip on third place in the NWC.

After tying and winning their opening

sets in the singles round, Newell and Siemion couldn't win the points back for the Lutes and fell 7-6, 6-1 and 6-0, 6-2 respectively.

"Linfield is a great team and always have been a challenge," Lund said. "We're going into next weekend with the hopes of keeping our victories in Portland and getting that spot in the playoff tournament."

With its second loss in two days, Pacific Lutheran falls to 10-6 overall and 6-4 in Northwest Conference competition.

With UPS' surprise loss at Lewis & Clark, the Lutes are still in fourth place with a chance to take the last playoff spot.

PLU wraps up the 2014 season in Oregon at Lewis & Clark this weekend.

Loggers sweep Lutes in Meyer Lamberth Regatta



PHOTO BY JESSE MAJOR

Puget Sound swept all six races against Pacific Lutheran University in the regatta at the Meyer Lamberth Cup held on American Lake. In the Lamberth Cup competition between the two women's varsity eight boats, it was Puget Sound clocking 8:15.6 compared to PLU's 8:42.0.

EVERYTHING YOU SHOULD KNOW ABOUT HANDBALL

By **COLE CHERNUSHIN**
Guest Writer

If you were born in America, odds are there is a sport you have heard little to nothing about that some students play weekly on our campus — handball.

Fellow Lutes Sondre Ericksen and Ditte Rasmussen, both juniors, organize the sport for our school and want to see students at any of their practices for the club they are starting up this year.

With more than 20 years of combined experience shared between the two “handballers,” there will be ample room for improvement and personal coaching, even if students are already familiar with the sport.

Practices will be every Tuesday and Thursday from 8-10 p.m., and all players of all sorts are more than welcome to join. In the words of Ericksen, “All you need to do is show up and try your best.”

Join in at the next handball meeting in order to try your hand at something guaranteed to get your blood flowing somewhere other than in the library or your dorm room before the end of the year.

If you want to join in, then these are the top five things you should know about this sport.

1) According to the official website of the Olympic Games, athletes first played handball toward the end of the 19th century in Scandinavia and Germany. Field handball was first recognized at the turn of the century and it came to Sweden as a sport in 1910.

2) Players are required to dribble a — not surprisingly — hand-sized ball. They can pass to any member of their team at will and aim to score points by throwing the ball across the goal line of their opponent’s net.

3) Team handball looks something like a combination of soccer and basketball with a dash of hockey thrown in for good measure. The length of the handball field — slightly larger than that of a basketball court — also tests the endurance of those brave enough to step onto the court.



PHOTOS BY COLE CHERNUSHIN

Handball is gaining worldwide popularity, though it was first introduced in 1910. The sport has reached most parts of the globe, including Pacific Lutheran University. The handball team practices in Olson Gym and welcomes any newcomers.

4) Handball players often must demonstrate their physical prowess as they bound through the air before hurling a shot at speeds upwards of 60 miles per hour. They also must sustain their energy through rigorous 30-minute halves.

5) While handball seems to appeal to Northern and Western Europeans, several major American cities have garnered enough player involvement to start leagues of their own. Such cities include New York, Seattle and Denver.

Gay athletes making names for themselves

Gordon and Sam are among first student athletes to announce their sexuality

By **NICK BARENE**
Sports Writer

Although there have been professional athletes who have come out as gay in the past, the topic of collegiate athletes is now at the forefront of the national sports media.

Over the past year and half, there have been several athletes from the most popular American sports who chose to come out as gay.

Just this week, University of Massachusetts guard Derrick Gordon announced that he is gay, making him the first openly gay Division I men’s basketball player.

Gordon is one of many college

athletes to come out. Gordon joins Michael Sam, an NFL prospect and former Mizzou Tiger.

The case of Sam will be particularly interesting to watch unfold. No player in the NFL has ever come out as gay while playing, and only a handful have come out after retiring.

Sam will be the first openly gay active player in the NFL, as he certainly has the talent to be a mid-round draft pick.

Many fans and even some analysts have said that professional sports teams will shy away from signing openly gay players because they are too much of a distraction for the media.

But one thing professional sports has proven is that if you

help the team win, they’ll keep you around.

The reactions from teammates of virtually every player who has come out as gay have been positive and supportive. This shouldn’t come as a surprise, since fans often forgive actual crimes athletes commit.

The NFL in particular is known for having players who commit crimes, ranging from sexual assault and domestic violence to crimes committed with weapons and drug charges.

Fans shouldn’t be upset that a player in the NFL loves the person he wants to love.

Instead, they should be upset that every year, dozens of players are charged with crimes that

actually cause harm to other human beings.

If a team and fans can look past crimes as serious as these, surely they can look past a player’s sexuality.

One thing that remains to be seen is how fans will react to gay players at the stadium. Since coming out, both Gordon and Sam have yet to see playing time.

Both players have said they expect there will be some fans who will not treat them with respect, but thus far, the reaction from many fans has been supportive.

It isn’t the fans who are making a big deal about players coming out, or the player’s teammates, or their coaches.

It’s the national media that is

creating controversy over these players. The concerns they raise, that fans won’t accept them or teammates and coaches won’t accept them, have all been shot down almost immediately.

Athletes have come out as gay in the past, but an openly gay player in one of the top sports in America — football, basketball and baseball — is still quite a rare thing.

In the coming years, we will begin to see more and more players come out in the top leagues of American sports.

While large media outlets regard the subject as one of controversy, we should not let that diminish our support of the athletes.

Lutes baseball steals two games from third-place George Fox

By AUSTIN HILLIKER
Guest Writer

LUTES TALLY 17 HITS IN WIN



The Lutes came out swinging against the Bruins in the first game Saturday, recording a total of 17 hits off three of the Bruins pitchers. Pacific Lutheran University managed enough runs to outlast George Fox, 6-5.

Among those that contributed to the offensive explosion was sophomore Drew Oord. He said the positive feeling became contagious as the game progressed.

"This week we really focused on effectively swinging our bats in practice, and it really showed out here today," Oord said.

Oord went 4-for-5 with one run batted in.

Despite the Lutes tallying up 17 hits,

they still managed to leave 13 of their teammates stranded on base, giving them a total of six earned runs.

"Although we hit well, we still need to improve our clutch hitting, so that we can bring more guys across home plate," Oord said.

Left fielder Kory Vanderstaay, a first-year, led off the bottom of the ninth with a solid single to right field.

Second baseman Nicholas Hall, a senior, then bunted Vanderstaay over to second base and in scoring position.

Pinch hitter Landon Packard, a first-year, slapped a ground ball over to second base, which allowed Vanderstaay to slide safely across, giving the Lutes the winning run.

GEORGE FOX TALLIES 18 HITS



The second game of the doubleheader Saturday was not as promising for the Lutes, as George Fox held the team scoreless. George Fox won 8-0.

The Bruins took advantage of key opportunities against the Lutes and succeeded in drawing up the first score. George Fox's first baseman, Danny Clifford, took junior Chris Bishop's fastball deep to right field and past the fences to give the Bruins an early 1-0 lead in the first inning.

The Lutes' pitching staff struggled to keep George Fox off the field as it seemed PLU had no answer to the Bruins' potent hitting.

George Fox compiled a total of 10 hits, as Clifford led the charge going 3-for-5 with four runs batted in.

George Fox's pitcher, Ian Buckles, struck out nine Lutes as he only allowed five hits and no runs through eight innings.

Despite the struggles, the Lutes did show some signs of life.

Bishop struck out five batters and first-year Kort Skoda pitched the last inning for the Lutes.

He put a stop to the Bruins' offensive prowess with one strikeout, no hits and no runs.

LUTES WIN WITH WALK-OFF



The final game of the weekend was a success for the Lutes, and the game ended with a wild finish. The Lutes won 3-2.

The Bruins struck early in the top of the first as George Fox's right fielder, Zach Rapacz, batted in his brother, Josh Rapacz, with an RBI single to give the Bruins a 1-0 lead in the first inning.

Even though the Bruins scored early, that didn't seem to faze the Lutes as PLU sophomore Tyler Thompson hit a deep home run to left field.

The solo shot was followed by sophomore Drew Oord's RBI single, giving the Lutes a 2-1 lead.

Not only did the Lutes produce on offense, but they made key plays on defense, which set them apart from the Bruins.

First-year pitcher Derrick Mahlum struck out 11 batters through six innings, giving up only four hits and one run.

In the bottom of the ninth inning, the Lutes loaded the bases with pinch runner Casey Dawes, a first-year, on third base. George Fox's pitcher, Sean Eberhardt, threw a wild pitch, leaving Dawes with the opportunity to score, and he did just that.

"We're a great team, and we all know we can produce on both sides of the ball," first-year Ben Welch said. "I never had a doubt in my mind that we would come back and win this game."

The Lutes will take on Lewis & Clark this afternoon at 3 p.m. PLU sits in fourth place in the Northwest Conference with an overall record of 18-13.



PHOTO BY JESSE MAJOR

The Lutes mob first-year Casey Dawes at the plate after he scored the game-winning run Sunday. Dawes scored on a wild pitch to win the game for the Lutes in the bottom of the ninth after an errant throw by George Fox pitcher, Sean Eberhardt.

Unionization of college student athletes splits opinions across the nation

By GIANCARLO SANTORO
Sports Writer

A potentially monumental shift in the way collegiate athletes are, or aren't, compensated is set to be decided sooner than you may think.

But before you read on, ask yourself: Do you think college athletes should be paid?

The Northwestern University football team members will submit their votes to the National Labor Relations Board in Chicago April 25 to change their status from students to "employees," allowing them to unionize and receive compensation.

What the vote also means is that college athletes would be receiving money through both the union and through any athletic scholarships the university

already provides.

It is important to note this particular ruling would only affect players at private universities, which Northwestern is categorized as.

Peter Ohr, the regional director for the NLRB, has already ruled that Northwestern's scholarship football players were "employees," meaning all that's left is for the players to decide.

According to *The Huffington Post*, reports from Northwestern confirm that Wildcat players have already conducted a secret ballot vote on forming a union to pursue collective bargaining with the school.

The vote is unlikely to affect all varsity athletics, as big money sports like football and basketball are what the NLRB is focusing on.

Because this issue has the power to change college athletics in a way nobody has ever seen

before, there are a plethora of facts and figures that can be brought up on both sides of the argument. No prize for guessing what the main issue is: money.

To be more precise, the disparity in how money is distributed among coaches, the university and the players.

University of Connecticut point guard Shabazz Napier, a senior who was just crowned 2014 NCAA National Champion, highlighted the problem from his point of view when talking to reporters in March.

"Every time you see a jersey sold, you look at it and feel like you want something in return," Napier said. "I don't think athletes should be getting hundreds of thousands of dollars, but there are hungry nights where I go to bed starving."

There wasn't a hint of exaggeration in his voice or his

demeanor. But what he said next was really telling.

"If something's gonna change, it's gonna change. But at the end of the day, we've been doing this for so long."

If UConn makes millions on jersey sales and their own players can barely afford to eat, then perhaps athletes should benefit in some way from their hard work, which brings in revenue to the university.

While the Northwestern ruling has the potential to disturb more than a few, that it would only affect private institutions rather than public seemed to make the possible change slightly less drastic.

However, after Napier's comments, Connecticut State Rep. Matthew Lesser and other state lawmakers are considering allowing UConn student athletes to unionize. Connecticut law, not

the NLRB, governs whether or not employees can unionize at the public university level.

Speaking in an interview with CNN, Lesser said, "He [Napier] says he's going to bed hungry at a time when millions of dollars are being made off of him. It's obscene. This isn't a Connecticut problem. This is an NCAA problem, and I want to make sure we're putting pressure on them to treat athletes well."

No matter what the outcome, the losing side is sure to be upset. Chances are an official ruling will be dragged out for months, or even years, due to appeals, but it's obvious that something needs to change.

Northwestern and UConn look as if they are going to attempt to bring an unprecedented change to college athletics.