

THE MAST

OCTOBER 15, 2015 | VOLUME 92, ISSUE 5 | MASTMEDIA.PLU.EDU

PLU ~~Confession~~ Censorship?

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At private college institutions in the U.S., students do not have the freedom of speech that is assumed by all.

According to the Pacific Lutheran University Freedom of Expression policy:

"Every student has the right to express a personal opinion as long as it does not infringe on the rights of others, disrupt community or university functions, or otherwise violate university policy, or local, state or federal laws."

Recently, a popular Facebook page, formally known as "PLU Confess & Misc," had to change its name to "People.Let.Ur voices be heard Confess & Misc."

Senior David Leon, who started and administrates the page, created it as an outlet for students to air their frustrations anonymously.

"Personally for me, I hate censorship of any type," Leon said. "My goal for the page was to not censor anything. I wanted people to post the most vile, repugnant things they could think of, and the most happy, humorous things they could think of."

Having a confession page is nothing new to PLU. Leon said two other pages existed before his but he doesn't know why they were deleted.

Leon uses SurveyMonkey for his page so people wanting to "confess" anonymously can do so. The survey responses are then pulled by the page administrators and posted for public viewing and comment.

Content from the page, including public comments,

mostly by PLU students, can get a bit heated.

Senior Frank Edwards was a frequent commenter until he was banned by the administrators of the page.

"I was disappointed the admins chose to ban me, but I certainly wasn't surprised," Edwards said. "That sort of behavior is typical of liberal students and has come to be status quo. If you don't agree with their point of view you're accused of being all sorts of horrible things."

Edwards was one of many students who chose to publicly comment on the anonymous posts and soon found his views to be in the minority. He was often slammed by other viewers.

"If the same students who pride themselves in their activism and having a 'voice' are the first to censor an opposing view, who then, is the real bigot?" Edwards said.

Leon said that he "didn't have a rubric" for what was posted on the page, but he's blocked people from commenting "for the protection of the community."

Leon was recently subjected to conduct meetings with the administration concerning the page and its content. Student Rights and Responsibilities did to Leon what Leon did to Edwards.

Leon was called in for posts made before school started. "It dealt with some sensitive information. Some people within the PLU community commented and I commented, and it just blew up into this crazy thing," Leon said.

While Leon could not elaborate, he did say the post was about sexual assault.

"I think a lot of times, students feel a little bit more free to say whatever they want on those pages, which is great

since students have every single right to express themselves in whatever way they want to," Associate Director for Student Rights and Responsibilities, Connie Gardner said. "Where I think it comes into some problematic, gray area is when the comments or the language used could infringe on another person's rights."

While there is no university-sanctioned alternative to venting frustrations anonymously, Gardner assures there are no PLU officials patrolling social media.

"If it was brought to our attention by a student that says 'hey this was really bothersome for me, here's why,' we do look into it," Gardner said.

While Leon was unaware of the recent name change of the page because he stepped down from being an administrator, it may have to do with his recent conduct meetings with administrators.

Private colleges are not state actors and therefore the First Amendment does not stop them from enacting speech-restrictive policies. Institutions like PLU are in their full right to demand students take down Facebook pages that relate to PLU or its likeness.

"Student Conduct came down on me and told me you need to step down and you need to evaluate your position at PLU and how this page represents PLU and you as a student of the community," Leon said.



WORDS CAN HURT

But do staff know?

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Every student coming to Pacific Lutheran University listens to a mandatory lecture on diversity and inclusivity. Staff and faculty, though, have no required training in dealing with what's termed as "microaggressions."

The Diversity Center defines microaggressions as "the everyday verbal, nonverbal and environmental insults, whether intentional or unintentional, that communicate hostile, derogatory or negative messages to target persons based solely on their marginalized group status."

That doesn't mean there aren't any options available. Faculty and staff attending their summer orientation had the option to attend a workshop on microaggressions led by Galen Ciscell (a visiting sociology professor) and Nicole Juliano (Assistant Director of the Diversity Center).

"[During the conference]

we explored the taxonomy of microaggressions," Juliano said. "We talked about how microaggressions play out in our everyday lives and in the classroom."

Eliminating microaggressions is about creating a safe space in the classroom, Ciscell said. In their workshop, they gave attendees the tools they'd need to identify the biases that everyone, whether they're aware or not, have.

"We're living in a world where we all have these preconceived perceptions and biases, and many of those biases we don't know about until we discover that we have them," Juliano said. The workshop focused on educating people to find their biases and eliminate them.

Additionally, PLU's Bias Incident Response Team (BIRT) is operational now and accessible via the Diversity Center's website. The BIRT's mission is to "strengthen and sustain an environment of respect, justice and care for all members of the PLU community." It serves as a way for students and staff to report incidents of explicit and implicit bias, and can respond accordingly to each incident.

"At the very minimum, I think its consciousness-raising," Juliano said. "We're beginning to create dialogue between students and the staff and faculty."

Jenny James, an assistant professor of English, and currently teaches a course on American literature in which, one of the major themes is displacement within a community. She attended Ciscell and Juliano's workshop at orientation.

"If there's a microaggression raised in the classroom, [the workshop] taught us to create a conversation of self-reflection," said James. "[The training] is a key step in all of us being a part of this diverse community that's working for a just world."

There will be more workshops available to staff and faculty at the beginning of the spring semester on Feb. 3 at 8:30 a.m. in the Anderson University Center.

"It's a lofty goal to eliminate bias and microaggressions in the world," Juliano said. "But we do hope to provide skills to our students, faculty and staff to engage in those difficult conversations."

New exhibit highlights forgotten people

The interactive exhibit will show diversity that's been present in Scandinavia since the Vikings.

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Imagine walking into a room filled with exhibits from your time period. Imagine passing photos, blurbs of text and artifacts that represent the people living around you.

Now, imagine continuing that trend and walking through every era all the way back into the time of Vikings. With the Scandinavian Center's new exhibit, you can do that.

This January, the newest Pacific Lutheran University exhibit will be "Forgotten Nordics: Ethnic Diversity and National Narratives."

The interactive exhibit will highlight diversity that's been present in Scandinavia since it was first inhabited by Vikings.

Six different sections will be present, beginning with the Viking age and going on to educate about religion, colonization, national romanticism myths, World War II and contemporary efforts of migration and inclusion of national identity.

On Oct. 21, the Scandinavian Center will host a preview of the new exhibit and a round table discussion of modern global issues like the refugee crisis in Europe.

"The round table discussion is going to be really interesting," Hagstrom said.

Hagstrom added that Troy Storjell from the linguistics department and Angie Hamburg from the Diversity Center will be speaking alongside her.

The full exhibit will debut during J-term, but Hagstrom and Ward wanted to give Lutes a chance to sit in with experts and begin learning before the display is even open.

"It is going to be really exciting and cool and everybody should come see it when it is done," Hagstrom said.

Overall, the exhibit's goal is to educate "in the sense of all of the different groups that people don't talk about," said senior Chloe Hagstrom, an intern for the Scandinavian Center.

Scandinavian Center, Hagstrom is helping curate her second exhibit.

This time around, she is in charge of writing the script for half of the exhibit; the bays on national romanticism myths, World War II and contemporary efforts of migration and inclusion of national identity. Ward will be curating the Viking age and religion bays, and Troy Storjell, a Scandinavian studies professor, will cover the topic of colonization.

While curation is not her ultimate goal, Hagstrom said she is very happy with her time in the Scan Center. "It is a really useful experience, especially thinking about anthropology and also archaeology because working with creating exhibits,

cultural diversity, Hagstrom hopes to go into foreign affairs in her home country of Norway.

Hagstrom's Capstone studies how countries struggle with issues like Islamophobia and how national identity is then affected, and it is the main reason that Ward chose her to help curate the new exhibit. In the wake of so many tragedies caused by extremist groups, her focus surrounds the recent shift of racism to become cultural when a group moves countries as opposed to it being based on skin color.

Hagstrom and Ward said they hope that upon leaving the exhibit, visitors will "recall different marginalized groups in the Nordic region and infer that the populations within the Nordic region are trying to embrace multicultural identity."

While creating the exhibit, Hagstrom followed the question: "How do you translate this into something that anyone could come in and understand?" She recognizes the difficulty in created content that may be difficult to swallow for an average person.

"Since not everyone is an anthropologist, you want people to read through the exhibit, walk through, look at the pictures, and create this understanding for themselves," said Hagstrom.

While foot traffic is typical from community members and PLU alumni, Hagstrom wants to remind current Lutes that they are, of course, always welcome to drop in. "We try to be really inclusive. The Scan Center is not just for Scans or for Scan affiliated people, but for everyone. It is for anybody who wants to come in and learn about a different culture," elaborated Hagstrom.

"Since not everyone is an anthropologist, you want people to read through the exhibit, walk through, look at the pictures and create this understanding for themselves."

Chloe Hagstrom
Senior

"Scandinavia is often talked about as homogenous and that's not true [...] We have these different shifts of who is in and who is out," Hagstrom said.

She and Elisabeth Ward, the lead curator of the Scandinavian Center, hope to send a message to students that says, "look at all of these different cool people that have been coming and going for thousands of years," Hagstrom said.

One year after starting work for the

especially in a cultural setting, you're working with culture, you work with language—linguistics—and artifacts," said Hagstrom.

She feels that curation "gives some really good life experience in how to put things into a readable or legible context for other people."

After completing her study of anthropology and global studies with an emphasis in transnational movements and

PLU supports million mile march

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Although the march happened in Washington, D.C., addressing stereotypes and harmful representation is something Pacific Lutheran University's Diversity Center does every day.

At PLU, a part of being a Lute is learning about and advocating for social justice. An important event in the history of advocacy is the Million Man March. On Oct. 16, 1995, a group of black men under the leadership of Louis Farrakhan gathered in Washington D.C. to protest their representation in the

media, an event that brought attention to many of the issues students at PLU are learning to address today.

Their protest was recorded as the largest gathering of black men in history. Farrakhan, who is the current leader of the Nation of Islam, put together the Million Man March to provide a genuine representation of black men opposing the negative stereotypes that had been so often shown in the media, the Nation of Islam's website says.

The March's significance has not dampened over time. The influential moment of black men reclaiming their image for themselves and vowing to better their community made its mark in history.

A history that Minister Farrakhan made plans to revitalize with an anniversary event at the national mall on October 10.

Although such a long time has gone by since the original event, the gathering on October 10 deals with many of the same issues that it addressed in 1995 such as representation in the media, and issues within the black community. This year, the march is also to bring attention to violence toward black people by law enforcement, and the struggles of Native Americans dealing with poverty and land seizure. Other causes include the mistreatment of the Latino community and the struggles Latino women have getting paid the same as even women of other races, according to

the Justice or Else website.

The original march was more about a making a commitment to the black community and undermining harmful representation.

The march this year will also centers around bringing attention to issues within societal systems which bring violence against minorities.

"One way that the Diversity Center does that is through education, so we do lots of workshops," says Nicole Juliano, assistant director of the Diversity Center. Diversity Center workshops help to explore understandings of other people and our own identities, to understand where harmful thoughts and perceptions can come from.

Some important parts of the representation on campus are the unintentional biases and stereotypes that people bring with them to school. These behaviors were discovered when people examine their own thought processes behind their language and actions.

Part of the work that PLU does with representation is the "My Language My Choice" campaign, which addresses harmful language and its impact.

Not only that, but the campaign works with people to help them own the impact when they use harmful language, which then hopefully spurs dialogue.

The campaign on billboards in the Parkland and Tacoma areas to help spread awareness about harmful language. Language is an integral part of representation, says Ms. Juliano.

"I think words that we hear, whether they're in the media or visuals or we're taught them or they're perpetuated in other systems, help develop the biases and perceptions that we have of others," she said.

In this way, the "My Language My Choice" campaign is not only taking on harmful language but also the thinking behind the language we use that shapes our ideas about other people.



PHOTO COURTESY OF CREATIVE COMMONS
This year marks the 20th anniversary of the Million Man March. This year's million man march pictured above.

Scholarships lend to greater opportunities

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Do you feel like having a bit of extra money, but don't feel you have the time to work? Or maybe you're having trouble finding a job. One thing you can do, that will take less time than a full-time job, is apply for a scholarship.

It's normal to apply for scholarships before attending college, but did you know that you can actually apply for scholarships even after you have started at Pacific Lutheran University? Most, if not all students, could probably use some more money.

PLU has its own share of scholarships for students and they can all be found on PLU's website. These scholarships are often based on need or academic achievements, but there are other scholarships that you can apply for.

If you go to thewashboard.org, you can create a profile and the site will show you scholarships that you're qualified for. Best of all: it's free. The site is specifically for Washington State residents or students at universities in Washington state.

For those majoring in health care, engineering, science or mathematics, you can apply for the Washington State Opportunity Scholarship. Their goal is to expand college financial aid to a greater group of young people beyond the current state need grant which only reaches families with 70 percent of the median family income.

Another place to search for a scholarships is Independent Colleges of Washington, icwashington.com. They award more than 1 million in scholarships each year.

All of these scholarships are free to apply for, so what's to lose? Apply now, and get some extra cash for your 2016-2017 wallet.

Keep in mind: When you enter private information about yourself on the Internet, it's not always safe. Be sure to check the ratings of a site and Google it before you apply. You can also check the Federal Trade Commission for red flags.

You can find these scholarships and more information at plu.edu/financialaid. Be sure to check application deadlines, because they're just around the corner. Applications for the 2016-2017 academic year will open in January.

How to Sound Smart About Mast Media

Editor's Note: This year, Mast Media has transformed from a newspaper and news show into a multimedia platform for all types of student-produced content. We house news, art and student opinions in print, video and podcast form. With all the changes, I saw it fitting to take over the "How to Sound Smart" this week and explain how you can use Mast Media everyday.
-Samantha Lund, Editor-in-Chief

Print

Did you know you can read The Mast from anywhere on campus? Each week, The Mast is distributed on Thursdays to every building on campus. Once a month, Mast Magazine will be distributed to the same places. The Mast is the weekly newspaper and Mast Magazine is our monthly 16-page, glossy publication.

Video

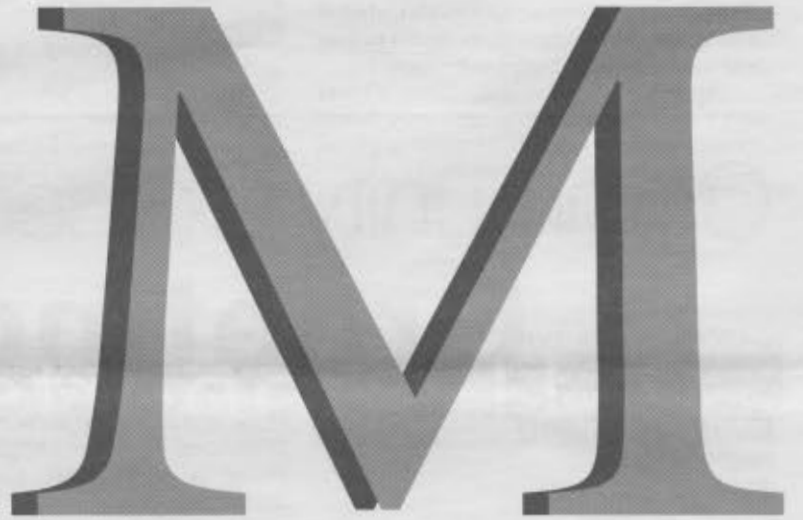
Anyone can have their own TV show. Anyone can be a news anchor. Anyone can be a videographer and anyone can write a script. Mast TV works with students to get anyone and everyone involved in television. Along with News @ Nine, Mast TV airs student-produced television shows and sitcoms. Check it out on our website or YouTube by searching Mast Media.

Podcasts

The newest addition to Mast Media is Mast Radio. Mast Radio features news and student-produced content from LASR as well as podcasts from Mast Media's website. Unlike LASR, Mast Radio is scripted and planned student content. For show times, visit mastmedia.plu.edu under the "Podcasts" section.

Online

To find out anything and everything about Mast Media, the newspaper, the magazine, the television station or our podcasts, visit mastmedia.plu.edu. You can also follow us on Twitter @PLUMast, on Instagram @MastMedia or Snapchat @MastMedia for updates about shows or stories. Anyone can email mast@plu.edu with questions or Letters to the Editor.



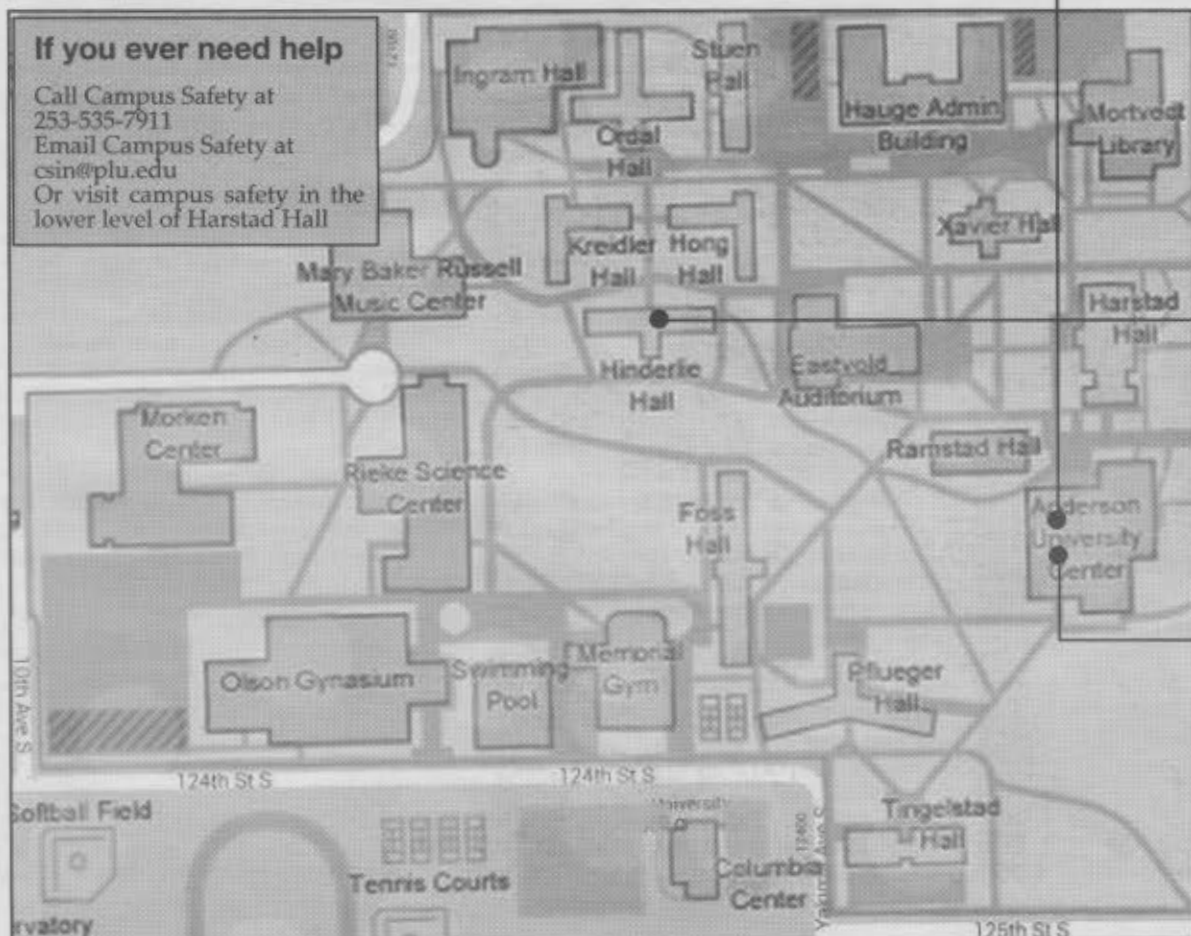
CSI: Campus Safety Investigations

Taken from weekly Campus Safety reports

Editor's Note: Campus Safety Investigations is created from weekly Campus Safety reports written and distributed by the Director of Campus Safety, Greg Premo.

If you ever need help

Call Campus Safety at 253-535-7911
Email Campus Safety at csin@plu.edu
Or visit campus safety in the lower level of Harstad Hall



Medical Aid in Scan Center
Campus Safety responded to a guest tripping over herself in the Scan Center. She sustained no injuries. She just needed help getting up. No further action was taken by CSAF.

Substance Abuse in Hinderlie
The Resident Assistant on duty contacted CSAF when a resident made an allegation that his roommate was in possession of marijuana. After CSAF did a search no evidence was found. The incident was referred to Student Rights and Responsibilities.

Burglary in Anderson University
During a regular patrol, CSAF noticed damage to the University House equipment shed. The engineer was contacted to secure a padlock on it. University House staff will conduct a thorough search to determine if anything had been stolen.

Gun violence sparks questions on policy

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The topic of gun violence at college campuses is personal to Pacific Lutheran University. In May 2001, a man with no affiliation to PLU shot and killed James Holloway, a talented and well-loved music professor right outside of Hong International Hall. The gunman pulled the trigger on himself and died, leaving only a 16-page suicide note.

Though PLU hasn't experienced any on-campus gun violence since then, gun violence has escalated at many other American college campuses. In 2015 alone, there have been over 20 campus shootings.

Last week, three campus shootings occurred. Twelve people died and 13 people received serious injuries. To keep this in perspective, the average class size at PLU is less than 30 students.

In light of past and recent tragedies related to gun violence, Lutes are determined to keep this campus bulletproof. First-years April Nguyen, and Seth Chapman believe in order to prevent campus shootings, it's important to evaluate certain aspects of our culture.

Nguyen noted the prevalence of video game violence among American youth.

"Shooters have learned violent behavior from the video games they're exposed to," she said.

Chapman believes that America's Cultural Obsession with freedom contributes to gun violence on college campuses.

"Our country values freedom above all else, and that means that we generally have a lot less regulations than other countries," he said. "But at the same time, it's unfortunately not shocking when we see all these school shootings, and it's impossible to not form that correlation."

Noting how deeply-rooted firearms are to American culture, junior, Hofrenning calls for reinterpretation of the Second Amendment.

"I think the Second Amendment talks about gun control in a very different context than we think about gun control now," he explained. "I think we

have to understand where the Second Amendment was coming from, where the idea was coming from, when they wrote it (i.e. Revolutionary War). We have to reevaluate the Constitution in a modern context."

All Lutes interviewed expressed concern that college students are often the perpetrators of campus gun violence. They all cited "stress" brought about by raging hormones, adult responsibilities, and college coursework as the root of the problem.

"There's some kind of relation between this time in our lives and violence," added

Hofrenning.

PLU administrators aren't blind to the relationship Hofrenning referenced. In a recent email to the student body, President Thomas Krise and Vice President Joanna Royce-Davis shared the "University Plan" to prepare for emergencies such as campus shootings.

"PLU has plans and protocols in place for responding to active shooter scenarios, as well as well rehearsed response tactics for a variety of emergencies and natural disasters," they explained. "These plans are regularly reviewed and

updated."

Regularly updated or not, most Lutes won't know about these plans for a while. The next campus-wide lock down drill will not take place until the Fall 2016 semester.

First-year Laila Bevan believes more drills are necessary to ensure student safety.

"I think it would be important to have a drill during a time when people aren't in classes, because that's when we're most vulnerable if a shooter comes in," she said. "I think having drills when we don't expect them would be a way to prepare for a campus shooting." Her point is especially noteworthy because the 2014 shooting

at Marysville-Pilchuck High School took place during a lunch period.

Nguyen believes that PLU should explain its safety plans and procedures all students on campus in a training course.

"Knowing what to do would probably reduce the amount of aftershock and negative results of shootings happening on campuses," she said.

Chapman believes that the problem is bigger than practicing lock down drills. "There needs to be better access to mental health services so that people who are really stressed out don't drive themselves to the point where they go and shoot the school," he said.

Junior Emily White thinks guns are too readily-available and regulations are too lax. "Guns should be treated the way cars are treated in the sense that you get checks often to see if you're still qualified to be using one," she said.

Sophomore Rachel Dimmig believes that the risk with guns far outweighs the reward on college campuses and in the United States as a whole. "It would be so much better if we just stopped selling guns to people," she said.

Along the same lines, junior DeVere Dudley suggests that a change in the Constitution could reduce the problem. "People could possibly even revoke the Second Amendment," he said.

Only time can answer this question: will school policy and student ideas keep PLU bulletproof, or are these attempts to prevent campus gun violence only shots in the dark?

Community Corner: Greetings from Hong

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This week's Community Focus highlights the diverse residential life of Hong International Hall. Pacific Lutheran University's campus provides a variety of residence halls to students; Hong, however, stands apart as a global experience with a local address.

This residential community houses approximately 75 students, but their impact is far reaching.

Hong International Hall consists of six wings, five that focus specifically on language: Norwegian, Chinese, French, German and Spanish.

The sixth wing provides residency to International Honors (or IHON) students. Hong encourages residents to pursue "global awareness, language immersion and cultural engagement" (PLU).

Built in 1954 with name changes in 1966,

Hong and Hinderlie are seen as 'sister halls' of campus. The school originally appointed Hong as North Hall, and Hinderlie as South Hall.

The rededication of North Hall in 1966 honored Nils Joseph Hong, the University's third president. He served as president for 20 years and remained as a professor for an additional 20 years. Most notably, President Hong taught at least 12 subjects at the school. This comes as no surprise due to the hall's emphasis on global education.

Sophomore Joel Earlywine lives in the Spanish wing of Hong. An Economics major considering a double major in Hispanic Studies, Joel will study abroad in Granada, Spain this spring.

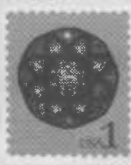
"I'm trying to think of how to describe it," he said. "I don't want to say eccentric, more like...it's like a family. And everyone in my wing speaks Spanish, so it makes studying easier."

Joel went on to explain the community involvement of Hong, noting the variety

¡Hola!

I live in Hong Hall! I'm trying to think of how to describe it... It's like a family. Everyone in my wing speaks Spanish, so it makes studying easier. One thing about Hong is that people here make so many different kinds of food from different cultures that the smells can get kind of weird!

come visit soon! -Joel



Joel Earlywine

Hong International Hall

Hispanic Studies Wing

Tacoma, WA

and number of wing and hall events offered. While appreciative of the presence of other language communities, the only downside for Joel is the clashing aromas of all the cultural cooking. With such a welcoming campus community, though, any passerby might certainly find opportunity to try some incredible homemade dishes.

Bryn Benson, a first-year and intended Nursing major, also resides in the Spanish wing. She first heard about Hong from her older sister, who lived in the residence hall her first year at PLU as well. Bryn finds comfort living in the small community that bonds so well.

"People that live in these communities are more interested in having this kind of a community," she said. "It's a community with a unifying feature - there's always one thing you have in common with everyone in the wing, which is the language."

For Benson, the unity extends beyond her own hallway. She said she loves how she can go to the kitchen to wash dishes and end up having a 20-minute conversation with someone she doesn't know.

While this residence hall may not be as warm as Harstad, the students of Hong International find warmth in the community of one another.

PLU offers students with culturally diverse backgrounds and interests a place like Hong to find peace and acceptance of like-minded people.

You don't need to live there to explore the mixture of community and culture; the halls and residents of Hong await everyone.

Hong International Hall's residents represent the world's future diplomats, travelers and international inspirations. Far away places and the cultures within them ignite the passion of this tight-knit community.

For now, the community of Pacific Lutheran University can appreciate the impact and presence of these students, but soon enough they'll be sending their postcards from farther away.

For more information about Hong and other residence halls on campus, go to <http://www.plu.edu/residential-life/residence-halls/>.



GRAPHIC BY ELISE ANDERSON

RHA asks students to UnPLUg

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Swapping Sweaters

Lutes traded a multitude of knitted garments on campus on Oct. 6 in the Commons. Thanks to the planning of Pacific Lutheran University's Residence Hall Association, many students participated in the first event of UnPLUgged.

"The Sweater Swap was a huge success," senior Drew Huff, the sustainability director for RHA, said.

Lutes were encouraged to come in with old sweaters and trade them out for new designs in the name of sustainability.

"The most rewarding part was just hearing students say how cool the idea was," Huff said.

Even if students didn't see advertisements, the second annual swap was placed in the middle of daily foot traffic in the Anderson University Center so that they would still see the event itself and become a part of it.

Huff said students were so excited about the event that they are hoping to see another sweater swap, hopefully closer to Christmas so that further exchange of tacky sweaters can take place.

The Goodwill offered their support to the RHA by giving PLU 100 sweaters at a reduced cost to start the sharing spirit, and Lutes brought in as many as four sweaters each, often-times only leaving with one. Many sweater enthusiasts traded out the old for the new, but RHA is pleased to announce that it is not only Lutes who will be getting new threads this season.

Seventy-five sweaters and \$121.66 were still left over to donate to the Tacoma Rescue Mission, just in time for the colder months.

"We thought that bringing both the monetary donation and the sweaters to the Tacoma Rescue Mission would be more of an immediate response to help those in need," Huff said. "The Sweater Swap in particular is not just about wearing a sweater and turning down the thermostat during the winter to save energy, but it is also sustainable in the way of clothes exchange and then sharing that with the community."

This year, the Sweater Swap adds to one of RHA's

bigger goals surrounding the events of UnPLUgged: "all programming with purpose," said senior Bre Young, the president of RHA. "Students want to help—they want to be involved—especially on this campus, and it is cool that we can provide outlets for them to do that," explained Young.

RHA partnered with Sustainability and Energy on campus to organize UnPLUgged this year. Each residence hall also has a sustainability representative, each of whom are welcome to plan their own events for their hall throughout the month.

UnPLUgged began more than half a decade ago, starting with the "Hour of No Power," an event that remained consistent in UnPLUgged every year since.

Dropping Technology

In recent years, UnPLUgged has turned into a month long schedule of events that encourage students to get out of their residence halls and participate in activities that don't require power.

The halls are in competition with one another to try to use the least amount of energy; the power consumption of each hall during October is recorded and reported back to students.

"The most exciting part for me has been, as president, I get to learn a lot," Young said. "I've been educated immensely about the actual sustainability processes as well as what goes on on campus already."

She said she is happy that she has been able to gain the tools that have allowed her to create "better awareness and

education for students."

When planning UnPLUgged, Huff and Young aimed to create events that are entertaining for college students. "Sustainability is big downer sometimes in the sense of where our world is going, so [UnPLUgged] brings some light and hope to it and a little bit of fun," Young added.

"One big theme this year is the idea of tangible sustainability," Young said.

Huff agreed, saying, "In the past, so much of UnPLUgged has been educational for students, and we are definitely still keeping that theme of educating students [...] but something that I think is really special is making sustainability tangible. With events like the Sweater Swap, students are actually bringing something home to utilize. It is not just words that we are imprinting on people, but we are actually sharing things with people."

Huff feels that while events like a documentary about climate change are great, they do not necessarily whip students into a fit of excitement. This year's documentary can be seen in Admin 101 on Oct. 20 at 7 p.m.

Another event on campus this month is the "Hour of No Power" on Oct. 16. This year, Huff tried to add more events encouraging students to leave their residence hall.

He believes that participating in events that require unplugging and leaving areas in which students usually use technology can be good practice to use less power.

Scared of the dark? There is an acoustic concert in the Cave, a bonfire and glow in the dark Frisbee at Foss Field to keep Lutes occupied between 8 and 9 p.m.

Along with the sweater swap, a documentary and the "Hour of No Power," Huff and Young are both looking forward to this year's Recycling Fashion Show. Huff said

he is excited because he likes the idea behind the fashion show, "having teams of people designing an outfit made of recycled materials."

Lutes can watch the fashion show Oct. 30 with a panel of judges who will deem how fashionable and sustainable each outfit really is.

"I hope a lot of people are there to see it, otherwise they will really be missing out," Huff said. "The most satisfying part for me is the day of [each of the events]. I look forward to the rest of the month; there is so much to come!"

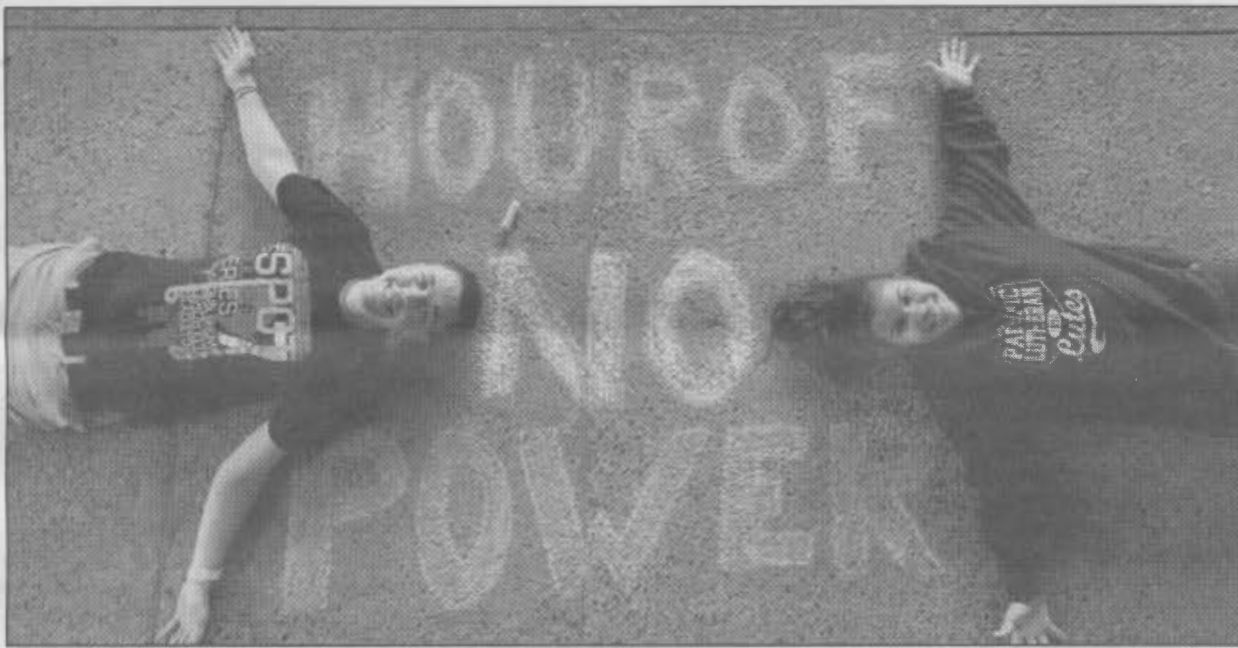


PHOTO COURTESY OF PLU MARKETING & COMMUNICATIONS

Tacoma Film Festival: "Tumbledown" is a let down

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News @ Nine Producer
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This was the whitest movie I have ever seen. "Tumbledown" (featuring Jason Sudeikis and Rebecca Hall) premiered for the first time on the West Coast Oct. 9 for the Tacoma Film Festival. Throughout the 105 minute movie, there was never a person of color on the screen. It was weird.

"Tumbledown" follows a young widow named Hannah (Hall), whose late husband, Hunter Miles, was a famous folk singer. The surprise death of the singer and his continued post-mortem fame martyred him as a cult favorite.

Hannah attempts to write Hunter's biography while living in his large shadow.

Hannah's world is small-town northern Maine, where everything is worn leather and straight from L.L. Bean. There are tasteful animal skulls and indigenous blankets in the rustic lakefront home that Hannah shared with her husband.

Enter: Andrew, a hip New Yorker and university professor. He is working on a book of his own, featuring Hunter Miles when Hannah asks for his help. The two team up to finish the biography.

Throughout their week together, the two fall in love with the northeast winter as a backdrop.

The movie features stunning shots of mountains and sunsets. There is a little comedy, a little love and exclusively white people.

The mediocre plot and the lack of on-screen diversity was a disappointment.

"Tumbledown" has been described as a "crowd-pleaser" by the Hollywood Reporter and "easy watching for multiplex auds." I am not so sure if those "auds" who don't identify as a hip, wealthy Caucasian Northeasterner

would agree.

Despite the ethical conversations this movie might spark for the more socially minded, the music was incredible, the landscape was remarkable and my wardrobe was inspired.

"Tumbledown" premieres nationwide in February 2016. For more information about the Tacoma Film Fest, visit tacomafilmfestival.com.

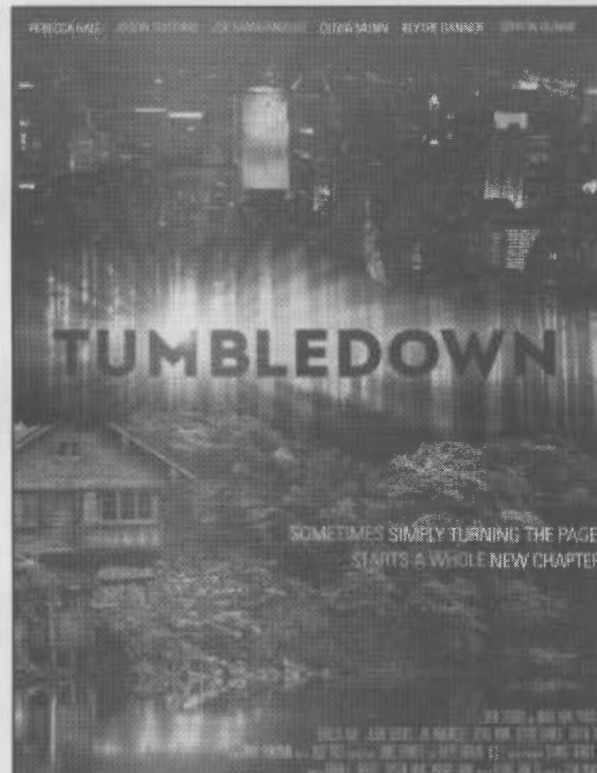


PHOTO COURTESY OF HELLOARTDEPT.COM

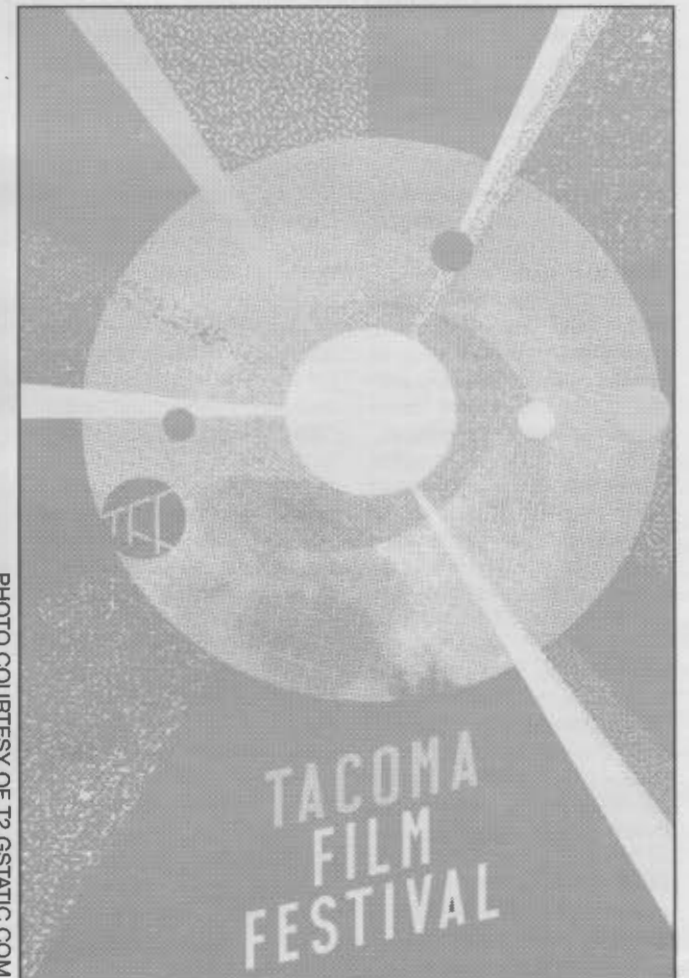


PHOTO COURTESY OF T2.GSTATIC.COM

Comedy: "Rumors" has it

DINA LONGSTAFF
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Need a midterms study break? Relax and watch other people humorously handle the troubles of life in Pacific Lutheran University's upcoming production of "Rumors."

The colorful cast of 10 brings Neil Simon's comedy to life.

Focused around an elegant 10th anniversary celebratory dinner, the possible suicide attempt of New York's Deputy Mayor starts the show. Guests run about trying to figure out what happened before the party.

This farcical play clashes elegance with chaos as hectic situations ensue, but it's not the first time Simon's classic comedy has been on campus. The show first ran during the 1998-1999 theatre season.

Seventeen years later, "Rumors" is coming back to PLU's stage, and this revival could not have come at a more bittersweet time. Professor William Becvar, the 1998 director, passed away Sept. 4, and the current production is now being dedicated in his honor.

"I was a student of his; I became a colleague of his. It is kind of neat that we were doing the show when he passed," Rumors' director Jeff Clapp said. "It is kind of this nice full circle."

Clapp was also the technical director of the 1998 production. He wanted to do "Rumors" again not only in honor of Becvar, but because it is a

"slamming-door farce." The actors run around and immerse themselves in the situational comedy of one-liners that are neatly strung together.

"The actors are actually what brings the uniqueness to it. We have several new students in the play and that's unique," Clapp said.

Energy and passion are certainly things that the cast feels they have poured into this production.

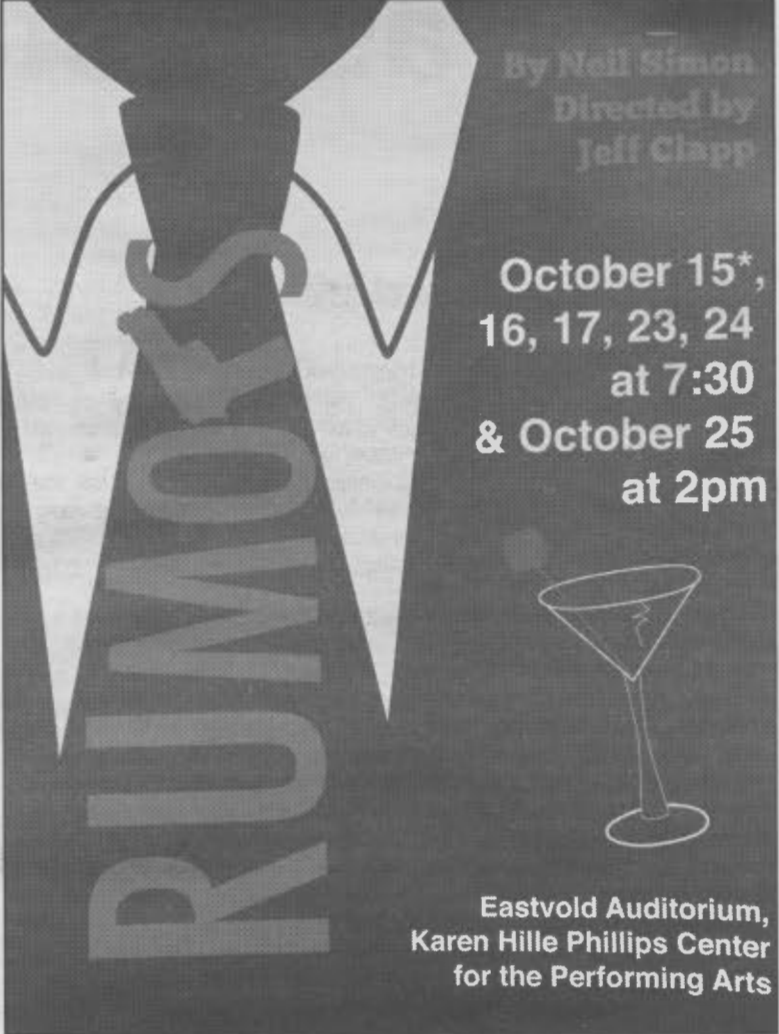
"We have a great cast lined up ready to do great work," first-year actor Joshua Wallace said.

Clapp is also certain that this play will have viewers falling out of their seats in laughter.

"You can watch something on television and kind of go 'huh huh huh,' [...] but you come into the theater with a large group of people out there and these actors running around on stage ... you're going to just laugh your face off," Clapp said.

"You're going to have a blast. You're going to think this is one of the funniest things you've ever seen," Wallace added.

Rumors will premiere in the Eastvold Auditorium Oct. 16, 17, 23 and 24 at 7:30 p.m., as well as Oct. 25 at 2 p.m. The student preview show is Oct. 15 at 7:30 p.m. Tickets are \$3 for PLU students and alumni. They can be purchased at the door, or by calling (253)-535-7441.



By Neil Simon
Directed by
Jeff Clapp

October 15*,
16, 17, 23, 24
at 7:30
& October 25
at 2pm

Eastvold Auditorium,
Karen Hille Phillips Center
for the Performing Arts

"REVIVAL" fails to revive Selena Gomez's career

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Former wizard and spring breaker Selena Gomez recently took to the New York Times to complain about how she isn't respected as a real musical artist. While the on-and-off actress' new album is titled "Revival," it does next to nothing to revive Gomez's already non-existent singing career.

"Revival" dropped Friday Oct. 9 and consists of 11 tracks (14 on the deluxe). Despite presenting over a dozen songs, the greatest thing about the album is quite possibly the cover - which is plain to say the least.

"Revival" kicks off with the title track and seals the doomed fate of the entire record in the first five seconds. Instead of opening the album with a punchy pop beat, Gomez's speaking voice (which might be better than her singing one) rambles some extremely needless words about being "blinded" and "reborn."

"Revival" as a song isn't bad, but the awkward, unnecessary monologue in the beginning definitely sets the melancholy and overdramatic tone of the album.

Most of the subsequent tracks are just a long list of basic pop songs that fail at hitting the "trendy" mark that Gomez was obviously going for. Over-synthesized beats and oddly-pitched background vocals are just some of the follies that plague tracks like "Kill Em With Kindness," "Sober" and "Survivors."

Songs that aren't painfully bland are just a bit over-the-top. Reminiscent of "Come & Get It," "Body Heat" tries far too hard to sound cultural. Equipped

with a confusing beat and distracting saxophone, the song feels misplaced among the other tracks.

Similarly, Gomez's single "Good For You" lacks a steady musical flow and fails to hit the "trendy pop" mark previously mentioned. Perhaps Gomez should focus less on looking good for us and focus more on sounding good for us instead.

While "Revival" is not a great album, it does have its gems. Single "Same Old Love" is strange, but in a really interesting and almost genius way. The mechanical sound of the piano riff keeps the song consistent and simple, while Gomez's vocals present an creative melody. The deep voice that appears during the breakdown also presents an excellent example of autotuning done right.

The third track, "Hands To Myself," showcases an excellent beat which is both fun and unique. Gomez's crazily unspectacular singing voice is masked as she whispers majority of the song, which complements her non-existent vocal range.

And while "Revival" may not begin on a strong note (or a note at all), it definitely ends with something better. "Rise" closes out the album with an excellent chorus that verges on anthem-like. "Rise" is earthy and full, but unfortunately lacks the layering to be as robust as it could be to finish the album with a bang.

While Gomez's first adult album is not a terrible record, it's definitely not album of the year. She may have named the record "Revival," but Gomez is going to need to revive a lot more if she wants to be taken seriously in the music industry.

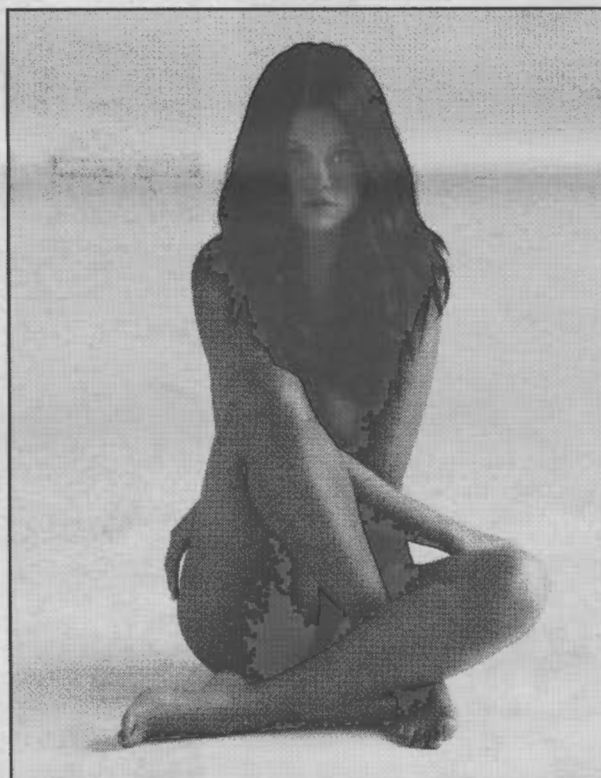


PHOTO COURTESY OF JOSEPVINAAYA.COM

"Revival" Tracklist

1. Revival ★★ ★
2. Kill Em With Kindness 🎧
3. Hands To Myself ★★ ★★ ★
4. Same Old Love ★★ ★★ ★
5. Sober ★★
6. Good For You 🎧
7. Camouflage 🎧
8. Me & The Rythm ★
9. Survivors ★
10. Body Heat ★
11. Rise ★★ ★
12. Me & My Girls (deluxe) 🎧
13. Nobody (deluxe) ★★ ★
14. Perfect (deluxe) ★★ ★

Thomas & Molly's Music Reviews: Matoma

THOMAS FLATMOEN & MOLLY UNDALL
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The last few years, the world has seen a massive wave of Scandinavian house DJs emerging. First Avicii, then Kygo and now all we want is Matoma.

The Norwegian DJ initially gained popularity for his remixes of pop songs. His throwback remix of The Notorious B.I.G.'s "Old Thing Back" led to record companies expressing interest in his productions.

The 24 year old Matoma (whose real name is Tom Lagergren) produces music in the tropical house genre, and has created his own sound with his remixes.

His biggest hits are fun remixes of "old" hits, such as "Payphone" by Maroon 5. Matoma brings life to old songs, and we love it.

His first original song "Try Me" is found on Jason Derulo's new album "4," featuring Jennifer Lopez.

Matoma is playing The Showbox in Seattle Friday, Oct. 16.

If you can't make it to his concert, check him out on Spotify or Soundcloud.

And of course we will play his songs on our show Thomas & Molly in the Morning on Mast Radio, every Tuesday 8-9a.m.

Check in with Thomas and Molly Tuesdays at 8 a.m. on Mast Radio to hear more from them on music and other Arts & Culture stories.



Black & Gold Affair: *Homecoming in pictures*

MCKENNA MORIN
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Plenty of Lutes showed up to show out at Homecoming 2015 Oct. 10 at the Pacific Grill Event Center. Two hundred and fifty students attended Pacific Lutheran University's "Black & Gold Affair" and danced the night away.

"I don't really have a specific favorite.
I listen to everything."
Audrey Ewing, Senior



**SAMANTHA LUND &
BROOKE THAMES**
Editor-in-Chief and A&C Editor
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The *New York Times* published a story two weeks ago about millennials and our obsession with rap, hip-hop, and R&B. When looking at music streaming and purchases, it's become clear that younger generations stream more, buy less. Looking at which music is the most active on streaming services like Spotify and Apple Music sheds light on the most popular music for millennials.

In maybe the least shocking news of the week, hip-hop and R&B topped those lists with specific occurrences being cited as the



"I'm gonna say... **Rock.**"
Evan Farley, Junior

"I literally listen to jazz, like, all the time."
Francesca Hernandez, Senior



What mo

recent album releases of Drake, Kendrick Lamar, A\$AP Rocky and The Weeknd consistently topping charts with a large margin over other genre.

The highlight for rock and alternative music lovers was Mumford and Son's newest album "Wilder Mind" which was streamed 15.4 million times in May. However big that number seems, compare it to Drake's "If You're Reading This It's Too Late" that was streamed 48 million times in one week and Kendrick Lamar's "To Pimp A Butterfly" which was streamed 38 million times during its opening month.

Mast Media wanted to take a look inside campus culture and see if we're like the rest of the country: hip-hop and R&B fanatics. What we found was a little off the beaten path.



"Mostly alternative and Folk-Pop on Spotify."

Keke Lewis, First Year



"Hip-hop."

Josh Wallace, First-year



"House Music."

Red Le, Senior



"Probably alternative... Like Fall Out Boy."

Riley Burleigh, Senior

ves you?

Warning: satire at play

Student to train PLU squirrels

JULIA GROSVENOR
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Myra Maines, a Pacific Lutheran University junior, approached reporters this week with claims that she plans to train the campus squirrels.



"We've
a l l

thought about it. It's time someone steps up and does it. And that someone is me," she said.

Maines clarified that she was not afraid of students knowing her as the master of the squirrels. She doesn't however, want to get in trouble. She claimed this mission is "too important to be stopped by Campo or the Humane Society or whatever."

According to the Revised Code of Washington, it is illegal to possess wildlife without a license, but it doesn't say anything about training wildlife in the wild, so anything else is supposedly for PLU to decide.

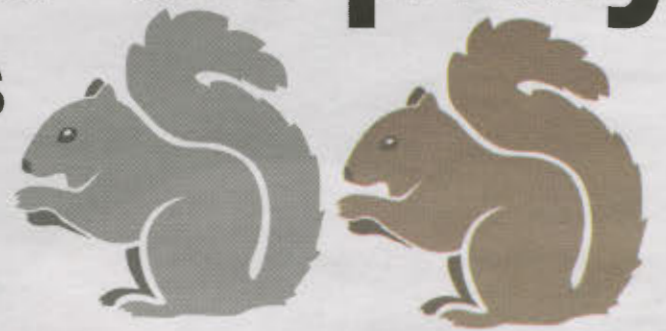
"There are a few reasons why I've decided I need to do

this now," the woman said, "the first is that the squirrels are out of control." Indeed, there have been reports around campus of squirrels frightening students by yelling from trees or jumping out at them from trash cans.

"If I can train the squirrels, it would definitely teach them that humans are friends."

The student also claims to have personal reasons for training the squirrels, involving her own safety.

"Campus Security is all the way on the edge of upper campus, so if I'm really in trouble, it will at least take them a couple minutes to get to me. But squirrels are everywhere. If someone tries to steal my money, I could just blow



whistle, and boom.

The thief is surrounded by squirrels," she said.

The student added that if administration 'got on board,' she could use the squirrels to solve some other campus problems. One example Maines listed was the apparent infestation of bats in Ramstad building.

"Let me in there with a few highly trained squirrels, and we'll take care of those little monsters,"

she said.

Finally, Maines told reporters the reason she approached *The Mast* with her master plan: she has no idea how to train squirrels.

"I tried throwing one of them a cracker and it ran up a tree," she admitted. She asks any readers who may have experience or even ideas for squirrel training to reach out to her. *The Mast* has agreed to accept emails and continuously refresh Yik Yak on her behalf.



ANNIE BUNCH
Cartoonist
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Annie is a first-year student originally from Portland, Oregon. She loves the visual arts and is happily attending PLU in pursuit of studying art history and studio arts.

Kill the Chill

A critique of our generation's new favorite slang-term:
"Netflix and Chill"

CARLY STAUFFER
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I'd like to click pause on "Netflix and chill." Actually, I'd like to cancel my subscription.

Ever since I first heard the phrase just a few weeks ago, it seems this trendy sexual euphemism is everywhere.

"Netflix and chill," described by the ever-so-eloquent Urban Dictionary as "going to go over to your [partners'] house and [having sex] with Netflix in the background," combines the modern stereotypical teenager's favorite things: sitcoms and sex.

Perhaps I don't appreciate this convenient term as I ought to. Perhaps I'm taking a slang term too seriously. Or perhaps our "anything goes" society would benefit from actually evaluating its habits and tendencies, and considering their deeper connotations and harmful effects. I haven't seen much rallying behind the latter side – so, naturally, I'll take that one.

It's not only that I find the phrase slightly annoying – I find it dangerous. I know what you might be thinking: Don't be such a conservative, Carly! However, I'm not trying to change your mind. Think of this as practicing a "[life] of thoughtful

inquiry!" (That's got to get me some PLU brownie points.)

"Netflix and chill" represents our society's desire to make sex as casual and commonplace as possible. The phrase suggests that we treat something that should be meaningful as though it's equivalent in significance to watching an episode of "The Office."

It accurately reflects this culture's yearning to isolate the physical component of sex from its non-physical meaning.

You may be wondering why I view sex as so meaningful in the first place. Here's why: my faith in God and belief in the Bible tells me God created sex and He created it for marriage. Outside of this context, sex is misused.

The Bible tells me that my body's a temple, and I can either use it to glorify God or to ignore Him and give in to temptation.

Rather than call our actions "wrong," though, we humans like to make excuses for them. Enter the convenient philosophy of hedonism (meaning, if it makes you feel good, do it!)

A favorite excuse for misusing sex comes from reducing it to something as casual as a fun pastime (like watching Netflix). "It's no big deal," says this generation. "It's just sex." And the more present sex is in our media and conversations, the more casually we come to view it.

In cleverly stripping sex of its meaning, we're left with all the thrill without the hassle. No wrongdoing, no need to commit or make any promises – just pure, fun sex.

"Netflix and chill" says sex is not so much a special bond between a monogamous, committed, (dare I say, married) couple. It's a pastime. It's 100 percent physical. You

can do it with anyone. You can do it while watching Netflix. It's basically green eggs and ham.

Regardless of moral or religious values, I believe most can accept that this increasing expectation to have sex without much hesitation is damaging to relationships. It tells us that the physical component of a relationship is its most important aspect. At this point, the relationship can all too easily revolve around sex. Which might be fun, thrilling and passionate at first. And then, void of meaning, the relationship will die. It will feel empty. The sex isn't enough anymore. Now all you have is the Netflix, which doesn't even have the *Harry Potter* movies.

The increasing tendency to make sex as casual as possible is a costly one. "Netflix and chill" may be written off as harmless slang – but I believe our language is reflective of our traditions and values. Thus, this commonplace catchphrase is evidence of a hedonistic culture embracing sex with open arms and no strings attached.

While some Lutes might – in the words of the recent 'Sex Column' – accuse me of being "sexually congested," I'm not too concerned about my apparent sexual head-cold. I personally would rather have a stuffy nose than be blind.



THE RIGHT TO DIE

DINA LONGSTAFF
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On Oct. 5, California governor Jerry Brown signed the "Right to Die" law into action, making physician-assisted suicide legal. California joins Oregon, Washington, Vermont and Montana who all have similar bills.

Legalizing physician-assisted suicide allows doctors to prescribe lethal doses of drugs for patients to take in the comfort of their own home or in a hospital. Patients must be terminally ill and have two physicians verify that they have less than six months to live to qualify.

This is not enough.

While six months may spare patients with cancer or other diseases pain and suffering, many terminal illnesses can take years to develop. There are even some non-fatal diseases that cause a massive decrease in quality of life, making daily life unbearable, and still don't qualify for

physician-assisted suicide.

This summer I worked as a Certified Nursing Assistant in a nursing home that specializes in hospice care. I cannot put into words how it feels to watch someone die. To know that the pain and suffering is consuming them. To know that it isn't going to end soon. To know it will be dragged on for months or even years. It is not the way I want to go and I do not wish it upon anyone else.

Parkinson's disease is by far the hardest to watch. In general patients lose control over their bodies and become unable to eat, stand, walk and do everyday tasks without assistance. Most patients in their later stages need full-time care.

The worst part is that their brains do not deteriorate. One patient described it to me as "living in her own tomb." They know and understand what is going on around them but cannot do anything about it. It broke my heart to have people beg me to kill them because all they want to do is leave the pain.

To this day the screams of my first

Parkinson's patient haunt me: "Please kill me! Oh, God, please kill me! What the f*** do I have to live for anymore?!"

Yet Parkinson's is not labeled as a fatal disease. Anyone diagnosed with it would not be able to escape the inevitable suffering through physician-assisted suicide. And even if it was fatal, Parkinson's takes years to develop and can leave people immobile and helpless for long periods, not just the short six months needed to qualify for physician-assisted suicide.

Even if you have moral or religious oppositions to the bill, put yourself in their shoes for a second. You have just been told you have Parkinson's disease. You know that it is going to consume you for years until you eventually cannot do anything. The doctor tells you that you will be at higher risk for things like dementia, bedsores and infections because you will become immobile.

Shouldn't people have the option to escape that? We empower young adults to grab life by the horns and make it their

own, shouldn't people be in charge of their death, too?

I commend Governor Brown and the other four states for giving patients the opportunity to end their lives on their own terms with dignity, and I hope that other states will soon adopt similar laws.

However, these laws should not only grant the right to die for terminally ill patients given six months to live but should expand for patients with conditions that will dramatically decrease their quality of life such as dementia, Alzheimer's and Parkinson's.

I realize there are a lot of people who will not agree with me on this. But I challenge you to look into the eyes of someone begging you to kill them and not feel an obligation to let people meet death on their own terms. Physician-assisted suicide may not be something you choose for yourself or for a loved one, but it is an option that should be on the table.

Shame photo leakers, not victims

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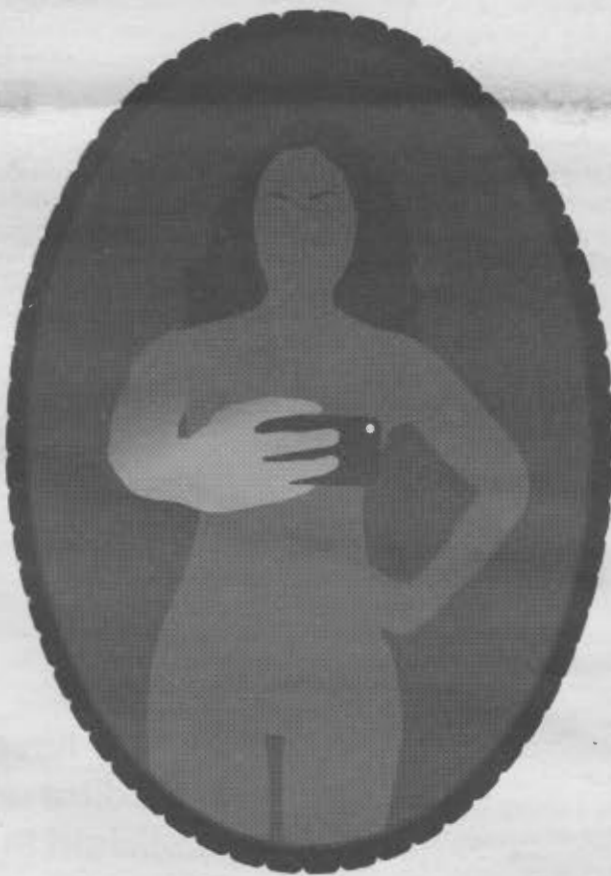
Editor's Note: Anyone under the age of 18 sending nude photos of themselves is categorized as distribution of child pornography. For the purposes of this article, it's important for readers under the age of 18 to remember that distribution of nude photos of themselves is illegal. Don't break the law, friends!

At a young age, I distinctly remember an obnoxious MTV commercial of a girl in a towel listing off how her sext message was going to ruin her career and relationships with other people, present or future. It didn't sit well with me then when I was absorbing that information, and it doesn't sit well with me now either.

Our society says, "Don't send nude photos of yourself because you're giving someone power to ruin your life." Thus, there is the possibility someone will take advantage of this sexual exchange.

It blows my mind that this line of thinking still exists. It correlates with victim blaming. Being in a sexual relationship encourages trust between two people, but if one person was to cause a rift in that trust, we've come to shame the victim, especially if the victim is female.

In our culture, discussion surrounding sex and sexual topics is still incredibly taboo, which contributes to a lack of needed sex positivity. If someone is comfortable with



their own body and willing to share that comfort with another person, shouldn't that be considered beautiful rather than shameful? Shouldn't someone be allowed the freedom of sexual liberation, particularly within a private or consenting partner setting?

Now, should someone who is posting or sending these types of photos be mindful of possible outcomes? Yes, they should.

Unfortunately, there will always be a possibility of negative consequences when carrying out an action, but with that being said, the exposure of someone's personal photos should not be used as ammunition against them. If anything, it should be used as ammunition towards those who leaked the photos.

Exposing someone's nude photos or blackmailing someone with their nude photos is what's wrong with this equation. Legally, those who release media without the consent of those involved could be charged for committing a sex crime, but it's not always easy for those charges to go through, nor is the offender ever really mentioned in a negative light.

If focus should be directed towards anyone, it should be against those who committed a crime and breached privacy. The focus shouldn't be on those who've had their trust taken advantage of.

Overall, as a sexual human being, doing what you want with your body (within terms of personal safety) and wanting to show off your body are all okay. Someone taking advantage of that is not. So, with that being said, flaunt what you got if you want; don't let others bring you down.

Letter to the Editor

Editor's Note: Associated Students of Pacific Lutheran University President, Martha Spieker is responding "The elephant in the room" in the most recent edition of The Mast.

Hello Lutes,

As we dig into the school year, I am glad to see so much conversation regarding inclusive dialogue on campus. I was intrigued to read the most recent issue of *The Mast*, which detailed the sentiments of some conservatives on campus. Pacific Lutheran University's mission statement does indeed place a large importance on community, and that value is something that Associated Students of Pacific Lutheran University seeks to encourage and support.

The importance of a diversity of voices

on campus is critical. Hearing from people who do not think like us is how we grow. It's how we challenge our perceptions. It's also how we practice radical inclusivity. We need to be certain that the Lute culture is a place where everyone can be included in dialogue— and that goes for voices of minorities as much as it does for conservatives. I appreciate the sentiment of the published article, but also think it's important to recognize the context in which these conversations and struggles occur, acknowledging those who may feel hurt by the language used and comparisons made.

ASPLU intends to continue creating spaces for dialogue to ensure that the student body can hear one another, and that those messages can be passed accurately to the administration. As I mentioned

in my convocation speech, ASPLU and the student body are only successful when we collaborate. It is ASPLU's job to provide forums to have conversations about inclusivity of all kinds to the PLU community. ASPLU will do just that. Be on the lookout for conversations and forums like Senator Steve Schumaker's discussion about guns on college campuses towards the end of this month and other "ASPLU to You" forums. Each individual voice is valued on campus. Let's be sure to continue these conversations as a community that thoughtfully welcomes all Lute voices.

Warmly,

Martha Spieker
ASPLU President



Head to head in response to Miley Cyrus' dreadlock hairstyle

Editor's note: For the sake of the argument, both writers are identifying as white, female feminists.

Locked on locks

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Every person living in a free society has a right to enjoy their own appearance. In today's America, however, this is increasingly difficult; judgement is imminent for anyone who does almost anything to alter their physical self. Adding in the issue of what is "appropriate" for each race further complicates the matter and makes for discomfort surrounding personal decisions because of the reactions of others.

What a person does with their hair is a choice that should not be scrutinized until it directly affects others. A person should not have a right to judge the action of another until they fully understand why said person made that decision.

I am Jewish and I have half of my hair crocheted into dreadlocks. I fully support any individual's right to the same self-expression that I was using nearly six months ago when I first had my hair professionally locked. I am not defending Miley. Rather, I am defending those who are criticized for locking their hair when they are told that they don't deserve to do so.

Dreadlocks once represented religious implications (ie. in Biblical times, the connection between a person and G-d was often cemented by the locking of the hair). The creation of dreadlocks allowed a person to prove their commitment to live a life of few material possessions, combs included.

In the Old Testament, the Nazirite Oath includes a rule that requires followers to let hair grow as it pleases. In another section of the Hebrew Bible, the story of Samson, a character with seven dreadlocks that contain his superhuman abilities and represent his relationship with G-d, is present. When his dreadlocks are cut off, he loses his power and is killed by his enemies.

It was these two pieces in Judeo-Christian religious texts that first inspired the Rastafarians in the Caribbean to regard dreadlocks as a holy addition to one's physical appearance. This is the first time that dreadlocks became associated with African-Americans and not those of Caucasian descent.

This idea that dreadlocks were reserved only for sacred people was a short-lived trend, to say the least. Dreadlocks quickly became a part of popular culture figures like Bob Marley came on to the scene. While Marley held dreadlocks in the same spiritual regard as many Rastafarians still do, a vast

majority of people who were inspired to lock their hair because of him didn't.

Dreadlocks developed in multiple different places under different circumstances. To think that people today who get them are trying to prove a religious belief (and therefore they are being disrespectful when they do so) is about as realistic as thinking that all people who braid their hair are hateful towards Native Americans or Scandinavians.

I understand the fear of taking something that was not mine to begin with and trying to make it my own. I understand that as a white person, I cannot ever feel my ancestors went through anything as horrific as black people have in the country we currently live in. The struggle that I can understand, however, is the struggle of my Jewish ancestors in World War Two and throughout history.

I also recognize that the definition of cultural appropriation is when a group who has power within a culture takes on traits of an oppressed group in that same society. I bring this up because I believe that people of color are just as entitled to their culture as I am entitled to my own Jewish culture, and I understand that these two groups in particular have been oppressed by the same group of people.

I should feel no more guilt for admiring the hairstyle of another culture than I would for wearing a T-shirt with words in French on it or having a friend of Latin descent who drives a model of car entitled "Cherokee."

There is a difference between cultural appropriation and cultural exchange. There is a difference between a person doing something as a part of a religion and doing it because they like the concept of it.

Not only did I get dreadlocks to tame my coarse, frizzy hair and take advantage of the same ease of style as a black person who also doesn't want to have to spend a lot of time working with a natural hair texture would, but I also got them because I do not feel that it is fair to say that dreadlocks are only allowed within one culture of people.

I hope that those of African-American ancestry do not feel I am disrespecting them by having dreadlocks and that people of any genetic background do not ever see me as culture-stealing or racist. I hope that outside parties recognize my right to have my hair in a style that is convenient for me and that shows my admiration for something that is so trivial as my own hair before they jump to the conclusion that I didn't know what I was doing when I got dreadlocks.

Dreading the impact

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Recently, Miley Cyrus has served as a host of both the MTV Video Music Awards and Saturday Night Live. During her times as host, she has continued to surprise and intrigue us all with her wacky, revealing costumes and brand new dreadlocks. The debut of her new look was definitely shocking, but not in the way Miley intended it to be.

As a disclaimer, I am a white, female feminist. Wait, before any of you stop reading, I want to express my belief that everyone, regardless of group memberships, should reserve the right to dress how they please as long as their choice does no harm to other people. For instance, if Miley decided to show up on stage ass-out, wearing nothing but a cowboy hat, I would support her choice.

With this in mind, I want to address what was truly shocking about Miley's appearance at the VMAs and on SNL. It was not her wild, off-the-beaten-path antics nor her revealing outfit choices with which Miley intended to shock audiences that brought me to address her behavior. It was the negative impact of her choices, and her failure to recognize it, that I found to be outrageous.

With every choice comes a repercussion, and I was abhorred to see that Miley failed to anticipate the harmful consequences of her choice to wear and appropriate dreadlocks, which have a deep, significant history within black culture.

Cultural appropriation, a phrase which seems to be gaining more traction in popular culture, is when groups that hold privilege adopt cultural elements from an oppressed group of people. The Diversity Center's Rieke Fellow for Intergroup Dialogue Maria Cruse explains it simply as, "taking something away from somebody without permission so that permission is ... a key aspect of it."

Miley has set a precedence of culturally appropriating and exploiting oppressed people for the sake of her on-screen

appearance. She is guilty on multiple offenses for sexualizing black bodies in her music videos, using black slang, having a dream catcher tattoo (which appropriates Native American culture) as well as perpetuating other equally offensive behaviors.

With the addition of her dreadlocks, Miley takes on a whole new level of ignorance. Her hairstyle is harmful and ignorant because it's not fair for people of color who choose to wear non-chemically altered hairstyles, like dreadlocks, and are discriminated against because of their choice. For example, in March of 2014, the U.S. military prohibited soldiers from wearing dreadlocks, twists, afros and other natural hairstyles. After receiving an uprising of adverse responses to the new regulations, the Army, Air Force and Navy have since authorized twists, although the natural hairstyle is still highly regulated. Dreadlocks and afros remain unauthorized.

As a privileged, white celebrity who has a larger opportunity than most to influence others, Miley has a great responsibility to recognize her place of privilege and use it to combat racial inequalities as opposed to contributing to them. Although she may not intend to cause harm, Miley must realize that regardless of intent, her actions still have a negative impact.

In a similar way, I encourage all others, especially those in my Pacific Lutheran University community, to recognize the impact of their actions, regardless of their intent. Fortunately, cultural appropriation, as well as other contributions to racial inequalities, can be prevented.

Miley should understand the history behind the appearances she adopts from other cultures before deciding whether to display them. If upon discovering that wearing a certain style may have a harmful impact on the culture from which it comes, I would advise her to find a new look. I welcome all members of the PLU community to adopt this method as well. "It's everyone's responsibility [to educate] ... about issues like this because it affects all of us," says Cruse.

Do you have an opinion? Write us a Letter to the Editor at mast@plu.edu and see yourself published in *The Mast*.



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Steve's Stance: Lutes Football Mid-Season Grade

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Pacific Lutheran football continues to leave points on the field as they suffer a heartbreaking loss to Willamette, 10-9.

The Lutes' offense was unable to put the ball in the endzone. Junior Quarterback Jon Schaub did not necessarily have a terrible outing, but missed a few opportunities.

On a fourth and seven for PLU, Schaub felt pressure from his left side, and stepped up in the pocket to the right, but ultimately did not trust his offensive line and decided to run for first down. The offense was in the redzone and could have settled for a field goal, but went for it and ended up with nothing.

The inability to finish drives is a kryptonite that our offense needs

to figure out. In the four games of the season, they have only been able to score two touchdowns in the second half. The two came during the fourth quarters in the home opener against Trinity and the Northwest Conference opener at Pacific. This offense is certainly capable of putting points on the scoreboard, but they have yet to finish in games.

During the first half of the game against California Lutheran, the Lutes proved impressive for players starting for the first time in their collegiate careers. The rhythm between Schaub and his receivers was there with him hitting them on their routes. Ever since, the offense has gone astray.

In every game, halftime is meant to make adjustments. For some reason, no one is able to correct their mistakes or even give the idea a chance. Sticking with the initial game-

plan has led to field goals and nothing else.

The impact of how solid the graduated offensive and defensive units is becoming a harsh reality for this year's team. They were the class with the most wins while Head Coach Scott Westering has been at the helm. The graduating class had winning percentage of 74 percent.

At the halfway point in all games of the season so far, the team is there but just can't figure out how to close out games. Each side of the ball needs to finish games. The offense needs to figure out how to score seven points on any given drive, not just settle for field goals. On defense, there needs to be a sense of composure in not giving up the "big play," or getting opponents off the field.

They are now experienced Division-III football players. The continuity should grow with Schaub

grooming the offense with his style of play. Junior wide receivers Justin Lind and Ben Welch, along with sophomore tight end D.J. Winter, are veterans who will develop into a fantastic receiving group.

The defense will continue to perform consistently like they have been for the last five years. It has been a tough first half of the season for a young team of Lutes, but they have an opportunity to continue to mature into a solid high-powered offense with a stingy defense to compliment them.

In the second half of the season, the Lutes should be able to notch three wins out of the final five games, and complete the year at 3-6 overall record with a lot of promise for future years.

Grade: D - close, but need to add a little more for the first win of the season.

The Mast Monday Night Football pick 'em

Editor's Note: Pacific Lutheran's student body picks who will win and the reason behind their choice. We started this Week 2, that is why it represents five games.

For back to back weeks, the officials have had their effect on a National Football League game.

First, it was #Batgate in Seattle with linebacker K.J. Wright tapping the ball out of bounds.

Now, in the Steelers game vs the Chargers, 18 seconds ran off the clock without anyone realizing it.

What kind of controversy are we going to witness in the city of Brotherly Love?

The New York Football Giants are beginning to find their stride on offense.

Veteran quarterback Eli Manning of the Giants' playing similar to what brought him two Super Bowl rings.

Wide receiver O'Dell Beckham Jr. is an absolute force to be reckoned with on the outside for New York and a massive problem for Philadelphia.

After being out two consecutive seasons due to injury, quarterback Sam Bradford is continuing to stay healthy.

The off-season acquisition running back DeMarco Murray is a beast on the field. With no more running back by committee in Philly.

Giants with the win, 21-17.

GIANTS AT EAGLES

D.J. Winter
Pick: Giants
Record: 3-1

"I'm going to go Giants on this one, because they showed a lot of resiliency last week against the 49ers and they're going to ride the momentum from that."

Nicoya Benham-Marin
Pick: Giants
Record: 2-2

"Giants, because they have a better and more experience defense."

Justin Lind
Pick: Eagles
Record: 2-2

"Eagles. A match up of two pretty even teams in regards for numbers put up this season. I think, however, the Eagles have a bit more they need to prove, being 2-3."

Tahlia Terhune
Pick: Giants
Record: 3-1

"I think the Giants! They've won three in a row and they could very well be 5-0 instead of 3-2 if it wasn't for them blowing two big 4th quarter leads at the beginning of the season."

Traeger Jarrad
Pick: Eagles
Record: 3-1

"The Eagles represent all that is American. The animal themselves are majestic, yet fierce, just like any American. Giants, on the other hand; trolls and other unamerican beast-things come to mind. Watch the Eagles soar high above the Giants."

Hayden McCartney
Pick: Giants
Record: 4-0

"I like the weapons the Giants have and surprisingly their defense has done well. Eagles have had shaky quarterback play and haven't been able to put a full game together."

Kailyn Osaki
Pick: Giants
Record: 2-2

"Eli Manning is coming back into his Super Bowl form and with O'Dell Beckham on the outside, the Giants should win this game against the Eagles."

Fantasy Football: Week 6

RECAP FROM WEEK 5: Another week in the NFL, another star goes down due to a leg injury. Kansas City running back Jamaal Charles is done for the year with a torn ACL. Seahawks rookie running back Thomas Rawls totals 169 rushing yards and a touchdown against a Cincinnati defense that had not allowed a rushing touchdown in the first four weeks. This week you should consider:

QUARTERBACK: Tom Brady, New England Patriots

Brady and company travel to Indianapolis on Sunday night for a match-up. If you think Brady doesn't want to annihilate the Colts for Deflategate, you are wrong. The Patriots should come close to scoring 50+ points and Brady will have a field day.

RUNNING BACK: Adrian Peterson, Minnesota Vikings

Peterson should be able to continue his dominance on the field. His week 6 match-up is against the Chiefs, who have a difficult defense, but Peterson doesn't seem to care who the opponent is putting out on defense.

WIDE RECEIVER: Allen Robinson, Jacksonville Jaguars

Yes, tight end Julius Thomas will become quarterback Blake Bortle's favorite target, but he will also be the defense's main cover. Robinson should have one-on-one coverage all day against Houston.

SLEEPER: Charcandrick West, Kansas City Chiefs

With running back Jamaal Charles ending his season due to injury, a new lead back needs to emerge for Kansas City. They do have veteran Knile Davis, but West is more elusive. Pick him up and play against the Vikings.

TIGHT END: Rob Gronkowski, New England Patriots

Brady's favorite target against the Colts, enough said.

DEFENSE/SPECIAL TEAMS: Green Bay Packers

San Diego's Tight End Antonio Gates is back for quarterback Philip Rivers, but the Packers defense is all of the field. Lambeau Field will be a hostile environment for the Chargers.

KICKER: Steven Hauschka, Seattle Seahawks

In the safe confines of Centurylink, Hauschka is going to kick it between the uprights quite a few times. Seattle's offense is finding their identity again, which will bring them closer to the redzone.

Student-Athlete Spotlight

An interview with Ben Welch



PHOTO COURTESY OF KYLE HESS: (12) Ben Welch sets himself to field a grounder.

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Junior Ben Welch is a starter on both the football and baseball teams at Pacific Lutheran University. *The Mast* sat down with him to answer some of your questions and to ask some of our own.

Mast Media: What is your spirit animal?
Ben Welch: I would probably go with, a bald eagle. I've had a cabin out in Hood Canal my whole life and there are tons of bald eagles up there. It's fun to watch them. I think they're interesting. They swoop out of the sky and kill their prey.

MM: What kind of shampoo do you use?
BW: I use "Head & Shoulders", the blue one.

MM: Is your sister, Peri, really a better athlete?
BW: Without a doubt, she is the best athlete in the family. She is twelve now and she plays volleyball soccer and basketball. She is a seventh grader but she plays on the eighth grade team for her school in volleyball.

MM: What are some of your life goals?
BW: Probably the same as everyone's. Probably graduate college, lead a successful career, maybe eventually start a family, maybe start my own business.

MM: Have you ever wondered if there is more to life than being really, really ridiculously good looking?

BW: Oh, my brother asked this one. That is actually a quote from Zoolander. My brother and I joke about that. But, yeah, there's way more to life.

MM: What was your favorite class you have taken at PLU?

BW: The finance class I am in right now. I think it is interesting seeing how the concepts you learn apply to real life.

MM: What are three things that we should all know about you?

BW: I take academics very seriously. I enjoy downtime. I enjoy taking some time to hang out with my housemates, watching TV, watching a movie. I waterski in the summer and snowboard in the winter whenever I can.

MM: Did you ever think that you would be a dual sport athlete in college?

BW: I knew I loved baseball and football and I'm pretty good at both of them so, "I was thinking I'm either going to go to a state school and I'll play neither or I can go to a smaller Division III school and hopefully try and do both. PLU has just been a great fit for me.

Check out @golutes or search #AskALute on Instagram to submit your questions for next week's student-athlete Q&A.

World Series Prediction

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Football may be fall's favorite sport, but October belongs to baseball.

After 162 regular season games, Major League Baseball has found its 10 best teams.

Two wild card teams, and three division winners from both the American and National league will compete for the crown of baseball's best. I think the new kings of baseball will reside in Queens, as the New York Mets will be the 2015 World Series Champs.

Great pitching and solid defense are a must for success in postseason baseball.

The New York Mets have some of the best starting pitchers in the game. Matt Harvey, Jacob deGrom, and Noah Syndergaard all had a regular season earned run average under 3.30.

One of the best moves made at the trade deadline was the acquisition of Yoenis Cespedes by the Mets.

Along with his big bat, Cespedes brings outstanding outfield defense to his new ball club. Cespedes best defensive ability is his arm. He has 48 outfield-assisted put-outs in four seasons.

Cespedes' cannon could keep base runners from advancing an extra base and keep runs off the scoreboard.

The Mets offense is not one to take lightly. As a team, the Mets ranked fourth in doubles, and eighth in home runs.

If the home runs come at the right time, the Mets could be tough to beat this postseason.

Ultimately, postseason baseball is tough to predict.

New York Yankee Aaron Boone taught us that the most unlikely players can become legends with one swing of the bat.

Any team can come out on top. I believe that with their great pitching and some timely hitting. The Mets could find themselves as World Series Champions.

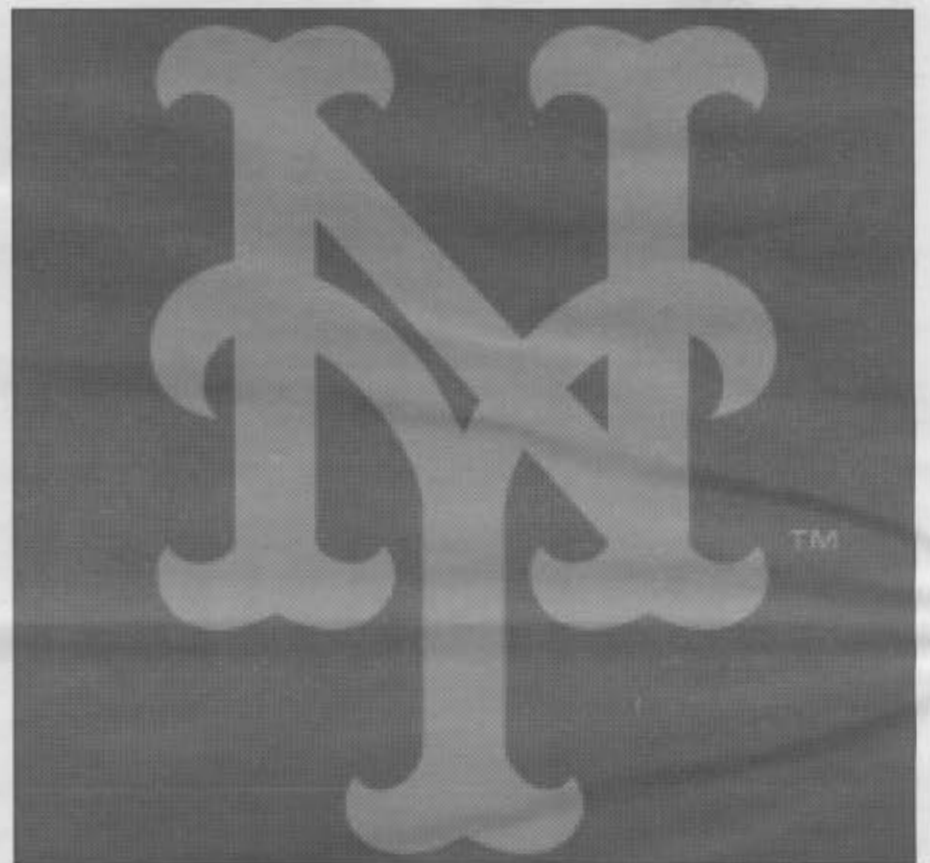


PHOTO COURTESY OF MLB.COM

Athlete Perspective:

Dylan Foreman

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Anyone that talks about being on a sports team usually end up describing their teammates as a "family." From this, athletes go on to talk about how their team is a tight-knit group of people who always get along. I think that this claim doesn't fully apply to the Men's Basketball team at Pacific Lutheran University.

Yes, having played basketball with the same people for more than eight months out of the year, naturally our team has become close. But, if anyone knows anything about being around people for long periods of time, there will be fights, because, in families family members will fight.

If someone came to an open gym or practice and watched the men's basketball team play, that person would realize that our team is nasty group of individuals; in a good way of course.

Our team is tough.

We'll push and shove to win a loose ball. We'll fight and bicker over calls that don't mean a whole lot in the long run.

We'll get on someone's case for taking a bad shot or for not boxing out.

We'll retaliate when someone gives someone else a cheap shot. We'll give someone a cheap shot.

Why do we do this? We want to win.

Sometimes, in sports, it is not about getting along. It's about the end result: winning. It's more than getting along or

acting like it's all sunshine and rainbows; it's the desire to compete at the highest level possible far which exceeds the need to get along.

Don't get me wrong, we're the one of the most fun groups of guys off the court. We love to have fun and do team-bonding activities, but once we step out on the court, it's a different ball game.

One of the themes that our coach Steve Dickerson has instilled in us is "embrace the grind."

As a team we take pride as a group in our ability to embrace the hardship that goes along with being a successful team.

I could not be happier about our team this year.

Since summer league started, our first-year players have shown that they will be able to contribute to the team.

Our veterans have all improved over the summer and are ready to lead the team in whatever ways necessary so that we can win.

This upcoming season, we believe we have all the pieces to be an elite team in the Northwest Conference.

I think we have the talent and even more importantly the toughness, it takes to endure a successful long season.

Being on the basketball team, I can say that honestly and proudly we are a family, but not the type of family other athletes usually refer to. We are not a perfect family but a working family that will always strive to be the best people possible and the best basketball team on any court.



PHOTO BY JACQUI GUTIERREZ: (15) Sophomore Dylan Foreman does his announcing ritual with (32) Junior Drew Ardissone.

Homecoming crowd fuels series sweep over Linfield



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The Pacific Lutheran Volleyball team kept the homecoming spirit going Friday night with a three set sweep of Linfield.

The win brings the team's overall record to 11-6 and their conference record to 5-3, just one game behind Whitworth for second place in the Northwest Conference.

The first set opened up with both teams trading points until the Lutes seemed to take control by going up 14-9, forcing a timeout. Linfield rallied back to even things up at 15, but the Lutes' Homecoming crowd brought the energy, and their home team responded by taking the first set 25-23.

"The fans make it fun," Head Coach Kevin Aoki said. "As soon as they started going, we started playing more of our style."

The second set began just as the first did.

The Lutes didn't seem to waver as they used the crowd noise to their advantage and turned a 7-7 tie into a 17-9 lead, and eventually a 25-16 set win to go up two sets to none.

"The fans really gave us some energy," senior Kylai Cooley said. "We could tell it affected the other

team, too."

The Lutes jumped ahead of Linfield from the start of what would be the third and final set.

Coach Aoki called a timeout with one point left in the game to let the support from the fans really sink in. The team then finished off Linfield, winning the third set 25-12.

After the contest, fans and alumni stuck around to celebrate the tradition that winning has become for PLU volleyball.

"PLU has such a great athletic

community," Cooley said. "It's great to be a part of this positive environment."

"We've come a long way, both in the rule books and with our victories," Aoki added. As far as his team's progress is concerned, he's not too worried. "We are improving, that's the key."

The Lutes will hit the road this weekend to take on Whitworth(5-2) at 7:00 p.m. Friday, followed by a match with Whitman (2-5) at 5:00 p.m. Saturday.

TOP: Junior Julia Hutchison returns service. BOTTOM: (18) First-year Mackenzie Harris elevates to deflect a spike.



PHOTOS BY BAILEY PLUMB



(3) Senior Lucy Capron spikes the ball against the Linfield defense.

NFL: National Fugitive League *We applaud you*

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I'll admit, I was a little worried that it would come to an end.

One of the most impressive professional sports streaks was on the line. It was one day away from ending, but a player came up clutch.

Tennessee Titans wide receiver Dorial Green-Beckham made sure that

the 80 month long streak of a National Football League player getting arrested stayed intact. A hero walks among us.

The extent of NFL player arrests does vary. Green-Beckham kept the streak alive by failing to pay a parking ticket.

Dallas Cowboys running back Joseph Randle was arrested for shoplifting. Randle makes nearly \$30,000 a game, but couldn't pay for the underwear and cologne that

left the mall in his possession.

Several players are linked to domestic violence cases. A handful of players have murders on their record. Animals appear to be the only living beings safe from NFL players.

Wait. The NFL continues to be the most popular league in American sports. It's mind blowing that the average American can continue to support a league full of people

who think they are above the law.

I guess it doesn't matter, as long as I win my fantasy league.

Call it what you want, 80 months or six years, it is a long time. We can always rely on the NFL to make headlines.

Don't worry fans, in the next 20 days, we should know who the next player will be added to the NFL Arrest Database.



PHOTO COURTESY OF NFL.COM

Injured Lutes contributing off the field

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The women's soccer team can't seem to catch a break this season.

Within the last few months, they've already lost three players to season-ending injuries.

Senior Lauren Larson and Junior Kaylie Rozell are both out with torn ACLs and sophomore Kristi Kaneta has a broken ankle.

Larson's injury occurred before the 2015 season even began.

In a pre-England trip practice, Larson landed wrong in a one vs. one drill and

"heard a huge crack." That was the sound of her ACL breaking; something only surgery could fix.

During the Lutes home game against Willamette, Kaneta broke her ankle going up for a header against another player. Kaneta says this injury is an especially difficult one to deal with, "Athletes are always going to have this constant struggle of dealing with injuries and I've had my fair share, but nothing like this."

Injuries are common in contact sports like soccer and PLU has an entire staff dedicated to preventing and helping athletes recover from injuries.

"Our coaching staff as well as our trainers do an amazing job and hold us accountable of doing rehab, getting in the

weight room and conditioning to prevent muscle and tendon injuries," Kaneta said, commending her coaching and training staff.

ACL injuries and even ankle breaks are things that no amount of preventative training can avoid. With intense training and rehab, the Lutes will have their players back in no time.

In sports, time is not something to take for granted.

Larson is redshirting this season in order to play her final season as a Lute next year. Though she will not be present on the field this season, Larson will be as much a leader off the field as she would have been on the field.

"Even though I can't be on the field

everyday I want the young players to see that I am still dedicated to the team's success even if that dedication isn't coming from my actions on the field."

Losing three experienced players is not easy for any program, but the Lutes have been rallying behind their injured teammates.

The Lutes are currently 8-1-1 overall with 4 conference wins.

The Lutes next home game is Sunday October 25th against George Fox.

PHOTOS BY BAILEY PLUMB



(11) Junior Kaylie Rozell looks to pass against Hamline.



ABOVE: (14) Sophomore Machaela Graddy fights for the ball against Pacific. MIDDLE: (22) Sophomore Hailey Smoot receives a pass. FAR RIGHT: (18) Sophomore Kristi Kaneta dribbles the ball down field.



THE LUTES SET LIST

Football:

vs Willamette, Lost 9-10

Women's Soccer:

vs Linfield, Won 1-0
vs Pacific, Won 5-0

Up Next: at Whitworth, Saturday, 1 p.m.

Up Next: at Willamette, Saturday, 12 p.m.

Men's Soccer:

vs Willamette, Lost 0-1
at Puget Sound, Won 3-1

Volleyball:

at Puget Sound, Won 3-0
vs Linfield, Won 3-0

Up Next: at Willamette, Saturday, 2:30 p.m.

Up Next: at Whitworth, Friday, 7 p.m.

NORTHWEST CONFERENCE STANDINGS

Football

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Linfield	4	0	0	2-0	Won 4
Whitworth	5	0	0	2-0	Won 5
Pacific	3	2	0	1-1	Lost 1
George Fox	3	2	0	1-1	Won 1
Puget Sound	2	2	0	1-1	Lost 1
Willamette	1	3	0	1-1	Won 1
LUTES	0	4	0	0-2	Lost 4
Lewis & Clark	0	4	0	0-2	Lost 4

Women's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
LUTES	10	1	1	6-1-1	Won 6
Willamette	6	5	1	6-2	Lost 1
Puget Sound	8	0	4	4-0-4	Won 2
Linfield	7	3	1	4-3-1	Won 1
Lewis & Clark	7	4	1	3-4-1	Tied 1
Whitworth	5	7	0	3-5	Lost 4
Pacific	2	9	1	2-5-1	Lost 2
Whitman	1	8	3	1-4-3	Tied 2
George Fox	3	7	2	1-6-1	Lost 5



PHOTO BY MCKENNA MORIN: (14) Junior Juston Lind fights for a touchdown against Trinity.



(75) Junior Maxwell James Bartholomew runs at the PLU Invitational.



(24) Junior Nicoya Benham-Marín receives a pass against Pacific.

Volleyball

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Willamette	11	5	0	7-1	Won 1
Whitworth	12	6	0	6-2	Won 2
LUTES	11	6	0	5-3	Won 3
Lewis & Clark	7	8	0	4-4	Lost 4
Puget Sound	7	9	0	4-4	Lost 2
Pacific	7	9	0	4-4	Won 5
Linfield	6	11	0	3-5	Won 1
Whitman	4	10	0	2-6	Lost 1
George Fox	4	12	0	1-7	Lost 6

Men's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Whitworth	10	0	1	6-0-1	Won 1
Puget Sound	7	4	0	5-1	Won 3
LUTES	8	4	0	4-2	Lost 1
George Fox	6	6	1	3-3-1	Won 1
Linfield	7	6	0	3-4	Won 1
Willamette	3	8	1	2-5	Lost 1
Pacific	3	8	1	1-5-1	Lost 1
Whitman	1	8	1	1-5-1	Lost 1