



Transforming winter fashion for spring pg. 5



Softball feature pg. 12



How to sound smart about penis size pg. 3



PACIFIC LUTHERAN UNIVERSITY THE MOORING MAST

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Getting



GENNY BOOTS News Writer

Lutes are getting "trashed" this Saint Patrick's Day. Tuesday, March 17 is the annual Garbology event at Pacific Lutheran University's Red Square. During Garbology, students get the chance to see all the waste produced on campus in one day.

For the sixth annual RecycleMania challenge, the Sustainability Department is airing out the waste management garbage at PLU.

Garbology is just one event out of an eight-week RecycleMania challenge. Other events include an E-cyclemania drive to recycle electronics and a showing of the Disney movie "Wall-E."

However, the perennial favorite and finale of PLU's RecycleMania is the all-day trash-a-thon. Over the course of the day, students are invited to sort through all the university's trash collected from the day before. This includes all residence hall, classroom and dining hall waste.

"The Garbology event is

exciting because it is a visual representation, in a high profile area, of what is going on on campus with our waste," PLU waste division coordinator, Ryan Grant said.

The primary focus of Garbology is to show how much garbage can be prevented from going to the landfill.

"Of the majority of our waste on campus, 75 percent of the waste can be diverted immediately from going into the landfill and of that another 40 percent of it can be saved, recycled or reused" Grant said. "Of the waste that we are taking to a landfill on a daily basis, only 10 percent really needs to go into the garbage."

Initially started by the nonprofit organization Keep America Beautiful, RecycleMania is an international campaign and competition to raise awareness about recycling, conservation and waste management at universities.

The campaign began ten years ago between Miami University and Ohio University. Now, more than 350 sustainability programs on campuses across the U.S. and Canada are participating for the

eight week competition.

The PLU sustainability team collects and measures the amounts of co-mingled waste, glass and compost. This acts as a benchmark for the recycling program and provides a gauge on how well the campus is responding to conservation initiatives.

"Our only job is to report accordingly to how much [waste] we have by either visual estimation or physical weight" Grant said.

According to the RecycleMania website, PLU is ranked sixth out of 214 universities, with a recycling rate of 76.225 percent per capita.

Of all the waste collected, Lutes are recycling three quarters of what they could be. This is the highest rank PLU has ever achieved, last year placing 47th.

"I think it is really cool," junior Katie Coddington said. "I think it is a really great way for PLU Sustainability to get their name out there and a good publicity thing to make people aware of what they are throwing away."



PHOTOS BY GENNY BOOTS

Garbage is collected from around campus and brought to Facilities Management and the Sustainability headquarters to be sorted and disposed of properly.

Quotable



"Winning is great, but also it is important to have fun. At the Division III level, we are playing for the love of the game."- Leah Butters
"Senior Pitcher Leah Butters" pg. 12



"Your age does not determine your value in a group, you do."- Matthew Salzano, "First-years, don't let your years stop you" pg. 8



"The neighbourhood has become lit up by fireworks purchased from a nearby tribe to celebrate the achievements of dead white men."- Senior Angela Shier, "Editor's choice poem" pg. 5

Don't tap the glass, scientists at work

Greenhouse coming to campus

SAMANTHA LUND News Editor

A new building will be added to campus this summer, just in time to hold the flowers that bloom in spring.

A greenhouse is joining Rieke and Morken on the southwest side of campus. The project will be completed

over summer and presented to campus Aug. 5.

Plant biology will be the focus of the building, but other sciences can make good use of it, too.

The state-of-the-art greenhouse will offer students the opportunity to carry out experiments on genetics, cell processes, gene expression and evolutionary adaptations.

There are gene courses required for biology majors and now those students will be able to use the greenhouse for their experiments.

The building will also be a showcase for a botanical collection to showcase biodiversity.

The greenhouse will be 1,700 square feet and cost approximately \$880,000.

The firm AustinCina Architects helped design the building along with PLU.

The new building will use a closed-loop, geothermal energy system, meaning no greenhouse-gas-producing emissions will be used in the heating and cooling systems.

Professor and Dean of Students Matt Smith is heading the project with help from the Office of Advancement.

Rieke was built with a sunroof-style greenhouse inside, but that was not up to par, Smith said.

The project has been in the

works since December 2010 when a consultant came to campus to take a look at the existing structure.

The consultant decided that it was not worth the cost to update the "greenhouse" in Rieke and recommended PLU put its money into a new structure.

The biology department came up with the concept and vision for the structure and met with PLU supporter Carol Sheffels Quigg to get her involved in the project.

"How can you study biology without plants?" Smith said. "We need to be able to showcase how important they are to students."

The greenhouse will be built with donations from retired faculty members, the Murdock Charitable Trust, the Norcliffe Foundation and individual donors. The Murdock Trust in



A projection of what the greenhouse will look like, Aug. 5, when it is finished and presented to campus.

Continued on
PAGE 2

A Generation removed

Emotional for audience, speaker

NATALIE DEFORD
News Writer

"The story of this crisis is not just an American Indian story," the Chancellor's Professor of History at the University of Nebraska said to an audience of more than 100 people Feb. 25.

Margaret Jacobs spoke on the removal of Native American children from their families at this year's Walter C. Schnackenberg Memorial Lecture.

This was the 41st lecture honoring Schnackenberg, who was a professor of history at Pacific Lutheran University. He was also chairman of the department of history and served the Board of Regents.

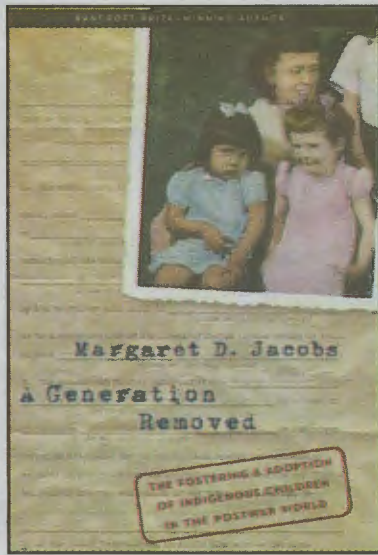
In 2010, she won the Bancroft Prize for her book "White Mother to a Dark Race: Settler Colonialism, Maternalism and the Removal of Indigenous Children in the American West and Australia, 1880-1940."

Jacobs talked about the many injustices Native Americans faced throughout history. Specifically, she spoke of the forced removal of children from their families.

During the 19th and 20th centuries, United States citizens thought that a potential answer to the supposed "Indian problem" would be the termination and relocation of the American Indians.

They also viewed American Indian children as innocent and malleable so these children were offered a "second chance." The idea was that Native American children could be "rescued" from their "Native-ness."

Thousands were taken and forced into boarding schools or



The cover of "A Generation Removed" by Margaret D. Jacobs, this book is the inspiration for her lecture and the compilation of her work.



PHOTO BY NATALIE DeFord
Margaret D. Jacobs lecturing to PLU students at the memorial lecture.

even adopted into white families.

Their real families had no choice in the matter. They were coerced or tricked.

These white families often thought they were helping because of how Native Americans were portrayed in U.S. culture. Indian life was said to be a dead-end and adoption was seen as a benevolent cause.

Thousands of Native American children were forced to grow up without their families, without their culture and without their native language. These injustices continue to have lasting effects today.

Jacobs said that the most touching moment for her was during the Question and Answer portion of her lecture. Several Native American women were present in the audience and shared their stories. They spoke of what happened to their parents and grandparents and how different their own lives are as a result.

"It was brave of them to share, and it was very moving to me and very powerful," Jacobs said.

Jacobs also said she enjoyed meeting PLU students and answering their questions both earlier that day and at the event.

If there was one thing students could learn from the lecture, Jacobs said she would want it to be the issue's universality.

"This is not just something that is the problem of American Indian people," Jacobs said. "It's a human rights abuse - sometimes people think they're helping but they don't consult, respect or ask and they instead end up damaging."

Continued from
PAGE 2...



PHOTO BY MATTHEW SALZANO

View of the construction site from second floor Rieke Science Center. As of March 6, the site is pretty bare. "What may look like dirt and mud now will soon be home to a new plant science research center for faculty and students," Quigg said.

Vancouver, Wash. and the Northcliffe Foundation in Seattle also donated to the project.

Quigg is the main individual donor responsible for the greenhouse.

"It's very exciting to know that work has started on the greenhouse site," Quigg said. "It will be a wonderful, and sorely needed, addition to campus."

Quigg's family has strong ties to PLU, even to this day. Plant life and PLU are both very important to Quigg.

"I come from a farm background, and am very mindful of the extreme importance of plants in our lives," Quigg said. "In short, they are essential to our lives."

The new greenhouse will be a very welcome asset to the PLU campus, Quigg said.

The biology department in particular will make good use of the greenhouse.

"One of the common sayings in the Division of Natural Sciences is that students learn by doing science," biology professor Neva Laurie-Berry said. "The new greenhouse will allow students to be engaged in a modern, professional setting."

All biology majors are required to take a course in plant biology at PLU. The greenhouse will more accurately reflect the current state of the field, Laurie-Berry said.

Laurie-Berry is a biology professor whose research focuses on bacterial pathogens that infect tomato plants. For her, the greenhouse means she can study the infection in a natural tomato host rather than being limited to smaller model plants.

Laurie-Berry said the greenhouse will make an immeasurable difference.

"The biggest problem I faced in my Plant Physiology lab this past fall was a lack of suitable growing space,"

Laurie-Berry said. "Most of our experiments failed because the plants could not thrive on lighted shelves in an equipment room."

The new growing space will provide the proper light, temperature and humidity levels for plant growth.

Current biology students see the addition as a much needed step for their department.

Senior Lucas Sontra took the mandatory botany class and said the addition will make learning much easier for future students.

"Currently, the class has to travel to University of Washington to do [research] and being able to get the same experience on campus without needing to plan a field trip would be very beneficial," Sontra said. "I think it will also attract students who want to focus on botanical studies to PLU."

Sontra is excited at the prospect of the new facility opening the doors to new research opportunities, he said.

For Mary Ellard-Ivey, a biology professor, the greenhouse will be an asset to both of her classes.

"The ability to grow large populations of model genetic plants will allow students to do crosses and demonstrate principles of genetics," Ellard-Ivey said. "I am particularly excited about the opportunity I will soon have to bring some of my work to PLU and involve students."

For now, the greenhouse is a plot of land sectioned off between Morken and Rieke.

Students should not experience any difference in their day-to-day lives because of the construction, other than the path leading to Olson being blocked off.

Next year, students will likely see new classes, new projects and new flowers blooming on campus and in the greenhouse.

Executive Election

Interest Meeting | Mar 6 6PM AUC 140
Primary Election | Mar 12-13
Final Debate | Mar 17 5PM AUC 133
General Election | Mar 19-20

#ASPLUelect15
#ExecElect

SAMANTHA LUND
News Editor

Associated Students of Pacific Lutheran University (ASPLU) is holding their annual Executive Elections to decide who will be the student body representatives for next year.

ASPLU is the student government on the PLU campus. They are the elected voice for the student population and they work to represent student views and concerns to faculty, staff and the community at large.

As leaders, ASPLU Senators strive to uphold the tradition of positive action by mentoring new student leadership and recognizing the need for change, according to their website.

The interest meeting for students will be tonight at 6 p.m.

The interest meeting is mainly for students wanting to run for office and become ASPLU president or vice president.

The primary elections will happen March 12-13 with the final elections March 19-20.

Students running for office should be interested in government, leadership and getting involved on campus.

At the interest meeting, current ASPLU representatives will discuss what it means to be the student body president and vice president. Representatives will also be discussing what the election process will be like as far as debates, campaigning and getting elected.

Students eligible to run must be full-time with a cumulative GPA of 2.5 or higher.

Regular ASPLU Senate meetings are held Tuesdays at 6:30 p.m. Students are encouraged to attend, participate and have their voices heard.

History repeats itself: Holocaust conference ends today

NATALIE DEFORD
News Writer

The Powell Heller Holocaust Conference for Education will wrap up today.

More than 150 people attended the Wednesday night screening of the film "50 Children: The Rescue Mission of Mr. and Mrs. Kraus."

Steve Pressman, director, writer and producer, took questions from the audience and connected the film to current events.

Mr. and Mrs. Kraus rescued 50 Jewish children from Vienna and the movie included their many struggles with United States immigration policies at the time.

As the film points out, people were allowed to leave Nazi Germany. In 1939, before all the killing began, anyone could leave the country. They were allowed out, but no other country would let them in. Therefore, if countries like the United States had made

it easier for refugees to enter, everyone could have potentially been saved.

Questions about modern immigration attitudes were raised and debated, and people were able to draw connections between the film's story and what is currently happening in Central America.

"Reading newspapers today about immigration I feel I could have been reading newspapers from 1939," Pressman said. "The old adage: History repeats itself over and over again. This is not a new story."

Pressman also shared his hope that the film's message will inspire people.

"The universal message of this story is that ordinary people were able to do something truly extraordinary that transcends time and space," Pressman said.

Today, in Olson Gymnasium, PLU is hosting more than 200 local high school students among the attendees for the conference.

Beginning at 9 a.m., events will include musical performances as well as further discussion of children affected by dehumanization and immigration.



PHOTO BY MATTHEW SALZANO

The site is currently under construction and will continue to be worked on through the summer. The unveiling and dedication ceremony will be held Aug. 5, 2015 for the campus to see.

How to Sound Smart: About Penis Size

SAMANTHA LUND
News Editor

On March 3, the Internet exploded with stories about a new study released about penis size. The researchers used other studies and their own information to find the average penis size for men. The international study looked at more than 15,000 penises to show men what a "normal range" was.

Penis size is an important issue to most men and women. According to a

study in *The New York Times*, men search the Internet for answers about their penis more than any other body part.

For every 100 searches about penises, the internet receives 67 searches about the heart, 57 about eyes, 40 about heads, five about the brain, three about the liver and two about the lungs.

Of the many penis searches, the most popular were "how to make my penis bigger" and "how big is my penis?"

Obviously, some things need to be cleared up.

1 The average erect penis

The average erect penis is 5.17 inches long and 4.59 inches in girth.

4 Big feet, or big anything else, don't matter. Seriously.

There is a definition for a **5** micro-penis.

A micro-penis is one that is smaller than 2.05 inches flaccid and 3.35 inches stretched or erect.

2 The average flaccid penis

The average penis, when flaccid, is 3.61 inches long and 3.67 inches in girth.

3 There might be a correlation in height.

The most consistent correlation the study found was between a man's height and his penis size. This means there COULD be an association between height and penis size.

6 Race is not a factor when it comes to the size of your penis. We know, it's crazy.

Bronze statue of the Greek God Zeus (c470 B.C.)

CSI: Campus Safety Investigations

Taken from weekly Campus Safety reports

Medical Aid in Olson Gym
Campus Safety (CSAF) responded to a call in Olson from a student who injured his ankle while playing soccer. An emergency call to the hospital was declined and CSAF escorted the student back to his room.

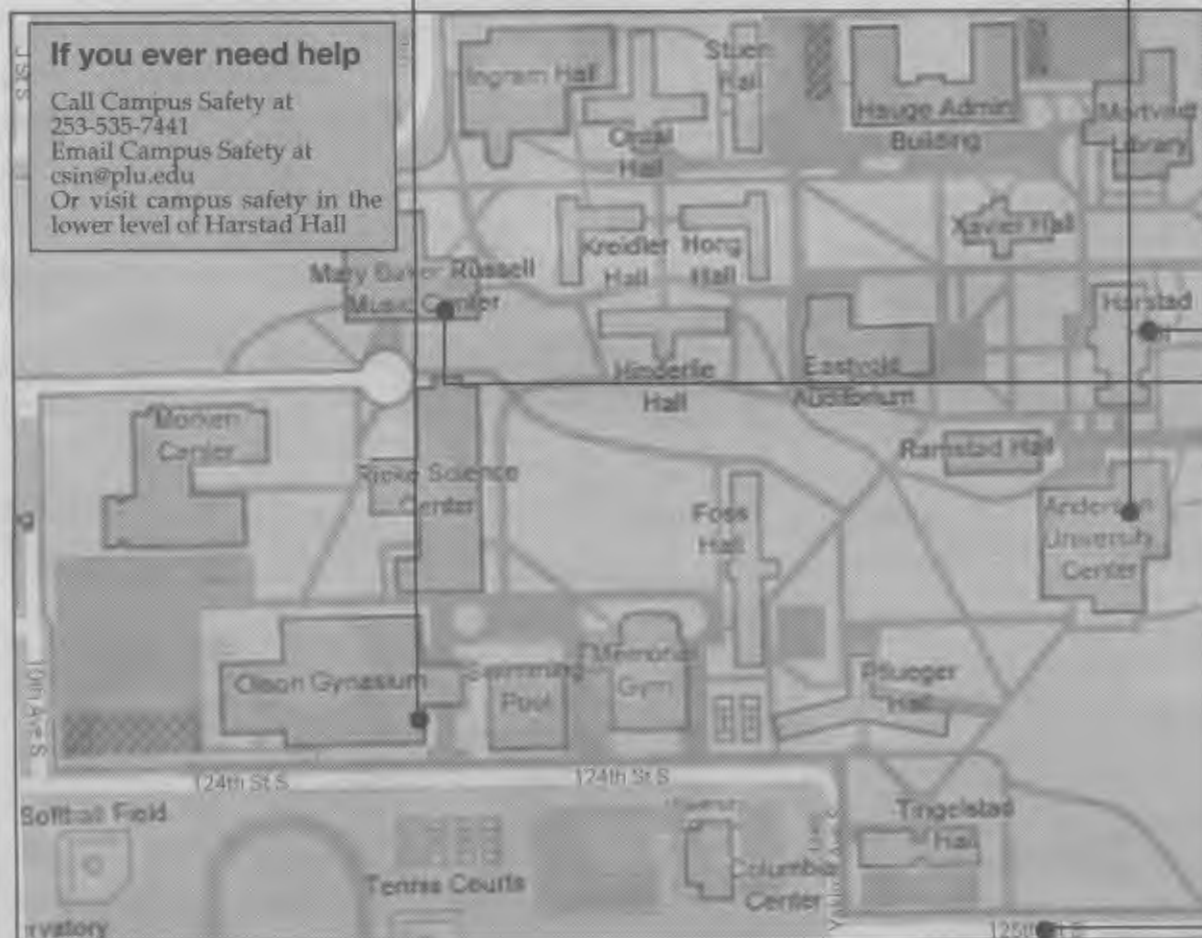
Theft in AUC
Campus Safety was contacted about the theft of PLU equipment from the Mast TV office. The theft appears to have occurred over a period of time rather than at once. CSAF was provided with a list of students who had access and is looking into it.

Harassment in Harstad
A student reported that an ex-boyfriend was harassing her and her father. The ex lives in Atlanta but the student is concerned he will return to Washington. CSAF gave the students information on resources that could help her cope.

Alcohol violation in Harstad
Campus Safety observed a student and three non-students entering Harstad with alcohol. CSAF contacted the student's room and recovered the alcohol. The non-students were asked to leave campus at the residents request and the incident was reported to Student Rights and Responsibilities.

Medical aid in Lagerquist
Campus Safety responded to a student who rolled her ankle on the stage in the Mary Baker Russel Music Center. The student refused any transportation or extra help. No further action was taken by CSAF.

Property damage at South Hall
The gate arm for the South Hall parking lot malfunctioned and struck a vehicle entering the lot. The incident was captured on surveillance cameras and saved. Engineers responded to the scene and removed the gate arm.



If you ever need help
Call Campus Safety at 253-535-7441
Email Campus Safety at csin@plu.edu
Or visit campus safety in the lower level of Harstad Hall

Writer Series 10th anniversary concludes

ERIN FLOM
Guest Writer

This year marks the 10th anniversary of the Visiting Writer Series at Pacific Lutheran University.

Over the past 10 years, PLU has welcomed more than 50 authors to read their work and share their insights on writing to students and the public.

The final author of this year's series, Adrienne Harun, came Feb. 26.

Harun teaches at The Rainier

Writing Workshop, PLU's Master of Fine Arts program for creative writing.

Harun read from her most recent work, a novel entitled "A Man Came Out of a Door in the Mountain." It tells the story of five friends living near a highway where many women and girls have gone missing and the strangers that come to their small town.

Harun said she was inspired by the real events of the Highway of Tears, along Highway 16 in British Columbia, Canada, where aboriginal women and girls have

"[Harun] gave me some insight to the process of writing and creating characters."

Rebecca Bowen
Junior

gone missing and some found murdered.

"It was cool to hear the background to the story," junior Rebecca Bowen said. "It gave me some insight to the process of writing and creating characters."

Bowen also commented on the structure of Harun's story and how it switched from the narrative of the five friends to brief vignettes, and said it was important for students to know "it's okay to let yourself play with formatting."

Sophomore Lois Yi liked

hearing from someone who "has a foothold in the industry" and "is relevant and accessible."

Junior Fae Pickering aspires to become an author, and listening to Harun reminded her to "write what's in your head" and not care what others think.

The event was held in the Anderson University Center's Regency Room. Though the room was large in size, the small attendance made for an intimate setting.

The Visiting Writers Series will continue next year, bringing more authors to campus.

TV REVIEW: great, but missing a few 'Cards'

"House of Cards" season three

SAMANTHA LUND
News Editor

Netflix launched season three of "House of Cards" in its entirety last Friday and it housed a shift from the scheming world of politics to a character-driven drama.

"House of Cards" and other Netflix originals never cease to shock and disturb audiences. In a good way.

This season opened with the ever-ballsy Francis "Frank" Underwood (Kevin Spacey) talking directly into the camera as President of the United States.

After two years of scheming, conniving and lying, Underwood is the leader of the free world. With Underwood in office, the season focuses on two main issues: his plan to create American jobs and his hopes to get re-elected.

Articles have been going up on the internet criticizing the show about its unrealistic approach to a jobs package or Underwood's bad southern accent. Let's be real for a second: this show is great and if that is all you can find to pick at, you can sit and watch C-SPAN if you need realistic political television.

Underwood is a characterization of every American's power-hungry-get-what-you-

want alter-ego. This season showed less of evil Underwood and more of his "soft side," if you can even call it that. Throughout the season, Underwood tackles issues with his family, his marriage and his love and concern for (very few) people. More than anything, we saw the struggle in the Underwood marriage between Francis and Claire (Robin Wright). As much as we all want love stories and heart-breaking stories, "House of Cards" isn't the place for this.

I watched the entire show in a three-day binge fest and I was thrilled from the first episode. Underwood was in full force bringing in new bills and peeing on graves with his power-wife by his side. The "Classic Underwood" style slowly gets lost throughout the season to what becomes a normal TV drama.

The season gets slow in the middle but the finale is a classic Underwood thriller. Everything fell so perfectly around him that the viewer is left wanting more. So much more.

I'm still left wanting Netflix to bring back classic Underwood. I want him pushing girls in front of trains, back-stabbing and manipulating.

"House of Cards" still stands above most. It kicks the average drama into the dirt and spits in its face.



PHOTO COURTESY OF SCHOOL OF ARTS AND COMMUNICATION

Bringing the 80s back to PLU

BROOKE THAMES
A&E Writer

This week, the Pacific Lutheran University theatre department debuts its production of "Steel Magnolias," an inspirational story about life's value and the resilience of companionship.

Set in the mid 1980s, "Steel Magnolias" chronicles the tribulations and triumphs of five women over the course of three eventful years. The play highlights values such as friendship, humor and hope in spite of tragedy.

"Steel Magnolias" was written by Robert Harling in 1986 as a way for him to come to terms with the death of his beloved sister. The play was popularized by the 1989 film of the same name, featuring acclaimed actresses Julia Roberts, Dolly Parton and Sally Field.

"[Harling] found that, as a playwright, he



could illustrate how the women [in his sister's life] used humor in the face of sorrow," director and assistant director of theater Lori Lee Wallace said.

"Steel Magnolia's" is being produced by the drama department in an attempt to bring the play's sentiments of compassion and support to the PLU community. The play also presents the unique opportunity of featuring a predominantly female cast, as all of the main characters are women.

"We thought the community would like to see the talented women in our department shine in an all-female cast," Wallace said.

Wallace also believes that the audience will form strong connections to the characters that these female actors will portray.

"The characters are not just women that Harling knew [...] they are our own friends, sisters, mothers and daughters," Wallace said.

Steel Magnolias
Karen Hille Phillips
Studio Theatre
(Black Box)
7:30 p.m. March 6,
7, 13 and 14
2 p.m. March 15



PHOTO COURTESY OF NETFLIX

U.S. President Francis Underwood (Kevin Spacey) meets Russian President Petrov (Lars Mikkelsen) in Netflix series "House of Cards."

A&E

PLUtonic/HERmonic with Clay Crows
7 p.m. March 7 in Lagerquist

"Steel Magnolias"
7:30 p.m. March 6, 7, 13 and 14
2 p.m. March 15
in Black Box

Saxifrage Submissions Due
March 9 to <http://plu.edu/studentmedia/saxifrage>

Choral Union Concert
8 p.m. March 14 in Lagerquist

ONLINE

TERRAN'S take
Terran explains what Bieber is up to in 2015, including his Men's Health cover.

TUESDAY tunes
Brooke Thames talks about the upcoming Mumford and Sons album.

Full stories online: <http://mastmedia.plu.edu/>

NEWS@NINE
Every Thursday night at 9 p.m.

ON THE aGENda
with Genny Boots

MAST TV
This week, Boots brought on the administrator of the Facebook page "PLU Confessions," senior David Nguyen.

Watch Thursday's show online:
<http://mastmedia.plu.edu/>

FASHION

How to transform winter looks into spring styles

Fashionable Lutes have been building up a rockin' winter wardrobe. Their cold-weather looks are tried and true, but what are Lutes to do when a beautiful spring day comes around?

Staff writer Brooke Wolfe looked through the closets of three Pacific Lutheran University students and picked basic pieces that allow anyone to flawlessly transition from cool winter looks to hot spring fashions.

Styles by BROOKE WOLFE, Photography by MATTHEW SALZANO



ABOVE: First-year Jesse Kenduck models a chunky cardigan thrown over a t-shirt worn with a thick legging. For the sunshine months, cut the leggings and replace them with shorts. Layering tights under the denim incorporates a fun mix of different patterns.



LEFT: Junior Zachery Kuntz shows khakis combined with a denim button-up can be layered with a sweater to adjust to changing winter temperatures. But once the sun rises, so should the hem lines. Switching out the floor length pant for mid-knee shorts allows for a similar outfit to move to spring. Ditch the sweater for a pair of long socks to optimize the season's look.

RIGHT: First-year Genny Boots rocks dark washed jeans, knee-high riding boots, a soft graphic tee and a cozy flannel, creating the perfect winter outfit. A mix of color and warmth creates an effortlessly comfortable look. For transitioning into spring, the outfit can quickly be changed by wearing the graphic tee and flannel with a simple body-con skirt and tights. Keep the boots for extra warmth during chilly spring mornings.



Writing Contest brings creative minds together

BROOKE THAMES
A&E Writer

A collection of literary-minded Lutes gathered to share their creativity as contestants in a writing contest.

Sponsored by Saxifrage, the Writing Competition held on Feb. 26 in the CAVE provided an opportunity for writers to perform, have fun and receive recognition for their talent in the process.

Saxifrage is a student-run literary arts journal. For 40 years, the Saxifrage team has been responsible for publishing the creative works of students, faculty, staff and alumni.

At the conclusion of every year, Saxifrage produces a book comprised of poetry, prose, visual art, etc. created by members of the Pacific Lutheran University community. Saxifrage also sponsors several events throughout the year aimed at writers and other artists.

"We run events to foster

community and bring together the many creative individuals at PLU," Co-editor Jakob Maier said.

The campus-wide Writing Competition was held by Saxifrage in cooperation with the English Honor Society. The competition was organized as an opportunity for students to perform their works of art in front of an audience and perhaps gain an award for their talent.

Contestants in the competition had the chance to perform in three categories: short poetry, short prose and Worst Poem Ever. Two awards were given in each category, a People's Choice Award based off of audience voting and an Editor's Pick Award.

Prizes for winning in a category included \$20 gift cards to Northern Pacific Coffee Company and 208 Garfield.

Eighteen individuals took part in the contest, and 10 of them entering the category Worst Poem Ever — a fun category that challenged

contestants to craft their most inferior attempt at poetry.

Events such as the Saxifrage Writing Competition are sponsored with the goal of bringing creative minds together.

"We put on the writing contest because we thought it would be a fun and entertaining chance for students to share their work," Maier said. "Saxifrage...is the only real venue that members of the PLU community have to share [it]."

The Writing Competition is an example of one of the many ways that Saxifrage strives to create a platform for PLU's creative geniuses.

"We got the chance to hear very creative work...[at the Writing Contest]," Maier said. "Some of it humorous, some of it heart-wrenching, but all of it absolutely wonderful."

Submissions to Saxifrage can be submitted at <http://www.plu.edu/studentmedia/saxifrage> by March 9.

Editor's Choice

I attempt to climb into my laptop but spill a glass of water onto the keyboard in the process.

The neighbourhood has become lit up by fireworks purchased from a nearby tribe to celebrate the achievements of dead white men.

I cry a little and open a 12 pack of hotdog franks purchased for \$1 from the local supermarket.



The Author

Angela Shier is a senior and an anthropology major. Angela likes eating burgers, reading tarot cards and petting cats. View more of her work: <http://angeshier.tumblr.com>



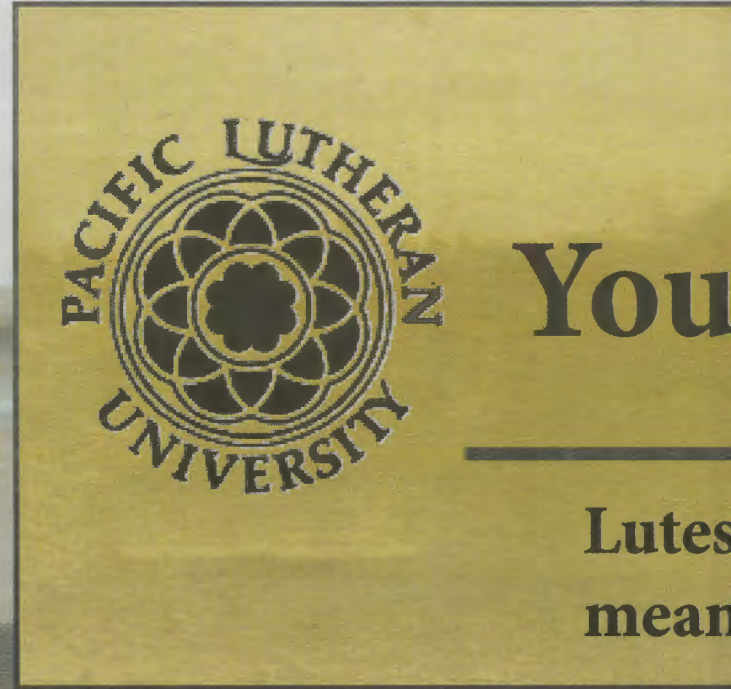
FAR LEFT: Senior Nate Schoen read from Kant's "Critique of Pure Judgement." **LEFT:** Sophomore Clay Snell, the event's MC, and the winners of the People's Choice Awards: first-year Athena Gordon, poetry; senior Samuel Ryan, worst poem ever; and Cameron Kobes, short prose. **RIGHT:** Judges and the winners of the Editors' Pick Award: senior Jakob Maier, judge; senior Angela Shier, poetry; senior Meg Dolde, judge; senior Jen Arbaugh, judge; first-year Calley Odum, short prose; and senior Nate Schoen, judge.



PHOTOS COURTESY OF JAKOB MAIER



Kuan-Ting Loiao, Senior
"I think it looks professional and you know who is in charge of what. You can tell the regular student employees and the managers. You can recognize everyone."
Has no gold name tags



Alexis Engman, Junior
"They represent just what PLU is. I work on campus but I don't have a name tag."
Has no gold name tags

Like a badge of honor, student name tags as something special. So student leaders and employees, receive golden name tags. Student leaders and student employees at Pacific Lutheran University get golden name tags. Organizational heads, such as ASPLU members and student employees, like those who work on campus. Students range from really caring about them. But one thing is true, they are all around campus and the student body.



Adrian Mayoral, Senior
"It means I'm part of the 'gold name tag' club where you have a gold name tag but it really doesn't mean anything."
Has two gold name tags, one for being on RHC and one from ASPLU



er Name Here

and their gold tags, they
something to everyone.

ents on campus see golden name
me students, especially student
he gold tags.

ts that represent Pacific Lutheran
ags, and this can range from
PLU representatives, to on-campus
n the Commons.

anting a gold name tag to not really
is for sure, every student notices
dents wearing them.

Kelsey Monahan, Sophomore
"I guess when I'm wearing my gold name tag I'm representing PLU and other students know what it is and what it means. It's a representation of what I do for the school."
Has two gold name tags, one from ASPLU and one from RHC.



Jennifer Lewis, Sophomore
"It's for a volunteer position so I feel pretty official when I wear it, but that is the extent of it. I'm not like 'oh my gosh I need to collect all the name tags.'"
Has one gold name tag, School of Business ambassador



Prila Vigil, Sophomore
"I'm going to get one. I wanted one because everyone had one and I was just like, well, I'm not going to be left out. I'm going to get one."
Will have one gold name tag from RHC.

Grace Hochstatter, Sophomore
"For me, it's just kind of like weird because I'm one of the only ones wearing it because it creates a barrier between me and other students."
Has one gold name tag from RHC



Wanderlust:

Be aware of environmental impact abroad and at home

ASHLEY GILL
Opinion Editor



When I arrived in Bali, Indonesia, last J-term for an art class, the hot and humid weather was just as I had anticipated and the beautiful colors of flowers and plants were just as vibrant as I had imagined. What I was not expecting were the massive amounts of trash throughout the streets and in the ocean.

The Balinese are not particularly wasteful people, in fact, they try to waste as little as possible. It is not that they littered the streets, rivers and clear blue oceans out of laziness, but they literally have nowhere else to put it.

It is not without pain either.

I remember hearing a story about a taxi driver and tourist passing a river filled with plastic bottles and waste, and the taxi driver mentioned sadly to his passenger that he used to swim in the river when he was young.

Bali, along with other countries worldwide, has always produced natural materials they were able to just toss away or bury to decompose.

With introductions to plastic and other non-compostable materials, along with a tourism boom and only so much land to support it all, the trash has taken its

toll.

To be honest, I am not always the most environmentally friendly person, but I could not help but think of how much tourists, like myself and my classmates, contribute to this issue.

In the markets and various shops catering to tourists, plastic bags are given with every purchase. Our class was told about two young girls from a sustainable "green" school in Bali, who took on the project to ban plastic bags in Bali.

This was inspiring and prompted me to reflect on my own habits with plastic bags at home, especially when it comes to shopping and using the provided plastic bags instead of reusable cloth ones.

One aspect of this issue that cannot be helped is the fact that the water that flows through the faucets in Bali is not safe to drink. Locals and tourists must purchase bottled water, boil water, purchase large refillable water containers for in-home water dispensers or refill personal water bottles.

It is easy to imagine just how many plastic water bottles are thrown away every day in Bali. Refilling our own water bottles was something that was very quickly ingrained into us as one small thing we could do to reduce our impact to the beautiful island's environment.

I appreciated my clean drinking water, recycling abilities and clean environment at home greatly during this trip and realized how much I have taken those things for granted.

I also realized that while we do have things like more effective recycling and drinking water at home, we



PHOTO BY ASHLEY GILL

Small plastic disposable cups filled with clean water are mass produced and sold throughout Bali, Indonesia. The cups have a "juice box" concept that is a convenient way to get clean drinking water without buying water bottles, but it produces just as much if not more waste, especially since the cups are not reusable like water bottles are.

are more wasteful because we have the land to hide it.

In Bali, the people are spiritual, in the moment and not as materialistic as in American society.

They use and take what they must and try not to waste when they can avoid it. They have to be more careful because the waste is visible to them, but in the United States, garbage is "out of sight, out of mind."

What I have learned while abroad in January has given me a view of sustainability that has stuck with me more than anything else has

before.

I not only have a deeper appreciation for things such as clean water, but I have taken a little bit of that Bali mindfulness home with me.

Doing simple things such as opting for a cloth bag rather than a plastic one while grocery shopping or being more aware of the waste we personally produce every day can make a huge difference for our landfills and our global environment.

First-years: don't let your year stop you

MATTHEW SALZANO
A&E Editor



Dear fellow first-years: don't be afraid to take advantage of every resource and opportunity available to you.

If the rest of you are like me, the first few weeks of school were invigorating — I felt like I could do anything. I put my email next to every club, applied for any job regardless of how much it experience it

called for and put myself out there.

If you continued to be like me, this energy and confidence slowly wore down. Eventually, the excitement of all the newness wore off, and reality got to you:

"I'm just a first-year, I can't lead upperclassmen."

"I'm just a first-year, I should stick to 100-levels."

"I'm just a first-year, I'm not ready to start a club."

I want to tell you all something: that's bull.

Your year in college does not determine your strength as an individual, you do.

Your age does not determine your value in a group, you do.

Back in September, I took a lot on: being an editor for *The Mooring Mast*, a Resident Hall Council president and working

for the Pacific Lutheran University Community Garden.

You can find places for you to fit, too; don't be afraid of the abounding opportunities.

Take advantage of the plentiful resources. Attend some Emerging Leader events, go to the numerous Career Connections workshops and drop-in hours, chat with your professors.

Go to The Career Connections office and don't be afraid to apply for jobs that say "management."

Go to involvement fairs and don't be afraid to tell clubs you will step up and take an active role.

Come and write for *The Mooring Mast*, make your own LASR show or create a TV episode for Mast TV. Attend RHC meetings and

help plan an event.

As the year went on, I've left some of those positions. It's hard to take my own advice sometimes, and take advantage of all that is in front of me.

It's hard to always feel like I can do it all. It's easy to lose some confidence. In fact, looking to a future of many more classes, late nights and hard work, sometimes I just lose all of my confidence.

So let's have this letter be an encouragement for both me and you, first-year reader.

We are first-years, and we have unique perspectives to bring.

We are first-years, and we can re-energize lifeless clubs and programs.

We are first-years, and we will be PLU leaders.



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Vaccinate to protect yourself and others

TAHLIA TERHUNE
Guest Writer

With the recent outbreak of diseases ranging from measles to whooping cough, vaccinations have become a key topic in today's news.

Across the country, doctors, celebrities and parents are taking a stance on how they feel about vaccinations.

According to NBC, a recent survey from the Pew Research Center found that 68 percent of Americans believe that children should be required to be vaccinated, while roughly 30 percent say that parents should be able to decide not to vaccinate their kids.

This debate seems to have no end in sight as pro-vaccination advocates and anti-vaccination supporters continue to argue. Lately, through national news and social media, critique on the belief of those opposing vaccinations has been more than harsh.

Name calling such as "dumb" and "stupid" have been dealt out to those who are exercising their free will. Experts spoke on behalf of the matter is NBC and pointed out that mocking a person's individual belief will not persuade them to alter their ideas. It is, in fact, counter productive to

the pro-vaccination movement.

"When you attack somebody's values, they get defensive," said Harvard Instructor David Ropeik, former Director of Communications for the Center for Risk Analysis. "It triggers an instinctive defensiveness that certainly doesn't change the mind of the vaccine-hesitant person."

While there is undeniable quantitative evidence that vaccinations have health benefits, <http://vaccines.org/> points out some benefits of vaccinations that contributes to your quality of life and overall health. Immunizations can save a person's life, vaccination is very safe and effective,

immunization protects others you care about, immunizations can save your family time and money, and immunizations protect future generations.

There are multiple reasons why people should be vaccinated; however, I do understand that they are skeptic, and I understand why a parent would believe they have the right to decide if their child receives vaccinations or

not.

Ultimately, when you are electing to not vaccinate your child, it is not just a choice for your child.

"By choosing not to vaccinate a child, then in turn the choice is made to expose other kids to disease your child might be carrying," said junior nursing student Elena Oelfke. "Vaccinations protect many lives from diseases that have been around for hundreds of years."

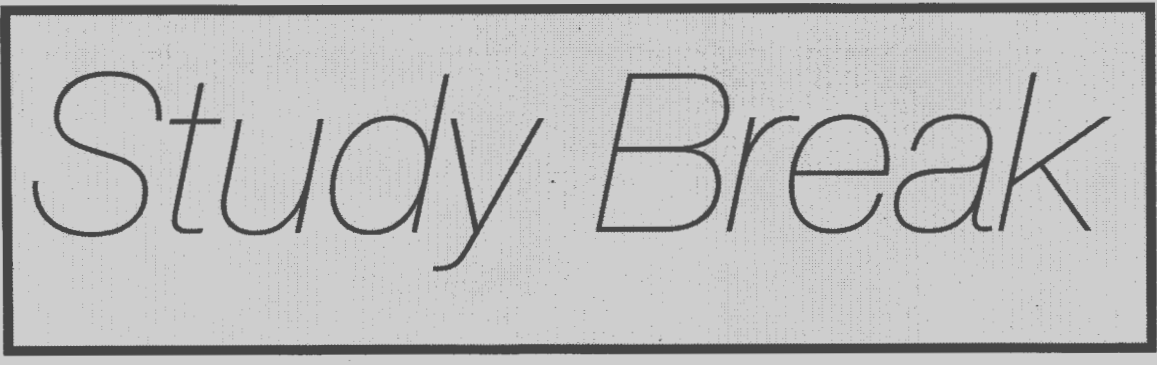
Not vaccinating your child increases the potential for spreading diseases because the appropriate preventive measures are not taken.

"As a nursing student, I've come to realize that patient education is key," Oelfke said. "I think every

parent should be educated about what vaccinations are, what they do and why they are important before they begin to decide if they do or don't want to vaccinate their children."

One day, many of us will become parents. We will have to make an educated decision on whether to vaccinate our children or not. Whatever you may choose, think about the effects it may have.

"Ultimately, when you are electing to not vaccinate your child, it is not just a choice for your child."



Please recycle your copy of **The Mooring Mast**

SUDOKU High Fives

2				3	4				7				2	
			6	3			8	1	4	5	3		9	1
8												1		9
5	7	1		2						2	7	4		6
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© JFSKF

HOW TO PLAY: Sudoku High Fives consists of five regular Sudoku grids sharing one set of 3-by-3 boxes. Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition. The numbers in any shared set of 3-by-3 boxes apply to each of the individual Sudokus.

Little Carly Goes to College by Carly Stauffer

IF COURSE DESCRIPTIONS WERE ACCURATE...

TITLE	COURSE DESCRIPTION
PHIL 300	Just say a lot of things that make no sense in a thoughtful way and you'll be fine. Professor is never wrong.
PSYC 1230	Seriously, don't study for this class. Free candy during tests!
BIO 955	Youuu might wanna go get yourself some therapy.
STAT 700	Got the therap yet?

3/1/2015

Life Hacks

Thinking... sex can relieve the feeling to urinate in emergencies.

Photo Courtesy of Creative Commons

SPORTS SCOREBOARD

Baseball

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Willamette	12	1	5-1	Lost 1
Pacific Lutheran	10	4	4-2	Won 1
Whitworth	8	5	2-1	Won 1
George Fox	6	7	4-2	Won 1
Puget Sound	6	7	4-2	Won 2
Linfield	9	5	2-4	Lost 2
Lewis & Clark	2	10	1-2	Won 1
Pacific	2	7	1-5	Lost 1
Whitman	2	8	1-5	Won 1

Softball

TEAM	WINS	LOSSES	CONFERENCE	STREAK
George Fox	8	2	4-0	Won 4
Linfield	9	1	3-1	Lost 1
Whitworth	10	4	3-1	Won 1
Pacific	9	5	2-2	Lost 2
Pacific Lutheran	3	5	2-2	Won 2
Lewis & Clark	3	5	1-3	Won 1
Willamette	1	9	1-3	Lost 1
Puget Sound	0	10	0-4	Lost 10

Men's Tennis

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Whitman	6	1	2-0	Won 5
Lewis & Clark	4	1	4-0	Won 4
George Fox	5	1	3-1	Won 4
Pacific	4	1	3-1	Won 2
Linfield	1	4	1-2	Lost 1
Pacific Lutheran	1	4	1-3	Lost 3
Puget Sound	0	4	0-4	Lost 4
Whitworth	0	4	0-2	Lost 4
Willamette	0	2	0-1	Lost 2

Women's Tennis

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Linfield	6	2	2-0	Won 4
Whitman	6	2	4-0	Won 5
Lewis & Clark	5	2	3-0	Won 5
Whitworth	3	3	3-2	Lost 1
George Fox	5	3	2-2	Won 2
Pacific	3	2	2-2	Won 2
Pacific Lutheran	0	4	0-4	Lost 4
Puget Sound	0	4	0-4	Lost 4
Willamette	0	5	0-2	Lost 3

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LUTES' UPCOMING GAMES

Baseball

Doubleheader: Tomorrow 11 a.m. & 2 p.m. @ Willamette



VS.



Softball

Doubleheader: Tomorrow 11 a.m. & 2:30 p.m. @ Whitworth



@



Men's Golf

Tomorrow @ UPS Invitational
Gold Mountain Golf Club

Women's Golf

Tomorrow @ UPS Invitational
Gold Mountain Golf Club



@



@



Men's Tennis

Tomorrow 1 p.m. @ Willamette

Women's Tennis

Tomorrow 1 p.m. vs. Willamette
@ Sprinker Tennis Center



@



VS.



Hilliker's Highlights: The MVP race...who will it be?

Austin Hilliker Sports Editor

This year's basketball season has been a wild one.

Lebron James came home to Cleveland, James Harden has yet to shave his beard and Steph Curry still shoots the three ball from anywhere he feels necessary.

Although these three players have their own unique traits, in addition to being on some of the best teams in the National Basketball Association, they still have one thing in common: The ability to be the most valuable player in the league.

With basketball season coming into its last 20 games for most teams, the race is officially on for the NBA's best player.

Option #1: The King

Lebron James has been a dominant performer, game after game. He can shoot from almost anywhere on the court and



PHOTO COURTESY OF ESPN.COM

never backs down from a challenge.

Standing at 6-feet-8 inches, 250 pounds, James is a force to be reckoned with.

James currently averages 26.2 points, 7.2 assists and 5.8 rebounds per game, numbers only fit for a king.

He has brought national attention back to his home town of Cleveland, and even has his team sitting with a 37-24 overall record.

In terms of playoff implications, the Cleveland Cavaliers sit in the middle of the pack at the number four seed. They hope to climb the ladder as they fight to be the best team in the Eastern Conference.

Even with eleven new teammates and an entirely new coaching staff, Lebron makes quite the case for the MVP.

Option #2: The Bearded Wonder

Critics have spoken and they are saying that we could be in the presence of a new king. In my opinion, this is highly unlikely. A more realistic prediction is James Harden in the MVP race and not sitting up on a throne.

Throughout the 2014-15 regular season, Harden has managed to grab 27.1 points-per-game, alongside 6.9 assists and 5.8 rebounds.

The Houston Rockets are on the rise, as Harden has them at 41-18, which in the Western Conference puts them as the third ranked team behind Memphis and Golden State.

In addition, Harden hasn't missed a

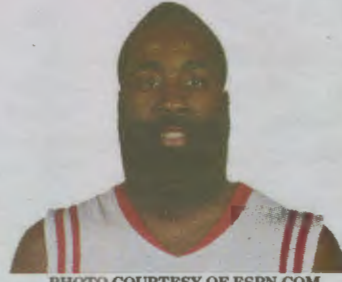


PHOTO COURTESY OF ESPN.COM

game this year, which means he has played in a total of 58 games, something that most athletes aren't capable of doing.

Not to mention that standout center Dwight Howard has missed 27 games, and Harden still has kept the Rockets afloat. MVP caliber? I think so.

Option #3: The Kid

Does this guy ever miss a shot? Watching point guard Steph Curry play basketball is one of the most entertaining and exciting things that someone can do.

Curry came to the Golden State in 2009, where he made an immediate impact, putting the Warriors back on the map and stealing the limelight in the state of California.

The kid has managed to put up some impressive statistics as well. Curry has averaged 23.9 points-per-game, in addition to 2.1 steals and 7.8 assists.

In other words, this youngster has brought his team to a 46-11 overall record and even currently a number one seed in

the Western Conference.

Former Brooklyn Nets head coach, and now NBA analyst, P.J. Carlesimo said that the award should go to the best player on the best team and Curry makes a very strong case for this.

He has done this even with a great supporting cast around him. It's not everyday that you see a single player make such an impactful case with equal levels of talent all around him.

Who should win then?



PHOTO COURTESY OF ESPN.COM

In my mind, Steph Curry makes the best case for the MVP race, but the season isn't quite over just yet.

We'll just have to wait and see who comes out on top, until the final decision can be made.

Until then, let the stats speak for themselves and root for whoever you feel necessary.

What happened last week...



PHOTO COURTESY OF CREATIVE COMMONS

Baseball

- Bishop tosses one-hitter in walk-off opening win as Lutes and Boxers split 2-1 and 13-6.
- Rossman and the Lute offense combine to overpower Pacific in series clincher 14-0.

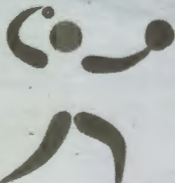


PHOTO COURTESY OF CREATIVE COMMONS

Softball

- PLU Softball swept by George Fox in Northwest Conference opener 3-1 and 15-5.
- Lutes Softball completes the sweep of Pacific in Sunday's twinbill 7-6 and 4-3.



PHOTO COURTESY OF CREATIVE COMMONS

Men's Tennis

- Lutes fall 9-0 to George Fox in NWC home opener.
- PLU Men's Tennis ends weekend with 9-0 defeat against Pacific.



PHOTO COURTESY OF CREATIVE COMMONS

Women's Tennis

- George Fox hands PLU 8-1 women's tennis defeat.
- Lutes fall to Pacific 6-3.



PHOTO COURTESY OF GOLUTES.COM



PHOTO COURTESY OF GOLUTES.COM

For event recaps of each game go to **golutes.com**

The official website for PLU Athletics

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PHOTO COURTESY OF GOLUTES.COM

**SOFTBALL
FOCUS**

Steven McGrain
Sports Writer

When the Lutes' ace scans her defense and climbs back to the top of the mound, she has the mentality of "I'm the Best." The personal motto scrolls through her thoughts like a digital billboard. This simple repetition is how she became the pitcher she is today.

Before Leah Butters came to

Pacific Lutheran University, she mowed down batting rotations at Cleveland High School in Portland, Ore.

During her first year at PLU, Butters had to learn a new style of pitching. The development of her style started in middle school and eventually changed as she entered into her college career.

She went on to become the 5A Portland Interscholastic League (PIL) pitcher of the year three times in a row, but her team never advanced past the second round of the playoffs for numerous reasons.

The Portland product chose to become a Lute because of "the academics, the people, and it is the perfect distance from home," Butters said.

"PLU was close enough that my parents can still watch me continue my career," Butters said.

In her first season at PLU, Butters was an addition to a 2012 team that already had seasoned veterans. The pitching staff included All-American Stacy Hagenson, the perfect mentor for an aspiring pitcher.

Butters contributed in the regular season, but as playoffs approached, she was a supporter from the dugout.

Unlike some teams, the Lutes knew the role everyone had; each player knew how important it was to do her job to the best of her ability. This attitude is what

won Pacific Lutheran softball a National Championship in 2012.

"It was overwhelming and amazing to be part of that team," Butters said with a grin on her face.

Although that historic run was three years ago, Butters still remembers the lessons passed down to her from the seniors in 2012.

"Every pitch matters, every batter is legitimate, just take it one pitch at a time and remain mentally tough, no matter the circumstances," Butters said.

As a senior, Butters now has the power to influence the rest of the players. Her message is simple, but reflective of a senior who has matured over the previous three seasons.

"Enjoy each season, and more specifically each game. I



PHOTO COURTESY OF GOLUTES.COM

wish I would have treasured everything," Butters said. "Winning is great, but also it is important to have fun. At the Division III level, we are playing for the love of the game."

First-Year Outfielder/Catcher Sydney Smythe



PHOTO COURTESY OF GOLUTES.COM

David Mair
Staff Writer

It was the third game of the 2015 season for the Pacific Lutheran University's Softball Team, but for one first-year, it was her first time

playing on a collegiate diamond.

Facing off in one weekend, first against St. Martin's and then Northwest, first-year Sydney Smythe finished the game going 5-7, scoring a solo home run and four RBI's.

All these remarkable feats in one weekend earned her the athlete of the week honor for the Northwest Conference as the Out/Center Fielder for PLU's softball team.

"It was one of the greatest feelings being able to get awarded athlete of the week," Smythe said. "It was much of a surprise knowing that I'm a freshman and they were my first ever collegiate games."

Head coach Lance Glasoe agreed, saying Smythe has taken advantage of all of her

opportunities.

"Opening weekend was payback for all the hard work she has put in during the fall and winter training," Glasoe said.

Throughout her high school athletic career at Elma High School, Smythe was a highly decorated player, on more than just the diamond.

On the basketball court, she was named defensive player of the year all four years of high school, and saw the team to three league championships.

On the soccer field, she served as captain for a year, and brought the team to first All-League team status for two years.

But on the diamond is where Smythe has shined the brightest and the longest, as she has been playing softball for 15 years.

Over that time she says it was "winning the state championship [her] senior year of high school" and "earning first team all state" were her greatest memories.

Smythe said that she is drawn to the game because of "the competitive nature" along with "the heart [she has] for the game."

While her love for the game far exceeds the size of the ball she catches in the outfield, playing for PLU was not her intent when she came here.

During tryouts, Smythe actually just walked on.

"Sydney came to us as a walk on in the fall," Glasoe said. "[Assistant] Coach Califano immediately identified her as a strong athlete who could help our program."

Currently, the Lutes are 3-5

with the season just starting. Smythe said her goal is to "help the team get to the conference tournament."

Even in her first year, Smythe has already established huge goals for herself as she looks forward to the next four years.

One goal she hopes to accomplish is getting the team to the national championships.

2012 was the last time the Lutes won the National College Athletic Association Championships.

Earning another title like that is a massive goal, but it is possible, especially with a player such as Smythe.

"I give everything I can to make the team the best we can be and that's all we can ask from every one of our players," Smythe said.

Senior Infielder Tori Hamura

Stephanie Compton
Guest Writer

What would make someone leave the beautiful sandy beaches of Hawaii to come to rainy and cold Washington? The love of the game. And for senior Tori Hamura, that game is softball.

You wouldn't know it now, but Hamura didn't always have an intense passion for softball, especially when she began playing at the age of seven.

"It was kind of hard at the beginning, I didn't really like it, but as I got older, I started to like

it more and more," Hamura said.

One thing that she has always loved about softball is the social aspect of the game. Her favorite part of softball is "playing with the girls on the team and building friendships with them."

As a first-year, Hamura was a part of the 2012 National Championship team that set a record for wins in a season with 45.

She is now the team captain of the 2015 Lutes, but her transition from a first-year champion to a senior leader hasn't always been smooth.

The Lutes softball team has

had three new coaches in the last three years with the new arrival of coach Lance Glasoe this year.

"[The transition] was really tough for me... it taught me that I have to be flexible and accept whatever comes at me," Hamura said.

The transitions may have been rough on Hamura, but they have not been rough on her playing. From starting in only 2 out of 16 games her first-year season with a batting average of .200, Hamura then started 35 out of 38 games her junior season and hit an overall of .320 in 100 at bats.

Her senior seasons looks just

as promising but with a minor injury in the first double-header of the season, Hamura may have to lead the team from the dugout for a short time.

Hamura's hand in Lute softball may not end after this season, as she may come back next year as an assistant coach.

If she doesn't coach next year, she plans to stay in Washington and find a job related to her major of exercise science.

No matter what happens in Tori Hamura's final season as a Lute, she will leave her mark on her younger teammates, and she will leave as a National Champion.



PHOTO COURTESY OF GOLUTES.COM

Spring season sports starting up...



PHOTO COURTESY OF CREATIVE COMMONS

Men's Golf

Tomorrow
@ UPS Invitational
Gold Mountain Golf Club

Women's Golf

Tomorrow
@ UPS Invitational
Gold Mountain Golf Club



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