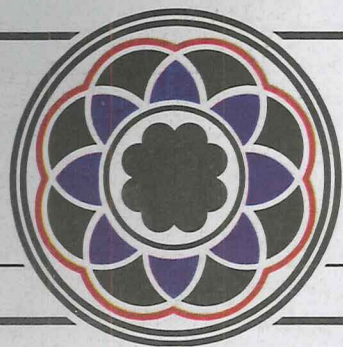




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MARCH 21, 2014

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VOLUME 90 ISSUE 15

JROTC brings fitness competition to PLU



PHOTO BY EMILY JACKA

Students from four Tacoma-area high schools participate in the JROTC Fitness Competition, hosted by PLU ROTC, March 7. Other events included a two-mile run, dodgeball and a physical fitness test. Kiyoon Lee, head of public affairs, said, "This event is a good recruitment opportunity and a chance for Junior ROTC cadets from high schools to get a taste of what PLU Army ROTC has to offer."

Women gather to discuss race and feminism

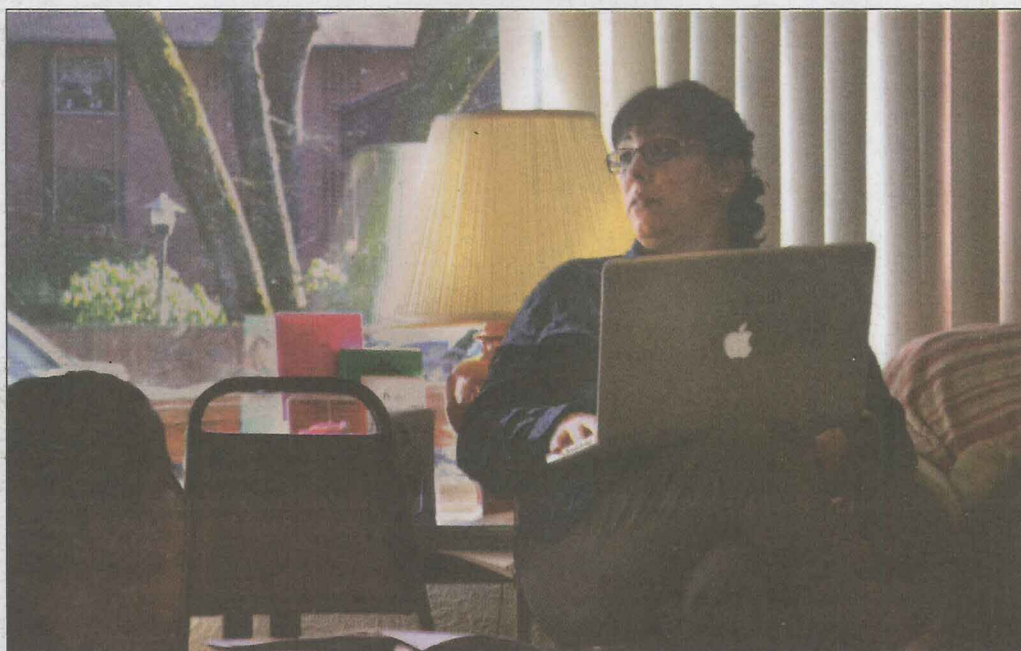


PHOTO BY NINA ORWOLL

Students came to the Women's Center to listen to Giovanna Urdangarain, assistant professor of Hispanic studies, speak about women of color in relation to feminist theory.

By **RELAND TUOMI**
News Editor

What few people understand about feminism is that most feminist critiques and theories center around opening opportunities for white women almost exclusively. Pacific Lutheran University's Women's Center aimed to change this phenomenon March 11 with the "Colors of Feminism" conversation.

Giovanna Urdangarain, assistant professor of Hispanic studies, led the event. She described feminist theories and read poems written by a feminist of color and then asked the attending students what they thought of each piece.

One idea discussed was the role beauty plays within feminism and whether being what society classifies as

beautiful allows a woman to be a feminist.

"Feminists are more than white lesbians wearing Birkenstocks," senior Princess Reese said. "Any woman can be a feminist, regardless of outer beauty."

Another idea was questioning why there were alternatives to the word 'feminist,' such as 'womanist' or 'Latina feminist.'

The group of students discussed the idea, saying that feminism only approaches white feminist problems. This is because women of color are underrepresented within mainstream society.

Furthermore, when women of color are affected by these alternative approaches to feminism, it is only women of color within the United States.

Urdangarain also had the group listen to abolitionist Sojourner Truth's "Ain't I a Woman?" speech.

The group of students then discussed why black women rejected feminism, especially in relation to Truth's speech, and the significant political difference between white and black women.

Horizontal oppression was also mentioned during this discussion, and how women oppress other women based on race and sexual orientation.

The event concluded with a video of a French fashion show where almost all of the models were women of color. The models were not thin but came in all sizes, and instead of strutting down the catwalk, they engaged in step dancing.

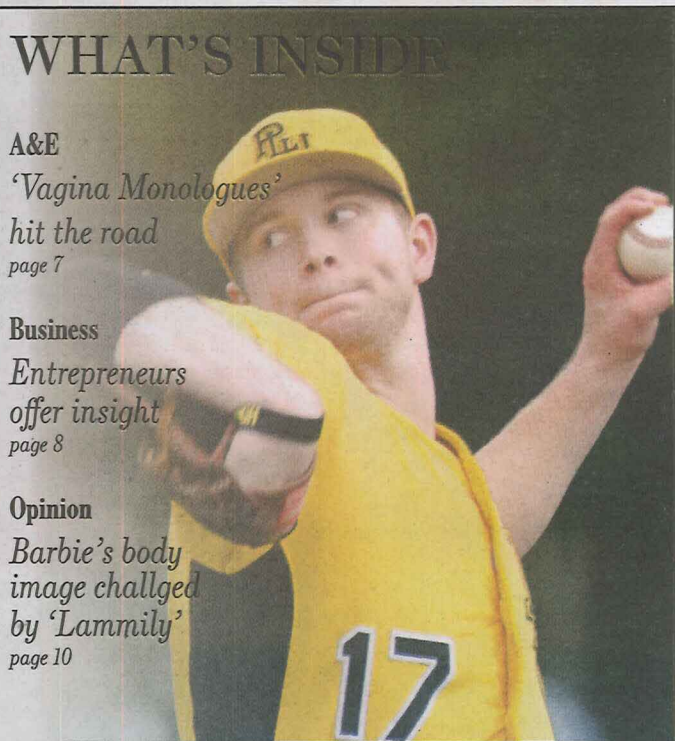
The group discussed how this fashion show empowered the women to express who they were, rather than abide to mainstream standards of thin bodies and uniformed styles.

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Homelessness, race and you

By **RELAND TUOMI**
News Editor

When walking down a metropolis street, it is not uncommon to see a homeless person. After seeing them, a person may make assumptions about how and why that person became homeless.

Social psychologist Carolyn Weisz of the University of Puget Sound spoke about the stigmas of homelessness and race last Friday at Pacific Lutheran University's Psychology Colloquium.

Weisz defined homelessness as the lack of fixed, regular and adequate nighttime residence, and stigma as personal or social identity that receives negative responses.

She also said race receives a stigma from society in general. The different types of racism are systematic racism, a system of advantages based on race, old-fashioned bigotry, and modern racism, which is rationalized discriminatory behavior. All of these are usually present when a homeless person confronts someone.

Weisz conducted a survey with homeless women in 2009 and homeless men in 2010 about the different ways they were stigmatized.

The surveys were conducted at the annual Project Homeless Connect, an annual event in Tacoma with the goal to end homelessness.

Most men and women surveyed definitely felt the stigma of

homelessness, but black women especially felt the stigma of race, almost twice as much as their white counterparts.

Men classified in the miscellaneous race category — not black or white — also felt a racial stigma against them, more so than the homelessness stigma. Most of the "other" raced men were Native American.

"Issues of homelessness and race are easy to see and stigmatize," senior Kathryn Boelk said. "It is important to establish the data first and Dr. Weisz did that."

Further discussion on race and education will be discussed at the Race and Pedagogy National Conference at the University of Puget Sound. The conference will take place Sept. 25-27.



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PLU Briefs

what's going on around campus

PLU philanthropist Wanda Morken dies

Wanda Morken, a supporter of Pacific Lutheran University, died Sunday at the age of 73.

She and her husband Don Morken were committed to the success and growth of the university, especially in the areas of business and technology.

The Morken family provided an endowment for the construction of the \$21 million Morken Center for Learning and Technology, which was dedicated in 2006.

Wanda and Don Morken also provided financial support to various organizations and scholarships, including the the Morken Family Scholarship.

Wanda Morken is survived by her husband, daughter Sonya (Morken) Prata, son-in-law Tony Prata and grandson, Dakota Prata.



PHOTO COURTESY KENNETH DUNMIRE

Wanda Morken died at the age of 73. She is survived by her husband, daughter, son-in-law and grandson.

Students attend annual Peace Scholars program

Pacific Lutheran University sent juniors Andrew Larsen and Amy Delo to the Peace Scholars for the 2014 Nobel Peace Prize Forum Minneapolis the week of March 3.

The annual three-day forum, hosted in Minnesota the last 26 years, will allow the two PLU students to listen to Nobel Peace Prize-winning speakers such as R. Edward Freeman, William Foege and Leymah Gbowee.

"I like the fact they bring in speakers from business and science as well," Claudia Berguson, associate professor of Norwegian and Scandinavian area studies, said. Berguson also accompanied the students.

This year, 19 students formally applied and wrote essays to compete for one of two open slots at the forum, Berguson said.

From March 7-9, PLU hosted a live stream for each day of the forum for each speaker. Students could ask questions through G-chat to the speakers skypping into the conference.

Debate team continues winning streak

Pacific Lutheran University's debate team traveled to Denver last weekend to complete its last regular-season tournament.

Juniors Pam Barker and David Mooney seeded eighth out of the 50 teams from all over the country. Barker also won her third speaker award of the year.

Senior Chris Fournier and sophomore Brendan Stanton were seeded 10th. They missed semi-finals by half a speaker point.

"There were a lot of good teams at this tournament, and we held our own," senior Caitlin Zimmerman, a debator, said.

PLU also sent sophomore Amy Jones and junior Leah Larson to the elite Pi Kappa Delta nationals in Indianapolis yesterday, which will run until March 24.

Send your news stories to mast@plu.edu

Yes, balance is bogus

By MARIANNE FLAKK
Guest Writer

Sometimes it is good to just be good enough — that was the conclusion of the fourth session of the "Lean In" series, which asked "Is Balance Bogus?" Monday.

The topic of balance between work and personal life was based on questions raised in the book "Lean In: Women, Work, and the Will to Lead" by Sheryl Sandberg.

The Women's Center, Career Connections, Student Involvement and Leadership (SIL), Wild Hope Center for Vocation and the Diversity Center have cooperated to put together a number of panels to address the question of how women view what they are meant to do and their roles in society.

The panel consisted of Patty Krise, project manager at Ford Motor Credit, Kate Luther, assistant professor of sociology, Joanna Gregson, professor of sociology, and Lisa Henderson, director of academic budgeting and planning. Lynn Hunnicutt, the director of the Wild Hope Center for Vocation, led the discussion.

"It leads to a conversation between the audience and the panelist," Hunnicutt said. "They get to talk about what they want to talk about within the topic."

The audience members engaged in dialogue with the panelists.

"I'm impressed with the questions the students had tonight. They were very insightful," Hunnicutt said.

One audience member asked about the fear of missing out on important things in life. "Life is balance," Henderson responded. "You are constantly trying to figure out how to deal with challenges

in your personal life and your professional life. For me the thing that has worked is setting boundaries for myself and others."

Luther also spoke about a solution for deciding what someone should say yes to and when to decline.

"You need to choose what means something to you, something you have a passion for and care about and chose to say yes to that," Luther said.

The word "balance," however, may not be the best word to describe this process.

"Balance is bogus. We often think of juggling instead of balance. And juggling means having everything up there, happening at one time and most people can't do it," Gregson said. "I think a better word would be bowling. You throw the ball to try to get as much as possible, so I prefer that word over juggling."

Regardless, the conception of balance changes over time.

"The types of things you are balancing change, but you always balance, and you balance it, because you love it," Krise said.

Senior Nomium Gankhuyag, one of the students who attended the panel, said she enjoyed the event. "It is empowering women, and it's good to learn other perspectives and see how others think."

Gankhuyag said she learned from the event and plans to use some of the information in her life. "Balance is a hot topic," Gankhuyag said. "I think about it a lot and I realized I can't give and give, but I need to find my values and prioritize."

There will be a fifth session of the "Lean In" series April 14 called "Lessons From Former Lutes," where alums will come back to talk to students.

'Ratchet,' 'exotic' and six other 'things you should not say to me'

By JANA E REINHARDT
Guest Writer

Students gathered together in The Cave the evening of March 12 for a small interactive, discussion-based panel titled, "8 Things You Should Not Say to Me."

The panel was a collaborative effort hosted by the Women's Center and the Diversity Center and focused on a group of diverse Pacific Lutheran University female students and their negative social experiences related to their ethnicity.

The event welcomed all students regardless of gender, age or sexual orientation to participate and share their experiences.

Sitting down in a circle, the six student panelists and close to 15 attendants started by sharing their names and favorite ice cream flavors.

Next, junior Lauren Mendez, a panelist representing the Diversity Center, asked the other panelists to each share eight words or phrases commonly used subtly by others to negatively describe their race, sexuality or being.

Words such as 'illegal,' 'exotic,' 'ratchet' and 'white trash' were some of the initial slanders the panelists shared with the all-female group. Panelists and attendants discussed the prevalence of these uncomfortable labels on the PLU campus.

"I've experienced many of these negative terms far too many times at PLU," senior Emma Harman said. "It's just not OK. As students attending a diverse university, we should know better."

The conversation turned to discussing some commonly used phrases the panelists found uncomfortable. "You're not regular black," and "Why aren't you exotic?" are just a couple of phrases that panelists shared.

"These are ideas driven completely by blind assumption," senior Jimena Mascaro, another panelist and Women's Center representative, said. The group discussed how various media outlets and even celebrities cause many of the misguided assumptions.

The term microaggression was introduced late in the discussion to help categorize the usage of these insensitive words or phrases.

The Taking Action Against Racism in the Media webpage suggests that microaggressions are best described as, "brief and commonplace daily verbal, behavioral or environmental indignities, whether intentional or unintentional, that communicate hostile, derogatory, or negative racial slights and insults towards people of color."

At the close of the event, the panel thanked attendants for sharing the experience and encouraged the attendants and each other to be aware of these widely used microaggressions, and to take a stand in preventing them on the PLU campus and beyond.

"We wanted to give women an opportunity to share their experiences and really have a voice in letting women know that they are not alone in these experiences," Mendez said. "I think we succeeded in that."

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Starting prices above may vary according to student level. All services performed by supervised students.

What to do at PLU

Ongoing

The Art of Wayzgoose. March 12-April 9, University Gallery, 8 a.m.-4 p.m.

Saturday-3/22

Doubleheader baseball game vs. Puget Sound. Baseball Diamond, 12-5 p.m.

Sunday-3/23

Baseball game vs. Puget Sound. Baseball Diamond, 9-11 a.m.

Monday-3/24

Intramural Sports. Olson Gym, 4-7 p.m.

Health Care Career Fair. Various Locations, 8 a.m.-6 p.m.

Scandinavian Folk Dance. CK West, 7-8 p.m.

— It's Spring Break! —

Saturday-3/29

WPFC Soccer Games. Synthetic Turf Field, 9 a.m.-7 p.m.

Double softball game vs. Willamette. Softball Diamond, noon-4 p.m.

Sunday-3/30

WPFC Soccer games. Synthetic Turf Field, 9 a.m.-7 p.m.

Softball game vs. Linfield. Softball Diamond, 2-4 p.m.

Aalotar Nordic Concert. Chris Knutsen Center, 4-8 p.m.

Monday-3/31

Swedish cooking class. Scandinavian Cultural Center, 9 a.m.-noon.

Tuesday-4/1

School of Nursing ELMSN Info Session. AUC 133, 9-11 a.m.

School of Nursing BSN Info Session. AUC 133, 12-2 p.m.

Baseball game vs. St. Martin's. Baseball Diamond, 4-6 p.m.

Wednesday-4/2

Psy Chi Spring Induction. AUC 133, 6-7:30 p.m.

Food Symposium. Sandinavian Cultural Center, 7-9 p.m.

Regency String Quartet. Lagerquist Concert Hall, 8-9:30 p.m.

Thursday-4/3

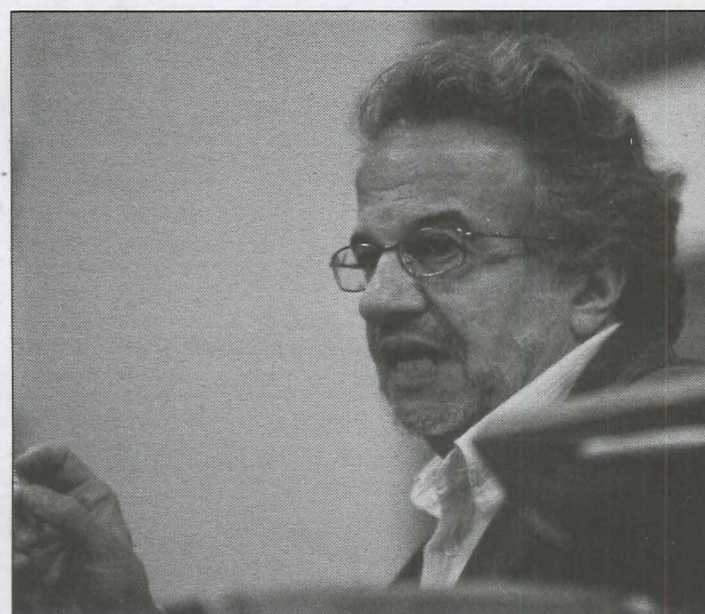
Food Symposium. Scandinavian Cultural center, 12-5 p.m.

Bjug Harstad Memorial Lecture. Sandinavian Cultural Center, 7-9 p.m.

Friday-4/4

LGBT Identity Workshop. South Hall Lounge, 6-7:30 p.m.

Annual Holocaust conference ignites learning at all ages



PHOTOS BY JOHN FROSCHAUER

LEFT: Rescuer Nelly Trocme Hewett (left) and filmmaker Pierre Sauvage (right) spoke at the seventh annual Powell-Heller Holocaust Conference March 12. RIGHT: Pierre Sauvage attended the screening of his film, "Weapons of the Spirit" and the discussion that followed.

By **KELS MEJLAENDER**
Senior Copy Editor

The seventh annual Powell-Heller Holocaust Conference sought to educate more than just Pacific Lutheran University students.

Running from March 12-14, the conference featured visiting academics, Holocaust scholars and donors. There were also many visiting high school students during the last day of the conference.

The Powell-Heller Holocaust Conference opened with an evening movie, "Weapons of the Spirit," and subsequent discussion in Xavier Hall.

Professor Bob Ericksen, the Kurt Mayer chair of Holocaust studies, said the film focused on a group of people in France who

rescued 5,000 Jews. The creator of the film and a Holocaust survivor, Pierre Sauvage, was present at the screening of his film and for the discussion.

The following day included a presentation by Sam Brill — who is the child of Holocaust survivors — and a panel that included Christopher Browning, a leading Holocaust scholar and the former PLU Kurt Mayer chair of Holocaust studies.

High school students from schools like Charles Wright Academy, Mount Rainier Lutheran and Kamiak arrived March 14 for a special morning session with three different segments on three different issues. Ericksen said the focus was on the themes of rescue and resistance.

Ericksen also spoke about the

new Holocaust and genocide studies minor, and said he hoped to encourage further education about the Holocaust.

The students heard various speakers and listened to Browning, Sauvage and Nelly Trocme Hewett, a rescuer.

"One high school teacher told me that was the most intellectually intense two hours he'd ever experienced," Ericksen said of the presentations by Browning, Sauvage and Trocme Hewett.

Kamiak High School senior Tiffany Coons said she particularly enjoyed listening to Trocme Hewett.

"I didn't know much about the resistance movement," Coons said. She said it was interesting to see how religion played a part in activism. "These were ordinary people

making choices and changing things," Coons said.

Kaylee Fitterer, another Kamiak High School senior, agreed that Trocme Hewett was the highlight of the conference for her.

"It's [being a rescuer] not unobtainable. We all have the potential to be a hero," Fitterer said.

The high school students also attended an afternoon luncheon and a number of other students' presentations on topics relating to the Holocaust in the Scandinavian Cultural Center.

"I thought it [the conference] went very well," Ericksen said afterward. "I was pleased with the attendance, and I was pleased with all the presentations, which I thought were very good."

Crime Time: PLU's Campus Safety Blotter

Taken from weekly Campus Safety reports for the weeks of March 7 and March 14

Drug policy violation- Campus Safety was asked to assist a community assistant in Kreidler Hall March 7 when the CA detected the scent of marijuana. Campus Safety and the CA contacted the student in the room where the smell was coming from and the student led a search of the room. Campus Safety discovered two sandwich bags filled with a small amount of marijuana. Campus Safety reported the incident to SRR (Student's Rights and Responsibilities) for review.

Vehicle Theft- A student reported his vehicle was stolen March 10 on Yakima Avenue South along the golf fence line parking near South Hall. The vehicle was taken overnight, and there was no conclusive video footage of the incident. The Sheriff's Department was contacted to file a report.

Theft- A PLU employee reported that she found a black male rummaging through her purse in her Columbia Center office March 10. When she confronted the man, he ran away with her debit and credit cards. Campus Safety and the Sheriff's Department searched for the suspect but were unable to find him.

Burglary- A PLU faculty member reported her PLU-issued laptop had been stolen out of her Ingram office March 10. She had left her office for a moment with the door partially open. At the same time, a student reported seeing a suspicious person in Ingram, which later matched the description from the thief in the Columbia Center. The Sheriff's Department has been advised on this individual.

Vehicle Prowling- Two events of vehicle prowling occurred March 12, both reported around 10 a.m. One occurred near the library and other near the golf course.

— **Library:** A PLU Parking Department reported a broken rear-passenger window in the library's parking lot. The car belongs

to a PLU student, and the student reported a gym bag and GPS stolen. The student was referred to the Sheriff's Office, and Campus Safety video officers discovered a suspect.

— **Golf Course:** A student reported his car window had been broken into. His car had been parked near South Hall along the golf course's gate. He said his car radio and iPod were stolen. Campus Safety reviewed video footage and discovered the theft occurred between 8 a.m. and 9 a.m. The student was referred to the Sheriff's Department.

Theft- Campus Safety was contacted for a theft-in-progress at Old Main Market March 13. Keithley Middle School students had stolen some food items from the market. The Sheriff's Department cited the students and released them into the custody of their parents. Keithley Middle School was informed and the students were RFC'd (Restricted from Campus).

Theft- A student reported his bike had been stolen from the Anderson University Center March 13. Campus Safety reviewed video footage and discovered a possible suspect, but there was no identifiable information about the individual. The Sheriff's Office was contacted.

Informational- A community member contacted Campus Safety March 13 to report a possible burglary in progress at Facilities Management. It was discovered the suspicious individual was actually a facilities employee.

General Policy Violation- While on patrol last Friday, Campus Safety Officers observed a group of individuals walking through the Harstad parking lot. One individual stopped and began urinating in public. The officers made contact with the student, who was also smoking a cigarette. The student did not know the tobacco policy extended to the parking lots and apologized for urinating. The incident was forwarded to SRR.

THE ART OF WAYZGOOSE:

University Gallery showcases sample of upcoming art festival

By ALISON HAYWOOD
A&E Editor

The University Gallery is displaying prints from last year's annual printed arts festival, Wayzgoose, in preparation for this year's.

"The Art of Wayzgoose," which opened March 12 and runs through April 9, showcases prints from various artists that will be on display at the annual Tacoma printed arts festival April 27.

Wayzgoose is an annual celebration of the printed arts held at King's Books in Tacoma.

"It's a great chance to see what people are doing," Sweet Pea Flaherty, owner of King's Books and Wayzgoose co-organizer, said. "It gives people exposure to the different arts."

This year's festival will include 30 tables with local artists and organizations, hands-on activities and the opportunity to steamroll prints in the parking lot, Flaherty said.

The name, Wayzgoose, comes from an old-fashioned term for a festival when printers would come together and celebrate the summer harvest with prints and festivities, Jessica Spring, Pacific Lutheran University resident artist, said. Spring is a co-organizer of Wayzgoose.

Unlike other mediums, printmaking is unique because it's very labor intensive, and printmakers often form a community, Craig Cornwall, PLU resident assistant professor of art and design, said.

Cornwall estimated it takes about 50 hours to complete a print, from start to finish. He said between six and eight students worked for several hours each on the piece "Road Narrows," which is on display in the University Gallery and the Anderson University Center.

"Why in the world would you go to all that trouble to carve that great big thing?" Cornwall said.

Spring recalled an instance when one art student was studying away in London and was injured. At the hospital, she was talking to a nurse and found out they were both printmakers. There was an instant connection.

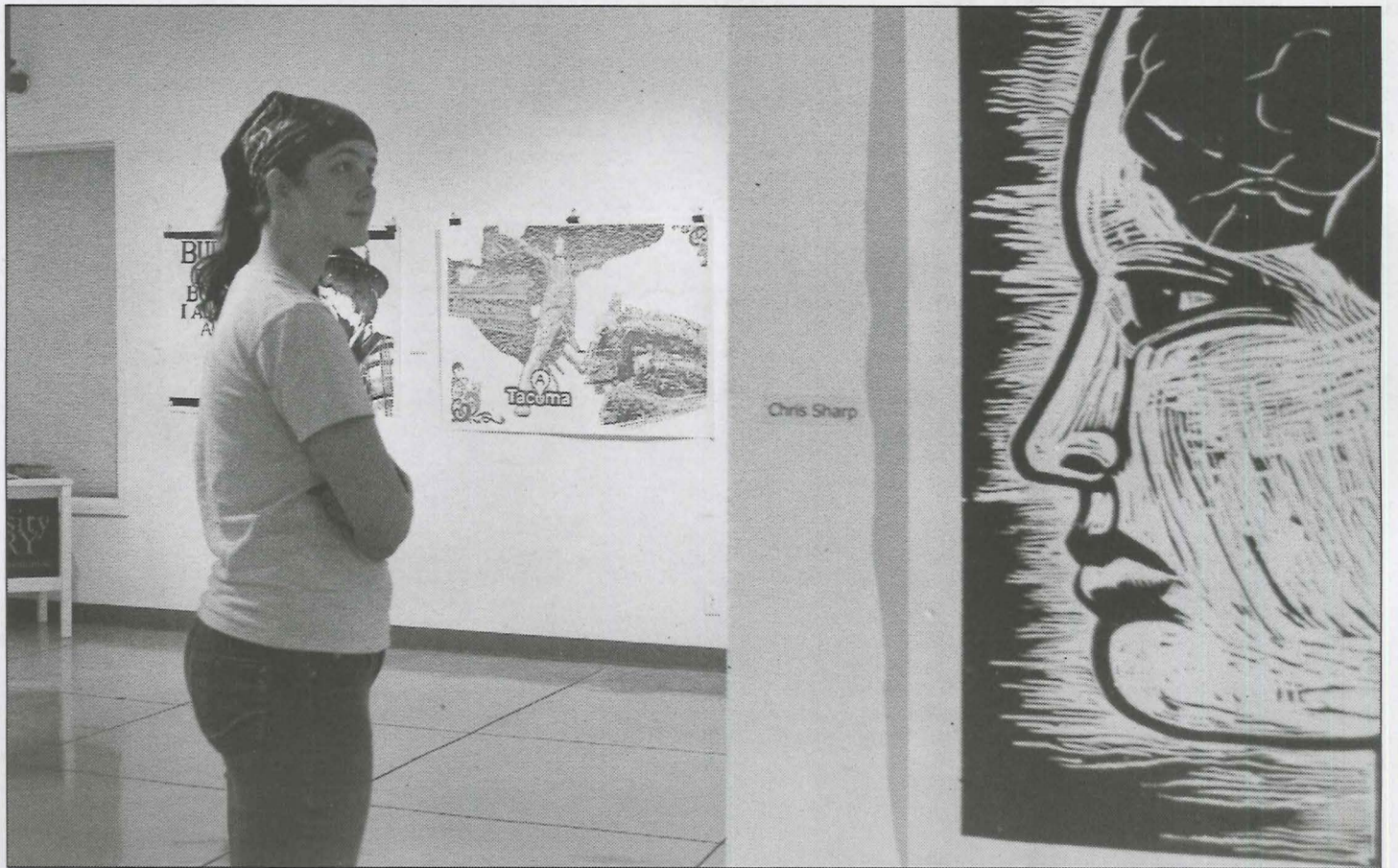


PHOTO BY KATIE DEPREKER

Senior Katherine Vail observes the letterpress prints on display for the 10th annual Wayzgoose event. PLU's University Gallery will be hosting prints from previous Wayzgoose exhibitions from March 12-April 9.

"That's the kind of community that you have," Spring said. "If you run into a fellow printmaker in another country, you're instantly best friends."

Cornwall agreed, saying it is unique to printmaking. "Other mediums aren't like that," he said.

To create a print, artists carve out a design on large linoleum blocks. They paint or ink over the block and press it onto a piece of paper, like a stamp. The original design must be carved into the block backwards, because the image reverses when it is transferred onto the paper.

The technique dates back to the 1500s,

when prints were commonly used to make playing cards and pictures of saints, Cornwall said.

All of the students in Cornwall's printmaking class will be involved. They are working on designing and carving images for Wayzgoose, and during the festival itself, they will be in charge of inking.

Students from Spring's graphic design and book art courses will also be there.

Despite the labor-intensive process involved, Cornwall described printmaking as addictive. "The marks that you get — you can't do that any other way."

Tacoma Wayzgoose
King's Books
218 St. Helens Ave.

April 27, 11 a.m. - 4 p.m.

Event is free and open to the public

'Vagina Monologues' cast performs for women's correctional facility

By NATALIE DEFORD
A&E Writer

Students perform "The Vagina Monologues" at Pacific Lutheran University annually, but this year's team of actors did something special.

They performed at the Washington Corrections Center for Women (WCCW) March 15 after their adviser, Jennifer Smith, and chair of the women's and gender

studies department, Lisa Marcus, suggested it.

Marcus and Smith made initial contact with the prison, thinking the cast could perform there, which they suggested to the show's three directors: sophomore Ingrid Clark and seniors Lia Lee and Lillian Ferraz.

"It was a great idea," Ferraz said.

The show is intended to bring attention to domestic and sexual violence, which

many of the women at the prison had experienced. Clark said many of these women had been abused.

"It seemed like a really daunting task because as far as I know, no one has ever done this before," Clark said. "We didn't know if they would let us into the prison to perform, because it seems like such a new idea."

Arranging the performance took months of emailing back and forth and working with several organizations.

They ended up working with Taryn Collis, who works with theater programs within the prison.

Ferraz said the WCCW was once the most violent prisons in Washington, regardless of gender, until a group of women changed the culture of the prison by forming an organization called 'The Village,' with groups and subcommittees focusing on environmentalism, advocacy and more — all aimed at making the prison a better place.

"Because of their hard work, the WCCW is no longer the most violent," Ferraz said. She said that without these women, "The Vagina Monologues" relationship with the prison would have been

far more limited.

The assistant superintendent of the prison ended up censoring one of the monologues dealing with victims of wartime rape camps, which Clark said, was one of the heavier pieces.

The cast was not allowed to bring anything in with them except for bottled water. No cellphones. "When we got to the visitors entrance, we had to go through metal detectors and our jackets had to go through x-rays," Clark said.

Cast member Anna Loose, a sophomore, described this performance as different from all the rest. They performed in a gym with little setup and no formal lighting. The lights were on and approximately 60 women in the audience were close and clearly visible to the performers.

"Looking right at them and delivering lines was really different from when you're usually performing, and you can't see them," Loose said. "It was a very intimate experience."

Loose said she had expected a more mixed response, but everyone loved the performance.

"I wasn't sure what kind of response we would get," Clark said, "but throughout the show the women were clapping and laughing and engaging with us."

One woman in the audience found a piece called "Hair" especially impactful, because it was about learning to love and respect your own body without having to conform to the expectations of others.

During a different piece, about the rape of a woman, many were openly crying and comforting each other.



PHOTO COURTESY OF LILLIAN FERRAZ

The cast of "The Vagina Monologues" poses after performing at the Washington Corrections Center for Women. The show intended to bring awareness to domestic and sexual violence, which many of the women at the prison had experienced.

WCCW CONT. ON PAGE 6

NERDLESQUE: Parkland comic book shop brings nerdy burlesque to Emerald City

By ALISON HAYWOOD
A&E Editor

Comic book and cult classic fans have something extra to look forward to after this year's Emerald City Comic Con: a nerd-themed variety show called "Nerdlesque," organized by Parkland's own comic book shop Nerdy Stuffz.

"It is everything nerdy fused with burlesque," Carmen Melendez, general manager of Nerdy Stuffz, said.

Burlesque is a type of variety show, normally with a strip tease, that tells a story or some sort of message, Melendez said. "Nerdlesque" has some sort of "nerdy" theme to it, such as comic book characters or scenes from movies like "Star Wars."

Melendez said there will be a Gotham City Sirens act featuring Catwoman, Harley Quinn and Poison Ivy, as well as the 'boylesque' performer Anubis Benu.

"Most of the burlesque performers do a ton of different acts, so it's not just burlesque," Melendez said, saying that they also do comedy and magic tricks. "I love the variety show aspect of it. It's what they're going to bring to this event."

Melendez got the idea for the show when her friend Morgue Anne, a burlesque performer in Seattle, said she wanted to do some sort of nerdy-themed burlesque show for Emerald City Comic Con.

Emerald City Comic Con is a large annual comic book and pop culture convention in Seattle. This year it takes place March 28-30.

Melendez and Morgue Anne decided that a comic book and movie-themed burlesque show was the perfect way to end the convention, so Nerdy Stuffz teamed up with two other organizations, the Seattle-based vaudeville troupe Starving Artists on Parade and Cinema Tri-Force Podcast, to bring the show to Seattle.

Nerdy Stuffz will not have a booth at this year's Comic Con, but Melendez said they still wanted to be involved by putting on this show. "We just want to be a part of Emerald City [Comic Con] and we want to be a part of the burlesque performances," she said. "We just want to support local artists. That's really important."

"Nerdy Stuffz Nerdlesque"
8 p.m.

Dante's Seattle - 21+
5300 Roosevelt Way NE

\$10 cover charge

Powerful women in performance: Women's empowerment event draws small crowd, big energy

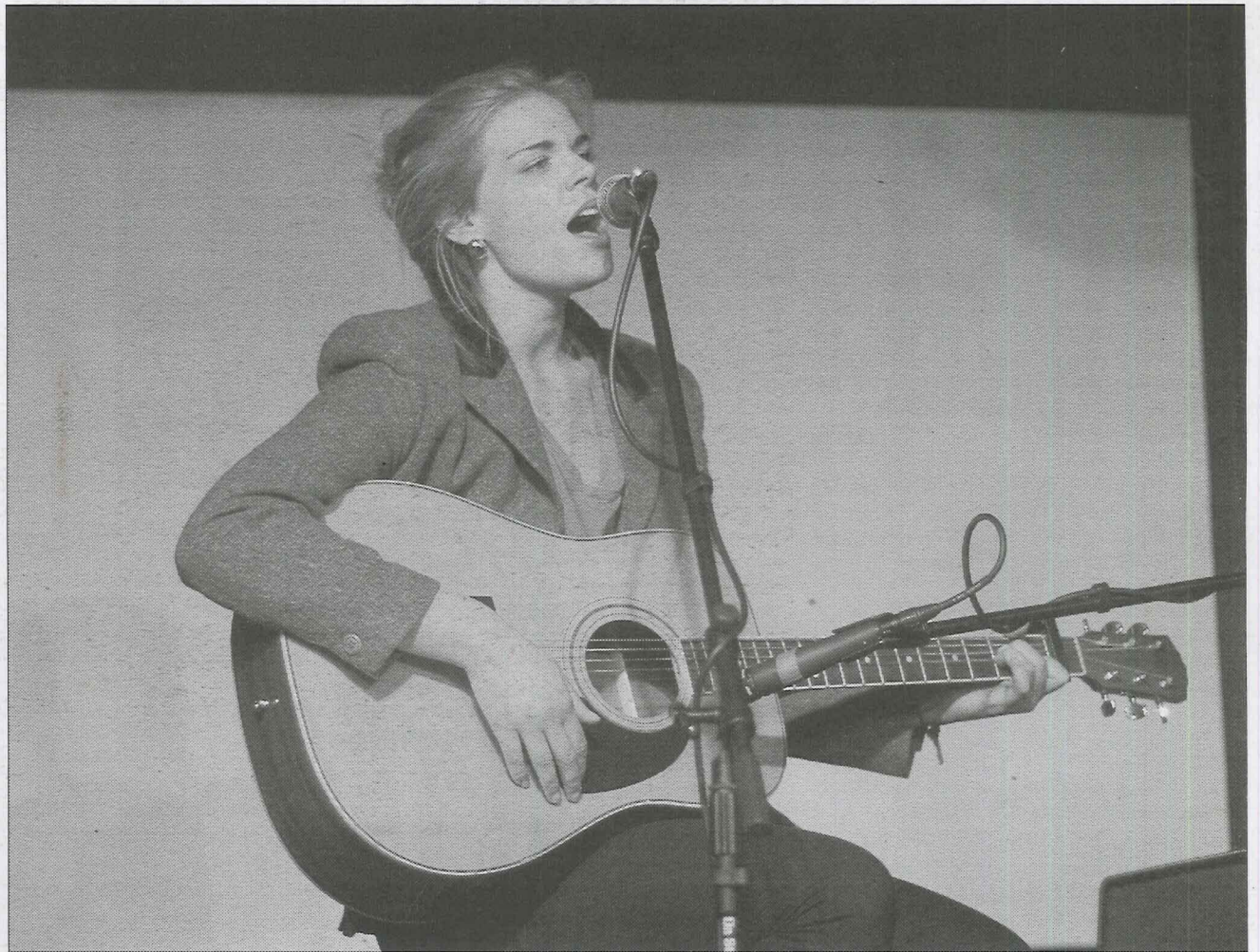


PHOTO BY KATIE DEPREKER

Senior Olivia McLaughlin performs at the "Powerful Women in Performance" event in The Cave March 14. The event celebrated powerful women at PLU and featured singing, fiddling, spoken word poetry and visual arts.

By UNA TINGVIK-HAAVE
A&E Writer

The Commuter Lounge and the Diversity Center partnered with the Women's Center to showcase powerful women and their talents last Friday in The Cave.

"Powerful Women in Performance" was the brainchild of senior Cori DeVerse, whose job is to come up with programs for commuter students at Pacific Lutheran University.

"I was inspired by my own theater background to do something that empowered women," DeVerse said. "We have a lot of talented women here, and so I thought 'let's do a show performance, and showcase them.'"

DeVerse sent emails encouraging

female PLU students with any talent to sign up, and sign up they did.

"We have everything from a fiddler, to spoken word, to PLU's dance team and HERmonic [female a cappella team] performing. And then we also have awesome artists," DeVerse said.

DeVerse also performed two songs herself.

The women's performances seemed to be influenced by the powerful women topic, with song choices like "Let No Man Steal Your Time" and "Momma Knows Best."

First on stage was PLU's student-run female a cappella group HERmonic. The group performed three songs.

Exuding confidence, the women performed with a lot of attitude, finger-snapping and sassy dance moves.

"I jumped at the opportunity to

perform with such great talent and such solid people," sophomore Sadi Wentz said, who performed two songs on stage.

In between each performance, artwork by female PLU students was presented. The artworks included photographs, paintings, screen prints and steel art.

"I do think there's a lot of talent," senior Megan Konkel, who helped organize the event, said. "I think this would be a great event to do every year, just because there's such a wide variety of talent, and I don't think it always gets showcased."

The audience also seemed to enjoy the event. "[The crowd] was small, but there was really great energy," Wentz said.

Music Department hiring new chair, faculty

By NATALIE DEFORD
A&E Writer

The music department will be doing significant hiring — it needs a new department chair and it needs to fill a second music education position. Students were invited to attend presentations given by final candidates in both searches.

Linda Miller, assistant professor of music, was the chair of record for the music education search, which was seeking a second assistant professor of music. She said the position was advertised nationally in *The Chronicle of Higher Education* and online at HigherEdJobs.

According to the job description, Pacific Lutheran University is looking for an "energetic teacher/scholar with a dedication to undergraduate education and collaborative learning." The page also asks for someone with enthusiasm.

"We wish to maintain and strengthen the program and reputation PLU holds in the regional music education community," Miller said.

The search is a careful process.

"It is important not only to identify an individual who meets the academic requirements of the position," Miller said, "but who can enthusiastically support the goals of the institution and the priorities of our department."

Miller said the search also considers whether the background of the candidate will complement the needs of the department and backgrounds of other faculty members.

The presentations students could attend were a priority as well. "Students are at the center of our work at PLU," Miller said. "Our students are bright caring individuals who are service oriented."

Three finalists presented on campus March 4, 6 and 11. Each candidate performed a conference presentation, a music education major class and a general classroom teacher class for non-music majors.

The current chair of the music department David Robbins sent out an email to music students inviting them to attend the sessions. The email ended with, "Hope you can join us for some of the sessions. Your input is greatly valued."

"We believe their voice is important in selecting a person who will be teaching many of their courses, or who may be advising important degree and career choices," Miller said.

The committee is in the process of making its final recommendation to the SOAC dean and the provost, now that the candidate visits have been completed.

Read the April 4 issue of *The Mast* for details on the search for the next music department chair.

WCCW FROM PAGE 5

Ferraz said the show continues to affect cast members each time the issues are opened, so everyone in the room was similarly affected.

After the show, there was a discussion session between the audience and cast members.

"They said wonderful things about being empowered," Loose said. "It was just wonderful to hear from them and that they were interested in our experience performing it and how it empowered us. So that was really awesome."

Clark said that the assistant superintendent was in the audience. "He got up and said this was such an incredible performance," she said. "He admitted that he censored one of the pieces and apologized, saying the piece needed to be performed because it is important."

That was one of Clark's favorite moments, but overall she said it was amazing seeing the response from the women who came and watched. She said everyone who had participated and watched had been positively impacted and empowered as women.

If time had allowed, the group would have asked the women how they define feminism, what they think it is and what it looks like to them. Ferraz said that the women in the prison deserve to be a part of this conversation and deserve to have a voice.

"I think it's a right that they have really, and along with that I think we need to remember that these voices are important," Ferraz said.

Ferraz also said the event caused self-reflection and there was enthusiasm and need to grow on both ends as well as a want to create something long-lasting.

The assistant superintendent approved and said everyone loved the show and would like to see it again next year.

Loose said, "Obviously it was really emotional but it was just cool and I can't imagine it going any better than it did."

"I think it will continue to be valuable to each community," Ferraz said. "Just for a few hours we created a community together and it was really beautiful and special and painfully sad and complicated — it was really ridiculous, the amount of barbed wire, and it was sad to leave and know they couldn't."

"Throughout the show the women were clapping and laughing and engaging with us."

Ingrid Clark

All-day festival showcases guitar program

By **BLAKE JEROME**
Copy Editor

In an attempt to bolster support, Pacific Lutheran's guitar program sought the help of professional musicians to teach at the fourth annual guitar festival.

The department of music hosted the event Saturday in the Mary Baker Russell Music Center.

Elizabeth Brown, a senior lecturer of music and head of PLU's guitar and lute program, organized the event.

"We are trying to gain a little more visibility for the guitar program at PLU," Brown said. "This is currently the only standing guitar festival in Western Washington."

The festival was an all-day event featuring multiple workshops aimed at helping beginner and intermediate guitar enthusiasts alike to become better musicians.

"Anyone can play the guitar," Brown said. "You've got to take it slow and be extremely patient with yourself."

Workshops included hands on classes where participants who brought a guitar could learn basic rhythm accompaniments as well as more advanced harmonic and melodic motion techniques.

First-year Elizabeth Frerking said she had a lot of fun at the event.

"The festival was pretty good," Frerking said. "It was well put together and they [the festival] featured some nice workshops."

After lunch, guitarists had the chance to perform their newfound skills for a crowd of about 80 in Lagerquist Concert Hall. The orchestra concert embodied some of Brown's regular PLU guitar students along with anyone from the guitar festival who wanted to join in and play.

"I rather enjoyed the orchestra concert," Tacoma resident Robert Murphy said. "It was nice to see people of all musical backgrounds, who barely know each other, come together to play a beautiful piece of music."

The remainder of the afternoon was filled with professional musicians such as Bill Clements of Rosewood Guitar in Seattle and professional flamenco guitarist Eric Jaeger.

Clements showcased his collection of handcrafted rosewood classical guitars valued at about \$50,000 per instrument. His colleague and professional guitarist Matt Anderson, played a piece on each guitar so festival participants could hear the subtle differences in the individual instruments.

"My favorite workshop was the guitar listening session," Frerking said. "It was nice to hear the different sounds in all of the different guitars."

The flamenco session gave students



PHOTO BY MARLENE WALTOFT

Matthew Anderson, a Cornish College of Arts graduate, plays a guitar he made himself at the Guitar Festival. Thirty-six people showed up to listen to Anderson play six different guitars and experience the different sounds they make.

a crash course that covered the basic fundamentals of the picado and rasgueado techniques.

Musicians perform the picado technique by playing alternately with the index and middle fingers and bracing the other fingers on the strings just above those being played. Rasgueado requires the guitarist to strum the strings downwards with outward flicks of the right hand.

"As a classical guitarist, I think that flamenco is an obvious progression," Murphy said. "I enjoyed the workshop and am excited to start learning the style."

The performance from the PLU guitar faculty wrapped up the festival.

Brown and PLU lecturer Stephen

Howland, who teaches jazz and classical guitar, were accompanied by guest performers Marco De Carvalho, Nate Omdal and Gordy Ryan. They treated the audience to a three-part performance of classical guitar, solos and duos and some original works for the Latin jazz ensemble.

Brown said she loves the fact that many of her students are guitar hobbyists and are not striving to become professional musicians.

"It's fabulous that we have recorded music," Brown said, "but I love seeing people make their own music. In ancient times, if people wanted music, they had to make it on the spot. Making music is just a part of being human."



PHOTO BY MARLENE WALTOFT

Flamenco guitarist Eric Jaeger, aka "El Comanche," teaches first-year student Elizabeth Frerking how to play flamenco style guitar. Frerking was one of the 28 people who attended Jaeger's class for the Guitar Festival at PLU.

Wisecracking sleuth hits the big screen

By **KELS MEJLAENDER**
Senior Copy Editor

It was a movie for the fans, by the fans and it did not disappoint the fans — "Veronica Mars" brought it all to the big screen last Friday.

To anyone else, the movie was just a mystery with a wisecracking P.I. at the helm, but to the fans it felt like the proper finish to a show that ended too soon.

When the CW canceled the critically acclaimed "Veronica Mars" TV show after three seasons in 2007 due to poor ratings, it developed a cult following. That following prompted the return of the show in the form of a movie, thanks to a Kickstarter campaign that garnered roughly \$5.7 million last year.

Without a doubt, the movie catered to its backers. "Veronica Mars" was rife with old jokes from the show and countless appearances from old guest stars. Some who had donated also received the movie the day it hit theaters via digital download.

The story begins nine years after the rather grim ending of the series with Veronica, portrayed by Kristen Bell, about to accept a job at a major law firm in New York and ready to meet the parents of her perfect boyfriend.

But a call from her ex-boyfriend Logan Echolls, played by Jason Dohring, draws Veronica back home to Neptune, California, the place where she had helped her P.I. dad solve a number of cases and made herself quite infamous.

Logan, the famous son of a movie star, is the prime suspect in the murder of his pop star girlfriend, and while Veronica only intends to help him pick out a lawyer, she's soon drawn into the intrigue of the case.

Her murder investigation also happens to coincide with her high school's 10-year anniversary, an excellent excuse to see a lot of familiar faces from the show.

Plus, the movie includes a cameo of actor James Franco as himself and a short scene of actor Dax Sheperd — Bell's real-life husband — as a man at a club.

The movie has rather dark themes, likening Veronica's love for seedy mysteries and feelings for Logan to an addiction.

The class warfare element, one of the show's central issues, also had major consequences, because the town of Neptune may be home to the rich and famous, but it's also home to everyone who works for them. There's also massive corruption in the sheriff's department.

But these more serious aspects didn't stop viewers from laughing almost the entire movie. It's hard not to appreciate the witty retorts, one-line zingers and perfect sarcasm that all the characters, and especially Veronica, excel at.

Some of the more memorable moments included Veronica deflecting the interest of a hedge fund manager at a bar by telling him her boyfriend is a hitman and then asking him for his card since her boyfriend is looking to invest.

Another was after someone leaked a sex tape online of Logan and his pop star girlfriend that only showed their legs. When Veronica asked Logan if they had made the video themselves, Logan responds sarcastically, "Oh, that's right. We were shooting some of our usual leg erotica."

Critics enjoyed the film — it garnered a 75 percent fresh rating on Rotten Tomatoes — but the chances of Warner Brothers backing more films will depend on how much money the movie brings in. The film earned \$2 million its opening weekend, according to TV.com, which may not warrant sequels.

But if this is the last anyone sees of Veronica Mars, that won't be a bad thing. The movie wrapped up all the loose ends the TV show left dangling, and while there is potential for more films, everything seemed right by the time the credits rolled, or as right as it ever gets in Neptune, California.



PHOTO COURTESY OF CREATIVE COMMONS

'DOGE COIN'

New meme-based online currency surpasses Bitcoin

By BJORN SLATER
Business and Ads Manager

In the online currency world, there's a new dog in town.

Programmer Billy Markus created Dogecoin — pronounced DOHJ-coin — in December 2013, and in three months it has gathered a faithful online following dominated by users of Reddit, a social news and entertainment website.

The new cryptocurrency — a digital currency that uses cryptography for security — is valued at \$0.78 per 1,000 Dogecoins.

Dogecoin started as a parody of Bitcoin, the first cryptocurrency that surfaced in 2009.

Dogecoins feature the image of a perplexed Shiba Inu — a Japanese dog.

Since then it has grown to be the most traded cryptocurrency of all time in terms of volume, with more than 61 billion Dogecoins in circulation.

Since each Dogecoin is only worth a fraction of a penny, it is mostly used as an online tipping system for Reddit.

Users of Reddit can traditionally give each other "upvotes" and "downvotes"

by clicking the corresponding arrow next to the posts of other users and can easily create posts themselves.

Now, Dogecoin has entered the picture, and users can give each other a few Dogecoins for a good post or comment.

The cryptocurrency is not practical for becoming rich by hoarding—as many did with Bitcoins when they skyrocketed—due to the high volume and low value.

But 27-year-old entrepreneur Matt Thompson disagrees.

According to CNN, he is offering to sell his vacation home for 100 million Dogecoins, or about \$78,000, as of March 17.

The entrepreneur has proven the usefulness of cryptocurrencies to small business owners.

Thompson's success has been in selling games and electronic gaming accessories online using Bitcoins, since 2011, and he started using Dogecoins just two

days after they became available online.

He's managed to use online

Dogecoin isn't the number one cryptocurrency — Bitcoin still has the largest user base and is more widely used for larger transactions.

The average Dogecoin transaction is about \$106, while the average Bitcoin transaction is more than \$9,300.

Dogecoins are mainly used for fun little things such as buying computer games, which according to Policymic.com, is just what the creators intended.

Bitcoin has a bit of a dark past. It was used commonly on The Silk Road, an online exchange where users could buy illicit substances.

Dogecoin wants to keep away from that kind of image, and users have been very supportive.

Dogecoin Foundation, a nonprofit organization founded

by the creators of Dogecoin, said the community is what really makes this cryptocurrency special.

Ben Doernberg of the Dogecoin Foundation, said most of the competitors that have sprung up around Bitcoin are just intended to make a lot of money.

Meanwhile, Dogecoin fundraisers managed to raise more than \$30,000 to help send the Jamaican bobsled team and an Indian luger to Sochi to compete in the Olympic Games.

Dogecoin is still in its infancy — Bitcoin has been around for about five years while Dogecoin has only existed for three months. Bitcoin has shown that cryptocurrencies can be incredibly valuable.

At one point in early December, Bitcoins were valued at more than \$1,200 each.

Dogecoin's high volume and low value at this point in time make high value Dogecoins seem unlikely, but a lot can happen in a few year's time.

Who knows, with users like Thompson blazing the trail for high value Dogecoin transactions and an active, supporting community, it could happen a lot faster.



PHOTO COURTESY OF
CREATIVE COMMONS

currencies to sell inventory as far away as China, saying it's "safe and easy with minimal fees."

Encounters with entrepreneurs

Business owners share insights with students at panel

By KATELYNN PADRON
Business Writer

Three Seattle area businessmen offered their insights on successful entrepreneurship to students March 12.

The school of arts and communication and school of business hosted the panel in the Karen Hille Phillips Center for the Performing Arts Studio Theater.

Approximately 15 students and guests were in attendance.

Mark Canlis from Canlis Restaurant, Jeff Jorgenson from Elemental Cremation and Burial and Ross Mickel from Ross Andrew Winery discussed their entrepreneurship ventures.

Mark Canlis and his brother Brian Canlis are the third generation owners of Canlis Restaurant.

The Canlis' grandfather opened the fine dining restaurant in the 1950s.

According to its website, Canlis is a "dressy" establishment where men are required to don suit jackets in order to sit at a window table.

Mark Canlis said he pursued entrepreneurship because he enjoys it.

"It's a privilege to work for yourself," Mark Canlis said. "You set the tone, the values, the ethos of the place, and that's who you become."

Mark Canlis spoke about the importance of cultivating relationships with customers.

Panel member Jorgenson runs a funeral home that has an eco-friendly approach. Elemental Cremation and Burial uses carbon neutral cremation practices and offers to plant trees in honor of the deceased.

Jorgenson said he became an entrepreneur in order to improve the industry by giving decision making power to families.

"If you're going to sit around and complain about it," Jorgenson said, "you might as well do something about it."

Jorgenson said "rigid type-A" personalities won't flourish in entrepreneurship because "you really have to be super flexible."

As an entrepreneur, Jorgenson said, "you're always on tornado watch," in case problems arise.

The last panel participant, Mickel, owns the award-winning Ross Andrew Winery. Its website describes an intimate group of executive staff members, one of whom is Mickel's Bernese Mountain Dog, Galena.

Mickel cultivated his passion for wine under Canlis Restaurant's wine expert, Rob Bigelow.

Mickel said he started Ross Andrew Winery because he was interested in being able to create something on his own.

Mickel said the most important thing about entrepreneurship is creating a team.

"Get people who are better than you at the things you don't want to do," Mickel said.

Amy Young, associate



PHOTO BY JESSE MAJOR

Business owners Mark Canlis, Jeff Jorgenson and Ross Mickel share personal stories about starting their own businesses.

professor of communication, moderated the panel.

Entrepreneurship is a relevant topic, because "it's part of the American dream," Young said.

"Since 2008, we saw a lot of people lose everything."

She said entrepreneurship is a way to cultivate something for the future.

Senior Nichole Thompson,

who attended the lecture, said she most enjoyed hearing about Canlis Restaurant.

"It's a great atmosphere," Thompson said. "It's a staple part of Seattle."

Thompson said she enjoyed hearing the background on how Canlis maintains its customer relationships.

The Entrepreneurship Panel

was part of the 2014 SOAC Focus Series entitled "Entrepreneurship - the Pursuit of Opportunity."

The next event in the series is MediaLab's new documentary "Tapped Out" which explores entrepreneurial solutions to water-related problems.

The "Tapped Out" event will be in the Studio Theater April 10 at 7 p.m.

Local Spotlight: Alum founds the Wingman Brewers

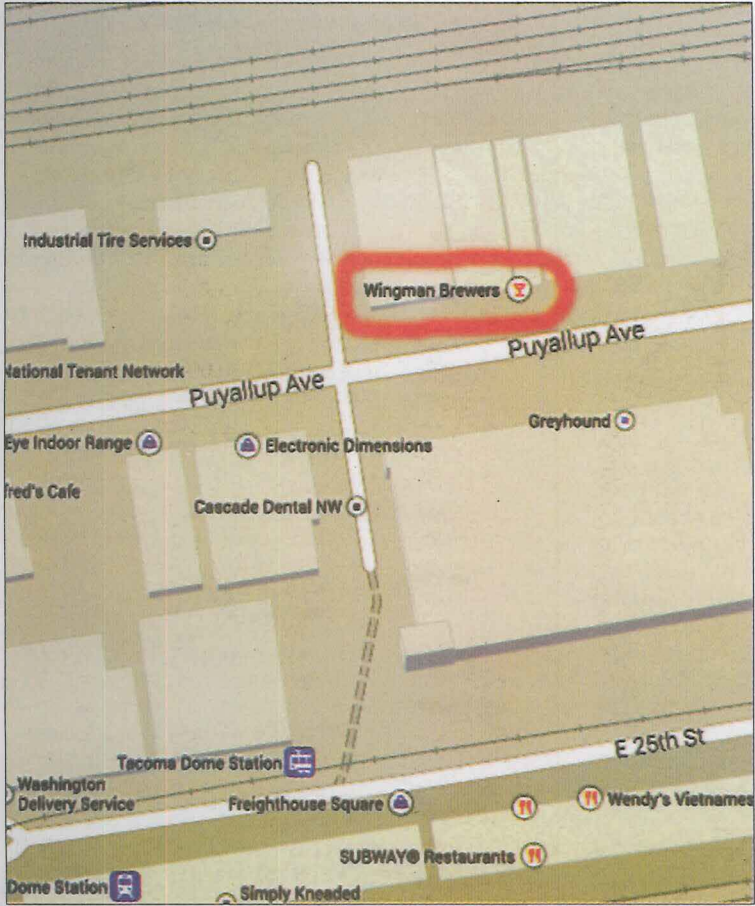


PHOTO COURTESY OF GOOGLE MAPS

PLU alum Ken Thoburn founded Wingman Brewers. It is located in Tacoma, near Freighthouse Square and Tacoma Dome Station.

By ZACH WITTSTRUCK
Guest Writer

With creative beer and a welcoming environment, Wingman Brewers has found a home in the Tacoma community with Pacific Lutheran University-instilled values at its foundation.

Ken Thoburn, an alum of PLU, founded the popular and local brewery.

After graduation, Chinese studies major Thoburn decided that it was time to give one of his longtime passions a shot: brewing great beer for the Tacoma community.

Proving that one doesn't have to be a business major to succeed in such an arena, Thoburn opened up Wingman Brewers in 2011 and has seen his business thrive well beyond his expectations.

Since its grand opening, Wingman Brewers' unique beer has found a fond home within the hearts of many who have sampled it.

Though this popularity among the locals is a good indicator it is doing something right, balancing the high demand for its brews and the small size of its business has proven to be a challenge.

In an interview with Tacoma community reporter Jack Cameron, Thoburn said, "We thought it would take multiple years before we got to this point, but the industry moves fast and people want their beer."

As a Chinese studies major, Thoburn didn't learn the ins and outs of running a brewery in his daily homework.

Yet Thoburn said it was PLU's education system as a whole that inspired him to start his own successful business.

"The excitement that PLU professors had in my learning made me grow not only in one subject, but as a person overall," Thoburn said. "Making sure that I learned as much as I could is what has put me where I am now."

Interested in applying these lessons to enhancing the Tacoma area, Thoburn said he decided to not only put his effort toward his passion for brewing but also in creating opportunities for charities around the area.

In collaboration with local charities like Elements of Education, Wingman Brewers gives a helping hand by donating a portion of every sale to the organization.

As both an enhancement to its image as a company and a benefit for the community, this type of quality message is in the very foundation of the company.

"Tacoma is a special place for all of us. We've lived here for most of our lives and would be exceedingly happy to live and work in Tacoma from the cradle to the grave," Thoburn said.

Located just across the street from Tacoma Dome station in Tacoma, this brewery house has been sharing its friendly spark with the neighboring community since 2011.

Its beers can be found at several local businesses, including Metronome Cafe, Joeseppi's Italian Ristorante, the Rosewood Cafe and 208 Garfield cafe just across from PLU on Garfield Street.

With his successes after his PLU journey, Thoburn said his message to other Lutes is one created from his own enrichment.

"To anybody who doesn't know for sure what they want to do, figure out what you like to do and do it," Thoburn said. "No matter how hard it is, it's worth it."

Energy extraction is 'fracking' controversial



PHOTO COURTESY OF CREATIVE COMMONS

Fracking, or hydraulic fracturing, is the process of drilling into the earth and injecting a large amount of pressurized water and or chemicals into pre-existing fractures to extract natural gas or oil. There is much debate circulating around both the practice's sustainability and possible economic benefit.

By JILLIAN STANPHILL
Business Writer

The booming energy business has opened the door to a relatively new way of obtaining natural gas and oil — fracking.

This practice is controversial from an environmental perspective, but it could also provide the economic answers to the energy crisis.

Fracking, or hydraulic fracturing, is the process of drilling into the earth and injecting large amounts of pressurized water and or chemicals into pre-existing fractures to extract natural gas or oil.

According to data collected by the Environmental Protection Agency, the chemicals generally include methanol, formaldehyde, hydrochloric acid, ethylene glycol and sodium hydroxide.

Natural gas and oil extraction systems are common throughout the world and have been used for decades.

However, the method of fracking is a new way to source this energy supply.

Opponents of fracking are concerned with the environmental impact it can have.

They are especially worried about air and water contamination and about the theory of increased earthquakes.

The scientific community has produced conflicting data that can support or negate the use of hydraulic fracking.

However, according to the Environmental Health Perspectives journal, all of these cons to fracking can and have been scientifically researched and disproved by accredited agencies. Stanford University

geophysicist Mark Zoback studied the chemical solutions used in fracking and found they had not contaminated water and had a statistically improbable chance of contamination in the future.

Environmentalists also complain about the amount of water used in fracking, even though the water used in the fracking process is continuously reused.

An article published in *The Los Angeles Times* reported that researchers proved earthquakes were unrelated to fracking after a yearlong study found no detectable signs of earth disturbance.

This was also backed by the National Research Council, which claimed that the theory of hydraulic fracking causing earthquakes was incorrect.

As focused on the environment as this issue is, the economy is also a major factor to take into consideration.

Fracking provides natural gas in a reasonably inexpensive process, and natural gas gives off less carbon-dioxide emissions than coal.

When people run the system properly, make laws appropriately and when businesses conduct themselves responsibly, there is no reason why fracking cannot be a viable economic decision and a viable energy source.

The Bakken Formation, a rock unit that can be fracked for oil in North Dakota, has been improving the state's economy since 2008, even in the midst of the recession.

North Dakota has the fastest growing economy in the U.S. coupled with the lowest

unemployment rates in the country.

Oil and gas companies are exempt from certain legislation that would otherwise apply to them, such as the Safe Drinking Water Act.

Companies are not required to publish the chemicals they use in the fracking process, however, many do provide such information for third-party testing.

If the U.S. can become energy independent through fracking, it can be secure in the knowledge that the nation can function stably if other countries cut the States off from fuel sources overseas.

If the U.S. loses oil connections from other nations, fracking may provide it with the ability to protect, maintain and secure the nation's citizens and economy.

Replace unrealistic body image of *Barbie*.

By **TAHLIA TERHUNE**
Columnist



Since 1959, Barbie has had a firm spot in the toy industry. According to *Forbes*, Barbie earns 20 percent of the revenue for the toy corporation Mattel.

But after decades of dominance in the realm of toys, the makers of Mattel Barbie finally have some competition — Lammily.

Artist Nickolay Lamm is sick of the unrealistic expectations Barbie poses to its consumers. He believes that Barbie, with her measurements that would be impossible for a real human, can create unachievable standards, particularly for young girls.

NBC News said Lamm created the new doll, called Lammily, based on information gathered from the Center for Disease Control on the measurements of an average woman. Also in on the creation process is former vice president of manufacturing at Mattel, Robert Rambeau.

Lamm launched the project as a 3-D model online and quickly received a positive response. Lamm is in the process of raising money for his project. After posting a picture of his creation, he achieved his goal of \$95,000 in donations roughly within 24 hours, according to *New York Daily News*. The doll should be going into production this November.

Lammily represents Barbie, but in a realistic way. Described as a sporty version of Barbie with believable proportions, Lammily is shorter and wears less makeup. To put it simply, the line's motto is "average is beautiful."

In response to the alternative Barbie, Lamm told *TIME* magazine, "If Barbie looks good as an average woman and even there's a small chance of Barbie influencing young girls, why can't we come out with an average sized doll?"

While Barbie has marked its spot as a must among the toy collection of young girls, the fact that she is unrealistic is inevitable. *Rehabs.com* reports if Barbie were a real woman, she could walk no further than two feet, could not lift anything due to the size of her wrists and her waist could only accommodate half of a liver.

"I think it's [Lammily] more realistic and doesn't give girls the idea of an ideal image that is impossible to achieve," sophomore Sarah Davis said.

Those who oppose Lammily argue that defining average and normal for an individual is contrary to the goal of defying what societal standards should be. While girls should not be influenced to have unrealistic expectations, it is also problematic for a company to define what a normal body looks like.

This is an excellent point that acknowledges we need to break the stereotype of normal. The company's motto, "average is beautiful," poses a problem in and of itself. Whatever average may be is not beautiful — you are beautiful.

The first round of Lammily dolls will not be in stores as they will be exclusively available to those who have donated to support the project. Lamm hopes to one day expand production and sell Lammily dolls in stores.

Sustainability

'Garden' play proposes personal growth

By **SHANNON MCCLAIN**
Guest Columnist



to viewers and the playgoers may have even had a laugh over it, but this fear of the other deeply pervades our culture even today.

Imagine the lengths we will go to keep ourselves separate from nature, the walls and the buildings that keep nature out.

See or experience the fear that a snake or spider causes, a panic that usually leads to the death of the being. I know I am not exempt from the fear that I feel when I see one of these beings.

One major idea present in all of Carson's works is that human beings are only one part of the natural world.

They are given importance or power only in their ability to alter nature, sometimes irreversibly so.

Linda Lear, a biographer of Carson and author of the 1997 "Rachel Carson: Witness for Nature," states that Carson "courageously spoke out to remind us that we are a vulnerable part of the natural world subject to the same damage as the rest of the ecosystem."

In the play, viewers could see this idea as well. During the war against

the insects, a plane drops the pesticide over the entire community, causing many to become very ill.

Once during a television interview, Carson stated that "man's endeavors to control nature by his powers to alter and to destroy would inevitably evolve into a war against himself, a war he would lose unless he came to terms with nature."

In "Silent Spring" Carson calls for a change in the way humans see the rest of nature.

So, next time you see a spider or some other being that makes you think about screaming and jumping on the closest piece of furniture, think about the cause of your fear.

Perhaps you can try to release it outside rather than killing it.

This is what my mother always does. She captures the spiders we find in the house to let them outside. The spiders eat bugs and if there are fewer spiders then there will be more bugs.

Each piece of the ecosystem plays a vital part. We may have the power to influence and change nature, but we too are impacted by the changes we make to it.



PHOTO COURTESY OF JESSE MAJOR
Rachel Carson, played by senior Sarah Makar, listens to her mother, played by sophomore Jessi Marlow, read "The Adventures of Alice and Wonderland" in the play, "In the Garden of Live Flowers."



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The responsibility of *The Mooring Mast* is to discover, report and distribute information to its readers about important issues, events and trends that impact the Pacific Lutheran University community.

The Mooring Mast adheres to the Society of Professional Journalists Code of Ethics and the TAO of Journalism.

The views expressed in editorials, columns and advertisements do not necessarily represent those of *The Mooring Mast* staff or Pacific Lutheran University.

Letters to the Editor should be fewer than 500 words, typed and emailed to mast@plu.edu by 5 p.m. the Tuesday before publication. *The Mooring Mast* reserves the right to refuse or edit letters for length, taste and errors. Include name, phone number and class standing or title for verification.

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Subscriptions cost \$25 per semester or \$40 per academic year. To subscribe, email mast@plu.edu.

Corrections

March 7

In the page 6 article "In the Garden of Live Flowers," the name of author Rachel Carson's book, "Silent Spring," was misstated.

LETTER FROM THE NEWS EDITOR:

A response regarding the representation of women in media

By **RELAND TUOMI**
News Editor



In Pacific Lutheran University's student-run media, we pride ourselves on inclusivity. We try to work together, integrate with other offices and do our best to be as inclusive as possible.

However, with limited resources available to us, be it money, people or time, inclusion can be difficult to achieve.

While covering an event for *The Mooring Mast* — the second event I attended that day because the news section is low on reporters — I overheard someone speaking ill of our beloved publication.

The person in question described his or her disdain about our Feb. 28 issue and

how there were no female speakers from the social justice event, "Legacies of the Shoah," on the front page.

As a woman myself, I can sympathize with this person's discontent with *The Mast's* 13th issue. As a member of the paper's editorial board, however, I was filled with an intense rage.

Not many know this about *The Mast*, but putting the paper together is not just a job where we clock in and out — at least not yet. We don't have set hours. We don't have a quitting time.

We stay up putting the paper together until it's completed. Tuesday and Wednesday nights, I'm lucky to go to bed before 1 a.m.

On Feb. 26, the night we put together the issue in question, Editor-in-Chief Jessica Trondsen and I were laying out the "Shoah" story for about an hour and a half, maybe two. One story on one page took two hours.

The order of those three male speakers' photos? That took a good 45 minutes. I ignored the other three and a half pages of the news section until this story was completed, causing me to go home at 4 a.m.

I am by no means complaining. I love my job, and I love working within student

media. But I become frustrated when someone speaks poorly of something I spent a lot of time and energy on.

Now, I agree, there should have been a better representation of women on the front page, and for that, I apologize. Please understand, angry person, that we had no pictures of Victoria Barnett, Professor Dorothy Roberts, Jean Franco or Dagmar Herzog.

We had no pictures because we have a limited number of photographers — five, if you're wondering — and our photographers had a limited amount of time available to them to attend "Shoah."

Actually, if you're worried about female underrepresentation in that issue of *The Mast*, here are the numbers. There are a total of 14 people on our editorial board, nine of whom are women. Twenty-two people wrote in the 13th issue, and 16 of them are women. Of the 33 stories written in the Feb. 28 issue, 22 of them were written by women.

While we recognize the importance of a woman on the front page, we also see the importance of our female representation throughout the entire publication.

So to you, irritated individual who spoke smack about our hard work, we at *The Mast* would love your input. Send

us your photos of women across campus, and I'd be happy to make a column dedicated to them. If you think you can do a better job at laying out my news section, please come to *The Mast* office in Anderson University Center room 172 and help me out.

I will gladly go to bed at a decent hour while you make sure every story fits, every ad is placed and every picture has a woman in it.

The Mast needs to be more inclusive anyway, and we do want that to include your opinion. After all, we put the paper together for you, our audience.

We value and encourage your feedback because you should hold us responsible for what we publish.

If you would like to have your voice heard about underrepresentation in *The Mast*, the overrepresentation of sass in this op-ed or really anything about anything, please consider sending a letter to the editor to <http://mastmedia.plu.edu/contactus/write-a-letter-to-the-editor> or joining our staff.

But in the meantime, please be mindful of the hard work completed by all women, whether they be Holocaust speakers, sassy student journalists or anyone else just trying to do her job.

Brand yourself for the job market

By **SAMANTHA LUND**
Columnist



then tweet about business and put fewer pictures of your outfits all over Instagram. Make sure that your online profiles stay current.

If you had pink hair in high school but now are back to your natural color, make sure your profile pictures look like you do now, not the Pepto-Bismol-headed kid you used to be.

One of the easiest ways to help your brand is to create consistency with your online presence and your physical presence in the workplace. Not only should you look like your profile pictures, but if you have a work profile, it should have a consistent theme or color scheme.

Same basic idea applies for your resumes, cover letters and business cards. If your business cards are red, try to put some red in the heading of your resume, or have a red logo in the corner of your cover letter. Adding a physical logo or brand to your paperwork is an easy way to stand out.

No, you are not Disney or Nike, but you are still a brand and what you do with that brand can be very powerful.

"Describing yourself in the most honest way possible is the best way of branding yourself," sophomore Will Lockert said.

Remember to keep up with your brand and keep it current. Make sure you are always checking your media, updating your resume, and tailoring your brand to match you as you grow and change.

Asking friends and family to look over your brand and give feedback is always a good call. They can tell you how you look and you can count on them to be honest.

You might be giving off a completely different impression than you thought and they are the people who you can count on to tell you. Do not let a possible employer be the first one to say something — talk about awkward.

Check out
<https://brandyourself.com/>
for an easy way to begin an
online presence.

<https://www.linkedin.com/>
can help connect you to
employers.

The interests you put on Facebook, the pictures you put on Instagram and the messages you send out over Twitter are pieces of you — they are your brand.

Your brand goes a lot further than your social media, and it has a large impact on what companies see when they look at you.

Your brand is what differentiates you, as a product, from competing products in the job market, and as college students entering the workforce along with millions of other qualified workers, it is a big deal.

According to *Forbes*, the problem most students have with branding themselves is that they do not do enough research on the process. Most students think about their Facebook, Twitter and other social media outlets as their only platforms to watch.

Even worse, most people think as long as they do not have partying pictures or drunken selfies on their profile, they are fine. Sorry, but that is so wrong.

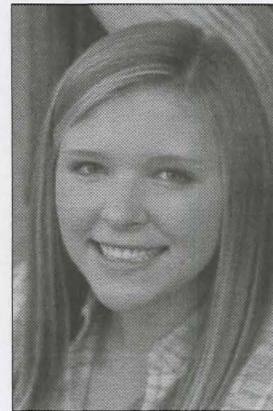
Branding yourself is all about you and who you are as well as who you want the market to think you are. Before taking a leap into your personal brand, take some time to think about who you are and what defines you. Be as specific as possible in your soul searching, figure out your aspirations and what it is you need to be successful.

Once you know what you want, assess where you are currently and figure out how people see you. You might want to be seen as business-savvy, but if your Facebook is full of statuses about fashion and puppies, you will just confuse people and give off the wrong vibe.

Your brand should be a reflection of yourself. If you want to be a businessperson

Stereotypical spring break is not sensible

By **MADDIE BERNARD**
Guest Columnist



Lutheran University who has gone on a spring break trip.

"It just is not realistic," sophomore Isabellah Von Trapp said. "It is expensive, hard to plan in the middle of midterms, and nice tropical locations are far away from PLU. I know of students going to Canada, but that is still not the stereotypical spring break."

Due to PLU's location, it would be very expensive to fly somewhere like Florida or Mexico for spring break, especially on a college student's budget.

An organization called StudentCity creates spring break travel packages for students to locations like Florida or Mexico.

However, the first part of the package, which only included a hotel room for seven nights, cost more than \$1,000 per person. In the Northwest, it is harder to have a party spring break trip, simply because it is more difficult to get there.

According to a survey by the National Association of College Stores, about 75 percent of college students said they were going home, working, staying on campus, sleeping or doing nothing for spring break. That means that only 25 percent of college students are going on

crazy spring break trips.

However, we do not see this side of spring break represented in the media. No reporter wants to focus on college kids who stay home and sleep, even though they are the majority. Instead, the media only focuses on the 25 percent of college students who go on wild trips.

For instance, if you do a Google image search for "spring break," all that will appear are photos of girls drinking and partying on beaches in their skimpy bikinis. There will not be any photos of college students napping.

The media hypes up the idea of college spring break, when in reality the majority of students do not go to nonstop beach parties.

The college spring break trip is an unrealistic fantasy. Instead use your week for an alternative spring break trip, building houses or serving your community. The stereotypical spring break experience is very difficult to obtain, and is simply not worth it.

So instead of feeling bad if you are not having the stereotypical spring break experience, remember there are lots of other students out there who are not in Cancun or Florida but are sleeping on their couch.

Spring break is a time when we as college students are expected to be so exhausted from our studies that we travel to a tropical location with all of our best friends and have a wild weeklong beach party. This is the idea of a typical college-student's spring in America, but some might wonder how often it actually happens.

Most have seen the statistics about how Panama City Beach, Florida attracts 250,000 crazed college kids for spring break, and heard that spring break should be "the best week of your life."

But the realities of how many of our friends in college have gone on spring break trips might be quite different. It makes me question whether the idea of spring break is realistic.

While I have seen a few pictures on Facebook of my friends at crazy beach parties, I do not know anyone from Pacific

In reality the majority of students do not go to nonstop beach parties.



CLASSIFIEDS

4 Bedroom House on Wheeler Street! 4 Bedrooms, 1 Bath, New gas furnace, vinyl windows, washer, dryer, dishwasher, microwave, self-cleaning oven, covered patio, fenced back yard, hardwood floors computer network, and lots of off-street parking. \$1,600 per month. Contact Dave Carlson; 253-318-7008 or carlsoda@comcast.net

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Universal Crossword

Edited by Timothy E. Parker March 9, 2014

ACROSS

- 1 Composer Alban
- 5 Cove ("Murder, She Wrote" setting)
- 10 Put in a snit
- 14 Shampoo additive
- 15 Immature egg, to a zoologist
- 16 Hosiery shade
- 17 Turn on the waterworks
- 18 White oak of California
- 19 Hammer-wielding god
- 20 "The ___ is in sight"
- 21 Tries mightily to get ashore?
- 23 Wrinkle removers
- 25 Deck out
- 26 Canal country
- 28 Agra airs
- 30 Monarch's loyal subject
- 31 It talks, it's said
- 32 You can take it or beat it
- 35 "So what ___ is new?"
- 36 Consumer
- 37 Part in a movie
- 38 Horse's cousin
- 39 Furnish, as with talent
- 40 Small flycatcher

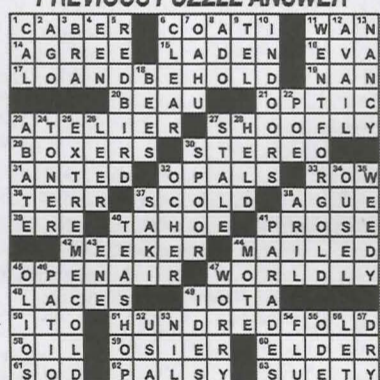
- 41 Remote control, at times
- 42 House of worship
- 43 One of the Beatles
- 45 High-rise unit
- 46 Command to Michael
- 49 OPEC's largest customer
- 52 "National Velvet" author
- 53 Big-time retailer
- 54 Grandson of Abraham
- 55 Sha ___ (doo-wop group)
- 56 Guiding doctrine
- 57 In stitches
- 58 Three-pip card
- 59 Goes tirelessly?
- 60 "I've got a secret to tell you"

- DOWN
- 1 George Herman Ruth, familiarly
 - 2 Distinctive and stylish elegance
 - 3 Disorderliness
 - 4 Foam alternative for shavers
 - 5 Sun's circle of light
 - 6 Swears
 - 7 Macs
 - 8 Southwest crock pot

- 9 Many a new driver
- 10 Some public-transit systems, briefly
- 11 Mythological blood
- 12 Displeased look
- 13 Minks and sables
- 21 It wasn't built in a day
- 22 June 6, 1944
- 24 Be furious
- 26 Urgent request
- 27 Feels achy
- 28 Helicopter blade
- 29 From square one
- 31 Untouchable, in mafia lingo
- 32 Some urban dwellings
- 33 Downwind, for a ship
- 34 Lemon skin

- 36 Gives over for safekeeping
- 37 No longer working (abbr.)
- 39 Capital of Italy
- 40 ___-up (confined)
- 41 Plea at sea
- 42 Lacks humility
- 43 Bat's detection tool
- 44 Light rope
- 45 Hollowed, as an apple
- 46 Tenant's payment
- 47 it might wind up on shore
- 48 Cause of harm
- 50 Lumber cutters
- 51 Bertie Wooster's Agatha, for one
- 54 Sixth sense

PREVIOUS PUZZLE ANSWER



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PLU discusses spring break

The Mast asked students in a poll starting March 18 what spring break means to them. Join the conversation at <http://mastmedia.plu.edu/> in the Opinion section.

What do you think of when you hear 'spring break'?

- 41% No school! That's all I care about. 25 votes
- 21% Other. 13 votes
- 20% Sleep...lots of sleep. 12 votes
- 10% Getting more hours in at work. 6 votes
- 5% Traveling to enjoy the sun. 3 votes
- 3% Parties in Cabo! 2 votes
- Total votes 61

Results as of March 19, 11:00 p.m.

SUDOKU High Fives

Two large Sudokus are presented. The left one is a 10x10 grid, and the right one is a 9x9 grid. They are labeled 'SUDOKU High Fives' and consist of five overlapping 3x3 boxes.

HOW TO PLAY: Sudoku High Fives consists of five regular Sudoku grids sharing one set of 3-by-3 boxes. Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition. The numbers in any shared set of 3-by-3 boxes apply to each of the individual Sudokus.

COLUMN CRASHERS By Holly Copeland

A large crossword puzzle grid with some cells filled with numbers, indicating the start of words. The numbers are: 1, 14, 17, 20, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60.

SPORTS SCOREBOARD

Baseball

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Linfield	15	3	8-1	Won 4
PLU	12	5	7-1	Won 1
George Fox	15	5	5-4	Lost 3
Willamette	10	9	4-4	Lost 1
Whitworth	6	9	3-3	Lost 1
Puget Sound	5	9	3-3	Lost 2
Lewis & Clark	5	8	2-4	Lost 1
Pacific	6	9	2-7	Won 2
Whitman	10	11	1-8	Lost 3

LUTES' UPCOMING GAME: March 22 vs. Puget Sound, noon

Men's Tennis

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Whitman	10	3	7-0	Won 7
George Fox	7	2	5-1	Won 5
Pacific	6	2	5-1	Won 3
Whitworth	5	5	5-2	Won 2
Lewis & Clark	4	6	4-4	Won 1
PLU	1	5	1-5	Lost 2
Willamette	1	6	1-5	Lost 3
Puget Sound	2	7	1-6	Won 1
Linfield	0	7	0-5	Lost 7

LUTES' UPCOMING GAME: March 22 at Caltech, 10 a.m.

AROUND THE LEAGUE...

BASEBALL: Senior Nick Fisher of Linfield racked up four extra-base hits while hitting 7-for-14 to aid the Wildcasts in sweeping Whitman over the weekend. The right fielder doubled in every game and tripled in another for a team-high 12 total bases and .857 slugging percentage. He drove in two runs and scored five times.

TRACK & FIELD: George Fox's Ezekiel Smith won the Boxer Combined Events decathlon with 6,318 points, which currently ranks No. 1 in the nation.

MEN'S TENNIS: Whitworth sophomore Drew Brigham won both of his No. 1 singles matches and paired with Shane Sandlin to win twice at the No. 1 doubles spot. Brigham helped the Pirates earn a pair of road victories at UPS and PLU.

SOFTBALL: Linfield Wildcat Karina Paavola struck out 17 batters, two short of Linfield's single-game record, to lead the 11th-ranked Wildcats to a narrow 1-0 victory over George Fox. She allowed just two hits in the win.

Statistics found at <http://www.nwcsports.com/landing/index>.

Softball

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Linfield	15	1	15-1	Lost 1
Whitworth	18	6	11-3	Won 4
Willamette	9	6	8-5	Won 7
George Fox	11	5	5-5	Won 1
Pacific	11	8	6-7	Lost 6
PLU	5	11	4-8	Won 4
Lewis & Clark	5	11	2-9	Lost 5
Puget Sound	0	17	0-13	Lost 17

LUTES' UPCOMING GAME: March 23 at Texas-Tyler, 2 p.m.

Women's Tennis

TEAM	WINS	LOSSES	CONFERENCE	STREAK
Whitworth	7	1	7-0	Won 7
Whitman	6	5	6-0	Won 6
PLU	6	2	4-2	Lost 2
Linfield	6	2	3-2	Won 5
Puget Sound	5	3	4-3	Lost 2
Willamette	3	4	2-4	Won 2
George Fox	4	5	2-5	Lost 1
Lewis & Clark	1	8	1-7	Lost 1
Pacific	1	7	0-6	Lost 6

LUTES' UPCOMING GAME: March 22 at Caltech, 10 a.m.

PLU men's basketball Hall of Famer Tom Whalen passes away

Owner of men's basketball scoring record, earned multiple collegiate honors

By TYLER SCOTT
Director of Athletic Communications

The Pacific Lutheran men's basketball team lost one of its all-time great alums and supporters over the weekend as Hall of Famer Tom Whalen passed away following a serious illness and surgery.

Whalen, a 1996 PLU Athletics Hall of Fame inductee, had a regular presence among the PLU men's basketball team up through the 2013-14 season.

Nearly 50 years after he graduated from PLU, Whalen proudly participated every way he could in the program in which he set numerous records and starred for two years.

"Tom was a tremendous supporter of our program, attending practices, games and giving our young men many inspirational messages," PLU men's

basketball coach Steve Dickerson said. "He was a great man and will be missed by family, friends and Lutes everywhere."

Whalen transferred to PLU in 1962 after two years in community college, and he made the most of his two years on the court for the Lutes.

He set a PLU school record with 656 points (an average of 24.2 per game) in 1963-64, making him only the second Lute to score 600 points in a season. That came after a 1962-63 season that featured 537 points as Whalen remains one of only two PLU players to post two 500-point seasons.

His 1,193 career points rank 17th on the PLU all-time list, and he is the only member of the Lutes' 1,000-point club who reached the threshold in two seasons.

His career scoring average of 21.6 points per game is a PLU record, as are his 259 made field goals and 559 field

goal attempts during the 1963-64 season. PLU won the Evergreen Conference title and advanced to the national tournament during both of his seasons with the Lutes.

The lanky 6-foot-5-inch center was known for a sweeping hook shot and earned numerous honors in his two years at PLU, including two-time first-team All-Evergreen Conference, two-time NAIA District I Player of the Year, NAIA second-team All-America, honorable mention UPI All-Coast and honorable mention AP All-America.

A memorial service for Whalen will be held Sunday at 3 p.m. at Sound Life Church in Tacoma (3425 176th St. E.). Memorial gifts can be sent to PLU's Office of Advancement in memory of Tom.

All proceeds will go to Lute Club/Men's Basketball.



PHOTO COURTESY OF PLU ATHLETICS

Tom Whalen (42) lived in an era when Pacific Lutheran University's basketball games were played in the Memorial Gym.

LOWRY RECORDS TRIPLE-DOUBLE AS RAPTORS CONQUER TIMBERWOLVES IN SHOOTOUT

How many combined runs will the Lutes baseball team put up against the Loggers in three games this weekend?

By SAM HORN
Sports Editor

Somebody had to win.

In an intense battle, the Toronto Raptors prevailed against their opponents, the Minnesota Timberwolves, 111-104.

Kyle Lowry of the Raptors was the star of the night as he recorded a triple-double, the fourth of his career.

Scoring 20 points, 12 rebounds and 11 assists isn't too bad for a player who quietly plays under the radar.

This result means that there is a two-way tie for first place in the Mast Sports Pick 'Em contest.

Cale Powers was the only participant to correctly guess that the Raptors would win.

I guess it pays off to do your homework.

Powers is now tied with Kyle Peart for first place, while everyone else is tied for second place.

Hey, at least no one is in lowly third place. Yet.

Looking forward, I asked the participants how many combined runs the Lutes baseball team will score in three games this upcoming weekend against the dreaded UPS Loggers.

With the way things are going for the PLU baseball team, it's a good idea to guess high.

This team is on an offensive outburst as of recently.

Throughout its past eight games, seven of which were victories, the Lutes have scored 36 runs.

That's an average of more than four runs. Yes, this team is that good.

The Loggers boast a 5-9

record. In this sense, boast probably isn't the right word.

Since March 1, the Loggers have surrendered 40 runs in nine games.

The Lutes' offensive firepower starts with senior Alec Beal who is second on the team in batting average.

Additionally, Beal has tallied five RBI and one home run.

As if that weren't enough, the Lutes have a slugger in junior Collin Nilson. Nilson leads the team in home runs with two.

The Lutes will be sure to take advantage of the Loggers' poor pitching performances. PLU will make them pay for their mistakes.

This week will determine who might break out on top in the Mast Sport Pick 'Em contest.

Stay tuned to find out who it will be.

Cale Powers (1-2)
Prediction: 14

Kyle Peart (1-2)
Prediction: 16

Alan Bell (0-3)
Prediction: 14

Drew Oord (0-3)
Prediction: 14

Michelle Hogan (0-3)
Prediction: 15

SPORTS MEDIA NEEDS TO STOP ITS TUNNEL VISION

Too much attention is focused on the NFL and various topics regarding the multibillion dollar business

By JOHN TVETER
Sports Writer

The Seattle Seahawks much publicized 2013 season has ceased, but sports media insists on giving the team, and the NFL, exponentially more coverage than they give any other team in any other league.

But people may not be really that interested in knowing what team a defensive backup is visiting for a new contract.

The NFL's offseason is not more important or more interesting than March Madness or Major League Baseball's spring training.

In the world of American professional sports, ESPN refers to four professional leagues as "The Big 4."

These leagues are the NFL (Football), NBA (Basketball), MLB (Baseball) and NHL (Hockey).

Those of us in the Pacific Northwest tend to consider the MLS (Soccer) as a "major" sports league as well. It's no secret that although baseball is America's "national pastime," football is king.

An estimated 111.5 million people watched Super Bowl

XLVIII, making it the most watched television program in America's history.

To put that number into perspective, the 2012 census estimated there are slightly less than 314 million people in the USA. That means that the experts estimate that about one in three people in the United States watched the Super Bowl this season.

With that kind of popularity, it's a no-brainer to give the NFL an inordinate amount of airtime during the season.

However, now that the NFL season has ceased, analysts are still talking about the offseason.

NFL analysts are discussing possible teams for free agents to join, potential draft picks, jersey changes and other nonsense that should not receive more broadcast time than highlights from a current season, regardless of what sport.

It doesn't make sense for the NFL to receive more attention when its season is nearly six months away.

Some people disagree.

"I want all the Seahawks coverage possible," senior

Greg Bishop said. "They just won the Super Bowl. The Mariners are so bad and have been so bad for years, that I don't even care anymore. I'll start paying attention again when they win a few games."

Seattle fans have grown apathetic over the constant failure of the Seattle Mariners, and yes, there have been a lot of failures.

However, the Mariners arguably have the best pitcher in baseball: Felix Hernandez. The team created a buzz when it signed perennial All-Star second baseman Robinson Cano, and there is glut of young, exciting prospects coming up in the minor league system.

The Seattle Sounders also pose as an exciting franchise.

The team is a recurrent playoff team and MLS Cup contender.

The Sounders feature exciting stars such as Clint Dempsey and Obafemi Martins alongside stellar homegrown local players including DeAndre Yedlin (Seattle), Lamar Neagle (Federal Way), Cam Weaver (Renton) and Sean Okoli (Federal Way).

Local sports fans can surely get behind a perpetual winning team featuring exciting stars and productive local players.

"I love football, but soccer is exciting too," senior Trevor Hamilton said. "I learned to be a huge Sounders fan."

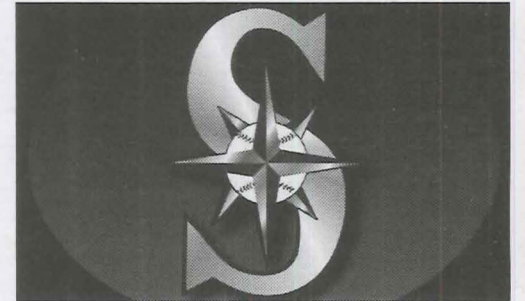
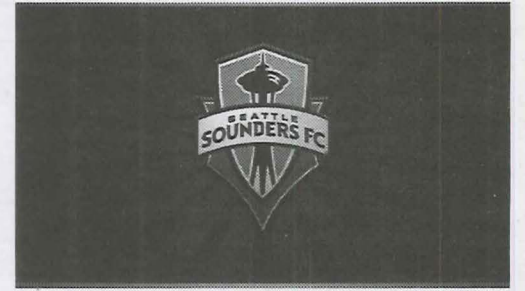
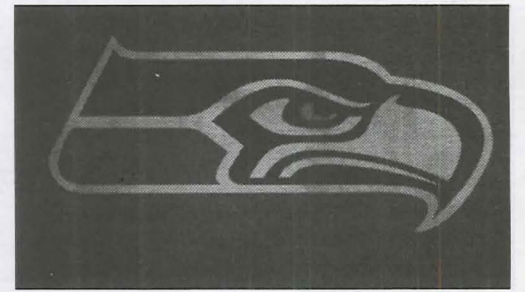
Now is the time for local sports media to stop its tunnel vision by focusing on the NFL and the Seahawks.

They need to wake up and see the other exciting teams that the Pacific Northwest region boasts.

Don't settle for the status quo. Don't settle for another Seahawks segment discussing which players the team should sign come Draft Day.

Instead, go the extra mile and learn about the Sounders and their season, which has just begun. Absorb some information about the Mariners — could this year finally be the year?

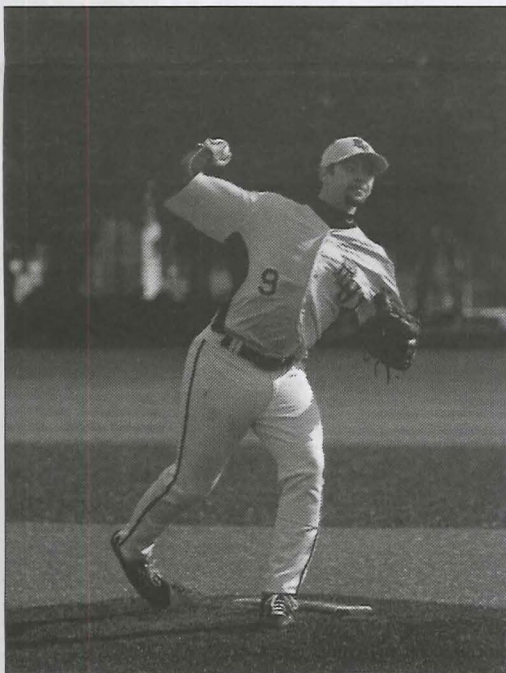
There is a lot happening in the Pacific Northwest in the world of sports. The Seahawks are Super Bowl champs — now wake up and take a look at the other exciting teams in our region.



PHOTOS COURTESY OF CREATIVE COMMONS

Baseball continues its winning ways with two wins during St. Patrick's Day weekend

By JOHN TVETER
Sports Writer



Starting pitcher Chris Bishop, a junior, allowed four earned runs to the Pirates in his first loss of the season.



STINGY DEFENSE HELPS LUTES EARN FIRST WIN OF WEEKEND

No one seems to be able to silence the Lutes' baseball bats or overpower their defense.

In the past eight games, Pacific Lutheran University has won seven. Against Whitworth this past weekend, the Lutes continued their trend of winning.

Taking the mound Saturday to start Game 1 was pitcher Trevor Lubking, a junior. After swapping runs in the first inning, Lubking's pitching and the stingy defense behind him shut down the Pirates and the Lutes managed to push across two more runs to secure the 3-1 victory.

Lubking's stellar outing sparked the victory as he went the distance for a complete game, finishing with 13 strikeouts on 119 pitches.

"As a pitcher, it's a luxury to know that if the ball is put into play, it's a sure out," Lubking said. "We pride ourselves on our pitching and defense."

Offensively, senior Alec Beal was an offensive catalyst for the Lutes with two hits, including a homerun in the first inning and a double later in the game.



LUTES GET HAMMERED BY PIRATES' BATS IN SECOND GAME

The Lutes' dominant pitching in the first game of the weekend turned against them in Game 2 of the doubleheader.

After giving up three runs in the bottom of the first and another in the third, the Lutes had their backs against the wall headed into the ninth inning.

Refusing to go quietly, the Lutes' Bo Pearson, a senior, started the inning with a hit. Pearson contributed to the Lutes with the team's only two hits of the game.

"We had to scratch and claw to get some of our runs this weekend," junior Curtis Wildung said. "We have a really resilient team this year."

Sophomore Tyler Thompson followed up Pearson's hit with a walk. With two on and no outs, the Lutes looked primed for a comeback.

However, the next batter grounded into a double play. After another Lute runner got on base, a fly-out to centerfield ended the game with a final score of 4-0 in favor of the Pirates.

Pitcher Chris Bishop, a junior, took the loss after giving up four earned runs and seven hits. He was able to record five strikeouts in five innings pitched.

STATS OF THE WEEKEND

Combined hits: 32

Combined doubles: 8

Combined number of pitches: 697

Total attendance: 590

Players left on base: 36

Statistics found at <http://golutes.com/sports/>

LUTES EKE OUT A VICTORY IN THE BOTTOM FRAME OF FINAL GAME



Pitching was the theme of the series between PLU and Whitworth, and the final game of the series proved to be no exception.

As the scoreless game headed into the ninth inning, the Lutes were growing desperate. It had been 23 innings since their last run.

Junior Collin Nilson stepped up to bat to lead off the inning, and drilled a double down the left field line. A Whitworth throwing error later in the inning allowed him to score, and the Lutes celebrated a 1-0 victory.

"Our program is run on an acronym that is very fundamental to our success: E.A.T. [Effort, Attitude, and Toughness]," junior Trevor Lubking said. "As long as we're giving maximum effort, keeping a positive attitude, and being the toughest team on the field, we will keep finding success."

First-year Derrick Mahlum picked up the victory with eight

scoreless innings, improving his season record to 4-1.

Mahlum held the Pirates to two hits along with his six strikeouts on 103 pitches. Junior AJ Konopaski entered the game in the ninth to close it out, and his 1-2-3 inning gave him his eighth save of the year, which leads the Northwest Conference.

Senior Alec Beal led PLU with two hits, while sophomore Tyler Thompson, junior Collin Nilson, junior Curtis Wildung, senior Bo Pearson and first-year Ben Welch all added one hit apiece. Pearson managed a hit in every game in the series.

The Northwest Conference-leading Lutes 12-5 (7-1) return to action March 22 and 23, when they host Puget Sound 5-8 (3-3) in a three-game series. The double-header March 22 begins at noon, and the final game of the series March 23 will start at 1 p.m.

Men's tennis team still searching for first conference win

By **GIANCARLO SANTORO**
Sports Writer

The Pacific Lutheran University men's tennis team is still waiting for its first Northwest Conference win of the 2014 season after losing its home opener 9-0 to the Pacific University Boxers.

Going into the matchup at the Sprinker Recreation Center, the Lutes were 0-2 overall and in conference play. Not even the home advantage could help the Lutes Friday.

"Last year we started off with an upset of one of the top-tier NWC teams and that set the tone for the rest of our season," sophomore Brandon Bulaclac said. "This year Pacific has done a terrific job recruiting and receiving transfers, which made them even stronger."

First-year Sam Stadter put together the strongest performance of the night for PLU, taking the singles match against Pacific's Troy Zuroske to three sets.

After winning the first set 6-3, Stadter ultimately fell short, losing the second set 6-3 and the third 6-4.

Trying to gain some momentum for the Lutes, sophomore Jake Yannello came close to defeating Pacific's Brennan Faith by bringing the No. 3 match to extra points. Faith would end up winning 7-5 before winning the next set 6-3.

In the doubles matchup, first-years James Okubo and Stadter did their best to earn a victory in the No. 3 slot, but Lorne Bulling and Clark Winger proved to be too strong, prevailing 8-6.

"Although we didn't come out with the win, I look forward to giving them [Pacific] a fight on their home courts," Bulaclac said.

With the loss, PLU falls to 0-3 while Pacific improves to 3-1 overall and 2-0 in conference.

The Lutes look to get their first NWC win on Saturday against visiting Willamette.



PHOTO BY JESSE MAJOR

Despite losing 8-5 in their doubles match, junior Spencer Herron (left) and sophomore Jake Yannello (right) congratulate each other on a hard-earned point.

Top-ranked Whitman too much for lowly Lutes

RECENT GAME RECAPS

March 1:

PLU — 5, Willamette — 4

March 15:

Whitworth — 6, PLU — 3

By **GIANCARLO SANTORO**
Sports Writer

Looking to build on its first Northwest Conference win of the season the previous week, the Pacific Lutheran University men's tennis team came up short against 12th-ranked Whitman, losing 8-1 at the Sprinker Recreation Center.

"Playing against Whitman was very tough," sophomore Brandon Bulaclac said. "Being a top ranked national team, they didn't even have to play their best lineup to beat us ... we actually played them pretty tight."

With the loss, PLU falls to 1-4 overall and in conference, while Whitman looks to keep moving up the NCAA Div. III rankings with a perfect 6-0 record in NWC and 8-3 overall.

"Whitman just proved to be too deep for us tonight," PLU head coach Rocky Poulin said. "We paddled as

much as we could but couldn't close out points like we hoped to."

The doubles round was rough on the Lutes as Whitman's Christensen and Jake Hoeger defeated first-years Sam Stadter and James Okubo 8-5 in the third matchup to get the Missionaires off to a 3-0 lead.

The sole consolation for the Lutes came in the singles round when season debutant and sophomore Jeremy Marsh defeated Whitman's Jacob Christensen 6-4 and 6-2 in two sets to spoil a Whitman shutout. It was Marsh's first competitive match this spring.

"For me personally, the Whitman match was a confidence booster," Marsh said. "Rocky [Poulin] moved me up to varsity for the first time this season, so I was eager to prove myself and I ended up winning my match to give us our only point."

The Lutes return to action Saturday against Whitworth at Sprinker.

Lute soccer player earning worldwide respect

Manao represents the American Samoa national soccer team, credited with assist in team's first-ever victory

By **GIANCARLO SANTORO**
Sports Writer

Pacific Lutheran University junior Justin Manao earned himself a special kind of hat during his first year as a student more than two years ago, but it isn't the kind you would find in your father's closet.

Manao earned his first "cap" back on Nov. 22, 2011 by making his international debut more than 5,000 miles away for the American Samoa national soccer team.

It also landed him in the upcoming documentary "Next Goal Wins," which goes behind the scenes of the team's first ever victory.

A "cap" is another word to describe a player who makes an appearance in an international soccer game for his or her respective country. If the coach of the team invites a player to be part of the roster, that player can add to his or her "caps" by playing in games.

There was one slight problem though. The only thing Manao knew about the team is that it was part of one of the most humiliating moments in soccer history.

"I was told they lost 31-0 to Australia, and that they were the worst team in the world," Manao said, smiling.

As a member of the Oceania Football Confederation, American Samoa was scheduled to play Tonga, Cook Islands and rivals Samoa as part of qualifying for the

2014 World Cup in Brazil.

Going into the first match against Tonga, American Samoa was on a 30-game losing streak and FIFA, the governing body of world soccer, ranked them as the 206th team in the world.

To put this number into perspective, there are 206 national soccer teams in the world.

Almost every country has its own national soccer team, and depending on where a player, or his or her parents, were born, they can be selected to represent that country. Manao qualifies by way of his father, who is half American Samoan.

Manao's uncle, part of the American Samoan side of the family, is the Technical Director for the team, and spoke with head coach Thomas Rongen about calling him up to the team a more than two months into his first season with the PLU team.

He credits his uncle and new teammates for helping him make the transition.

"He [Manao's uncle] made me feel more comfortable being there because I didn't know any of the team or the surroundings," Manao said. "They [the team] treated me like one of their own and pretty much took me in like one of their brothers."

Although the idea of representing any country in an international soccer game seems daunting to many, Manao credits his experience on the PLU men's team with helping him become one of the team's most important players.

"It helped that I was one of the best on the team, and they respected me a little bit more when they saw I could actually play soccer," explained Manao. "It was definitely a couple steps down from the PLU level though."

The higher level Manao referenced meant that he was one of the first players picked by Rongen to start against Tonga. What he didn't know, however, was that he was about to make history.

Manao described his emotions about supplying the assist to fellow college student Shalom Luani for the historic 2-1 win as "unreal."

"The whole atmosphere of playing with guys who had never won a game and then to win that game was an unreal experience for their country and for them," Manao said, beaming.

"It was the first time I think I've ever cried winning a soccer game. It overwhelmed me."

British production companies Archer's Mark and Agile Films captured the joy of Manao and his teammates as part of "Next Goal Wins."

The crews stayed with the team before, during and after the games to shoot what Manao describes as more or less a "sob story."

The companies have since begun the process of promoting the film, which is set to be released this May. The release date is fitting, considering the team is set to travel

to Hawaii in June for a week of training, and Manao plans to be there.

"I'm honestly just waiting for the invite at this point, but I am ready to go."

For more information on the film, "Next Goal Wins," visit www.nextgoalwinsmovie.tumblr.com.



PHOTO COURTESY OF JUSTIN MANAO

Junior Justin Manao played nearly 500 minutes and scored one goal this past season for the PLU soccer team.

Injuries lead to new outlook on life for multi-sport athlete

By **SAM HORN**
Sports Editor

As each second passes, senior Matt VanEaton widens his smile and tightens his grip on a medieval death device.

Don't be fooled. He's not a serial killer. Far from it. VanEaton is mustering all his strength to launch a hammer into the air during a track meet.

VanEaton is grinning because he knows this hammer throw will be his best one yet. He is grinning because he is summoning his God-given strength to force the hammer into the atmosphere.

More importantly, VanEaton is grinning because he knows how much he has progressed since his earlier injury-riddled years as a collegiate athlete.

The observant bystander wouldn't know this is VanEaton's first year on the track team. His thunderous throws disprove that notion.

For the majority of VanEaton's collegiate career, he has been a member of the Pacific Lutheran University football team.

While he did throw shot put in high school, and was quite fond of it, VanEaton hasn't participated on the track and field team.

Until now.

MAKING THE TRANSITION

Upon entering PLU, VanEaton knew he wanted to play football at the collegiate level. VanEaton was a linebacker all four years at PLU and said he cherished every moment of it.

However, during his senior year, he said he knew he wanted to pursue another challenge — try something new. That something



PHOTO BY JESSE MAJOR

Senior Matt VanEaton is competing in the hammer throw for the first time in his athletic career. While he did throw the shotput in high school, VanEaton decided to pursue football in college. After football ended this past fall, VanEaton decided to pursue a spot on the throwing team. The transition didn't come easily, especially since VanEaton has struggled with injuries in college.

new was throwing the hammer. As daunting as the task seemed, VanEaton was ready for the test.

Making the transition from linebacker to hammer thrower seemed natural for VanEaton. During the winter of his senior year, he constantly trained and constantly strived for new goals.

He wanted to get stronger, faster, smarter and more agile. VanEaton prepared himself for the spring season and seems to

be keeping up with the rest of the pack.

"He kind of helped me have a little more fun this year with his attitude of laughing, but still knows when to be serious," senior Kyle Peart said.

Keeping pace with Peart is no ordinary task. Standing at 6 feet 6 inches, the mammoth man has solidified himself as one of the most accomplished throwers in the Northwest Conference.

Peart finished fifth in the shot put and 12th in the hammer throw at the NWC Championships in 2011.

If that wasn't enough, he placed first in the hammer throw at the NWC Championships in 2012 while earning second place in the shot put.

That same year, Peart qualified for nationals in the hammer throw and shotput.

Every day, VanEaton attempts to best Peart, but it's not easy — especially with all of the injuries VanEaton has suffered over the past three years.

In his sophomore year at PLU, VanEaton had a promising future in football. He was starting on third downs as a linebacker when the defensive coordinators implemented a new scheme.

They wanted VanEaton to become a star as a pass rusher and a star on special teams.

RECEIVING THE NEWS

And then VanEaton received an injury diagnosis — he had torn his anterior cruciate ligament, medial collateral ligament and ripped open his meniscus in his right knee.

Having suffered one of the more serious injuries in the world of sports, VanEaton could only watch from the sidelines.

He was finished. His career as a collegiate athlete seemed to be coming to an abrupt end as a sophomore — much too early for anyone.

"That season was looking kind of bright for me, and then that injury came," VanEaton said. "It couldn't have come at a worse time."

Going through surgery, VanEaton said he was depressed. He was nervous he would never get to see the field again. His

collegiate career had taken a terrible detour.

"I remember being like 'I can't be like this, I need to be positive. I can't let this hold me down.' I remember from that day forward, I've been different ever since," VanEaton said. "I think I wouldn't be the man I am today without my knee injury."

VanEaton worked harder than before to recover from his devastating injury. He refused to let anything stand in his way. He refused to be content with ending his athletic career as a sophomore.

He wanted to make the most out of his time at PLU.

VanEaton returned to the field the following year ready for battle. Only this time, VanEaton was a changed man. He was constantly positive and enthusiastic.

He refused to focus on the troubling things in life, like suffering another demoralizing injury.

Even though VanEaton finished his junior year unscathed, save for the occasional bruise, he wasn't so lucky the next year.

During a football scrimmage as a senior, VanEaton burst forward and tackled a running back near the sidelines.

VanEaton didn't get up. He lay on the turf clutching his right knee, letting loose a horrific scream. The scream penetrated the cold air and traveled across the field.

VanEaton had torn his meniscus again.

To say that VanEaton was unlucky in the injury department while in college would be a severe understatement.

REHABILITATION PROCESS

Nevertheless, VanEaton persevered through his most recent injury and battled through much hardship.

Fellow linebacker Ben Kaestner, a senior, persuaded VanEaton to join him in the gym while he was still on crutches.

Kaestner said that VanEaton could still work on strengthening his upper body.

VanEaton was able to conquer any lingering knee issues after working out with Kaestner on a regular basis. Today, VanEaton attributes much of his athletic

success to Kaestner.

After VanEaton had successfully recovered from his second knee injury, he finished his senior football season and played in nearly every game.

"That season was looking bright for me, and that injury came. It couldn't have come at a worse time."

Matt VanEaton

But that wasn't enough. VanEaton wanted more. So he joined the track and field team as a hammer thrower.

His fervent personality has transferred over to the throwing game as well.

"Throwers are oftentimes kind of, I don't want to say introverted, but for lack of a better word, they're cerebral people," head throwing coach Dan Haakenson said. "Matt [VanEaton] brings a kind of energy and a real positive outlook that I think is nice. It really does help out the team. A lot of the athletes can get very introspective and he kind of breaks that up and makes people laugh."

Peart shared similar feelings concerning his energetic teammate.

"Definitely his happy attitude has worn off on us, and we can have more fun even on the bad days," Peart said.

As VanEaton prepares to vault the hammer in the air, he grits his teeth. His eyes focus on the hammer. His hands release the object with authority, launching the hammer into the sky.

The hammer lands on the damp grass with a thud. VanEaton smiles. He is content. The throw has satisfied his standards.

After all these past years of overcoming seemingly impossible obstacles, VanEaton can finally smile with confidence.

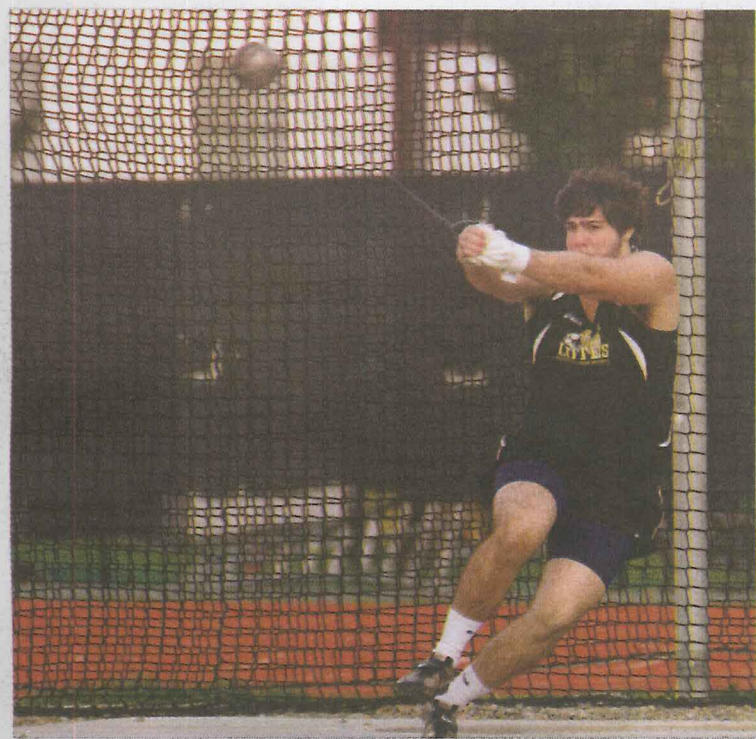


PHOTO BY JESSE MAJOR

TOP: Senior Matt VanEaton powers through a throw on his way to a personal best mark. BOTTOM: There is nothing that unifies a coach and athlete like the good, old-fashioned fist bump. Coach Dan Haakenson has been impressed with senior Matt VanEaton thus far and is pleased with his improvement.