

COLUMN: Celebrate winter by ice skating with loved ones.

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Women's soccer coach resigns after losing season.

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THE MOORING MAST

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OFFICERS ARREST SUSPECTED GROPER

Prosecutor charges man with rape, assault

Courtney Donlin
NEWS EDITOR
donlincl@plu.edu

Pacific Lutheran University's female population may feel a little safer after the arrest of a 35-year-old man suspected of groping students near campus.

Officers with the Pierce County Sheriff's Department arrested Spanaway resident Zane Lense Nixon Nov. 23 at around 6:30 p.m., Pierce County Sheriff's Department Spokesman Detective Ed Troyer said.

Nixon, who worked as a juvenile detention officer at Remann Hall

for 10 years prior to his arrest, was arraigned Monday and charged with one count of Rape 3 and eight counts of Assault 4 with sexual motivation, according to charging documents released Monday by the Pierce County Prosecutor's Office.

SEE ATTACKS PAGE 5

Residential Life isn't cancelling Christmas

Josh Kinne
GUEST WRITER
kinnejt@plu.edu

As the holidays approach, Pacific Lutheran Residential Life is stressing to students the importance of diversity when it comes to holiday celebrations and decorations, but that doesn't equate to a ban on Christmas.

"We heard through the grapevine that RAs were hesitant to decorate and hold parties," Director of Residential Programs Jeff Olsen Krengel said. "RAs can still hold holiday parties and hang decorations, but they should be considerate of residents and their beliefs.

"We just don't want anybody to feel left out. Everybody should have a place at PLU, especially in their own rooms. We told RAs that they should consider their residents before decorating and celebrating the holidays, and some mistook that as us canceling Christmas!"

In August, Pacific Lutheran University Resident Assistants gathered for annual training. During a workshop titled "Building Inclusive Communities," Christmas and holiday celebrations were brought up.

Olsen Krengel said no one in the Residence Hall Council said Christmas celebrations and decorations were off limits.

"We thought we were being clear," Olsen Krengel said. "Now that the holiday season is right around the corner, these kinds of issues are popping back up. We've had multiple RAs approach us about this issue recently."

Through an apparent miscommunication, RAs around campus had been halting holiday plans and packaging holiday decorations.

"Even back in Luther's time he recognized that Catholicism wasn't the only answer," Olsen Krengel said. "There are other perspectives out there, and we can't just negate them."

SEE RESLIFE PAGE 2

Violence erupts at Olympia protests



PHOTO BY EMILY BIGGS

Hundreds of protestors converge on Olympia's capitol building, voicing fears and opinions on Governor Gregoire's budget cuts. For more information on the Olympia protests, see pp. 10-11.

Washington state unveils Open Course Library

Community, technical colleges benefit from grant for free textbooks

Nick Neely
NEWS REPORTER
neelyna@plu.edu

October is well known for free candy. However, this October, Washington state initiated a grant to give community and technical college students free textbooks.

"The problem we were trying to solve going into this was the high costs of textbook,"

Director of Open Course Library Tom Caswell said.

The Open Course Library offers more than free textbooks. Many professors in technical and community colleges are required to teach a class, with which they have little experience, on short notice. Open-course provides these professors with an entire course with free "high quality" materials, Caswell said.

The Open Course Library was

funded by the Washington State Legislature and The Bill and Melinda Gates Foundation, according to a release by the State Board for Community & Technical College.

The cost of producing these open courses was estimated at \$1.18 million, according to a report by Textbook Advocate Nicole Allen.

The same report also estimated savings of \$1.26 million due to the Open Course Library. The report projected a savings of \$41.6 million

a year if it was adopted by every community and technical college in Washington.

The Open Course Library will provide text books for 81 high-enrolling courses. These 81 courses represent more than 80 percent of classes community and technical students enroll in, Caswell said. Forty two have been completed so far, according to the SBCTC release.

SEE BOOKS PAGE 3



A&E

Theatre program performs Shakespeare for first time in 6 years.

NEWS

Silver-colored insects, although harmless to human beings, make Harstad Hall their new home.

FOCUS

Teachers and Occupy Olympia protests lead to arrests, police action Monday evening.

OPINION

Letter to the Editor: Use of emergency birth control by students misrepresented in previous article.

SPORTS

Sports medicine program takes a holistic approach to treating athletes, offers professional experience.

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TACOMA 7-DAY FORECAST



FORECAST FROM WEATHER.COM

RESLIFE CONTINUED FROM PAGE 1

Olsen Kregel said that holiday celebration is important to PLU, regardless of the holiday celebrated.

Pacific Lutheran University has strong holiday traditions. As a Lutheran school, PLU has a Christmas Tree lighting ceremony, Christmas celebrations at University chapel, an annual Christmas concert and many other Lutheran celebrations around campus. Olsen Kregel said PLU should respect its traditions but also strive to accommodate its diverse religious community.

Despite the miscommunication between RAs and ResLife, Olsen Kregel said he sees this as an opportunity to further explore the importance of diversity and interreligious holiday celebration.

"This is one of those topics where

the answers aren't black and white. Everybody has the right answer," Olsen Kregel said. "RAs should strive to include everyone in their wing's religious beliefs."

are trying to keep celebrations and decorations nonspecific to better accommodate students of varying faith.

Ordal has an annual Christmas

"Hong has a celebration that appeals to all of the different languages and cultural traditions, while Ordal is using inclusive words like 'holiday' instead of Christmas," Olsen Kregel said. "Ordal and Hong are doing it right, and hopefully the other dorms will do it right as well."

Olsen Kregel said efforts like this can go a long way toward fostering an inclusive home environment for all religions.

"Don't forget your residents, but we want you to feel at home too," Olsen Kregel said.

RAs can still hold all holiday parties and hang all of their decorations. ResLife encourages hall staff to be inclusive in their celebrations.

"Just make sure you follow the fire codes," Olsen Kregel said.

"Everybody should have a place at PLU, especially in their own rooms."

Jeff Olsen Kregel
Director of Residential Programs

Olsen Kregel said that dorms like Ordal and Hong International Hall have the right idea when it comes to religious inclusivity. Those dorms

party that includes Christmas decorations around the hall. This year, RAs call it a Holiday Party instead to accommodate non-Christian students.

Children's book author, jeweler showcase products



PHOTOS BY KEVIN KNODELL

ABOVE LEFT: Vendor Emily Blodgett talks to shoppers about her glass jewelry in the Olson Gym turf room at the 40th Annual Yule Boutique Nov. 19. ABOVE RIGHT: Local author Chellis Jenson of the children's book "Mrs Annathena Gilly Gully From Puddle Rumples Tilly Willy" gives an autograph to Mackenzie Simon in the Olson Gym turf room at the 40th Annual Yule Boutique Nov. 19. The book, which began as a story for Jenson's granddaughter, was illustrated by her son Paul Swenson. BOTTOM: Marissa Story explores booths in Memorial Gym along with her mother Beth at the 40th Annual Yule Boutique Nov. 19.

Silverfish creep, crawl through Harstad Hall

Dianne McGinness

A&E REPORTER
mcginndo@plu.edu

Harstad Hall houses more than just Pacific Lutheran students. Small insects called silverfish have also made the building their home.

Measuring about a half-inch in diameter, silverfish are named for their covering of tiny silver scales, according to the sixth edition of the Columbia Encyclopedia. They also have three tail bristles and two long antennae.

Senior Katie Wehmann has lived in the same room in Harstad Hall for three

years and said each year she has seen silverfish around the building and in her own room.

"I was cool with it until this year when I found one in my bed," Wehmann said. "The fifth floor was recently remodeled so I thought the problem had been taken care of, but I have killed seven already."

Though silverfish are harmless to humans, they like to eat the bindings of books, wallpaper and

sometimes clothing. Silverfish prefer mild-temperatures and dark environments.

"I thought the problem had been taken care of, but I have killed seven already."

Katie Wehmann
senior

Senior Stephanie Hatch said when she lived in Harstad she would occasionally see silverfish in the shower and sometimes in

her room.

"They were pretty noticeable because the tiling used to be a funky brown color, so a silver thing was pretty noticeable," Hatch said. "Normally they hide under your stuff. I play the violin and I usually keep my instrument on the ground so sometimes I would find a few

there."

Harstad residents were told not to crush the insects because doing so attracts more to the area. When

dealing with silverfish, PLU Facilities Management workers typically use an environmentally-friendly insect repellent.

"I constantly have to vacuum and I take my trash out all the time," Wehmann said. "My water bottle even has a seal on it."

Director of Facilities Management David Koehler said that there is protocol for dealing with insects on campus, including silverfish.

"We accept anyone's call. We don't decide not to do anything," Koehler said. "We are going to look at the area. We have to find out what the cause is, food, moisture, etc. We always do something."

PLU community tackles hunger, homelessness



PHOTO BY CAMERON HOLCOMB

PLU students and staff seal bags of lentils, spices, chicken stock and rice, which will be shipped to underprivileged families in Africa. Children Of The Nations, which sponsored this event as part of Hunger & Homelessness awareness week, is a charity organization located in Silverdale, WA. Volunteers packaged more than 24,000 meals in the first hour of the event.

BOOKS CONTINUED FROM PAGE 1

Although this project is funded by Washington state Legislature, Caswell said he wants to see the program grow beyond Washington.

"We really are designing this with the needs of Washington state colleges in mind ... but at the same time we're building it in such away it cuts across state borders and even international borders," Caswell said.

Open-source materials have been adopted by colleges in Oregon, New York and even Romania, Caswell said.

"We've got the city of San Paulo,

Brazil very seriously considering translating all the materials and using it in their technical colleges systems," Caswell said. "We are happy to share

"We've got the city of San Paulo, Brazil very seriously considering translating all the materials ... We are very happy to share this material with everyone and anyone."

Tom Caswell
Director of Open Course Library

this material with everyone and anyone."

This includes four-year universities. The materials will be hosted on the site Creative Commons. This ensures

that the materials remain free and accessible after the end of the bill that created the Open Course Library.

"We're looking for ways to extend

this after the grant period," Caswell said.

Students sometimes still need to buy materials for open course classes. The price cap for required materials

is \$30 for any open course class. 26 of the 41 courses had no costs attached to them, Caswell said.

"We didn't slam the door on the publishers in this effort, we've had some really great cooperation with some of your publishers," Caswell said. "Because we set the cap at \$30, that opened the possibility for

publishers to get on board." Caswell said that even with \$30 costs, the audience that open course provides is enough to sustain a different form of textbook marketing.

LOCKDOWN LOCKOUT

Students disagree over key card policy, outdoor safety during threat to campus

Rebecca Turcotte
GUEST WRITER
turcotrm@plu.edu

The current policy at Pacific Lutheran University during a lockdown is to cut key card access into campus buildings. Campus Safety created this policy to ensure safety and comfort for students and staff on campus. The removal of card access during a lockdown is for protection in case of a possible threat.

Students should know the access and limitations to their buildings on campus, and if an emergency does occur, they should know the proper areas in which to hide or wait if locked outside.



to hide or wait if locked outside.

"The purpose of a lockdown is to try and safeguard as many people as possible," Campus

Safety Director Greg Premo said. "The majority of lockdown situations are for violent acts and the violent acts that are on campus are by students or somebody associated with the campus itself."

Premo said the policy of disabling

"If you are caught outside, which is one of the most uncomfortable places to be during a lockdown, think where you need to go to be safe, and it is not always inside," Premo said. "Maybe it's going to your car and driving off campus, or going up to

went, we wouldn't feel super safe even if it meant we had to go hide in the trees because something could happen there too."

First-year student Sean Larkin said the policy is a "good thing."

"If someone with a gun has a key card, you don't want them to open a door on campus," Larkin said, "because that kind of defeats the whole purpose of a lockdown."

For more information on lockdown procedures, visit Campus Safety and Information's website at <http://www.plu.edu/campus-safety>. Campus Safety's Crime Prevention Guide, which can be found on their webpage, contains recommendations for personal safety.

"Report all crimes immediately. In the case of theft or burglary, try not to disturb the scene. The responding deputies may be able to gather evidence if nothing has been disturbed."

Always be alert for suspicious persons in and around buildings and on campus grounds and parking lots. Do not approach them," the Crime Prevention Guide reads.

Campus Safety encourages students, staff and faculty to "take action immediately" when sensing danger.

"If you are caught outside, which is one of the more uncomfortable places to be during a lockdown, think where you need to go to be safe."

Greg Premo
Campus Safety Director

key card access is relatively new and helps control who enters buildings during a lockdown procedure.

"The policy is more of a practice and lockdown practices are always evolving."

If a lockdown occurs, Campus Safety and Information sends PLU Alert text messages to students to make them aware that a lockdown is occurring and that they should hide or move themselves to a secure area.

the bookstore and getting a coffee."

Students locked out of campus buildings during a lockdown should hide in bushes or trees or leave campus if there is a serious threat.

First-year Miki Yamamoto said "If they leave students outside, you're just putting them in just as much danger as students trying to get in and out."

Yamamoto also said that she and her friends "felt that anywhere we

Last week *The Mooring Mast* examined PLU-affiliated areas that are an exception to the alcohol policy, including 208 Garfield, the Gonyea House and the University House. This week we're examining the general alcohol policy and whether students follow this policy.

Alcohol policy

Pacific Lutheran University has a strict alcohol policy that restricts the possession of alcohol, consumption of alcohol, witnessing of alcohol possession and witnessing of alcohol consumption on campus.

"As far as I know, PLU has always been a dry campus," said University Archivist and Curator of Special Collections Kerstin Ringdahl.

But the real question is whether students follow this policy.

HAVE YOU EVER CONSUMED ALCOHOL ON CAMPUS AT PLU?

100 PLU community members responded to our online poll. 70 percent admitted to drinking on campus.

1. No. 30 votes
2. Yes. Both when I was underage and of legal drinking age. 29 votes
3. Yes. Only when I was of legal drinking age. 10 votes
4. Yes. Only when I was underage. 31 votes

ONLINE: Take our recently-released extended survey concerning the consumption of alcohol on campus.

Information compiled by Heather Perry



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Only \$7 for students!

Indie movies. Our holiday gift to you.

THE DESCENDANTS (R)

A land baron (George Clooney) tries to re-connect with his two daughters after his wife suffers a boating accident.

Fri: 1:55, 4:25, 6:55, 9:20 Sat-Sun: 11:25am, 1:55, 4:25, 6:55, 9:20
Mon-Thurs: 1:55, 4:25, 6:55, 9:20

TAKE SHELTER (R)

Plagued by a series of apocalyptic visions, a young husband and father questions whether to shelter his family from a coming storm, or from himself. Plagued by a series of apocalyptic visions, a young husband and father questions whether to shelter his family from a coming storm, or from himself.

Fri: 3:05, 5:45, 8:20 Sat-Sun: 12:30, *3:05, 5:45, 8:20 Mon-Thurs: 3:05, 5:45, 8:20
*Discussion will follow SATURDAY'S 3:05 show!

LIKE CRAZY (PG-13)

A British college student falls for an American student, only to be separated from him when she's banned from the U.S. after overstaying her visa.

Fri: 2:15, 4:40, 6:40, 8:50 Sat: 11:50am, 2:15, 4:40, 6:40, 8:50
Sun: 11:50am, 4:40, 6:40, 8:50 Mon: 2:15, 4:40, 6:40, 8:50
Tues: 4:40, 8:50 Wed-Thurs: 2:15, 4:40, 6:40, 8:50

THE WAY (PG-13)

A father (Martin Sheen) takes a journey to fulfill the dream of his late son (Emilio Estevez).

Fri: 2:35, 5:25, 8:05 Sat-Sun: 12:00, 2:35, 5:25, 8:05 Mon-Tues: 2:35, 5:25, 8:05



Connect with us!




ATTACKS CONTINUED FROM PAGE 1

Campus Safety Director Greg Premo said Nixon was first approached by two student safety officers near 121st Street by Trinity Lutheran Church. The safety officers saw Nixon's appearance was similar to the description given by the victims and attempted to have Nixon identify himself. Instead of responding, Nixon ran from the safety officers. The student officers called Campus Safety and Information to report the incident, who then called 911.

"The guy [Nixon] ran around TLC, around the back to where our operations supervisor was," Premo said. "The guy [Nixon] ran from him, ran back out onto Garfield and onto C Street."

Once Nixon reached C Street, another student safety officer in a

"apologized for his actions and was asking/hoping/begging for law enforcement to let him go without pressing charges," according to the charging documents. When asked what actions he was apologizing for, Nixon said "touching their butts," but later said he didn't remember any of the incidents.

Nixon later asked not to be jailed for his actions and said he would like to use this experience as "a wake-up call."

In the charging documents, Nixon said he is 5'8" and 170 pounds. Nixon said he lives with his two sons, ages three and eight, and had been feeling depressed "over how life has turned out, financial problems, and his divorce that happened two years ago next January."

alarming to individuals," Premo said. "There's still a little bit of human nature of 'Oh, I'm not the victim, I'm not in that situation.' I

think that's why these incidents do occur is because they don't think they'll be the victim, walking alone at night."

"I have been depressed and lonely and I may have grabbed a few girls."

Zane Lensie Nixon
serial groper suspect



SKETCH COURTESY OF PIERCE COUNTY SHERIFF'S DEPARTMENT

vehicle followed him until officers with the Pierce County Sheriff's Department arrived.

Pierce County Deputy Jeffrey Reigle found and approached Nixon. After a short period in which Reigle identified Nixon and Nixon's place of employment, Reigle told the suspect he knew Nixon had been grabbing female students.

"I have been depressed and lonely and I may have grabbed a few girls," Nixon said.

Nixon was arrested and brought to a Pierce County Sheriff's Department substation. Nixon was interviewed by Detective Michael Hefty with Reigle in presence, according to the charging documents.

In the interview with Hefty, Nixon

Troyer said Nixon had no prior criminal record, which Premo said was surprising.

"It was not the profile that we were thinking the suspect would fit," Premo said.

Nine female students reported being attacked by a man between 5'6" and 5'8". The first attack was reported on Oct. 30 and the final attack on Nov. 20. Campus Safety and Information sent alerts to campus via email after the reports were filed. Despite the large number of attacks near campus, Premo said he received no reaction from the PLU community.

"I think the nature of the incidents themselves, although somewhat disturbing, weren't too

Victims describe the serial groper (depicted above) as a young man, 5'6" to 5'8", according to the charging documents. Victims who got a clear look at the attacker described him as a black male. The suspect usually wore jeans, sneakers and a hooded sweatshirt with the hood pulled up.

9 female PLU students report 7 separate attacks near campus

Courtney Donlin
NEWS EDITOR
donlincl@plu.edu

Each victim was a young, female Pacific Lutheran student attacked in close proximity to the university's campus. The Pierce County Prosecutor's Office released the charging documents from the suspect's arraignment Monday.

Victim K.E. reported that on Oct. 30, a male grabbed both of her breasts at around 10:30 p.m. She screamed and the suspect tried to cover her mouth. The victim was walking alone on 115th Street South. Victim K.E. was the first victim to report an attack related to the suspected serial groper. The location of this attack is not shown on the map to the right.

Victim A.M. reported that on Nov. 2, a black male grabbed her bottom and asked for her phone number at 9 a.m. The victim was alone in the 121000 block of C Street South.

Victim K.F. reported

that on Nov. 8, a male said, "Looking good," and slapped her bottom. The charging documents did not contain an approximate time of the incident. The victim was walking south toward the library near 121st Street.

Victim K.P. reported that on Nov. 8, a black male grabbed her around her midsection, reached up her skirt and under her underwear at around 4:45 p.m. The male whispered, "How you doing baby?" The victim was walking alone on Yakima Avenue South. This location is not shown on the map to the right.

Victims K.W. and C.S. reported that on Nov. 9, a black male grabbed both of their bottoms around 7:30 p.m. The victims were walking together toward campus on Garfield Street.

Victims C.A. and A.L. reported that a black male grabbed the area of their bottoms at 2 a.m. The victims were walking together on Park Avenue South.

Victim M.E. reported that on Nov. 20 at around 12:30 a.m., a male ran up to her. The man said, "How you doing?" before reaching up her skirt and under her

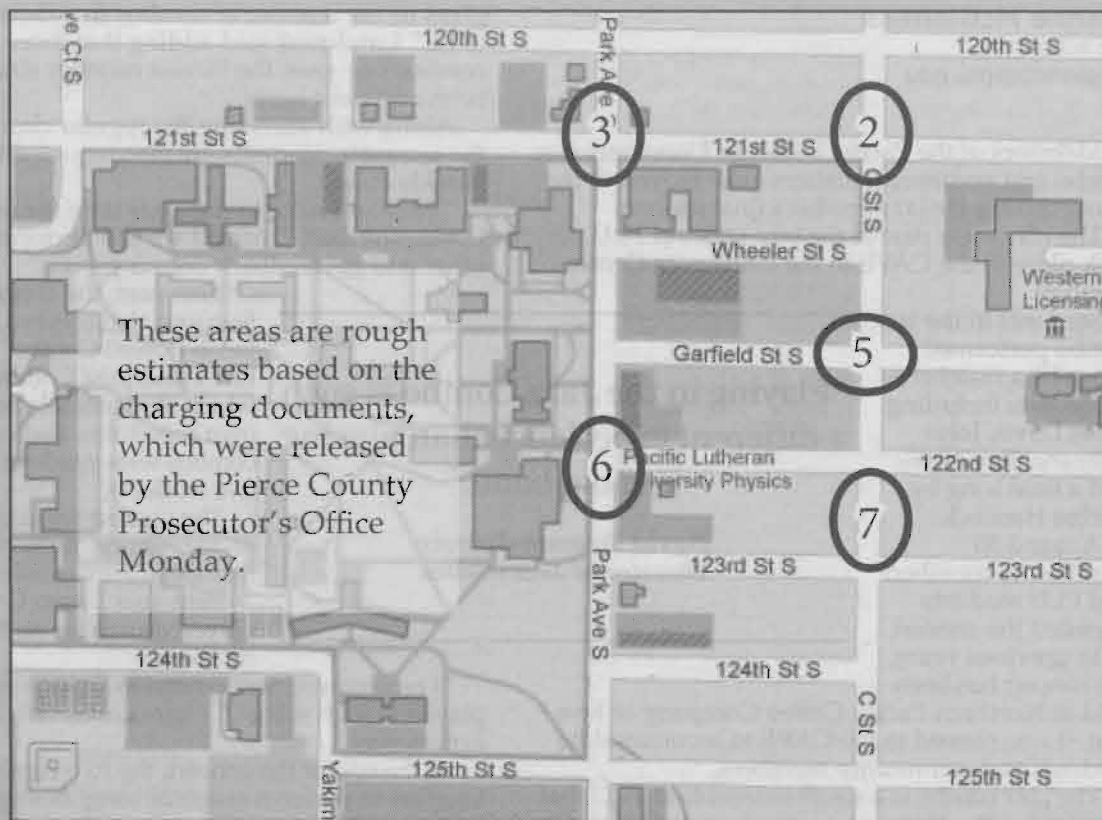


PHOTO ILLUSTRATION BY COURTNEY DONLIN

The two separate attacks on victims K.E. and K.P. are not shown on the map above due to their lack of proximity to campus.

underwear. The victim was walking alone on C Street South.

Information about the attacks was taken from the charging documents.

Upon his Nov. 23 arrest, suspect Zane Lensie Nixon said he did not remember any specific encounter, but admitted to touching the women inappropriately,

according to the charging documents. Spanaway resident Nixon was employed with Remann Hall for 10 years prior to his arrest.

A MIDSUMMER NIGHT'S DREAM:

Alpha Psi Omega puts on Shakespearean play

Alison Haywood

A&E REPORTER
haywooj@plu.edu

After losing the rights to the play "Middletown," the Pacific Lutheran chapter of Alpha Psi Omega will put on "Midsummer Night's Dream," the first Shakespeare play to hit the Eastvold Main Stage in almost six years.

The performances are 7:30 p.m. Dec. 7-10 and 2 p.m. Dec. 11.

Theatre major and APO member senior Jordan Beck selected and will direct the play.

"At its base, this is a story about the transforming power of love," Beck said.

Artistic Director of Theatre Jeffrey Clapp said the Theatre program faculty approved "A

Midsummer Night's Dream" for multiple reasons.

Clapp said "Midsummer" fits the School of Arts and Communication's theme of love and compassion this season and that it compliments the Theatre program's fall Shakespeare class.

This semester's acting Shakespeare class, taught by Professor of Theatre Brian Desmond, has focused on Shakespeare from the theatrical rather than the literary

perspective. Desmond said "Midsummer" will give his students an opportunity to put in to practice what they learned in his class.

Desmond directed Twelfth Night, the last Shakespeare play performed at PLU, in spring 2006.

Desmond said he teaches Shakespeare not just to make his theater students more employable, but because Shakespeare forces actors to stretch themselves.



"What we learn in acting Shakespeare helps us as actors immeasurably because it teaches us how to convey powerful characters, powerful emotions, through the language we are given," Desmond said. "Great roles, great plays by playwrights like Shakespeare help us grow."

Samuel French, Inc. denied the Theatre program's rights to the play "Middletown" in June due to outstanding debt from

previous productions, but said that the rights were available at the time.

When the debt was resolved and the Theatre program applied again, however, they were told that the rights were unavailable because the playwright, Will Eno, had reworked the play.

Clapp said he viewed this, ultimately, as a positive thing because there will be more people involved, people will recognize the play and there are opportunities to include the English department.

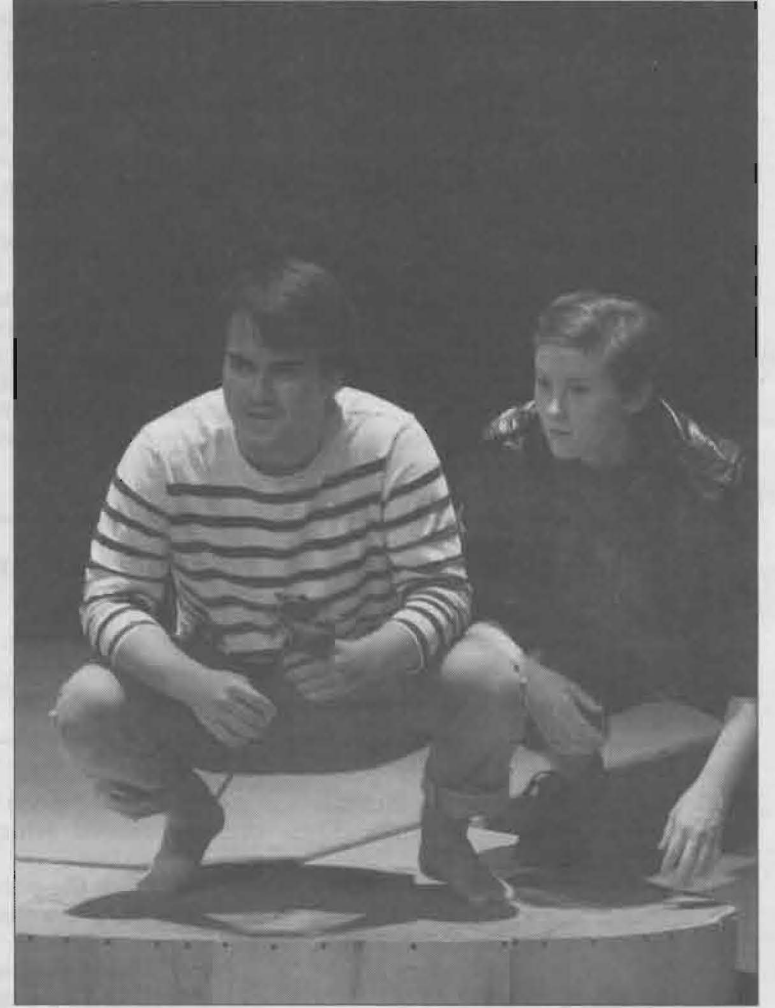
"It's going to be positive for the community," Clapp said. "It's going to be better than a Northwest premiere of a play that nobody's ever heard of."

First-year Catherine Graham, who studied Shakespeare in her Writing 101 class, said she loved previous productions and was thrilled when she found out APO would be performing "A Midsummer Night's Dream."

"I have never been able to understand his [Shakespeare's] plays so well as when I see them performed," Graham said.

Senior Emily Anderson said she is interested in how Beck will interpret the play because of the overproduction of "A Midsummer Night's Dreams."

Beck described his interpretation of this Shakespearean classic as expressionistic, whimsical and modern. It will not be set in any



PHOTOS BY IGOR STRUPINSKIY

LEFT: A crowd of Athenian laborers, the Mechanicals, plan to perform a play at the royal wedding. "A Midsummer Night's Dream" will premiere Dec. 7 on the Eastvold Main Stage. RIGHT: Junior Jack Sorensen as Oberon explains to Puck, played by senior Angie Tennant, his scheme for enchanting the fairy queen and getting what he wants.

particular time period, and the technology will be "vaguely anachronistic."

"A Midsummer Night's Dream" will hit the Eastvold main stage Wednesday at 7:30 p.m.

"When we come in as first

years, they say every other year—it'll be a musical one year and a Shakespeare the next," Beck said. "And we've done three musicals in my three and one-quarter years here. It's about darn time we did a Shakespeare."

Students improvise in the CAVE

Jazz combo class performs last concert of semester, features two groups

Dianne McGinness

A&E REPORTER
mccinndo@plu.edu

Members of the Pacific Lutheran University jazz combo and audience members alike moved to the music during the jazz combo's final concert.

The concert, a part of the jazz series at PLU, took place in the CAVE in the University Center Tuesday.

Students in the jazz combo performed songs by a number of composers including Miles Davis, John Coltrane, Ray Noble and a final song by Herbie Hancock.

Around 50 community members and PLU students attended the concert.

In previous years, the concert has been held at Northern Pacific Coffee Company or Java Jam. It was moved to the CAVE to accommodate students and community members.

The jazz combo is a small ensemble at PLU that focuses its attention on learning how to improvise.

"Playing in the jazz combo is such a different experience than playing in a big band," Director of Jazz studies and Professor of Music David Deacon-Joyner said. "They have to do a lot more heavy lifting."

Senior Eric Lundquist, who plays trumpet in the jazz combo, has been involved in the jazz program since he first arrived at PLU four years ago.

"First we figure out the rhythm sections and that

gives us the number of combos that there are going to be," Lundquist said adding that there were three combos one year, the largest number since he has been a student here.

Along with attending the regular class during the semester, students are also required to rehearse outside class.

"We don't have to use class time for rehearsal," Lundquist said. "Instead we can perform for each other and get feedback on our pieces."

This year, the concert featured two combos, "The Jacob Powell Combo" and "The Eric Lundquist Combo" for which students selected their own repertoire. Each of the combos were made of four to five students.

The concert featured students on saxophone, flute, piano, bass, trumpet, drums and clarinet.

First-year Bruno Correa played drums for each of the combos.

"I recommend jazz combo to anyone who has played in high school," Correa said. "It's a great experience."

At the end of the concert, the two combos joined together to perform one final song. Both groups had selected the same song to perform so instead of making one group give up the song, the groups decided to have a "good old fashioned jam session," Deacon-Joyner said.

Each combo has a group leader who is charge of organizing rehearsals, picking the songs and finding recordings they want to do.

"If they're picking tunes and hanging out and listening to jazz recordings it becomes part of society and their community," Deacon-Joyner said.

"Playing in the Jazz Combo is such a different experience than playing in a big band."

David Deacon-Joyner
Director of Jazz studies



PHOTO BY IGOR STRUPINSKIY

First-year Joe Basler warms up on the flute before the Jazz Combo concert Nov. 29 at 5:30 p.m. in the Cave. Professor David Deacon-Joyner puts on the concert as the final project in his jazz combo class.

"The students pull together toward a common goal."

The jazz combo is open to all levels of musicians on any instrument.

Film shows love 'rarely perfect in execution'

Critic praises romantic drama's reality of love

review



Michael Campbell

GUEST WRITER
campbem@plu.edu

The topic of love is almost always shown as a black and white affair, but the film *Like Crazy* focuses on the gray areas of love: its unpredictability and bittersweet reality.

Like Crazy, which was released Oct. 28, is a modern-day romantic drama from the relatively unknown director Drake Doremus. It showed at the Grand Cinema in downtown Tacoma. Set in Santa Monica, Calif. and starring Anton Yelchin and Felicity Jones, the movie depicts the love story of two college students.

The film follows Anna (Jones) and Jacob (Yelchin) as they fall for one another. Jacob is a furniture designer and spends his hours sketching

chairs. Anna, a British foreign exchange student, decides not to go home after her student visa expires and is deported back to England. The couple decides to stay together and make it work, maintaining a long distance relationship.

Problems begin to emerge.

Like *Crazy* shows that love, while beautiful and wonderful

in thought, is rarely perfect in execution. The real success of this film is that it shows just how much a roller coaster falling in love can be.

One thing that made the film exceptional was the chemistry between Yelchin and Jones. Doremus

guided the actors in improvising their lines. According to *The New York Times*, there was no actual script.

One example where the improvisation works is the scene where Jacob and Anna go to Catalina

Island just before she is supposed to fly back to the United Kingdom.

Both actors are visibly distraught

and Jacob tries to ease the awkward tension by coyly asking what Anna is doing on Catalina Island. He asks whether she's a fisher and proceeds to joke that he owns a yacht named *The Ahi*. This scene, where Jacob tries to lighten the mood by

pretending they just met, adds to the sincerity of the film.

This was an absolutely ingenious idea, because it gave a really authentic feel to the film. It's almost as if the viewer is in the room with the people.

The director's choice to focus on the 'grayness' of love really benefits the film. While many other films fixate on how great or terrible love can be, Doremus resonated in his examination of love's bittersweetness. He hones in on the juxtaposition of the good times and the bad and how things can change in an instant. This all-encompassing view of love does an excellent job of mirroring reality.

Like Crazy takes you on an emotional journey from agony to ecstasy and vice versa. Its genuineness, well-acted leads and heart-felt plot make it a journey worth taking.

The real success of this film is that it shows just how much a roller coaster falling in love can be.

Columnist names new Christmas classics

Alex Domine

A&E COLUMNIST
domineac@plu.edu

As the next generation of college students transition into adulthood, 21 years worth of Christmas songs make the transition from contemporary to classic.

There are the classics such as Bing Crosby's "White Christmas", the best-selling single of all time, selling 50 million copies, according to *The Guinness Book of World Records*.

Which new Christmas songs will our generation find notable enough to call classic?

Here are the top five songs that are already on their way to becoming Christmas classics.



5 *Merry Christmas, Happy Holidays* by N'Sync (1998)

"Merry Christmas, Happy Holidays" by N'Sync lands a top five spot because it taps into my childhood in the traditional sense as well indulging my guiltiest of satisfactions, boy bands.

The song is upbeat and with lyrics like "We've been waiting all year" in its introduction. It is a great after-Thanksgiving anthem to welcome the official start of the season.

The first and only released single from the N'Sync's Christmas repertoire is still on the iTunes Top Holiday Songs more than 10 years later.



4 *Baby, It's Cold Outside* by Glee (2010)

Glee has been making light of controversy since its debut in 2009. The popular a cappella-themed TV show touches on race, infidelity, teen pregnancy and homosexuality.

Glee features Kurt Hummel, played by Chris Colfer and Blaine Anderson, played by Darren Criss, one of television's only gay couples.

Their first duet on the show, "Baby, It's Cold Outside" by Frank Loesser, lands at number four because of its bold, yet charming statement. Glee took the untraditional idea of two men singing a love song and included it in the most traditional of holidays. In addition, it was an excellent fresh arrangement to an old classic.

The voices of Criss and Colfer agree with each other.



3 *Christmas Shoes* by NewSong (2000)

Novelty is a secret ingredient in pop music hits. "Christmas Shoes" by Christian vocal group NewSong earns its place at number three regardless of cliché.

The overall kitsch of the song leaves those with a low threshold for gimmicks nauseated. However, if there is ever a time to embrace the overdone, it's the Christmas season. The song is just the right balance of cathartic and kitsch to make it a prospective classic. "Christmas Shoes" doesn't display the sort of musical sophistication that many classic songs have. Its claim to future success lies in the novelty of the audience's response.

Whether you think the song is a pun or is poignant, the extremity of those reactions will make this song memorable. The song is currently on iTunes Top 40.



2 *Christmas/Sarajevo 12/24* by Trans-Siberian Orchestra (1995)

"Christmas/Sarajevo 12/24" by Trans-Siberian Orchestra is a medley featuring "Carol of the Bells" and "God Rest Ye Merry Gentlemen".

The thickness of the piece in regards to instrumentation and volume makes it identifiable and separate from the typical arrangement and earns its spot at number two.

The TSO is a progressive metal band that incorporates orchestral, symphonic and dense instrumentation in its music. Furthermore, TSO performs with complete staging including a massive light and laser show as well as fire effects and video screens. All of these performance effects are synchronized to the music of the concert.

The piece grows, adding layers of musical texture that eventually amount to an emotional finale

reminiscent of music of the romantic era such as music by Beethoven and Rachmaninoff.

This orchestration is on its way to being a classic because of the modern twist to a renowned tune. The two melodies used in this song are folk chants and carols that are more than 100 years old and have been covered numerous times. Therefore, each generation has a rendition it identifies with.

The Recording Industry of America certifies songs platinum when they reach one million units sold. *Christmas/Sarajevo 12/24* is certified double platinum by the RIAA and is currently number four on the iTunes chart.



1 *All I Want For Christmas Is You* by Mariah Carey (1994)

Mariah Carey's irresistible original, "All I Want For Christmas Is You," lands in the number one spot.

The song is rhythmic and laden with chimes, a back up choir and sleigh bells. Carey's vocals leading the ornate orchestration is the perfect combination to spread the holiday spirit. Simply put, the song is fun to listen to.

According to Nielsen Business Media, "All I Want For Christmas Is You" was the 19th best-selling digital single of the 20th Century, highest charted holiday song and highest charted song by a female artist.

In 2012, *Rolling Stone Magazine* called it a "holiday standard" and stated it was the fourth-best Rock and Roll Christmas song of all time. The RIAA has ranked it as the number one downloaded ringtone and the first to be certified double platinum. "All I Want For Christmas Is You" is number two on the iTunes chart for more than 16 years.

As the next generation of adults adopts its own traditions, a new canon of Christmas music will be passed down. Just as those of us who grew up in the 90s listened to the 1940s classics that our parents grew up with, the hits of the last 20 years will provide the soundtrack for the childhoods of future generations.

ONLINE:

Vote for your favorite of these Top 5 Christmas songs on The Mooring Mast website.

Assassin's Creed promises 'revelations' in its fourth installment

review

G G G G O

cost
\$59.99

Stewart Berg
GUEST WRITER
bergsm@plu.edu

Since the release of Assassin's Creed in 2007, developer Ubisoft has created a franchise of nearly yearly sequels. Almost four years to the day after the series' origin, the much anticipated fourth installment, Assassin's Creed: Revelations, was released.

In what may be a step sideways rather than forward or backward for the series, Revelations provides the series with a satisfying mini conclusion for its star, Ezio Auditore da Firenze.

As promised in the game's title, Revelations provides answers to many of the series' most pressing questions.

The story opens with Ezio's search for five keys required to open a library containing information vital to the Assassin-Templar war.

His search takes him to a faithfully recreated 1511 Constantinople and, ultimately, to the culmination of his life as an assassin.

Revelations stresses Ezio's role as the leader of the Assassin Order. Much like in the game's antecedent, Assassin's Creed: Brotherhood, Ezio is able to recruit and train fellow assassins.

Broadly, Ezio is able to send assassins to cities on every side of

the Mediterranean to erode Templar influence and eventually seize control of the cities. Ezio can also individually train recruited assassins and groom them for posts within Constantinople.

Ubisoft did a wonderful job creating a genuine mood of an aging Ezio preparing his eventual replacements.

Of the new changes to the series in Revelations, the addition of

As promised in the game's title, Revelations provides answers to many of the series' most pressing questions.

the hook blade may be the most successful.

The hook blade allows for variations in free running and combat that have been largely unchanged since Assassin's Creed 2.

The hook blade allows Ezio to zip line across rooftops and scale buildings more quickly, leading to faster travel across the vast city.

Though an improvement, the hook blade does not have the same groundbreaking feel that other similar changes in the series, such as the addition of a second hidden blade in Assassin's Creed 2, had.

Another new adjustment in Revelations is the addition of bomb crafting.

While sensible in theory, this addition doesn't transition well into the game.

I found myself ignoring the bomb

feature entirely since it was often quicker, simpler and more fulfilling to dispatch enemies in close quarters.

A lot of time is devoted to introducing bombs at the beginning of the game, but the feature is more of a chore than a privilege.

Revelations' greatest failure comes in the addition of the new den defense mini-game.

When the player gains enough notoriety, Templars will attack Ezio's in-city strongholds and trigger a real-time-strategy-style defensive battle to protect the Assassins' den.

Templars slowly march in various group sizes toward the den while Ezio orders assassins to various locations of defense.

These sequences are as disappointing because they are a break from the classic Assassin's Creed formula. The action is slow and boring and seems more fitted for a bad Age of Empires game than for the fast-paced action of Assassin's Creed.

Fortunately, these sequences can be largely avoided by managing and limiting Ezio's notoriety.

Revelations' struggles, such as the bomb making and den defense, come in areas that are either largely avoidable or completely optional.

Thus, Revelations' struggles are largely enveloped by its success in nearly every other facet of the game.

At the very least, Revelations is worth playing solely as another satisfying chapter in what has been one of the most popular series of this gaming generation.

Tips and Advice for Assassin's Creed

1. Use Killstreaks: Ezio often finds himself surrounded by enemies, and the use of these chained kills is the quickest and most effective way to break up the crowd.
2. Own Constantinople: Ezio's primary source of income is from the various businesses that need to be reopened around the city. Do so to take a cut of their profits.
3. Be Aware of Templar Awareness: If it gets too high, the Templars will attack an Assassin den. Frequently bribe heralds and kill Templar officials to keep the meter low.
4. The Enemy of My Enemy: City guards and Templar guards (orange dots and red dots on minimap) can be lured into fighting each other, allowing for easier combat for Ezio.
5. The Crossbow: It is expensive, especially early in the game, but the crossbow provides a powerful and stealthy ranged attack that is invaluable during more difficult missions.

Students take part in Big Game Night



PHOTOS BY CAROLYN KNACKSTEDT

LEFT: First-years Alyssa Sleva and Maxwell Silver participate in Big Game night in the lower University Center Nov. 18. Their game of choice was Giant Twister. The Giant Twister mat was four regular mats taped together. **RIGHT:** First-year Jazmyn Carroll played Giant Jenga. The tallest Jenga game reached about three to four feet in height.

Capitalism at the **capital**

The Mooring Mast covered protests in Olympia this week as hundreds of Washington residents swarmed the capitol building.

WE ARE
THE
99%

WA LEGISLATURE
PLEASE WORK
FOR US!

Olympia overridden with Occupy protesters, hundreds converge on capitol steps

Jack Sorensen
FOCUS EDITOR
sorensjc@plu.edu

The deafening sounds of chanting echoed through the marble rotunda of the Washington state capitol building. Protesters adopted the lyrics of "We Shall Not be Moved," a traditional song of American defiance harkening to union, racial equality and feminine suffrage protests of the 1930s. But these protesters were not old. They were a part of a modern, growing movement of U.S. political dissidence.

The Occupy Wall Street movement began in late Sept. 2011 and continued through Monday and Tuesday when hundreds of Washington residents converged on the capitol to protest the legislature's proposed budget cuts.

Occupy protests in Olympia Monday coincided with the beginning of a legislative special session, when the state Ways and Means Committee will strive to compile a sustainable budget.

Monday doubled as a state-wide Washington Educators Association march on the capitol, where more than 200 teachers, administrators and school employees voiced their concerns about Washington Governor Christine Gregoire's latest proposed education cuts, which include canceling state grants for special programs and shortening the school year, WEA Chinook Region Union President Kathie Axtell said. Axtell is also an administrative secretary in the Olympia School District and was one of the organizers of WEA's Monday activities.

"As an education association we struggle because many of the cuts that are taken from social services are the very things that help our students," Axtell said.

Occupy and WEA protesters were joined by members of the International Brotherhood of Teamsters Chapter 571, a national union of laborers, notably truck drivers; the Service Employees International Union, which includes workers from the healthcare, property services, janitorial, public services and state worker industries; the International Socialist Organization; Casa Latina, a Seattle-based lobby organization for seasonal Latino workers; and the American Federation of Teachers.

Monday and Tuesday, protesters flowed through the capitol building and poured onto the capitol steps. Many carried signs and props while others hung banners from the first and second floor balconies of the capitol building.

While the groups and their missions were diverse, all protesters shared a common political theory: More revenue and less budget cuts are the way into 2012. WEA and other smaller groups gathered in Olympia to support more specific campaigns, while Occupy supporters protested a much broader range of missions — Robinhood-esque tax cuts for poor and tax increases for wealthy, repeal of state legislators and even an end to capitalism.

When Mooring Mast reporters arrived in Olympia Monday, the tension in the capitol building was palpable. Dozens of Washington state troopers stood vigilant on balconies, while more than a dozen more guarded the door to the governor's office where an angry group of protesters gathered shouting. The troopers stood at the governor's door in two rows, shoulder to shoulder, ignoring the shouting of the crowd.

"Tax the rich and save the poor," shouted one protester.

Occupy protesters used their popular "mic check" method to communicate to each other and shout messages to the governor. In their mic checks, one speaker shouts his or her message several words at a time while the crowd repeats in two groups. Using this method, Occupiers successfully passed their message from the governor's office on the first floor all the way to the second floor balcony.

Breanne Fuller, a 24-year-old Evergreen State University student, said she planned on staying in the capitol building until the special session developed an adequate budget. Earlier that day, Fuller said she staged a student and faculty walkout in support of the Occupy

movement.

"America is starving, and all we're putting the pressure on is our workers and our children and our homeless," Fuller said.

Fuller was in the capitol earlier in the afternoon when demonstrators interrupted the Ways and Means Committee and postponed budget deliberations. She spent the late afternoon and evening camped in front of the governor's office door with other Occupiers. Prior to 5:30 p.m., interactions between protesters and state patrol outside the governor's office remained peaceful.

"I haven't found them to be aggressive," said Mokey Skinner, a protester outside the governor's door. Skinner brought her son to the event, who was lying sleepily next to her.

"Not super fun," Waylon, 5, said of the event.

Earlier in the afternoon, protesters had interrupted and postponed the Ways and Means Committee's first meeting of the special session. Representative Zach Hudgins, a committee member, said more than 160 protesters signed up to testify regarding Gov. Gregoire's proposed budget.

"I am glad to see so many people involved with our process," Hudgins said in an email interview. However, Hudgins said he was disappointed some protesters "don't recognize that voters voted against a progressive income tax which some Occupy people would like the legislature to support.

"It isn't as simple as just closing tax loopholes even if we want to," Hudgins said.

As the clocks in the rotunda neared the 5:30 p.m. closing time, interactions between protesters and authorities tensed. When the doors closed at 5:30 p.m., state patrol allowed the protesters within the building to remain until the end of the hour, but took the entry doors to prohibit the entry of any additional Occupiers. When the inside crowd saw troopers guarding the doors, it instantly began pouring into the entry foyer, chanting "let them in."

Tension slowly rose to a boiling point, when a protester shouted "storm them," and the crowd charged state troopers. Troopers stood their ground for upwards of 30 seconds, simultaneously holding back protesters attempting to exit and protesters trying to enter. When a male Occupier attempted to attack a trooper, however, officers drew weapons and a protester next to Mooring Mast Photo Editor Emily Biggs was tased.

Nicholas Croft, an Occupy protester, reported being choked by a state trooper.

"I'm angry, very angry," Croft said afterward. He said he was subsequently tased by state troopers.

By the time violence ensued, members of the Occupy movement were the only protesters still on the capital campus. WEA members, who had dissipated earlier in the evening when Occupiers attempted to chant with the educators, were all gone by 5:30 p.m.

Katie Rose, an English teacher at Tenino High School, questioned the violence, asking, "Do you think that's necessary?"

State patrol made four arrests and issued 30 trespass citations Monday, said Washington state patrol spokesman Bob Calkins. Calkins would not disclose the number of officers present in the capitol building, though Mooring Mast reporters estimated 16 officers were on the balconies and rotunda floor Monday with an additional 15 guarding the governor's office.

Eighteen-year-old Tacoma resident Anthony Farris was one of the individuals arrested Monday. He said he suffered abuse from the state patrol while held in a room with 12 to 15 other

arrested individuals. Farris

obtained security footage of Tuesday's events and protesters exiting the capitol building. Farris moved to the southeast corner of the building, where he believed arrested protesters would not exit with any detainees present.

After exiting the building Tuesday, Occupiers directed protesters exiting the building. While some protesters had any identifying name tags, others did not, including "bitch," "pig"

When a male Occupier attempted to attack a trooper, however, officers drew weapons and a protester next to Mooring Mast Photo Editor Emily Biggs was tased.

While the WEA fought for Gregoire's recent budget, Washington colleges.

Nov. 16, Pacific Lutheran University received an email from the State Aid Office titled, "Save



Washington state troopers stand guard outside Governor Christine Gregoire's office Monday as a crowd of angry Occupy protesters shout demands to meet with the governor. The Mooring Mast estimated there were more than 30 officers inside the capitol building Monday.

PHOTO BY JACK SORENSEN

is said Wednesday he was attempting to verify his claims. ...d more peacefully, with Occupy ...itol upon request at 5:30 p.m. Protesters ...kit of the building, where they said they ...ers would be led out. The state patrol did ...es while Mooring Mast reporters were

ng and taking to the southeast corner ...ted their anger at government employees ...le the individuals were not wearing ...s, protesters shouted insults at them, ...nd "slave of the government." Some ...capitol employees were ...followed around the block by ...shouting protesters.

Some Occupiers disagreed with the movement's methods.

"Just because they don't show us compassion doesn't mean that we can't," said Nodia Limb, who argued that other protesters do not have any information verifying the targeted individuals' manner of employment.

PLU Financial Aid Office encourages students to 'Save Student Aid'

...t against cuts for K-12 education, Gov. ...proposal included cuts that would affect

...an students ...the Financial ...udent Aid!"

faculty-led campaign encouraging students to write letters to their elective representatives lobbying for protection from state cuts.

Ron Noborikawa, senior associate director of financial aid in the Financial Aid Office, spearheaded PLU's Save Student Aid campaign.

"It's primarily been a coordinating effort," Noborikawa said. Most of the information in the campus email was compiled by Noborikawa, though he said he has been working with the Independent Colleges of Washington and the National Association of Student Financial Aid Administrators.

"This process has been a moving target," Noborikawa said, adjusting the campus campaign to changing national and state financial aid threats.

Among the tenets of the governor's proposal is a cut to state need-based grants for private universities, which Noborikawa said would directly affect a number of PLU students.

Noborikawa warned that all students would be directly or indirectly affected since the university would be forced to raise fees to make up for lost money from the state.

"The biggest threat would be if the state legislature proposes and passes that the state need grant program be limited to public institutions," Noborikawa said. He said state grants at PLU are currently around \$3-4 million.

Noborikawa said he was not aware whether any PLU community members had been in Olympia.

The legislature plans to move ahead with Ways and Means hearings regardless of Monday's delay.

"I am glad to see so many people involved with our process," Hudgins said, reflecting on Monday's events.

Story compiled with help from Photo Editor Emily Biggs.

A group of young Occupy protesters sit on a marble ledge inside the Olympia capitol building Monday. At the end of Monday's protests, as state troopers attempted to clear the building, a small contingency of Occupiers began to shout "tear down the flags."

PHOTO BY JACK SORENSEN



PHOTOS BY EMILY BIGGS

HEAD ONLINE TO WWW.PLU.EDU/MAST FOR MORE PHOTOS AND VIDEO OF A PROTESTER BEING TASED FROM THIS WEEK'S PROTESTS IN OLYMPIA.

Politician's handling of press concerns Mast photographer

Kevin Knodell
PHOTOGRAPHER
knodelkj@plu.edu

The last thing I expected was to get a call from Tacoma Mayor Marilyn Strickland while I was on my lunch break Nov. 18.



It's not typical to contact a reporter through his or her personal number. The night before, I covered an event hosted by the Pacific Lutheran University and Pierce County Young Democrats

at which Strickland and City Councilman Ryan Mello spoke.

At the event, I made clear I was from the press. I showed up well in advance and talked with organizers about how the event was organized and asked where I could set up my photo equipment. I was treated mostly with cordiality for being willing to cover the event.

Zach Powers, a PLU alumnus and member of the Pierce County Young Dems, took my position in the press less than seriously and commented that it looked like I'd gotten my press pass "off of a milk carton." I ignored the comment, set up my equipment and waited for the event to start.

PLU Young Democrats President junior Alex Wolfe said the event had been intended to be a larger event open to campus.

Wolfe and other organizers had hoped political science professors might attend, bringing students with them so they could learn about what it was generally like to work in politics.

Ultimately, mostly only Young Dems were present. Mayor Strickland and Councilman Mello then arrived. As a result of low attendance that consisted mostly of members from the Democratic camp, the tone of the event was therefore more informal and personal.

Strickland and Mello sat down with students and talked about

the upcoming 2012 campaign season, the Occupy Wall Street Movement, same-sex marriage, decriminalization of marijuana and race relations.

Though I had personal views of my own on many of the issues and positions discussed, I kept them to myself. I was put off by Mayor Strickland's comment that was met with laughter about Republicans being unable to court black voters because "you just can't get around that they're racist," considering that I was raised by Republicans, though I identify as an independent.

I was bothered because this sort of partisan rhetoric, which identifies those who disagree politically as malicious does little to benefit anybody. It turns legitimate debates about policy and what's best for the community into a bitter and divisive battle between good and evil. It takes respect out of the picture and makes honest dialogue and reflection on one's own beliefs that much more difficult.

Regardless of my thoughts, I kept quiet during the event. I did my job as a photojournalist, went home, wrote some basic captions, emailed my photos to my editor and called it a night.

The next day, when I answered a

call from a number I didn't recognize, which happened to be from Mayor Strickland, she told me she "forgot there was someone in the room taking notes" the night before. She wanted to know what kind of article I was writing and what sort of angle I might have.

She told me she said some statements that were potentially inflammatory and wanted me to understand that she just wanted to fire up the Young Dems for 2012. I told her that I was working that night simply as a photographer and that was it. After the call, I began to ponder this turn of



PHOTO BY KEVIN KNODELL

Mayor Marilyn Strickland and City Councilman Ryan Mello speak to students in the Columbia Center on Nov. 17. The event was organized by the PLU Young Democrats and Pierce County Young Democrats. The two talked about such issues as the upcoming 2012 campaign season, the Occupy Wall Street Movement, same-sex marriage, decriminalization of marijuana, and race relations.

events and opened up dialogue with editors on the staff of The Mooring Mast about the conversation.

I then learned Powers had emailed The Mooring Mast's editor-in-chief at three in the morning to find my name and phone number.

It's interesting that at some point between covering the event on the night of Nov. 17 and being called by the Mayor the following morning, I'd gone from being regarded as little more than a student journalist with a "milk carton" press pass to being a very real concern as a result of what I'd heard.

The Mast staff has not been able to determine how the mayor's office got a hold of my personal cell-phone number. When Powers was asked by the editor-in-chief where he'd obtained my phone number, he only answered that he'd found it through "a mutual friend," refusing to elaborate.

It is unprofessional to contact a reporter through his or her personal number, especially when it was not obtained from his or her editor, who in this case was not given adequate time to respond. It's also hypocritical for Powers to

demand information from the press, then to turn around and withhold information when we request it.

I don't want to harp specifically on what was said by Strickland or Mello. Republicans aren't any less civil in the words they have for Democrats. What's more significant is that they were concerned about the press hearing it, so concerned that they needed to track down a journalist's phone number. If an elected official doesn't want to be heard saying something, why say it at all?

People, particularly those in positions of power, need to take responsibility for what they say and do. They need to mind their words and their actions – regardless of whether the press is watching.

Regardless of my thoughts,
I kept quiet during the
event. I did my job as a
photojournalist....

corrections

The Nov. 18 issue, page 5 article "Two perspectives on PLU opera: Looking to the audience, columnist performs ..." by Alex Domine should have said he spent 32 hours a week practicing, not 42 hours a week.

The Mooring Mast

The Mooring Mast adheres to the Society of Professional Journalists' code of ethics, which includes the guidelines to "seek truth and report it," "minimize harm," "act independently" and "be accountable." The Mooring Mast also has taken the TAO of Journalism pledge, which promises our readers we will be transparent about who we are, accountable for our mistakes and open to other points of view.

The views expressed in the editorials, columns and advertisements do not necessarily represent those of the PLU administration, faculty, students or The Mooring Mast staff.

Mission statement:

The Mooring Mast serves as an opportunity for discussion among students, faculty and community members. It encourages growth by acting as a learning lab for students who operate the publication, an educational venture and a service to the community. Our primary goal is to give readers the facts they need to form their own opinions.

Advertising & Subscriptions:

Please contact the Business and Ads Manager at mastads@plu.edu or visit www.plu.edu/mast for our advertising rates and contract.

Subscriptions cost \$25 per semester or \$40 per academic year. Please mail a check addressed to The Mooring Mast at Pacific Lutheran University, Tacoma, WA 98447 if you'd like to subscribe.

Letters to the editor:

The Mooring Mast encourages letters to the editor. Letters must be submitted to mast@plu.edu by 5 p.m. the Tuesday before publication.

Letters without a name, phone number and class standing or title for verification will be discarded. Letters should be no longer than 500 words in length and typed.

The Mooring Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors.

EDITOR-IN-CHIEF

Heather Perry
mast@plu.edu

NEWS EDITOR

Courtney Donlin
donlincl@plu.edu

A&E EDITOR

Mel Natwick
natwicmk@plu.edu

FOCUS EDITOR

Jack Sorensen
sorensjc@plu.edu

OPINION EDITOR

Jessica Trondsen
trondsjk@plu.edu

SPORTS EDITOR

Justin Buchanan
buchanjj@plu.edu

BUSINESS & ADVERTISING MANAGER

Alexis Briggs
mastads@plu.edu

PHOTO EDITOR

Emily Biggs
biggsec@plu.edu

ONLINE EDITOR

Daniel Drake
waloda@plu.edu

COPY EDITORS

Reno Sorensen
sorensrj@plu.edu

Amelia Heath
heatham@plu.edu

ADVISER

Joanne Lisosky

NEWS & FOCUS REPORTER

Nick Neely

A&E REPORTERS

Alison Haywood
Dianne McGinness

SPORTS REPORTERS

Sam Horn
Nathan Shoup

OPINION COLUMNISTS

Caitlin Elrod
Thomas Haines
Paula McFadden

PHOTOGRAPHERS

Carolyn Knackstedt
Kevin Knodell
Igor Strupinskiy

CARTOONISTS

Courtney Karwal
Ralph Mallare

2011-2012 Staff

a word from the EDITOR-IN-CHIEF

Heather Perry
EDITOR-IN-CHIEF
perryhn@plu.edu

Sometimes I forget that most of the Pacific Lutheran community doesn't understand all that goes on behind the scenes at a newspaper, let alone The Mooring Mast. I was recently reminded of this ignorance, which is partly our fault.

Before getting into the specifics of what we do, I want to specify that we are a weekly newspaper, not a public relations outlet for the university.

This means we'll cover upcoming events, but we won't tell students to go to them – that's what advertisements are for.

In fact, our primary goal is to give our readers the facts they need to form their own opinions. Our other goals include serving as an opportunity for discussion, a learning lab for students, an educational venture and a service to the community.

Who we are

I feel obliged to mention that fairies do not make the paper magically appear on stands almost every Friday during the semester. Instead, a group of 11 students on the editorial board and almost 20 students on staff contribute every week.

Now wait a second. The Mooring Mast is a 16-20-page paper that comes out nearly every week with multiple articles and photos on each

page. And not everything that's turned in by the staff is run every week.

This means that the staff of The Mooring Mast is often exceeding what the editorial board expects of them by writing more than one article or photographing more than two events per issue. They're also hard at work keeping up with full course loads, spending time with friends, holding down other jobs and participating in other extra-curricular activities.

Now this shouldn't detract from the many students at PLU who do the same, but I've noticed that many forget we're student journalists – meaning we're students first. This isn't our full time job, although many of us treat it as such.

What we do (the short version)

The process begins with a story idea received through word-of-mouth, email, some digging on part of a reporter or other methods.

We must then develop this idea, meaning we determine whether it's actually worth the limited space we have each week, worthy of an online piece on our website or will fall back into oblivion for a rainy day. We'll look for what's known as the seven news values: impact, timeliness, prominence,

proximity, bizarreness, emotion and conflict.

Once we determine whether it's a topic worth covering, an editor will assign a reporter or photographer. A reporter would interview a minimum of three people and then write a 400-600 word article.

A photographer would take hundreds, if not thousands, of photographs. He or she would then create captions, what we call cutlines, for those they select to turn in, meaning they must identify the who, what, when, where, why and how of

Tuesday night, each section editor and both of the copy editors must read every single written piece that makes it into the paper at least twice. They edit for Associated Press style, grammar, etc.

Meanwhile, the photo editor sifts through hundreds of photos, editing them using Photoshop into CMYK and preparing them for the section editors.

Tuesday night, the section editors begin to layout their pages on InDesign, a design program, if they haven't

already. They'll create graphics for the pages and make sure everything meets our standardized styles, which that are responsible for consistency throughout the newspaper.

Wednesday is production night. Once all of the text is on the page, each editor must print out the page twice. These flats, the printed pages, are edited for design, AP style, etc. by at least the copy editors, but more other members of the staff pitch in as well.

Editors then place the files into a folder labeled "finals." I then export these files into PDFs for the publisher, whose deadline is 8 a.m. Thursday morning.

Now this system is the ideal, but every week a wrench somehow is thrown into the plan.

I feel obliged to mention that fairies do not make the paper magically appear on stands almost every Friday during the semester.

the photos.

I should probably mention that all of this material is due Sunday night at 8 p.m., even though the paper comes out on Friday. What would seem like an early deadline isn't because there's more to come.

On Monday nights at 8 p.m. in UC 172, the entire staff meets to critique the previous week's paper, discuss the next issue and to complete the occasional workshop. This means that The Mooring Mast is often working simultaneously on two or more issues.

Between Sunday night and

Columnist urges students to buddy up with orientation guides

Caitlin Elrod
OPINION COLUMNIST
elrodcj@plu.edu

Remember Orientation week? We were separated into groups and assigned two Orientation Guides to show us around campus. They became our guides for the first week at Pacific Lutheran University. PLU was becoming our home and our OGs were mentors, teaching us what food was good to eat, when to get sandwiches from Tahoma and how long it takes on average to walk from class to class to allow optimum sleep time.

Here in Elverum, Norway we were assigned students like OGs, called buddy studenter, or buddy students.

Our buddy students in Norway are part of a class and like OG's the position is voluntary. But our buddy students get class credit. The classes they get credit toward their nursing or physical education degrees. It is just like a normal class, but at the end of the term our buddy students have to write a report on us, their subjects.

Here, our buddy students know exactly what to show us, how to get us involved, and what activities to do around town. Being so far away from home, it is good to engage in activities that we normally would at home, and our buddy students arrange these welcome activities by taking us bowling, watching movies or even arranging for a Norwegian quiz night.

Inga-Lill Stenseth, one of our buddies, attended PLU last year as a foreign exchange

student. Her insight into how things run at PLU has helped with our transition here. She helps us understand finals, classes and how to adapt to the Elverum lifestyle.

Our buddy students help us take off the American lense to see the world around us in a new light. One of the ways they helped us was by having us experience Norwegian culture, by visiting museums and having us partake of traditional holiday events. One of these events, arranged by the buddy students, was called Julekos, which is where we were able to try traditional Norwegian Christmas cakes and build gingerbread houses with the Namibian students.

My buddy students have become my lifelong friends thanks to the countless times they have helped me here in Norway. I plan to continue to have contact with them long after I leave Norway and maybe even visit them sometime. I encourage you to stay friends with your OGs and not to be afraid to contact them later during your years at PLU. If they have graduated or moved on, don't be afraid to contact someone else or your friends from your OG group.

If you would like to become an OG, an opportunity to apply will be available for Spring Term and the application will be posted in Student Employment under JobX.

Caitlin Elrod is a junior at Pacific Lutheran University majoring in Communication and Global Studies. She is studying abroad this semester in Elverum, Norway.

I encourage you to stay friends with your OGs and not to be afraid to contact them later during your years at PLU.

Letter to the EDITOR

Dear Editors of The Mooring Mast:

While we were pleased to see the article "Plan B creates new options for students" on the front page of the Nov. 18 edition of The Mooring Mast addressing an important issue related to women's health and personal choice and appreciated that the author included information about Plan B's availability at the Health Center, we were disappointed to see its misrepresentation of the use of Plan B.

Plan B is an emergency contraceptive that is used when birth control fails, which is not limited to a night of drunken sex between two people who cannot remember whether protection was used or not. A one-night stand is not the only reason for its existence.

There are many forms of birth control, and there are times when they will be ineffective for a variety of reasons.

Plan B has been used by, but is not limited to, two people who are in a committed relationship

after finding that their birth control failed.

We feel as if the article undermined the scope of the pill's use and associated it exclusively with one kind of sexual situation.

Yes, as college students on a college campus, situations occur where people have too much to drink, decide to have sexual intercourse and do not use protection, but these people are not the only ones who utilize this important resource.

We believe it would have been valuable for the article to include the many other situations in which a woman would decide to take Plan B—such as after a sexual assault, when the condom broke, after inadvertently forgetting to take a birth control pill or if a method slipped out of place—and not limit it to a drunken one-night stand.

Laura Ewton, junior
Katie Donahoe, senior
Murphy Eakes, senior
Nicholas Cope, junior
Sarah Martin, senior
Bethany Petek, junior

Tacoma offers skating, sledding

Paula McFadden
OPINION COLUMNIST
mcfaddpc@plu.edu



There are many different religious holidays surrounding winter break such as Hanukkah, Christmas,

Kwanza, winter solstice, Bodhi Day and Ashura. Whether or not you celebrate a certain holiday, there are still winter activities in the Tacoma area.

Before you go home for winter break starts, take time to step off Pacific Lutheran's campus and do something fun. I recommend going to Snoqualmie Pass or Mt. Rainier for sledding or Downtown Tacoma for ice-skating.

In order to go sledding, all you need is something to sled on, which you can get at Target or Wal-Mart for approximately \$12.

I remember when I was younger, my parents pulled over to the side of the road on Snoqualmie Pass, and we just sled down this steep hill for free. I would suggest that you check to make sure that you are not trespassing if you decide to sled down a hill on the side of the road.

Another activity is to go ice skating. If you have ever been to Seattle during winter, you know that there is an outdoor ice-skating rink near the Space Needle and the Science Center.

Downtown Tacoma is getting its first outdoor ice rink, located at Franciscan Plaza just down Pacific Avenue in downtown.

It opened Nov. 25 and will close Jan. 2. Tickets are eight dollars and skate rentals are two dollars. Visit tacomaartmuseum.org for more information.

The rink is right down the road from PLU, so getting there is the easy part.

The hard part is trying not to fall down. A lot of students have used rollerblades or ice-skated before, so we understand how it feels to fall down. Even if you have a fear of falling, turn your fear into a slight hesitation, because everybody falls.

Do not be afraid of something you cannot control.

The point is to have fun. If you do fall, you will not be the only one. Whatever you decide to do, celebrate the winter season with friends and family.

You might even see me at the ice skating rink holding onto the side.

Paula McFadden is a junior at Pacific Lutheran University pursuing a degree in English with an emphasis in writing and minors in communication and publishing and printing arts. She lives on-campus but calls Lakewood, Wash., home.

DEBATING CAMPUS PROTOCOL:

Two debate team members discuss changes to PLU's smoking regulations on campus



Editor opposes new policy...

Alexis Briggs
BUSINESS AND ADS
MANAGER
briggsam@plu.edu

There's no denying it. Smoking is bad for you.

But so is drinking coffee, tanning, drinking alcohol and sleeping only a few hours a night.

And yet, Pacific Lutheran University has coffee carts all over campus, a tanning salon in Garfield commons, a movement to allow drinking in South Hall and, as much as we try to fight it, senior capstone projects – the antithesis of sleep.

But PLU is banning smoking.

Beyond the on-face discrimination this policy systemically perpetuates, the action is illogical for a few different reasons.

According to the Washington State Department of Health, 14.9 percent of Washingtonians used tobacco products.

Applied to the student population of PLU, roughly 550

students use tobacco.

This means throughout the day, and more problematically at night, a relatively large number of people will be walking to the edge of PLU premises in Parkland to partake.

What will this say to the Parkland community when PLU, I assume, will

The counter to this statement is that students submit to the restriction of our freedoms in order to attend a private university just as we do with alcohol consumption and the disallowance of pets in the dorms.

But such forward action on tobacco products begs the question, how far will

disturbing about this policy is the ideology and implementation, both of which have severely marginalized the student voice and created systemic discrimination.

First of all, there was no student referendum, vote, mass email or any significant attempt to gain the student perspective on the

discrimination against tobacco users into a formalized system of regulation.

To me, it seems that individuals who use tobacco products matter less in the eyes of PLU administration.

Finally, let's analyze the massive assumption that people will stop smoking due to the inconvenience, which I feel is the rickety foundation supporting the PLU smoking ban argument.

Have you ever heard the saying 'quitting smoking is harder than quitting heroin?'

MedicalNews.net published an article in 2010 in which Dr. Raymond Seidler explained, "nicotine addiction is as powerful, or even more powerful, than heroin addiction. The [brain's] receptors for smoking are as strongly attached to nicotine as the heroine receptor is to opiates."

In other words, this policy does nothing to cause tobacco cessation.

What is most disturbing about this policy is the ideology and implementation, both of which have severely marginalized the student voice and created systemic discrimination.

no longer be offering disposal sites?

I doubt the Parkland community will appreciate the cigarette-puffing foot traffic that will result with this ban.

This policy is a violation of personal liberties by inhibiting the freedom to participate in a legal substance.

these restrictions go?

In 10 years, will an individual be written up for consuming artificial sweeteners on campus?

Both substances are less than beneficial for individual health and the environment, so could the criteria of banning a substance be extended?

What is most

policy.

I find it ironic that an academic institution did little to solicit critical thinking or allow itself to be challenged in the free-market of ideas.

Second, individuals who use tobacco products are already incredibly stigmatized.

This policy moves

...Guest columnist approves of ban

Tiffany Judkins
GUEST COLUMNIST
judkintm@plu.edu

For years, Pacific Lutheran University has been committed to promoting and providing a healthy environment for both the staff and students on campus. In order to keep that promise, the administration has decided to continue to better the campus environment by implementing a smoking ban.

The benefits of the smoking ban will have a positive impact on not only the health and well-being of the staff and students at PLU, but also allow for a compromise between the feuding smokers and non-smokers on campus.

Let's face it, smoking causes health issues for not only those who choose to smoke, but also people who are subjected to second hand smoke.

This policy change is like a huge 'thank you' to many people.

On the PLU campus, at just about any time of the day, you can find people

smoking a quick cigarette before class, after a meal or maybe just because they can. Smoking comes as second nature to a large number of people on campus.

What many people don't care to consider, though, is that while they're taking a few minutes to themselves they're also contaminating the air, their lungs and the lungs of other students and staff with the rank smoke

that those substances are not really ideal things to be breathing in.

If you're someone who doesn't mind lighting up after class and slowly destroying your lungs, go right ahead.

The other staff and students, who choose not to participate, should not have to battle with the smoke in Red Square or outside the UC.

This policy change is like a huge 'thank you' to many people.

coming from the other end of their butts. According to the Washington State Department of Health, cigarette smoke contains over 4,000 chemicals, including 43 known cancer-causing compounds and 400 other toxins including tar, carbon monoxide and arsenic.

I'm pretty sure that we all learned back in high school

Arguably, sending a vast amount of people to the outskirts of the campus to smoke could potentially cause a lot of build up around campus, but I have faith that our administration has taken into consideration the complaints and concerns of the smoking community at PLU and will make the transition as easy as, well, lighting a cigarette.

I suspect there will still be disposal sites for the butts—we can't just start littering all over the streets of Parkland—just instead of comfy benches there will be a comfy curb. It's not like PLU is taking the fun out of smoking for people, if that's even possible.

This ban never stated that everyone has to quit smoking and pick up some new habit, even though I'm sure tons of clubs around campus could use a few more members.

Instead, PLU is just doing its job and trying to create a compromise. The notion that "non-smokers should just walk around the smoke" is not going to cut it anymore. Instead, everyone should be able to peacefully walk to class and not have to worry about smelling like an ashtray when they get to Communication 190.

If you want to take a load off and relax with a nice Marlboro in your hand, go right ahead, just know that you'll be doing it in the company of a sidewalk curb and many other PLU students while the non-smokers enjoy some fresher air on Red Square.

by Emily Biggs

Responses to the Nov. 18

CAPTION
contest



"You've never used a bidet?
They're all the rage in Pa-ree!"
Joseph Flood, senior



Answers to Nov. 18 crossword

1	U	N	D	O	A	B	L	E		S	T	I	F	L	E										
15	T	H	I	R	T	E	E	N		16	T	O	L	L	E	D									
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22	A	S	I	A	N	S			23	N	U	C	L	E		24	I								
27	M	A	N	N	A				28	J	E	T			29	E	D	D	I	E					
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35	L	A	Y						36	P	I	M	L	I	C	O			37	K	E	G			
39	E	N	C	O	R	E			40	E	F	T			41	T	E	A	L						
43	S	T	A	L	E				44	C	C	S			45	L	E	Y	T	E					
46	R	E	E	D	I	T			47	S	E	N	S	E	S										
49	C	A	R						50	X	E	D			51	J	A	D	A						
53	A	S	A	P	I	N			54	S	O	N	G	B	I	R	D								
58	R	E	C	A	S	T			59	E	S	T	E	L	L	E	S								
61	A	T	E	S	T	S			62	N	E	A	R	E	A	S	T								

SIDEWALK talk

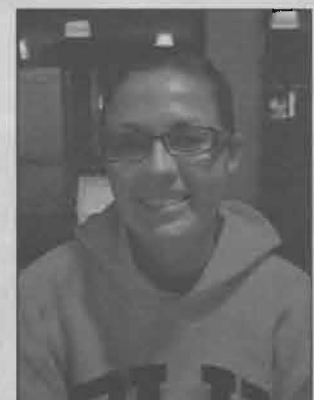
What are your opinions on the Occupy movement?



"While I support some aims of the Occupy movement, it's too chaotic to have one effective aim."
Aaron Steelquist, sophomore



"I think it's really good that people are standing up for their opinions and I just worry about people getting hurt and it getting out of hand."
Emma DeFoe, first-year



"I think it's blown out of proportion. As a business major, it's really discouraging to see all the controversy when people don't understand the business policies that are in place."
Melissa Pixler, senior



"I believe protestors have the freedom to be there only if they have the necessary permits to do so."
Richard Olson, first-year

SUDOKU High Fives

5	6								7	9				8		7	4	5					
7	3	4		5	9				1								5	1					
			4	7					5			1	3	7	9			8					
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1				3		6	2					5											
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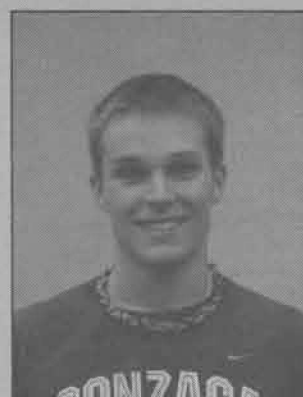
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HOW TO PLAY: Sudoku High Fives consists of five regular Sudoku grids, sharing one set of 3-by-3 boxes. Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition. The numbers in any shared set of 3-by-3 boxes apply to each of the individual Sudokus.

The Mooring Mast's next issue will come out Feb. 17. In the meantime, check out our website for updated and new content.

What do you occupy?



"I occupy the softball field."
McKenna Welch, sophomore



"I occupy my leather desk chair."
Austin Erier, sophomore

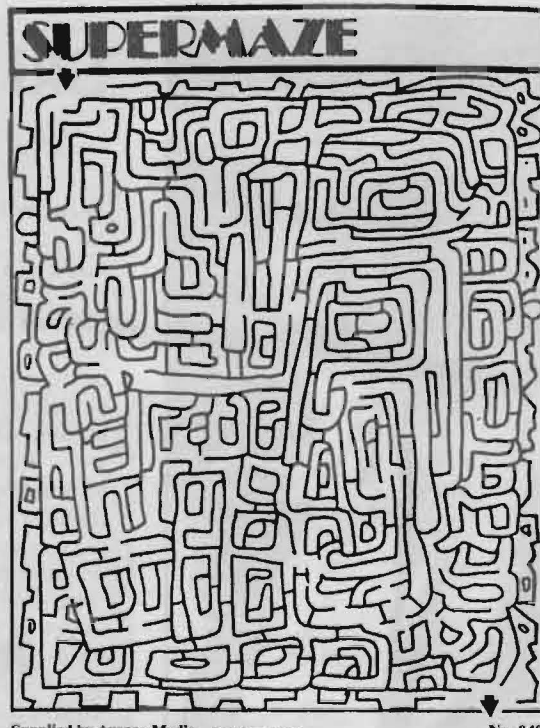


"I occupy the bathroom."
Seth Ruhrenbach, senior



"I occupy the lab in Morken."
Katie Hunter, junior

Submit photos to biggsec@plu.edu for the opportunity to be featured in an upcoming Caption Contest.
Photos will be judged for creativity and humor and must be tasteful. Please include your full name and class standing.



Supplied by Auspac Media - Dist. by Universal Uclick - No. 840

FUCK SHIT UP DROPS THE BALL

Elyse Glahn

GUEST REPORTER

glahnse@plu.edu

College students may now return to their childhood pastime of playing dodgeball. Some Lutes have teamed up to compete for the intramural dodgeball championship title.

The season began in late October and came to a close as both the co-ed and mens teams competed in the semi-finals Monday and the championships Wednesday at the field house in Olson Gym. The teams competed for a black and gold championship T-shirt.

The championship matches ended with a victory for co-ed team L.F.S.U. – Love, Faith, Strength, Unity – when the Pflueger team failed to show. For the men's match, it came down to the defending champs, Voodoo Magic, versus Fuck Shit Up.

The teams were tied with two games until Voodoo

Magic senior Riley Hoyer made the winning shot.

Dodgeball has been a part of the intramural program for five years. There are currently four co-ed teams and five men's teams. Each team has six players on each side of a boundary line, officially referred to as the attack line.

At the beginning of the game, six balls are lined up at the attack line, ready for each team to grab the balls and throw them at their opponents. Not unlike a Civil War standoff, the teams line up perpendicularly, waiting to strike the opposing team. This part of the game is called the opening rush. Once a player has the ball at this point, they cannot throw from less than 10 feet away.

Players don't use the rubber balls that may have been used in grade school. Instead, the official balls used for adult leagues are made of a softer, spongy material.

For both regular and championship matches, the teams compete for best of five games. Each game is seven minutes long, and if neither team gets out

when time is up, there is a "sudden death" match in which the game ends as soon as a player is hit. The teams usually play two matches per week during the regular season.

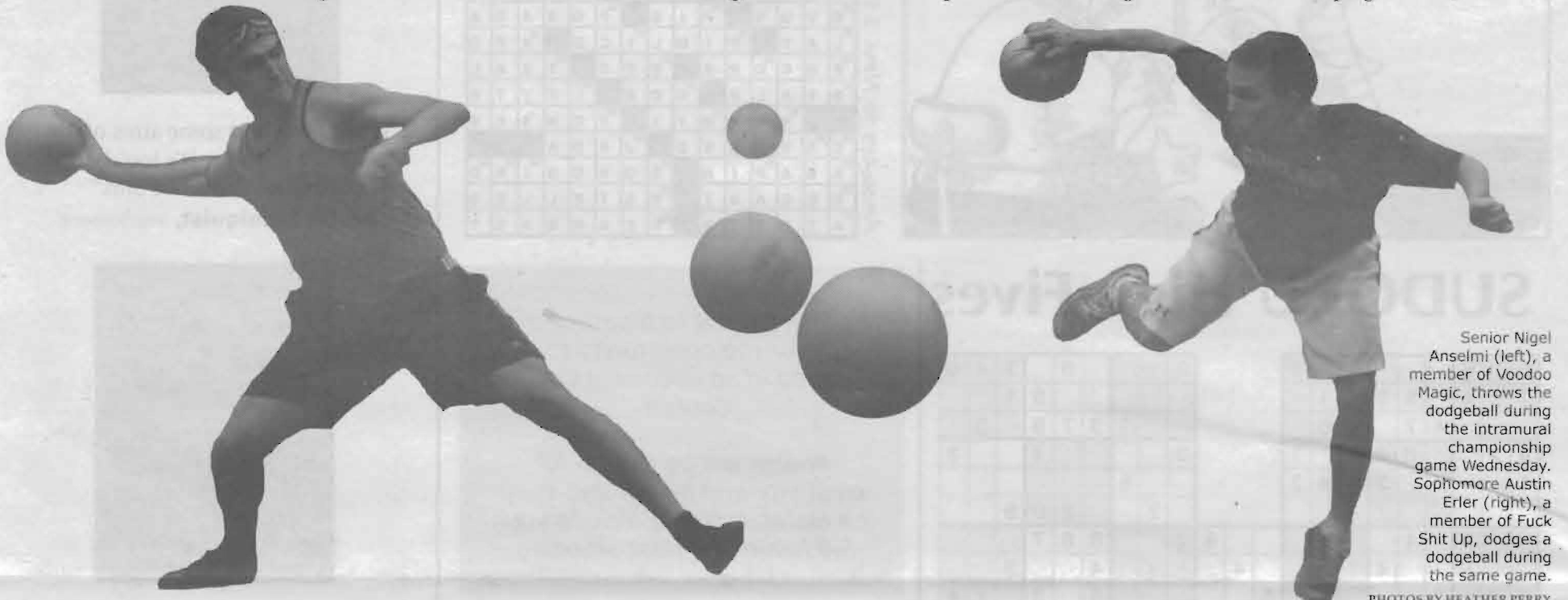
"The kids really get into it and get all costumed up for the event," said intramural sports director Jud Keim. "They make their own jerseys and head bands."

Fuck Shit Up senior Tommy Rehm said the team came into the dodgeball championships with too much confidence because of their previous intramural flag football championship title. Rehm said he was a very competitive dodgeball player back in junior high.

"We didn't win because all of our efforts went into flag football," Rehm said. "Maybe if we had more rest in between the sports seasons, we would have had a chance."

Rehm also said they didn't have much practice time.

Dodgeball matches start up again this J-term.



Senior Nigel Anselmi (left), a member of Voodoo Magic, throws the dodgeball during the intramural championship game Wednesday. Sophomore Austin Erler (right), a member of Fuck Shit Up, dodges a dodgeball during the same game.

PHOTOS BY HEATHER PERRY

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Ski Crystal, not Snoqualmie

Columnist compares Washington summits

Alison Haywood

A&E COLUMNIST

haywooj@plu.edu

With another La Niña winter already upon us, it's worth it to treat yourself to some decent slopes on which to ski and snowboard this season. Serious snow sport enthusiasts who are looking for the best powder and the best runs should save up to ski Crystal Mountain, rather than wasting money at Snoqualmie or gas to get to Stevens Pass.

Crystal Mountain received more than 100 inches of snowfall in the month of November and still has 36 inches on the ground at its base. This record-breaking snowfall is already fulfilling the La Niña promise of a colder, wetter winter.

Crystal is the largest ski area in Washington, according to its website, and it is well worth the slightly longer lift lines for access to its 2,600 acres of skiable area. Snoqualmie only has a total of 1,981 acres spread out across four different mini-resorts and has much less variation in terrain than Crystal.

I learned to ski on the slopes of Crystal and took the versatility of the mountain for granted. Going to Snoqualmie Summit Central for the first time last year, I was shocked and disappointed to have to ski directly down the lift line, something I hadn't had to do at

Crystal since I was seven years old and stuck on the bunny hill.

According to Google Maps, Crystal Mountain and the Summit at Snoqualmie are both approximately 70 miles from Pacific Lutheran University's campus, with the drive to Crystal about a half hour longer. It's worth it to get up a little earlier to spend more time on the slopes than on the lifts. The next closest resorts are Stevens Pass, almost 120 miles and a two-hour drive away,

and Mount Baker, 130 miles and more than two hours away.

Crystal also has a relatively new stunt park for the jib junkies out there. You don't have to buy a separate pass to grind the rails at Crystal,

unlike Snoqualmie.

While a season's pass to Snoqualmie is inarguably a better deal if you're planning to hit the slopes more than eight times this season, for students such as myself who don't have the time or money for that, day passes are the way to go. An adult day pass to Crystal costs \$65, only \$6 more than passes at Snoqualmie, which cost \$59. Day passes at Stevens cost \$62.

I've been skiing for 12 years and this is the first time I can remember the mountains opening before Thanksgiving. Don't miss out on this record-breaking season. Spend the extra \$6 to take advantage of Crystal's transcendent terrain and plethora of powder.

It's worth it to get up a little earlier to spend more time on the slopes than on the lifts.

SPORTS SCHEDULE

Men's Basketball

Upcoming Games
Dec. 2 at Willamette, 8 p.m.
Dec. 3 at Linfield, 8 p.m.

Previous Games

Loss (72-79): Nov. 26 vs. Evergreen
Loss (59-68): Nov. 25 vs. Wis. River

Women's Basketball

Upcoming Games
Dec. 2 at Willamette, 6 p.m.
Dec. 3 at Linfield, 6 p.m.

Previous Games

Loss (58-81): Nov. 19 at Northwest
Win (77-45): Nov. 25 vs. St. Joseph

Men's Swimming

Upcoming Meets
Dec. 2-4 at Husky Invitational, 10 a.m.-6 p.m.
Dec. 30 at CLU Winter Invitational, 11 a.m.

Previous Meets

Win (156-37): Nov. 12 at Willamette
Win (130-75): Nov. 11 at Linfield

Women's Swimming

Upcoming Meets
Dec. 2-4 at Husky Invitational, 10 a.m.-6 p.m.
Dec. 30 at CLU Winter Invitational, 11 a.m.

Previous Meets

Win (150-46): Nov. 12 at Willamette
Win (137-71): Nov. 11 at Linfield

Lute wide receiver plans to coach

Senior hopes to become Division I football coach, follow father's footsteps

Nathan Shoup

SPORTS REPORTER
shoupna@plu.edu

Senior Tyler Bowen played the final football game of his career, but the wide receiver's life in football is just getting started.

After compiling 469 career receiving yards, including three touchdowns and a passing touchdown, Bowen said he is looking to the next chapter in his life in which he plans to pursue a career as a Division I collegiate football coach.

"It's one of those things that is going to be bitter-sweet," Bowen said. "I'm sad that I'm not going to be able to play anymore."

Frequently nicked and bruised, Bowen, who earned the nickname "old man" on the team, is ready to move to the sidelines.

"Physically I am ready to be done," Bowen said.

Bowen started playing football in the sixth grade and said he knew immediately that he wanted to play college football.

Football runs in the Bowen family. Bowen's father, Gene, is the head coach of the Rodgers High School Rams in the Puyallup School District.

"All I know him [Gene Bowen] as is a football coach," Bowen said. It didn't take Bowen long to decide that he wanted to become a football coach also.

Bowen got his foot in the coaching door early, beginning to follow in his father's footsteps by helping with various football camps run by the Rodgers High School head

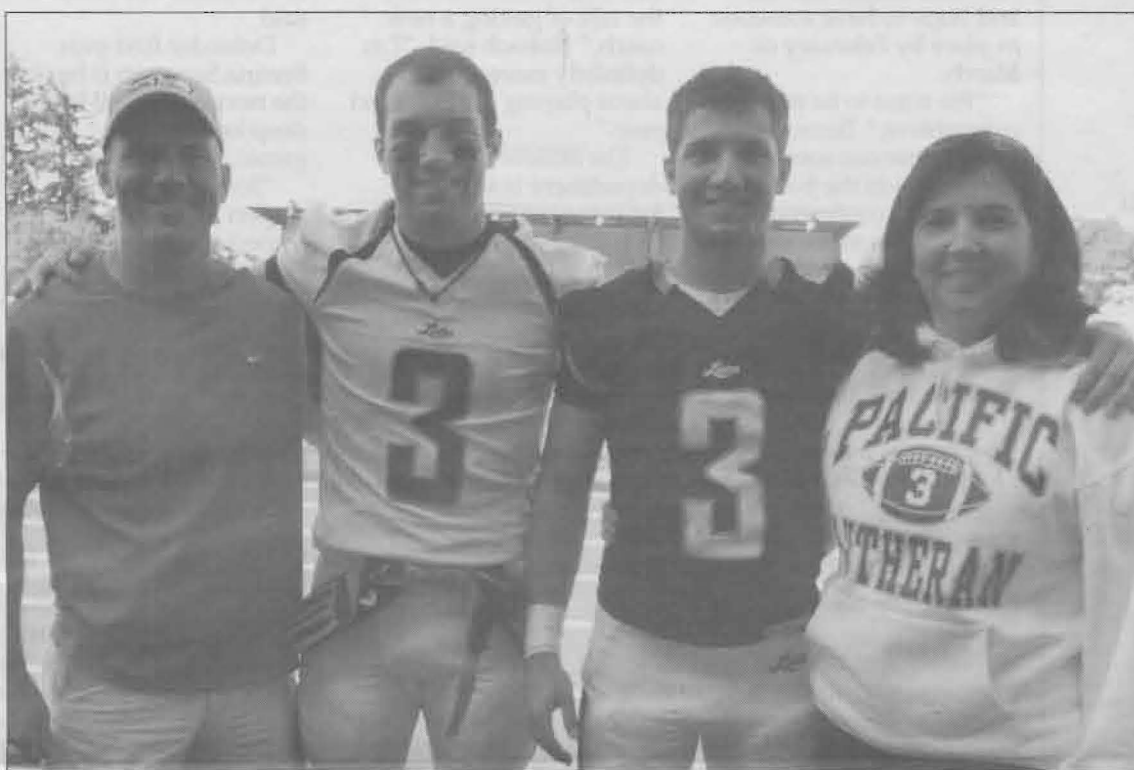


PHOTO COURTESY OF HALEY HARSHAW

Wide receiver Tyler Bowen (white jersey) poses for a photo with his father, brother and mother before his final home football game at Sparks Stadium against Pacific University Nov. 5. His brother (black jersey), first-year Shawn Bowen, plays cornerback for the Lutes.

football coach.

"I've always enjoyed coaching," Bowen said.

Bowen's ability to coach expanded from the youth football fields of Puyallup to the Lutes' practice field.

"He is a coach for the younger guys even as their teammate," quarterback senior Zack Halverson said.

With his career as player over, Bowen said coaching is a way for him to stay connected to the game.

"It's the best way I can make an impact, I still want to be a part of the game because obviously I'm not going to the NFL," Bowen said. "I have no

same for his future players.

"It's a great way to give back and mentor kids," Bowen said. "I know I looked up to my coaches and still do this day, kids need good role models."

Bowen remains in contact with his favorite football

coach growing up, Larry Marcoe, who coached and heavily influenced Bowen in ninth grade.

"While the football lessons

were simple," Bowen said, "the life lessons of being a decent human being and being kind have stuck with me and help with me even today in college."

After graduating in the spring with a history major and minors in political science and religion, Bowen said he hopes to immediately receive a job as a graduate assistant coach but realizes the difficulties placed in front of him.

"You don't work for free, but you don't work for much," Bowen said. "You cut up film, set up drills, help the laundry guys, get the helmets ready, make sure the players have their pads, all of the little things that make the team go."

Despite the family history and deep personal experience with the game, Bowen isn't sure he wants to become a head coach like his father.

"The head coach is the one that has to deal with the media and all that other stuff and I don't really care about all that," Bowen said.

It was no secret on the PLU football team that Bowen wanted to coach after this season.

"I know Tyler will be a good football coach because of his overall knowledge of the game," linebacker senior Mike Warsaw said. "He understands every aspect, he just has a football mind."

"It's a great way to give back and mentor kids."

Tyler Bowen
wide receiver, senior

ONLINE:
For more photos of Bowen and PLU football visit www.plu.edu/mast.

SCORECARD

Men's Basketball

as of 11/30/2011

NWC Standings:

Team	NWC	All
L&C	0-0	3-2
Pacific	0-0	2-2
George Fox	0-0	1-3
PLU	0-0	2-1
Puget Sound	0-0	5-0
Whitman	0-0	3-1
Whitworth	0-0	4-0
Willamette	0-0	1-3
Linfield	0-0	1-4

Offense Statistics:

Player	PTS	3P	FT	Ast
J. Conti	62	1	27	13
J. Iveter	2	0	2	1
T. Williams	15	3	2	2
A. Earnest	64	8	14	3
D. Landram	2	0	2	0
A. Alness	5	1	0	0
Z. Klein	15	6	0	4
K. Hoyt	54	0	8	5

Women's Basketball

as of 11/30/2011

NWC Standings:

Team	NWC	All
George Fox	0-0	4-0
L&C	0-0	5-0
Puget Sound	0-0	3-2
Linfield	0-1	3-3
Pacific	1-0	5-0
PLU	0-0	2-1
Willamette	0-0	0-4
Whitman	0-0	1-3
Whitworth	0-0	2-4

Statistics:

Player	PTS	3P	FT	Ast
A. Hamilton	7	0	3	8
A. Schorno	9	1	0	7
K. Sherman	8	0	0	0
A. Adams	2	0	1	6
S. Potter	50	0	13	3
S. Backstrom	12	2	0	12
M. Bleker	22	0	2	3
C. Sandsdalen	4	0	2	1

Men's Swimming

as of 11/30/2011

NWC Standings:

Team	NWC	All
PLU	2-0	3-0
Whitman	2-0	3-0
Puget Sound	2-0	2-0
Whitworth	2-0	2-0
Pacific	0-2	0-2
Linfield	0-2	0-2
L&C	0-2	0-2
Willamette	0-2	0-2

Women's Swimming

as of 11/30/2011

NWC Standings:

Team	NWC	All
PLU	2-0	3-0
Whitman	2-0	3-0
Puget Sound	2-0	2-0
Whitworth	2-0	2-0
Pacific	0-2	0-2
Linfield	0-2	0-2
L&C	0-2	0-2
Willamette	0-2	0-2

SPORTS

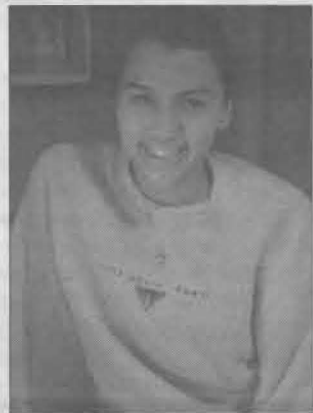
talk

What do you do to keep yourself in shape?



"I run, constantly. I ran a half marathon on last Saturday"

Michael Clark, junior



"I am currently taking a swim class here at PLU. I do P90X two days a week in my basement."

Carianna Rath, senior



"I go to Graham Fitness. I rotate muscle groups on the weight machines. All that fun stuff."

Amanda Robinett, senior



"Well-rounded workouts. Doing full body strength, not just one area. Step aerobics three times a day"

Nathan Schibig, sophomore

Women's soccer coach resigns

Team seeks new coach with recruiting abilities

Justin Buchanan
SPORTS EDITOR
buchanjj@plu.edu

After completing five seasons as the Pacific Lutheran women's soccer head coach, Lynnette Buffington has resigned, effective immediately.

The Pacific Lutheran athletic department received approval from the president's counsel this week to begin the search for a new head coach, according to Director of Athletics Laurie Turner, and hope to have someone in place by February or March.

"We want to be more competitive," Turner said. "Right now our soccer program is in the bottom third of the conference and our goal is to move that program to the middle

third."

The announcement came as good news for some women on team.

"Her [Buffington's] coaching style wasn't very fitting for our team," defender first-year Erin Nobach said. "Everyone was really excited about it."

With the new change of head coach, Nobach is more excited about next season after this seasons difficulties.

"My mood has definitely changed since the announcement and the talk of getting a new coach," Nobach said. "I'm definitely more excited about playing for PLU next year."

The athletic department is searching for someone with strong recruiting abilities and able fulfill academic

and administrative responsibilities.

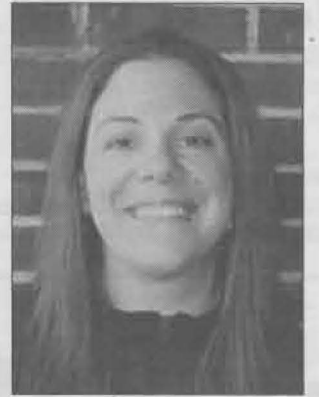
"The name of the game at our level [Division I] is recruiting," Turner said.

Turner also said they want a coach who understands the development of student athletes in Division III athletics.

"The big thing is they have to have an understanding of what Division III NCAA philosophy [is], and what the athletic program brings to our students," Turner said

Defender first-year Brenna Sussman is hoping the next coach will bring deep knowledge of the game.

"Someone that we respect as a coach and we respect their knowledge," Sussman said.



BUFFINGTON

The Lutes ended this season with an overall record of 4-13-1, taking seventh place in the Northwest Conference.

Buffington's overall record with the Lutes is 24-63-8.

Joe Jordan will take over as interim head coach and handle recruitment until a new head coach is named.

Student struggles with weight

Injuries, academics cut into workout schedule

Sam Horn
SPORTS REPORTER
hornsb@plu.edu

Weight has become more of a pressing issue in the U.S. In the past 30 years, obesity rates have doubled, according to the Center for Disease Control and Prevention's website.

According to The Journal of the American Medical Association, obesity has become a "raging epidemic" in the U.S.

22.2 percent of men are obese and 35.5 percent of women are obese, according to CNN.com. If a person's body mass index surpasses 30, that individual qualifies as obese.

"I'm really impressed with some of the overweight students at PLU because they are excited to lose weight and work out," Director of the Health Center Matthew Freeman said. "Teamwork and motivation used in sports are essential in the fight against obesity."

For junior Kristen Monk, weight issues have been a problem since elementary school.

In 11th grade, Monk quit cross-country because she had a bone tumor in her knee that made running painful.

"I think I started adding pounds after the injury because I started not caring about how I looked," Monk said.

Obese children are 65 percent more likely to be bullied than non-obese children, according to CNN.com. Monk said she was "bullied once in elementary school and not since."

Participating in sports can increase lifespan and decrease the risk of developing certain cancers that can be attributed with obesity such as cancers of the kidney, pancreas, gallbladder and esophagus, according to USAToday.com.

Participating in sports isn't the only form of effective weight-loss exercise.

"In the summer, I walk and run on the track," Monk said. "Sometimes, I do aerobic exercises, like push-ups and crunches."

The socioeconomic status of a family is a major factor in whether weight is an issue or not. Families with lower incomes tend to eat cheap and over-processed food, Health Center educator Matthew

or pizza," Monk said.

When Monk was in middle school, she tried the Atkins diet with her family. However, the method didn't work out as planned.

"I also tried to eat more fruit and salad to help me lose weight," Monk said. "The Atkins diet didn't really do it for me so we quit soon after."

LuteFit is an organization that educates PLU students about topics related to obesity with programs

and meetings. The LuteFit Committee promotes a "climate of wellness in which students, staff and faculty may become engaged in healthy behaviors," according to the LuteFit website.

LuteFit organizes the annual LuteLoop run. This 5k walk-run event is open to PLU faculty, staff, students and family members. The course begins in Red Square, cuts through various parts of campus and ends back in Red Square. The LuteLoop will take place in March.

Each term, students have the opportunity to participate in an intramural sport. In the winter, the intramural sports offered are basketball, dodgeball and volleyball in Olson Gym.

"Students can set their own goals and accomplish them, and improve in whatever sport they're playing," Munson said. "They [intramurals] can give

people cardiovascular benefits as well."

For students in college such as Monk, fitting exercise into a busy schedule can be difficult.

"I think that right now, I have to focus on studying," Monk said. "Once I'm done with college, though, I will motivate myself to get in shape."



PHOTO BY JUSTIN BUCHANAN
Junior Kristen Monk practices her French horn before band rehearsal. Monk said her academics have cut into her exercise.

Munson said. Members of families with little money are more likely to become obese.

"Cheap food is bad food," Munson said.

Monk eats dinner at home with her family.

"I have whatever my mom makes, and most of the time our dinners consist of either spaghetti

THE TEAM BEHIND

THE SCENES

Sports medicine supports athletes, provides athletic training experience

Justin Buchanan
SPORTS EDITOR
buchanjj@plu.edu

For Pacific Lutheran's sports medicine team, there is no off-season. As PLU's fall athletic programs end their seasons and prepare for the off-season, the sports medicine program is busy preparing for the basketball and swim teams' upcoming seasons.

Every day, starting at 10 a.m. and going until the end of the last practice day, PLU athletic trainers and assistants are busy supporting Lute athletes.

"Basically, we are in charge of the health and well-being of the athletes," Co-Assistant Athletic Trainer Gen Ludwick said. "What people don't see is that we are there pretty much all the time for them."

This holistic approach in care for PLU athletes has been instilled by head athletic trainer Tim Tommerup.

"I consider sports medicine, for me, is a construct that looks and is built around the athlete and the individual," Tommerup said.

When an athlete gets injured in a game or at practice, sports medicine trainers respond.

"When they get injured, we take them from the time we see them on the sideline, all the way through seeing doctors, rehabbing them and getting them back out to play," Loeb sack said.

Sports medicine works closely with off-campus medical providers, such as Puget Sound Orthopedics, to provide care. For instance, if a pitcher were to damage his or her rotator cuff in the shoulder, sports medicine would refer the injured player to have the injury further examined.

Care does not stop after the game or outside campus boundaries.

"Sometimes their rehab practices last for nine months, sometimes they will last for a couple of weeks and we're there for it every step of the way," Ludwick said. "That often involves us meeting them at their doctors appointment."

In order to better ensure sports medicine's holistic approach is met, sports medicine also works closely with on-campus health care providers such as the Health Center and the Counseling Center.

"It's not like you have to come through the training room to receive a type of care," Tommerup said. "We work with all those folks to provide care, it's really a lot of people with different specialties working together."

Not only does the team help athletes with physical rehab, sports medicine promotes healthy lifestyles.

"We talk to them about nutrition, general health maintenance, as a preventative measure," o-assistant athletic trainer Alice Loeb sack said.

The sports medicine program does not only provide services for athletes. It also provides training experience by hiring students to serve as assistant student athletic trainers.

Assistant student athletic trainer senior Joni Johnson is a sports medicine major and has been honing her craft since transferring to PLU two years ago.

"Not only do we provide services to our athletes, but it's a great learning experience," Johnson said.

"It's a lot better than [working at] Mickey D's."

Student employment with the sports medicine program is not restricted to sports medicine majors.

Assistant student athletic trainer senior Katie Farrel has been on staff

since her first-year and is a philosophy major.

"It's a different crowd than the humanities individuals I hang out with," Farrel said.

The assistant student athletic trainers spend a majority of their time taping ankles, setting up heating pads, preparing ice bags and filling up water bottles.

"We're professional water bottle fillers," Johnson said.

The athletic teams have appreciated sports medicines holistic efforts. Football gives the program "attaways"

at practices, Johnson said.

"Gen [Ludwick] is the best," women's basketball guard junior Shelly Kilcup said. "She doesn't just care about your injuries but she cares about you."

The sports medicine program has imparted every student athlete at PLU.

"I don't think we would as successful without their commitment," men's soccer defender senior Aaron Grossberg said. "They're an important part of the team, even if they aren't on the box score or score goals."

"They're an important part of the team, even if they aren't on the box score or score goals."

Aaron Grossberg
men's soccer defender, senior



PHOTOS BY JUSTIN BUCHANAN

TOP LEFT: Men's soccer defender senior Aaron Grossberg stretches his groin muscle before going out to practice. **TOP RIGHT:** Co-assistant athletic trainer Gen Ludwick tapes tennis player junior Kyle Mckee's wrist before he goes to workout. **BOTTOM LEFT:** Student assistant athletic trainer senior Katie Farrel tapes a football players ankle before going out to practice. **BOTTOM RIGHT:** During down times at the training room student assistant athletic trainers practice various wraps. Farrel volunteers her ankles for practice.

Northwest guard puts hurt on Lutes

Eagles soar over Lutes 81-58, Lutes lose for first time of season



Brandon Adam
GUEST REPORTER
adambg@plu.edu

The Pacific Lutheran women's basketball team experienced its first loss of the season against Northwest University's Eagles, losing 58-81 Tuesday.

The game started with Eagles' guard Ebany Herd making the tip to the Eagles. The Eagles got on the board quickly with a three-pointer by guard Mari Gonzalez 22 seconds into the game. Gonzalez would make six points in the game with one assist.

The Lutes trailed the Eagles the whole game but were not able to keep up against the Eagles aggressive defense. By the end of the first half, the Eagles were up by 12.

The Eagles dominated offensively and defensively throughout the second half.

The Lutes attacked the key viciously but missed crucial shots. Herd made layups difficult for the Lutes. The Eagles were much more consistent in scoring and stealing the ball.

Herd was a key player in the Eagles' defense and offense with seven steals, scoring a total of 10 points.

The steals made for more scoring opportunities for the Eagles.

"We just kept it going on the defense," Herd said.

The Lutes struggled throughout the game to contain the Eagles and Herd.

"She was really aggressive and we needed to defend her better," Lute guard sophomore Samantha Potter said.

The Eagles' highest-scoring player in the game was center Jessalyn Jackson, who also

made key defensive plays. Jackson scored eight shots and a three pointer and also made three blocks and a steal. She scored 24 points.

Potter scored a total of 17 points in the game but it was not enough for the Lutes to keep pace with the Eagles.

Both teams struggled with three pointers, each team only making five by the end of the game. The Lutes had a better percentage, making five out of 12 attempts, while the Eagles made five out of 16 attempts.

So far this was the Lutes' best three-point shooting average of the season. Lute guard junior Shelly Kilcup made three out of six three-pointer attempts, boosting the Lutes' shooting average.

Kilcup was also a prominent defensive player in the Lutes' performance, making two blocks and four steals.

It was a loss for the Lutes but the team remained optimistic.

"This was the first team we really struggled against," Lute guard and team-captain senior Sara Backstrom said.

Backstrom said she hopes that this game will prepare the team for future games.

"This was the first team we really struggled against."

Sara Backstrom
team captain,
guard, senior



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Textbook Buyback

December 12th-17th

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Fri: 10am-5pm

Sat: 11am-5pm

Garfield

BOOK COMPANY

AT PLU



PHOTOS BY HEATHER PERRY

TOP LEFT: Post sophomore Katelyn Smith (44) barrels through a Northwest defender for a layup Tuesday in Olson Auditorium. **TOP RIGHT:** Lute head coach Kelly Robinson speaks to her players during a timeout in the second half. **BOTTOM LEFT:** Lute guard senior Sara Backstrom (23) fakes out a Northwest defender. **BOTTOM RIGHT:** All of the Lute players had the words "get nasty" on their calf muscles, but the Lutes failed to do so, losing 81-58.