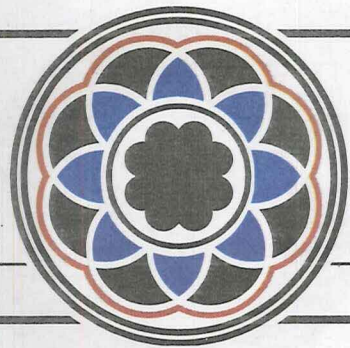




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THE MOORING MAST

PACIFIC LUTHERAN UNIVERSITY

NOV. 14, 2014

<http://mastmedia.plu.edu>

VOLUME 91 ISSUE 8

Veterans Day Ceremony



PHOTO COURTESY OF JOHN FROSCHAUER AND PACIFIC LUTHERAN UNIVERSITY
On Veterans Day Nov. 11, 2014, Pacific Lutheran University held a special Veterans Day ceremony in Lagerquist as well as a weekend football game in their honor Nov. 9. This year's ceremony was particularly emotional. Read more on pg. 2.

STAFFING ERROR

Campus Safety leaves students without a ride

By **NATALIE DEFORD**
News Writer

Students calling the Campus Safety office on Halloween night were out of luck. Campus Safety had a staffing error which left many students without a ride that night, forcing them to walk around Parkland.

The Campus Safety office receives calls all year from students looking for rides. Halloween weekend was projected to have more party-going Lutes than most weekends, which means more calls for escorts back to campus.

Wild rumors about Campus Safety have been flying around campus. Students have been wondering if rides are not being given to students because they are partying and drinking.

However, this is not the case. Campus Safety escorts were temporarily unavailable during some of the usual hours of operation on Halloween night, but this is a single occurrence, according to Campus Safety.

When a 21-year-old student, quoted in this article under the pseudonym "Alex", was out partying and bar-hopping with friends, the group had no ride home. So, of course, they called Campus Safety for an escort. They needed to find a safe way home after having too much Halloween fun.

Alex's friend made the call, but Alex said Campus Safety told her friend they should try calling a cab instead.

"Originally, I was upset because Halloween is one of the biggest party weekends on college campuses," Alex said.

Later, Alex was informed that the lack of escorts was due to a staffing error.

Campus Safety assured Alex that this error is not going to affect their regular operations or escort service.

"I feel that Campus Safety should have been better prepared with all of their staff knowing what to expect during such a crazy weekend," Alex said.

Alex was not the only student that was left high and not so "dry" during the rainy weekend. A group of girls were out partying that same night and called Campus Safety for a ride. They received the same response.

"I felt abandoned in my time of need," said a 22-year-old PLU student, who will also remain anonymous. "The safety officers for campus were not doing their job due to understaffing."

No comments from Campus Safety have been issued to any members of Mast Media at this point. There is no cause for student concern that this issue will happen again.

Editor's Note: The students in this article chose to remain anonymous due to fear of a backlash from speaking out about their partying habits and Campus Safety. This was co-written with Samantha Lund.

New Integrity Policy

Students overwhelmingly vote yes

By **DAVID MAIR**
Staff Writer

The Associated Students of Pacific Lutheran University voted on a new Academic Integrity Policy Nov. 4. The new policy, Senate Resolution Three, passed 20-1. The vote was held during the weekly ASPLU meeting in the Anderson University Center.

Before the new policy is put into effect, it will go to the Faculty Agenda. With the current Academic Integrity Policy, professors have two choices when it comes to instances of academic dishonesty. They can either let it slide, or report the student. It would go on their permanent record forever.

"For teachers, the frustration with that policy was that there was no middle ground," said senior Tess Sawatzki, an at-large senator.

Regardless of the severity of the student's infraction, if a teacher wrote up a student it appeared on his or her record as a major infraction. To solve this problem, the Campus Life Committee worked alongside a lawyer for the past year to rewrite the Academic Integrity Policy.

The Campus Life Committee is composed of six faculty members, who, according to the PLU website, "consider in a coordinative fashion matters pertaining to the academic and social aspects of university life."

The new policy would have two types of infractions: major and minor.

An example of a major infraction would be a student plagiarizing a paper in its entirety.

A minor infraction would be a student doing a citation incorrectly or forgetting a citation altogether.

When a professor writes up a student for a major infraction, it still goes on his or her permanent record as before. If the teacher writes the student up for a minor infraction, the student is given a learning opportunity.

The opportunity is for the student to attend an educational meeting that helps the student understand what they did wrong and how they can do better next time.

At the end of the student's time at PLU, if he or she only has one minor infraction, he or she can have it expunged. All a student has to do is remember to request it to be expunged. In the event a student incurs two minor infractions, it turns into a major infraction, which cannot be expunged.

"There has been a lot of excitement among students around the learning opportunity," Sawatzki said. "But students have expressed concerns with messing up in two different topics."

Teachers in each field will have their own way of citing students for infractions. This means that even if a student receives a minor infraction in math as well as English, those two still turn into a major infraction.

A recurring question brought up at forums discussing the policy was exactly who looks at permanent records. Graduate schools and prospective employers must request to see a student's integrity record, infractions do not automatically show up.

A council of PLU faculty will meet tonight, Nov. 14, to vote and decide whether or not the new infraction policy will become a permanent change.

Our neighbor, University of Puget Sound, has a similar lenient policy. According to the UPS website, when a student incurs an infraction for the first time, the consequences are left to the teacher.

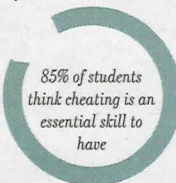
Though, when it's a student's second time it goes to a hearing board, where the board impose a consequence.

It will go on a student's record if the hearing board makes that decision.

A recent article from the New York Times shows that the issue of plagiarism goes beyond the collegiate level.

The New York Times reported that Montana Sen. John Walsh had his degree revoked from the Army War College on Oct. 10 because he had copied large sections of a paper he wrote in 2007.

To find out more about PLU's integrity policy, visit <http://www.plu.edu/srr/code-of-conduct/academic-integrity.php>.



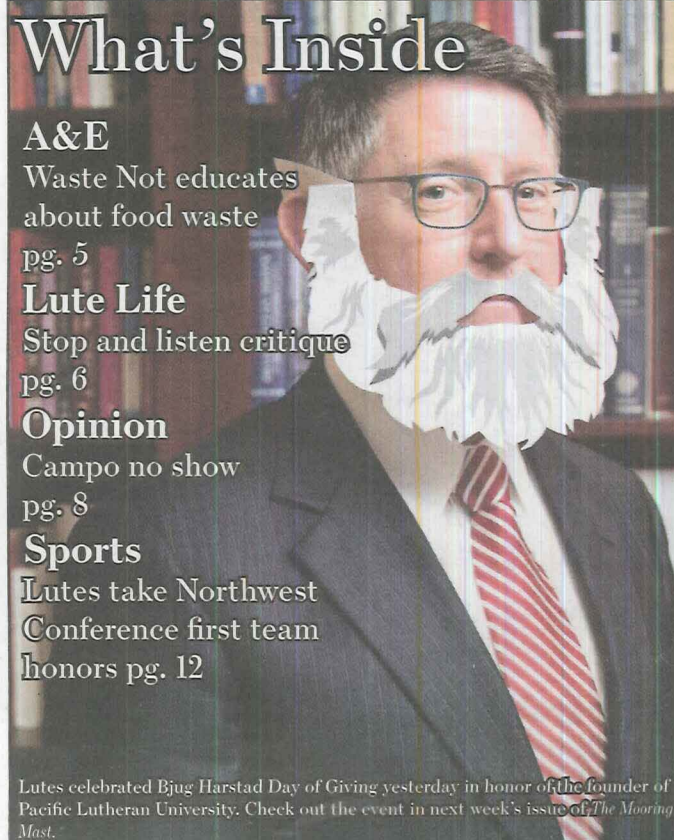
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Lutes celebrated Bjug Harstad Day of Giving yesterday in honor of the founder of Pacific Lutheran University. Check out the event in next week's issue of *The Mooring Mast*.

PLU honors veterans, old and new

Lagerquist fills with emotions and pride during Veteran's Day service

By **GENNY BOOTS**
News Writer

"Thank you for your service" was an expression that rang throughout Pacific Lutheran University and around the country Nov. 11. Veterans Day is a chance for Americans to commemorate the 20 million living veterans of the U.S. Armed Forces.

Nearly 150 people gathered in PLU's Lagerquist Concert Hall for the university's celebration and remembrance.

The master of ceremonies for the Veterans Day event was PLU Director of Military Outreach Michael Farnum, who said the service this year was outstanding.

The event speakers included PLU President Thomas Krise, professor of military science and Commander of the ROTC battalion Lt. Col. Kevin Keller and student Steve Shumaker.

Shumaker's speech was the highlight of the ceremony. Shumaker served four combat tours, two in Iraq and two in Afghanistan, and is now a junior Political Science student at PLU. The audience listened in reverence and awe as he tearfully spoke about his time in the service.

"What am I willing to die for? What am I willing to live for? Why am I here?" said Shumaker recalling the questions he often asked himself as a helicopter crew chief flying in and out of dangerous combat zones.

Shumaker's voice stammered with emotion as he spoke about the tragedy and violence he experienced. He also spoke about the social problems facing veterans today.

"There are 300,000 homeless veterans, countless addicted to

alcohol and drugs, and 22 veterans commit suicide everyday" Shumaker said.

"The service was very touching," Patricia Krise said. "Steve is a great inspiration for us all."

The audience erupted in support and a standing ovation after his speech.

PLU has a long history supporting the military and veterans. Campus is located five miles from Joint Base Lewis-McChord (JBLM) and was recently ranked fourth among regional universities in the West in the 2015 U.S. News Best Colleges for Veterans.

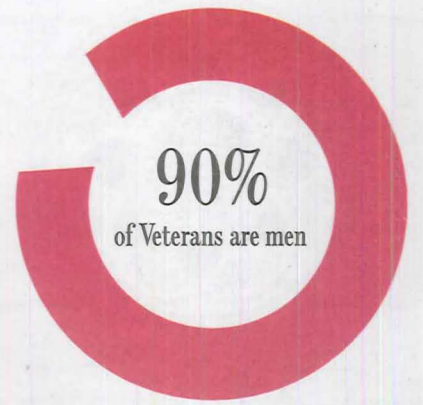
PLU is part of the Yellow-Ribbon GI Educational Enhancement Program. Working with the U.S. Department of Veteran Affairs, PLU offers full scholarships to qualified veterans.

"PLU values global education and having veterans in class brings experience and that global education to the classroom," Farnum said.

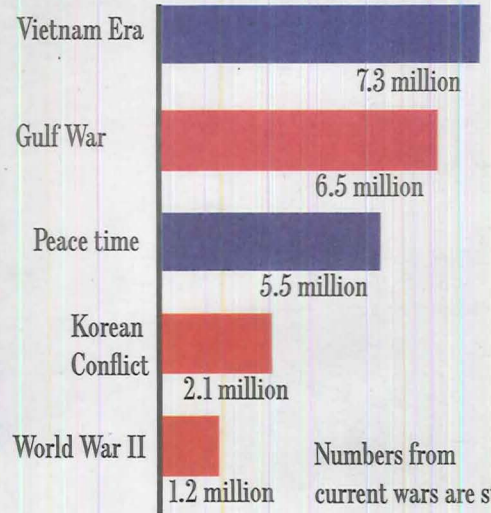
Following the Veterans Day celebration was a viewing of the Veterans photo gallery wall. Members of the PLU community with military ties submitted photos that were hung in Kriedler Hall's first-floor lounge.

The university is hosting other events celebrating veterans later this month, including a Thanksgiving meal for 120 active duty soldiers from JBLM.

Veterans Day was a time for thanking and honoring the service people of the Armed Forces.



Veteran period of veterans served

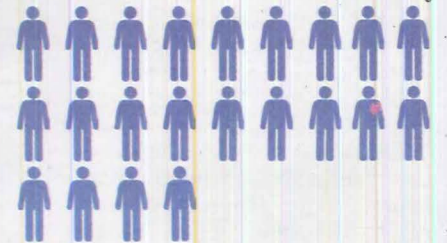


Numbers from current wars are still increasing.

In the United States, 300,000 veterans are homeless.



22 veterans take their own life daily



information taken from <http://www.va.gov/vetdata/>



PHOTO COURTESY OF JOHN FROSCHAUER AND PACIFIC LUTHERAN UNIVERSITY
Pacific Lutheran University hosted a veterans game Nov. 8 when the Lutes played the Whitworth Pirates. Veterans were honored with free food, admission and a PLU Color Guard appearance. The keynote speaker for PLU's Veterans Day ceremony student, Steve Shumaker, makes the coin flip before the game with President Thomas Krise by his side.



PHOTO COURTESY OF JOHN FROSCHAUER AND PACIFIC LUTHERAN UNIVERSITY
Veteran Edwin Hoffart (right) talks about his days flying a B-17 bomber. Hoffart worked at PLU for a few years after retiring from the military in the 1980s.



PHOTO COURTESY OF GENNY BOOTS
Annie Dodge, who joined the WAV (Women Accepted for Volunteer) in September 1942, with her son Don Warren Dodge (left) and volunteer Patty Gaspar (right). Behind them is President Thomas Krise (left) and Michael Farnum, Director of Military Outreach.

HOW TO SOUND SMART

When asked about Death with Dignity



1 **Death with Dignity**
 Death with Dignity (DWD) is suicide committed with the aid of a physician. The term is often interchanged with physician assisted suicide.

DWD advocates argue that they are not suicidal and do not want to die, but would rather die on their own terms than suffer from a terminal disease.

4 **By the Numbers**
 In 2013, medications were dispensed to 173 individuals. Of the 173 participants, 159 are known to have died, 119 died after ingesting the medication and 26 died without taking the medication. For the remaining 14 people, ingestion status is unknown, because the Department of Health has received no documentation that indicates death has occurred.

Of the 159 participants, 77 percent had cancer, 15 percent had neuro-degenerative diseases and 8 percent had other illnesses.

84 percent of the participants were at home when they ingested the medication.

2 **DWD Allies**
 Three states have passed laws permitting Death with Dignity: Oregon, Vermont and Washington. Montana and New Mexico have positive court decisions determining physicians cannot be prosecuted for prescribing medications to hasten death under certain circumstances.

3 **DWD Requirements**
 To request a prescription for lethal medications, a person must be an adult, a resident of Oregon, Vermont or Washington, capable of making and communicating health care decisions and diagnosed with a terminal illness that will lead to death within six months.

Patients must make two oral requests to a physician and a written request. The prescribing physician and a consulting physician must confirm diagnosis and prognosis. The two physicians must also determine if the patient is capable of understanding such a request. The patient also goes through a psychological examination.

5 **In the news today**
 Brittany Maynard has been a topic of discussion recently. The 29-year-old was an advocate for Death with Dignity after she was diagnosed with brain cancer. She was told she only had six months to live.

Maynard moved to Portland when she was diagnosed. She wanted to participate in Death with Dignity. Maynard took her own life on Nov. 1 as she had planned.

Since her diagnosis, Maynard became an advocate for DWD and is making headlines countrywide.

BY SAMANTHA LUND, NEWS EDITOR
 Information compiled from the Department of Health, CNN and Death with Dignity National Center.

LiNK comes to PLU

Less informational, More propaganda

By GENNY BOOTS
News Writer

The nonprofit organization Liberty for North Korea (LiNK) visited Pacific Lutheran University Wednesday, Nov. 5. The social campaign movement arrived with posters, T-shirts and a message "to spread awareness and raise support for the rescue of North Korean refugees' immigration to the U.S."

North Korea is "the most repressed country in the world," LiNK Nomad, a term for the organization's members, Billy Arnold said. Set to snappy tunes and trendy visuals, Arnold and his colleague Marissa Paiva presented for more than an hour to nearly 50 PLU students in the Cave lounge.

Associated Students of Pacific Lutheran University and the Residence

Hall Association were both contacted by LiNK last week to put on the event. Caitlin Dawes, RHA Social Justice Director was excited at how many people showed up.

"There were way more [people] than I expected," Dawes said. "This whole thing was put together in a week and a half. Billy [Arnold] and Marissa [Paiva] made this happen."

LiNK began as a student organization at Yale University in Connecticut. Soon, LiNK had chapters in universities across the country. From Yale, LiNK set up headquarters in Washington D.C.

"In D.C. they were trying to lobby to the big politicians," Arnold said.

The organization moved to Los Angeles and started a massive rebranding in 2008. "Now, we do what the North Korean people want," Arnold said.

North Korea is currently under the authority of dictator Kim Jong Un. Of the children living in North Korea, 28 percent are malnourished and many citizens endure incredible poverty. Citizens can be sent to political prison camps for speaking out against the regime. Estimates place 80,000 to 120,000 people in such prison camps,

which "are possibly one of the worst places to exist as a human beings," according to the presentation on Wednesday.

All of the profits that LiNK raises go to help a newer generation of North Koreans escape. The "Jang-ma-dang generation," or the "market generation," are the North Koreans who are roughly college-aged and have grown up with access to black markets and outside media.

These young people cross the northern border into China and from there, the journey is long. The refugees have to travel a 3,000 mile modern-day underground railroad before they officially become a "political refugee."

If any of these individuals are caught while in China, they are automatically returned to North Korea and face life-threatening punishments. In order to achieve refugee status they must make it out of China and into any

of the bordering countries.

To raise money for the organization, nomads like Arnold and Paiva go around the country speaking at universities, high schools and businesses. LiNK operates on a social media fundraising principal similar to the website "Kickstarter." Interested people can put in their email and receive their own fundraising page to send out to friends and family members on various media platforms. This year, the goal is to raise \$200,000, which will be matched by an unidentified donor.

Several PLU students put in their emails and many more were curious to learn about the programs LiNK offers for college students. Interested participants can go to <http://www.libertyinnorthkorea.org> for more information. For some, it was just a chance to support social justice on campus.

"I came out because I believe in social justice on campus," senior Cole Chernushin said. "Showing up is 90 percent of it."

"I came out because I believe in social justice on campus. Showing up is 90 percent of it."

Cole Chernushin
 Senior

FAMILY WEEKEND

Shows, family and food

By BROOKE WOLFE
Staff Writer

Families were welcomed to Pacific Lutheran University last weekend with three days full of events. Activities started Friday evening with an Associated Students of PLU Bingo Night and ran until family weekend worship Sunday afternoon.

Lutes' parents and extended families came dressed in black and gold to support PLU students. More than 150 families came to support PLU for family weekend. Compared to last year, many more families came to support their PLU student, each event was about full.

Family weekend was planned by students and faculty and each event had a purpose.

"Over the summer the planning started," said Nolan Ryan, the assistant director of alumni and constituent relations. "There is a committee of students from all over campus to get student input."

Early Saturday morning kicked off the weekend's festivities with the Lute Brunch. PLU President Thomas Krise and ASPLU President Sarah Smith greeted everyone, and families were encouraged to socialize. After brunch concluded, students led the way to a variety of different events on and off campus.

"We wanted to see what Gavin [our son] has been doing," Renee Jackson, first-year Gavin Jackson's mother, said. "This weekend is a free welcome to see your student."

The families were taken on tours, introduced to their Lutes' friends and taken on the necessary grocery and Target trips.

The PLU vs. Whitworth football game attracted many Lutes and their families. The game gave students an opportunity to show their families PLU's school spirit. Spirits were especially high since PLU walked away with a 41-27 win over the Pirates.

Families that decided to stay on-campus during the football game were invited to attend the Thor Heyerdahl Film Festival in the Scandinavian Cultural Center. Seats were filled as the event cycled through two films and one lecture.

"[The weekend] has been very welcoming," Kim Mair, first-year David Mair's mother, said. "I have had the chance to visit my son and see what he is involved in."

One of the more memorable events was the Matt Baker Comedy and Stunt Show followed by the Residence Hall Association Carnival. Saturday night gave Lute

families the chance to bond over laughs and suspense. Baker put on a show for the parents and students with jokes and tricks.

After Baker's show, Lutes and their families could take a short walk over to the Anderson University Center to take part in the RHA carnival. The carnival provided cotton candy and caramel corn along with games, which left students juggling their many prizes from the night.

After another night with their students and a Sunday brunch, family weekend was over and families headed home. Family weekend was a success and some parents will be coming back for another family weekend next year.

Karla Myers, mother of sophomore Kari Lundgren said she is absolutely coming back next year. "[The students] need mid-semester hugs and pep talks for encouragement!" Myers said.

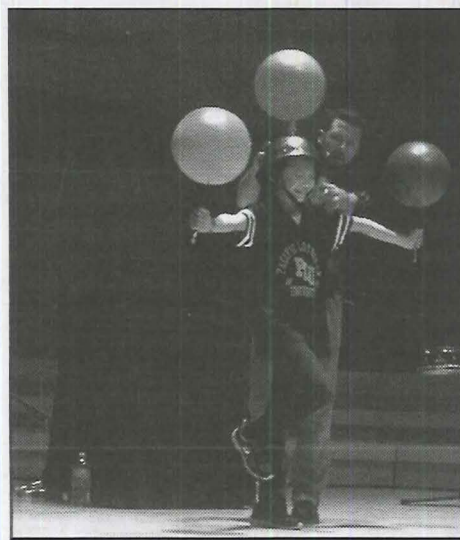


PHOTO BY BROOKE WOLFE
 Matt Baker on stage with Emily, a Lute family member, during a comedy stunt for the show.

This Week:
A&E

Events
Nov. 14-21

Choral Union Concert
8 p.m. Nov. 15 in Lagerquist

Women, Leadership & Vocation
6 p.m. Nov. 17 in AUC 133

University Symphony Orchestra
8 p.m. Nov. 18 in Lagerquist

University Jazz Ensemble Concert
8 p.m. Nov. 19 in KHP

Global Getdown
6:30 p.m. Nov. 21 in The CAVE

ONLINE



TERRAN'S
take

GET THE SCOOP!

Weekly Gossip with Terran

Go online and get the scoop on celebrity gossip with our in-house pop culture expert, Terran Warden!

This Week:

Nicki Minaj's offensive new lyric video for her song "Only."

**On the
aGENda**

**NEWS
@NINE
MAST TV**

This week, Genny talked to Brooke Thames and other Lutes about the new Trolli Sour Brite Egg craze on-campus.

Watch it later online at <http://mastmedia.plu.edu> or tune in at 9 p.m. every Thursday to News @ Nine on Mast TV!

TERRAN'S TAKE: Off-Campus Dining

By **TERRAN WARDEN**
A&E Columnist

Food is an important aspect of a college student's life — money is put on LuteCards just for dining, mealtimes are important when scheduling classes and most social events revolve around food.

Pacific Lutheran University provides a large variety of dining options on-campus, including Old Main Market, Crave and Aglio. But, let's face it: on-campus dining gets old.

The surrounding Parkland area has a great variety of food available for off-campus dining, including Chinese food, coffee shops, ice cream and Italian eateries.

I visited as many restaurants as my budget would allow, and came up with four places I want to go over and over again!

Pita Pit (921 Pacific Ave)

Pita Pit is a delicious restaurant that's quick, fresh and tasty. It offers a 10 percent discount to all Lutes.

The concept of Pita Pit works like a Subway, except with pita bread.

There is no shortage of unique options to try — with meat pitas, vegetarian pitas, breakfast pitas and salads.

Pita Pit allows customers to customize pita fillings including meat, veggies, sauces and cheeses, so it has something for everyone.

One of the best parts of the quick and tasty meals at Pita Pit is that it offers healthy meal choices, which is important when combatting the "Freshman 15."

Pita Pit is also a great choice for off-campus dining because they are open until midnight Fridays and Saturdays, so those late night cravings can be fulfilled.

My recommendation: the beef gyro with tzatziki and secret sauce.

Farrelli's Gourmet Wood Fired Pizza (210 Garfield St. S)

Farrelli's Wood Fire Pizza is an Italian restaurant focused on wood-fired pizzas. Farrelli's also has a bar perfectly decorated for watching upcoming Seahawks games.

Farrelli's offers a student discount pizza deal as well as the use of dining dollars on LuteCards, making it the perfect spot to use meal plans outside of the Commons. Students who show their PLU Student ID can get a slice of pizza and a soda for \$4.99

While Little Caesar's offers an entire pizza for \$5 further down on Pacific Ave, Farrelli's pizza is delicious, high quality and customizable for the same price.

The slice is also a large portion, almost one-fifth of a pizza.

Besides the slice-and-a-soda option, the student discount is for any two-topping pizza of your choice from the list of toppings on the menu, which include multiple kinds of cheeses, meats and vegetables.

Farrelli's works as a great way to get gourmet food on a budget. When I first walked in, I immediately thought it was the perfect place to take a date.

Do you have restaurant recommendations?

Tweet it to us: @PLUMast

Farrelli's also offers other options including sandwiches, salads and pastas, but not with a student discount.

Any pizza choice is sure to be great with quality dough and toppings, along with a great wood-fired cooking process.

Uni Teriyaki (212 Garfield St)

Uni Teriyaki is a fast and tasty Asian restaurant specializing in Teriyaki, Ramyun and Korean Bi Bim Bop. Not only is Asian food a crowd favorite, Uni Teriyaki executes these main dishes deliciously.

Although Uni Teriyaki does not offer student discounts, most dishes are reasonably priced, such as \$4.99 for Ramyun or Chicken Teriyaki.

Uni Teriyaki also offers a wide assortment of appetizers and smaller dishes, like Gyoza and even Kimchi, a Korean staple.

What makes Uni Teriyaki different than

the average teriyaki shop is the variety of Asian foods they offer. It includes Chinese, Korean and Japanese all in one place.

With a wide assortment of Asian dishes, this is another restaurant with something for everyone to enjoy.

My recommendation: the Korean Bi Bim Bop, as Bi Bim Bop is a difficult dish to find except for at specifically Korean restaurants or at my grandmother's house and is a favorite among Koreans.

208 Garfield

Although 208 Garfield doesn't offer student discounts, 208 Garfield is owned and operated by PLU so prices are reasonably set and affordable especially for what the restaurant offers, and they accept LuteBucks.

208 Garfield has menus inspired by the comfort foods of Italy, Spain and Scandinavia. For its meals, 208 uses locally grown and produced ingredients. Everything is quality made and even their sauces are made from scratch!

If you're 21 or older, you can even try their beer and wine menus, offering only local drinks including some from Arch Terrace Wines - Terra Blanca Vinters in Benton, Wash.

Most meals are about \$10, and 208 Garfield offers delicious, fresh and comforting warm paninis starting at only \$5 and served all day!

My recommendation: the Ham with Bel Paese and Red Onion Panini for \$5.

Other locations near campus

Taco Del Mar and Subway both offer 10 percent discounts.

Other restaurants around PLU include Reyna's Mexican Restaurant, which used to provide a student discount menu, told me "A lot of our customers are not students, so we think it is unfair to give discounts to one majority of customers and not the other."

Either way: off-campus dining can be affordable and incredibly delicious. Be sure to try these restaurants out!

MOVIES WITH MICHAEL

'Interstellar' takes a light-year to watch

By **MICHAEL DIAMBRI**
A&E Writer



"Interstellar" is a mind-boggling, visually-spectacular and beautifully-acted film. But here's the catch — it's way too long.

If you thought "Avatar" was too long, take this into consideration before you decide to go see "Interstellar," it's only eight minutes shorter than "Avatar."

Although it's long, each part of "Interstellar" has its purpose,

and each scene's purpose is justified by the end of the film.

Living on the increasingly uninhabitable planet humans know as Earth, former NASA pilot Cooper (Matthew McConaughey) is living as a farmer with his father-in-law, son and daughter.

Life isn't pretty for the inhabitants of Earth. It is predicted that in the near future, all of humankind will starve or suffocate.

Cooper, along with a team of scientists (Anne Hathaway, David Gyasi, Wes Bentley), is informed by a leading professor, Brand (Michael Caine), that there is a wormhole

near Saturn that may lead to other, possibly inhabitable planets and is tasked with the mission of exploring them.

The fate of the planet now lies in their hands.

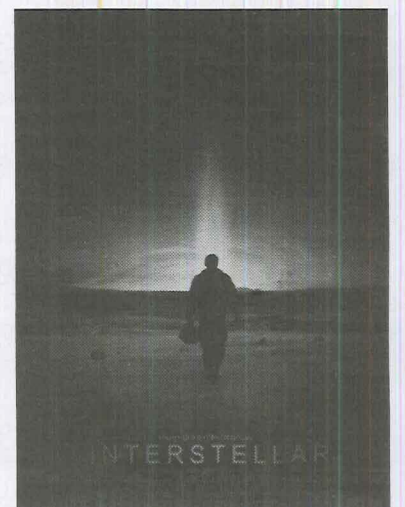
However, as anyone might expect, space travel is hard — they have little luck in finding an inhabitable planet.

As they traveled through the universe, time on Earth lapsed. Cooper's daughter, Murphy (Jessica Chastain), is now the same age as Cooper when he left and she is professor Brand's assistant. On his deathbed, the professor eventually admits to Murphy that the Earth could not be saved. He believes its current inhabitants are doomed.

All of this happens during an intergalactic adventure, as the team of scientists hopes to find the salvation of the universe somewhere among the stars.

Chastain is a marvel as ever. She is the best shot "Interstellar" has at an acting nomination at the Academy Awards this year. I don't think she should receive one for this film. Instead, viewers should look out for her in "A Most Violent Year," where her performance is already getting pre-release buzz.

Those who love science will love this film. The film uses plenty of physics, astronomical



and quantum lingo that makes no sense to someone majoring in the social sciences and humanities.

I enjoyed the dazzling lights, beautiful cinematography and high intensity space-drama, but it was just too darn long.

I felt as if I could have traveled the universe, found my true love, had an amazing vocal solo and saved the human race before the end of this film — it was that long.

I was done with my popcorn before the half-way point of the film.

I do not find that acceptable. Before you go see "Interstellar" get all your snacks in the largest sizes possible, make sure all your homework is done and get a solid work out in. It's going to be a long haul.

Other movies that were too long

These movies may have been good or bad, but in either case they were just too long. I didn't want to lose half of my day watching these films but I did.

Gangs of New York

Cloud Atlas

Avatar

King Kong

The Aviator

This Is 40

The Dark Knight Rises

Any Michael Bay Film

TROLLI TAKEOVER

“Trolli Eggs” are the new campus candy craze

By **BROOKE THAMES**
A&E Writer



Trolli Eggs
Available at Old Main Market
\$1.89

It's a bean; it's a worm; no, it's Trolli Sour Brite Eggs!

Old Main Market's newest best-selling candy is an interesting combination of the hard and soft textures of jelly beans and gummy worms. It has a multitude of Pacific Lutheran University students cashing in their dining dollars.

With more than 500 bags of the delectable treat selling since Sept. 4, it's an understatement to say so-called “Trolli Eggs” are a hit in the PLU community.

According to the package, the egg-shaped candies are “soft gummy centers covered in a thin candy shell.” They come in an array of watercolor-like patterns of green, orange, yellow, pink and blue.

With a sweet shell on the outside and a soft, sour gummy center, these treats offer a dynamic that is most definitely unique.

Tom Harvey, the retail operations manager for Dining & Culinary Services, said a large part of the appeal is the taste and texture of the candy itself.

“The sweet and sour is a classic combination,” Harvey said, “and getting it in small doses is dangerously addicting.”

Students agree that it's the strange and surprising texture that lures them back to Trolli Eggs again and again.

“You think it's a jelly bean but then you're like, ‘Whoa, it's a gummy worm!’” first-year Victoria Henning said.

Sophomore Suzanne Bjornson agreed.

“It's a texture thing,” Bjornson said. “It's just different.”

Harvey also attributed the popularity of the candy to life experience, convenience and the simple fun of eating sweets.

“We connect life experiences with flavors,” Harvey said. “[Trolli Eggs are] small, portable and easy to store. For others, [they're] just plain fun.”

Accessibility and amusement aside, there is something that makes Trolli Eggs extremely unique. Old Main Market carries several Trolli brand candies, but none of them rank close to Trolli Eggs in terms of sales.

In the first eight weeks of the semester, 513 packages of Trolli Sour Brite Eggs were sold at OMM.

The next most popular Trolli products lag significantly behind, with Trolli Peach O's selling 202 packages and Trolli Apple O's and Trolli Octopuses selling only 100 packages each.

With an estimated lead of 300 bags, Trolli Eggs reign supreme.

“We fly through those things,” OMM employee and senior Alex Tuman said.

Established in 1975, the Trolli brand was registered in Germany under the Merder GmbH Company by the company's founder Willy Merder. Merder decided to expand his existing food production company into the realm of sweets because

of the success and growth of the candy production industry in the years leading up to the 1970's.

Merder found immense success in the creation of his Trolli candy brand, a name that originates from the mythical troll creature that was popular with children at the time.

Since its creation in 1975, Trolli has been Merder GmbH's top-selling brand, and the company has risen to be the second-largest manufacturer of gummy candy in Germany, behind Haribo.

Trolli candy has become greatly successful in the U.S., a popularity that is mirrored on PLU's campus.

In the opinion of Sophomore Kacie Mansten, it's the fact that Trolli Eggs are “college-friendly” that makes them popular among students.

“I feel strange as a college student eating a handful of gummy worms, but [Trolli Eggs] are a more mature way to eat candy as an adult,” Mansten said.

Whatever the appeal of Trolli Sour Brite Eggs – whether it be taste, texture or the simple fun of eating candy – the bite-sized treats are surely PLU's most popular candy.

DOING THE MATH

This semester, Lutes...

consumed 513 Bags
ate over 40,000 eggs
spent roughly \$970



First-year Genny Boots and senior Aubrey Frimoth talk about Trolli Eggs in this week's “On the aGENda.”



Genny on the Block

Head online to see Genny Boots' interview with Brooke Thames, along with a new segment where Genny takes to the AUC to see what Lutes think!

<http://mastmedia.plu.edu>

‘Waste Not’ provides food for thought

By **MATTHEW SALZANO**
A&E Editor

In the U.S., 40 percent of food produced is wasted – and that equation just doesn't add up.

This is the message in Pacific Lutheran University's newest MediaLab documentary, “Waste Not,” which premiered Nov. 8 at the Broadway Center for Performing Arts in Tacoma, Wash.

The event was much like the movie: almost entirely student-produced. The event was introduced by PLU seniors Anne-Marie Falloria, Amanda Brasgalla, Taylor Lunka, Olivia Ash and junior Grace Takehara. The five MediaLab associates told the story of the film – the timeline, the travel, the donors and the experience.

“We've learned a lot about food and how it's wasted,” Lunka said. “And we've learned a lot about ourselves.”

The film, which ran approximately 30 minutes, was produced mostly by students. The team of senior producers included Lunka and Brasgalla, and Ash



From left to right: Kate Edwards, Ben Rasmus, Dana Frasz and Samuel Torvend speak at the “Waste Not” premiere event panel on Nov. 8 in Tacoma, Wash.

was the chief videographer and narrator.

“Waste Not” focused on more than just how and where food is wasted. It also focused on what individuals can do now about food waste.

One expert in the film was an organic farmer named Kate Edwards, affectionately called “Farmer Kate.”

Edwards said that people aren't connected to their food, but are “connected to convenience.”

The film seemed to strive to reconnect people to their food and how to use it best.

The film presented five key terms which can help individuals take action: planning, portions, date labels, storage and forgotten foods.

According to “Waste Not,” focusing on these five key terms helps individuals and families use all of their food to its fullest rather than leaving waste behind.

After viewing the film, moviegoers could stick around for a panel. The panel was composed of seven food waste experts, most of whom were in the film. These experts helped illuminate topics

within the film as they answered audience questions and explained further background on what their work entailed.

Beth Elliot, Executive Director for FISH Food Banks of Pierce County, was present on the panel. Her insight drove the issue closer to home.

“There is a lot of poverty in Pierce county,” Elliot said. She said FISH served 562,000 people last year, and that 40 percent of these people were 18 years old or younger.

Dana Frasz, founder of FoodShift, an organization out of Oakland, Calif., which facilitates organizations long-term sustainability efforts, educated audiences about “food deserts,” which are areas containing no real access to fresh produce. Pierce County has several of these areas.

The “Waste Not” premiere event contained many of these lessons about food waste in an attempt to see what will balance the food equation.

Further information on “Waste Not” is available by contacting MediaLab at ml@plu.edu.

From The Matrix: 'Iron Knees'

By AMANDA SEELY
Saxifrage Contributor

How sad to veil a pretty face in cloth;
How pathetic to kneel and submit to invisible almighty and despotic man.

Commodified solidarity and morsels of culture fill the bellies of pinatas; pummeling these with pent up angst is a favorite pastime of festive progressives

Nauseatingly hackneyed, right? Rich western-women as the moralistic banner-bearers of the world: the angle of their powdered noses the perfect trajectory of scorn; a pedestal of martyrous feminine "compassion" the ideal vantage point for superior judgment.

But standing ringside, throwing taunts and hurling bets is not the same as taking a hit.

We have our own battle - great as Goliath and insidious as cancer. Women, turn your tenacious gaze inward and confront the emptiness that consumes you and breathes life into your frenzy.

As I gaze in shame past my blurry, exaggerated features and commit that degrading act of self-punishment I wonder when I will deem my face to precious to bow before a receptacle for sh*t.

How sad to veil a pretty face in toxic chemicals;
How pathetic to kneel and submit to a porcelain confessional and retouched fashion models.

No, we don't need men to actively oppress us. In our "advanced" society, we are adept at doing it ourselves.

Our natural impulses? Sloppy excess. Our beauty standards? Redemption of the inherent insufficiency of the female body.

Sisters, mothers, daughters, friends; when will we say, "enough is enough?"

Our knees are sore - let's stand up.

Women in politics: Does it matter?



PHOTO COURTESY OF CREATIVE COMMONS

Shelley Moore Capito, R-W. Va., is the senator-elect for West Virginia. She is the first female senator for the state and has represented West Virginia's second congressional district since 2001.

By RELAND TUOMI
Editor-in-Chief

In the elections that took place last week, West Virginia and Iowa both elected their first woman to the U.S. Senate. Shelley Moore Capito will represent West Virginia and Joni Ernst will represent Iowa. Both women represent the Republican Party. But really, what took these states so long to vote for women?

The problem isn't women, though women do need better representation. The problem is the representation of values and policies.

Women provide an alternative perspective men can't, and for any national government to have full representation,

women need to be a part of the conversation. "It's important to have equal representation. It's important to have voices of all different kinds revolve around issues that are important," said Sarah Smith, the president of Associated Students of Pacific Lutheran University. "It'd be great if we had more women in politics because it could lead to other women looking up to them and then them wanting to get involved in politics and engaging in those conversations."

Jen Smith, director of the Women's Center, agreed, saying the message is most important.

"Numbers are great, visibility is great, but what is more significant is the messages those candidates are bringing and the policies they support," she said.

Of the 435 seats in the House of Representatives, only 79 representatives and three delegates are women, and of the 100 seats in the Senate, only 20 are filled by women.

If having women in democracy is so important, then why aren't more women engaged in government affairs?

Sarah Smith said it's because women who identify as feminists are more likely to vote for a man than a woman if they felt the man would better represent their needs. This creates a bit of a paradox, because gender equality should be represented in politics, but at the same time people want their issues represented and valued as well.

"It's important to have all different identities represented in the government," Sarah Smith said. "How accurate can representation be if it's only by traditionally one type of person? Lack of accurate representation lacks accurate voice. A more accurate representation leads to a more effective government."

So while it is great that more double-X chromosomes are coming into DC, what we really need to be aware of is the policies the politicians represent, the values they hold and if they will be a good fit for our government.

Garfield
BOOK COMPANY
AT PLU

Get Ready To

Save Big

DOORBUSTERS
6AM-10AM
ALL DAY DEALS
6AM-8PM
HAPPY HOUR
4PM-6PM

NOVEMBER 21ST
BLACK
& GOLD
FRIDAY

Check Your Campus Mail Next
Week for All the Details!

STOP & LISTEN: A figurative and literal perspective

By ENOCH JAMES

Matrix Contributor and Sociology Major

Stop, and listen. Stop when, and where? And listen to what?

It doesn't mean that whenever you're approached by a person you stop whatever you're doing, and give them your undivided attention.

Nor does it mean that you listen to everyone and agree with them without having a say in the matter.

The significance of the topic is more figurative in the framework of social justice issues.

Equally weighing the wants and needs of people with one's own wants and needs would be one way of stopping and listening. By doing that, you set your egocentric wishes aside, and regard every life just as important as yours.

From a social justice perspective, if politicians and leaders adopted a similar philosophy and considered the value of each individual worldwide to be equal, the battle plans would be replaced by sheets of harmonious symphonies.

In a societal context, the implication of the theme, "STOP & LISTEN," is more literal.

Everyone is guilty of gossip. Once started, rumors spread at an exponential rate. Gossip can be looked at as a coping mechanism to deal with boredom.

It is therefore quite obvious that people who engage in chitchat about the lives of other people have no life of their own, and this is emphasized by Eleanor Roosevelt's words, "Great minds discuss ideas. Average minds discuss events. Small minds discuss people."

Often we hear about people of note, orators being praised for delivering eloquent speeches, but hardly ever do we hear about someone commended for being a "good listener."

Listening can be thought of as an art, a skill that only a few learn to master.

Sometimes, people just want to be heard, whether they're right or wrong in their opinions.

In the words of Mercedes Lackey, "It's only gossip if you repeat it. Until then, it's gathering information."

So, the next time you engage in a conversation, ask yourself this question, "Am I gaining knowledge by listening to my own words or by listening to what the other person has to say?"

Gossip can be looked at as a coping mechanism to deal with boredom.



PHOTO COURTESY OF THE MATRIX

Enoch James is a junior studying Sociology. He is a transfer student on the T.O.H. Karl Forensics Team.

From Saxifrage:

NOIR & SEPIA

By JOSEPH FRIES

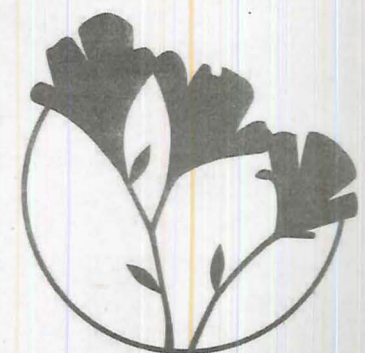
Saxifrage 34 Contributor

I sometimes feel
like an old silent moving picture,
words flashing on the screen and
occasionally faint splatches of color
painted onto film, flaking away
and, leaving it all bare,
running through to the fin.
the lady, gloriously out of focus,
moving lips with nothing to say,
smooth and clean and white,
Waiting to be rescued and
brought back to love and laughter
which are, perhaps, too late,
for the next film is about to begin:

the world revolves in shades of grey
round and round, quiet, still, with
a faint piano tinkling tunes, notes, scales,
spreading, amoeba-like, into silence
to reveal, what? I know not,
how can I say? Too many questions
All the wrong answers. Am I, like
walking in a waking dream of shadow,
and stumbling over patches of light,
fettered in a washed-out world?
carried away into the sleeping night,
hollow with too many questions
and given all the wrong answers,
the piano stops playing at the end.

ABOUT THE AUTHOR:

Joseph Fries attended Pacific Lutheran University from 2004–2008, studying French and English. He later received an MFA in poetry from Saint Mary's College of California. He may or may not have written an alliterative heroic crown of sonnets about a Viking teddy bear, and hopes that everyone will continue to split rocks!



Sax·i·frage

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Like us on Facebook!

<https://www.facebook.com/PLUMastMedia>

Comments,
questions or
requests?
Email us at
mast@plu.edu.

Educate yourself on FCKH8 before you donate

By LEAH LARSON

Guest Columnist

FCKH8 is a company that is notorious for putting together quick and funny videos about various activist causes and selling shirts to raise money for those causes.

Unfortunately, that's also a really easy way for a company to make a lot of money.

FCKH8 is a for-profit company. The money they make off their T-shirts or from the advertising on their YouTube videos goes directly toward various employees' paychecks.

Ultimately, FCKH8 has successfully raised almost \$6000 for various charities with their anti-racism gear. Those \$6000 will go on to do great things, but FCKH8 still falls short in its advocacy.

FCKH8 claims that money from their T-shirts go toward various activist causes. Recently, they produced a line of T-shirts with phrases like "RACISM ISN'T OVER BUT I'M OVER RACISM." They said that \$5 of each shirt sale go toward nonprofit groups like Race Forward, among others.

But that isn't true. On their Facebook page, Race Forward made a post in September which states, "It has been brought to our attention that outlets have been reporting our affiliation with Synergy Media and FCKH8.com. Race Forward has never received any money from Synergy Media nor do we have an agreement with the company or FCKH8.com campaign. To be clear, Race Forward would not accept any proceeds from this effort."

In short, FCKH8 lied about what was happening with the profits made off of various T-shirts.

While they no longer claim that they donate to Race Forward, the fact that they spread false information about their finances is still unethical and should not be ignored just because they say they've given money elsewhere. They lied in the first place and could easily lie again.

"For FCKH8 to say that they're giving money to charities that aren't accepting



PHOTO COURTESY OF CREATIVE COMMONS

Examples of FCKH8 merchandise shown above. T-shirts sell for about \$15 each and are an easy way to raise money for important causes.

the money is fraud, pure and simple," said junior Angela Tinker. "Lying like that shows they're a business where a portion of the proceeds may go to charity. It's like when you pay an extra five cents at Starbucks to donate to the Red Cross. That might help, but really it's still about making profit."

In response, FCKH8 later released a statement saying that Race Forward is a homophobic organization that trivializes breast cancer awareness.

Admittedly, Race Forward is an organization that combats racial injustices and is not in the business of battling homophobia or breast cancer.

Even if FCKH8 wasn't lying about what they do with their money, their organization is still an amazing example of slacktivism.

Slacktivism is a type of activism which encourages activities like buying a T-shirt and then doing nothing else. It's similar to when your Aunt Kathy changes her Facebook profile photo to a picture of a cartoon character to raise awareness for children who experience abuse. It's a nice thought but nothing actually gets done.

"FCKH8 focuses on gimmicks, like

little girls cursing, and doesn't have any real means of advocacy," Tinker said. "They distract from the real issue. It's like Kony 2012, everyone was talking about it because it was a gimmick, but all that it produced was slacktivism."

That sort of activism does very little. "In order to be successful, activism needs to have goals it can meaningfully and measurably achieve," Tinker said.

Effective advocacy means engaging in thoughtful discourse with people around you, even if it's just on Facebook. It means boycotting businesses and writing letters to politicians.

Making brightly colored T-shirts and gimmick-laden videos does not fit into the model of effective advocacy.

FCKH8 does start conversations about LGBT issues and only LGBT issues, as their merchandise section for queer individuals is labeled "LGBT Equality."

That's a step. It's important to start conversations about the experiences of queer people and all oppressed people. But it's not enough of a step.

Please
recycle your copy of
The Mooring Mast



Halloween horror: Campo no show

By ALLIE REYNOLDS

Mast TV General Manager and Online Editor



Halloween weekend can be one of the busiest of the year on a college campus. With all the parties and alcohol consumption happening in the area, it's safe to say that many students would have taken advantage of our university's Campus Safety escort service. But, unfortunately, students were unable to use the service Halloween night.

My roommate and I were a 20-minute walk from our house, hanging out with other friends at a

local restaurant. It was nearing 1:30 a.m., and we didn't feel too safe walking back to our house in the dark, cold and wet weather.

Thinking we could just take the Campus Safety escort service back to our house, we dialed the escort number only to be turned away, because of an issue with understaffing. My other friends tried to call, all ending with the same result: a walk home in the cold in our Halloween costumes.

The following week, my other friends in my group wanted to know why the escort service fell through for us on Halloween. While talking to supervisors, we were able to get a response back from Campus Safety about the understaffing issue on Halloween.

Campus Safety director Greg Premo informed Vice President of Student Life, Joanna Royce-Davis, that "it was a staffing error that resulted in lack of shuttle service on Halloween. The intention was for there to be service and it was miscommunication that resulted in the lack of service and lack of appropriate explanation to students

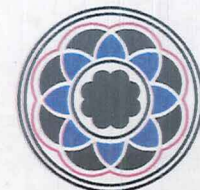
who called in."

While it's unfortunate that a staffing error occurred on one of the busiest nights of the year for Campus Safety, I felt jilted. I know a problem with the shuttle service is people taking advantage of it, like asking for a shuttle service for a group of people. Groups of people should feel safe walking to their destination because there is strength in numbers.

I have never done this my entire four years at PLU. I've only used the shuttle service three times in my entire time at Pacific Lutheran University, and the one time I really needed it, and it was unfortunate that it wasn't being offered.

Although Campus Safety admitted they made a mistake, I hope this error will result in no understaffing issues on other big party weekends throughout the year, such as LollaPLUza weekend.

As someone who uses the shuttle service only when I feel unsafe to walk home, it was a big let down to not have that service available to me on the night I felt like I needed it the most.



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Corrections

Nov. 7 Issue

In the article "Midterm elections: Red's on top" on the front page, at the time of publication Initiative 1351 had less votes, but the final ballot count revealed that Initiative 1351 did pass.

Sustainability:

Practice your voting rights for the environment

By **ALEX DOMINE**
Sustainability Coordinator

A man clad in neatly pressed Wall Street regalia addresses a congregation of gas tycoons and declares "endless war" on those pesky environmentalists. He seeks one thing: to spread petty gossip about liberal celebrities to turn the public against environmental advocates.

This scene, although reminiscent of a teenage drama, came from a secretly recorded speech delivered by Richard Bergman, a political consultant, to oil industry executives. Now, in the wake of his \$3 million consultation, Pacific Lutheran University students in support of climate action need to push harder than ever before to fight the good fight—especially after last week's election results.

A major result of last week's election

is the Republican control of the Senate Committee on Environment and Public Works. The committee chair is assumed to veer from climate advocate Barbara Boxer, D-Calif., to James Inhofe, R-Okla.

Inhofe's 2012 book asserts that global warming is the "greatest hoax," and he will no doubt attempt to fasten a muzzle on the Environmental Protection Agency's efforts to cut pollution.

When the newly Republican-controlled Congress gears up in 2015, some environmental topics will be on the agenda. Oil companies invest in the Republican Party, and with the recent Republican control over Congress, oil businesses will want to cash out on their end of the bargain.

This means a congressional push to force President Obama's hand on a harmful pipe system called Keystone XL.

The pipeline is a vessel for dirty oil to flow from Canada to the United States.

The State Department keeps the project on a short leash and it will ultimately be its decision if it's of national interest.

However, a legislature controlled by supporters of Keystone XL is a formidable Obama is on the

opponent, even if environmental side.

On a more promising note, a measure to promote efficient energy in buildings could be the bill that Congress uses to show the public that both parties can collaborate

without too much fuss.

The measure would enforce stricter rules on the energy efficiency of appliances in homes, offices and other buildings. It didn't pass at the last session because they were all too absorbed in the foreboding Keystone XL project.

Perhaps Congress will take a page out of PLU's book in an effort to promote energy-efficient buildings.

It's evident that the fossil-fuel business is frantic for support, and political factions that think environmentalists are lying tree huggers are assembling for even more mudslinging against the climate truth.

Universities are maven for innovation and critical thinking, and as such, it's vital that Lutes and students everywhere are prepared to use the ballot box as a sword of change. The Earth depends on it—literally.

"University students in support of climate action need to push harder than ever before to fight the good fight."

Study Break

Life Hacks

If your windshield is frozen over and you don't have a scraper, try using a non-metal spatula or a credit card to scrape off the ice.

PHOTO COURTESY OF CREATIVE COMMONS

SUDOKU High Fives

		2	8												
					7	5	9								
			8	6	2	9	4	5							
		5		7	4		1								
9							3	4							
		6													
2	6								9						
	7	4													

Universal Crossword

Edited by Timothy E. Parker November 9, 2014

ACROSS

- Like a rainbow
- Harry's first lady
- Autocrat until 1917 (Var.)
- Zoo heavy-weight, briefly
- End of the year, for some
- Change the decor
- You may get its stamp of approval
- Again
- Interlace flowers in a circle
- Not in drive or reverse
- Asian language
- "Boola Boola" singer
- Mashed, as oranges
- Lacked, briefly
- "Acid," briefly
- Caribbean, e.g.
- First-born, compared to the others
- Crowned heads
- Debussy's "La ___"
- Ring bearer, often
- "Polly" follower
- E or G, in music
- Building or constructing
- Deficit indicator
- One sib
- Help out
- Because
- An anagram for "staple"
- Brooks of "The Producers"
- Long, long time
- Assn. or org., e.g.
- All you can carry
- "Beat it!"
- Some contain treasure
- Warner Bros. creation
- Type of support
- Fire fragment
- Slow-moving boats
- Munro's nom de plume
- "Allegro ___" (very fast)

DOWN

- Dada founder
- Frat letter
- USSR's successor
- What vines do
- It may get into a jamb
- Come about
- Clique's attitude
- "There's no ___ thing!"
- Hypnotist's command
- Kind of park
- Stop associating with
- Grammy-winning British vocalist
- Plied the oars
- Charge
- English assignment
- More healthy
- Your email account has one
- Conventions
- African fly
- ___ Jones index
- Mai ___ (rum drink)
- Postal creed conjunction
- Beginning of a conclusion
- Wanda of comedy
- Genetic material (Abbr.)
- Lemonlike fruit
- Bit of ingenuity
- Royal crowns
- Oracle site
- Ziti, e.g.
- Can't stand
- Wears well
- Word with "beam" or "blow"
- Bird whose male hatches the eggs
- Length x width, for a rectangle
- American broadcaster
- Mauna ___ (Hawaiian volcano)
- Mr., in India

PREVIOUS PUZZLE ANSWER

T	E	T	A	S	N	A	R	L	R	E	P	
A	T	E	A	M	P	O	D	I	A	I	D	O
D	A	N	G	E	R	O	U	S	L	I	C	G
O	A	T	S	B	R	E	D	N	O	H	I	T
P	S	I	N	E	T	T	U	N	E			
A	T	M	I	N	H	A	L	A	N	T	S	
L	I	B	E	R	I	A	F	L	E	A	B	A
E	M	E	N	D	A	T	E	D	A	G	O	
C	A	R	B	A	N	I						
G	L	E	D	S	T	R	E	K	A	D	D	S
M	O	I	R	E	S	F	R	I	A	R		
B	U	N	T	O	M	A	N	D	J	E	R	R
A	T	E										
T	I	S										

PLENTY OF MAIL BOXES By Gary Cooper

1	2	3	4	5	6	7	8	9	10	11	12	13	
					15					16			
					18					19			
				20							21		
22	23	24					26	27					
					29		30		31		32		
33						34		35		36		38	
39				40			41		42			43	
44				45			46		47			48	
				49			50		51		52		
53	54									57		58	
59													
63							64		61		62		
68											65	66	67
71													

HOW TO PLAY: Sudoku High Fives consists of five regular Sudoku grids sharing one set of 3-by-3 boxes. Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition. The numbers in any shared set of 3-by-3 boxes apply to each of the individual Sudokus.

SPORTS SCOREBOARD

Football

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Pacific	6	2	0	6-0	Won 6
Linfield	7	1	0	5-1	Won 1
PLU	6	2	0	4-2	Won 3
Whitworth	6	4	0	4-3	Lost 1
Willamette	5	3	0	3-3	Lost 1
Puget Sound	3	5	0	2-4	Lost 3
George Fox	1	7	0	1-5	Won 1
Lewis & Clark	0	9	0	0-7	Lost 9

LUTES' UPCOMING GAME: Nov. 15 vs. George Fox, 1 p.m.

Women's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Puget Sound	15	4	0	13-3	Won 3
Linfield	15	4	0	12-4	Won 2
PLU	14	5	1	12-4	Lost 2
Whitman	9	7	4	7-5-4	Won 1
Lewis & Clark	9	8	3	7-7-2	Lost 3
Whitworth	8	11	1	7-9	Won 3
Willamette	4	14	2	3-11-2	Won 2
Pacific	6	13	1	3-12-1	Lost 2
George Fox	3	14	3	3-12-1	Lost 6

LUTES' UPCOMING GAME: NWC season concluded

AROUND THE LEAGUE...

FOOTBALL: PLU quarterback, senior Dalton Ritchey rushed for a career-best 203 yards on only 16 carries against the Whitworth Pirates. Ritchey recorded three touchdowns, including an 87-yard scoring run that saw him break two would-be sacks and was 13-for-23 passing for 158 yards, giving him 361 yards responsible for. Ritchey also caught two interceptions.

SWIMMING: Whitworth senior Alisa Stang won a total of six events against Willamette and Linfield over the weekend to give the Pirates two NWC wins. Stang won events in the 200 freestyle, the 200 medley relay, and the 200 freestyle relay as well as the 50 freestyle, the 100 freestyle and the 400 medley relay.

MEN'S SOCCER: Whitworth senior forward Michael Ramos notched two assists to bring his season total to 12 against Whitman in the Pirates 3-0 NWC win. Ramos' 13 goals helped lead Whitworth to the conference title.

Information courtesy of <http://www.nwcsports.com/landing/index>

Men's Soccer

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Whitworth	15	1	3	10-1-3	Won 2
Willamette	13	5	2	10-2-2	Won 1
Puget Sound	13	5	2	10-3-1	Won 1
PLU	10	10	0	7-7	Lost 1
Whitman	10	10	0	6-8	Lost 1
Pacific	8	10	1	5-8-1	Won 2
Linfield	6	11	1	4-9-1	Lost 5
George Fox	2	16	1	0-14	Lost 14

LUTES' UPCOMING GAME: NWC season concluded

Volleyball

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
PLU	21	4	0	14-2	Won 7
Whitworth	21	5	0	14-2	Won 10
Puget Sound	12	13	0	11-5	Won 1
Linfield	10	11	0	9-7	Lost 1
Willamette	12	13	0	7-9	Won 1
Whitman	11	14	0	7-9	Won 3
Lewis & Clark	11	14	0	5-11	Lost 3
George Fox	4	2	0	3-13	Lost 4
Pacific	6	18	0	2-14	Lost 5

LUTES' UPCOMING GAME: Nov. 14 vs. Colorado College, 12:30 p.m.

Santoro Speaks... It's rating time: Fall sports

By **GIANCARLO SANTORO**
Sports Editor

With the Northwest Conference regular season officially finished for every fall sport except football, which will conclude this weekend, the results of Pacific Lutheran University's varsity sports teams were decidedly mixed.

For some, it was more of the same. For others, it's back to the drawing board.

While the NWC tables in volleyball, football and men's and women's soccer speak for themselves, I'll give my two cents from a fan's perspective, complete with ratings and all.

Lets take a look at how our teams finished, starting with the team that was almost the Hollywood story of the season: women's soccer.

Coming off a third-place finish in 2013, head coach Seth Spidahl and the Lutes entered 2014 armed with a strong core of returners and some quality recruits.

In a season that promised so much, the Lutes are left with a bitter taste in their mouths after two heartbreaking losses in

their last two games saw them drop from first to a familiar — and unwanted — third.

While it looked for so long that a first conference title since 1992 would be heading to Parkland, the Lutes couldn't get the results they needed.

It wasn't all bad, though, and the team's first win against University of Puget Sound since 1998, a 3-1 result at PLU's East Field, was the highlight of a good season.

At 14-5-1 overall and 12-4 in conference, they earn a B+.

NWC, be wary of Lutes in 2015.

With the men's soccer team sitting dead center in the NWC table with one game left in the season, Willamette

University's head coach, Lloyd Fobi, reportedly told PLU head coach, John Yorke, that the PLU team played some of the best soccer in the whole conference.

Despite Fobi's praise and agreement among other coaches in the league, the Lutes finished dead even in the table and in their record.

Fourth place at 7-7 in NWC, 10-10 overall, it was a rebuilding year for the Lutes after losing eight seniors in 2013 and returning only four in 2014.

More than half of the team, 18 out of 30, are sophomores or younger, and Yorke and the rest of the coaching staff are sure to note the play of first-years Eddie Na and Bennet Bugbee as the bright spot in a frustrating season. Na's seven goals

and five assists were vital to the Lutes, and Bugbee's three goals and six assists mean that the future is bright.

Inconsistent probably sums up the team's

season best.

Overall, B-.

Saving the best for last, the PLU volleyball team was the only side to win conference, and they made it a three-peat with their sixth consecutive sweep over the weekend.

Although PLU is technically tied with Whitworth with a 14-2 NWC record, the Lutes were simply a class above the rest.

The numbers were impressive: eight wins and zero losses at home, 11 sweeps in 16 NWC games, 21 wins out of 25 games played overall and a fourth conference title in the last six years means volleyball is, without a doubt, the most successful varsity sport at the university in recent years.

The highlight in a near perfect year? Seventeen sweeps out of 25 total games played showed that the Lutes were a complete team in all aspects of the game.

Winning the conference outright would have been an A+, but perfection is hard to come by.

Overall, another dominant season results in an A.

And, now, bring on the winter.

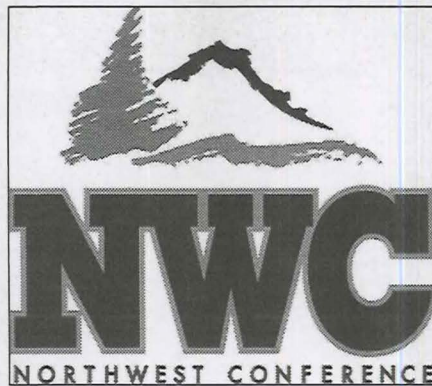


PHOTO COURTESY OF NWC WEBSITE

PLU celebrates veterans on Family Weekend

By **JAKE BILYEU**
Guest Writer

There was a special feeling in the air over the weekend here at Pacific Lutheran University.

Some would attribute that feeling to the innumerable amount of family members that were here throughout the entirety of PLU's Family Weekend.

Others would attribute it to the myriad of highlight plays pulled off by PLU's offense during their Saturday afternoon game against Whitworth.

But then, many others were feeling special because of all of the kind acts and displays put up on campus and at Sparks Field to honor Veterans Day.

Sports can be a release from the pressures of a stressful life, and many veterans around the country are avid football fans.

The PLU President himself, Dr. Thomas Krise, a retired Air Force Lieutenant Colonel, is veteran, and participated in the pregame coin toss.

To honor what veterans have done for the country, the

football team held its second annual Military Appreciation Day, meaning anyone affiliated with the United States Armed Forces received free admission and concessions.

Game-day wouldn't have been complete without music, and the First Corps band played while PLU's Army Reserved Officers Training Corps (ROTC) Lute Battalion presented the flag during the singing of the National Anthem.

Some of the funding for PLU sports teams comes from generous donations by veterans, and the football team did its part to give back and put smiles on the faces of the crowd by coming away with a commanding 41-27 win.

Over the past couple of months, students have seen their colleagues on campus donning their ROTC uniforms, and this weekend everyone was given a chance to give thanks and give back in many ways to those who have served to protect our country.

One way that has likely been seen by all students on campus, but perhaps not noted or acknowledged for its meaning, is the tying of the golden ribbons around the trees on campus.

These have served as a constant reminder to the ROTC students on campus and any war veterans that may have taken part in the Family Weekend festivities over the weekend that we truly and greatly appreciate their dedication to our safety.

It is of the utmost importance that we take the time to support those that volunteer to defend our nation, especially since our campus has a military base located nearby.

Students were given a small break from class on the morning of Veterans Day, which some took as a chance to get some more rest.

But since all students here at PLU hear the jets leaving the base and students wearing the camouflage practically every day, some felt that it was very important for them to take part in the ceremony at the Mary Baker Russell building, which had its walkways decorated with small American flags Tuesday morning.

It is the season of giving thanks after all, so it was certainly fitting to give thanks to some of those who deserve it most, the veterans.

Swimming picks up where it left off with two pre-season wins

By **DEBORAH CABANOS**
Guest Writer

With the cold weather settling in, athletics move to indoor sports.

One sport to keep an eye out on this fall is swimming.

The Pacific Lutheran swim team started the 2014-2015 season at the Northwest Conference Relays two weekends ago.

At the Northwest Conference Relays, hosted by Willamette University, the Lutes came out with a first-place tie, sharing the title with Whitworth University.

Both teams had a score of 64 points.

The following weekend, the Lutes had another meet, hosted by Linfield University.

The women's team dominated with a score of 345 points, 163 points ahead of Whitworth, which came in second place.

On the men's team, the competition was a little bit tougher as the men came out in third place.

PLU hosted two dual meets on Nov. 7 and Nov. 8.

Winning both meets against Lewis and Clark and Pacific, the men's and women's teams start off the official season with a 2-0 record.

The weekend was made even better

by an impressive debut by junior Shanell Sullenberger, which earned her NWC Student-Athlete of the Week for swimming honors.

The 18-person men's team this year is made of three first-years, five sophomores, four juniors and six seniors.

On the women's team, there are two first-years, eight sophomores, six juniors and seven seniors, totaling 23 women.

"The [womens team] lost several great senior leaders last year," sophomore Jessica Stenberg said. "We gained some very good talent and have gotten stronger since last year."

The talent and dedication both teams have is evident in their early season wins.

With practices four to five times a week, the teams train together to support and motivate one another.

"Each day our practice is super intense but it will pay off come conference championships in February," first-year Sam Couch said. "I have complete faith in our coaches and their training."

The team's next two meets will be held at Linfield Saturday, Nov. 14 and Willamette Sunday, Nov. 15, respectively.

Students should come out and support their fellow Lutes when they return home to the PLU Pool in 2015.

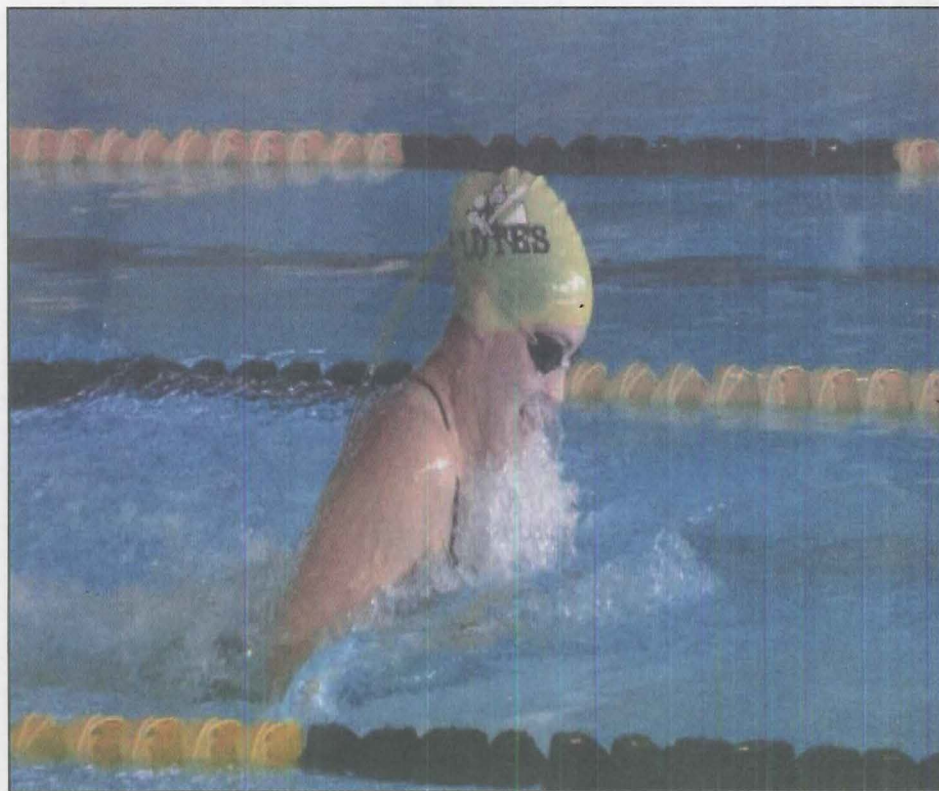


PHOTO COURTESY OF ATHLETICS COMMUNICATIONS

Junior Shanell Sullenberger races against the clock versus Pacific at the PLU Pool. Sullenberger helped the Lutes sweep the Boxers in the 200 medley relay.

Men's soccer concludes season with cross-town loss

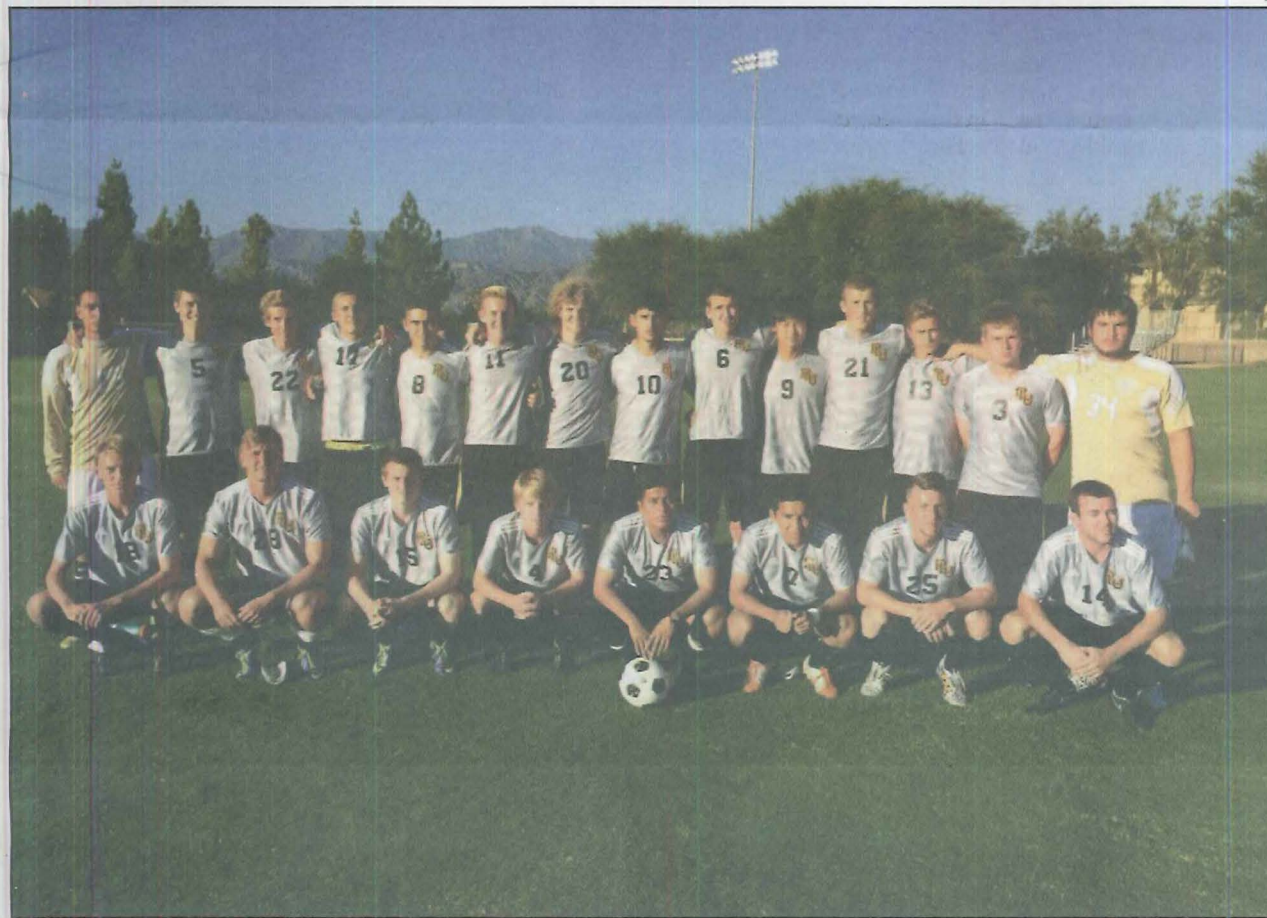


PHOTO COURTESY OF THE PLU MEN'S SOCCER TEAM FACEBOOK PAGE

The men's soccer team poses prior to a game during preseason. Despite a difficult season with a young group of players, the Lutes still managed to finish in fourth place in NWC, and will be able to count on a strong group of returners in 2015.

By **GIANCARLO SANTORO**
Sports Editor

Despite having nothing to play for but pride and Tacoma bragging rights going into the final Northwest Conference game of the season against University of Puget Sound, the Pacific Lutheran University Men's soccer team gave a good account of themselves, but ultimately fell 2-1 at UPS in Tacoma.

"It's a rough loss against these guys because I felt like we played really well," sophomore midfielder Diego Aceves said. "We can only go up from here."

With the UPS football team playing Linfield in the main stadium, the game was moved to the smaller, more rugged grass field; a tactic usually used by UPS head coach Reece Olney whenever the Lutes make the short trip across town.

"I thought they showed a lot of heart and determination," PLU head coach John Yorke said. "We were a bit unlucky to not win or at least tie the game, but give credit to UPS for doing what they do well."

Whenever the Lutes and Loggers play, it is almost guaranteed to be physical, and the wet grass made for multiple slips and hard sliding tackles from both sides.

Knowing that only a win would keep their faint chances of winning the NWC title alive, UPS came out after its Senior Night ceremony fast, putting immediate pressure on PLU junior goalkeeper Mike Arguello and the Lute defense.

The conditions made for some sloppy passing, and a couple of defensive miskicks allowed UPS to grow in confidence on the attack.

Both teams had opportunities early on to break the deadlock, and in the 19th minute, the Loggers' persistence paid off.

A couple of quick passes, UPS' midfield got the ball to the top of PLU's box, where forward Andrew White had found some space.

Taking one touch, White's sliding, left-footed shot looped over Arguello and into the net to give the Loggers a 1-0 score midway through the first half.

"We had a couple of very good chances that if we would've finished, it could have changed the game," Yorke said.

It almost went from bad to worse just minutes later.

After a header off of a UPS corner was destined for the top corner of Arguello's goal, Aceves, stationed on the post, somehow managed to head the ball off of the crossbar and away to safety to keep the Loggers from getting a second.

PLU is no stranger to coming back from going a goal or two down this season, and cracks in the UPS defense were being exploited by the combination of first-year forward Eddie Na and junior forward Jordan Downing.

Bruised and battered by the UPS defense, some good work by junior forward Bryan Anderson helped turn the game for the Lutes, and his hard work was rewarded with the equalizing goal in the 55th minute.

Na cut inside from the right to hit a low shot that UPS goalkeeper Nathan King could only push into the feet of a wide open Anderson who couldn't miss from six yards.

After the goal, the Lutes kept pushing, sensing they could sneak another goal.

It wasn't to be though, and the Loggers scored what would be the game winning goal in the 66th minute.

"We just didn't know how to finish the team off and get that last goal," Aceves said.

Midfielder Sam Zisette drove into the heart of the PLU box where his shot deflected off the leg of a PLU defender and past a helpless Arguello.

UPS would hold on to the 2-1 score, but it ultimately stayed in third place after a Whitworth's win sealed the NWC title.

With the loss, PLU finished its 2014 NWC season 7-7 and 10-10 overall, the first time since 2004 the team has lost 10 or more games.

"In terms of record, the season wasn't exactly what we were hoping for," Yorke said. "We have such a large amount of key returners coming back that I think we have a chance to be very good next year."

"We can only go up from here."

Diego Aceves
Sophomore midfielder

Football runs out to big win on Family Weekend

By **DAVID MAIR**
Staff Writer

The Pacific Lutheran University football team had the Whitworth players walking the plank as the Lutes defeated the Pirates 41-27 in its Northwest Conference game Saturday at home.

"I know it's a classic cliché, but it was a team win," head coach Scott Westering said.

It was a chilly afternoon when the Lutes faced off against the Pirates, and the crowd and players did their best to keep warm as winter approaches.

The fall colors of the surrounding trees provided the perfect backdrop at Sparks Stadium, the Lutes' home field.

At kickoff, many people had already filled the stands, but there was a constant flow of people coming in throughout the game.

The first quarter started with a bang for the Lutes, as senior running back Niko Madison scored a touchdown on their first drive.

Nearing the end of the first quarter, PLU struck again after senior defensive back Greg Hibbard intercepted a pass from Whitworth quarterback Bryan Peterson to score on a 43 yard run.

Whitworth would answer with a touchdown of their own with just one minute left in the first quarter to make it 14-7 in favor of the Lutes.

Early in the second quarter, senior quarterback Dalton Ritchey scored a touchdown on an 87-yard run.

Ritchey ran for 203 yards throughout the game.

The score was then 21-7, with the Lutes leading.

Spirits were high and bottoms were barely on their seats, as Lute fans celebrated.

Later in the second quarter, senior running back Niko Madison scored a 57-yard touchdown.

Madison ran for 158 yards in the course of the game.

The first half ended 28-7 with the Pirates trailing and the Lutes' heads held high.

While both teams discussed the first half in their respective locker rooms, some families were standing in line at concessions, while some were seen taking pictures with their family.

The Pirates, needing a touchdown to get back into the game, got the better of the Lutes in the third quarter.

They scored a touchdown and put up solid defense, which stopped the Lutes from scoring.

Though no points were scored by PLU in the third quarter, it did not put a damper on the spirit of the Lutes.

Players gave each other high fives, slaps on the butt and supportive words as players came on and off the field.

A family atmosphere among the team was clearly evident.

As it was Family Weekend, students could be seen enjoying the game alongside their families.

There was hardly a cloud in the sky, just as there was hardly an empty seat in the home section of the stadium.

Ritchey seemed to have flames on his feet when he blew past the Pirate defense late in the fourth quarter to score a 47-yard touchdown with just two minutes left.

Ritchey had 13 completed passes and only threw two interceptions.

Soon after the game finished the sun was shining down on the Lutes as they took the win 41-27.

The Lutes happily walked off the field, though, instead of going straight to the locker room, they all mingled with fans and even more with their own families.



PHOTO COURTESY OF ATHLETICS COMMUNICATIONS

PLU quarterback Dalton Ritchey runs the football on his way to a touchdown in the second quarter. Ritchey and the team held a Veterans Day/Military Appreciation Day gathering to honor America's veterans.

Prior to the game, the Lutes held a Military Appreciation Day/Veterans Day get-together, which attributed to the overall excitement throughout the game.

Just like the answering machine message of coach Westering that says, "choose to make it a great day," Westering said he tells the team that he continually wants them to choose to make it a great game.

This has been one of the largest senior classes for the PLU football team in a while. They have one game left against George Fox.

"I keep reminding the team to make 'treasure-chest memories,' to not lose the

joy," Westering said. "There's excitement with the last game together."

With its third win in a row, PLU improves to 6-2 overall and 4-2 in NWC play. Whitworth fell to 6-4 overall and 4-3 in conference.

The Lutes play their last game of the season at home Nov. 15 against George Fox.

Kickoff is set for 1 p.m.

Lute NWC First-Team student-athletes

Men's Soccer



Eddie Na, First-year, Forward

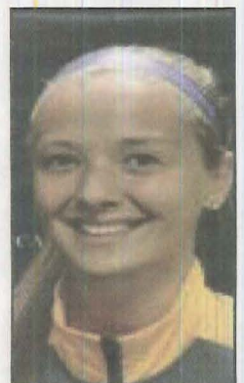
20 games played, 14 starts
7 goals, 5 assists
19 points-Fifth-best in NWC

Women's Soccer



Kelly White, Sophomore, Defender

20 games played, 20 starts
3 goals, 1 assist
7 points- Most for PLU defense



Takara Mitsui, Sophomore, Goalkeeper

19 games played, 19 starts
62 saves, 10 goals against
NWC Defensive Player of the Year

Volleyball



Samantha North, Senior, Setter

25 games played, 25 starts
922 assists, four straight
NWC First-Team awards



Lucy Capron, Junior, Outside hitter

25 games played, 25 starts
320 kills, 42 service aces



Amber Aguiar, Senior, Libero

25 games played, 0 starts
613 digs, 502 total attacks



Kaylie Rozell, Sophomore, Forward

20 games played, 18 starts
6 goals, 1 assist
13 points- Second most on team

The Northwest Conference recognizes student-athletes on their athletic achievements throughout the season and awards standout players with spots on the NWC First-Team, Second-Team and Honorable Mention. Here are the Lutes, with the exception of football, which will be decided next week, that earned NWC First-Team for Fall sports.