

THE MAST

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FEBRUARY 10, 2006

PACIFIC LUTHERAN UNIVERSITY

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CHAPEL CHANGES



Photo by Hakme Lee

The University Choir sings during chapel Wednesday morning at 10:30 a.m. Chapel was relocated to Lagerquist Concert Hall to make it easier for lower-campus students to attend.

Chapel moved permanently from Trinity to Lagerquist

VANESSA BRUCE
Mast news reporter

Chapel made a permanent move to Lagerquist Concert Hall Feb. 1, just before the grand opening of the Morken Center for Learning and Technology.

The impending opening of the Morken Center sparked a discussion concerning the location of chapel services. Lower-campus

students had previously expressed concerns about the distance between campus and Trinity Lutheran Church and the difficulties of making it to chapel and back to class in time.

Campus Ministry deliberated over whether chapel could become an on-campus event. Originally, organ students' practice times in Lagerquist had conflicted with the chapel schedule.

The musicians' schedules were altered, and a final solution emerged when the School of Business, traditionally an upper-campus school, moved to the new lower-campus Morken Center. Chapel was moved into the nearby Lagerquist Concert Hall, creating a more convenient location for students and professors who wish to participate in chapel.

"The change should be more convenient for music students as

well," university pastor Dennis Sepper said. "Students will be able to go to chapel straight from class, and musical groups such as the steel drum band will have a much easier time setting up."

Sepper said he feels enthu-

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Rate your professor

New Web site
shows who's
best, who's hot

JUSTIN HENDERSON
Mast news intern

When students are asked to fill out teacher evaluations each semester, the volunteered information disappears into the abyss, never to be seen again.

Word of mouth was the only option students had to learn about professors until recently. At RateMyProfessors.com, students can anonymously rate professors on subjects of helpfulness, clarity, difficulty of classes and even physical attractiveness.

Students can also leave comments about professors and the courses they teach.

The Web site was founded in 1999 by John Swapceinski, who graduated the same year from San Jose State University.

"I got the idea for the site after taking a class with a particularly dastardly professor who often left students in tears and genuinely seemed to enjoy it," Swapceinski said.

Students who visit the site can check professors' ratings, or rate professors on a one to five scale, five being the highest, in each of the categories. Although some expect the site to be just a place to bash professors, almost 70 percent of the ratings are positive, according to Swapceinski.

Currently, RateMyProfessors.com has a total of 987 ratings for 196 Pacific Lutheran University professors. PLU's highest rated pro-

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PLU community, Hurricane Katrina victims see fundraising payoff

University collected more than \$12,000
through student task force efforts last fall

LAURA ZAICHKIN
Mast assistant news editor

The labeled buckets requesting money, the events raising awareness, and the posters urging students to contribute to Hurricane Katrina victims are gone.

But something has come of all the fundraising campaigns. The university has contributed more than \$12,000 to hurricane relief efforts, according to ASPLU president Willie Painter.

The Hurricane Relief Task Force was formed in September of last year and included multiple student groups and orga-

nizations, such as the Residence Hall Association, Campus Ministry, ASPLU and the Diversity Center.

"We had talked about ways the student body could assist," Painter said of a pre-task force meeting with President Loren Anderson and Vice President of Student Life and Admissions Laura Majovski.

At this meeting, a fund raising plan was conceived. Painter said a goal of \$5,000 was set, and the university set up a matching grant promising it would match every dollar raised in September up to \$5,000.

"Of course, we raised over that \$5,000," Painter said.

With the help of the grant, the university contributed exactly \$12,189.35 to the Evangelical Lutheran Church in America

"It was a good way to start the year, thinking about other people instead of ourselves."

Ellen Brotherston
Residence Hall
Association President

World Hunger and Disaster Appeal and the American Red Cross.

The Hurricane Relief Task Force hosted fund-raising events and placed buckets around campus to which people could deposit their donation.

"Any place that might in some way deal with money or has a lot of students in and out," said sophomore Ian Jamieson about the buckets.

Jamieson, who was a member of the task force as Ordal Hall Council president, said the goal was to have everyone at PLU donate at least one dollar.

"One dollar out of everyone's pocket isn't that much for them," Jamieson said.

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STATE, NATION, WORLD BRIEFINGS

Local to Global news



AP photo/Rob Carr

Presidents join mourners at King funeral: Ten thousand mourners - including four U.S. presidents, numerous members of Congress and many gray-haired veterans of the civil rights movement - said goodbye to Coretta Scott King Tuesday, with President Bush saluting her as "a woman who worked to make our nation whole." The immense crowd filled the New Birth Missionary Baptist Church - a modern, arena-style megachurch in a suburban Atlanta county that was once a stronghold of the Ku Klux Klan, but today has one of the most affluent black populations in the country.

Puyallup police dog dies: An 8-year-old German Shepherd who had worked for Puyallup police for seven years was killed in the line of duty when he was hit by a car while tracking a man who fled from an interrupted burglary. Dakota was credited with more than 200 arrests since his first robbery case in 1999, the police department said. He died Sunday night after he and his partner, Officer Don Bourbon, responded to a call to assist the Pierce County sheriff's department by tracking a fleeing man. Dakota was struck by a car when he ran through some brush and onto a road. He was critically injured and immediately transported to Tacoma Animal Hospital, but did not survive. The police department said Dakota was also a star in department presentations.

Death row inmate found too obese to hang dies in prison hospital: Mitchell Rupe, a former death row inmate once found too obese to hang, died at the Washington State Penitentiary in Walla Walla Tuesday following a long illness, a prison spokeswoman said. He was 51. Spokeswoman Lori Scamahorn said Rupe died in the prison hospital, where he'd been since Jan. 3 in the final stages of liver disease. Rupe shot two Olympia bank tellers to death at point-blank range during a 1981 robbery. Juries twice sentenced him to death, but higher courts overturned the sentences. In 1994, a federal judge upheld his conviction but agreed with Rupe's contention that at more than 400 pounds, he was too obese to hang because of the risk of decapitation. Rupe argued that would amount to cruel and unusual punishment. At the time, Washington's only manner of execution was hanging. The main method now is lethal injection, although a condemned inmate can still opt for hanging. Prosecutors tried for the death penalty a third time in 2000, but a jury deadlocked 11-1 - shy of the unani-

mous vote required for capital punishment. Rupe suffered from a terminal liver disease, and there was doubt at that time whether he would have lived long enough to be executed even if the jury had been unanimous. Frank Brown, the Walla Walla County coroner, estimated that Rupe weighed between 260 and 270 pounds at the time of his death.

Bush plan would trim survivor benefits: President Bush's budget calls for elimination of a \$255 lump-sum death payment that has been part of Social Security for more than 50 years and urges Congress to cut off monthly survivor benefits to 16- and 17-year-old high school dropouts. If approved, the two proposals would save a combined \$3.4 billion over the next decade, according to administration estimates.

Cartoon protests deadly in Afghanistan: International peacekeepers clashed Tuesday with Afghans protesting drawings of the Prophet Muhammad, leaving three demonstrators dead and prompting NATO to send reinforcements to a remote northern city. Senior Afghan officials said al-Qaida and the Taliban could be exploiting anger over the cartoons to incite violence, which spread to at least six cities in a second day of bloody unrest in Afghanistan.

Business update

Each year, millions of football fans from all around the world tune in to watch the NFL's championship game. However, it is often the game's commercial breaks that steal the show. Last year, companies lined up for thirty-second time slots carrying price tags of up to \$2.4 million dollars. This year the price for a 30-second advertisement increased to up to \$2.5 million dollars, according to The Wall Street Journal.

Among the many organizations who take part in Super Bowl advertising, there are a few companies who have become known regulars to the event. Over the past 20 years, Anheuser-Busch has invested a staggering \$230.50

million dollars on Super Bowl advertising. PepsiCo, also a Super Bowl regular, has spent \$180 million over the course of the last nineteen Super Bowls.

But are the high costs really worth it? Last year, Emerald Nuts invested nearly 20 percent of its annual advertising budget on its Super Bowl commercial. The payoff was enormous, as Emerald saw its annual sales increase from \$12.9 million to \$42.4 million. This year, Emerald once again purchased advertising time, and this time is teaming up with Anheuser-Busch.

What makes Super Bowl advertising so enticing is the unique opportunity for businesses to connect with their consumers. The 90 million viewers that tune in to the event expect to see commercials that push the envelope and that are outside of the ordinary. Companies such as Anheuser-Busch and Emerald thrive on the chance to improve their standing with consumers by engaging in light-hearted humor that a significant portion of their audience can relate to. Businesses are well aware that the commercials of the Super Bowl often dominate water cooler conversations in following weeks.

Many companies also benefit from website exposure as well. This year, according to Nielsen/NetRatings, companies such as Fidelity Investments, Expedia and FedEx saw rapid increases in web site traffic after running commercials that displayed their URLs. Godaddy.com received 1.1 million visitors while Dove's campaignforrealbeauty.com attracted 323,000 visits.

The Super Bowl is just one example of how companies benefit from sports. Advertising slogans of all sorts are present at nearly all professional sporting events today, and will continue to be more abundant as time goes on. Whatever the event may be, there is always money to be made or an image to be enhanced.

Business update compiled by Allen Unzelman.

SAFETY BEAT

Jan. 23:

Campus Safety (CSIN) discovered a vehicle parked along the golf fence line with a broken window at 11:30 p.m. No further signs of damage were noticed.

Jan. 24:

A student came to CSIN at 7 a.m., requesting an ice pack for an injured ankle. Central Pierce and Fire-Rescue (CPFR) was not needed.

CSIN was contacted at 6:30 p.m. for medical assistance for a student who had twisted her ankle in front of Pflueger Hall. CPFR was not needed.

Jan. 26:

A student contacted CSIN at 12:40 p.m. to report a series of harassing phone calls she had recently received in her room in South Hall from a caller using obscene language. Pierce County Sheriff's Department (PCSD) was contacted for a formal report.

Jan. 27:

CSIN observed at 12:30 a.m. a vehicle in the Morken Center for Learning and Technology parking lot with a number of individuals inside that had gone off the road and damaged PLU grounds. The individuals fled when approached, and PCSD was contacted for a hit and run report.

CSIN was contacted at 2:30 p.m. by library staff who had found a metal box that was making ticking noises. The building was evacuated for safety reasons. The box

turned out to be a light timer.

Jan. 28:

CSIN was contacted at 2:11 a.m. to assist a student who appeared to be hyperventilating outside of Stuen Hall. CPFR was contacted and decided that transport was not necessary.

CSIN contacted at noon a student who was lying on a couch possibly intoxicated in a lounge in Ordal Hall. After speaking with the student, he was asked to return to his room.

A student reported at 3:18 p.m. the theft of his cell phone from the Olson Gym.

Jan. 29:

CSIN was contacted at 7:30 p.m. to assist a student who had injured his ankle on Foss Field. Ice was applied and the student was transported to St. Claire Hospital by a friend.

CAMPUS SAFETY TIP OF THE WEEK

If you see someone suspicious outside your residence hall or other building, call ext. 7911 from on campus, or 535-7441 from your cell phone. Remain on the line and give a full description.

Remember, keep yourself safe and be aware of your surroundings.

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Cashier remembered for love of people

Death of PLU employee leaves campus in shock

LAURA ZAICHKIN
Mast assistant news editor

Gloria Levens, business office lead cashier, died Feb. 2 of a massive heart attack, leaving behind memories of her kindness and smiles.

"What I liked about her is that she was always laughing, happy, cheery," said Terri Mitchell, Levens' supervisor and friend, "and that's what I'll miss most about her, too."

Levens' unexpected death was a shock to the PLU community. The 37-year-old had been struggling with heart disease and cancer, but no one knew last week would be the final time they would see her, colleagues said.

Levens felt ill Monday, Jan. 30, Mitchell said. She went to the doctor the next day and called Wednesday, Feb. 1 to let Mitchell know she needed more days off.

"Then I find out late on Thursday night that she's gone,"

Mitchell said. "It really kind of doesn't seem real right now."

An e-mail from the President's office was sent Feb. 3, making the PLU community aware of Levens' death.

"It very much surprised me," said Julie Kerrigan, a junior who knew her from business interactions. "I didn't know how she died. I didn't even know she was sick."

Mitchell said she knew Levens for 11 years. They met when they worked at K-mart together, before Mitchell was employed by the university. When the lead cashier position opened in July of 2000, Mitchell knew Levens would be perfect for the job.

"She just loved to be with people, and that's rare," Mitchell said. "Most people say, 'hi,' 'bye,' but not Gloria."

That friendliness and love of people is what most people admired and remember about Levens.

"She really cared about the students, cared about everyone," said Diana Duclos, business office administrative assistant.

"She's a great lady. It's a loss for PLU."

Cassy Anderson senior

Duclos said.

Students and colleagues said they would miss Levens' genuine concern for others and the way she could make them feel.

"You could come in in a bad mood and talk to Gloria and feel great," Mitchell said. "Nothing ever got her down."

Senior Cassy Anderson has worked for Campus Safety for three years, and said Levens and the Campus Safety officers had close relationships.

"She always had a little special place in her heart for Campus

Safety," Anderson said. "We were like her kids, and she was like our mom."

Campus Safety officers had to interact with Levens about three times a day, bringing her money from different campus offices. Anderson even requested to work day shifts just so she could work with Levens, she said.

"It was always a nice place for us to be," Anderson said. "She's a great lady. It's a loss for PLU."

Levens is survived by her husband, David, father, Robert Gibson, and other relatives and friends, according to the President's office.

MEMORIAL SERVICE

A memorial celebrating Gloria Levens' life will occur today at 2 p.m. in Lagerquist Concert Hall. Donations can be made to the American Cancer Society and cards can be addressed to the Family of Gloria Levens, care of the PLU Business Office.

Alum vies for House seat

Cofchin 'faces challenge' as election nears

DYLAN GINTZ
Mast news reporter

Pacific Lutheran University graduate Steve Cofchin is running for Washington State's 9th District seat in the House of Representatives in the 2006 election.

The 9th District contains parts of King County, Pierce County and Thurston County. Cofchin graduated from PLU in May of 1980, earning his Bachelors of Business Administration. Since leaving PLU, he has become a successful business leader in Washington state.

Currently, the only PLU alums serving in the Congress are Lois Capps, class of '59 in Santa Barbara, Calif., and Rick Larsen, class of '87 in Washington State's 2nd Congressional District which runs from Mukilteo/South Everett to the Canadian border. Both Capps and Larsen belong to the Democratic Party, while Cofchin is a Republican.

Cofchin said he promises to govern with a theory he calls the matrix of government.

"Take any given issue and someone proposes a solution to it," he said. "Then they fail to take into account the effects [the solution] has in other parts of societies. So in solving one problem, they cause others."

The PLU School of Business, as well as business professor Thad Barnowe, are the inspirations for Cofchin's matrix concept, Cofchin said. While in Barnowe's classes, Cofchin studied how to identify the root causes of a problem and all the effects of a solution.

"You couldn't just provide a solution, but you had to illustrate how that solution would affect things around it," Cofchin said.

Cofchin's opponent is Adam Smith, who served in the Washington State Senate from 1991 to 1996, and has served as Representative of the 9th Congressional District since 1997.

In December, Smith called for reducing the troop levels in Iraq "in an orderly way" after Iraq had its Dec. 15 elections. Smith is also against the U.S. establishing permanent military bases in Iraq.

"I think we need to get out of Iraq when Iraq is ready for us to be out of Iraq," Cofchin said. "No sooner, and no later." Cofchin said. If the Iraqi government asked the United States to establish a permanent military presence within the country, the United States should comply, he added.

During the 2004 house election, Adam Smith won with about 63 percent of the vote, while Paul Lord, the Republican candidate, obtained approximately 34 percent. The Green Party candidate won 2.3 percent.

Cofchin admits he faces a tough challenge.

"There are certainly significantly more Democrats than Republicans in the District," said Timothy Goddard, a conservative activist who works for the regional Web log www.Soundpolitics.com. Goddard also expressed that Cofchin would have to fight an uphill battle to win the election.

Despite the circumstances, the former Lute might have a chance.

"He's well known in Pierce County," said Deryl McCarty, chairman of the Pierce County Republican Party. "He's personable, he's pretty well-known in some business communities."

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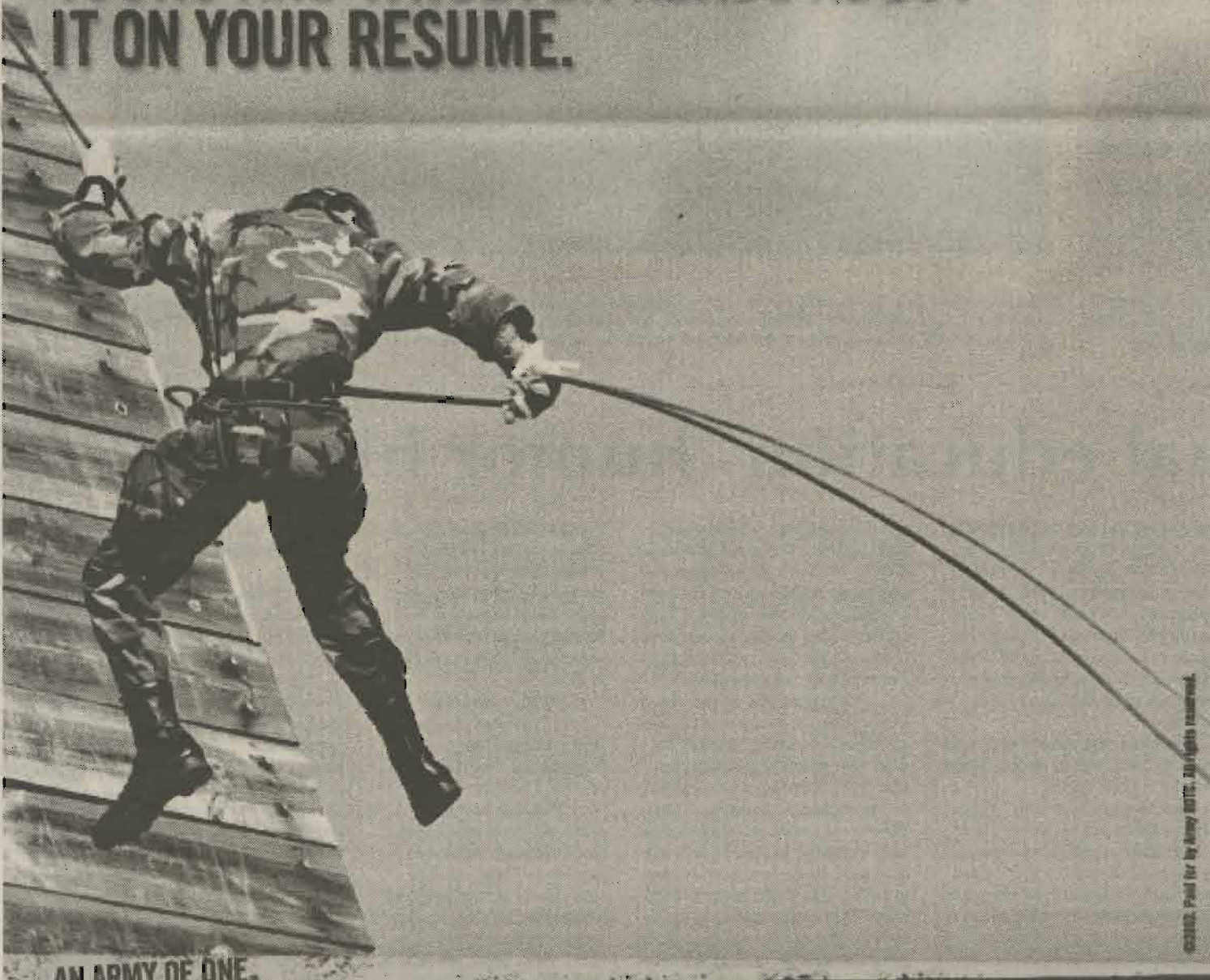


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A refreshing change at PLU: A Coke to Pepsi swap

Students choose to switch for first time in 20 years

SAM CHREST
Mast news reporter

PLU stopped offering Coca-Cola products at the turn of the new year and switched to Pepsi.

The university began to explore this option when PLU's contract with Coke recently expired.

"We put out a request for proposal," said Erin McGinnis, director of dining services. "It's always a good idea to look into other proposals."

A number of factors contributed to the decision to switch brands. A committee chaired by McGinnis oversaw the process. A student survey last year provided information about student preferences, McGinnis said.

The rest of the committee included Bob Riley, of the business office, Tom Huelsbeck, of Residential Life, Valerie Seeley, of Auxiliary Services, Wendy Robins, of dining services, Rick Noren, of athletics, and Phillip Coburn, of facilities management.

The feedback from the survey was mixed. Students were split in their overall preference between Coke and Pepsi, although non-Coke products, such as Mountain Dew, were in high demand. Negative impressions concerning Coke's business practices were also a factor.

The proposals received from Coke and Pepsi were so similar that neither offered a distinct advantage in the area of cost.

"It could have gone either way. The proposals were sort of a wash," McGinnis said. "We used the survey results and committee opinion to decide."

The possibility of offering both Coke and Pepsi products was considered but did not prove to be of economic advantage. Proposals were requested from third party vendors who could carry both Coke and Pepsi, but none responded.

Student feedback since the change has been limited, coming mostly from the hard-line fans of both Coke and Pepsi.

"I'm very happy about the switch," first-year Micah Haven said. "I think that Mountain Dew is the nectar of life."

Other students said they are less happy with the switch to Pepsi products.

"I am disappointed in the change," sophomore Disa Skaff said. "Not only are Coke products superior, but I was much happier with Coke's service. The vending machine has been in Hinderlie for three weeks and is still empty."

The change came after 20 years of Coke products at PLU. McGinnis said she plans on repeating the selection process in five years when the current contract with Pepsi runs out, although, she said, she has been happy with Pepsi so far.

"I don't think Coke ever expected us to change," she said. "It has been a really easy transition, and I hope that the relationship continues to be a positive one."



"I'm very happy about the switch. I think that Mountain Dew is the nectar of life."

Micah Haven
first-year

Photo by Roxanne Cooke

First-year student Karen Williams chooses Pepsi as her beverage of choice at one of the new vending machines. When Coca Cola's contract expired recently, a committee of representatives from different campus offices and organizations reviewed a student survey comparing Coke and Pepsi. The survey indicated that non-Coke products were in high demand and there were negative impressions of Coke's business practices.

Male sexual education, humor hits 'J-spot'

Writer discusses reality when it comes to sex

DAN NUTT
Mast copy editor

Jay Friedman began his "J-spot" lecture Monday night by describing an intimate encounter in graphic detail. His description kept the student audience in embarrassing silence, until it was finally revealed that the story was about an infant being fed at his mother's breast.

The sounds of relieved laughter filled the East Chris Knutson Center.

Friedman, an award-winning writer and certified sex educator, came to the PLU campus to talk to students frankly about sex, issues of gender and sexuality, and the current politics that surround such issues in the United States.

Friedman received his Master's in Education from the University of Vermont after undergraduate studies at Cornell, where he designed and implemented a groundbreaking male-oriented peer education program titled "How to Be a Better Lover." Friedman covered numerous

ideas during his lecture, speaking to a group of 26 students. He began by talking about notions of sexuality in America, then drew on personal anecdotes about going through old National Geographic magazines to find pictures of nude people and eventually turning to periodicals such as Playboy and Penthouse.

Friedman was open and honest in stating his opinions about sexuality in the United States.

"Sex is good," he said, "What we learn about sex is not so good."

Friedman explored the current political climate of the United States, and discussed how the country is still focused on using scare tactics as an approach to preventing sexually transmitted diseases, teen pregnancies and sexual abuse.

He talked about his own recognition, while crossing the country on lecture tours, of different views and values when it came to sexuality. He pointed out that in some places, students didn't even have knowledge of basic sexual anatomy. In addition, his detractors called him "a dangerous person who stimulates students into a state of erotic frenzy."

Friedman also discussed the more intimate side of sexuality, and discussed the conditions that he believes make sexual activity a healthy and natural thing. His three A's for sexual activity are: affirming

the other person, which means making them feel good and being able to "do it with the lights on;" accepting responsibility for contraception and preventing STDs; and assuring mutual pleasure, so that both partners get what they desire out of the experience.

Friedman drew a lot from his experience as a peer-educator at Cornell, so it was natural, he said, that much of his material was oriented toward the males in the audience. Because of the balance of sexual power being so male-oriented in America, Friedman said, he feels it is up to men to take a stand and make a difference. This means standing up to societal pressures, which include: locker room talk, homophobia, the fear of being perceived as gay and the myth of "blue balls."

In reference to "blue balls,"

Friedman talked of how men try to reason that if they have become too aroused to stop, they need to finish or else will die from a painful internal explosion. Friedman laughed at this.

"If this were true, we would hear explosions all over campus, every night. It would be like the Fourth of July," he said.

This was the kind of comical, frank discussion that Friedman is famous for, yet students said he was able to bring the point home that men are in dire need of sex education by other men. Most sex educators in the United States are women, Friedman said, which may explain why

so many men are unwilling to ask the questions about sex that they should be asking.

"As men, it's not our fault that we are socialized the way we are about sex, but it's our fault if we don't change it," he said.

In bringing the discussion back to society, Friedman challenged the students in attendance to "become a generation of people that will talk frankly about sex" to their children. The current political administration favors sexual education that equates sex to diseases and death, Friedman said, but he wants to make it clear that sexual ignorance, not sex itself, is what equates to death.

Student reactions to Friedman's lecture were enthusiastic, despite the small attendance.

"[Jay was] really fun and educational. I'm sad more people didn't come," sophomore Andrew Lucchesi said.

"Sexual education prevents problems; you can only win when you educate about sexuality," junior Karlin Bruegel said.

This was Friedman's first time back to PLU since the 2003-2004 school year, and he said he was enthusiastic about his return.

Sue Mkrichian, who has worked at the PLU Health Center since 1993, said she was pleased to be able to have him back, but considering the cost of having him here, she was very disappointed in how few students attended.

The event was co-sponsored by the Health Center and Residential Life.

"Sex is good. What we learn about sex is not so good."

Jay Friedman
writer, sex educator



Photo by Hakme Lee

Congregants gather and sing Wednesday morning in Lagerquist Concert Hall in the Mary Baker Russell Music Center for chapel, which takes place regularly every Monday, Wednesday and Friday.

Chapel
Continued from Page 1

siastic about the change. Lagerquist is a beautiful hall and it has a central spot on campus, he said.

Chapel was held at Trinity Lutheran Church for several years, Sepper said. The church always

gave its sound support and welcomed the PLU congregation, but was also supportive of the move, Sepper said.

"It's a big change and it is going to take time to figure out what we need and how to do things," Sepper said.

Representatives of the music faculty and Campus Ministry officials said they are excited for

the change. Because of the increasingly convenient location, Campus Ministry officials said, it is hoping to see an increase in attendance.

"We hope students will spread the word about the move. We are hoping to see high student participation," Sepper said. "All of us here at Campus Ministry are looking forward to a great spring semester."

Want more info?

Chapel takes place at 10:30 a.m. Mondays, Wednesdays and Fridays in Lagerquist Concert Hall in the Mary Baker Russell Music Center. For more information, call ext. 7464 or visit cmin@plu.edu.

Rate

Continued from Page 1

fessor is Robert Wells of the communication department, with an overall rating of 5.0.

Of the 10 ratings for this professor, comments include, "Amazing professor, needs to be full-time staff. He knows his field." and "Great teacher, experienced in his field. Great guy. Helpful."

The Web site also displays each school's "hottest" professors, indicated by a red chili pepper icon. With six "hot" votes, Joanna Higinson may be the sexiest professor on campus, by participants' standards.

The site is not without its critics. Some students question the validity of the ratings, especially since students are not required to log in to rate professors. Even the site's list of frequently asked questions admits, "Remember, we have no way of knowing who is doing the rating - students, the teacher, other teachers, parents, dogs, cats, etc."

The Web site includes a section of the funniest ratings ever posted. One reads, "Boring! But I learned there are 137 tiles on the ceiling." Another: "He will destroy you like an academic ninja."

Few students have heard of the Web site at PLU. But those who have seen it have different views about the site.

"It has its positives and negatives," said Joel Harris, a junior art major. "It's nice because it gets other people's ideas of the professor rather than just your friends thoughts on the professor. But it is bad because if it is for your major, you are most likely stuck with that professor, and it is scary to see all these bad ratings for him"

Sophomore Jay Sy said, "You should not listen to it completely because some students are biased toward your professor."

Swapceinski said he receives threats of legal action from irate professors every week.

"It's amazing," he said, "the number of professors with Ph.D.s that don't get the concept of the First Amendment."

Want to rate your professor or see more results?

Visit www.ratemyprofessors.com

Relief

Continued from Page 1

"But add that up and it's a lot."

Residence Hall Association president Ellen Brotherston said the one-dollar campaign was the most successful of all the fund-raising events.

"You get one more can of pop or one less load of laundry," Brotherston said.

The major night of the campaign included buckets put in the University Center representing residence halls, off campus, and faculty and staff. It was a competition to see which group raised the most money.

"That's how we got a big chunk of our money," Brotherston said.

An average of 96 cents per on-campus student was raised that night, almost meeting the \$1 goal. Pflueger Hall raised the most money with an average of \$2.50 per resident, Brotherston said.

"It's really cool that we were actually successful," Brotherston said. "It was a good way to start the year, thinking about other people instead of ourselves."



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From the editor

"Monologues" offensive... if you don't go

Vagina.

It's not the most pleasant of words, is it? I've heard it said that the word "vagina" sounds like a disease, a household knick-knack, or maybe even a kind of tropical plant. Most people hardly ever use the proper name for the female genitalia, I think, opting instead to use colloquial terms or pet names passed down from mother to daughter. I imagine that many women hardly ever think about their sex organs, much less have a name for them. It's just not, well, proper.

If you go to "The Vagina Monologues" this weekend, you'll hear the word "vagina" often enough, along with the colloquial terms, pet names, and a slew of more offensive words for the female genitalia, which I won't list here for obvious reasons.

However, I'm willing to bet you won't be seeing "The Vagina Monologues" if you don't like the word "vagina," its synonyms, or the many diverse ideas connected to it.

And that's the main problem with "The Vagina Monologues." The only people who will see it are those who already support its message.

As a member of last year's cast, I can confidently say that involvement in "The Vagina Monologues" is as much a political statement as it is personal. For the cast of the show, the word "vagina" stands for a lot more than the object it describes. Vagina is a euphemism for feminism, womanism, for speaking out against sexism and violence, for the celebration of women's bodies.

I can't deny that participation in the monologues carries certain connotations with it—connotations that are shocking, disgusting, subversive, liberal, and, yes, feminist. To someone who is not naturally inclined to spend time thinking about vaginas, "The Vagina Monologues" probably seems gratuitously offensive, and patently shocking.

Naturally, these people will not be part of the audience this weekend, and for these people—the people who could benefit the most from the monologues—the message will be lost.

For me, the main concern was getting my father to watch the show. My dad is a wonderful man and father, but I think he felt a bit uncomfortable with his daughter's involvement in something as radical as "The Vagina Monologues." Born and raised in the South, "vagina" was not a word in his everyday vernacular. When I told my older sister that I had a part in the show, she said, "Great! Don't expect Dad to come."

But, as I said, my dad is a great dad, and he came to the show. Since I was backstage for the whole show, I couldn't tell whether certain parts made him squirm a little in his seat, but when I saw him afterward, he had a huge smile on his face.

A bit nervously, I asked him what he thought of the show. He raised his eyebrows and said, "It was wild!" Then, more soberly, he said, "but it's a good thing, what they've done here."

I was relieved. Although I had never doubted him, I was glad that my father had understood the real point of the show. The fact is, the issues discussed in "The Vagina Monologues" are real issues that affect women and men every day: giving birth, falling in love, menstruation, sex, domestic violence, rape. Yes, love is shocking. Giving birth is, frankly, pretty gross. Domestic violence and rape offensive? Absolutely. That's the point of "The Vagina Monologues." Things that happen every day, to so many people on this planet, are fraught with emotions good and bad. Emotions like love, or the wonder of looking at your first grandchild, or feeling free to finally be yourself—"The Vagina Monologues" celebrates these.

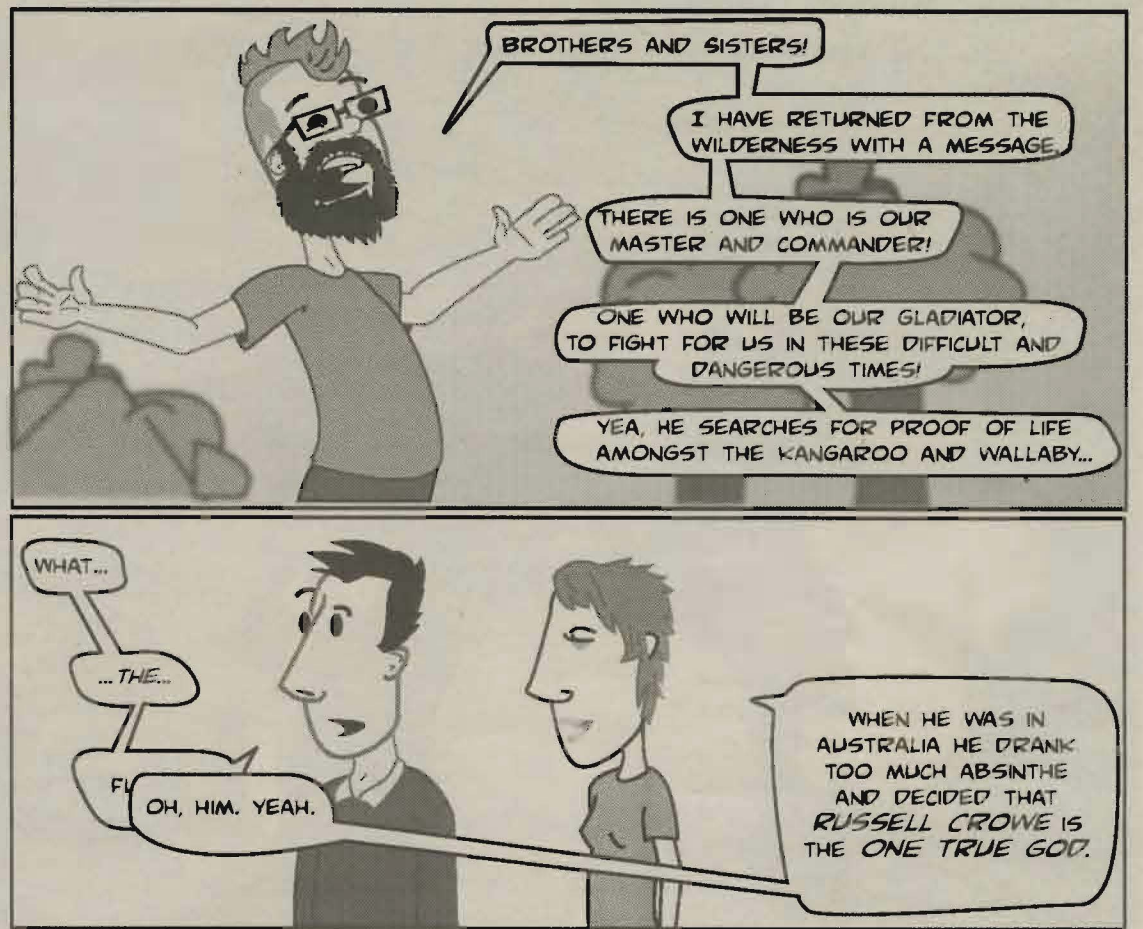
Likewise, the monologues seek to eradicate feelings of fear, hatred and self-loathing, by speaking out, in a loud voice:

- Rape is not okay.
- Domestic abuse is not okay.
- "Political" crimes, against men or women, are not okay.
- Discriminating against others, hating yourself—not okay.

"The Vagina Monologues" works to achieve these goals through art, but also through philanthropy. Each year, a share of the profits from the production at PLU is donated to local charities that focus on assisting survivors of domestic abuse. Buying a ticket to the show is no different than buying a pink rubber bracelet to support breast cancer patients—either way, you're helping women. In my mind, that's reason enough to see the show every night.

In fact, buying a ticket to "The Vagina Monologues" might be even better than that pink rubber bracelet, because you can be assured that your money is going to local charities, not some multi-national trickle-down corporation that may or may not make its promised donation in the end.

"The Vagina Monologues" is not about vilifying men. The show is not "let's see how many offensive words we can say in two hours." Instead, the show seriously and earnestly examines real-life issues affecting both sexes, of all ages around the world, taking tangible steps in the direction of ending violence. And hopefully the show will touch a few hearts in the process.



Cartoon by Adam Spry

What the Wang Center doesn't tell you
Four unexpected items you'll need in your carry-on

The beginning of spring semester is always a time for comparing travel stories. For me, the past week has been spent listening to tales about rowdy Italians, scuba diving, and ostrich-eating. Recently back from London, I decided that instead of telling stories I would attempt to help those interested in travel to England or elsewhere in Europe in the future. Although the PLU Wang Center does an excellent job of helping students prepare for their travels, I have found a few additional tidbits that would have been nice to know beforehand. To help future travelers learn from my own mistakes, I have compiled this alternative packing checklist:

1. Money. Pack all of your money. Pack all of your parents' money. Pack your friends' money. Pack the money of people you don't know. Pack any counterfeit money you have lying around. England is expensive. Because the United Kingdom refused to switch over to the euro, its currency is still the pound, which was at an exchange rate of about 1.85 to the dollar while I was there. It isn't fun to see something you want to buy, and then have to pause and multiply the price by two.
2. Photography equipment. If you have a camera, bring it and lots of film. If you have a digital camera, bring it and lots of batteries. People who like taking a humongous quantity of pictures could

easily spend an entire trip with their cameras attached to their faces. The thing about Europe is that it is really old and has much more history than America does. Europe has ancient buildings all over the place, and monuments for everyone and his pet hamster. Instead of navigating around old cars and hitchhikers, in Europe you'll have to dodge castles and statues that stand right in the middle of the road. Everywhere you go, you trip over artifacts that are older than our country. So you should make sure your camera is up for the challenge.

3. Large containers of your favorite condiments. I know it's hard to imagine a land where food does not come with handfuls of sauce packets, but Europe is that mystical place. I learned this the hard way in Belgium, when a man ran across the restaurant wagging his finger at me and yelling angrily in French as I innocently attempted to pump mayonnaise onto my sandwich.

4. A catheter. This applies to all of Europe, because as far as I can tell, Europeans have massive, engorged bladders that can hold much more than our puny American bladders can. I say this because Europe doesn't believe in public bathrooms. When Europeans do believe in them, they believe in charging you 20 pence to use them. When you don't have exactly 20 pence, passersby don't



Having My Cake and Eating Yours, Too

believe in giving you change, and stores do not believe in opening their registers unless you buy an ice cream for 800 pounds. This can lead to a game that I call the "run-frantically-around-the-city-desperately-trying-not-to-urinate-or-defecate-in-your-pants" game. This is probably a source of entertainment for the English. Don't waste your pocket change to amuse the natives; hook up the catheter and pee smugly at your leisure.

Of course, this is not an exhaustive list. I would also recommend some of the more conventional items, such as clothing and toothpaste, but these can be found on any packing list. If you have extra room in your suitcase, think about my suggestions. Otherwise, as soon as you return to America you'll be sitting in a public bathroom sucking ketchup and mustard straight out of the packets just because you can – and I'll be there to laugh at you and charge you for using the toilet.

The Mast Staff, 2005-2006

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The Mast adheres to the Society of Professional Journalists' code of ethics, which includes the guidelines to "seek truth and report it," "minimize harm," "act independently" and "be accountable."

The Mast encourages letters to the editor. Letters must be submitted to The Mast by 5 p.m. the Wednesday of publication. Letters without a name, phone number, and identification for verification will be discarded. Letters should be no longer than 400 words in length, typed and double-spaced. The Mast reserves the right to refuse any letter. Letters may be edited for length, taste, and errors. Letters are printed in the order they are received.

The Mast can be reached at (253) 535-7494 or mast@plu.edu.

Sidewalk Talk:

What do you think of "The Vagina Monologues"?



I think The Vagina Monologues are a really awesome thing to have on campus.

Kari Berntson, senior



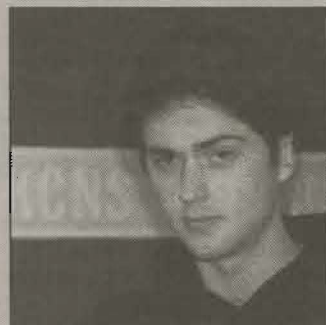
I saw The Vagina Monologues last year on a first date...there wasn't a second.

Cole Richards, sophomore



I'm not planning on going. I don't really know what it's about.

Carrie Resnik, junior



I think it is a fabulous idea and a great way to promote awareness of sexuality and violence.

Whittaker Harpel, junior



I haven't seen it, but it's always good to raise awareness. I don't think guys will ever understand.

Sandy Freborg, first-year

"The Vagina Monologues" will be playing tonight and tomorrow night in Eastvold Auditorium. Tickets cost \$5 with a PLU ID, \$10 without.

"I come to Shanghai!" and other notable quotables from China

Memorable quotes from the China J-Term 2006 experience:

"Will you eat my nuts?" (In reference to an ice-cream cone that had peanuts, you dirty-minded readers.)

"What do you call a guy with no arms and no legs water skiing?" (It was a long van ride back to Guangzhou. And the answer is "Skip.")

"I am good grammar!" (After a few weeks in a foreign country, people start to lose their English. Or at least that was the excuse.)

"BOOYA!" (Contrary to some peoples' beliefs, that does not actually translate into "I don't want it" in Mandarin.)

"Don't be killed." (File this under "things to remember when crossing the street." In China, constant traffic vigilance is required in order to avoid being flattened by a taxi.)

"Your mom!" (A certain someone inserted this into every sentence she said for three straight days, the most memorable examples of which cannot appear in print.)

"Hey, lady! DVD? CD? Mao watch? Best price!" (To prove the value of this persistent sales technique, everyone in our group came home with at least one of those items, even those of us who weren't "ladies.")

"I COME TO SHANGHAI" (Possibly the best T-shirt ever created.)

"And no matter what I do I feel the paaaaiiin, with or without you!" (NSync is punishment for

tardiness in some countries.)

"Here's this piece of rock that's 6,000 years old. And here's this guy that's been dead since the last dynasty..." (Some people appreciated the museum tour more than others.)

"And he's watching us all with the eye...of the tiger." (A karaoke star lies hidden within us all.)

"Wow, that's pretty big." (That's right. They didn't name it the Great Wall just because they thought it was really cool.)

"Wait, where's my toothpaste lid?" (Of all the odd things to lose in a YMCA bathroom...)

"When I'm president, you can come be my vice-president, okay?" (Establishing political relationships with Beijing cab drivers.)

"Spicy bean curd? Marinated pork?" (Flavors of Pringles you might not expect to run across at 7-11.)

"In other news, celebrations are underway in Washington as the Seattle Seahawks have made the Super Bowl." (An actual feature on the news in Shenzhen. I kid you not. Apparently Seattle football is of global importance.)

"Please Beware of Lamp Post" (Sometimes those things will just jump out and bite you.)

"Can we get some more meat dishes please?" (In some cases, disoriented travelers will turn completely carnivorous, flatly ignoring all vegetables and occasionally fighting each other for the last bits of sweet and sour pork. It's quite



All in All

like Jurassic Park, actually.)

"Shut up! I was ordered to steal the filthy pelf!" (Beijing opera performer explaining why he happened to be carrying a fortune in stolen silver. Though it sounds like something one of our group members might have said.)

"Have you read the book we're supposed to read yet?" (The answer to this question is always an unequivocal no. See also, "Have you written in your journal yet?")

"CON QUESO!" (Because Ritz Bits Sandwiches that are made and sold in Hong Kong must be packaged in boxes printed entirely in Spanish. Or so I've observed.)

"We are experiencing a little turbulence. Please remain seated and keep all safety belts securely fastened. Thank you." (This friendly message was repeated approximately 237,849,278,324 times. I pity the fool who unbuckles their seatbelt while flying China Eastern Airlines.)

"Where'd all the watermelon go?" (One of our members apparently attempted to set some kind of watermelon eating world record at lunch one day, consuming what appeared to be an entire watermelon at one sitting.)

To the editor:

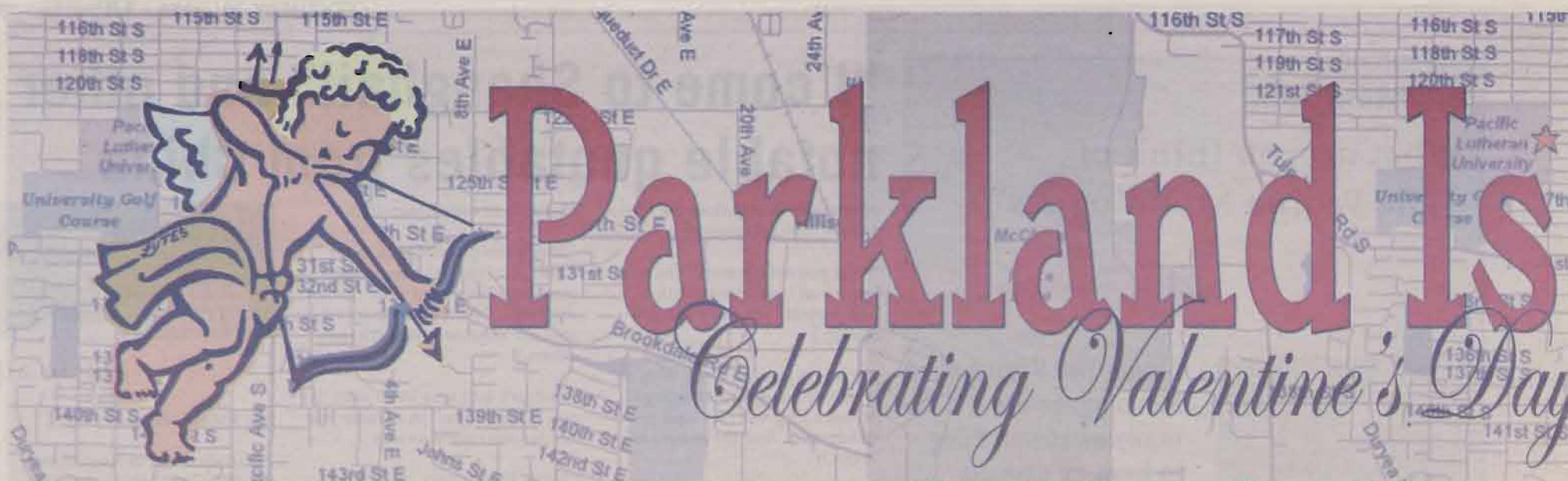
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Photos by Tiffanie Clark

From the Bayou and Northern Pacific Coffee Company are only a walk away from campus. Both places offer good food and great ambiance.

A stroll down Garfield street

TIFFANIE CLARK
Luteliflife editor

Just a block away from campus lies a cozy little street that offers its charm to PLU students. For students without cars, or those not in the mood to drive, it's a perfect escape. So put on your coat and hat and get ready for a delicious meal.

There are several restaurants and cafés on Garfield Street that range in price from \$2 for a cup of coffee to \$25 for a sit-down dinner. On the right you'll hit Marzano's, the little white cottage with Italian food that is out of this world. Prices at Marzano's are a little steep for the average college student, so save this one for a special occasion. From the Bayou is our next stop. Enjoy the hand-painted menus and authentic Cajun cuisine. Dinners at From the Bayou range in price from \$10-\$22 and include a few unique options, such as Crawfish Salad and Louisiana Alligator.

If you're in the mood for something Asian, check out Tea Leaf. Its selection of Chinese favorites is wonderful. Across the street is Mi Piace. If you like pizza and subs, this is the place to go. Prices start around \$5. Next to Mi Piace is Reyna's. If you ever have or are currently taking Spanish, Reyna's is a must. The owners and their children are almost always there and make you feel right at home. They're more than happy to speak Spanish with guests, even if the guests aren't exactly fluent. Prices at Reyna's are quite reasonable. Entrées range in price from \$5-\$15. Keep following the sidewalk, and eventually you'll find yourself at Northern Pacific Coffee Company, better known as NPCC. This coffee shop doubles as a café and bar. The walls are lined with bookshelves, so you can stop in and make yourself comfy on a couch in the back with a novel and mocha. On the weekends, NPCC often features musical entertainment, typically local bands and artists. Whether

Impossible-to-mess-up chocolate chip cookies

6 oz. of butter, softened
1/3 cup sugar
1/2 cup of Sweetened Condensed Milk
1 package of Nestle Chocolate Chips

1. Preheat oven to 350 degrees
2. Beat butter and sugar until creamy. Beat in sweetened condensed milk
3. Add chocolate chips
4. Roll heaped teaspoonfuls of mixture into balls, place on greased trays and press gently with fork.
5. Bake for 15 minutes, until golden.

This recipe and others can be found on the Web at www.Nestle.com.

Five favorite cheap dates

TIFFANIE CLARK
Luteliflife editor

Cook dinner together
Price: The cost of groceries

Whether you live in a residence hall, in South Hall or off-campus, spending some time in the kitchen with your loved one is a great cheap date. Find your apron, your little portable boom box, and get ready to rock the cucina. If you don't usually cook, start with something easy, such as breakfast. Pancakes are almost no effort, and breakfast for dinner is bound to be a good time. If you want a challenge, check out a cookbook from the library or get a recipe from the Web. Foodnetwork.com is a great resource. Keep your cell phone handy in case you need to call mom and ask her how long you're supposed to leave that chicken in the oven. You can decide the price of this date depending on what you decide to cook. The only downside is that after the meal, someone has to do the dishes.

Volunteer together
Price: Free

What better way to spend the day than to do something good for the community with your sweetie? To get started, head down to Ramstad 112. A wide variety of volunteer opportunities exist and the directors at Ramstad can get you plugged into a place where you can make a difference. The Volunteer Center can be reached from any on campus telephone at extension 8318.

Go to a PLU sporting event
Price: Free

This date is self-explanatory. Put on your black and gold and go cheer for your fellow Lutes. For more information on upcoming sporting events, check the sports section of The Mast.

Check out an on-campus concert or show
Price: Varies

Heading to a student show is free, easy and awesome. Tonight and tomorrow night, you can attend the "Vagina Monologues" in Eastvold for only \$5. The cool thing about the Vagina Monologues is that you probably know somebody in it. Next Friday, Feb. 17 there is a free student vocal recital in Lagerquist Concert Hall. If you're not busy tonight then you can go to Ingram Hall and see the premiere of "100 Bullets", a film produced and directed by junior Tyler Pederson.

The Indoor Picnic
Price: One or Two swipes at the Bistro

Sure, having an indoor picnic might feel a bit retro, but there's something undeniably romantic about doing something undeniably cheesy. All you need for this is a blanket (but not the one you sleep with), your roommate to leave for a bit and the food. If you don't keep picnic food in your room then swipe at the Bistro during lunch and stock up. Chocolate milk and peanut butter sandwiches will do just fine. The best kind of indoor picnic is the surprise picnic. Invite your honey over, and when he or she gets there have a blanket on the floor, Death Cab in your CD player and apple juice chilling in your mini-fridge. Even if it's not the best food the two of you have ever had, you're sure to get an A for effort.

Something for those flying solo

TIFFANIE CLARK
Luteliflife editor

If you don't have a sweetie this Valentine's Day, then celebrate your singleness and celebrate your friends. Here are some ideas for making the best of the Hallmark holiday:

1. Throw a "mocktail" party in your residence hall. Dress up and gather your friends together for an evening of alcohol-free drinks and good conversation. Don't forget to bring your camera. Great recipes for fruity beverage concoctions are available at www.mocktails.org.uk/
2. Call your parents. Chances are they would love to hear from you. If you tell them you're alone this Valentine's Day, they might send you some belated chocolates.
3. Send a nice letter to someone who has inspired you.
4. Treat yourself to free time. Take a break from all homework and do something relaxing. Women, spend time pampering yourself: Give yourself a pedicure and invite your other single girlfriends to do so. Men, spend some quality time with your Xbox and invite your single friends.
5. Go to a Starbucks near campus the evening of Valentine's Day. Buy yourself a coffee and a cookie. You may even meet someone.



Sophomore Jamie Roberts takes a break from homework to listen to some music. The CD was a gift from her boyfriend last year. Photo by Tiffanie Clark

Mixing up music to melt the heart

JAMIE ROBERTS
Luteliflife intern

Last year, I received one of the most amazing gifts from my boyfriend. The gift was a compilation CD containing most of my favorite songs at the time. It was an inexpensive gift but it really meant something. By putting my favorite songs on it, he showed how much he really did pay attention to the songs I liked and how much he paid attention to detail. Even now I will catch myself listening to it and dancing around the room.

A mixed CD is a great gift for any occasion, especially Valentine's Day. Unlike flowers or chocolates, a CD will last a great length of time and has many possibilities. The mix I received included my favorite songs, but you can make yours of songs that remind you of the recipient, your favorite songs, songs from the '80s or '90s, or any theme you could imagine. One obvious choice for this lovely holiday would be love songs. It's fairly easy to create such a CD. Just download some songs, or select from music you already have, and arrange them in any way that seems significant. An added touch to the process would be decorating the disk, making a CD cover for it listing the songs on the inside, and making it one of a kind. Here are some suggestions for a mix of love songs:

- For You I Will- Monica
- Amazed- Lonestar
- Blessed- Christina Aguilera
- God Must Have Spent a Little More Time on You- NSync
- Your Song- Elton John
- I'll Be- Edwin McCain
- Never Had a Dream Come True- S Club 7
- Come What May- "Moulin Rouge" soundtrack
- Because of You- 98 Degrees
- Truly Madly Deeply- Savage Garden
- I Got a Feelin'- Billy Currington
- You and Me- Lighthouse
- Bless the Broken Road- Rascal Flatts
- Wonderwall- Oasis
- Must be Doin Something Right- Billy Currington
- Lucky- Hoobastank
- 99.9% Sure- Brian McComas
- Tell Me It's Real- K-Ci & JoJo
- Stickwitu- The Pussycat Dolls

Another good source is <http://www.romantic-lyrics.com/>. It provides many love songs that you can search by artist and song, adding to the collection of songs for the CD. Good luck, and have fun!

Top five inexpensive Valentine's Day gifts

TIFFANIE CLARK
Luteliflife editor

Freshly baked cookies
Price: \$4-\$15 (price of ingredients)

A smart woman once said, "The fastest way to a man's heart is through his stomach." Everyone loves cookies. Use either the recipe we're offering up or your own. If you're not into baking then you can buy the pre-made dough at the grocery store for about \$4 a package. Just remember this requires a baking sheet and a hot pad.

The mixed CD
Price: a blank CD and your musical creativity

After you give this gift your significant other will have a whole handful of songs to remind him or her of you.

Flowers
Price: varies

It's a rare girl who doesn't enjoy fresh flowers, but this might not be the best gift for a guy. Fresh-cut flowers are in walking distance of campus. Crane's Creations on Pacific Avenue and 122nd makes beautiful bouquets of flowers and balloons. Just be sure to call ahead with your order. If you're looking for something simpler then take a walk over to QFC. It has bouquets of tulips and carnations for \$10. Guys, if you do go with flowers, make sure your girl has something to put them in like a vase, pitcher or coffee pot.

Personalized picture frame
Price: varies

If you've been dating your significant other for longer than a day, and you think he or she is pretty good-looking, chances are you've probably snapped a photo together. You can turn that candid or perfectly posed photo into a work of art simply by placing it into a frame that you decorated with your own two hands. If you're starting from scratch and need a frame, try Dollar Tree on Pacific Avenue. Here you can also find supplies like glitter, pipe cleaners and stickers. If sparkly just isn't your style, consider cutting words out of magazines and pasting them on your frame. This gift is like the mixed CD, as it caters to the individual.

The scavenger hunt
Price: free

Send your valentine dashing through campus picking up clues that eventually lead him or her to you or a special surprise. You can use your friends on this one. They can help you plant your clues. Utilize campus. Send the lover to unusual places like the "gum tree" on lower campus or places that are significant to your relationship (like the UC, where you had your first date). If you're stuck on where to lead them, consider the following ideas: the indoor picnic mentioned under Top Five Inexpensive Dates, a message in a bottle, or the reading of a love poem. If you go for the love poem, there are lots of poetry books in the library, or you can check out www.poets.org on the Web.



Flowers are a great way to brighten up someone's day. A variety of floral arrangements are available at the local grocery store. Photo by Tiffanie Clark

KammerMusikk tours Northwest, performs at PLU

Chamber Ensemble concludes tour by presenting a concert at home

KAT JENKINS
Mast reporter

Homecoming, in the college world, usually connotes football, alumni and a dance. However, the PLU music department celebrated its own homecoming Feb. 2 for a select group of students in the University Symphony Orchestra.

A chamber ensemble of the Orchestra performed its homecoming concert after returning from an end-of-January tour. In a nod to the university's Scandinavian heritage, the chamber ensemble titled the concert "KammerMusikk," which is the Norwegian word for "chamber music."

Conducted by Jeffrey Bell-Hanson, the 25-member group performed works by Mozart, Debussy, Mahler, Samuel Adler and Tomaso Albinoni. Not every piece required all 25 musicians, so the musicians had to rearrange themselves in between pieces.

"I think, being a small ensemble, we just connected really well and you could hear that through the music when everyone started to mesh with everyone. The musicality and musicianship was just the best I've heard on campus so far," first-year student Allison Parks said.

The wind musicians also played "French Dances Revisited" by Adam Gorb, which had been premiered in a previous West-coast concert. The piece was commissioned in part for PLU, according to the concert audience program.

The concert marked the official conclusion of the ensemble's regional tour, during which the students had traveled by bus across Washington, Idaho and Montana. They first played



The 25 members of the chamber ensemble traveled across three states by bus to perform at a variety of venues. The trip was prompted by a J-term class which prepared them for the tour. Photo courtesy Meredith Kanago



The chamber ensemble performing at St. John's Cathedral in Spokane, Wash. This was the group's last performance of the tour before the homecoming concert at PLU. Photo courtesy Meredith Kanago

with a youth orchestra in Wenatchee, followed by performances at Central Washington State University, a high school in Spokane, and churches in Missoula, Mont., and Coeur d'Alene, Idaho. The last venue was a concert at the Cathedral of Saint John in Spokane.

"The best part I thought was playing in the cathedral in Spokane because it was gorgeous and we played really well there," said Meredith Kanago, a cellist and first-year student.

In preparation for the tour, the members of the chamber ensemble had studied together intensively as a J-term class. Rehearsals ran from 10 a.m. to 4 p.m. each day.

"You knew everyone there really wanted to be there, given the required dedication," said first-

year Elizabeth Bateman, an oboe player in the orchestra. "I think that improved the quality of the ensemble."

After the long tour, the musicians were relieved to be back at PLU again.

"After playing in so many churches and high school auditoriums it was nice to come back home and show what we had accomplished," Parks said.

Upcoming from the Music Department:
Student series:
Andrew Newell & Alexandra Giesbers
Voice recital
Feb. 12, 3-5 p.m.
Lagerquist Concert Hall

Learning to compromise often makes relationships successful

Thinking of someone else's feelings can make a big difference



Life lessons

Lately I've had to make some changes in my food purchases. With a long distance relationship eating my gas tank and having a dad less than eager to pay for my new car and my caffeine addiction, it's become time for me to join the rest of America in learning to budget. Unfortunately, this means something has to be thrown out.

I've decided it will be my fast food runs. I'm going on a healthy kick to really bring it home. But it hasn't been easy. While I'm sitting here writing this, I'm munching down my once weekly fast food meal - a Taco Time Chicken Soft Taco light. For a girl who's grown up eating "authentic" nachos (you know the one's where the chips have more salt than crunch, and the guacamole is fresh and spicy) this taco is hard to stomach. To my family, having extra fat means having gourmet flavor. Now I'm the girl searching recipe sights to find margherita pizza made low fat, instead of having a twenty dollar gourmet pizza made with real "Greek" ingredients. I'm compromising. And that's this week's Relationship Vocab word.

Just like my new healthy lifestyle, compromising isn't easy. Compromising means still getting a taco, but supplementing the 600-calorie cheese for a low-

fat shredded pepper jack cheese. The important piece to remember when compromising is never to lose yourself in the process.

In my first "grown up" relationship, I've learned the compromising game quite well. Once we reached relationship status, my boyfriend and I had our first argument over cuddling. My "manly man" didn't want to cuddle all the time, especially since he had already "won me over". For my man, especially after a long day of work, cuddling was a three-point sprint. Hug me when I get there, cuddle in the middle, and end with a cuddle at night. To me, cuddling was more of a three-day trip to the Bahamas. So we came to an agreement. He, without words, added a few more "surprise" cuddles into our day together. And when we watched a movie and my man was tired, the first half of the movie we would relax on our separate sides of the couch, and then the second half, his arm was mine.

Compromises like this one come about in relationships all the time. For example, watching the Superbowl when you hate football because you know it's a big game, but forcing your significant other to watch Fashion Week. Meeting halfway in long distance relationships. Getting "twist" ice cream to share when your man likes vanilla and you're a chocolate woman.

Even friendships have compromises. You should never compromise on your values or your feelings, but learning how to compromise the little things and still make both parties happy is part of what makes the game work.

So just remember, when you are ordering the Chicken Light Taco instead of your usual Crispy Beef Burrito, how happy you are making someone; and maybe next time, they'll order a Big Mac just to make you smile.

During the month of February, "Life lessons learned from shopping" will be slightly different. Instead of focusing solely on the topic of fashion, each column will relate to the themes of love and romance. If you have any comments or suggestions, contact jensenjs@plu.edu.

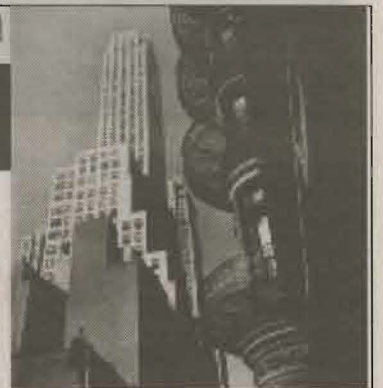
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Student film adaptation takes aim at '100 Bullets'

Independent study project proves a large, but rewarding task

"100 Bullets," a graphic novel by Brian Azzarello and Eduardo Risso, is a psychological thriller that explores the possibility of getting away with murder. Junior Tyler Pederson produced and directed a short film adaptation as a project for his independent study J-term class.

"I spent the month just putting the whole thing together, writing, shooting and editing," Pederson said. "I don't read

many comic books but '100 Bullets' was recommended to me by a friend and after I read it I was just blown away."

Pederson started adapting the graphic novel soon after reading it.

After the Advanced Media Production class was canceled due to a lack

of interest, Pederson approached Kirk Isakson about an independent study course during J-term to make a movie, similar to what junior Dan Hould did when making 'Jurassic Park: the Musical' last year. Isakson agreed and Pederson began working on his film adaptation.

Like most productions do, Pederson's ran into a few roadblocks while shooting.

"I had to shoot all of the bar scenes in one night. We had about 6 hours to shoot over half the film," he said. In order to do this he utilized two cameras and worked as quickly as possible.

Another problem with filming the bar scenes was the amount of patrons, a factor Pederson couldn't control. The script calls for a crowded bar, full of action, but the actual shooting location had only eight people in it, including the two bartenders.

When it came to editing,

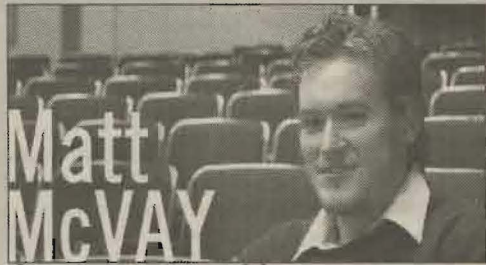
Pederson spent full days crafting the film, sometimes starting in the evening and working till four the next afternoon. He worked hard to find the right music to fit a scene, make effects perfectly synchronized, and create a sleek title sequence. All of that work really pays off in the final product.

The story itself is pretty simple, but the simplicity is what makes it work. A man in a black suit and a briefcase approaches Lee (played by Sean Harburg) and tells him that the briefcase contains a record of his history, a file on the woman who ruined his life, a pistol and 100 untraceable bullets. He is then given the choice whether or not he would like to confront the woman. The rest of the film explores how he deals with the decision he is about to make. Presented with opportunity after opportunity, he cracks under the pressure, until finally he makes up his mind.

The climax of the film is one of the best student produced scenes I have seen in a while. Pederson builds the tension with his shot variety and choice of music. I have read the comics, and was still watching it as if I didn't know what to expect next.

There are a few glitches that come with any student production. At times the sound quality is low, making it hard for the audience to hear parts of dialogue. Also, the production quality is low, but I would say practically every student film is like that because they make them on a very low budget. Pederson did a great job with what he had to work with.

"100 Bullets" premiered in Ingram 100 Thursday Feb. 9th at 8 p.m. and will show again Friday, Feb. 10 at 8 p.m. Student films have become a new pastime on PLU campus and this film is a noteworthy part of this trend.



Someone sneezed in my popcorn

Upcoming events:	"100 Bullets" Fri. Feb. 10 8 p.m. Ingram 100 Free	Music from the Harlem Renaissance Fri. Feb. 17 8 p.m. Lagerquist
Ordal Beach Party Sat. Feb. 11 10 a.m. - 4 p.m. Memorial Gym Free	Camp Fun Sun. Feb. 12 8 p.m. The Cave Free ice cream	Lyric Brass Quintet Tues. Feb. 21 8 p.m. Lagerquist
Vagina Monologues Feb. 9, 10, 11 7:30 - 10:30 Eastvold \$5 students \$10 general	Deeper Tracks film Thurs. Feb. 16 9 p.m. Ingram 100	Ari Hest concert Wed. Feb. 26 9:30 p.m. Chris Knutzen Free for students

**"100 Bullets"
Friday,
Feb. 10
8 p.m.
Ingram 100**



From left, senior Sean Harburg and junior Andy Johnson act out a scene in "100 Bullets." The film is an adaptation of a graphic novel of the same title.

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Thurs: 2:00, 4:15, 7:00, 9:20

The White Countess (PG-13)

Fri: 4:00, 6:45
Sat/Sun: 12:20, 4:00, 6:45
Mon-Thurs: 4:00, 6:45

Looking for Comedy in the Muslim World (PG-13) Fri-Thurs: 9:25

Brokeback Mountain (R)

Fri: 3:00, 6:30, 9:10
Sat/Sun: 12:10, 3:00, 6:30, 9:10
Mon-Wed: 6:30, 9:10
Thurs: 3:00, 6:30, 9:10

How to show your date you care



Top 10: First date ideas

It's that time of year again. That's right, it's February sweeps. Our favorite shows are better than ever, so it's a miracle we even wrote a column this week. We decided that with the holiest of holidays, Valentine's Day, creeping up on us, we are going to play 'Hitch' for all our loyal readers. That is, if Hitch were two college columnists who haven't had a date since the Serta Sheep incident. That's right; our romantic prowess is at your disposal for one week and one week only. So accept that the poster of Natalie Portman will never love you back, go find a date and use one of our foolproof first dates ideas.

13.) The UC: The perfect place for a meal; it's cheap, there is a variety of food and if you look hard enough there is secluded seating. What else can you ask for in a restaurant? For a little variety, go to the Bistro and take your food to Red Square.

17.) Invite her over for some Halo and your favorite war movie: Best way to find out if she's the girl for you. Besides, who wouldn't want to spend an evening this way? Completely unrelated story, but we happen to be single. We don't get it.

14.) Go rollerskating: There is no better way to endear yourself to your date than falling all over the floor in borrowed skates. As long as you aren't sitting on an icebag on the way home, you're golden. This is also an easy way to convince your date to hold your hand—just tell them it's the only way to avoid a trip to the hospital.

18.) Spend the day at the Spa together: Show her your sensitivity and exfoliate your skin at the same time. We go at least once a week, and recommend the seaweed wrap. Confusingly, we're still single.

11.) Go to Fox's: Then tell your date that none of those girls are nearly as beautiful as her, and you'd rather look at her all night. Then hop over to No Limit Lingerie. Our experience is that it's a great first date. Yep, still single.

16.) Crash a high school dance: Everyone likes to dress up and get their groove on. Since PLU doesn't have any dances around this time of year, call your 16-year-old neighbor and have a little double date fun. She'll love the nostalgia of group pictures with cheerleaders and football players in the gym. Just make sure to have her back by her midnight curfew.

19.) Spend the day at the Seattle Center: However, we strongly advise against the traditional Space Needle, Science Center, and all that garbage. Bring a washboard and a tuba and tell her you're going to earn your dinner as street performers. Trust us, everyone has wondered what it would be like. Just make sure you don't take anyone's usual space. Otherwise you'll end up in a fight with a homeless guy from Austria named Franz, and he fights dirty.

20.) Go on a romantic bike ride: This is for the environmentally conscious of our readers. Just go any resident hall bike room, where there are plenty of bikes to choose from. As long as you go in the day, it'll be great fun riding up and down Pacific Avenue.

12.) Make your date dinner: We recommend the Hungry Man microwave dinners. They're bigger than most, so you will just have to buy one.

15.) Serenade your date outside her window: Romeo and Juliet is a little too cliché, so we recommend a nice sonnet from Hamlet. You'll appeal to her intellectual side with a soliloquy about death. Just make sure she knows you're out there, so you don't look like a creepy columnist. Even if you were just a little lonely.

Novel asks readers to reflect on their identity

Series of accounts raises thematic ideas, but doesn't function as a united whole



In Kiran Desai's new novel, "The Inheritance of Loss," 17-year-old Sai inspects herself in every available reflective surface and learns of the changeable nature of beauty. "She searched in the stainless-steel pots, in the polished gumpa butter lamps, in the merchants' vessels in the bazaar. . . She searches spoons, knives, the surface of the pond, for the prettiest version of herself. "But how did she appear?" the narrator asks. The answer: "Round and fat she was in the spoons, long and thin in the knives. . . pocked by insects and tiddlers in the pond. . ."

Like Sai's reaction to her reflection, my impression of this book changed at different points in the reading. Kiran Desai, known for her novel "Hullabaloo in the Guava Orchard," presents several contrasting characters and sto-

rylines in a book that explores relationships between race, culture, and an individual's sense of self.

The story is set in India's Himalayas in the 1980s, in the dilapidated remains of a once grand estate. Orphaned Sai lives with her grandfather, his dog Mutt and the family cook, who raises Sai almost entirely on his own.

Sai's grandfather, a retired judge educated at Cambridge, has been miserable trying to reconcile his identity as an Indian with his desire to be more English. Even Sai, who has always lived in India, knows little Hindi. She began her education in English at a convent and continues studying with tutors at her grandfather's house after her parents die.

At Seventeen, she falls in love with her mathematics tutor, Gyan, whose different family background and involvement in the Nepalese movement for an independent state damages their relationship.

At times "The Inheritance of Loss" impressed me with its richness, attention to concrete detail and playful language that reflects the mood of each scene, and its philosophical nature. In the opening pages, the description of the judge's decayed home suggests the person he has become. In

"The Inheritance of Loss"
Kiran Desai
Atlantic Monthly Press
336 pp., \$24

his "cavernous kitchen," the cook tries to start a fire with damp wood:

"He fingered gingerly for fear of the community of scorpions living, loving, reproducing in the pile. Once he'd found a mother, plump with poison, fourteen babies on her back."

Later the judge's dog, his most beloved friend, is stolen, and the judge's thoughts on Mutt and the world help us to understand his disappointment with life:

"The world had failed Mutt. It had failed beauty; it had failed grace. But by having forsaken this world, for having held himself apart, Mutt would suffer."

Other times, I didn't feel compelled to pick the book up again after being away. The storylines are tied together by common themes, but the novel often feels more like fragmented accounts of the characters' experiences than one cohesive story. It was fascinating but lacked forward motion; it didn't evoke a strong desire to know what happened next.

However, it is clear that the author is asking her audience to consider their own lives more carefully. In one scene Gyan, Sai's tutor and first love, watched the liberation army march by. For a moment he looked away from the fervor of the march to the hills and "fell out of experience again." At that moment he asked himself, "How can the ordinary be changed?"

Desai asks her audience to look at themselves, just as Sai looks for reflections of herself everywhere she goes. Considering the fragmented feel of the various accounts, the strength of "The Inheritance of Loss" is not in the story it tells but the issues it asks us to consider.

'Mozart-phobia' can hold music students hostage

Despite the daunting predecessors, sometimes you have to take music one day at a time



Confessions of a music student

Mozart was a genius. After all, experts suggest that people can become smarter by simply listening to his music.

But he was also a complete jerk. He knew a lot about music, but he didn't know anything about life.

I arrive in the classroom 10 minutes early on the first day, and there are about two people in the room. I only recognize a couple of faces and can hardly muster up enough courage to talk to them, let alone say, 'hello.' I sit down, wondering if I can handle this course.

By this time, the professor has walked in and handed out a syllabus. More students have seated themselves from front to back, leaving only a few seats next to me. I look at the one other person sitting in the front row. He looks like he lives in the practice room, with the telltale dark circles under his eyes and his pale complexion. Not all music students are gothic; they just end up looking that way. I wish I could be more like that, more disciplined.

But I have Mozart-phobia. It is only my Jekyll-and-Hyde existence that prevents me from actually walking over to the practice room immediately after my music classes have

ended and spending the whole rest of the day there. I guess I'm afraid that what I'm capable of accomplishing will turn me into somebody I don't want to become. I'm afraid that if I spend too much time developing my musical capabilities, I won't have any time to develop myself. I don't want music to become so much a part of me that the people I know find it difficult to relate with me, and I don't want to suddenly find myself only able to converse with others who are OCD about the same thing.

On the other hand, music is what makes me feel alive.

My situation is unique. I came in as a first-year with junior status, but I'm a sophomore in my degree. This means I'm taking classes all over the board. My first-year classes, such as Keyboarding and Ear Training, are cake. I have no worries. However, my first-ever 300-level music course scares the crap out of me.

As I ponder my lack of lifetime preparation for this class, the professor reviews the syllabus. I try to focus, despite someone's pungent body odor and other everyday classroom distractions, but

even without those I still would have been left wondering a few things. For example, what is a 'motif' in musical terms? The New Grove Dictionary of what? Maybe taking this class while I'm taking Music History will be helpful.

Briefly, I was shocked at my own optimism. Because of the prof's attitude and encouragement for students to ask questions during the course, I realized that I wasn't the only one who was afraid of becoming completely lost, and this professor doesn't expect his students to know everything right off the bat. He is willing to help any sheep who wishes to drink from the elusive fountain of musical knowledge.

It is through that particular class session I had an epiphany, bringing me that much closer to braving the musical realm I fear to enter. I don't have to follow Mozart's exact footsteps. I can still have a life. I only have to put forth the time and effort necessary to make progress and to learn, but most importantly, enjoy doing what I love. It's that way for everything. So despite my earlier reservations, I'm off to the practice room.



Photo by Hakme Lee

PLU faculty Jeff Smith hosts "Elimilute," held Feb. 7 in the Cave. Micah Uehling, a first-year student was the first male contestant in the game. Modeled after "Singed Out," contestants attempted to win a date.

Correction:
 The Feb. 3 article "Many issues surround 'Vagina Monologues'" was written by Kat Jenkins.

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Men's lacrosse sticks it to Gonzaga in overtime

PLU loses early lead only to come back in sudden death

BREANNE COATS
co-sports editor

The men's lacrosse team struck victory in overtime during its first game of the season. The Lutes were able to win in sudden death 11-10.

"It was exciting," defensive specialist Matt Wuerffel said. "We had a new offense [and] it turned out really well."

The Lutes came out strong in the first quarter, which ended in a 6-1 lead for PLU.

"We were blowing up Gonzaga," midfielder Ryan Brown said.

The Lutes raced into halftime still holding on to a comfortable lead.

Yet, only about a minute into the second quarter, "things went down hill," according to Brown.

Starting the fourth quarter, the Lutes led 10-5. Yet, Gonzaga refused to lose without a fight and started coming back.

When the score was 10-9 with only 15 seconds left, Gonzaga managed to devastate PLU and scored the tying point off a break away shot.

"We totally collapsed and gave them five goals to tie it," Brown said. "I was there thinking what can we do guys and what we needed to do to get this overtime won."

Lacrosse overtime consists of a sudden death playoff between the two opposing teams. The first team to score a goal wins.

Wuerffel started the overtime off on a positive note for the Lutes, when he won the face off. Gonzaga then got called on two fouls, which gave the Lutes a huge advantage on the field.

Offensive player Matthew Kennedy took a shot on Gonzaga's goal. Yet, the ball bounced off the goal in front of Brown. Brown took a wild shot and scored, according to Wuerffel.

"I dove before the other guy and slapped it into the goal," Brown said. "I thought, did that really happen and then the guys were jumping around celebrating."

Along with his game winning shot, Brown had two other goals during the game giving him the hat trick.

Throughout the game, numerous fouls were called on both Gonzaga and PLU.

A foul results in the recipient of the foul having to sit



Photo by Tyler Pugh

PLU defenders Matt Meikle and Matt Wuerffel stop a Gonzaga charge during the Lutes' first game of the season Sunday. Gonzaga trailed the entire game, until they tied it up in the last seconds of the match. The Lutes fought in sudden death overtime and defeated Gonzaga, 11-10. The Lutes take on University of Washington today at 6:30 p.m.

out of the game for a certain amount of time. The Lutes received a total of 15 fouls.

"We didn't score as many goals as we should have on man up and got lucky on man down," Wuerffel said. "Hopefully we can score more on man up."

One of the reasons the fouls did not hurt the Lutes was the play of the defense, which was outstanding, according to Brown.

Gonzaga may have made it a close game, but the Lutes still managed to exit the field with their first victory of the season.

"It was definitely a good win for us," Brown said. "We have a lot of things to work on. We were lucky to get a win."

The Lutes go up against the Huskies at the University of Washington today at 6:30 p.m.

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Lute women bounce back to first-place tie

PLU holds Linfield to 17.7 percent shooting in 66-31 victory

ANDREW CROFT
Mast sports reporter

As the basketball season winds down, Pacific Lutheran remains tied with Puget Sound for first place in the Northwest Conference.

When the Lutes headed into their standoff against the Linfield Wildcats Saturday night, they were a half game behind Puget Sound.

Puget Sound had beaten George Fox 59-44 the night before, so this was a must-win game for Pacific Lutheran if the team wanted to stay atop the conference standings.

The Lutes trampled the Wildcats 66-31.

With a well-coached defense, they held the Wildcats to 17.7 percent shooting from the field.

"Our defense and intensity took them out of their game," wing Kelly Turner said.

Pacific Lutheran made the first basket and ran away with the game from there.

"Our goal for the game was to start strong and not let up," guard/wing Nikki Johnson said.

"We have been playing a little flat lately and we needed a good win."

The Lutes shot the lights out, achieving 47.9 percent from the field and out-rebounding the Wildcats 51-30.

Johnson, Turner, post Kezia Long and wing Patricia Buckingham all scored double figures.

"If they took away one option we had another," Turner said. "It enabled us to share the ball and get everyone on the board."

With four games left in the season, the Lutes will take a long road trip this weekend to eastern Washington to face Whitman and Whitworth.

Although Pacific Lutheran tasted victory in the most recent meetings against these two NWC opponents, Whitman is on a five-game winning streak and has beaten opponents by an average of 12.2 points.

Whitworth, meanwhile, has won five out of its last six games and has not lost at home this season.

"[The teams'] stats and records are something to take note of, but I feel pretty confident in our team," Turner said. "We have a good chance to come back with two wins."

While the contests on the other side of the pass are traditionally tough,

the Lutes need two wins to remain in the hunt for first place in the NWC.

"I'm excited," Johnson said. "It's kind of a challenge to go into an undefeated home court like Whitworth and try to beat them."

"If they took away one option we had another. It enabled us to share the ball and get everyone on the board."

Kelly Turner
wing



Post Meghan Dowling, wing Patricia Buckingham and guard/wing Amy Spieker run through a drill at basketball practice Wednesday afternoon. The Lutes are currently tied for first place in the conference standings with Puget Sound and head to eastern Washington this weekend to face Whitman Friday and Whitworth Saturday.

Linfield steals victory from Lutes

Four Lutes in double digits in 82-74 loss

SEAN MCILRAITH
Mast sports reporter

The PLU men's basketball team traveled south last weekend to take on the Linfield Wildcats for the third time this season.

Both teams competed well, but the Lutes came up short, losing 82-74.

The Lutes now stand at 3-9 in the Northwest Conference and 5-16 overall.

PLU won the previous game on Jan. 7, but the Wildcats came into the game very focused, said associate head coach Steve Dickerson.

Before the game even started, both teams were faced with an unusual set of circumstances.

Neither the Cats nor the Lutes came into the contest with their head coaches.

Coach Harshman did not make the trip because of illness and Linfield coach Larry Doty left the team Friday due to a family emergency.

"It was tough," Dickerson said. "We did not shoot well and we are a pressing team. When you can't shoot, you can't press."

Four Lute players reached double figures, including wing Josh Vanlandingham with 14 points, and guards Josh Dressler with 13 and Lawrence Brooks with 11.

Both teams shot under 50 percent, with PLU at 41 percent and

Linfield at 46 percent.

The Lutes had 11 steals, but rebounding and second chance points put the Wildcats over the top.

This weekend the Lutes will embark on their final road trip of the season.

Tonight the men battle the Whitman Missionaries, who topped the Lutes 88-63, Jan. 13.

Whitman comes in with a 5-7 NWC record and an overall record of 9-11.

"Whitman is very big and have arguably the best point guard in the conference," said Dickerson. "I don't understand why their record isn't better."

As for the Whitworth College Pirates, whom the Lutes will take on tomorrow, they post the third best record in the NWC at 9-3 and 15-6 overall.

PLU shocked the Pirates in Olson Auditorium Jan. 14 with an 81-72 victory.

The Pirates will be looking for revenge and host the Lutes in the Whitworth fieldhouse, one of the toughest venues to play in the NWC.

"Whitworth is playing well right now," guard Drew Cardwell said. "They also have a wild crowd and a tough place to play in."

The Lutes will try to use their "run and gun" offense to sink the Pirates.

In order to do that they will have to limit second chance points for Whitworth and shoot the ball more consistently.

"They may be big and experienced, but we feel good about how we played them last time," senior Scott Lowery said.

"This is the final road trip of the season and we want to finish on a positive note."

* * * ATTENTION STUDENTS * * *

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If it is your wish that PLU NOT disclose "directory information" about you under any circumstance, you must come to the Student Life Office, Hauge Administration Building 105, on or before September 20th to complete the appropriate form and meet with Phyllis Meyerhoff to understand fully the impact of the restriction. This restriction will remain in effect until the 10th day of the fall semester of the next academic year, unless you revoke it in writing.

	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
THIS WEEK IN SPORTS	<ul style="list-style-type: none"> • PLU men's and women's basketball travel to play Whitman. Women's game is at 6 p.m., men's game follows at 8 p.m. 	<ul style="list-style-type: none"> • PLU men's and women's swim teams compete at the Northwest Conference Championships in Federal Way. Meet begins at 10 a.m. and 6 p.m. 	<ul style="list-style-type: none"> • The PLU track and field teams compete at the UW Open # 3 at the Dempsey Indoor Center. First event begins at 9 a.m. 	<ul style="list-style-type: none"> • The Portland Trail Blazers travel to Charlotte to take on the Bobcats. Tip-off is set for 4:30 p.m. (PST). 	<ul style="list-style-type: none"> • The Sonics travel to Milwaukee to take on the Bucks. Tip-off is set for 5 p.m. (PST). 	<ul style="list-style-type: none"> • The Blazers continue their roadtrip in Oklahoma City to take on the New Orleans/Oklahoma City Hornets. Tip-off is set for 5 p.m. (PST). 	<ul style="list-style-type: none"> • Fox Sports Net will broadcast the Husky men's basketball game against the Oregon Ducks from Eugene, Ore. Tip-off is set for 5:30 p.m.

Seahawks still give me reason to smile

Even after losing, Super Bowl remains great Hawk memory



After watching the Super Bowl, I came back to campus in a daze. I felt as if I was back in pee-wee football and my team had just lost to the one that always seemed a little bigger and a little stronger, the one that could really put a pounding on you.

The whole PLU campus seemed down. Everybody I talked to was out of it and aimlessly ambling around, trying to find something to distract them from the biggest game our beloved Hawks have ever played in.

Some of my friends and I ended up wandering around campus for nearly two hours, because we really didn't know what else to do.

I think everybody had planned on having a huge celebration to commemorate the Seahawks' first Super Bowl victory, which never ended up happening.

Despite the disappointing loss, though, I still feel that the Hawks' fans have reason to cheer. It may not seem evident right now, but take into consid-

eration how far this franchise has come. Founded in 1976, the Seahawks franchise seemed doomed from its start. Being tucked way up here in the Northwest — or, as Jimmy Johnson so eloquently put it during a Fox sports pre-game show this year, "dang near up in Alaska" — has made it difficult for anybody else in the country to take notice of this team.

When Seattle went on its winning streak this season, the entire state had the feeling that maybe this was our chance. Finally, after years of frustration, we were going to get the respect and "face time" we deserved.

However, as the season wore on, it seemed more and more that sports analysts found ways to talk about the Hawks' "unfair" advantages: Road games to Qwest Field were too far away, which made opposing teams tired from flying so many hours; our stadium was too loud, which made calling offenses too difficult; we had an easy schedule; and we were the mere benefactors of teams' mental mistakes that led to our victories.

If any of that is true, so what? It is about time we had a few breaks go our way. It is about time we escaped the gloomy shadow of our Seahawk past — because trust me, it is not pretty.

Take into consideration that this team made Dan McGwire, a young quarterback out of San Diego State, the 16th overall pick in the 1991 NFL draft.

Two years later, we did one even better when we made Notre Dame quarterback Rick Mirer (sad to hear that name again) the second, yes the second, overall pick. Adding even more irony to the

sequence of events, we passed on Mirer's teammate, Jerome Bettis, that season.

Sure, we have had some good draft picks, including Hawk legend Cortez Kennedy, Sam Adams, Walter Jones and that Alexander kid. But this is also a team who, up until Hasselbeck, was actually able to throw into question whether or not John Kitna was the team's best quarterback ever.

If you want to think back even further, you can also take into consideration that Kitna replaced a man named John Frieze.

I think we can say we have come pretty far, having a guy like Hasselbeck instead of guys named Kitna, Mirer and Frieze.

Simply looking at the coaches we have had to endure would be enough to make any football fan move to the next nearest city with an NFL team.

We start this list with the year 1992, when the Seahawks hired Tom Flores, former coach of the Raiders. Initially, it was a big boost for the team to get a coach from one of its most hated rivals. Seattle was confident Flores could help take the Hawks into the postseason, after having won two Super Bowls ('80 and '83) with the Raiders.

Sadly, what seemed to be a match made in heaven ended in a bitter divorce as Flores was fired — after his three seasons containing no playoff appearances and an overall record of 14-34.

Next, Seattle took a different approach, hiring University of Miami coach Dennis Erickson. That name still, to this day, makes my hair stand on end.

Here was the coach of the mighty Miami Hurricanes, the same Miami Hurri-

canes who had held a share of the NCAA National Championship with our Washington Huskies in 1991. Even though he was not a proven winner in the NFL, he was still a proven winner somewhere, which is more than many Seahawks could say at that time.

So the Hawks took a chance on coach Erickson, and that chance backfired.

His four seasons in Seattle led the team to three average seasons — seriously! — ending at 8-8. One season ended in a 7-9 record, and in 1998 Erickson was fired.

Erickson eventually headed back to college, where he belonged.

It was the firing of Erickson that led to Mike Holmgren. It was the hiring of Holmgren that led to the drafting of Alexander and the signing of Matt Hasselbeck, the quarterback Holmgren wanted.

It was Holmgren who wanted to become general manager when he was hired by the Hawks, and he who stepped down from GM three years ago, which led to the hiring of current GM Tim Ruskell after Bob Whitsitt's two-year stint.

In turn, it was Ruskell who rid the team of cancers like Anthony Simmons, Chad Brown and Koren Robinson and replaced them with players like Joe Jurevicius, Peter Warrick and drafted guys like Lofa Tatupu.

In a way, I owe a debt of gratitude to Mr. Erickson. If it wasn't for his firing that year, none of this might have happened.

As I look back on Super Bowl weekend and how disappointing it is not to see our Seattle Seahawks holding the Lombardi Trophy, I believe Seattle fans still have a reason to smile.

Scorecard

Women's Basketball

Standings

Team	NWC	%	GB	All	%
UPS	10-2	.833	--	18-3	.857
PLU	10-2	.833	--	17-3	.850
George Fox	7-5	.583	3	16-5	.762
Whitworth	7-5	.583	3	13-7	.650
L & C	7-5	.583	3	11-9	.550
Whitman	7-5	.583	3	11-9	.550
Linfield	5-7	.417	5	11-10	.523
Pacific	1-11	.083	9	6-15	.286
Willamette	0-12	.000	10	5-15	.250

Season stats

Team leaders - Scoring (ppg)
 Kelly Turner - 14.1
 Nikki Johnson - 13.1
 Kezia Long - 11.8

3-Point FG's made

Kelly Turner - 45
 Kyle Haag - 16
 Nikki Johnson - 15

Field Goal attempts

Nikki Johnson - 247
 Kelly Turner - 203
 Kezia Long - 160

FT's percentage (minimum 10 attempts)

Kelly Turner - .907 (68/75)
 Kezia Long - .746 (44/59)
 Nikki Johnson - .700 (35/50)

Upcoming games

2/10 at Whitman, 6 p.m.
 2/11 at Whitworth, 6 p.m.

Men's Basketball

Standings

Team	NWC	%	GB	All	%
UPS	11-1	.917	--	17-3	.850
Willamette	10-2	.833	1	14-6	.700
Whitworth	9-3	.750	2	15-6	.714
George Fox	6-6	.500	5	13-8	.619
L & C	5-7	.417	6	9-11	.450
Whitman	5-7	.417	6	9-11	.450
Linfield	3-9	.250	8	6-15	.286
PLU	3-9	.250	8	4-17	.190
Pacific	2-10	.167	9	8-13	.381

Season stats

Team leaders - Scoring (ppg)
 Drew Cardwell - 14.4
 Josh Dressler - 13.5
 Josh Vanlandingham - 12.5

3-Point FG's made

Josh Dressler - 53
 Andrew Mehalechko - 20
 Bryon Decker - 19

Field Goal attempts

Drew Cardwell - 240
 Josh Dressler - 199
 Josh Vanlandingham - 166

FT's percentage (minimum 5 attempts)

Bryon Decker - .864 (19/22)
 Josh Dressler - .800 (56/70)
 Drew Cardwell - .778 (56/72)

Upcoming games

2/10 at Whitman, 8 p.m.
 2/11 at Whitworth, 8 p.m.

Swimming

Standings

Men	NWC	All
Whitworth	7-0	7-1
UPS	6-1	6-3
Linfield	5-2	5-2
PLU	4-3	5-3
Willamette	3-4	3-4
L & C	2-5	3-5
Whitman	1-6	1-7
Pacific	0-7	0-7

Women

	NWC	All
UPS	7-0	8-2
L & C	6-1	9-1
Whitman	5-2	6-2
Whitworth	4-3	4-4
Linfield	3-4	3-4
PLU	2-5	3-5
Willamette	1-6	1-6
Pacific	0-7	0-10

Swimming at Willamette (Jan. 21)

Women's 400 yard medley relay

2 1-2 Pacific Lutheran University-PN 'A'
 4:18.75 4:46.79

1) Umetsu, Katelyn 2) Coulson, Emma

3) Crawford, Katie 4) Deluca, Jamie

Men's 400 yard medley relay

1 1-1 Pacific Lutheran University-PN 'A'
 3:58.21 4:04.01

1) Pedack, David 2) Fuller, Adam

3) Wilson, Gavin 4) Carlisle, Pat

Swimming vs. Albertson College (Jan. 20)

Women 200 Yard Medley Relay

Pacific Lutheran University A 1:59.53

1) Owen, Ashlynn 2) Kuhn, Kate

3) Brade, Laura 4) Seed, Sara

Men's 200 Yard Medley Relay

Pacific Lutheran University A 1:47.87

1) Pedack, David 2) Sektin, Daniel

3) Wilson, Gavin 4) Stetzler, Andy

Women's Basketball at Linfield PLU 66, Linfield 31

PLU Player Name	FG	FGA	FT	FTA	REB	AST	PF	TP	ATO
30 Johnson, Nikki	7	10	0	0	2	0	1	2	1
41 Long, Kezia	3	7	0	0	4	0	2	1	0
13 Turner, Kelly	3	11	2	4	0	1	2	1	0
21 Buckingham, Patricia	0	0	0	0	1	0	2	0	0
22 Whitman, Trinity	1	3	1	1	0	1	1	0	0
10 Lane, Jessica	1	1	2	2	0	0	0	0	0
11 Splitt, Amy	0	0	0	0	0	0	0	0	0
12 Overton, Emily	0	0	0	0	0	0	0	0	0
20 Stangland, Johanna	0	0	0	0	0	0	0	0	0
22 McHugh, Abby	0	0	0	0	0	0	0	0	0
23 Clavin, Megan	0	0	0	0	0	0	0	0	0
34 Shultz, Anna	0	0	0	0	0	0	0	0	0
44 Richardson, Melissa	0	0	0	0	0	0	0	0	0

Men's Basketball at Linfield Linfield 82, PLU 74

PLU Player Name	FG	FGA	FT	FTA	REB	AST	PF	TP	ATO
25 Vanlandingham, Josh	0	0	0	0	1	2	2	0	0
31 Lawson, Scott	1	0	0	0	2	2	0	0	0
04 Mehalechko, Andrew	2	12	0	0	2	1	1	0	0
11 Carlisle, Pat	1	1	0	0	1	0	0	0	0
20 Overton, Emily	0	0	0	0	0	0	0	0	0
01 Aochim, Brian	0	0	0	0	0	0	0	0	0
10 Brooks, Lawrence	0	0	0	0	0	0	0	0	0
14 Decker, Bryon	0	0	0	0	0	0	0	0	0
32 Spitzer, Matt	0	0	0	0	0	0	0	0	0
44 Myster, Brian	0	0	0	0	0	0	0	0	0
03 Hesketh, Josh	0	0	0	0	0	0	0	0	0
21 Pedack, David	0	0	0	0	0	0	0	0	0
25 Vanlandingham, Josh	0	0	0	0	0	0	0	0	0
33 Smith, Matt	0	0	0	0	0	0	0	0	0
40 Edwards, Norman	0	0	0	0	0	0	0	0	0

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Student reflects on experience at Super Bowl

Junior Tim Kelly reports his Super Bowl XL adventure

TIM KELLY
Mast sports columnist

I never had a real desire to go to Detroit until the end of last season, when I realized, after the disappointing playoff loss to the Rams, that in a little over a year the Seahawks would be playing in Detroit for the Super Bowl.

I have been a Seahawks fan my whole life, thanks to the influence of my father, Brian Kelly.

He bought season tickets the first year of the franchise, 1976, and somehow stuck with the team through the Ken Behring era, when the franchise was complete crap.

The loyalty paid off in a big way. After the Seahawks beat the Panthers and sealed the deal on a trip to the Super Bowl, he had his name drawn in the lottery and two tickets were his for the taking.

Flying into Detroit was not the best option. Prices were ridiculous, so instead we left from Seattle, stopped in Chicago, and reached the plane's final destination of Cleveland, Ohio.

People were already getting psyched for the game, and some Hawks fans were having a rowdy time in the Chicago O'Hare Airport. But there was not much to do in Cleveland when you land at midnight, so we crashed in preparation to head to Detroit the day before the game.

Cleveland is a beautiful city, for the fact that all the locals seemed to be rooting for the Seahawks. After picking up a Jeep (in need of 4-wheel-drive with the expectation of snow), we rolled down the Ohio Turnpike for the three-hour trip to Detroit.

On the turnpike just outside Cleveland, Browns fans had signs saying "Steelers Suck" and "This is Browns County, Go Seahawks!" This was great, considering most cars on the Turnpike had Pennsylvania plates as well as black and gold decor.

Downtown Detroit was crawling with Steelers fans. I would say there were 100 or 200 Steelers to one Seahawks fan. It was ridiculous. The surprising thing was that there was almost no smack talk among the Steelers fans.

There was no way to get anywhere close to the stadium, so we headed down to the Detroit People Mover to take us to Cobo Hall for the NFL Experience.

The People Mover is the worst monorail I have ever seen, because there was no room. We were packed into it like sardines - and most of the people were Steelers fans.

After getting to Cobo for the NFL Experience, we decided it would not be worth the two-hour wait just to get tickets, so we headed off to the GM Renaissance Center to see all the media outlets.

Again, the place was crawling with Steelers fans. After a short while, we took off once more for Toledo to crash for the night.

Sunday morning, we got up early to attend Mass and pray for the team to do well. Mass ended, and we headed back across the state line to Detroit.

The beautiful thing was that the ratio of Steelers to Seahawks fans had shrunk. The main difference was that nearly all the Seahawks fans in Detroit had tickets to the game whereas a ridiculous number of people drove from Pennsylvania to sit in a sports bar near Ford Field.

Security was extremely tight, this being the biggest sporting event ever, but it was not too long until we were in the compound made up of Ford Field and Comerica Field (home of the Detroit Tigers).

After entering the stadium, which has, by far, the best JumboTron (because of its clear picture), we walked around looking at the amenities. It was pretty crazy.

The stadium had booths set up all over the place selling hard alcohol, and that is nothing I had ever seen before at a sporting event. As far as famous people go, the only celebrity I walked by was Master P.

We were luckily seated in the Seahawks fans section, which happened to be in the corner of the Field opposite the main entrance.

At first I could not tell how many Steelers fans there were. After Stevie Wonder performed and Aretha finished belting the anthem, you would have thought you were in Pittsburgh.

There were Steelers fans everywhere. Two sat right behind our seats, and there was a ridiculous number in our section. It was really disappointing, because it showed that many Seahawks fans had sold the tickets to scalpers and not fellow Seahawk fans.

Besides the Seahawk fans selling off their tickets, the NFL must have cut the Steelers a deal. There could not possibly have been that many Steelers fans with access to tickets. Even more disgusting was the fact that they were handing out Terrible Towels to random fans in the crowd.

The game in itself was amazing. It was nothing short of surreal, and the fact that the whole world was watching the Seahawks play is still mind-blowing.

Just as in Seattle, controversial calls were not replayed on the scoreboard.

We didn't get to see any of the commercials, but we did have Freddie Prinze, Jr. trying to be funny while asking trivia. So even though the commercials this year were awful (from what I hear), we at the stadium were suffering more during timeouts.

It was awesome to hear a whole stadium just go quiet after the Seahawks made big plays. After Herndon's interception, Stevens' touchdown and then a three and out, the Steelers' faithful seemed stunned. Until they had some help and regained their energy.

Things were really sad when the game concluded, but the Steelers fans knew the game was given to them. Their smack talk was non-existent.

It sure is going to be nice next year in Miami at the rematch in Super Bowl XLI.



AP photos

Top: Seahawk fans, including Gov. Christine Gregoire, cheer on the Seahawks during Super Bowl XL. Junior Tim Kelly said the Hawks' fans were outnumbered at the game.

Above: Seattle quarterback Matt Hasselbeck gets sacked during the Super Bowl. The Seahawks end up losing the game to the Pittsburgh Steelers 21-10.

Conference meet awaits PLU swimmers

Brada, Laura	Kuhn, Kate	Carlisle, Pat	Pedack, David
# 3 Women 500 Free	# 3 Women 500 Free	# 8 Men 50 Free	# 14 Men 400 IM
# 13 Women 400 IM	# 17 Women 200 Free	# 22 Men 100 Back	# 22 Men 100 Back
# 25 Women 1650 Free	# 25 Women 1650 Free	# 26 Men 1650 Free	# 28 Men 200 Back
# 33 Women 200 Fly	# 31 Women 200 Breast	# 28 Men 200 Back	# 34 Men 200 Fly
Coulson, Emma	Owen, Ashlynn	Fuller, Adam	Seetin, Daniel
# 13 Women 400 IM	# 7 Women 50 Free	# 6 Men 200 IM	# 14 Men 400 IM
# 19 Women 100 Breast	# 15 Women 100 Fly	# 14 Men 400 IM	# 22 Men 100 Back
# 31 Women 200 Breast	# 21 Women 100 Back	# 20 Men 100 Breast	# 28 Men 200 Back
	# 27 Women 200 Back	# 32 Men 200 Breast	# 32 Men 200 Breast
Cremeans, Kassy	Seed, Sara	Hoghaug, Thomas	Stetzler, Andy
# 7 Women 50 Free	# 7 Women 50 Free	# 8 Men 50 Free	# 4 Men 500 Free
# 19 Women 100 Breast	# 15 Women 100 Fly	# 16 Men 100 Fly	# 18 Men 200 Free
# 31 Women 200 Breast	# 17 Women 200 Free	# 26 Men 1650 Free	# 26 Men 1650 Free
	# 29 Women 100 Free	# 34 Men 200 Fly	
Deluca, Jamie	Umetsu, Katelyn	McGuinness, Dan	Wilson, Gavin
# 3 Women 500 Free	# 15 Women 100 Fly	# 4 Men 500 Free	# 14 Men 400 IM
# 21 Women 100 Back	# 21 Women 100 Back	# 16 Men 100 Fly	# 16 Men 100 Fly
# 27 Women 200 Back	# 27 Women 200 Back	# 26 Men 1650 Free	# 26 Men 1650 Free
Johnson, Tara	# 33 Women 200 Fly	# 34 Men 200 Fly	# 34 Men 200 Fly
# 3 Women 500 Free			
# 17 Women 200 Free			
# 25 Women 1650 Free			