First-year makes it to Hollywood on American Idol PAGE 4



Editor urges caution with body modifications

THE MOORINI

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www.plu.edu/mast

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PLU PICKS PRESIDENT

Board of Regents elects Thomas W. Krise



PHOTO BY JACK SORENSEN

Incoming President Thomas W. Krise speaks with a reporter from The Mooring Mast Wednesday afternoon. Krise and his wife, Patty, join Pacific Lutheran University from the University of the Pacific in Stockton, Calif. Krise, a professor of English, currently serves as Dean of the College of the Pacific. Krise first introduced himself to the PLU community at a public forum Feb. 9. Krise will begin his presidency June 1, the day after current President Loren J. Anderson ends his 20-year career with the University. SEE FOCUS PP. 6-7 FOR MORE INFORMATION.

Obama opposes **House bill**

Courtney Donlin NEWS EDITOR donlincl@plu.edu

The Executive Office of the President of the United States issued a statement Monday denouncing The Protecting Academic Freedom in Higher Education Act, which was approved in the House by a bipartisan majority Tuesday. The Protecting Academic Freedom in Higher Education Act, known informally as H.R. 2117,

would repeal two federal regulations involving colleges and universities if passed in the Senate. "Congress should not prevent the Secretary of Education from responsibly administering these programs and ensuring that consumers and taxpayers are protected from fraud, waste and abuse," the Administration's statement read.

According to the Bill Summary, the bill would repeal the Department of Education regulations that define a credit hour on the federal level as well as the regulation for state authorization. Subcommittee on Higher Education and Workforce Training Chairwoman Virginia Foxx (R-NC) introduced the legislation in summer

"As we have seen many times before, onerous federal regulations always come with a price and that price is always paid by taxpayers - in this case, students and parents," Foxx said in a statement Tuesday.

H.R. 2117 will "streamline the federal role in higher education and protect states, schools, and students from excessive and costly regulatory burdens," according to the Committee's website.

For more information on H.R. 2117, visit edforce.house.gov.

Professors, students have 'love-hate relationship' with computers in classroom

Policy on modern technology usage varies from class to class

Nick Neely NEWS REPORTER neelyna@plu.edu

For Pacific Lutheran professors, laptops in the classroom can be



bittersweet.

With e-books and Sakai replacing most print media, more computers find their way into classrooms - if professors allow them. It's a point of contention whether laptops in class help or hinder students in the learning processes.

"I find that the students

who use computers do better than those who don't," Professor of Geosciences Steve Benham said. Benham said he has seen laptop use in his class triple in the past last year.

"They're more engaged in the class because they're actually taking notes," Benham said.

Associate Professor of Social Work JoDee Keller disagrees. "I haven't prohibited

them outright, but I'm not crazy about them because I don't think students are using them to take notes," Keller said. "If I have a whole row of them [students] and they're

typing a lot during a general discussion, I know they're not with us."

Keller only allows computers to be used during certain parts of the class. Other teachers restrict computer use in their classes as well.

SEE PC PAGE 2

A&E pp. 4-5

Students dance their worries away at Swing Club's weekly practices.

NEWS pp. 1-3

Speaker lectures on geopolitics of the Arctic Ocean at Wang Center Symposium "Our Thirsty Planet."

FOCUS pp. 6-7

Pacific Lutheran University's newest president, Thomas W. Krise, says he will 'foster studentcenteredness.'

OPINION pp. 8-9

Columnist encourages peaceful protests to make valid changes on important topics.

SPORTS pp. 10-12

New recruits in men's and women's track and field teams point to promising upcoming season.



SPRING BRINGS SNOW, SLUSH AND SUNSHINE

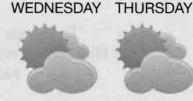














FORECAST COURTESY OF WEATHER.COM

PC CONTINUED FROM PAGE 1

"I have a pretty strict policy about them not being connected to the Internet," Professor of Philosophy Sergia Hay said. While Hay allows students to use computers for takings notes,

she said there is something intrinsically different about taking notes by hand. More time and care are required in note taking. Hay said this enables students to better process information information.

First-year Allie Tuttle agrees. "Writing down things helps you memorize more," Tuttle

Most professors interviewed were concerned about computers' effects on other students.

"I get sidetracked looking at Facebook on other people's computers," first-year Nichele Bunch said.

Professor of Sociology Laura McCloud allows tablets in her lower-level classes, but bans computers. She said she believes tablets are less distracting to students in the vicinity.
"I have a love-hate

relationship with them," McCloud said. "Upper-level classes are more invested in learning the subject and

more often use the computer

correctly."

Chair of Anthropology Laura Klein said she has two professors in her classes: one professor leading the class and one who remains at the back of the room, ensuring students don't abuse computer use in class. However, Klein said she supports

"I think so many people are used to using computers that it's just natural for them to take notes in that fashion, and it's an easier way to do things."

> Laura Klein **Chair of Anthropology**

computer use in class overall. "I think so many people are used to using computers that

it's just natural for them to take notes in that fashion, and it's an easier way to do things," Klein said.

Chair of Environmental Studies William Teska said he noticed one student constantly using the computer inappropriately in one of his smaller classes.

"I continued letting him [the student] use the computer incorrectly and he continued to fail the class," Teska said. "At some point, someone is an adult and you have to let them decide

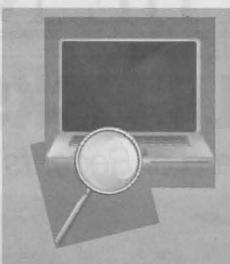
what they want to do." Teska said students have difficulty copying diagrams and pictures from the board onto their laptops. Most students in his class eventually stop using a computer, Teska said.

Assistant Professor of Communication Amy Young has similar protocol for inattentive

students.

"If I feel like you're really off task, and it's becoming a distraction to you and to other people, I will ask for you to email me your notes on the

spot," Amy Young said. After that, Young said, students do not repeat their



Students: Do you use electronics such as tablets, laptops or e-readers in your classes? Visit www.plu. edu/mast and participate in our campus-wide survey. Results from the survey will be published in the March 9 issue of The Mooring Mast.



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THE ARTIST (PG-13)

As a silent movie star wonders if the arrival of talking pictures will cause him to fade into oblivion, he sparks with a young dancer set for a big break.

Fri 1:35, 3:55, 6:15, 8:35

Sat-Sun: 11:20am, 1:35, 3:55, 6:15, 8:35

Mon-Thurs: 1:35, 3:55, 6:15, 8:35

A SEPARATION (PG-13)

A married couple are faced with a difficult decision - to improve the life of their child by moving to another country or to stay in Iran and look after a deteriorating parent who has Alzheimers.

Fri: 2:45, 5:25, 8:05

Sat-Sun: 12:05, 2:45, 5:25, 8:05

Mon-Thurs: 2:45, 5:25, 8:05

THE DESCENDANTS (R)

A land baron (George Clooney) tries to re-connect with his two daughters after his wife suffers a boating accident.

Fri: 1:50, 4:20, 6:55, 9:20

Sat-Sun: 11:20am, 1:50, 4:20, 6:55, 9:20

Mon-Thurs: 1:50, 4:20, 6:55, 9:20

THE IRON LADY (PG-13)

A look at the life of Margaret Thatcher (Meryl Streep), the former Prime Minister of the United Kingdom, with a focus on the price she paid for power.

Fri: 2:05, 7:10, 9:25 Tues: 9:25

Wed: 7:10, 9:25

Sat-Sun: 11:45am, 2:05, 7:10, 9:25 Mon: 2:05, 7:10, 9:25

Thurs: 2:05, 7:10, 9:25

In the bleak days of the Cold War, espionage veteran George Smiley is forced from semi-retirement to uncover a Soviet agent within MI6. Fri-Thurs: 4:30

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Arctic Ocean contains unexpected resources

Guest lecturer explains interdependent geopolitical features

Mel Natwick A&E EDITOR natwicmk@plu.edu

One of the coldest places on Earth has become an interdependent region filled with industrialized and militarized resources.

The Wang Center Symposium "Our Thirsty Planet" continued Feb. 24 with Norwegian Academy of Polar Research Vice President Willy Østreng. Østreng spoke about the Arctic Ocean and its geopolitics of economy, climate change and military security at the University

Center at Pacific Lutheran

University.

Østreng has published more than 250 scientific works on polar affairs and international security, ocean resource management, polar and ocean policy and the preconditions of interdisciplinary research, according to the PLU website.

About 50 people attended the lecture.

Østreng talked about five interdependent geopolitical features of the Arctic: the location, global warming and dwindling sea ice regime, the assumed abundance of industrial resources,

technological development and the configuration and distribution of the polar seabed.

He described the Arctic Ocean as a "highly militarized region" because of the short distances between North America, Asia and Europe.

First-year Joel Teats attended the lecture and said could not believe the amount of resources Østreng said were available in the Arctic Ocean.

"It's interesting that the Arctic Ocean is more of a military area than an industrial area," Teats said.

Østreng also talked about Arctic transportation routes

and how they decrease travel time. One of those passages is the Northwest passage, which runs along the northern coast of North America and runs through the Canadian Arctic Archipelago connecting to the Pacific and Atlantic Oceans.

This part of the presentation grabbed junior Nick Kaylor's attention.

"It's amazing how much time you can save by going through the Arctic compared to the Suez and Panama Canals," he said.

Teats and Kaylor described Østreng's presentation as "interesting" and

Wang Symposium offers 'Water for Thought'









TOP: Seniors Alyssa Henry (left) and Stena Troyer (right) write down the most interesting things they learned from the Water Symposium at 208 Garfield. "I just learned all the different ways that people in developed nations waste water, and how people in developing nations would do anything to have it and we're flushing it down our toilets," Henry said. Photo by Ben Quinn. **BOTTOM LEFT:** PLU President Loren Anderson speaks briefly at the beginning of the keynote event Feb. 23. Photo by Igor Strupinsky. **CENTER RIGHT:** Members of the PLU community sit in on the first event of this year's Wang Symposium. Photo by Igor Strupinskiy. **BOTTOM RIGHT:** Senior Stena Troyer, current sustainability director, talks to attendees about the environmental impact of reusable bags. Photo by Igor Strupinskiy.

Courtney Donlin NEWS EDITOR donlincl@plu.edu

Ohio high school shooting kills three students

A high school shooting in Chardon, Ohio, left three students dead Monday, according to a CNN report. Geauga County Prosecutor David Joyce said 17-year-old junior T.J. Lane confessed to the shooting and will likely be tried as an adult.

Five students were shot, three with fatal injuries. Daniel Parmetor, 16, died Monday. Demtrius Hewlin, 16, died Tuesday. Russel King Jr., 17, was declared brain dead Tuesday. One student remains hospitalized in stable condition and the fifth student was released from the hospital, according to the CNN report.

Romney leads two primary polls

Mitt Romney won the Michigan primary, and beat out Rick Santorum in Arizona Tuesday night. According to a report by CNN, Santorum's campaign team released a robo-call, an automated phone call, urging Democrats to cross over and vote for Santorum in the Michigan

"Earlier in the day, Romney labeled the robo-call a 'dirty trick' and suggested a Santorum victory might be tainted it Democrats put him over the top," the CNN report

News Reporter Caitlin Elrod contributed to the national briefs.

Courtney Donlin **NEWS EDITOR** donlincl@plu.edu

Quran burning leads to American deaths

Improper disposal of holy Muslim texts, including the Quran, sparked riots in Afghanistan Feb. 20, leaving more than 20 dead and hundreds wounded, The Associated Press reported.

Violence among protestors escalated to shooting Saturday, grenade explosions Sunday and a suicide bombing Monday, according to reports by NPR.

Muslim texts were thrown into a burn pit at a U.S. military base in Northern Afghanistan, sparking the riots. After discovering the books in the trash, "laborers quickly worked to recover them," NPR reported.

U.S. General John Allen and President Barack Obama have issued multiple apologies.

"This was not intentional in any way," Allen said in his apology.

More than 2,000 Afghan citizens were involved in the protests, NPR reported.

First-year auditions for merican Idol

and sings her way to Hollywood

Alex Domine A&E REPORTER domineac@plu.edu

American Idol got a taste of Lute talent in 2011

First-year Sascha Iulian made it through the open auditions and went on to the Hollywood round of the phenomenon pop competition, nearly making it into the top

"I didn't think I would make it," Julian said. "I thought I'd crack or mess up. I

was actually really anxious." Julian has already found success in the PLU music department. She is a firstyear in PLU's premier choral group Choir of the West and the recipient of a music scholarship.

Julian said her fondest memory at American Idol was the intensity of sitting in a room full of other young

hopefuls.
"I never thought I'd be in a place with that many talented singers ever again," Julian

said.

Julian discussed the experience at the audition in front of industry legends Jennifer Lopez, Steven Tyler and Randy Jackson.

She sang "Chasing Pavements" from Adele's debut album 19. Julian recalled singing the song perfectly until the final moment of the song when her voice cracked.

"I was kind of ready for my ego to be knocked down a couple notches," Julian said.

Despite the musical mishap, Lopez admitted she had goose bumps. Tyler stated Julian was going to be a star and Jackson raved about the "magic" in her voice.

Julian received the coveted

'golden ticket" and proceeded to the next round in Hollywood,

Calif. "Honestly, I was expecting criticism," said Julian. "That whole moment was so surreal. I didn't know how to react. I

can't believe these people told me something like that."

Julian is not new to critique from musical professionals. Choir of the West Director Richard Nance first saw Julian while scouting local high schools for talent. Nance said Julian was a spot-on musician.

"She has the musical skills to be in the Choir of the West as a first-year," Nance said.

Nance discussed Julian's impressive vocals. He sees her growing in her musicianship

in the next few years and anticipates success in her future.

"I'm anxious to hear her sing more," said Nance. "I am so happy to have her at PLU, and I'm excited for her career."

First-year transfer student Chris Glessman, Julian's boyfriend, offered emotional

support.
"I felt pretty cool rooting for my girlfriend on television," Glessman said. "I'm so proud of her."

Julian discussed her plans regarding her singing career and future American Idol participation. She is now prepared for the intensity of Hollywood culture

"You have to really want

from Idol, Julian remains steadfast in her career aspirations to be a professional musician.

"The experience was really inspirational and motivational," said Julian. "It made me want to pursue

music more than

ever before." Her supporters, both peers and professionals, remain just as committed to her success as she is.

"Wherever her career goes and takes her [Julian], I know she's going to remain

the humble and beautiful person she is," Nance said.

Julian is fully prepared to re-audition for American Idol next season. She talked about what she has learned and what motivates her to keep striving for success in the business.

"Now I know what to expect. I want to wipe them all out," Julian said. "Watch out because next year, I'm going for it."



SCREENSHOT AMERICANIDOL.COM

First-year Sascha Julian appeared on American Idol for Hollywood week in Hollywood, Calif. She was eliminated before the Top 24, but plans to re-audition

"The experience was really inspirational and motivational."

Sascha Julian first-year

it," Julian said. "They test

know your goals."

your limits so you have to

She talked about how

important during the process

due to the amount of energy

it takes to make it from one

She said the process

rest and quality sleep are

consisted of sitting in a room for hours, waiting for instruction and not knowing

round to the next.

what the next step was. Despite her elimination

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Prof's frog art hops into competition

Students, faculty enter to win genuine PLU ceramics

Alison Haywood A&E REPORTER haywooaj@plu.edu

One Pacific Lutheran art professor came up with a new way to get students to appreciate his work: turning it into a contest.

Visiting Instructor of Art and Design Steven Sobeck has spent the last three years making more than 50 ceramic pots, each of which is decorated with one to five

The pots will be displayed in the University Gallery Annex March 6 through April 9. Students and staff will have the opportunity to guess the total number of frogs in the display case. A winner will be drawn from the names of guessers who get it right.

The prize? One of the pots themselves, valued at around

"It [the contest] will force students to look closer at the details, to be more involved in it," Sobeck said. "That's the essence of what I want from the show."

Sobeck
graduated
from PLU
in 1972 with
a bachelor's
degree in
art. He said he
always knew he
was going to be a maker of
things and describes clay as "a

good friend of mine."

After teaching at Tacoma

Community College for 12 years, he returned to PLU in 2000 to teach ceramics.

"He is a very loved professor," Outreach Coordinator for the School of Arts and Communication Mandy Brady said. "I think he is able to connect with students well."

Brady is helping promote the event inside and outside the PLU community.

Sobeck started making frogs at the request of his granddaughter and has been doing it for about three years.

"I said [to my granddaughter], 'Papa don't make frogs, he's a sophisticated artist. I don't do dumb stuff like this,"' Sobeck said. "Worst came to worst and I just couldn't stop." While at TCC, Sobeck

While at TCC, Sobeck worked in colleague Carlton Ball's department. Sobeck said Ball taught him the importance

of generosity "He [Ball] told me, 'I only get to keep what I give away ... When you give something to someone, you end up keeping it in your heart," Sobeck said. "Well, I took that to heart, and I started giving things away." Sobeck said this was the

inspiration behind Unknown Craftsmen, a 2010 project in which he gave away unsigned handmade bowls to students



PHOTO BY IGOR STRUPINSK

Ceramics Professor Steve Sobeck holds one of his frog pots. Sobeck made the pots within the last three years, and they will be on display in the University Center March 6 – April 9. "I want to push clay and porcelain as far as I can," said Sobeck.

studying away. These students were asked to give away these pieces or leave them somewhere on their travels, according to South Sound magazine.

Public relations major sophomore Kiera Carpenter is advertising the event as an independent study course.

She said Sobeck's passion for art made this event possible.

"He did all these pots on his own and he just wants to share with the student body," Carpenter said. Brady said one of her favorite things about the contest is the way it involves

"Usually art is very oneway. I mean, that's really not art's intent," Brady said. "Its intent is to capture people in conversation, and I think just a simple process of looking intently at all these pieces and counting the frogs will get people to ... really look and see what the piece is all about."

Sobeck's work will be featured in *Centered on the Northwest*, an invitational

show featuring Northwest clay artists at the Clay Art Center in Tacoma March 26 through April 5.

> To read more on the South Sound magazine article or about the Clay Art Center, go to:

www.plu.edu/soac/ www.clayartcenter.net

Just dance: Swing Club members meet to express love of swing dance



Kelsey Hilmes GUEST WRITER hilmeskl@plu.edu

Pacific Lutheran's
Swing Club brings the
Jitterbug and Blues out of
students.
Swing Club strives

to provide a casual environment for learning swing and to promote a love of dancing, several club members

said.

Roughly
15 members
meet
regularly
Monday nights at 9:15
p.m. in The Cave to
practice their moves.

"For some people, dancing is outside of their comfort zone because of the social interaction or because they think they can't dance," Swing Club member senior Jen Jepsen said, "but everyone can dance."

At a typical meeting, Swing Club members take turns teaching a new move, building on skills learned in prior lessons. hosts monthly dances in The Cave. These dances fall either on the first or last Monday of every month and last about two hours. The dances focus on whatever style of swing the club members request.

Dance themes have

included such titles as "black and white and blues all over."

Jepsen and senior Jayde Huggard were hesitant to join Swing Club as firstyears.

"I walked in not knowing a thing," Jepsen said.

Huggard has taken more than nine dance classes at PLU.

"A friend forced me to come to the meeting, and turns out I really liked it and I kept coming," Huggard said.

Swing Club member senior Linnea Anderson said that they are planning to tackle Lindy Hop style and Blues style soon. Lindy Hop is also known as the Jitterbug, according to dancing.org.

"The blues is like a sexy swing," Anderson said. "It's slower and you feel the music more."

Anderson said the relationship between musicality and the Blues is "adding small gestures."

There's a consensus that new members can come to a meeting and pick up a basic swing by the end of the night.

"There are no wrong moves, just new moves," Jepsen said. "Dance gets inside you and you can't stop once you start. It just becomes a passion."

"There are no wrong moves, just new moves."

> Jen Jepsen senior

Lessons are kept to around 30 minutes depending on the difficulty of the move. Dancers are then given time to practice on their

The Swing Club also

-THOMAS V

LOREN J. ANDERSON -1992-2012

> WILLIAM O. RIEKE -1975-1992

RICHARD JUNGKUNTZ — 1974-1975

> EUGENE WIEGMAN — 1970-1974

ROBERT A.L. MORTVEDT - 1962-1970

SETH C. EASTVOLD -1943-1962

OSCAR TINGELSTAD -1928-1943

OLA ORDAL -

J.U. XAVIER -1920-1921

NILS JOSEPH HONG -1898-1918

REV. BJUG HARSTAD -1897

REV. OLE GRÖNSBERG -1895-1897

REV. BJUG HARSTAD -1894-1895







TOP LEFT: Incoming Pacific Lutheran President Thomas W. Krise broke the mold during the presidential finalist open forums, leaving the podium to walk to campus Feb. 9 to meet students and staff and answer community questions. **TOP RIGHT:** Incoming PLU President Thomas W. Krise takes a question from take to protect students in minority groups, including disabled students, students of color and gay and lesbian students. During the forum, Krise remarked an audience of approximately 120, incoming President Thomas W. Krise delivers an address at his Feb. 9 forum with PLU students, faculty and staff supposition a personal question-and-answer session with the audience.

I.KRISE

2012-

Pacific Lutheran University selects President Loren Anderson's successor



PHOTOS BY JACK SORENSEN

floor of Chris Knutzen Hall and converse with students, faculty and staff. Krise visited junior Brandyn Ruesken. Ruesken asked the then-candidate what measures he would it PLU "will not be successful" without seeking and protecting diversity. ABOVE: Before ng his candidacy. After a brief speech, Krise descended from the podium and engaged

Jack Sorensen FOCUS EDITOR sorensic@plu.edu

Pacific Lutheran University has a new face, a new future and a new family.

The doors of the Regency Room opened at 4:30 p.m. today after a high-profile meeting amongst the Board of Regents, the Presidential Search Committee and the council of vice presidents. The Mooring Mast quickly received word: Pacific Lutheran University had chosen a new president.

Incoming President Thomas W. Krise and his wife, Patty, join PLU from the University of the Pacific in Stockton, Calif., where Krise currently serves as a professor of English and dean of the College of the Pacific.

"We're just delighted to be a part of this great family," Krise said. PLU's new first family returned to campus today after two weeks of anticipation while the PLU Presidential Search Committee deliberated on the three finalists. Krise last visited the university Feb. 9 for a public forum with students,

Krise's performance at the public forum distinguished him from the other two candidates — he left the podium and walked around the floor in front of the audience, taking questions and conversing with students, faculty and staff.

After initial tentativeness during the audience questions segment, Director of Multicultural Recruitment Melannie Cunningham questioned then-candidate Krise of his opinions on the value of diversity.

ed traditional PLU views in his Krise echoe answer, saying he recognized the importance of "bringing all the voices to the table" in order to improve the university. Without diversity, PLU "will not be successful," Krise said.

The Mooring Mast was present at all three presidential finalist forums, but arranged a contract with the Presidential Search Committee agreeing to not publish identifying information out of respect for candidates' privacy until a decision was reached. In exchange, The Mooring Mast was guaranteed preferred coverage for the hiring process.

Krise comes to PLU after serving as a professor and academic administrator at several institutions. His former positions and accolades include chair of the department of English at the University of Central Florida in Orlando, a board member of the World Affairs Council in Sacramento, Calif., and 20 years active duty in the U.S. Air Force, retiring as a lieutenant colonel.

He received his Bachelor of Science in history from the Air Force Academy, a Master of Science in administration from Central Michigan University, a Master of Arts in English from the University of Minnesota, and a doctorate in English language and literature from the University of Chicago, according to a brief biography released during the February forums.

Krise's military experience was reflected in the Feb. 9 forum when he told audiences he would like to see a greater relationship between PLU and nearby Joint Base Lewis-McChord, though he did not specify changes or developments he hoped to bring to fruition.

Krise said February's forum was the final selling point for PLU and confirmed his desires to become a part of the university.

"The process of the search revealed so much of the campus and the campus community," Krise said. "People turned out in really substantial numbers and they were very much engaged in a way that I haven't experienced elsewhere. That says a lot about a campus, that they're so interested in the result."

Approximately 120 students, faculty and staff

attended Krise's forum on Feb. 9.

Krise's impression of the university, which he described as a feeling of "fitting in," was echoed by members of the Presidential Search Committee Wednesday. When the committee's decision was passed to the Board of Regents for a vote, it appeared the board felt the same way

"I'm delighted," Chair of the PLU Board of Regents Bruce Bjerke said of Krise's appointment. "We ultimately concluded unanimously that Tom Krise has the skills, the background and the attributes that we were looking for to take the university forward."

Bjerke said the board agreed Krise was the ideal candidate to follow outgoing President Loren Anderson's long leadership of the university, becoming the 13th PLU president. He said he was so confident with the pending choice he invited the Krise family to campus for the final decision.

During his yet-to-be-seen presidency at PLU, Krise said he wants to ensure students of his intentions to maintain PLU's mission as a "student-centered" university.

"I am student-centered and we will continue

that," Krise said.
"We will foster the student-centeredness, the people-centeredness as I like to say, because that's really all we are," he added.

Krise will begin his tenure as PLU president June 1, the day after current President Anderson ends his 20-year career at the university.

For an exclusive Mast video interview with incoming President Krise, head online to http://www. youtube.com/wat chiv=qQXJ0v9G xnl&feature=play er_embedded or use your smartphone to scan the barcode to the right:



Use protest to produce change

Paula McFadden OPINION COLUMNIST mcfaddpc@plu.edu



People protest when they perceive a lack of control, whether for themselves or others.

The problem is there are many issues not debated because the situation is not common knowledge to the public.

The obesity epidemic is visible to the average American, but the causes of the epidemic are hidden behind FDA regulations and ingredients that make food cheap to manufacture.

Health regulations are an issue worth protesting.

Food affects our lifespan, our mental health and our overall quality of life. Unhealthy food may be cheaper initially, but the medical bills that come from an unhealthy lifestyle cost more in the long run.

Physical education programs in schools are being cut due to lack of funding, even though children are supposed to get an hour of physical activity a day in order to maintain healthy growth.

A study conducted in December 2002 at the University of Sussex found that the act of protest can be a healthy way to feel more connected within a society.

Peaceful protest allows groups not in control of the government or media to have their voices heard. Take the protests against the Stop Online Piracy Act and Protect IP Act for example: Online communities, including Wikipedia, went dark to petition against the threat of online censorship.

Congress reacted to the protest by postponing the legislation in order to have further discussion on how to handle piracy without disrupting freedom of speech.

However, a protest loses its effectiveness when the participants become violent or turn away from the original message in order to inflict harm

There was a march of about 250,000 people in London last year in disapproval of budget cuts that Parliament had recently passed.

The actual event happened without incident, but a small group broke away from the protest and attacked police vehicles, banks and other buildings.

Police arrested 201 demonstrators for using fireworks, damaging property and breaking windows.

Instead of garnering discussion to find an alternative solution to the budget crisis, the violent protesters disrupted the message of the larger protest. The media covered the damages to the city and how the police were going to handle the threat of more violence.

Protest can ultimately be a means to produce change.

Consider what you have control over and use your voice to make a difference, whether it affects you or not.

Paula McFadden is a junior at Pacific Lutheran University pursuing a degree in English with an emphasis in writing and minors in communication and publishing and printing arts. She lives on-campus but calls Lakewood, Wash. home.

Wandering sole: big world, small budget

Skip gift shops, snow globes

Columnist advises attaining unique souvenirs

Jen Jepsen GUEST TRAVEL COLUMNIST jepsenjk@plu.edu



Imagine a shop stuffed to bursting with the cliché, useless and generally mundane:

snow globes, postcards, collectors spoons, key chains, T-shirts and other knickknacks. Sounds like something you'd travel thousands of miles to go see, right? Right. That's totally why I travelled to China, to check out the gift shops.

check out the gift shops.

Travel is for the
experience: for stepping
out of our comfort zones,
feeling alive in the moment
and taking part in another
culture.

So why do we feel the need to buy knickknacks to remember our travel experiences? If a tacky plastic snow globe with a kangaroo represents your time in Australia, you probably should have gone out a bit more.

As budget travelers, our time and money are vital. Yet we waste them at gift shops that are identical across the globe.

Next time you're on the road, consider forgoing the souvenir shops and letting the trip tell its own story through the mementos you come across along the way.

Alternative souvenirs are surprisingly easy to find and will mean much more as time goes by. They're generally also more fun to share once you come home.

A good first step in souvenir hunting is to research what the area you're

Your souvenirs should tell a story. Otherwise, it isn't worth the suitcase or shelf space.

going to is famous for.

Not only will this give you insight to the place you're visiting, it'll also let you use your time more effectively because you can get a taste of local culture and buy more representative keepsakes simultaneously.

simultaneously.

Heading to Venice? Check
out the carnival masks.
Visiting Maine? Bring home
fresh blueberry jam.

Let your souvenirs represent what you've done

as well as where you've been.

The little things you pick up along the way can have just as much or more meaning than things you go out of the way for.

City and hiking maps with notes you've written, sand from beaches, ticket stubs, quirky freebies, funny advertisements and that T-shirt you ruined while attempting to climb a mountain are all good souvenirs.

My personal favorite is a pockmarked glass. Coke bottle with Arabic script that I picked up at a street bazaar in Morocco. Cost: roughly 50 cents.

Your souvenirs should tell a story. Otherwise, it isn't worth the suitcase or shelf space. Enjoy your travelling time doing the things you came for. Don't waste it in gift shops.

gift shops.
You'll thank yourself years later when you look back and have more to remember your trip by than just key chains and snow globes.

Jen Jepsen is a senior English major at Pacific Lutheran University officially diagnosed with a bad case of wanderlust. Aside from travel and photography, her pastimes include dancing, hiking, Bananagrams and being vegetarian.



corrections

1. On the front page silhouette, former university president Rev. Bjug Harstad served from 1894-1895 and Rev. Ole Gronsberg served from 1895-1897.

2. In the page 3 article "Tobacco-free forums see 'surprising' turnout," the three forums did not take place exclusively in January.3. In the page 14 article "Lutes win big, fall short of playoffs," the name of Cameron Schilling was

The Mooring Mast

The Mooring Mast adheres to the Society of Professional Journalists' code of ethics, which includes the guidelines to "seek truth and report it," "minimize harm," "act independently" and "be accountable." The Mooring Mast also has taken the TAO of Journalism pledge, which promises our readers we will be transparent about who we are, accountable for our mistakes and open to other points of view.

The views expressed in the editorials, columns and advertisements do not necessarily represent those of the PLU administration, faculty, students or The Mooring Mast staff.

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Letters without a name, phone number and class standing or title for verification will be discarded. Letters should be no longer than 500 words in length and typed.

The Mooring Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors.

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Editor advises consideration of tattoo placement, price and portfolio

Courtney Donlin NEWS EDITOR donlincl@plu.edu

My name is Courtney Donlin, and I'm an inkaholic.

Well, okay, maybe I'm not addicted to ink, but I am absolutely in love with body modifications.

I have six piercings and more than 20 hours worth of tattoos. Honestly, that's not much, but I adore all of my modifications.

And I'm not the only one. According to a 2011 study by the Pew Research Center, 36 percent of Generation X adults ages 18-35 have at least one tattoo.

With growing popularity comes an increased need for good decision making.

Tattoos and piercings and skulls tend to are more prevalent than ever and that means those opting for mods need to be aware of what I call the three Ps: Placement, Price and Portfolio.

Placement of each piece is crucial. With our economy in its current dismal position, the job market is competitive.

Even though tattoos are relatively commonplace, it is unlikely the Human Enigma is going to get a full-time job in a professional environment any time

Don't know who the Human Enigma is? Google him and you'll see what I mean right

Tattoos covering knuckles, necks

steer away from "professional" and more toward "potential serial killer." I'd stay away from them.

Personally, all my tattoos can be covered can be very expensive products.

However, if you hang around a reputable artist long enough, you'll inevitably hear this phrase being chanted

If you hang around a reputable artist long enough, you'll inevitably hear this phrase being chanted like a mantra:

"Good tattoos ain't cheap and cheap tattoos ain't good."

by shorts and a T-shirt, which makes looking professional when necessary very easy.

Price is an important factor for any product, and body modifications like a mantra: "Good tattoos ain't cheap and cheap tattoos ain't

I'm inclined to agree. I know students are on tight budgets, but

tattoos and piercings are definitely not something to scrimp

There aren't many cheap shops that employ amazing artists, and that's what should

be the big sell. An artist's or piercer's portfolio is probably the most important thing

to consider before paying for any modification. Consider the seriousness of body

modifications: the client is paying to permanently change his or her body. It's not like a bad haircut.

Sometimes a bad tattoo or piercing can be irreparable. Getting pierced by someone who has little to no experience can result

in infection and even nerve damage.

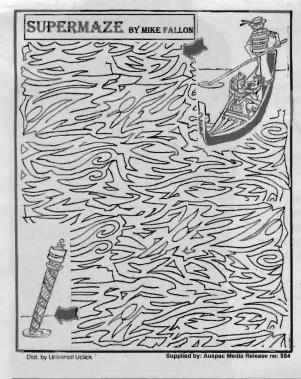
Bad tattoos can be impossible to fix. I've seen tattoos result in scar tissue and, in one astonishing situation, a spelling mistake inked onto someone's arm.

Always check out an artist's portfolio to find his or her strengths before paying them to tattoo you.

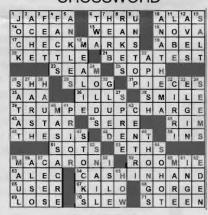
Yes, tattoos hurt, but getting laser surgery to remove them is much more expensive and painful.

Be careful with modifications. What seems hip now could result in something horrendous later.

Always remember: you get what you pay for, and you shouldn't pay for anything less than exactly what you want.



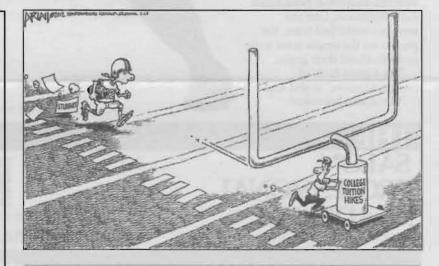
ANSWERS TO CROSSWORD



ANSWER TO FEB. 24

Name that SONG "Save the Population"

Red Hot Chili Peppers



Submit photos to biggsec@plu.edu for the opportunity to be featured in an upcoming Caption Contest.

Photos will be judged for creativity and humor and must be tasteful. Please include your full name and class standing.

Your classified ad could appear here in the March 9 issue of The Mooring Mast.

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Affordable 2 bedroom rental within biking distance of PLU. Has living room, bath, kitchen/dining/ sunroom, washer and dryer. Owner

lives downstairs, in a completely separate unit. Quiet friendly neighborhood. \$950.00/month and that includes all utilities - electric, water, sewer, garbage, basic cable, wifi. 253-353-9241

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The Mooring Mast is looking for cartoonists, photographers, and reporters for News and Focus. Applications are available online at PLU's student employment website.

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Single, attractive male wanted for this sexy sophomore chick! Hit me up ASAP, I'm one lonely lady.... Must love hot ham water and man-eggs and frozen bananas... with club sauce. Must not be turned off by my families history of 'light treason.' I like my men blue, motherboys, staircars, and someday with to go to wee Britain. Come on, take me with you! (253) 535-7489

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2 AKC Registered Tea Cup Yorkies Puppies male and female free to a new good home, They have current shorts and play along with children and other animals. Contact peterbrown25@rocketmail.com for more information.

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Tennis teams: New men's coach begins season, women practice new strategies

Elyse Glahn **GUEST REPORTER** glahnse@plu.edu

The Women

The Lutes' women's tennis team could not defend their new home courts at Sprinker Recreation Center, losing to Whitworth and Whitman last weekend.

The women's record last year was 2-15 overall and 0-12 in conference. They have not had a winning season since their 13-7 record in 2007.

Head coach Lorrie Wood said this year's team is young, but the team has improved during the last two years.

Of the six varsity players, four are first-years.

"This year, we're starting with a blank slate," Wood said. "The girls are working really hard. We're going in as underdogs, but that's not a bad place to be."

The 2012 season marks Wood's fifth year as PLU's women's tennis coach.

Wood has adopted coaching tactics similar to those of women's basketball head coach Kelly Robinson. Like the women's basketball team, the players on the tennis team write journals about their goals.

"It's a good form of communication," Wood said. Wood also borrowed

some coaching tactics from former football head coach Frosty Westering.

"This year I'm implementing thought training," Wood said. "Frosty Westering did a lot of that."

Each player has a folder holding encouraging ideas. One example is a list that starts with the phrase, "I play tennis because..."

The new strategies seem to be

"I'm feeling pretty good this year, more confident," sophomore Sophia Ro said. "I'm more comfortable at a collegiate level, where the players are more passionate about tennis.'

The Men

The Lutes' men's tennis team kicked off its season with a win against The College of Idaho Coyotes Feb. 17 at Sprinker Recreation Center. It was the Lutes' first official home match at this

The Lutes lost to Whitman and Whitworth last weekend, scoring only one point against each.

Doubles partners sophomore Neal Berg and first-year Spencer Herron triumphed over Whitman Friday. The

next day, captain junior Taylor Dickey earned a win against Whitworth. "We are just focusing on getting better every day," head coach Rocky Poulin said.

"We understand that we get back what we put into it. We have a lot of work to do, but it's always a good way to start the season."

Last year, the Lutes' record was 6-12 overall and 4-8 in conference, following a winning 2010 season with a record of

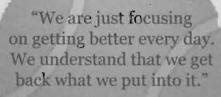
Coach Poulin passed on encouraging words, keeping his while reminding the athletes to

Lute tennis program. He was a three-time all-conference honors player for PLU from 1992 to 1995, when the team won four consecutive conference championships

and alum Clayton Harris also assist the Lutes this year.

"I feel like I have surrounded myself with amazing coaches that have so much to offer to these young men," Poulin said. "We all have the same roots and philosophical beliefs when it comes

Annie Norling and Samantha Shockley contributed to this article.



Rocky Poulin men's tennis head coach

Current records:

Women: 0 - 4

Men: 1 - 2

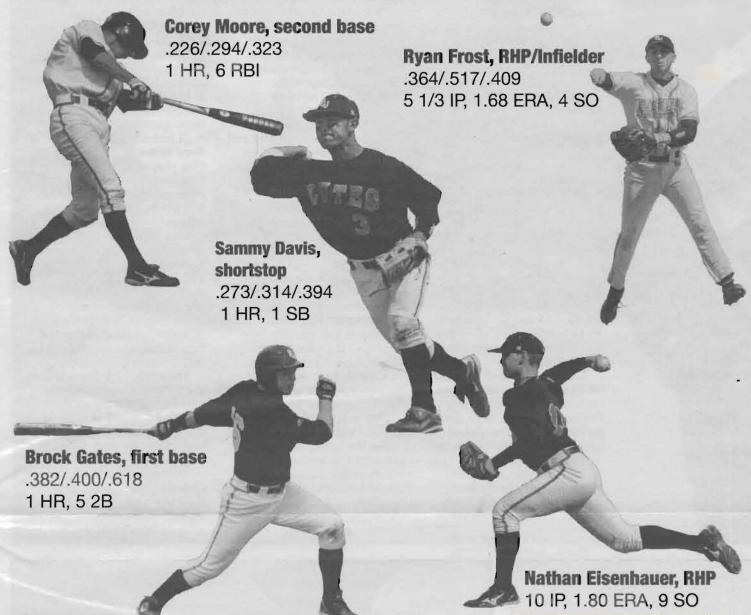




GET INSPIRED BE PART OF IT.

Lutes load bases

Baseball boasts powerful bats, could contend for NWC title



Justin Buchanan SPORTS EDITOR buchanjj@plu.edu

The Pacific Lutheran baseball team is set to bounce back this spring after last year's disappointing campaign.

Last spring, the Lutes failed to make the post season, tying for fifth in the Northwest Conference with an overall record of 19-20. It was the Lutes' first losing season since 2003.

Before the 2012 season started, the team lost ace right-handed starting pitcher junior Max Beatty, who is taking the semester off for medical reasons.

"So right off the bat, it's kind of like, 'Okay, what's going to happen here?" first baseman senior Brock Gates said.

After a successful showing in the Arizona Desert Classic, where the Lutes took three of four games, the team is more optimistic.

"We knew our offense was going to be okay, but our pitching was going to be really, really young, so that was kind of a test down in Arizona, and our pitching did really well, I thought," second baseman senior Corey Moore said. "So knowing that we're going to have pretty good pitching without Max, our

expectations should be pretty high now."

Beatty was rated by Baseball America as the number one Division III prospect after he anchored the Lutes' rotation last year pitching 81 2/3 innings, earning a team-leading 3.75 ERA while striking out 60 batters.

The Lutes will be looking for pitcher senior Nathan Eisenhauer to lead a rotation of young pitchers into the season. Eisenhauer will need to improve on last

"...our expectations should be pretty high now."

Corey Moore second baseman, senior

season's 7.20 ERA.

"We have a pretty young pitching staff, we're a lot of freshman and sophomores," head coach Geoff Loomis said. "We have one senior, Nathan Eisenhauer, who had a great start down in Arizona."

"Other starting pitchers to watch this season are firstyears right-handed Chris Bishop and left-handed Trevor Lubking.

The Lutes will rely on high offensive output from Gates, Moore and shortstop senior Sammy Davis, who have each hit one home run early this season.

Last season, Gates posted an offensive slash line of .311/.402/.468 in 154 ABs. Gates also led the team last season in home runs with four.

Moore ended the 2011 season batting .306/.379/.389 in 157 ABs.

Davis was unable to play Willame last season due to an injury a.m. and that sidelined him. However, he ended

2010 batting .337/.442/.442. in 172 ABs.

Behind the plate, expect seniors Zack Halverson and Ethan Ottemiller to split a majority of the catching. Also expect sophomore Bo Pearson to catch a few innings.

Out of the bullpen, the Lutes will likely deploy pitchers junior Nathan Shoup, senior Ryan Frost and firstFILE PHOTOS BY HEATHER PERRY

years AJ Konopaski and Jacob Otness.

Frost pitched 35 1/3 innings with the Lutes striking out 25 batters on his way to earning a 4.08 ERA. Frost will also play an infield utility role.

If the pitching can come together and the bats stay hot, the Lutes could challenge for the NWC title

challenge for the NWC title.
The Lutes' current record stands at 5-4 and third place in the NWC.

The Lutes play at Willamette March 3 at 11 a.m. and 2 p.m. and March 4 at noon.

Current hitting leaders

(Minimum 10 At Bats) OBP Player BA E. Ottemiller .583 .600 .750 R. Frost .438 .591 .500 B. Gates .382 .400 .618 B. Pearson 375 .500 .438 J. Iwakami .333 .375 .467 D. Courcy .294 .455 .412 M. McClurkin .286 .286 .375 J. Hoffman .278 .458 .389

Current pitching leaders

(Minimum 4 Innines Pitched)

	The second secon		
Player	ERA	so	ВВ
R. Frost	0.00	3	0
C. Bishop	1.02	17	3
K. Godfrey	1.08	10	- 1
N. Eisenhauer	1.80	9	3
J. Otness	3.86	3	6

BRIEFS

Sam Horn SPORTS REPORTER hornsb@plu.edu

Bishop silences Saints in game one, lose next two

The Lutes won one of three baseball games against Saint Martin's University Saturday, Sunday and Monday.

Pitcher first-year Chris Bishop limited Saint Martin's to three hits in six innings Saturday.

Sunday, Saint Martin's rallied back to defeat the Lutes in the bottom of the ninth with two outs left.

Monday, the Saints won on an unearned run in the 12th after pitcher senior Ryan Frost hit a Saint in the foot with the bases loaded.

PLU finished the series with Saint Martin's Feb. 27 and gears up for Willamette March 3.

Softball continues early-season dominance

The Lute softball team won all four opening conference games against Lewis & Clark and Pacific University.

Senior Stacey Hagensen threw a complete game four-hitter in the opener.

The Lutes have dominated early in the season with their last three games going just five innings.

The Lutes' next series against Whitworth will begin March 3.

Men's tennis loses to Whitworth and Whitman

Junior Taylor Dickey was the only winner for the Pacific Lutheran men's tennis at the No. 3 singles spot as the team lost to Whitworth.

PLU dropped its last two matches 8-1 against Whitworth and Whitman.

The Lutes' next match is against Linfield March 2.

Women's tennis continues to struggle

Whitworth, winner of three consecutive NWC regular season titles, defeated the Pacific Lutheran women's tennis team 9-0.

PLU has been outscored 1-33 in the last four matches. The Lutes travel to

Linfield March 2.

Men's lacrosse loses third in a row

The men's lacrosse team was defeated by Washington State University 4-21.

The men's lacrosse team has now lost all three of their games this season.

The Lutes take on Western Washington University March 10 at 1 p.m.

Softball believes big

'We're not just going after Linfield for the NWC title, we want it all'

Nathan Shoup SPORTS MORNITED Shoupna@plu.edu

Last year, the national champions of NCAA Div. III softball lost three games, finishing with a 51-3 record. That team was I infield. Responsible for one of the three Linfield defeats was the Pacific Lutheran softball team.

Now the Lutes are ready to challenge Linfield for the Northwest Conference grown.

"It's a whole new ball game his year and we're going to be the team that stands in their way of winning another championship," infielder junior Haley Harshaw said.

The 2011 squad that knocked off the national champions 10-2 in their first meeting of the year finished 31-13 overall and 23-5 in the NWC, a full six games ahead of third place Whitworth.

The NWC picked PLU to

The NWC picked PLU to finish in fourth place behind Linfield, Willamette and Pacific. The Lutes were also picked to finish fourth last season before claiming second.

The Lutes return all but four players from last year's second-place squad, graduating outfielder Kaely Cuthill. Cuthill started all 44 games that season and led the team in at bats, hitting .329.

"We lost a valuable senior last year, but we have a large group of returning starters and a strong group of new players," outfielder senior Amanda Goings said.

PLU is also without utility player junior Ally VanSchoorl, outfielder sophomore Mary Scoffeld and catcher sophomore Chelsea Moorneyd. Each left the team for personal reasons.

Among the returners for the Lutes are First-Team All-NWC selections infielder junior Glenelle Nitta, infielder sophomore Linder Matsunaga, pitcher/infield junior Kaaren Hatlen, outfielder senior Amanda Goings and pitcher/outfielder senior Stacey Hagensen. Hagensen was also the NWC pitcher of the year and a Third-Team All-American.

One of the Lutes team's sayings this year is "day by day."

day."
"We're trying to take it one day at a time," Hagensen said.

For the Lutes, this means focusing this weekend when Whitworth comes to town for doubleheaders Saturday and Sunday.

"We focus on each game at

a time," Goings said. "Every game is as important at the next."

With high expectations carrying over from last season, the Lutes started this season off sluggishly, going 2-4 against NCAA Div. If schools in Hawaii Feb. 3-6. The Lutes lost by one run in three of those games.

"I know that we could have done better," Hage user said. "We played some good testins and we got practice playing in close games, but now we need to learn how to finish these games."

contents weekend, the Luter opened conference play against Lown and Clara and Pacific pring 4-tond outscoring the opponents 40-8. The Lutes didn't get much in the way of learning how to finish out close games but they did send a message to the NWC.

The official NWC standings at nwcsports.com currently puts PLU at the top of the standings, ahead of Linfield, despite the fact they are both currently undefeated in conference.

"We're not just going after Linfield for the NWC title," Harshaw said. "We want it all."



