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MAST

**Reflecting on a Challenging
and Interesting Year**
A Letter from PLU President

Senior Profiles
Cultivated Spaces
Sights on Success

Make
Dreams
Happen

Senior Denae McGaha lives out her motto that anything is possible

A LETTER FROM THE EDITOR



Looking back on this year, I feel like a mom at her first child's high school graduation. After putting in so many hours, so many tears and falling in love with this amazing thing that I helped create, I have to say goodbye and it's harder than I ever expected.

This year, Mast Media did some amazing things— with a new magazine, new app and more viewers and interactions than ever before —and I don't see that slowing down anytime soon. Even one of our biggest failures, the Get Drunk Make Mistakes issue of Mast Magazine, ended up winning a Society of Professional Journalists Mark of Excellence Award. Not too shabby for an issue that caused everyone in the office to cry and pull their hair out.

I came to The Mast as a first-year who had a loud mouth, a lot to say and just wanted to write opinion pieces about things I cared about. Through the last four years, The Mast and now Mast Media were a constant in my life— pushing me to be better, challenging me each week and giving me room to grow. That's one of the biggest hidden treasures on campus. A place for students to learn, grow, experiment and fail while being supported by not staff, but other students.

Our last issue is about looking forward. We've got some amazing seniors doing things

that will no doubt make you jealous - they're going off to run the world. We have some Lutes expanding their studies, traveling the globe and bringing communities together. With that, our university president reflects on the year he's had and what's to come. Looking forward is usually scary, it's about stepping into the unknown and out of our protective Lute bubble where, as Jon Adams says in his profile, there is always someone to care about you. But, with that unknown comes amazing adventures and endless possibilities and these pages illustrate only a couple of them.

Now as I move forward, leaving the organization that shaped me and the magazine I had the pleasure of creating to go off and be an adult— not too excited about that part —and even though it's painful and sad, I know it's in good hands. With that, I only have one last thing to say.

As always, I hope you enjoy reading this magazine half as much as I enjoyed working on it. This is just the beginning, now it's up to you to read the stories, get inspired and shoot for the stars. You're the key to making this magazine a success, let it move you. The ball is in your court now.

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four summer favorites

according to LollaPLUza headliner, Pickwick.

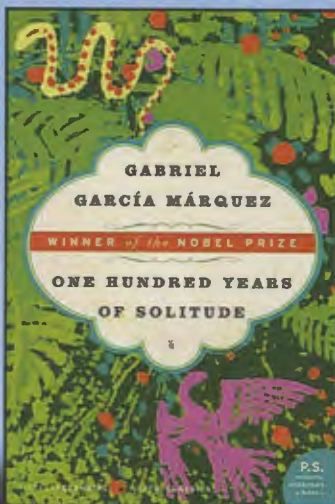
WATCH |

"Inkmaster hosted by David Bara"



READ |

"100 Years of Solitude by Garcia-Marquez"



EAT |

"RIBS!"



LISTEN |

"Diggin' the new James Blake album."



Pickwick's unique brand of "Garage R&B" has catapulted them into the limelight of Seattle's indie-rock scene. They've finished recording the follow-up album to their 2014 album "Can't Talk Medicine." The Vancouver Sun calls Pickwick a "good, honest shot in the arm" for the bluesy rock n' soul style popularized by The Black Keys. This spring, Pickwick was the headliner for PLU's annual music festival, LollaPLUza. For more on the concert, turn to page 15.

Reflections on a Challenging and Interesting Year

A Letter from President Krise

As our 2015-16 academic year comes to a close, and we look forward to sending off our newest alumni in a blaze of ceremonial glory, I've been reflecting on the ups and downs of this interesting year. Many of the best "ups" have been sparked by "downs"; let me explain:

The year began with our Fall Conference and our Convocation; at both events I talked about race relations in America and on our campus. The Black Student Union staged a "Die In," and other demonstrations to bring attention to the #BlackLivesMatter movement following the events in Ferguson. As the country was still reeling from these events, the mass murders at Emanuel African Methodist Episcopal Church in Charleston shocked the nation again, and again we brought the issues home by helping launch the #HateWon'tWin campaign at the Bethlehem AME Church in East Tacoma. Since that time, a collective of concerned students have made a list of recommendations for how PLU can do a better job of becoming a truly inclusive and supportive community. Patty and I were pleased to host this group for a dinner that we all joined together to make—certainly a highlight of the year!

Our concerns about race issues also prompted other, related concerns about how we at PLU care for people of all identities. A group of students, faculty and staff participated in a panel workshop on the subject of supporting our transgender community, and the university is working through a list of recommendations, including expanding gender-neutral housing and bathroom facilities, considering changes to registration to include ways to indicate identity-aligned pronouns as well as nicknames, and improving opportunities for members of the PLU community to

learn more about the plight of transgender people in our society.

Concern for our culture of care also led to a remarkable series of events related to the subject of sexual assault and gender-based violence. PLU hosted TEDx Tacoma for the first time, which featured a presentation by PLU student Miya Higashiyama on her experiences with sexual assault and the frustrations arising from her pursuit of justice. That led to two open forums on the subject that attracted more than 150 students, faculty, and staff members to frank and emotional discussions about ways we can improve our culture of care by balancing due process for all involved with a trauma-informed and victim-centered system of care. A white paper is being produced this month that will include a list of priority recommendations and related action steps for implementation in the coming year. SAPET (Sexuality Awareness & Personal Empowerment Team) also created a display in the Anderson University Center for the Clothesline Project. Started in Cape Cod, Massachusetts, the Clothesline Project is a national campaign that began as a way to address the issue of violence against women. The project has since adapted to raise awareness of gender-based and sexual violence against people of all identities. Finally, PLU hosted an especially well-attended and emotional "Take Back the Night" demonstration and discussion session that drove home to many of us how pervasive sexual assault is in our society and gave us all resolve to make PLU a paragon of how to handle this issue right. The President's Council is currently reading Jon Krakauer's book, *Missoula*, to help us focus further on the issue.

Perhaps the highest visibility



issue of the year has been PLU's effort to divest itself of our public radio station, KPLU. The impetus to sell it came from our analysis of auxiliary enterprises (non-mission related activities) that are losing money and value over time. The two biggest examples are KPLU and the Garfield Book Company. As excellent as KPLU is, it has cost the university more than \$15 million to operate over the past decade, and the appraised value of the total assets of the station have dropped from \$12.6 million in 2004 to \$9.6 million in 2015. From all of the independent research we have examined – including NPR's own data – traditional radio is likely to decline further in value as the audience continues to narrow, which would mean that, in addition to the operating expenses of \$1.5 million per year (which could provide as many as 85 full scholarships to deserving students), the university would stand to lose virtually all of its asset value in the not too distant future.

Despite all the strategically sound elements of this transaction, the social and traditional media storm over it consumed much of our time and energy for several months. I am fascinated by the way social media works in controversies: oppositional voices are effectively silenced, and fact-checking and other traditional journalistic standards do not apply; so much so, that it's harder than ever to correct deliberate misinformation. I now have a much clearer understanding

of why our national political debate is in the state it's in.

In the end, PLU is on track to sell KPLU for a fair price this summer—either to UW or to the Friends of 88.5 community group which both UW and PLU have authorized to compete for the purchase of the license. If the community group raises enough money to match UW's offer and qualifies under FCC rules to purchase the station, then PLU will sell it to them. The \$7 million cash proceeds will be invested in PLU's endowment and be earmarked to support student scholarships and programs related to the legacy of KPLU, including jazz performance, MediaLab, and the Center for Media Studies.

The other money-losing auxiliary enterprise that we seek to rein in is the Garfield Book Company, which loses between \$700,000 and \$1.2 million per year. Through independent comparative store sales data, we learned that, among colleges with similar enrollment to PLU, the typical bookstore is 3,000 to 4,000 square feet, with the largest being about 7,000 square feet. GBC, by comparison, is more than 15,000 square feet. And with more and more shoppers of all ages turning to online shopping and

big-box discounters, it simply does not make sense to continue pouring money into a large retail operation. Plans are underway with community partners on a mission-related use for the space, while also providing expanded space for our PLU restaurant at 208 Garfield. We plan to establish a temporary location for the PLU Bookstore in the lower level of the Anderson University Center, followed by a permanent solution in the Mortvedt Library that would also allow us to do a complete first floor remodel with new furniture, better workstations, more casual meeting space, better utilization of space, and additional student amenities.

This academic year has also featured a raft of important searches for new administrators, faculty and staff that is bringing greater diversity to the leadership ranks. I am immensely pleased to have announced recently the appointment of Dr. Rae Linda Brown as our next Provost and Senior Vice President for Academic Affairs. Dr. Brown comes to us from Loyola Marymount University in Los Angeles, where she most recently served as Associate Provost for Undergraduate Education. I'm really looking forward to having Dr. Brown join

our Lute family as our chief academic officer and the second ranking executive of the university.

I am also delighted to have the Rev. Jen Rude joining us as University Pastor this coming fall. Pastor Rude comes to us from Chicago where she directs Extraordinary Lutheran Ministries, which expands opportunities for LGBTQ pastors nationwide. She has also served The Night Ministry, which offers pastoral care, crisis response and advocacy in an interfaith and multicultural setting for young adults experiencing homelessness.

Many other searches are just concluding or are still underway, so stay tuned for more announcements of great new members of the Lute family!

Our ups and downs of the past year will help us set our course for the coming year. As we prepare to welcome the largest first-year class since I arrived in 2012, I want to thank the entire PLU community – and most especially our students – for consistently showing up for the successes and the struggles. Your critical thinking and engagement make our entire PLU community a better place. Have a great summer!

What you didn't know you didn't know...

PLU President Thomas Krise was welcomed to campus four years ago with this group of graduating seniors, they'll be the first class Krise has seen throughout their entire four-year journey at PLU. Most Media recognizes President Krise does a lot for the university, but did you know he frequently walks around campus and loves taking pictures of inspiring and exciting things? Check it out...



TOP LEFT: TEDx Tacoma event. LEFT: Beth Krise's gold name tag, President Krise posted on his Facebook wall in July. MIDDLE: PLU featured in Alaska Airlines's Beyond Magazine. Krise and Patty were given personalized candy as a gift. TOP RIGHT: PLU Baseball's senior night. BOTTOM RIGHT: Luther wearing Relay for Life shirt.

Attaway LUTES!

Participation in a Commencement ceremony and/or inclusion of a student's name in this publication does not indicate that a degree will be awarded.

Enis Abbass
Megan Elizabeth Abdo
Ehope Abraham
Camille Elyse Adams
Jonathan Orlando Adams
Suzi Irene Allan
Andrew William Thomas Allen
Makayla Grace Allison
Virginia Nicole Allred
Mishaal Osama Alruwaili
Renae Marie Aman
Daniel Ernst Amster
Bryan Russell Anderson
Connor Jacob Anderson
Seth Austin Anderson
Dani Jo Andrews
Maylen Catherine Anthony
Amy Elizabeth Arand
Daniel Arevalo
Michael Cruz Arguello
Hanna Nadia Armstrong
Baylee Sierra Arnold
Liyun Avila
Ariel Madison Babcock
Emily Christine Baier
Micah Stephen Baits
Beau Christensen Baker
Austin Kai-win Ballard
Madeline Marie Ballou
Brandy Marie Balogh
Anna L. Balzarini
Nathaniel Lee Bannister
Kirstin Jane Bare
Kelsey Louise Barnes
Sarah Moreen Barnes
Haley Joan Barnett
Fernando Ramirez-Barrett
Pamela Denise Barrington
Maria Elaine Barrios
Sarah Elizabeth Bartleson
Hannah Marie Bates
Anita Lynn Bauer
Alexa Marie Bayouk
Dena Marie Beals
Harmony Dale Beebe
Alison Kathleen Behrends
Kimberly Anne Belleville
Kelly A Belter
Nicoya Hope Benham-Marin
Jessica May Bennett
Katherine Joanne Bennett
Kyle Scott Bennett
Sunita Benning-Cho
Peter Herbert Benson
Tessa Marie Benson
Madelyn Ann Bernard
Elizabeth Kathryn Binkley
Christopher Aaron Bishop
Kylar Gehrig Blades
Sarah Mackenzie Blaser Murray
Kellie Kristine Blauvelt
Kayla Celeste Blevins
Steven Gregory Bock
William Lane Bockman
Tanner James Bogart
Chelsea Renee Boley
Jose Daniel Bonilla-Bartley
Rubecka Guerrero Borja
Sara Ashley Borla
Lucy Mae Bouffiou
Rebecca Bowen
Joseph W Bowley
Conner Taylor Bowman
Zachary William Boyle
Jeilymar Brady
Kari Ann Brauer
Maddison McCann Bray
Madeleine Olson Brekke
Kelli Marie Breland
Darre Brenden
Michael James Briden
Katrina Brinkopf
Chance Michael Brock
Jerrod Mitchell Brower
Garrett Allan Brown

Jessica Marie Brown
Justin Warren Brown
Marcie Nicole Brown
Joseph Michael Browne
Lauren Elyse Brunette
Tarjet Bryn
David William Buchholz
Karen A Bullinger
Lindsey Marie Bullough
Kelli Marie Bumgardner
Inga Eva Burkhardt
Riley Nicole Norris Burleigh
Samantha Theresa Burleigh
Andrew Lynn Buzzard
Michelle Elizabeth Byrne
Deborah Leica Blanco Cabanos
Moani-Keala Antone Cabra
Zachary Hunter Cain
Jacob Quinn Callewaert
Mackenzie Reid Cameron
Kerry Lou Campbell
Lindsey Arne Campbell
Dayton Lee Campbell-Harris
Miranda Rose Campos
Lucy Claire Capron
Britney Leann Carlson
Mitchell Ray Carter
Ramy Christopher Carter
Julia Kimberly Carvalho
Christina Anne Case
Toni Marie Castillo
Elizabeth Reya Nicole Castro
Ermenildo Valdez Castro
Marissa Ann Cavaness
Amy Elizabeth Charlston
Megan DeAnne Cheatham
Briana Catherine Cheema
Bei Chen
Andrew Benjamin Cheney
Inga Suzanne Christensen
Ryan Andrew Chynoweth
Brandon Lee Cierley
Henry Paul Claassen
Kathleen Elizabeth Clancy
Ingrid Emilia Clark
Andrea Lee Clausen
Alexandra Nicole Clayton
Hadley Shae Clegg
Nichole Renee Clifford
Crescent Ember Clover
Kathryn Paige Coddington
Meghan Joy Cogdill
Samuel Christopher Collier
Reginald Mikal Collins
Jeremy Jared Colon
Nicole Lee Combs
Brendan James Cook
Chloe Marie Cook
Guthrie Olaf Cook
Samantha Jean Cook
Kylai Victoriann Cooley
Masar Cooper
Matthew Joel Copeland
Elly Corin Cosart
Courtney Taylor Couch
Brandon Joseph Crawford
Kelli Marie Crawford
James Daniel Creek
Symphony Ddée Gayle Crick
Parker Evan Crites
Craig Anthony Crooms II
Morgan Arne Crown
Diane Marie Crum
Maria De Lourdes Cruise
Ye Cui
Gregory Carlton Danese
Liandra Kharisma Daniels
Nicholas Jason Dare
Katherine Elisabeth Darling
Alexander Scott Dassoff
Kimberly Nicole Davidson
Daniel A. Davis
Sarah Rebecca Davis
Caitlin E Dawes
Dawood A. Dawood

Margaret Irene De La Vergne
Melissa Clare Dean
Samantha Michelle Deaton
Amber Elaine Deck
Natalie Hope DeFord
Kathleen Ann Deines
Bryce Walter Deitt
Laura Janet De La Cruz Soto
Destiny Capri Delgado
Jaime L. Delivuk
Grace Kent DeMun
James Richard Denis
Stephanie Ann Dent
Carl George Derline
Domenic Joseph DeSoto
Rachel Anne Diebel
Alanah Makelia Dillard
Phuong Nguyen Disharoon
Wayne Tyler Dixon Sr.
Tyler Andrew Dobies
Anna M Dolyniuk
Nicholas Frank Domenichini
Anne Thomas Donaghy
Ty Cooper Donahou
Kathryn Rieger Donais
Alexa Joyce Dorley
Mary Melissa Donovan
Paul Matthew Douglass
Erin Elizabeth Downer
Jordan Hunter Downing
Keigan Marie Dravis
Holly Danielle Dunbar
Leah Nicole Duncan
Evangline Maria Duran
Connor Jude Duwelius
Jennifer Jean Dyer
Chloe Mary Frances Dziok
Chris James Edgecomb
Michaela Elizabeth Edgers
Frank Leroy Edwards III
Ian Curtis Edwards
Haley Summer Ann Ehlers
Hayley Nicole Ekle
Esther Eligio
Corban James Elliott
Sydney Jean Elliott
Kaitlyn Aleah Elms
Joseph Trevor Emtman
Jason Michael Epeneter
Alyssa Erickson-Wayman
Timothy Andrew Ernst
Cody John Erpelting
Ailua Christina Evans
Jennifer Angellea Evans
Maria Alene Everett
Nolan Kenneth Ewell
Audrey Jacynth Ewing
Brendan Merrill Farley
Nichole Akiko Keolani Fausset
Maricel Grace Fee
Fiona Haiyun Feng
Ryan Anthony Fenton
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Gina Annette Fioretti
Robert Stockton Firman
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Kelly Rae Flanders
Courtney Erin Flaten
Thomas Flatmoen
Ambree Nicole Forsell
Piper Morrow Foulon
Tara Marie Fouts
Brian Gordon Fraser
Bethany Danielle Frey
Njaal Are Frilseth
Nicholas Benjamin Froelich
Coleman Frostad
Mariann Cheryl Funkhouser
Kindra Mariana Galan-Morales
Riley Sean Gale
Justine Noel Ganyon
Marina Lee Garcia
Matthew Connelly Garling
Alexandra Christine Garrett

Blaine T Gaskins
Kindsey Rae Gattman
Emalie Noel Gauntz
Samuel Fitzalan Geisslinger
Amanda Jean Gentry
Joyce Ann George
Halé Indica Gervais
Myles Getman-Gerbet
Leah Louise Gibbon
Jonathan Erik Gibbs
R Irving Giddings Jr.
Riley Margaret Gillard
Bryan Bradley Gillespie
Lucas Jeffrey Gillespie
Hannah Marie Gilman
Joshua Christopher Girmus
Taylor Kay Gjesdal
Angelina Viktorovna Gladchuk
Tyler Dell Glass
Katherine Rene'e Gleason
Sean Paul Glynn
Michael Ray Goodman
Kyle Blake Gosnell
Courtney Alexandra Gould
Cassandra Dianne Gramstad
Christina Eileen Gray
Gwendolen Grace 'Gigi' Grier
Yelizaveta Yevgenyevna Grigo-ryeva
Vicki L. Grimes
Allison Lee Groseclose
Andrew C Gubsch
Emily Joy Gunnarson
Andrew David Gunstone
Monica Gupta
Madison Janae Guscott
Kirsten Amanda Gustafson
Magdiel Annang Ada Habila
Andrew S Haehlein
Linn Chloe Cueto Hagstrom
Megan Bryn Hagwood
Marj Hahne
Kelly Jo Hall
Miles Gulliane Hall
Nicollette Marie Hall
Niklas Robert Halladay
Felicia Renee Hambrick
Aimee L Hamilton
Kirstin Si Ying Han
Grace Unae Hanna
Nathaniel James Hansen
Necia Leann Kincaid Hansen
Denise Renee Hanson
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Jordan Evan Harder
Taylor J Hardman
Cecilia L. Hardy
Jenna Marie Harmon
Lyall Edward Harris
Lydia Lynn Harris
Rebecca Lea Harris
Jeb Stewart Harrison
Samantha Ann Harrison
Gaelan Dean Hartliep
Rachel Hartmeyer
Katelyn Anise Harvey
Amanda Rochelle Hasson
Molly Kimberly Hastings
Noble Mason Hauser
Ned Dykstra Hayes
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Megan Celia Healey
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Scott Michael Hefty
Anja Hegerberg
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Madison Noelle Henchman
Alice Nicole Hendersson
Sarah Catherine Henderson
Amanda Mae Hendrickson
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Evan David Heringer
Paulina Hernandez Perez
Francesca Aminta Hernandez
Kyle Francisco Hernandez

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Arma Elisabeth Hicks
Kathryn Nicole Hicks
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JoAnn Li Min Hill
Jordan Patricia Hirst
Todd Russell Hoagland
Phu Hoang
Aaron Edward Hoffman
Alicia Marie Hoffman
Jamie Blair Hoffman
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Justin Allen Holland
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Quinn Frederick Rogers Huelsbeck
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Owen Blair Hunt
Jessica Love Hunter
Ashleigh Christine Huseth
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Quinn Marie Johnston
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Tanya Anne Jones
Sovereigna Jun
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Connor Evan Kadlec
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Tyler Patric Kaplan
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Erika Mary Kellogg
Amanda Jessica Kelly
Danielle Renea Kelly
Daniel Lee Kennett
Otto Kierulf
Kimber Sena Kim
Sora Lee Kim
Lyudmila A. Ustimenko
Benjamin Daniel King
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Richard S Kinnear
Sheri Elaine Kinnear
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Olivia Kwan-Sandy
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Natasha Nichole Laitila
Georgia Faith Lamb
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Christy S Lande
Andrew Michael Landowski
Daniel Robert Landrum
Carly Jean Lange
Alek Marcus Isidro Lara
Joshua David Larson
Chad Erik Lawson
Robert Lawrence Layton
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Phuong Thi Le
Sean Elliot Lechleiter
Christina Pauline LeCloux
Courtney Suzanne Lee
Julie Lee
Justin Jay Lee
Rona J Lee
Kingston Eric Lee
Katy Lee Leonard-Doll
Kevin Maxwell Lester
Paul Ray Lester
Samantha XuQuda Lethbridge
Allison E Lever
Tanya Murdock Lewis
Teresa Amy Lewis
Lauren Elizabeth Leyba
Minghui Li
Yunjiao Li
Kuan-Ting Liao
Jiewen Lin
Keski Lin
Katherine Elizabeth Lindemann
Megan Elizabeth Linders
Rebecca Lynn Linse
Xiaoke Liu
Lauren Elizabeth Livengood
Michelle Arao Lloyd
William James Lockett
Tony Dwayne Lockett Jr.
Brianna Kathrin Logg
AnnaMarie Catherine Loose
Ute Christine Lorcher
David Andrew Loughlin
Dieu-Merci Nsilulu Lubiba
Arnold Eugene Luk
Alexander Philip Lund
Christopher Michael Lund
Samantha Raye Lund
Chase Gunner Luplow
Amanda Rachelle Lutsock
The Alyssa Catherine Luttrell
Kailey McKenzie Lyman
Brock Elliott Lynde
Christina Lisa MacDowell
Paula MacKay
Jenna Renee MacKenzie
Linda Anne MacKillop
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Joshua Adam Maerzke
Gilbert Mak
Lina Snekestad Malmo
Elizabeth Maureen Maloney
Kaitlynn Christine Mann
Jesse Anthony Marcotte
BreAnne Tyllyn Marcucci
Stephanie Ruth Markle
Jessi Elisabeth-Ellen Marlow
Kimberlyn Karissa Maroney
Jeremy James Marsh
Darlena Jean Martens
Christopher Michael Martin
Lucas John Martinson
Zachary Scott Martinson
Heather Marie Martonik

Emily Grace Marty
Alexandria Kaelin Mattich
Jessica Lynn May
Noell Miguel Mayoral Alatorre
Aaron Victor Bell McAtee
Priya Nicole McBride
Hayden Mitchell McCartney
Christian Duane McConnell
Edward Jason McCoven
Erin Elizabeth McCoy
Catherine Nicole McCullar
Denae McGaha
Sarah Evangelina-Lynn McGee
Steven Thomas McGrain
David Joseph McHale
Stephanie Michelle McNelly
Kevin James McKay
Jeffrey E McKenzie
Benjamin Thomas McMichael
Mark Frederick McMillen
Carlene Tatjana Mealing-Baldwin
Michael Manuel Medina
Courtney Mariah Mellor
Bonney Danger Melton
Alyssa Nicole Melzter
Eirik Lysoe Melum
Jessica Paige Mendez
Kaylea Anne Merrill
Eric Jerrold Mettler
George Michel
Scott Kristian Mickelson
Jessica Ann Milian
Alexandria Miller
Bryce Emerson Miller
Caitlyn A Miller
Chelsea Elizabeth Miller
Nathan DeWitt Miller
Tyler Nichole Miller
Zachary Finn Miller
Haleigh Camille Missildine
Kyle Cyrus Mitchell
Sevryn Peter Modahl
Kristia Noelle Monroe
Jeffrey Oris Moon
Rachelle Anne Moore
Leslie May Morgan
Peter James Mueller
Mathias Fjeldavlie Munkejord
Hannah Julia Munson
Justin Michael Murrell
Amina J Mussa
Heather Leeann Myers
Allison Lee Needles
Dylan Amadeus Nehrenberg
Abigail Lynn Neil
Ashley Nicole Kirley
Cory Lee Nelson
Lindsey Marie Nelson
Ryan M Nelson
Zane E Nelson
Jennifer Ann Neves
Jaime Ann Newberry
Kathryn Joyce Newman
Shaun Ryan Newton
David Nguyen Le
Tien Thuy Nguyen
Catherine G Niemela
Brendin Robert Nilsen
Jeffrey Steven Nordvedt
Flemming Noergaard
Benjamin E Nordlie
Calli Renaé Norman
Brandon Charles Northcutt
Conor Michael O'Bryan
Kaitlyn Alice O'Connell
Elena Katherine Oelfke
Ryan Randal Ogburn
Hannah Jaewon Oh
Sam O'Hara
Joseph Stanley Olenginski
Chris Paul Olmstead
Richard Patrick Olson
Alex Gregory Orlovski
Daniel Arthur Orr
Krystal Mercedes Orth
Nina Nicole Orwoll
Liudmyla Ostafichuk
Noel Oteng-Mensah
Ryan Lowry Page
Kirsty Mesa Palmer
Yixian Pan
Adrienne Marie Papoff-Wallace
Jeremiah Tucker Parkhurst
Kyle Wayne Parnell

Kimberly Kay Parrish
Kyle Steven Parsons
Lian Danning Pauly
Clarissa Pendleton
Hannah Noel Pennebaker
Carly R Perez
Maya Kanoelani Perez
Kristin L Perkins
Adriana Jean Peters
Colin Henry Peterson
Holly Krychelle Peterson
Nicolas Allen Peterson
Cierra Nichole Pettit
Marina Phal
John Pham
Kim Quy Thi Pham
Tran Mai-Bao Pham
Phai So Phan
Zachariah Isaih Phelps
Hannah Kristian Phillips
Emma Louise Pierce
Samantha Pilyayev
Samuel Jameson Pingree
Mia Rose Piper
Lauren Michele Plitkins
Tiffany Deanne Pol
Dillon Keanu Porras
Kaitlyn Corrine Porter
Hannah Leigh Powell
Thanita Pradhanang
Diana Preda
Christine Michelle Pyle
Richard Aaron Quinonez
Kaylie Erin Rainer
Ian-Rob Andre Ramsey
Kathryn Anne Rankin
Nathan Lloyd Rapavy
Warren R. Read
Ruby Kate Reagan
Rachel Evelyn Reaves
Kalé Christine Reb
Jordyn Kay Reed
Trisha Ann Reed
Jessica Ann Reid
Drew Elliott Rickerson
Nathaniel Edward Ries
Maia Miranda Riley
Travis Graham Robe
Preeyanuch Kongphim Roberto
Alexandria Patricia Robertson
Amanda K Robinson
Kallee Melissa Robinson
Stephanie Robinson
Christopher G Robson
Raquel Rodriguez
Jasmyne P. Roecks
Dalton Jeffery Rohr
Celine Mariann Ronneberg
Scott Allen Ross
Kelli Marie Roulette
Michael P. Rubalcava
Jenna Lynn Rudnitskas
Brian John Ruggles
Holly Camille Ruyle
Emily Paige Ryan
Scott Douglas Ryan
Evan James Rydinski
Kalie Noelle Saathoff
Drew David Sadowsky
Ann Sakai
Courtney Liane Salazar
Natasha Brianne Rose Salo
Pape Mathioro Samba
Carolyn Mafnas Aguerro Sanchez
Matthew Davis Sanchez
Samuel Alan Sandell
Julia Soares Mendes Sanders
Sorja Allison Schaefer
Nicole Marie Schalk
Robyn L Scharf
Macey Carlene Schlittler
Evan Elizabeth Schmidt
Margaret Columbia Schoenfeld
Adam H Schreiber
Andrew David Schroeder
Melanie Jeanine Schuur
Rickey Wayne Scott Jr.
Hannah Katherine Searcy
Lauren Taylor Searls
Gracie Marie Sedy
Cory Jean Seesz
Matthew Scott Seiber
Dakota Arlean Selene-Hait
Kerri Lynne Selk

Clare Hope Senecal
Savouth Seng
Lee Dale Shaffer
Bailey Shattuck
Sam A Shepard
Anna M Shindle
Jennifer Renee Shockley
Liesel Manette Shuholm
Steven Legend Shumaker
Anna M. Sieber
Amira Erickson Siegel
Joshua Metiti Siliva
Alexis Marie Michelle Silva
Amanda Mae Silva
Ron Aldrich Silva
Katherine Maria Silveira
Joshua Morgado Simpson
Natasha Anne Sioda
Jason T Sipe
Chaney Irene Skadsen
Thomas Scott Skaggs
Erlend Skorper
Bjorn O Slater
Paige Joanne Slater
Dawn Marie Sloan
Alicia Maria Smith
Bailey Camille Smith
Beau Dalton Smith
Caitlin Therese Smith
Henry Cecil Smith
Ian Nathaniel Smith
Jahna Christine Smith
Zachary Alexander Smith
Miriam Denise Snedecor
Taryn Marissa Snell
Andrea Jeewon Soe
Heideh Sohi
Erika Lynn Solli
Kaitlin Evalene Soost
Jasper Carol Sortun
Melissa Danielle Sousa
Alexandra Elizabeth Spangler
Tedra Kay Spencin
Kim L. Sperry
Martha Anne Spieker
Branden Michael Stallard
Amber Nicole Stanton
Jillian Moriah Stanphill
Brendan Luke Stanton
David Sherman Stariha
Jamie Scott Staudenraus
Emily Patricia Steelquist
Sabrina Leerosse Steenmeyer
Elena Mikaela Stelzner
David James Stenger
Sarah Elisabeth Stenger
Andriene Lewis Sterlington
Kendra Ann Stevens
Magdalena Katharina Jemiina Stickle
Alyxandria Khrystene Stockslager
Amber Lynn Stokes
Sheryl Lynn Stone
Charlotte Rosvold Stordal
Sarah Marie Stortini
Kelsey Lynn Stout
Bryanna M Stowers
Emily Grace Streeter
Abigail Donnelly Stringer
Lindsey June Strom
John E Struzenberg
Kiana Sue Sullenberger
Shanel Miyoko Sullenberger
McKenzie Nicole Sumpter
Rebecca Catharine Jin Sunoo
Courtney Marie Suter
Sara J Suznevich
Peter Norman Swanson
Ryan Lee Sweet
Brady Michael Syphus
Meron Teshome Tadesse
Bardh Nura Tahiri
Grace Ellen Takehara
Jennifer Nicole Tauscher
Aiste Taylor
Emily Paige Madison
Elaynie Tenbusch
Abby Elaine Tenhoff
Miranda Sue Tenrison
Tahlia Elizabeth Terhune
Sean Colin Themar
Shelley Marie Thomas
Amber Lynne Thompson
Derek Jay Thompson

Jordyn Thompson
Martha Gail Thompson
Michaela Roi Thompson
Rebecca Anne Thompson
Erik C. Thornquist
Alicia Ann Tighe
Earl Jose Tillis Jr.
Heather Elizabeth Timmerman
Andrew Robbins Tinker
Tatum Lee Tobiassen
Samuel Joseph Togat
Spencer Fano-Ray Toggia
Chelsea Elizabeth Tomazin
Rochelle Marie Torgusen
Maxwell Vaughan Totaro
Nicholaus Michael Townsend-Falck
Linda T Tran
Michael Ronald Traner
Reeder MacGougan Turnbull
Savannah Nicolle Ibañez Turner
Brent Douglas Thyhus
Molly Rosenkrantz Undall
Yannet Gudeta Urgessa
Karl Seleen Vaage
Sophia L. Vacca
Elly Stormer Vadseth
Justice Tillman Van Ness
Kyle Richard Vanderwaal
Deanna Lynn Vaughn
Zoe Adelle Velie
Christopher Jeff Villanueva
Danielle Joanne Villanueva
Kimberly Marasigan Vitug
Alexander Phu Vo
Karina Vladislavovna Volchkova
Isabellah Victoria von Trapp
Pernille von Ubisch
Carina Pauline Waite
Siri Elizabeth Waldow
Susan Elizabeth Walker
Cameron Gary Walston
Jessica G Walters
Hannah Kylo Walton
Yanbo Wang
Margaret Njeri Warukira
Stephen Njau Warukira
William Cameron Waters
Briana Marie Watkins
Kellie Jeanne Watson
Jessica Lynn Weber
Beth Anne Weisenmiller
Leigh Wells
Jasper Ann Wensnahan
Breanna Marie Wenzel
John Maynard Wetherington
Kylie Kaye Wheeler
Jennifer Kim White
Krista Leigh White
Amber Rose Wilcox
Curtis Allen Wildung
Amanda Marie Williams
Katherine Eleanor Williams
Sean Harris Williams
Jessica Allison Williamson
Ryne Michael Wilmes
Jeffrey David Wilsey
Amanda Jordan Wilson
Amie Frances Wilson
Austen T. Wilson
Alexandra Elizabeth Winder
Erica Janelle Winscot
Miranda Crystal Winter
Nicole Renee Wirth
Gailon Summer Wixson
Erik Richard Wolf
Megan Kristine Wonderly
Kelsi L Woods
LaCrystal Tabitha Wooten-Wisse
Alyssa Kathryn Workman
Joseph Thomas Wright
Ruichuan Xu
Miki Kaneshiro Yamamoto
Lois Kyo-eun Yi
Molly Alexis Yoshikawa
Breanna Elizabeth Young
Shannah Christina Young
Jordan Christopher Zepernick
Di Zheng
Kaida Zheng
Hanna Birkelo Zielke
Megan Rose Zink

SIGHTS SET ON SUCCESS

By Stephanie Compton

At the University of Washington dental school, only 18 percent of all applicants get an interview. Senior Megan Abdo not only got an interview, but was accepted on the first day UW was allowed to offer her a spot.

This kind of high achievement is nothing new for Abdo; she is not only a great student, but athlete as well. Abdo is a senior guard on Pacific Lutheran University Women's Basketball team. On the court, Abdo has played in every game in every season in all four of her years at PLU. There was only one game her first year that she did not start. She also led the team in minutes played during both the 2014-2015 and 2015-2016 season. Abdo was team captain for the 2015-2016 Lutes and amassed 51 assists on the season.

Abdo's role on the team has changed significantly each season, Abdo said, "My first two years my main focus was to set up the offense and distribute the ball because we had some really good scorers on the team. Through my last two years I had to step into more of a scoring role so I had to change my mindset and style of play on the court in order to get more shots up."

Abdo scored 76 more points her



Photos courtesy of Megan Abdo | TOP: Abdo and fellow seniors celebrate last season. BOTTOM: Abdo at basketball banquet with her framed jersey.



senior year than she did her first-year, a big shift towards scoring. Although Abdo made a shift towards scoring, her assists average remained constant.

With high intensity and focus on the court, Abdo had to shift her mindset when applying to dental school.

"The application process was definitely a long and stressful one. I had to wait about 8 weeks to hear from any of the schools I applied to," she said. "Overall it was a lot of sitting and waiting and anticipation over whether I would hear from my top schools or not."

Abdo didn't always want to be a dentist even though she grew up with one as her dad. During a 3-on-3 tournament her senior year in high school, Abdo got a tooth knocked out and needed a dental procedure, "this is what really got me interested in the field."

The next four years are sealed for Abdo and dental school starts in July. As for her plans until dental school, "...that leaves a few months for me to enjoy some outdoor activities like hiking, swimming and backpacking and just enjoying the freedom of no school before I dive into the next chapter of my life."

Studying at a school for higher education like Pacific Lutheran University doesn't just teach its students important tangible skills that help them succeed in the future; PLU can change people's lives. If allowed it to, PLU can change students into who they want to be and create leaders for tomorrow.

PLU changed Jonathan Adams. An Senior Lute, majoring in Sociology and minoring in Social Work, Adams said PLU helped mold him into the leader he always wanted to be. Most students meet Adams when he speaks at Orientation or at events, now he'll round out his career at PLU with one last speech at Commencement about his personal growth over the last four years here.

"I could have stayed ignorant and stayed in my mindset," Adams said. "Whatever that was for myself. But I would say the patience with people working with me, that believe that I am gonna be somebody I guess. It sounds very rudimentary, but there's something in me that I don't see in myself."

Over the course of his academic career, Adams lead Lute Nation, PLU's step team, to promote love through dance. He is also a member of the Northwest Leadership Foundation and PLU's Social Action and Leadership team to promote social justice and an understanding of cultural identity for the benefit of the community.

Even though he hasn't always had the confidence to make change, Adams realized how much impact he could truly have while he was a Resident Assistant for Foss Hall last year and he interacted with his residents.

"Another way [I've impacted PLU] is the interactions with people," Adams said. "Seeing the growth, that we can grow so much, is a level of hope and a level of peace that can be possible if the individual allows it to be possible."

Working with youth is a personal passion of Adams. He wants to inspire young people to learn who they are and find their purpose through self-discovery. It is a passion that comes from a place of personal introspection. When

asked how PLU changed him, Adams thought back to who he was when he first arrived on campus, and how much he has changed the years he has been here. Not only did the university show Adams new ways of thinking that would lead him to change his focus from Chemistry to the study of Sociology, but the school and its people also guided him to find inner strength.

"And I think that is the most beautiful thing to have," Adams said. "Someone that's willing to hold you and just like, it's like patting you and it's like: 'You're fine. I'm gonna hold you and wait until you're ready to fly on your own.' And I think PLU, the cultivated space, allowed me to do that."

Thinking differently about the world and the human cultures within it are fundamental to Adams' personal and academic evolution. During his Study Away class in Trinidad and Tobago titled: "Women and Work in the Global Economy," Adams experienced an immense paradigm shift in his understanding of the world.

This lead him to assess his own

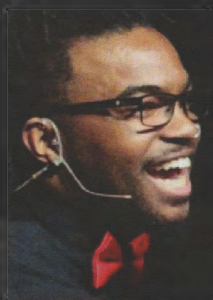
life and how he affected the world through his actions. As a result, Adams made it his goal to work with communities in order to change their thinking to cause real, progressive change.

"I'm critically thinking X, Y, and Z, rather than sticking with: 'The world's okay,' Adams said. "And I'm just really in tune to my thinking. I'm organized in my thinking now, rather than, like: 'Wow. Why is this happening?' But I'm able to now understand structures and systems like these different things."

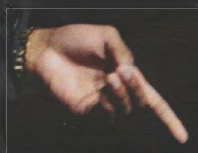
The future looks promising for Adams as he moves on to do great things beyond PLU. Adams's goal is to create policies that aim to help struggling youth lead happier and healthier lives by working both for and with the community. Adams believes that it doesn't matter what you look like or how you were born, we all have the potential to find our place in the world and make the world what we want it to be.

CULTIVATED SPACES

Jonathan Adams reflects on his time at PLU
by Eric Zayas



"And I think that is the most beautiful thing to have - someone that's willing to hold you and just like: 'You're fine. I'm gonna hold you and wait until you're ready to fly on your own.' And I think PLU, the cultivated space, allowed me to do that."



Senior Denae McGaha recently won a scholarship to travel around the world after graduation, proving her life motto to be true.

Profile by Paris Franklin

If there's one thing Denae McGaha knows, it's that nothing is impossible.

"Honey, the only thing stopping you is you," the senior Lute said when asked what summarizes her life philosophy. She took the quote from a favorite childhood movie, Rogers and Hammerstein's Cinderella, specifically the version with Brandi and Whoopi Goldberg.

McGaha feels like that film provided her a mantra that encourages self-sufficiency and trusting that everything will fall into place.

"I've learned that if I want to do something, it is my responsibility to go for it. God provides people to support you on the way, but you have to put in the work and make a decision ... There is so much available to you, and so many people that want to support you if you ask for help," McGaha said.

She has certainly made this saying into a reality.

The soon-to-be-alumn recently won a contest with StudentUniverse in conjunction with Flypside and Homestay apps. These organizations sponsored her, funding her travel to nine new countries across the globe.

In late June, she will begin her journey in Japan. She will then head to Australia, New Zealand, Peru, Hungary, France, Spain, Portugal and Denmark before returning to the United States. She will blog about her experiences the whole summer as well.

"I would be positively chuffed if it could turn into some kind of travel writing opportunity."

While she doesn't have



plans following her time spent traveling around the world, there is no doubt that she will end up somewhere amazing. In the words of Rogers and Hammerstein: "It's possible."

In her time here at Pacific Lutheran University, she has been able to join a diverse array of organizations on-campus, develop a unique fashion sense, perform in countless open mics at Northern Pacific Coffee Company and study away. Out of all of her favorite things about PLU, McGaha loves how "they made it really easy to study abroad, which were some of the most informative experiences of my life." McGaha is majoring in Communication with an emphasis in Communication Studies and minoring in Scandinavian Area Studies, both of which were able to lead her on her journeys abroad. During her sophomore year, McGaha spent the spring in London, England, and this past fall she spent the semester in Copenhagen, Denmark.

"London was a good lesson in learning how to check your expectations because we hear so much about it in our culture. You have to learn to experience for yourself," McGaha said. "It was also a good lesson that if

you want something to happen in your life, you have to depend on yourself to make it happen. We were in such an American bubble in that program, so if you wanted to meet British people or go out and do fun things you had to make the plans yourself."

As for living in Denmark, "It gave me confidence in planning trips and figuring out problems and also knowing when to accept help from strangers and being able to trust God when stuff goes wrong and goes right," said McGaha. While in Denmark, McGaha was even able to continue her music career and perform original songs at open mics in Copenhagen.

In addition to her experiences abroad, McGaha has been active in the music scene at PLU and in the surrounding area.

"HERmonic is a great group of girls," McGaha said about her participation in the all-female a Capella group at PLU. McGaha performed in this year's International Championship of Collegiate a Capella regional competition, as well as the many other shows the group had during the academic year. During her college career, McGaha was also

a part of the on-campus faith groups Ignite, For the King and Intervarsity.

"It is really fun to see how you start to fit into different communities as you change over the four years," said McGaha.

"It's been influential with helping me understand God more, especially when you're questioning faith and purpose so much during school. It's been a really good anchor to come back to."

Outside of campus organizations, McGaha found her bearings within her major. "I like that you can tell that faculty and people at the university care about finding what you want to do. I feel very supported," McGaha said. "I found a couple of gems in the Comm department." Some of the most influential professors have been Art Land and Dr. Wells. "I love how [Land] looks at the world and encourages students," McGaha said. "Dr. Wells in Comm is also supportive. It is nice to see how much the faculty in general want you to succeed and want to connect you with the next big thing or the next step."

THROUGH ENGAGEMENT

Martha Spieker found passion in leadership and social justice while at PLU and reflects on lessons learned as she moves into her next chapter.

Profile by Libby Postovoit

Leadership means different things to different people, but to Martha Spieker it means community.

"I think the best and most important part of leadership is helping empower other people," Spieker said. "It's not doing it yourself."

Engaging with others to make Pacific Lutheran University a better place was a central focus of not only the senior's college career as a Hispanic Studies and Political Science double-major, but also her tenure as president of Associated Students of Pacific Lutheran University this year.

Student government wasn't originally part of the graduating senior's college plans. She went into college with the expectation that she would engage in a variety of activities that she loved, rather than adopting a more administrative role.

"I didn't really want to specialize, for lack of a better word," she explained.

As a first-year, Spieker mentored middle school students through Club Keithley, guided tours and held various employed positions on campus. Later, she studied abroad for two semesters and interned for Washington State Representative Derek Kilmer. She credits her diverse extracurricular background with guiding her toward her love for engagement.

"Through these experiences, I found that I'm most passionate about helping people with whatever they're passionate

about," she said. "It didn't have to do so much with what I was doing, but with the fact that I was engaging with other people who were passionate, encouraging them and providing them with resources."

Spieker's desire to help others reach their goals on a larger scale inspired her to seek a leadership role within ASPLU, despite having no official experience with student government.

During the spring of her junior year, she ran for president and won. This was her first-ever elected position.

As ASPLU president, Spieker was a vocal advocate of radical inclusivity and transparency between student government and the larger student body. "One of the things Ellie [Lapp] and I are most proud of this year is that we've actively tried to get other people involved in student leadership and government," she said. "Also, we try to connect them with resources in ways that haven't really been approached this year. We want ASPLU to be seen as a resource for

all groups on campus."

A significant part of ASPLU's role this year was providing a place for campus-wide dialogue about complex issues. Most notably, under Spieker's leadership ASPLU has supported the "Let's Talk About It" series to discuss relevant and often sensitive issues such as religion and race.

Describing the process of teamwork and dialogue, Spieker said, "When you let people run with ideas, I think that encourages and allows people not only to feel empowered, but to allow them to feel like part of a bigger group that does more work all together."

Spieker hopes that during her time at PLU, she helped make the Lute community a place where other students can find support. "The community that I've found here has been incredibly supportive. I want the support that this community has given me to reach as many other people as possible," she said.

Spieker's legacy at PLU was one of inclusion and discussion. She may further this legacy on an even larger scale after graduation when she returns to Washington, D.C. to work for Representative Kilmer.

In the same way that Spieker has made a profound impact on PLU's community, PLU has shaped Spieker's understanding of her life. "In high school, I used to be able to tell my story really well," she said. "In college, I realized that the mish-mash of my experiences, these things that are completely unrelated, has helped to get me where I am now."



Photos courtesy of Melissa Munson | TOP: Spieker and PLU President Thomas Krise pose with piglet at LollaPLUza 2015 after winning the "Kiss the Pig" voting competition. LEFT: Spieker poses with 2016-2017 ASPLU President Ellie Lapp during Bjug Harstad Day of giving with their Bjug Beards.



Associated Students of PLU's Mission Statement:

To lead in collaboration with our campus, we focus both outwards on our partnerships with student clubs and organizations, faculty, staff and administration of the greater Pacific Lutheran University community as well as inwards on ourselves. Therefore, the mission of the Associated Students of Pacific Lutheran University is to promote the growth of the collective student body community as a whole, while actively encouraging the advancement of the individual.

Millennial Movements

Are protests a thing of the past?



by Molly Undall
Ever heard that millennials are lazy? That we don't care about anything? That we're spoiled and don't know the meaning of hard work? You've probably heard one, if not all, of these statements about millennials at some point. At least, I know I have, on multiple occasions.

However, we do not believe this is true. Pacific Lutheran University's Multimedia Reporting class made this the subject of our solutions journalism project. In this feature we researched what millennials care about and what makes us react. More specifically, we examined how we protest.

We wanted to know how the way we protest differs from the way our grandparents protested, and even how it differs from the way our parents protested. Is the way we protest an effective way to protest? Do we see results? Are we lazy? Or

are we just protesting in a way more fitting to our time?

We also wanted to find out what students care enough about to react, and if there actually is something us lazy millennials react to, what is it? Does the way we react have results? Are we not as bad as the older generations seem to think we are?

In this multimedia presentation, we have pieces on all of the things I've mentioned. We have also made videos, and a podcast. Be sure to check all of them out!

Don't be one of those lazy millennials who does nothing - keep reading to find out what we discovered.

This feature was contributed to by Jeff Dunn, Jake Bilyea, Dylan Foreman, Maddie Bernard, Kiana Norman-Slack, Lucas Schaumburg, Erik Swartout, Molly Undall and Kellen Westering.

A history of protests

by Lucas Schaumburg

Modern protest movements may be spearheaded by societies youth, but the tradition is ancient. College and protests have intermingled together since Mardi Gras 1229, when University of Paris students poured out into the cobblestone streets in movement that would end up entirely reforming medieval education.

Demonstrations sprout from the plaza's of colleges all over the world. Pacific Lutheran University is no different, it's past that tracing over a history of American protests. PLU's intentions and the guiding spirit of protesting are intertwined. Even our namesake, Martin Luther, is one of the more famous protesters in history.

A venn-diagram of historic college protests and the history of PLU demonstrations would be a circle. Looking the digital archives of the mast, you read the stories of generations of PLU idealist's, continually raising their voices in an ever-replenished 4-year cycle. The most prominent of all protests, however (at least in converge) was probably our largest as well.

The largest of PLU protest started with debate about the Vietnam War around 1970. The first sit-in on Red Square, which occurred on the afternoon of October 15, 1969, was actually a joint effort with University of Puget Sound students. The respective Mast covered news of the PLU faculty's secret ballot explicitly forbidding professors to take a political stance on the war, which would end 5 years later. The article includes a memo circulated by faculty describing a PLU that acts "as a corporate body that does not take stands on political issues."

The anti-war effort culminated in PLU on May 13, 1970. Hundreds of protesters showed up at night to take part in PLU's only student strike. A forum with PLU higher-ups was immediately called the next day. Results of the strike seem inconclusive, as the next year's worth of Mast's are missing from online record. The next peace protest wouldn't take place until 2004, when a small number of students rallied against

the Iraqi war.

Student Debt is an evergreen issue, and questions about the rising coast of college have become louder and louder. Since about the 90's, ads about student loans from Citibank, for example, have been featured at least one issue every year until ads were discontinued. The issue rose to prominence in the more politically tranquil 90's, with a majority of debate centered on budgetary issues. The largest of these protests was in 1994, with a rally led by the now-defunct engineering department.

Perhaps the quickest progress for PLU has been made on LGBT issues. 20 years ago, students expressing any non-heteronormative couldn't "put up signs advertising our campus activities without expecting them to be ripped down or graffiti" said Doreen Marshall, the head of Lesbian Gay in 1994.

Most issues protested by students, even ones 30 years ago, still seek to correct problems that still directly affect our community to this day.

The September 10 issue in 1969, for example, has the Students for Black Progress group in an open debate with PLU officials about the lack of resources for black scholarships. In it, Chairman Larry Griggs describes his challenge to a school that was "lacking heterogeneous racial and cultural composition."

This problem, though progress has been made, persists 47 years later- in 2015, 87 percent of our facility is white. PLU's "Black Resurrection" protests that began two years later even unknowingly foreshadowed the "Die-In" that happened on campus just last year.

The students striving to bring about a racially equal United States are continuing on a legacy of work that spans generations before them. Just as all protesters continue to carry on a tradition of freely challenging society in hope of a greater understanding, inexorable from the institutional mission of PLU itself.

Social Movements

How do they work?

by Jake Bilyeu

What makes a protest? And, what makes it work? With massive groups of people with signs rolling through city streets, it can be easy to get lost in the shuffle, but there are definitely important elements that make successful social movements stand out.

History has given us many social movements to study and learn from. Great leaders have set the precedent for how to bring about social change. Martin Luther King, Jr. in particular, set what many see as the perfect model for a social movement, including Sociology Professor Galen Ciscell.

"Revolutions generally happen when good is taken away, and social change happens when movements have demands," Ciscell said. "Martin Luther King, Jr. sat down with President Lyndon Johnson to discuss the Civil Rights Act, and that's why his marches and speeches worked."

While King was one of the millions fighting for Civil Rights in America at the time, he established his leadership with his tangible dreams. Still, if King had no following, we wouldn't remember his name today.

"Without his millions of followers, King wouldn't have accomplished all that

much," Ciscell said.

In the years since the Civil Rights Movement, protests have drastically changed, but the concept of a figurehead still remains. Some PLU students who attended Bernie Sanders' rallies have noticed the similarities.

"We like to hear buzz words, and while Hillary Clinton is more detailed, Bernie Sanders uses sweeping statements," first-year Gillian Dockins said. "Sanders is definitely a dreamer."

Sophomore Peter Olschner also noticed how Sanders' supporters could all join together with little effort.

"You knew something about the person next to you without talking to them," Olschner said. "It was really an easy way to connect with people."

Olschner was also easily drawn to Sander's campaign. "He didn't seem so focused on the politicking," Olschner said. "He just wanted to provide an opportunity for progressive people to vocalize their goals, and it was incredible to know that his campaign could lead to tangible things."

Social movements elsewhere have lacked such structure. Dockins took part in the Occupy movement in 2011. Without a clear leader, the movement struggled to produce anything.

"The main issue was that no one knew

what the movements were about," Dockins said. "On top of that, there was a lack of organization at the camps, and so it became an unsafe and unappealing space."

The Occupy movement also became quite the trend in Portland, causing it to develop symptoms similar to slacktivism.

"It definitely felt like people were saying, 'if you're liberal, you have to show it.'"

While slacktivism and other trends have dragged millennials away from the core of social movements, many students are still learning about effective ways to protest, including sophomore Rizelle Rosales, who also attended a Sanders rally, recently attended a Trans-Pacific Partnership Summit hosted by Washington Fair Trade.

"The Summit was in a very calm environment, allowing people to learn and communicate effectively," Rosales said. "It was a social gathering about how to create social gatherings, and the leaders were very inclusive."

Although social movements have lost their touch from time to time, it seems that millennials and their predecessors are all helping to promote the core value of the movements intact, and have remained focused on the clear end goal despite the many distractions that come up in their march.

Cyberactivism or slacktivism?

by Maddie Bernard

Last November, Facebook gave users the option to filter their profile picture to the colors of France's flag to show their support for the victims of the Paris bombings. While a flood of red white and blue Facebook profile photos appeared, they were designed to be only temporary, and last about two weeks. Is this activism? Does this really help the people in Paris?

Cyberactivism is a new term used to describe the use of Internet technology for different forms of activism. Cyberactivism has many benefits, such as the ease of organization and the ability to spread information quickly. It can bring like-minded people together from all over the world and make them feel unified in fighting for their cause.

One of the greatest advantages of Cyberactivism is its ability to raise awareness. In the summer of 2014, the ALS Ice Bucket Challenge took the Internet by storm, challenging people to repost a video of themselves being doused in ice water, or donate one hundred dollars to the ALS Foundation. Thousands of people posted videos, and over 220 million dollars was raised for ALS. The money allowed researchers to test new drugs that would be considered "too risky" to be funded by any major corporations. Scien-

tists at John Hopkins University say the tests lead to a major breakthrough in ALS research; ALS symptoms were reduced in mice during testing. Without the Internet, many people would not be motivated to give money to the ALS foundation, or even know it existed. It is thanks to Cyberactivism that this major breakthrough in research took place.

While Cyberactivism can do good, it also has some major downsides. Many people did give money to the ALS foundation, but many also simply posted a video to fit in with the fad. A problem with Cyberactivism is that it gives people the ability to declare their support for an issue through social media, but they are safe behind the keys of their computers. It gives people the appearance of being socially and politically engaged, while they don't actually have to do anything. A study from the University of British Columbia found that when people post on social media about a cause, they are less likely to actually support it monetarily.

This inactive cyberactivism is called slacktivism, and is becoming more and more of a problem in today's society. A few years ago, the Invisible Children organization launched the Kony 2012 campaign. They released a video about a man named Joseph Kony who was allegedly abducted 60,000 children to make them fight in his

Ugandan army. The video was intended to be an experiment, seeing how many people could be reached and educated on the cause. In this sense, Invisible Children succeeded, the video got 100 million views in just six days. However, many people simply shared the video instead of donating money, and didn't really know much about the organization. Consequently, nothing happened to Kony, and most people who jumped on this bandwagon have probably forgotten about him.

American creator of the Occupy Wall Street Movement Micah White outlines the problem with Slacktivism with a clever analogy: "Political engagement becomes a matter of clicking a few links. In promoting the illusion that surfing the web can change the world, slacktivism is to activism as McDonalds is to a slow-cooked meal. It may look like food, but the life-giving nutrients are long gone."

What differentiates Cyberactivism from Slacktivism is action. Slacktivists only use social media as a front to pretend they support big issues to make themselves look and feel better. However, true Cyberactivism is more than clicking "like" or "share," it is using the power of the Internet to promote the cause, but then getting off the couch to do something about it.



Take Life

INTERNATIONAL

By Cara Gillespie

Junior Cara Gillespie spent her spring semester studying in Spain and travelling through Europe. Looking back on her experience she wouldn't change a thing.



I am sitting in a pub in Annascual, Ireland, a village town made up of about 2,000 people. I have been traveling for more than two weeks and living in Europe for nearly five months. Sitting here, I cannot help but reflect on my time abroad with nothing but fond memories and lessons learned.

Last year in January, I was sitting in the library scrolling through everyone's Instagram posts of their J-term trips, wishing I could go on one. I looked into the programs everyone was on and the past J-term programs. After looking at the prices, I quickly realized that a J-term study away experience was not financially feasible for me.

However, one of my deepest desires had always been to study abroad. I lived in Romania working with a church following my first year at Pacific Lutheran University and saw how life-changing immersion experiences are. My experience there only fueled my

desire to return to Europe and to study away. I was not content with giving up on my dream to study away just because I could not afford a J-term trip.

I scheduled a meeting in the Wang Center to discuss other options, through that meeting I found Institute of the International Education of Students abroad. My program actually ended up being cheaper, although close to, my tuition costs at PLU and the best part was my scholarships and financial aid still applied to my study abroad experience.

Knowing the expense of studying abroad for a semester was less than staying at PLU makes studying away sound like the easy choice, but for me it was not that simple.

At PLU I am known for my busy schedule. I work three to four jobs throughout the year, I typically take a full 17-credit course load, and as if that is not enough on my plate, I have managed to work for PLU's student media and continue

playing volleyball to boot.

That made the decision to study abroad difficult. It was like deciding to drop everything I loved doing and just leave, with no real knowledge of what was in store for me. I had studied abroad once already though, so I knew I had it in me to do again.

Once I made the decision to go, the rest was easy. I filled out the necessary paperwork and was off on my next adventure.

Some people think of study abroad as a glorified vacation, but I would argue it is a necessary step in everyone's education. Do not get me wrong, studying abroad was one of the most fun and rewarding experiences of my life, but studying abroad is like taking the challenges one has at home and putting them in a new context with even more challenges.

I had class and volunteering Monday to Thursday from 8 a.m. to 5 p.m. with an hour commute to and from class.

Then on the weekends, I usually had a full itinerary full of cultural experiences throughout Spain and other parts of Europe. I had a heavy homework load, just as I would have at PLU.

My program was tough, definitely comparable to PLU. I was trying to cultivate relationships with my homestay family as well as with all my new friends. A large part of what makes study abroad so special is really trying to adapt to the language, the culture and their customs.

In Spain that meant dinner at 9 p.m., siesta in the afternoons (although as a student you do not actually get a siesta), and going out for a drink with friends means sangria and patatas bravas at 1 a.m.

Five-months, 11 countries, countless planes and trains later I wouldn't change a single thing and more than anything, I'm proud I got myself there.

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