

Inside:

3 SHE'S A WINNER
Jennifer Hamlow awarded PLU's 42nd Fulbright.

CENTERSPREAD

HEY, SLEEPYHEAD!
For the college student whose priorities are anything but sleeping, here's something to think about.

10 GOOD DAY SUNSHINE!
Crew team heads to UC Davis for Spring Break.

Pacific Lutheran University

THE MAST

APRIL 4, 1997

Serving the PLU Community in the year 1996-97

VOLUME LXXX No. 17

BRIEFLY

Faculty contracts announced

Amidst a day of pranks and jokes, Provost Paul Menzel released a memo previewing faculty raises and staff cutbacks.

According to Menzel's memo, PLU's full-time faculty will receive 2.5 percent across-the-board raises.

In addition to cost of living raises, uniform supplements of \$425, \$525 and \$925 will be distributed respectively to Assistant Professors, Associate Professors and Professors while \$120,000 was also distributed throughout the staff as discretionary equity supplements.

"While these salary increases for continuing faculty and staff are of course less than we would like to see, they do put us discernibly above inflation again this year," read the memo. "In a difficult budget year, with enrollments an revenue not meeting our expectations, this should be considered a major achievement."

But while the administration was able to exceed cost-of-living raises in several cases, sacrifices were made. Even long-time staff members were not safe, as the administration found it necessary to lay off staff members to meet budget goals.

Menzel's memo read, "To be sure, to attain it we have had to reconfigure some positions and reduce the number of staff, and we all feel distinctly the loss of some well-known people among us."

Four awarded Diversity prize

Four winners were chosen from among 15 entries for the 1996-97 Diversity Prize Competition.

First prize was awarded to Ieisha McIntyre for her essay, "That Girl I Know." She received a \$500 scholarship.

Second Prize went to Jay W. Chennault for "A Cabin on the Coast." He received a \$500 scholarship.

Dawn M. Lawrence and Suzanne Jones each received honorable mentions.

Each received a \$50 gift certificate to PLU Northwest.

An award ceremony and reception honoring this year's contestants will be held on April 8 from 5:30 p.m. to 6:30 in the UC, Regency Room.

Politics in action:

Education in the 21st century

By Dave Whelan
Mast news editor

Congressman Adam Smith met with education leaders from around Western Washington Monday in a "Higher Education roundtable."

The purpose of this meeting was to give the congressman feedback and ideas of what his constituents feel the 105th Congress should be doing about education.

Included in the panel were PLU President Loren Anderson, UPS President George Mills, David Spangler, president of Saint Martin's College, and Vicky Carmen, dean of students at UW-Tacoma, as well as students and parents representing all the schools.

Smith called education "the most pressing issue" facing the country today.

"There is a gap between what people need to know and what they do know," said Smith. "Right now schoolwork is not relevant to the real world."

"We need to not lose the liberal

arts education while, at the same time, making it relevant to the real world."

Smith mentioned affordability as one of the major concerns of college students.

"The states have backed away from educational funding," he said. "The federal governments job should be to stimulate the states."

According to Smith, 25 years ago, 75 percent of financial aid packages consisted of grants and 25 percent of loans. In 1997, those figures have reversed.

Current proposals of the 105th Congress regarding higher education, (see chart, below,) include a \$1,500 tax cut for students with a B-minus or above average, an annual \$10,000 tax deduction for a taxpayer with income between \$50,000 and \$80,000 and raising the maximum Federal Pell Grant to \$3,000.

The concern of the college presidents regarding financial aid was the regulations of the Department

"Government should be saying, 'How can I help you?' rather than 'What do you want?'"

—Adam Smith

of Education regarding financial aid.

"They do not draw distinctions between public and private institutions," said Anderson.

Smith maintained, however, that the government "has shown more sensitivity in the recent past," when it comes to regulating money. The example for this, explained Smith, was set by the Republican majority in Congress, elected in 1994.

"One thing that the revolution of 1994 taught us is that government should not be viewed as

adversarial," he said. "Government should be saying, 'How can I help you,' rather than 'What do you want?'"

Smith also asked the presidents to identify the mission statements of their universities.

President George Mills of UPS defined his school's goal as "to analyze and articulate change to create a vision for the future. We have a passionate commitment to connecting the arts and sciences with job employment."

Anderson went one step further, calling PLU a "comprehensive university."

"We emphasize professional programs based around a liberal arts core," he said. "Our graduates are employable but also have the breadth to carry forward the school's motto of educating for service."

President Spangler of St. Martin's College identified his school's goal as "combining the depth and See EDUCATION page 12

Education Proposals in the 105th Congress Affecting Higher Education

PRESIDENT'S PROPOSAL

1) HOPE Scholarship: A nonrefundable tax credit of up to \$1,500 for tuition and required fees for each of two taxable years. The second year credit is conditioned upon students having earned at least a B-minus average in their previous post-secondary education.

2) Tax Deduction: Up to an annual \$10,000 tax deduction for tuition and fees is proposed, with no time limit. Credit and deduction would be reduced for a taxpayer with modified adjusted gross income above \$50,000 or \$80,000 for married, filing jointly.

3) IRAs: Permits funds in IRAs to be used for college ex-

penses without penalties.

4) Pell Grants: FY98 Pell Grant maximum would be raised to \$3,000 and changes in need analysis would increase Pell eligibility for single, independent status.

SENATE DEMOCRAT'S PLAN

(S.12 - Education for the 21st Century Act)

Similar to the Administration's proposal on tax credit and deduction with several differences including the following: tax credit would be refundable, eligible students must have earned at least a B-minus average in high school, and credit applies to two academic years of post-secondary education, (not two taxable years).

Unlike the Administration's proposal, the Democrats proposal

authorizes the deduction of interest on education loans for taxpayers below certain income levels.

SENATE REPUBLICAN'S PLAN

(S.1 - Safe and Affordable Schools Act)

This bill would authorize tax exempt education savings accounts up to \$1,000 per child per year.

It also makes permanent the exclusion for employer education assistance and extends to graduate level courses.

It modifies provisions of the tax code regarding state tuition prepayment programs to exclude distributions used for higher education expenses, (including room and board), from taxation.

It also authorizes the deduction

of interest on education loans for taxpayers with income below certain levels, and it excludes Federal Work Study earnings from taxation.

TYPES OF FEDERAL AID

- Student Loans
- Pell Grants
- Supplemental Educational Opportunity Grants
- Work Study
- Perkins Loans
- State Student Incentive Grants
- Byrd Honors Scholarships
- TRIO Program

FBI recruiter talks with PLU hopefuls

By Roger Broadniak
Mast reporter

A special agent from the Federal Bureau of Investigation (the nation's largest law enforcement agency) paid a visit to the PLU campus Tuesday night, marking the first such appearance since 1991.

For one hour, Special Agent Mike Sanders conducted an informational session about FBI employment opportunities in the Regency Room.

Sanders is the applicant coordinator for the Seattle field office.

More than 50 students listened intently as Sanders provided an overview of the FBI's hiring pro-

cedures, followed by a question-and-answer session. Several questions concerned the special agent application process and the desirability of different kinds of work experience.

"I find that it's more effective to give a brief and informal discussion first, rather than a 20 minute canned speech," Sanders said. "It usually turns out that my presentation is more informative if the audience asks the questions and I answer them as best I can."

Other questions addressed the day-to-day life of a special agent and the image of the FBI as portrayed in movies.

"You'll find that FBI special

agents are ordinary people just like anybody else," Sanders said. "It's interesting and exciting work but it can get tedious. It's not all action like you see in the movies."

Another topic of interest was the FBI Honors Internship Program.

The HIP, as it is known, is offered to undergraduate and graduate students during the summer entering their senior year. The program seeks to attract highly capable students interested in careers in law enforcement.

FBI honors interns spend three months in Washington, D.C., at the FBI headquarters.

A handful of interns spend their

summer at the FBI academy in Quantico, Va. The internship is paid and transportation costs to Washington, D.C. are reimbursed.

Other perks include a personal visit with FBI Director Louis J. Freeh, a firearms session in the FBI firing range, briefings from the assistant directors of the FBI and a tour of the FBI academy.

The HIP is well-renowned, having been cited as one of the top 100 internships in the United States, according to The Princeton Review's "America's Top Internships of 1996." Princeton Review's

See FBI page 12

CAMPUS

SIDEWALK TALK

Question:

“How much value do you put on sleep? Why?”

(See related stories in the centerspread.)



“I feel that I need a lot of sleep because it boosts the immune system and keeps you awake no matter how much caffeine you have.”

Jason Miller
Freshman



“I know that if I don't get sleep I can't do anything effectively and it usually makes me hyper if I don't get sleep.”

Melinda Dickman
Sophomore



“I sleep all day if I could because I have good dreams at night.”

Kelly Jones
Sophomore



“I place a high value on sleep because I get headaches and get cranky and snap at people.”

Philip Edlund
Freshman

FOOD SERVICE

Saturday, April 5

Breakfast
Muffin Sandwich
Fresh Hashbrowns

Lunch
French Bread Pizza
Cheese Pizza

Dinner
Chicken Fijatas
Mexi Fries
Veg. Burrito

Sunday, April 6

Breakfast
Pancakes
Cheese Omelet
Sausage
Donuts

Dinner
Pot Roast & Gravy
Red Potatoes
Ratatouille

Monday, April 7

Breakfast
Waffles
Scrambled Eggs
Hashbrowns

Lunch
Lasagna
Veg. Lasagna

Dinner
Hamburgers
Cheese Burgers
Fries

Tuesday, April 8

Breakfast
French Toast
Fried Eggs
Canadian Bacon

Lunch
Grilled Cheese
Spicy Garden Pita
Tuna Cass.

Dinner:

Kaluha Pork
Sticky Rice
Hum Bao

Wednesday, April 9

Breakfast
Apple Pancakes
Eggs
Sausage

Lunch
Chicken Club Pasta
Peppers Salsa Lito
Rolls

Dinner
Fried Chicken
Potato & Gravy
Jambalya
Corn on the Cob

Thursday, April 10

Breakfast
Waffles
Scrambled Eggs
Sausage

Lunch
Taco
Veg. Burrito

Dinner
Salisbury Steak
Eggplant Parmesean
Breadsticks

Friday, April 11

Breakfast
Cheese omelets
Ham
Hashbrowns

Lunch
BBQ Chicken Sand.
Ratatouille

Dinner
Healthy Baked Fish
Turkey cutlet
Souffle

SAFETY BEAT

Friday, March 14

- Campus Safety talked to a person who was making copies in the library of political and religious leaflets to distribute to students on campus. The person admitted to not having permission to make the copies. The person was asked to leave campus.

Sunday, March 16

- A student called Campus Safety to ask for help after she cut her finger in Ordal. Campus Safety cleaned and bandaged the wound.
- A student called Campus Safety to ask for help with a knee injury that occurred while playing a sport in Olson Gymnasium. Campus Safety applied ice.
- An Ordal RA called Campus Safety to ask for help dealing with a student who was having emotional and psychological problems. Campus Safety talked to the student, whom had calmed down by the time Campus Safety arrived. Campus Safety advised the student to go to counseling and testing.

Tuesday, March 18

- A staff member in the Human Resources Building called Campus Safety to request assistance with a cut she had received on her hand. Campus Safety cleaned and bandaged the wound.
- A student contacted Campus Safety to report the theft of her lava lamp. The student identified one person as a possible suspect. The suspect's alibi was found to be flawed. The suspect admitted he had stolen the lava lamp and then lied about his alibi. Student conduct was notified.

Thursday, March 20

- A pool staff member contacted Campus Safety to request medical assistance with a guest who had aggravated a previous injury during physical therapy in the pool. The

guest was unable to move because of excessive pain in his lower back.

Friday, March 21

- Campus Safety responded to a dispatch on the Pierce County scanner that a Harstad resident had fallen down the stairs from the second floor. The resident lost consciousness and began to convulse. Pierce County paramedics took the resident to St. Claire's Hospital. The resident was later released.
- A library staff member called Campus Safety to report that a student lost consciousness while working. Campus Safety determined that the worker had not eaten that day. Campus Safety advised the student worker to eat.

Sunday, March 25

- Campus Safety noticed while on patrol that Pierce County Paramedics had arrived at Olson Auditorium to assist an elderly guest who was suffering from cardiac pain. The guest was taken to the hospital by the his spouse.

Thursday, March 27

- A student called Campus Safety to get assistance with a cut he had received while inadvertently falling down stairs in Ordal.
- An Olson building supervisor called Campus Safety to request medical assistance for a PLU guest whom had fallen from the second floor balcony of Olson and was in great pain. Pierce County Paramedics determined the victim may have suffered a broken back.

Fire Alarms

- March 15; Business Office. The cause was a system malfunction.
- March 18; Hinderlie. The cause was undetermined.
- March 19; Stuen. The cause was undetermined.
- March 20; Hinderlie. The cause was a malicious pull.
- March 20; Tingelstad. The cause was a malicious pull.

Mike's Weekend Weather

Don't cancel those tanning salon appointments because we're looking at gray skies through Monday. Keep your heads up and look for low-flying clouds.

Mike Thorne is a senior economics major and the weather guru for KCNS6. You can watch him live every Wednesday night at 10 p.m.

| Friday | Saturday | Sunday | Monday |
|-------------------|-------------------|-------------------|-------------------|
| Low 34 High 53 | Low 34 High 54 | Low 42 High 54 | Low 36 High 54 |

CAMPUS

New registration computer to ease process

By Stefon C. Reid
/Mast intern

The upcoming mad dash for PLU students to register for summer and fall classes has arrived, and with the help of the new S.C.T. Banner registration system, students will have access to a wide variety of features.

"The institution decided last year to purchase a new software system to handle student information, driven primarily due to problems in processing financial aid," said Chuck Nelson, registrar.

The S.C.T. Banner, is similar to teleregistration, but has a few sig-

nificant differences.

The biggest difference will be that students will no longer be notified of their registration times through post cards.

Registration days will be assigned by the number of credits.

The phone number, (253) 531-4011 from off campus, or x4011 on campus, will remain the same, but students will be asked to provide a pin number as well as their social security number.

The initial pin number will consist of the student's birthdate. For example, a student born on Jan. 12, 1978 would have 011278 as their initial pin number.

"It is important that the student change the initial pin number as soon as possible," said Nelson. "In case someone knows your social security number and birthdate they won't be able to make changes to your schedule without your knowledge."

Another change is the elimination of the pound sign at the end of each request. Nelson believes this may take some getting used to.

"Basically, you punch in the four-digit number for the class, then wait," Nelson said.

Once the classes are inputted, they must be confirmed by saving them. This will enable students

to double check their schedules.

It will also inform students of any time conflicts with classes, which the old system does not do.

This will keep students from enrolling for two classes that start at the same time. Students will also be informed of any labs, lectures or study groups they may have to register for.

In addition to these features, students will be able to access their entire PLU academic history, as well as if they are any type of registration hold (medical, financial, etc). The software that will enable this access will be installed next spring.

By the fall 1997 semester, students will be able to call in to get their grades.

During a recent mock registration, about 600 students tested the systems, in attempts to work out any system errors. One minor problem did appear, but it was cleared up within minutes.

As with any new system, there may be a few more bugs to work out. The registrar's office urges patience should the need arise, students will have to come into the registrar's office and register.

Complete information on this new system will be made available to students soon.

42nd PLU student awarded Fulbright

By Melissa Bakos
/Mast Reporter

One of the most prestigious awards that a student can receive is the Fulbright Scholarship. This scholarship is bestowed upon a student who is academically strong as well as driven. The student must possess qualities that make him or her competitive with other applicants in the United States. PLU senior Jen Hamlow was recently given this award.

As a double major in Public Relations and German, she will study at the Paris-Lodron University in Salzburg this fall.

Her plan is to conduct a comparative study focusing on the different teaching methods used by the United States and Europe in the field of Communication.

"I think it reflects well on PLU and the individual students that we have serious candidates," said Professor of Communication Diane Harney.

Harney was one of the individuals who wrote a letter of recommendation for Hamlow and helped her through the interview process.

After many months of research on the internet, Hamlow devised a plan of study where she will attend class at the university and observe

the methods of teaching.

Some of the classes that she will enroll in will be ones that she has already completed at PLU.

According to Hamlow, the communication classes in Europe go one step further by incorporating the international aspect into the curriculum.

She hopes to possibly construct a teaching plan to bring back to PLU. Professors could use the information in creating a class that would teach cultural awareness and have an international focus.

Among the goals that Hamlow plans to accomplish are: to become completely fluent in the German language and to take advantage of this opportunity to become more marketable to future employers.

"I want to equip myself with the tools that will make me a positive addition to any internationally minded company," she said. "The more I can do for myself now, the better it will be for my future."

Hamlow is extremely excited to be able to return to Europe and pursue her educational goals.

She spent last year studying abroad in Germany. She returned and applied for the scholarship in October and was just recently notified that she had won the award.

As a counselor in the study abroad office, Hamlow advises other students on studying abroad

and encourages them to take the opportunity to broaden their horizons.

In the field:

Other Fulbright Scholars

Jason Thompson and Erik Melver:

Roommates their freshman year, Melver and Thompson are currently teaching English to Korean children.

Thompson is a 1996 graduate of PLU with a double major in theater and music.

Melver graduated in 1996 as well with degrees in both English and classics, plus a publishing and printing arts minor.

Melver and Thompson are PLU's 38th and 39th Fulbright Scholars.

Alexis Vasquez

Alexis Vasquez graduated from PLU with an economics and Spanish major.

Currently, she is in Chile studying the effects of free market policies on forestry that were put into place during the Pinochet regime (1973-89). She is focusing her attention on the city of Concepcion and gather data from mainly the '80s.

Vasquez is PLU's 40th Fulbright Scholar.

THE MAST

Will be hiring soon.

Do you have what it takes?

x7494

You are invited to attend International Careers Presentation

with
Dayton Hughes
Chief Recruitment Officer

MONTEREY INSTITUTE OF INTERNATIONAL STUDIES

MONTEREY • CALIFORNIA • USA

Wednesday • April 9
4:00 pm - 6:00 pm
University Center Lobby

FOR MORE INFORMATION CONTACT:
Monterey Institute of International Studies
Admissions Office

425 Van Buren Street • Monterey, California 93940 USA
Phone (408) 647-4123 • Fax (408) 647-6405
Internet E-Mail: admit@miis.edu
http://www.miis.edu

IMPROVE YOUR LOVE LIFE!



Today more than ever our relationships
need practical help, direction and hope.

Join us for a new series of messages by
Pastor Roger Worsham based on 1 Corinthians 13.

- | | | |
|-------|----|--|
| April | 6 | Resist the urge for instant gratification. |
| | 13 | Bring out the best in others. |
| | 20 | Reduce rivalry in relationships. |
| | 27 | Get ego out of the way. |
| May | 4 | Learn to give and receive respect. |
| | 11 | Recover from the need to control. |
| | 18 | Manage your anger before it manages you. |
| | 25 | Release the burden of resentment. |
| June | 1 | Tell the truth to one another. |
| | 8 | Consistently choose loving behavior. |

Parkland Christian Church

Sunday mornings • 9:00 & 10:45
12305 Spanaway Loop Rd S • (206) 531-0757

OPINION

EDITORIAL

Rethinking our attitudes on sleep

Once upon a time we were forced to take naps on little mats in the middle of the day, when all we wanted to do was play.

Now we willingly fork over more than \$400 to take classes such as "Relaxation Techniques" in order to find time for a nap.

In front of our friends and co-workers we may still laugh in the face of exhaustion, but deep inside we are longing for our blanky and drool-soaked pillow.

As college students, we are faced with constant drains on our brain and energy levels. We are expected to go to school, work, participate in extracurricular activities, keep some semblance of a social life, and still manage to take care of ourselves and maybe even our families.

While some people are experts at organization and can get everything they want done and still get at least eight hours of sleep every night, most of us are natural-born crammers.

We cram for a test.
We cram for a meal.

We cram to finish that project at work.

We cram in naps, but never sleep.

But despite the fact that we know and are told that we will work better if we get enough sleep; that we'll be healthier if we get enough sleep; that all in all we'll be happier if we get enough sleep, hardly ever do we listen.

But maybe we need to.

It shouldn't take crying over corn flakes, becoming bedridden with mono or being struck with a nervous breakdown to slow us down.

But often it does.

While that eight hours of sleep may seem like a great time to schedule your study hours, extra part-time job or your overflowing list of dates — take look at the costs.

(See related story in this week's centerspread.)

—Alicia Manley

THE MAST STAFF

Co-Editors

Alicia Manley
Nathe Lawver

News Editor

Dave Whelan

A&E Editor

Heather Meier

Sports Editor

Geoff Beeman

Asst. Sports Editor

Jenny Chase

Photo Editor

Eric Dennon

Page Two Editor

Mark Lee

Ad Manager

Cindy Sinnes

Classifieds Mngr.

Charlotte Stelzer

Copy Editor

Kara Klotz

Business Manager

Kevin Bartholomae

Circulation Mngr.

Brandi Baker

Columnists

Kaia Benson
Craig Coovert
Hillary Hunt
Joel Larson
Bryan Powell
David Whelan

Reporters

Melissa Bakos
Roger Brodniak
Wendy Joy Garrigues
Sara Palmbush
Lisa Patterson
Erin Rowley
Kevin Schultz
Mike Safford Jr.
Lena Tibbelin

Interns

Andrea Anderson
Nigel Barron
Jaime Britt
Neil Grenning
Jason Pollock
Chris Ode
Christine Sennon

Photographers

Heather Anderson
Stephanie Merle
Lawson Kita

Adviser

Cliff Rowe

Car maintenance and other tales of woe

Note: Dave Whelan is still mentally on Spring Break. He apologizes for any confusion this may cause.

My car is an eternal source of wonder to me.

This is primarily because I have no idea how it works. Being male, it is usually assumed that I understand the inner workings of my engine, but I don't.

Here is a list of my automotive knowledge to date:

Pedal on left = STOP
Pedal on right = GO

However, when something on my 1984 Civic breaks, or starts to rattle, or smoke starts billowing out from under the hood, I feel that I have a responsibility, no, a duty to inspect the damage.

I don't know what I'm expecting to find when I pop open the hood. Who knows, perhaps the broken part will be standing there holding a sign reading, "I'm Broken."

This would make things easier, however, this seldom is the case.

So what do I do? Well, usually I end up standing there staring at the



AS THE WHEELS TURN
By Dave Whelan

engine and nodding as if I know what I'm doing.

In reality, I haven't the first clue as to what's wrong, but if I nod in a competent manner, maybe people walking by will think that I do.

I'm not the only person who does this.

Many was the time growing

up that my father and I would stand side by side and contemplate a car engine, both of us nodding in a competent manner, neither of us knowing what was wrong, neither of us willing to ask for assistance.

I also remember going to the hardware store with my dad.

We would always see a lot of other dads and their kids. Everyone kind of wandered the aisles, looking for the right part.

Nobody knew what that part was.

We'd often make friends with this other searcher.

Sometimes, we'd exchange parts, just to keep things interesting.

Inevitably, we would return home — only to discover that my mother had called the repairman.

Eventually, of course, I'll break down and ask for help. A mechanic, usually named "Joe" will fix my car and explain what's wrong.

"Well, your fuel filter is clogged and not enough gas is getting to your carburetor, causing the engine to stall."

I'll nod at him in a competent manner, all the while having no idea what he's talking about. Meanwhile, "Joe" will be wondering just how he got stuck with such a moron like me as a customer.

He shouldn't hate me. Without us morons, "Joe" would be out of business.

I shouldn't be bitter. I guess I'm just lucky there are guys like "Joe" in the world to fix my car. If mankind ever regresses to a primitive state, guys like "Joe" will be living in shelters they have built while the rest of us are eaten by wolves.

In the meantime, however, my car runs fine now, and I'll just keep driving until the next breakdown.

At which point, no doubt, I'll be standing in my driveway, looking at my engine, nodding in a competent manner.

Dave Whelan is a senior public relations major. Following graduation, he plans to travel the world looking for the Spice Girls.

Corrections

In the article titled: "Anti-theft steps taken in the UC," The Mast incorrectly reported that there are 3-4 bags stolen daily from the UC backpack rack. The correct figure is approximately 3-4 bags are stolen per week.

Rob Peyree, Eric Montague, Alexa Marsh, and Erin Sigman's names were misspelled in our last issue. Erin Sigman is the Associate Director of Dining Services.

Dining Services was incorrectly referred to as Food Services in our last issue.

The Mast apologizes for these errors.

The Mast strives for accuracy in its writing. If you detect any misspellings or errors in the Mast, please, let us know! The Mast staff can be reached at (206)535-7494 or by e-mail at mast@plu.edu. Or, by post at:

The Mast
UC Mezzanine
Pacific Lutheran University
Tacoma, Wash. 98447-0003

THE MAST POLICIES

Pacific Lutheran University • Tacoma, Wash. 98447-0003

The Mast is published by Pacific Lutheran University students Fridays during the fall and spring semesters, excluding vacations and exam periods.

Editorials and Opinions: Editorials and columns express the opinion of the writer and do not necessarily represent those of the PLU administration, faculty, students, or the Mast staff.

Letters: The Mast welcomes letters to the editor but requires that they be signed, submitted by 6 p.m. Tuesday and include a name and phone number for verification. Names of writers will not be withheld except under rare circumstances determined by the editorial staff.

Letters must be limited to 250 words in length, typed and double-spaced. The Mast reserves the right to refuse to publish any letter. Letters may be edited for length, taste and for mechanical errors.

If you want to express your opinion on any topic associated with PLU or the world, or if you have story ideas, please send your suggestions and comments to:

The Mast
Pacific Lutheran University
Tacoma, Wash. 98447

or, you can e-mail The Mast at:
mast@plu.edu

Arts & Entertainment

Common misconceptions about computer geeks

Recent events in Rancho Santa Fe, Calif. have turned attention onto those of us who develop websites.

I find it interesting to find that the immediate reports were 39 males between the ages of 18 and 25. What exactly did the deputies who first entered the mansion do? I am assuming that they made a quick look around, saw everyone wearing Nikes, a bunch of computer equipment, and made the quick stereotype that they were all males who were a bunch of computer geeks.

In the days that followed, each member of the Heaven's Gate cult was identified very quickly, seeing that they each had a piece of identification laying next to them in their beds, as males and females.

Not that I don't appreciate the attention this story has brought to the World Wide Web, but it seems to me that the general media have



WEBMASTER'S WORLD
By Joel Larson

gone gaga over this and make it seem that every web developer believes that there is a UFO in the tale of the Hale-Bopp comet.

In a way, it is just another thing to pile on the growing list of inaccuracies about computer program-

mers and web developers.

Let's examine a few:

NOTION:

- Web developers are big, unshaven slobs who survive on fast food and pizza.

DEFENSE:

- Web developers come in all shapes and sizes, just like every other job there is. There may be proven statistics that computer programmers are over weight, but this is probably due to the fact that not much exercise happens while working on a computer.

NOTION:

- Web developers would much rather talk to their on-line friends than their real life friends.

DEFENSE:

- Personally, I no longer have the time for on-line friendships. Which is unfortunate, because I have built a network of friendships all over the world. This can be helpful in life when you need to

find out something, still proving: "It's not what you know, but who you know." Downside? I'm almost 21 years old and I wear bifocals. Stupid computer screen.

NOTION:

- Because it is on "the web" it must be true.

DEFENSE:

- Yup, 100 percent right. There is a UFO in the tale of the Hale-Bopp comet, and twinkies become radio-active after being microwaved for a minute and a half, and I am really a 40-year-old teacher who rides around on a dragon charring a carbon-eating organism called "thread"...Come on...There is such a thing as fiction. Even on the web.

HOTSITE OF THE WEEK!!!!

If you can connect, I suggest you read what the Heaven's Gate cult was all about. A very well done and extensive site can be found at:

<http://www.heavensgate.com>

Also, if you are looking for some real information, or further news on the Heaven's Gate mass suicide, check out the major magazines at:

<http://www.pathfinder.com>

TIP OF THE WEEK!!!!

Have a tip? Send it in! Nominations for PLU's Best Website are now being accepted!!! This includes departments, organizations and personal homepages. Myself and my pages are exempt, so send in your nominations today!

Joel Larson is PLU's Webmaster. He is still attempting to attain his Bachelor of Music Arts degree, with a minor in Computer Science. Comments and suggestion can be sent to The Mast or to webmaster@plu.edu. The opinions expressed in this column are that of the columnist and in no way express the opinions of the university or the Web Development Office.

Devine intervention needed for "The Devil's Own"

First, actor Brad Pitt called it an irresponsible bit of film making. Days later, Pitt (under intense studio pressure) came back saying the quote was taken out of context and the film was actually quite good.

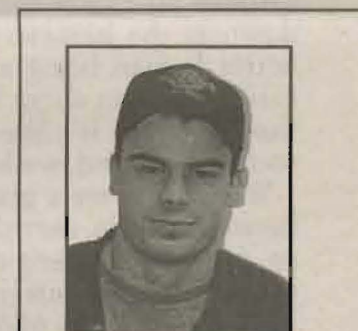
He was right the first time.

"The Devil's Own" isn't a terrible film as much as it is a let-down. With Pitt ("Seven") and fellow star Harrison Ford ("The Fugitive"), audiences have come to expect a certain level of quality.

Throw in respectable director like Alan J. Pakula (who worked so well with Ford in "Presumed Innocent") and the audience expects a great film. Unfortunately, this film does not live up to these lofty standards.

It started off as a great premise. A good story and two of today's hottest stars.

Each star, though, wanted his individual characters to become the focus of the movie. This is where the trouble began. Through-



FRUGAL REVIEW
By Bryan Powell

out the long shooting (which went incredibly over budget), the script was constantly changing, trying to accommodate both of the stars.

And so, an unusual problem (by Hollywood standards) occurred and the film became over characterized. Pakula does successfully

| The Devil's Own | |
|--|----------------|
| Entertainment Quality: | \$\$\$\$ (1.5) |
| Cinematic Quality: | \$\$\$\$ (1.5) |
| Willing to pay: | 3 bucks |
| Starring: Brad Pitt and Harrison Ford | |
| Director: Alan J. Pakula | |
| Showing: Narrows Plaza 8, Puyallup Cinemas, Gig Harbor, Lincoln Plaza, Lakewood Mall Cinemas | |

keep the viewer's interest in the two lead characters.

He never allows the audience, though, to really care about any of the other characters. Instead, he chooses to focus on Pitt and Ford, making them seem overly important.

Whenever Pakula comes close to making some significant point, he cuts to an action scene. Of course, the action sequences aren't that special.

The action is slow and predict-

able. Rarely does this film come anywhere close to surprising the audience. A good action film will keep the audience on the edge of its seat in anticipation. "The Devil's Own" does not do that.

Not all is bad with the film, though. Ford and Pitt both do good jobs in this film.

Ford plays a New York police officer. He manages to make his morally conflicted character seem believable, despite a flawed script (rewritten numerous times for him

and Pitt). Pitt also does a decent job acting in this film. Sporting an Irish brogue and an attitude, Pitt makes the character's strengths and frailties real.

Pitt's supposed compassion for Ford and his family, though, is not as prevalent. This may not be completely Pitt's fault. According to sources on the film, most of the scenes where Pitt displays compassion were edited out of the film in an attempt to increase the pacing of the film.

All in all, "The Devil's Own" is a decent film. Ford and Pitt do commendable jobs acting in a poorly scripted movie. The real problem with this film is that it never really seems to get going.

The only thing "The Devil's Own" does is cause viewers to sink further into their seats and wonder when the real movie is going to start.

Bryan Powell is a sophomore film major

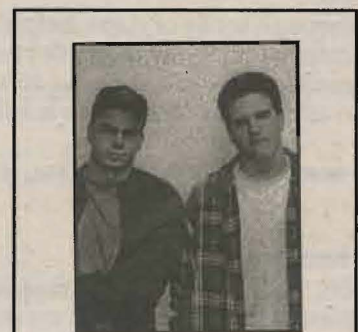
Studio economic dilemma: Go for the Big Bucks or the art?

A couple of years back a little movie called "Waterworld" was made.

Rumors swirled around its release that its budget had soared to an astonishing \$200 million. It was later found that the budget was only a paltry \$150 million. With the help of the overseas market, "Waterworld" did eventually break even—barely.

So what did Hollywood learn from this fiasco? Not much, based on the recent productions Hollywood is putting out. With a record number of \$100 million productions coming out this year, Hollywood seems to be saying that bigger is better. But is it really worth it?

Studio heads are claiming it is more economically sound for them to produce a couple of expensive



WHOLLY HOLLYWOOD
By Bryan Powell and Craig Coovert

blockbusters than it is for them to produce a bunch of mid-ranged films. They feel that at the very

least, through the overseas market and video rentals, an "event picture" (like last summer's "Independence Day") will end up recouping its money. On the other hand, they feel that mid-range films (lacking in the amount of hype and advertising surrounding a bigger film) is a more risky proposition.

An unfortunate, though obvious, side effect of this practice is the decline in the quality of the films produced.

To sell their films, studios are spending gads of money on lavish special effects and hot stars (regardless of their acting talents). With the amount of money being thrown in those directions, something has to give. And that usually ends up being something known quite commonly as a story.

Jim Carrey and Tom Cruise are all a part of the \$20 million club.

Are they really worth it?

Definitely, from an economic standpoint.

Carrey's recent film "Liar, Liar" made an astonishing \$31.4 million its opening weekend on his name alone.

Cruise's current film, the Academy Award nominated "Jerry Maguire", has so far made \$143 million. Would "Jerry Maguire" have done as well without Cruise? Not likely. With Cruise (nominated for Best Actor for his performance) in front of the camera, the film was virtually guaranteed to be a success.

Some stars, like Carrey and Cruise, are deserving because (regardless of what critics think) they make money and the film industry

is NOT a non-profit organization. Hollywood is as much about making money as it is about making movies.

This leads us back to the argument of quality film making versus economic movie making. They are linked, as one cannot survive without the other.

Artistic films need the money generated from the "event pictures" to sustain them. "Event pictures," consequently, need the intelligence of the more artistic films to give them the industry respect.

Therefore, there needs to be some sort of balance between the two.

Bryan Powell is a sophomore film major. Craig Coovert is a freshman communication major.

Catching some Z

Story by Wendy Joy Garrigues
Mast reporter

Sleep graphic by Ruth Ann Hagglund
Mast cartoonist

?? DID YOU KNOW ??

Humans spend about one third of their lives unconscious and dreaming.

During sleep, the brain consumes extra oxygen and has increased blood flow.

REM, rapid eye movement, is the "dream" phase of sleep and occurs about 1 or 2 hours after falling asleep. Waking up during this phase is when dreams are best remembered.

Sleep is a necessary part of life, not a fringe benefit, as many college students come to believe. Without enough sleep, one can feel less alert and vigorous. In addition to seriously sapping energy levels, lack of sleep affects mental and social functioning (i.e. instead of a functioning brain, you go to class with oatmeal in your skull.) Sleep deprived persons may also suffer confusion and fatigue. One can argue that many a brilliant paper was conceived on fewer hours of sleep than one might imagine, but the time it takes to recover from such a feat may damage other papers and projects in the process.

Sleep deprivation has been as a form of torture and an instrument in brainwashing because prolonged sleeplessness has been found to cause hallucinations, delusions, disorienting, and demoralizing affects.

Interestingly, both little children AND grown-ups need naps in the afternoon, and sleep less at night. Only older children and adolescents seem to be able to function solely on one long sleeping stretch.

A CATNAP BEFORE C

Naps are quite common in most European cultures, but in the past have been looked down upon in American society during the 19th and 20th Ages simply because they were viewed as "wastes of time." They are making a comeback however, ranking in the top ten list on "full spectrum" by Trenda Research published in 1996. With so many people taking naps these days, more opportunities for sleeping "on the job" are being created for themselves. Napping allows for more productivity because people feel happier and more rested.

In an excerpt from a piece titled "Ode to a Nap" by Michael Fay, one such happy verse says: "Studies have shown that a half hour nap in the afternoon makes you a better human being. (Studies also show that doing volunteer work at the homeless shelter makes you a better human being as well, but napping is easier.) Forget about taking naps in your bed though, yech. It's like putting on SCUBA gear to splash around in a kiddie pool."

While naps are a great way to relax and revive between classes, they should not exceed an hour or so. Sleeping too long during the day can interrupt normal sleeping patterns and cause more problems than benefits once nighttime comes.

Rest and relaxation

Written by Jaime Britt

Relaxation can take many different forms. Some people prefer to sit and read while others enjoy a nice long bath. A good way to relax is through meditation.

Meditation is basically sitting in a relaxed position with your eyes closed in a quiet environment where you feel safe and will not be disturbed for a period of time.

There are two components to reaching meditation. One is listening to a dialogue on tape instructing you in ways of relaxing, and the other is listening to music.

Not all types of music are relaxing since most music was not composed for the use of relaxation. The reasoning behind this is that "the tempo of the music should not exceed the speed of a relaxed heartbeat (about 60 beats per minute)." If it does, it stimulates not only the heart but the brain as well, which defeats the purpose of relaxation, which is the basic element of deep meditation.

Music prepares an atmosphere of tranquility, but only if the music is mellow enough, with a slow tempo as described earlier.

Surprisingly, there are some who completely disagree with the idea of music as relaxing.

"Most music, from Bach to rock, is intended to stimulate rather than relax. It literally makes your nervous system 'more nervous'. [Their] music was never intended to be relaxing in the first place... Therefore, music- even if it's played softly in the background- will keep you from reaching a meaningful state of relaxation."

Since this could be the case, special music has been composed as an aid in relaxation.

The other component to help reach meditation is audio tapes. These tapes take you through series of steps, helping one reach complete relaxation.

In most cases, these tapes tell you to find a lying position in which you feel most comfortable. They then ask you to close your eyes and envision a place of comfort, a place where you feel safe and undisturbed. It will talk you through steps in imagining relaxing certain parts of your body individually, usually starting from the head and moving down to the toes. It may also ask you to count your inhales and exhales just to keep your mind from wandering about the day's activities.

Another reason that breathing is important is because in a shallow inhale, which is common in a relaxed state, less oxygen is consumed, slowing down the heart rate, and causing the body to relax even more.

These are things that anyone can do to relieve tension in a person's body.

Meditation not only help one feel emotionally better, but it can actually improve health.

By eliminating the level of stress in a person's life by regularly practicing meditation, "many of today's stress-related diseases can be prevented and help provide you with: more energy, a more robust immune system, enhanced concentration, clarity, and creativity, more ease in falling asleep, a possible attitude, and enhanced recuperation after illness or surgery."

To learn more about relaxation, point your web browsers to the following web sites:

<http://www.soundrx.com/page2a.html>
<http://www.soundrx.com/page2a.html>
<http://innerpeace.com/page2b.html>
<http://cucare.clever.net/emmanuel/meditation.html>

The above sites were referenced for this article.



Z

LASS

Generally in the
the Industrial
map is making
in fitness" the
-commuting
ob" present
ctivity be-

Couch" by
"Several
the af-



LOSING SLEEP: INSIDE SLEEP DISORDERS

Should any of these sound familiar, a visit to a Sleep Clinic could help remedy the problem. At a Sleep Clinic, a person stays overnight while doctors observe the individual's sleeping patterns. Once a diagnosis is made, things can be suggested which can help to control and remedy and sleeping problems which may be occurring.

Insomnia

When one has difficulty falling asleep or staying asleep. It also can be defined as awaking earlier than desired. Insomnia can be triggered by several factors, like stress, tension, and poor sleeping habits.

Sleep Apnea

A brief 10 to 30 second pause in breathing while asleep. It is often associated with loud snoring and snorting. The results of sleep apnea are daytime sleepiness, depression,

and problems with the cardiovascular system.

Parasomnia

Includes such activities as sleep-walking, nightmares, sleep related violence, and sleep eating.

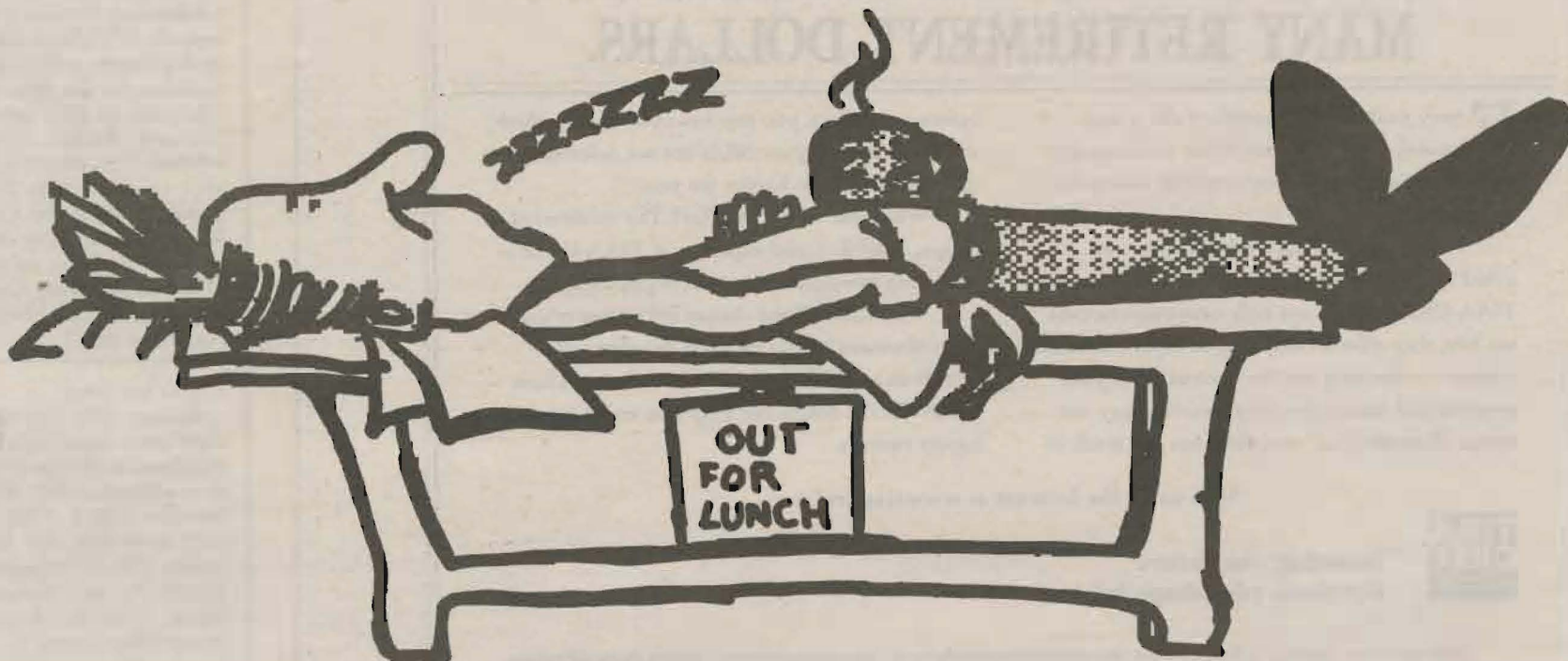
Narcolepsy

Sudden attacks of sleep, where an individual suffers from uncontrollable lapses into sleep. These attacks can occur in stressful situations such as being tickled.

Narcolepsy is not limited to sudden attacks of sleep: it may also cause continuous day-time fatigue. Treatment for narcolepsy is the drug Ritalin.

Excessive Sleepiness

When a person finds themselves struggling to stay awake during the day. This can cause reduced productivity at school and work, along with concentration and memory problems.



A&E

Ernie's Fools Play Improv to perform in the Cave

By Heather Meier
Mast A&E editor

Every Saturday at 11 p.m. at Tacoma Little Theater, darkness fills the theater, and the audience begins their sacred chant:

"Bring out the fools!"

"Bring out the fools!"

Is it some branch of a new cult, preparing to make way on the next comet?

No.

With great enthusiasm, from the recesses of the dark stage's wings emerges eight members of Ernie's Fools Play Improv.

A local improvisational comedy group, Ernie's Fools Play Improv started about five years ago.

Originally part of Theater Sports, they became their own organization because many of their games were different from those in Theater sports.

Using audience suggestions, the actors break into a mile-a-minute comedy routine, that leaves its audience crying on the floor for more.

The catch, though, is that none

of the actors know what will occur over the course of the evening.

They might do a skit on visitors from Mars or a one on having lunch with your mother-in-law, or having your ailen mother-in-law for lunch.

The troupe sports a relatively young cast, with college students from Olympia to Bellingham participating. Unless

you count J. Howard Boyd, the oldest member of the troupe, who admits that he's just a kid at heart.

"It looks really easy and it becomes a lot easier, but it is a lot harder than it looks," says PLU sophomore Bethel Cope.

Cope has been a member of Ernie's Fools Play Improv for a year. She had experience in drama but had never done improvisational acting before.

"Oh-my-gosh, I pooped my pants the first time. I was so nervous," says

Cope.

Now, though, she finds that the best part is when people recognize her.

The actors do get a chance to warm up prior to performing in front of an audience.

Ed Gibbs, president of Ernie's Fools Play Improv, explains that for a warm up the actors might try to create a story by each actor saying one word. "It's usually pretty ridiculous and embarrassing," said Gibbs.

Still, there are times when warming up does not help and an actor gets caught on stage with nothing to say.

"If I don't have anything to say that would make sense, I could say something that doesn't make sense and it would just get a cheap laugh," says Cope.

There are now almost twenty members of Ernie's Fools Play Improv. The mem-

ber are required to audition for their spot. Cope says, "I used to go watch and there was only one girl, so I tried out and they begged for me to stay."

The antics of Ernie's fools will perform here at PLU on April 8, at 8 p.m., in the cave.

"We're funny. We're damn funny," says Cope.

Ernie's Fools Play Improv

100% Comedy. 100% Made up

Upcoming performances:

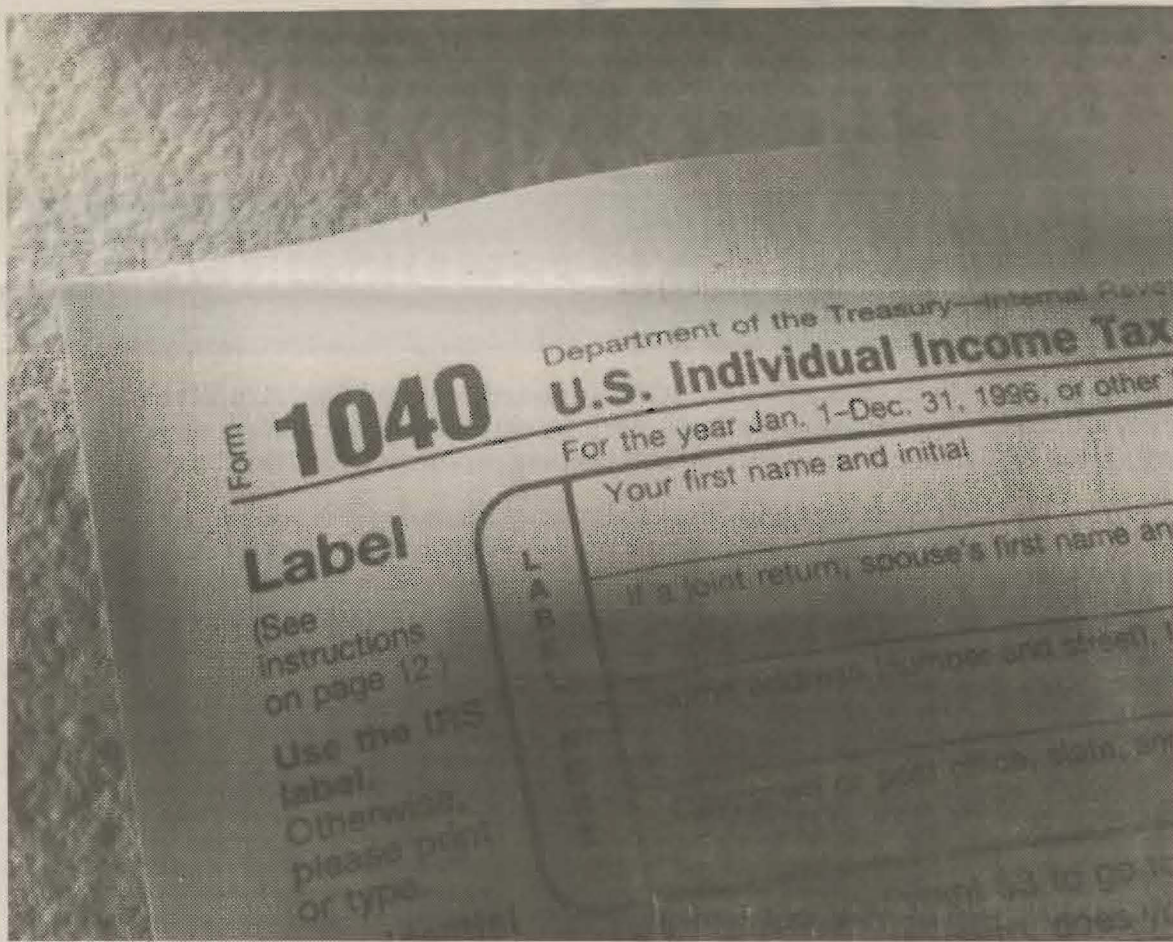
Tacoma Little Theater
210 N. I st.

Special First Anniversary
performance April 4, 8
p.m.
Cost: \$6

Tomorrow 11 p.m.
Cost: \$5

PLU Performance
(Brought to you by ASPLU)
April 8, 8 p.m.
The Cave

EXCLUSIVELY for FACULTY and STAFF



UNFORTUNATELY, THIS IS WHERE PEOPLE ARE PUTTING TOO MANY RETIREMENT DOLLARS.

Every year, a lot of people make a huge mistake on their taxes. They wind up sending Uncle Sam money they could be saving for retirement.

Fortunately, that's a mistake you can avoid with SRAs—tax-deferred annuities from TIAA-CREF. SRAs not only ease your current tax bite, they offer an easy way to build retirement income—especially for the "extras" that your pension and Social Security benefits may not cover. Because your contributions are made in

before-tax dollars, you pay less in taxes now. And since earnings on your SRAs are tax deferred, your money works even harder for you.

What else do SRAs offer? The investment choice, flexibility, and expertise of TIAA-CREF—America's foremost retirement organization.

Why write off the chance for a more rewarding retirement? Stop by your benefits office or call us at 1 800 842-2888 and find out how TIAA-CREF SRAs can help you enjoy many happy returns.

Visit us on the Internet at www.tiaa-cref.org



Ensuring the future
for those who shape it.™

CREF certificates are distributed by TIAA-CREF Individual and Institutional Services, Inc. For more complete information, including charges and expenses, call 1 800 842-2733, extension 5509, for a current CREF prospectus. Read the prospectus carefully before you invest or send money. Date of first use: 2/97.

THE QUICK FLICK

Coming this week:

The Saint: Val Kilmer ("Batman Forever") stars as Simon Templar, a thief who embarks on a moral journey. After stealing the secret of cold fusion from a beautiful scientist, played by Elizabeth Shue ("Leaving Las Vegas"), Templar decides to set things right. Directed by Phillip Noyce ("Patriot Games" and "Clear and Present Danger").

Double Team: Jean-Claude Van Damme ("Maximum Risk") is back, this time with a bizarre costar, Dennis Rodman, in his film debut. The plot (a plot in a Van Damme flick?) revolves around Van Damme being sent to some sort of "spy prison" called the Colony, leaving Van Damme to team up with Rodman to escape. Directed by Hong Kong action amateur Tsui Hark in his American debut.

Out last week:

Selena: The true story of the Tejano superstar who was murdered in 1995 by the president of her fan club. Starring Jennifer Lopez ("My Family") as Selena, wit Edward James Olmos ("Stand and Deliver") and Constance Marie. Directed by Gregory Nava ("My Family").

SPORTS

Good weather, dreary game Lutes massacred by Pirates vicious attack

By Mike Safford Jr.
Mast reporter

Good weather followed the PLU baseball team home from California, but the Lutes lost a spring break series against Whitworth in the friendly confines of the PLU baseball field.

PLU split a doubleheader last Friday, winning 4-2 and losing 10-0, and lost Saturday to the Pirates 6-1.

In the second inning of game one, the Pirates took full advantage of a stiff breeze to left, as Lutes' centerfielder Tim Beaudin

misplayed a Tim Bishop fly ball that led to a Sam Chimienti sacrifice fly.

Whitworth made it 2-0 in the third, when Eric Brown knocked home Ryan Swann with a base hit to right. But Lutes' pitcher, sopho-

more Craig Willis, enticed an inning-ending double play to get out of a jam.

Pirates hurler Jason McDougal, playing before family and friends, retired the first 11 Lutes in order. But Dak Jordan welcomed

Cano led off with a double, and Peter Finstuen legged out an infield single. Wai Tim Petersen lined a hot shot over second that scored Cano from third to tie the score.

With two outs, senior David Quiggle singled home both runners giving the Lutes their first lead.

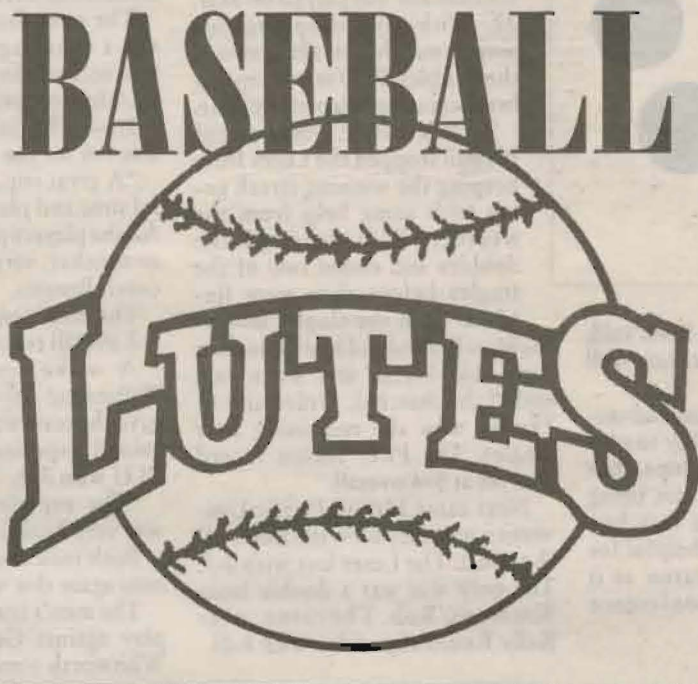
That would be all Willis would need, as he worked out of jams in the fifth and sixth inning, and had a 1-2-3 seventh inning to earn his second win of the season.

Game two was a different story, as the Lutes pitchers could not find the strike zone. Six PLU pitchers combined for 14 walks and four hit batters.

Junior Mike Olson toiled on the mound, walking six in his 3 1/3 innings of work. Leading 5-0 into the sixth, the Pirates batted

around for five more runs. Bishop was hit by Craig Coover's pitch, and Ryan Wilson followed with a single. Jack Arthaud hit a ball past the outstretched glove of Beaudin, bringing in two run.

See BASEBALL, page 11



McDougal home with a long home run to the left that made a dent in the University Golf Course practice putting green, cutting the Whitworth lead in half.

The Lutes tagged three more runs on McDougal in the fifth. Nathan

Gunter retires Pioneers Softball sweeps Lewis and Clark doubleheader

By Mike Safford Jr.
Mast reporter

Mother nature was kind to the PLU softball team, as the weather broke just enough for the Lutes to sweep Lewis and Clark in a Northwest Conference doubleheader March 20.

Through sun, wind, rain and hail, and the Lutes persevered over a pesky, yet winless Pioneer ball club 2-0 in the opener and 7-1 in the nightcap.

In the first game, the Lutes started quickly. Danetta Laguna led off with a walk and promptly stole second. After Sheree Deskin sacrificed her to third, sophomore Jill Kindle singled Laguna home to give the Lutes a 1-0 lead.

That would be all senior All-American Janelle Gunter would need as she went the distance, giving up only three hits and striking out eight.

However, Pioneer pitcher Annie Stockton kept her team close, strik-

ing out seven Lutes with her slow, but effective, pitching style.

The Pioneers had a scoring opportunity in the fourth. Chris Kreger reached on a Missy Cole error and Jamie Tyler's single passed the outstretched glove of Michelle Iannitto. They were sacrificed into scoring position, but

The Lutes got an insurance run in the sixth on back-to-back doubles by freshman Tharen Michael and Iannitto. Gunter retired the last eight Pioneers in order to notch her sixth win of the young season.

The Lutes, frustrated after their performance in the first game, dominated the nightcap. PLU jumped out early again, in almost similar fashion. Laguna slapped a base hit to left and swiped second. She eventually scored on a Kindle ground out to give the Lutes a 1-0 lead.

PLU added a single run in the third while Lutes hurler Jessica Coleman was cruising. However, Coleman ran into some trouble in the fourth when Tyler lined a one-out single and stole second. A Howard single brought home the Pioneers third baseman and cut the Lutes lead to 2-1. But the tall right hander

from Gladstone, Ore. shut the door and snuffed the Pioneer attack.

See SOFTBALL, page 11



Gunter knuckled down. She got power-hitting Kim Howard to pop up and struck out Monique Radman to stop the rally.

Lutes looking for winning attitude

By Mike Safford Jr.
Mast reporter

The Lutes (1-3 in NCIC, 3-8 overall) took advantage of a picturesque Tuesday afternoon in Forest Grove, Ore., but a lackluster performance did PLU in 17-11.

Boxers' starter Mike Larson (2-1) toiled over 6 2/3 innings to pick up the victory.

The game was tied at one, when Pacific exploded for ten runs in the third inning. According to Lutes' assistant coach Danny Desmond, 14 consecutive Boxers reached base in the inning.

PLU starter Ryan French (0-3), the staff leader last season, struggled in his third consecutive start. French, who has yet to pitch past the third inning this season, gave up six runs and walked five in 2 2/3 innings of work.

Boxer shortstop Bob Berent did damage to the Lutes, going 4-6, with three RBI on the afternoon.

Five Lute errors, three belonging to senior first baseman David Quiggle, did not help the cause.

Trailing 17-6 going into the ninth, PLU rallied for five runs against reliever Ryan Labreton, capped by a base clearing double by Peter Finstuen.

Dak Jordan went 3-5, and Nathan Cano 3-5 with two RBI, but it wasn't nearly enough.

"We need to develop a winning attitude, and hopefully this weekend will be a start of things," said pitcher Craig Willis.

PLU travels to Walla Walla for a weekend series with Whitman, before coming home for a Tuesday doubleheader against these same Pacific Boxers.

Lady Lutes play well, can't keep up with Loggers

By Mike Safford Jr.
Mast reporter

The green and gold of the University of Puget Sound shined brightly, as the Loggers (4-0 NCIC, 9-5 overall) swept a Northwest Conference Softball doubleheader from the Lutes (2-2 NCIC, 13-7 overall), Wednesday on the UPS campus.

UPS won the opener 5-3, and the second 1-0, in an exciting, tension packed game.

"Everyone looked good in pregame. We hit the ball well in batting practice, and fielded good in warmups, but they just didn't play to their potential," said Lutes' head coach Rick Noren. "UPS played an extremely good game."

The Loggers were paced in game one by the hitting of Heather Paulsen. The freshman shortstop went 3-4 with 3 RBIs to lead her team to victory. Teammate Freda Franklin went 3-4, as the Loggers took advantage of three Lutes errors.

Tharen Michael was the bright spot for the Lutes. The freshman had a single and a double, scored one run, and had one RBI.

Sarah Noble went the distance, limiting the Lutes to seven hits. Janelle Gunter took the loss for PLU.

In the night cap, it was a pitcher's duel between Gunter and the Loggers' Kassia Vote.

The Lutes had two opportunities to score, as Michelle Iannitto came through with two clutch base hits, but both times, PLU runners were gunned out at the plate.

"Both Tharen (Michael) and Michelle (Iannitto) are very intense and experienced players," Noren said. "They showed character out on the field today."

Gunter took a no-hitter into the seventh, but Paulsen led off with a double. After a pop out and an infield single, Mino McLean dashed the Lute's hopes for extra innings with a gapper that scored Paulsen.

Both Vote and Gunter (11-7) went the distance each giving up only three hits.

Noren feels being back at home will help his team out. "Going to class, having practice, the normal daily routine, it will get the ladies on track. This was a definite learning experience."

PLU returns to action this weekend, as they travel to Linfield and Pacific for Northwest Conference doubleheaders.

SPORTS

Lutes fall ,but gain experience in Hawaii sun

Tennis teams finally find fair weather after leaving soggy North America

by Lena Tibbelin
Mast reporter

The PLU tennis teams headed for Hawaii during spring break in order to catch some sunshine and some matches against various schools from Hawaii.

WOMEN'S TENNIS

For the women this meant that they would actually get to play tennis matches for the first time in three weeks after having consecutive weekend matches rained away. Both the conference match against George Fox and the annual Alumni match were canceled previous to the trip.

On Mar. 22, PLU played Chaminade and the women won with 6-1. Chaminade only had five singles players, so the sixth singles and the third doubles were default wins for PLU.

Next opponent, on Mar. 24, Hawaii Pacific was tougher for the Lutes. Hawaii Pacific, ranked 11th in the nation, won all the matches, and the Lutes added another loss to the record. Only Lute to win a set was sixth singles Kristi

Benson who took the second set against Cristinane Silva, only to lose in the third set with 6-1.

The following day, University of Hawaii won over the Lutes with 7-0.

Number one ranked in the nation BYU Hawaii won over the Lutes with 7-0. The last match on the trip for the women's tennis was against Hawaii Hil on Mar. 28. The Lutes won two of the singles and one of the doubles. Second singles Karen Schitt own over Erin Gauien with 6-1, 6-3 and sixth singles Benson won over Dawn Martins with 6-2, 6-2. The second doubles Krissy Summers/Alexa Marsh won over Cindy Andrade/Toshiko Hasimoto with 8-6. But Hawaii Hilo won the match with 4-2, the last double match wasn't played because of lack of time.

The women's record for the season is now at 3-10 overall.

Women's tennis coach Jackie Savis said that the team's trip to Hawaii was an excellent opportunity to play good tennis against division 1 teams and for the team to be competitive. About the re-



sults of the trip coach Savis said, "The scores don't indicate how well we played."

The teams in Hawaii have advantage over PLU with ability to play outdoors and scholarships, but Savis is proud of the team being competitive during the matches. The spring trip will be helpful for the remainder of the season as it continues with the conference games.

MEN'S TENNIS

Men's tennis coach Mike Benson hoped for five wins during the trip, but saw only one win from his team against Chaminade University with 6-1.

The match against Chaminade was played on Mar. 22. With only dropping one singles match and taking two of the doubles, PLU started spring break training on a positive note.

Two days later, University of Hawaii stopped the Lutes from keeping the winning streak going with some help from the weather. Rain canceled the doubles and ended two of the singles before they were finished. Both the singles involving Matt Braund and Matt Simmons were tied 1-1 in sets when rain ended the matches. University of Hawaii won the remaining four singles. The PLU season record was set at 5-4 overall.

Next came Hawaii Pacific University, and they blew the Lutes off the court. The Lutes lost with 0-7. The only win was a double from Simmons/Rob Thornton over Kelly Kon/Felipe Silva with 8-21.

The Lutes faced Hawii-Hilo Mar. 27, where they took three victories. First singles Braund won over Carsten Eisenbarth with 7-5, 2-6, 6-4. Fourth singles Karl Sjoborg won over Kris Jordan with 6-3, 6-2. Simmons/Thornton added another victory to their double's record when they won with 8-1 over Josh Dickinson/Matt Macabitas.

The next day, the only Lute to win a match against BYU Hawaii was second singles Clayton Harris. He won over Wei-Yu Su with 6-2, 6-4. The final score of the meet was 1-6 for the Lutes.

"A great trip, we had a wonderful time and played good matches. All the players played, at one point or another, very good tennis, said coach Benson.

The men's team currently has a 5-7 overall record.

A make up match against Willamette on April Fools' Day gave the team a chance to play with gained experience from Hawaii. PLU won 7-2.

"The experience from Hawaii was very beneficial," said Benson.

Both men and women are in action again this weekend.

The men's team is in Spokane to play against Gonzaga today and Whitworth tomorrow.

Even \$20 parking doesn't ruin opening night magic

By Geoff Beeman
Mast sports editor

I have achieved total awareness. An awakening of some sixth sense has led me to this breakthrough and it all happened at the King Dome on a starry Tuesday night, my first opening night.

It seemed like just another extraordinary day when I awoke Tuesday morning. I got my breakfast at McDonald's and was in front of the TV at 10 a.m., just in time for ESPN's opening day coverage to begin.

Game one was Chicago at Toronto.

A great match up of last year's Cy Young winner with Toronto against the new bash brothers in Frank Thomas and Albert Bell.

I was set to watch baseball on TV until it was time for me to drive off to my own game, but then tragedy hit: the cable was disconnected.

How on this holiest of days could the evil corporate world cut off my very lifeblood?

Before I could mourn the loss of my dear friend, it was time to go. So I packed my baseball glove, double-checked that I had the tickets and drove off to a place where even TCI Cable couldn't ruin my day.

Upon arrival at the dome I knew this was no ordinary game. Every parking place in Seattle was filled and there were still 90 minutes before game time.

Parking proved to be quite difficult. First, I drove up to my usual favorite spot for what I expected to be free parking,

only to find it was now \$20.

After much profanity and stress I finally settled in and created my own parking spot. I'm pretty sure it wasn't entirely legal, but I really couldn't have cared less at the time.

The magic of opening night really didn't hit me until the bottom of the first inning. There were two



Riding the Pines

outs with Ken Griffey Jr. up to bat. He had taken two strikes with two huge home run swings that left the crowd breathless. But the true magic came on the 2-2 pitch.

It was as if God himself guided the ball off the bat as it soared into the lights to the anxious fans in right field.

Griffey was perfect. He was on pace to break almost every record in baseball history. He would go down as the only man to hit 1,000 with 546 home runs and 546 RBP's in a single season.

Yes, a home run in every at-bat seemed to be within grasp.

Of course, not everyone had come to this conclusion, but it wasn't long before Griffey came to

bat again.

This time the mighty Ken had Alex Rodriguez on base so there was a possibility that Griffey would actually surpass our expectations.

Again, two huge swings, and again, two huge misses and again, on his third swing the ball sprung from the bat high into the domed sky.

But this ball wasn't as deep; it looked impossible that it may actually cross the wall, but as it fell it looked like it just might, and it did. The mighty Griffey had homered again, a two-run home run.

Now, with all the collective brains of the 57,800 in attendance trying to figure out what he was now on pace to achieve, the game settled on.

Lost in the confusion was a great pitching performance by Mariner pitchers, but by game's end, reality had to set in.

Griffey didn't hit any more home runs in the game but the Mariners did win.

On my way out to the car I realized how silly it was to think Griffey could hit a home run in every at-bat, so I decided to have more realistic expectations after my opening night. Griffey will go on to hit 324 home runs, drive in 486 runs and bat .500 for the season. All this with the Mariners going 162-0 this year. Of course, that is assuming they hold up their average.

Words of Wisdom: *What's so wrong with living in your own little world? Sometimes reality really sucks.*

SPORTS ON TAP

Women's Tennis

Today, WILLAMETTE, 3:30 p.m.
April 5, GREEN RIVER CC, 10 a.m.

Men's Tennis

Today, @ Gonzaga, 2:30 p.m.
April 5, @ Whitworth, 9:30 a.m.

Softball

April 5, @ Linfield, 2 p.m.
April 6, @ Pacific, Noon
April 8, @ Washington, Noon

Baseball

April 5, @ Whitman (Doubleheader), Noon
April 6, @ Whitman, Noon

Track and Field

April 5, @ WWU Six Team, 10 a.m.

Golf

Today IRV MARLOW
INVITATIONAL, Men @ Fircrest
GC, 8 a.m., Women @ Madrona Links, 9 a.m.

SPORTS

Rowers ready after UC Davis warm-up

Haircuts and long van rides highlight the Spring Break trip

By Jenny Chase
Mast asst. sports editor

Tired of the icy winds and freezing water, the crew team migrated south for spring break.

UC Davis was the host for the Lutes, who for one week, rowed, bonded, and played in southern California. The UC Davis trip is the first spring break trip for the crew team in about six years.

The idea of a spring break crew trip hit men's varsity captain Aaron Ells last summer.

"I rowed with a guy from Davis, and we got to be pretty good friends. Both of us thought it would be fun to have our teams row together," Ells said.

One of the biggest reasons for the trip was team bonding.

"Novice became closer, I think," said novice rower Jessica Allen. "The guys and girls teams got to know each other. It really was a team building trip."

Vacation officially began Saturday morning at 5:30 a.m. as 15 passenger vans, carrying 66 rowers, head-coach Doug Nelson, and novice coach Tim Sitz, headed south to UC Davis.

The team, and all their luggage,

were packed into the vans for 15 hours. Allen said it was fun, but a lot of people spent the first half of the drive sleeping.

"The vans were really crammed," said Ells. "We did have CB radios in the vans. We talked to the other vans, the truckers. It was fun. Those kept us pretty entertained and it kept the group together."

The next day, the Lutes rowed against UC Davis and Cal Berkley in an informal regatta. Davis and Berkley had the advantage over the Lutes. Both are bigger schools with a larger team. Lutes pulled one win from women's varsity four. Men's lightweight four placed second, and men's varsity eight placed third.

During the week, crew rowed twice a day, morning and afternoon. The sunshine made it much more fun.

"Everyone was rowing in shorts

and tanktops. Hard practices, but it was a lot of fun," said Allen.

Sunscreen and aloe became very popular during the week, but not for everyone. More than a few rowers got sunburns.

"One guy got so burnt, he looked like he had a permanent tank top," said Allen.

Playtime started after dinner.

Initiation traditions appeared during the week. The week before the trip, novice crew members were at the mercy of the varsity rowers. Novice couldn't eat with silverware, called varsity members "sir" and "ma'am," and were occasionally caught serenading tables in the UC.

In California, the novice men were subjected to one tradition: haircuts.

Ells said that the guys used to get buzz cuts, but not this year.

"We just gave them nice haircuts," said Ells.

"Some guys looked better after

their haircuts than before," admitted Allen.

The team also went on a scavenger hunt around the campus, spent a couple hours in San Francisco, and explored the cheap restaurants around UC Davis, like Chico's Tacos.

Friday night, the Lutes ended their trip with a bonfire, roasting marshmallows, and hanging out.

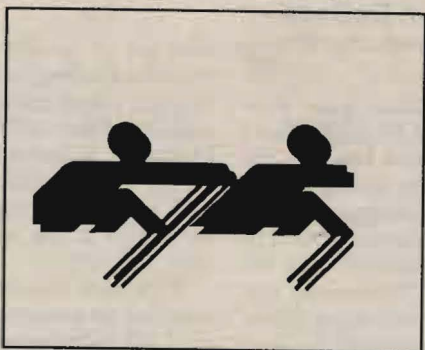
Both Ells and Allen agree that the most important factor of the trip was the team building and

bonding.

"We really became a team during the trip. I got to know a lot more people on the crew team," said Allen.

"I'm glad it went so well," said Ells. "Wasn't super-organized, but everyone had a great time."

For the next two months, PLU crew competes almost every weekend. This Saturday, varsity heads back to California for the San Deigo Crew Classic.



1997 Regatta Schedule

April 5, 6, San Diego Crew Classic

April 5, Husky Invitational

April 12, Western Invitational

April 26, Cascade Sprints

May 3, Opening Day Regatta

May 10, Northwest Regionals

May 17, 18, Pacific Coast Rowing Championships

Baseball

continued from page 9

After consecutive walks, Ryan Swan singled home a pair of Pirates to make it 9-0. Shortstop Miguel Salden knocked in Swan to put Whitworth in double digits.

PLU was mesmerized by NCIC pitcher of the week Sam Flemming. The British Columbian native went the distance, giving up only five hits and striking out 12. Only one Lute was able to reach third base in Flemming's masterpiece.

On Saturday, it was the same story, as the Lutes lost 6-1 to the Pirates. PLU got its only run in the third, as they strung three hits together to score Mike Chunn.

However, the Lutes managed only two hits the rest of the game, and did not get a runner in scoring position after the fourth. Junior Kevin Purdy took the loss on the mound.

Larry Marshall's Lutes are now 1-2 in Northwest Conference play, 3-7 overall. They travel east of the mountains this weekend for a three game series against the Whitman Missionaries in Walla Walla.

Softball

continued from page 9

From there, the Lutes attack hit high gear, scoring one in the fourth on a Cole RBI double, and two unearned runs in the fifth. A two-run double by Lisa Treadle into the right-centerfold gap closed the scoring and PLU had the sweep.

As "Sweet Home Alabama" echoed on the loud speakers, the Lutes prepared for their spring break voyage to sunny California.

In Southern California, the Lutes split a pair of doubleheaders with NCAA Division II Chapman University (losing 3-1, winning 4-3) and NCAA Division II UC Riverside (losing 3-1, winning 4-3).

At the Southern California Col-

lege Tournament in Costa Mesa Calif., the Lutes went 3-1, defeating Baker of Kansas (6-3), Southern California College (5-1), and

California Baptist (2-0), while losing to Azusa Pacific (7-2). This puts the Lutes' overall record at 31-5, 2-0 in the Northwest Con-

ference with games slated this weekend at Linfield in McMinnville Ore., and at Pacific in Forest Grove, Ore.

Want to sell it?
Advertise in
THE MAST

Ready for a new leadership challenge?

APPLY NOW!!!

Be an EDITOR or a GENERAL MANAGER!

KCNS6, KCCR, SAGA and SAXIFRAGE are accepting applications for the academic year 1997-98; and The MAST is accepting applications for Fall Semester 1997, until 5pm, Tuesday, April 15.

Please include:

1. Cover letter
2. Resume
3. Samples of Media Work (all samples will be returned)
4. Two (2) Letters of Recommendation (one from a faculty member)

Submit applications to:
Student Involvement and Leadership Office, UC-153

APPLY NOW!!!

\$5 off
Lunch
with food purchase of \$10 or more.
Not valid with any other promotion.
Exp. 04/17/97
Lakewood Location Only

\$10 off
Dinner
with food purchase of \$25 or more. Not valid Friday nights.
Not valid with any other promotion.
Exp. 04/17/97
Lakewood Location Only

Try our award winning micro brews!



RAM
BIG HORN
Specials

Sunday All Day

2 for 1 plus \$2.50 Burgers

Monday

2 for 1 Steak Dinners \$12.99

Tuesday

All You Can Eat Fish & Chips \$6.99

Wednesday

\$1.50 Off Fajitas

10019 59th Ave. S.W.
Lakewood
584-3191

CAMPUS

Education

continued from page one

breadth of liberal arts education with professional programs."

In addition, noting that the average age at St. Martin's is 28, "we also bring people back from the work force and educate them."

The concerns of technical schools and branch campuses were also brought up. Vicky Carmen, dean of UW-Tacoma, noted that Washington last year ranked 47th in access to upper division courses.

"This illustrates the need for branch campuses," she said. "Branch campuses were created for that purpose."

Smith closed the session by describing the newest challenge to educators as the ability to educate a growing population.

"The 9th district is rapidly growing," he said. "We could see another congressional district in another six years."

FBI

continued from page one

overview of the FBI honors internship program speaks highly of the program's prestige.

"Scotland Yard, Japanese National Police, Royal Canadian Mounted Police and Interpol are among the world's top criminal organizations," it reads. "But the king of them all is the FBI. Luckily

for America's students, this leader of law enforcement takes on interns."

The deadline for college juniors and graduate students applying to become an honors intern is Nov. 15. In order to be considered, the following materials are required by the field office: a college transcript,

a letter of recommendation, a resume, and a 500-word essay. To obtain an application or further information, contact the Seattle field office at 622-0460.

Fraternalities ban alcohol

By Collen DeBase
College Press Service

In an effort to shed their "Animal House" image, Phi Delta Theta and Sigma Nu have become the first fraternities in the nation to ban alcohol in all chapter homes.

The policy, announced March 14, is slated to go into effect by the year 2000. Both fraternities cite surveys that say incoming freshman are more interested in their studies than chugging beer.

"This is what we believe is going to be the future of the fraternity," said David Glassman, assistant executive director at Sigma Nu's national headquarters. "We think this is actually a way to become more sensitive and more conducive to student's needs and desires."

More fraternities are expected to follow suit. Lower insurance rates, better living conditions and the academic improvement of members are among the benefits expected from instituting no-alcohol policies, Glassman said.

Chapter houses can still throw parties in which alcohol is served, as long as they're held at a site other than the fraternity house, Glassman said.

Still, many students said they wonder how fraternity members - including potential pledges - will react to an alcohol free house.

Although most fraternity houses were dry until the 1960's, brothers

who are 21 or older might have trouble adjusting to the notion that they can't drink a beer in the house, said David Bair, a Phi Delta Theta brother at Willamette University.

"It's time for fraternities to go back to what they used to be, but we've had it this way for a long time," he said.

With rush season set to begin next fall on many campuses, only time will tell how popular the new policy will be with freshman.

"People really have a hard time getting away from the 'Animal House' image," said Blair, 20. "But there's a lot more to a fraternity than drinking."

Still, alcohol-related incidents at fraternities, including deaths from excessive drinking or hazing, continue to grab headlines. In 1995, a nationwide study by Harvard University's School of Public Health and Social Behavior accused many fraternities of being "functional saloons" after finding fraternity and sorority members drink more heavily and frequently than non-Greeks.

The survey of more than 17,500 students at 140 colleges and universities showed that 86 percent of men and 80 percent of women living in fraternities and sororities are binge drinkers. (Binge drinking is defined as consuming five consecutive drinks for men, or four for women, one or more times during

a two-week period.)

These numbers are nearly double those of the overall student population, where 44 percent report binge drinking.

Often the drinking leads to tragic consequences. In February, eight Frostburg State University students, all members of an unsanctioned fraternity, were charged with manslaughter in the alcohol poisoning death of a freshman. That same week, nine students were charged with hazing after a Clarkson University freshman pledge was found dead at Theta Chi fraternity house after a night of drinking.

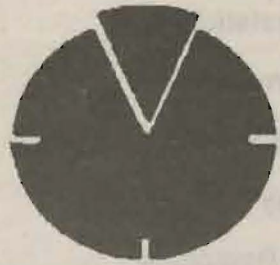
The no-alcohol policy reflects that the frats are "aware of the need for proactive change," Glassman said. "This is not the end-all. We don't expect this to end all alcohol related problems," he said.

Robert B. Deloian, president of Phi Delta Theta's general council, said a fraternity is supposed to stress friendship and a commitment to community service.

"Too often, the fraternity experience today is defined by alcohol," he said. "We risk losing our purpose."

Sigma Nu, based in Lexington, Va., has 210 chapters and 9,500 members. The Oxford, Ohio-based Phi Delta Theta has 180 chapters and 7,500 members.

PLU SPECIALS



PIZZA TIME

**Mondays & Tuesdays
Large 1 topping pizza
only \$4.25**

**Large 1 topping pizza
only \$4.49
Wed. - Sun.
after 10 p.m.**

**Large 1 topping pizza
\$5.49^{+tax}**

(each additional 1 item only \$4.49 plus tax)

**Bread sticks
\$1.49^{+tax}**

**Cheese sticks
\$1.99^{+tax}**

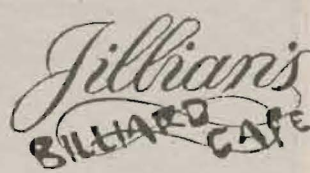
**2-liter soda
\$.99^{+tax}**

*No other offers, including postcards will be accepted with the Mon. & Tues. special.
*Postcards can only be used between 11 a.m. and 10 p.m. Wed. - Sun.
*Breadsticks & Cheese sticks can be purchased as a separate order, but postcards will not be accepted. "Restrictions apply."

OPEN:

**11 A.M. - 12 A.M. SUN - THURS
11 A.M. - 1 A.M. FRI & SAT**

**17316 PACIFIC AVE.
537-7700**



Coming to Jullians
is as easy as 1 2 3!

**1 hour free pool
2 dollar beer
3 dollar pizza**

1114 Broadway

Phone 572-0300

4800 weekly eyes.
THE MAST

Where was your ad?

(206) 535-7493

CLASSIFIEDS

• FOR RENT

5 bedroom house for rent. Close to campus. Available June 9th. 1 year lease. Call Mr. and Mrs. Hensel at 564-4494

• FINANCIAL AID

NEED MONEY FOR COLLEGE? Information available on 3,400+ sources from private & public sectors. Call Student Financial Services for info: 1-800-263-6495 ext. F60904 (We are a research & publishing co.)

• FOR SALE

Astrology Chaldean Interpretation Hand done, Birth charts & compatibility charts \$50.00. Other charts also available. Call Kellie @ 906-3893

The Mast has a circulation of 3,200.

• EMPLOYMENT

YMCA of Tacoma-Pierce County summer employment opportunities! YMCA Camp Seymour resident camp, June 12-Aug. 16; or YMCA Tacoma Day Camp, June 9-Aug. 15. Please contact Dan Martin or Laura Higdon for application info. (206) 564-9622 (deadline April 25)

PART TIME JOB for Ed. majors. Former grad. student looking for an individual to watch my 3 young children (5yr-old & 3 yr-old twins) 2 days a week (occasional evenings, if available). All day Tues. and Fri; may change after May. Transportation required; pay is good; minor house responsibilities. Someone good w/ children, creative, responsible, w/ references (ie. Helmi) Call Maria at 536-7454

• EMPLOYMENT

NATIONAL PARK EMPLOYMENT- Work in America's National Parks, Forests, & Wildlife Preserves. Our materials uncover rewarding opportunities in the outdoors. Call: 1-206-971-3620 ext. N60903 (We are a research & publishing co.)

ALASKA EMPLOYMENT - Get THE #1 SOURCE for finding a high-paying job in Alaska's Fishing Industry. For information: 800-276-0654 Ext. A60904 (We are a research & publishing co.)

CRUISE JOBS! - Get THE #1 SOURCE for finding work in the Cruise Ship & Land-Tour industry. For information: 800-276-4948 Ext. C60904 (We are a research & publishing co.)

• EMPLOYMENT

EAST COAST SUMMER JOBS-- Counselors and staff, boys sports camp/mass. Top salary. Rm/bd/laundry, travel allowance. Must have skill in one of the following activities: Archery, Baseball, Basketball, Drums, Football, Golf, Guitar, Ice Hockey, Lacrosse, Lifeguard, Nature, Nurses, Photography, Piano, Pool, Rocketry, Rollerblading, Ropes, Sailing, Scuba, Secretary, Soccer, Tennis, Track, Video, Waterski, Windsurfing, Weights, Wood, Yearbook. Call or write: Camp Winadu, 2255 Glades Rd., Suite 406E, Boca Raton, FL 33431, (800)494-6238. Recruiter will be on campus Tuesday, March 3, 10 a.m. to 2 p.m., University Center. Stop by, no appointment necessary!

• EMPLOYMENT

CRUISE & LAND TOUR EMPLOYMENT- Discover how to work in exotic locations, meet fun people, while earning up to \$2000/mo. in these exciting industries. Cruise Information Services: 206-971-3554 Ext. C60905

NEED MONEY? I need graduation tickets. Call me 473-9386

• TYPING

THE PAPER CHASE- Fast, accurate typing. Professional editor working with PLU students since 1980. All formats, including APA. \$2.75 per double spaced page. No minimum charge. 12517 Pacific Ave., 535-6169.