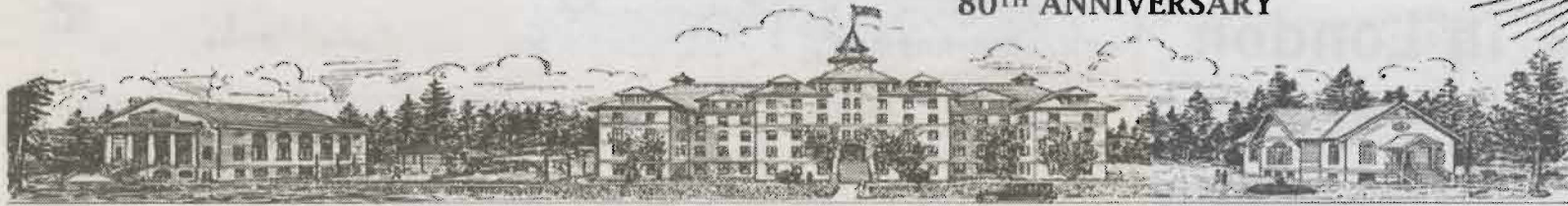
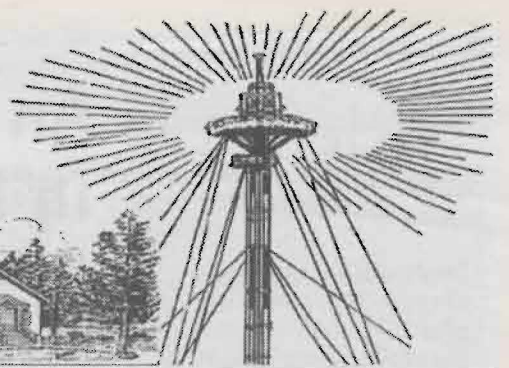


THE MAST

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DECEMBER 3, 2004 PACIFIC LUTHERAN UNIVERSITY VOLUME LXXXII, NO. 10

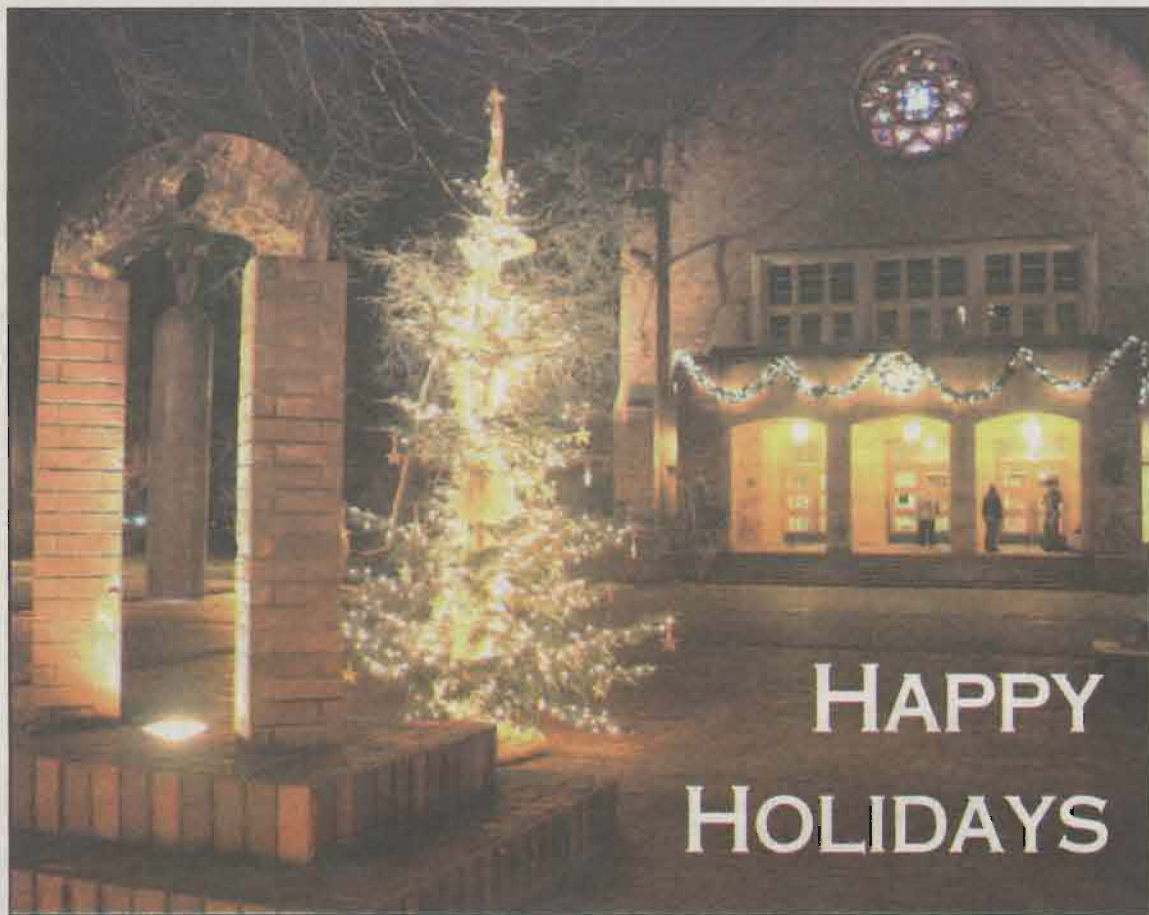


Photo by Andy Sprain

A Christmas tree and garlands illuminate Red Square. PLU celebrated its annual lighting of Red Square Wednesday evening, ushering in the holiday season on campus, which includes today's Sankta Lucia ceremony and Christmas concerts.

Tribute to "Nellie" wins film awards

JENNI JENSEN
Mast news reporter

"Nellie: A Life Worth Living" is an award-winning short documentary highlighting the life of PLU's own John Nelson, one of the Lute's assistant football coaches.

The documentary, which was directed by Michael McNamara and produced by Jeff Martin, has won three awards and is still being entered in film festivals nationwide. It received the Crystal Heart Award Oct. 23 at the Heartland Film Festival.

In any given day, it's hard to miss the PLU football team and John Nelson sitting around the University Commons. It's obvious he's more than just a coach to the players, but if you're not on the football team, you may wonder what the story behind the man they call Nellie is, and that's what this documentary aims to do.

In the film, countless football players and coaches, such as former head football coach Frosty Westering, tell how Nelson has affected their lives and the lives of others.

"Coming to PLU was a blessing in disguise, and having a guy like Nellie is another way that God has blessed me because he's taught me how to be a servant," one football player said in the film.

Westering described Nelson in the film as a person who'll be remembered for having an impact.

"As a person who's impacted lives because of not just who he was but what he believed,"

Westering said in the documentary.

The football team would be lacking in morale without Nelson, assistant coach Dave Templin said in the film.

"Without Nellie these guys don't understand what it means to be thankful, what it means to be a friend," Templin said.

Nelson said the film showed how dreams can come true.

"The idea of the movie was about someone who had a rough time in their life and was disabled," Nelson said. "It shows how dreams do come true if you believe in yourself and have friends who support you and that just because you're disabled doesn't mean that you can't achieve anything."

The film begins by explaining Nelson's childhood. He was born in Singapore with the disease of arthrogryposis.

Arthrogryposis "basically means that all the joints from my neck down are locked from the time I was born," Nelson said.

Nelson said his main way of getting around was by rolling around on the floor. The film highlights his life in institutions and his troubled middle and high school years, where he said he became depressed and tried to commit suicide.

"I was blaming God...why did he have to give me this disability and then put me in a home where they didn't care about me at all?," Nelson said. "In the Bible it says Jesus heals so many people and I always

See Nellie
page 5

Running Seattle's half MARATHON



Photo courtesy of Allison Stephens

The runners, with their medals, take time for a photo-op after the race.

MICHELLE DE BEAUCHAMP
Mast news intern

Eighteen PLU students and two residential directors ran the Seattle half marathon benefiting the Candlelighters Childhood Cancer Foundation of Puget Sound.

The run was 13.1 miles, beginning and ending at the Seattle Center. The marathoners went through the I-5 tunnel, throughout downtown Seattle and along the scenic waterfront.

"It was really cool to be running and see tons and tons of people and be part of this big motion," junior Aislinn Addington said.

RD participant Julie Johnston said that it was overwhelming at first with the crowds of people bumping into you and pushing by.

"I had to wait a minute when the race started before I could begin running, because there were so many people," Johnston said.

RD participant Allison Stephens, an experienced marathoner, came up with the idea to do the run as a program for the students.

"We picked this marathon, because it was the

biggest marathon in the area, and at a good time in the semester to do it for training," Stephens said.

Stephens said she felt it would be a great experience for all to participate in.

"I think it is more fun to do it with people," Stephens said. "For most of these students this was their first race...and their longest."

Stephens' Harstad residents wore pink bandanas that said "Harstad Half" so they could see each other out of the 10,000 participants.

The training for the half-marathon started 13 weeks ago.

"My fitness and health is my passion, anything I can do to improve is worth the challenges," Johnston said.

Before the race, senior Amy Smith said she would not do a half marathon again, but her mind was changed during the race.

"I didn't think I would ever do it again, but at the end it was like...I rule," Smith said. "I would definitely in a heartbeat do it again...well, after I recover. Give me a few weeks."



Photo courtesy of PLU Website

John Nelson, left, poses with former football coach Frosty Westering. Nelson was the subject of an award-winning documentary, "Nellie: A Life Worth Living."



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Briefly...

National, international

High school students arrested, accused of planning school attack:

Three Spanaway Lake High School students were arrested Monday for allegedly planning to shoot and bomb fellow students and staff members. The Seattle Times said. A 16-year-old boy, an 18-year-old boy and 18-year-old girl are being accused of planning the supposed attack scheduled to take place one or two years from now. Police, who were tipped off by a parent, found no weapons in the suspects' possessions. The suspects were all members of the school's Junior Reserve Officers Training Corps program.

Redefining salmon habitat:

The Bush administration reinterpreted the Endangered Species Act Tuesday to leave more than 80 percent of crucial north-west salmon and steelhead waterways unprotected, according to The Seattle Times. The act states that areas "essential to the conservation of the species" should be preserved. Prior to this new interpretation of the act, salmon and steelhead areas included rivers and streams historically tied to the fish, and a majority of the previously protected waterways were considered historical. The Bush administration said the act should only apply to areas salmon currently occupy and use. Environmentalists said the announcement of the new habitat plan was disturbing.

President Bush greeted by Canadian protesters:

Bush visited Ottawa, Canada Tuesday to meet with Prime Minister Paul Martin to discuss issues such as the U.S. ban on Canadian cattle and the U.S. invasion of Iraq. This was Bush's first trip to the country during his term. The Iraq issue was most likely why protesters met Bush upon his arrival, according to CNN. Bush thanked the Canadians who turned out to wave "with all five fingers," CNN said.

The United Nations investigates alleged Congo invasion, 15 dead:

Officials in Congo claimed Rwanda forces invaded eastern Congo Tuesday. But the United Nations said they are still investigating this allegation, the New York Times reported. Villagers told authorities that at least three Congo cities along the Rwanda border burned down and 15 people died. Rwanda has a history of invading Congo, and Rwanda President Paul Kagame warned previously that Rwanda would take care of disputes if the United Nations failed to do so.

Briefs compiled by
Stephanie Mathieu.

An alumna in London

NICOLE RAE
Mast news reporter

A PLU communications major alumna is busy producing "Business International," a television show on CNN International, in London.

Heidi Berger graduated from PLU in 1991. She held a producing position in Atlanta for "Wolf Blitzer Reports" on CNN before moving to London for her current position at "Business International."

"The show focuses on the top international news stories of the day, leading business news, and a mix of newsmaker interviews," Berger said. "I work well with my anchor and feel that we produce a compelling show for Europe's prime time audience."

Berger's commitment stretches beyond her time on set, she said.

"In order to stay informed on the international news of the day, I read a great deal—a lot of newspapers, websites and background briefings," Berger said. "I must come to work each day with a strong grasp of lead stories."

Berger was in London during the U.S. elections and said she could not escape editorials supporting Sen. Kerry and his ideas on foreign policies.

"I have not read a pro-Bush editorial yet," Berger said.

Berger's political standing remains undisclosed, she said.

"I do make it a practice in the newsroom to keep my political beliefs to myself," Berger said.

Berger said she appreciates her time at PLU.

"(PLU was an) excellent experience, it taught me life lessons—grounded me both in my faith and my work ethic."

Berger also praised communications professor Cliff Rowe as the person she looked up to most at PLU.

The Hillsboro, Ore. native has always had an interest in journalism, she said.

"I had written for my high school newspaper, but first thought I should get a business degree," Berger said about changing her major to communications. "But then I took pre-calculus, and that grade changed everything."

Sadly, this is the final issue of *The Mast* this semester.

But don't worry, it will be back on newstands come February.

GREEN to change student dining

BENJAMIN RASMUS
Mast international editor

Upon the successful campaign of converting PLU departments to using 30 percent post-consumer recycled paper, the student group Grass Roots Environmental Action Now has focused their attention to the cafeteria.

GREEN is working with Dining Services and the Sustainability Committee to provide an increased amount of organic food options in the University Center's cafeteria.

"We hope to educate students about organic food," GREEN President Rachel Esbjornson said. "People have a tendency to fear organic food because they often-times don't know what it is or means as a consumer."

GREEN also plans to push for locally grown food.

"We hope that eventually all the fruits and produce in the cafeteria will be organic," Esbjornson said.

Recently, Dining Services has formed a committee of students to gauge their interests of organic, vegetarian, whole grain and locally grown foods. The committee also finished conducting a survey about student's opinion towards organic and vegetarian food.

Esbjornson said she hopes the survey conducted by GREEN and dining services will estimate the amount of students interested in the possible changes.

"I would support organic food in the cafeteria, especially fruit," first-year religion major Graham Ugala-Barbour said. "It is sad how genetically modified foods and pesticides destroy our environment. I was in India last year, and I ate the

best orange of my life. It was green with yellow spots."

Dining Services is also working with PLU's Sustainability Committee in coordination with GREEN. All three entities said they hope to educate and increase the visibility of organic, vegetarian and locally grown food.

"All three of these groups recognize the cafeteria needs to provide healthier options, but they are still in the initial stages to figure out how," Dining Services director Erin Sigman said.

Sigman said she thinks one of the most important aspects of bringing more organic food options to the cafeteria is educating students.

"By spring semester students should expect to see more signage in the cafeteria about organic, vegetarian and vegan food options," operation manager of Dining Services JJ Stolz said.

Another possible change in the cafeteria in the near future is increased recycling, Chair of Faculty and the head of the Sustainability Committee Chuck Bergman said.

"Currently the cafeteria does not recycle any of its waste," Stolz said.

Recycling in the cafeteria is a good concrete example of what the Dining Services can do with sustainability, Bergman said.

If the cafeteria starts to offer increased organic and locally grown food options in the cafeteria, students still play an important role in the issue of sustainability, Esbjornson said.

"We walk a thin line between what our consumers want and what food we should provide," Sigman said. "Maybe the choice will not always be a Crispito."

"We walk a thin line between what our consumers want and what food we should provide. Maybe the choice will not always be a Crispito."

Erin Sigman
Dining Services director

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Photo by Roxanne Cooke

Vocal studies chair Mira Frohnmayer will be remembered by students for her expertise and tough attitude. She will leave PLU after 24 years of teaching.

LISA SUTTER
Mast news intern

Many students have had at least one teacher that made a significant and memorable difference in their lives. A teacher who was humorous, yet demanding, dedicated and caring, who helped them on their paths through academia and life.

Professor Mira Frohnmayer, chair of vocal studies at PLU for 24 years, has been one of these teachers. However, this will be Frohnmayer's last year at PLU, as she is retiring.

"(Frohnmayer is) tough as nails," vocal student Molly Watson said. "Quite

frankly, I'm going to miss the honesty. She doesn't tell me I'm doing well when I'm not. That way I know when she tells me I'm doing well, I'm doing well."

Frohnmayer said she will miss her students as well.

"This is a very special student body," Frohnmayer said. "And the music people are very wonderful."

Frohnmayer received a Bachelor of Arts in music from the University of Oregon, and a Master of Music in vocal performance from the New England Conservatory of Music in Boston. She studied at the Frankfurt Hochschule für Musik and the Schiller College in Berlin, Germany.

Frohnmayer has participated in the premieres of four operas in roles especially written for her mezzo-soprano voice. She has also performed at the Gardner Museum in Boston, with the Boston Symphony, Cambridge, Harvard, MIT and the Fogg Museum.

In the Northwest, Frohnmayer has performed with the Northwest Chamber Orchestra, the Seattle Pro Musica, the Tacoma Symphony, the Oregon Bach Festival and the Britt and Haydn Festivals in Oregon.

Even while Frohnmayer was studying and singing as a career, she began teaching. She said she had always wanted to teach.

Frohnmayer taught junior high at a time when paddling was still considered an approved part of punishment.

"I paddled a student once while his friends were looking around the corner and laughing at him," Frohnmayer said with a lopsided grin.

Before settling at PLU in 1980, Frohnmayer held four teaching positions simultaneously. She started her mornings at Shoreline Community College, then traveled to Seattle Central Community College, next to PLU and finally back north to Seattle Pacific University.

She became chair of vocal studies at PLU, a position she has held since 1980. While at PLU she has taught private lessons, "Solo Vocal Literature," "Vocal Pedagogy," "Solo History of Music Theater," "Class Voice," "Introduction to Music" and "History of Sacred Music."

Frohnmayer has had more than 500 students. She has witnessed many students go on to graduate work and suc-

cessful engagements with operas and symphonies in the United States, Asia and Europe.

Her overall contribution to the university has produced an enormous amount of singers - those who go on with a career in music, and those who go on with an intense love of music.

Frohnmayer has kept the vocal seminars alive, which allow voice students the opportunity to perform in front of an audience of their peers and vocal studies professors.

Frohnmayer is getting ready to go to Europe over J-Term. She will be scouting Germany, France, England and Austria for voice teachers for PLU students who study abroad in these countries.

After retirement, Frohnmayer said she and her partner, Marcia, plan to reside at their home and acreage in Yahatz, Ore.

"I'm going to sit on the patio and watch the ocean and the mouth of the Yahatz River," Frohnmayer said.

Frohnmayer said she also plans to volunteer.

"I'm particularly interested in Hospice, especially as a two-time cancer survivor," Frohnmayer said.

Finally, Frohnmayer said she plans to travel and walk the beach.

One of Frohnmayer's first students at PLU, Timothy Fink, was on campus recently giving a master class in musical theater. At the end of the class, he stood with tears in his eyes thanking Frohnmayer for the effect she had on his life.

"Once in a while a great teacher makes a difference," Fink said. "She was that great teacher for me."

"I'm going to sit on the patio and watch the ocean and the mouth of the Yahatz River."

Mira Frohnmayer
Vocal studies chair

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A look at Korean 3-D animation

ABIGAIL FAYLOR
Mast webmaster

PLU American Cultural Exchange student Wendy Mun worked for the Korean animation company, Tuba, before coming to PLU in February 2004.

Tuba, located in Incheon on the west coast of South Korea, began in 1999 and has since produced a series of short animation films, which have gained international recognition.

The company's most famous work is a five-part series, "The Boxer," which is a pocket animation about two stationary spring-loaded dolls, Joni (pronounced Johnny) and Viki. In the one to three minute episodes the dolls' main goal is to beat each other up.

Viki is the better boxer while unfortunate Joni is constantly trying to figure out ways to win their informal matches.

Mun worked for two years as an operator on Tuba's animation team. Her primary task was to bring Viki to life. Using the 3-D program called 3DS max, made by Discreet, Mun was

able to make Viki's body lifelike.

Viki's punching movements and facial characteristics were the most integral part of Viki's personality, Mun said.

Young people, such as Mun, produce the majority of animated shorts in Korea. Animation is a popular subject at Korean universities where students make more than 200 shorts a year. Many of these youthful filmmakers see the shorts as social commentaries instead of show business blockbusters.

"The Boxer" is not a social commentary, but is aimed at entertaining a television audience.

Korean animations are art and the animator the artist, animation film critic Kim Joon Wang said.

Mun studied computer science for two years. She also took 3-D classes and independent lessons in 3-D animation for three months.

When she applied to Tuba she brought her portfolio, Mun said. However, she feels it was her presentation about herself that got her the job.

Mun fit right in and she said her team members were her favorite part of working at Tuba. They were great people and she said she would return to Tuba just for that reason.

Mun said she hopes to continue working with Tuba once she finishes schooling. Her immediate goal is to get a degree in design management at De Montfort University in Leicester, England.

Working in design management would allow Mun to work on creative teams designing products for animated series, she said. She enjoys the process of thinking up ways to make people laugh.

"The Boxer" was honored at the Cartoons at the Bay Festival with a special mention for innovation. It was also selected to be a part of SIGGRAPH 2003 Computer Animation Festival. SIGGRAPH is an international conference on computer graphics and interactive techniques.

"The Boxer" and other Tuba animations can be viewed at www.tubaani.com.

This article is the last of a four part series looking at the South Korean community at PLU and in South Tacoma. The articles have featured PLU's growing connection with South Korea, Korean-American business in Lakewood's international business district, Korean-American media marketing and Korean animation.

HIV/AIDS awareness

MICHAEL ISAACSON
Mast news reporter

This week was HIV/AIDS Awareness Week at PLU, an event organized by the Residence Hall Association. The weeklong event, held Monday through Thursday, was meant to coincide with awareness efforts across the nation and world.

Student Stacy Stone was responsible for organizing the event, which included speakers throughout the week.

"We want to raise awareness of AIDS and HIV on campus," Stone said. "We wanted to put a face to HIV/AIDS. It's not just a hypothetical; it's something that could happen."

AIDS awareness week coincides with World AIDS Day, held Dec. 1 annually, according to the World AIDS Day official Web site.

Volunteers staffed a table Wednesday at PLU where they passed out red ribbons to show support for increased AIDS awareness, as well as facts and information cards.

Sophomore volunteer Hakme Lee said she was organizing something on her own, but joined RHA's program when she found out what they were planning. Lee said the work complements her other efforts to make an AIDS awareness quilt. Lee's quilt will be displayed in the UC today.

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Sessions will be on the PLU Campus and at the new Tacoma Convention Center.



Nellie continued from page 1

wondered why didn't he heal me? Did I do something wrong?"

Nelson said he didn't have these answers as a child, but has a different perspective now.

"When I was a kid, I was confused," Nelson said. "Now, I'm 37 and I realize it has to do with PLU football, and it has to do with me helping guys to realize what life is about and maybe he did it because he wanted me to come to PLU."

The film goes on to show how, today, Nelson is at work with the football team, changing hearts.

"I think Nellie is here to make me a better person," football player Mike Mosh said in the film. "No matter what happens in a day there's always going to be that Nellie

in the back of my head saying, 'Mike Mosh, you can do it. You can get it done.'"

One football player who is often seen spending time with and helping Nelson also said Nelson made a difference in his life.

"If I hadn't met Nellie there would be a chunk missing out of my life," the football player said.

"Here's a guy who doesn't have legs or arms and yet he impacts hundreds of kids each year with the PLU football team and he does that through his heart and his dedication to serving."

The film can be purchased at the PLU bookstore or

online at www.thenelliemovie.net.

The film "didn't make me more famous," Nelson said. "I at first wasn't very excited about it, but a lot of people got a lot out of it, and hopefully it will show others that they can learn something from the film and that dreams do come true."

Nellie links:

Documentary on sale at the PLU Bookstore

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From the editor

National color divide cuts apart campus

I love bumper stickers. Their shiny, lacquered wit brightens my day. Yet I resist putting them on my car. As much as I love their play on words, it takes more than a few words for me to make a point and for others to understand and respect me.

Leonard Pitts, a syndicated columnist for *The Miami Herald*, spoke at University of Puget Sound Monday evening about bumper stickers and the country's cultural divide.

That cultural divide is alive and well at PLU.

Plenty of Kerry-Edwards stickers and signs still adorn campus, even though Bush won more than a month ago. Do these stickers remain as a sign of pain, denial or defiance? Their use as political persuasion, at least in the election, is over.

PLU seniors Matt Tabor and Jessa Boye rightfully question our community's integrity when they see community members embracing the security of division over the stretch of unity as many of us lick our election-day wounds. They say conservatives feel stigmatized on the PLU campus.

Pitts deplored this kind of stigmatization in his speech. I wish PLU had invited him to speak at our campus.

He would have put us to shame.

He spoke about labels, and how lives cannot be summed up by one word: gays or guns, liberals or conservatives. A label shuts out the depth and complexity inherent in each one of us as human beings. It gets rid of the nuance that makes our lives interesting. Labels make us more willing to not listen to each other because we think we know what the other person is about based on the label we've given them.

Whenever we believe that we are so correct on an issue that we need not listen to another human being, we are being fundamentalist in the truest definition.

What this country needs now is fewer fundamentalists and more thoughtful conversationalists.

Our own campus has thrown accusations at each other over the political cartoon, and sometimes with little respect for the people behind them.

People who disagree with each other need to be able to sit down and have drinks, Pitts said. He said he doesn't see this happening much in the United States in general. If you can sit down and have drinks with someone, the nastiness can only go so far. I take it further: if you sit down in class, the level of discussion and debate ought to be even higher and cleaner.

While this university is certainly idealistic in its goals, it is also pragmatic in demanding our education be put toward fixing the world in a very person-to-person manner.

It is this that we need to draw upon.

"Pragmatism speaks volumes of the fundamental decency of the American people," Pitts said.

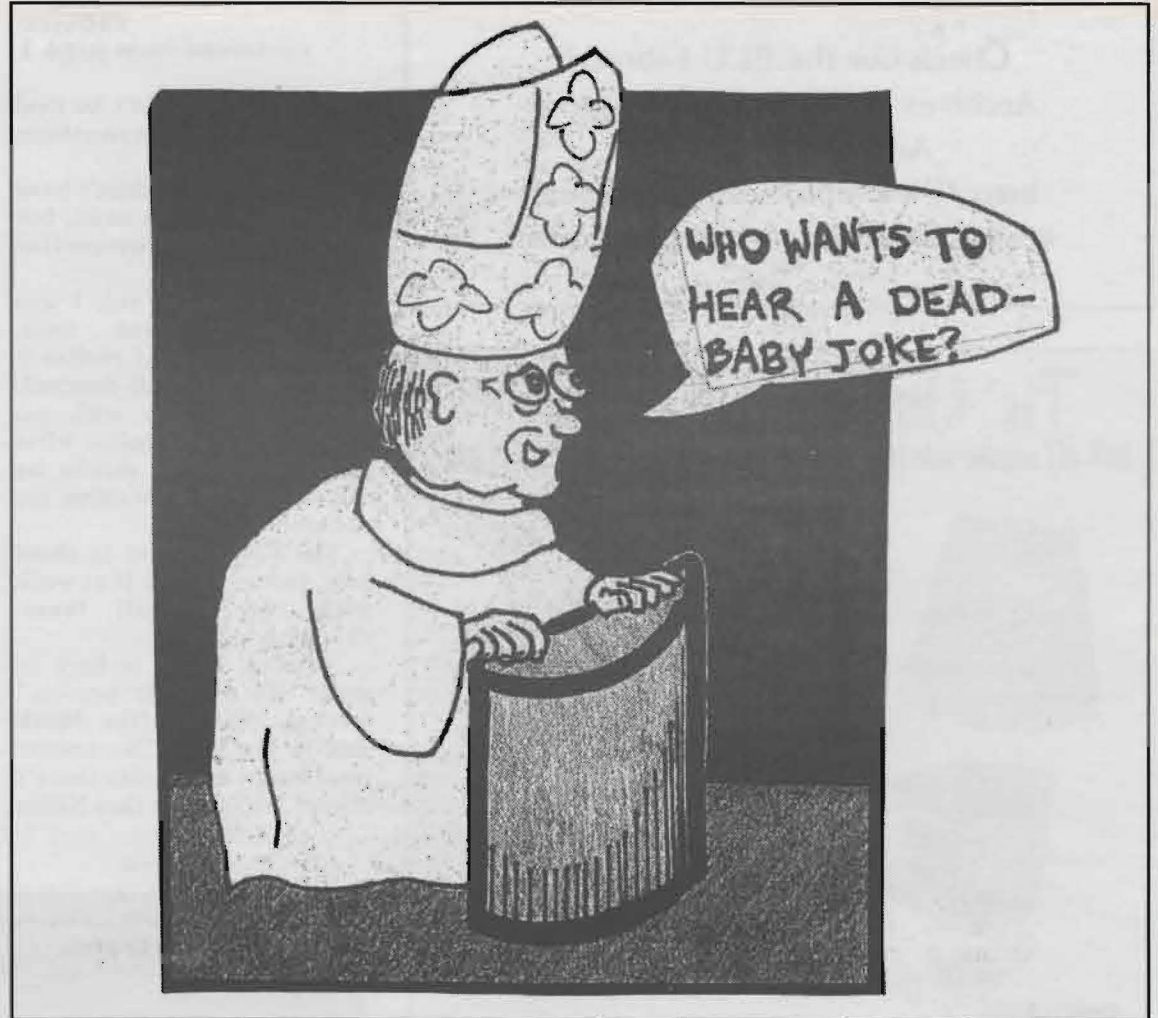
Americans are very good at setting aside our differences to get things done, but as a university, our goal needs to be engaging our differences to move things forward.

While I continue to stand by my decision to run the political cartoon, the reactions I received taught me both about the pervasiveness of rape and also about the lens of absolutism through which some people see life.

Pitts' main argument of his speech was the danger of the red-blue political divide that affects much more than the pole booths. We in the Pacific Northwest live in a blue, Democratic zone, but that only means that at least 50 percent of us are Democrats. Since when are Republicans in Washington metaphorically considered two-thirds of a person? Since when can we demean their vote?

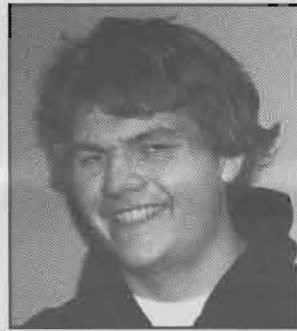
Pitts, an African American, said he now worries more about the red-blue divide than the centuries old divide between white and black.

That's quite the color change.



Cartoon by Steven Donovan

Sidewalk Talk: Do you think conservatives are harrassed at PLU?



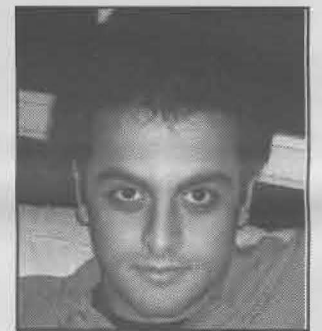
"They are engaged in open conversation a lot and asked about their views, but I wouldn't say they are harrassed."

Matthew Johnson
first-year



"I don't think any more than any other social or political affiliation, at least not that I've witnessed."

Aislinn Addington
junior



"They are giving them a hard time. If somebody voted for Bush, they don't want anyone to know."

Raha Etemadi
sophomore

This is the last issue of *The Mast* until February 4.

Look for us spring semester.

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POLICIES

The Mast is published each Friday by students of Pacific Lutheran University, excluding vacations and exam periods.

The views expressed in the editorials and columns reflect those of the writers, and do not necessarily represent those of the PLU administration, faculty, students or *The Mast* staff.

The Mast encourages letters to the editor. Letters need to be submitted to *The Mast* office by 5 p.m. the Monday before publication. Letters without a name and phone number for verification will be discarded.

Letters should be no longer than 400 words in length, typed and double-spaced.

The Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors. Letters are printed in the order they are received.

The Mast can be reached at (253) 535-7494 or mast@plu.edu.

Tradition sparks warm memories of cold Norwegian life



Eccentricities in the 3rd person Solveig Berg

This is my last column (tear). I'll be graduating Dec. 11. As that time is fast approaching, nostalgia is beginning to sink in. Maybe it's because the Christmas season is upon us and I long for the warm fire of a cold Montana night with a crisp book in my hand and my cat asleep at my feet.

Regardless, I want my last column to stir happy thoughts in your hearts. Because if you can't be sappy around Christmas time, when can you? The one phrase that signifies the Christmas season for me is family tradition.

Tradition—to quote the words of one of my favorite musicals of all time, *Fiddler on the Roof*, “Without our tra-

ditions, our lives would be as shaky as a fiddler on the roof!”

I'm a “tradition” girl. I need it; it fuels me; it keeps me sane. Some would label me as a person who “does not deal with change well,” but I take pride in this, my anal-retentive side. Christmas brings out the tradition bug inside me and everything must be as it has always been.

I'm most proud of our customary Christmas Eve, Norwegian heritage dinner. The house smells of a strange, lye-soaked fish and the kitchen becomes a blanket of warmth from the various ovens that stoke the memories of many Christmas' past.

My job is to rice the potatoes. Now let me tell you, if

you've never riced potatoes, it is indeed a difficult task. Not only do you have to cram a large number of peeled potatoes into a small smashing device, but you must also be careful not to spill its contents onto the counter or floor below.

It takes years of practice before the potatoes squeeze through their tiny slots forming light, thin shavings that rest gently on top of each other. The butter must also be placed in a small divot in the direct center of the lump of weightless spuds. Mind you, they only give this job to the most competent of children.

Meanwhile, my mother opens the oven, a foul smell emerging within. She pulls out what appears to be a jelly-fish—NO, it is in fact just fish, very strange jelly-like fish. (As you might note, I'm not a fan of this dish.) Lutefisk—the fish of choice for the Vikings, soaked in lye as to preserve its fine quality. I turn away. The sight just might ruin my appetite.

We all sit down at the table and the fruit soup is passed around as well as the flatbread. Although it looks quite curious, I assure you, it tastes delicious—a mixture of thick, fruity broth and large pieces of apricots, raisins and prunes. To me, it is dessert before dinner.

On to the main meal—meatballs. But these are not just any meatballs; they are Norwegian meatballs. Nestled in the middle of my finely riced potatoes, the meatballs invite me to dig in. Now the feast can begin.

For dessert, out comes THE round plate. This is not just any plate, but a giant mountain of every Norwegian cookie you can think of; fatigmann, berlinerkranser, spritz, krunkaker, rosettes and all the lefse and kringla you can eat. I am now officially in heaven.

During dessert, my dad reads the Christmas story out of the Bible; then we all proceed to the living room and the Christmas tree where we

open our gifts, one at a time in order to savor the moment.

Yes, I know, it does seem a bit like Christmas with the Walton's. Nevertheless, I am proud of my family traditions, and you should be too.

None of your peers are watching and no one is judging you. So, sing carols like no one is watching and truly savor those quiet moments by the fire. I too will be soaking in all my favorite PLU moments over the last four and a half years. If that makes me a sap, then so be it.

The good part about tradition is that even if you leave, it will always be there waiting for you when you come back..

If you would like more information on the delicate process of “riceing” potatoes, Solveig can be reached by e-mail at bergsj@plu.edu.

NOTE: This process should only be done under strict supervision as it takes much skill and finesse.

Letter to the editor

In Defense of Steven Donovan: A Response to “Fundamentalist” Attacks

First, before so-called “liberals” write me off, let me say that I identify myself as a “liberal” politically.

However, I would also like to believe that I am liberal in the sense that I am broad-minded and open in my ideas. That being said, I am saddened by the fundamentalist tone taken by self-identified liberals in response to Donovan's cartoon.

In a letter by two PLU professors, Donovan's good-natured, but raunchy, political cartoon somehow turns into a “violent rape scenario” where (apparently) the cartoonist “fucks over women.” Interesting.

I thought Donovan was trying to humorously point out Republican dominance in the recent elections. However, when

cartoons are run through fundamentalist spin it means Donovan thinks rape is OK.

To me, this compares to when Jerry Falwell suggested that the Tellitubbies show was trying to subversively destroy America by having a character that was supposedly homosexual.

After all, both instances show that stringent and literal devotion to pre-created principles can foster strange perceptions of reality. In addition, the implicit stuff about Schwarzenegger and the voice-overs are just bizarre, but good use of vulgar language.

Mr. Cox also questions Donovan's journalistic integrity and judgment. Although Cox might feel his position turns him into some kind of moral compass, he is dead wrong. It is easy to

make empty assertions that Donovan's cartoon “normalizes a culture of violence and rape” and that it is “hate speech.” How in the world can he back up these assertions?

Lastly, all should take note that the elephant also has a black strip across its breasts. This would suggest that perhaps both animals depicted have female characteristics, which kind of destroys the guy-on-girl rape culture thesis. Nice try ignoring this detail.

Let go of your fundamentalist beliefs because they are distorting your reality.

Erik Randall
Senior

Letter to the editor

Election won, PLU conservatives plagued

In the aftermath of Nov. 2, the PLU campus is no longer a place where the tyranny of the majority is held in check by free thoughtful inquiry and diversity.

What has now taken hold of the campus is an atmosphere of stigmatization, alienation and political oppression of all conservative students.

This issue does not revolve around party affiliation, but is a reality for all students, Democrat or Republican, who are less liberal than the overwhelmingly liberal majority.

This acerbic atmosphere is only intensified for conservative students when a liberal professor finds the world to be “going to hell” because of Nov. 2.

Specific cases of alienation and stigmatization toward conservative students based on differing political ideology abound. For instance, being called “sad,” or being equated with a “stupid ass of a president” serves to negatively label those with viewpoints oppos-

ing the liberal majority, which, in turn, separates the campus into “liberal/good” and “conservative/bad” groupings based on superfluous value judgments.

The unfortunate truth is that as a nation divided into “winners” and “losers” upon the results of the election, seeing this division on our campus might not seem surprising at all. Thus, PLU's antithetical reaction would simply be following suit with the rest of our country.

However, as university members of the PLU community, shouldn't we seek to question this division, instead of fostering a sense of fear within our community?

Whether it is in class, in the hall or out of doors, an intolerant liberalism chokes the free expression of many bright students and thus, serves as oppression both political and social on this campus. We find this to be completely uncalled for, especially in a uni-

versity setting, which is so concerned with hearing the voices of the minority and oppressed in campus society, and which advocates for “thoughtful inquiry” and “lives of service” in the larger world.

How is one motivated to either inquire or serve if the freedom to voice conservative opinions without alienation, stigmatization or oppression does not exist on this campus?

Should it really be condemned as “too idealistic” for the PLU community to strive to reverse this trend of instilling fear of open speech and intimidation on our political opponents?

Should not we, as a university community instead promote the pledge of our mission statement with integrity, knowing that our campus sponsors understanding and respect?

Matthew Tabor
Jessa Boye
Seniors

Letter to the editor

Campus needs reflective action not reaction

First, I would like to say that last week's letter from the editor was exceptionally well written. Thank Steve Donovan for poking the ol' Lutedome fire. And congratulate *The Mast* on taking risks.

Second, as last week's letters to the editor demonstrated, the opportunity for a meaningful dialogue at PLU was brushed aside for the emotion of the reaction. As students, teachers and citizens we all have the right to be angry, to express that anger, and take a position; nevertheless remember who our audience is.

The “I'm right, you're fucking over women again” mentality was something I thought we had out-grown.

Rape is not funny, but neither is replacing the image of the elephant with Arnold Schwarzenegger. In a society where we are hit with a barrage of images on a daily basis we must not forget the power of words and the images they too produce. When we use language fruitfully, much can be communicated and consummated, but launching a personal attack on an artist only draws a line in the sand and forces sides to be taken.

The real issue (politics/rape) is set aside so soapboxes can be constructed and the finger pointing can begin. See, the game goes both ways; please check the rules before calling foul.

After viewing Steve Donovan's “sensitive” cartoon the idea of rape never entered my mind. (The thought appeared more like, hahahaha, that's right the Democrats got screwed!) Then again, I will admit I don't spend much time at all thinking about rape; it is an uncomfortable subject.

But for those of you who do spend a lot of time with this subject matter I recommend a more constructive approach. Why not use all that energy and write actively, because at this point I am keenly aware that PLU is desperately lacking activists, however re-actionists appear to be lurking behind every corner waiting to strike.

It is my opinion that a university is first and foremost a (safe) place for the exchange of ideas. Art has the density for multiple interpretations; political cartoons are a form of art. Whatever your interpretation may be, it is yours, let us not swathe the artist with it. Criticism is always acceptable, how else is an artist to develop, but for the sake of pleasantries let's keep it constructive.

So if you are offended, angry or want to scream, please do, but remember what made the editor's letter (response) so exceptional: reflection.

James T. Kozak
Alumnus

Pathways to Peace: Norway's Approach to Democracy and Development

LAINA WALTERS
Mast editor-in-chief



PLU professors have coordinated a teaching program with Hedmark University College in Norway and with the University of Namibia.

PLU is doing something very Norwegian. The Jan. 12-14 symposium, *Pathways to Peace: Norway's Approach to Democracy and Development*, will bring together personal PLU contacts from around the world to discuss alternative methods of international involvement.

The modest country has built a quiet but novel reputation for peace and development work through the wise use of personal contacts throughout the past 30 years. Speak of international peace agreements such as the Oslo Accords, or liberation movements such as the Southwest African People's Organization that freed Namibia from South African colonization, and the Norwegians are there.

The second biannual PLU symposium will feature Norway's approach to everything from human rights to global health, bringing ambassadors, polar explorers and conflict facilitators to PLU's table.

"Norway is important because first of all, they are not the United States so they represent an alternative model and alternative approach to being involved in world affairs," PLU President Loren Anderson said. "It's really important to understand those because they provide a mirror against which to better understand our own role in the world."

A large part of the symposium will focus on Norway's involvement in Africa, particularly on economic development in Namibia and peacemaking in the Sudan, since Norway decided to target "the poorest of the poor and that means Africa" with its aid money, PLU political science professor Ann Kelleher said.

Yet it will also include examples of direct team building. Ann Bancroft and Liv Arnesen, an American-Norwegian team of arctic explorers, will discuss how their expeditions require conflict management skills that can provide a model for nations and multiethnic school children alike. Both former schoolteachers, 3 million school children tracked their ventures via the Internet during their last trip.

Bancroft and Arnesen will set off to cross the Arctic in February 2005.

Anderson said he hopes the symposium will encourage PLU students to do some exploring of their own.

"I see the symposium as one way of introducing all the first-year students to the possibility of studying abroad and global education," Anderson said.

Anderson said he hopes that over time people will come to see PLU as the place for serious discussion of international issues.

The first symposium, *China: Bridges to a New Century*, drew about 700 people. Event organizers hope the same number will attend, with a stronger representation of students. The second two days of the symposium, Thursday and Friday, will be held on the PLU campus to attract more student involvement. Although classes will not be cancelled university wide, many

professors of first-year Inquiry Seminar classes will incorporate symposium attendance into their class work.

For those who can't break away from class, the Hedmark University College Choir and a folk ensemble will join PLU's Choir of the West for a concert Thursday, Jan. 13 at 8 p.m. in Lagerquist Hall. The University Gallery and the Scandinavian Cultural Center will both have folk art and traditional dress on display from Namibia and Norway during the month of January.

Norway has managed to keep a powerful folk tradition alive much better than other countries in Europe, symposium chair of special events and music professor Svend Rønning said.

While Norway has worked hard to keep domestic traditions alive, it has also crossed the world to create contemporary traditions on the international scene.

Since Norway struck it rich with North Sea oil in the 1970s, the country's consensus-based coalition government has agreed that a certain percentage of the country's gross national product should be devoted to international peace work. Giving 1 percent of its income often makes the tiny nation of 4.5 million people the highest per capita donor in the world.

Kelleher said the United States, while the largest donor in net amount, gives 0.16 percent of its income to international projects.

"It's importance in world affairs exceeds what would naturally be expected in a country of their size," Anderson said.

Along with its novel amount of aid, is Norway's novel style of conflict facilitation.

"It goes out of its way to be trusted by both sides," said Kelleher, who studies peace agreements, said.

The Norwegian characteristics of patience, consensus building in their own affairs and modesty make the people natural conflict facilitators, Kelleher said. For instance, they peacefully dissolved their union with Sweden in 1905.

The symposium will be among the first centennial celebrations of Norway's peaceful separation from Sweden in 1905. Since then it has been using its honor model around the world to bring people together.

One such union, while not dramatic as others, is a 1975 agreement signed in February 2001 by PLU, Hedmark University College in Norway and University of Namibia. Three schools agreed to work together on issues of peace and development. Since then, PLU students have spent semesters in both countries and members of the PLU School of Education have trained teachers in Namibia.

Dean of the PLU School of Education, Paula Leitz, will present on the work of the Namibian Association of Educators (NAMAS) in the Ondao Mobile School project.

In five sessions over two years, PLU professors cooperated with Norwegians and Namibians to build the capacity of Namibian teachers to teach in a way that learners take responsibility for their learning.

Leitz said her experience in Namibia taught her that capacity building through education can help a country develop out of its dependence on Western control. Education is a natural approach to development that has one of the largest impacts on the target community.

The same might be said for PLU.

"If our world is to have a hopeful future, our countries must graduate a thousand people who have stepped across national boundaries so we can understand and appreciate the complexity of the world and understand its diversity as a richness and nothing to be frightened by and fought against," Anderson said.

Norwegians, through patience, money and long-term commitment, have found a way to engage the world and its people. PLU plans to take note.

Symposium to recognize 100 years of Norwegian Democracy

APRIL REITER
International reporter

The Norway Symposium hosted by PLU in January will mark the first major event in a series of global celebrations of the centennial anniversary of Norway's independence from Sweden in 1905.

A large part of PLU's history is based upon Scandinavian heritage, Kari Udbye, assistant to the director of the Wang Center for International Programs said. The decision to revolve PLU's symposium around this momentous celebration came naturally.

"PLU was founded by Norwegian immigrants, so we've had a long tradition on our campus of offering Norwegian and Scandinavian culture classes," Udbye said. "It's always been very much a part of the PLU profile, a very important part of our heritage."

Although many regard Norway's original split from Denmark in 1814 as the cause for the Independence Day celebration, it was Norway's peaceful independence and establishment of their own government in 1905 that will be celebrated globally in 2005.

Norway was originally a part of Denmark until the Danes were forced to cede Norway to Sweden as a gift stemming from the Napoleonic Wars. The Norwegians tried to gain their independence from Sweden, but Sweden attacked, forcing Norway to surrender and accept the common monarch located in Stockholm.

Although their first vie for independence was not peaceful, Norway achieved independ-

ence from Sweden in 1905 without the use of violence.

In the early 20th century, "(Norwegian) conservatives rejected any possibility of dissolution and feared a republic while Liberals rejected the Union monarchy as 'Norwegian' and representative of conservative interests," Terje I. Leiren, professor and chair of Scandinavian Studies at the University of Washington said.

This lack of articulation and voicing of the interests of both sides only created more confusion and wasted more time in political negotiations with Sweden. Norway needed a common idea to rally behind and they found it in the words of gifted writers and leaders.

Such writers as Sigurd Ibsen, the son of Henrik Ibsen, published newspaper articles and essays in hopes of solving the problems of Norway's division.

"As long as the Union existed Norway would always be seen as inferior," Ibsen said. The idea of Norwegian inferiority made the peace talks between Sweden and Norway long and difficult. Sweden never appeared willing to concede its superior position in the Union, Leiren said.

When King Oscar II, king of Norway and Sweden, rejected the idea of a separate Norwegian consular office, the Norwegian officials resigned. King Oscar could not form a new ministry once the outraged Norwegians resigned, he was unable to form a compromise government. Michelson declared the dissolution of the union with a simple, direct legalistic manner, Leiren said.



Photo by Paula Leitz
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Norwegian Symposium

Registration for the symposium is online at <http://www.plu.edu/~wangctr/happenings/symposium/registration.html>. The entire PLU community and students from other schools may attend free of charge. Attendance cost for members of the larger community is \$50. **symposium schedule**

Located At Tacoma Convention Center

Wednesday, Jan. 12

2:00-3:30 Opening keynote session
Adam Smith, U.S. Congressman
Bill Baarsma, Tacoma Mayor
Loren Anderson, Pacific Lutheran University President

Keynote address: Norwegian path to global democracy
Knut Voellbaek, Norwegian Ambassador to the United States

4:00-5:15 Concurrent sessions

A. A primer on Norwegian diplomacy
Ann Kelleher, Professor of Political Science, PLU
 B. Peace Journalism, Theory and Practice
Rune Ottosen, Professor of Journalism, Oslo University College
 C. Security Challenges for Peacekeeping
Johan Løvald, Norwegian Ambassador to the United Nations
Peter Burgess, Research Professor, Security Program, International Peace Research Institute, Oslo

6:30-8:30 p.m. Centennial Celebration dinner (separate registration)

Thursday, Jan. 13

8:15-9:45 Plenary Session: Violence and Human Tragedy in Sudan
Tom Vraalsen, U.N. Special Envoy to Sudan and former Norwegian Ambassador to the United States.
Andrew Natsios, Administrator of U.S.A.I.D.
 Invited—representatives from the Republic of Sudan and the Sudan People's Liberation Movement

10:15-11:30 Concurrent sessions

A. Norwegian Development Aid: Values and policies
Tove Strand, Director, Norwegian Agency for Development and Cooperation (NORAD)
 B. Human Rights and Civil Order in Africa
Sam Amoo, Professor of Law, University of Namibia
Ron Slye, Associate professor of Law, Seattle University
 C. Serving Children in Rural Namibia: The Ondao Mobile Schools
Paula Leitz, Associate Dean and Associate professor, School of Education, PLU
Noag Goaseb, Professor of Education, University of Namibia

11:40-12:30 Plenary Session

More, Not Less: Globalization in the 21st Century
George Russell, Chair, Threshold Group, Chair Emeritus, Russell Investment Group

2:00-3:15 A. Ethnic Tensions and Conflict Resolution in Europe

Geza Jeszenszky, former Foreign Minister of Hungary and Professor of History, Budapest University
Steinar Bryn, Director, Dialogue Project, Nansenskolen in Lillehammer, Norway
 B. Economic Development and the Environment
Phanuel Kaampama, Professor of Political and Administrative Studies, University of Namibia
Jørgen Klein, Associate Professor of Development Studies, Hedmark University College
 C. Journeys to Peace: The Arnesen-Bancroft Expedition
Liv Arnesen and Ann Bancroft, polar explorers **Ron Byrnes**, Associate Professor of Education, PLU
Mike Hillis, Associate Professor of Education, PLU

3:45-5:00 Concurrent Sessions

A. Global Health Crises and Responses
Jennifer Leaning, Professor of International Health, Harvard School of Public Health
 B. Grassroots Norwegian Activism and Namibian Partnerships
Svein Ørsnes, Director, The Namibia Association of Norway
Inger Haug, Professor of Education, Hedmark University College
 C. Norway's Progress from Monoculture to Multiculture--The Role of Education
Thor Ola Engen, Professor of Education, Hedmark University College
Sidsel Lied, Associate Professor of Education, Hedmark University College
 D. International Engagements with Development in Contemporary China
An An Wu, Director of Social Welfare Division, Amity Foundation, China
Peter C.C. Wang, Founder, the Wang Center, member of PLU Board of Regents

5:00-6:30 Art gallery receptions

8:00 Global Encounters, An Intercultural Concert (Lagerquist Hall)
 Hedmark University College Choir and Hedmark University College Folk Ensemble
 PLU Choir of the West
 PLU Wind Ensemble
 Premeire organ composition by David Dahl

Friday, Jan. 14

8:15-9:15 Plenary Session: Namibia 1990-2005: Celebrating 15 years as a Democratic Republic
Selma Ashipala, Namibian Deputy Ambassador to the United States.

9:30-10:45 Concurrent Sessions

A. The Role of Higher Education in Global Peacebuilding: President's Panel
Loren Anderson, President, Pacific Lutheran University
Yngve Haugstveit, Rektor, Hedmark University College
Tadao Kiyonari, President, Hosei University, Tokyo
 B. The Role of the Church in Building Peaceful Societies
Selma Shjavali, former executive, Council of Churches in Namibia
Stein Erik Horjen, Special Adviser for Policy and Human Rights, Norwegian Church Aid
 C. Independence without War: Lessons from 1905
Christine Ingebritsen, Associate Vice Provost for Undergraduate Education and Associate Professor, Scandinavian Studies, University of Washington
Terje Leiren, Professor and chair, Scandinavian Studies, University of Washington

11:15-12:30 Closing Plenary Session
 The Ongoing Work for Peace (Speaker TBA)

Additions and confirmations pending.

Schedule compiled by
 Laine Walters



Knut Voellbaek is the Norwegian Ambassador to the United States



George Russell is Chair of Threshold Group, and Chair Emeritus of the Russell Investment Group.



In 1998 Secretary-General Kofi Annan appointed Tom Eric Vraalsen, who was serving as Ambassador of Norway to the United States, as his Special Envoy for Humanitarian Affairs for the Sudan.



Jennifer Leaning, M.D., S.M.H., is Professor of International Health, Department of Population and International Health at the Harvard School of Public Health.

My music, my solace, my love



Musical musings

Eric Thompson

This is ironic. It's 2:30 a.m. and I've been attempting to write this music column for a good while now, but I keep getting distracted by song after song after song.

Music itself is keeping me from writing about it. I love writing—especially about music—but right now all I want to do is listen to really good albums intensely and with full concentration for several hours until I fall asleep.

This makes me worry about finals. If I can barely concentrate on writing about something I'm passionate about, what chance do I stand when grappling with the economic, ecological and social implications of "big-box" retail when seen through the lens of an ethic of ecological justice?

Part of the problem is, because of technology, the place where I complete my schoolwork and where my music archives are located is one and the same.

In my youth, before I had a laptop, listening to music took a little more effort than it does now. If I wanted to listen to music on the porch I would have to lug my hefty stereo system down a flight of stairs, find an electrical outlet that worked, locate the correct CD, go steal my sister's crappy CD player because mine wasn't working and then convince everybody that, no, my music did not suck and was not actually too loud.

Now I just click my mouse button and am instantly gratified with one of thousands of possible songs. If I am typing something for school, that button resides right there next to my neglected Word document.

It used to be if I needed to be uninterrupted to get some writing done I could climb a tree and scribble in a notebook in solitude.

If I tried this now I would grab my computer before ascending, so I could type my work, and end up draped over a limb, lost in my own private Beatles marathon for a few business days.

It's like that commercial for 107.7 The End where the guys on the couch love every song

they hear and sit transfixed, listening intently until they die, a while after which their skeletons are found by two policemen who sit down with to listen to the music themselves. I worry about a scenario like this one. Those guys were listening to music on the radio that was chosen by somebody else.

What if I lose the ability to turn off music? Could it become a physical addiction? I shudder to consider what would become of me if I got an iPod.

I can't think without music and I can't think with it. If I attempt to write a paper in my room there is likely something going on at the same time that is less than conducive to concentration - people playing Halo and screaming absurd things into their little headsets, a showing of *Scooby Doo* or *The Mighty Ducks*, or simply the existence of other people I want to talk to.

Therefore, I am forced to engulf myself in my headphones and drown it all out with some good tunes.

Like I said, this music portability is problematic. If I end up doing homework in a hut in a

Guatemalan mining village there will be music there. There will be music everywhere I go from here on out, so I guess I'm going to have to learn to work around it.

To make it worse, I have a bad habit. As soon as I have something pressing to do I start making a list in my head of all the people who have nothing to do right now who I wish I could be and all the things that I'd rather be doing.

I'm suddenly jealous of my friend that is clipping his toenails and watching "Trading Spaces."

Note: clipping your toenails when they are already clipped or offering to clip a friend's toenails are bad ideas. Come to think of it, so is watching "Trading Spaces."

In such a state of mind, how can I honestly be expected to resist the allures of music? It always tops the list of things I'd rather be doing.

There is nothing like homework to remind me of an album I've been meaning to listen to. I rationalize it by playing some classical and telling myself that some people think listening to classical makes you smarter. By

that logic, however, some might argue that listening to Blink-182 makes you dumber, in which case I've canceled it all out.

It gets worse. I have a ticket to a concert the day before a final paper is due next week, as I did two weeks ago. We live by Seattle, what am I supposed to do?! There are so many of them. In Iowa it was a little easier to not find exciting things to do and good music to listen to. Here I have to really work at it.

So, I've developed a plan. I figure that I have 12 days until my first final. If I give myself two entire days to study and write papers, that leaves me one week starting Monday to do absolutely nothing but listen to music.

I'm going to sit down in my recliner with my computer and headphones and not move until Dec. 12. Maybe then I won't be able to listen to any more music and the work will come easily and uninterrupted.

On second thought, somebody had better come delete all the Soundgarden off my computer if I'm going to make it out alive.

WHAT WE'RE



LISTENING TO

Natalie Ben Folds

I was musically challenged in high school. Of course, there were many who were more challenged than myself, but I was stunted in my music growth and often blinded to good music. That is what happened when I was introduced to the brilliance that is Ben Folds.

During my junior year of high school, two of my friends were obsessed with Ben Folds. The main reason I didn't pay attention to their adoration was actually because their "obsession" would change every month when said "obsession" would become too "mainstream." This usually meant they had heard someone else in the school liked him or her too.

This year I rediscovered Ben Folds. A friend of mine handed me a pile of CD's to listen to in order to start my music education. Ben Folds' *Rockin' the Suburbs* was third in the pile. As I listened to the songs, the melodious piano and the delightful vocals, I felt pulled to my feet. I had to dance. My room became a concert hall and I became a part of the music. The music, full of life, satire, energy, love and words of truth, surged through me. Ben Folds became my obsession of the month. I hope no one will beat him out for the number one spot.

And though my high school chums would frown to hear my say this, I think it would be great if Ben Folds became more well known. "Mainstream?" Whatever. Go check him out!

-natalie heikinen

Eric Stephanie Johnson articulates feelings you only wish you had the words to express. Her music catapults you from bitter, to peaceful, to amused, to melancholy, to sad, faster than you can comprehend it.

Her version of the female, guitar-playing singer-songwriter is not tired and derivative, but completely original and done better than nearly anybody else currently in the business.

Her demo, *Lovely*, makes a good soundtrack to tear up pictures of an ex while simultaneously obsessing about the next in line.

-eric thompson

Nichole Bright Eyes

Bright Eyes is real to me. Connor Oberst, the 24-year-old singer/songwriter behind Bright Eyes, and a number of side projects, is accessible, honest and imperfect. His music is absurd and completely relevant in the same second. Call me a sucker for lyrical poetry basted in melodrama, but I truly feel like Bright Eyes is, in and of itself, a movement toward what young music has a chance to be.

Oberst doesn't worry about hitting all the right notes. In fact, at times he screams his words at you only to retreat in a haunting whisper. His voice is far from the seductive whine of 20-something pop-rock, it is raw and unrefined...think young Bob Dylan without the Marlboro raspyness. Oberst shows little regard for the constructs of popular music, and, on a technical level, is a mess.

But with the dark showmanship of Joy Division and the youthful aesthetics of Kurt Cobain, he is definitely tapping into something juicy. I'm not saying that Bright Eyes is for everyone. As a matter of fact, I'm confident that many people will find them prosaic and annoying. The best I can do is equate this music to calamari, it might make you sick, but if you like it, you'll crave it at the strangest times. Either way, you owe it to yourself to try it.

-nichole boland



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Cinematic coal delivered to box office's stocking

December promises movies from Santa's nice list

Someone sneezed in my popcorn: at the movies with Matt McVay

'Tis the holiday season and Hollywood is scrambling to release those films that will become critically acclaimed masterpieces. Everybody wants a piece of that glowing, golden naked little man named Oscar.

It has always fascinated me that many of the films chosen for the Oscars usually come out within the last three months of the year.

With *Indiana Jones* rip-offs, poor attempts at holiday spirit and overacted, longwinded, boring, historical epics, the movies of the holiday season are nowhere near masterpieces.

National Treasure had, by far, one of the worst concepts for a movie I have ever heard. A secret treasure has been passed down from America's founding fathers and Nicolas Cage is the one who is going to find it.

If Cage is the only one who

really believes it exists, why are there still clues on the new \$100 bill? And why would there be clues on the bills anyway, considering those bills were used well after the founders were dead.

OK, I actually haven't seen the movie, but why should I, and more importantly why should you? This is the kind of trash Hollywood stylizes with explosions and action to mask its lack of a good story.

Christmas with the Kranks is another poor excuse for a film. Playing on the spirit of the season, this flick adapts the novel *Skipping Christmas* by John Grisham.

The plot has been seen in 1,000 productions: kid leaves for Christmas, parents decide not to have Christmas, kid comes back and hilarity ensues as parents try to save Christmas.

I don't mind Christmas movies, it's the ones that have this "Christmas is a wonderful time, let's all feel warm and fuzzy and really be unnaturally

sappy to each other" I can't stand. I can get that from my relatives, not the cineplex.

What can I say about *Alexander*? Crap. This was a boring three-hour movie that left me so confused at times that I felt I needed to read a history book to follow along.

The problem with this movie is that Oliver Stone was trying to make an epic. This made the product seem forced and fake. There was so little action it couldn't be considered exciting, and the drama was contrived and lifeless.

The music was out of place in almost every scene, and though most people don't notice it, music is the backbone of every scene. It can either create excitement and anticipation, or fear and dread. Or if the music is wrong it throws the pace, timing and action completely off.

Anthony Hopkins' character was present just because they needed to put Anthony Hopkins in there somewhere. I knew the critics didn't like

this film but I still wanted to see it for myself. I wish I had listened to the critics. It would have saved me \$7.

So far, the holiday film scene is lacking but that is not to say there aren't some good movies coming our way. Here is a quick run down of what I think will be worth your while.

Today: *Closer*-Jude Law, Julia Roberts, Clive Owen and Natalie Portman star as a group of couples who have an affair within the group and tensions form among them.

Dec. 8: *Blade Trinity*-The third installment to the *Blade* series sees *Blade* teaming with some young guns who call themselves the Night Stalkers and fight Dracula.

Dec. 10: *Ocean's 12*-Loved the first one but may be disappointed with this one, but will see it anyway.

Dec. 17: *Lemony Snicket's A Series of Unfortunate*

Events-Will Jim Carey be over the top? No doubt, but expect this to be the new Harry Potter.

Dec. 22: *Flight of the Phoenix*-A remake starring Dennis Quaid, who I normally don't like, but this film about a group of stranded plane passengers in the desert is quite intriguing.

Dec. 22: *Phantom of the Opera*-I loved the musical. It was the first Broadway play I had ever seen and loved it. It will be interesting to see what Joel Schumacher does with it.

Dec. 22: *Meet the Fockers*-Need I say more?

Dec. 24: *Life Aquatic with Steve Zissou*-The next project by Wes Anderson (*Rushmore*, *The Royal Tenenbaums*) starring a gaggle of celebrities headed by Bill Murray, looks to be the most comedic and touching out of the three films.

Immortals, Mel Brooks magic and mafioso mobsters

ETHAN JENNINGS
Mast critic

Highlander

Highlander (1986) is one of those films that's been given a bad name by its sequels—and that's understandable, considering how terrible the sequels are. But the original, directed by Russell Mulcahy and starring Christopher Lambert, Sean Connery and Clancy Brown, is truly a masterpiece of '80s filmmaking.

Highlander tells an epic story of special humans born with the power of immortality. These immortals can only be killed by decapitation, and they've been battling it out among themselves for centuries until the last two survivors are to come together and contend for some mystical prize.

Connor MacLeod (Lambert) is one of these immortals. He is a 16th-century Scotsman trained by a fellow immortal named Ramirez (Connery) to fight the evil Kurgan (Brown), a ruthless warrior who will crush humanity under his iron rule if he wins the prize.

Kurgan and MacLeod have a unique connection—they've been dodging one another for the last few hundred years, only to meet again in New York City as the only two immortals left in the world.

Sound cheesy? That's because it is. From the over-the-top soundtrack (done exclusively by Queen), to the over-the-top acting (Lambert can barely speak English and Connery is comically quirky), *Highlander* is a perfect poster child for why we like to make fun of the 1980s.

Nevertheless, it's a cool idea, and the swordfights between immortals are well-executed, if a little melodramatic (if you thought you saw sparks showering in *Star Wars Episode II*, you've got another thing coming).

The best parts of the movie are the flashbacks that show MacLeod in various historical periods—be sure to watch the director's cut for a World War II segment that really shouldn't have been cut from the theatrical release.

There is a romance subplot in the present setting that sometimes bogs the film down, but it does serve to make MacLeod a more human character, and show that the bad-boy immortal isn't nearly as invulnerable as he'd like to

think.

Highlander is one of my favorite movies. Sometimes, I'm not sure why. There's just something about it. As dorky as it is at times, it's got an awesome concept, and it goes about delivering with a certain style and class that you didn't often see in movies made after the 1970s. That's not to say '80s movies didn't try for style; it's just that you can only hear Def Leppard so many times before you want to push your thumbs through your eyeballs.

Highlander actually gets there with originality and a heavy dose of swords. And really, who doesn't like swords? You'll have to go in with an open mind to really appreciate it—this is certainly no *Schindler's List*—but *Highlander* is easily one of the better movies to come out of the '80s, and certainly on my top 10 list.



Blazing Saddles

Blazing Saddles (1974) is arguably Mel Brooks' best movie, a hilarious take on the western genre and the era in which those films are set. Starring Brooks, his longtime working partner Gene Wilder, and Cleavon Little, *Blazing Saddles* sets out to unapologetically blast anyone and everyone in its path.

Little plays Bart, a black man who is sent to be the new sheriff of a town besieged by a bandit group led by the idiotic Taggart (Slim Pickens, a veteran of the western genre).

Taggart is working for Hedley Lamarr (Harvey Korman), an aide to

the incompetent governor (Brooks) who wants to build a railroad through the town.

The only help Bart can find in the racist town is come in the form of the legendary gunfighter known as the Waco Kid (Wilder), who is now a washed-up drunk.

Having panned nearly every western cliché in the book, *Blazing Saddles* moves on to the more than humorous struggles of the town, which culminate in a huge fistfight involving the town, Taggart's bandits and a number of other heavies recruited by Lamarr, many of them ridiculously out-of-place in a western.

Blazing Saddles is hilarious—and it ought to be. The script was written by a stellar team including Brooks and Richard Pryor. It's Pryor that gives *Blazing Saddles* many of its funniest jokes, especially when the subject is racism.

The way *Blazing Saddles* ridicules racist ideas may remind many of Dave Chappelle—in fact, I think it's safe to say that if you like "Chappelle's Show," you'll like *Blazing Saddles*.

Then again, if you're not a fan of Chappelle, you might want to steer clear of this one. While I thought it was hilarious, *Blazing Saddles* is not for everyone—some of the jokes are practically designed to offend, and more racial slurs are exchanged in this movie than in just about any other I've ever seen.

I've always been a fan of Mel Brooks. The man practically started Hollywood's parody subgenre—his inspiration is evident in everything from "South Park" to *Scary Movie* to *American Pie*.

His stuff is original and, in many ways, still pretty cutting edge—I could easily see the aforementioned Dave Chappelle uttering jokes from this film.

If you've ever laughed at a Mel Brooks movie, though, or if you enjoy Dave Chappelle or even *National Lampoon*, I strongly suggest giving *Blazing Saddles* a good look.

Scarface

The quintessential guy movie, *Scarface* (1983), was directed by Brian De Palma and written by Oliver Stone while he was fighting a cocaine addiction. It stars Al Pacino as a young Cuban who goes almost overnight from small-time thug to the master of a ruth-

less drug empire.

Tony Montana (Pacino) is a prisoner expelled from Castro's prisons and sent to Miami along with hundreds of Cubans coming to live with relatives and friends in the United States.

When he arrives in Miami, he and his friend, Manny Ray (Steven Bauer), become involved with the local drug kingpin. Tony rises to power and eventually seizes control of the organization, making equally powerful enemies at the same time. As anyone would predict, it leads to his downfall.

The most obvious comparison to *Scarface* is *The Godfather*—and they're completely different movies.

While *The Godfather* is subtle and, though it does have its brief moments of violence, generally a dark, brooding drama rather than an action movie, *Scarface* is filled with over-the-top violence and bombastic acting by all involved. Subtle this film is not.

The starkest contrast, however, is in the way that the two films portray organized crime. While *The Godfather* certainly shows the ugly side of the Mafia, in many ways it glorifies the subject material; *Scarface* does not.

The film shows the audience viscerally why drugs are bad—it might be a little sad, but I'll admit that when I think about the detriments of cocaine, I think about *Scarface*, not about anything I learned in elementary school D.A.R.E.

Tony Montana, unlike Michael Corleone, is not on some level a hero fighting against an unjust system.

By the end of the movie, you are decidedly not rooting for him. The thing is, *Scarface* still manages to get you to sympathize with him, partly by showing people who, as despicable as Tony is, are far worse than him—and toward the end, Tony ends up showing he's not all bad.

Scarface has become something of a cult film these days, helped in part by a few rap groups that have used the film as inspiration.

It also helped that *Scarface* was adopted as the guy flick of the '90s, and that as such, folks in our generation grew up with it and have spread it throughout society.

Maybe a bit too graphic for some, *Scarface* is still a great movie that will hopefully continue to shine for years to come. It's just that good.



Razvyn Lee
and
Sophie Lou:
Resident
Gumshoes



Providing answers
and advice for the youth of today
and the leaders of tomorrow

Hello, hello! In the name of change, it's time to switch things up a bit. Not that we don't adore doling out advice to the masses, but the flood of e-mails is getting to be a bit much. And, well, we happen to have a question ourselves. Our dearest editor, Tim, is taking a trip across the pond for a spell, and therefore won't be helping us with *Ye Olde Mast* any longer. In honor of his departure we decided to take a trip down memory lane and review the e-mails that have passed between us during our wild times together. Whilst we appraised our correspondence, we realized we may have uncovered something special. Could it be? Was this casual repartee more than it seemed? Perhaps—the beginnings of a torrid romance? To be honest, while we're full of counsel for others troubled by love, our own relationships remain unsolvable mysteries. Bellow is a summarized account of the back-and-forth between Timothy and us. Is there something to be said to our dearest editor before he leaves—(gulp) forever? Or, should we just buy him some gum and wish him luck with the snaggle-toothed ladies of London? Put our troubled minds at ease and tell us what exactly you think is going on here...before it's too late...

Girls,
Hilarious! I love it! My fingers are crossed that people will bite.
Peace...
Tim Gallen

Girls,
Could you guys send me your contact info and a who's who between you two? I'd really appreciate it and I promise to do my best remembering for future reference.
Luego...
Tim Gallen

Girls,
Thanks for the 411. I also wanted to say I look forward to future articles from you guys. Your writing styles are hilarious and a breath of fresh air to read. So thank you for writing for me.
Luego...
Tim Gallen

Girls,
Let me say: HILARIOUS! I loved the first column. It was filled with funny, witty stuff, and the advice wasn't too outrageous. Just wanted to let you two know I appreciate your work and desire to write for the paper. Having done newspaper stuff for a few years now I know how little positive feedback writers get most of the time, so I am writing to give you two some. Keep up the good work. Oh, and you're both cute. Just givin' you more feedback...
Tim Gallen

Girls,
Thanks for the cute comment. Makes me feel good. :) Especially coming from you two! I mean every word. Hear from you soon,
Tim Gallen

Girls,
I want to let you girls know how much I love your column. People have asked me if you girls make stuff up and I just shrug my shoulders, smile and say, "Hey, they're damn witty and funny." So no complaints here. So, yeah, any questions let me know. Again, I love you girls. You've never failed to make me laugh with your writing. And you're both still cute! Not that looks matter, it's all personality...
Cheers,
Tim Gallen

Girls,
You are quite welcome for my being so cool. Though, I don't feel it all the time. I just wanted to tell you two thank you for your work. It's funny and always entertaining, and out of curiosity are you two single?
Tim Gallen

Girls,
Thanks, I'm sure I will enjoy it...as I have enjoyed all of your work this semester. Were you able to get your pay stuff all figured out? Let me know if you have any questions or wanna date or anything. What? Did I say that?
Luego...
Tim Gallen

Give us your opinion on this alluring predicament.
(lou_n_lee@hotmail.com)

Thanks, Tim, for all you hard work and support of our goofy article! Have tons of fun in London! We love you man, and we're sure that those Brits will love you too!
Lots of Love,
Lou and Lee

'Sex' still hot after move to basic-cable syndication

NICHOLE BOLAND
Mast critic

TBS began syndicating the popular HBO show "Sex and the City" last June. The station worked to build hype for the show by airing teaser promotions months before the network series launch.

But I had to wonder, was it really just a tease, or would TBS be able to satisfy viewers with their cable friendly version of the show?

And, even if it did manage to generate the same heat, would the show be able to captivate the masses as it had the first time around? After all these years, was the "Sex" still good?

For die-hard fans, the changes were obvious, especially the lack of nudity and the poorly dubbed-over profanity. And yet, the hardest change to swallow was that each story was subtly whittled away to make room for commercials and a stricter time slot.

Luckily, all the aspects that made this show a staple in pop-culture phenomena remain in tact. Sans racy scenes and offensive dialogue remains all the style and excitement of a mid-season sale at Barney's and one of the most dynamic acting ensembles of our time.

Led by Sarah Jessica Parker as Carrie, the downtown journalist with an uptown wardrobe, Kim Cattrall, Cynthia Nixon and Kristin Davies create an authentic pack of gal pals, with whom, every female can relate to on

some level or another.

At a glance, "Sex and the City" appears to be just another excuse for women to giggle around the water cooler.

Even though it is, perhaps, not famous because of its substance, the series exposes four autonomous women who assert their independence season after season.

Truly refreshing is the way that head writer, Michael Patrick King, manages to give us four contrasting women with entirely different agendas who manage to continually support one another.

Through abortion, confused sexuality and infidelity, the women stick to their views and still manage to stick together.

Among women's issues and life's lessons lies a shrewd wit that finally gives girls the last laugh. For the first time, possibly since "I Love Lucy," the men play it straight while Carrie, Charlotte, Samantha and Miranda get all the best punch lines.

Even though these funny fashionistas have bodies that would complement even the most tragic outfit, they are likely to be chowing down in every other scene.

The producers were careful to encourage the idea that women have the right to indulge in every way.

In one episode, Samantha is watching an old friend strip at a party.

"Look at her: the poster girl for low self esteem," Samantha said.

"You know, I have low self esteem, but I express it the healthy way—by eating a box of Double Stuff Oreos," Miranda replied.

Of course, in representing the duality of women as strong and beautiful people, producers took measures to represent men fairly, too. Characters range from the alpha male go-getter, Mr. Big, to the awkward but sensitive boy-at-heart, Steve.

Beyond connecting with both sexes (although males might be more prone to enjoy episodes complete with nudity), the show gained initial momentum by appealing to a large age range.

Not only capturing the young demographic with its hip awareness of social trends, the series grabs the attention of older viewers as Carrie and the gang each fall somewhere between the ages of 34-45. As women approaching the middle age, these New Yorkers deal with breast cancer, child rearing and divorce.

Maybe "Sex and the City" had its moment in the prime-time sun, but with its ironic banter, mass appeal and easy accessibility (now that it airs four times a week on a cable network), it looks like TBS could be in line for a record ratings boost.

Either way, the show remains candid and subversive, pushing the limits of television, and showcasing women who are opinionated, brave and always dressed to kill.



Safety beat

11/16/2004

Campus Safety responded to a request for medical assistance in South Hall. The reporting student said the victim had been coughing continuously for approximately 45 minutes and was beginning to cough up blood. Central Pierce Fire and Rescue was contacted and responded. The victim was coughing severely and her breathing was exaggerated. CPFR assessed the victim and determined she was hyperventilating. Her breathing was brought under control. CPFR did not transport the victim and advised her to see her personal physician.

11/17/2004

A PLU student contacted Campus Safety to report a male on top of the awning of Tingelstad Hall. Upon arrival, responding staff made contact with a PLU student who was climbing down from the awning at the time. He claimed he was attempting to retrieve his hacky sack. He was advised his actions were a safety violation.

11/19/2004

Campus Safety received a call for medical assistance for a PLU student in Olson Auditorium and Gymnasium for a previously injured knee. The victim received an ultrasound on the knee earlier and was complaining of pain and bruising around her kneecap. The victim originally stated she would be transported to the hospital by a friend but changed her mind and chose to rest the knee.

Two males were observed unloading alcohol from a vehicle and attempting to enter Foss Hall. When questioned, both males stated they were

not PLU students and were unaware of PLU policies regarding alcohol. The alcohol was not allowed inside the residence hall.

While monitoring the video surveillance equipment, Campus Safety observed a male urinating on a vehicle parked in the Ivy Parking Lot. When questioned, the male identified himself and claimed not to be affiliated with PLU. Also present was a PLU student. Upon further questioning, the student stated the suspect was his guest. The report was forwarded to Student Conduct.

11/20/2004

Campus Safety responded to a request for medical assistance in Hinderlie Hall from a PLU student for a fellow student who was suffering from a high fever. Upon arrival, responding staff made contact with the victim who complained of an approximate 103-degree temperature. The victim was responsive and able to answer questions. The victim declined CPFR assistance. Ice was provided to help reduce the fever. After about 90 minutes the fever had been reduced to approximately 100 degrees.

11/21/2004

While monitoring the video surveillance equipment, Campus Safety observed an unidentified white male attempting to forcibly enter a vehicle parked on Yakima Avenue near the Yakima Parking Lot. Field units were dispatched to the area. Upon arrival the suspect entered another vehicle and fled the scene. The footage was archived and a report completed.

Athletes and alcohol: a mix that should not be stirred

TYLER OCHSNER
Mast sports reporter

The philosophy of intercollegiate athletics at PLU states that "participation in intercollegiate sports is voluntary" and is regarded as a "privilege granted," not a "right demanded."

"When I meet with teams at the beginning of the athletic season we talk about the (eligibility) document," PLU athletic director Paul Hoseth said. "Athletes, coaches and trainers sign forms to abstain from drugs while being associated with the sport."

During each fall, winter and spring season, Hoseth discusses eligibility requirements with every athlete in each sport at PLU. Each athlete completes an information sheet that contains background information, risk waivers, athletic policies, student athletic statements and drug testing consent.

However, during and after each sports season, athletes are caught drinking and using drugs regardless of their commitment to abstaining while representing PLU.

In last week's "Safety Beat" there was

a report of a female PLU student who went in and out of consciousness following alcoholic intoxication. Central Pierce Fire and Rescue sent the student to St. Clare Hospital.

First-year soccer player Stephen Washington said the female student was on the women's soccer team and became intoxicated while attending a soccer party at the end of the season.

"There was tons of (alcoholic) drinks and a dance floor," Washington said. "It was a typical end of the season party."

At the soccer party there were some drinks that caused two athletes to attain alcoholic poisoning Washington added.

"The biggest problem on any (college) campus is alcohol," Hoseth said. "When (a student) is involved in athletics, there are expectations that are a little different compared to other students."

At PLU, individual team policies are implemented to make athletes think twice before drinking.

"There are individual team policies which are more stringent than university policies," Hoseth said. "Coaches have made individual decisions to keep a person out of a game because (an athlete) broke a team rule."

The NCAA requires an ongoing education with student life. Being a Division III university, PLU only offers a one-hour education program and drug testing that occurs if a team makes the postseason, Hoseth said.

"There's not the same control here that there is at a (NCAA) Division I school," head athletic trainer Gary Nicholson said. "Division I schools can take away scholarships and perform random (drug) checks during the middle of the season."

Nicholson said there are also more educational resources available at Division I schools.

"Division I classes are offered to teach athletes about supplements, eating disorders and other things," Nicholson added. "I wish we offered education for the athletes throughout the year."

The problem with drug testing and a continuous education is that it costs too much money, Nicholson said.

Performance enhancers are the principal drugs that are searched for in a drug test.

At Division III schools these drugs are not as big of an issue, compared to

higher levels, because very few athletes strive for a sports profession.

Currently individual team policies are the only consistent way to prevent athletes from using alcohol and drugs.

"Individual team policies cause problems because of the differences between the policies," Nicholson said. "Soccer might be different from football which might be different from basketball."

Both Nicholson and Hoseth suggest similar ideas in improving the relationship between athletes and alcohol.

"Athletes need more educational background," Nicholson said. "This would help with coaching and athletics later down the line."

Hoseth said that is necessary to find out about alcohol related problems at an earlier time in order to help students and athletes.

Campus Safety director Marsha Stril said it takes a team effort to prevent these situations from reoccurring.

"These problems are not unique to PLU," Stril said. "The coaches, athletic department and I have talked and we need to work together to resolve issues that revolve around athletes and drinking."

Women's goalkeeper breaks into the record books

BREANNE COATS
Mast sports reporter

The only way to win in soccer is to score, and forwards are continuously recognized for their achievements in how many goals they can get.

Yet, for senior Kim Bosley she was able to help seal many Lute victories by diving, jumping and sometimes crashing into players for the ball, all to stop others from scoring. She strived for four years to stop goals from being made against the Lutes and has earned recognition for her work as goalkeeper for PLU.

"She works so hard," goalie Alyssa Blackburn said. "She had a really good season."

Bosley has been a starting goalkeeper for the Lutes since her first year and had not only a good season, but an amazing college career. She earned her place in the record books for the most career minutes, 5,633, and the second amount

of career saves, 295.

Bosley said she felt her skills progressed every year, culminating in a truly satisfactory senior season.

"There was definite improvement from my freshman year," Bosley said. "My senior year was my favorite."

Bosley felt that her senior season was the most satisfying because of the group of girls that played on the team and the chemistry they all had on and off the field, she said.

"It's interesting being on a team in that you have 20 best friends," Bosley said. "I'm going to miss the relationships."

She admits it was hard to know it was the last time she was going to lace up her cleats for a college game, but all the girls on the team were there for the three seniors.

"The ending was bitter sweet," Bosley said. "(The last

game) was hard; I had to hide my emotions."

Bosley said she felt her records were earned with the help of her coach of three years, Jerrod Fleury.

"I just want to thank my coach," Bosley said. "All in all he's been a positive influence. I don't think I ever had a coach care about me on such a personal level."

Fleury did not tell or have Bosley notified that she had broken any school records until the final home game of the season. She was so stunned she "pretty much didn't hear anything after that," Bosley said.

Bosley is proud to be leaving a legacy behind her, she said. Not only will she be remembered through the record books, but also through remaining PLU players that learned by watching Bosley perform.

"I looked up to her," Blackburn said. "She's a great keeper."



Long, Lady Lutes off to strong start of season

Women's team is now 2-2 overall

LINCOLN VANDER VEEN
Mast sports reporter

The PLU women's basketball squad started their season with a flurry of games against some tough competition.

PLU was bested by Montana Tech 63-61 in their opening game Nov. 19 at the Staples Tournament in Lewiston, Idaho.

In the Lutes' final game of the tournament, the girls managed to turn things around and defeated Lewis & Clark 91-86 in overtime.

Post Kezia Long earned most valuable player for the tournament scoring a total of 37 points and hauling in 16 rebounds.

"The tournament was pretty successful," Long said. "We squared off against some great teams and competed every minute."

The women traveled to Bellingham Nov. 23 to take on

Western Washington University.

The Lutes couldn't overtake the Vikings and lost 70-57. Long played solidly contributing 11 points and nine rebounds.

Last season's leading scorer, guard Kelly Turner, scored 18 points against the Vikings.

The Lutes returned home and defeated Carleton College of Minnesota Nov. 26, 70-64, improving their early season record to 2-2.

Turner led the team with 16 points, wing Kadee Peterson scored 13 and Long poured 12.

"We have a lot of young players on our team," Long said. "And we just need to continue to gel so we're ready for conference play."

The Lutes play tonight at Olson Auditorium against the University of Redlands, California. Tip-off is at 7 p.m.

De Vilbiss endures at X-C nationals

KRISTEN LABATE
Mast sports reporter

PLU cross country runner Bethany De Vilbiss traveled the distance as she competed at the NCAA Division III National Championships Nov. 20 at the University of Wisconsin-Eau Claire.

De Vilbiss ran the 6K national race in 23:01.9 and placed 77th overall.

"The chance to run at nationals was amazing. It was so far beyond anything I thought I would ever do in college," De Vilbiss said. "In terms of competition, nationals was a lot more intense than I was expecting and certainly more intense than any other race I have ever been at."

The Palmer, Alaska native qualified for nationals Nov. 15 at the NCAA Division III West Regional Championship race in Chino, Calif. where she covered the 6K course in 22:54.50.

"Chino was probably my best race of the season," De Vilbiss said. "Although I did go into nationals feeling very positive."

De Vilbiss is the third PLU female runner to go

to the national meet since PLU became a member of the NCAA Division III in 1998.

She has been a key runner for PLU this year by helping the team place fifth at the NWC Championships, finishing third at regionals and making an appearance at nationals.

There have been several people who have contributed to her success. Coaches, friends, teammates and faculty have all been major players in De Vilbiss' running career, she said.

"Especially my husband who has been at every race this year except for regionals," De Vilbiss said. "And the faculty at PLU have also been very supportive of my running which makes all the difference in terms of trying to manage school and running."

De Vilbiss will graduate from PLU in May 2005 with a major in chemistry and a minor in biology.



Track and field coach changes again

MEGAN WOCHNICK
Mast sports reporter

For the second time this school year, the PLU track and field program will be under a new direction of coaches.

Brad Moore, hired at the beginning of the school year, resigned as head coach and decided to concentrate on coaching cross country and devoting time to academics.

Athletic director Paul Hoseth hired long-time assistant Jerry Russell and Heather Kreier as co-head coaches to rebuild the program.

"Paul asked me if I'd be interested (in the head coaching position), and I recommended Jerry and I be co-head coaches," Kreier said.

Everything was in place until early October when Russell, along with three assistant coaches, resigned.

That left Kreier to the title of head coach, and in charge of hiring an entire new staff.

Kreier has hired Mike Waller, Jason Sims, Ahmed Imran and Hal Werner.

"It's a huge adjustment for the athletes, and we all are happy to be moving forward."

Kreier said.

Kreier, 36, is the first female head coach in either track and field or cross country in the Northwest Conference's long history.

"I believe Heather has the qualities that make a very good coach," Hoseth said.

Hoseth expects the coaches to "provide the best competitive experience we can for our students," he said.

Kreier completed her first season as an assistant track coach last season. She also just finished her first season as assistant cross country coach.

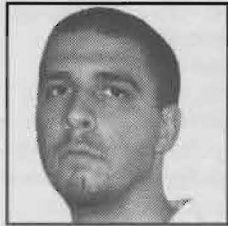
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'Tis the season to be thankful for PLU sports



Between the lines
Brent Chantler

It is that time of year again. Thanksgiving has come and the Christmas buzz is upon us. We have returned from break with lighter wallets and food in our bellies. We spent the previous week reminding ourselves what we are thankful for.

To give you something to think about this holiday season I would like to talk to you about what I am thankful for when it comes to PLU sports.

I am thankful for a lot of things in Luteville. I am thankful for such things as the wonderful feeling of college competition and the family atmosphere that goes with it.

I am thankful for cross country sophomore Bethany DeVilbiss for becoming the third runner from PLU in the last seven years to make it to nationals.

I am thankful for the McElroy-Lewis All-Sports trophy. This is a trophy given out each year to the Northwest Conference school considered the best all around school based on a point system involving all sports. I am thankful for the fact that PLU has won it 15 of the 19 years it has been in existence.

I am thankful for men's soccer forward Mike Ferguson and his standout first-year season, and the fact that we will get to have junior midfielder Kevin Murray for one more season.

I am thankful for the fact that forward/midfielder Andrea Gabler led the women's soccer team in goals, and fellow teammate forward Brita Lider helped them have a winning record.

I am thankful for the fact that we don't have to worry about infielder Eric Stanczyk or catcher David Fox being traded to another baseball team because their contracts are putting us over the salary cap.

I am thankful that offensive lineman Scott Manning never had to hold out from training camp because he felt his contract wasn't big enough.

I am thankful we have the playoffs, and not that stupid Bowl Championship Series stuff that leaves good teams behind.

I am thankful for the fact that our men's basketball team gets to play a team named the Gooney Ducks.

I am thankful for the volleyball team becoming NWC champions and head coach Kevin Aoki "dokee." I am also thankful our volleyball team is home to outside hitter Stephanie Turner and setter Gina DiMaggio, two honorable mentions for the American Volleyball Coaches Association All-American team.

I am thankful for the fact that those two girls head a list of 14 returning players from a 16-player team.

I am thankful that it seems like head football coach Scott Westering inherited the spark and charisma of his father, Frosty. I am thankful for the EMAL (Every Man a Lute) tradition and that such players as defensive back Brent Frank are not afraid or embarrassed to be a part of it.

I am thankful for men's basketball coach Dave Harshman and his new mustache, and women's basketball coach Gill Rigell and his new haircut.

I am thankful for Ultimate Frisbee and those crazy crew members who get up at 5 a.m. just to practice.

I am thankful for the fact that we have players who come here because they love the sport, not because some high-profile coach bribes them.

Sports are supposed to be extraordinary. We should be thankful our sports at PLU are so extraordinary. We all should be proud to call ourselves Lutes. I know I am.

Men's basketball struggle in preseason

TYLER OCHSNER
Mast sports reporter

The men's basketball team lost three out of four games in the Tip-Off Classic Nov. 19-20 and the Thanksgiving Classic Nov. 26-27.

The Lute squad opened this season with a 106-87 defeat against the University of La Verne, followed by an 84-82 victory over University of California-Santa Cruz at the Fifth Annual Logger Tip-Off Classic hosted by University of Puget Sound.

The team lost twice, once to Western Washington University, 103-60, and another time to Saint Martin's College, 92-72, at the seventh annual Western Washington University Chuck Randall Men's Basketball Thanksgiving Classic.

"La Verne had a good mixture of size, strength and quickness," third-year head coach Dave Harshman said. "They were a junior and senior dominated team."

The University of La Verne Leopards took control of the game in the first half with a 62-37 lead after 20 minutes of play. Their offense exploded by shooting 57 percent overall and 10 for 20 behind the 3-point line.

Down by as many as 35 points, PLU battled back. They fell short by 19 points.

Guard Kurt Oliver led PLU

with 14 points and four rebounds. Wing Sudon DeSuze contributed 13 points and four rebounds in the effort. Reserve Michael Torbenson recorded 10 points and a team best six rebounds and five assists.

The Lutes bounced back to record their first win of the season against the UC-Santa Cruz Banana Slugs.

"Santa Cruz was a solid club but we stayed focused," Harshman said. "We didn't wilt under pressure and handled (the close game) very well."

PLU built a 10-point lead with seven minutes left in the first half. UC-Santa Cruz clawed to a 43-41 halftime score.

With 4:39 remaining, UC-Santa Cruz took their first lead, making the score 77-75. PLU's wing Drew Cardwell and guard Brian Jochim converted on clutch free throws to secure an 84-82 victory.

"I was happy that we didn't become complacent," Harshman said. "We used to get ahead and relax. We are better in that regard this year."

Cardwell sees a lot of growth out of the newcomers on the squad.

"We have a lot of young guys with a lot of potential," Cardwell said. "A couple of guys that have stepped up for us are John Stark and Michael Torbenson."

At the Thanksgiving Classic, the Lutes fell behind late in the

first half and never recovered against Western Washington University.

The Vikings led by only three points at the eight-minute mark in the first half but surged to a 29-4 run. The Vikings outscored the Lutes by 15 points in the second half. They dominated the game 103-60.

"[Western Washington] out-matched us in terms of being a Division II versus Division III team," Harshman said. "Their guys were bigger, deeper and more physical."

Torbenson led the Lutes in scoring by contributing 13 points. Guard Jake Carstensen recorded 11 points for the Lutes.

In the second game, PLU took an early 7-4 lead then Saint Martin's hit an 11-point run. The Saints had a 37-25 halftime lead and continued to increase the margin. Saint Martin's concluded the contest with a 92-72 victory.

Torbenson led the Lutes in scoring with 23 points.

"Our defense was pretty solid," Harshman said. "A couple of five point swings was the difference in the game."

Cardwell said a few lapses dictated the game's fate.

"We haven't been able to put a whole game together," Cardwell said. "It only takes five minutes to give up 20 points."

The team looks forward to playing non-conference games

against Division III teams in the coming weeks.

"Now we are on the road playing Division III opponents, so we should be more success-

ful," Harshman said.

PLU will have four more non-conference games before facing Willamette in the conference opener on Jan. 7.

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Lutes swim past L&C after a loss to UPS

BREANNE COATS
Mast sports reporter

The PLU swim team battled Lewis & Clark for a victory after being conquered by University of Puget Sound.

UPS defeated the women 127-73 and the men 115-68 on Friday, Nov. 19.

"I was happy with the way we competed," head coach Jim Johnson said. "Even though we were out-gunned, we had some good races."

The size of the men's team hurt their chances of a victory over the strong UPS team.

"The top athletes, we had were able to compete with their top athletes," backstroke and individual medley (IM) swimmer David Pedack said.

One of the difficulties the Lutes faced was the UPS pool is measured in meters instead of yards like the Lutes' pool and most others.

"They have a 25-meter pool and most pools have 25 yards; this pool was really weird," breaststroke and backstroke swimmer Michelle Banks said. "Psychologically it makes it trickier to judge because you have to factor in the three or four extra strokes that make it seem longer."

The Lutes traveled to Lewis & Clark Nov. 20. The women scraped by with a win 106.5-98.5.

"Lewis & Clark was a really fun meet," Banks

said. "It was probably our closest meet of the year, and it was really exciting."

The lead fluctuated and the Lutes were able to hold on to the lead by winning close races. The women won by "basically a fingernail," Johnson said.

Another strong point was the distance swimming for the women. Banks earned first lace in the 200 IM.

The men went to Lewis & Clark and dominated over them by a score of 122-48.

"Our training really showed at Lewis & Clark," Pedack said.

One of the top races occurring at the meet was the men's 50-meter freestyle race. Backstroke and freestyle swimmer Kris Sletten earned first in the race. Sletten set a personal best time of 21.97 seconds.

"That's the first time we had a guy go under 22 seconds," Johnson said.

The Lutes host the Northwest invitational meet this upcoming weekend, and since they do not have many home meets this year, they said they are hoping for a big audience turnout. Many teams from the conference will be at the invitational, so this is a good chance for the Lutes to see how they can compete against the rest of the conference.

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THIS WEEK IN SPORTS AT PLU	Women's Basketball PLU v. Redlands 7 p.m.	Women's Basketball PLU v. UC-Santa Cruz 7 p.m.	With the Seahawks not playing today, what are we ever to do? (See Monday for the answer)	We watch the 'Hawks on Monday Night Football!!!!	Shhhhhh, it's dead week. That means study hard!	Are you studying yet? I know I'm not.	Only nine more days until fall semester is officially over!
	Swimming NWC Invitational 6 p.m.	Swimming NWC Invitational 10 p.m. & 6 p.m.		Seattle v. Dallas			

What a great year '04 was in sports, hello '05!

The lessons learned from the 2004 and prediction for 2005



On the ball
Brian Jones

As the year winds down and 2005 is around the corner, it is hard not to reminisce about this past season. Luckily, I am reminiscing about sports.

We have witnessed the fall of records and curses. We witnessed dreams coming true and the impossible happening. We witnessed the best in sports and the worst in sports.

There has to be something we can take from the year of 2004, as we can every year.

Don't believe me? In 2001, I realized that there are more than sports to life. When professional sports shut down due to Sept. 11, it was a wake up. We idolize athletes as being greater than life figures. They were just as scared and vulnerable as everyone else in the U.S.

We learned in 2002 the underdog could still win. The New England Patriots stormed into the Super Bowl

with an unheard of quarterback named Tom Brady. The Anaheim Angels won with the rally monkey.

It wouldn't stop in 2003. A guy with the crazy name of Jean-Sebastien Giguere led the Mighty Ducks of Anaheim to the Stanley Cup finals. The unheralded Florida Marlins upset the New York Yankees. Lance Armstrong overcame unbelievable odds to win his fifth Tour de France.

But what of 2004? We saw the Tampa Bay Lightning win the Stanley Cup. A miracle happened when the Boston Red Sox won the World Series. The Carolina Panthers and New England Patriots played in one of the best Super Bowls ever.

But not to be forgotten, the Detroit Pistons won the NBA finals and the Seattle Storm won the WNBA finals.

But we suffered through the Pacers-Pistons brawl, South Carolina-Clemson brawl and doping scandals. Lance Armstrong won his sixth Tour De France but continues to deal with drug scandals.

Greece provided an amazing summer Olympics but we couldn't avoid Shawn Crawford strutting across the

finish line. The U.S.A. lost in men's basketball but ran the table in women's basketball.

After a great Stanley Cup final between Tampa Bay and Calgary, the NHL goes into a lockout. Now there is no NHL for anyone to enjoy.

At best, it's a hodge-podge of athletic highs and lows. But there is a lesson to be taken from all of this. It may sound corny, but it is true.

Professional sports will always be entertaining and unpredictable. A great round of playoffs or a broken record all provide an amazing product to watch.

Also, it gives us a reason to watch. People love to see the great teams get knocked off, just like Boston beating New York.

As for the unpredictable, just look at Ron Artest and Vanderlei de Lima. Ron Artest requested to have time off six games into the season and climbed into the crowd to fight fans in Detroit.

As for Vanderlei de Lima, he was leading the marathon at the Olympics when a crazed fan pushed him off the road with four miles to go. Then he graciously accepted his bronze medal.

But after such a bizarre year in 2004,

what do we expect in 2005?

I'll help you out on that one.

Baseball contracts will get even more ridiculous. Steinbrenner will continue to buy his teams.

Basketball will continue to battle its bad boy image.

Defense will win championships. Peyton Manning will throw touchdowns and Brett Favre will still be playing.

The Bowl Championship Series will continue to be ineffective.

College and professional football will continue to be America's passion.

Hockey will be missed.

Players will demand more money and owners will want to pay less.

As for the fans, we'll stay loyal to our teams and cheer against our hated enemies.

We'll complain about the morals in sports and the rising ticket prices.

The media will try their best to cover sports fairly but still favor the east coast.

Commentators and columnists will spout off opinion and hope they are correct so they keep their jobs.

As for me, I can't wait for 2005. I will see you there.

Scorecard

Basketball

Standings	NWC	GB	All	Pct.
UPS	0-0	-	4-0	1.000
Linfield	0-0	-	2-1	.667
Willamette	0-0	-	2-2	.500
L & C	0-0	-	1-1	.500
George Fox	0-0	-	1-2	.333
PLU	0-0	-	1-3	.250
Whitworth	0-0	-	1-3	.250
Whitman	0-0	-	0-2	.000
Pacific	0-0	-	0-4	.000

BOX SCORE
11/20/04

Pacific Lutheran	43	41	-	84
UC-Santa Cruz	41	41	-	82

Pacific Lutheran (84)
DeSuze 6-8 6-6 18, Cardwell 4-9 2-3 10, Jochim 1-5 4-6 6, Oliver 1-4 4-6 7, Ash 4-7 0-0 8, Pasquariello 0-1 2-2 2, Mehalechko 1-1 0-0 3, Carstensen 2-3 0-1 1 5, Torbensen 3-5 2-2 9, Heidenreich 0-1 2-4 2, Pederson 0-0 0-2 0, Stark 0-1 0-0 0, McDaniels 0-0 2-2 2, Sinnes 0-0 2-2 2, Morehead 2-6 0-0 4, Lipscomb 3-4 0-0 6. Totals 27-55 26-36 84.

UC-Santa Cruz (82)
Herrera 0-4 0-0 0, Robles 2-7 0-0 6, Barreda 4-11 3-4 12, Jones 3-5 2-6 8, Holmes 1-3 1-2 3, Al-Sabah 2-3 4-4 10, Mercado 2-9 6-7 11, Hutton 1-4 1-2 3, Gilbert 0-3 0-0 0, Owen 4-6 0-0 11, Be-Emmet 3-8 4-4 11, Burgess 2-5 3-4

7. Totals	24-68	24-33	81.
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Three-point goals - PLU, Oliver 1, Mehalechko 1, Carstensen 1, Torbensen 1, UCSC, Owen 3, Al-Sabah 2, Robles 2, Barreda 1, Mercado 1, Be-Emmet 1. Fouled out - UCSC, Hutton. Rebounds - Pacific Lutheran 42 (Cardwell 7), UC Santa Cruz 40 (Barreda 11). Assists - Pacific Lutheran 17 (DeSuze 4) UC Santa Cruz 17 (Robles 3). Total fouls - Pacific Lutheran 22, Montana Tech 30. Technicals - PLU, Sinnes. A - 137.

11/26/04
Pacific Lutheran 18 42 - 60
Western Washington 46 57 - 103

Pacific Lutheran (60)
DeSuze 2-6 1-2 6, Cardwell 1-5 0-0 2, Jochim 2-10 2-2 7, Oliver 3-10 0-1 9, Ash 0-3 0-0 0, Pasquariello 0-2 0-0 0, Mehalechko 2-4 0-0 6, Carstensen 3-8 2-2 11, Torbensen 5-8 3-4 13, Heidenreich 1-2 0-0 2, Pederson 1-3 0-0 2, Stark 1-3 0-0 2, McDaniels 0-0 0-0 0, Sinnes 0-0 0-0 0, Morehead 0-1 0-0 0, Lipscomb 0-2 0-0 0. Totals 21-67 8-13 60.

Western Washington (103)
Dykstra 4-6 0-1 11, Amaya 4-5 2-4 11, MacMullen 2-4 2-6 6, Diggs 3-8 4-4 10, Jackson 3-5 2-2 10, Vermeulen 1-5 4-4 6, Graham 4-6 2-4 12, Visser 3-4 3-6 9, Roosendaal 4-8 0-0 11, Weisner 1-4 2-3 5, Henne 2-3 0-0 4, Primoizich 3-3 2-2 8. Totals 34-61 23-36 103.

Three-point goals - PLU, Carstensen 3, Oliver 3, Mehalechko 2, Jochim 1, DeSuze 1, WWU, Dykstra 3, Roosendaal 3, Jackson 2, Graham 2, Amaya 1, Weisner 1. Fouled out - None. Rebounds - Pacific Lutheran 34 (DeSuze, Cardwell 6), Western Washington 45 (Dykstra 7). Assists - Pacific Lutheran 15 (Heidenreich 4), Western Washington 22 (Amaya 5). Total fouls - Pacific Lutheran 24, Western Washington 14. Technicals - None. A - 895.

11/27/04
Pacific Lutheran 25 47 - 72
St. Martin's 37 55 - 92

Pacific Lutheran (72)
DeSuze 2-8 0-0 4, Cardwell 1-8 0-0 2, Jochim 1-7 1-3 3, Oliver 2-11 2-2 7, Ash 2-3 0-0 4, Mehalechko 0-1 0-0 0, Carstensen 3-7 2-2 1 8, Torbensen 6-14 11-11 23, Heidenreich 1-2 0-0 3, Pederson 2-5 3-4 7, Stark 4-8 2-7 11, McDaniels 0-1 0-0 0, Lipscomb 0-0 0-0 0. Totals 24-75 26-36 84.

St. Martin's (92)
Wyatt 2-3 0-2 4, Nunogawa 7-10 3-4 18, Dunstan 0-3 2-3 2, O'Neal 5-10 3-5 15, Chirhart 3-5 0-0 8, Baker 0-1 0-0 0, Moxley 2-5 3-6 9, Preston 3-7 4-4 13, Di Tomassi 3-8 0-0 8, Rowsell 3-8 0-0 7, Campbell 3-3 2-2 8. Totals 31-63 17-26 92.

Three-point goals - PLU, Jochim 1, Oliver 1, Heidenreich 1, Stark 1. SMU, Preston 3, O'Neal 2, Chirhart 2, Moxley 2, Di Tomassi 2, Rowsell 1, Nunogawa 1. Fouled out - PLU, Stark. Rebounds - Pacific Lutheran 32

11/20/04
Pacific Lutheran 34 41 16 - 91
Lewis-Clark State 47 28 11 - 86
Overtime

Pacific Lutheran (91)
Turner 4-9 11-13 21, Buckingham 3-6 1-2 7, Long 8-12 3-6 19, Kustura 5-9 4-4 16, Mann 5-9 2-5 12, Farquhar 1-1 0-0 2, Richards 1-4 0-0 3, Martin 0-2 0-0 0, Shillinger 0-0 0-0 0, Peterson 3-5 5-5 11, Wytko 0-0 0-0 0. Totals 30-57 26-35 91.

Lewis-Clark State (86)
Yancheva 0-2 0-0 0, West 1-4 3-4 5, Baker 8-16 1-6 17, Haerling 6-18 8-10 23, Fulbright 3-7 0-0 6, Hart 3-13 2-2 9, Wittmer 1-2 0-0 2

(Peterson 5), St. Martin's 38 (Alzheimer 16). Assists - Pacific Lutheran 12 (DeSuze, Carstensen, Torbensen 2), St. Martin's 20 (Chirhart, Wyatt 4). Total fouls - Pacific Lutheran 24, St. Martin's 23. Technicals - PLU, Torbensen. A - N/A.

Women's Standings

Team	NWC	GB	All	Pct.
UPS	0-0	-	4-0	1.000
Whitworth	0-0	-	2-0	1.000
Whitman	0-0	-	2-1	.667
Linfield	0-0	-	2-1	.667
PLU	0-0	-	2-2	.500
Pacific	0-0	-	1-2	.333
Willamette	0-0	-	1-2	.333
L & C	0-0	-	1-3	.250
George Fox	0-0	-	0-2	.000

BOX SCORE
11/19/04

Montana Tech	33	30	-	63
Pacific Lutheran	27	34	-	61

Montana Tech (63)
Powell 3-13 1-2 8, Alzheimer 7-12 0-0 16, Cook 4-6 3-3 12, Paul 0-4 0-0 0, Fowler 6-14 2-3 14, Vicans 0-0 0-0 0, Stretz 3-6 0-0 6, Mengon 0-1 0-0 0, Baertsch 1-2 0-0 3, Porter 2-3 0-0 4. Totals 26-61 6-8 63.

Pacific Lutheran (61)
Turner 4-12 1-2 12, Buckingham 1-4 0-0 3, Long 8-11 2-2 18, Kustura 4-7 1-1 9, Mann 0-3 0-0 0, Farquhar 0-1 0-0 0, Richards 0-5 1-2 1, Voorhies 0-1 0-0 0, Martin 0-4 0-0 0, Shillinger 0-0 1-2 1, Peterson 6-8 5-6 17, Wytko 0-1 0-0 0. Totals 23-57 11-15 61.

Three-point goals - MT, Alzheimer 2, Powell 1, Baertsch 1, Cook 1. PLU, Turner 3, Buckingham 1. Fouled out - None. Rebounds - Montana Tech 38 (Alzheimer 16), Pacific Lutheran 32 (Peterson 5). Assists - Montana Tech 17 (Powell 8), Pacific Lutheran 14 (Mann 7). Total fouls - Montana Tech 13, Pacific Lutheran 11. Technicals - None. A - N/A.

11/20/04
Pacific Lutheran 34 41 16 - 91
Lewis-Clark State 47 28 11 - 86
Overtime

Three-point goals - PLU, Turner 2, WWU, Dykstra 5, Gerald 1. Fouled out - None. Rebounds - Pacific Lutheran 28 (Long 9), Western Washington 47 (Gerald, Dykstra 7). Assists - Pacific Lutheran 16 (Kustura 5), Western Washington 18 (Dykstra 5). Total fouls - Pacific Lutheran 13, Western Washington 20. Technicals - None. A - 405.

Swimming

RESULTS

11/19/04
Men's
Pacific Lutheran 73
UPS 127

Women's
Pacific Lutheran 68
UPS 115

11/20/04
Men's
Pacific Lutheran 122
Lewis & Clark 48

Women's
Pacific Lutheran 106.5
Lewis & Clark 98.5

Boggs 0-0 0-0 0, West 6-11 4-5 16, Kalbfleisch 0-4 0-0 0, Jackson 0-0 0-0 0, McCauley 4-7 0-0 8. Totals 32-84 18-27 86.

Three-point goals - PLU, Turner 2, Kustura 2, Richards 1, LCS, Haerling 3, Hart 1. Fouled out - PLU, Long, LCS, Haerling. Rebounds - Pacific Lutheran 44 (Long 12), Lewis-Clark State 45 (West 11). Assists - Pacific Lutheran 17 (Mann 8), Lewis-Clark State 19 (Haerling 7). Total fouls - Pacific Lutheran 22, Lewis-Clark State 25. Technicals - None. A - N/A.

11/26/04
Pacific Lutheran 25 32 - 57
Western Washington 31 39 - 70

Pacific Lutheran (57)
Turner 7-10 2-2 18, Buckingham 5-9 2-3 12, Long 3-10 5-7 11, Kustura 4-7 0-0 8, Mann 0-1 1-2 1, Farquhar 0-1 0-0 1, Richards 0-2 0-0 0, Martin 0-0 0-0 0, Shillinger 0-0 0-0 0, Peterson 2-8 1-3 5, Wytko 1-2 0-0 2. Totals 22-50 11-17 57.

Western Washington (70)
Dressel 2-5 1-2 5, Donahue 2-6 0-0 4, Clapp 3-8 2-2 8, Hubbard 2-6 0-0 4, Gerald 4-15 0-0 9, Hartman 0-0 0-0 0, McCarrell 1-5 0-0 2, Bart 0-1 0-0 0, Robinson 6-8 1-4 13, Gottfried 0-1 0-0 0, Dykstra 10-12 0-0 25, White 0-3 0-0 0. Totals 30-70 4-8 70.

Three-point goals - PLU, Turner 2, WWU, Dykstra 5, Gerald 1. Fouled out - None. Rebounds - Pacific Lutheran 28 (Long 9), Western Washington 47 (Gerald, Dykstra 7). Assists - Pacific Lutheran 16 (Kustura 5), Western Washington 18 (Dykstra 5). Total fouls - Pacific Lutheran 13, Western Washington 20. Technicals - None. A - 405.

11/19/04
Men's
Pacific Lutheran 73
UPS 127

Women's
Pacific Lutheran 68
UPS 115

11/20/04
Men's
Pacific Lutheran 122
Lewis & Clark 48

Women's
Pacific Lutheran 106.5
Lewis & Clark 98.5

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Teamwork to be cornerstone of '04-'05 men's basketball team

TYLER OCHSNER
Mast sports reporter

A better attitude and approach provides a positive outlook for Dave Harshman as he enters his third season as head coach of the PLU men's basketball team.

Harshman says he feels his team is more dedicated and team-oriented and exhibit signs of an improved work ethic.

"Our team is not going to overpower anybody," Harshman said. However, "five guys playing together will beat individual play."

The 2004-2005 men's basketball roster includes 16 players, nine of which are returning from last season. The squad also holds four true first-years and a variety of transfers.

"The 16th guy will play," Harshman said. "We are going to press, trap and move to different spots on the courts."

Much of the team's organization, conditioning and closeness are attributed to the team captains, Harshman said.

The four co-captains are seniors Jake Lipscomb, Gabe Ash, Sudon DeSuze and junior Scott Lowery.

Lowery, a 6 foot 8 inch tall wing/post, will miss most of the season because of surgery on his ACL. He averaged 2.6 points and 2.9 rebounds per game last season.

Lipscomb, a 6 foot 10 inch tall post, averaged four points and 4.2 rebounds in 23 games last year.

Ash, a 6 foot 8 inch tall post, contributed an average 1.8 points and 1.4 rebounds mostly as a reserve in 2003-2004.

DeSuze, a 6 foot 3 inch tall wing, was voted the

team's most valuable player last season. He led the Lutes in rebounds per game (5.5), steals (40) and was second in points per game (10.5).

Harshman also looks for wing Drew Cardwell, guard Kurt Oliver and guard Brian Jochim to be huge contributors.

Cardwell played in all 25 games last season. He was a well-rounded player as he averaged eight points per game, 4.2 rebounds per game and 1.6 assists per game.

The head coach hopes for Oliver "to shoot the ball the way he is capable." The 5 foot 11 inch tall guard, who set the California high school record for successful 3-point shots, recorded 7.7 points per game last season.

"Brian Jochim will be a quality point guard," Harshman said.

The 5 foot 11 inch tall guard transferred from the University of Portland and attended Centralia Community College before playing basketball at PLU.

Three redshirt freshmen will add depth to the team, Harshman said. These include guard Andrew Pederson, wing/post Matt Sinnes and wing Michael Torbenon.

"This is a learning process," Harshman said. "I feel better about the unit this year."

Like any other season, the head coach will not let his team get wrapped up in wins and losses. Last year the Lutes lost 10 games by seven points or less.

"We respect our opponents and look at how we can beat them," Harshman said. "Our goal is to win the league and play to our potential individually and collectively."



Photo by Hakme Lee
Post Jake Lipscomb and wing Sudon DeSuze battle for a rebound against the Australian Institute of Sport team in Olson Auditorium. Both players are expected to be key contributors in the upcoming season.

Kustura, Turner, Mann lead women's basketball with high hopes

Women are striving to improve on the 12-4 third place finish from a year ago



LINCOLN VANDER VEEN
Mast sports reporter

The PLU women's basketball team is picked to finish fourth in the Northwest Conference, according to the coach's poll.

PLU coach Gil Rigell understands why. He realizes the talent-laden conference provides any number of formidable foes, and the team is relatively unknown because of the combination of graduation, transfers, health problems and incoming first-years.

"Whitworth has the two-time conference player of the year back and three other starters," Rigell said. "UPS is going to be tough and Whitman is always there, so really, I understand the poll. I didn't put us first. I never do."

The biggest hurdle facing the team early in the season is getting new players acquainted with the system. Only five holdovers from last season's squad will once again don a PLU uniform, so fans should get ready for plenty of new faces.

"We have three sophomore transfers and seven freshman," Rigell said. "It should be fun for the fans to get acclimated to our new players."

Photo by Andy Sprain

Team captain Aundi Kustura provides three years of experience to a young women's team. Whitworth is favored to win a tight race for the conference title.

Point guard Mallory Mann, shooting guard Aundi Kustura and wing Kelly Turner are three players PLU fans will see on the court a lot.

Kustura, Turner and Mann are smart, strong players, Rigell said.

"I am very confident with our three starters on the outside," Rigell said. "They're as good as any three in our league from an intelligence, knowledge and physical ability standpoint."

Kustura is one of four captains on the team.

"I think the biggest part about being a captain is leading by example," Kustura said. "If the young players see me giving it my all, they'll do the same. That's the best way to lead."

Kezia Long, in her second season, is expected to fill the post spot left vacant by Courtney Johnson's graduation.

"Kezia had a couple big games last season," Rigell said. "She's going to do just fine."

In the women's first game of the season against Montana Tech Nov. 19, Long led the team with 18 points.

The Lutes have a number of matchups before commencing their conference schedule at home against Willamette on Jan. 7.

"I definitely feel good about the potential of this groups of players," said Rigell. "The key is doing well early on so that the time January 7 rolls around, we can put our best foot forward."

Lute swimmers plan to overcome difficulties to a winning season

BREANNE COATS
Mast sports reporter

The PLU swim team plans to make this year a success for both the women and men even after losing key players.

"Our team has really good morale this year and we're having lots of fun," captain freestyle swimmer Daniel Seetin said. "We have a lot of team unity and I think that's going to help carry the team to a good performance at conference."

The Lutes find support through first-years and returnees this year. A major support for the women's team this year was their large turnout, yet the men suffer because of their small size.

"We're challenged for numbers in men's," head coach Jim Johnson said. "They're working hard; we just don't have enough of them. In women's we're pretty solid."

Having a good amount of women's turnout, the women are allowed to compete in every race and have few weaknesses for the other team to utilize. The women's team has a total of 11 first-years that turned out this year.

"We have a lot of potential," captain free style swimmer Sara Seed said. "Our girls' team is diversified. We're strong in all the events; we're really well balanced. In the past we had trouble filling events."

The women's team did suffer a loss this year by having Rachael Fuller not turn out. Last year as a first-year, Fuller earned the honor of becoming conference champion in the 50 and 100 freestyle.

"(Fuller) was an asset to the team and it has been tough to fill her shoes, yet at the same time it's a team sport and everyone pulls their weight," Seed said. "We have a lot of strong swimmers."

The men's team has the core of their team returning. David Swoish returned after taking his sophomore year off, Johnson said Swoish is the men's "greatest edition" this season.

"We're expecting to have a strong team this year," Seetin said. "We'll probably be around the same place (in conference as last year) fourth or fifth."

In the men's second Northwest Conference meet on Nov. 19, they lost to University of Puget Sound, who they beat last year.

"It appears we're not as strong as we were last year," Seetin said.



Photo by Hakme Lee
Swimmer Daniel McGuinness pushes hard in the pool. Fun is a key part to the upcoming swim season. Both the men's and women's swim teams are hoping their high potential translates into success.

Even with difficulties the Lutes face this year, losing key players and not having enough players, they said they plan to compete to the best of their ability.