

THE MOORING MAST

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Buddhist monk relates story of years in Chinese gulag

BY JENNI DILLON
Mast reporter

Students filled the Scandinavian Culture Center to listen to Tibetan Buddhist monk Palden Gyatso tell his story of imprisonment and discuss the reality of human rights violations in Tibet on Monday night. Gyatso chronicled his arrest and shared various stories of the horrors that he witnessed as a political prisoner in China-occupied Tibet.

Gyatso related through a translator the story of China invading the independent country of Tibet in 1959. The people feared for the life of the Dalai Lama, and Buddhists of all walks of life gathered around his palace to protect him, chanting "Tibet is independent," "Tibet belongs to Tibetans," and "Long Live the Dalai Lama."

For this demonstration, hundreds of Tibetans were arrested and became political prisoners of the Chinese government. Gyatso, only 27 at the time was among those arrested. He spent the next 33 years imprisoned and tortured at various prisons controlled by the Chinese Communist government.

Upon the mass arrest, Gyatso said, soldiers used handcuffs and thumbcuffs that are designed with notches that cause the cuffs to tighten if the person in cuffs moves. The prisoners' arms were locked painfully behind their necks, which cut off circulation to their hands. When the protesters were imprisoned, the Chinese did not have adequate jails, so soldiers looted the monasteries and housed prisoners within the former places of worship.

From 1959-1964, Gyatso and other political prisoners were held captive in the monasteries, chained to walls, sleeping on the floor, and living without water or toilets.

Gyatso said that the prisoners were forced to work nine-hour days, often pulling iron plows like work horses to till the land. Fed on only a single ladle-full of watery soup each day, most prisoners had little strength. He recalled that if a prisoner fell while working and lacked the strength to get up, they were declared "dead" by the guards, tied to a pole and thrown away from the prison to die.



Photo by Josh Miller

Buddhist monk Palden Gyatso holds an electric cattle prod similar to the one Chinese soldiers tortured him with when he refused to deny the independence of Tibet. In the weeks after being shocked in the mouth, Gyatso lost all of his teeth and most of his sense of taste. He was a political prisoner from 1959-1992.

See MONK, page 20

"Teach-ins" hope to make Balkan crisis less foreign to students

BY LAURA RITCHIE
Mast editor-in-chief

Students, faculty and community members gathered to discuss issues surrounding the current NATO military action in Kosovo Wednesday night in a "teach-in" sponsored by Integrated Studies 226, a class titled "The Quest for Global Justice."

The teach-in, held in Chris Knutzen Hall, featured presentations by four panelists and five students from the integrated studies class.

Initially, the program was scheduled to begin with a brief video presentation of news footage compiled from various reports on the conflict. Due to technical difficulties, however, only the audio on the tape could be heard.

"We had an even shorter audio presentation for you than a video presentation. I hope that's okay," said moderator Kate Hardin, a student in the class, as the student organizers moved on to the panel presentation portion of the teach-in.

The first speaker was Niki, a 16-year-old Kosovar Albanian currently attending nearby Franklin

Pierce High School in an exchange student program. Niki declined to give his last name due to fear of retaliation against family members by Serb authorities.

Niki's family members are among the refugees who have fled Kosovo since widespread ethnic cleansing began in the region with the inception of NATO airstrikes.

Niki discussed restrictions on free speech and education in Kosovo. Many Kosovar Albanians have been shot in the conflict, he said, especially intellectuals.

He stated that the Albanians were in the region first, and the Serbian population came to Kosovo later.

"I don't think a nation can be converted," he said regarding the idea of Kosovar Albanian assimilation into Serb culture.

Political science Professor Peter Grosvenor, the next panelist, discussed the historical and political background of the Balkan region.

"The Balkans have a historical reputation for

See KOSOVO, page 13

Nine senators unopposed in election

BY ANNE KALUNIAN
Mast reporter

Everyone who wanted to be ASPLU Senator will be one next year.

Yesterday students elected nine new senators, none of whom had any opposition.

As of 6:45 p.m. Thursday, ASPLU had counted 301 votes, less than 10 percent of the eligible population. Stuen Hall had not yet reported in.

Statistics for individual can-

didates had not been released.

Seven positions are still unfilled.

ASPLU President Robby Larson said that to fill five of the open seats he will interview candidates and present them to the Senate for confirmation.

"I'd hoped more people would have applied and voted, but ASPLU didn't do the best job of promoting the election. I wish the election could have been longer, but we're under time constraints because of the Constitu-

tion," he said.

The off-campus freshman senator and the new student senator will be elected by general voting in the fall.

The International student senator is a student from overseas who has traveled to study at PLU. ASPLU prefers a student who is seeking a degree from PLU and not just visiting for a semester or a year.

See page 14 for full results

How professional does that degree make you?

Examine PLU's Schools of Nursing, Business and Education on pages 9-12.

Foss Fest calms down

No violence, no alcohol poisoning reported in spring party with history of incidents

BY ERIC RUTHFORD
Mast news editor

The Foss Hall spring party was a relatively calm event this year in comparison to past Luau. Campus Safety responded to fewer incidents than in previous years, and no cases of severe alcohol intoxication were reported on Saturday.

"I thought it went exceptionally well," Campus Safety Director Walt Huston said. Campus Safety officers documented seven incidents on Saturday. Of those, there were five alcohol violations, one theft, and one act of vandalism.

Campus Safety wrote up 12 students and 21 visitors to campus on Saturday for alcohol violations.

Resident assistants wrote up students in 11 different incidents. A total of how many students were written up was not available from the Residential Life Office at press time.

Student Conduct Coordinator Kathleen Farrell, who was on campus during the day-

time portion of the Foss Fest and took a turn sitting in the dunk tank, said this year was a notable improvement over last year's Luau.

"There seemed to be a lot of people taking advantage of the events that were planned," she said. One of the most common rationalizations for drinking is that "there's nothing else to do," she said.

With five live bands, basketball, volleyball and free food, it was difficult to give that "eternal complaint," she said.

She also said selling the tickets to the dance in advance cut down on the spontaneity of intoxicated students deciding to attend the event.

Huston attributed the improvement to the larger number of students participating in the non-alcoholic activities put together by the Foss Fest organizers, including volleyball, basketball, and live bands.

Huston had driven around the neighborhood early in the

See FOSS FEST, page 20

In Brief...

SAFETY BEAT



Senior Sports Award Banquet

The athletic department is sponsoring its annual Senior Sports Award Banquet this Sunday at 7 p.m. in Olson Auditorium. Senior athletes will be recognized for athletic achievement throughout their PLU career.

Mariners tickets Correction

Last week's Mooring Mast misinformed readers regarding the Mariners tickets. Tickets are available through Auxiliary Services, not the bookstore. To arrange to purchase tickets, contact Gail Morris at x8878.

Any weekend tickets, including those for Thursday and Monday, that have not been sold by Thursday for the coming weekend will be available at half price at the LuteCard/Information Desk. Purchase two tickets for \$28 or four for \$56.

Red Carpet Club

Red Carpet Club is currently accepting applications for new Red Carpet Club hosts. Hosts give tours of campus, make phone calls, and share some of their own PLU experiences with prospective students. Applications are available in Admissions. All applications are due by May 11.

Cuban Dinner

Advocates for Social Justice is sponsoring a Pastors for Peace Cuban Friendship Dinner Thursday at 6 p.m. The evening will consist of Cuban food and student speakers that have been on the J-term trip to Cuba.

Funds raised will buy Cuban medical supplies to send with Pastors for Peace on their next caravan to Cuba. Pastors for Peace trips protest the embargo and provide humanitarian aid to Cubans. Suggested donations for the event start at \$5.

April 21

•A PLU night custodian contacted Campus Safety to request medical assistance for a severely strained right wrist and left ankle, sustained when she slipped on a previously mopped floor. Campus Safety responded and assessed the injury, determining that Emergency Medical Service response was not necessary. Ice was administered to the injury and the PLU night custodial supervisor was notified. The patient was advised to seek additional medical attention.

April 22

•In the course of routine patrol, Campus Safety officers witnessed an Acura Legend driving along 124th Street South with the occupants inside using a spotlight to illuminate the vehicles parked along the street. When the vehicle occupants became aware of the presence of Campus Safety, the spotlight was turned on the officer driving the Campus Safety vehicle in an attempt to blind the officer and thus avoid the reading of their vehicle license plate. This effort was in vain, as the plate was obtained. A check with the Law Enforcement Support Agency identified the vehicle as in the ownership of a local resident. This matter is still under investigation.

•A PLU student contacted Campus Safety to request medical assistance for a fellow PLU student who had suffered a collision with another student on Foss Field. The student sustained a bloody nose. Campus Safety responded and applied ice to the injury, determining that no Emergency Medical Service contact was necessary. The student was advised to seek additional medical assistance.

April 23

•A PLU student contacted Campus Safety to request medical assistance for another PLU student who was suffering from flu-like symptoms. Campus Safety responded and assessed the patient, determining that no Emergency Medical Service contact was necessary. Due to the presence of fever, the patient was given ice and advised to seek further medical assistance.

•A PLU staff member contacted Campus Safety to request medical assistance for a PLU guest that was complaining of a sore ankle sustained while playing tennis. Campus Safety responded and made contact with the PLU guest who admitted to a history of ankle complications. Ice was administered to the patient. No Emergency Medical Service contact was necessary.

•A PLU student contacted Campus Safety to request response to Tingelstad Hall to make contact with three local youths who reported having been harassed by a number of older individuals, both male and female, driving a Honda Civic. The youth were unable to be more descriptive of the suspects, and no contact was able to be made. The youth were escorted from the area by Campus Safety.

April 24

•In the course of routine patrol, Campus Safety witnessed a PLU student drive his Toyota Celica over the grass in front of Memorial Gymnasium and exit campus. As this was obviously not a designated gate, the on duty Pierce County Sheriff's Department deputy was requested to respond. The deputy did respond and was successful in pulling over the vehicle in violation. The incident resulted in an immediate inspection of the grounds for evidence

of damage. No damage was evident, and Campus Safety informed the student that any attempt to enter or leave campus grounds must be through a designated access point. The student was informed that his action constituted a vehicle violation and that a report would be forwarded to Student Conduct for review.

•In the course of monitoring the events on Foss Field, a PLU student contacted Campus Safety to report that her personal and campus residence keys, along with her wallet items had been stolen. No suspects were identified. Pierce County Sheriff's Department was contacted and a report written. Estimated cost of loss - \$40.

•A local resident contacted Campus Safety to report that a large and loud gathering of people was occurring outside of Delta Hall. Campus Safety officers responded and made contact with the residents of room #121 who admitted to having been drinking earlier in the evening. A search of the premises resulted in the discovery of 14 beers and a full bottle of vodka. All alcohol was confiscated and destroyed in place. In the course of the confiscation, one PLU student became increasingly belligerent, resulting in his rapid departure from campus in his Ford pickup truck. The student was advised that, due to his obviously intoxicated state, Pierce County Sheriff's Department would be contacted and his arrest for Driving Under the Influence was likely. PCSD was summarily notified, but no contact was possible due to the speed with which the student departed campus.

•A PLU student entered the Campus Safety Office requesting medical assistance for a leg abrasion sustained while playing softball. Campus Safety applied ice to the wound and advised the patient to seek additional medical assistance. No Emergency Medical Service contact was necessary.

•In the course of routine patrol, Campus Safety officers encountered a PLU student attempting to smuggle two bottles of vodka onto campus in his backpack. The offending alcohol was confiscated and destroyed in place. Student Conduct was notified.

•In the course of receiving an escort from Campus Safety, PLU students told the officer that they were en route to a Tingelstad residence room to partake in "Jell-O shots." Once the escort was concluded, Campus Safety officers made contact with residents of the indicated room and discovered eight full cans of beer and four empty beer cans. Five PLU students and one non-student were again advised of the university alcohol policy. All of the alcohol was confiscated and destroyed. Student Conduct was notified.

•A PLU night custodian contacted Campus Safety to report that five shower curtains and four wall-mounted towel bars had been torn down. Campus Safety responded and assessed the damage. No suspects were identified. Estimated cost of damage - \$50.

April 25

•A PLU student contacted Campus Safety to report that a cat had become stuck in a tree between Hong and Stuen residence halls. Campus Safety officers responded and, with the help of a stage ladder from Eastvold Auditorium, were successful in freeing the trapped animal.

Alarms to date:

- Fire: 53
- Intrusion: 73
- Panic: 3

SIDEWALK TALK

"Football...it has more action than other sports."

Olga Disko,
first-year student

"Women's soccer because of the intensity they play with."

Kevin Myers,
fourth-year student

What's your favorite spectator sport?

"Basketball!"

Gabe Heller
first-year student

"Baseball... it's the only one that I can sit through without getting bored."

Randi Evans,
first-year student

FOOD FOR THE WEEK

Fri. April 30 Lunch Pepperoni Sausage Calzone, Mediterranean Pasta, MYO Burrito Bar	Dinner Fish & Chips, Five Cheese Lasagna, Baby Red Potatoes, Ice Cream Novelties	Burrito, Bacon, Donuts, Oatmeal	Dinner Homemade & Veggie Lasagna, Japanese Noodle Station, Ice Cream Sundaes	Bacon
Sat. May 1 Breakfast Blueberry Filled Pancakes, Scrambled Eggs, Tator Triangles, Coffee Cake	Sun. May 2 Breakfast Mini Muffins, Zoom	Lunch BBQ Beef S'wich, Baked Mostaccioli, Onion Rings	Wed. May 5 Breakfast French Toast, Scrambled Eggs, Potato Triangles, Strudel Sticks	Lunch Little Charlies Pizza, Spinach Ricotta Calzones, Healthy Bake Fish
Mon. May 3 Breakfast Chicken Nuggets	Dinner Honeystung Chicken, Mashed Potatoes, Jumbalaya, Key Lime Pie	Tues. May 4 Breakfast Blueberry Pancakes, Cheese Omelet, 101 Bars	Lunch Chicken Crispos, Spaghetti Casserole, Rice Krispy Treats, Sub S'wich Bar	Dinner Roast Turkey, Artichoke Parmesan Bake, Mashed Potatoes, Stuffing
Thurs. May 6 Breakfast Pancakes, Scrambled Eggs, Hashbrowns,	Lunch Chicken Caesar Wrap, Chili Frito Casserole, MYO Burrito Bar, Blonde Brownies	Dinner Chicken Strips, Lemon Pepper Fish, Curried Rice, Breakfast Bar	Dinner Theme Meal: Cinco de Mayo	Fri. May 7 Breakfast Belgian Waffles, Fried Eggs, Tator Tots
Lunch Breakfast Menu plus Chicken				Lunch Grilled Turkey & Swiss, Tuna Casserole, Eggplant Parmesan

Business alums offer advice on grades and job-hunting

BY ELIZABETH KINNEY
Mast assistant news editor

Questions about grades, salaries, professional certification, time commitments and continuing education were answered by four business professionals as part of the interactive communication forum on April 21.

The lecture, titled "It's a Jungle Out There," was hosted by PLUS Business, a School of Business Alumni Organization. The 100 students that attended were given information that the panelists said they wished they had known before leaving PLU, including grades.

Panelist David Jarzynka, who serves on the Executive Advisory Board for the School of Business, said grades are only part of the equation. He explained that after the first job, companies seldom review grades.

Kris Knutson, PLU alumnus, said that organizations want a "very well rounded individuals." In the public accounting aspect of business, grades may serve as a cutoff.

But other things are considered, including extracurricular activities and volunteer work Knutson said. Students asked about negotiating offers as well as grades. Knutson and Kristin Flandreau, PLU alumna, both explained that it might be difficult to negotiate when first out of college.

Jarzynka said, "I think it never hurts to negotiate a little." He said that by doing so it shows the aggressive side of the individual. As a recruiter he said he likes to see that in a possible employee.

The panelists agreed that networking, or making your name known to potential employers, will often allow individuals to have these opportunities and job interviews. Flandreau said, "Networking is huge."

Knutson explained that it takes intensity and competitiveness to network. "It's fun - you get to meet people," Jarzynka said.

When asked about continuing education after college, the panelists explained that it is better to have work experience before getting your MBA. This will enable students to apply what they learn to their experiences

said Flandreau.

Knutson said added, "it really truly depends on your field focus," when discussing continuing education. He said he felt that the corporation should pay for the employee's MBA.

PLU alumna Kristina Pfeil said, "just because you walked out of college with a college degree doesn't mean your education stopped."

Flandreau said that it is reasonable to expect a stable organization to pay for your MBA, but a young business is not always economically capable of doing so.

Though benefits, such as money towards education, is important, the panelists said that other aspects of the corporation are important. One should ask about the criteria for promotion. Jarzynka said, "there are hundreds of different ways to go after this (evaluation)."

Pfeil suggested, "ask how increases are allotted."

This should not be the only concern explained Pfeil. Someone interested in working at an organization should review their philosophies and the goals.

She said in order to integrate into the work place, one should be productive. She explained other employees will soon hear the same name over and over if an employee is active in the organization.

Employees need to get away from status symbols and positions and learn from one another she explained.

Flandreau is a 1993 graduate with a concentration in marketing.

She is currently employed as a Sales Operations Manager for RealNetworks in Seattle. Knutson is a 1992 PLU graduate in accounting and international business. He is working at Holland American Cruise Line as director of audit services.

Jarzynka received his BA in business from the University of Notre Dame.

He is employed at Briggs Nursery as president and chief financial officer. Pfeil is a 1988 PLU graduate in human resources and marketing. She is presently a consultant for Behavioral Technology.

Kraig illustrates gay marriage rights conflict

BY JENNI DILLION
Mast reporter

Beth Kraig, PLU history professor used the mythological Scylla and Charyblis to illustrate the modern roadblocks there are to legalizing same-sex marriages in the United States.

She presented the second of three installments of the Queer Scholarship Series Wednesday afternoon. The lecture and discussion was entitled "Scylla, Charyblis, and Same Sex Marriage."

In Greek mythology, two obstacles endangered ships in a Mediterranean strait: Scylla, the actively destructive monster, and Charyblis, the passive but equally destructive whirlpool.

Kraig paralleled aggressive anti-homosexual movements to Scylla, and more purposeless social ignorance and misguided notions to Charyblis.

Both are helping block the legalization of same sex marriages, Kraig said, but it's the misconception within the public that really needs to be addressed.

"I'm not convinced there's a lot to be gained in head-on attack on Scylla," she said. While the active prejudice cannot be ignored, she said it is not productive to spend a lot of time responding to extremely active attacks, which tend to use stereotypes, dehumanization and illogical arguments to stir public fear.

Progress can be made against the ignorance, however, and this is where Kraig sees progress and change more feasible. Such a movement is non-confrontational and more likely to change people's mind, according to Kraig.

"If someone is going to say to me, 'You're a cannibal, you beast,' saying 'Am not!' isn't going to be a particularly effective tactic," Kraig explained. "If I can say, 'I wonder if you realize this...' then maybe we have a change."

She listed a number of common societal misconception which add to the oppression of sexual minorities through simple ignorance.

For example, one of the most common sources of confusion she has faced is the idea that same sex marriage is legal in some states.

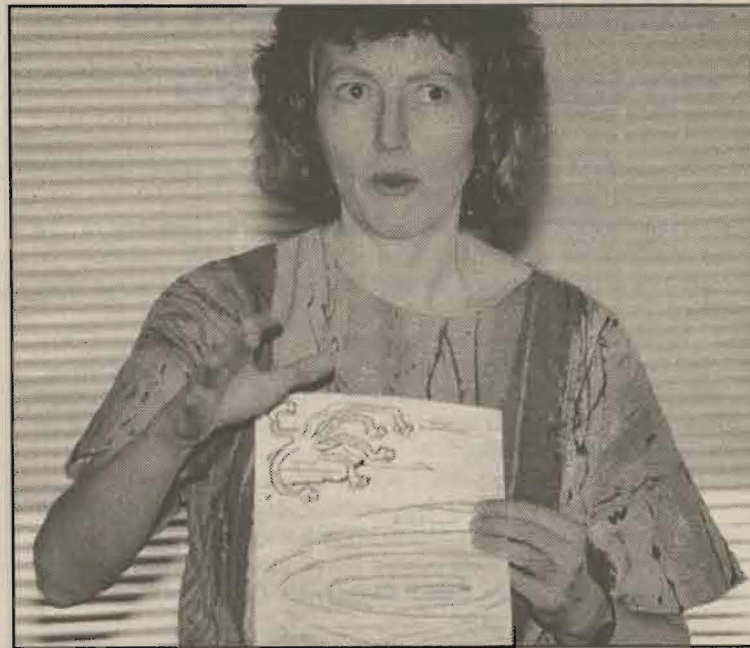


Photo by Nathan Lunstrum

Beth Kraig shows pictures of two monsters, one passive, one active, to show the opposition same-sex couples encounter in trying to legally marry.

Kraig claimed that many people have some notion of the United States as "fair," which lead them to assume that it's only fair for homosexuals to marry, and therefore some state must provide this right.

In fact, it is illegal anywhere in the United States for homosexual couples to obtain a civil marriage license.

Another common misunderstanding is the difference between civil and sacramental marriage.

Kraig said that many people fear that church officials will be "forced" to perform marriages between same sex couples contrary to their religious beliefs.

She pointed out that first, there are some religious officials in almost any faith who are willing to perform a sacramental same sex marriage. Second, anyone with the legal right to perform a marriage also has the right to choose not to marry a given couple.

Finally, many people, Kraig said, do not understand the reason homosexual couples want to marry. On the federal level, a marriage license comes with over 1,000 specific benefits and responsibilities, including social security benefits to spouses and joint income tax privileges.

"A lot of people who are married don't know all the terms of the contract," Kraig said. "People

say 'This would just tear apart society,' but in reality, nothing really visible would change. Now some of your neighbors would have civil rights that you probably already have."

While programs such as "domestic partnership substitutions" offer a few of the same benefits, like possible health insurance to same sex couples through employers, they are unevenly distributed and hardly comparable to the mass benefits of a valid marriage license.

"I don't want to say, 'Let's not try for any domestic partner benefits.' This is a step, but don't think we're going to be satisfied with this," Kraig said. In the end, to her, it is a matter of civil rights and equality.

"The United States is behind," Kraig said. All the Scandinavian countries already have same sex marriage laws providing almost equal benefits to homosexual couples. "Even Canada is ahead of us," she said.

Kraig insisted that education and logic are the road to more equality, as is active support from a broader portion of the population.

She challenged, "If you think this is a fair country and thought that same sex marriage was already legal here, shouldn't you be one of the people working to get it?"

Departing seniors propose new student Honor Code

BY ROBYN NICHOLSON
Special to the Mast

Students gathered in the Cave on Wednesday night to discuss a newly proposed Honor Code that would require student involvement and a few changes to the current Code of Conduct.

The open forum gave students and faculty a chance to freely express their opinions and concerns about the Honor Code.

Kendra Huling, a business major at the meeting, said, "Under the current policy a student may report an incident (academic dishonesty) to a professor and may not be taken seriously. Under the Honor Code there's a third party that can investigate."

The Honor Code has been proposed by graduating seniors Kevin Michels and David Uhler. Through the Honor Code they said they hope to develop a sense of pride for the way in which students and faculty work together in the learning process.

In a letter to the PLU community, Uhler and Michels wrote that the issues essential in the Honor Code will be a peer-review system overseen by an indepen-

dent and elected student council, strict but compassionate deterrents, and a living document which is an integral part of the academic culture.

One of their main goals behind the Honor Code is to give students a daily affirmation in their commitment to academic honesty. The Honor Code will do this by giving students a vehicle in which to get involved in the academic process.

A main concern for Uhler and Michels is that although the Code of Conduct requires administrators to disseminate the policy through publications and presentations to all students and faculty, it is not being done.

Provost Paul Menzel said he liked the idea of the Honor Code, but it would have to go before the faculty and students to get approval.

"A student Honor Code can only work as part of a robust culture of honesty," he said.

It would have to be approved by the President's Council, although there are several other committees that would probably review the code before it went to the President's Council.

They include the Campus Life Committee, which presently handles cases of academic integrity. It is the academic parallel to the Student Conduct system, he said.

Menzel said it would take at least a semester for the Code to be considered before going to the President's Council for approval.

The proposed Honor Code would be a replacement for the current Code of Conduct found in the Student Handbook.

Michels and Uhler said do not wish to change the spirit of the Code, just the nuts and bolts of it.

One main difference between the Code of Conduct and the Honor code is the number of votes needed to prosecute an accused student. Under the current Code of Conduct a majority vote is needed to penalize a student. With the Honor Code, the vote needed is four.

In the Code of Conduct, if an instructor believes a student has violated the University's academic integrity policy, it is up to the instructor to contact the student to discuss and attempt to resolve the incident in accordance with one of three

options.

With the Honor Code students have a responsibility to report incidents that they may have seen. The document students would have to sign if the Code is accepted will state, "I have not given, received, or witnessed the use of unauthorized aid, nor have I witnessed or committed any violation of the Honor Code."

With the Code of Conduct, if the committee finds that academic dishonesty has occurred, the penalty decided on by the professor may be affirmed. With the Honor Code there is a Honor Commissions made up of six elected students and two grievance officers.

If an act of academic dishonesty is committed by a student, the Honor Commission will be in charge of assigning appropriate reprimands for the infraction based on the list.

The three students who will continue to work on the Honor Code in the fall semester are Adrienne Strehlow, Tony Shimoji and Anne LaWall.

News editor Eric Ruthford contributed to this report.

Annual Foss Fest is no longer a fiasco

Regardless of name, the annual Foss spring event is known around campus for alcohol.

Historically, it has been referred to as the one day of the year when the administration turns its back on violations of campus alcohol policy, letting the students "do what they want."

While this has not been the case — Campus Safety and Foss Hall have been working hard in recent years to change the atmosphere of the Luau turned Fest — the outcome of the event has usually involved multiple alcohol poisonings, as well as policy violations galore.

This year, however, there was a noticeable change.

Campus Safety reports that no students poisoned themselves to levels where they needed to be taken to the hospital.

Fest organizers wisely posted Pierce County Sheriff's Deputies at the door to the dance to monitor dancegoers and prevent dangerous episodes.

As reported in the story on Page 1 of this issue, alcohol write-ups plummeted to seven from a total last spring of 21.

And Foss Hall planned an afternoon of activities, including live bands and sports tournaments, designed to keep people entertained in less dangerous pursuits than drinking themselves into stupors.

Congratulations to both Foss Hall and Campus Safety for a job well done. This just may mark the beginning of an era of safer, quieter springs for the PLU community.

Use Kosovo teach-in to fuel more discussions

Last Wednesday, this campus witnessed a truly exciting event.

A group of students — in this case, those in the Integrated Studies Program's 226 class, "The Quest for Global Justice" — took the initiative to suggest and organize an event designed to educate the campus community about an important international issue, that of the current NATO-Serbian conflict over the Yugoslav province of Kosovo.

Beyond educating the community, however, this event demonstrated a commitment to critically examining the issue with the intent of stimulating thought and discussion rather than force-feeding any one interpretation.

Speakers with widely divergent views discussed the issue in an atmosphere devoted to providing the opportunity for critical analysis of the conflict.

This type of scholarly effort deserves commendation. Beyond commendation, however, it deserves duplication.

Let's continue to devote time and energy to educating ourselves about issues affecting our world in an atmosphere of discussion, whether these issues are international ones like Kosovo, or local ones like crime or our relations with the Parkland community.

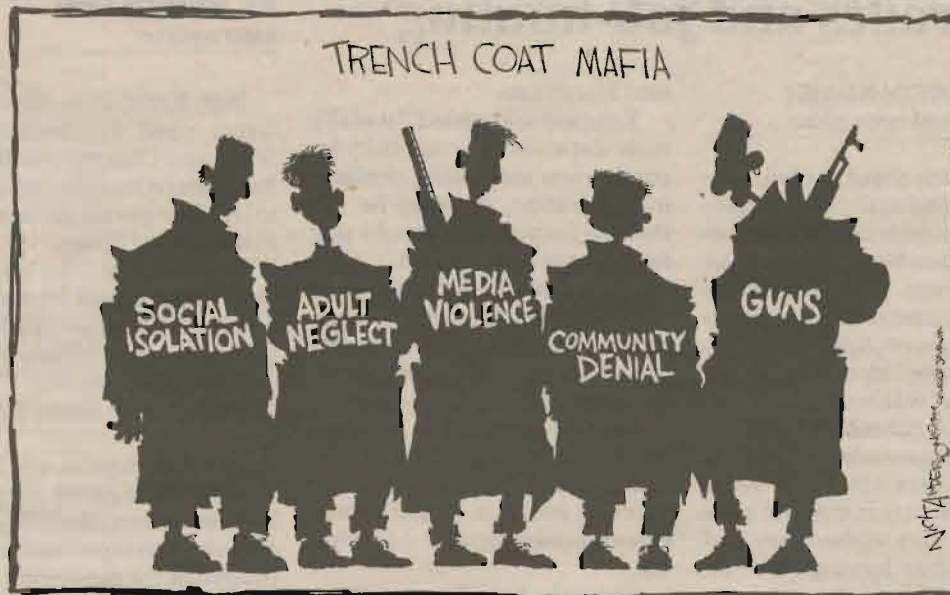
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Readers can submit "Guest Speaker" items

Do you have something you want to say in more detail, or a discussion you want to begin on campus?

"Guest Speaker" is a Voices page feature which offers readers a way to explore a topic in depth, or to express an opinion that won't quite fit into a letter to the editor.

Send proposed articles to editor-in-chief Laura Ritchie, The Mooring Mast, PLU, Tacoma Wash. 98447 (or e-mail her at mast@plu.edu).



Tartaglia will do good job in RHA position

I am writing in response to last week's article in the Mast, about the recent RHA elections. I would like to commend the Mast for their coverage of this event.

Unfortunately, when I got to the portion of the article referring to Jen Tartaglia I was very disappointed. Reporter Anne Kalunian, I feel, wrote this article with a bias. It appeared that she was trying to portray Jen in a negative light. It looked like she was attempting to create controversy, implying that Jen would not work well with other religious groups or sexual minorities.

The largest portion of the article was spent on the Christian activities director, not on the presi-

dent or the vice president. I think that is wrong. Even though Jen's section was the longest, it was still missing what she has done this year as a Christian activities leader. She helped to organize the 30-hour famine, and also put up prayer requests in her hall, among other things.

The activities Jen coordinated in her hall this year have not excluded anyone. I believe Jen will do a great job next year as the Christian activities director and I wanted everyone to know that.

Cale Holmes
Pflueger Hall president-elect

U.C. 'Country Night' theme was stereotypical

A couple weeks ago, PLU took a big step forward in raising consciousness about the rights denied to gay, lesbian and transgendered people. This, to me, is just one example of good programs that PLU has presented in order to promote diversity. Last month, Diversity Week was witness to an ever-growing push toward acceptance of different cultures and ideas.

With that in the recent past, I was appalled to walk into the U.C. on April 13 for theme night. Usually theme night is fun and games, but this time it was an outright insult. The theme: Country Night. The menu consisted of what is stereotypi-

cal for "country" food. The tables were donned with checkered tablecloths and bales of hay were strategically placed around the U.C. U.C. workers were dressed in the appropriate country attire.

Being from the country myself, at first I was amused, but upon further consideration, was sickened at how stereotypical the whole scene was.

If PLU aims to diversify it should rethink what stereotypes it may be perpetuating in all parts of the university, including the U.C.

Kristen Sluiter
PLU junior

Corrections:

In the April 23 edition of the Mooring Mast, Janelle Schulte's name was misspelled in the RHA elections article on Page 1. The Mast regrets this error.

Also in the April 23 edition, Laura Polcyn was incorrectly identified in the admissions story on Page 1. Polcyn is the vice president for admissions and enrollment services. The Mast regrets this error.

In a photo on Page 3 of the April 23 edition, an ROTC cadet was incorrectly identified as Andy Ecklund. The cadet in the photo was Jake Downs. The Mast regrets this error.

The Mooring Mast strives for accuracy. If readers notice errors in the Mast, they are encouraged to inform the editorial office by telephone at x7494 or via e-mail at mast@plu.edu.

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POLICIES

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The views expressed in the editorials and columns reflect that of the writer, and do not necessarily represent those of the PLU administration, faculty, students, or the Mooring Mast staff.

Letters: The Mooring Mast encourages letters to the Editor. Letters need to be submitted to the Mooring Mast office in the UC Mezzanine no

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Letters without a name and phone number for verification will be discarded.

Letters should be no longer than 250 words in length, typed and double-spaced. The Mooring Mast reserves the right to refuse to publish any letter. Letters may be edited for length, taste and errors.

The Mooring Mast can be reached at (253) 535-7494 or mast@plu.edu

Letters to the editor

Education in community's culture needed

Several weeks ago as I was coming to campus I ran into several local boys who were very angrily shouting obscenities in the direction of the university. It doesn't matter why they were so angry, their attitude illustrates the resentment that much of the Parkland community feels toward PLU, a problem that could become serious if PLU doesn't give it some attention.

I understand the community's resentment. We are a private college placed in the middle of a hardworking community where most struggle just to make ends meet. Where the yearly income for a whole family may be equal to what one student pays in yearly tuition.

What I cannot understand is why PLU doesn't do more to improve community relations. The majority of our students live in the Parkland community. Last year, an off-campus party erupted in violence that resulted in serious injury to several

students. As a result, some students are suggesting that parties turn away anyone that isn't a PLU student — a suggestion that could create even greater resentment than there is already. Not all Parkland residents carry guns. Instead of pushing the community away we should be sending out invitations.

It could be something as simple as opening the gym to the neighborhood one night a week, or hosting a community basketball game, or offering a scholarship to a neighborhood graduate.

It seems hypocritical for students to be required to take courses in cultural diversity while the university does its best to protect them from the experience that's all around them. We could all benefit from a little cultural exchange.

Carol A. Leeper
PLU student

University administration needs to improve communication regarding graduation requirements

I am a fourth year student with senior status. I have kept in contact with my advisor, I have registered on time, and I have felt quite confident in the assumption that my graduation date would be May 1999. Given the combination of these three things, one would think that graduating on time would be of minimal concern. Wrong — here it is, April already, 1 1/2 months away from the big day, yet I feel as though the rug has been abruptly pulled from beneath me. I feel both helpless and powerless in my situation.

One minute I am completely on schedule, and the next minute I am getting notices alerting me to the fact that my requirements have not been fulfilled and May graduation is virtually an impossible reality.

It has always been my goal to finish college at the end of four years. Financially, I simply cannot afford to be here longer than that. Yet if I want to receive a diploma, then I have no choice but to do exactly this.

I am extremely disappointed and frustrated that misinformation and miscommunication from PLU administration has resulted in my prolonged stay here. I have enjoyed my college experience, but it is definitely time to move on. PLU must recognize the necessity to establish a better way to inform students of graduation obstacles.

Haley Schwartz
PLU senior

So long, trusty chicken strips: the 'real world' lacks a U.C.

Here I am, a senior, staring out into the great black abyss of my future without PLU. I have less than a month of bliss left, and then I'll be catapulted off into the Great Unknown that I've been warned about, encouraged to try, and now forced to submit to.

This is my last column. This is my last month of college classes. In these next few weeks I'll buy my last steamed milk from the espresso stand, eat my last chicken strip...

Which brings me to the U.C., the place I will miss most of all.

You see, ladies and gentlemen, I am not here to tell you how frightened I am to graduate. I am here to tell you how frightened I am to enter a world with no U.C. waiting behind the scenes to serve me.

I admit, I barely eat there anymore. I have the 20-meal-a-semester plan, which somehow has lasted me all year long. And yet, it has always been there: a constant backup in case I burned the burrito or singed the soufflé, and a safety net and buffer from the

**Any Ideas?
Amy Pardini**

outside world.

I relished the freedom of the U.C. when I came to college, fresh from home.

Most people love home cooking, and I'm no exception. But, you see, I'm a very picky eater, and one thing about home cooked meals was that we ate what Mom cooked, whether we felt like it that evening or not. Sometimes I craved pizza and got beef stew.

College changed all that. Of course I complained at the time, and there's always the occasional bad meal. But hindsight is 20-20, and now I see how completely wonderful the U.C. really was.

In the U.C. I could choose from a wide variety of things, not

to mention being able to eat as much as I wanted. I really took advantage of that part of it!

Twenty pounds later, in the middle of my freshman year, I realized that the all-you-can-eat system wasn't quite working for me. So I made a rule for myself. I fit as much selection onto my tray as possible and barred myself from having seconds.

It worked, and eventually I lost the weight I had put on. My point is that, at one time, I really appreciated the U.C. In fact, it was more than appreciation. I Loved the U.C. (with a capital L). I had to keep myself from going out-of-control with the U.C.

I remember sitting there for hours with my friends, just hanging out and eating and eating

and eating. Those were the days; those lazy freshman days.

And now I'm a senior. I think I appreciate it even more at this point in my life, now that I'm out in the quasi "real world" of cooking my own meals at my off-campus house.

It's not that I dislike cooking. I really enjoy it. And it's fun to make whatever you feel like for lunch and dinner.

The only problem with it is that you have to keep the ingredients in your cupboard, think ahead when you go grocery shopping, and actually make the meals and cook them yourself.

I don't mind any of those things all that much, except that they take up TIME. And if you're anything like the average senior at PLU, you know that time is not something you have a lot of.

So, hello Planet Burrito! Garfield Street comes in very handy to me much too often lately. It's my crutch when I don't have time to make anything (or am sick of turkey sandwiches).

And then there's still the U.C. What would I do without it?

No freshman can ignore the pitiful, puppy-dog eyes of a hungry senior standing dejectedly at the cafeteria door.

And what a place of beauty the U.C. is to seniors: no dishes to wash, no pots to scrub (when you burn the rice), and free dessert! No dishwashers to unload, no leftovers to save, and as much pop as you can drink!

Next year I will be poor, married, and hopefully going to graduate school. I am looking in the eyes of a life that consists of cup o' noodles and instant oatmeal, which is not exactly wonderful for the girl who really relishes variety in her food life.

I will dream at nights of the U.C., the place many of you freshmen now abhor. Appreciate it while you have it; seniorhood is coming.

Graduation (and starvation) loom nearer than you think.

Amy Pardini is a senior English major with an emphasis in writing.

Seeing an American tragedy through foreign eyes

I walked into the common room of our London flat Wednesday morning to find my American flat mates staring horrified at the television.

My heart sank as pictures of students, dead and wounded, flashed on the screen as a British anchorman reported the details of the Columbine High School shooting.

The story was the front page of every London paper. Headlines read everything from "The Revenge of the Internet Nerds" to "Peekaboo Said the Killers Before Shooting a Hiding School Girl." And while the media bombarded the U.K. with the details of the horrible tragedy, I experienced the public's emotional reaction to such an event through the lens of a foreign country.

The American students around me were shocked, angry and horrified that such a thing could happen. Yet there existed a sense of it being an almost expected event, one that fell into line with the rest of the school shootings that have plagued our country for the past two years.

The emotional reaction of my peers was a reaction they had already experienced many times last year and the year before. We sadly watched the report, in a way one would view the same horrible scene of a movie for the

**Lost in the Fog
Kelly Kearsley**

10th or 12th time.

The reaction of the British contained the same sorrow, the same mourning for the senseless loss of young lives, but added into this mix of emotion was a sense of complete astonishment and incomprehension as to how such a thing could happen.

In a country where guns are illegal and the most common crime is pick pocketing, the massacre of 12 innocent students and a teacher by other students is absolutely incomprehensible and unthinkable.

The same night, as I entered a restaurant in Chinatown, an elderly British man illustrated the sentiments of his nation.

"You are American," he stated, pointing a finger in our direction.

"You heard about the shooting in Colorado?" the man questioned, and we nodded a silent yes.

"Why?" he demanded to know. "Why does that happen?"

There are no guns here in Britain, no deaths from guns, no kids with guns."

His old eyes looked at us, searching our faces for answers we didn't have.

He continued in a softer, pitying tone. "Is there something wrong with American society? What is wrong with Americans?"

The questions, which remained unanswered as the man sadly shook his head, seemed to sum up the tragedy and the reaction of those outside the United States.

What is wrong with Americans? The question, like so many others, demands an answer that the United States cannot seem to find.

What is so wrong, that armed intruder drills became as normal as fire drills my senior year of high school? What is so wrong, that tragedies like the Denver shooting become something that we have actually seen happen several times before, acts of

senseless violence to which we have actually become accustomed?

What is so wrong, when I room full of students from across the nation can sit safely in our flat in London and name a school shooting that has happened in or near our hometown?

And what is so wrong, when federal statistics that violence in schools has been improving because in 1998-99 there had "only been nine deaths" (before last week) of students, as compared to 45 the year before? How is the death of "only nine" an improvement?

Something is wrong when "nine lost lives" becomes a positive statistic, and the possibility of zero lives lost at school seems hopeless.

As I sit, typing, an ocean away, connected to the scene by only newspapers and television, my heart sinks as I realize the questions have no one answer.

The obvious solution, suggests the British culture around me, is to eliminate guns, to take away the weapons that provide an outlet for such violence.

Yet it becomes more complicated, more involved with who we are as a nation and what the generations to come are influenced by and exposed to. One can take away the weapons, but

who fixes the anger, all the hate and rage that would create a desire for a gun in the first place?

So I cannot get on a soapbox and tirade against what I think would be the answer to violence, the cure to all senseless killing and hurt. My beliefs and opinions are only as good as the person on the soapbox next to me, lamenting over society while the violence continues to grow.

But I think that I can, even from halfway around the world, see a glaring signal for help, for change and for a real improvement concerning the amount of violence in our country.

And I hope, like my flat mates hope, and the man reading the paper next to me on the tube hopes, and an entire nation in mourning hopes, that an answer is found.

I think we all pray as a community that our kids and our kids' kids won't ever need to find an answer to the old man's sad question of "what is wrong," because if we do find the ways and means to change, to eliminate the violence that is destroying our country, his question will cease to exist.

Kelly Kearsley is a sophomore communication major. She is studying abroad in London this spring.

Bertolt Brecht's Threepenny



Megan O'Hanlon and Aaron Jones use their vocal talents during the performance.

Photos by Lisaana Selm (5)



Krista Severeid sings her heart out to the audience.

BY JOY BARBER
Mast theater critic

Do you like stories about swashbuckling heroes and good-hearted prostitutes?

Tonight in Eastvold, just such a story will be unfolding. This evening is PLU theater's opening performance of Bertolt Brecht's musical comedy, "Threepenny Opera."

Set in England during the early 19th century, Brecht's story follows the intrigues of "Mack the Knife," a daring, underworld criminal and renowned lady-charmer.

From a corrupt police commissioner to a crooked, scripture-quoting couple that runs a school to teach beggars how to beg, this play runs the gamut of unlikely heroes and heroines.

Brecht was a German playwright who strongly believed that the purpose of theater was not so much to be heart-warming or aesthetically pleasing, but rather to raise social conscience and provoke thought.

His characters are caricatures that invoke a delightful humor, and in so doing, remind the audience not to take them so emotionally seriously.

Director William Parker said that "Threepenny" is the first musical that PLU theater has attempted in nearly eight years.

According to Parker, "musicals are very expensive to do, and that is why [PLU doesn't] do more of them."

The 30-member cast has spent endless hours in preparation, working with both Parker and the music department's Jim Holloway to bring this engaging story to life.

Interestingly, none of the main singing parts are being played by voice majors. Nearly all of the leads are actually students who are here at PLU to study theater.

Parker commented that he was very impressed to have a cast that was so "multi-talented in both singing and acting."

The singers will be accompanied by a four-piece ensemble that draws upon PLU's musical talent pool, and in which Holloway plays. This small group will actually be accompanying directly from the stage.

A performance run of both new beginnings and sad good-byes, this will be the first time that all of Eastvold has actually been opened up for a production.

Parker said, "It was just not possible to get the full scope without bringing it out into the house." The full stage will be utilized, as well as all of the normal seating in the auditorium.

This will also be the last musical that Parker will direct. He will retire after next year, having dedicated 30 years to guiding young actors and actresses towards the creation of great theater.

"It's nice to do one last one," he said, "I'm very happy to get the opportunity."

All eyes are watching to see if the humor of Brecht and the skill of PLU actors and actresses can pack the seats of Eastvold this weekend.

Parker is optimistic, "I think people still love musicals."

Bets are out that they do. And tonight, the lights will go down, students in the wings will hold their breath, and all the hard work of the last few weeks will hopefully pay off.



Nathan Rice, Justin McLeod, Dom Zook and Bob Meek (left to right) all pitch in during a musical number.

Opera



Dom Zook, Nathan Rice and Mark Thomas enjoy a humorous moment during "Threepenny Opera," which opens this evening in Eastvold.



Tattered and torn, Kevin Myers stands alone during the musical comedy.

April 30, May 1, 7 & 8: 8 p.m.

May 9: 2 p.m. matinee

\$7 adults \$4 students

To reserve tickets call 535-7760

A&E Movie Review

Despite cast, 'Never Been Kissed' falls on its face

BY DAVID HEGGE
Mast movie critic

For many people, high school represents a chapter in the great book of life, which is thankfully closed and should never have to be reread.

Whether time was spent having fun-filled adventures in wedgie land or being stuffed into lockers, chances are just about everyone has at least felt the painful sting of one classmate's ridicule.

This is the world in which class geek Josie Geller lived for her entire high school career. Only, unlike many of us, she has been given a second chance to experience it all over again.

In the recently released romantic comedy "Never Been Kissed," Drew Barrymore stars as Geller, a 25-year-old copy editor for the Chicago Tribune.

Her aspirations for greatness are suddenly met when she is assigned her first real journalistic news story by her slightly off-killer boss, Garry Marshall (director of "Pretty Woman").

She is given two weeks to infiltrate the local high school, mingle with students and emerge from the trenches with an under-the-counter news story that will sell like hot cakes.

But how can "Josie Grossy" successfully write a story on a topic that she didn't even have much success the first time around. Well, her predicament

may be bad, but she's not alone.

Along the path to her desired literary bliss, she is aided by her once-popular brother Ross (David Arquette) and best friend Anita (Molly Shannon) in her attempts to kick start her career, as well as to woo the affections of a certain Shakespeare teacher (Michael Vartan).

Unfortunately for Barrymore and company, the immensely intriguing and often amusing premise of "Never Been Kissed" is ultimately left unfulfilled, as a result of sloppy pacing and insipid writing on the part of the filmmakers.

The film did have potential, yet it marks another example for the ever growing list of Hollywood screenwriters whose work is so bad that it would be better used to line the bottoms of small animal cages.

Written by Abby Kohn and Marc Silverstein, this film's script is uninspired, poorly constructed and not even worth the cheap copy paper on which it was printed.

The writers have somehow managed to destroy an interesting idea and terrific cast by turning "Never Been Kissed" into a cheap, hollow film that's so formulaic that you can actually set your watch to it (I had it down to the second).

In fact, this film can almost be compared to a roller coaster, in order to crest its few blistering heights, you must first travel

through a deep valley of gut-wrenching agony.

Fortunately, while the characters many have been flatly written, at least the filmmakers knew enough to cast the talented comedic thespians who round out the roster of the film.

Compared to her traditional roles, Barrymore is on strikingly new ground here. She has not only completely deglamorized herself, but has proven that she truly does possess at least a certain degree of natural comedic ability.

Overall, she makes a great central character as it is interesting to see her undergo numerous transformations throughout the film's seven-year time period.

While Barrymore may get top billing, the film's true star is David Arquette. Hilarious, in that weird sort of way, as always, he steals the show as Josie's eccentric wild-man brother. His natural charisma and entertaining presence provides for one of the film's few saving graces.

Shannon, Marshall and John C. Reilly also turn in fairly solid performances, however they fair worse than the headliners at the hands of the film's maniacally hideous writers.

The film's one acting and major overall flaw, however, came from Michael Vartan, Josie's Shakespeare teacher.

Not only did the writers neglect to provide him with anything resembling an actual char-

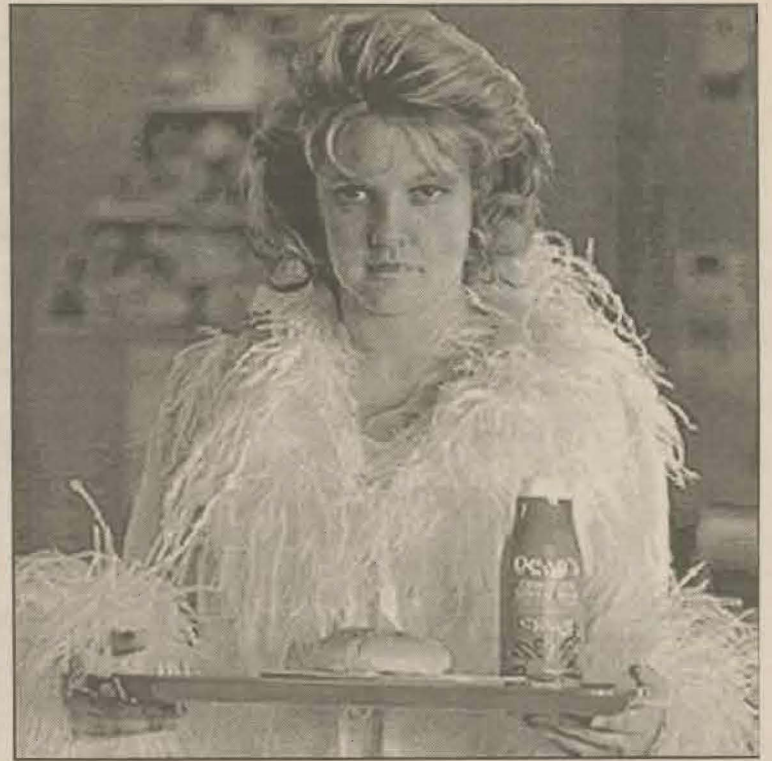


Photo Courtesy of Fox
Drew Barrymore stars as an aspiring journalist who is sent back to high school to cover a story.

acter, this guy appears to be unable to act himself out of a paper bag.

Marked by a terrific cast and mostly great performances, "Never Been Kissed" is an occasionally fun romantic comedy that fails miserably at reaching full potential.

However, it is definitely not without its charm. For an added bonus, stay through the credits and see what the film's stars

themselves looked like when they were in high school.

"Never Been Kissed"

● 1 / 2

(Out of four)

A&E Video Review

Enjoy a night full of mindless humor at the Roxbury on video

BY DAVID HEGGE
Mast movie critic

How do you turn a popular, yet, simplistic five minute "Saturday Night Live" sketch about two well-dressed, head-bopping losers, on a quest for the ultimate party into a full-length comedic adventure?

Well, producer du jour Lorne Michaels is attempting to find out with the recent video release of "Night at the Roxbury."

Following in the tradition of such illustrious big-screen adaptations as "Wayne's World" and "Coneheads," "A Night at the Roxbury" represents the latest attempt to cash in on the theoretical box-office gold that "SNL" has to offer.

By now, virtually everyone should be familiar with the infamous "Roxbury guys" and their theme song "What is Love," by Haddaway.

As with many of their television episodes, the plot is simple: brothers Steve (Will Farrell) and Doug (Chris Kattan) are unemployed, self-delusional losers still living with their wealthy parents (Dan Hedaya and Loni Anderson), as they attempt to gain the capital and connections to build their concept of the ultimate nightclub.

And while a few interesting speed bumps arise and threaten to de-rail their plans, the film is basically an extended version of the sketch on which it is based.

In the title roles, Farrell and Kattan are actually quite engaging performers.

In fact, when they aren't busy



Photo Courtesy of Paramount
Will Farrell and Chirs Kattan shine in the video "A Night at the Roxbury."

doing their full-body dance maneuvers, they manage to shed a little light on the backgrounds of their infamous alter egos.

While this, in itself, is hardly enough to sustain our sanity through a full-length feature, these new insights do act as a few added bonuses.

"Roxbury" is filled with a terrific cast of cameo appearances consisting of big names stars and fellow "SNL" alumnus.

Hedaya and Anderson are quite entertaining in their parental roles, while washed up actor Richard Grieko is seen in a self parody of himself and acclaimed screen heavy Chazz Palmintari shows up as a bizarre nightclub promoter.

Fellow "SNL" members Molly Shannon, Collin Quin and Mark McKinney, all turn in interesting cameo bits as well, providing audiences with a few familiar faces and upholding the usual adaptation traditions.

As far as the writing goes...what writing? "Roxbury"

is a basically one-trick-pony that just happens to be funny due to its hilarious subject matter, cast and intriguing situational humor. In other words, if you are looking for a delving look deep into the realms of the human psyche, you're not going to find it here.

However, if you are looking for a few good chuckles, and a soundtrack full of dance party music that will keep you "groovin' till the break of dawn," you may just want to wait in line with all the other party-goers for "A Night at the Roxbury" at your neighborhood video store.

The experience may not reach its full potential, but at least the music will be bumping as you laugh the night away.

"A Night at the Roxbury"

● ● 1 / 2

(Out of four)

A&E Music Review

Band redefines musical stereotypes with 'Things Fall Apart'

BY ERIK DENMARK
Mast music critic

"Inevitably hip-hop records are treated as though they are disposable they are not maximized as product even, not to mention as art." This quote closes out the first track on The Roots most recent masterpiece, "Things Fall Apart."

It hits at the core of the motivation for this album, which comes through clearly: musical artistry, respect and the rebirth of hip-hop.

The Roots has solidified itself as one of the leaders in the hip-hop world. Although, defining what is hip-hop has become difficult to categorize in recent years.

Many rappers, pop or R&B artists get thrown in to the category of hip-hop artists but true hip-hop is unique and carries a style of its own.

The Roots demonstrates this unique style of hip-hop perfectly in their new album.

"Things Fall Apart" is an hour-long suite of conceptual sounds, reeling you in slowly with a mixture of instruments and sounds ranging from jazz to hardcore to funk.

The Roots have created hip-hops first melancholy masterpiece. There's a fragmented feel to the music that weaves through the lyrics' bleak resignation to instill real poignancy and affect.

The album has an old school feel rooted in the beginning of rap and hip-hop that started in the late 80's with revolutionaries

such as Tribe Called Quest, De La Soul, and The Pharcyde.

This is a style of rap that does not aim at tearing other people down, using profanities for every adjective; it has an inviting tone, not threatening.

The Roots do not need to tear other rappers down with profane ignorance, their music speaks for itself and it carries an essence of intelligent rap.

The Roots have been here before: the Philly-based crew's Illadelph Half Life was the rap LP of '96 for aging disenfranchised B-boys everywhere. The Roots had been touring for a little over a year before they started work on "Things Fall Apart."

It is difficult to pick out individual tracks that stick out on the album because it plays like one long song with many different sounds. The most recognizable track may be "You Got Me" featuring Erykha Badu. This love song mixes soft beats a slow rap and a beautiful chorus.

The rest of the tracks you'll have to experience it for yourself.

"Things Fall Apart" is a refreshing treat for all those out there who appreciate originality and positive rap.

"Things Fall Apart"

● ● ● ●

(Out of four)

LIBERAL ARTS EDUCATION & PROFESSIONAL SCHOOLS

ANAC

points the way

BY SARAH KORST

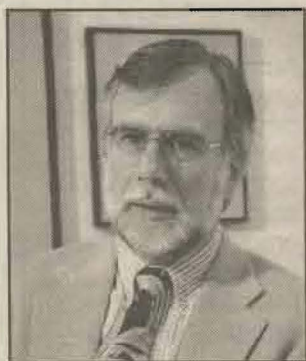
Students in the professional schools have always taken a liberal arts core at Pacific Lutheran University, but an additional emphasis has been placed on the liberal arts since PLU became a member of the Associated New American Colleges in 1996.

ANAC is a group of 22 private American universities trying to provide what it perceives to be a missing link in American higher education.

The late scholar of higher education, Ernest Boyer, coined the term New American College, PLU Provost Paul Menzel said.

Boyer recognized that there are disconnects in higher education between professional programs and liberal arts education, between research and teaching and between what is learned inside the classroom and in students' lives outside their studies, Menzel said.

But he also noticed that a new kind of college had grown up in the 20th century that was trying to be responsive to these problems.



PLU's membership in ANAC is "not really a matter of changing. It's a matter of enhancing what we were already doing."

- Menzel

These schools were different from both large research universities and small liberal arts schools, Menzel said.

"They have an integration of both professional and liberal learning," he said. "All the schools also have the presence of significant notable research on the campus, but at the same time, their fundamental first loyalty is toward excellence in teaching."

At PLU, professional schools of nursing, education and business had long existed by the time the university officially joined ANAC and before Boyer had labeled universities like PLU the New American College. PLU's stated mission of educating students for lives of service already stressed the importance of connecting classroom learning with life outside of school. So PLU's membership in ANAC is "not really a matter of changing," Menzel said. "It's a matter of enhancing what we were already doing."

One of the main goals of the New American College is to better blend liberal arts and professional training. Menzel said he thinks it's important for all professional-school students to take a liberal arts core to help them become more well-rounded and better prepare them for their careers.

"One is not just a better person in taking the general

university requirements," Menzel said. "One is going to be a better professional."

Liberal arts courses teach skills and provide knowledge that aren't offered in many of the professional degree programs, but they are skills and knowledge that Menzel said professional-school students need.

"Professionals are trusted to make internal judgments based on their own discretion," Menzel said. "Certainly requirements for written and oral expression, those that sharpen the mind and get past assumptions based on cultural or personal views are going to help one as a professional," he said.

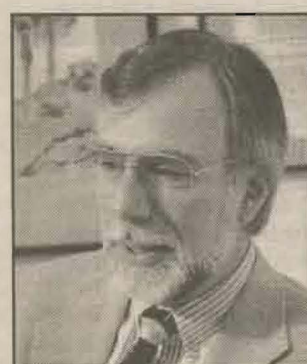
PLU is also trying to develop liberal arts courses that could be incorporated into the professional schools' curricula and be counted toward students' majors.

PLU has tried to do this with study-abroad courses that allow professional-school students to practice their future professions while also learning about other cultures and diversity issues, Menzel said. He noted that professional schools must answer to state and accrediting-agency requirements that make it difficult to change professional schools' curricula.

But while Menzel said PLU's professional-school students and professional-school faculty need to support the liberal arts and be energized by them in their own prospective professional work, it's a two-way street. Menzel said, "the liberal arts segment of the university also needs to recognize how its teachings will relate to students' lives and what they will do with them."

PLU's freshman program courses, which bring together students and faculty from both the liberal arts and professional schools, give each of the two segments of the university the unique opportunity to appreciate the work of the other and recognize how the other's teachings could benefit them in their work, Menzel said.

But the effort to connect liberal and professional training is not the only educational gap the New



"One is not just a better person in taking the general university requirements. One is going to be a better professional."

- Menzel



American College is trying to fill.

Menzel said many schools, especially larger universities, put more effort into research than teaching. The New American College wants to find a connection between research and why one does it as a faculty member and how that research can enhance one's teaching. Professors should find a way "to incorporate their research in their teaching or collaborate with students to bring them into research more," Menzel said. By doing this, he said faculty can better connect classroom lessons with the potentially educational events that happen outside the university.

"Education is a many-faceted activity and development, and it certainly doesn't happen just in the curriculum," Menzel said. Potentially educational activities happen outside students' studies, at their jobs, in residence halls and with family and friends, he explained. While a school's curriculum may focus on the more technical aspects of a profession, these events

bring up dimensions of issues that aren't often talked about in the classroom.

By tying these events to classroom teachings, Menzel said, students can better connect their education with the later lives they will lead and, hopefully, make their careers more meaningful.

"We all have a need to do something meaningful in life," Menzel said.

Good professionals can't

just focus on the technical sides of their job. Nurses must understand and care for all their patients' needs. Teachers have to understand their students in order to teach them. "Whatever we do, it's got to have service in it," Menzel said. "If what we do doesn't have usefulness and meaning for others, it won't have meaning for us."

Instilling meaning into students' lives and careers by trying to connect some of the disconnects in higher education will continue to be a priority of both PLU and ANAC, Menzel said. The fundamental principles of the New American College are attractive, Menzel said, and are part of PLU's message.

What do YOU think?

Join representatives of the professional schools, faculty and students in a discussion of professional-school education and the liberal arts at PLU. In the television studios, Administration Building, Thursday, May 6 from 8 p.m.

On live television!

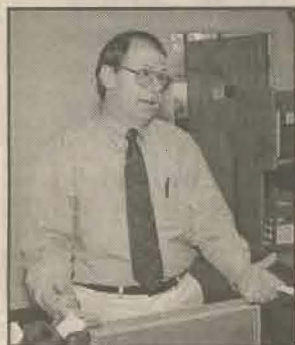
This special report was produced for The Mooring Mast and KCNS6 by the In Depth-Reporting Class.

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Members of Associated New American Colleges:

Belmont University, Tenn.; Butler University, Ind.; Drake University, Iowa; Drury College, Mo; Hamline University, Minn.; Hood College, Md.; Ithaca College, N.Y.; Loyola College in Md., Mercer University, Ga.; North Central College, Ill.; Pacific Lutheran University, Wash.; Quinnipiac College, Conn.; Rollins College, Fla.; The Sage Colleges, N.Y.; Saint Mary's College of California; Susquehanna University, Penn.; University of Dayton, Ohio; University of Hartford, Conn.; University of Pacific, Calif.; University of Redlands, Calif.; University of Richmond, Va.; and Valparaiso University, Ind.



"...not just business...but the role and contribution it makes."

- Don Bell, dean

A look back...

1890
PLU founded

1920
Business courses emphasized



1930
"Business Administration" in the liberal arts section of catalogue

1942-43
"Business Administration" listed in economics section of catalog

1950s
The decade of growth: 35 courses offered

1960s
Gundar King, dean



"There was a very bad business-econ department in the 60's. We had to undo the bad reputation that had been accumulated. We worked hard to eliminate the baggage and to design a curriculum that we wanted."
- King

1976
Business accredited

1982
Accounting program accredited

1997
New dean, Don Bell, arrives for 1997-98 school year

2000
Approaching reaccreditation

You're good, but how good?

BY ABBY WIGSTROM

As graduates of the School of Business prepare to accept their diplomas in a few days, many fear they are not prepared with the skills that business employers will demand from them in the work place.

Senior business student Brooke Parrish

said she'd like to think that she's prepared to graduate but said "everything is moving so fast and I don't really know what it's like in the real world. I have confidence in some of the skills that I have but I feel like I'm lacking in others."

"Those concerns from senior students are very normal," said first-year dean of the School of Business Don Bell.

Bell said the goal of the School of Business is to produce the "best, most employable, most successful graduates that are not only oriented to their own success, but service to society." And, Bell said he believes that PLU does that.

The School of Business sets its own educating standards, professor Diane MacDonald said. The mission statement of the School of Business proclaims that the goal of the department is to "stimulate the development and ongoing improvement of the whole person and communities we serve by providing relevant, innovative, and quality business education in the

liberal arts spirit."

But how do these standards carry out into the classroom to prepare students with the confidence and skills they need?

Bell said that through team projects, presentations, internship opportunities and the liberal arts education, students gain a "breadth of understanding of not just business education... but the role and contribution it makes."

School of Business alumnus Rich Budke also sees the value of teamwork and team projects. He said, "The PLU students coming out seem much more prepared, they work well in teams and are much more productive in problem solving," a direct result of classroom group work.

Senior student Parrish agrees. "As much as we all hate (team projects), they are really good because you do have to work in a team setting a lot of the time," she said. "You have to work with people who aren't the same kind of learner that you are and you have to learn how to adapt and

make changes."

It is this skill of relating to different kinds of people, that professor MacDonald credits to the liberal arts education. "The Business School can give students a glimpse into how people in the field think and relate to each other," MacDonald said. "But the liberal arts education brings in skills of communication, of understanding, and students can read about how people have dealt with tough questions in life," she said.

Liberal arts courses for students in the School of Business are most often taken as general undergraduate requirements, and they do not necessarily hold the same esteem with students that they do with the faculty.

"GURs are really high school," said Lil Aksan, an international student and a junior in the business program. "If you're in college you want to get to your concentration as soon as possible. You should already have the well-rounded base from high school. If not, that's where the high school

systems are failing," she said.

However, senior business major Eric Nau sees the importance of the liberal arts courses and said they helped him to choose a career path to follow.

A third element in a complete business education, Bell said, is hands-on experience.

"I feel very strongly that every business student should have some kind of real-life business experience before they walk out the door," Bell said. "A lot of the senior anxiety has to do with the fact that they don't have experience. It's not that they don't have the skills; it's that they don't know what's expected of them."

The School of Business in response to that offers internships, mentorships, and a program called PLUS Business through which students can interact with business alumni.

"Almost everyone who has done an internship comes back with more confidence," Bell said.

Quick, what beats an A-plus?

BY WANDA LOUIE

Employers in the business world no longer look for a student with the highest grade point

average or perfect attendance.

Kim Giglio, manager of college relations for Weyerhaeuser Company, said prospective employees fresh out of college are also expected to have skills that many students are learning, but are not recognizing, such as good communication skills, and the abilities to creatively solve problems and work in teams.

Merlin Simpson, an assistant professor in the school, said he tries to provide his students with what he thinks employers are looking for — func-

tional knowledge, communication skills, and experience with technology.

Simpson said he gives his students not only knowledge on the topics discussed, but also assigns group work and presentations that require the usage of Powerpoint and projectors. Simpson said that communication skills can be developed when students are involved in their groups, during their presentations, and while doing case studies.

An advisory board of corporate executives from all areas of emphasis within the school brings an outside perspective to the effort to keep curriculum up to date.

A four-year member of the advisory board, Rich Budke, oversees the western half of the U.S. for International Knife and Saw manufacturing, sales, and administration.

He said that the board wants to keep PLU on the

leading edge academically and to make sure it is producing quality graduates. He said that so far "PLU students coming out seem to be a lot more prepared than (those from) other schools."

Some students think the strongest aspect of the business school is the professors. Brooke Parrish, senior business major, said the success that she has had within the school stems from the small classes and the willingness of the professors to help.

Parrish does, however, have doubts about the credibility of the material being used in some of her classes. She said that those materials are outdated and that there is a lack of concentration on technology. Parrish said she is not getting the education that she needs in that area.

However, Simpson said the School of Business is addressing that

issue by offering an experimental class, Managing the Value and Creation Process. This class is team-taught by Simpson and assistant professor Chung-Shing Lee.

Lee said that this class is part of the MBA program and has only been offered twice. He also said that the class concentrates on the marketing and operations management, but uses different means to provide materials for students. This is done through the integration of classroom material and technology.

This semester electronic reserves are being used in conjunction with Harvard Business School, so that students can download business related articles.

Next semester Lee will try to put a portion of the class on a website so students can access class related materials over the Internet.

'tis said...

Boeing employs 445 PLU graduates. A Boeing official in a letter to a business school professor describing those employees said: "They can figure out the problem, apply examples and solutions, relate the answers and use languages well understood by managers."

Lauralee Hagen, director of Alumni Relations, is not surprised by such a testimonial. "(PLU graduates are) fine human beings, great individuals, and not only are they great at the technical tasks, but also great employees...because of their well rounded experiences," she said.

Accreditation sends a signal of quality

BY BRAD BREVET

PLU's business-administration program has been accredited for more than 25 years.

Accreditation means that an institution, in this case the School of Business, has been granted approval by an official review board after determining that the school has met specific requirements.

The PLU Business School has been accredited by the International Association for Management Education which has looked at the school's mission and objective statements, the curriculum, faculty, students,

and intellectual contributions.

Karen S. Martinez, director of Business Accreditation at International Association for Management Education, said that the upcoming reaccreditation will cost the School of Business close to \$10,000. That covers the accreditation of the business and accounting programs along with a \$3,000 dollar advance from the host institution for estimated expenses of the review team visit.

Diane MacDonald, business professor at PLU, says that accreditation is a good way for the faculty to assess them-

selves and find out "what have we done, where are we, and where should we be going."

As part of the accrediting process, faculty must respond to questionnaires that have to do with their development, planning, intellectual contributions, and professional service.

Students also have a stake in accreditation, although Ginger Moriya, coordinator of undergraduate programs for the School of Business, thinks its value is greater to a graduate than an undergraduate.

Moriya said that it is "more of what [accreditation] can do for you after you graduate as opposed

to when you enter the program."

She said she tries to "push the professional organizations, student programs and the internships" on incoming freshman rather than focus on accreditation.

Don Bell, dean of the School of Business, said, "For better or worse [accreditation] is a signal to the outside world of quality." There are approximately 1,200 business schools in the United States, but only 347 of them are accredited by the International Association for Management Education. PLU also has one of the 133 accounting programs accredited by the agency.

These statistics make PLU's business school look special, especially since the other six accredited business schools in Washington are at larger universities, Eastern Washington, Gonzaga, Seattle University, University of Washington, Washington State University and Western Washington.

This kind of recognition is particularly valuable to the smaller institution.

Gundar King, former dean of the Business School, said that it helps the PLU Business School become "something like a diamond: small, hard, brilliant and very valuable."

3-2-1: Countdown for the future

BY ADRIENNE WILSON

"Give me five if you're sitting cross-legged, give me four if your eyes are on me, give me three if your mouths are closed, give me two if your hands are in your lap, give me one if you're ready to listen, give me zero if you're ready to learn."

Student teacher Amy Branae is demonstrating how to get the attention of her second-grade students, using a method she learned as an education major at PLU. By the time she gets to zero, her students are focused and ready to study the day's science lesson.

Branae is in the final stage of the education program, student teaching, at Jennie Reed Elementary School in Tacoma.

During the semester she has progressed from observing the class to teaching for half the day to teaching full time.

"When I first got here it was really overwhelming and now that I'm full-time teaching it's not that bad at all," Branae says.

Branae decided to major in education during her sophomore year at PLU. She didn't know specifics about the department at the time but knew that it had a good reputation.

Branae also chose to major in math and get a cross-disciplinary minor to complement her education degree. The cross-disciplinary minor, a combination of liberal arts courses blends the liberal arts curriculum with that of the professional school.

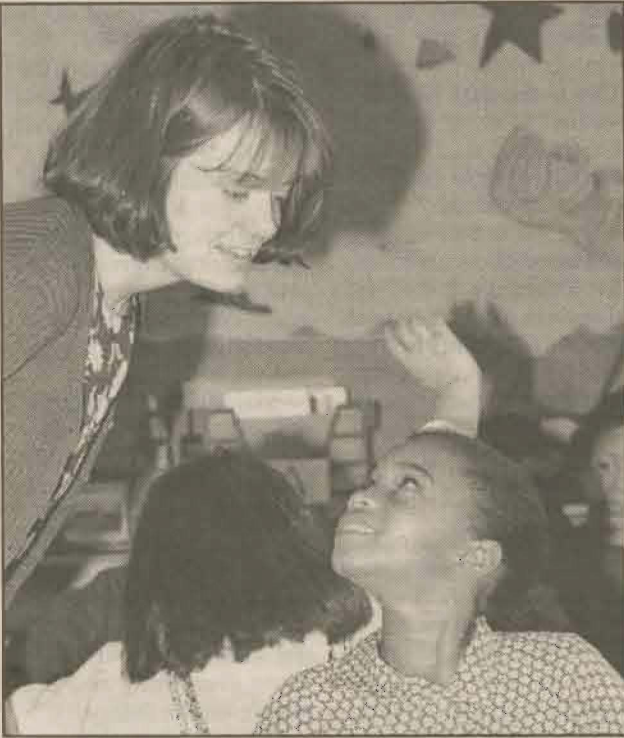
Because elementary education majors are required to have a major and advised to have a minor in addition to taking education classes and GURs, many of them

have problems fitting all of their classes into four years.

"A lot of people aren't able to graduate from the education department in four years," Branae said. "Especially in elementary education because you have to have a major, minor and education requirements as well as GURs. I really had to

During her last series of classes taken at PLU, Branae took classes in which she presented more lesson plans and wrote a unit plan that would cover an entire topic a class might study. She also took education classes in social studies and science.

"These classes prepared me as well as you



Amy Branae (left) and second-grader Donatorya Meadow: Partners in education.

Photo by Josh Miller

juggle things so I would be able to graduate in four years."

She began the education sequence in the normal fashion. Her first education classes taught her about the foundations, theories and philosophies of education. During this class Branae began observing both early childhood and school settings.

Next Branae began taking classes in literacy and math that were specific to elementary education. During those classes she started making lesson plans that could be used in the classroom.

could be prepared, but it takes a lot to be prepared for student teaching because it's nothing like you expected," said Branae.

As Branae works with the second graders, Kristine Drake, the teacher she has been assigned to student teach with observes. Her presence is a confidence builder for Branae.

"When I first got in here it was really overwhelming," Branae says. "I thought 'How am I ever going to do this all day?'"

Branae's first assignments were to make

lesson plans for the class and coordinate reading groups.

"There's a set curriculum for reading and math, so I use that as a guideline when making lesson plans, but I also develop things I think will be useful in this classroom," Branae says.

Now, before Branae takes on the challenge of teaching full days she continues to observe Drake in the classroom. She uses this time to take notes that compare and contrast the different ways they each approach the same lesson.

"As I got more experience and more feedback from Mrs. Drake I was gradually able to take over more," Branae says.

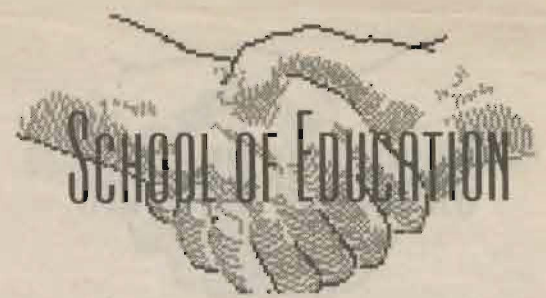
While Branae sees student teaching as a strong part of the School of Education, she also cites the school's professors as a strength of the department.

"Most of the professors I've had have been wonderful," Branae said. "They really seem to care about the students and they care about where I'm going and whether I'm going to get a job."

Interim Dean Myra Baughman also sees the students, as well as the professors, as a strength in the School of Education.

"They show an incredible amount of enthusiasm to learn all they can in order to be the best teachers they can," Baughman said.

Branae and Drake have a strong student teacher - teacher relationship and have been able to learn from each other during their time together. Throughout the semester they have discussed a variety of education-related topics including new teaching



methods, curriculum and teaching goals.

"Having a student teacher definitely furthers my education because they're coming out with the most current information and studies," Drake says.

Branae also had to set goals for herself. One of these goals is classroom management, which Drake says you must have to be a good teacher.

"Everything about teaching is hard," Branae says. "Especially classroom management because I come in here in the middle of the year and the kids are used to Mrs. Drake and her style. When I got here they really challenged me because they thought I was just a student and I had to establish respect, but it's been pretty smooth in here."

In addition to Branae's own self-reflections, Drake evaluates her performance in class. Branae finds these evaluations to be very useful in the student teaching process.

"It's like I have my own classroom, but I also have help and direction from somebody who's been teaching for a while," Branae says. "So I get the experience of having a class all day by myself and planning the lessons, but also with some assistance and evaluation."



"The students show an incredible amount of enthusiasm to learn all they can in order to become the best teachers they can be."

- Myra Baughman, interim dean

A look back...

1939
Anna Marn Nielsen was named PLC's first director of student teaching

1940s
The first students graduate from PLC's School of Education

1949
One-third of the principals in the Tacoma area schools are PLC graduates



1995
PLU's School of Education successfully completes National Council for accreditation of Schools and Colleges (NCATE) accreditation

1999
Lynn Beck is named new Dean of the School of Education

Portfolios

A major change in the School of Education is an emphasis on "performance-based models of teaching, learning, and assessment." Graduates are expected to demonstrate their knowledge and skills through portfolios.

Same task, more demands

BY ANGELA O'BRIEN

PLU is widely known for molding education students into successful teachers.

That task isn't changing, but with a new dean on the way, updated state certification requirements, and a new generation of faculty members, things will not be the same, either, around PLU's School of Education.

In part, change will be accelerated because of the university's involvement with the Association of New American Colleges and certification changes made by the Washington State Board of Education.

Sue Yerian, director of undergraduate programs for the School of Education, believes these changes are positive. "In an area such as teacher education, change is

always good," she said.

"We strive to prepare our students to be able to teach today's young people. The more updated our program is, the more successful our graduates will be," she said.

The School of Education has welcomed the university's participation in ANAC as a way to breathe new life into the education of a new generation of teachers, Yerian said.

"We have always tried to incorporate liberal arts studies into our curriculum. Now we're just trying harder to keep on top of this goal," she said.

She noted that liberal arts integration into the education program prepares more well-rounded teachers, a definite asset in the classroom.

One direct application of this is with an increasing attempt at the state level to prepare teachers to be better skilled in diversity issues.

The need for a stronger emphasis on diversity in the classroom comes after many Washington schools have started integrating special

education and English as a second language into regular classrooms.

PLU graduate Amy Wigstrom-Espinosa works with these integrations daily in the music classes she teaches in Clover Park School District.

"When I graduated from the School of Education in 1996, I felt that I had received a very thorough education which prepared me for many areas of the classroom," Wigstrom-Espinosa said. "However, I'm glad that PLU is working on emphasizing how teachers must deal with the diversity that is presented to them. It was the area in which I felt least prepared when I started teaching."

Another change in the education program is resulting from the state's effort to move away from separate elementary and secondary education programs and toward a comprehensive K-12 education curriculum.

Yerian said a major emphasis is on teaching reading at all levels of education due to failing literacy rates nationwide. "Educators need to know

the skills to help their students succeed," she said.

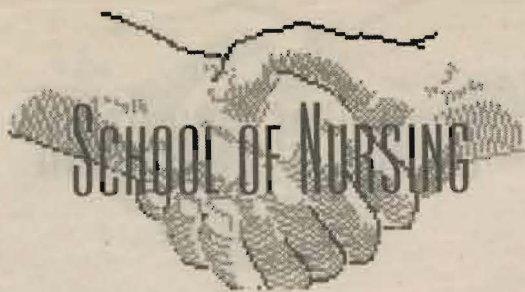
PLU's School of Education is trying to achieve this, in part, by encouraging education majors to participate in tutoring at local schools.

"This helps them see how children learn to read as well as other areas that we, as educators, need to improve on," Yerian said.

Although she said most of the changes are viewed as positive, there are drawbacks. Because of increased requirements for education majors, it takes longer for them to graduate, especially when liberal arts classes are factored into their schedules.

"In the past, an education major could complete the degree program in four years and then do student teaching. Now it's taking 4 1/2 to five years because of the increased number of classes a student must take," Yerian said.

Some local universities, such as UPS and University of Washington-Tacoma have discontinued their undergradu-



Tight accreditation deadline "was a challenge."

— Terry Miller, dean

A look back...

1937-38

First pre-nursing courses offered by PLC

1950-51

Bachelor of Science in Nursing first offered by PLC

April 23, 1951

State Board and Professional Nurse Registration gives approval for a Department of Nursing Education at PLC

September 10, 1951

Agreement made between PLC and Emanuel Hospital in Portland, Ore., for nursing students to receive clinical education at Emanuel in their sophomore and junior years

Sept. 17, 1958

State Board of Professional Nurse Registration grants full accreditation

April 1959

Department of Nursing Education receives consultation visit by the National Nurse Accreditation Service

1960

PLC becomes PLU January

On-campus program approved to replace the program at Emanuel Hospital June

Department of Nursing becomes the School of Nursing

1965

Accreditation by the National League for Nursing granted for the first time



1986

The Wellness center is founded

1992

School of Nursing sponsors Wellness Center

1999

Accreditation by the National League for Nursing

Sweatin' that small stuff

BY TANYA R. JONES

For three days all those in the School of Nursing—students, faculty and administrators—are on their best behavior, praying nothing goes wrong, and once the accreditation teams leaves, there is a collective sigh of relief.

"It's sort of like when your mother-in-law comes to visit," laughed Audrey Cox, recruiting and retention coordinator. "You just know that no matter how good it is, you still won't have it quite right."

Care changes, caring doesn't

BY AMY RANDALL

Scattered boxes and papers in hues of aged yellow and tired white clutter the table in the archives of Mortvedt Library. Although the scene is one of disarray, Shirley Aikin, an assistant professor of nursing and Pacific Lutheran University graduate of 1971, has an organized plan.

As part of Aikin's sabbatical, she and Margaret Ellickson, a 1959 graduate of PLU and the School of Nursing Alumni Historian for 1997-99, are charting the history of the School of Nursing at PLU.

Nursing education at PLU has gone through significant transitions since the university first began offering nursing courses in the 1930's. The structure of education, the curriculum and the focus of nursing education have changed through the years to keep up with changes in health care.

The Department of Nursing Education was formed in 1951, the same year PLU, then Pacific Lutheran College, initiated a program in which students would receive their clinical

education at Emanuel Hospital in Portland, Ore. Stella Nieman, a recently retired school nurse and graduate of 1957, was one of those students. Nieman said the students took their pre-nursing courses as well as some liberal arts courses on the PLC

The accreditation process is the trial and triumph of every professional school at Pacific Lutheran University. This is doubly so for the School of Nursing. The school has just completed its on-site accreditation visit by the National League for Nursing Accreditation Committee. Now they get to prepare for their American Association of College Nursing visit.

Patsy Maloney, associate dean of nursing said that the preparation is a very demanding process. It consists of preparing a self-study and then having an on-site visit from the accreditation committee. The self-study, a 400 page document, that describes in detail all the programs, statistics and future plans for the school. It is sent to the committee one month prior to their visit.

This is the first on-site visit since 1993. That visit resulted in a continued eight-year accreditation for the bachelors program and a five-year initial accreditation for the Masters of Science in Nursing program.

The new accrediting team was originally scheduled to visit in the spring of 1998 to review the gradu-

ate program only. This was delayed for one year due to the scheduled start of the new baccalaureate curriculum, changes in the master's program and the search for a new dean.

The new Dean of Nursing, Dr. Terry Miller, found that he and his administrators were working on a deadline. Miller began working at PLU in August 1998, which gave him only six months to prepare for the accreditation team's visit. "Normally an accreditation is a five to ten year process," he said. "This is the first time that I've had to work with administrators and faculty with such a tight deadline. It was a challenge."

The accreditation on-site visit that occurred this past February lasted for three days. They examined all of the School of Nursing programs and reviewed the entire new curriculum. "They talked to everybody," said Cox. "Students and staff alike. Everyone had a part in it."

During the 1993 accreditation visit the team noted that the school had some significant deficiencies: The nursing faculty received salaries below the regional and national competitive levels. Because of

campus. In their sophomore and junior years, students attended classes at and worked in Emanuel Hospital. Nieman said she and her 15 classmates did work equivalent to what registered nurses at the hospital were doing. "Sometimes, by the time we'd been there a second year, we would be assigned more leadership roles," Nieman said. "We were given a lot of responsibility."

Working and living at Emanuel was a different experience from living on campus, Nieman said. "We called Emanuel 'The Nunnery' because there were no men," laughed Nieman. And while Nieman said students were allowed to wear what they wanted in class at Emanuel, uniforms were required when working. The uniform Nieman remembered was a blue and white checked dress, starched white apron, and white hosiery and shoes. "It was a very strict dress code," Nieman said.

In 1960, the same year Pacific Lutheran College became Pacific Lutheran University, the Department of Nursing Education became the School of Nursing. With the birth of the School of Nursing, the program at Emanuel was discontinued and replaced by clinical education given in hospitals in the surrounding area of PLU.

Curriculum now in the School of Nursing, said Aikin, focuses on the community as well as the idea of holistic care, or treating the patient as a whole.

Eileen Reichert, a graduate of 1971 and staff nurse at the Children's Hospital and Medical Center in Seattle gave the example of social workers at the hospital who help families cope with having a sick child in the hospital. "Fifteen to 20 years ago, that position did not exist."

Charity Warnokowski, a junior in the School of Nursing and one of the students taking the new curriculum implemented by the School of Nursing in the fall of 1997, said there is an emphasis on caring for the community in her classes. "I would say the majority of our nursing is community focused," Warnokowski said.

The first students taking only the new curriculum will graduate in the fall of 2000. That curriculum, Aikin said, is "based on a caring philosophy and that's the underlying framework that is included in the philosophy of the School of Nursing."

So, the faded stacks of papers in the archives grow as the School of Nursing continues to improve its curriculum to produce caring nurses for the future who are capable of handling changes in health care. "We are preparing students for the next century," Aikin said.

financial restraints, the school was teaching with outdated equipment. There was a lack of diversity among the students and staff.

This has changed over the past five years. According to the 1998 self-study, the nursing faculty now earns on an average \$37,000. This is higher than the average university instructor's salary of \$33,000. The university's endowment has grown from \$9 million in 1993 to \$25 million in 1997. Because of this increase, the school has been able to improve its equipment as well as curriculum.

In addition, the school no longer lacks in diversity. The School of Nursing has physical diversity Cox said, as well as gender, and age. "We have one of the most diverse groups campus wide." She said.

Maloney said that the majority of the accreditation team seemed quite impressed with the school. One was very gracious said Maloney, and one was very quiet. "There was only one person on the committee that wasn't very cordial," she said. "She wanted to know everything and put people on the defensive."

The school is now pre-

paring for its American Association of College Nursing accreditation.

The AACN, a new accrediting agency, is still in the process of receiving recognition from the U.S. Department of Education. According to department guidelines, the agency must conduct a number of on-site visits and make accreditation decisions before they are considered for recognition. "We did our first set of accreditations last fall," said a AACN spokesperson.

The school will continue using the National League of Nursing, along with the American Association of College Nursing accreditation agency. This is because of the school's military nursing program. The military does not recognize the AACN as an accrediting agency for its nursing students yet. Cox said that the military is only asking for NLN accreditation. "We won't see a change for a couple of years," she said.

Although the final report from the National League of Nursing accreditation team is not in yet, everyone involved believes that the school did an outstanding job. "We passed," smiled Cox. "We got our accreditation."



Dana Zaichkin (left) gets his blood pressure checked by Michelle Sagiud at the Wellness Center. Photo by Josh Miller

Two-way benefit

BY KURT EILMES

Rarely these days can something both benefit from you and benefit you.

Since the school of nursing began formally sponsoring the Wellness Center, located on East Campus, in 1992, such a rare combination has occurred at PLU.

By providing a variety of health care opportunities, the Wellness Center also provides a resource for uninsured, under-insured and low-income residents in the greater Pierce County region.

The clinic also allows PLU nursing faculty to maintain their practice in a professional setting and for nursing students to gain practical experience.

Dana Zaichkin, director of the Wellness Clinic, one of the two main programs that form the Wellness Center said, "We really benefit from this association and sponsorship by the School of Nursing. The university also benefits in its representation in the community and truly being an enactment of educating through service."

The Wellness Center was started in 1986 by former nursing professor

Joan Stiggelbout.

Since opening its doors full-time in 1987, the clinic has grown to the point where in 1996 it increased its role in the surrounding area.

Despite the many changes made through its brief history, the original goal of the Wellness Center has not changed. Its mission for PLU is to provide options for community service, faculty practice and opportunities for student education.

Nursing majors must actively pursue real world experiences in their concentration to graduate. These come in the form of "clinicals" in the nursing program.

Clinicals are scheduled into the firm structure of the nursing program, with students applying what they have learned in the classroom in real-life situations at area hospitals and health care institutions, like the Wellness Center.

Not only does the Wellness Center promote nursing clinicals in its own building, it also works in conjunction with other entities and provides support services for them with nursing majors.

Sexual misconduct: Can it be resolved informally?

BY ERIC RUTHFORD
Mast news editor

It is inevitable that conflicts will arise between people in a community as large as a university, explained university attorney Warren Martin. From a legal standpoint, it is important to have a consistent way to deal with them.

Martin, along with members of the university's grievance committee, spoke to a group of about 125 staff, faculty, administration members and a few students at a training session on Monday designed to educate the PLU community about discrimination and harassment.

PLU's policy is designed to do more than the legal minimum to prevent and respond to harassment, he said.

Richard Seeger, director of Academic Advising, who sits on the committee, said informal solutions are the ideal solution to conflicts between members of the university community.

"One of the best things about our formal procedures is that they're very rarely invoked," he said, adding that about once a year is average. After someone puts a complaint into writing, an investigation is launched where only the people who need to know the entire scope of the problem are allowed to have access to the information.

If there are meetings with the complainant and the defendant, legal council is not allowed at the meetings, Seeger said.

Committee member Cristina del Rosario-Fridenstine, who is also the director of the Student Involvement and Leadership Programs, said when they begin an investigation, one of the things to worry about is what laws apply whether there is a

law enforcement agency that should be involved.

She also said a problem they encounter is that often the complainant immediately expects the grievance committee to become their advocate and make the respondent feel the punishment for having discriminated or harassed.

She said what they have to do is put themselves into the shoes of a facilitator.

The presenters then passed out a sheet of hypothetical conflicts between employees that the audience could consider for action.

The first was an example of two employees who report to the same manager. They communicate through short conversations and terse memos and soon frustrate each other to the point where they do not feel they can work together or communicate.

The panel took questions by way of index cards that questions were written on and passed to the front of the room.

One of the writers of the cards, who was not identified, said that the case obviously came out of PLU, because people are promoted into management without any training. When the writer asked, is PLU going to address this and train managers?

Next spring would be the next time a program like that could be put together, replied Susan Mann, director of Human Resources.

Another card-written question asked when the university is hiring someone, how can the way an applicant would "fit" into the organization be considered and not be called discrimination.

Martin, the lawyer, said there is nothing illegal about having a subjective element in an interview process. But, if the organization is ever called to explain its hiring decision, he said, "You have to be able to articulate that to people."



Photo by Eric Ruthford

Susan Mann, director of Human Resources, explains the role of the grievance committee once a written complaint is submitted at a training seminar for faculty, staff and a few students in Chris Knutson Hall.

continued from page 1

KOSOVO

political instability," he said. Despite this reputation, he said, Balkan peoples are not the exceptionally warlike peoples other regions may stereotype them as. He referred to this stereotype as "pseudo-historical libel."

Kosovo, he said, fell to the armies of the Ottoman Empire in 1389. Prior to this, it was a Serb territory, but over the next five centuries the Serb population was largely, though not completely, replaced by an ethnic Albanian majority.

Despite this transfer in population, he said, the Kosovo region is still important to Serbs because historical Eastern Orthodox monasteries and churches are located in the region.

Kosovo was later recaptured by Serbia, Grosvenor said, and became part of the new kingdom of Yugoslavia in 1918, after World War I.

Since World War II, Kosovo has been a province of the Serbian republic within a Yugoslav federal state. It possessed a large degree of autonomy until 1987, when current Yugoslav President Slobodan Milosevic took power in Serbia and reestablished direct Serbian rule over the region.

After Milosevic's action, Grosvenor said, nonviolent protest against Serb rule began. After the breakup of Yugoslavia in 1991, the protest turned violent, and in 1993 the Kosovo Liberation Army formed.

Professor Ann Kelleher, also of the political science department, presented a slide show on the neighboring country of Albania, which she visited in 1994 on a study-abroad program with PLU students.

Many Kosovar Albanian refugees have fled to Albania since NATO bombing and the major refugee movement began. Kelleher described the destabilizing tendencies of foreign troops in areas such as Albania, which already has a fragile government and floundering economy.

"What the West does will have a direct impact on the countries

surrounding [Yugoslavia]," she said.

"What's going to happen when thousands of American and European troops come?" she asked. Coming into a country on a military mission looks simple enough, she said, but in reality is not.

"Where have we done this that hasn't served to destabilize the country we're in?" she said.

The final panel speaker was Bobi Dimitrijevic, a Swedish international student who is ethnically Serbian and has relatives still in Yugoslavia.

"I'm not going to be a spokesperson for the Milosevic regime," he said. Many different opinions persist in Serbia, he said, but the bombing has tended to unite Serbians.

"There are some facts I think are kind of conveniently forgotten in Western media," he said. Ninety percent of information the media gets comes from military sources, he said, and propaganda exists on both sides.

The West didn't help the 1.5 million protesters who objected to Milosevic in Belgrade before widespread ethnic cleansing in Kosovo began, Dimitrijevic said, and it didn't support nonviolent protesters in Kosovo in the late 1980s and early 1990s.

Serbs, he said, question why NATO is so selective in the humanitarian missions it chooses to undertake. He listed a series of incidents where NATO has not taken action, including in Tibet and Algeria.

"There is no question, though, that rights have been violated," Dimitrijevic said. Kosovo, though, is the Serb Jerusalem, he said; "they will not give up Kosovo."

The second half of the teach-in featured short presentations by five student presenters from the Integrated Studies 226 class: Taryn Loftness, Chris Duppenhaler, Matt Hubbell, Ari Mattson, and Jamie Unger. The students analyzed various issues surrounding the Kosovo conflict.

Following the student presen-

tations, the audience was given a chance to discuss the conflict in general, and topics that arose during the course of the evening.

One audience member asked whether ground troops are necessary, Grosvenor answered that peace will have to come from within Serbia. He stated that 60,000 NATO troops wouldn't solve the problem.

In response, business professor Eli Berniker asked, "Are we going to watch it or do something about it?"

Berniker said he didn't have any specific answers as to how to solve the situation, but felt some kind of action was necessary.

"I wish there was an answer," he said.

Berniker felt, however, that much of the evening's discussion was too "comfortable," focusing on how to fight a "clean war."

"I don't know that there can be a clean war," he said.

Another audience member asked the panel members if they felt there were parallels between Hitler and Milosevic.

"A little bit, I see a similarity between Milosevic and Hitler," Niki responded.

Dimitrijevic disagreed, saying Milosevic was bad, but no Hitler. Furthermore, he said, Yugoslavia is not the world power Germany was preceding World War II. It can't be regarded as a legitimate threat to neighboring countries.

Audience member Keith Pranghofer asked the panel what other vital interests could be involved that warrant U.S. involvement in the Kosovo situation.

Grosvenor stated that a new, "Clinton Doctrine" is developing in American foreign policy. This doctrine, he said, states that when a military goal is in line with, or at least not in conflict with, traditional strategic goals, American entry into a situation is considered legitimate.

Finally, an audience member asked, "what do we do now?"

"You've hit the nail right on the head," responded Kelleher. The question, she said, is "what

is worth American soldiers' lives?"

There are three levels of foreign involvement, she said: the narrow purpose of protecting natural resources; relationships with other regions, such as Western Europe, which considers Kosovo a "gut problem" of importance; and preservation of the international rule of law — in this case, human rights law.

The question of what level of foreign involvement the United States should engage in is what is dividing the country, Kelleher said.

She suspects most Americans don't yet support intervention at the third level.

Students attending the teach-in said they came to develop a better understanding of the issues surrounding the conflict in Kosovo.

"I'm here because we keep hearing about it in the media, but I really don't think anyone has a clear idea what's going on," said sophomore Tarah Demant. She wanted to gather more information on the situation, she said.

"I'm really against war," said sophomore Josh Dasler, "but when you hear 'ethnic cleansing' over and over, it really raises up a lot of instant reactions."

"I think this represents the best of the integrated studies program," said Robert Stivers, a religion professor and the current chair of the program, citing the interdisciplinary nature of the discussion.

A second Kosovo teach-in is scheduled for May 5 at 8 p.m. in Leraas Lecture Hall. Departing history professor Christopher Browning will speak, as well as Grosvenor and Kelleher.

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ASPLU adds money for stipends, Impact budget

BY ANNE KALUNIAN
Mast reporter

The last big project for ASPLU's former finance director, Nikki Schneider has been a success. The new ASPLU budget passed at Tuesday's Senate meeting.

To create the budget, Schneider asked all of the directors to come up with a proposal for their individual budgets.

ASPLU President Robby Larson said that Schneider spent a mass amount of time working on the budget.

Once the budget was written and put together, Schneider called Erv Severtson to ask for an extra \$2,000.

Schneider did not get the \$2,000, but was given an extra \$1,000.

Larson said, "I was amazed and very happy at what Nikki was able to accomplish with the budget. I was also so amazed that she was able to get the extra money from Erv," Larson said.

There are two changes in the budget that are different than previous years.

The first is that the programs director is going to get a reduction in responsibilities and also a reduction in pay.

The money that was removed from the programs director stipend will be used to pay the four chairs of the programs committees.

In return for being paid this year they will receive additional responsibilities.

The other change is that the finance director's stipend is going to be cut by \$1,000 and the money will be divided among the off campus relations budget, Christian relations budget and the budget for diversity.

The additional money to these three budgets may be spent on anything except programming.

If a director wants to plan a program they have to go to the programs director and request money from the programs budget.

"I was amazed at what Nikki was able to accomplish with the budget."

-Robby Larson

1999-2000 ASPLU Budget

	1998-1999	change in \$	1999-2000
Administration	10,508	5,081	13,965
Adm salaries	19,491	(2,890)	16,601
Personnel	2,800	(1,000)	1,800
Diversity	3,501	408	3,909
Christian Rel.	2,326	333	2,659
Commuter Rel.	3,266	334	3,600
Intramural Sports	2,960	(1,920)	1,040
Appropriations	9,100	—	9,100
Special proj.	11,274	(2,764)	8,510
Homecoming	2,255	—	2,255
Fall Cheer	2,255	—	2,255
Spring Cheer	1,140	—	1,140
Impact	5,765	3,008	8,773
Lecture series	14,200	473	14,673
Prog/formal dance	\$0	472	472
Outdoor Rec	6,376	649	7,025
Movies	350	—	350
Entertainment	20,000	473	20,473
Special events	14,150	(2,528)	11,622
Cave	24,293	—	24,293
Games Room	3,490	2,495	5,985
Total	\$159,500	1,000	\$160,500

Larson, Pickett appoint games room, Impact directors

BY ANNE KALUNIAN
Mast reporter

With only three weeks of school left, ASPLU President Robby Larson and Vice President Greg Pickett appointed new directors for Impact and the Games Room.

The new Impact director is former ASPLU Vice President Ryan Bebe-Pelphrey. He is replacing Pete Collins, who has been the director for the past three years and is graduating this year.

This year's new Impact production manager is Kari Macauley.

ASPLU President Robby Larson said he and Vice President Greg Pickett, have decided

to re-open the position of Cave director and have not yet determined how long.

Keith Pranghofer, former director of the Cave, who is responsible for airing South Park, Sports Center, and WCW Nitro will have to wait before the identity of his successor is revealed.

The man in charge of making sure the video game-deprived students and pool sharks have a place to go is Erik Samuelson, who will be the new director for the Games Room. Samuelson is replacing Tom Miller.

Bebe-Pelphrey's duties as Impact's director are to market development aimed at increasing service to and revenue from clients external to ASPLU. Bebe-



Ryan Bebe-Pelphrey



Kari Macauley

Pelphrey is also in charge of hiring the student who produces the Daily Flyer.

Bebe-Pelphrey said his goals for Impact are to see the bigger picture. Bebe-Pelphrey said, "Collins and (former production manager) Munson have done a good job of establishing Impact's identity but we (Impact) need to

make sure students and Impact employees realize we are a part of ASPLU which is for the students."

To make sure Bebe-Pelphrey and Impact are up, running, and providing the most artistic, professional service available is Impact's new production manager, Kari Macauley.

For the past two years Macauley has been a Senator in ASPLU and has kept her eye on this position for a while now. "I'm excited about in and shaking things up," Macauley said.

Macauley is majoring in business, graphic design, and women's studies.

Macauley said she is the type of person who critiques something but only if she is an active member in it. "I am a headstrong person and have no problem saying that I think something is wrong or this can be fixed but only if I am involved because

then after I critique something I can help fix it and see change," Macauley said.

Macauley said the big goal that both she and Bebe-Pelphrey want to work on is tying Impact more to ASPLU without Impact losing its individuality.

"I love student activism and am excited about bringing a fresh and new vision to Impact," Macauley said.

This year's new Games Room director is Erik Samuelson who is also Alpine's hall president.

Besides being in charge of a room filled with games, Samuelson has more duties that include writing a purpose statement and plan of action.

Like the Cave director, Samuelson has to submit a complete monthly financial statement by the 5th of every month to the

Finance Director, Aimee Sieverkropp.

According to Vice President Greg Pickett, every year the Games Room ends up in the black.

Samuelson is also responsible for all marketing, advertising, sustaining, and enhancing the video rental service.

He has no previous experience in ASPLU but has been an active member in RHA.

Samuelson said his main goal is to get couches and tables in the Games Room. He also wants to have free board games, cards and food.

"I want to make a deal with Cave so students are able to order food like Nachos and shakes from the Cave and have them delivered up to the Games Room. My focus is to get more people to use the Games Room," Samuelson

"I am a headstrong person and have no problem saying that I think something is wrong or this can be fixed..."

-Kari Macauley

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ASPLU Senate election results

- Sean Howell, at-large senator ...
- Chris Lyck, at-large senator ...
- Jamie Gabriel, at-large senator ...
- Nikki Schneider, off-campus transfer senator ...
- Josh Holmes, lower campus senator ...
- Rick Gorka, upper campus senator ...
- Pete Mahoney, off-campus traditional senator ...
- Andrew Pierce off-campus at-large senator ...
- Troy Martin, off-campus adult senator ...

*None of the candidates was opposed

Unfilled positions:

- One lower campus senator
- One upper campus senator
- One international senator
- Two clubs and organizations senator

Two positions will be filled in the fall:

- Off-campus freshman senator
- New student senator

Chennault leads offensive Lutes in Pacific sweep

BY ABBY WIGSTROM
Mast reporter

Jay Chennault, third baseman for the Lutes baseball team was named Northwest Conference Athlete of the Week for his 11 hits, six RBI's, four doubles and 11 scored runs this past weekend in the three game series against Pacific University.

The series began Saturday with a double header on the Lutes home field. Led by sophomore pitcher Jeremy Robbins, the Lutes dominated at the plate winning the game 13-6. The momentum and hitting display carried over into the second game of the double-header in which the Lutes won 10-9.

Head coach Larry Marshall attributed the wins to the offensive dominance of the Lute ballclub and that it "has been the strength of the team."

"Our offensive production is no surprise," Marshall said.

"We are very strong offensively and it carried us through the games."

The third game, led by pitcher Brian Farman, the Lutes wrestled

for another win. Tearing down three of the Pacific pitchers, the Lutes accumulated 12 runs, including a solo home run from catcher Brendan Selders and a two run homer from outfielder Kyle Bowers, to take the game 12-6.

This past weekend was good to the stats, Marshall said. "We are very close to breaking a lot of offensive season records. We are hitting .327 for the season as a team, which is extremely good." Among those records close to being broke, Marshall said, is the record for doubles hit in a season, held by Todd Jewett who hit 18 in 1987. Another one is the at bats record, set by Jay Chennault last season, which stands at 151. Chennault, Marshall said, is the one who is in line to break those records.

The Lutes were scheduled to play the University of Washington, Wednesday, but due to over-scheduling, UW cancelled the game. The Lutes next match-up is scheduled for today, in Portland, against Lewis & Clark at 3 p.m. They play again Saturday in a doubleheader at 1 p.m.

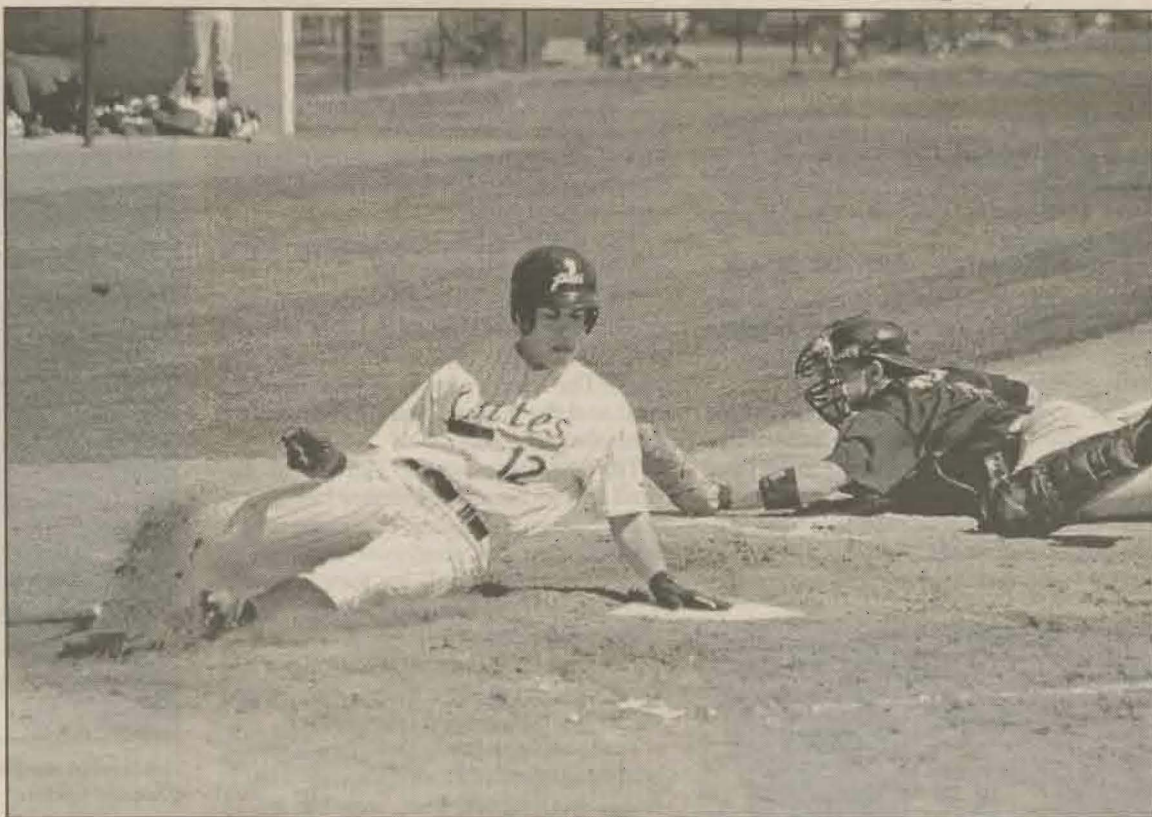


Photo by Nathan Lunstrum

Outfielder Rob White (12) slides past Pacific's catcher Kirk Duncan who tried to tag White. White was safe, and PLU went on to defeat Pacific in all three games.

Tennis teams win last conference titles for Benson

Women finish season undefeated against conference opponents

BY CRAIG COOVERT
Mast reporter

It came as no surprise to the rest of the league when the women's tennis team ran away with the Northwest Conference Title last weekend.

The lady Lutes, who went into the tournament undefeated in league, had no problems winning the title.

In their first match the Lutes defeated Whitworth, which set up a rematch against Lewis & Clark, who the women only beat 5-4 earlier in the season.

This time, it would be a different story though. After a somewhat slow start in the doubles matches, PLU caught on fire, and beat Lewis and Clark 9-0.

"We always start slow," se-

nior Janel Broderson said. "It never bothers us though."

Broderson thought the team into the tournament very relaxed, which had to do a lot with their victory over Lewis & Clark.

The victory over Lewis & Clark put PLU into the championship match. They had been figuring they would be playing Whitman, who twice PLU had close matches with.

But Whitman lost to Linfield, setting up a PLU/Linfield match.

"We were somewhat relieved we didn't have to play Whitman," Broderson said. "But Linfield gave us a really tough match."

Head coach Mike Benson said it really didn't matter who they played, he thought they won from how well they were playing.

PLU beat Linfield 7-2, but Broderson said every match was tough.

In Broderson's match, she won

See TENNIS, Page 17

Men take eighth straight conference title for Benson

BY CRAIG COOVERT
Mast reporter

The men's tennis team captured the Northwest Conference title last weekend and sent head coach Mike Benson out with eight consecutive conference titles.

Benson, who finished his career with 25 conference titles, was extremely happy for the team.

"This team was a really solid group of people who worked hard all season," Benson said. "They deserved it (the conference title)."

The title did not come easy, though. The men were in two tight matches against Whitman and Willamette. Benson described both matches as "closer than close."

Senior Rob Thornton looked like a prophet after the men beat

Whitman, 4-3 in the semifinals, after loosing to them twice during the regular season.

Thornton said that before going into the match he thought they would be able to beat Whitman if they played them again.

In the finals, the men battled Willamette, who they beat fairly easy during the regular season.

Both Benson and Thornton said Willamette was a much better team than when they played them earlier in the year.

Benson said that this match was even tighter than the Whitman match, with almost every match going down to the wire.

Once again PLU picked up the big wins, coming away with a 4-3 victory and the conference title.

"It is a great accomplishment to win both of those matches," Benson said. "They went through a lot of physical and mental strain."

Benson was impressed with the group because when it came time for them to take it to another level they responded to the challenge and came away winners.

"They went into the tournament with a goal and achieved it," he said.

Benson said he could not have foreseen a better ending to his career.

Thornton said, they were not thinking about the fact that Benson was leaving while playing, it was an incentive to win the conference title.

Although Benson's career is ending this year, he will be remembered as one of the most successful coaches at PLU.

MIKE BENSON's
numbers as PLU coach:

Men's: 400-196
Women's: 90-35

Tiomila - Orienteering's toughest competition

Every sport has that one competition or event that defines the sport itself. Baseball has the World Series. Football has the Super Bowl. Hockey has the Stanley Cup. Soccer has the World Cup.

Orienteering has Tiomila.

Orienteering is the sport where one uses a map and a compass to find certain marked spots in the terrain, usually a forest. (Cub scouts usually do this at one point or another.) Orienteering, traditionally a Scandinavian sport, has slowly conquered the world and has actually made it to the United States. But it's a very, very small sport in comparison to the giants like baseball, basketball and football in the U.S.

Orienteering is a sport that is mainly individual, the runner, the orienteer, against the clock. When everyone is finished, the runner with the shortest time is the winner. There are different classes depending on age, experience and gender. The competitions are usually during the day, but there are night ones as well.

Tiomila, on the other hand, is a relay competition that lasts for 24 hours. It's the biggest competition during the whole season and what teams are training so hard for during the winter. Favorite stories are told about the 'long night,' which is the third or fourth leg of the relay, normally taking two hours to complete for a runner.

Tiomila started in 1945. A team consisting of ten men ran the relay for an approximate distance of ten metric miles, hence the name 10-mila. (Tio is 10 in Swedish.)

Since, the competition has grown. This year 375 teams lined up on the starting line at 10 p.m. to start



Lena Tibbelin IN THE STANDS

the race for the finish line 11 hours later. The guys run through the night with head lamps and the race isn't over until the sun rises.

It's a thorough test, both physically and mentally. It doesn't matter how good you are - everyone from a member of the national team, to the practice-once-a-week guy, can be part of it - which is the magical charm of it. It's a team effort and all ten men need to contribute for success to occur.

My orienteering club, Turebergs IF (TIF) that I compete for, is one of the four clubs that has completed every single Tiomila relay since 1945, winning once in 1949. The last couple of years, TIF has struggled to get 10 healthy guys to be able to run, but somehow the stubborn instincts of the orienteers have shined through. We have finished every single one, though we at times have had guys hobbling through half the course with a twisted ankle, just to make sure we are still in the all-time race.

Last weekend it was time for Tiomila again. My e-mail inbox flooded with reports on the prospective line-ups and requests for a coach for the guys during the night. That's what hit my 'want-to-go-to-Sweden' button, the

request for a coach.

Four years ago I was the coach for TIF's men's team, and was awake for 36 hours. I made sure every team member went to bed, got woken up, had breakfast, ran his leg and handed it over to the next guy. I cheered them on at the finish line when they ran the last hundred meters, exhausted and tired, but stubborn enough to continue to the end.

I handed them water bottles and coats. I thanked them for doing a great job, and I didn't go to bed until the tenth guy crossed the line and I got a sweaty hug and celebrated with the team.

I love Tiomila and the atmosphere. To see 375 guys run out in the night with the head lamps is a sight one never forgets; the snake of lights coming back through the dark woods is spectacular, and to breathe the man-against-man competition for a day takes me far away from all the stress of the city. It's the thrill of the competition that excites me and keeps me awake. Every year I spend here at PLU I miss this competition even more.

I still hear the stories, but it's not the same.

I wasn't there, but the guys from TIF did it again. They finished as the 247th team, 4 hours and 15 minutes after the winner, Halden of Norway. Tureberg took 15 hours and 20 minutes to run Tiomila.

No matter how far away I am from Tiomila, I still know the importance of Tiomila and in substitution of not being there I'll re-live my memories and dream about dark April nights with headlamps in the forest.

Warmth, winds, and wins at Cascade Sprints

BY KATHRYN WOOD
Mast assistant sports editor

Crews from 13 different colleges gathered at American Lake on April 24 to compete in Cascade Sprints, the Northwest Collegiate Rowing Conference Championships.

Harry Todd Park, the finishing point for the races, was littered with crews, boats and fans. The sun was shining brightly and the water was calm as the preliminary races got underway.

PLU's men and women's varsity eight boats came in second in their preliminary heats, each earning a spot in the finals later in the day. Heavy recreational boat traffic and cross-head winds caused rough waters during the finals.

The women's varsity eight took a sec-

ond place finish to Willamette, the team they fell to in the preliminaries.

The men's varsity eight fell to Western Washington University in a close race. The second through sixth place finishers all crossed the finish line within five seconds of each other.

The novice teams also had a strong showing at Cascade Sprints.

The men's novice eight boats competed in only one race, due to the fact that the preliminary race was combined with the finals. The men's novice A boat finished third and the B boat finished sixth, out of eight competitors.

The women's novice eight boat finished first in their preliminary heat, beating UPS by nine seconds. Due to the rough conditions in the afternoon they fell to rival UPS in the finals by four seconds. PLU also entered some lightweight boats in the competition.

Those competitors who are under 130 pounds for women or 160 for men, compete in the lightweight competition.

There were no finals for lightweights at Cascade Sprints. PLU's men's novice lightweight four placed first, winning by 13 seconds over the second place finishers.

The women's novice lightweight four finished third out of six. This was a good finish for the crew, who have only raced this lineup twice. One Lute teammate even raced in a singles race.

Adrian Storb competed in the singles race for PLU. Storb had a strong finish, second out of four boats on the 2,000-meter course (the same course raced by the eight and four boats).

When looking back on the day head coach Doug Nelson said, "I just felt that across the board it was a strong showing for our team."

The men's team had a particularly successful showing.

At the end of the day the Lute men (both varsity and novice) brought back



The Novice women's eight boat listens to coach Heather Anderson, right, by the dock at Cascade Sprints.

Photo by Josh Miller



Photo by Josh Miller

Novice Laura Peterson prepares for her race with the novice eight boat.

yet another championship banner to decorate the PLU boathouse. The title is given to the small college crew with the most accumulated points from the day.

Closing the day and looking toward the end of the season, the varsity men and women prepare for tomorrow where they will compete in the Opening Day regatta in Seattle.

Both teams received invitations to compete in this regatta. The women will race in the prestigious Windermere/Cascade cup. This regatta will draw teams from all over the USA as well as a few foreign crews.

"Anytime you get invited to that regatta [Opening Day] it's a great honor," said Nelson. "Some of the top crew teams from around the country will be racing in it."

Races begin at 10:30 at Mountlake Cut in Seattle. To get to Mountlake Cut go north on I-5 and take the 45th street exit. Go east through the U district and the University of Washington campus. At the bottom of the hill take Mountlake Blvd. to the Cut.

Jacobson leads Lutes at CWU

BY PETER WHITE
Mast reporter

The men and women's track and field teams each placed second at the seventh annual Central Washington University Spike Arlt Invitational at Ellensburg last Saturday.

The men's team finished behind host CWU, but competed hard, and had several personal best performances. These include the men's 4x100 relay team, run by Eric Woodyard, Seth Berghoff, Shipley Ennis, and Judd Hunter in 41.58, breaking the old school record of 41.84.

Luke Jacobson, who won the hammer throw, the discus, and the shot put was named co-athlete of the meet, along with the CWU men's 4x100 team.

Jacobson said, "Usually Tony Hoiby from Central and I are competitive, but he was a little off, and this meet wasn't as close as I expected. I have been really impressed with our whole team, we have had about seventy personal records in the last two weeks, and even set a few school records."

Jacobson, a senior from Selah, WA, only started track and field his sophomore year of high school, and is the early favorite to win all three events that he competes in at the upcoming Conference Championships tomorrow.

"If all goes well I should come out on top

at the Conference Championships as long as I don't scratch or fault," Jacobson said. "But, that's the tough part of the hammer throw, or discus, if you lean slightly wrong, it may fly way out of bounds."

Jacobson has dominated competition his entire PLU career, but this amiable giant still has a few goals to capture before this senior season is over.

"I want to set school records in the discus and hammer and I want to repeat as national champion in the discus, especially since we moved up to NCAA Division III," Jacobson said. "If we have the right conditions these next few weekends our whole team has the potential to break records."

The women's team was also had a good showing. They were led by Sarah Axley, who broke the old meet record in the 200-meters of 25.04, by running it in 24.97.

The Lutes 4x100 women's relay team, run by Corinne Lay, Kristi Osborne, Christine Axley, and Sarah Axley, also set meet and stadium records with a time of 47.48.

Both men and women's teams will compete tomorrow at the Conference Championships.

Jacobson said, "On the men's side our toughest opponent should be George Fox, and the women should have a close meet against Linfield, but if all goes well we can come out on top."

PLU top finishers from CWU Spike Arlt Invitational

Men's results	Event	Place	
Eric Woodyard	100-meters	3	11.06
Ryan Warren	800-meters	2	1:56.76
Forrest Griek	1,500-meters	2	3:59.98
Chris Berthoff	110-meter hurdles	3	16.34
Eric Woodyard	400-meter hurdles	2	54.29
PLU	4X100-meter relay	2	41.58
Regis Costello	Pole vault	3	14-1.25
Seth Berghoff	Long jump	1	23-4
Judd Hunter	Long jump	3	22-0.25
Davy Logue	Javelin	2	193-4
Luke Jacobson	Shot put	1	52-10
	Discus	1	171-6
	Hammer	1	181-5
Women's results	Event	Place	
Christine Axley	100-meters	1	12.42
Sarah Axley	100-meters	2	12.54
Corinne Lay	100-meters	3	12.63
Sarah Axley	200-meters	1	24.97
Kristi Osborne	200-meters	3	26.11
Maree George	800-meters	2	2:22.71
	1,500-meters	1	4:48.39
Kristi Osborne	100-meter hurdles	1	14.7
Corinne Lay	400-meter hurdles	1	1:03.65
PLU	4X100 relay	1	47.48
Kristi Osborne	Long jump	1	18-8.5
Laurie Lobdell	Triple jump	3	29-4.25
Leslie Seelye	Shot put	2	37-7
	Hammer	2	151-1

Intramural softball - a favorite game for Lutes

BY MATT LOKAN
Mast intern

Here at PLU, intramural sports are played with a sense of competition and camaraderie. And now it's softball season!

This year there are 28 teams and over 300 players in the league.

Craig McCord, the man behind intramural sports at PLU, said, "It's a cross between an official game and a pickup

game. We focus on fun, fitness, and fellowship."

This seems to be the common outlook by intramural players.

Junior Greg Kuhlmann of the Parkland Pizzazz team said, "It's not about getting the hits... it's about being outside spending time with your friends."

Chris Angel, the captain of the El Bano De Diablo team, said, "Softball is my favorite intramural event of the year. This is the sport I look forward

to playing. It's great because it's so laid back."

Garrett Schroeder of the 2W team commented "I make it enjoyable for the other teams by hitting the ball to them every at bat for one more out." By the time spring rolls around the field has taken a beating from other intramural sports throughout the year. The IM softball players are left to play on a sandlot.

When softball starts up the pot holes are deep, the turf is

shredded, and yet teams are excited to play.

The field isn't an issue. The people just want to "play ball."

Foss Field is the PLU "field of dreams" for all those athletes reliving the glory days or those making memories with friends.

It's a great feeling, walking around campus and hearing the crack of the bat. It's the American past time and PLU is taking part.

Powder Puff Football UPS defeat PLU

BY TYLER SHILLITO
Mast reporter

At Saturday's Foss Fest the PLU powder puff team played a well prepared UPS team.

In temperatures around seventy degrees, over forty PLU football playing girls suited up to face a determined UPS squad.

The annual gridiron classic was slugged out on Foss Field, seeing 7-0 victory for the physical Loggers' team.

When talking about the hard-hitting action of the game, freshman Lauren Ingram "things were getting rough." The game was a real slug fest in the trenches.

UPS was lead by the strong arm and hard hitting shoulder of their quarterback, who according to sophomore

Whitney Martin "was a brute, she just dominated play."

With the intensity of the game rising, the flag grabbing changed from a social swipe to more of a anti-social hit. Tension between the teams continued to grow when referee Pierre Tutty made a pivotal call that gave the Loggers a second opportunity to score, on which they capitalized on.

This touchdown would prove to be the fatal score for the Lutes who were unable to move the ball in the defensive battle of Tacoma's football giants.

Compared to last year, the defeat was not as embracing. The post game sentiment of the team was that it was a game that could have belonged to the Lutes, and will definitely next year, according to Ingram.



A powder puff playing Lute runs down the field, diverting the Logger block.

Photos by Ty Kalberg



A group of powder puffers tries to block the ball being passed to a receiver.



Team huddle for PLU to plan the next play.

Tennis

continued from page 15

in three sets, and had to come from behind to win.

Halfway through the third set, Broderson was down four games to three.

"I was down 4-3," Broderson said, "then all of a sudden I won two straight games and was ahead 5-4."

In the next game, it was tied at 30 when the Linfield player got an overhead. She smashed it right at Broderson, who simply stuck her racket out. The ball bounced off the racket, went over the net, and Broderson got the point.

"That was a turning point in the game," Broderson said.

The Linfield player then double faulted on the next point, allowing Broderson to win the match.

"I was really pleased winning that match," Broderson said, "because last year I lost to that girl."

Broderson was the only one excited about winning.

The Lutes were excited about their conference title be-

cause it also was more than just a championship for them.

"A lot of us cried after we won," junior Shayna Cusack said. "There were a lot of emotions with Benson leaving and all."

The title was a perfect way to send off Benson, who will be retiring at the end of this year.

Cusack said she was also happy that Broderson got her first conference title in her four years here at PLU.

Broderson graduates and leaves a strong line-up for the Lutes, who will have to focus on finding a new coach.

Cusack believes that the new coach will have tough shoes to fill, because "no one will be able to replace coach Benson."

Benson, himself, couldn't have thought of a better way for his career to end.

"Having both teams win on the same day was a very satisfying way to end," he said.

Golf at NWC champs

BY TYLER SHILLITO
Mast reporter

On May 3-4 the PLU men's golf team will head into the biggest tournament of the season, the Conference Championship at Tokatee Golf club in McKenzie Bridge, Ore. But winning the conference championship will not necessarily assure the Lutes a spot in the national tournament. So the team will have their fingers crossed, hoping that they will be selected to go again this year.

Going into the conference championships the Lutes are lead by the senior Captain Chad Roraback, who last year won the event in stellar form. He led the team to the national tournament.

Freshmen Ty Kalberg said in reference of the upcoming event, "Winning the Conference Championship is what we have all been working hard for."

As for the women's team, junior Sarah Groesch and senior Megan Smith, will lead the team at the Women's Northwest Conference Championship in Redmond, Ore. The competition started yesterday and will continue today and tomorrow.



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Be a Lute! Watch sports!

Softball sweeps Loggers

BY ANDREW BENTZ
Mast senior reporter

Junior first baseman Tharen Michael set yet another PLU record during the non-conference wins against cross-town rival Puget Sound, 2-0, 4-0, on Wednesday.

In the course of the doubleheader, Michael had two singles that helped her pass the record of 104 bases set by Leta Baysinger in 1992. Michael currently has 105 bases with two games left to increase her total.

Earlier this season, Michael also set the record for most home runs in a single season, currently at 10, breaking another of Baysingers' records.

In the first game against Puget Sound, both teams held each other at bay until the fourth inning. Freshman pitcher Melissa Korb hit a single to right field that brought home Michael.

Next at bat was sophomore outfielder McKenna Dotson. Dotson hit a double into deep right field, bringing in senior outfielder Carli Rasmussen who was walked earlier in the inning. This gave the Lutes a two run lead, which was enough to get past the UPS team.

In the bottom of the fifth in-

ning, freshman catcher Shannon Fritzke hit a ground ball to UPS shortstop sophomore Jenny Erickson. After she hit the ball, Fritzke was only able to hobble about 8 feet from home plate, before she bent over holding her left knee.

Assistant coach Leanne Noren helped Fritzke off the field and after the game ended she was escorted to the hospital, where her knee was examined. The extent of her injury is unknown at the time when the Mast went to press.

PLU's defense held the Loggers to no runs on the four hits in the game. Korb received her 20th win of the season to increase her record to 20-1, the best in the Northwest Conference.

"I struggled at first, but as the game went on I was getting more spin on the ball and throwing harder," said Korb.

The second half of the doubleheader saw the Lutes win by a score of 4-0.

In the third inning, PLU took a two run lead when Michael hit a double to deep left field, bringing in both sophomore pinch-runner Heidi Wilson and junior shortstop Michelle Iannitto.

Wilson was pinch-running for freshman catcher Amy

McGlinchy. McGlinchy singled at the top of the inning.

The fourth inning saw PLU drop the Logger batters 1-2-3. One line drive and two pop flies saw UPS go down in order.

In the bottom of the fourth inning, senior Salena Goudreault singled to left field to get the Lute offense going. Dotson then hit a ground ball to UPS freshman pitcher Meghan Walsh, who looked at first base, hesitated, and then made a throw to second base. The throw was low and allowed Goudreault to make it on base.

Next, Korb hit a single off the left field wall that allowed Goudreault to score. McGlinchy then hit a single to Erickson, who bobbled the ball, allowing McGlinchy to get to first.

With the bases loaded, Iannitto hit a single to left field, bringing in Dotson. But during the play, Korb was thrown out at third base. Junior third baseman Mandy Flores was walked, loading up the bases again for out-



Photo by Ty Kalberg

Junior shortstop Michelle Iannitto throws the ball home against Whitworth.

fielder Irene Bryant.

Bryant hit a ground ball to the third baseman, who threw home and got the force out on McGlinchy. The catcher then turned and threw to first, making the double play against the Lutes.

Both teams held each other at bay for the rest of the game. The Lutes completed the two game sweep of UPS, 4-0.

In the circle for the Lutes, freshman Cherstin Johnson notched a season high 10 strikeouts, walked

four batters and allowed only three hits.

"I felt like a roller coaster. Pitching good, then not so good," said Johnson. "I would have liked a little more consistency."

With these wins the Lutes are hoping to move up in the NCAA division III polls.

Goudreault said, "This helped our rankings. We are tied for second in the region, hopefully this will push us over the top."

Lutes remain undefeated in conference play

BY ANDREW BENTZ
Mast senior reporter

The Pacific Lutheran softball team remained undefeated in conference after defeating the Whitworth Pirates in a doubleheader this past weekend, 6-0, 9-0.

PLU opened the first game with a four run inning. Freshman catcher Shannon Fritzke and junior first baseman Tharen Michael both hit singles that brought in runs. Later in the inning, Fritzke and Michael were allowed to score by errors from the Whitworth defense.

After the first inning, the Lutes scored only twice, both runs coming in the fifth inning. With two runners in scoring position, senior infielder Salena Goudreault tagged up and scored off a fly ball hit by sophomore outfielder McKenna Dotson. Whitworth made the out but allowed Goudreault to score.

Next at bat was junior shortstop Michelle Iannitto, who hit a double to bring in Korb. This brought PLU's total to six runs,

which is where it stayed until the end of the game. The Lutes were victorious over the visiting Pirates, 6-0.

In the circle for the Lutes was freshman hurler Melissa Korb. Korb pitched seven innings allowing two hits, no walks, and striking out 14 Pirates. With the win, Korb improves her season record to 19-1.

"I thought my change up pitch was working better for me against Whitworth," Korb said. "It's a pitch that I have been working on hard at practice."

The second game of the afternoon, saw the Lutes win by the

eight run mercy rule in the sixth inning to secure the victory over Whitworth, 9-0.

PLU was the first to strike, scoring two of their nine runs in the first inning. Senior outfielder Carli Rasmussen hit a single that drove in two RBIs.

In the third inning, the Lutes added a lone run to their total when Fritzke hit her sixth homer of the year.

"I hit a strike and I happened to hit all of it," said Fritzke.

The Whitworth defense kept PLU at bay until the sixth inning when the Lutes scored six runs to end the game.

Korb tripled, bringing in sophomore Heidi Wilson. Freshman infielder Irene Bryant hit a single that also brought home a run. Two more Lutes come home when Fritzke singled.

The batting order made it all the way around when Wilson singled and drove home an additional two runs.

"I hit a ball up the middle that scored the winning runs. It felt good," Wilson said.

That hit ended the game, with PLU defeating Whitworth 9-0.

Pitching for the Lutes was freshman hurler Cherstin

Johnson. Johnson notched her 16th win of the season while allowing only one hit, one walk and five strikeouts.

All players are going to need to be in prime form going into the last doubleheader of the regular season. The last games are Sunday against Whitworth in Spokane. Game time is at noon.

Going into the homestretch of the season the players are looking for some late improvement.

Michael said, "You can look for some huge stepping up in focus and intensity during the last games of the season."

Sports on Tap

Week of April 30- May 6

Baseball

April 30 — vs. Lewis & Clark 3 p.m.
May 1 — vs. Lewis & Clark (DH) Noon

Crew

May 1 — Opening Day Regatta 10 a.m.
Mountlake Cut, Seattle

Golf

April 29-30 — Women's NWC Championships
Redmond, Ore.
May 3-4 — Men's NWC Championships
McKenzie Bridge, Ore.

Softball

May 2 — vs. Whitworth (DH) Noon

Senior Sports Awards

May 2 — PLU honors senior athletes 7 p.m.
Olson Auditorium

Track & Field

April 30-May 1 — NWC CHAMPIONSHIPS 10:00 a.m.

HOME GAMES IN BOLD CAPS

Lute Scoreboard

Week of April 9-15

Baseball

4/24 Pacific 13-6, win
Pacific 10-9, win
4/25 Pacific 12-6, win
4/28 U. of Washington cancelled
season record: 19-17 NWC record: 10-8

Softball

4/25 Whitworth 6-0 win
Whitworth 9-0, win
4/28 Puget Sound 2-0 win
Puget Sound 4-0, win
season record: 37-4 NWC record: 14-0

Men's Tennis

4/23 Linfield 7-0, win
4/23 Whitman 4-3, win
4/24 Willamette 4-3, win
season record: 14-9 NWC record: 11-2

Women's Tennis

4/23 Whitworth 9-0, win
4/23 Lewis & Clark 9-0, win
4/24 Linfield 6-3, win
season record: 19-3 NWC record: 13-0

HOME GAMES IN BOLD CAPS

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Not all 'goths' and trench coat wearers are killers

A dark and shadowy figure walked across PLU campus last Friday night. I was in costume for a student movie project I'm involved in, dressed in black: black boots, black hat, and a black trench coat.

I walked from upper campus to lower campus to inform a friend involved with the movie of that night's video schedule. As I returned, I crossed in front of Tingelstad, where some "gentlemen" so eloquently reminded me of the symbolism I was inadvertently portraying to them.

On April 20, in Littleton, Colo., teenagers Eric Harris and Dylan Klebold walked strategically into the Columbine High School cafeteria, wearing black trench coats and armed with guns and pipe bombs, and opened fire on their fellow students, killing 12 students and one teacher.

Harris and Klebold were associated with a gothic clique of students, "outcasts," as some have said, known as the "Trench Coat Mafia." Reports say that they were frequently engaged with role-playing games such as Dungeons and Dragons, computer games like Doom, and the fantasy card game Magic.

The group also took an interest in German classes, books on Hitler, Nazism, anarchy and atheism. Perhaps not so coincidentally, as reports say, April 20 also marked Hitler's 100th birthday.

The Trench Coat Mafia was described by some of the students at Columbine as "freaks," and into gothic things and obsessed with death. Sources say it is because of what they consid-

Guest Speaker Don Early

ered taunts, jeers and insults that Harris and Klebold planned their attack. The pair blazed through the school with violence and vengeance on those whom they felt treated them like outcasts. It was a horrible and shocking tragedy that hit Littleton that day.

My coincidental attire on Friday evening was made known to me through similar jeers. First I heard "no trenches walk here" several times, followed by "you better hide in the shadows, you —." Then one "gentleman" decided to yell out "He's got a gun!" which was immediately followed by grumpy chuckles and more threats.

Not only did I realize the unfortunate coincidence that had occurred in the image I portrayed, but also I realized how scared and threatened I was, and how angry I was at the discrimination and hatred being imposed on me because of what someone else in another state had done.

The implications of this discrimination present a serious potential problem for trench coat wearers, and also those who discriminate against trench coat wearers. Let me clarify.

Why did Harris and Klebold kill? The media seems to want to center on these "causal" factors: role-playing games, and gothic

themes and styles. Throw trench coats into the equation and you pretty much end up with most of the people I hang around with.

There is nothing wrong with these activities in and of themselves. They are an escape, and expression of self, an "out" if you will, from stress or rejection or just plain reality.

These activities are creative and imaginative. The problem occurs not with the activity, but with the need for the activity.

This can be compared with acting. If an actor cannot leave his or her character on the stage or screen, then social problems occur.

What is the problem in this case? I ask again, why did these two teenagers seek some expression of anger, frustration, depression, or whatever it was in the form they did? IT IS BECAUSE PEOPLE MADE FUN OF THEM!

What if it was a supporter of the Trench Coat Mafia that Friday night, walking around PLU campus and feeling justified in what those two teenagers did? It is not impossible to imagine.

Step 30 feet off campus into Parkland. Didn't we have problems already this year? What if that supporter was armed underneath his trench coat and was angry at those who made fun of

him and jeered at him?

Was it wise for those "gentlemen" to harass me that night if they thought, even for a split second, that I might have been a supporter? It is possible that a supporter would have opened fire on them and PLU could have their own shooting to deal with.

Is this how we should manage questionable icons? If a guy is walking around in a black trench coat looking similar to what you just heard about in the news, is it really a good idea to harass him or give him a hard time? Wouldn't a thinking person be even remotely afraid of this guy actually pulling out a gun and shooting them?

I admit that I should have thought more seriously about what I might portray by walking around at night in that costume under current conditions, and I apologize to those who may have thought of that horrible tragedy when they saw me. I am involved with a student movie, which is a spoof of horror movies. My character plays one of the good guys trying to get the bad guy. It was a very unfortunate coincidence.

Harris and Klebold were angry at those who taunted them, so they acted in violence to exact revenge. These "gentlemen" were angry at this act of violence and chose to direct their anger toward the icon, a man in a black trench coat — me.

Had I been a supporter, or someone else who was just fed up, perhaps the cycle would have continued with more gunfire. Where would it end?

The concern is this: those who wear black trench coats are in danger of becoming objects of discrimination and hatred for something they were never a part of. Those who don't take the example of Harris and Klebold seriously, and continue to taunt and jeer, may find themselves the objects of gunfire.

What can we do? First, we can bring to light a bit of awareness about things like gothicism. Gothicism has nothing to do with white supremacy, despite what some reports are pointing at. It does have everything to do with exploring the deepest depths of yourself, which often are dark.

It is okay, as long as one realizes that this is only part of oneself, and not all of oneself, just as a character is only part of an actor, not the actor herself.

Second, Jesus' commandment of "love your neighbor" screams to be used here. People need love, and that comes even in forms of NOT MAKING FUN OF PEOPLE. It means accepting people as they are, for who they are.

No one asked me Friday night why I was dressed the way I was. Instead, they judged me and condemned me. This message is especially for them. Next time, someone whom you harass may be armed with a gun. It may take merely the attempt to understand in order to save a life. Littleton was not so lucky. Remember them.

Don Early is a junior classical languages major with a minor in religion.

Depression is real: it is nothing to be ashamed of

"If you slip or trip, there is a moment, before your hand shoots out to break your fall, when you feel the earth rushing up at you and you cannot help yourself — a passing, fraction-of-a-second horror. I felt that way hour after hour," writes Andrew Solomon in *The New Yorker*, describing his horrifying battle against the illness that affects millions of people in this country alone: depression.

It is estimated that six to 10 percent of all Americans are struggling with some form of this mental illness.

Depression plagues people all over the world, in both developed and under-developed nations. A 1996 study of 10 countries, for example, found that war-torn Lebanon had the highest incidence of depression.

It also affects women at twice the rate it affects men. And according to *Generation X: Tales for an Acculturated Culture*, by D. Coupland, people in their 20s now suffer from depression at a rate three times higher than that of people born before 1955.

Clearly, depression is not a rare illness in modern culture.

But if depression is not uncommon, why does this malady still have a negative stigma attached to it? Indeed, why are depressed persons still stigmatized? The presence of Prozac jokes and the fact that depressed persons often keep their illness a secret proves that our culture has a long way to go in accepting and understanding this disease.

In an effort to educate the public about this sensitive issue, however, the goal should not be for depressed people to talk to strangers as openly about their therapy sessions as they do about



Great Wide Open Sarah Beck

the last "Ally McBeal."

The point is not to trivialize depression, but to understand it.

It is difficult to define this terrifying and often intangible illness that varies from debilitating some people to haunting only the internal life of others. One could generally define it, however, as prolonged feelings of intense hopelessness and sadness — sometimes cumulating into thoughts of suicide.

What triggers the onset of depression? Anything: the death of someone close, a move, divorce, weight gain, separation, intense stress, unresolved childhood grievances, and/or biological factors (the latter being a source of intense controversy among psychologists).

Or, quite literally, it can come out of nowhere. Solomon recounts, "It was when life was finally in order that depression came slinking in and spoiled everything."

Some people suffer from depression seasonally, a phenomenon known as Seasonal Affective Disorder. Western Washington residents may be particularly sensitive to SAD, as it strikes individuals mainly during periods of the year without sun.

Is there, then, any hope to treating this broad and complex illness called depression? Without a doubt, yes.

Fortunately, we are living in an era of amazing technology that can provide individuals suffering from depression with many options in treatment. Unfortunately, as Solomon's article notes, only 28 percent of all people who have major depression seek help from a specialist. This is likely due to the way in which our culture transforms receiving psychiatric aid into an embarrassing predicament.

Light therapy, for example, has high rates of success among individuals suffering from SAD. Counseling is regularly recommended for most forms of depression. For milder cases, it has become popular to use herbal remedies like St. John's Wort.

Antidepressants are progressively targeting disorders with greater accuracy. Aerobic exercise, writing, gardening, and many other everyday activities also help release pent-up negative emotions.

Most of the time, however, the right treatment takes time and patience to discover. Often, it is a combination of treatments; sometimes the answer lies in the right balance of medications.

My own story has been one of battling depression. In comparison to those tortured individuals who suffer from bi-polar disorder, my illness could be seen as relatively mild.

I have been able to function with it, or at the very least have been able to get out of bed every day.

However, at the worst of times, I walk around like a zombie, feeling that my entire internal life is under siege, that a war is going on inside my head, that every small, frail positive image or thought that enters my mind is shot down by the enemy troops: depression.

Without treatment, there is no release to this terrifying and exhausting thought life. Crying, writing my thoughts down in explosive letters in a notebook, or talking to someone helps, but these relieving moments are temporary.

It has taken me more than a few years to find the right treatment, and even now I am not quite sure I have found it.

What has helped me most through this time, however, is sunlight, loving support (particularly from my mother), Aretha Franklin, anti-depressants, exercise, journaling, counseling, and realizing that depression is a real illness and has chemical, genetic and environmental causes like every other disease.

Like most persons who suffer from depression, I have kept my use of medication low-key. This is due, I am sure, to my own lingering feelings of shame.

It is a temptation to buy into the idea that if I was strong enough, I could fight this battle "naturally." Indeed, I still feel that the ideal resolution to any kind of health problem is without Western medicine whenever possible.

But in my case, unless I wanted to live a life of constant fear, ex-

haustion, and isolated crying, it was not. To prove to myself that I could weather life without my 100 mg of Zoloft a day, I went a semester without it. While I survived, that hellish experience is in no way a place I want to return.

Promoting anti-depressants is not my point, however — some serious side effects can result from these drugs. Some people also complain that certain drugs erase an intrinsic part of their personality.

Nevertheless, while I am not an advocate for anti-depressants, I do argue that they are a legitimate aid in battling depression for many people and should not be viewed as a sign of weakness.

Solomon writes, "To take medications as part of the battle is to battle fiercely, and to refuse them is as ludicrous as entering a modern war on horseback."

As we go forward into the new millennium, depression appears to be on the rise, especially among young people. There is, therefore, an urgent need within the general population to understand it — especially as this sickness may have been the fundamental cause of the Columbine High School tragedy.

While discussions over the genetic influences and cultural, environmental and gender factors of this illness have yet to be resolved, one important claim about depression can be made with certainty: hopelessness, with time, support, patience and perseverance, will go away.

Eventually, everyone will meet joy in the morning.

Sarah Beck is a senior English and French major.

FOSS FEST

continued from page 1

evening to find the locations of the parties. He said he found 12 parties in all.

Officer Patrick Miller later drove through the neighborhood and radioed other officers on campus whenever a large party broke up. Miller said there was one party on 123rd Street that had between 100 and 150 people there at one time.

Campus Safety had 10 officers on duty Saturday, including Huston and both operations supervisors. Also, PLU hired four off-duty Pierce County Sheriff's deputies to provide additional security. They stood guard at the entrance to the Olson Fieldhouse, turning away intoxicated dancers.

Huston said it was to make the dance more enjoyable for people inside, so they "weren't having to deal with people falling over and banging into them."

This year strikes a sharp contrast from the previous two years, when Huston called the Luau (its old name) "absolute disasters."

Last year, Campus Safety had to summon ambulances to campus on four separate occasions for students who were suffering from severe alcohol intoxication. All of those students survived.

Campus Safety also responded to six fights and two physical assaults. Campus Safety reported none of those this year.

At the Luau two years ago, between 13 and 19 squad cars, including some K-9 units, from the Washington State Patrol, the Tacoma Police, and the Pierce County Sheriff's Office responded when asked to control a group of students that had become unruly after waiting in the rain while trying to get into Xavier. Afterwards, several students reported that police dogs had torn their clothes.

Huston said that he was not worried about students finding a different weekend to drink alcohol and be unruly, and that he hoped future spring parties would go this well, but added that a new class of freshmen would be attending PLU next year, and he could not predict their future conduct.

Campus Safety keeps eye on crowds, alcohol

BY ERIC RUTHFORD
Mast news editor

Micah Warren tried to get into the Foss Fest dance Saturday, but was turned away by the Pierce County Sheriff's deputy at the door.

He said that when he purchased the ticket to the dance, he was not told that he could be refused entry for being intoxicated.

On the following Monday, he said he had consumed five beers and five Long Island ice teas on Saturday, a homemade drink that can vary in strength, before going to the dance.

Warren said on Monday he had called the deputy "a rent-a-cop," and then the deputy pushed him.

Campus Safety Director Walt Huston, who was there at the time, said Warren had gotten within two inches of the deputy's face and the deputy pushed Warren away as "a personal space issue."

Huston said he ended up talking with Warren for more than an hour, and that he allowed Warren to "express himself" so that he would stay away from the officers.

"If he'd have approached the deputies the way he had the first time, he'd have probably been arrested," Huston said. Warren was not arrested.

Later on in the evening, Operations Supervisor Dan Nielsen and officer Sanjay Robert found Warren sitting in front of the Bistro, and Warren and two friends were debating the recent shootings in Littleton, Colo.

Warren said he represented the Trenchcoat Mafia.

"I'm gonna go home and get my trenchcoat," he said. "But I have no guns..."

"We don't want to kill people, people are good. You got that on film?" he asked Robert, who was making a videotape he said would be used for a Campus Safety training film.

They had trouble remembering what exactly they were debating, and eventually they let the topic drop.

Warren told Nielsen he thought that Campus Safety had been



Photo by Nathan Lunsrum

Campus Safety officers Kris Runge, Sanjay Robert and Ainslee Kopperud were not usually this serious-looking while guarding Foss Fest dance.

pretty fair with them, but that he did not think the Sheriff's deputy had treated him fairly.

"The respect that I have for any kind of patrol at the dance... I just don't think I can trust them at all. And that's a sad state of affairs," he told Nielsen.

On Monday, he said was interested in seeing what he had said on Robert's videotape. "I might never drink again," he said.

Robert said that overall the night went smoothly.

"We expected more mayhem than we got. It was like clockwork. It was beautiful in comparison to previous years," he said on Wednesday.

Nielsen agreed that this year's Foss Fest was much calmer for him than previous Foss Luau, which was the event's old name. Last year he was writing reports until 5 a.m. Sunday, he said.

"When absolutely nothing happens, that's a good night," he said.

This year was by no means boring for officers, as they documented five alcohol violations on Saturday.

But it was a change from the normal routine of pulling on doors all night to make sure they are locked, Nielsen said.

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MONK

He remembered standing helplessly, listening to the victims beg for mercy, but unable to do anything in front of the armed guards.

In 1970, Gyatso had been moved to a different prison where young prisoners were forced to do construction work, while the elderly had to gather both human and animal excrement for garden fertilizer. Gyatso relayed one incident in which a prisoner nicknamed "Lion" for his strong personality refused to continue gathering the excrement.

"We do not eat, there is no more together," Lion said. For his refusal, he was executed in front of Gyatso.

Gyatso related story after story of injustice and inhumanity from his years in prison, but most horrifying were the accounts of torture within the prisons. From 1959 to 1987, Gyatso said, guards tied prisoners hand and foot, and lifted them off the ground by ropes.

The prisoners would be beaten, burned and scalded while the interrogators pushed them to deny the independence of Tibet.

"I think I am a very ordinary person, because I cried and begged for mercy," Gyatso said. "But I could not denounce my country; I could not denounce the Dalai Lama; I could not denounce my faith."

"There were other prisoners, including women prisoners, who

were so strong and so brave," Gyatso recalled.

Gyatso said that all the torture was intended to break the spirits of the prisoners to get them to admit that Tibet was inalienably part of China.

In 1987, the guards started using new methods. Gyatso showed the audience electric cattle prods and shock guns like those used on prisoners.

Interrogators would tie the victims to the wall and, wearing rubber gloves, would shock the upper bodies of the prisoners with the devices, designed to deliver high-voltage shocks.

He recalled with vividness his interrogation on October 13, 1990. Tired of the repeated questions, he informed the guards that he would answer no more. He told them it was useless to answer because the guards never listened to his pleas and had been asking the same questions for years. For this resistance he was struck his mouth with the body of a cattle prod, and he lost two teeth.

The electric prod was then placed in his mouth and he was shocked until he lost consciousness.

Within the next month, Gyatso lost all his teeth and he to this day he has a very limited sense of taste.

He looked to the audience and said, "You may think this is not real, many of you may not have heard of such things. You are fortunate. Do not take my word for it. See what is going on for yourself, do your own research."

He emphasized that these human rights violations are not a thing of the past. Prisoners in Tibet are being tortured and killed every day. Gyatso said, "Our race is endangered.

Through this last 40 years, they have killed more than one million."

He spoke of forced sterilization, mandatory pregnancy tests and forced abortions throughout Tibet. "Our culture and religion are unique and have a lot to offer to this planet, yet it is being systematically destroyed through genocide," Gyatso said.

He said that despite 33 years of unjust imprisonment and the ongoing injustice toward his countrymen, he counted himself lucky. In 1983 Amnesty International adopted him and spent the next nine years working for his release. Finally in 1992, he was released from Drapchi Prison in Lhasa, the capital of Tibet.

Part of the reason Gyatso was able to survive so long

was that he dreamed of educating the rest of the world of the atrocities occurring in Tibet.

He has written a book entitled "The Autobiography of a Tibetan Monk," which not only chronicles his life, but he hopes will serve as a legal testimony if China is called to account for these human rights violations.

Published in 1997, it has already been translated into 12 languages, despite the opposition of the Chinese government. Gyatso is donating all proceeds from the book to the Dalai Lama, who continues to work for a peaceful compromise with China.

Gyatso also spends a great deal of time touring universities to speak of his experiences. He repeatedly asked the audience to do their own research, to learn and understand what is going on in the world, including Tibet.

"With knowledge comes responsibility," Gyatso insisted.

Audience members acted on

the responsibility of their new knowledge by signing petitions for the release of more political prisoners at the end of the lecture. Such activism helps Gyatso remain hopeful. "I have hopes because there is law, because there are still people who uphold people's human rights," he said.

He cited in particular the renewed enthusiasm of the younger generation. "I have faith in the spirit of our people, and I have seen so many members of this generation of this planet who support us," he said.

"The world knows," Gyatso said, "and the world will not just keep watching forever."

The lecture was sponsored by the Advocates of Social Justice.

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