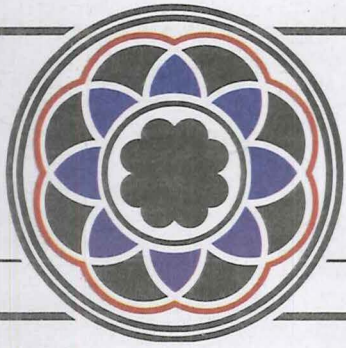


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PACIFIC LUTHERAN UNIVERSITY
THE MOORING MAST

NOV. 21, 2014

<http://mastmedia.plu.edu>

VOLUME 91 ISSUE 9

Big beards, bigger money

The first Bjug Harstad Day of Giving exceeds expectations

By **NATALIE DEFORD**
News Writer

In honor of Pacific Lutheran University's 125 years, students and staff set a goal to raise \$50,000 in one day of giving. That goal was nearly doubled during Harstad Day.

The Pacific Lutheran University Annual Fund, part of the Advancement Office, sponsored a special effort this year with the first Bjug Harstad Day of Giving Nov. 12. Lutes raised more than \$94,712 from 302 donors in just 24 hours.

Bjug Harstad was PLU's founder and first

president. Harstad was memorialized in the original PLU building, which was named after him. The building was originally home to classrooms, now, PLU has expanded and Harstad houses female students and Campus Safety as well as some classrooms.

Bjug Harstad had an incredibly large beard. In spirit of Harstad, paper beards were found campuswide on the faces of many PLU community members and friends.

In honor of the day of giving, TelALutes held a fundraiser in hopes to meet its goal. People could donate online but were also contacted via phone by the TelALutes.

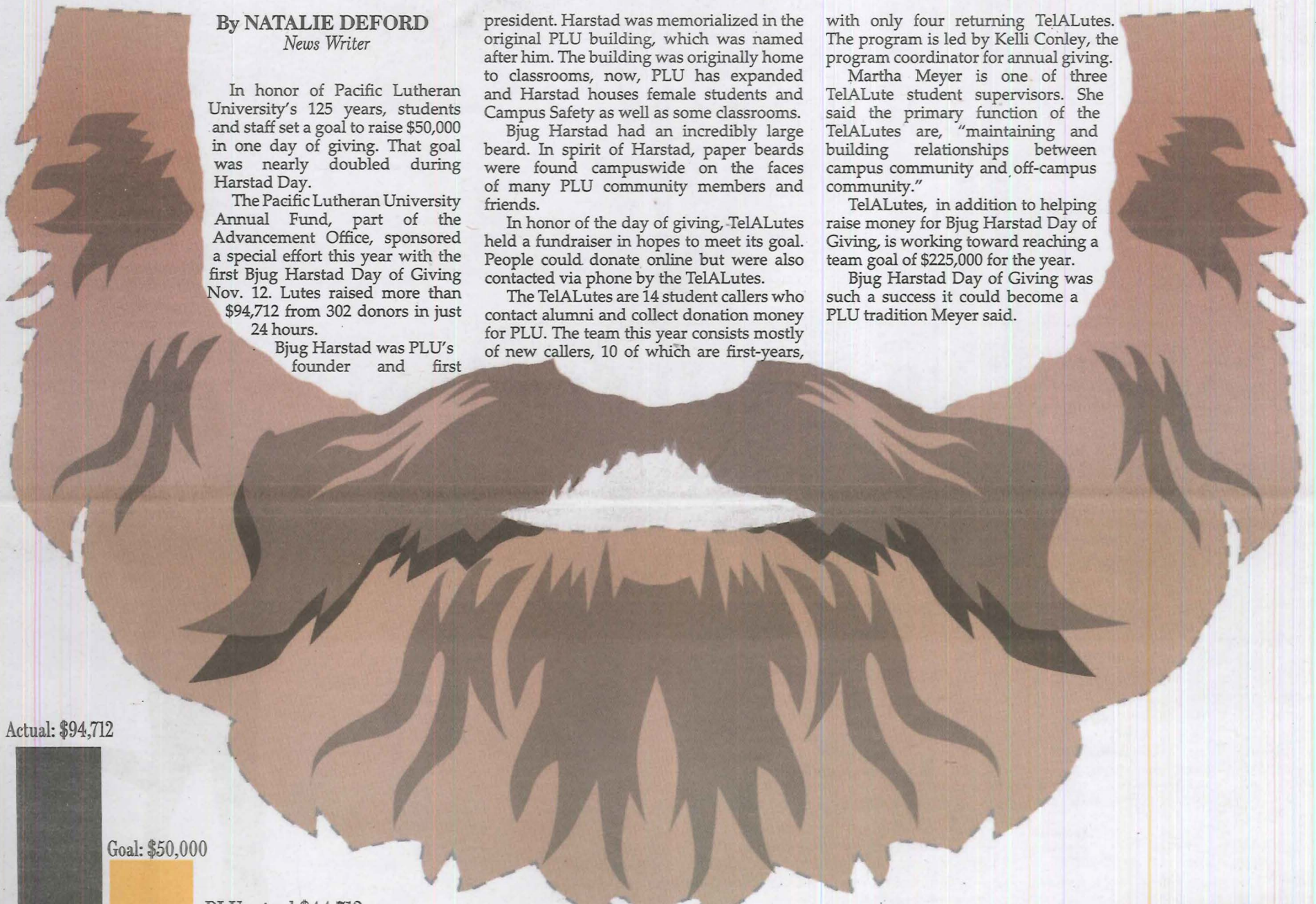
The TelALutes are 14 student callers who contact alumni and collect donation money for PLU. The team this year consists mostly of new callers, 10 of which are first-years,

with only four returning TelALutes. The program is led by Kelli Conley, the program coordinator for annual giving.

Martha Meyer is one of three TelALute student supervisors. She said the primary function of the TelALutes are, "maintaining and building relationships between campus community and off-campus community."

TelALutes, in addition to helping raise money for Bjug Harstad Day of Giving, is working toward reaching a team goal of \$225,000 for the year.

Bjug Harstad Day of Giving was such a success it could become a PLU tradition Meyer said.



Actual: \$94,712

Goal: \$50,000

PLU raised \$44,712 more than the original goal

With 302 donators, each donation averages \$313.62

That is the same as all 3,500 PLU students donating \$30

\$94,712 in 24 hours is an average of \$3,946 every hour

It would take a Washington minimum wage worker 10,163 hours to make the same amount

What could you buy with \$94,712?

- 50,112 Bags of Trolli Eggs from OMM
- 31,570 Mechanical pencils
- 7,893 USB drives
- 105 MacBook Airs
- 37 Students' meal plan "A" for a semester
- 2 Students' year of tuition

Bjug Harstad Day of Giving spirit can be found by searching #BjugHarstadDay

Or check out the TelALute program at its website:

<http://www.plu.edu/advancement/annualfund/telalutes.php>

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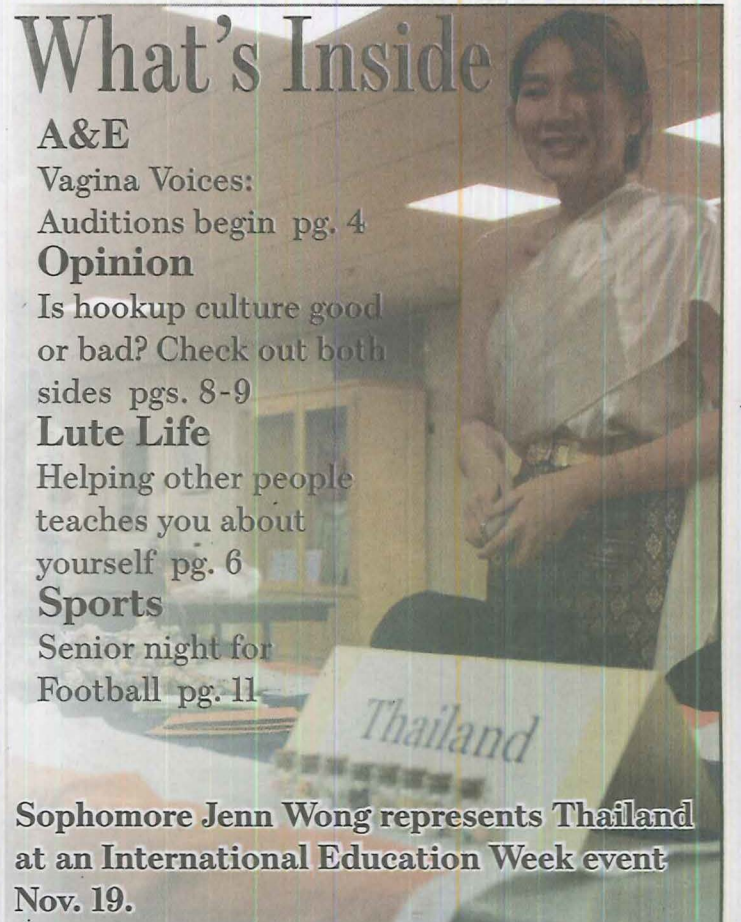
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Sophomore Jenn Wong represents Thailand at an International Education Week event Nov. 19.



Annual Harstad memorial lecture

By GENNY BOOTS
News Writer

Cathrine Sandnes, a Norwegian journalist and editor, proposed a new idea in front of a crowd of Lutes on Monday night: has equality gone too far?

Sandnes presented "Why Norwegian Women Can Have it All" as the speaker for the Harstad Memorial Lecture. Bjug Harstad's descendants and other donors fund the annual lecture series.

Sandnes' lecture focused on maternity and paternity leave in Norway, the balance of work with family life and how roles of both men and women have changed within Norwegian culture.

The Norwegian approach to parental leave has been lauded as one of the best systems in Europe and worldwide.

In Norway, both women and men receive three months of paid work leave, and then can split up additional leave time for a maximum of twelve months. There is also thirty minutes set aside each workday for a woman to nurse her child.

Balancing the work life and family, audience member

Christy Olsen-Field said "The Norwegians have a lot of things that make sense."

However, Norway 40 years ago was very different. Sandnes spoke about the differences her mother experienced

"It was the wife who had responsibility for the home" Sandnes said. "Now we ask when will it be acceptable to be a stay-at-home mom?"

The drastic shift in ideology has taken the notion of equality to what Sandnes outlined as "strengthening men's rights to parenthood and women's rights to work life."

Sandnes has experienced firsthand the parental leave programs in Norway. She is the mother of two children with a long professional career as a journalist and editor, and is a national karate champion.

Overall, the response was positive. Senior Emily Mansfield said.

"I thought it was really good. I came with my gender and society class and we were just discussing parental leave policies around the world and it was interesting to get perspective from Norway," Mansfield said.

Empty bowls fill empty stomachs

Students sell pottery to raise money for homeless

By AUSTIN HILLIKER
Guest Writer

Pacific Lutheran University students played their part by participating in "Empty Bowls," an event hosted by the sustainability department to promote Hunger and Homelessness Awareness Week.

"Empty Bowls" welcomed the PLU community with ceramic bowls sold for \$10. The bowls were filled with free soup of the buyer's choice. The event was a joint effort between many departments on campus.

Arts and Communication students and faculty members made 190 ceramic bowls for the event. The PLU Community Garden contributed fresh vegetables for the soups. Dining and Culinary Services, alongside their food distributor Sysco, also played a role by providing the soup and holding the event from 4-6 p.m., Wednesday, Nov. 19 outside Old Main Market.

"It's a fun campuswide activity that benefits a lot of people," said Rebecca Farris, Senior Administrative Assistant of Dining and Culinary Services.

Arts and Communication brought 190 bowls

this year after last year's 120 bowls sold out within the first hour.

Nick Lorax, head of the sustainability department, thought the involvement from so many departments was very important.

"I'm really glad we received more help from the students and professors in the arts department this year," Lorax said. "It's great to see students, professors and other services around campus working together for a common goal."

After purchasing a bowl, buyers were given free soup. Dining Service chef Erick Swenson prepared a hearty beef soup, while Chef Chuk Blesson provided a lighter pumpkin soup, fitting for the upcoming Thanksgiving holiday.

All donations were given to Trinity Lutheran Church to benefit their current situation in aiding the homeless in the greater Parkland area.

In addition to "Empty Bowls," PLU also encouraged students to attend the "Working for Change" panel in the Anderson University Center headed by PLU alumni. At the panel, students were presented with post-graduation opportunities about serving the hungry and homeless.

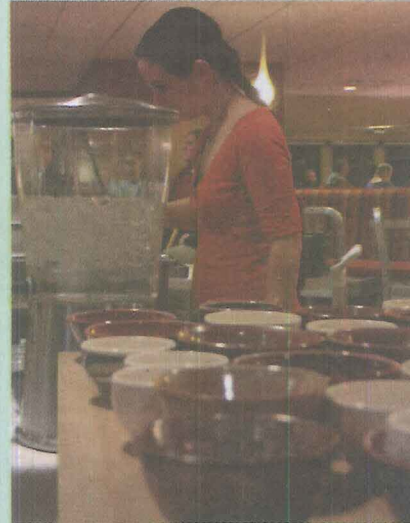


PHOTO COURTESY OF SAMANTHA LUND

Senior Suzanne Barnes dishes up soup for "Empty Bowls" in the Anderson University Center.

CALLIN' IT A BAD ROMANCE

Taking out the stigmas behind romance novels

By DAVID MAIR
Staff Writer

Sexual shaming is cast upon romance writers because some people see their genre as autobiographical, porn for women and smutty.

Professor of sociology Joanna Gregson disproved these stereotypes in her lecture, "Love Between the Sheets," held at 4:30 p.m. Nov. 12 in the AUC. This lecture was part of the Sex+ series which hosts two lectures each semester.

According to the Pacific Lutheran University's website, Sex + "will give space for students to learn, unlearn, and relearn while giving them the tools to engage in positive and healthy sexual relationships."

The Diversity Center, Lute Fit, the Health Center and the Women's Center all sponsor the lecture series.

Gregson's lecture was the first Sex+ event of the year. Gregson's goal was to disprove any stigmas against romance genre writers. Gregson said to combat the stigma, writers will either personalize it. By embracing it head on or professionalize it by

pointing out the sexism.

"Though, in the end, there's this double-bind tension formed as a writer of the genre," Gregson said. "That you can embrace what you love to write, but at the same time you're still writing about sex."

She explained that it's a genre written largely for women by women.

The room held roughly 40 students with only 10 men in attendance. Continual nods of appreciation and agreement, along with laughter came from the audience. After the lecture finished, about 25 people stayed to talk about the lecture.

"There's no good position to be in," student Allison Sullivan said. "Writing in the romance genre is a double-edged sword and this lecture gave me a new perspective on it."

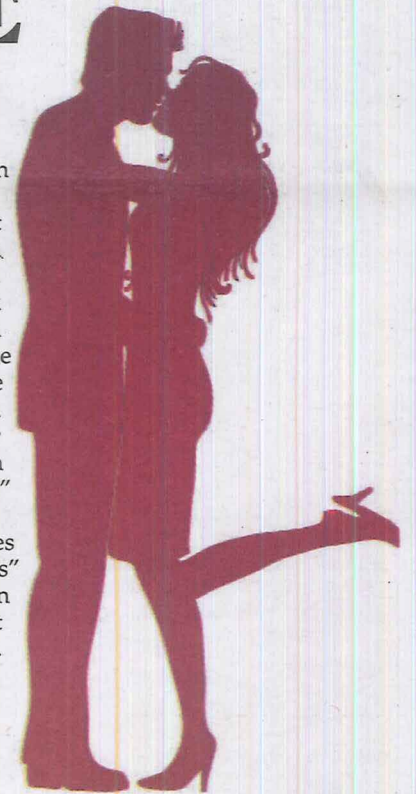
Gregson began teaching as a sociology professor at PLU in fall 1998. She has published work on teenage mothers, incarcerated mothers and divorced women. The manuscript taken from the data collected by Gregson and her co-researcher Jen Lois, a professor at Western Washington University, is currently under review.

"We hope to have something out in print by the

end of the academic year," Gregson said.

The two are the first to conduct any research on romance fiction from a sociological perspective. Gregson said her favorite book is "Pride and Prejudice," which Gregson said clearly fits the definition of romance. Her favorite contemporary romance fiction is anything by Jenny Crusie or Kristan Higgins, "both of whom write stories filled with humor," Gregson said.

The next lecture in the Sex+ series will be California "Yes Means Yes" Legislation, presented by Kaitlyn Sill, a political science professor at PLU. It will take place 6 p.m. Dec. 3 in AUC room 133.



PLU students and staff feel effects of Hong Kong protests

By AUSTIN HILLIKER
Guest Writer

Many Americans have taken a blind eye to the state in Hong Kong during the last few weeks, but not Pacific Lutheran University's Lutes.

Hong Kong has been in the midst of numerous ongoing riots because of unhappy citizens that believe they were lied to about electing their own representatives for congress.

Hong Kong officials had planned to give this freedom of election to its citizens in 2017, meaning the citizens of China would have been able to choose who they wanted to elect to government offices.

The government has now backed out of that offer because the National Peoples Congress announced that there will be no such election because the committee wishes not to place anyone from opposing parties inside its government.

Since the government took back their promises, the people of China have taken

to the streets in protest. The protests have become violent in some areas and Chinese citizens are being tear gassed, hosed and managed in other violent manners by the government.

Senior journalism major and exchange student, Shunying Wang feels that what the government is doing is absolutely wrong. She believes that the government is attempting to gain even more control of its own people.

"To me, a promise is a promise. If we have made a promise to Hong Kong to grant them democracy in the past, we should keep our words," Wang said. "To keep some control over Hong Kong politics seems like our governments way of saying, 'I must have full control', which

makes me question our governments moral principles."

Not only have the riots impacted the students at PLU, but it has also promoted PLU associate professor and chair of the Chinese Studies Program, Paul Manfredi, to initiate a platform for this students to talk about the subject. Manfredi believes the platform he has established in class, is somewhat helping inform others about what is going on in Hong Kong.

"I have friends and associates in Hong Kong directly impacted by the protests. I also have students from Hong Kong who feel strongly, naturally, about what

is happening. We have talked about the events in class," Manfredi said.

Manfredi said he believes we as Americans and outside observers should be careful when talking about the issues in Hong Kong.

"I think it's important that we as outside observers be as skeptical as possible of reporting on the subject," Manfredi said. "The 'Umbrella Protests' are a very good test case for the possibility of neutrality and objectivity in world news media."

It has become apparent that the behaviors within the political issues have triggered more riots throughout Hong Kong. Wang said she hopes one day this can all be set aside, where both the words "China" and "happiness" can be brought together.

"I want to see the continuous development of the country so that no matter where in the world I end up being in the future, I can see people smiling when they mention China," Wang said.



HOW TO SOUND SMART

When at the Thanksgiving table with Family

This special edition of "How to Sound Smart" is not about one topic, but five different topics to bring up at the Thanksgiving dinner table when you feel the need to *sound smart*.

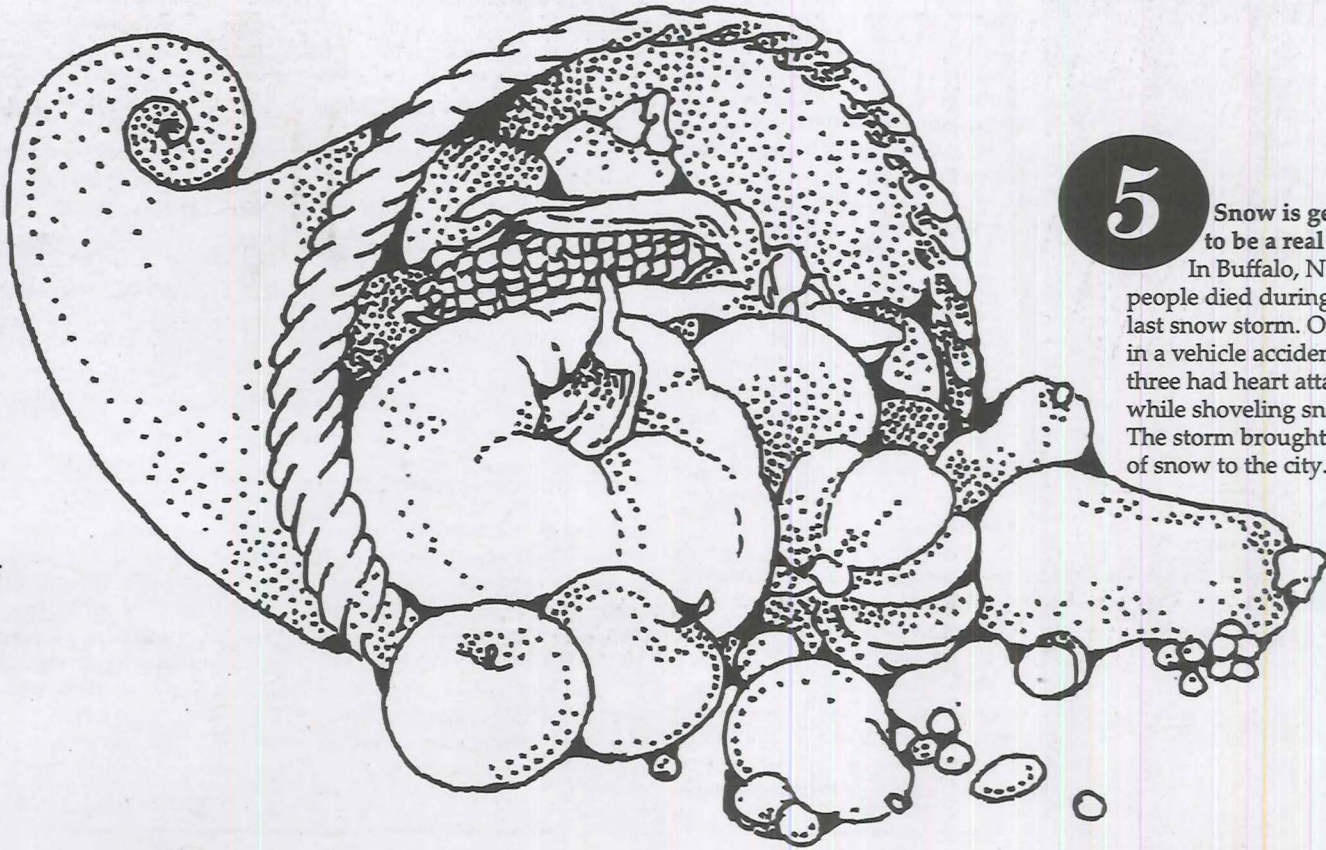
1 Ebola might be contaminating the world's chocolate supply. There is a fear that Ebola will hit Ivory Coast and Ghana, which is where more than half of the world's chocolate is made. In reaction to the fear of ebola-spreading chocolate, manufacturers are marking up prices because its getting harder to find chocolate sources that are not contaminated.

2 Apple investors hope the company will soon be worth \$1 trillion. The company currently stands at \$670 billion and is worth more than any other company in the world.

3 Barbie designer Nick Lamm created tattoo, cellulite and acne stickers to make dolls more realistic.

4 Measles might be making a comeback. Measles kills 400 people daily, and unlike Ebola, it can easily leap between people through the air, drinks and touching one another. Ninety percent of people infected have not been vaccinated. The economic downturn has taken a toll and people no longer feel the vaccine is necessary, which means more people will get infected.

5 Snow is getting to be a real issue. In Buffalo, NY four people died during the last snow storm. One was in a vehicle accident and three had heart attacks while shoveling snow. The storm brought 6 feet of snow to the city.



CSI: Campus Safety Investigations

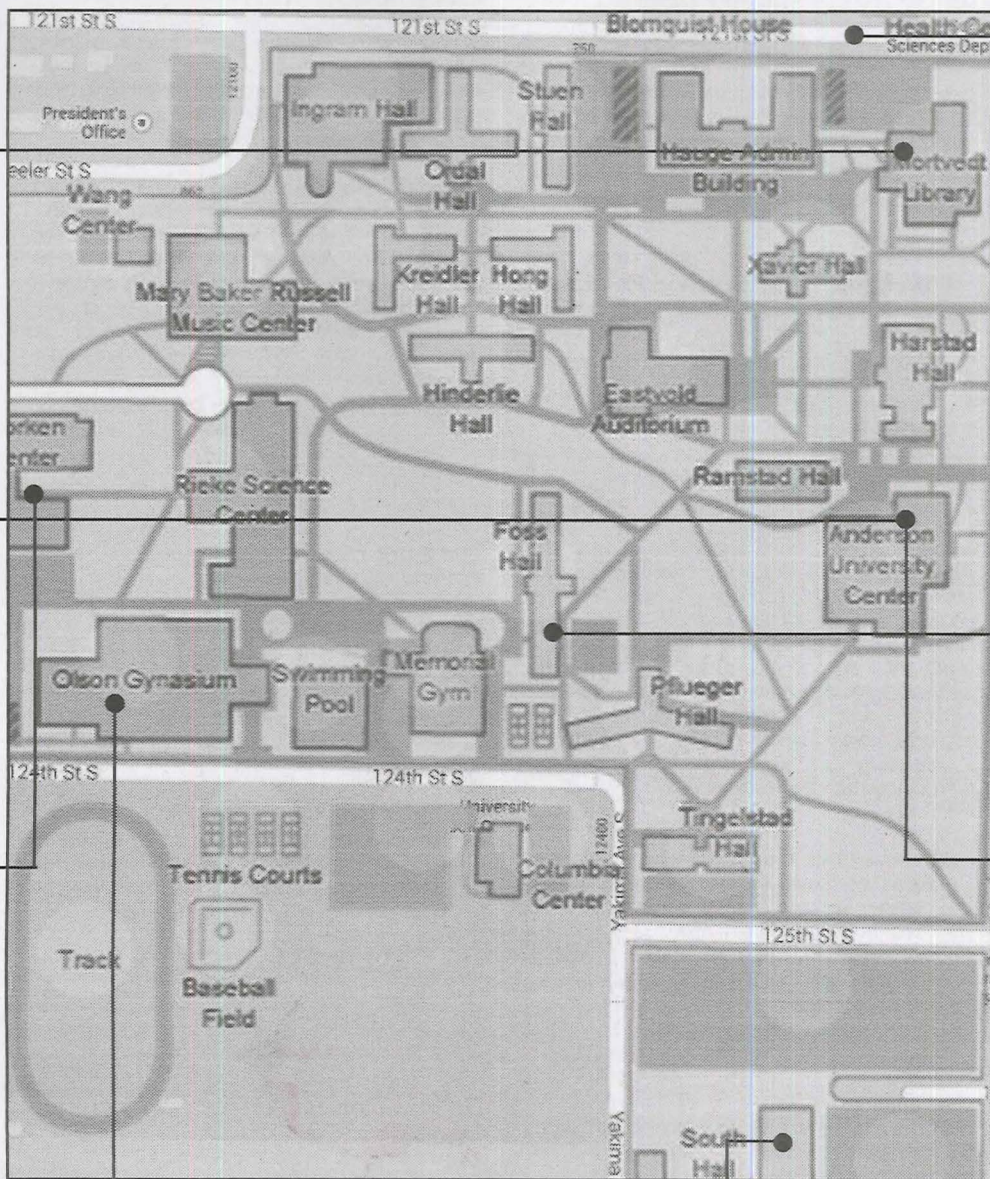
Taken from weekly Campus Safety reports

Restricted person in Library
Library staff contacted Campus Safety due to the presence of a disruptive man in the library. Campus Safety contacted the non-PLU member, who lives at a nearby care center. The man seemed to suffer from a mental disability. He was compliant with the request to leave and sign a Restricted From Campus form. The man left campus boundaries under the observation of Campus Safety officers.

Theft in the AUC
Campus Safety responded to a theft at Old Main Market. Employees saw someone place food into their backpack without paying for anything. The officers located the subject and when they checked their backpack they found nothing.

Collision in Morken Lot
A car accident occurred in the Morken parking lot. The officers took pictures of the crash, but the damage was minor, no other action was taken.

If you ever need help:
Call Campus Safety at 253-535-7441
Email Campus Safety at csin@plu.edu
Or visit Campus Safety in the lower level of Harstad Hall



Collision on 121st Street
A student reported a hit-and-run accident she witnessed. Campus Safety was able to find one of the victims who declined to file a report due to minimal damage. No further action was taken by Campus Safety.

Concern for people in Foss
Campus Safety performed a shuttle ride to Foss Hall because a student was intoxicated. Once inside, it took the student 40 minutes to be able to function on her own. At that time, Campus Safety left and the incident was reported to Student Rights and Responsibilities.

Vandalism in the AUC
Campus Safety responded to a call from the second floor men's restroom. Officers found a toilet paper dispenser with black marker writing on it. The issue has been passed on to facilities.

Medical Aid at the Turf Field
A student dislocated his elbow at the turf field inside of Olson gym. The student was taken by Pierce County Fire and Rescue to the hospital.

Theft in South
A student reported Christmas lights being stolen from outside their suit door. Campus safety filed the report but no other action has been taken

Week of 10/14-10/21
Campus Safety weekly reviews are compiled from all the calls and reports made by Campus Safety each week. The "CSI" is compiled and written by Samantha Lund, News Editor.

This Week: A&E

Events
Nov. 21- Dec. 5

Clay Crows Improv Performance
7:30 p.m. Nov. 21 in KHP

University Wind Ensemble
3 p.m. Nov. 23 in Lagerquist

Brass Recital
8 p.m. Nov. 25 in Lagerquist

Jazz Combos
5 p.m. Dec. 2 in The CAVE

Winter Dance Showcase
5 p.m. Dec. 5 in KHP

ONLINE



TERRAN'S
take

GET THE SCOOP!

Weekly Gossip with Terran

Go online and get the scoop on celebrity gossip with our in-house pop culture expert, Terran Warden!

This Week:

Terran gives an expansive review of "Four," One Direction's brand-new album.

On the aGENda

NEWS
@NINE
MAST TV

This week, Genny discussed the Hunter Original boots being the new on-campus trend.

Watch it later online at
<http://mastmedia.plu.edu>
or tune in at 9 p.m.
every Thursday to News
@ Nine on Mast TV!

VAGINA VOICES

Auditions for 'Monologues' begin

By MICHAEL DIAMBRI
A&E Writer

Most people don't go around talking about vaginas.

The Women's Center at Pacific Lutheran University is putting on a production that does just that — "The Vagina Monologues" will be on stage early February.

Auditions were held Nov. 11 and 12 in the Anderson University Center.

Junior Courtney Gould, a director of "The Vagina Monologues," estimated that approximately 30 female-identified students auditioned.

"We hope the cast can really tap into their characters, because they are based on the experiences of real women," Gould said.

The monologues performed are based on interviews conducted by the show's creator Eve Ensler, who drafted the play in 1996.

Whether talking about vaginas or not, public speaking or auditioning for a play can be nerve-wracking. However, Gould said directors were

impressed by many of the young women who auditioned.

Senior Aubrey Frimoth was one of the female students who auditioned for the show Nov. 11.

"I auditioned for it because I've seen 'The Vagina Monologues' in the past years

The subject of the play is in the title itself: the vagina.

"At a liberal arts college [like PLU], there is a lot of empowerment that can happen," Frimoth said. "The Vagina Monologues' gives students, faculty and staff a place to express that and learn

"At a Liberal Arts college, there is a lot of empowerment that can happen... 'The Vagina Monologues' gives students, faculty and staff a place to express that and learn about it."

Aubrey Frimoth
senior

and was inspired," Frimoth said. "I had never heard of it until my first-year — it really made me think. After I saw the show, I knew I wanted to be a part of it."

"The Vagina Monologues" is an episodic play about a subject that has often been seen as taboo by modern society.

about it. It invokes thought and makes the word less scary."

The show's directors hope "The Vagina Monologues" will bring about this empowerment.

"Women don't talk about their vaginas or their sexuality — it's very internal," Gould said. "It's a good experience for women [to see the show],

because it opens up the topic so that women can feeling comfortable talking about their experiences."

Showings will go off-campus, as well: one showing will take place at the Washington Correctional Center for Women in Purdy, Wash.

"They really love it [at the correctional center]," Gould said. "They become very empowered by our performance."

Although many people believe "The Vagina Monologues" promotes female liberty, the monologues have come under scrutiny from many critics, including some feminist groups.

The monologues have become especially unpopular with socially conservative groups such as the American Society for the Defense of Tradition, Family and Property.

However, PLU's production hopes to be liberating and educational for all people.

"It should empower everyone," Gould said.

Favorite Thanksgiving recipes

Mast writers fill you in on what will fill you up

A NOTE FROM MATTHEW SALZANO, A&E EDITOR: This issue of *The Mast* serves for the week of Thanksgiving and is the second-to-last issue this academic year, landing right before the holiday season. This year, the staff hopes we can provide you with some holiday fun with our favorite recipes!



Crockpot Garlic Mashed Potatoes

5 lbs. red potatoes, peeled and cut into chunks
8 ounce package cream cheese
8 ounce container sour cream
1 1/2 cups chicken broth
3 teaspoons garlic powder
Salt to taste
1/2 cup butter, melted

Directions: Place potatoes into a large pot and cover with salted water; bring to a boil. Reduce heat to medium-low and simmer until tender, about 20 minutes. Drain. Transfer potatoes to a large bowl and mash with cream cheese and sour cream until thoroughly combined; slowly mash in chicken broth, followed by garlic powder and salt. Beat potatoes with an electric mixer on high speed until whipped, about 2 minutes. Transfer potatoes to a slow cooker. Set slow cooker to low and cook for 3 hours. Stir melted butter into potatoes just before serving.

"I really like Crockpot Garlic Mashed Potatoes because Thanksgiving just isn't the same at my house without these mashed morsels. The turkey is great and all, but come on. Potatoes."

RELAND TUOMI, Editor-in-Chief



Marshmallow Baked Sweet Potatoes

3 large garnet sweet potatoes, peeled and cut into 1-inch dice
1/4 cup salted butter
1/2 cup cream or whole milk
2 tbsp maple syrup
1/2 tsp ground cinnamon
Mini marshmallows (optional)

Directions: Boil sweet potatoes until soft enough to pierce easily with a fork. Drain

potatoes, return to the pan and add all the ingredients except for the marshmallows. Using a potato masher or whisk, mash the mixture until smooth. If using the marshmallows, transfer the warm potatoes to a baking dish, spread marshmallows on top and bake in 350 degree oven until the marshmallows are lightly browned and melted.

"Marshmallow Baked Sweet Potatoes are one of my favorite Thanksgiving recipes because my family always saves it for the holidays. It's one of those things that you only get once a year, so they have an authentic feeling to them. The maple syrup and marshmallows make it seem like more of a dessert so I always save them for the end."

GIANCARLO SANTORO, Sports Editor



The King Family Green Beans & Bacon

1 pound of fresh green beans
1/2 lb. of bacon
1 sweet onion, chopped

Directions: In a medium sized pot, first brown the bacon. Once bacon is somewhat cooked, add green beans and onion. Let simmer for 20-30 minutes, or until green beans are done. Enjoy!

"I love The King Family Green Beans & Bacon because it reminds me of my Grandma. I miss her a lot during the holiday season and this is my way of including her in my holiday festivities even though she's no longer with us."

ALLIE REYNOLDS, Online Editor



DeFord Family Green Bean Casserole

3 cans green beans, drained
1 can cream of mushroom soup
3/4 cup milk
1 can French fried onions or 1 1/3 cups

Directions: Heat oven to 350 degrees. In medium ceramic casserole pan, mix beans, soup, milk and 2/3 cup onions. Bake for 30 minutes until hot. Top with remaining 2/3 cup onions. Bake 5 minutes more.

"I love the DeFord Family Green Bean Casserole because I grew up making it with my mom. Not only is this dish delicious, but it's also easy to make. And, bonus, it's the ultimate comfort food that reminds me of family and fun."

NATALIE DEFORD, News Writer



Sam's Leftover Sandwich

Any desired amount of:
Turkey
Cranberry Sauce
Sprouts
Sourdough bread
Mayonnaise
Green onions

Directions: Put the ingredients between the two slices of bread. Enjoy.

"After Thanksgiving, I am so full that I don't want to cook anymore. But let's face it, an hour later I want another snack — so I make Sam's Leftover Sandwich. Make two, and bring one Black Friday shopping!"

SAMANTHA LUND, News Editor



Easy Pumpkin Cupcakes

1 box yellow cake mix
1 (15 oz.) can pumpkin pie mix puree
2 tsp ground cinnamon

Directions: Put all of the ingredients together in a mixer, and mix thoroughly. The mix will be incredibly thick, so make sure to have lots of patience as you place these into cupcake wrappers. Bake according to cake mix directions. Enjoy with store-bought cream cheese frosting!

"I pretend to be good at baking, but I'm not. Baking Easy Pumpkin Cupcakes leaves me feeling like a baking god without making me do any real work! Plus, it reminds me of how much I love home and those I cook with."

MATTHEW SALZANO, A&E Editor



VIDEO COMPONENT ONLINE

By IAN SMITH

HUNTER BOOTS

Hunting fashion or passing trend?

By BROOKE WOLFE
Staff Writer

With colder weather on campus, puddle-aware students have been turning to the ever-protecting comfort of rain boots. Through the years, the classic has taken on a whole new meaning.

This fall, the Hunter Original boot has led the charge against chilly days.

"I think that Hunter boots offer a fashionable take on rain boots," said junior Grace Takehara, editor of LuteLooks. "[They] are versatile, functional and offer a change from the familiar."

The British boot has turned heads of more than fashion editors.

People of all ages and nationalities have taken the opportunity to upgrade their cold weather wear with these. Since 2007, sales have skyrocketed for the brand worldwide, according to the Wellington website.

With chunky socks or on their own, Hunters have had shoppers emptying shelves all season long. Retail stores like Nordstrom's and online pop-up shops like Zappo's and Shop Bop have been rolling through orders to catch up.

"I don't have them," first-year Maggie Watson said, "but I

definitely want a pair."

The stylish trend was intended for something far from its daily use.

The Hunter Boots brand began as the North British Rubber Company and supplied its everlasting shoes to soldiers during both World Wars. From the trenches to the Palace, the British Royal family fell for the boots in the 1960s and hasn't stopped wearing them since.

Some say that the expensive price tag was meant for the elite — not the street.

"I haven't seen them around yet," sophomore Quinn Johnston said, "but I wouldn't spend \$150 on [a pair of boots]."

While some are mortified by the pretty penny, the statement piece can be understood by others.

"Personally, I think that they can be overpriced for the function of the shoe," Takehara said, "but if you put thought into its versatility in your wardrobe, then the investment can be worthwhile."

With the average Hunter Original boot claiming to last five years, the trend becomes more sensible. The original glossy black boot that has become the best seller in the United States is ticketed at \$158.

If that boot lasts five years, then the yearly price for the rain boot is \$32, which seems like a steal.

"Boots have always been popular," senior Martha Meyer said. "They are just another kind of popular boot."

After the misty mornings pass, the warm weather will bring an array of new footwear trends.

For now, Hunter Original boots will continue to warm the feet and empty the wallets of the puddle-runners ready to make the investment.

DOING THE MATH

Are the boots worth the buck?

It rains 146 Days in Tacoma, Wash.
5-year lifespan of a boot: 730 days
A pair of Hunter Original boot: \$158
Cost per rainy day: 22¢

WATERMARK PHOTO BY IAN SMITH

Garfield
BOOK COMPANY
AT PLU

Save Big

TODAY ONLY
BLACK
& GOLD
FRIDAY

Check In-Store For
Even More Savings!

ALL DAY DEALS 6AM-8PM

- MV SPORT FULL ZIP TRACK JACKET: \$39.99 (REG. \$49.99)
- PLU LUTES T-SHIRT: \$9 (REG. \$12.99)
- 30% OFF ALL SCARVES
- 30% OFF ALL HOLIDAY DECOR
- RUSSELL PLU LUTES 1/4 ZIP SWEATSHIRT: \$24.99 (REG. \$34.99)
- 25% OFF ALL STOCKING STUFFERS
- 25% OFF GLOWGLOGY BATH & BEAUTY
- 25% OFF HOLIDAY GIFT WRAP & BAGS
- 25% OFF WOMEN'S MV SPORT SWEATPANTS: \$24.99 (REG. \$29.99)
- 25% OFF BRUZER & CHAMPION HERITAGE COLLECTIONS

HAPPY HOUR DEALS 4PM - 6PM

- TICKLED PINK KNIT HEADBANDS: \$4 (REG. \$9.99)
- 40% OFF FRUIT CAKE SOCKS
- 30% OFF GUMBALL POODLE SOCKS
- 30% OFF GIFTCRAFT WINTER WEAR
- 30% OFF ALL JOURNALS

Terms subject to change without notice. No cash value. Select styles. All offers exclude textbooks, electronics, glassybaby, Dansk and Oleana. While supplies last. Cannot be combined with other offers, coupons or discounts. Doorbuster prices valid 6:00am-10:00am only; Happy Hour prices valid 4:00pm-6:00pm only; All day prices valid 6:00am-8:00pm only. All prices valid only on 11.21.2014.

From The Matrix: Helping others to learn about yourself

By PRINCESS REESE
Matrix Contributor

At graduation in May, my mood about entering the real world reflected the season. The air was clean, the days bright, and everything was new.

I had spent four years exploring Tacoma as an undergraduate, desperately trying to connect theoretical knowledge to what I witnessed around me, to me, because of me.

Women and Gender Studies prepared me to learn in non-traditional spaces. Anthropology helped me understand influences of culture and worldviews.

The Diversity Center gave me as much theoretical understanding of oppression and identity as I could handle. I was ready.

So, this fall I started my job as College Bound Assistant Instructor in the Tacoma School District.

Looking at Tacoma high school graduation rates, I knew I could make a difference. I would inspire my students as a black kid who grew up in South Seattle and made it out with two majors! Wasn't I just the inspiration they needed to know

that they could do it, too?

The funny thing about praxis, though, is that you don't have it until you've done it.

Boy, did I need practice. Imagine how floored I was when I met

my students and they barely cared about my stories.

I was helping college-bound students, yet only half consistently turned in homework.

My high school experiences as a person of color, female and poor came rushing back. These students didn't need me to inspire them. They needed me to understand them.

They needed me to remember being fifteen, stumbling into school with little sleep. They needed me to remember that the classroom was affected by a million factors before they came pushing and

laughing through my doors.

They needed forgiveness and grace and stern expectations. I needed to know that their stories were unbelievably large and unbearably complex.

My college education must not invalidate everything they had to offer.

One student told me: "If a teacher assigns busy work, I will skip that class every day and only show up to turn the work

in. My time is too valuable to waste inside a classroom where I'm not being taught." And she was right! These students know themselves well.

Many have experienced trauma on levels I don't comprehend, even though I grew up in a similar environment. They are navigating family and community ties, not quite knowing how to leave without

leaving everything they know behind.

They are learning to discern when to exercise power and resistance. They are examining authority figures with careful eyes, scrutinizing abuses of privilege and knowledge.

They are forming chosen families, learning about alliances and loyalty.

They are battling to enjoy their youth while the time to move on quickly approaches. They are living rich lives full of astonishing triumphs and infuriating failures.

They are living for themselves, their communities, and the future spaces they hope to inhabit. They are teaching everyone they meet without knowing it.

They are shaping me.

My students are a constant reminder that work in a community is not about me. It is about improving oneself to serve the community the best way one can.

Ultimately, the choice to live and breathe Tacoma, the desire to "help" the inhabitants of this intricately woven city, must begin with one thing I have learned this year: shut the fuck up and let them speak.

"Wasn't I the inspiration they needed to know that they could do it too?"

STOP & LISTEN: An update

By ANGIE TINKER
Matrix Co-Editor

It's been a busy week in *The Matrix* office now that the deadline for submissions has come and gone. "Stop & Listen," this semester's theme of our social justice magazine, is in full gear.

We've had all sorts of submissions that have latched onto the idea of "stop and listen." There are a lot of misconceptions that our authors have wanted to dispel about a variety of social justice issues.

This issue covers topics as widespread as justice for undocumented workers and positive community justice. Just like the student body of Pacific Lutheran University itself, the social justice passions of the community are diverse.

Authors used a wide variety of approaches to discuss social justice. For instance, Thomas Kim, senior, approached the question of immigration from an economic, mathematical viewpoint.

In contrast, senior Kyrie Benson

tackled the issue by discussing her experiences in Mexico through the perspective of a poem.

Senior Kristen Hayes wrote about the significance of taking time to pause and recharge in order to be an effective activist for social justice causes.

Luke Gillespie, junior, wrote about the constant pull of social justice in queer identities.

It wasn't just individuals that submitted to *The Matrix*, though: organizations around campus were represented as well. For instance, first-year Millie Pacheco and junior Caitlyn Dawes both submitted pieces on the importance of pursuing social justice on behalf of the Residence Hall Association. They are both social justice directors, Pacheco for Hong Hall and Dawes for RHA as a whole.

Senior Carly Brooks submitted a piece for the Center for Community Engagement and Service that takes a very local perspective on social justice and community service by focusing on the relationship between PLU and the greater Parkland

community.

As co-editor, Laura Johnson and I have worked through the layout and formatting of *The Matrix*, it has been nothing short of astounding to see what we've gotten from the community. We've toured classrooms, posted reminders and tabled to promote submissions this year.

That's perhaps where one of the most unique submissions comes from.

This semester, while tabling, we asked interested people to let us take a picture of them holding a sign that says, "I want people to Stop & Listen to..."

The responses came from all corners of the community as people asked for others to listen to empowering music, the environment, victims and the Black Student Union.

The expected release date for the "Stop & Listen" issue of *The Matrix* is Friday, Dec. 5, with a celebration planned to be held in the Cave.

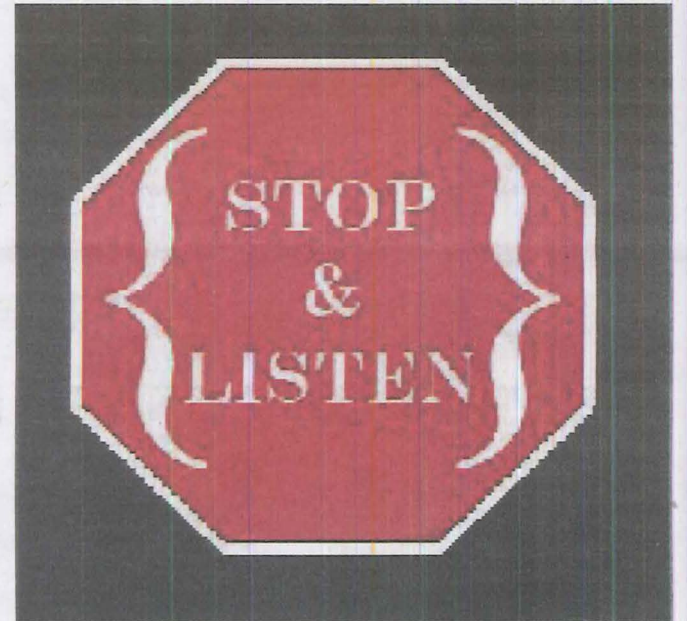


PHOTO COURTESY OF THE MATRIX

The theme for *The Matrix* this semester is "Stop & Listen." To learn more about *The Matrix*, email them at matrix@plu.edu.

Career fair offers opportunities for students



PHOTO BY RELAND TUOMI

Students came to the Career Fair hosted by Career Connections last Wednesday in the Morken Center atrium. They interacted with businesses such as Alaska Airlines, Amazon and New York Life Insurance.

By RELAND TUOMI
Editor-in-Chief

College students nationwide all have one unanswered question: what am I going to do after college? Pacific Lutheran University students are no different, which is why Career Connections offers career fairs for students.

The most recent Career Fair was from 3-6 p.m. Wednesday, Nov. 19 in the Morken Center's atrium.

Businesses in attendance included Alaska Airlines, New York Life Insurance Company and Amazon.

This was the first career fair at PLU Amazon attended.

"There's a lot of great talent here," said Seyash Singh, a business analyst for Amazon. "So far, it's been a good experience."

Career Connections will host more career fairs throughout the year, and each will focus on different concentrations and majors.

"The target of career fairs is to better align majors with employers," said Jody Horn, Recruiting and Outreach Manager for Career

Connections. "The benefit for career fairs is to provide the opportunity for students and employers to connect and build network relationships that can result in internships or potential careers."

Many students attended the event looking for internships and opportunities.

"I was really interested in working with Alaska Airlines. I asked them about job shadows and informational interviews," senior Amanda Bragalla said. "I think [the career fair is] beneficial because it gives students opportunities to talk to recruiters that might be interested in joining their companies."

Students can connect to employers through a site called Lute Link as well, where students can connect with alumni in jobs that interest them. It can be found on the Career Connections web page at <http://www.plu.edu/career-connections/home.php>.

Career fairs in the future will focus on nursing and healthcare, social sciences and arts and communication. For more information, visit the Career Connections website.

Debate writes history at Linfield

By **BRENDAN STANTON**
Debate Member

Pacific Lutheran University debaters took home the most world's style debate awards at one tournament in the program's history at Linfield College this weekend.

Senior division debate duo Angie Tinker, senior, and Brendan Stanton, junior, earned first place in the preliminary rounds and received a finalist award in a field of 32 teams.

Junior division team Hannah Bates, first-year, and Matt Aust, sophomore, and junior division team Caila Fautenberry, senior, and Austin Ballard, junior, received awards for debating in the semi-finals in a field of 28 teams.

"Seeing PLU get so far in both divisions was exhilarating," Tinker said. "I've never seen that much excitement on the team."

Tinker was also recognized as the third best

speaker in the senior division.

Ten teams represented PLU at the tournament and consistently defeated top schools in the region including Linfield, Willamette, Gonzaga and Seattle University.

Teams debated on issues including immigration policy, death with dignity laws, criminalizing street harassment, quarantining people exposed to Ebola and U.S. foreign diplomacy in the Middle East.

"I think our showing at Linfield proves that PLU's debate program is one to watch out for," Bates said.

The team is open to all students with or without debate experience and meets 6-8 p.m. Tuesdays and Thursdays in Ingram Hall.

They will host a high school speech and debate tournament on campus Dec. 5 and Dec. 6. All students are welcome to judge at the tournament.

For more information, e-mail T.O.H. Karl Forensics Team director Justin Eckstein at ecksteja@plu.edu.

"I think our showing at Linfield proves that PLU's debate program is one to watch out for."

Hannah Bates
first-year



PHOTO COURTESY OF ANGIE TINKER

Angie Tinker (left) and Brendan Stanton (right) with their award for winning first place in the preliminary awards at Linfield University.

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From Saxifrage:

LEAN IN

By **GRACE GARVEY-HALL**
Saxifrage 38 Contributor

Lean in closer,
I'll tell you.

Passion is pen and
Paper and words -
Filling
Filling
Filling the page

Hot water washing away
Mud and revealing inspiration

Sore muscles
Heavy with accomplishment

My heart swinging
From sorrow to delight

Rediscovering melodies I once loved

My body pressed into yours,
Or is it yours to mine?

Crunchy sidewalk leaves
And the crisp apple of Fall

A cup of tea on my windowsill

A smile,
Better yet a laugh
Escaping
While I look the other way

Old letters

God.

A poem

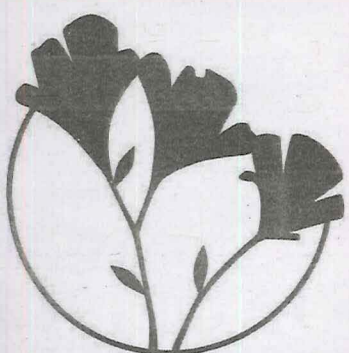


PHOTO COURTESY OF SAXIFRAGE

ABOUT THE AUTHOR:

Grace Garvey-Hall is a senior at PLU majoring in Hispanic Studies and English with an emphasis in creative non-fiction. Upon graduation in December, Grace will return home to Minnesota. One of her short-term goals is summiting Mt. Rainier. Her long-term goal is becoming a writing professor.

Saxifrage is open for submission for publication in *The Mast*. Send your poetry, visual art, fiction and creative non-fiction totalling no more than 500 words any time to saxifrag@plu.edu for consideration. Find us on Facebook, Twitter and at <http://saxifrage.plu.edu>



Sax·i·frage

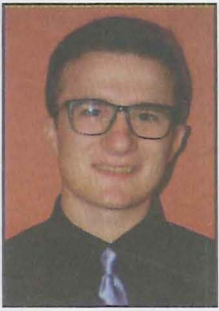
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questions or
requests?
Email us at
mast@plu.edu.

Avoid participation in hookup culture

By MICHAEL DIAMBRI
A&E Writer



Many people argue that the hookup culture in college is liberating. In reality, the hookup culture only liberates miscommunication, poor health choices and incidents of rape and violence.

Today's college students may think that casual flings and hookups are essential to the college experience.

Students don't realize that these undefined, reckless endeavors are getting them nowhere.

College is a complicated time. You can complicate the craziness of college more with an impractical hook up or fling.

As any person who has ever been in a relationship that has gone wrong can tell you, miscommunication is a relationship killer.

The intentions of the random hottie you are making out with at a party might not be clear.

Situations like this lead to poor communication climates.

In the hookup culture of college, mixed signals are constantly being sent off and perceived as something that they are not. Especially because a great

deal of the communication done is non verbal.

We all know catching "the feels" sucks. Especially when this is just with a casual fling, or when you learn that you were just a rebound. When the feeling turns out to not be mutual, one side of the relationship ends up hurt and heartbroken.

Additionally, representatives from the Centers for Disease Control and Prevention and other professional organizations have said that the hookup culture is not healthy.

The CDC reports that around 10 million college-aged people are diagnosed with sexually transmitted diseases annually in the U.S.

It is scary to think about if people involved in the hookup culture bother to get tested for a sexually transmitted disease.

"Mixed signals are constantly being sent off and perceived as something that they are not."

Also, how can we expect incidents of rape and violence in college to end when having sex with someone is promoted among students, especially through social media. Just look at Tinder, Yik Yak, Twitter or Instagram to see the promotion of the hookup culture.

The miscommunications occurring in the hookup culture often leads to instances when individuals feel pressure to give consent when they don't want

to. This is because many people have perceived the hookup culture to be the societal norm.

Additionally, having sex with someone who is intoxicated is considered rape. An individual who has had too much to drink is not in the right mind to make an insightful decision and give consent.

Although not all situations of rape involve alcohol, unfortunately, instances of rape involving alcohol have been perpetuated by the hookup culture.

The National Institute for Alcohol Abuse and Alcoholism reported this striking fact about sexual abuse: yearly around 97,000 students ages 18 to 24 are victims of alcohol-related sexual assault or date rape.

College is being glorified as something different than what it is intended to be. For many, college no longer means preparing yourself for your future, it only means enjoying right now.

Being in college grants less supervision and levels of independence to constantly make individual decisions that most have not had before enrolling. This certainly comes into play when students decide to try new things in college. They feel like they are free.

I am not saying "don't experiment" and "don't party" – college is all about new experiences, making connections and seeing what the world is like. Make sure you are thinking with your brain and not with your genitalia when you experiment.

Although people may tell you how liberating the hookup culture is, feel free to not be a part of the hookup culture and live a healthy and safe life.



THE MOORING MAST

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Spend spare time in the community garden this season

By TAHLIA TERHUNE
Guest Writer

The cold weather does not stop life and growth in Pacific Lutheran University's community garden, and the holiday season highlights the need for food for many local individuals and families. Hungry Pierce County residents could benefit from students' spare time this winter.

PLU's community garden, founded in 1997 by Brian Norman, is alive and well. Students, community members and faculty regularly keep this garden alive. Located on upper campus by Ingram Hall, the community garden is accessible for all PLU students.

Throughout the years the garden has evolved. The garden project was an aspiration for senior Brian Norman in 1997, but his plan was short-lived. It was forgotten until 2006, when students Kate Fontana and Becky Mares volunteered their summer bringing the garden back to life.

In 2007, the garden doubled in size, attracting more help from students and faculty. Community organizations such as the Boys and Girls Club were also involved in helping the garden grow. Since 2007, it has been a collaboration of efforts to provide fresh and organic food to the community.

Now partnered with local church Trinity Lutheran, the garden annually donates close to 2 tons of carrots, tomatoes, lettuce, broccoli and various other vegetables and herbs to the church.

Each month in Pierce County there are more than 115,000 visits made by children, adults and seniors seeking food assistance according



PHOTO COURTESY OF MATTHEW SALZANO
Members of the Accounting Club volunteering some of their time at the community garden. Pulling weeds, harvesting foods, landscaping and caring for plant beds are among the many things volunteers can do at the garden.

to the Emergency Food Network (EFN).

Nationally, according to EFN, 19.5 percent of Americans live in hungry or food-insecure households. By lending spare time at the garden, students can ensure quality vegetables will be grown for local, hungry community members.

It's a small way to make a big difference.

"I think it shows that our school and students of PLU want to try and fix the problem by giving food to those who are less fortunate," junior

Christian McConnell said.

Anyone is invited to stop by and lend a hand.

The garden has many unique features including raised gardening beds made to be wheelchair friendly. This garden has gone above and beyond to allow for inclusivity among Parkland resident.

This winter, if you get into the giving spirit and have some extra time, spend an afternoon tending to vegetables, improving landscaping or supporting the garden in any way you can.

For additional information, email the Community Garden at garden@plu.edu. It may also provide updates and newsletters along with events.

JOB OPENING

The Mast is hiring!
We are looking for a Sports Editor for spring semester.
If you would like to apply, email *The Mast* at mast@plu.edu

SAY 'YES' TO HOOKUPS

By SAMANTHA LUND
News Editor



Slut-shaming has always been a part of hookup culture. Young adults are told that casual sexual encounters lead to STI's, rape and unhealthy views of relationships.

However, instead of telling women to keep their legs closed and teaching young adults that casual sex leads to various STI's, I wonder why we don't take the easier route and teach children to practice safe sex.

Hooking up is loosely defined as having sex without being in a committed relationship. Hookup culture does not depend on alcohol or drugs. Educated young women do not need alcohol or drugs to force them into sexual encounters – we are not the damsels in Disney movies.

Also, hooking up does not necessarily mean sex. Hooking up can just be considered making out. Sex does not always have to be a part of the equation.

The stigmas against hookup culture comes from three general places: adults shaming us, shaming one another and the media making each sexual encounter into a rape story.

Many adults in our lives have taken a note out of Coach Carr's playbook, which he so eloquently stated in "Mean Girls,"

"At this age, you're going to have a lot of urges. You're going to want to take off your clothes and touch each other. But if you do touch each other, you will get Chlamydia... and die."

Following this idea, if we eat candy all of our teeth will get cavities and will fall out. Yes, having sex can lead to STI's just like candy leads to cavities. Instead of teaching kids to never eat sugar, we teach them to brush their teeth twice a day and practice safe sugar eating. Practicing safe sex is no different.

Peer shaming ostracizes men and women who choose to have sex without monogamy. Girls who have casual sex are sluts and men are players, but there are so many other labels they fit into.

Peer labels are slowly going out of fashion. Calling things "so gay" is no longer acceptable and calling a girl a slut is the same – it is a sexual stigma. Let's drop the labels and embrace who we are beyond that.

The media portrays hookups as horny teens looking to fill their pleasures in dumb, drunken ways or girls being peer-pressured to go home with a guy after one-too-many drinks.

In reality, if we let women empower themselves sexually, they will not need to get drunk to claim that as their excuse for having sex.

If casual sex is no longer taboo, open and honest conversations about practicing safe sex are more likely.

Rape is a very serious and real threat not to be taken lightly. It seems that colleges are known for having Friday night parties turn into students being too drunk to consent and being raped. I cannot stress this next point more clearly: instead of shaming women for drinking or choosing to partake in casual sex, teach young men not to rape.

It is not crazy to believe that students can partake in casual sex in a smart way, without drugs or peer pressure. Some young adults simply choose to focus on themselves rather than having to keep up with another person. Shaming them for that is what makes students think they need to be drunk to have casual sex.

It is offensive and demeaning to say that students need to get drunk to choose to have sex with one another. We are young. There is no reason to keep two consenting adults from practicing casual and safe sex with one another.

Study Break

Life Hacks

Buy two small turkeys instead of one large one when serving a large crowd.

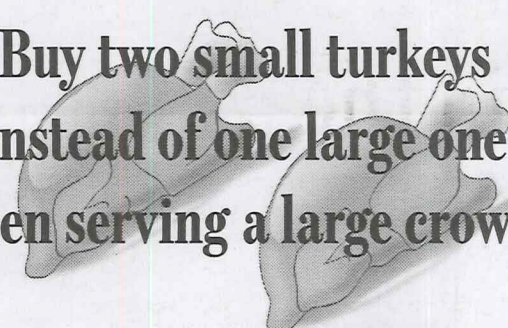


PHOTO COURTESY OF CREATIVE COMMONS

SUDOKU High Fives

5	2							1
			5	8	9	4		
		6	3		5			
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	4	9	3	8	7			8
	8	2		5				6

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HOW TO PLAY: Sudoku High Fives consists of five regular Sudoku grids sharing one set of 3-by-3 boxes. Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition. The numbers in any shared set of 3-by-3 boxes apply to each of the individual Sudokus.

Universal Crossword

Edited by Timothy E. Parker November 16, 2014

ACROSS	51 Old Chinese money	17 "Cast Away" setting	48 Revved, as an engine
1 Attain new heights	53 Cries of aversion	18 Be in session	49 Eagerly excited
6 Compound W's target	55 Deadly of country music	23 Jackson	52 Boxer Muhammad
10 "Be quiet!"	58 The "A" in A.D.	25 Legendary Olympian	54 Socked away
13 Migraine precursors	60 Big commotions	Korbut	55 Order after "aim"
14 Coloratura's piece	64 A spur to action	26 Macaroni shape	56 From the beginning
15 Safe, on board	67 Mel's "Ransom" co-star	27 Actress Verdugo	57 Fork part
16 Race fiers	68 "Well done!" in Italy	28 Celtic or Wizard	59 Supreme Court count
19 Till stack	69 Land at a river's mouth	30 Mortise joint	61 Remove, before printing
20 "Cut it out!"	70 Barnyard bleater	32 On one's toes	62 Catch ___ (start to get)
21 Agenda entries	71 Attachment for "ible" or "itor"	33 Wild enthusiasm	63 Lee of Marvel Comics
22 Ring above a saint	72 Old-fashioned music hall	34 Broke off	65 Disney division
24 French novelist Pierre	DOWN	36 Speak in error	66 Tokyo, formerly
26 Common Market inits., once	1 Play group	40 Evening, to Variety	
29 High-protein bean	2 Fretted instrument	41 Commandment violator	
31 Break, as a horse	3 Turkmenistan neighbor	42 Bandmate of Crosby and Stills	
35 Guanaco cousin	4 Quagmire		
37 Chang's Siamese twin	5 Wager		
38 ___ Bator, Mongolia	6 Like some destruction		
39 What any good story has	7 Jason's mythological ship		
43 Aces, sometimes	8 Undulant or wavy		
44 Phrase of commitment	9 Clavell's "___-Pan"		
45 Eagle's home	10 ___ gin fizz		
46 Conflicts	11 Nautical steering wheel		
47 The ___ (Friendly Islands), informally	12 Name on toy fuel trucks		
50 Young boy	15 Disposition		

PREVIOUS PUZZLE ANSWER

A	R	C	E	D	B	E	S	S	S	A	R
R	H	I	N	O	E	L	L	L	R	E	D
P	O	S	T	O	F	I	C	E	A	N	E
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					E	R	E	C	T	I	N
					S	I	S	A	I	D	S
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					T	O	O	N	T	E	C
					A	R	K	S	S	A	K

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LONG WAY FROM FINISHED By Rob Lee

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16						17					18			
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55	56	57				58	59				60	61	62	63
64						65					66			
67						68					69			
70						71					72			

SPORTS SCOREBOARD

Women's Basketball

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
George Fox	2	0	0	0-0	Won 2
Linfield	2	0	0	0-0	Won 2
Puget Sound	2	0	0	0-0	Won 2
Whitworth	1	0	0	0-0	Won 1
Lewis & Clark	1	1	0	0-0	Lost 1
PLU	1	1	0	0-0	Lost 1
Willamette	1	1	0	0-0	Won 1
Pacific	0	0	0	0-0	None
Whitman	0	2	0	0-0	Lost 2

LUTES' UPCOMING GAME: Nov. 21 vs. Concordia Moorhead, 2 p.m.

AROUND THE LEAGUE...

MEN'S BASKETBALL: Lewis & Clark junior guard Jason Luhnnow earned NWC Student-Athlete of the Week award after scoring 25 points and earning seven rebounds against Centenary (La.) and 14 points, eight rebounds against Evergreen State.

SWIMMING: University of Puget Sound swimmer Nick Mitchell won all six individual events in his team's meets against Willamette and Linfield. Mitchell won the 1,000 freestyle, 400 IM and 100 freestyle against Willamette and the 500 freestyle, 1,000 freestyle and 200 freestyle against Linfield.

Information courtesy of <http://www.nwccsports.com/landing/index>

Men's Basketball

TEAM	WINS	LOSSES	TIES	CONFERENCE	STREAK
Lewis & Clark	2	0	0	0-0	Won 2
Whitman	1	0	0	0-0	Won 1
Whitworth	1	0	0	0-0	Won 1
George Fox	1	1	0	0-0	Lost 1
Linfield	0	2	0	0-0	Lost 2
Pacific	0	1	0	0-0	Lost 1
PLU	0	0	0	0-0	None
Puget Sound	0	0	0	0-0	None
Willamette	0	1	0	0-0	Lost 1

LUTES' UPCOMING GAME: Nov. 21 vs. Oglethorpe, 4 p.m.

Santoro Speaks... Senseless act should remind us to be grateful

By **GIANCARLO SANTORO**
Sports Editor

Sometimes, no amount of words can do any situation justice.

Sometimes, no amount of words can fix what has been done, and no amount of words can stop the pain.

Words, sometimes, barely portray emotion — or fix confusion — and they can only serve as remembrance, because things can seem so perfect at the beginning.

Linfield College's football team had just won its sixth straight Northwest Conference title over the weekend with a dominant 59-0 win over second-placed Pacific.

As the team, fans and university were getting ready to celebrate, the unthinkable happened: a player was killed just hours after the game.

I didn't personally know Parker Moore, the 20-year-old Linfield football player who was stabbed to death at a 7-Eleven near Linfield College in McMinnville, Ore. But that doesn't mean I don't feel anything every time I see or hear about his death.

It was a brutally random killing, and because the police fatally shot the suspect at the scene of the crime, the Yamhill County Sheriff's Office is still struggling to find a motive.

There is no need for me to go into further detail about the event or about the suspect and victim.

Social media and the news can be your sources for saturated, violent media, but I can't help but feel that as a college student and former athlete, this story was particularly chilling.

The reason? It could easily have been me.

When I was on the men's soccer team here at Pacific Lutheran University, I had countless Saturday nights after winning a game where I stopped by the local AMPM gas station on Pacific Avenue to get a Gatorade and some snacks before going home to relax.

More than a few times, I would keep my eye on people loitering outside of the store, because, as we all know, Parkland is far from the safest city in Washington.

I never had the sense that I would be attacked — keeping my wits about me was more of a precaution — and I am lucky to say I have never had any trouble.

Tragically, I'm sure Moore felt the exact same way. I don't want to break out typical clichés, like, "don't take life for granted," or, "it can be gone in an instant," but this is a situation where these overused phrases have never been more true.

The Linfield football team and university lost a member of its family to a truly senseless act that may never be explained.

Moore, a resident adviser and business management major, was described by Linfield head coach Joseph Smith as "a leader of people."

I hope you will join me in sending condolences to his family, Linfield College and the rest of the athletes in the Northwest Conference, whether teammate or opponent, who knew Moore.



PHOTO BY GIANCARLO SANTORO

Members of PLU's varsity athletics teams gathered in Olsen Gym to show their support for Linfield College and Parker Moore. Athletes from fall, winter and spring sports were present, and all signed the banner that read "Linfield Strong" with Moore's number, 35, on one of the banners.

Dickerson: Lutes needs return to "toughness"

By **JAKE BILYEU**
Guest Writer

Are you ready for some Pacific Lutheran University Basketball? Well, you better be.

The 2014-2015 Northwest Conference season opens with back to back games this today, Friday, Nov. 21 and tomorrow, Saturday, Nov. 22 in the Doug McArthur Classic, held at the University of Puget Sound in Tacoma.

To help get you ready for the season, we have to go over what happened last year, and all that has changed since then.

Last year, the Lutes' basketball team finished 8-17 in the win-loss category, going 5-11 in conference games.

One of the leaders on the team, Arvid Isaksen, was playing in his senior year.

So, this year, replacing him is high on the priority list.

PLU head coach Steve Dickerson is entering his ninth season in charge of the Lutes, and will look first-and-foremost to improve on last seasons seventh place NWC finish.

The teams highest finish under Dickerson was in 2011-

2012, when the Lutes finished fourth.

In a sit down I had with coach Dickerson, he revisited last season, recalling that Isaksen had been their leader from sheer hard work and motivation for his teammates.

Replacing that will be tough, but the Lutes are bringing back a few stars from last year's squad.

Terrell Williams, one of this year's returning seniors, will look to finish strong this year in a full time starting role, after spending some of last year and previous years as the team's 6th man.

Other returners include two All League Honorable Mention award winners and sophomores, Bryce Miller, a stat-sheet filler at the post position, and Brandon Lester, the team's leading scorer from last year.

In that same sit down with Coach Dickerson, he noted that the Lutes basketball team had built up a tradition of bringing toughness to the court, but that they had let that toughness slip in the past couple years.

The new recruits coming in this year will also look to bring back that toughness.

They are making good progress on that goal so far.

In the Lutes' pre-season exhibition game, first-years

Dylan Foreman and Zach Wallin were among the leaders in scoring.

Another problem that the Lutes had last season was finishing games.

The Lutes lost many of their games last year after falling apart in the final minutes.

Coach Dickerson aims to prevent that at all costs this year, but he may have a tough time accomplishing that goal this year.

He believes that the shooting this year could be off the charts, but that the team may also struggle with rebounding this season.

And, since basketball games are generally won and lost by rebounding late in games, the Lutes are hoping to bring that toughness back in full force this year.

Among all of these things to expect, we should all expect an exciting season of PLU basketball.

Baseball: Money talks in Giancarlo Stanton deal

Is any athlete worth megadeals?

By **CHRISTIAN BOND**
Guest Writer

The Miami Marlins have offered outfield slugger Giancarlo Stanton one of the biggest contracts in U.S. sport history: \$325 million over 13 years.

The Marlins set Major League Baseball contract records in both length and amount of money given to a player.

Does Stanton deserve the money?

The last time we saw Stanton on the field, he was getting hit in the face with a 90 mile-an-hour fastball. The money is well deserved.

The two-time all-star is known for destroying baseballs.

Stanton made his debut in 2010. His career numbers include 619 hits, 154 home runs and a batting average of .271.

This past season was Stanton's best. In 145 games, Stanton batted .288 with 37 home runs and 105 RBI.

All of Stanton's past achievements prove that he is going to be a stud for a long time.

As baseball fans in the Northwest, we are no strangers to huge contracts.

Last offseason, the Seattle Mariners shocked the baseball world by signing 30-year-old second baseman Robinson Cano to a 10-year, \$240 million deal.

Cano was criticized for leaving New York,

but was able to put up the numbers to live up to the contract.

Stanton's new deal makes the Cano deal look like nothing.

By signing the 25-year-old for the next 13 years, the Marlins have committed to Stanton being the cornerstone of their franchise moving forward.

One of the biggest doubts regarding the contract is the length.

For that reason, the Marlins have given Stanton the option to get out of the contract in four years when he will be 29, to try and get another team to sign him for a long-term deal.

If Stanton does stay at the Marlins for his entire contract, he will be 37 when the 13 years are over.

The only real downside I see to the deal is that Stanton has to call Marlins Park, the ugliest ballpark in all of baseball and one that is worth less than his contract, his home.

In all sports, athletes are paid for their past performances.

Stanton's four year MLB career shows a lot of promise in years to come.

The contract is record-breaking, but it also has holes in it to ensure that Stanton is satisfied with where he is at.

Whether Stanton opts out of his contract, or stays with the Marlins for the entirety, he will be a very wealthy baseball player.

Things you can buy with
\$325 million:

928 Lamborghinis

147 private islands in the
Bahamas

72 Space Needles

6.25 Key Arenas

Record-breaking Senior Night ends football season

By **STEVEN MCGRAIN**
Guest Writer

In its first-ever official game against George Fox, the Pacific Lutheran University football team out-matched the Bruins in all facets of the game for a 49-7 Northwest Conference victory on Senior Night at Sparks Stadium in Puyallup, Wash on Nov. 15.

Finishing up its first season since the football program was cut 45 years ago, George Fox was no match for the Lutes.

After a shaky start, the PLU offense found their rhythm, and sustained it through the rest of the contest.

Senior quarterback Dalton Ritchey continued to display his ability to lead the offense using his legs and arm.

Multiple times throughout the progression of the game, Ritchey ran to pick up a third down conversion or found his reliable senior wide receiver Kyle Warner over the middle.

In their final game, Ritchey completed 14 of 21 pass attempts for 143 yards and a touchdown.

Warner caught six passes for 70 yards and a touchdown. A historic statistic occurred Saturday for senior running back Niko Madison.

There have only been three players in Pacific Lutheran history to rush for more than 1,000 yards in a season; the last person to accomplish the feat was Anthony Hicks in 1999.

Against the Bruins, Madison reached 1,026 yards on 128 carries for the season.

Madison rushed for 162 yards on 23 carries and crossed the goal line twice for PLU touchdowns against the Bruins.

"He runs extremely hard and its encouraging for us as an offensive line when he runs the way he does, makes blocking for him worth it," senior offensive line Parker Browning said. "He is a great person and I wouldn't have asked for a better running back during my time at PLU."

"It was an emotional huddle at the conclusion of the play, because of all of the hard work as a unit and for Niko [Madison]," senior lineman Tevon Stephens-Brown said. "He is not only a great player, but a great person as well."

The Bruins did not record a first down until late in the second quarter, and, by that point, the Lutes had put the game away being up 35-0.

The Lutes defense forced six turnovers; the starting quarterback for George Fox was relieved in the first quarter.

The ball was intercepted twice by PLU, once by junior linebacker Kyle Bennett and the other by senior linebacker Blake Peterson.

The defensive group was able to force four fumbles and recover four out of five.

"It was important for us to dominate on defense," senior Derek Kaufman said. "It showed with the six turnovers, I was proud of the way we played as a team."

This game signified the conclusion of the 2014 football season.

The departing seniors are the winningest class in the Scott Westering era with a 28-10 overall record and, most importantly, brought the Lutes back to the playoffs for the first time since 2001.

Their final play as a class was just like so many before.

Ritchey connected with senior receiver Austin Hilliker for a pick-up of four yards, good enough for a PLU first down.

The move was only fitting the best senior class in the Westering era to give the underclassmen a new set of downs.

Missing out on the the NCAA playoffs with a third-place NWC finish, PLU concluded the season 7-2 overall and 5-2 in conference.

George Fox finished their first season back 1-8 overall, 1-6 in conference.

"It was an emotional huddle at the conclusion of the play because of all of the hard work as a unit and for Niko [Madison]."

Tevon Stephens-Brown
Senior offensive lineman



PHOTO COURTESY OF PLU ATHLETICS COMMUNICATIONS

PLU captains, seniors Dalton Ritchey (10), Tevon Stephens-Brown (68), Greg Hibbard (9) and Zach Phelps (50) were honored along with 22 others on Senior Night against George Fox.

PACIFIC LUTHERAN UNIVERSITY

Class of '15

Austin Hilliker (2), Spencer McKinnon (2), Shawn Bowen (3), Connor Anderson (5), Connor Cummings (7), Greg Hibbard (9), Dalton Ritchey (10), Travis McCarthy (13), Kyle Warner (17), Derek Kaufman (19), Niko Madison (24), Joel Anthony (30), Chris Krieg (34), Doug Sullivan (35), Blake Petersen (40), Nick VanDomelen (46), Austin Cook (47), Zach Phelps (50), Joel Teats (50), Mikhail Vlasenko (58), Matthew Baker (62), Tevon Stephens-Brown (68), Cody Hatton (74), Parker Browning (76), Lucas Sontra (85) Fernando Barrett (88).

Cross country runs at NCAA West Regionals

By DAVID MAIR
Staff Writer

The Pacific Lutheran University men's and women's cross-country teams put their last foot forward of the season at the Division III National Collegiate Athletic Association's West Regional Cross Country Championships.

The championships were held at Bush Park at Willamette University in Salem, Ore. Saturday, Nov. 15.

Though there was not a cloud in the sky it was a chilling 36 degrees, tough conditions for anyone to run in.

While the sun was shining bright on the runners, it couldn't compete with the beaming spirits and rays of hope coming from PLU's runners.

Both PLU teams put their best foot forward, yet the women placed higher at the end of the day.

The men didn't place in the top 17 in the men's 8-kilometer race, but sophomore and team captain Charlie Mogen did place 88th with a time of 27:52.

"He ran a solid race with twenty seconds off his PR [personal record]," PLU head coach Heather Kreier said. "Since the race conditions were very muddy and slick at 34-degrees, this was a very respectable race for the conditions."

Claremont-Mudd-Scripps won first with 46 points while Pomona-Pitzer ran its way to second place with 52 points. Occidental took third with 97 points.

In the women's 6-kilometer race, PLU scored 444 points, and a time of 2:05:49 was good for 16th.

"The women's team had one of the closest spreads the entire season at one minute for the top five," Kreier said. "Most athletes were within thirty to forty seconds of their season PR's, and since the race conditions were bitterly cold and muddy, the women ran great."

Sophomore Genevieve Brandt placed 67th overall with 66 points, setting a time of 24:24:1.

In first was Willamette with 31 points and a time of 1:52:36.

Claremont-Mudd-Scripps clinched second with 54 points and a time of 1:53:54 and Whitworth ran to finish third behind the rest with 147 points and a time of 1:56:45.

With the 2014 NWC season finished, Kreier noted some positives.

"Our teams have grown in the grit department," Kreier said. "Being able to hold firm with PR's at a championship is a great example of their determination and hard work."

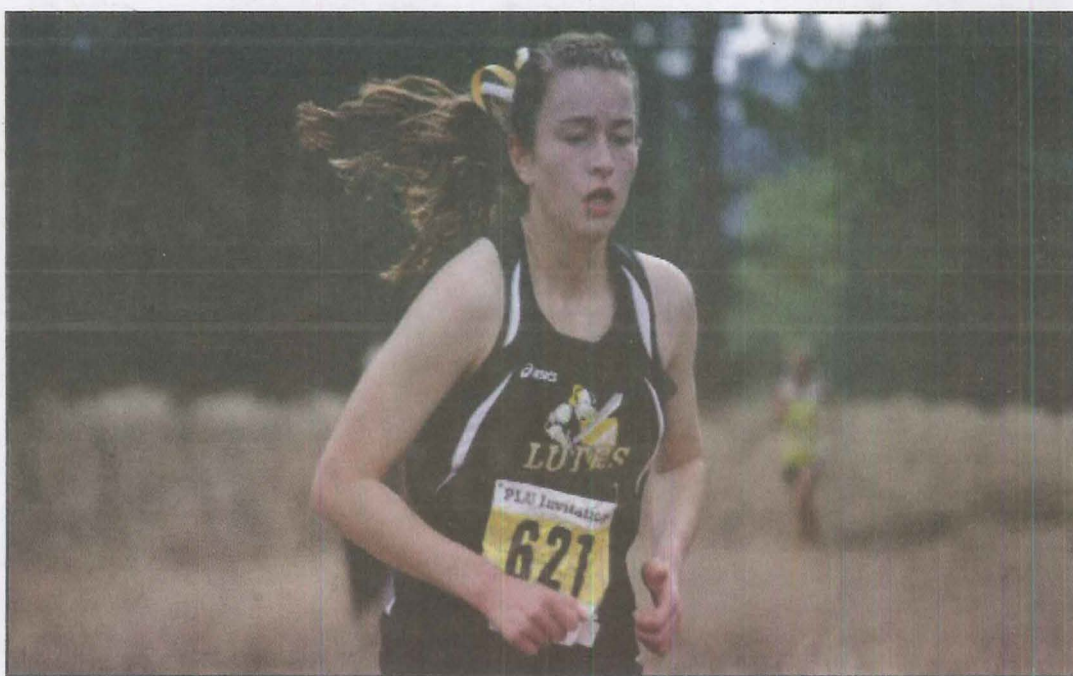


PHOTO COURTESY OF PLU ATHLETICS COMMUNICATIONS

Sophomore Genevieve Brandt was one of the Lutes' most consistent runners during the 2014 NWC cross country season, and finished the year as one of the Lutes top runners. In every race she competed in, Brandt finished in the top two highest times for PLU women runners at every meet this season.

Stat Sheet

11 of 14 runners on the men's team are sophomores.
28 of 32 runners on both teams have sophomore or first-year eligibility.

Sullenberger twins take PLU swimming by storm

By DEBORAH CABANOS
Guest Writer

Identical twins Kiana and Shanell Sullenberger share a lot more than the same face. They share passion for the sport of swimming.

The twins, juniors who transferred from Washington State University, joined Pacific Lutheran University's swim team this year for the Northwest Conference winter sport season.

Both women started swimming when they were 11 years old.

Their dad, who swam for West Point, encouraged both of the women to try swimming.

After giving it a try, they liked it, so they decided to stick with it.

"For a short time, our dad was always our primary coach," Shanell said. "He took us to most meets when we weren't on a swim club."

The twins joined Thurston Olympians Swim Club to progress with swimming.

When they reached high school, they swam for River Ridge High School, all while balancing track and field.

Together they hold 10 out of 12 school records at River Ridge.

With their talent in swimming, both Kiana and Shanell signed letters of intent to swim at WSU.

However, after two years of swimming at WSU did not yield the improvements they wanted to see, the Sullenberger twins started looking for a school they could transfer to.

They remembered Lutes swim coach Matt Sellman from their senior year in high school.

"His program after the last two years demonstrated how good of a coach he was," Shanell said.

Both girls have seen a lot of improvement under his wing.

They are already swimming faster than they did at the PAC-12 swimming championships last year.

"The program is really stroke oriented, so

we get a lot of stroke work, not just freestyle," Kiana said.

The varied approach to training has helped, and Shannell even won the Northwest Conference Women's Swimming Student-Athlete of the Week award after her performances at the NWC Relays in Salem, Ore. and the NWC Sprints in McMinnville, Ore. Oct. 31 and Nov. 1, respectively.

Last weekend, they added more wins to their impressive swimming feats.

Swimming in Oregon against Linfield College on Nov. 14, the pair won two races each.

Shanell won the 50 free and 100 free while Kiana won the 100 back and 100 breast.

The following day, against Willamette University, both contributed to win the 400 medley.

Despite being competitors, the sisters love swimming with and against each other.

"In the end, [Kiana] will always be my built in training partner," Shanell said. "I want to win with her and if I lose, she makes it okay."

They also push each other, which is why both of them are so successful.

"[Shanell] always pushes when I'm running out of steam, and no matter what, she always has my back," Kiana said.

Based on the team's recent 4-0 record in NWC, the pair have potential to be important swimmers for the Lutes this season.

The fact that they see the other swimmers as family, both women said the transition to PLU has been incredibly easy.

Practically thinking in unison, the Sullenbergers agree, "[PLU] is such a healthy and happy environment which makes our 5:45 a.m. workouts worth it, because it's like we've gained 40 brothers and sisters," Shannell said.



PHOTO COURTESY OF PLU SWIMMING FACEBOOK PAGE

The Sullenberger twins, Kiana (L) and Shannell (R) show off their PLU-inspired nails during their Nov. 7 meet at home against Lewis & Clark. The pair look to continue PLU's winning tradition in swimming. So far, the team is off to a perfect start and is 4-0 in Northwest Conference meets.