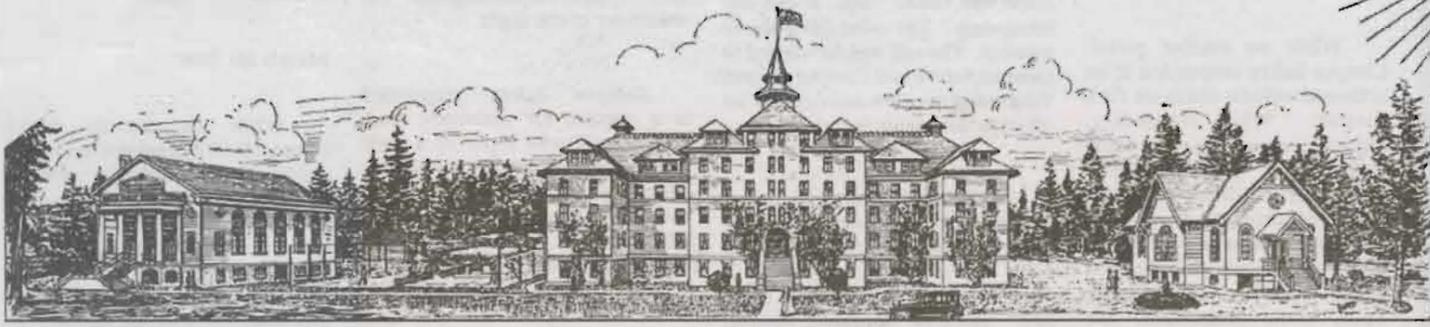
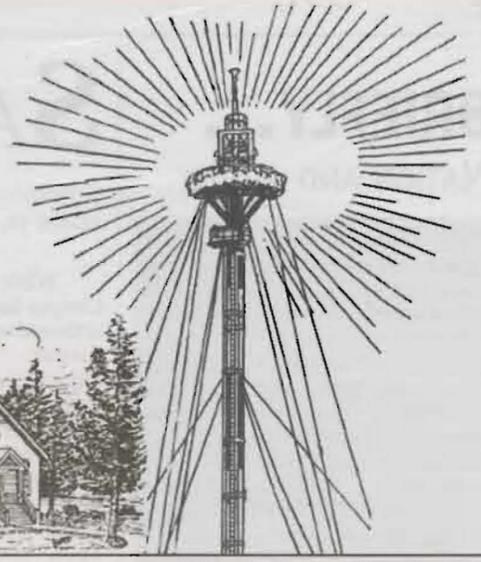


THE MAST

80TH ANNIVERSARY



APRIL 1, 2005

PACIFIC LUTHERAN UNIVERSITY

VOLUME LXXXII, NO. 17

15-hour vigil for peace

ADAM KING
Mast news reporter

PLU held a 15-hour peace vigil March 16 in Red Square to protest the two-year anniversary of the War in Iraq and remind people of the lives lost.

A recently-developed PLU group called Students for Peace set up the vigil as a demonstration to remember more than 1,500 U.S. soldiers, as well as an unknown number of Iraqis and soldiers whom have died in the War in Iraq.

"Basically, we're trying to raise awareness for the war and the people that have died in the war, so we're trying to get people to think about it," said Andrew Soderlund, a member of Students for Peace.

Many members and non-members handed out white armbands with the symbol of a dove to people who passed by.

"Armbands are the catalyst, a conversation piece; the dove was a symbol produced by Picasso which means peace," Soderlund said.

Students could stay for the full 15 hours, and one of their options was to fast.

"Fasting is another symbol, it's function is to get people to do something they don't normally do, so they can think about it all day;



Photo by Andy Sprain

First-year Tamara R. Power-Drutis holds a candle at the Peace Vigil March 16. The vigil, which lasted for 15 hours in Red Square, reminded students of the conflict in Iraq, and aimed to raise awareness of the human cost of the conflict.

a form of meditation," Soderlund said.

Throughout the evening, many people stopped at the vigil for various reasons.

"Remembering loss of human life and the ethnicity/race many of them belonged to," junior Mikaela Hanson said. "It's easy to be removed from just the experience,

you wouldn't know someone who died because of our disconnection which easily makes us forget realities from rest of the world."

Other students attended the vigil simply to support their family and friends in the military.

"I lived in a military base all my life so I've been aware whenever my dad was being

shipped off to war," sophomore Nick Sandy said.

For others, it wasn't necessarily military-oriented, but just a gathering to demonstrate an overall need for peace.

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Valadez photo courtesy of PLU ROTC. Color guard photo courtesy of Brian Bradshaw.



For many cadets, ROTC helps build confidence

JANIE HUFFMAN
Mast news intern

Dedication, hard work and passion are what keep PLU junior Tabettha Valadez excited for her future as a United States Army Officer Nurse. The 20-year-old is a nursing major in the ROTC program. She was born in El Paso, Texas into a military family. She grew up all over the world in places like Japan, Korea and Hawaii, where her family and fiancé currently reside.

Her upbringing has really influenced her to be an Army officer.

Please see ROTC
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Above: Cadet Valadez, a junior, rappels from a 40-foot wall during ROTC training.
Right: The ROTC color guard presents the national colors during a football game earlier this year.

BRIEFLY...

NATION AND WORLD

Trial begins for captain of grounded cargo ship: A hearing for K.B. Singh, captain of the Malaysian cargo ship that broke apart off Alaska's Aleutian islands in December, began in Anchorage Wednesday. Singh was expected to plead guilty to lying to investigators about how long the ship had been without engine power. The ship was carrying a load of soybeans from Puget Sound to Asia. The ship lost power the morning of Dec. 7, 2005 and drifted for more than 12 hours before Singh radioed for Coast Guard assistance. The ship split in two Dec. 8, causing the deaths of six crew members and spilling more than 400,000 gallons of diesel fuel into a wildlife sanctuary near Unalaska Island. In exchange for a guilty plea, federal prosecutors will ask that Singh be allowed to return to his home in India.

Federal appeals court upholds Schiavo decision: A federal court of appeals in Atlanta refused to reconsider the case of Terri Schiavo, a Florida woman who has been hospitalized with severe brain damage since 1990. Schiavo left no instructions for her care in case of incapacitation. Her husband has sought to have her feeding tube removed since 1998. Doctors finally removed her feeding tube two weeks ago and Schiavo continues to cling to life. Schiavo's parents have taken the matter to court five times over the past seven years. This is the sixth time the courts have refused to intervene.

Canadian seal hunt begins despite bad weather: Thousands of sealers traveled to the ice floes off eastern Canada to hunt baby harp seals in spite of poor conditions. One sealing vessel hit rough seas and sunk, but its nine crew members were rescued by the Canadian Coast Guard. The seal hunt begins about two weeks after the seals are born, before their fur changes from white to gray. Animal rights activists have protested the seal hunt since the 1960s, condemning the practice as "horrific," according to the Chicago Sun-Times.

At least 500 dead in Sumatra earthquake, aftershock followed: An 8.7 quake hit the west coast of northern Sumatra in Indonesia Monday night, killing at least 500 people, according to Cable Network News. A 6.3 aftershock quake occurred Wednesday, bringing back memories of the tsunami that killed more than 174,000 last December. And the epicenter for this quake was 60 miles from the quake that triggered the tsunami. Most of the 500 deaths from the earthquakes happened on the island of Nias, off Sumatra's west coast.

Zimbabwe prepares for parliamentary election: The European Union condemned Zimbabwe's parliamentary election, scheduled for Thursday, as "phony," according to CNN.com. The EU has dismissed the elections, held under controversial president Robert Mugabe, and has claimed that Mugabe has rigged previous elections. Mugabe responded by vowing that the vote would be free and fair, and predicted that his ruling party would increase its majority in Parliament. International observation groups located in South Africa have already intervened in this election to prevent violence and unfair campaign practices.

Briefs compiled by Juliet Mize and Stephanie Mathieu.

SAFETY BEAT

March 15, 2005

While on routine patrol, Campus Safety responded to an activated vehicle alarm on Park Avenue. While responding, officers observed a white male enter a "primer" colored late model Cadillac near the scene and drive away. Officers noticed a second individual inside the fleeing vehicle, but could not obtain a description. Upon closer inspection, the vehicle with the activated alarm was unlocked, the dashboard damaged and the stereo missing. The owner of the vehicle and the Pierce County Sheriff's Department were contacted and responded. PCSD was provided the information regarding the vehicle observed leaving the scene and a report was completed.

PCSD made contact with two students regarding a large off-campus party. Both were given directions to contact Campus Safety, but failed to do so. The report was forwarded to Student Conduct for non-cooperation.

PCSD contacted a student who was observed urinating in the Harstad parking lot and consuming alcohol with a guest. Directions to contact Campus Safety were given. After approximately two telephone messages, the student failed to return follow-up messages or contact Campus Safety. A previous report regarding the alcohol violation was forwarded to Student Conduct. This report was also forwarded to Student Conduct for non-cooperation.

PCSD contacted a student who was walking on 125th Street with an open container of alcohol. The student was given directions to contact Campus Safety, but failed to do so. The report was forwarded to Student Conduct for non-cooperation.

March 16, 2005

Campus Safety responded to a report of a vehicle in the Olson parking lot with a broken window. Responding staff arrived and determined the vehicle belonged to a staff member. The staff member was contacted and responded to the scene. The driver's side front window had been broken and her purse was missing and suspected stolen from under the driver's side seat. Fortunately, her wallet was not in the purse at the time. A report was completed.

While monitoring the video surveillance equipment, Campus Safety observed two males peering into vehicles and tampering with fuel tank openings in the Harstad parking lot. PCSD, working in the capacity of Operations Supervisor, contacted both males. Both were advised to immediately leave campus and asked not to return. Both complied without further incident. Neither was affiliated with PLU.

March 18, 2005

Resident Hall staff contacted Campus Safety to report a Residence Director had received a disturbing phone call. An

unidentified caller had contacted the Resident Director and stated his name was "Mike" and "found her intriguing." The caller left a phone number. The call was forwarded to Campus Safety and Computing and Telecommunication Services in an effort to determine its origin.

A PLU staff member contacted Campus Safety via e-mail to report broken glass was found on the floor and a supply cabinet and drawers open in Ingram Hall room 122. Nothing appeared missing or stolen. The matter is currently under investigation.

March 19, 2005

Campus Safety and Central Pierce Fire and Rescue responded to a fire alarm in Stuen Hall. The heat sensor was activated as a result of food build-up in the oven in the second-floor kitchen. There was not an actual fire. CPER reset the alarm and cleared the scene. Resident Hall staff were advised not to use the oven until it is properly cleaned.

Campus Safety and CPER responded to an activated fire alarm in Stuen Hall. The alarm was the result of burned food in the first-floor kitchen. There was not an actual fire. CPER reset the alarm and cleared scene.

March 21, 2005

While completing an escort from 126th Street and Park Avenue for a student, the student complained of feeling "dizzy" as a result of consuming alcohol and marijuana. He was alert and responsive, but appeared to be very anxious. CPER responded, evaluated the victim and did not

feel he needed to be transported for further evaluation and/or care. He was taken back to his residence hall and wellness checks were completed throughout the remainder of the night.

Campus Safety responded to a request for assistance from library staff who reported a male was observed displaying adult-orientated material on a library computer. Contact was made with a PLU alumni. When questioned, he admitted he had been warned on a prior occasion, but claimed to be unaware his actions warranted concern on this occasion. He was advised of PLU's computer policy and informed if he chose to violate the policy in the future, he may be subject to being considered Persona Non Grata and not allowed on campus. He was then asked to leave and complied without further incident.

March 23, 2005

A student contacted Campus Safety to report items missing from his vehicle that were suspected stolen. The student reported sometime between Feb. 23 and March 23, a new set of golf clubs and stereo equipment were removed from the trunk of his vehicle. He estimated the total value of the missing property to be approximately \$1,900. There was no indication of forced entry on the exterior of the vehicle. A report was completed.

March 24, 2005

Campus Safety was contacted by two individuals from the University of Puget Sound security department researching an attempted theft of a construction sign on UPS property. The four suspects were identified as PLU students. All four students were

contacted and a cursory inspection was conducted of their rooms. The suspected stolen property was not located. The report was forwarded to Student Conduct.

March 26, 2005

While on routine patrol, Campus Safety observed suspicious activity in a third-floor window of Foss Hall. While conducting an internal check of the building, the smell of suspected cigarette smoke was detected in the north stairwell. A smoldering cigarette was discovered in the stairwell on the third floor and extinguished. Individuals were observed in the hallway. Upon entering the hallway, the odor of suspected alcohol was emitting from a room. Resident Hall staff were contacted and responded. Resident Hall staff knocked on the door and the door was opened slightly. Resident Hall staff requested the door be opened completely. The individual stated "OK" and closed the door. Campus Safety staff observed a cigarette being discarded from the window and heard glass being moved around. The door opened approximately one minute later. Several bottles of alcohol were observed in the room. The room was occupied by students and guests. The group attempted to provide false information, made jokes and took pictures of each other and Campus Safety staff throughout the incident. PCSD, conducting neighborhood patrol, were contacted and responded. It was determined one of the individuals involved was a minor, however, PCSD elected not to issue a citation. At the request of Residence Hall staff, the group was disbursed. All unopened alcohol and containers were discarded. The report was forwarded to Student Conduct.

Have an Impact!

If you received the Campus Health Action on Tobacco (CHAT) survey and have not responded, please take the time to complete it. Researchers at the Fred Hutchinson Cancer Research Center need your help to understand current tobacco use trends among college students. Even if you do not use tobacco, your opinions are important to our research efforts!

Questions or concerns? Please call 1-800-513-0371



FALL JOBS AVAILABLE!

Are you interested in working for *Campus Safety* but want more information? We have positions available as Safety Officers, Video Officers and Communications Officers. The pay is good and the teamwork is better!

We are accepting applications for all three positions for Fall semester. Campus Safety holds a nine-day training session beginning August 22, 2005. Space is limited! Attendees are paid an hourly rate plus food and early move in to your room! Learn about Campus Safety, CPR, first aid, defensive tactics, and much much more....

If you are interested in attending the training and finding out more about Campus Safety, applications are available on the Campus Safety website or the office in the basement of Harstad.

If you would like to speak to someone and get more information, call 535-8147 or 536-5150

Bring in a completed application soon and join us!

'Sex and Sexuality' explodes on campus

The newest issue of The Matrix delves into the down under

LINNEA FRITZ
Mast news reporter

The latest issue of The Matrix is about sex and sexuality. It is 30 pages of stories, poems and pictures on the topic, all with different twists and takes on the large subject. Some, like "the Cupidity of Sex" are personal accounts; others are informative observations, such as the essay "Women in Afghanistan."

The Matrix is PLU's social justice magazine that comes out twice a semester. Most any student may contribute, if the piece he or she wants to submit is relevant to the announced topic.

Angee Foster and Nathan Bendickson are both Matrix editors and writers. Foster has worked as an editor since September and Bendickson since November. They both emphasize the non-hierarchical structure The Matrix staff tries to maintain.

Amy Post, also an editor and contributor to The Matrix, says that practically anyone who wants to help out can become an editor if they are willing to put the time and effort into it.

"(As) the structure of our organization is egalitarian, leaders emerge from the most committed individuals," Post said.

As one of the intentions with The Matrix is to draw attention to contemporary matters, the issues tend to be about things that everyone can relate to as important. Usually when The Matrix team decides what the topic should be,

the staff has a meeting where they throw out ideas. They then choose the ones they feel are important and will generate discussion and contributions.

"For example, this fall the natural topic for the first issue was about the [then] upcoming election," Foster said.

The newest issue features a few pieces with "profanities," and the second page is jam-packed with slang terms for sex. Bendickson and Foster said they agree it is acceptable to include strong words if they are contextually significant or help the debate.

The Matrix staff said they have not received tremendous feedback, but what little they have received has been positive e-mails and enthusiastic feedback from professors, acquaintances and fellow students.

"We did receive some limited negative feedback on the 'Election' issue and the 'Poverty' issue [last year]," Post said.

So far, no one has responded negatively regarding the 'Sex and Sexuality' issue, despite its potentially controversial theme.

"I think it's because those who don't agree with what we have to say don't read it," Bendickson said. "They just ignore its existence. So a lot of people see The Matrix as advocating one point of view, but the reason may be that those who

perhaps have a different opinion are not writing contributions for the magazine."

The Matrix will accept most submissions.

The point of The Matrix is to spark conversations, so the staff said they are happy to include stories by students with different cultural, political or religious standpoints.

"We have printed things that we, as editors, personally disagreed with or disliked," Post said. "But, if we feel a piece is well written, or provokes good conversation or thoughtful inquiry, more likely than not, we did print it. Sometimes we have discussed whether or not to include a piece for over half an hour, and then realize it has made us discuss an issue, and so we think it may inspire other people to discuss the issue as well."

Foster said her opinion and feelings on the treatment of women and their sexuality and bodies is powerfully portrayed in her piece "Get a grip: a Feminist Perspective."

Bendickson wrote two pieces for this issue, one of which was especially up-close and personal, "My Penis has feelings too—in pursuit of male sexuality." Despite this, he said he didn't feel it was difficult to write.

"I had written an essay about sex for a writing class that was even more personal," Bendickson said. "It was hard in the beginning, but once I started it, I got over the discomfort because I feel that this is such an important issue. It was a cool experience."

It is all done on a voluntary basis, and Foster said working on The Matrix is exceptionally worthwhile.

"Sometimes we have discussed whether or not to include a piece for over half an hour, and then realize it has made us discuss an issue, so we think it may inspire other people to discuss the issue as well."

Amy Post
Matrix editor

Cleaning it up



New bill may enforce stricter regulations on new vehicles' emissions

Photo by Deb Von Cannon

DEB VON CANNON
Mast news intern

This year's first-years might have the opportunity to buy more environmentally friendly vehicles upon their graduation in four years.

Washington state's House Transportation Committee passed the Clean Car Bill March 16, sending the bill back to the Senate for another vote.

According to data from Environmental Protection Agency, the Puget Sound region is in the top 5 percent of the country for cancer risk. The bill (HB 1397) proposes a reduction in cancer-causing toxins as well as global-warming producing pollutants, improving the air quality of Washington state.

By 2009, new cars sold in Washington state will be required to pass higher emission standards, similar to those in California, which surpass federal standards. The requirements will be phased in throughout a seven-year period.

On campus, PLU's Grass Roots Environmental Action Now Committee (GREAN) is taking action in a partnership with the national environmental group, EnviroCitizen, to get the bill passed in the Senate. Junior Elizabeth Hoffman, a GREAN member, has been promoting the bill on campus

by collecting signed postcards to send to local senators.

"Signing the postcards shows that students care about the environment and want to see the bill passed," Hoffman said. "So we are sending them to legislators who aren't voting for the bill."

Not everyone is excited about the bill.

Many auto dealers are nervous about the regulation fearing the cost of the vehicles will be higher than the price of a comparable car that does not meet the standards, Leslie Stanton of the Puget Sound Clean Air Agency said. A higher price may result in lower sales.

"The cars under the new emissions standards will only be a couple of hundred dollars more expensive than expected," Stanton said.

However, with the cost of gasoline rising, the cars should offer some relief as they are expected to save drivers an average of \$11 per month because of their improved mileage.

Oregon is considering following suit of its West coast neighbors. California's implementation of the new emission standards began in 2004, while a number of other states have already adopted the plan.

For more information, visit the Clean Cars for Washington Web site at www.cleancarswashington.org.

Sept. 11 exhibit: from the Smithsonian to Tacoma

Washington State History Museum holds exhibit through April 24

NICOLE RAE
Mast news reporter

A girl, high school aged, her hand up to her mouth, just staring upward. A man crying on his cell phone, using the building for support. The people on the airplane gasping in horror, afraid for their lives. The firefighters looking up at two burning buildings, possibly thinking this could be their last day on Earth.

These are some of the first pictures seen when walking into Downtown Tacoma's Washington State History Museum's visiting exhibit, "Bearing Witness to History."

The exhibit is on display until April 24 and was a gift from the Smithsonian in Washington D.C.

"The Smithsonian called and asked if we wanted the exhibit at our museum and the answer was an automatic 'yes,'" Matt Wuestner, museum lead security officer, said.

Viewers can touch a piece of one of the twin towers, which is a piece of the iron frame that is now rusty.

Emotional viewers are comforted with benches and tissue boxes placed around the exhibit.

Quotes from victims and survivors are found throughout the exhibit.

"What can I tell the pilot? What can I do? How can I stop this?" Barbara Olson said right before her plane crashed into one of the towers when she was on the

phone with her husband.

Security guards said they face a challenge being there for three-hour shifts.

"Not only is it physically draining, but also emotionally draining for me and my men," Wuestner said. "We always have police officer, firefighters and EMTs that come here and volunteer to watch over the exhibit."

The exhibit is set up in a chronological order. Upon entering, there is an image of the first tower being hit. Near the end of the exhibit, viewers see the dismantling of the towers.

There is a picture of an ironworker, one of the less recognized people affected by Sept. 11, taking apart one of the towers. A strong sense of symbolism is represented with this photograph since ironworkers built the towers so many years ago, and in the end, they were also the ones to take them down.

At the end of the exhibit, a video is shown of Peter Jennings with "Breaking News" of the planes hitting the towers. The news segment demonstrates the confusion felt by America at that moment.

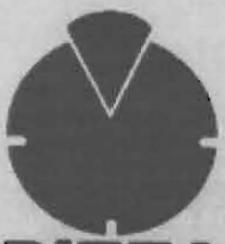
"The whole side?" Jennings asked, and a reporter answered, "The whole building."

This exhibit is emotionally driven to show the public the artifacts of Sept. 11.

Students can witness the exhibit through April 24 for \$5, and general admission is \$7.

For more information, call 1-888-238-4373 or visit www.washingtonhistory.org/wshm/exhibits.htm.

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Arrow pointing to Monday's Special

Arrow pointing to Everyday Special

SOUTH SOUND REGIONAL SCIENCE FAIR

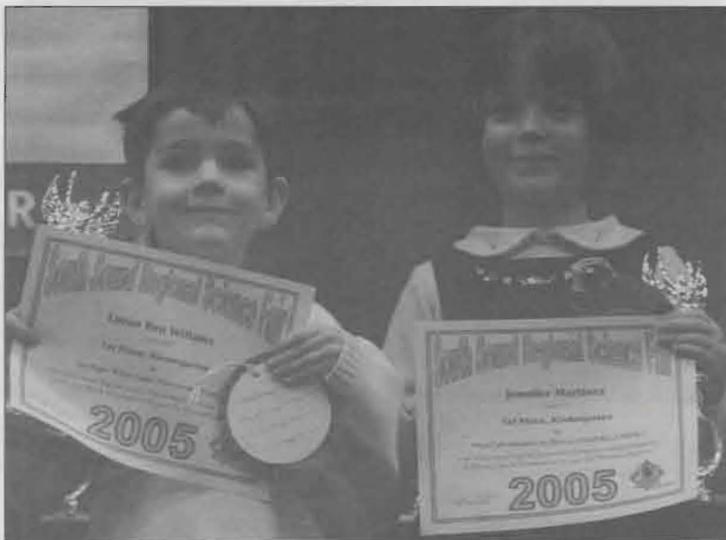


Photo by Hakme Lee

Kindergarten students Loran Ben Williams (left) and Jennifer Martinez both won first place March 19 in their grade class. Williams' entry was on wheel sizes and Martinez used colored M&Ms in her entry. This is the eighth annual fair held in Olson Auditorium, and it included more than 450 participants from kindergarteners to seniors from Pierce and Thurston County school districts. The event was sponsored by Intel with support from Boeing.

ASPLU election results

STEVEN LEE
Mast news reporter

The student body has elected Willie Painter as ASPLU president and Mark Oliver as Vice President.

"I'm excited to take on a new role and see what my involvement can do to help the organization," said Painter, regarding his election.



Painter

As president, Painter hopes to address two main projects. The first issue is in regard to parking issues, namely resolving the shortage of parking spaces and decreasing the number of parking tickets. The other issue is in regard to tuition-related questions and how the university spends money.

Oliver shares Painter's fiscal concerns. He would like to see more financial support for associated students and clubs, as well as raise student awareness of where tuition money is going.

Oliver would also like to see a more vibrant on-campus community. He supports weekly events like Wednesday night's H.U.M.P., which stands for Healthy, Uncensored, Mindless Procrastination, when

many students can gather to enjoy concerts or comedy.

The focus is "trying to refine issues like (these), and hopefully changing them so they better reflect the needs and concerns of the student body rather than the institution," Painter said. "I am most excited about trying to find those issues students are passionate about and that will get them involved with the process of policy change. They have a voice to change things they don't think is right or that need improvement."

One way to get involved, Oliver notes, is forming committees. "Students can steer committees, and ASPLU will support them," Oliver said.

He also said ASPLU representatives commonly "table," or make themselves available to students in the University Center to discuss issues or concerns.

The student body is invited to participate in the future of ASPLU.

"Join ASPLU," Oliver said. "There's so much work to be done and we encourage [people] to join us in completing it."



Oliver

President Anderson connects to students

STEPHANIE MATHIEU
Mast assistant news editor

The decisions President Loren Anderson makes have an effect on students, yet many enrolled at PLU have not so much as talked with him.

Students and faculty had the opportunity March 14 to speak face-to-face with Anderson and other campus leaders in Chris Knutzen Hall at a town meeting organized by *The Mast*.

Additional speakers included Assistant Dean of Students Kathleen Farrell, ASPLU President Joel Zylstra and ASPLU Programs Director Justin Klump. The topic of discussion was "Speakers and Money," and was spawned from the buzz around campus after radio talk-show host Michael Medved spoke Feb. 9.

Close to 20 people listened to *The Mast* news editor Juliet Mize question the panel about policies concerning funding for speakers and other activities on campus.

Mize, along with Laine Walters, *The Mast* editor-in-chief, organized the event and planned enough seating for 150 people.

Even though there was a low turnout, Mize said she considered the event a success.

"The important thing was the dialogue and hopefully the people who did come, walked away with more than they came with," Mize said.

The first question Mize asked included the PLU mission statement, "Educating for Lives of Thoughtful Inquiry, Service, Leadership and Care," and how that affects what events will be funded on campus.

"In an ideal world, every penny we spend would be consistent with or in support of that mission," Anderson said.

The civil and public discourse we have as a

community and who shows up to talk on campus is front and center on that, he said.

Anderson added that there are no concrete criteria for events on campus.

"Our speaker program is very diverse in terms of its location and where the energy comes from, as well as its funding," Anderson said.

The university does not have a big speaker fund hidden somewhere where the administration sits and decides which speakers are worthy of visiting PLU, he said.

Funding for events comes from multiple groups on campus. The standards for funding each event vary depending on the sponsor's purpose in the community.

The Wild Hope Project, a program that encourages students to discover their callings in life, allots almost \$600,000 to bring speakers to PLU, Farrell said. And some of that money is reserved for faculty to spend on intensive, one-on-one speakers for their classes.

ASPLU has \$40,000 each year to spend on entertainment, including lectures, films and dances, Klump said. Students that approach ASPLU with an idea for an event will usually be accommodated.

"If they really want it, we will try to make sure it's going to happen," Klump said.

"We want to try to get as many students involved as possible," Zylstra added.

Medved's visit, organized by the PLU College Republicans and funded with ASPLU dollars, was used as an example throughout the panel discussion.

With the Medved lecture, ASPLU had to gauge student interest before funding it, Klump said.

And Medved got people

talking.

Letters to the editor published in *The Mast* shows students have taken an active role, Klump said.

"One week we can have this voice, and another week, there's another one," Klump said. "In a lot of ways, the controversy has created this buzz on campus."

When students' views are challenged, it makes them think about those views, Zylstra said.

Even though Medved challenged the ideas of many in the PLU community, some improvements could be made next time, panelists said.

"Controversial speakers captivate audiences, but there is a responsibility that goes with that too," Farrell said.

Perhaps they need to have some sort of debriefing following a controversial event to offer closure, Zylstra said.

Anderson congratulated College Republicans for getting such a high-profile speaker, but added, "Does that mean I agree with everything he says? Heavens no."

"Giving someone a platform doesn't mean you agree with them," Farrell said. "Anderson didn't endorse Medved."

With the Medved lecture, Anderson said the university missed out on face-to-face discourse following the event. "This is a unique gift of an academic community," he said.

"As far as the process goes, there is no clear-cut process," Zylstra said. "Maybe that's something we need to reevaluate."

Other universities set their event schedules in stone prior to the start of each academic year, Zylstra said. But this would not allow for the flexibility in the system now.

Mize said there may be more town meetings before the end of the year.

"Hopefully people at *The Mast* can do more events like this next year," Mize said.

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Photo courtesy of PLU ROTC

Cadet Tiffany Richards, a junior, works on field exercises at Ft. Lewis. Many ROTC cadets say the program's demanding schedule and exercises help them build confidence and leadership skills.

ROTC
continued from page 1

"I was raised growing up in a military environment and so I couldn't see it any other way because the community in the Army is something you'll never get elsewhere," Valadez said.

Valadez is used to a busy schedule. She wakes up at 5 a.m. three times a week to exercise and

trains in the field on weekends. She also has nursing clinicals twice a week.

She had the highest Army Physical Fitness Test score last semester in PLU's ROTC. She said she enjoys the hard work and values the teachings for her career as an officer.

"I love [ROTC] because they provide students opportunities to learn, while teaching us to be professional at the same time,"

Valadez said. "I learned to have confidence in my abilities and grow as a leader."

"I want to be an Army Nurse because I want to give back and serve the American soldiers that serve our country," she said. "I have passion towards the men and women that sacrifice their lives to protect the United States."

Expanded SOTA Week sessions include arts, music

Mikael Andersson
Mast news intern

An opportunity to explore new perspectives will take place from April 4 to 8 at PLU's School of the Arts, or SOTA, Week.

Coordinators sophomore Kristen LaBate and senior Leslie Dycus changed the event name to SOTA Week from Communication and Theatre Week.

"We wanted to expand our audience to the music and art departments," Dycus said.

LaBate and Dycus have spent more than 100 hours since February planning SOTA Week, so the event could grow.

"Working so many hours has allowed us to get fantastic speakers and make the week larger than in the past," Dycus said. "It's going to be bigger and better than past weeks."

The event will showcase professionals from the Tacoma area and internationally.

Keynote speaker Jonathan Treat is from Oaxaca, Mexico. Treat is a civic journalist who fights to uncover injustice against the civilians. LaBate said. He works with the border control between the United States and Mexico. Treat also produces documentaries, which will be shown.

Other speakers include Lt. Col. Joseph Piek, who will speak about public relations in Iraq, business owner Ellis Paguirigan will speak about branding strategies, and author Patricia Harrington will discuss her murder-mystery book.

Other sessions include topics in theatre, art, music, journalism, public relations, marketing, ethics, event planning and more. Students will also be able to attend resume workshops by professionals and listen to student's internship experiences.

Information about School of the Arts Week can be picked up at Campus Concierge or in the Ingram Lobby starting March 31.

The funding this year comes from the School of the Art department, ASPLU and Campus Point, which is a local internship company that sponsors a school event each year.

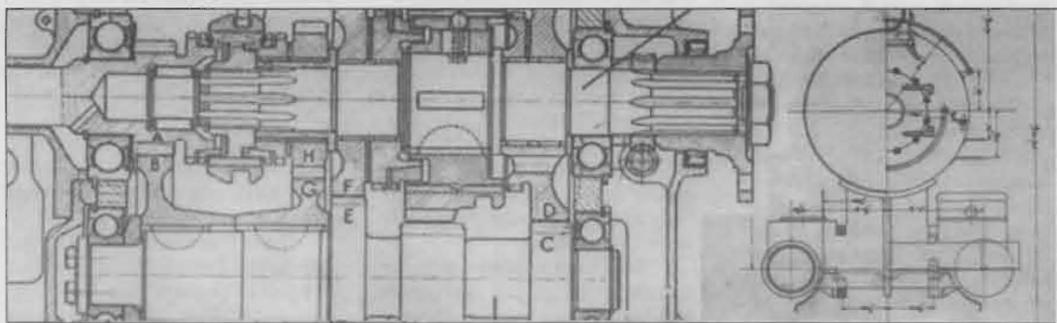
SOTA Week highlights:

Monday, 11:15 a.m., Ingram 109
Rob Mitchell: Visual marketing

Tuesday, 7 p.m., Leraas Lecture Hall
Jonathan Treat: Civic journalism in Oaxaca

Wednesday, 9 p.m., The Cave
Dead Gentlemen: Impromptu comedy

Friday, 11 a.m., UC Regency Room
Student art show

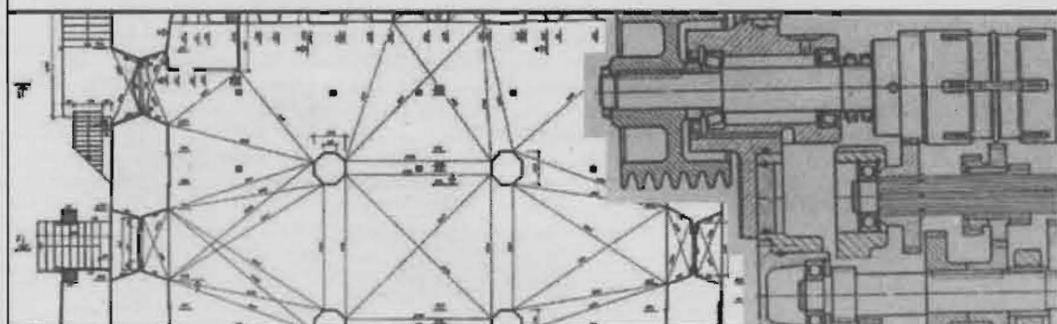


MISSION: Y2@PLU TRANSITION

y2@plu is a reunion and planning meeting for all first-year students in preparation for the second year. The y2@plu program and guidebook open up the essential question and answer dialogue for transitioning into year two, a must for all first-year students!

Tuesday, April 5th
6:00 pm to 7:00 pm
Memorial Gym

Door prizes · Popcorn · Resource Fair · Slide Show



Vigil
continued from page 1

"For me, it's a way in which I express my faith in a loving God and a wounded humanity that needs peace to survive," first-year Kate Fontana said. "If I want to see peace happen, I have to make it happen in my own community."

Many students who attended the vigil didn't agree with the war, but agree that peace is the ultimate resolution.

I wanted "to let people remember that the war didn't need to happen, first-year Karin Rothermel said. I "just wanted the world to be peaceful."

For many students, the vigil embraced the hope of peace as part of our everyday lives.

I would "like to see peace as a reality in everyday life, even on an interpersonal level with everyday people," junior Troy Madsen said.

When midnight hit, everyone involved in the vigil gathered in a candle-lit prayer circle. Despite the chill in the air, they expressed their opinions about the war and recited anti-war quotes from many famous authors. The evening concluded with a touching prayer to all the deceased in the war.

"I think we accomplished a lot, there were people working toward peace," said Tamara Power-Drutis, Student for Peace co-manager.

To learn more about Students for Peace, e-mail PLUpeace@coollist.com.

SPEND TOO MUCH MONEY OVER BREAK?
WRITE FOR THE MAST!
(BECAUSE WE DON'T DO THIS FOR FREE.)

FOR MORE INFO, E-MAIL
MASTNEWS@PLU.EDU

From the editor

Sexual politics spark powerful vulnerability

Sex as social justice.

Get away from the mind numbing complexities of globalization, the abstract theories of development and Darwinism and come down to the hormones pulsing in your veins. The matter becomes flesh and blood. It becomes unavoidable to weigh in on, because the sexuality of each of us is as present as anything can be.

Sex holds power over us, and its connecting issues trickle out to affect almost every aspect of our lives. Sometimes it floods. Don't speak about it at the dinner table; it might be more dangerous than politics and religion.

Yet *The Matrix*, a quarterly magazine dedicated to creating a culture of active conscience, breaks the taboo to give birth to justice. Copies of the "sex issue" released before spring break cleared newsstands with record speed.

"Pop culture abridges and skews anything too complex for its narrow lens. This is where sex and social justice meet. We want to talk about sex in meaningful ways," writes *The Matrix* staff.

We don't need no dinner table.

Does sex obscure larger issues of social justice, like poverty and unjust war? Or does sex bring macrocosm ideas down to the fundamental level of how to treat another human being?

I've witnessed people being kicked out of their parishes and the homes of their parents for coming to terms with being gay. I've seen friendships fall down cold over a heartfelt revelation.

I've heard of the unsafe sex of college girls, for whom getting "knocked up" would knock out a promising career.

I observe different roles for men and women in the leadership of some religions, and ask, "Is separate but equal really equality?" I try to figure out how to think about so much power.

Can something so hormonal be addressed in a rational way, or should we approach it with a more Kantian ethic of right and wrong? The surprises in *The Matrix* lead me to believe sex should be addressed in a multitude of ways. It's neither rational nor instinctual, but a mix.

My favorite piece in the sex issue of *The Matrix* is Nathan Bendickson's "My Penis has Feelings too." He wrote in the currency of emotion and exploration, with a gentleness that emulated the kind of sexuality he hopes to develop. He broke all expectations, writing a deeply touching piece while admitting that he and his girlfriend do not have sexual intercourse.

Dan Neely's piece about a first love "fucking you over" is also bittersweet in its veracity. The internal anxiety of male SAPET member A. Gerow gives me hope to know some men worry about rape as much as women do.

Just as a long piece on women in Afghanistan gets the reader all riled up and self-righteous about America's fairly egalitarian sexual politics, the mantra ends with an illustration of a woman dressed up in lingerie, and a woman completely covered in a burqa. "Which one is the sexual prisoner?" it asks.

It asks; it doesn't answer.

I like the vulnerability in *The Matrix's* writers, the questions they hold without answers. In a piece about being both bisexual and an ethnic minority, the classmate who told Chelsea Crisostomo-Slemp that she should be more confident in her "coming out" infuriated me. She apparently had no idea about what creates a route to confidence. Confidence is never instant. It isn't the only ingredient to positive change.

I recognized Crisostomo-Slemp as a confident activist when I first met her. Yet I found I had much more in common with her when I learned of her fear and vulnerability and their role in her journey to be more herself.

Miss Lute attracts more students to issues of sexual identity than *The Matrix*. Yet nobody ever complains about the luridness of PLU's little drag show. Miss Lute objectifies women, but it doesn't help the men be who they really are either.

Why do men have to dress up as women for us to turn out in droves? Why does either sex have to put on a show for us to pay attention to them?

Watching Miss Lute (I do attend every year) makes me think about the men who dress as women every day. Imitating female characteristics feels liberating to crossdressers. It makes them feel more whole as human beings, more "right." Would I deny anyone the opportunity to feel more at home in his or her body?

As long as we are seeking to become more ourselves, I don't think how we get there matters.

Sex is certainly a social justice issue. It's about being humane to a deep, irremovable part of our being. We must make peace with ourselves before we can make peace with others.

How I Blew My Spring Break



BANG!



Cartoon by Adam Spry

Television: A contradiction on my terms



Pretending to like you
Lacie Runolfson

I'm sitting in class during one of the worst times of the day—noon. The hour seems to drag on, my caffeine fix begins to wear off and every little thing seems to irritate me. Suddenly a thunderous "crunch, crunch, crunch" bellows behind me, drowning out the mumbling professor. I turn around to discover that the dip head behind me has just opened a big bag of chips.

ARG! Why? Can we not sit through one little class without eating? Don't give me that, "I have classes back to back all day" silliness either. There are breaks between each class, 10 minutes is plenty of time to down a snack. I know what you're thinking and, no, I am not being unreasonable or cranky, I'm being serious. Let me explain the source of my frustration.

Imagine being in the scenario I mentioned above and pretend you haven't eaten all day. The Doritos bag opens with a very disrupted "crinkle" and a "pop" derailing your attention from the lecture turning it instead to the explosion behind you. You roll your eyes and turn your focus back to the lecture.

Seconds later your ears are invaded by what can only be

described as a heinous gremlin sound (a sort of guttural crunching and chopping buried deep in the throat). Lucky you, this kid

not only lacks classroom etiquette but he also never learned to chew with his mouth closed!

This overwhelming sound is now monopolizing your focus, causing you to miss the very valuable and expensive information the professor is saying. Suddenly the seductive salty chip smell sneaks up on you like a wicked temptress reminding you that you haven't eaten since this morning.

Feeling betrayed, your stomach decides to attack you for being so neglectful, and it sends stabbing pains to the region behind your belly button.

Your tongue begins to water and even though you don't really like Doritos you begin to think about all the things you do like. The thought of sautéed onions, a grilled cheese sandwich, cantaloupe, red popsicles and candied walnuts flood your mind further aggravating the situation. You start planning your next meal in detail, and the next and the one six weeks from now because it will be close to cherry season (mmmm... cherries).

Before you know it you have missed 20 minutes of the lecture and have no idea when the next test is. You were so busy masaging your homicidal thoughts

of the chip-eating nitwit behind you while you simultaneously planned your three-course turkey dinner for tonight that you tuned everything else out. Now, not only are you pissed off and hungry, but you also just missed half the lecture in a class that you're already behind in!

At the final moment before your breaking point, the class ends. You tear out of the room, stopping for nothing, heading straight home where you gorge on pickles, Skittles and half a tin of Altoids (because that's all you have in the room). Lying on the ground moaning over painfully upset stomach you plot a devious plan to hurt (I mean really hurt) the dork with the Doritos.

The whole ordeal has soured your soul into a dark and vengeful state. Grandma would be so disappointed.

Now this didn't actually happen to me. I mean it's not personal. It's just a "perhaps" kind of thing, you know? Fine, don't believe me! The point is that you shouldn't eat in class, ever. It only drives people to violence and upset stomachs. So please, if you have to eat, wait until after class because you never know when the next neurotic columnist is going to crack.

Lacie is currently seeking mental help from the good people at Tacoma Neuro-Psychiatric Institute for her severe neurotic disorder. For her own safety, please do not approach her with any sudden moves.

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POLICIES

The Mast is published each Friday by students of Pacific Lutheran University, excluding vacations and exam periods. The views expressed in the editorials and columns reflect those of the writers, and do not necessarily represent those of the PLU administration, faculty, students or *The Mast* staff.

The Mast encourages letters to the editor. Letters need to be submitted to *The Mast* by 5 p.m. the Wednesday of publication. Letters without a name, phone number and identification for verification will be discarded. Letters should be no longer than 400 words in length, typed and double-spaced.

The Mast reserves the right to refuse any letter. Letters may be edited for length, taste and errors. Letters are printed in the order they are received.

The Mast can be reached at (253) 535-7494 or mast@plu.edu.

SIDEWALK TALK

What makes you the happiest?



"No stress."

Eric Faris
junior

"Doing lab experiments in Rieke in the summer."

Kendall Blair
senior



"The sunshine."

Stacey Stone
junior

"Everything makes me happy."

Kristen Kuehl
junior



"When people pull pranks on the PLU campus and the administration doesn't know who did it."

Ian Corbridge
sophomore

"Taco night at the UC."

Kevin James
senior



Fear factor: Career world reflects GURs



The Ugly Stick
Ronan Rooney

Sometimes college seems worthless, and it's OK. I'll bet all undergrads have that moment where they throw back their head, shut their eyes and cry, "WHY am I doing this?!" Here's my take on why this happens, how it happens and how we can think our way past it.

People question the value of general university requirements (GURs) all the time. Maybe you're nodding off in PE 100 while the instructor just so happens to lecture on the importance of regular sleep. Maybe you're bewildered to find yourself a hardcore biology major, writing a 10- to 12-page paper on holistic medicine for a religion class. These demands can seem annoying at the least, and obstructive at their worst.

Sympathetic professors and administrators will assert you're taking GURs "to broaden your horizons." I'd be more likely to believe that if GUR enrollment didn't simultaneously broaden their budgets. Ultimately, it's up to you to decide what parts of your education broadened your horizons.

Also, sometimes we doubt our own choice of majors. An avid music major friend is fond of the joke, "What's the difference between a music major and a pizza? The pizza can feed a family of four."

The joke taps into a real fear for all of us: will all this work really pay off? Sure, we've seen the statistics that show a college degree equals bigger paychecks, but we also know the alumnus who graduated last year with our same degree and is presently

working the refund/return counter at a department store.

Here's the part of the column where I quit being so pessimistic. I'll agree that our university's GUR system is only slightly less complicated than filing income taxes for one of the Olsen twins, and sometimes we all doubt our own majors, but there's a payoff in the future.

I'm thoroughly convinced that part of the value of college is showing that you possess the invaluable skill of handling immeasurable quantities of worthlessness. The American workplace is full of pointless tasks, boring assignments and nonsensical rules.

Employers know what to look for: if you can cut it in college while having to pay for the pleasure of putting up with nonsense, then you certainly can cut it in the workplace and so deserve to be paid for it!

If you're doubting your chosen major, then I say, stop fretting. If it's a subject you truly enjoy, then run with it. A lifetime of work in a field you enjoy will be more valuable to you than years of office luncheons on a subject you hate. If you don't enjoy your major, then I suggest either one: switching; or two: making loads of cash off it to compensate for your misery.

Hopefully this column makes your future outlook a bit less hazy. The mundane and seemingly worthless accomplishments of today are your best indicator to employers and evaluators of the future that you are one tough cookie who can handle a challenge.

As for the rest of what you've come here to do (namely, your major), stick to what you like. Pursuing your passions is one thing you can count on as a lifelong, worthwhile endeavor. Your soul will thank you for it later.

Ronan Rooney thinks he's almost done with all his GURs. Haha! Fool.

Letter to the editor

Chalk illustrates spunky campus color

In response to Lacie Runolfson's article "Advertisements chalked up as tackiness (The Mast, March 4):"

Chalk isn't tacky, it's fun. It's different. It grabs your attention, adds some color to the campus, and as you pointed out, it is a very good form of advertisement. (Yes, it's true that "tonight" or "today" aren't very descriptive, but that is a technicality that can be remedied.)

I'm a native of Tacoma and naturally appreciate all the red brick and green trees. Still, it's nice to have bright pinks and

blues as a reminder that spring is on its way. The campus is still beautiful, even with chalk. It gives it life.

Unless the chalk writing is clearly without good intent, there's nothing wrong with it. You mentioned that it defaces the campus, yet the rain washes it away without a trace, even though that may take a few weeks. You also said it's basically graffiti. Graffiti doesn't wash away; you have to paint over it.

If I were a prospective student taking a tour on campus and I saw chalk on the ground, I'd feel

more welcome. I'd feel like the campus actually has personality and people I can relate to. Beautiful brick buildings help too, but they definitely don't tell me what kind of people go here.

Personally, I appreciate chalk. I don't want to grow up and think I always have to be sophisticated and dignified. Chalk on the ground reminds me that even though I'm an adult and in college, I can still have fun.

Roxanne Cooke
junior

Letter to the editor

Safety first when intruder wanders South

I just wanted to express my thanks to PLU's Campus Safety and Pierce County Sheriff's Department for their professionalism displayed in an incident occurring in the early morning hours of Feb. 28.

My roommate observed a suspicious person lurking through the hallway of South Hall's second floor - reading names off of the apartment doors.

The individual, smelling heavily of cigarette smoke and appeared to be in his early 20s, approached my roommate and inquired, "Dude, where's all the hot girls at?" After removing himself from the situation, my roommate informed me of the encounter and I suggested he immediately place a call to x7911 to report the suspicious activity.

Within five minutes, a PLU Campus Safety Officer was on site in South Hall. I made contact with him, and not long after, we both made contact with the suspect. After a brief chat with the officer, the

suspect was immediately escorted out of the building where the suspect and the Campus Safety officer were intercepted by an awaiting Pierce County Sheriff's Department officer who further questioned the suspect.

The fact of the matter is this folks: even if this poor, lonely, (some, nay, most would call desperate) individual had benign intentions - PLU Campus Safety put the "safety" of South Hall residents first.

I was very impressed with the seriousness that was displayed with this report and, although some of us were a bit caught off-guard by this individual, I for one will sleep a bit more soundly knowing that 24 hours a day, seven days a week, we as PLU students will receive this kind of prompt attention to our personal safety concerns.

Joey DiJulio
Junior



I wonder what my readers are thinking?

Letters to the editor appreciated
Mast@plu.edu, Wednesdays by 5pm
400 words



Andy Sprain took this picture, entitled "A Portrait of Phaethon," during his J-term to India. Sprain traveled to India on a Wang Grant, studying Tibetan Buddhism.



"This is a self portrait of myself I was able to take by using an extremely long exposure. I also ran into the frame a few seconds into the exposure, so I have some translucent qualities," Kyle Duba the photographer of "Contemplation" said.

student's international travel photography

The Wang Center recently held its first annual photo contest. More than 40 students submitted about 130 photos from their educational J-term, semester and summer travels. A team of PLU faculty, staff and students selected four winners in each of two categories: nature and scenery, and people.

People winners:

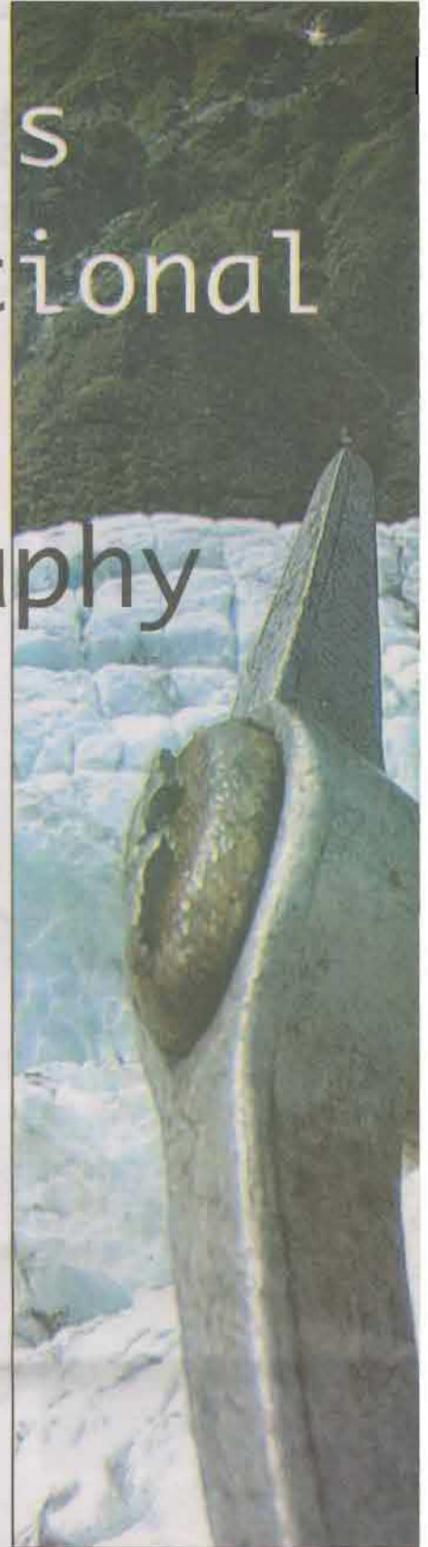
First: Kelly Jones -
"Mr. Mysterious"
Second: Andy Sprain -
"Ancient Texts Read By Ancient Fingers"
Third: Christy Pelland -
"Student On Fox Glacier"
Honorable Mention: Kyle Duba -
"Contemplation"

Nature and scenery winners:

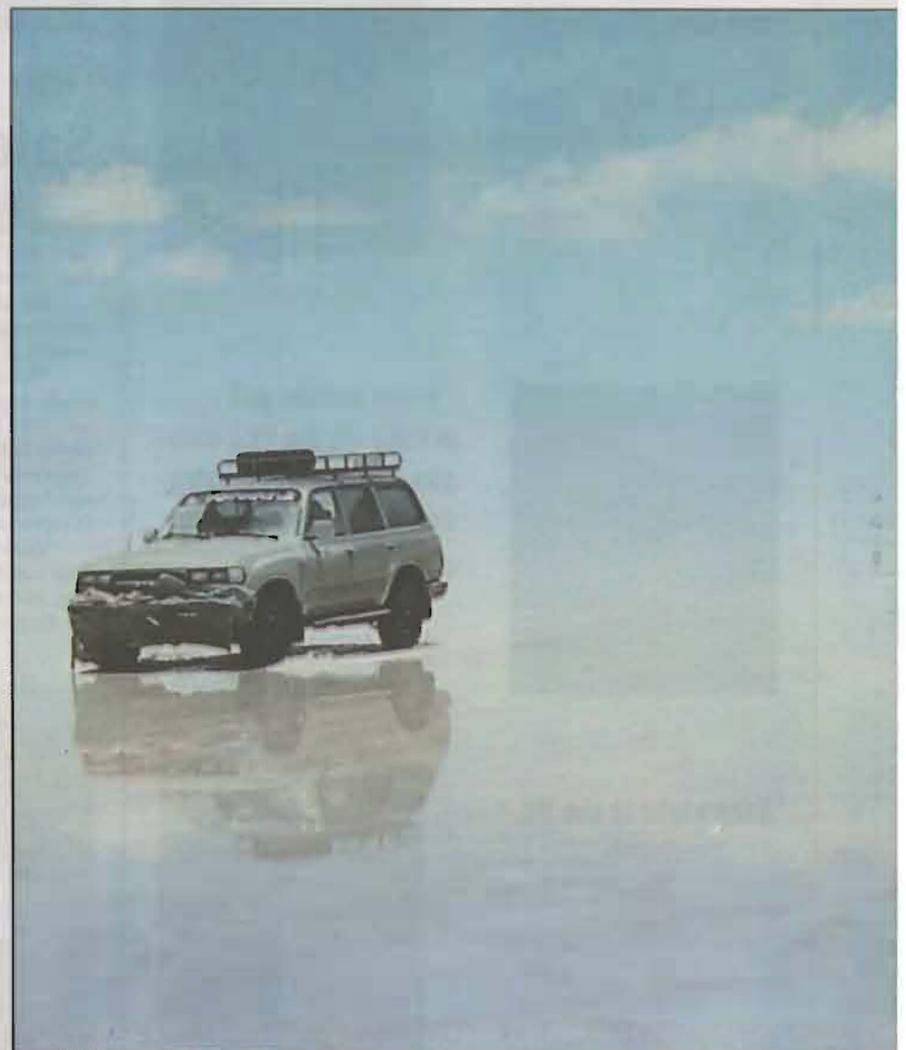
First: Molly Feider -
"Journey Through The Sky"
Second: Kyle Duba -
"The Lizards"
Third: Andy Sprain -
"A Portrait of Phaeton"
Honorable Mention: Khaled Al-Zaabi -
"Reflection"

By Benjamin Rasmus, International editor

Special thanks to Morgan Keys,
Sojourner Advocate.



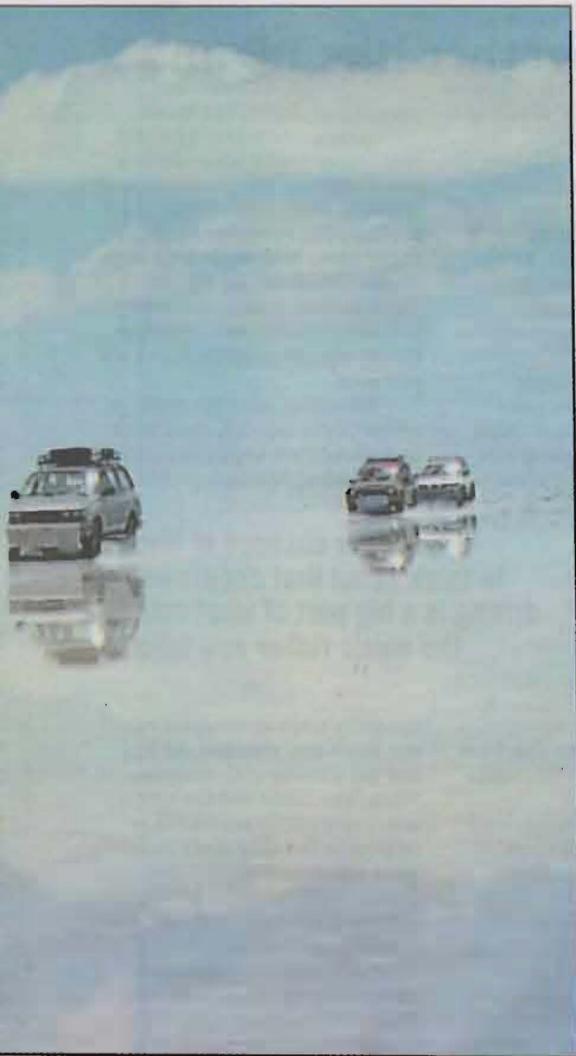
Christy Pelland took this picture while trekking on Fox Glacier.



Molly Feider snapped this photograph while at Salar de Uyuni, Bolivia. This picture is titled "Journey Through the Sky".



Glacier in New Zealand. PLU offers a J-term course to New Zealand.



"I love this picture because it looks like this guy is just standing in the middle of the clouds. The picture has this sense of mystery and the shadows are perfectly located," Kelly Jones the photographer of "Mr. Mysterious" said.



Photo by Andy Sprain

Former Miss Lute and host of the 2005 show, Max Falkenberg, interviews Erik Husa of Stuen who was crowned Miss Lute 2005 later in the night. More than 200 people attended this year's drag queen pageant.

Getting out: your guide to all the happenings at and around PLU

MICHELE RENAUD
A&E editor

Must Hear Concerts

The Ian McFeron Band
Jazz Bones
2803 6th Ave.
Tacoma, WA 98405

April 3 - time to be announced. Performing original songs of folk, country, blues and rock, the Ian McFeron Band is a five-piece independent music group that funds its own records, books its own tours and does its own marketing. They have become a favorite of KMTT 103.7 "The Mountain" in Seattle and hope to reach even more people with their music at concerts.
www.jazzbones.com
www.ianmcferon.com

Terri Clark and a Rodeo
The Puyallup Fair
Sept. 9, 6 p.m.
Tickets on sale now - \$29.50
Visit www.ticketmaster.com for more information or to purchase tickets.

Must See Movies

Millions
The Grand Cinema
606 S. Fawcett Ave., Tacoma, WA 98402
\$5 for students with ID, \$7 general admission
Call for times - 253-572-6062

After their mother dies, two brothers come upon a suitcase full of money that fell out of the sky. After discovering the money, Anthony and Damian set out on an adventure together that helps them eventually realize that money isn't the way to true wealth. It promises to be an uplifting story with lessons about money, faith, miracles and childhood.

Must See Shows

Beau Jest, by James Sherman
Produced by Taproot Theatre Company
204 N. 85th St., Seattle

March 30 - April 30
For tickets, call 206-781-9707 or Ticketmaster at 292-ARTS.

Dance 2005
Eastvold Auditorium
April 9, 8 p.m.
Look for an article in the April 8 issue of The Mast.

"Hamlet"
Seattle Public Theater
7312 W. Greenlake Drive N., Seattle
Produced by students in grades four through eight
April 2 - April 10
Saturday at 2 p.m. and Sunday at 7 p.m.
For tickets and information, call 206-335-7905, or visit www.seattlepublictheater.org.

"Othello"
Seattle Shakespeare Company
Center House, Lower Level
305 Harrison Street
Seattle
April 7 - May 1
\$18 - \$30
Thursday through Saturday at 7:30 p.m., Sunday at 2 p.m.
For tickets, call 206-733-8222 or visit www.seattleshakes.org.

Must Go Events

Whirligig!
Seattle Center
305 Harrison Street
Seattle
March 13 - April 14
Monday through Thursday, 11 a.m. to 4 p.m., Friday through Sunday, 11 a.m. to 6 p.m. The cost is \$6 for the entire day or \$1 per ride.
Take your siblings or any other kids you know to Seattle Center's annual carnival for kids. Or take a day and go be a kid again with some friends! The carnival hosts face painting, free entertainment, several rides and tons of other fun things to do!
For more information, call 206-684-7200 or visit www.seattlecenter.com.

Rainier League of Arts Showcase
Lakewood Gardens
12317 Gravelly Lake Dr. SW.
Lakewood

April 6 - April 10, 10 a.m. - 4 p.m. daily
For more information, call 253-845-0182 or visit www.lakewood.org.
The showcase features hand-blown glass, pen and ink, watercolor and other various forms of art by different artists.

The following events are courtesy of Lauren Agni of the School of the Arts:

Frederica von Stade and Laurana Mitchelmore
Eastvold Auditorium
April 1, 8 p.m.
Students \$10
253-535-7602

Acclaimed mezzo-soprano Frederica von Stade and renowned pianist Laurana Mitchelmore make their first joint appearance in the United States, according to the Campus Voice Web site.

Jonathan Treat
Leraas Lecture Hall, Riecke
April 5, 7 p.m.
Free Admission

Jonathan Treat resides in Oaxaca, Mexico where he researches, produces documentaries and creates art. Treat is visiting PLU for School of the Arts Week.

Lila Moe Scholarship Concert
Lagerquist
April 3, 3 p.m.
General Admission \$8, Students \$5
Violinist Svend Ronning and pianist Lisa Bergman will perform a recital to honor the Norwegian centennial, according to the Campus Voice Web site.

Student Theatre Scenes
Memorial Gym 203
April 5, 11 a.m. - 11:40 a.m.
Admission Free
Professor Carl Anderson's theatre students will present their student scenes during School of the Arts Week.
253-535-7779

AUTO GLASS

PLU STUDENT SPECIAL

<p>SAVE \$50 OFF Your Next Windshield</p> <p><small>Purchase & Installation</small></p> <p><small>*Not valid with any other offer *Must have coupon *One per customer *Valid only at AAA</small></p>	<p>FREE Rock Chip Repair In Shop Only</p> <p><small>*Must present this coupon for free service *One per customer *Valid only at AAA</small></p>	<p>SAVE \$25 OFF Your Next Door, Back, Side, or Quarter Glass</p> <p><small>Purchase & Installation</small></p> <p><small>*Not valid with any other offer *Must have coupon *One per customer *Valid only at AAA</small></p>
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These offers are not valid with Insurance Billing.

11457 Pacific Ave. S. Tacoma, WA 98444
(253) 537-6088 www.aaaautoglass.com

Music and driving go together like PB and J



ERIC THOMPSON
Musical Musings

Sometimes I feel like I would never get anywhere without music. It mobilizes and propels me. During spring break, the band Rise Against led me over the Green River toward Eastern Washington, and Queens of the Stone Age helped transport me to Portland. As I drove and listened, I started thinking about the relationship between driving and music. Few things complement each other as well as music and road trips.

Music is certainly self-sufficient enough to be enjoyed without a vehicle, but it is always enhanced for me by "a long drive with nothing to think about," to borrow from Modest Mouse. I think the absence of things to think about that occurs when driving is a big part of what makes the music richer and fuller.

If you listen to music in your dorm room you are probably doing at least one of several other things simultaneously: homework, talking to people, trying to remember where you are supposed to be that you forgot about, feeling guilty for not doing homework and thinking about all the homework you should be doing

while ordering pizza. All these things take away from your

ability to truly concentrate on and appreciate the music. Being in a car for hours at a time gives you an excuse to concentrate on nothing but listening to music. And maybe driving.

The contribution music makes to driving is even more crucial. I refuse to drive without music playing, only making rare exceptions for occasions when I have passengers in the car I want to talk to. I just don't understand how people manage to drive hours at a time in cars with broken radios and no tape or CD player. The second my car audio equipment breaks I will get it fixed or somehow find a new car that I can purchase for \$64 and a Starbucks gift card.

Music is absolutely essential for a long drive. It keeps you alert and aware and prevents you from zoning out. You know those moments that everybody has when you kind of forget that you're driving, and you're thinking about which greasy fast food you want to have for dinner, and then you remember you're on the highway driving in several lanes at the same time? Those happen much less frequently when your brain has something to

process and digest, like music.

Loud music is also a helpful way to stay awake when driving late at night or continuously for 29 hours, or both, like a friend and I did last summer. Quite frankly, I might never have made it through Montana without my CD case. But have you ever tried to fall asleep to System of a Down? I dare you. I really should write them a thank you note.

No matter what the music or where you're driving, there must be a soundtrack to any road trip. My Chemical Romance provides

"I think the absence of things to think about that occurs when driving is a big part of what makes the music richer and fuller."

the soundtrack to the speeding of our Volvo past the used car lots and gas stations of Grandview, Wash. The music and the scenery aren't necessarily connected or related; in fact they don't make sense together at all, but that doesn't really matter. The music and the drive work together, like symbiotic parasites, each living off of and contributing something essential to the other. Each can be enjoyed in its own right, but together they make something wonderful. Like peanut butter and jelly, or cookies and milk—if you have both, there's just no reason not to combine them.

Take a study break!

Millions (PG)

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Sat/Sun: 12:20, 2:20, 4:40, 7:15, 9:15

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Sat/Sun: 12:30, 2:30, 4:30, 6:45, 9:00

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K-squared: two long-time friends and their fabulous food finds

Local restaurant offers affordable, convenient, and drool-worthy eats

KATIE SKOVHOLT AND KATY NELSON-PENLAND
Mast Interns

The two of us have known one another since second grade, and we have shared many of the same passions – music, literature, useless trivia, Scrabble – since that time. As we love to eat and love to write, we chose to share our zeal for food with you, the loyal *Mast* reader. We intend to visit local restaurants and share tips, tidbits and candid opinions bi-weekly.

For our first article, we decided to go to a restaurant we were familiar with and we knew would provide some fun eccentricities. From the Bayou is located on Garfield Street (that'd be straight across from Harstad – accessible and affordable to PLU students).



Photo Courtesy of Katie Skovholt

Katie and Katy have known each other since their days of glasses and braces. Now all grown up, the two are still friends and share their love of good food, among other things.

Our trip began promisingly. We ran into our junior high band teacher and enjoyed a short chat with him while waiting for our table. We didn't have a reservation, but were seated almost immediately. Our table had a "Lucky Bingo" candle burning brightly, which we hoped would be a good omen. Alas, the gods of bingo disappointed us. Our table was directly in the center of the crying baby section. You cannot smoke in this restaurant, but you are free to bring

as many whining or crying children as you like.

Beverages! I started out with a Coke (since I am sadly addicted to the healing powers of caffeine) and Katie had a rasmango lemonade, in which the refreshing flavors of raspberry and mango mate to produce one tasty drink. At the Bayou, soft drinks get free unlimited refills, but the specialty lemonades are limited to one. They're worth it.

Katie was interested in the soup of the day, the Crab and Artichoke Bisque (\$5), as well as one of her favorite go-to dishes, the Crawfish Dip (\$9.50) from the appetizer menu. Katy chose the Vegetable Etouffee (\$13) entrée, which comes with the Bayou salad. While waiting, we enjoyed the complementary Jalapeno Corn Muffins, which are always delicious. They're not so spicy that you need to reach for a glass of water to quench the fires of jalapeno action in your throat, but it's enough to liven up the cornbread. Our first courses came quickly and were highly enjoyable.

Katie: The Bayou salad is the restaurant's house salad (the name is no tip-off), which comes with roma tomatoes, red onions, spiced almonds and croutons and parmesan cheese, as well as a tangy and sweet vinaigrette dressing. It's an excellent salad, and we both enjoy it. The soup of the day was tasty, well-loaded with artichoke hearts. The rich taste obviously came from the huge amounts of butter visibly floating in the soup, which was a sickly gray-green color. The bisque got plenty of points for taste, but very few for aesthetics. It was ugly. But just as beautiful food can taste like crap, this unattractive bowl-o-scrumptiousness tasted lovely. I took a half-cup home in a container that I marked "Tasty Vat-o-Butter."

Then came the main courses, and in my estimation, the crawfish dip has been better. It's a spicy cheese-based dip, served with peasant bread and crackers. I've ordered it several times over the past few years, and on this occasion it was thicker than normal, not quite warm enough and too strong on the Velveeta taste. It was still a good dish, but I found myself wishing I'd had something else.

Katy: My vegetable etouffee was done just right. The vegetables were tender, but not overcooked, the rice was done to the sticky consistency that I like and the tomato cream sauce was rich. It is a spicy meal, not for the meek of tongue, and filling. It's likely that more than half of it went home for me to enjoy again the next day.

Then came time for dessert. At From the Bayou, a server personally introduces you to each of the daily items with a large tray full of examples. We had a rookie who forgot what one of the desserts was, but

it looked so good that we opted to get it anyway. It turned out to be Bailey's Irish Cream Cheesecake (\$6) and it was made from heaven. The flavor was very mild and sweet, not overpowering with irish cream flavor, nor tasting too strongly of cream cheese (which is something I greatly dislike in cheesecake). The dessert was so good we ordered a piece to go for Katie's mom.

Another enjoyable factor of From the Bayou is the ambience. The walls are decorated in a Cajun/New Orleans/Religious theme and are adorned with many fascinating things to look at while waiting for you food or conversing with your company. If you go, you must check out the bathrooms. They are decorated wonderfully. I even got the chance to see the men's bathroom (because someone was taking forever in the ladies' room and they are single stalls). Overall, the experience was a great one and I would rate From the Bayou at a 4.5 out of 5 high fives.

Katie: Dessert is always the best part of a visit to the Bayou. The selection is huge, with a few basic staples like the Bayou cheesecake (coconut and chocolate) and some standard tarts and cakes. I always have a cheesecake of some sort, and I was not disappointed in this choice. It was rich, creamy and flavorful. Of course, I love irish cream, but Katy liked it too and she's not as big of a fan as I am. And yes, my mom enjoyed it very much as well.

The service at From the Bayou is always excellent. The wait staff tends to consist of people who could choose to pursue careers in modeling instead, but their attitudes are the opposite of what you would expect from a typical model. In my experience, they truly seem to enjoy themselves at work. Our main waitress, Adrienne, was friendly and helpful and even refilled my rasmango a second time.

Though this experience was not the best one I've had at the Bayou, I still had an excellent time, a good meal at a good price, fabulous service and the ability to walk back to South Hall (which I might have considered if I didn't have four to-go containers with me). Overall, I enjoyed myself very much. If we're using high fives to rate our meals, y'all had better line up. Four of you.

Our overall ratings out of five checkmarks:

Katie: ✓✓✓✓

Katy: ✓✓✓✓ 1/2

The doctor is in: America had Abby, PLU has Della

Dear Dr. Della,

I had been in a relationship with a guy for a year and a half, and the last six months we haven't lived in the same area. He decided to move back to Seattle to be with me, and he asked me to pick him up from the airport. The day before I was supposed to pick him up, he wouldn't tell me when he was getting in, just blowing it off. The day he got here, I didn't hear a word from him. I had no way of getting a hold of him, and I did not hear from him for four days. Once I got in contact with him, he had absolutely no excuse for his actions. He said he had been planning to call me that day, but didn't because I hurt him a month ago when I told him I would be studying abroad for six months after he got back. He never told me this bothered him. He said he wanted to bring up the issue because he wanted to talk in person. I felt pressured from my friends and mother to not listen to him and break up with him right there. The problem is, I don't know if I can forgive what he did, but I still love him. I feel like I should talk to him, but I have this reputation as a strong woman, and I feel like I would be letting everyone down if I took him back. Did I do the right thing by breaking it off?

Sincerely,
Strong, but single in Seattle

Dear Strong, but Single in Seattle,

As a college student, it might be easier for us to look at this in a completely mathematical method. A relationship has two people in it. So that means you have 50 percent in a relationship. Mathematically, if you're not happy, the relationship has failed. So it may sound selfish, but the most important thing you can work on is your own happiness.

This may sound suspicious coming from an advice columnist, but it's actually quite simple: do what makes you happy.

Is your mother in this relationship? Are your friends? No. The other 50 percent in the relationship comes from him. So you need to listen to your heart in deciding this.

What makes you happy? If it means calling him back and potentially working it out, get that phone and dial his number. If it means never calling him again, delete him from your speed dial. The worst thing you can do is base your entire decision on what you think others will think of you. Their opinions don't matter in the end. It's your life. It's you who has to deal with Ben and Jerry all-you-can-eat nights when you make the wrong decision. I'm not saying that you should completely disregard their advice. Take off the glasses that make the world look like a set on *Legally Blonde*.

While you make your decision, think about a couple of things. Do you think it will work out if you talk? How has he treated you in the past? Is there a pattern of making you unhappy? If you talk to him, will you cave even though you know in your heart you're better off alone?

If he has a history of making you unhappy, don't waste your time. You're too young to waste your prime with someone who doesn't give you what you deserve. But if you think this is just a setback, talk to him. I can tell you from experience, I always regret never talking it fully out with the last guy I broke up with; I listened to everyone else and avoided him for fear I would cave if we talked. And now, I will never know if I jumped to conclusions when I broke up with him. And if you get back together, tell the disapproving eyes to challenge your decision when they've had too many sleepless nights without their significant other.

Always here for you,

Dr. Della

Dr. Della is a fellow Lute hoping to answer your burning questions. She deals with everything from love, to roommates, to parents! Just e-mail her at DrDella35@hotmail.com.

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Sports Sideline

Crew

The crew teams are starting their spring season this weekend. The teams head to American Lake March 12 in a head-to-head match with Seattle Pacific University.

The crew season will end May 1 at the WIRA Championships in Sacramento, Calif.

Player of the Week, Part 1

Catcher Mary Jo Marquardt was named NWC Softball Hitter of the Week March 22.

In four games, Marquardt hit .583 with three doubles, a triple, a home run, five RBIs and two runs scored. She led the team to its 3-1 record throughout that span.

Players of the Week, Part 2

Tennis players Ricky Butenko and Nicole Petrzelka were named NWC Tennis Players of the Week March 29.

Butenko won all his singles matches from March 21 to 25, a total of five wins. He also won three of his five doubles matches in the same stretch with teammate Matt Larimore.

Petrzelka won two of her four singles matches from March 20 to 25. One of the matches was cancelled because of rain. She won four of her five doubles matches with teammate Erika Feltus. Her only doubles loss came to Vanguard College ranked #2 nationally in NAIA.

Player of the Week, Part 3

Sophomore Megan Wochnick continues to dominate the world of track and field. Just weeks after becoming an All-American for indoor track, Wochnick earned NWC Player of the Week honors for the week of March 29.

On March 26, Wochnick won the shot put, discus and hammer competitions at the Puget Sound Open. Her 153 feet 7 inch throw in the hammer was a provisional qualifying distance for nationals and a new meet record. Her 123 feet 1 inch throw in the discus was also a new meet record.

All three results were season bests for Wochnick.

Second place and more

Golfer Chris Packard led the Lutes golf team March 29 to a second place finish at the Pacific Invitational with his second place finish overall.

Packard shot a 77, four strokes behind Whitworth's Andrew Parrott. The Lutes finished eight strokes behind Whitworth in the team standings with a team score of 321.

One week earlier, golfer Kurt Inouye medaled for Pacific Lutheran in the Willamette Invitational. His score of 147 was the best individual score of the tournament. He also posted his best single round score of the season on the first day with a 72.

Ultimate goes all out



PLU Reign player Tanya Libby lays out to catch the disc at the Stanford Invite. Photo courtesy of Tad Jensen

KRISTEN LABATE
Mast sports reporter

PLU hosted the PLU BBQ Ultimate tournament March 12 and 13. The PLU women won the tournament and the PLU men placed fifth.

The men played four games the first day, dropping only one to PLU alumni, 10-11. They defeated Northwest School-A, 10-9, Western Washington-B, 10-9, and Linfield, 13-7.

The men progressed to the championship bracket and were victorious against Western Washington-B once more, but were defeated by Whitman 10-12.

In the first round, the women defeated Lewis & Clark, Linfield and Western Washington-B. The ladies moved into the championship bracket to take the tournament.

The PLU men's Ultimate team traveled March 26 and 27 to Ft. Collins, Colo. to compete in the Rocky Mountain Invitational

hosted by Colorado State University. The men defeated Utah State, 11-5, University of Colorado-B, 11-9, and dropped to Colorado State, 4-13.

PLU had a crossover game with Brigham Young and then moved into the championship bracket with a buy. Colorado State, the tournament champion, defeated PLU in the semifinals, 7-14.

In the next few weeks PLU Reign will be preparing for sectionals.

Women's tennis drowns in matches



Photo courtesy of Nicole Petrzelka

TIM KELLY
Mast sports reporter

California dreamin' became a nightmare for the women's tennis team during spring break. The sunny excursion they planned turned gray and drizzly. As the team went 1-5 with a sixth match against Biola cancelled because of rain.

The week began March 20 with the team losing to California Lutheran 2-7. Kelly Besett had a win at sixth singles and there was a third doubles victory for Nicole Petrzelka and Erika Feltus.

The following day, Vanguard handled the Lutes 0-9. The Lutes had won all three of the doubles matches against Biola before rain cut short the match.

"This is a match we would've won," coach Janel McFeat said.

Rainstorms finally ended and the Lutes were able to play Pomona-Pitzer. This proved to be the bright spot of the trip with the Lutes winning 7-2.

Besett and Megan Proffitt teamed up to win second doubles while Petrzelka and Feltus won their second match of the trip at third doubles.

Proffitt, Petrzelka, Feltus, Bria Smith and Besett won singles matches.

Claremont was not a happy place for the Lutes as host University of California Santa Cruz defeated the team 1-7. The lone victory came from Petrzelka and Feltus at third doubles. Petrzelka had her singles match stopped because of rain.

To conclude the road trip, the Lutes dropped a heartbreaker to Occidental 4-5. Petrzelka and Feltus again teamed up for a victory at third doubles. Singles victories came from Liz Currey at second singles, Petrzelka at third singles and Besett at sixth singles.

After the spring break road trip, the Lutes are 4-7 overall.

Petrzelka was recognized as the Northwest Conference Athlete of the Week Monday for her performance during the California road trip.

NWC tennis action resumes today as the Lutes travel to Portland, Ore. to face Lewis & Clark at 3:30 p.m., continues tomorrow as they travel to Newberg, Ore. to face George Fox at 10 a.m. and finally to Forest Grove for a 3:30 p.m. match with Pacific.

Men's tennis rides wave through California, improve to 12-2 overall

KRISTEN LABATE
Mast sports reporter

The men's tennis team traveled to Southern California over spring break to compete against high caliber teams.

The Lutes had high expectations for California, but in years past, competition has been fierce. This year, PLU held their own. The Lutes sustained only two losses and added three wins to their season record.

The Lutes dropped their morning match March 25 to the University of Redlands, 1-6. Later in the afternoon they returned

the favor and defeated Claremont-Mudd-Scripps 6-1. Claremont is ranked sixth, according to the NCAA Division III December coaches poll.

The Lutes defeated Westmont, a NAIA school, March 24. PLU dropped the doubles point. Junior Ben Schaefer and first-year Justin Larimore were the only doubles team to defeat Westmont.

PLU captured four matches in singles. Junior Ricky Butenko was victorious in two sets and a 9-7 tiebreak. Junior Matt Larimore easily defeated his opponent, 6-0, 6-2. Sophomore David Miller won 6-1, 6-1. Sophomore Erik Husa took his match in three sets, 6-0, 2-6 and

6-2. J. Larimore and first-year Tyler Ochsner dropped their matches.

The Lutes smashed Pomona-Pitzer March 23 with a 6-1 victory. The Lutes took all three doubles matches. In singles, M. Larimore was defeated in three sets. Butenko won in two sets, 6-2, 6-0. Schaefer also saw victory in two sets, 6-1, 6-2. Miller and Husa defeated their opponents, 6-2, 6-4 and 6-1, 6-4. J. Larimore finished the match, 7-6, 6-3.

The Lutes suffered their first loss of the season March 21 against Point Loma Nazarene University, 4-5.

Before the Lutes headed to California they hosted the University of Idaho, a Division I school and defeated the Vandals 5-2. This was the Lutes first Division I victory since 1995, which was against the University of Portland.

The Lutes are now 12-2 overall. The Lutes host Pacific Friday at 3:30 p.m., compete Lewis & Clark Saturday at 10 a.m. and George Fox at 2:30 p.m. on the PLU courts.

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First-year Elizabeth Currey participates in singles and doubles. In the NWC singles she is 2-4 and 3-8 overall. In the NWC doubles she is 3-3 and 3-8 overall.

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I am going mad over this year's March Madness

Bringing you up to date on one of the best tournaments in recent memory



Between the lines
Brent Chantler

March Madness is upon us, and boy has it been amazing. Despite my tournament bracket getting screwed up game after game, I still enjoyed the excitement. Upsets are going to happen in the tournament, but this year provided some memorable ones. Five teams seeded tenth or lower made it to the second round. Bucknell, who was the lowest seed to make it at 14th took out Kansas, one of my final-four picks.

The Panthers also moved on to the second round. Most of you hear that

name and assume I am talking about the Pittsburgh Panthers. Wrong you are my friends, there is more than one panther that played in this year's tournament.

The University of Wisconsin-Milwaukee not only took their first-round game against Alabama, they also managed to take out powerhouse Boston College making it all the way to the Sweet 16. All that excitement that could be found in the first round kept on rolling, giving us those great feel good stories and the "dream games" that everybody loves to watch.

Bobby Knight in my book is one of the greatest coaches of all time. I could not have been happier to see the general take his Red Raiders all the way to the Sweet 16. It is disappointing that they didn't make it a round further because I would have done anything to see Knight go up against Rick Pitino and Louisville for a chance to head to the final four.

Speaking of Louisville, you have to love what that team accomplished. Many people thought they should have received a number one seed, or at least something higher than a four. They used that as motivation and ran through the NCAA tournament earning themselves a spot in

the final four, taking out the Washington Huskies in the process. That game was just one of the many great games the tournament provided. Utah versus Oklahoma and Cincinnati versus Kentucky were two other great games, which both went down in the same bracket.

When you talk about great games you can also look no further than Arizona versus Oklahoma State, and North Carolina versus Villanova. You have four great teams, two great games, both of which were decided by one point. Hollywood scripts usually come up with games like that, and the NCAA fans were able to see two in the same round.

Even with all that action, we still have not gotten to the elite eight. Two games that really stood out were Arizona versus Illinois and Michigan State versus Kentucky.

Illinois have been on top of the basketball world practically all season long. To see that team down by 14 points with a little more than four minutes to play and come back really showed how tough they are. I am a huge Arizona fan, but even I was hoping to see Illinois pull it off.

Most people would consider that a top-notch game, but if you think that one was

the best one of the tournament, your TV must have gone dead during the Michigan State, Kentucky game. Patrick Sparks hit a game tying shot with virtually no time left at the end of regulation that could make a grown man tear up. Not only was he off balance, partially fouled (even though the foul was not called) he was a mere inch or two behind the three-point line only to throw up a shot that rattled around the rim for which seemed like minutes before it went in.

The referees spent six minutes trying to determine whether he was behind the line. After finally being declared a three-point shot, they still had to play two overtimes before Michigan State prevailed.

I got to see the '92 Duke, Kentucky game, which I feel was one of the greatest games in tournament history. I also witnessed Tyus Edney and his miracle shot in '95 with the UCLA Bruins. This game ranks right up there with those moments.

The NCAA tournament once again provided fans with memories that will not be forgotten. If this is any indication of what the final four is going to bring, my TV is going to be glued to it the whole time.

Baseball starts heating up in the wet weather

LINCOLN VANDER VEEN
Mast sports reporter

PLU's baseball squad took sole possession of first place March 13 in the Northwest Conference by defeating Willamette. Including this most recent win, PLU is on an 11-game winning streak and sit atop the conference with an intimidating 9-1 conference record.

In their most recent contest, the Lutes beat cross-town rival University of Puget Sound on Good Friday by a score of 7-1. Pitcher Jeff Caley started and finished for PLU, working the first complete game of his collegiate career giving up only five hits to run his season record to a perfect 3-0.

"It's not real difficult to win and gain confidence on the mound," Caley said. "We have a fantastic defense. Watching someone make a diving catch behind you can lift your confidence easily."

Leading 4-1 entering the bottom half of the eighth inning, PLU punched in three more insurance runs behind the offensive exploits of infielder Logan Andrews, outfielder Justin Whitehall, outfielder Ryan

Thorne and infielder Jared Simon, who each supplied two hits in the game and took part in the critical three-run eighth.

In between the March 13 win over Willamette and the win over UPS, PLU defeated Saint Martin's 6-5 behind Jared Moody's clutch two-run single. They also swept aside Lewis & Clark in a three-game series, winning the first 8-7 in 11 innings, followed by 6-2 and 5-2 victories. The weekend series ended up lasting four extra days because of inclement weather in Portland.

"Someone else always steps up"

shortstop Jason Miller

Starting shortstop Jason Miller, who leads the team in total bases and is third in RBIs, thinks the Lutes balanced attack is the main reason for the early success.

"Someone else always steps up," Miller said. "It doesn't matter who, it's always something or someone different."

Along with their 9-1 conference record, PLU has earned a 13-5 overall record and will continue to work for the all important Northwest Conference title.

"As long as the weather cooperates, and we get to play our games," Miller said, "We're going to be just fine."

Wochnick places sixth in nationals, returns All-American

PLU SPORTS INFORMATION

BLOOMINGTON, Ill. -- It was just six months ago that PLU's Megan Wochnick was introduced to the 20 pound weight throw by Hal Werner, who had just joined the track and field program as an assistant coach.



WOCHNICK

Wochnick, a sophomore from Wilsonville, Ore., earned All-American honors today with a sixth place finish at the NCAA Division III National Indoor Meet at Illinois Wesleyan University. She broke her own school record with a mark of 16.29 meters -- 53-5 1/2. It is the fifth time this season she has broken the PLU record in the event.

"I couldn't believe it," said Wochnick about her performance. "Going into this meet I didn't have any expectations. That's icing on the cake. Plus, PR'ing at the national meet. That's unheard of."

"Now I know I belong here, so I'm

excited for the next two years."

Wochnick entered the meet with the 12th best mark in the nation, a 15.75 meter throw (51-8 1/4), which she accomplished last Saturday at the University of Washington's Last Chance Qualifier. In the preliminaries, she bettered that mark by 3 1/2 inches with a 15.90 meter throw (52-2), which put her eighth going into the finals.

In the finals, each competitor was allowed six throws. On her fifth attempt, Wochnick uncorked her 16.29 meter (53-5 1/2) throw and passed two other athletes to place sixth.

"To PR twice, that's huge," commented PLU head coach Heather Kreier.

"That's icing on the cake"

Megan Wochnick
All-American thrower

"Now I'm stoked to start the outdoor season," said Wochnick. "This is a great lead-in." Last year she won the Northwest Conference title in the hammer throw.

Wochnick is the first female athlete for PLU to compete at the NCAA Division III National Indoor

Meet. Ryan Dirks competed three straight years in the weight throw at the NCAA men's indoor national meet, placing fourth in 1999 and winning the national title in 2000 and 2001.

Softball team fluctuates in the middle of season

Lutes lose six of last 11 games, fall to fifth

BREANNE COATS
MAST SPORTS REPORTER

The Lute softball team experienced some highs and lows in the last three weeks of play and ended with a 10-8 overall record and a 5-5 conference record.

"It seems to be a trend this year that the first time we play a team we have to get used to them," junior pitcher Candace Howard said. "And by that time when the second game, or in this case the second

series, comes around we don't make as many errors."

On Saturday and Sunday, March 12 and 13, the Lutes faced Whitworth University. They lost the two games on Saturday, 0-1 and 2-3, but swept the double-header on Sunday, 4-1 and 4-2.

On March 19 the Lutes swept Whittier University in two games, 6-2 and 8-0. Junior infielder Ericka Hazen hit seven for eight during the double header and Howard pitched a no-hitter in the second game up

until the seventh inning where Whittier hit two singles.

"The first game we started off slow and then there was a rain delay, so during that time we talked and decided we needed to step it up a little bit," Howard said. "After the rain delay we picked up our game and were pretty determined to prove ourselves."

The Lutes then went to the University of Redlands where they were able to pull the first game out in the eighth inning, 9-8. In the second game, however, the Lutes lost 1-9.

The women then traveled to their third stop in California where the team lost to

Claremont University, 2-5. However, for one Lute, this week did not end in a loss, but rather with recognition. Senior catcher Mary Jo Marquardt was named Northwest Conference Hitter of the Week of March 14.

Saturday the Lutes were swept by the conference leader, Linfield University, in their double-header, 0-2 and 4-11.

"The first game was pretty exciting," Howard said. "It was a pretty close game and with them being the leaders in the conference, even though we lost we were pretty satisfied in our performance."

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THIS WEEK IN SPORTS AT PLU	Men's Tennis PLU v. Pacific 3:30 p.m.	Men's Tennis PLU v. L & C 10 a.m. PLU v. George Fox 2:30 p.m.	Softball PLU v. L & C Noon Doubleheader	Time to decide... Watch NCAA Men's basketball final or watch opening day for the Mariners. My thoughts exactly...	School of the Arts Week, pick up a schedule at the Campus Concierge.	So if you're bored around 10:30 p.m. you should wander to the 3rd floor of the U.C. and say "hi" to the wonderful people that bring PLU <i>The Mast</i> .	Yeah, it is Thursday so that means it is time to watch the OC... Why am I addicted?
		Softball PLU v. L & C 1 p.m. Doubleheader					

The 2005 Seattle Mariners have a new, exciting look

Will the boys of summer in Seattle be playing this fall once again?



On the ball
Brian Jones

How does a team win 393 games in four seasons then lose 99 in the next season rebound back to its original form?

This very question is what the Seattle Mariners had to address in the off season this year.

What was the problem with the Mariners last season? Before a team or person can move on, they have to know what was wrong.

Last season, Ron Villone led all pitchers on the Mariners with eight wins. Yes, I did say eight wins. Labeled the ace of the staff, Jamie Moyer gave up 44 home runs in 34 games pitched. Ryan Franklin was the next most consistent pitcher, giving up 33 home runs in 32 games. Moyer and Franklin had earned run averages of 5.21 and 4.90 respectively.

But there was a bright side to last year's team. That was the play of Ichiro. Not only did he break the single season hits record with 262 hits, but he also won his third gold glove and won the batting title for the American League, hitting 30 points better than Melvin Mora of Baltimore.

After Ichiro, it just becomes depressing. Bret Boone led the team with 24 home runs, 83 runs batted in and 135 strike outs. So doing a quick comparison, Boone struck out more times that our top pitcher had strike outs (135 for Boone, 125 for Moyer). That is a bad sign. Actually, it is a horrible sign.

Not to add more to all this, the free agent signings from the off season were, at best, a bust. Scott Spiezio batted .215 and Rich Aurilia batted .241 in the 73 games he was with the Mariners.

Just the thought of all that makes me depressed. Horrible pitching, inadequate hitting and all the off-season moves failing are a recipe for certain disaster.

So the Mariners decided to make changes.

First major change was changing managers. I must say I like Bob Melvin. But I also believe he was not the right guy for the Mariners. So the team fired him. They hired former Cleveland and Baltimore manager Mike Hargrove.

Then a miracle happened, Seattle became an active participant in the free agent market. Yes, I did say that correctly, they went after big name guys, they signed big contracts and they were active.

To fix the ineffective hitting, the

Mariners signed first baseman Richie Sexson and third baseman Adrian Beltre. Sexson averages 40 home runs a year and 120 RBIs. Those numbers last season would have been leading numbers.

Then we can talk Beltre numbers. Last season he hit .334, 121 RBIs and 48 home runs, a breakout year. Beltre was a player for the longest time that "had the potential." Last season he lived up to his potential. Now the Mariners can reap the benefits of a successful player.

The third signing didn't make waves, but could be the most important. Shortstop Pokey Reese joins the team to stop the revolving door at shortstop. Although he is injury prone, Pokey provides a defense the Mariners haven't seen at shortstop since Alex Rodriguez. To top that, he has played with second baseman Bret Boone in the past so the double play combination already has a rapport.

Of the three things that went wrong last year, two have been corrected. With the same pitchers and pitching coach, the major problem of horrible pitching was not addressed.

The theory is improved fielding and more hitting will fix the pitching. They did improve the fielding by adding 6-8 Sexson at first, Reese at short, potential gold glover Beltre at third, gutsy and blue-collared Jeremy Reed in center and moving Randy Winn back to his natural position in left field.

The hitting was improved with Sexson and Beltre, both 40 home run and 120 RBI

guys. Also, Reed provides another contact hitter with speed, giving Sexson and Beltre another person to drive in.

But will this work? Will not adding a pitcher to a staff that was led with eight wins prove wise?

In my prediction, it won't work and the Mariners will not make the playoffs.

The Mariners will be an improved team, don't get me wrong. They will be more competitive and will be fun to watch this year.

But until the Mariners have a solid rotation with a legitimate ace and four complementary pitchers, they will flounder between .500 and second place in the American League West. It takes at least 95 wins to lead the AL West. Right now the Mariners are an 85 win team in my judgment.

Look out come the end of July. When the trade deadline approaches and if the Mariners are still in contention, getting a top line pitcher is entirely possible.

Expect the Mariners to finish with around 85 wins right now. Expect them to be fun to watch. Expect baseball to be rejuvenated in Seattle. But do not expect the Mariners in the playoffs. Not yet, at least.

Who in their right mind was idiotic enough to plan the finals of March Madness and opening day of MLB on the same day? Seriously people, let's get a clue.

Scorecard

Baseball

Team	NWC	GB	All	Pct.
PLU	9-1	-	13-5	.722
G. Fox	10-2	-	17-6	.739
Linfield	7-2	1.5	17-5	.772
Pacific	7-5	3	12-8	.600
Willamette	6-6	4	10-11	.476
UPS	3-4	4.5	10-7	.588
Whitworth	3-6	5.5	8-9	.471
Whitman	1-11	9	3-15	.167
L & C	0-9	8.5	8-13-1	.386

03/30/05
UPS 000 010 301 - 5 10 5
PLU 000 300 40X - 7 7 0
W - Caley, L - Thompson. Save - Roetcisoender.

03/25/05
UPS 000 010 000 - 1 5 1
PLU 100 002 13X - 7 11 3
W - Caley, L - Thompson. Save - None.

03/23/05
PLU 000 000 500 - 5 5 2
L&C 100 000 011 - 3 7 3
W - DiPietro, L - Brown. Save - Fulmer.

03/20/05
PLU 001 131 0 - 6 9 1
L&C 010 100 0 - 2 7 0
W - Walling, L - Smith. Save - None.

03/20/05
PLU 001 105 000 01 - 8 12 1
L&C 120 200 200 00 - 7 14 3
W - Roetcisoender, L - Maroucelli, S - Fulmer.

03/16/05
St Martin's 000 311 000 - 5 11 3
PLU 300 100 20X - 6 10 0
W - Andrew, L - Moon, S - Roetcisoender.

03/13/05
Willamette 000 030 002 - 5 9 1
PLU 011 300 11X - 7 13 1
W - Serr, L - Jensen, S - Roetcisoender.

Lacrosse

North Conference Standings
Team Division All Pct.
UPS 3-0 4-1 .800
PLU 2-1 3-7 .300
Evergreen 0-1 0-3 .000
W. Wash. 0-3 2-4 .333

South Conference Standings
Team Division All Pct.
Linfield 5-0 7-1 .875
W. Oregon 3-2 3-3 .500
S. Oregon 1-2 1-2 .333
Lewis & Clark 1-3 1-6 .143
Willamette 0-3 0-5 .000

East Conference Standings
Team Division All Pct.
Montana 3-0 5-1 .833
Whitman 2-1 5-2 .714
C. Wash. 2-2 6-5 .545
Albertson 0-4 0-5 .000

Scores
03/28/05
UC Davis def. Pacific Lutheran, 13-12 (OT).

03/12/05
Boise State def. Pacific Lutheran, 9-8.

03/11/05
Utah Valley State def. Pacific Lutheran, 11-9.

Softball

Standings
Team NWC GB All Pct.
Linfield 9-1 - 16-4-1 .786
Willamette 9-1 - 11-5 .688
Whitworth 7-5 3 12-11 .521
UPS 5-5 4 11-8 .579
PLU 5-5 4 10-8 .556
Pacific 5-5 4 7-9 .438
L & C 1-9 8 2-14 .125
G. Fox 1-11 9 6-17 .261

Scores
03/30/05
Menlo 000 001 0 - 1 6 0
PLU 010 050 X - 6 6 1
W - Howard, L - Griffith.

03/30/05
Menlo 111 010 0 - 4 10 1
PLU 400 220 X - 8 9 1
W - Stores, L - Walter.

03/25/05
Linfield 311 300 3 - 11 12 1
PLU 210 000 1 - 4 8 0
W - Morris, L - Howard.

03/25/05
Linfield 002 000 0 - 2 6 1
PLU 000 000 0 - 0 2 1
W - Morris, L - Stores.

03/22/05
PLU 200 000 0 - 2 7 0
CMS 000 203 X - 5 9 2
W - Mitchell, L - Stores.

03/20/05
PLU 010 00 - 1 4 1
Redlands 003 24 - 9 14 2
W - Terry, L - Stores.

03/20/05
PLU 232 100 01 - 9 14 7
Redlands 131 030 00 - 8 6 2
W - Stores, L - Mackenzie.

03/19/05
PLU 003 301 1 - 8 12 1
Whittier 000 000 0 - 0 2 2
W - Howard (4-2), L - Lum.

03/19/05
PLU 002 112 0 - 6 10 1
Whittier 200 000 0 - 2 5 1
W - Stores (5-2), L - Chavez.

Tennis

Men's
Standings
Team NWC All Pct.
PLU 6-0 12-2 .857
Whitman 5-1 8-10 .444
Linfield 5-2 5-9 .357
Whitworth 4-2 5-5 .500
L & C 4-4 4-4 .500
Willamette 3-3 3-3 .500
UPS 1-4 2-6 .250
G. Fox 2-6 2-6 .250
Pacific 0-8 0-8 .000

Scores
03/12/05
Pacific Lutheran def. Idaho, 5-2.

03/21/05
Point Loma Nazarene def. Pacific Lutheran, 4-5.

03/23/05
Pacific Lutheran def. Pomona-Pitzer, 6-1.

03/24/05
Pacific Lutheran def. Westmont, 5-4.

03/25/05
Redlands def. Pacific Lutheran, 1-6.

03/25/05
Pacific Lutheran def. CMS, 6-1.

Women's

Standings
Team NWC All Pct.
Linfield 6-0 7-4 .636
UPS 7-1 7-1 .875
Whitman 4-2 6-8 .428
PLU 3-3 4-7 .363
Whitworth 3-3 6-4 .600
G. Fox 4-4 4-5 .444
Willamette 2-3 2-3 .400
L & C 2-7 4-9 .308
Pacific 0-8 0-10 .000

Scores
03/11/05
Puget Sound def. Pacific Lutheran, 4-5.

03/20/05
California Lutheran def. Pacific Lutheran, 2-7.

03/21/05
Vanguard def. Pacific Lutheran, 0-9.

03/23/05
Pacific Lutheran def. Pomona-Pitzer, 7-2.

03/24/05
UC Santa Cruz def. Pacific Lutheran, 1-7.

03/25/05
Occidental def. Pacific Lutheran, 4-5.

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Personal records abound over spring break

Twenty individual best performances led the way for success in track and field

MATTHEW LAMBERT
Mast sports reporter

The Lutes achieved season bests and broke meet records as the PLU track and field

team participated throughout spring break in several competitions, including the University of Washington Preview and the University of Puget Sound Open.

While some of PLU's athletes competed with the team, others were invited to represent PLU and participate individually at other meets at Willamette and Linfield.

Highlights shined from many fine individual performances including the sophomore class.

Sophomore Megan Wochnick won the hammer throw, shot put and discus and was named the Northwest Conference Women's Track Athlete of the Week. Sophomore Bethany DeVilbiss won the 3,000-meter run

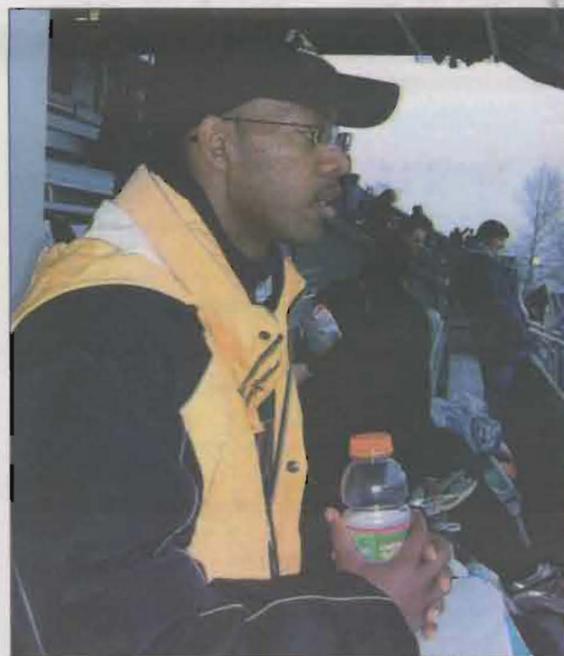
and sophomore Casey Pyle placed first in the men's javelin at the UPS Open March 25.

Junior Erik Jensen achieved second place in the Linfield Decathlon event March 22.

In all, the Lutes established nearly 20 personal records by individual athletes at the UW, UPS and University of Oregon meets a testament of PLU track and field athletes raising their potential to giving them a new standard to compete against.

The coaching staff is preparing the Lutes for continued personal improvement between competitions to potentially participate in conference and nationals.

Western Washington University hosts the Lutes at the Ralph Vernaccia Invitational April 2.



Photos courtesy of Maritha Mendenhall

Above: Sprinter Sarah Larson ran her way into seventh overall in the 400-meter sprint at the University of Washington Track Meet. She would also finish 23rd in the 200-meter sprint.

Top Left: Runner Tyler Nugent finished second in the men's 800-meter run. He also took eighth in the 3,000-meter run.

Left: Coach Michael Waller overlooks his runners at the University of Washington Track Meet. This is Coach Waller's first season with the Lutes. He coaches the sprinters and the relay teams.

Highlights of meet

Tyler Nugent, Megan Wochnick, Stephanie Lewis and Kristi Taylor of PLU set new season bests at the Puget Sound Open track and field meet, held Friday at the University of Puget Sound. Wochnick and Dan Haakenson established new meet records at the competition.

Nugent (Jr., Gig Harbor, Wash.) set a new season best in the 800-meter run with a time of 2:02.12. He placed second in the event by two-one hundredths of a second. He also finished eighth in the 3,000-meter run with a time of 9:24.38.

Wochnick (Soph., Wilsonville, Ore.) established new season bests in the shot put, discus and hammer while winning all three events. She recorded a mark of 32-9 (9.98 meters) in the shot, 123-1 (37.53 meters) in the discus and 153-7 (46.81 meters) in the hammer. Her mark in the hammer meets the provisional qualifying standard for the NCAA Division III national championships and is also a new meet record. Her mark in the discus is also a new meet record.

Lewis (Soph., Lakewood, Wash.) set a new season best in the discus, of 105-11 (32.39 meters). She placed second in the event.

Taylor (Fr., Roy, Wash.) set a new season best in the shot, where she placed second with a mark of 30-0 1/4 (9.15 meters). She also finished third in the discus with a throw of 97-1 (29.60 meters) and placed second in the hammer with a mark of 115-5 (35.18 meters).

Haakenson (Sr., Carnation, Wash.) set new meet records in the men's discus, of 139-7 (42.56 meters), and the hammer, of 171-10 (52.39 meters). He won both events.

Bethany DeVilbiss (Soph., Palmer, Alaska) won the 3,000-meter run with a time of 10:45.43. Loreen Rangel (Fr., Vancouver, Wash.) came in second in the javelin with a mark of 107-3 (32.68 meters).

In the men's javelin, Casey Pyle (Soph., Lakewood, Wash.) won the event with a throw of 166-4 (50.70 meters). Haakenson finished second in 153-9 (46.86 meters).

- PLU sports information

Men's lacrosse tallied 30 goals but lost all three games

Team sits second place in north division, playoff picture comes into focus

TRISTA WINNIE
Mast sports reporter

The PLU men's lacrosse team lost to the University of California Davis 14-13 in overtime Monday. PLU led at the half before faltering in the third quarter. The Lutes came back, though, to force the game into overtime.

"We really controlled the first half, then it just kind of slipped away from us," midfielder Jeff Maahs said. "We just kind of broke down in the third quarter."

The Lutes had a fast break in overtime, but it was broken up by

UC Davis, who went on to score for the win.

"We finished really well (Monday) against UC Davis," attacker and co-captain Chris Jensen said. "We had a mental lapse in the third quarter, where they poured in eight goals. But we showed a lot of character and heart coming back after that."

Jensen had four assists and one goal against UC Davis. The star of the game for the Lutes was midfielder Aaron Hushagen. He had five goals in the game.

"He had five great goals," Jensen said. "He was just

everywhere and had a real breakout day. It was a lot of fun to watch."

The lacrosse team traveled to Boise State March 11 and 12, where they took on Utah Valley State and Boise State. The Lutes lost two closely contested games, falling to Utah Valley State 9-11 and to Boise State 8-9.

"Utah Valley State was a really solid team," Jensen said. "They're the best group of guys we've ever played. They were great sportsmen and it was just a great game."

Utility player Wes Telyea said UVSC were "the nicest guys we've ever played. They were a classy team; they were fun to play with. They were more about the game

than trash-talking."

Maahs agreed about the quality of the game.

"We had a pretty strong game, especially for just getting off the bus after a 10-hour ride," he said.

"We just couldn't finish, couldn't put the ball in the net."

midfielder Jeff Maahs

Attacker Josu Zubizaretta had three goals in the game, Hushagen and Jensen had two, and attacker Kris Olsen and midfielder Matt Kennedy each

had one. Jensen recorded three assists and Kennedy and midfielder Dave Rose each had one.

Against Boise State, Zubizaretta had three goals, Olsen and Hushagen had two, and Jensen had one. Zubizaretta had two assists and Kennedy had one.

It was a close game that could've gone either way.

"We just couldn't finish, couldn't put the ball in the net," Maahs said.

"We need to do a better job transitioning and moving on the run," Telyea said. "It's really easy to guard someone who's standing flat-footed."

The Lutes travel to Central Washington University this weekend, where they will play the University of Montana Saturday and CWU Sunday.

"We should win; we beat both teams easily last year," Jensen said.

Maahs agreed. "I think we have a great chance if we play our game, keep the tempo going," he said.

The Lutes' next home game is April 9 against The Evergreen State College.