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Oregon
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**Just for
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of it,**
p. 8-9.

The Mooring Mast

Vol. LXV No. 1

"Serving the PLU campus community for 65 years"

September 4, 1987

Red skies at night



Clayton Cowl/The Mooring Mast

Temperatures soared into the upper 80's this week as PLU students capped off the last week of summer and return to campus this weekend. High temperatures are expected to continue next week.

RLO faces housing crunch

by Matt Misterek
The Mooring Mast

It may be a long night for up to 80 new PLU students. Just like Mary and Joseph, there's no room for them in the inn.

PLU's Residential Life Office (RLO) discovered in June that about 160 students were booked for housing on campus which could not immediately be placed in a dorm room.

RLO director Lauralee Hagen admitted that her office usually overbooks on-campus housing approximately five percent above the previous year's population to allow for student withdrawals and individuals who are permitted to live

off campus. But this year's crunch was the worst since the late 1970s.

"It did take us a little bit by surprise," Hagen said.

Temporary housing has been set up in lounges, kitchens and guest rooms to accommodate the overload.

Scott Ellertson, a housing coordinator at RLO, replaced Scott Munson who accepted a counseling position at Spanaway Junior High School.

The RLO personnel turnover was not a factor in the initial overbooking of nearly 160 students, said Ellertson. Munson's departure did increase the workload for Hagen and co-housing coordinator Jan Maul-Smith considerably, he

said. Hagen and Maul-Smith spent time training him in addition to their other duties.

RLO had already been committed to providing on-campus housing for most of the members of the enormous freshman class by the time he came to work on July 17, he claimed.

Estimated figures released from the President's Office show 710 freshmen planning to attend PLU this fall, with 676 already registered for classes, making the 1987-88 entering class the largest in PLU history.

"We still would have had a housing overflow, even if I had

See Crunch pg. 3

ASPLU gambles on video outlet

by Matt Misterek
The Mooring Mast

PLU video hounds need look no further than the basement of the University Center this year to rent an evening's worth of taped entertainment. After a year of somewhat covert planning, ASPLU will open its own video rental outlet in the UC games room.

Student activities coordinator Bruce Deal predicted that the operation will be ready for business by the first week of school.

"Our stock is really geared to the college market," said ASPLU impact director Scott Raedeke, who first brought the idea to ASPLU's notice last fall. "It's very cheap and, of course, very convenient."

The store will operate from the front desk in the games room and will feature video tape and video player rental. A new quick copy and button-making service will also be offered, said Raedeke. Rental fees for video tapes will be about \$1 on the weekdays and less than \$2 on weekends.

The inventory is apparently heavy on comedy and drama, while it downplays action and horror titles, said Raedeke. A current identification card, whether student or faculty, is all that is necessary to borrow tapes and VCR machines.

The move to open a video store on campus was supported by ASPLU officers despite the fact that Highline Community College's video store recently closed down. Highline was a specific case in which commuter students did not have the need for the service, Raedeke insisted.

The video store idea simmered among elected ASPLU officers last year, Deal said, but the budget prohibited them from acting on it and several other projects took precedence.

"Financing was the biggest problem," said Deal, who was the ASPLU president last year. "A video store does take a considerable capital investment."

A promising marketing survey of midwest colleges with video services prodded ASPLU to place the idea in front of the student body. An encouraging response to a campus survey last spring was enough to convince Deal to secure a loan from ASPLU to launch a video store.

The idea was discussed with representatives from other school that have video services like Ohio University and Highline Community College, Deal said.

The ASPLU's 200 titles compare with the inventories of conglomerate convenience stores like Seven-Eleven, Raedeke said. And the 200 tapes is the bedrock for a growing collection, he added. ASPLU has pre-booked new releases at the same pace as public rental outlets, he claimed.

"But we're not out to compete with those guys," Raedeke said. "The idea is that it's just supposed to pay for itself."

Raedeke's outlook on the growth of the enterprise is sunny.

His most conservative estimate is that the store will return its initial investment in one year.

Although ASPLU has only three VCR video players and Raedeke and Deal don't foresee having more than six to ten on hand at most, the two seem unshaken.

"We're still searching out that end of it," Raedeke said. "In the hardware market, where so many companies are making equipment, you can get ripped off pretty easily."

Convocation to honor new students

Freshman and new students will be in the limelight Tuesday when over 3,500 students are expected to gather in Olson Auditorium for the opening convocation ceremonies, said Pacific Lutheran University president William Rieke.

This year PLU's administration and faculty will honor the incoming freshman and transfer students by forming an honor guard formation at the door and allowing the newest members of the PLU community to be seated on the floor of the auditorium, the area where the

faculty has traditionally sat.

"For us, this is a very important time because it is the one time besides graduation where the individual classes all come together at once," explained Rieke. "We are paying special attention to recognizing our incoming new students. This particular entering class will graduate in 1991, in time for the celebration of our centennial."

Opening convocation is the celebration of the commencement of the academic year. Keynote speakers including Rieke and

ASPLU president Dave Koth will be featured.

In addition, the delegates recently chosen to represent PLU's newly formed corporate body will also be in attendance, said Rieke.

The delegation was selected after three Lutheran synods united last spring to form the Evangelical Lutheran Church of America, leaving PLU's ownership in the hands of a new corporate framework.

Delegates will be arriving from five western states, including Montana and Alaska.

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Weather —
 Sunny. Highs in the 70s.
 Lows in the 50s. Variable
 winds 5-10 m.p.h.

the nation

Lawsuits mounting for Flight 255

WASHINGTON (SHNS) — Lawsuits and insurance claims stemming from the Northwest Airlines crash near Detroit probably will reach \$200 million, aviation experts estimate.

"If it turns out the plane's pilot didn't set the flaps correctly, Northwest clearly will be the principle defendant," said Lee Kreindler, a New York aviation accident lawyer.

Kreindler and other aviation legal specialists predict lawsuits filed by spouses and families of the crash's 157 victims will average \$1 million per claim, or \$157 million.

Northwest will seek \$25 million in insurance for its MD-80, and two auto leasing agencies will file claims for vehicles and facilities wrecked when the plane smashed

into their rental compounds near Detroit Metropolitan Airport.

The state of Michigan likely will seek payment for damage inflicted by the plane as it tore a path of destruction across Interstate 94 and a highway overpass.

There is also a chance that the Phoenix Suns professional basketball team will file a deprivation-of-services suit because its backup center, Nick Vanes, died in the crash.

Kreindler, whose firm has filed suits after most of the nation's fatal air crashes over the past 30 years, said he already has been retained to represent the next-of-kin of two Northwest crash victims and expects to be a major player in the Flight 255 litigation.

San Francisco's flamboyant Melvin Belli said he'll represent four claimants, and Dallas aviation law expert Windle Turley expects his firm to have Flight 255 clients, too.

Turley, lead lawyer for suits filed after the Dallas-Fort Worth crash in July 1985, said if wind shear was involved in the Detroit crash, there's a chance the federal government may be sued because the Federal Aviation Administration tower controllers didn't issue wind shear warning to Flight 255's pilot.

Documents filed with the U.S. Department of Transportation show Northwest has liability insurance coverage that pays up to \$225 million per crash.

Inside Washington



Iran-Contra hearings move into court

Look for indictments next month as the Iran-Contra investigation moves from Congress into the courts.

After months of secret testimony, probes headed by independent counsel Lawrence Walsh are convinced they have enough evidence to return indictments charging fraudulent conversion of taxpayer assets by pocketing profits from last year's Iran arms sales, conspiracy to violate federal laws, notably trying to circumvent the Boland Amendment restricting U.S. involvement in Central America and scheming to funnel profits from the Iranian arms sales to a private company.

Kirkland to seek AFL-CIO reelection

Rumors are rife in labor's ranks that AFL-CIO president Lane Kirkland is seeking another two-year term as the federation's president only to push for a Democratic president in 1989. Kirkland is expected to resign after next year's presidential elections, turning the reins over to secretary/treasurer Thomas Donahue. Donahue faces major challenges from other labor union chieftains who also want labor's top job.

Navy officers suspect phony reports

Mid-level Navy officers privy to the classified operations reports from the Persian Gulf smell a rat.

They note reports from the Gulf on ship positions, movements often don't jibe with public statements from commanders on the scene. Public reports are believed reliable at the Pentagon because they can be checked out by helicopter-borne western journalists.

Desk officers suspect someone, either in the Gulf area or the Pentagon, is doctoring the reports to thwart would-be leakers.

Representative wants USA hip socket

Protectionist Rep. John Dingell (D-Mich.), insisted doctors use only made-in America parts during a hip operation he underwent.

The congressman said, "I entered this hospital with all parts made in the USA and I will leave in the same condition."

Denver children's bank lures hundreds

DENVER (SHNS) — Who says you have to know what you're doing to open a bank account?

Grandparents of a 3-day-old baby opened a \$10,000 savings account in his name, making the infant the youngest customer and among the top depositors for Young Americans Bank.

The pioneering Denver children's bank, which opened for business about two weeks ago, has signed up its fledgling depositors twice as fast as bank founders had predicted.

Spurred by national publicity, children from 18 states have sent deposits to open bank-by-mail accounts.

Young Americans Bank, the brainchild of Denver cable-executive Bill Daniels, attracted 1,300 depositors in its first two weeks.

The bank, which Daniels bankrolled for \$1.5 million, lets children open checking accounts or savings accounts with a balance of as little as \$5. Children under the age of 12 can start savings accounts, while those older than 12 are allowed to start checking accounts, complete with checkbooks and automatic teller machine cards.

On a recent Saturday, children and their parents formed a line stretching out the doors of the bank, sometimes waiting an hour

or more to open an account. By the end of the banking hours at 3 p.m., over 200 new accounts were on the books.

"We've got many more accounts than we've expected," said bank president Roger Knight. "We told ourselves that if we opened 600 accounts or so in three weeks, we'd be real pleased."

Young American bankers were shooting for 2,000 accounts by the end of the year, Knight added.

"Now it looks like we're going to have 2,000 before the end of the week," he said. "And we have another big Saturday coming up. We're prepared for lots of kids again."

September '87 Calendar		2 WEDNESDAY	3 THURSDAY	4 FRIDAY	5 SATURDAY
					Orientation and Registration 7 PM Playfair CK
6 SUNDAY 9 AM Orientation Workshop CK 8:30 PM Orientation Showcase	7 MONDAY 5 PM Faculty / Students Picnic 9 PM Orientation Dance CK	8 8 AM Classes Begin 10:30 AM Convocation begins	9 10 AM Chapel at Trinity Lutheran 9:30 PM Rejoice	10 8 PM Trumpet Recital	11 10 AM Chapel at Trinity 2 PM UC Open House 10 PM RHC Dance
12 7 & 9 PM Movies 7 PM Football vs. Alumni 10 PM Hong Dance in CK	13 11 AM Univ. Cong.	14 10 AM Chapel at Trinity 10:30 PM Prayer at Close in Tower Chapel	15	16 10 AM Chapel at Trinity 7 PM Humanities Film Ingram Hall	17 7 PM Football vs. UPS at Tacoma Dome
18 10 AM Chapel at Trinity 12 NOON Brown Bag Series 10 PM Choir Dance	19 8 AM MCAT Testing in Ramstad 204	20 10 AM University Congregation in CK	21 10 AM Chapel 10:30 PM Prayer at Close	22 7:30 PM Harvey Wasserman ASPLU Lecture in CK	23 10 AM Chapel
24	25 10 AM Chapel 3 PM ASPLU Picnic at Foss Field	26 1:30 PM Football vs. Oregon Tech at Lakewood Stadium 10 PM Ivy Dance	27 9 AM & 11 AM Univ. Cong. CK 1:30 PM Catholic Mass 9 PM Chicago Folk Service	28 7:30 PM "The Shoppe" at Olson 10:30 PM Prayer at Close	29
30 10 AM Chapel at Trinity					



Campus

Patience urged for temporary housing students

by Matt Misterek
The Mooring Mast

The PLU campus and the Residential Life Office have turned slightly topsy-turvy despite their best efforts to adapt to the worst dormitory crunch in years.

As bedframes are crammed into kitchens, study lounges, and other available cubbyholes, the typical on-campus residence hall is on its way to looking like an overpopulated army hospital in the middle of a war zone.

But many of these temporary domiciles are more akin to presidential suites than sardine cans, according to both RLO Director Lauralee Hagen and Housing Director Scott Ellertson.

The furnishings are more than adequate and many of the converted lounges and guestrooms are more spacious than most standard dorm rooms, they estimated.

"The problem is going to be getting people to want to leave these temporary facilities," Hagen said.

RLO has adopted the euphemism, "Unique Housing Opportunity" (UHO) in order to present the on-campus overflow as a curiously alluring phenomenon. But perhaps there is some truth in this seemingly presumptuous name.

Carolyn Kamphausen, the current hall director in Stuen, was placed in temporary housing during the last major PLU housing crunch in 1979.

Kamphausen, a freshman at the time, lived for a semester in the Kreidler television lounge. Her room was centrally located across from a laundry room, so she was quickly acquainted with her entire dorm, she said.

"I really liked that inclusiveness and familiarity among everybody that it gave us," she recalled.

Her room was large and well furnished, but she said it was nothing extravagant.

This year's temporary facilities are fancier, she said.

But Hagen was quick to admit that temporary housing might produce some less than desirable repercussions. Roommate swaps will be harder than ever to dispose of. Some temporary quarters could be without telephones and garbage cans for a few days.

Obviously, she said, the amount of public areas in each dorm for its occupants to enjoy will be reduced.

Every residence hall will have to forfeit some of its public chambers to temporary housing, Hagen said. Tinglestad alone may be exempt from this, she noted, since its center lounges have no windows and its end lounges would be fire hazards if students moved into them.

"Some of these things can be darn annoying and, for some people, these types of things can be just as important as whether they have a bed to sleep in," she said.

She also conceded that the crunch might cause an unsettling feeling among those students who are moved out of their temporary locations into permanent rooms in unfamiliar dorms.

This feeling can be especially harrowing, she admitted, after initiation has been completed and a core group of friends has been established.

However Ellertson remarked that a large percentage of the temporary lodgings most likely will turn out to be fairly permanent. He said he would be surprised if most of the students in makeshift quarters were relocated before the end of the semester or even possibly the end of the year.

The first temporary locations to be vacated will be the ones that are the dorms' crucial public spaces, such as primary

study and television lounges. Temporary rooms that are not habitable for an extended period of time will also be evacuated as quickly as possible, Hagen said.

According to the PLU housing contract, students will be reimbursed monetarily if they are placed in a temporary facility "that lacks some of the conveniences of a normal room."

Ellertson does not deny that the compensation schedule is meager. It pays these students a mere 50 cents a day for the first 30 days and a dollar a day after that with the total reimbursement package not to exceed \$100.

But Ellertson is not fanatically apologetic for the inconvenience caused those stuck in temporary housing. Students not obtaining dorm rooms hurt themselves by fail-

ing to apply for housing before the due date of May 1.

"All I can say is that if they read the housing guide and contract, they have been duly warned that they could be put in temporary," Ellertson said.

He was thrilled that RLO was able to accommodate those students seeking on-campus housing as late as June with an authentic dorm room, he added.

All students admitted to PLU in August were personally cautioned by RLO that they might not obtain on-campus housing at all, Ellertson said.

A possible long-term remedy for overbooking is the construction of another residence hall, but Hagen said the overflow has not been consistent enough for that to be considered in the near future.

Playfair highlights freshman orientation

by Clayton Cowl
The Mooring Mast

If you find yourself dancing back-to-back with someone you've never met or if you discover 70 other entering students with a birthday in the same month as yours this Saturday night, you haven't necessarily been admitted to a home for the mentally distressed. You may have stepped right in the middle of PLU's most popular orientation event entitled "Playfair."

Playfair is a two-hour exhibition of motivational high-energy entertainment, said orientation director Kathy Mannelly.

"We're there to create laughter in order for people to feel like they're not competing," said Barbara Meyer, business manager for Admire Presentations, the firm which tours nationally conducting Playfair sessions. "When people get to college for the first time, it is invariably a very competitive situation. The students are usually competing to see who will be the best academically or athletically, but we try to create a non-competitive environment that takes people out of a sink or swim situation."

Games such as "tiger, pistol, person" and "lap sitting" may seem strange to an individual at first, but the ice-breaking session seems to work, said Mannelly.

Student orientation counselors help with the session, which is scheduled for 7 p.m.

Matt Weinstein organized The Games Preserve in Pennsylvania in 1976 to focus on the presentation of child's games to adults for ice-breakers, but apparently peo-

ple believed the business was an animal shelter, joked Meyer.

Weinstein eventually expanded his organization to the national level and gradually gained the recognition he needed to market his product -- making people

happy about themselves and the challenges that face them.

"If you eliminate competition, it's a lot easier to develop a camaraderie among peers," said Meyer. "The main idea is to work as a team."

Entering class largest ever

The entering class of 1987 is the largest in the university's history, a report released by the Office of the President.

The initial figure of 983 entering students topped the 1986 mark of 904 entering students by nearly 10 percent.

According to Pacific Lutheran University president William Rieke, 676 freshmen has registered by August 30.

In addition, the number of credit hours taken this term is up nearly 4.5 percent, from 43,728 in 1986 to 45,711 now.

"It's really a good year for us," said Rieke. "The total number of students is up, the total credit hours are up and we've had a record-breaking summer session."

Under the formal five-year plan presented during the 1985-86 academic year, the university expects a 1.5 percent growth in enrollment annually, Rieke said.

The administration hopes to draw at least 4,000 students for the 1990-91 school year, he said.

"But we're not growing for the sake of growth," explained Rieke. "If you have growth, you get the additional revenue needed to maintain quality programs without raising tuition rates."

Rieke noted that this year's 7.4 percent tuition hike was balancing the need for tuition rate versus volume of students.

Business office extends hours

The Business Office has announced extended hours for orientation weekend and the first week of school, said Jan Rutledge.

The office will be open 10 a.m. to 6 p.m. on Saturday and 12 p.m. to 6 p.m. on Sunday. The Business Office will be

closed on Monday.

The office will be available for tuition payment plan setup and receipt of payments. Three financial counselors will be available for consultation on student payment plans.

Crunch (from page one)

trained for a month and a half," Ellertson said.

Hagen said the staff change could prove to be temporarily problematic because

so much information was stored in Munson's memory rather than writing it down.

Many of the tasks like roommate selections were done by hand, not by computer, she said.

Ellertson admitted that RLO doesn't like to say no to students who request on-campus housing.

"It is our policy for students to have a residential life experience," explained Ellertson. "Therefore, we encourage them to live on campus their first three years."

PLU's residential policy requires that students must have 90 credit hours, be at least 21 years old or have medical permission to live off-campus. Students may commute from their parents' homes.

Despite the housing crunch, Hagen feels that the university will not begin to release underclassmen from the required on-campus housing regulation.

Hagen agreed that releasing interested students to off-campus housing would alleviate the housing problem, but insisted

that the university would not bend its regulations.

The overbooked count was nearly chopped in half by phoning student residents who were considering withdrawal from school or had made changes in housing plans, Hagen said. Up to 80 students will now live in temporary housing until permanent spots can be located.

According to Ellertson, only students who filed housing applications past the due date will be faced with temporary housing.

"A lot of the mess would be solved if people just bothered to let us know their plans," Hagen said.

Ellertson mentioned that RLO receives most of its cancellation notifications during the last two weeks of August and the first week of September. But both he and Hagen admitted that the number of overbookings probably would not drop much below 80 since they had taken the time to flush out so many of the cancellations early.



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commentary

Nesting in a kitchen is for the birds

No matter how many angles one may take to view the current housing shortage on campus, it's hard to believe that sleeping in a kitchen or a dormitory lounge could be considered suitable for student needs.

PLU's Residential Life Office, directed by Lauralee Hagen and coordinated by Jan Maul-Smith and Scott Ellertson, labored endlessly this summer to accommodate the nearly 160 students apparently booked for on-campus housing, but without room assignments.

With help from the university physical plant, temporary housing units quickly were constructed and gradually upgraded to the point where students could reside in the spaces.

Although RLO's "unique housing opportunity" is yet another way to manufacture euphemisms to appease apathetic PLU students settling for sub-standard housing, the effort of solving a volatile problem is one to be commended.

While Hagen and her cohorts more than likely will be the unwitting victims of hundreds of furious parents who don't want their children living in a vault in the basement of Harstad Hall, RLO isn't necessarily the place to be screaming.

The problem is PLU's "Five Year Plan" introduced in 1985 with the intention to increase the campus attendance to 4,000 by the university's centennial in 1990.

Four hundred new students on campus in five years. A university housing code requiring students under 21, or below senior status to live on campus. Result? A housing crunch even RLO can't handle.

Logically, there's several possible solutions. One would be to construct a new residence hall somewhere on campus. Unfortunately, low-cost building loans for private institutions are about as easy to find as a mechanical bull in a rhythm and blues night club. Besides, PLU is too busy spending money fixing up buildings on campus that students live in now.

The next alternative would be to alter the existing on-campus housing rule. One idea might be to allow both junior and senior students to reside off campus.

The theory that students should live on campus for the formative years of college is very sound. However, the idea is caving in on top of itself. RLO is programmed to take virtually everyone who requests on-campus housing.

Give students the freedom of choosing to live off campus. By the time a student is a junior, off-campus housing and a general change of scenery is rather inviting.

It's time to start dealing with logistical long-term problems at PLU. Space in residential housing is the first place to start.

It's a 'brand news approach'

As a reader, it is refreshing to read the good news so often deemphasized in journalism.

During the past few years, *The Mast* has been the center of some student scorn. It has been viewed by those people as a muck-raking, sensational newspaper that only emphasizes "bad news."

While arguments, including numerous publication awards can be made to the contrary, there is no question some changes are needed this year.

We at *The Mooring Mast* can't promise an equitable paper that balances both good and bad, but we can promise an effort to report the news accurately and fairly.

In the weeks to come, our staff will strive to uphold a "brand news approach," to reporting the events which will unfold over the course of a school year at PLU.

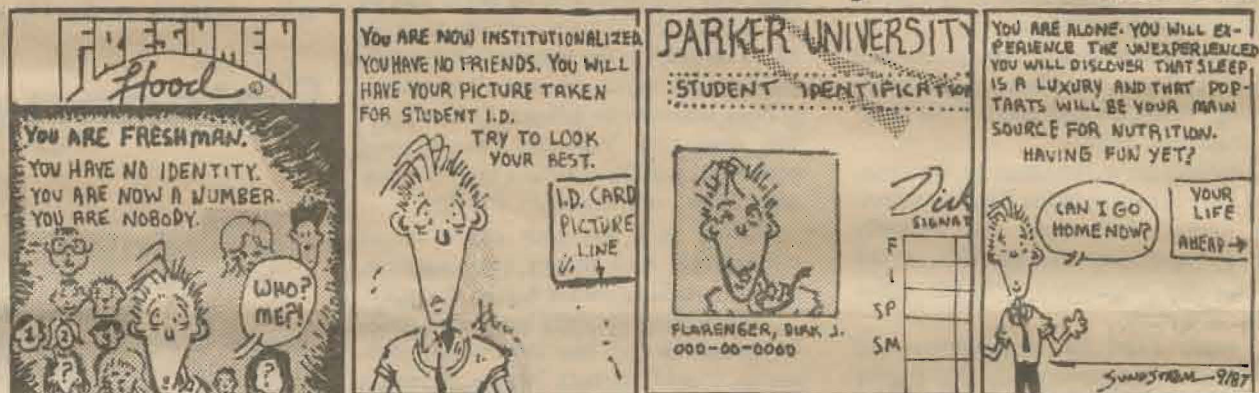
Our administrative organization has been restructured, competent writers and thinkers have been hired without limiting the program to an elite few and an editorial board has been established to evaluate all *Mast* positions.

We challenge you to scrutinize us during the next few months. *The Mooring Mast* is back and is aiming to improve. Now that's good news!



FRESHMANHOOD

by Paul Sundstrom



Let's not forget the Contra stick

American foreign policy is about to turn a corner. We might do something right for a change. We have the opportunity to win a negotiated peace and serious liberal reforms from a corrupt and tyrannical regime in a country that has strategic significance. Perhaps my mind is clogged, but I can't remember the last time such a victory was won.

"We're still perfectly capable of blowing it."

The Nicaraguan rebels have agreed to the Central American peace plan signed by the leaders of Guatemala, El Salvador, Honduras, Nicaragua and Costa Rica.

The plan calls for an end to destabilizing tactics practiced by competing forces in the region.

Specifically, countries have promised not to assist rebels or allow them to operate inside their borders. The accord also calls for a cease-fire and amnesties, along with press and political freedom in nations torn with civil conflict.

The big battle within Congress right now is over how long to keep the Contra rebels supplied.

When the federal fiscal year ends on September 30, the Contra rebels will be eligible for more U.S. military aid. Although they will still be dependent on U.S. air-drops, most sources agree that the rebels have enough money to last until December.

However, the rebels must be appropriated money for the coming fiscal year to be used when the current funds are exhausted.

Here is where foolish and hasty peace-makers come in.

House Speaker Jim Wright has said that no individual funds will be needed. He was sadly mistaken.

The current civil conflict in Nicaragua has been going on for six years. A lasting solution that brings political freedom to all will not be won in a couple of

months. In fact, there is no reason to believe that the Sandinistas will make more than marginal reforms at all unless the Contra rebels remain a viable and potential military threat.

The rebels have fought hard to win enough control of the countryside to where they can indefinitely bleed, if not completely defeat the Sandanistan army. It is this weakened position of the Sandinistas caused by the Contra rebels that has forced the Nicaraguan government to the negotiating table.

In order for the accord to work, two things must happen. First, the Contra rebels must achieve a status quo negotiated peace settlement allowing them to keep their military apparatus intact and able to control the countryside that is now in their possession.

Secondly, Congress must pass a resolution promising military aid for the coming fiscal year in the event that the Sandinista regime does not undertake all of its promised reforms.

Only then will the Contras remain a serious threat and give the Sandinistas incentives to fulfill their promises.

Now don't get me wrong. We're still perfectly capable of blowing it.

The Reagan Administration could succumb to hard-line factions and pass this chance for peace and political gain. Pacifists and hasty peace makers could force the U.S. and the rebels into this agreement without taking the proper measures needed to assure that the Sandinista government will follow through on the promises that it is making.

But with a little luck and no small amount of foresight, we may just be able to maneuver the Nicaraguan Contra rebels from a position of military to political opposition. The far greater risk, I fear, lies in trying to make the transition too quickly.

Theodore Roosevelt often said, "Speak softly and carry a big stick."

We've been speaking softly for several weeks now, but we are running the risk of forgetting our stick.

Scott Benner is a commentary writer for *The Mooring Mast*.

Freshmen: There's a battle to be fought

Be wary freshmen. There's a war afoot and the enemy is us -- the upperclassmen.

You may not know it, but you are different from us and differences are the root of all wars.

To your disadvantage, you are outnumbered. So the name of the game becomes subterfuge. You must at all costs appear to be...well, something other than a freshman.

Sound familiar? This seems to be the message most freshmen receive upon depositing their bags in their new homes -- hardly a hospitable greeting.

While it is true that freshmen differ from their older schoolmates, that difference is not necessarily bad. In most cases, it is simply an excess of enthusiasm.

Suddenly thrust into a new and exciting environment, the typical freshman wants to meet everyone and do everything all at once. This, of course, will wear off when you realize that four years is a long, long time.

Another obvious reason for the difference is the obvious fact that incoming freshmen are diverse. For every pimple-faced blue-eyed academic wonderboy from Rabbithole, Montana, there's another pimple-faced blue-eyed academic wonderboy from Crowclaw, Alaska or Boredom, Michigan.

The result? The ever-stimulating freshman conversation.

"Duh, What's your name? Are you taking any fun classes? What dorm are you

in? What food service plan do you have? Are you into Def Leppard or Megadeath?"

Upperclassmen listen and snicker.

The same heartless taunting sophomores, juniors and seniors lead the wide-eyed, trusting freshmen through the ever-ego-boosting phenomenon known as initiation.

While seemingly bad on the surface, initiation gives the newcomer the experience he or she needs. Besides, it's something better to talk about than what flavor of Speed Stick to use or which AC/DC album refers to satan the most times.

Sure, being a freshman can be fun if you let go and let it be fun. Think about it. It's the ideal situation. You're in a situation where no one expects anything from you

except yourself. So go ahead. Be a freshman. It's okay. Really.

Whatever you do, don't buy into the "hey, dooooooood-I'm-not-a-freshman" deal.

Look, when I was a freshman, I was told that wearing a new PLU sweatshirt the first week of school would be like shooting red flares up in the air announcing the arrival of a freshman for miles around. So I didn't buy one. I really wanted to.

I'm a senior now and I still haven't bought one. I'm tempted, but well...I can't.

Who would want the upperclassmen to think I was on the wrong side? To arms, men!

Westering stresses school spirit

School spirit is something difficult to define. There's a lot of definitions for spirit.

On the school side of things, spirit is often noted as being enthusiastic loyalty, fortitude, courage, vigor, vitality. It really has a lot to do with identity.

Spirit represents something bigger than themselves. Any time PLU competes in anything, whether it be in drama, music or debate, we feel there's a level of class here that really helps you to feel the excellence.

School spirit is identifying with excellence in a lot of different ways.

I like to think of it in terms of a poem I wrote.

The man in the arena you will know by the type of character he will show.

As his face is marred with blood and sweat, he continues to battle on with an eager mind set.

Some men soon fall when they struggle with pride, and they lose

their desire and drop off with a sigh.

Others grow stronger, overcoming their flaws, enjoying the challenge and not the applause.

The thrill of the battle is the key which brings our best which only God sees.

Whether we win or whether we lose, we experience a joy that few people choose.

The man in the arena, that is the spot, so go for it now and give it your best shot.

I guess I think that exemplifies spirit in the fact that it's the thrill of going out and competing at the very highest level you can. And not always doing it, but always giving it your best shot.

School spirit is related to the same thing. It's the ability to identify and enjoy being with each other in a competitive situation.

School spirit is something that has to be relit every year. It isn't something that

repeats each year.

Spirit actually depends on the individual commitment of the players on the teams, the dorms and the identity they have. It isn't easy, but it's where the real fun begins.

It comes from helping each other. We do this through communication on the campus, through the newspaper, the dorms and the team.

We develop a spirit of being together that makes it feel good to be from PLU.

This fall, remember school spirit. It's an enthusiastic loyalty of feeling good about trying to accomplish something bigger than yourself.

Frosty Westering is PLU's head football coach.

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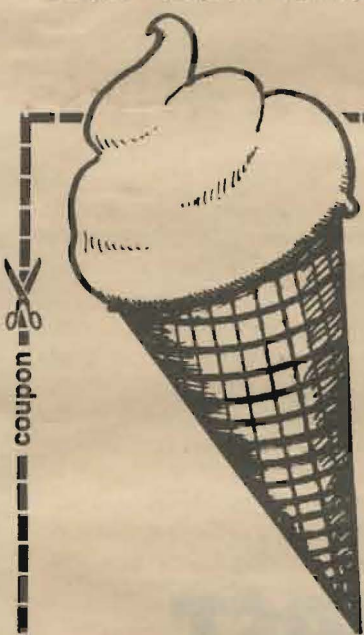
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The Mast

Mooring

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The Mooring Mast is published every Friday during the academic year by the students of Pacific Lutheran University. Opinions expressed in The Mooring Mast do not necessarily represent those of the Board of Regents, the administration, faculty, students or newspaper staff.

Letters to the editor must be signed and submitted to The Mooring Mast by 5 p.m. Tuesday. The Mooring Mast reserves the right to edit letters for taste and length.

Editorials are written by the staff editorial board unless signed by a staff member.

The Mooring Mast is distributed free of charge on campus. Subscriptions by mail are available for \$13 per academic year anywhere in the U.S. Make checks payable to The Mooring Mast, PLU, University Center, Tacoma, WA 98447.

WANTED!

COMPUTER NEWS

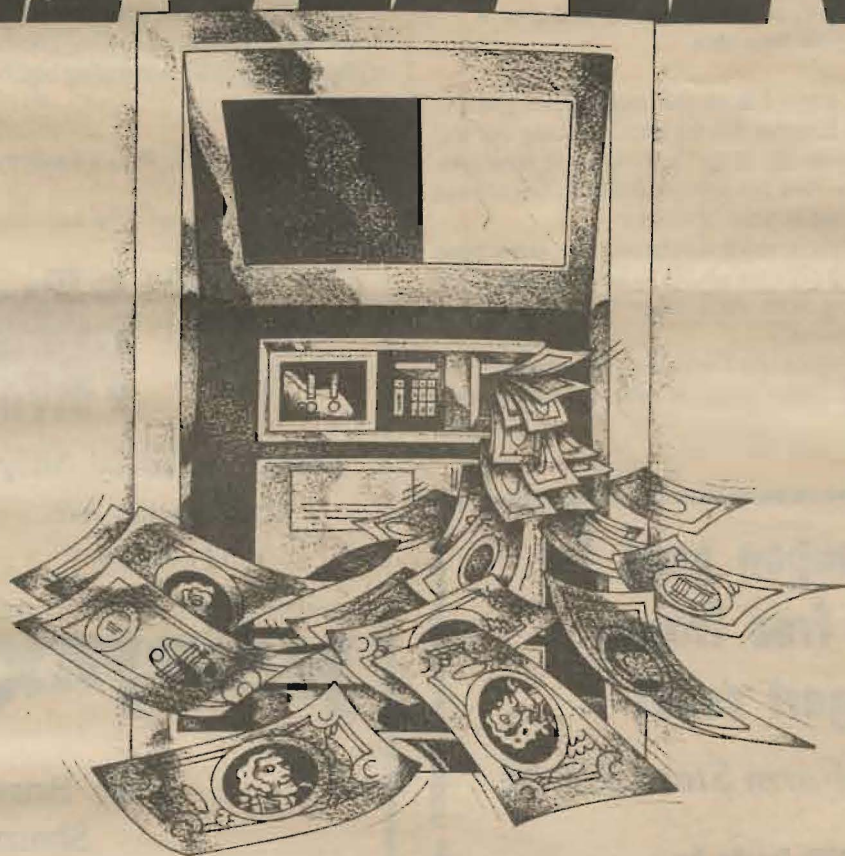
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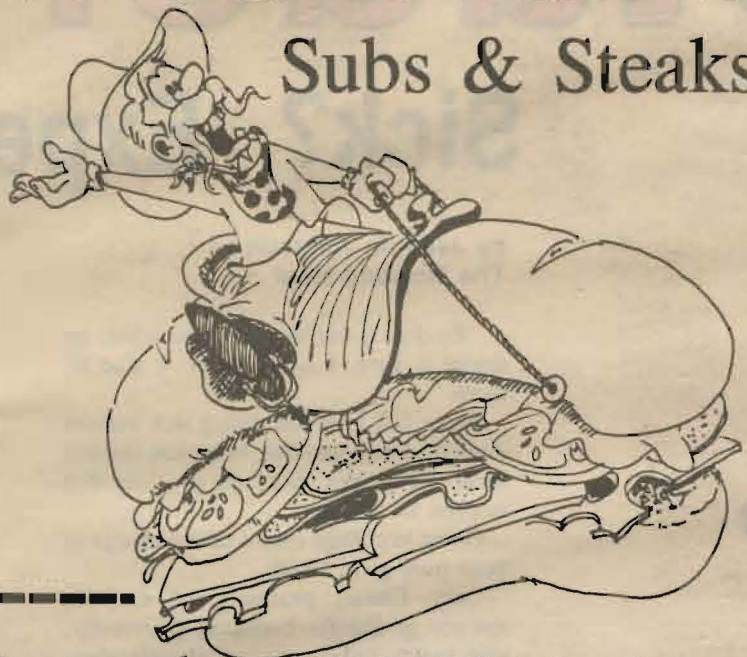
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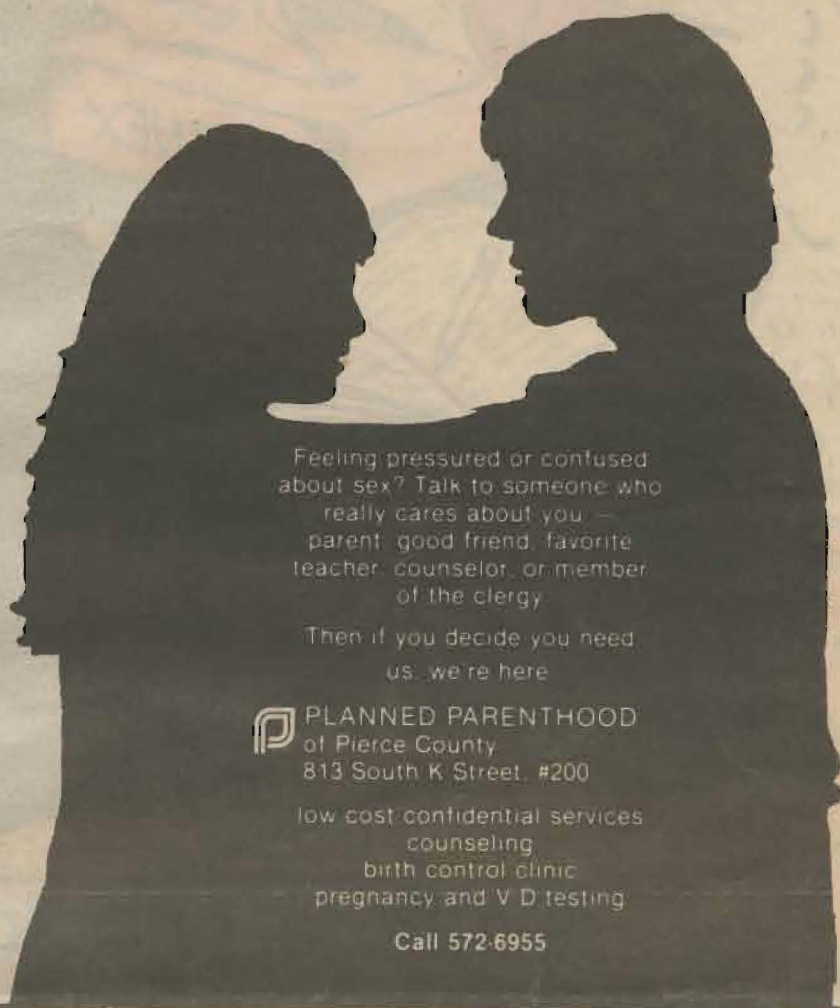
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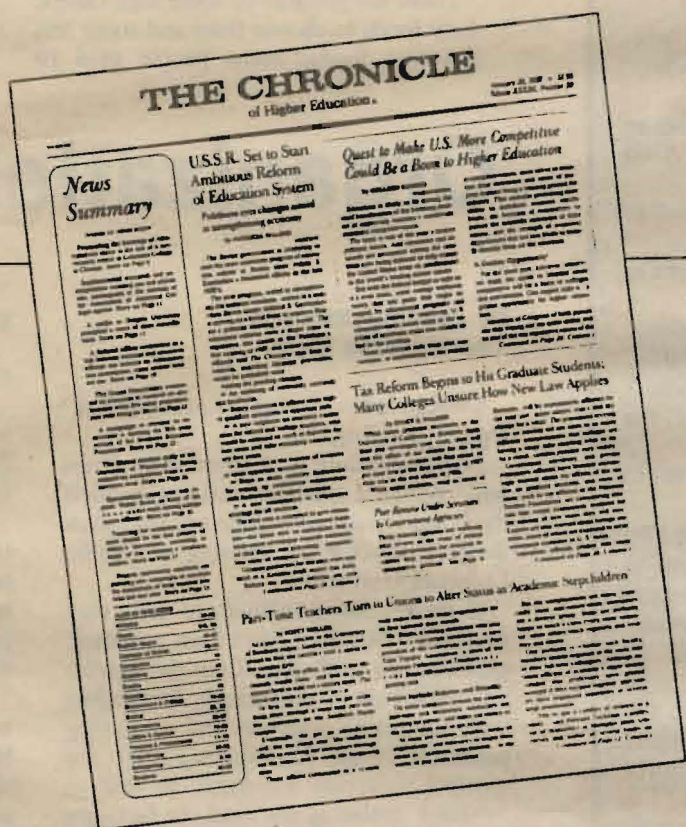
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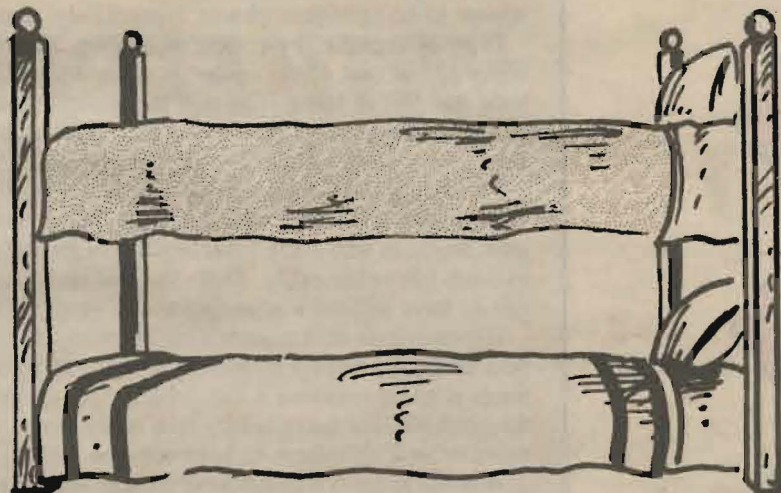
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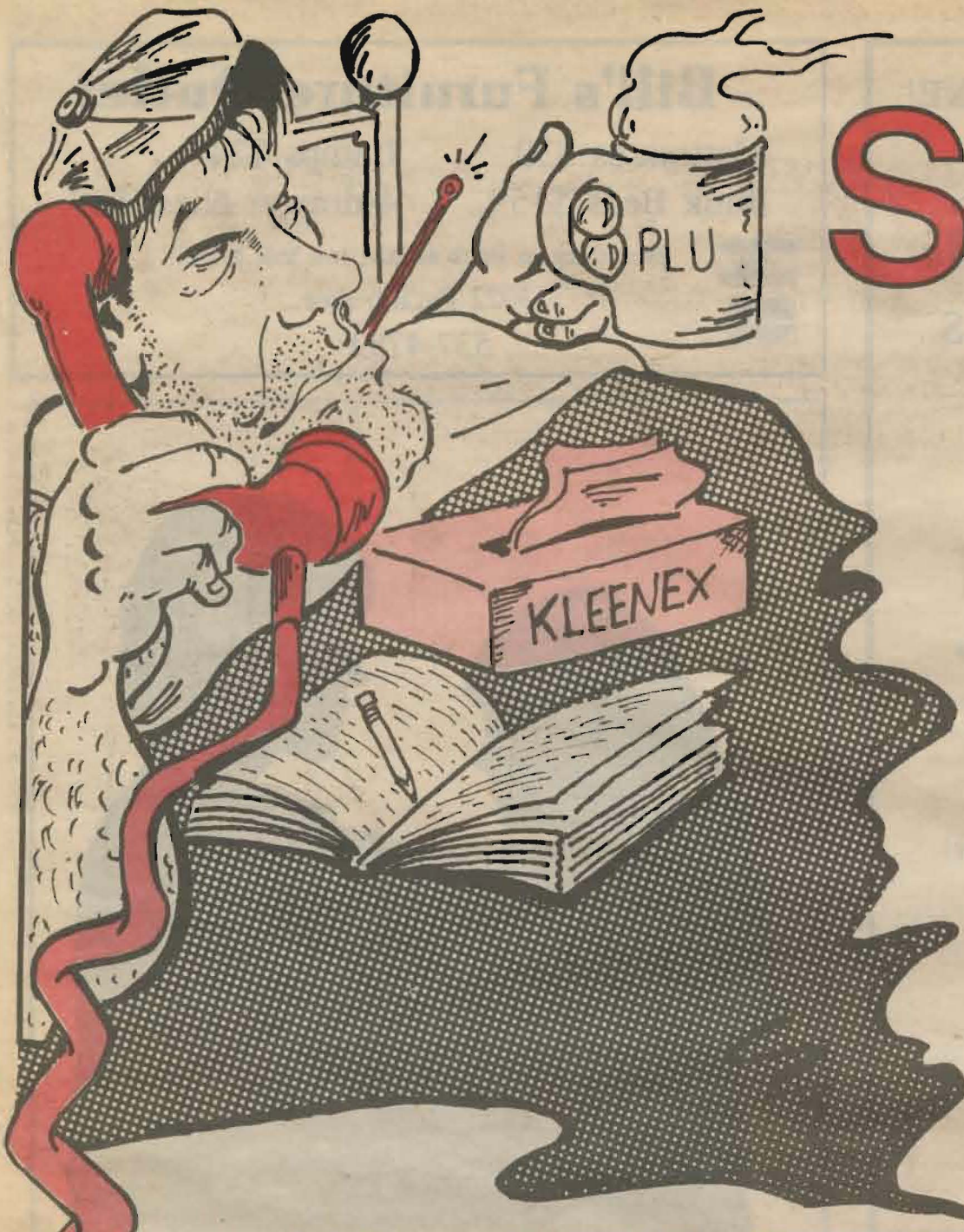
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Student

Sick? Experts

by Jeannie Johnson
The Mooring Mast

"By dose is rudding. By head aches. By throat is sore. I hab a feber. I wad by mom."

Being sick is no fun. Being sick without mom to wipe your nose, bring you chicken soup and orange juice and coo over you is even worse.

Going to college means taking charge of your own good health.

Gary Chase, professor of exercise science at Pacific Lutheran University, said health and fitness is a lifestyle plan.

"We're trying to get them (students) not to view it as an absence of disease, but how we view the world around us," he said. "In order to bring health together, they have to begin to look at a healthy lifestyle."

According to Judy Wagonfeld, self-care and wellness coordinator, there are ways to promote good health.

Eating the right foods and getting well-balanced meals are vital to good health, Wagonfeld said.

"Getting up earlier in the morning is healthier than sleeping late and skipping breakfast or skipping meals to lose weight," she said.

Wagonfeld added that weight control can be a problem when students choose their own meals.

"You have to remember the cafeteria is trying to please everybody," she said. "There are going to be some high calorie fatty foods to choose from and some less fattening foods. Some people gain 10

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Wagonfeld
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College shock strikes

by Jill Johnson
The Mooring Mast

College shock. Some freshmen feel it when they first glimpse their bare, ugly dorm room. Others don't feel it until they watch their parents drive away. Everyone feels it.

Shock is defined as physical and psychological distress stemming from an overload of a person's decision-making processes and adaptive systems by Alvin Toffler, author of the book *Future Shock*.

Going to college is a sharp transition for most students and the process of adapting to college life is often very stressful.

As the Associate Dean of Student Life at PLU, Kathy Mannelly works to ease the transition from high school to college.

According to Mannelly, the number one concern of new students is academic work. They often are shocked by the amount of required reading and they, "often have a hard time seeing how boring reading material pertains to them." Students also are shocked by the amount of writing required in college, she said.

The majority of freshmen want to fit in socially at college. They want to appear to be collegiate almost immediately, she said.

During August's pre-college workshop, an orientation event attended by about 10 per cent of the freshman class, Mannelly gave them tips on how to look and feel at home. She told the students that purses aren't a necessity, perfect hair and make-up aren't required for an 8 a.m. class and PLU sweat-shirt aren't worn on the first day of classes.

"Knowing these things helps relieve anxiety," Mannelly said.

Dorm life and living with a stranger for a roommate is also a shock, she said. Students who come from families of four or more children tend to adjust to dorm life rather easily. Students from small families either thrive on dorm life or have difficulty adjusting to the noise.

Depending on each student's background, everyday survival at college may be a difficult adjustment, Mannelly said. Many students don't know how to wash clothes, maintain a car, iron or get up in the morning without help. Students also are surprised by how many things they lose at college because mom or dad isn't there to help out, she added.

Homesickness is a symptom of college shock and can be a serious problem, Mannelly said. Often homesick students will become physically ill. Many homesick students will refuse to unpack and become withdrawn, she said.

Ironically, "the students who become homesick are often those that least suspect they will," Mannelly said. "Those who are mentally prepared for homesickness often are surprised by not becoming homesick at all."

The best way to conquer homesickness is to be surrounded by familiar things, she said. An old shirt, laying back on a favorite pillow or hugging a teddy bear may seem silly, but are all remedies for college shock.

Organization pa

by Jeannie Johnson
The Mooring Mast

College is fun. College is exciting. College is studying.

Nearly one-third of all entering freshmen will receive a midterm warning to alert them their grades are slipping, said Rick Seeger, director of advising at Pacific Lutheran University.

If their grades continue to fall, they eventually could be placed on academic probation or suspended from the university. The lack of preparation for dealing with competing priorities and competing pressures is the leading cause for not meeting university standards, he said.

"High school is not hard. In fact, it's easy," Seeger said. "Teachers pass assignments out in small doses. They have about 20 minutes of homework per week. They're told what to do. You can afford to be passive in a system that will take care of you," he said.

Coming from high school can mean sensory overload for first semester freshman, Seeger said. For the first time in their lives they have to set their own agendas, and academics is only a part of it.

There are new roommates to adjust to, games to be played, running up and down the halls of the dorms and people wanting them to get involved and serve on committees, he said. When the student overloads,

they lose control.

"They get scared they'd rather not c

Don O'Donnell, major, said it is ea the fun of colle the academics.

"I found that it v Orientation Week because there's no hand and make you just have to kick y do it."

How students "o time" is a determin He recommended s schedule sheet from and mark out all co be controlled: class blank spaces are fi study and use it fo

O'Donnell sa s quires more orga materials than in hi ing various time easier to keep homework assignm

"I found that every night, pays d ing at the last min

Once a student t time, it is importan to study, Seeger sa

"When you go

Survival Skills

say take charge of your own good health

They first come to college and best about themselves." They think they can substitute proper nutrition, but vitamins can have an

any more than a one-a-day she said. "Some vitamins are a toxicity. Besides, there's studies, that there's any taking vitamins." Friends and socializing can nights, but getting enough the body a chance to vitalize for the day's ac-

rest. I know it's hard with noise, but students should a of 6-7 hours of sleep a ly in a new situation," she

o proper eating and sleep- mportant to establish an ex- chase said.

d select activities they en- for their health," he said. e to be restricted to run- to make it a part of a daily need to view good health and establish time to exer-

help students both physical- ly. According to Chase, ests that regular exercise blood and oxygen supply event blood clots, decrease the arteries leading to the blood pressure and can sugar levels. Exercise also

can help students think more clearly, have a higher energy level, produce better work and helps them address problems more clearly.

"Increased activity does improve self-esteem and increased overall health and vitality," he said. "It helps you focus away from destructive elements in your lifestyle that make you crash and burn."

One of the leading causes of health destruction is stress. Wagonfeld said stress can exhibit many physical symptoms--feeling anxious, insomnia, lack of energy, headaches, backaches, stomach problems and nervous twitches.

"Sometimes something happens physically and they come in thinking something is wrong physically, but don't realize it's stress," she said.

Different situations can bring on different reactions from students, said Alene Coglizer, associate director of Counseling and Testing.

Freshmen will be making decisions about classes, friends, values and sexuality which can cause stress.

"What is stress for one may not be stress for another," she said. "What will precipitate a crisis for one won't precipitate a crisis for another."

Identifying the source of stress will enable the student to deal with the problem, Coglizer said. If the student has trouble pinpointing the source of the anxiety, they should seek help from Counseling and Testing, the Health Center, Campus Ministry or a resident assistant, she said.

The Health Center staff has developed

a self-care program to deal with stress. They recommend regular physical exercise, relaxation techniques, learning your limits, scheduling your time, rewarding yourself for jobs well done, taking 5-10 minute breaks while studying, break down your work load to manageable parcels, get plenty of rest, eat well and release feelings.

Releasing feelings is key, Coglizer said. A lot of students are afraid to speak up when they are angry or hurting.

"If something is bothering you, make sure it doesn't fester down the line," she said.

If, despite all the preventative measures taken, a student gets sick, there is help available, Wagonfeld said. A phone call to the health center can provide the student with advice on self-care or an appointment to see one of the health practitioners on duty.

Deciding if the illness is caused by a virus or bacteria will be the first step to recovery, Wagonfeld said.

A virus will cause the common cold and flu giving the body an all-over ache and a low fever. A virus cannot be treated with medications and will run its own course in about 10 days, she said.

A bacterial infection, such as strep throat, is a localized infection and results in a fever above 102 degrees. These can be treated with antibiotics. Students must go into the health center in order to get the necessary medications.

"A lot of students feel we should give them medications," Wagonfeld said. "They'll say their family doctor always gives them medications over the phone.

They may have, but they didn't know if it was a viral or bacterial infection."

The same holds true for sexually transmitted diseases, Wagonfeld said.

Gonorrhea and syphilis are bacterial diseases that can be treated with penicillin. Venereal warts and herpes are viruses and can be treated for symptoms, but the virus cannot be removed from the body.

While students can't fight a virus with medications, they can take steps to alleviate the symptoms.

Wagonfeld recommends taking two regular strength Tylenol, drinking a lot of fluids and getting more rest to prevent a cold from turning into pneumonia.

Wagonfeld said students should refrain from taking decongestants when they have a cold.

"Decongestants have things that can hype you up," she said. "It's better to let the body take its natural course. Decongestants dry up the nasal passages and the only way for viruses to leave the body are through secretions."

Good hand washing is the best way to avoid getting colds, Wagonfeld said. The viruses are transmitted through hand contact.

Taking care of good health consistently will help prevent illnesses, Wagonfeld said. This can be achieved by balance in a students' life and schedule.

"It's a stressful time and they (freshmen) try and do everything," she said. "They have four years to do things. They don't need to cram it all in in the first few months."

ays off for academic success

of the academics and il with it," he said. sophmore economics to get caught up in d sometimes neglect

s real easy to stay in or half the semester around to slap your udy," he said. "You rself in the butt and

and do not use their g factor, Seeger said. dents pick up a blank the Advising Center nitted time that can't leeping, eating. The : time. Find time to studying, he said. dyig in college re- ation of time and school. By organiz- mmitments, it was on reading and ts.

nsistency, studying more than cram- ;," he said. s blocked out study r them to find a place ere to study, you

study," he said. "If a friend comes by say, 'Come back in half an hour and we'll get a coke,' or get up and go to the lounge area. Train yourself and let the environment work for you."

Professors may give students tools to make studying easier, Seeger said. The syllabus, listing reading and writing assignments, is a student's primary tool.

"In the first day of class, when the professor is talking about the syllabus, take notes," he said. "Read the syllabus carefully and use all the tools the professor gives you."

One required tool will be a textbook. According to Seeger, skimming the book and reading the first chapter before the first day of class will help students know what they will be reading and what to expect in the semester. From that, they can decide what they are going to look for and study for that, Seeger said. "Don't read a textbook as if it were a novel."

Losing concentration while reading is not uncommon. Often students will read an entire chapter and realize they don't remember any of it, Seeger said.

"A good test to see if you're losing concentration, is to ask yourself 'what was I looking for?'" he said. "Odds are if you can't answer, odds are you don't know. Keep in mind what you're looking for and you'll keep your concentration."

Just as a text isn't read word for word,

lecture notes shouldn't be taken verbatim, Seeger said. Note taking is a skill learned by trial and error. There are two parts to taking notes, he said, listen and think and then write.

Seeger also recommends reviewing lecture notes as soon as possible after class.

"Your recall drops off very rapidly," he said. "If you have 10 minutes after class, fix them because by the next day you won't remember what was said."

If a student follows a regiment and still finds themselves in trouble, they should use the resources the university offers, Seeger said. The Academic Advising Center, in the basement of Ramstad, has 21 tutors available at no charge.

"All a freshman has to do is walk in with their book and say 'I don't know how to study for this class' and they'll sit down with them for half an hour and they'll show you how," he said.

Other sources available are professors, advisors, the Writing Center, upper classmen, resident assistants and the library staff.

When a student finds their academics slipping, it is important that they act on it right away, Seeger said.

"The most important thing to do if you feel out of control, is to get help," he said. "Go to someone who can realistically help you. Don't let things get out of control."



orientation

Orientation counselors offer helping hand

by Matt Misterek
The Mooring Mast

Entering freshmanhood at college can be as symbolic as a doctor snipping an umbilical cord or as horrifying as being cast adrift in the middle of Beirut International Airport.

To lessen the trauma of the transition into university life, PLU has historically rallied a welcoming party in the form of its perennial fall orientation program, but only since 1985 have the services of approximately 60 student orientation counselors been enlisted.

"Orientation counselors are involved the moment students walk on campus," said Phyllis Lane, assistant director of the orientation program.

The orientation counselor network is vital, Lane said, since resident assistants are rarely available to spend time with new students during the first frantic weekend. Adult counselors cannot provide the dimension of empathy that student counselors do, she added.

A link of compatibility is forged by their closer age and by the fact that the student counselors had also been forced to make the most of campus life, Lane said.

Kathy Mannelly, director of the orientation council and associate dean of Student Life at PLU, added that new students were given a less realistic first view of PLU in the days when only administrators and staff participated in the orientation festivities.

Lane directed a similar program at the University of Puget Sound in the early 1980s. Orientation counselors were recruited for the first time when Lane ar-

rived in 1985.

Counselors assist new students with the physical and emotional tasks of moving into dorms, guiding them around the campus, attending all mandatory general sessions and fielding questions from students and their parents.

"Sometimes they become a regular strike force," Lane grinned. "They become our eyes and our ears and are instructed on how to handle touchy situations."

Each of the 60 counselors absorb these situational skills at a seven-hour training session before the new students arrive. Traditionally, a solid core of the counselors return the following fall. This year all but 15 of last year's orientation group graduated last spring, leaving a group of untested recruits.

Lane searched for two specific qualities in her applicants for this fall.

First, she wanted counselors to make a commitment to assist, yet not control, their proteges for orientation weekend. This makes it easier for new students to be weaned off their support system by the time classes start, Lane explained.

Secondly, she expected applicants to have a strong commitment and feeling for the university.

The hours are may be long and the pay scale less than enormous, yet student counselors typically turn in quality performances, Lane said.

The job officially ends on Monday before classes begin, but the nurturing relationships with new students tend to endure.

"Once any of us are identified as a resource, we stay that way in people's minds," Lane said.

Sign-ups for intramural athletics will begin next week, said IM director Gene Lundgaard.

Sign-ups for flag football begin Tuesday, Sept. 8 and end on Friday, Sept. 11 with a captain's meetind, Lundgaard said.

Bowling, racketball/squash and golf open sign-ups on Monday, Sept. 14, while intramural volleyball begins Oct. 12.

Interested participants should name a captain and select a team, then bring a list of competitors to the Intramural Activities Office, Lundgaard added.

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orientation

Orientation Schedule '87

Saturday, September 5

8:30-11:15 AM	Coffee and Rolls A chance to relax and meet university personnel, including the president.	Univ. Center
9:00 AM	Residence Halls Open Time to move into dorms.	Assigned Halls
9:30-1:30 PM	University Offices Open Transactions may be handled in the following offices: Admissions, Adult Resource Center, Advising Center, Business Office, Career Services, Campus Ministry, Counseling and Testing, Financial Aid, Food Service, International Students, Registrar, Residential Life and the University Center.	
11:30-1:30 PM	LUNCH	Univ. Center and Col. Center Eastvold
1:45-2:15 PM	President's Address, "The Future is Yours" President Rieke's message.	Red Square
2:30-3:15 PM	President's Reception	Eastvold
3:15-3:30 PM	Parent-Student Farewells	
3:45-5:00 PM	Parents General Session Information pertaining to administrative matters and Parents Council activities.	Memorial Gym
3:45-5:00 PM	"ASPLU Shows You the Future" Student General Session. Meet Orientation Counselors outside Memorial afterward for orientation small groups.	
5:00-6:00 PM	DINNER	Univ. Center Columbia C. Chris Knutzen
7:00-9:00 PM	Playfair	
9:30-11:00 PM	Commuter students return home On-campus students arrange dorm rooms and prepare for individual dorm council meetings.	

Sunday, September 5

7:00-8:45 AM	Continental Breakfast Hosted by University Congregation	Univ. Center
9:00-10:15 AM	Worship	Chris Knutzen Eastvold
10:30-11:30 AM	Motivational Speaker Frosty Westering, PLU head football coach and nationally noted motivational speaker.	
11:30-12:30 PM	LUNCH	Univ. Center Columbia C.
12:30-2:00 PM	Optional Small Group Meetings with Orientation Counselors	
2:00-3:30 PM	Financial Aid (first session) All students receiving financial aid must attend either first or second session.	Xavier 201
3:45-4:45 PM	Financial Aid (second session)	Xavier 201
2:00-2:30 PM	Interest Sessions	Adm. Bldg.
2:45-3:15 PM		
3:30-4:00 PM		
4:15-4:45 PM		
Computers at PLU.....	HA 209	Opport. for Campus Fellowship..... HA 215
Cultivating Intercultural Relationships.....	HA 210	Opport. for Study Abroad..... HA 216
Integrated Studies.....	HA 101	Intercollegiate Forensics..... HA 214
How to Make Your Room a Home.....	HA 200	High Times on a Low Budget..... HA 213
Using the Library.....	Library	Student Media..... HA 211
Minority Student Programs.....	HA 208	Sports, Intramurals, Recreation..... HA 202
Opportunities in Student Govt....	HA 204A	
5:00-6:00 PM	DINNER	Univ. Center
6:00-8:00 PM	Commuting Students Meeting Residence Hall Meetings Orientation Showcase Featuring Seattle band "Edison Jones"	The CAVE Dorms Olson Aud.
8:30 PM		

Monday, September 6

7:00-9:30 AM	Presentation on academic expectations Dr. David Seal speaks on "Lute-Side Effects"	Eastvold
Mandatory		
9:45-10:30 AM	Meetings with academic advisers One-on-one conversation with faculty adviser	See adviser list Chris Knutzen
10:00-12:00 PM	Registration for Unregistered Freshmen	
10:30-11:15 AM	Academic interest meetings (first session)	
11:15-12:00 PM	Academic interest meetings (second session)	
12:00-1:00 PM	LUNCH	Univ. Center Columbia C.
1:00-3:00 PM	Writing, organization and time management meetings for freshmen.	
2:30-4:00 PM	Orientation for transfer students	Chris Knutzen
4:00-5:00 PM	Registration for Transfer Students	Chris Knutzen
3:15-4:15 PM	Foreign Language Placement Exams	Admin. Bldg.
6:00-8:00 PM	Faculty/Student Picnic Outdoor picnic and entertainment	Foss Field
9:00-11:00 PM	Dance Features upcoming Seattle band "Soho" Sponsored by fall Cheer Staff	Chris Knutzen



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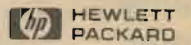
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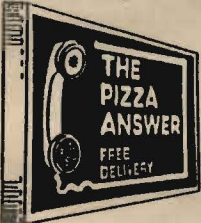
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sports

Lute defense returns to a 'family reunion'

by Clayton Cowl
The Mooring Mast

The offensive live remains the big question mark for the 1987 edition of Frosty Westering's Pacific Lutheran University football squad as the NAIA fourth ranked Lutes prepare for the season opener Sept. 17 against Puget Sound in the Tacoma Dome.

The Lutes, who finished 8-2 last season after a 27-21 national quarterfinal overtime loss to Linfield, return one of the most talent-rich defenses in the last seven years.

The center of the offensive line is one variable that the Lutes hope to answer this week. PLU lost center Syb Hiemstra to graduation, but Matt Aiken and Tom Bomar are showing positive signs of improvement early on, said Westering.

"It'll take a week to ten days early in the practice schedule to see exactly who will evolve into position on the line," explained Westering. "Our offensive style sometimes takes a while to learn. We expect some early mistakes, but we have a lot of talented people in those spots."

"The days click off and each one is very important," Westering added. "It will be like a family reunion out there for the defense, whereas the offense will take a little more work."

The Lutes return Jeff Yarnell to the starting quarterback position, while Todd Moseson will line up at a fullback slot and Pat Dorsey hopes to fill the vacancy at tailback left by all-American Mike Vindivich.

Tom Napier, an all-state runningback from Kelso three years ago, will also clock time in the backfield. He will be joined by Steve Valach, Jared Senn, Erik Krebs and Scott Schaefer, who is returning from a shoulder injury in last year's training camp.

Mark Miller, Dave Hillman and Colorado State transfer Brad Kendrick will likely comprise the Lute receiving corps.

Defensively, Mike Tuiasosopo returns to a nose tackle spot, while Ken Byrne, Dave Parkhill, Darin Dollemore, Wade Gaughran and Mike Sayre all will provide added support at defensive tackle.

Jon Kral and John Wolfe are starting



GOLD RUSH — Nose tackle Mike Tuiasosopo will be one reason why PLU's Gold Rush is expected to be the Columbia Football Conference's top defensive unit.

defensive ends from last year's squad, but Dan Wiersma is also scheduled to see plenty of playing time after returning to camp stronger and faster.

PLU's linebacking squad includes returners Keith Krassin and Guy Kovacs, while Scott Elston, Shawn Langston, Bret McRae and Mike O'Donnell comprise the Lute secondary.

Craig Mathiason, a Columbia Football League all-conference selection, returns to his punting position this season as well as sharing defensive back chores.

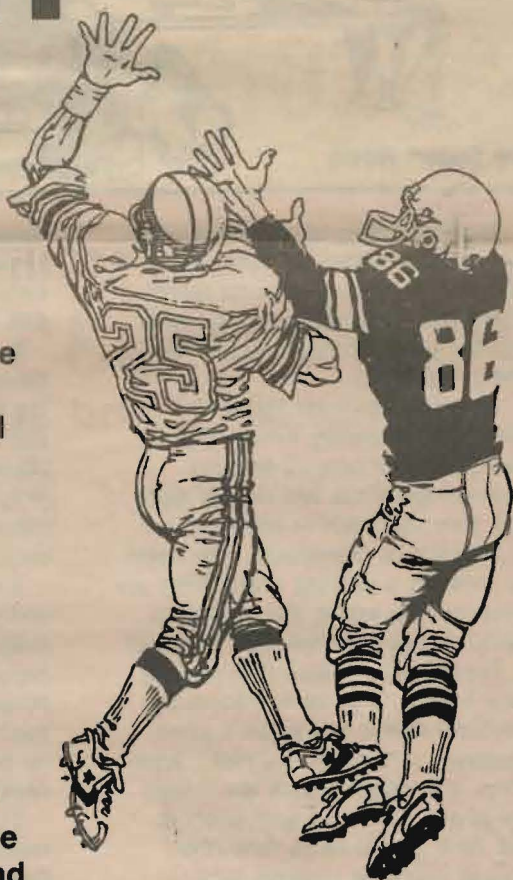
The Lutes are placing confidence in transfer kicker Eric Cultum, formerly of Western Washington. Cultum has been booting 50-yard field goals with consistency, said Westering.

"I tend to be fearful of experience," said PLU defensive coordinator Paul Hoseth. "Sometimes when you have a lot of returners, people start thinking, 'Hey, I have arrived.' If that happens to us, we won't be the team we can be out there. If they decide to work hard, it could very well be the best defense we've ever had."

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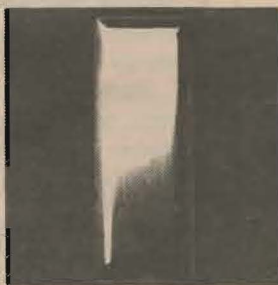
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sports

PLU spring sports perform well

SOFTBALL: The Lady Lutes set a school record with 29 wins and ended their season with a trip to Kearney, Nebraska for the NAIA national fastpitch championships. PLU, however, lost its first two games at the tournament to be eliminated in the early goings. The first defeat was dealt to PLU by Francis Marion, a school from South Carolina that eventually captured runner-up champion. The Lutes played 13 innings in Francis Marion's closest game before going down 5-4. PLU was then eliminated, eight hours later, by Saginaw Valley, Michigan, by a score of 4-1.

"It's hard to say you played well when you go 0-2, but we did," said Coach Ralph Weekly. "We had two hard luck losses. Francis ended up beating the one, two, four and five teams, and we gave them their closest game. Seeing how they did made losing a little easier."

WOMEN'S TENNIS: Carolyn Carlson became PLU's first woman tennis All-American, and survived until the fifth round of singles at the NAIA tennis championships.

Carlson was PLU's lone representative in Overland Park, Kansas and upset the number five seed before losing in the fifth round to the number upset the number five seed before losing 11 seed. Carlson ended her season with a 25-7 record. She scored enough points on her own to give the Lutes a 25th place team finish.

"We will certainly miss her next year," said Coach Rusty Carlson. "She played very well at nationals. For her to achieve All-America recognition is

a very fitting way for her to end her career at PLU."

Paula Lindquist, also gained national recognition in the 1987 season by being named to the NAIA Academic All-America Tennis Team. She held a 3.92 average in Communication Arts.

PLU's ended the season with a 14-9 record. They captured first in conference with a 5-1 record, and took second place at districts with a 4-1 record.

MEN'S TENNIS: The men's tennis team, coached by Mike Benson, also traveled to Kansas for its 12th consecutive trip to nationals and finished 17th overall.

Randall Stradling survived until the fourth round, and Ian Hayworth lasted until the third round before being eliminated. PLU's other four singles participants lost in the first or second rounds.

"All in all we played well," said Benson. "It's such a fantastic experience to play in a national tournament. The level of play is so high, and for these guys to experience that is very exciting."

TRACK AND FIELD: WOMEN — The PLU women tied the best-ever team finish by capturing third place out of 50 teams.

Denise Bruce defended her 1986 NAIA title in the high jump with a 5-8 3/4 leap. She was the only person to clear that height on her third jump. Valerie Hilden won the 3,000-meter race with Melanie Venekamp 40 yard behind to capture second.

"I figured fifth or sixth, maybe, if we

competed well," said PLU Coach Brad Moore. "We were fortunate that a few things happened to some other teams that helped us. The conditions weren't ideal for performance, but we competed very well. It's getting more and more difficult to place at nationals."

MEN — The PLU men, led by Craig Stelling who repeated as an All-American in the javelin with a 210-11 throw, finished 24th out of 70 teams.

"There was a strong left to right wind that affected all throwers," said Moore. "Considering the conditions, his 210-11 was a good throw."

Russ Cole broke the PLU 800-meter record twice in qualifying, but only ran a 1:52.09 in the finals. "Russ ran two super heats," Moore said. "His 1:49.70 was with fully automatic timing. That's one of the best collegiate times ever in the state of Washington."

The winner walks home!

Ha! Ha! The winners have to walk! The winners have to walk!! Wait a minute...the winners have to walk!?!? What kind of a deal is that?

That deal is the new "wager" for the annual Tacoma Dome duel between the Lutes and the Loggers.

As PLU Coach Frosty Westering was out drumming up support from local businessmen for small college football, a very original idea was presented that would add a unique touch to the game.

This brainstorm was to have the loser walk home. That's right, the entire losing team would trod from the dome to their respective campus.

Frosty, however, put a bit more of a twist to the wager. He thought it should be treated as an honor rather than a punishment.

Yup, let the winning team, cheerleaders and fans walk back, celebrating the entire way.



by Stuart Rowe

It's 85 degrees on a Sunday afternoon with nothing but blue sky all around. Well, don't just sit there! Grab your baseball glove and head for the park, because this is a day for a ballgame!

Hopping into your Plymouth Volare and heading toward Seattle, the delectable taste of hotdogs, peanuts and Coke are already tickling your tastebuds in anticipation.

Nearing the Kingdome, you begin to look for a parking place. Why are these people asking five dollars to park? Is this a season pass or what?

Fortunately, finding free parking at a Mariner's game is seldom a problem unless you go to a game featuring a 'free gift du jour'. Even then, it's tough to pack the 'Dome by giving out Bud Light visors to the first 10,000 lucky fans (that means everyone receives two).

Opting to park below the Alaskan Way viaduct next to the train tracks, you not only save parking fees, but you also get to flatten a penny on the tracks, which may be the only excitement you'll receive this evening.

With parking taken care of, the hard part is over -- at least for the moment. After approaching the ticket counter you find that it's just begun.

As you head for the 300 level on the back of a Sherpa, you figure that signing over your firstborn for the tickets wasn't such a bad deal and surely they'll be well worth it.

Huffing and puffing, you find the seat, collapse and then search the sparse crowd for someone who looks like they might know what CPR is, or at least what the letters stand for.

It's the middle of the third inning before you realize that the little dots on the field are actually the two teams playing, and not the grounds crew. Everyone else seems to be rooting for the white specks, so you join in too. Heck, you'll do anything to keep warm now!

All of the experienced fans

brought their long underwear and sweaters to pull on over shorts and tank tops, while you sit and slowly turn blue.

Several questions begin to run through your mind: What am I doing here? Did I really spend all of that money for this? Why am I watching a baseball game in a garage? Why can't I move down to one of those empty seats below me? Will they shoot me if I try?

It's now the bottom of the sixth and you decide to get some of those ballpark goodies you've been thinking so much about. The concession people don't dare go to where you're sitting unless they're roped up or have oxygen tanks, so you decide to go down to them.

You jump up and take a bow after rolling down the stairs, pretending that you do tumbling routines at 30 miles per hour on a regular basis.

You have about half an hour to recover from your fall while waiting in line at the concession stand. The prices here are even more ridiculous than the tickets and after mortgaging your home and handing over the title to the Volare, you haul your popcorn and peanuts back up to your seat.

You collapse again just in time to see the white specks pop-up for the final out in a losing effort. Nothing left to do now but head out before you get sucked up with the rest of the garbage. Hopefully they won't charge any money for leaving.

You join the staggering masses who are shading their eyes from the offending sunlight and stepping over the wimpy folks who have passed out because of the temperature change.

Once you regain consciousness, you brush yourself off, check for broken bones and then head back to the car to contemplate the afternoon's events.

Was that really what the American tradition was meant to be? Well, at least you got a flattened penny.



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Lutes take 'magical' formula to Oregon Coast

Breakaway molds PLU grid squad

by Clayton Cowl
The Mooring Mast

PLU quarterback Jeff Yarnell eyed the challenge ahead of him, then faded back behind the line. He cranked up and threw a towering pass to split end Dave Hillman who tucked in the reception and glanced back with a big grin. The crowd gathered around the arena erupted into shouts and cheers since the toss sent the pair directly to the finals.

But these finals had nothing to do with football. In fact, footballs were alien objects last week when the PLU football squad traveled to Gearhart, Ore. for a three-day "breakaway."



Yarnell and Hillman qualified for the finals in the egg-throwing competition, one of many zany events planned by the Lute coaching staff.

In the three days at the beach, Pacific Lutheran players competed in golf chipping tournaments, basketball hoop shoots, pyramid-building on the beach and "izzy dizzy relays," which involved placing the forehead one on end of a baseball bat with the other end on the ground and spinning 12 times around it. Quickly. To complicate matters, the contestants had to sprint 20 yards to a marker and return to the starting point to tag the next member of the relay team. Most of the players ended up face down in the surf.

Later, the squad traveled to Seaside for a volleyball tournament and then had free time to comb the area. The trip was highlighted by an optional chapel service held on the beach on the final day of the breakaway.

"The biggest thing that helps is that you get to know all the guys as friends and competitors," explained Yarnell, an all-league quarterback selection and a starter for the last three seasons. "We develop a lot of trust. Instead of playing for yourself, you try to reach high level performance for your teammates."

The breakaway idea began 16 years ago when head coach Frosty Westering was appointed to the position in 1972. Westering's first group went on a day trip to Mt. Rainier before discovering Young Life's Breakaway Lodge on the Oregon Coast. Although the football squad experimented with trips to Fox Island and Fort Warden in Port Townsend, the last ten annual breakaway outings have been spent in Gearhart.

Westering, the NAIA's winningest active football coach with a career record of 160-59-3, says MAGIC is the key word for breakaway, the acronym for "making a greater individual commitment."

Players make the individual commitment by sharing time together both in competition and in fellowship.



AUDIBLE AT THE LINE — Andy Wedding relies on senior Terry Marks for direction in a game of "hassle ball" played last week when the PLU football squad traveled to Gearhart, Ore. for a team "breakaway." The contest involves throwing a miniature football blindfolded to a receiver 20 yards away. Members of opposing teams attempt to confuse the blind quarterback with incorrect directions on where to throw the ball.

"People say, 'all you guys do down there is just joke around,' when actually we do a lot more than just that," explained Westering. "It's like a parable. There's a lot deeper meaning in it for everyone than just fun and games. The guys try to explain what it was like to other people who weren't there and they just can't. There are so many things the guys learn there and so many ways that each person learns. Out there we're far enough away to really get away from everything and at the same time the setting is great for this kind of thing."

"We just give the players the chance to grow together," said Westering. "It's not a stimulus response out there. We just draw in the outlines and they fill in the picture. It's group dynamics at its best."

Pacific Lutheran has seen group dynamics work for them under Westering. The Lutes pocketed a national championship in 1980 and finished second in the nation in 1983 and 1985. Last year PLU dropped a 27-21 sudden death overtime game to national champion Linfield in the NAIA quarterfinals.

But according to most of the players, football excellence is only a by-product of becoming a better, more positive individual.

"We open up with each other and have a mutual love and respect you don't find anywhere else," said senior offensive lineman Jeff Crockett of Bothell. "Football is just a means of molding 70 guys into the people they can be later on in their lives using the success principles we learn as players."

Paul Hoseth, the defensive coordinator for the Lutes even before the time Westering arrived on the PLU campus, remembers the first breakaway camp.

"We (the other coaches) really didn't know what to expect that first year," grinned Hoseth. "A lot of things happen and work right that are real hard to identify. It has a lot to do with Frosty's perception of what winning is. It seems that if you can get people to form some sort of a relationship of trusting and caring, they'll go the extra mile for you."

"In terms of preparation for playing a game, (breakaway) is much more valuable than spending the three days on the field and that's hard for people to understand," continued Hoseth. "People are conditioned to getting right out there and starting when you have a job to do. They're conditioned to believe the professional model is the example to follow -- cutthroat. If you don't get the job done you take a hike. We get a lot closer to reaching the potential of each individual. Our real challenge as

coaches is helping players reach higher performance levels. It's easy to evaluate track or swimming because you have individual numbers to look at. But with football, you never know."

Being at the ocean is a special time for PLU players, coaches and their wives, who undertake the job of cooking meals for the 60 veteran players and 18 new recruits.

"There's something really neat about the

ocean and the waves and the sand," reflected Westering. "It makes it even more special when you are away at a place like that."

While other coaches let their teams crack heads on the first day of practice and scratch their heads wondering why the PLU grid squad is playing on the beach, the Lutes just return to the field ready to play both on the field of football and life.

It must be in the magic.

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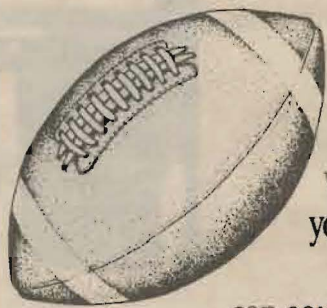
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SYNCO-PATION

a pullout guide to on- and off-campus arts and entertainment



Edison Jones



Soho



Rod Long

Orientation Preview

- Seattle's Edison Jones performs in Olson Sunday
- Soho, featuring Tammi Katzin, plays Orientation Dance Monday
- Rod Long brings fresh Seattle humor to Orientation Showcase

Talent-rich Edison Jones returns to PLU

by Cameron Clark
The Mooring Mast

On a more than average Saturday night I dozed off quietly as the Parkland blues sang me into a deep sleep.

Startled, I woke up in the middle of a night club. I was embarrassed to be wearing only pink pajamas, but soon it didn't matter. I was consumed by people laughing, drinking, singing, and there were two cocktail waitresses dancing on top of the bar.

But most of all, there was this band. Edison Jones.

A blend of jazz, pop, blues, and rock had set the place on fire. As they broke into a standard Beatles cover, the place erupted.

I wondered what these guys were doing in such a dive. "They should be playing somewhere nice like Olson Auditorium," I thought. But I knew this was impossible.

After all, I was only dreaming.

This Sunday at 8:30 p.m., the ASPLU Entertainment Committee and the Orientation Council will make this dream come true.

Edison Jones will be performing in Olson Auditorium as one of several acts in the Orientation Showcase.



Ricky Lynn Johnson also plays for the Almost Live Band on KING 5.

The band brings to PLU some impressive musical credentials. They have opened for Level 42, Jeffrey Osborne, and Bourgeois Tagg, placed second in the MTV Basement Tapes Competition, and reached the finals of the Wrangler/Wille Nelson Music Invitational in Austin, Texas.

Defining the sound of Edison Jones is not easy. Descriptions range from a "cross between James Brown and modern rock music," to a "kind of salt and pepper Hall and Oates."

The band describes themselves as "funky rock-n-roll."

Edison Jones was formed in 1978 when lead guitarist/vocalist David Ellis Edison met bass player Maurice Jones Jr. and the two decided to record an independent EP entitled, "Heart to Hang On To."

The band became complete with the addition of drummer Ricky Lynn Johnson, also of The Almost Live Band, and keyboardist/saxophonist Grant Reeves.

Between the four players they have worked with such well-known acts as Bob James, Bob Marley, Perry Como, and Stevie Wonder.

Showcase designed for good time

In spite of the event's name, ASPLU Program Director John Bjornson insists, "The purpose of the Orientation Showcase is not to showcase talent, but to start off the year getting people together for a good time."



Dan and Randy

While you're having a good time this Sunday at 8:30 p.m. in Olson Auditorium, you might as well check

out the talent that isn't being showcased.

Seattle comedian Rod Long will kick off the show, bringing an abundance of experience, including dates at Punchlines in San Francisco, spots for the



Rod Long

Comedy Farm and impersonations of Ricardo Montalban for Garcia's Mexican Restaurants.

Continuing the comedy will be "Dan and Randy," performing their humor in a musical context.

Concluding the evening will be the highly regarded musical quartet, Edison Jones.

SOHO highlights opening dance

This Monday at 9 p.m. in Chris Knutzen Hall, the cheerleaders will be sponsoring the year's first dance.

The dance is being billed as a "high-energy" event that features two of Seattle's most up and coming bands.

SOHO, the headlining band, is a high-tech original music group that appeared at PLU in concert this summer.

Student response to the group was overwhelmingly positive and prompted cheerleader representative Tim Schoenheit to contract the band.

SOHO is a six piece band featuring computerized keyboards, bass, guitar, electronic drums, sax and percussion.

Following the musical tradition of Nu Shooz, the band is fronted by the high-energy vocals of Tammi Katzin.

Zero to Zero, a high-tech cover band, will open the dance with tunes by Simple Minds, U-2, Howard Jones, and some original material.

SOHO's Tammi Katzin was very pleased to kick off the year for PLU adding, "It should be lot's of fun."

The dance will last until 1 a.m.

University Gallery art features faculty exhibits

The University Gallery's first exhibition of the season will feature works by a dozen members of the PLU art department faculty.

The faculty show will run from Sept. 9 through Sept. 30. An opening reception will take place on Tuesday, Sept.

8, from 5 p.m. to 7 p.m.

"The show gives us a chance to recognize how good our faculty members are purely from the standpoint of being working artists," says Richard Brown, chairman of the art

department.

Drawings by Fulbright-Hays award-winner Lawrence Gold will be among those represented in the exhibition.

The reception and exhibition are available to the public without charge.

Editor's Note:

Syncopation -- continuously accenting the off-beat. What we hope to do with this year's Arts and Entertainment section, Syncopation, is provide you, the reader, with a continuous accent of the on- and off-beat events happening both on and off campus.

With Tacoma and Parkland developing into one of the largest arts and entertainment meccas of the world, it was inevitable that this section larger and more comprehensive.

In weeks to come, expect in-depth coverage of movies, the club scene, ASPLU events, drama, the Arts, music and much more. Please pull out this section and use it as your guide to Lute arts and entertainment.

Food Service Menu '87

Saturday, September 5

Breakfast: Closed

Lunch: BBQ Beef Sandwich
Ham/Noodle au gratin
Crinkle Cut Carrots

Dinner: 1/3 lb. Burgers
Fish and Chips
French Fries
Italian Bread
Eclairs

Sunday, September 6

Breakfast: See catering board

Lunch: Scrambled eggs w/ham
Hash Browns
Fresh Fruit

Dinner: Roast Turkey
Vegetable Quiche
Dressing
Whipped Potato & Gravy
Honeywheat Rolls
Broccoli cuts

Monday, September 7

Breakfast: Assorted Doughnuts
Hot/Cold Cereal
Fried eggs
Waffles

Lunch: Chicken Hoagie
Macaroni and cheese
Peas

Dinner: Beef Burgundy
Baked ham w/ sauce
Rice
Dinner Rolls

Tuesday, September 8

Breakfast: Scrambled eggs
Pancakes

Lunch: Sausage Links
Coffee Cake
French dips

Dinner: Egg salad
Carrots
Chocolate Pudding
Chicken Divine
Knockwurst & Sauerkraut
Potatoes
Orange Cake

Wednesday, September 9

Breakfast: Poached eggs
French Toast
Hash Browns
Maple Bars

Lunch: Hot Dogs
Glam Chowder
Enchilada Caserole
Corn

Dinner: Baked Salmon
Swedish Meatballs
Buttered noodles
Beans
Dinner Roll

Thursday, September 10

Breakfast: Omelets
Fritters

Lunch: Hash Browns
Chimichangas
Hungarian Noodle Casserole

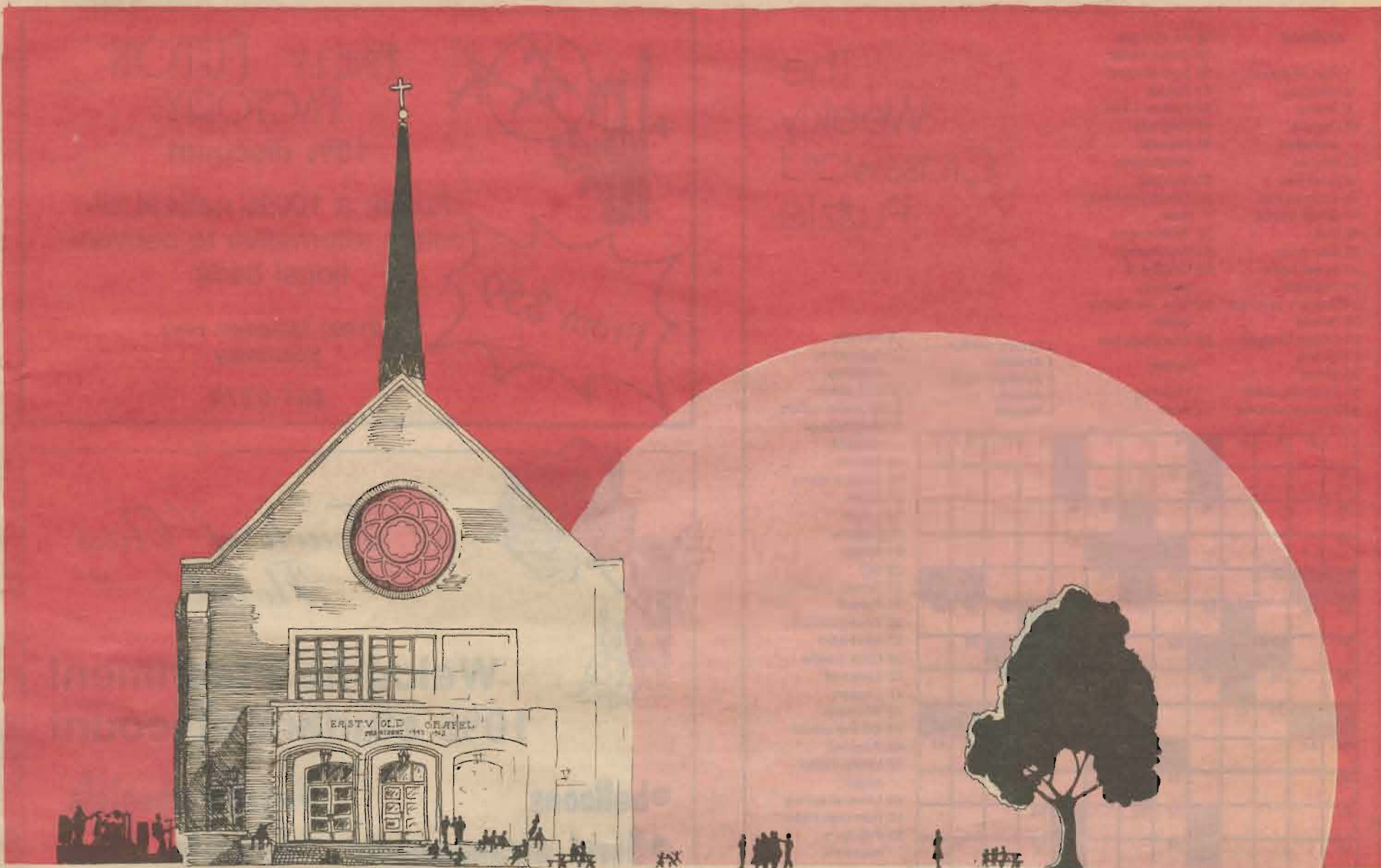
Dinner: Tortilla Chips w/ salsa
Teriyaki Chicken
Egg rolls
Fried rice
Butterflake Rolls
Oh Henry Bars

The Top Ten

- 1. Michael Jackson**
I Just Can't Stop Loving You
- 2. Madonna**
Who's That Girl
- 3. Los Lobos**
La Bamba
- 4. Whitney Houston**
Didn't We Almost Have It All
- 5. Huey Lewis & The News**
Doin' It All For My Baby
- 6. Smokey Robinson**
One Heartbeat
- 7. Danny Wilson**
Mary's Prayer
- 8. U2**
I Still Haven't Found What I'm Looking For
- 9. Dan Hill**
Can't We Try
- 10. Grateful Dead**
Touch of Gray

Also on the Chart:

- | | |
|-----------------|---------------------|
| Anita Baker | No One In The World |
| Jonathan Butler | Lies |
| Suzanne Vega | Luka |
| Heart | Alone |
| Crowded House | Something So Strong |
| Klymaxx | I'd Still Say Yes |
| Chris DeBurgh | Fatal Hesitation |
| Breakfast Club | Kiss and Tell |



Sunshine Program offers summer diversion

by Rob McKinney
The Mooring Mast

The dancing of children and the smiling faces of their grandparents mingled with the relaxing students as a new summertime atmosphere settled upon Red Square. The difference between this scene and those depicted in summer's past was due to the newly created "Sunshine Program."

The Program included the funding of a campus wide cruise, two comedy-nights, three dances, 10 outdoor concerts, and various other activities.

Creation of the Sunshine Program was the result of what Pacific Lutheran University President William Rieke deemed "a general lack of activity" on the campus during the past summer sessions.

Did the program fill this void? "It was a grand experiment," stated Rieke, "The Sunshine Program was eminently successful, meeting programming needs for students as well as the community."

Rieke was first approached about the idea of a summer programming entity back in March of 1987 by student Cameron Clark. The President suggested that such a proposal be discussed in May.

Clayton Cowl would become the Assistant Sunshine Program Coordinator and joined Clark in planning a strategy to tap the different resources needed to fund an extensive programming effort.

The two coordinators met with ASPLU, Director of the University Center, Rick Eastman, President Rieke, Vice President and Dean of

Student Life, Erv Severson, and the Office of the School of the Arts. After limited opposition, much deliberation, some refining, and a unanimous senate vote, the Sunshine Program was established.

The approved proposal called for a two-fold programming effort. An "Out to Lunch Series," which featured musical performances every Wednesday afternoon, would fulfill the first need of community outreach. With crowds ranging from 50 to 400 the program achieved this goal.

Other events sponsored by the Sunshine Program would be geared only towards the PLU community - summer session students, middle college students, summer scholars, exchange programs, faculty and staff, and conference

aides.

The Out to Lunch Series showcased a variety of local talent, including Uncle Bonsai, The Main Attraction, Sam Smith, and Walt Wagner.

Although the Sunshine Program has not yet been formally evaluated, the success of its initial year seems to have paved the way

for future summers at PLU. As Richard Moe, Dean of the School of the Arts reflected, "It was an extremely successful effort, enriching the campus during the summer. All the groups were entertaining and attracted a broad spectrum of people. I'm sure there will be a summer program in 1988 and it will be bigger and better."



ROCKIN' IN RED SQUARE — Big crowds didn't scare these youngsters from enjoying the outdoor concert series held in Red Square this summer.



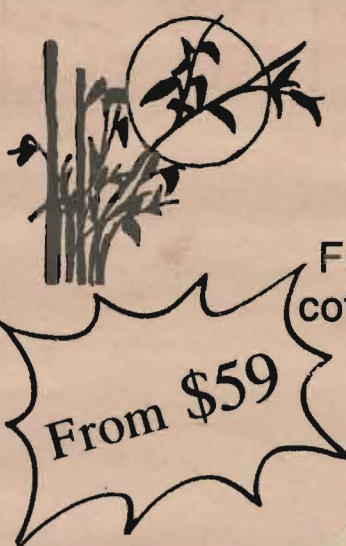
BRING OUT THE BEST — Seattle mime Juan Israel entertains young audience during SOHO concert.

The Weekly Crossword Puzzle

- ACROSS**
- 1 Part of church
 - 5 Weapon
 - 8 Snare
 - 12 Festive occasion
 - 13 Simian
 - 14 Rockfish
 - 15 Encomiums
 - 17 Small beetle
 - 19 Cut
 - 20 Bemoans
 - 21 Great Lake
 - 23 Deposits
 - 24 Baker's product
 - 26 Sword
 - 28 Organ of sight
 - 31 Exists
 - 32 Stitch
 - 33 Teutonic deity
 - 34 Precious stone
- DOWN**
- 1 Matures
 - 2 Wan
 - 3 Untidy person
 - 4 Ardent
 - 5 Aeriform fluid
 - 6 Above
 - 7 Recent
 - 8 Handle
 - 9 Correct to improve
 - 10 Dye plant
 - 11 Cronies: colloq.
 - 16 Goddess of discord
 - 18 Pitcher
 - 22 Artist's stand
 - 23 Drain
 - 24 Large
 - 25 Employ
 - 27 Wager
 - 29 Still
 - 30 Period of time
 - 35 Parent
 - 36 Young salmon
 - 37 Hind part
 - 38 Click beetle
 - 40 Swerves
 - 42 Lessen
 - 43 Whimper
 - 44 On the ocean
 - 46 Prophet
 - 47 White-tailed eagle
 - 49 Mineral spring
 - 50 Remuneration
 - 53 Printer's measure

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55					56				57		

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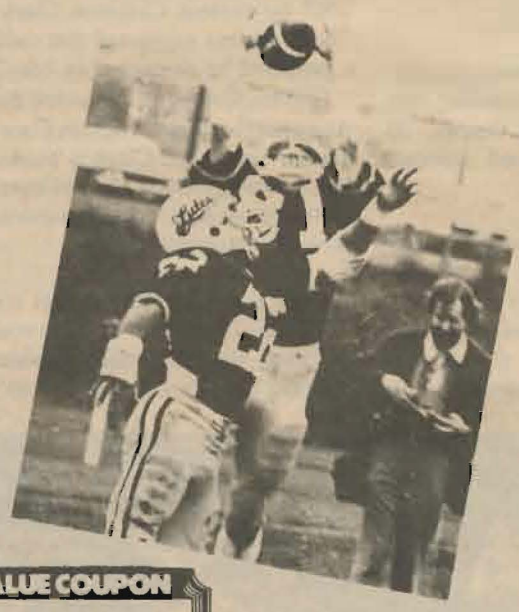
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