

THE MOORING MAST

March 30, 1984

Pacific Lutheran University, Tacoma, Washington 98447

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Senator leaves post due to political, time problems

By BECKY KRAMER

Monte Gibbs resigned from his position as an ASPLU senator Monday.

In a letter of resignation addressed to ASPLU President Piper Peterson, Gibbs indicated that he was resigning due to political differences, as well as financial and time difficulties. Under these circumstances, he felt he could not be an effective senator, the letter said. Gibbs declined any further comment on his resignation, saying, "It's all in the letter."



Monte Gibbs

Mike Jones is replacing Gibbs as district II senator. Jones, a senator at large, resigned from his position and was appointed senator to district II during the senate meeting Tuesday.

Jones, a Hinderle resident said that he made the switch because he felt he could represent students from district II better than he could represent the entire student body. The senators were voted into office Feb. 21.

An election for Jones' former senator at large position will be April 10, said Geoff Bullock, vice president of ASPLU.

Peterson said that Jones' replacement would be elected rather than appointed so that "it would not be a popularity contest, or a case of who could get to the president or vice president first."

"I don't want to put it (the resignation) in a negative light," Peterson said during Tuesday's senate meeting. "I don't think it reflects negatively on the senate, the executive officers, or the job," she added.

Bullock stressed that there were no hard feelings, and that he felt Gibbs handled the situation very well.

The April 10 election is open to all PLU students. Petitions and rules are available in the ASPLU office. An interest meeting will be April 2 in the ASPLU office, and candidates will speak in the Regency room April 9.

Inside

Debate. PLU sends two debaters to the National Debate Tournament in Tennessee, making this the third straight year.page 3

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Two-sport Athlete. Senior PLU student Tim Daheim competes in swimming during the winter and changes to golf in the spring.page 18

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Rock On



PLU students Todd Gowers and Geoff Bayne of Van Olson turn rock-and-roll stars last Friday in the Cave, as they jump and lip-sync, airing their imitation of Van Halen. For story and photos of the second annual Air Band Contest, please turn to page 10.

Student saves seizure victim

By LANCE KUYKENDALL

PLU student Jay Abbott is "a hero" because of his quick action in administering mouth-to-mouth resuscitation to a man who collapsed on PLU's track early Wednesday night, said Capt. Wayne Garden of the Parkland Fire department.

Abbott and PLU student Jeff Allen were playing tennis when 25-year-old Tacoma resident Dave Gerald collapsed.

At press time St. Joseph Hospital officials reported that Gerald was conscious and in satisfactory condition. Gerald has a history of seizures and, according to Mary Lou Fenlli, vice-president and dean of student life, he apparently had one

when he collapsed on the track.

Abbott said a man and woman were jogging on the track and saw Gerald collapse and then they went to Abbott and Allen for help.

"His eyes were open, he was unconscious," Abbott said, "he looked like he was not breathing." Abbott ran to Olson Auditorium to call Campus Safety while Allen watched the man.

Allen said that when Abbott returned the man was not breathing, but did have a pulse.

The students flipped Gerald on his back and Abbott began mouth-to-mouth resuscitation. He was aided by the man who had summoned the students to help. The man, who remained unidentified, depressed Gerald's diaphragm "to help the

resuscitation," Abbott said.

They continued resuscitation for "about two and a half-three minutes," Abbott said.

Campus Safety officers Mike Turcott and Xena Kinkadee arrived two minutes after being contacted. The Parkland Fire Department and a Shepard ambulance arrived after them.

Turcott said by the time he arrived the man was breathing, "gurgling kind of." Turcott tilted the man's head back to aid in his breathing, he said.

Gerald was still unconscious when he was taken to St. Joseph Hospital.

Abbott said he learned mouth-to-mouth in "boy scouts and stuff."

"I saw the guy was down for the count; I just did what needed to be done."

Female student accosted on campus

A female PLU student was accosted behind Eastvold Auditorium shortly before 9 p.m. Wednesday night.

Pierce County Detective Tom Lawrence said the 19-year-old upper campus resident reported the incident to Pierce County Deputy Michael

Golder at the Campus Safety Office at 9:18 p.m.

Detective Lawrence said they have a possible suspect in the case.

According to the Pierce County Sheriff's report, the woman was dropped off at the South Side Parking Lot by her mother.

The student ducked under the eaves in the back of Eastvold to wait for the heavy rain to let up.

When the rain let up, she started walking toward Hong Hall when a young man approached her and asked her what time it was.

(Please see page 2)

Escort requests rise

Wednesday night after the news that a PLU student had been accosted outside of Eastvold spread, (see story p.1), women calling Campus Safety for escorts increased substantially, said Rachel Wise, Campus Safety radio-telephone operator.

Wise said an extra car had to be put into service to accommodate the increased requests for escorts.

Mary Lou Fenill, vice president for student life encouraged PLU women to use the escort service.

"We have an escort service and you may not have to go far, but on

campus you ought to use it," she said.

Students can call for a campus safety escort at any time after dark, Wise said. She said that the service is primarily intended for the safety of PLU women, and that Campus Safety "generally doesn't give escorts to males unless they are injured," to be more available to the female students.

Escorts are given between places on campus and within an approximate two-block radius around campus, she said.

To request an escort, call x7441.

Assault thwarted on campus

(Continued from page 1)

Then he grabbed her. She hit his

arms, kicked and started to cry and scream, according to the report.

The student fought him off and ran into Hong Hall and called Campus

Safety. The man ran toward lower campus.

The suspect was described as a white male about 6 feet tall and 25-30 years-old who was wearing a heavy navy blue coat and had a distinctive gold ring with a red stone.

Female student reports she was raped at off-campus home

A female PLU student reported she was raped at her off-campus residence early in the morning March 18.

Vice President for Student Life Mary Lou Fenill said she has very little information on the incident. She said that Rape Relief in Pierce County is handling the case.

Fenill said that the man who entered the student's residence at 1 a.m. that morning "apparently fits

the description of a rapist who has been working in the Parkland-Spanaway area for two to three years."

The suspect, a 18-19 year old black male, who was "apparently carrying a gun," entered the building without force, Fenill said.

She said that entering a corner house through an open window or door has been described as his usual "mode of operation."

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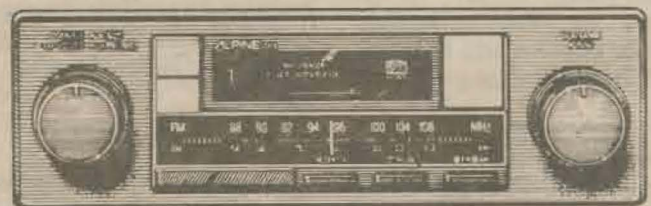
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9. Hello—Lionel Richie
10. Adult Education—Hall & Oates

Sutherland becomes Ordal's hall director

By LANCE KUYKENDALL

Lauralee Hagen, Director of Residential Life, met with Ordal residents Tuesday night to answer questions concerning the March 21 firing of Hall Director T. Benny.

Benny was fired because of what Hagen described as a "series of incidents over a period of time." Hagen said, however, that there were a couple of incidents in February dealing with both students and the Residential Life office that prompted Benny's dismissal.

Residential Life Housing Coordinator Jan Maul-Smith, who was

also at the meeting, said Benny was warned in February that she might be dismissed. "Her staying here was on a day to day basis, based on day to day performance."

"T. was aware of what our concerns (with her performance) were," Hagen told the audience of Ordal residents, "we didn't let her go because we felt those were things that could be improved upon."

Hagen said the decision to let Benny go was reached because they felt they had given her enough time to improve her performance, and because of incidents "which showed she hadn't improved."

"For whatever it's worth," Hagen said, "it is the hardest thing I've ever had to do."

"If there was another way we could have done it," she said, "we would have."

Hagen said that Joan Sutherland, Ordal's assistant hall director, will take over Benny's position. The rest of Ordal's staff will help fill in the vacant Assistant Hall Director position.

Hagen said that she and Maul-Smith "will help out however we can."

In an interview last week, Hagen said that when Benny was screened for her position "she shone. She brought a lot of good qualities to the program."

Hagen said she is satisfied with the current Residential Staff screening process. "I don't mean to be flippant, but I think we probably put more into choosing an R.A. than the university does in hiring a professor, a vice-president, or even its president."

Hagen said Ordal residents were not consulted prior to Benny being fired because it would not have affected her decision.

She said that Residential Life staff have a responsibility not only to their hall or wing, but also a "responsibility to central staff. It is not fair to the others in the staff if you don't meet your responsibilities."



Karin Londgren

Trudi Strain

Strain is new FOCUS director, pledges to 'promote' show's image

By JONATHAN FESTE

The University Student Media Board selected next year's FOCUS general manager last week.

Trudi Strain, the manager for 1984-85, is "very experienced in FOCUS and video in general," said Gall Rice, Media Board chair.

Strain, who will replace current manager Kent (Chip) Bassett, competed against Donn Witherspoon and Paul Careaga for the position. Rice said they were "three very strong candidates."

Rice said broadcast journalism is rapidly growing in U.S. society as a medium and that Strain has some good ideas about making FOCUS more of a part of the PLU community.

Strain said after three years of involvement with FOCUS, she has seen it grow from a half-hour show every two weeks to a 15 minute show every weekday (Channel 2 at 6:30 p.m.) "Now it's getting solid," she said.

Next year she plans to "reach out and promote FOCUS to the PLU community as a 'viable medium.'"

FOCUS tries to emulate network news shows and strives to be a responsible campus news medium, Strain said.

Strain said FOCUS is a good campus news source since its stories are fresh everyday and do not come

out weekly like the *Mooring Mast's*.

Strain does plan some changes, however, for next year. Although FOCUS did a good job of covering feature stories this year, she said FOCUS needs to report more hard news stories dealing with campus issues. She would also like to see more stories happening in Parkland and Tacoma covered by FOCUS.

But right now Strain said she feels "great" about her appointment. Being manager, she said, is about the only staff position in FOCUS she has not yet done.

She is also happy that FOCUS has received a budget increase.

Rice said this year the board "adopted" FOCUS and gave it funding that "definitely opened it to expansion and growth."

FOCUS started as an outgrowth of the Communication Arts Department, but eventually broke away as an independent student group, becoming a financial orphan until the Media Board began supporting it this year, Rice said.

The board changed from "Publications" to "Media" when it took over support of FOCUS.

Rice said people should not worry about FOCUS dying... "We're not kicking them out (from the board) soon," she said.

The FOCUS adviser is Communication Arts Professor Ric Ruidl.

Fire bureau to start PLU inspections

By DAVID STEVES

The Pierce County Fire Prevention Bureau will be working with the Parkland Fire Department to start a Parkland-area pilot inspection program in April which includes the PLU campus.

Gary Hauenstein, assistant fire chief at the Parkland Fire Department, said "In all honesty, we could use two inspectors at PLU but we can't afford to bury two inspectors there, and it all goes back to taxes," he said.

Hauenstein said that because of the number of buildings at PLU the pilot inspection will only be able to inspect one PLU building each year.

Hauenstein estimated that it will take about a week to inspect one building, but that the size of the building can cause that estimated time to differ.

Hauenstein said that the pilot inspection program was active in past years but the program was discontinued due to a lack of manpower.

Inspectors will be examining buildings for fire hazards such as exposed wires, blocked fire escapes and faulty fire extinguishers.

Hauenstein said inspections like this are not usually made by the fire department because it is not within their jurisdiction. He said PLU is capable of inspecting its own facilities, and has done so in the past.

Debaters compete at nationals

By JONATHAN FESTE

For the third straight year PLU has a team in the National Debate Tournament, as senior Mike Bundick and junior Lane Fenrich begin a weekend of debate in Knoxville, Tenn., today.

Bundick said this year's debate topic is "Who should be responsible for taking care of hazardous waste in America?" PLU's affirmative argues how to safely dispose of medical waste that has been used on or near patients with infectious diseases.

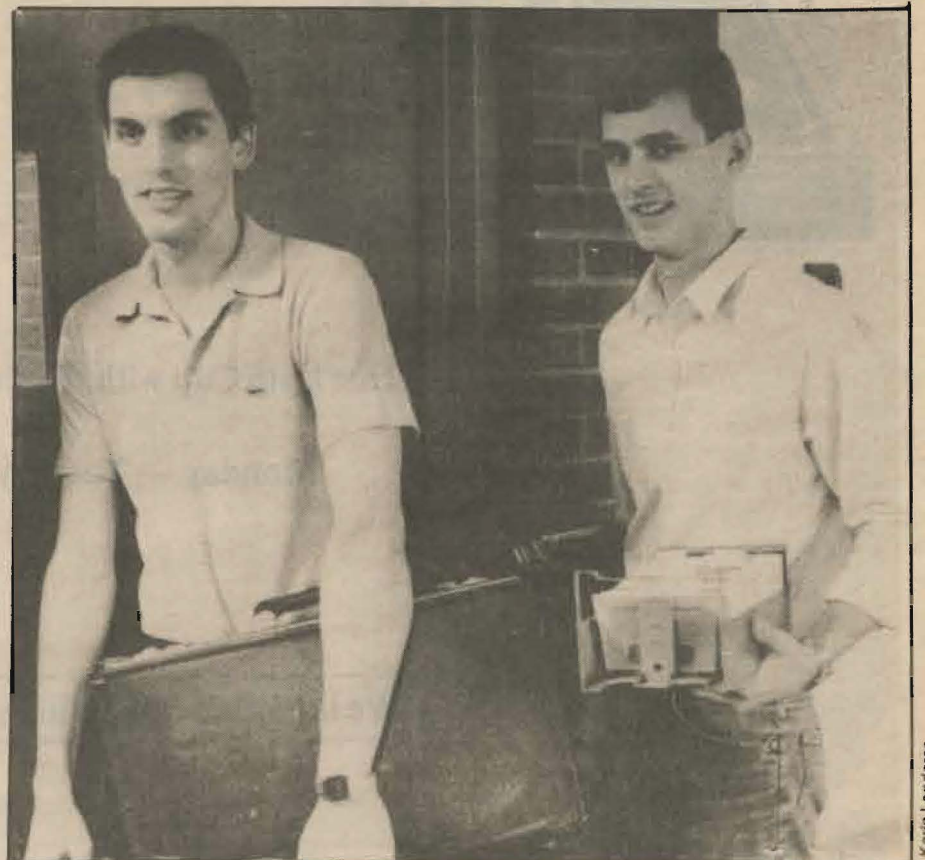
Bundick said evidence for the case was difficult for teammate Mark Maney to find, so it should be a good case to run against the other teams. Maney is a member of PLU's other National Debate Tournament team, which first used the case but failed to qualify for the national championship.

During districts, PLU's two teams placed second and third behind a Univ. Of Oregon team. Only the top two teams go to nationals.

This weekend Bundick hopes to win five of the eight rounds. Doing that, he believes, will get his team into the final rounds.

Each team debates four rounds for their case and four rounds against the opponent's case.

PLU started out the year with four National Debate Tournament



Karin Londgren

Debaters Lane Fenrich and Mike Bundick head for Knoxville, Tenn.

teams. Two teams switched to less time consuming forms of debate. But Bundick said PLU continues its reputation as "the debate school" in the Pacific Northwest. Over half of the 80 forensics trophies won by

PLU speakers this year have been in debate, Bundick said.

Bundick, Fenrich, and Coach Bartanen will return to PLU Tuesday.

Students can play D and D at Onna-Con

Onna-Con II, PLU's games convention is this weekend in the U.C. and Administration building.

It will feature tournaments in Dungeons and Dragons, Diplomacy, Traveler, Risk and other games.

Steve Jackson Games, Inc. is sponsoring special tournaments in Car Wars and Illuminati.

Dealers will also sell fantasy items such as buttons, ceramics, comic books, figurines and art drawing in the Regency Room.

Students can register in UC room 230 starting at 4 p.m. today through 12 p.m. Sunday.

Canadian symphony to play

The Symphonie Canadana will play an afternoon concert featuring the works of Beethoven at 4 p.m. this Sunday in Olsen Auditorium.

The Symphonie Canadana is noted for music that varies from a typical Boston Pops repertoire to that of the New York Philharmonic.

The touring company of the Canadana comprises 23 musicians. Guest conductor will be Georges Sebastian, former conductor of the Paris Opera.

The Symphonie Canadana was founded in Vancouver,

Canada in 1975 by resident conductor Yondani Butt. Besides extensive music study at the University of Michigan and Indiana University, Butt holds a Ph.D. in chemistry and has published a number of scientific articles.

The Symphonie Canadana will appear as part of PLU's Artist Series. Tickets are on sale at the Information Desk in the U.C., and at the door of Olson Auditorium. Tickets are \$7.50 for the general public. Students may get tickets for free with their I.D. card at the U.C. Information Desk.

Sheri Tonn will speak on NW acid rain

The PLU Alumni Association is sponsoring a Downtown Breakfast April 4, with Sheri Tonn as guest speaker.

It will be at the Tacoma Club at 7:45 a.m. The cost is \$6.50.

Tonn is one of the state's leading authorities on air and water pollution chemistry, and was recently appointed by Governor Spellman to the Puget Sound Water Quality Authority. Her expertise and environmental writing led to her helping draft state legislation on acid rain.



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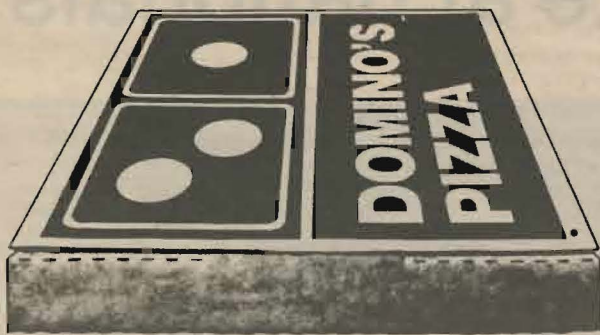
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Second wind

Seniors, students learn together in classes

By SUSAN BERG

"I took the massage class last fall and my sons asked me, 'Mother, what are you doing taking massage?' I told them I was going to get a job at the lower end of Main Street" said 72-year-old Essie Barr.

Barr, now a participant in the easy aerobics class offered by the "Second Wind" program, has taken a class every session since it started a year ago.

A unit of PLU's Family and Children's center, Second Wind is a health promotion school for adults 50 years of age and older though it is open to people of all ages. The school also offers classes such as aerobics, swimming, cooking, computers, French, and Norwegian.

Professor Vern Hanson said, "Second Wind is an educational innovation."

He said the main reason the school started was to provide



Touching toes increases the flexibility of members in the Second Wind program.



A senior participant of Second Wind exercises at her own pace.

opportunities for students to work with older people. Hanson said students are able to counsel and learn at the same time.

There needs to be more people trained to work with older people because the bulk of the population is getting older, Hanson said. He said there needs to be more of what he calls "geriatric social workers."

PLU students participate in classes and assist in teaching. Hanson said he wants to get more students involved by offering credit and practicums for their help.

Leona Green, Pierce County senior aid, started working for "Second Wind" last March.

She said the program involved 23 students when she started and has grown to 43 students in the next session this September. In January, 137 students participated in classes offered by Second Wind and 121 this spring. Green said "It's more than grown."

Green said the school's instructors are good because "they sure they don't strain themselves." She said at the end of eight weeks, like they're going through a second childhood."

A community member on the advisory board, Francis Coe has helped send out press releases to 19 publications and some television stations. Coe also said "word of

mouth" has helped the classes grow.

A great part of the success of the classes is the social aspect, I have met people who have become close friends, Coe said.

Green said she believes the participation has grown rapidly because the program fills a physical and psychological need.

The most popular classes are the exercise classes. The swimming class grew from one class a year ago to the present three. All three were filled by the end of registration Monday.

Instructor Pam Velho said the exercise classes are not competitive. Everyone is encouraged to go at their own pace—no one is pushed. That is not to say the classes are boring, the aerobic class gets to do "Grouchos"—they walk around like Groucho Marx with bent knees and holding an imaginary cigar. Another fun exercise is a two step skip which Velho calls "Dorothy going down the yellow brick road."

Velho watches out for people with heart or back problems and makes sure they don't strain themselves. She said at the end of eight weeks, the students look and feel better.

Hanson said Second Wind's students have a lot of enthusiasm, and he's never seen a group of people more full of life.

Ballet company dances special performance here

Written about in *US News and World Report* and acclaimed one of the most outstanding regional dance companies of the past decade, the American Festival Ballet comes to PLU April 10 for a special performance.

The American Festival Ballet company was founded 12 years ago. Its goal was to tour the finest repertoire of classical and contemporary ballet to communities of every size throughout the West, and it has succeeded admirably.

Artistic director of the American Festival Ballet is Steven Wistrich, a

former dancer with Germany's Stuttgart Ballet. Under his leadership, the American Festival Ballet has performed from the Kennedy Center in Washington, D.C. to New York to Santa Fe, N.M. while maintaining its base in Idaho.

The performance will feature ballet classics, dances by the company's resident choreographer, Elizabeth Rowe-Wistrich, and a jazz ballet.

This performance will be the last PLU Artist Series event of the year, and will take place in Eastvold Auditorium at 8 p.m. Tickets are available at the U.C. information desk.

Letter campaign aimed at Reagan school budget

By LANCE KUYKENDALL

ASPLU's Educational Expenses Committee plans to fight President Reagan's Budget Proposal for Higher Education with a letter writing campaign which starts next week.

Pam Curtis, committee chair, said Reagan's proposal will result in "drastic cuts" in next year's financial aid.

The committee has sent letters to faculty, Regents and parents explaining Reagan's proposal and urging them to write to their senators and congressmen.

The committee plans to set up information tables in the University Center, Columbia Center, and Administration building Monday to Wednesday regarding the proposal, and all the materials necessary to write a letter. "All they (students) need to do is stop and take five minutes to write a letter," Curtis said.

Curtis said they hope to generate a minimum of 100 letters.

Sandvand wins scholarship

John Sandvand, a senior communications arts major from Norway, received a \$1300 scholarship from the Christian Broadcasting Association in Norway.

The Christian Broadcasting Association offers scholarships to young Christians studying mass communications in a foreign country.

April Fools give concert of works by local composers

April Fools will reign at a Special concert here April 3 at 8 p.m. in room 227 of Eastvold Auditorium.

Everything from "surprise" works by local composers to an *ex post facto* sonata by Haydn will be on the bill, as

well as other compositions.

The concert is sponsored by Mu Phi Epsilon, the PLU student chapter of

the international music fraternity. There is no charge.

Buckle up! Why? because we love you

Do you make a habit of belting up when you go out?

If you do, you are among the 17.8 percent in Washington state that do—that's less than one person in five who wears a seat belt.

For 20-24 year-olds automobile-related deaths is one of the top three causes of death.

The United States loses more people each year in car accidents than it did in 10 years of Vietnam. (About 40-50,000 people die a year, and 46,000 died in Vietnam.)

It doesn't matter how you die, you are just as dead.

If you tend to think, as many of us do, that you won't get in a car accident today because you have people to see and places to go, and besides, you *know* you are a careful driver, think again.

No one plans to be in an accident.

For some it is an unpleasant thought to consider our mortality and vulnerability. So, instead of creating a habit of buckling up, as soon as we get in a car, we hope that if we ignore, even deny the possibility of getting injured or killed in an accident, we will somehow be immune to it.

I hope and pray that those I love and those you love who have that mentality will think again.

One of ten Americans will be seriously injured or killed in a car accident.

If you don't wear your seatbelt what's your excuse?

•"I don't need a safety belt when I am traveling at low speeds or going on a short trip."

FACT: More than 80 percent of all accidents occur at speeds less than 40 mph. Fatalities involving non-belted occupants of cars have been recorded at as low as 12 mph. That's about the speed you'd be driving in a parking lot. Three out of four accidents causing death occur within 25 miles of home.

•"I'm uncomfortable wearing a safety belt."

FACT: Belts are designed to allow you to reach necessary driving controls, and the newer shoulder belt retractors give even more freedom. You'll probably find that any initial discomfort caused by safety belts soon goes away.

•"I might be saved if I'm thrown clear of the car in an accident."

FACT: Baloney! Your chances of being killed are about 25 times greater if you are thrown from the car.

•"If I wear a safety belt, I might be trapped in a burning or submerged car!"

FACT: Rubbish! Less than one-half of one percent of all injury-producing collisions involve fire or submersion. But if fire or submersion does occur, wearing a safety belt can save your life, by keeping you conscious so you can escape.

If you are a "belter" let others know how you feel. Don't let your car "work" until everyone is belted up.

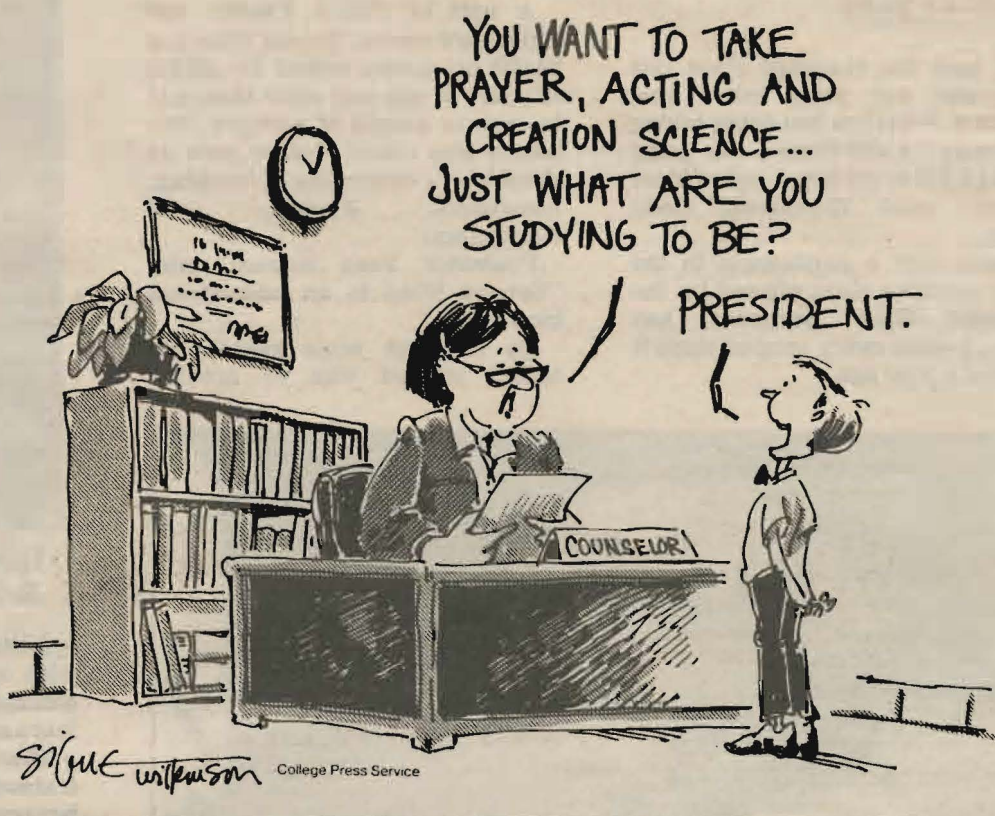
If everyone belts up, 70 percent of serious automobile injuries and 90 percent of fatalities can be eliminated.

Let's tackle this Number 1 preventable crippler and killer!

We love you—BUCKLE UP!

Gail Greenwood

* Special thanks to Katie Hicks, passenger protection manager for the Washington Traffic Safety Commission for her life-saving information.



If abortion clinic is place of sin, does it deserve to burn, George?

By ROSEMARY JONES

Hey, George, I'm confused about something. Shoot, Mary, what's troubling your peabrain anyway?

Why did someone set a fire in a clinic in Everett Monday night?

(Taking the name of the Lord in vain), Mary, that's no clinic, that's a place of depravity, corruption, evil and sin.

Oh, is it a front for one of those devil-worshipping sects you are always talking about, George?

No, stupid, it's an abortion clinic. A place where indiscriminate murder takes place every day.

Political Spectacles

Says here in the paper, George, the Everett Feminist Women's Health Center also provides birth control assistance, gynecological and prenatal referral services. Sounds like they provide help to women who want to keep their babies, too.

That's just their sneaky way of getting their clutches on those poor women and then pressuring them to commit a mortal sin, Mary.

Oh, you mean like that Seattle clinic which advertises it will help women make choices about unwanted pregnancy and then springs a bunch of pictures of mutilated fetuses on them.

Those are just scare tactics to keep those women from committing sin. I keep telling you, dummy, it's war out there.

Yes, dear, but it seems like a rather cruel way to treat someone who is about to make a very difficult decision. Those women could have a legitimate reason for wanting an abortion or even some honest counseling about choices.

There is no legitimate reason for abortion, Mary.

But what about women who don't have enough money to support a child or are too old to have a healthy baby or too young to be responsible for another life or could be killed by the pregnancy or...

Those are just excuses. So what if a woman dies or a child grows up hungry or neglected or deformed. That's God's plan. I keep telling you: everyone has a right to life.

George, I thought you just said women who might die should take that risk?

Well, there are limits to everything.

But, George, don't those women who work at the clinic have rights too? Don't they have a right at least to be free from fear of arson? What about the possibility of someone being hurt in these fires—like the firemen fighting the blaze?

Now, Mary, people are just trying to get their point across. Sometimes they just get a little carried away by their emotions.

Like the picketers who had to be restrained by a court order before they stopped harassing the Health Center's workers and clients?

I guess so...

Well, George, I think these people might find more people sympathetic to their cause if they stop using scare tactics, harassment and arson to get their point across. Seems like pretty funny behavior for people who claim to be upholding virtue.

You know what your problem is, Mary?

No, George, what is it?

You think too much.

Mooring Mast

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Airband judges need to listen to crowd's reaction

To the editor:

When I was in high school, I was afforded the responsibility of judging an air band competition. I was one member of a twelve-judge panel which consisted of three sophomores, three juniors, three seniors, and three faculty members. The "head judge" was, of course, the crowd.

The crowd is the best indicator of how each band rates on an all-around basis. After all, the whole idea of an air band competition is for entertainment.

Contrary to my prediction, the group with the lowest crowd response received the second place prize.

The other two prize winners certainly were popular with the crowd but as far as reproducing beautiful props, precise choreography and lip

synchronization, a couple of outstanding bands come to mind as transcending the rest.

The only crowd response that the second place band received was a hearty round of "booing" upon the announcement of their award. This leads me to believe that the judging panel disregarded the crowd's earlier response and chose their own personal preferences, possibly due to favoritism.

This injustice does not reflect a good impression of the program. This is a shame, since the bands displayed a great deal of character and made their presentations in good taste. I sincerely hope that the program is managed with more integrity next year.

Steven Mayer



By TOM LAYSON

Et cetera

National pastime polled as being good ol' Gallup

I suppose you think America's favorite pastime is baseball, photography, or some other recreational activity. Well guess again, the true national pastime is polling...as in Gallup.

I would imagine just about everybody has been polled at one time or another either by phone, in a shopping mall, or through the mail. The results of these polls fill a good portion of the nation's newspapers, and we information-hungry consumers eat them up like candy.

Why do we like polls so much? I think we all want some sort of group approval or validation of our political, sexual, purchasing or social habits. We want to know that we are not the only ones that are doing "it," whatever "it" may be. Polls are a reflection of society, but they also affirm our values and beliefs, thus reinforcing our homogeneity.

In one section of a national paper, I found the following: more than a third of all high school seniors think nuclear or biological annihilation in their lifetimes is inevitable; three-quarters of all Americans worry about chemical residues in their food; almost half of the nation's Democrats have changed their choice for the presidential nomination during the past month.

I don't know how this information is going to help you go out and become a productive, thinking member of society, but at least you know you aren't the only wishy-washy Democrat afraid of food poisoning and nuclear war.

PLU alumni should seek more than mere 'Succes\$'

To the editor:

SPECTRUM: A Guide to Career Planning (Mast supplement, 3/16/84) rates grade A for much it says—and grade E for what it omits. Much of its information is excellent; "How to write a perfect resume" seems especially helpful.

But nowhere do I see any clear hint that PLU alumni might properly be seeking careers of *service*, not *self-serving*. This narrow *SPECTRUM* seems focused only on Succes\$—spelled in that distinctly American form.

"Values" are mentioned (p. 2)—but with no further value choices than a \$25,000 or \$50,000 salary, or two or three suits and what color. "Preparation...for...interview," (p.5) good as it is, suggests nothing of discovering whether the employer has any sense of social service.

The excellent "How to write a perfect resume" (p.7) in no way encourages one to include skill or interest in *servicing* the needs of *others* who are hurt or hungry. True, "High tech industries offer jobs of the future" (p.4). But where is shown any awareness that the truly great jobs of

the future—if there's to be any future—just may lie in *servicing* the needs of *others*. If PLU "educates" people only to "succeed" better in the game of greed that has brought our race to its most precarious point in history, we only add to the world's problems, not to any solution.

Where do "How to climb up the job ladder" and "The best way to get ahead" (p.8) fit into a school that identifies with Christ? He went so counter to his culture's values that he owned no property and saw his followers dwindle to less than a half-dozen. He'd wince with added pain at hearing one at the foot of his Cross say, "Clothes really do make the woman" (p.10), as we are "Dressing for success" (p.12) while for millions the problem is to have any clothes at all and to stay alive to put them on. Can PLU even in Lent ignore Him whose only property was one garment, one well-worn robe?

Written over the door of Career Planning (at least for those who *look*) is the first choice to be made, put by One who said, "You can not serve both God and money."

Kenneth E. Christopherson

Art failed to appreciate art of good bureaucracy

To the editor:

Earlier this week, I saw my friend Art hiding in some bushes near the Ad building. I circled around in back of him and tapped him on the shoulder. "What are you doing, Art?" I asked.

He swung around and recognized me. "Shhh," he said; he gave me a knowing wink and tapped the camera he was holding in his hands. He turned around to peer back out of the bushes. I sneaked a glance over his shoulder at a small brown and white cat that was busy pawing at a pile of grass clippings. Art slowly brought the camera up to his eye and began to depress the shutter release.

I grabbed his arm and knocked the camera out of his hands. The cat scampered away.

"Just what do you think you're doing?" I asked.

"I was taking a picture of that cat for the new Stray Animals of PLU calendar that I'm making," he said, matter-of-factly. He picked up the camera and brushed it off. "Want to help?" he asked. "I thought I'd fill a calendar with pictures of all the stray dogs and cats that roam around campus. You can help. Come on, they're really cute."

"You're not embarking on an entrepreneurial enterprise, are you?"

"Well, I was sort of planning..."

"Do you realize that if you gross more than \$1,500 on this pet project of yours, and if you're not an officially

recognized campus group, you'll be directly violating university policy as set forth by the Students Activities and Welfare Committee?"

Art started to speak, but I ignored him. "You're not an officially recognized campus group, are you?"

"Well no, I'm only one person, but my friends recognize me sometimes..."

"That doesn't matter. You know that you are going to have to stop this beastly business. You haven't followed proper procedures and you don't have the proper authorization; ASPLU isn't going to stand for it."

"Why would they mind if I put out a calendar filled with photos of little doggies and kitties? There are all sorts of calendars like that around. Anyway, I was going to send 30 percent of the proceeds to the 'Bill the Cat Memorial Martyr Fund.'"

"That doesn't matter," I said. "You're still encouraging the exploitation of little animals for your own benefit."

"I am not. You just have some weird hang-ups about animals," he said, and started to walk away, camera in hand.

"Wait just a minute here—I'm not finished," I shouted.

"Animalist!" he shouted over his shoulder.

I couldn't let him get the last word in. I yelled "You just don't appreciate good bureaucracy!"

Steve Rinn

Fenili's sweats received more attention than speech

To the editor:

After reviewing the Feb. 17 Mast article concerning the 1984 ASPLU nominating convention several times, I have decided that my first reaction to a part of it warrants comment. The part of the article which disturbs me is David Steves' referral to Mary Lou Fenili's attire.

By stating that Dr. Fenili was "clad in sweats" and that she "sat cross-legged on the stage," Mr. Steves is apparently implying that, because of her position in the university hierarchy, Dr. Fenili 1. should have been wearing a three-piece suit, and that 2. she should not have sat cross-legged. (I wonder how many others

sat cross-legged at the convention?!)

Since Steves further reported that Dr. Fenili "stressed the importance of student government," I would have much preferred to read about what exactly she had to say about the subject, and not about what she was wearing while she was saying it.

This type of journalism portrays not only a lack of responsibility to the freedom of press you enjoy, but also speaks to the narrow-minded, fish-bowl type of environment that can exist in closed settings such as ours. I feel that we should all work a little harder at accommodating and respecting each others' backgrounds. It's what is inside us that counts.

Sandra A. Kuver

Rome's heirs still regurgitating with PLU's special cuisine

To the editor:

The Republic of Rome There once was an empire vast and mighty. So endowed with wealth and splendor, that they could not enjoy enough of it.

They have been claimed to eat 20 course servings in one evening.

This task was achieved by gorging

to one's fill; then, regurgitating it.

Here at PLU, I have seen descendants of that era eat but half a plate of your cuisine intending to stick the proverbial finger down their throat. (Let's not let our cup under runneth.)

Jim Sterbick

For more letters see page 8.

Debate success prevents any ASPLU funding

To the editor:

In drafting this letter, I find myself in a somewhat awkward position. Perhaps my situation is best explained in the words of PLU's debate coach, Mike Bartanen: Never try to teach a pig to sing—it only wastes your time and annoys the pig.

I am provoked to writing by the outcome of last week's ASPLU Budget Committee meeting. At that time, the committee considered a plea by the debate team for emergency funds which would allow us to send teams to both the National Debate Tournament in Knoxville, Tennessee and the CEDA national tournament in Reno, Nevada. (It should be noted that the request was not, in and of itself, exceptionally high—\$400-600). After "due consideration," the committee rejected the request.

The team was told that its request was less pressing than other requests because it involved fewer people. It was suggested that, in the future, perhaps the Communications

Department should budget for these trips, or that, like good Reagan adherents, we should exercise a tad more fiscal restraint.

These trips are legitimate academic activities. As such they deserve, and should, receive virtually unquestioned support from what is allegedly an academic community. I find it anomalous that the football or swim teams are not relegated to the state of begging for funds when their season's success makes it possible for them to attend events. (This should by no means imply that football or swimming are less deserving activities. They are merely indicative of what can only be regarded as an inconsistency.)

Secondly, it should be obvious that a successful debate team reflects positively on PLU's academic standing. Our success in the area of forensics not only helps to attract incoming students, but also enhances the credibility of a PLU degree.

The team's request for funds was not made without the offer of a *quid*

pro quo. The members offered to assist ASPLU in other non-debate areas. These offers were either ignored or rejected.

ASPLU also neglected to advance funds on the grounds that the debate team is a relatively small group. I am forced to wonder what constitutes small. This year's team is composed of no fewer than 20 individuals—a large number when compared to other nonacademic activities that receive support. PLU's debate team is also larger than that sponsored by many other institutions, many of which limit participation to one or two debate teams and often offer no individual events.

On another level, the limitation on the size of the debate team is in part a function of its budget. It is impossible to involve more people under the financial constraints we operate under. As it is, PLU sends as many people to as many tournaments as is within our means.

Finally, the question of budgeting for this expense was raised. The

debate budget is for the regular season, period. Our budget is not contingent on success, but is instead intended to enhance education. It hardly seems reasonable to penalize a team because its members are judged capable of competing against the most accomplished speakers in the nation. Indeed, PLU's success as a forensics squad has been quite out of proportion to its budget. PLU has by far the smallest budget of any program in the northwest, yet is consistently successful. Diverting funds from other tournaments to plan for what is by no means a guaranteed happening would only detract from that success.

Perhaps ASPLU takes the debate team's success for granted. If that is the case, it is both flattering and unfortunate. Flattering in that we seem to have created the impression that winning is easy. Unfortunate in that our very success seems to have cut us off from what should otherwise be a loyal source of support.

Lane Fenrich

ASPLU opposes private use of calendar profits

To the editor:

In the March 16 issue of the *Mooring Mast* the article titled "ASPLU Opposed to 'Women of PLU Calendar'" misrepresented the ASPLU decision on the proposed calendar. The two letters in the March 23 issue confused the issue even more. The Senate decision was not one of morals or ethics but one of proper University policies and procedures.

In the article Doug Chamberlain was quoted out of context when he said that "ASPLU is not comfortable with a calendar filled with women." During the Senate meeting Chamberlain expressed his concern about the rights of women being denied, an issue of importance on campus and in the church. The question of making people objects of lust needed to be raised to illustrate another

perspective of the calendar issue. As the Campus Ministry liaison, he was entitled to speak his mind to the Senate. (Any student is welcome to interject opinions on issues before the Senate.)

The Senators did not base their decision not to approve the calendar proposal on Chamberlain's comments but on the fact that the group was in violation of Student Activities and Welfare Committee (SAW) guidelines. These guidelines state that any monies raised fundraising projects on campus cannot be kept for private use (as was the plan for 80 percent of the profits of the proposed calendar.) A recognized campus organization must sponsor and participate in such projects, and all the profits must be used by the group as a whole.

SAW has created their policy "to protect the

University's interests which may be affected by money raising projects of campus organizations. These interests include interference with University business, compliance with the law, and undue pressures on students and staff to support activities."

If there are any further questions feel free to contact the Senators or Executive Officers. ASPLU's primary goal this year is to be receptive and responsive to students and their needs or concerns. There are specific policies which aid our decision-making process, but student opinions must be incorporated as well. As elected representatives of this university we will represent you as best we can.

ASPLU Senators
ASPLU Executive Officers



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Teleconference

Participants phone questions to nation's experts

By ROSEMARY JONES

Through the use of satellites and telephone lines, people across America were able to see the nation's experts discuss such controversial issues as public education, the federal deficit and nuclear weapons.

PLU was one of 25 sites for the second annual Domestic Policy Association (DPA) National Teleconference March 22.

During the two-hour event, participants phoned in questions to such experts as Mary Futrell, National Education Association president; Donald W. Moran, an associate director in the Office of Management and Budget, and Henry Kissinger, former Secretary of State under Richard Nixon.

The DPA was founded in 1982 to educate Americans about important political issues. Each year the organization picks three issues and then sponsors community forums in the fall to discuss them. Representatives are then sent to the final annual conference in the spring co-sponsored by one of the U.S. Presidential Libraries. This year's conference was broadcast from the Lyndon B. Johnson Library in Austin, Texas.

The conclusion of the annual conference is the teleconference which allows community forum participants to see how the nation's experts respond to the same type of questions raised in local meetings.

Faye Anderson, PLU Social Science's special projects director, organized the PLU teleconference site and said she was very excited about this opportunity for people in the community to question and hear about national issues.

The audience in the Regency Room greeted the

final discussion of nuclear weapons with applause. That panel included Kissinger; Robert McNamara, former Secretary of Defense under John F. Kennedy; and Lawrence Korb, present Secretary of Defense.

In a DPA poll conducted during the community forum on nuclear weapons, 51 percent of the participants said they favored a bilateral freeze. During the half-hour questioning of Kissinger, Korb and McNamara, most questions centered on how the U.S. and the U.S.S.R. could come to an agreement on nuclear weapons, or at last reduce tensions between themselves.

Korb said he did not believe a unilateral freeze would create anything but a destabilization of the current situation. "Our force is older than the Soviet's. It (a unilateral freeze) would give the Soviets an advantage," he said.

Kissinger suggested that U.S. negotiators privately establish some "definitions of objectives" with the Soviets. Preliminary negotiations "can't be done in public forum," he said.

Kissinger thinks the U.S. government and public should define U.S. priorities and "what is enough" nuclear weapons.

McNamara said, "the freeze movement is a positive influence on society (but) it puts forward a simplistic solution of a complex problem." McNamara said the United States has "stable deterrence" and should begin negotiations with the Soviets to gradually decrease the world stockpile of nuclear weapons while maintaining that deterrence.

Concerning education, most community participants wanted to see an improvement in teacher's training, graduation requirements, emphasis on homework, and discipline.

Susan Black of Tacoma asked the opening question of the education section. "What should be the method of setting priorities (for public education)?" she said.

Albert Shanker, American Federation of Teachers' president, said communities have to make sacrifices to support their school and then decide what they were willing to sacrifice for. Shanker believes more emphasis should be given to the primary grades. Without good primary teaching, later programs won't help students as much as they should, he said.

Douglass Cater, president of a Maryland college, said, "education is in danger of becoming groups of special interests all fighting for their slice of the pie."

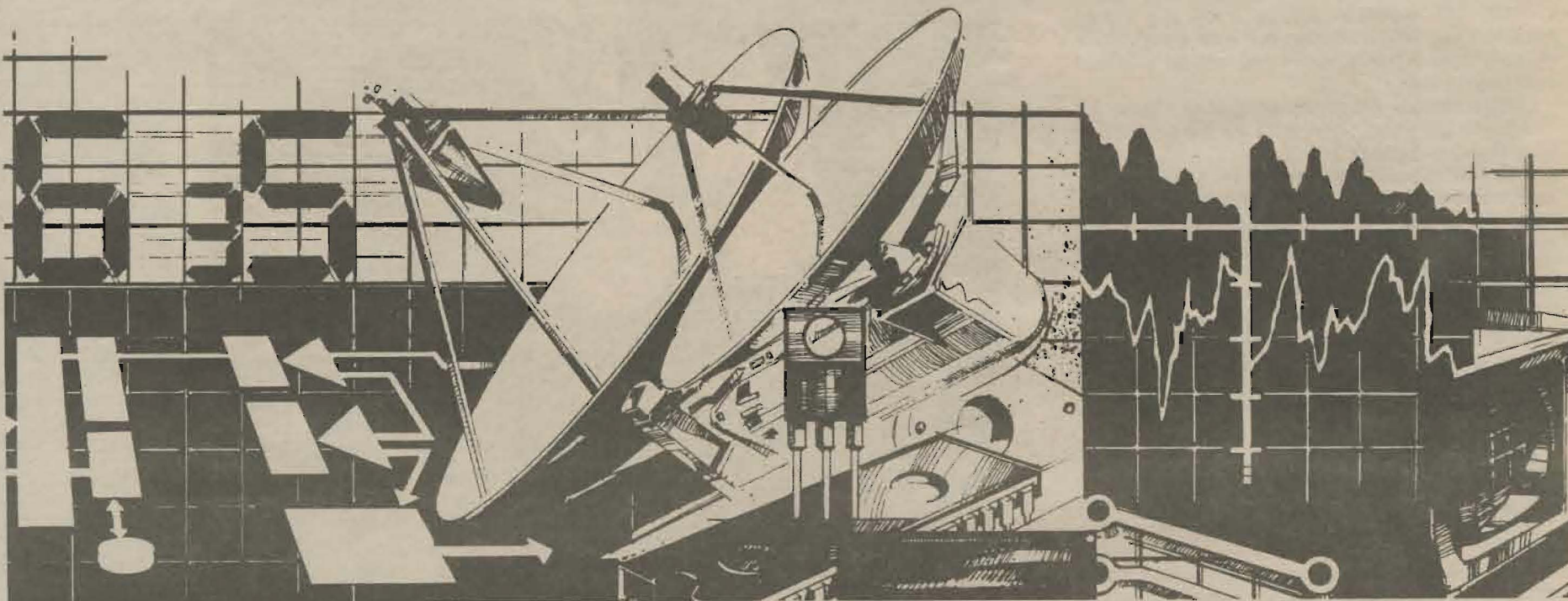
Fighting for slices of the pie also characterized the debate on the federal deficit, where 60 percent of those polled argued for decreased health spending while another 35 percent wanted the defense budget cut in half.

Moran, who defended the current administration's budget, said today's fiscal problems have created the "Question of what painful things do we do without having nice choices."

Rep. James Jones (D-Oklahoma) criticized the Reagan administration for failing to balance the budget. If the President truly wanted Congress to cut spending, a balanced budget sent down by the White House would have encouraged increased willingness to cut, he said.

The constitutional amendment on a balanced budget was "nothing but a political shell game" to distract the public from Reagan's deficits, Jones said.

Moran protested, saying the constitutional amendment was a legitimate external restraint on increased federal spending.



Insurance bias directed against women

By ROBIN KARR

Charging discriminatory rates of insurance to women because women are supposed to outlive their male counterpart is a hot topic of debate for Miriam Graves, President of the Tacoma chapter of the National Organization for Women.

Graves, the guest speaker at last week's Brown Bag Lecture Series,

presented her case for sex equity in insurance.

"Actually, only 16 percent (of women) live longer," Graves said. "And now that women are smoking more and have more stress, we are losing that edge."

It is this small percentage that gives insurance companies reason to discriminate against women, she said.

Graves used old-age income insurance to illustrate her point. Companies require women to pay more money into annuities or pay the same amount as men, Graves said. However, women receive smaller checks each month because women have a long-life expectancy.

Insurance companies continue this practice even though Washington State has ratified the Equal Rights

Amendment, she said.

An addition made by the legislature in 1975 said that the provisions set forth in the ERA shall not prohibit "fair discrimination."

"How can there be such a thing as 'fair discrimination?'" Graves asked.

"We're advocating insurance based on controllable influences," not fair discrimination, she said.

Air Bands

Cave crowd rocks-n-rolls to sound of Sknack and others

By **BOBBI NODELL**

As cardboard guitars and drums were carried above the mass of spectators and down to the Cave for the Second Annual Air Band Contest, the production crew was busy at work.

Tables were removed, chairs were squeezed together and equipment was arranged, transforming the Cave, PLU's bagel bar in the basement of the University Center into a concert free-for-all featuring student acts.

If tickets were for sale, Friday night's show would have been a sold-out performance.

Ten bands had made the final selection to air their musical imitations and people gathered an hour before the show, hoping to get a seat to view the student's stint with stardom.

More than 300 people jammed the Cave, while others crowded around a big-screen TV near the Coffee Shop to see the bands.

The air bands, comprised of students whose rock-and-roll antics are usually only debuted behind closed doors, used the small Cave stage to celebrate their temporary star status.

Although frequent technical difficulties reminded the performers they weren't playing Madison Square Garden, their bodies contorted and leaped all the same, drawing cheers at each thrust.

Tuxedo shirts, half shirts, torn shirts, no shirts, ski pants, leather and boots further enhanced the night's acts.

Eric Border, the lead singer for the opening band U-2, dressed in all black, often moved off stage to get doused with water for the sweaty look. "Sunday, Bloody Sunday" was played amid a cloud of dried ice billowing from the drum set and Border marched with a white flag which was eventually thrown in the crowd.

Michael Jackson, imitated by John Lindbo entered the spotlight shying from the crowd outfitted in black makeup, a white glove, dark glasses, black pants and a red officer's jacket trimmed in gold.

Lindbo skated across stage during "Beat It" and drove the crowd wild with his hip action and tongue pants during "P.Y.T."

The lead singer for Van Olson, Geoff Bayne, mimicked Eddie Van Halen with his long white wig. He made frequent bounds off stage and drank from a Jack Daniel's bottle while the drummer, Eric Olsen, wearing a cropped black wig, maimed his makeshift cymbals.

During the band's performance of "Ice Cream Man," the kneeling guitarist, Todd Gowers, whose brown wig hid his eyes, played to the sky and Bayne dropped his voice telling the audience, "all my flavors are guaranteed to satisfy."

Kurt Steffen playing the lead for the Value Village People in a cop's uniform, threw off his hat and attempted break dancing during the performance of "Body, don't you tease my body."

Ted Nugent, played by bare-chested Greg Thorson of the Transcenders, stalked the stage with a crazed glaze during the performance of "Free-For-All." After singing, "shake your tailfeather in my face, no telling what I'll do," he got riled and jumped on the floor.

Within moments the band transformed to imitate the Cars, and Thorson, now wearing a shirt and tie, straddled the microphone singing, "It doesn't matter where you've been as long as it was deep."

Mike Swan playing Rick Springfield, ripped open his tux shirt during the performance of "Affair of the Heart," exposing "Where's the Beef" boldly marked on his chest while drummer Mike Jacobson held a "Home of the Big Bun" sign.

The Sknack, imitating the Knack, complete with black pants, white shirts and black ties, sang adolescent sex melodies. Lead singer, Mark

Haskins mesmerized the crowd with his numerous gestures as he bopped around the stage singing, "Good Girls Don't" and whining, "I don't want to be her boyfriend forever."

Manhattan Transfer provided a brief interlude from the rock-and-roll scene. They entered the stage in hymnal outfits singing, "Operator, get me Jesus on the line," and danced in formal wear to the beat of "Twilight Zone."

The Reproducers brought the crowd back to the age of bop as lead singer Scott Bean breathed "Shella" into the mike and gave his jacket away to someone in the audience.

The procession of air bands ended with V and the Vid Tones. Although the band could not get their TV's to work, the group rocked the crowd with, "TV party tonight."

Swinging to the beat in their repair outfits, the



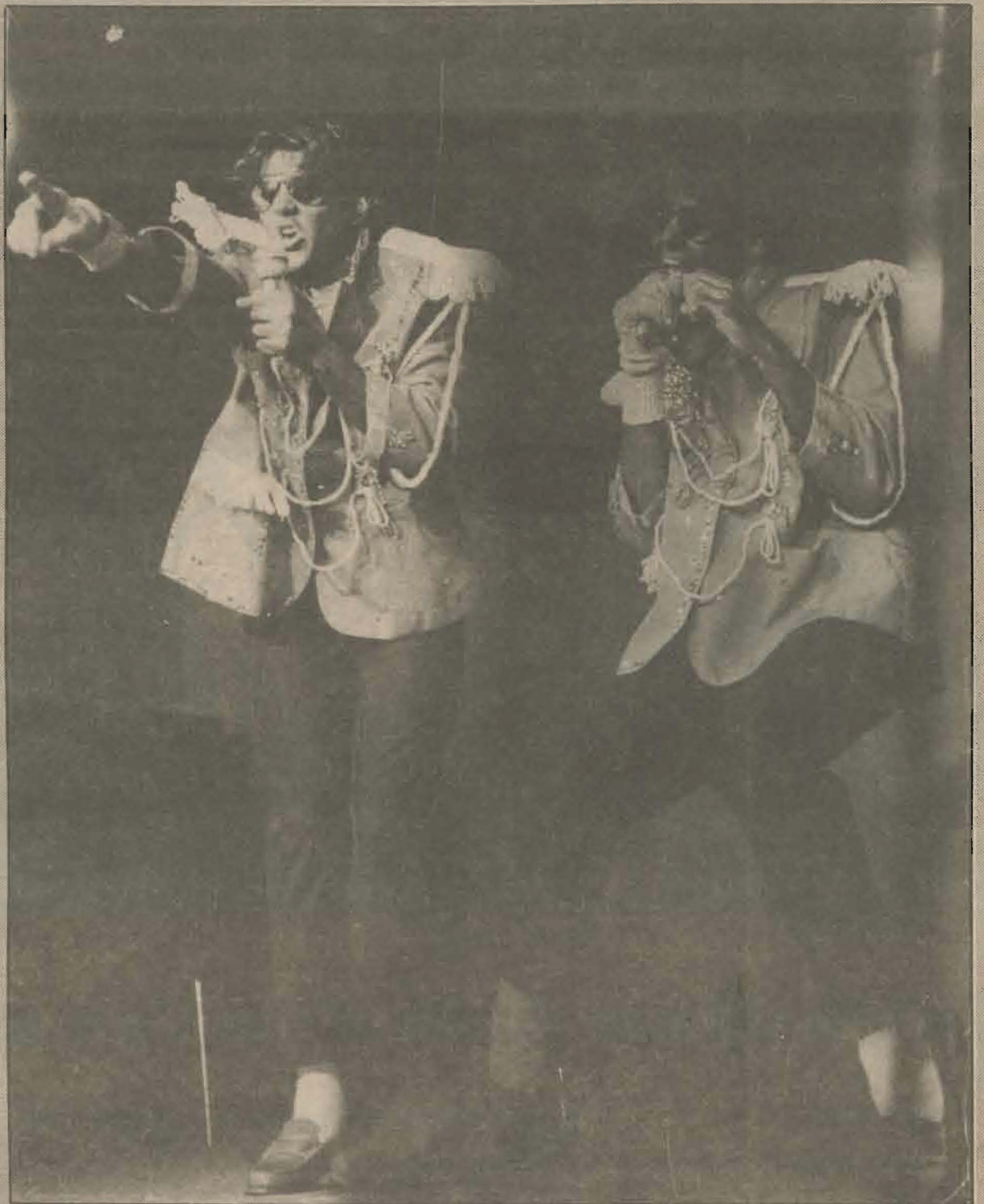
Dave Hipke and Eric Border of the opening band U-2 perform.

band sang, "we've got nothing better to do but watch TV and drink some brew."

While the votes of the six judges were being tallied for the three best bands, John Sparling imitating Rodney Dangerfield tried to get respect for his jokes about his wife and girlfriend.

After nearly three hours of concert action, the winners were announced:

Michael Jackson took third place winning \$50. Manhattan Transfer members, Katie Walker, Julie Moe, Doug Chamberlain, Joe Williams, and Anne Feuz received a few boos for their second place finish and prize of \$100. The top honors and \$200 went to Sknack members Mark Haskins, Stan Nelson, Paul Barton and Dave Hale. Keeping in the concert spirit, the winner played an encore of "She's so selfish."



A white Michael Jackson in black makeup, was performed by John Lindbo. "Ooh baby," and "we love you Michael" were fans' remarks as Lindbo moved to "Beat It" and "P.Y.T."



med as dried ice emitted from the drum set clouded the stage.



Geoff Bayne is energized as he performs rock-n-roll acrobatics.

Photos by Jerry Johnson



Greg Thorson turns into terrible Ted Nugent, above, and Geoff Bayne mimicks Eddie Van Halen.

Non-traditional students taken for staff

By SUSAN BERG

"On campus you're mistaken for a professor, an administrator, food service worker, janitor, or someone who got lost on their way to the mall," said Kimmie Aasheim, 41 year-old PLU graduate student.

Aasheim is a "non-traditional" student or one of 25 percent of PLU's student body over 25. She is also a staff volunteer for the adult resource and re-entry center which opened this semester in the Knorr House basement.

"There are 996 students over 25 attending PLU this semester," Aasheim said, "that's a nine percent increase over fall semester's 889."

The center was developed to provide re-entering adults with orientation, peer counseling and advising, said Aasheim.

The Adult Re-entry Center offers a lot of information, said Rick Seeger, director of academic advising and assistance, "and a place for adults to go."

Seeger is in charge of the Accelerated Undergraduate Re-entry Program, (AURA). AURA is for adults 30 or over with a year or less of college. They receive credit for past informal learning such as hobbies, volunteer services and jobs. Seeger said some of the AURA applicants have the expertise of a college graduate, 10 years later, but just the lack the piece of paper.

AURA applicants must provide a portfolio to professors and then are interviewed before credit is awarded. An assessment fee of \$300 is charged for any amount of credit given. Seeger said this is a break for the older returning student. He also said that they are scrutinized more heavily than a student who starts at 18 and

graduates at 22—no one grabs a 22-year-old about to graduate and asks "What did you learn?"

What's it like to be so much older than fellow students and as old or older than some professors?

Donn Witherspoon, a 34 year-old communication arts/broadcasting major, said it doesn't bother him. He said, "You can learn from anyone."

Roland Johnson, 30 year-old physics and engineering major, said "my first day on PLU's campus was a real culture shock. All I saw was young blonde girls."

Seeger said most non-traditional students are "scared to death" before starting their first class, especially, "if their last algebra class was in 1955."

Non-traditional students go to school for the right reasons—they are motivated to learn, Seeger said. It does not take long before they are accepted.

There are many reasons why people 25 or older are returning to school. Some are graduate students and some went to college for a year or two, dropped out for whatever reason, and are now coming back to finish, Aasheim said.

One non-traditional student, Jeff Smith, 31-year-old accounting major, worked at a factory in New York after high school. After four years, he was laid off. Unable to afford the high tuition costs back east, he joined the army to get funds to return to school. Stationed at Fort Lewis, he fell in love with the area and enrolled in the accounting program at PLU.

Unlike the traditional course of students from high school directly to college, each non-traditional student had a unique and sometimes long course. Non-traditional students provide added maturity and experience to the

classroom, Aasheim said.

Aasheim said more women are returning because "society has given them the license to" go back to school.

Seeger said it is now more acceptable for women to leave a job to return to school and women are more accustomed to flexibility.

Some return to school because they need that piece of paper. Witherspoon said he cannot get a job in Tacoma without his degree.

Johnson said he could have found work right out of the Navy, but he wanted to get a degree so he wouldn't get stuck in a rut for 30 years doing the same job with no place to go.

Most non-traditional students are not just students. They have a family and jobs too, Aasheim said.

Seeger said by becoming students they are "adding a role." Many non-traditional students are part-time and evening students.

James Van Beek, dean of admissions and financial aid, said the administration is sensitive to the needs of non-traditional students. But the average PLU student is 20, and a freshman, so the administration will do anything they can to help the non-traditional student, but will not shift its main concern from the traditional students, Van Beek said. He said PLU "cannot be all things to all people."

Aasheim said 15 students so far have visited the adult re-entry center. All were women from 26-47, and six were considering transferring here from other schools.

The small number is due to lack of publicity: four posters and two announcements, Aasheim said.

But some future plans to help returning students include some mini-seminars on skills such as taking notes and braving the first exam.



Dave Perry and Karen McCullough are two non-traditional students re-entering the school scene. Their age makes them a minority on campus.

Orientation programs are planned for week-night evenings.

The Academic Advising Center, Adult Re-entry Center and some other service centers are planning on moving to Ramstad within a year, Seeger said. He said it's time to get these offices out of the "broom closets and basements."

Seeger said some additional evening classes are needed for non-traditional students, especially core classes. Information needs to get out to non-traditional as well as all off-campus students about the activities and facilities available on campus.

Seeger said "these are just a few of the things that are needed to make non-traditional students feel welcome and included."

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Health Fair draws record student turnout



Karin Longgren

Mike Woltersdorf, PLU student, gets his eyes examined by Tammy Neslund, employee of Dennis Longston, optometrist. Eyesight testing was one of the displays set up for the Health Fair.

By ANNE EVANS

The Health Fair, March 21, drawing 850 to 1,000 students, "was a bigger turnout than ever before," said Bev Rockwell coordinator of the Health Fair in conjunction with the Health Center.

The University Center was filled with displays by community health agencies and organizations, and by campus health services. Booths offered information about such topics as nutrition, digestive problems, multiple sclerosis, and rape prevention. "The purpose of this was to promote preventative self-care methods and provide information about health concerns and services," Rockwell said.

"Imagine yourself in a stressful situation such as a test or a fight with your boyfriend," prompted a volunteer for a biofeedback booth. "By learning how to decrease muscle tensions, energy can flow from the right to the left of your brain easier, and your body feels more relaxed, better able to handle the situation."

The Parkland Fire Department had a display of "Annie's," mannequins used for demonstrations of cardio-pulmonary resuscitation.

Students could also "perform a death-defying act," by signing up for a local CPR class.

The American Lung Association displayed a lung with emphysema beside a normal lung, and had pamphlets on non-smoker's rights and ways to quit smoking.

Students could quiz themselves on what they knew about blindness with answers informing them that there are one million legally blind people in the U.S. and 90 percent of the blind have some vision.

Athletes could find their nutrition IQ by taking a quiz sponsored by the Washington State Dairy Council. The quiz suggested a high carbohydrate meal was the best type, for it is the most easily digestible several hours before an athletic event.

The Health Center tested blood pressure, and Food Service offered information about the four food groups and ideal weight.

Students could have their ears and eyes tested and receive information about the digestive and respiratory systems.

There were also movies about alcoholism and emotional abuse.

'Dancetra' creates energy

Editor's note: Virgie Bermudez, a member of PLU's Dance Ensemble, describes the group's rehearsal for their Spring concert from a dancer's perspective.

By VIRGIE BERMUDEZ

Passing from the warmth of the bright sun to the dark tunnel of a wooden stairway, students dressed in limp sweatshirts and sweatpants enter East Campus gym.

They set their book-worn backpacks at the edge of the stage and kick off their shoes.

Thus begins another two-hour Saturday afternoon rehearsal for PLU's Dance Ensemble.

Students, faculty, alumni and a guest choreographer have been preparing since the beginning of February for their annual Spring concert, "Dancetra," April 6 and 7 at 8 p.m. in Eastvold Auditorium.

At half court a long-legged blonde stands erect stretching her arms, hands and fingers high above her fluffily curly hair. Simultaneously, the energy gathered above shifts through her torso and into her legs, covered with brightly colored parachute pants that rustle crisply.



Christine Kjenner

She bends from her hips, folded over her feet, and takes slow piles down and up, stretching her calves and the muscles of her legs.

She groans, "Ouch, my back is tight."

Another girl sits straddled on the floor nearby. She empathizes with the blonde: "Mine does too. We worked for an hour-and-a-half in the dance studio last night cleaning up our movement."

The blonde slides her hands and feet outward in diagonals to join the others in a straddle position. A deep breath and sigh melt into an anxious frown. "The concert is coming up and I still have a lot of movement to teach in my piece," said the blonde.

Across the gym, the mellow tone of an alto sax blares from the speakers of a large portable cassette stereo, overwhelming the low hum of conversation. The syncopated rhythm bounces from the lifeless white wall until a voice interrupts asking, "Is everybody warmed up?"

The music rejuvenates the ten lethargic bodies sprawled about the dusty floor. The bodies begin to rise, energy rolling through their legs, arms and backs.

One dancer takes an awkward turn on her bare foot then rushes back to her backpack and pulls out a roll of beige stretched tape and scissors. She rubs the pink spot on her calloused foot before hastily cutting a piece of tape and wrapping it around the ball of her foot. She smiles in satisfaction as she executes another turn like a ballerina atop a musical jewelry box.

Seeing that the dancers are ready, guest choreographer Daniel Chick, a local professional dancer formerly with the Bill Evans Dance Company, suggests that they run through the piece once before starting anything new.

The dancers walk to designated spots on the basketball court, which they have converted into a stage by placing black tape on the floor to outline its dimensions.

The music starts and violins fill the gym with sound like water flowing in a mountain stream.

The one male and nine female dancers shuffle in place, chatting and swinging their arms to work out kinks. Eventually a bridge is formed among them as they stand in two diagonal lines with their torsos bent and their arms and hands reaching toward the person in front.

The saxophone solo returns with jazzy runs up and down the scale. On cue, the dancers glide intently across the floor.

Their hands move sharply as if they are pushing and pulling on a resisting object. From the two-line formation they leap up and out into a new formation. Kicks are direct and suspended as if a magnet is attracted to their toes.

The choreographer observes from downstage, snapping his fingers to the beat, nodding his head to the successfully complete sequences.

"Watch your focus....I want that movement sharp....Be aware of your spacing," he said.

The dancers lay on their backs, lifeless except for their chest moving up and down as they gasp for air. "Not bad," said the choreographer, "but let's do it again."



Left to right, Amy Conrad, Mark Hoffman, Patricia Falk, Robbyn Menogan, and Lynnell Haugen rehearse for Dancetra.

Batker speaks easily of math

By KRISTIN TIMM

In its early stages, mathematics was a "very mysterious, very dark, secretive kind of thing," said Ken Batker, mathematics professor. Batker spoke on "Mathematics and Some Historical Relations to Philosophy and World View," at Monday night's Speak-Easy in Alpine Hall's lounge.

The first major leap in mathematics came from the Greeks, Batker said.

The Greeks went directly from Stone Age barbarism to the Iron Age, Batker said, and were not afraid to try new things.

Pythagoras instigated the "demonstration of numerical theorems," proving things instead of just using them, Batker said.

The formula for finding sums of integers was found by making triangles from stones, Batker explained. You put two of the triangles together and find the area of the rectangle they form, divide it by two, and have the sum of the integers from one to "N". "The general idea is to play around with figures, shapes, forms," Batker said.

From their exploration of mathematics, the Greeks "formed an ordered view of the universe," Batker said.

Pythagoras started a mystical cult of mathematicians, Batker said. At first they kept their information secret, but later they shared it with the public, he said.

Eventually Greek philosophy turned to logic, which is where Aristotle came in, Batker said. Aristotle began the use of syllogisms (all German Shepherds are dogs, and all dogs are animals, therefore all German Shepherds are animals.)

Until recently math was the primary tool to find out if something is true, Batker said.

Some turnarounds in math came when Euclid and Archimedes invented the axiomatic method, used to prove theorems, Batker said. Euclid laid out the structure to tell what geometry is about, he said.

Batker said the Greeks did not know how to describe motion. If it is frame by frame, that would mean an infinite number of movements. However, if motion is continuous, by the time you get where something had been it is not there anymore.

Archimedes was so far ahead of his time, it took years for anyone to understand, Batker said. When Newton appeared almost 2,000 years later, his ideas were very similar to Archimedes'.

The study of logic and mathematics brought out the problems of language, Batker said. This started a movement to straighten out linguistics and logic, he said.

Kant was probably the last of the philosophers who really knew math and science, Batker said.

"You think of math as a system where you should at least be able to answer the questions within the system," Batker said, but that is not really true.

Europe tour becomes new summer class

The Oberammergau Passion Play and the 7th Assembly of the Lutheran World Federation are highlights of a 22-day European tour sponsored by PLU in July.

The tour will also visit Vienna, Munich, Lucern and Strasbourg. It will pass through the Bavarian Alps, Arlsburg Pass and the Rhineland.

The tour may be taken as a PLU summer school course. Ralph Gehrke, professor of religion, will be the lecturer, sharing historical and cultural information. Gehrke has studied in Germany and is fluent in German. He has traveled to all of the locations on the tour.

The tour runs from July 10-31. It costs \$2,595 including air fare, accommodations, meals and other expenses. A deposit of \$300 by April 10 insures a reservation.

For more information write or phone Neufeld at 535-7423.

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PLU's baseball hit men bury Missionaries

By HAL SNOW

Last Saturday the Lutes exceeded baseball Coach Larry Marshall's run scoring dreams and turned their doubleheader into a Whitman nightmare.

PLU won the opener, 10-7, and the nightcap, 15-14, sweeping the twinbill by a "field goal and an extra point."

The Lutes scored first in the opener but Whitman tallied one of their own in the bottom half of the inning. The Missionaries owned the middle five innings and built a 7-2 lead. "In the first few innings we hit the ball well but we hit it right to them," Marshall said.

The Lutes finally found out where the holes were their last time at bat in the seven-inning game.

Phil Misley lead off the inning with a shot to dead centerfield and raced his way around the bases for an inside-the-park home run.

Pinch hitter Doug Sawyer and Greg Perlot both singled to ignite the rally. Jim Minniti followed with an RBI single to cut the Whitman lead to 7-4. Bill Bankhead singled in Perlot to

make it 7-5, setting up the hit of the day.

Centerfielder John Panko hit a fast-ball over the left field fence and over a row of trees.

"It felt like a very good hit. After I watched it for a second I knew it was going out," Panko said. "As a team it got us all pumped up and we got very excited."

Misley and Sawyer collected their second hits of the inning and the Lutes added two more runs to cap an eight-run inning and take a 10-7 lead.

Relief pitcher Scott Stebbins came in and retired the Missionaries in order to pick up the save.

In the second game the Lutes pounded out 21 hits to give them 33 for the day. "We're a good hitting ball club," said Marshall. PLU is hitting .345 as a team.

PLU opened the nightcap with two runs in the first, and then Whitman answered with a pair of their own. The Lutes came right back and scored three in the second to take a 5-2 lead which they never gave up.

Bankhead cracked a solo homerun in the top of the fourth to up the lead to

6-3. The junior designated hitter was 4 for 5 with three RBI's in the game, and was 6 for 9 in the doubleheader.

The Lutes scored five times in the fifth and three in the sixth, but the Missionaries answered with six unearned runs in the bottom of the sixth.

PLU scored an insurance run in the seventh, which turned out to be a good investment. When Whitman came roaring back with four runs in their half of the seventh and only one out, Marshall decided he didn't want a reversal of the first game.

With two runners on base and only one down, Marshall went to the bullpen and brought out right-hander Stebbins to see if he could save the game one more time. Stebbins responded by striking out the two Missionaries he faced to earn his second save of the day.

Dana Reese received the win; he had pitched four innings and only gave up one hit. "Dana played well in both games," Marshall said.

Team captain Misley finished the day 5 for 8 and super sub Sawyer went 4 for 4 with three RBI's.

Huskies halt hit show, 7-0

After their weekend hit parade, Lute bats were near silent Wednesday in a 7-0 loss to the University of Washington. PLU struck out nine times and managed only three hits, two by junior leftfielder Maury Wright.

The three-and-a-half hour game, lengthened by a rain delay in the second inning, was finally called on account of darkness in the middle of the eighth inning. PLU used six pitchers, with starter Garry Leach tagged with the loss.

Lute pitchers were their own worst enemies, issuing 11 walks that the Huskies used to score one run in the first, one in the third, two in the fifth and three in the seventh.

Now 3-2 overall, the Lutes are still a perfect 3-0 in district play and 2-0 in the Northwest Conference.

PLU will travel to Willamette for a doubleheader tomorrow and then come home to play them on Sunday at 1 p.m.

Rain dampens batpower as softballers drop pair

By SUSIE OLIVER

Soggy playing fields allowed the Lady Lutes to take their positions only once last weekend, and the results of their single softball game dampened their spirits even more.

Suffering their first loss of the season, 5-1, to Green River Community College, the PLU women allowed only four hits, but had their own troubles at the plate. They didn't strike out much, but were unable to connect solidly and left the bases loaded at the end of three innings.

Freshman starter Mabelle Chalstrom shone as she nursed a no-hitter for the first four innings.

"She did very well," said coach Toni Turnbull of her pitcher. "She proved something to me out there and I was very happy with her."

Chalstrom, who is still recovering from an ankle injury, allowed two hits in the fifth and went two-for-two herself before relinquishing the pitching duties to regular starter Monica Aughnay.

"Mabelle was a pleasant surprise even though I knew she'd do well," added Turnbull. "She hits a very deep ball and we'd like to use her as a designated hitter, but we have to have her available to pitch, too."

League rules specify that a DH may only participate as a batter for the duration of the game.

Freshman Kathy Nelson walked, advancing on Chalstrom's single, and was walked home to claim the Lutes' lone run of the contest.

One of the team's goals this season is to upgrade its hitting—PLU hit a paltry .215 in 1983. "Last year it was a big problem and we don't want to be in that situation again," explained Turnbull. The pitching machine is set up on Sundays for optional batting practice, which Turnbull recommends, but does not require.

In addition, each batter is videotaped during practice, and the team members offer comments and critiques.

"So much of hitting is just concentration," Turnbull said.

"We really thought that we had it made after beating them (Green River CC) the first time," she said. "However, they came to play ball this time and I guess we didn't."

The Lutes hoped to bounce back against the University of Puget Sound on Monday, but came up short in a 2-0 loss. Last year the ladies took 20 innings to win the first game of a doubleheader against the Loggers.

Lead-off batter Stacey Waterworth managed to get on base, but junior Spud Hovland was the only other Lute to register a hit.

Puget Sound also managed only two hits. "The difference was that we didn't put our hits together and do anything with them," Turnbull said.

PLU's Wednesday doubleheader against Grays Harbor Community College was postponed because of unfavorable field conditions. The two games have been rescheduled for April 5, and will be played in Aberdeen.

Scores PLUs More

Track and Field

Last week at Willamette Decathlon and Heptathlon: Senior Paul Menter scored a personal best 6819 points to place second in men's decathlon; freshman Rick Steinbrook scored 4,863 points

Senior Bobbi Jo Crow scored 4,014 points to place fourth in women's heptathlon; sophomore Karen Bell scored 3,497

This week's schedule:

PLU men and women will host a three-way meet, with Linfield and University of Portland, March 31, 2:30 p.m. on PLU track oval

Men's Tennis

This week's schedule:

At Whitman, March 30, 2:30 p.m.

At Whitworth, March 31, 9 a.m.

At Eastern Washington, March 31, 2 p.m.

Willamette, April 1, 2 p.m.

Women's Tennis

PLU 9, U. of Portland (PLU record: 7-3)

This week's schedule:

At Whitman, March 30, 1 p.m.

At Whitworth, March 31, 1 p.m.

Crew

PLU placed third at 10-team Green Lake Regatta last weekend

Men's victories in lightweight four, light eight, open novice four, and heavyweight eight

Women's victories in novice eight, light novice four and open novice four

This week's schedule:

Burnaby Invitational at Burnaby B.C., March 31

Women's Softball

Green River 5, PLU 1 (PLU record: 1-1)

This week's schedule:

Fort Stellacoom C.C., March 30, 4 p.m., at Sprinker

Warner Pacific, March 31, 11 a.m.

Olympic C.C., March 31, 12:30 p.m.

At Fort Stellacoom, April 1, 4 p.m.

Baseball

PLU 10, Whitman 7

PLU 15, Whitman 14 (PLU record 3-1)

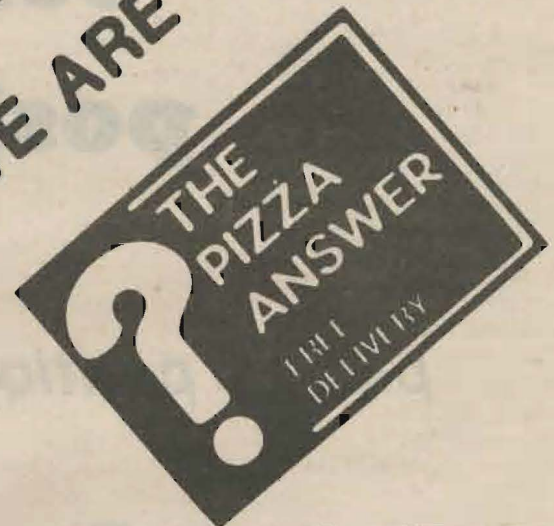
This week's schedule:



At Willamette, doubleheader, March 31, 1 p.m.

Willamette, April 1, 1 p.m.

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Pooped hoopers

They played all night in 20-hour F.C.A. b-ball marathon

By GREG RAPP

Hidden among the usual afternoon pick-up games in Olson Auditorium last Saturday was a unique group of 50 diehard gym rats.

Players from this group didn't go home after the usual three games. Instead, they kept the court for twenty hours and had a great time doing so. The

'All I wanted to do was go home... and go to bed.'

Judy Van Horn

players in this special group were all participants in the Fellowship of Christian Athletes' annual basketball marathon, staged March 23-24.

Beginning with the opening tip off Friday at 7 p.m., the group rambled up and down the court until the last shot was taken at 3 p.m. Saturday.

"The marathon was a real success," said participant Chip Kessler. "There were a lot of schools there and we met a lot of people."

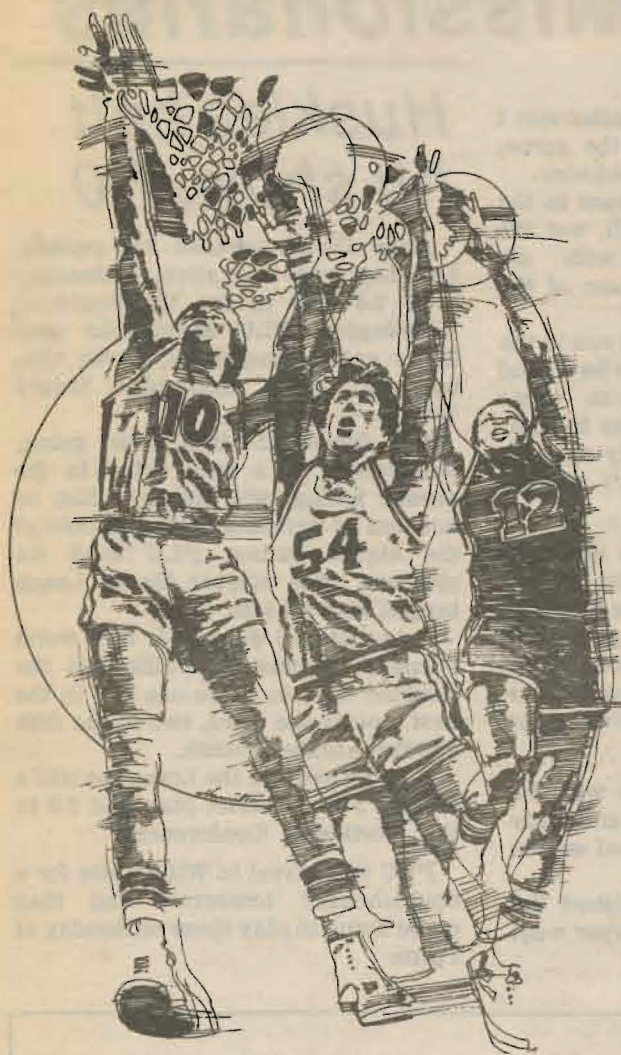
Although one of the functions of the marathon is to raise money for F.C.A. ministries, Kessler said an equally rewarding experience is the fellowship and friendships made during the marathon. In addition to players from PLU, players from the University of Washington, the University of Puget Sound and several high schools also participated.

The games did have their trying times though, especially around 4 and 5 a.m.

"All I wanted to do (then) was go home and take a shower and go to bed," said participant Judy Van Horn.

To counter the sleepy eyes, a variety of methods were used to keep the weary players going. A high-powered stereo system blasted music, and there was enough food to feed an army. If those techniques weren't enough, sleeping bags and pillows dotted Olson's stage for those wanting a sleep break.

At times the game fluctuated from slow break to simply group shooting, but the end was nothing but full-court fast break. As anyone who has participated in a marathon knows, there's no greater energizer than the sight of the end.



After 20 hours of play, basketball marathoners were probably seeing double...or triple.

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Biathlete back in reality after Olympics

By **BOBBI NODELL**

After more than two months of travelling with the Olympic "circus," local biathlete Josh Thompson says it's "good to come home and step into real life."

His recent European venture as an American biathlete reminded him of a "big circus that moves from town to town," with the Olympics in the center ring.

Participating in the Super Bowl of winter sports was "a little bit more of a zoo" than the soft-spoken blond, blue-eyed athlete expected.

He admits that he was spooled in Yugoslavia, the Olympics' host country. People cooked his meals, made his bed, carried his bags and did his laundry.

Now, Thompson said, he is home to "rest and recover." Back in his family's red simulation of a log cabin home tucked among the trees in Ashford, (near Mt. Rainier), the Olympic athlete takes naps, answers letters, and does his own wash.

But the biathlon drive remains in his blood.

Thompson, 22, whose eyes glitter for an Olympic biathlon gold medal in 1988, said he will begin training for this all-consuming sport April 1.

The biathlon requires skill in both rifle marksmanship and cross country skiing, and also demands a lot of mental preparation. Biathletes are required to ski with a rifle on their back and must stop at designated points along the course to shoot targets 50 meters away. If they miss, minutes are added to their time.

Thompson said he "loves" this sport. He claims his drive for excellence is "sort of an addiction...a way of life," where "you get out of bed and put on your running shoes."

"It's mostly a mental game to get to the top," Thompson explained. He said "there's a fire inside" driving him to his dream of perfection.

Two-and-a-half years ago, Thompson was introduced to Nat Brown, a regional biathlon coach working with the Nordic Northwest Foundation in Edmonds, and Thompson discovered his passion for skiing and shooting.

He decided to give the Olympics a



try last year after winning the Olympic trials in Lake Placid, N.Y.

His sights were aimed high, because he was one of six men chosen to represent the U.S. in the biathlon-finding himself at the starting gate of the 10-kilometer race on the Sarajevo slopes.

"I got up at the starting gate and realized where I was," Thompson said, describing the long corridor of people lining the course. "It was big."

He said he came out of the gate like a "bat out of hell" and was skiing on adrenaline.

A kilometer before the shooting range, Thompson said he usually begins to slow down and concentrate on shooting, but during the Olympic race he skied into the range too fast.

"I didn't shift gears mentally," he said, and at first didn't even realize he'd begun shooting.

When a biathlete makes a mistake, Thompson said, the race isn't over

because "you can get a chance to make things up."

During the race, he said, competitors "tell white lies" to themselves to convince themselves they're doing okay.

Thompson finished 40th.

He said he was a bit upset at the outcome, but "knew what my mistakes were."

He readily admitted he had no one but himself to blame for his performance. "You have to accept the responsibility of a racer or you can't classify yourself as a winner."

Once the race began, he said the thought of competing for the pride of the U.S. dissipated.

"You just try to do it," and "you lose sight of nationalism."

"Skiers are real tight," he said, referring to the cross-cultural camaraderie he experienced. Sportsmanship, he agreed, was a stronger bond than nationalism.

He will return for his last year at Western State College in Gunnison, Colo. to finish his biology degree, and then he will concentrate on his dream for gold.

U.S. biathletes have been competing in the Olympics since the early 1960's and have yet to win a medal. Thompson believes the "times-a-coming" when an American will stand on the three-tiered platform of honor.



Olympic biathlete Josh Thompson chats with Pierce County Councilman Joe Stortini in an Ashford, Wash. restaurant.

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On land or by sea, Tim Daheim is PLU's athlete for all seasons

By GREG RAPP

On the golfing links or in the swimming lanes, senior Tim Daheim is never a fish out of water. PLU's versatile two-sport athlete competes in swimming during the winter, then makes a quick change to his golfing attire to compete for the five-man Lute golf team during the spring.

Yet, this successful two-sport athlete has no difficulties changing from a sport that requires strength and stamina to a sport of mind control. His track record speaks for itself.

Recently Daheim was with his PLU swim team at the national swimming competition in Arkadelphia, Ark. It was his fourth trip to the national meet, and the fourth time he was named to the NAIA All-American team.

Then just 48 hours after placing fifth in the 1650-meter freestyle and returning to Tacoma, Daheim shot one of the four lowest qualifying scores on the PLU golf team, qualifying him for the powerful PLU golf team for a fourth consecutive year.

"Muscle and stamina wise it's not difficult to change from one sport to another, but concentration wise it is difficult to make the change," said Daheim. "Swimming is so intense. You try to kill yourself every race. But golf is totally calm; you have to be cool-headed and not get too pumped up."

Golf and swimming have sharply contrasting environments. The difference can be seen between the serene and gentle environment of golf and the echoing and screaming surroundings beating at the swimmer's ear. Perhaps this is why the low-key Daheim finds greater enjoyment in golf.

"Golf is more enjoyable," Daheim said. "It's tough to live with the pain in swimming. You work your guts out for six months to prepare for one race."

Despite the hard work in swimming, Daheim

would likely be the last to complain. For him, swimming has been an extremely positive experience.

"Swimming has given me a lot of confidence," he said. "I know I can put up with some hard times (after completing four years of swimming)."

Swimming and golf have been a part of Daheim's life since he was old enough to jump off the high dive and carry a full bag of clubs.

In the pool at age six, Daheim was swimming competitively soon after. At age 12 Daheim started competing in golf. Later, while prepping at nearby Washington High School, Daheim and his golf teammates captured the state AA golf championship.

Although both golf and swimming are important in Daheim's life, he realized early in his freshman year here at PLU that he would only have four more years to compete in swimming.

"I really worked hard at it (swimming). I knew that later on (after graduation) golfing would take over," Daheim said.

After graduation, the business major plans to become a golf professional at a golf club. But before then Daheim and his golf teammates Todd Kraft, Jeff Clare, Tim Clare, Bob Britt and Todd Gifford have a promising season before them.

Daheim said PLU, which has won nine of the last 11 Northwest Conference golf titles, has its best chance ever to go to Nationals.

Earlier this week, facing some of the toughest teams in the district, the Lutes won the University of Puget Sound Invitational at Fircrest by nine strokes.

If PLU can beat those teams again at the NAIA District 1 tournament May 10-11, Coach Roy Carlson and company will be on their way to Nationals. It would be an experience very familiar to swimmer and golfer Tim Daheim.



Senior Tim Daheim, either lining up a putt or trying to move his ball through telekinesis.

Duany Keller



PLU freshman Russ Cole is the leader of the pack. Cole and the rest of his track and field teammates will be in action beginning at 2:30 p.m. today, when they host a meet with Linfield and the University of Portland. It will be the Lutes' first scored meet of the season.

Lute quartet tests stamina at Willamette

By KATHY SCHRAMM

Most of PLU's track and field team took the weekend off from competition, but Paul Menter, Rick Stainbrook, Bobbi Jo Crow and Karen Bell had no time to rest, as the four took part in grueling decathlons and heptathlons Friday and Saturday at Willamette.

Each athlete fared well in his or her respective events. Senior Paul Menter gave a lifetime-best decathlon performance, scoring 6,819 points in his ten events. Freshman Rick Stainbrook felt "good about this as my first decathlon," although his 4,883 point total placed him last among the 12 men entered.

Senior Bobbi Jo Crow had her second best heptathlon of her collegiate career with a score of 4,014. Crow holds the school record in the women's heptathlon with 4,137 points.

Sophomore Karen Bell tallied 3,497 points and took 11th, even though she had never thrown a javelin, shotput, or long jumped or high jumped prior to the week of the meet.

All four athletes primarily run hurdles at the regular season track meets, except for Menter, who alternates events each meet to gain skills in all ten events of the decathlon.

Of the four, all but Bell are to compete in the District championships in late April. Menter hopes to advance as far as Nationals this year; in 1983 Phil Schot won the NAIA national decathlon championship.

Menter's score at Willamette was 400 points above his previous personal best.

PLU's entire team is back in action today, challenging the University of Portland and Linfield in a meet beginning at 2:30 p.m. on the PLU track oval.

Jerry Johnson

Men, women continue to overwhelm tennis foes

By DAVE ERICKSEN

Both the men's and women's tennis teams have been busy, and this weekend they will be even busier as they go up against conference opponents.

The men took last weekend off while the women were on court with two matches. On Friday PLU's women traveled to the University of Portland and came away with a 9-0 victory. It was a picture of pure Lute domination as the lady netters won eight of the matches in straight sets and two by 6-0, 6-0 scores.

PLU tennis coach Mike Benson was somewhat surprised by the overwhelming victory, and said, "The women played really well and perhaps better than we have all year."

Part of the surprise came in the doubles teams' best outings of the year as the Lady Lutes continued to improve in doubles play. All of this

happened even without PLU's number one player Carolyn Carlson, who took the day off.

On Saturday the women returned to the PLU courts for an exhibition match against a group of PLU alumni. The current Lady Lutes were once again victorious, this time by a 7-2 score.

After a restful weekend, the men returned to action Tuesday as they and the women hosted Seattle University—and the result was more Lute victories. The men rolled to yet another 9-0 victory, while the women had a tougher time in their 6-3 win. Those wins raised the season totals to 8-0 for the men, while the women are not far behind with a 7-3 season mark.

The women continued their busy string of matches on Wednesday against Seattle Pacific. Both the men and women gear up for a combined road trip to Eastern Washington this weekend.

Today the Lutes are at Whitman for a match that is of great importance to the men. The Missionaries from Whitman return with their entire squad from last year, and also have some new talent.

The match will give an indication of things to come for the Lutes, because to successfully defend their District 1 championship they will have to overcome Whitman in the district tournament.

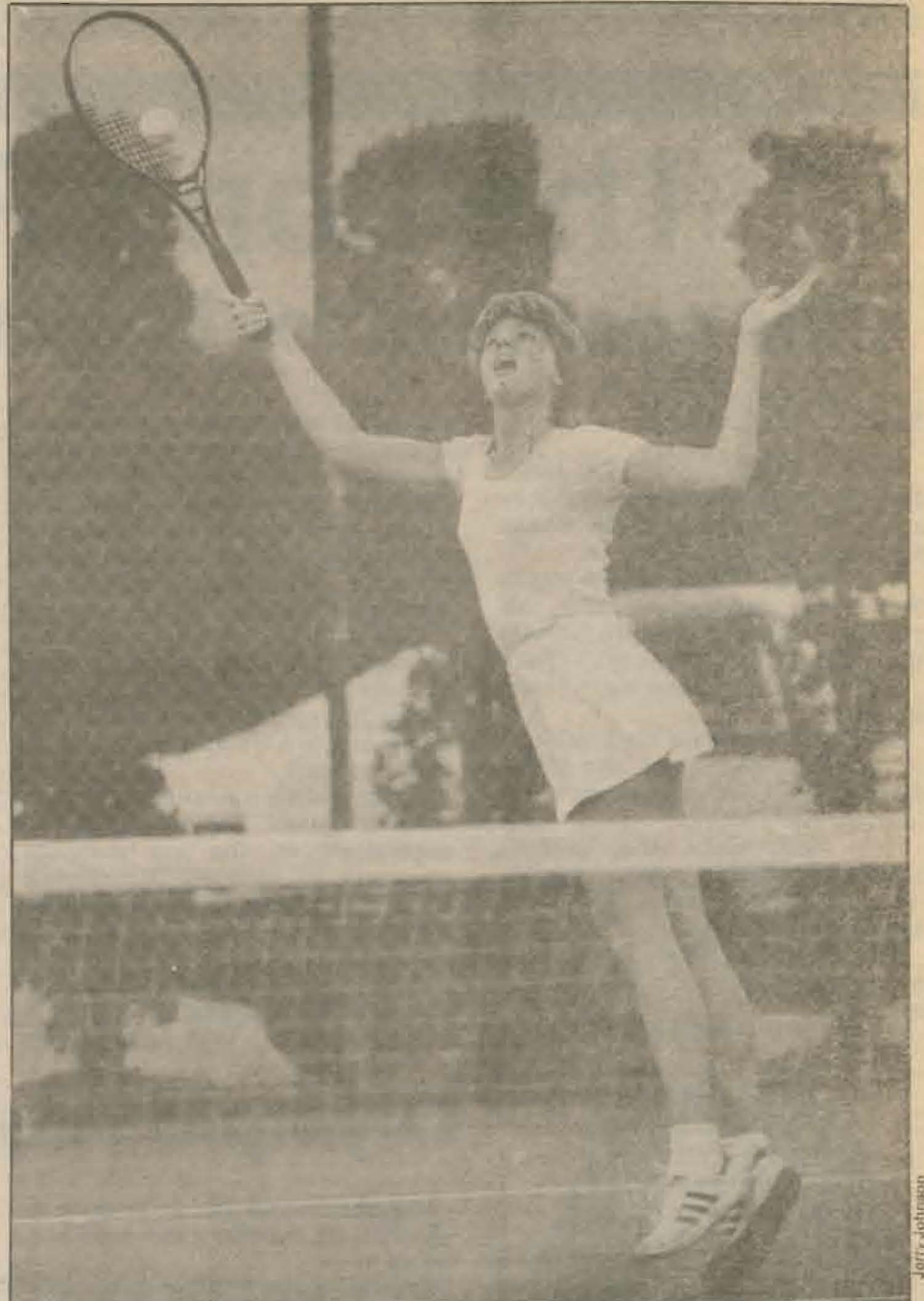
Tomorrow the men and women will take to the courts at Whitworth for another pair of matches. While Whitworth lacks PLU's depth, both the Pioneer men and women boast top players who will challenge the Lutes' best.

After the morning matches at Whitman, the women will return to PLU to recuperate from their long week, while the men will travel from Spokane to Cheney for an afternoon match with Eastern Washington University.



Jeffrey Johnson

PLU's number one player, Carolyn Carlson, who whipped her Seattle U. opponent 7-6, 7-5.



Jeffrey Johnson

Arms outstretched, freshman Jill Searl appears to appeal to a higher power during a match last Saturday.

In Benson's estimation, this weekend's action will be pivotal for both the men's and women's teams. Both squads will face two district and conference opponents, which will give a strong indication of the Lutes' chances to repeat as district and

conference champions in 1984.

For the men the weekend offers the added feature of playing three matches in two days, which should be an excellent preparation for the conference, district, and, hopefully, national tournaments.

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The Long Run

Ellis confident for Boston Marathon

By KATHY SCHRAMM

What is it that causes PLU senior Jeff Ellis the most anxiety now that he knows he is running in the Boston Marathon April 16?

Is it his time? Flying all the way to New York? Running 26 miles, 385 yards on a new course which includes the ominous "Heartbreak Hill?" No.

Jeff Ellis doesn't know which t-shirt to wear.

Should he represent his hometown of Everett, Wash., or should he display his musical preference on his torso for over 2 hours?

Ellis will make the decision sometime before the famous race...he'll have to have a shirt to tack his race number onto.

All other anxieties have been somewhat overcome and Ellis is confident.

He qualified for Boston—one must

run a 2:50 in a "certified" marathon to qualify—in his third marathon in September, 1983. He ran in the Emerald City Marathon just two weeks ago, March 18, purely as training for Boston. His time in the Emerald was 2:44, which he considered slow.

Ellis said he used to be just an average "Tule Lake jogger" before the summer of 1982. Since then, his desire for competitive running has driven him to a training regime of 75-80 miles a week.

Living on Queen Anne Hill this past summer gave Ellis a chance to concentrate on the hill workouts necessary to conquer "Heartbreak Hill," the tortuous incline in the last few miles of the Boston course. Ellis now feels hills are his strongest part of the race, and is confident he can reach his goal of 2:40 at Boston.

"The crowd of elite runners will

help my run," said Ellis, who is confident that he can run one of his best times ever.

There will be two fans from the Northwest rooting for Ellis on the sidelines at Boston—his mother and his girlfriend.

But, after running in the Boston Marathon, what next?

Ellis said he'll have to re-evaluate his philosophy on running after this "race of a lifetime." Running has always been a major outlet for Ellis. It has given him a stronger sense of independence, he said.

Yet, he must choose whether in the future he will run competitively or not. Ellis will be a law student at University of Oregon in the fall. Competitive running may take a back seat for awhile until Ellis finishes school—but Ellis will always use running for an "outlet." And he won't have to worry about what to wear.



Senior Jeff Ellis

Olympic Trials are Johnson's dream

Marathon runner Dianne Johnson is less than six minutes away from her dream.

Johnson, a 1982 PLU graduate who is now a part-time student and assistant Lute track coach, ran a 2:56.43 in the March 18 Emerald City Marathon in Seattle. Her time on that wet, windy course was by far her personal best, and qualified her to compete in April's Boston Marathon, but it was still 343 agonizing seconds above the qualifying standard for the U.S. Women's Marathon Olympic Trials May 12 in Olympia. Johnson's dream is to run in the Trials.

Johnson won't be going to Boston—it costs too much for travel and she didn't get her application in on time anyway. Instead, the ex-PLU star will shoot for that 2:51 qualifying time at the April 8 "Thidippides Marathon" in Salem, Ore.

"I'll try it one more time," Johnson said. "April 16 (the day of the Boston Marathon) is the last day you can qualify for the trials."

The Salem marathon will only be Johnson's 13th ever, and perhaps more importantly will be her second in three weeks. Although she "couldn't really run" until the

Saturday after the Emerald City race, she said she "should feel rested" by next week.

"Fatigue might set in a little earlier," Johnson admitted. "But the training I've built up over the last four or five years all adds up to a background for what I'm doing in these few weeks. Physically I can handle it; I just need to work on my mental strength."

"The Emerald City gave me an idea of what I can do. I'm going to try to keep a good even pace all the way through...hopefully it (the course) won't be against the wind."



1982 PLU grad Dianne Johnson

These are the times that try men's soles

When it burst into the American lifestyle a few years ago, many called it a "revolution." Some still live and die by it, and some still call it just plain revolting.

Of course I speak of the only sport in which Oregon teams don't choke come tournament time—running.

It's springtime, and 'tis the season to be jogging, waddle-waddle-wa.

Seattle's Emerald City Marathon, (possibly the only race where a

Here on campus, running shoes that "come out of the closet" as frequently as gay politicians are finally dusted off and are back on the road again, pounding the Parkland pavement. Although the sun is shining occasionally, it's still too cold to wear shorts outside unless you're running.

Also, those wintertime fun-runs—bagel runs and beer runs, to be exact—are starting to pull their weight. Lute women find they have an added layer of insulation beneath their sweaters, and Lute men are looking more and more like the kegs they've been tapping. To such stout-hearted souls, running is the way to girth control.

"Running is an effective way to burn calories," said PLU track coach Brad Moore, "but the big factor is how long you can keep going. A moderate pace is best—running for weight control should be within your comfort zone."

However, many students' "comfort zone" extends only from the mattress to the sofa. Loaf-seat cynics ask, "Where's the utilitarian value? Runners sweat profusely, pray to stop the pain and end up right where they started. We can do that just by taking a mid-term."

Answers can be found, not in a black book, but in *Runners' World*, an esteemed rag so well respected even PLU's library carries it. A Saucony shoe ad on page 73 of the February issue reveals the road of truth:

"You wait for those painful runs, when the pain turns into the music of your soul. And the more you



The lonely runner asks, "Does ecstasy really follow the agony of the road to fitness?"

experience it, the more you need it... it's a life."

Runners who swallow that along with their Wheaties are the same ones who believe, "Sado-masochism means never having to say you're sorry." Running is terrific aerobic exercise, coach Moore advised, but the athlete should control the workout—not the other way around.

"The main concept (for beginning

runners) is to not overtrain," cautioned Moore. "If you're getting a lot of pain, and have your tendons and joints inflamed, you must have the discipline to back off. Your body is the best coach you have."

In other words, as even *Runner's World* says, "listen to your body." If it screams, "Oh God, please stop!", then it might be time to forsake the runner's high and lay low for a while. Reducers should remember that one's fat, like Rome, cannot be burned in a day.

Fortunately, Moore said, both competitive and casual collegiate runners usually keep the sport in perspective, probably because their bodies are often running on empty from social and academic demands. Few college students plan their class schedules around running, or sneer at their classmates' ignorance of the latest research on fartleks, epinephrine or pre-race "carbo-loading." (Many Lutes carbo-load, but generally only through 12-ounce liquid weekend workouts.)

Comparatively, the editors at the previously mentioned magazine seem to have taken a running leap off the edge of reality.

A recent issue included epistles on bee pollen, upper body weight training (I always thought you ran with your legs), "How to Stop Hurting During a Race," running and heroin use, and even an ad for a book on jogging for pregnant women.

Gee, it's overwhelming. No doubt, if ex-president Calvin Coolidge were still alive he'd repeat his infamous line: "I do not choose to run."



...In the Spotlight

By BRUCE VOSS

runner might opt for duck shoes over Nikes), sloshed to its conclusion two weeks ago, and on May 12 America's top 200 women distance runners will run circles around Olympia in the first-ever women's Olympic marathon trials.